QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

Circulation 1700 plus online visits

ISSN 2652-9092 Issue No 237 March 2024

Est. Sept. 2002

What's new at the Bowerbird?

The Bowerbird Community Op Shop in Cobargo has always been able to keep the prices of its wide range of clothes and other goods at a bargain level because all goods are donated by the wonderful people of Cobargo and surrounding communities.

The more that is donated, the more there is to sell, and the greater the turnover and bargains are. It also helps that the shop is purely volunteer staffed. None of the volunteers or committee members are paid, and the only outgoings are rent, other costs of doing business and utilities.

In fact, since 2015 the prices of general clothing items have remained at either \$4 or \$6 dollars. There is now also a \$2 selection for greater bargains, and a rack of very desirable clothes for a bargain \$10.

At times the shop receives expensive designer clothes or goods that can command slightly higher, but still bargain, prices. For example, there is currently a selection of designer handbags, some of which cost hundreds of dollars new.

At the moment, these are priced at \$20 to \$30.

In addition, the shop also receives some quite valuable non-clothing donations that are sold in the shop or online. These items are generally priced at 50% below those on comparable online sites.

The money generated then allows better support for deserving community causes and events through the shop's

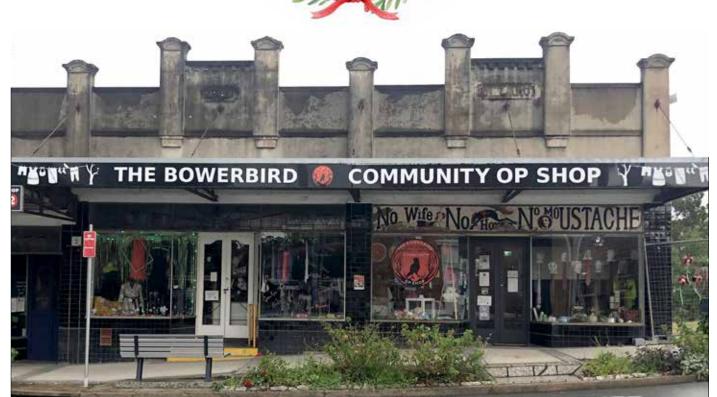
is assessed by the committee on its individual merits and the value of its contribution to the local community.

Community Grants Scheme. Every grant application

In addition to grants, if any community members are finding the going tough at the moment they can drop in for a confidential chat and the shop may be able to help.

So, why not visit the Bowerbird Community Op Shop and pick up a bargain or a Community Grant Application form?

Steve Williams



Summer is ending with a bang in the Triangle region. The Cobargo Show was packed with people enjoying the fun, especially the kids. And the Cobargo Folk Festival, fast on its heels with dozens of musicians on the program. Then it's off to the coast for Sculpture Bermagui, with more art on display this year than ever

Four Winds has a huge lineup this month starting with the energetic music of Caravana Sun and ending with the sublime sounds of the Goldner String Quartet playing both classical and contemporary works including a premiere of a piece by Baltic composer Peteris Vaskas.

The holiday tourists have headed home for the most part but fisherman have taken their place in Bermagui with the kingfish and marlin season attracting the big rollers. Marine Rescue has been busy assisting boats with mechanical issues of different sorts. Please, make sure your boat is seaworthy, your engine is serviced and that you have more than enough petrol onboard – and log on

with them before casting off. Should you still run into trouble, be sure you can provide your GPS co-ordinates while thanking your lucky stars for Marine Rescue.

Bermagui Banter's Georgina Adamson is stepping back allowing a new voice to come forward. She assures us that she will still contribute articles but that she has a few projects up her sleeve asking for attention. Thanks so much, Georgie – I look forward to reading about your exploits.

Cuttagee Bridge is back in the headlines with the NSW government weighing in after a change in plans proposed by the Mayor of Bega Valley Shire Council.

Get ready for more community consultation and discussions in the future.

And don't miss Linda Sang's take on all things 'fritter' on the Open Sauce page, see what Wendy Tucker's been reading and what sort of cutie is looking for a home through Animal Welfare. Yes, it's another jam-packed *Triangle* for your reading pleasure.

Letters

Cuttagee Bridge – an easy fix made difficult

Dear Editor,

The Bega Valley Shire Council wants a two-lane concrete structure and the local community wants to preserve the current single lane with existing wooden features.

Both factions are correct and I believe, with a little compromise, both can be easily satisfied.

More than half of the supporting structure is already concrete – it makes sense to have all the supports made of concrete from a maintenance and long-life viewpoint.

I believe the deck should also be made of concrete for maintenance reasons but it could also be made of timber or lined with timber.

The bridge should be beautified by having attractive wooden handrails as per the existing structure.

Here comes the crunch – I think the bridge should be **constructed** as a two-lane structure but **marked** as a **single** lane with the extra width being marked as hard shoulder, on each side, for pedestrians and cycle users.

With such a configuration, in an emergency, two vehicles would be able to pass.

It is essential to have a single lane and slow traffic to avoid accidents to the many children who frequent the bridge for swimming.

If a two-lane highway marking is the end result – then someone is going to have blood on their hands. I have the privilege of watching and hearing the traffic over the bridge all the time and there are frequent speeding vehicles over the weak structure.

In the meantime, no concrete trucks have been able to cross the bridge (as they're too heavy) for over two years, which means no building has/can be done in the localities immediately south of the bridge. This is not good enough and we need urgent action now.

Ray Harrop Cuttagee

Remembrance Day

I think I'm getting a bit old. Since it started being celebrated, I've had the belief that the idea of celebrating Australia Day on 26 January is probably not the best idea at all. It smacks of triumphalism – the fact that 'Australians' celebrate the day the first whitefellas arrived to colonise the place, bringing pain and misery. This century I've subscribed to the idea of 26 January as 'Sorry Day' or 'Invasion Day', and I've been one of those people who think we should change the date.

But I'm changing my mind. At the bash at Bermagui Oval on Friday 26 January, where it was called Remembrance Day, I watched Australians of all colours come together in a display of dancing and food and music. It was great to be witness to something so positive. So maybe ... I thought ... we should *keep* this date as Australia Day, just call it Remembrance Day and have it, not as a celebration of white triumphalism, but as the date that Black Australia showcases its culture and White Australia acknowledge its dodgy past.

A bit the same with Anzac Day. I've always thought it dreadful that a lot of the population see it as a *celebration* of war, 'the flag', patriotism, 'the fallen' etc.

We must, of course, respect the Diggers who went off in wars to do their duty (including the Black Diggers), but a day celebrating it always seemed a bit off. But, with the passing of time and generations, Anzac Day has become less about war and more about peace. More about peace and sacrifice and more inclusive.

A few years ago, doing some research, I rang the RSL in Sydney and spoke to a senior official, asking him if Turks were allowed to march on Anzac Day. 'Are you kidding!' he said. 'They don't march. Mate, they were the *enemy!*' A few days later I rang this guy's equivalent in Melbourne and asked the same question. 'Of course we let them march,' he said, 'They were soldiers who died for their country, and we respect that.' Maybe, I thought, Anzac Day is moving in the right direction.

And maybe so is Invasion Day. A while back, talking this over with an Indigenous friend, he said something I've never forgotten: 'White Australia is lucky Aboriginal people have so much pride and graciousness,' he said. 'Otherwise every January twenty-sixth there'd be revolution in this country.'

True. Pride and grace are what Black Australia has exhibited every Invasion Day for the past 250 years. But now, maybe there's no need to call it that, or Sorry Day, or anything negative. And no need to change the date. I'm changing my mind. Maybe we should keep 26 January as the special anniversary and it can, with luck, morph into a day celebrating the togetherness of Black and White Australians. Maybe ...

Christopher Lee

To the editor

A proposal by Mayor Fitzpatrick of Bega Valley Shire Council to amend the Bega Local Environmental Plan as it applies specifically to Rural Landscape Zone RU2 is troubling.

If amended, the plan will permit integrated logging operations on the approximately 44,000 hectares of private land in the Shire without the necessity of obtaining consent from Council.

Most of the trees logged will be woodchipped for low-grade products.

Last November, *The Sydney Morning Herald* published details from a leaked survey report commissioned by a timber industry group, Forest and Wood Products Australia. The report detailed that '... harvesting of native forests is opposed by Australians, including in rural and regional communities, with support on a par with extractive industries such as coal seam gas'.

Remnant native forested land in RU2 zones is environmentally important.

If there is to be any logging in this zone, it must be subject to professional environmental assessment and approval.

The Mayor Fitzpatrick's proposal to remove this approval process should be rejected.

Additionally, I would hope that the NSW Government legislate to remove the power of individual councils to do so.

Jack Miller Bermagui



Thumbs UP

To Kirsty and all the wonderful staff at Camel Rock Surf

School. They give expert surfing lessons for kids that focus on surf skills, ocean safety and etiquette, as well as instilling a deep love and respect for the beach. Despite harassment and threats, Kirsty's kindness and positivity has shone through.

To the Cobargo Food Tool Library's very popular 'Show and Tell Preserving Worshop' on *Passata making made easy* at the Cobargo School of Arts Hall!

Thumbs DOWN

To the people who throw rubbish out of their car windows while driving along the highway.

Where have all the volunteers gone?

When we moved to Bermagui in 2009, one of the first things we did was look for places we could become involved with as volunteers. It was a great way to meet new people and learn about our new home.

There were so many opportunities to cater for everyone's interests and experience then. But, sadly, all that changed when everything closed down during COVID. Many older volunteers just did not return to volunteering when things got back to 'normal'.

There are many organisations that are now desperately short of volunteers and many on the verge of closing because of this. The questions being asked is – 'Where have all the volunteers gone?'

Bermagui has always been a favourite place for retirees. In the past, retirees were keen to become involved with their new community – so what has happened? We no longer seem to be finding people who want to invest in their community for one reason or another. Are people simply not interested in helping others, keeping the environment safe or our history alive?

It has left many current, dedicated volunteers scratching their heads and wondering what will happen to those organisations without new volunteers.

Carolyne Banados Bermagui

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

- 1. Stories should be 300 words or less except by prior arrangement.
- 2. Images and graphics should be sent as attachments not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
- 3. Send all articles as WORD or other TEXT documents.
- 4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
- 5. Think about a headline for your story. Please don't leave it to us!
- 6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cc lsang333@gmail.com.

Who does the work The Editorial Committee

Linda Sang (President) Stuart Absalom (Vice President) Flick Ruby (Secretary) Bhagya (Treasurer)

Debbie Worgan, Angela Marshall, Steve Williams, Jacob Round Advertising

Ring 6493 8369 then 04 1955 1956 or email advertise@thetriangle.org.au

Layout & Design

Bhagya & Debbie Worgan Copy Editing: Angela Marshall Accounts: Phone: 6493 8369 Email: treasurer@thetriangle.org.au PO Box 293 Bermagui NSW 2550

Area Contacts:

Bermagui: Georgina Adamson bermagui@thetriangle.org.au Cobargo: June Tarlinton cobargo@thetriangle.org.au Dignams Creek: Flick Ruby diggies@thetriangle.org.au Quaama: Bhagya quaama@thetriangle.org.au

quaama@thetriangle.org.a Tilba: Stuart Absalom tilba@thetriangle.org.au

Printing: Excell Printing Group, Pambula Accountant: Fredrick Tambyrajan Distribution Service: Linda Sang

Distributed by Australia Post and available from: Bega: Candelo Books, Bega Library Bermagui: 777 Supermarket, Post Office, Shell Bermagui, Bermagui Country Club, Bluewave Seafood, Library, Visitors Centre Central Tilba: Post Office, ABC Cheese Factory, Sweet Spot Cobargo: Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre Wallaga Lake: Merrimans Land Council Narooma: BP station, Library, Casey's Café, Quaama: The Quaama Store Deadlines:

Advertising: 5pm, 19th of each month Editorial: 12pm, 22nd of each month

Thumbs / Letters to the editor:

All communications should be forwarded to: contributions@thetriangle.org.au Postal address: The Editors, *The Triangle* PO Box 293 Bermagui NSW 2546 ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1700 in print plus around 3000 unique online visits each month.



Each edition of **The Triangle** cost **\$3.00** to produce. Please donate what you can.

Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Tell 'em you found 'em in *The Triangle!*

Join your fire brigade!

Apologies for inaccuracies in the February edition of The Triangle, despite every effort made to get it right. This verified information comes with strong encouragement to join! New members are always welcome and it's not all firefighting. You can take up many different roles, for example, in communications, equipment maintenance, administration and catering. Just roll up and say g'day at your closest fire shed on a training night.

- Cobargo Wandella Road Thursdays
 7.00 9.00 pm fortnightly.
- Quaama Gordon St Saturday 1.30 3.30 pm fortnightly.
- **Tilba** Latimers Lane, Central Tilba Monday 7.00 9.00 pm.
- **Bermagui** 18 Bunga Street Monday 5.00 6.30 pm fortnightly.

Get in touch or find us on Facebook

- **Tilba** centraltilba@farsouthcoastteam.org.au 0448 100 974
- Quaama quaama@farsouthcoastteam.org.au 0400 738 978
- Cobargo rfbcobargo@gmail.com 0412 919 708
- **Bermi** bermaguirfb@gmail.com 0474 201 859

Flick Ruby





Fire sprinkler day

Last November, an excellent fire sprinkler information session was held in Quaama. Dan Williamson of the Cobargo Coop told us about his home system using sixteen one-metre high butterfly sprinklers designed to wet the perimeter of a building. This is connected to their main water tank with 25 cm pipe and 25 cm outlets for fire hoses at strategic points. As the fire season approached, his household carried out fire drills and this has taught them a lot about the strengths and weaknesses of their system. They have been able to change what proved unsatisfactory. For example, having to refill the fuel tank on the pump during a fire is fraught with danger so it is better to purchase a larger fuel tank. They also realised they were using more water than they needed to, so once the area has been damped down, they will only use water once the fire arrives. We were reminded to let our neighbours know what decisions we have made and to have protective gear on hand, particularly good ski googles. It is also important to seal houses well, because if the house is filled with smoke, it's no longer a safe refuge.

Another participant at the workshop was Nick van Stek, who uses misters under the eaves rather than sprinklers. Mist is blown by the wind and therefore it moves in the same direction as embers. The misters soak everything in a couple of minutes and use little water. A filter is required to avoid blockages. Kym explained that misters won't work with dam water but advised us to target the most vulnerable areas where embers will collect. Plastic pipes need to be protected by boards but appear to cope with fire as long as they are full of water. If you are using a firefighting pump, allow it to idle or the pressure will blow out the sprinklers. Well before a fire arrives, have the pump fully set up and the hoses rolled out, so you just need to pull the cord. Petrol and diesel degrade over time, so it is important to conduct a monthly test run to ensure that your pump starts easily and runs smoothly.

Emily Laszuk

School SRE

If your child attends Bermagui, Cobargo or Quaama Primary School, they can participate in Special Religious Education (SRE). Participation in SRE is optional. SRE is designed to provide children with information about the particular religion, to help children make an informed choice, to nurture your child's sense of meaning and purpose. Christian SRE will help your child appreciate the impact of Christianity upon Western culture. Our legal system, literature, art, music, and even our language have all been influenced by Christianity. The idea of someone being a Good Samaritan only has meaning in the context of understanding its biblical heritage. If you would like your child to participate in SRE, please let your school know and they will be able to join the weekly class.

