

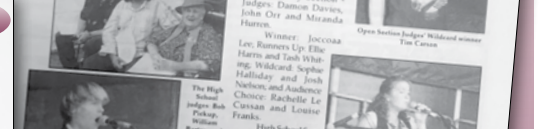
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No.30



The Triangle has turned 20!

Not many community newspapers operated by volunteers have survived through the years, but our very own *Triangle* is still going strong.

The initial seed of an idea apparently came from a discussion between Rosemary Millard and Louise Brown when Rosemary expressed her concern that the 'lost triangle' between Bega and Narooma was neglected as far as local news was concerned. That was way back in 2002. I bet they had no idea it would be still operating in 2022, twenty years later. Louise is quoted in 2013 when she stepped aside, 'You can create something, but it can only be deemed a success if it survives when you walk away'. It has survived.

On reading through *The Triangle* from the very beginning, it is amazing how much the production has changed in look but also how similar it is in the types of articles and issues that frequently appear.

We now have a monthly print run of 1800 copies of 40 pages on average, two colours on the front and back covers, the photos are clear and the printing is professional. Layout is precise.

The other very interesting fact is how similar the subject matters are – climate change, environmental issues, greening the environment, permaculture ... and bushfires.

It is very interesting to see the progress and development of our paper, what has been tried, what has stayed or what hasn't. The sheer number of people who have been involved is impressive, but also in contrast to that how consistent the committee has been over the twenty years. Some people worked on *The Triangle* for over ten years! See the list below (or on the next page).

The advertisers too are important. This publication survives thanks to the support of our advertisers, especially the long-term

ones. Some businesses have been supporting us from the get go – Marshall and Tachei, Cobargo Hotel, Cobargo Co-op, Miracles by the Sea, 777, Dromedary Hotel, Benny's Butchery and By Hook or by Crook. I'm sure there are others I have missed out. Thank you, we wouldn't be here without your support. Sadly, some long-term businesses are with us no more: Salt Water, Antes Pizza, Train Stop Café, Bangles Gallery and Cobargo Home Brew Supply to name a few.

Some of our regular sections have made it through the twenty years such as Tilba, Cobargo, and Bermagui sections, My Triangle profiles, Service Directory, Thumbs (up and down), the Entertainment page – changed to Fridge Door, Garden Magic – changed to Gardening Gabble, Quintessentially Quama (joined in 2008) and the Book Review (joined in 2009).

We have had lots of other sections some of you might remember over the years like the Police Report, Sporting News, Brogo Babble, Mullet Ova (the fishing report), Blokes of the Triangle, Horse Hype and Water Watch. It would be great to see those sections make a comeback.

From being a print-only community newspaper, we gained a virtual presence as part of the begavalley.com site initially, before setting up our own domain in 2015. Colour front pages made a big impact in 2015. And now we have a newly redesigned website.

We have really progressed from a humble, small publication to something the committee and all the Triangle community can be proud of. And what a marvellous record it is of this area – the issues that mattered enough for people to write about it.

The Triangle is now well established as an integral part of the community. Let's hope it has another 20 years of life in it.



Some more memorable *Triangle* covers



Letters

Options for the Cobargo community

The CCDC's project gives Cobargo an opportunity to rebuild a fire-affected part of Cobargo township but it definitely is multi-faceted. The question raised by Lara Rose in *The Triangle* August 2022, poses an important point about money being directed to property that did not burn down. It's one that troubled me also. After having spoken to Shona Taranto, and consulting Google, I now believe that Rebuild Cobargo offers a great opportunity for Cobargo to establish a community-based Post Office. It is a viable direction being taken by a growing number of regional and rural communities in Australia, the US and the UK and is said to offer significant benefits to local communities. A fully functioning Aust Post Office in Cobargo is the key requirement for us and fortunately we already have that. However, a 'fit-for-purpose' Post Office could be a win-win opportunity here. Its proposed location is on land (cleaned-up after the fires) that was originally part of the existing Post Office before subdivision some time ago. The CCDC would buy the land, build a new post office and manage the lease of Australia Post products and services to the community. The other option is to continue with the existing Post Office in its current capacity. I have some OH&S requirements that I personally will be requesting of a new building design and fit-out. The continuation of this project requires a lot of public engagement and scrutiny, but I have always found the CCDC members to be gentle communicators.

Sharon Cole
Wandella

To The Editor of *The Triangle*,

In reference to the letter published in the August 2022 edition of *The Triangle*, we advise that the new Cobargo Post Office funded by the Federal and State Government's Bushfire Local Economic Recovery Fund (BLERF) will be owned by the community. The current Australia Post licensees will lease the new building at market rate and will have no ownership interest in the new building, with rental returns benefiting the community.

The new building will also feature an upstairs two-bedroom apartment, part of the overall strategy to return more accommodation facilities to the village.

The business case developed by our organisation and approved by Government under the BLERF program identified that

the current historic Post Office building was not fit-for-purpose, with very little retail space, difficult delivery access, inadequate parcel storage and inefficient mail and parcel handling facilities.

The future of the existing post office building will be up to the building owner, but we expect that it will be sympathetically re-purposed while being maintained as the outstanding historic feature and essential part of the fabric of Cobargo's main street it represents.

It should be noted that new buildings to replace all those destroyed in the main street are also being funded under the BLERF grants, so ultimately the whole of the commercial heart of the village will be rejuvenated.

Interested readers can find full details of the Rebuild Cobargo projects being undertaken by the Cobargo Community Development Corporation Limited at our website at ccdc.org.au

John Walters
Director, CCDC Limited

Did you know?

In Australia, over 80% of Post Offices are locally owned and managed as Licensed Australia Post sites.

In many cases the Post Office building is owned by the licensee or rented from another entity.

These businesses are not cash cows, the town is lucky to still have a Post Office.

David Wilson, Cobargo



Thumbs UP

A belated Thumbs Up to the Gelati Clinic at the Bermi Fishermen's Wharf. The lift was out of order for a few weeks in June and July, making it difficult or impossible for mobility-challenged patrons to access upstairs businesses. So, the good people at the Gelati Clinic made a table available downstairs and Sundeck staff brought meals down with a smile! Thumbs up to them too.

A special thanks to Norrie and his workers at Cobargo Automotive. They are always obliging when we rush in late for rego checks and don't even roll their eyes! They fix our cars and even our wheelbarrow tyres – we would be lost without them!

Who does the work

The Editorial Committee

Linda Sang (President)
Stuart Absalom (Vice President)
Angela Marshall (Acting Secretary)
Bhagya (Treasurer)
Debbie Worgan
Georgina Adamson

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Distribution Service: Linda Sang

Distributed by Australia Post and available from:

Bega: Candelo Books, Bega Library

Bermagui: 777 Supermarket, Post Office, Shell Bermagui, Bermagui Country Club, Bluewave Seafood, Library, Visitors Centre

Central Tilba: Post Office, ABC Cheese Factory, Sweet Spot

Cobargo: Post Office, United Petrol, Cobargo General Store, The Bowerbird Op Shop, Well Thumbed Books, Information Centre

Narooma: Library, Club Narooma, Casey's

Quaama: The Quaama Store

Wallaga Lake: Merrimans Land Council

Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

Thumbs / Letters to the editor:

All communications should be forwarded to: contributions@thetriangle.org.au

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper.

Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Wandella). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through donations and advertising income. Prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800 in print plus online visits.

My years of living pedantically

September 2003 at the Cobargo pub, *The Triangle*'s first AGM. The committee was celebrating a year of publication and there was an air of happy incredulity: that it was still a goer; that the community had welcomed the paper and were reading it and contributing stories in increasing numbers; that local businesses were lining up to advertise on its pages. After an initial injection of funds by an anonymous donor, the paper was already funding itself.

Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cclsang333@gmail.com.

Cheers all around!

Then I stood up.

I'd marked up a copy of the latest issue with red pen – spelling, grammar and formatting errors, a veritable display of print copy measles. Stammering and inarticulate, I held it up and turned page after page. The committee looked at me blankly. Who was this woman, they must have thought. And what was the problem anyway? But, 'Everyone,' announced the President, Louise Brown, 'please welcome our new proof-reader!' And thus began my seventeen years with our local rag – committee members came and went but the one constant was me and my pedantry.

Proofing in those early days meant sitting with the layout person and watching for mistakes as the stories rolled out. We were using a very amateurish layout program, Microsoft Publisher, and layout would take a week. MS Publisher often went rogue and it was only after the cartoons came back from the printers for distribution that we would discover, for instance, that photos had relocated themselves or disappeared completely, or that the last line of every story had gone missing.

There were some hairy times in the early days, when we were still learning about defamation and libel. Some friendly local lawyer or another always got us out of trouble on a pro bono basis.

One day in 2005, we had a call from Verona goat farmer



Tom Rix. He'd been putting together a newsletter for the Australian Cashmere Growers Association for years and offered to have a go at *The Triangle*, if we didn't mind his moving it into Adobe Pagemaker, a much more professional program. We accepted his offer with alacrity. Under Tom's expert hand the quality took a quantum leap, and now layout was complete in two days.

I was doing the copy-editing by then – I would deliver a flash-drive of clean text files and photos to Tom's property, and soon enough I was sitting at his elbow as he worked, learning Pagemaker. I was Tom's back-up for critical times, like when a Canberra Raiders home game coincided with a printer deadline.

One sad day in 2007 Tom revealed that he'd been encouraging me to learn his job for another reason entirely. He was dying of cancer and would have to pull out. For the next few years I was copyeditor and layout person – free to move commas around to my heart's content. Soon we adopted the next-generation Adobe InDesign program, another leap in production quality. At some stage I also inserted myself back into the proofing team. My nitpickery knew no bounds.

My proudest moment? February 2020, the Bushfire Issue. Of the nine *Triangle* committee members, eight of us were evacuated on New Year's Eve. After returning home and establishing that between us we had the technology, connectivity and emotional capacity to

put an issue together, but still reeling from the events of that night, we invited the readership to send us their stories, photos and poems. We decided that we would publish everything we received. A paper that usually ran to 36 pages grew to 60 – stories of a community holding together with heartbreaking courage and selflessness that readers said was 'a comfort', 'a precious reminder', 'the glue that binds us together'. And so it goes.

My time with *The Triangle* ended later that year but I still receive my monthly issue with a twinge of pride. It's a survivor. And as one unimpressed local told me years ago when his event promotion had been inadvertently omitted, 'Everyone knows that if it's not in *The Triangle*, it didn't happen!'

Happy 20th Birthday, dear *Triangle*! It's been a wild, pedantic ride.

Jen Severn





In 2009, recently retired to Bermagui, I had plans to get involved in the community and, hopefully, put some of my skills to good use in a voluntary capacity. But where should I start?

I found a copy of *The Triangle* and, seeing all the great things happening, I thought there were opportunities here. Then I spotted an ad for a volunteer to learn the computer layout of *The Triangle*. This was right up my alley, so I made a phone call, received an invitation to meet *The Triangle* team and the rest ... is history!

I met the team at the Cobargo Pub with great trepidation – walking alone into a pub (outside my comfort zone) to meet a group of people I didn't know! However, I was welcomed with enthusiasm and friendship and soon I was training with Rose Chaffey at Quaama to learn the intricate, time-consuming task of layout. At the time, we were using an outdated computer desktop publishing system that was quite problematic. However, Rose was patient and supportive and soon I was confident to take on the monthly task of putting this jigsaw of articles, ads and photos together in an eye-pleasing production. Although I remember making a frantic dash to Quaama a few times, laptop in hand, for help with problems!

My *Triangle* Journey

During 2010 and 2011, I enjoyed the layout position but I went away for several months and when I returned there was a new software program so I decided to step back briefly.

I was persuaded to rejoin in 2014 and started writing again. In June 2015, I commenced writing the Bermagui Banter column and continued until 2021. I was also appointed Secretary and had the job of taking minutes of meetings and keeping a rather enthusiastic and noisy committee on track and on subject!

Looking back, I am proud of my contributions, not just Bermagui Banter, but also writing many stories about local groups and activities. In July 2011, I remember writing 'Let's Tell Telstra' – an article highlighting the terrible phone service in the triangle area. I received a lot of community feedback with stories of bad service, so I took the issue to Telstra. This resulted in Telstra heavies coming to Bermagui to 'consult' with locals. Despite much publicity, I was fearful no one would come, but a lot of rather angry people turned up. Still, not much has changed!

There have been so many great issues, but I think the most memorable and emotion-packed edition is the February 2020 RUOK? edition – a 60-page mega issue. In the aftermath of the devastating

fires, *The Triangle* team received many amazing stories of bravery, grief, despair and hope. We couldn't let these stories go, so the team came together, despite being affected themselves, and was determined to get this issue out on time. Could we do it? We did – it went out on time and became a collector's item.

Over the years we have made mistakes. Sometimes we stuffed up! Sometimes we received wrong information! Sometimes our readers were just picky about things. Sometimes readers were angry about something they disagreed with. Sometimes readers just wanted to complain. We took the brickbats. But we also received many bouquets – lots of 'thank you's, lots of 'well done's, lots of 'you guys are amazing!'

It has been a privilege to be part of such an excellent initiative and to work with great people. The wealth of commitment, passion, dedication and hard work from so many over the last twenty years is astounding. It is a fantastic achievement for a small community to publish eleven issues a year consistently. And all done by volunteers without any funding except revenue raised.

Congratulations to those, past and present, who have brought news and views to our wonderful triangle communities.

Carolyn Banados

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Rosemary remembers for the twentieth *Triangle* anniversary



Louise and I met as escapees from inner city Sydney while we were building our houses down the 'far' far South Coast. We had many chats in what was the old Grain Store that Tony and I owned – it had a café, a real estate agency in the middle with an antique furniture business, Cobargo Old Wares, in the shop at the northern end of the building – sadly the whole establishment was burnt in the fires of 2019/2020 and even the three old chimneys that marked the age and design of the buildings have gone.

Anyway, *The Triangle* came from Louise's and my friendship as we realised it was very hard to find out what was going on in the rather large area of the Triangle by relying on the news from the Bega or Narooma papers. There had been a small paper that was in the throes of folding – I think it was called *The Tilba Triangle*, so we asked them if they minded us using *The Triangle* as their current committee was finding it too onerous to continue to bravely put together their paper. We decided to take up where it had left off

and away we went, never having been 'publishers' before.

As mentioned, the early years, i.e. late 1990s, were also the gestation time for better computers and knowledge – both hard to come by, as we did not realise what was available or what we actually needed. No one knew how to use the type-setting programs, which were primitive to put it mildly, another learning curve. The early meetings in Cobargo and Bermagui were often very funny as well as stressful but resulted in those who had the best computer knowledge being given the task of setting up the paper whilst the rest of the committee concentrated on getting the news, selling the space, paying the bills, editing and distributing the paper. As mentioned elsewhere, Carol Ladd's timely generous donation helped ease the pain of initial funding.

