

THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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The Cobargo Folk Festival 28 February 2025

Are you ready to dance, are you ready to party?

Bushdance

Madhava Kids & Circus

Take a look at some of the amazing talent at the 2025 Cobargo Folk Festival. Book your EarlyBird ticket before 31 December!

The Pigs

Farhan Shah & SufiOz

Beautifully Mad

Skerryvore

Uncle Warren Ngarrae Foster

Morrigan & Wilding

Goldheist

Glenn Skuthorpe

Stiff Gins

Suddenly, here we are at the end of the 2024. The festive season seems to be upon us already with family visits, end of year events, AGMs, clubs meeting up for drinks and schools counting down to the last day of term.

Summer is a great time, but it comes with reminders. We are looking at another few hot dry months and along with that is the very real threat of bush fires. Get yourself prepared by reading the RFS advice in this issue. Also remember that if you are going out fishing or boating, it's a really good idea to log on with Marine Rescue on VHF channel 16.

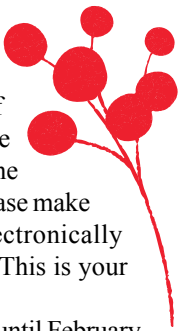
This month we share a broad variety of articles with you and suggest ways you can become more involved with this community. You can visit exhibitions, sing Christmas carols, listen to music, join a volunteer group, share Christmas lunch with some locals, learn to sing, find a treasure at a garage sale, learn a few crowd-pleasing recipes and put some extra books on your reading list from the recommendations of *The Triangle* team.

We love to hear your stories and opinions and to receive your letters and thumbs up or down. If you have something to say, send it to us at contributions@thetriangle.org.au.

Keep advertising with us if you are a local provider and, if you're a reader, check the Service Directory to find the tradespeople you need. Please make donations in coins or electronically when you pick up a copy. This is your newspaper, your voice.

This is the last edition until February 2025, when we hope you will again support us with your contributions and your interest in this thriving community. We need you!

Wishing all readers of *The Triangle* a safe and happy holiday period.



Thumbs UP

On Thursday 31 October, there was a vehicle accident in Bermagui. As soon as the vehicles were cleared away, out came the nearby shop workers with brooms to clean up the mess.

We live in a wonderful community. Thanks to those involved.



The community cleans up

Thumbs up to the Rebuild Cobargo's Monarch Builders with their hard-working, mixed gender workforce.

To the mighty Cobargo Coop Crew for continuing to provide fruit fly traps and baits at cost price. This community

service helps to protect your orchard and our wider community from fruit fly varminths. At this low cost, I can afford to offer my neighbours a few to help them see the benefits and also make my own efforts more worthwhile. Thanks!

Thumbs up to our wonderful Cobargo District Museum (CDM) and the community members and organisations who support its essential fund raising throughout the year. The CDM is always looking for new volunteers and would welcome a chat with anyone with a sense of community history and a few hours a week to spare.

Thumbs up to the person who told me how to avoid unpleasant encounters with

stingrays. Don't walk into the water, rather shuffle in, they will sense the movement and move away.

To the local fire brigades who respond so promptly to call outs.

Thumbs DOWN



To those who think that having a fire permit allows them to light a pile burn in adverse windy conditions and put communities at risk.

Thumbs down to anyone who removes or vandalises shorebird protection signs.

Thumbs down to those people who continue to ignore the signs on the doors of the Cobargo OpShop asking that donations not be left outside when the shop is closed. This is adding to the amount of, often unsaleable, goods that the volunteer staff have to deal with.

Yes, the signs apply to all of us.

To the idiots who dumped a heap of oil on Brushgrove Lane to do burnouts.



Each edition of *The Triangle* cost **\$3.00** to produce. Please donate what you can.

Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies.

Contact us for assistance.

3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cclsang333@gmail.com.

Have you prepared your emergency grab bag or survival kit?

Keep everything in one handy location in a waterproof storage container in an accessible location that the whole family knows about. Remember to prepare for your pets as well, with a leash, basket, medication, food and a familiar toy to help reduce stress.

Some of the things you might include:

- Portable battery-operated radio
 - Waterproof torch
 - Spare batteries
 - First aid kit with manual
 - Candles with waterproof matches
 - Woollen blankets
 - Emergency contact numbers
 - Waterproof bag for valuables
- ### Before you leave, you should add:
- Cash, ATM cards, credit cards
 - Medications, toiletries and sanitary supplies
 - Special requirements for infants, the elderly, injured and/or disabled
 - Mobile phone and charger
 - Combination pocket-knife
 - Important documents, valuables and photos (in a waterproof bag)
 - Change of clothes for everyone
 - Drinking water (at least three litres per person per day)

A personal protective clothing bag can also be useful.

- A wide-brimmed hat can stop embers dropping onto your head or down the back of your shirt
- Glasses or goggles protect your eyes against smoke, embers or debris in the air
- Leather gloves can protect your hands from radiant heat, embers and debris

that may be in the air or on anything you pick up around your yard when protecting your property.

- A non-synthetic mask or cloth to cover your nose and mouth may protect you from inhaling smoke, ash or embers
- A long-sleeved shirt made from thick cotton or wool is ideal to stop embers burning your skin and protects you from radiant heat
- A pair of heavy cotton pants, such as denim jeans or cotton overalls, help prevent embers burning you
- Sturdy leather work boots or shoes and a pair of woollen or cotton socks. Beware of synthetic fabrics that can melt or burn, instead wear some loose-fitting clothing made from natural fibres such as pure wool, heavy cotton drill or denim that are more protective.

Flick Ruby



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Stuart Absalom (Vice President)
Tikka Wilson (Secretary)
Bhagya (Treasurer)

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Central Tilba: Post Office, ABC Cheese Factory, Sweet Spot

Cobargo: Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

Wallaga Lake: Merrimans Land Council

Narooma: BP station, Library, Casey's Café, **Quaama:** The Quaama Store

Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

Thumbs / Letters to the editor:

All communications should be forwarded to: contributions@thetriangle.org.au

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The Triangle is a community newspaper.

Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers.

The Triangle is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated.

The Triangle is published every month except January and has a circulation of 2400 in print plus around 3000 unique online visits each month.

Anglican Churches of Bermagui Cobargo and Quaama

DECEMBER:

Bermagui at 8.30am - 1st, 8th, 15th, 22nd

Cobargo at 10am - 1st, 8th, 15th

Quaama at 10am - 22nd

Combined service, 29th in Bermagui at 10am

CHRISTMAS SERVICES:

Christmas Eve Community Carols at Apex Park in Cobargo at 7pm

CHRISTMAS DAY:

All Saints Bermagui at 9am

JANUARY:

New Years Day service at 6am at Bermagui Blue Pool Lookout

Bermagui at 8.30am - 5th, 12th, 19th, 26th

Cobargo at 10am - 5th, 12th, 19th

Quaama at 10am - 26th

CONTACT: The Reverend John Thomas TEL: 0427 260 833



Please care for our beaches

With summer fast approaching, Bermagui Dune Care would like to remind readers, both locals and visitors, of ways they can care for our beaches.

Guidelines for caring include:

1. **Please place all litter in bins or take it home with you.** This includes cigarette butts, drink containers, hooks and fishing line. Litter is unsightly and dangerous – it may injure beach users or wildlife. Street litter can also reach the beach via stormwater drains at Horseshoe Bay and the Harbour.
2. **Please use and stay on designated accessways and avoid walking across vegetated dunes.** This minimises damage to plants and disturbance to shorebird and animal habitat. Stable dunes are more resistant to erosion. Native vegetation is protected.
3. **Please abide by shorebird signs and avoid areas where birds are nesting.**
4. **Do not light fires on beaches or in dunes.** Fires produce embers that remain very hot even when buried in the sand and can then cause serious burns to unsuspecting people or animals, and also creates the risk of wildfire. Irreplaceable habitat is lost when firewood is gathered from beach areas.
5. **Please leave driftwood on the beaches in place** where

nature deposited it. Among other reasons, driftwood is habitat for wildlife

6. **Remember all Bermagui beaches are vehicle free**, to protect people and habitat.

7. **Dogs must always be on leashes unless the beach is signposted a 'leash free area'**, such as Beares and sections of Haywards Beaches. Dogs are banned from some beaches and coast walk sections for health reasons and/or to protect wildlife habitat, so please check with Bega Valley Shire Council. No dogs are allowed on National Park beaches. Always remove animal waste, out of consideration for other beach users.

8. **Properties adjacent to beach reserves should be carefully maintained to prevent garden plants escaping into the dunes. Dumping of garden refuse is prohibited.** This helps stop weeds growing on the dunes at the expense of native plants and avoids costly weed controls.

The beaches in and around Bermagui, and their dunes, are among our most important natural assets. Please ensure they are cared for properly.

Karen Joynes

Co-ordinator, Bermagui Dune Care.

Subscribe to *The Triangle*

Do you live outside the Triangle area?

Be sure to receive your copy every month by subscribing.

12 months' subscription is \$35.00.

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Dealing with grief at Christmas

At the end of this month, many of us will gather with those we love to share gifts and good times, but some of us will be reminded that there are people whom we love who won't be with us for various reasons, and our grief can be triggered.

There is no 'right' way to grieve; we all grieve differently – even if we're grieving the same person, so it's important to allow individuals to express their full range of emotions and cope with loss in a manner that is authentic and meaningful to them, including sadness, resentment, anger or guilt.

We never get over grief and there are no 'stages' against which we can measure our progress; we just learn to live with grief as time passes.

For example, some days I feel an overwhelming sadness at the loss of my mother when I was a child. On those days, instead of bashing myself up for not having moved on yet, I hold myself closer, I'm kinder to myself and allow whatever needs arise to do so.

Remember too that we also grieve the loss of different stages of life, relationships, pets, careers, homes, countries, finances and freedoms, not just people who have died.

Many people say they avoid talking to a grieving person because they don't know what to say, but what I hear most in my work is 'no one will talk about him/her; it's as if they never existed'.

I have found that the kindest thing to say is, 'I'm so sorry for your loss. I wish I knew what words I could say that would make you feel better' and then I just listen.

Have patience and be attentive and remember – not all people want to be hugged or talk even if you do. Don't put your need for a hug or chat before theirs; wait to see how they want to relate.

It sounds tough, but I've found it's also important to create your own boundaries around supporting a grieving person. Sometimes the price of being there for people who are grieving can be too high as it can set us on our own deeper grief spiral. Be there for others, but not at the expense of your own wellbeing.

May we all find a way to navigate personal and community grieving in an aware, kind and gentle way this holiday season.

Shanna Provost, www.rest-easy.com.au

Knowledge is flour, wisdom is bread, Honor is trailblazing

The idea of earning your daily bread might be taking on a new meaning for the fifty employees of Honorbread.

After accidentally starting a bakery in their laundry ten years ago, Honor and Tim Northam are looking at creative ways of stepping back from their two shops and the baking facility in the Bermagui industrial estate. They are exploring converting Honorbread to an Employee Ownership Trust (EOT), a model that has become more and more common in Europe and the US.

They recently invited the guru on this subject, Graeme Nuttall from the UK, to speak in the Bermagui Community Hall. Graeme wrote a report in 2012 that led to a unanimous agreement among UK political parties for changes in law to encourage this model. The tax incentives and legislation he recommended became law in 2014. Since then, thousands of businesses, including more than one business *per day* this year has converted to an Employee Ownership Trust (EOT) in the UK. Canadian law changed in January of this year.

So, what are EOTs? What does it involve? Can we have nice things like this in Australia?

EOTs are a way for owners to sell

their business to their employees. It's a way of sharing the prosperity of a thriving business, keeping jobs in a community and not selling to a competitor or someone who will break the particular kind of culture that has been carefully built.

Owners get paid an agreed value from future profits over a period of time. In the UK, if the owners sell 50% or more of their business to the employees, they don't pay capital gains tax. In addition, employee bonuses up to the equivalent of AUD\$7,000 is tax free. Those two simple tax rules changed the game in the UK.

The counterintuitive thing about EOTs is that employees are *not* required to buy shares. Instead, the shares are owned in common by a Trust. The day you start

working at an EOT is the day you start benefiting from profit sharing and decision making. The day you leave, you cease to be a beneficiary but, for the duration of your employment, you are a co-owner of the business. This means you have more incentive to bring your best ideas and attitudes to work.

A Trust holds the shares and has one job – to deliver employee ownership – and is made up of a Board that includes management, staff and independent experts. Graeme urged for Trusts to have parity – equal balance – between the voices of management and employees so the main drivers of the business have equal say and are structurally encouraged to find consensus.

In Australia, while you can change the constitution of your company and you can create a trust, it is currently unclear what the financial and tax implications are. There are efforts underway to push the ATO and government to publish guidance and pass legislation to enable EOTs to evolve here. With Honor's and Tim's drive and knack for success, the Triangle area will again pioneer another innovative idea that values community and quality over mere money.

Flick Ruby



Tim and Honor Northam with Graeme and Elizabeth Nuttall in Bermagui

Honorbread

Simply great bread, pastries and lunch

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Tathra	Wharf Locavore Thursday & Saturday
Moruya	The Pantry Friday Sage Market Tuesday 3-5pm Southlands Fruit & Veg Wed & Fri
Batemans Bay	Go Vita Wednesday & Friday
Bega	Red Cafe Wednesday Candelo Wholefoods Wednesday
Narooma	Narooma IGA Wednesday & Friday
Tilba	Tilba Cheese Factory Friday
Dalmeny	Dalmeny IGA Wednesday & Friday
Broulee	Broulee Supermarket Wednesday & Friday
Tomakin	Tomakin IGA Wednesday & Friday
Pambula	Pambula Wholefoods Wednesday

SHASA – the little community organisation that did

Ten years ago, a small group of people from different backgrounds with disparate and complementary skills, and a shared commitment to climate action met in Moruya and decided to launch a local organisation focussed on raising climate change awareness and, more significantly, doing something about it. That turned into doing many things about it.

Linda Chapman was one of those catalysts for change along with others who are probably also very familiar to long-time *Triangle* readers in their various community roles – Annette Kennewell (the first President), Sandy Wilder, Mark Shorter and Steve Colman among others. Ten years later, a celebration was held at

the Moruya Heads Surf Lifesaving Club on 1 November to pay tribute to this remarkable organisation and all it has achieved in the past decade.

Many of the founding members are still involved but they have been joined by more people with fresh enthusiasm, drive, creativity and vision. Notable among these was the arrival in 2016 of Kathryn Maxwell and her partner Thomas Schild (and Luca the dog). Kathryn has been the energetic and dauntless president since 2018.

SHASA has become a model of community-led change – advocating for climate action and running solar power bulk buys to accelerate the uptake of renewable energy at a domestic level. In just the past five years, it has established eight bushfire and heatwave havens across Eurobodalla Shire, installed solar panels and batteries on more than twenty community buildings and raised millions of dollars of grant money for more than forty projects. The upgrade of the Tilba Halls is one of these projects as is the microgrid feasibility study in six communities including Tilba and Mystery Bay.

