

# THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

Circulation 1600 plus online visits

ISSN 2652-9084

Issue No 220 August 2022

## Get Up, Stand Up, Show Up! What it means to us

It was the NAIDOC event in Central Tilba. We showed up for a yarn, to connect. An easel blackboard picked up the vibe.

**Friday: 'Michael Longbottom, artisan cheesemaker, 11.00 am.'**

When asked what *Get Up, Stand Up, Show Up!* meant to him, Michael said, 'For me, today, it means even when you stuff up, you still show up!'

He didn't stuff up. His saltbush vintage cheddar was sensational and his camembert, when sliced, revealed two rectangles and a central circle, blushed with the colours of the Aboriginal flag. He just wants to refine it further.

Michael was wearing a Gulaga Dreaming RLFC jersey. When a visitor explained, 'We came into the hall because of the name Longbottom on the blackboard,' the conversation inevitably turned to footy.

Cheryl Davison, artist and director of the *Djinama Yilaga* Choir, said that it's hard for her people to show up. With compassion and humour, she reflected on her family's story.

**Saturday: 'Uncle Bunja and Judith Smith, 10.00 am.'**

Uncle Bunja also spoke of hardship. He said, 'I'm concerned for my people ... for the dysfunctionality.' His sadness was evident, but so was his care. He asked each person in the room, 'What about you, my sister (my brother), who are you, why did you come today?'

Many said they had come to learn. One spoke of the loss of not knowing. Another had researched the Bomaderry Boys' Home after first hearing of it the previous day. I expressed my conundrum as a non-Aboriginal person: do I speak and risk appropriating culture



Uncle Bunja Smith with Kelesi Woodhouse at the Central Tilba NAIDOC event

and causing offence, or not speak and perpetuate the Great Australian Silence?

Uncle Bunja's responses were reassuring and enabling. He encouraged self-learning, 'Just Google it', he said, and he welcomed an informed voice. Bunja's wife, Judith, who is non-Aboriginal, agreed, saying that it's up to all of us. 'So often I accompany Bunja and say nothing, but not today. I was thrilled to see both our names on the blackboard.'

Then, *Muladha Gamara*, the traditional custodian group of male dancers, dressed in ceremonial loin cloths and ochre, entered to the sound of chant and the pulse of clapsticks. One custodian was cradling a smoke-filled coolamon. Before each person, he bent low, to rise with the enveloping smoke. He calmed the occasional lick of flame with a frond of grevillea and the palm

of his hand.

The grace intensified into the energy of dance that drew families in from the street. The children joined in as strutting baby emus. We were smiling, absorbing this inclusive and playful connection with country and culture.

We lingered and yarned over CWA sandwiches and slices. When Jordan Nye of *Muladha Gamara* was quietly thanked for adapting to a village hall in winter, he replied, 'It's a pleasure. There's good spirit here.'

The Gulaga Reconciliation Group is grateful for the financial assistance of Eurobodalla Shire Council and the Tilba District Chamber of Commerce, and the support of the Tilba CWA and ABC Cheese Factory. Special thanks to Australian Red Cross for the engagement of *Muladha Gamara*.

Cathie Muller

As the days grow longer, our community is shaking off the cold and looking forward to the many events that are coming to the Triangle region.

Not that we were all indoors during the whole of July. The Op Shop Ball put on by the Cobargo CWA was an outstanding evening and NAIDOC celebrations in Tilba included the whole community.

The rebuilding effort for the Cobargo

main street and the hard slog faced by many individuals who lost their homes in the fires continues despite COVID, regulatory delays and, now, spiralling costs. We hope a 'speed dating' evening at the Quaama Hall that will put construction professionals and home builders in front of each other ahead of a shared meal will be supportive.

We will welcome the migration of

the whales this month, with ceremonies, education and a paddle-out planned. Last year, COVID kiboshed the inauguration of this wonderful and inclusive initiative that organisers hope will be an annual event.

And congratulations to Tilba Real Dairy whose delicious milk has been awarded the best in Australia at the Sydney Royal Show. But then we already knew that ...

## Letters

### It's no big deal – mask up!

As we ride the latest COVID wave, there's something easy, cheap and effective we can do to protect ourselves and our community.

Wearing an N95 mask in public indoor settings – retail, hospitality (when not eating!), libraries etc – reduces your chance of catching or spreading COVID by up to 80%. Even a cloth mask will reduce the risk to some degree.

N95 masks are readily available in pharmacies and online for about \$2 each.

Still reluctant? As someone said recently, if you don't like the feel of a mask on your face, you're not going to like the feel of a ventilator.

*Jen Severn*

### Question for the Cobargo community

– why is the Cobargo Post Office getting a new building with the money for the bushfire victims when the Post Office did not burn down? Shouldn't the money be used to replace the buildings that did burn down? Especially when Australia Post is a billion-dollar, government-owned company.

Cobargo residents do not even have their mail delivered and cope with the shop opening for reduced hours.

The following is from the Australia Post website:

*We've invested a billion dollars to make your postal network even better. From electric vehicles to facility and tech upgrades.*

Something is really wrong with the decision to build an unnecessary building with funds raised for the businesses impacted by the fires.

*Lara Rose*

## Uluru Statement from the Heart

It is likely that in this term of parliament we will be asked to vote in a referendum to change the Constitution to enshrine an Indigenous Voice to Parliament.

For the change to occur, a majority of voters in a majority of States must agree to the proposition. Voting will be compulsory, and will require us to answer with a simple yes or no. At this stage, we do not know what the question will be. Presumably it will be an enabling clause asking us whether or not we are in favour of the proposition.

95% of those voting will not be First Nations people. Whatever our views are now, we will all need to be better informed and we should be respectful of views different from our own. Above all, we should commit to understanding more of our shared history, and commit to voting with the seriousness the issue deserves.

In the lead up to the referendum there will be a public education campaign, with equal amounts of money being provided by government for the yes and the no cases. In the meantime, at an individual level, there are numerous ways we can educate ourselves. We can take every opportunity offered to engage with First

Nations people in our community. From our armchairs we can learn by watching and monitoring programs on NITV, ABC and SBS. Daily links to current affairs such as the National Indigenous Times are free. You can subscribe to the *Koori Mail*, visit the local Bermagui Museum and Library for local history resources. For the arguments associated with the no case, you can read the works of Keith Windschuttle or Professor Geoffrey Blainey, read past speeches by (PM) John Howard or monitor comments by journalists on Fox News.

The past ten years has seen an explosion of fiction and non-fiction written by First Nation writers. Many of their books are in the library. Writers include Tony Birch, Melissa Luckashenko, Larissa Behrendt, Bruce Pascoe, Kim Scott, Alexis Wright, Stan Grant, Anita Heiss, Thomas Mayor, Claire Coleman and Marcia Langton.

It may have been true that twenty years ago we could argue that 'we didn't know'. That does not apply today. By educating ourselves and each other we will be much better prepared to cast our vote when the time comes.

*Heather O'Connor*

### Narira Park Trust

The board of the Trust is up for renewal in December 2022.

Anyone interested in joining the board please contact Bill at Sapphire Nupulse on 6493 6479.

Applications close at the end of August. We need new members to cover those who are retiring.

### Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.



Cobargo Green Recovery will be holding their AGM on Thursday 18 August at 4.30 pm in the restaurant at the Cobargo Hotel. All interested community members are welcome.





## Thumbs UP

To those who organise the Community Car – a fantastic asset that has been a lifesaver on many an occasion over the years.

To the Cobargo CWA who put on a fun night for us to have an excuse to don our glad rags, dance and have fun in winter!

To the folks who help at the old tip site in Cobargo on Wednesdays and Saturdays for their good service and friendliness.

## Thumbs DOWN



To landholders who still think it is their right to clear bush on their land before getting advice about the environmental impact ... it is outrageous that this is still happening.

To the lady who takes her medium-sized dog into the fenced children's playground opposite the Bermagui Country Club and lets it off the leash to run around, where it also relieves itself in various locations around the playground. There are signs that specifically say 'No Dogs'.

To the botched road repair on either side of the bridge over Bermagui South Lagoon. It's possibly worse now than it was originally.

## Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) and [cclsang333@gmail.com](mailto:cclsang333@gmail.com).

## Who does the work

### The Editorial Committee

Linda Sang (President)  
Stuart Absalom (Vice President)  
Angela Marshall (Acting Secretary)  
Bhagya (Treasurer)  
Debbie Worgan  
Georgina Adamson

### Advertising

Book advertising space by first ringing 6493 8369 then 0407 047 404 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

### Layout & Design

Bhagya & Debbie Worgan

### Copy Editing: Angela Marshall

**Accounts:** Phone: 6493 8369

Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

Post accounts to:

PO Box 293, Bermagui NSW 2546

### Area Contacts:

Bermagui: Georgina Adamson

[bermagui@thetriangle.org.au](mailto:bermagui@thetriangle.org.au)

Cobargo: June Tarlinton

[cobargo@thetriangle.org.au](mailto:cobargo@thetriangle.org.au)

Quaama: Bhagya

[quaama@thetriangle.org.au](mailto:quaama@thetriangle.org.au)

Tilba: Stuart Absalom

[tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au)

**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available from:

**Bega:** Candelo Books, Bega

Library **Bermagui:** 777 Supermarket,

Post Office, Shell Bermagui, Bermagui

Country Club, Bluewave Seafood, Library,

Visitors Centre **Central Tilba:** Post

Office, ABC Cheese Factory, Sweet Spot

**Cobargo:** Post Office, United Petrol,

Cobargo General Store, The Bowerbird Op

Shop, Well Thumbed Books, Information

Centre **Narooma:** BP station, Library

**Quaama:** The Quaama Store

**Wallaga Lake:** Merrimans Land Council

### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

### Thumbs / Letters to the editor:

All communications should be forwarded to:

[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1600 in print plus

online visits.

## Save our king parrots now

A highly contagious disease, Spironucleosis, has been detected in dead and dying king parrots in Bega and Cobargo. Symptoms include emaciation, as infected birds cannot digest food. Inability to fly and a staggering walk are also signs. Of course, it's fatal.

The disease spreads when birds congregate at feeding tables or bird baths. Now, when other food is scarce, birds are more likely to come to feeding tables. Many king parrots and other birds have recently come back to the feeders at our place, looking hopeful, although we stopped feeding them months ago when this disease was detected on the north coast. They fly around the house looking in windows until they find us, then they sit there and give us the eye. It's heartbreaking, but we resist!

Spironucleosis is here. Please, if you



These beautiful birds are in danger, but we can help. Photo: Geoff Ball

love our kingies, go out and empty your feeders immediately. And if you're able, let native grasses and other species go to seed so there's good, safe, natural nutrition available to them. And spread the word!

Jen Severn

## Two and a half years down the track

We all know what happened two and a half years ago and, since then, we have been hit with floods, pandemics, shortages and price rises. So how are things going in the shire? Specifically, how are things going for those people still trying to rebuild?

The initial help was great – pods, caravans, pro-active government help, federal, state and local. Then COVID came and everything just slowed right down – no fault, just the situation. However, the rest of the world did move on, albeit slowly. Most of the long-term help expired after two years in December 2021. Two and a half years would normally seem ample, but it hasn't been.

A personal timeline:

Property burnt Jan 2020; it wasn't until June 2020 that I made the decision to stay, to rebuild and to choose a builder – a fairly average timeframe for that sort of a decision. It took from June 2020 to December 2021 for my DA to finally come through. Not all that delay was Council's fault I hasten to say, it was a mixture of the builder, the design firm, the various reports that were required and Council ... one could say a perfect storm.

By the time the DA came through, I was having serious doubts about my

chosen builder's ability to carry out the work and asked them to do nothing. The next two months were a flurry of decisions as I did an about turn, chose to become an owner builder, contacting contractors and arranging a modification of the DA. I was pretty confident that the modified DA would be through within the month: it was only a change of roofline – from raked to gable and the addition of a short walkway. No big deal, especially as I was constantly assured that I was a bushfire 'victim' and, therefore, high priority. Twelve weeks! Twelve weeks and all the time trying to calculate if I could still afford to build the house and, here's the rub – if I can't it's back to Council with another modified DA ...

Pretty much all help for those who had been burnt out expired in December 2021. The grant for building a new home and most of the pods. You can apply for a pod extension, but it is a hit and miss affair, with many missing out who are now facing camping or homelessness again. Building Angels, a group who offered discounts on many building products, finished in December 2021 and, in the meantime, prices have just gone up and up, leaving many of us wondering whether we can even afford to rebuild.

A final thought – oh, how I feel for all those who have been flood affected in the northern rivers and western Sydney. A bushfire burns once but for some of those who have been flood affected it has happened four times already in the past eighteen months and they face the bureaucratic nightmare of having to relocate – years ...

*Louise Brown*

### Well Thumbed Books

**Quality second-hand  
books. Fiction,  
non-fiction,  
children's books  
plus more.**

**Find us at:**

**51 Princes Highway, Cobargo  
Mon-Fri: 10am to 4pm,  
Saturday: 9am to 1pm**



## Bermagui Whale Tours - 12 August to 31 October, 2022

### Experience one of the world's most amazing migrations!

Tours departing from Bermagui Wharf

Friday, Saturday, Sunday & Mondays aboard Bubbles  
our 24-metre stable, powered catamaran.

**Whale  
sightings  
guaranteed or  
your money  
back!**

**Book early to avoid disappointment.**



**SAPPHIRE  
COASTAL  
ADVENTURES**

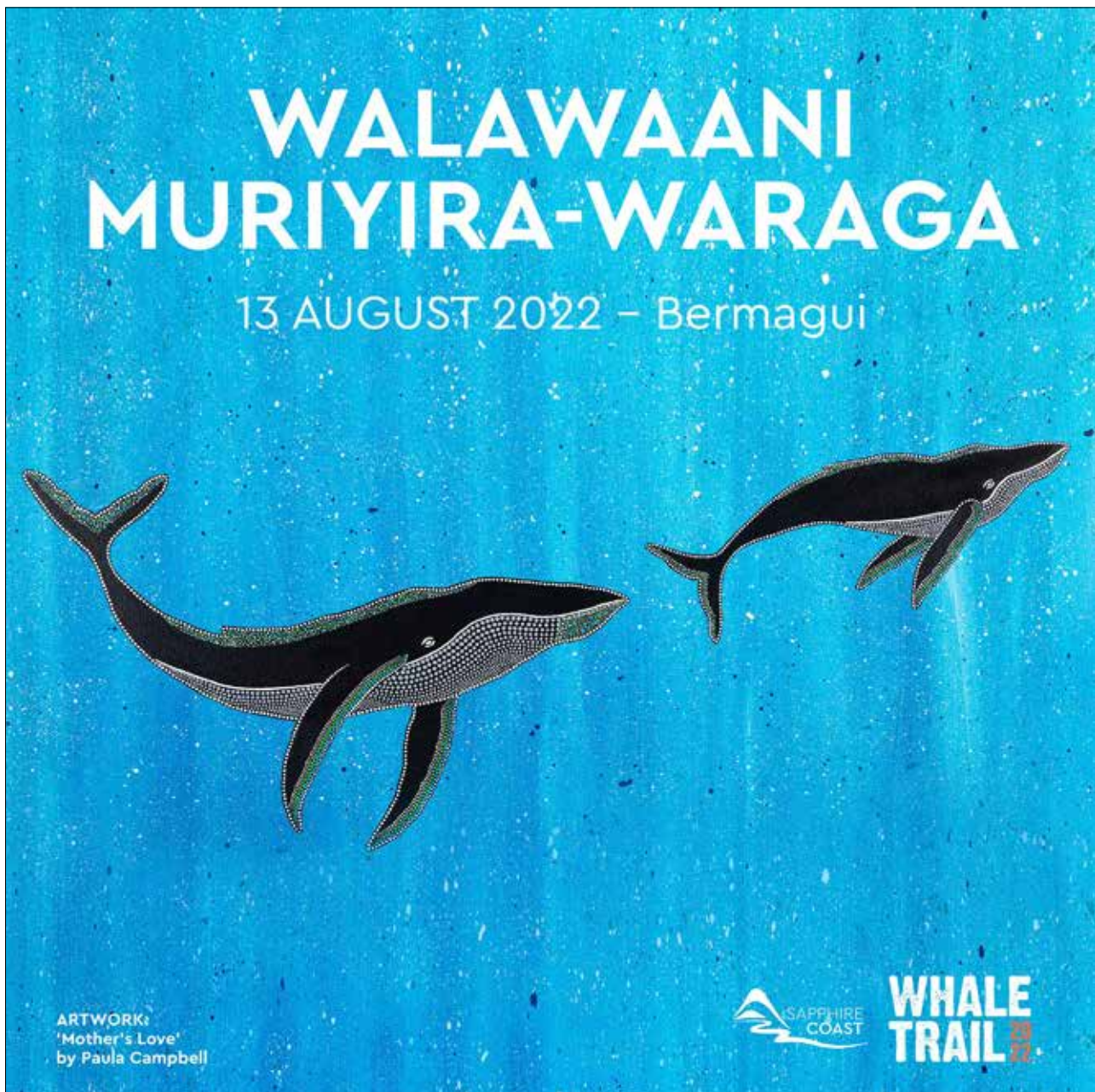
Merimbula Marina

[www.sapphirecoastaladventures.com.au](http://www.sapphirecoastaladventures.com.au) Ph: (02) 6495 1686 or 0466 349 122





# Whale season to open with new cultural event



After a false start in 2021 due to the NSW COVID-19 lockdowns, the special event to mark the opening of the whale season and Whale Trail 2022 is coming to Bermagui on 13 August. The town will host Walawaani Muriyira-Waraga, an event connecting people to place and celebrating the relationship between whales, Yuin culture and the community of Bermagui.

