#### QUAAMA COBARGO **BERMAGUI TILBA & LOCALITIES**

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#### Community celebrates centenary of NSW CWA in Tilba Tilba

Hundreds of women attended Tilba CWA's Vintage Garden Party on Saturday 10 September at Mountain View Farm, Tilba Tilba, to celebrate the centenary of the Country Women's Association of NSW. They came from as far north as Nowra, to Eden in the south as well as down the mountains from the ACT and Braidwood. They also came from our neighbouring villages of Mystery Bay, Bermagui, Cobargo and Quaama. It was a wonderful gathering of CWA members and visitors brought together by Tilba CWA and the Tilba community to celebrate the centenary.

The weather on the day for Tilba was sunny and gorgeous. Kathryn Ratcliffe, owner of Mountain View Farm and new Tilba CWA member, had planted her field of everlasting daisies in the pattern 'CWA 100' to celebrate the centenary. The Vintage Garden Party began with a heartfelt Welcome to Country from Lynne Thomas, a Yuin-Biripi cultural knowledge holder. Lynne shared a dreamtime story of Gulaga, Mother Mountain, and her connection to her two sons Baranguba and Najanuga. Lynne then sang a cappella about the beautiful bush moving some members of the audience to tears.

The Vintage Garden Party included three sittings of high tea, wine and cheese tastings with Tilba Dairy cheese carefully matched to Tilba Valley Wines, history talks, outdoor games including croquet, Stitch the Band, CWA cookery and craft stalls, plus CWA raffles. History talks included a presentation from Laurelle Pacey, author Tilba Times Revisited. A history conversation between Zoe Burke of Tilba Walks Historical Talks and Harry Bate whose family established cheese making at Mountain View Farm.

On the day there was lots of fun with the Narooma Croquet Club showing visitors how to play. Linda Appelgren, former President Tilba CWA, coordinated



Everlasting daisies at Mountain View Farm Tilba Tilba planted in shape 'CWA 100' Image by Silver Dory Productions

the other outdoor games with hula-hooping most popular. Another former President Tilba CWA, Cara Elton, volunteered with Tania Hextell, Principal of Central Tilba Public School, on the chocolate wheel.

Tilba CWA's current President. Teresa Stubbings, said, 'We estimate there were about 500 people attending but we didn't collect exact figures. We know 192 people pre-booked tickets for high tea that sold out early and 120 people had wine and cheese tasting tickets. We didn't collect general entry numbers. We can say that everyone who did attend enjoyed themselves. The feedback we've received from CWA women and our Tilba community has all been positive and tremendous.'

Tilba CWA's Treasurer, Helen Thomson, has calculated the total funds raised. With a generous donation of \$2,000 from a local Tilba couple, we've raised \$7,650 for the Women's Resource Centre in Bega. These funds will be used to directly support women and children experiencing domestic violence.

Coordinator of the Women's Resource Centre, Jane Hughes, was thrilled to receive such a large donation.

Competition for best dressed was strong with most people dressed in their vintage finery. Carol Ladd, Tilba CWA's most stylish member, judged the best dressed. The winners of the bestdressed woman and man were Penny and Kirk Coningham. Penny is a member of Pambula-Merimbula CWA. Penny said, 'Congratulations to you all for a wonderful event. It was so much fun. Made me a proud CWA member.' Penny and Kirk each won \$80 gift vouchers from Arcadia in Central Tilba and Tilba Leather. Best-dressed child was Sabina with her gorgeous red fairy-like dress. Sabina won a \$25 gift voucher donated by Tilba Tricks in Central Tilba. Sabina has already spent her voucher, buying toys to support our local business!

Tilba CWA's Vintage Garden Party was a fabulous day enjoyed by all who attended. Tilba CWA members are resting now!

Annette Kennewell

OK, we promise, no more birthday content this issue ... except to say that *The Triangle* members past and present had a lovely get together celebrating the paper's twentieth year, sharing memories of their part in its history.

So, what of the next twenty and what role will *The Triangle* play in voicing the

matters affecting the community?

This is your community paper and it needs your input. The production team is here only to make sure it comes out each month. So let us know what you would like to see in *The Triangle*, what you object to or love in this community and where you would like to see action taken. You can

send a letter or contribute an article. Be creative! Send a photo, or simply let us know what is happening around and about. *The Triangle* would love to see some new and younger blood becoming involved and there are plenty of ways you can do that, be it on the production team or as a contributor.

#### Letters

# Weekend of nature and fun at Montreal Goldfield

The word got around the area as to the happenings at Montreal Goldfield last weekend. A packed agenda had locals and visitors going for bush walks to informally study and or find spiders, insects and snakes as well as identifying the myriad plants in the landscape surrounding the lake and the main access to Montreal Goldfield.

I would like to congratulate the committee and helpers on a very successful project that was most enjoyable even though I did not have time to see everything possible.

The innovative 'light and music experiment/entertainment' on Saturday night using the energy of students from Narooma and Moruya High Schools was very rewarding, both for the young people and us visitors. The forest was lit up with individual lighting on many of the trees that drew much admiration from the small, guided groups walking amongst the lighting and background sounds.

Not only were we entertained at Montreal Goldfield, there were also lunchtime paella, sausage sandwiches and serve yourself coffee and tea – all very available and acceptable with pricing for all tastes.

Congratulations to all and to having the information on the website and locally.

Rosemary Millard Bermagui

# The Triangle Inc

will be held in Cobargo on Monday, 14 November at 2pm

Ring 0407 047 404 for more information

#### Back to the conversation around Cuttagee Bridge, Jo Lewis's email exchange with Council

Once again a narrow vision highlights Council's response to residents and others interested in finding an answer to the Cuttagee bridge question that doesn't include a two lane concrete construction.

One can only wonder who they are trying to placate? It certainly isn't the tourism industry or the holiday makers.

Is there perhaps a massive development proposal in the offing? Maybe something as gross as the trees cleared in Fairhaven but on an even larger scale?

Jo Lewis

#### Council's response

Hello Jo,

My colleague forwarded this to me. Is there anything you'd like to share regarding Cuttagee Bridge?

Sincerely,

Richard Cunningham Structures Engineer

#### Jo's response

Thank you for your response, I am

surprised it comes from the engineering department.

The Council seems to be determined to replace the single lane bridge with double lane concrete structure, consequently increasing traffic speed. My concerns are outlined below.

The area around the bridge includes beaches that are particularly popular with families and young children. If you have driven by there in mid-summer you would have seen cars parked along both sides of the road, and children crossing, or people loading and unloading boogie boards and similar things. Not an area that needs faster traffic speeds.

There are of course heritage and other valid arguments supporting the use of timber and retaining the single lane bridge but from my point of view, the loss of this special, child safe space is the most important one.

If speed is important, take a different route.

Jo Lewis



Newly minted Murrabrine Creek Bridge - ready on two lanes! Photo Credit: Louise Brown

# **Guidelines for contributors**

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

- 1. Stories should be 300 words maximum except by prior arrangement.
- 2. Images and graphics should be sent as attachments not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
- 3. Send all articles as WORD or other TEXT documents.
- 4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
- 5. Think about a headline for your story. Please don't leave it to us!
- 6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cc lsang333@gmail.com.

# Tell 'em you found 'em in *The Triangle!*

#### **Disclaimer**

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

#### Who does the work

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Wallaga Lake: Merrimans Land Council Deadlines:

Advertising: 5pm, 19th of each month Editorial: 12pm, 22nd of each month

#### Thumbs / Letters to the editor:

All communications should be forwarded to: contributions@thetriangle.org.au Postal address: The Editors, *The Triangle* PO Box 293 Bermagui NSW 2546 ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800 in print plus online visits.



#### Thumbs UP

To the organisers of the Fire Up Quaama Rebuild Fête held last month.

Great music, food, entertainment and atmosphere.

To the Tilba CWA for all their hard work in putting on the huge 100 year birthday celebration at Mountain View Farm.

To the great team of bridge builders who have built the replacement bridge to Wandella. It is a masterpiece, and all workers displayed a warm wave or smile despite the many interruptions.

#### Thumbs DOWN

To cat owners who let their cats kill native wildlife unchecked. I ran into another pile of feathers today. Get a cattery!

To the Council for not maintaining the unsealed roads in the area. Recently a motorcyclist broke his leg going in one of the massive potholes. Another driver had to be winched off the side of the road.

#### **GAME ON ANSWERS**

(from page 35)

#### **CROSSWORD**

#### ACROSS

8 Inmost, 9 Ian Walsh, 10 Rod Marsh, 11 In a way, 12 Stocks, 13 Yourself, 14 Golden-tipped bat, 18 True blue, 21 Reject, 23 Oakley, 24 Esoteric, 25 Horrific, 26 Steven.

#### **DOWN**

1 One or two, 2 Cosmic, 3 Starts in, 4 Eighty Mile Beach, 5 In lieu, 6 Harassed, 7 Israel, 15 Dwellers, 16 Porpoise, 17 Archives, 19 Reason, 20 Lay off, 22 Jaeger.

#### **AUSTRALIAN TRIVIA**

- 1. Golden Wattle.
- 2. 1991.
- 3. 1854
- 4. Men at Work (in the song *Down Under*)
- 5. Caboolture
- 6. Western Australia
- 7. The Story of the Kelly Gang
- 8. Murray River
- 9. Mount McClintock on the Australian Antarctic Territory. Mount Kosciuszko is the highest point on the mainland.
- 10. The Box Jellyfish

#### Fire permits and how they affect you

Every year fire permits are required in the Bega Valley Shire from 1 September through to 31 March unless the fire season is extended. Confusion often occurs as to what can or cannot be approved for the issuing of these permits, therefore this article endeavours to give a summary of the main points.

Pile burns: Piles to be burnt must consist of clean, dry vegetation with a maximum branch diameter of 150 mm and must not exceed an area of 2 m x 2 m x 1.5 m high. There must be a minimum 4.5 m of cleared ground around the pile on all sides. If your pile exceeds these dimensions you will need to build two (or more) smaller piles.

An adequate water supply needs to be available at the pile site for fire suppression should conditions change rapidly. This can be a garden hose connected to the water supply or large container of water with a pump and hose if operating away from a regular water source.

While the pile/piles are alight, they need to be attended at all times by a person who is capable of suppressing the fire should the need arise.

Notification must be made to the RFS via the RFS website or contact Bega Fire Control Centre on 6494 7400 during business hours only. This must occur 24 hours before ignition. All neighbours must also be notified with a 24-hour notice.

The above points apply at all times of the year regardless of the size of your property.

The following are not permitted on piles: vegetation that does not readily burn, e.g. grass clippings; building materials; general household rubbish; paper and cardboard; tyres etc.

Landowners who wish to burn larger piles than specified will have to apply for a Hazard Reduction Certificate that can be issued by the RFS. Application forms are available on the RFS website, or contact Bega Fire Control Centre on 6494 7400 during business hours only.

The Clean Air Act: In 2015 Bega Valley Shire Council adopted the Clean Air Act and this affects landowners in several ways regarding open air burning.

Landowners who have large blocks and can build the pile to be burnt at least 75 m from any dwelling do not require approval from Council but DO need a permit from the RFS during the permit period. For large blocks, permits can be issued for multiple piles at the same time provided they all comply with the above pile size specification.

Residential areas that have been issued with a Green Bin must always use these to avoid the need for burning close to dwellings. If you live in these areas contact Bega Valley Shire Council to ascertain whether you can be given approval from them to conduct pile burns above and beyond this service.

An RFS permit is also required in the Bush Fire Permit period.

The RFS Permit Issuing Officer will need to see written evidence from Council approving the burn in these areas before a permit will be issued.

Procedure to obtain a fire permit: Contact Bermagui Fire Brigade on bermaguirfb@gmail.com several days, at least, before you want to burn. The permit is valid for 21 days from the date it is issued. If you have not been able to burn during that period, you need to initiate the process again.