We explored the local printers, one of whom was Narooma Printers and I recall another in Bega being used. Then we made

the brave plunge and Bermagui CTC bought a very large photo-copier that was capable of printing the paper and using both sides of the paper at once. The only problem was that in order to do a complete run of an edition, the ink needed to be topped up 'mid run! Lovely Peter Bray, who is no longer with us, used to get up in the middle of the night and go down to the office in the Bermagui Community Centre to top it up. He continued to do this on a monthly basis until we had more customers, became more financial and could use a commercial printer.

We are all grateful for the current committee carrying on the good work and wait eagerly for each month's edition as *The Triangle* is carrying on the original ideas of circulating the news, the gossip and planning in our beautiful south coast area. Thank you all for expanding our original mission and for the work each month, it is very worthwhile and appreciated.

Rosemary Millard

Subscribe to *The Triangle*

Do you live outside the Triangle area?

Be sure to receive your copy every month by subscribing.

An annual subscription (11 issues) is only \$35.00.

Email treasurer@thetriangle.org.au or post your cheque and details to:

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Postcard from Ewen Genders Glen Innes, NSW, 2370

Congratulations to *The Triangle* ...
Community news on a fabulous twenty years anniversary!!

Little me thinking what can I contribute?

Sort of forgot I have training in journalism/professional writing and sub-majors in law and sociology.

So began eight years of exciting, stimulating and challenging Triangling.

Amazing training in voluntary

community work. Little footprints!

The nappies were barely dry, formula un-measured and *The Triangle* was birthed.

Our own voice, feature stories, local news bites and banter, four local schools, festivals, music at Murrah Hall.

Love, Ewie.



Cartoon by Naomi Lewis

DRINKING WATER



Drinking water
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Brand new poly tank
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Available in the
Triangle area



Contact Mark
0408 167 172

Triangle committee members 2002 - 2022

52 people in chronological order, more or less. This list is not absolute and our apologies if we missed you out.

Louise Brown
Rosemary Millard
Lyn Anderson
Linda Livingston
Greg Wightman
Louise Barton
Cathy Thomas
Peter Bray
John Small
Sharon Wotton
Ewen Genders
John Quelch
James Lynn
Jen Severn
Nerida Patterson
John Champagne
Maggie Clowes
Sally Ward
Sally Hand
Veronica Coen
Taina Podlesak
Jo Lewis
Harry Bate
Prue Kelly
Richard Tilzey
Maralyn Callaghan
Carolyn Banados

Virginia White
Elizabeth Andalis
Sarah Gardiner
Chenyne Morris
Terry Freemantle
Sharon Cole
Leanne Lucas
Cliff Tarrant
Christine Montague
Sally Pryor
Paul Payten
Linda Sang
Julie Dibden
Bhagya
Rosemary
Beaumont
Ros Hewett
Nicola Hutteman
Sarah Breaky
Ann Maree Menager
Kathryn Haynes
Debbie Worgan
Rebecca Blunden
Stuart Absalom
Angela Marshall
Georgina Adamson
June Tarlinton



U3A Bermagui – easy to join and participate



U3A Bermagui is all about community. Sure, there are courses and classes that may be of interest to those who no longer work full time.

But more than that, it is a chance to get together with other community members who have similar interests to yourself. You never know who you might meet and what you might talk about.

I became involved in U3A Bermagui soon after I moved to Bermagui six years ago. I joined the Committee to help out with the IT aspects of the organisation and I soon found myself deeply involved in making the process of joining U3A and enrolling in classes as efficient as possible using simple to use software.

It is now very easy to join U3A and to enrol in classes. These are all accessible on the U3A Bermagui website. Our programs are published four times a year in February, May, July and October. Once you enrol in classes you will receive a confirmation email. Then on the weekend before a class you will receive a reminder email of your upcoming classes.

These features make it very easy to participate in U3A Bermagui activities and meet people. Why not join today?

David Monro



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Variety Concert for Can Assist

An afternoon of fun and friendship is planned for Sunday 9 October at the Bermagui Country Club. Lori Hammerton, the organiser, is calling it *Concert for Recycled Teenagers* and is hoping for a full house, as it is to raise funds for Bega Valley Can Assist.

It will commence at 1.30 pm and run until approximately 5.00 pm and the entertainment will be provided by musicians and friends from as far away as Leongatha in Victoria, Canberra, Sydney, Turoos Head and, of course, local.

There will be a great variety of musical genres including country, 60s and 70s pop, blue grass, ukulele, vocal harmonies, accordion and more, with some skits thrown in.

One special guest will be Ben Buchli, an exceptionally talented young Bermagui lad, who will wow everyone with his piano skills. We also have another pianist with a wealth of experience coming from Sydney who has played at functions across Sydney for many years.

Well-known ex-Bermagui man Lance Carder is returning from Canberra and will lead *A Tribute to Murray Douch*. Murray passed away a few years ago and he gave so much to the people of Bega Valley over seventy-five years of music. Lori is hoping everyone will sing along while a short photo show of Murray's life is running.

The LPs, so popular at Seaside Fair concerts in the past, will return with their unique harmonies.

The *Travellin' Country Two* have just returned from playing at three different country music festivals across Queensland and are looking forward to a break before coming to Bermagui to help out at the fund raiser.

Lori said there is so much more and is hoping for a good response. Admission is only \$5. A raffle of hampers of groceries and household goods will be conducted on the day. Bermagui Country Club is providing afternoon tea.

All proceeds will go directly to Bega Valley Can Assist, where every dollar remains in Bega Valley to assist people who are affected by cancer financially. Remember COVID did not stop cancer.

Lori Hammerton

Swearing CAN be good for CAN Assist



Bermagui Lady Bowlers presenting Can Assist Life Member Lori Hammerton with a tin of money.

Although swearing in most sports is frowned upon, it can be beneficial when the swearer is fined and must drop a coin into the 'Swear Tin'.

This is the case with Bermagui Women's Bowls, who have once again donated the contents of their 'Swear Tin' to Bega Valley Can Assist.

Lori Hammerton (CA Member) was invited to call on the ladies after bowls on Tuesday 9 August when President Irene Sutton and the lady bowlers presented her with the tin of money containing \$142.65.

A lot of laughs and good old Aussie stirring occurs when a bowler puts down a bowl on the wrong bias or is simply unhappy with a shot played.

Can Assist thanks the Bermi Ladies and hopes they continue to enjoy their bowls and camaraderie for the years ahead.

Lori Hammerton



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Our own Tilba Valley Beers & Ciders now on offer
Enquiries & bookings - 4473 7308

WHAT'S ON

Music starts at 12.00
- free of charge

September Gigs

Sat 3 Open Mic
Sun 4 Ethan Parlato
Sat 10 Capt Ablit & the Bluetrash Band
Sun 11 Stitch the Band
Sat 17 Chris O'Connor
Sun 18 Kara Coen & Jacqui Holmes
Sat 24 Joshua Veneris
Sun 25 Malumba

Located 8 km south of Narooma or 4 km north of Central Tilba
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Spring update from The Crossing Land Education Centre, Bermagui

The Crossing is a non-profit community organisation near Bermagui. We run community workshops that develop landcare and sustainable design leadership, and host outdoor education programs for schools, youth, universities and adult groups. Bushfire preparedness and fire-retardant landscape design are key components of our work. Bookings are essential for all events and programs.

In 2021, The Crossing applied successfully for a grant through the Bushfire Local Economic Recovery Fund (BLERF). Thanks to this funding, we've been able to work on fire-proofing the built and natural environments around The Crossing and provide employment and education opportunities for three young Aboriginal people. Highlights from the last month include a ten-day long school program; with students learning fire-retardant design, chopping wood, helping to prepare the gardens for spring and immersing themselves in the bush for three days; our three young Aboriginal employees had success finding koala scat during survey work with the Koala Action Network in the Murrah flora reserve; and community members enjoyed sharing skills and gaining knowledge at our annual Heritage and Heirloom Fruit Tree Grafting Workshop.

Our spring calendar is also bursting with opportunities! We have free adult workshops focussing on designing for fire and

Landcare camps for young people to gain skills and knowledge, make new friends and have an adventure. Check out our website for more details.

Free adult and community workshops – book with Eventbrite.

3-4 September: Preparedness and permaculture – design for fire. Run in conjunction with John Champagne from Brogo Permaculture Gardens. Only limited places remain.

16 October, 5 November: Fire-retardant shelterbelts and refuges (take home ten fire-retardant trees with guards to plant at your place).

Camps for young people – book through The Crossing website.

28-30 October: Landcare Wild (Yrs 8-9) Come along for an adventure, meet great new friends and get your hands dirty planting trees and in the garden. Free for fire-affected young people (simply email josh@thecrossingland.org.au and advise us which relief/recovery centre your family accessed).

2-4 December: Landcare Adventure (Yrs 6-7) Come along for an adventure, meet great new friends and get your hands dirty planting trees and in the garden. Free for fire-affected young people (simply email josh@thecrossingland.org.au and advise us which relief/recovery centre your family accessed).

Dean and Annette Turner

Mooji Farm - Seed Saving workshop

How lucky we are to have this community garden on our doorstep.

It is inspiring just walking around their garden, picking up ideas for things we can do in our own spaces.

One Saturday in August, Liz Worth from the Bega Valley Seed Savers, presented a workshop.

The workshop was interesting and informative with lots of tips on how to get it right. I learnt a lot. All seeds can be saved – it is just understanding the way to go about it. Selecting, harvesting, processing and storing in preparation for planting is the cycle. What a good feeling it would be to grow the exact same tomatoes as your grandma used to grow or the same pumpkin as your friend gave you last year.

Why save seeds? I hear you ask. We can grow what works best in our local conditions and regrow the exact same crop again next year. It increases the diversity of our food species and protects strains that may not be sold in the supermarket. Plants producing seeds have flowers that feed the bees and pollinators. As well as that, packets of saved seeds make excellent gifts. Saving seeds saves money and it's fun. Sharing our knowledge as well as our seeds is rewarding and makes us more self-reliant and resilient.

Deb Worgan



Liz Worth conducting the Seed Saving workshop at Mooji Farm



Trekking along the creek



Participants at the fruit tree grafting workshop

Think of it as a birthday present

Are you one of those people, like me, who picks up a copy of each new *Triangle* but no longer carries cash? How about instead of putting a few coins in the donation tin, you make an annual donation of whatever amount you like? Just a once-a-year donation and then you can enjoy your reading guilt free.

Scan the QR code to go directly to our donation page or find us at thetriangle.org.au/tip-jar.

You can find the donation 'tip jar' at the bottom of our home page at thetriangle.org.au



Anniversaries are important to most of us, whatever the occasion, and it seems just as important to celebrate milestones for community groups, which represent the hard work of (usually) a few, around the germ of an idea which is taken up and carried on by a group working together to bring it to fruition.

I do know of a couple of these initiatives that are hatched around the dining table, Four Winds being one!

This issue celebrates twenty years of *The Triangle* publications, if you hadn't already realised! Now that is an

achievement and worth celebrating, a big commitment for all those who have been involved over that time, putting together a monthly publication and distributing it, free of charge, to quite a geographically spread-out area of the south coast.

Zephyrs, a group devoted to bring contemporary jazz concerts to the region, is also celebrating twenty years and has grown in strength and popularity, not only bringing top class jazz musicians here but promoting and encouraging local talent (see article, (pg 31).

Walawaani Muriyira Waraga

Bermagui Surf Club overlooking Horseshoe Bay was an ideal venue for the first event of the Sapphire Coast Whale Trail '22 to mark the official opening of this year's whale season on 13 August.

It was a great day's program and attracted people from all over the community and beyond coming together to celebrate and learn more about the migration of whales along the coast.

Aboriginal tour group and education company, Gumaraa Aboriginal Cultural Experiences, opened the day with their very moving story and dance performance which, although having to move inside, was much appreciated by the audience. It told of the Yuin cultural connections to whales and the significance of this area in that event.

Gumaraa delivers authentic Indigenous teachings of culture through

dance, language and art, based on the traditions of the Dharawal and Yuin Nation. Gumaraa means 'wise old man, our forefathers' and the group is strongly connected to the whales as it is part of their Dreaming.

Following that, about thirty board riders braved the cold morning to do a paddle out on Horseshoe Bay where they welcomed the whales

Back into the Surf Club to hear a number of whale-themed talks by local experts, starting with Jess Millar from Sapphire Coast Adventures focussing on what you might expect to see in the waters over the next few months and explained the significance of some of the antics and acrobatics. A wonderful photographic display, taken by David Rogers on board Bubbles, the whale-watching vessel currently operating from the Bermagui

Wharf, accompanied her talk.

Libby Hepburn representing Atlas of Life talked about the special biodiversity of the Sapphire Coast Region and the importance of monitoring and protecting our coastline and ocean environment. She also spoke of the local citizen science project through the work of the Atlas of Life in the Wilderness area.

Allan Douch from Historical Society and took us back a hundred years with tales of Bermagui's maritime history and the town's association with the whale, accompanied by some fascinating photographs and interesting anecdotes.

It was a great event to welcome the whales and a perfect location and, despite their reluctance to put in an appearance, there will be plenty of opportunities over the next few months so keep your eyes on the horizon.



Gumaraa Dancers Photo credit: David Rogers



A paddle out to welcomed the whales Photo credit: David Rogers



Come along to Marine Rescue Open Day

11.00-3.00, Sunday 2 October at the Fishermen's Wharf, Bermagui

There will be loads of interesting activities and everyone is welcome.

We'd love you to come along, buy a book of tickets and get involved.

- Rescue boat tour
- Radio room tour
- Kid to captain radios
- Jet ski inspection
- Duck rescue
- Face painting
- Games
- Music
- Sausage sizzle
- Raffle
- Prizes as well as dinner and drink vouchers to win

And if you're up for a new and exciting volunteer role, Marine Rescue could be the answer.

Come and talk to us!

Volunteers saving lives on the water.

Council Motion on Cuttagee Bridge

Council has established a new set of options for Cuttagee Bridge and has, finally, moved beyond its advocacy for a two-lane concrete option.

In a lengthy debate on Wednesday 17 August on a motion by Councillor O'Neil, Council finally agreed that Council staff will prepare a report outlining the estimated cost to undertake or commission an options assessment and cost-benefit analysis on options for Cuttagee Bridge (Options Report).

The final motion allows for a composite structure to be considered alongside the standard concrete and also retains reference to the twenty-five tonne load limit thus abandoning the 'two-lane concrete structure' option that the State Government refused to fund last year.

Council has given the State Government two months to respond to its request for the state to take over responsibility for the coastal road, including its bridges. If this option is rejected, it will trigger Council staff to work on costing an Options Report that will be based on the following scenarios:

- A composite concrete and timber two-lane structure with a timber superstructure (structure above the piers); or
- A two-lane concrete structure.

The Report will include recommended criteria and weightings to be part of a guide for a consultancy report. Indicative criteria should include:

- Construction and whole-of-life costings;
- Conservation of heritage, recreational, environmental and scenic values;
- Contribution of the bridge to tourism as part of a broader route;
- Traffic and pedestrian safety;
- Resilience and coastal management; and
- Need for access for essential services including fire and buses and local freight.