Fiona Kotvojs



A unique and rewarding investment – Cobargo General Store! Ever dreamed of being part of a vibrant community while contributing to a town's revival? Here's your chance! Jane and Alfred are seeking expressions of interest from prospective buyers to continue the legacy they created in the iconic Cobargo General Store. Why Invest:

- Strong local support and loyal customer base.
- Opportunity to diversify and expand the business.
- Become a cornerstone in Cobargo's vibrant local scene.

More information on our website cobargogeneralstore.com.au If you're ready for a unique business venture and an enriching lifestyle, lodge your expression by email - cobargogeneralstore@gmail.com

Time to have your say with Eurobodalla Council

We all have an interest in making sure that our Council reflects the wishes of the majority of residents and business owners in planning for the future of the Eurobodalla Shire. There are a couple of upcoming opportunities for you to have your say.

This all comes at a time when the Eurobodalla is attracting the attention of developers and Council is planning for expected future population growth. Examples include a number of unit projects in Narooma, a large residential development in Dalmeny, Council planning for 1,000 home sites in south Moruya near the proposed new hospital, and recent news regarding another potential 800-lot subdivision occurring at Broulee.

The ultimate opportunity to have your say is at the Council election on 14 September 2024. No doubt we will be hearing plenty from the candidates as that date draws nearer.

Following the election in September, the Council must prepare a Community Strategic Plan that identifies the community's main priorities and aspirations for the future and to plan strategies for achieving these goals.

Council is currently seeking our views on what should be contained in the Community Strategic Plan and asking:

What makes our community a great place to live?

What are the main challenges facing our community?

What would you like to see achieved in our community in the next ten years and beyond?

By the time that you read this, a number of community information sessions will have been held by Council, but there still remains the opportunity for you to answer a thought-provoking survey on this page of the Council's website before Friday 15 March: www.oureurobodalla.esc.nsw.gov.au/towards2042

When the draft Community Strategic Plan is prepared and placed on public exhibition, we will also get the chance to offer our comments before it goes to Council.

Mark Stubbings

Anglican Churches of Bermagui, Cobargo and Quaama WORSHIP AND EASTER SERVICES IN MARCH

Bermagui 3rd, 10th, 17th, 24th & 31st at 8.30am **Cobargo** 3rd, 10th, 17th & 31st at 10.30am

Quaama - School of Arts Hall 24th at 10.30am Good Friday Service - Bermagui 29th at 9.00am

Contact: The Reverend John Thomas Tel: 0427 260 833



Mayor proposes allowing harvesting of native forests on private land

At the 21 February Council meeting, Mayor Russell Fitzpatrick, proposed to amend the Bega Local Environmental Plan (LEP) 2013 to permit private native forestry without consent in Zone RU2 – Rural Landscape. (Council agenda papers, item 13.2).

Councillors agreed (six votes to two) to take this proposal to a Council workshop. Councillors Griff and Seckold voted against, with Councillor Robin absent.

If approved, this will mean property owners in Zone RU2 could harvest privately-owned native forests without a consent process. This is currently prohibited in the Bega Valley Shire.

The original prohibition existed because 'Council considered the use of forestry to be incompatible with the objective of the RU2 zone to protect the scenic forested hinterland and existing character of the rural landscape.'

There are 44,626 hectares of RU2 zoned land in the shire. Council papers show RU2 zoned land near Bermagui about three km along the Cobargo Road, along the Tathra Road, in the Murrah and at Tanja.

The proposal argued that private native forestry is a significant source of timber supplied to mills and businesses on the NSW South Coast and Bega Valley Shire and that privately owned forests supply high-quality, high-value products, such as flooring, cladding and decking. This seems doubtful in the Bega Valley, where much of the native forests has been pulped, assisted by substantial government subsidies.

Currently, most NSW rural councils permit forestry in RU2 zones with a consent process. Six permit such forestry without consent (including Shoalhaven), and five prohibit such forestry (including Bega Valley). There is a general movement away from native logging not towards it.

Council papers do not refer to climate change or the role of native forests in carbon capture.

Councillor Griff said, 'This is a poor way for Council to make such a major decision on our native forests – without adequate notice, research or proper fact checks on employment claims or economic benefits.'

Geoff Steel, Bermagui

Wallaga Lake Bridge – closed for essential maintenance

Transport for NSW is committed to reducing the inconvenience to the community caused by closing Wallaga Lake Bridge for essential maintenance.

Bega Valley Coaches will have a temporary timetable for Bermagui and surrounding areas during the maintenance period. A free bus service will provide daily services from morning until late afternoon including access for passengers in wheelchairs.

The timetable is still a work in progress, but it will include fixed bus stops and, where safe, a hail and ride service. The buses will travel to and from Narooma, Central Tilba, Akolele, Cobargo, Bermagui and Wallaga Lake Heights.

Premier Motor Services will provide diversions to the 701 Sydney to Eden service and school bus operators will adjust timetables for students because of the disruptions during this period.

People will still be able to cross Wallaga Lake on foot by using a pontoon that will be installed next to the bridge, with lighting provided at night for safety. This will allow for some work to continue 24 hours a day.

The bridge maintenance will start on Monday 4 March. Weather permitting, the bridge will be closed for four weeks from Monday 29 April and then again from Monday 8 July for up to three weeks. The bridge is expected to reopen to all traffic using stop/slow traffic control for the six weeks between those dates.

Details of the bridge closures will be delivered using letterbox drops, email blasts and social posts. Links to timetables are also provided on Transport for NSW's website – enter Transport for NSW in your usual browser. Once on the Homepage enter 'Wallaga Lake Bridge' in the search bar at the top of the page.

Penelope and Lewis Gaha

Subscribe to *The Triangle* online!

It's free and you'll know as soon as the new *Triangle* comes out.

Go to www.thetriangle.org.au and enter your email address into the box.

SUMMER SALES ON

- Mowers ride on and push
- Brush cutters
- Kawasaki side x side ATV





Dr Judy Gebhart - Chiropractic (0433 372 362)

Dr David Arthur - Acupuncture (0401 901 787)

Lynneth Mercado - Remedial Massage (0401 524 613)

Michael Kennedy - Mindfulness Meditation (0433 372 362)

26 Bunga Street Bermagui www.harmonyhealth.au

CWA Cookery and Craft Competition in Bermagui

Every year in March, the Far South Coast Group (FSCG) Country Women's Association gathers in Bermagui for our annual Land Cookery and Handicraft competition. FSCG CWA branches from Batemans Bay to Eden enter their best cookery and craft to be judged, with the winning entries going on to the CWA of NSW State competition.

Everyone is invited to attend the FSCG CWA Cookery and Handicraft competition displayed at Bermagui Country Club from around 1.00 pm on Tuesday 12 March. It's your opportunity to see the best cookery and craft from your local CWA members.

The CWA Land Cookery competition, sponsored by *The Land* newspaper, is open to any person residing in NSW or ACT. Cakes on display include fruit, sultana, butter, chocolate, marble jaffa, apricot, sponge and orange. There will also be fruit pudding, almond bread, remembrance biscuits, zucchini and capsicum pickles, lemon and carrot marmalade, plus a junior section with tea cake and decorated cupcakes.

The CWA Handicraft Group competition is open to CWA members to exhibit their best work. Branches enter eight articles of any handicraft technique with at least one garment of knitting or crochet in pure wool. There are also Open Classes in the Handicraft competition for CWA members 80 years and over, juniors and male relatives of a CWA member. Also open to all residents of NSW and ACT is the natural fibres section for a knee or cot rug, hand knitted or hand crocheted garments, and a felted garment.

Tilba CWA members and friends are planning a day out in Bermagui on Tuesday 12 March to see Sculpture Bermagui in the morning, enjoy lunch at Bermagui Country Club and then view the Far South Coast Group CWA Land Cookery and Handicraft exhibits from around 1.00 pm. Please join us to see the best CWA cooking and craft on display.

Annette Kennewell FSCG CWA Publicity Officer



FSCG CWA members holding their winning sponge cakes

Are we prepared for the next crisis?



There are many polarising views now concerning politics, physical health and the environment.

There's been a lot of fear mongering creating division in families and communities. How can we expect peace in the world if we're unable to achieve this in our own backyards?

It may not be so evident

in our community, which is something I appreciate on a daily basis, but looking on a broader scale as a human family, we've become hyper individualists, disconnected from the whole.

Fostering emotional intelligence is more critical now than ever with the Cobargo Rebuild and the evolution of our surrounding communities. We need the energy of all individuals to create what's best for everyone.

We can't be passive about the complex challenges we now face but we can be proactive and inclusive while still engaging our emotional intelligence. Creating a robust foundation requires constant action to be prepared for anything. We can't suddenly climb a mountain without building a level of fitness.

With emotional intelligence, we stop wanting people to think like us for us to be OK, we show respect for others' points of view, even if we disagree with them. When we look at the mechanics of the mind and connect with how we feel, we can change, PTSD can be healed and we understand that adversity creates depth, connection and growth.

A thriving community is a structure where everyone is free to be an individual yet stays connected. We're preparing physically for the next crisis but are we prepared mentally?



Join us in mid-March for the next episode of *Thriving in crisis*. Scan the QR code on the ad for all the info or call Sarah on 0417 684 300.

Sarah Campbell Lambert

End of life matters – palliative care

Welcome to the second in a series of articles providing information for a positive end of life. It's what we all want right? It's what we all deserve. But here's the thing: the quality of your end-of-life experience will depend on your awareness of services available and how much planning and communicating you've done with those supporting you. This month let's look at palliative care.

A person approaching the end of their life requires compassion and care that recognises who they are and what matters most to them.

The aim of palliative care is to help people live their life comfortably and as fully as possible right to the end by supporting their physical, emotional, social and spiritual needs, including support for their partners, carers, relatives, friends and even pets.

People often think that palliative care is for one's final days and, while

it is a support system for people of any age with a life-limiting illness (including cancer, neurological disease, dementia and advanced kidney, heart, liver and lung disease), research shows that the earlier a family receives palliative support, the better the experience is for everyone.

The types of care a person might need include relief from distressing symptoms including pain, depression, fatigue, nausea, breathlessness and anxiety. It can also provide access to practical, psychological and spiritual support, and point the family and carers towards services that can help them to cope during a person's illness.

Palliative care can be provided by many different health and care professionals in a range of settings. Older people may receive palliative care alongside a homecare package or within an aged care facility. In a hospital it is provided by doctors, palliative specialists, nurses and allied health professionals. In

the community the palliative care team might include the person's GP, community and aged care nurses, visiting allied health professionals, careworkers and support workers.

If you want to know more about palliative care, the lovely people at U3A Bermagui are hosting a forum: Raising awareness about palliative care and end of life planning on Thursday 11 April 2024 from 10.30 am to 12.30 pm at the Bermagui Community Centre. For more information use your usual browser to look up U3A Bermagui.

You can also contact the Bega Valley Community Palliative Care Service on 02 6491 9800 or the Eurobodalla Community Palliative Care Service on 02 4474 1561 or go to www.palliativecarensw.org.au.

> Shanna Provost www.rest-easy.com.au

Workshops on growing oyster mushrooms

In the lead-up to the Fungi Feastival, Annette Kennewell will facilitate oyster mushroom growing workshops at her small farm near Central Tilba. These workshops are for anyone interested in learning how to grow oyster mushrooms at home. Annette grows a variety of fresh oyster mushrooms for the SCPA stall at the Tilba Market in autumn and winter.

Oyster mushrooms, Pleurotus ostreatus, are also called pearl oysters or tree oysters. They have broad fan shaped caps, short stems and come in a variety of colours: white, blue, silver, tan and black pearl. Oyster mushrooms are delicious to cook and eat having a sweet, succulent, subtle flavour. They can be pan-fried or sauteéed, added to soup, risotto, pasta

The oyster mushroom workshops

and pizza.

will include a demonstration of how to grow oyster mushrooms in bags on sugar cane mulch inoculated with grain spawn - followed by a demonstration of how to grow oyster mushrooms in buckets on MushGrow wood pellets inoculated with grain spawn. A tour of an oyster mushroom fruiting room plus a review of books and other resources on how to cultivate edible mushrooms is included.

The oyster mushroom growing workshops are all on Sunday mornings from 10.30 am to 12 noon. The dates are 31 March, 21 April and 26 May. More mushroom growing workshops will be scheduled during the Fungi Feastival from

21 June to 21 July. To book a workshop look up the Fungi Feastival using your usual browser.

Annette Kennewell



Annette mixing oyster mushroom grain spawn with pasteurized sugar cane mulch, Central Tilba

Natura Far South Coast

Observing and understanding the flora and fauna of Bermagui and Wallaga Lake's forests and shoreline

For those who have not discovered Deb Taylor's wonderful online publication, I strongly recommend it.

Here's the introduction to this month's issue, dealing with some pretty scary critters ...

Issue No. 10 ~ December 2023/January 2024

'The past several weeks have seen me cross paths with a number of surprisingly large, and not often encountered, insects. These insects included an impressively sized and very beautiful moth, a huge



A razor grinder cicada

beetle with big, scary jaws and, by far the most unexpected find, a caterpillar that looked more like a big, fat stick than an actual living creature as it lay on the ground. I hope you enjoy reading about these natural wonders as much as I did observing, photographing and learning about them but, as fascinating and wonderful as these big things are, I'd like to start this issue by addressing a question I have been asked repeatedly of late ... namely, how and why do cicadas make so much noise?'

If you're interested, go online and read on. Informative, detailed, amusing and with great photos. Thanks again, Deb

If you would like a copy of Natura, contact deb taylor142@hotmail.com.

Georgina Adamson

Working together for good

Local projects are getting a boost through a unique partnership! For decades, Outback Links, a Uniting Church branch of Frontier Services, has been connecting volunteers with people in remote Australia doing it tough. Whereas this has largely occurred in the outback, the prevalence of natural disasters has seen the organisation extend their help to other disaster-affected regions too. Usually, it consists of caring retirees in their vans being paired with people on local properties. However, there is also a wonderful partnership with the NRMA that sends teams of their selected employees to assist with bigger projects. Cobargo and Narooma will benefit from one of these teams of sixteen visiting from 11 to 15 March.

Determining which projects suited the team's capacity best was challenging. Guided by Cobargo Anglicare, the Cobargo Community Garden property was suggested as a worthy undertaking for such a sizeable team. NRMA workers will work alongside local volunteers and a skilled carpenter to landscape and enlarge the useable garden, and to provide shelving for the main building. Monty's at Narooma Uniting Church, has been a reliable source of donated meals during and since the Black Summer fires, will benefit from a much-needed coat of paint – the volunteers will be supervised by a professional painter.

As your local Community Chaplain, I am thrilled to be able to draw on my Uniting Church connections to benefit the local community. I get excited when groups work together, sharing their expertise for the benefit of many. The Triangle Tool Library will be a great asset to the project too, providing the equipment needed. I love the vision of Cobargo Commons to draw the community together over such worthwhile initiatives. I am involved firsthand with Monty's and know the big hearts of those volunteers providing wonderful meals each Wednesday.

Please contact me if you have specific jobs that may benefit from a Frontier Services team (maybe on your property). I am also freely available for a chat about how life is going for you. And I run some wellbeing activities (weekly Narooma foreshore walks; group labyrinth walks; and a new, monthly Family Church for K-6 children and their parents). Looking forward to hearing from you!