Walawaani Muriyira-Waraga which means *safe journey whale – many* in the Dhurga language will encompass an official opening ceremony including a Welcome to Country, smoking ceremony, dance performance and talks about Yuin cultural connections to whales.

Following the opening ceremony, a community paddle-out will welcome the whales as they pass Bermagui on their annual journey south to the Antarctic,

followed by special talks and presentations by local whale experts, historians and more.

The tourism industry hopes it will be an annual community event.

Rhys Treloar, from Sapphire Coast Destination Marketing, said the event was the first initiative of the Sapphire Coast Whale Trail project that was carried over after the last-minute cancellation of the event in 2021. 'We are excited to see this event come to life this year as a celebration of Aboriginal culture and connection to our rich history with whales,' Mr Treloar said. 'It will be an amazing event and the perfect way to open the whale season.'

A member of the organising committee and local Yuin man, Gordon Campbell, was looking forward to the event last year and to sharing local Aboriginal stories with the

community and business members at the opening ceremony. 'This is a great way to start the celebration of our whales' travelling in Bermagui. I look forward to seeing the community and engaging as we share our local Aboriginal culture, language and watch the whales,' added Mr Campbell last year.

Sapphire Coastal Adventures (formerly Merimbula Marina) are back operating whale-watching charters out of Bermagui with a special community offer for the event with \$50 whale watching tours throughout the day.

For full details, to register for the charters or the paddle-out and to learn more, visit the Sapphire Coast website and check out the Walawaani Muriyira-Waraga section

*Rhys Treloar  
Sapphire Coast Destination Marketing*

# Narooma Rotary embraces *The Triangle* area

Narooma Rotary's area of influence includes the area embraced by *The Triangle* – Cobargo, Bermagui and the Tilbas.

Narooma Rotary President, Andrew Lawson, who lives at Wandella said the Club has a long history of having members from Cobargo and Bermagui.

'It's also wonderful that two businesses in Central Tilba support our annual Pride of Workmanship Awards – Tilba Real Dairy has done for many years and this year we welcomed the Dromedary Hotel,' Mr Lawson said.

'Also, this year, we're delighted to be lending our thousand plastic ducks to Marine Rescue Bermagui for their own Duck Race, waiving the normal \$500 fee as a sign of goodwill.'

Andrew Lawson is doing another year

as President because of disruptions during his first term caused by COVID. Recently, in reviewing the past year, Mr Lawson said, 'With everything the year threw at us, what impressed me was the adaptability of our Club. I'm particularly proud the Club still managed to achieve four major objectives for the year:

- to fully develop the monthly Rotary Business Breakfasts with the business community;
- to establish the Narooma Prostate Cancer Support Group in association with

Bermagui Medical Centre and Narooma's Lighthouse Surgery;

- to engage more with other community groups for the common good; and
- to spread Rotary's message more to the southern parts of our district.'

Narooma Rotary provided over \$22,000 from fundraising in 2021/2022 to local and international causes. Our Tertiary Scholarships also supported four university students in that time.

*Laurelle Pacey*



Marine Rescue Bermagui's Deputy Unit Commander Stephen Knight receives the voucher for the loan of Narooma's ducks from Narooma Rotary President Andrew Lawson.



Dromedary Hotel Manager, Rex Hone, nominated apprentice chef Kasey Jones for a Pride of Workmanship Award, presented by Narooma Rotary Vice President Ange Ulrichsen.



Tilba Real Dairy owner Erica Dibden nominated Chrissy Lansley for a Pride of Workmanship Award, presented by Narooma Rotary Vice President Ange Ulrichsen.

## HEARING AIDS ARE AMAZING!

### Helen Keller is reported to have said:

'Blindness cuts us off from things, but deafness cut us off from people' and 'Deafness means the loss of the most vital stimulus – the sound of the voice that brings language, sets thoughts astir and keeps us in the intellectual company of man.'

So, if something can be done to prevent this separation – that is a good thing!

Hearing aids are so remarkable these days:

- the sound has been much improved over the years;
- they are adaptable;
- some can help with tinnitus;
- they keep your brain working better for longer;
- they can save lives ...  
(can you hear the indicator in the car?); and
- some can even alert a person chosen by you if you have fallen and are unconscious.

These days many hearing aids can replace your Bluetooth headphones, so you can listen to music or phone calls without having to hold the phone up to your ear.

The main goal with hearing aids is to bring joy and reconnection with our world and the people we love.

Hearing aids need to be comfortable – both in terms of the sound they deliver and how well they fit your ear.

Think of hearing aids as a good friend who you look forward to seeing every day, because they make your life easier.

If you are not getting joy from your aids, please contact the company that supplied them and insist they help you. Or call me on 0411 839 414. I enjoy finding solutions to tricky problems.

**Remember to hear well is to live well.**



**Shop 3/114 Wagonga Street, Narooma 0411 839 414**



# Fabulous fungi in the Tilba region

On a Saturday morning in early July, nearly thirty people gathered at a small mushroom farm near Central Tilba for a free fungi workshop. The workshop was hosted by Annette Kennewell who grows oyster mushrooms during the winter months for the Tilba Market.

Annette demonstrated how to pasteurise sugar cane mulch to prepare it for growing oyster mushrooms from grain spawn. Participants then toured Annette's oyster mushroom fruiting room to see mushrooms growing in ideal conditions including moisture, temperature, light and fresh air.



Annette Kennewell making an oyster mushroom bucket with sugar cane mulch and grain spawn

Fiona Kotvojs described how she produces truffles at her farm Gulaga Gold in Dignams Creek.

Fiona and her husband, Alan, planted oak and hazel trees to establish their truffière. Their truffle season runs from mid-June to early August.

Gulaga Gold truffles are delivered to south coast locations from Narooma to Pambula or you can visit the farm for a truffle hunt in winter. The truffle hunt includes specially trained dogs who smell the earthy aroma of the truffle beneath the soil.

Tilba Real Dairy has truffle camembert and il Passaggio in Bermagui has truffle salt and truffle oil available in season. At the workshop morning tea, Fiona provided truffle camembert and truffle icecream for participants to taste – they were both delicious.

Liz Worth travelled from her permaculture property near Bega to demonstrate how to inoculate a hardwood log with shiitake grain spawn. Liz has been growing oyster and shiitake mushrooms on logs for many years. Once inoculated with grain spawn, the log must be kept moist for the mycelium to grow for six to twelve months before the mushrooms fruit. Fruiting may be triggered by a rainstorm. Liz has a mushroom laboratory set up at her farm with sterilisation facilities to maintain a variety of mushroom cultures.

The final workshop demonstration, facilitated by Annette Kennewell and her partner Leonard Ali, was making an outdoor mushroom garden.

Participants helped layer wet cardboard on bare earth, followed by pasteurised hardwood chips, then wine cap mushroom grain spawn, then more prepared woodchips. This mushroom garden will be kept moist to enable mycelium to grow, with mushrooms expected in four to six months.

Following the fungi workshop, participants were encouraged to enjoy a fungi lunch in the Tilba region to taste local mushroom and truffle dishes. La Galette, the French café in Tilba Tilba, has delicious mushroom galettes. The Dromedary Hotel in Central Tilba has fettucini with a creamy garlic, mushroom and leek sauce or steak with mushroom sauce. Sweetwater Smokehouse Bar and Grill has dishes with smoked mushrooms and truffle vinaigrette. Tilba Teapot Café and Tilba Bakery, both in Central Tilba, have steak and mushroom pies.

Feedback on the fungi workshop from attending participants was positive. Jenni Kaye wrote 'Thanks for a great workshop! and the yummy mushrooms ... Very much appreciated!' Deb Stevenson wrote, 'It was really interesting and I learnt a lot. Enough to try growing my own mushrooms now that I know there are easier ways.' Wolfgang Goldberger wrote, 'Thank you,



Fiona Kotvojs discussing Gulaga Gold truffles



Liz Worth, inoculating a log with shiitake grain spawn

Annette for putting on this workshop, I'm keen to get started growing the oysters and shiitakes. Thanks also to Fiona and Liz for their presentations, both were very informative.'

The desired outcome of the fungi workshop was to encourage more local people to grow mushrooms and truffles on the far south coast. The positive feedback was encouraging and the free fungi workshop may become an annual winter event in the Tilba region.

Annette Kennewell



## An update from the Crossing Land Education Centre Bermagui

*The Crossing is a non-profit community organisation near Bermagui. We run community workshops that develop Landcare and Sustainable Design Leadership, and host outdoor education programs for schools, youth, universities and adult groups. Bushfire preparedness and fire-retardant landscape design are key components of our work.*

In 2021, the Crossing was successful with receiving funding from the Bushfire Local Economic Recovery Fund (BLERF) that has allowed us to work on fire-proofing the built and natural environments around the Crossing. If it's been a while since

your last visit, expect to see some exciting changes!

Thanks to BLERF, we are employing a crew of three young Aboriginal people to help support koala country recovery. The crew will be helping at the Crossing,

assisting the Firesticks Alliance Indigenous Corporation, doing koala survey work in the bush, developing cultural knowledge and doing some TAFE units as well. If you see the crew while out in the bush, make sure you say hi!

*Bookings are essential for all events and programs.*

### Camps for young people – bookings via The Crossing website

26 – 28 August: Land Leaders is a free fire-recovery and leadership extension camp for senior secondary/early tertiary aged young people (Yr 10+). Share experiences of fire, look at how the bush is recovering and learn how The Crossing is preparing and designing for the future.

28 – 30 October: Landcare Wild (Yrs 8–9). Come along for an adventure, meet great new friends and get your hands dirty planting trees and in the garden. Free for fire-affected young people (simply email [josh@thecrossingland.org.au](mailto:josh@thecrossingland.org.au) and advise us which relief or recovery centre your family accessed).

2–4 December: Landcare Adventure (Yrs 6–7). Come along for an adventure, meet great new friends and get your hands dirty planting trees and in the garden. Free for fire-affected young people (simply email [josh@thecrossingland.org.au](mailto:josh@thecrossingland.org.au) and advise us which relief or recovery centre your family accessed).

### FREE Adult and community workshops – bookings through Eventbrite

21 August: Fire-retardant Design and Cool Burning Preparation.  
3 – 4 September: Preparedness and Permaculture – Design for Fire. Run in conjunction with John Champagne from Brogo Permaculture Gardens. Limited places remaining.

16 October, 5 November: Fire-retardant shelterbelts and refuges (take home ten fire-retardant trees to plant at your place, with treeguards)

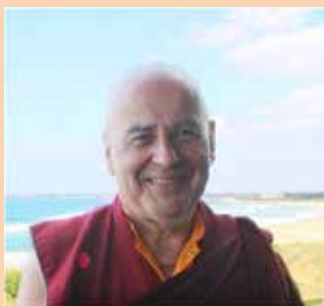
Other adult and community workshops –  
bookings via The Crossing website.

18 August: Our annual Heritage and Heirloom Fruit Tree Grafting Workshop returns after a three (!) year hiatus. \$30 to learn all about grafting and take home a grafted root stock and scion to plant at home. Additional rootstock (\$10) and scion (\$5) will be available to purchase on the day. Free for fire-affected people living in temporary accommodation – simply email [josh@thecrossingland.org.au](mailto:josh@thecrossingland.org.au) and advise us which relief or recovery centre your family accessed).

*Dean and Annette Turner  
The Crossing Land Education Centre*

## TUESDAY MEDITATION

**With resident monk Venerable Tsultim**



***Calm Abiding Meditation***

***Tuesday's 10-11am***

*Followed by morning tea and a yarn*

**Kamalashila Tibetan Buddhist Centre**

**9000 Princes Hwy Tilba**

**By donation**

**[www.drogmi.org](http://www.drogmi.org) / [info@drogmi.org](mailto:info@drogmi.org) / 0403 779 099**

*We also hold regular Sunday meditation 10-11am*



**Students journey from The Crossing to the coast during  
a recent hike adventure program**



## Rotating sustainable fashion market kicks off along the South Coast

The SUSTAIN ME sustainable fashion market kicked off last month as a rotating market, starting in Narooma and Tilba. It will hold monthly and bi-monthly markets in Moruya, Narooma, Tilba, Bermagui and Pambula.

After a very popular Fashion Revolution Bermagui 2022, event co-ordinator, Yolanda del Valle-Buetefuer, was inundated with messages and requests to hold similar events in various towns as far away as Berry and Sydney.

Yolanda stated, 'After holding Fashion Revolution every year since 2019, with over 800 visitors coming to Bermagui for the April 2022 event, this response demonstrates how we have turned a corner in the industry and in the personal awareness of the negative environmental impact of the fashion industry. We're

becoming more conscious about our fashion-buying habits, who we want to support and how we can keep fashion circulating.

Currently and globally, we have enough fashion items already produced to replace the contents of our wardrobes seven times. For some of us that's a daunting thought. The amount of First World discarded fashion waste that ends up in some African countries is astounding – up to fifteen million pieces of discarded fashion every single day.'

SUSTAIN ME is about the relationship we have with our fashion makers, both locally and abroad, and with our planet, ourselves and fashion.

It's about being conscious about our buying habits and keeping good quality fashion circulating.

We need to address the amount of fashion waste that ends up in our council's landfill. It starts with us all taking responsibility. Our collective fashion buying habits contribute between eight and ten percent of global carbon emissions annually.

Supporting local sustainable designers, makers, retailers, up-cyclers, recyclers and repairers, SUSTAIN ME will be moving towards an event in each of the above towns every week by the end of spring 2022.

Currently, there are two markets – the first Sunday of the month at Bend and Sip in Narooma, which is a great venue with a café and bar open from 12 noon. The next SUSTAIN ME, Bend and Sip market in Narooma is August 7, 10.00 am -3.00 pm.

Our first SUSTAIN ME Tilba market kicked off on 16 July. It will be held every third Saturday in the Small Hall in conjunction with the regular Saturday



morning market next door in the Big Hall.

We want to hear from local designers, makers, up-cyclers and anyone who wants to clear out their good quality wardrobe.

Circularity is a big focus of this market and our Consignment Bay has proved to be very popular. Anyone can drop off their pieces at the Consignment Bay and we'll sell them for you. You just need to pick them (or, hopefully, your proceeds) up at the end of the day.

For market enquiries please email [sustainmesouthcoast@gmail.com](mailto:sustainmesouthcoast@gmail.com) or text Yolanda on 0415 117 472.

*Yolanda del Valle-Buetefuer*



## U3A Bermagui – a surprising little treasure

U3A stands for university of the third age. Many people probably hear it and don't know what that means. It is about community learning and is open to everyone. It's really different being in an interactive and social group around a topic rather than just looking something up, reading about it or watching a documentary. It is more fun, has more surprises and gets you out of your own little bubble.

The offerings that are pulled together by the program team every term are varied and impressive. There are always opportunities for new presenters, so if you'd enjoy sharing your knowledge, skill or experience get in touch – you will be well supported. It could be a one-off or a

series. Classes are held at various locations in Bermagui, Cobargo and elsewhere, including field trips.

