

# THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

**QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

Circulation 1800 plus online visits

ISSN 2652-9084 Issue No 233 October 2023

## Bermagui Local Post

How nice would it be to have your local mail (within Bermagui) hand delivered with a unique stamp?

Bermagui local post is an idea devised and carried out by Miro Jones, an enterprising young person who started this service in March '22

Miro has always been interested in philately (stamp collecting), which inspired an interest in making unique stamps, and came across the idea of a local hand-delivered postal service in other parts of the world and decided that Bermagui was a suitable location.

Why a local postal service? Cheap postage rates, just 40 cents; deliveries are made by bike, so environmentally friendly; unique stamps, and it's just a fun concept.

A lovely idea for delivery of special occasion cards

and personal mail. As well as stamps the service also has its own postmarks.

Dropoff points for mail is either Strangers in Paradise or 14 Wallaga Lake Road. Stamps can be purchased from Strangers in Paradise.

The service is limited to the town of Bermagui, for obvious reasons, and if you would like to know more take a look at the website.

[www.bermaguilocalpost.org](http://www.bermaguilocalpost.org).

Miro Jones

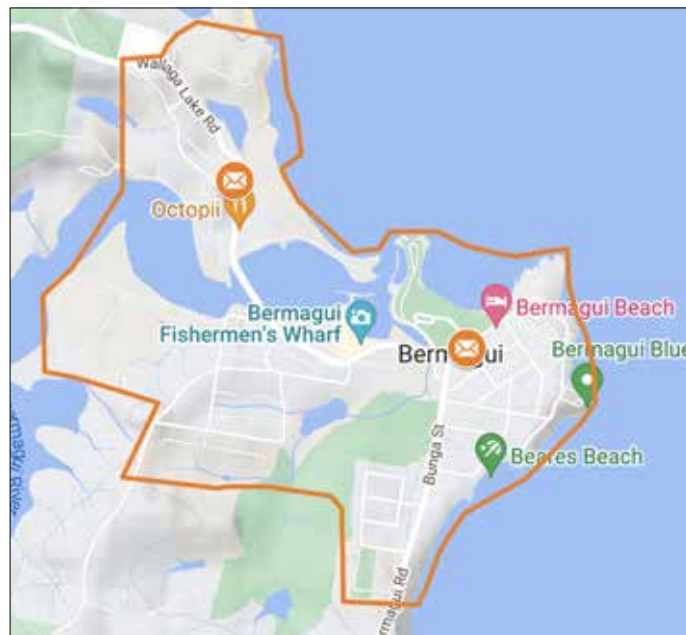
Postmaster, Bermagui Local Post

[bermaguilocalpost@gmail.com](mailto:bermaguilocalpost@gmail.com)

*Georgina Adamson*



The delivery bike



The postal area



A selection of Miro's handmade stamps Photos: Georgina Adamson

I'm writing this rugged up in cold weather gear, grumbling at the weather extremes we are experiencing. I shouldn't be surprised – we've been warned about the dry, hot conditions as well as plummeting temperatures. For the first time in my memory, schools were closed from Batemans Bay down through to Eden during that particularly hot, windy day on the 20 September. Not every school opted for that, but most did. Schools in bushland settings closed for the day ordered by the NSW Dept of Education after consultation with the RFS head office. This was serious, nobody wants to be caught unawares this time.

Life goes on, and we can still plan, and enjoy life with awareness of the environment around us, the community we live

in and how we conduct ourselves. That sounds deadly boring but I don't mean it to be, there are so many things to enjoy living in the Triangle region and the wider world. Living in a small community, things that we do as individuals can mean a lot and make a difference more easily. Like Naomi Lewis, who recently died. She was a quietly generous person living within the community whose artwork can be seen and enjoyed; her creative personality is part of Cobargo and beyond.

As individuals, we can make a difference, even though it feels like we don't. Voting at the referendum can create some change. There is still time to educate and ask ourselves – how would we like to live in this world?

## Letters

### Thank you, Jen Severn

How lucky are we to have such insightful political commentary in our local paper, *The Triangle*? I refer to the article *The Voice: Lidia Thorpe and the Progressive 'No'* September 2023. Move over Philip Adams, Mike Carlton, Peter Hartcher ... I won't go as far to include 'Our Laura' (Tingle) here. Thank you, Jen, for your clear round up. I would perhaps add that the Voice will not cede First Nations' sovereignty.

Long live *The Triangle*. (Thank you, for all you all do.)

Kind regards,

Lara Crew  
Djiringanj country

### Letter to the Editor

Thank you for publishing my piece on the problems for womb twins.

Unfortunately, the line left out was important.

All human women have the potential of producing two or three eggs in a menstrual cycle. This means any woman can have fraternal twins, and there is a high incidence of miscarriage of one or more foetuses.

This accounts for the billion people alive without their twin, and the survivor guilt that accompanies it.

And there are easy remedies available.

Maggie Camfield



### Thumbs UP

To Bega Valley Shire Council for providing delicious clear drinking water from the Brogo catchment to most Triangle area residents. The new system provides far better tap water than I've had anywhere.

A big thank you to Jo Lane who owns Sea Health products for her decision not to proceed with kelp farming on pristine Haywards Beach, Bermagui. Jo understood the cultural values, business, tourism, indigenous, arts and environmental concerns the local community had. As a consequence, she withdrew her proposal for this unsuitable site. We wish her, her family and business future success.

Visit our Website [www.thetriangle.org.au](http://www.thetriangle.org.au)

### Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the

article it accompanies. Contact us for assistance.

3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and [cclsang333@gmail.com](mailto:cclsang333@gmail.com).

email email email email email email email email *The Triangle's* email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)



## Our choice, our national future

The 14 October referendum is to add some wording to the Australian Constitution. Our Constitution at its inception is racially divisive, not by oversight but by strong intention. Indigenous people were excluded from being counted as human beings (section 127) and excluded from the laws made by the nation's government for its citizens generally (section 51, xxvi). The 'founding fathers' discussed these primary exclusions and intentionally made Indigenous people invisible, numerically and legally, in Australia's life and future. This considered, deliberate action had cruel and on-going consequences. The same racism underpinned the first Bill passed by the new parliament, the Immigration Restriction Act, better known as the White Australia Policy. Racial division shaped our nation from its birth.

Some steps have been taken to address this national racial division. One major one was the 1967 referendum changing sections 51 (xxvi) and 127. Over 90% of ordinary Australians voted to pass this Constitutional change – regarded as the highest vote in any free democracy. In Bega the vote was 80.4%. Non-Indigenous Australian adults overwhelming expressed their common decency and desire for a just country with a fair go for all.

Now we face another step and choice concerning Indigenous people – to establish an Indigenous Voice to Parliament on matters concerning them. There are already between 40 to 50 formally recognised

groups/committees with the right, duty and responsibility to address Parliament and the Executive on specific and special issues to enable better informed legislation. This democratic process working within specific boundaries has caused no trouble and enabled significant progress.

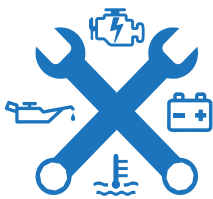
In contrast, concerns about undue influence may better be directed to the unregulated influence and power of professional lobbyists voicing the priorities of big mining, banking, business etc. From a revolving door a lobbyist can be a Minister for Resources one day and a voice for the Mining Council the next.

Most democratic countries with Indigenous populations have systems of direct communication with their governing bodies. Canada has their Indigenous Voice to Parliament; New Zealand has five designated Maori seats in their parliament; Norway's Sami people have their own parliament. None of these systems have caused difficulty or division but led to wiser, better tuned and more just outcomes.

After wide consultation and *dadirri* among Indigenous Peoples, the Uluru Statement from the Heart encapsulates their wishes and knowledge of what is needed to enable their participation in a fairer way. It is another step to heal the primary racial division in our nation.

The choice of each Australian adult citizen is whether to personally participate in an act of justice that moves our nation to greater equality and unity.

*Dr Rosemary Beaumont*



**BERMI AUTOS**



1 Sherwood Road  
Bermagui NSW 2546



tim.mead@outlook.com.au



(02) 6493 5906

- All Mechanical Repairs
- Full 4x4 Servicing
- Tyres and Batteries
- Log Book Servicing
- E-Safety Rego Inspections
- Wheel Alignment and Balancing
- Tough Dog 4WD Suspension Dealer



MVRL: 59227  
ABN: 17 651 037 731

### Who does the work

#### The Editorial Committee

Linda Sang (President)  
Stuart Absalom (Vice President)  
Angela Marshall (Acting Secretary)  
Bhagya (Treasurer)  
Debbie Worgan, Steve Williams  
Georgina Adamson, Flick Ruby

#### Advertising

Book advertising space by first ringing 6493 8369 then 0419 551 956 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

#### Layout & Design

Bhagya & Debbie Worgan

#### Copy Editing: Angela Marshall

**Accounts:** Phone: 6493 8369

Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

Post accounts to:

PO Box 293, Bermagui NSW 2546

#### Area Contacts:

Bermagui: Georgina Adamson

[bermagui@thetriangle.org.au](mailto:bermagui@thetriangle.org.au)

Cobargo: June Tarlinton

[cobargo@thetriangle.org.au](mailto:cobargo@thetriangle.org.au)

Quaama: Bhagya

[quaama@thetriangle.org.au](mailto:quaama@thetriangle.org.au)

Tilba: Stuart Absalom

[tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au)

**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available from: **Bega:** Candelo Books, Bega Library

**Bermagui:** 777 Supermarket, Post Office, Shell Bermagui, Bermagui Country Club, Bluewave Seafood, Library, Visitors Centre **Central Tilba:** Post Office, ABC Cheese Factory, Sweet Spot **Cobargo:**

Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

**Wallaga Lake:** Merrimans Land Council

**Narooma:** BP station, Library, Casey's

Café, **Quaama:** The Quaama Store

#### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

#### Thumbs / Letters to the editor:

All communications should be forwarded to: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper.

Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800 in print plus around 3000 unique online visits each month.

**Tell 'em you found 'em in *The Triangle*!**

# The Voice: a better Australia, for all of us

A Melbourne cryptocurrency trader is placing AI-generated Facebook ads with an AI-generated, brown-skinned avatar pushing the No vote. Far-right US Christian groups are funnelling money into the No campaign, despite all major Australian faith groups declaring a resounding Yes. Independent fact-checkers have found multiple instances of misinformation in the No side of the official Referendum pamphlet.

And, as I write, it's been revealed that No campaigners have instructed their call centre volunteers to sow fear and confusion with undecided voters in an attempt to trump factual arguments used by the Yes camp.

It's easy to become despondent. So again I've gone back to the Uluru Statement from the Heart, which never fails to inspire me.

*Our Aboriginal and Torres Strait Islander tribes were the first sovereign Nations of the Australian continent and its adjacent islands, and possessed it under our own laws and customs. This our ancestors did, according to the reckoning of our culture, from the Creation,*

*according to the common law from 'time immemorial', and according to science more than 60,000 years ago.*

You can't argue with that.

*This sovereignty is a spiritual notion: the ancestral tie between the land, or 'mother nature', and the Aboriginal and Torres Strait Islander peoples ... This link is the basis of the ownership of the soil, or better, of sovereignty.*

Indigenous peoples have retained sovereignty since 1788, alongside that of the Crown. It's nothing new, nothing to fear.

*With substantive constitutional change and structural reform, we believe this ancient sovereignty can shine through as a fuller expression of Australia's nationhood.*

*We call for the establishment of a First Nations Voice enshrined in the Constitution.*

A Voice – an advisory body. A body to discuss and come to a position on legislation that affects First Nations peoples, the most marginalised peoples in Australia. When governments listen to people about issues that affect them, they

make better decisions, get better results and deliver better value for money.

Enshrining the Voice in the Constitution means it can't be abolished, like ATSIC was in 2005. But it will always be Parliament, our elected representatives, that decides the composition, functions, powers and procedures of the Voice. And Parliament will never be compelled to take the advice of the Voice – despite the fear campaign's messages.

*In 1967 we were counted, in 2017 we seek to be heard. We leave base camp and start our trek across this vast country. We invite you to walk with us in a movement of the Australian people for a better future.*

On 14 October we will be asked to vote on 'A Proposed Law: to alter the Constitution to recognise the First Peoples of Australia by establishing an Aboriginal and Torres Strait Islander Voice. Do you approve this proposed alteration?'

That walk across the Harbour Bridge in 2000, the Walk for Reconciliation, keeps coming to mind. Let's walk again with our First Nations peoples – for a better Australia, for all of us.

*Jen Severn*

## Experiencing the World Scout Jamboree in South Korea

A group of Cobargo Scouts, five scouts and two leaders, travelled to Seoul in late July to join with 43,000 scouts from 145 different countries for the 23rd World Scout Jamboree. We had three days to explore Seoul before heading to the Jamboree site. It was hot, the people were extremely friendly, and the food was very different. I really liked the Korean BBQ where you cook the meat at your own table and there were heaps of little dishes. Our patrol made the decision not to eat any Western food, so we tried out a lot of unusual and strange-tasting dishes. We also visited some temples and other historical sites.

The Jamboree site was massive and there were people everywhere. It was good to talk to others and learn about what it was like for them back home. It became extremely hot and humid, so we were unable to do most of the planned activities. We spent

much of our time trading items with other scouts or going to the main market area to try foods and activities from other cultures. At night there were discos and karaoke. Bear Grylls was the main drawcard at the Opening Ceremony. It became so hot that some people were collapsing from heat stroke (especially the English who were unused to such conditions). Some countries decided to pull out but we Aussies toughed it out. The Koreans put on 'cooling' buses and handed out parasols and fans. Then there was a typhoon coming so we had to leave the site anyway.

We headed back to Seoul and explored more of the city. We went to towers and historical villages and ate more interesting food. We had to stay inside while the typhoon passed but we didn't mind the air-con and the soft beds. The Closing Ceremony was a K-Pop concert in a massive sports arena. The scouts seemed to enjoy it. Some of us had paid extra for going on a five-day post-Jamboree tour. For this we visited the DMZ and learnt a lot of history. We went to a massive park called Lotte World with lots of rides. The best was one that rocked you really high, which was scary but cool. There was also a trip to an island and a journey on a pedal-powered rail car through disco tunnels and other parts of the Korean countryside. On our last day we went white-water rafting – one of the scouts in our raft fell out and we had to pull him back in while laughing so much!

Overall, it was a life-changing experience to get to see another culture as well as mixing with scouts from everywhere. I learnt just how different Korea is and was amazed at how nice the people were. I feel grateful that being a scout has given me the opportunity to travel and, despite the media coverage of the problems we faced, it was fun and I didn't really want it to end.

*Errin Farran,  
1st Cobargo Scouts*



Our patrol at a Korean temple



## Ukalips celebrates

The Bermagui Ukalips ukulele group celebrated four years of fun, friendship and great music recently with birthday cake and a couple of bottles of bubbly.

Group leader, Lori Hammerton, has taken the group from mere beginners to 'pretty darn good' players and has challenged, cajoled, bribed and taken us out of our comfort zones on many occasions.

The group regularly plays in public, busking to raise funds for Bega Valley Can Assist, a cancer support network, and Lori has estimated that, over the four years, we have raised over \$15,000 through raffles, busking and donations.

New members are always welcome to join the group. Beginners are given one-on-one tuition before joining the group. The ukulele is a fun instrument which is easy to learn. The group plays music mostly from the 70s, 80s and 90s, a little bit of country

and a whole lot of rock and roll – although lately we have thrown in an AC/DC number 'just for fun'.

Our group would like to enhance our music experience with the addition of a bass player or percussionist. If you are either and want to join a fun group that shares a love of music then please get in touch.

Ukalips plays every Thursday from 3.30 pm to 5.30 pm (may change in summer) at the Montreal Goldfield Heritage Centre on Wallaga Lake Road. There is a \$5.00 donation. Visitors from other areas are always welcome to come and have a strum.

Bermagui Ukalips will be playing at the Seniors Variety Concert on 8 October, 1.00 pm – 5.00 pm at Bermagui Country Club. This is a fund-raising event for Bega Valley Can Assist.

For more information about the group, please call Lori Hammerton on 0459 027 308.



Bermagui Ukalips celebrates their fourth birthday.

# COBARGO FOLK FESTIVAL



## 1-3 MARCH 2024

### COBARGO SHOWGROUND

## Owner builders take a day trip

Last month, the Triangle Owner Builders Group took a trip to Lake Conjola in the Shoalhaven to visit a new build using design principals with high fire-resistant standards. Owner builder, Greg Webb, lost his home in the NYE bushfires and has taken a proactive approach to 'future proof' his new home. We were welcomed to his site to hear his story.

Not many people have Greg's energy and enthusiasm, it must be said. If you search for him, you'll find videos documenting much of his progress and his project is also found on the websites of the Resilient Building Council and FORTIS house. He is keen to share what he has discovered in the planning of his new home.

So, who are the Resilient Building Council (RBC)? A group dedicated to transitioning Australian construction to a more disaster-proof, low-carbon and energy-efficient future. They support both retrofitting existing structures and providing new home builders with specifications, plans, options and support to make us more resilient against climate change while employing recycled materials and high energy standards to reduce the carbon costs of building and running a new home. It's not just bushfire resistance. Their brief includes storm, flood, cyclone, heatwave, thermal comfort and energy efficiency.

And what is a FORTIS House? The RBC created FORTIS due to receiving an avalanche of enquiries for help with rebuilding to a new standard for the new climate. The project has delivered house designs and a set of building principles for extreme weather and disaster resilience, sustainability, self-sufficiency and quality. They have made beautiful plans with specifications that are free to use and download.

It was an interesting day, and we all had a lovely ride on a Bega Valley Coach with a Cam packed lunch thanks to The Mumbulla Foundation. Thanks also to Anglicare who joined us on the excursion and the Triangle Owner Builders' group leaders and organisers, Cecile Bower, Kym Mogridge and Ruth Hagar. Out of the ashes comes hope, funding and some truly great ideas and concepts ready to be implemented.

If this is at all interesting to you, I recommend you go online to the RBC's website [rbccouncil.org](http://rbccouncil.org) and to see the beautiful designs at [fortishouse.org](http://fortishouse.org). It's a rabbit hole worth a deep dive.

*bhagya*



The Triangle Owner Builders Group on a visit to a fire-resistant rebuild at Lake Conjola

## The Dream

The birds are singing, the moon is down,  
the grass is so terribly green  
The soldier is limping, he's been marching for years,  
he thinks of the killing he's seen.  
The car has no wheels, and moves very slowly,  
its headlights are shady and dim.  
The robot leans over and show me his teeth,  
he grins a terrible grin.  
The alarm clock is singing, I open my eyes,  
I think of the places I've been.  
I sit on the bed, my head in my hands.  
Thank God, it was only a dream.