SHASA has shown outstanding leadership and has embraced commercial and commercial partnerships that have

been astonishingly productive. SHASA runs a weekly Repair Café in Moruya, organises a food distribution program and the South Coast community kitchen, has organised three large electric vehicle (EV) expos, held dozens of market stalls up and down Eurobodalla (and a bit beyond) and has created a template for good governance and inclusion.

At the ten-year celebration it was heart-warming to see and listen to so many people reflect on the organisation, what it has achieved, its hopes for the future and the generosity and warmth that SHASA has generated and maintained while working for the community.

Angela Marshall



Annette Kennewell, SHASA's first president, with Kathryn Maxwell, the current president



Lisa and Steve Cornthwaite of Micro-Energy Systems Australia in Bodalla on either side of Kathryn Maxwell, SHASA president

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Our best wishes for a safe and happy Christmas with family and friends, and special thanks to the wonderful *Triangle* team, for keeping us all in touch and supporting our community.

www.facebook.com/thelazylizardgallery

Montreal Goldfield needs your help!

Bermagui, as we now know it, was built on the backs of the miners who came in search of gold in 1880. Montreal Goldfield, Wallaga Lake is the living reminder of Bermagui's 'Golden Past' with the remnants of the diggings still intact after 125 years.

The story and history of Montreal Goldfield has been preserved by the dedication of a group of volunteers for over twenty years now. However, due to the ravages of time, we currently find ourselves in need of new volunteers to manage the goldfield effectively and present a comprehensive historical picture of the Bermagui gold rush to both residents and visitors.

Our most pressing need is to find people who are interested in training as guides. Are you a 'people' person and enjoy talking to people? Montreal provides a full training program for guides as well as mentoring with existing guides – you are not thrown in at the deep end until you are ready!

We also need those with management skills to bring innovative ideas to the table, to think outside the box and help bring our tourism experience into the 21st century. Those with computer skills are particularly needed to assist those of us who are 'computer challenged'!

Maintenance is also a big issue and we are always in need of some strong, willing workers to help with bushfire mitigation, keep weeds at bay and maintain the boardwalks to make the site safe for visitors.

If you feel you have some skills to offer and have some time on your hands to help, you can contact one of the following

committee members: Phil Baldwin on 0421 114 882, Carolyne Banados on 0402 064 802 or Lori Hammerton on 0459 027 308.

You will be invited to have a face-to-face chat and a look around the Goldfield to hear what our needs are and how you can fit in to complement the existing team and bring new ideas to steer the Goldfield experience into the future.

Sadly, without the support of this community, Montreal Goldfield will close and its story and history will be lost forever!

Carolyne Banados



Guide Phil Baldwin taking visitors on a trip back to the 1880s

Horizon Bank celebrates 60 years of service to the Illawarra and South Coast

This November, Horizon Bank proudly marked their 60th anniversary, commemorating six decades of dedicated service as a customer-owned financial institution in the Illawarra and South Coast. It all began in 1964, when a government-appointed organiser of Credit Unions visited Wollongong and spoke to employees of the Illawarra County Council about the possibility of forming a Credit Union. They agreed to form the credit union at a meeting on 20 November 1964.

Since then, Horizon Bank has grown exponentially while remaining the only financial institution genuinely based in the South Coast and Illawarra. There have been multiple mergers along the way to form today's Horizon Bank that has opened

ten new branches. Notably, Horizon Bank bucked the recent trend of bank branch closures with the opening of their tenth branch in Berry in July 2023.

Horizon Bank exists for the benefit of, and is proudly owned by, their customers. As a customer-owned bank, excess profits are returned to customers via competitive savings and loans products, fairer fees and sensational service.

Horizon Bank's commitment to customer service and community support is evident in their strong customer satisfaction ratings. In April 2024, a customer survey revealed a remarkable 96% satisfaction rating amongst customers, with 92% of borrowers indicating they would recommend Horizon Bank for their

competitive home and car loan interest rates.

Horizon is passionate and takes pride in supporting the local communities in which they operate by regularly engaging in local sponsorships and events and lending a hand with local organisations. Over the past two years, the Horizon Bank Community Grants Program has seen approximately \$175,000 donated to various community organisations.

After sixty years, Horizon remains committed to providing gold star service to their customers and looks forward to making a positive impact in the Illawarra and South Coast for decades to come.

Kim Morris

LAKE ROAD PANTRY

New owners, Kerry and John, welcome you to the store.

Now the weather is warming up, try our refreshing drinks, including Wild One organic drinks plus ice creams galore! Try Japanese street food, gozlemes, Kelly Eastwood meals, or our own home cooked meals. There's a wide range of savoury and sweet treats available.

0455 045 278

lakeroadpantry@gmail.com



Esme, Leea and Julie, of Horizon's Bermagui branch team, in disguise.

Positive noises about a local radiotherapy service for the Far South Coast

At a public forum on 7 November, the new Eurobodalla Regional Hospital in Moruya was unequivocally confirmed as opening in 2027 at Level 4, with similar services and facilities to the one in Bega.

Since 2020, local health care advocates have been campaigning for the new hospital to include a local radiotherapy service (LRS) as cancer rates are increasing and the Far South Coast's senior demographic is now nationally significant.

Member for Bega Dr Michael Holland, passed their 5,500-signature petition asking for an LRS to the NSW Minister for Health. Federal members for Eden-Monaro and Gilmore, Kristy McBain and Fiona Phillips have united in support.

Under pressure from the community, the Minister asked the NSW Health Department to commission independent

expert, Professor Mick Reid, to assess the feasibility of an LRS in the region. NSW Health refused to release the report.

It took nearly a year for NSW Health, under continual pressure from the community, to relent and release it. The report said it '... supports the provision of radiation therapy' within the planned hospital.

Without an LRS Far South Coast



Southern NSW Local Health District Chief Executive Bennett speaking at a Eurobodalla health forum on 7 November. Photo by Marion Williams.

cancer patients must travel hours to and from Nowra or Canberra for a treatment that takes less than thirty minutes.

Data shows that cancer patients in regional areas have lower survival rates than those in the city. One reason is they don't want, or cannot afford, the regular long trips for the potentially life-saving treatment.

At the latest forum, Southern NSW Local Health District chief executive Margaret Bennett revealed that the NSW and Federal Health Ministries are collaborating on an expressions of interest (EOI) document '... to test the market for someone to provide radiotherapy'.

She said the document would be out early in the new year. 'It is a market test,' Ms Bennett said. 'It isn't a green light.'

Marion Williams

The Triangle area features prominently

The Triangle area couldn't have wished for greater coverage in the December issue of *Recollections*, the free South Coast history magazine that is issued every second month.

Three historic buildings from the area are featured, as is the story of Mary Harriet Bate from Tilba Tilba, who was a noted botanical collector in the 1880s.

The changing faces and fortunes of The Beach House at Bermagui, the town's oldest continuously operating commercial building, are outlined.

The histories of the distinctive and prominent group of four Roman Catholic buildings on Wandella Road in Cobargo (the Church, a presbytery, a school and a convent) are also included.

As is the story of Glen Luna, an impressive homestead that was erected on the Mountain Valley property, one of the most fertile farms in the Tilba area and now the home of the Jersey herd that supplies Tilba Milk with its milk and cream.

Recent issues of *Recollections* magazine have included profiles of under-recognised but very significant women from the South Coast – Cobargo's Olga Masters, Tilba's Pearl Corkhill and Narooma's Betty Long among them. And this latest issue of *Recollections* features another: Mary Harriet Bate from Tilba Tilba, an extraordinarily active collector of plants from the Bermagui River-Mt Dromedary-Tilba area who sent specimens in the 1880s to Frederick von Mueller, the Victorian

Government Botanist, for classification and inclusion in the National Herbarium of Victoria's collection. Mary's work was extensive and valuable – 361 of her local specimens are still in the collections of the National Herbarium of Victoria and the Melbourne Botanic Gardens.

So, the December issue of *Recollections* is particularly relevant to residents from the Triangle area. It's free and copies are available from Quaama General Store, Well Thumbed Books, Lake Road Pantry, Bermagui Library, Tilba Milk and the Central Tilba Post Office, or by simply emailing 'Send Recollections' to southcoasthistory@yahoo.com

Peter Lacey



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The Beach House at Bermagui, the town's oldest continuously operating commercial building

Ever wondered what to do if you see a snake?



The first reaction of most people is to panic, scream, run away or try to kill the snake. The best practice is to stop, be still and if safe to do so, back away slowly. Give the snake a chance to escape. Most bites occur when people try to catch or kill them, which is illegal as they are protected species in

Australia.

The most common snake calls that come through the Wildlife Rescue South Coast (WRSC) hotline are for diamond pythons and red-bellied black snakes. The diamond python is a non-venomous and friendly snake that likes to eat rats and mice, and a great rodent deterrent to have visit.

While the red-bellied black is venomous, it is a shy snake who generally only delivers a serious bite when harassed. They dine mainly on frogs and lizards and watered gardens create a natural environment for their prey. Although they do not set up residence, they do tend to remain within familiar territories.

The eastern small-eyed snake is also local to our area. It is a small black nocturnal snake that is highly venomous and usually grows to about half metre. They are often mistaken for a young red-bellied black as they have a pink or cream underbelly.

Less common WRSC snake rescues are for tiger snakes and eastern browns. Be respectful of these snakes as they are much more likely to bite if feeling threatened.

WRSC is licensed under the National Parks and Wildlife Service to catch snakes that are injured, sick, displaced or posing a threat. Members who have completed the venomous snake handling course are authorised under the WRSC licence to attend snake rescues.

What to do if a snake frequents your property? Keep pets inside and wait for it to move on. Catching or killing a snake can incur a fine up to \$10,000. If you need help or advice, call the WRSC 24-hour hotline on 0417 238 921.

Marita Reynolds



Diamond python in care under WRSC licence. Photo by Marianne Hunter

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Greetings**

**to our clients and friends
All the best for 2025**

Eva Mosler-Teichmann

Chartered Accountant
Principal

Pandanus Accounting
Wallaga Lake
0488 910 456



info@pandanusaccounting.com.au

Often misused, the word awesome is the right word to describe the career of Leigh Small and also the view of Gulaga from her place at Diggies. ‘Sometimes you can’t quite put into words what living at the foot of Gulaga means, but it has such a big impact.’

Diggies became the permanent home for Leigh and her husband William at the height of COVID. ‘There is joy and fun in being part of this diverse community of creatives, cowboys, businesspeople and academics. Through our chat groups we let each other know about cows on the road but also get practical help with our tanks, and I used it to ask for a lift to hospital when I broke my wrist. Local Yuin elder and artist, Cheryl Davison, has taught me about how rich this little patch of coast is with eight estuaries that flow into the ocean. The abundance of what you can find and grow is huge. In her culture, mob have been gathering here for many thousands of years. It’s a very special place to protect, honour and celebrate.’

Leigh’s career started almost accidentally when she took a break from studying arts/law at Sydney Uni to work in the Ensemble Theatre box office. ‘Anybody who worked in a box office got free tickets to all the other companies as well, so I got to see the Sydney Festival, Sydney Theatre Company and lots of contemporary dance, which really struck me because it’s like watching music. Dance is abstract, the movement is completely original, the physical phrases tell an emotion and it combines so you really focus on the music. It’s a first love of mine, likely from seeing a Chinese acrobatic

troupe and Sydney Dance Company shows as a child in Canberra.’

Leigh ended up working on Peter Garrett’s Senate campaign for the Nuclear Disarmament Party, where she met people who offered her work on a youth festival in the Sydney Opera House. ‘From there, I ended up working on projects for different Sydney arts companies as a publicist and, two years after it had begun, at Belvoir Street Theatre. I benefited from the Whitlam era and women’s lib. What I was able to do as a woman was completely different to what would have been possible ten years earlier. I also had really inspirational people who gave me challenging work and encouraged me to have original ideas, and then introduced me to other people. I never went back to university. I just ended up in this world of theatre and arts.’

After a stint overseas working in theatre and at Channel Four in London, Leigh returned to Australia to join Sydney Theatre Company as marketing manager as the company expanded from eight plays to 32 productions per year. She then joined the Sydney Opera House to help it emerge into a modern era. ‘At that time the Opera House thought of itself as the best architecture in Australia. I thought it could be the best performing arts centre in Australia, if not the world. With an inspirational chair and general manager who just said, “go for it”, we knocked down the downstairs foyers and brought in contemporary culture, and the Opera House programming exploded.’

Leigh was having a ball when she was tapped on the shoulder to help

get Sydney Dance Company through a financial and structural crisis. ‘Everyone advised me against it, but I was Executive Director there for ten happy years and produced some ground-breaking work, including Graeme Murphy’s *Salome* that toured to China, America and Europe, and *Underland* that combined dance with music from Nick Cave and the Bad Seeds.

What Leigh really loves is giving artists the liberty to dream. ‘I actually find business very creative and love a spreadsheet. That’s where the magic happens. If you can create stability and parameters around the financial structure of what a creative team is doing, then all of the risk is in the creation. Without government funding and philanthropists, not-for-profit arts companies cannot survive on ticket sales, which are usually only about 30% of what it costs to put on a production. So, you have to build relationships and understand what people want to fund and what they’re passionate about.’

For Leigh, a standing ovation is the ultimate rush. ‘That’s when the artists or the filmmakers who’ve put so much work into their endeavour, feel the love back. You can’t imagine the thrill of a standing ovation in Sydney Opera House unless you’ve been there, unless you know what it’s taken to get people on their feet. A film that told the story of Adam Goodes’s life, that showed the racism in the AFL code, premiered at Sydney Film Festival one year. The 15-minute standing ovation brought tears to many eyes, but that film by Ian Darling also changed the code. That moment stays with everyone in the room.’

Leigh moved to this area which, she notes, is per capita full of more artists than other areas of New South Wales. ‘When Four Winds was looking for an executive director, I didn’t think the job was for me. I went to meet the Board as a way of putting my hand up for other people in the community who felt excluded. The Board was made up of smart, open people who were very honest about what they had achieved, but also about what they were getting wrong. There is a great upside to helping a company when it is at a crossroads and ready for change, so I took the job, also because of the incredible team of staff. Last year, with no budget and focusing on a review, we decided we would trial a new model of putting things on at a time that people can go, at a price they can afford. Next year’s program is based on the successful trial of combining classical with contemporary music and will be launched on 15 December.’



Leigh Small

The Cobargo Horse and Trailriders Club held their Christmas party combined with welcoming Tocky's new Friesian-cross filly foal named Allegra. Great fun was had with pinning the tail on the foal boardgame. Di Hall painted a portrait of Allegra that was utterly beautiful just like the namesake. A horse piñata and a trivia game with some local knowledge combined with naming the horse breeds kept the members entertained. It was a different fun party with all joining in, making the evening very enjoyable.