Leave your name, address and phone number. Bermagui Fire Brigade has three Permit Issuing Officers and you will be contacted by one of them shortly thereafter.

The Permit Officer will ascertain that you comply with the above conditions and will make a time to inspect the site and pile.

The Permit Officer will make recommendations as deemed appropriate at the site and issue you with a permit for the pile/piles inspected at the site on that day. The permit will also have conditions that you will need to comply with. Note: if you want to burn again at a later date, the Permit Officer will have to visit again.

You will need to notify the RFS as to when you intend to burn. The RFS can be notified online, or on 6494 7400 during business hours.

You will need to notify your immediate neighbours 24 hours before lighting.

Notification of both the RFS and your neighbours at all times of the year is mandatory.

The Permit is a written legal document and non-compliance with the conditions of the permit can result in heavy penalties.

Permits will be suspended if the Fire Danger Rating for the day is high or above.

Should you require further information regarding permits contact Bermagui RFB on bermaguirfb@gmail.com

Clean Air Act and Fire Management

– Bega Valley Shire Council at begavalley.
nsw.gov.au

Pile burns and hazard reductions: there is full information on the RFS web page – rfs.nsw.gov.au.

We hope this helps.

Bermagui Fire Brigade Permit Officer Team



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#### Anglican Churches of Bermagui Cobargo and Quaama

**WORSHIP SERVICES DURING OCTOBER** 

Bermagui - 11 Wallaga Street 2nd, 9th, 16th and 23rd at 8am Cobargo - 5-11 Hoyer Street 2nd, 9th, and 16th at 10am Quaama - School of Arts Hall 23rd at 10am

The 30th will be a combined service held at Bermagui at 10.00am followed by Sunday Lunch with Friends.

Contact: The Reverend John Thomas Tel: 0427 260 833

#### Australian Fire Danger Rating System update from NSW Government

(from https://www.nsw.gov.au/environment-land-and-water/fire-danger-ratings)

From 1 September 2022, a new Australian Fire Danger Rating System will be used across the country, including NSW.

Using the latest science, fire agencies like the NSW Rural Fire Service (NSW RFS) will be able to better assess the conditions and the consequences of a fire, if one was to start.

#### New fire danger ratings

The new fire danger ratings have 4 levels instead of 6:

#### Moderate

- Plan and prepare
- Stay up to date and be ready to act if there is a fire.

#### High

Be ready to act

- There's a heightened risk. Be alert for fires in your area.
- Decide what you will do if a fire starts.
- If a fire starts, your life and property may be at risk. The safest option is to avoid bush fire risk areas.

#### Extreme

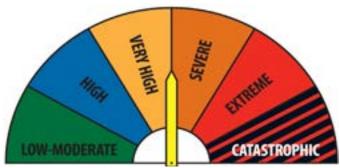
- Take action now to protect your life and property
- These are dangerous fire conditions.
- Check your bush fire plan and ensure that your property is fire ready.
- If a fire starts, take immediate action. If you and your property are not prepared to the highest level, go to a safer location well before the fire impacts.

Reconsider travel through bush fire risk areas.

#### Catastrophic

- For your survival, leave bush fire risk areas
- These are the most dangerous conditions for a fire.
- Your life may depend on the decisions you make, even before there is a fire.
- Stay safe by going to a safer location early in the morning or the night before.
- Homes cannot withstand fires in these conditions.
- You may not be able to leave, and help may not be available.

When there is minimal risk, such as when it's raining, 'No Rating' will be used.



Too much information! The old system needed updating.



The new system is much more streamlined



#### Have you seen a platypus in a waterway near you?

Spotting a platypus in the wild is a magical moment. This elusive creature is iconic in Australia, yet with numbers dwindling, spotting one is becoming an even rarer occurrence.

This spring, Bega Valley Shire Council is encouraging residents and visitors to head down to your local creek or river, find a quiet place on the bank, settle down quietly and try to spot a platypus – and record what you see, or don't see!

It's all part of the *platy-project month* of action, brought to you by the Australian

Conservation Foundation and researchers at UNSW. To take part, search for platy-project and find an easy-to-follow toolkit plus access to the interactive platy-project map

By recording where platypuses live, we can help researchers understand more about the platypus, its habitat and help prevent further decline in their numbers.

Erin Moon Enviromental Engagement Officer Bega Valley Shire Council



#### U3A members having a whale of a time



On Friday 16 September, U3A members had a wonderful excursion on *Bubbles* the Sapphire Coastal Adventure's whale watching boat. The weather was perfect, the ocean calm and the whales sedate – no breaching unfortunately but several pods moved slowly through the

water for us to see. Dolphins also joined us to the delight of all on board including the boat's kelpie, Roger, who barked with joy. This trip was partially funded by a Bega Valley Shire Club grant.

If you'd like to join U3A, new classes start on 19 October with online enrolments starting 10 October. Our classes are run by members volunteering their time and talents. Have you ever thought of giving a class? We all have life experiences – talents, passions, interests and U3A gives us the opportunity to explore these and share them with others. Membership is



Out at sea

\$25 annually. Find out more by going to u3abermagui.com.au.

Diane Webster for U3A Bermagui



#### U3A Bermagui & District Inc

U3A offers classes taught by local members for members. Membership is available to the whole community. We offer some classes via ZOOM but the majority are face-to-face classes - and these are still subject to COVID restrictions. It is therefore essential to check our website for cancellation notices.

TERM 4 CLASS ENROLMENT IS ONLINE
OPEN FROM MONDAY 10 OCTOBER 2022
VISIT www.u3abermagui.com.au
OR SEARCH "U3A Bermagui"

COURSE ENQUIRIES: PHONE JAN RIVERS ON 0409 901 672

This term we are offering Chair Yoga, Croquet, Bush 'n Birds, various talks featuring Noam Chomsky, the Trojan War, Human History of Violence, Finding Value in Art and much much more. Check our website for the complete program at u3abermagui.com.au/online-resources.

#### Bees truly are amazing creatures but ...

There are so many things I wished I'd known a month ago ... before our bees swarmed, three times in two weeks! Did you know ...

- Bees naturally swarm each year during late spring and early summer.
- Bees can swarm several times in a matter of weeks depending on food supply, the season, overcrowding or the availability of a queen.
- Swarming is also an indication that the colony is strong and well-established.
- Bees are generally in their most passive state when swarming because they're not in defense mode as they don't have eggs, honey or a hive to protect.
- Bees typically pick a warm, sunny day to swarm. They don't like rain or wind.
- A swarm typically has 25,000 bees or 50% of the original hive a beach-ball size.
- Bees will not swarm without a queen. They rely on a queen to lay up to 2000 eggs a day to ensure future generations.
- The swarming queen bee is too heavy to fly away at a moment's notice, so the worker bees feed her less and she stops laying eggs. This reduces her weight and allows her to fly more easily.
- To start the swarm, the old queen takes half the colony with her while a new queen hatches and stays with the original hive.
- The swarming bees gorge themselves on honey to take with them to their new hive.
- Bee swarms first settle in a temporary location, less than 100 metres away from their original hive.
- The queen bee can be found in the centre of this swarm cluster. The worker bees huddle around her to protect her from predators, extreme temperatures, wind and rain.
- Once in their first temporary location, special 'scout bees' are sent out to search for a new permanent location.
- The swarm may stay in this temporary position between one hour and several days.
- The 'scout bees' look for a new home that is big enough and well protected from the elements. Ideally, they want a small entrance at the bottom of the cavity. The scouts pace out the interior and relay this information back to the swarm to consider. A wall cavity is perfect!



A bee swarm nestled in the sweet peas.

• When they decide on a new permanent home, they quickly swarm again to move to it and settle in.

My record for Spring 2022 is:

Swarm 1 – caught in my veggie garden and relocated, but they decided to leave.

Swarm 2 – set up in a neighbour's wall cavity – we finally managed to get it out and relocate it.

Swarm 3 – Three attempts to catch it from low melaleuca branches for relocation but they escaped.

There is still so much to learn, but there will be plenty of time to work on preparing for and understanding future swarms.

Deb Worgan





#### Fiction - A beer with Bazza

'... it's just that I spotted a whale earlier on, Mick, and I thought I would share the experience with you. If I knew it was going to be such a drama, I wouldn't have bothered.'

Bazza's eyes were trained on the ocean while Mick shook his head. They walked around the headland in silence.

'Yeah, Bazza, it's just that the sun is out but it's cool and I've left my jumper at home. Come on, Bazza ... how long is this all going to take? I know where I would rather be ...'

In a sing song voice, Bazza chanted, 'Are we there yet? When are we going to get there?' And he laughed softly. He quickened his pace to join a small congregation on the headland.

'Anyhow, I might as well make use of the time. Now... Bazza, I've got some major decisions to make. To start ... bloody interest rates ... I don't know whether to fix the home loan rate or not?'

Bazza was now focused on taking up a position behind the small gathering.

'Ahhh ... it's all about peace of mind, Mick. Don't do it to beat the banks ... you will never win ... you have only to look at their profits ... anyhow ...'

Less than a hundred metres offshore, the sea parted, ever so precisely, to allow the grey behemoth to surface. It paused and then gently rocked to the cradling of the waves. For a brief moment those assembled swayed slightly in unison, before the whale dipped and rose and allowed the waves to massage its bulk. The rarity of size and power combining with gracefulness blessed the small crowd with a rare tranquility and a silence befitting the occasion. Time froze.

A lone voice whispered, 'Walawaani Muriyira-Waraga.'\*

Bazza sucked in a deep breath.

Mick had used the time to take a range of photographs with his mobile phone and had even managed to angle himself into a selfie with the whale in the background.

Bazza sighed at Mick's enthusiastic attempt to replay the moment by scrolling

through photographs and videos and looked beyond to the all-knowing ocean.

Mick had turned and was ready to continue the walk.

'OK, Bazza ... I reckon I will fix part of the home loan and go variable for the rest. Now, I need to decide on new electricity and internet providers. On top of that, it's my turn to cook dinner so I need some fresh ideas.'

'Ah ... choices ... choices and decisions, Mick.'

Bazza lingered a bit longer on the headland as the whale faded down the coastline. The simplicity of the ritual was appealing: up the coast in winter and down the coast in spring; mainland to the left or mainland to the right.

Bazza repeated in a near whisper, 'Yeah too many choices, too many decisions, Mick.'

John Longhurst

\*means 'safe journey whale – many' in the Dhurga language

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#### Bring back our Return and Earn!

Many of our readers will be aware that the 'Return and Earn' Reverse Vending Machine (RVM), located within the Woolworths Bermagui carpark, was removed on 24 July with no consultation or explanation.

Enquiries to the network operator, TOMRA Cleanaway, informs us that the landlord (Woolworths) terminated the contract, thus they had no choice but to remove the RVM.

The removal has been a big blow to several local community organisations that raise many thousands of dollars from bottle and can collection. The Bermagui Men's Shed have bottle collection trailers at local caravan parks, collecting thousands of bottles and cans each year and raising funds to use for community projects as well as helping with their day to day running. Bermagui Surf Lifesaving Club are also active in the collection and raising much needed funds through the RVM. Local residents saved their bottles and cans for the Cobargo Scout Troop members to help raise funds for their activities. Many individuals save bottles and cans then donate the money refunded to local charities such as wildlife rescue organisations. As well, local residents on low incomes use the few dollars earned to

help meet their needs. Parents set a good example for their children by recycling. Seeing the look of joy on a young child's face when they redeem their docket for a few dollars to buy a small treat is priceless!

So, where to now? TOMRA tells us that they are 'actively working with the community and council' to find a more suitable site. Who this involves in our community is a bit of a mystery! Local residents can point out a number of sites that seem suitable – plenty of space for parking, away from residential areas for noise pollution – but so far nothing has been forthcoming.