I thoroughly enjoyed the classes I enrolled in when I was a new arrival in Bermagui and didn't know anyone. I found small groups of friendly, intelligent people listening to friendly, intelligent presenters. It is one of the things I've done here that has slowly and surely helped me to feel part of this interwoven community. Now I am the U3A Bermagui treasurer.

We have a great committee of about ten who get along well and get things done, usually with a few laughs. Some have been serving in this way for years. Some are newer. If you like the idea of contributing



to this aspect of a valuable community organisation, you could join us. After attending and getting to know our local U3A from the 'inside', there might be a bite sized or bigger role that would suit you.

Visit the website, [u3abermagui.com.au](http://u3abermagui.com.au) or search U3A Bermagui for contact details.

There's not a lot happening in Quaama this month other than the daily effort to keep warm. I don't know if it's my age or what, but this winter feels colder than any year I can remember. We haven't had heavy frosts so much, but the daily chill has often not let up.

Projects continue at the Hall though. The supper room has a new ceiling and lining the walls will be next. Eventually a new surface will cover the old floor, then the air-conditioning unit might actually make an impact. Our old hall was constructed with a LOT of gaps! They're being closed in, bit by bit. Thank you, Hall Committee! Even if being on a committee isn't your thing, you can always come along to help out with projects or gardening or whatever is needed at the time without having to attend meetings or get more deeply involved. Contact [quaamahallbookings@gmail.com](mailto:quaamahallbookings@gmail.com).

Council finally cleared the debris left after the fires from the cemetery. It's looking much better. I miss the big old trees that were once there though. Especially that huge one at the entrance with bark that twisted around its trunk, all the way up. I mourn it like an old friend who has passed. But the QPA are onto it. They will

be doing some tree planting soon as well as providing seating in different spots around the grounds. You'd think that would be simple, but NO. The lovely benches made from sleepers from Hayes Haulage must be properly bolted onto concrete slabs with approval from Council and anyone else who may have an interest. Much has already been done so, with any luck, it may happen soon. I'll keep you posted.

A Tennis NSW Development Officer visited our tennis club. He was happy to see the courts back in serviceable condition in his first visit since the fires. They supply funding for regional tennis clubs to upgrade their facilities and that could well happen here if there is enough community interest. One idea is to make the courts multi-purpose. So, in addition to a new surface that would be much easier to maintain, we could see a basketball hoop and netball lines so there would be more opportunity for people to use this terrific local asset. Does this sound like a great idea to you? Contact Beck on 0429 306 761, join the club, come along to working bees, buy a raffle ticket and generally be supportive ... and it may well happen.

The QPA have set a 15 October date for the Spring Fair. Ideas are still being bandied about. It's early days yet but something to look forward to. They are also going to provide the foundations for a picnic table and garden shed at the hall that, like the cemetery seating, require bolts and concrete slabs as well as approval. They're doing all these small jobs that may not seem like much but will have a lasting impact on our community. Good on them!

The Quaama Renewal Projects continue and will do so for another year.



Colin Thompson, Club Development Officer from Tennis NSW at the Quaama courts.

This month there will be an art installation and a writing course for anyone who wishes to participate. It is fully funded so you can attend without it costing a thing. For more information about these events, check them out on the following page.

And topping off this month ... on 31 August, the Triangle Owner Builder Group is planning a 'Deconstructing Construction' evening at the Quaama Hall. It's being sponsored by Quaama Renewal Projects, Vinnies, the Red Cross, Anglicare and Bega Valley Shire Council. The plan is for a 'speed dating' format for owner builders to schmooze with construction experts from 5.00 to 7.00 pm ahead of a fully-funded community dinner. It's still being organised so look out for posters, posts and emails about this wonderful event for people who are building their homes who may appreciate some great advice ahead of a free feed and some classic Quaama community spirit.

## Subscribe to *The Triangle*

Do you live outside the Triangle area?

Be sure to receive your copy every month by subscribing.

An annual subscription (11 issues) is only \$35.00.

Email [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au) or post your cheque and details to:

***The Triangle***

PO Box 293

Bermagui NSW 2546

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Phone \_\_\_\_\_

## PROSCAPE GARDEN CONSTRUCTION

Offering a complete package, including design, construction and maintenance. From small upgrades, complete yard makeovers or even empty block designs, we have you covered.

▪ innovative ▪ creative ▪ practical

We look forward to working with you, to create an outdoor space you love to spend time in.

[proscapegarden@gmail.com](mailto:proscapegarden@gmail.com)

▪ 0457079770

Find us on facebook & instagram. Lic.326347C





## Quaama Renewal Projects - one year down and one to go

A huge thankyou to all the leaders and participants who have made the first year of Quaama Renewal Projects (QRP) activities a joy to deliver. The feedback has been generous and uplifting and is a testament to the incredible, highly skilled people who we have in our community.

Work is underway now to fill the calendar with well-being and community reconnection activities until July 2023. We will be offering repeats of some very successful classes and workshops, the continuance of our Wednesday drop-ins at Quaama, the last few medicine, music and mindfulness sessions and some exciting new happenings.

On 20 August, Quaama School of Arts will host ReGenesis: where art meets community in a journey of truth and healing. This is an immersive art installation that includes a performance of live poetry and spoken word to music and is a celebration of the land we live on. This amazing event is brought to you by a collaboration of local artists and runs from



An amazing underwater diorama created during an art therapy session led by Ozlem Guler.

11.00 am until 4.00 pm.

The Writer's Journey is a twelve-week writing course led by Cecile Bower, Quaama local and experienced television, video and digital media producer, writer and teacher. The course is made up of six fortnightly face-to-face workshops held in the Quaama School of Arts with writing supported by email contact on the alternative weeks. Commencing on Wednesday 24 August at 10.00 am, this course will help you unlock and write the stories you want to tell. Whether you are a beginner or are more experienced, a poet, novelist, memoirist, essayist, short story writer or scribbler this workshop series

will take your writing to a new level in a supportive environment. As well as creating stories, participants will also be generating a writing community to help each other achieve writing goals.

Information about all activities is posted on the Quaama Renewal Projects Facebook page, circulated through the community email groups and listed on our Eventbrite page – go to the Eventbrite website and search for Quaama Renewal Projects to find every activity currently available.

*Veronica Abbott*

*Quaama Renewal Projects  
Moving forward, sharing hope*



A scarf underway at the workshop led by Bega Valley Textile Group

### Anglican Churches of Bermagui Cobargo and Quaama

#### WORSHIP SERVICES DURING AUGUST

**Bermagui - 11 Wallaga Street**  
7th, 14th, 21st and 28th at 8am

**Cobargo - 5-11 Hoyer Street**  
7th, 14th and 21st at 10am

**Quaama - School of Arts Hall**  
28th at 10am

Contact: The Reverend John Thomas  
Tel: 0427 260 833



**MONDAY** - Burger Night \$20 inc House Drink & Kids eat half price

**TUESDAY** - Trivia at 7pm, Pizza Night \$20 inc house drink & kids eat half price

**WEDNESDAY** - Bingo 7pm, Steak Night \$20 inc House Drink

**THURSDAY** - Snitty Night \$20 inc House Drink

**FRIDAY** - RAFFLES 7pm, BADGE DRAW & \$5 Esky Drinks

**SUNDAY** - Parmi Night \$20 inc House Drink, HAPPY HOUR 6pm, JOKER DRAW  
Live Entertainment from 5pm

**Weekend Breakfast 8:30am to 11am**

**Phone - (02)64936423**





Conventional wisdom has always been that winter in the Triangle is very quiet – certainly there are fewer visitors and locals tend to stay at home more, close to a cosy fire. However, community activities and events seem to be continuing this year and at weekends there are quite a few chances to listen to decent music. Make sure you keep your ears and eyes open as there are sure to be some special events and activities that will make your heart sing. And enjoy those days when the winter sun shines.

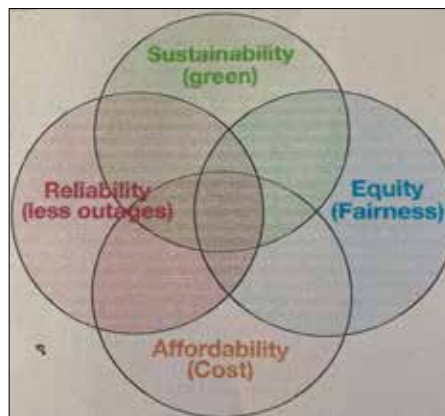
## Indulge yourself

Choirs have been mostly absent over the last couple of years. Now, as many choirs are getting back together, there are community performances also happening. A performance worth marking in your diary is Spirit Allegro Chamber Choir, who will be presenting a mid-winter indulgence in the Central Tilba Big Hall, on Sunday, 21 August at 2.00 pm. The choir which is based in Pambula was started by Sandy Glass in 2015. Now led by David Francis, Chief Executive Officer of the Wollongong Conservatorium of Music and former Executive Officer of Four Winds, the choir will perform with Uccellini Recorder Ensemble and others. Tickets will be available on the door.

## Getting involved

Central Tilba, Tilba Tilba and Mystery Bay residents are invited to a Microgrid Information Session in the Central Tilba Small Hall on Saturday, 27 August from 11.00 am – 1.00 pm. This information session is part of the Southcoast  $\mu$ -grid Reliability Feasibility

(S $\mu$ RF) project, written about in the July edition of *The Triangle*. At the information session, locals will have the opportunity to consider how microgrids can benefit the local area with possibilities for ongoing participation in the project. Southcoast Health and Sustainability Alliance (SHASA), Eurobodalla's community energy organisation, is leading the community consultations through its local representatives, Phil Shorten and Susanna Chung. For further information email Stuart Absalom (shabsalom47@gmail.com) or or call 0419 589 404.



Microgrid benefits

## Australia's Best

Tilba Dairy has done it again – this time their full cream milk has won the best milk in Australia at the Sydney Royal Show. This was the crowning glory of five other silver and bronze awards. It matches their award-winning double cream that has previously won best in Australia. Nic and Erica Dibden have built a strong local family business, supported by a strong team and this approach to their business is evident, not just through these important



Erica and Nic Dibden with their banner and trophy

awards but through the quality products that we all value. The evolution of this business, built on the foundation of hard work and commitment, continues and there are sure to be more innovative surprises. Well done, Nic and Erica and your team, including the cows!

## Introducing Michael Longbottom



Michael Longbottom

Michael is a Yuin/Gadigal man who moved to Narooma from further north. Previously doing various traineeships and working in Aged Care, he answered an advertisement for a job in the cheesemaking section at Tilba Dairy. Successfully gaining the job in September 2019 he has surprised



**BERMAGUI**  
BOBCAT & TIPPER HIRE  
0439164176

**Allan Dummert 0439164176**

SERVICES	
• Dozer	• House / Shed Sites
• Excavator	• Road Construction
• Bobcat	• Clearing
• Tipper	• Footings / Trenching
• Tractor	• Dam Construction
• Roller	• Civil Works
	• Detailed Excavation

# DRINKING WATER



Drinking water household deliveries

Brand new poly tank  
Food quality stamped

Available in the Triangle area



**Contact Mark**  
**0408 167 172**

**SOW.GROW.REAP**  
STRATEGISTS | TAX ACCOUNTANTS

**MORE MONEY IN YOUR POCKET!**

- Working too hard in your business with not enough to show for it?
- Make next year more profitable!
- Let us show you how to get more money out of existing sales
- We do tax returns too

**0409 402 070**  
[john@sowgrowreap.com.au](mailto:john@sowgrowreap.com.au)





even himself in how inspired and excited he is to have found a new career as a forty something year old man. Michael describes cheesemaking as a fine art that requires hard work always with the potential for something to go wrong. He considers himself fortunate to be able to learn this age-old craft on the job with the encouragement of Nic and Erica and their supportive team.

Michael is currently developing a range of Tilba Dairy cheeses that include bush tucker food. The range so far includes a cheddar with Old Man Saltbush and Mountain Pepper, a camembert with River Mint and Persian Fetta with Bush Tomatoes and Saltbush. He is investigating the use of local Yuin ingredients but there are challenges to this as bush tucker ingredients must come from viable sources to meet Food Safety Standards. This addition to the extensive Tilba Dairy range is an important one that emphasises these unique, locally-made products. All the best to Michael – it is special to have the combination of an age-old craft with the age-old knowledge of bush tucker.

## Celebrating Yuin Culture

The inaugural Narooma Winter Night Markets Festival, a collaboration between Southbound Escapes, the Eurobodalla Shire Council and the Djaadjawan Dancers, opened on a bitterly cold Friday evening in early July. Held at the start of NAIDOC Week, although not an official NAIDOC event, it was a celebration of Yuin culture, bringing together Indigenous and non-Indigenous people to share story, song, dance, food, art and culture.

Tilba resident, Linda Newcombe,



Smoking Ceremony at Narooma Winter Night Markets Festival

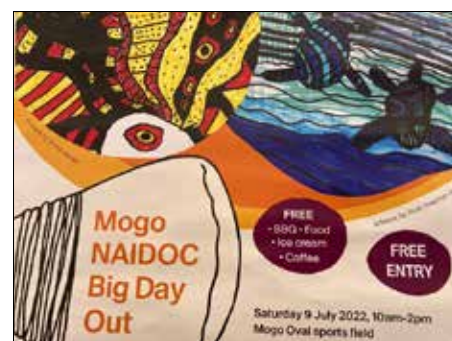
braved the weather to attend the opening ceremony and she was pleased that she did. After the welcome to country by Terry Hill, the Smoking Ceremony was led by the Muladha Gamara Dancers whose lead, Jordan Nye, explained the importance and significance of this special ceremony as a gesture of goodwill. The Muladha Gamara Dancers thrilled the crowd with their dances following the Smoking Ceremony and then, for the first time ever, collaborated in dance with their female counterparts, the Djaadjawan Dancers, to the delight of all. There was

even an invitation for audience members to participate in dance – all this with the haunting sounds of the didgeridoo.

There was much more to fill the evening with an Elders Tent, food vendors, local Indigenous arts and crafts, local musicians all topped off with a dog fashion show! Well done to all involved – what a special celebration this night was.

## Mogo NAIDOC Big Day Out

This shire-wide celebration of the NAIDOC theme 'Get Up! Stand Up! Show Up!' was jointly organised by ten local agencies and led by Barb Rix, the Red Cross Indigenous Recovery Officer, with the assistance and support of Youth Services from Eurobodalla Council. With a traditional opening ceremony, the event featured live music, carnival rides, a jumping castle, the local Muladha Gamara Dancers and other cultural activities, arts and crafts as well as free food and refreshments. My local informant, Linda, described this important local NAIDOC Week event as a well-attended happy day where the Elders Tent was well utilised. Congratulations to all involved.



Mogo NAIDOC Big Day Out with artwork by Mogo School children





## School's back

As NAIDOC Week occurred during the recent school holidays, Central Tilba Public School celebrated this important national celebration during the first week of Term 3. The newly developed Outdoor Cultural Learning Space at the school, with its stunning murals by local Indigenous artist, Dennis Pitt, was used on Friday, 22 July, for a special campsite NAIDOC lunch for the school community.



Dennis Pitt painting the murals at Central Tilba Public School

As Term 2 drew to a close the whole school participated in the Far South Coast Dance Festival at the new Pavilions Complex at Batemans Bay. Central Tilba Public was the only school where K – 6 classes all participated. Here's some feedback from the kids ...



At the Far South Coast Dance Festival - Scarecrows

*Levi: My mum said I went good.  
Edie: My nan said, 'You were the cutest cow in the world.'  
Riley: Jasper said 'You were so amazing.'  
Tully: My dad said, 'Go Tully.'  
Grace: My mummy said, 'That was the cutest thing I have ever seen in my life.'*



At the Far South Coast Dance Festival - Cows

## A sad farewell

Geoffrey Giuffre who passed away suddenly on 22 June was a well-loved member of the Triangle community who will be missed by all. He drove to Central Tilba each Saturday to pick up his copy of the weekly independent, *The Saturday Paper*, as it is not available in Bermagui. Vale Geoffrey.

australian underground utility locations

Mick Parnell

Director

8 Brunker St  
Pambula NSW 2549  
0459 146 819  
moceanfabrications@gmail.com

## Buying or Selling on the Far South Coast?



Sales \* Rentals \* Holiday Lettings  
**02 6493 3333**  
Bermagui's longest established  
Real Estate Agency  
marshallandtacheci.com.au



**Open 7 days a week  
for lunch and dinner**

*Book ahead to avoid disappointment.*

- The best food in the area
- Cold beers
- 20+ gins
- Great wine list
- Dog-friendly, sunny beer garden
- Takeaway food and grog

**Join us for free Sunday Arvo  
Live music Sessions!**

Check out our Facebook page for times  
@thedromtilba



**Dromedary Hotel**  
**Bate Street**  
**Central Tilba**  
**Tel: 4473 7223**

[www.dromedaryhotel.com.au](http://www.dromedaryhotel.com.au)



### Tilba CWA - never a dull moment!

June and July were busy months for our little branch. Along with behind-the-scenes planning for our Vintage Garden Party, we were thrilled to be able to support our local community and fellow CWA branches. Our generous members have been baking special treats for our wonderful Tilba RFS team who meet every Monday night come rain, hail or shine.