For I dreamt that the world had gone crazy.  
We were killing without any cause –  
women were raped and babies just died  
and governments didn't make laws.  
Our armies were huge and aggressive,  
their purpose was purely defence.  
We can conquer the world, kill all the men,  
our rightness will never relent.  
My dream still echoes around in my head,  
I remember each of the scenes.  
I sit on the bed, my head in my hands,  
I hope that it's just in my dreams.

Machines have gone crazy – they're running our lives,  
we move in the dark and in fear.  
Computers are heartless, they don't give a damn,  
be quiet lest they might hear.  
We're slaves to our cars, we work without rest,  
we work just to fill them with gas.  
Then it's out on the road and foot to the floor,  
a nation is killing *en masse*.  
Please let me awake and go back to my world,  
where people are real human beings.  
I sit on the bed, my head in my hands,  
I pray that it's only my dreams.

Humanity's starving and many will die,  
armies are dying now too.  
If you want to see animals or friends full of life,  
take a trip, go visit a zoo.  
The atmosphere's dead, the sun's blotted out,  
the earth is getting so cold.  
Now that man is finished, our time's at an end,  
why am I feeling so old?  
I must get out of this bed, get rid of this hate,  
why is man so blindly obscene.  
I sit on the bed, my head in my hands,  
I fear it's not only a dream.

*by Ray Stephens*



**Millar Crew**  
LEGAL AND CONSULTING

- conveyancing
- leasing
- deceased estates
- powers of attorney
- wills & enduring guardianships

4/2 Wallaga Street, Bermagui NSW 2546 (PO Box 118)  
(02) 6493 3989 [mail@millarcrew.com.au](mailto:mail@millarcrew.com.au)



# Planning for Fungi Feastival 2024

The inaugural Fungi Feastival was a huge success – we all had so much fun and learnt so much. We are currently working on the evaluation of the Fungi Feastival and about to start our planning for next year's event that will be bigger and better. Yes, Fungi Feastival 2024 will be happening. Lock the dates in your diary, 22 June to 21 July.

The Fungi Feastival AGM is Monday 9 October at 5.30 pm in the barn at the Dromedary Hotel, Central Tilba. Co-founders Fiona Kotvojs of Gulaga Gold truffle farm, Annette Kennewell of Tilba Mushrooms and Josh Whitworth of Collective Cultures will attend the AGM and stay on for dinner at the Drom. Annette Kennewell said, 'To grow the Fungi Feastival we need more fungi enthusiasts to join us.' If you would like to help plan Fungi Feastival 2024, please contact us by email at [future@fungifeastival.com.au](mailto:future@fungifeastival.com.au).

*Annette Kennewell*

**Annette Kennewell, co-founder of Fungi Feastival, displaying oyster mushrooms and a garden giant. These mushrooms are fresh, grown locally at Tilba Mushroom Farm and safe to eat.**



## Death's Door

Death takes everyone – old, young, fat, thin. The dead decompose and turn to dust that eventually drifts off to land on objects and items. But the dead can be raised, the dust swept back into the coffin and assembled into flesh and bone, blood and guts. That's my job.

My name is June Daize, and I am an apprentice necromancer at the dungeon of Thein. I am not sure if there are any other dungeons ... I don't get out much. It's a

dark, dank, candlelit place. Most of the chains have rusted, their solemn clanking no longer heard, the long stone corridors, once filled with guards walking to and fro, now silent except for the slow echoing footsteps of my boots. I hear shuffling steps behind me.

*Rose Thompson*

*If you would like to read more of this story from Rose Thompson please go online at [thetriangle.org.au](http://thetriangle.org.au).*

**Professional and experienced mortgage broker in Bermagui**  
We can help with loans for home, investments, business, personal and car.  
**Call me before you call your bank**  
Stefani Pebriana P: 0403 430 314  
E: [stefani.pebriana@wizdom.com.au](mailto:stefani.pebriana@wizdom.com.au)

**WIZDOM**  
Accountants | Finance Strategists | Advisors

## Ghost weed

A beautiful morning on the lake.  
The sun glistens on the water with clouds reflected perfectly.  
Gulaga looks down upon us ... a constant reminder of First Peoples' culture, strength and wisdom.

But underneath the water is the ghost weed.  
The ghost weed sticks to everything like glue,  
floating throughout the water in clouds that choke and suffocate the life out of the lake.  
The ghost weed only emerges when the lake is closed –  
'Tis the natural way of it,' they say.  
A land mass that blocks the flow is not natural.  
Gulaga looks down upon us ... with sadness and grief as the lake beneath her dies.

The ghost weed hugs the shore but in the deeper water, yes, there's more.  
The ghost weed proliferates but the fish do not –  
'Overfishing,' you say. No doubt but the powers that be give naught.  
'Sustainable fishing,' they say, as the catch tonnage declines over decades.  
'Not sustainable,' I say.  
Gulaga looks down upon us ... a reminder of First Peoples' stewardship and sustainable fishing for millennia.

The ghost weed is a symptom of a sick and dying lake.  
'The lake regenerates when it is closed,' they say.  
No, it is not, it is crook with only a few wily fish sheltering in the remnant healthy weed.  
Gulaga looks down upon us ... with hope and optimism,  
'Find a way,' she says, 'Find a way for healing.'

*Annie Dullow*

# Search and Rescue Training for Bermagui Marine Rescue

Search and Rescue Training for Bermagui Marine Rescue

Over the weekend of 16-17 September the Batemans Bay Marine Rescue hosted a Search and Rescue Exercise (SAREX) for combined Emergency Services. This event was designed to test and develop search and rescue skills as well as inter-agency cooperation.

Marine Rescue units from up and down the coast made the trip on land and water to the exercise. Bermagui, Merimbula, Batemans Bay, Eden, Alpine Lakes and Tuross Moruya units provided volunteers and Rescue Vessels and Tuross Moruya unit provided two Rescue Watercraft. Marine Area Command, Surf Life Saving, Water Police and the Westpac Lifesaver Rescue Helicopter were also involved.

While 75 Marine Rescue volunteers on the water responded to a realistic search and rescue scenario, a separate Search and Rescue Desktop Exercise (SARDEX) involving 25 volunteers was held simultaneously on land. Using real incidents, the scenarios gave the volunteers a great opportunity to test their ability to coordinate simultaneous incidents, use a variety of resources, call on other agencies and to deal with situations that often escalated over time.

For both the on-water and on-land exercises it was a very valuable day in terms of the training, communication between vessels and between agencies. The Batemans Bay hosts looked after everyone well with meals provided and accommodation provided close to the action. The Bermagui unit returned on Sunday, tired but satisfied by the thought that they had helped to save (simulated) lives on the water

*Deb Worgan*

*Bermagui Marine Rescue volunteer*



Marine Rescue Bermagui crew putting the finishing touches to the passage plan on the way to the Batemans Bay SAREX event

## Anglican Churches of Bermagui Cobargo and Quaama

### WORSHIP SERVICES DURING OCTOBER

Bermagui - 11 Wallaga St 1st, 8th, 15th & 22nd at 8.30am

Cobargo - 5-11 Hoyer St 1st, 8th, 15th & 29th at 10.30am

Quaama - School of Arts Hall - 22nd at 10.30am

Combined Service in Cobargo - 29th at 10.30am  
followed by lunch with friends - all welcome

Contact: The Reverend John Thomas Tel: 0427 260 833

# STONEWAVE TAIKO

## Learn Taiko Japanese drumming music - community - fun

**Beginners classes starting in Term 4 2023**

Stonewave Taiko takes in new students in Terms 1 & 4 only.

Now is the time to give it a go!

**First class  
FREE**

**Bega**

**Thursdays 3:45-5:15pm and 5:30-7pm**

**Cobargo**

**Tuesdays 3:30-5pm**



For info & bookings, call Mahamati 0448 248 322 or

Email: [stonewavetaiko@gmail.com](mailto:stonewavetaiko@gmail.com)

Website: [www.stonewavetaiko.com](http://www.stonewavetaiko.com)



## ... Do you need

- to hold a community or board meeting?
- in a comfortable environment?
- in a central venue?
- with commercial kitchen facilities?

Would you like it catered?



**We have exactly what you are looking for!**

*.... at very reasonable rates*

**Contact: Cobargo CWA**

**0429 933 686**

**[cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com)**



# **SOME DAYS YOU JUST WANT TO GET OFF THE PLANET!**



## **SOAPI presents - Love & Other Apps**

**Four short comedies @ the Cobargo School of Arts Hall**

**27, 28, 29 Oct & 3, 4 Nov**

**That's two Fridays, two Saturdays 7PM & one Sunday matinee, 2PM.**

**And don't forget - It's a cabaret! Book a table, put on the glad rags,  
BYO esky, munchies and shanghai a designated driver!**

**Prizes for best & worst dressed!**

**Book: <https://www.trybooking.com/CKXVU>**

**Bookings**



**#SOAPItheatre**



**Rating**



Happy spring to everyone. Or should I say hello summer? The weather certainly has changed in recent weeks. I'm writing this on a hot and windy 'catastrophic' fire day. Good the local fire brigades have held their Get Ready day, the Quaama Brigade twice – once out of the Upper Brogo fire shed and the next day in town at the Tennis Club's carboot 'fun-day'. We all need to dust off our fire plans now that the lovely La Niña has left us. It seems we're back to those all-too-familiar droughty, hot and scary conditions.

The weather has reminded some Quaama residents of the hazards we're all meant to address. Clearing up around the house and garden are important measures to keep fire away from our homes. But what of the public land within our village? The Crown Land Reserves that run up Dry River, behind our school and behind the homes on the south side of Bermaguel Street to Bega Street have not been tended since the fires. All the moisture-driven growth that has come since the fires is now drying out. If you feel concerned, you can get more information and, as a 'private land-owner', report a bushfire hazard on the RFS website. Search for RFS, report hazard. As this season develops, let's check in with neighbours and do our best to respond collectively should we face another challenge. Let's ensure that no one is caught out and left behind.

The Tennis Club's 'fun day' was a nice day out with stalls, snags and live music. The two powerhouse organisers behind the event both fell sick and were unable to attend on the day. Brand-new committee member Doug Goudie stepped up and, with the tireless Brodie Rixon who did all the court prep work and more, it all went without a hitch. Bravo to both of them!

The Men's Shed is back. They were at the 'fun-day' on

sausage sizzle duties. They're also fund raising by selling bags of kindling outside the Quaama Store for just \$15 for a big bag. They have finished their renos and are happy to have new members. The shed now has a beautiful new floor, a working kitchen, an accessible toilet and areas for wood turning and electronics. Oh, and lounges in front of a big TV. The shed is open on Wednesdays at 10.00 am in the old fire shed on Bermaguel Street. Men can just turn up. You will be welcomed.

Visitors to the Quaama Cemetery will now be able to sit down and relax on new benches that have been installed around the periphery. Thank you to the QPA for driving and organising it, to Council for the grant money and to the Men's Shed, Heimo and friends for making it happen.

And the school hosted Captain Australia as he passed through Quaama last month. He came to see us on his way from Sydney to Melbourne in 2021 when he raised \$165k for research into kids' cancers. Now he's doing it again! He hopes to inspire a new generation of Super Heroes to combat scary things like cancer.

Quaama School P&C are having another mango fundraiser. The trays are 4.5kg for \$25. They are delicious Kensington Pride mangoes. Order before Sunday 22 October and wait for their arrival in late November, early December. They'll keep you posted. Scan the QR code for a link to the order form. Support the school while getting delicious fruit in for the holidays. Bonus!

And, finally, a big thanks to Cecile Bower for writing QQ these last couple of months. It's been nice to have a break and more to the point, she is a fine writer. Although busy, we may hear more from her in future *Triangles*. Fingers crossed!



Our fire brigade wants to remind you to update your fire plan



Renos at the Men's Shed have finished so members are back out and about



On the road again!  
Captain Australia visits Quaama School



**QUAAMA PS**

**MANGO ORDERS**



SCAN QR CODE TO PLACE AN ORDER.


**OK SHED OP SHOP**

*Serving our beautiful community and visitors*

Open Wednesday and Thursday 10am – 4pm

*Bargains, Treasures, Pantry*

Good quality donations welcome



All Saints Anglican Church  
11 Wallaga Street Bermagui  
Contact: 0408 177 131

**OK SHED OP SHOP**

*BEST LITTLE OP SHOP ON THE COAST*

**Bermagui & District Seniors' Social Club**

**JOIN US!**

We meet on the 1<sup>st</sup> Wednesday of every month at 11 am in Bermagui Country Club. Anyone interested is welcome



## Quaama students raise over \$1200 for World Vision

Quaama School has a student-led Parliament that meets three times a term and is composed of the Ministers (Prime, Entertainment, Sport, Environment and Fundraising – generally Year 6 students), the members (the rest of the students) and the Senate (the teachers).

In 2021, a bill was introduced and passed that the students raise enough money each year to sponsor a child through World Vision. The students raised money in several ways – the Christmas Fair, at which students sell items they have designed and made, was the biggest fundraiser. Once they had enough money, the Ministers chose to sponsor Mutheu, who was then three, and lives in a poor part of Kenya about 200 km from Nairobi.

The students have written to her and received information back from a support worker who visited her and her family. They have watched videos from her community that explain what World Vision is doing to support and strengthen it.

### Hosting the fundraising morning

Students have been enthusiastic about creating items to sell, decorating posters to attract people to come to the event and sharing their knowledge and interest with those who came to visit.

During the year, students collected refundable containers and most of the ingredients for the event were paid for from this or were donated. In this way, the students have turned a waste product into money that can make a difference to people's lives in a place where poverty is extreme through no fault of their own.

We were unsure how many people would come to support the morning but were very pleased with the response and the generosity of those who donated as well as purchased. The total

raised was \$1233 which will be split between the continued sponsorship of Mutheu and the Global Emergency Fund run by World Vision to respond to disasters such as those in Morocco and Libya.

Thank you for coming and supporting these amazing young people to be caring global citizens who show empathy and compassion to others. The students are proud of their achievements and are now looking to host their Christmas Fair in the Park so that community members can come.

*Matthew Farran, 4, 5, 6 Class teacher*



Quaama students with some satisfied customers



## Quaama Public School

'Small School with a big heart - every student every day'

### Taking Kindergarten Enrolments for 2024

Apply online via Quaama PS website

**Ph: 6493 8213 - Book a visit**

**Email: [quaama-p.schools.nsw.edu.au](mailto:quaama-p.schools.nsw.edu.au)**



### TERM 4 — Kindy Orientation Days

Wed 18 October (9:30-10:30am)

Wed 25 October (10:30-11:30am)

Thurs 2 November (9:30-11:30am)

Thurs 9 November (9:30am-12:15pm)

This includes parent information session at 9:30am

### The Small School with a Big Heart is offering:

- ♦ Targeted individual learning support
- ♦ Sporting Schools program
- ♦ Well resourced Library
- ♦ Lunchtime activities
- ♦ Language lessons (Japanese)
- ♦ Music program
- ♦ Strong community connections
- ♦ Small Schools combined camps
- ♦ School Performance
- ♦ Music camps
- ♦ Diverse environmental program
- ♦ Breakfast Club
- ♦ Online lunch ordering
- ♦ School bike track
- ♦ School Orchard
- ♦ Gifted and creative opportunities
- ♦ Beautiful playground facilities
- ♦ Before and After School Care

As I sit down to write, the skies are blue and the temperature gauge is in the mid 20s, with the forecasts moving the gauge into the 30s over the next week. Warm weather is often good for the soul particularly in spring with its promise of new growth and renewal. However, combined with the lack of rain, there are a few reminders that should not be ignored, even if the tendency is to try to. Starting this month, the local Central Tilba RFS Fire Brigade will give us some not to be missed practical and useful tips for the coming fire season – a flow-on from the community RFS Get Ready Day in mid-September.

The future of Australia is in our hands as we prepare to vote in the Voice Referendum. This is a rare opportunity to acknowledge our colonial past and honour our First Nations people. Please inform yourself and remember there is nothing to fear.

My thanks to Shanna Provost for getting Tilba Bites together for September – it's no easy task to slot into this role even with her experience as the founding editor of *The Dromedary Drum*. Shanna did say she enjoyed it and her piece on the Tilba Festival made page one!

## Heading for the sandhills

As many people do during the winter months, Philip and I went on a camping trip to the South Australian outback in July/August. Planning had been in progress for quite a while to make sure the vegetable garden schedule accommodated four weeks away, the Tilba Market was covered as well as *The Triangle* and in late July we set off. On paper, Australia is a big place – this reality hit home with the four days driving to get to our starting point at Coffin Bay. Once over the Divide, it was clear that away from the east coast, plenty of rain has been falling – and it's just as well as the whole way west to the top of the Eyre Peninsula is Australia's vast wheat and grain belt as well as other crops like canola and almonds. We spent a week at Coffin Bay with family and friends, exploring the area, sampling the oysters and settling into adventure mode. The outback adventure began when we left Coffin Bay in the company of friends from Melbourne in their vehicle. Next stop Ceduna, giving us our first taste of the spectacular Great Australian Bight coastline, which we were able to see as far as Cactus Beach, well known for surfing.

For many years, there has been talk of travelling Goog's Track with my brother, who lives in Alice Springs. This track, which runs north from Ceduna to the Trans Access Road, was built by Goog Denton and his family in the 1970s, is about 200 km long, with some 360 sandhills and is 4WD and dry weather only. The track winds its way north through the Yumbarra Conservation Park and joins the Yellabinna Wilderness Protection Area in the north. There are wide views of the mallee type scrub in all directions from some of the higher sandhills. The camping grounds at Goog's Lake and Mount Finke were a great base to explore the areas off the track – Goog's Lake, a large dry salt lake, the amazing rock outcrops to the east of Goog's Track, the climb up the spinifex covered and rocky Mount Finke with expansive views in all directions. The journey in between Goog's Lake and Mount Finke showed us just how challenging some sandhills can be and is often referred to as a mini Simpson's Desert.

From Goog's Track we headed east on the Trans Access Road, which follows the Trans Australian Railway, to Kingoonya. An overnight stop here to refuel, have a hot

## Bermagui Whale Tours - 18 August to 24 November 2023

### Experience one of the world's most amazing migrations from one of Australia's most beautiful locations!

Tours departing from Bermagui Wharf aboard Bubbles, our 24-metre comfortable, powered catamaran.

