

# THE TRIANGLE

COMMUNITY NEWS

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**QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

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The Dignams Creek Community Group AGM, June 2022 - Photo by Flick Ruby

## Diggin Diggies

I accidentally became the Secretary of the Dignams Creek Community Group Inc due to a jolly mood and a warm winter fire at our June AGM. After putting up my hand, the outgoing secretary leapt up instantly to bring me a bag of books and papers. What treasure I found there! Many different styles of handwriting have carefully recorded the projects and concerns of Diggies residents in minutes dating back to 1995, featuring names of people still here, and others long gone. The Diggies community has a long history of fun through koala surveys, bush picnics, the finding of rare plants (by Vernon Pretty), guest speakers on all kinds of issues and fundraisers that built our fire shed. Some of the unfun seems perennial too – phone line dissatisfaction, feral animals, bushfire preparation and wrestling with two councils about the state of our road.

Continuing the fun part, an idea came to Nick van Stek and me that we called 'Feed Diggies'. As prices go up and it's virtually necessary to take out a mortgage to buy an Iceberg lettuce, we thought it might be great to share skills and tools to increase the productivity of our gardens. We also wanted to find a way to swap

and share veggies, eggs, bread, preserves, seedlings or help each other with fencing or building chook yards. We shared our idea through the fire-tree contact list, diligently kept by Fiona Kotvojs, and twenty people said YES, PLEASE! At our first gathering we realised that among the group, we had about 68 hours of labour per month, a giant list of skills in all kinds of food growing and animal husbandry departments, and a very generous combined tool shed, including four tractors. We decided to do a monthly working bee at someone's place, and to share a meal afterwards, bringing anything we had in excess for swapping and sharing.

At our first get together at Shanti's and Sol's place, we started building the Diggies Share Shed from materials donated from several households, learning a bunch of Nick's building tricks. It was a great first meal too, heavy on the egg-based dishes, and two seriously good cakes. We will soon finish the shed and use it to share our fruit and veggies, plants and eggs with each other, and sell to the wider community on an honesty basis. Duck in next time you visit Diggies and see what goodies you can find!

*Flick Ruby*



The Diggies Share Shed structure complete - Photo by Scott Ludlam



Working together to put up the first beam. - Photo by Flick Ruby

*The Triangle* welcomes the inaugural first contribution from Diggin Diggies. Dignams Creek has always been part of the Triangle area, it's just stayed beneath *The Triangle* radar. Diggies is in the unique position of straddling both the Eurobodalla and BVSC shires to its fortune or misfortune. But what is clear, there has always been a very strong community there willing to share resources, time, friendships and food between themselves and also be involved in the greater community.

Living in our corner of the world that we have arbitrarily named the Triangle, our connections go well beyond our families, our street, local government areas, state and country. We live in a

world that is connected in an instant, but what is stronger and more practical are our neighbours, our local community. Dignams Creek has always been there, but unless a torchlight shines on an area, many of us aren't aware of that locality and what goes on there.

Speaking of torches ... I'd like to remind our readership to continue to submit articles that shine a light on what's going on where they live, how someone is feeling, examples of creative endeavours, entrepreneurial ventures, political bugbears, histories and future planning. *The Triangle* is the expression of the community. Let it be a true reflection by receiving and publishing more contributors with diverse voices.

## Letters

### Council records significant operating surplus

Council has just released their draft financial statements for the year ended 30 June 2022 that show a net operating surplus of \$14.9m. This result is after non-cash depreciation of \$24.4m, but before capital grant revenue of \$43m.

Income includes rates and annual charges of \$56.3m which have increased 4.4% over the year, reflecting a strong increase in Council's rating base. Council has benefited to some degree from a one-off increase in disaster recovery grant funding that was paid early to councils as part of the economic support provided due to the pandemic.

Council is still considering a 35% increase in our general rates from 1 July 2023 to ensure that Council finances can meet the expectation of the level of services that the community needs.

Council minutes of 4 May 2022 note that the Long Term Financial Plan 2023-2032 (scenario 2) models a single year special variation to rates of 35% permanently applied to the rate base commencing 1 July 2023.

The Council CEO, Anthony McMahon, subsequently clarified that the 35% proposed rate increase only relates to your base rates, not to your water, sewer and waste rates. This means for most, the overall ongoing rates are proposed to be increased by between 10% and 20%.

It is important to stress that no decision has yet been taken by Council in this matter.

In its long-term strategic plan, Council was assuming a population increase per annum of only 0.65% over the next twenty years.

The recent census results for the shire show the population has increased by 5.4% and occupied private dwellings

have increased by 10% in just the five years to 2021.

Based on this information, Council should review their strategic and financial plans to ensure that the population and housing growth that is occurring is taken into consideration.

Geoff Steel  
Bermagui

### Anglican Churches of Bermagui Cobargo and Quaama

#### WORSHIP SERVICES DURING NOVEMBER

**Bermagui - 11 Wallaga Street**  
6th, 13th, 20th and 27th at 8am

**Cobargo - 5-11 Hoyer Street**  
6th, 13th and 20th at 10am

**Quaama - School of Arts Hall**  
27th at 10am

**Contact: The Reverend John Thomas**  
Tel: 0427 260 833

### The Triangle Inc AGM

**will be held in Cobargo  
on Tuesday,  
15 November at 11:30 am**

**Ring 0407 047 404 for  
more information**



### Thumbs UP

To the federal, state and local governments that have funded and organised Quaama's new pedestrian crossings. Our kids, and everyone else, will be much safer in the centre of the village now.

To our whales, making their epic journey south to Antarctica for the summer and giving us such a great show along the way.

To the Bermagui Markets for opening up again, and to the Bermagui Country Club for allowing the markets to come inside during inclement weather.

### Thumbs DOWN



People who illegally steal firewood from public reserves, depleting habitat for our already threatened and endangered wildlife.

Dog owners who don't know the basic NSW law: if you are in a public place, including beaches, your dog must be on-leash unless there is an 'Unleashed Dog Area' sign which, in BVSC, is a green sign.

**Tell 'em you found 'em  
in *The Triangle*!**





Naomi Lewis

Don't panic - I can get toad's foot and squirrel's eyeballs on eBay.

## Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and [cclsang333@gmail.com](mailto:cclsang333@gmail.com).

## Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

## Who does the work

### The Editorial Committee

Linda Sang (President)  
Stuart Absalom (Vice President)  
Angela Marshall (Acting Secretary)  
Bhagya (Treasurer)  
Debbie Worgan  
Georgina Adamson

### Advertising

Book advertising space by first ringing 6493 8369 then 0407 047 404 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

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Bhagya & Debbie Worgan

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Shop, Well Thumbed Books, Information

Centre **Narooma:** BP station, Library

**Quaama:** The Quaama Store

**Wallaga Lake:** Merrimans Land Council

### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

### Thumbs / Letters to the editor:

All communications should be forwarded

to: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1800 in print plus

online visits.

# The National Library Visits

The Australian National Library visited Cobargo and Quaama and will go to Nerrigundah soon. On Sunday 14 August, in partnership with the Cobargo Bushfire Resilience Centre Inc. (CBRC), representatives from the National Library of Australia visited Cobargo and Quaama to speak with locals about the National Library's *Badja Forest Road Fire* oral history project.

## Record your story about the fire

Working with the CBRC and members of the affected communities, this project hopes to capture sixty oral history interviews as an enduring historical record of those who lived through the fire and its aftermath.

Rhonda Ayliffe, Vice-chair of the

CBRC, opened both events and Dr Shirleene Robinson, National Library Director of Curatorial and Collection Research, and Scott McKinnon, an expert oral historian who works with the National Library, spoke about the project and answered questions from the community.

A third community information session will be held in Nerrigundah at 11.00 am on Sunday 27 November at the Nerrigundah Agricultural Bureau Inc. Community Shed. The Library understands the need to represent the full diversity of experiences through interviews.

## About oral history

The National Library has the largest oral history collection in Australia, covering many eras and subjects. Oral

histories are carefully structured audio recordings where an interviewee works with an oral historian to tell their own story in their own words. It's entirely up to the interviewee what is shared in an interview, and interviewees get to decide on the access rights (that is, who gets to listen to the recording).

For more information about the project or to express your interest in participating, please visit the National Library of Australia website and search for 'Badja Forest Road Fire'.

The recordings will be kept forever in the National Library.

This project has been supported by the NSW Government Bushfire Community Recovery and Resilience Fund.

*National Library of Australia*



Project interviewer Scott McKinnon (far left), Dr Shirleene Robinson (third from left) and Rhonda Ayliffe (second from right) with attendees at the Cobargo community information session.



Naomi Lewis

He says that they are currently dealing with a large number of prayers, so we have been placed in a queue.



**Allan Dummett 0439164176**

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## University of the third age

In August, U3A Bermagui members attended a talk by Garry and Paul Campbell from the Wallaga Lake community. Garry and Paul are identical twins. They were born here and joined a long line of Campbells in our area, with official records (white colonial) dating back to 1848.

We learnt a lot about local indigenous history, the history of the now Wallaga Lake Koori Village, previously The Mission, of the present conditions and of the concerns regarding past, present and future developments encroaching on Indigenous heritage without consultation.

In September we went walking with Garry, Paul and their wives, Miriam and Marian. We were also joined by the delightful Patrick.

It was cold and wet but that didn't dampen the joy. We started at the Fairhaven Point midden, the biggest in southern Australia, estimated to be six metres deep and used for millennia. It is an extraordinary asset to archaeologists, the local community and tourism. And Patrick read us his beautiful poem about Wallaga Lake.

We then went to Camel Rock. More talking, more questions, more gems of ancient knowledge.

Our last stop was the Bermagui sacred waterhole. The site is severely neglected and overgrown with exotic weeds so no access can be gained and the signage cannot be read. There is also a block of units encroaching on one side, despite

objections from the Yuin people. This situation is very frustrating for the Yuin people and the Campbell family who were the traditional 'Watchers' and who wholeheartedly wish for it to be restored but have not been able to do so.

It is heartbreaking to see such a significant site, gazetted as an Aboriginal Place in 2009, with a long and important indigenous history, so neglected.

Members of U3A have been following up with Council, the National Parks and Wildlife Service and Crown Lands in an attempt to understand how this situation can be rectified.

Merrimans Land Council has now granted permission to begin restoration work and U3A look forward to this occurring.

*U3A team*



**U3A**  
**Bermagui  
& District**

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### TERM 4 — Kindy Orientation Days

Wed 19 October (9:30-10:30am)

Wed 26 October (10:30-11:30am)

Thurs 3 November (9:30-11:30am)

Thurs 10 November (9:30am-12:15pm)

This includes parent information session at 9:30am

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- ♦ Gifted and creative opportunities
- ♦ Beautiful playground facilities

## Problem with domestic cats

Once again domestic cats that are allowed to roam have become a problem in the Beauty Point area. In my garden, I have found the fur of several native bush rats (*Rattus fuscipes*) as well as feathers of birds that frequent my garden and so has my neighbour.

