

THE TRIANGLE COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Montreal Goldfield strikes gold with new film

Thursday, 4 April, was an exciting day at the Montreal Goldfield Heritage Centre – this was the first screening of the new 40-minute film about the goldfield made by international producer and Far South Coast local Hiromi Matsuoka.

Montreal Goldfield stalwarts Chris Franks, Judi Hearn and Bill Southwood share some of their wealth of knowledge of the goldfield’s rich history in the film. They do so against the backdrop of the pristine bush that has regrown from the original seedbank after the area was clear-felled by miners. Undisturbed since the gold rush by development or agriculture, the bush is much the same as when Captain Cook sailed past on his journey along the Far South Coast.

Gary and Paul Campbell are also in the film and explain the significance of Gulaga, the origin of the alluvial gold, to the Yuin people.

Carl Swensson, a Bermagui resident and mining exploration geologist, talks about the geology of the specific type of gold mined at Montreal.

The film also includes sketches by famous gold rush artist S T Gill and photographs by Tilba’s William Corkhill that record the miners’ working and living conditions in the mine’s heyday.

The audience of management committee members and other volunteers overwhelmingly agreed it was a vast improvement on the film they had made ten years earlier.

Bermagui residents are invited to view this very special film at a launch planned for September or October. It will be a great opportunity to learn more about the goldfield and, perhaps, become involved by becoming a tour guide and sharing this important part of Bermagui’s history. The goldfield will be closed from 6 May to the end of July for maintenance.

Marion Williams



Judi Hearn explaining the everyday items that the miners used. Judi Hearn, Kush Bourke and family, Director of Photography (DOP) Andrew Robinson, Sound Recordist Raymond Toms

Kush Bourke and family trying gold panning. DOP Andrew Robinson, Otis, Loki and Kush

Bill Southwood explaining how the miners created their shafts in 1880. DOP Andrew Robinson, tour participants and Bill Southwood centre

All photos by Hiromi Matsuoka

April has been a particularly tough month for many in Australia and thousands more in the wider world. The death of Zomi Frankcom, who arrived in Bermagui and helped provide cooked meals for so many traumatised and exhausted people during the Black Summer bushfires, shocked those who had met her in those dark and smoky days. Many people in the Triangle region were suddenly directly connected with the horrors of the war in Gaza. The ongoing cruel wars in Ukraine, Yemen, Sudan and other places; knife attacks at a shopping centre and a church; the regularity of violent assaults (many resulting in death) of women, some by strangers but, more often, by people they know; data that points to accelerating climate change – this year has challenged so many people’s sense of security and connection.

Words like social cohesion, acceptance, inclusion and integration seem pallid and insufficient in the face of senseless violence and suffering at home and around the globe. *The Triangle* is distributed to a tiny portion of the east coast of Australia, helping to inform residents about what is happening in their small communities, acting as an inspiration to creativity, spreading joy, inviting people to participate in their own neighbourhoods and satisfying their curiosity about the natural world as well

as the human society that lives here. There is so much on offer in our own small patch ranging from music, art and gardening to people helping people by fundraising to build much-needed homes, educating us on the fungi Kingdom and being playful on motorbikes.

It is essential that we do not ignore the racism, sexism and toxic tribalism that fuels so much of the cruelty. We can stand for compassion, the rule of law and the social values that underpin a working society and we should resist the urge to turn our faces away, shrug and move on.

The challenge is to engage honestly and openly with our own small world and spread genuine kindness (not just tolerance) and empathy (not judgement or pity) among the people we encounter in our daily lives, in streets, parks, shops and service stations. Smile at the woman in a head scarf who just made you a milkshake, chat to the young Aboriginal mother with the little baby on her hip, extend a helping hand to the old lady struggling with her bags of groceries and help the chap in a wheelchair weave across the carpark. We can be the flickering light in the darkness and a moment of authentic connection in someone else’s hard day.



Thumbs UP

To the local community for clearly and strongly supporting the CWA Bermagui building fund. This is a wonderful example of community supporting community, with local individuals and the broader local community benefitting in the long-term.

To Leonard Bolst’s partner – thanks for so gracefully and gently receiving early morning phone calls from crying people who need pain management advice from your physio husband.

To Chris Norris – who keeps our cars on the road. We often only see you when our vehicles are on the blink, and seldom when they’re purring along, getting us from A to B. Thanks, mate.

To SCPA – thanks for maintaining the email lists that help us swap, share, ask for help and assist with really urgent things like finding amazing bass guitars.

To Cobargo’s Twig and Feather gift shop for the wonderful and ever-changing window displays. Well done, Monique – for nearly nine years of inspiration and beauty in such a unique establishment!

Thumbs DOWN



To people(?) who throw the can from their alcoholic guava drink out the window in Dignams Creek. You suck.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it

accompanies. Contact us for assistance.

3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don’t leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cc lsang333@gmail.com.

Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.

Wallaga Lake Bridge

Well, it's about to happen – the bridge will be fully closed from 29 April for four weeks. It is scheduled to reopen on 26 May. It will then reopen but under stop/slow traffic control until 8 July when it will be fully closed again for another three weeks.

As you can understand this is all contingent on work proceeding smoothly and the weather being cooperative.

So please keep an eye on the Transport for NSW website (enter Transport for NSW in your usual browser and then enter 'Wallaga Lake Bridge' in the search bar at the top of the Homepage) for progress reports and any updates that might affect your plans.

There will a free, seven day a week community bus service as well as school buses operating during the maintenance period and the routes and timetables were released on 11 April. You can find the

bus routes and timetables on the Bega Valley Coaches or the Transport for NSW websites.



The (almost) perfect weed ...



I have been prompted to write this article because of a sudden surge in the number and size of the infestations of the dreaded Madeira vine (*Anredra cordifolia*) that are appearing along the roadside between the far south coast and Sydney. The run of recent wet and warm years has, presumably, favoured this extraordinarily aggressive climber. Madeira vine, for anyone fortunate enough not to be over-familiar with this monster, is a very strong, vigorous twining climber with thick fleshy leaves and warty brown aerial tubers (bulbils) as well as a large underground rhizome. It arrived in NSW from South America in 1894 and has since been found in all states and territories except NT. It has a frightening number of propagation strategies – leaves and stems will take root if they are in contact with the ground, the rhizome will continue to sprout for years and the thousands of bulbils will also take root and romp away if given a chance. It can survive cold (including frost and snow), floods and long dry periods as well as low light levels but really enjoys warmth and moisture.

Once a vine is established, has started flowering and setting bulbils, it is an enormous task to bring it under control. The waxy surface of the leaves makes chemical control difficult (you will need to scrape the stems before painting on neat herbicide and repeat every few months for several years). Physical control (digging it up and/or tearing down the mass of tangled growth from the canopy) often initially makes the infestation worse as it can disturb thousands of bulbils that drop onto the soil and establish new plants. The bulbils can persist for between two and fifteen years and the underground tuber will also put out new stems for many years.

So ... early recognition of young Madeira vines is essential – remove them and the underground tuber as soon as you see one. Monitor the site to make sure new plants do not emerge and do NOT place any part of the vine in your green bin. If you want to know more, consult the websites of WeedsAustralia, NSW WeedWise or Wikipedia.

Angela Marshall

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Cobargo: Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

Wallaga Lake: Merrimans Land Council

Narooma: BP station, Library, Casey's Café, **Quaama:** The Quaama Store

Deadlines:

Advertising: 5pm, 19th of each month

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Thumbs / Letters to the editor:

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The Triangle is a community newspaper.

Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800 in print plus around 3000 unique online visits each month.

Zomi Frankcom (1980 – 2024)

Suddenly the world feels a lot smaller.

I am fully aware of the risks that wckitchen [World Central Kitchen] takes in order to get aid to those who are in need.

They push the boundaries and go above and beyond what many would consider far too dangerous.

Their commitment and dedication to humanitarian aid is something that you don't often see up close, let alone in a tiny coastal town.

They not only left their mark on me, but on the thousands of people they helped on the South Coast of NSW during the Black Summer Fires.

To lose good people who are so selfless and brave, is something that I'm finding very hard to comprehend.

Zomi, you were a force to be reckoned with when you arrived at my kitchen. In the Black Summer fires we were traumatised by what was at our doorstep, yet your bubbly, positive energy flowed throughout the operation and with your careful guidance we managed to feed thousands on the south coast – many of whom had lost everything.

I wish you could have seen the positive after-effects of that, not to mention all of the work you have done around the world.

A beautiful life lost far too soon.

RIP Zomi.

Kelly Eastwood's eloquent and heartbreaking message on the @eastwoodsbermagui Instagram page. We couldn't agree more only adding that both Zomi and Kelly were forces

On April 1, 2024, Zomi Frankcom, an Australian working for World Central Kitchen, was one of six aid workers killed in Gaza by an Israeli airstrike. They were in a convoy of three vehicles delivering food to the starving people of Gaza.

to be reckoned with, forces for good in that terrible time. We can only dimly imagine what Zomi's family and loved ones have been through and we send our deepest condolences. Zomi will be remembered by so many of us on the NSW South Coast.



Zomi Frankcom at Eastwood's in 2020

Christ Church Centenary Labyrinth Memorial plaques

Do you have a departed family member or friend who attended Cobargo Anglican Church?

We are offering the opportunity to place a plaque for them at the Memorial Labyrinth at Christ Church, Hoyer Street, bonded to the bricks of the circles in a location of your choice.

The plaques are 120mm x 74mm, black anodised aluminium, with engraved text, similar to the image below. Additional wording is possible.

Contact the Parish Administrator
Vanessa Williams - 0408 177 131 or
email cobargoanglican@bigpond.com

\$45 per plaque

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Costa visits

Eat Dirt Permaculture is pleased to announce Costa Georgiadis's eighth annual tour of the Bega Valley and a series of community events and workshops concluding on Saturday 11 May.



Costa Georgiadis

Environmental educator and television presenter, Costa will join a series of hands-on community events and in-depth discussions showcasing initiatives demonstrating the advancement of social, environmental and trade resilience through the application of circularity at every level of the economy. The day will begin with a community event from 9.00 am at Grow the Future's farm in Bega, followed by a University of Wollongong (UoW) workshop on reducing waste in food production and business, before closing with a ticketed panel discussion and

networking event at the Bega Valley Commemorative Civic Centre.

'With the Costa countdown off and away we're super chuffed to share a super Saturday of Bega events exploring all things circularity,' Dan Bakker from Eat Dirt Permaculture said. 'With over a dozen cross-sector initiatives collaborating to envision a brighter future for the region, it's only fitting that Grow the Future kick off this locally-driven day of hands-on activities, presentations and actionable discussion. In times of depleting resources and troubling news cycles, it is indeed inspiring to see our annual tour evolve to include such a broad and bountiful mix of ideas and optimism.'

Grow the Future, a social enterprise, will open its farm gates to welcome the community for a morning of discovering what circularity looks like in practice. Costa will lead community members on a journey through circularity, with demonstrations from the Grow the Future team on market gardening, composting and worm farming, upcycled clothing, seed saving, native propagation, bush regeneration and backyard circularity.

Grow the Future manager, Callum Champagne, said he's super excited to host

the event and showcase the amazing work being done by locals in the Bega Valley. 'Circularity is at the core of what we do, and it's great to be part of this community-wide movement. Local food vendors will have breakfast food available on the morning, and coffee will be available from the Local Aboriginal Land Council's coffee cart,' Mr Champagne said. Following the morning event, a dedicated workshop for producers and small business owners will be run by UoW's Professor Karen Charlton, on reducing, recycling and repurposing waste in business. This free workshop will run from 3.00 pm at the Bega Valley Commemorative Civic Centre followed by a panel discussion led by former ABC foreign correspondent and Walkley Award winner, Linda Mottram. It also features special guests Costa Georgiadis, Professor Karen Charlton and Callum Champagne.

The discussion will centre on circularity and what it means for food producers, waste and the community. Tickets for the panel discussion event are available through the Civic Centre and include nibbles after the panel. Further information can be found at businessactivator.au or by emailing eatdirtpermaculture@gmail.com

Dan Bakker

Firewise Landscapes workshop at The Crossing

This free workshop explains how water retention and landscape management can combine with fire retardant plants to reduce windspeed and radiant heat. Native fire-retardant plants are a focus of the workshop due to their rapid ability to take up water and their requirement for less water than many introduced plants.

Establishment and management of refuge and shelterbelt areas is also highlighted.

The use of additional design strategies to protect refuge areas and homes such as cool burning, grazing, mowing and strategic feature locations within your landscape are also discussed and examples are shown on the property tour.

These workshops will be held on:

Sat, 11 May 2024, 11.00 am - 3.30 pm

Sat, 15 June 2024, 11.00 am - 3.30 pm

Sat, 24 Aug 2024, 11.00 am - 3.30 pm

Sat, 19 Oct 2024, 11.00 am to 3:30 pm

Location: 392 Nutleys Creek Road

To book one of these workshops enter the Crossing Land Education Trust EventBrite on your usual browser and choose a date that suits you from the five workshop dates.

Tea or coffee and a healthy wholefoods lunch is provided with the workshop.

Don't miss this opportunity to gain

valuable knowledge and connect with like-minded individuals. Whether you're a homeowner, gardener or nature enthusiast, this event is perfect for anyone interested in creating more fire-retardant landscapes. Join us and take the first step towards a safer and more beautiful outdoor space.