Check website for times and availability.  
Book early to avoid disappointment.

Whale sightings guaranteed or free return cruise.



**SAPPHIRE  
COASTAL  
ADVENTURES**

Merimbula Marina

[www.sapphirecoastaladventures.com.au](http://www.sapphirecoastaladventures.com.au) Ph: (02) 6495 1686 or 0466 349 122





shower and a pub meal was most welcome. Surprisingly, there were four long goods trains that went through overnight, crossing the nation to WA or turning north at Tarcoola to the NT.

From Kingoonya, we headed south to the Gawler Ranges, one of South Australia's great wilderness areas with many magnificent natural wonders. Formed by volcanic activity millions of years ago they are now home to many rare species of birds, animals and flora. Within the Gawler Ranges National Park there are huge, impressive domes of colourful volcanic rock, white salt lakes and the famous rock formations known as the Organ Pipes. We got to see and experience all this staying at Hiltaba Nature Reserve on the edge of the National Park; then at Yandinga near the Organ Pipes; and Mount Ive, where it is possible to access Lake Gairdner, a huge salt lake that is used for land speed trials by many vehicle brands. Amazingly, it is full of water at the moment.

Our two weeks outback camping trip ended once we left Mount Ive. We felt very lucky and privileged to be able to do

this trip – its remoteness, the ancient beauty and breathtaking ruggedness are lasting impressions that will remain. While it's not everyone's cup of tea, one does realise what an amazing country one lives in. Our last week was spent returning home – through Renmark, the Clare Valley, the Hay plains with the final night at Jugiong. And it's true, there is no place like home.



Goog's Track begins



The Gawler Ranges

**COBARGO CO-OP**  
COMMUNITY OWNED SINCE 1901

**SPRING SALE**  
UP TO 50% OFF YELLOW TAGS STOREWIDE

**New items added every week:**  
hardware, homewares,  
outdoor, garden  
equipment

Current stock items only, whilst stock lasts.

**One Stop Farm Shop**  
Stock feed, fertiliser, hardware, fencing, irrigation,  
nursery, seedlings, ornamentals, pots, special orders  
**52-54 Princes Highway, Cobargo Phone: 6493 6401**

## Sunrise at Central Tilba

The word went out on the visittilba FB page that Channel 7's popular Sunrise team, led by weatherman Sam Mac, was coming to film live on 7 September. Not even those who were part of the show quite knew how it all came about. It turns out Sunrise, in conjunction with Destination NSW, planned this some time ago. Having previously visited the North Coast it was now the South Coast's turn. This happened between 4 – 8 September and included Berry, Ulladulla, Mogo Reptile Park, Central Tilba and Pambula.

On the morning in question, Bate Street, Central Tilba, came alive at dawn with more than 50 locals turning up to participate. The street was lined with cars and it looked like any busy weekend day in the village.

Starting with a walk and talk with Zoe from Tilba Heritage Walks discussing the historical significance of the area, Sam Mac

visited Phil's and Deb's Tilba Leather and workshop, spoke with Erica Dibden at Tilba Dairy about their award-winning products and finished with a trip to The Drom chatting with manager Rex along with an impromptu rendition of *You Are My Sunshine* where the crowd aptly changed the lyrics to *You Are My Sunrise*. During the live coverage, Sam Mac delivered the national weather bulletin.

Everyone agreed that this highly-ated morning TV show was a real bonus for Central Tilba and the area with those whose businesses were showcased enjoying and valuing the exposure. Some of the school kids who came along even had placards with messages for family and support for their sporting clubs. There was a real festive feel outside The Drom where Muz and Andrew entertained the crowd with their music. Thanks, Sunrise, Destination NSW, the businesses involved and the community



Sunrise at The Drom



Sunrise at Tilba Dairy

## REGISTERED NURSES / FULL TIME / PART TIME / CASUAL

### Nardy House, Quaama/Cobargo NSW

***If you are passionate about helping others; Nardy House is for you***

- We have a great opportunity for a Registered Nurse to join our team.
- Supporting people with a profound disability is a rewarding job.
- Shifts vary and participants are supported 24 hrs/day.
- Qualifications preferred; study/training available.
- Salary sacrifice available for permanent staff.



- At Nardy House we aim to create an environment where you can grow and develop professionally in a caring and supportive atmosphere.
- Nardy House provides an opportunity to work with like-minded people who are committed to improving the lives of those living with profound physical disabilities.
- It is located in the peaceful country side of Quaama, 30 km north of Bega on the NSW south coast and provides a 5 bed permanent accommodation home and a 6 bed respite facility for residents.

**Contact our CEO, Denise Redmond on 0408 675 259  
or email [denise@nardyhouse.com.au](mailto:denise@nardyhouse.com.au) to find out more.**



## The Long Walk

Michael Long, well-known legendary Essendon footballer and dedicated advocate for his people, instigated The Long Walk in November 2004. Desperate that the plight of his people was not being heard, this walk turned into a mission of hope. Much loved and respected ex-Central Tilba resident, Merryn Apma, was an integral part of that walk nearly twenty years ago and walked alongside Michael last week.

Many of the First Nations people's issues of 2004 still exist in 2023. Merryn did not hesitate when Michael asked if she would walk again, this time in support of the Voice to Parliament. Starting in Melbourne and visiting towns along the way where locals were invited to walk a short distance together, there were plenty of opportunities to share information and stories. Michael's message of love with its invitation to walk together for a better future for First Nations people and all Australians is compelling.

By chance, I happened to be in Canberra so was able to participate on Day 18, walking from Ainslie Football Club to the ACT House of Representatives in Civic. It was a great privilege to walk with Michael and his team and the 200 or

so people who turned up to walk. It was especially special also because I got to spend a few hours with Merryn, husband Garry and Max, their tenacious dog. Greeted in Civic by ACT Chief Minister, Andrew Barr, and ACT Attorney-General, Shane Rattenbury, it was gratifying to see that there is at least bipartisan support. Day 19, on 14 September, was the last day with an early morning walk to Parliament

House. PM Anthony Albanese joined the walk and a community barbecue to which everyone was invited followed the formalities. Later in the day, Michael who was in the gallery, was acknowledged by the PM, where his message of love and hope and the invitation to walk together was repeated.

Merryn asked me to pass on her hellos and love to her many friends at Tilba.



The Long Walk, ACT House of Representatives

**Family Friendly Day!**

**Saturday 28 October**  
**11am-4pm**

Gates open 10am

**Kamalashila Tibetan Buddhist Centre** 9000 Princes Hwy, Tilba Tilba

**TICKETS FROM \$5**

Celebrating culture in warmth & joy

**Three Visions Festival**

Local Yuin community cultural performances including the Gadu dancers | Traditional Tibetan song, music & dance | Music performed by Kara Coen | Stalls, workshops, food, arts & crafts | Kids activities.

**A festival celebrating Tibetan, Indigenous & local non-Indigenous Cultures**

[www.drogmi.org](http://www.drogmi.org)

Scan for tickets

THANKS TO OUR SPONSORS

## Community Farewell

The Tilba community turned out in force on a clear sunny day in late August, to remember, honour and celebrate Sue Croft's life. The graveside service, led by local celebrant, Debra Summer, spoke of Sue's life journey and heard from Sue's brother, son Tom and partner Ray who recited a poem he had written. Sue was an ardent gardener as well as a staunch environmentalist who worked hard to live sustainably. Following the service at the Tilba Cemetery, the community was invited to gather at the Big Hall. Here, members of the community spoke of Sue's significant contributions to the life of the village, including the much-appreciated Harold Spindler Playground and *The Dromedary Drum*, precursor to *The Triangle*, in which Sue, husband John Noonan and son Tom all played a part. As Sue's sons, Tom, Sam and Wal, all grew up in Tilba, many of their peers and families were present. Vale, Sue.



Sam, Wal and Tom with Shanna Provost

## Preparing Central Tilba for bushfire threat

As mentioned in the September *Triangle*, a successful Bushfire Forum was held on 30 August at which a group of over thirty Central Tilba residents and business owners attended a presentation by Susan Courtney from Eco Logical Australia, consultant to the Tilba District Chamber of Commerce.

Susan gave an overview of the bushfire risk to Central Tilba village and the recommendations she has made in a village Bushfire Resilience Plan.

Those recommendations include:

- More extensive/appropriately managed Asset Protection Zones within and around the village that more accurately reflect the construction and vulnerability of the heritage buildings within Central Tilba.
- Building upgrades – including ember protection upgrades and a village-wide bushfire sprinkler/drenching system.
- Upgrades to infrastructure (telecommunications, water, electricity and gas supplies).
- Improved emergency planning at a strategic and local level.

A community committee was also formed to investigate and implement those recommendations, some of which involve considerable planning and cost. That committee comprises: Jason Meale (Passionfish); Tarquin Moore (Arcadia Jewellery); John Matthews (General Store); Janine Halasz (The Halls Committee); and Mark Stubbings (Chamber of Commerce).

This group is starting to do the necessary work, supported by Susan and the Minderoo Foundation whose grant funding pays for Susan's advice.

The Committee's first steps include meeting with representatives of NSW National Parks and Wildlife Service, the RFS and the Gulaga Board of Management in relation to the recommended Asset Protection Zone at Bellbrook Farm to the west of Central Tilba. The Committee is also determining the best communications strategies to convey bushfire-related issues and risks to those in Central Tilba.

Residents and business owners can play their part by making sure that their properties are bushfire-ready and they have their own Bush Fire Survival Plan. The RFS website contains useful information, including an example plan (go to the RFS NSW website). Those people who participated in the project have already received individual Bushfire Resilience Plans prepared by Susan and should implement those plans.

While the project focussed on Central Tilba, everyone in the Tilba district should monitor communications about bushfire issues from the Central Tilba RFS Brigade (through Facebook and other channels), the RFS Hazards Near Me app and emails using the Mystery Bay and Tilba Community email address lists.

Mark Stubbings



Bushfire Forum



# Tilba Valley

## Winery & Ale House

Our own Tilba Valley Beers & Ciders now on offer

Enquiries & bookings - 4473 7308

**WHAT'S ON  
IN OCTOBER**

Music starts at 12.00  
free of charge

Sun 1	Malumba
Sat 7	Simon Kinny-Lewis Band
Sun 8	Felicity Dowd
Sat 14	Whiskey & Whiskers
Sun 15	Beach Bar Swing
<b>Sat 21</b>	<b>11am Oktoberfest - ticketed</b>
	<b>Caravana Sun w/- Whiskey Dram,</b>
	<b>Punkalla Holler &amp; Tim McMahon</b>
Sun 22	Jakob Poyner
Sat 28	Minh Ha
Sun 29	Totum

Located 8 km south of Narooma or 4 km north of Central Tilba  
Follow us on Facebook & Instagram for upcoming events



**SHOP OUR  
ONLINE  
STORE**

**www.excellprint.com.au**

**PAMBULA**  
**6495 7320**  
sales@excellprint.com.au

**MERIMBULA**  
**6495 4922**  
merimbula@excellprint.com.au

**BATEMANS BAY**  
**4472 1599**  
batemansbay@excellprint.com.au

*Supporting our community*






## Gulaga Reconciliation Group

The Gulaga Reconciliation Group's vision 'to create opportunities for cross-cultural understanding' has been front and centre of its measured approach to the Voice Referendum. All its activities require restraint, respect of difference, and the trust and good will of our communities.

In June this year, the Gulaga Reconciliation Group (GRG) broke new and sensitive ground to host a NAIDOC 'For Our Elders' event at Umbarra Cultural Centre.

In August, the GRG Voice Café provided accurate information and an opportunity for respectful conversation about the referendum. A street banner generously donated by Mike and Charmian Roberts of Mystery Bay featured handprints of the Little Yuin Pre-School's class of '23.

There will be another Voice Café, one week before the referendum, on Saturday, October 7 from 10.30 am to noon in the



Lyndall Magnusseson, Linda Newcombe, Mike and Charmian Roberts, Elizabeth Gunn and Margot Nettheim with the street banner donated by Mike and Charmian

Central Tilba Small Hall. Entry is free.

In September, GRG members and supporters volunteered at *Biraga Bunaan*, a 'Back to Country' day in Narooma hosted by the Gulaga and Biamanga National Parks Boards of Management. Registered Aboriginal Owners and their families gathered from across Yuin Country for an inclusive celebration of cultural connection

to country.

Back in 2018, a Yuin leader suggested to a GRG audience that we are all part of the 'Dreaming' because we are all part of the story. Many struggle to live or come to terms with that story. In the referendum on October 14, together, we decide the next chapter.

Cathie Muller

## CWA traditions passing on – sago delights and women sharing wisdom

(Reflections from Virginia York, one of our newest CWA Tilba members)

My darling grandmother made sago plum pudding every Christmas and now her grand-daughters, great-grand-daughters and various of my nieces do the same, battling the caramelizing process and sharing victories if we get a good-looking sago pudding each Christmas – it's a shared joy of laughs and cook-offs in our family!

Wonderfully, the cookbook has led me to join the CWA Tilba recently and I am indeed finding many delights in this community. One has been that I found the latest edition of the CWA cookbook, *Seventy Years in the Kitchen*, still has the sago plum pudding recipe in it – thankfully with more details than

Nan's 1945 *Coronation Cookery Book*, (the 4th edition of the first edition from 1937)! I hold her cookbook as a family treasure, wrapped in its paper bag, with her handwritten notes. The very brief recipe says – 'an egg is an improvement'!

Who would think that all these years later I identify as a country woman, despite being city born and bred? But indeed, after 27 years in the Tilba district, it seems I am. The development of networks and female sharing across age groups and all kinds of lives, have made my early CWA meetings enjoyable and rich already. So many contemporary portfolios of interest and activities happen in the CWA

such as recycling, transport, social issues, history, agricultural and cultural events. The wonderful cooking part is barely a tenth of what each branch can turn its attention towards!


I am already enriched by getting to know some fabulous local people involved in different ways in our village and surrounds. I encourage fence-sitters, like me, to jump in and make our little branch stronger, with a new level of contemporary female sharing and wisdom permeating our area. Nan would be pleased her cookbook is still so alive in our modern world.

Virginia York

# BERMAGUI EXCAVATIONS

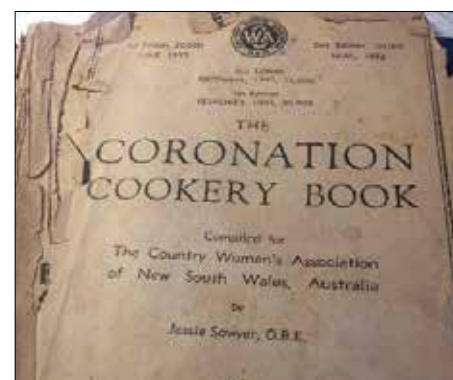
- 16t Tipper truck
- 4.5t Excavator
- Tracked bobcat

- Hydraulic grab bucket
- Post hole augers
- Rock hammer ● Roller



- General earthworks
- House and shed site prep
- Footings and pier holes
- Green waste clearing
- Driveways
- Trenching for plumbing and electrical works
- Drainage
- Material delivery

**Neville 0428 948 589 - Dylan 0481 311 007**



Nan's 1945 *Coronation Cookery Book*

Our next meeting is on Thursday 12 October in the Small Hall, Central Tilba at the usual time of 10.30 am. It's our AGM and all women are welcome to the meeting and to come for lunch at the Dromedary Hotel afterwards. Teresa Stubbings, CWA Tilba President, 0417 418 447.

### Central Tilba Fire Brigade Tips for October Gas bottles:

Ensure your gas bottle is:

- orientated so the vent is facing away from your home
- positioned upright and on solid ground
- within the test date
- in a well ventilated area
- clear of combustible materials

### Please also remember:

Any fires other than cooking or heating, now require a permit.

All waste management facilities in the Eurobodalla shire were taking green waste FREE until the 24th September – hopefully you were able to take advantage of this. If not make sure you clear your greenwaste and eliminate the risk of unnecessary pile burns during the bushfire danger period.

If you would like any further information or tips on preparing your home for this coming bushfire season, please contact a member of the Tilba RFB.

*Chris Weire, President, Snr Deputy Captain, 0448 100 974*



Noel Bate, Chris Weire, Tim Jones, Central Tilba Brigade

### History Week at Central Tilba School

History Week commenced on 2 September and the theme was voices from the past. Central Tilba School celebrated by creating a museum of artefacts that the students from the Barranguba class brought from home. The students had to research and tell a story about their artefact. They were very interesting, some dating back hundreds of years, and others were family heirlooms that had been in families for generations. There were dinosaur fossils, an old camera, a billy can, a police award, a deed and a nurse's watch just to name a few. The students also had a great time researching old glass bottles brought in by Mrs Hextell – they had to find out when they were made and what they were used for.

My Mayor's Writing Competition piece can be found in the on-line version of *The Triangle*. We had to write about change and I chose to write about how Tilba has changed from when my Grandmother Debbie Elton was young to how Tilba is now.

You can read this on Off the Page on *The Triangle* website.



Barranguba class family artefacts in the museum

## Drinking Water Deliveries



Phone

**0439 164 176**

BVSC Accredited



As the sun beats down and the winds bluster and fluster all of us, it yet again brings back to us the fire conditions that prevail. To keep myself in a rational mindset I have concluded that we cannot expect a fire every day and only acknowledge it when it is actually coming, otherwise we will not have one restful day until we get a substantial drop of rain.

The Bale-up Conference for women in dairying was held between the 12 and 14 September and was an absolutely fantastic three days. I had the pleasure of being the MC for the event as well as participating on the succession planning panel. Guest Speakers included Mary Coustas of Effie fame, Stephanie Tretheway from Motherland Podcast, Kezie Apps NRL sport star and a terrific lineup of local people who were approaching the agricultural industry in their own way. Joss McMillan, local surfer girl come egg farmer, Fiona Kotvojs, truffle farmer, Olympia Yagger, maggot farmer and many more. Wes Allan from Tap, Edit, Go presented an IT segment that had everyone glued to his every word. A networking dinner was held on the first night, a masked ball on the second night and all the girls danced the night away. There were some fun activities as well with a cow being painted, oysters sampled and a very popular tour of Platt's calf shed. All agreed it was a wonderful uplifting event.



