

## The race that stopped the street



Melbourne Cup Day is a big day not just in Melbourne but across the country. Central Tilba's Dromedary Hotel, affectionately known as The Drom, this year hosted a special Cup Lunch with all the trimmings including high fashion. The best was to come, though, at 4.00 pm after the big Cup race!

Likely to become an annual Tilba tradition, the inaugural Darcy Cup, drew an enthusiastic crowd as preparations began shortly before start time. Run over 100 m, Bate Street was closed for this special event with the starting line outside the General Store and the finish line in front of the pub. Named after the breeder, Darcy Hoyer, this race was a line-up of miniature fox terriers whose mother, Darcy Cup royalty, Sootie, was running as number 8 in the field!

The official form guide provided the following information -

1. Brian (3 yrs), owner Jason Snell – Cobargo Champion '23, has been training well, should lead early.

2. Ralph (4 yrs), owner Nathan Boswell – Loves short distances, good mates with Brian so if they stick together, he's in the mix.

3. Neville (4 yrs), owner Paul Butcher – Quick like a gazelle but easily distracted as shown by DNF at Cobargo '23.

4. Patchy (2 yrs), owner Darcy Hoyer



Jason Snell with winner Brian and trophy

– Powerful build and used to 100 km work-days, out to humiliate the 'bed sleeping town dogs'.

5. Merv (2 yrs), owner Chris Weire – Cobargo Champion '22 and runner up in '23 to Brian, out for revenge, knows the track well.

6. Bridie (3 yrs), owner Harvey Martin – Home ground advantage – finish line is on her doorstep so should get over the line.

7. Charlie (1 yr), owner Jessica Taylor – Youngest entrant at one year old, could cause an upset.

8. Sootie (7 yrs), owner Darcy Hoyer – Mother of the field, not just here for the family reunion, has a quick 100m in her still.

9. Chip (4 yrs), owner Cheryl Dibden – Used to running with horses so will feel huge in this field, folded ears help aerodynamics.

With such a diverse field, plus encouraging and competitive owners, the village race did not disappoint, as the field was urged on by the engaged crowd. All the competitors wore beautiful race silks with their number, thanks to Lesa Coleman. Brian led early followed closely by his good mate and competitor Merv in a hotly contested finish. After serious consideration by the judges, Brian was declared winner of the inaugural Darcy Cup, much to the delight of his owner Jason. Brian, now a two-Cup winner, having won the small dog race at the Cobargo Show this year, looks set for a bright future on the local racing scene.

Tilba has a bit of a history for staging unusual and unique community antics, to which this race will now be added. Thanks must go to Kim and Andy from The Drom who organised the event, The Drom for hosting it, Coleman Engineering Services for sponsoring it, Lesa for the silks, Tom Skulander for the trophy, Darcy for breeding these wonderful dogs and the owners who entered their dogs. It was indeed a race that stopped the street!

Stuart Absalom

The final *Triangle* for 2023 is one of our biggest editions to date and draws together news and events from across our amazing area.

Many of our local groups have had their AGs or other final meetings for the year, and their reports and articles provide a valuable insight into the previous year's good works. However, as we swing into summer we also recognise the ongoing and future achievements and milestones of many of our schools and other community groups.

So, please take the time to read this edition to see their achievements and to see if there are any areas that you may like to contribute to or generally support. We have groups providing educational, spiritual, cultural, musical, artistic, social, personal, environmental and community development support. The common factor is that individual people give their own time and effort to the benefit of us all.

The future often looks challenging, but the energy and commitment of our community groups are more than up to the task.

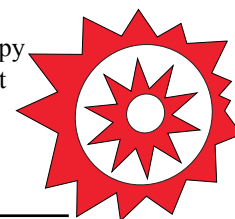
Leading into Christmas, however, we should remember those

in our wider community who are still dealing with past issues and facing new ones such as access to suitable housing, high rents, housing affordability and the general cost of living pressures. Organisations such as OZ Harvest and community pantries have been providing significant food support to the community and they will be very active leading up to Christmas and beyond.

On Christmas Day there will be several opportunities for community involvement, for example, the Bowerbird Op shop will hold its annual Christmas Day lunch at the Cobargo School of Arts Hall.

In closing, we can't ignore the reality of bushfires and other natural disasters. We all need to do our bit by preparing our properties as best we can. We also need to keep in mind that the RFS members, and other emergency service providers, will be on standby and potentially ready to sacrifice their Christmas celebrations if called out.

Wishing all *Triangle* readers a safe and happy holiday period and looking forward to the first edition of the *Triangle* for 2024.



## Letters

### Jen Severn's sensitivities

There are few on this side of the Big Brown Land better able to construct sentences, by use of simple words to explode their intrinsic meanings into a cacophony of sensitivities, than Jen Severn.

Jen Severn did this again and instilled in me a sense of utter loss on the subject of the Voice.

From where I now live in Jervis Bay, Jen's and Heather O'Connor's laments triggered questions of my need to acquire the so-called Naturalisation Certificate. One that my father so desperately sought, but I was not involved.

Fundamentally, what was so natural about this precious Naturalisation Certificate? A piece of paper with a monarch's head on it, but one incapable of accommodating reality, chivalry or even honour.

The referendum vote dishonoured what I believed we stood for, worse – it bequeathed our 'Commonwealth' destiny again to the squattocracy, the miners and the ne'er-do-wells.

Jose Ruiz-Avila  
Callala Bay

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and cc [lsang333@gail.com](mailto:lsang333@gail.com).

### Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.



### Thumbs UP

To the young people who organised the fund-raver event at the Cobargo showgrounds and to the broad age range of participants who had a great night.

Congratulations to Tilba for voting 60.7% in favour of the Voice referendum. Tilba: 196 votes cast; Yes – 119; No – 75; Informal – 2

### Thumbs DOWN

To the tedious reappearance of a small group that like to use public events to air their grievances while they have a skinful. Deal with it somewhere that event organisers don't have to baby sit you.



To the dog owners who walk the back lanes and the golf course at Bermagui and never pick up after their animals. Please take responsibility.

Tilba's polling booth referendum results somehow fell off the list of local polling places (and it was also missing from the roll call of booths on the AEC site).



## Fight food waste and support those in need this Christmas



OzHarvest is Australia's leading food rescue organisation, diverting surplus food from landfill through a nationwide effort to feed those people in need. A small but dedicated team of eighteen local volunteers undertake the OzHarvest fresh food rescue and redistribution to community relief services from Tilba through to Quaama.

Unfortunately for some in our community, not knowing where their next meal is coming from is an ongoing battle. When you add the further pressure of Christmas to the household budget, the reality is that many local families will have

a difficult time feeding their family.

Our local food rescue volunteers are looking to the broader community to support the OzHarvest Christmas Appeal, made possible for the ninth year with our national partner – Woolworths supermarkets.

When shopping at your local Woolworths from 8 November to 26 December, you can add a donation to your basket, buy a fifty-cent token or a packet of Santa cookies. Another option is to simply round up your transaction at the self-checkout in store.

100% of raised funds go directly to the regional chapter of OzHarvest, and every fifty cents that you donate to the Christmas Appeal equates to one nutritious meal for a local family.

These funds will underpin the running cost of delivery vehicles, refrigeration, volunteer training and more. All of which helps to ensure that as much fresh, healthy surplus food can get to as many individuals in need of food relief as possible.

A bonus for this year's appeal, from 29 November to 5 December, all donations through your local Woolworths will be matched by the store – doubling our community's support!

If you can, please add a donation to your basket today.

*Jennifer Salkeld  
OzHarvest Volunteer*



Rebecca Norman helping out with soup service at Moodji Farm

### The Annual General Meeting of the Cobargo and District Energy TransitionGroup Inc CaDET

will be held via zoom on  
Wednesday, 6 December at 5pm  
For link details call  
Jan Rivers, Secretary on 0409 901 672



## MARK HEARN

Remedial Massage Therapist

- Pensioner rates
- Fully air conditioned room
- Health fund approved provider



M: 0447 556 648

### Who does the work

#### The Editorial Committee

Linda Sang (President)  
Stuart Absalom (Vice President)  
Flick Ruby (Secretary)  
Bhagya (Treasurer)  
Debbie Worgan, Angela Marshall, Steve Williams Georgina Adamson, Jacob Round

#### Advertising

Ring 6493 8369 then 04 1955 1956 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

#### Layout & Design

Bhagya & Debbie Worgan

**Copy Editing:** Angela Marshall

**Accounts:** Phone: 6493 8369

Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)  
PO Box 293 Bermagui NSW 2550

#### Area Contacts:

Bermagui: Georgina Adamson  
[bermagui@thetriangle.org.au](mailto:bermagui@thetriangle.org.au)

Cobargo: June Tarlinton  
[cobargo@thetriangle.org.au](mailto:cobargo@thetriangle.org.au)

Dignams Creek: Flick Ruby  
[diggies@thetriangle.org.au](mailto:diggies@thetriangle.org.au)

Quaama: Bhagya  
[quaama@thetriangle.org.au](mailto:quaama@thetriangle.org.au)

Tilba: Stuart Absalom  
[tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au)

**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available from: **Bega:** Candelo Books, Bega Library

**Bermagui:** 777 Supermarket, Post Office, Shell Bermagui, Bermagui Country Club, Bluewave Seafood, Library, Visitors Centre **Central Tilba:** Post Office, ABC Cheese Factory, Sweet Spot **Cobargo:** Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

**Wallaga Lake:** Merrimans Land Council

**Narooma:** BP station, Library, Casey's Café, **Quaama:** The Quaama Store

#### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

#### Thumbs / Letters to the editor:

All communications should be forwarded to: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*  
PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 2400 in print plus around 3000 unique online visits each month.

## Over 35 and single in the valley? Check this out!

Being single can be fun and full of freedom. And sometimes you would love to connect with others who share similar interests but not sure where to find them. Well, you're not alone. When Julia and Ruth pitched the idea to host an over 35s singles event they got a lot of positive feedback from this community. Possibly because there's no one hosting this kind of event. And it appears there is a need.

So here it is. After months in the incubation stage it has birthed itself. A hands-on live event where you get to meet each other in person and see who you may share a connection with. Face to face.

It's mostly about having fun and being prepared to join in some playful games to see who's on your frequency. Of course, there will be a funky dance mix and some prizes. It's bound to be a night of laughs and you'll be hanging out with others from your single tribe.

Come on, you've got nothing to lose and everything to gain ... maybe a bunch of new friends.

We look forward to greeting you at the door. Dress for fun and party.

**Cobargo School of Arts Hall**  
**Saturday 9th December, 7.30-10.30 pm**  
**\$10 at door, BYO drinks. Nibbles provided**  
**RSVP: [clubsingleinthevalley@gmail.com](mailto:clubsingleinthevalley@gmail.com)**

*Ruth Haggard*



## How well do you know the new fire danger ratings?

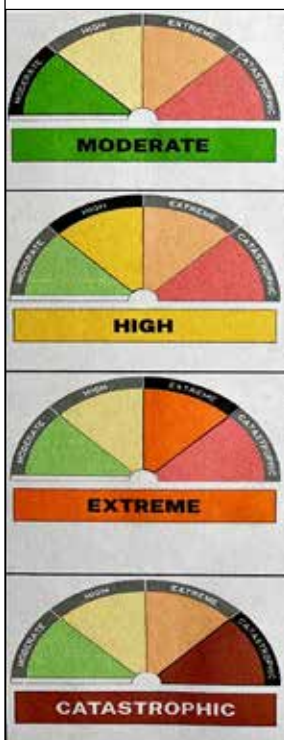
Fire danger ratings and total fire bans are determined each afternoon for the following day. To help you plan activities and travel, we also provide you with a forecast for fire danger ratings for the next few days. 'Forecast ratings' is used where the ratings are not yet finalised.

Forecasts can change, so it's important you check the official fire danger rating on the day.

*Chris Weire*  
*President and Senior Deputy Captain*  
*Central Tilba Fire Brigade*

**This month's poetry is featured online in**  
***The Triangle's Off the Page* section.**  
**Also you can find the speeches given by the**  
**Cobargo Public School captains and some**  
**extra Christmas recipes.**

**[www.thetriangle.org.au](http://www.thetriangle.org.au)**



### **Plan and prepare.**

- Stay up to date and be ready to act if there is a fire.

### **Be ready to act.**

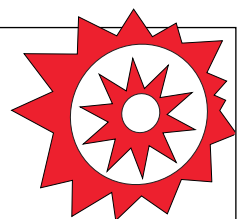
- There's a heightened risk. Be alert for fires in your area.
- Decide what you will do if a fire starts.
- If a fire starts, your life and property may be at risk. The safest option is to avoid bush fire risk areas.

### **Take action now to protect your life and property.**

- These are dangerous fire conditions.
- Check your bush fire plan and ensure that your property is fire ready.
- If a fire starts, take immediate action. If you and your property are not prepared to the highest level, go to a safer location well before the fire impacts.
- Reconsider travel through bush fire risk areas.

### **For your survival leave bush fire risk areas.**

- These are the most dangerous conditions for a fire.
- Your life may depend on the decisions you make, even before there is a fire.
- Stay safe by going to a safer location early in the morning or the night before.
- Homes cannot withstand fires in these conditions.
- You may not be able to leave, and help may not be available.





## Montreal Goldfield moving ahead

At the Montreal Goldfield's recent AG, a new committee was elected, including some fresh faces, to be responsible for ensuring the Goldfield continues to preserve its history and story.

It has been a challenging year for the outgoing committee. The importance of safeguarding the remaining diggings infrastructure is always a priority, including protection from fire. Fire mitigation programs were undertaken this winter with our partner Bega Valley Shire Council and with help from Bermagui RFS, including clearing around the perimeter fence of the five-acre tour zone and removing potential fire hazards. Unfortunately, these measures were not welcomed by some in the community.

Public safety is essential when inviting visitors to take tours of the diggings, and this includes having safe access to the zone for emergency vehicles if a medical emergency occurs. However, the Montreal Management Committee pledges that the utmost care will continue to be placed on conserving the extraordinary forest flora communities that flourish within the sixty-five acres.

A remake of the film, *The Montreal Story*, by local filmmaker Hiromi Matsuoka of Indigo Pictures, is almost complete. The film will be used to promote the Goldfield in schools and elsewhere, as well as give visitors who cannot take the walking tour a glimpse of the diggings and their story.

Montreal Goldfield is run by volunteers. One of the biggest challenges we face is that our guides and volunteers are aging so the committee invites history-loving community members to become involved.

Volunteers can fill many roles: maintenance is a big job, so volunteers who can give a few hours a month to clearing tracks, maintaining boardwalks and other outdoor tasks are very welcome; people are required for communications and customer service and to train as guides. Montreal guides take groups of two

to twelve people for a one-hour tour of the diggings. Ongoing training and mentoring are available for new guides.

Montreal is a great place to volunteer. If you've never been to Montreal Goldfield, take a tour and see what is involved. Chat to the guide and find out if you can join the great team at Montreal.

For more information regarding involvement with Montreal, please call Carolynne Banados (Secretary) on 0402 064 802.

*Carolynne Banados*



**New Montreal Goldfield Committee:**

**Back row – Bill Southwood, Michael Brooks, Judy Hearn, Bob Hearn and Lori Hammerton. Front: Chris Franks (President) and Carolynne Banados (Secretary). Not in photo: Peter Baxter, Sheila Brice, Josie Stewart and Marshall Binstock.**

## Managing stress through bodywork

Many of us don't realise how mental and emotional stress change our physical bodies. Stress causes increased heart rate, shortness of breath and digestive problems in the short term, and decreased immunity, chronic low back pain, neck aches and restricted movement of any kind are possible in the long term.

Managing stress through bodywork involves using various physical and relaxation techniques to reduce tension and promote overall well-being. Here are some effective methods for managing

stress through bodywork:

**Chiropractic care:** Chiropractic adjustments can help relieve tension and pain, headaches and poor sleep. Regular visits to a chiropractor can help maintain spinal health by increasing blood flow and movement to restricted areas.

**Massage therapy:** Regular massages can help relax your muscles, release tension and reduce stress hormones like cortisol. Various types of massages, such as Swedish, deep tissue and aromatherapy, can be tailored to your preferences.

**Yoga:** Yoga combines physical postures, breathing exercises and meditation to promote relaxation and reduce stress. It helps improve flexibility, balance, emotional resiliency, and overall body awareness.

**Acupuncture:** Acupuncture involves the insertion of thin needles into specific points on the body to stimulate energy flow and promote relaxation. It can help alleviate stress-related symptoms and promote a sense of balance.

**Meditation:** Mindfulness meditation and other forms of meditation can help calm the mind, reduce stress and improve overall mental well-being. Regular practice

can enhance your ability to manage stress effectively.

**Aromatherapy:** The use of essential oils in massages or aromatherapy sessions can have a calming and stress-reducing effect. Lavender, chamomile and eucalyptus are some examples of relaxing essential oils.

**Hydrotherapy:** Activities, like hydrotherapy that involves water-based relaxation, can reduce stress. Examples include floating, water massages and hydrotherapy pools.

**Self-care:** Don't forget to take care of your body through good nutrition, regular exercise and adequate sleep. These foundational practices can significantly reduce stress levels.

Remember that the effectiveness of these bodywork techniques may vary from person to person. It's essential to explore different approaches and find the ones that work best for you.

Consulting with a qualified practitioner or therapist can also help you customise a stress management plan that suits your specific needs and preferences.

*Dr Judy Gebhart  
Harmony Health Bermagui*



**Dr Judy Gebhart**



# Everything you've ever wanted to know about the Cobargo microgrid project and possibly a bit more ...

## We imagine that ...

Cobargo has a small town-scale solar farm coupled with a battery.

The microgrid enables households and businesses in the Cobargo township and some nearby areas to have power during a total grid outage.

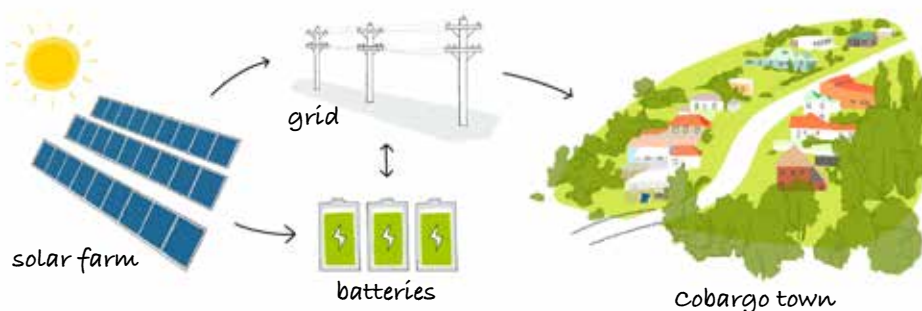
Water and sewerage will keep working while the grid is repaired. Post office and banking, shops, fuel pumps and health facilities can continue serving district residents. Local businesses can continue to operate.

We are also working on innovative approaches to return benefits to the Cobargo community.



## What is a microgrid anyway? How does it work?

### Normal microgrid operation when the grid is up

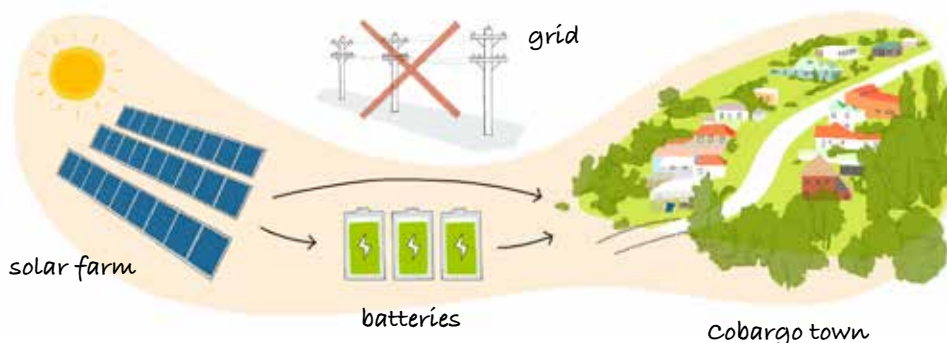


A microgrid is a small 'subset' of the electricity system that generates and supplies energy at a local level. The Cobargo microgrid will be a solar farm and battery, connected to the main grid.

**During normal operation**, Cobargo homes and businesses will get electricity from the grid, as they do now. The solar farm will supply emissions-free electricity to the grid.

The battery will charge from the grid when electricity prices are low and sell to the energy market when they are high. It will also help keep the grid stable and gain revenue from doing so.

### 'Islanded' microgrid operation when the grid is down



At times of high bushfire risk the battery will hold on to sufficient energy to respond in case it's needed for homes and businesses in Cobargo.

**When the grid goes down**, the microgrid will go into 'island mode' (disconnected from the grid) and supply electricity to Cobargo from the solar panels (day) and the battery (night, cloudy and smoky days).





## FAQs

### **Why do you think a microgrid here is important?**

Cobargo is a long way from large-scale generation plants and is connected to them via many kilometres of poles and wires. This makes Cobargo vulnerable to grid outage. Small-scale distributed renewable power generation will help Australia negotiate the energy transition from fossil fuel to renewables. We don't want Cobargo to be left behind just because we are a rural community.

### **Who will pay for it? Who will own it?**

A combination of government funding and private investment will pay for it. It may have public, private or mixed ownership. Individual residents may be able to invest in the project.

### **Who gets the profit?**

Investors/owners and lenders will receive financial returns. We aim for Cobargo residents to receive financial benefit – through a local co-operative or some other governance arrangement.

### **Who will run it?**

Essential Energy will continue to operate the distribution network – poles and wires – and the microgrid in 'island mode'. Options for normal operation of the microgrid are being explored in the feasibility study.