Groups who continue to collect bottles and cans now have to make the trip up to Narooma (a 70 km round trip) to 'earn' their dollars – the price of fuel making it seem a bit of a futile exercise.

We all pay that extra ten cents on our bottled drinks and cans – but now are unable to redeem it. When you throw your bottles in the recycling bin – you are throwing away money that belongs to you! Is this just a way to get a little more tax from an already overburdened population struggling with inflation?

Community groups involved in collecting continue to lobby for the return of our RVM, but are asking the



The removal of the Return and Earn machine at Bermagui's Woolworths is a big blow to manyincluding the Bermagui Men's Shed, the Bermagui Lifesaving Club and the Cobargo Scout Troop.

local community members to also send complaints if they were regular users of this scheme.

You can ring 1800 290 691 or email customerservice@tcnsw.com.au to voice your complaints and demand the return of our RVM, or write to your local member or a councillor to ask for their help.

Carolyne Banados



# Quaama Public School

Small School with a big heart - every student every day

# Taking Kindergarten Enrolments for 2023

Apply online via Quaama PS website <a href="https://quaama-p.schools.nsw.gov.au/">https://quaama-p.schools.nsw.gov.au/</a>

Ph: 6493 8213

Email: quaama-p.schools.nsw.edu.au



#### TERM 4 — Kindy Orientation Days

Wed 19 October (9:30-10:30am)
Wed 26 October (10:30-11:30am)
Thurs 3 November (9:30-11:30am)
Thurs 10 November (9:30am-12:15pm)

This includes parent information session at 9:30am

# The Small School with a Big Heart is offering:

- Targeted individual learning support
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- Small Schools combined camps
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- Music camps
- Diverse environmental program
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- School bike track
- School Orchard
- Gifted and creative opportunities
- Beautiful playground facilities

One hundred and twenty dairy farming women converged on Port Macquarie for the annual Women in Dairy conference held from 13 to 15 September. A lucky draw was held for one night's free accommodation, and I was thrilled when my name was drawn out. During the three days, there were numerous discussion panels held and a vast array of interesting speakers. An amazing group of passionate dairy farmers told us their stories ranging from succession planning to rearing healthy calves. One thing that was obvious was the incredible strength that was required to survive some very difficult times throughout their time farming. The warmth displayed was heart-warming and their proud characters certainly shone through. A gala dinner was held with all ladies taking the opportunity to get glamourous. Melinda Schneider was a mental health guest speaker who sang and spoke honestly about the highs and lows in her life. An interesting note was the fact that the Oueen had owned a three hundred Jersey cow herd and had the same herdsman for thirty years.

The passing of the Queen was a sad day, but the funeral and celebrations that then occurred was certainly the most extraordinary event to be experienced in history. What an incredible woman she was with such a remarkable ability to unite so many people.

Excitement is building as all tenants who have taken up a room in the new business hub have signed their leases and are busily preparing to open their doors in the very near future.

It is with extreme sadness we offer condolences to the Shipton family on the passing of much-loved husband, father, grandfather and great-grandfather, Robert Stewart Shipton, affectionally known as Bob. Friends and family relived some of Bob's antics as he drove his bike over the grid, got some air and broadsided into the farm shed halting at the perfect stop. A wonderful character who gave much support to his grandkids as they made their way through life, often giving words of wisdom that made them believe in themselves. To Bev, who has lost so much in recent times, we are silently supporting you always.

Condolences are also extended to the Tett family on their recent sad loss of Daphne, mother to Rex, Greg and Debbie. Daphne lived on the family farm with her son Rex and was an



Gemma Otton, June Tarlinton, Klaudia Lucas and Brodie Game at the Women in Dairy conference

extremely proud mother of her family. Her conversations always surrounded the achievements they had made throughout their lives. Daphne took great pride in her appearance and would regularly be seen at the cattle sales beautifully dressed fully complimenting her outfit with her incredible pink gumboots. Another iconic Cobargo member of the community has passed.

#### SEEKING WEBSITE CONTENT MANAGER

Are you proficient in managing website content .... and looking for paid part time contract work and a way to give back to your community?

The Cobargo Community Development Corporation Limited (CCDC) is seeking Expression of Interest for a part-time contract content manager for the CCDC website.

#### **Essential requirements:**

- ◆ Experience with *SquareSpace* website building platform & its functionalities
- ♦ Strong communication skills with relevant experience, proficient with content management using appropriate & simple language

#### **Key Tasks:**

- ◆ Manage website content, maintain the same 'look & feel' (font, size, tone) across the website
- ◆ Update the relevant pages based on activities / milestones / information given by the Board
- ◆ Manage the 'subscriptions' content, design & distribute monthly newsletter via website mail list
- ◆ Further tasks as negotiated with the CCDC

#### **Time and Remuneration:**

- ◆ Approximately 2.5—5.0 hours / fortnight at an hourly rate negotiated from fair market rates
- ◆ Contract position requiring active ABN
- ◆ Immediate start & will be for an initial 6 month period, with a possible opportunity to extend

To express interest in this role, please contact our secretary, Narelle Cooper, at:

> ccdclimited@gmail.com or 0418 361 781

The CCDC is an ASIC registered community owned Not-For-Profit Company Limited by Guarantee, & was successful in gaining Government funding to rebuild a significant portion of Cobargo's main street devastated by the Black Summer bushfires.

www.ccdc.org.au

#### Cobargo Public School update

This month there have been lots of events at Cobargo Public School. To keep the community updated, year 6 journalists, Iris, Dani and Milla, and year 4 journalists, Ruby, Monet and Archie, have been on the case.

#### Beatbox comes to Cobargo - Iris



Having fun beatboxing with Jobe

Recently, Cobargo School was pleased to invite beatbox instructor Jobe to teach and entertain students with new and exciting vocal skills. Jobe started with making songs out of student's names, backed with funky beats and rhythm. Then we all took turns as a group to make music with our mouths, which then turned into a very well-known song. For the rest of the day, students and even teachers were attempting and achieving the beatbox skills taught. We are all very honoured to have shared this experience with our classmates, we really appreciate it.

# MOBILE MILLING SERVICE LUCAS MILL Can handle any size log Can cut any dimension timbers up to 8" x 8" (200mm x 200mm) Can cut slabs to any dimension 0400 358 514

#### Students learn taekwondo - Dani



Students taking part in taekwando

Kicking our way through martial arts training – Sensei Zoe sure knows how to defend herself and control her emotions! This term, students at Cobargo Public School have been trained by Sensei Zoe to defend ourselves, control our emotions and learn new physical skills. Sensei Zoe's exciting lessons have given us the opportunity to train our inner dragon and become little martial arts machines! Thanks to her, we are well on our way to mastering taekwondo.

#### NRL League Tag Day - Milla

Recently, Year 5/6 was invited to attend an NRL league tag gala day in Bega. Cobargo Public School entered three teams called the Cats, Cougars and Comets. All teams played four noncompetitive games with qualified referees because the focus of the day was fun and sportsmanlike behaviour. The games were exciting, and everyone demonstrated the values of Cobargo Public School, having a fantastic day! We were exhausted by the end of the day but had great fun!

Stephanie Alexander cooks up a storm at Cobargo Public School – Ruby, Monet and Archie



Cooking classes with Stephanie Alexander and the Hon Kristy McBain MP

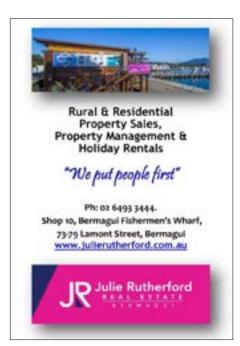
Two weeks ago, Cobargo Public School had the privilege to meet Stephanie Alexander and the Honourable Kristy McBain MP as part of our kitchen garden lessons. These lessons help us learn how to grow and cook food.

Stephanie Alexander came to the school and taught us how to improve our cooking skills. With the help of Kristy McBain, all the children had a chance to cook, experiment with new recipes and try new food and flavours. As a result, we increased our cooking skills and had the privilege of meeting Kristy McBain and Stephanie Alexander.



- Serving Quaama to Dalmeny and in-between
- Domestic, commercial, retail construction and industrial rubbish
- Green rubbish, household rubbish, furniture, cardboard bricks and rubble etc
- Call Richard 0428 303 104

Quick response and kind prices



#### Cobargo and District Red Cross Branch report

We thank our volunteers for their time, generosity and participation.

Cobargo Red Cross continues with our catering activities, thanks to our amazing volunteers.

We continue to supply Trauma Teddies to Bermagui Ambulance Service, Nardy House and the local schools.

Three of our members help Bega Red Cross working at the Bega Saleyards.

In July, Cobargo District Red Cross celebrated its forty year anniversary with

a morning tea. This was well attended by members past and present and several members of the community, all enjoying the delicious food and hearty laughs.

Recently a few of our Cobargo members attended the Red Cross zone conference held at Narooma, which was also attended by Red Cross members from Bermagui, Narooma, Bega and Wolumla. There were interesting speakers and discussions, both on the work our volunteers do for communities generally as well as the support the Red



Zone conference at Narooma

Cross provides to fire and flood affected regions.

Cobargo and District Red Cross Branch

#### **CWA Cobargo - Planning Ahead**

Our last meeting was spent planning for the year ahead. Our Annual General Meeting is next month and we have lots of interesting positions to be filled. If you are interested and would like to know more, please contact us using the details below. After the meeting we welcomed a visitor who was keen to learn more knitting skills, along with her two delightful children, who managed to entertain us all. We will be having more 'come and share your skills' sessions. Small children are welcome and there is a Story Corner and Toy Box. Look out for the dates.

Cobargo CWA will be running a Cake Stall at the Saturday Market in Cobargo on 1 October!! Come along and try our delicious offerings!

Also planning ahead, we are calling for nominations for Cobargo Citizen of the Year for 2023 (already! Where did 2022 go?). If you know someone who is worthy of recognition please nominate now. If you nominated someone last time and you wish them to be considered for the coming year, please let me know by phone, email or post. You are also invited to add, change and revise your original application. It is a difficult task each year for the committee making the final decision as there are so many worthy nominations. To assist you, I have listed the criteria used by the judges.

Guidelines for the award are as follows:

The nominee must

- be a resident in the Cobargo area;
- be recognised for voluntary work (above and beyond) carried out in the local area, that does not normally receive recognition;
- have demonstrated their efforts over a lengthy period of time; and

not be earning or enhancing their earning capacity by performing this work.

Please note that nominations are received from the community. The committee of locals simply selects from the nominations. The committee is hosted by CWA Cobargo.

Also, the name of the recipient will only be revealed at the Australia Day ceremony. The nomination can be simple in form – point form is fine, but detail is required. Simply asserting that X is a great person is not enough!

Contact details are as follows: email – maryw42@bigpond.com Phone – 0447 401 725 Mail – PO Box 5114, Cobargo.

Mary Williams

# DRINKING WATER

Drinking water household deliveries

Brand new poly tank Food quality stamped

Available in the Triangle area



Contact Mark 0408 167 172



Cobargo Quaama Quilters exhibit at the Cobargo School of Arts L-R Shannon Russack, Kathy Troup, Leanne Tett, Tracy Coomer, Linda Butcher Photo: Matt Nettheim



The Cobargo Baking Buddies last stall after many years of supplying sweet treats. They have finally hung up their aprons! Photo: Matt Nettheim



# Spring Make Outdoor Power Equipment Offer:



www.thetriangle.org.au

Get a free 18V Cordless Blower (DUB184Z) via redemption with any selected mower, line trimmer or multi-function power head kit.

See instore for details

One Stop Farm Shop
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Phone: 6493 6401

The stirring of spring is finally happening after what seemed like a long and very cold winter. The air feels warmer, the ocean looks inviting and very soon I will be taking a towel on my morning walks to the beach, should I be tempted.