For more information call (Rev) Karen on 0400 299 751 or email karenp@cruc.org.au

Karen Paul



Planning for the Cobargo site, L to R: Monica from Anglicare, Heather from Outback Links and Karen - Community Chaplain (Uniting Church)

REGISTERED NURSES / FULL TIME / PART TIME / CASUAL

Nardy House, Quaama/Cobargo NSW

If you are passionate about helping others; Nardy House is for you

- We have a great opportunity for a Registered Nurse to join our team.
- Supporting people with a profound disability is a rewarding job.
- · Shifts vary and participants are supported 24 hrs/day.
- Qualifications preferred; study/training available.
- Salary sacrifice available for permanent staff.
- At Nardy House we aim to create an environment where you can grow and develop professionally in a caring and supportive atmosphere.
- Nardy House provides an opportunity to work with like-minded people who are committed to improving the lives of those living with
- profound physical disabilities.
- It is located in the peaceful country side of Quaama, 30 km north of Bega on the NSW south coast and provides a 5 bed permanent accommodation home and a 6 bed respite facility for residents.



Contact our CEO, Denise Redmond on 0408 675 259 or email denise@nardyhouse.com.au to find out more.

Reflections: Horseshoe Bay beach

Tall pines line a rocky headland, mirror reflections below on smooth, wet sand. Kelp coronets, dumped by a high tide, lie stranded, abandoned, awaiting their next ride. A cormorant stretches gauzy bat wings to dry.

Surfers straddle boards, bobbing over a wave, wait for *the big one*, adrenalin they crave. A lone swimmer, finishing laps of breaststroke, emerges from the water, lights up a smoke, towel draped over shoulders, like a superhero cloak.

Water sparkles and shimmers, glimmers and gleams, teems and pulsates with life unseen.

A trove of colored pebbles is strewn, embedded like jewels, by natures' ways hewn, stud the beach and nearby sand dune.

Seagulls congregate at the far end of beach. Young boys chase them, just out of reach. A snorkeler surfaces like a sleek, slick seal. Fishermen wade knee deep, cast out with rod and reel. The beach gives us freedom we can all feel. I've been at the mercy of a tempestuous sea, she's tempted, beckoned, even roared at me. I've been teased and tumbled, rolled, rumbled and stumbled, yet gently lifted up and softly set down, embraced, enfolded and totally humbled.

Rivulets of residue water, lap and swirl, cascade from craggy rock clefts to whirl pool and leave in their wake a fringe of lacy bubbles where I stand, caressing my feet as they melt in the sand.

I compare my tread to others, previously here, before gentle waves wipe clean, leaving a polished veneer. Sounds of the beach have lulled me to sleep, provided beautiful memories for me to keep.

Lynne Coyle

My hubby, our pooch and myself have been holidaying in Bermagui, with our caravan, for the past 15 years or so and LOVE IT!! Whilst on holiday last year, I decided to write a poem about the beach where I've spent many happy hours walking, swimming and admiring beautiful surrounds.



Hello to everyone and my apologies for not writing a Quaama page in the February *Triangle*. There was not much to say! While the touristy part of our region was overrun with caravans and people, we were mowing our lawns and thanking the weather gods for the failure of the El Niño to bring a hot and dry season. It's been strange, that's for sure, far more humid than we're used to, but I think we can all agree that it's better than the alternative.

This month again, so much is going on nearby there isn't anything booked in Quaama to speak of. The Folk Festival, which is beloved by so many, is on in Cobargo over the first weekend of March. Should be a great time! Then there's Sculpture Bermagui shortly thereafter for a week or so which is worth a trip to the coast. Four Winds has a LOT on this month, which is worth checking out. And Easter is at the end of the month. A nice extra-long weekend to spend with family and friends.

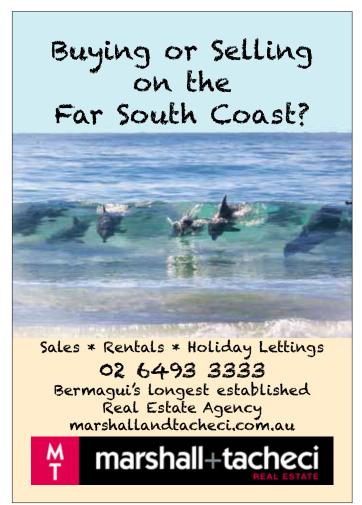
Quaama Public School has had a very calm and smooth start to the year. There are nine new Kindy students who are thoroughly enjoying being at Big School. Students were quite active over the first three weeks with the annual swimming carnival and two school camps. Grades 3-6 spent three days and two nights each camping at the field huts in Bournda National Park. Mr Farran, Di and the Environmental Education Centre had the students undertaking a variety of activities to help them improve their knowledge of our local flora and fauna. Students also did quite a lot walking to see the many spectacular sights on offer in the park.



Getting ready to paddle in Bournda National Park



Quaama School kids having a rest and enjoying the view during a bushwalk





Last chance for a free energy consultation

Our service concludes 31 March

Puzzled about power? Come talk to us!

energy use – power bills energy options – renewable energy appliance purchasing circular economy

Our Community Energy Coordinators offer free consultations

David Neyle 0405 383 692 david.neyle@renewablecobargo.com

Fiona Drum 0419 718 615 fiona.drum@renewablecobargo.com

Unit 4, Innovation Hub, Cobargo www.renewablecobargo.com renewablecobargo@gmail.com

The recent 125th Cobargo Show was a resounding success. The atmosphere was of a huge birthday celebration and the grand parade was a distinct effort to show some of the history that was present on the 27 and 28 March 1889. Richard Tarlinton, a direct descendant of the first president of the Cobargo Show Committee, officially opened the Show and spoke of the way the show has developed over those 125 years. History notes that at the first show the population of Cobargo was 197 and 1000 people arrived at the showground to enjoy the event. Today we have old and new settlers to the district present and a terrific number of visitors and that is why the show remains so strong, he said.

During the opening, Greg Holland was presented with an Agricultural Show award for his incredible commitment to the event and six Cobargo Show Committee members were awarded life memberships: Graham Parr, Carolyn Cole, Dennis Whiffen, Will Mead, June Tarlinton and Richard Tarlinton were all presented with their life membership badges by Honorary Councillor Howard Charles OAM. AgShows NSW's Young Woman Cobargo winner, Ella Cowgill, was back from the zone final judging held at Adelong and, although not chosen to go to the next round, presented herself beautifully in all aspects and along with junior showgirl, Chloe Lucas, and the junior showgirl runners up, Zahli Lucas, Jemima Ball and Grace Manns, participated at the show.



The Old Guard



June Tarlinton and participants

Throughout the two and half days of the show, the show grounds were jam packed with an amazing amount of entertainment ranging from the ever-popular rodeo, motorbike obstacle course, horse training demonstration, chainsaw and axeman's events, mower races and the thrilling campdraft. Amber Lawrence kept the children entranced with her popular children's show and also made up the comprehensive list of musical acts that kept everyone dancing the nights away.

The traditional events of yesteryear – dairy and beef cattle judging and showjumping, hack events and, of course, the amazing pavilion entries were very strongly contested. The entry numbers were up on last year with many vegetables, cooking, photography and magnificent agricultural produce on display. Ian McNamara from ABC's Macca All Over popped in and chatted to President Dave Allen. The showground was resplendent with all the new improvements that have been accomplished during this last year. The main pavilion has been fully lined and has new steps, there are new stalls for horses, new roads to the new horse area, a top-dressed rodeo arena, new seating in lots of places (all of which had been oiled) and lots of painting to keep things looking fresh. There was so much for all to enjoy and as the last stragglers exited the front gates of the showground there were echoes of what a fantastic birthday celebration show we have had.

Photo credits: Cliff Shipton photography



Champion dairy cows



Chainsawing



Everyone's a winner ...



Dirt bike on the obstacle course



You can make it!



Winning beans Photo credit: Linda Sang



A short ride on a Friesian calf

Excerpt from Richard Tarlinton's speech opening the 125th Cobargo Show

You could say that today is the birthday of the Cobargo Show. So how did this great tradition start? In 1886, a meeting was held to form the first Show Society and, on the 27th and 28th of March 1889, the first show was held.193 years ago my great-great-grandfather William Duggan Tarlinton at the age of 21 years decided to go exploring in the company of three native men who were brothers: Orion, Kobe and Coburns. The brothers were locals to the area of [modern-day] Braidwood and Belowra and showed William the path from the tablelands to the coast. This bridle path today is known as the Tarlinton Track. Once you leave the Tablelands, you descend Euranbene Mountain into the head of Woila Creek and follow to Belowra and ride through the Belowra Valley on down to the Tuross River and eventually you come to the junction of the Tuross River and Wandella Creek. They rode upstream on horseback to the Wandellow Valley and on into [what became] Cobargo. In fact, right here is where he set up camp alongside a group of natives, so history tells us this area

of land, this very showground, has been a meeting place forever.

As a squatter, W.D. paid a fee to the government for the use of the large tract of land he had claimed. He held that land till 1861, when the government brought in the Closer Settlement Act. The district was surveyed, and the land was taken up by settlers. Dairying was the main industry starting around the 1870s with butter and cheese made from the milk of the Shorthorn herds. It was sent to Sydney by boat from Bermagui.

As the township developed, W.D., as a natural born leader, held many positions notably magistrate at Nerrigundah and Cobargo. He also was first president of the Bega Jockey Club but the position he loved most of all was President of the first Cobargo Show Committee. After 1886, the grounds were gazetted a dedicated Showground by the Department of Lands. This was the point in history that brought us to what we have today.

It may cross your mind – how do we manage to maintain the drive and

enthusiasm? Within the Committee over the years, there is still to this very day many descendants of our first president, notably the Salway, Sutherland, Schaefer and Allen families who have given their unrelenting support to continue the tradition of hosting a show. Also, all the fellow committee members and also the many volunteers and sponsors. Many are original local residents and also many recent settlers to the district who have made Cobargo their home.



Richard Tarlinton

Renewable Cobargo update

Our Community Energy program is drawing to a close at the end of this month. The funding we received in 2020 as part of the federal Black Summer Bushfire Recovery program runs out on 31 March 2024. Sadly, this means that David Neyle and Fiona Drum will be leaving Renewable Cobargo and our free energy consultations and energy events will end.

David and Fiona have created a treasure trove of energy efficiency, renewable energy and other electrification resources for the Renewable Cobargo website. They have put together some great energy events and presentations for the Cobargo and district community, including a heat pump expo and bulk buy, EV Show and Tells, a workshop titled 'Demystifying energy' given to several local groups. In association with Anglicare, they have also provided information on energy-efficient bushfire rebuilds. In addition to all of this, they have offered one-on-one consultations about energy usage to a wide range of Cobargo and district residents.

We are very grateful for the tremendous energy and creativity they brought to Renewable Cobargo and the broader community.

David and Fiona will continue to offer free energy consultations in March ... so book soon!

Cobargo and District Energy Transition group will continue to work towards renewable energy resilience. The Cobargo microgrid project is ongoing with the feasibility study due to be

Cobargo Main Street Rebuild update

The construction phase of the Rebuild Cobargo Project, as announced by the Cobargo Community Development Corporation (CCDC), is still on track for completion by mid-2025.

The pre-construction activities that have been completed include the removal of piles of rubble from the old fireplace on the Market Hall block for possible use in landscaping at the end of construction, and the clearance of vegetation to allow full access to the rear of the Post Office block. Further work on the rear laneway on the Post Office side of the street is also progressing.

In addition, a number of investigatory 2.5 metre deep trenches have been sunk which confirmed that there were no problems or issues with the underlying composition of ground. In further good news NSW DPIE-Water Resources has approved the planned bank stabilisation works on the Village Square site.

The draft Traffic Management Plan is currently being worked through with Transport NSW and BVSC. As soon as discussions are finished and the draft plan is approved, a date will be set for the next community briefing event.

In anticipation, CCDC's Community Representative Directors are already consulting with the main street business owners regarding any potential impacts.

The Expression of Interest (EOI) webform for registration by local trades will be online early in March. The builders are particularly keen to identify and use local trades people as far as is practicable.

Discussions with the Bega Valley Shire Council and other relevant authorities is being undertaken as required in other areas such as waste management during construction.

As always, keep watching *The Triangle* for CCDC updates.

Deb Summer and Steve Williams Community Representative Directors finished in May 2024. We will host more community conversations as things progress. We will also continue to apply for funding to undertake renewable energy projects in our local area.

The CaDET team

Renewable Cobargo is an initiative of Cobargo and District Energy Transition (CaDET), a community group working to improve energy security and energy efficiency in our local area, and to assist the transition to clean, local electricity generation. Book a free energy consultation with our Community Energy Coordinators 0419 718 615 or 0405 383 692.

You can visit the Renewable Cobargo website (just type Renewable Cobargo into your web browser) for more information or email us at renewablecobargo@gmail.com.

NEED A CAR?

Need a car for a day or two?

The community car is available to borrow. See one of the women at

Well Thumbed Books

or book it by phoning

Louise on 0416 039 895

or Linda on 0407 047 404

Come see us at the Cobargo Community Access Centre

- for help to access a range of government services;
- for referral to services including:
 - Sapphire Health and Wellbeing Service
 - Shoalcoast Legal
 - Here 2 Help
 - adult literacy and numeracy support
 - Be Connected Building digital skills

Need an office or occasional meeting space?

The CCAC has small offices and a large meeting space (up to 8 people) for hire.
Call Rebecca on 0493 671 117 for rates and bookings.

Open 10 am-3 pm Tuesdays, Thursdays, Fridays.

Drop in or make an appointment

Cobargo Innovation Hub 48 Prince Highway, Cobargo www.cobargo.org.au



Cobargo Red Cross fundraising

Cobargo Main Street Friday 1 March and Saturday 9 March



For over sixty-five years, March has been fund-raising month for the Red Cross. As always, Red

Cross will be raising money to help thousands of people in need.

The Cobargo Red Cross group welcomes your donations on 1 and 9 March and the group will be in the Main Street of Cobargo on those dates.

When you help Australian Red Cross, you help Australians. The Cobargo Red Cross Group is incredibly grateful for the work and contributions of our volunteers.

We were saddened at the passing of our long-standing member, Mrs Mary Ayliffe, in December 2023

Mary was well loved and respected and made a memorable and long-standing commitment, joining the Cobargo Red Cross branch in 1989.

In January 2000, Mary received her Ten-Year Long Service Medal from Red Cross and, in May 2012, she received her Red Cross Twenty-year Bar, followed by her Thirty-year Bar in March 2019.

Mary Ayliffe held the executive positions of President and Patron for our Cobargo branch.

Mary was very special – she gladly supported all activities and fundraising events, always loving and caring and, when Mary was driving the school bus, she often collected cakes and slices for branch functions along the way.

Julie Bracher

Cobargo CWA News

At last, we will be able to have the fence repaired at the cottage! The fence was lost during the flood earlier this year. We intend to put in a larger gateway to facilitate access to the Valiant Café and our air conditioning unit is being replaced. We are ensuring that it will be safe in the future from floods.

It is great to see that the Valiant Coffee caravan is proving a success in the grounds of the cottage as it is a beautiful venue and so convenient to the playground.

