

## Bermagui Medical Centre's happy update

There is good news for a change. A lot of you might have noticed that, after several months of reduced opening hours, we are open again five days a week. We are extremely lucky to have a lot of doctors now and are happy to accept new patients as well as offer appointments with almost no waiting times.

Our Bermagui Surgery was in a lot of trouble last year, resulting in the closure of the surgery on Tuesdays and Thursdays. Our struggling clinic team reached out to you, our community, and received an overwhelming amount of support. Hundreds of emails were posted to politicians, and people even offered up accommodation 'for the new doctors'. Most of all, people became much more appreciative of what we try to do. Thank you all for your support that we value more than you can imagine.

The luxury of having a lot of doctors was not just the direct result of all our efforts – as not even our politicians and Prime Minister can just make more doctors appear. But word of mouth and our media presence meant that it did happen after all!

We have become somewhat unique – your response to our workforce crisis has not gone unnoticed. A recent medical conference was attended by the president of the Royal Australian College of General Practice, Dr Nicole Higgins, who pointed out

to everyone what an amazing example we have set in Bermagui and Narooma, rallying up an entire community for support. The ABC has been in contact with us several times. Our local MPs have noticed. This happened while everywhere else the desperation and frustration grow as people are unable to see a GP. Hospital Emergency Departments are increasingly overwhelmed with

presentations that should be dealt with in General Practice.

A lot of our doctors are transient. It is possible that our situation will change dramatically again early next year. Thanks to our College, we now have incentives we can offer to attract doctors to our area and there is more pressure than ever on our government to financially align the specialty of General Practice with any other specialty. I believe our greatest draw card remains the little paradise we live in. Our doctors, even the transient ones, are loving the work here and will advertise for us once they return home to their families and



Gundi Muller-Grotjan at her desk

other lives.

Forever thinking positive thoughts,

*Gundi Muller-Grotjan  
Principal GP of Bermagui Medical Centre  
and Lighthouse Surgery Narooma*

As I preview the files for this October issue of *The Triangle* (my turn to pen the editorial), I have a sense of optimism. I was struck by the amount of creative energy this small region produces in art, music and events. And it's not too late to catch the last of the River of Art and don't miss the marvellous Giiyong Festival in early November.

The Murrah Hall has extended its performing space with an outdoor amphitheater ... now that's exciting; and Four Winds continues with a busy calendar of events for all tastes.

We came, we collected the pamphlets, we voted and maybe ate a sausage sandwich ... that time, every four years, when everyone emerges to vote in the local government elections. You probably see people you haven't spotted for ages. Voting in this country, whether it be for local, state or federal elections, is a civilised, well organised affair and everyone is free to support whoever they wish. Now we wait for results. Will there be, like spring, a fresh start?

*The Triangle* team has been extended and continues to grow with new contributors. We are most fortunate to have the fine journalistic talents of Marion Williams, and appreciate her coverage of life in the Triangle, especially her staunch support

for the Bermagui Historical Society and Montreal Goldfield committee, both in dire need of volunteers to guarantee their survival. We cannot let these organisations disappear without a fight – after all, they are preserving our heritage.

Tikka Wilson has written this month's Open Sauce on the importance of beans in our diet. We'll be hearing more from her and Marita Reynolds, another new contributor. It's very healthy (just like the beans) for the paper to have fresh ideas and input, and a boon for some of us who are wearing out! We also invite readers to contribute – it's your paper too.

PS We haven't had many letters lately!

Please enjoy this month's *Triangle* and do send us some feedback.

### Apology

The Triangle editorial committee would like to apologise for inadvertently omitting Phil Constable, mayoral candidate in Eurobodalla, from our election information in the last issue..

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos..

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it

- accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
  4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
  5. Think about a headline for your story. Please don't leave it to us!
  6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and [cclsang333@gmail.com](mailto:cclsang333@gmail.com).

### Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered

## Join your fire brigade!

You can take up many different roles, for example, in communications, equipment maintenance, administration and catering. Just roll up and say g'day at your closest fire shed on a training night.

- **Cobargo** – Wandella Road – Thursdays 7.00 - 9.00 pm fortnightly.
- **Quaama** – Gordon St – Saturday 1.30 - 3.30 pm fortnightly.
- **Tilba** – Latimers Lane, Central Tilba – Monday 7.00 – 9.00 pm.
- **Bermagui** – 18 Bunga Street – Monday 5.00 – 6.30 pm fortnightly

### Get in touch or find us on Facebook

- **Tilba** – [centraltilba@farsouthcoastteam.org.au](mailto:centraltilba@farsouthcoastteam.org.au) 0448 100 974
- **Quaama** – [quaama@farsouthcoastteam.org.au](mailto:quaama@farsouthcoastteam.org.au) 0400 738 978
- **Cobargo** – [rftcobargo@gmail.com](mailto:rftcobargo@gmail.com) 0412 919 708
- **Bermi** – [bermaguirfb@gmail.com](mailto:bermaguirfb@gmail.com) 0474 201 859







## Thumbs UP

To *The Triangle* team for the great job they do in producing this superb publication each month. Great effort!

## Thumbs DOWN



To the tree vandals who have cut down old-growth, established banksias and other vegetation at the northern end of the Bermagui lagoon/wetlands to improve their Keating Drive views – shame, shame, shame!

If you have information about this selfish destruction, contact Council on 02 6499 2222.

Let's all be alert to chainsaws and protect this unique and beautiful area of Bermagui – habitat to important flora and fauna – including the majestic and under threat yellow-tailed black cockatoo.



## Gold was the cry!

Bermagui's golden past comes to life with a visit to the Montreal Goldfield. In the 1830s, Bermagui was just a small village port for the shipment of farm produce to Sydney, later becoming a major port for the growing timber industry.

The discovery of gold on the beach at Wallaga Lake in 1880 started a gold rush that brought hundreds of miners and their families in search of their fortunes. Within three years, the gold was depleted, but many miners decided to stay in the district with its flourishing agricultural, timber and fishing industries offering jobs for impoverished miners.

The history – and the mystery – of Montreal Goldfield has been recorded in a new documentary film, produced by local filmmaker Hiromi Matsuoka for the Montreal Goldfield Management Committee, and will premiere in Bermagui

on 10 October in the Bermagui Country Club auditorium at 6.30 pm.

Residents and visitors are invited to attend this free showing and learn about Bermagui's golden past. Local historian Peter Lacey will be the guest speaker and there will be a special performance of humorous and poignant mining poems by local poet Kai Jensen.

Montreal volunteers are hoping the film will inspire the local community to become involved in preserving Bermagui's golden past and they will be on hand to provide more information.

There will be lucky door prizes, a free family pass to join a guided tour at Montreal Goldfield and souvenir merchandise on sale.

For more information, please phone Carolyne Banados on 0402 064 802.

*Carolyne Banados*



Life on the Montreal Goldfield, 1880-1883

## Who does the work

### The Editorial Committee

Linda Sang (President)  
Stuart Absalom (Vice President)  
Tikka Wilson (Secretary)  
Bhagya (Treasurer)  
Debbie Worgan, Angela Marshall,  
Georgina Adamson, Steve Williams,  
Jacob Round, Flick Ruby, Marita Reynolds

### Advertising

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or ring 6493 8369 / 04 1955 1956

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Tilba: Stuart Absalom

All villages communications should be forwarded to:

[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

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Bluewave Seafood, Library, Visitors Centre

**Central Tilba:** Post Office, ABC Cheese Factory, Sweet Spot

**Cobargo:** Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

**Wallaga Lake:** Merrimans Land Council

**Narooma:** BP station, Library, Casey's Café, **Quaama:** The Quaama Store

### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

### Thumbs / Letters to the editor:

All communications should be forwarded to: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*  
PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers.

*The Triangle* is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated.

*The Triangle* is published every month except January and has a circulation of 1800 in print plus around 3000 unique online visits each month.

**SAVE THE DATE**  
**Community Church**  
**Christmas Carols**  
**Music: Bega Brass Band**  
**Where: Bermagui Surf Club**  
**When: Friday 20**  
**December 2024**  
**Time: from 5.30 pm**  
**Bring picnic blanket/chair**



~~\$3.00~~



Each edition of **The Triangle** cost **\$3.00** to produce. Please donate what you can.

## End of Life Matters tidying our digital legacy

We often think about what we leave behind physically, but what about your digital legacy? We have a digital *presence* and we own digital *assets* – these make up our digital *footprint*. If we don't arrange to have this footprint cleaned up when we die, our information will stay in cyberspace creating an opportunity for identity theft and reputational damage.

This is so involved that I run a three-hour workshop on this subject, but here's a snippet to get you started:

*Digital assets* include music, art, books and photos we've bought online, cryptocurrency, software we've purchased such as Word365, Canva or Adobe; our web domains, money in online gambling sites, Flybys and Frequent Flyer points and any educational courses we've paid for.

*Our digital presence* includes social media such as Facebook, Instagram, X/ Twitter, TikTok, LinkedIn, email accounts (Gmail, Outlook, Yahoo and Hotmail), message services (Messenger, WhatsApp, Facetime), any blogs or YouTube videos we post.

*Digital services* we may be subscribed to – including Netflix, Apple TV, PrimeTV, Disney+, Audible, Zoom, Dropbox,

iCloud, Spotify and dating apps.

Here's how to start cleaning up your digital footprint:

1. Work out your digital footprint and create a digital archive: a list of all your subscriptions, logins and passwords.
2. Clean it up regularly. (Download photos and videos from your phone, Facebook etc. and save them onto a hard drive; unsubscribe from newsletters etc.).
3. Appoint a 'digital executor' (they must be tech savvy) to manage or close down your online activity (they'll need access to your archive).
4. List your preferences (do you want a Facebook memorial or do you want it deleted entirely?).

At the very least ... If you have a security password on a phone, computer or laptop, make sure someone knows it. And if you have things stored on iCloud or similar, let someone know the login and password so they can download everything and close the account.

Shanna Provost  
[www.rest-easy.com.au](http://www.rest-easy.com.au)



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# Chasing a fulfilling career in rural medicine

Did you know that medical students from the Australian National University, the University of Wollongong and the University of Sydney undertake training on the south coast of NSW? You may have encountered them at a GP clinic or hospital in the Bega Valley or Eurobodalla.

Choosing a medical placement in rural areas offers students a unique and rewarding professional experience, providing opportunities for personal and professional growth. At the same time, rural communities, like ours, benefit from having students who, hopefully, enjoy the positive aspects of living and working in a rural community and who might commit to a rural practice once they graduate.

The Australian National University (ANU) offers medical students the opportunity to spend the whole of their third year in the Bega Valley or Eurobodalla where they complete an integrated teaching program that encompasses community health, medicine and surgery across all ages.

They spend time with patients at their bedside and learn from senior clinicians and multidisciplinary healthcare teams. They are mentored by clinicians and, through practice, develop their clinical skills with patients.

Importantly, students can also become a part of the local community through sporting and other activities and to try out the diverse recreational activities that each region offers.

Cooper Pearce, a medical student in Eurobodalla, said, 'This is such a beautiful part of the world and we've been very lucky to be able to live down here and be a part of the community.'

Local academic and administrative staff support the students with teaching, coordination and pastoral care.

'Being able to do our placements in a rural area means we

can get great exposure clinically and really be a part of the medical team, but also enjoy some time at the beach after placement,' said Abby Connor.

Since 2004, 132 ANU students have spent a year in the Bega Valley or Eurobodalla shires. This year there are four students in Eurobodalla and nine students in Bega.

*Marita Reynolds*



Medical students, Cooper, Sarah, Abby and Olivia, sporting their plaster work  
Photo credit Hannah McGoldrick

## REGISTERED NURSES / FULL TIME / PART TIME / CASUAL

### Nardy House, Quaama/Cobargo NSW

*If you are passionate about helping others; Nardy House is for you*

- We have a great opportunity for a Registered Nurse to join our team.
- Supporting people with a profound disability is a rewarding job.
- Shifts vary and participants are supported 24 hrs/day.
- Qualifications preferred; study/training available.
- Salary sacrifice available for permanent staff.



- At Nardy House we aim to create an environment where you can grow and develop professionally in a caring and supportive atmosphere.
- Nardy House provides an opportunity to work with like-minded people who are committed to improving the lives of those living with profound physical disabilities.
- It is located in the peaceful country side of Quaama, 30 km north of Bega on the NSW south coast and provides a 5 bed permanent accommodation home and a 6 bed respite facility for residents.

**Contact our CEO, Denise Redmond on 0408 675 259  
or email [denise@nardyhouse.com.au](mailto:denise@nardyhouse.com.au) to find out more.**



## Invest in our future – preschool pay rise

Bermagui Preschool teachers and educators are thrilled with the historic announcement that the federal Labor Government will fund pay increases that will see a 15% pay rise above the current rate in the modern award – with 10% in December 2024 and another 5% a year later. We are also very excited to see the government back their commitment to introducing wage justice for Early Childhood Education and Care Workers (Special Account) Bill 2024 by legislating the funds for these pay rises.

This means a typical early childhood educator who is paid at the award rate will receive a pay rise of at least \$103 per week, increasing to at least \$155 per week from December 2025. This commitment will help retain our existing early childhood teachers and educators and attract new employees.

This is a win for early years educators and for families who are supported to return or remain in the workforce. Most importantly, it is a win for the children, who benefit from staff who are paid fairly for their work.