As well as humans stretching and emerging from their layers of winter clothing, the animal and plant world is doing the same with new life abounding and flowering. But be aware that the 'slitherers' are also on the move so be vigilant.

People are getting out and about and the weekends are filling up with activities. Last weekend, those who could make it took part in a wonderful day of singing at the Four Winds Pavilion for a long overdue Spring Sing. Choirs from all over the Bega Valley gathered to workshop a couple of songs together, culminating in a performance late in the afternoon. A highlight for everyone was working together with some members of the local Djinama Yilaga Choir, learning

one of their songs *Marindamu*, sung in Dhurga, the local Yuin language. It was a brilliant, sun-shiny day in that wonderful setting, being fed by Sunda and rejoicing in song.

I followed that with a visit to the Montreal Goldfield's bioluminescence event with my three grandchildren. Lots of families with children took the opportunity to explore the bush in the dark (well supervised of course). Some went moth hunting, others spotlighting, making some exciting discoveries. The enthusiasm was infectious. We were also treated to a spectacular bioluminescent display using video projections through the forest. Many thanks to Scott Baker who devised the project and carried it out with the support of local high school students. Congratulations to Montreal Goldfield and also to Bio Blitz for staging such an important event.

As we head into the warmer months the calendar is filling with all sorts of activities, be they music, art or physical events. There's much to do in and around



Hunter Varley and Ishka Kelly (who conquered her fear of bats) were very excited with their find and loved their spotlighting experience.

town and if you would rather stay put, there is plenty to do in the garden.

We are heading very quickly towards the end of the year, and we all know that means lots of visitors coming to town. I have spoken to a couple of businesses who are unfortunately again facing the difficulty of finding staff, largely because of a lack of accommodation. There does not seem to have been any advance in providing accommodation for the very people we need to sustain the town over the busy season.

#### Bermagui Tennis Tennis Club Open Day

As part of the ReBoot in Bermagui 2022 program, the Bermagui Tennis Club invites anyone interested to come along to have a hit with us. All ages, all abilities welcomed. Venue: Bermagui Country Club tennis courts 1 and 2. Plenty of parking available, enter via Tuross St or Lamont St. Cost: Free. Balls and racquets will be provided. BYO racquet if you have one.

When: 2.00 pm – 4.00 pm Saturday 1 October 2022. No need to book, simply turn up wearing appropriate sports shoes.

#### Art news around Bermagui

#### Art in the shed at HOTH



Leaf logo for HOTH

A year ago, Lois Irwin transformed her much-loved yoga shed into an exhibition space to display her artwork, which proved very popular. She is repeating the event over the weekend of 1 to 3 October and is inviting anyone interested to visit her Art Space at HOTH to view her paintings and drawings.

Nature themes tend to dominate but there are always several surprises and ideas interspersed amongst the work. It's definitely worth a visit to HOTH to see what new works Lois has produced, to take in the magnificent views of the coastline and have a wander in her wonderful garden (weather permitting).

The address is 39 Geall Rd., Cuttagee

and the doors will be open from 10.00 am to 4.00 pm.

#### Masterworks at shop7 artspace

The next exhibition at shop7 art space at Bermagui Fishermen's Wharf will be opening on 6 October at 5.00 pm. The theme of this exhibition is *Masterworks* and will feature the best from many local artists. The exhibition will run from 6 till 26 October.

#### Frame & Brush

There has been a change of faces at Frame & Brush in Bermagui's Lamont Street. Justina and Michael, and their daughter Rita, have been active members of the community for nine years, running their business, Frame & Brush\*, supplying the town with fine art supplies, offering framing services, running workshops as well as Michael's contributions to the music scene.

But their time in Bermagui is over for now and the family is moving to Adelaide, to be nearer to family and friends. New adventures but they will all be sadly missed.



Michael, Justina, Georgie and James Photo Credit: Georgie Adamson

Georgie Kite and husband James have taken over and, while continuing to provide similar services, they will be putting their own touches to the business. They intend to showcase and promote the work of local artists as well as running workshops for budding young artists as well as adults.

\*A wee bit of history. Frame & Brush was started by Alice and Edward in Cobargo, who then moved the business to Bermagui on the north side of the bridge before it moved to Lamont Street. The business has been operating for 18 years.

#### Winter ocean swimming at its coolest

#### Still floating ...

# Wim Hof Trophy Presentation 2022



Members of the Bermagui Blue Balls wearing their new club shirts at Horseshoe Bay.

Those brave, or foolhardy souls of the Bermagui Blue Balls once again embraced the enticing waters of Horseshoe Bay, between Mother's Day and Father's Day, for their tenth season. To celebrate this milestone, a limited-edition t-shirt was designed incorporating all the best aspects of our winter ocean swimming tribe. Of course, their favourite word, 'apricity'\* featured prominently in the design.

The staggered starts and yelled socially-distanced conversations of the past two years became a distant memory as we swam as a group once again. Teabaggers and lappers just enjoying each other's company and camaraderie. After-swim treats re-appeared to stoke the fire in our bellies and the underwater songs of unseen, late season, migrating humpback whales always provided an extra thrill.

The 2022 Wim Hof Clubperson of the Year trophy was presented to Mark Evans by the incumbent Elizabeth Johnson. Her witty original poem had everyone in tears of laughter.

So incorporating exercise, mental health benefits, taste sensations and interactions with the natural world, winter ocean swimming is the complete package .... mind, body and soul are all sated. You know it makes sense.

Ima Shiverer

#### **NEED A CAR?**

Need a car for a day or two?

The community car is available to borrow.

See one of the women at Well Thumbed Books or book it by phoning Louise on 0416 039 895 or Linda on 0407 047 404



Elizabeth Johnson presenting Mark Evans with his award.

Today, 'tis my honour to present,
This trophy, most magnificent.
These beauteous globes of sapphire blue,
Will be bestowed 'pon a Blue Ball who ...
Turns up each week to brave the brine,
And exclaims in pure Aussie Strine:
'Good grief! What says the duck•?'
(You'd think the next word might be f....)
But no ... no cuss or curse doth slip,
From that shivering, quivery, trembling lip.
They're a polite and hardy member who,
(for a time) a hot water bottle did eschew.
Such courage! Such valour! Oh, such guts —
To let the water shrink his nuts!

But we're not here to talk physique, We're here to clap and cheer and shriek, As we present to an Evans - MARK ... This fine award – complete with plaque! Whereupon his name is writ Isn't it the perfect fit?

Now Mark sure does deserve this prize, 'Cause just like Mr Hof he tries,
To endure the chill of Horseshoe Bay,
From Mother's Day to Father's Day.
Not only that – he hosted those males ...
The unforgettable Wollongong Whales!

But enough of this nonsensical rhyme Undoubtedly, we've reached that time ... These sparkling testes are presented to: Mark Evans, club PERSON – '22!

\*The duck is our floating thermometer

Penned by Elizabeth Johnson, 2021 recipient 3 September 2022

<sup>\*</sup> apricity, look it up! It's worth it ...

#### Bermagui Banter

#### Bermagui and District CWA

Bermagui ladies will have held a double event at the Bermagui Markets on Sunday 25 September, combining a Bake for Babies cake stall with an information morning.

The October monthly meeting will be held at 11.00 am on Friday 14 October, followed by a sandwich lunch. At 1.00 pm, the Annual General Meeting will take place. Both meetings will be held in the Corunna Street rooms, all welcome!

Bermagui and District CWA will be celebrating the Centenary of CWA in NSW with a *High Tea and Hats* event on 12 November. Please save this date and watch for more information next month.

Chris Richard-Preston

#### The OK Shed Op Shop

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Fabulous bargains to be found for our beautiful community and visitors.

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Contact: Vanessa 0408 177 131

#### Bermagui – 188-lot subdivision approved

Council approved the 188-lot subdivision adjacent to Bermagui Golf Course on 21 September. It is a medium-density residential land development to be known as Sapphire Cove.

There will be 46 small lots  $(400 - 549\text{m}^2)$ , 104 average lots  $(550 - 750\text{m}^2)$  and 36 larger lots  $(750 - 999\text{m}^2)$ . Most of the lots are between 550 and  $600\text{m}^2$ .

Given its recent population growth (21% increase in the last five years), Bermagui certainly needs this sort of land release. It will satisfy the demand for more moderate-cost housing in Bermagui and it will meet Council's desire for more medium-density housing.

The land is 21.78 hectares bordered by Nutley's Creek Road, Parbery Avenue and the Golf Course. It is planned to be developed in ten stages, with approximately 15 to 30 lots released in each stage. The land slopes into a central gully that runs from near Nutley's Creek Road down to the golf course.

The only public reserve space allocated is a bush gully reserve. It is unlikely that this would provide much



Photo of Gully Reserve area taken from Songlark St, Bermagui

opportunity for children to play.

Council requires street tree planting throughout the development.

There was some discussion at the Council meeting of a possible shared pathway from the gully reserve down to the golf course, which would provide a good pedestrian link to town.

There has been some concern from nearby residents as to increased traffic volumes in Parbery, Hay, Murrah and Carnago streets as the development proceeds.

Geoff Steel, Bermagui





# SLASHING

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#### Spring Update: The Crossing Land Education Centre Bermagui

The Crossing is a non-profit community organisation located near Bermagui. We run community workshops that develop landcare and sustainable design leadership and host outdoor education programs for schools, youth, universities and adult groups. Bushfire preparedness and fire-retardant landscape design are key components of our work. Bookings are essential for all events and programs. Our Fire-Retardant Design and Cool-Burn Preparation Workshop at the end of August was a great success.

People from the community came together to learn fire-retardant landscape design and techniques to best protect homes from fire, decision making and personal fire preparation skills.

The workshop also covered the resources and knowledge needed to conduct a cool burn, then applied this process to a site at the Crossing. Thank



Beginning a cool burn with participants on the Fire-Retardant Shelterbelts and Cool Burn Preparation Workshop

you to all who attended, it was a wonderful day of sharing knowledge and skills in the hope to be prepared as a community for fire in the future.

We have opportunities for all ages to be part of the Crossing community coming into the warmer months. Our final Fire-Retardant Shelterbelts and Refuges workshop in early November is filling up, so jump onto the Crossing's Eventbrite page to book a spot. For Years 8 and 9 students we have a Landcare Wild camp in October. Check out our website for further details. In 2021, The Crossing was successful in receiving funding from the Bushfire Local Economic Recovery Fund (BLERF). Thanks to this funding, we've been able to work on fire-proofing the built and natural environments around The Crossing, to provide fire roads, conduct workshops on retardant design, host a community leadership recovery program and provide an employment and education opportunity for three young Aboriginal people.

Free adult and community workshops

– book online through Eventbrite.

- Nov 5: Fire-retardant Shelterbelts and Refuges (take home ten fireretardant trees with guards to plant at your place!).
- Camps for young people book online through The Crossing website.
- Oct 28-30: Landcare Wild weekend camp (Yrs 8-9). Meet new friends and have a fun adventure planting



Young people tree planting on a Landcare Wild weekend camp

trees for landcare, hiking, biking and canoeing. Free for fire-affected young people (simply email josh@ thecrossingland.org.au and advise us which relief/recovery centre your family accessed).

• Dec 2-4: Landcare Adventure weekend camp (Yrs 6-7). Meet new friends and have a fun adventure outdoors while learning about landcare and sustainability. Free for fire-affected young people (simply email josh@thecrossingland.org.au and advise us which relief/recovery centre your family accessed).

Annette and Dean Turner







## SERVICE DIRECTORY

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Spring has certainly arrived and people have been coming out of hibernation into the sunshine. Nowhere was that more apparent than at the Quaama School's Fire Up Quaama Rebuild Fête last month. What a wonderful day! So much entertainment had been organised with great music, magic and activities. There was market stalls and lots of food, Basket Boy entertained the crowd from his unicycle and a balloon twister who delighted the kids with his creations.