These beautiful creatures are our own native animals, so delightful to watch. They are omnivorous and do not enter your home. They are shy, very fast and ever so cute.

Please keep your cats in a contained

area, we are losing so many of our native animals and birds to these murderous creatures and, unfortunately, the problem has grown so large that our Council no longer takes it into consideration (like fireweed).

If my dog goes outside its own gate, not on a lead, we are fined many dollars; if a cat is found the owner simply gets a warning, that's if the cat is micro-chipped and I would guess that most are not!

Lori Hammerton  
Beauty Point



A native bush rat (*Rattus fuscipes*)

## What is naturopathy and can it help you?

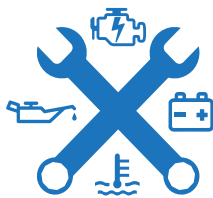
Naturopathy and nutritional medicine are evidence based and offer a holistic approach to healing that considers the whole person, including your physical, mental and emotional well-being, as well as lifestyle and dietary factors.

Naturopathy incorporates both conventional and alternative medical techniques including pathology, iridology, tongue and nail analysis, and hair tissue mineral analysis.

The body has an innate healing ability that can be enhanced through the modification of diet and lifestyle, herbal medicine and nutritional intervention in the form of food as medicine and supplementation. This has been shown to be effective for many health issues including stress, anxiety, depression, digestive problems, pain and inflammation, joint problems, liver function, immunity, skin conditions, perimenopause, thyroid disorders, weight loss and more.

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Kathy Stokes



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# Animal Welfare League NSW Far South Coast Events in November

- Sunday, 6 November

## DOGS' DAY OUT

Ford Oval, Merimbula

10.00 am to 1.00 pm

Registration opens at 9.30 am

\$20 per family with one dog,

\$5 each extra dog

Walks, pet parade, prizes,  
raffles, demonstrations and  
lots more.

- Sunday, 13 November

## SANTA PAWS COBARGO

Cobargo

School of Arts Hall,

Cobargo

9.00 am to 1.00 pm

\$25 includes Christmas  
card, photo sheet and  
emailed pictures.

- Sunday, 20 November

## SANTA PAWS MERIMBULA

Coastal Grooming,

Merimbula

9.00 am to 1.00 pm

\$25 includes Christmas  
card, photo sheet and  
emailed pictures.



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Springtime is the time of renewal and growth. It is also a time of transition with variations in weather – this year the vivid green of the hills and valleys is evidence of the abundant rainfall over the last month. While it's soggy underfoot here with some flooding in low areas, let's spare a thought for those across the country who are experiencing serious and often unprecedented flooding. We all have a part to play in supporting our fellow Australians but also doing what we can to limit the effects of climate change ... as Saul Griffiths says in his recent book, *The Big Switch: Australia's Electric Future*, electrify everything! We can start this in our own homes now.

## Business innovation

Native forests are a very familiar part of life on the Far South Coast. However, we also have native marine forests of which Golden Kelp is a major part – its natural habitat extends from northern NSW, down the east coast, across all the Australian south coast and up the west coast to Geraldton, an area which is known as the Great Southern Reef. These massive kelp forests are in decline due to a combination of factors that include rising ocean temperatures and, particularly in this region, an increase in sea urchin numbers. Sea urchins feed on young kelp and there appears to be a decrease in the numbers of mid-sized fish and lobster, the natural predators of sea urchins. Kelp farming is considered an environmentally sound way to reverse some of these trends while potentially reducing ocean acidification, improving local biodiversity and improving the overall environment by storing carbon.

In March 2021, I wrote about the work that Jo Lane and Warren Atkins are doing at their state-of-the-art kelp laboratory at Tilba Tilba. This is the next chapter in their journey. Following a Churchill Fellowship trip in 2019 to research kelp farming overseas, Jo and Warren have been developing ways to create a kelp seedbank – the first step in kelp farming. To their credit and with a lot of hard work, they have successfully established a process to produce baby kelp – the only non-university entity in Australia currently doing this. The fascinating aspect of this is that the kelp seedbank, made up of tiny male and female gametophytes, can be held in limbo for years under red light, increasing in density but not reproducing. Once placed under white light they will reproduce and attach to fine marine-grade string, all done under strict laboratory conditions. When these spores grow to a certain size, they are ready to be farmed. Jo is currently working with

NSW Marine Parks on pilot Golden Kelp restoration projects that include a better understanding of sea urchin behaviour.

Kelp farming has many possibilities in the circular economy. Apart from its well-known health benefits – which is the basis of Jo's primary kelp business, Sea Health Products – it can be used in cosmetics, can be made into plastic, makes wonderful fertiliser and has great potential for flooring and building materials and for plant-based meat.

However, to start a kelp farm requires fortitude and financial resources to navigate a complex and not easily understood regulatory framework. Jo has successfully won the tender for three marine areas – Bermagui, Pambula and, more recently, Eden. To get the required permits for farming though, requires an Environmental Impact Statement at an estimated cost of \$400,000 and, further, is deemed to be a State Significant Development with additional processes to fulfil. These requirements are similar to what is required of a large multinational company and seem grossly excessive for a proposal that has the potential to add great value to our marine environment, with little if any negative effects. Rather, the regulatory process does not encourage investment or innovation to the point where a business, like Jo's and Warren's, may seek to move to another jurisdiction that has a more supportive and financially achievable process, such as that found in South Australia. This means the potential loss of a first – kelp farming in the ocean – for NSW.

Jo is doing all she can to comply – seeking funding, making contact with people who may be able to assist and talking to local politicians. Federal MP Kristy McBain visited the day before my visit and was supportive and encouraging and, as it is primarily a state issue, there may be more input. Meanwhile another year



Jo Lane and Kristy McBain in the lab

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has been lost as kelp grows over the winter – hopefully progress can be made by next winter!

On a really positive note – Jo was invited to submit her business to Coralus, a global community that supports women and non-binary people through radical generosity. Jo's business is one of five Australian ventures out of a hundred applications to be granted this radically different support – a significant achievement that goes some way to offsetting the frustration and the huge amount of energy and time required so far on this journey. Congratulations, Jo and Warren – your efforts are inspirational and we all wish you well.

To find out more about seaweed this is worth a look – search for miraculous seaweed BBC.

## The House of Alijon

Right on time, Central Tilba's newest business opened its door on 1 October, with a flourish, as locals gathered to celebrate its opening. The House of Alijon at 10 Bate Street is now home to an exquisite and select range of women's fashion, and the building has been meticulously renovated to great effect by Alid and Jon. With the ethos of supporting small Australian design labels and handcrafted fashion items, business has been steady in its first weeks with good feedback about the variety and range. Expect a House of Alijon label down the track with Alid's designs. In the meantime, it's great to see this old building that has had many lives including as the Post Office and telephone exchange, emerge as a house of fashion. All the best to Alid and Jon.



Alid at The House of Alijon

## Central Tilba School – stage to sporting field

On 11 and 12 October, the Central Tilba Small Hall had a special stage production, *James and the Giant Peach*, performed by students from our local school. By all reports the students excelled, much to the delight of proud parents, families and teachers.

Sport continues to play a significant part in school life. It was quite an adventure competing in the State KO Soccer Finals in Sydney! Although the team lost its first game to Iona, it was extremely close and an equal contest of skill and ability. The second game against Blackwood went into extra time with

two goals each at the final whistle. With equal corner counts, it was declared that the teams share third place. Congratulations Team Tilba!

Tinkabell, Zac, George and Nash are off to Sydney for the small schools relay at the PSSA State Athletics Championships in Sydney on 20 October – here's wishing them good luck.

The whole of school swimming program starts in late October and goes for six weeks. Funded by the P&C and the Department of Education, the only cost to families is pool entry, the most affordable swimming lesson possible.

## Tilba Bits



Students in *James and the Giant Peach*

Halloween at the General Store, Sunday 30 October, 4.30 pm – featuring the Parade of Horrors, races, dancing, trick or treasure with milk shakes and sweet treats. Kids, wear your scariest costume!

Tilba's Dromedary Hotel, affectionately known as The Drom, has received a Travellers' Choice Award for the second year in a row – meaning it is in the top 10% of restaurants worldwide, as voted by customers. Congratulations to the whole team at The Drom – it's awesome to have our local recognised and acknowledged in such a way. We know the team at The Drom is grateful and proud of this achievement and thanks all customers.

Finally, well done to Geoff Pryor and Mark Stubbings for the excellent forum on a possible Biosphere in our area.

### Celebrating John Small

Friends from far and wide gathered on 24 September in the Small Hall at Central Tilba to pay tribute to our recently departed friend, John Small.

A fascinating exhibition of his artwork, chalkboards, photography, signwriting, poster and banner art, cartoons, clever words and dry wit was on display in the Small Hall, showing us all how enormously prolific John was and how he excelled at everything he turned his hand and mind to. The display demonstrated how intrinsically involved John has been in the life and fabric of the Tilba district over four decades including his seminal role with local 1990s band The Predicaments, his tireless work for the Tilba Festival and School of Arts, the creation of a time capsule and photos of the children at both the Tilba Primary School and the Tilba Stiltzkidz.

Many fine words were spoken including a précis of an article written for the National Library of Australia by local historian Laurel Pacey featuring John's social contribution through photographing the life and times of the community since the

early 1980s. He is recognised as the contemporary equivalent of William Henry Corkhill.

An old friend, Phil Hall, reminisced about John as a young man in 1977 in Canberra where he was a founding member of a motorbike club. Phil recalled how John had snapped a famous moment in motor bike history that is still seen throughout the world today. A mellow peaty whiskey was proffered by long-time friend, Waz, and we all raised a glass to our mate. He too shared many funny and poignant stories about John. Others who paid tribute included Sean Burke, Viv Bowe, Sol Clarke and the writers of this article.

Our dear friend Smally succeeded in balancing his internal and worldly discontents with an heroic output of creativity, flair, generosity of spirit and a uniquely irreplaceable sense of humour.

Much laughter was heard, tears were shed and many a moment remembered. Vale John.

*Rici Tandy and Trevor King*



The exhibition of John's work in the Small Hall

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### Big Ideas happening in Tilba district

One of the important outcomes of the Strategy process for our Tilba district was the establishment of several subcommittees to deliver on the Big Ideas that were included in the Strategy. I wanted to report on three current exciting initiatives.

The very active History and Culture group, chaired by Bronwen Harvey, is developing projects that aim to include both Aboriginal and more recent history. They have started an oral history project that took advantage of activities organised for the CWA Vintage Garden Party in September to record a very moving Welcome to Country and a song given to us by Lynne Thomas, an interesting local history talk about the villages given by

Laurelle Pacey and a chat between Zoe Burke and Harry Bate in comfy armchairs while he reminisced about his childhood memories being brought up on Mountain View Farm, the venue for the Garden Party.