We were delighted to share in the ninetieth anniversary of the Moruya CWA by attending a high tea and, more locally, catch up with our Narooma CWA friends to share news and ideas. NAIDOC's *Cuppa and a Chat* gathering was treated to home-made biscuits and a special lunch to celebrate Aboriginal and Torres Strait Islander peoples' culture and country.

The Tilba CWA soups were popular with young and old at the Winter Solstice Lantern Parade, where students from Central Tilba School paraded to the beat of drums with glowing lanterns down to the Big Hall to share music, dance and food. A big shout out to Cara for her organisation

behind the scenes.

Phew - time for a quick breath! Just a reminder that Vicky will be hosting another craft day on Thursday 25 August at the Umbarra Cultural Centre from 11.00 am – 2.00 pm. All craft items and morning tea supplied.

Our Vintage Garden Party tickets are selling fast! At the time of writing our first and second High Tea sittings are close to being sold out but if you're quick you can reserve a place for the 2.00 pm sitting. High Tea tickets are \$35 pp. There are still plenty of Wine & Cheese Tasting spots at \$20 pp for either 12 noon, 12.30 pm, 1.00 pm or 2.00 pm so why not make a day of it to experience the amazing gourmet food and wine our region has to offer? Of course, if you'd just like to come along and join in the fun of the stalls, music, games, storytelling and more, it's only \$5 entry pp or \$10 per family.

To purchase tickets please contact Helen Thomson, Tilba CWA's Treasurer on email at [cwatreasurertilba@gmail.com](mailto:cwatreasurertilba@gmail.com)



Paper daisies at Mountain View Farm

or by phoning 0407 100 710.

*Teresa Stubbings*  
Tilba CWA President

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

### Shot of the day!



*Horizon...the bank that makes you smile*

*"Thanks for letting me know about the Reward Saver account. It got me on the slopes with my mates. Now we're all saving for a Hawaiian surfari"*

*Matt, Bermi*

Check it out!



Open a Reward Saver account online  
[horizonbank.com.au](http://horizonbank.com.au) or in branch

## Horizon Bank

2 Wallaga Street, Bermagui ☎ 6497 8810

\* A Product Disclosure Statement (PDS) is available from any Horizon branch or our website. You should consider the relevant PDS in deciding whether to buy or hold the products. Horizon Credit Union Limited ABN 66 087 650 173 AFSL and Australian credit licence number 240573 trading as Horizon Bank. 27 Stewart Street, Wollongong NSW 2500. Online account opening available to Australian residents aged 18 years or more.

## Tilba Wisdom Circle

Tilba now has a Wisdom Circle, held each month at Open Sanctuary on Corkhill Drive, Tilba Tilba. It is an opportunity to reflect on our relationships with each other and the world, recognising that we now have enormous power to effect change through our scientific knowledge and technology, but we don't always have the wisdom to know which change is in the best interests of everyone and everything, what actions are not only knowable but also wise. Knowledge builds things from parts,

wisdom is aware of the whole. Knowledge thinks in terms of concepts, wisdom in terms of metaphor and symbol. We need both. Modern neuroscience helps us to understand this in terms of the right and left hemispheres of the brain and, at the Tilba Wisdom Circle, we are looking at this very important work and its relevance to spirituality, especially through the writings of Iain McGilchrist. Wisdom also has ancient roots in just about every spiritual tradition. Science has given us an

impersonal and objective universe; wisdom gives us a personal and subjective one. As modern human beings we need both.

Everyone is welcome. We meet from 3.00 to 5.00 pm on the following Saturdays for the rest of the year: 6 August, 10 September, 8 October and 12 November.

For more information go to the Open Sanctuary Tilba website or call David on 4473 7838

*David Oliphant*

## Speaker at Tilba Environment Landcarers' (TEL) AGM encouraged private landholders to grow hardwood timber to boost supply

Supplies of hardwood timber are becoming limited, according to the keynote speaker at TEL's recent AGM.

The speaker, Rob de Fegely, is an agroforester and farmer in the Bega Valley Council area and is the CEO of the South East NSW Regional Forestry Hub, which includes the Tilba District.

He told the meeting that this Hub, one of eleven such Hubs established by State and Federal governments throughout Australia, could help with this scarcity.

Mr de Fegely encouraged private landholders to grow hardwood timber to help boost supply and, by so doing,

improve their property's ecological health.

TEL President, Geoff Pryor, outlined in brief the work of the group over the past year, including engaging with the Eurobodalla Council on a number of environmental and planning issues. Most recently, however, TEL members joined Council staff and others in a project aimed at protecting a plant indigenous to the Tilba district, called Warty Zeiria. Given that it is specific to the district, there might be a push to change this name to Tilba Zeiria! This will be an ongoing project for TEL and anyone interested in this, and other projects, is invited to join TEL, Geoff said.

Vice-President Mark Stubbings told the meeting that TEL would be playing an important role in implementing the Central Tilba Chamber of Commerce's Strategic District Plan and is also undertaking hands-on work as part of a Bushcare project in the Eurobodalla National Park at Corunna Point.


The meeting re-elected Geoff Pryor as President and Mark Stubbings as Vice President and Secretary. TEL is aiming to have a web page up and running soon which will provide an easy way to make contact and become a member. Details will be released soon.

*Geoff Pryor*

### ABC Cheese Factory

*Our own jersey milk, cheese, yogurt & cream.  
Plus local ice cream, jams, preserves, coffee & milkshakes.  
Milk, yogurt, cream & many more styles of cheese made on site.*

**37 Bate St,  
Central Tilba  
02 44737387**



**Open viewing  
into the factory**

**[www.tilbarealdairy.com](http://www.tilbarealdairy.com)**



### Bermi Acupuncture & Chinese Medicine

**Dr David Arthur**  
12 Sinclair St, Bermagui  
0401 901 787 or 6493 5559  
[www.bermiacupuncture.com.au](http://www.bermiacupuncture.com.au)

### NEED A CAR?

**Need a car for a day or two?**  
*The community car is  
available to borrow.*

**See one of the women at Well Thumbed Books  
or book it by phoning Louise on 0416 039 895  
or Linda on 0407 047 404**



### ECO AIR

BATEMANS BAY  
SPECIALISING IN AIR CONDITIONING AND HEATING  
**AARON BOLLER - 0400 114 002**

- All Year Round Comfort
- Most Cost Effective Way To Heat And Cool Your Home
- Fast Reliable Service
- Extremely Competitive Pricing
- Fully Trained And Licensed Technician

**\*\*Find us on Facebook and Instagram!\*\***  
~~ Call today for an obligation free quote! ~~



The common thread amongst us all is the feeling that this winter has been a cold one. When I am at the dairy in the early hours of the morning it is common to feel pretty chilled but I always felt a beautiful sunny day would soon appear on the horizon. Alas I would have to agree that the vibrant warm days have been rather scarce.

The winter chill is not the only concern for farmers at the moment as the terrifying foot and mouth disease is lurking very close to our country. If it should make its way here and into our lives, it could decimate our livestock, our livelihood and our lives. All precautions should be taken seriously with so much at stake.

The Wandella Hall rebuild is gaining traction with the final designs in place and

a DA will be lodged in the near future. The eager committee will be busy selling raffle tickets at the hotel to gain some funds for the much-needed items for the final fit out.

Congratulations are extended to the fabulous committee who brought us the Op Shop Ball. A fantastic night with much socialising and dancing.

Fortieth birthday parties are the order of the day with Rocky Allen celebrating with family, friends and a massive bonfire. Emma Salway has been busy planning a party for Aaron – it's hard to imagine they could be that old. Wishing both these dairy farmers wonderful birthdays.

The Cobargo Show Committee has had their Annual General Meeting and all committee persons have retained their

positions with the team being led again by Daniel Allen as President.

Cath Cardin Lawler OAM who was invited to open 2022 Cobargo Show but could not attend due to illness has sadly passed away. Cath, a fine woman of incredible horse and cattle skills, had lived and worked on her beef property at Cadgee up until very recently. She will be remembered for her vast knowledge of the surrounding bush and the strength of her understanding of the history of the local areas. She leaves behind two daughters, Jane and Moira, and their families.

Get well wishes are offered to two wonderful ladies, Lynda Holland and Janet Doolin, both recovering from recent surgery.

## Rebuild Cobargo Update!

Many thanks to all those who joined us at the community consultation on 18 June. Based on your feedback (and feedback received since then), along with all the regulatory requirements, Dunn & Hillam, the project architects, are continuing to refine the REBUILD COBARGO designs.

For those who couldn't attend on the day or if you want to review any aspects of the presentation, the video recording of the community consultation event is now available on our website, [ccdc.org.au](http://ccdc.org.au).

There are still decisions to be made to further refine the plans from concept designs to final architectural designs, especially as we develop the issues around the choice of materials and facades in more detail. The CCDC Board are keen to seek community feedback and to keep people up to date prior to the Development Application being submitted with Bega Valley Shire Council. While the timeline for the submission of the DA will no longer meet the target date, the project design team are working hard to obtain and incorporate consultant reports for the project and are hopeful that they will submit within the next month.

The CCDC is committed to being available to the community to chat about the Rebuild Cobargo project. The Community Representative Directors will hold another stall at the Cobargo Markets on Saturday 13 August. Please look out for us, come along for a chat about the project, have a look at the proposed designs and let us know what you think.

By the time this article goes to print, we will have also

released an Expression of Interest process to recruit a professional content manager for the CCDC website.

Please keep a look out for this, and if you or someone you know has the skills, we encourage you to get in touch!

Finally, the [ccdc.org.au](http://ccdc.org.au) now has a mailing list so please visit the website to add your name to the list so you can receive regular updates and news about the project.

Kind regards,

*Steve Williams & Jess Evans*

*Cobargo Community Development Corporation (CCDC Ltd)*

## The Baking Buddies

Cakes / Slices / Biscuits / Bread / Preserves  
Like Grandma used to make!  
Saturdays 7.30am - 1.00pm  
Beside the Cobargo Pharmacy



Lorraine 6493 7175 / Beth 0428 696 623

## Cobargo Country Pick

### 12-14 Aug 2022



Crow Mountain



## Bluegrass, Old Time Acoustic Music Event

Jamming and performances all weekend.

[www.cobargocountrypick.org](http://www.cobargocountrypick.org)

Enquiries : 0423092725

## We had a ball!

Cobargo School of Arts resounded on Saturday 16 July to the wonderful music of Kitty Kat and the Band of Thieves. The occasion was a ball to celebrate one hundred years of service by CWA of NSW.

The Op Shop Ball was promoted as the ideal way to help the community have a well-earned fun evening, and for CWA Cobargo to say thank you for the support we receive from everyone. The fabulous outfits on the night were imaginative and fun (even a little crazy!). The dancing was energetic and helped along by spot prizes, all donated by local businesses. The whole event exceeded our highest hopes. Thanks are due to everyone who attended, and to the local businesses who supported us and the indefatigable workers behind the scenes. Artwork and décor by Nikki Hutteman enhanced our beautiful School of Arts Hall. Of course, there is a special thanks to our wonderful Bowerbird Op Shop who helped make it all possible.

Those attending asked that Cobargo CWA hold a ball as an annual event. We need to think long and hard before committing to this, but we will keep you informed. No promises.

Meanwhile we continue to promote the cause of CWA and, to this end, Lynn



Perla Gerlic and partner Brett brushed up beautifully for the big event Photo credit: Matt Nettheim

Lawson set up a stall at a recent event in Quaama to help inform everyone about just what we do and to encourage new membership. We are far from the simple image of tea and scones – although we do enjoy them both. We are an inclusive organisation where everyone is welcome, and we are happy to meet the needs of all by encouraging participation in all the

areas offered by CWA. We are particularly hoping to meet some of the younger mothers in the district as we have much to offer them.

If you would like to join us for a chat and refreshment, please come along to our meeting. Our next meeting is at the CWA cottage on the Bermagui Road, next to the playground on Tuesday 9 August at 10.00 am. You are assured of a warm welcome and a lot of laughs.

Mary Williams  
CWA Cobargo



Andrew North and Madhava  
Photo: Matt Nettheim



Nikki Hutteman looking fabulous  
Photo: Matt Nettheim

### By Hook or By Crook Cobargo



Truck and crane hire  
Car and scrap removal  
3A rating  
anywhere anytime anything  
Phone Rowan 0428 936 016



## The Cobargo Community Tree Project forges ahead

The Cobargo Community Tree Project has been underway for many months now. You may have seen pictures of smiling faces holding the forged metal gum leaves they created in one of two forges in our area. Sarah Hamilton of Mother Mountain Forge in Dignam's Creek answered some question for us about this wonderful project to commemorate the bushfires for future generations.

*How did this project come about? Whose idea was it?*

Iain and I were aware of the Black Saturday memorial in Victoria. This was a memorial tree with leaves forged by blacksmiths from around Australia and the world. After the fires here, Iain had the idea to do one for Cobargo, but with every leaf forged by members of the community. This way the energy of the community is in the tree.

We floated the idea to the community and received overwhelming support for it. We then approached Philippe Ravenel at Galba Forge to see if he wanted to be a part of it and he was willing to help.

*Is it funded? Surely all the costs aren't yours alone?*

Yes. We received initial funding from the Cobargo Bushfire Relief Fund and funding and ongoing support from Vinnies. All of the steel has been generously donated by Vulcan Steel and the gas used to run the forges has been very generously donated by BOC and Elgas. We have also had ongoing support from The Cobargo Co-op and other local groups and individuals. But we will probably need more in the future to complete the project.

Most importantly, Iain and Philippe volunteer their time to help people forge their leaves, they don't get paid. I also do all of the administration, media and website work on a volunteer basis.

*Where will the tree be placed once it is done?*

The finished tree will be somewhere on the main street of Cobargo as part of the rebuild. We are investigating options and meeting with interested parties. If there is more than one suitable site, then we will consult with the community on the decision. It needs to be visible and accessible to all.

*How many leaves will be on the finished tree? And how many have been done so far?*

We are aiming to forge between two and two and half thousand leaves. This is the approximate population of Cobargo, Quaama and surrounding localities. If everyone makes a leaf, or has one made for them, there will be plenty. As of the

end of July, there have been about 600 made.

*Who can make a leaf? Is there anyone who shouldn't be part of it?*

Anyone who lived or worked in Cobargo, Quaama, Wandella, Yowrie, Coolagolite, Dignams Creek, Verona or Brogo at the time of the fires between Dec 2019 and Jan 2020.

If they have moved away, they are still welcome to make a leaf.

For those who have died, we encourage family or friends to make one on their behalf. The same for those who are physically unable to make one.

We have had lots of interest from Bermagui, north up to Batemans Bay and south to Eden and beyond, but this is for those who call Cobargo, Quaama and surrounds home.

There is no cost to do it. Age is no barrier, even the very young and the very old can be a part of it by having a few hammer blows to impart their energy and then getting a loved one to take over the work.

*Is there a cut off time for this or will it be when all the leaves are made?*

The cut off for leaves will be October next year after two years of leaf making. The branches and the tree itself will probably take another year to make and assemble. Then there is installation and all that goes along with that!

*And how has it been for you? Any regrets? You certainly have put in some time and effort.*

It has certainly been great meeting people and getting to know others better. We've heard some incredible stories, not just of the fires, but of life in our community in general. It is also heartwarming to see people's reactions. We have had tears and laughs and everything in between!

No regrets as such. We knew going into it that it would be a long project, and would take time and effort. But, in saying that, it is very frustrating and disappointing when the leaf forging sessions are not full or we have no-shows. Iain and Philippe give their time for multiple days each month, that takes time away from their earning a living in their



Iain Hamilton from Mother Mountain Forge in Dignam's Creek forging leaves at the Cobargo Co-op with members of the community



Leaf making with Philippe Ravenel at Galba Forge in Yowrie

own businesses, or spending time with family or, in Philippe's case, rebuilding his house. We really need all the sessions to be filled so that they are not wasting their time.