This free workshop is a result of funding support that has come from the gathering of local bushfire affected people from around Bermagui and Cobargo district in the wake of the Black Summer fires. The sharing of fire preparation knowledge

that occurred throughout COVID at The Crossing, that became known as the Badja Fire Edge Roads, has also resulted in ongoing workshop development to assist community members.

This project is supported by the Foundation for National Parks and Wildlife and has received funding from the Australian Government through the local stream of Preparing Australian Communities.

Dean Turner



A drone view of The Crossing

Yarning on Wagonga Inlet

Wally and Yvonne Stewart invited a group of people to join them and other local Aboriginal people on 14 April on the Nar-Roo-Ma tour boat. They wanted to express their gratitude for the active local support for the Yes vote in last year's referendum campaign and to have a yarn about how we can continue to work together.

It was a lovely autumn morning when the boat with two dozen Aboriginal and non-Aboriginal people on board headed down beautiful Wagonga Inlet. It was very quickly evident that the

gratitude was mutual and the commitment to acknowledgement, justice and respect for Aboriginal people was still strong. We anchored up the back of the Inlet and discussed many subjects that came up and will be further explored in the coming months. It was a thought-provoking, honest and warm discussion and it was evident to all those on board that there was a close and ongoing connection to land and sea Country among the local Aboriginal people.

Angela Marshall

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Kobi Davison and Wally Stewart at the helm

End of life matters – Wills Part 2

Last month I spoke about what happens when you *don't* write a legal Will. This month, let's talk about people who feel they have no one to leave their belongings to. I discussed the legal 'hierarchy of succession' in last month's article, but many people find themselves the last in their family line, without a spouse or living relatives.

Nonetheless, every single item you leave behind becomes someone else's problem and if you don't make arrangements, your once-valued items may end up at a charity store – or in landfill.

If you do not have any living relatives, think about your friends and local community and how they might benefit from your leaving a legacy.

You may want to donate to a charity that you have a special connection with (local is always best so that your own community benefits). You might decide to leave a property to an organisation that houses homeless people, a women's shelter, temporary housing for refugees, people with disabilities or to be used as a hospice etc.

Advice: talk to a financial advisor and/or a tax professional with experience in charitable giving before listing charities in your Will.

Think about how you'd like to contribute to future generations. For example, you could start mentoring a young person and arrange for their education to be paid for into the future, or donate an annual award to your local school for students who excel in a particular subject or leave money to a sporting group to pay for uniforms and equipment.

Consider the people, organisations or businesses that have been good to you and find ways to give back to them through your estate. Donate to your local Council and be clear that you want the funds to be spent on specific projects, for example on environmental or arts projects, health or educational programs or regular community events.

If you have a lot of tools, building materials or work in a trade, your local Men's Shed, TAFE or school may benefit from receiving these items.

Giving things away while you are still alive feels really good and it ensures that your items with special value pass to people who are most likely to enjoy them.

Important: people who are estranged from their family should think about the potential for their Will to be subject to a challenge. It is particularly important to seek legal advice if you would like to leave

a family member/s out of your Will.

Appoint an executor

Someone must process your estate (what you leave behind) and, if you write a Will, you'll need an Executor. This can be anyone aged 18 or over and may be someone who is mentioned in the Will as a beneficiary. An Executor does not need to be a family member but needs to be someone you trust. Being an Executor is a huge responsibility and can be challenging, so think carefully about who might be up to the task, which might include duties such as selling property, paying off debts and distributing assets as directed. A solicitor or the Public Trustee can be appointed to manage your estate as an Executor and they will charge a fee. These professionals are regulated by law and must adhere to your wishes and act in the best interests of your beneficiaries. Go to the NSW Public Trustee website to find out more about Will Executors.

Please note that I am providing information current at the time of writing; I mention in this article when it is best to seek professional advice.

Shanna Provost
www.rest-easy.com.au

Join your fire brigade!

You can take up many different roles, for example, in communications, equipment maintenance, administration and catering. Just roll up and say g'day at your closest fire shed on a training night.

- **Cobargo** – Wandella Road – Thursdays 7.00 - 9.00 pm fortnightly.
- **Quaama** – Gordon St – Saturday 1.30 - 3.30 pm fortnightly.
- **Tilba** – Latimers Lane, Central Tilba – Monday 7.00 – 9.00 pm.
- **Bermagui** – 18 Bunga Street – Monday 5.00 – 6.30 pm fortnightly

Get in touch or find us on Facebook

- **Tilba** – centraltilba@farsouthcoastteam.org.au 0448 100 974
- **Quaama** – quaama@farsouthcoastteam.org.au 0400 738 978
- **Cobargo** – rforcobargo@gmail.com – 0412 919 708
- **Bermi** – bermaguirfb@gmail.com – 0474 201 859

Meet your local rural fire brigades

This month we visited the Quaama Fire Shed to speak with Brodie Rixon, 18, and we asked him why he joined the brigade in October 2023. 'I just wanted to help the community out in times of disaster. I've done training, but not to a call out yet. It's been pretty fun so far.'

Brodie got his BF in February, this means he has been through the first Bushfire Fighter level of training. Members can't attend any fire incident until they have completed this required training and are always under supervision. 'The hardest part about doing the BF was learning all the hand signals. All the theory

was online in modules and I learned all the prac at training.'

We asked Brodie what his message would be to people thinking about joining. 'Right now, we have about ten members in the Quaama Brigade, with seven oreight regularly at training at the shed or out and about doing pump work. It would be great to have a few more young members. Two of the members of the brigade have ended up going overseas. If you're hesitating, don't! Just come along to training at 1.30 on Saturday afternoons every fortnight. You learn heaps of practical stuff.'



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Narooma hosts Distinguished Gentleman's Ride



Some of the 'gentlefolk' taking part in the Narooma Distinguished Gentleman's Ride organised by Narooma Rotary. They include Carl Phelps of Narooma Motorcycles, second from left, John Cunningham, and ride organiser Narooma Rotarian, Françoise Cleret.

Riders of classic and vintage-styled motorcycles along the far south coast are invited to join the first ever Distinguished Gentleman's Ride (DGR) in Narooma on Sunday 19 May, organised by Narooma Rotary.

The DGR is an annual international charity event celebrating classic and vintage-style motorcycles and the dapper gentlefolk that ride them.

'It unites these riders all over the world to raise funds and awareness for prostate cancer research and men's mental health,' said Narooma organiser Françoise Cleret.

One in eight men will be diagnosed with prostate cancer at some point in their life; in Eurobodalla Shire it is two in three. Globally, one man is lost every minute to suicide, that's half a million every year.

'While the cause couldn't be more serious, the way the DGR

raises funds and creates awareness is by having fun in style and dressing dapper.'

All riders must register online for Narooma's ride on the DGR website (just enter Gentlemen's Ride in your usual browser) before the day. Riders must ride a classic or vintage-style motorcycle while dressed in a suitably dapper style (see DGR Dapper Guide on website).

Should you wish to donate to the DGR, please go to the website, find the Narooma ride and support one or more registered riders.

Funds raised will be invested by the DGR's official charity partner Movember in local and global prostate cancer research and men's mental health programmes.

Laurelle Pacey

Leo's Place – a place to rest a while



Caring for someone with a life-limiting illness can be both rewarding and demanding at a time when people are at their most vulnerable.

Many carers willingly put all their time and energy into caring for their loved one but, over time, this can result in fatigue and isolation that have been identified by Palliative Care ACT as two of the most significant factors affecting people's ability to remain at home.

In recognition of this, Palliative Care ACT is offering free, non-clinical respite for people with a life-limiting illness and their carers.

Palliative Care ACT welcomes you to consider a stay at Leo's Place in Braddon ACT.

Leo's Place is a beautiful four-bedroom home away from home where professional staff will do everything possible to make you comfortable. It is a non-clinical environment, where the needs of each visitor are carefully tailored to ensure you receive appropriate support.

Leo's Place provides:

- overnight respite – for people with a life-limiting illness, with the option of their carer staying with them
- day respite – providing support and care for people with a life-limiting illness, to allow carers to have a short break
- carer support – access to advice, information and self-care activities

Those who visit Leo's Place will be:

- living with a medically-diagnosed, life-limiting illness
- able to self-administer medications
- able to attend to most aspects of daily living
- able to have the same access to clinical services as if they were at home

Carer Support offered at Leo's Place can include:

- emotional support
- assistance with navigating services
- activities to promote wellbeing – e.g. yoga or massage

If you know someone who might benefit from respite and want more information contact Leo's Place on 6171 2290 or via stay@pallcareact.org.au.

Kylie Brand

Fungi Festival in Bermagui, Cobargo and Tilba

This year the Fungi Festival will again celebrate the science, food and art of fungi from Batemans Bay to Eden from 21 June to 21 July. For our Triangle community, we are excited to announce that the fungi documentary, *Follow the Rain*, will screen in the Windsong Pavilion at Four Winds Barraga Bay. Photographer Stephen Axford and filmmaker Catherine Marciniak will attend for an in-depth Q&A. This screening will be a matinée on Saturday afternoon 29 June so get along to enjoy this fabulous venue and film.

Stephen and Catherine will also lead a Fungi Foray walk in Mimosa Rocks National Park on the afternoon of Thursday 27 June. Following the walk that evening, they will be guests of honour at il Passaggio's fungi dinner. Other Fungi Festival events in Bermagui will be popular Fungi Cooking Lessons at Eastwood's and Children's Fungi Activities at Bermagui Library.

The big event in Tilba will be a special four-course fungi dinner at the Dromedary Hotel on Wednesday 3 July. Last year's five-course fungi dinner at the Drom was so good – I'm still dreaming of angel hair pasta with shimeji mushrooms. The Tilba eateries, Central Tilba Bakery, Tilba Valley Winery and Pam's Store Tilba, will be featuring fungi on the menu. Look out for delicious mushroom pies, burgers, toasties and soup. The Tilba Market will see the return of locally-grown oyster mushrooms plus eclectic mushroom pottery crafted by Brenda Stone.

Truffle hunts will continue at Gulaga Gold in Dignam's Creek throughout the Fungi Festival. More news on Festival events in Cobargo in next month's *Triangle*.

There are so many different mushroom species in the environment this autumn. Enter your best local fungi pics in Fungi Festival's Photo Competition by 10 June to win fungi-themed prizes. For information on Fungi Festival events and to book tickets go to the website.

Annette Kennewell



Locally grown oyster mushrooms will be on the SCPA table at Tilba Market during the Fungi Festival Photo Annette Kennewell

**The Tanja Public School
annual market is on again!**
We would love to see you there
Saturday, 4 May from 9.00 am - 2.00 pm

This is Tanja School P&C's fundraiser and a celebration of our wonderful community school. Book a stall!

If you have local produce, hand-made arts and crafts, play music or produce anything related to sustainable living, we - we would love to hear from you.

Stall holders please contact Renee on

0415 874 140



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Julie Kelly, Bermagui Branch Manager

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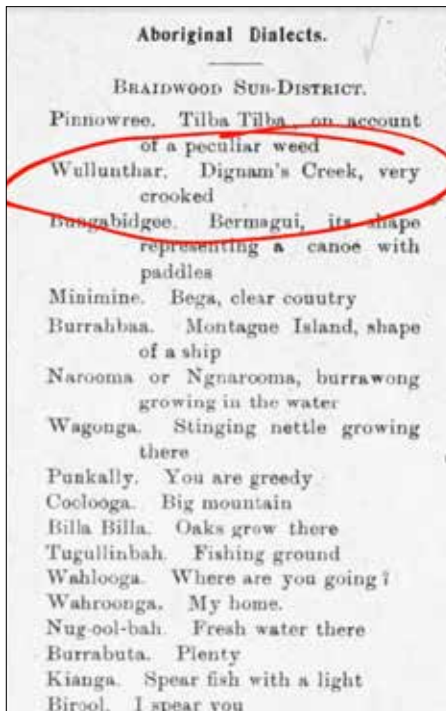
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Diggin Diggies in Wondrous Wullunthar

Jake recently sent a message to our community Signal group that was much exclaimed over. He found in historical documents online that Dignams Creek was known as Wullunthar in the Djiringanj language, meaning very crooked. It's an accurate name and a beautiful word.



The detail showing the Wullunthar and Dignams Creek indigenous name connection.

How can we make our places more fire resilient?

To answer this question, Merryn Carey, John Champagne and Dean Turner were invited by our Landcare group to the NewOld shed to share their knowledge and ideas. My favourite moment in the meeting was when John Champagne said to think of planting trees as planting rain. It's obvious and logical but it was also poetic and sweet,

and so were the two slices of Didi's spicy scrumptious bundt cake I accidentally ate.

Merryn Carey opened her address by reminding us that the Dignams Creek Community Group has been going for thirty years now and has achieved a lot, including helping to drive efforts that saw the biodiversity values of the area recognised and protected in a National Park. She explained that the rich diversity here in Wullunthar, the trees, birds, flowers and insects, even the varmints trying to eat our crops and gardens, contribute to our resilience. We are also sheltered by Gulaga to the north, which shields us from really hot winds.