The removal of the single lane timber bridge option diminishes the relevance of heritage and tourism values in the criteria.

Community consultation is not mentioned in this process despite the strong local community interest in this issue, including the Save Cuttagee Bridge Group, and a previous report to Council by the Cuttagee Bridge Community Advisory Group.

This process now relies on the fair mindedness of the Council staff in setting the parameters for an Options Report on the future of the Cuttagee Bridge to be prepared by a consultancy firm.

Readers are encouraged to make their views known to Council on this issue.

Geoff Steel, Bermagui



Cuttagee Bridge protest

Bermagui KIDS' Growers and Makers Market

Thursday 29 September 10 am – 2 pm

Bermagui Country Club Auditorium

If you grow, sew, bake, create, or have pre-loved books and toys (no junk) or produce local products, you are welcome.

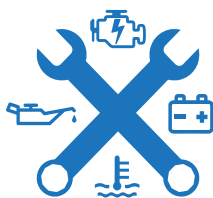
Come along with \$5.00 for a stall site.

A fun day with prizes and kids' meals.

Ring to book a site: Lynne 0425 711 795

Peta 0417 067 557

Kristy 0447 788 665



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Population Growth in Bermagui

The just released 2021 census for Bega Valley Shire shows the resident population is 35,761, compared to 33,941 in 2016. This is an increase of 5.4%, or 1.1% per annum. This is well in excess of the population increase of just 0.65% pa or only 5,500 projected over the next twenty years in the Council's 2020 and 2021 long-term strategic plans. These assumptions were made in the face of the current shortage of accommodation, rising rents and increasing residential property prices.

Total dwellings in the Shire increased to 18,870 in 2021 from 17,571 in 2016, an increase of 7.4%. Occupied private dwellings increased to 15,841 from 14,401, an increase of 10.0%.

Of interest is that the resident population of the Bermagui coastal area (Wallaga Lake to Wapengo) in 2021 was 2,772, compared to 2,374 in 2016. This is an increase of 16.8%, or 3.4% pa. The immediate Bermagui township population in 2021 was 1,865, compared to 1,536 in 2016, an increase of 21.4%. The head of Bermagui Preschool, Narelle Myers,

advises she has an enrolment of 100 with 60 on the waiting list. There were only about 50 in the Preschool a few years ago.

The total number of dwellings in the Bermagui coastal area increased to 1,832 in 2021 from 1,718 in 2016, an increase of just 6.6%, whereas occupied private dwellings increased to 1,365 from 1,150, an increase 18.7%. This would indicate a switch of around 100 dwellings in the Bermagui coastal area from holiday houses to long-term accommodation.

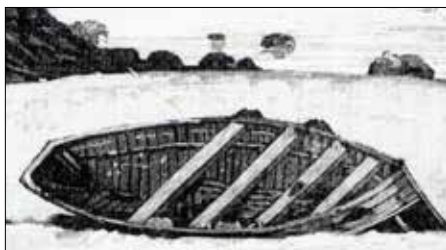
The populations of Cobargo (766) and Quaama (291) have remained fairly stable since 2016, presumably because of the bushfires. Similarly, the number of private dwellings in Cobargo (385) and Quaama (145) remain similar to the 2016 numbers.

Meanwhile, the population of Central Tilba has grown to 342, an increase of 18.7%, and private dwellings to 189, an increase of 19.7%.

Councils need to review their strategic plans to ensure that the increase in housing and population growth that is occurring is taken into account.

Geoff Steel, Bermagui

Track the Bermagui Mystery



Thomas Towers' small green fishing boat was found on a rock shelf near Mystery Bay on Sunday afternoon, 10 October 1880. It was the only evidence for one of the south coast's most curious unsolved crimes, the disappearance of Government surveyor Lamont Young and four others from Bermagui. *Town and Country Journal*, 21 April 1883.

Join other amateur sleuths on Sunday 18 September on the trail of the crime that has intrigued people on the far south coast for over 140 years – the 'Bermagui Mystery'.

Members of Narooma and Bermagui Historical Societies and the Montreal Goldfield Management Committee will retrace this mystery from Bermagui to Mystery Bay.

Five men disappeared from Bermagui on Sunday 10 October 1880. Their bodies were never found, only their boat deliberately wrecked near the area now known as Mystery Bay.

They were the Government Geological Surveyor Lamont Young,

sent to check out the new Montreal goldfield and other gold finds in the area, his assistant Max Schneider and three men from Batemans Bay – Tom Towers, owner of the small boat, William Lloyd and Daniel Casey. Their disappearance quickly became known as the 'Bermagui Mystery'.

'This will be the fifth time we have held this event and, amazingly, we often have something new to consider,' said Narooma Historical Society President Laurelle Pacey.

'There is some confusion, even contradiction in the original records about where the boat was actually wrecked. Just what happened and who was responsible for their disappearance remains a mystery.'

Bermagui Historical Society Archivist Dave Cotton said the police investigation at the time was a shambles. 'Initially it was thought they had drowned so police made no attempt to secure the wreck site that was visited by many people over the following days, compromising the site,' he said.

This expedition starts at the headland overlooking the Bermagui River at 10.00 am Sunday 18 September ending at Mystery Bay picnic shelter about 1.00 pm. Bring lunch and car sharing is recommended. Maps will be issued.

Laurelle Pacey

Geoffrey Guiffre - Celebrating a life well-lived

We all gathered to farewell someone who had made an impact on our lives in one way or another.

There were so many people there – 150? 200? – and from all walks of life.

We got to see and realise that the Geoffrey each of us knew was only a small part of the whole.

He was an active member in so many community forums and groups.

Those who spoke all remember him fondly, often with funny or heartfelt anecdotes that showed he was passionate, dogged, funny, tireless and cheeky. Each speaker revealed another side to this already complex character. Always the first to offer friendship and have a laugh.

It was interesting too that so many people he had met fifty or more years ago were still in contact and considered him a close friend. It is reassuring to think that people can still have such a close connection after half a lifetime.

The common conversation starter was, 'How did you know Geoffrey?' Every time there would be a new angle, a new perspective on this man.

His favourite band, TB3, made the trip from Wagga to play their farewell to a dear friend. The drinks and food, including olives, flowed, and the conversations and memories went on well into the night.

I think he would have been happy watching on.

Deb Worgan



Portrait of Geoffrey by Steven Sallybanks

Bermagui Banter

An exciting event at Montreal Goldfield

**BioBlitz and BioLuminescence, September 17 and 18
10.00 am–2.00 pm daily and projections and spotlighting
6.00 pm each night**

This BioBlitz is an effort to discover and record as many living things as possible within the Montreal Goldfield's unique forest habitat. Montreal is an area surrounded by tall eucalypts with a varied shrub layer and ground covers. The three main forest types are Southern Mahogany, Bloodwood and Silvertop Ash, as well as stands of Coastal Grey Box, Woollybutt and Spotted Gum.

It is hoped to survey all areas of Montreal and log findings into the Atlas of Life Project on the iNaturalist app, identify any rare or endangered species and promote the unique and significant value of the Montreal habitat.

Surveys will be carried out at various times during the day and the evening and will include: birds, insects, invertebrates, small mammals and reptiles, moths, bats and plants.

For more information and the schedule for the weekend check out these websites – Bioblitz, Atlas of Life and iNaturalist.

BioLuminescence is an exciting event that will be held on Saturday night basically using video projections to map species. It has been devised by a team of local high school students under the direction of Scott Baker.

Come and be part of this exciting weekend at Montreal Goldfield and get involved in some citizen science. Morning tea and lunch will be available.

Barry Virtue



Search to Save was painted specially for the BioBlitz at Montreal
by Susan Virtue

HAPPY 20th BIRTHDAY!

Thank you everyone at The Triangle,
& everyone who has contributed.
You are critical threads in the fabric of
our beautiful communities.
Happy Birthday! (and here's to many more)
Adam & Lara

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Join in the ReBoot fun!

ReBoot in Bermagui is presented by the Bermagui Chamber for the local community and visitors to our beautiful town. Held annually on the NSW/ACT October long weekend, it is a fun event for young and old.

The ReActivate program has cash and voucher prizes and kicks off on Saturday 1 October with fun runs – No Adults Kids' Run (1.5 km), Camel to Club (7 km) and No Hills Run/Walk (5 km). On Sunday there's a 350 metre ocean swim at Horseshoe Bay and a swim/beach run/swim for the more energetic.

The ReEnergise program runs over both days and starts with the ReBoot Tug-O-War challenge after the fun runs on Saturday. Get your friends and family together and enter a team. Cash prizes for the winning teams!

Other activities include yoga, tai chi, Pilates, badminton, SUP, surf lessons and whale watching cruises on the awesome catamaran called Bubbles. For road bike riders, there's an escorted ride from Bermagui to Cobargo and back. Bermagui Country Club will host golf and barefoot bowls.

Especially for kids, there's the fun run, tug-o-war, Skate and Skoot competition and fun stuff with Oops! the Clown.

A yummy healthy Bermagui breakfast will be served on Sunday morning and is free if you registered for the fun runs, ocean swims and bike ride. After the swims, the ReBoot male and female champion awards will be announced.

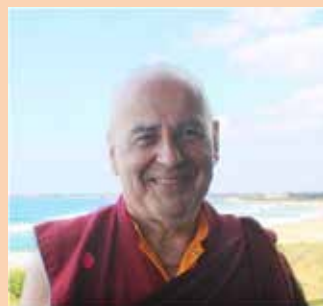
There's plenty of entertainment in Bermagui over the weekend so you can get active in the morning and kick back in the evenings.

Come and join in the fun with us – see the full program and register now at rebootinbermagui.com.au!

Christine Bimson

TUESDAY MEDITATION

With resident monk Venerable Tsultim



Calm Abiding Meditation

Tuesday's 10-11am

Followed by morning tea and a yarn

Kamalashila Tibetan Buddhist Centre

9000 Princes Hwy Tilba

By donation

www.drogmi.org / info@drogmi.org / 0403 779 099

We also hold regular Sunday meditation 10-11am

Bermagui and District CWA

Country women from the Far South Coast got together for the CWA Cultural, International and Agriculture Day held in Cobargo on Monday, 15 August. It was great to be back after a two-year COVID hiatus.

Bermagui presented two items, with Dame Edna (Chris Richard-Preston) visiting Cobargo and singing *I am Woman* after repartee comparing a city dame with a country woman! Nievis Cridland then presented *Sip your tea nice and slow*. She was ably supported by tea-sippers Kath Preston, Gail Whelan and Paula Rumble.

Bermagui and District CWA will be celebrating the Centenary of CWA in NSW with a *High Tea and Hats* event on 12 November. Please save this date and watch for more information next month.

The September meeting will be following a Pizza and Wine meal at 5.00 pm., on Friday 2 September. Please note the different time and that membership fees will be due at this meeting. It will be held in the Corunna Street rooms, all welcome!

Chris Richard-Preston



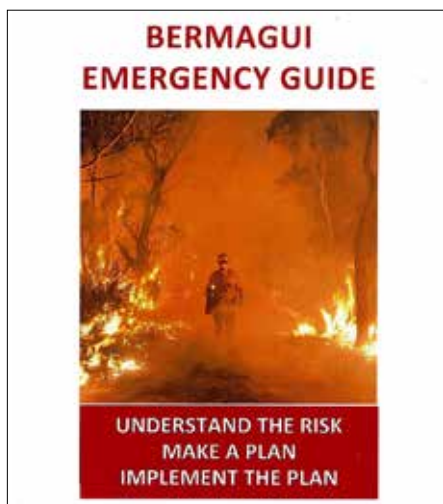
Dame Edna Everage (Chris Richard-Preston) with Bermagui Branch President, Paula Rumble.



MARINE RESCUE BERMAGUI OPEN DAY
Sunday 2nd October 11am - 3pm
Bermagui Fishermans Wharf
Come along, buy a book of tickets & get involved in the activities

- Rescue boat tour
- Radio room tour
- Kid to captain radios
- Jet ski inspection
- Duck rescue
- Games
- Face painting
- Music
- Sausage sizzle
- Raffle
- Prizes to win

Bermagui Emergency Guide distribution



By mid-August, the distribution of the Bermagui Emergency Guide was almost complete.

1,000 guides were produced and the Bermagui Area Chamber of Commerce and Tourism is extremely grateful to Bermagui RFS and Bermagui SES volunteers who have distributed the guides to permanent residential properties in Bermagui and, as far as possible, in surrounding areas. The Chamber also wishes to thank all the local community members who attended several sessions last year and assisted in compiling the guide.

If the guide could not be delivered because no-one was home or, for instance, there were untethered dogs in the yard, an 'Unable to Deliver' notice was left in the letterbox. The notice directs those residents to collect a copy of the emergency guide on presentation of the notice at the Bermagui Visitor Information Centre (VIC) in Bunga Street (opposite Mitre 10) on Monday to Saturday between 10.00 am and 4.00 pm,

one guide per notice. Once the 1,000 guides have been distributed, electronic copies can be provided on request via an email to Bermagui VIC at vic@bermaguichamber.org.au or a copy can be downloaded from the home page of Bermagui Chamber's website (bermaguichamber.org.au).

Holiday rental properties were not included in the distribution. Bermagui's real estate agencies have received an electronic copy for them to distribute to their holiday property owners. Similarly, holiday properties owned by individuals were not included in the RFS/SES distribution – owners of such properties can request an electronic copy as above or download the guide from the website.

Bermagui businesses were not included in the distribution as most business owners live within the distribution area and will have received a copy at their residence. An electronic copy of the guide has been emailed to members of the Bermagui Chamber. Businesses can request an electronic copy as outlined above.

The Bermagui Emergency Guide is an initiative of the Bermagui Chamber following the all-community meetings held in January and February 2020 during the Black Summer bushfires. Production of the guide was made possible by funding from a number of grants. Several issues over the past eighteen months caused delays – COVID (of course) and dealing with last minute amendments. The Chamber acknowledges all those community members and organisations that helped along the way – the project could not have been completed without them.

The Chamber urges residents to read the emergency guide and ensure that, in the case of an emergency, they understand the risk, make a plan and implement that plan to the best of their ability.

Christine Bimson



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Anglican Churches of Bermagui Cobargo and Quaama

WORSHIP SERVICES DURING SEPTEMBER

Bermagui - 11 Wallaga Street
4th, 11th, 18th and 25th at 8am

Cobargo - 5-11 Hoyer Street
4th, 11th and 18th at 10am

Quaama - School of Arts Hall
25th at 10am

Contact: The Reverend John Thomas
Tel: 0427 260 833

The Lone Pine of Bermagui

The Lone Pine, located close to the Bermagui War Memorial, was planted by members of the Bermagui (Sub-Branch) of the RSL in 1965 to commemorate the fiftieth anniversary of the Battle of Lone Pine during the Gallipoli Campaign on the Dardanelles Peninsula. The tree was in splendid condition on the hundredth anniversary of that battle in 2015.