Margaret Jessop celebrated her seventieth birthday with 200 guests at the Cobargo Showground – also with lots of family present who danced the night away to the fantastic band Salt. Margaret is a very well-known Cobargo local who has the greatest of love for all family and has contributed a huge amount to the community in many different clubs and on many committees. A well-deserved celebration for a wonderful person.

Congratulations are in order for Alexis Allen who competed at the Melbourne Show in the paraders competition in the dairy section and came home with a credible third place.

It is with sadness we witness the closing of the Cobargo General Store. Jane and Alfred have decided to close for personal reasons, and we would like to acknowledge all that they brought to the town, servicing the needs of the community for six years. We wish them well for the future.



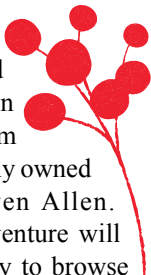
John and Margaret Jessop

Thirty Nine Princes is the new jewellery and giftware store that has been opened in the old fire room in the Cobargo Hotel proudly owned and operated by Bronwen Allen. Bronwen hopes the new venture will give people the opportunity to browse and shop in a new space.

Celebrate Cobargo is being held on 6 December with lots of fun stalls and shopkeepers trading later to allow patrons to shop locally for Christmas gifts – which is the theme for this year. There is a lucky draw to be drawn on the day and, upon purchasing an item at the local shops, you will receive a ticket to enter in the draw, so pop the completed ticket in the barrel at the information centre.

The Wandella Hall will be hosting the much-loved Christmas tree on 1 December commencing at 5.00 pm. Please bring a plate to share for supper and a gift for your child for Santa to deliver after some fun events at 6.00 pm.

I would like to take this opportunity to wish everyone a wet Christmas and a calm and productive 2025.



TWO SINGING WORKSHOPS
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The Raise Your Voice workshop is all about the joy of singing in harmony. We will explore breath and vocal techniques to make the most of your voice.

Saturday December 21, 11.00-4.00 pm

Bookings \$60

Bermagui Community Centre



SINGING SOLO

The Singing Solo workshop is open to all levels of singers from professionals to raw beginners. It's all about finding your authentic voice, about finding more power, range and colour; ultimately more freedom.

Sunday December 22, 11.00-5.00 pm

Bookings \$80

Good Vibes Studio

Lamont St, Bermagui



'I've witnessed Richard's work greatly increase people's confidence in their singing.'

Tony Backhouse

Get ready to jingle and mingle at the annual
Cobargo community Christmas lunch

Building on the success of previous years, the Bowerbird OpShop is again hosting a Community Christmas lunch on 25 December 2024!

This year will be the third time we've held the event, and it will be the biggest and the best yet.

The lunch is open to a range of people including isolated singles, couples and families of any age in the community who would otherwise be having Christmas day alone. It is also for those unable to afford a special occasion lunch including young families with children.

- **Where?** The Cobargo School of Arts Hall.
- **When?** 25 December 2024 (of course!) starting to gather at 11.30 am.
- **What do you bring?** Bring yourselves, the ability to share the day with others and the capacity to revel in the community Christmas spirit!
- **How do I book?** RSVP to the OpShop in person, through our Facebook page

or by email at bowerbirdopshop@gmail.com.

While the wet weather was a dampener last year, we are really looking forward to having an even bigger and better celebration this year.

Importantly, if you know of anyone else who may be interested could you please pass the Christmas lunch details on to them – but they will have to make bookings themselves.

Even if you can't join us on the day, we always appreciate any added assistance in the lead up. Contact us if you would like to discuss or suggest what you could contribute.

We also like to distribute age-appropriate, wrapped gifts to the children and would appreciate donations of gifts at the OpShop by 23 December.

Looking forward to meeting up with old friends and making new ones!

Steve Williams



Presents to be given



Christmas lunch starts with antipasto grazing platters

Cobargo
Community
Christmas Carols
by candlelight

Start your Christmas celebrations with carols on Christmas Eve. Come and join the Cobargo Community Christmas Carols in the Apex Park in Cobargo (corner of Princes Highway and Cobargo-Bermagui Rd) on Christmas Eve, 24 December at 7.00 pm. Candles for all, gifts for children. Everyone is welcome. We would love to have musicians help lead the singing. If you are interested, please contact Fiona: 0448 453 422 or fiona@kurrrajonghill.com.au



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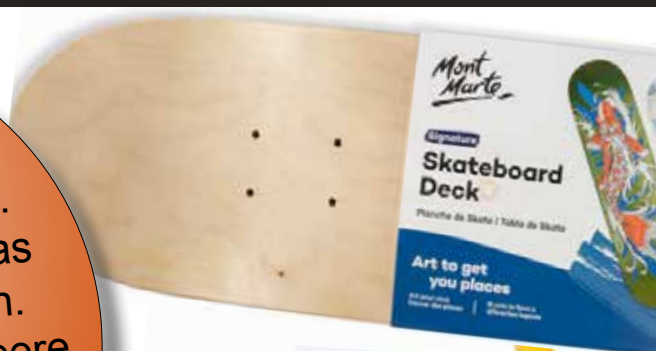
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Rebuild Cobargo powers on

The Cobargo Community Development Corporation (CCDC Ltd) advises that work across all the Rebuild Cobargo sites is powering on in the lead up to Christmas. In particular, following the remediation to correct drainage and ground water matters in November, footings have been completed and the erection of walls and above ground level construction will commence before Christmas.

There will be a brief stoppage for Christmas celebrations and work will recommence on 8 January 2025.

The time lapse cameras are now fully functioning, and the time lapse record is available on the CCDC website. Please remember that the cameras do not record continuous video or CCTV surveillance footage and are positioned and oriented to capture the progress of each of the rebuild sites.

The CCDC is also pleased to announce that we are now occupying the former Access Centre offices in the Cobargo Innovation Hub next to the Co-op. In addition to providing valuable office and meeting space the CCDC office will be open to the public on most Wednesdays.

Members of the community are invited to drop in and view the final architectural drawings and images of the Rebuild Cobargo project and to chat with CCDC reps regarding progress and how the community can become more involved.

One of the exciting uses that the CCDC offices will be put to from this month is the new Village Workspace, providing co-workspace facilities and services for home-based business entrepreneurs in the area. The Village Workplace is the initiative of Cobargo locals Samantha Morris and David Foster, and initially will be operating each Tuesday, Thursday and Friday, offering a range of services including hot-desks, private meeting rooms, business services and workshops, and access to internet.

As always, in addition to our updates in *The Triangle*, look out for further information in other local media and through social media and community email releases, or visit the Cobargo CDC website.

For further information please feel free to contact one of our Community Representatives Directors.

Deb Summer and Steve Williams
Community Representative Directors

Preserving history has a cost

Did you know that Cobargo CWA had its first meeting on 14 June 1946? The cottage was purchased in 1957 (with husbands acting as guarantors!) at a cost of £1,372 4s 2d. The mortgage was paid off in about fifteen years, with members raising the funds mainly by catering. It was used as the Baby Health Centre for Cobargo for many years and has become part of Cobargo's history with many long-term residents (including some of our members) having been weighed and measured there as babies!

We are proud of our cottage and its place in the history of our village. However, owning an elderly building is expensive (maintenance, rates, insurance etc.) and the recent weather events haven't helped. Following the recent flood, we replaced the air-conditioning unit and fences and fixed some serious problems with the external plumbing. The insurance covered most of it, but of course we had

to pay as well. Then the ancient sewerage system collapsed and had to be replaced. To add to all this, the windstorms this winter managed to break a couple of windows, and we won't even mention the leaks in the bathroom!

The big tree by the Cottage has had a 'haircut', removing deadwood and mistletoe to complement the growing gardens of native bushes and flowers. Definitely a destination, with the Valiant Coffee Van in residence!

I detail the above to let you know where our fundraising goes. We are grateful for your support whenever we have our Bake Stall or run a raffle. We want to continue to maintain this wonderful old cottage so it can be an asset, used by us all in the community. Thank you.

We will announce the Cobargo Citizen of the Year on 26 January at the Cobargo School of Arts Hall. We are still seeking nominations so please send them to Cobargo CWA, PO Box 5114, Cobargo or email to cwacobargo@gmail.com by 25 December. Your nomination should list the reasons for nominating your candidate. They must be a resident of Cobargo/Quaama, and their efforts must be voluntary and have continued for several years. Call Lynn on 0411 432 533 if you want to discuss things before sending in your nomination.

We welcome new members and invite women to come along and meet us on Tuesday, 10 December at 10.00 am for a 10.30 am start at the cottage on the Bermagui Road, next to the playground and the Valiant Coffee Van.

Mary Williams
Publicity Officer

CWA of NSW, Cobargo Branch



A spring tidy up.

COBARGO HIGH TEA

Cobargo High Teas were started by the Cobargo Community Access Centre and have continued at the Cobargo Anglican Church. They are a fantastic opportunity to catch up with other members of the community over tea or coffee and beautiful food.

Come and join us for our Christmas High Tea, Tuesday 17 December at 10.30 am at Cobargo Anglican Church in Hoyer Street. If you would like, bring a Kris Kringle gift to exchange (maximum value \$5). Everyone is welcome.

**For more information or to book, please contact
Fiona: 0448 453 422 or fiona@kurrajonghill.com.au
(booking helps with our catering)**

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Cobargo Public School’s Kitchen Garden Expo



Layla and Branwen ready to serve fresh lemonade

The students from Years 3 and 4 at Cobargo Public School participate on a weekly basis in the Stephanie Alexander Kitchen Garden program. The aim of the program is to provide the students with pleasurable garden and food education and facilitate positive food habits through fun and hands-on learning. Students engage in the cycle of growing, harvesting, preparing and sharing food. Students grow as much seasonal produce as possible and carry the fresh harvest into the kitchen.

Garden classes provide students with the chance to gain practical knowledge about the seasons, weather patterns and the surrounding environment. Participants learn techniques for establishing and caring for an organic garden, as well as



Lily and Trixie at the succulents stall

the safe use of gardening tools. Culinary classes offer students the chance to prepare a diverse range of fresh, seasonal and delectable dishes, thereby fostering lifelong positive eating habits.

The Kitchen Garden program has an array of health, wellbeing, education and community benefits. There are many opportunities to link the garden and cooking classes with other areas of the curriculum such as English, Mathematics, Science and Creative Arts.

Every year during Term 3, students engage in the creation of various handmade crafts and culinary delights for the Stephanie Alexander Kitchen Garden Expo. Each class is afforded the chance to attend the expo and acquire items from



Franklin with a beautiful array of fresh produce

the stalls. The items on offer this year included bookmarks, keyrings, potted succulents, fresh produce, lemonade, zucchini brownies, bliss balls and carrot cake muffins.

The students successfully raised \$500 during the morning. These funds will be allocated to sustain the program in 2025, specifically for acquiring ingredients for the kitchen and resources for the garden. This annual event has become a cherished occasion for both the school and the community, with enthusiastic participation from parents and students alike.

Bronwyn Taylor,
Cobargo Public School
Classroom teacher



Tilba Valley Winery & Ale House

WHAT’S ON: All gigs not ticketed are free and start at 2.00pm except where indicated

Sun 1	Tony Jagger	Sat 28	Beach Bar Swing	Sat 11	Ava Khan
Sat 7	Sam Fletcher	Sun 29	Dean Abbott	Sun 12	Benji Fowler
Sun 8	Totum	Ticketed event		Sat 18	Manchild & The Blues Kids
Sun 8	Dylan Wright 7pm	Sun 29	Daniel Champagne 8pm	Sun 19	Phoebe Hamilton
Sat 14	Phoebe Hamilton	JANUARY 2025		Sat 25	Tony Jagger
Sun 15	Felicity Dowd	Wed 1	Hump/NY Day with Tony Jaggers	Sun 26	Jason Maynard
Closed for Christmas 16 - 26 December		Sat 4	Greg Kew	Ticketed event	
		Sun 5	Punkalla Holler	Sun 26	Jack Biilmann 6pm

Our own Tilba Valley Beers & Ciders now on offer
Located 8 km south of Narooma or 4 km north of Central Tilba.
Enquiries & bookings - 4473 7308 Follow us for upcoming events.



We live in a plentiful world so when the watertank levels get low, we realise how much we take for granted and how easily our expectations and routines are affected. There is the promise of rain as I sit down to write this, but it probably will not be enough. And there is a bit of a wait for water deliveries. All of which makes planning for the coming summer a priority. By the time you get this edition there will undoubtedly be a number of end-of-year gatherings in your diary and your thoughts will be on how you will celebrate Christmas and the New Year with family and friends. Much to think about – preparing for the summer, catching up with family and friends, reflecting on the year that is nearly over, plans for the coming year, the transitions that happen as we move from one year to a new one and, for some, holidays and visits to new places. However you choose to celebrate the end of 2024 and welcome in 2025, thank you for supporting and reading this special community publication. Stay safe and healthy and enjoy family, friends and community.

Farm Butcher Pantry

Determination is an admirable trait that Heath Thompson, from Caluga Farm on the south-eastern slopes of Gulaga, has loads of. It has kept him going in the development of his meat supply business, a journey that started in 2018. Although the initial business lasted for only 18 months, during which time Heath also married Jemma and there was good product feedback, there were roadblocks and many hard lessons learned. Heath returned to his daytime carpentry job but the desire to share prime quality beef grown in a sustainable way through regenerative farming practices refused to disappear. This stubborn determination, backed by research and an inextinguishable desire to provide best quality meat as well as lots of energy and hard work means Caluga beef is on the table again.

Businesses that are built with integrity on a good ethical foundation where the

products are the priority rather than profits (although making a living is essential), often take a long time to develop and realise their goals.

The journey for the Thompson family with four generations still living on the property started with organic farming, progressed to wholistic management and more recently embraced regenerative farming principles. Through this progression, Graham and Mandy Thompson, Heath’s parents, experimented with different products – organic eucalyptus oil and farm fresh meat chickens – and also encouraged and nurtured a love of the land and farming in their five children. Woodwork and carpentry skills have also provided off farm income and allowed ideas for ongoing and future farm activities to flourish and develop. Added together, this history and resource building means Caluga Farm is well able to sustain beef production on its regeneratively farmed pastures.

Heath and Jemma have been able to resolve the main hurdles that confronted them first time round. Their Square Meater cattle, a small-framed breed based on the Murray Grey, do well on grass and at 18 months to two years old, produce meat that has good marbling with excellent flavour. From the farm, the cattle go to a small abattoir at Picton, then to a butcher in Sydney who is happy to work with small producers. Once butchered, it’s on to the courier – the same one that delivers hellofresh – for storage, packaging and shipping. Their beef is marketed online through Instagram and Shopify. With a niche customer base in the eastern states that values beef that comes from a known source and is environmentally benign and humanely grown and butchered, the feedback since recommencing in October is very encouraging.

