

# THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

**QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

Circulation 1650 plus online visits

ISSN 2652-9084 Issue No 232 September 2023

## Tilba Festival 2023

There was lots of positive feedback about the new-look Tilba Festival that popped up on Bate Street on 29 July thanks to a small but committed committee.

Susan Gray, President of the Tilba Chamber of Commerce said that despite the change of date (from Easter), this year's festival was a great success. 'The enjoyment of attendees on the day was obvious! There was a lovely, relaxed, community vibe. The response has been very positive since the event,' she said.

Just five people worked tirelessly in the months leading up to the festival to get it off the ground: Jasmine Bond, the Festival Coordinator held it all together; Kristy Randall and Christine Montague enlisted and coordinated volunteers; Jo Major provided general support; and Tara Moore promoted the festival far and wide.

This year's Festival drew about 1750 visitors plus stallholders, volunteers, musicians etc, which is down on previous attendances.

*So many people to thank...*

A massive thanks goes out to Eurobodalla Shire Council for its financial contribution for the day from its Events Support Program and its support in promoting the event, along with Narooma News and 2EC Radio.



Corey Legge performing



The Gadhu dancers opened the festival

'Thanks to local business *Poo Carters* who donated the portaloos for the festival, to Shanna Provost for donating her MC services, to Jasmine Bond for being the primary organiser of the event, and thanks to the committee and to the many volunteers who provided their services for free – we simply couldn't do it without

you!' said Susan.

Jasmine Bond wants to thank all the people who came along and contributed to the happy festive vibe. 'An especially huge thank you to Kristy Randall and Chrissy Montague, who spent weeks calling people, begging them to contribute a couple of hours to help on Festival day and then oversaw the logistics on the day.

'A huge thank you to the vollies who did respond to the call – you looked after the 101 little things that no-one notices. Also, to Kristy's sister Nikki, who magicked together an amazing kids' space with next to no notice and a tiny budget. To Phil May, electrician extraordinaire, who got thrown a massive curve ball when we rearranged the festival layout at the last minute. Lastly, a shout out to Tara, the Angel with the Megaphone, whose support before and during the event was invaluable, and to Bruce who turned up unannounced early on Saturday morning and helped manage stallholder bump-in.'

*Shanna Provost*



Egg toss action

Be prepared! ... the motto for summer. Everyone's talking weather and, while we are enjoying the sunny days, even the most conservative among us agree that it is unseasonably warm for winter and what's summer going to be like?

Water is going to become a critical issue, not just for those who depend on rainfall to collect their own supplies, but towns are going to face water shortages, especially with the influx of visitors over the summer months. It is inevitable that there will be restrictions put in place, so why not start now? When there is plenty of it, we forget about conserving water and curtailing our usage.

Not so long ago we were complaining about how fast the grass was growing and how often we needed to mow! But the lack of rain and high temperatures have quickly turned the landscape brown as we go into the warmer months facing another long, hot and scary summer. Forecasts and predictions, along with the heatwaves and fires being experienced in the northern hemisphere summer, all offer dire warnings about our coming summer. Memories of the disastrous fire events that hit this region three summers ago are still raw, and the dry and parched landscape is a reminder of that time. There is much more information available now ... let's hope everyone is accessing it and getting prepared.

*The Triangle* has something big to celebrate ... in September it will be 21 years since the first paper was put together, printed and hit the streets, or the roads in this case, principally to the

towns of Quaama, Cobargo, Tilba and Bermagui. Beginning as a seed of an idea in the Cobargo pub I believe, this free publication has faithfully appeared every month without fail, uniting and keeping the communities of this corner of far south NSW informed and entertained. The paper has kept up with technology and is now available online, in colour and past copies are easily accessed.

Thank you to the volunteer workers, contributors and the advertisers who make it all possible. Don't forget to look out for those little tins on a counter where you pick up your *Triangle*, or donate through the 'tip jar' on our website. Especially now that we have so many online visits, around 3000 last month! We appreciate and need your donations.

If you have any fond memories of particular issues of *The Triangle*, we would love you to share them with us.

There will be a weekly Voice Referendum drop-in information session in Bermagui starting on Thursday 31 August and running weekly until the referendum in mid-October

**4.00 pm – 6.00 pm every Thursday at Café Hope Bunga Street, Bermagui**

Come along, ask questions and get information.

## Save the date

On Tuesday 5 September (first Tuesday in the month), there will be another discussion at Well Thumbed Books in Cobargo about the upcoming Referendum on the Voice to Parliament. Anyone who has questions or concerns about the referendum is most welcome to come to the shop at 11.00 am for a friendly discussion that lasts for about one and half hours. It doesn't matter if you have (or haven't) been before.

All views will be treated with respect and the privacy of everyone is assured.

However any of us decides how to vote, it is important that we make up our minds on the basis of facts. As a group of friends and neighbours, we can help each other understand what is being asked of us at the referendum.

So ... feel welcome to come, Tuesday 5 September, 11.00 am. And circle the first Tuesday in October for what will be the last discussion before voting day.

Heather O'Connor



Nic, Tree Fella

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Phone: 0466 538 689

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- removals - pruning - milling services

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**As school holidays draw near  
And you are filling up with fear  
Give the dears a treat  
With something small and neat  
My little book of rhymes  
Will aid you through these times  
'Special Moments With Duck And  
Goose' will brighten up the room  
So call into Cobargo Creators and get  
your copy soon!**

**(Also available at the Quaama Store)**

## Special moments with Duck and Goose



Written by Rose Roberts  
Illustrated by Beverley Wilson

# Letters

## A public apology - I got it wrong!

In the 1980s I was involved in a range of campaigns that aimed to improve the status of women and girls. The main ones focused on education and economic opportunities for mature-aged women, particularly those living in regional areas. The quest for equal pay was/is never ending.

I remember when a very energetic group of women emerged to raise the issue of barriers facing women and girls in sport. I thought at the time this was at best a 'second tier' problem, at worst one that distracted from the serious challenges facing women. This small but determined collective of women persisted in arguing for more respect for sportswomen and for more just pay and conditions.

Forty-five years on and the results of their commitment and persistence are being enjoyed by us all.

Our women cricketers, netballers, tennis and golf players, swimmers, footballers of all codes dominate the international stage. Just as important is the huge number of young women and girls involved in community sport.

We all revel in the success of the Matildas. Let's also rejoice in our own local sporting teams and the countless volunteers who make their competitions possible.

I happily acknowledge how wrong I got it. Sport has proved invaluable to the welfare and the status of women and girls. And how grateful we all are for the way our international sportswomen behave on and off the field – a model of how the world could be organised!

Heather O'Connor

## Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

## Thank you, Howard!

Much enjoyed Howard Stanley's performance at the Murrah Hall 30 July, *I just want to dance with words*. I was totally mesmerised during the performance and in complete awe again of performance art of this calibre. What a treat and at the Murrah Hall! Thank you, Howard, we're lucky having you down here!

Bhavita Vandermeer  
Quaama



Howard Stanley, dancing with words

## Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words or less except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and [lsang333@gmail.com](mailto:lsang333@gmail.com).

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Book advertising space by first ringing 6493 8369 then 0419 551 956 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

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**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available from:

**Bega:** Candelo Books, Bega Library

**Bermagui:** 777 Supermarket, Post Office,

Shell Bermagui, Bermagui Country Club,

Bluewave Seafood, Library, Visitors

Centre **Central Tilba:** Post Office, ABC

Cheese Factory, Sweet Spot **Cobargo:**

Post Office, United Petrol, Cobargo

General Store, The Bowerbird Op Shop,

Well Thumbed Books, Information Centre

**Wallaga Lake:** Merrimans Land Council

**Narooma:** BP station, Library, Casey's

Café, **Quaama:** The Quaama Store

### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

### Thumbs / Letters to the editor:

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*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1650 in print plus

around 3000 unique online visits each

month.

# Put your hand up for the Red Cross Aged Care Volunteer Visitors Scheme



## The program

Having good social connections is essential for all aspects of health, especially as we age. Red Cross supports elderly residents of the community to improve their wellbeing and social connection by matching volunteers with an older person who lives in an aged care facility or at home, has identified as being lonely and has minimum contact with family and/or friends. Community visits

have an important impact on the elderly person's life: enhancing their sense of wellbeing, supporting good physical and mental health, promoting healthy ageing and making them more resilient to life's knocks and challenges.

## The opportunity

This role suits someone over the age of 18 who is a good listener and can commit to at least one hour a week for a social visit to an elderly person. What you do on your visit is up to you and who you are visiting: you might chat together, reminisce, listen to music, read the newspaper or play card games.

## The impact

As a community visitor volunteer, you'll brighten the life of a lonely and isolated older person by offering them company and friendship. You'll also brighten your own life: gaining satisfaction, enjoyment and personal development through your visits. Red Cross will ensure you have training, ongoing support and access to other opportunities within the world's largest humanitarian network.

To find out more about this opportunity please contact Belinda Rowe on 0472 973 690.

## Empowering Women - Return to Work Pathways Program launches in the Bega Valley

A new program supporting women to transition back into the paid workforce has been launched in the Bega Valley. Delivered by Empowered Collective, in partnership with the St Vincent de Paul Society Canberra/Goulburn and Women NSW, the program aims to address some of the challenges of returning to training and paid work.

Empowered Collective's founding Director, Deborah Fulton notes that many women find it challenging to navigate the return-to-work process. 'Our program focuses on eliminating some of those barriers, boosting self-confidence and providing tailored resources to facilitate the transition.

'With community services at the centre of our work, we provide referrals to support services, information and resources, as well as skill-building and networking opportunities that empower women to navigate their future confidently.'

The program includes three workshops on 19 and 26 October and 2 November 2023 from 10.00 am to 2.00 pm at the Bega Regional Learning Centre. Women will learn about updating their resumé and cover letter, current recruitment trends and job interviews. Local guest speakers will deliver information about managing stress, budgeting and personal presentation for the workplace.

Following the workshops, the participants will have individualised mentoring sessions to identify skills, experience and goals, explore career options, access support services and make informed decisions about their training and work pathways.

The program is free to women over eighteen years old who are living in the Bega Valley area. The program can assist

with the cost of transport, childcare and respite care, to enable women to attend.

Deborah also notes the current Batemans Bay program has been highly successful with one woman already securing paid work. Local businesses, community organisations and individuals

are encouraged to become involved.

For more information, to discuss eligibility and register, contact Empowered Collective on 0495 015 595 or email [women@empoweredco.com.au](mailto:women@empoweredco.com.au). Or look up the Empowered Collective website for more information.

*Deborah Fulton*

## Australia

When I landed in Australia, the rain was pouring down.  
I was standing at the dockside, in good old Melbourne town.  
My wife, she stood beside me, her mother was with us too.  
We'd travelled halfway round the world, to start in somewhere new.

The customs man was nice to us, he was kind, caring and polite  
but, even so, he checked our bags. He had to do it right,  
'I bet you're glad you left that weather, back home in your old town.'  
I looked outside, up to the sky – the rain kept pouring down.

I thought Australians were funny, with the things that you hold dear:  
your wife, your car, your kids, your house. But mostly it's your beer.  
You don't seem to care about politics, that's for the other guy.  
As long as you can buy a slab, you'll live and never die.

Pasties, meat pies and sausages – you can be sure they don't contain beef.  
They're served so hot, you burn your lip and take the coating off your teeth.  
There's Vegemite, that dark black stuff, you spread upon your bread.  
If you take too much, your eyes light up and you wish that you were dead.

There's sportsmen here a-plenty and they are all true blue.  
They're playing for their country, they play for me and you.  
Don't worry about the money, don't worry, have no regret –  
they earn enough in one half day to pay the national debt.

The politicians love us, they need to gain our vote.  
But, when they're in power, it's stuff you, boy. Now don't you feel a dope?  
Some want to change the flag on us and dump the Union Jack.  
I see two big golden arches, large fries and a big mac.

Now for fifty or more years I've lived here, this land so rich and free,  
it's a land we've come to treasure, myself, my friends and me.  
Now would I like to leave this land, go back and be a pom?  
I wouldn't want swap this place, this place where we now belong.

Thank you, Australia.

*Ray Stephens*

# The Voice: Lidia Thorpe and the 'Progressive No'

Three main Voice campaigns have coalesced as we approach the Referendum.

There's the 'Yes' campaign, supported by the Federal Government and all State and Territory governments, all major Australian faith groups, many sporting codes and large corporates.

There's the 'Conservative No', also known as the 'Racist No', supported by the Federal Opposition and funded partially by far-right US Christian groups.

Then there's the 'Progressive No', the position of the Black Sovereign movement, born with the Tent Embassy on the lawns of Parliament House in Canberra in 1972. This movement maintains that sovereignty, the authority for our First Nations peoples to self-govern, has never been ceded.

Independent Senator and Djab Wurrung, Gunna and Gunditjmara woman Lidia Thorpe represents the Black Sovereign movement in Parliament. She spoke at the National Press Club last month, saying that First Nations peoples are still living under colonialism and the damage it has done since 1788.

'The frontier wars have never ended,'

she said on 16 August. 'Same wars, different weapons.' She cited deaths in custody and child removal, both the subjects of Royal Commissions with their recommendations largely ignored.

'This country, your system of government, has been built on lies,' she said. 'And the Referendum for a Voice to Parliament is a continuation of these lies ... It's false hope because it's tricking people into genuinely believing that a powerless advisory body is going to protect our Country and sacred sites, save our lives, keep our babies at home.'

But rather than advising a 'No' vote, Thorpe is calling for the Referendum to be cancelled.

Instead she wants implementation of the recommendations of the Royal Commission into Aboriginal Deaths in Custody, the 'Bringing Them Home' Report and the United Nations Declaration on the Rights of Indigenous People.

She has a point. The fact that the government will 'make laws with respect to [the Voice's] composition, functions, powers and procedures' makes it more

palatable to some, but gives credence to Thorpe's claim that it will be powerless.

The 'Yes' campaign and the 'Progressive No' campaign are ultimately after the same outcome: the justice that the Statement from the Heart is asking for. But one is willing to work with government and the colonial structures that we undeniably have, while the other believes that the Voice will cement the representational body into those colonial structures and will change nothing.

History is littered with broken promises. But an advantage of the Voice over previous advisory bodies, says Daniel James, contributor to *The Saturday Paper*, is 'the representational structure ... that has regional representation feeding up into that central Voice that will speak directly to power. Because history has shown that the further away decision makers are from communities, the worse the outcomes.' James, a Yorta Yorta man, will be voting 'Yes'. If the polls are to be believed, so will the majority of First Nations peoples.

Jen Severn

emailemailemailemailemailemailemail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## Bermagui Whale Tours - 18 August to 24 November 2023

Experience one of the world's most amazing migrations from one of Australia's most beautiful locations!

Tours departing from Bermagui Wharf aboard Bubbles, our 24-metre comfortable, powered catamaran.

Check website for times and availability. Book early to avoid disappointment.

Whale sightings guaranteed or free return cruise.



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## Plant trees to assist Cystic Fibrosis Research

For forty years, Bridge House Nursery in Brogo has been growing trees to green the environment and provide food plants to the region.

In recent winters, we have been selling bare-rooted deciduous trees and shrubs with the profit going to Cystic Fibrosis research. Last winter we donated over \$3,000 to the cause.

After the fires of 2019/20, people have reported that deciduous trees were instrumental in saving houses and other infrastructure due to their dampening effects on fire heat. Numerous other benefits include summer shade for stock and houses and ornamental values such as spring blossom and rich autumn colours. Many deciduous trees are surprisingly drought tolerant, merely dropping their leaves and waiting for better times. Some have excellent cabinet timber properties.

This is the last winter that we will be offering bare-root stock other than to order. Their roots are considerably longer than equivalent potted plants, much cheaper and will establish much better.

Bridge House Nursery is in a very cool spot in Brogo so we will have bare-root stock until the end of September so come and support a very worthy cause.

Species include copper beech, maples, birch, magnolias, mulberries, tulip trees, flowering dogwoods, Zelkova (Japanese elm), Fuyu persimmon and thornless berries.

For full lists of what is available, phone 0410 404 041 or email



Autumn colour

me at donaldofirth@gmail.com.