Part of what saved quite a large part of our area from the recent fire, besides our mighty Fire Brigade, was the deep, cool, green soak. The intensity of the 2019/20 fires followed dry wind tunnels, as can be seen on aridity maps of the area. What keeps us safer is storing as much water in the landscape as we can – in vegetation, dams, tanks, old hollowed-out trees, moss, lichen, vines and tree trunks. The whole biomass – alive, dead and decomposing – acts like a sponge for water. We also need deep rich fertile soil to hold the vegetation in place. It helps to keep the creek banks well vegetated and to constrict the width of the channel with living trees and creek bank native vegetation. Then the floods do the work of scouring out the deep holes and moving the sand along. Merryn reminded us of the brilliant advice provided in the books of the late PA Yeoman, such as the Keyline Plan (free to download online), that describes systems for getting water to soak deep into the soil, keeping trees green and sheltering us from radiant heat. His precise chiselling or ploughing methods, use of swales and

contour banks and dams, help to spread rainfall by drawing it away from gullies and onto dry ridges. The place to plant trees and shelterbelts, is on the keyline. Merryn concluded by underlining that we speed up the good work of nature by planting along the keyline and rehydrating the landscape.

John Champagne teaches permaculture, but less about chickens in the backyard and more about applying sustainability principles and design processes based on a zone sector analysis of your property. His advice is to deeply observe your property for a year before doing anything. Where do the cold winds blow? How strong does the westerly hit you? Where do you have frost? Learn as much as you can before putting your wish list into action. After such observations, John realised that fires would likely come from the northwest at his place so, with earthworks critical to the design of his place, he created a pond up that end of his block. It is designed to leak and recharge the soil, using swales so that, whenever it rains, water moves across his property and down, taking between four and five days to soak in.

John also uses trees, planting ember-blocking trees about twenty metres from his home, and species like mulberries in the chicken areas. John put a lot of acacias into shelter belts initially, but a lot died in the drought, and he is now putting in more kurrajongs, slower growing but longer-living trees. Mulching can be a fire hazard if you can't remove it before a fire comes through, which is why mulching with stones or pigface is also useful. In permaculture, a swale is there for growing trees. And it's worth saying again: Think of planting trees as planting rain. Let's plant more rain.



Dignams Creek Community Group Landcare meeting with Dean Turner, Sat 13 April. Photo by Flick Ruby

Diggin' Diggies

Dean Turner has a son to whom we should all be grateful for being inspired by a fire event to test the leaves from different trees to learn which are more flammable. This produced some surprising results and sparked Dean's lasting interest in this issue, resulting in *Resources for Firewise Landscapes*, information provided freely on The Crossing website. Dean compiled this information, being the educator he is, after engaging with many different people, from farmers to conservationists, permaculturalists and Aboriginal people.

In his research, Dean has learned from the Bega weather station, one of the oldest in the region that, over the last 50 years, winds are blowing for longer and calm periods have halved. Dean asks farmers, what are you going to do with more wind? How about trees? They break the wind and create shade, but which trees do you choose? It depends on many things – elevation, aspect, moisture, frost and soil type.

Dean advises us to look for trees with leaves that are as round as possible, and as leathery and fleshy as possible. Hairs on the leaves are good too. Fig trees, including the sandpaper fig, are good fire retardants. Hickory wattles are great because they are

fast growing. You will be replacing it with other species in time, so plant it tightly in your shelter belt. Succulents are the ultimate of course, so fleshy with stacks of water. What you choose to put close to your home is usually different to what you choose on the edges of your property to break the wind.

Dean invited us to The Crossing for a series of workshops on shelter belts, four this year and one next year, that include tours to see examples of shelterbelts and you get ten free trees at the end of it. With a shelterbelt, you don't want a solid wall of trees as this can increase your problems. A minimum of three rows in your shelter belt should halve the wind speed. Exotics are fine and effective but native trees refill with water in half the time and use half as much water as exotics.

Dean explained that everything may eventually burn. In a big fire your shelter belt will mostly become sacrificial, but it's all about reducing wind energy and radiant heat energy on the way to whatever your shelter belt is sheltering. Usually, this is your house. But it might also be a shed, the stock birthing paddock or a paddock that you really want to grow more grass or crops in and keep moister for longer.

In the Q&A, we learned that it takes a minimum of ten years to create a shelter belt, so start this long-term thinking soon! A shelter belt is designed to break the wind. You will break the wind less with a smaller belt, but it will still help reduce radiant heat. As it grows bigger, you will get more benefits. Establish pioneer species that you will cut later, like wattle. If you don't have a lot of land or it is sloped, just condense everything, putting smaller stuff up high and bigger stuff at the bottom. You don't have to be super, super strict about the rows, you are putting a moist area in, just don't compromise on the front row, the leeward side of the wind must be hugging the ground. And remember to recharge your shelter belt with water just before a fire comes through. Drippers under the canopy are a good efficient use of water if you have a little. We are seeing more people investing in dedicated tanks, or another dam.

PS. Do you have woollybutt (*Eucalyptus longifolia*), monkey gum (*Eucalyptus cypellocarpa*) and white stringybark (*Eucalyptus globoidea*) on your place? If you do, this is A1 koala habitat and if you don't, these trees are mighty good rain to plant.

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**Contact our CEO, Denise Redmond on 0408 675 259
or email denise@nardyhouse.com.au to find out more.**

It is great to have Marion Williams contributing to the Bermagui section of *The Triangle*, and we look forward to hearing from her a lot more. She is an excellent journalist and has many fresh new ideas for articles.

I am currently away on a trip to King Island where I am discovering what cold is really about, although the island boasts some 'blue balls' of their own.

I am attending a Moonbird Festival, held to celebrate and bring awareness to the endangered bird life on our planet with talks, wonderful music by the Bowerbird Collective, as well as a celebration of the art, food and wine of this amazing island. I came under the guise of Noisy Nonna and presented some stories about migratory birds for the younger generation. More next issue.

Bermagui Preschool presents ...

The Moodji Futures dinner and panel discussion with Costa Georgiadis, will be held on Friday 10 May, 5.00 pm at the Bermagui Surf Life Saving Club.

Long-time patron and regular visitor, Costa Georgiadis, of ABC's *Gardening Australia*, is excited to return to Bermagui for an evening of local food and in-depth discussion.

MC'd by regenerative cattle farmer, rural journalist and former ABC South East presenter, Sophie Longden, this is a fundraiser for the preschool's urban and Indigenous agriculture project, Moodji Farm, that recently celebrated its fifth birthday.

'This year's discussion will focus on the role circularity has in enhancing community resilience as we move forward into socio-economic uncertainty and climate change,' says event convenor and

Moodji Farm manager, Dan Bakker of Eat Dirt Permaculture.

The panel comprises:

Karen Charlton, Professor of Nutrition and Dietetics at the University of Wollongong. She has a four-year Australian Research Council fellowship to develop a more equitable, healthy and sustainable food system in the Illawarra and Shoalhaven region.

Carlin Stanford, acting director for the Illawarra and South East Region of Disaster Recovery NSW. She once worked in the Australian Army and in remote region post-war recovery. Currently, she coordinates post-disaster recovery and liaises between agencies.

Kelly Eastwood, long-time Moodji supporter and chef, is organising a three-course menu featuring local produce and Moodji harvest.

At 5.00 pm, guests will be welcomed by the 28 strings of David Crowden's Guitarama offering sweet syncopation, warm harmonies and unforgettable melodies drawn from their own original tunes, as well as from Rodrigo y Gabriella, Django Reinhardt, Cat Empire and other Brazilian/Spanish classics.

There will be a silent auction to support Moodji Farm, with opportunities for volunteers to bid on behalf of those not attending.

Costa will be at Moodji Farm the day before when preschoolers, families and volunteers will enjoy a day of play in the patch. Those curious to meet 'the human hedge' are encouraged to contact Dan.

This event is also proudly supported by Bermagui SLSC, Bermagui Hotel and the University of Wollongong. Tickets are available on the Humanitix website.

For more information contact Dan Bakker on 0427 746 980 or email eatdirtpermaculture@gmail.com Dan Bakker



Costa and kids at Moodji Farm

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There is always a job to be done, crewing or using the radios, fundraising, admin or public relations. Our professional training will provide you with the qualifications and skills you need to serve your community.

Are you thinking of Volunteering?
Marine Rescue Bermagui is recruiting radio operators
Contact the Bermagui Unit Commander on 0417 248 724

Bermagui and District CWA

On a beautiful autumn morning, Sunday, 21 April, Bermagui members participated in the annual Women Walk the World event on the path from The Wharf to the Bridge, followed by a coffee at the Sun Deck café. The ACWW (Associated

Country Women of the World) helps to connect and support rural women worldwide.

Monies raised will support this year's project 'Planting the Seeds of Peace', a 12-month program designed to develop and implement a practical training course for Ukrainian refugee children centred around gardening. The project will take place in Bucharest, Romania at a school hosting 200 Ukrainian children. The aim is to help children recover from the stress and trauma of war through gardening. This has proven to be a very therapeutic tool for those who have suffered trauma, it has been found to reduce stress, anxiety and depression and to improve psychological wellbeing.

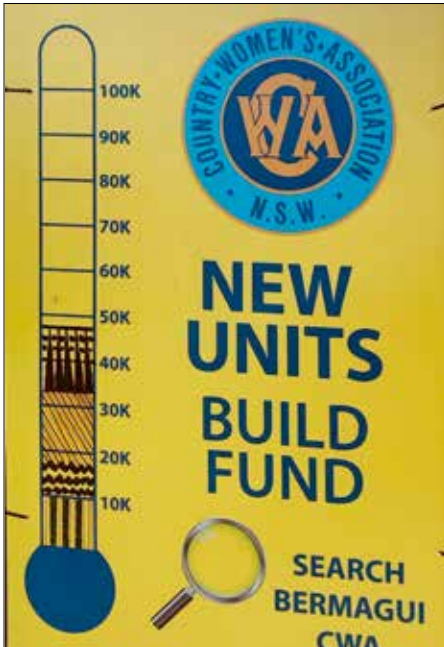
And in other fundraising news we are receiving enormous support from our community, with our affordable rental homes appeal approaching \$50,000 – nearly half of what we need in just the first few months of our campaign. Thanks to everyone for their generous support. We hope you'll all contribute something via our special fundraising website (type Bermagui CWA into your usual browser).

You can book tickets on the website

for our Grand High Tea and art auction on the afternoon of 8 June, 2024. All details on the website – be there ... or miss out on a fabulous time!

Our next meeting will be held in the Corunna Street rooms at 5.00 pm on Friday 3 May. Guest speaker will be Mr Michael Rozdall from Clarke Law. We will then enjoy a 'pot luck' dinner. Please feel welcome to come along, meet the ladies, make new friends and get involved in your local community.

*Chris Richard-Preston
Publicity Officer*



The Bermagui and District CWA fundraising thermometer



The Bermagui Public School Report

It's a very busy time of year for Bermagui Public. Just last Tuesday we had our cross country. Eight-year olds and above had the opportunity to run either two kilometres or three depending on their age. The winners from our school were Eddie, Gabby, Arlo, Ruby Br, Isaac Hoy, Mia, Luther and Milah.



BPS correspondent, Billie Matters, working on her article. Photo: Georgina Adamson

As we all know, we recently had Easter. Our school's way of celebrating was an Easter hat parade where everyone made their own hat, Stage 3 helped Early Stage 1, and we danced around the covered outdoor learning area. We also had a colouring competition of an Easter egg that Steve drew. The winners were Lillyana, Lucy, Levi, Imogen, James E, Kymarni, Indi A and Zoe. These people were chosen by Mrs Kirk, Mrs Loughran and our creative arts minister, Jacob.

Another thing that happened recently was Harmony Day on the 21 March. On that day we all tried to wear orange, as that is the colour of harmony. We also made a school artwork where every student wrote about themselves and then painted the square. After everyone was done a few of the teachers worked together to put all of the squares together.

Friday 5 April, we had our Bronze Award assembly that we have every five weeks. This time we had fifteen people getting awards but unfortunately two people were away.

Miss Carmicheal has been working with Grade 5/6 students to pick a

representative netball team. The girls are very excited for their gala day on the 22 May. Stage 2 are looking forward to their annual school camp to Kianinny – based on recent years we know they will have heaps of fun.

School photos this year were Tuesday of Week 10. All the students who could, came in their nicest uniforms for the photos, I can't wait to see what the photos look like!

A weekly tradition our school does is the 'Dhurug word of the week' that is the class names. Week 8 was *marra waraga*, meaning more than three fish. Week 9 was *bilima waraga*, which means more than three turtles. Week 10 was *bagan* (earth or ground) and Week 11 was *ngadju* meaning fresh water.

On 3 March we had Clean Up Australia Day. To contribute, our school split up into three groups. Stage 1 cleaned up around our school while Stage 2 went and cleaned up the far side of the rock wall and Stage 3 went along the river and cleaned up.

We wish you a good holiday.

Billie Matters

Bermagui Preschool therapy and counselling room project

Bermagui Preschool's therapy and counselling room project is finally coming to fruition.

The project will provide one to one counselling for children, families and educators; workshops for networking and strengthening parenting skills; individual therapy for children with additional needs (including speech, occupational therapy, physiotherapy, vision and hearing screening, child psychology and behaviour support) and Preschool meetings to facilitate strong service delivery (including Board and teachers/educators meetings). This provides a beautiful classroom space for children to work in small groups and includes cubby nooks, soft furnishing, sensory spaces and resources.