Enterprises such as Caluga Farm demonstrate that families can continue to do what they love and provide an example of innovation at work. Heath is hoping that his endeavours will provide opportunities to network with other local farmers who

are also adopting regenerative farming practices. It is still early days, but the hard work of setting up the processes of getting prime quality beef on people’s tables is in place and Heath and Jemma, and their supportive family, deserve our congratulations and best wishes. For more information check out Caluga Farm Butcher Pantry on Instagram.



Heath and Jemma Thompson at Caluga Farm

Food your mother would make

Mother Tucker, a modern-day food van making food with love, has opened its windows beside Tilba Dairy at Central Tilba. The inspiration of the Hone and Harvey families, the van offers a range of well-presented food to go, using local products from Tilba Bakery, Tilba Dairy and Narooma Meat Centre. Much is made from scratch, such as their beef patties and range of sauces. Jess and Vickie, who front the operation, are pleased with the fantastic local support and on their 6.30 am opening days, they already have a loyal tradie following. Meeting the needs of customers is important to them, so in addition to their menu display they offer dinner boxes for pick up before 2.00 pm – the dinner menu changes daily. They even



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offer school lunch boxes that include a piece of fruit for collection before 9.00 am. Fresh juice, made from a selection of fruit (local if possible), completes the breakfast, brunch or lunch time menu.

Mother Tucker is a welcome addition to Central Tilba, particularly as they are an early opener, at 6.30 am Tuesday to Friday and 7.30 am on Saturday. On Tuesday, they finish at 11.00 am and at 2.00 pm from Wednesday to Saturday. They are closed on Sunday and Monday. Well done and all the best to the Hone and Harvey families in this endeavour. More information on FB – Mother Tucker Tilba.



Jess Hone and Vicki Harvey at Mother Tucker

Soft Plastics

You no longer have to bin your soft plastics – you can drop them off locally at Central Tilba instead of driving to Brou Waste Depot. Eurobodalla Shire Council completed a trial of soft plastics recycling earlier in the year after partnering with



Soft plastic recycling bin at Bodalla PO

Recycle Smart to divert soft plastics from landfill. Now several communities have requested a white soft plastic recycle bin – Bodalla, Potato Point and now Central Tilba. There are a few things to be aware of as soft plastics have a number of additives to make them flexible and durable. This means that not all plastics are suitable for this type of recycling. Please note that this recycling is only for domestic soft plastics.

Accept

- biscuit packaging (not trays)
- bread bags and cereal box liners
- bubble wrap
- confectionery packets and bags
- fresh produce bags, including string bags
- frozen food bags
- plastic film/cling wrap
- plastic sachets
- shopping and grocery bags
- silver lined chip bags
- squeeze pouches
- zip lock bags

Won't accept

- adhesive tape and clear vinyl packaging
- balloons
- biodegradable plastics
- compostable plastics
- foil packaging
- rubber, rubber gloves
- tinsel
- wine/water bladders (foil based)
- rigid plastic containers like strawberry punnets
- silage wrap
- builders plastic
- sturdy pet food bags with return to store label

The white soft plastics recycle bin will be near the Central Tilba Public Toilet. Community volunteers will check it regularly and empty it as required and transport it to the large soft plastic bin at Brou Depot as there is no collection. More information is available on the Eurobodalla Council website or you can talk with me (Stuart Absalom) on 0419 589 404.

Comings and goings

Great to see that Tilba Tattoos door is open again. Judging by the action there the day I poked my head around the door, there are a lot of people pleased to see them up and running again. All the best to James, Bella and Thomas – there is no doubt a waiting list as summer approaches.

Jon and Alid from the House of

Alijon are heading north to warmer climes at the end of January. Their meticulously renovated cottage in Bate Street has been home to a select range of fashion labels that are all part of their closing down sale. They have made some good friends during their three and half years in the village, many of whom have received support and assistance from Jon and Alid as well. For them, this time has enabled them to leave Sydney, for Jon to leave his previous work as a private pilot, given them the experience of village life and allowed Alid time to get his driver's licence. All part of the constant transition that life seems to be at times, and a time to be thankful for. All the best to Jon and Alid as they venture forth.

Tilba Market in the street

The long running Tilba Market moved out of the Big Hall in October and has been operating happily from the deck at Ellen's Pantry, on the nature strip near the phone box and under the verandah at the General Store. Long-term stallholders are adjusting to the transition and the more exposed location. Although much more weather prone, the more visible presence of the market adds to the village atmosphere of Bate Street, as does the soundscape provided by local musicians. The Market Team is appreciative of all those who have worked to find a new location for this special market – stallholders, Bec and Bec at Ellen's, John and Claire and the PO staff, Shanna, Tink, Andy, Muzz, Al and Stephen and everyone involved. The local support that is given to the market is very important for its ongoing presence.



Tilba Market in Bate Street

The Darcy Cup

The race that stopped Bate Street, Central Tilba, ran for the second time on Melbourne Cup Day. A very Tilba event, the entrants are the progeny of fox terrier, Sootie, Darcy Cup royalty, bred by Darcy Hoyer. Nine dogs competed this year in a strong field – 1. Brian; 2. Piper; 3. Neville; 4. Batman; 5. Merv; 6. Millie; 7. Cleo; 8. Patchie; 9. Boof. Sootie is grandmother to Piper and Millie and mother to the rest. Darcy has bred this line of fox terriers from a bitch he had years ago – indeed breeding these dogs goes right back to his parents – and he reckons he has had over

200 dogs. As a kid, his dogs accompanied him when rabbiting but his current nine dogs are happy catching rats and chasing kangaroos.

Although the race is very much a community event, the Drom can take the credit for its conception and ongoing organisation. Andy and Pip got it together this time round and Kim, who played a key role last year, helped out with dressing the dogs in their silks. With hilarious and off-the-cuff commentary, Jess ably played MC and introduced the field and their owner-trainers.

As race time approached, it seemed all Tilba was assembled outside the pub. The air of excitement and anticipation was palpable as owner-trainers prepared and took their places at the starting line in front of the General Store. With the starter’s signal the race began and a surprise entrant, Sean the sheep, didn’t quite know what to do. Brian, Merv and Neville, however, showed their intention right from the start, urged on by their enthusiastic and competitive owners. As it turned out, it was Brian’s race to win, making him a back-to-back winner of the Darcy Cup. Of Brian’s win, owner Jason

Snell commented, ‘He won by a mile. Where was the competition?’ Brian’s brother Neville placed second, much to Butch and Heather’s pleasure.

Darcy is pleased that this quirky Tilba event is a celebration of his long involvement as a local breeder. Although some of his dogs end up far from Tilba, it’s clear that there are many of them locally. He jokes that he wants to have one of his dogs buried with him! Two years in a row means that this is definitely now an annual event. Well done to everyone involved making Melbourne Cup Day at Central Tilba one to remember.



Jess Hone and Darcy Hoyer with Patchie and Boof



Jess Hone, Jason Snell and Darcy Cup winner Brian



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CWA Tilba working to get a Far South Coast bus service

Imagine if buses connected people to the hospitals in Bega, Moruya and Canberra, to the Moruya and Merimbula airports, and to the train service that runs from Kiama to Sydney.

The bus service would improve access to medical appointments, community facilities like swimming pools and cinemas, and to shops. It would make it easier to visit friends in other towns, plus loved ones in hospital or nursing homes.

Members of CWA Tilba are working with the NSW Government to get a bus service for the Far South Coast.

Tilba resident Helene Sharpe researched what bus services were available. She found that the bus services between Narooma and Canberra and between Narooma and Sydney necessitate overnight stays. The biggest gap in public transport was between Bega and Moruya.

‘I put it to the CWA Tilba to start a petition,’ Ms Sharpe said. ‘The more people I spoke to, the more people were interested. Everyone had stories.’

From speaking with people, she believes the best solution would be an on-demand service with small buses like those in Bega and Merimbula. People ring up with their requests and the company works out a route to pick them up and take them where they need to go.

Member for Bega Dr Michael Holland presented the CWA Tilba’s petition with more than 200 signatures to NSW Minister for Regional Transport and Roads Jenny Aitchison in the latter half of 2023.

Minister Aitchison met them in February 2024 when she visited the area.

Ms Sharpe, and fellow CWA members Nola Ezzy and Vicky Staden, participated in a Bus Industry Taskforce face-to-face consultation in Batemans Bay in February.

In August Transport for NSW contacted Ms Sharpe and Ms Ezzy as part of its work on a draft medium-term bus plan for up to ten years into the future.

Marion Williams



CWA Tilba member Helene Sharpe, NSW Minister for Regional Transport and Roads Jenny Aitchison, and CWA Tilba members Nola Ezzy and Annette Kennewell. Photo by Marion Williams.

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For a little school we do big things

We have had a busy Term 4, full of fun excursions that everyone has enjoyed attending. I interviewed some students this week to talk about what they have experienced, learnt and enjoyed.

Bird Calling Olympics

The first person I interviewed was Grace on being selected by Ann Christiansen as one of the Tilba finalists of our Bird Calling Olympics. Finalists went on to attend the Bournda Bird Calling Olympics at Potoroo Palace where they competed against other South Coast schools. Grace said she enjoyed the entire experience and learnt what different species of birds sounded like. When the bird calling competition part of the excursion began, she felt very nervous. Grace did a superb job replicating a magpie call. When Doug from Bournda Environmental Education Centre announced, ‘Let the reigning champions go first’ he was referring to Amelia from Tilba School. She had won the competition the year before with her gang gang call. This year she did the yellow-tailed black cockatoo. Amelia’s favourite part of the day was getting to pat the ducklings. Her advice for future



Grace and Coby presenting Ann Christiansen with a thank-you gift

competitors is to drink water beforehand and stay calm and confident. The Bournda competitors were filmed and broadcast on ABC South East NSW radio and on a recent episode of Behind the News.

Year 6 Discovery Day

The Year 6 students attended the Bega campus of the University of Wollongong for a Discovery Day that allows students to engage in higher education discussions, investigate the future world of work



Billie, Oskar, Ryder and Ethan (in front) at the Bega campus of UOW

and broaden their understanding of job possibilities through hands-on activities. I interviewed Billie to ask her about her experience. She said she enjoyed the criminology lesson the best. The students got to be detectives and had to solve a theft case. In a geology lesson Billie learnt about a rock called slate which is formed from volcanic ash. Billie said if she went to university she’d like to study nursing.

Marine Parks excursion

Next up the Barranguba Class (Years 3-6) went to Mystery Bay to learn about Marine Parks. I spoke to Duke about his experience. He said that he learnt that there are three different types of sea snails: meat eaters, vegetable eaters and filter feeders. His favourite part was looking in the tide pools and observing all the creatures that inhabited the pool. Duke was excited to explore the beach and learn more about what you can and can’t do in the three different zones of our local marine park.

Dylan



Barranguba class at Mystery Bay



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Elegant high tea at historical Henkley Farm

Tilba CWA delighted guests with an elegant high tea event at the picturesque historical Henkley Farm. The event, on Sunday 27 October, celebrated community, tradition and hospitality, drawing visitors from near and far. Set against the charming backdrop of the farm’s beautifully preserved heritage buildings and held in its new function room, the high tea event was met with overwhelming enthusiasm and tickets sold out well in advance.

Helen Thomson played a pivotal role in the event’s success, earning praise for her dedication and hard work. She coordinated the high tea and welcomed guests, expressed gratitude to contributors, ensuring the day was seamless and memorable. Additionally, her weeks of constructing the beautiful food towers, that will serve the association for years to come, were a testament to her creativity and commitment.

Guests enjoyed a glass of bubbles on arrival and sat down to an assortment of delectable treats prepared by CWA members including freshly baked scones, delicate finger sandwiches, cakes and pastries, all served with premium teas and coffee.

Best Dressed was awarded to Kim Taylor who received a beautiful painting *Australian spring* by Glenda Morgan, a local artist and Tilba CWA member.

The high tea was not just about indulgence but provided an opportunity to showcase the rich history of Henkley Farm. Guided property tours were offered, allowing guests to learn about the farm’s past and its local significance.

CWA President Vicky Staddon expressed gratitude for the community’s support stating, ‘Events like these are a wonderful way to bring people together, celebrate our shared history and support the important work of the CWA.’

Thanks to the efforts of Helen Thomson and the entire CWA team, the high tea at Henkley Farm highlighted the enduring spirit of the organisation in fostering community connections while preserving local traditions. Guests departed with full hearts, satisfied appetites and a deeper appreciation for the region’s heritage.

Annual General Meeting and new leadership team

Tilba CWA held its AGM recently, bringing together members to reflect on the past year’s accomplishments and set goals for the year ahead. A key highlight of the meeting was the election of new office bearers to steer the association forward.

This year, Vicky Staddon was elected President with a

commitment to upholding the values and vision of the CWA. Teresa Stubbings has been appointed Vice President, Helen Thomson is Secretary and Eva Mosler-Teichmann remains Treasurer. The AGM also discussed upcoming projects and initiatives aimed at supporting the local community and advocating for rural and regional issues.

Jo Major

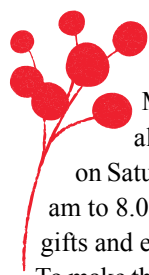
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Kim Taylor, Best Dressed, CWA high tea



Standing L to R, Teresa Stubbings, Sally James from Narooma CWA who chaired Tilba CWA’s AGM, Helen Thomson, new Tilba CWA President Vicky Staddon seated in front. Teresa & Helen are sharing the role of Secretary.



Late Night Shopping in Central Tilba on 7 December

Mark your calendars! Our small town is coming alive with holiday spirit during late night shopping on Saturday 7 December. Shops will be open from 10.00 am to 8.00 pm, allowing plenty of time to find the perfect gifts and enjoy the festive atmosphere.


To make the day more special, there will be buskers playing throughout the event, adding a touch of holiday cheer as you shop. It’s the perfect opportunity to support local businesses, catch up with friends and soak in the joy of the season.

Bring your family, invite your friends and join us for a wonderful day of shopping and celebration!

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Central Tilba Halls news

Time to celebrate! The Central Tilba Halls upgrade work began on Monday, 9 November. The project builder, Hahn Gunthorpe, who spent part of his childhood in the Tilba area, and his team have put up construction fencing to secure the site. A container has been delivered to the land at the back of the halls for the storage of building equipment and materials. Work has commenced to remove the slab in preparation for the new extension behind the Big Hall.

The long-awaited start to this important community project is welcome as we look forward to a refurbished facility that will have many future uses for our diverse community.

It's also time for the Annual General Meeting of the Central Tilba School of Arts Trust Inc. (CTSOAT). This will be held in the Small Hall on Thursday, 5 December at 5.30 pm. This is a good opportunity to hear about the upgrade project and the work of the Halls Committee.