However, in 2016 it was noted the tree was failing. The RSL commissioned arborists over a four-year period to determine the cause. Following several treatments to rejuvenate the tree, it continued to fail and in 2001 the tree was declared dead, cause unknown.

Council gave permission to remove the tree and replace it with an Aleppo pine (*Pinus halapensis*) raised by Yarralumla Nursery in Canberra. Some of the soldiers on the Dardanelles Peninsula collected pinecones there and the resultant seedlings were planted in commemoration of that campaign including at the Shrine of Remembrance in Melbourne, a Turkish pine, (*Pinus brutia*) and at the Australian War Memorial, Canberra, an Aleppo pine, (*Pinus halapensis*).

Rob Summers, an arborist who worked on the old pine, was present when the tree was removed to see if he could ascertain why it had died.

Here is a summary of what was found: 'The majority of the tree's roots were dead but still quite solid until the excavation reached about 300-400mm deep, at that point the excavator encountered a large dead root from a remnant Eucalypt which must have been growing on the site many years before. The stump of the Pine had grown hard against this root and the Pine roots in the vicinity were suffering from advanced decay, the stump itself had produced a mass of hardened resin (its chemical defence against pathogens) in the area butting against the root. Once the stump had been excavated a cross section of the trunk was cut at ground level. This is the first [oldest] decay area present in the trunk [and] is where the tree's defences were triggered.

The pathogen has spread from this point causing the decline and eventual death of the tree.'

A few positive things to take from this are:

- Nobody could have known the old stump was there at the time of the original planting and nothing that was done as part of the tree's maintenance caused the problem;

- There is no treatment that could have been applied to cure the tree without knowing about the old eucalypt stump; and
- The eucalypt root, old stump and nearby soil have been removed so reinfection is very unlikely.

The Bermagui RSL, as custodians of the Memorial and the Lone Pine tree, were relieved to know we had taken all the necessary measures to save the tree. However, it is sad that we will no longer see the old tree lit up at night. We now look forward to the future.

A concrete plinth has been poured in preparation for the planting of the new Lone Pine. A circular bench (purchased by the Bermagui RSL) will be placed on the plinth where it will provide protection for the tree as well as seating.

*Roy Davies OAM, Hon Secretary
Bermagui (Sub-Branch)
of the RSL of Australia.*

Bermagui Public School Report

Kaleidoscope (noun) - a constantly changing pattern or sequence of elements.

Creativity is flowing thick and fast within Bermagui Public School as students and teachers work excitedly towards the major Arts event this year, 'Kaleidoscope'. Students across the school are busy with visual art, music, drama and dance lessons that will culminate in a colourful community event on Wednesday 19 October. Bermagui School families and friends are asked to put this date in their diary ready to witness the school transform into a creative arts paradise and to participate in some fun workshops with students that will be held at the event. We look forward to an exciting and engaging evening together.

Students in Stages 1 to 3 have participated in excursions this month, building skills, knowledge and experiences. A beautiful warm winter day was provided for Years 1 and 2 when they completed their town walk looking at the culture and history of Bermagui. Their big walk took them to see fish traps, the remains of the old wharves, the harbour, waterhole and old buildings. At the Library, Willow explained how technology has changed the Library and read some stories. Students also got to

make some fun robots!

An active day was planned for Years 3 and 4 when they participated in an awesome day playing league tag in Narooma. They learned new skills, played with students from other schools and had fun being coached and refereed by several Narooma High School students. Damian Kennedy, the local Rugby League

development officer will be introducing the Play League Stars program after school. Keep your eye out for it if you would like to be involved.

Several Stage 3 students represented Bermagui at the regional Paul Kelly Cup finals in Ulladulla. The sun was shining bright and so was the team spirit! Bermagui students worked together to play several matches against other schools and won the Regional Championship in the mixed teams competition. Thank you to the parents who drove the players to Ulladulla and provided such an encouraging cheer squad.

Years 5 and 6 students were recently invited to attend Narooma High School's Science Day. Year 9 students and their teachers organised an outstanding day of creativity and fun, entertaining students for two hours with chemistry displays, physics experiments, virtual experiences, robot sumo wrestling and game platforms. Narooma High School students were incredibly knowledgeable and articulate in demonstrating, teaching and sharing the amazing STEM and Science projects they have created.

*Michella Osgood
Assistant Principal
Bermagui Public School*



Stage 1 at the library with the robots they made



Paul Kelly Cup, Narooma

Happy birthday to us!



It was September 2002 when the first *Triangle* was printed and distributed to the three corners of our world. There was no Quaama page at the time, it came a few years later. But there was always the emphasis on community. News by and for us! What's happening just down the road, in our halls, schools and galleries. Featuring familiar faces and articles about plans and actions that affect us all.

We can read international news at any number of news outlets. And national news from several major sources. But what happens here to people we may well know and places we love

can only be found in our beloved *Triangle*.

In case you don't realise it, *The Triangle* isn't written by paper wizards, it's written by members of the region that send in their stories and pictures to contributions@thetriangle.org.au! Sure, there are *Triangle* committee members (like me!) who write a page every month for each village, but the rest of it, most of it, just pours in like magic.

So, if you ever have anything to report, an upcoming event, an opinion you'd like to express or just weighing in with a 'thumb', send it to us! Play a part. Join in. It's your paper too!

And may we have many happy returns.

Quaama writer launches unique anthology for Lambing Flat

Local writer, writing teacher and researcher, Kathryn Coughran Higgins, was thrilled to be guest-of-honour at a recent celebration of the Lambing Flat (Young) Branch of The Fellowship of Australian Writers (FAW).

The Lambing Flat Branch turns forty this year. As the instigator of the group and the only surviving founding member, Kathryn was invited to launch an anthology that brings together the winning entries from four decades of the group's national writing competitions.

This is a unique anthology, which makes for high quality reading, with every entry being an award winner and the diversity of short stories intermingled with poems submitted from across the country. The history of the group's origins and its development over the years is also documented.

The anthology is appropriately titled *Nuggets of Gold*, in recognition of the gems that appear between the covers and

in keeping with Young's place in the gold rush days and the Lambing Flat Riots of 1860-1861.

Following the book launch, Kathryn was called upon to cut the birthday cake that was served with afternoon tea for more than sixty attendees.

This was an opportunity for Kathryn to chat with writers she hadn't met before, as well as those she knew when she lived in Young and those she had met in the intervening years. Kathryn has returned to Young twice, once in 2003 and again in 2018, to facilitate workshops, including her *Writer's bag of tricks* and *Unleash the writer in you!*

Nuggets of Gold can be purchased for \$20 (plus postage) from the Lambing Flat Branch of FAW:

Phone: Lyn 0468 844 060 or email: lambingflatfaw.president@gmail.com

Kathryn Coughran Higgins



Kathryn Coughran Higgins with *Nuggets of Gold*

Save the date!
You are invited to
**Quaama's
Spring Fair**
Sat 15 October at the
Quaama School of Arts Hall

Check the October *Triangle*
for details

Ali Taylor: 0418 611 831

Glennnda Heino: 0408 411 956
quaamaprogress@gmail.com



QUAAMA PROGRESS ASSOCIATION INC.
your community, your future



Our resident geese visit the centre of town and enjoy the warm tarmac outside the school.
Drive slowly everyone! Photo credit: Alison Rhodes



Puzzled about power?

Come and talk to us!

Renewable Energy

Energy Use

Power Bills

Appliance Purchasing

Energy Options

Circular Economy

david.neyle@renewablecobargo.com

Community Energy Co-ordinator

0405 383 692

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The turning of the seasons always seems to be an important way of traversing the months of the year. Winter to spring is especially significant – the days are longer, the sun seems warmer and the message of spring is all around: renewal, revival, rebirth. Many cultures have rituals and ceremonies to celebrate this transition – sadly, we do not. However, we do tend to celebrate major life milestones like birthdays, anniversaries, important family and community events. These are often important in the life of our community. And so, the message – enjoy the turning of the season and if you are so inclined create your own way to celebrate; acknowledge and celebrate important personal or community occasions; and give thanks for the privilege of living in our special area. Congratulations to *The Triangle* as it turns twenty – impressive!

Little Yuin Aboriginal Preschool – getting things done

Keeping up with the needs of a preschool that is at full capacity is challenging. Little Yuin Director, Kim Cooke, is pleased to announce that several funding applications have been successful. These grants are important as they allow the preschool to expand activities and programs, maintain and upgrade existing infrastructure and ensure that kid-safe regulations and standards are continually met. The successful grants are:

- Bega Valley Shire Community Recovery Contribution Program – purchase of materials to rebuild the bush tucker and vegetable garden enclosure that was undertaken by volunteers. Bunnings also donated plants for the bush tucker garden.
- NSW Government Community Building Partnership Grant – the purchase and erection of a new shade sail over the playground area plus installation of new soft fall. The shade sail was supplied and installed by 3D Shade Sails, Moruya and the soft fall by The Playground People, Canberra.
- NSW Government Aboriginal Affairs COVID-19 Community Response Program – financial support for excursions, employment of staff for cultural programs and backfilling of staff positions.
- Bega Valley Shire Club Grants – purchase of a new refrigerator to support a nutritional program and distribution of food from Oz Harvest.

Kim is also pleased to have been recently notified of successful

funding through the NSW Government Infrastructure Grants Program. This funding is for a long-term project to expand the playground area and make it more culturally relevant. It will include renovations, improvements and upgrades with an emphasis on cultural sculptures and artworks, bush tucker and a yarning circle.

National Aboriginal and Torres Strait Islander Children's Day was held on 4 August, with the theme My Dreaming, My Future. Little Yuin Preschool celebrated the day with cultural activities – dance, bead making, rock painting and tattoos – and a special party lunch. Each of the kids got a pack of goodies supplied by SNAICC – National Voice for Our Children. This year it was particularly important as COVID-19 has limited group gatherings. The preschool is using the My Dreaming, My Future to celebrate every day.

Enrolments are now open for 2023. Currently the preschool is at full capacity and has a waiting list. For more information contact Kim, 0488 533 978 or email preschool@littleyuin.com.au

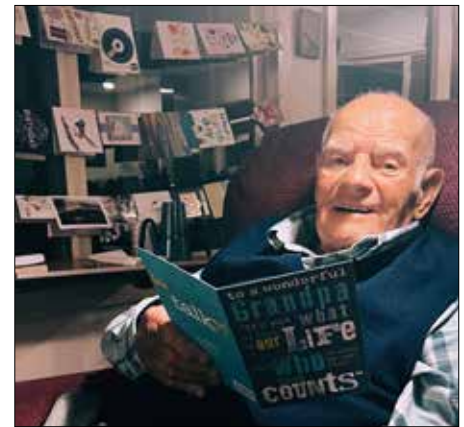


The new bush tucker and vegetable garden enclosure at Little Yuin



New shade sail and soft fall at Little Yuin Preschool

Super Centenarian



Frank Mawer enjoying his birthday cards

To become a member of this rare entitlement, one must turn 110. Frank Mawer, who lives at Central Tilba with his son, Philip, and me, achieved this remarkable milestone on Monday, 15 August. Born in 1912, when the Commonwealth of Australia was only eleven years old, Frank has lived through and experienced all the major events of the twentieth century. He nominates his family as his greatest achievement and believes that his faith plus a life of 'no smoking, no drinking and no gambling' is responsible for his longevity. A hard childhood may have provided him with the resilience, determination and fortitude required for such a long life. Physical work, first as a farm worker and, for the remainder of his working life, as a builder/carpenter no doubt played a role too. Orphaned at a young age, he went on to have six children, many grandchildren, great-grandchildren and even great-great-grandchildren. He continues to have regular contact with his extended family and close friends. The move to Central Tilba from his unit at Gympie last year has required some adjustment although he values that he is able to live with family in a home environment. A drive to Mystery Bay on a sunny day gives great pleasure.

Frank's age of 110 has given him celebrity status. There has been lots of interest and press but the most important part of celebrating has been being with family. Not possible in person but Zoom provided the means. Aboard facilitated by Virginia, one of his granddaughters, it was a very special time. There is quite a display of cards with imaginative means of displaying 110. It is a real privilege to be part of such a momentous celebration as well as sharing our lives together. Happy 110th birthday, Frank!

Cheesemaking to the fore with Angel Williams



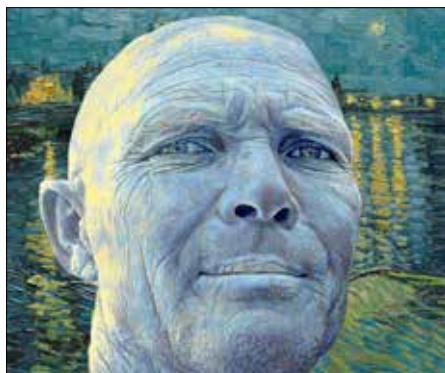
Angel Williams with her three cheeses

Angel started work as a cheesemaker at Tilba Real Dairy only six months ago and has already added three new styles of cheese to the range of cheeses. Her journey to cheesemaking has been circuitous and started eleven years ago in Vancouver, Canada. With her Australian mother, she spent her early life in the UK and studied agro-forestry at university. Unable to find work after qualification, she changed direction and received a trade qualification in carpentry and ended up in Canada. Her introduction to cheese began when she worked as a cheese vendor in Canada and she started making cheese at home. Pleasantly surprised at how much enjoyment this gave her, Angel decided to explore options for employment. A Google search brought up a couple of options in Australia and she ended up working as a cheesemaker at Holy Goat, in Castlemaine, Victoria, who specialise in artisan cheeses. From there Angel had a stint at Pyengana, in NE Tasmania, making cloth-bound cheddars and winning some awards. Then back to the mainland where she ran the cheese room at Cupitts Estate, Ulladulla, making cheeses and winning more awards. During this time, she had some contact with Tilba Real Dairy and Erica Dibden that led to her current employment. Erica's interest in increasing and expanding the range of cheeses fitted well with Angel's experience and knowledge of artisan cheesemaking.

With the relatively recent change in Australian regulations that now allow for the use of raw milk cultures, this provided the opportunity to make young cheeses that show the true quality of milk – ideal for Tilba Real Dairy's quality Jersey milk and Angel's knowledge and experience. Three cheeses now make up this new range – two lactic cheeses and a washed

rind cheese. Angel's Cloud is an old-fashioned cream cheese that is ripened for only one week and is best used quickly; Napoleon's Revenge is a Valençay style with a truncated pyramidal shape and a soft flavoured rind (the story goes that Napoleon sliced the top off a pyramid shaped cheese to create the Valençay shape) that is light but not runny soft; and Latimer's Gold (after Joseph Latimer, an early director of the ABC Cheese Factory) that is a classic washed rind cheese with the characteristic aroma. All three cheeses have been received with great enthusiasm and are sought after. Angel's tip is to eat them with a slice of fresh apple that keeps the palette fresh and allows the best appreciation of the cheeses.