For more information and to book your place at the forge, please go to the website for the Cobargo Community Tree Project.

***A tree that does not burn,  
just like the community  
that did not burn.***

***Made with fire by every  
member of our community.***

# SERVICE DIRECTORY

<b>Accountant</b> <b>Individual Tax Services</b> <b>Fredrick Tambyrajah BSc MA MACC MIPA</b> 44 Princes Hwy Cobargo NSW 2550 Phone: <b>6493 6006</b> Email: <b>fred@itaxservices.com.au</b>	<b>Building Services</b> <b>Drakos Brothers Constructions</b> Major Projects to minor repairs Quality workmanship guaranteed Lic No: 39234 Phone: <b>4473 7301 Jimmy</b>	<b>Electrical Services</b> <b>Anthony Kelly Electrical</b> For all your electrical needs. Reliable prompt service. No job too small. Fully insured. Guaranteed work. Lic No. 33922C Also licensed for Data and Phone Cabling Phone: <b>0452 010 519</b>
<b>Accountant</b> <b>Barrett Tax</b> Chartered Accountants & Registered Tax Agents Specialists in personal and small business tax returns Ph: <b>1300 651 708 www.barretttax.com.au</b>	<b>Building Services</b> <b>Building / Carpentry / Joinery</b> New homes/extensions/alterations/decks/roofing kitchens/stairs/sheds or owner builder assist Phone <b>Jake Smith 0409 991 929</b> Lic. No. 205250c	<b>Electrician</b> <b>Smedley Electrical Services</b> All electrical work guaranteed. Level 2 Authorisation - underground/overhead mains connections & solar installations Lic. no. 95937C. Phone <b>Jeff 0414 425 571</b>
<b>Accountants &amp; Business Strategists</b> Working too hard in your business with not enough to show for it? Make next year more profitable! Let us show you how to get more money out of existing sales. Oh, and we do tax returns too. Ph. <b>0409 40 20 70 E: john@sowgrowreap.com.au</b>	<b>Carpenter</b> <b>CARPENTER</b> <i>for all your building needs</i> Phone: <b>Luke Hoskins 0438 585 324</b> email: <b>hoskins2000@gmail.com</b> LIC NO: 203038c	<b>Excavations</b> <b>Bermagui Excavations</b> 4.5t excavator - 8t tipping truck - bobcat bucket - augurs - rock hammer and roller general earthworks, site prep, footings & pier holes trenching, clearing, drainage, material delivery <b>Neville 0428 948 589 Dylan 0481 311 007</b>
<b>Accounting Services</b> <b>Pandanus Accounting</b> <i>A Chartered Accounting firm</i> High quality taxation and accounting services 3/26 Bunga St, Bermagui Mon - Fri 10am - 5pm Phone: <b>0488 910 456</b> Email: <b>info@pandanusaccounting.com.au</b>	<b>Carpentry</b> <b>SAPPHIRE COAST</b> <b>CARPENTRY CREATIONS</b> Contact <b>Tony: 0434 835 036</b> <b>tony@carpentry-creations.com.au</b> LIC NO: 338404C	<b>Excavations</b> <b>Bermagui Mini Digger Hire</b> 1.8 ton excavator 1 m wide plus Tipper Trailer Trenching – absorption trenches pier & post holes – small tanks – level pads clearing and most general excavations Phone ‘Cappo’ (Jason Drew) on <b>0414 522 031</b>
<b>Acupuncture</b> <b>Bermi Acupuncture &amp; Chinese Medicine</b> Acupuncture, Cupping, Tui Na, Mental Health Care Therapeutic & Remedial Massage <b>Dr David Arthur: 0401 901 787 or 6493 5559</b> <b>www.bermiacupuncture.com.au</b>	<b>Cleaners</b> Professional, insured & in Bermi for over 7 yrs Private homes - Holiday houses - Air BnB Spring cleans - Linen service - windows Reliable & trustworthy <b>Adam &amp; Marg West 0419 302181</b>	<b>Excavations</b> <b>MOSS CONTRACTING</b> 4WD Tipper + 3.5t Excavator with hydraulic grab & auger. Fire season prep, clearing, site prep, trenching, detailed work, drainage, materials delivered. All aspects of general earthworks. Phone <b>Sam Leone on 0416 237 753</b>
<b>Alpacas</b> <b>Kingdale Alpacas</b> Breeding stock, fleece <b>Graham &amp; Jenny Froud,</b> Dignams Creek Phone: <b>6493 6409</b>	<b>Computers</b> <b>MPower I.T. Services</b> Home and Business systems Laptops, Desktops, VoIP, NBN <b>SALES and SERVICE</b> Call <b>Mike 1800 318 067</b>	<b>Gardening and Home Maintenance</b> Assisting locals, landlords and absentee owners Mowing - pruning - chain sawing - tip runs Deck restorations - small painting jobs Ride on mower now available <b>Reliable - Affordable - Friendly</b> Call <b>Adam West 0419 302 181</b>
<b>Arborist</b> <b>NIC, TREE FELLA</b> <i>Tree care and removals</i> pruning, removals, hedge trimming firewood deliveries, milling services Phone: <b>0466 538 689 nic.treefella@outlook.com</b>	<b>Concreting</b> <b>VENTURA CONCRETE SOLUTIONS</b> Over ten years concrete experience Slabs, pathways, driveways, patios Exposed aggregate, plain and coloured concrete <b>Ph: 0419 571 464 Licence #323699c</b> <b>ventura.concrete.solutions@gmail.com</b>	<b>Glazier</b> <b>Bermagui Glass</b> All glass requirements - double glazing, fly & security screens, reglazing broken windows, shower screens, mirrors, splash-backs, custom & detailed glass work. Phone: <b>0447 224 776 or 6493 5599</b>
<b>Batteries</b> <b>INDEPENDENT BATTERY SUPPLIES</b> Sourcing quality brands at affordable prices. Cranking, deep cycle, off grid and more. Contact us for a quote - <b>ibsbega@gmail.com</b> Phone: <b>0436 460 460 www.ibsbega.com.au</b>	<b>Counselling</b> Relationships, children, stress, anxiety, depression, grief & loss, retirement issues Phone <b>Ed Hills on 0411 346 563</b> <b>www.lakesidecounselling.com.au</b>	<b>Graphic Design</b> <b>Redeye Designs</b> Affordable high quality logos, business cards, brochures and layout. <b>Phone: 0408 625 963</b> <b>dworgan@exemail.com.au</b>
<b>Bricklaying</b> <b>CM Knowles Bricklaying</b> 15 years experience covering all aspects of brick and block work. Phone Chris: <b>0478 529 028 Lic No: 342038C</b> <b>Cmknowles81@gmail.com</b>	<b>Courier Services</b> <b>Red Rocket Express Courier Service</b> To/from Bermagui and Cobargo south to Eden Fast - Reliable - Cheap Phone AutoPro Bega: <b>6492 5212</b> Email: <b>bega_angledale@yahoo.com.au</b>	<b>Hair and Beauty</b> <b>Miracles by the Sea</b> Hair & Beauty Studio Barbering & massage, safe, natural products 20 Lamont St, Bermagui. Phone: <b>6493 4646</b>
<b>Building Design</b> <b>Lauricella Design and Drafting</b> New homes, Alterations and Additions Basix, Council Submissions etc Phone: <b>0423 907 119</b> <b>www.lauricelladesign.com.au</b>	<b>Drafting Services</b> <b>Drake Designs</b> Plans & documents – Houses, Additions & Alterations, Commercial Buildings 40 years experience – Phone: <b>0407 939 181</b> Email: <b>geoffreydrakedesigns@gmail.com</b> Website: <b>www.drakedesigns.com.au</b>	<b>Hearing Clinic</b> <b>HEAR WELL - LIVE WELL</b> Qualified audiologist for all ages Testing, wax removal, tinitis care Hearing aid fitting, maintenance & support <b>Annemarie Narraway: 0411 839 414</b>



<b>Landscaping</b> <b>Native Instinct</b> Native garden specialist, design, maintenance, retaining walls, ponds, watering systems, plants & paving. Phone <b>Jo &amp; Ken Jacobs</b> on <b>6494 0191</b>	<b>Plumbing/Gasfitting</b> <b>Jess Austin Plumbing</b> Plumber/drainier/gasfitter Bushfire sprinkler systems Phone <b>Jess</b> on: <b>0439 457 048</b> Lic No: 156218C	<b>Tree Surgeon/Arborist</b> <b>SOS Tree Management</b> Fully Insured Stump grinding - bobcat hire <b>Stephen O'Sullivan</b> Phone: <b>6493 6437</b> Mob: <b>0418 465 123</b>
<b>Leadlight</b> <b>Stained Glass Supply</b> Locally crafted lamps, pendants and panels. Custom orders. Repairs. In Cobargo since 2002. <b>0402 722 743</b> <b>www.rntleadlight.com.au</b>	<b>Plumbing/Gasfitting</b> <b>RobSona Pty Ltd</b> Maintenance, new houses, renovations, hot water, gas fitting, blocked drains, septic tanks and absorption areas Lic no.: 170065C Call <b>Alistair Robson</b> <b>0427 117 281</b>	<b>Uniforms</b> <b>Attention to Detail Uniforms</b> We are your one stop shop for uniforms. 30 years experience. Now locally based. <b>christiane@attentiontodetailuniforms.com</b> Ph. <b>Christiane</b> <b>0412 334 409</b> and leave a message <b>www.attentiontodetailuniforms.com</b>
<b>Lymphatic Drainage &amp; Naturopathy</b> <b>Healthy Flow Medica Bermagui</b> Lymphatic Drainage & Decongestive Therapy Visceral Manipulation Naturopathy for Healthy Living <b>Dobrusia Szramowiak</b> <b>0424 645 633</b> <b>www.healthyflow.com.au</b>	<b>Printing</b> <b>EXCELL PRINTING</b> Brochures, business cards, flyers, stationery booklets, signage, banners <i>"We make printing easy"</i> <b>sales@excellprint.com.au</b> <b>6495 4922</b> <b>www.excellprint.com.au</b>	<b>Utility Locations</b> <b>Australian Underground Utility Locations</b> Electromagnetic Locators - Vacuum Excavation Ground Penetrating Radar Power, Water, Sewer, Telecommunications, Gas <b>0459 146 819 moceanfabrifications@gmail.com</b>
<b>Massage</b> <b>Neil Fox Remedial Massage</b> Relieve tension, pain & dysfunctions stress, anxiety, depression. Sports, Remedial, Deep Tissue, Relaxation Health Fund Rebates – Mobile Massage Service <b>Ph: 0405 215 055 neilfox1@gmail.com</b>	<b>Roofing/Carpentry</b> No job too small Metal, slate and tile repairs Roofs and gutters. Lic. No: 139428C 10% discount for pensioners Phone: <b>Norman</b> <b>0412 200 556</b> or <b>6494 0060</b>	<b>Veterinarian</b> <b>Cobargo Veterinary Hospital</b> Providing a 24 hr service for our clients 56 Princes Highway, Cobargo Phone: <b>6493 6442</b> A/hours: <b>6492 1837</b>
<b>Mechanical Services</b> <b>RH Mechanical Services, Narooma</b> Professional Mechanical Repairs Plant Equipment – Vehicles – Motorcycles AG – Marine – Welding Contact <b>Rick</b> <b>0418 283 073</b> ABN 82082128005	<b>Sawmill</b> <b>Bermagui</b> Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. <b>Charlie McVeity</b> <b>6493 4134</b> or <b>0428 489 501</b>	<b>Waste Services</b> <b>SAPPHIRE WASTE</b> Bega Valley And Eurobodalla coverage. Effluent & septic tanks. Prompt reliable service. Phone: <b>0438 924 408 sapphirewaste@gmail.com</b> <b>www.sapphirewaste.com.au</b>
<b>Medical Services</b> <b>BRAVEHEART HEALTHCARE</b> <i>Caring for our community</i> Bermagui Medical Centre - Ph <b>02 6493 4903</b> Lighthouse Surgery Narooma - Ph <b>02 4476 2999</b> <b>www.bermaguimedicalcentre.com</b> <b>www.lighthousesurgery.com</b>	<b>Self Storage</b> New complex at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site long or short term. Phone <b>Mel</b> on <b>0488 143 324</b>	<b>Water</b> <b>Drinking Water Household Deliveries</b> Brand new poly tank Food quality stamped Available in the Triangle area Contact <b>Mark</b> <b>0408 167 172</b>
<b>Painting</b> <b>John Gosch Painting</b> Professional quality work interior/exterior, roof spraying renovation/restoration specialist. <b>Phone: 0407 258 996</b> Lic No 120093C	<b>Solar Power Consultants &amp; Installers</b> <b>SOLARHUB</b> Solar PV and household battery storage EV car charging Showrooms in Bega and Batemans Bay Ph: <b>6489 9811</b> e: <b>sales@solarhub.net.au</b> <b>www.solarhub.net.au</b>	<b>Welding &amp; Metalwork</b> <b>Stephen Laszuk Hot Metal</b> Chainsaw, mower and pump service and repair, welding and all forms of metalwork 11572 Princes Hwy, Verona Phone: <b>0438 850 573</b>
<b>Pest Control</b> <b>DK Pest Control</b> Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents Termite Specialist/Inspections Seniors Card Discount Phone <b>David Ing</b> <b>4473 7201</b> or <b>0407 337 937</b>	<b>Tai Chi</b> Cobargo School of Arts Hall Thursday evening during school term 6:00 pm - 7:30 pm Phone <b>Rod</b> <b>0417 409 788</b>	<b>Window Cleaning</b> <b>One Tree Windows</b> Professional window cleaning service now available in Bermagui and surrounding areas Obligation free quotes Call <b>0431 368 126 onetreewindows@gmail.com</b>
<b>Pet Grooming</b> <b>Salty Dog Grooming Salon</b> <i>Because they're worth it!</i> Qualified veterinary nurse, trainer & groomer. 16 years experience - gentle products and methods <b>Kelly: 0406 613 411</b> <b>125 Wagonga St Narooma</b>	<b>TV Antenna Services</b> <b>MONTAGUE TV &amp; ELECTRONICS</b> TV antenna & VAST satellite TV systems. MATV-CCTV-Data-Phone-Doorbells-Intercoms. Over 30 years experience - Licensed & Insured <b>Peter Fogwell: 0402 276 699</b> or <b>6493 4773</b> <b>montaguetv@internode.on.net</b>	<b>Yoga</b> <b>Yoga with Gwynne at The Barn, Tilba Tilba</b> <i>Enjoy more flexibility in body and mind</i> seasonal yoga classes - breath and meditation stress relief - yoga therapy by appointment <b>m: 0414 579 446</b> <b>www.gwynnejonesyoga.com</b>
<b>Pet Minding Services</b> <b>All Creatures Big and Small</b> From domestic pets to farm animals. In home personal care. Will manage farrier and vet appointments. Garden & property care. <b>Lee: 0419 712 638</b> <b>lmucic@bigpond.com</b>	<b>Tree Removal</b> <b>DIVERSE TREE SERVICES</b> Tree Removal, Tree Trimming, Land Clearing Fully Qualified & Insured <b>Riley: 0432 663 517</b>	<b>Yoga</b> <b>Bikram Yoga Sapphire Coast</b> Classes 6 days a week Regular yoga retreats Ring <b>Amrei</b> on <b>0416 092 225</b> <b>www.bikramyogasapphirecoast.com.au</b>

## Cobargo Business Innovation Hub – community update

### About the project

The Cobargo Business Innovation Hub is a Black Summer Bushfire Recovery Project commissioned to support and promote recovery of local fire-affected businesses during the Main Street recovery period.

The Business Hub Project is independently funded by the Business Council Australia (BCA), BizRebuild Program and the Cobargo Co-operative Society Limited in partnership with the Cobargo Quaama Business Recovery Group (CQBRG).

The idea of the Hub is for it to be a 'life-support' platform for local fire-affected businesses to get 'back on their feet' and resume trading in the village after the black summer bushfire disaster. There are also two dedicated units within the hub from which community organisations working on bushfire recovery projects can operate to support the community.

### *When will the Hub be operational?*

The Hub construction will be finalised in August 2022 and an official opening event for the project is set to go ahead in October 2022.