Funds raised will support Cystic Fibrosis research which is greatly extending the lives of people with CF. It remains the most common cause of early death from genetic inheritance. One in twenty of us are carriers.

Bridge House Nursery is open by appointment only.

Don Firth

### Subscribe to *The Triangle* online!

It's free, it's in colour and you'll know as soon as the new *Triangle* comes out.

Go to [www.thetriangle.org.au](http://www.thetriangle.org.au) and enter your email address into the box on the right of the page.

# COBARGO FOLK FESTIVAL



## 1-3 MARCH 2024

### COBARGO SHOWGROUND

# Marine Rescue Open Day – something to learn for everyone

There will be lots of interesting activities on offer at the Marine Rescue Open Day on Saturday, 1 October at Fishermen's Wharf, Bermagui from 11am - 3pm.

We'd love you to come along, buy a book of tickets, get involved and learn about who we are and what we do.

You can get to know about Marine Rescue by going on board our rescue boat or by taking a tour of the radio room. Try your hand at line throwing or inspect a jet-ski or life raft.

For the kids there will be duck rescue, tin can alley, face painting and kid to captain radio.

There will be live music, a sausage sizzle, a raffle and a guessing competition,

and lots of prizes, as well as dinner and drink vouchers to be won.

To give you a little background – Marine Rescue NSW is a volunteer-run organisation that provides a 24-hour radio emergency response service to boaters in trouble. Volunteers receive professional training and develop the skills they need to help people on the water.

Volunteers personally get a lot out of the role also. They have the satisfaction of knowing they are helping to provide a vital service that saves lives.

'We are helping people when they need it most. When people believe that they are in danger it can be a very stressful time for them. Being able to help them get to safety and get home in one piece is a

very satisfying experience,' one volunteer offered.

Marine Rescue is a not-for-profit organisation that receives financial support from the NSW Government and from members of the boating community. However, they still rely on community fundraising efforts like this Open Day to meet costs.

So, come along, get involved in the activities and support your local Marine Rescue. And if you're up for a new and exciting volunteer role, Marine Rescue could be the answer. Come and talk to us!

*Deb Worgan, Volunteer  
Marine Rescue Bermagui*

## Only time will tell!

Look at the goldfield for example. The Montreal Goldfield near Bermagui that is. Gold was discovered on the beach (now Howards Beach) one hundred and forty-three years ago in September 1880. It started a rush in the truest sense of the word. Look at it now!

Did you know it was the start of the Bermagui Mystery? When five men vanished including a Government geologist and his assistant, plus three fishermen from Batemans Bay. Does anyone know whodunnit? The why, when, where and how it happened. It's a real mystery. There is still a reward for information.

For the last twenty-three years, members of the Bermagui community have been working to bring the old goldfield back to life. They have fenced off part of the area and around the shafts so the tour guides can take you round the site in safety while telling the Montreal story. It is such a beautiful walk back through time amongst tree ferns and massive bloodwoods with an understory of geebung and burrawangs. These trees have grown back the way they were before the gold rush. Why? Because the mining was done with a pick and shovel so the seed bed was not removed.

But back to now. We hope to have a Gold Discovery and Solve the Mystery Day during the next school holidays. Keep eyes and ears open for more details.

The Montreal Goldfield is a unique place for all sorts of reasons and worth a visit at any time but especially at this time

of the year. Check out the Montreal Goldfield Facebook page and their website (type Montreal Goldfield into your search engine) or visit 'What's On' at the Bermagui Information Centre on-line whenever you can.

*Judy Hearn  
Management Committee, Montreal Goldfield*

### Tell 'em you found 'em in *The Triangle*!



**MARINE RESCUE BERMAGUI**  
**OPEN DAY**  
Sunday 1st October 11am - 3pm  
Bermagui Fishermans Wharf

**Come along, buy a book of tickets  
& get involved in the activities**

- Rescue boat tour
- Radio room tour
- Line throwing
- Jet ski & life raft
- Kid to captain radio
- Games
- Face painting
- Live music & raffle
- Sausage sizzle
- Prizes and vouchers to be won

**Thinking of volunteering? Come and talk to us!**  
**Volunteers saving lives on the water**  
Marine Rescue supports Reboot in Bermagui.



A walk through the Goldfield

# Protect our beach nesting birds

This Eastern Curlew is one of many migratory shorebirds that spend summer here after flying from their breeding grounds in the Arctic. They are endangered due to disturbance of their feeding grounds here and on their migration path along the coast.

Our ocean beaches and estuaries are breeding sites for many threatened shorebirds, like Oystercatchers and the critically endangered Hooded Plovers are year-round residents. Little Terns migrate thousands of kilometres from Asia to breed here in summer.

They need our help to avoid extinction. Please look out for signs and fencing and do not enter breeding sites. Please keep dogs on dog friendly beaches only. Become a shorebird monitoring volunteer. Contact Kaitlyn O'Brien at [Kaitlyn.O'Brien@environment.nsw.gov.au](mailto:Kaitlyn.O'Brien@environment.nsw.gov.au) for more information.

*Barry Virtue*



The critically endangered Eastern Curlew

## An afternoon of fun and friendship Sunday 8 October at Bermagui Country Club

Organiser, Lori Hammerton, is calling it a Concert for Recycled Teenagers and is hoping for a full house as it is to raise funds for Bega Valley Can Assist.

Commencing at 1.00 pm till about 5.00 pm, the entertainment will be provided from musicians and friends from as far away as Leongatha in Vic as well as locals.

There will be a great variety of musical genres including country, 60s and 70s, ukulele, vocal harmonies ... something for everyone.

By popular demand Ben Buchli (a local Bermagui lad) will once again wow the audience with his piano skills.

We also have another pianist from Warragul, Victoria, who has a wealth of experience having played at functions across Victoria for many years. This lady has the voice of an angel – similar to Judith Durham's.

The Travellin' Country Two have just returned from playing at different country music festivals across Queensland and Victoria and are looking forward to coming to Bermagui to perform at the fund raiser, as they did last year. It is so generous of them to give their time once again.

Lori said there is so much more but is hoping for a good response. Admission is

only \$5. A raffle of hampers of groceries will be conducted on the day. Bermagui Country Club is providing afternoon tea and coffee.

All proceeds will go directly to Bega Valley Can Assist, so every dollar remains in Bega Valley to provide financial assistance to people who are affected by cancer.



*Lori Hammerton*

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## The oldest trauma - solving the mystery

We all know what trauma is after the fires and COVID. We're still weathering the overwhelm and grief. Many of us had trauma experiences before that, with the effects of domestic violence and forced dislocation through natural disasters and human violence.

After the overwhelm has settled, we need to sort ourselves out with the help of our community and understand that we are more than our injured selves.

For quite a few of us (more than one in ten) there has been a first trauma that the other nine in ten people know nothing about. It occurs when we are developing

in utero, if one embryo dies.

The Womb-Twin survivor has great confusion about what happened to their twin. They have Baby Brain without cognitive ability, and no conception of death.

Most survivors have attention deficit (to the outer world) and survivor guilt – we look after others, but not ourselves. The dead twin is carried psychically (so a double personality) and DNA absorbed from their dead twin that gives extras like an organ or digit, mixed handedness and extra sexuality input, especially if the Womb-Twin was of the opposite sex.

The early English saw survivors as changelings, often 'away with the fairies' and 'without their feet on the ground'.

On the upside, many have ESP, and tend to be very creative and empathic.

The subject has been well-researched and published in books by Althea Hayton, but not otherwise well known.

There will be meetings in local centres, where people can learn how to resolve the overwhelm, reopen our hearts through grieving deeply and get to know other survivors.

*Maggie Camfield,  
a recovering Womb-Twin Survivor*

## Introducing our new Community Chaplain

Hi! I am Karen Paull, a trained Disaster Recovery Chaplain, working as a Community Chaplain, to serve the Triangle community, plus Bodalla and Narooma where I reside. Whereas my role is specifically intended to care for people affected by disasters, I take a more open approach as we have our own private disasters too. My work is funded by the Uniting Church to be present for the whole community – those from any faith or none.

You may have already met me, as I've spent six months helping with various initiatives here: Quaama Renewal Centre, Cobargo Outreach Centre high teas, Chop Chat Chew (Cobargo), Monty's (Narooma), while visiting other activities, meetings, businesses and various people.



Karen (far right) enjoying some light exercise with some Living Water Wellbeing walkers

I like to get alongside the awesome leaders here and strengthen their activities, while introducing some of my own too.

My activities include Living Water Wellbeing Walks along the Narooma foreshore Wednesday at 2.00-3.30 pm fortnightly. I am planning to co-facilitate group labyrinth walks in Cobargo this Spring, beginning Wednesday 13 September gathering at 1.30 pm. We are also planning an 'Out of the Shadows' walk on behalf of Lifeline South Coast, on Sunday, September 10 at 2.00 pm, to remember those lost to suicide.

Being a minister, I also lead some services at Narooma and Cobargo Uniting Churches. Although this is a minor part of my role, I am excited about creating flexible faith spaces to connect with God, and each other, in creative ways. As with other activities, I like to hear how people actually want to worship and then work responsively with them, to make their dreams a reality.

Please contact me for more details or to make suggestions. All activities are free. I enjoy meeting with people over coffee, too, so if you would like a compassionate



Karen and Mandi Rush from Sapphire Community Pantry co-leading Chop Chat Chew at Cobargo Uniting Church

ear, I would be happy to arrange a time with you.

Contact me by sending an email to [karenp@cruc.org.au](mailto:karenp@cruc.org.au), by phone 4476 2024, through our Facebook page, Narooma Uniting Church or visit our website - [moundromedaryparish.uca.org.au](http://moundromedaryparish.uca.org.au).

*Karen Paull*

## Electric vehicle Tourist Drive for the Triangle area

Sales of electric cars are now growing rapidly, reaching around 8% of new car sales nationally in recent months and more than 20% in Canberra. But public charging stations can be hard to find. The good news is that visitors and locals alike will soon be able to top up their EVs at the Bermagui Fishermen's Wharf and Cobargo Co-op car parks.

Renewable Cobargo and Clean Energy for Eternity, Bermagui have worked with the Cobargo Co-op and Bermagui Fishermen's Co-op to secure NSW Government co-funding for the two charging stations that are expected to be up and running in September. The two Co-ops

have also made significant investments of their own funds in these stations and should be congratulated for their leadership.

They are 'destination' charging stations, using AC power, that are designed for EV users to top up for an hour or two while shopping, visiting a tourist attraction or having a meal or coffee break. A typical EV will be able to add around 70 km in a one-hour charging session, although this can range from 50 km to 140 km, depending on the EV model. Each site can accommodate two cars charging at the same time.

The public EV charging network needs to include both destination chargers

and DC very fast chargers that are much more expensive and often require grid upgrades. Governments are co-funding fast charging in major towns along highways, with new sites coming in Bega and Narooma.

The Cobargo and Bermagui stations will form part of the Chargefox network, owned by motoring organisations including NRMA. EV owners will access the stations and pay for the electricity they use through the Chargefox app.

A third station is also on the way in Tathra, creating one of the first EV Tourist Drives in NSW that will help future proof our tourism economy.

*Frank Muller*



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# 2023 Landcare Adventure Weekend (Yrs 7 and 8)

1.00 pm, 5 October – 1.00 pm, 7 October



Join us for an unforgettable Landcare Adventure holiday camp for Bega Valley students in years 7 and 8. Make new friends,

explore nature and plant trees together.

Starting with a scenic hike to our bush campsite, we'll cross the Bermagui River for a cool afternoon splash. Discover more about our local environment as we learn about Landcare, fire-retardant trees and more in our off-grid permaculture camp with veggie gardens and chooks. Spend Friday night in a converted train carriage bunkhouse – a great (and comfy) example of recycling. Wrap up the experience with a canoe journey back via the Bermagui River on Saturday.

You'll gain practical skills in sustainability while having fun with activities like tree planting, a twilight bush exploration and evening campfires. Plus, you'll connect with students from different schools in the area.

All meals provided. Don't miss out



Canoeing to Bermagui on a recent camp for young people at The Crossing

– join us for a weekend of adventure and making a difference!

Thanks to the Bega Valley Shire

Community Environment Grants Program for supporting this camp.

Dean and Annette Turner

email email email email email email email The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)



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#### TERM 4 — Kindy Orientation Days

Wed 18 October (9:30-10:30am)

Wed 25 October (10:30-11:30am)

Thurs 2 November (9:30-11:30am)

Thurs 9 November (9:30am-12:15pm)

This includes parent information session at 9:30am

#### The Small School with a Big Heart is offering:

- ♦ Targeted individual learning support
- ♦ Sporting Schools program
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- ♦ Music program
- ♦ Strong community connections
- ♦ Small Schools combined camps
- ♦ School Performance
- ♦ Music camps
- ♦ Diverse environmental program
- ♦ Breakfast Club
- ♦ Online lunch ordering
- ♦ School bike track
- ♦ School Orchard
- ♦ Gifted and creative opportunities
- ♦ Beautiful playground facilities
- ♦ Before and After School Care

A wonderful gathering of sixty family and friends was held at Oakholm for Vin Motbey's 90th birthday. Guests had travelled from as far away as Biloela in Queensland and Lord Howe Island. Vin has been a dairy farmer all his life and has always taken great pride in his beloved Wandella property. Vin has handed over the reins of the milking to his son Charles and grandson Lachy but potters around the farm doing odd jobs. A little nip was enjoyed by Vin on his special day.

Cassy King had a wonderful celebration at the Cobargo Showground for her recent 40th birthday. Cassy always has a lovely smile whenever you meet her and is such an incredibly hard worker.

It's wonderful to see the new electric

car charging ports installed in the Co-operative's car park. A grant was sourced by the Cobargo Co-operative to install the project with it co-contributing to the final completed project. They have not been commissioned yet but will be in the not-too-distant future with the hope that when people stop to recharge, they also have a browse and shop.

A huge thank you from the Wandellow Hall committee for the support received from the Cobargo Hotel and its patrons in the recent four-week raffle selling stint. The money raised is going towards some of the much-needed goods to furnish the new hall.

Paul Kelly and his team are doing a tremendous job putting the lining into the

ceiling and walls of the existing Cobargo Showground pavilion. It is hoped it will be complete by the 2024 Cobargo Show. The upgrade will allow the main pavilion to be used for many and varied events because it will be much improved acoustically.

Congratulations to Megan Salway and Alex Hutteroth on the birth of Levi, little brother for Bridie. Cassy Sweeney is delighted on the birth of her new baby girl Maxine.

Condolences to the family of former local Stephen Smith who sadly passed away after a motorbike accident whilst attending a fundraiser for the Kids with Cancer Foundation. Stephen was the absolute salt of the earth with a heart of gold.

## Cobargo CWA branch calling for urgent improvements to diagnosis and treatment for neurodiverse conditions

The Country Women's Association (CWA) of NSW is using its annual Awareness Week campaign to highlight the issue of neurodiversity and neurodivergent conditions, with a particular emphasis on Attention Deficit Hyperactivity Disorder (ADHD) and the growing number of adult women who are being diagnosed with the condition.

The 2023 campaign will run from 3 to 9 September focussing on increasing awareness around neurodiversity and neurodivergent conditions (including ADHD, autism, dyslexia and Tourette syndrome) and is calling for urgent changes to improve diagnosis and treatment options around ADHD.

Lynn Lawson, President of the Cobargo branch of the CWA, said the issue of neurodiversity was raised at the CWA of NSW's annual State Conference in Bathurst in May. A motion was supported asking 'governments to investigate ways to reduce the costs of diagnosing and treating adult (ADHD)', with some branch members relating their own experiences of recent diagnosis and the challenges they have encountered.

'With an increase in the number of adults, many of them women, who are being diagnosed with or seeking diagnosis for ADHD, demand is currently exceeding the available services. Diagnostic costs are rising, medication supplies are periodically stretched and out-of-pocket treatment costs are putting pressure on household budgets,' she said. 'Rural and regional residents are really feeling this impact, with their options often fewer than those in our major cities.'

This year, the CWA is partnering with

the Australian ADHD Foundation, a not-for-profit organisation, 'working to make the lives of people with ADHD easier and simpler'.