Angel has settled in well to her new life in the Triangle. She appreciates working for a small family business that welcomed her and is enjoying living in Cobargo – she loves the landscape which reminds her of the UK. Angel also has an interactive e-book that is available through iTunes called *How to say cheese* – its aim is to help people increase their confidence and knowledge when buying cheeses and has lots of tips for enjoying cheese. Welcome, Angel.



John Small by Tony King

Farewell friend

John Small died unexpectedly at the end of July. A long-term Central Tilba resident, his legacy will live on through many Tilba signs, the wonderful dog calendars and his stunning photography. He was also the author of Tilba Bites for a few years. These words from Tony King say it all:

I'm so deeply sad to hear of John Small passing. He was so dear to myself and Kris. The Peaky Blinder with the Andy Capp rollie that clung to his lip when he laughed. He was the bird whisperer. The cat that followed the sun around the back terrace at Casey's. The loveable

curmudgeon. Nobody could get to the nub of something in fewer words. He turned a predicament into music. He was funny, perceptive, a brilliant artist and incredible photographer. John had such a huge heart, especially for the downtrodden. We shared a love of Kurt Vonnegut and his dark compassionate humour reminded me of Kurt. He was the essence of a kind Australia last seen from the rear vision mirror of his postie bike. Vale John, we will miss you terribly, love always from Tony and Kris

Cultural appreciation

At the end of the first week of third term, Central Tilba Public School celebrated NAIDOC Week with the opening of their new Outdoor Cultural Learning Space and murals. This space has been newly landscaped to make it more accessible and has a yarning circle with a firepit in the middle. The celebration included singing *Gulaga and Gadu* in Dhurga language and sharing a lunch of kangaroo stew and campfire potatoes as well as Sandy's famous stick damper with Bob's honey.

The monster raffle to raise funds for MND has been drawn and all prize winners have been notified. This was a very local effort with huge support from Tilba businesses who donated prizes. The school celebrated with a special Footy Fun to fight MND and lunch – the fundraiser was a great success.

The school has also participated in the District athletics - Nash, George, Zac and Tinkabell are now training for the regional carnival.



Enjoying stick damper



The Outdoor Cultural Learning Space

Happy birthday

Best wishes and happy birthday to Central Tilba resident, David Oliphant, for his 80th birthday on 19 August. David was pleased to be able to celebrate with family and friends, in particular his three daughters, Ruth, Rachel and Clemency, and his cherished granddaughter, Hanna.



David Oliphant enjoying his 80th

Equipment for loan

Sometimes after an injury, post-surgery or some other incapacity, equipment aids can assist. This type of equipment is not always easy to access in a hurry. Now, thanks to Janine Halasz with the help of Linda Newcombe, there is a local range of aids for independent living available on loan that include mobility aids, shower chair, adjustable table and more. Janine can be contacted on 0400 992 246.

The Hairy Concert

The Hairy Concert, held in the Small Hall on 30 July, was a resounding success. The entertainment was again brilliantly organised by Bev Long with a wonderful mix of talent to entertain a great audience. Thanks to *Djembe Forte*, *Tilba Tappers*, *Zoey and Damon*, *Stitch*, *The Minstrel Quartet*, *Shana and Deedee*, *Dali and Andrew*, *The Vicar and Alice*, and Richard Cooke who performed and managed the sound on the night. And thanks to *Captain Ablit and the Bluetrash* for entertaining everyone at supper and to Rob and Carrie for playing *Celebrity Head* with *The Vicar*! A lot of work goes on behind the scenes to create these events. Janine, Sally, Victoria and Maggie put on a super spread for a Christmas in July dinner – 55 guests sat down to cheese platters, pulled pork and turkey rolls and yummy sweet nibbles for dessert. Tony and Smilie were on the door and Santa did a great job selling the raffle tickets. Rob and Sally and others were quick to help with clean up and Scroggy was a dab hand with the dishcloth!

Special thanks to the following sponsors, without whom these nights would not be so successful – Sweetwater (gift voucher \$100), The Drom (gift

voucher \$50), Tilba Dairy (gift voucher \$50 for cheese and milk), Tilba Sweet Spot (Lollies), Tilba Tappers (Rum Balls), Tilba Teapot (delicious Florentine slice) and the many others who kindly brought along food.

All up we managed to raise \$2,198 on the night – much-needed funds for the halls – that will go towards insurance and the upkeep of the halls.

If you have any ideas or would like to be considered as a performer at the next concert please feel free to contact tilbahalls@gmail.com

Chrissie Montague



Celebrity Head with *The Vicar*

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Tilba CWA – spring has sprung!

At the time of writing, the first paper daisy has sprung at Mountain View Farm, Tilba Tilba. A good sign for what we hope will be a fine, sunny and warm spring day to celebrate our hundredth birthday at our Vintage Garden Party. A heartfelt thanks to everyone who has supported us by purchasing tickets for the High Teas that are now sold out. Wine and Cheese Tasting places are available on September 10 scheduled at 12 noon, 12.30 pm, 1.00 pm and 2.00 pm. Tickets are only \$20 per person and include entry to our Vintage Garden Party. Even though the tastings are a generous taste sensation of the Tilba region they are not designed to replace a meal. We suggest enjoying a hearty breakfast or lunch prior to our wine and cheese tasting. Visit the local cafés and eateries of the Tilba region that will be open on Saturday 10 September including La Galette, the French café in Tilba Tilba, and, in Central Tilba, The Dromedary Hotel, Sweetwater Smokehouse Bar and Grill, Tilba Teapot Café, Eumun Tea House

and the Tilba Bakery.

Tilba CWA is very proud to support our local winery and dairy to showcase their quality produce. The wines were selected by Carly from Tilba Valley Winery



First spring paper daisy at Mountain View Farm

and Ale House, then carefully matched by Erica Dibden of Tilba Real Dairy to their locally made cheeses. With her extensive knowledge and experience in cheese making, Erica Dibden said, 'I've carefully selected these wine and cheese pairings to create a blended harmony on your palate, they taste so good together.' We can certainly vouch for that having sampled what's on offer!

All guests attending Tilba CWA's Wine and Cheese Tastings are encouraged to participate in other aspects of the Vintage Garden Party including dressing in vintage clothes with prizes for the best dressed, listening to the cool vibes of Stitch the band, playing garden games like croquet, picking everlasting daisies and browsing the CWA cake and craft stalls. For more information or tickets, contact Tilba CWA text 0407 100 710 or email cwatreasurytilba@gmail.com

*Teresa Stubbings
President, Tilba CWA*

email email email email email email email email *The Triangle's* email address is contributions@thetriangle.org.au

Shot of the day!



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We spent 65 years of our lives in each other's orbit. What can I fit in three sentences? Will have to make them long!

We are first cousins. John Peter Lindsay was born in November, 1957, in Wollongong to proud parents, Peter and Pauline Small, and sister Linden now had a gorgeous brother.

Childhood included visits to my family's sheep property, Noorla, in the Abercrombie Hills. It offered a pristine river, milking each morning, horses, rabbits to trap and fish to catch, haymaking, poddy lambs and firewood.

Stages in Beecroft and Cronulla. Dad was an airline pilot and Auntie Pauline, a trained teacher. Later to Hobart, where Pauline and my dad, Dudley, grew up.

I stayed three days with them in Hobart in February 1972, in my motorbike travels around the Apple Isle and possibly helped encourage John's later two-wheeled pursuits.

Jump to early 1982, when Anne, Kate and I moved to Central Tilba and John came too.

This was the beginning of John Boy's forty-year love affair with Tilba. Plenty of characters old and new. His creative abilities with drawing, art, music and

Travels with Smally

photography were fuelled in this magic environment, living with the backdrop of an amazing National Trust Village, Gulaga Mountain and the ocean ten minutes' drive away. Community was vibrant and strong.

John struck up a great long friendship with Steve Cos, an amazing person and talented signwriter, who helped develop his own skills.

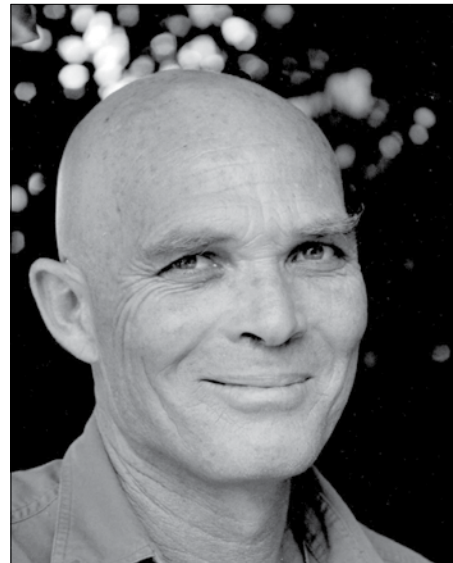
Many *Trianglers* will remember posters crafted by Smally for music events, parties and special nights at the Drom. His amazing involvement with home-grown band, The Predicaments. Later on the sidelines with The Riddled Liver Band.

John agreed with café culture. Long stimulating relationships with Love at First Bite, the Tilba Teapot, Casey's Cafe and Helens Café in Bermi. About 11 am he'd wheel up on his postie bike, for paper, tobacco and good espresso.

Many of you have great stories to tell of friendship and intrigue with Smally, his acerbic wit and turns of phrase.

Mine is as a cousin, dear friend and having each other's backs.

Intimate jazz nights with John and Maggie Cursley, Madam and The Ragtag Jazz Band belting out the blues at Le Wharf in Bermagui, music nights at Murrah



John Small photo taken around 2000
by Kristin Ballard

Hall, too many Easter Tilba Festivals to remember, but John was ready to photo and record Tilba's social history.

I often think the icing on the cake was our long friendship with Pat Thompson. We'd visit her in Bermi quite often for nibbles, natter, whiskey and outrageous conversation. Pat loved John as a very special human being.

Smally's only fault was he was a lousy speller. But in true grit style, he made it a feature in lots of his artwork.

Dear John, we are gutted to not have you with us physically, but you gave, shared and delighted in so much with so many of us. We have the images, tender moments and hilarious memories to nurture us.

Hope you are flying high, love from us and thank you, Ewie.

Ewen Genders

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Spirit Allegro comes to Central Tilba

There has been a dearth of community choir singing over the past few years, so it was a great pleasure to hear that Spirit Allegro planned 'A mid-winter indulgence' in the Central Tilba Hall on Sunday, 21 August. And so, on a bright, crisp and sunny winter's day, the choir welcomed its small audience for what was indeed an indulgence. The program was a musical journey that was summed up beautifully in the program notes:

Today's program takes us from the fashionable melancholy of the Elizabethan period to contemporary messages of peace and hope. We wanted to indulge our collective and personal mood at a time when there is plenty in the world to reflect on. Mid-winter seems like the perfect time to take a moment and indulge our mood through music and singing.

A key theme running throughout the concert is beauty in simplicity: simple musical constructs that come together to create surprising and tangible beauty. Throughout, the composers create incredible harmonies often from the most sparse musical material. It is true to say that the absence of complexity allows

us all to connect to the music easily and immediately.

Opening with the haunting sound of Uccellini's recorders, the program spanned the centuries with sacred music from the sixteenth and seventeenth centuries made famous by William Byrd and his contemporaries, through to Mendelssohn and Vaughan Williams. The tension of *Earth Song* and the hope and optimism of *You are the new day* reflected contemporary times. The joy of singing *Sing! Make a joyful noise* by Spirit Allegro's Musical

Director, David Francis, completed the delightful program with a flourish.

Thank you to David Francis who, with Janice Bool, has kept Spirit Allegro alive; to Kate Jorgensen and her group of exquisite recorder players, Uccellini and friends; and to each choir member whose work and pleasure was evident in their performance – a real gift and indulgence for us all. And, at the end, Spirit Allegro graciously sang Happy Birthday to Frank Mawer who was able to attend.

Stuart Absalom



Spirit Allegro in action

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Spring is definitely in the air. If you take a look deeper into the paddocks you can see the green shoots busting their way out of the ground challenging the frost-bitten dead grass for a share of the sunlight. The cattle's coats are changing with the old hair starting to be shed and a finer, much cleaner, silky hair coverage appearing. Hopefully people's spirits will lift with the weather. Let's make spring the time to focus on positive outcomes and let the negative words be a less frequent visitor to our thoughts.

Can I congratulate the founding people, who took the challenge to develop a great little newspaper, *The Triangle*, and brought to us all a comprehensive, informative, great read. All the people from the community who contribute in any way should be congratulated for helping to keep it all going. A huge Happy Twentieth Birthday to the team who are *The Triangle*. As they say, 'From little things big things grow'.

Cindy and Shane Cameron along with Barb and Dave Rugendyke stood proudly to witness the marriage of their children Kylie and Jai. A fantastic service was held at Scotts Bay that also included a naming ceremony for their son James. The reception followed at the Cobargo showground. A hundred and thirty guests celebrated the occasion with much fun and fanfare. Congratulations to the lovely couple.

Congratulations are also extended to the Tanner and Wotton families with the safe arrival of two fine boys, Thomas Cooper and Winter. The beaming smiles of the grandparents are hard to miss.

Sadly, we acknowledge the passing of past Quaama local, William Shipton, known as Willy, son of Bob and Bev who has lost the battle with cancer. Yet again it has taken someone far too young. Willy leaves behind two daughters, Lily-Rose and Brianna. Condolences to all the family.

Thank you

After many years, Baking Buddies have decided to hang up their aprons and no longer do the Saturday morning market in Cobargo. Our jams and pickles will still be available in the Cobargo General Store and Cobargo Creators. If you wish to order a Christmas cake or pudding, please order early and we will arrange a date for collection in December.

Our last day at the market will be 10 September. We wish to thank all our regular customers for their support and for making our Saturday mornings so enjoyable! Cheers,

Lorraine and Beth



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The launch of the Painted Poles of Cobargo

Lazy Lizard Gallery and Cobargo Creators were thrilled with the launch of the Painted Poles of Cobargo project that was held on 6 August at the Cobargo community hall. The community members wholeheartedly supported the project by turning up in large numbers. The launch had a lovely energy and it showed how collaboration can create something beautiful. A great event – joyful, thoughtful, respectful, relaxed, engaging, musical, sunny and, best of all, creative.

Zena Armstrong from the Cobargo Community Recovery Fund that supported this project gave an excellent speech explaining where some of the donations had come from and how the funds had been expended so far. We were also able to meet some of the committee who have been working behind the scenes. Zena cut the colourful ribbon with lots of cheers, hugs, reconnections, pole stories and happiness all round – a grand launching pad for more painted poles and many more collaborations.

Shannon created the most amazing, legendary pole cake that was feasted on by all as we swapped pole stories and chatted.

The Painted Poles of Cobargo has restored colour, beauty and pride back into our village and hearts. It's a recovery project about beauty, art, story-telling, well-being and self-esteem.

There are Painted Poles of Cobargo postcards scattered around Cobargo so grab one or two and post them to a friend! Cobargo is putting a unique creative stamp on our village with our poles – a combined sense of belonging and hopes for the development of tourism possibilities.