Through play-based programs children will understand how to acknowledge, understand, process and regulate emotions and feelings. The design will ensure our Preschool is better able to cope with the ongoing effects of drought, floods and bushfire threat. Currently, this area floods after heavy rain, has restricted access, particularly for children in wheelchairs, and needs new lawn. This new area will be more environmentally sustainable, more responsive to our variable climate conditions and improve access to our Preschool building. There will be a paved area, shade shelter and an all-weather environment for our indoor/outdoor program.

To support our children and families, we must also look after our Preschool teachers and educators.

Children are not always resilient and don't necessarily bounce back from negative experiences. Young children process trauma in varied and specific ways and this can have long-term and even lifelong effects. We noticed pale faces, dark rings under the eyes, tighter hand holding and need for cuddles, emotional outbursts, severe separation anxiety and the sharing of stories of fear and confusion. These are the signs of the shock, trauma

and grief after the bushfires, COVID pandemic and the ongoing economic and housing crises faced by our community.

We will support our families and staff to develop knowledge and skills so that our children and families can contribute to a strong and resilient community.

We are delighted and thrilled with the funding approval and support from the Bushfire Local Economy Recovery Fund (BLERF) and Community Child Care Fund (CCCF). Many thanks to BLERF and CCCF and their teams for supporting our project.

*Narelle Myers
Early Childhood Teacher/Director*



Who loves big trucks?

Meet the owners of Bermagui's new deli and supermarket

You may have noticed quite a bit has changed at the former 777 supermarket. New owners, John Constance and Kerry Barrett, have been busy moving things around and trialling new products since they bought the popular store on 1 March.

For starters, the store is now called Lake Road Pantry, they are selling newspapers again, are open for longer hours than previously and have a free community DVD and book exchange.

After twelve years working in Newcastle, the couple were looking for a sea change. John said they spent around six months looking at places from Nambucca Heads to Tasmania.

John, originally from the Snowy Mountains, knows Bermagui very well, having visited it countless times and lived at Tura Beach for four years. Kerry, who hails from Tamworth, had only visited Bermagui once and that was before COVID.

'I thought this is where I want to live so, after coming here once, we bought this,' Kerry says.

'It was Bermagui, the town, everything

was right about it,' John adds.

Regulars are relieved that they continue to stock the same ham, coffee beans, Tilba cheeses, meat from Benny's and eggs from Cobargo. Over time, they plan a section at the back of the store called Foods of the World. Think French jams and mustards, German sauerkraut and Asian foods.

'We want people to tell us what they want,' Kerry says. She wants the store to be known for stocking unique foods.

There will be a return to selling meat pies and sausage rolls, they intend to sell milkshakes and ice-cream in cones and are trialling hot soups. One customer, a former chef, was so impressed with the spiced vegetable soup he bought for lunch, that he came back to sample the bacon and potato soup John made the next day.

Kerry says fruit and vegetables will be a big part of their offering. 'We are very keen to get local produce and people don't have to have a contract with us,' she says. Residents are already bringing in their garden produce: pumpkins, garlic, cucumbers and zucchinis. While I was

speaking with them, one woman came in with a bag of Thai chillies while another asked if they were interested in taking her limes.

John and Kerry are keen cyclists. With the European cycling season beginning, they will soon be installing a television to have as many of the races as possible playing. They welcome everyone to pop in and see a race or talk to John about cycling. He will definitely be up for a chat.

Kerry says they are excited, 'We are happy to be here, and we are here to stay.'

Marion Williams



Kerry Barrett and John Constance, the new owners of what was the 777 supermarket
Photo: Marion Williams

Winter soccer registrations are now open!

Hey, soccer enthusiasts! We're thrilled to announce that Winter Soccer registrations for the upcoming season will commence on 1 May and run every Wednesday during Term 2. Whether you're a seasoned player or just starting out, we've got a spot for you! Join as a PCYC member first then register for the below:

Learn 2 play Joeys (5-9 years)

Ready to kick-start your soccer journey? Head over to our website to book, pay and secure your spot. Joeys, if you are using an Active Kids Voucher, email it to us first for processing before registering online by finding PCYC Far South Coast on your usual browser. Once on the Home Page scroll down to click on a blue bar that says View all our activities.

Juniors (7-9 yrs or 9-12 yrs or 12-15 yrs)

Got a team of six players? Register your team online on the PCYC Far South Coast click on Activities.

Looking to join a team as an individual? Let us know your

age, and we'll provide you with an invitation code to register.

Seniors (16 yrs and over)

Team of six? Register online by finding PCYC Far South Coast on your usual browser. Once on the Home Page scroll down to click on a blue bar that says View all our activities.

Want to join a team individually? Contact us for an invitation code to register. Alternatively sign up to any team and we'll adjust numbers once the comp has commenced. Active Kids vouchers are accepted!

We are also looking for coaches, referees and committee volunteers. For any queries, feel free to drop us a message. Check out the website for the PCYC Far South Coast or email us on bermaguicobargofc@gmail.com.

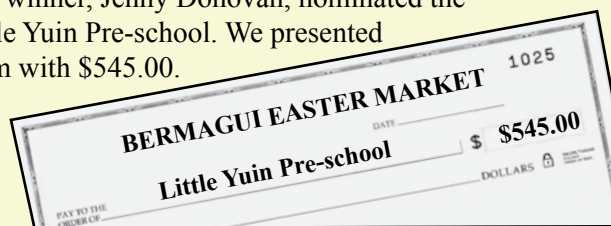
Don't miss out on the fun, camaraderie and excitement of soccer! Let's make this season unforgettable!

Dan Bakker



Kids playing on the oval

THE BERMAGUI EASTER MARKET RAFFLE is made up of \$800 worth of all-local vouchers and products. The winner has to nominate a local charity to receive the proceeds of the raffle. Our winner, Jenny Donovan, nominated the Little Yuin Pre-school. We presented them with \$545.00.





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MOTHER'S DAY GIFTS

Heaps of different gift ideas for all the different mums out there!

Garden ornaments, preserving packs, ladies tool sets, hanging baskets, cheese boards, tea pots, travel mugs, fire pits, kitchenware or a hammock ... even this sign is available

One Stop Farm Shop

Stock feed, fertiliser, hardware, fencing, irrigation full nursery, seedlings, ornamentals, pots, special orders

52-54 Princes Highway, Cobargo Phone: 6493 6401





Ah, lovely autumn. We're moving from lawn mowing to wood splitting season. Geez, haven't we had some delicious weather? Beautiful days and spectacular evenings when the waning light illuminates everything in a warm, golden bath.

All's pretty quiet in Quaama village. The school is currently on holidays and will be back just as this *Triangle* hits the Quaama Store, so nothing from them now while they're relaxing ahead of the next term. And there isn't much on the Hall calendar either.

While that makes it more difficult to write a Quaama page, it doesn't diminish the joy of living in this town. Maybe for some it's a little low-key, but for me, and I reckon for most, the out-of-the-way situation we have here is ideal. A few tourists follow the signs to the Quaama Store. A few more people might find us using the National Public Toilet Map (I kid you not! You can find every public toilet in Australia on their website) but we get so little

holiday traffic here, so much less chaos than our neighbours in other Triangle towns, it's a huge relief to come home after battling the roads and sidewalks filled with tourists when we do venture out

But ... maybe I'm just not in the loop. As I'm getting older, I have pared down my commitments. And despite having *The Triangle's* email address for Quaama forwarded to me, no one thinks to let me know when they're making plans, so I'm not always aware of what's going on. Perhaps it's time for another person who is more active in the community to come forward and take on the pleasant task of writing this page each month. It really isn't hard, especially if you're already out and about and either part of or a witness to whatever is happening.

So please! Come forward and have a go. Email me at quaama@thetriangle.org.au. We have a lovely time putting these pages together. See if it's right for you.

U3A Bermagui & District Inc



U3A offers classes taught by local members for members. Membership is available to the whole community. We continue to offer face to face classes and these may be subject to COVID restrictions. It is essential to check our website for cancellation notices.

Term 2 Class Enrolment is Online

Open from Monday 29 Apr 2024

Visit www.u3abermagui.com.au

Or Search "U3A Bermagui"

Course enquiries: Elizabeth Johnson on 0499 818 454

An overview of courses on offer for this term ... Adventures of a Career Coach, Apple Technology, Birds and Bush Walks, Conversation Café with Dr Deborah O'Connell, Cricket for Novices, Film and Lunch, French Language, First Aid Refresher, Lawn Bowls, Pickleball Introduction, Shakespeare's Twelfth Night Discussion, Simple Basket Weaving, Theatre Games, and Your Inner Fish.

Quaama Drop-in Day – for everyone!



Hope flags for flooded communities made during the drop-in.

Every Wednesday between 10.00 am and 4.00 pm, a group of Quaama area community members drop in to the supper room of Quaama School of Arts Hall. They gather to chat, share ideas and bounty and take a break from their regular routines.

The drop-in started as part of Quaama Renewal Projects, but with the bushfire relief focussed program complete, the drop-in is now an activity of the Friends of Quaama Hall.

The drop-in continues to provide a caring and compassionate space where everyone in the community and surrounding area can come for company, conversation, respite, distraction and connections as well as for sharing information, skills and bounty. A special invitation is extended to any of our newer community members to take the opportunity to meet the broader community.

We are also visited regularly by our Bushfire Clinician Erin, Uniting Church Chaplain Karen and workers from other community support agencies including Sally from Meridian, who is available to help seniors to connect with community supports, services and/or navigate My Aged Care and will be at the Drop-in Day on 22 May. All agencies/services/

groups/organisations who want to reach out and connect with the community are encouraged to come to the Drop-in Day.

What happens on Drop-in Day?

Coffee, tea and substitutes are available as well as tasty treats. Bring a plate of something to share, or use the hall kitchen to cook up something tasty for all. A small donation is appreciated to help fund supplies.

Some art and craft supplies remain available for anyone who wants to create on site, or you can bring your current projects to work on while you are there. Some of our regulars are experienced creators and can offer help to beginners. Or organise a group of makers for a regular creative catch up!

The Hall committee is back to focussing on bringing the hall and grounds back to beauty and Wednesday visitors are more than welcome to assist in the current projects. Take the opportunity to show some love to our wonderful hall after she has nurtured us so well since the fire. Current projects include renovating the supper room, repainting the kitchen and giving the gardens some seriously needed love and attention.

Bring cards, board games and jigsaw puzzles to connect with new friends. Home

growers can bring excess produce/garden supplies for sharing with the community and those in need can collect free, rescued produce from the selection brought in each Wednesday by OzHarvest.

Most importantly, Drop-in Day is flexible. Come in for a quick cuppa, a couple of hours or the whole day. Think about how you can become involved and how you can use this community time and opportunity. All ideas are welcome and will be considered with pragmatism and positivity and from the perspective of ‘why not?’. We look forward to welcoming you soon!

Quaama School of Arts Committee

With the nights becoming frosty, you’ll need a cosy fire to keep you warm. Ensure your fire starts quickly and effortlessly by buying a bag of kindling made from recycled pine shipping pallets.

Large bags of kindling can be purchased on Wednesday mornings between 10.00 am and 12.30 pm from the Quaama Men’s Shed, 20 Bermaguese Street, Quaama or seven days per week from the Quaama General Store. Bags are \$15 each.



Heimo Heimo splitting kindling at the Quaama Men’s Shed



Tilba Valley Winery & Ale House

Our own Tilba Valley Beers & Ciders now on offer
Enquiries & bookings - 4473 7308

WHAT'S ON	
Music starts at 12.00 - free of charge	
	Live Gigs in May
Sat 4	Jeff Aschmann
Sun 5	Malumba
Sat 11	Steve Jackson
Sun 12	Elton John Tribute
Sat 18	Manchild & The Blues Kids
Sun 19	Beach Bar Swing
Sat 25	Minh Ha
Sun 26	Pepper & Davies

Located 8 km south of Narooma or 4 km north of Central Tilba
Follow us on Facebook & Instagram for upcoming events

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Full steam ahead for Cobargo

The construction phase of the Rebuild Cobargo Project, as announced by the Cobargo Community Development Corporation (CCDC), continues on-track despite a change of builders.

Although the original contractor unexpectedly went into voluntary liquidation in March our project, fortunately, had negligible financial exposure. We were able to quickly pivot to secure the services of an excellent alternative builder to undertake the project.

The CCDC has pleasure in announcing that Monarch Building Solutions Pty Ltd (Monarch) will now support the Cobargo community and complete the Cobargo main street rebuild.

Following the completion of the underground power work by Essential Energy, and continuing on from the already completed pre-construction activities, Monarch expects to begin the main construction work later this month.

Monarch has confirmed that they are particularly keen to identify and use local trades people as far as is practicable. The Expression of Interest (EOI) webform for registration by local trades will be online early in May.

To enable community members to keep up to date with progress, *The Triangle* will continue to provide monthly updates and the CCDC website (look up Cobargo Community Development Corporation on your friendly browser) will also be updated accordingly. In addition, keep an eye on the local email networks and community notice boards.

As we enter the project's construction phase future community briefing activities will take a different form.

On Saturday 25 May 2024, the CCDC Board and representatives of Monarch will be at the Cobargo School of Arts Hall from 9.30 am to 12 noon to meet individual community members and provide information about the rebuild process and respond to specific questions about the rebuild and what it will entail.