The ADHD Foundation has reported a spike in demand for their services from 35- to 50-year-olds, many of them women, putting additional pressure on the health system, with people struggling to obtain a diagnosis in the first place and occasional shortages of certain medications.

During this year's campaign, the CWA of NSW is calling for:

- Increased recruitment, training and retention of, and support for, health care professionals to ensure client access to timely diagnosis and management of ADHD, particularly in rural, regional, and remote areas;
- New ways to reduce the costs of diagnosing and treating adult ADHD;
- Extension of access to all long-acting medications on the PBS for late diagnosis ADHD;
- More research into long-term outcomes of ADHD in girls and women – especially work that investigates how and why the disorder contributes to difficulties across the life span; and
- More awareness of ADHD in girls and women to ensure early diagnosis, leading to better treatment and support.

'This Awareness Week we want to highlight these issues and urge governments at all levels to look to how we can better support those with neurodivergent conditions. And we also want to raise

awareness in our communities about what neurodiversity is, the many people who live with neurodivergent conditions and, through greater awareness, build understanding of difference and be more accepting of those differences,' Lynn said.

As part of CWA Awareness Week, the Cobargo branch will be assisting in the activities of the Far South Coast Group of CWA.

*Mary Williams, Publicity Officer*

## Cobargo Public School 150th Birthday Celebration

We invite all current and former students, teachers, principals and the greater community to join us at Cobargo Public School for our 150th birthday celebration on

Saturday 16 Sept from 10.00 am till 2.00 pm.

The official opening ceremony with speeches and cake cutting will commence at 11.00 am and the time capsule from the 125th birthday will be opened on the day.

Throughout the day, there will be a display of school and student photos from over the years, as well as a history display from the Cobargo Museum, mini school tours and other activities.

The Year Six graduation committee will have lunch for sale on the day; Nutley's Coffee Van will be there with all their hot beverages on offer; and Cobargo CWA will have a variety of cakes and sweets available for purchase.

Come and join us and help celebrate this momentous occasion.

*Cobargo Public School P and C*

## Basketball court opening in Cobargo

Thanks to all who came to the opening of the courts and celebrated with the last of three Youth Events.

This was the culmination of a nearly three-year project that started after the bushfires of 2019/20.

Thanks to:

- the local community for being behind the project all the way
- the local tradies for their time, machinery and generosity
- there are way too many supporters to thank individually
- the agencies, especially Anglicare for their support, and the local service clubs – Lions and Rotary.

Without the funders this project would never have been completed. So, many thanks to the following for funding:

- The Bushfire Community Recovery and Resilience Fund (BCRRF) for the grant that has funded all three youth events and this court.
- To Bendigo Bank, Cobargo Skate Club, and Tegan and Jack Wotton for funding the extension to the Skate Park. And to Finn Askew for his help and design work.

We are grateful to the Bega Valley Shire Council for giving permission to expand this area for our young people.



Spike Burgess, cutting loose at the youth fest.  
Photo by Ben Smyth.

And, most importantly, we salute the volunteers from Cobargo Green Recovery Inc and their youth sub-committee for initiating this project and seeing it through to completion. A special thank you to Sam Rees from No Worries Entertainment for putting such a fabulous day together with some great entertainment.

We would really like to see this event continue for the young people in our area.

*Tania Lingard*

## Time to get ready for fire season

Cobargo Rural Fire Brigade invites the community to this season's Get Ready event on Saturday 16 August from 9.00

am – 1.00 pm at the Cobargo Fire Station in Wandella Road.

Come along and get advice on preparing your property for the coming fire season, how to prepare your bushfire survival plan and what to do in an emergency situation.

Lots of fun for the whole family, including give-aways for children and our famous Furies' Sausage Sizzle BBQ (gold coin donation).

Get the right information and discuss your questions and concerns with our experts – and kids can get a photo taken in a fire truck and have a go at putting out a 'fire' with a real fire hose.

- Where: Cobargo Rural Fire Station
  - When: 9.00 am – 1.00 pm Saturday 16 September
- See you there!

*John Walters, Captain  
Cobargo Rural Fire Brigade*

## Cobargo Community Access Centre helps Bermagui Seniors secure funding

Each year the Bermagui and District Seniors' Social Club likes to go on a special outing, sometimes including a night or two away, or sometimes it's a special day trip to a special place.

These trips cost money, with bus hire, accommodation, meals and other various expenses to help make the outing special.

Club Grants and other funding bodies can make these outings possible, but as the Bermagui and District Seniors' Social Club is not a registered not-for-profit, they are not eligible for grant funding.

This is where the Cobargo Community Access Centre was able to help. As an incorporated not-for-profit organisation, the CCAC was able to auspice the grant application and help secure the funding for the Bermagui Seniors outings for 2022 and 2023. Now the boat trip outing for 2023 will become a reality!



Left to right: Chris Walters, of the Cobargo Community Access Centre, Cathy Potbury, Louise Lander, Meg Dodson and Anne Smith from the Bermagui and District Seniors' Social Club

If your community group is looking for funding but is ineligible due to being unincorporated, contact the CCAC to discuss how we can help by auspicings your grant funding application. Drop us an email at [cobagoreliefcentre2550@gmail.com](mailto:cobagoreliefcentre2550@gmail.com) or call us on 0493 671 117.

*Chris Walters  
President*

*Cobargo Community Access Centre*

**Bermagui & District Seniors' Social Club**  
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Anyone interested is welcome

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## Cobargo Public School report

Cobargo Public School was so excited to attend the Drama Festival in Batemans Bay on 14 August. The play explored themes of accepting differences. Sloths sleep a lot! Their favourite thing to do is nap! The other jungle animals tell the sloths that they should be doing more. But when the animals each try to do what the others are good at, they learn that everyone does something best; and the sloths' best talent is snoozing!

We would like to thank Miss Wotton for organising the drama performance, Miss Low for choreographing the choir and drumming. We congratulate Cobargo

Public School on their amazing efforts.

'We loved being backstage and watching the other performances' – Kennedy and Matilda.

'I loved being the clown with the face paint and making people laugh throughout the performance' – Mason.

'I loved being the soldier in the drumming and incorporating movements with the music' – Sidney.

Cobargo Public School was lucky enough to have Valentino Guseli visit the school to hand out the athletic carnival ribbons. Students were very excited to receive their awards from the inspirational

snowboarding star from Narooma.

Cobargo Public School was excited to engage in a NAIDOC virtue program. Through this program, students learnt about important Aboriginal people. Students designed their own \$50 note, recognising David Uniapon's achievements by including symbols of books and a helicopter. David Uniapon was the first published Aboriginal writer and made the first basic design for a helicopter. Students thoroughly enjoyed this experience learning about Aboriginal culture and its triumphs.

*Billie Wilton*



An assortment of cute animals performing at the Drama Festival in Batemans Bay



## Recognition of Vietnam Veterans

If you happened to be passing the Cobargo and District Soldiers Memorial between 15 and 20 August you may have noticed some wreaths had been laid. Why? Because we wished to acknowledge and honour the service of members of the Australian Military Services on two significant occasions. The 15th marked 78 years since Victory in the Pacific and the end of WW2 in our arena. And, of course, the 18th commemorates our Vietnam Veterans. 2023 marks 50 years since the Australian Forces departed Vietnam. *Lest we Forget.*



Wreaths laid at the Memorial

Bev Holland  
Cobargo Sub-Branch RSL

## Renewable Cobargo updates

### Microgrid workshop – join us!

What's possible for the Cobargo area if we move forward with a renewable energy microgrid?

The feasibility study into a Cobargo renewable energy microgrid is complete and we would like to share the results. The CaDET team (Cobargo and District Energy Transition) and technology partner ITP Renewables will host a community workshop to:

- share what's happening in the project
- explore the benefits and capacities of a potential microgrid for Cobargo
- answer questions and dig deep into specific topics you are curious about
- discover how you can contribute to a renewable Cobargo.

Everyone is welcome. Save the date: Saturday, 16 September, 9:30 am start, Cobargo Showground, morning tea and light lunch provided.

### Hot water heat pump bulk buy

Heat pump technology is amazingly efficient and cheap to run. We are currently negotiating a bulk buy program. Plus, there are NSW Government rebates and incentives. If your current hot water system is older than ten years, don't get caught out – change it over before it breaks. If you're interested, contact us. But act quickly, we're placing orders in early September.

### Solar PV monitoring

Do you know how much energy your solar PV system is producing? We are discovering that many local home installations have the capability to report energy production to an app on your mobile phone but had never been set up and activated. If your solar inverter has a

'dongle' hanging underneath it, then it most likely has Wi-Fi capability. We offer a free service to come to your home and set up the connection for you.

*The Renewable Cobargo Team*

Renewable Cobargo is an initiative of Cobargo and District Energy Transition (CaDET). Our key projects are to develop extreme weather refuges, work towards a Cobargo microgrid and provide information and free consultations about energy through our Community Energy Coordinators on our website (type Renewable Cobargo into your trusty search engine) or email [renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com).

Deb Summer, 0414 409 445  
[debra@debra-summer.com](mailto:debra@debra-summer.com)

## NEED A CAR?

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### Rebuild project gets the tick of approval from Bega Valley Council

The social and economic future of Cobargo has taken a major step forward with the July meeting of the Bega Valley Shire Council approving the Development Application (DA) for the Village Square project for the western side of the village's main street. By the time of this publication, it is anticipated that the remaining two DAs will also have been passed at the Council's August meeting.

We thank the Cobargo Community and the Council and its members for their support to date and into the future.

The Village Square together with the proposed Market Hall and new Post Office, are crucial Rebuild Cobargo bushfire recovery projects critical to the restoration of the local economy and securing the long-term viability of Cobargo.

It is the culmination of significant work by the Cobargo Community Development Corporation Limited (CCDC) and by the Cobargo community. As the Chairperson of the CCDC, John Walters indicated:

'With the funding and planning phase of the project finally in place the construction phase looms large on the horizon. We will keep the Community fully

informed of our progress and, following the successful release of the DA at the last Council meeting, tenders have gone out to the selected group of building companies with a closing deadline of late September.

'Planning delays have already had an impact on the progress of the Rebuild Cobargo projects and it's imperative that such delays are avoided going forward. Now is the time for us all to approach the future with confidence and energy,' Mr Walters concluded.

The tender process is being conducted in accordance with Government requirements and under the supervision of the project's Tender Review Panel, which includes representation of the State Government's Public Works Advisory department.

The CCDC will be undertaking significant development of the CCDC website (just put Cobargo CDC into your search engine) over the next few months to ensure it is the first port of call to keep up to date with the rebuild project. In addition, information will also be promulgated through *The Triangle* and through various local networks.

However, if you have any specific questions, please feel free to **text** either Steve Williams on 0422 815 526 or Deb Summer on 0414 409 445.

*Deb Summer and Steve Williams  
Community Representative Directors*

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## 1st Cobargo Scouts Out and About World Scout Jamboree

As we go to press seven members of the Cobargo Scouts are returning from a memorable trip to the 25th World Scout Jamboree in South Korea. The event attracted 43,000 Scouts from 152 countries with 964 from Australia. The event was troubled by a heatwave and a typhoon that necessitated being evacuated to Seoul but the Cobargo Scouts reportedly had an awesome time and made lasting memories and friendships. We hope to share more about this amazing trip in the next issue of *The Triangle*.

### Awards at State Rally

Thirteen Scouts and five adults headed up to Cataract Scout Park on the first weekend in August. Fifteen hundred Scouts from across NSW were there to compete in a wide range of activities, including caving, problem solving challenges, bubble soccer and sock wrestling.

1st Cobargo entered three patrols who spent the weekend working their way around thirty-five bases and being scored on teamwork, planning, completion, attitude and leadership.

The event was themed 'Around the World in Three Days' and the bases were themed from different continents. The base run by 1st Cobargo leaders was an African one that involved the scouts learning how to assist a tribe trying to protect the Kori Bustard, which is the heaviest living thing that flies. The Scouts had to move an 'egg' across the site by rolling it along bamboo poles. At the end of the event 1st Cobargo Patrol 3 came third in our Region – a great result.



Cobargo Scouts at the State Rally - From left to right: Kaleb, James, Louise, Errin, Naomi and Nate.

### Community Activities

Each term 1st Cobargo Scouts plans to undertake a Saturday activity that supports a community group or cleans up a local area. This term, the Scouts will be heading to Bermagui for this. If you know of a group that could be helped by willing young hands, please contact the Scout Group.

### Scout Nights – what we get up to

1st Cobargo has four sections – Joeys from ages 5–8, Cubs from 8–11, Scouts from 11–15 and Venturers from 15–18. All sections normally meet at the Cobargo Showgrounds from 6.30 to 8.00

pm on a Thursday night. This week the Cubs and Joeys constructed and learnt about sundials, the Scouts lit fires without matches and cooked charcloth to assist with this while the Venturers learnt how to make monkey fist knots with paracord.

If that sounds like something a young person you know would like to be involved with, check out our website, write Cobargo scouts into your trusty search engine and check out what we're up to.

For more information about registering there is information on our website or you can call our Group Leader Craig on 0418 519 247.

*Matthew Farran*



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## Cobargo and District Red Cross branch hosted the Zone Conference in July at Cobargo School of Arts

Members enjoyed a delightful lunch catered by Cobargo CWA. The 2023 Red Cross Zone conference was opened by Tony Allen.

Our special guest speaker was Leanne Stewart from Rosebud Farm, Gerringong, an enthusiastic flower farmer. Leanne grew up on a dairy farm in Cobargo. For the past three years Leanne has combined her love of the land and skills with colour to grow and supply florists with her specialty of roses, perennials and natives. Leanne gave us an insight on the ins and outs of growing flowers. We also had the privilege of Leanne showing us how to do a bouquet of natives.

Thankyou to all the branches who attended.

During the past year Cobargo Red Cross have catered for six funerals, two of which were attended by two hundred people. Thanks to our volunteering members who are proud to be helping their community. We also catered for the Quaama and Cobargo Quilters weekend at the showgrounds, and a clearing sale at Verona.

As in past years, Cobargo Red Cross have provided a free morning tea after the ANZAC March. We have also done fundraising at the Cobargo Hotel Friday night raffles. We continue to provide trauma teddies to the Bermagui Ambulance Service, Nardy House and the local schools. Three of our members help Bega Red Cross working in the kiosk at the sale yards.

We are incredibly grateful for the work and contributions of our volunteers.

*Julie Bracher*



From left, Sue Muffler, Wolumla Red Cross, won a bouquet from Rosebud Farm, Kaley Morrisy from Narooma and Ilse Whiffen, Cobargo Red Cross, won the lucky door prize



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workshop to explore what's  
possible with a renewable  
energy microgrid in Cobargo*

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**Cobargo Showground**  
**9:30 am start**

*morning tea and light lunch provided  
please RSVP by Wed, 13 September*

[renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com)  
[www.renewablecobargo.com](http://www.renewablecobargo.com)

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Just when you think Bermagui has slipped into quiet winter mode with barely a soul around, something seems to pop up. Of course, the warm weather is conducive to people being outdoors with food outlets attracting customers. (Did you know there are now approximately thirteen coffee outlets in the town ... and still counting?)

Bermagui continues to buzz (no wonder with all that coffee!) and each month there seems to be some event attracting locals and visitors.

Coming up at the end of September is ReBoot and the Historical Society's *People and their Boats* show.

## Far South Film Festival

This year's Film Festival is being held over the weekend of 19 August, once again at the Picture Show Man, Merimbula. Unfortunately, *The Triangle* didn't receive info till after publication last month, but we look forward to receiving a report of this year's events and some of the work that came out of it.

## Whale action

Coming to a headland near you, grab your binoculars.

There's been quite a bit of whale action in the ocean as the large aquatic mammals pay their yearly visit, even popping into Horseshoe Bay. Keep an eye out for the visiting whales on their pilgrimage south after having spent the winter in warmer waters to the north.

*Bubbles*, the whale watching boat, is back at the harbour ready to take tours to get a closer look at these giants of the sea.

## Bermagui outside school hours care Aspire is here!

Hi, I'm Lee-Ann. I am the program manager here at Bermagui Aspire. You may not know what Bermagui Aspire OSHC is. And what does it do for our local community here in Bermagui? OSHC, which stands for Outside of School Hours Care, is for primary school aged children. It is a new service that provides care before or after school and a school holiday program that allows primary school aged children to play and learn together with their peers.