### **Will electricity be cheaper?**

Not the way the energy market currently works. But we are exploring options for local consumers to benefit from local solar generation and storage, and to access retail agreements that provide stable, predictable electricity bills.

### **Will there be local employment?**

Yes! Local contractors will be employed for construction and ongoing maintenance. Businesses will be able to continue trading during power outages and young people will have access to new renewable technology careers.

### **What about recycling?**

Yes that's our aim. Recycling solar panels and batteries is increasingly possible.

### **Where will it be located?**

We don't know yet. The microgrid needs a 13-hectare site that is north-facing, with good road access, low environmental impact, committed landowner/s and supportive neighbours.

### **Can there be multiple uses of the land?**

Yes. For example, farmers in western NSW are grazing sheep in solar farm paddocks with improved productivity as a result of increased shade/shelter, water run-off and pasture.

### **What happens if the solar farm is damaged?**

Like any infrastructure, the solar farm can be impacted by wild weather, floods, and fires. As key local infrastructure it would be protected, but it will not be invulnerable.

### **What if part of the local network is damaged?**

When the microgrid is in 'island mode' the local distribution network will operate normally. If there is a problem on one part of the network, circuit breakers will isolate that section (just as they do now).

### **Is it dangerous?**

It is no more dangerous than solar panels on the roof or batteries at people's homes and businesses.

### **How big is the planned microgrid?**

We won't know until the feasibility study is complete, but our current advice is that a 5MW solar farm with a 5MWh battery will be able to keep the power on during a scenario similar to the Black Summer fire.

### **Will it need more poles and wires? Can they be underground?**

Maybe. A few new poles may be required to connect the solar farm to the existing local pole and wire network. Underground cables are possible but would be significantly more expensive.

### **Will all homes in Cobargo be included?**

Our current advice is that the microgrid will be able to keep the power on within the township and some adjacent areas to the south. When relying on the microgrid in 'island' mode during grid outages, residents may need to reduce their power usage (reduce the load) at certain times by not using power-hungry appliances. This will ensure that everyone has enough power for the basics (fridges, sewage pumps and lighting). We'll know more when the feasibility study is complete.



### **What have we done so far? ... quite a bit**

- Funding for feasibility study secured: Nov 2021
- Feasibility study commissioned including load trial: Nov 2022
- Three whole-of-community consultations: March 2022, April 2023, September 2023
- Six community organisation briefings: May to October 2023

### **What's next? ... there's a lot more to do**

- Continue community discussions
- Complete the feasibility study (May 2024)
- Find a suitable site
- Develop financing model and apply for funding
- Seek grid connection approval from Essential Energy
- Seek Council and NSW development approvals, including a Biodiversity Assessment
- Develop a financing/ownership model; apply for funding
- Construction (2026?)
- Connection and operation (2027?)

The Cobargo microgrid is a Renewable Cobargo project initiated by CaDET (Cobargo and District Energy Transition)  
Come to our events in 2024 Contact us: [www.renewablecobargo.com](http://www.renewablecobargo.com) [renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com)

## Be careful what you wish for!

I have lived here for forty years and have noticed many changes in the region, mostly improvements. Our facilities have improved but items, like roads, are deteriorating with increased truck usage.

Groups and individuals have been vocal about many changes proving the need to stand up for the benefit of the whole community. It may help new arrivals to reveal some of the items that were opposed as well as items that were proposed but not built.

For example, about twenty years ago, there were plans to remove all the flame trees between the bridge and the Fishermen's Wharf to be replaced by a car park! Another defeated proposal was to build the tallest sundial in the southern hemisphere at the end of Lamont Street! This would have needed a permanently-lit warning beacon. Instead, the old midden and surrounding space remain for all to relax, watch those whales and the sea.

Recently, a suggested proposal in Merimbula to increase

the maximum building height from 16 m to 26 m for a particular renovation. If this succeeds, why? And what does the future hold on our pristine coast? Height and building limits have been set to protect existing dwellings' daylight, access and privacy. If we want or need to have an area with commercial height limits they should be in different zones so buyers know the building regulations before proceeding.

Bermagui Woolworths fought to have a higher store with unfriendly lighting and signage on the roof. This proposed eyesore and bottle shop were defeated by local opposition.

We locals need to keep an eye on proposals in the future if we are to protect the area that we all love and enjoy. We also need to thank those who have brought an excellent quality of life to this small town. I heard a remark recently – 'You people down here have got everything!' Not wrong, let's keep it that way!

*Rosemary Millard*

## Have you heard about IRT Home Care?

At IRT, we've been providing home care services to help older Australians live independently at home for over thirty years. If you or a loved one needs support at home, IRT Home Care offers a range of services to help you. Whether it's through help with household cleaning or getting out and about, our professional and empathetic home care team makes it possible to maintain your independence and wellbeing.

Shirley Pilgrim from Kianga has a Home Care Package and receives regular domestic assistance, personal care and medication assistance from IRT.

'She can't drive any more so they take her out and when she comes back she looks like a different person in her face, and it's really lovely,' says daughter Jo Gibson. 'She doesn't want to go into respite or anything like that, so home care allows her to stay in her own house and that's the biggest thing. It's such a relief for me knowing that I can call and ask for someone to take her to the hospital. They come in and make sure she's OK and that she's eaten, it's been wonderful. There's a lot less stress knowing I can contact them and ask them to pop in and see if she's OK.'

If you or someone you know is having difficulty managing daily tasks, it might be time to consider getting a helping hand so you can keep living independently at home.

Also, if you're a resident of Bermagui and surrounds, you may be eligible to access home care services with IRT via the Thomas Cairney Scheme. This is a scheme funded by a local gentleman whose legacy supports people in Bermagui.

To find out, please contact Ann-Maree Hindson from IRT Home Care on 0448 530 779 or go to the IRT Home Care website.

*IRT Home Care team*



**A neighbour  
when you need  
a hand around the house.**

IRT has been supporting Australians for more than 50 years. Our highly trained home care team are more than just an extra pair of hands, they're a shoulder to lean on.

[irt.org.au](http://irt.org.au)



Personal care



Household tasks



Getting out and about



# Marine Rescue Bermagui's year in summary

As everyone begins to wind up for the year, Marine Rescue Bermagui is getting ready for the busy season.

In previous years, December, January and February are when we are called upon the most. March is busy too. Of course, people are here holidaying, enjoying the seaside and the holiday lifestyle of swimming, surfing, boating, fishing and diving. We love that they choose to come to our little town to enjoy what we have here all year round. However, it means a busy and sometimes intense time for the Bermagui Base. In the last summer holiday period (December – March), Marine Rescue Bermagui assisted/rescued 18 vessels, carrying 48 people in total. These numbers sound high but were actually a little lower than the previous year. Maybe more people are starting to put safety first, maintain their boats and check the weather conditions before going out.

Marine Rescue Bermagui ticked all the right boxes in 2023. The Base continues to provide a 24/7 radio and safety service to the boating community. We also have a log on/log off system where you tell us where you're going for the day and when you'll be back and will come looking for you if something has gone wrong. You can become a Radio Club member for a small annual fee which means you can log

on more quickly and get out on the water sooner and we have all the details we need should you need our assistance. You can also use the free Marine Rescue App on your phone to log on and off.

Down at the base we keep busy with lots of training, leading to a constant flow of people doing assessments and upgrading their skills levels. This year five Radio Operators, two Watch Officers, two Senior Crew, one Leading Crew and three Coxswains have all become qualified. That is pretty good going for a small unit.

As well as boat crew training twice a week, Bermagui Base carried out a couple of night training events. These are always good to test our light recognition skills and realise just how dark it is out there on the ocean without any land-based lighting.

There was a successful, if somewhat windy, Open Day in October. It provided us with an opportunity to interact with the public, for people to meet and talk to us in a relaxed atmosphere and provided us with a small income. Marine Rescue receives financial support from the NSW government, but we rely on additional local fundraising to keep our radio base and rescue vessel operational.

Our volunteers are what makes this community emergency service work. The values of teamwork, professionalism and



Greg Brackenreg being congratulated on his success in his Radio Operator assessment by Marine Rescue Training Officer Olivia Ford.

respect are at the heart of the service. This coupled with ongoing training, up to date equipment and resources ensures we can fulfil our role of saving lives at sea.

If you are looking for something new to do, want to spend time with a diverse of group of people, continue learning and support the Bermagui community, Marine Rescue just might be the answer.

*Deb Worgan*

*Marine Rescue Leading Crew  
and Watch Officer (newly qualified)*

## Locals helping locals



Can Assist representative Lori Hammerton accepting a donation from the Bermagui Men's Shed.

There is no doubt each of us have been touched by cancer in some form. Statistics tell us that one in two Australian men and women will be diagnosed with cancer by the age of 85. Bega Valley has its fair share of cancer patients, but those affected can rest assure that their needs are being met by a number of local community organisations.

Bega Valley Can Assist was formed in 2004. The branch raises funds to provide financial assistance to patients in our local community who are undergoing cancer treatment. Over 600 people have been helped since 2005, with \$7,000 distributed each month to pay pharmacy, utilities, food and fuel vouchers and accommodation while away having treatments.

Bermagui local, Lori Hammerton, has been involved with Can Assist since its inception and has worked tirelessly to raise funds for the charity. Lori's other passion is her ukulele group, The Bermagui Ukalips, that has raised \$15,000 over the last four years through raffles, donations and busking at markets and outside Woolworths. The group is extremely thankful for the generosity of our local community and is constantly amazed at the number of dollars thrown into the hat on these occasions.

Recently, the Bermagui Men's Shed made a substantial donation to Can Assist to help fill the coffers before the Christmas period when many cancer patients need the most help to get through this time.

The Ukalips will be outside Woolworths Bermagui on Christmas Eve with all your favourite Christmas songs. Donations for Can Assist will be most welcome, and rest assured that every single cent goes to the charity as there are no administration fees in Bega Valley.

*Carolyn Banados*

## Present!

This word, and its plural form, carries plenty of meaning this time of year. Children love the plural form – lots of presents, please! – but adults aren't always so keen, being the suppliers of them ... However, *we* are also present, enjoying celebrating with friends and family. It's a precious time for those who can come together after a long break. But, for some, it's heart-breaking, when loved ones are absent. There's an invitation below for those people.

Agencies were impressively present at the Bermagui Recovery Centre, ready and willing to support those who suffered from the Coolagolite fires. For five days, representatives from about ten different groups worked together to offer their services to those affected. This well-

intentioned group of people readjusted their schedules to come together to address diverse needs.

It wasn't always busy, giving us time to get to know each other while being a reassuring 'presence' by just being available. The quiet times provided us with an opportunity to see how we best operated together, to benefit the wider community in an ongoing way.

Being 'present' is important as a Chaplain. Often, it's just being there, actively present in conversations, that matters. Helping people to be reflective about their own situations, rather than providing advice, can help clear a confused head. Those who are suffering grief and loss can find comfort and release by sharing with a Chaplain. I am here to help

people recover, and it's a free service. Contact me at karenp@cruc.org or 0400 299 751 to arrange a time to catch up.

Speaking of services, I will lead a special Christmas one, for those who are suffering grief and loss of any kind. Entitled *A Christmas Service to Remember and Hope*, time will be given to quietly acknowledge your losses with candles and flowers while retaining hope for the future. All are welcome:

Tuesday 19 December, 7.00 to 8.00 pm  
Narooma Uniting Church, 134  
Wagonga Street (top of the hill), Narooma.

(Rev) Karen Paull  
Community Chaplain  
sponsored by Uniting Church in  
Australia

## At last, the history of the entire South Coast has been published

For the first time, a history of the entire NSW South Coast has been compiled.

Hundreds of micro histories about small areas along the South Coast have previously been written, mostly by the sixteen historical societies that are based in the area.

But this is the first all-encompassing history of the whole area from Kiama to the Victorian border to have been produced.

'The South Coast's history has principally been determined by the geography of the area. And this is essentially the same all the way from the Kiama/Berry area down to the Eden/Merimbula area,' Peter Lacey, a Quaama resident and author of *Extraordinary Histories*, explained. 'And that history of the South Coast is extraordinarily interesting.

'It's full of engaging stories of shipwrecks, bushrangers, gold rushes, fires and floods of course, some unbelievable promises that were made to the area but never fulfilled, and some incredibly stupid decisions that significantly affected the area.

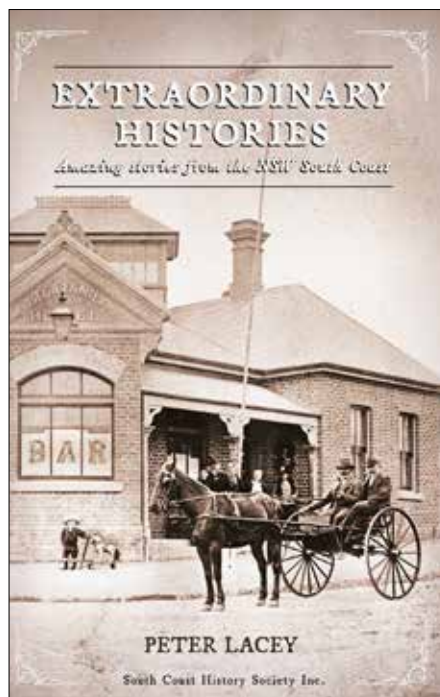
'The challenge I had in compiling this landmark history, therefore, was to decide which of the many, many available stories should be included in the book, and which could be left out.

'*Extraordinary Histories* starts with some conventional history in chronological order – the geological history of the area, information about the Yuin nation, details of early exploration and settlement – but rapidly develops into a collection of somewhat random, but fascinating, stories about the area. This ensures the book is

very readable and is a million miles away from being a textbook type of history. Seventy-five historic photographs have been included in the book to add to its appeal.'

*Extraordinary Histories* is a 320-page, soft cover, paperback-sized book that retails for \$34.95. It is available now – just in time for Christmas – from good bookshops, newsagents, gift shops, museums and visitor centres throughout the South Coast. It will also be available locally at the Very Tilba Christmas on Saturday 2 December and at the Bermagui Market on Thursday 7 December.

Contact: Peter Lacey 0448 160 852



## An afternoon of song

Community choirs gathering

Saturday 9 December

3.00 pm  
Cobargo School of Arts

Entry by donation

That Bunch of  
Singers,  
Riverbend Choir,  
The Bega Valley  
Male Voice Choir.

Led by Dan Scollay  
and Geoffrey Badger



Allan Dummett 0439164176

### SERVICES

- Dozer
- Excavator
- Bobcat
- Tipper
- Tractor
- Roller
- House / Shed Sites
- Road Construction
- Clearing
- Footings / Trenching
- Dam Construction
- Civil Works
- Detailed Excavation





# COBARGO CO-OP

SOCIETY LTD

COMMUNITY OWNED SINCE 1901

## GIFTS GALORE

For the   
**Little Farmer**  
Fantastic range of  
**JOHN DEERE** toys  
and **Baxter Boots** for  
the kids



**GREAT IDEAS  
FOR THE  
GARDENER**  
Plants pots  
Felco Gift packs  
Yellowstone BBQ set



**The Staff and Board would like to thank the community for their ongoing support through the year and wish everyone a safe and happy festive season.**

**One Stop Farm Shop**

Stock feed, fertiliser, hardware, fencing, irrigation full nursery, seedlings, ornamentals, pots, special orders

**52-54 Princes Highway, Cobargo**

**Phone: 6493 6401**





# COBARGO FOLK FESTIVAL 2024

THE BEST LITTLE FOLK & ROOTS FESTIVAL



Photo credits: Sabine Friedrichs, Chris Sheedy and John Burgess.



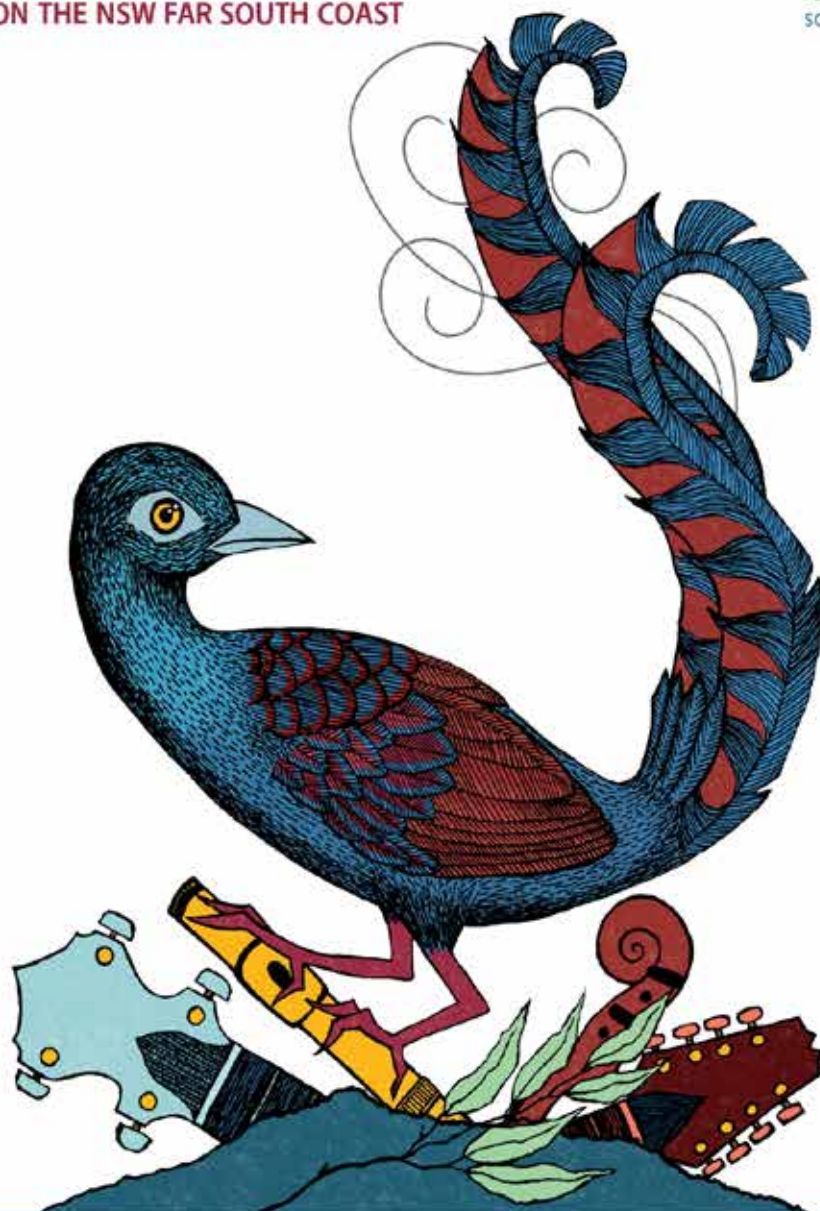
ALANNA & ALICIA  
 ALIVE & CONNECTED PLAY SPACE  
 BEGA VALLEY MALE VOICE CHOIR  
 BEN DRYSDALE & NIALI HOWE  
 BLACK JOAK MORRIS  
 BLUES AND BLESSINGS  
 CANBERRA CONTRA BAND  
 CIGANY WEAVER  
 CORMAC BEGLEY  
 DEN HANRAHAN &  
 THE RUM RUNNERS  
 CURTIS ELLER  
 FIONA BOYES & THE FORTUNE TELLERS  
 FRANK YAMMA & DAVID BRIDIE  
 FRED PILCHER & GEORG BREU  
 GABRIELLE JOURNEY JONES  
 GANGAR  
 GLENY RAE VIRUS &  
 THE GRASS BRAZOS  
 GOLDIE  
 GRAHAM DODSWORTH  
 GULAGA DANCERS  
 HARRY LAING  
 HEATH CULLEN AND HIS BAND  
 JACQUI MALINS  
 JEFF GIBSON TRIO  
 JIM & INGRID REHLE-WILLIAMS  
 KAVISHA MAZZELLA  
 KEJAFI  
 LISA O'NEILL  
 LIZZIE FLYNN AND THE RUNAWAY TRAINS  
 LUCKY JIM  
 LUCY WISE  
 MANUS MCGUIRE  
 MAYPOLE WITH MOLLY  
 MIC CONWAY AND ROBBIE LONG  
 MIRIAM LIEBERMAN TRIO  
 PEPPER AND DAVIES  
 RAIN OF ANIMALS  
 RILEY CATHERALL  
 ROBYN SYKES  
 RON CALLAGHAN  
 RORY PHILLIPS  
 SAM STEVENSON  
 SAPPHIRE TRIBAL BELLYDANCE SHOWCASE  
 SASSI NUYUM  
 SET IN THEIR WAYS  
 SHORTIS & SIMPSON WITH MICHAEL SIMIC  
 SKIFFLE PARTY  
 STONEWAVE TAIKO  
 STONYBROKE  
 SUNDAY LEMONADE  
 THE BUSHWACKERS  
 THE GOOD BEHAVIOURS  
 THE THIRD VOICE  
 THE WARRENS  
 THIEVING MAGPIES  
 TIM MCMILLAN & RACHEL SNOW  
 TUCK SHOP LADIES  
 TURNIP SUNDAY  
 WHITETOP MOUNTAINEERS  
 WILLIE AND THE CORRESPONDENTS  
 WINTER WILSON  
 ZUMPA

# COBARGO FOLK FESTIVAL

2024

THE BEST LITTLE FOLK & ROOTS FESTIVAL  
ON THE NSW FAR SOUTH COAST

MUSIC  
 DANCE  
 CONCERTS  
 SESSIONS  
 KIDBARGOI  
 WORKSHOPS  
 COMMUNITY  
 ZERO WASTE  
 CAMPING  
 COMEDY  
 MARKET  
 POETRY  
 STORIES  
 FOOD  
 SONG



WWW.COARGO-FOLK.COM.AU ILLUSTRATION: PETER BOURNE

Friday - Sunday  
1-3 March 2024

COBARGO SHOWGROUND NSW  
cobargofolkfestival.com

A THREE DAY CELEBRATION  
IN BEAUTIFUL COBARGO



Recently, I came across a saying that caught my eye and imagination: *Wanderer, there is no path – the path is made by walking*. I am unable to recall where I saw this or who it was attributed to, but it certainly seems apt and can be applied to all aspects of life. As we hurtle through the 21st century, it is pretty obvious that the certainty of old ways requires a rethink about new pathways leading toward a safer, more equitable and just future. Challenges exist locally as a hot and dry summer approaches and many people face severe cost of living pressures. Australia is on track to have the hottest year on record and yet we seem unable to move quickly to reduce carbon emissions in favour of more renewable and sustainable ways of living and caring for our environment. Recognition of our First Nations people and acknowledgement of the colonial conquest of Australia must find new ways forward as we confront the truth. And the world continues to witness wars of domination that are very distressing and seemingly unconscionable.