### *How do bushfire-affected businesses and/or community groups apply?*

The CQBRG is pleased to invite eligible community groups and businesses destroyed or affected by the black summer bushfires, to submit an Expression of Interest form in order to be considered for a tenancy within The Cobargo Business Innovation Hub. Depending on tenant



The Cobargo Business Innovation Hub will open soon.

demand, it is planned that one or two of the spaces will be available for community groups and four or five will be available for commercial or retail tenancies.

Please email the CQBRG Secretary (cqbrgroup@gmail.com) to receive an Expression of Interest form.

All eligible businesses and/or community groups, as identified through the Expressions of Interest, will be provided with the details of the occupancy agreements and will be requested to submit a formal application for tenancy.

Please note: The opportunity to become a tenant of one of the retail spaces within the Hub is first and foremost for local fire-affected businesses to resume trading and these will have priority. It will not be available to new businesses or those coming from other areas seeking to

establish themselves here.

Although specific lease arrangements are in the process of being finalised, the criteria for lease agreements will be formulated with the intention that the offers to fire-affected businesses are strictly for a lease period of two years, plus a one-year option, covering the period of the projected Cobargo Main Street rebuild.

If you or someone you know has specific questions regarding this recovery project, we welcome you to get in touch with the Cobargo Quaama Business Recovery Group. Email to: cqbrgroup@gmail.com or send written correspondence to: PO Box 5116, Cobargo NSW 2550.

Shona Taranto



**THE BARN  
COBARGO**

Bowen Therapy  
Thai Massage  
Remedial Massage  
Pregnancy Massage  
Relaxation Massage  
Psychotherapy  
Psychology  
Tapping  
Reiki

follow us on FB:  
thebarncobargo

Online Bookings: [www.thebarncobargo.com.au](http://www.thebarncobargo.com.au)

**CAM'S MEALS**  
now available at Cobargo General Store and Quaama General Store.  
All are complete meals, made fresh and able to freeze. Gluten free and vegetarian options available.  
Our community dinners are at 6pm every Wednesday. Join our email list to get weekly updates.  
[campbellstarr01@gmail.com](mailto:campbellstarr01@gmail.com)



**COBARGO  
GENERAL STORE**  
DELI • LOCAL PRODUCE • GROCERIES

**49 Princes Highway, Cobargo**  
**Phone: 0418 613 771**



# Cobargo Conversations



'Hold on, darling ... we've waited two years, surely you can manage a few more minutes!' Cartoon by Naomi Lewis



And wait we have! Two and a half years, almost to the day, Cobargo's public toilets are finally open.



## COBARGO CO-OP

SOCIETY LTD

COMMUNITY OWNED SINCE 1901

52-54 PRINCES HIGHWAY COBARGO 02 6493 6401

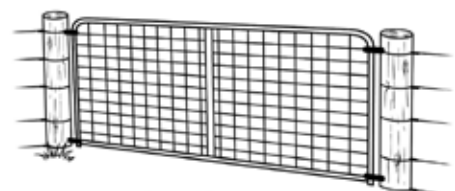
**We Love supporting local Aussie Family Owned Businesses here at the Co-op,  
Markfi Gates is one of those!**

For the month of August or while stocks last, our 12' (3.6m) Farm Field Gates will sell for just \$130

**Buy Australian Made!**

**One Stop Farm Shop**

Stock feed, fertiliser, hardware, fencing, irrigation full nursery, seedlings, ornamentals, pots, special orders



**Markfi Gates**

Phone: 03 5940 3004 Fax: 03 5940 9077  
[www.markfigates.com.au](http://www.markfigates.com.au)

**52-54 Princes Highway, Cobargo**

**Phone: 6493 6401**

I am very grateful to have returned safely to Bermagui and, even though it is the middle of a very cold winter such as we haven't seen for some years, I am relishing rugging up against the low temperatures, – a welcome change from the 40° C heat of Arizona.

But slowly things are astir now that the shortest day of the year has passed and August is proving to be a busy month on the calendar with whale watching, Art Month Sapphire Coast with activities scheduled throughout the Shire, the third Far South Film Festival will be held and, of course, the music never stops, with different venues, including Four Winds, offering everything from folk, rock, bluegrass and jazz.

Plenty to see and do, so rug up and support some of these local initiatives.

## August is Art Month

Art Month Sapphire Coast is on again in the Bega Valley Shire featuring exhibitions, open studios, art trails, music, food and wine across the Bega Valley. It will launch on 30 July with the very popular Motel Art, this year located in Eden.

Check out the Art Month Sapphire Coast website for detailed information, what's on where and maps.

## Walawaani Muriyira-Waraga•

The official opening of the 2022 whale migration season will be held in Bermagui on Saturday 13 August. This event will bring the local community together to herald the coming of the whales and to celebrate the cultural significance of this annual migration to the local Yuin

people. The event will feature local First Nations speakers and demonstrations, an ocean paddle-out to welcome the whales, whale-themed talks by local experts and whale watching charters, exclusive for community members.

- 10.00 am – Opening ceremony
- 11.00 am – Community paddle-out
- 11.30 am – Whale tales
- 1.00 pm – Community whale-watching charter
- 3.30 pm – Community whale-watching charter

The opening ceremony will be led by Richard Campbell, of Gumaraa Aboriginal Experience, Glenn Campbell and Gordon Campbell. The ceremony will take place outside the Bermagui Surf Club on the fringe of Horseshoe Bay, featuring a Welcome to Country, smoking ceremony, dance performance and talks about this stretch of the coast and the Yuin cultural connections with whales.

The opening ceremony event is free and no registration is required.

\*Means 'safe journey whale – many'.  
Translated from the local Dhurga language.  
Pronounced: WA-LA-WARNI MOO-RI-YIRA WAH-RA-GA

Finally, I cannot sign off without acknowledging the loss of two dear friends and fine community members from Bermagui in the last month. Bob Harris came to town as a young man in pursuit of the waves and stayed to make a life, raise a family, build a home and become a valued member of the community. Bob was a fine musician and contributed much to the music scene as well as being a mentor to many young folk.

Geoffrey Guiffre was a friend to many and a generous community member in so many ways ... always willing to volunteer for community events. He will be remembered for so many things – a fine poet and thespian, with strong views on politics and the state of the world that he was not afraid to express, and a great knowledge and appreciation of music. His maroon truck, providing a great delivery service around town, particularly during the firewood season, will be sadly missed.

From Caroline Banados, a former *Triangle* reporter: 'He will be a great loss to the Montreal Goldfield for his many roles. He was a guide, and he also had a few personas – Mr Gilpin, the 1880 schoolmaster, and the cheeky constable [see photo] who went around bailing up kids asking for their digger's licences.'

Personally, I greatly miss his friendship, support and our shared love of food and cooking. We only had to meet for a few minutes before the conversation turned to produce and cooking and, of course, his role as olive hunter, collector and curer extraordinaire was renowned.

*Addio, Goffredo. Mi manchi.*



Geoffrey Guiffre in his 'cheeky constable' role at Montreal Goldfield. He will be greatly missed.



- All Mechanical Repairs
- Full 4x4 Servicing
- Tyres and Batteries
- Log Book Servicing
- E-Safety Rego Inspections
- Wheel Alignment / Balancing
- Tough Dog 4WD

Suspension Dealer

Book early for Services and Pink Slips due in July.  
Bermi Autos will be closed from Mon June 27 - Mon July 25 2022.

# BERMI AUTOS



1 Sherwood Road  
Bermagui NSW 2546

tim.mead@outlook.com.au  
(02) 6493 5906

MVRL: 59227  
ABN: 17 651 037 731



## Piano & musician-ship/theory lessons

Learn in a friendly & encouraging environment with qualified teacher  
(AMusA, BMus)  
All ages very welcome  
Text or call Jenny: 0412277411



## The Last Olive - a farewell to Geoffrey Guiffre

I am staring at the last olive I will ever get from Geoffrey Guiffre.

It doesn't seem real to have lost him, as his incandescence suggested a life that would radiate forever.

His omnipresent Hilux would pass us daily, sometimes hourly, accompanied by his trademark peace sign salute and gadfly smile from behind the Coke-bottle glasses.

If you Google the word peripatetic, a picture of Geoffrey appears.

He was everywhere and known to everyone.

You may have known him as a teacher, actor, spoken-word artist, film worker, chorister, wood deliverer, caterer, bar manager, olive supplier, Four Winds volunteer and nude model.

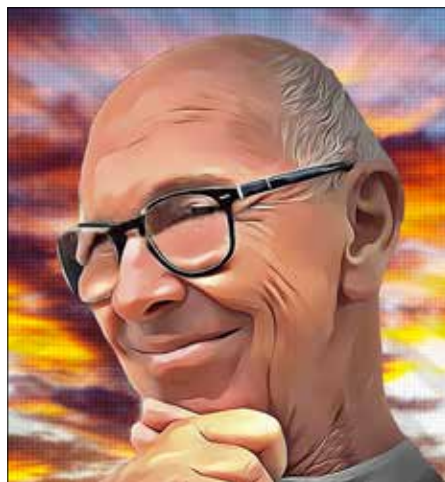
And you would all be right.

Geoffrey's Italian heritage was never further away than you could spit an olive pip. As they say, 'You can take the boy out of Salina ...'

Like Bilbo, he was always wandering in and out of the shire, but you were never left wondering what he thought.

In all the decades I knew him, I never

once saw him sit on the fence. He was a passionate shooter of the breeze and his animated stories were punctuated by his mouth-made sound effects that would have been the envy of Warner Brothers Foley\*.



Geoffrey Guiffre by Tony King

To the envy of all his friends, Geoffrey had a hand-written postcard on his fridge from the goddess of the silver screen, Charlotte Rampling, that said, 'Thanks for everything Geoffrey'.

He read to the students of Bermagui Public school to encourage a love of literacy.

He was a Montreal Gold Mine tour guide. In short, there was nothing he wasn't interested in.

He was a ute in shining armour to any friend in need.

He replaced all exclamation marks with the long form 'Wacko the chook!' And had a distinctive way of turning the word please into 'Per-leeeeeease', dripping with the ghost of Frank Thring.

Geoffrey was the ultimate dinner guest who you couldn't get out of the kitchen as he poured everyone a glass from his bottle of Little Giant.

And that's what Geoffrey was – a little giant. An Italian Tardis. Huge on the inside, and most of that was heart.

I am still staring at his last olive, like it was the last minim in his song.

I decide to put it in the freezer as I can't bear the thought that it is *la fine della musica*.

Tony King

\*Please look it up – it's worth it!

## Subscribe to *The Triangle* online!

It's free and you'll know as soon as the new *Triangle* comes out.

Go to [www.thetriangle.org.au](http://www.thetriangle.org.au) and enter your email address into the box on the right of the page.

## Moodji Garden update

Another of our regular reporters, Dan Baker from Moodji Garden, is taking a well-deserved break and I am sure will be bringing back some new ideas for Moodji Garden. Here's a report he filed for *The Triangle*.

*Xin Chao!* (Hello!) from near the end of a two-week sojourn in Vietnam.

Given the travel stasis from a somewhat challenging three years, I've taken to a coastline exploration of Saigon, Da Nang and Hanoi ... with just a three-day venture up to the mountains of Sapa before flying home.

While it's by no means relaxing, Vietnam is a showcase of DIY enterprise, regenerative market gardening, local food and can-do attitude that humbles this permaculturalist.

A key highlight of my ventures has been wandering through market gardens and family farms on the outskirts of the smaller towns and studying how the locals do things. Their initiative, persistence and passive systems are fascinating. I'll

definitely be borrowing a few ideas for trialling at Moodji Farm.

However, I'm pressed to reflect on how, for us back home, we garden for pleasure ... while the local families I meet grow to subsist. To see their land converted to development (which is occurring throughout Asia at a tremendous rate) is hard for this Bermagui *nhân vật trải nghiệm* (traveller) to take.

Well, I've just had a coconut coffee thrust in front of me after a long chat about 'family'. As I dare not offend the café owner, I'll commit to the caffeine hit ... and get on my way.

Tạm biệt!  
Dan

PS: There is a terrific new YouTube video of the Moodji Garden project. Check it out by searching for Moodji Farm on YouTube. If that has inspired you to get involved, come down to Grub Club on Thursdays to learn more and assist in an array of farm and garden activities at 9.30 am each Thursday morning followed by shared morning tea and coffee at 11.30.



Vegetable gardens in Vietnam are impressive



A typical Vietnamese meal, full of fresh flavours

## Inappropriate Development

The latest report on the state of the environment in Australia is truly depressing. What struck me reading it is how close to home are some of the causes of this crisis. Go for a drive seven kilometres north of Bermagui and look at the tree clearing underway to make room for further housing development. Of course, we need more houses in the region, but I question whether this is the type of development that is in the long-term interests of a town the size of Bermagui.

Many people who came here to live chose the area for its beautiful environment and for a life style that depended heavily on involvement in the community. Now we live in a village where the average cost of a home is one million dollars!

I really struggle to understand how some friends are still battling to re-establish their homes on land that burnt, while the 'big end of town' has obtained approval for a development that requires a mind-boggling level of land clearance.

One of my friends recently commented that the 'new Bermagui lacks substance'. That may be a harsh judgement, but there is little doubt that the town has changed, accelerated by the type of housing development better suited to the Gold Coast.

To add to the distress, it seems that there was no consultation with the local Aboriginal Land Council, that site inspections have not been carried out and



Clear felling in Fairhaven Pt Way, Bermagui.  
Photo credit: Louise Brown

the respectful relationships built over years with the original land owner, the late Harry Black, have been ignored.

We may soon be asked to vote in a referendum to enshrine an Indigenous Voice to Parliament. But it seems that in Bermagui we cannot hear the voice of our own neighbours and fellow community members. This is as depressing to me as the state of the environment. It is our shame and our loss not to call on the knowledge that we so obviously and desperately need.

*Dr Heather O'Connor, OAM  
Fairhaven*

## Vital emergency information delivered to your door

Over the next few weeks members of your local emergency services from the State Emergency Service and the Rural Fire Service will knock on the doors of houses in and around Bermagui to assist in the delivery of the comprehensive Bermagui Emergency Guide.

This essential guidebook, filled with all the information you will need in the event of disasters such as fires, floods, storms and tsunamis, was curated by the Bermagui Chamber of Commerce and Tourism.

So don't be alarmed when you see orange or yellow uniforms walking up to your front door. They are there to help.

The members of all the volunteer organisations in Bermagui train consistently to prepare themselves to help members of the community in the event of all sorts of potential disasters.

That is why information contained



Bermagui SES members Chloe Spear and Dave Masterson delivering the Bermagui Emergency Guide to householder, Mrs Norma Kellett.

Norma, who is 91 years old, said that many senior community members would welcome this vital information because, when an emergency occurs, having all the numbers and information you need in a hard-copy format could be lifesaving, especially when electronic communication goes down.

in these folders is essential in helping you create your emergency plans and also helps the emergency service personnel do their jobs with community members prepared and equipped to help themselves.

*Garry Hart*

## Seeking new social tennis players at Bermagui



On the court at Bermagui Country Club

The Tennis Club based at Bermagui Country Club is looking for new players to join its social tennis groups. A number of social sessions are held each week. Ladies play on Mondays 8.30 am – 10.30 am, Wednesdays 8.30 am – 10.30 am and Thursdays 9.00 am – 11.30 am. Mixed groups play on Wednesdays 2.00 pm - 4.00 pm and Fridays 8.30 am – 11.00 am.

Don't hesitate! Players of all degrees of ability and enthusiasm will be sure of a warm welcome. Balls are provided – simply bring yourself and your racquet, wear appropriate footwear and turn up at the courts when a social group is in session. The courts – that were resurfaced during 2021 – are located towards the rear of the club building and plenty of parking is available.

The courts are available for hire for both members and non-members at other times and you can hire racquets and balls. There are also lights available for evening games. Simply ask at the Pro-shop or phone 02 6493 4657.

For more information please call or text 0402 578103.

*Delmah Thompson*



### Coolagolite Auto Spares and Mechanical

Servicing, Repairs, Tyres,  
Batteries and all your mechanical  
needs and rego checks  
**CALL 6493 6453**



**61 Rankins Road, Coolagolite**



## Coral Vorbach – the passion behind the scenes

‘I’m not a performer,’ Coral Vorbach says. ‘I learned piano for years, and violin, but I’d never perform. I’m a listener. And an organiser – I work behind the scenes.’