Part of the committee from the Bale-up Conference, from L-R Brodie Game, Gemma Otton and Renae

The Cobargo school celebrated its 150 years with a wonderful celebration. The crowd was tremendous and was not disappointed with the official opening of a time capsule that had been buried in 1996. It was dug up and opened by Kate Baker, a past student, and the contents were pretty amazing. Some were a tennis ball, a yoyo, class photos for that year, a letter compiled by Kate and

George Allen, another past student. In the letter it said we have got the internet this year and it's really good. A cake iced in Cobargo School Colours, blue and white was cut by the oldest student, Beth Whiffen aged 94, and the three youngest students of the school namely Evie Morgan, Mac Corby and Lane Corby. An historical photo display that was compiled by Wayne Dunning and Fiona Hosken was a huge talking point. It was a great day.

With sadness I acknowledge the passing of two of the finest women I have had the pleasure of knowing. Fiona Hosken, past teacher and Acting Principal of Cobargo Primary School was an amazing asset to the school. An outstanding, committed teacher who had taught at many schools but recalled her time at Cobargo as the best of her life. Fiona will be sadly missed by her family and partner Wayne.

Naomi Lewis who had been a resident of Cobargo for over forty years has passed after a battle with an illness for an extended time. Naomi was a creative artist in many media. In the past she had written a children's book and was a member of the Lazy Lizard Gallery where her warm personality always greeted you with a smile and a delightful conversation. Condolences to her family. The joy you both brought to this world was second to none.

## Here 2 Help is expanding to the Cobargo Access Centre

Here 2 Help is excited to announce that we are setting up a hub at the Cobargo Community Access Centre. This is an extension of a similar program that runs at the Bega Library.

Volunteer tutors work one-on-one with clients. There are no enrolments or assessments, just help with whatever you need. In Cobargo, the service operates on Fridays at the Access Centre and at Well Thumbed Books. Clients will need to make an appointment via the Access Centre to see a tutor via phone on 0493 671 117, via email at [cobargoreliefcentre2550@gmail.com](mailto:cobargoreliefcentre2550@gmail.com) or in person at the Centre. Appointments are scheduled in 45-minute sessions with no limits to the number of sessions available.

'We can help people with a wide range of skills from filling in forms, general reading and writing skills, basic digital literacy and help for speakers of English as another language. We can also help clients to install and use assistive technology so they can be more independent,' says founder of Here 2 Help, Carol Holden.

The service is a collaboration between the Bega campus of TAFE NSW and the Bega Valley

Shire Library and is delighted to include the Cobargo Access Centre in the scheme.

Carol Holden



## QUAAMA GENERAL STORE



Your one stop shop for Australia Post services, groceries, petrol, hardware, lollies, takeaway meals, local produce and plants.

Naomi Lewis 16 October 1943 – 18 September 2023

Our beloved Naomi left us peacefully after a year-long journey with cancer on 18 September, with her son and daughter, Damon and Ancret, by her side to farewell her to the music of her favourite Bach cello suites.

Naomi was born in Johannesburg in 1943 to Jessie and Gordon Dalglish. Jessie, her mother had emigrated from Glasgow as a child and Naomi was always proud of her ancient roots particularly on the island of Islay where she has a long line of decedents. In 1963, Naomi grieved the loss of her father who had been her hero growing up. Following his university training in England, Gordon had come back to establish himself as one of the first fully qualified opticians in South Africa, later becoming the president of the South African Optical Association. It was in her father's memory that Naomi became a dedicated annual donor to the Fred Hollows Foundation.

Growing up in South Africa in the depths of apartheid, Naomi attended Houghton Primary School and Johannesburg High School for Girls, later completing a Bachelor of Fine Art at the University of Cape Town. It was in South Africa that Naomi would meet Bill, her life partner, with whom she would go on to have many adventures across the world.

Leaving behind the oppressive South African regime in 1968, Naomi and Bill moved to England before escaping a bitter winter to the island of Ibiza in Spain, where they lived for the next six years. On Ibiza they established a made-to-measure fashion business called the Incredible Leather Balloon, crafting suede and leather creations for the 'jet set' as they were known in those days.

In 1970 Damon was born and they lived on the island until 1974 until the final years of the Franco regime. After selling the business, the family moved back to England to live in London.

At the end of 1976, the family made the move to Australia. Shortly after settling at Bermagui, Ancret was born – before they moved to Tanja until 1986. Following a year back in England to care for Bill's mother, the family came back to find the house at Tanja had been destroyed by fire some months earlier (the joys of pre-email and mobile phone days!).

By this time the family had purchased a block of land up the Illawambra Valley at Yowrie and moved there in 1987. The family built their home at Illawambra and Naomi set up her studio working as a successful children's book illustrator, picking up several awards including the Australian Multicultural Children's Book of the Year in 1996.

Later, Naomi cared for Bill as his health declined over several

years with Parkinson's Disease before he passed away in 2013. Following Bill's death, Naomi became a stalwart of the Lazy Lizard Gallery and was a regular contributor to *The Triangle*. She also published the *Book of Gnomes* and lovingly tended the Gnome Garden in Cobargo.

Naomi is survived by her children Ancret and Damon, grandchildren Mitchell, Kassie, Ava, Tulley and Freya – as well as her two sisters Fiona and Judy in South Africa.

*Ancret Shipton and Damon Lewis*



Young Naomi painting in Ibiza



Naomi with granddaughter Ava and Kelpie the lamb

## A love letter

In her understated style, Naomi Lewis wove herself, through her artwork, into the wider community in so many ways. Naomi died on Monday 18 September. She leaves a large legacy of visual art created over many decades, mostly here in the Triangle region. If you've been lucky enough to have bought an original painting, or A field Guide to Cobargo Gnomes and Other Local Wee Critters, or a woodblock print or card; to have read a *Triangle*, walked by her two decorated power poles or admired her painted characters in Gnome Alley, Cobargo, then you've been touched by her particular magic.

I don't know when Naomi's work first appeared in the *Triangle*, but she's been a part of the fun for a long time. Our copyeditors would sometimes notice a contribution that lent itself

to Naomi's quirky style, and ask her for a cartoon. Naomi's sense of humour expressed perfectly what was needed with either no words, or very few. All her community work was given pro bono; she was always quick to acknowledge other people's work, such as was her nature.

Naomi also regularly sent in cartoons, unbidden, and they were always gratefully received – '...only if you have room' was her typical modest offering. We loved them; I particularly loved her take on social distancing (remember that?!) and technology. And her irreverent view on all manner of spirituality. She had a wry sensibility that spoke to your funny bone and made you see something from a totally different perspective. All gentle fun. We will miss you, Naomi. I will miss you.

*Linda Sang*



## A collection of some of Naomi's cartoons

We are currently offering a recycling option



I told you we should offer a click and collect option this year!



I think someone has stolen my conspiracy theory!



She says she's found God on Facebook.



Hang on ... Rusty's just downloading the 'Doggies go for walkies' App.



What makes you think he is having an affair?



He says he wants the vegetarian option.



Actually she was a breech birth ... she came out saying Ooooo instead of Moooo.



I think we might be getting out of lockdown soon.



I'm looking for information about renewable energy



Occasionally COVID restrictions can actually make life easier.



# SERVICE DIRECTORY

<b>Accountant</b> <b>INDIVIDUAL TAX SERVICES</b> <b>Fredrick Tambyrajah BSc MA MACC MIPA</b> 44 Princes Hwy Cobargo NSW 2550 Phone: <b>6493 6006</b> Email: <b>fred@itaxservices.com.au</b>	<b>Building Services</b> <b>Drakos Brothers Constructions</b> Major Projects to minor repairs Quality workmanship guaranteed Lic No: 39234 Phone: <b>4473 7301 Jimmy</b>	<b>Electrical Services</b> <b>BRINDABELLA ELECTRICAL SERVICES</b> Family owned business of 28 years. All electrical work including old and new wiring, fault finding, electrical appliance repairs. Fully insured and licensed. <b>Darren 0412 208 872 brindaes@bigpond.com</b>
<b>Accountant</b> <b>Barrett Tax</b> Chartered Accountants & Registered Tax Agents. Specialists in personal and small business tax returns. Ph: <b>1300 651 708 www.barretttax.com.au</b>	<b>Building Services</b> <b>Building / Carpentry / Joinery</b> New homes/extensions/alterations/decks/roofing kitchens/stairs/sheds or owner builder assist Phone <b>Jake Smith 0409 991 929</b> Lic. No. 205250c	<b>Electrician</b> <b>Smedley Electrical Services</b> All electrical work guaranteed. Level 2 Authorisation - underground/overhead mains connections & solar installations Lic. no. 95937C. Phone <b>Jeff 0414 425 571</b>
<b>Accountants &amp; Business Strategists</b> <i>Get more from your business</i> With our "7 Levers" tool & 1Plan App More profit, more money out, more cash Oh, and we do tax returns too (CA & Tax Agents) Call now to find out how we can help your business Ph: <b>0409 40 20 70 E: john@sowgrowreap.com.au</b>	<b>Carpenter</b> <b>CARPENTER</b> <i>for all your building needs</i> Phone: <b>Luke Hoskins 0438 585 324</b> email: <b>hoskins2000@gmail.com</b> LIC NO: 203038c	<b>Excavations</b> <b>Bermagui Mini Digger Hire</b> 1.8 ton excavator 1 m wide plus Tipper Trailer Trenching – absorption trenches - tanks hydrolic rock hammer - pier & post holes level pads - clearing and most general excavations Phone 'Cappo' (Jason Drew) on <b>0414 522 031</b>
<b>Accounting Services</b> <b>Pandanus Accounting</b> <i>A Chartered Accounting firm</i> High quality taxation and accounting services 20 Hart Street, Bermagui Mon - Fri 10am - 5pm Phone: <b>0488 910 456</b> Email: <b>info@pandanusaccounting.com.au</b>	<b>Carpentry</b> <b>SAPPHIRE COAST</b> <b>CARPENTRY CREATIONS</b> Contact <b>Tony: 0434 835 036</b> <b>tony@carpentry-creations.com.au</b> LIC NO: 338404C	<b>Excavations</b> <b>MOSS CONTRACTING</b> 4WD Tipper + 3.5t Excavator with hydraulic grab & auger. Fire season prep, clearing, site prep, trenching, detailed work, drainage, materials delivered. All aspects of general earthworks. Phone <b>Sam Leone on 0416 237 753</b>
<b>Acupuncture</b> <b>Bermi Acupuncture &amp; Massage</b> Acupuncture, Cupping, Tui Na, Mental Health Care Therapeutic & Remedial Massage <b>Dr David Arthur: 0401 901 787 or 6493 5512</b> <b>bermiacupunctureandmassage.com</b>	<b>Cleaners</b> Professional, insured & in Bermi for over 7 yrs Private homes - Holiday houses - Air BnB Spring cleans - Linen service - windows Reliable & trustworthy <b>Adam &amp; Marg West 0419 302181</b>	<b>Gardening and Home Maintenance</b> Assisting locals, landlords and absentee owners Mowing - pruning - chain sawing - tip runs Deck restorations - small painting jobs Ride on mower now available <i>Reliable - Affordable - Friendly</i> Call <b>Adam West 0419 302 181</b>
<b>Alpacas</b> <b>Kingdale Alpacas</b> Breeding stock, fleece <b>Graham &amp; Jenny Froud</b> Dignams Creek Phone: <b>6493 6409</b>	<b>Cleaning Service</b> <b>Sapphire Cleaning Co</b> Experienced, Trusted & Quality domestic cleaning service Phone <b>Kaylah: 0490 541 905</b> <b>www.sapphirecleaningco.com.au</b>	<b>Glazier</b> <b>Bermagui Glass</b> All glass requirements – Broken window & door reglazing or replacement, double glazing, fly & security screens, shower screens & mirrors, splashbacks, fire doors, pet doors, custom work. <b>0447 224 776 moonbahconstruct@bigpond.com</b>
<b>Arborist</b> <b>NIC, TREE FELLA</b> <i>Tree care and removals</i> pruning, removals, hedge trimming firewood deliveries, milling services Phone: <b>0466 538 689 nic.treefella@outlook.com</b>	<b>Counselling</b> Relationships, children, stress, anxiety, depression, grief & loss, retirement issues Phone <b>Ed Hills on 0411 346 563</b> <b>www.lakesidecounselling.com.au</b>	<b>Graphic Design</b> <b>Redeye Designs</b> Affordable high quality logos, business cards, brochures and layout. Phone: <b>0408 625 963</b> <b>dworgan@exemail.com.au</b>
<b>Batteries</b> <b>INDEPENDENT BATTERY SUPPLIES</b> Sourcing quality brands at affordable prices. Cranking, deep cycle, off grid and more. Contact us for a quote - <b>ibsbega@gmail.com</b> Phone: <b>0436 460 460 www.ibsbega.com.au</b>	<b>Courier Services</b> <b>Red Rocket Express Courier Service</b> To/from Bermagui and Cobargo south to Eden Fast - Reliable - Cheap Phone Parts4 Bega: <b>6492 5212</b> Email: <b>bega_angledale@yahoo.com.au</b>	<b>Hair and Beauty</b> <b>Miracles by the Sea</b> Hair & Beauty Studio Barbering & massage, safe, natural products 20 Lamont St, Bermagui. Phone: <b>6493 4646</b>
<b>Bricklaying</b> <b>CM Knowles Bricklaying</b> 15 years experience covering all aspects of brick and block work. Phone Chris: <b>0478 529 028</b> Lic No: 342038C <b>Cmknowles81@gmail.com</b>	<b>Drafting Services</b> <b>Drake Designs</b> Plans & documents – Houses, Additions & Alterations, Commercial Buildings 40 years experience – Phone: <b>0407 939 181</b> Email: <b>geoffreydrakedesigns@gmail.com</b> Website: <b>www.drakedesigns.com.au</b>	<b>Hearing Clinic</b> <b>HEAR WELL - LIVE WELL</b> Qualified audiologist for all ages Testing, wax removal, tinitis care Hearing aid fitting, maintenance & support <b>Annemarie Narraway: 0411 839 414</b>
<b>Building Design</b> <b>Lauricella Design and Drafting</b> New homes, Alterations and Additions Basix, Council Submissions etc Phone: <b>0423 907 119</b> <b>www.lauricelladesign.com.au</b>	<b>Electrical Services</b> <b>Anthony Kelly Electrical</b> For all your electrical needs. Reliable prompt service. No job too small. Fully insured. Guaranteed work. Lic No. 33922C Also licensed for Data and Phone Cabling. Phone: <b>0452 010 519</b>	<b>Landscaping</b> <b>Native Instinct</b> Native garden specialist, design, maintenance, retaining walls, ponds, watering systems, plants & paving. Phone <b>Jo &amp; Ken Jacobs on 6494 0191</b>



Ads \$28. To book an ad, please call 6493 8369 or 0407 047 404 or email  
[advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