All welcome.
Janine Halasz,
CTSOAT President, 0400 992 246

Tilba's rocking

It has been laughs all round in Tilba recently thanks to the Tilba Rocks crew, that has created a range of fun events at the Tilba pub. The inaugural Whiff Cup – a darts competition for Tilba locals was won by Andrew Read. Then a packed audience took part in Tilba Rocks, a local rock quiz night where locals and visitors took part in a quiz show hosted by a sparkling Julie Zamirez, scorekeeper Radical Rex and card-holding Hunky Harv.

Two teams, led by surprise guests Paolo Kelly and Christie Amplet from the Divinyls vied for the grand prize of an

Acca Dacca metal mural. The show was the brainchild of Andy Read (who scripted the entire show) and Muzz Reggiani, and the Tilba pub truly rocked. Local band The Shannanigans led by Al Leake did an amazing job throughout the night.

Then the Darcy Cup, a quirky race of local fox terriers was run up Bate Street on Melbourne Cup Day for the second year in a row. The winner again this year was Jason Snell's good boy Brian. Keep an eye out for more fun Tilba events over the coming months.

Shanna Provost



Julie and The Bear at Tilba Rocks

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The final *Triangle* for 2024 and, from me, a big thank you to all who contributed to Bermi Banter with their news, views and photos to keep this part of *The Triangle* informed and up to date.

A special mention to Billie Matters, our youngest writer, who has been covering the Bermi Public School and Lea, her teacher, who has been so supportive.

Geoff Steele from Bermagui Community Forum who has kept an eye on and informed us of matters we should know about around town.

Narelle Myer from the Preschool who, with her great team, involves the young children in many aspects of town life. We love reading about their preschool activities and seeing the fantastic photos.

Dan Bakker from neighbouring Moodji Garden who involves young and old people in growing and learning about producing your own food. What a busy corner of town.

Lyndal Jenkins is a newish contributor for Shop7 ArtSpace, keeping us up to date with current works and events and contributes great photos also.

It's been a busy year for the CWA and *The Triangle* has been glad to help out with their major fund-raising feat contributing some much-needed, low-cost housing in Bermagui.

The historical pieces that have appeared in the paper are always enjoyed by locals and visitors, especially the photos of Bermagui's past. Largely these were

the works of Dave Cotton who did so much to preserve and archive the valuable collection. Sadly, Dave died recently but his work and memories are preserved.

Deb Taylor contributes such a wealth of information about our natural environment, and I hope we will be treated to more editions of *Natura* in the future.

Thanks to Marion Williams for her informative, well-researched and well-written pieces, we are fortunate to have her on board.

And to everyone who contributes, reads or supports *The Triangle*, thank you – the paper belongs to all of us.

Over and out.

Bermagui Forum update

Community members have been concerned for some time about the deteriorating condition of the Wallaga Lake Road in the forest leading into town from the north. This section of road was rebuilt only five short years ago and the rapid deterioration has meant a rough ride for at least the last twelve months. Council action until recently was to install some signs warning of the rough road but we are finally going to see some action.

In a recent press release Council has advised that ‘... road works will commence on Wallaga Lake Road on **Monday 25 November** and is expected to be completed by **Friday 20 December**, weather permitting.

‘Council’s Civil Construction Team will be carrying out road stabilisation works on Wallaga Lake Road, between the Cobargo-Bermagui Road intersection and South Tilba Road, from 7.00 am to 6.00 pm each weekday.’

The work should strengthen and repair the road and improve road safety for drivers. There will be stop/go signs, intermittent lane closures and a lower speed limit while the work takes place.

For more information, please contact Council’s Civil Contracts Supervisor, Terry Maher on 6499 2222.

Geoff Steele
Bermagui Community Forum



Community Christmas Carols

We are so excited to announce that we are bringing back Community Carols for Bermagui!

Lock in the date, Friday 20 December, from 5.00 pm on the Bermagui Surf Lifesaving Club lawn. You, all your family and friends are invited to come and celebrate all things Christmas.

The combined Churches of Bermagui presents Community Christmas carols. Featuring: The Bega Brass Band, Nipper’s sausage sizzle, the Valiant coffee van and the Bermi Fire Brigade with a visit from Santa. Pack a picnic, bring your picnic blanket or folding chairs and enjoy an evening of carols and family fun at the Bermagui Surf Club.

We have lots to announce so please keep an eye out for future posts on Facebook @Bermagui Baptist Church
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Bermagui Public School Report

So much has happened in the past month at Bermi Public. First of all, in Week Two, Stage Three went to Canberra! We had three days full of exciting activities, but I think most people who went would agree that Parliament House and Questacon were the best visits. We also spent a very cold night looking at stars through telescopes – we even got to see the rings of Saturn!

On Wednesday 30 October, Year 6 went to the University of Wollongong campus in Bega. We started our day off with a geology lesson where we identified rocks and matched them up to their names. After that we did an activity based around education where we got to compete with our teachers in various games. Next, we did a nursing lesson where we got to use stethoscopes, give people fake injections and do CPR. The last activity was architecture, where we were given a Lego board and a partner and told to build a structure. Some of us built sculptures and houses while others built maps of towns or schools. We had a great day, and it made many people think about what they want to do in the future.

On Monday 28 October, Years K-2 had a visit from the Taronga Zoomobile and Bournda Biodiversity program. They got to see, learn about and even pet countless animals. The most popular favourite animals were a snake, ring-tailed possum and tortoise.



Zoomobile visit



Parliament House, Canberra, with Stage 3 students

The annual Book Fair and Costume Parade happened on Tuesday 12 November and this year the theme was ‘Reading is Magic’. The parade was full of children in amazing and creative costumes, teachers in their outstanding and creative costumes and parents watching their children in the parade. We love the book fair at Bermi!

As we come to the end of the year, our school will be picking the next group of Parliament Ministers to lead our school. A new Minister for Communication will be chosen and will take over from me in writing this article each month. I will miss it!

Billie Matters

Learning through play and art

At Bermagui Preschool our emerging artists have been busy in our Preschool Art Studio. Art plays a very important role in child development. Artistic activities can promote reading, maths and visual skills as well as motor and social development. Art can also be enriching because children can use it as a communication tool, revealing their thoughts, feelings and interests.

As part of our art and therapy curriculum, we are implementing a program of experiences through which the children can express their thoughts, feelings and emotions. During these activities we work in small groups and share conversation, allowing time to listen, answer questions and help articulate thoughts and feelings. Through the process of making art, we are

also able to talk about strategies we can use to feel strong and empowered with people who help us feel safe and support us, building a sense of security and trust. The sensory experience of painting is also very tactile and calming. Art can be helpful in creating a positive state of mind through experiential and sensory processes, allowing the brain to establish new, more productive thought patterns.

A big thank you to the Bushfire Local Economic Recovery Fund (BLERF) and the Department of Education’s Community Child Care Fund for their support of our art studio and therapy program.

Narelle Myers
Director



Preschooler painting

Bermagui Dune Care

During 2024, despite the small numbers in the group, we’ve put in 99 hours of work, when we’ve planted 128 new plants, removed weeds such as moth vine, ink weed and thistle, and watered seedlings. The plants were all supplied by the group, either grown from seed or cuttings, or purchased.

Also, with the help of Landcare and the Living Seedbank initiative with National Parks and Wildlife Service, we helped to plant 150 mainly rainforest species in May, adding 23.5 volunteer hours. We just desperately need some rain to keep them all going.

In addition to assistance from Landcare, Bega Valley Shire Council continues to support the group with advice and funding through the Community Grants Program that enables us to contract a weeds operator, Brighter Day Landscapes, to tackle the more difficult weeds on Setons and Cuttagee Headlands.

There is concern that the number of members is dwindling, so we would like to encourage some young people who enjoy being outdoors and helping nature to join next year. We’d love to see Bermagui Dune Care last a while longer, to continue to improve the biodiversity of our wonderful coast.

Karen Joynes, Co-ordinator



Rod and Barry at the last working bee for 2024.



Not quite antique but certainly vintage

This gorgeous troupe of Bermagui locals, in a photo probably taken forty years ago, in one of the many productions the town put on in those days to raise money for local causes, often to support the building of the local pre-school.

I can name all the members, I think ... from left to right: BJ, Jacque Lowry, Ian Nazer, Lesley Maloney, ‘Blockhead’ and Cate Thompson

Ah, those were the days.

Georgie Adamson

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△ The Triangle December 2024 page 28

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Dave Cotton
22.08.1947 – 26.10.2024

Dave Cotton, a tall lanky Englishman came to Bermagui for a quiet life about twenty years ago. But he soon became interested in the local community and this became evident through his ability in the field of photography.

This interest developed over time into an enormous contribution to the Bermagui Historical Society (BHS) as he catalogued photos of people, places and events since the 1880s. Dave spent fifteen years digitising historic photos donated by the community. His collection of more than 11,000 photos, a History of Bermagui, is an exceptional resource for research, genealogy and to relive memories for very many people.

Dave was often in demand to present slide shows of the town over time at various public events. He was intrigued by the Bermagui Mystery and at one stage had a dream to put out a book of his own about it.

He spent many hours upgrading the presentation of Ron Gaha's book *Bermagui. A century of features and families* – a tribute to Ron and the Bermagui Historical Society.

As an exceptional archivist, Dave was always looking ahead for information that would help the BHS. We will all remember Dave with his quiet walk and a camera tucked in his arm as he wandered around taking photos as an up-to-date record as well.

He will be greatly missed.

Judy Hearn

Bermagui Bowls Clubs have amalgamated

The two Bermagui Bowls Clubs, Men's and Women's, sealed a long process of amalgamation on 1 November and celebrated with a competition. Members competed in Pairs and Triples for more than \$400.00 prize money. First prize went to Ray Harrop and Denise McGlashan.

After lunch the existing clubs were formally disbanded and held their first amalgamated meeting.

Outgoing President, Dave Richard-Preston, described John Lazzaro as the 'complete club person'. John who had been Treasurer of the Men's Bowls for over twenty years and Club Patron for six, was presented with Life Membership. He had held many positions in the club and had won six Men's Singles Championships and numerous Pairs, Triples and Fours.

He has also been the District Reserve Singles Champion as well as Pairs Champion. He has also competed with success in the RSL Bowls competitions.

Gerry Hammerton
Secretary



John Lazzaro being presented with Life Membership by Dave Richard-Preston

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Quaama artist awarded ‘Honorable Mention’ in national prize

Quaama resident and artist Sara Freeman has been awarded the ‘Honorable Mention’, worth \$3000, at this year’s highly coveted Paddington Prize – a long-running, prestigious award for a painting inspired by the Australian landscape. Sara’s painting, *Timeless beginning*, was inspired by her deep fascination with the interconnectedness of all things.

It’s impossible to count the hours Sara spent on this piece. ‘I started by painting a wood panel with layer after layer of fine wax, then glazed it with dozens of layers of egg tempera washes,’ she says. ‘Then I spent many, many hours drawing white lines back into the surface, washing back the paint, applying more. It’s definitely slow art,’ she laughs.

Egg tempera consists of pigments mixed with egg yolk. It was a primary method of painting from the first century AD until after 1500, when it was superseded by oil painting. ‘I started using egg tempera at art school after getting quite unwell from all the solvents and chemicals used in other paints. It was a blessing in disguise. Egg tempera is beautiful, and has a quality all of its own, with a lustre somewhere between watercolours and oils.’

A Melbourne girl originally, Sara moved into an idyllic shack at Cuttagee in 1995 where she was painting and drawing, and taking part in the Cuttagee Artists Group that exhibited every year alongside Four Winds. In 2002 she moved to Canberra to go to art school. The art degree was followed by a cultural heritage conservation degree, which led to a job on the conservation team at the National Library of Australia for eleven years. But throughout this time painting was always a priority, and she held multiple exhibitions most years.

Sara and her partner, fellow artist Peter Jordan, bought a cottage in Bega Street ten years ago. Until recently Sara moved between Quaama and Canberra but, since finishing her job as a conservator, she spends most of her time in Quaama and has a light-filled studio in the middle of the garden. ‘It’s funny,’ she says, ‘but now I have the time, and a spacious studio, I’m finding myself in the garden more than at the easel. It’s quite an adjustment, moving back to country life. But this will change.’

How will her success with the Paddington Prize affect her

work? ‘It was very encouraging to have my work acknowledged by such highly esteemed judges,’ she says. ‘It’s definitely more of an effort being a regional artist – without the momentum of the cities with all their galleries and artists. There’s a lot more driving and long distances involved, but it’s also incredibly inspiring, driving through the landscapes in this part of the world. And there are so many creative people living down here! We must be onto something,’ she smiles.

Interconnectedness is a recurring theme in Sara’s work, which she exhibits and sells at the Suki & Hugh gallery in Bungendore. ‘Each of my paintings is a quiet prayer in the hope that we can all have the courage to start living with this connectedness front of mind,’ she says.

Jen Severn



Sara with *Timeless beginning*, 120 x 120 cm, egg tempera and beeswax on board. (Note: B&W does not do it justice! To see Sara’s painting with its vivid colours, delicate brushstrokes and intricate lines in high resolution, go to www.sarafreeman.com.au/new-page-3 and click on the image).

Quaama on the Garage Sale Trail

On Saturday 16 November, the Quaama Hall was surrounded by stalls of goods as locals turned out to offload surplus resources. The Supper Room fridge broke down last week but after the small fees paid by stallholders and a generous donation from a community member, the Progress Association is now halfway to its

target to replace it. Good timing!

Ricky’s Place, a Bega charity that takes donated food and turns it into nutritious meals, operated out of the Supper Room and did a healthy trade. All proceeds will go to providing meals by donation at their community café at the St John’s Anglican Church Hall on Mondays.

The Garage Sale Trail is an initiative of Bega Valley Shire Council. An annual event, it offers residents a chance to declutter the shed, earn some cash and reduce waste heading to landfill.

‘A good time was had by all,’ says Diana Holmes, Vice President of the Progress Association. ‘People caught up with friends, they got rid of stuff, and picked up a bargain or two.’ Yes, the giant garage sale will be on the calendar next year too. ‘Bigger and better!’ says Diana.

Jen Severn



Photo Cecile Bower



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Supporting our community



Discover the magic of nature at Adam West’s exhibition

Join us for the opening night of Adam’s captivating photography exhibition, *Inspired by nature*, on Friday 3 January from 5.00 pm to 8.00 pm at the Bermagui Surf Life Saving Club. This year Adam presents a new collection of photographs showcasing his exceptional ability to capture the beauty of our coastal landscapes and seascapes infused with light, colour, shape and atmosphere.

Running from Saturday, 4 January to Sunday, 12 January, the exhibition will be open daily from 10 am to 6 pm.