One of the abiding certainties in the Triangle is the strength, resilience and creativeness of our communities – a sure foundation for the challenges we face and for finding new paths. As the end of the year approaches though, it is time to celebrate and reflect on this year. The universal message of hope at Christmas and the promise of renewal and new ways forward in the new year are strong incentives. However you choose to celebrate the festive season, go well and enjoy this time with family, friends and community.

## A Very Tilba Christmas

Everyone is invited to this special three-day event to celebrate the season – Friday, 1 December to Sunday, 3 December – in Central Tilba. Supported and sponsored by the NSW Government and Eurobodalla Shire Council, and organised by a subcommittee of the Tilba District Chamber of Commerce, it is an opportunity to have fun and see a new aspect of this unique heritage village.

Friday kicks off at 4.30 pm in the Big Hall with a display of artworks from local artists, a special performance by the Djinama Yilaga Choir and a fashion parade featuring Tilba wearable fashions – and there's even some dogwear fashions! It's free with a glass of bubbles on arrival and grazing plates available to purchase.

Saturday starts at 3.00 pm and

will have more of a festival feel with market stalls in both carparks, street performers, buskers and carollers, kids' activities around decorating the Bate Street Christmas tree, Santa and the Central Tilba Fire Brigade, heritage walks and late night shopping until 8.00 pm at the majority of shops.

Sunday will feature a range of craft and food workshops for all ages, both in the hall and on site. For more information and to book (required) go to [visittilba.com.au](http://visittilba.com.au). The finale will be a surprise cooking demonstration from well-known local chefs, Kelly Eastwood and Paul West.

Well done Jo Major, Bev Long and Christine Montague for organising this special festive event. For more information contact Christine Montague, 0457 074 980.



Festival feel at a Tilba Christmas

## Central Tilba School of Arts Trust (CTSOAT)

### Update re the Halls' Future Resilience Project

It's been a long two and a half years for the Steering Committee (comprising three SHASA members and three CTSOAT members) and our Project Manager, meeting every Friday afternoon via Zoom. SHASA is the driving force for our project and have been totally committed to seeing our community halls updated to meet the future needs of our community.

Our initial grant (approximately \$1 million) is not enough to complete the entire project. This is due to many factors: the new Building Code of Australia standards, Fire and Safety requirements, accessibility requirements, consultancy fees and the increased cost of building materials and other necessities. The Committee has just completed an application to the grant funding body requesting further funds

(approximately another \$1.8 million) to enable us to complete the entire project. If successful we will be able to start work on the halls in 2024.

### Notice of AG

The CTSOAT AG will be held at 5.30 pm on Friday 8 December in the Small Hall. All community members are most welcome – come along and show your support for the work that has been done by the current committee to preserve our heritage halls. If you can't put your hand up for a formal Committee position, just come and find out the latest news and join the School of Arts Trust as a member.

Membership renewals will be sent out to existing CTSOAT members, but if you would like to join for the next calendar year, you can find hard copies in the halls on market day, or email the secretary at [tilbahalls@gail.com](mailto:tilbahalls@gail.com) for an electronic copy.

Our membership fees (\$15 individual, \$40 for a family, \$50 for a non-profit group and \$65 for a business) assist us in paying our annual rates to Council and every little bit helps! We are totally self-funded and need to raise every penny for the upkeep and general maintenance of the halls – this is where you can help. You don't need to do anything other than join, but obviously if you'd like to assist with fundraising events, cleaning or have other skills then you can state this on your membership application form and leave the rest to us – we will be in touch!

Sally Pryor, Secretary





## Tilba District Chamber of Commerce AG



Jo Major, incoming President,  
Tilba Chamber of Commerce

Outgoing President, Susan Gray, in presenting her report at the AG on 13 November, gave a comprehensive outline of the Chamber's activities and achievements

over the past year. The highlights included the conclusion of the Tilba District Strategic Plan project that achieved several outcomes and is an important blueprint for years to come; the outstanding work done by the History and Culture Committee that earned Bronwen Harvey a Fergus Thomson OAM Award; new signage for Central Tilba and Tilba Tilba; a three-year marketing strategy for the Chamber; a successful Tilba Festival in July; work on the Biosphere Reserve; the preparation and development of the Central Tilba Bushfire Resilience Plan; winning a Silver NSW Tiny Towns Award; and saw shelters constructed over the picnic tables outside the Tilba Dairy. Much of these achievements have been assisted by government and Council funding with significant input from members of the Chamber and the community.

As well, the Chamber provided community grants in 2022/23 from money raised at the 2022 Tilba Festival to a range of organisation including the Central Tilba RFS, Central Tilba CWA, Open Sanctuary at Tilba Tilba, a Heritage Trails event, Gulaga Reconciliation Group and Central Tilba Public School.

Looking ahead, funding has been received for the Very Tilba Christmas and

an upgrade of the Visit Tilba website that includes the development of designated Tilba tours.

Susan also extended her personal thanks to many people and thanked Greg and Pep for their long involvement and contributions and wished them well in retirement. In particular, Susan paid tribute to our special community – a counter-balance to the uncertainty of these times.

The chamber has a new leadership team – President Jo Major, Vice President Susan Gray, Secretary/Treasurer Eden Ramana, Committee – Claire Leonard, Erica Dibden, Tarquin Moore and Mel Feddersen. Congratulation to the Chamber for a successful and active year, congratulations to the new committee and all the best for the coming year.

**Bermagui & District Seniors' Social Club**

**JOIN US!**

We meet on the 1<sup>st</sup> Wednesday of every month at 11 am in Bermagui Country Club  
Anyone interested is welcome



## Give your kiddo a head start!

Our Super Saver Account is the perfect way for kids to learn important money habits while building savings.

Designed for children ages 0-12, it provides parents with a secure and easy way to help their kiddos save. Add chore, birthday and Christmas money ... imagine their interest as they watch their savings grow over time to achieve that special goal.

**Visit our branch with your kiddo these school holidays to open a savings account!**

Bring along your drivers licence, medicare card and their birth certificate.

**HorizonBank.com.au**  
**2 Wallaga Street, Bermagui ☎ 6497 8810**

**Horizon Bank**

\*A Product Disclosure Statement (PDS) is available from any Horizon branch or our website. You should consider the relevant PDS in deciding whether to buy or hold the products. Horizon Credit Union Ltd ABN 66 087 650 173 AFSL and Australian Credit Licence Number 240573 trading as Horizon Bank.





## Central Tilba Collectibles Markets for December and January

Two markets will be held in December and January and the Halls Committee would love to include locally-made handcrafted items – including preserves, knitted, crocheted, patchwork, ceramics, macramé ...

**Sunday 10 & 17 December and  
Sunday 14 & 21 January**

Add these dates to your calendar and come along for some Christmas gifts, little treasures and do your bit for the environment by recycling, reusing and regifting.

**For more information or a stall contact Janine on 0400 992 246**

## Celebrating 93 years of age

Mal Dibden, whose birthday was on 14 November, celebrated with his extended family at his old property, Coolabah Park, on 12 November. Mal is well known and loved as a dairy farmer, historian and for his love of Gulaga. At this stage in his life, his abiding interest is, in his words,

‘my wonderful family’. His family is eight children, 27 grandchildren and 22 great-grandchildren. While he now lives at Estia, Dalmeny, he enjoys frequent visits to Tilba with family. Happy birthday, Mal, and congratulations.



Mal Dibden celebrating his birthday



TILBA'S OWN  
**SWEETWATER**  
EST. 2021  
COCKTAILS & COLLECTABLES

**BROWSE OUR NEW RANGE OF VINTAGE  
MEMORABILIA, RETRO FURNITURE & DECOR,  
VINYL MUSIC, POSTERS & ART, VINTAGE  
CLOTHING AND AMAZING COCKTAILS &  
LOCAL BEER! WE ARE ALWAYS LOOKING FOR  
MORE TO BUY TOO!**

(02) 4473 7654 | 0419 691 854  
HELLO@SWEETWATERTILBA.COM  
1 BATE STREET, CENTRAL TILBA  
FB + IG @SWEETWATERTILBA



## Little Yuin Aboriginal Preschool

As 2023 draws to a close, this successful long-running preschool can look back on thirty years of welcoming local indigenous and non-indigenous children into the education system. This significant milestone will be celebrated in early 2024 along with launching the upgraded playground. With a large grant from the Department of Education, the playground area has been extensively enhanced over the past few months with a revitalised riverbed, two yarning circles, decking around the sandpit, a wave seat as well as new shade sails and soft fall surfaces. The outdoor area is well used with water play areas in the riverbed and rope and climbing structures for the children to gain adventure skills safely.

The preschool runs an active gardening and cooking program where children can plant, grow and then cook produce from the garden. There are plans to extend the garden as the program grows.

With a busy learning curriculum, Term 4 has seen SWAY (Sounds, Words, Aboriginal Language and Yarning), an oral language and early literacy program, continue.

This year, five children will graduate to primary schools at Bermagui, Narooma and Central Tilba. With an active transition program, teachers from those schools have visited to meet the children who will be participating in their chosen school's transition process.

The preschool is grateful for the support it receives both through government funded programs and from community organisations. Early next year, the bus will be replaced with a new 24-seater funded through the NSW Department of Aboriginal Affairs. Narooma Quota Club has provided a new dishwasher that supports the preschool's breakfast and recycling programs. And Gunawirra, a community-led organisation that works closely with Aboriginal and Torres Strait Islander people, families, children and communities has provided care packs and backpacks to be given to graduating children and children when they start. Celebrations are important and the annual Christmas Party, on 13 December, is a special opportunity to celebrate the year with community supporters – Narooma Red Cross, Tilba CWA and the Central

Tilba Fire Brigade.

Enrolments for 2024 are currently open and a special Open Day will be held on Tuesday, 30 January, between 10.00 am and 2.00 pm for children and families. For more information contact Preschool Director, Kim Cooke on 4473 7396.



Little Yuin playground

## Local Hero Award

David Oliphant, Central Tilba resident and retired clergyman, has been named the Eurobodalla Local Hero for 2023. Announced at the Mayor's Charity Ball on 17 November, the local hero award recognises residents who make outstanding contributions to the Eurobodalla community. David was honoured with the award for his work in setting up Monty's Place in Narooma. Monty's Place currently has forty volunteers and is Mayor Mathew Hatcher's chosen charity for 2023. Monty's Place was started ten years ago and serves hot meals once a week for those in need, providing nourishment and company. Part of each ticket sold for the Charity Ball will go to Monty's Place for a new commercial stove. Congratulations David on this well-deserved award – David has been a counsellor and pastoral care educator in the local community for the past 25 years.



David Oliphant and Micheal Hatcher

## Playing with clay

Pottery has always been a popular home craft. Jo Weire from Corkhill Corner Ceramics, however, has taken this artform to another level in her two-year old endeavour. While Jo continues to make her signature pottery, she is now sharing her skills through small group workshops – the first of which were held in mid-November. Participants got to try out their own designs of cups and plates or a tapas set through a process known as 'pinch pot' described by Jo as fun and simple. To get an idea of how it feels the process starts first with play dough before moving onto the real thing – ceramic pottery clay that is moulded into the desired shape with a pinching technique. Participants got to keep their items that must dry to a certain stage before Jo fires and glazes them. The workshops have been popular, so maybe there will be more to enjoy!

Jo's pottery is available through the Tilba Dairy shop where her mugs are used for coffees and at Passionfish Candles and she is happy to make special and personalised small pottery items by arrangement. More information on Instagram@[corkhillcornerceramics](#).



Corkhill Corner Ceramics workshop

### Shrek the movie, hotdogs and milkshakes at Central Tilba School

This term, the Year 6 students have been fundraising for their end of year trip to Barunguba (Montague Island) Nature Reserve. The trip includes transport to the island with Montague Island Adventures and a guided tour with a National Parks officer. The Year 6 students will be able to climb the lighthouse, see seals and learn about the birdlife and history of the island.

The first fundraising event held was a Movie and Snacks afternoon. The students used their artistic talents to create amazing posters to advertise the fundraiser. The movie of choice was Shrek and everyone was encouraged to dress up as their favourite Shrek character. Everyone got into the spirit of the theme and the costumes were outstanding! Molly and Tinkabell worked all morning popping corn and turning the classroom into a cinema. During intermission they also handed out icecreams. The fundraiser was incredibly well received and raised \$200 towards their trip.

The second fundraising event was Hot Dogs and Milkshakes. Year 6 once again created fun and creative posters to advertise the event. They took orders,



Movie time at Central Tilba School

made the hot dogs and milkshakes and counted up the money raised.

Year 6 would like to thank all the community members and families who supported their fundraising efforts. A special thanks goes out to Tilba Dairy for donating the milk for the milkshakes and to the Tilba CWA for lending their popcorn machine. In total they raised \$439.00 for their special end of year trip.

Year 6

#### OK SHED OP SHOP

*Serving our beautiful community and visitors*

Open Wednesday and Thursday 10am – 4pm

+ Fri 22nd, Tue 26th, Fri 29th

& Sat 30th in December

*Bargains, treasures, pantry*

*Good quality donations welcome*



OK SHED  
OP SHOP

BEST LITTLE OP SHOP ON THE COAST

All Saints Anglican Church  
11 Wallaga Street Bermagui  
0408 177 131



harmony  
HEALTH

26 Bunga Street Bermagui

Chiropractic appointments with  
Dr Judy Gebhart in Bermagui  
are available on:

- December 2 & 21
- January 13 & 27

Book your  
appointment on  
0433 372 362

Open Day at Harmony Health on  
Thursday December 21 for free  
initial chiropractic consultations  
(T&Cs apply).

Harmony Health for your health  
care needs including chiropractic,  
acupuncture, relaxation & remedial  
massage, and yoga.

[www.harmonyhealth.au](http://www.harmonyhealth.au)



### Mystery Bay and Central Tilba Mobile Phone Towers

Readers will be aware that telecommunications coverage is an important issue in the Strategic Plan prepared by the Tilba District Chamber of Commerce. A balance needs to be struck between improving the coverage while doing so in a way that is sympathetic to our beautiful environment.

There have been some recent developments regarding the mobile phone coverage for Mystery Bay and the Tilba district.

Our local Federal member, Kristy McBain, confirmed at a community meeting in Mystery Bay on 25 October that Telstra had been successful in receiving Federal Government funding to install a small cell network in Mystery Bay to improve the mobile phone reception. This delivers on an election commitment made by Kristy.

A small cell network involves small box-like antennas being installed on poles to achieve the required level of mobile connectivity.

During November, it became apparent that another company called Waveconn was potentially planning to install two mobile towers, one along Mystery Bay Road and another at the southern end of Victoria Creek Road.

I obtained information from Waveconn and emailed it to the Tilba community and Mystery Bay email groups. If you aren't receiving those emails and want to be included, please email me on the address below.

Here is a summary of that information:

1. Waveconn's business model is to secure sites for potential towers to

service the 5G network.

2. They don't actually build a tower unless they have an arrangement with a telco carrier (Telstra, Optus, TPG, Vocus etc) to service an area.
3. If built, the Mystery Bay tower would service the village and the nearby stretch of the Princes Highway.
4. If built, the Victoria Creek Road tower would service to the east and west of the location and the nearby stretch of the Princes Highway.
5. Waveconn doesn't currently have a carrier for either tower.
6. If the small cell network proposed by Telstra is successful in Mystery Bay, it is unlikely that a tower would be built there.

*Mark Stubbings*

*stubbingsmark@gmail.com*

### Jolly and busy – that is the CWA!

CWA Tilba may be a small branch but we are a busy one – and now we head into a plethora of end-of-year events.

We are active in fundraising in many ways, and a delightful event in late October was the fundraising and information stall CWA ran at the Three Visions Festival at the Tibetan Buddhist Centre in Tilba Tilba. It was great to be part of a delightful day of community sharing and education, with high winds to boot! Newly-elected President (again!) Annette Kennewell and Vicky Staddon ran the stall with crafts, CWA cookbooks and yummy goodies for sale to assist our fundraising efforts.

During the past months the Tilba CWA Craft group that meets on a Thursday once a month has been working to complete the Little Yuin Preschool graduation knitted koalas. These were well received as special gifts last year and were so popular they

have been requested again. Knitted with the colours of the Australian Aboriginal flag, these are a much-loved part of the big step on from preschool! Vicky Staddon coordinates the craft group that has many activities such as knitting, crochet and art-making of all forms, if you would like to join in next year.

Coming up in December, is the Tilba CWA Christmas Carols in the Central Tilba Small Hall on 10 December from 4.30 pm. It is a happy community gathering and all are welcome to attend for singing and Santa fun.

CWA has a long tradition of raising money and supporting local services, so this time of year things like the Rural Fire Service Christmas BBQ and the Little Yuin Preschool Christmas celebration lunch are catered for by Tilba CWA. For a branch with many other activities and interests, it

is still enjoyable to make our community events a happy part of the coming festive season!

Tilba CWA would like to wish our community a happy and safe Christmas holiday season.

*Virginia York, Publicity Officer*



A colony of koalas for the children of Little Yuin Preschool.

### Tilba Bushfire preparation update

The Tilba Bushfire Committee has been very active during October and November, providing information to the community and taking other steps to help the Tilba community prepare for any future bushfire threat.

We prepared newsletters containing useful information for the Central Tilba village and for the district more generally. Those newsletters were delivered personally to people in Central Tilba and Tilba Tilba and emailed by Janine Halasz to the Tilba community, and by me to Mystery Bay.

If you aren't receiving those emails

and want to be included, please email me at the address below.

Susan Courtney (from EcoLogical Australia) and I met with senior representatives of NPWS and the RFS to discuss with them the need for an appropriate Asset Protection Zone into Bellbrook Farm to the west of Central Tilba village, along with the update of two important planning documents – a new Gulaga Reserve Fire Management Strategy (for Gulaga National Park, including Bellbrook Farm that will become part of the Park) and the Far South Coast Bush Fire Risk Management Plan (to

appropriately recognise the value of our villages, buildings and landscape).

John McMahon and I attended a demonstration at Four Winds of an automatic sprinkler activation system, created by a company called Embarr, which operated on 3 October to save the pavilion and other buildings from the Coolagolite fire. We are talking to Embarr about potentially adapting that system to be used in Central Tilba village. It can also be installed at residences and other buildings.

*Mark Stubbings*

*stubbingsmark@gmail.com*

A recent Diggies Landcare meeting inspired me to adapt an old saying, 'The best time to eradicate weeds is twenty years ago. The second-best time is now.'

We decided to re-spark our Landcare group in June 2022, and made it a sub-committee at an AG of the Dignams Creek Community Group. Even though it had been dormant for some years, like seeds waiting for rain, it is up and running again. And just as well. We have many weeds in the creek and there are now some innovative solutions to tackling them.

Ours is one of 22 volunteer groups operating in the Bega Valley under the umbrella of the Far South Coast Landcare Association. Some of the groups are agricultural, others look after coastal Crown and public land, others focus on supporting particular species like Flying Fox, others are more focused on weeds or revegetation, while still others build coastal tracks. The Association helps with grants, connections to Council, land services and experts. It also has a seed bank to ensure local seeds go out to all the

wholesale nurseries and reveg projects. It has a conservation management network, to help those with covenants on their land or who are looking towards getting one. It also works with Local Aboriginal Land Councils on a project that for thirteen years has kept weeds, that are rampant in Victoria, out of the coastal land between Eden and Potato Point.

While the fires and COVID smashed many volunteer groups, the association is seeing a real resurgence, with new groups popping up and old groups like ours starting up again with new blood. What's great about Landcare is that it builds on community knowledge and doesn't necessarily have a big idealistic agenda, rather it helps communities address the problems and find solutions to what they are facing right here, right now.

Our Landcare group is focused on the Dignams Creek catchment area and has been doing walks and talks through community members' land, most recently with Jean Bentley from the Association and Ross Cannon who works for the local land

services and is an expert in *Tradescantia* (or trad for short) biological control. This widespread weed is found on riverbanks and competes with the understorey. Efforts along the Moruya River have been thinning this pest out.

Out at Diggies, Jean and Ross saw serious outbreaks of cape ivy (*Delairea odorata*) and the damage it is doing through suffocating native species. In some areas it's so bad that we might need to enrol the help of some goats. He advised us to get it out of the canopy by cutting it at the bottom of trees, and to let it wither rather than distributing spores and pollen by ripping it off and dragging it around. The best way is to scrape and paint the runners with *Roundup* Biactive herbicide which is registered for use in aquatic areas (frog friendly) or to pull it up and isolate the material from the ground. He also advised us to get rid of the tobacco plants (*Solanum mauritianum*) and moth vine (*Araujia sericifera*). We will get onto it!

Interested in learning more about Landcare? Email: [mail@fscsla.org.au](mailto:mail@fscsla.org.au).