Finally, the poles are documented on the Cobargo Creators website that tells the story of each pole, the artist and the idea behind their painting – read about them all on the pole by pole section of the Cobargo Creators website.

Artists include: Ruth Haggard, Michelle Marly, Shirleyanne Myers, Vivienne Arnott, Lainey Keir, Judy Pinder, Gabrielle Powell, Natalie Bateman and Carl Taylor, Cobargo Playgroup, Emily Laszuk, Ros Hewett, Naomi Lewis, Robyn Williams, Helen Morris, Maz Raynsford, Kath Unsworth, Zoe Burke, Kelly Ryner, Cornelia Eichler, Allison Allwood, Robyn Williams, Ci-aan Argent, Narelle Perroux, the Evans Family, Jenny Bruce, Nicky Hutteman, Michelle Marly, Sally Wilson, Maggie Thorssell and Jess Evans, Shanice Hilder, Cobargo Public School and the Cobargo Children's Art class.

Gabrielle Powell



New Community Energy Coordinator for Cobargo district

Puzzled about what's happening with energy and power in NSW? Wondering how to make your home more energy efficient and find new options for energy providers? Keen to know more about renewable energy, solar power and batteries?

The Cobargo and District Energy Transition (CaDET) team behind Renewable Cobargo is pleased to announce the appointment of David Neyle to the newly-created role of Community Energy Coordinator. Funded through the Federal Government's Black Summer grant scheme, the Community Energy Coordinator is part of CaDET's broader Community Energy Program that has funding to provide stand-alone solar systems and batteries for four community buildings: the RSL Hall, The School of Arts Hall, the Cobargo RFS shed and the Cobargo Co-op.

The Coordinator role has been designed to help residents, whether home owners or renting, find reliable information about ways to make your energy dollars go further. This includes information about how to read your electricity bill and how to make your home more energy efficient, about stand-alone power systems and farming practices that fit with Australia's commitment to reduce carbon emissions.

'Cobargo has the opportunity to show the rest of Australia what an energy efficient future looks like,' David said. 'We can also demonstrate that projects like the proposed community microgrid can make the electricity network more resilient to natural disasters. It excites me to think that, out of the adversity of the bushfires, we are creating opportunities to lead the

way in Australia.'

David comes to us from a diverse background. Originally trained as an electronics engineer, he transitioned into technical training and in recent years wrote training materials for the electricity generation and distribution industry. He is an experienced human resource professional, skills that lend themselves to community consultation and engagement. David is also known for his work as the Coordinator of Bega Valley Repair Café, a not-for-profit, volunteer-led venture that he started up four years ago. Whilst not a Triangle local, David has empathy with the situation that many locals faced in 2019/20. David lives in Tathra and personally experienced the 2018 bushfire at close quarters when defending his own home and a number of other properties in his neighbourhood.

His expertise is available free of charge for residents from the Triangle region.

David is based at the Cobargo Bushfire Relief Cottage from Monday to Wednesday and can be contacted via email on david.neyle@renewablecobargo.com or by phone on 0405383692.

The CaDET team



The new Cobargo and District Community Energy Coordinator, David Neyle, discussing power usage with Tarraganda farmer, Chris Apps.
Photo Credit: Zena Armstrong

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Up, Up and Away!

Some welcome news about the restoration work at the Cobargo School of Arts Hall!

The Bega Valley Shire Council has advised that re-roofing of the Cobargo School of Arts Hall and rebuilding the fire-damaged toilet facilities should commence in early October.

Specifically, the Council has indicated that the request for tenders will close in mid-September, with the successful tenderer able to commence on site in early October.

While these refurbishments have been a long time in the planning, Council is aware of the importance of the Hall to village life and has structured the project to deal with the Hall's roof first.

The Hall will be out of action for some time and not available

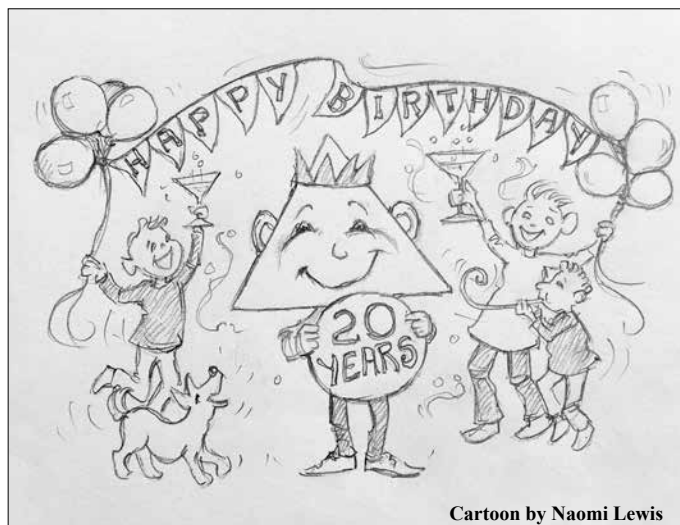
for normal usage. As details regarding the timing are firmed up, regular users will be contacted directly and the community will be kept in the loop via *The Triangle* and existing community networks.

Phase 1 of the project is likely to be completed and handed over by late November when the Hall should be able to resume normal operations but without toilet facilities. Phase 2 of the project, including the rebuilt amenities, paths and the modifications to the side door of the hall should be completed by late December or early January.

Steve Williams



The Most Wuthering Heights Day ever.
Zoey Pepper surrounded by dancers at the annual Kate Bush tribute event.
Valiant Coffee, Cobargo. Photo credit Matt Nettheim



Cartoon by Naomi Lewis

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Cobargo Conversations

Drama at CWA!

All the branches of the Far South Coast Group of CWA, from Eden to Batemans Bay, met in Cobargo at the School of Arts on Monday 15 August for their CIA Day. No need for concern, they haven't linked up with the American organisation (horrifying thought!). It stands for Cultural, International and Agricultural Day, reflecting the wide-ranging interests of the organisation.

The cultural side was demonstrated by a series of drama sketches by individual branches, ranging from our very own Dame Edna (!) to a demonstration of the Four Seasons of Woman. Hilarious to say the least.

The International Country of Study this year is Latvia, so many brought along Latvian-themed food for lunch and the varying versions of honey cake just had to be investigated.

The Agricultural section was devoted to a fine display of recycled articles and the primary product focus for the year – coffee – and the Flora and Fauna focus, namely banksia and bittern.

Back to Cobargo branch, following our next meeting on Tuesday, 13 September, we are hoping to see some younger members of the community who are interested in learning some of the traditional skills such as knitting, baking, making preserves, practical sewing and other crafts. We are hoping that we can also learn from them.

If you are interested in joining us for this, please be assured you will be welcome. Bring your children; there will be a story corner and lots of toys. Come around 1.00 pm, have a cuppa and enjoy.

Or come along to our regular meeting that day (Tuesday 13 September) from 10.00 am at the CWA cottage on Bermagui Road and find out what the CWA is up to.

*Mary Williams, Publicity Officer
Cobargo Branch of the CWA*

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Invitation to the Spring Quilt Show
After a four year gap, the Quaama/Cobargo Quilters are excited to be holding their Spring Quilt Show at last this September.
The Cobargo School of Arts Hall will once again be filled with quilts made by the quilting group over the last few years. Open from 9.00 am until 4.00 pm on Saturday 3 September, all are welcome and entry will be by gold coin donation. There will be a raffle with the profits going to a good cause in the local community.
Kind regards, *Quaama /Cobargo Quilters.*

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Zephyrs Jazz turns 20

It is not often that volunteer-based, self-funded community groups celebrate twenty years. Zephyrs has and will celebrate with a concert on 24 September.

Before 2000, local contemporary jazz enthusiasts, Peter Storey and Mark Bolsius, were so impressed by Four Winds' early achievements that they decided that they would establish a similar event to present the best in contemporary jazz. That was the 'conception' of Zephyrs Jazz.

In June 2002, Peter and his partner, restaurateur Georgie Adamson, convened a meeting of more than twenty community cultural activists at their Wapengo home/restaurant to assess wider interest. There was sufficient enthusiasm to proceed, but other genres and the culinary arts were to be included.

This was Zephyrs 'birth' because it created the organisation and momentum that led to its first jazz concert and to the naming of the organisation (a zephyr is a small wind – conveying both the Four Winds inspiration and the Zephyr founders' more modest ambition!)

In 2003, there was another important breakthrough when Joanna Baevski offered her Penders House as a venue. Penders audience members still recall the pleasures of a Zephyrs Sunday afternoon, listening to great music in the expansive living space, then chatting with the musicians over drinks, oysters and fine finger-food outside, overlooking Bithry Inlet, in the late afternoon light of an October Sunday.

The next task was to recruit a first-class band. The legendary and well-connected jazz/cabaret singer and then local resident, 'Madam' Pat Thompson, proposed the esteemed pianist Bob Sedergreen. Bob and his band of top professional musicians accepted Peter's invitation and their concert on 18 July 2003 launched Zephyrs. The large audience was enthusiastic enough to cover the significant costs and expand Zephyrs' mailing list.

Penders remained Zephyrs' venue until 2011 when it was donated to NSW National Parks. By then Zephyrs had hosted nine concerts with many of the country's leading contemporary jazz musicians.

In 2012, the Committee decided to risk a double-bill concert, this time in the Bermagui Community Hall. It featured quartets led by Bill Risby and Alex Stuart. The event attracted an enthusiastic audience of 180, its largest so far, providing a more

secure financial and audience base.

Following the concert's success, and after nearly a decade on the job, most of the Committee members decided to hand over to new leadership, and I took over from Peter.

The new Committee changed its name to 'Zephyrs Jazz' to strengthen its focus, reached an agreement to use Four Winds' new indoor Windsong Pavilion and formed a partnership arrangement with Four Winds for concerts. These changes constituted the organisation's third milestone.

Zephyrs Jazz held the first of eight concerts (so far) in the Windsong in May 2014. It featured the brilliant Alister Spence Trio and attracted a large and enthusiastic audience. Seven more concerts have followed. (These concerts are available on YouTube with photographs in the Gallery section of Zephyrs Jazz's website.)

Moving to the Windsong and the Four Winds partnership was a closing of the circle, given the original Four Winds inspiration for the creation of Zephyrs twenty years earlier. And this year's



Penders concert

twentieth birthday concert with the Zela Margossian Quintet will be integrated with a Four Winds Residency for the musicians. The story continues ...

Roger Stuart

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At the end of our street

Award-winning, Canberra-based, mixed-ability theatre company, Rebus Theatre, is hitting the road to travel through Bega Shire, Eurobodalla Shire, East Gippsland, Queanbeyan-Palerang Shire and the ACT with a series of Playback Theatre shows.

More about the tour.

Rebus Theatre's Playback Ensemble is touring their new show *At the end of our street* throughout September and October as part of Project Alchemy, a cross disciplinary arts project to build resilience across south-east Australia.

Playback Theatre is a form of improvisational theatre in which audience members tell stories from their own lives and watch as actors and musicians enact them on the spot using movement, music and words, but without script or rehearsal. It can be moving or funny according to the stories shared.



Rebus Theatre's Playback Ensemble is coming

Playback Theatre is a powerful way for people to share stories on common themes. Audiences are left with a better understanding of the issues that concern them as a community. They connect to each other and to their common goals and struggles.

At the end of our street will see the audience members' real stories enacted on stage in an interactive theatre show that will fill the heart and revive the spirit.

Bookings by compulsory donation to the Red Cross Disaster Response and Recovery program via the Rebus Theatre website – click through to Performances and then Project Alchemy Playback Tour.

Project Alchemy is made possible thanks to funding from the Australian Government for the Black Summer Bushfire Grant Program.

To book for *At the end of our street* in the Eurobodalla and Bega Valley Shires. Go to the Rebus Theatre website, click on Upcoming Performances and then click on the Alchemy Playback Tour that will enable you to book for the performances below:

- 7.00–8.30 pm Saturday, 17 September 2022 in the Tilba Big Hall, Central Tilba, NSW
- 2.00–3.30 pm Sunday, 18 September 2022 at the Bay Pavilions, Vesper St, Bateman's Bay, NSW
- 6.00–7.30 pm Thursday, 22 September 2022 at Mumbulla Steiner School, Bega
- 7.00–8.30 pm Friday, 23 September 2022 in the Candelo Hall, Candelo

*Ben Drysdale, 0410 356 209
Creative Producer, Rebus Theatre*

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Art in the Triangle

The end of the world as we know it?

Well Thumbed Books will host a book launch on 10 Sept, 10.30 am, for *Living Democracy* by Tim Hollo.

The way we glow when having a great conversation, building off each other's ideas, finding solutions we can all be satisfied with. The way we spark together when preparing food together, or marching and chanting in protest. This is living democracy.

Yes, the world looks bleak. Across our society there's a mounting sense of desperation in the face of the climate crisis, gaping economic inequality and racial injustice, increasing threat of war and a post-truth politics divorced from reality. Extinction is in the air.

But what if the solutions to our ecological, social and political crises could all be found in the same approach? What if it was possible for us to not just survive, but thrive?

Environmentalism, musician and community building activist, Tim Hollo, will be launching his new book, *Living Democracy: an ecological manifesto for the end of the world as we know it*, in conversation with Scott Ludlam.

The book explores issues well-known to the Cobargo community – in particular, how communities respond to crises with kindness and cooperation, while those in power do little to help or use the moment to take even more power. Using the models and metaphors of ecology, Hollo suggests a path to transformative change that shows how communities coming together can truly change the world for the better.

Come along and join the conversation.

Tim Hollo

Executive Director, Green Institute



Tim Hollo with his new book *Living Democracy*

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Emerging singer/songwriter, Rune Alith, offers up heart-opening songs, inviting listeners to delve into their own deep-felt emotions. A cross pollination of contemporary, folk, pop and indie textures encapsulate the general feel for her suite of original music. Understated piano arrangements accompany her honest, expressive voice. She will be joined in some songs by special guest collaborators adding haunting instrumental layers.

Rune was raised on the Far South Coast of NSW often attending gigs at the Murrah Hall in her primary-aged years and youth. Soaking up blues, jazz, country, folk and theatre from visiting and local musicians and performers. After the 2019/2020 Black Summer bushfires Rune made a return to her roots after living in Sydney, London, Melbourne, country Victoria and the Northern Rivers but is now residing once again on the Far South Coast. The fruits of her musical labour reflect her varied life circumstances and perspectives on the human experience. She will now grace the stage, where she was once an audience member, promising to wear her heart on her sleeve.

Intimate, limited-ticket performances of the past two years with guest accompaniment from Max Garner Tucker on the trombone have been sold out and were memorable shows for audiences. Comments included, 'The most raw and moving performance I have been blessed to watch' and 'Piercing my heart, so warm, endearing and heartfelt'.

Honesty is the bones on which her compositions are written. Rune approaches her live performances with an endearing, unpolished edge and, at times, unexpected humorous banter between songs. Her songs are underpinned by storytelling with a melancholy edge. Rune Alith's recent single Black is the colour has struck an emotional chord with listeners.