This will enable information to be sought and discussed at any time during the morning, without being tied down to attend a formal group presentation at a particular time. This information session will also provide a valuable opportunity for trades people to speak directly with the builders.

Exciting times ahead!

*Deb Summer and Steve Williams
Community Representative Directors*

The Cobargo Creators

open their latest exhibition on
Tuesday 1 May.

Inspired by *The Good Life*, the exhibition
displays a variety of mediums and ideas
relating to that theme.

Gallery hours are 10.00 am to 2.00 pm
Sunday to Friday and

9.00 am to 1.00 pm Saturday.

Pop in and enjoy the display by
talented artists,

The Good Life exhibition closes on
Friday 31 May.

The Sun Garden shines in autumn

The Sun Garden at Cobargo Preschool has been a hive of activity this month preparing for winter crops.

One of our parents, Heather from South Coast Flora, recently helped to plant kale, leeks, parsley, lavender, calendula and chives with the children. Next week she'll plant more brassicas. Geoffrey, our gardener, planted more blueberries and strawberries this week and weeded a lot!

Just before Easter we all plant garlic with seed bulbs from the previous year's harvest. The original garlic came from Donovan and Annie at Field Buckets Farm, Quaama.

Our new ten-metre tunnel house went up last week. This was funded by Vinnies and built by our parents with Geoffrey. The tunnel house will provide seedlings for the 'shoulder' seasons and we'll use Heather's idea of grow bags to grow crops over winter in the warm conditions. Once it is full, it'll keep the frosts out nicely. We'll also have our worm farm and compost bays in there to keep it warm.

A special part of preschool is that our educators work with the children propagating cuttings and planting seeds, so they can learn to grow them. They can take home plants like thornless blackberry, red and white currants, raspberries and strawberries, rosemary, lavender and geraniums.

Children work in the garden every day with our educators, learning to grow vegetables and fruit crops, as well as how to weed beds and get them ready for planting. Children usually work in groups of four for about twenty minutes at a time and can harvest the results of earlier work, discover new projects and plant new crops.

By learning to feed themselves, children understand responsibility and practical sustainability. The whole garden has an automatic watering system, also funded by Vinnies, that will be fully operational in spring. The Sun Garden was made possible by very generous funding from the Cobargo Community Bushfire Recovery Fund.

Other than looking for strawberries, blueberries and blackberries, the children's favourite task is shepherding the flock of chickens to new spots around the garden to help with weeding, pest control, soil improvement and help us make new garden beds (our little digging dinosaurs!).

*Geoffrey Grigg
Gardener*



Children in the garden, hunting for strawberries

CWA Cobargo update

We would like to thank everyone for their support of our monthly Bake Stall at the Cobargo market. It assists us in maintaining the CWA Cottage that is available for community use at a very reasonable rental. Don't forget you can always pre-order your favourite goodies by contacting cwacobargo@gmail.com. The next Bake Stall is Saturday 4 May.

The garden at the cottage is growing (beautifully!) and the access has been improved along the side to the coffee caravan. Following the flood, repairs to the cottage are now complete and there are still some days when people can hire (parties, weddings, everything!).

Several members of the branch are heading to the CWA of NSW State Conference in May at Coffs Harbour, where items are debated for CWA of NSW to pursue with government bodies.

Some of the items under discussion are the provision of continuous glucose monitoring devices to be made available on PBS for those people with Type 2 diabetes who are insulin dependent, and to advocate to State and Commonwealth Governments to ensure that nursing degrees incorporate a minimum of two years paid practical training undertaken in a hospital setting. Other items range from banning the heading of balls in soccer for children under 16 years of age, making full-body skin cancer checks available at a subsidised price (ideally free) so that everyone at risk can afford a regular check and a reduction in the minimum eligible age to take part in the National Bowel Cancer Screening Program to at least 45 years.

These items are just a few that will be debated at the Conference and, if successful, they will be strongly advocated to relevant governments to introduce. This is another face of CWA that has the welfare of regional, rural and remote communities at its centre.

We always welcome new members. Our friendly meetings are held monthly on the second Tuesday of the month. Our next meeting is on Tuesday 8 May at 10.30 am. in the cottage on Bermagui Road.

Mary Williams

Cobargo Community Capers

**Save the date Saturday, 11 May,
Cobargo Community Capers 2.00 pm – 11.00 pm**

The Cobargo School of Arts Hall Committee will be hosting a free, fun-filled community day on Saturday 11 May, courtesy of a grant from Council.

- Kick off is 2.00 pm with activities for the kids – face painting by renowned painter Vicky, from 2.30 to 4.30, and games and fun with Basketboy from 2 to 5ish.

The Cobargo PS will be holding a fund-raising food stall during the afternoon.

- 5.00 pm to 6.00 pm will be with Soundcheck Cobargo, that came about from a bushfire recovery program run by the Cobargo Community Access Centre, funded by the Cobargo Bushfire Recovery Fund. The program is aimed at young musicians looking to gain further insights into song writing, recording, live performance and the broader music industry.

Soundcheck participants will be playing a mixture of their original songs as well as some of their favourite covers.

- 6.00 pm to 7.00 pm will showcase our delicious free curries for energy for the finale of the night, The Shannanigans.
- 7.30 pm to 10.30 pm – The Shannanigans are a popular five-piece blues, soul and funk band from Central Tilba. Their eclectic dance mix includes all the greats that are designed to get you on the dance floor, from Joe Cocker to the Blues Brothers to The Commitments and Classic Blues. Let's just say these musos 'have been around the block a couple of times'. Band members: Shanna Provost (vocals), Al Leake (lead guitar), Andy Read (bass), Chris Fox (drums) and Duncan Bond (keys).

Be there or be square! Come and celebrate our community and our hall.

Louise Brown

emailmailemailemailemailemailemail *The Triangle's* email address is contributions@thetriangle.org.au

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Autumn always conjures up images of sunny days and cool nights and the smell of wood smoke. It certainly does appear that both day-time and night-time temperatures are warmer and that weather patterns are erratic, with substantial rainfall from a massive East Coast low. Fortunately, delightful weather over Easter favoured events like the concerts at Four Winds. School holidays also managed reasonable weather as visitors made the most of their coastal travels. As the quieter winter months approach, it is a chance to take stock and enjoy the crisper mornings. There will still be opportunities to get together as a community and celebrate the many things that we value and appreciate about this special region.

Changing of the guard?

Central Tilba is going through some changes in the shops – which is often explained by ‘everything goes in cycles’. However, whatever the changes, there are impacts on the community and, let’s face it, none of us particularly like change. Change is inevitable – people retire, leased premises change hands, businesses are sold. And new businesses start. When these changes happen in multiples and to key

businesses that provide a service to both locals and visitors, they are hard to ignore and it does feel like a family change.

The retirees: Sapphire Blue started life in the Foxglove Spires Garden complex twenty years ago and moved to the little shop next to the Small Hall fifteen years ago. Well known for its homewares, giftware and baby clothes, Gai has established a huge following of locals and visitors, many of whom are repeat customers. The Anna Chandler label is a particular favourite among customers. While Gai is closing her business some of the product lines will be available in other Central Tilba shops – the baby clothes will continue with the new business that is taking over the premises; Tilba Treehouse has been introduced to some of Gai’s suppliers including for cards and serviettes. Gai’s long stay as a shopkeeper in Central Tilba has meant good relationships with other shopkeepers – she highlighted the importance of helping out. She still carries leftover stock from Mockingbird Lane that closed last year. Gai will stay in the area after retiring although she wonders what life will be like without the best part of the last twenty years – her customers.

Eumun Tea, better known as the Tea



Gai at Sapphire Blue

Shop and famous for Devonshire teas, has carved a unique spot in retail on the Far South Coast. Opened fourteen years ago, when Jo and her husband moved to the area, it is a veritable treasure house of all things related to tea. Whether your taste is for a good old traditional black tea or more exotic Japanese tea this has always been the best place to find what you are looking for or, indeed, to broaden your tea tastes. From the traditional to the slightly weird, there are teapots, cups

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and saucers, mugs, teaspoons, tea caddies and all tea-related paraphernalia to satisfy the most ardent shopper or even the most disengaged. Jo, like Gai, is retiring (they are off on a cruise together to celebrate their respective retirements) and will stay in the area. She loves the village and has made lots of friends. Jo too will miss her customers, many of them regulars and now friends. She has been an active member of the Tilba District Chamber of Commerce and is a past Treasurer.



Tablia and Jo

Now closed: Tilba Teapot has been an institution in Central Tilba for quite a few decades. This tradition has continued with Rebecca and Harvey over the past eight and a half years in their first café venture. Now the building has been sold and the new owners have plans of their own. Cafés are an important presence in villages like Central Tilba – and good ones, like the Teapot, have immeasurable benefits for both locals and visitors. Ever reliable, this café has provided Central Tilba with a meeting place where locals and visitors alike could spend time together enjoying a wholesome breakfast, lunch or anything sweet and savoury in between. All with a shot of decent coffee. Rebecca and Harvey have made a special place for themselves in the daily life of Central Tilba

and surrounding area and, while the future is unclear at the moment, one thing is for sure – they are staying in the Triangle. They wish to thank the community for its support over the past eight and a half years and they have been amazed and very grateful for the love, concern, support and offers as they face an uncertain future.

For sale: Bath Patisserie, with its huge array of bath bombs and soaps, has been operating for twelve years. During that time, it has established itself as a special place for locals and visitors, thanks to the hard work and practical skills of Julie, Mike, Shelley and Matt. The premises and the business are for sale – as Matt says, this is a gentle slide into whatever comes next.

House of Alijon, operated by Jon and Alid, now features a For Sale sign. Many watched as, with its meticulous renovation, this old Central Tilba landmark took on a new life. With women’s upmarket fashion it has been a valuable addition to retail in the village. Although Jon and Alid love the village this was always going to be a two- to three-year project and it is now time to move to a bigger house and shop in a bigger area. Their many friends will miss Jon’s ever-ready helping hand as well as the irresistible Princess. They are happy to be here until a successful sale occurs.

The newcomers: Sawdust & Chalk is moving from its current location at the General Store across the road to the shop that Sapphire Blue is leaving. Nicole will add the quality baby clothes previously available at Sapphire Blue to the range of heirloom quality wooden toys Sawdust & Chalk is now well known for. Great that this business is continuing its presence in the village. Sarah at Pam’s Store, Tilba Tilba, is now open with good coffee and a small café menu.

No word yet on what is happening at the old fire shed behind The Drom,

although renovation work is obvious. And the Tilba Teapot building – we will have to wait and see what the new owners plan..

In acknowledging these changes, it is important to also recognise and acknowledge the contributions made by those owners and businesses that are leaving. Central Tilba is an important heritage tourist destination and the diversity of its shops adds to its attraction. While the commercial aspect of business is important, being part of a small business community means strong personal connections to the local community and involvement in local groups and activities. These important connections will continue through the contributions made and the friendships that have formed. And, while these are very small businesses, they do provide employment opportunities for local people. All the very best to those who are leaving, to those who are selling and to those who are arriving. You are all part of the success and challenges of our times.

With Tilba Teapot closed, food and coffee is available at The Drom (lunch and dinner), the Tilba Bakery, The Dairy Shop and Sweetwater.



Harvey, Rebecca and Bec at Tilba Teapot

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Tilba District Chamber of Commerce

There was a lot to discuss at the Chamber meeting on 9 April 2024.

The selection of the contractor for the highway signage has been finalised and work will begin shortly. Ghost Signage was selected to complete the work and we look forward to these beautiful signs being completed.

The Tilba Festival will be held on 13 July 2024. We urgently need someone to put their hand up to run this event. There are lots of people to help – we just need someone to manage the organisation of this important annual event. Please call Chrissy on 0457 074 980 if you are interested.

We discussed the exciting news that Pam's Store has opened again with coffee, cakes and a light menu. Sarah will add more offerings as time progresses. In the meantime, the coffee is fabulous and her orange cake is divine. Good luck Sarah and welcome to TDCC.

We are sorry to see Rebecca and Harvey close at the Tilba Teapot. They will be sorely missed. The coffee, food (those pies, those scones) and wonderful hospitality will leave a big hole in the village. Good luck to you both with your future endeavours.

We will also be saying goodbye to Gai at Sapphire Blue and Jo at Eumun Tea – two beautiful ladies heading off overseas then into retirement. Good luck to you both and don't be strangers in town.

The next TDCC meeting will be held on 7 May at 5.00 pm in the Small Hall. Please come along and share your ideas – contact Chrissy at secretary@visittilba.com.au.

Chrissy Montague

CWA for wellbeing and social connection

The long history of the CWA in NSW is built upon solid social connections and community engagement. With the mission of 'Women supporting women with kindness to create positive change' and values of friendship, inclusion, creativity, equity and integrity, being part of the CWA is a lively community experience and focused on improving conditions for rural dwellers.

As part of our current membership drive, from April to June CWA membership is discounted, so that means it is just \$26.75 to join! Do consider if you want to meet with other local women to create positive change. We are currently welcoming new member Bianca Humphries, the new manager of the Drom pub, and hope to be welcoming more in the coming weeks!

Our creative hats are on as ever which reminds me that we have an enjoyable community event this month:

Oh, là là – French Film Night 16 May. Monsieur et madame et mademoiselles, CWA Tilba warmly invite you to our fundraiser French movie night at The Kinema, Narooma, starting at 6.30 pm ahead of the 7 pm showing of *The Taste of Things*, starring Juliette Binoche.