The group is now researching stories and photos of local history and would welcome contributions. If you want to be involved or have any contributions to make, you should contact Bronwen Harvey 0410 546 804 or Grant Harrison 0432 680 633. This project will come together at the 2023 Tilba Festival.

The Landscape group, chaired by Mark Stubbings working with Geoff Pryor who is President of Tilba Environment Landcarers, recently organised a very

interesting forum on Biosphere Reserves that I attended along with over seventy other locals. Refer to *Support for Biosphere Reserve for Tilba district* article on page 12 for full information.

And, finally, Mark Stubbings is forming a community-led Resilience Team that will focus on our bushfire preparedness. Mark recently emailed the Tilba community to seek interest in that project that builds on the good work done by Mark and Carrie Taylor in securing an RFS Community Protection Plan for Mystery Bay and Central Tilba. Mark can be contacted on 0414 223 925.

*Susan Gray, President  
Tilba District Chamber of Commerce*

### Study grants nurture Reconciliation Group members

The Gulaga Reconciliation Group (GRG) has received resilience funding from the St Vincent de Paul Society. \$4,840 was granted to enable the enrolment of three existing members and a new youth member in an accredited Allyship program, created and delivered by Auntie Munya Andrews and Carla Rogers of Evolve Communities. The online course comprises eight subject modules including responsibilities of kinship, understanding privilege, indicators of 'the gap', defining moments in our shared history and a strategic framework for engagement. The whole group is benefitting from these members' increased knowledge, understanding and confidence. Encouraged by this community endorsement of the value of their work, the GRG is planning to continue facilitating events to create local opportunities for cross-cultural understanding.

For those who want to find out more Evolve Communities has a website.

GRG enquiries: Cathie Muller 0418 581 944.

*Cathie Muller*



Gulaga Reconciliation Group members Cathie Muller and Linda Newcombe



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# Support for Biosphere Reserve for Tilba district

Considerable support for nominating the Tilba district as a Biosphere Reserve emerged from a recent public forum of over seventy people in Central Tilba on Monday 17 October. Jointly organised by Tilba Environment Landcarers (TEL) and the Landscape sub-committee of the Tilba Strategic Plan chaired by Mark Stubbings, the forum considered the implications of putting the region forward for accreditation by UNESCO as a Biosphere Reserve.

Biosphere Reserves are areas of terrestrial, marine and coastal ecosystems managed with the aim of balancing biodiversity, conservation and the sustainable use of natural resources. There are 738 Biosphere Reserves in 134 countries, with five already operating in Australia. Geoff Pryor, President of TEL, said, 'Our aim was to consider how the region's landscape, culture and community could be protected by being declared as a Biosphere Reserve.'

'Judging from the positive responses to the presentations and in general discussion, there was strong support for this challenging idea. This is encouraging, as developing a nomination is a time-consuming process requiring extensive community engagement and consideration of the values we want to protect in our region.'

Garry Campbell of the Merrimans Local Aboriginal Land Council began the forum with a Welcome to Country.

Forum keynote speaker, Professor Peter Bridgewater of the University of Canberra and Australian National University, has thirty years of experience working on Biosphere Reserves around the world and in Australia.

Professor Bridgewater said, 'Biosphere Reserves ensure local communities are fed, kept healthy, make room for nature and build better, stronger community networks based on accepted values. These structures are not another layer of governance.'

David Moore, Manager of Environment and Sustainability Policy at Queensland's Sunshine Coast Council, who joined the meeting by video conference, shared the Sunshine Coast Council's journey to be recognised as Australia's most recent Biosphere Reserve in June 2022. After considering several different national and international mechanisms, UNESCO's Man and the Biosphere Program was identified by the Council as being best placed to support further recognition of their vision of the region's sustainability and strategic directions, values, credentials and future initiatives. He pointed out that the process took several years and required significant resources to both prepare a nomination and undertake planning for implementation, in which the involvement of the community and local First Nations peoples was critical.

Eurobodalla Shire Councillor, Anthony Mayne, attended the meeting along with three senior Council managers and provided an overview of relevant policies and actions taken by the Council, indicating that there is a keen interest in the concept.

It is anticipated that steps will be initiated within weeks to take the Biosphere Reserve concept further. For more information contact Geoff Pryor, TEL President, on 0428 930 196.

*Geoff Pryor*



Councillor Anthony Mayne at the forum



Prof. Peter Bridgewater, Biosphere expert from ANU and UC



The crowd of interested locals at the Biosphere meeting



### Tilba CWA's AGM

In October, Tilba CWA's Annual General Meeting was held in the Big Hall in Central Tilba. The meeting began with Teresa Stubbings delivering the President's Report highlighting the branch activities this year. Teresa began with the recent success of the Vintage Garden Party and then outlined Tilba CWA's other community contributions including our Tilba Festival stall, Winter Solstice Lantern Parade and catering for Tilba's NAIDOC Week celebrations. Teresa thanked outgoing Secretary Helene Sharpe for her three years of service, professional organisation skills and commitment to the role. Teresa also thanked Helen Thomson for her role as Treasurer and her excellent catering skills in co-ordinating dinners for BlazeAid in Cobargo, weekly biscuit delivery for Tilba Rural Fire Service and delicious High Tea at the Vintage Garden Party.

Helen Thomson then presented the annual Treasurer's Report outlining fundraising strategies including the Vintage Garden Party plus ongoing income from the sale of I 'love' Tilba stickers, Tilba CWA tea towels and raffle tickets. The regular collection of Return & Earn drink containers from The Dromedary Hotel and Sweetwater also contributed to Tilba CWA's annual income. This year Tilba CWA's positive fundraising has enabled the branch to donate \$1,760 to the Women's Resource Centre in Bega, plus \$1500 each to Central Tilba Public School and Little Yin Preschool at Wallaga Lake.

The AGM was chaired by Liz Tough,

President of the Bodalla CWA. Re-elected unopposed are dynamic duo President Teresa Stubbings and Treasurer Helen Thomson. New member Eva Musler was elected Secretary. Vicky Stadon is continuing the role of Handicraft and taking on Agriculture and Environment. Zoe Bourke is continuing with International. Annette Kennewell is returning to Publicity and taking on Cookery. Nola Ezzy, Susanne Robertson and Zoe Burke will share the role of Councillors who will represent

Tilba CWA branch to Far South Coast Group.

Following the Tilba AGM, CWA members enjoyed a delicious social lunch at The Dromedary Hotel.

Next meeting for Tilba CWA is Thursday 10 November in the Small Hall Central Tilba at 10.30 am. This meeting will be all about planning Christmas celebrations. All local women welcome to come along for a cuppa and chat.

*Annette Kennewell*



Dynamic duo, Teresa Stubbings and Helen Thomson, re-elected as President and Treasurer Tilba CWA branch for 2023.

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### Central Tilba School of Arts Trust - Halls Committee AGM

The AGM will be held on Friday 25 November at 6.00 pm in the Small Hall. All community members are most welcome – come along and show your support for the work that has been done by the current committee. If you aren't able to put your hand up for a formal Committee position, just come and find out about your heritage halls and join the School of Arts Trust as a member.

Membership renewals will be sent out to existing CTSOAT members but, if you would like to join for the next calendar year, you can find hard copies in the Halls on market day, or email the secretary at [tilbahalls@gmail.com](mailto:tilbahalls@gmail.com) for an electronic copy. Our very reasonable membership fees (\$15 individual, \$30 for a family, \$50 for a business) assist us in paying our annual rates to Council and every little helps! We are totally self-funded and need to raise every penny for the upkeep and general maintenance of the Halls – this is where you can help. You don't need to do anything other than join but, obviously, if you'd like to assist with fundraising events, cleaning or have other skills then you can state this on your membership application form and leave the rest to us – we will get in touch!

#### Update re Future Resilience Project

Whilst it may look like there is nothing happening currently regarding the work proposed using our recently awarded BLER grant, behind the scenes our wonderful steering committee (made up of members of CTSOAT and SHASA) have met weekly over the past fifteen months and together with a fantastic team of consultants they are currently working out how our beautiful

hundred-year-old buildings can meet compliance requirements. At this point we envisage building will start in early 2023, although our DA has been approved by Eurobodalla Shire Council. We still need to work through fire safety and accessibility issues before work starts. Luckily, we have a six month extension to complete the works by the end of 2023 so, as long as we can obtain the required materials and labour, we expect works to be completed in that timeframe.

Shortly, a noticeboard is going to be placed on the side of the Big Hall displaying the plans for the work so that community members can keep up to date with the project.

*Janine Halasz and Sally Pryor*

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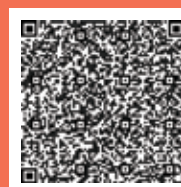
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In the field on a sunny day



At Three Girls' Dairy workshop

It has been a learning time for farmers as a farmers' first aid course was held at the home of Ron and Carolyn Cole. The course was attended by thirty interested people and was brought to us by the Red Cross. It was an extremely interesting and informative day that included a sensational lunch. All who attended felt they learnt so much.

Dairy Australia have hosted two *Cups On, Cups Off* courses in recent weeks. It is a course designed to teach dairy students and also dairy farmers the clean and correct way to milk a dairy cow. The course encompasses the strict guidelines in the art of drying off cows at the end of their lactation ensuring a high level of hygiene is used to maintain herd health. The theory part of the course occurred on the first day and the practical application was held at Three Girls' Dairy in Wandella. During the course, all attendees were also given a comprehensive instruction in the workings of a dairy plant and the important maintenance and cleaning routine that should be followed on a regular basis. Over thirty people attended and thoroughly enjoyed the event.

The Cobargo Horse and Trail Riders Club is putting the final touches on their

ATHRA 50th birthday celebrations to be held at the Cobargo Showground. A trail ride, trivia fun event, roast dinner and live music will make the event a fantastic time. Whilst at the hotel at the meeting organising the event, Pauline Blair was fortunate to take out the joker draw and claim the prize of \$1,960. Well deserved.

The Wandella Hall Committee is hosting a community Christmas tree event at the hall site on Sunday 4 December commencing at 2.00 pm. Santa will be there so parents are asked to bring a present for their child with their name on it for Santa to deliver. Entry is by gold coin donation and you are welcome to bring a plate to share. All the community is welcome to attend, join in the fun and celebrate.

We wish to congratulate Kai and Tegan Dibden on the birth of their new baby girl Scarlett Hope. The Carr and Dibden families are thrilled with her arrival.

Condolences are extended to the family of Jenny Denys. Jenny was an incredible hard-working lady who had a very high level of horse knowledge. Jenny was a wonderful member of pony club and worked alongside her dairy farming family.