For further information or if you are interested in joining the team at Bermagui Preschool please email [bermikids@hotmail.com](mailto:bermikids@hotmail.com) or phone 02 6493 4183.

*Narelle Myers*



The important people at Bermagui Preschool – educators, carers, parents and children.

## Watch out for signs of a highly contagious, dangerous strain of bird flu

The NSW Government is urging people to record and report cases of a highly contagious and dangerous strain of avian influenza. The highly contagious H5N1 strain affects bird species and some mammals overseas. It has caused mass deaths of wild birds and marine mammals, plus the animals that prey or scavenge on birds. It poses a risk to wildlife, ecosystems, food security, the economy and, potentially, human health.

Australia is the only continent that has not yet detected cases of the H5N1 influenza. Migratory birds, however, pose a risk of introducing it from the north and Antarctica.

Several locations on the Far South Coast of NSW have been identified as

high-priority sites for risk assessment and response planning. Work is underway at Barunguba Montague Island Nature Reserve, which is home to bird and seal colonies.

The island is considered a potential risk site due to the large number of migratory birds arriving to breed over the coming months. Response strategies will also consider the risk to little penguins and fur seals.

Symptoms of avian influenza usually appear in several or all birds in a flock. Signs include lack of coordination, arched head, paralysis, seizures and tremors, as well as conjunctivitis, nasal secretions and laboured breathing, along with unusual sudden death.

Members of the public and wildlife carers who see dead birds or birds with these symptoms are advised to avoid contact with the animals and their environment, and not allow pets to touch or eat sick or dead wildlife.

They should record what they see, the location where the animal was found and take photos and/or video of the animal and surrounding area.

They should report any unusual sickness or deaths of more than five wild birds via the Emergency Animal Disease Hotline on 1800 675 888 (24 hours a day, seven days a week).

*Marion Williams*



Montague Island short-tailed shearwater chick. Photo: Mick Crowley



### SALES RENTALS HOLIDAY BOOKINGS

02 6493 3444

Shop 10, Bermagui Fishermen's Wharf, 73-79 Lamont Street, Bermagui  
[www.butterfieldproperty.com.au](http://www.butterfieldproperty.com.au)

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# The Elm Grove Sanctuary Trust update

The Elm Grove Sanctuary (EGS) Trust last month signed a Memorandum of Understanding (MoU) with Narooma High School (NHS). Our Trust is deeply committed to this partnership of supporting quality education for students that builds unity and equal opportunity for our younger generation who are the future. We believe in the importance of nurturing and developing the essential abilities of every student that allow them to flourish and discover their own unique giftedness through dedicated support and opportunity.

In February, our Trust formed a committee, the Narooma and District Educational Support Team (NEST), made up of Associate Members of the Trust. The partnership is an acknowledgement that, as educators, the school welcomes the support of community members and parents who share this same commitment. Programs that NEST is currently working in partnership with NHS are:

- assisting with the Breakfast Club
- equine therapy and
- an 'Out of Classroom' program funded through the *Foundation for Rural and Regional Renewal*.

EGS Trust is supporting these programs through donations.

We are currently anticipating some diverse programs for 2025 that are widely cross-cultural for both Indigenous and non-Indigenous students. One is a bark canoe building project for the young men and a bush food and medicine project for young women students. The broadening and sharing of cultural knowledge will enrich everyone as it enhances good relationships.

NEST is seeking people with a background in these areas who understand and are committed to the responsibilities of working voluntarily within the school environment. All volunteers are required to have a current Working with Children Check clearance. The final approval of volunteer mentors will be determined by NHS.

Volunteering for the Breakfast Club is a good introduction to these programs – enabling you to gradually become part of the school community with the opportunity for both you and NEST to determine the next step together.

If you would like to find out more about NEST, volunteer your own special gifts or support these programs with a tax deductible donation, we would be delighted to hear from you. Please enquire by emailing [egstrust2@gmail.com](mailto:egstrust2@gmail.com).

com or find our website by typing 'Elm Grove Sanctuary Trust' into your search engine.

*Laurel Lloyd-Jones*  
Exec. Director  
Elm Grove Sanctuary Trust



Laurel Lloyd-Jones signing the MOU

## CLEARANCE AUCTION

Deceased estate sale on account of the late John Hansen  
Saturday 2nd November 2024 at 10.30am, 195 Rileys Road, Coolagolite

**BELARUS** 420 4WD tractor with bucket (1616 hrs);  
**SUBARU XV** Man (100,000km) Reg CGT98P;  
**ISUZU** 5-speed 3.0Lt Turbo diesel Utility Reg CL95LM (153,000km);  
**KAWASAKI** 300 Quad bike & trailer;  
15ft Brooker on Reg trailer A72134 +30 HP Mercury;  
**CRAFTSMAN** 1500 ride-on mower;  
500kg super spreader;  
5ft slasher;  
3PL blade;  
ripper;  
scuffer;  
cement mixer;

box trailer Reg TA5154;  
4HP outboard;  
3 x **STIHL** chainsaws;  
2 x chainsaws;  
Wood lathe;  
Bandsaw;  
Drill press;  
power tools;  
woodworking tools;  
hand tools;  
Steel work bench with vice;  
garden rotary hoe;  
Gernie;  
garden chipper;  
timber drying racks;  
sawn timber (various lengths);  
Sash + "G" clamps;  
ladders;  
fencing gear;

wheel barrows;  
chain block + chains;  
bolt cutters;  
scaffolding;  
4 x jack stands;  
Komato smoker x 2;  
clamp table;  
saw horses;  
garden tools;  
plumb fittings;  
fuel cans;  
tents and swag;  
fishing and dive gear;  
cray pots x 2;  
2 x BBQ's;  
electric chain saw  
  
4 sheep & 3 chooks

**HOUSEHOLD**  
F&P fridge/freezer;  
microwave;  
Beds x 3;  
bed/sofa;  
piano;  
organ;  
couch;  
record player;  
kids picnic table;  
sewing table;  
ext dining table & 6 chairs;  
pots& pans;  
display cabinets x 3;  
massage tools;  
lamp;  
outdoor table & 4 chairs;  
pot plants;  
garden bench x 2;  
cane outdoor lamps

**ACCESS:** 2WD vehicles use Wallaga Lake Trail, 8km north of Cobargo, turn right onto Nat Park Trail for 3kms then turn right at Gambrey Downs sign for 1km (follow auction signs). 4WD or AWD can use Rileys Road.

**Numbered bidding system, ID required, Cash or EFTPOS**  
**Auctioneer Paul Blacka 0429 668722, Viewing from 9am**



## Woodfired at the Hayshed

The first thing that you experience as you arrive is the promising smell of foods cooking over a wood fire. Millford Acres is a beautiful property in Tanja that started life as a sawmill near the river. Now it's operating as a farm-to-table destination for weddings and food events such as the one I enjoyed on Sunday 1 September.

Last year I attended my first woodfired food degustation meal. I loved that experience – the food was inventive, many courses of local produce, and all cooked over fire pits that were controlled expertly by Tony Payne and expedited by Meagan Payne in the outside kitchen. She also operated the large pizza oven. That was a more formal setting in a refurbished shed close to the main house.

This time the Paynes opened the Hayshed – a purpose-built shed that can comfortably house a larger number of people. Ninety enthusiasts turned up, including children and we all enjoyed a buffet service that was a perfect Sunday lunch, complete with soothing DJ sounds playing in the background. Locally-sourced salmon, lamb and vegetables cooked over a large firepit, all retaining that irresistible chary flavour mingled with citrus, herbs and oils. It was utterly delicious and a fun social Sunday with old friends while also



The author being served yummy food. Photo credit David Rogers photography

meeting new ones.

Meagan and Tony have been doing these woodfired events since 2019 but have been involved in hospitality for a long time. Meagan is already very well known for her gluten-free bread (available on certain days at selected venues). Type Milford Acres Farm into your search engine to visit their website for more information, enquiries and bookings.

Linda Sang



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# MONTREAL GOLDFIELD



is proud to announce the launch of the documentary

## 'GOLD' WAS THE CRY!

All locals old and young are invited to attend this free event on

**Thursday 10th October at 6.30 pm, Bermagui Country Club auditorium**



Discover the Golden Past and the chaotic days of the 1880-1883 gold rush which put Bermagui on the map!

- Guest speaker - local historian
- Poet
- Win a voucher for a Goldfield tour
- Like a mystery?

We've got one for you to solve!

Enquiries 0402 064 802

Montreal Goldfield Wallaga Lake inc is a community based organisation run solely by volunteers, 769 Wallaga Lake Rd



# Uniting

*Uniting is one of the largest and most trusted not-for-profit providers of aged care in Australia. Each year, we support around 10,000 people to stay independent in their homes and communities across NSW and the ACT. We actively advocate for the right of every senior to age in comfort and dignity, wherever and however they live. We value diversity and always welcome everyone, exactly as they are.*

**We are looking for:**

## HOME CARE WORKERS

- *Narooma, Wallaga Lake, Bermagui, Tilba & Surrounding areas*
- *Part time permanent positions available*
- *Positive and supportive work environment*
- *\$29.94 to \$34.76 per hour+ \$0.99 per km and travel time*

***Depending on your qualifications and experience, the role will include:***

Home Assistance, personal care and transport

***We're looking for someone who has or is:***

- *Certificate III in Aged Care*
- *Provisional or full Australian driver's license*
- *Previous experience in aged or community care*
- *Flexible and prepared to help*
- *Empathetic and resourceful*

***Benefits for you:***

There are many benefits for you including training and development, salary packaging, wellness programs, discounts and more.

# seek.com.au



Things are on the move! September has served up some wide variations in weather that no doubt confuse us all, particularly all those plants that rely on spring weather to start their productive cycles. Nevertheless, it has been an overwhelmingly sunny time interspersed with some wild winds and sudden changes. And not a lot of rain ... but life goes on. The best part about being on the move and the continuation of life is that new things keep happening and sometimes we get a better appreciation of things that are under our noses. By the time you read this, we will also know the results of the recent Council elections that may or may not usher in new responses to local issues and challenges. So here are a few ongoing and new things around Tilba.

## Open Sanctuary at Tilba Tilba

Open Sanctuary, formerly Holy Trinity, occupies a special space on the lower slopes of sacred Gulaga, overlooking the tiny village of Tilba Tilba. Since 2006, its diverse community has been led by founder, Rev. Linda Chapman, as a place that offers an alternative to conventional ways of being a church. Its website describes it thus:

*Open Sanctuary is a diverse community of people from different traditions and none, who are exploring their spirituality together in the modern world through their relationships with silence, each other, the wider community, and the community of the natural world.*

*Each year, the Open Sanctuary team discusses and plans an inclusive program that welcomes all people and that aims to*

*provide different ways of understanding and negotiating the complex challenges of our times. The following is how Linda has described the series of talks offered over winter:*

*At Open Sanctuary this year we have held a series of talks centred on contemplative ecology and the practice of silence. The talks acknowledge the need to address the present threat to Beauty, Goodness and Truth that constitute the meta-crisis of our age. The first two talks drew on the nature writings of the contemplative monk Thomas Merton. 'The hidden language of Nature: when the trees say nothing' and 'An ecology of silence', were each reflections on the 'quiddity' or silent within-ness and presence of the natural world that we are part of and that we may see or hear when we fully attend. By attending, we learn to listen and to love and, therefore, to relate properly with reality.*

*The third talk 'Hanging in the balance' was based on the work of the neuropsychiatrist and philosopher Iain McGilchrist whose major books The Master and the Emissary and The Matter with Things address the way we think according to the asymmetry of our brain hemispheres. I related his work with that of the Anglican Solitary, Maggie Ross, who also writes of the imbalance of our thinking and therefore our world. She suggests the critical need for the 'work of silence' to restore balance. Poetry was woven throughout the talks as a language that expresses the implicit beauty, goodness and truth of reality. Poetry is a portal between our self-conscious mind and deep mind; our humanity and divinity. As McGilchrist says, it is essential that we recover our sense of the sacred in a world devolving into the mostly mechanical perspective.*

*At Open Sanctuary we practice together the silence, poetry and contemplative conversation that nourishes our capacity to attend with love.*

These talks were well attended by both the Open Sanctuary community and the wider population, and were both compelling and thought provoking. In addition to these special talks, a regular reflection led by Linda, known as *Dadirri*, happens on the fourth Friday of each month from 10.00 am to 1.00 pm. *Dadirri* – the word, concept and practice – is from the Ngan'gikurunggurr and Ngen'giwumirri languages of the Northern Territory and is used with the permission of Miriam-Rose Ungunmerr. Its meaning and practice are described as Inner Deep Listening and Quiet Still Awareness. As well, Monday Meditation at Open Sanctuary, from 10.00 am to noon, explores the world through poetry, discussion and silent meditation.

More information about Open Sanctuary is available at the Open Sanctuary Tilba website, on FaceBook or by calling Linda Chapman on 0422 273 021.