Enjoy an autumn evening of *joie de vivre* with friends, sampling French hors d'oeuvres and a taste of French wine, ahead of the movie. France is our International Country of Study for 2024.

An enjoyable fundraising event was held on Easter Saturday, selling treats and handmade items including French madeleines and painted Easter eggs. Great comradery was enjoyed in planning, cooking and spending time together at the bustling Big Hall market. Thank you to all who baked, cooked preserves, attended the stall and purchased! We also drew our Tilba CWA Easter Raffle at the end of the market and it was won by a very pleased Phil Murray.

Virginia York, Publicity, Tilba CWA



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Tilba CWA branch fundraising at Easter market, Annette Kennewell, Nola Ezzy, Eva Mosler-Teichmann and Helene Sharpe.



Easter raffle winner Phil Murray accepting his delectable prize

EV Owners

SHASA has formed Eurobodalla Battery Electric Vehicles - EuroBEV

Meeting bimonthly across Eurobodalla Shire it's a chance to meet fellow EV drivers and those interested in EVs, share the love, exchange stories and valuable tips.



Next gathering: **The Dromedary Hotel Central Tilba, Saturday 25 May, 12 noon for lunch**

For more information and RSVP email Andrew – andrew.john.everard@gmail.com

Vale Possum, legendary cat of Tilba Tilba

A legendary feline resident of Tilba Tilba recently passed away peacefully whilst snoozing on a sunny driveway. Possum, the cat, was at least 18 (possibly over 20) years old and a much-loved part of village life.

Nominally owned by Dave Preston who first brought her home after she showed up at his workplace at the Council Depot in Narooma, Possum was generous with her affections.

Often found in warm, sunny spots like verandah chairs of neighbours, Possum has left behind lots of stories. As a younger feline, when Pam's Store was very busy trading, Possum had the knack of sneaking into cars that had windows left down. Visitors and locals driving off were only alerted of their furry passenger when Possum meowed from the back or shocked them by leaping up into the front with the driver. Her furthest trip was to Batemans Bay before the driver returned the precious cargo!

Possum was a good hunter and truly fearless. She regularly won games of chicken on the road as coaches and cars had to go around a cat who called their bluff. Maybe that's where her nine lives were spent. It was also a fact of life that any dog living in Tilba was under Possum's rule!

Possum always acknowledged anyone's 'Hello, Possum' with a return meow of greeting and whenever I gardened

next door to her house, Possum would almost always come to keep me company and graciously accept pats and scratches as her due.

Talk to any past or present resident of Tilba Tilba and they can tell you many more tall tales and true of Possum's adventures. For now, let's be thankful Possum enjoyed a long life, loved by Dave and among Tilba residents who appreciated her unique and charming personality. Vale Possum, a truly memorable Tilba Tilba local.

Robyn Turner-Scroggy



Possum the famous Tilba Tilba cat

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Tilba School's swimming relay team goes to state

Before Central Tilba School's swimming relay team could make it to the State carnival, we had to win at the Regional swimming carnival. At 4.30 am on Tuesday 12 March, the swim relay team met at Narooma Plaza to head to Dapto with Ethan's mum Vickie for the Regional Swimming Carnival. It was a long drive up, but we made it with plenty of time to warm up. We were feeling very confident as we were being marshalled for our race. Ryder started the relay strongly, Riley got us in front of the other teams, Billie kept the pace and Ethan brought us home, but it was a nail-biting finish and we had to wait five minutes before a winner was announced. We went to the podium waiting for the officials to declare a winner. They announced the school that had come third but they had already left the carnival. Then the announcer finally said, 'For the moment you've been waiting for second place goes to Delegate.' Our hearts filled with joy as we realised we had won – 'And first place goes to Central Tilba'. We stood on the podium and excitedly received our certificates. After that, we went and checked our times and found out there was only a ten-millisecond time difference

between our school and Delegate. It had been a very close race. Marcus also had competed at Regionals in the fifty-metre butterfly event. He achieved his personal best time but unfortunately didn't qualify for state.

The team trained hard leading up to the State Championships with the support of our parents and Sophia (a local swimming teacher). The State Swimming Championships were being held on Thursday 11 and Friday 12 April. Our event, the Peter Dobson Schools Relay was being held on the Friday. The families of the swimming team travelled up to Sydney on Thursday and we all settled in and got a good night's sleep. On Friday, we all arrived at Sydney's Olympic Park Aquatic Centre by 9.30 am but had to wait around for most of the morning for our event. At 11.00 am we were finally marshalled and ready to swim our race. We all swam strongly and achieved our personal best completing the relay with a time of 3:13:05. We all thought we swam well. Overall, our school's relay team came 21 out of 26 schools in the State. The team would like to thank our parents, Sophia and the Tilba P&C for your support



and everyone cheering us on at school. It was an amazing experience for our small school to have.

Ryder Howes



Tilba PS relay swimming team
Ryder, Ethan, Riley and Billie

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Art in the Triangle

Haven't been to the Four Winds site before? Let us introduce you!

Autumn is the perfect time to immerse yourself in music and nature in a cosy indoor setting. Four Winds is an extraordinary music destination sheltered in the cove of Barragga Bay, just nine minutes south of Bermagui on Djiringanj country.

There is a spectacular indoor space, the Windsong Pavilion, an acoustically pristine space in which audiences can unwind,

connect and be inspired – it's the ideal special addition to your weekend activities. Known for their annual Easter concerts, Four Winds is now a place for year-round listening, highlighted by their Sunday afternoon performances. Sundays were chosen with audiences in mind, to be greeted with a beverage, enjoy a picnic on the grass in the afternoon sun, a warm indoor space to listen and

plenty of time to drive home before dark. The Four Winds Team looks forward to welcoming audiences to experience a range of artists and genres including jazz, folk, contemporary, rock, First Nations storytelling and youth music alongside the organisation's golden thread of classical music that is woven through all we do. Upcoming artists include Luminescence Chamber Singers: *Of the Body* (12 May); renowned pianist Stefan Cassomenos (June 2); progressive-rock legend David Bridie (*Not Drowning, Waving* and *My Friend the Chocolate Cake* June 30); talented flautist Ana de la Vega performing alongside pianist Grace Kim (7 July); *The Offering* a collaboration between hip-hop poet Omar Musa and cellist Mariel Roberts (Aug 4); the award-winning Affinity Quartet performing Beethoven's iconic Opus 18 (17 and 18 Aug); and the sensational Sharon and Slava Grigoryan (cello and guitar, Aug 23).

You can explore the full program and purchase tickets via the Four winds website, Search for Four Winds Bermagui on your usual browser.

Madison Phillips



Aerial shot of the Four Winds site Credit: David Rogers Photography

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Art in the Triangle

The Pose – an exhibition of drawings from life

The exhibition will be open 10.00 am to 4.00 pm daily until 5 May (closed Mondays and Tuesdays) at the Narooma School of Art Gallery, 92 Campbell Street, Narooma.

On Friday evening 19 April, the Tall Trees Drawing Group met to open their exhibition and to celebrate and discuss their proudly displayed efforts with family, friends and other locals.

The Pose presents a range of work from ten artists as they develop their skills in life drawing.

The works on paper vary in size using media including charcoal, ink, pastel, pencil, acrylic paint and collage.

Each week this group meets to draw from life, drawing the naked model.

Life drawing is a challenging workout capturing proportions, light, mood and striving for that elusive likeness. Some poses are brief, lasting only ten seconds,

others range from one to twenty minutes.

On behalf of the group, I would like to thank Kate Wall and David Whitfield for sharing their time, their studio, their expertise and their coffee (!) with us. There is a lot required to mount an exhibition and Kate's efforts are much appreciated.

Do call in to the Gallery, enjoy these drawings and chat with one of the artists who are minding the exhibition daily. Artists taking part are Mike Badman, Lucy Badman, David Campbell, Sue Irving, Di Knoll, Lesley Lambert, Alex Newfield, Elisabeth Newfield, Kate Wall, Diana White and David Whitfield.

Works are available for purchase by negotiation with the artist.

If you're interested in life drawing or perhaps even modelling, please contact Kate Wall on 0407 413 139 or email katiwall@bigpond.com.



Kate Wall beside her work at the opening

Diana White



Spiritual Creations by Noo at the Lazy Lizard, SideRoom

I'm Noo, a proud Wiradjuri woman living out in the bush. I'm from Dubbo but I've travelled around and found home here on the south coast.

I am very drawn to the spiritual side of mother nature and her animals. I believe we should never forget that we are all connected to nature, nature sends us messages with animals to help guide us through our journey here. I believe I'm here to use my art skills to show the beauty in nature's animals and the power all living beings have.

I hope you enjoy my artworks.

Noo

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Celebrating First Nations artists living on Yuin Country

Exhibition 17 May - 5 June

Saturday 18 May 10.00 am - 12 noon

Morning tea & meet the artists

Welcome to Country 11.00 am

Exhibition to be opened by
The Hon Kristy McBain MP,
Member for Eden-Monaro

Featuring Indigenous artists living on Yuin Country:

Don Atkinson, Sabrina Canavan, Rhiannon Chapman, Amanda Close, Jidi Cooper, Sean Deaves, Toni Hill, Troy Lenihan, Olivia Matthews, Marcus Mundy, Alison Simpson, Emma Stewart, Lucinda Thurston and Joe Stewart.

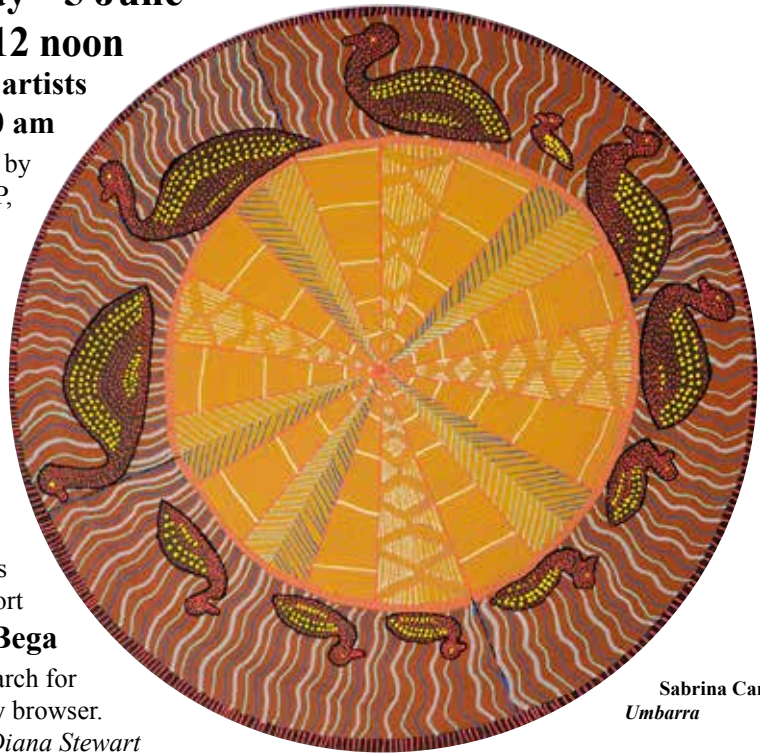
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Shop7 artspace Gallery is on the upper deck at the Bermagui Wharf. Photo by Lyndal Jenkins.

Shop7 artspace Gallery, Bermagui

Shop7 artspace Gallery has been on the upper deck of the Bermagui wharf for over ten years. It's a not-for-profit organisation, run by a collective of ten artists who all contribute to the ever-changing exhibitions. Some of the artists have been members since the beginning, and others are quite new. I am grateful to have been invited to be the latest addition.

Shop7 supports artists from the wider community by providing the opportunity to exhibit as guest artists, and to take part in community exhibitions.

May is an exciting month at shop7,

beginning with magical paintings by guest artist Tristan Dalziel, on show until Wednesday, 8 May. Then Shop7 hosts this year's first community exhibition of artworks in any medium, relating to the theme *In search of ...*. Everyone's welcome to the opening on Friday, 10 May at 5.00 pm, and the show continues until Wednesday 29 May, open every day from 10.30 am to 3.00 pm, except Tuesdays.

There are a couple of guest artist spots left for this year. Email enquiries to shop7@gmail.com or call 0429 022 671.

Lyndal Jenkins



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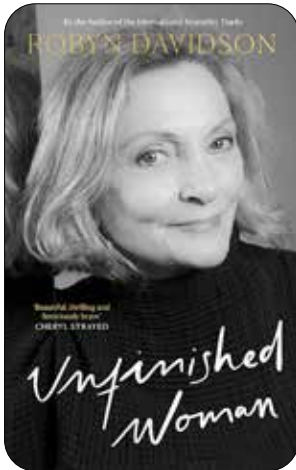
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Unfinished Woman



Robyn Davidson
Bloomsbury publishing
RRP \$32.99

I eagerly read this memoir that has been 25 years in the writing. The name of Robyn Davidson was first heard in 1977 when a young woman was reported to be crossing the Simpson Desert from Alice Springs to the coast of WA.

Davidson says this essentially private journey suddenly thrust her into fame. Jonathan Cape Publishers offered her an advance to write a book. The book Tracks became an international bestseller and has never been out of print.