Diggies Landcare Group with guests Jean Bentley and Ross Cannon

## Well Thumbed Books

Quality second-hand books. Fiction, non-fiction, children's books plus more.

Find us at:

51 Princes Highway, Cobargo  
Mon-Fri: 10am to 4pm,  
Saturday: 9am to 1pm



## THE RIVER ROCK CAFE

Shop 1 & 2 Wapengo St, Bermagui NSW

Licensed cafe Open 7 days thru Summer Hols.

### LIVE MUSIC

Sat 9th Dec

**Los Zafiros** \$20 on the door  
Spanish dance band 7pm

Sat 23rd Dec

**Salon de Publique**

Cabaret/Burlesque & Cloudbusting (Kate Bush tribute) \$45  
Bookings essential. Complementary wine or beer 7.30pm

Sat 27th Jan

**Los Zafiros** \$20 on the door  
Spanish dance band 7pm

Est. 2005 Supporters of Live Original Music

Bookings call 64933156 or [facebook.com/TheRiverRockCafe](https://facebook.com/TheRiverRockCafe)

Open Mic  
every

Friday 7-10pm





It seems too early to be thinking of the end of the year, but this is the final issue of *The Triangle* for 2023, not another one until February 2024, so I thought it was worth reflecting on the past year in Bermagui.

We have seen some changes around town ... new netball courts enhancing the sporting facilities; improved boat ramp for the fishing fraternity; sadly the loss of the playground opposite the pub – sorry, kids!

Regular events on the yearly calendar enjoyed by locals and visitors included Sculpture Bermagui, Four Winds, ReBoot, the Dog Show and a new one, Motel Art, that was enthusiastically supported. Of course the whales made their annual pilgrimage and once again thrilled us with a couple of months of up-close antics on their visit.

Music, music, music ... with various venues keeping the music alive for us to enjoy from jazz, classical, rock, folk – thank you to the organisers and the venues.

A special event this year was a visit of a choir from East Timor, Koru Lian, that put on concerts, sang and workshopped with local choirs and visited schools with their joyful and colourful presence.

Bermagui was one of the few towns across the region that overwhelmingly voted YES!

Fires ... again! Not even the start of summer and the area was subject to fierce fires that burnt thousands of hectares, destroyed property, killed stock and shocked everyone with the realisation of the potentially dangerous summer season ahead. Be prepared! The town was very grateful for the heavy presence of fire and emergency services for a number of weeks.

As ever, we lost a few beloved residents – that always leaves a hole in our hearts.

Inevitably there were controversies and continued debate... bridges featured large, building developments (and the demolition of some) and other proposals that aroused debate. Affordable housing is an ongoing problem affecting many families and individuals. The Bermagui Community Forum continues to inform and take a watchdog role.

All in all, Bermagui remains a safe, peaceful and beautiful place to be for those of us fortunate enough to reside here, especially in view of the atrocious state of much of the world. How fortunate we are.

See you in 2024.

## Bermagui Historical Society

### The 2024 Annual General Meeting

is being held Sunday 10 December starting at 2.00 pm at Bermagui Men's Shed on the Bermagui-Tathra Road.

A General Meeting will follow the AG.

Please bring a plate of Christmas food to share for afternoon tea.

Your support is needed and appreciated.

We desperately need active volunteers to keep BHS alive.

The 2024 Calendars are now available for sale at \$20 at the Bermagui Visitor Information Centre and Bermagui Museum.

The Museum is open every Tuesday thanks to Deb Grimm and on Friday when a volunteer is available. Our website is soon to be updated with the new Calendar.

Many thanks to Dave Cotton, Christine Bimson and Allan Douch for their time and effort to produce the Calendars.

*The Bermagui Historical Society*

## Simon & Jess would like to thank the local community for a wonderful 2023 Whale Watching Season!

This year we have had so many amazing whale encounters and we look forward to the 2024 Season! Thankyou to the many locals who have joined our tours and brought family and friends along - we really appreciate your support and love operating whale watching tours from Beautiful Bermagui!

Wishing you all a very Merry Christmas and a very Happy New Year!

Gift vouchers available - They make great Christmas presents!



**SAPPHIRE  
COASTAL  
ADVENTURES**

Merimbula Marina

[www.sapphirecoastaladventures.com.au](http://www.sapphirecoastaladventures.com.au)

Ph: (02) 6495 1686 or 0466 349 122



## Bermagui Community Forum

### Wallaga Lake Bridge update

Plans for repairs have been announced and community members' drop-in sessions will be conducted by Transport for NSW to answer questions about the new plan. These will be held on 4 December, 2023 at Bermagui Country Club from 12.00 pm to 3.00 pm and from 6.00 pm to 8.00 pm.

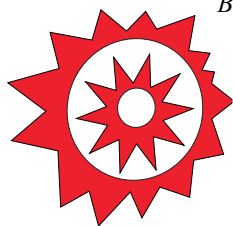
Briefly, there will be a full closure of the bridge from April 29 for 4 weeks and again from July 8 for 3 weeks, weather permitting of course. After these closures the bridge will be open but still with limitations and delays.

Active Transport Survey and Workshop Council is developing a new Shire-wide Active Transport Strategy. This strategy will supersede the 2014 Bike Plan and represent a new long-term plan for walking, cycling and microbility (other low-speed, lightweight vehicles). Community input is being sought via a Council survey and is open until 14 December 2023.

### Electric vehicle charging point is now in place

In a step forward for electric vehicle owners, a charging point is now open in Bermagui at the Fishermans Wharf.

*This has been extracted from the  
Bermagui Community  
Forum newsletter  
compiled by  
Geoff Steel.*



With summer fast approaching, Bermagui Dune Care would like to remind readers, both locals and visitors alike, of ways they can care for our beaches.

Guidelines for caring include:

1. Please place all litter in bins or take it home with you. This includes cigarette butts, drink containers, hooks and fishing line. Litter is unsightly and dangerous as it may injure beach users or wildlife.

Street litter can reach the beach via stormwater drains at Horseshoe Bay and the Harbour.

2. Please use and stay on designated accessways and avoid walking across vegetated dunes. This minimises damage to plants and disturbance to shorebird and animal habitat. Stable dunes are more resistant to erosion. Native vegetation is

## Carols on the Lawn



Prudence Clarke and Pastor Chris

This Christmas season, you are invited to celebrate with the Bermagui Baptist Church. This year, the church is hosting and supporting several different events and services leading up to Christmas Day. To kick things off on Sunday 17 December, come join in with Christmas Carols on the Lawn that will be held at the Union Church, 5 West St, Bermagui from 5.30 pm. Bring along your camp chairs or picnic rugs as we sing along to many Christmas carol favourites, share in a children's story time and enjoy time with family and friends in our beautiful town. There will also be a sausage sizzle for a gold coin donation. Our official Christmas service will be held on Sunday 24 December at 10.00 am and will also be held at the Union Church. This service will be a celebration

of all that Christmas commemorates. You are welcome to join us as we remember the birth of hope in the person of Jesus Christ. Later that evening the Bermagui Baptist Church is supporting the combined churches Carols in Cobargo. Held at Apex Park on the corner of the Bermagui-Cobargo Road and the Princes Highway from 8.00 pm. There will be community and family activities beforehand from 7.00 pm. The Bermagui Baptist Church is not holding a Christmas Day service for 2023, our regular Sunday services are at 10.00 am at the Union Church. We wish everyone living in or visiting our beautiful region a blessed and safe Christmas and a very happy New Year

*Pastor Chris and Prudence Clarke  
0429 861 996*

## Please care for our beaches

protected by law.

3. Do not light fires on beaches or in dunes. Fires produce embers that remain very hot, even when buried in the sand, and that can cause serious burns to unsuspecting people or animals, and also creates the risk of wildfire. Irreplaceable habitat is lost when firewood is gathered from beach areas.

4. Remember all Bermagui beaches are vehicle free, to protect people and habitat.

5. Dogs must be on leashes at all times unless the beach is signposted as a 'leash free area', such as Beares and sections of Haywards Beaches. Dogs are banned from some beaches and coast walk sections for health reasons and/or to protect wildlife habitat, so please check with Bega Valley

Shire Council. No dogs are allowed on national park beaches. Always remove animal waste, out of consideration for other beach users.

6. Properties adjacent to beach reserves should be carefully maintained to prevent garden plants escaping into the dunes. Dumping of garden refuse is prohibited. This helps stop weeds growing on the dunes at the expense of native plants and avoids costly weed controls.

The beaches in and around Bermagui, and their dunes, are among our most important natural assets. Please ensure they are cared for properly.

*Karen Joynes  
Co-ordinator, Bermagui Dune Care*



## Local sponsors boost ReBoot in Bermagui 2023

The ninth annual ReBoot in Bermagui (run by the ReBoot sub-committee of Bermagui Chamber of Commerce and Tourism) was once again a success with attendance back to pre-COVID levels. Apart from the hard work of the ReBoot Committee, organisers acknowledge the generous and overwhelming support of many local businesses without whom the event would not be possible. Sponsors' support assists the organisers to run the event in a professional manner while keeping the costs of attending low.

Offering over twenty different activities and events, ReBoot in Bermagui has something for everyone, young and old, fit and unfit. Fun runs, ocean swims, assisted road bike ride, tug-o-war competitions, netball, barefoot bowls, tennis, croquet, badminton,

bootcamp, yoga, Pilates and tai chi sessions to name a few. Showcasing our stunning coastal landscape, ReBoot attracts visitors and locals alike and is a jam-packed weekend of activities many of which are free. A record sixty children participated in the Kids Fun Run as well as tennis, barefoot bowls, tug-o-war, swim and the netball knockout.

The Guru Dudu Silent Disco Walking Tour was new for 2023. It was hugely popular and so much fun that the activity sold out. Yoga and tai chi had record attendances and there was very positive feedback on the generosity of these practitioners, together with those conducting Pilates and Bootcamp, in donating their time and expertise for these free sessions.

The results of the fun runs and ocean swims are on the ReBoot website and Facebook page. A special presentation was made to recognise Quaama resident Stuart Buck who has an unbroken nine-year attendance at every ReBoot Camel to Club fun run! When asked for a response, he replied – 'See you next year!' Robert Johnson was also acknowledged as the only swimmer to swim in each of the nine ReBoot swims. Over 200 runners participated with teams competing from Running for Resilience, Deadly Runners and Sapphire Coast Runners among other local and family groups.

The tug-o-war was fiercely contested with enthusiastic spectators and a record nine kids' teams competing!

Organisers are currently planning for the 2024 ReBoot in Bermagui, so follow ReBoot in Bermagui on Facebook and Instagram and/or subscribe on the ReBoot website to receive event updates.

*Julie Rutherford*



**Punkalla Pullers, winners of the female tug-o-war**

ABN 32 168 981 780 | ACT Electrical Contract Licence: 2014531 | CEC Accreditation: A9619628  
NSW Electrical Contract Licence: 240732C | Builder Class D Licence ACT: 20071053



**solarhub**

## Smart Distributed Batteries Project

supported by funding from the NSW Government

**\$4,950 discount\***  
**on a Tesla Powerwall 2**



Speak to our solar experts TODAY!  
(02) 6489 9811

\*Offer available in NSW only. To be eligible for the discounted price, participation in our VPP program is required. Other conditions may apply. Contact us for more information.

## CWA's housing plans finally coming to fruition

The Bermagui Branch of the CWA is taking the next step to provide additional low-cost housing for those in most need.

Not everyone is aware that the Sinclair Units in Corunna Street, next to the CWA Cottage, were built forty years ago thanks to the generosity of Mr and Mrs Sam Sinclair, along with government funding. Four units were built to provide low-cost housing and they have been managed by the CWA since.

Plans to increase that number to six have been on the drawing board since 2002 when another bequest was received from Mrs Florence Froggett. Since then, twenty years ago, the timeline of events reads like a script for a comedy TV series with obstacles, mainly of a bureaucratic nature, at every step.

The determination and persistence of the CWA has finally paid off and work commenced last month. BUT ... there is now a funding shortfall. Over the intervening twenty plus years since the bequest was made, the bequest hasn't kept pace with rapidly

rising costs.

Major fundraising is being launched in order to meet the shortfall of approximately \$80,000 and it is hoped that residents of Bermagui will get behind this project through donations to Fund a Fitting (donate the price of a tap, light fitting etc), raffles and a major fundraising event next year – a garden and afternoon tea party in the grounds of a stunning south coast home.

As well as the chance to visit this beautiful property there will be a super afternoon tea in the best tradition of the CWA, an art auction MC'd by a special guest, music, champagne, raffles and more. It will be an event not to be missed. Watch this space for more info in February.

For more information contact: Paula Rumble, 0428 436 228 or Cath Renwick, 0419 491 104

*Georgina Adamson  
in consultation with local CWA members.*

## What's been happening at Moodji Farm?

Moodji Farm's aim is to provide the preschool and the broader community with a fully operational urban and Indigenous farm where people of all ages and backgrounds can gather to share histories, care-for-country and learn from each other by growing food locally.

With climate change and socio-economic instability on the cards, Moodji draws on diversity, collaboration and integration in its design, operations and activities to practice and model social, ecological and economic resilience.

But one chief asset exists – our volunteer team and local supporters. Recently, we completed the construction of an 8x4 metre greenhouse thanks to the tunnel-visioned efforts of Moodjiteer, Per Sturup. A game-changer for the patch – we immediately installed micro-irrigation lines and merrily commenced a tomato seedling drive. This initiative bolstered our piggy bank and boosted confidence in our capacity to propagate all manner of seasonal and perennial plants for regional community projects.

In early November, the 'venerable



Kids hard at work in the Moodji garden

and audacious' Don Firth of Bridge House Nursery increased our knowledge of greenhouse management with a well-attended workshop that had participants buzzing with next-level questions.

A new chicken coop is just days away from having feathered occupants move in and a new storage shed promises new capacity for sensible tool care next month. Preschool GrubClubbers have planted Cupidon bush beans as part of a shire-wide collaboration between Bega Valley Shire Libraries and our good friends, Bega Valley Seed Savers. To support this heirloom variety, we've also just constructed a bold bamboo trellis cage.

Before the year is out, folks might yet see a second tomato seedlings drive with more Moodji Thursdays tempting all who'd like to get their hands dirty from 9.30 am – bring a hat and a readiness to play in the patch.

For more details call manager, Dan Bakker of Eat Dirt Permaculture, on 0427 746 980

*Dan Bakker*

### ABC Cheese Factory

*Our own jersey milk, cheese, yogurt & cream.  
Plus local ice cream, jams, preserves, coffee & milkshakes.  
Milk, yogurt, cream & many more styles of cheese made on site.*

**37 Bate St,  
Central Tilba  
02 44737387**



**Open viewing  
into the factory**

**[www.tilbarealdairy.com](http://www.tilbarealdairy.com)**

### QUAAMA GENERAL STORE



Your one stop shop for Australia Post services, groceries, petrol, hardware, lollies, takeaway meals, local produce and plants.



We say goodbye to 2023 with this edition. It is our last *Triangle* until February 2024. Thanks to everyone who supports us, even if that's just being a regular reader. We're a tight committee of friends at *The Triangle* and love watching each edition taking shape over the course of the month, culminating in deadlines and stragglers and the tidying up of loose ends. Then the miracle of another newspaper arrives from the printers. It's always a thrill to open the first box, take out a *Triangle* and see all the work we've put into it, in print. Another edition done and dusted. And now another year filed in the archive.

There is a fun event planned by the Tennis Club and Quaama Choir. The Quaama summer WingDing will happen on Saturday, 2 December from 3.00 pm at the Quaama Hall. There will be an open mic from 3.30 pm, the Quaama Choir will sing, then from 6.00 pm, enjoy Zairns and Moriarty who are sure to get you moving and grooving. Come along, bring your own food and drinks. Book a table for just \$10 to cover hall hire. Should be a blast.

Calling all you singles out there! A fun evening with fellow singles is happening at the Cobargo Hall on 9 December. All ages 35 and over are welcome. Come along! Meet new friends, have a dance and hang out. Contact [clubsingleinthevalley@gmail.com](mailto:clubsingleinthevalley@gmail.com) to RSVP. If there is sufficient interest, we'll organise a Quaama bus so you can BYO all you like.

Here's wishing everyone a happy time over the holidays. Hope you're doing exactly what you want to be doing! And if you're wondering what Christmas lunch might look like without close family around, there is a strays Christmas being put on again this year by the Bowerbird Op Shop and friends at the CWA Cottage in Cobargo. Some of this area's best cooks will be rolling up their sleeves putting on a fabulous

festive meal. This day is sponsored, so don't think you can't afford all the trimmings. RSVP to the Op Shop in person during business hours, via their Facebook page or email [bowerbird@gail.com](mailto:bowerbird@gail.com).

## Anglican Churches of Bermagui Cobargo and Quaama *WORSHIP SERVICES DURING DECEMBER*

**Bermagui** - 3rd, 10th, 17th, 24th & 31st at 8.30am

**Cobargo** - 3rd, 10th, 17th & 31st at 10.30am

**Quaama** - School of Arts Hall 24th at 10.30am

**Christmas Eve Community Carols**

**Apex Park, Cobargo, 8.00pm**

**Christmas Day Service: Bermagui, 9.00am**

## *WORSHIP SERVICES DURING JANUARY*

**New Year's Day dawn service,**

**Blue Pool Bermagui, 6.00am**

**Bermagui** - 7th, 14th, 21st & 28th at 8.30am

**Cobargo** - 7th, 14th, 21st at 8.30am at 10.30am

**Quaama** - School of Arts Hall 28th at 10.30am

**Contact: Reverend John Thomas 0427 260 833**

# Tilba Valley Winery & Ale House

Our own Tilba Valley beers & ciders now on offer.

Enquiries & bookings - 4473 7308

★ Tickets on sale now - Music starting at 12.00 free of charge

## DECEMBER 2023

- Sat 2 12.00 Sam Fletcher
- ★ Sat 2 16.00 Richard Clapton  
w/ local supports
- Sun 3 12.00 Loose Change
- Sat 9 12.00 Mayfair Lane
- Sun 10 12.00 Steve Benic
- ★ Fri 15 16.00 Kim Churchill w/special  
guest Felipe Bal
- Sat 16 12.00 Tony Jagers
- Sun 17 12.00 Rockin Rob
- Sat 20 12.00 Captain Ablit &  
The Bluetrash Band
- Sun 31 12.00 Beach Bar Swing

## JANUARY 2024

- Sat 6 12.00 Cass McGufficke Trio
- Sun 7 12.00 Minh Ha
- ★ Sun 7 16.00 Daniel Champagne
- ★ Wed 10 17.00 The Whitlams
- Sat 13 12.00 Dale Huddleston
- Sun 14 12.00 Tyler Hauptburger  
& The 3 to 5's
- Sat 20 12.00 Creme Femme Collective  
Pop Up Art & Music Fest
- Sun 21 12.00 Jakob Poyner
- Sat 27 12.00 Whiskey Dram
- Sun 28 12.00 Totum

Located 8 km south of Narooma or 4 km north of Central Tilba  
Follow us on Facebook & Instagram for upcoming events