## Old Central Tilba Fire Shed lives on

Tilba Central Makers Emporium is preparing for a summer opening. Acquired by local Phil Shorten in 2020, ideas for its future have solidified and it will become a special creative retail space with the emphasis on genuine local crafts. Over the past few months, the old Fire Shed, built almost fifty years ago as a community project with second-hand building materials, has undergone a significant refurbishment. Thanks to the skills of locals, the old building is nearing completion – Brent Matthews from Tinpot has repaired the timber

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Gathering at Open Sanctuary



windows and trim inside, and is repairing and painting the hardwood Tilba-style cladding; Tom Skulander from Tilba has made new finials and fascias in the Tilba style to replace those that were rotting away; Josh Humphreys from Heartwood Traditional Building in Bermagui has built and installed the replacement barn doors under the guidance of a heritage consultant. Tilba-style verandas, front and rear, will be added subject to Council approval. The interior has been relined and will have two areas – the large display and retail area at the front with a neutral colour scheme and a smaller second area that can be used as a workshop space and utility area.



Phil Shorten in front of the new doors

It is a fine space and has already attracted the interest of several local makers including those who specialise in woodwork, leather, fabrics and preserves. Phil is planning for this to be an evolving space where craftspeople and artisans can demonstrate and develop their creative skills. Aimed at locals and visitors alike, there is also the potential for commissioned and custom works. It is worth noting that the location of this special old community building is right in the centre of Central Tilba, where it commands a high position on the slopes that lead to the water tower with a panoramic view over the village to the north-east, has a carpark right behind it and is at the start of the Bellbrook Farm Loop Walk. The opening of this new venture is something to look forward to – it is particularly important to see the imaginative reuse of an old building in a way that enhances the village, increases the diversity of shops and showcases the creative spirit of our special area. Well done, Phil and all those involved.

### Recharging the future

Transition is a much-used word these days. While it is implicitly about change, it is true to say that a major transition that involves us all is happening with our energy system. To assist the community, the recent Eurobodalla Shire Council’s Festival of Sustainable Choices is a good example of the awareness raising required to support what can be challenging aspects of transition.

Southcoast Health and Sustainability Alliance (SHASA) played a key role on the day in promoting the important message of *electrify everything* – in the home and for transport. With Council’s financial assistance, SHASA has updated and improved its display and handout information with strong messaging about getting off gas by replacing heating and cooking appliances with efficient electric alternatives. SHASA also had electric vehicles (EVs) on display with test drives available and raffled a portable induction cooktop that was won by Krissy from Horizon Bank. It is worth noting that Horizon Bank has low interest loans available for buying an EV and electrifying the home. SHASA collaborators were also present – Micro Energy Systems Australia (MESA) from Bodalla, who had a lot of interest in their solar panels and battery systems; Moruya Bikes, who always get a lot of interest with their e-bikes; RfR, who served up delicious cakes and coffee, powered by their solar panel powered trailer. Kathryn Maxwell, President of SHASA, was pleased that it was an opportunity for new SHASA volunteers to participate in a community event.

Local State MP, Dr Michael Holland, in his address at the Festival, spoke particularly about the health benefits of

electrification including less noise, reduced emissions and no exposure in the home to gas fumes. He was also pleased to announce the NSW Government’s Consumer Energy Strategy that includes \$200m for EV public charging infrastructure. This is particularly important as the SE part of NSW is woefully lacking in charging infrastructure, which has flow-on effects for tourism and the local businesses that rely on it. It is certainly welcome news to me as an EV owner, as it will be to Central Tilba’s newest EV owner, Angela Young.

Federal MP Fiona Phillips spoke about the new fuel efficiency standards that start on 1 January, the beneficial effect these standards will have on lowering emissions in the transport sector and the Federal Government’s investment in EV charging infrastructure.

While there are many challenges with this major transition, there are many exciting aspects that will involve us all. A great example of this is the Microgrids Feasibility Project in Eurobodalla, including the Tilbas and Mystery Bay – more on that on another day! For more information, check out SHASA’s website and FaceBook page by searching for SHASA using your usual search engine.

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Kathryn Maxwell (third from left) with MPs Michael Holland and Fiona Phillips

## Apma Creations takes to the road

Many will remember Merryn Apma and her wonderful gallery at Central Tilba. In recent times, Merryn, now based in Noosa with husband Gary, has consolidated her art with a comprehensive range of merchandise, although her cultural paintings remain the foundation. Merryn cherishes the Tilba area so her many friends will welcome her visit in early October. While here, she will have two pop-up shops – on Saturday, 5 October, from 8.00 am to noon at Mountain View Farm at Tilba Tilba and on Sunday, 6 October, from noon to 4.00 pm at the Tilba Valley Winery and Alehouse where Minh Ha will be performing.

Merryn and Gary will be travelling through rural NSW where they will have several pop-up shops. After their Tilba visit, they will head to Yarrowonga, where Merryn has been invited to have a stall at the Many Mobs Dunggula Cultural Festival on 12 October. Save these dates as we look forward to welcoming Merryn back to Tilba for this special visit.

*Stuart Absalom*



Merryn Apma

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## Chamber News

Unfortunately, our August meeting was cancelled, with circumstances preventing some of the committee members from attending. This did not stop the work going on behind the scenes.

The highway signs are just about ready to erect and they look fabulous. I'm sure you will all agree that it has been worth the wait. Work on the new website continues – we should have an update at our next meeting.

At our next meeting on 8 October, we will be presenting general updates and business items along with a special presentation from our local Fire Brigade. We are only too aware of the dangers of bushfires, however, the brigade has plans

in place should there ever be a fire at a local home or business in Central Tilba. Chris Weire and other officers will be at the meeting to present these plans ensuring there is community awareness. Please come along and learn how we can all assist if a fire should occur. Please note that this is not bushfire awareness, which is also important, but handled differently.

Due to work about to commence on the Halls, future Chamber meetings will be held in the Barn at The Dromedary Hotel. Please join us on 8 October at 5.00 pm. We will endeavour to maintain our online meeting also.

*Christine Montague  
Secretary, TDCC*

## Tilba CWA Spring High Tea

Following the huge success of our Vintage Garden Party in 2022, Tilba CWA will be running another Spring High Tea as our major fundraising event. Tilba CWA members are proud to raise funds to support our local community including Central Tilba Public School, Central Tilba Rural Fire and Little Yuin Aboriginal Preschool.

This year Tilba CWA selected historic Henkley Farm with their new building, the Sheep Shed, as the venue for our High Tea. Henkley Farm, located within walking distance of Central Tilba village, was established in 1870 and is listed with the National Trust. With its rich heritage, it's still a working farm with 153 acres of green pasture for cows, sheep and chickens. The farm has spectacular panoramic views of Tilba countryside.

Tilba CWA's High Tea at historic Henkley Farm is on Sunday 27 October from 11.30 am to 1.30 pm. High Tea will be served in an eclectic set of heritage cups, saucers and plates kindly donated to the CWA by Joanne Kelso when she recently retired from her teashop, Eumun Tea in Central Tilba. Yes, tea does taste better when served with fine bone china teacups but there will also be brewed plunger coffee and, of course, French champagne. And you will be entertained by the youthful, angelic voice and acoustic guitar of fabulous Tilba talent Tink.

Tickets are selling fast with exclusive seating for only fifty people. For tickets, please contact Helen Thomson by text on 0407 100 710 or hthomson@gmail.com.

*Annette Kennewell*



Tilba CWA members rocking the High Tea vibe.



## Get Ready a great success

Tilba RFB would like to say a big thank to all the community members who came and visited the station on 14 September for our Get Ready Weekend. The day was our most successful yet with plenty of locals dropping in to meet the brigade members and asking us any pressing questions they had about preparing their properties for the upcoming bushfire season. New folk have moved to the area since the fires of 2019-20 and many were keen to learn about what equipment they would need to purchase should they choose to stay and fight a fire.

Brigade members conducted draughting demonstrations and provided information on the types of hoses and nozzles people would need to purchase to prepare their properties. Discussions were held around PPE (personal protection equipment), the importance of having the Hazards Near Me app on their phone, accessing the NSW RFS program Assist Infirm, Disabled and Elderly Residents (AIDER) to assist vulnerable residents prepare their properties ahead of the fire season and making sure people leave remote areas in plenty of time if they need to evacuate.

The Brigade wishes to thank Lilah Weire and the children of Tilba Public School for the wonderful poster they made for our Get Ready Weekend. Also, a shout out to Georgia Jones who did a presentation at the school encouraging the community to attend the Get Ready event.

It was great to have so many kids from the local school pop in, say hello and enjoy a sausage sandwich with us. Brigade members were impressed at how much education our Tilba children have received around fire preparedness. It was a wonderful opportunity for us to hear their thoughts around why they would want stay or leave their homes if a bushfire were to occur and how they had all discussed this with their parents and had a fire plan in place.

Finally, thank you to our member Jason Snell for the loan of the kid's fire truck he has custom built. The vehicle was a highlight for many of our young aspiring firefighters.

*Jody Vassallo  
Publicity Officer*



The stunning poster displayed on the fire truck



The miniature fire truck



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## Central Tilba School Robocup and soccer competitions

On a bright sunny Wednesday morning in August, Years 5 and 6 got a lift with parents and staff to Narooma High School for the Robocup Competition. When we arrived, students from Narooma, Bermagui and Tilba Public Schools had to set up their equipment on team-allocated desks and wait for the opening ceremony. Narooma High School (NHS) welcomed us and explained how the day was going to run. The two main events for the competition were stage performance or line following. For the stage performance you had to build and code a robot and incorporate the robot into a performance. For the line following you had to code a robot to follow a line and save a 'person' (represented by a tin can). Some of the High School students had built

and coded a range of arcade-type games for us to play and compete with. There was also a Minecraft challenge where NHS had been recreated in Minecraft and you had to locate different places and answer questions.

We entered five teams into the stage performance event and one team into the line following event. The Tilba team BlackPink won second place in the stage performance and Billie came first in the Science Week Endangered Species poster competition for her age category. Following the Robocup Competition the NHS STEM teachers put together a team of primary students from Narooma, Bermagui and Tilba to participate in the FIRST Lego League competition. Oskar has been selected from our school to be part of this team that will compete in Canberra later this year.

In sporting news, the Tilba soccer team headed to Bungendore earlier this month to compete for a chance at State. We first had to play against Murringo. We played hard and luckily achieved victory winning 6-4. That moved us into the next round of the competition and the one that would determine the team who went on to State. An hour later we played against Spring Hill who were a strong team. Our team was feeling exhausted after the first game, but we pushed ourselves as much as we could. Unfortunately, Spring Hill got the better of us winning the game 4-1. We are looking forward to training hard and aiming for State next year. The students at Tilba always strive to do their best and demonstrated great teamwork and sportsmanship.

*Ryder and Duke*



Team BlackPink – Billie, Abbie, Gracie and Dylan



Tilba Public School soccer team

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It's a truism, I know, but I have to say it ... the year has certainly flown. It's October already, we are enjoying the warmer weather of spring and racing towards the summer months. 'Less than a hundred days to Christmas, Nonna,' my grandson reminded me recently, something I really didn't want to know.

The calendar is starting to fill up with those warmer weather events, Reboot in early October being one of the first.

Glad to see that the municipal pools will open for the first weekend in October, so get the swimmers/bathers/togs out and get swimming.

But with the onset of warmer weather comes, of course, the need to prepare properties against the possibility of fire and there's much to do, especially cleaning up gardens of debris and fallen leaves and timber after the extremely windy conditions we've been experiencing.

Also, keep your eyes on the ground and tell the kids to be snake aware. Like the rest of the animal world, slitherers like to emerge when the temperatures start to rise.

Fashion on Lamont.

That well-known and popular corner store, Strangers in Paradise, was lit up and people were milling around one recent

Sunday night in September. What was happening? Fashion on Lamont, a night to be remembered.

Some comments from the audience ... 'amazing', 'hilarious', 'so much fun, congratulations to the Ladies at Strangers' ... and the accolades went on.

The models, well, there were a number of surprises when some of our locals donned their outfits and strutted their stuff on the catwalk. The hostesses in their inimitable style amused with their witty repartee.

It was just for fun, and fun was had indeed.



## Tennis experience 2024

As part of the ReBoot in Bermagui 2024 program the Bermagui Tennis Club invites anyone interested in having an exploratory game to come along to have a hit with us.

**All ages, all abilities are welcome!**

**When:** 2.00 pm to 4.00 pm Saturday 5, October 2024

**Venue:** Bermagui Country Club courts 1 and 2.

Plenty of parking available, enter via Tuross St or Lamont St.

**Cost:** Free. Balls and racquets (and maybe a ball machine!) provided.

No need to book, simply turn up wearing appropriate sports shoes. BYO racquet if you have one.

*Delmah Thompson*

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Tomakin	Tomakin IGA   Wednesday & Friday
Pambula	Pambula Wholefoods   Wednesday

## Bermagui Historical Society needs committee members



Bermagui Historical Society will not make it to its thirtieth birthday next year unless it can attract new committee members.

Allan Douch has been president for eight years and his wife Wendy has been secretary for about the same time. They have done double-duty as they, along with Deb Grimm, have also been opening the museum's door every week.

Fortunately, they have found new members willing to open the museum on Tuesday, Thursday and Friday, but the society still needs six new committee members. Christine Bimson is willing to continue as treasurer.

'You need the Society to run the museum,' Wendy says. There are regulations and guidelines that must be

followed, as well as the important issue of public liability.

The Society is a registered charity and is also registered with Centrelink so people can meet their obligations by volunteering there. The Society's impressive collection is too large for its premises next to the library, with many items in storage. They also need someone to finish cataloguing the collection. 'Some items were done in the 1990s, but a lot hasn't been done since.' Someone with computer skills would be welcome to build on the fifteen years of work by archivist David Cotton. He has digitised and catalogued around 11,000 photos.