Unfinished Woman begins with Davidson's childhood in the '50s and

totally captures those times. Those of a similar age to Davidson will recognise this post-war era and then the upheaval of the '60s with both nostalgia and some uneasiness. This seemingly ideal childhood, apart from a bullying elder sister, was shattered by her mother's sudden suicide when Davidson was eleven.

Davidson writes about her explosive and well-publicised affair with Salman Rushdie and how when it ended 'the devastation was too enormous to be the result of abandonment by a lover'.

This memoir is not in entirely chronological order because memories would intrude out of order and demand their space right then and there but this enhances rather than distracts from the writing.

Davidson continued with her fascination with lifestyles that were not in in the western mode. Her insights into western philosophy and eastern mysticism are lightly explored without judgement. She is interested in how our lives are lived, and why we live as we do.

I loved this memoir for its skill, the depth of the life experiences and the insights into an ever curious and fearless woman.

Gorgeous, fluffy Dusty took some time to settle into her foster home but is now happy and calm. She doesn't like other cats very much but has taken a real shine to her foster father, in fact she seems to prefer men. So, if you are a bloke looking for love, Dusty might well be your gal!

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Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

Kerri Brady



Dusty

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The power of three



The satisfying balance of three

‘Omne trium perfectum’ is a Latin phrase that translates to ‘everything is perfect in threes’. It is a pervasive concept throughout human culture, be it literature (three little pigs), rhetoric (I came, I saw, I conquered), advertising (slip, slop, slap), the colours of a country’s flag, (red white and blue), comedy (three people walk into a bar) or music (the third note of every scale provides the most basic harmony). The rule of three satisfies the pattern-seeking behaviour in all of us and is equally applicable in the garden.

Three colours: choose colours that complement each other and remember that foliage counts as a colour as well. Three different plants in flower at any one time are enough to give the feeling that a garden is in full bloom, especially when repeated throughout.

Three textures: try and maintain an even mixture of clumping grasses, large-leafed shrubs and smaller-leaved perennials.

Three heights: plant creeping or low-growing plants at the front of the bed, medium height perennials or grasses towards the middle and taller shrubs to the rear.

Three plants: an odd number of plants can be arranged in an irregular cluster, which looks more natural than a straight line or a block shape.

Three pots: A row or even a cluster of three pots always looks perfectly balanced.

Three pots and three plants in each: for the ultimate ‘triple trio’ cluster – a group of three different sized pots and plants – a ‘thriller, a filler and a spiller’ in each. Thrillers are the tallest plants and are planted in either the centre or the back of the pot. Fillers are mid-size, mounding or rounded plants that surround the thriller and make the pot look full. Spillers are trailing plants that cascade and tumble over the sides of the pot, softening the edges. Scale the concept up or down in relation to the size of the pots you are using.

Meanwhile, around the town gardens, the tibouchinas are really the stars of the show at this time of the year. Every garden should have one as they come in a range of sizes to suit any situation. Now is also the time to plan for a splash of winter colour by planting out a few punnets of the cooler-weather-loving annuals such as pansies, violas, primula or polyanthus.

In the wild places, on the sides of the road around the Triangle, look out for yellow dots at shrub level as *Acacia terminalis* (sunshine wattle) begins to flower. Mostly growing to around two metres tall, with dark green pinnate leaves, this is one of our few wattles that flower in cold weather.

This month in the vegie garden, the first peas and snow peas should be coming on and to keep the crop producing you can do another follow-up planting. If you love, or want to try, broad beans then it’s the perfect time to pop in some seeds. You can sow some more lettuce (if the seeds from the last crop aren’t already popping up!) and alliums such as onions, garlic, leeks and eschalot bulbs will also do well if planted this month.

Finally, if you have any comments, gardening questions or plant or pest identification problems, please send them through to gardening@thetriangle.org.au and I will endeavour to help.

Happy growing.




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With the weather turning cool, it's time to bring some warming meals to the table. This vegan bean stew is a ripper, especially when you've left it to 'think about itself' for a couple of days. Do give it a try! Even you meat eaters – it might surprise you. And, for a lighter meal, this salmon miso Thai-style curry is

smooth and subtle and, when served on rice, is a balanced meal. And, lastly, for starters (!) don't walk past those cheap chicken livers in the store. This parfait-style pâté is easy to make and tastes like a starter from a fancy restaurant.

Leftovers on toast at breakfast is a dreamy way to start the day. Stay warm and enjoy.

Coconut-Miso Salmon Curry



This delicious dish from the New York Times is quick and easy to prepare.

Yield: 4 servings

Ingredients:

- 2 tablespoons vegetable oil
- 1 medium red onion, halved and thickly sliced (about 2 cups)
- 1 (25 mm) piece fresh ginger, minced (about 2 tablespoons)
- 3 garlic cloves, thinly sliced
- Kosher salt and black pepper
- ¼ cup white miso
- ½ cup unsweetened, full-fat canned coconut milk
- 1 (450-680 grams) salmon fillet, cut into 5 cm pieces
- 140 grams baby spinach leaves (about 5 cups packed)
- 1 tablespoon fresh lime juice, plus lime wedges for serving
- Steamed rice for serving
- ¼ cup chopped fresh basil
- ¼ cup chopped fresh cilantro

Directions:

In a large pot, heat 2 tablespoons oil over medium. Add onion, ginger and garlic and season with salt and pepper. Cook, stirring occasionally, until softened, about 3 minutes. Add miso and cook, stirring frequently, until miso is lightly caramelised, about 2 minutes.

Add coconut milk and 3 cups water and bring to a boil over high heat. Cook until liquid is slightly reduced, about 5 minutes. Stir in salmon, reduce the heat to medium-low and simmer gently until just cooked through, about 5 minutes. Turn off heat and stir in spinach and lime juice.

Divide rice among bowls. Top with salmon curry, basil and cilantro. Serve with lime wedges for squeezing on top.

Lentil and bean stew with gremolata

This is a wonderful, hearty, vegan stew for cooler evenings

Ingredients:

- 1 cup extra-virgin olive oil, divided
- 1 medium-sized brown onion, chopped (about 2 cups)
- 5 medium carrots, cut into 12 mm pieces (about 2 cups)
- 5 celery stalks, cut into 12 mm pieces (about 2 cups)
- 1 400 gm can diced tomatoes, undrained
- 6 garlic cloves, finely chopped, divided
- 1½ cups dried French green lentils
- 2 fresh or dried bay leaves
- 2 rosemary sprigs
- 5 cups water, plus more as needed
- ¼ cup packed chopped fresh flat-leaf parsley
- 1½ teaspoons grated lemon zest plus 1½ tablespoons fresh lemon juice, divided
- 6 cups cooked mixed beans (such as cannellini, borlotti or kidney)

Directions:

Heat ½ cup oil in a large Dutch oven over medium-high. Add onion, carrots, and celery. Cook, stirring occasionally, until starting to catch, 15 to 20 minutes. Stir in tomatoes, half the garlic and season. Cook, stirring often, until garlic is fragrant and tomato juices begin to caramelize, 4 to 6 minutes. Stir in lentils, bay leaves, rosemary sprigs and 5 cups water. Bring to a boil over medium-high. Reduce heat to medium-low and simmer, uncovered, stirring occasionally, until lentils are just tender, 20 to 25 minutes.

Meanwhile, stir together parsley, lemon zest and remaining garlic. Season. Let mixture stand 10 minutes. Stir in remaining ½ cup oil and check seasoning.

Add beans, stir to combine. If needed, stir in additional water to thin stew. Cook over low heat, uncovered, stirring occasionally, until beans are heated through and lentils are tender, 10 to 15 minutes. Stir in lemon juice and season to taste with salt and pepper.

Spoon gremolata over servings of stew.

Gremolata:

- 4 tablespoons finely chopped parsley
- 1 tablespoon finely grated lemon rind
- 1 small clove garlic, finely chopped
- A dash of olive oil (optional)

Chicken liver pâté



Chicken livers are cheap and this recipe is quick and delicious!

Ingredients:

- 225 grams chicken livers, well-trimmed
- ½ small onion, thinly sliced
- 1 small garlic clove, smashed and peeled
- 1 bay leaf
- ¼ teaspoon thyme leaves
- Sea salt flakes
- ½ cup water
- 170 grams unsalted butter, at room temperature
- 2 teaspoons Cognac or Scotch whisky
- Freshly ground pepper
- Toasted bread, for serving

Directions:

In a medium saucepan, combine the chicken livers, onion, garlic, bay leaf, thyme and ½ teaspoon of salt. Add the water and bring to a simmer. Cover, reduce the heat to low and cook, stirring occasionally, until the livers are barely pink inside, about 3 minutes. Remove from the heat and let stand, covered, for 5 minutes. Discard the bay leaf. Using a slotted spoon, transfer the livers, onion and garlic to a food processor, process until coarsely puréed. With the machine on, add the butter, 2 tablespoons at a time, until incorporated. Add the Cognac, season with salt and pepper and process until completely smooth. Scrape the pâté into ramekins. Press a piece of plastic wrap directly onto the surface of the pâté and refrigerate until firm. Serve chilled.

Make ahead

The pâté can be covered with a thin layer of melted butter, then wrapped in plastic and refrigerated for up to 1 week or frozen for up to 2 months.

COMMUNITY NOTICES

Community Notices are advertised in *The Triangle* for non-profit groups free of charge. If your organisation would like to be listed or if details change, please contact us at: contributions@thetriangle.org.au

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Bermagui Saturdays 2pm at the Anglican Church Hall, Ph: Dave on 6493 5014

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints - every Sunday 8.00am
Cobargo: Christ Church -
1st, 2nd, 3rd Sundays 10.00am
Quaama: Quaama School of Arts Hall -
4th Sunday 10am
Ph: The Reverend John Thomas 0427 260 833

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service Sundays 10.00-12 am
All Welcome.

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfp Preston@bigpond.com

BERMAGUI DUNE CARE

Meets on the 3rd Sunday of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon,
venues vary. Phone Christine 0400 301 040

BERMAGUI HISTORICAL SOCIETY

Museum Open Tuesdays 10am - 2pm.
Researchers & helpers welcome.
Contact Allan Douch 0428 427 873
or Dave Cotton 6493 5014

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs
each month at Cobargo Hotel & 3rd Thurs at
Bermagui Country Club at 12 for 12.30 pm
Enquiries: Geoff 0407 164 466

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581.

BERMAGUI MEN'S SHED

Meets Tues, Thurs & Sat from 10am @
new shed adjacent to the council depot on
Bermagui Tathra Rd. All men are welcome.
Contact Ian Bailey 0409 691 458

BERMAGUI PROBUS

Probus provides an opportunity to meet
with fellow retirees on a regular basis, listen
to interesting guest speakers and join in the
company of new friends.
Meets at 10am to 12pm on the 2nd Monday of
each month at the Men's Shed meeting room.
Bermagui Tathra Rd. Contact Lorraine Courtis
email lcou6446@bigpond.net.au

BERMAGUI SENIORS' SOCIAL CLUB

Meets the 1st Wed, 11.30 am at the Bermagui
Country Club, with social luncheons to follow.
New members are most welcome.
Enquiries: bermaguiseniors@gmail.com

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

CATHOLIC CHURCH

Weekend Mass times.
Bermagui - Sun 7:30am Cobargo - Sat 5pm

COBARGO AND DISTRICT ENERGY TRANSITION GROUP INC (CaDET)

Email - renewablecobargo@gmail.com
www.renewablecobargo.com

COBARGO COMMUNITY ACCESS CENTRE

Unit 5 & 6 / 48 Princes Highway, Cobargo
Open Tues, Thurs and Fri 10am-3pm
cobargoreliefcentre2550@gmail.com
Ph: 0493 671 117

COBARGO CREATORS

Established in 2012, a volunteer-run, not-for-
profit art collective. Manages the Cobargo
Creators Art Gallery. New members and
volunteers always welcome! Committee meets
monthly. email: mail@cobargocreators.org

COBARGO CWA

Meets in the CWA Rooms, 20 Bermagui St
2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com
Cottage Hire 6493 6428 or 0429 933 686

COBARGO DISTRICT MUSEUM

The Cobargo Museum: researching local
history, old photos & information.
New members welcome.
Contacts: Vicky Hoyer 0422 377 278
Bev Holland 0408 280 024

COBARGO PRESCHOOL

Child centred, play based preschool
education for 3-5 year olds.
Mon - Thurs during school terms
0455 043 489 cobargopreschool@gmail.com
www.cobargopreschool.com.au

COBARGO QUAAMA BUSINESS RECOVERY GROUP INC (CQBRG)

New Members Welcome!
Enquiries: CQBRG Secretary Ph: 0418 361 781
cqbrgroup@gmail.com www.cqbr.org.au

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone Kathy Rix 0488 048 701

COBARGO SCHOOL OF ARTS

Hall bookings and inquiries:
Linda 0407 047 404 / cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 18yrs. Meetings 6.30pm to 8pm in
school term Cobargo Showground dining hall.
Contact Graham Parr on 0429 936 795.