## Cobargo Public School Update

Once again, we have our intrepid reporters, Milla and Dani.

### Magnificent Manly trip!

Recently, Cobargo Public School's Year 5/6 students were lucky enough to go on a four-day excursion to the Royal Far West facility in Manly, Sydney. It was an incredibly long eight-hour journey to Manly, but it was well worth it! When we arrived, we went to explore and play on the beautiful beach directly in front of the Royal Far West building, then it was dinner. We went to Tinker Tank where we learnt how to program robots and create our own video games and then a trip to the Manly swimming centre. We also went on an adventure to the Manly wharf before hopping on a ferry to Circular Quay into Sydney. We passed the Sydney Opera House en route to the convict centre, where fake rats were thrown at us from under the floorboards! Following this, we visited the State Parliament where we played different roles in the government chambers. On the last day, we hopped on our bus and made our way back home to Cobargo where our parents were waiting for us. We enjoyed this trip very much and we would wish to visit Sydney again. Thank you to the Royal Far West for their donation to cover the cost of this excursion.

### Years 3 and 4 Cobargo students enjoy a FLING!

As part of Youth Week, supported by Bega Valley Shire Council, Gabby from the dance company FLING came to the school to deliver a dance lesson to Stage 2 students. Following a robust, aerobic, warm-up routine to music, students were taught the basics of dance and parkour. There was much jumping, twisting, twirling and laughter! A fantastic addition to the day!



Year 5/6 students on their great Manly excursion.

A vibrant poster for the Cobargo Folk Festival 2023. The background is dark green with stylized foliage. A central white rectangle contains the main text. The title 'COBARGO FOLK FESTIVAL 2023' is in large, bold, black letters. Below it, the dates 'Fri 3 March - Sun 5 March' and location 'Cobargo Showground NSW' are written. A purple circle in the top right corner says 'TICKETS ON SALE NOW'. Various folk instruments and symbols are illustrated around the text, including a violin, a didgeridoo, a bird, a star, and musical notes. The bottom of the poster features logos for Bega Valley Shire Council, the festival website, and the NSW Government.

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## The REBUILD COBARGO projects update on 19 November at Cobargo Hotel

The Cobargo Community Development Corporation Limited (CCDC Ltd) is excited to announce that the Development Applications (DAs) for the main street REBUILD COBARGO projects have been lodged on the NSW Government Planning Portal.

The three DAs – for the Village Square, Market Hall and new Post Office projects – should soon be available for public inspection and comment on the DA Tracker of the Bega Valley Shire Council website.

A huge amount of work and effort by the board of voluntary directors, our architects Dunn & Hillam and our TBH Project Management has finally come together to deliver this result. We also thank the many members of the community who have attended our consultation events and contributed their views.

More details, including large scale streetscape visuals of the proposed developments, can be found at our CCDC website: [www.ccdc.org.au/news](http://www.ccdc.org.au/news)

The CCDC Ltd Board would also like to extend an invitation to the community of Cobargo and the surrounding area to join us

for our next community event. The event will be our Annual Review Information Session and will be held on Saturday 19 November 2022 from 2.00-4.00 pm in the dining room of the Cobargo Hotel.

We will highlight our activities and the project milestones that have been accomplished over the past twelve months and the plans for the year ahead.

We will show streetscape images representing a visual of the building designs as submitted as part of the DAs for the projects. We will also provide a review of the financials of the CCDC, where we are tracking with the project budget and our focus for the future security of the REBUILD COBARGO projects.

A short Question and Answer session will be held at the end of the presentation.

Everyone is welcome, with no registration or RSVP required, and we hope to see you there!

Please check out our website for further details and subscribe to our newsletter.

*Jess Evans and Steve Williams*  
Community Representative Directors



### Farewell old friend

Seth Nicholas passed away after having a stroke in September.

Mike and Leanne would like to thank all the folks who have loved him and helped us look after him, especially during thunder storms and when he just had to know what was going on out in the main street.

Happily playing now with his sister, Breeze.



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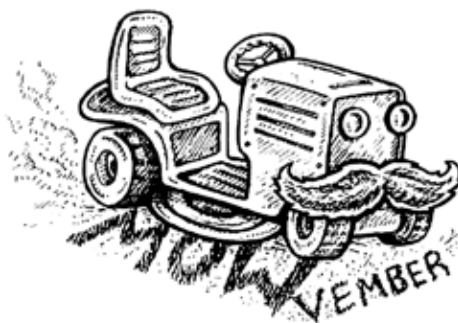
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## Everyone's invited to Celebrate Cobargo!

Get your festive season off to a very local start and join us on Friday 2 December to Celebrate Cobargo!

The Cobargo Tourist and Business Association is planning an extravaganza of food, music and late-night shopping in Cobargo's main street from 4.30 pm onwards.

This annual event is an ideal opportunity to catch up with friends, soak up the friendly atmosphere and make a start on your Christmas shopping.

For more information and to book a stall site contact Janet on 6493 6817, 0409 033 828 or by email to [info@cobargo.com](mailto:info@cobargo.com)



## We're on the move!

The Cobargo Community Access Centre (formerly Cobargo Bushfire Relief Centre) is on the move.

We've enjoyed our time in the little cottage at the edge of town, assisting with donations and all manner of post-bushfires support to the community. We know many community members have also enjoyed visiting us in the little cottage.

However, now is the time for us to come into the centre of town and broaden our reach to the whole community, in the brand spanking new Business Innovation Hub, next to the Co-op.

All the usual services and supports will still be available, except for donated goods, but we'll be there for you if you need computer access, printing or just a cuppa and chat, as well as assisting with pathways to services that are not usually available in Cobargo.

Big things are planned for our new location – seniors' high teas, training programs, craft days, youth music mentoring and many other activities as time goes on. Watch this space!

Facilities for community groups are available for meetings and activities. Renewable Cobargo will be here – drop in and see David about all your power requirements and learn how to minimise your power consumption. School of Arts Players (SOAPI) will be hosting workshops and readings to add to the fun at the new Centre.

We're newly invigorated and have a fresh new look, but our dedication to helping and supporting our community hasn't changed.

We'd love to see you, so please drop

in and visit us at Units 5 and 6, 48 Princes Highway, Cobargo – the new Business Innovation Hub next to the Co-op. We'll be there from 15 November.

We acknowledge the ongoing support of the Cobargo Community Bushfire Recovery Fund, that has supported us throughout the past two and a half years. The Minderoo Foundation and the Maritime Union of Australia also assisted with the costs of running the Bushfire Relief Centre. We also thank Bendigo Bank and Australian Lions Foundation who have made the move to our new location possible.

Exciting times ahead for the Cobargo Community Access Centre – we're here to help!

*Danielle, Chris and Liz*



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## Forty years ago this November ...

When Tammie Gee (née Corby) was four years old, she was at her father's butchery in Cobargo. While putting meat into a century-old mincing machine, young Tammie's left hand was caught and it immediately became trapped. Local emergency services couldn't devise a way to safely extract the mangled hand, so they rang the police rescue squad. The upshot was that a plan was made to dismantle the mincer from its base and Tammie, with mincer attached, was flown to the Prince of Wales Children's Hospital in Randwick.

There they laid Tammie on a mattress outside, erected a tarpaulin so she couldn't see anything and proceeded, with great care, to cut along the length of the mincer's outer casing using a quickcut tool. It took almost an hour and involved the careful use of a large industrial cutting implement,

hosed down regularly to minimise the heat generated by the cutting from burning her arm. The final phase involved using a hammer and chisel along the cut, an equally difficult task that required the use of force.

With the mincer finally off, Tammie was rushed into the hospital for what would be over seven hours of microsurgery. Apart from losing the tip of one of her fingers, Tammie has been able to regain the mobility of her hand.

Talking to Tammie about it, she says she has very few memories of the event but can remember the flight and telling them that her arm was heavy – it had a mincer attached!

The mincer ended up in the Rescue and Bomb Disposal Unit Museum.

*Louise Brown*



Tammie working the coffee machine at Shake Up Café. Photo credit Louise Brown

## Portraits of Cobargo

Bermagui artist, Bethany Thurtell, has a vision to paint a portrait of every member of our community. Knowing how many of us still yearn to have our stories heard, Bethany is moved to capture a tapestry of our beautiful diverse community, in the form of a series of portraits. Bethany is a nationally-renowned portrait painter who is volunteering her time to create this project. Funding for materials has been granted from the Cobargo Community

Bushfire Recovery Fund.

'My aim is to paint the portraits of people affected by the fires in the Cobargo area and record their stories. [It is] such a privilege to listen to the stories and spend time with these wonderful humans.'

If you were a resident of Cobargo, Wandella, Yowrie, Coolagolite, Dignams Creek, Quaama or Brogo at the time of the Badja Forest Fire, you qualify for the grant project funding. If you are interested,

Bethany would love to paint your portrait. All ages welcome.

When I was lucky enough to see the first few portraits, I was touched by how the essence of familiar faces radiated from the portraits. I would love to see Bethany's vision of representing our whole community be realised.

If you'd like, you can have your story recorded while you sit for your portrait. This is completely optional and Bethany is guided by her subjects when painting. You will not be asked to talk about the fire.

Portrait sessions take between one and two hours. These are held at Bethany's studio in Bermagui, or she would be happy to travel to you. The session includes a portrait sketch, photos and optional story recording.

Bethany's work can be seen on her website, just google Bethany Art. This is a truly special opportunity to have your portrait painted by an incredible local artist. The original artwork will belong to the Cobargo community, and the portraits will be on display locally early next year. You will also receive a free, high-quality print of the work.

If you would like to chat about the project or arrange for your portrait to be painted please contact Bethany at [bethanyart@hotmail.com](mailto:bethanyart@hotmail.com)

*Sarah  
Coolagolite*



Bethany in her Bermagui studio painting the portraits for the Cobargo Portrait Project

## Busy Month for Cobargo CWA

October proved to be full of activity for us. We are planning to hold a cake stall each month at the market on the first Saturday of each month, which means you will be able to purchase delicious baked goodies this month on Saturday 5 November. An oral history of Cobargo CWA is also being organised. As the CWA has been active for about eighty years, we feel there are some great stories that should be told! Watch this space for further developments.

We had our AGM and Lynn Lawson was elected President; Sally Halupka, Secretary; Lynne Jones, Treasurer; Cassie Cole, Handicraft Officer; Felicity Ruby, International Officer; Debbie Fisher, Cookery Officer; and Lynne Jones has Ag and Environment. Ann Holub will oversee any catering we do. Publicity and Cultural Officer is Mary Williams. Mary Motbey, a very long-serving member has filled the role of Cottage Bookings Officer for the past eighteen years. She has performed this role with efficiency and, as a result, has generated income for the branch without which we could not have managed. We thank Mary for her tremendous effort on our behalf and look forward

to seeing her as a much-loved member at meetings. The new Cottage Bookings Officer is Sally Halupka on 0429 933 686 or, if unavailable, ring Lynn Lawson on 0411 432 533.