Bermagui Historical Society is not alone. Bega Pioneers' Museum, Cobargo District Museum and Merimbula Old School Museum are all looking for volunteers too. The Ben Boyd History Centre closed last year.

'It is important to keep these organisations going to preserve local history,' Wendy says. 'The big regional museums and ones in Sydney and Canberra don't have much direct relevance to us. With us you see the development of

Bermagui and how it grew when Wallaga Lake Bridge was built.'

Please come to Bermagui Historical Society's AGM on Sunday, November 10, at Bermagui Men's Shed at 2.00 pm when Wendy and Allan need to hand the reins over to others. Please contact Wendy at [bermaguimuseum@gmail.com](mailto:bermaguimuseum@gmail.com) or visit the museum for more information.

*Marion Williams*

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## A busy October for Bermagui and District CWA

**Open House** – Sunday 13 October between 10.00 am and noon. Our unit building project is complete and, before the new tenants move in, we invite you to come and see the affordable units you helped us build. The two new units will be open so you can see where your contributions went. With things going smoothly from here, tenants will be in by the end of October.

**Delicious mangoes** – last orders are required by 5.00 pm Wednesday 23 October. We're continuing to raise money for community projects by selling more trays of delicious Kensington Pride mangoes all the way from Bowen, Queensland.

Buy one or two seven-kilogram trays for \$28 per tray, or \$27 each for three or more trays.

Ask your family and friends if they want mangoes – you can add them to your order or send a link to the order form.

Your order will be available from the CWA Rooms, 10 Corunna Street, Bermagui in mid-December depending on the harvest. Details will arrive by email when the delivery date is known.

Pay by: Direct deposit into Bermagui CWA Branch account BSB: 802 124; Account number: 100 010 701.



Be sure to add your *name* and *number of trays* you have ordered to the transaction details and fill in the order form.

Please order and pay before 23 October 2024. Mangoes won't be ordered if the order form and payment are incomplete.

Contact: Mango Wrangler Cath on 0419 491 104 if you have any questions.

**Next meeting** – Friday 11 October at 10 Corunna Street. Branch meeting at 11.00 am followed by lunch at noon, then our AGM at 1.00 pm.

*Cath Renwick*

*Treasurer, Bermagui Branch CWA*



## Bermagui Blue Balls end of season 2024

As well as the start of spring and Father's Day, 1 Sept marked the end of the winter swimming season for the Bermagui Blue Balls. This is a winter swimming group that meets weekly over the coldest months of the year to enjoy the thrill of an icy dip with like-minded lappers and jigglers in Horseshoe Bay, Bermagui.

Bermagui Blue Balls has been meeting for about twelve years and is made up of hardy, if slightly wacky individuals who enjoy the bracing challenge of stripping down to next to nothing and throwing themselves into the chilly waters of Bermagui's most famous beach and then managing to smile and laugh about it despite chattering teeth and frozen limbs.

At the end of each season a trophy is awarded member who has shown the requisite determination, commitment and craziness. These qualities are necessary to be able to enter the water – down to 15° C this year – and join in the fun. Congratulations to Mark Manning, a worthy recipient of the 2024 prestigious Wim Hoff Bermagui Blue Balls award.

*Deb Worgan*



Mark Manning holding the highly sought after Bermagui Blue Balls trophy.

Photo credit Deb Worgan

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## Bermagui Public School

Term 3 is almost over! With that being said, we have been working extra hard on our artworks for *Kaleidoscope* in Week 1 of Term 4. As well as traditional art, the whole school is working on digital artworks with our STEM teacher, Mr McLean. Thanks to Gabby from Fling, every class will have an amazing dance to perform for our community on the night of *Kaleidoscope*.

In Week 5, Stage 2 went to Narooma for an NRL Gala Day where they played a round of games against Narooma Public School and Tilba Public School. They displayed positive sportsmanship and impressive ball skills throughout the day. While we're on the topic of NRL, I would like to tell you about the South Coast Girls Rugby League. Gabby represented our school while trying out for the team of talented girls who play rugby league. She played six games on the day and had lots of fun.



Stage 2 play NRL in Narooma

In Week 6, students from Stage 3 represented our school at the Robocup at Narooma High School. The day was an opportunity for us to learn more about robotics while having fun during the competition. Our school competed in both the stage performance competition and the line competition and even scored a few wins in the games they had to offer. In the line category, the Marlins came second and the Banana Monkeys came third.

For Education Week this year, our school had an open day and invited parents to come in and help students with our artworks. The whole school made different types of bees for display in the office.



Stage 3 at Narooma High School's Robotics Competition

Mrs Kirk also made a video with students talking about what makes them feel like they bee-long at Bermagui Public School.

Also in Week 6, Ruby Bl. competed in the Regional Spelling Bee over Zoom. She competed against the best spellers in the state and did a fantastic job but, unfortunately, she didn't make it to the next round. We are super proud of her hard work.

In Week 7, we held a schoolwide handball competition during lunch time on Monday and Friday. Congratulations to the winners: Bailey L. from Early Stage 1, Bailey Y. from Stage 1, Winnie from Stage 2 and Kyan from Stage 3.

*Billie Matters*



Public Education Day with families in our K-2 classrooms

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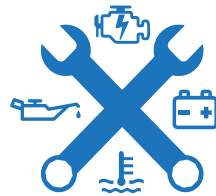
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## Moodji Farm update

It was indeed a treat to have convened our third winter ceremonial fire at Moodji Farm with Narooma High School students again assisting in the co-creation of its surrounding mandala with our preschoolers and Moodjiteer elders.

Over three weeks of preparations, we made clay Diwali lanterns and cleared the pumpkin site before configuring magical concentric sand-circles around a sacred pyre – the shadows of which would later dance to four-meter-high flames.

Moodji-grown soup was savoured, traditions honoured and noble spirits duly summoned before preschoolers sang in the lengthening of days and an impending summer as the fire was lit.

Following on from this event, we had

a stellar day with Narooma High School students joining our preschoolers, in and on the dirt at Moodji.

We caught and clipped chooks, mulched paths, shovelled sand and potted up tomatoes for our upcoming seedling drive. We moved our Kenyan top-bar beehive and made a major start on a new paved platform in readiness for a new swarm from Beekeeping Naturally. We also popped Purple King bean and sunflower seeds into paper pots.

Coming up we have a Lasagne Garden workshop on Saturday 12 October, commencing at 10.00 am. Used extensively around the world, this instant ‘no-dig’ method can be used in back-yards, raised beds, portable boxes, broadscale farming

and is particularly ideal for those living in rental accommodation.

In the interim, all and sundry are welcome to join project manager, Dan Bakker, at 9.30 am each Thursday for a day of projects, plantings and play in the patch.

For more information call Dan on 0427 746 980 or check out Moodji’s highlights and upcoming events at Eat Dirt Permaculture on Facebook.

Gracious thanks to our kind supporters: Bermagui Beach Hotel, Honorbread Bakery, Narooma High School, Merrimans Local Aboriginal Land Council, Diverse Tree Service, Bermagui Landscape Supplies, Horizon Bank and the madrigal Moodjiteers.

*Dan Bakker*



Diwali fire



Potting up tomato seedlings

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Village life has been sweet recently. Such stunning days! Weird how it was winter and then one day, it wasn't. And it never looked back. The wind was alarming though. No dog walks for us! Walking under trees being whipped by the wind isn't my idea of a good time. Seems we all survived it and what came later has been delightful. [Until, just as suddenly, it wasn't – the temperatures plummeted again after bhagya's departure!]

There was an event in the Quaama Cemetery that I sadly missed due to a double booking. Thank you, Fiona Firth, for stepping up to inform us about the interesting day out.

I was able to ask a Council representative, before dashing off, about maintenance of the walking track from the cemetery down to and along Dry River. She confirmed that there is no funding for the river walk and I hear that the path maintenance is now being done by a neighbourly volunteer. I'm not sure what we as a community can do about this but I have fond memories of working bees being put on by Dry River Landcare, and supported by Council! Sigh. Those were bushfire relief dollars I'm sure, but still ... if anyone has any great ideas, I would love to hear them.



Once upon a time, Council supported the regeneration of Dry River



Glad no one was under this widowmaker during those windy spring days

## Life in our cemetery: Quaama

More than forty people met at Quaama Cemetery on Saturday 31 August to participate in the ninth 'Life in our Cemeteries' event run jointly by the Atlas of Life and Bega Valley Shire Council. This project aims to visit each Bega Valley cemetery (there are fourteen) to photograph and record plant, animal and insect sightings on the day and load the data into the iNaturalist app.

Botanist Jackie Miles and invertebrates specialist Deb Taylor led morning and afternoon walk and talk sessions looking for specimens to identify and add to the database. The original plan was to walk along the river to check what has happened since the fire, but this plan had to be abandoned due to the high winds forecast for the day.

Historian Fiona Firth led morning and afternoon walks around the cemetery and talked about the history of Quaama village and the cemetery. These talks aimed to



Fiona Firth talking about the history of Quaama and the cemetery

show how attitudes to death, dying and an afterlife have changed over the past 120 years. She also talked about symbolism on the headstones and how memorialisation of loved ones has changed over time.

Lunch of sandwiches and fruit was provided for all participants. After lunch there were two more informative talks. Kimberley from Potoroo Palace talked about the impact of cats, both feral and domestic, on wildlife, emphasising the high rate of extinction of native species in Australia. Kimberley encouraged us to practise responsible cat ownership by keeping cats contained indoors or in suitable outdoor cat containment runs.

Andrew and Rebecca Norman showed us recent drone footage of the Quaama Cemetery. They talked about their work looking at tree canopy recovery after the fires. They aim to assess damaged trees and identify ones that are safe that can be left in the environment to be habitat for other species.

*Fiona Firth*



The phrase ‘into the weeds’ has some interesting origin stories. Perhaps it comes from the Prohibition era in the US, when speakeasy alcohol was stored outside in the weeds. Perhaps it’s about golf balls being lost or planes veering into the weeds rather than the landing strip. I looked it up because I couldn’t decide if ‘into the weeds’ meant becoming painfully overwhelmed or gloriously absorbed in the details. Whatever the definition, we’re certainly getting into the weeds out at Diggies!

Around 22 members of the community are engaging in a collaborative Landcare weed management project to manage creek-side vegetation with Local Land Services and the Far South Coast Landcare Association. Jean Bentley who has gently supported our Landcare group as it gets re-established, has introduced us to Melissa Balas and Jens Birchall, and our project is close to starting. A detailed survey has been conducted, and highly infested areas identified (which is interesting to compare to a detailed 2006 Diggies weed survey). Soon we will be getting our gloves on and eradicating wild tobacco, cape ivy and other scourges.

There are more weed stories, including our ongoing argument with BVS Council about roadside vegetation management. Soon after a discussion at our AGM, the Dignams Creek Community Group wrote to Council noting that for the last few years, Dignams Creek Road has been slashed to keep vegetation back, but we noticed recent use of heavy blanket herbicide spray. We expressed opposition to herbicide spraying, mainly due to the road being so close to the

creek. Chemical spray entering the water during rain events impacts aquatic life, which is why we wanted to know exactly what chemicals were used (apparently Roundup Bi-active and Grazon).

We noted that regular spraying will likely result in more weeds for the creek corridor over the years to come. Much of the roadside here in Dignams Creek has been covered by native species endemic to the creek with relatively minimal weeds. Regular sprays are likely to change this vegetation mix to the more common and pervasive roadside weeds. We are concerned that, once the roadside vegetation has been sprayed a few times, the natural species mix of native vegetation on the roadside corridor will be lost.

Josh in the Biosecurity Team at the Council responded to our letter and explained that the spraying once or twice a year will continue by an approved contractor. We were advised, when asking if we could be notified about timing, that we could find out approximate windows when spraying would be done by checking the biosecurity team’s social media posts. We learned three useful things from the call with Josh, which Sally Josh, our new President, shared with the community:

**First, there is a register list you can ask to be put on to be notified about spraying** if you, or anyone in your family, has allergies or sensitivity to chemicals, or if you are running an organic operation and are concerned that the spraying might affect your organic status. You can access this online and put yourself on the register (search the Council website for organic farming chemical sensitives). Even if you

would just rather not have the spraying on your verge it’s worth putting your name on the register. Being on the register doesn’t mean they won’t spray, it means the Council will put up signs at your property for the contractors to avoid, but spraying might go ahead anyway. If enough of us do this, we hope it might help deter a repeat of blanket spraying up and down the road.

**Second, spraying is less likely if your verge is well maintained.** Although it was random, and some obviously tended gardens and trees were affected, it appears that no spraying was done where verges are mowed. We may team up with neighbours to conduct some regular working bees to prevent being regularly drenched with toxic chemicals.

**Third, we can all call Josh in the BVSC Biosecurity Team on 02 6499 2222** to ask questions. Give him a call if you want to get into the weeds with the Council.




Cape ivy is a big problem in Diggies.

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Supporting our community




The Cobargo Showground land management committee has recently had the positions for the next period of management appointed. After a period of twenty-five years each on the committee, Madge Salway, Margaret Jessop and Richard Tarlinton have retired. They certainly deserve a huge thank you for all their hard work and have seen some major changes occur over the years. Best wishes to them all and a huge welcome to the three new members who have been appointed by Crown Lands. Peter Shears, Simon Cooke and Daniel Allen will join the remaining members to continue the past work that has achieved such great results.