Kids queue for balloon sculptures at the school fête

So, the QPA thought it a good idea to put the date of the Quaama Spring Fair back a bit to give us time to recover. They have a lot planned too – yarn bombing, weaving on hula hoops, a painted rock competition and a cooking competition featuring all things citrus. Quaama Cuiisine will be served from the supper room with great home cooking at reasonable prices. Be sure to mark your calendars for Saturday, 5 November from 10.00 am. And if you want to have a stall, there's still time. Contact Ali on 0418 611 831.

The machinery is leaving and this stage of the park upgrade is almost complete. It's been funded by both the State Government and Council. The new shelter with its picnic table and seating is thanks to the Merimbula Lions. We now have disabled access to the facilities with a dedicated parking spot and a concrete path. You are asked to please stay off the new turf until it gets established, but otherwise please enjoy the expanded facilities. There is more on the plan to be implemented which will depend on what funding is available in the future. What has been approved though, and scheduled to start early next year, is a pedestrian crossing between the park and the hall. Council asked us, we spoke and it seemed they heard how popular that idea was with the community. Soon the kids can cross safely on their way to the hall, shop and bus stop and events at the hall can naturally spill over into the park. Great news!



Taiko drummers energised the crowd at the school fête last month



Check out the new swing at the upgraded Quaama Park!





#### Quaama kids explore Sydney

A dozen lucky Quaama School kids went on an epic excursion to Sydney last month. Royal Far West, a not for profit dedicated to helping rural kids that have been through traumatic times, shouted them the trip. They were put up in style at the Royal Far West's facilities just next to Manly Beach. Nice to wake up to the sun and waves! Many of the kids had never been to Sydney, so they were in for a shock seeing all the people and

cars crowded together. Plenty to do! They spent a whole week exploring – taking a ferry across the harbour, going to Taronga Zoo to see the animals, visiting the Sydney Opera House, the Chinese Gardens, the Powerhouse Museum and taking in the view from the observation level on top of Sydney Tower. A week that I'm sure none of them will ever forget.

bhagya



School kids with teacher Matthew Farran on the Manly Ferry



Quaama's kids dancing to street musicians on Pitt Street Mall

#### Singing workshop to be held at Quaama Hall

There will be a singing workshop in the Quaama Hall on the weekend of 8/9 October, sponsored by funding from Vinnies Bushfire Recovery. It is suitable for all abilities and accompanied children over 10.

Simple songs and chants will be chosen from a huge world music collection. It will all be a cappella (unaccompanied voice only) with a variety of vocal styles and both up-tempo and slower songs. But all will be FUN to try!!

Moya Simpson and John Shortis will run the workshop. They are consummate performers who have been teaching for years, based in Canberra. They have been frequent stars at the Cobargo Folk Festival. Check them out by going to YouTube and searching for Shortis & Simpson.

There will be two sessions on Saturday, 10am - 1pm and 2pm - 5pm. BYO lunch. The Sunday session is from 10am - 1pm followed by a bbq. Bring a salad to share.

The workshop is free, but a \$5 donation is appreciated to cover extra costs and another \$5 if attending the bbq. Please indicate if you are vegetarian.



Shortis and Simpson performing at Old Parliament House

Bookings can be made by going to eventbrite.com.au and searching for Shortis and Simpson Quaama. For more information, please contact Don Firth on 0410 404 041.

Don Firth

# e

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It feels like spring as I write. There has been lovely gentle rain over the last week or so, and lots of spring flowering. The rock orchids on the rock face opposite the Central Tilba School are starting to flower - it's an amazing display on the southern face below the water tower. Exquisite Indigofera australis is flowering. And there are many small birds darting around - our neighbour has a group of red-browed finches regularly visiting. One of the best parts of growing vegetables is what's in season – the real treat of spring is freshly picked asparagus! In addition, much of the quiet work that goes on in the community is becoming more visible as projects reach certain stages of engagement. There is a lot happening in the Triangle and its communities – here's a glimpse.

#### Microgrids are our future?

If you are a regular reader of *The Triangle* you will have heard of SμRF – Southcoast Microgrid Feasibility Reliability project – in which eight communities across the Eurobodalla have the opportunity to identify and design a microgrid specifically for their communities. The project is a partnership



Microgrids Information Session, Central Tilba



between SHASA, ANU, Essential Energy and Zepben. While it's early days, the maturity of renewable technologies and the logic behind local decentralised energy generation means microgrids are worth serious consideration.

The first round of community engagement is underway. Central Tilba, Tilba Tilba and Mystery Bay had an information session on 27 August. This well-prepared and well-attended session provided information about existing microgrid models and sought out comments from attendees about their desires and wants, as well as existing issues and challenges with local energy supply.

Content from the information session provided the starting point for the next stage of community engagement – the establishment of small, design discussion groups, one for Central Tilba/Tilba Tilba and one for Mystery Bay, that will create a design brief on how a microgrid could work in their individual communities. The SµRF design team will respond with specifications and feasibility informed by the brief. This is a great opportunity for these communities to have a say about how they want their electricity to be supplied in the future.

Mystery Bay has already had the design group meeting. Mark Stubbings, Mystery Bay coordinator said, 'It was really energising for a group of Mystery Bay residents with different properties and one of our accommodation businesses to



Small group at the Mystery Bay Design Discussion Group

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work together imagining how a microgrid might operate to either run emergency services or even for the village to be completely off-grid.'

Central Tilba/Tilba Tilba will hold their first design discussion in early October. For more information contact Mark Stubbings, Mystery Bay coordinator, 0414 223 925; Stuart Absalom, Central Tilba/Tilba Tilba coordinator, 0419 589 404; or Senior Project Manager, Phil Shorten on 0438 217 916.

#### SHASA - it's our future!

Southcoast Health and Sustainability Alliance, commonly known as SHASA, started its journey in 2014. Without a major presence in the southern part on the Eurobodalla initially, it now has two significant projects in partnership and collaboration with the local community – the microgrid project (see above) and the Tilba Halls Future Resilience project which is a major upgrade to the Halls. I spoke recently to Kathryn Maxwell, who continues as SHASA President following their September AGM and asked Kathryn what drives her in her role – she identified three things:

- active participation in SHASA is a good distraction from focussing on what's wrong and doing something about it;
- these are exciting times there is a lot happening and there is a much more supportive environment now, with a more progressive Council and new Federal Government;
- it's a great way to meet and work with people locally.

Kathryn nominates a number of highlights over the past year:

- the establishment of heat wave havens through partnership funding between SHASA and local organisations – Moruya Preschool, the CWA rooms at Moruya and Narooma, the Uniting Church at Batemans Bay and the Tilba Halls;
- an active membership of 35 volunteers with an Executive of four plus six committee members (four new committee members since the AGM) and four part time staff;
- a new website and social media presence;
- nine members have EVs and 80 people have had a test drive of the SHASA Nissen Leaf;
- SHASA collaborated with Eurobodalla 350.org and Zero SE



Kathryn Maxwell with the SHASA Nissen Leaf

- to letter box 15,000 houses prior to Eurobodalla Council elections with the involvement of 40-50 volunteers;
- SHASA is actively working with other energy groups across the greater SE region;
- SHASA has played an important part in the development of Council's Climate Action Plan ensuring there is focus on waste management, EV-charging infrastructure and the development of local solar farms with battery storage;
- the Repair Cafe at Moruya continues to go from strength to strength; and with a more active volunteer involvement, their contributions bring greater depth and diversity.

And a big one for this year has been organising the following!

#### ELECTRIC VEHICLE DAY

Saturday 1 October, 2022 10.00 am – 2.00 pm Corrigans Beach Reserve, Batehaven

- Test drive the Nissan Leaf electric car
- Meet local owners of electric cars
- Meet sellers of new and used electric vehicles
- Talk to experts to find out what is possible

Well done, SHASA – for more information go to shasa.com.au

#### Tilba Halls

Congratulations to the Tilba Halls Future Resilience Project Steering Committee which has successfully been granted its Development Application (DA). Receiving a major grant of \$1,048,399 through the Bushfire Local Economic Recovery Fund in July, 2021, the Steering Commitee – three Halls Trust members and three SHASA members, plus an architect - has been meeting weekly (mainly by Zoom). The next step is the Construction Certificate that allows building works to commence. The Halls Trust will display building/renovation/ upgrade plans on a new noticeboard for community information.

Additionally, the Halls Trust has been awarded a \$5000 Eurobodalla Council Heritage Grant that will be used to purchase paint and materials to refurbish the exterior of the Halls.

Watch this space!

# Sporting prowess and congratulations

Central Tilba School seems to have an abundance of talent in sports and athletics – the school's soccer team won the regional



Central Tilba School Soccer Team

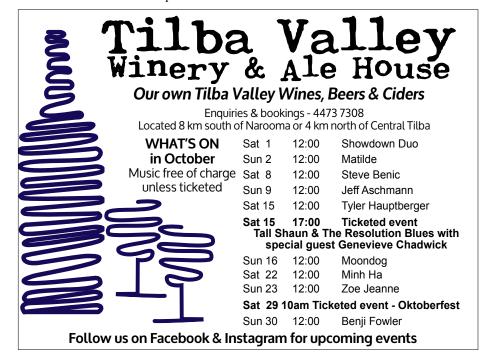
finals at Queanbeyan on 7 September and then lined up for the State finals on 21 September. Teamwork gave them a convincing win with grateful support from all the parents who came on the bus.

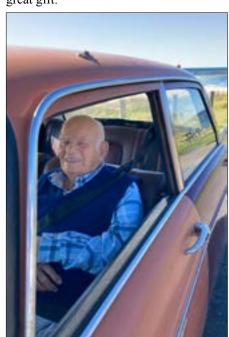
Four students did well in Regional Athletics – Nash placed fourth in both Shot Put and Long Jump, Tinkabell came fourth in High Jump and the relay team also came fourth!

Central Tilba School will present *James and the Giant Peach* at the Tilba Small Hall on Tuesday, 11 October at 12.30 and 5.30 and on Wednesday, 12 October at 5.30. Everyone has enjoyed working with Sandy on this production.

#### Vale Frank Mawer

Frank died peacefully at home in Central Tilba on 17 September at the age of 110 years and 1 month. Known for his determination, he was a humble person of deep faith and abiding endurance. He touched many in his long life, none more than his beloved family. His life was a great gift.





Frank at Mystery Bay on his 110th birthday



During Support Staff Recognition Week, 5-9 September, certificates were presented in acknowledgment of the team that goes above and beyond to keep the children happy, safe, engaged and supported at school.

# Tilba Tappers holding classes for beginners

If you have watched the Tilba Tappers and have secretly wanted to be one, well here is your chance! New beginner classes are commencing next term.

The first will be held on Tuesday, 11 October at Central Tilba Big Hall from 4.30 pm to 5.30 pm. They will begin with soft shoes only for the first few weeks.

Please call Bev for further information on 0419 285 960.



Tilba Tappers welcome new members to their beginners' class



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#### First steps for the Tilba district becoming a Biosphere Reserve

With the smell of smoke still in our nostrils and then water splashing around our ankles, members of the Tilba Environment Landcare organisation (TEL) have been considering how the lovely Tilba district landscape might best be protected, especially for future generations.

We have discussed whether being declared a Biosphere Reserve would be a valuable step in this direction.

Biosphere Reserves are areas of terrestrial, marine and coastal ecosystems managed with the aim of balancing biodiversity, conservation and the sustainable use of natural resources. Look up Biosphere Reserves on the website dcceew.gov.au

The aim of a Biosphere Reserve is to safeguard natural ecosystems and biodiversity, as well as improve human livelihoods and protect ecosystems managed for human use. The reserves promote environmentally sustainable economic development that is socially and culturally appropriate.