# SERVICE DIRECTORY

<b>Accountant</b> <b>INDIVIDUAL TAX SERVICES</b> <b>Fredrick Tambyrajah BSc MA MACC MIPA</b> 44 Princes Hwy Cobargo NSW 2550 Phone: <b>6493 6006</b> Email: <b>fred@itaxservices.com.au</b>	<b>Building Services</b> <b>Building / Carpentry / Joinery</b> New homes/extensions/alterations/decks/roofing kitchens/stairs/sheds or owner builder assist Phone <b>Jake Smith 0409 991 929</b> Lic. No. 205250c	<b>Electrician</b> <b>Smedley Electrical Services</b> All electrical work guaranteed. Level 2 Authorisation - underground/overhead mains connections & solar installations Lic. no. 95937C. Phone <b>Jeff 0414 425 571</b>
<b>Accountant</b> <b>Barrett Tax</b> Chartered Accountants & Registered Tax Agents. Specialists in personal and small business tax returns. Ph: <b>1300 651 708 www.barretttax.com.au</b>	<b>Carpenter</b> <b>CARPENTER</b> <i>for all your building needs</i> Phone: <b>Luke Hoskins 0438 585 324</b> email: <b>hoskins2000@gmail.com</b> LIC NO: 203038c	<b>Excavations</b> <b>Bermagui Mini Digger Hire</b> 1.8 ton excavator 1 m wide plus Tipper Trailer Trenching – absorption trenches - tanks hydraulic rock hammer - pier & post holes level pads - clearing and most general excavations Phone ‘Cappo’ (Jason Drew) on <b>0414 522 031</b>
<b>Accounting Services</b> <b>Pandanus Accounting</b> <i>A Chartered Accounting firm</i> High quality taxation and accounting services 20 Hart Street, Bermagui Mon - Fri 10am - 5pm Phone: <b>0488 910 456</b> Email: <b>info@pandanusaccounting.com.au</b>	<b>Carpentry</b> <b>SAPPHIRE COAST</b> <b>CARPENTRY CREATIONS</b> Contact <b>Tony: 0434 835 036</b> <b>tony@carpentry-creations.com.au</b> LIC NO: 338404C	<b>Excavations</b> <b>MOSS CONTRACTING</b> 4WD Tipper + 3.5t Excavator with hydraulic grab & auger. Fire season prep, clearing, site prep, trenching, detailed work, drainage, materials delivered. All aspects of general earthworks. Phone <b>Sam Leone on 0416 237 753</b>
<b>Acupuncture</b> <b>Bermi Acupuncture &amp; Massage</b> Acupuncture, Cupping, Tui Na, Mental Health Care Therapeutic & Remedial Massage <b>Dr David Arthur: 0401 901 787 or 6493 5512</b> <b>bermiacupunctureandmassage.com</b>	<b>Cleaners</b> Professional, insured & in Bermi for over 7 yrs Private homes - Holiday houses - Air BnB Spring cleans - Linen service - windows Reliable & trustworthy <b>Adam &amp; Marg West 0419 302181</b>	<b>Financial Services</b> <b>WiZDOM Loans</b> <i>Call me before you call your bank</i> We can help with loans for home, investments, business, personal and car. <b>0403 430 314 stefani.pebriana@wizdom.com.au</b>
<b>Alpacas</b> <b>Kingdale Alpacas</b> Breeding stock, fleece <b>Graham &amp; Jenny Froud</b> Dignams Creek Phone: <b>6493 6409</b>	<b>Cleaning Service</b> <b>Sapphire Cleaning Co</b> Experienced, Trusted & Quality domestic cleaning service Phone <b>Kaylah: 0490 541 905</b> <b>www.sapphirecleaningco.com.au</b>	<b>Gardening and Home Maintenance</b> Assisting locals, landlords and absentee owners Mowing - pruning - chain sawing - tip runs Deck restorations - small painting jobs Ride on mower now available <i>Reliable - Affordable - Friendly</i> Call <b>Adam West 0419 302 181</b>
<b>Arborist</b> <b>NIC, TREE FELLA</b> <i>Tree care and removals</i> pruning, removals, hedge trimming firewood deliveries, milling services Phone: <b>0466 538 689 nic.treefella@outlook.com</b>	<b>Counselling</b> Relationships, children, stress, anxiety, depression, grief & loss, retirement issues Phone <b>Ed Hills on 0411 346 563</b> <b>www.lakesidecounselling.com.au</b>	<b>Glazier</b> <b>Bermagui Glass</b> All glass requirements – Broken window & door reglazing or replacement, double glazing, fly & security screens, shower screens & mirrors, splashbacks, fire doors, pet doors, custom work. <b>0447 224 776 moonbahconstruct@bigpond.com</b>
<b>Batteries</b> <b>INDEPENDENT BATTERY SUPPLIES</b> <i>Holler for a Marshall 1 300 HOLLER</i> Sourcing quality brands at affordable prices. Cranking, deep cycle, off grid and more. Contact us for a quote - <b>ibsbega@gmail.com</b> Phone: <b>0436 460 460 www.ibsbega.com.au</b>	<b>Courier Services</b> <b>Red Rocket Express Courier Service</b> To/from Bermagui and Cobargo south to Eden Fast - Reliable - Cheap Phone Parts4 Bega: <b>6492 5212</b> Email: <b>bega_angledale@yahoo.com.au</b>	<b>Graphic Design</b> <b>Redeye Designs</b> Affordable high quality logos, business cards, brochures and layout. <b>Phone: 0408 625 963</b> <b>dworgan@exemail.com.au</b>
<b>Bricklaying</b> <b>CM Knowles Bricklaying</b> 15 years experience covering all aspects of brick and block work. Phone Chris: <b>0478 529 028</b> Lic No: 342038C <b>Cmknowles81@gmail.com</b>	<b>Drafting Services</b> <b>Drake Designs</b> Plans & documents – Houses, Additions & Alterations, Commercial Buildings 40 years experience – Phone: <b>0407 939 181</b> Email: <b>geoffreydrakedesigns@gmail.com</b> Website: <b>www.drakedesigns.com.au</b>	<b>Hair and Beauty</b> <b>Miracles by the Sea</b> Hair & Beauty Studio Barbering & massage, safe, natural products 20 Lamont St, Bermagui. Phone: <b>6493 4646</b>
<b>Building Design</b> <b>Lauricella Design and Drafting</b> New homes, Alterations and Additions Basix, Council Submissions etc Phone: <b>0423 907 119</b> <b>www.lauricelladesign.com.au</b>	<b>Electrical Services</b> <b>Anthony Kelly Electrical</b> For all your electrical needs. Reliable prompt service. No job too small. Fully insured. Guaranteed work. Lic No. 33922C Also licensed for Data and Phone Cabling. Phone: <b>0452 010 519</b>	<b>Hearing Clinic</b> <b>HEAR WELL - LIVE WELL</b> Qualified audiologist for all ages Testing, wax removal, tinitis care Hearing aid fitting, maintenance & support <b>Annemarie Narraway: 0411 839 414</b>
<b>Building Services</b> <b>Drakos Brothers Constructions</b> Major Projects to minor repairs Quality workmanship guaranteed Lic No: 39234 Phone: <b>4473 7301 Jimmy</b>	<b>Electrical Services</b> <b>BRINDABELLA ELECTRICAL SERVICES</b> Family owned business of 28 years. All electrical work including old and new wiring, fault finding, electrical appliance repairs. Fully insured and licensed. <b>Darren 0412 208 872 brindaes@bigpond.com</b>	<b>Landscaping</b> <b>Native Instinct</b> Native garden specialist, design, maintenance, retaining walls, ponds, watering systems, plants & paving. Phone <b>Jo &amp; Ken Jacobs on 6494 0191</b>



Ads \$28. To book an ad, please call 6493 8369 or 0407 047 404 or email  
[advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

<b>Leatherwork</b> <b>South Coast Leather Cobargo</b> Handmade belts, handbags Australian made luggage <i>"Free post across Australia"</i> <b>0418 361 781 sthcoastleather@icloud.com</b> <b>www.southcoastleather.com.au</b>	<b>Printing</b> <b>EXCELL PRINTING</b> Brochures, business cards, flyers, stationery booklets, signage, banners <i>"We make printing easy"</i> <b>sales@excellprint.com.au 6495 4922</b> <b>www.excellprint.com.au</b>	<b>Tree Removal</b> <b>DIVERSE TREE SERVICES</b> Tree Removal, Tree Trimming, Land Clearing Fully Qualified & Insured <b>Riley: 0432 663 517</b>
<b>Legal Services</b> <b>MILLAR CREW LEGAL &amp; CONSULTING</b> <i>What you need, when you need</i> Conveyancing / Wills & Estate Planning General Advice & Litigation Probate & Deceased Estates / Dispute Resolution <b>Phone: 6493 3989 mail@millarcrew.com.au</b>	<b>Psychotherapy</b> <b>MARTIN BILLINGHAM</b> Over 15 years experience Available Mondays in Bermagui and by appointment <b>Phone: 0431 371 546 eclipse@outlook.com.au</b>	<b>Tree Surgeon/Arborist</b> <b>SOS Tree Management</b> Fully Insured Stump grinding - bobcat hire <b>Stephen O'Sullivan</b> <b>Phone: 6493 6437 Mob: 0418 465 123</b>
<b>Massage</b> <b>Neil Fox Remedial Massage</b> Relieve tension, pain & dysfunctions stress, anxiety, depression. Sports, Remedial, Deep Tissue, Relaxation. <b>Ph: 0405 215 055 neilfox1@gmail.com</b>	<b>Roofing/Carpentry</b> No job too small Metal, slate and tile repairs Roofs and gutters. Lic. No: 139428C 10% discount for pensioners <b>Phone: Norman 0412 200 556 or 6494 0060</b>	<b>Veterinarian</b> <b>Cobargo Veterinary Hospital</b> Providing a 24 hr service for our clients 56 Princes Highway, Cobargo <b>Phone: 6493 6442 A/hours: 6492 1837</b>
<b>Medical Services</b> <b>BRAVEHEART HEALTHCARE</b> <i>Caring for our community</i> Bermagui Medical Centre - <b>Ph 02 6493 4903</b> Lighthouse Surgery Narooma - <b>Ph 02 4476 2999</b> <b>www.bermaguimedicalcentre.com</b> <b>www.lighthousesurgery.com</b>	<b>Sawmill</b> <b>Bermagui</b> Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. <b>Charlie McVeity</b> <b>6493 4134 or 0428 489 501</b>	<b>Waste Services</b> <b>POO CARTERS</b> <i>We're #1 for your #2s!</i> Septic and holding tank pump-outs. Portable toilet, luxury toilet and ensuite unit hire. <b>Phone: 0416 124 196 poocarters@gmail.com</b> <b>www.poocarters.com.au</b>
<b>Painting</b> <b>Bermagui Painting Services</b> High quality using Premium Dulux Products Domestic and Commercial <b>Patrick 0401 080 559 Lic No 217711C</b> <b>bermaguipaintingservices@gmail.com</b>	<b>Self Storage</b> New complex at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site long or short term. <b>Phone Mel on 0488 143 324</b>	<b>Waste Services</b> <b>SAPPHIRE WASTE</b> Bega Valley And Eurobodalla coverage. Effluent & septic tanks. Prompt reliable service. <b>Phone: 0438 924 408 sapphirewaste@gmail.com</b> <b>www.sapphirewaste.com.au</b>
<b>Painting</b> <b>John Gosch Painting</b> Professional quality work interior/exterior, roof spraying renovation/restoration specialist. <b>Phone: 0407 258 996 Lic No 120093C</b>	<b>Self Storage</b> <b>Bermagui Budget Storage</b> Secure 24x7 PIN access Vermin Proof, Low Cost <b>bermaguibudgetstorage.com.au</b>	<b>Water</b> <b>Drinking Water Household Deliveries</b> Brand new poly tank Food quality stamped Available in the Triangle area Contact <b>Mark 0408 167 172</b>
<b>Pest Control</b> <b>DK Pest Control</b> Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents Termite Specialist/Inspections Seniors Card Discount <b>Phone David Ing 4473 7201 or 0407 337 937</b>	<b>Solar Power Consultants &amp; Installers</b> <b>SOLARHUB</b> Solar PV and household battery storage EV car charging Showrooms in Bega and Batemans Bay <b>Ph: 6489 9811 e: sales@solarhub.net.au</b> <b>www.solarhub.net.au</b>	<b>Welding &amp; Metalwork</b> <b>Stephen Laszuk Hot Metal</b> Chainsaw, mower and pump service and repair, welding and all forms of metalwork 11572 Princes Hwy, Verona <b>Phone: 0438 850 573</b>
<b>Physiotherapy</b> <b>PAIN? INJURED?</b> <i>Get the right treatment</i> Gentle hands-on relief for pain and injury. Neck and back pain, headaches, shoulder injury, hip and knee injury and arthritis. 40 years experience. <b>Call Leonard Bolst: 6404 3222</b>	<b>Tai Chi</b> Cobargo School of Arts Hall Thursday evening during school term 6:00 pm - 7:30 pm <b>Phone Rod 0417 409 788</b>	<b>Window Cleaning</b> <b>One Tree Windows</b> Professional window cleaning service now available in Bermagui and surrounding areas Obligation free quotes <b>Call 0431 368 126 onetreewindows@gmail.com</b>
<b>Plasterer / Gyprocker</b> <b>JNPLASTERING SOLUTIONS</b> Licensed, reliable and insured service with 25+ years experience. New builds, renovations, historic restoration and repairs. <b>Call Jamie 0488 023 846</b> <b>JNPS@outlook.com.au Lic# 134593C</b>	<b>Theatre / Community</b> <b>School Of Arts Players Inc (SOAPI)</b> Theatre group - Cobargo Based Productions - Improv and workshops. All welcome - 8 to 108. <b>P: (0)410 525 968 E: soapi@dotindot.com</b>	<b>Yoga</b> <b>Yoga with Gwynne at The Barn, Tilba Tilba</b> <i>Enjoy more flexibility in body and mind</i> seasonal yoga classes - breath and meditation stress relief - yoga therapy by appointment <b>m: 0414 579 446 www.gwynnejonesyoga.com</b>
<b>Plumbing Services</b> <b>NJC PLUMBING SOLUTIONS</b> New Homes / Renovations / Maintenance Servicing the Bega Valley Shire <b>Ned 0459 481 229 njcplumbing1@gmail.com</b> <b>Lic No 285353C ABN: 34 633 218 676</b>	<b>TV Antenna Services</b> <b>MONTAGUE TV &amp; ELECTRONICS</b> TV antenna & VAST satellite TV systems. MATV-CCTV-Data-Phone-Doorbells-Intercoms. Over 30 years experience - Licensed & Insured <b>Peter Fogwell: 0402 276 699 or 6493 4773</b> <b>montaguetv@internode.on.net</b>	<b>Yoga</b> <b>Bikram Yoga Sapphire Coast</b> Classes 6 days a week Suitable for any age from beginner to advanced Regular yoga retreats <b>Ring Amrei on 0416 092 225</b> <b>www.bikramyogasapphirecoast.com.au</b>

## Essentially Scottish, what a hoot!



Mahesha Philpot in his own Scottish style.



Old Blaze Aid chums Glen Stewart and Peter Flynn

### Coolagolite Auto Spares and Mechanical

Servicing, Repairs, Tyres,  
Batteries and all your mechanical  
needs and rego checks

**CALL 6493 6453**



**61 Rankins Road, Coolagolite**

Since James rolled his Valiant coffee van into town after the fires, it has become the go-to spot for locals to catch up and share stories. On a particular Saturday, a unique conversation unfolded among a group from Quaama, with Kym Mogridge standing out in his inspiring kilt. Glen Stewart's eyes misted over as he recalled donning the same garment in 1976 for a friend's wedding.

'Why don't we have a Scottish event?' suggested Glen and, so, Essentially Scottish was born.

Currently studying hospitality and working in the industry at Cobargo Pub and Sweetwater in Tilba, Glen felt well-prepared to orchestrate a three-course meal based on traditional Scottish fare. Kym sorted the advertising and Glen enlisted Peter Flynn and Bill Sinclair, acquaintances from their Blaze Aid days, to play bagpipes.

Sarah Campbell Lambert, with her Scottish heritage, joined the cause. A Ceilidh was organized, featuring poems, songs and four classic Scottish dances. The evening kicked off with a procession, followed by the reading of Robbie Burns's *Ode to the Haggis*.

The feast consisted of haggis, (heart, liver, and lungs seasoned and boiled in the stomach of the animal) accompanied by 'neeps' and 'tatties' (parsnip and potatoes).

Kelly Eastwood made the mains, including pulled lamb and a veggie option, followed by Cranachan, a dessert traditionally served after the harvest and we all left with the sweet treat Tablet.

Jarod Mitchell, in full Scottish regalia, managed the sound. Alison Taylor, initially helping in reception, wrote seventy dance cards, helped coordinate the dances and sang classic songs with Sarah and Glen's sister, Fiona Cameron, accompanied by Jarod on guitar.

The event, fueled by volunteer efforts, went off without a hitch. Chris Scroggy donated wine and managed the bar with Lora McManus, Deidre Flynn served a delightful elderberry fizz, and Jeremy Waterson from the Highway Bakery donated dinner rolls. Madhava played beautiful piano tunes as dance cards were filled, and Imogen Moore handled all things washable.

The community came together to decorate the hall with flags, deer antlers and pictures of highland cattle. The tables were set for feasting, creating a truly memorable community event. Thanks to Glen's vision and determination, new friendships were formed, cups were filled and heartfelt memories were etched into our collective consciousness. Slainte Mhath!

*Sarah Lambert*



Sarah Lambert and Madhava enjoying a Scottish gig.



We are all currently straining skyward for that elusive large fall of rain. It appears to be falling all around us, but our turn has not yet come ... but it will eventually. Meanwhile in most conversations with people who have been enjoying their introduction into country life and ownership of stock of all sorts it seems they are feeling a little overwhelmed with the constant effort it requires to keep their animals at home. Whilst they have a feeding regime in place, if we understand how long it takes stock to consume the feed given, we must remember that most animals graze up to ten hours a day. This means they are constantly seeking food. The unfortunate fallout of roaming stock is that neighbours are not as in love with Daisy as you are and when they see their favourite flower sliding down her neck it can cause problems. A great idea to help sort it all out is to make sure your boundary fence is in excellent order, ask your local feed supply store for tips about the best fodder to feed and/or contact your local land services who have a lot of printed data on best feed practices. The very last, and painful, option is to wave goodbye to your new-found herd and perhaps revisit the idea again when that elusive rain returns.

Whatever you do you need to be aware in this east coast area we have regular dry patterns of weather.

I recently attended a circular economy dinner in Bega along with 200 other attendees. A promotion of a great idea to create and pursue an economy that returns its profit to the local area which is always our wish but sometimes a hard outcome to achieve but let's keep trying.

The smiles are electric as we enjoy the transformation of the Wandella Hall as the roof is now on and the cladding of the external walls is currently taking place. The construction is behind schedule due to a few unfortunate hold ups but we hope to



Wandella Hall

have an opening in March if not sooner.

Cobargo Show Committee is busy preparing for the upcoming show on 9 to 11 February. We would like all existing

and new exhibitors to take note of the changed pavilion entry cut off dates. We are being progressive with the way we host the show and developing strategies to cope with the layout of a three-day show. We appreciate your understanding and acceptance of the changes. For more info, call Naomi 0417 456 354. If there are any young women in the community who would like to participate in the NSW Young Woman of the Year competition (originally the Showgirl competition) we would love to hear from you. The age group is 18-25 years. Come on, girls, give it a go. It is great fun to be involved in your local show. For more info call Christy on 0401 383 952.

Wishing all our community a wet and wonderful Christmas and a stress-free 2024.



Steph Tarlinton charging her car at the new EV point

## Have you heard about U3A?

### You can be ...



### ... at U3A Bermagui.

We're a community-based, friendly, volunteer-run organisation which offers a wide range of interesting courses. We offer four term-based programs per year. 12 month membership is open to everyone for \$25.

## u3abermagui.com.au

### Join and find out more.



## Rebuild Update – exciting news!

Following the request for tenders for the Rebuild Cobargo Project, the Cobargo Community Development Corporation (CCDC) Limited is delighted to announce the successful tenderer. We will provide all relevant details on our CCDC website in the coming weeks once the letter of award has been issued.

In other exciting news, the Rebuild Cobargo Project has received an award for Planning Excellence in the *Community, Wellbeing and Diversity* category of the 2023 Planning Institute of Australia (PIA) NSW Planning Excellence Awards. In a strong field of nine nominations there were two highly commended and our project was the winner!

Representing the CCDC, chairperson John Walters accepted the award from the NSW Minister for Planning and Public Spaces, the Hon Paul Scully MP at the PIA Awards Dinner held on 16 November.

John said, 'This is a very prestigious award and was won against a very strong field. Our involvement in these awards came out of the blue when our project's planner, SJB Planning, nominated Cobargo's Rebuild Project as one of their significant achievements for 2023. The exciting thing is that, as the NSW winner, we now will go forward as a finalist to the PIA National Awards.'

'The award recognises the role of planning in improving community access to social infrastructure and celebrates great social planning that assists and supports community cohesion. The Rebuild Cobargo Project demonstrates how understanding community needs is integral to sound planning and social outcomes.'

In his address, the Minister stressed the importance of

recognising such projects that are based on originality and innovation, quality of outcomes, support and benefit to local development, and the recognition of excellent collaboration.

More information on the PIA Awards can be found by putting PIA NSW Planning Excellence Awards in your search engine.

In addition to CCDC updates in *The Triangle*, look out for further information on the rebuild in other local print media, social media and community email releases.

*Deb Summer and Steve Williams  
Community Representative Directors*



Pictured (from left to right) – Minister for Planning and Public Spaces, the Hon Paul Scully MP, CCDC Chairperson John Walters, Ashley Dunn from DHA Architects, and Scott Stewart and Katrina Turner from SJB Planning.

## MOSS CONTRACTING

### EXCAVATION SOLUTIONS

**4WD Tipper + 3.5t Excavator  
with hydraulic grab + auger**

Fire season property preparation, fence line clearing, site preparation, trenching, post holes, clean-ups, detailed excavation, drainage works, materials delivered, all aspects of general earthworks

**Friendly and professional  
solutions for local projects**

**Sam Leone 0416 23 77 53**

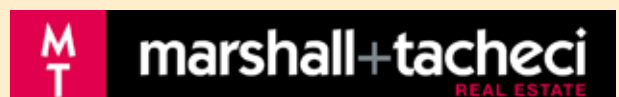
## Buying or Selling on the Far South Coast?



Sales \* Rentals \* Holiday Lettings

**02 6493 3333**

Bermagui's longest established  
Real Estate Agency  
[marshallandtachei.com.au](http://marshallandtachei.com.au)





## Cobargo Community Christmas Lunch

Following the success of last year's event, the Bowerbird Op Shop is again hosting a Community Christmas lunch on 25 December 2023.

**Who can come?** The lunch is open to a range of people including isolated singles, couples or families of any age in the community who would otherwise be having Christmas day alone. It is also for those unable to afford a special-occasion lunch including young families with children.

**Where?** The Cobargo School of Arts Hall.

**When?** 25 December 2023 starting at 11.30 am.

**What do you bring?** Just you and a happy Christmas spirit!

**How do I book?** RSVP to the Op Shop in person during business hours, via our Facebook page or email [bowerbird@gail.com](mailto:bowerbird@gail.com).

We are really looking forward to having an even bigger and better celebration this year.

If you know of anyone else who may be interested please pass the Christmas lunch details on to them but they will have to make bookings themselves.

*Steve Williams*



## Cobargo and District Pony Club AG

Cobargo and District Pony Club has a lot of history and a big heart. Over the years, the club's numbers have ebbed and flowed with the numbers being quite low in recent years but enthusiasm is still high. Our club is fun and informative, supportive and nurturing. We would encourage anyone who loves horses and/or children and community to become a member and support our local club. (All members over 18 must have a Working with Children's Check – we can help with this.) We are holding our AG on 11 December at the Cobargo Hotel at 6.00 pm. We would love you to come along and become involved in any way or, if you'd like more information, feel free to email us at [cobargoponyclub@gail.com](mailto:cobargoponyclub@gail.com).