The very successful Women in Dairy committee has hosted another thoroughly enjoyable conference, this time in Sydney. It was held in the city to give some of our hard-working dairywomen an opportunity to take time off from their farms and enjoy a little leisure time. A hundred and ten ladies were entertained by guest speaker Erin Molan, from Footy Show stardom, and Courtney Webeck, a young, legally blind tennis and cricket star. Erin shared her highs and lows in the entertainment industry in a very down to earth manner. Courtney showed us all what can be

achieved by just giving it a go. Courtney also competes in rodeo events astride her special horse, has captained Australia at high-level cricket and has also won an amazing number of tennis events across the world. A video of her playing tennis, with the ball loaded with a chime to enable her to hear where it bounced, was utterly incredible. She is a truly inspiring young lady.

A panel of three amazing people who are making progress educating city people to gain a greater understanding of what farm life is about was interesting. We learnt about a series of children's books called *George the Farmer*, a program that takes a cow into schools for children to learn about how dairy cows make milk and, lastly, a businessman who is delivering milk to households in glass jars to overcome the burden that plastics create in the world.

The medical panel was of great interest to all. The panel of three dairy farmers who had suffered some extremely challenging times but still managed to push through the heartbreak and remain in the industry displayed sheer grit. Tears were shed as one described her heartache as the story of her young husband who passed in nine short weeks and then the

task of running their dairy business alone hit home. Another young dairy farming mum described the trauma of surviving the shocking loss of so much of their livelihood as a crippling flood engulfed their lives. The final speaker spoke of success, then marriage breakdown, leading to the total loss of all assets and, the final straw, the closing down of their successful *Cow* magazine, before she finally managed to rebuild her life.

The social side of the conference was also incredibly enjoyable as some managed a Sydney Harbour Bridge climb, there was high tea in the Queen Victoria building and an eye opener at a Leppington dairy farm. A gala dinner was held on a Sydney Harbour cruise showboat with a brilliant dancing and singing production.

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## In memory of Mark Ayliffe 1 October 1969 – 21 August 2024

To many in and beyond the Cobargo community, Mark Ayliffe will forever be connected to the devastating fire battle of Black Summer. As the Captain of the Cobargo Fire Brigade during the Badja Forest Road Fire, Mark quietly, humbly, but steadfastly shouldered the thankless task of leading our community's firefighting efforts. But Mark was more than just a long-serving RFS volunteer. Those of us who knew him longest and deepest, knew that Mark's life revolved around five things: fire, farm, faith, friends and family. All of these were spoken of when the community gathered at the Cobargo Showground on 31 August 2024 to pay tribute to his life.

Born in Bega on 1 October 1969, Mark Andrew Ayliffe was the second child and only son of Brian and Mary Ayliffe and the baby brother for his big sister, Rhonda. Mark lived almost every moment of his 54 years in the Cobargo community. He reluctantly attended Cobargo Primary School, and he always declared the best thing about school was meeting his life-long best mate, Cliff Shipton, there. Mark briefly attended Bega High School, leaving the moment it was legally possible, just before completing Year 8. Mark's next years cemented the direction of his life. He worked part-time in his father's motorcycle shop under the kind mentorship of Chris King, another person who became a life-long mate, and part-time with his much-loved

grandfather, Albie Tyrrell, on the property he would later inherit and devote himself to: Oakleigh. Work aside, from a very young age, Mark was always ready to jump into a Cobargo fire truck and rush to fight the flames or pick up the pieces.

Mark was only twelve years old when he joined the Cobargo Fire Brigade and he served his community for over forty years. Mark was a Specialist Instructor in both chainsaw and rural fire driving and an inaugural member of Bega Valley Remote Area Fire Team (RAFT). Mark volunteered for RAFT duties in Tasmania, the Shoalhaven and Eurobodalla LGAs, and throughout the Snowy Mountains. Firefighters who met Mark on a fireground quickly understood that he had a phenomenal understanding of fire behaviour – a knowledge gained from long experience that far outweighed anything learned from textbooks. For his volunteer work with the RFS, Mark was often described as 'brave' or 'heroic' and these were sentiments widely shared after his sudden passing. Mark never saw himself this way. He wasn't motivated by medals or awards. He just responded to a need.

Mark married Lisa on 5 September 1998 and he always considered himself fortunate that, in marrying the love of his life, he instantly gained a beautiful daughter, Emma. Son, Caleb, and daughter, Annelise, completed their family unit. Mark was happiest just being a family man and working around the farm.

The community may remember Mark as a farmer, a reliable school bus driver, perfectionist contractor or dedicated volunteer firefighter, but his family and friends also knew he thoroughly enjoyed camping, had a fondness for Australian native plants and birds and his favourite animals were the family labrador, Rex, and Rosey, the cow. He was a passionate supporter of the Roosters, Makita power tools, Husqvarna chainsaws and Toyotas. Mark would always ensure everyone knew that the Toyota Landcruiser was far superior to a Nissan Patrol.

Mark died unexpectedly on Wednesday 21 August 2024, but he has left golden memories in hearts of a grateful community.

*by the Ayliffe family*



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**cqbrg** new members  
welcome!  
Cobargo Quaarra Business Recovery Group

**CQBRG Inc. Annual General Meeting & Business Catch Up Event**

Venue: Coco Commons Lounge Cobargo  
Date: Wednesday 23rd October 2024  
Time: 5 - 7pm All welcome!  
[cqbrgroup@gmail.com](mailto:cqbrgroup@gmail.com)  
*Helping our business community thrive*

## CWA Cobargo

### Call for nominations

Cobargo CWA is looking for submissions for the Cobargo Citizen of the Year for 2025. Nominations are sought from the community for locals who give that little extra. We all know of people who go out of their way, often very quietly, and contribute to life in our village in a very special way. We are seeking volunteers, who do not profit financially by their efforts, and who have contributed over a period of time.

We are also seeking nominations for Junior Citizen of the Year. We do have some fabulous younger people in our village, who also deserve recognition.

Nominations should clearly state reasons for the nomination, as the judging for the award is based on these submissions. Please forward to CWA Cobargo, by email at [cobargo.cwa@gmail.com](mailto:cobargo.cwa@gmail.com) or by mail to CWA Cobargo, PO Box 5114, Cobargo 2550.

The final selection is made by a group of locals, who rotate each year, and are representatives of local volunteer organisations. The Cobargo Branch of CWA is the sponsor of this event and has been involved since 1989!

This month we will be holding our AGM, following a very busy year! Last month, during the heavy winds, a branch flew off a tree and into a window at the cottage. At least no one was hurt, and the window was rapidly fixed. What dreadful winds we have been having.

We welcomed one new member at our last meeting and a very welcome visitor. It is always refreshing to have new members as we love to have their input.

As always, we extend a warm welcome to anyone who would like to join us. Our next meeting is on 8 October at our cottage on the Bermagui Road, next to the playground.

*Mary Williams*

### Mumbulla School concert at Cobargo School of Arts

Children of Cobargo Preschool and community members enjoyed a charming concert given by Years 5 and 6 from the Mumbulla School in Bega on Thursday 12 September. Travelling from Bega by bus, teachers, parents and students were ferried to the Central Tilba Public School to give a morning concert. And, in the early afternoon, we were treated to a concert featuring a large variety of instruments, including strings, woodwind, brass and percussion – each group displaying their prowess individually and then as an orchestra. Teachers both conducted and played in the orchestra. The last piece was the school choir led by Dan Scollay. Dan reported the children loved travelling and performing in public.

*Linda Sang*



Dan Scollay conducting the choir

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## Old and ancient stories told with cutting-edge technology

A highlight of this year's River of Art Festival, taking place from Durras to Bermagui from 27 September to 7 October, is the performance of *Baranguba* at the Yuin Theatre, Bay Pavilions on October 4 and 5. Bermagui's Scott Baker is the creative director of the hybrid theatre experience, working alongside Aunty Vivian Mason and Sharon Mason of the local Djaadjawan Dancers.

Scott collaborated with the women and award-winning animation designer Duncan Irving. 'We are all based regionally so it is a local production made by very talented and highly-skilled people,' Scott says.

Having access to the Bay Pavilions' state-of-the-art theatre space has allowed the team to set a high bar for the production standards of the collaboration.

*Baranguba* tells the story of an incident that occurred off the coast of Narooma sometime between 1820 and 1860. The local Aboriginal people handed down the story in their traditional ways. The European version, that most people know, was written by author Reginald Barlow and published in the *Moruya Examiner* in 1892.

Initially, Sharon approached Scott with the idea and, when he heard Sharon's mother, Aunty Vivian Mason, tell the handed-down story, he was hooked. 'Reading the newspaper and listening to the way Aunty Vivian tells the story, you can feel the importance of the story and the drama that unfolded. Reginald Barlow was told the early story by local Aboriginal people and his retelling provides a beautiful intersection between the two different storytelling methods.'

For Sharon it is very special to see her mother perform with

her two granddaughters and one great-granddaughter. Sharon's 14-year-old daughter Arwyn created two dances and two songs written in Dhurga language for *Baranguba*.

It premieres at the Bay Pavilions in Batemans Bay on Friday, 4 October, at 7.00 pm, with two more performances on Saturday. To buy tickets or for more information use your usual browser and go to the River of Art website.

Marion Williams



Aunty Vivian Mason will perform in the premiere of *Baranguba* at the River of Art Festival on 4 October. Photo credit Scott Baker.

## Posted!

The *Posted!* exhibition continues to 16 October.

There are many posted: a letter, a woman in the army, totem poles, cakes, cows, love letters, walls, social media postings on the net. Come along and see how South Coast artists have responded and put their stamp on this theme, creating artworks in many media for you to enjoy.

Spiral Gallery, 47 Church St, Bega is open from Monday to Friday, 10.00 am-4.00 pm; and Saturdays 10.00 am-1.00 pm. You can search for Spiral Gallery, Bega for more information.

Diana Stewart



All the love I've got by Cathy Jarratt

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## Goldner String Quartet's final tour: a triumphant farewell

After nearly thirty years of captivating performances, the Goldner String Quartet will embark on their final tour, ending an illustrious career that has charmed audiences both locally and internationally. This momentous event will take place on Friday, 4 October at 6.00 pm, hosted at Four Winds in Barragga Bay. Guests are invited to enjoy food, drinks and a community catch-up from 4.30 pm, with tickets priced at \$45 for general admission, \$35 for concessions and free for those aged 16 and under.

The evening, aptly titled *Innermost Thoughts*, will feature a program of compositions by Mozart, Shostakovich and Schubert. The Quartet's repertoire will include Mozart's Quartet in C major K.157, Shostakovich's Quartet No. 8 and Schubert's hauntingly beautiful Quartet in D minor D.810 *Death and the Maiden*. This final performance at Four Winds promises to be a deeply moving experience, offering audiences an intimate

glimpse into the creative minds of some of classical music's greatest composers.

Named in honour of Richard Goldner, founder of Musica Viva Australia, the Goldner String Quartet has been a beacon of excellence since its inception in 1995. Their contributions to Australian classical music, including mentoring emerging talents and commissioning new works, have been nothing short of exceptional. As they bid farewell to their performance career together, this final tour will undoubtedly be a celebration of their remarkable legacy.

Join us at Four Winds to witness this historic event and pay tribute to a quartet whose influence and artistry have left an indelible mark on the world of classical music.

Friday 4 Oct 6.00 pm | Food and bar from 4.30 pm

Tickets are available from the Four Winds Bermagui website.



Goldner String Quartet. Photo: Keith Saunders

Madison Phillips



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\*\* This includes parent information session at 9:30am  
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# Giiyong Festival returns: a vibrant celebration of culture and creativity on the South Coast

Giiyong Festival, the largest multi-arts Aboriginal cultural festival in southern NSW, will take place on Saturday 9 November, at Jigamy, an Aboriginal-owned property between Pambula and Eden. Nestled on the shores of Pambula Lake, home of the Thaua people, the festival promises a day filled with cultural immersion, music and celebration.

Organised by South East Arts, Twofold Aboriginal Corporation and Eden Local Aboriginal Land Council, this is Giiyong Festival's fourth year. *Giiyong* means 'come to welcome' in the south coast languages spoken by Elders. And, true to its name, the festival invites everyone to experience the rich cultural history of the region.

The festival's all-ages appeal is the key to ensuring that everyone has a memorable experience. The evening program features the who's who of Aussie hip hop – BARKAA, a Malyangapa, Barkindji artist who has earned the title 'Blak Matriarch of Aussie Hip Hop', Gomeroi artist Kobie Dee, and South Coast favourite Yuin man, Nooky, the self-appointed Mayor of Nowra and host of triple j's 'Blak Out'.

During the day, festival-goers can relax by Pambula Lake and enjoy performances by Ron 'Callo' Callaghan and his band, The Djidjarns from Bega, Ripple Effect Band from Maningrida in the Northern Territory, Michelle Russell from Cooma and Dale Huddleston.

In addition, there is a speakers program, cultural presentations, workshops, dance and the vibrant Guganyala Arts Market. Women from the community of Roebourne in the Pilbara in Western Australia will be visiting to share their project, *Punkaliyarra*, produced by Big hART, telling stories, sharing language and practices.