More on her music at runealith.com

To purchase tickets go to: runealith.com/shows (tickets available now) or murrahall.net.au (tickets available soon).



Rune Alith

Charm of Finches *Wonderful Oblivion*

Four Winds is honoured to have enchanting sister duo, Charm of Finches, grace the Windsong Pavilion on 30 September. Returning from four months in the UK and Europe, they will soon land on Yuin Country. The pair's sound is like a lullaby, a tone they have worked hard at perfecting as their musical careers have unfurled.

Mabel and Ivy Windred-Wornes hail from Melbourne and together create haunted tunes about love, grief and whispering trees. Their newest offering, *Wonderful Oblivion*, has received acclaim as it winds its way into our ears and hearts.

Four Winds spoke with Ivy and Mabel recently about their writing process and the ideas that led them into the curious and charming places they end up.

FW: In your songs you seem to be able to take us into other worlds, invoking a sense of both nostalgia and imagined futures. As children, what sorts of imaginative play did you engage in together?

Mabel and Ivy: We had a huge dress-up



box and would dress as princesses, beggar girls or elven warriors and imagine our backyard was a mythical or medieval kingdom. These make-believe games would often develop quite complex melodramatic narratives! We also loved to make little movies with each other, our tiny brother and our friends – often vampire movies or abridged re-enactments of Shakespeare plays. It's funny because we still do this when we create music videos for our songs!

FW: What have you found most magical

when writing music together, that perhaps wouldn't have been possible to create if you had been friends or colleagues rather than siblings?

Mabel and Ivy: We've always lived together, throughout our childhood, and now we share an apartment together here in Melbourne. That's always handy for impromptu song writing. When we made our most recent album *Wonderful Oblivion* at home during lockdown in early 2021, we co-wrote most of the songs. We reflected on lots of our shared experiences, our

childhoods or when we lost a friend, for instance. It really helps that we know each other very well for co-writing. Harmony singing with each other is pretty effortless for us also since we've been singing together all our lives – ever since we were little kids singing in the bathtub together.

The concert – 30 September, 2022
7.00 pm (doors open 6.30pm) Book through the Four Winds Bermagui website.

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Art in the Triangle

The Vanishing Wild

Cobargo Creators is calling for entries in their forthcoming exhibition *The Vanishing Wild*. This group exhibition will showcase a variety of works from local artists and craftspeople exploring the wonder and fragility of life on earth. The artists aim to express their own personal connection with nature and to help raise awareness of the many animal and plant species that are edging toward extinction as our natural world faces a crisis of climate change and human impact. Be inspired by this beautiful and eclectic collection of art and craft works representing animals, birds, sea-life, plants and more in a variety of media. All original works to be submitted between 20 September and 30 Sept with a limit of two entries per person. Open to everyone, with a \$5 entry fee for non-members.

The Vanishing Wild will open on 8 October 8 and run for four weeks.

For more information you can email: cobargocreators@gmail.com

Michelle Marly and Kath Unsworth



Gang-gang by Kate Unsworth

InterWoven

InterWoven is the sixth exhibition in a series initiated by Gabrielle Powell and shown at Spiral Gallery, Bega.

InterWoven 2022 showcases work by basket makers, textile artists and weavers from the NSW South Coast and Canberra region, it is a group exhibition that brings together creators working on a common theme from the Bega Valley and beyond. The creators are responding to the Interwoven theme and possess great patience, skill and knowledge of their techniques and materials. The artists use a variety of materials such as steel, grass, bark, wool, wood, beads and sticks as well as wire and recycled materials. These innovative makers are always experimenting with fibres – if it's flexible, someone is probably weaving it!

Basket-making and weaving techniques are some of the oldest known crafts. The technique of weaving has been passed along generations, lost, re-discovered and is still being expanded upon today. In early years, the various basket sizes, shapes and weaves were determined largely by the uses for which they were required such as storing and carrying goods. As soon as people were able to plait fibres together, they began to experiment with woven structures and containers. Works in the show draw on a variety of weaving traditions and feature techniques including twining, coiling, stitching and assemblage to create works that engage with the contemporary world. Each work is a reflection of the maker's passions and concerns that are expressed through the use



Basket by Gabrielle Powell

of materials that may include cultivated and gathered natural fibres as well as synthetic materials and found objects. Each work is also informed by the artist's unique aesthetic sensibility and preference for technical practices.

InterWoven will be opened on Friday, 2 September at 5.00 pm by Lissa-Jane De Sailles. Lissa is a full-time basket-maker, sculptor and teacher. With a background in dance and costume design, Lissa de Sailles takes a multidisciplinary approach to her work. In July 2022, Lissa was a finalist and award winner in the Paper Skin Gala in Devonport, Tasmania.

Artists will include: Allison Zucco, Trish Flynn, Mary E Preece, Hilary Peterson, Sally Holliday, Robyn Levey, Gabrielle Powell, Wendy Bell, Ann McMahon, Janet Meaney, Beverly Moxon, Cathy Jarratt, Skye Etherington, Sharon Stevens, Steve Stafford, Claudia Tasche, Nancy Brunton, Lissa-Jane de Sailles, Christiane Keller, Lisa Stevenson, Gayle Stockley, Trish Castillo and Genevieve Slocombe.

Gabrielle Powell



Flute by Janet Meaney

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Japanese Creations at the Lazy Lizard Gallery

We are absolutely delighted, to welcome Reiko Healy back to the Side Room Gallery.

Reiko was born in Osaka, Japan, and has been happily settled in Bega for the past twenty-three years. However, she still has a close affinity with Japanese customs and traditions. This is expressed most vibrantly in her artwork, where she brings the ancient culture alive through her manipulation of colour and design.

She uses Japanese handmade paper, *yuzen*, and kimono silk and cotton fabric, to create clothing and jewellery. She also likes to upcycle and deconstruct items, including bedcovers and curtains, to make winter trousers!

Lately she has been exploring the Japanese tradition of *shibori*, indigo tie-dyeing techniques. She had the unique opportunity to buy some rolls of hand-loomed Indian cotton fabric from a friend that, despite being in storage for over thirty years, were still in good condition. She took some of the

rolls of less popular colours, like pink and orange, and has transformed them and given them a new lease of life, using the *shibori* technique. As Reiko explains, 'Indigo blue goes with any outfit. Fashion trends change all the time, but the colour of indigo will never be out of date.'

Bushfires and COVID gave Reiko the opportunity to start an online shop. Please visit her website – Google Japanese creations.

You can also find her work at local markets, the Spiral Gallery and Market Place in Bega, the Bega Cheese Heritage Centre and the Pambula Collective.

Reiko also plays Japanese *taiko* drum and the *shinobue* bamboo flute and enjoys sharing her Japanese culture with the community.

Her lovely work will be on display in the gallery for the whole of September. Also check out Facebook and Instagram for Japanese Creations and Stonewave Taiko.

Naomi Lewis

Shibori dyed materials by Reiko



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Rebus Theatre Playback Ensemble Presents:

At The End Of Our Street

Your stories enacted on stage in an interactive Playback theatre show that will fill the heart and revive the spirit

Directed by Ali Clinch & Robin Davidson



7-8:30pm Saturday September 17th 2022

Tilba Big Hall - Bate St - Central Tilba - NSW

2-3:30pm Sunday September 18th 2022

Bay Pavilions - Vesper St - Batemans Bay - NSW

Playback Theatre is a powerful way for people to share stories on common themes. Audiences are left with a better understanding of the issues that concern them as a community. They connect to each other through their common goals and struggles.

Book tickets by \$5 donation to Red Cross Disaster Recovery via link or QR Code below
<https://rebustheatre.com/performances/project-alchemy-tour/>

Project Alchemy is made possible thanks to funding from the Australian Government for the Black Summer Bushfire Recovery Grants Program



Supported by



Australian Government

ReGenesis

ReGenesis was an art installation and poetry performance in three distinct acts. A beautiful blend of art, spoken word, poetry, music and moving pictures that took us on a journey from the pristine wonder of nature into the impact of our actions on the environment and left us with the possibility of nature's renewal and regeneration. Moving through the installation, the performance was a gentle lesson in the constant nature of change and the possibility of using that understanding to heal. A thoughtful and beautiful experience that lingered long after it

had finished. Thank you to Glenda Morgan and all the wonderful artists, poets and photographers – Doris Hoyne, Sandra Taylor, Kai Jensen, David Perry, Matthew Perry, Matt Nettheim and Phillip Bourke.

This will be performed again on Saturday 1 October at Quaama Hall, in response to a special request, as part of *Regeneration Road Trip – an interactive journey* 29 September to 9 October.



ReGenesis art installation, performance and spoken word in Quaama Hall



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Art in the Triangle

Promoting mental health through music, laughter and storytelling

A special afternoon is brewing in Narooma full of music, laughter and theatre. Saturday 17 September sees regular visitor to the South Coast, Dave Houston, team up with two local talented musicians, Samwise Seidel and Charlie Bamford, to bring you a double bill of entertainment.

The afternoon starts at 3.30 pm with the music theatre show *Still Here* by Dave and the Daves – essentially a solo work with Bamford and Samwise musically supporting the songs.

With depression and suicide statistics at an all-time high, with over nine deaths per week in Australia, comes a new music theatre show that is full of honesty, joy and heart. A depression comedy, featuring the versatile acting skills of Dave Houston, who weaves multiple characters, elements of clown and stand-up comedy, live songs and vulnerable storytelling covering depression, suicide and recovery.

Dave Houston has been acting and writing songs since he was seventeen. With a history of depression since his early twenties, he is trusting that if one person is moved by his solo show or has the capacity to reach out and get support, then he has done his job.

The show encompasses original songs from rock, to psyche folk, to punk, to a sweet lullaby and gives a sideways wink to the world of theatre and, unlike the Dr Seuss poem, *Too Many Daves*, this show has just the right amount of Daves including:

- Uncle David, the professional show biz master, who can now only tour Gold Coast clubs,
- Rave Dave, King of Hip Hop,
- Work for the dole stage manager, Davo, and

- Storyteller Dave who shares personal stories of drama school, depression, medication, love, loss and life.

Then, at 4.30 pm, local multi-instrumentalist Samwise Seidel and pianist Charlie Bamford bring *Heart Shaped Logic* to the stage. This exciting new local band delivers a tripped out sonic voyage through the chambers of the human heart. Recidivist bandmates Samwise and Charlie have birthed this project to explore the therapeutic process of introspective songwriting, crafting objects with a fascination for timbre, harmony and the human condition.

Samwise has lived in the South Coast region for almost three years and, in that time, he has generated many community projects and assisted so many people including the Cobargo Wellness Group on their kids' musical *My Super Power* that was performed at the Cobargo Hall last year. This show will be his last professional engagement on the coast before he heads back to the UK.

The performance is at the Bend & Sip licensed venue and is presented by Full-On Theatre. This double bill of a theatre show plus a band provides an afternoon of total heART.

Date – Saturday 17 September

Time – Doors open at 3.00 pm. Show at 3.30 pm

Venue – Bend & Sip, 98A Campbell St, Narooma

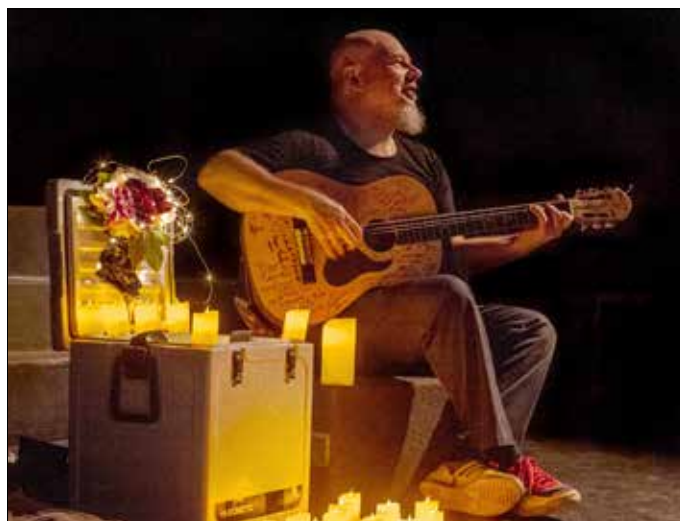
Cost – \$35/\$25

Bookings – www.fullon.biz/stillhere 0411 710 081

Dave Houston



Heart Shaped Logic



Dave Houston

CROSSWORD ANSWERS

ACROSS: 1 Rent, 4 Ocean Beach, 9 Sets up, 10 Tabletop, 11 Queensland kauri, 12 Socrates, 15 Oath, 18 Espy, 19 Ancestry, 21 Cape York melomys, 25 Samantha, 26 Moolah, 27 Left behind, 28 Ribs. **DOWN:** 2 Executors, 3 Taste, 4 Opposite, 5 Extra, 6 Nobody, 7 Elevators, 8 Choir, 13 Royce Hart, 14 Sea, 16 Terry Lamb, 17 Screamed, 20 Hottie, 22 Awake, 23 Khaki, 24 Odour.

THE TRIANGLE QUIZ

1. Rosemary Millard and Louise Brown, 2. 2002 3, September 4. Linda Sang, 5. Cobargo, Bermagui, Tilba and Quaama 6. Quintessentially Quaama, 'Bermagui Banter', 'Tilba Bites' and 'Cobargo Conversions', 7. Soft Footprint Recipes, 8. Garden Magic, 9. Cobargo pub, 10. 2008, 11. 2015, 12. Fighting fires at Yowrie, 13. Issue 221, 14. Game On, 15. In the middle, 16. Tilba, 17. Stuart Absalom, 18. www.thetriangle.org.au, 19. Heather O'Connor, 20. 17 years.



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Book Overview

I wrote the monthly book review for *The Triangle* for about fifteen years. I have never studied literature, so none of the reviews contained any great insights or analysis. I could only write as a very keen reader.

The arrangement was a dream for me. I got to pick a new book every month, the overwhelming majority being bought from Candelo Books in Bega, my favourite bookshop outside Melbourne. I would then pass the book



to *The Triangle* committee, after which it would be donated to the Bermagui Library.

So, everybody won! I read one new book a month, Candelo Books had regular sales and the library benefitted from nearly \$6000 worth of new books.

So – many thanks to *The Triangle* team for the opportunity to be their 'literary editor'. What a dream job!

Pet of the Month

Kerri Brady



Roy is an ex-racing greyhound currently in Bega Shire Pound. He's a lovely dog, gentle, a little timid, good with dogs and people but definitely not okay with cats, bunnies or pocket pets. We need to find an owner or foster carer as soon as possible. He will cost \$390. If you are interested, please give our enquiry number a ring – 0400372609 (phone hours are Monday to Friday 9.00 am-5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed and treated for ticks and fleas. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to be suitable to meet the needs of the dog and have secure dog-proof fencing. You can view available animals on our Facebook page – animal Welfare League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption (AWL NSW Rehoming Organisation Number: R251000222).