Our new member, Annie, has transformed the concrete area next to the cottage into a colourful garden. Welcome to our branch, Annie!

We are being true to the traditional role of the CWA, as we bake and make items for the Far South Coast Cookery and Handicraft competition to be held at Bermagui Country Club on 12 March. Come along in the afternoon to view the amazing work of members from Batemans Bay to Eden – you can even buy the cakes.

We will, of course have our Bake Stall on Saturday 2 March at the Cobargo Market – a welcome return!

We welcome new members! We are a friendly group that enjoys a variety of activities – not just cooking and handicraft, but also lobbying the State and Federal Governments to improve the lives of people in rural and remote communities.

If you would like to know more about us, don't hesitate to ring or talk to a member at the Bake Stall. You can be assured of a warm welcome!

Mary Williams
Publicity Officer, Cobargo CWA

COBARGO DRINKING WATER

Call Mark 0408 167 172

- Drinking water Stock water New tanks Pools Food quality accredited
- Poly tank owned since brand new no grey water ever carried guaranteed



Cobargoans valiantly caffeinated

As a loyal customer, I'm convinced that Valiant coffee tastes even better when sipped in the backyard of the CWA cottage. I enjoy meeting people down there, especially while live music is gently playing in the background. While enjoying a quiet cuppa in the shade one Saturday morning, I asked James Bristow about what drew him to this particular location for his van?

'The first thing I saw was how this spot would benefit mums and kids. In this backyard a toddler can play in grass and soft sand. A customer can clearly see a younger child going over the bridge and into the park to play on the play equipment. You can sit here with your friend and have some adult time while still being able to have eye contact with your children. Rather than being on gravel or somewhere they have to keep a tight eye on and manage their child, mums and dads can just relax.'

James enjoyed four years on the highway but isn't really missing the noise and haste of trucks and people racing in and out for take-away coffee. 'Here it's slow down coffee! And coffee in a mug. Now it's a matter of being seen, but locals know I'm here. In Cobargo, I want to honour locals. Cobargo is more of a local town than a tourist town. I've looked after locals for four

years, and they have been my bread and butter. The tourists are the icing on the cake, but it's mostly a place for locals to hang out. I have my head down making coffee, but my customers are really appreciating the shady garden environment, with many seeing this part of town in a new way, especially the river and the sculpture walk they might have missed until now.'

When James first scoped out the site, he noticed there was power and water at the back of the CWA. 'I arranged to come along to the CWA monthly meeting to have my inquiry minuted. I was expecting them to be reluctant, but I still went in and gave them my spiel, and they just said Yes! They're the big partner here because they are so positive, they are surprising and quite progressive. They enable things to happen.'

When James ran a café for the community radio station in Alice Springs, it had rocking horses for kids to play on. He still has some and they might get spruced up for Cobargo. Valiant Coffee is open seven days a week during summer between 8 am and 1.30 pm-ish.

Flick Ruby



James with son Hector and his pup, Bowie







Tilba Bites Stuart Absalom

School is back and those long-awaited summer holidays are just a memory now. February always sees lots of recreational vehicles – caravans, campers and vans – on our roads as those without school-aged children go exploring. This year has been no exception notwithstanding the erratic weather – no beach days certainly makes a difference to local retail businesses. 2024 promises to be one where we face various challenges in terms of a low emissions future locally, statewide and nationally. It is already obvious that our weather patterns have changed and, although we have dodged a bullet with good summer rains, there will undoubtedly be some unwelcome events. Challenges often bring opportunities. There is a lot of attention at the moment on energy security and there are exciting projects locally. Transport too is set for a big shake up with the introduction of Fuel Efficiency Standards that will have an impact on the cost of running a vehicle with greater uptake of lower emission vehicles including electric vehicles. In the community, new ventures are happening, and skills are being recognised and rewarded.

Good to have the Central Tilba Year 5 and 6 school kids back, writing monthly about their school adventures.

Pam's Store revival

Seeking out a rental property is not usually the way one starts a new business. For Sarah Fisse, when she came across the old Pam's General Store at Tilba Tilba for rent late one night, it was the beginning of a new journey with an opportunity to revive a local landmark, provide a home for herself and her three children, make

a living, use her skills and live in an area that she loves.

Tilba Tilba, as the smaller of the Tilba villages, has seen a lot of changes over the past ten years. It is a considerably quieter place without the general store, the various businesses that used to be part of Foxglove Spires Gardens and Green Gables Bed and Breakfast. The Tilba Nursery still operates from behind Pam's Store and Foxglove Gardens offers accommodation as does Mountain View Farm. More recently, Pam's Store operated as La Galette, serving French crepes and other French styled café food – but La Galette closed in 2023.

Now Sarah is about to open Pam's Store, along the lines of a good oldfashioned General Store. Initially, it will offer basic supplies and simple café style food including good coffee. In good news for locals, it will continue its role as a Community Postal Agency where locals can receive and send mail -Sarah is in the process of completing the required Australia Post training. Along with this ongoing service, she will have a range of basic office supplies as well as offering printing, scanning and copying. In addition, the Liquor Licence remains a part of Pam's Store and Sarah plans to operate as a bottleshop – only featuring local breweries, wineries and distilleries. While there is a lot to occupy her in starting almost from scratch with a planned opening in early March, she has lots of ideas for the general store - particularly for locals, walkers, tourists and pet owners.

Sarah appreciates the history of Pam's Store, which she believes tells its own story. In its heyday when Pam Hayden ran

it with her mother, it was an important and busy truck stop on the Princes Highway that became Corkhill Drive in 1989 when the bypass opened. In the 90s and early 2000s its verandah was a favourite drinking spot for many locals as well as being a popular general store. Those days are long gone — however Sarah would like to open the space to local people and groups as a meeting place. Great to see this Tilba Tilba landmark open again and best wishes to Sarah.

Sarah welcomes contact from anyone with local produce and can be contacted via pamstoretilba@gmail.com.



Sarah Fisse at Pam's Store

Australia Heritage Festival Join the celebration at Central Tilba 18 – 21 April, 2024

Four unique walks hosted by Tilba Walks Heritage Talks Walking Tours More information in the April edition of *The Triangle*



Local potter features in Parliament House Shop

Jo Weire of Corkhill Corner Ceramics heard through a friend that applications were being accepted for the National Showcase at the Parliament House Shop. New South Wales is being featured in March and only ten entrants are selected from a record number of entries. Jo describes the application as very thorough, with lots of information required to prove that your entry is your own design and that you have made it. Then, on 5 January, she got the call – her entry had been accepted for the March NSW National Showcase, with the following message:

Hello Jo,

Thank you for your application to the National Showcase. The panel has reviewed your application and would love to include your Tilba Silhouette mug in the March 2024 display.

The next step is you will receive a letter from the Presiding Officers (Speaker of the House and President of the Senate) welcoming you to the Showcase – this will arrive in February, 2024.

Jo says that when she was calling family and friends to share the good news, '... the herd of Jersey cows that inspired the mug showed up to hang with me too!'

Jo recounts that when she arrived at Parliament House accompanied by her family and the boxed mug, security went into alarm mode – much to everyone's amazement and amusement.

This is a great achievement for Jo and her young business, as well as great encouragement for her talent and skill. Jo will be running workshops from time to time and she is happy for people to contact her to arrange a group workshop. Best contact is via Instagram.

Well done and congratulations, Jo!



Tilba Silhouette mug by Jo Weire

Cobargo Show winner

Those who frequent the SCPA stall at the Saturday Tilba Market will know Sam Trethewey, the friendly and helpful person serving behind the table. They will also know that Sam and her husband Dave are enthusiastic and talented makers of the preserves that are sold on the SCPA stall. Sam is a recent supporter and maker of preserves – as escapees from Canberra, where Sam worked in real estate and Dave in the Public Service, they arrived in 2018 to caretake Jindamer, a coastal property just south of Narooma. With the abundant produce from a large vegetable garden and not wanting to waste the excess, preserves were the natural answer.

With lots of good feedback from friends and market customers, Sam decided to enter several of her preserves in the Cobargo Show. She could have entered in the Novice Section, not having ever exhibited before, but decided on the Open Section, competing against many previous winners. To her great surprise and pleasure she achieved a hat trick with three first prizes! Even more, there was one Highly Commended and one second prize as well! Prizes as follows:

First Prize – Bread and Butter Pickles, Pickled Onions and Seville Orange Marmalade.

Highly Commended – Tomato Relish.

Second Prize - Strawberry Jam.

Congratulations Sam and well done. And if you would like your own jar of these award-winning preserves they are available from the SCPA stall at the Tilba Market every Saturday morning.



Sam Trethewey with some of her winning preserves

Everything Electric



MG at Everything Electric

Sydney was abuzz on the 6, 7 and 8 February as The Dome at Sydney Olympic Park hosted Everything Electric, formerly known as Fully Charged. Last year this worldwide show was a first for Australia – this year, with a bigger venue and lots more electric vehicles (EVs) on show and available to test drive, it attracted large crowds each day. EVs ranged from sports vehicles to commercial vehicles and three carmakers chose the show to launch vehicles new to Australia. There were even electric conversions of classic cars and a solar-powered experimental vehicle.

Exhibits included an array of home charging systems, public charging companies as well as efficient home appliances and solar systems.

A major part of the show was to get people behind the wheel of an EV. Available for test drive was a wide range of vehicles from some of the cheapest to some of the most expensive. And the test drives were well done too – 30 minutes generally with an instructor. I was only able to go for the last day – I did get to do a couple of test drives, talk to a few exhibitors and listen to a couple of the talks. The test drives confirmed that our BYD Atto 3 was the right choice!

Two theatres ran throughout the three days with panel discussions and experts from across the energy sector. Topics ranged from owning and charging an EV to electrifying your home to the future we can expect with energy transition.

Sydney is a long way to travel for these types of events. However, we are very lucky to have two local organisations who are giving locals the opportunity to explore EVs. SHASA holds an annual EV Day and has now formed Eurobodalla Electric Vehicle Club that will have its inaugural meeting at the Eurobodalla Regional Botanic Gardens on Saturday, 23 March at 10 am – for more information contact Kathryn Maxwell on 0467 558 645 or email contact.shasa@gmail.com.

Renewable Cobargo hosts EV events.

History and culture on display

On Saturday 27 January, the History and Culture group hosted an open event in the Small Hall at Central Tilba. The group had its origins in the Chamber of Commerce's Strategic Plan, and responded to community requests for more information about the district's history and culture that would appeal to locals and visitors alike. Originally developed for the 2023 Tilba Festival, the display comprises six original banners covering the themes of Geology, Dairying, Goldmining, the Bermagui Mystery, Sporting and Social Life, and New Life and Community. They stand alongside the Eurobodalla Shire Council's timeline of the Dhurga-speaking people. The event also included a 35-minute video featuring thirteen local residents reflecting on their connections to the district. The video picks up on the themes of dairying, sporting and social life and the more recent features of community life in the Tilba District.

The event was well attended with approximately 75 people coming to view what was on offer. They were a mix of locals and tourists, and many had questions.

For those who missed out, the six banners developed by the History and Culture group will be on display at Narooma Library during Heritage month (starting 23 March) and the video footage will be shown on 10 April. Check the Library's website for details of how to register for this free event.

Thanks to the Chamber of Commerce for their continued support of this initiative.

Bronwen Harvey



History and Culture Exhibition, Central Tilba Small Hall



The Tilba Halls Project Steering committee is very excited that work is about to begin. The septic tanks are on site and the construction fencing is up – watch this space for more news next month.



The septic tanks behind the Halls

Tilba District Chamber of Commerce commences for 2024

The Tilba District Chamber of Commerce would like to advise that the first chamber meeting for 2024 will be at 5.00 pm on Monday 11 March 2024 in the Central Tilba Small Hall.

Members can also attend online via Teams.

Members of the Chamber have been working on two major projects –

- the marketing and website development project plus
- the project to erect new signs on the highway to identify Central Tilba and Tilba Tilba.

More information will be available on both these projects at the meeting and in the April Triangle.

For more information, please feel free to call Christine Montague on 0457 074 980

Well Thumbed Books

Quality second-hand books.

Fiction, non-fiction,
children's books plus more.

Find us at
51 Princes Highway, Cobargo
Mon-Fri: 10am to 4pm,
Saturday: 9am to 1pm



SERVICE DIRECTORY

Accountant

INDIVIDUAL TAX SERVICES

Fredrick Tambyrajah BSc MA MACC MIPA

44 Princes Hwy Cobargo NSW 2550 Phone: 6493 6006

Email: fred@itaxservices.com.au

Building Services

Building / Carpentry / Joinery

New homes/extensions/alterations/decks/roofing kitchens/stairs/sheds or owner builder assist

> Phone Jake Smith 0409 991 929 Lic. No. 205250c

Electrician

Smedley Electrical Services

All electrical work guaranteed. Level 2 Authorisation - underground/overhead mains connections & solar installations

Lic. no. 95937C. Phone Jeff 0414 425 571

Accountant

Barrett Tax

Chartered Accountants & Registered Tax Agents. Specialists in personal and small business tax returns.

Ph: 1300 651 708 www.barretttax.com.au

Carpenter

CARPENTER

for all your building needs Phone: Luke Hoskins 0438 585 324 email: hoskins2000@gmail.com

LIC NO: 203038c

Excavations

Bermagui Mini Digger Hire

1.8 ton excavator 1 m wide plus Tipper Trailer Trenching – absorption trenches - tanks hydrolic rock hammer - pier & post holes level pads - clearing and most general excavations Phone 'Cappo' (Jason Drew) on 0414 522 031

Accounting Services

Pandanus Accounting

A Chartered Accounting firm High quality taxation and accounting services 19A O'Connells Point Road, Beauty Point

Mon - Fri 10am - 5pm Phone: **0488 910 456** Email: info@pandanusaccounting.com.au

Carpentry

SAPPHIRE COAST **CARPENTRY CREATIONS**

Contact Tony: 0434 835 036 tony@carpentry-creations.com.au

LIC NO: 338404C

Excavations

MOSS CONTRACTING

4WD Tipper + 3.5t Excavator with hydraulic grab & auger. Fire season prep, clearing, site prep, trenching, detailed work, drainage, materials delivered. All aspects of general earthworks. Phone Sam Leone on 0416 237 753

Acupuncture

Bermi Acupuncture & Massage

Acupuncture, Cupping, Tui Na, Mental Health Care Theraputic & Remedial Massage

Dr David Arthur: 0401 901 787 or 6493 5512 bermiacupunctureandmassage.com

Cleaning & Garden Services **CLEANING - WINDOWS** GARDENING - RIDE ON MOWER

And now personalised Home Help for seniors. Local, insured and trusted in our community for 12yrs+

Adam & Marg West 0419 302 181

Financial Services

WiZDOM Loans

Call me before you call your bank We can help with loans for home, investments, business, personal and car.

0403 430 314 stefani.pebriana@wizdom.com.au

Alpacas

Kingdale Alpacas

Breeding stock, fleece

Graham & Jenny Froud Dignams Creek Phone: 6493 6409

Cleaning Service

Sapphire Cleaning Co Experienced, Trusted & Quality domestic cleaning service

Phone Kaylah: 0490 541 905 www.sapphirecleaningco.com.au

Glazier

Bermagui Glass

All glass requirements – Broken window & door reglazing or replacement, double glazing, fly & security screens, shower screens & mirrors, splashbacks, fire doors, pet doors, custom work.