Sean Choolburra will be putting on



Dhilwaan Yarrkural nightfall dance. David Rogers photography

a special kids show, chef Mark Olive is returning, Clarence Slockee will offer sessions on native plants and Shane Herrington will demonstrate traditional tools. Amanda Reynolds and other Cultural presenters will focus on traditional women's practices like weaving and the use of possum skins. Young local women working with mentors Emma Stewart, Ashweeni Mason and Bee Cruse, are learning about wearable art, modelling and photography, and using traditional methods to create amazing pieces that they will parade at the festival.

The evening's *Dhilwaan Yarrkural*

(Nightfall Dance) brings together multiple Aboriginal dance groups from the region for a massive celebration.

Giiyong Festival is a unique opportunity for the south-east NSW community to come together in celebration of Aboriginal arts, Culture, reconciliation, and resilience. The festival is proudly supported by Create NSW, local sponsors and community supporters.

Tickets are now available and volunteers can register on the Giiyong website.

Kate Howarth

## News from Cobargo Creators

Everyone is invited to attend our second Annual Children's Art Exhibition that will be held in the Cobargo School of Arts Hall over the October long weekend (Sat 5 and Sun 6 October). Creative work by children in the Triangle area will be on display between 10.00 am and 2.00 pm each day. Entry is by gold coin donation and all proceeds will be shared between the participating schools.

Shopping locally for your Christmas presents helps local families and the local economy. Cobargo Creators will stock a

wide variety of locally made items that are ideal for gift-giving from early November. And, as in previous years, we'll be open for late night shopping on Friday 6 December.

Our next Members Only exhibition will be on display in the Gallery throughout January 2025. *Tell me a yarn* will showcase the talents of members of Cobargo Creators and all exhibition entries will be for sale.

Glenda Heino



## The people's choice



The Crewcible crew on location

*The day she stole the sun* is a new documentary about the 2019-2020 bushfires produced by Bemboka filmmaker Jimmy Logue through his company Crewcible Studio. Created for and funded by the Cobargo Bushfire Resilience Centre, the documentary focuses on Cobargo and the many experiences of residents, both in town and in surrounding rural areas. Its first showing was on 17 August 2024 at the Far South Film Festival awards in Merimbula, where it won the People's Choice Award. Congratulations to Executive Producer, Rhonda Ayliffe, Jimmy Logue and all involved for creating a lasting testament to the community resilience shown in response to the Black Summer bush fires. The title, *The day she stole the sun*, from a book created by the Cobargo Public School, is used with permission.

Tikka Wilson

### Gabrielle Powell, Hilary Peterson, Nancy Brunton and Claudia Tasche

**Spiral Gallery 18 October - 6 November**

The artists will showcase their love of fibre and textiles. They are exploring innovative ways to use their skills, techniques and materials to make unique works. They use a variety of materials including ceramics, fabric, stitching, different fibres, wire and recycled materials while exploring natural landscapes.



Gabrielle Powell's recycled baskets

### The Art of Fibre

#### Art of Fibre Workshops

Thanks to the Mumbulla Foundation for supporting the Art of Fibre circle. This project offers both the community and artists the chance to develop new relationships and creative ideas.

Makers Circle will be held on Saturday 2 November, 10.30 am to 2.00 pm. RSVP to [spiralgallerybega@gmail.com](mailto:spiralgallerybega@gmail.com).

Gabrielle Powell

### Collage your curiosity

Workshops will continue throughout October with local artist Yemaya Grace Maitri at Good Vibes Studio, Bermagui. In each session, Yemaya offers a different invitation or prompt for participants to respond to however they choose. Once the technical demos are out of the way, it's playtime!

The beauty of collage is it's an accessible method of creative expression where no experience is required. There are no rules – and if you find any, break them anyway!

These sessions are an opportunity to experiment with fellow creatives in a fun, relaxed, supportive and encouraging atmosphere. From poets to ceramicists, architects to permaculturalists, musicians to ecologists, yoginis to psychotherapists and beyond, collage is for everyone! Are you curious?

Contact Yemaya for info and bookings on 0419 888 982.

\$75 per artist per session, with all tools and materials supplied.

There is a two for one spring introductory offer – receive a 50% discount on your first workshop for you and a friend.

Sat 5 October 10.00 am to 1.00 pm, Sun 6 October 12.00 to 2.30 pm, Fri 25 October 10.00 am to 1.00 pm and Wed 30 October 10.00 am to 1.00 pm. Good Vibes Studio, 58 Lamont St, Bermagui.

Website: [yemayagracemaitri.com](http://yemayagracemaitri.com)

Phone number: 0419 888 982

Email: [metamorphic.grace@gmail.com](mailto:metamorphic.grace@gmail.com)

Yemaya Grace Maitri

### Dancing with Nature

Hello, my name is Tia Ofu Fereti. I am a local artist, barista at Valiant coffee and a caterer.

I am excited to bring you *Dancing with Nature*, a collection of my creations sharing the divinity of delving into and simply being one with the land. Exploring movement, magic, stillness, freedom and form.

I make all my own pigments from turmeric, charcoal, ochre, clay, egg whites and spit. To be able to create from nature for nature is an absolute honour!

I grew up in Bermagui, surrounded by such beauty – of the land, ocean, Mother Mountain, the bush, trees, flora and fauna. Finding freedom in the magic of this land,

it is an honour to share her magic and beauty with you.

I am having an opening on Tuesday 1 October from 10.00 am to noon if you would like to drop in for a chat, view my works and join me for a cuppa.

My exhibition will be in the Side Room at The Lazy Lizard Gallery for the month of October.

Tia Fereti



Gulaga over Wallaga Lake by Tia Fereti

## Spring Sing

In spring each year for the past ten years or so, local choirs have united at the Four Winds Windsong Pavilion to welcome in spring and share their love of singing. The 2024 Spring Sing proved to be a treat for performers and audience alike.

Dan Scollay and Geoffrey Badger, the organisers, conductors and brains behind the operation, led us in rehearsals, polished, encouraged and cajoled us into being the best choristers we could be. The morning workshops were an opportunity to try something new and sing with different people.



Bega Valley Men's Choir led by Geoffrey Badger

Of course, eating, catching up with each other and meeting new people were important aspects of the day and Sundaramani kept us well fed with her delicious food.

The afternoon concert was open to the public and a large audience gathered to be treated to the works of six choirs. The groups that performed on the day were That Bunch of Singers from Bermagui, the Salty Singers of Moruya, Spirit Allegro from Pambula, and Hark, the Riverbend Choir and Bega Men's Choir all from the Bega Valley. Although exhausted after rehearsing all day, the excitement and anticipation of the concert was enough to get the singers through the final hours. It was such an entertaining and surprising mixed bag of pieces, but all were performed with passion and to concert standard. Once each choir had performed their own pieces, they united to form one massed ensemble. Fitting about one hundred people on stage was a challenge but worth it as the pleasure and emotions of singing in such a large group was evident as many a tear was shed in the final pieces.

For such a small region we are lucky to have more than six community choirs to join or listen to, each with their own style and characteristic approach. Many people sang in several choirs, showing how essential, nourishing and fulfilling singing can be. There was a variety of beautiful harmonies, deep resonant sounds, some modern and some old.

Thank you, Dan and Geoffrey, for pulling it all together. The choirs enjoyed it and learnt so much. The audience enjoyed it too and was able to witness the joy we were all feeling at the end. It was a wonderful afternoon of song, good humour and feel-good emotions. Singing really is food for the soul.

*Deb Worgan*



# Hear Well - Live Well

## Free community talks

15 October 11am - 12.30pm

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## Murrah Hall comes out(side)

Australia's first community hall amphitheatre is about to go live.

For 120 years, most events were held indoors at night in the Murrah Hall. Bushfires and COVID changed that. The Murrah became one of the very few venues, and this region's only community venue, able to offer low-priced and free outdoor music shows with visiting and local artists on temporary staging for community-sized audiences (with funding help from Destination NSW, ARIA/APRA, Coordinaire and BVSC). Audience surveys revealed over 95% of respondents wanted a permanent outdoor arrangement at the Murrah for family-friendly entertainment.

Thanks to the Foundation for Rural and Regional Renewal (FRRR), Horizon Bank, Bega Valley Shire Council and former Councillor, Cathy Griff, the Murrah Hall has a new, intimate, outdoor amphitheatre behind the hall and a future for audiences of over a hundred all-age, all-sized humans.

Designed by Bermagui local, Garry McKechnie, and constructed by Quaama's



Murrah amphitheatre

Proscape Construction this magnificent new space sits behind the Murrah Hall like it's always been there just waiting to be uncovered for the engagement and delight of all, audience and artists, now and into the future. The portable staging and the PA were funded by Create NSW.

Planning for stage coverage and lighting is proceeding, along with a Cantina BBQ upgrade, so we, locals and visitors, will eventually have a community cultural precinct. The Hall and surrounds are available for mini festivals, small and large gigs, social and community events, weddings, outdoor sculpture exhibitions and more.

The Murrah Committee has organised an opening gig – an Arvo and Evening, all-age dance bash with the all-time favourite reggae band, The Strides, supported by the redoubtable Declan Kelly in the arvo. BBQ in the arvo and Murrah curries at night. A total outdoor/indoor entertainment experience, just for you. Facebook feedback welcome.

You can say, 'We went to the very first amphitheatre gig at the Murrah – the only one at a community hall in Australia!'

Saturday 26 October, 2024

Arvo: 1.00 pm – 5.00 pm

Evening: 6.00 pm till late

Murrah Hall website for details.

Howard Stanley

## Murder on the kitchen floor

The Cobargo-based School of Arts Players Inc. (SOAPI) recently performed their latest production, *Why Nigel?*, to sellout crowds over four nights on their home stage.

The play, a comedic mystery written and directed by Robyn Freedman, centred around a visit to the town by a reality TV cooking show called *Locavore eXtraordinaire* (LX). During the filming of the episode, as local chefs compete to impress celebrity

judges, one of the main stars of the show suddenly dies. Both the cast and the audience are shocked to discover that Nigel's demise was murder!

As the audience sipped and nibbled in the inimitably relaxed, Cobargo cabaret-style of eskies under the table, the nature of the death and the identity of the culprit was hilariously revealed within a school of red herrings.

The cast of eighteen local players of all ages put on a stellar performance leaving the audience hungry for the next SOAPI production.

SOAPI welcomes people of all ages and experience levels, so if you want to be involved, email [soapi@dotindot.com](mailto:soapi@dotindot.com) or call Robyn on 0410 525 968.

The next production will be a children's play over the Christmas holiday period and SOAPI is calling for kids aged six years and up to get in touch to become part of this fun show. Rehearsals start in November for a January production.

Mark Evans




The triumphant cast of *Why Nigel?*

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## Shop7 ArtSpace Gallery October exhibitions

October sees the final week of the River of Art festival, where exhibitions, open studios and events are held in Bermagui and right up the coast, as far as Batemans Bay, until 7 October.

Congratulations to Shop7 member David Campbell, on being chosen as a finalist in the River of Art Prize. David has his studio open to the public from October 5 to October 7 10.00 am to 1.00 pm at 1 Wattle Street, Bermagui. David Campbell's paintings are on show at the Shop7 Artspace Gallery, along with artworks by its ten members who are local artists, and their guests.

This month's Guest Artist is Diana White. Diana has exhibited in this year's Shop7 community exhibitions, with *Anchorage 2021*, an intricate ink drawing on canvas board, and her lithograph *Flotsam 24* that takes us to the seashore with its beautiful seashells.

Shop7 ArtSpace Gallery is on the upper deck of the Bermagui Wharf, and is open every day except Tuesday, from 10.30 am to 3.00 pm.

L. Jenkins

## John James's book launch at Well Thumbed

My book, *Glory and Tragedy in Notre-Dame d'Etampes: a forgotten mystic endeavour and its brutal suppression* will be launched at Well Thumbed Books in Cobargo on Saturday 26 October at 10.30 am. Tea and nibbles will be provided, and I will be selling the book at less than printing cost at the launch. After that it will be half price from the UK distributor.

Imagine being in a church with more than a hundred people loudly chanting the name of God, not in rows but in a circle, with drums and trumpets, holding each other and swaying with the sounds – and with no one in charge. That was the scene in 1100 when, after the stunning success of the Crusades, the victors brought home Eastern ways to alter consciousness in their worship (as a modern example, search YouTube for 'Beautiful ZIKR of Allah in Turkey').

Those Levantine techniques are not imaginable in modern worship, but back then people designed churches especially for them so they could turn worship into a thrilling mystic experience. They were seeking totally engulfing spiritual encounters in which everything feels at one, right in the here and now. They were not waiting for heavenly bliss after death, but for the ineffable experience of the sublime in the present.

The evidence for this revolutionary manner of worship is described in my new book. The proof lies in their buildings that demonstrate the great mystic revival that dominated the early Middle Ages. Yet, by its nature, mysticism threatened the power of the Church and had to be brutally suppressed, its supporters



Detail, photo John James

burned and records destroyed – so all that is left is the buildings.

I will play you some of these chants and show you the churches they built – and read some words that glow with the passion of those times.

John James

## Music performance

### a love letter to the far south coast community

#### Rune Alith performs with special guests at Four Winds Windsong Pavilion 16 October

I consider my upcoming end of an era show a contemporary-melancholy-folk-pop love letter to the far south coast community. The retrospective mid-week show will take place at the incredible Windsong Pavilion at Four Winds, Barragga Bay on 16 October. I have been given financial support for this concert by North of Eden Gin and Monday Distilleries – for which I'm so grateful.