On Wednesday 19 October, several members gathered to pack items for the Mother and Baby Packs to send to Head Office which, in turn, sends them on to Papua New Guinea to assist mothers with new babies. This is an ongoing activity of Cobargo CWA and over many years we, with the help of the generosity of the local community, have sent much aid to those in need.

A warm welcome is extended to any women who would like to join us in these activities. Our next meeting will be held on Tuesday 8 November at the Cottage on Bermagui Road, next to the playground. You will be very welcome and a cup of tea and refreshments will be available!

*Mary Williams  
Publicity Officer  
CWA of NSW Cobargo Branch*

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I have been musing lately on what a wonderful place Bermagui is to grow up in, a natural paradise where fresh air and a clean environment is taken for granted. Having seen my own children, and now my grandchildren, going through the various stages of schooling here, I have nothing but praise for the way these institutions respond and adapt to meet the ever-changing needs of kids in the world today. What a great job our educators are doing as well as all those who support them

Recently I attended a wonderful event, *Kaleidoscope* staged at Bermagui Public School – a celebration of place and people through performance and art. It was wonderful to see the children proudly and enthusiastically welcoming their family and friends into the school to view their work and show off their school. The rain gods smiled and it was a perfect balmy late afternoon to be greeted with a dance ‘spectacular’ with the whole school participating.

As well as displays in all corners of the school, the hall was set up as an exhibition space, full of the children’s work from painting, drawing and sculpture to interactive displays. Workshops were set up in some classrooms and it was great to see parents and children working together at various activities. There was a great buzz around the school and the next day people were excited about what a marvellous event it had been. I am continually amazed also with the programs the Preschool offers reflecting and responding to whatever is happening in the wider community in a safe and nurturing environment. I love to visit this happy and busy place, and I’m always amazed at the vibrancy of the indoor and outdoor space. The inclusion of the Moodji Garden is a natural extension of the preschool community and provides such a rich learning experience, about much more than just growing food. I have great respect for the dedication of the staff and the energy that they put into their roles as educators, as well as the input of a whole team of support staff and volunteers and the special skills of people from the wider community.

What’s the old adage? It takes a village to raise a child.

## Bermagui and District CWA

Bermagui and District CWA will be celebrating the Centenary of CWA in NSW with a *High Tea and Hats* event on 12 November, 2.00 pm to 4.00 pm in the rooms in Corunna Street. Tickets are \$20 per person and can be booked by calling Cath Renwick on 0419 491 104. Proceeds from the day will support the building fund for the Sinclair Units.

The Annual General Meeting was held in October with the following ladies taking office: Paula Rumble (President), Heather Sobey, Brenda Collier-Connors, Shirley Carter and Ros Billington (Vice Presidents), Kath Preston (Secretary), Ruth Brooks (Treasurer), Jo Mills (Cookery), Wendy Stephenson (Handicraft), Nieves Cridland (International) and Rhonda Byrne and Wendy Stephenson (Group Councillors).

Chris Richard-Preston

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*The Triangle’s* email address is  
[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## FREE OPEN TENNIS FUN DAY AT BERMAGUI

**WHEN:** Saturday 12 November 2022

2.00 pm – 4.00 pm

**WHERE:** Courts 1 and 2, Bermagui Country Club, Tuross Lane, Bermagui

Join us for an Open Court session.

No bookings required.

All welcome (no need to be a member)

### WHAT TO BRING:

- 🎾 Racquet (if you have one)
- 👟 Sports shoes
- 💧 Water bottle/sunscreen/towel

### SKILL LEVEL:

- 🎾 Perfect for beginners

Balls and some racquets will be provided in case you don’t have one, just wear appropriate sports shoes.

The BCC tennis courts, racquets and balls are available for hire for non-members at other times and there are lights available for evening play – ask at the Pro-shop or phone 02 6493 4657.

Any questions please call 0402 578103.

**SEE YOU ON THE COURT!**

Delmah Thompson  
Secretary





## News from Bermagui Preschool

During October, the Preschool has been celebrating Early Learning Matters that involve the children in high-quality, play-based learning experiences. Some of the programs at the preschool include:

- The STEM Program providing children with fun hands-on activities and games to explore foundation science, technology, engineering and maths.

Recently the children have been enjoying bird watching and taking part in the Australian National Bird Count.

- The Cultural Program helps children learn about our rich local aboriginal heritage through language, art and storytelling.

- The Creative Arts Program where the children are free to express themselves through clay, painting, drawing and mixed media in our art studio, producing some amazing individual and group works.

- The Mental Health and Well Being program has been embedded in the Preschool program since the bushfires and continues to support children through yoga, meditation and play-based counselling sessions. It is supporting children to be resilient, and socially and emotionally strong.

And, of course, Moodji Farm is literally blooming. From the simple acts of picking snow peas and counting lady beetles to connecting with our volunteer high schoolers, inter-generational green team and Koori Krew to plant food forests and build green houses, learning opportunities abound in our Moodji Farm. Dan the Gardening Man keeps us busy with the many workshops he oversees including our recent 'Bee keeping' workshop. If you would like to hear more about the early learning adventures at Preschool visit Bermagui Preschool's Facebook page or for the Moodji Garden visit Eat Dirt Permaculture's Facebook page.

*Narelle Myers*

For more information about Early Education Matters Week visit the Early Learning Matters website.



Learning early to identify birds as part of the STEM program



Husking corn in the Moodji Garden with Dan



Almost ready for Big School.



With the School's very successful Spring Fete starting to fade from our memories, we can look forward to the Quaama Spring Fair that will be held at the Hall on Saturday, 5 November from 10.00 am. There will be a lot of stalls, plants and delicious food on offer plus friends and neighbours to catch up with. Be sure to come along and join in our famously supportive and friendly community doing what we do so well.

We're getting a new pedestrian crossing! While the construction is a pain with traffic being detoured around the chaos, we'll soon have a safe spot for kids in particular and everyone else in general to cross between the park and school on one side of the road and the Hall and shop on the other. With the two curves in the road on either side of our town centre, this is a welcome safety feature. I'm also guessing that events in the hall might naturally spill over into the park, so future fairs and gatherings could span both sides of the

road and utilise our two best public spaces. Thanks so much, Council! You asked, we spoke and you heard us. Wonderful to see things working so well.

The upgraded park is now being used more than ever and there is still more work to be completed. Lucy Hohnen, St Vincent de Paul's CEO, and Vinnie's Director Paddy McGrath stopped in to have a look at how it's progressing. Vinnies donated \$20,000 towards the park upgrade project in a bushfire grant for our community. They were delighted to sit in the new shelter, on the new slab and discuss the pizza oven that hasn't yet been installed. They seemed genuinely pleased to have supported this great idea. Thanks to all who have made it happen with a special shout out to Jasmine Bowie from the school P and C who has driven this project from its inception.

In Quaama School news, last term was very adventurous for students. As well as the Sydney trip featured in last month's *Triangle*, there was an excursion to the

Potoroo Palace where kids got up close with local wildlife. NSW Police Youth Liaison Officer, Sarah Bancroft, visited the school too, explaining how the police keep us safe. Our sporting teams competed in the Small Schools Soccer KO and the kids did us proud at the AFL Gala Day in Ulladulla. Every Monday, Hans from Merimbula Tennis has been helping kids improve their hand-eye coordination at the Quaama tennis courts.

Term 4 looks to be just as busy. A few students will be heading to Sydney to compete with kids from schools across the state in the UNSW Solar Boat Challenge. On Fridays for the rest of the term, students will be doing swimming for sport and some of the older kids will be undertaking a fishing program with the PCYC at Corunna Lake. Kindergarten enrolments continue with a series of orientation days happening over the next few weeks. They're lucky kids to enrol in such a terrific little school that offers so much.



Paddy McGrath, Director, and Lucy Hohnen, CEO, of St Vincent de Paul's Society met with local mum, Tash Roberts, in our upgraded Quaama Memorial Park.



Velvet with her solar boat will be heading to Sydney to compete in the UNSW Solar Boat Challenge.



AFL team member, Zeke, doing us proud in Ulladulla.



Quaama School's AFL team competed at the AFL Gala Day in Ulladulla.

## Quaama Spring Fair

– brought to you by the Quaama Progress Association Inc. (QPA)

Join us and the Quaama community at Quaama School of Arts from 10.00 am to 3.00 pm on Saturday 5 November 2022.

### Highlights:

- Spring clean – trash and treasure and car boot sale
- Citrus cooking competition – cook anything as long as it features citrus
- Art competition – paint a rock in any style you choose
- Kid's cooking fun with Diana – make some rock cakes!
- Quaama Chorale
- Quaama Men's Shed BBQ
- Quaama Quisine
- Free sharing table – for bounty and other useful items. Take what you need and leave what you don't.
- Lots of plants for your spring gardens.
- Open mic
- Visit from Mumbulla on The Move

All funds raised are used by the QPA to continue our work making Quaama a great place for those in the village and for all our neighbouring communities.

We still have room for more stalls, car boot sale spaces, entertainers, speakers, food vendors etc and we love helpers so, email [quaamarenewalproject@gmail.com](mailto:quaamarenewalproject@gmail.com) asap to participate.

We're looking forward to sharing this day with you, QPA members and committee.

*Veronica Abbott*



Diana Holmes, QPA vice-president, getting into the spirit of the June Fair

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## Four Winds welcomes the Australian String Quartet

On 25 November, Four Winds will present the Australian String Quartet (ASQ) at the Windsong Pavilion. The ASQ is Dale Barltrop (violin), Francesca Hiew (violin), Christopher Cartlidge (viola) and Michael Dahlenburg (cello).

The ASQ has created unforgettable string quartet performances for audiences around the world since 1985. Dedicated to musical excellence with a distinctly Australian flavour, they create chemistry and amplify intimacy through experiences that connect people with the string quartet repertoire.

The Quartet will perform a diverse and dynamic range of repertoire that conveys the potency of classical music of today when in their hands. The musical journey will move through a triptych of miniatures from an exciting generation of Australian voices – equal parts animated, reflective and atmospheric. The night will culminate with Shostakovich's *String Quartet No. 9* – a vibrant work of masterful contrast and counterpoint that conjures up ecstatic moments, brimming with energy.

ASQ's distinct sound is enhanced by a matched set of 18th century Guaragnini instruments, handcrafted by Giovanni Battista Guaragnini between c.1743 and 1784 in Turin and Piacenza, Italy. These precious instruments are on loan for their exclusive use through the generosity of UKARIA, an extraordinary South Australian cultural centre founded by Ulrike Klein AO.