0447 224 776 moonbahconstruct@bigpond.com

Arborist

NIC, TREE FELLA

Tree care and removals

pruning, removals, hedge trimming firewood deliveries, milling services

Phone: 0466 538 689 nic.treefella@outlook.com

Counselling

Relationships, children, stress, anxiety, depression, grief & loss, retirement issues

Phone Ed Hills on 0411 346 563 www.lakesidecounselling.com.au

Graphic Design

Redeye Designs

Affordable high quality logos, business cards, brochures and layout.

> Phone: 0408 625 963 dworgan@exemail.com.au

Batteries

INDEPENDENT BATTERY SUPPLIES

Holler for a Marshall 1 300 HOLLER

Sourcing quality brands at affordable prices. Cranking, deep cycle, off grid and more. Contact us for a quote - ibsbega@gmail.com Phone: 0436 460 460 www.ibsbega.com.au

Courier Services

Red Rocket Express Courier Service

To/from Bermagui and Cobargo south to Eden Fast - Reliable - Cheap

Phone Parts4 Bega: 6492 5212 Email: bega_angledale@yahoo.com.au

Hair and Beauty

Miracles by the Sea

Hair & Beauty Studio Barbering & massage, safe, natural products 20 Lamont St, Bermagui.

Phone: 6493 4646

Bricklaying

CM Knowles Bricklaying

15 years experience covering all aspects of brick and block work.

Phone Chris: 0478 529 028 Lic No: 342038C Cmknowles81@gmail.com

Drafting Services

Drake Designs

Plans & documents - Houses, Additions & Alterations, Commercial Buildings 40 years experience - Phone: **0407 939 181** Email: geoffreydrakedesigns@gmail.com Website: www.drakedesigns.com.au

Handyman

Any job - Any size - Consider it done

Complete repairs for your home Rendering, building, waterproofing, landscaping

0450 476 615 mike.corkin67@gmail.com

Building Design

Lauricella Design and Drafting

New homes, Alterations and Additions Basix. Council Submissions etc Phone: 0423 907 119

www.lauricelladesign.com.au

Major Projects to minor repairs Quality workmanship guaranteed

Electrical Services Anthony Kelly Electrical

For all your electrical needs. Reliable prompt

service. No job too small. Fully insured. Guaranteed work. Lic No. 33922C Also licensed for Data and Phone Cabling. Phone: 0452 010 519

Hearing Clinic

HEAR WELL - LIVE WELL

Qualified audiologist for all ages Testing, wax removal, tinitis care Hearing aid fitting, maintenance & support

Annemarie Narraway: 0411 839 414

Building Services

Drakos Brothers Constructions

Lic No: 39234 Phone: 4473 7301 Jimmy

Electrical Services

BRINDABELLA ELECTRICAL SERVICES

Family owned business of 28 years. All electrical work including old and new wiring, fault finding, electrical appliance repairs. Fully insured and licensed.

Darren 0412 208 872 brindaes@bigpond.com

Landscaping

Native Instinct

Native garden specialist, design, maintenance, retaining walls, ponds, watering systems, plants & paving.

Phone Jo & Ken Jacobs on 6494 0191

advertise@thetriangle.org.au						
Legal Services MILLAR CREW LEGAL & CONSULTING What you need, when you need Conveyancing / Wills & Estate Planning General Advice & Litigation Probate & Deceased Estates / Dispute Resolution Phone: 6493 3989 mail@millarcrew.com.au	Printing EXCELL PRINTING Brochures, business cards, flyers, stationery booklets, signage, banners "We make printing easy" sales@excellprint.com.au 6495 4922 www.excellprint.com.au	Tree Surgeon/Arborist SOS Tree Management Fully Insured Stump grinding - bobcat hire Stephen O'Sullivan Phone: 6493 6437 Mob: 0418 465 123				
Massage Neil Fox Remedial Massage Relieve tension, pain & dysfunctions stress, anxiety, depression. Sports, Remedial, Deep Tissue, Relaxation. Ph: 0405 215 055 neiljfox1@gmail.com	Psychotherapy MARTIN BILLINGHAM Over 15 years experience Available Mondays in Bermagui and by appointment Phone: 0431 371 546 eclipse@outlook.com.au	Veterinarian Cobargo Veterinary Hospital Providing a 24 hr service for our clients 56 Princes Highway, Cobargo Phone: 6493 6442 A/hours: 6492 1837				
Medical Services BRAVEHEART HEALTHCARE Caring for our community Bermagui Medical Centre - Ph 02 6493 4903 Lighthouse Surgery Narooma - Ph 02 4476 2999 www.bermaguimedicalcentre.com www.lighthousesurgery.com	Roofing/Carpentry No job too small Metal, slate and tile repairs Roofs and gutters. Lic. No: 139428C 10% discount for pensioners Phone: Norman 0412 200 556 or 6494 0060	Waste Services POO CARTERS We're # I for your #2s! Septic and holding tank pump-outs. Portable toilet, luxury toilet and ensuite unit hire. Phone: 0416 124 196 poocarters@gmail.com www.poocarters.com.au				
Painter & Decorator SEFFALAAR BROS PAINTING No job is too big or too small, that's how we roll! Contact Marlin for a free quote 0432 414 489 seffalaarbros@gmail.com	Sawmill Bermagui Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. Charlie McVeity 6493 4134 or 0428 489 501	Waste Services SAPPHIRE WASTE Bega Valley And Eurobodalla coverage. Effluent & septic tanks. Prompt reliable service. Phone: 0438 924 408 sapphirewaste@gmail.com www.sapphirewaste.com.au				
Painting Bermagui Painting Services High quality using Premium Dulux Products Domestic and Commercial Patrick 0401 080 559 Lic No 217711C bermaguipaintingservices@gmail.com	Self Storage New complex at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site long or short term. Phone Mel on 0488 143 324	Water Drinking Water Household Deliveries Drinking water, stock water, new tanks, pools Food quality accredited, quality guaranteed Available in the Triangle area Contact Mark 0408 167 172				
Painting John Gosch Painting Professional quality work interior/exterior, roof spraying renovation/restoration specialist. Phone: 0407 258 996 Lic No 120093C	Solar Power Consultants & Installers SOLARHUB Solar PV and household battery storage EV car charging Showrooms in Bega and Batemans Bay Ph: 6489 9811 e: sales@solarhub.net.au www. solarhub.net.au	Water Drinking Water Trucked to Your Door Brand new food quality stamped poly tank Ring Allen 0439 164 176 or Micaela 0412 756 291				
Pest Control DK Pest Control Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents Termite Specialist/Inspections Seniors Card Discount Phone David Ing 4473 7201 or 0407 337 937	Tai Chi Cobargo School of Arts Hall Thursday evening during school term 6:00 pm - 7:30 pm Phone Rod 0417 409 788	Welding & Metalwork Stephen Laszuk Hot Metal Chainsaw, mower and pump service and repair, welding and all forms of metalwork 11572 Princes Hwy, Verona Phone: 0438 850 573				
Physiotherapy PAIN? INJURED? Get the right treatment Gentle hands-on relief for pain and injury. Neck and back pain, headaches, shoulder injury, hip and knee injury and arthritis. 40 years experience. Call Leonard Bolst: 6404 3222	Theatre / Community School Of Arts Players Inc (SOAPI) Theatre group - Cobargo Based Productions - Improv and workshops. All welcome - 8 to 108. P: (0)410 525 968 E: soapi@dotindot.com	Window Cleaning One Tree Windows Professional window cleaning service now available in Bermagui and surrounding areas Obligation free quotes Call 0431 368 126 onetreewindows@gmail.com				
Plasterer / Gyprocker JNPLASTERING SOLUTIONS Licensed, reliable and insured service with 25+ years experience. New builds, renovations, historic restoration and repairs. Call Jamie 0488 023 846 JNPS@outlook.com.au Lic# 134593C	TV Antenna Services Montague TV & Communications TV Antennas & Satellite TV systems Internet Solutions & WIFI extenders Communications Cabling Solutions Phone Peter Fogwell: 0402 276 699 montaguetv3@gmail.com	Yoga Yoga with Gwynne at The Barn, Tilba Tilba Enjoy more flexibility in body and mind seasonal yoga classes - breath and meditation stress relief - yoga therapy by appointment m: 0414 579 446 www.gwynnejonesyoga.com				
Plumbing Services NJC PLUMBING SOLUTIONS New Homes / Renovations / Maintenance Servicing the Bega Valley Shire Ned 0459 481 229 njcplumbing1@gmail.com Lic No 285353C ABN: 34 633 218 676	Tree Removal DIVERSE TREE SERVICES Tree Removal, Tree Trimming, Land Clearing Fully Qualified & Insured Riley: 0432 663 517	Yoga Bikram Yoga Sapphire Coast Classes 6 days a week Suitable for any age from beginner to advanced Regular yoga retreats Ring Amrei on 0416 092 225 www.bikramyogasapphirecoast.com.au				

Ads \$28. To book an ad, please call 6493 8369 or 0407 047 404 or email

Central Tilba School - Swimming Carnival 2024

The school year started well with all students settling in quickly. They didn't have much time to sit around because on the second day of school we held our annual swimming carnival with Bodalla Public School. On Friday 3 February at 9.15 am we all arrived at Narooma Pool with our goggles, swimmers and towels ready for the day's events. We started off with a practice swim to get warmed up for the races. The first event of the day was the 100 m open boy's freestyle race. All the competitors got a place with Ethan coming first, Ryder second and Oskar and Riley equal third. Lilah was the only Tilba competitor who was able to finish the 100 m open girl's freestyle race. Well done, Lilah!

The 50 m freestyle races for each age category were held next. Then it was the breaststroke, backstroke and butterfly races. Everyone who participated swam their hardest and the spectators did a great job of cheering them on. We also held 25 m races for the students who are not able to swim a full length of the pool YET. The medley event was the last event of the day and involved swimming 4 x 50 m laps in butterfly, breaststroke, backstroke and freestyle. The only competitor to qualify for the medley by finishing in under five minutes was Ethan. Go, Ethan! Lastly, we got to form our own relay teams and race against each other. This was a fun way to end the day.

All the competitors who came first and second in their races went on to the District Carnival hosted by Narooma Public School on Tuesday 20 February. Tilba's fastest swimmers of the day Ethan, Ryder, Oskar and Riley formed our Small School's Relay team. Unfortunately, Oskar broke his arm the weekend after the carnival and Billie our reserve had to take his position on the team. Ethan and Ryder were too unwell to compete at District, so Dylan and Marcus stepped in just for the day to help our Small School's Relay Team qualify for Regionals. It really was a team effort. Marcus (me!) came third at District for the 50 m butterfly race. Congratulations to all the competitors for your amazing determination and spirit.

Marcus Toovey and Riley Boulton



The determined swimming team

Ready to go car shopping?

Get a great car loan deal pre-approved and go looking for your new ride!





HorizonBank.com.au 2 Wallaga Street, Bermagui © 6497 8810 **Horizon** Bank

l credit criteria applies. Terms and Conditions, fees & charges apply- available on application. Horizon Credit Union Ltd ABN 66 087 650 173 AFSL and Australian Credit Licence 240573 trading as Horizon Bank.

Tilba CWA calls for public transport solution

CWA member Helene Sharpe recently spearheaded a petition bringing attention to the lack of public transport on the Far South Coast generally and especially around the Tilba region. Tilba CWA Branch members turned up for a productive meeting on 12 February with the Hon Jenny Aitchison, Minister for Regional Transport and Roads.

Helene gave a well-researched presentation, outlining transport issues and proposed solutions to the Minister. The presentation covered the wellbeing

of aged community members, the difficulty connecting to hospitals and medical services, as well as with flights from Moruya and Merimbula, and the dependence on car ownership.

It was a heart-warming and important meeting - showing the way CWA brings women together to support community issues by advocating directly to Government. It was good to hear that the Minister fully supports the need for integrated transport services in rural regions.

Helene did a wonderful job holding the stage and leading the conversation. A map she had created showed all the available private services, but also showed a 'rain shadow' effect where there were minimal or no services - certainly not enough to make it easy to visit hospital or attend medical appointments, travel to or from airports or engage in shift work. Helene outlined a scheme that starts with the return of bus services from Batemans Bay to Eden.

Helene highlighted to the Minister how important a review of Far South Coast public transport services is as it impacts 75,000 people. Minister Aitchison responded that her goal is a truly integrated transport system and encouraged Helene and Tilba CWA to continue their dialogue with her.

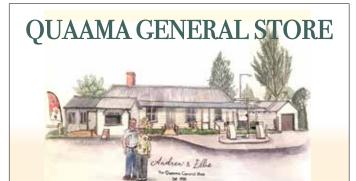
Save the date – Monday morning 29 April, Tilba CWA is hosting an historic 'Women Walk the World' fundraising event coordinated by our Cultural Officer Zoe Bourke. It's a scenic walk from Sweetwater, Central Tilba, to Henkley

Publicity Officer, Tilba CWA

Farm for a delicious traditional CWA morning tea. More details to follow! Virginia York



Regional transport meeting with Helene Sharpe, the Hon Jenny Aitchison Minister for Regional Transport and Roads, Nola Ezzy and Annette Kennewell. Helene, Nola and Annette are all Tilba CWA members.



Your one stop shop for Australia Post services, groceries, petrol, hardware, lollies, takeaway meals, local produce and plants.



Marine Rescue encourages all boaters heading offshore to have the correct safety equipment lifejackets, flares and an EPIRB.

- Is your vessel well maintained?
- Is your marine radio working?
- Do you have enough fuel plus extra?
- Remember to Log On with MR either via the free MR app or on VHF channel 16

Volunteers saving lives on the water



Dr David Arthur 12 Sinclair St, Bermagui 0401 901 787 or 02 6493 5512 www.bermiacupunctureandmassage.com



- conveyancing
- leasing
- deceased estates
- powers of attorney
- wills & enduring guardianships

4/2 Wallaga Street, Bermagui NSW 2546 (PO Box 118) (02) 6493 3989 mail@millarcrew.com.au



It is time for me to pass the metaphorical pen over to a new Bermagui correspondent so that I can focus on a project or two I have up my sleeve, and a little more 'wandering'... yes, I am one of those elderly ladies with a van!

This is everyone's paper and it would be wonderful to hear more of your thoughts on topics affecting our region and town, through articles, letters, 'thumbs up' or 'thumbs down'. There is never a

The final word ...

shortage of controversial topics such as development proposals and bridges. But it's also a paper for human interest stories, people who live or have lived here, places and events that make this place special.

Having lived here almost fifty years, I have watched the town grow and I have grown with it. There are certainly aspects that I don't like to see changed, but I bite my tongue because one thing I have learnt is that change is inevitable. I just

fervently hope that development of any kind isn't based on greed but takes into account the needs of the people who live here, the charm of the place that we don't want to lose and the rich history of both the indigenous and white populations.

Thank you to the marvellous *Triangle* team for giving me the opportunity to be part of this terrific publication and, it won't be the last you will hear from me.

News from Bermagui Historical Society

Recently the Bermagui Historical Society held its AGM after struggling to get a quorum. Unfortunately, the BHS suffers from a lack of active volunteers and really needs your help. It is a wonderful resource for the town and needs your support. If you have any suggestions, please contact them.