And organise is what she did. She and her partner Graeme Fryer joined the Yuin Folk Club in 1998. They had arrived here from Melbourne in 1997, looking for a rural life, and had fallen in love with a house on Lyrebird Ridge Road in Coolagolite. Coral had been a long-time friend of local legend Margaret Opie, who lived in Wandella at the time, and she’d been involved with folk music since the 60s. She also had a background in publicity and organising events. ‘Join the Folk Club, Margaret told us.’

The Yuin Folk Club had held the first Cobargo Folk Festival in 1996. A selection panel decided which acts they wanted to invite. From 2002, Coral’s job was to chase them down and book them. Graeme was a Festival Director from 2003 to 2012.

A highlight for her? ‘Definitely Archie Roach. But so many great performers over the years.’ She smiles at the memory.

‘In 2002 it rained and rained. I remember standing on the Cobargo Bermagui Road, ankle-deep in water, trying to hold up a marquee while the canopy filled up – it was about to collapse. It was hard on the volunteers. There was mud everywhere. And the only usable toilets were at the pub.’

At the time the Festival was held in multiple venues in and around Cobargo – cafés, the two halls, marquees – and the footpaths were crowded with buskers and folkies. ‘But it was getting too big,’ says Coral, ‘and there was the risk of someone being injured crossing the highway. Eventually the police refused to give us approval to hold it in town and we decided to move the 2004 Festival to the Showground – there were toilets, there was shelter. It was disappointing because people loved the village atmosphere.’

But it only took one Festival for people to see it was a good decision. ‘At that stage Reg Dew got involved. He had this wealth of experience setting up stages for major acts around the world – the Rolling Stones, ACDC, Madonna, Michael Jackson, the Three Tenors ... so he had some wonderful connections too.’

But for Coral, Triangle life hasn’t all been about the Festival, or music. She’s always been a stalwart of local Labor,



Past and present Festival Directors Elizabeth Andalis, Zena Armstrong, Coral Vorbach, Graeme Fryer  
Photo: Ben Marden, 2018

most recently President of the Bermagui Cobargo Branch. ‘It’s a family thing. I used to go campaigning with my father. There were times, early on, when I got disillusioned and moved away, but I always seemed to come back.’

Two events stand out for Coral personally. ‘In 1972 I had a really good friend, Geoff Mullen, who was in gaol for being a conscientious objector. Whitlam won the election and we thought that Geoff would be out in a few weeks. But he was out two days later! I re-joined the Party that day and I’ve been a member ever since.’

The other event was the election of Bob Hawke in 1983. It was that night that Coral and Graeme consolidated their relationship – they had been friends for years.

But back to the music. In 2010 Coral and Graeme were recognised with Bega Valley Medallion Awards for Community Service – for their Folk Festival work. ‘I stood down as the Organiser in 2014. They needed someone younger. But I stayed on the committee.’

Coral was also the editor of *Cornstalk*, the monthly newsletter of the Folk Federation of NSW, from 2002 to 2020. She is a Life Member of the Folk Federation of NSW for her services to folk music, and a Life Member of Yuin Folk Club. She has also been heavily involved with Rural Australians for Refugees, and with saving King’s Theatre, the lovely art deco cinema in Bega.

‘I sometimes feel a bit boring,’ she says. ‘I mean, people write, or paint, or play music ... but I organise. I suppose I make things happen. And that’s my passion.’

‘We had to cancel the 2020 Festival because the Showground was being used for the bushfire relief effort and many of our volunteers were directly affected by the fires or were helping in the relief and recovery work. Graeme and I had evacuated from Coolagolite on New Year’s Eve and they wouldn’t let us go back. And Graeme had become very ill. He was in hospital in Bega and I stayed with friends in Quaama. Eventually he was airlifted to Canberra. He died that February.’

Then there was 2021, and COVID-19 put paid to any events. But this year the committee was determined that the show would go on.

‘It was in May,’ says Coral. ‘It was so cold. I was watching Warren Foster’s Koori dancers and I wanted to rush out and put blankets around their shoulders! From now on it will be in March again. But it’s back!’

Yes, it’s back, but its return was bittersweet – many past and present committee members had lost their homes in the fires. And it was Coral’s first Festival without Graeme.

‘But it’s back,’ says Coral, ‘and it’s joyous. Yes, that’s the word – joyous.’

Jen Severn

## UnEarthed

***Spiral Gallery 22 July – 31 August 2022 Established ceramicists from the South Coast***

Spiral Gallery's next exhibition opens at 5.00 pm on Friday 22 July. It features the art of many of the south coast ceramicists and potters who are working quietly (or not) in their own little patches of dirt, producing ceramic art that is specific to their local clay, weather, community, environments and inspiration. Some are well known, others rarely seen. This exhibition aims to 'UnEarth' some of these gems and bring them into the light at Spiral Gallery.

Featured artists: Mark Lems, Anton Lord, Bill Insch, Bella Insch, Janna Ferris, Gosia Jackson, Barry Jackson, David Stocker, Ivana Gattegno, Margaret Brown, Emily Laszuk, Helen Neeson, Joy Georgeson, Susan Curran, Helen Martin, Keith Coleman, Kym Brookes, Anneke Pajmans, Nancy Brunton, Gabrielle Powell, Daniel Lafferty, Sarah Murray, Barbara Crowden, Jenny Mein, Catherine Drinan and Tim Moorhead.

All welcome, plus for August Art Month:

Opening hours will be extended on Saturday 6 August 10.00 am – 4.00 pm

for the Sapphire Coast Art Trail.

This project was made possible by the Australian Government's Regional Arts Fund that supports the arts in regional and remote Australia. And is also supported by the Mumbulla Foundation.



A ceramic piece by Daniel Lafferty

Meet the Artists – coffee and cake on Saturday 27 August 11.00 am.

Spiral Gallery,  
47 Church St, Bega  
(02) 6492 5322

Open Monday – Friday, 10.00 am – 4.00 pm, Saturday 10.00 am – 1.00 pm

Google the Spiral Gallery Bega for more information.



Vases made by Emily Laszuk

## Far South Film Festival

Tickets are now on sale for the upcoming weekend of films, fun and culture that is the Far South Film Festival that runs from 19 to 21 August, live in Merimbula. Kicking off the festival is the VIP launch party on Friday night, 19 August, with a film noir theme. Festivalgoers can enjoy the local cuisine, entertainment and a bar at the famous Twyford Hall while networking and getting in the mood for a weekend of fabulous films by regional filmmakers.

### Festival Sessions:

#### SATURDAY 20 AUGUST

Venue – The Picture Show Man Cinema  
12 noon to 1.00 pm: South-east showcase – films from south-east NSW.

Lunch break

2.00 pm to 3.15 pm: Love, fire, water (this session is rated 15+)

Venue - Twyford Hall

4.00 pm to 5.00 pm: Filmmakers Q&A – festival filmmakers discuss what's next for their films and answer questions from the audience.

#### SUNDAY 21 AUGUST

Venue – Twyford Hall

1.00 pm to 1.45 pm: Emerging talent – entries by young filmmakers.

2.00 pm to 3.00 pm: VIP expert panel. Afternoon tea available.

3.30 pm to 4.30 pm: Gala awards ceremony – walk the red carpet, take a selfie in front of the media wall and get ready for the big announcements.

4.30pm: Festival closes

Saturday night festivalgoers can join each other in a lottery-style networking dinner. The festival has selected some top-class restaurants in Merimbula and Pambula that offer great dining. Festivalgoers can choose a restaurant from this list to join a surprise group of like-minded festivalgoers at their table for delectable food and delicious conversation.

For those who can't make it to Merimbula this year to attend the in-person cinema screenings the Far South Film Festival offers an online video-on-demand version of its film festival to audiences around Australia from 20 August until 31 August, with a 48-hour watch window for each film. Viewers can buy individual films or film bundles. Pre-sale tickets are now

available for the online festival.

This project was made possible through a CTA Targeted Marketing Campaign grant provided by Regional Arts NSW through the Regional Arts Fund, an Australian Government initiative supporting the arts in regional, remote and very remote Australia.

The Far South Film Festival is also part of Art Month Sapphire Coast 2022. Art Month Sapphire Coast is a Bega Valley Regional Gallery initiative delivered in partnership with South East Arts and supported by Bega Valley Shire Council.

Festival organisers thank the following sponsors for supporting this annual regional cultural event: The Picture Show Man Cinema, Screenworks, JD Shaw, Albacore Apartments, Pelican Motor Inn, StageFlight, Nullarbor Consulting, Far South Film Inc. and partners The Twyford, Shift 72 and Film Freeway.

Tickets for the VIP launch party, festival sessions, online festival and restaurant bookings available at The Far South Film Festival website or call 02 6495 7435.

*Hiromi Matsuoka*



## Zephyrs Jazz, in partnership with Four Winds, presents the Zela Margossian Quintet



The Zela Margossian Quintet

Our concert with the ‘entrancing and dazzlingly unique’ Zela Margossian Quintet (ZMQ) will follow (and undoubtedly benefit from) a one-week Artists-in-Residence stay for the musicians hosted by our partner Four Winds.

ZMQ’s 2018 debut album, *Transition*, secured an ARIA Award nomination and many enthusiastic reviews including, unusually, in two of the world’s most influential jazz journals (*JazzWise* and *DownBeat*). Audiences were captivated by the album’s originality and beauty and its successful synthesis of Armenian folk, classical and jazz musics. Accordingly, the Quintet has become one of the most in-demand bands for Australian jazz festivals and venues.

The album’s title references Margossian’s extended ‘transition’ from classical music to jazz via Armenian ethno-jazz. Her classical piano training began as a child in her birthplace, Beirut, and continued at post-graduate level in her parents’ home country, Armenia. But in its capital city, Yerevan, Zela also fell in love with the intriguing Armenian ethno-jazz fusion that she encountered in its popular jazz clubs.

She took that love with her on her next big move – to Sydney, Australia. There, she eventually found the city’s vibrant and nurturing jazz scene and, through it, her jazz voice and talented musicians for her band. Zela launched *Transition* to acclaim in Sydney just a decade after she had secured her Masters Degree in classical piano performance in Yerevan.

*Transition*’s liner notes describe its music as ‘melodies that juggle speed, calculation and experimentation alongside a sometimes soft, windswept mood’. The compositions also

present ‘stories’ from her remarkable life journey – for example *Ceasefire*’s capturing of a moment of joyful respite for Beirut’s children during a break in the civil war.

This year the band followed up with a second album, *The Road*, again to enthusiastic reviews here and overseas. *The Road* continues the journey that Zela and ZMQ began with *Transition* – ‘the journey that music takes us on and the discoveries we make along the way’.

For bookings, more info and to listen to some of the music – go to the Zephyrs Jazz website.

Roger Stuart

### CARERS “LOOK AFTER YOURSELF” (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

***Sponsored by Nardy House***

### Banish those winter chills at the Lazy Lizard Gallery

Winter chills are still with us but, fortunately, so are Helen and Steve Stafford! They will be in the Side Room for the whole of August, which means you can still go in and try on some of Helen's amazingly cuddly beanies and mittens.

Steve, on the other hand, has been checking ahead and seen that Father's Day is just around the corner so, with this in mind, he will be featuring some fantastic culinary utensils for the Chef Dad! The items range from bottle stoppers, cheese knives, graters and planes, to those beautiful Japanese chef's knives. He has also included some lovely native timber chopping boards. Steve imports the chef's knifeblades from Japan, and crafts all the knife handles in Australian timbers. This continues the Japanese tradition of each master craftperson having a unique part in the creation of the finished knife. I am sure that many a Chef Dad would be thrilled with one of these utensils and many a Chef Mum would be more than happy too!

Helen has not been idle either and she is offering a selection of beanies in what she calls 'unisex design'. In other words, Dad will look good in them too, so



A selection of Steve's knives

that would be a nice Father's Day gift or, possibly, you could give him a nice travel cup cosy? There will be a range of hats available in sizes suitable for the whole family, including your local gnome friends!

Also, while you are there, check out the main gallery. Livo has brought in

some new work that will bring a smile to your face, and Patto has brought in some beautiful fibre brooches and hair clasps in lovely colour combinations, guaranteed to chase away the winter blues!

*Naomi Lewis*



**FLING**  
PHYSICAL THEATRE

**YOUTH COMPANIES**  
**ORIGINAL PERFORMANCES**  
**COMMUNITY CLASSES**  
**CONTEMPORARY DANCE**  
**DANCE GYM**  
**PARKOUR**  
**BALLET**  
**TAP**  
**ADULTS CLASSES**  
**EDUCATION SERVICES**  
**OUTREACH PROGRAMS**

**REGIONAL YOUTH**  
**PROFESSIONAL ARTISTS**  
**INSPIRING PROJECTS**

[WWW.FLINGPHYSICALTHEATRE.COM.AU](http://WWW.FLINGPHYSICALTHEATRE.COM.AU)



## Move into life - agile, nimble and fit with a FLING dance class



*Everything is coming up roses* Photo Credit: Ben Marden

If you are looking for opportunities for yourself as well as your children to get moving, have a look at FLING Physical Theatre. FLING is Bega's own youth dance company providing classes for people of all ages right across the Bega Valley and South Coast Region.

Classes are available at the Bermagui Community Centre, as well as in Bega's Indoor Stadium and other locations including Tathra and Merimbula.

Styles include contemporary dance, ballet, dance gym, parkour, tap, jazz and performance improvisation, and include excellent adult dance classes: adult gym and adult beginner ballet for example.

FLING's classes are for people of all abilities, with programs starting for children as young as three years old and including adults as old or young as they feel. Classes are all taught by professional teachers, all of whom have had tertiary training and professional industry experience.

Movement classes build coordination and increase movement efficiency, as well as strengthening your body. And classes are fun.

Join a class in Bermagui – junior dance, youth ballet and adult dance for beginners, or a pleasure practice, where you're invited to explore your creative physicality.

These experiences build confidence, commitment and resilience. They also support physical health and strength, mental health and wellbeing, and can provide inspiration and pathways to professional careers in the arts.

FLING's programs provide great opportunities for people of any age to explore and express their creativity while at the same

time developing skills in movement and performance, creative thinking, problem solving and teamwork, and all while building fitness.

All of FLING's classes and programs are open for bookings.

Save the date for GAME FACE, FLING'S next production on 20, 26 and 28 August.

To learn more about FLING's classes and productions go to the FLING Physical Theatre.

*Lisa Herbert*

**Tell 'em you found 'em in *The Triangle*!**



**Millar Crew**  
LEGAL AND CONSULTING

conveyancing                      leasing  
wills & enduring guardianships  
deceased estates    powers of attorney

4/2 Wallaga Street, Bermagui NSW 2546 (PO Box 118)  
(02) 6493 3989 mail@millarcrew.com.au

## Where art meets community in a journey of truth and healing

The ReGenesis Project invites you to a multimedia, experiential event – an immersion in land, sea, air and fire, into a cauldron of possibilities of joy, truths and suffering – a moment of witnessing our past, present and imagined futures.

This project grew out of an exhibition of Glenda Morgan's and Doris Hoyne's works that was held in 2021 at the Spiral Gallery, inspiring a performance called *Portal* where art invited spoken word on a journey of belonging and honouring our kinship with earth.

And, from this, emerged *ReGenesis*, created by Glenda Morgan in collaboration with Sandra Taylor and featuring a collective of creators – artists Doris Hoyne and Glenda Morgan; photographer Matt Nettheim; poets Sandra Taylor, Kai Jensen, David Harris and Mathew Perry; and a sculpture on which the group of artists have worked.

This community event – the ReGenesis Project in three acts will fill the hall with a maze of land-inspired hangings, a series of photographic videos and poetry/spoken word performances to music celebrating and documenting the land we live on by honouring our deep love and passion to



A ReGenesis Project art performance Photo Credit: Glenda Morgan

protect and care for the earth.

Quaama Renewal Projects presents a day event to share and celebrate. A place where community can connect and interact while walking through the ReGenesis performance.

Come along to this exciting, interactive art performance at the Quaama Hall, Saturday 20 August, from 11.00 am to 4.00 pm. Join in by creating a poem or a drawing to contribute to the

exhibition and enjoy treats together in the kitchen. Live performance will be at 1.30 pm.

*Glendamai Morgan*





## Sisters in Crime is back in Cobargo

Australia's most popular female crime writers will converge on the Bega Valley in August for a two-day Sisters in Crime Writers' Festival.

The festival includes a full day of panels and in-conversations at the Cobargo School of Arts Hall on Saturday 27 August and workshops in Merimbula on Sunday 28 August.