If you would like to become a member call 0400 372 609. If you have lost or found a companion animal please call the BVSC

Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area of Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden for residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

The Animal Welfare League NSW (AWLNSW) is one of Australia's largest animal welfare charities. The AWL is almost completely self-funded and relies on the support and generosity of donors to continue our work. The Far South Coast Branch of the AWL consists of a

group of dedicated volunteers who work tirelessly in their efforts for the care and welfare of animals. We have rehomed over 5,500 animals since the branch began in October 2000. Last financial year we rehomed 65 dogs/puppies and 142 cats/kittens. Ten other dogs/puppies were transferred to other groups. We desexed 120 dogs, 104 cats and four rabbits with our vouchers totalling \$26,375. We also assisted members of the community in need of financial assistance to pay for special needs veterinary care.

Our branch is successful because of what everyone brings to the team and no one person could possibly run the branch on their own. We all do our bit, trust each other to do their roles, so it goes smoothly. We back each other up as needed. Our carers are so important because without them we couldn't take surrendered animals and do rehoming but they largely work alone. They are also a great outreach to our community promoting rescuing an animal.

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When *The Triangle* team decided to include a recipe section, they asked Bermagui caterer, Carole Broadhead, to do it. This was around 2007 and the recipes were to feature local and seasonal produce – so Soft Footprint Recipes was born. In October 2009, Dawn Hollins stepped in, when her friend Carole had to deal with major health issues, and her

contributions continued until February 2016. Both women had a passion for cooking, preserving and eating seasonal produce grown by their green-fingered husbands.

For this special issue the friends have contributed some tried-and-true favourites.

Albacore tuna is in local waters now and can be braised, pan-fried or grilled. It has an affinity with Mediterranean dishes using tomatoes, onions, garlic, olives and pesto. The following simple recipe has an Asian flavour and is utterly delicious.

Tuna Teriyaki

Marinate tuna steaks in a mixture of sherry, white wine and soy sauce or commercial teriyaki sauce with water, sherry or wine. Turn occasionally for the flavour to penetrate evenly. After an hour or so cook on a grill or in a pan for about three minutes on each side. Serve with rice and salad and the rest of the cooked marinade as a sauce.



Tuna Teriyaki

Lavender was once popular as a culinary herb and finely-chopped leaves or flowers in a plain biscuit mixture elevates it into something special. The following recipe for a rich butter

cake uses the aromatic intensity of lavender or rosemary leaves with lemon zest in a surprising and delicate combination.



Herb and Lemon Cake

Herb and Lemon Cake

250 gm softened butter
1¾ cups SR flour
1¼ cup sugar
2 teaspns finely chopped rosemary or lavender leaves
3 teaspns grated lemon rind
4 eggs
¼ cup milk

Beat all ingredients with an electric mixer on medium speed until smooth. Put in a greased ring tin and bake at 180 °C for 45 mins. Sprinkle with icing sugar or spread with lemon icing when cool.

Confit of Garlic

(This is one of those Basta/Enough recipes beloved of Italian grandmothers!)

Put peeled garlic cloves into a small saucepan and just cover with olive oil. Heat slowly and gently until the garlic softens – do not boil. Place into jars and cover with olive oil, adding herbs such as thyme or oregano if desired. Keep refrigerated. Use as a spread or an ingredient.



Confit of Garlic



The Triangle has been a source of information and community connectivity for many years. Congratulations and thank you to all the people who have worked on this valuable resource for the past twenty years. Life in our

beautiful Triangle region would not be the same without you and your publication! We are honoured to have been part of *The Triangle's* history.

Dawn Hollins and Carole Broadhead



Stepping into spring

With spring now with us I thought it opportune to discuss some issues that are most relevant to this period in the gardening calendar. Plants expend an enormous amount of energy in spring doing their things, like flowering and developing their fruit, or extending their size through new growth. Now is the time to help them along with some additional nutrients.

There are some fertilisers that can be applied to nearly all plants, like blood and bone, but these don't have all the nutrients available that are specifically required by a particular group of plants.

Native plants are not fond of phosphorus for example whereas roses prefer a fertiliser high in potassium that helps them with lush and healthy blooms. Flowering annuals and vegetables prefer a higher rate of both nitrogen and potassium for both lush foliage and big and healthy flowers.

Plants that are grown in containers require care in the application of fertiliser as they can be severely affected by the incorrect application of certain fertiliser types. Powdered or granulated fertilisers should never be applied directly to the surface of the soil in the pots as most plants in pots are surface rooting and nutrient burn of these plants can be fatal. Use a slow-release pellet or liquid feed and again use fertilisers specific to the plant group. Keep in mind that nutrient depletion in pots is far quicker than for soil-grown plants so the process must be repeated more often to have the plants looking healthy all the time.

For those of us who prefer an organic garden there are many fertilisers now available that are BFA-certified organic.

All fertilisers should be well watered in, so the plant has immediate use of the nutrients. If you have mulch down around your plants rake it back, apply the fertiliser, water in then place the mulch back around the plant.

After the fertilising process has been completed the next important task is to apply either new mulch or to top up older mulch in preparation for the drier months ahead. I have mentioned in previous columns the types of mulches available and these range from shredded cow manure to sugar cane and lucerne mulch and other mulches from trees like pine bark and eucalypt chips.

The softer mulches like sugar cane and lucerne will decompose down over a shorter period than the wood mulches and, therefore, will require more frequent application. They are more beneficial to the soil as they improve the structure and texture of the soil as they break down. Wood mulches will tie up more of the nitrogen in the soil as they decompose than the softer mulches, so a keen eye needs to be kept on fertiliser application to ensure the plant is not depleted of this important nutrient.

For those of you in high-risk fire areas, a gravel mulch can be used and, although it hasn't any nutrient value, it doesn't burn or break down.

Finally, I need to mention the pests that start to invade the garden as the days start to warm and the sap is well and truly flowing. Sap-sucking or leaf-eating pests like thrip, aphid and caterpillars should be controlled as they can reduce the vigour of the plants which weakens the plants and allows other pests to invade.

There are two great control methods that are available to control these pests and are available now.

The first is a synthetic pyrethrum that is for use with the sap suckers and the other is a control that is derived from beneficial soil bacteria and is useful in the control of the chewing pests like caterpillars and other leaf eaters.

Call into your local nursery and check out all the new products that are available to make gardening more pleasurable and safer for our environment.

Till next month.

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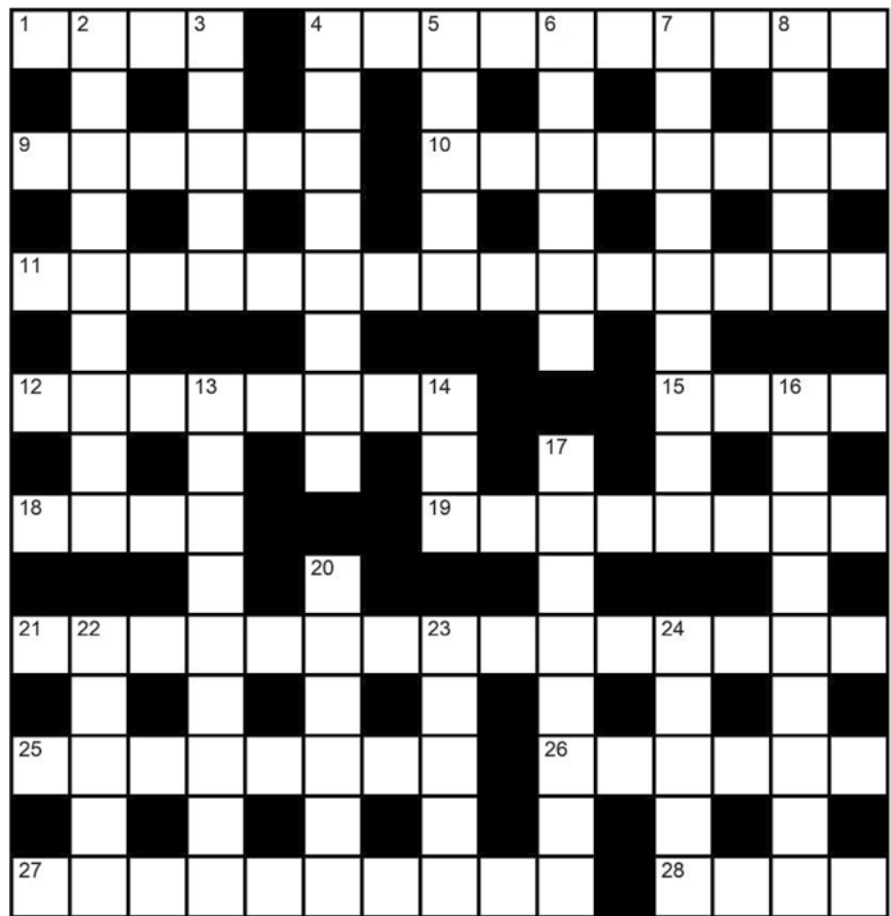
SEPTEMBER CROSSWORD

ACROSS

- 1 Hire (4)
- 4 Tourist spot south of Denmark, WA (5,5)
- 9 Establishes (4,2)
- 10 Dinner site (8)
- 11 Atherton Tableland pine (10,5)
- 12 'Know thyself' philosopher (8)
- 15 Profane expression (4)
- 18 Spot (4)
- 19 Lineage (8)
- 21 Rat only found way up North (4,4,7)
- 25 Desert runner --- Gash (8)
- 26 Money (6)
- 27 Abandoned (4,6)
- 28 BBQ staples (4)

DOWN

- 2 They obey one's will (9)
- 3 Preference (5)
- 4 Pope is to upset someone totally different (8)
- 5 Beyond what is usual (5)
- 6 Unimportant person (6)
- 7 They're uplifting (9)
- 8 Church singers (5)
- 13 Former Richmond centre half-forward (5,4)
- 14 Smaller than an ocean (3)
- 16 Rugby's 'The Back-up man' (5,4)
- 17 Yelled (8)
- 20 Bed warmer (6)
- 22 Conscious (5)
- 23 Dull yellowish brown (5)
- 24 Smell (4)



THE TRIANGLE QUIZ

1. Who had the original idea to create a community newspaper? (p.2)
2. What year did *The Triangle* start? (p.2)
3. What month is our birthday?
4. Who is the current president? (p.3)
5. What are the main towns in the triangle area? (p.1)
6. Do you know the full name of each of the four town columns?
7. What was the original name of *The Triangle's* recipe page? (p.41)
8. What was Gardening Gabble's earlier name? (p.2)
9. Where was *The Triangle's* first AGM held? (p.4)
10. What year did the Quaama column start? (p.2)
11. In what year did *The Triangle* get its own website? (p.2)
12. What was the front page headline of the first *Triangle*? (p.1)
13. What number is this issue? (p.1)
14. What is the games page called? (p.43)
15. Where is the Service Directory always located?
16. Where does the oldest man in Australia live? (p.18).
17. Who writes 'Tilba Biltis'? (p.18)
18. What is the address for *The Triangle's* website? (p.26)
19. Who is *The Triangle's* long-term book reviewer? (p.40)
20. How many years did Jen Severn work with *The Triangle*? (p.4)



SUDOKU

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9	6		8		7		2	5
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5	8							
	7					3	4	8

Answers on page 39

For the fridge door

SEPTEMBER	WHAT	WHERE	TIME
Fri 2	<i>InterWoven</i> exhibition opening	Spiral Gallery, Bega	5 pm
Sat 3 all month	<i>Japanese Creations</i> by Reiko Healy	Side Room, Lazy Lizard Gallery	10 am-2 pm
Sat 3	Spring Quilt Show	Cobargo School of Arts	9 am - 4 pm
	Open mic	Tilba Winery & Ale House	12 noon
Sun 4	Sustain Me Fashion Market	Bend & Sip, 98A Campbell St Narooma	10 am - 3 pm
	Ron 'Callo' Callaghan	Cobargo Hotel	5 pm - 8 pm
	Stitch the band	The Drom	1 pm
	Ethan Parlato	Tilba Winery & Ale House	12 noon
Tues 6	Calm abiding meditation every Tues	Kamalashila 9000 Princes Hwy Tilba	10 am - 11 am
Weds 7	Bermagui Seniors Club	Bermagui Country Club	11.30 start
Sat 10	CWA Vintage Garden Party pg 21	Mountain View Farm	11.30 start
	Tim Hollo book launch <i>Living Democracy: an ecological manifesto for the end of the world as we know it</i>	Well Thumbed Books Cobargo: in conversation with Scott Ludlum	10.30 am
	Captain Ablit & the Bluetrash Band	Tilba Winery & Ale House	12 noon
Sun 11	Moon Dog & Val Moogz	Cobargo Hotel	5 pm - 8 pm
	Stitch the band	Tilba Winery & Ale House	12 noon
	Captain Ablit & the Bluetrash Band	The Drom	1 pm
Sat 17 - 22	Cobargo Preschool exhibition	Cobargo Creators Gallery	9 am
Sat 17	<i>Still Here</i> by Dave & the Daves	Bend & Sip, 98A Campbell St Narooma pg 39	3.30 pm
	<i>At the end of our street</i> , Rebus Theatre Playback Ensemble	Tilba Big Hall, Bate St, Central Tilba	7 pm
	Chris O'Connor	Tilba Winery & Ale House	12 noon
	Sustain Me Fashion Market	Small Hall, Bate Street, Central Tilba	10 am -3 pm
	Rune Alith + friends pg 33	Murrah Hall	6 pm - 8 pm
Sat 17 + Sun 18	BioBlitz + BioLuminescence pg 13	Montreal Goldfield	10 - 2 daily 6pm nightly
Sun 18	Bermagui Mystery Trail pg 12	From Bermagui to Mystery Bay maps will be provided	10 am start
	Bodhi Turner	The Drom	1 pm
	Chango Tree	The Cobargo Hotel	5 pm - 8 pm
	Kara Coen & Jacqui Holmes	Tilba Winery & Ale House	12 noon
Sat 24	Zela Margossian Quintet	Windsong Pavilion, Four Winds Barragga Bay	4 pm
	The Figmentz	Cobargo Hotel	8pm - 11 pm
	Joshua Veneris	Tilba Winery & Ale House	12 noon
Sun 25	Klaus Tietz	The Drom	1 pm
	Malumba	Tilba Winery & Ale House	12 noon
	Garry Carson Jones	Cobargo Hotel	5 pm - 8 pm
Thurs 29	Kids' Market, make, sew, bake, sell	Bermagui Country Club	10 am -2 pm
Fri 30	Charm of Finches pg 34	Windsong Pavilion, Four Winds Barragga Bay	7 pm
OCTOBER			
Sat 1 + Sun 2	ReBoot, ReActivate, ReEnergise	Bermagui pg 13	Check prog
Sat 1	ReGenesis live art performance	Quaama Hall	11 am-3 pm
Sun 2	Marine Open Day - lots of activities	Fisherman's Wharf Bermagui	11 am-3 pm