<b>Leadlight</b> <b>Stained Glass Supply</b> Locally crafted lamps, pendants and panels. Custom orders. Repairs. In Cobargo since 2002. <b>0402 722 743</b> <a href="http://www.rntleadlight.com">www.rntleadlight.com</a>	<b>Plumbing Solutions</b> <b>JG PLUMBING SOLUTIONS</b> Residential and commercial, Plumbing and drainage, Gas fitting, General maintenance, New builds and renovations, Roofing. <b>0401 352 128</b> <a href="mailto:admin@jgplumbingsolutions.com">admin@jgplumbingsolutions.com</a> Lic No 378631C	<b>Tree Removal</b> <b>DIVERSE TREE SERVICES</b> Tree Removal, Tree Trimming, Land Clearing Fully Qualified & Insured <b>Riley: 0432 663 517</b>
<b>Leatherwork</b> <b>South Coast Leather Cobargo</b> Handmade belts, handbags Australian made luggage <i>"Free post across Australia"</i> <b>0418 361 781</b> <a href="mailto:sthcoastleather@icloud.com">sthcoastleather@icloud.com</a> <a href="http://www.southcoastleather.com.au">www.southcoastleather.com.au</a>	<b>Plumbing/Gasfitting</b> <b>RobSona Pty Ltd</b> Maintenance, new houses, renovations, hot water, gas fitting, blocked drains, septic tanks and absorption areas Lic no.: 170065C <b>Call Alistair Robson 0427 117 281</b>	<b>Tree Surgeon/Arborist</b> <b>SOS Tree Management</b> Fully Insured Stump grinding - bobcat hire <b>Stephen O'Sullivan</b> Phone: <b>6493 6437</b> Mob: <b>0418 465 123</b>
<b>Legal Services</b> <b>MILLAR CREW LEGAL &amp; CONSULTING</b> <i>What you need, when you need</i> Conveyancing / Wills & Estate Planning General Advice & Litigation Probate & Deceased Estates / Dispute Resolution <b>Phone: 6493 3989</b> <a href="mailto:mail@millarcrew.com.au">mail@millarcrew.com.au</a>	<b>Psychotherapy</b> <b>MARTIN BILLINGHAM</b> Over 15 years experience Available Tuesdays in Bermagui and by appointment <b>Phone: 0431 371 546</b> <a href="mailto:eclipse@outlook.com.au">eclipse@outlook.com.au</a>	<b>Veterinarian</b> <b>Cobargo Veterinary Hospital</b> Providing a 24 hr service for our clients 56 Princes Highway, Cobargo <b>Phone: 6493 6442</b> A/hours: <b>6492 1837</b>
<b>Massage</b> <b>Neil Fox Remedial Massage</b> Relieve tension, pain & dysfunctions stress, anxiety, depression. Sports, Remedial, Deep Tissue, Relaxation. <b>Ph: 0405 215 055</b> <a href="mailto:neiljfox1@gmail.com">neiljfox1@gmail.com</a>	<b>Roofing/Carpentry</b> No job too small Metal, slate and tile repairs Roofs and gutters. Lic. No: 139428C 10% discount for pensioners <b>Phone: Norman 0412 200 556 or 6494 0060</b>	<b>Waste Services</b> <b>POO CARTERS</b> <i>We're #1 for your #2s!</i> Septic and holding tank pump-outs. Portable toilet, luxury toilet and ensuite unit hire. <b>Phone: 0416 124 196</b> <a href="mailto:poccarters@gmail.com">poccarters@gmail.com</a> <a href="http://www.poccarters.com.au">www.poccarters.com.au</a>
<b>Medical Services</b> <b>BRAVEHEART HEALTHCARE</b> <i>Caring for our community</i> Bermagui Medical Centre - Ph <b>02 6493 4903</b> Lighthouse Surgery Narooma - Ph <b>02 4476 2999</b> <a href="http://www.bermaguimedicalcentre.com">www.bermaguimedicalcentre.com</a> <a href="http://www.lighthousesurgery.com">www.lighthousesurgery.com</a>	<b>Sawmill</b> <b>Bermagui</b> Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. <b>Charlie McVeity</b> <b>6493 4134 or 0428 489 501</b>	<b>Waste Services</b> <b>SAPPHIRE WASTE</b> Bega Valley And Eurobodalla coverage. Effluent & septic tanks. Prompt reliable service. <b>Phone: 0438 924 408</b> <a href="mailto:sapphirewaste@gmail.com">sapphirewaste@gmail.com</a> <a href="http://www.sapphirewaste.com.au">www.sapphirewaste.com.au</a>
<b>Painting</b> <b>John Gosch Painting</b> Professional quality work interior/exterior, roof spraying renovation/restoration specialist. <b>Phone: 0407 258 996</b> Lic No 120093C	<b>Self Storage</b> New complex at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site long or short term. <b>Phone Mel on 0488 143 324</b>	<b>Water</b> <b>Drinking Water Household Deliveries</b> Brand new poly tank Food quality stamped Available in the Triangle area Contact <b>Mark 0408 167 172</b>
<b>Pest Control</b> <b>DK Pest Control</b> Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents Termite Specialist/Inspections Seniors Card Discount <b>Phone David Ing 4473 7201 or 0407 337 937</b>	<b>Self Storage</b> <b>Bermagui Budget Storage</b> Secure 24x7 PIN access Vermin Proof, Low Cost <b><a href="http://bermaguibudgetstorage.com.au">bermaguibudgetstorage.com.au</a></b>	<b>Welding &amp; Metalwork</b> <b>Stephen Laszuk Hot Metal</b> Chainsaw, mower and pump service and repair, welding and all forms of metalwork 11572 Princes Hwy, Verona <b>Phone: 0438 850 573</b>
<b>Physiotherapy</b> <b>PAIN? INJURED?</b> <i>Get the right treatment</i> Gentle hands-on relief for pain and injury. Neck and back pain, headaches, shoulder injury, hip and knee injury and arthritis. 40 years experience. <b>Call Leonard Bolst: 6404 3222</b>	<b>Solar Power Consultants &amp; Installers</b> <b>SOLARHUB</b> Solar PV and household battery storage EV car charging Showrooms in Bega and Batemans Bay Ph: <b>6489 9811</b> e: <a href="mailto:sales@solarhub.net.au">sales@solarhub.net.au</a> <b><a href="http://www.solarhub.net.au">www.solarhub.net.au</a></b>	<b>Window Cleaning</b> <b>One Tree Windows</b> Professional window cleaning service now available in Bermagui and surrounding areas Obligation free quotes <b>Call 0431 368 126</b> <a href="mailto:onetreewindows@gmail.com">onetreewindows@gmail.com</a>
<b>Plasterer / Gyprocker</b> <b>JNPLASTERING SOLUTIONS</b> Licensed, reliable and insured service with 25+ years experience. New builds, renovations, historic restoration and repairs. <b>Call Jamie 0488 023 846</b> <b><a href="mailto:JNPS@outlook.com.au">JNPS@outlook.com.au</a></b> Lic# 134593C	<b>Tai Chi</b> Cobargo School of Arts Hall Thursday evening during school term 6:00 pm - 7:30 pm <b>Phone Rod 0417 409 788</b>	<b>Yoga</b> <b>Yoga with Gwynne at The Barn, Tilba Tilba</b> <i>Enjoy more flexibility in body and mind</i> seasonal yoga classes - breath and meditation stress relief - yoga therapy by appointment <b>m: 0414 579 446</b> <a href="http://www.gwynnejonesyoga.com">www.gwynnejonesyoga.com</a>
<b>Plumbing Services</b> <b>NJC PLUMBING SOLUTIONS</b> New Homes / Renovations / Maintenance Servicing the Bega Valley Shire <b>Ned 0459 481 229</b> <a href="mailto:njcplumbing1@gmail.com">njcplumbing1@gmail.com</a> Lic No 285353C ABN: 34 633 218 676	<b>TV Antenna Services</b> <b>MONTAGUE TV &amp; ELECTRONICS</b> TV antenna & VAST satellite TV systems. MATV-CCTV-Data-Phone-Doorbells-Intercoms. Over 30 years experience - Licensed & Insured <b>Peter Fogwell: 0402 276 699 or 6493 4773</b> <b><a href="mailto:montaguetv@internode.on.net">montaguetv@internode.on.net</a></b>	<b>Yoga</b> <b>Bikram Yoga Sapphire Coast</b> Classes 6 days a week Suitable for any age from beginner to advanced Regular yoga retreats <b>Ring Amrei on 0416 092 225</b> <b><a href="http://www.bikramyogasapphirecoast.com.au">www.bikramyogasapphirecoast.com.au</a></b>

## Come on down to the Tool Library Workshop

A wood machinist by trade, Steve Smyth watched with interest as the idea of the Cobargo Tool Library grew. When the call went out for helpers, he joined as one of the first volunteers and spent most of his time fixing and cleaning chain saws. Soon after, a shed belonging to the Cobargo Coop was emptied to become the Tool Library Workshop.

‘We were getting some larger woodworking tools – circular saws, a compound mitre saw (also known as a docking saw), a couple of table saws, a jointer, a bench drill, band saws and some small sanding devices so we decided to put a bit of a workshop together here. Now people are coming in to use the machines.

‘Yesterday we had a fellow come here from Bandicoot Pottery who had a piece of timber he needed cut to size. I’m helping Bernadine make some windows and window boxes. She’s getting on the machines and is keen to have a go. Other people are fixing up some chairs or need help making frames for their photos.’

Before working in the Tool Library woodshed, Steve was quite happy in his little bush workshop doing his own thing. ‘Before the Tool Library, before the fires, I didn’t know many people around here. Then I started meeting quite a lot of people, more than you think. Now I get to work with them doing something that I like doing.’

You will find Steve down at the workshop on Friday and Saturday mornings. Come on down if you need a hand! (Remembering of course, that all the folks down at the Tool Library are volunteers giving freely of their time and expertise.) We are so lucky to have the tools and advice they make available. Goodonyer, Steve!

*Flick Ruby*



Steve Smyth, one of the friendly folks at the Tool Shed, ready to dispense helpful information

### Cobargo Green Recovery

will be holding their AGM at the Cobargo Hotel restaurant, on Friday 5 October at 5.00 pm. All positions will be declared vacant.

If we don’t get enough public support CGR will fold, and this means all environmental work on the creek will stop, so please consider joining us for a brief meeting.

For any further information contact Tania on 0488 091 085.

# COBARGO DRINKING WATER

## Call Mark 0408 167 172

- Drinking water • Stock water • New tanks • Pools • Food quality accredited
- Poly tank owned since brand new - no grey water ever carried guaranteed





# Cobargo Conversations

## 100-year anniversary of Cobargo Anglican Church

Set aside the date: 11 August 2024. We will be celebrating the hundredth anniversary of the dedication of the Cobargo Anglican Church. The original celebration was for the whole community with children's sports and a basket picnic. So, on 11 August 2024, we will celebrate with traditional sports, activities and food, following a service in the Church. Put the date in your diary and don't miss out.

In the meantime, we are finalising a book on the history of the Church. This isn't just the building, but it includes the Ministers and our parishioners. We want to include information on as many of those who attended as possible – about them as a person. If your parents, grandparents or even great grandparents attended, please contact Fiona Kotvojs (0448 453 422 or [fiona@kurrajonghill.com.au](mailto:fiona@kurrajonghill.com.au)) so we can ensure we include their story.

If you would like to help with research or consolidation of our book, please also contact Fiona.

*Fiona Kotvojs*

## Cobargo Amateur Swimming Club holds a *Come and try night*

Families looking for a fun, affordable and active weekly night out, take note – The Cobargo Amateur Swimming Club is having a *Come and try night* at the Cobargo Pool on 9 October at 6.00 pm. There will be a free sausage sizzle and novelty races. It's a lot of fun and refreshing after a warm day. All ages and abilities are welcome. There is no obligation to join, but it's such a great family outing, you may want to make it a regular thing.

More info? Contact Beck on 0429 306 761.

*Beck Grenfell*



Join us for a family night out at the pool



## EV Show & Tell in Bermagui

**Saturday 21 October 2023**  
**Bermagui Country Club**  
**10am to 2pm**

**All electric vehicles are welcome**  
cars, bikes, motorcycles, scooters,  
skateboards bring yours along and share  
your experiences with your EV

**Check out a range of vehicles**  
chat with local EV owners  
enjoy a ride or take a drive in a Tesla

**Call us to book in your EV**  
**0419 718 615 or 0405 383 692**



## National Parks and Wildlife Act 1974

### Barunguba Montague Island Nature Reserve Draft Plan of Management.

The Barunguba Montague Island Nature Reserve Draft Plan of Management is on public exhibition.

The draft plan may be viewed at  
[environment.nsw.gov.au/get-involved/have-your-say](http://environment.nsw.gov.au/get-involved/have-your-say)  
or at the Narooma Library, Field Street, Narooma.

Submissions on the draft plan must be received by  
**20 November 2023** via:

- the online form at [environment.nsw.gov.au/get-involved/have-your-say](http://environment.nsw.gov.au/get-involved/have-your-say)
- email to [npws.parkplanning@environment.nsw.gov.au](mailto:npws.parkplanning@environment.nsw.gov.au)
- mail to Manager, NPWS Planning and Assessment, Locked Bag 5022, Parramatta NSW 2124.

See [environment.nsw.gov.au/help/privacy.htm](http://environment.nsw.gov.au/help/privacy.htm)  
for information on how we will treat any personal  
information you provide.

SEP1023

## Sister Annie Hadgett

Recently the Cobargo District Museum was honoured to receive a framed copy of a story published in the Australian Women's Weekly in 1946. Cobargo town and district had gathered for a picnic in honour of a much loved and respected person. The frame included a rare photo of the lady to whom it referred – Sister Annie Hadgett.

Sr Hadgett and her husband came to Australia from England in 1914. Annie, being an 'obstetric nurse' or midwife, set up her Maternity Hospital in Hoyer St next to the

Anglican Church. For a new mum and baby to stay at the hospital for a week would cost only seven pounds and ten shillings. They would have the chance to rest or have Sr Hadgett's care and assistance throughout the perinatal period. Local women's and children's health services were virtually non-existent then.

After Annie retired in 1946, a local Women's Auxiliary was set up to plan a Women's Health service. That role was taken over by the local CWA after its formation in 1946. They set up the mothers and baby health clinics which

ran until 1992. Our CWA kindly donated the bassinet used at those clinics to the museum.

It is said that Annie delivered more than 1,000 babies in the district over a thirty-year period and the locals referred to them as 'Sr Hadgett's babies'.

So, if you belong to one of the older local families, there is a good chance that you have aunts, uncles, parents, grandparents and maybe even great grandparents who were 'one of Sr Hadgett's babies'.

We would like to research more on the role of Sr Hadgett

and the district's midwives. If you have information you would like to contribute or wish to see the picture, please visit us or contact the museum as below.

And we are always seeking new volunteers to help, so please contact us if you're interested.

Bev Holland,  
Cobargo District  
Museum

Email: [cobargodm@outlook.com](mailto:cobargodm@outlook.com)

Phone: 0408 280 02



### Subscribe to The Triangle

Do you live outside the Triangle area?  
Be sure to receive your copy every month by subscribing.

12 months' subscription is \$35.00.

Email [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

or post your cheque and details to

The Triangle, PO Box 293, Bermagui,  
NSW, 2546.

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Ph \_\_\_\_\_

### Meeting at Well Thumbed Books

#### We are almost there!

The last chance to discuss the forthcoming Referendum on the Indigenous Voice to Parliament at Well Thumbed Books – the first Tuesday in October, 3 October at 11.00 am. As always, every opinion is respected and will be treated seriously by everyone present.

We also thought it might be useful to have an end of year/post Referendum get together at the book shop in November - again, the first Tuesday, November 7th. It is suggested we each bring something easy to share for lunch, from 11.00 am on.

If you have borrowed books during the year, it would be appreciated if you could return them by November. Thanks – and hope to see you in October and November – first Tuesdays.

For more information, call Heather O'Connor, on 0428 566 865.



## Cobargo Preschool's 30th birthday is coming up

This year we are celebrating Cobargo Preschool's 30th birthday at these wonderful premises. Come and celebrate this community milestone with us on the 14 October from 10.00 am to 2.00 pm. Together we will walk from the Anglican Church, where the preschool was previously located, to the current premises. Nibbles, coffee and entertainment will await us there. Learn more about how families got together in the 90s to turn a derelict golf clubhouse into a beautiful community preschool and share lots of memories. Maybe you were part of that renovation, you or your child went to preschool here in the past or you simply would like to join the celebrations – everybody is welcome!

*Florencia Giorgi*



## Use it or lose it!

Cobargo CWA is appealing for your support. No, we are not fundraising, but we would simply like to point out that our cottage is underused at present.

A wonderful central venue, it offers a warm or cool environment (fully air-conditioned) and commercial kitchen facilities in the centre of the village at a VERY reasonable rate. It is ideal for community or board meetings, and we have facilities, such as an overhead projector and screen, to help in communication.

If needed, catering can be organised – and you know how well CWA can cater!

The reason for the appeal is that by letting the cottage we can continue to maintain it in its current pristine condition. We don't want to fundraise to do this as we prefer to use funds generated to continue the work we do.

So, if you have an event coming up and need a special venue simply contact Sally Halupka on 0429 933 686 and she will advise you of our low rates for hire.

Coming up, we are holding the Land Cookery Competition on 14 November at 1.30 pm. This competition is open to all members of the community, and we welcome all entrants. Please contact

Debbie Fisher on 0488 088 497 for more information.

As always, we welcome new members. If you would like to see how we operate, please come along to a meeting where you will receive a warm welcome. The next meeting is Tuesday 10 Oct starting at 10 for 10.30 am.

*Mary Williams 0447 401 725*

## Musicians wanted for Cobargo community carols

We are putting together a group of people to provide the music for the Cobargo community carols that will be held 8.00 pm on Christmas Eve, 24 December, in the park at Cobargo. Last year's event was great, and we hope this year's will be bigger and better. If you are interested in playing an instrument or singing please contact Fiona Kotvojs on 0448 453 422 or email [fiona@kurrajonghill.com.au](mailto:fiona@kurrajonghill.com.au).



## U3A Bermagui & District Inc



U3A offers classes taught by local members for members. Membership is available to the whole community. We continue to offer face to face classes and these may be subject to COVID restrictions. It is essential to check our website for cancellation notices.

**Term 4 Class Enrolment is Online  
Open from Monday 9 Oct 2023**

**Visit [u3abermagui.com.au](http://u3abermagui.com.au)**

**Or Search "U3A Bermagui"**

**Course enquiries: Elizabeth Johnson on 0499 818 454**

An overview of courses on offer for this term ... Apple Technology, Birds & Bush Walks, Bushfire Basics, Christmas Crafting, Conversation Café with Jo Medlin, Film and Lunch, French language, Intersex: A Human Rights Issue, Lawn Bowls, Online Security Update, Santiago: Mediaeval Christian Church, The Cobargo Microgrid.

It's that time of the year again when we are being treated to the fantastic sights and antics of whales on their annual pilgrimage. They're on their return journey back to the great Southern Ocean after having spent the winter months up north enjoying the warmer waters with plentiful food (bit like the two-legged mammals who head north to escape the winter).



... hey kids, forgot to tell you but we (?) have taken your playground down.

Changes around town ... some good, some that bother me. Sorry, kids, but your playground has gone and I can't help expressing my disappointment at the loss of a much-loved family facility, the playground above Horseshoe Bay.

The town's library is to run on very limited capacity from September till December. Why? Works and improvements (see the Community Forum report). So, no browsing the aisles or relaxing in our lovely library for some time, and you'd better learn how to use Borrow Box so you can borrow books online.

Felt a bit nostalgic seeing the removal of the old oval's scoreboard, replaced with a hi-tech, computerised scoreboard. Seriously? What are the kids gonna climb on? And what about when the power goes out? I know I'm sounding old fashioned and trying to resist change, but I enjoyed seeing the numbers being manually changed on the scoreboard.

For those who will read *The Triangle* as soon as it comes out, the long weekend is going to be a busy one with Re-boot.

And for those who want to see some local art try Lois Irwin's Open Studio to see her paintings and drawings, Sunday October 1 and Monday October 2, 39 Geall Rd, Cuttagee. 10 am – 4 pm



*Every Tree has a Story* by Lois Irwin

## Cricket Blast is back in Bermagui!

Does your child live in the Triangle area and love cricket? Or want to try something new?

Bermagui Cricket Club is excited to announce that Woolworths Cricket Blast is back in Bermagui starting on 12 October.

For \$99, your child can join us for an eight-week program presented by our passionate volunteers and delivered at Bermagui Primary School. They will receive a fantastic blast pack including a shirt in their favourite cricket team's colours (this includes the Australian and Indigenous shirts) and so much more.

**For more information contact:**

**Bermagui Cricket Club Facebook Page**  
**or Naomi Day on 0457 330 596**

## THE RIVER ROCK CAFE

Shop 1 & 2 Wapengo St, Bermagui NSW

Licensed cafe Open 7 days thru Summer Hols.

**LIVE MUSIC**

Sat 7th October 7.30pm

**Bobby Sox** High energy Rock n Roll and Blues

\$15 thru Humanitix or \$20 on the door

**Open Mic**

every

**Friday 7-10pm**

Sat 14th Oct 7pm

**Richard Lawson w/ special guests**

Est. 2005 Supporters of Live Original Music

Bookings call 64933156 or facebook.com/TheRiverRockCafe

**BERMAGUI**

BOBCAT & TIPPER HIRE

0439164176

**Allan Dummatt 0439164176**

<u>SERVICES</u>	
<ul style="list-style-type: none"> <li>• Dozer</li> <li>• Excavator</li> <li>• Bobcat</li> <li>• Tipper</li> <li>• Tractor</li> <li>• Roller</li> </ul>	<ul style="list-style-type: none"> <li>• House / Shed Sites</li> <li>• Road Construction</li> <li>• Clearing</li> <li>• Footings / Trenching</li> <li>• Dam Construction</li> <li>• Civil Works</li> <li>• Detailed Excavation</li> </ul>



## Learning through laughter at Bermagui Preschool

There's been something funny going on at Bermi Preschool lately, as we have been working on a Joke Book Project. Jokes are the perfect packaging for quick lessons about sounds in words, word meanings, and even spelling and help to hone verbal skills. Children can learn to laugh at their mistakes and accept that no one is perfect and keep trying. Laughter is contagious because we tend to laugh when we hear others laughing, which leads to everyone's mood being improved. Knowing a good joke can also help a child

connect with peers and teachers.