A forum will be held on Monday 17 October from 1.30 pm to 4.00 pm at the Central Tilba Hall, to discuss possible future direction for our district.

Professor Peter Bridgewater will facilitate the discussion. Prof Bridgewater has years of experience working with UNESCO and engaging with other Australian accredited Biosphere Reserves.

There are Biosphere Reserves in Australia and across the world. The latest Australian Biosphere Reserve, the Sunshine Coast LGA in Queensland, was declared in June this year. At the forum on 27 October, a Council presenter will explain the benefits and processes undertaken by the Sunshine Coast Council to become an accredited Biosphere Reserve.

Biosphere Reserves are not another layer of bureaucracy – quite the opposite. The decision to become and then abide by the ethos of a Biosphere Reserve is a community-driven process. In Australia, this involves all three levels of government so, for our area, would include the Eurobodalla Shire Council.

Interestingly, the Eurobodalla Council's three-year Community Plan has opened the door to discussion on this subject because Council adopted the Tilba District Plan that included the idea of a Biosphere Reserve.

The event will be jointly hosted by the

Tilba Environment Landcare organisation and the Landscape Preservation and Protection sub-committee of the Tilba District Plan Steering Committee.

Geoff Pryor Chair, Tilba Environment Landcare Member, Landscape Preservation and Protection sub-committee

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# A Biosphere Reserve for Tilba district?

Would this protect our region for future generations?

# JOIN US!

Find out about Biosphere Reserves.

Discuss what's special about our region and how we can best care for it as our climate and economic circumstances change.

Monday 17 October, 1.30 pm - 4.00 pm

Central Tilba Large Hall
Free light lunch from 12.45

Hear from Australia's preeminent Biosphere Reserve expert Prof Peter Bridgewater, and Mr David Moore, Manager Environment and Sustainability Policy of the Sunshine Coast Regional Council, the latest accredited Biosphere Reserve in Australia.

Further information: Geoff Pryor - 0428 930 196 RSVP Monday October 12th pryorknowledge@iinet.net.au

#### Heather O'Connor: survivor, activist, volunteer, driving force

In 1988, Bob Hawke was prime minister and, arguably, the second Australian prime minister to take women's affairs seriously (Gough Whitlam being the first). Margaret Reynolds was Minister Assisting the Prime Minister on the Status of Women, and Heather O'Connor was on her staff. She advised many ministers, particularly on the education of women, and she's never lost that commitment.

Education, domestic violence, economic security – where did her interest in social justice come from? 'Definitely my mother,' she says, looking out over Bermagui Harbour from the Sundeck one breezy, early spring morning. 'My grandfather was a miner who died young of lung disease. But he was a founding member of the Labor Party in Ballarat, and that's the environment Mum grew up in. When he died, all her older siblings had to leave school and find work.

'So, after she married, my mother would sit up until two o'clock in the morning, sewing trousers for Malcolm Fraser in the Western District – amongst other jobs – to make sure we could all stay at school.' Heather went on to complete a Bachelor of Arts (Politics and History) and her Master's (Education) at Monash University – all as a mature-age student, thanks to Whitlam's educational reforms. 'And with that education went the obligation. The commitment.'

Heather had been attending the Merimbula Jazz Festival for years when she met Bermagui jazz singer Pat Thompson in the late 1980s. 'She invited me back to stay for a weekend, and I met more interesting people in one weekend – and I was living a pretty interesting life in Melbourne!' She smiles, 'But that weekend I met millionaires, I met people on the pension, and everything in between, and it just struck me – the *inclusiveness* of the place.'

She bought a little fibro cottage on Wallaga Lake. 'The agent advised me to knock it down and rebuild, but it was a perfectly good house for me. I moved in in 1992 and I'm still there.'

For the next twenty years Heather freelanced – two- or three-week consultancies in Sydney, Melbourne or Canberra, in education, women's issues and philanthropy. At the same time there was

the unpaid work – on the board of Nardy House and The Crossing, volunteering at Umbarra Cultural Centre. She was a founding member of that triangle treasure, Well Thumbed Books in Cobargo. Rural Australians for Refugees, Grandmothers for Refugees ...

'I try to calm down before I ring politicians. But the first young staffer who answers the phone and calls me "dear"...,' she rolls her eyes. 'It's not *dear*, it's *Doctor*.' And, despite her Ph.D. (2014, Women's History), she doesn't use that title often. Or her OAM (1991 for Services to Women). 'But if it makes people listen, or read something twice ...'

Perhaps her biggest achievement since moving here was setting up the Mumbulla Foundation in 2000. 'That came out of the incredible generosity of Neilma Gantner,' she says. The Mumbulla Foundation funds not-for-profit organisations in the Shire; Council matches private donations dollar for dollar. So far it has awarded more than \$1.6 million in grants to over 300 projects.

'There are two things I'm very grateful for. One, that I survived an incredibly poor childhood – I can go from big salaries to sweet bugger-all and it makes absolutely no difference. And two, raising two kids by myself taught me to juggle time.'

Heather's main focus now is housing for women. Single women over 55 are the fastest-growing demographic in the homelessness statistics, nationally and locally.

'That's one good thing that's come out of fires and floods and COVID – I've never seen such an interest in making affordable housing available. Just until all this mess has calmed down, Council needs to put a restriction on short-term rentals. We have to get back to that sense that we belong to a *community*.'

She leans back and sighs. 'There's *got* to be a mix in all planning applications – they *must* address affordable housing. What's needed is a combination of really brave leadership at every level of government, and a heck of a push from us below – just recently there's been interest, amongst some local women, to find a way of bequeathing funds to the cause of housing for women.'



Heather O'Connor: 'I try to calm down before I ring politicians.'

She cites Bend, in Bega, an ecofriendly neighbourhood of 22 households, comprising twelve owner-occupied homes and ten affordable rental homes.

'The co-founder, Jenny Spinks, was fifty when the idea was born, and it took ten years before people started moving in. So what we need is a bunch of women aged about fifty or so, to recognise the need and take it on. I'm getting too old now. The last thing I want is to be sitting around in meetings for the next five years.'

Heather still finds outlets for her commitment to social justice. 'It's harder from an armchair, but I can still get on the phone. I can still write letters.

'I belong to a generation of women with very humble beginnings, women that lived through the war and its aftermath, and I still ended up driving around Melbourne in the prime minister's car in 1983 – in a borrowed frock.' She laughs. Hawke was there to campaign for her in a by-election she was contesting. Now she stops and leans forward. 'And I can only put it down to *education*. That's what breaks people out of poverty. *Education*.'

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#### Singing is good for the soul

Since COVID shut all choirs down, it had been a quiet and lonely time for singers of the Bega Valley, but all that changed recently. Choirs were able to gather again and audiences could be entertained. The Spring Sing was on again at the Four Winds Windsong Pavilion and everyone was happy.

Dan Scollay, Geoffrey Badger and Cheryl Davidson were the key organisers in getting the Spring Sing rehearsals going and organising the associated day-long workshop.

After the workshop, the audience was treated to the works of multiple choirs and choral groups, who shared with us their chosen pieces. They were probably exhausted after having spent the whole day singing and rehearsing, but they sang with such pleasure and gusto it was a joy to hear. You could see on their faces how happy they all were to be back singing together. Many people sang in several choirs, showing how essential, nourishing and fulfilling singing can be.



Bega Men's Choir conducted by Geoffrey Badger

The groups that performed on the day were That Bunch of Singers from Bermagui, the Quaama Singers, Heartsong, Spirit Allegro, the Bega Men's Choir and Djinama Yilaga. Beautiful harmonies, gospel, original pieces, deep resonant sounds, rounds, in language and joyful exuberance ... they all had their style and individual feeling.

After each choir had performed their own pieces, they united into one massed ensemble. With about eighty people on stage the music really resonated. The final piece, an original by Djinama Yilaga, had everyone singing in the local Dhurga language. It was quite an experience to be immersed in.

For such a small region we are so lucky to have six or more community choirs to lift our spirits. Thank you to all the singers. It was a wonderful afternoon of song, good humour and community spirit.

Deb Worgan



Spirit Allegro conducted by David Francis

#### Wild exhibition opens at Spiral Gallery

Exhibition runs to 19 October at Spiral Gallery, Bega.

Twenty South Coast artists explore wild, natural and undomesticated states of existence. Media will include paint, ink, pencil, wild-clay ceramics, wood, wool and fabric.

Artists include Roz Bannon, Zoe Burke, Keith Coleman, Susan Curran, Ivana Gattegno, Joy Georgeson, Ray Hamilton, Stephanie Haygarth, Lucy Jurek-Macey, Glenda Morgan, Ros Owen, Anneke Paijmans, Narelle Perroux, Hilary Peterson, Gabrielle Powell, Julie Smith, Helen Stafford, Steve Stafford, Helen Stevenson and Claudia Tasche.

Spiral Gallery, 47 Church St, Bega (02) 6492 5322. Open Monday to Friday 10 am -4 pm; Saturday 10 am -1 pm.

# CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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#### New taiko class starting in Cobargo

The sound of drums ... big drums. Who doesn't want to bang a big drum??

Maybe you have heard them on Tuesday evenings emanating from the School of Arts Hall in Cobargo? Stonewave Taiko has been running taiko classes in Cobargo on Tuesdays for many years now and they are full of committed, excellent taiko players, both young and old.

Playing taiko is dynamic, energising and fun. Currently, one of the biggest medical problems in the Bega Valley has been identified as depression. If you are feeling the impacts of depression, learning taiko could be a way to bring more energy and enjoyment into your life.

Ask anyone who has played! Millie from Bermagui says, 'I was so pleased to discover such a professional and welcoming taiko group in this part of the world. I first heard taiko drumming at a village festival in Japan and I remember saying to myself that one day I would love to try and learn. Imagine how pleased I was to discover Stonewave Taiko on the Far South Coast after moving here a few years ago! I started attending the Tuesday class and it's been great fun learning and playing together with a very supportive team. Cobargo weekly practice has become a highlight of my week.'

And Jeff, also from Bermagui, reckons that '... playing with Stonewave Taiko in Cobargo is great fun because our teachers are very skilled and enthusiastic and there is a strong sense of camaraderie amongst the group. When we get to play for an event, the team really puts in an effort to put on a big show and our sound is just enormous!'

Stonewave Taiko has been growing steadily over the last eight years because it fulfils a need and supplies a safe framework to develop personal skills as well as body and mind strength. You might be a sea-changer, brain surgeon, retired schoolteacher or a busy farmer's wife, but if you're looking for something out of the everyday, taiko could work for you.

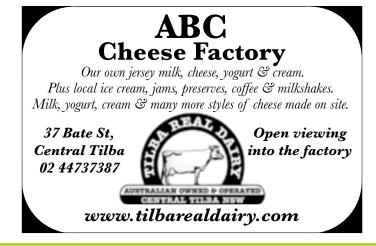


Make noise, have fun and get fit with Stonewave Taiko



Now we are offering a Beginners' Class, starting on Tuesday 11 October from 3.30 pm – 5.00 pm at the Cobargo School of Arts Hall. To book in contact Mahamati on 0448 248 322 or stonewavetaiko@gmail.com. Our website is stonewavetaiko. com and we are on Facebook and Instagram too!

Mahamati





#### Pressing Times, an exhibition by Judy Pinder at the Lazy Lizard Gallery

Judy is a many-faceted artist and has an impressive list of qualifications and achievements. She is primarily a print maker and, in her studio, Pressing Times, she creates lithographs, and lino cuts, as well as etchings. Her prints for this show are sensitive, delicate and just plain beautiful!