'A diverse array of sonorous string sounds – inviting listeners on a journey to reflect and connect,' says Matthew Hoy, Four Winds Artistic and Creative Director.

A delicious dinner will be available on the lawns of the Windsong Pavilion from 5.30 pm. The light meal will be sumptuous Indian thali plates created by J-Bird Catering. Meat and vegan curry options will be available with fluffy steamed rice and flavourful condiments to match. All meal options are gluten-free and dairy-free. Dinner is available for pre-purchase via the Four Winds website or at the event. The Four Winds bar will be open throughout dinner, during interval and after the event. Four Winds welcomes our Guest of Honour, Margaret Throsby, to this event. Margaret retired recently from her role as a broadcaster on ABC Radio and has made a significant contribution to many Four Winds festivals as MC and presenter on artist panels. We thank Margaret for her contribution to Four Winds and the arts throughout her career in radio and television. Friday 25 November, 2022 – 5.30 pm J-bird thali plates and drinks;

6.30 pm – 8.30pm performance Four Winds, Windsong Pavilion, Barragga Bay (Bermagui) NSW

General Admission \$59, Concession \$54, 16 and under FREE

Tickets: Book on the Four Winds Bermagui website in the what's on section

Madison Phillips



The Australian String Quartet Photo credit: Jacqui Way

### CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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The Galah



Mrs King Parrot

## ***Wildlife in Watercolour – an exhibition by Kelly Ryner at the Lazy Lizard Gallery***

When Kelly Ryner settled into the beautiful community of Cobargo in 2020, just a few months after the fires, as the trees started turning from black back to green, she was inspired to paint the returning of our precious wildlife.

‘It was witnessing nature’s rebirth all around me that made me realise that for this next chapter of my life I wanted to dedicate my time to wildlife conservation,’ she explains. ‘Watercolour is such a delicate medium, it’s the perfect fit for both feathers and fur.’

Known for her soulful animal portraits, Kelly’s watercolour paintings have received international critical acclaim. Most recently she was shortlisted for the Wildlife Artist of the Year Award by the David Shepherd Wildlife Foundation for

her painting of Millie, a beloved kangaroo at the Cobargo Wildlife Sanctuary.

Having spent most of 2022 raising a couple of orphaned joeys, Kelly was inspired to write and illustrate the children’s picture book, *Maxie Roo is just like you!* which will also be launched in November. Funny and heart-warming, this rhyming picture book filled with classic illustrations and fun facts about kangaroos is the perfect bedtime read for young children.

‘Developing this book has been a wonderful journey,’ she noted. ‘Adjusting my portrait style to tell stories and adding old-fashioned dip pen lining to my watercolour process has really helped me grow as an artist.’

*Maxie Roo Is Just Like You!* will be available at the Lazy Lizard Gallery for the

month of November along with her original watercolours and museum-quality prints of Australian wildlife. Kelly has a website as well as an Instagram account for those who want to explore more about her and her art.

*Kelly Ryner*



Maxie Roo from the new children's book  
available November 3

## **Cobargo Creators update**

Cobargo Creators continues to celebrate a decade of creativity in the community with workshops, exhibitions and projects. Aileen Maloney’s August Lino Cut workshop was so popular that an advanced class is being planned for Feb/Mar 2023. Avril Makula’s October Book Binding workshop was fully subscribed and a huge hit with participants. And the Painted Poles Project continues to delight and inspire. Why not take a walk around Cobargo’s streets and have a closer look? Visit the Cobargo Creators website for a map and information about each of the individually numbered poles.

*Vanishing Wild* opened on 8 October

with an impressive 56 entries! This eclectic exhibition draws attention to some of the many animal and plant species that are edging towards extinction. David Whitfield’s *Golden-tailed Gecko* was the people’s choice on opening day. The exhibition will close on 9 November, so there’s still time to vote for your favourite.

If you’re not familiar with our Art Bank, it’s well and truly time you were! Art Bank is a collection of donated art and craft items that are all available free of charge. There’s plenty to inspire your own creative entry for our annual *8xEight Exhibition*. The opening of this year’s *8xEight* will coincide with Celebrate

Cobargo! on Friday 2 December. Entry forms are available in the gallery or by email at [mail@cobargocreators.org](mailto:mail@cobargocreators.org).

Cobargo Creators relies on the generosity of volunteers who give their time to keep the doors open and the shelves stocked. We are Centrelink-approved to provide Voluntary Work opportunities for people aged over 55 who are eligible to fulfil their mutual obligation through volunteering. If you’d like to explore the possibilities, contact Glennda on 0408 411 956 or by email to [glennda.heino@cobargocreators.org](mailto:glennda.heino@cobargocreators.org).

*Glennda Heino*



# Art in the Triangle

Open Art Prize at Spiral Gallery – entry forms available now.

The *Cars Cars Cars* Open Art Prize follows in the lively footsteps of the *Water* exhibition in 2020 and the *Year of the Dog* exhibition in 2018 that were both popular exhibitions at Spiral Gallery, with lots of artists from the South Coast and beyond. The Open Art Prize exhibition will be held at Spiral from 10 February to 7 March 2023.

It is open to all members of the community to enter plus artists working in any medium at any level of practice. First prize is \$600, plus there will be two other prizes – runner-up and encouragement. It will be judged by South Coast artist Tony Sweeting.

A maximum of one work per artist is allowed, with an entry fee of \$30. Closing date for entry forms for the Open Art Prize

***Cars Cars Cars ...***  
is Friday 16 December 2022. Open Art Prize entry forms are available now from Spiral Gallery, 47 Church Street, Bega and on the Spiral Gallery website.

Spiral Gallery hours are Monday to Friday 10.00 am – 4.00 pm, Saturday 10.00

am – 1.00 pm. For further information on the *Cars Cars Cars* Open Art Prize contact Keith Coleman on 0479 171 651 or email: [spiralartprize@gmail.com](mailto:spiralartprize@gmail.com)

*Diana Stewart  
Spiral Galleries*



*Cars by Jock Morse*

## ***Bandits with Brushes – Art in the Garage***



*Art Room by Majella Bailey*

Art in the Garage returns to Spiral Gallery with an explosively colourful exhibition of drawings, paintings, sculpture and textiles by 22 artists who have created dynamic artworks showcasing their diverse and varied stories.

Opening on Friday 11 November and running until 30 November at Spiral Gallery, 47 Church Street, Bega. For more information call 02 6492 5322. The Gallery will be open Monday to Friday from 10 am to 4.00 pm and on Saturday, 10 am to 1 pm.

*Rachel Annabel*



*Sunset by Sabrina Canavan*



**MONDAY** - Burger Night \$20 inc House Drink & Kids eat half price  
**TUESDAY** - Trivia at 7pm, Pizza Night \$20 inc house drink & kids eat half price  
**WEDNESDAY** - Bingo 7pm, Steak Night \$20 inc House Drink  
**THURSDAY** - Snitty Night \$20 inc House Drink  
**FRIDAY** - RAFFLES 7pm, BADGE DRAW & \$5 Esky Drinks  
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## Murrah Hall community recovery event

### Eat. Mingle. Dance ...

This is the fourth Murrah Hall event with free entry, music and food. It's a no-strings time-out from the unrelenting stress of the last three years in a community atmosphere at a community hall.

Not in licensed premises or a corporate venue. But in your space. For free.

BVSC is to be congratulated for making this kind of funding available as PTSD and associated stress will be with us for, in many cases, our lifetimes and this kind of event is a necessary, hopefully memorable, relief valve towards what often seems like a receding normality.

Free entry, all-age event funding supports the importance of volunteer, 'by us for us', contributions and community-led recovery generally, towards the joy of giving and receiving – the best kind of conversation especially if it's culturally based.

As well as promoting local artists, the Murrah Hall can pay for exciting bands who might not normally tour here, in the hope that they will return to an audience that now knows of them (this is a region of 'if we don't know, we won't go') and provide revenue to local technicians and businesses as a byproduct of community dance joy!

Representatives of BVSC Recovery and NSW Southern Health will be in attendance, informally, providing advice and information.

### The artists:

#### Sex on Toast

Recently seen on Spicks and Specks (25 Sept), is a Melbourne cult dance band. They played here in May 2021 to great acclaim with their infectious, polished, funk, neo-soul and new jack swing.

Singer, Angus Leslie, was evacuated from Bermi in 2020 and was keen to return to contribute to our recovery.

#### Tommy & Roy

(Sex on Toast's touring support) play dancey, naughty, electronica music.

**Goldie** is a group of locals with a future: a great soul and funk infused dance band powered by 'that' voice: Goldie's.

#### Sunday, November 20

**Gate: 1.00 pm - 5.00 pm**

**Free entry and food**

**Bookings essential** – go to the Murrah Hall website.

*Howard Stanley*

*President, Murrah Hall*



Tommy & Roy



Sex on Toast



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### CAM'S MEALS

now available at Cobargo General Store and Quaama General Store. All are complete meals, made fresh and able to freeze. Gluten free and vegetarian options available. Our community dinners are at 6pm every Wednesday. Join our email list to get weekly updates.

[campbellstarr01@gmail.com](mailto:campbellstarr01@gmail.com)



*Kathy Stokes N.D.*  
BHS (Nat.), Adv. Dip. (Nat.)  
Accredited Member of NHAA

*Naturopath*  
0410 460 688

[kathystokes.naturopath@gmail.com](mailto:kathystokes.naturopath@gmail.com)  
[kathystokes.ntpages.com.au](http://kathystokes.ntpages.com.au)



# Art in the Triangle

## Richard Lawson's *Music at Night; Selected Ambient Works 1994-2014* release.

Restless, creative, prolific and willing to grow up in public, far South Coast local, Richard Lawson, has never shied away from exploring the outer reaches in his musical quest.

Now there is a new LP – *Music at Night; Selected Ambient Works 1994-2014* – that will be released in November 2022. The compilation includes six reworkings and six unreleased songs.

A second single, *Porcelain II*, is set for release on 11 November. The album will also be available as a CD at shows and on Bandcamp/Discogs as well as the usual streaming platforms.

The album covers Richard's more quiet reflective works and soundtrack pieces from his extensive career and clocks in at eighty minutes of chilled out ambience, indeed it goes all the way back to field recordings from Istanbul and Paris. The second single, *Porcelain II*, also features sublime fantastical artwork by renowned Australian painter, Justin Pearson.