The benefits of OSHC:

- OSHC enables families to work or study outside school hours and OSHC also has wide-ranging benefits for children who attend these services.
- builds children's social and emotional skills.
- provides recreational leisure time in a safe and supportive setting.
- allows children to make choices about their play in structured and

But there's plenty to see from the shore, often when you least expect it. Keep your eye on the ocean and don't forget to pack your binoculars and camera to get a special shot for us to publish in future *Triangles*.

## Motel Art

An unusually balmy winter's evening added to the ambience of the courtyard of the Bermagui Motel, this year's venue for Motel Art, organised by SEACC and supported by Council. This is the third of these annual events across the shire, previously held in Eden and Merimbula.

Each of the seventeen rooms of the Bermagui Motel was dedicated to an artist from the region to showcase their work and culminated in a celebration of the talent and scope of creativity in the area. Various mediums were represented – photography, ceramics, painting and textiles as well as a room dedicated to a youth art group and Art in the Garage, a group exhibition.

Organisers were thrilled with the event and congratulated the owners, Sue and John Singleton, on hosting the event at their motel. There was a great atmosphere around the town, plenty of foot traffic as people wandered to and from the venue. Outdoor braziers, lights, music, all created a great atmosphere. Food was available, catered for by Cheeky Mango, and the Bermagui Hotel ran a bar, Bega sound collective provided a DJ, adding to the 'vibe' of the event. A happy night.

It is estimated that approximately 300 people attended the preview evening, with about as many visiting the exhibition over



Opening night of Motel Art, Bermagui Motel



I was lucky to catch Elise, local photographer (and hairdresser) posting a few portraits on this blank garage wall, Saturday morning of the Motel Art weekend. I hope she does it again, great to see art around town. Thanks Elise.

Saturday. I think everyone is hoping there will be another such event.

our opening times:

7.00 am – 9.00 am before school

3.00 pm – 6.00 pm after school

7.00 am – 6.00 pm during school holidays (vacation care). We need a booking of twelve per day to operate.

We are accepting bookings now! If interested, please email [bermagui@aspire-oshc.com.au](mailto:bermagui@aspire-oshc.com.au) or call Lee-Ann on 0498 568 086.

Lee-Ann Mitchell

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# Something for all the family to celebrate in History Week

*Set your diary for Saturday 30 Sept and Sun 1 Oct at the Bermagui Community Hall*

People and their boats are recurring requested subjects for exhibition and this History Week we are opening the show on both Saturday and Sunday of the long weekend.

There will be a programme of talks, films and displays so you are welcome to visit and revisit the show any time over the two days.

Program event times will be published nearer the time. We are again supported

by banners from the Australian Maritime Museum.

Display and talks include how the coastal shipping trade opened up the South Coast. Films like *The First Marlin* are a must for fishing enthusiasts, as is the story of author and film-maker Zane Grey, his stay in Bermagui brought to life through rare photographic originals and anecdotes.

Alan's artefacts will display everything nautical and boating over the

ages. It may possibly be the last chance to view the amazing model boat display on loan from Merv Payne and other modelling enthusiasts. As you can see from the photos, it's hard to tell the models from the real thing.

Under 12s can come along free and for adults it is just \$5 entry, so keep your energy up with grub from the Men's Shed sausage sizzle adjacent to the venue.

*Georgina Adamson*



Merv Payne's model boats on exhibition



Fisherman's Co-op tuna fleet in the 1960s

# Have you heard about U3A?

## You can be ...



We're a community-based, friendly, volunteer-run organisation which offers a wide range of interesting courses. We offer four term-based programs per year. 12 month membership is open to everyone for \$25.

## [u3abermagui.com.au](http://u3abermagui.com.au)

### Join and find out more.



## Bermagui Garden Group

On a perfect morning in early August, forty members of the Bermagui Garden Group met at the CWA to hear Surajo Frith, garden designer, talk about her design influences and working with garden owners. The group followed Surajo on a walking tour of two local gardens in Corunna and Young Streets.

One, a recently planted garden, provided inspiration for everyone on landscaping, and reuse and recycling of materials into garden features. Planted with mainly local natives, the garden will be watched as it grows and develops in the years ahead.

The second garden is well established with small, tightly planted spaces creating separate microclimates for the growing of coastal banksias and natives, tree ferns and vegetables. A garden much admired by Garden Group members.

This was the annual soup lunch meeting for the Group. Thanks to our members who made and brought soup for us all to share.

Our next visit, in September, will be to a coastal garden overlooking and extending down to the sand dunes on Beares Beach.

The Bermagui Garden Group visits



This local garden provided inspiration to our group gardens on the first Tuesday of each month and can be contacted at [christine.poulton@bigpond.com](mailto:christine.poulton@bigpond.com)

*Christine Poulton*

## Tennis experience 2023

As part of the ReBoot in Bermagui 2023 program, the Bermagui Tennis Club invites anyone interested to come along to have a social hit with us. No need to book, simply turn up wearing appropriate sports shoes.

All ages, all abilities are welcome!

**Venue:** Bermagui Country Club courts 1 and 2. Plenty of parking available, enter via Tuross St or Lamont St.

**Cost:** Free. Balls and racquets will be provided. BYO racquet if you have one.

**When:** 2.00 pm to 4.00 pm, Saturday 30 September 2023.

*Delmah Thompson*

## Cricket Blast is back in Bermagui!

Does your child live in the Triangle area and love cricket? Or want to try something new?

Bermagui Cricket Club is excited to announce that Woolworths Cricket Blast is back in Bermagui starting on 12 October.

For \$99, your child can join us for an eight-week program presented by our passionate volunteers and delivered at Bermagui Primary School.

They will receive a fantastic Blast pack including a shirt in their favourite cricket team's colours (this includes the Australian and Indigenous shirts) and so much more.

For more information contact: Bermagui Cricket Club's Facebook page or Naomi Day on 0457 330 596.

*Naomi Day*

# Honorbread

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Yathra	Wharf Locavore   Thursday & Saturday
Moruya	The Pantry   Friday Sage Market   Tuesday 3-5pm Southlands Fruit & Veg   Wed & Fri
Batemans Bay	Go Vita   Wednesday & Friday
Bega	Red Cafe   Wednesday Candelo Wholefoods   Wednesday
Narooma	Narooma IGA   Wednesday & Friday
Tilba	Tilba Cheese Factory   Friday
Dalmeny	Dalmeny IGA   Wednesday & Friday
Broulee	Broulee Supermarket   Wednesday & Friday
Tomakin	Tomakin IGA   Wednesday & Friday
Pambula	Pambula Wholefoods   Wednesday

## ReBoot into spring this October long weekend

Run, swim, ride and play at the ninth annual ReBoot in Bermagui on Saturday 30th September and Sunday 1st October, proudly brought to you by Bermagui Area Chamber of Commerce & Tourism. Gather your family and friends and join in the fun of events and activities that cater for all ages at a variety of locations in Bermagui's spectacular coastal surrounds.

Saturday's program starts with early morning boot camp at the beautiful Blue Pool and Tai Chi on the Horseshoe Bay beach foreshore. On the day, registrations and bib collections open 7.30am for 3 professionally timed fun runs – Camel to Club 7.5k with 1.5km of beach running, No Hills 5k and a 1.5k no adults fun run just for kids. Oops! The Clown and her fabulous circus workshop follows the kids fun run.

At 11.30am head over to the team's Tug-O-War Challenge in Dickinson Park. It's open to adults and kids so get four mates together and vie for great prizes awarded to winners and placegetters.

Other activities on Saturday include SUP on Bermagui River, yoga and Pilates at Bermagui Surf Club plus tennis and barefoot bowls at Bermagui Country Club.

A fab new event for ReBoot this year is the Guru Dudu Silent Disco Walking Tour – travel in a group, dancing and interacting with others, in a zany walk through Dickinson Park and along the beach.

Sunday's feature events are the early morning escorted social road bike ride from Bermagui to Cobargo and back and the ocean swims in Horseshoe Bay starting at 9.45am – a short 350m swim across the bay and a longer swim/run/swim. A healthy Bermagui breakfast will be served from 8am to 11am at Bermagui Surf Club and is free to those who have registered for the fun runs, swims and bike ride.

And there's more on Sunday! Tai Chi, SUP, croquet, badminton and a nine-hole Ambrose golf comp plus another new event this year, a netball shootout showcasing Bermagui's brand new netball/basketball courts behind the Surf Club.

Bookings are required for all activities so go online to view the full program at [rebootinbermagui.com.au](http://rebootinbermagui.com.au) and REGISTER NOW! For event updates check out ReBoot in Bermagui on Facebook and Insta.

*Christine Bimson*

## Shout Out to the Bermagui Council Team

The Bermagui Community Forum would like to acknowledge and thank the Bermagui Town Team for their ongoing service to our community.

There have been many improvements to amenities in Bermagui over the past few years including:

- Bruce Steer Pool upgrade
- Apex Park all-inclusive playground
- New toilet blocks at Bruce Steer Pool and Apex Park
- Blue Pool fence and rails upgrade
- Landscaping works at Blue Pool
- New fence around the Sports Oval (including repairs when a car hurtled through the newly completed fence)
- Upgraded netball courts
- Refurbishment and painting of rails along Lamont St
- Landscaping and revegetation at Dickinson Point

The team also keeps our streets and public toilets clean and our lawns mowed. We all appreciate the work that continues to be done. Thanks, team!

*The Bermagui Community Forum*



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## Wallaga Lake Bridge closure – community update

Members of the Community Forum along with representatives from Four Winds and Sculpture Bermagui, met separately with Transport for NSW on Tuesday 25 July. At that meeting Transport for NSW said they weren't wedded to either Option 1 or Option 2 and would be flexible in their Bridge closure timing to try to satisfy the needs of as many local residents as possible.

The one piece of promising news from that meeting was that Transport for NSW would consider leaving the Bridge fully open in March 2024 to accommodate the Sculpture Bermagui and Four Winds events. They would also consider assisting with media advice and signage on bridge opening times with the theme 'Bermagui is still open for business'.

### Notes from the Public Meeting held 25 July

Close to 200 local residents attended the public meeting hosted by Michael Holland, MP. Kristy McBain, MP, the Mayor and several councillors also



Michael Holland MP and Kristy McBain MP at the public meeting.



At least 200 community members attended the meeting

attended. Transport for NSW reiterated that the Bridge maintenance is essential and must involve the full closure of the Bridge for at least two months to allow replacement of girders and strengthening of central piles. The intention is that the Bridge remains single lane and all timber.

The message coming loud and clear from the public meeting was that locals wanted a new two-lane concrete bridge to better service the town, avoid future bridge closures for maintenance and mitigate exit risks during fires. It should be a much longer bridge that would allow the reduction of the level of silt build up in the lake with the removal of the causeway. This is not on Transport for NSW current agenda, but member for Bega Michael Holland will certainly be taking this message back to the Regional Roads Minister. Notwithstanding, a single-lane timber bridge has a certain level of charm and tourist appeal to many in the community.

*The Bermagui Community Forum*

## Matilda alumni visit Bermagui



From left, Carol, Leigh, Vicki, Jared (Bermagui Beach Hotel staff member), Gill, Renaye and Ella (BBH staff member)

Who amongst us can honestly admit to not having been swept up in the recent Matildamania? We're all experts now on the tactics of offside traps, corner kick strategies and penalty shootouts.

On 3 and 4 August, Bermagui hosted a group of Matilda alumni who were on an excellent, big adventure of a road trip, attending each of the Matildas' games as they travelled. These women are legends in Matilda folklore, having played the game and represented Australia when they actually paid for the privilege to do so. When they were first selected for the Matildas, they were each assigned a number that represented their official place in Matilda history. Leigh Wardell (#11), Renaye Iserief (#26), Vicki Cerny (#27), Carol Vinson (#55) and Gill Foster (#114) made up this revered contingent.

After enjoying a meal at Bermagui Beach Hotel on Thursday evening, it was a quiet night in preparation for the following morning. Not only adept at the world game, the group also contains some very keen swimmers, who, early on Friday, joined the local cohort who swim in Horseshoe Bay each morning. These former Matildas expressly wanted to meet and swim with our very own local ocean swimming personality, Maggi – *footballing legends meet swimming legend* ... everyone was living the dream.



From left, Gill, Maggi and Renaye

*Ima Shiverer*



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## Bermagui Public School report

Bermagui Public School has been a hive of activity this term with sporting events, environmental excursions, STEM competitions, open days and concert rehearsals. Stage 3 students competed with other schools in the Narooma High School RoboRebels challenge day. They built some cool robots and readily showed them off. They worked hard preparing for the event and had a very fun day. Five teams entered the challenges, and three teams took out first, second and third places in the line-following challenge. The winning team received an interesting hand-built Lego trophy to display at our school. Second and third took home a 3D-printed medallion.

We celebrated Public Education Day in Week 3. Many families enjoyed spending time in classrooms with their children. Students were able to show off their magnificent learning and artworks. The whole school made a variety of paper aeroplanes and entered a competition to see whose plane could fly the furthest. Flights took place one class at a time, conditions were a little breezy, but we saw some terrific planes. Mr Constable was a great flight instructor and control tower, ensuring

all planes landed safely (no planes made it onto the roof).

Bournda Environmental Education Centre always offers cool science and art programs throughout the year. During August, a few lucky Stage 2 students were selected to participate in two fantastic programs. One was the Wild at Art competition, the biggest wildlife art competition for children. These talented students investigated threatened species and the unique plants and animals that call Bournda home. The second program was an environmental science program. Students learned about various mini beasts, their life cycles and their habitats. They learned how to safely search for and catch mini beasts before collecting and recording what they found. iPads were used to photograph and record the different species, and then students headed back to the science lab, where they further explored their mini beasts using a high-powered digital microscope from the Atlas of Life. Bournda always provides plenty of fun opportunities for meeting students from other schools.

This term, classes have been working diligently, creating performances for this

year's concert. – writing scripts, making props and practising character lines and dances to impress our families. The variety concert will be held on 12-13 September with three awesome performances. Tickets are available through the school. We hope to see you there.

Our school is fortunate to have some student support for well-being and mental health through the Marymead Horizons program. Marymead provides free support in small groups and to individuals and their families. Support sessions occur at school. More information is available through the school office, or you can contact Marymead directly HorizonsSouthCoast@marymead.org.au or phone 6162 5800. We are currently forming support groups focussing on anxiety, grief and loss, and anger management. We thank Marymead for helping us be the best we can be.

*Michelle Osgood*

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in *The Triangle*!**

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We've all heard about forest bathing and rolled our eyes. I recall three-day bushwalks: knee trembling descents down mountain passes; nervous scrambles up unstable scree; even getting lost and spending the night under a dripping rock ledge in pouring rain. The neuroplastic benefits were only felt after a shower, a hot cup of tea and eating food that wasn't reconstituted.

When I moved to Verona I learnt to slow down in the bush: to just sit and observe. I never slept so well as I did during my time out on Upper Brogo Road. Now, nearly resident in the village, I have come to enjoy quiet sitting, listening and observing in our lovely park in the middle of our village. Sometimes it's just me and the native birds, sometimes travellers sit across from me under the picnic shelter with their homemade sandwiches and thermoses. Other times the park is full of joy with kids celebrating each other's birthdays or playing after school.



**Quaama Memorial Park:**  
Find some quiet time in this lovely park

Why not create some quiet time for yourself here. Bring your own picnic or toss a banger or tofu burger on our free barbie. Or feast on Wild Rye pies and sausage rolls from the Quaama General Store. When you are at the store you can also buy books by local authors. Hot off



**Rose Roberts with her muse Xena who endorses the benefits of Quaama Memorial Park**

the press this month is Rose Roberts's third book on *The Adventures of Duck and Goose*.

If you're here on a Monday, you might see Quaama school kids, hand in hand, cutting across the park on their way to the Quaama Tennis Club. Hans, from Merimbula Tennis, is teaching them tennis fundamentals for the next six weeks.