Based in Cobargo since 2016, Judy was born and raised on the South Coast of NSW, but with a strong Scottish/Irish heritage. She has made several trips to Ireland and the continent in pursuit of her art, including studying at a prestigious college of graphic art in Florence and in 2009, she was asked to exhibit a unique series of works, based on Gaelic traditional song, as part of St. Patrick's Week in Dublin.

It is her surroundings though that have been a major influence on her creativity. She explains, 'My work is very nature based. I have worked with landscape a lot and I like to try to capture the unexpected moment that I experience, when I have walked a place a hundred times before and, all of a sudden, I see something new that catches my attention. In doing work about a place, I explore that place, and feel my way through to find out how it fits together and my own place within it ... to see where my feet fit.'

Judy is also well known in the folk music scene, as a performer of traditional songs, and she is a fluent Gaelic speaker! She says she divides her time primarily between print making, painting and drawing and her inspiration comes not only from the beautiful surrounds of our lovely area, but from her Celtic heritage as well.



Bermagui River, etching by Judy Pinder

This is a lovely exhibition ... highly recommended and will be in the Side Room for the whole of October.

Naomi Lewis



rww.mumbulla.org.au

#### **Vacancy – Director (Voluntary)**

Mumbulla Foundation is seeking to recruit and appoint suitably qualified persons to at least two Board vacancies.

We are seeking active, motivated people with a range of skills, experience and strengths including an understanding of philanthropy, governance, fund raising, grant making, and a strong connection and commitment to the Bega Valley.

Mumbulla Foundation is an independent entity based in the Bega Valley and is one of over 40 community foundations across Australia. It was established in 2000 in response to a growing need for a sustainable source of funds for community projects. (For further information please visit www.mumbulla.org.au)

Mumbulla Foundation manages philanthropic and public funds for projects to improve people's quality of life and make a positive and sustainable impact across the entire Bega Valley community. Mumbulla Foundation enjoys and maintains a strong relationship with Bega Valley Shire Council.

Mumbulla Foundation has a skills-based board of up to seven Directors. Directorships are voluntary and no payment is associated with the role. A review of current Director skills identified the need to recruit up to two new Directors with a mix of the following skills and attributes:

- Significant experience and qualifications in accounting and/or legal
- Experience in philanthropy
- Experience and skills in risk management
- Strong attachment to the Bega Valley
- Strong relationship development skills

Board composition also has regard to diversity including but not limited to considerations of geography, cultural background, gender, and age.

Board meetings are held monthly, alternating between in-person (in Bega) and online (via Zoom).

If you would like to discuss this role further, please contact Mick Pryke, Chair on 0401 988 276.

Applications close on Friday, 5 November 2021.

#### Four Winds looks to the future



L-R Greg Lissaman, Gabrielle Waters and Mathew Hoy

The much-loved local arts organisation, Four Winds, recently celebrated its thirtieth year of connecting our community with music at Nature's Concert Hall at Barragga Bay.

With eyes on the future, the Four Winds Board has diversified its leadership team to focus on and enhance community participation in Four Winds programs. Artistic and Creative Director, Matthew Hoy, and Co-Executive Director, Gabrielle Waters, joined the team in 2021 and are joined this month by Greg Lissaman as a second Co-Executive Director. Their unique combination of skills creates a dynamism within the trio, resulting in bold and exciting programming from some of the nation's finest musicians for our community on sacred Djiringanj Country.

Community engagement has always been a driving force for the organisation. Matthew Hoy speaks to this, 'I believe in the power of music to connect and fulfil people, in a manner that builds community, respect and understanding, both within and across cultures.' Gabrielle Waters adds, 'I have been coming to this part of the world for some time and am eager to deepen my relationship with this special place. Matthew, Greg and I are all looking forward hugely to making connections and exploring how we can contribute even more to the thriving daily life of our region.' With Greg's extensive experience in placemaking and the audience journey, the leadership team has strengthened its commitment to community participation.

Four Winds is currently working on various community projects. The Djinama Yilaga Choir is connecting people across the Far South Coast through song, under the direction of Aboriginal Creative Producer, Cheryl Davison, and Create and Inspire Producer, Lara Crew.

At the same time, Four Winds has been conducting inschool workshops headed by Create and Inspire Director, David Hewitt. These workshops will culminate in the Spring Youth Music Festival, to be held on 11 November at the Windsong Pavilion and Sound Shell.

Locals and tourists alike are drawn to the beautiful Four Winds site every Easter to experience music in nature. Currently, the Easter 2023 Festival Experience is being curated and details of the program will be released before Christmas. The team is looking forward to welcoming audiences back to Nature's Concert Hall next April. Should you like to read more about what Four Winds is doing, head to the Four Winds website, fourwinds.com.au, or socials via @fourwindsau

Madison Phillips



#### Intertidal opens at Spiral Gallery

*Intertidal* is an exhibition of mixed media at Spiral Gallery, Bega, by Mandy Hillson and Stephanie Simko from 21 October – 9 November.

*Intertidal* explores and reflects the artists' love of the intertidal zone as a place – ever changing, reflecting the rhythms of nature and its beauty. It becomes a contemplation on impermanence and the ebb and flow of life.

To be opened by Indira Carmichael, Coordinator of Arts and Culture at Eurobodalla Shire Council, 5.00 pm Friday 21 October at Spiral Gallery, 47 Church St Bega, (02) 6492 5322.

Opening hours: Monday to Friday 10.00 am - 4.00 pm; Saturday 10.00 am - 1.00 pm.

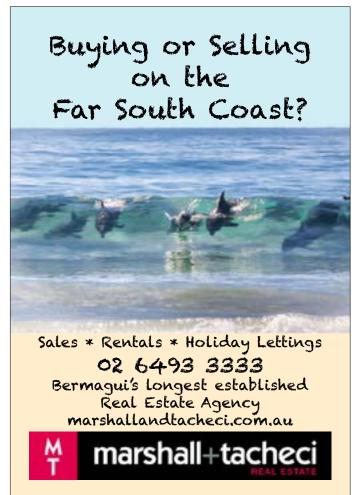
Joy Georgeson





Above: Steph Simko – felted wool
On left: Mandy Hillson – handmade paper and print collage

Tell 'em you found 'em in *The Triangle!* 



# MOSS CONTRACTING

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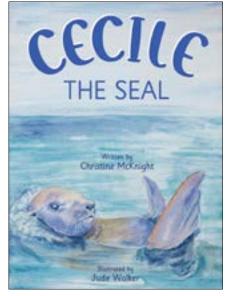
Sam Leone 0416 23 77 53

#### Cecile the Seal Christine McKnight \$18.99

This month, just for a change, we are reviewing a children's book written by local author, Christine McKnight, a resident of Wallaga Lake where this story is set. Many will know her from the Cobargo Preschool. In creating *Cecile the Seal*, she has fulfilled her dream of writing a children's book and we hope many more will follow.

The story is set in and around Wallaga Lake and concerns a local identity, Cecile the Seal, and the people who meet her. It's about how we should respect wildlife and learn how to protect them, and what to do when you do find an animal.

I won't give too much away, but, the people who meet Cecile want to feed her, but with human food and that is not very good for animals living in the wild ... even though we like it.



The drawings, or illustrations are beautiful and you may recognise some of the places around here where we live. They are done by Jude Walker, a fine artist who has illustrated a number of children's books and is well known in the local community from when she lived at Dignams Creek.

One of the reasons I enjoyed the book so much is that it is such a simple story, but with a serious message about how we look after wildlife.

Recently there has been a seal living in and around the Bermagui Harbour. Maybe you have seen it? This seal also needs to be protected from humans, and dogs as well. Sometimes when he's come on shore to sun-bake, a fence was put around him to keep him safe. Also to keep people safe. He got a bit angry when they came too close!

Maybe you could read this review to a child in your life to see if they would like a copy of the book? It's available at shop 7 Artspace, Strangers in Paradise and the Bermagui Information Centre.

If you have a story about an animal in the wild that you know, why don't you send it to *The Triangle* and we could put it in the paper.

#### Pet of the Month

Nimra is a gorgeous girl who has a striking dilute calico coat. If you are looking for a snuggly lap cat, Nimra might be perfect as she craves attention and affection, and especially likes being picked up so she can snuggle on your lap. She is very gentle and laid back and she would make a great companion for someone who is home a lot. Nimra doesn't seem to like other cats but would probably be tolerant of a cat-friendly dog once she got used to them. With her white nose she would be better off as an indoor cat. Nimra is five years old and will cost you \$200. If you are interested, please give our enquiry number a ring – 0400372609 (phone hours are Monday to Friday 9.00 am-5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed and treated for ticks and fleas. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to be suitable to meet the needs of the dog and have secure dog-proof fencing. You can view available animals on our Facebook page – animal Welfare League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption (AWL NSW Rehoming Organisation Number: R251000222). If Kerri Brady

you would like to become a member please call 0400 372 609. If you have lost or found a companion animal, please call the BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the desexing cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

The Animal Welfare League NSW (AWLNSW) is one of Australia's largest animal welfare charities. The AWL is almost completely self-funded and relies on the support and generosity of donors to continue our work. The Far South Coast Branch of the AWL consists of a group of dedicated volunteers who work tirelessly in their efforts for the care and welfare of animals. We have rehomed over 5,500 animals since the branch began in October 2000. Last financial year we rehomed 65 dogs/puppies and 142 cats/ kittens. Ten other dogs/puppies were transferred to other groups. We desexed 120 dogs, 104 cats and four rabbits with



Nimra ia a gorgeous girl

our vouchers totalling \$26,375. We also assisted members of the community in need of financial assistance to pay for special needs veterinary care.

Our branch is successful because of what everyone brings to the team and no one person could possibly run the branch on their own. We all do our bit, trust each other to do their roles, so it goes smoothly and well. We back each other up as needed. Our carers are so important because without them we couldn't take surrendered animals and do rehomings but they largely work alone. They are also a great outreach to our community promoting rescuing an animal.

Let's welcome spring, using new season vegetables in a classic risotto. And to make use of all the beautiful fresh eggs that are abundant at the moment and while blueberries are in season at the supermarket, try this decadent moist dessert cake from Yottom Ottolenghi. Lemons are ripe for the picking too... Cordial is a great way to preserve them for summer drinking.

#### Risotto Primavera



#### **Ingredients:**

200g double podded broad beans 4 medium shallots, finely minced 3 spring onions or young leeks, trimmed and finely minced

1 small clove garlic, finely minced 250g trimmed asparagus spears, sliced into 4 diagonal pieces

1.31 good quality chicken or vegetable stock

1 tbsp olive oil
85g butter
350g risotto rice
100ml dry white wine
140g shelled peas
100g finely grated parmesan
Minced parsley to garnish

#### Method:

Bring the stock to a simmer.

Heat the oil and half the butter in a large, heavy saucepan. Sauté the shallots, spring onions and garlic for 3-4 mins until soft but not brown. Add the rice and stir for a few minutes until it becomes a bit transparent and starts to yellow. Pour in the wine. Keep stirring until the wine has evaporated.

Add a splash of stock and continue to stir. When it is absorbed, add a little more. Keep stirring and adding stock gradually for about 15 minutes.

Put the asparagus into the stock and let it simmer for a few minutes, then add it to the rice with the beans and peas. Lightly season. Continue adding stock and stirring until the rice is all dente but not mushy.

Take the pan off the heat, add half the parmesan and the rest of the butter plus a splash of stock to keep everything moist. Put the lid on the pan and leave for 3 mins to rest. Check the seasoning.

Serve with the remaining parmesan, freshly ground black pepper and scattered minced parsley.

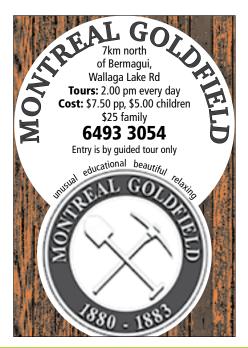
#### **Lemon Blueberry Almond Cake**



Preheat oven to 180c. Line a 11 x 21 cm loaf tin with sides over for easy lifting of the cooled cake.