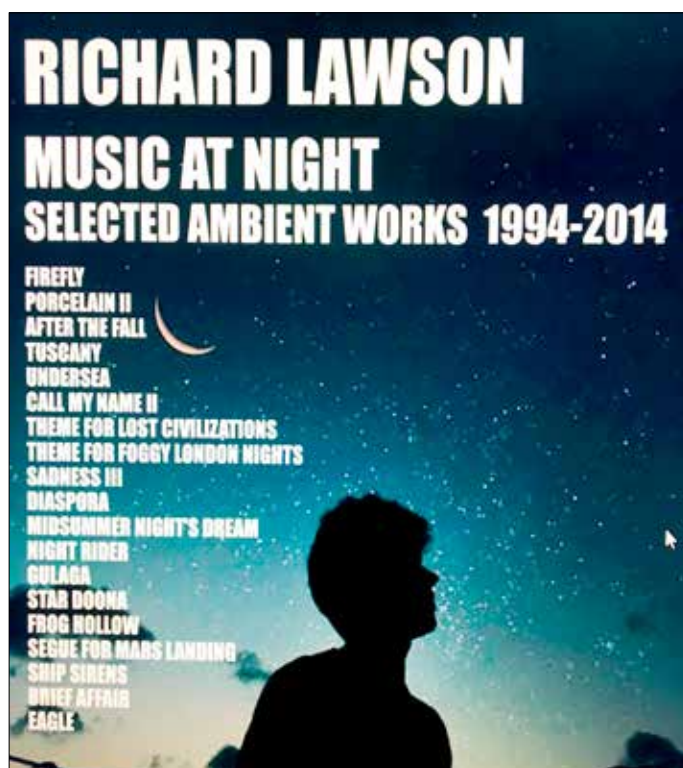
'Australian musical journeyman, Richard Lawson, has made a stop at every creative station it seems. His transcendence through the gambit of popular genres is to be acknowledged and he is an unassuming Australian music legend. All the way from 70's Rock/Punk through to Folk, across to Electronica then back around to Ambient/Classical, Richard's made his mark.' Shane Budini, *Electronic Music Australia* September 2022.

Richard is performing and touring extensively on the South Coast and the rest of NSW from November through to January and plans are also underway for his works to be scored, performed and recorded by the esteemed classical ensemble *The Acacia Quartet* later this year, with applications to several major classical music festivals including *Four Winds* in the pipeline.

For tour dates and details contact [richardlawsonmusic@gmail.com](mailto:richardlawsonmusic@gmail.com) or the Richard Lawson music website. Richard can

also be phoned on 0447 036 783 or found on Facebook under Richard Lawson Music.

Richard Lawson



The album cover: *Music at Night; Selected Ambient Works 1994-2014*

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**The Badja Forest Road Fire Oral History Project**  
The National Library of Australia is working with the Cobargo Bushfire Resilience Centre Inc. and members of the impacted communities to create an oral history project as a historical record of those who lived through the Badja Forest Road Fire.  
**If you were affected by the fire and want to tell your story, we'd like to hear from you.**

Scan the QR code for more information

This project has been supported by the NSW Government's Bushfire Community Recovery and Resilience Fund.

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## *Bodies of Light*

Jennifer Down

Text Publishers, \$32.99

This novel won the 2022 Miles Franklin Award and was short listed for the Stella Prize. *Bodies of Light* was praised by reviewers and compared to *A Little Life* by Hanya Yanagihara and Douglas Stuart's *Shuggie Bain* so I was excited to read it but aware that it may be confronting. Maggie has escaped her life in Australia and changed her name twice but an email from a childhood foster-care friend who is trying to find her throws her into the memories she has tried to forget and thus begins her account of a tragic life in the form of a memoir.

Maggie is an unreliable narrator, sometimes lucid, even brutal, at other times foggy and hazy. Whatever the mood, dark or light, the writing is beautifully evocative and true.

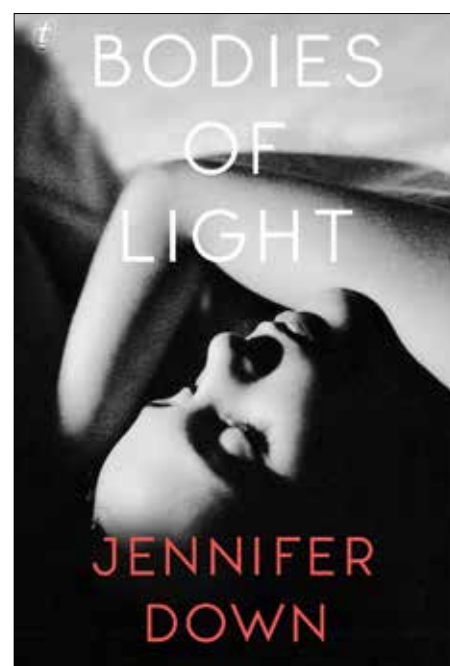
We follow Maggie's life from the age of four in 1973 to the present. She is first abused at four by a family friend and from five years old is in a Children's Home or placed in foster care. Most of these

are unloving or even cruel and Maggie is again abused by her foster father. This novel shows the gross inadequacy of out-of-home care in Australia and, according to the Royal Commission, not much has changed since the 1970s.

We think that Maggie may have found happiness in a loving marriage, but any happiness is marred because Maggie keeps her past secret, even from those she loves and so can never be her real self. She acknowledges to the reader that she doesn't know who she really is. This theme of love lost because so much is kept hidden continues through the novel.

Further tragedy and loss come, and come, and come some more. There is a resemblance to the Kathleen Folbigg case, and it is probably here that I stopped believing in this novel.

The novel is written in the first person as a memoir, so we only have Maggie's voice and thoughts and, for me (and I suspect I'm in a minority here), it started to strike a false note. The author interviewed many people from similar backgrounds to Maggie's but, as a fictionalised memoir, it



didn't entirely hit me in the solar plexus as it should have. And, again, that may just be me. I think a third person view would have served her better.

It is a beautifully written novel of tragedy and, finally, quiet survival.

## Pet of the Month

Kerri Brady



Bronx

Bronx came into care from the Bega Valley Shire Pound where he proved to be a friendly boy with both people and dogs. He's nine months old and he has a thick coat. We think he is a Golden Retriever crossed with a Malamute or Husky. He doesn't seem to shed. He is learning how to play, loves balls and squeaky toys and likes to be close to his human. Although he's only young, he is quite settled but will still need a little work on his basic training. He sits and is learning to wait for his food and also as he goes out the door. Bronx can be a bit boisterous so he is not recommended for young children or senior adults. He will make someone a

very faithful friend. This good-looking pup will be desexed and ready to go to his new home in a few days. His date of birth was 25/08/2021 and he will cost \$390. Please call 0400372609 (phone hours are Monday to Friday 9am-5pm).

All AWLNSWFSC animals are microchipped, de-sexed, vaccinated, wormed and treated for fleas and ticks. Adoption fees are subsidised in the hope that rescue pets will be people's first choice, eventually stopping the production of unwanted litters. Potential dog owners will need to have secure fencing and be suitable for the needs of the animal. Available animals are on our Australian Welfare League NSW Far South Coast Facebook page. However, if you need to make further enquiries about any of the cats, kittens, dogs and pups available for adoption, please call us on 0400 372 609. If you would like to become a member, please call 0400 372 609. If you have lost or found a companion animal please call BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in the Bega Valley Shire for local residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats.

Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

### CROSSWORD ANSWERS ACROSS

9 Seizure, 10 Emu-wren, 11 Comic, 12 Flying fox, 13 Idyllic, 14 Martial, 15 Sherrié Austin, 20 Early on, 22 Lighter, 24 Santayana, 26 Enrol, 27 Taunted, 28 Evolved.

### DOWN

1 Psychic, 2 Dismay, 3 Muscular, 4 Perfection, 5 Very, 6 Burner, 7 Graffiti, 8 In exile, 14 Myall Lakes, 16 Harangue, 17 Signed on, 18 Density, 19 Prelude, 21 Yeasty, 23 Thrive, 25 Adds.

### AUSSIE TRIVIA

1 Leftover yeast used to make beer. 2 One day, 3 A sleep, 4 Ballina, 5 Jane Turner and Gina Riley, 6 The Castle, 7 Drink a beer, 8 *War and peace*, 9 Melbourne, 10 *Underbelly*, 11 Summer Bay, 12 The Yellow Pages, 13 Three, 14 Lake Eyre, 15 Western Australia, Victoria and Tasmania.



# Everything Cajun

Years ago, I was researching for my thesis on Cajun music, and I discovered that Cajun food was as interesting (and delicious) as the music ...

Jambalaya can also be made with seafood. It is thought to have been introduced to the Cajuns by local Indian tribes. *Maque choux* is a side dish, often served with jambalaya.



## Cajun spice mix

### Ingredients:

- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 2 teaspoons white pepper
- 2 teaspoons black pepper
- 1½ teaspoon cayenne pepper
- 2 teaspoons dried thyme
- ½ teaspoon dried oregano

### Method:

Mix spices together and store in an airtight jar.

## Chicken and ham jambalaya

### Ingredients:

- 1 kg chicken wings (bone in and cut into 'buffalo' wings)
- 3 cups chicken stock
- 500 g smoked ham, cubed (or chorizo will do nicely)
- 2 cups chopped cajun vegetables
- 2 cloves garlic
- 2 tablespoons vegetable oil
- 425g can chopped tomatoes
- 2½ cups long grain rice
- 2 teaspoons cajun spice mix

### Method:

1. Fry chicken with ham in the oil in batches until browned. Add cajun vegetables and garlic, and cook until golden.
2. Add tomatoes, rice, chicken stock, cajun spice mix and bring to boil.
3. Pour into greased casserole dish, bake at 180° C for about one hour. The rice should be slightly crispy on top.



## Cajun vegetables

### Ingredients:

- 1 large brown onion
- 1 green capsicum
- 2 celery stalks

### Method:

Finely chop vegetables.

## Maque choux

### Ingredients:

- 8 ears of corn (or 2 x 420 gm tins of corn kernels)
- 1 teaspoon unsalted butter
- 1 teaspoon vegetable oil
- ½ brown onion finely chopped
- ½ green capsicum finely chopped
- ½ teaspoon white pepper
- ½ teaspoon cayenne pepper
- 250gm chopped tomatoes
- Salt to taste
- 1½ tablespoons whipping cream

### Method:

1. Cut kernels from the corn cobs (if using). In a frying pan, heat oil and butter and cook onions and capsicum until softened. Add corn and peppers, cooking until corn starts to stick to the pan, about five to seven minutes.
2. Add tomatoes, salt and cream. Cook until thick, about eight to ten minutes.
3. Serve hot as a side for the jambalaya.



## Going Potty

With the ever-increasing use of our outdoor spaces, the use of pots as a solution for growing plants is becoming far greater than in previous times, and the opportunity is right to offer some hints on how to successfully manage this form of gardening.

Probably the most important initial issue is to decide what do you want the pots and the plants to achieve? Are they to be used for growing vegetables, providing annual colour, for perennials or shrubs or, perhaps, a screening plant to hide a shed or some unsightly part of the landscape?