If you are here on Sunday, 17 September, from 10.00 am to 2.00 pm, you can resurrect your tennis game. Our club welcomes all ages and abilities. There will be hit and giggle games, a barbecue, car-boot sale and songs from the Quaama Choir. Tennis rackets and balls are supplied. You only need to bring your game face and a sense of humour. Contact Di Holmes [johnnanddiholmes@gmail.com](mailto:johnnanddiholmes@gmail.com).

Across the road from the park, a few – but not enough – Quaamese are dedicating some of their time to keeping our beautiful School of Arts Hall at her best at 121 years old. The Hall committee have installed a new hot water system. Still to be completed are supper room renovations, repairs to the

front door, guttering and downpipes, and the ongoing maintenance and care of the gardens and grounds. A few hours of your time, once a week, a month or even every quarter, to help with this work would be greatly appreciated. Contact Glennda on [glenndah@hotmail.com](mailto:glenndah@hotmail.com).

Locals want me to mention that there is a call out from the Social Justice Advocates of the Sapphire Coast for the loan or donation of caravans for the homeless in our area. Contact Mick Brosnan via their website – just type their name into your search engine.

Finally, Paul Sheargold, Captain of the Quaama RFS, urges both villagers and property owners to get ready for a big fire season. We've had next to nothing in the rain gauge and property owners are starting to cart water. It is important to make your property fire ready, have a fire plan and share this information with your neighbours. For more advice head to the RFS Out Station, 1211 Upper Brogo Road for the Quaama RFS Get Ready Day on 16 September from 1.30 pm onwards.

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## Celebrate the joy of knowing Cathy Blake

Former Tinpot, Cobargo and Quaama resident Cathy Blake left her life with us early on the morning of 9 August 2023. Beloved friend, dearest soul sister and conspiratorial auntie to all our mischievous children, she is flying on her quilted, embellished rainbow wings, glamorous and graceful as she embraces her next adventure.

We knew her through her stunning textile art, as a student of her quilting and felting courses, as a member of the many community organisations she was part of, through her unwavering support of fellow artists, as the joyous instigator of wildness and hilarity at so many parties, as the centre of the dance floor and – most of all – as the beautiful friend who shared delight in our happiness and successes and gave heartfelt consolation and care when we needed it most.

Join us on 9 September 2023 from 2.30 pm for an Utterly Fabulous After-party. At 216 Christophers Road, Quaama, the home she shared with her husband and soul-mate Bill. At Cathy's request, we'll say a rowdy and colourful goodbye and laughter-filled thank you to Cathy for gathering so many of us together around her flame. Bring finger food to share that is ready to eat and on compostable or take-home plates. BYO drinks (tea and coffee etc will be provided). Please wear something Cathy-made or, in honour of her support for fellow artists, something



Cathy at the infamous bra show in Cobargo where we were all dancing in the street.

you have made. Otherwise, something colourful and outrageous and of course great to dance in. Musicians, please bring instruments for jamming.

Email [joxamara@hotmail.com](mailto:joxamara@hotmail.com) for more information including camping arrangements for those who need to stay over. You can also email any photos of Cathy that you would love to share.

*Veronica Abbott*

## Team Erin wins Bronze at the Boccia State Finals

Quaama Public School Boccia representatives (Team Erin) went to Sydney on Wednesday 26 July to compete in the State Boccia Finals. Erin, Brookelynn, Zari and Zahli all came home with bronze medals.

What a fantastic result for our amazing Boccia team! Quaama Public School community are very proud that our students progressed so far in this tournament and of our wonderful inspiration, Erin, without whom this result would not have happened.

Thank you to Miss Schelov and Kylie for your support of the Team and a massive thanks to the parents who made the big trip to Sydney.

Congratulations Team Erin on a very memorable performance!

*Daniel Roe*



Zahli, Brookelynn, Zari and Erin

**Come to the courts on  
17 September for  
a great day out**

## Quaama Tennis club is having a **FUN DAY & CAR-BOOT SALE**

- Hit a few balls
  - Browse the car-boot sale
  - Enjoy the Quaama Choir
  - Have a BBQ lunch
- With your friends  
& neighbours**



Come along to the Quaama tennis courts on Sunday 17 September from 10.00 am to 2.00 pm and enjoy some tennis, a car-boot sale and much more.

The tennis courts will be open and stocked up with rackets and balls for anyone to have a hit around if they feel to, join in on the car-boot sale or just browse and enjoy the day.

Car-boot bookings welcome but not compulsory, \$5 per car/stall paid on the day. There's plenty of room for everybody up there.

The Quaama Choir will be performing, doing some old fashioned sing-alongs for everyone to enjoy and even join in if they feel the urge. The more voices the better!

We'll also have a BBQ providing lunch for any hungry visitors.

Contact Beck on 0429 306 761 for more details or car-boot sale bookings. We recommend you set up your car-boot to be ready to go by 9.45am.

Any updates will be posted on Facebook, both on the Quaama Tennis Club's page and on the Quaama Community notice board. See you then!

*Becky Grenfell*

The warm winter days have seen a steady flow of goodies left at the Diggies' Share Shed: rhubarb and asparagus crowns, flax, chillies, oranges, tangelos, grapefruit, Meyer lemons ... and Didi's persimmons have to be the best I've ever eaten. It's a great place to go 'share shopping', and not always for food supplies. Someone with a dam full of Azolla fern, an amazing natural fertiliser and also fantastic for chooks, offered to get three utes full and people were keen. Fifty bags of certified organic layer pellets were delivered to the shed too. Sticky (aka Nick van Stek) reminded us that we are what we eat, eats, 'If you feed your chickens non-organic grain your eggs will have pesticides, herbicides and fungicides in them.' Those bags were snapped up in a few minutes and we will likely do some bulk buying again.

The last two working bees out at Diggies have been cancelled due to rain. We should obviously schedule more working bees! Soon we will meet to spruce up a shed that's been donated for community use, softening the blow recently landed by the Council that I won't rehash here. The new shed is old, but was well built by someone who later moved just a little further up the road. Because of the skill and



The before picture. Watch this space!

care that went into its construction, even the stairs to the mezzanine are solid and the whole structure is sturdy. We reckon one working bee with brooms, mowers, rakes and a chainsaw or two will clean it up, and a following one will patch the metal roof to transform it to as good as new.

After we fix up the old new shed, working bees will be spent helping each other prepare for summer – perimeter clean ups, installing some mister systems and, hopefully, also planting some fire-retardant shelter belts. We hope that using the cooler days in the next few months might make the coming hot days less stressful.

Several of the must-have items on our fire plan lists are so much easier with ten people to help. Knocking them off will help us all get to our nice-to-have lists sooner. As someone reminded us when sharing information on RFS Fire Permits on our community Signal list recently, the window of burning opportunities is running out. Burning now is better than in spring for many reasons, and letting the RFS know before you light up is free, easy and compulsory. Type rfs fire information BFDP into your search engine for more information.

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I have been passed the baton to curate this month's *Tilba Bites*. So much has happened since Stuart and Phillip left on their very big adventure.

Sadly, we just received word that one of our respected community members, Sue Croft (partner to Ray and Mum to Tom, Sam and Wally) passed away on 17 August after a long illness, and so we take time to

honour her in these pages.

It was lovely to see our village vibrant and bursting with great music, tasty food, fun activities for young and old and a string of stalls featuring quality crafts and wares that augmented what the businesses had to offer during the Tilba Festival. Congratulations to Jasmine Bond and the Festival committee members for

their outstanding effort to produce such a positive event.

All in all, August saw the kids happy; the goats cheerful; the cows mellow; the dogs ruling the streets as usual; businesses experiencing generally quiet but steady trade and the community is feeling hopeful for an early, temperate Spring with lots of rain!

## Tilba Public School Report - RoboRebels STEM Challenge Day

In early August, the Years 5 and 6 students from Central Tilba School went to Narooma High School for the RoboRebels STEM Challenge Day. Our school chose to enter the Dancing Robot event. Each team had to build and code a robot that danced to a song and team members had to perform along with their robot. Tilba had four teams: Roast Chicken (Oskar and Ethan), Gritty Kitties (Jack, Leroy and Ryder), Robo Rows (Billie and Abbie) and the Robo Rebels (Tinkabell and Molly).

After each performance, the High School students judging the event interviewed us about how we coded our robot. We competed against other students from Narooma and Bermagui Primary Schools and Narooma and Ulladulla High Schools. This was our first time competing

in this event and, even though we did a great job, we had some tough competition from Narooma Primary School that has been competing in this event for several years. Narooma set the bar high and their performances were amazing.

The Tilba team, Roast Chicken, managed to achieve third place in the Dancing Robot Event. I think it was Ethan's chicken costume and the team's improvised dance move of the worm when our robot fell over that helped us achieve third place.

When teams were not performing, they could participate in other STEM activities including VR, Makey Tetris and Makey Drumming. I achieved the highest score in Makey Feet Tetris.

At lunchtime we visited the library,



Ryder, Leroy and Jack see a different view

made new friends, talked to students who used to attend Tilba School and enjoyed lunch from the canteen. This event helped the Tilba students to become more familiar with the High School, their facilities and the STEM programs they have on offer.

Oskar Mulcahy  
Central Tilba Public School

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### A Very Tilba Christmas – celebrating our local makers, producers and artists

Thanks to a Reconnecting Regional NSW Grant awarded by Eurobodalla Shire Council, Tilba businesses will get a pre-summer boost with a Christmas-themed event during the first weekend in December.

It will be totally free for visitors and stallholders, and creators who hold masterclasses or workshops can sell tickets to their events.

A Very Tilba Christmas will be a great opportunity for a community gathering before the tourists descend! The 'shop local' message will promote Tilba as the 'one stop shop' for Christmas presents and delicious holiday season food and drinks.

Check closer to the date for the final program, but here's the draft program:

Friday evening, 2 December: Choir, Christmas carols and music in the Big Hall

Saturday, 3 December: Bate Street comes alive with a Makers' Market, buskers, face painters, performers and, of course, Santa Claus.

Sunday, 4 December: You can pre-

book workshops and masterclasses by local artists and creators. So far, workshops include kokodema-making, paint and sip sessions, wreath-making, lampshade making, basket-weaving, candle-making and cheese-making.

We need support from the community to make it happen. The grant awarded to the Tilba District Chamber of Commerce includes a budget for a project manager. To lock in makers, producers and performers, we are seeking someone with the relevant experience who can bring a group of people together to help deliver this event.

'This is a new concept, so we can make it whatever we want it to be. It's a really exciting chance for a team to create something really special and different for Tilba,' said Chamber President Susan Gray.

Anyone interested in leading the charge on this can contact Susan Gray at [president@visittilba.com.au](mailto:president@visittilba.com.au) or phone 0435 956 777.

*Susan Gray, President  
Tilba Chamber of Commerce*

### Tilba's Voice Café

The Voice Café, hosted by the Gulaga Reconciliation Group in the Central Tilba Small Hall on Saturday 12 August, was a novel and positive experience of bottom-up democracy.

About fifty people dropped by to chat and listen to each other's thoughts on the upcoming referendum and to share a delicious morning tea.

Many visitors remarked on a display that documented the long history of representations made by Aboriginal people to government and monarchy.

Passers-by stopped to read the referendum question, posted on the outside wall: *A Proposed Law: to alter the Constitution to recognise the First Peoples of Australia by establishing an Aboriginal and Torres Strait Islander Voice. Do you approve this proposed alteration?*

For factual information and to cut through the noise, you can go to the website: [www.voice.gov.au](http://www.voice.gov.au)

*Cathie Muller  
Gulaga Reconciliation Group*

**The Triangle's email is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)**

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or email [denise@nardyhouse.com.au](mailto:denise@nardyhouse.com.au) to find out more.**

# Community meetings to help prepare for a dry summer

## Bushfire Resilience Plan for Central Tilba

Central Tilba and surrounds were threatened by the Black Summer Bushfires of 2019/20. Following initial work undertaken by a community committee that led to a community forum in August 2020, Eurobodalla Shire Council applied for and received funding from *The Bushfire Community Recovery and Resilience Fund* and *Minderoo Foundation* to embark on a review and assessment of all of the timber structures in Central Tilba. That review involved Council, the RFS, NPWS, Minderoo Foundation and the Tilba District Chamber of Commerce and resulted in a detailed Bushfire Resilience Plan for Central Tilba being prepared by *EcoLogical Australia*. It was presented to the community on 30 August in the Tilba Big Hall. Attendees heard what is planned for Central Tilba to better prepare it for future bushfire threats.

*Mark Stubbings*

## Get Ready Weekend hosted by Tilba RFS

The Tilba Rural Fire Service will be conducting a 'Get Ready Weekend' to help locals prepare their homes for the upcoming summer. Everyone is welcome to drop in and chat to the team about establishing your bushfire plan; preparing your property; the pile burn process and to check out the RFS community protection plan maps. They'll be set up outside the Bate Street General Store between 9am and 12.30pm on Saturday, 16 September.

*Chris Weire, President  
Central Tilba RFB*



Be prepared! The Tilba RFS at their information stall.

## Tilba Chamber of Commerce needs you!

There are big changes afoot in the Tilba District Chamber of Commerce.

We are seeking expressions of interest for the roles of Treasurer and Secretary – and any other committee positions – at the next Chamber meeting on Monday 18 September at 5.00 pm to 6.00 pm in the Tilba Small Hall.

The current team has made a huge contribution over the past three years, but our Treasurer and Secretary are over-committed and time-deprived and are both stepping down before the Annual General Meeting to be held on Monday 13 November at 5.00 pm.

If these two positions aren't filled, alternatives will have to be considered – and one of these is, naturally, the potential dissolution of the Chamber.

At present, all four executive roles must be filled by an individual representing an organisation that has an ABN and is a member of the Chamber.

Individuals who are interested in any executive role, but particularly the roles of Treasurer or Secretary, should email [president@visittilba.com.au](mailto:president@visittilba.com.au) or call Susan Gray for a chat on 0435 956 777 before the September 18 meeting.

As the present office holders did a significant amount of work to create really robust systems and processes to manage these functions, they leave them in good shape for the next occupants and will support them with a solid handover and help when needed.

For a detailed description of each of the four executive roles go to the [visittilba](http://visittilba.com.au) website.

*Susan Gray, President  
Tilba Chamber of Commerce*

## Anglican Churches of Bermagui Cobargo and Quaama

### WORSHIP SERVICES DURING SEPTEMBER

**Bermagui - 11 Wallaga St** 3rd, 10th, 17th & 24th at 8.30am

**Cobargo - 5-11 Hoyer Street** 3rd, 10th & 17th at 10.30am

**Quaama - School of Arts Hall** - 24th at 10.30am

**Contact: The Reverend John Thomas Tel: 0427 260 833**



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### Vale Sue Croft

20 January 1952 - 17 August 2023

Early in the morning of Thursday 17 August 2023, surrounded by those she loved most, Suzanne 'Sue' Kay Croft lost what had been a challenging eighteen months' fight with cancer.

Arriving in Central Tilba in the early 1980s together with her partner John Noonan, Sue joined the community during a time of transformation for the town. Their house and antique shop at 13 Bate Street were the first new buildings in the town since WWI, replacing a previous home that had fallen down the hill when a piano was moved out.

During these early Tilba years, Sue was heavily involved in the restoration of the Tilba Halls and the construction of the Harold Spindler playground, a dedicated volunteer at Tilba Primary School and part of the team that founded the *Dromedary Drum* community newspaper.

Moving out to the family property on Wallaga Lake, she continued to raise her three sons, Tom, Sam, and Wal, while living a largely self-sufficient and low-impact lifestyle.

Combining her life-long passion for gardening with an unrelenting drive, she created a beautiful home surrounded by plentiful orchards, and food and flower gardens. Sue was always happiest in her garden that provided her a constant source of sustenance, solace and joy.

While John would lose his own battle with cancer in 1999, Sue found another love and companion with Ray McCarthy,



Vale, Sue Croft

and together they lived a peaceful life at Wallaga surrounded by nature and their many projects. Weekly visits to Tilba to sell organic produce at the markets were some of their happiest times of these years.

Sue's life was defined by beauty and simplicity. She was an inspirational mother, partner and friend and left us with the words, 'I love you all; enjoy the time you have.'

Vale, Sue.