*Miriam Sellwood*



## BERMAGUI EXCAVATIONS

- 16t Tipper truck
- 4.5t Excavator
- Tracked bobcat

- Hydraulic grab bucket
- Post hole augers
- Rock hammer ● Roller



- General earthworks
- House and shed site prep
- Footings and pier holes
- Green waste clearing
- Driveways
- Trenching for plumbing and electrical works
- Drainage
- Material delivery

**Neville 0428 948 589 - Dylan 0481 311 007**

## ANNUAL CAR BOOT SALE

- Saturday 6 January
- 8.00am - 12.00 midday
- Vendors set up from 7.00am
- \$25.00 per site
- Bookings 6493 4340 or Bermagui Country Club reception



## Subscribe to The Triangle

Do you live outside the Triangle area?

Be sure to receive your copy every month by subscribing.

12 months' subscription is \$35.00.

Email [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

or post your cheque and details to

*The Triangle*, PO Box 293, Bermagui, NSW, 2546.

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Ph \_\_\_\_\_

## Cobargo Community Bushfire Recovery Fund update

Fifty-four community projects in Cobargo, Quaama and the local area have been supported by the Fund since its establishment in January 2020, to a value of close to \$528,500. The remaining GoFundMe and Bendigo Bank donations of \$200,000 are being held in a term deposit for the beautification of the main street as the rebuild gets underway. The Fund is audited by Kothes and the financial records can be found on the Australian Charities

and Not-for-Profits Commission website.

An Independent Review of the Fund has been commissioned from Monash University's Fire to Flourish program.

Thank you to those people who have undertaken interviews to date and contributed their experiences of the Fund's processes, outcomes, benefits and lessons for the future. The Independent Review findings will be provided in a report to the Cobargo Community Bushfire Fund

committee in 2024 and the results shared with the local community via website/Facebook/*The Triangle* and with other disaster-affected communities through forums, knowledge hubs and presentations.

We will keep you updated about Fund activities in 2024.

Wishing everyone a happy and peaceful festive season,

*CCBRF Committee*

## Cobargo Red Cross Branch — Catering Team

### Distinguished Team Award

The Cobargo Red Cross Branch Catering Team are worthy recipients of the Distinguished National Team Award.

For twenty years, the Cobargo Red Cross Branch Catering Team, has been offering a catering service for funerals in their local community.

The team caters for an average of between twelve and fifteen large funerals a year with 100 to 350 people at each gathering. Members keep the costs down by donating both the food and their time, which helps to reduce the burden on families at a difficult time.

As well as funerals, the team provides the catering for the annual Cobargo Anzac Day march, special birthdays, cattle sales and clearance sales.

After the Black Sumer Bushfires, the team then went on to cater for a wide range of Red Cross community recovery events.

As a result of the caring, coordinated and respectful work of the team, Red Cross is well known and regarded for the important service it provides in the Cobargo community.

A very well-earned award to the Cobargo Red Cross Branch and a big thank you for your dedicated volunteering work.

*Julie Bracher*

## NEED A CAR?

**Need a car for a  
day or two?**

**The community car is  
available to borrow.**

**See one of the women at  
Well Thumbed Books**

**or book it by phoning  
Louise on 0416 039 895 or  
Linda on 0407 047 404**

# COBARGO DRINKING WATER

**Call Mark 0408 167 172**

- Drinking water • Stock water • New tanks • Pools • Food quality accredited
- Poly tank owned since brand new - no grey water ever carried guaranteed





## Cobargo Community Access Centre news

It's been quite a busy time at the Access Centre in the past month, and it's looking more and more exciting all the time.

At our recent AG, a new committee was elected with a couple of new faces coming on board to add to our already keen and dedicated team. The Committee is made up of Chris Walters (President), Danielle Murphy (Vice President), Anne-Marie Wilson (Secretary/Treasurer), Fiona Kotvojs, Linda Sang, Jo Forbes and Liz Lacey. Centre Coordinator, Rebecca Bryan, continues to keep the Centre running, along with our wonderful volunteers.

During November, the Get Online Day was a great success, paving the way for our ongoing Be Connected – Building Digital Skills service, available every Friday with our amazing digital

mentors. Just drop into the Centre with your questions and any issues you may have with using your digital devices – phone, computer or tablet.

The Cobargo and Region Volunteer Hub kicked off in November and will provide a database to match people who are keen to volunteer with organisations that need people with specific skills and interests. Give us a call to discuss volunteering with us, whether you're new to volunteering or would like to get back into it.

Our Access services continue to grow, with help across a range of government services and referrals to other agencies. Visiting services include Sapphire Health and Wellbeing Services, Shoalcoast Legal Services, Here2Help (adult literacy and numeracy support) and Cobargo and District Energy Transition for all your questions about energy requirements.

The Cobargo Community Access Centre also has small offices and a large meeting space (up to eight to ten people) for hire. Call Rebecca on 0493 671 117 for rates and to book.

High Tea Tuesdays, on the third Tuesday of the month, continue to be a popular way for all community members to socialise and make new friends while enjoying a cuppa and a scrumptious morning tea.

The Cobargo Community Access Centre is open 10.00 am to 3.00 pm on Tuesdays, Thursdays and Fridays. Just drop in or make an appointment. We're located at Units 5-6, 48 Princes Highway, Cobargo (next to the Co-op). Phone us on 0493 671 117 or email us on [info@cobargoaccess.org.au](mailto:info@cobargoaccess.org.au) or follow us on Facebook to see what's new.

*Chris Walters*



The new Cobargo Community Access Centre Committee  
(left to right) Chris Walters, Liz Lacey, Linda Sang, Fiona Kotvojs,  
Anne-Marie Wilson, Jo Forbes and Danielle Murphy

### Horizon Bank Christmas Appeal

We're collecting donations of new, unwrapped toys & non perishable food items. These can be dropped off at Horizon Bank Bermagui, 2 Wallaga St (next Post Office)

Thank you for your generosity!

**Proudly supporting**



St Vincent de Paul Society  
*good works*



**Puzzled about power?  
Come and talk to us!**

energy use – power bills  
energy options – renewable energy  
appliance purchasing  
circular economy

**Our Community Energy Coordinators  
offer free consultations**

David Neyle  
0405 383 692  
[david.neyle@renewablecobargo.com](mailto:david.neyle@renewablecobargo.com)

Fiona Drum  
0419 718 615  
[fiona.drum@renewablecobargo.com](mailto:fiona.drum@renewablecobargo.com)

[www.renewablecobargo.com](http://www.renewablecobargo.com)  
[renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com)



## Growing the Tool Library

Recently I borrowed a brush cutter from the Tool Library. Scott Herring, one of its founders, adjusted the harness to actually fit me and taught me how to start the bloody thing. I needed the tool, but also the help, to get the job done.

I asked Scott how he feels about stepping back from the Tool Library, 'There was a time when co-founders Monica, Geoffrey and I, as well as early volunteers like Steve and Mike, needed to work really hard to keep it going. But now the team of volunteers is making it work really effectively, putting their own signature to it. I'm really confident that it will keep growing as a long-term community enterprise. More help, enthusiasm and know-how will always be needed to maintain it, but it's on solid ground now.'

Scott described the Tool Library's beginnings as a fairly organic process. 'There were key moments where things just aligned – the Co-op backed us and gave us a space to operate in, there was a significant grant from the Cobargo Community Bushfire Recovery Fund and IHG, the Co-op's wholesalers, donated a container and bunch of tools to kick us off (most of which are still going!). We developed the idea in February 2020, the container was delivered in March and by June the lending library was up and running. In addition to providing tools to people in our community who had lost everything, our aim was to upskill and empower people to get stuff done for themselves, so we have provided courses and training too.'

Scott reckons the key ingredient of the Tool Library success is trust. 'Some people

were against the idea at first, thinking stuff would go missing and get broken. To me, that was never a good enough reason to not do it. The community has really proved that trust is there, it's reciprocal and it grows. It couldn't work without trust and trust is why it has worked so well here in this community.'

Scott is going to catch up with a bunch of jobs at his place and spend time with his kids before they move out. 'I'm also starting a business in agro-forestry. My passion is planting for diversity and farming. Enthusiasm for the Log Jam event showed how much people want to access their own timber. I've always been about growing and planting and I want to work with people in their rural landscapes.'

Goodonyer Scott. And thanks, mate.

*Flick Ruby*



Scott Herring

## Food Tool Library

### – a resource for everyone

The Food Tool Library aims to help people process and preserve more food in our community. All members of the Triangle Tool Library can borrow from the growing list of tools that are listed on the Tool Library website under 'Kitchen and Dining' on the Inventory page. Heather Anderson was among those approached to help start the Food Tool Library and provided an update on how it's going to *the Triangle*.

'There is a lot of interest in this new section of the Tool Library. When the idea was first being explored, over 100 people in the community responded with suggestions for priority items, many of which were purchased or donated. We are really keen for them to be used.'

'Often people only grow what they can eat fresh,' Heather explains, 'but we can eat more healthy, locally grown food during the off season if we learn how to preserve it. We can also grow bigger harvests or start a new patch in our back yard if we have access to the tools and skills. But food preserving isn't only for gardeners or farmers. During the season when they are abundant, anyone can buy local tomatoes and make sauces to use in winter, rather than buying tins that have travelled all the way from Italy. Processing local food dramatically cuts food miles, which can only increase our food security and support the local economy. Getting together with friends to process local food in bulk is also a lot of fun!'

What are the most popular items in the Food Tool Library? 'The dehydrator is getting some good use and it's fun to experiment - who knew that dehydrated celery was so good?! We have held a few workshops with the chicken plucker. The fermenting crockpots, flour mills and Fowlers Vacola sets are popular, and so is the vacuum sealer, especially now that biodegradable compostable vacuum bags are available for those processing their own meat or making their own cheese.'

Half a dozen volunteers are making the Food Tool Library happen, and they would welcome anyone interested in lending a hand. With the CWA as a partner in the project, they look forward to supporting local community days and workshops. Tools can be borrowed during Tool Library hours and please send any questions, requests for workshops or additional tools to the [Foodtoolibrary@gail.com](mailto:Foodtoolibrary@gail.com).

*Flick Ruby*



The '50 sheds' project is a collaboration between the Triangle Tool Library and local carpenter Nathan Thompson with support from Vinnies and Anglicare. So far 13 sheds have been built through four households teaming up and committing 16 days. Each 7.2 x 3.6 m pine framed and tin-clad shed with a gable roof takes four days to construct and costs about \$10,000 in materials to basic lockup. Interested in one of these? Contact Monica Considine: [monica.considine@gail.com](mailto:monica.considine@gail.com)



# Cobargo Conversations

## Classics @ Cobargo

On Saturday 4 November, cars, bikes, trucks and stationary engines came from near and far for the inaugural Far South Coast Classics car show.

Classics @ Cobargo was held at the Cobargo Showgrounds and it didn't take long for the main oval to be swarming with activity. There were market stalls, food vendors, face painting and swap meet stalls and by 9.00 am there were over 247 cars, trucks, bikes and engines on display. Then the crowds started pouring through the gates to check out the awesome display. Volunteers from Far South Coast Classics were on hand doing a fantastic job selling raffle tickets and tee-shirts to boost the gate takings and the canteen that was run by volunteers from Cobargo and Quaama schools' P&Cs who were the beneficiaries of the day.

Several local south coast businesses had sponsored the event and this helped us promote the day to the wider community

and also helped us with trophies and giveaways on the day.

By 2.00 pm, light rain had started to fall but it didn't ruin our spirits as our community had come together to support our Cobargo and Quaama schools. We raised a massive \$14,101.40 and the amount was so large both schools decided to put the funds towards a major project.



Gray Eggeston receiving one of his two trophies from Frankie J Holden  
Photo by Garry Shuttleworth

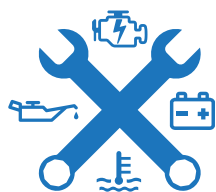
Dave Britton president of Far South Coast Classics attended each school to present their cheques and congratulate them on their success and efforts on the day – without volunteers events like this don't go ahead. One local Gray Eggeston was overwhelmed with his win on the day taking home best bike in show and the Mick Flynn Memorial Trophy for his entry – a Kawasaki H1 500cc. His bike was very well presented and attracted lots of interest on the day.

Far South Coast Classics is hoping to run the event every two years in Cobargo.

*Mel Britton*



Dave Britton presenting the cheques to the Cobargo and Quaama schools



**BERMI AUTOS**

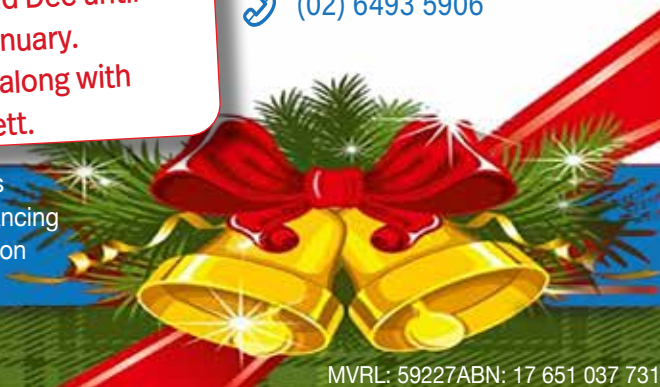


- All Mechanical Repairs
- Full 4x4 Servicing
- Tyres and Batteries
- Log Book Servicing

- E-Safety Rego Inspections
- Wheel Alignment and Balancing
- Tough Dog 4WD Suspension Dealer

We wish our valued clients, family and friends a very Safe and Happy Christmas and New Year. A big thank you also for the wonderful support we have received during the year. Closed from 4pm 22nd Dec until 8am Tues 2nd January. Tim, Jess and family along with Rose and Brett.

🏠 1 Sherwood Road  
Bermagui NSW 2546  
✉ [tim.mead@outlook.com.au](mailto:tim.mead@outlook.com.au)  
☎ (02) 6493 5906



MVRL: 59227ABN: 17 651 037 731



## Cobargo Public School – a top school

Cobargo Public School was very excited to participate in *The best you can be* program on the 25 October. The program is a school-based intervention designed to foster positive physical, psychological and social development by empowering young people to take ownership of their own personal development. Students from Years 2 to 6 engaged in a range of activities that challenged their skills development and supported their social development. All children enjoyed the activities led by the inspiring St George Illawarra Dragons.

‘I liked being challenged by doing the two-minute plank and doing the push-ups. The games were fun and exciting to

play.’ – Ollie, Year 3

‘I enjoyed learning new games.’ – Zoe, Year 2

Cobargo Public School was thrilled to celebrate such a significant milestone in the school’s history – 150 wonderful years of education! Over 350 visitors came through the school, travelling from far and wide to recognise the significance of this special day.

The speech given on the day by two of our proud captains, Maddie Hite and Braeden Washbrook, can be read online in the *Off the Page* section of *The Triangle*.

Billie Wilton



Cobargo Public School group photo

## CWA Cobargo Celebrates

As another year draws to a close, members of Cobargo CWA are looking back on a year of change and fun. The Bake Stall has been established in the Cobargo market and has proved to be profitable, thanks to both the bakers and those who run the stall (often the same people!). They will be there on Saturday 2 December at the Cobargo Market.

We hosted the Probus Club of Batemans Bay to morning tea at the School of Arts, as they made their way down the coast on a Mystery Tour. We really enjoyed the experience, and they were delighted with our offerings!

We are still seeking to lease out the cottage to interested groups at a minimal rental. It is a pleasant environment, with carpeted floors, air-conditioning and a modern kitchen. Please contact Sally Halupka on 0429 933 686 for details on the central and comfortable venue for your next event.

We are still calling for nominations for Cobargo Citizen of the Year. We know there are many unsung heroes in our community. If you wish to nominate someone, please send an email to [cwacobargo@gail.com](mailto:cwacobargo@gail.com) with your nomination details included as an attachment. Your nomination should include your reasons for nominating, giving as much detail as possible. Remember this award is for volunteers only and for someone who does not receive any remuneration for what they do. The selection of the Cobargo Citizen of the Year is made based solely on what you include in your nomination. Please include your contact information so we can contact you if necessary. We will advise you of receipt of your nomination by email. The closing date is within a few days, so don’t hesitate to contact us.

We are arranging a well-deserved lunch for members after our next meeting. We wish our beloved community a peaceful holiday season.

Mary Williams, Publicity Officer



### A unique and rewarding investment – Cobargo General Store!

Ever dreamed of being part of a vibrant community while contributing to a town’s revival? Here’s your chance! Jane and Alfred are seeking expressions of interest from prospective buyers to continue the legacy they created in the iconic Cobargo General Store.

#### Why Invest:

- Strong local support and loyal customer base.
- Opportunity to diversify and expand the business.
- Become a cornerstone in Cobargo’s vibrant local scene.

More information on our website [cobargogeneralstore.com.au](http://cobargogeneralstore.com.au)

If you’re ready for a unique business venture and an enriching lifestyle, lodge your expression by email - [cobargogeneralstore@gmail.com](mailto:cobargogeneralstore@gmail.com)



## Bermi Acupuncture and Massage

Dr David Arthur

12 Sinclair St, Bermagui

0401 901 787 or 02 6493 5512

[www.bermiacupunctureandmassage.com](http://www.bermiacupunctureandmassage.com)

Visit our website  
[www.thetriangle.org.au](http://www.thetriangle.org.au)



## Cobargo Commons

If you've walked through Cobargo lately, you may have noticed bustling and clattering and the occasional guffaw echoing from a tiny kitchen on wheels. What's all this? I hear you mutter. Well, we're a group of friends on our way to becoming a not-for-profit collective, stewarding a block of land we're calling Cobargo Commons. We want to use what we have: a kitchen (aka CoCo Kitchen), a heritage building, a garden, our time and our imagination, to be in service to this place and our community. We are always trying to understand each other's views and values, within the co-op and beyond, to work toward the thriving of our community. As this is a new venture, there's a lot changing. Our hope is to strengthen relationships and connection within the town, so we'd love to hear feedback and suggestions that will help us stay on course. We've been serving food for six months now: delicious, nourishing, carefully sourced meals made with love and giggles. With our good friend Valiant James moving down the road, we'll be serving Guerilla Roasters coffee.

For the White Horse building, we've been dreaming of the Community Living Room, a place people feel they belong, where we can come together to create music, have light and hard conversations, play a board game, read a book (perhaps from the community-curated bookshelf), share skills and knowledge, and enjoy simple wholesome food. We thank Tess Spicer for everything she's offered the town through her beautiful vintage store and we hope the Living Room is a worthy successor. Outside, we want to cultivate a tiny town square with pathways to the other spaces in the town, tend to the creek and garden, and make space for craftspeople and makers. Come down and have a seasonal bowl, a coffee and a chat!

*Charlie Bamford*



Good times at CoCo Kitchen



**Millar Crew**  
LEGAL AND CONSULTING

- conveyancing
- leasing
- deceased estates
- powers of attorney
- wills & enduring guardianships

4/2 Wallaga Street, Bermagui NSW 2546 (PO Box 118)  
(02) 6493 3989 mail@millarcrew.com.au

## Renewable Cobargo

### – what a big year we've had!

**But who's counting? We are!**

Renewable Cobargo is all about building resilience through enhancing and improving our local renewable energy infrastructure. In 2023, we completed two key initiatives. Four E-Hubs (extreme weather cool places) have been completed in Cobargo community spaces – the RFS Shed, RSL Hall, School of Arts Hall and Cobargo Co-Op. Solar panels and batteries will ensure an uninterrupted power supply to these four spaces if/when the grid goes down. Three new EV destination chargers have been installed in Cobargo, Bermagui and Tathra. These will be welcomed by local EV owners and visitors alike.

Our Community Energy Coordinators have hosted a range of energy-focused events this year: a Heat Pump Expo, an EV Show and Tell and a stand at the Circular Economy Expo in Bega. Throughout the year, they have offered free one-on-one energy consultations. Our members have also given talks to local groups such as U3A and participated in energy-related conferences and webinars.

Renewable Cobargo has also made substantial progress on our fourth project, the Cobargo microgrid. Activities in 2023 included two community conversations and six meetings with local groups. Our project partners, ITP Renewables and ITP Development, will deliver a feasibility study in May next year.

We would like to thank everyone who has attended our events and supported us throughout 2023. We would also like to extend special thanks to the RFS, RSL, School of Arts and Cobargo Co-Op who partnered with us in developing the E-Hubs. And to the Cobargo Co-Op, the Bermagui Fisherman's Co-Op and the Tathra Hotel, for installing the EV chargers that they co-funded with the NSW Government. We are especially grateful for Federal Government support under the Black Summer Bushfire Recovery Grants Program and Regional and Remote Communities Reliability Fund that has made so much of our work possible.

We wish everyone an enjoyable holiday with family and friends and a happy new year.

*Renewable Cobargo team*



Aerial view of the E-Hub solar panels installed on the roofs of the RSL Hall and School of Arts Hall (in the background). Photo: Andrew Rogers

**Subscribe to *The Triangle* online!**

**It's free**

Go to [www.thetriangle.org.au](http://www.thetriangle.org.au)

and enter your email address into the box on the right of the page.

## Cobargo Folk Festival 2024

We have an incredibly exciting program shaping up for the 2024 Cobargo Folk Festival – it will be a ripper!

Joining headliners Frank Yamma and David Bridie, Norwegian folk-rock band Gangar (they say they are a folk band influenced by ACDC and Swedish metal band, Meshuggah – we think they'll lift the roof) plus The Bushwackers, Lisa O'Neill (Peaky Blinders), Manus McGuire, Zumpa and Curtis Eller. We are delighted to welcome the multi-talented Michael 'Mikangelo' Simic presenting 'Under the Influence', with Shortis and Simpson and a top band. Described as a 'wild ride' through Michael's varied career and musical tastes, the show is receiving rave reviews and it's another one to mark in the calendar.