Visitors can expect to go on a mesmerising journey where familiar scenes are transformed into evocative works of art. Adam’s passion for nature and talent for capturing its essence have earned him numerous accolades, including remarkable recognition in the Australian National Landscape Seascape awards – 14 of the 15 images he submitted were shortlisted in the final selection.



Camel Rock

Don’t miss this opportunity to experience the breathtaking artistry of a local talent who has spent over fifty years perfecting his craft. Whether you’re a local or visiting, this exhibition is a must-see event that promises to enchant you and

ignite your appreciation for our stunning coastal landscapes. Mark your calendars and prepare to be moved by Adam’s extraordinary vision!

Marg West

Fantasia at Gallery Bodalla

Justin Pearson’s rich collection of recent oil paintings, *Fantasia*, commences at Gallery Bodalla on Thursday 5 December running through to Sunday 5 January 2025. Please join Justin for opening drinks on Saturday 7 December at 3.00 pm with the lively music of local trio, The String Chickens – Julie Brooking, Lou Matheson and Martin Riley.

All welcome. With the luxurious use of paint on generous canvases, Justin contemplates the exquisite landscapes he has encountered on the drive from Bodalla to Mittagong. These impressive works are full of movement and light, brought together skilfully with the most beautiful use of colour.

I hope you can come along,

Please phone 0421 238 174 for more information or visit the Gallery Bodalla website.

Valerie Faber



Planted in the 70s

Lizards go troppo

The Lazy Lizard Gallery, Side room, January 2025

For their *Lizards go troppo* summer exhibition, members of the Lazy Lizard Gallery will be bringing in new pieces. The tropical heat of a south coast summer will inspire the Lazy Lizards to produce wild works of art and boost their creative abilities to the limit. These creations will be displayed in new forms and artworks during the Troppo period.

The long, warm days of summer will be celebrated. Opportunities to view a variety of experimental works that are thought-provoking, nature-inspired and capture the laid-back summer vistas and landscapes will be provided at the *Lizards go troppo* exhibition during the month of January 2025.

Gabrielle Powell



Caravãna Sun returns to Four Winds for a stellar summer lineup

Get ready for a day of vibrant music and sunshine at Four Winds, as the acclaimed Caravãna Sun returns to the Sound Shell outdoor amphitheatre on Saturday 18 Jan. This dynamic event promises an unforgettable afternoon of explosive performances, featuring Caravãna Sun, Sunday Lemonade and The Dirty Manes.

Since their formation in 2010, Caravãna Sun has captivated audiences worldwide with their infectious blend of rock, reggae and electronica. Known for their high-energy live shows, the Sydney-based band has shared the stage with legends like Madness and UB40. Their critically acclaimed album *Guerrilla club* has solidified their place as one of Australia’s most exciting live acts.

Joining them on stage are the uplifting indie-folk duo Sunday

Lemonade, fresh off their win at the Nannup Music Festival, and the up-and-coming South Coast band, The Dirty Manes, whose indie rock, folk and country sounds are winning hearts across the region.

This family-friendly fiesta will offer food trucks, drinks and a relaxed atmosphere perfect for a summer’s day. With gorgeous natural surroundings and world-class music, Four Winds is the ideal location to come together and celebrate the joy of live performance.

Tickets and info: Go to the Four Winds Bermagui website. Saturday 18 Jan from 2.00 pm to twilight

All ages welcome!

Madison Phillips



Caravãna Sun at the Four Winds Sound Shell, photo by Jacoby May

Is your voice being heard?

When we sing, we raise our voices to their full potential. It’s a great way to ‘get it off your chest’. Singing in harmony with a group of people stimulates the production of dopamine (the feel-good hormone) and oxytocin (the reward hormone).

Eva used to sing years ago in the school choir but, when she turned fourteen, they all went off it because it was too daggy. There was a bit of singing with the hairbrush to the mirror, but she grew out of that too. Then came singing lullabies to a baby and, somewhere in the back of her mind, there was a longing to really raise her voice – to let it rip. A few years later a friend gave her a birthday present of a singing lesson. She said, ‘Try it. I think you’ll like it.’ And a whole new world of singing opened up.

Steve played drums for a while in a friend’s weekend garage band. Watching Dave take the lead vocals he always felt a bit envious that he didn’t have a mic because he figured he’d be good at it with a bit of practice. For Dave’s birthday they all went to a karaoke bar and he finally got his hands on the mic, but the hangover next morning made him wonder if it was worth it. Dave told him he had a good voice and suggested he take lessons and one day soon he’ll get round to it.

Richard Lawton is running two singing workshops in Bermagui Sat 21 Dec and Sun 22 Dec see advertisement on page 11.

Richard Lawton

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Giiyong Festival

Giiyong Festival, the largest multi-arts Aboriginal cultural festival in southern NSW, took place on Saturday 9 November, at Jigamy, an Aboriginal-owned property on Thaua Country, between Pambula and Eden, on the shores of Pambula Lake.

The day was filled with celebration, community, truth-telling and Cultural immersion. Organised by South East Arts, Twofold Aboriginal Corporation, and Eden Local Aboriginal Land Council, this was the fourth Giiyong Festival since its debut in 2018.

‘Giiyong’ means ‘come to welcome’ in the south coast languages spoken by Elders. True to its name, the festival invites everyone to experience the rich cultural activity of the region. The event was opened with a special Welcome to Country from Uncle B.J. Cruse and a smoking ceremony and dance by Eden’s Duruunu Miru Dance group led by Shaquille Aldridge.

Alison Simpson, Joint Interim CEO of Twofold Aboriginal Corporation said, ‘Giiyong Festival is more than just numbers through the gate. We hope that people take home a sense of welcome and unity, that they feel they have learnt something new, and they have felt the strength of our culture.’

This year’s program was spread over four zones, covering everything from music, dance, language, arts and crafts, as well as food and ideas. The speakers program highlighted the emergence of strong youth leadership within the local Aboriginal community. There were presentations and performances from Ripple Effect Band from Maningrida, NT and Punkiliyarra, a special collaborative project with people from Roebourne, WA



Nooky at the Giiyong Festival 2024. Photo David Rogers Photography

and arts and social change organisation Big hART.

Ms Simpson chaired a panel of language specialists – Aunty Ellen Munday (Djirringanj), Aunty Vivian Mason (Walbunja), Jacob Chant-Morris (Gumea-Dharawal) and Darren Wighton (Wiradjuri) – who shared insights on the different projects and approaches happening in various communities to explore and revive traditional languages.

Festival goers were treated to a wide range of experiences. From the music program headlined by rapper BARKAA, to the kids’ program featuring Sean Choolburra, to cultural demonstrations, workshops and cooking demonstrations, as well as some 30 other Aboriginal creators and makers selling everything from traditionally carved emu eggs to native plants.

Julie Wilson from Guiltfree Gourmet in Orbest in Victoria, won the Best Use

of Native Ingredients Prize, presented by chef Mark Olive, with her excellent Bush Tucker Tasting Plate and was one of ten food vendors from around the region.

The late afternoon saw all participating dance groups come together for *Dhilwaan Yarrkural* (Nightfall Dance). Ms Simpson said, ‘It’s a special moment at each Giiyong Festival, when multi-generational dance groups celebrate in the Bunaan Ring.’

Festival Director Jazz Williams reported that over 2500 people attended the event and that the far-reaching economic benefits of Giiyong to the region were still being tallied.

‘Giiyong is an important event for our region and has broad appeal. One message that is coming through loud and clear from audience members this year is their appreciation of the contribution of local Aboriginal youth to the event – as volunteers, crew, performers and presenters,’ Ms Williams said.

Almost 90 volunteers worked across the course of a week. ‘We rely very much on our volunteers and it’s always great to see so many people put their hands up. In particular, the labour assistance received from the Social Justice Advocates of the Sapphire Coast and Campbell Page, Eden is invaluable.’

Giiyong Festival is a unique opportunity for the South East NSW community to come together in celebration of Aboriginal arts, Culture, reconciliation, and resilience. The festival is supported through sponsorship and donations and partially funded by Create NSW. Organisers welcome conversations regarding further financial and in-kind support from interested parties.



BARKAA at the Giiyong Festival 2024. Photo David Rogers Photography

A weekend of musical harmony and enthusiasm

‘This is the sixth song we have learned today,’ I thought on Saturday afternoon at the Bermagui Community Centre. ‘How can we achieve so much in only five hours, while having so much fun?’

This was 1 November, Day 1 of what Tony Backhouse has accomplished so often at his thoroughly enjoyable workshops over many, many years – my first workshop with him was thirty-two years ago. And Day 2 did not diminish this feeling of uplifting pleasure induced by sharing vulnerability and vibrations while singing with a crowd of like-minded folk from near and far.

To give this some perspective, the average age of those participating was probably close to 45 (one seven-year-old was present), some had previous or current choral experience, others were exploring the whole concept of *a capella* music – singing without musical accompaniment.

So, to learn one song in four parts without sheet music is a challenge for anyone, so to have learned six is remarkable. This indicates the ease and skill with which Tony taught the group. When I say learn, after the fourth or fifth song, we did need a refresher to recall the earlier pieces yet, in each case, they came back readily.

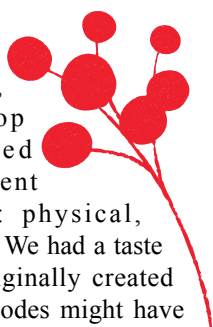
Why would we (or anyone) spend good money to undergo this kind of experience, you may ask? Reason one: at any age, it is exciting to capture and confidently present new information or ability to others and that is what occurs in these workshops. Another benefit is that we heard from where these nineteenth century gospel songs came and their deeper meanings – to discover the messages to be gained through the creativity and bravery of their composers. Born of suppression and the urge to be free of their chains of slavery, their positivity about a better future

was almost palpable.

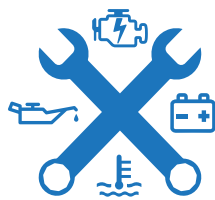
And beyond the intellectual value-adding, the whole workshop atmosphere enabled wholistic enhancement without judgement: physical, emotional and spiritual. We had a taste of what those who originally created and lived these vocal codes might have experienced, through laughter, beating time with hands and feet, building a feeling of connection and optimism.

In short, the singing workshops that Tony Backhouse offers across the world serve community and individuals in a myriad of ways and are to be highly recommended. If we can talk, we can sing, so do not be hindered by lack of knowledge or experience of music and singing. When the next workshop comes to town, join us.

Paul Payten



The pleasure of attending a Tony Backhouse workshop. Photo Deb Worgan



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Shop7 ArtSpace Gallery
farewells Helen Morris

This Christmas, Helen Morris is retiring after eleven years at the Shop7 Gallery.

Helen was one of the founders and has worked tirelessly in her administrative and creative contributions ever since.

She puts her hand to a variety of arts and crafts, including drawing, painting, printmaking, and sewing, with an emphasis on aquatic life and scenes around Bermagui.

We wish Helen well in all her future endeavours.

Shop 7 ArtSpace Gallery showcases local art and is upstairs at the Bermagui Wharf. Open from 10.30 am to 3.00 pm, every day except Tuesday.

L. Jenkins



Helen Morris and Jenny Mein, original members of Shop7 ArtSpace Gallery, Bermagui
Photo L Jenkins

Pepper & Davies – a Tribute to Joni Mitchell

Contemporary folk duo Pepper & Davies are a unique blend of a classical-pop chameleon’s grace with an infamous blues man’s groove, and together we write lilting and dancing songs about sweet, gritty love and finding belonging within the modern landscape.

At the centre point of our duo’s varied songwriting influences is Joni Mitchell, and this year we have brought her into focus with the creation of The Joni Mitchell Portrait Series. Weaving together songs, paintings, travels and stories of Joni Mitchell, we have been presenting an ever-evolving collection from *Clouds*, *Ladies of the Canyon*, *Blue*, *Court & Spark* and *Hejira*, dotted with the odd song by a lover or contemporary, and some songs of our own that highlight Joni’s deep influence. With a musically authentic approach via Damon’s re-tuned guitar strings Joni-style and Zoey’s expressively lilting and sweeping voice, we aim to transport listeners into the Joni zone!

After concerts in Tanja and Tilba earlier this year, The Joni Mitchell Portrait Series returned on Saturday 16 November at the Mountain View Farm, Tilba Tilba,

where listeners settled into the rustic barn lounge with their picnics and wine to enjoy a red velvet curtained show, despite diabolical winds out beyond! These intimate concert settings are our favourite way to connect with an audience.

The Series continues through December at Red Door Hall, Moruya, Saturday 7 December at 7.00 pm and the finale, featuring ten guest musicians, at Navigate Arts, Tanja, Saturday 14

December at 5.00 pm.
Whether you’re a long-time Joni fan, or a newcomer to her music, this concert series paints an intimate and authentic portrait of one of history’s most celebrated creators.
Follow Pepper & Davies Facebook events for more details or contact@pepperanddaviessmusic.

Zoey and Damon



Pepper & Davies at Mountain View Farm, Tilba Tilba



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Spiral Gallery

Artesanato Summer at Spiral Gallery – ‘cash, card and carry’ exhibition – runs 29 November 2024 to 14 January 2025.

Opening on Friday 29 November at 4.00 pm, a smorgasbord of original artworks from Spiral members and other South Coast artists for the summer season: ceramics, jewellery, clothing, prints, paintings, handcrafted wood, knives, baskets and more. *Oh, I do like to be beside the seaside* in Gallery 2 runs from 29 November to 24 December. Ceramic works by Lee Beatty, Nonie McKinnon and Jo O’Connor.

Ornamental and functional ceramics inspired by the sea and the seaside. Both exhibitions open on Friday 29 November at 4.00 pm. All welcome.

Extended opening hours 9.00 am to 5.00 pm from 16 to 24 December.

Enticing Possibilities in Gallery 2
Helen Morris, solo show – prints, paintings, collage and clothing – runs from 27 December to 14 January

Prints, paintings, collage and clothing.

Continual

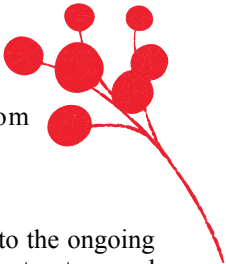
The work encompasses Marcus’s approach to the ongoing search for dynamic light, balance, composition, structure and colour working in parallel with an image’s ability to tell a story and take the viewer on a visual journey within the frame itself.

Closed 25, 26 December and 1 January.