I have written the majority of this upcoming album on Djirringanj country and have performed many shows locally over the last four years. I am touched by the support and encouragement from the community in which I was raised. Thank you, please join me and some special guests for this performance.

I promise to sing and play my little heart out, while presenting multiple costume changes. I can't promise a perfect performance, but I can promise a perfectly imperfect performance. I have decided to embrace fully what can only be described as mishaps and forgotten lyrics mid-show. If you get a laugh or shed a tear, I have done my job, if you do both, that's a bonus.

Intimate shows have become the hallmark approach of my performances, largely influenced by the pandemic situation. Whilst COVID restrictions had a devastating effect on much of the live music industry, it has also largely shaped the way I have approached incredibly intimate shows, consisting of audiences sometimes as small as fifteen at Narooma Kinema, thirty-five in the Northern Rivers, ten in Melbourne's CBD and, most notably, two in a Byron Bay motel room after a show was cancelled due to an outbreak – that show is one of my most treasured memories. Having the opportunity to play at Four Winds allows me to expand my audience without compromising on intimacy. A musician once told me, as singers our song is only half sung without an audience. So please come and complete what can only be completed by you!

Tickets \$39, includes a drink on arrival. This gig is for people 16 years and over.

Wednesday 16 October 5.30 – 7.30 pm (doors open 5.15 pm).

Four Winds Windsong Pavilion

Search the internet for Rune Alith Music for tickets and more information.

Rune Alith



Rune Alith on grand piano at Four Winds, Windsong Pavilion.  
Photo credit Lana Revill



*What I'd rather not think about*

Jente Posthuma

Translated by

Sarah Timmer Harvey

Scribe Publications

RRP \$32.99



This is the second novel from Jente Posthuma, a Dutch writer, and was among the six novels shortlisted for the International Booker Prize 2024. The Booker Prize has had a few name changes and this has resulted in some confusion. The Booker Prize (now the new/old name) is for a novel published in English from writers in Commonwealth countries and Ireland. In 2005, the International Booker Prize was inaugurated for novels worldwide, that were published in English, including books translated into English, with the aim of promoting global literature. Both prizes are worth £50,000 (nearly \$100,000) but worth much more in prestige and additional sales (winning the Booker is said to increase sales by 800%!). Readers don't always agree with the judges and the validity of naming one novel the best is subjective. But I usually pick and choose among the short lists and winners and I'm very glad I picked this one.

What a surprise. I was totally immersed in the novel by an unnamed protagonist as she reflects on her life with her twin brother through childhood and adulthood in short vignettes, like a mosaic. She had believed they would be together all their lives. Now she must ponder how

she will live without him after he takes his own life. It sounds grim but I didn't find it so. It's grief, it's co-dependency, it's dysfunction, it's sad, it's funny and it's beautiful.

*... I don't need my own life, I said.*

*You just don't want to live alone, said my brother.*

*But that wasn't it, I did want to live alone, but with my brother ...*

The sister has always felt less than her twin – he's bigger, extroverted and gay. They discover boys together. They share the same interests, which reflect the 2000s – twins, experiments on twins by Joseph Mengele, the Twin Towers, Trump, moving to New York, cheap travel to 'find yourself' and the Dutch version of the TV show, *Survivor*. The brother draws away, having his own relationships, and begins to follow the teaching of Bhagwan. The sister desperately tries to hold on to their closeness.

The writing is simple, subtle and often very funny and for this the translator must be given credit.

The novel is by a Dutch writer and mainly set in Amsterdam but feels universal.

# COBARGO DRINKING WATER

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## Zen and the art of hand-watering

I'm no liquid luddite. Our thin boundary border beds and double arms-length wide vegetable rows all have a central snake of plastic dripper line to slowly soak the soil and if I was the lawn-watering kind I would naturally choose the efficiency of a sprinkler to cast a wide, even drink. But of all the forms of home irrigation, I find hand-watering the most satisfying.

Rain is the best way to water your garden. It is the cheapest and most energy-efficient delivery system. The bonus of storms is that lightning increases the nutrient value of the rain by accessing some atmospheric nitrogen. While nothing waters like rain, we have no way of controlling its amount or timing and, inevitably, we're left with the need to deliver water another way.

Critics will argue that any form of irrigation is quicker than hand-watering but when you have a lot of pots (cuttings, indoor plants, seedling trays) a whip-around with the hose or watering can is the most efficient way to water them all.

Hand-watering is the best way to deliver a customised amount of water specific for a plant's particular needs. Perhaps you are giving some attention to recently planted specimens that need a little extra nurturing while they become established, or the lemon tree needs a bit of extra flooding. Irrigation systems are handy, but they aren't discerning.

Time is money, so if you have plenty of the former and little of the latter, know that hand watering is the most budget-friendly form of watering, even more so if you have been able to catch and hold some rainwater.

Hand watering gives you time to observe the growing patterns of each individual plant and to spot any problems early or even to do some hand-weeding as you go. It forces you to

spend time in the garden and provides you with some peaceful contemplation time, contributing to your positive mental health and your daily exercise routine.

While an automatic irrigation system is a convenient amenity and can start work before you even get out of bed, it does to some degree separate you from your garden. Perhaps with the invention of a Bluetooth hoseless watering system, where you just walk around with a watering nozzle and there is nothing to trip on, get tangled or drag around, more people will embrace the Zen of hand watering.

Meanwhile, although dry, the town gardens are awash with spring colour. Perennial flowering shrubs such as lavenders, pelargoniums/geraniums and daisies are all sparkling. Azaleas are aflush and clusters of orange *Clivea miniata* brighten the shady places. Pendulous racemes of creamily sweet-perfumed *Wisteria sinensis* hang in colourful curtains and the tall intensely blue spikes of *Echium candicans* sway above their grey-green foliage. The callistemons are coming on strong too, much to the delight of the lorikeets.

In the wild places, on the sides of the road around the Triangle area, splashes of purple are appearing as the native dark-green, leathery-leaved, twining climber *Hardenbergia violacea* produces its mass of small pea-shaped flowers. Combined with some of the egg and bacon bushes (*Daviesia* spp., *Pultenaea* spp. etc) the combination of purple and gold is a royally supreme sight.

This month in the vegie garden is the one we have all been waiting for and you can start planting all your favourite varieties of beans, capsicum and/or chilli, corn, cucumber, eggplant, melons, pumpkins, tomato and zucchini. Carry on with the beetroot, carrot, celery, lettuce, onions, peas, potatoes and silver beet.

If you have any comments, gardening questions or plant or pest identification problems, please send them through to [gardening@thetriangle.org.au](mailto:gardening@thetriangle.org.au) and we will get back to you personally.

Happy growing.



*Echium candicans*



*Hardenbergia violacea*



*Wisteria sinensis*

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So many types of beans to choose from.  
Photo credit: fcafotodigital.

## Beans – the toot fruit

Pulses, otherwise known as beans, are a wonderful food. Beans are legumes, meaning the seeds are produced in pods and I'll focus on dried or tinned beans. For people who eat mostly plants, beans are a great source of protein. For those who treasure their microbiome, the little guys in your gut love beans!

### The gas story

Let's do the gas bit first. Beans contain a starch called raffinose. Humans can only partially digest it; our microbiome does the rest and makes gas doing it – letting you know it's working.

### Dried or tinned?

I'm a fan of dried beans. They're very cheap and there's a huge variety available in our local whole food stores. Tinned beans are also great, but the selection is narrower. I particularly like Lima beans, only available dry, but also kidney, black, pinto, white, adzuki, mung, soy, lentils, green and yellow split peas, black-eyed peas and chickpeas.

### Preparation

I once thought dried beans were a hassle – it's hard to be spontaneous when most require 24 hours of soaking. The soaking and rinsing removes lectins, another compound humans can't digest. The exception is red split lentils that you can just rinse and use immediately. Red split lentils are a good thickener of pumpkin soup – throw in half a cup along with other ingredients, ensuring there's extra water for the lentils to absorb.

### Cooking

Whether you're using tinned or dried beans, the key is to cook them thoroughly – we can't digest raw or undercooked beans. The fastest way to cook dried beans

is to use a pressure cooker (30-40 minutes depending on the bean). But a slowly cooked pot of beans on the back of a wood-fired stove is amazing (5-6 hours). On a modern stove they take about 90 minutes. Lentils, in their various forms (split red, whole red, Puy etc), and split peas (yellow and green) take less time to cook.

## Recipes

There are so many bean recipes. Dahl is a favourite, with rich Indian spices, creating a warm delicious dish, served with rice. All beans can be cooked with tomatoes, Moroccan spices, cinnamon and sultanas for a different flavour (also served with a grain or a bread). Kidney beans are essential in chili and other Latin American dishes. Adzuki and mung beans lend themselves to Oriental recipes, including desserts! And white beans are wonderful cooked with just salt, pepper and herbs, especially rosemary – think Italian white bean soup.

Many bean dishes are better the second day as leftovers – they absorb flavours overnight creating a richer and more subtle taste when reheated. Most bean dishes start with sautéed onions, garlic and spices followed by tomatoes, other vegetables and herbs. And you can mix different types of beans, but they work better if they are the same size, shape and cooking times.

### Don't forget bean dips

A bean staple in our household is hummus, made from chickpeas (although you can make bean dips and spreads from almost any bean). Hummus in its simplest form is cooked chickpeas, tahini, olive oil, lemon juice, garlic and salt, blended into a paste. Cold chickpeas work better than if they're still warm. If tinned, rinse a couple times and then drain thoroughly. Hummus is great in a wide range of textures including 'chunky' – leaving some of the chickpeas whole. You can add different herbs and spices to each batch. Or olives, or ... whatever strikes your fancy.

## CROSSWORD ANSWERS

**ACROSS** 9 Apace, 10 Overdoing, 11 Draconian, 12 Iraqi, 13 Weapons, 15 Dailies, 16 Day-care centre, 20 Enforce, 22 Colombo, 23 Title, 24 Greg Davis, 26 Prescribe, 27 Alloy.

**DOWN** 1 Ran down, 2 Tamarama, 3 Dero, 4 Rotisserie, 5 Fern, 6 Additional, 7 Pisani, 8 Against, 14 Occurrence, 15 Dick Cheney, 17 Removals, 18 Red tape, 19 Dog's eye, 21 Fetter, 24 Grin, 25 Dual.



# COMMUNITY NOTICES

Community Notices are advertised in *The Triangle* for non-profit groups free of charge. If your organisation would like to be listed or if details change, please contact us at: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## CATHOLIC CHURCH

Weekend Mass times.  
Bermagui - Sun 7:30am Cobargo - Sat 5pm

**COBARGO AND DISTRICT ENERGY TRANSITION GROUP INC (CaDET)**  
Email - [renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com)  
[www.renewablecobargo.com](http://www.renewablecobargo.com)

## COBARGO COMMUNITY DEVELOPMENT CORPORATION

Registered Charity - Rebuilding Cobargo  
Unit 5 & 6 / 48 Princess Highway, Cobargo  
[ccdclimited@gmail.com](mailto:ccdclimited@gmail.com) - [www.ccdc.org.au](http://www.ccdc.org.au)

## COBARGO CREATORS

Established in 2012, a volunteer-run, not-for-profit art collective. Manages the Cobargo Creators Art Gallery. New members and volunteers always welcome! Committee meets monthly. email: [mail@cobargocreators.org](mailto:mail@cobargocreators.org)

## COBARGO CWA

Meets in the CWA Rooms, 5 Bermagui St  
2nd Tues of the month, 10.30am.  
[cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com)  
Cottage Hire 6493 6428 or 0429 933 686

## COBARGO DISTRICT MUSEUM

The Cobargo Museum: researching local history, old photos & information.  
New members welcome.  
Contacts: Vicky Hoyer 0422 377 278  
Bev Holland 0408 280 024

## COBARGO PRESCHOOL

Child centred, play based preschool education for 3-5 year olds.  
Mon - Thurs during school terms  
0455 043 489 [cobargopreschool@gmail.com](mailto:cobargopreschool@gmail.com)  
[www.cobargopreschool.com.au](http://www.cobargopreschool.com.au)

## COBARGO QUAAMA BUSINESS RECOVERY GROUP INC (CQBRG)

New Members Welcome!  
Enquiries: CQBRG Secretary Ph: 0418 361 781  
[cqbrgroup@gmail.com](mailto:cqbrgroup@gmail.com) [www.cqbr.org.au](http://www.cqbr.org.au)

## COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries  
phone Kathy Rix 0488 048 701

## COBARGO SCHOOL OF ARTS

Hall bookings and inquiries:  
Linda 0407 047 404 / [cobargohall@gmail.com](mailto:cobargohall@gmail.com)

## 1ST COBARGO SCOUT GROUP

Children 6 - 18yrs. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall.  
Contact Graham Parr on 0429 936 795.