And of course, jokes are fun! With this in mind, we have supported the children to create a Joke Book. We worked with the children to record their favourite jokes or help them to choose their favourite joke. Each child then used our book-binding equipment to produce their own book as gift to their family, just in time for Father's Day – Dad jokes for dads, father figures or other loved members of their families!

We hope you enjoy the jokes as much as we enjoyed putting the books together.

Here are a few jokes as an appetiser.

Ashton: What do you call a cow with no legs? Ground beef

Macie: What kind of snakes are helpful in cars? Windscreen vipers

Hana: What do you get when you sit under a cow? A pat on the head

Sid: Why did the toilet paper roll down the hill? It wanted to get to the bottom.

You can find more on the Game On page.

*Narelle Meyers, Bermagui Preschool*



# WE ARE FAST!

**Did you know that Horizon Bank offers super-quick turnaround times on loans of all kinds?**

- ✓ Home
- ✓ Car
- ✓ Personal
- ✓ Motorbike
- ✓ Caravan
- ✓ ..and so much more

When it comes to loans, we know that timing matters. To discover the Horizon Bank difference, reach out and have a chat to your local team.

**We'd love to help you with your banking needs!**



☎ 6497 8810

**2 Wallaga Street, Bermagui**

Horizon Credit Union Limited ABN 66 087 650 173 AFSL and Australian credit licence number 240573 trading as Horizon Bank. 27 Stewart Street, Wollongong NSW 2500. Normal credit criteria, fees and charges apply - available on application.

**Horizon Bank**  
horizonbank.com.au

## Winter ocean swimming at its coolest

Every Sunday from Mother's Day to Father's Day, the extras from the 1985 Ron Howard movie, *Cocoon*, assemble at Horseshoe Bay. Tea baggers, lappers and body surfers all make up the Bermagui Blue Balls crew. Excited screams of delight generally accompany the swimmers as they enter the water with the digital duck recording the temperature accurately. With each passing swim, the group grows younger and becomes more energetic, such are the benefits of cold-water swimming.

This season culminated with a record attendance of twenty-five on Father's Day, followed by some scrummy treats and the

awarding of the most sought-after community trophy on the far south coast. Styled to reflect the uniform swell and colour of Horseshoe Bay's azure water, this year's recipient of the 'Wim Hof Clubperson of the Year' was Debbie Worgan. A richly deserved accolade for one of the group's keenest swimmers.

If you think that you've missed out on the opportunity to swim with these boofheads, don't despair. They swim every morning of the year in Horseshoe Bay, hitting the water at 8.00 am. Come on down and join the fun ... you know it makes sense.

*Ima Shiverer*



Bermagui Blue Balls winter swimming group, celebrated the end of their season on this beautiful sunny day on Fathers' Day in September.

## To market, to market ... the Bermagui markets are returning

Bermagui Growers and Makers Market is returning on Thursday 9 November. Same place and time! 3.30 pm on the Greens at the Bermagui Country Club.

The markets will go ahead – if it is raining or windy, we will move to the auditorium at the Country Club.

We are also on the look-out for new stall holders. So, if you're a local grower or maker and want to try selling your wares give me a ring or email me and we can talk about your options.

On behalf of the Bermagui Growers and Makers Stall Holders and Committee we thank you all very much for supporting our market and can't wait to see you all again.

*Lucy Wilson, 0411 073 706  
contact@bermimarket.au*



Breakfast Creek stall



Wim recipient Debbie Worgan and incumbent Mark Evans.

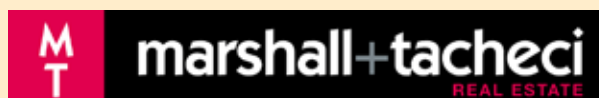
## Buying or Selling on the Far South Coast?



Sales \* Rentals \* Holiday Lettings

**02 6493 3333**

Bermagui's longest established  
Real Estate Agency  
[marshallandtacheci.com.au](http://marshallandtacheci.com.au)





## Any mango lovers out there?

For the first time, Bermagui CWA is selling trays of delicious Kensington Pride mangoes to raise money for our social housing project in Corunna Street, Bermagui. More on the project below.

Buy one or more 4.5 kg trays for \$25 per tray or \$24 each for three or more trays.

Ask family and friends if they want to buy mangoes – you can add them to your order or give them the ordering details so they can order and pay for themselves.

All orders and payments are due by 24 October 2023.

To place an order please contact Cath Renwick by phone, 0419 491 104, or email, [thecathrenwick@gmail.com](mailto:thecathrenwick@gmail.com).

Pay by: Direct deposit into CWA New Units Build Account BSB: 802124; Account number 100103156. Please add your name and the number of trays you have ordered to the transaction details, so we know who the payment is from.

Or you can pay by cash by arrangement with Mango Coordinator Cath see phone number below.

Your mangoes will be available from the CWA Rooms, 10 Corunna Street, Bermagui in late November or early December depending on the harvest. Details will be provided when the delivery date is known.

Contact Cath on 0419 491 104 if you have any questions. Scan the QR code to go straight to the order form.



A case of mangoes



## CWA Social Housing

Back in the early 1980s, Bermagui CWA built four Aged Persons Independent Living Units on their property in Corunna Street next to the CWA Rooms and Seaside Cottage. These became known as the Sinclair Units, named for Mrs Sinclair, who was the branch President at the time, and her well-known husband, Sam Sinclair, who contributed funds to the build. Funding of \$60,000 was received from the Commonwealth Department of Social Security and other locals contributed to the successful project in a variety of ways.

All four units have been occupied by tenants for over forty years and when one becomes available, a rare occurrence, the next tenant on the waiting list moves in quick smart. They are managed and maintained by the CWA as affordable social housing.

Thanks to another bequest some time ago from local woman, Florence Froggett, together with the proceeds from investments, Bermagui CWA has about 70% of the funds needed to build two more units on the site.

We are thrilled to announce that Get Smart Builders are scheduled to start onsite in the coming weeks. For more info call Cath on 0419 491 104.

*Cath Renwick*

## Bermagui Community Forum

The following is a summary of the latest Bermagui Community Forum update. For greater detail or to receive regular updates look for Bermagui Community Forum website or go to the Facebook page.

### GET READY FOR SUMMER

- large range of water transfer and fire fighting pumps in stock
- pumps for all budgets

**6493 6479**

Sapphire  
Nu Pulse

### Wallaga Lake Bridge

Transport for NSW has ruled out the construction of a temporary bridge during the repairs or to plan a new bridge in the future. They will, however, explore maintaining pedestrian access when safe and provide alternative transport arrangements, including for school students needing to travel north or south.

### Playground closure

The Dickinson Park playground opposite the Bermagui Beach Hotel has been removed and it was only announced to residents once that was underway.

The play equipment had deteriorated, and it had always been planned to remove it once the new Apex Park playground was constructed. However, some community members are unhappy and questioned the removal of a playground close to shops, the beach and market stalls, and point out that Apex Park is nearly half a kilometre away.

The BCF calls on Council to provide warning of impending changes rather than

advising after work has commenced.

### Cuttagee Bridge

The NSW Government and, in particular, local MP Dr Michael Holland, are to be congratulated for championing the need for funding the planning and restoration of the Cuttagee Bridge as promised prior to the NSW elections.

Upgraded water supply for Bermagui Council has announced a new Council-built water treatment and filtration plant is now delivering clean and clear water for customers connected to the Brogo-Bermagui waterline.

### Temporary Library closure

Bermagui Library will close for renovations from 1pm on Saturday 16 September and a temporary office will be set up at the Bermagui Community Centre to provide a reduced service from Monday 25 September. The library is expected to fully reopen on Monday 11 December.

*Geoff Steele*

## BPS Report

Our school held three concert performances recently featuring the whole school. Everyone produced an entertaining performance with lots of music and colour. On Tuesday afternoon, children from Bermagui Preschool, Little Lambs Preschool and people from Nardy House came to watch! We appreciated their company and participation, they were an amazing audience to perform for and we hope they enjoyed it. For the evening performances, we had so many people come to watch that Bermagui students were split into two groups to be in the audience. K-2 were in the audience on Tuesday evening while 3-6 waited patiently in their classrooms for their turn to perform. On Wednesday evening students 3-6 were in the audience.

Class KS danced and drummed to *Under the Sea*. Their costumes were beautiful sparkly sea creatures. K/1 performed an Indigenous song and dance on the Earth with clever costumes. 1/2L performed an Indiana Jones-inspired drama and dance while looking for Mrs. Loughran's glasses (that she always loses). 1/2CR produced a Super Mario act with singing and dancing and they played the boomwhackers. 3/4S wrote a Little Miss Sunshine play about visiting No Fun Land. They had amazing props and costumes. 3/4C recreated the movie *Toy Story* with multiple dances and amazing costumes. 5/6S wrote songs and performed dances as they time travelled back decades, educating the audience on popular culture during the decades (60s, 70s, 80s and 90s). 5/6OE created a western-themed play with outstanding actors. Everyone's concept was so creative and just astounding. Good job to all.

### Book Week

Stage 1 students walked into town to visit the Bermagui

#### Bermagui Preschool Educator position vacant

Are you an educator who wants to make a difference in the lives of children and families?

Bermagui Preschool is seeking an Early Childhood Educator to join our team ...

- Above award wages
- Permanent fulltime five days or four days per week position
- No shift work. Hours between 8.00 am and 4.00 pm
- Smaller group sizes with above-standard adult to child ratios
- Working as part of a very friendly, experienced, passionate and knowledgeable team of Early Childhood Educators and teachers.
- Working in a not for profit, community preschool that is rated as exceeding the standard in all seven areas of the National Quality Framework and currently hold a rating of Excellent.

All applicants must hold or be working towards a Certificate III in Children's Services or a Diploma in Early Education and Care, with experience preferred.

If you are motivated to join a team of Early Childhood professionals who are committed to educating children through an inspiring curriculum, please email [bermikids@hotmail.com](mailto:bermikids@hotmail.com) for an application package, including job description and selection criteria.

Narelle Myers, Early Childhood Teacher/Director

Library for Book Week. They listened to stories read by Willow and did a nature craft activity. Stage 1 finished off the day with a play and lunch at the all-ability playground. They had a great day.

10th SNAICC Conference - Darwin/Garamilla

The Secretariat of National Aboriginal and Islander Child Care, SNAICC, is the national peak body in Australia representing the interests of Aboriginal and Torres Strait Islander children and families. The 10th SNAICC National Conference was held in Darwin on 5 to 7 September featuring Gordon Campell, Mrs. Loughran and Mrs. Kirk representing the school and community. The presentation focused on the newly launched Growing Yuin Languages website that was made in collaboration with students, families and the community. Check out the new website by typing Growing Yuin Languages into your search engine.

Kami Nguyen,

Minister of Communications, Bermagui Public School



Class 3/4C Little Miss Sunshine visits No Fun Land.



Class 1/2CR in their Super Mario act

### ABC Cheese Factory

Our own jersey milk, cheese, yogurt & cream.  
Plus local ice cream, jams, preserves, coffee & milkshakes.  
Milk, yogurt, cream & many more styles of cheese made on site.

37 Bate St,  
Central Tilba  
02 44737387



Open viewing  
into the factory

[www.tilbarealdairy.com](http://www.tilbarealdairy.com)



## Natura

I am very grateful to a friend who sent me a link to *Natura*, an online newsletter, written and published monthly by Deb Taylor. If you are interested in all things natural and learning more about our local ecosystems, then this is a must read.

Deb is an excellent writer and photographer who just wants to share her passion and enthusiasm for local biodiversity. Deb's particular interest is entomology but topics range from vegetation, animal and bird life to aquatic life and more ... all aspects of local ecosystems and the species they support, dealt with in a very readable manner.

I received July's Issue 5 of *Natura Far South Coast* and was delighted that it dealt with my 'backyard' where I walk every day. The south bank of the Bermagui River is a particularly interesting area, salt marsh flats and mangroves supporting unique bird, insect and aquatic life. It is an ever-changing environment with the rise and fall of the tides.

The August issue, Issue 6, dealt with the aquatic world around Bermagui, in particular the area around the Blue Pool with its resident seals enjoying their natural playground just off the pool for a bit of relaxing and grooming.

The rest of the issue deals with a close-up look at life in a rock pool with a detailed look at some of the creatures that exist in that intertidal area on the edge. Fascinating reading with beautiful photographs.

Deb also acknowledges the masked lapwings (more commonly known as plovers) who are particularly busy at the moment protecting their young ... spare them a thought as they make walking near them a little hazardous at the moment.

I recommend anyone interested in learning more about the flora and fauna of Bermagui and Wallaga Lake forest and foreshores, contact Deb and she will add you to her email list by emailing [deb\\_taylor142@hotmail.com](mailto:deb_taylor142@hotmail.com).

More *Natura* photos can be found on *The Triangle* website in Off the Page.

Georgina Adamson



Seals playing



A local plover and youngster All photo credits: Deb Taylor

## Coastal garden overlooking Beares Beach

Another beautiful day for our September visit. Quite a relief after the years of COVID and rain.

Overlooking Beares Beach, and with direct beach access, this garden is on a very challenging site. The garden includes a range of coastal natives, including some surprises, such as spotted gums growing both in the front street-facing garden and in the garden planted down to the sand dunes and beach.

Access to the beach is via a long winding timber staircase that is a feature of the garden. This creates interesting, steeply sloped areas for planting along the way and ends with a fire pit and entertaining area, as the garden reaches the sand dunes. Almost the entire garden has been replanted by the owners over the last few years with some assistance for landscaping and building the staircase.

One of the owners' aims has been to encourage birds and wildlife into the garden. Something many of us are experiencing of late with a wide range of forest birds, as well as seabirds, wombats, echidna and bandicoot all now enjoying the gardens of Bermagui.

The soil on the site is predominantly clay, so the choice of plants has had to be carefully considered. Initially, the garden was heavily infested with weeds and very overgrown with plants unsuitable for the site. Fortunately, the current owners have backgrounds in pasture management and revegetation and were not daunted by the task awaiting them. Within a few years, their garden has already become one to admire, particularly given its background of stunning sea views.

In addition to the two larger areas planted with natives, two small areas of vegetable garden are maintained. Garden Group members were particularly amazed at the oversized citrus fruit growing on the site.

The Bermagui Garden Group visits garden in and around Bermagui on the first Tuesday of each month. Contact: Christine on 0400 301 040 for more information.

Christine Poulton



Winding staircase to Beares Beach

## OK Shed Op Shop Bermagui

It is with a grateful heart I wish to thank those who generously donated items for our winter appeal. Much needed winter jackets and clothes came streaming in after our call out in *The Triangle*. Recently, we started a small pantry of non-perishable food, personal care and household cleaning items as well as pet food in response to the cost-of-living pressures for many people in our community. For this initiative to be a success, we need regular donations of the above items. Donated items for the pantry need to be new and within use-by and best-before dates with packaging intact. It's very concerning, or should I say alarming, that everything across the board has gone up in price putting a very tight squeeze on the home budget. Our slogan for the pantry is 'Take what you need and give what you can'. If you'd like to donate or need this service, please drop in on Wednesday or Thursday 10.00 am to 4.00 pm at 11 Wallaga Street, Bermagui on the grounds of All Saints Anglican Church.

Vanessa Williams, OK Shed Manager



## Bush Magic Adventures ... a bush school in Dignams Creek

What a joy and a surprise to find ourselves, not only immensely enjoying our new home in Dignams Creek, but also being approached by a couple of inspired childhood educators looking for a second venue for their passionate biz, Bush Magic Adventures. Our place on Dignams Creek Road was perfect for them and in July 2023 we began to host them for two days a week in school holiday time and one day (hoping to become two days) a week in school terms.

Watching parents and children arriving on our early morning green fields and seeing the children eager to be there as they hurry in and are greeted by such kind, caring mentors (who are also excited to spend their day with these kids and Mother Nature) has been a joy. We hear the kids throughout the day having fun and the sounds of them learning from and being with the natural world – the forest play, the creek-bed adventures, the fireside cooking, the noises of things being

made, games being played, songs being sung as well as the quiet time. And more ... so much more!

Then in the afternoons when the families return to collect their kids, to see the joy and fulfilment of the kids as they leave makes us very happy indeed.

Oh, how I wish this had been an option for my school-aged kids – and for me in mine.

Our kids had a wonderful life, they were loved and cared for and grew up with a strong connection to community and nature. But, in my heart and mind, they spent way too much time in a classroom within a curriculum that was often unfulfilling.

Now one might say that that was more about them and not the mainstream school environment and I realise each kid can thrive at school no matter what but, let's face it, wouldn't it be wonderful to see more options, different environments for learning, for our young in the precious

school-age years. Those years are so crucial, go so fast and then childhood is over.

Why not mix the learning environments up a little and offer a renewed balance in classroom and outside learning styles? This little bush school is doing just that. Some families are including bush school in their mainstream school weeks, and some are home schooling families. Some preschool aged kids are adding it to their early childhood growth and learning.

I often hear the saying, 'Be the change that you want to see', and I reckon collaborating with these inspired changemakers and supporting this bush school to become an option for the children in this area, is just that.

If you are interested check out the Bush Magic Adventures website or their Facebook page and make contact with them for further info.

Another wise child said, 'Sharing is caring' and I know this is true hence this little story. So, if you are touched by this, please share with your community and support the growth of fresh inspired offerings.



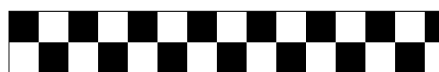
Wednesday Bush School kids taking appropriate risks, using tools to cut wood for the fire



Unstructured play in nature and free mud facials at Bush School



49 Princes Highway, Cobargo  
Phone: 0418 613 771



### Coolagolite Auto Spares and Mechanical

Servicing, Repairs, Tyres,  
Batteries and all your mechanical  
needs and rego checks

**CALL 6493 6453**



61 Rankins Road, Coolagolite

Still servicing Mowers,  
Quad bikes, trimmers etc.



# Art in the Triangle

## The Vampires + Chris Abrahams: Nightjar Tour at Four Winds

The Vampires + jazz-piano legend Chris Abrahams of The Necks fame, are travelling to Bermagui to give you the Sunday afternoon of your dreams! As



The Vampires

they tour Australia playing tracks from their acclaimed *Nightjar* album, they will be stopping by our beloved town – no doubt swimming in the turquoise blue-pool, eating delicious food from our go-to cafes and soaking up the sun that's here to stay. On Sunday October 22, enjoy incredible, fresh picnic style food by Tin Cantina on the lush lawn of the Four Winds Windsong Pavilion with a glass of red in hand, then wander inside to relish in soulful jazz-tunes by these sensationally talented musicians.