- 2024 calendars are now selling for \$15 instead of \$20.
- There will be a trial for the next three months – no admission charge to visit the Museum but donations appreciated instead (there have been a few negative comments by visitors at the museum door not wanting to pay

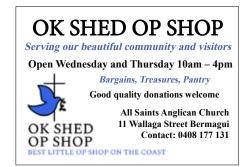
\$5. So we'll see if not charging makes a difference.

- We desperately need volunteers to open the Museum on any day of their choice. You don't have to know much local history, just learn along the way. All you need is a current Working with Children check.
- As a not-for-profit organisation we are also registered for Centrelink workplace volunteering. Centrelink clients can choose to volunteer at a particular not-for-profit organisation, as part of their activity requirement.

Wendy Douch
The Bermagui Museum is open

Tuesday 10 am–2 pm (or by arrangement) at the Bermagui Community Centre Bunga Street, Bermagui.

The Bermagui Historical Society has a website – look it up on your browser – and you can also visit their Facebook page.





As a concerned resident of Bermagui, I am deeply troubled by the proposed Balinese-style, gated, luxury, over-50s, resort-style village on the edge of Bermagui township.

Bermagui has seen an increase in population over the years, but our housing infrastructure has not kept pace with this growth. The result? A severe shortage of suitable accommodation for families who call this beautiful coastal town home.

The proposed development will only exacerbate the problem. If approved, it would be built on land that has been earmarked for years for forty house sites – not for the proposed 162 holiday villas.

Our town's medical facilities are already stretched thin and, with an influx of older residents from this and other new developments, we fear that these facilities will be overwhelmed. Moreover, there are no hospitals within an hour's drive of Bermagui, and this could pose serious risks to the health and safety of our community members.

The sewerage system is operating at capacity and our water supply cannot cater

Bermagui beware

to increased demand.

Furthermore, traffic congestion on the small winding road in and out of this gated community will become a daily nuisance as it was never meant to accommodate high volumes of vehicles.

The property's proximity to the front line of future possible bush fires and the complexity of fighting fires in an area of relatively dense housing are also matters of genuine concern.

The Council has failed to communicate effectively with the community about this proposal, leaving many residents feeling unheard and ignored. This lack of transparency is unacceptable in a democratic society where citizens have a right to be informed about changes that will affect their lives.

Bermagui has always been known for its natural beauty and small-town charm – qualities that will be at risk due to the proposed large-scale developments. We need development that respects the character of our town and considers the capacity of our infrastructure.

We call on the local Council to halt

resort-style developments until there can be open dialogue with residents about sustainable growth strategies for Bermagui. It's time for us, as a community, to stand up to big business development practices.

Stay tuned next month for full story.

Wilton Orr





Minister redirects Mayor on Cuttagee Bridge

The NSW Minister for Regional Transport and Roads, Jenny Aitchison, the Member for Bega, Dr Michael Holland, and representatives from Transport for NSW met with the Mayor, Russell Fitzpatrick, and Council's CEO, Anthony McMahon, on 15 February to negotiate a way forward on their \$15 million funding deed to restore Cuttagee Bridge in a manner sympathetic to its heritage design principles.

The Minister's visit to Council was necessary because two weeks earlier the Mayor had put forward his own new motion at a Council meeting to only develop designs for a two-lane concrete bridge with a pathway. This motion was supported by Councillors by 5 votes to 3. Councillors O'Neil, Griff and Wright voted against, with Councillor Robin absent.

Way forward

Council has now agreed to consult with the community on three design choices, including a two-lane concrete structure, a two-lane concrete and timber hybrid option and a single lane hybrid design.

The two hybrid options would feature timber components sympathetic to its heritage status. The next step is to refine the designs of all three options and consult with the community on the options.

Following the public consultation period, the final design solution will be determined by Councillors.

Council also notes that the \$15 million funding will not be enough to build a new bridge, but they can use the funding to leverage further grants.

Save Cuttagee Bridge Group

The Save Cuttagee Bridge Group welcomed the change of direction by the Mayor.

Spokesman Ken Robinson said, 'This is much better. We are quite positive about the selection of timber options to be assessed. We hope Council will investigate the role of timber and we will do our best to point them in the right direction of the beneficial analyses of timber options.'

Geoff Steel Bermagui Community Forum



Attendees at meeting with the Minister last Thursday (left to right): Councillor Helen O'Neil, Geoff Steel from Bermagui Community Forum, Di Haskell of Save Cuttagee Bridge, Jenny Aitchison, Minister for Regional Transport and Roads and Ken Robinson of Save Cuttagee Bridge



Four Assists in three days ... Five assists in four days!

It's the season when the fish are biting and every fisherman, and their friends, wants to get out on the water to snare a marlin or kingfish. With more people heading offshore looking for a big one, the number of assists Marine Rescue Bermagui has been carrying out has also increased.

In mid-February over just a four-day period, they attended five incidents. Each job is taken seriously and responded to as soon as possible. Five people are needed to safely crew the rescue boat and another two members are needed to staff the radio room to keep everyone in touch.

It all began while rescue vessel BG30 was doing a training exercise when a vessel off the Bermagui headland needed help due to engine trouble. It was quickly found and towed into the harbour, but that task was no sooner completed than a second call was received from a boat with steering problems. This event turned into a four-hour exercise as the disabled vessel was NE of Barrunguba (Montague Island). It is relatively quick to reach a vessel if the coordinates are known and the sea conditions are friendly, but it takes about three times longer to tow them back. The three people on board were happy and thankful to be home.

Crews had just over 24 hours rest when at dinner time on Sunday, a call was received from the Monaro Zone Duty Operations Manager, that Bermagui would be required to assist the Narooma unit with a tow they were currently undertaking. The Narooma bar is renowned for being treacherous and the weather conditions had deteriorated so much while NA30 was out, that it was not safe to carry out a tow through the entrance. BG30 had to rendezvous with the two vessels, take over the tow in the dark and bring the disabled vessel back to Bermagui. This was also a long, slow, bumpy trip home not finishing until 11.30pm. The people on board were relieved and very grateful for the assistance.

The following day, the Bermagui crew were summoned at midday to a boat with steering issues seven nautical miles NE of Bermagui. BG30 again headed to sea and towed the vessel safely back into the harbour, with the boaters very happy to get back home safely.

Just when they thought they could relax, the next day the crew was called out to assist three people ten miles E of Three Brothers with an overheating engine. Conditions were good and



Marine Rescue Bermagui B30 crew, still smiling after the fifth assist this week.

the tow back to harbour went smoothly. They have certainly been getting a lot of practice recently.

Over these four days, MR Bermagui volunteers rescued five boats containing fourteen people, travelled 106 nautical miles in open waters, used a lot of diesel and gained up to fifteen hours each of on-water training.

Marine Rescue is a volunteer based, not-for-profit, professionally trained organisation dedicated to keeping boaters safe on the water and supporting local communities. It is great to be involved with such an organisation which directly helps the community. To make their job easier remember to always log on when proceeding to sea. MR Bermagui is interested in new members to train as crew or radio operators and is happy to accept donations to keep the rescue vessels and crew ready for action. Contact the Unit Commander on 0417 248 724 to get details or go to bermagui.marinerescuensw.com.au/support-us/ to make a tax-deductible donation.

Deb Worgan Marine Rescue Bermagui volunteer





Grand re-opening of Bermagui Library and Creative Space

The community is warmly invited to celebrate the Grand Re-Opening of Bermagui Library and Creative Space on Saturday 16 March 2024, from 10.00am – 2.00 pm.

Bermagui Library underwent a major refurbishment during 2023 and has now been transformed into a fresh, light-filled space, also now boasting a Creative Space for community use.

Celebrations commence with a formal re-opening ceremony at 10.30 am by Mayor Russell Fitzpatrick. The re-opening celebration will feature a range of activities with something for everyone including STEM demonstrations, face painting, clay modelling, 3D printing, lantern making and more. Light refreshments will be available, provided by the Lions Club. As always, books will be on offer – with the opportunity to select new books to be added to the collection thanks to Sound Text Media.

The new Creative Space will be open for the community to explore and imagine the possibilities for realising their creative ideas and dreams. The space is designed to be multipurpose, offering the potential for a multitude of creative projects, both physical and digital, as well as learning new creative approaches and perhaps sharing creative skills with the community. The Library team is actively seeking community input around the use of the Creative Space and the resources offered, and invites you to complete a survey that will be available on the day.

The OK Shed Op Shop in Bermagui is seeking volunteers who love supporting our community and would like to join a team of wonderful volunteers at the best little Op Shop on the NSW Far South Coast.

If you have a passion for customer service and enjoy working in a friendly team environment, then please consider applying. No experience necessary, but you must be over 18 years of age, enjoy social engagement and have a reasonable level of fitness as the role is moderately active.

Our trading days are Wednesdays and Thursdays from 10 am – 4 pm. Full or half day shifts are available and are flexible. For further information please contact the OK Shed Manager



ABCCheese Factory

Our own jersey milk, cheese, yogurt & cream.

Plus local ice cream, jams, preserves, coffee & milkshakes.

Milk, yogurt, cream & many more styles of cheese made on site.

37 Bate St, Central Tilba 02 44737387



www.tilbarealdairy.com

The refurbishment of the Bermagui Library and Creative Space was funded by a grant from NSW Government, via the State Library of NSW, in partnership with the Federal Government and Bega Valley Shire Council.

We look forward to welcoming you to the re-imagined Bermagui Library and Creative Space!

Yvette Parker,

Library Services Co-ordinator, Bega Valley Shire Library



Freshly refurbished Bermagui Library and Creative Space

MOSS CONTRACTING

EXCAVATION SOLUTIONS

4WD Tipper + 3.5t Excavator with hydraulic grab + auger

Fire season property preparation, fence line clearing, site preparation, trenching, post holes, clean-ups, detailed excavation, drainage works, materials delivered, all aspects of general earthworks

Friendly and professional solutions for local projects

Sam Leone 0416 23 77 53

Bermagui Preschoolers making their voices heard

Imagine a place where all the things you love - the beach, gelati, the place where you meet your friends, the place where you exercise and get fit, the place where you play and have fun - are all located in an area that is hard to access. By the time you get there you are feeling scared, anxious and exhausted. This is the reality for many children and families in Bermagui. With most families living on one side of Lamont Street and the playground, beach, skatepark, oval, Gelati shop, Fishing Co-op etc all on the other side, crossing the main road in town to access these community spaces is becoming increasingly difficult, risky and at times life threating.

For over two years, the children and

families at Bermagui Preschool have been talking to Council, local groups, businesses and politicians to raise awareness of their concerns and suggest a simple solution – a safe place to cross. The children drew pictures of their experiences crossing the road and our preschool teachers recorded their comments. Families also signed a petition and had their comments recorded and shared to show their support. Our educators recorded the frustrations and the near-miss experiences that many families have had while crossing Lamont Street as well.

Here are some of their worries:

 Koa said, 'There are always lots of cars when we want to go to the park. We have to wait and wait and wait and

- wait. It takes sooooo long!'
- Hana said, 'Mum, Dad and I tried to cross the road. In the middle of the road a car came. We didn't get squished but we were very scared and worried.'
- 'It's hard for dogs to cross the road too,' said Clancy.
- Bailey said, 'We cross the road with my family to get gelati. There are always lots of cars and we have to wait a long, long time.'

Recently the Bermagui Preschool children and parents, met with the NSW Minister for Regional Transport and Road, Jenny Aitchison, to raise their concerns. She observed the difficulties the children and teachers had crossing the road to access the Bermagui All Abilities Playground and then listened to the children and families as they shared their experiences and raised their concerns.

The Minister took time to listen seriously to our children and families.

At Bermagui Preschool we believe children should have a say in decisions that affect them and their future. Every child should have an active role in their community and place where they live. This means making sure every child knows they are welcome to speak up.

If you would like to share your thoughts and ideas regarding safe road crossings in Bermagui, please contact Bermagui Preschool at bermikids@hotmail.com.

Narelle Myers Early Childhood Teacher/Director Bermagui Preschool



A group of Bermagui preschoolers met the Minister for Regional Transport and Roads, Jenny Aitcheson at the All Abilities Playground













- Full 4x4 Servicing
- Tyres and Batteries
- Log Book Servicing
- E-Safety Rego Inspections
- Wheel Alignment and Balancing
- Tough Dog 4WD Suspension Dealer



MVRL: 59227 ABN: 17 651 037 731

Bermagui-Cobargo Football Club is go

Responding to a surge of interest in fostering social soccer within the region, the recently established Bermagui-Cobargo Football Club is thrilled to announce its partnership with PCYC Far South Coast. This collaboration aims to introduce the world's most beloved sport to the northern reaches of the Bega Valley Shire.

Starting in April, a weekly winter league will offer non-competitive games at Dickinson Oval, Bermagui, from 4.00 to 6.30 pm on Wednesdays.

- Learn-to-play Joeys activities will first be offered to five- to seven-year-olds
- Mixed six-a-side Juniors games will then be scheduled for seven- to fifteen-

Moodji News

Having kicked off to a great start to 2024, one-and-all are welcome to join us each Thursday for a day of growing, yarning and skills sharing.

Having recently initiated our 8x4 m greenhouse, the all-age Moodjiteer crew are now gardening on a whole new level.

This year we are set to propagate and distribute seasonal veggie seedlings for growers across the region while partnering with a range of community groups to expand climate-change-ready initiatives.

Moodji has also stepped up its composting capacity to such an extent that it's now generating fertiliser independently.

With Costa 'the human hedge' due for a return visit in May we are also looking for folk to assist in events preparation. So, in short, there's plenty for everyone to get hands-on (and dirty) in the patch.

Come to Moodji Thursdays

Join an enthusiastic gang of gardeners every Thursday to advance farm production, take on some challenging projects and to learn through a hands-on approach to community resilience and permaculture.

Tasks might involve planting, mulching, propagating, harvesting and tending to chooks ... while current capital projects may include constructing an outdoor kitchen and pizza oven; designing and planting out a syntropic food forest; terrace landscaping; creating a cultural fire circle; or building a community composting facility.

If new to Moodji perhaps call ahead to confirm on 0427 746 980.

Dan time: 9.30am - 2.30pm. Where: Behind Bermagui Preschool What to bring: A hat and a cup

Dan Bakker

year-olds

• Mixed six-a-side Seniors will then offer games for those aged over sixteen.

Come and try

To kick off the season, free Come and Try sessions are scheduled for Wednesday 3 and 10 April. Interested players can participate in basic skills and enjoy a social game.

Following on from these two free sessions, per-term fees will then require up-front payments (cost tbc) and participants are required to wear shin-pads and stud-less shoes for safety. Active-Kids vouchers will be applicable.

There will be lots of opportunities for adults and teens to coach and/or referee junior teams while volunteers are also encouraged to assist by joining the BCF Club working group. For more details contact club president, Dan Bakker via 0427 746 980 or bermaguicobargofc@gmail.com.

Pending the success of the winter league, a summer social competition will be launched in spring.

For more general information contact Jacqui at PCYC on 0482 161 306 or farsouthcoast@pcycnsw.org.au.

Jackie Filby

We're having a uke muster ... a what?



We all know that great iconic Aussie event – the Ute Muster! Well, we are having a UKE (aka ukulele) Muster in Bermagui.