*Tom, Sam and Wal Noonan*

### Tilba CWA double win: Festival success and commitment to ADHD awareness



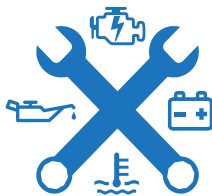
Helen Thompson busy raising money  
for the Tilba CWA at our stall

A huge congratulations to the organisers of the Tilba Festival last month. Tilba CWA was privileged yet again to be part of another successful day in this popular event on our calendar. Hats off to all our CWA volunteers who helped make our stall one of the popular stops for all things baked and bottled! Toffee apples, date rolls and homemade relishes were a big hit. We raised just over \$1,200 which was a fantastic effort! Money raised will be used to support our local community, in particular women and their families.

Tilba CWA will also be donating money to CWA of NSW annual Awareness Week campaign (3–9 September) which, this year, is dedicated to advocating for change and understanding around Attention Deficit Hyperactivity Disorder (ADHD). Around one in twenty Australians has this neurodivergent condition. The social and economic costs of ADHD in Australia are estimated at more than \$20 billion per year (*Deloitte Access Economics 2019*). CWA aims to include more awareness of ADHD diagnoses, in girls and women particularly, for better treatment and support; ways to reduce costs of treatment; and more research into long-term outcomes with the ultimate aim of 'working to make the lives of people with ADHD easier and simpler'. If you would like to learn more or donate to the Australian Foundation for ADHD please visit their website by typing Australia ADHD into your search engine.

Our next meeting will be in the Small Hall in Bate Street on Thursday 14 September at 10.30 am. We would love to see you there for a cuppa and a chat. We're all about friendship, inclusion, creativity, equity, integrity and, of course, lots of laughs!

*Teresa Stubbings, President  
Tilba CWA, 0417 418 447*



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## Meet our newest author – Rhonda Casey

I have known Cobargo over many years and have always appreciated the community's creativity. When we left our beautiful bush home of thirty-four years, Cobargo was the obvious choice to begin our town life.

I've been fortunate to have had many outstanding and interesting experiences. I have had a diverse working life from barmaid to remote area technician and many other positions. Then, I went to university and obtained a degree in Sustainable Land Management. My life changed and I found my passion for nocturnal raptors. This allowed me to work in field studies and fauna surveys. Walking around the bush at night is amazing.

I created a Walking Track guide for Healthy Cities Shoalhaven. It was here I discovered another passion – and that was writing. Back to study and I qualified as an Equine Podiatrist, a challenging and fulfilling vocation.

The need to write became stronger.

I wanted our daughter to understand the history and complexity of our indigenous heritage. *Hessian* was born.

Set in the early twentieth century, *Hessian* is a story of reconciliation, of two women's struggles to find and accept their identities, only to discover that one's joy is the other's worst fear.

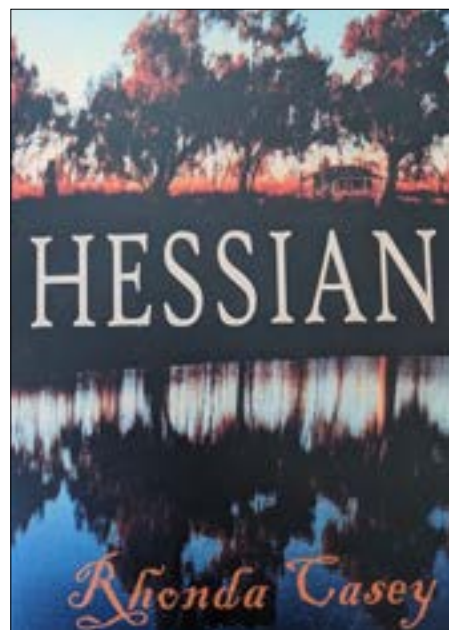
The cover design is by Sally Wilson and a perfect depiction of the story.

It is now time to send *Hessian* into the world, in the hope that it will reveal some of the unseen issues of identifying as a First Nations person.

I hope that *Hessian* will contribute to this knowledge and help readers understand why the referendum is needed and that we need to take this opportunity to give First Nations people a Voice.

*Hessian* is available from Sally's shop in the Cobargo Business Hub, from Well Thumbed Books and on Facebook under *Hessian*.

Rhonda Casey will launch her novel



*Hessian*

and speak at Well Thumbed Books on Saturday, 16 September at 10.30 am.

Rhonda Casey

## Paul Dean's composition for an orchestra of emerging artists and professionals

This September, Australian composer, clarinetist, teacher and former Four Winds Creative Director, Paul Dean, is coming back to Bermagui to make musical magic.

Paul is a phenomenal talent, winning the 2022 Paul Lowin Orchestral Prize for 'Symphony No 1, *Black Summer*' and on 15 August, he won the 2023 APRA AMCOS Music Award for Work of the Year – Large Ensemble. Paul works alongside his equally brilliant partner, cellist Trish Dean, as co-Artistic Directors of group Ensemble Q, whose mission is 'virtuosic integrity and a dedication to the performance of undiscovered masterpieces'.

Four Winds Concerts has commissioned a work that can be performed by fresh young music students and seasoned professionals alike, in a joyful and spirited community moment.

The work will be written and rehearsed during a residency at Four Winds this month, and the outcome performed for the public at a delightful spring youth music festival hosted by the organisation at Barragga Bay this November.

Four Winds *Create and Inspire* Director, David Hewitt, says of the commission, 'This is such a unique opportunity for aspiring and experienced

musicians to come together. I was thrilled when we conceived this idea and can't wait for the musicians and audience to be moved by it at the Youth Festival.'

Ensemble Q will be performing as a smaller chamber orchestra inside the Four Winds Windsong Pavilion on Saturday 23 Sept at 2.00 pm (doors and bar open from 1.30 pm). Tickets are \$55 General Admission, \$45 Concession and 16 and under are free.

Bookings can be made on the Four winds Bermagui website or head to their socials @fourwindsau.

Madison Phillips



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## *Drought and Other Plays*



Heather Keens, Zsuzsi Soboslay, Caroline Simone O'Brien, Craig Alexander, Christopher Samuel Carroll and Holly Ross Photo credit: Dianna Nixon

Coming to the Cobargo School of Arts on Saturday, 23 September at 2.00 pm, Music Theatre Projects presents *Drought and other Plays* by Millicent Armstrong.

Featuring six wonderful actors, our show focusses on the art of pure storytelling, in works by a WW1 soldier settler farmer, Millicent Armstrong. Two of the plays reflect the realities of rural life – *Drought*, a tragedy set during the Federation drought, and *At Dusk*, centred on sexual violence. There is *Thomas*, a superbly constructed domestic comedy, laugh-out-loud funny; and the dark melodrama, *Penny Dreadful*.

*Drought and Other Plays* by Millicent Armstrong is performed in a rustic setting, with no set, very few props and neutral costuming. We perform in the available light, accompanied by a cinematic soundscape. Three of the plays are staged as dramatic readings, the fourth in a more fully realised setting. But this is not 'just a reading'. You will be taken on a visceral, moving, sometimes shocking but always highly entertaining journey.

Audience feedback so far:

'We enjoyed each of the plays and were impressed by how quickly the cast was able to transport the audience into each story, given that the plays were so short. This was enhanced by the atmospheric

sounds and music, that really helped fire the audiences' imagination. The final play *Drought* was particularly poignant and, for people like us, who have lived and worked all their lives on the land, it was extremely powerful and very moving. The difficult subject matter was handled with great sensitivity, but with maximum impact.'

'In the play *Drought*, we were presented with a powerful tragedy with a farmer as the central character. The play moved me and my companions deeply and has stayed with me for months.'

Strictly for ages 15 years and over, due to the mature content.

Bookings: 123tix (Use the QR code)

Dianna Nixon



## Theatre at the Murrah Hall

I recently had the pleasure of watching Howard Stanley performing his one-man play *I just want to dance with words* at the Murrah Hall.

Howard's inspiration for this little gem of 'salon' theatre is a collection of short stories by the Swiss writer Robert Walser. Howard was working in a bookshop (many years past) when his boss tossed him the slim volume saying '... there's a play in here for you.' The idea gestated and the work was born. That was some years ago, 1982 in Melbourne, but Howard clearly felt its heart still beating and worthy of another life, this time in the bush.

This production, directed by Adrian Guthrie is simple. With very few elements of set and costume, Adrian and Howard create a little world in which naïveté and profundity illuminate and intrigue the audience. With an old tin bath, a washing line, a sheet or two and a crumpled suit of clothes Howard does what the theatre asks of actors ... he plays.

For seventy minutes, Howard's nameless character (perhaps essentially and eccentrically Howard, perhaps Walser?) deftly and lightly interrogates the challenges of life's conundrums, prosaic and existential, personal and universal.

Howard's performance is engaging, empathetic and, at times, mesmeric as he breathes life into a daisy-chain of short stories. His unique physical imagery (Eastern European 'poor theatre' in flavour) invites the imagination of his audience into his tiny world. This is the magic of theatre.

Howard is a veteran of the theatre, particularly of the small venue/intimate kind. Both the production and his performance, it was/is very much a collaboration.

For some years, as President of the Murrah Hall's governing body, Howard has worked tirelessly to improve the facilities of the hall for audiences and performers alike. It is wonderful that he is now finding a fresh energy reviving his own performing career.

If you hear *I just want to dance with words* is playing again nearby, it will be because he's embarking on a 'small hall tour'. Get along, support our local talent and give Howard a good send off.

Patrick Dickson

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## Forest Theatre



Forest Theatre – sound and vision.

My name is Richard Cooke from Central Tilba. I have resided on a property, off the Punkalla-Tilba Road, of high-quality forest adjacent to State Forest since 2009, where we built an eco-sustainable, straw-bale residence and recording studio.

Living on the side of Gulaga Mountain, I have been both inspired by the natural beauty of such a unique environment but also affected by the pressures on biodiversity in the region. As a longtime songwriter and music producer, it has been a natural process for me to write songs (many about this place) that I eventually fed into a unique live music and cinema show called *Forest Theatre*.

This project has been performed by an eight-piece live band with projections at the Candelo and Tilba Festivals to a great response but, finally, will be performed in an actual cinema at the Narooma Kinema as part of the River of Arts Festival on Saturday, 16 September at 7.30 pm.

This show was born out of a deep concern for the declining health of our local NSW forests and their ability to support biodiversity, particularly of our more threatened flora and fauna species due to logging, private clearing and climate-change induced bush fires. I live surrounded by a uniquely sensitive region of State Forest that has inspired the body of original work that constitutes much of the *Forest Theatre* performance.

So far, the audience response to the show has included a positive awakening and deeper understanding of our environment through the more creative and artistic approach of *Forest Theatre*. The show's compositions extend beyond conservation issues by also exploring the healing and enriching power that connecting with nature provides for us all.

Tickets are available at the door or online at [www.naroomakinema.com](http://www.naroomakinema.com).

Richard Cooke  
[www.sanctuarysound.com.au](http://www.sanctuarysound.com.au)

## The Murrah celebrates 120 years!

The Murrah Hall is 120 years old this year and is ready to celebrate with you, your friends, families and communities, the totally local largesse and music excitement that is a feature of being here.

Regarding this special birthday, Howard Stanley, Murrah Prez has said, 'The Murrah Committee acknowledges the emerging paradox of the community's need for entertainment fun and the unfortunate now and future fact of limited budgets and reduced discretionary spending along with rising entry prices hence the \$20 entry fee – and low-priced BBQ. The Hall is for community, not for profit. This event represents the best value entertainment spend of the year.'

### Afternoon outside, 3.00 pm

Shunning the current festival trend of multiple, multi-loud stages, tents, third-party vans, generators, designated consumer tags and trucks, the Murrah keeps it simple for a family, kids and friends event using the now radical approach of one thing at a time plus BBQ chill out. Be welcomed into the space with Marco Solo's haunting banjo/drum combo. Then the exciting Djembe Forte African Drummers. And in the supper room: Inside stories for families and the young with the captivating Noisy Nonna and her Japanese inspired kamishibai, a focused story-telling tool that deepens a young audience's engagement.

### Evening inside from 6.00 pm till late

Headlining the night is the amazing band, Goldie, who debuted with an initial



Get on down with Goldie!  
Photo: David Rogers photography

big set at the Hall and has since gone from dance strength to dance strength. The supporting acts represent three generations of local music. Lillian McVeity's first Murrah gig was as an onstage toddler sitting under her mum, Candy McVeity playing piano accordion for a Murrah benefit in 2004 – as then as now – she looked totally at home. The reclusive Martin Fowler is one of the greatest singer songwriters of ... pretty much anywhere. The Gulls do ska like you've never heard before, blues with the Welcome Strangers and Mister Rees introduces multiple 30's generation players of abandon into a sculpted musical force. Then Goldie and then Techno DJ:Dron Skot. And, throughout all of this, Scott Baker's applauded projections adding atmosphere to an enlivening evening, peppered with commentary from compere, Hilda!

Murrah Hall, Saturday 9 September, 2023 3.00 pm till late. Gate entry: Only \$20 (card or cash), all kids free.

Online: Search for South Coast Tickets, look up events and find Murrah Hall's 120th birthday.

*The Murrah Hall*

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## Cobargo Creators News

Spring is just around the corner and there are plenty of creative events coming up to encourage you to get out and about in Cobargo.

With 91 entries, this year's 8xEight Exhibition is an art lover's delight. If you haven't been in to view it yet, you'd best get your skates on – the Exhibition closes on Saturday the 9 September.

Coinciding with Cobargo School's 150th anniversary celebration, Cobargo Creators will showcase the creative talents of students from all the primary schools in the Triangle area. Students' art and creative work will be on display in the Cobargo School of Arts Hall on 16 and 17 September. The Hall will be open between 9.00 am and 3.00 pm and the proceeds from the gold coin entry fee will be divided between the participating schools.

Avril Makula will return to Cobargo to present another amazing bookmaking

workshop. Folded/Stitched will be back in the next couple of months to present another amazing bookmaking workshop. Email or call for more information.

We also have two Featured Member Exhibitions coming up in the Cobargo Creators Gallery. From 30 October until 11 November, you will be able to enjoy the talents of master upholsterer and furniture reviver, Will Hughes. And from 29 November to 2 December, Ian Camp will impress you with his creative approach to working with wood.

From September our normal opening hours will be Sunday to Friday 10.00 am - 2.00 pm and Saturday 9.00 am - 1.00 pm.

For more information about these events or Cobargo Creators in general, contact Glenda on 0408 411 956 or by email [mail@cobargocreators.org](mailto:mail@cobargocreators.org).

*Glenda Heino*

## Shadows Exhibition at Spiral Gallery Bega from 22 September - 18 October

Playing with illusions is the delight of the artist. In this group exhibition a range of creative expressions explore the real and whimsical worlds of light and dark; the life behind or a place to hide; the echo of objects across a room; optical illusions; the puzzle of a mirror and its reflections; patterns cast on surfaces. A visual playground in various media – be ready for surprises.

All welcome to the opening on Friday 22 September at 4.00 pm. Spiral Gallery, 47 Church St, Bega. Mon-Fri 10.00 am to 4.00 pm, Sat 10.00 am to 1.00 pm.



*Shadows* Image by Kim Falkenmire

Phone: (02) 6492 5322 or visit the Spiral Gallery, Bega website.

## Panboola:Renewal

*an exhibition by Hilary Peterson*



*Around Panboola* by Hilary Peterson

This exhibition is a new work exploring the reclaimed estuarine and freshwater wetland area in Pambula on the lands of the Yuin Nation.

Panboola provides important breeding and nursery areas for a large range of animals including birds, fish, invertebrates, echidna, kangaroos and provides roosting habitat for flying foxes.

The exhibition pays tribute to the importance of the local community and the ecological contribution many volunteers have made to ensure the longevity of the world through nurturing this habitat.

In 2021, I was awarded the Joyce Spencer Textiles Fellowship for regional NSW artists to develop a new body of work. I began my career as a commercial textile designer later transitioning to fine art. In the two years since receiving the fellowship, I have spent many hours walking Panboola, in Pambula, NSW, absorbing the atmosphere and changing colours through the seasons, inspired by them all. I've used fabric, paper, local plant dye, varied printing techniques such as sublimation, lino, stencil and monotype, painting, and drawing. Collaged together and integrated with stitch and embroidery to capture the environment, recording Panboola's reclaimed wetlands, their diversity, unpredictability and fragility. The works range from large to smaller wall pieces, as well as artist's books.