Also on our stages is the extraordinary Irish concertina player, Cormac Begley; Lucy Wise who won this year's Best Folk Work in Vic; folk legend Graham Dodsworth; and the irrepressible Mic

Conway and Robbie Long.

The Tuck Shop Ladies are back by popular demand for everyone who heard about them but couldn't get in to see them in 2023!

Stonewave Taiko, led by former TaikOz drummer David Hewitt, will be with us cementing the Bega Valley's reputation as a home for amazing percussion, and local band Goldie will get us all up and dancing.

Then there's Pepper and Davies, Cigany Weaver, Fiona Boyes and the Fortune Tellers, Ben Drysdale and Niall Howe, Sunday Lemonade, Kavisha Mazella, Riley Catherall, Zumpa, Sam Stevenson, Miriam Lieberman, the Jeff Gibson Trio, Gleny Rae and the Brass Razoos, Kejafi, Willy and the Correspondents, The Warrens, Ron Callaghan, Rory Phillips ... we want to mention everyone but we're running out of room so check out the full lineup in the poster.

This year, the festival is working closely with the Cobargo Community Access Centre, Bioluminescence, Sam's Caravan and Renewable Cobargo to develop the skills of our young people in event lighting, stage management, sound production and many of the other tasks needed to put a successful festival together.

Maybe you don't know many of the names but we guarantee that for less than the price of one Taylor Swift concert, you'll get over forty hours of world class music from Australia and around the world.

We'll be introducing all the acts in the weeks leading up to the festival on our website and Facebook pages. Please tell all your family and friends that early bird weekend tickets are just \$120 and will be on sale until sold out or 31 December, whichever comes first. Click on the QR code on the poster.

Finally, it's your festival: volunteer, come for the weekend or just for a day.

*The Cobargo Folk Festival team*

### At The Lazy Lizard Gallery for January 2024:

#### *From the Heart* an exhibition of new works by the Lazy Lizards



*Within* Alan Holley

The exhibition *From the Heart* feels appropriate after a year of losses, upheavals, a world full of conflict, bushfires and uncertainty. Our suffering world needs more of us to create and connect through love. The creative process is a magical thing, its authenticity resonates with both the artist and the audience. Our way of expressing how we are feeling is to create new meaningful 'heartfelt' original pieces for our Sideroom exhibition in January. Come and relax and enjoy our special art pieces.

We will be launching the exhibition with a good old-fashioned Lazy Lizard opening party from 5.00 pm on Friday 5 January. Join us for drinks, nibbles and lots of fun. Dress up if you feel like it.

PS: The Lizards are excited to have Michelle Marly rejoining the gallery after some years. Michelle was a founding member, and her work is much loved by us all. Welcome Michelle.

*Shirleyanne Myers  
on behalf of the Lizards*



**SHOP OUR  
ONLINE  
STORE**

**www.excellprint.com.au**

PAMBULA  
**6495 7320**  
sales@excellprint.com.au

MERIMBULA  
**6495 4922**  
merimbula@excellprint.com.au

BATEMANS BAY  
**4472 1599**  
batemansbay@excellprint.com.au

*Supporting our community*



# POO Carters

*We're #1 for your #2s*

**Premium dual toilet trailers and ensuite units now available**

- Septic tanks pumped
- Aerated systems pumped
- Portable toilets For Hire
- Family owned and operated
- Caring for our environment



**Office Number: 0427 500 113 • Rodger: 0447 003 594 • Trudie: 0416 124 196**  
**Email: poocarters@gmail.com • Web: poocarters.com.au**



# Art in the Triangle



## Painted poles of Cobargo

The painted poles project rose out of a community that places a value on creative arts as evidenced by our musical events, murals, plays, sculptures, galleries and, the much-loved painted poles. The loss of iconic buildings in Cobargo's main street in the 2019-'20 fires sparked a need to restore beauty, art and culture.

Local artists with a connection and love of this village picked up paints and brushes creating paintings of the stories of who we are as a community. From Indigenous art to tales of birds, music festivals, trees, dancers, landscapes, history and children's drawings all weaving together the magic of life in Cobargo and surrounding country.

This project was gracefully managed by Cobargo's two galleries - Shirleyanne Myers, Gabrielle Powell and Naomi Lewis of The Lazy Lizard Gallery, Marilyn Banfield, Sandra Taylor and David Karonidis of Cobargo Creators. Thank you to

David for undercoating more than sixty poles!

We salute the artists:

Allison Allwood, Beth Dogan, Catriona Kitney, Ci-aan Argent, Christine Quinton, Cobargo Creators Childrens Art Class 2020, Cobargo Mums n Bubs Playgroup, Cobargo Public School Children, Cornelia Eichler, Elizabeth Andalis, Emily Laszuk, Evans Family, Gabrielle Powell, Helen Morris, Jenny Bruce, Jess Evans, Judy Pinder, Kath Unsworth, Kathleen McCann, Kelly Ryner, Lainey Keir, Lillian and Don Green, Maggie Thorssell, Marilyn Raynsford, Melissa & Rose Gabelle, Michelle Marly, Naomi Lewis, Narelle Perroux, Natalie Bateman and Carl Taylor, Nicky Hutteman, Quaama/Cobargo Quilters, Robyn Williams, Ros Hewett, Ruth Haggard, Sally Wilson, Shanice Nu Hilder, Shirleyanne Myers, Tia Ofi Fereti, Vivienne Arnott and Zoe Burke.

Sandra Taylor

Yellow Tailed Black Cockatoo, Alison Allwood  
Gift to May, Nicky Hutteman  
Peak Alone, Narelle Perroux

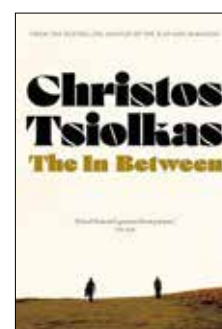
## Coming to Well Thumbed in January and February

Well Thumbed Books will be hosting a chat with acclaimed Australian author Christos Tsiolkas at Well Thumbed on Sunday, 7 January at 2.00 pm. We are very excited to have snagged Christos who, not only thinks our shop is great, but has also been a frequent customer.

We invite you all to join us for discussions on life and his books, especially his latest *The In-Between*.

Please put this date into your diary and we look forward to seeing you all.

Louise Brown



*The In-Between*, the new book by Christos

## Cobargo Creators News

The Cobargo Creators Management Committee wishes everyone a safe and joyous festive season. We are thankful for the ongoing support of locals who shop locally for locally made items and for the many visitors who value creativity. We have a great range of local creations that are ideal for Christmas and general gift-giving and there's still time to buy some tickets in our fundraising raffle. The raffle will be drawn in the Gallery on 16

December and the prizes, which would make great gifts, are vouchers that are redeemable in the Gallery. As 2023 draws to a close, we are getting ready for our first exhibition for the coming year.

*Reflections* is a members-only exhibition that will open on 2 January and run until the end of the month.

We are also keen to hear your suggestions for next year's workshop program, so let us know what you'd like

to have a go at. And don't forget about our Craft Bank – it's full of free, donated craft and art equipment that you are welcome to access during Gallery opening hours. We are open between 10.00 am and 2.00 pm from Sunday to Friday and between 9.00 am and 1.00 pm on Sundays. You can contact us on 0408 411 956 or by email at [mail@cobargocreators.org](mailto:mail@cobargocreators.org).

Glennnda Heino

## Spiral Gallery's summer exhibitions

**Artesanato**, Spiral Gallery's artists and friends' annual cash and carry exhibition in Gallery 1, runs Friday 1 December at 10.00 am to 17 January 2024.

A smorgasbord of original artworks from Spiral members and other local artists – with ceramics, jewellery, clothing, textiles, prints and paintings, handcrafted wood and knives, baskets and glassware.

**Note:** Extended opening hours 9.00 - 5.00 from 11-23 December. Closed 25, 26 December and 1 January.

And in Spiral Gallery 2: **Shedding**

Artworks by Sharon Cornthwaite. Throughout her varied career, she has hunted and gathered ideas, techniques and materials and this is an exhibition of her recent works.

Runs from 1 - 23 December.

Please join the artists for coffee and cake from 10.00 am to 1.00 pm on Saturday 2 December.

Monday to Friday from 10.00 am to 4.00 pm and Saturday from 10.00 am to 1.00 pm.

After Christmas in Spiral Gallery 2:

**Kindly Tilly** by Matilda Johnson

Matilda's exhibition is a launching pad for her career using ceramics, paper-making and block printing. She has been supported by the Mumbulla Foundation.

Runs 27 December 2023 to 17 January 2024. Closed on 1 January.

Gus Waddell

**Spiral Gallery**  
47 Church St, Bega  
(02) 6492 5322

Website: [www.spiralgallery.org.au](http://www.spiralgallery.org.au)



### SALES RENTALS HOLIDAY BOOKINGS

02 6493 3444

Shop 10, Bermagui Fishermen's Wharf, 73-79 Lamont Street, Bermagui  
[www.butterfieldproperty.com.au](http://www.butterfieldproperty.com.au)

*"We put people first"*

**b** butterfield  
PROPERTY

## Four Winds (FW) announces the 2024 Artistic Leadership Team and a year of review, recalibration and renewal

Four Winds home on the Far South Coast of NSW provides an exquisite and unique experience of music in nature. It is also a location and community that has weathered devastating fires and floods amid the challenges of COVID.

‘To create a sustainable, evolving and relevant vision for the future, Four Winds has decided to pause the 2024 Easter Festival and instead present a varied program of concerts and events over the year, including a curated collection of smaller scale performances at Easter,’ says Four Winds Executive Director Leigh Small. Four Winds First Nations Director, Cheryl Davison and Create and Inspire Director, David Hewitt, will be joined by Lindy Hume AM PhD (Artistic Director of FW Festivals ’21 and ’22) and Timothy Walker AM CBE as the Artistic Leadership Team to curate the 2024 program. In addition to the Easter program, there will be a Spring Youth Music Festival, a First Nations program and partnerships with Musica Viva,



Australian String Quartet Credit: David Rogers

Music in the Regions, Cobargo Folk Festival and Wanderer Festival. Small explains, ‘2024 will be the time for Four Winds to review and renew its vision for the next five to ten years. This is an exciting moment to engage with Four Winds community that includes thirty years of musical alumni, partners and, importantly, our local diverse audience and artists.’

In late November, FW hosted the Annual Spring Youth Music Festival titled Bunaan Garindja, Dog Trumpet – a Murrah Hall collaboration and a second residency week for Affinity Quartet. In addition, in early December we will welcome back Erkki Veltheim and Sabina Maselli to continue their sound investigation work.

Details of the 2024 Program will be announced in January.

*Madson Phillips*



Aerial shot of Four Winds Credit: David Rogers

## REGISTERED NURSES / FULL TIME / PART TIME / CASUAL

### Nardy House, Quaama/Cobargo NSW

***If you are passionate about helping others; Nardy House is for you***

- We have a great opportunity for a Registered Nurse to join our team.
- Supporting people with a profound disability is a rewarding job.
- Shifts vary and participants are supported 24 hrs/day.
- Qualifications preferred; study/training available.
- Salary sacrifice available for permanent staff.



- At Nardy House we aim to create an environment where you can grow and develop professionally in a caring and supportive atmosphere.
- Nardy House provides an opportunity to work with like-minded people who are committed to improving the lives of those living with profound physical disabilities.
- It is located in the peaceful country side of Quaama, 30 km north of Bega on the NSW south coast and provides a 5 bed permanent accommodation home and a 6 bed respite facility for residents.

**Contact our CEO, Denise Redmond on 0408 675 259  
or email [denise@nardyhouse.com.au](mailto:denise@nardyhouse.com.au) to find out more.**



WAYFARERS AUSTRALIA DIRECTED BY JUDITH CLINGAN AM PRESENTS

# MUSIC THEATRE FOR ALL AGES!

JANUARY 2024

BOOKINGS



## SING HEY! FOR A BEAR

WINNIE-THE-POOH STORIES

10:00-11:00 MUSIC THEATRE

WORKSHOP (AGES 7-12)

11:15-12:30 SHOW



## SHAKESPEAREAN AFTERNOON

PYRAMUS AND THISBE  
WITH CHORAL MUSIC

2:00-3:00 SINGING WORKSHOP  
(AGES 11+ AND ADULTS)

3:15-4:15 SHOW

SAME TIME IN ALL LOCATIONS

TICKETS START FROM \$5

BODALLA MEMORIAL HALL WEDNESDAY 17th

COBARGO SCHOOL OF ARTS HALL THURSDAY 18th

BERMAGUI COMMUNITY CENTRE HALL FRIDAY 19th

TILBA SMALL HALL SATURDAY 20th

BOOKINGS



ENQUIRIES [WAYFARERSAUSTRALIA@OUTLOOK.COM](mailto:WAYFARERSAUSTRALIA@OUTLOOK.COM) OR 0410 617 427



## Four Winds Youth Festival

### ***Bunaan Garindja was a great success***

On Sunday 19 November, family and friends gathered on the lawns of the Four Winds Windsong Pavilion to listen to the voices and perspectives of our community's youth.

This special event was curated by Four Winds Create & Inspire Director, David Hewitt, whose work in this space extends well beyond the festival day itself, through a multi-year collaborative and inspiring project.

The Create & Inspire program has supported the region's teachers in their mission to help young people explore the connection, creativity and confidence that music education can provide.

Hewitt curated the day to bring together young performers, First Nations artists, our incredible local mentors and audiences for an afternoon of intergenerational listening; enhanced by sun, delicious food and camaraderie.

Audiences heard from Djinama Yilaga Choir, Bega Valley Youth Orchestra, Candelo Cello Society, Bega Valley Male Voice Choir (featuring Harper Jessop, Nyah Cockle, Axel Bobeldyk and Juliet Fitzmaurice) and many more!

Four Winds would like to thank everyone who contributed to making the day so meaningful, and for providing the opportunity for these blossoming talents to perform for a receptive audience.

*Madison Phillips*



Youth Festival performers singing Valerie on the Sam's Caravan Stage  
Photo: David Rogers



Dancers. Photo: Angela Marshall

## Giiyong Festival at Jigamy

Twofold Aboriginal Corporation, Eden Local Aboriginal Land Council and South East Arts presented the 2023 Giiyong Festival at Jigamy, just south of Pambula, on Saturday, 18 November. The weather was kind – sunny with a pleasant intermittent breeze – and the organisation of the event was impeccable. Giiyong (come to welcome) is a festival celebrating Aboriginal culture, arts and resilience through music and dance, language and food, craft and comedy. There were panels discussing food culture, politics and creativity.

The day was one of friendship and generosity.

The highlights for me were the excellent Welcome to Country and Smoking Ceremony; conversations with several elders and knowledge holders, especially about the referendum and where to from here; the surprise package of Clarence Slookee (of ABC's *Gardening Australia*) singing as part of a duo, the ironically named Native Plant Appreciation Society; the Djinama Yilaga Choir singing in the Dhurga language in front of Trish Ellis, the recipient of an OAM for writing the *Dhurga Dictionary*; and the Dhilwaan Yarrakural (Nightfall Dance) in which members of all five dance troupes, with singers and musicians, gathered in the Bunaan Ring and danced in the raised dust and smoke as the sun slowly set.

What a day of positivity, respect and pride.

*Angela Marshall*

## Drinking Water Deliveries



Phone

**0439 164 176**

BVSC Accredited



## Music theatre workshops and performances

This January, Wayfarers Australia will again delight South Coast residents and visitors with music theatre workshops and performances. The 34 performers, aged from five to seventy-nine, will be directed by Judith Clingan AM, assisted by her daughter Jess Dixon, a drama teacher and visual artist, and three young adults who have been performing with Judy since their childhoods. These young people will look after lighting, stage management, props and wardrobe.

Workshops and performances will be offered in four towns:

Bodalla Wednesday 17 January

Cobargo Thursday 18 January

Bermagui Friday 19 January

Tilba Saturday 20 January

Each day will offer the same program:

Mornings 10.00 – 11.00 am: a music and drama workshop for children aged 7-11 based on A. A. Milne's Winnie-the-Pooh

stories, during which they will learn two songs and be offered the chance to take part in the performance as Friends and Relations of Rabbit (ears and tails will be provided!).

Mornings 11.15 – 12.30: performance of *Sing Hey for a Bear!* – Judy's version of the stories acted by both children and adults, with music written by Judy and Liam Waterford. A small orchestra (recorders, strings, clarinet and percussion) will accompany the singers.

Afternoons 2.00 – 3.00: a choral workshop for adults and young people from eleven years who love singing – they can learn part-songs from Elizabethan England, and songs to Shakespeare's words. Some of the pieces require sopranos, altos, tenors and basses; some only require three parts (sopranos, altos and men); some work perfectly well with no men at all! Music will be provided and Wayfarers will assist

each vocal line.

Afternoons 3.15 – 4.15: *A Shakespearean Afternoon* – songs presented by Wayfarers, with some participation by workshop participants, followed by a performance of the hilarious play-within-a-play *Pyramus and Thisbe* from Shakespeare's *A Midsummer Night's Dream*.

For more information contact at wayfarersaustralia@outlook.com or call 0410 617 427. For prices and booking information see the ad in this publication.

Judith Clingan



Winnie the Pooh, Piglet and Tigger in a performance of *Sing Hey for a Bear!*

## Captured Lives, Cages and Traps by Nelia Eichler at the Lazy Lizard Gallery, December

*Captured Lives, Cages and Traps* explores the lives of captured humans and those of other animals. From convict women to Jane Austen, Nelia explores captured lives through wire sculptures and textile/fibre work.

Nelia graduated with a visual arts degree from Canberra School of Art in 1985, with a major in Ceramics and a sub-major in Textiles/Fibre. She has worked in textiles, painting, drawing, printmaking and currently basketry sculpture. Recent inspiration is from an online course last year – *Form to Freedom* weaving for fibre sculpture with Harriet Goodall.

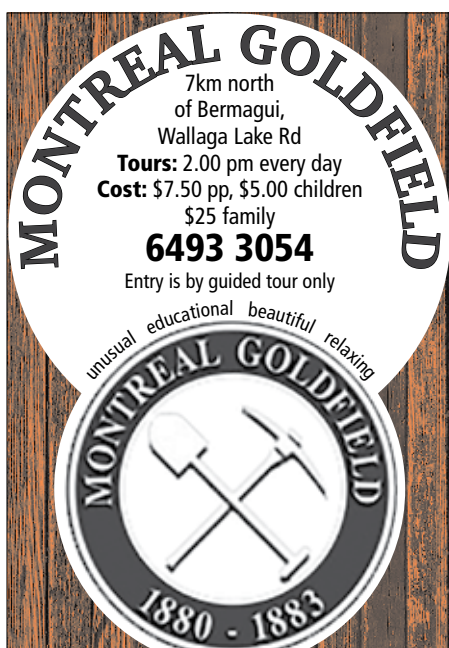
This will be Nelia's first solo exhibition. Her work uses twinning and looping basketry with paperwire, paper, linen, wire and found objects. Nelia has a strong interest in exploring her ancestors' lives in colonial Sydney through sculpture. Her baskets are of eel traps based on the old eel bucks (baskets) on the River Thames. For many centuries when eels were an important fish in the diet of English people from all classes, these large traps were set in rows on large wooden frames.

Many of Nelia's pieces are also of plants especially flowers as even flowers are captured by seeds or escaping

chains. Flowers seek to capture insects momentarily to be pollinated by them before they are released with a sweet reward. Birds are part of two sculptures as a symbol of freedom or the sad fate of a caged bird.

Nelia will be having an opening of this gorgeous exhibition at 5.00 pm 2 December 2023 with drinks and nibbles. Come and join the fun and meet Nelia and hear her fascinating journey in putting this exhibition together. If you can't make the opening, pop in anytime in December to view her works.

Nelia Eichler



## Richard Lawson *Summertimes* shows

Big news regarding Richard Lawson's *Summertimes* tour 2023-2024 and the impending release of his collaboration with the renowned Acacia Quartet.

Richard has announced a special run of shows over summer that sees him playing nearly every venue on the South Coast until late February/March next year, all the way from Eden up to Wollongong.

The tone poem *Ideas of Home* that he wrote and scored for Australia's famous Acacia Quartet looks set for a December/January release on Spotify/YouTube/Apple Music. Plans are underway for a world premiere at the Four Winds site in 2024 so stay tuned. He is already writing two more pieces for recording next year

with the Acacia Quartet and the Marais Project that specialises in early Medieval/Renaissance music.

Catch Richard here:

Fri 15 Dec, Lynch's Hotel, Narooma

Fri 22 Dec, Broulee Brewhouse

Sat 6 Jan, River Rock Café, Bermagui

Thurs 18 Jan, Hotel Australasia, Eden

Fri 19 Jan, Bermagui Country Club

Sat 20 Jan, Smokey Dan's, Tomakin

Sat 27 Jan, Camel Rock Brewery, Wallaga

Sat 3 Feb, One Tree Inn, Tuross Head

Sun 4 Feb, The Drom, Tilba

For details call 0447 036 783, go to the website for Richard Lawson music or email richardlawsonmusic@gmail.com.

Richard Lawson

## Stone Yard Devotional

Charlotte Wood

Allan & Unwin

RPP \$32.99

This is the seventh novel by the Australian writer, Charlotte Wood. The first novel of Wood's I read was the multi-award winning *The Natural Way of Things*, a very disturbing, harsh and political novel. But brilliant. I eagerly awaited the next – a lighter, funnier novel but with a tough ironic bite, called *The Weekend* with five elderly women as main characters. I was disappointed but most readers were not – I didn't believe the characters. But I wasn't disappointed in this latest novel. It is again very different and difficult and a return to brilliance.

A middle-aged woman, our un-named protagonist, leaves her inner-city life, her high-energy job in Saving Endangered Wildlife, her husband and her friends to live in a small rural Catholic convent. This is the country of her childhood, the Monaro

plains of NSW – '... it opened into these endless, shallow, angular plains, bare as rubbed suede' – where she had not returned since her mother's death 35 years ago.