The Bermagui Ukalips – the ukulele group that I'm sure you have seen busking around town, is the mover and shaker of this event and hopes to bring over one hundred ukulele enthusiasts together for a weekend of music, fun and laughter.

It may be a surprise to some that the humble little ukulele has such a huge following throughout Australia. No longer regarded as a 'toy', the ukulele is now a highly crafted instrument capable of a myriad of sounds from classics to rock and roll. The ukulele phenomenon has taken the world by storm with tens of thousands of people all over the globe taking up the ukulele. In Australia there are thousands of people in both cities and regional areas who regularly meet up to have a strum. Groups

range from the local groups of mums and dads, or grandmas and grandpas, right up to professional musicians.

Science has proved that music is good for mental health as those feel-good hormones are released in the brain when we sing and play music. The ukulele is an easy instrument to master. As a bonus, playing the ukulele keeps players active – well, who can stand still when you play rock and roll?

The Uke Muster will be held from Friday 26 April to Sunday 28 April at the Bermagui Country Club and outdoors at Montreal Goldfield. The program will include group or solo performances, open mic and strum along. There will be a Muster dinner with musical trivia quiz and a 'strum under the spotted gums' at Montreal Goldfield. We intend to raise the roof at the Country Club with over a hundred ukulele players strumming away!

If you are interested in finding out more call Lori Hammerton on 0459 027 308 or Carolyne Banados on 0402 064 802 or email bermiukemuster@gmail.com. Check out the Bermagui Ukalips Facebook page. If you would like to learn to play, the Ukalips offers a warm welcome. Practice is every Thursday afternoon from 4.00 pm – 6.00 pm at the Montreal Goldfield Heritage Centre. Individual tuition will be offered to beginners. Drop in and see what we do ... you never know – you may walk away with a ukulele in your hand!

Carolyne Banados

Come and celebrate Bach's birthday ...

at the free play-in at the Cobargo School of Arts Hall on Sunday 17 March 10 am – 12 pm (doors open at 9 am).

Every year for Bach's birthday a spontaneous, global community of musicians unites to sow the seeds for future generations of classical music lovers and share the joy of Bach's music. Check out the website – type 'Bach in the subways' into your chosen browser. It's worth it!

This year it will be Bach's 339th birthday.

We are inviting musicians (and listeners!) of all ages and abilities to join us in this celebration.

This will be an open and friendly environment where you can bring along some favourite Bach pieces that you play or sing, either by yourselves or with others. Or you can play along with us.

Friends, family and the community are invited to stop by and listen!

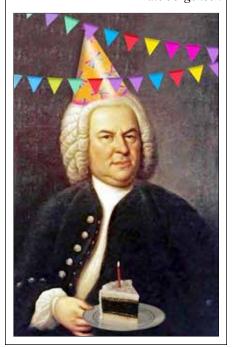
There will be tea and coffee and cake to sustain us and it will be a lot of uplifting fun.

If you would like to play along and want to see the music contact me on the number below. Bring your own music stands and instruments.

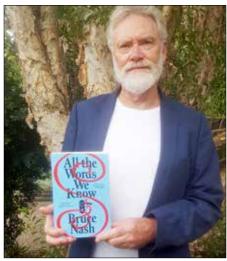
Join us as we fill the world with Bach!

For further information call Kate Jorgenson on 0428 135 052 or email katejorgenson1@gmail.com.

Kate Jorgenson



Bermagui author launches new novel at Four Winds



Join Bruce Nash at Four Winds to launch
All the words we know

Beauty Point novelist Bruce Nash will launch his new book, *All the words we know*, at Four Winds on Sunday 10 March at 3.00 pm in the Windsong Pavilion.

Bruce describes the novel as a psychological mystery set in an aged care home.

'The main character, Rose, is in her eighties and has dementia, but she's not done with life just yet. When her friend and fellow resident is found dead after an apparent fall from a window, Rose embarks on an eccentric and deeply personal investigation that uncovers all manner of secrets, including some from her own past.'

Described by *The Guardian* as 'a charming, warm-hearted whodunnit', *All the words we know* is published by Allen & Unwin in Australia and has already sold to a number of international markets.

'Pre-publication buzz about the book has been very gratifying,' Bruce says.

Chris Hammer (author of *Scrublands* and *The Seven*) has described it as '... darkly humorous, bewitchingly original, quietly poignant. A stunning accomplishment.'

Jacqueline Bublitz (*Before you knew my name*) calls it '... a rare, beautiful bird of a novel which offers readers an immersive experience both playful and profound.'

Bruce is thrilled that the book's national launch will be at Four Winds, where he will be in conversation with leading literary figure Sophie Cunningham. The event is supported by Candelo Books and Headland Writers Festival. Signed copies will be for sale on the day.

Bookings via the Four Winds website. Tickets are \$20/\$15 concession/free for 16 and under.

Spiral Gallery

Through windows and doors – The Monday Art Group, 1 – 20 March, 2024

There will be an opening event at 5.00 pm on Friday 1 March. The artists' works show a variety of interpretations including: dogs looking through windows, interiors revealed from inside and outside, different views depicted of landscape and an alternative reality. Subjects are approached in a variety of media including watercolour, pastel, acrylic, mixed media and oil painting. Featuring artists from BVACS who gather each Monday morning to work together and share ideas.



Another view of the valley by Graeme Krake

Spiral Gallery Easter exhibitions begin on Friday 22 March at 10.00 am. There will be an event for the opening – meet the artists at 4.00 pm on Friday 22 March.

In Gallery 1: Spiral members and friends Easter *Cash/Card and Carry* exhibition from 22 March to 23 April.

A smorgasbord of original artworks from Spiral Gallery members and other South Coast artists with ceramics, sculpture, jewellery, clothing, felting, prints, paintings, handcrafted wood and knives.

In Gallery 2: *Shifting Elements* from 22 March to 10 April.

Young artists communicate experiences of climate change with art created during the disARTster project by young people from the Bega Valley.

The gallery will be closed on Friday 29 March and Monday 1 April.

Spiral Gallery, 47 Church St, Bega (02) 6492 5322

Monday to Friday, 10.00am to 4.00pm Saturday 10.00am to 1.00pm

Go to the Spiral Gallery, Bega website for more information.

Art in the Triangle

Sculpture Bermagui is almost here and it's bigger than ever

With less than a fortnight to go, the team of curators at Sculpture Bermagui are hard at work. This year has seen a record number of entries for this long-running, established exhibition – 74 entries are from artists who have not exhibited at the event before.

'We have had so many entries this year – it is wonderful. What I find so exciting is the variety of sculptures. We have local, national and international artists exhibiting, which creates such an exciting dynamic for everyone. There really are some amazing pieces,' enthuses curator Victoria Nelson.

The outdoor works will be displayed on Dickinson Point headland, showcased in the beautiful space between Mount Gulaga and the sea. Once more, the nearby Bermagui Surf Lifesaving Club (SLSC) will house smaller works and those more vulnerable to the elements, with the new addition of a second indoor venue in the town's centre.

'In 2024 we will have two indoor galleries. Surf Gallery and Street Gallery,' explains Sculpture Bermagui President, Ivan Baker. 'Surf Gallery will be in our regular space in the Bermagui SLSC with its fantastic light and view of the sea. We are also excited to announce Street Gallery that will be in a recently refurbished space directly opposite the Surf Club in the main commercial hub of Bermagui.'

Perhaps reflecting the growth of Sculpture Bermagui is the increase of the major non-acquisitive prize from \$15,000 to \$20,000.

'The increase in prize money is an acknowledgment of the increase of sales and attendance over the previous years,' says Victoria.

A community Twilight Picnic event, First Nations cultural experiences, a Curators' Tour and an evening with artists will also take place over the nine-day event.

Sculpture Bermagui opens Saturday 9 March and runs until Sunday 17 March 2024.

Vic Silk



Vortex, Greer Taylor's entry to Sculpture Bermagui 2012. 2024's exhibition will see Greer's return.



Mark Niglia's Yorke from 2022

Local artists host Framed By The Sea

Bermagui Surf Club emerged as a vibrant epicentre of artistic expression from 2 to 7 January 2024, as it welcomed the muchanticipated exhibition *Framed By The Sea*. Together local artists - photographer Adam West and artist Sylke Claridge set the stage for an enchanting display of creativity and talent. The experience sparked conversations and ignited imaginations. Opening night was a resounding success, with an outpouring of support from both the local community and visiting tourists.



At the opening of Framed by Sea

Since his 2023 exhibition, Adam (photoart2546.com) has successfully entered four of his pieces into the National Photographic Landscape Awards - and was humbled when all four were short listed, including his amazing and much spoken about Bermagui image titled *Harmony in the Harbour*. This year his passion for environmental landscape photography shone through with his stunning works of Cuttagee Bridge, Horseshoe Bay and Mimosa Rocks, each capturing a unique moment in time infused with his personal touch and perspective. Thanks to the purchasers who will now be showcasing these images in their own homes.

At the same time Sylke's paintings and artworks (art2enjpoy. com) shared centre stage. There was a buzz in her gallery as guests resonated to view her works. With each stroke of her brush and every meticulously chosen hue, Sylke's pieces exhibited with emotional depth and vitality. Her ability to fuse the tactile with the spiritual truth resulted in artworks evoking a profound sense of connection to the natural world. Pleasingly her first piece was selected by a prominent Sydney Gallery, another milestone in her already successful international artistic journey.

Framed by the Sea served as a testament to the transformative power of art, contributing to the celebration of local creativity, community, and the enduring beauty of the sea.

Marg West

Crimson Rosella Creative Adventures is a new arts enterprise based in the Far South Coast of NSW. Co-directors of Crimson Rosella local arts leaders, Lindy Hume and Andrew Gray, are excited to be working on their first locally created production *Dead Horse Gap*, a dark trippy Western featuring music by Candelo musician Heath Cullen.

Dead Horse Gap has been in development here in the Bega Valley over many years (with bushfire and COVID interruptions) with this final creative phase in Cobargo and Candelo feeding into the



Lindy Hume and Andrew Gray, co-directors of Crimson Rosella Creative Adventures

Subscribe to *The Triangle*

Do you live outside the Triangle area?

Be sure to receive your copy every

month by subscribing.

12 months' subscription is \$35.00.

Email treasurer@thetriangle.org.au

or post your cheque and details to

The Triangle, PO Box 293, Bermagui,

NSW, 2546.

Name

Address

Postcode _____ Ph____

Dead Horse Gap

premiere and tour in 2025.

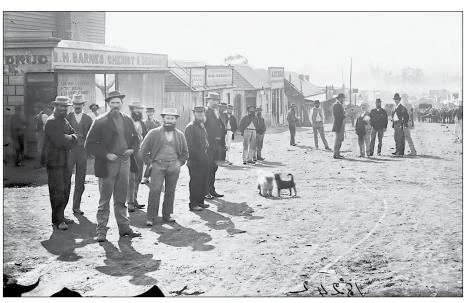
'Crimson Rosella exists to create new work, cultural events and programs, and to partner with communities and organisations to animate ideas, strategies and solutions,' explained Hume, a Tathrabased, internationally-recognised director of opera and theatre. 'Our professional creative team is seeking community performers to participate as volunteers on *Dead Horse Gap*.'

The show is a noir comedy revelling in odd characters and surreal twists. It's a story of greed, madness and, eventually, transcendence. Through historical and invented events, *Dead Horse Gap* tells of the mysterious disappearance of a colonial photographer on the far south coast of NSW.

In a series of free community workshops in Cobargo and Candelo, local participants will explore creative skills of scene devising, movement and song with professional actors and musicians including Tracy Mann and Heath Cullen. The first workshop will include a short presentation within the Cobargo Folk Festival program, followed by another workshop in Candelo. In the final development phase in May, selected local participants will play the eccentric residents of *Dead Horse Gap* in a showing of key scenes in Cobargo.

For more information and registration go to the website - www.crimsonrosella. com.au Contact: andrew@crimsonrosella. com.au or 0429 909 447

Andrew Gray



Hill End – historical image from the Holtermann Collection, Mitchell Library, State Library of New South Wales



Something for all in Four Winds '24 Annual Program

Experience a year of music immersed in nature as Four Winds unveils its 2024 annual program, *Four Winds '24*! From classical masterpieces to contemporary creations, the program features a dynamic mix of genres, showcasing the richness of Australia's musical landscape. Audiences can also enjoy reduced ticket prices and flexible pass packages!

Kicking off March is Caravana Sun on 9 March with Benji and the Saltwater Sound System and Felicity Dowd. Followed by an insightful conversation between writers Bruce Nash and Sophie Cunningham AM (10 March). Spend Good Friday with Butchulla songman Fred Leone and Samuel Pankhurst's Yirinda, and Easter Weekend with the Goldner String Quartet's mesmerizing classical concerts (30 and 31 March). Later in the year, the site will be enlivened by David Bridie, Heath Cullen, Affinity Quartet and Omar Musa, alongside Cheryl Overton's Barragga Yangga Project and more!

Departing from the traditional three-



Audience enjoying Four Winds outdoor Sound Shell, photo by Ben Marden

day Easter Festival, Four Winds '24 offers a fresh perspective on music, inviting audiences to explore new sounds and experiences. Member for Bega, Dr Michael Holland MP, praises the program encouraging audiences to '... attend the stunning Four Winds site multiple times

throughout the year to experience music in nature in its many forms.'

Don't miss your chance to be a part of this extraordinary musical journey at Four Winds. For more information and to secure your tickets, visit fourwinds.com.au.

Madison Phillips

Lazy Lizard March exhibition – Tactile Textiles

Four textile artists from around the region will be exhibiting their work in the Lazy Lizard for the whole of March. All are spinners and weavers of varying abilities.

Barbara Johnson has been weaving for much of her life and began on large multishaft looms, working in a very structured way to create fine patterned cloth. Since she discovered Saori weaving, a Japanese free-form style, Barbara has been able to indulge her fascination for colour and texture. Barbara works predominantly with natural yarns – wool, cotton, linen, silk, mohair and alpaca – and she takes great joy in recycling jeans, curtains and



Beautiful examples of tactile textiles

tablecloths to create special pieces. Barb recently bought an e-spinner and is now making art yarn from left-over thrums* and threads from her weaving.

Adrianne Waterman has knitted, crocheted and sewed all her life and in the last ten years also discovered Saori weaving. Being new to weaving, Adrianne loves Saori's philosophy that every mistake is a design feature. Adrianne weaves material to make into clothes and bags.

Betsy Hilton started spinning in 1975 and loves to knit and crochet with the yarns she has spun. Betsy creates yarns from alpaca, wool and silk that can be used for functional clothing or useful items. Betsy knits a lot of beanies that have come to be known as Betsy's Beanies. In the last couple of years Betsy has taught herself to weave using the yarns she creates.

Peta Shepherd is a spinner and weaver of long standing. Peta enjoys the variety of textures created in the use of natural fibres and will display work in the exhibition that has been woven and knitted with handspun wool.

We are holding a Meet the Artists event to open the exhibition on Saturday 2 March, from 11 to 2, with nibbles, wine and tea and coffee.

Adrianne Waterman

* Thrums are scraps of yarn that are essential to the weaving process (the warp threads) but not included in the final product.