The exhibition will be opened by Alexandra Seddon on Saturday, 2 September at 11.00 am.

This project was supported by the Joyce Spencer Textiles Fellowship.

At Spiral Gallery from 1 to 20 September  
47 Church St Bega. Mon-Fri 10am-4pm,  
Sat 10am-1pm. Ph (02) 6492 5322

[www.spiralgallery.org.au](http://www.spiralgallery.org.au)

*Hilary Peterson*

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|---|-----------------------------|
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| Sat 9   | Val Moogz (AKA Hannah Mask) |
| Sun 10  | Zoe Jeanne                  |
| <b>Fri 15 16.00 - Ticketed Event</b>                    |                             |
| <b>Ash Grunwald w/- Benji Fowler &amp; Changoo Tree</b> |                             |
| Sat 16  | Tyler Hauptburger           |
| Sun 17  | Bryan Howson                |
| Sat 23  | Minh Ha                     |
| Sun 24  | Bryan Howson                |
| Sat 30  | Punkalla Holler             |

Located 8 km south of Narooma or 4 km north of Central Tilba  
Follow us on Facebook & Instagram for upcoming events

## Bermagui to host Melbourne International Chamber Music Competition winners!



Affinity Quartet, music in motion - Photo by James Grant, Musica Viva Australia

If you haven't yet heard the Affinity Quartet, you're in for a treat. This group of dynamic, talented performers have spent eight years together honing their craft, leading to an incredible slew of awards. Recently at the Melbourne International Chamber Music Competition they took home the Monash University Grand Prize (\$30,000), the Robert Salzer Foundation String Quartet First Prize (\$30,000) and the Audience Prize for String Quartet (\$8,000). In the Competition's 32-year history, no

Australian group has ever taken home the Grand Prize, making this a truly extraordinary moment for Australian ensemble Affinity. The Quartet will be hosted by Four Winds Concerts, inside their stunning Windsong Pavilion at Barragga Bay. Four Winds specialises in exceptional music experiences, often blending classical form with First Nations voices, young emerging musicians and powerful storytelling. You can witness the strength and grace of Affinity on Sunday

3 September at 2.00 pm (doors and bar open from 1.30 pm). They will be performing works from Wolfgang Mozart, Leoš Janáček and Felix Mendelssohn.

Tickets are \$55 General Admission, \$45 Concession and 16 years and under are free. Bookings can be made via the what's on section of the Four Winds, Bermagui website or head to [socials@fourwindsau](mailto:socials@fourwindsau).

*Madison Phillips*

### *Spotted gums revisited*

Soon after my last exhibition at The Lazy Lizard in Easter 2022, I went to the spotted gum forest at Bermagui. I did some quick sketches. My aim was to figure out how to represent a forest of tall trees. I liked the idea that they shed their bark annually. These paintings revisit that time. I wanted to capture something of the spirit of the forest rather than the actual details.

The graphic possibilities of a forest are challenging. The process of reworking helps bring out the shapes. My mother, Margaret Dredge, was an abstract expressionist. Some of her paintings are in the Shoalhaven Regional Gallery in Nowra. My mum worked in the studio from her imagination, but I like to spot something first.

I will be exhibiting in the Side Room for the month of September at the Lazy Lizard Gallery, Cobargo.

*Rhonda Dredge*



Spotted gums

## Richard Lawson

Richard Lawson is a new voice in the musical landscape straddling the three worlds of rock, electronic ambience and classical music.

Richard is the triple ARIA-nominated former drummer for Australian punk rock legends the Lime Spiders and is a multi-instrumentalist, composer, festival director and teacher of over three hundred students since leaving the band. He has explored all musical possibilities from 70s art rock, folk to electronica and ambient/classical crossover including soundtrack work. He has an impressive catalogue of over sixteen LPs and EPs from his first solo adventure in 1995 up until 2023 with his *Retrospective* and *Selected Ambient* CDs.

Four Winds festival favorites, the Acacia Quartet, have won great respect for their versatile and inventive programs over thirteen years. Acacia has recorded twelve albums, with *Blue Silence* earning a nomination for an APRA-AMCOS Art Music Award for Excellence. Their works are featured on radio all over the world.

Richard has been performing and touring all over NSW regularly and now, with the kind assistance of Create NSW and Four Winds Festival, Acacia Quartet and Richard were able to meet up in August. They rehearsed and recorded at the stunning acoustic wonderland of the Windsong Pavilion in August 2023.

The resulting work, *Idea of home*, a seven-piece tone poem is based on a poetry cycle by Australian author and poet, Elizabeth Walton, and will be available from October 2023 on Spotify, YouTube and Apple Music.

For more tour dates and details contact Richard on email



Acacia Quartet with Richard Lawson on the far right  
at Windsong Pavilion, Four Winds, Barragga Bay

(richardlawsonmusic@gmail) or call 0447 036 783. There is also a website, richardlawsonmusic.com.

Richard Lawson

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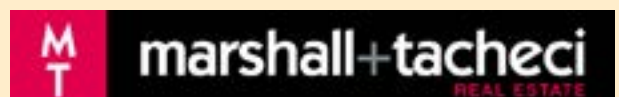
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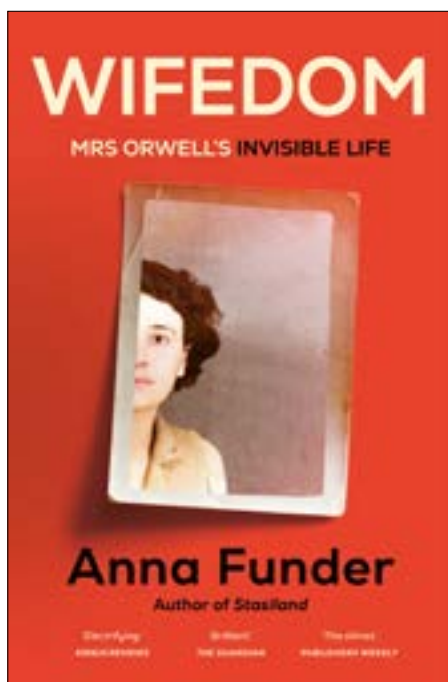
## ***Wifedom: Mrs Orwell's Invisible Life*** **Anna Funder** **Penguin RRP \$36.99**

Two new arrivals have filled our TV screens, newspapers and social media during the last month. And both use the word patriarchy a lot! Both have feminist messages. One is the *Barbie* movie. The other is Anna Funder's *Wifedom*, which has had more publicity, both pre- and post-publication, than any other recent book. Funder has been interviewed widely on 7.30, *The Drum*, *Conversations*, the *SMH* and at numerous Writers Festivals. *Wifedom* has been reviewed in most major newspapers, both here and overseas.

So, what is all the fuss about?

Anna Funder trained as an international human rights lawyer and has held fellowships in Berlin and New York. She is the author of *Stasiland* and *All That I Am*.

As we are told in the personal memoir part of this book, Funder was working on a deadline, writing a film script for *All That I Am*, when her highly privileged world started to fall apart. Her architect husband, her three children, a stream of visiting relatives, house repairs, a depressed French exchange student and, finally, the supermarket were dragging her away from her deadline. She felt crushed by 'the motherload of *Wifedom*' and, as anyone would do, turned to the collected works of George Orwell for solace. She then read all six biographies of Orwell, all written by men. And the question came.



Where is the wife in this?

Where is Eileen O'Shaughnessy?

The answer took her six years to uncover and this book is the result. It is part memoir, part biography, part fictional biography, part cultural critique and part feminist polemic. And raises the old unanswerable question: do we, can we, should we separate the art from the person?

Funder does find Eileen. She is brilliant, an Oxford graduate, witty, whimsical and self deprecating. A treasure of newly-discovered letters from Eileen to her best friend and the writings of friends and contemporaries fill out a picture of this woman who clearly played a role in Orwell becoming the writer he was.

She twice saved Orwell's life in

Spain. Orwell writes, in the passive voice '... the visas were obtained and we could leave Spain'. He doesn't mention that Eileen obtained the visas by risking her own life. When and if she is mentioned, it is only as 'my wife'. She is not named.

Eileen was his editor, typist and the main bread winner. During WW2, she worked at the Ministry of Information, writing morale lifting propaganda about which she would tell Orwell. Was this the inspiration for *1984*? She studied under Tolkien and loved folklore. She told whimsical stories about the animals she tended on their farm. She and Orwell discussed *Animal Farm* every night. Did she part write *Animal Farm*, the novel that made his name and brought money in for the first time?

Orwell was continually sexually unfaithful, often with her friends, leaving her even more isolated. Both contemporaries and biographers say that he 'pounced' on women. Is that a euphemism? Why did she stay? Was it because she believed in his work?

Eileen died during an operation for uterine cancer aged 39. Orwell was away (unnecessarily?) observing post-war Europe although he knew she was having risky surgery.

Does the book, showing Orwell's patriarchy and disregard for his wife diminish the work? Each reader will respond differently.

His work is wonderful and important. As Funder said in an interview, 'We can hold the man, the work, the wife and the life, together in our minds at the same time.'

## Pet of the month

Kerri Brady

Skye is four years old and a calm and friendly girl. She has a lovely medium-length blue tabby coat with very smart white markings, though it is looking a little scruffy at the moment due to a necessary haircut! A gorgeous girl who would make a lovely companion or family pet. She will cost \$250. Please call 0400 372 609 (phone hours are Monday to Friday 9.00 am – 5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed and treated for ticks and fleas. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to be

suitable to meet the needs of the dog and have secure dog-proof fencing. You can view available animals on our Facebook page – Animal Welfare League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption). If you would like to become a member, please call 0400 372 609. If you have lost or found a companion animal, please call the BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise



the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

## Spring fever

Whether you subscribe to the meteorological view that it begins on the first day of the month or to the astronomical view that it begins on the vernal equinox on the 23rd day of the month, September brings us into the season that many consider the beginning of the gardening year, namely spring.

This is our favourite time of the year to get plants into the ground. Planting or re-potting this month means that plants will be ready to get growing as soon as the weather really begins to warm up. We have loads of cuttings taken at the end of last summer that are rooted in pots, so we'll be taking the opportunity this month to plant them all out and fill in a few gaps in our garden.

Another important September job is to fertilise all your plants, whether they are in pots or in the ground, inside or out. Feed everything you can with an appropriate fertiliser applied to the manufacturer's specifications and, if you can, double down with a combined tonic of liquid fertiliser and seaweed extract from the watering can to really speed things along. If you love mowing the lawn, now is also a great time to feed that too.

Don't forget that lush spring growth also appeals to a number of herbivorous insects, so keep an eye out for any infestations of sap-suckers, such as aphids, and leaf-eaters, such as caterpillars, both of which, if they remain unchecked, can reduce a plant's vigour and weaken it. If caught early, you will have more chance of overcoming any such pesky pesty problems.

Around the town gardens, spring is yet to make a full splash at the time of writing, however some of the *Prunus* spp. (cherry blossom, plums etc) are beginning to put on a show, as are some of the deciduous magnolia trees and the *Jasminum polyanthum*



*Pyrostegia venusta* (orange trumpet vine)

(common jasmine). The spectacular flowering vine *Pyrostegia venusta* (orange trumpet vine) has also been a stand-out these last few weeks.

With 1 September being National Wattle Day, it is nice to see several *Acacia* species obliging and beginning to light up the greenery with a golden flush in the wild places on the sides of the road around the Triangle. Of particular interest, is the highly-restricted population of the locally endemic *Acacia pedina* (Bermagui golden wattle), which was only first described in 1999, that is currently putting on a show out in the local State Forest and Nature Reserves around the town.

This month in the vegie garden, the season reopens on sowing for some of our favourite root crops such as beetroot, carrots and swedes, as well as celery. If you are feeling particularly optimistic you could try starting some capsicum/chilli, eggplant or tomato seeds if you can keep them nice and warm under a cold frame or on a heated pad and bring them inside during the evening. Otherwise, continue with the onions, peas, potatoes and silverbeet.

Finally, if you have any comments, gardening questions, plant or pest identification queries, please send them through to [gardening@thetriangle.org.au](mailto:gardening@thetriangle.org.au) and we will endeavour to help.

Happy growing!



*Acacia pedina* (Bermagui golden wattle)

### Visit our Website

browse the current issue in full colour  
plus back issues, recipes, book reviews, and  
gardening tips [www.thetriangle.org.au](http://www.thetriangle.org.au)

## Well Thumbed Books

Quality second-hand books.

Fiction, non-fiction,  
children's books plus more.

Find us at

51 Princes Highway, Cobargo

Mon-Fri: 10am to 4pm,

Saturday: 9am to 1pm



## Saucy Bits, Citrus Season

Recipes from *Marmalade*, a cookbook and more.

Some years ago, I wrote a little cookbook called *Marmalade*. No, it's not just about marmalade, although that is included, rather a collection of much-loved recipes from my time spent at this Italian-style villa south of Bermagui with my 'patron'. Many happy hours were spent in her flower-filled courtyard cutting up fruit from her orchard and making marmalade.

A couple of recipes follow, basic but favourites.

### Marmalade



My approach to making marmalade is fairly basic, probably because I often had buckets of fruit to deal with. Arm yourself with a board, a large bowl for cut-up fruit and a smaller one for seeds and pith, and a good sharp knife. A towel for under the board is handy as this job will get messy.

Prepare fruit: cut into small pieces with not too much pith, it's really the skin you need. If I am juicing fruit regularly, I save the skins, put them in the freezer and take them out when I'm making marmalade. Save your pips in a smaller bowl.

Cover the fruit in the bowl with just enough water to cover, don't drown, along with the pips tied in net or muslin. You'll get lots of pectin from these that helps set the marmalade.

Next day, measure the contents into a saucepan and add the equivalent weight of sugar. Slowly bring to the boil, stirring to dissolve sugar then turn down to a gentle simmer. Enjoy the citrus aroma in the kitchen while the marmalade cooks for at least an hour, testing now and then with a dollop on a plate to see if it is setting.

Prepare jars ... this is important. Place clean jars into the oven on low for ten minutes. Gently fill clean jars with hot marmalade and seal with lids that have been boiled.

Use the next two recipes to make your own limoncello version of *tira mi su* ('pick me up'). Apologies to the purists.

### Limoncello



Peel rind off 6 large thick-skinned lemons. Not too much flesh. Buy a bottle of vodka. Put half of the vodka in another similar clean bottle. Stuff the lemon rind into the two bottles. The vodka should cover the rind. Seal and set aside for a week. No nipping!

Make a syrup with 3 cups sugar and 4 cups water. Bring to the boil and stir till sugar is dissolved, simmer for five minutes till it's a little syrupy. Combine this syrup with the lemon-infused vodka and stir well.

Strain, then decant into smaller clean bottles and seal. Set aside for about 14 days.

Drink as a liqueur or chilled, poured over ice and topped with soda or tonic, or give it away.

### Lemon Butter



Melt 250 g butter in a large bowl over a saucepan of simmering water. Add 4 cups caster sugar (or coconut sugar) and stir till dissolved. Add grated peel and juice of 6 lemons, then 6 eggs well beaten. Stir all together over the heat till mixture thickens and coats the back of a spoon.

Put into sterilised jars and keep in the fridge – great to use for desserts or cakes or a spread.

Prepare a special *limone mi su* using your lemon butter combined with mascarpone as the filling for the sponge fingers that are brushed with limoncello.

Layer all together and leave to infuse all those flavours for a couple of hours at least.

Enjoy these lemony recipes while lemons are at their best.