COBARGO SHOW MEETING

Monthly 2nd Wednesday, 7.30 pm - Cobargo
Showground dining hall. Contact Naomi 0417
456 354 secretarycobargoshow@yahoo.com.au

COBARGO TOURIST & BUSINESS ASSOC

Meets every 2nd Tuesdays, 6pm @ the CWA
cottage. Contact: Janet Doolin 0409 033 828

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. Contact Nick van Stek, Pres.
0439 361 118 or Felicity Ruby, Sec. 0452 161 673

MOBILE TOY LIBRARY

& PARENTING RESOURCE SERVICE
All parents of children 0-6 welcome to join.
Enquiries: 6496 1918

OPEN SANCTUARY AT TILBA TILBA

Meditations, discussions,
guest speakers & special events.
opensanctuarytilba.org and on facebook.
Contact: Linda Chapman 0422 273 021

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.00pm in the CWA
Cottage, Bermagui Road, Cobargo, and
welcomes anyone who does patchwork,
quilting, or any other needlework.
Lorraine James 0459 022 368
or Leanne Tett 0408 627 103

QUAAMA MEN'S SHED

Meets Weds from 10am, 20 Bermagui Street
John Preston (President) 0429 179 184
Ron Higgins on 0408 788 528.
All men are welcome.

QUAAMA PROGRESS ASSOCIATION

New members welcome. Phone: 0408 411 956
quaamaprogress@gmail.com

QUAAMA RENEWAL PROJECTS

quaamarenewalprojects@gmail.com
Phone: Veronica 0437 263 128
www.facebook.com/quaamarenewal

QUAAMA SCHOOL OF ARTS

Hall bookings and inquiries:
Call 0408 411 956
quaamahallbookings@gmail.com

SOAPI COMMUNITY THEATRE

School of Arts Players Inc (SOAPI) writes,
produces and performs theatre in the region.
10 years to adult. No experience necessary.
Facebook @SOAPitheatre or call
Robyn Freedman 0410 525 968

TILBA CWA

Meeting 2nd Thursday of the month, 10.30 am
Tilba small hall, Bate Street, Central Tilba
Contact: Teresa Stubbings 0417 418 447

TILBA MARKET

Home grown, Hand made,
Grow it, Make it, Sew it, Bake it.
Every Saturday 8am to 12, Central Tilba Hall
Stall booking essential. Phone 0490 130 478.

TRIANGLE TOOL LIBRARY

Behind the Cobargo Co-op
Open 9-12 on Tues, Fri and Sat
www.triangletoolibrary.org.au
Lynn 0411 432 533 or Nacre 0419 425 208

UNITING CHURCH SERVICES

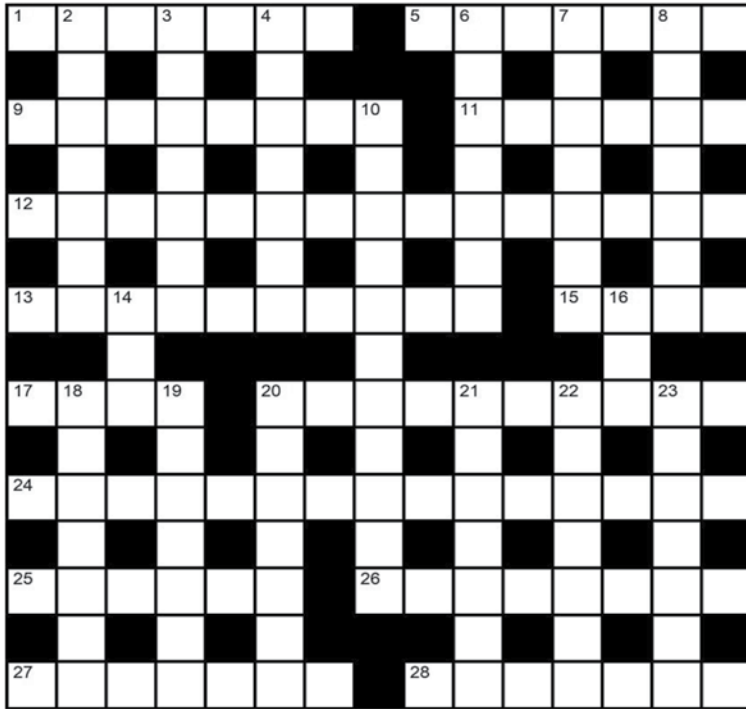
Narooma - Sundays at 9am, 134 Wagonga St.
Cobargo - 2nd Sunday at 11.00 am.
4th Sun Prayer & Praise (ecumenical) at 11 am.
38 Bermagui Road, Cobargo
Phone Di: 4476 2024 mtdromedary.uca.org.au

THE YUIN FOLK CLUB

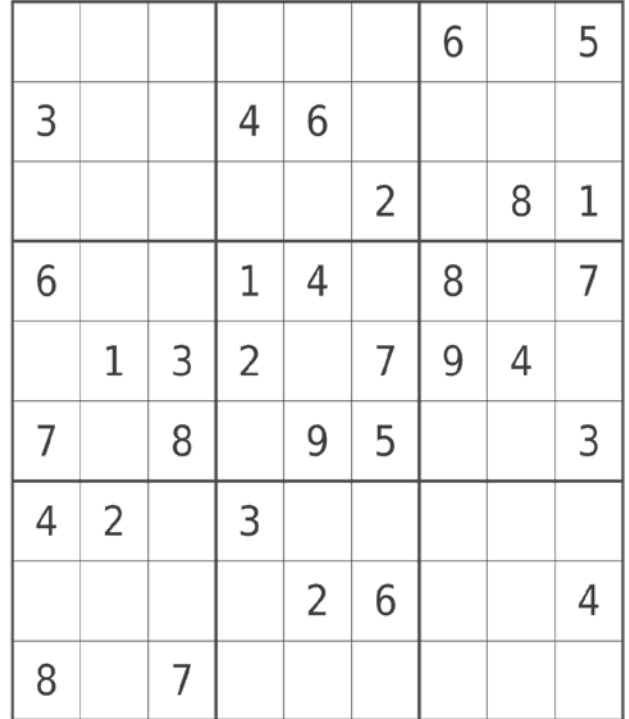
The Yuin Folk Club organises the annual
Cobargo Folk Festival and hosts folk music
concerts throughout the year.
Details at www.cobargofolkfestival.com
Ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Game On

MAY CROSSWORD



SUDOKU



ACROSS

- 1 Four-sided pillar (7)
- 5 Ingest (7)
- 9 We drones got drunk, went downhill (8)*
- 11 Former South Vietnam's --- Van Thieu (6)
- 12 Sky worker (6,9)
- 13 They're not rural (5,5)
- 15 Olly's sidekick (4)
- 17 Tom Clancy hero Jack --- (4)
- 20 Small NSW seaside resort with brilliant white sand (5,5)

Answers on page 36

- 24 Arising at the same time (15)
- 25 Panda food (6)
- 26 Dingbat (8)
- 27 Bizarre (4,3)
- 28 In a tasteless manner (7)

DOWN

- 2 American griller (7)
- 3 Italian restaurant choice (7)
- 4 Artisan fixed singer (7)*
- 6 Players at the edge (7)
- 7 Saint Bernadette's city (7)

*Indicates a cryptic clue.

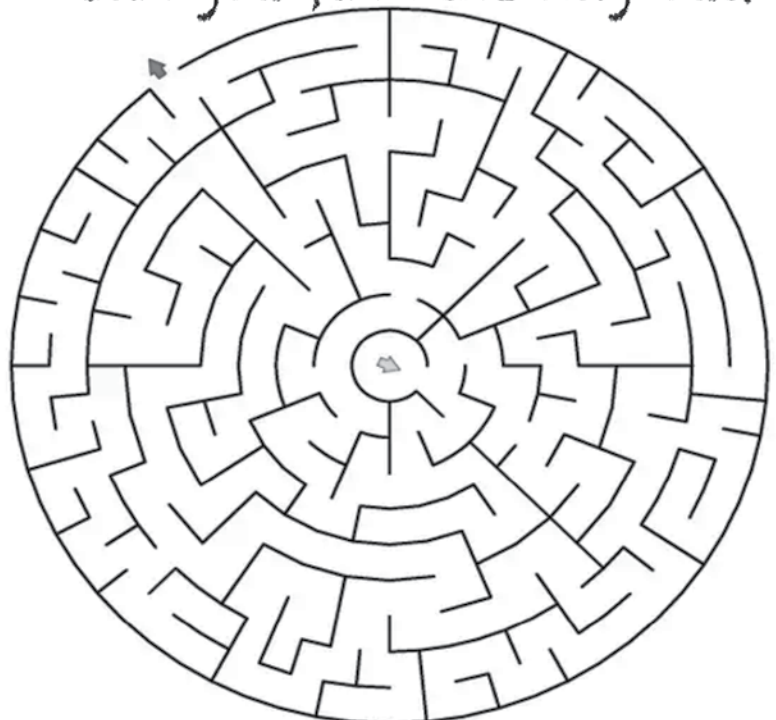
- 8 Australia is its biggest component (7)
- 10 "--- Holt", and disappear (2,3,6)
- 14 Feather scarf (3)
- 16 "--- With Mussolini" (1999 Zeffirelli film) (3)
- 18 Salty Western Australia Nature Reserve (3,4)
- 19 In a remarkable way (7)
- 20 Olympic hockey gold-medallist Robert --- (7)
- 21 Australasian ---, a porgie (7)
- 22 Tried hard (7)
- 23 Local government body (7)

Kidz' Korner

Find and circle 5 differences.



Can you find the way out?



For the fridge door

MAY	WHAT	WHERE	TIME
Every Weds	Drop-in: Quaama community members chat and share pg 17	Quaama Hall, supper room	10 am - 4 pm
All May	<i>The Good Life</i> group exhibition, all media	Cobargo Creators Sunday - Fri 10 am - 2 pm, Sat 9 am - 1 pm	10 am - 2 pm
	<i>Spiritual Creations</i> paintings by Noo	Side room, Lazy Lizard	10 am - 2 pm
Sat 4	Tanja Public School annual market	Tanja Public School	9 am - 2 pm
	Jeff Aschmann	Tilba Winery & Alehouse	12 noon
Till Sun 5	<i>The Pose</i> life-drawing group exhibition	Narooma School of Art gallery 92 Campbell St Narooma	10 am - 4 pm closed M & Tues
	Malumba	Tilba Winery & Alehouse	12 noon
Till Wed 8	Tristan Dalziel paintings	Shop7 Art Space, every day except Tues	10.30 am - 3 pm
Fri 10	Moodji Futures Dinner and panel discussions with Costa pg 12	Bermagui Surf Life Saving Club	5 pm onwards
	<i>In search of...</i> opening of community exhibition, all media pg 30	Shop7 Art Space every day, except Tues 10.30 am - 3 pm	5 pm
Sat 11	Firewise landscapes workshop: book Eventbrite pg 5	The Crossing, 392 Nutleys Creek Rd Bermagui	11 am - 3.30 pm
	Steve Jackson	Tilba Winery & Alehouse	12 noon
	Free community event with kids' activities, Soundcheck alumni performances, curries, Shannanigans eclectic dance band from Tilba pg 21	Cobargo School of Arts is where you can celebrate Cobargo Community Capers!	2 pm - 11 pm
Sun 12	Elton John tribute	Tilba Winery & Alehouse	12 noon
	<i>Of the Body</i> Luminescence Chamber singers pg 27 book online	Windsong Pavilion, Four Winds Barraga Bay	2 pm bar opens 3 pm start
Sat 18	Manchild & the Blues Kids	Tilba Winery & Alehouse	12 noon
Sun 19	Distinguished Gentlemen's Ride, charity event: classic & vintage style motorbikes and riders, register to ride pg 8	NATA Oval, behind the visitors' centre Narooma. Market with food and drink available to purchase	Ride assembles before 10 am
	Beach Bar Swing	Tilba Winery & Alehouse	12 noon
Sat 25	Information session for community to meet + Q & A the new builders of the Cobargo rebuild and CCDC members	Cobargo School of Arts pg 20	9.30 am - 12 noon
	Battery EV owners' interest group, meet for lunch pg 25	The Drom Hotel, RSVP andrew.john.everard@gmail.com	12 noon
	Minh Ha	Tilba Winery & Alehouse	12 noon
Sun 26	Pepper & Davies	Tilba Winery & Alehouse	12 noon

Classifieds

For sale

Selling as no longer required

- Galvanised trailer with side cage, registered to March 25, electrics all working, as new \$2,500
- CS 350 WES ECHO chainsaw, as new and serviced, \$300
- Husqvarna 236 x Tono e-series chainsaw, as new service, \$300

Contact 0419 015 027

OK SHED OP SHOP

Serving our beautiful community and visitors

Open Wednesday and Thursday 10am - 4pm

Bargains, Treasures, Pantry

Good quality donations welcome



All Saints Anglican Church
11 Wallaga Street Bermagui
Contact: 0408 177 131

CROSSWORD ANSWERS

ACROSS: 1 Obelisk, 5 Swallow, 9 Worsened, 11 Nguyen, 12 Flight attendant, 13 Urban areas, 15 Stan, 17 Ryan, 20 Hyams Beach, 24 Contemporaneous, 25 Bamboo, 26 Dipstick, 27 Very odd, 28 Crudely.
DOWN: 2 Broiler, 3 Lasagna, 4 Sinatra, 6 Wingers, 7 Lourdes, 8 Oceania, 10 Do the Harold, 14 Boa, 16 Tea, 18 Yeo Lake, 19 Notably, 20 Hammond, 21 Snapper, 22 Exerted, 23 Council.