*The Guardian UK* says of the group,

'The Vampires have a seductive, genre-hopping creativity: the references embrace reggae, classic Cuban song, high life, pre-electric Miles Davis and hints of Blue Note soul-jazz or Henri Texier's cinematically scene-setting music ...'

Sunday, 22 October

Four Winds Concert Venue, Bermagui

Tin Cantina Food Truck, picnic and

bar from 1.00 pm

Performance from 2.30 pm

Tickets:

[www.fourwinds.com.au/whats-on](http://www.fourwinds.com.au/whats-on)

*Madison Phillips*

## Cobargo Creators News

A couple of places are still available for Avril Makula's October bookmaking workshop. *Folded/Stitched* will be held in the Cobargo CWA rooms over the weekend of 14 and 15 October. Places are limited and bookings are essential. Email or call for more information.

We are planning a series of short workshops and are seeking expressions of interest from local tutors. If you have a creative skill that you'd like to share, we'd be delighted to facilitate a one-day or half-day workshop. You don't have to

be a Cobargo Creators member – you just need to be keen to spread creativity in the local community. Similarly, if you'd like to learn a particular creative skill, let us know and we'll try to arrange a workshop. Email or call to register your interest.

Our next Featured Member Exhibition in the Cobargo Creators Gallery will showcase the creative talent of master upholsterer and furniture reviver Will Hughes. Will's work will be on display from 30 October until 11 November.

We'll be running a fundraising raffle

from mid-October until mid-December. Prizes are gift vouchers to use in the Gallery. The raffle will be drawn in mid-December and the prizes will make great Christmas presents. Tickets will be available in the Gallery during normal opening hours.

For more information about these events or Cobargo Creators in general, contact Glenna on 0408 411 956 or by email to [mail@cobargocreators.org](mailto:mail@cobargocreators.org).

*Glenna Heino*

# POO Carters

We're #1 for your #2s

**Premium dual toilet trailers and ensuite units now available**

- Septic tanks pumped
- Aerated systems pumped
- Portable toilets For Hire
- Family owned and operated
- Caring for our environment



**Office Number: 0427 500 113 • Rodger: 0447 003 594 • Trudie: 0416 124 196**  
**Email: [pocarters@gmail.com](mailto:pocarters@gmail.com) • Web: [pocarters.com.au](http://pocarters.com.au)**

## Ever had one of those days!!

The Cobargo School of Arts Players Inc (SOAPI) is presenting a spring performance. *Love and Other Apps* is a curation of four short comedies to be performed at the Cobargo School of Arts Hall late this month.

If you are looking for answers in this crazy world these plays take a light-hearted, sometimes poignant, look at how we respond to the pressures of modern life, disappointment, career stress, the rabbit hole of social media or just adapting to technology. Or you might just want Scotty to beam you up.



Cast

### The Plays:

***That New Gardening App!*** – A short comedy by Robyn Freedman. Do you need help in the garden? Then this is the app for you, if you can find it!

***The Bench*** – A multi-award-winning dramatic comedy by Mark Langham. Three people meet on a park bench – an unlikely fraudster with a curious love-life, a hapless dog owner and an observer of life, park bench regular, Alice. Will the chance meeting result in better lives for all?

***Hey Dougal!*** – a comedy by Robyn Freedman. Reprise performance of SOAPI's most popular one-act comedy. A spoof on how technology and our older generations interact. Can Google mend a broken heart?

***Dotty Scotty*** – A comedy by Marianne Buchanan. A tongue-in-cheek reflection on friendships, belonging and the influence of social media and conspiracy theories on our sense of reality, where nothing on this planet seems safe anymore. Must be time to beam up.

NOTE: Some content is not suitable for children (Rated NRC)

When: October 27, 28 and 29 and November 3 and 4, Friday and Saturday evenings at 7.00 – 9.00 pm; Sunday Matinée from 2.00 to 4.00 pm.

Bookings: Use the QR code or go to the Trybooking website and look for Cobargo events.

What to take: Esky under the table in 'Cobargo Cabaret' style. BYOG, BYO nibbles. Tea, coffee and bikkies are included, afternoon tea at the matinée. Don't forget your designated driver. Put on the glad rags, prizes for best and worst dressed at the evening sessions.

Graeme Freedman



Soapi QR booking code

ABN 32 168 981 780 | ACT Electrical Contract Licence: 2014531 | CEC Accreditation: A9619628  
NSW Electrical Contract Licence: 240732C | Builder Class D Licence ACT: 20071053



**solarhub**

**High Energy Prices?  
We're Here to Help!**

**Slash your energy bills  
with a Tesla Powerwall  
for only:**

**\$10,790\***

TESLA

**Speak to our  
solar experts  
TODAY!**

**(02) 6489 9811**

\*Offer available in NSW only. To be eligible for the discounted price, participation in our VPP program is required. Other conditions may apply. Contact us for more information.



## Chris Masters to announce short story award

Chris Masters will announce the winner of this year's Olga Masters Short Story Award at Headland Writers Festival on Sat 28 October. The award, originally established by Well Thumbed Books in Cobargo, has been running since 2014 with the winning entry featured in *Island Magazine*, a literary publication.

This year the winner and runner-up will be announced by journalist Chris Masters who, along with his siblings, has funded the prize in honour of their mother Olga Masters. Chris will be at Headland Writers Festival to talk about his new book *Flawed Hero: Truth, Lies and War Crimes*. The book tells story of the defamation trial brought by decorated Australian soldier

Ben Roberts-Smith VC against the media companies that employed journalists Chris Masters and Nick Mackenzie.

'Each year we receive over a hundred short story entries responding to the theme of life in rural Australia,' explained Andrew Gray from South East Arts. 'This year our two judges, Ben Walters from Tasmania and local writer Kate Liston-Mills, will read through a diverse range of stories to make their selection.'

Olga Masters was born in Pambula on the Far South Coast of New South Wales. In 1928 the family moved to Cobargo. Olga was first published at the age of 15 in the *Cobargo Chronicle*, a weekly newspaper serving the south coast area between Bega

and Moruya. While she wanted to write fiction from an early age, Olga was not published as a writer of fiction until late in her life. Between 1979 and 1980, she won nine awards for her short stories.

The Headland Writers Festival takes place on the stunning headland of Tathra from 27 to 29 October. The varied program includes author in-conversations, panel discussions, workshops, poetry, exhibitions, theatre and music performances.

For more information search for Olga Masters Short Story Award and Headland Writers Festival using a search engine.

Andrew Gray

## Feed your head at Headland Writers Festival

The annual Headland Writers Festival is on again in Tathra, from 27 to 29 October, with an amazing line up of writers, musicians and performers. Across the three days, the spectacular Tathra headland will serve as a backdrop to an abundance of author in-conversations, panel discussions, workshops, poetry, exhibitions, theatre and music performances. Visitors can move between the Tathra Hall, Tathra Uniting Church and Tathra Hotel to catch the varied program of ticketed and free events.

The festival program features some of Australia's leading writers including Charlotte Wood, Christos Tsiolkas, Nikki Gemmell, David Marr and Chris Masters. Bryan Brown, an iconic Australia actor, is part of the line-up to talk about his second crime novel *The Drowning*, as well as joining a panel featuring a number of Allen & Unwin authors. The main program of authors in-conversation, taking place in the Tathra Hall, will also be available as a live stream for those who can't make it in person.

'This year's Headland promises to be a celebration of Australian writing and investigative journalism and serves as an inspiration for the region's readers and writers in their own creative endeavours,' explained Festival Director Myoung Jae Yi. 'The importance of weaving creativity into our daily lives and our relationships with family, community and the land we live on is a process of constant discovery and reckoning. In writing, we become ourselves.'

Other highlights from this year's festival program include:

Play reading of *What's Yours* by Keziah Warner – a new work-in-development by Red Stitch Actors Theatre, Melbourne

Opening night address by Nikki Gemmell on the bond between parenting and creative practice

Live music performances by Heath Cullen and Kevin Welch (Friday) and music storytelling show *Dear Diary* by Kay Proudlove (Sat).

A special Indigenous dance and storytelling event on Saturday featuring the Djaadjawan Dancers and Gulaga Dancers

The full program of Headland Writers Festival is available through the website, along with links to ticketing. Pre-bookings are highly recommended as many sessions will sell out, with limited tickets at the door for most sessions. There will be two pop-up bookshops at the Hall and Hotel, with opportunity for book signings from the featured authors.

The festival is proudly supported by the NSW Government through Create NSW presenting partners Candelo Books and Tathra Hotel.

For more information, look up the Headland Writers Festival website or call Andrew Gray - 0429 909 447 or Myoung Jae Yi - 0408 718 219.



**Puzzled about power?**

**Come and talk to us!**

Renewable Energy

Energy Use

Power Bills

Appliance Purchasing

Energy Options

Circular Economy

david.neyle@renewablecobargo.com

Community Energy Co-ordinator

0405 383 692

www.renewablecobargo.com



**Bermi Acupuncture  
and Massage**

Dr David Arthur

12 Sinclair St, Bermagui

0401 901 787 or 02 6493 5512

www.bermiacupunctureandmassage.com

## Unexpected return *HOME* for musician Rune Alith



Rune Alith at Four Winds

Local emerging singer/songwriter Rune Alith will launch her debut EP *HOME* at the acoustically rich performance space Windsong Pavilion on 15 October.

Rune was raised in the Eurobodalla/Bega Valley region. The return to her hometown was unexpected. Rune left the area the day she graduated from Bega High School. She found homes in Sydney, London, Melbourne, country Victoria

and Byron Bay. The Black Summer bushfires of 2019/2020 were the catalyst for her return. It became apparent that, for personal reasons, she would come back to where the fabric of her upbringing all began. 'Coming home has been a strange experience, memories are activated unexpectedly in all the old footpaths, trees, beaches and buildings. It has been both confronting and heart-warming. Overall,

it has felt rather discombobulating.' Rune is a multidisciplinary visual artist and musician. Over the past three years, music has been her steadfast anchor. It has resulted in writing almost two albums.

In October last year, Rune engaged in a residency to record at the Windsong Pavilion with primary school buddy William Adams from Far South Audio and Recording. 'Reconnecting with some of the people I grew up with has been one of the most precious experiences of returning home.' Barragga Bay was where Rune learnt to fish with her step-dad as a child; where she stargazed with friends beneath the Cuttagee Bridge.

Rune's sold-out performances of the past three years have gained her a reputation for curated, intimate and transformative approaches in unique and unexpected settings. The upcoming show at The Windsong Pavilion will be her last local performance for 2023.

Four Winds Windsong Pavilion

Sunday 15 October 5.00 pm – 7.00 pm

Tickets \$49/\$39 Concession

Tickets at [runealith.com/shows](https://runealith.com/shows)

To keep connected or for more general info on music and to see her debut film clip go to her website.

*Rune Alith*

## MOSS CONTRACTING

### EXCAVATION SOLUTIONS

**4WD Tipper + 3.5t Excavator  
with hydraulic grab + auger**

Fire season property preparation, fence line clearing, site preparation, trenching, post holes, clean-ups, detailed excavation, drainage works, materials delivered, all aspects of general earthworks

**Friendly and professional  
solutions for local projects**

**Sam Leone 0416 23 77 53**

## SOME DAYS YOU JUST WANT TO GET OFF THE PLANET!



### SOAPI presents - **Love & Other Apps**

Four short comedies @ the Cobargo School of Arts Hall

27, 28, 29 Oct & 3, 4 Nov

That's two Fridays, two Saturdays 7PM & one Sunday matinee, 2PM.

And don't forget - It's a cabaret! Book a table, put on the glad rags, BYO esky, munchies and shanghai a designated driver!

Prizes for best & worst dressed!

Book: <https://www.trybooking.com/CKXVU>

Bookings

#SOAPItheatre

Rating





# Art in the Triangle

## ***Uplifting Exhibition at Spiral Gallery opens Friday 20 Oct***

*Uplifting* runs from 20 October to 8 November at Spiral Gallery, Bega.

Featuring Tony Sweeting, Anneke Pajmans and Bill Insch.

This is a challenging show for these artists. They endeavour to see the upside of the darker aspects of life as we find them in these 'unprecedented' times. Each artist is working mostly independently in interpreting this theme, from environmental, personal and political perspectives. A variety of media is used: paintings, ceramics and drawings. A collaborative printmaking project forms part of the exhibition, where Bill and Anneke attempt to bring Tony's old etching press into service.

At Spiral Gallery from 20 October – 8 November

47 Church St, Bega. Mon-Fri 10.00 am to 4.00 pm,

Saturday 10.00 am to 1.00 pm.  
Ph (02) 6492 5322 or go to the website (type Spiral Gallery Bega into your chosen search engine).

*Gus Waddell*



*Uplifting by Bill Insch*

## ***Grounded, the Earth's Story by Glenda Morgan***

The Lazy Lizard Gallery, October 2023

An exhibition of life and land by local artist Glenda Morgan who lives and wanders the Sapphire Coast to create lasting memories of care.

This series of paintings are the story tellers of intimate landscapes, close ups of land, bush, trees and streams. Amongst them are charming portraits of the animals that live within this magic.

You are invited to come and enjoy a visual journey strolling through the wonders of mother earth.

A journey from dawn to day to sunset through night stars all reminding us of our inheritance.

Each painting has a personal voice, colourful with friendship.

Drop in to view *Grounded, the Earth's Story* in the side room 10.00 am – 3.00 pm, Monday to Saturday through until the end of October.

*Glenda Morgan*



*Trees painted by Glenda Morgan*

## **NEED A CAR?**

**Need a car for a day  
or two?**

*The community car is  
available to borrow.*

See one of the women  
at Well Thumbed Books  
or book it by phoning  
Louise on 0416 039 895

## **Subscribe to *The Triangle* online!**

It's free and you'll know as  
soon as the new *Triangle*  
comes out.

Go to [www.thetriangle.org.au](http://www.thetriangle.org.au)  
and enter your email  
address into the box on the  
right side of the page.



## **SALES RENTALS HOLIDAY BOOKINGS**

02 6493 3444

Shop 10, Bermagui Fishermen's  
Wharf, 73-79 Lamont Street, Bermagui  
[www.butterfieldproperty.com.au](http://www.butterfieldproperty.com.au)

*"We put people first"*

**b** butterfield  
PROPERTY



## *Chai Time at Cinnamon Gardens* Shankari Chandran Ultimo Press RRP \$34.99

Chandran, a Sydney-based lawyer of Tamil heritage won this year's prestigious Miles Franklin prize of \$60,000. I like to read the winning book, judged by an esteemed group and deemed to be the best book of the year with an Australian theme. I'm still reeling from this confronting and sometimes confusing novel.

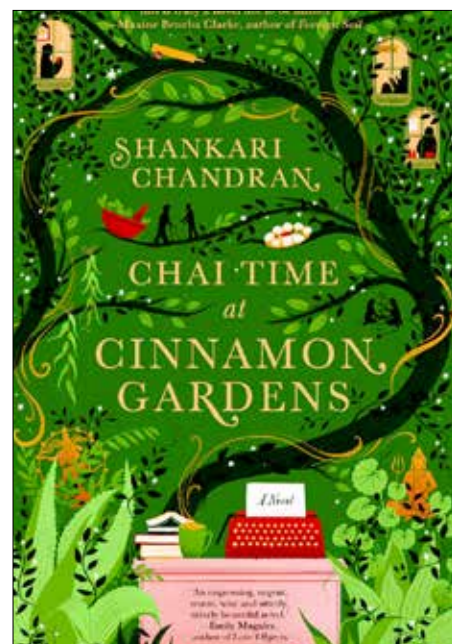
I had by-passed it because of its cosy cover and cute title, assuming it was a light read about a diverse and eccentric group of funny elderly Australians living in a Western Sydney nursing home. Then I got to about page twenty and had to stop. A flashback scene telling of torture and persecution by the police of a family suspected of being Tamil sympathisers stopped me. This was followed, in real time by another distressing scene of one of the survivors of this family, now a refugee in Australia, being attacked while walking to his night shift, by a group of white youths because of the colour of his skin. But I was now warned of what was ahead.

The story is told in two timelines, the present day as the second generation, Tamil owners of the nursing home struggle with accusations of racism. This begins when it's discovered that a statue of Captain Cook was removed from the nursing home garden and escalates to uncover the growing discord in Sydney's multicultural Western Sydney, where the 'ungrateful migrant /refugee who have been given a home in this wonderful country' sentiment grows. This triggers the trauma of both staff and residents who escaped terrors in their home countries.

The second time line is through flashbacks to the Sri Lankan civil war as experienced by numerous characters.

It's a lot to keep track of and there are many characters. It is an inter-generational epic and Chandran immerses the reader in historical fact and detail. The most disturbing scenes are horribly real.

No, it's certainly not a cosy read. It addresses racism, the consequences of colonialism, how history is distorted and the trauma of the Sri Lankan civil war without flinching. And, of course, with the help of those funny, eccentric, elderly nursing home residents.



Nic, Tree Fella

Tree Care & Removals

Phone: 0466 538 689

Email: nic.treefella@outlook.com

- removals - pruning - milling services

- hedge trimming - firewood delivery

## Pet(s) of the month

Kerri Brady

Milo, Brownie and Honey are all eight months old. So cute and playful and easy to handle. They love coming out and running around the yard and playing with the dog. They all get on well together. They will cost \$60 each, \$100 for two or \$120 for all three.

Please call 0400 372 609 (phone hours are Monday to Friday 9.00 am – 5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed and treated for ticks and fleas. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to be suitable to meet the needs of the dog and have secure dog-proof fencing. You can view available animals on our Facebook page – Animal Welfare League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption). If you would like to become a member, please call 0400 372 609. If you have lost or found a companion animal, please call the BVSC Companion

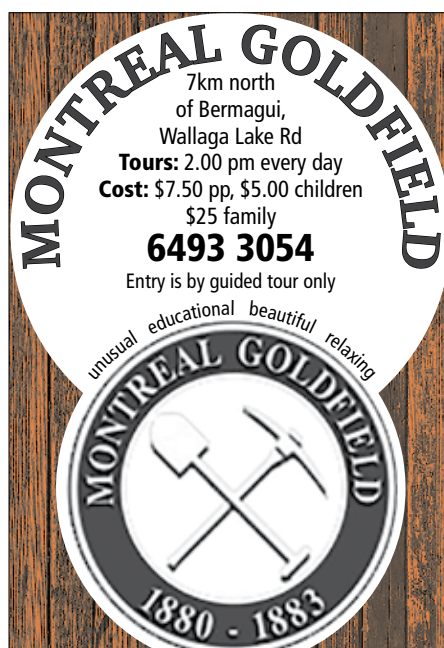
Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats.