# COMMUNITY NOTICES

Community Notices are advertised in *The Triangle* for non-profit groups free of charge. If your organisation would like to be listed or if details change, please contact us at: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## BERMAGUI U3A

(University of the Third Age)  
Lifelong Learning Opportunities  
For a full list of courses and timetable visit:  
[www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au)

## CATHOLIC CHURCH

Weekend Mass times.  
Bermagui - Sun 7:30am Cobargo - Sat 5pm

## COBARGO AND DISTRICT ENERGY TRANSITION GROUP INC (CaDET)

Email - [renewablecobargo@gmail.com](mailto:renewablecobargo@gmail.com)  
[www.renewablecobargo.com](http://www.renewablecobargo.com)

## COBARGO COMMUNITY ACCESS CENTRE

Unit 5 & 6 / 48 Princes Highway, Cobargo  
Open Tues, Thurs and Fri 10am-3pm  
[cobargoreliefcentre2550@gmail.com](mailto:cobargoreliefcentre2550@gmail.com)  
Ph: 0493 671 117

## COBARGO CREATORS

Established in 2012, a volunteer-run, not-for-profit art collective. Manages the Cobargo Creators Art Gallery. New members and volunteers always welcome! Committee meets monthly. email: [mail@cobargocreators.org](mailto:mail@cobargocreators.org)

## COBARGO CWA

Meets in the CWA Rooms, 20 Bermagui St  
2nd Tues of the month, 10.30am.  
[cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com)  
Cottage Hire 6493 6428

## COBARGO DISTRICT MUSEUM

The Cobargo Museum: researching local history, old photos & information.  
New members welcome.  
Contacts: Vicky Hoyer 0422 377 278  
Bev Holland 0408 280 024

## COBARGO PRESCHOOL

Child centred, play based preschool education for 3-5 year olds.  
Mon - Thurs during school terms  
0455 043 489 [cobargopreschool@gmail.com](mailto:cobargopreschool@gmail.com)  
[www.cobargopreschool.com.au](http://www.cobargopreschool.com.au)

## COBARGO QUAAMA BUSINESS RECOVERY GROUP INC (CQBRG)

New Members Welcome!  
Enquiries: CQBRG Secretary Ph: 0418 361 781  
[cqbrgroup@gmail.com](mailto:cqbrgroup@gmail.com) [www.cqbr.org.au](http://www.cqbr.org.au)

## COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries  
phone Kathy Rix 0488 048 701

## COBARGO SCHOOL OF ARTS

Hall bookings and inquiries:  
Linda 0407 047 404 / [cobargohall@gmail.com](mailto:cobargohall@gmail.com)

## 1ST COBARGO SCOUT GROUP

Children 6 - 18yrs. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall.  
Contact Graham Parr on 0429 936 795.

## COBARGO SHOW MEETING

Monthly 2nd Wednesday, 7.30 pm - Cobargo Showground dining hall. Contact Naomi 0417 456 354 [secretarycobargoshow@yahoo.com.au](mailto:secretarycobargoshow@yahoo.com.au)

## COBARGO TOURIST & BUSINESS ASSOC

Meets every 2nd Tuesdays, 6pm @ the CWA cottage. Contact: Janet Doolin 0409 033 828

## DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. Contact Nick van Stek, Pres. 0439 361 118 or Felicity Ruby, Sec. 0452 161 673

## MOBILE TOY LIBRARY

& PARENTING RESOURCE SERVICE  
All parents of children 0-6 welcome to join.  
Enquiries: 6496 1918

## OPEN SANCTUARY AT TILBA TILBA

Meditations, discussions,  
guest speakers & special events.  
[opensanctuarytilba.org](http://opensanctuarytilba.org) and on facebook.  
Contact: Linda Chapman 0422 273 021

## QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework.  
Lorraine James 0459 022 368  
or Leanne Tett 0408 627 103

## QUAAMA MEN'S SHED

Meets Weds from 10am, 20 Bermagui Street  
John Preston (President) 0429 179 184  
Ron Higgins on 0408 788 528.  
All men are welcome.

## QUAAMA PROGRESS ASSOCIATION

New members welcome. Phone: 0408 411 956  
[quaamaprogress@gmail.com](mailto:quaamaprogress@gmail.com)

## QUAAMA RENEWAL PROJECTS

[quaamarenewalprojects@gmail.com](mailto:quaamarenewalprojects@gmail.com)  
Phone: Veronica 0437 263 128  
[www.facebook.com/quaamarenewal](http://www.facebook.com/quaamarenewal)

## QUAAMA SCHOOL OF ARTS

Hall bookings and inquiries:  
Call 0408 411 956  
[quaamahallbookings@gmail.com](mailto:quaamahallbookings@gmail.com)

## SOAPI COMMUNITY THEATRE

School of Arts Players Inc (SOAPI) writes, produces and performs theatre in the region. 10 years to adult. No experience necessary.  
Facebook @SOAPitheatre or call  
Robyn Freedman 0410 525 968

## TILBA CWA

Meeting 2nd Thursday of the month, 10.30 am  
Tilba small hall, Bate Street, Central Tilba  
Contact: Teresa Stubbings 0417 418 447

## TILBA MARKET

Home grown, Hand made,  
Grow it, Make it, Sew it, Bake it.  
Every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential. Phone 0490 130 478.

## TRIANGLE TOOL LIBRARY

Behind the Cobargo Co-op  
Open 9-12 on Tues, Fri and Sat  
[www.triangletoolibrary.org.au](http://www.triangletoolibrary.org.au)  
Lynn 0411 432 533 or Nacre 0419 425 208

## UNITING CHURCH SERVICES

Narooma - Sundays at 9am, 134 Wagonga St.  
Cobargo - 2nd Sunday at 11.00 am.  
4th Sun Prayer & Praise (ecumenical) at 11 am.  
38 Bermagui Road, Cobargo  
Phone Di: 4476 2024 [mttdromedary.uca.org.au](mailto:mttdromedary.uca.org.au)

## THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year.  
Details at [www.cobargofolkfestival.com](http://www.cobargofolkfestival.com)  
Ph. Secretary Carolyn Griffin 0400 391 324,  
Treasurer Zena Armstrong 0402 067 615 or  
email [info@cobargofolkfestival.com](mailto:info@cobargofolkfestival.com)

**ALCOHOLICS ANONYMOUS**  
Bermagui Saturdays 2pm at the Anglican Church Hall, Ph: Dave on 6493 5014

**ANGLICAN PARISH OF COBARGO**  
Bermagui: All Saints - every Sunday 8.00am  
Cobargo: Christ Church -  
1st, 2nd, 3rd Sundays 10.00am  
Quaama: Quaama School of Arts Hall -  
4th Sunday 10am  
Ph: The Reverend John Thomas 0427 260 833

**ANIMAL WELFARE LEAGUE**  
Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

## BERMAGUI BAPTIST CHURCH

West Street, Bermagui.  
Family Service Sundays 10.00-12 am  
All Welcome.

## BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.  
CWA Rooms, 10 Corunna St, Bermagui.  
Contact: Mrs Kathryn Preston, 6493 5887  
[kfp Preston@bigpond.com](mailto:kfp Preston@bigpond.com)

## BERMAGUI DUNE CARE

Meets on the 3rd Sunday of each month  
Contact: [bermaguidunecare@skymesh.com.au](mailto:bermaguidunecare@skymesh.com.au)

## BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon,  
venues vary. Phone Christine 0400 301 040

## BERMAGUI HISTORICAL SOCIETY

Museum Open Tuesdays 10am - 2pm.  
Researchers & helpers welcome.  
Contact Allan Douch 0428 427 873  
or Dave Cotton 6493 5014

## BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs  
each month at Cobargo Hotel & 3rd Thurs at  
Bermagui Country Club at 12 for 12.30 pm  
Enquiries: Geoff 0407 164 466

## THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the  
Bermagui Red Cross. Gary Stevens, 6493 6581.

## BERMAGUI MEN'S SHED

Meets Tues, Thurs & Sat from 10am @  
new shed adjacent to the council depot on  
Bermagui Tathra Rd. All men are welcome.  
Contact Ian Bailey 0409 691 458

## BERMAGUI PROBUS

Probus provides an opportunity to meet  
with fellow retirees on a regular basis, listen  
to interesting guest speakers and join in the  
company of new friends.  
Meets at 10am to 12pm on the 2nd Monday of  
each month at the Men's Shed meeting room.  
Bermagui Tathra Rd. Contact Lorraine Courtis  
email [lcou6446@bigpond.net.au](mailto:lcou6446@bigpond.net.au)

## BERMAGUI SENIORS' SOCIAL CLUB

Meets the 1st Wed, 11.30 am at the Bermagui  
Country Club, with social luncheons to follow.  
New members are most welcome.  
Enquiries: [bermaguiseniors@gmail.com](mailto:bermaguiseniors@gmail.com)

# Game On

If you have a game, quiz or crossword you would like to see on the Game On page, send it to [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## SEPTEMBER CROSSWORD

### ACROSS

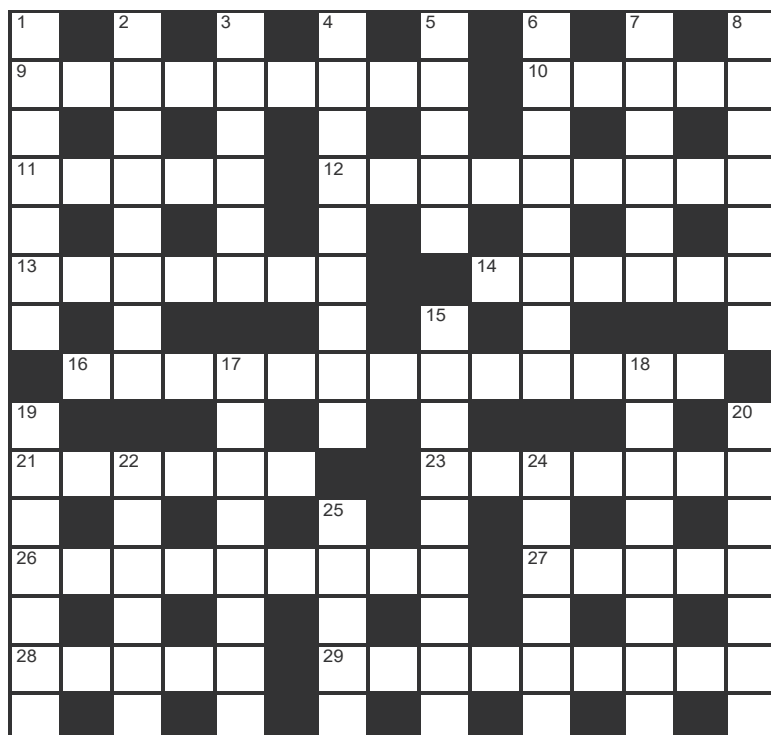
- 9 The Wompoo --- (5,4)
- 10 Musical drama (5)
- 11 A highway and a desert are named after him (5)
- 12 \*Awful role misrepresented as an essential of civilised society (4,2,3)
- 13 Up for grabs (2,2,3)
- 14 \* Piles of stones in Queensland (6)
- 16 It once housed a leper colony off Queensland (7,6)
- 21 Like many heroes (6)
- 23 Visits briefly (5,2)
- 26 Hive sweet spot (9)
- 27 Provide with an income (5)
- 28 Fill up here (5)
- 29 Stratagem (9)

\*Indicates a cryptic clue.

### DOWN

- 1 Away from the main place of business (3,4)
- 2 Commuter country (8)
- 3 Pain in the side (6)
- 4 Fire-struck Paris landmark (5,4)
- 5 Notorious bushranger (5)
- 6 What 5 Down had to do, more than once (2,2,4)
- 7 Trader (6)
- 8 Service at 28 Across, sometimes (3,4)
- 15 Oxbow lake (9)
- 17 *Idylls of the King* author (8)
- 18 Steep drop (8)
- 19 Noblewoman (7)
- 20 Looked up to in NSW (7)
- 22 Guard (6)
- 24 Followed orders (6)
- 25 Accepted standards (5)

## Answers on page



## Kidz' Korner Jokes

1. What do you call a donkey with three legs?
2. Why do bicycles fall over?
3. What do you call a boy with a car on his head?
4. What do you call a man who can't stand?
5. What did the spider do on the computer?
6. Why was the sand wet?
7. Do Dads always snore?
8. What's the loudest pet you can get?
9. How many apples grow on a tree?
10. What do you call a can opener that doesn't work?



## SUDOKU

7		1						3
					1	4	5	
2		8		3		6		
	2		7		9			
		4				5		
			4		2		3	
		6		7		2		4
	7	2	8					
8						7		5

# For the fridge door

SEPTEMBER	WHAT	WHERE	TIME
All Sept	<i>Spotted Gums Revisited: Rhonda Dredge</i>	Lazy Lizard Gallery Side Room	10 am - 2 pm
Fri 1 - 20	<i>Panboola:Renewal</i> Hilary Peterson	Spiral Gallery, Church St, Bega Sat 10 am - 1 pm	M-F 10 am - 4 pm
Sat 2	Coda Duo	Tilba Winery & Ale House	12.00 noon
Sun 3	Mel T Duo	Tilba Winery & Ale House	12.00 noon
	Affinity Quartet performance pg 37	Windsong Pavilion, Barragga Bay	1.30 pm bar 2.00 pm start
Tues 5	Referendum discussions & info resources Heather 0428 566 865	Well Thumbed Books	11.am - 1.00 pm
Thurs 7	Thurs weekly till election - drop-in information & discussions	Café Hope, Bunga St Bermagui	4.00 pm - 6 pm
Sat 9	120 birthday celebration pg 35	Murrah Hall	3.00 pm - late
	Val Moogz (aka Hannah Mtsk)	Tilba Winery & Ale House	12.00 noon
Sun 10	Zoe Jeanne	Tilba Winery & Ale House	12.00 noon
Sat 16 & Sun 17	Creative works exhibition of all public schools in region pg 36	Cobargo School of Arts, in celebration with CPS birthday	9.00 am - 3.00 pm
Sat 16	150-year school birthday, many activities, displays, tours, stalls	Cobargo Public School pg 11	10.00 am - 2.00 pm
	CaDET information & workshops, MT & light lunch provided pg 14	Cobargo Showgrounds function room	9.30 am start
	Get Ready Fire info & activities for Cobargo pg 12	Cobargo Fire Station	9.00 am - 1.00 pm
	Get Ready Fire info & activities - Quaama pg 26	RFS Out Station 1211 Upper Brogo Rd	1.30 pm onwards
	Get Ready Fire stall - information, planning, maps for Tilba region	Outside the General Store, Bate St pg 31	9.00 am - 12.30 pm
	Hessian book launch, Rhonda Casey	Well Thumbed Books	10.30 am
	Forest Theatre, live music & cinema, environmental themes pg 35	Kinema, Narooma	7.30 pm
	Tyler Hauptburger	Tilba Winery & Ale House	12.00 noon
	Ash Grunwald w Benji Fowler & Chango Tree (ticketed)	Tilba Winery & Ale House	4.00 pm
Sun 17	Fun day & car boot sale pg 27	Quaama Tennis courts	10.00 - 2.00
	Brian Howson	Tilba Winery & Ale House	12.00 noon
Fri 22	<i>Shadows: group exhibition, multi-media</i>	Spiral Gallery, Church St Bega Sat 10.00 am - 1.00 pm	M-F 10. 00 am - 4.00 pm
Sat 23	<i>Drought &amp; Other Plays: by Millicent Armstrong, ensemble cast pg 34</i>	Cobargo School of Arts, + afternoon tea, Hall fundraiser	2.00 pm
	Ensemble Q: smaller chamber orchestra performance pg 33	Windsong Pavilion, Barragga Bay	1.30 pm bar 2 pm start
	Minh Ha	Tilba Winery & Ale House	12.00 noon
Sun 24	Bryan Howson	Tilba Winery & Ale House	12.00 noon
Sat 30	ReBoot: All-ages family activities must book online pg 21	Variety of locations in Bermagui	Times vary, check online
	Tennis experience, social, no booking required pg 20	Bermagui Country Club	2.00 pm - 4.00 pm
	Punkalla Holler	Tilba Winery & Ale House	12.00 noon
Sat 30 + Sun 1 Oct	Bermagui Historical Society: <i>People &amp; Their Boats</i> exhibition pg 19	Bermagui Community Hall, Bunga St, \$5 adults, kids free	11 am - 4 pm
Sun 1 Oct	Marine Rescue Open Day, fun, activities, sausage sizzle pg 7	Fisherman's Wharf, Bermagui	11 am - 3 pm