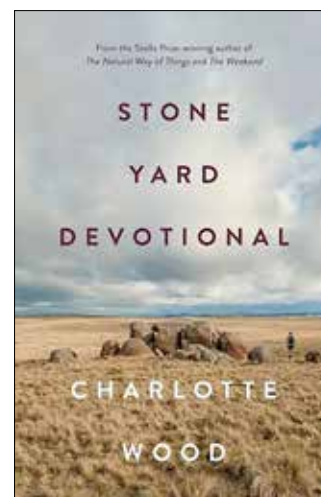
Schooled in the Catholic school system, she is now an atheist, but is accepted into the monastic life by this community of eleven nuns. She embraces the simple repetitive life that gives her what she needs to ward off her despair about the catastrophes of our world. It gives her time and space to think, to remember, to grieve and to contemplate.

This secluded life is interrupted by three upheavals. The first is a huge, unending, unstoppable mice plague. Everything is chewed, all appliances are broken. The nuns wage a war of blood, guts and nausea with these invaders. The second is the return of the bones of a beloved nun, murdered in Thailand. And, finally, the arrival of the *Celebrity Nun*. This nun is famed throughout the world for her advocacy for the environment and human rights and now she is stuck in this

insignificant place because of COVID.

Each of these disturbing intrusions leads our narrator to deeper contemplation. This really is a novel of questions. What is forgiveness? What is religion? How does the past inform the present? Does grief ever end? Is loss of hope a moral failure? And, as the nuns believe, is despair the greatest sin?

A wonderful, thoughtful, meditative novel by a superb writer at the top of her craft.



## Pet of the month

Kerri Brady

Arlo is an 18-month old Great Dane cross and, as much as he loves to play and romp, he also knows how to relax. Although a big boy, he is much smaller than a full Dane. He is dog friendly with female dogs. He demonstrated some dominance with other male dogs before he was desexed but he may now be OK with another male. Arlo is being fostered by a family with two young children under five as well as two large female dogs. Arlo has enjoyed being part of a family and is keen to find his forever home. Arlo knows how to sit, shake hands and his leash manners are pretty good, however he will require further training for best outcomes. He will cost \$450. Please call 0400 372 609 (Monday to Friday 9.00 am – 5.00 pm).

All our available animals are microchipped, de-sexed, vaccinated, wormed, and treated for ticks and fleas. The adoption fee is subsidised in the hope that rescue pets will be people's first choice. Please note that potential dog owners will need to be suitable to meet the needs of the dog and have secure dog-proof fencing. Our Animal Welfare League Far South Coast Facebook page has available animals listed but you will need to call AWL-FSC on 0400 372 609 to enquire about any of the available cats, kittens, dogs and pups. If you want to become a member, please

call 0400 372 609. If you have lost or found a companion animal, please call the BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-FSC will subsidise the de-sexing (\$125 for female dogs and cats and \$100 for male dogs and cats). Simply book with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.



Arlo

## Classifieds

### Staff Required

Nardy House Specialist Disability Accommodation  
Full Time - Part Time - Casual  
Registered Nurses Disability Support Workers  
denise@nardyhouse.com.au 0408 675 259

### For Sale

Slide on camper \$26,000 2002 Hilux  
4x4 extra cab, tray back \$12,000  
Details on Gumtree Phone Smilie 0447 264 177

18' Clunker, trailer and 8hp Merc outboard \$2,500  
Phone Smilie 0447 264 177

### CROSSWORD ANSWERS

**ACROSS:** 9 Rough, 10 Enactment, 11 Going over, 12 Panel, 13 Dead man, 15 Need not, 16 Election results, 18 Infield, 20 Pinaroo, 22 Ellis, 23 Spoonbill, 25 Cisticola, 26 Align.  
**DOWN:** 1 Frigid, 2 Mutilate, 3 Thug, 4 Mervyn Wood, 5 Fair, 6 Stephenson, 7 Lennon, 8 Athletes, 14 Mother ship, 15 Norm Provan, 16 Evidence, 17 Larrikin, 19 Folksy, 21 On land, 23 Sook, 24 Noah.

### KIDS' KORNER JOKES

1. Ready, set, ho ho ho 2. They always drop their needles 3. North Pole-vaulting 4. Because he went down in history 5. The abdominal snowman 6. Because it makes a good stocking filler 7. He refers to his calen-deer 8. Elfish 9. Snow 10. Elf-ies 11. Orna-mints 12. Wrap music 13. He doesn't have elf care 14. Santa Paws 15. Jungle bells



## The Colours of Christmas

Three of the most popular colours associated with Christmas are red, green and white. The origin of this colour combination is said to be derived from the appearance of *Ilex aquifolium* (English Holly) with its evergreen leaves and white flowers followed by bright red berries. Amidst the European snow, it symbolised hope in the depths of winter and played a role in winter solstice celebrations, predating the spread of Christmas. Unfortunately for us in Australia, holly produces its berries between May and August, so unless you are celebrating Christmas in July it is not really our plant of choice come Christmas time, notwithstanding the plethora of plastic facsimiles.

One plant that growers have learned to trick into flowering for our summer Christmas is *Euphorbia pulcherrima* (Poinsettia). Native to Mexico, the plant changes colour in response to the shorter winter days and Australian growers use light- and temperature-control to force the plant to flower in our summer. If you replant your Christmas poinsettia it will revert to winter flowering.

*Metrosideros* and its many species and cultivars have rightly earned the common name New Zealand Christmas Bush (pictured below) with evergreen foliage and red fluffy flowers appearing in early summer. *Metrosideros* come in all shapes and sizes, from large trees (*M. excelsa*) to varieties that are small and rounded. These, such as 'Little Bridget' (1m x 1m), 'Mini Christmas' (2m x 1m) or 'Firecracker' (4m x 2m) make ideal choices for hedges or containers.

Our most local and beloved native Christmas plant is *Ceratopetalum gummiferum* (NSW Christmas Bush) that grows naturally from anywhere between Ulladulla in the south to Evans Head in the north. Like the Poinsettia, the red colour is not from the flower but from the blush of the surrounding calyx lobes that enlarge and transform after flowering. Bunches have been used as Christmas decorations since early colonial days in much the same way as holly is used in Europe. It makes a great long-lasting cut flower for the Christmas table. Cultivars like 'Albery's Red' (bright red bracts), 'Red, Red, Red Christmas' (a darker shade of red) and 'Johana's Christmas' (a dwarf remaining 3m x 3m) – all have a richer scarlet colour.

The quickest way to create a splash for Christmas is to get some red and some white petunia seedlings and interplant them in baskets or pots. Another festive combination is white petunias alongside red salvia. Alternatively, keep an eye out for red and white bi-coloured petunias.

Around the town gardens, oleanders are putting on a flower flush, as are the bougainvillea. One of our favourite colour combinations draws to a close as the jacarandas and Illawarra flame trees wind up their festive flower drop.

In the wild places, on the Triangle roadsides, keep an eye out for the 2m tall native shrub *Ozothamnus diosmifolium*, with its tight clumps of small white papery flowers occurring on the ends of branches.

In the vegie garden it's still a great time to plant

fast-growing summer favourites such as cucumbers, beans and zucchini, as well as blocks of corn,



Poinsettia



NSW Christmas Bush



Ozothamnus

more tomatoes and pumpkins. Times are hot and dry, so keep up the water and mulch any bare soil. If wilting becomes a problem, consider using shade cloth during the hottest part of the day.

Any comments, gardening questions or plant or pest identification problems, send them through to [gardening@thetriangle.org.au](mailto:gardening@thetriangle.org.au).

We will get back to you.  
Happy Growing.





Christmas day is a time to spend with family, friends and neighbours, talking and connecting, not being in the kitchen all day. You could plan in advance and cook up a batch of the

butter. But, if you're up for cooking on the day try some local fresh fare to impress visitors – fresh seafood like Wapengo oysters and mussels, garden veggies or cherries from the travelling van.

Either way, the following recipes will give you a head start on the day, so you have more time to relax and spend with those you love.

We wish you a happy and delicious Christmas from *The Triangle* team.

## Panforte di Siena

Dense and fruity made with nuts, candied fruit, spices, butter and honey. It looks and tastes great, easy to make and lasts well.

Heat the oven to 150 °C or 300 °F.

Line a cake tin with baking paper and grease well.

110g (1 cup) each of hazelnuts and almonds. Spread on a baking tray and roast lightly. When cool, smash up.

1 cup candied citrus peel

1 cup other candied fruit (pineapple, fig, ginger etc)

Grated zest of 1 lemon

2 tbs flour (it could be GF)

1 tsp cinnamon

1½ tsp of mixed spices (coriander, ground cloves etc)

1 cup sugar

4 tbsps honey

50 g butter

Mix all the first seven ingredients together. Combine sugar, honey and butter in a small saucepan and melt. Cook gently, stirring until it is almost toffee, but watch carefully. Test a drop in a saucer of cold water. If it forms a ball, take off the heat immediately. Working quickly pour this over the bowl of mixed fruit and nuts etc and combine before it gets too stiff. Have the prepared pan ready and spread the mixture into it evenly, pressing down slightly with a spatula.

Put into a 150 °C oven and cook for 35 minutes exactly. It may not seem set or coloured but will firm up when cooling. Place tin on a rack and allow it cool completely.

You can substitute any of the ingredients – nuts, fruit, spices ... just stick to the quantities given.

Georgie Adamson



For more Christmas recipes go to the *Off the Page* section of our website.

## Chocolate Strawberries

175 g cooking choc buttons (dark is delicious!)

500 g fresh strawberries stems attached.

Line a pan with baking paper.

Use a double boiler or microwave the chocolate for 30 second intervals, removing and stirring at each 30 second interval, until the chocolate has melted. Stir often to not burn.

Holding a strawberry by the stem, dip into the melted chocolate, lift and twist slightly, letting the excess chocolate fall back into the bowl. Then place the strawberry on the baking paper. Repeat with the rest of the strawberries.

Chill the strawberries until the chocolate sets, about 15 minutes. Best served the same day.

Debbie Worgan



## Brandied Fruit Compote

Every year I make quite a few jars of this so there is something especially delicious to bring out for a quick dessert. Serve with thick cream and/or icecream, with wafers or plain.

125 g pitted prunes

125 g dried apricots (try to find good, slightly leathery, flavourful Australian apricots)

65 g sultanas

2 fresh peaches (tinned peaches will work too)

4 tbsps brandy, sherry or rum

1 cup of water and 2 cloves

130 g sugar

1 orange

1 lemon

Chop apricots and prunes roughly into halves or quarters – they should still be recognisable in the finished product. Soak dried apricots in water and use water for the syrup.

Bring apricot water, water, sugar and cloves to the boil.

Add prunes, apricots and sultanas for a few minutes.

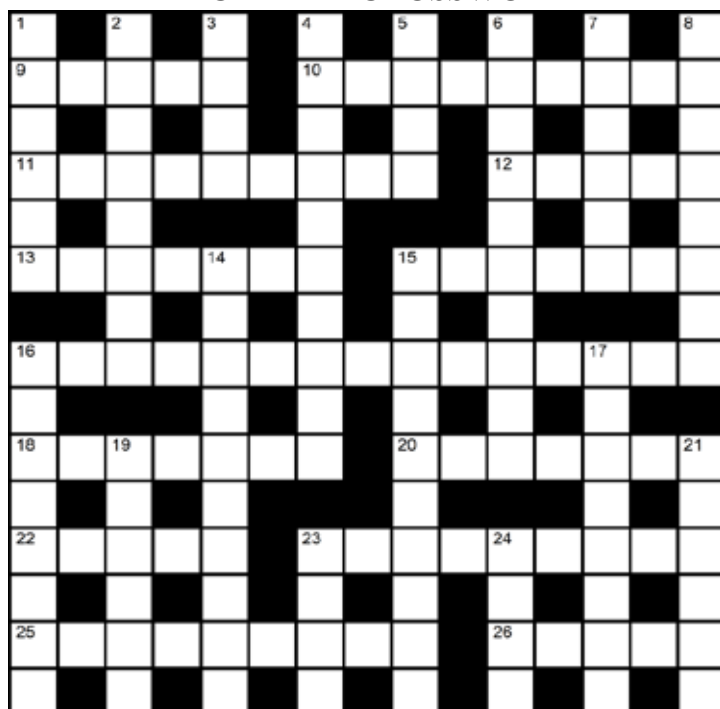
Add lemon and orange juices and cook to reduce syrup by about a quarter. Add peaches and brandy and cook for a few more minutes. Put in sterilised jars and store in a cool dark place or freeze in small containers.

Angela Marshall





## DECEMBER CROSSWORD



### ACROSS

9. Coarse (5)
10. Process of making laws (9)
11. Reviewing (5,4)
12. Group of experts (5)
13. Concrete block used as an anchor (4,3)
15. Don't have to (4,3)
16. Poll outcomes (8,7)
18. Area near the wicket (7)
20. \*Play piano, or find lake in NW NSW (7)
22. Former national netball captain Liz --- (5)

23. The Royal ---, a carnivorous white bird (9)
25. The golden-headed ---, 'the finest tailor of all birds' (9)
26. True up (5)

### DOWN

1. Very cold (6)
2. Disfigure (8)
3. Ruffian (4)
4. Olympic gold, silver and bronze rower - and policeman (6,4)
5. Free from bias (4)

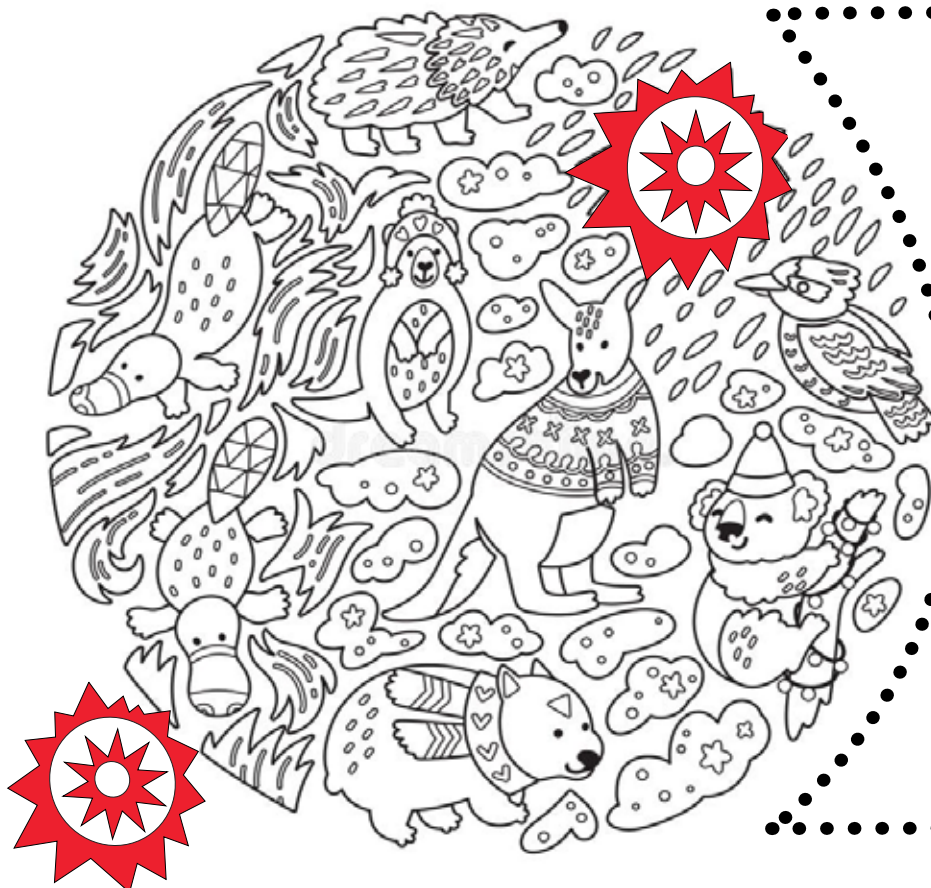
## SUDOKU

						2	5	
7		4	6				9	
	1		7			3	6	4
1	3			9			7	
		7				5		
	2			4			8	1
2	7	3			8		1	
	8				5	7		3
	9	1						

Answers  
on page 44

\*Indicates a  
cryptic clue.

6. Pro golfer Jan --- (10)
7. *Imagine* songwriter (6)
8. \*The least change produces competitors (8)
14. Vessel in charge of smaller ones (6,4)
15. 'Sticks', former St George Dragons pro footballer and coach (4, 6)
16. Factual proof (8)
17. Prankster (8)
19. Simple and unpretentious (6)
21. Ashore (2,4)
23. Crybaby (4)
24. Ark wright (4)



## Kidz' Korner JOKES

1. What did Santa say at the start of the race?
2. Why are Christmas trees so bad at sewing?
3. What's an elf's favorite sport?
4. Why didn't Rudolph get a good report card?
5. What do you call a snowman with a six-pack?
6. Why is a foot a good Christmas present?
7. How does Rudolph know when Christmas is coming?
8. What do you call a greedy elf?
9. What falls at the North Pole and never gets hurt?
10. What kind of photos do elves take?
11. What is a Christmas tree's favorite candy?
12. What kind of music do elves like best?
13. Why doesn't Santa go to the hospital?
14. What is Santa's dog's name?
15. What do monkeys sing at Christmas?

# For the fridge door

DEC	WHAT	WHERE	TIME
All Dec	<i>Captured Lives, Cages &amp; Traps</i> Neila Eichler	Lazy Lizard pg 43 Mon - Sat	10 am - 2 pm
Fri 1 - 3 Fri 1	A Very Tilba Christmas pg 14	Big Hall, Central Tilba	From 4.30 pm
	Artesanto through to 17 Jan	Spiral Gallery pg 39	10 am
Sat 2	<i>Shedding</i>	Spiral Gallery pg 39	10 am
	Summer Wing Ding open mic/live music	Quaama Hall	From 3.30
	Sam Fletcher	Tilba Winery & Alehouse	12 noon
	Richard Clapton w. local support - ticketed	Tilba Winery & Alehouse	4 pm
Sun 3	Loose Change	Tilba Winery & Alehouse	12 noon
Sat 9	Mayfair Lane	Tilba Winery & Alehouse	12 noon
	Community Choir Gathering, three choirs	Cobargo School of Arts	3 pm
	Los Zafiros ticketed	River Rock café	7 pm
	Singles evening pg 4 \$10 @ the door	Cobargo School of Arts	7.30 start
Sun 10	CWA Christmas Carols	Central Tilba, small hall	From 4.30 pm
	Steve Benic	Tilba Winery & Alehouse	12 noon
Fri 15	Kim Churchill w. guest Felipe Bal - ticketed	Tilba Winery & Alehouse	4 pm
Sat 16	Tony Jagers	Tilba Winery & Alehouse	12 noon
Sun 17	Rockin' Rob	Tilba Winery & Alehouse	12 noon
	Christmas Carols on the lawn	Uniting Church, Bermagui	From 5.30
Tues 19	Christmas Service	Narooma Uniting Church	7.00 - 8.00 pm
Sat 20	Captain Ablit & The Bluetrash Band	Tilba Winery & Alehouse	12 noon
Thurs 21	Harmony Health Open Day pg 18	Bermagui	9.00 am opens
Sat 23	Salon de Publique ticketed	RiverRock café	7.30 pm
Sun 24	Christmas Carols in Cobargo	Apex Park	From 8.00 pm
Mon 25	Christmas Day Service	All Saints Church Bermagui	9.00 am
	Cobargo Community Christmas Lunch	School of Arts Hall	From 11.30 am
Sun 31	Beach Bar Swing	Tilba Winery & Alehouse	12 noon
Mon 1	New Year's Day dawn service	Blue Pool, Bermagui	6.00 am
Tues 2	<i>Reflections</i> exhibition opens	Cobargo Creators	10.00 am
<b>JAN</b>			
Fri 5	<i>From the Heart</i> members exhibition pg 38	Lazy Lizard	From 5.00 pm
Sat 6	Car Boot Sale pg 31	Bermagui Country club	8.00 - 12 noon
	Cass McGufficke Trio	Tilba Winery & Alehouse	12 noon
Sun 7	Chat with writer Christos Tsiolkas pg 39	Well Thumbed Books	2.00 pm
	Minh Ha	Tilba Winery & Alehouse	12 noon
	Daniel Champagne - ticketed	Tilba Winery & Alehouse	4.00 pm
Weds 10	The Whitlams - ticketed	Tilba Winery & Alehouse	5.00
Sat 13, 14	<i>Head in the Clouds</i> SOAPI kids performance	Cobargo Hall ph 0410 525 968	2.30 pm
Sat 13	Dale Huddleston	Tilba Winery & Alehouse	12 noon
Sun 14	Tyler Hauptburger & The 3-5's	Tilba Winery & Alehouse	12 noon
Weds 17	Wayfarers workshop + performance pgs 41 & 43	Bodalla Hall	11 am onwards
Thurs 18	Wayfarers workshop + performance pgs 41 & 43	Cobargo School of Arts	11 am onwards
Fri 19	Wayfarers workshop + performance pgs 41 & 43	Bermagui Community Hall	11 am onwards
Sat 20	Wayfarers workshop + performance pgs 41 & 43	Tilba Small Hall	1.15 pm start
	Crème Femme Collective: Pop up Art + Music	Tilba Winery & Alehouse	12 noon
Sun 21	Jakob Poyner	Tilba Winery & Alehouse	12 noon
Sun 27	Whisky Dram	Tilba Winery & Alehouse	12 noon
	Los Zafiros - ticketed	RiverRock cafe	7.00 pm
Sun 28	Totum	Tilba Winery & Alehouse	12 noon