Milo, Brownie and Honey want to play

Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.





## GYO – Grow Your Own.



*Echium candicans*

Growing your own vegetables is one of the most rewarding forms of gardening as it combines all the pleasures and benefits of gardening with the added satisfaction of producing fresh nutritious food, and October marks the beginning of that time of the year when the widest variety of produce becomes available for planting.

Anyone new to growing vegetables should start small. If you are already a gardener of ornamentals, then just leave aside a little space for some vegetables as there is no reason why you can't plant vegies next to flowers. If you are a complete novice, I would suggest starting off with seedlings in pots filled with a good potting mix for your first season and if you remain inspired, try establishing a small patch in the ground later. Either way, grow your vegies in a spot which receives the maximum amount of sunlight and don't forget to weed, feed and water. Cucumber, tomato or zucchini are particularly forgiving vegetables to learn



*Mesembryanthemum sp.*

on, and all can be planted now.

Like all forms of gardening, growing your own vegetables provides a connection to the natural world and can contribute to your daily exercise routine and positive mental health. You will have control over the use of any chemicals such as pesticides or fertilisers and will therefore have the option to choose more organic methods of growing. This will result in cleaner produce and, because you can pick your vegetables at their peak ripeness, you will also be enjoying food of a superior flavour. It will make you less dependent on the vegetable aisle of the supermarket and more than likely lead to excess produce that you can share with neighbours and friends or learn to preserve for yourself. Best of all, you will be free to experiment with different varieties of foods,

many of which are not readily available in stores. Fancy a purple carrot? No problem. A blue potato perhaps? Easy. How about a white strawberry? A yellow tomato? A watermelon with orange flesh? A green cauliflower? These delights and many more await the GYO gardener.

Meanwhile, although dry, the town gardens are awash with spring colour. Perennial flowering shrubs such as lavender, pelargoniums/geraniums and daisies are sparkling. Bright patches of the exotic succulent *Mesembryanthemum spp.* (pigface) dazzle like low-growing mounds of tropical coral. The leaves of the azalea plants have disappeared beneath bushes of blooms and clusters of orange trumpet-shaped flowers of *Clivea miniata* brighten the shady places. Pendulous racemes of creamily sweet, perfumed *Wisteria sinensis* flowers hang in colourful curtains and the tall intensely blue flower spikes of *Echium candicans* sway above their grey-green foliage in the wind.



*Wisteria sinensis*

In the wild places, on the sides of the road around the Triangle region, splashes of purple are appearing as the native, dark green, leathery-leaved twining climber *Hardenbergia violacea* begins producing its mass of small pea-shaped flowers.

This month in the vegie garden you can get planting with seeds or seedlings of all your favourite varieties of beans, capsicum and/or chilli, corn, cucumber, eggplant, melons, pumpkins, tomato and zucchini. Carry on with the beetroot, carrot, celery, lettuce, onions, peas, potatoes and silver beet.

If you have any comments, gardening questions or plant or pest identification problems, please send them through to [gardening@thetriangle.org.au](mailto:gardening@thetriangle.org.au) and we will get back to you personally.

Happy growing.



*Hardenbergia violacea*



While going through a box of old photos and memorabilia recently, I came across a folder full of recipes from my parents' latter days. Unfortunately, not one of those treasured exercise books bulging with hand-written recipes, sadly long lost, but an assortment of card notes or pieces cut out of 70s and 80s magazines and newspapers of new food ideas.

Recipes weren't googled or obtained from the plethora of cookbooks but, generally, exchanged between friends or relatives and often scribbled on to anything at hand.

My parents, in their later years, spent a lot of time planning their meals together, Mum mainly doing the cooking, Dad having a few specialities.

I thought you might be interested and perhaps even try a few of these retro dishes.

\*I have reproduced these recipes as I found them and have not done the conversions to metric measurements ... a little challenge.

## Meat Loaf

This was one of Dad's specialities and made for family get-togethers where it was mainly served cold with Mum's home-made relish or tomato sauce.

Mix together in a large bowl:

500g finely minced steak, 250g sausage meat, ½ cup bacon pieces chopped finely, ½ cup breadcrumbs, 1 large onion finely chopped, 2 tsp salt, pepper to taste, 1 tsp Worcestershire sauce, 1 tbs tomato sauce and 1 egg. Finely chopped parsley or herbs may be added. Add a little water or milk to moisten.

I do recall Dad mincing the ingredients all together in the old meat grinder.

Mix all thoroughly and form into a loaf shape. Cook in a greased loaf tin covered and cook for 1-1½ hours in a moderate oven.

Cool well before serving. Great left overnight in the refrigerator.

## Tablet

Another of my father's made at Xmas  
7 ozs condensed milk

1 tbsp butter

2 lbs sugar

1 cup milk

Put all ingredients into a saucepan and bring slowly to boil for a few minutes, stirring occasionally. Test consistency by dropping a little into cold water on a saucer. When the mixture is like soft putty, remove pan from heat.

Beat with a wooden spoon until mixture begins to solidify around the edges. Pour into a buttered tin and mark into bars and allow to set.

## Banana Supreme

6 bananas

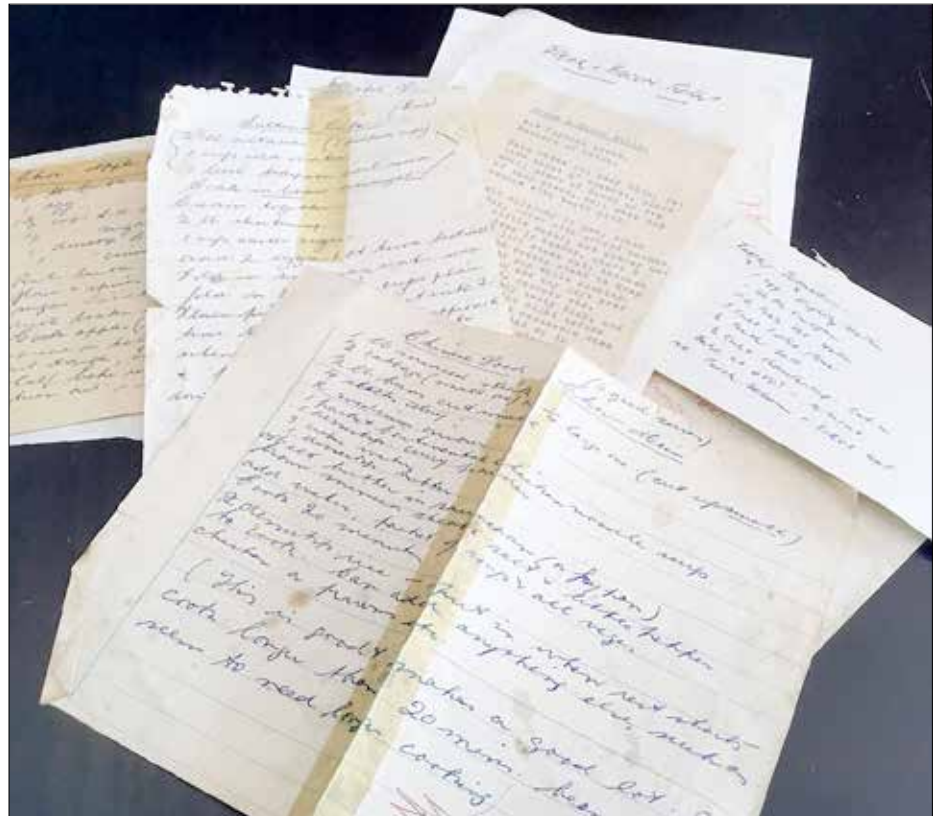
½ cup sweet Marsala

1 tbs caster sugar

1 tbs butter

Place bananas in a greased ovenproof dish. Pour over Marsala. Sprinkle over sugar and dot with butter. Bake for about 20 mins in moderate oven. Delicious served with cream or ice cream. Serves 4.

Cost approx 90c



Pic From the family vault of recipes Photo: Georgina Adamson

## Chinese Food – Chow Mein

This was a pretty exotic dish introduced to the family menu.

1 lb minced steak

½ cabbage, sliced thinly

1 lb beans cut small, 4 stalks celery,  
2 medium onions, all cut small.

1 packet Continental chicken noodle soup

1 dessertspoon curry powder

3 cups water

Melt 1 dessertspoon butter in saucepan or frying pan. Brown mince steak and season. Add water, soup and all vgs. Cook 20 mins. Add 2 dessertspoon rice when it starts to cook. Can add anything else, chicken, prawns, ham ...

(This makes a good lot. I cook longer than 20 mins, beans and cabbage seem to need it.)

This was obviously a popular recipe as it was well used and 'sticky taped' together.

## Pineapple Pudding

1 tin pineapple

1 packet pineapple jelly

2 eggs

1 pint milk

1 dessertspoon cornflour

1 tbs sugar

Vanilla, water

Drain pineapple, reserving juice and cut into small pieces. Place into glass dish.

Make custard with egg yolks, cornflour, sugar, few drops of vanilla.

When cool, pour custard over pineapple and mix together.

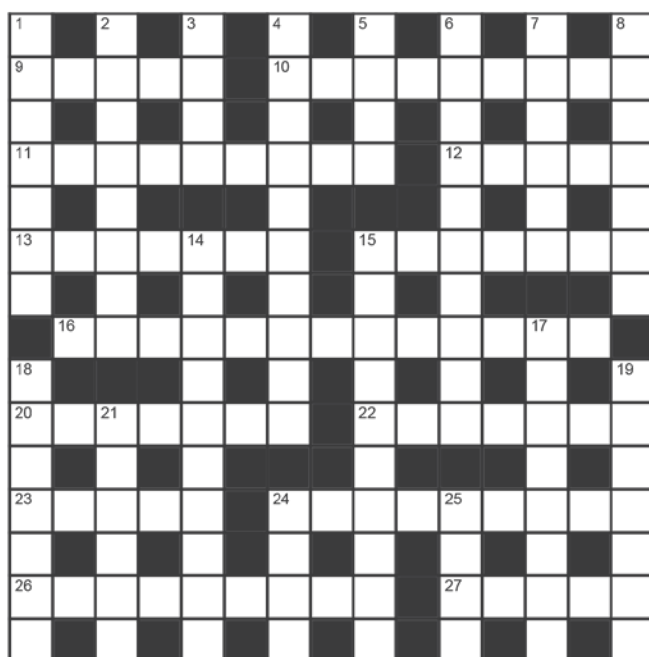
Dissolve jelly with reserved pineapple juice, adding enough water to make one pint. Beat egg whites stiffly and fold in when jelly is setting then pour carefully over the custard. Allow to set overnight.

Serve with 'slimming' whipped cream.



# Game On

## OCTOBER CROSSWORD



### ACROSS

9. Fast (5)
10. Going too far (9)
11. • Upset, Donna Rica, is very severe. (9)
12. Basra native, perhaps (5)
13. Offensive implements. (7)
15. Some newspapers (not this one!) (7)
16. Supervised place for children (3-4, 6)
20. Compel (7)
22. Sri Lankan capital (7)
23. Name (5)
24. Former Wallabies captain, who died young (4,5)
26. Dictate (9)
27. Metallic compound (5)

\*Indicates a cryptic clue.

### DOWN

1. "The clock struck one, the mouse ---" (3,4)
2. Sydney beach suburb (8)
3. Absolutely nothing (4)
4. Electric spit (10)
5. Bird's nest ---, which can be grown indoors (4)
6. Supplementary (10)
7. Former national field hockey captain Sandy --- (6)
8. Opposed to (7)
14. Event (10)
15. Dubya's VP (4,6)
17. Clearing furniture from a house (8)
- 18.\* Deep tar, stirred, causes delay (3,4)
19. Lunch feature that goes with dead horse (4,3)
21. Gyve (6)
24. Broad smile (4)
25. Double (4)

Answers on page 44

If you have a game, quiz or crossword you would like to see on the Game On page, send it to [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## SUDOKU

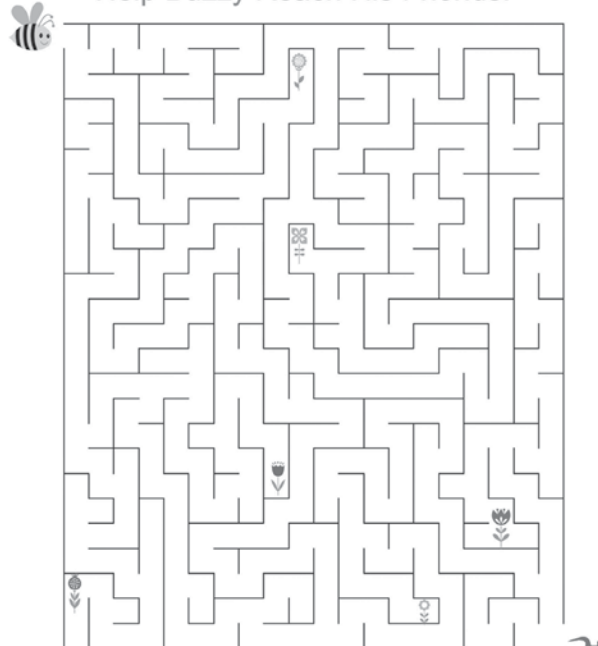


## Kidz' Korner

### JOKES from BERMAGUI PRESCHOOL

1. Ashton: What do you call a cow with no legs?
2. Lillyanna: Why are goldfish so expensive?
3. Levi: Why can't you tell peanut butter a secret?
4. Macie: What kind of snakes are helpful in cars?
5. Harry: What did one volcano say to the other?
6. Lucy: Why didn't the skeleton go to the party?
7. Hana: What do you get when you sit under a cow?
8. Sid: Why did the toilet paper roll down the hill?
9. Will: What do you call a sleepy dinosaur?
10. Arlo: What instrument does a skeleton play?

### Help Buzzy Reach His Friends!



# For the fridge door

OCTOBER	WHAT	WHERE	TIME
All Oct	<i>Grounded, the Earth's Story</i> paintings by Glenda Morgan page 39	Lazy Lizard, Side Gallery	10 am - 2 pm M - S
Sun 1, Mon 2 Sun 1	Open Studio, paintings & drawings Lois Irwin	30 Geall Rd, Cuttagee	10 am - 4 pm
	Malumba	Tilba Winery & Ale House	12 noon
Every Fri night	Open mic	Riverrock Cafe	7 pm - 10 pm
Sat 7	Simon Kinny-Lewis Band	Tilba Winery & Ale House	12 noon
	Bobby Sox \$15 through Humanitix, \$20 at the door	Riverrock Cafe	7.30 pm
Sun 8	Felicity Dowd	Tilba Winery & Ale House	12 noon
Mon 9	Cobargo Amateur Swimming Club: Come and Try Night page 25	Cobargo Swimming Pool	6 pm
Sat 14	Whiskey & Whiskers	Tilba Winery & Ale House	12 noon
	Richard Lawson with special guests	Riverrock Cafe	7 pm
Sun 15	Twine Garden: Kokedama workshop Naomi Day enq: 0457 330 596	Cobargo School of Arts	11 am start
	Beach Bar Swing	Tilba Winery & Ale House	12 noon
	Rune Alith HOME EP launch page 38 get tix @ <a href="http://runealith.com/shows">runealith.com/shows</a>	Windsong Pavilion 4 Winds	5 pm - 7 pm
Fri 20	<i>Uplifting</i> Bill Insch, Tony Sweeting & Anneke Pajmans page 39	Spiral Gallery 47 Church St, Bega	M-F 10 - 4 pm Sat 10 - 1 pm
Sat 21	EV Show & Tell book your EV spot ring 0419 718 615 or 0405 383 692 page 25	Bermagui Country Club	10 am - 2 pm
	Oktoberfest Caravana Sun, with Whisky Dram, Punkalla Holler & Tim McMahon ticketed event	Tilba Winery & Ale House	12 noon
Sun 22	Quaama P&C Xmas mango fundraiser - orders closed 22 Oct	QPS page 10	
	Jakob Poyner	Tilba Winery & Ale House	12 noon
	The Vampires + Chris Abrahams page 35 Food truck + bar open 1 pm picnic on grass	Windsong Pavilion 4 Winds Barraga Bay	1 pm food + drink, start 2.30 pm
Fri 27 + Sat 28	SOAPI curation of 4 short plays <i>Love and Other Apps</i> page 9 + page 36	Cobargo School of Arts	7.00 pm
Fri 27 - Sun 29	Headland Writers Festival: many writers, musicians & performers page 37	Tathra: Hall, Church & Hotel	Times on website
Sat 28	Minh Ha	Tilba Winery & Ale House	12 noon
	Olga Masters Award @ the Writers Festival Chris Masters presents page 37	Tathra - check venue and times	
	Three Visions Festival	Kamashila Tibetan Buddhist Centre 9000 Princes Hwy, Tilba	10 am - 4 pm
Sun 29	SOAPI curation of 4 short plays <i>Love and Other Apps</i> matinée page 9 + page 36	Cobargo School of Arts	2.00 pm
	Totum	Tilba Winery & Ale House	12 noon

## NOVEMBER

Fri 3 + Sat 4	SOAPI curation of 4 short plays <i>Love and Other Apps</i> page 9 + page 36	Cobargo School of Arts	7.00 pm
---------------	---	------------------------	---------

**CROSSWORD ANSWERS**  
 DOWN: 1 Ran down, 2 Tamarama, 3 Zero, 4 Rotisserie, 5 Fern, 6 Additional, made of gold 3. Because it will spread it! 4. Windscreen Wipers 5. I lava you! 6. Because it had nobody to go with 7. A pat on the head 8. It wanted to get to the bottom. 9. A dino-snore 10. The trom-bone.

**JOKE ANSWERS**  
 Dog's eye, 21 Fetter, 24 Grim, 25 Dual.

**ACROSS:** 9 Apaca, 10 Overdoing, 11 Draconian, 12 Iraqi, 13 Weapons, 15 Dailies, 16 Day-care centre, 20 Enforce, 22 Colombo, 23 Title, 24 Greg Davis, 26 Prescribe, 27 Alloy.