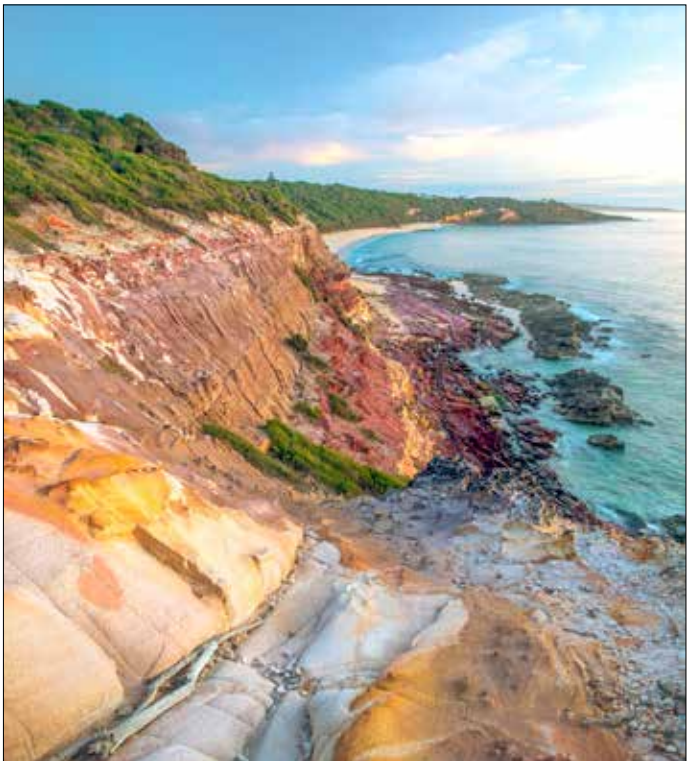
Spiral Gallery, 47 Church St, Bega.

Open Monday to Friday, 10.00 am to 4.00 pm

Saturdays 10.00 am to 1.00 pm



Honey birds Mandy Jackson



Marcus Ward Curran photography

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Amongst the trees

The Lazy Lizard Side room for December 2024

My recent works reflect my preoccupation with trees. Trees and the forest are very powerful subjects when you start working on them. They are something that talks to most of us. I think there is a heightened sense of how much we need the trees, and my work combines an aesthetic and ecological consciousness. For this exhibition I am further exploring the collagraph printing method working with a scalpel to then print it as an intaglio print. I am aiming at vibrant colours as I wish to project a positive moment, nature standing for optimism and possibility.

Doris Hoyne



A Tall Forest Doris Hoyne

For most of us trees are a familiar and inevitable part of the landscape in which we live. We can probably recall favourite trees from our childhood (in my case river redgums along the Murray where we used to camp as kids). Trees, and the memories we associate with them, help us connect time with place. We often relate to them as individuals and, despite their size and form, they



Autumn forest Shirleyanne Myers

seem to possess almost human qualities. As many of us know, hugging a tree can bring a deep sense of peace and well-being. My works for this exhibition are in my favourite mediums of watercolour and ink.

*Shirleyanne
Myers*

**Celebrating 20 years of art exhibitions at
Twyford Hall in Merimbula**

Hilary Peterson and Robyn Convoy have been exhibiting their creations at Twyford Hall, Merimbula for many years. In 2024, they will celebrate twenty years of exhibiting together. Meet the artists to celebrate and enjoy their large and small, colourful, varied and vibrant artworks: abstracts and representational paintings, prints, textiles, cards and much more will all be on sale.

The exhibition will be open for five days from 27 December to 31 December 2024, from 9.00 am to 5.00 pm.

Hilary Peterson



Ibis in the Wetland Hilary Peterson, acrylic on canvas

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Book Review

Summer reading list from *The Triangle* team

Deb Worgan:

Prima facie by Susie Miller, an important and powerful read.

About Grace by Anthony Doerr, an odd but intriguing story, beautifully written, about exile and returning.

The conversion by Amanda Lohrey, a novel about a change of heart paralleled with the repurposing of a church.

Flick Ruby:

The valley, Chris Hammer's latest tightly woven outback murder mystery, includes greenie protesters, good cops, bad cops, and greedy shysters, set in an imaginary town near us.

Doppelganger: a trip into the mirror world by Naomi Klein helps makes sense of the confusing complexity of online misinformation and the lurch to the right with crisp clarity.

The word for world is forest by Ursula Le Guin, a short but bewilderingly moving classic, hard to put it down.

Georgina Adamson:

The language of food by Annabel Abbs, about the writing of recipe books and their beginnings.

The island of missing trees by Elif Shafak, an intriguing, modern day fable, set in the present and the past.

Lessons in chemistry by Bonnie Garmus, great holiday read, funny and poignant, about a woman who stands her ground and won't be bullied.

Angela Marshall:

Talking to my country by Stan Grant, not new but still an immensely relevant book about Australia, colonisation, race and our shared history seen through the prism of his family's history.

Lola in the mirror by Trent Dalton, a novel set in Brisbane with difficult topics like domestic violence, homelessness and crime that is by turns funny, moving and sad but never bleak or hopeless.

The voyage home by Pat Barker, the just released third book in a trilogy that is a monumental retelling of the Trojan War through the eyes of the women involved – invasion, war, violence and death but so alive and human.

Linda Sang:

Tell me everything by Elizabeth Strout, a deceptively simple novel about sharing stories and histories with characters and places that are familiar to Strout's fans.

Mr Einstein's secretary by Matthew Reilly is an engrossing historical thriller that educates and entertains with a brilliant young protagonist.

Demon Copperhead by Barbara Kingsolver, a great retelling of *David Copperfield* set in Appalachia with an irresistible young hero finding his way through poverty, foster homes and opiates.

Stuart Absalom:

An equal music by Vikram Seth, a beautifully written novel about amazing music, love and relationships.

Waiting for the barbarians by J M Coetzee, a metaphor for human life written with immense depth and considerable ambiguity.

William Cooper: an Aboriginal life story by Bain Attwood, a well researched biography of an important but little known campaigner in the struggle for justice.

Tikka Wilson:

Three wild dogs and the truth by Markus Zusak, a heartfelt, laugh-out-loud funny, and sometimes confronting

reflection on family life in Sydney with various rescue dogs.

The overstory by Richard Powers, a novel about nine people, their relationships with trees, and their activism in relation to saving forests and our planet.

Mark Evans:

Gardening down-under: A guide to healthier soils and plants by Kevin Handreck, the ultimate guide to the science of gardening, will teach you how it all works and how to make it work for you.

Yates garden guide, first published by Arthur Yates in 1895 and now into its 45th edition, a family reference for five generations.

The grapes of wrath by John Steinbeck, a master of characterisation and the human condition – this is his masterpiece.

Marita Reynolds:

Going under by Sonia Henry, a darkly funny and sexy novel that blows the lid off the medical profession and life inside a hospital by a young doctor whose anonymous article about the pressures of trainee doctors went viral.

Scenes from my life: a memoir by Michael K Williams, from childhood through his early years as a dancer to his battles with addiction and the bar fight that left his face with the scar that was so prominent in his role as Omar in *The wire*.

Catherine the Great: life and legend by John T Alexander, covers all aspects of Catherine's life: brilliance as a political strategist, expansive foreign policy, extensive domestic reforms which revamped the Russian military, political structure and economy and, of course, her infamous love life.

Pet of the month

Kerri Brady

The Animal Welfare League NSW Far South Coast Branch would like to wish you and your pets a very merry Christmas and a safe and happy New Year. Thank you all for your continued support. If you haven't already heard, we now have an AWLNSW Inspector, Amanda Shane, based in the area. You will need to call 02 8777 4444 or complete the online form on Animal Welfare League NSW website and go to the report if you wish to make a complaint about cruelty or neglect. There is also an office in Carp Street, Bega.

The AWL team Helen Hall, Helen Anderson, standing, Kerri Brady and Santa



CROSSWORD		12	Constant (8)	22	Ultra (5)	DOWN:		7	Drawn (5)	20	Midwife (7)
ACROSS:		13	Owner (5)	24	Doodling (8)	1	Arch (4)	8	Monarchist (10)	21	Closeup (7)
1	Artichokes (10)	15	Risible (7)	27	Clockwise (9)	2	Tortoises (9)	9	Carolina (8)	23	Thorn (5)
6	Adam (4)	17	Epitaph (7)	28	Going (5)	3	Cries (5)	14	Pronounced (10)	25	Light (5)
10	Corgi (5)	19	Nostrum (7)	29	Done (4)	4	Onstage (7)	16	Barracks (8)	26	Ague (4)
11	Spinayam (4,1,4)	21	Changes (7)	30	Perpetuate (9)	5	Epistle (7)	18	Argentina (9)		

The Colours of Christmas

Red, green and white are among the most popular colours associated with Christmas. This iconic combination is believed to originate from the English Holly (*Ilex aquifolium*) with its evergreen leaves and bright red berries. Amidst the European snow, holly symbolised hope during the depths of winter and was integral to ancient winter solstice celebrations, long before the advent of Christmas.

In Australia, however, holly berries ripen between May and August, making it less suitable for our December festivities – unless you’re celebrating Christmas in July. Despite the abundance of plastic replicas, holly isn’t a practical choice for an Aussie Christmas.

One plant that has been adapted for our summer season is the Poinsettia (*Euphorbia pulcherrima*). Native to Mexico, poinsettias naturally change colour in response to shorter winter days. Australian growers use light and temperature control to encourage the plant to bloom during our summer, aligning it perfectly with the holiday season. If you replant your poinsettia, expect it to revert to its natural winter flowering cycle.

For a splash of festive red from closer to home, the *Metrosideros* species, commonly known as the New Zealand Christmas Bush, offers an excellent alternative. With evergreen foliage and fluffy red flowers that bloom in early summer, these versatile plants range from large trees like *M. excelsa* to compact varieties such as ‘Little Bridget’ (1m x 1m), ‘Mini Christmas’ (2m x 1m), and ‘Firecracker’ (4m x 2m). These smaller cultivars are perfect for hedges or container planting.

Our most local and beloved native Christmas plant is the NSW Christmas Bush (*Ceratopetalum gummiferum*) that grows naturally from Ulladulla to Evans Head. Like the poinsettia, its



Poinsettia



NSW Christmas Bush



Ozothamnus

striking red hue comes not from the flowers but from the enlarged, blushing calyx lobes that appear after flowering. This plant has been a festive staple since colonial times, used much like holly in European traditions. Its vibrant red bunches make stunning, long-lasting cut flowers. Cultivars like ‘Albury’s Red Red Red’ and ‘Johana’s Christmas’ boast especially rich scarlet tones.

For a quick and easy festive touch, consider planting red and white petunias in baskets or pots. Pairing white petunias with red salvias creates another eye-catching combination. Alternatively, look for red-and-white bi-coloured petunias to bring a cheerful holiday vibe to your garden.

Around the town gardens, oleanders are putting on a flower flush, as are the bougainvillea. One of our favourite colour combinations draws to a close as the jacarandas and Illawarra flame trees wind up their festive flower drop.

In the wild places, on the Triangle roadsides, keep an eye out for the two-metre tall native shrub *Ozothamnus diosmifolium*, with its tight clumps of small white papery flowers occurring at the ends of branches.

In the vegie garden, it’s still a great time to plant fast-growing summer favourites such as cucumbers, beans and zucchini, as well as blocks of corn, and more tomatoes and pumpkins. Times are hot and dry, so

keep up the water and mulch any bare soil. If wilting becomes a problem, consider using shade cloth during the hottest part of the day.

Any comments, gardening questions or plant or pest identification problems, send them through to gardening@thetriangle.org.au. We will get back to you.

Happy growing and Merry Christmas.

Drinking Water Deliveries



Phone

0439 164 176

BVSC Accredited

Cooking for crowds

I have been thinking a lot about my Mum lately, particularly in relation to her feeding a household of eight people – Mum, Dad, five kids, and Grandma. Mum was a very good cook and I spent a lot of time learning to cook with her. When there was a roast, I would make the gravy from the juices of the roasting pan and then prepare the custard to go with one of her many steamed puddings or apple sponges.

Some of my fondest memories of my Mum were helping her to cook dinner for everyone.

Mum had a specific menu for each day of the week depending on how much money she had, but I can still remember

every Friday morning, the butcher would deliver meat for the week – a leg of lamb or stuffed roast beef roll, lamb chops, mince to make rissoles, chuck steak for a stew and sausages. Fridays would always be fish, unless it was Good Friday and no meat was allowed. Saturday lunch was usually a family meat pie if anything was left over from Dad's bakery shift and Sunday lunch was a plate of salad with Strasburg.

Each week Mum would cook a gingerbread cake, and we usually grabbed a slice after school before heading off to athletics or soccer training. I hope you enjoy the recipes as much as we did as kids!



Gingerbread cake

Ingredients

- ½ lb (227g) butter or margarine (softened)
- ½ lb (227g) white sugar
- 4 eggs
- 4 tablespoons golden syrup
- 1 lb (454g) plain flour
- 3 teaspoons mixed spice
- 4 teaspoons ground ginger
- 1 teaspoon bicarbonate of soda
- 1 cup (237ml) milk

Directions

- Pre-heat the oven to 350 degrees F (180 degrees C). Grease and line the bottom and sides of a 9-inch (23 cm) square cake tin.
- Beat the butter and sugar until creamy. Add the eggs one at a time and beat until light and fluffy. Stir in the golden syrup until smooth.
- Sift the flour, spice and ground ginger into a large bowl. Gradually add the flour mixture to the creamy mixture, folding the mixture after each addition until it is combined.
- Dissolve the bicarbonate of soda in the milk and fold it into the cake.
- When the mixture is smooth, pour it into the prepared cake tin. Bake in the preheated oven for 1.5 hours. Insert a cake tester needle or toothpick in the centre of the cake. If it comes out clean, remove the cake from the oven. If not, bake it for a further 10 to 20 minutes until it is cooked.
- Place the cake, still in the tin on a wire rack and cover with a warm tea towel. Let the cake cool before removing it from the pan. Cut into slices and serve alone or with butter, whipped cream or a caramel sauce.



Fruit cheesecake

Ingredients

- 155g Granita biscuits
- 75g butter
- 825g can fruit salad in juice
- 1 tablespoon powdered gelatine
- 375g cream cheese
- ½ cup caster sugar
- 1 cup whipped cream

Directions

- Grease the bottom and sides of a 9-inch (23 cm) springform cake tin.
- Crush the Granita biscuits (I place them in a plastic bag and crush them with a rolling pin) and place them in a small mixing bowl.
- Separate the fruit salad from the juice. Heat the juice in a small pan and dissolve the gelatine in it. Leave the mixture to cool.
- Melt the butter and add it to the crushed biscuits. When combined, press into the cake tin and refrigerate.
- Beat the cream cheese and caster sugar until creamy. Add the cooled juice mixture to it and beat until combined.
- Whip the cream until stiff (you can turn the bowl upside down and it won't fall out). Fold the cream and the fruit into the cream cheese mixture. Pour the filling into the biscuit base and refrigerate for three hours or overnight.
- Remove the cheesecake from the springform tin, cut into serves.