#### **Ingredients:**

150 g unsalted butter room temp 190g caster sugar 2 lemons 2 tbsp zest 2 tbsp juice 1tsp vanilla 3 large eggs 90g SR flour sifted (or GF SF flour) 110g almond flour 1/8 tsp salt 200g blueberries 70g icing sugar



#### Method:

Cream the butter, sugar, zest, 1 tbsp of juice & vanilla on high (hand held or mixer) until light, then on medium add eggs one at a time. Add flours and salt in 3 additions. Turn off mixer and fold in 150g of the blueberries.

Spread the mixture in the prepared loaf tin (you could also make it more of a slice if it were baked in a lamington tin – you'll need to add more blueberries on top). Bake for 15 minutes, then sprinkle the rest of the blueberries over the top, then another 15 minutes until golden but still uncooked. Cover loosely with foil for another 25 -30 minutes until cooked. Test with a skewer. Remove from oven and cool completely before removing cake from tin.

The lemon glaze is made by whisking the icing sugar with 1 tbsp of lemon juice. Add more icing sugar if too runny, or a little more juice if too dry. Drizzle glaze over the cake in artful puddles and streaks.

Thanks to Yottom Ottolenghi.

#### **Lemon Cordial**



#### **Ingredients:**

2kg castor sugar
1 litre water
30g citric acid
30g tartaric acid
juice of 6 large lemons, strained
finely grated zest of 2 lemons

#### **Method:**

If the lemons are not from your own tree, scrub them well with hot water before proceeding to zest or juice.

Dissolve sugar in water over heat in a non-aluminium stockpot. Add citric and tartaric acids. Stir to ensure that all is completely dissolved. Cool. Stir in juice and zest, and bottle into clean, dry bottles. Dilute to taste with water, lemonade, soda water or mineral water.

Makes 2 litres

#### Trees – a shady subject

A subject in the press and on the minds of many concerned people worldwide is global warming and how we can assist in attempting to solving this very serious problem.

The planting of trees will go a long way to addressing the problem. Trees are one of the most important components of any landscape as they provide protection from the elements, add structure to a garden and provide habitat for wildlife.

Trees come in many shapes and forms whether evergreen or deciduous, short or tall, narrow or spreading, and careful consideration should be taken when selecting a tree for the location that is proposed. Trees are there for a long time, where other plants are not so critical to the overall character of the landscape and can be moved or discarded depending on the circumstances.

It is most important in the decisionmaking process whether to use a tree or not in a particular location, and to look at several issues before the final selection is made.

Firstly, what do you require the tree to do? It can be to create shade for a particular style of garden that is shady in the summer and receives sun in the winter. It could be to screen out an eyesore in another location, a tree to hang a swing off and the list goes on.

Providing shade in a garden to protect the western side of the home from hot summer sun is a very important consideration. A large deciduous tree can reduce the inside temperature of a home by several degrees in the summer while in the winter the sun can get through to warm

the home when the tree is bare. Consider though, the eventual size of the tree so it doesn't interfere with the home when fully mature. Plan for the tree to be one and a half times the distance of the eventual radius of the branches of the tree, from the roofline of the home.



Consideration of utility services, like sewerage, water lines and powerlines, is most important. Town councils have made the mistake of planting large trees like oaks and plane trees under powerlines and then spend enormous amounts of funds in either cutting the trees back every year or creating some very unusually shaped trees that have had their natural shape spoilt by extensive and repeated pruning.

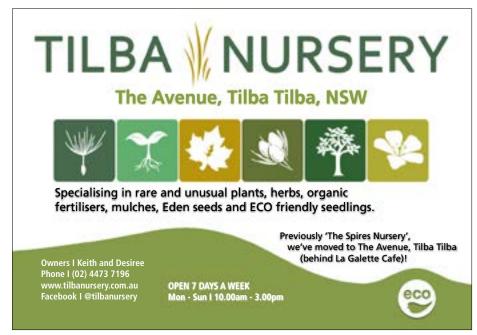
Although I am a great lover of trees, I firmly believe that a lot of our beautiful Australian native trees like eucalypts, are totally misused in the landscape. Some of these trees can grow to a massive size and can be unstable in extreme weather conditions and, therefore, should be used wisely in the landscape. Thankfully, the horticultural industry in recent years has developed a range of smaller mallee-type trees and small grafted species that are fabulous for the home garden situation. The larger species should be left to open farm locations where they can be allowed to grow undisturbed away from buildings and the like.

After the decision has been made to plant a tree in the garden, the next decision is what species to choose. There are many new varieties that have been developed in recent years to take small urban and town blocks into consideration and they have developed trees that cause very little problems to the gardener.

Some of my favourites include several varieties of ornamental pears, birches, pistachio and crab apples to name just a few.

Luckily, all these trees are available all year around, either open rooted in winter or container grown in the warmer months. Planting at any time of the year is all right if adequate water is applied to reduce transplant stress at the height of summer.

The subject of tree selection and planting is extensive, and more than this space allows. Talk to your friends about their experiences with trees, take a drive around the local community and observe what others have done or most importantly talk to your local nursery person for their advice.





## Game On

#### OCTOBER CROSSWORD

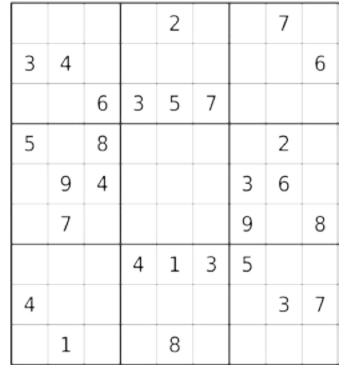
#### **ACROSS**

- 8. Most intimate (6)
- 9. Former St. George Dragons pro rugby hooker and national captain (3,5)
- 10. "Iron Gloves", Test wicketkeeper (3,5)
- 11. Sort of (2,1,3)
- 12. Gun butts (6)
- 13. What you usually see in a mirror (8)
- 14. Rare Queensland spider-eating flying mammal (6-6,3)
- 18. Patriotic (4,4)
- 21. Refuse to accept (6)
- 23. Deadeye Annie (6)
- 24. For the few (8)
- 25. Ghastly (8)
- 26. SA leader --- Marshall (6)

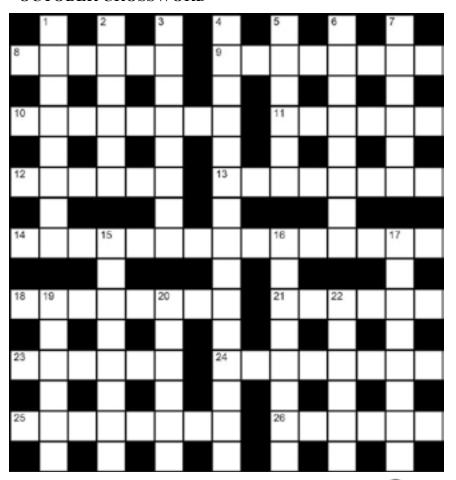
#### **DOWN**

- 1. Not too many (3,2,3)
- 2. Vast (6)
- 3. Gets cracking (6,2)
- 4. Long NW Australian coastal strip (6,4,5)
- 5. Instead (2,4)
- 6. Worried (8)
- 7. East Mediterranean democracy (6)
- 15. Inhabitants (8)
- 16. Playful dolphin relative (8)
- 17. Place for old documents (8)
- 19. Grounds (6)
- 20. Give the pink slip (3,3)
- 22. Bullying seabird (6)

#### **SUDOKU**



Answers on page 3





#### AUSTRALIAN TRIVIA

- What is the national flower of Australia?
   Banksia, Waratah, Golden Wattle or Blue Gum
- 2. In what year was Paul Keating elected as Prime Minister? 1989, 1991, 1993 or 1990
- In what year did the Eureka (Rebellion) Stockade occur in the goldfields of Ballarat?
   1901, 1887, 1865 or 1854
- 4. Who sang about travelling in a 'fried-out Combie'?
- 5. What is country singer Keith Urban's home town?
- 6. In which State is 'Red Dog' set?
- 7. What was the first Australian movie ever made?
- 8. Which is the longest river in Australia?
- 9. Where is the highest point in Australia?
- 10. What is the most venomous creature in the ocean around Australia?

# For the fridge door

OCTOBER	WHAT	WHERE	TIME
Sat 1	Electric Vehicle Day	Corrigan's Beach Reserve Batehaven	10 am - 2 pm
	Showdown Duo	Tilba Winery & Ale House	12 noon
	Bermagui Tennis Club Open Day	Bermagui Country Club courts	2 pm - 4 pm
	Pressing Times art by Judy Pinder	Side Room @ the Lazy Lizard	10 am - 2 pm
	The Hoops	Cobargo Hotel	7.30 - 10.30 pm
Sun 2	Marine Rescue Open Day	Fisherman's Wharf, Bermagui	11 am - 3 pm
	Showdown Duo	The Drom	4 pm
	Matilde	Tilba Winery & Ale House	12 noon
	Wolfstone & Voodoo Fox 2	Cobargo Hotel	5 pm - 8 pm
Mon 3	Richard Lawson	The Drom	4 pm
	Alice Williams	Cobargo Hotel	5 pm - 8 pm
Weds 5	Bermagui Seniors social club	Bermagui Country Club	11.30 am
Thurs 6	Masterworks opening	Shop 7 artspace Bermagui Wharf	5 pm
Sat 8	Open Vanishing Wild exhibition	Cobargo Creators	10 am
	Steve Benic	Tilba Winery & Ale House	12 noon
	Al Watts Blues	Cobargo Hotel	7.30 - 10.30 pm
	Shortis & Simpson singing w/shop	Quaama Hall pg 21	10 am - 1 pm 2 pm - 5 pm
Sun 9	Shortis & Simpson singing w/shop	Quaama Hall pg 21	10 am - 1 pm
	Solo West	The Drom	4 pm
	Jeff Aschmann	Tilba Winery & Ale House	12 noon
	Smoke and Mirrors	Cobargo Hotel	5 pm - 8pm
Mon 10	U3A enrolment opens	Online pg 7	
Tues 11	James & the Giant Peach	Tilba Small Hall	12.30 & 5.30 pm
Weds 12	James & the Giant Peach	Tilba Small Hall	5.30 pm
Sat 15	QuaamaTennis Club open day	Quaama Tennis Courts	2 pm
	Tyler Hauptberger	Tilba Winery & Ale House	12 noon
	Tall Shaun & the Resolution Blues + guest Genevieve Chadwick	Tilba Winery & Ale House -ticketed event	5pm
Sun 16	John Aitkens Cream Cheese Rock	Cobargo Hotel	5 pm - 8 pm
	Chris O'Connor	The Drom	4 pm
	Moondog	Tilba Winery & Ale House	12 noon
Mon 17	Biosphere meeting with light lunch	Central Tilba large hall	12.45 pm
Weds 19	Close of Wild exhibition	Spiral Gallery Bega	M-F 10 am -4 pm Sat 10 am - 1 pm
Fri 21	Intertidal opening	Spiral Gallery	5 pm
Sat 22	Minh ha	Tilba Winery & Ale House	12 noon
Sun 23	ChangoTRee	The Drom	4 pm
	Zoe Jeanne	Tilba Winery & Ale House	12 noon
	Drive Time	Cobargo Hotel	5 pm - 8 pm
Fri 28 - Sun 30	Landcare Wild Weekend camp	The Crossing Bermagui pg 17	
Sat 29	Ticketed event: Oktoberfest	Tilba Winery & Ale House	10 am
Sun 30	Howlin' Mitch & the Habaneros	Cobargo Hotel	5 pm - 8 pm
	Benji Fowler	Tilba Winery & Ale House	10 am
	Singer in the Park	The Drom	4 pm