## COBARGO SHOWGROUND

Contact: Mike Nicholas m: 0414 012 287  
e: [miknik62@hotmail.com](mailto:miknik62@hotmail.com) for bookings

## COBARGO SHOW MEETING

Monthly 2nd Wednesday, 7.00 pm - Cobargo Showground dining hall. Contact Naomi 0417 456 354 [secretarycobargoshow@yahoo.com.au](mailto:secretarycobargoshow@yahoo.com.au)

## COBARGO TOURIST & BUSINESS ASSOC

Meets every 2nd Tuesdays, 6pm @ the CWA cottage. Contact: Janet Doolin 0409 033 828

## DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. Contact Nick van Stek, Pres. 0439 361 118 or Felicity Ruby, Sec. 0452 161 673

## MOBILE TOY LIBRARY

& PARENTING RESOURCE SERVICE  
All parents of children 0-6 welcome to join.  
Enquiries: 6496 1918

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[opensanctuarytilba.org](http://opensanctuarytilba.org) and on facebook.  
Contact: Linda Chapman 0422 273 021

## QUAAMA / COBARGO QUILTERS

Meets Mondays 10am-3.00pm in the CWA Cottage, Bermagui Road, Cobargo. Anyone welcome who does patchwork, quilting, or any other fibre or needlecraft. Contact Lorraine James 0459 022 368 or Leanne Tett 0408 627 103

## QUAAMA MEN'S SHED

Meets Weds from 10am, 20 Bermagui Street  
John Preston (President) 0429 179 184  
Ron Higgins on 0408 788 528.  
All men are welcome.

## QUAAMA PROGRESS ASSOCIATION

New members welcome. Phone: 0408 411 956  
[quaamaprogress@gmail.com](mailto:quaamaprogress@gmail.com)

## QUAAMA RENEWAL PROJECTS

[quaamarenewalprojects@gmail.com](mailto:quaamarenewalprojects@gmail.com)  
Phone: Veronica 0437 263 128  
[www.facebook.com/quaamarenewal](http://www.facebook.com/quaamarenewal)

## QUAAMA SCHOOL OF ARTS

Hall bookings and inquiries:  
Call 0408 411 956  
[quaamahallbookings@gmail.com](mailto:quaamahallbookings@gmail.com)

## SOAPI COMMUNITY THEATRE

School of Arts Players Inc (SOAPI) writes, produces and performs theatre in the region. 10 years to adult. No experience necessary.  
Facebook @SOAPItheatre or call Robyn Freedman 0410 525 968

## TILBA CWA

Meeting 2nd Thursday of the month, 10.30 am  
Tilba small hall, Bate Street, Central Tilba  
Contact: Teresa Stubbings 0417 418 447

## TILBA MARKET

Home grown, Hand made,  
Grow it, Make it, Sew it, Bake it.  
Every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential. Phone 0490 130 478.

## TRIANGLE TOOL LIBRARY

Behind the Cobargo Co-op  
Open 9-12 on Tues, Fri and Sat  
[www.triangletoollibrary.org.au](http://www.triangletoollibrary.org.au)  
Lynn 0411 432 533 or Nacre 0419 425 208

## U3A BERMAGUI

Lifelong Learning Opportunities  
For a full list of courses and timetable  
visit: [u3abermagui.com.au](http://u3abermagui.com.au)

## UNITING CHURCH SERVICES

Narooma - Sundays at 9am, 134 Wagonga St.  
Cobargo - 2nd Sunday at 11.00 am.  
4th Sun Prayer & Praise (ecumenical) at 11 am.  
38 Bermagui Road, Cobargo  
Phone Di: 4476 2024 [mtdromedary.uca.org.au](mailto:mtdromedary.uca.org.au)

## THE YUIN FOLK CLUB

Details at [www.cobargofolkfestival.com](http://www.cobargofolkfestival.com)  
Ph. Secretary Carolyn Griffin 0400 391 324,  
Treasurer Zena Armstrong 0402 067 615 or  
email [info@cobargofolkfestival.com](mailto:info@cobargofolkfestival.com)

## ALCOHOLICS ANONYMOUS

Bermagui Saturdays 2pm at the Anglican Church Hall, Ph: Dave on 6493 5014

## ANGLICAN PARISH OF COBARGO

Bermagui: All Saints - every Sunday 8.00am  
Cobargo: Christ Church -  
1st, 2nd, 3rd Sundays 10.00am  
Quaama: Quaama School of Arts Hall -  
4th Sunday 10am  
Ph: The Reverend John Thomas 0427 260 833

## ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

## BERMAGUI BAPTIST CHURCH

West Street, Bermagui. All Welcome.  
Family Service Sundays 10.00-12 am

## BERMAGUI CROQUET CLUB

Every Sunday morning at 10 am  
behind the Bermagui Country Club.  
Beginners and new members welcome.  
Contact Bermagui Country Club on 6493 4340

## BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.  
CWA Rooms, 10 Corunna St, Bermagui.  
Contact: Mrs Kathryn Preston, 6493 5887  
[kfpreston@bigpond.com](mailto:kfpreston@bigpond.com)

## BERMAGUI DUNE CARE

Meets on the 3rd Sunday of each month  
Contact: [bermaguidunecare@skymesh.com.au](mailto:bermaguidunecare@skymesh.com.au)

## BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon,  
venues vary. Phone Christine 0400 301 040

## BERMAGUI HISTORICAL SOCIETY

Museum Open Tuesdays 10am - 2pm.  
Researchers & helpers welcome.  
Contact [bermaguimuseum@gmail.com](mailto:bermaguimuseum@gmail.com)

## BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs  
each month at Cobargo Hotel & 3rd Thurs at  
Bermagui Country Club at 12 for 12.30 pm  
Enquiries: Geoff 0407 164 466

## THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the  
Bermagui Red Cross. Gary Stevens, 6493 6581.

## BERMAGUI MEN'S SHED

Meets Tues, Thurs & Sat from 10am @  
new shed adjacent to the council depot on  
Bermagui Tathra Rd. All men are welcome.  
Contact Ian Bailey 0409 691 458

## BERMAGUI PROBUS

Meets at 10am to 12pm on the 2nd Monday of  
each month at the Men's Shed meeting room.  
Bermagui Tathra Rd. Contact Lorraine Courtis  
email [lcou6446@bigpond.net.au](mailto:lcou6446@bigpond.net.au)

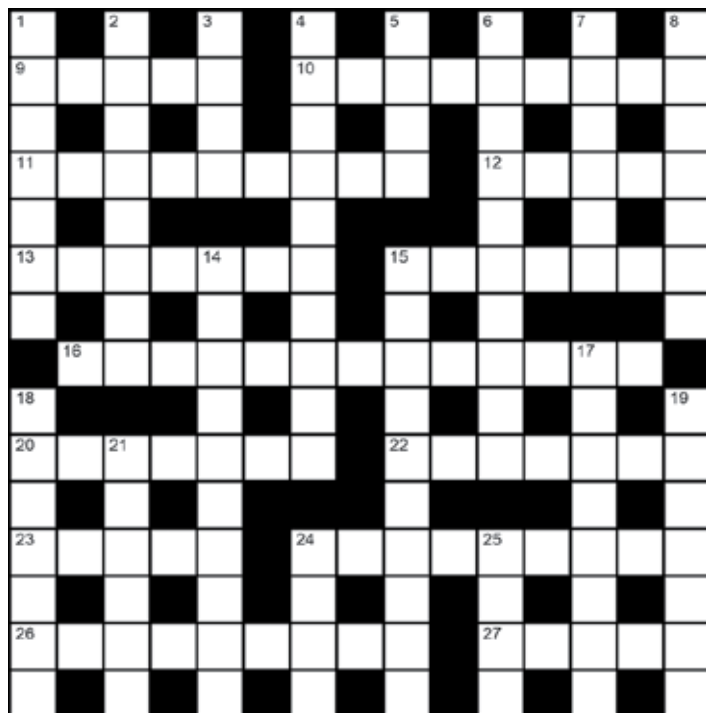
## BERMAGUI SENIORS' SOCIAL CLUB

Meets the 1st Wed, 11.30 am at the Bermagui  
Country Club, with social luncheons to follow.  
New members are most welcome.  
Enquiries: [bermaguiseniors@gmail.com](mailto:bermaguiseniors@gmail.com)



# Game On

## OCTOBER CROSSWORD



## SUDOKU



### ACROSS

- 9 Fast (5)
- 10 Exaggerating (9)
- 11 Upset, Donna Rica is very unforgiving (9)
- 12 Basra native, perhaps (5)
- 13 Instruments of offence (7)
- 15 Some newspapers (7)
- 16 Supervised spot for the infirm (3-4,6)
- 20 Compel (7)
- 22 Sri Lankan capital (7)
- 23 Name (5)
- 24 Former Wallabies captain, who died young (4,5)
- 26 Dictate (9)
- 27 A metal composed of two or more metals. (5)

\*Indicates a cryptic clue.

### DOWN

- 1 "The clock struck one, the mouse --- ..." (3,4)
- 2 Sydney beach suburb (8)
- 3 One on the streets (4)
- 4 Electric spit (10)
- 5 Bird's nest ---, which can be grown indoors (4)
- 6 Supplementary (10)
- 7 Former national field hockey captain Sandy --- (6)
- 8 Con (7)
- 14 Event (10)
- 15 Dubya's VP (4,6)
- 17 Transfers of furniture from one house to another (8)
- 18 Deep tar, stirred, causes delay (3,4)
- 19 Lunch feature, often (4,3)
- 21 Gyve (6)
- 24 Broad smile (4)
- 25 Double (4)

**Answers on page 37**

**Kidz' Korner**  
I Spy With My Little Eye  
Circle everything you see



# For the fridge door

OCTOBER	WHAT	WHERE	TIME
Tues 1 + all Oct	<i>Dancing with nature</i> Tia Fereti opening 10 am - noon for cuppa & chat with Tia	Lazy Lizard, Side Room pg. 31.	10 am - 2 pm Mon - Sat
Oct - 7	David Campbell paintings, thereafter members' artworks	Shop7 Artspace, Wharf Co-op Bermagui	W-M 10.30 am-3 pm
Oct - 16	<i>Posted</i> various artists pg. 28	Spiral Gallery M-F 10-4 pm	Sat 10 - 1 pm
Fri 4	<i>Innermost thoughts</i> Goldner String Quartet pg. 29	Windsong Pavilion, Four Winds Barragga bay	4.30 food & bar; 6 pm start
	Premiere <i>Baranguba</i> hybrid theatre, dance & performance pg. 28	Yuin Theatre, Bay Pavilions, Batemans Bay	7.00 pm
	Every Friday, open mic, bookings, food	River Rock Café, Bermagui	
Sat 5 & 6	ReBoot Bermagui various outside challenges & activities for the whole family. For more info go to website	Bermagui, different locations for the activities	Check times and register online
	Cobargo Creators children's exhibition from the Triangle, gold coin entry	Cobargo School of Arts pg. 30	10 am - 2 pm
Sat 5	Merryn Apma pop-up art shop pg. 12	Mountain View Farm, Tilba Tilba	8 am - noon
	<i>Plein air</i> Paint & Sip in the daisies \$65 (includes 1 drink). Book: 0401 989 464	Mountain View Farm, Tilba Tilba.	2 pm - 4 pm
	<i>Baranguba</i> 2nd performance pg. 28	As above, Bay Pavilions, BB	Times: website
	Greg Kew	Tilba Winery & Alehouse	12 noon
Sun 6	Minh Ha	Tilba Winery & Alehouse	12 noon
	Merryn Apma pop-up art shop pg. 12	Tilba Winery & Alehouse	12 noon - 4 pm
Thurs 10	Premiere of Hiromi Matsuoka's documentary film about Montreal Goldfield, free, pgs. 3 and 8	Bermagui Country Club	6.30 pm
Fri 11	Bermagui CWA meeting, lunch & AGM	CWA rooms 10 Corunna St Bermagui	11 am - 2 pm
Sat 12	Punkalla Holler	Tilba Winery & Alehouse	12 noon
Sun 13	CWA Units, Open House	Units 5 & 6 Corunna St, Bermagui	10 am - 12 noon
	Steve Benic	Tilba Winery & Alehouse	12 noon
Wed 16	Rune Alith performs her original music Bookings: Four Winds website pg. 34	Windsong Pavilion, Four Winds. Opens 5.15 pm	Concert 5.30 pm - 7.30 pm
Fri 18	<i>The Art of Fibre</i> four artists, works in various textiles and fibres pg. 31	Spiral Gallery, Bega	M-F 10-4 Sat 10-1
Sat 19	<i>Art of Fibre</i> opening, meet the artists	Spiral Gallery, Bega	10.30 - noon
	<i>Driving Sideways</i>	Tilba Winery & Alehouse	12 noon
Sun 20	Sam Fletcher	Tilba Winery & Alehouse	12 noon
Weds 23	Last day to order mangoes for delivery in December pg. 17	Bermagui CWA fundraiser	Order & pay before 5 pm
Sat 26	John James book launch on the Gothic cathedral Notre-Dame d'Etampes	Well Thumbed Books, Cobargo	10.30 am
	OKTOBERFEST lederhosen, lagers, food & music - ticketed	Tilba Winery & Alehouse	10.00 am onwards
	Opening party at the Murrah amphitheatre, music & food, afternoon and night pg. 33	Murrah Hall, more information online	Arvo 1 pm - 5 pm; Evening 6 pm - late
Sun 27	CWA High Tea ph 0407 100 710 to book pg. 12	Sheep Shed, Henkley Farm near Central Tilba village	11.30 - 1.30 pm
	Jason Maynard	Tilba Winery & Alehouse	12 noon