COMMUNITY NOTICES

Community Notices are advertised in *The Triangle* for non-profit groups free of charge. If your organisation would like to be listed or if details change, please contact us at: contributions@thetriangle.org.au

ALCOHOLICS ANONYMOUS

Bermagui Saturdays 2pm at the Anglican Church Hall, Ph: Dave on 6493 5014

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints - every Sunday 8.00am
Cobargo: Christ Church -
1st, 2nd, 3rd Sundays 10.00am
Quaama: Quaama School of Arts Hall -
4th Sunday 10am
Ph: The Reverend John Thomas 0427 260 833

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. All Welcome.
Family Service Sundays 10.00-12 am

BERMAGUI CROQUET CLUB

Every Sunday morning at 10 am
behind the Bermagui Country Club.
Beginners and new members welcome.
Contact Bermagui Country Club on 6493 4340

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfpreston@bigpond.com

BERMAGUI DUNE CARE

Meets on the 3rd Sunday of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon,
venues vary. Phone Christine 0400 301 040

BERMAGUI HISTORICAL SOCIETY

Museum Open Tuesdays and Thursdays
10am - 2pm. Researchers & helpers welcome.
Contact bermaguimuseum@gmail.com

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs
each month at Cobargo Hotel & 3rd Thurs at
Bermagui Country Club at 12 for 12.30 pm
Enquiries: Geoff 0407 164 466

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581.

BERMAGUI MEN'S SHED

Meets Tues, Thurs & Sat from 10am @
new shed adjacent to the council depot on
Bermagui Tathra Rd. All men are welcome.
Contact Ian Bailey 0409 691 458

BERMAGUI PROBUS

Meets at 10am to 12pm on the 2nd Monday of
each month at the Men's Shed meeting room.
Bermagui Tathra Rd. Contact Lorraine Courtis
email1cou6446@bigpond.net.au

BERMAGUI SENIORS' SOCIAL CLUB

Meets the 1st Wed, 11.30 am at the Bermagui
Country Club, with social luncheons to follow.
New members are most welcome.
Enquiries: bermaguiseniors@gmail.com

CATHOLIC CHURCH

Weekend Mass times.
Bermagui - Sun 7:30am Cobargo - Sat 5pm

COBARGO AND DISTRICT ENERGY TRANSITION GROUP INC (CaDET)

Email - renewablecobargo@gmail.com
www.renewablecobargo.com

COBARGO COMMUNITY DEVELOPMENT CORPORATION

Registered Charity - Rebuilding Cobargo
Unit 5 & 6 / 48 Princess Highway, Cobargo
ccdclimited@gmail.com - www.ccdc.org.au

COBARGO CREATORS

Established in 2012, a volunteer-run, not-for-profit art collective. Manages the Cobargo Creators Art Gallery. New members and volunteers always welcome! Committee meets monthly. email: mail@cobargocreators.org

COBARGO CWA

Meets in the CWA Rooms, 5 Bermagui St
2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com
Cottage Hire 6493 6428 or 0429 933 686

COBARGO DISTRICT MUSEUM

The Cobargo Museum: researching local history, old photos & information.
New members welcome.
Contacts: Vicky Hoyer 0422 377 278
Bev Holland 0408 280 024

COBARGO PRESCHOOL

Child centred, play based preschool education for 3-5 year olds.
Mon - Thurs during school terms
0455 043 489 cobargopreschool@gmail.com
www.cobargopreschool.com.au

COBARGO QUAAMA BUSINESS RECOVERY GROUP INC (CQBRG)

New Members Welcome!
Enquiries: CQBRG Secretary Ph: 0418 361 781
e:cqbrgroup@gmail.com www.cqbr.org.au

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone Kathy Rix 0488 048 701

COBARGO SCHOOL OF ARTS

Hall bookings and inquiries:
Linda 0407 047 404 / cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 18yrs. Meetings 6.30pm to 8pm in
school term Cobargo Showground dining hall.
Contact Graham Parr on 0429 936 795.

COBARGO SHOWGROUND

Contact: Mike Nicholas m: 0414 012 287
e: miknik62@hotmail.com for bookings

COBARGO SHOW MEETING

Monthly 2nd Wednesday, 7.00 pm - Cobargo
Showground dining hall. Contact Naomi 0417
456 354 secretarycobargoshow@yahoo.com.au

COBARGO TOURIST & BUSINESS ASSOC

Meets every 2nd Tuesdays, 6pm @ the CWA
cottage. Contact: Janet Doolin 0409 033 828

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. Contact Nick van Stek, Pres.
0439 361 118 or Felicity Ruby, Sec. 0452 161 673

MOBILE TOY LIBRARY

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All parents of children 0-6 welcome to join.
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guest speakers & special events.
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Contact: Linda Chapman 0422 273 021

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am-3.00pm in the CWA
Cottage, Bermagui Road, Cobargo. Anyone
welcome who does patchwork, quilting, or any
other fibre or needlecraft. Contact Lorraine
James 0459 022 368 or Leanne Tett 0408 627 103

QUAAMA MEN'S SHED

Meets Weds from 10am, 20 Bermagui Street
John Preston (President) 0429 179 184
Ron Higgins on 0408 788 528.
All men are welcome.

QUAAMA PROGRESS ASSOCIATION

New members welcome. Phone: 0408 411 956
quaamaprogress@gmail.com

QUAAMA RENEWAL PROJECTS

quaamarenewalprojects@gmail.com
Phone: Veronica 0437 263 128
www.facebook.com/quaamarenewal

QUAAMA SCHOOL OF ARTS

Hall bookings and inquiries:
Call 0408 411 956
quaamahallbookings@gmail.com

SOAPI COMMUNITY THEATRE

School of Arts Players Inc (SOAPI) writes,
produces and performs theatre in the region.
10 years to adult. No experience necessary.
Facebook @SOAPItheatre or call
Robyn Freedman 0410 525 968

TILBA CWA

Meeting 2nd Thursday of the month, 10.30 am
Tilba small hall, Bate Street, Central Tilba
Contact: Teresa Stubbings 0417 418 447

TILBA MARKET

Home grown, Hand made,
Grow it, Make it, Sew it, Bake it.
Every Saturday 8am to 12, Central Tilba Hall
Stall booking essential. Phone 0490 130 478.

TRIANGLE TOOL LIBRARY

Behind the Cobargo Co-op
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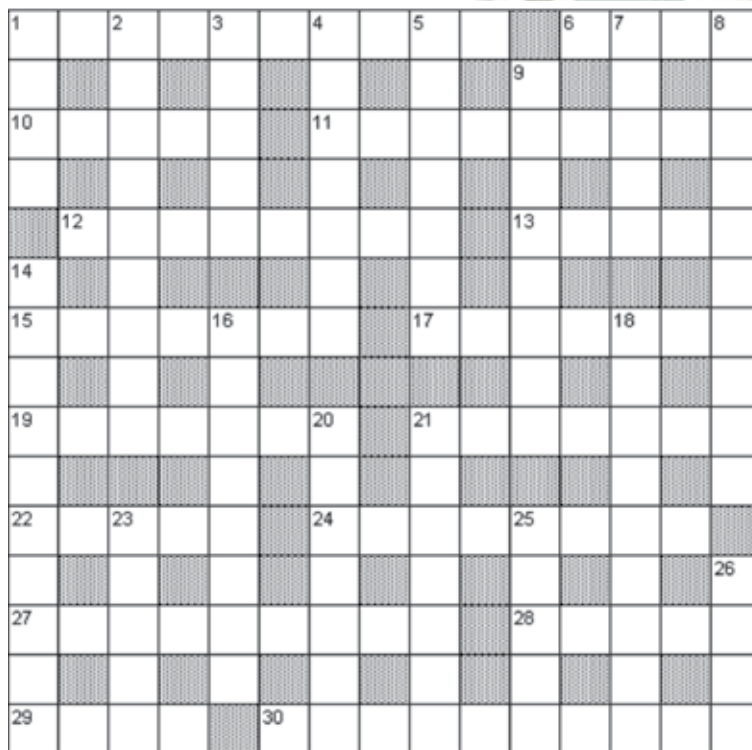
UNITING CHURCH SERVICES

Narooma - Sundays at 9am, 134 Wagonga St.
Cobargo - 2nd Sunday at 11.00 am.
4th Sun Prayer & Praise (ecumenical) at 11 am.
38 Bermagui Road, Cobargo
Phone Di: 4476 2024 mtdromedary.uca.org.au

THE YUIN FOLK CLUB

Details at www.cobargofolkfestival.com
Ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

CRYPTIC CROSSWORD



Compiled by
BCC

This crossword has
been compiled by the
Bermagui Cryptic
Crossword group.

We hope you enjoy it.

If you have a game, quiz or crossword
you would like to see on the
Game On page, send it to
contributions@thetriangle.org.au

ACROSS

- 1 Picture me strangle vegetables. (10)
- 6 Sure to squash insect in garden for first partner. (4)
- 10 Liz's favourite is the left out crazy company lass. (5)
- 11 Turn a thread to tell an unlikely story. (4, 1, 4)
- 12 Always unable to keep lost tons. (8)
- 13 Personal queen holder. (5)
- 15 Funnily the French river bird is funny (7)
- 17 Grave memory is strangely happiest when down south. (7)
- 19 Refuse to play ukulele as panacea. (7)
- 21 Shaking, cold, he sang for improvements. (7)
- 22 Tumult raged, hiding way out. (5)
- 24 Mindlessly scribbling and performing with over dose left inside. (8)
- 27 Clever game face direction. (9)
- 28 On the way Ryan takes out Stan Lee. (5)
- 29 The points made after the party are complete. (4)
- 30 Each favourite rose up quietly leaving to consume continuously.(10)

DOWN

1. Mike left the walk to reveal a curve. (4)
- 2 Reptiles ate endless cake with sounds (not new) playing. (9)
- 3 Odd curliness makes the baby upset.
- 4 Silver surrounded by broken rock, performing. (2, 5)
- 5 Heavenly news listens for a male? (7)
- 7 Marrying right with a morning sunrise and feeling close. (5)
- 8 Revolutionary without a leader has two more reasons to kneel before the king. (10)
- 9 A locrian mode puts one in a spooky state. (8)
- 14 Dr once upon drunkenly is prominent. (10)
- 16 Former US President around race and, class final supports team. (8)
- 18 Silver in a South American country. (9)
- 20 She delivers wide and firm, not getting right. (7)
- 21 Enlargement is nigh! (5,2)
- 23 How to make trumpet horny: insert irritation. (5)
- 25 Illuminate in delightful insiders. (5)
- 26 Vague omits five for archaic illness. (4)

Answers on
page 39

SUDOKU

3	6	2		9			7	
7			4		2			8
	4							
2				5		8		
4	1		8		6		5	2
		7		4				3
							1	
1			3		9			4
	2			1		3	8	7

Merry
Christmas

For the fridge door

DECEMBER	WHAT	WHERE	TIME
All Dec	<i>Amongst the trees</i> Doris Hoyne, Shirleyanne Myers pg 38	Lazy Lizard, Side room	M-Sat 10 am - 2 pm
	<i>Artesanato</i> cash and carry members	Spiral, main gallery till Jan 14. Gallery 2 till Dec 24 pg 37	M-F 10 - 4pm
	<i>Oh I do like to be beside the seaside</i> ceramic works, various artists		Sat 10 - 1 pm
Sun 1	Tony Jagers	Tilba Winery & Alehouse	12 noon
Thurs 5	<i>Fantasia</i> Justin Pearson oils pg 31	Gallery Bodalla opening Sat 7	Times: website
Fri 6	<i>Celebrate Cobargo</i> food, stalls, activities for the whole family	Main Street, Cobargo & the carpark in front of the Hub	4 pm - 9 pm
Sat 7	Late night shopping, celebrate, shop and enjoy buskers throughout the town	Central Tilba pg 24	10 am - 8 pm
	Sam Fletcher	Tilba Winery & Alehouse	12 noon
	Tribute to Joni Mitchell Pepper & Davies pg 36	Red Door Hall, Moruya	7 pm
Sun 8	Totum	Tilba Winery & Alehouse	12 noon
	<i>Get a little lost</i> , Dylan Wright tickets	Tilba Winery & Alehouse	5 pm
Sat 14	Phoebe Hamilton	Tilba Winery & Alehouse	12 noon
	Tribute to Joni Mitchell Pepper & Davies, plus 10 guest musicians pg 36	Navigate Arts, Tanja	5 pm
Sun 15	Felicity Dowd	Tilba Winery & Alehouse	12 noon
Sat 18	<i>Caravana Sun</i> , Sunday Lemonade, Dirty Manes, family friendly pg 32	Sound Shell amphitheatre, Four Winds, Barraga Bay	2 pm - twilight
Fri 20	Community Christmas carols brass band, Santa, Valiant coffee pg 26	Bring a picnic to the lawn of the Bermagui Lifesaving club	5 pm onwards
Sat 21	Dale Huddleston	Tilba Winery & Alehouse	12 noon
Sun 22	Mel T Duo	Tilba Winery & Alehouse	12 noon
Tues 24	Carols by candlelight, gifts for kids, candles for all pg 12	Apex Park cnr Princes Hwy and Cobargo Bermagui Rd	7 pm
Weds 25	Bowerbird Christmas lunch pg 12	Cobargo School of Arts hall	Gather @ 11.30
Fri 27 -31	20 years of art exhibitions Robyn Convoy & Hilary Peterson pg 38	Twyford Hall, Merimbula	9 am - 5 pm
Fri 27 - 14 Jan	<i>Enticing Possibilities</i> Helen Morris, solo exhibition pg 37	Spiral Gallery, Gallery 2	M-F 10-4 Sat 10-1
Sat 28	Beach Bar Swing DJ	Tilba Winery & Alehouse	12 noon
Sun 29	Dean Abbott	Tilba Winery & Alehouse	12 noon
	Daniel Champagne ticketed	Tilba Winery & Alehouse	6 pm
JANUARY			
All Jan	<i>Lizards go troppo</i> members exh pg 31	Lazy Lizard Gallery side room	M-Sat 10-2pm
Weds 1	Hump/NY day with Tony Jagers	Tilba Winery & Alehouse	11 am
Sat 4	Greg Kew	Tilba Winery & Alehouse	12 noon
Sun 5	Punkalla Holler	Tilba Winery & Alehouse	12 noon
Sat 11	Ava Khan	Tilba Winery & Alehouse	12 noon
Sun 12	Benji Fowler	Tilba Winery & Alehouse	12 noon
Fri 17-12 Feb	Photography Marcus W Curran pg 37	Spiral Gallery M-F 10-4	Sat 10-1
Sat 18	Manchild & The Blues Kids	Tilba Winery & Alehouse	12 noon
Sun 19	Phoebe Hamilton	Tilba Winery & Alehouse	12 noon
Sat 25	Tony Jagers	Tilba Winery & Alehouse	12 noon
Sun 26	Cobargo Citizen of the Year pg 14	Cobargo School of Arts	11 am onwards
	Jason Maynard	Tilba Winery & Alehouse	12 noon
	Jack Biilmann ticketed	Tilba Winery & Alehouse	4 pm