Extended hours for Shop 7 ArtSpace and gift shop

Shop 7 ArtSpace is located upstairs next to the wine bar at the Fishermen's Co-Op in Bermagui. It is usually open six days a week from 10.30 am until 3 pm and is closed on Tuesdays.

However, this year we will be open seven days a week until the end of March.

The gallery shows and sells works by a group of ten local artists, together with artists who work on commission, plus guest artist Keith Coleman, who will be our next exhibitor.

Our gallery will also showcase sculptural works for exhibitors of Sculpture Bermagui.

Our group runs two community involved exhibitions each year – *In search of ...?* will be held in May and *Harbour* in August. Entry forms are available from the gallery.

Come in and enjoy our diverse range of creativity – it is a great place to purchase unique gifts by local artists.

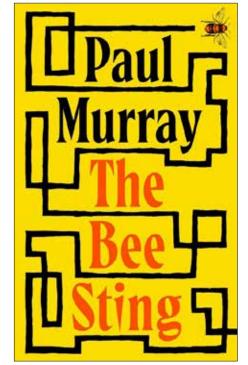
Helen Morris

The Bee Sting Paul Murray Hamish Hamilton RRP \$32.99

This is the fourth novel by Irish writer Paul Murray. It was short listed for the Booker Prize 2023 and won *The Irish Post* Book of the Year 2023.

It is essentially a tragicomic family saga set in a dull town in Ireland and told in four voices. Murray slips back though time, moving from each section though the mind of each family member as much is revealed and these revelations gather to climax in an unforgettable ending. The great strength of Murray's writing is his ability to capture, without censure, the minds of the different generations.

Dickie is the father. His lucrative car sales business is failing as a result of the financial crisis of 2008. Dickie inherited the business from his father and, despite his lack of business acumen, it has made the family comfortable. Dickie's response to this and the state of the world is to go



into the woods and build a survival bunker with a renegade handyman.

Imelda, Dickie's wife, is selling her jewellery on eBay and contemplating

Kerri Brady

Pet of the month

Solomon is a striking tabby boy with lovely white socks and mesmerizing green eyes that exude love for people. He is estimated to be about two and a half, having come in as a stray. Solomon is an incredibly affectionate, smoochy boy who likes being picked up and wrapping his paws around your neck. He is a confident and laid-back fellow who would be fine with children of all ages, with supervision of course, and wouldn't mind sharing his home with a dog. Unfortunately, he does



Solomon the cat

not like other cats so would need to be the only one. Solomon shows signs of being a good mouser, and he's even good with sheep! This striking tabby boy is extremely versatile. He really would fit into a wide variety of households and families.

As a February Special, Solomon's adoption fee is \$125. Please call 0400 372 609, Monday to Friday 9.00 am – 5.00 pm.

All our animals available are microchipped, de-sexed, vaccinated, wormed and treated for ticks and fleas. Please note that potential dog owners will need to be suitable to meet the needs of the dog and have secure dog-proof fencing. You can view available animals on our Facebook page – Animal Welfare League, Far South Coast Branch.

Vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Make a booking with your vet, show your pension card and you only need to cover the balance of the cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

an affair. She was the town beauty from an impoverished and brutal home, who married up. Unfortunately, she was stung by a bee on her wedding day and was unwilling to remove her veil and show her very beautiful face. What small things undo us!

Cass is the daughter. She is in her final year of school and desperate to escape to university but lately she is trying to escape with alcohol, a toxic best friend, and a boyfriend is she not sure she likes.

PJ is the twelve-year-old son. He wants to make everything right but is in debt to a sociopathic bully and, unbeknownst to him, is being groomed on the internet.

The voices of the four family members, who despite living together, show us how little they really know or understand each other.

This is a book about Ireland after the financial crisis, natural catastrophes and climate change but it's really about the old clichés of loss, love and the ties that bind. It's funny, it's sad, it's truthful and it's very entertaining.

Classifieds

Staff Required

Nardy House Staff Required Full Time - Part Time - Casual. Registered Nurses - Disability Service Workers. Email denise@nardyhouse.com.au or Phone 0408 675 259

The Triangle's email is contributions@ thetriangle.org.au



Servicing, Repairs, Tyres, Batteries and all your mechanical needs and rego checks

CALL 6493 6453



61 Rankins Road, Coolagolite

Still servicing Mowers, Quad bikes, trimmers etc

Maintaining your decomposure



Layered compost pile

As the daily temperatures start to cool and the leaves on the deciduous trees start to change colour and begin to fall, nothing makes it feel more like autumn than the sudden appearance of fungi season. Looking around it is obvious where we have removed trees in the past as a flush of fungi has suddenly thrust up through the lawn where the remnant root systems below ground are being slowly devoured and decomposed by a network of filamentous hyphae.

Over 100 advertisers every month can't be wrong!

Advertise your business in

The Triangle

Call 6493 8369 or 0407 047 404 or email us at

advertise@thetriangle.org.au

Autumn and fungi are the perfect companions, as are autumn, fungi and composting. Composting is a natural process that mimics the way in which organic matter breaks down in nature through the actions of fungi, microorganisms, insects and worms. The resultant nutrient-dense humus enriches the soil, improves its structure and water holding capacity, and enhances plant growth. Autumn can give access to large quantities of fallen deciduous leaves that



Lilium formosanum

are perfect for composting and, if started now, you will be able to utilise the end product on your garden in spring.

Fungi thrive in a compost pile that has a balanced carbon-to-nitrogen (C/N) ratio, proper moisture levels and adequate aeration. The ideal C/N ratio for composting is generally considered to be around 25-30 parts carbon to one part nitrogen. Carbon-rich materials, often referred to as 'browns', include items like dried leaves, straw, wood chips, sawdust, shredded newspaper and cardboard. While nitrogen-rich materials, also known as 'greens', include items like fresh grass clippings, vegetable and fruit scraps, coffee grounds, tea leaves and manure.

The falling leaves are a sight to behold, but they are also a valuable resource for your garden. By collecting and composting them, you can transform a seasonal spectacle into a nutrient powerhouse by harnessing the power of fungi. So, grab your gloves, gather some leaves and get composting this autumn.

Meanwhile, around the towns I have noticed that the old fragrant hedge favourite *Murraya paniculata* (murraya) is in full bloom, as are the tough old *Nerium oleander* (oleander). If you are planning a murraya hedge, consider interplanting with *Michelia figo* (port wine magnolia) for additional fragrance, which I interpret as being akin to bubble gum. Another current eye-catcher are some colourful mixed stands of red and yellow canna lilies (*Canna indica*).

In the wild places on the sides of the road, one of the current standouts is unfortunately the ornamental weed *Lilium formosanum* (Taiwan lily) that is easily recognised by its large (up to 15 cm long) trumpet-shaped white flowers that point out horizontally atop a single strap-leaved main stem (to two metres high). The flowers are highly fragrant, and you'll be doing the bush and yourself a favour if you stop and pick some flowers to take home and put in a vase, thereby preventing seed spread.

Finally, this month in the vegie garden I will be preparing for the first of our pea crops. Whether its snow peas or pod peas, March is the month. On St Patrick's Day, 17 March, I also like to plant our sweet peas in anticipation of some welcome late winter colour and fragrance. Remember, peas climb and beans twine, so give your peas some mesh or chicken wire to scramble up.

Happy growing.

Frittering away your summer produce!

Summer abundance is still with us and whether you grow your own veg or fruit, are the happy recipient of other's efforts or you're buying cheaply at the markets ... what to do with all those zucchinis or corn? I think fritters are the perfect way to enjoy the season.



Zucchini Fritters

3 zucchinis or more, coarsely grated

1 tsp salt for sprinkling

1 small onion, finely diced

1 handful of flat-leafed parsley, chopped

1 handful of dill, chopped

3 tbsp plain flour

2 large eggs, lightly beaten

Black pepper

250 ml sunflower or canola oil

Method

Put the grated zucchini in a colander, sprinkle with the salt and allow the liquid to drain for at least 20 minutes. Squeeze the excess liquid from the zucchini and transfer to a bowl.

Add the onion, parsley, dill, flour and eggs to the zucchini and mix to combine. Season with salt and pepper to taste.

Heat oil in a frying pan. Drop 1 tbsp of the mixture at a time into the oil and cook over medium to high heat for 2-3 minutes or golden brown on both sides. Drain on paper towels, serve either hot or cold, with garlic yogurt and a green salad. To make yogurt – mash 1 large clove of garlic with a little salt and mix into 1 cup of Greek yogurt. Serves 4

Corn Fritters

2 cups of fresh corn kernels

2 tbsp chopped mint (or herbs of choice)

½ cup of crumbled feta cheese

1 cup SR flour

2 eggs

1 tsp salt

½ cup of soda water (or more if needed)

Freshly ground pepper

Oil for frying

Method

Mix flour, eggs, soda water and salt together until smooth. Stir in corn, feta and herbs. Stand for ten minutes. Cook spoonfuls in $\frac{1}{2}$ cm of hot oil in a pan over medium heat until golden on both sides. Serves 4

Zucchini Pesto Fritters

To the base batter for the corn fritter recipe, add 4 grated zucchini (salted and squeezed of liquid as in the other zucchini recipe), and ½ cup of parmesan cheese and 2 tbsp of pesto.

Guacamole

This is delicious with the corn fritters and uses more corn!

Put all ingredients into a food processor. Then process quickly to keep some texture.

1 ripe avocado

Kernels from 1 cob of corn

2 garlic cloves, mashed

1/4 cup of finely chopped onion

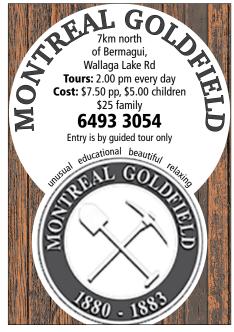
½ a small tomato, squeeze the seeds out and chopped

Fresh coriander leaves and stalks as much as you like, chopped roughly Juice of 1 lime

1 tbsp or a bit more to taste of sweet chilli sauce

Salt and pepper





Game On

MARCH CROSSWORD 10 23 25

SUDOKU								
	7		3		1			9
		3		2		6		
5	4		7					
8			9	1				
9								8
				8	5			6
					7		6	5
		9		6		4		
6			8		9		2	

ACROSS

- 9 Independent kind of writer (9)
- 10 Broadcasting (2,3)
- Hold sway (5) 11
- Immigrant-processing island (9) 12
- Somewhere unimportant and remote (4,4) 13
- 14 Geniality (6)

• •

••••••••••••

- 15 Flinders Island climbing challenge (10,5)
- Teach gradually (6) 19
- 20 Egg-laying mammal (8)
- 23 Widespread shrub with petal-less flowers(9)
- Gesture of indifference (5) 25

- 27 Frequently (5) 28
 - Clover bush (6,3)

DOWN At a distance (4)

- South North American republic (6)
 - Completely redone (3-3)
- Short true story (8)
- Close (4)

3

- Mallee archaeological site (3,5)
- Meryl Streep musical (5,3)
 - Product of an arms factory? (10)*

- 13 President saw nothing wrong (10)*
- 16 Honours (8)
- 17 Variants (8)
- 18 Pro golfer known as 'The Pymble Crusher' (3,5)
- 21 Prepares a salad (6)
- 22 Equality (6)
- 24 Corporate image (4)
- 26 Holes in a plot (4)

*Indicates a cryptic clue.

Answers on page 40

Kidz' Korner



Can you find 26 foods?

М Т Ε Е G T В T Ε Ε Ε Н В C W E В

For the fridge door

MARCH	WHAT	WHERE	TIME
Fri 1 Fri 1 - 20	Red Cross annual fundraising Cobargo	Outside gallery, near chemist	9 am - 12 noon
	Inga Simpson book launch and talk	Bermagui Men's Shed	10.30 - 12 noon
	Through Doors & Windows Mon Art Group Opening Fri 1 5 pm pg 32	Spiral Gallery, 47 Church St, Bega	M-F 10 - 4 Sat 10 - 1
Sat 2 - all March	Tactile Textiles group exhibition, meet the artists 11 am - 2pm pg 34	Lazy Lizard, Side Room	10 am - 2 pm
	Manchild & the Blues Kids	Tilba Winery & Alehouse	12 noon
Sun 3	Tony Jaggers	Tilba Winery & Alehouse	12 noon
Sat 9	Red Cross annual fundraising Cobargo	Outside gallery, near chemist	9 am - 12 noon
Sat 9 - 17	Greg Kew	Tilba Winery & Alehouse	12 noon
	Caravana Sun, Benji & the Saltwater System, Felicity Dowd see website	Four Winds, Barragga Bay in the Sound Shell. Food avail.	2 pm till twilight
	Sculpture Bermagui, exhibition opens 9 am, opening ceremony 10 am website	Bermagui Headland, Surf Gallery, Street Gallery	9 am onwards
Sun 10	Ben Francis	Tilba Winery & Alehouse	12 noon
	All the words we know Bruce Nash book launch with Sophie Cunningham AM, in conversation	Four Winds, Barraga Bay Windsong Pavilion	Doors 2 pm starts 3 pm
Sun 17	Bach's Birthday play-in concert, free coffee & cake after pg 32	Cobargo School of Arts	10 - 12 doors open 9 am
	Pepper & Davies	Tilba Winery & Alehouse	12 noon
Fri 22 - April 10	Shifting Elements disARTster young people's art response to climate change	Spiral Gallery, Gallery 2 Church St, Bega	M-F 10 - 4 Sat 10 - 1
Fri 22 - April 23	Cash & Carry friends & members work Gallery 1 pg	Spiral Gallery, 47 Church St Bega	
Sat 23	Eurobodalla electric vehicle club inaugural meeting shasa@gmail.com. pg 18	Eurobodalla Regional Botanic gardens	10 am
	Totum	Tilba Winery & Alehouse	12 noon
Fri 29	Yirinda album launch: Butchulla songman Fred Leone & contrabassist Sam Pankhurst first nation contemporary	Four Winds, Barragga Bay Windsong Pavilion	Doors 5 pm starts 6 pm
Sa† 30	Goldner String Quartet, classical Part 1	Four Winds Barragga Bay Sound Shell	Doors 1 pm starts 2 pm
	Sam Fletcher	Tilba Winery & Alehouse	12 noon
Sun 31	Goldner String Quartet, classical, Part 2	Four Winds Barragga Bay Sound Shell	Doors 10 am starts 11 am
	Beach Bar Swing	Tilba Winery & Alehouse	12 noon
	1	The state of the s	1

CROSSWORD: ACROSS

9 Freelance, 10 On air, 11 Reign, 12 Christmas, 13 Woop Woop, 14 Warmth, 15 Strzelecki Peaks, 19 Instil, 20 Platypus, 23 Grevillea, 25 Shrug, 27 Often, 28 Golden tip.

DOWN: 1 Afar, 2 Mexico, 3 All-new, 4 Anecdote, 5 Near, 6 Kow Swamp, 7 Mamma Mia, 8 Prosthesis, 13 Washington, 16 Respects,

17 Editions, 18 Kel Nagle, 21 Tosses, 22 Parity, 24 Logo, 26 Gaps.

FOOD WORDSEARCH

apple, blueberries, brown sugar, cherry jam, chocolate chips, cinnamon, cranberry sauce, dates, figs, ginger, honey, kiwi, mashed banana, milk, peach, peanut butter, pears, pecans, pineapple, raisins, rasberries, strawberries, syrup, walnuts, wheatgerm, yogurt