The pot size is absolutely the most crucial selection as a pot too small for the plant will cause it to dry out quickly, blow over in the wind or not be large enough to contain sufficient nutrients and water to keep the plant healthy.

Generally, glazed pots are the best as there are many colours that suit the colour scheme of the home, and these pots have a better moisture-holding capability than other styles. There are some very interesting forms of light-weight pots on the market now and these are easy to use as they are very light and come in some very interesting shapes and sizes. Terracotta pots are very stylish but tend to dry out, so if this style is to be used, seal the inside of the pot with a terracotta sealant.

When selecting a pot that might be used to gradually enlarge to the next size as the plant grows use a straight-sided or vee-shaped pot so the plant can be easily removed. A pot which is belly shaped is nigh on impossible to repot without causing serious disturbance to the root system or breaking the pot.



When selecting the plant to be used consider the eventual size of the plant, remembering that the larger the plant grows, the larger the pot should be. A plant that is to be used for screening should be in a pot that will also act as an anchor in a windy site. Too small a pot will simply blow over and, in most cases, break.

If you are growing annuals, herbs and vegetables, a shallow pot will suffice as they are all generally shallow rooting and do not need a great depth of soil.

The potting mix used should be a

premium mix including some slow-release fertiliser and some water storage crystals. There are many types of mixes out there but the cheaper the mix, the lesser the quality. Cheaper mixes are basically just pine bark and if you are growing vegetables and annual flowers you will need to fertilise and water more often as these mixes do not have any moisture or nutrient holding capabilities. The cheaper mixes will be of no benefit to the plants after a season or two.

Watering and fertilising are critically important. Vegetables and annual flowers will need watering several times a week and require fertilising every ten days or so with a liquid fertiliser like a fish- or seaweed-based fertiliser. Shrubs and longer-living plants also need watering and fertilising on a regular basis although, with the fertilising, add a specific slow-release fertiliser for the particular group of plants you have used. Do this three or four times a year as well as the liquid food on a monthly basis. During the cooler months this can be cut back as the plants are not actively growing.

Just a few other things to remember include checking from time to time that the drainage holes haven't become blocked by roots, rotate the pots to get even, all-over growth and prune when necessary.

*Keith Mundy*

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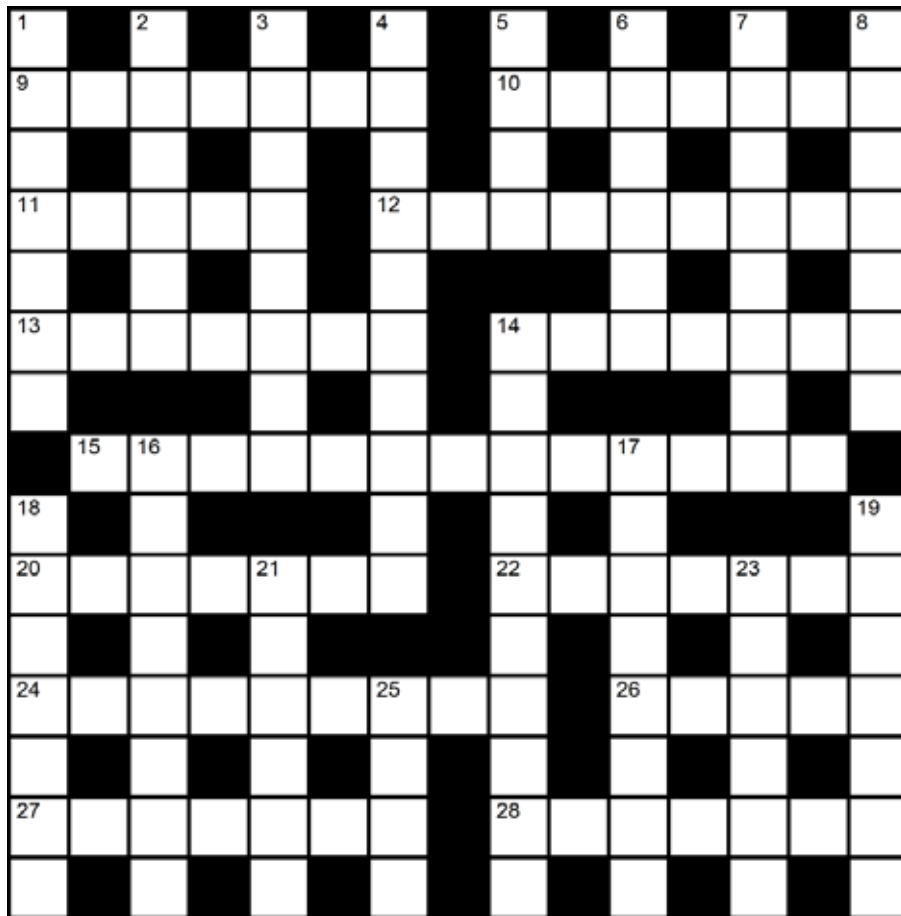
Previously 'The Spires Nursery',  
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# Game On

## NOVEMBER CROSSWORD



### ACROSS

- 9 Fit (7)  
 10 Small long-tailed bird (3-4)  
 11 Claire Hooper, for example (5)  
 12 Misnamed fruit bat (6,3)  
 13 Utopian (7)  
 14 Some arts (7)  
 15 Sydney-born country singer (7,6)  
 20 At the start (5,2)  
 22 Flat-bottomed canal or harbour barge (7)  
 24 Coiner of "Those who cannot remember the past are condemned to repeat it" (9)  
 26 Register (5)  
 27 Mocked (7)  
 28 Developed over time (7)

### DOWN

- 1 Clairvoyant (7)  
 2 Consternation (6)  
 3 Powerful (8)  
 4 Without fault (10)  
 5 Emphasis (4)  
 6 Disposable mobile phone (6)  
 7 Some wall art (8)  
 8 Banished (2,5)  
 14 Popular NSW National Park (5,5)  
 16 Bombastic monologue (8)  
 17 Enlisted (6,2)  
 18 Mass-to-volume ratio (7)  
 19 Musical introduction (7)  
 21 Like fresh bread (6)  
 23 Prosper (6)  
 25 Chucks in (4)

## AUSSIE TRIVIA

- What was Vegemite invented from?
- When security guards at Parliament House in Canberra were banned from calling people 'mate', how long did the ban last?
- In Aussie slang, what does it mean to have a 'bo-peep'?
- Where is the Big Prawn?
- Which actors played the characters, Kath and Kim?
- Which classic Aussie film features the phrase, "Tell him he's dreaming"?
- When an Aussie tells you he's going to "Bend an elbow", what is he about to do?
- What was the first public performance at the Sydney Opera House?
- Which city is the band Crowded House from?
- What is the name of the true-crime drama series that looks at Australia's gangland past?
- Where is *Home & away* set?
- 'Not happy, Jan' has become a mainstay in Aussie lexicon, but what product was being advertised when this now-iconic line was delivered?
- How many Hemsworth brothers are there?
- Which is the largest lake in Australia?
- Which States does Queensland NOT have a border with?



## SUDOKU

		7	6					
			3		2			5
		1		9		7		
	1	2					7	4
	8	5		4		1	3	
4	3					5	8	
		6		1		3		
2			7		8			
					5	6		

If you have a game, quiz or crossword that you would like to see on the Game On page, send it to [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) with your email address. We'll try to include it.

Answers on page 32

# For the fridge door

NOV	WHAT	WHERE	TIME
Weds 2	<i>Wildlife in Watercolour</i> Kelly Ryner all November	Side room Lazy Lizard Gallery, Bermagui	10 am - 2 pm
	Bermagui Seniors Social Club	Bermagui Country Club	11.30 am
Sat 5	Quaama Spring Fair	Quaama Hall grounds	10 am
	Robin Martin + Lillian McViety \$10 prebook \$15 on door	River Rock Café, Bermagui	6.30 pm - 9.30 pm
	CWA baked goodies	Stall in main street, Cobargo	Early till 1 pm
	Tim McMahon	Tilba Winery & Ale House	Noon
Sun 6	Dogs' day out: Family fun with dogs. Register opens 9.30 am pg 7	Ford Oval, Merimbula. Walks, pet parade, prizes, demos ++	10 am - 1 pm
	The Hoops	Cobargo Hotel	5 pm - 8 pm
	Craig Sinclair: Sunday arvo session	The Drom	4 pm
Weds 9	<i>Vanishing Wild</i> exhibition closes	Cobargo Creators	10 am - 2 pm
Fri 11	<i>Bandits with Brushes</i> Art in the Garage opens. Runs until 30 Nov	Spiral Gallery, 47 Church St, Bega Sat 10 am - 1 pm	Mon - Fri 10 am - 4 pm
Sat 12	Tennis Open Day free, no booking needed for an open court session	Bermagui Country Club courts 2 + 4 pg 23	2 pm - 4 pm
Sun 13	Santa Paws: Christmas card with your dog, emailed pics, photo sheet \$25	Cobargo SoA supper room pg 7	9 am - 1 pm
	Smoke & Mirrors	Cobargo Hotel	5 pm - 8 pm
	Todd Cook	Tilba Winery & Ale House	Noon
	Tony Jagers: Sunday arvo session	The Drom	4 pm
Sat 19	<i>Maxie Roo is just like you!</i> reading & book signing by Kelly Ryner	The Lazy Lizard Gallery, Cobargo	10 am - 12 noon
	CCDC Annual Review info session pg 17	Cobargo Hotel dining room	2 pm - 4pm
	The Scaramouche \$10 prebook \$15 on door	River Rock Café, Bermagui	7 pm - 10 pm
	Michael Meneger	Tilba Winery & Ale House	Noon
Sun 20	Santa Paws: Christmas card with your dog, emailed pics, photo sheet \$25	Coastal Grooming, Merimbula pg 7	9 am - 1 pm
	Dance party: Sex on Toast, Tommy & Roy, Goldie	Free, bookings essential Murrah Hall site pg 30	1 pm - 5 pm
	Ride the Wind	Tilba Winery & Ale House	Noon
	Stitch: Sunday arvo session	The Drom	4 pm
	Al Watts blues	Cobargo Hotel	5 pm - 8 pm
Fri 25	Australian String Quartet performance pg 27	Four Winds Windsong Pavilion Barragga Bay	5.30 pm f + d 6.30 pm - 8.30 pm performance
Sat 26	Mayfair Lane	Tilba Winery & Ale House	Noon
	Tex Perkins & Matt Walker + guests Felicity Dowd & Kara Coen (ticketed)	Tilba Winery & Ale House	5 pm
	Pickin' Time Bluegrass \$10	River Rock Café, Bermagui	7 pm - 10 pm
Sun 27	Ride the Wind	Cobargo Hotel	5 pm - 8 pm
	Soul Stories: Sunday arvo session	The Drom	4 pm