Candice Fox, whose bestselling novel *Crimson Lake* has been adapted for the screen as the eight-part television series *Troppo* broadcast in Australia and the US, is one of eight guest authors.

Other authors are award-winning, true crime podcaster and writer Vikki Petraitis; Sulari Gentill, who writes the bestselling Rowland Sinclair Mysteries, has just released *The Woman in the Library* that has been featured in *The New York Times*; Fleur Ferris, international bestselling young adult and children's book author; Ilsa Evans, bestselling author of fifteen novels; Kay Schubach, Community Hero Award finalist and domestic violence advocate; Professor Caroline de Costa, prominent obstetrician and gynaecologist who writes detective novels in her spare time; Dorothy Johnston, who has had two of her novels shortlisted for the Miles Franklin Award; and bestselling Merimbula author Melissa Pouliot will also be at the event.

Presented by South East Arts – Headland Writers Festival and Well Thumbed Books, this one-day program of conversations and panel discussions is not to be missed.

The Saturday program at the Cobargo School of Arts Hall includes in-conversation sessions and a range of panel discussions. In-person tickets are available now as well as tickets for the online live feed, so you can watch from anywhere in the world.

Saturday 27 August at the Cobargo School of Arts Hall from 10.00 am – 4.30 pm, tickets available Google Headland Festival.

Candelo Books will have the author's books available for purchase on the day with EFTPOS facilities available.

Lunch will be available on the day, curry – \$10.00, including something sweet – \$15.00

Louise Brown



Candice Fox is one of the writers appearing at the Sisters in Crime Writers' Festival

### YOGA & HEALING

with Paula Casciola

#### • Iyengar Yoga

Good Vibes Studio M:6pm T:7am W:10am

#### • Hahnemann Healing

helps to release negative emotions

#### • Concomitant Healing

helps to release physical pain & discomfort

Healing at O'Shen - 0458 271 168

paulyogahealing@gmail.com

~Embracing People For Graceful Growth~



Nic, Tree Fella

Tree Care & Removals

Phone: 0466 538 689

Email: nic.treefella@outlook.com

- removals - pruning - milling services  
- hedge trimming - firewood delivery

### NAROOMA CARPETS

A WIDE RANGE OF FLOORING

4476 2719 or

0401 625 727

Shop 1 124 Wagonga St  
Costin Centre Narooma  
ffcarpetcourt@hotmail.com



# ACME

## EARTHMIVING

For all excavation and earthmoving work,  
we have an 8t excavator, dozer and a tipper.

- Tree and rubbish removal
- Footings and piers dug.
- Land and fences cleared
- Free quotes.
- Dams dug and cleaned.
- No job too big or small.

Friendly Prompt & Professional service

**JOHN 0427 696 391**

77 ISRAELS RD BROGO NSW 2550 ABN 51880406955

# MEG'S Quilting & BERMAGUI Stitchers Boutique



Quilting Service, haberdashery knitting &  
sewing supplies, handmade gifts

Closed Monday. Open Tues - Fri 9am - 2pm  
Shop 4, Bermagui Arcade MEG: 0427925684

### Four Winds August – what's on

Four Winds' August offering is delightfully eclectic! We welcome to the Windsong Pavilion Festival favourite, Lior, partnering with Domini Forster and an exciting local talent, Felicity Dowd.

#### Lior and Domini

Following Lior's moving appearance with Nigel Westlake at Four Winds 2021 Festival (*Compassion*), we are excited to welcome him back in August 2022. Lior is joined by an exciting emerging talent, Domini Forster, and together they form *Animal in Hiding*.

This new collaboration features songs that are rooted in intimate storytelling, underpinned by intricate guitar supporting close vocal harmonies as the focal point of the songs, harking back to the iconic folk duos of the 60s.

Join us on Saturday 13 August at 5.00 pm at the Windsong Pavilion.



Lior and Domini - Photo credit Claudia Sangiorgio Dalimore

#### Felicity Dowd and Angus Carpenter



Local artist, Felicity Dowd, will appear at the Windsong Pavilion on 5 August

2020 NSW Folk Federation Young Folk Artist of the Year and graduate of the renowned Talent Development Project, Felicity Dowd, will take to the stage for one night only to perform a collection of acoustic originals, joined by Angus Carpenter.

This event is proudly supported by Four Winds – Friday 5 August at 7.00 pm at the Windsong Pavilion. You can find more information and book for both performances on our Four Winds Bermagui website.

Gabrielle Waters

## MOSS CONTRACTING

### EXCAVATION SOLUTIONS

**4WD Tipper + 3.5t Excavator  
with hydraulic grab + auger**

Fire season property preparation, fence line clearing, site preparation, trenching, post holes, clean-ups, detailed excavation, drainage works, materials delivered, all aspects of general earthworks

**Friendly and professional  
solutions for local projects**

**Sam Leone 0416 23 77 53**

### Visit our NEW Website

browse the current issue plus back issues,  
recipes, book reviews, and gardening tips  
[www.thetriangle.org.au](http://www.thetriangle.org.au)



### ***Harbour Exhibition* is back again and here's a call out for all artists**

Hey! Attention to all those creative souls out there! The annual *Harbour Exhibition* is back after a two-year COVID break. The *Harbour Exhibition* at Shop 7 Art Space is having a call out for guest artists to exhibit their work. The theme is 'harbour' and relates to anything and everything our harbour or any harbour can possibly inspire.

The exhibition will run from 9 to 30 September, with an opening night on 9 September, starting at 5.00 pm.

Small, non-acquisitive awards will be given to art works chosen by individual businesses to show support for our local artistic community.

The three-week long exhibition gives guest artists the opportunity to showcase their work in this beautiful gallery on the harbour.

Guest exhibitors can pick up entry forms from Shop 7 Art Space, Bermagui (not open Tuesdays), the Spiral Gallery in Bega and Cobargo Creators, Cobargo.

Shop 7 Art Space was started as a volunteer-supported gallery in 2015 and has been successful in showcasing local practising and emerging artists and selling their works.

At other times of the year, a wall area is available on request in Shop 7 Art Space for guest artists to exhibit their work. A fee is charged but there is no commission on works sold.

Drop in and find out more information about the venue and when the space is available.

On the right, founding member of Shop 7 Art Space, Pauline Balos, with one of her beautiful paintings now on show.

*Victoria Nelson*



## BERMAGUI EXCAVATIONS

- 16t Tipper truck
- 4.5t Excavator
- Tracked bobcat



- Hydraulic grab bucket
- Post hole augers
- Rock hammer ● Roller

- General earthworks
- House and shed site prep
- Footings and pier holes
- Green waste clearing
- Driveways
- Trenching for plumbing and electrical works
- Drainage
- Material delivery

**Neville 0428 948 589 - Dylan 0481 311 007**

## Book Review

Wendy Tucker

### ***The Good Wife of Bath: A (Mostly) True Story* Karen Brooks HQ Fiction, RRP \$32.00**

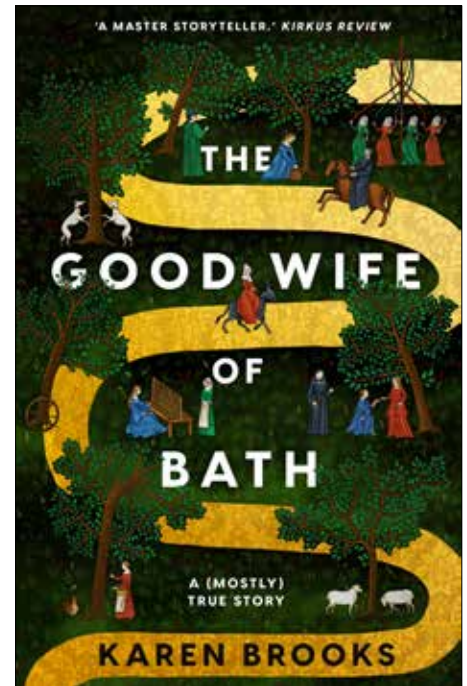
This is Karen Brooks's fourteenth novel of historical fiction with a focus on women's work, ranging from chocolate makers to brewers and bawds. Her novels have often been assigned to the romance genre and this does both the author and the novels a disservice and has excluded the wider readership they deserve.

But not so with *The Good Wife of Bath* that has been widely reviewed and widely read. Perhaps this is because of the more literary subject as Brooks has taken a verse from *The Canterbury Tales* by Geoffrey Chaucer. In this verse from his famous poem, Chaucer describes Alyson, the good wife of Bath, as a woman full of avarice, lust, vulgarity and pride. And, worst of all, a woman who seeks independence.

Brooks tells the story from Eleanor/Alyson's side and a rich rollicking story it is, both hilarious and tragic, and full of historical detail.

The fourteenth century in England was not a good time to be a woman – apart from the Plague, the smells, the lack of medical care or sanitation, a woman could only survive by having a husband and if she lost that husband, she lost everything.

Eleanor marries five times. She is first forcefully married at twelve to a mud-coated, malcontent farmer of sixty. She turns this around to a respectful and happy relationship because Eleanor has a head for business, is a fine weaver and raises the family fortune. Then the Plague strikes the household and Eleanor must marry again. Husband number two takes her fortune and dies. Husband number three is a homosexual and rich. It is a comfortable and happy marriage but Eleanor misses sex and seeks it elsewhere. He dies. Husband number four is a rake and spends her money on his mistresses. He is murdered. Eleanor marries, because she must but she believes this time for love. Husband number five is violent and murderous and believes women are the root of all evil. Tragedy, murder and mayhem follow. Eleanor becomes Alyson and will



marry no more. She will make her own life in London the only way she can.

I will now seek out the other Karen Brooks novels and I think many others will also.

## Pet of the Month

Kerri Brady

Maeve came into care from a farm setting as an extremely nervous but gentle cat. She is progressing very well with her carer and is now ready for adoption. She continues to be a little nervy but is super affectionate, easy to handle and has just started to display her playful nature. Maeve gets on with all of the other cats in the cattery so could be fine in a household with cats. Maeve would need to be kept inside until she has had time to settle down, she will initially hide but will gain confidence with time. She will need a quiet, patient household and, most importantly, lots of love! We think Maeve is about eighteen months old and will cost \$150. If you are interested, please give our enquiry number a ring – 0400 372 609 (phone hours are Monday to Friday 9.00 am – 5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed, and treated for fleas and ticks. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that, eventually, we will be able to stop unwanted litters. Please note that potential dog owners will need to have secure dog-proof fencing and be suitable for the animal's needs.

You can view available animals on the Facebook page of the Animal Welfare

League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption. If you would like to become a member, please call 0400 372 609. If you have lost or found a companion animal, please call BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area, that includes Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden, for local residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

Remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.



Maeve is ready for her happy home

**Visit our NEW Website! [www.thetriangle.org.au](http://www.thetriangle.org.au)  
browse the current issue plus back issues, recipes, book reviews, and  
gardening tips going back years.**



Cam is well known from his days at Kitchen Boys in Cobargo, but he has been cooking around in various venues that he ran or was involved with including a food caravan in Central Tilba, The Drom and Mimosa Winery. With all that amazing experience, we are very fortunate in Cobargo and Quaama to have him prepare for us delicious home-style meals that we can either eat (or purchase take-away) in the cosy supper room on a Wednesday at the Cobargo Hall, or buy a take-away from the Quaama PO and General Store on a Friday. Also available to take home from the Cobargo General Store any day of the week they are open. Thanks to Cam we don't have to cook and wash up for every meal!

Linda Sang

## Lamb Tagine with Dates and Almonds

3 tablespoons olive oil  
2 onions, finely diced  
2 teaspoons turmeric  
1 teaspoon ground ginger  
2 teaspoons ground cinnamon  
1250 gms lean diced lamb, shoulder or leg  
250 gms pitted dates  
1 tablespoon dark honey  
3 tablespoon blanched almonds  
1 bunch flat leaf parsley, finely chopped

Heat oil in a tagine or casserole dish. Stir in onions until golden brown. Stir in turmeric, ginger and cinnamon. Toss in the meat, making sure it is coated in the spice mixture. Pour in enough water to almost cover the meat and bring to a boil. Reduce the heat, cover with a lid and simmer gently for approximately one and a half hours.

Add dates and stir in the honey. Cover and simmer for another thirty minutes.

Season with salt and lots of black pepper.

Roast almonds and scatter the nuts and parsley over the lamb and dates.

Serve with buttery cous cous, crunchy salad and preserved lemon.

## Chickpea Curry

1 cup dried chickpeas  
2 tablespoons oil  
2 onions, finely diced  
400 gms tinned chopped tomatoes  
½ teaspoon ground coriander  
1 teaspoon ground cumin  
1 teaspoon chilli powder  
¼ teaspoon ground turmeric  
1 tablespoon garam masala  
20 gms butter  
1 small onion sliced, mint and coriander leaves for garnish

Soak chickpeas overnight. Drain and rinse, place in pot and cover with water then simmer for forty minutes or until soft, drain.

Heat oil in saucepan add onion and cook for fifteen minutes or until golden brown.

Add tomato, ground cumin, coriander, chilli, turmeric and masala with two cups vegetable stock and cook for ten minutes.



Ren and Cam at the helm at a Wednesday night dinner in Cobargo Hall  
Photo: Matt Nettheim

Add chickpeas, season well with salt and cook for seven to ten minutes or until sauce thickens.

Top with butter, sliced onions, mint and coriander.

## Chocolate Coconut Bake

### Base

125 gms butter  
¼ cup brown sugar, firmly packed  
1 cup coconut  
½ cup plain flour  
1/3 cup S/R flour  
1 tablespoon cocoa  
1 egg

### Icing

1 cup icing sugar  
1 tablespoon cocoa  
1 teaspoon soft butter  
1 tablespoon milk (approximately)

Melt butter over low heat, stir in sugar, coconut, sifted flours and cocoa, then add beaten egg.

Spread evenly over well-greased 28 cm x 18 cm lamington tin.

Bake in a moderate oven for twenty minutes or until firm to touch.

Sift icing sugar and cocoa into a bowl, stir in butter and enough milk to give a thick paste.

When cake is cooked, spread icing over it immediately and stand for ten minutes. Sprinkle extra coconut over it if desired, cut into bars or squares.

## The OK Shed Op Shop

Open Weds & Thurs 10 - 4,  
weather permitting

All Saints Anglican Church  
11 Wallaga St, Bermagui

Fabulous bargains to be found for our beautiful community and visitors.  
Good quality donations welcome during opening hours.

Contact: Vanessa 0408 177 131



Rural & Residential  
Property Sales,  
Property Management &  
Holiday Rentals

*"We put people first"*

Ph: 02 6493 3444  
Shop 10, Bermagui Fishermen's Wharf,  
73-79 Lamont Street, Bermagui  
[www.julierutherford.com.au](http://www.julierutherford.com.au)



## Spring ... it's just around the corner

Well, here we are with spring just around the corner and, with it, the start of the gardening year. New growth appears on deciduous plants, perennials wake from their enforced winter hibernation and bulbs pop up everywhere as new life begins.

The next couple of months involves many tasks in the garden including the preparation and planting of the spring vegetable garden, planting of flowering annuals and the completion of late winter and early spring chores that need finalising before too much new growth appears on plants.

Pruning of deciduous fruit trees and roses should be close to being completed. Winter spraying must have been completed and, if not, just check that the buds are showing a slight colour and have not burst. If they have burst, then you have missed the boat and any spraying with a winter spray could burn the blossom leading to no or very little fruit set.

New growth on roses and fruit trees are a delicious target for aphids so keep an eye out for them. Spray with an organic insecticide or a synthetic pyrethroid and this will halt their progress.

The vegetable garden should be getting the finishing touches prior to planting. Initially, the garden should be dug over to a spade's depth and lime should be spread at the rate of 500 gms per square metre all over the bed. Some well-rotted cow or poultry manure can be added and forked in.

If all this preparation sounds too much it should be remembered that a fast-growing vegetable is a delicious vegetable.

Plants that grow slowly are usually bitter and poor performers with small fruit or reduced crops.

When growing vegetables, it is important to practice crop rotation. By this I mean don't plant the vegetables in the same position as you had them in last season. This applies particularly to tomatoes and potatoes as these two groups of plants are in the same family and any pests or diseases lying dormant in the soil could cause problems with the new crop this season.

One major factor is to only grow as many vegetables as your family requires. It's best to avoid growing crops where the bulk of the harvest comes all at once unless you can put the extras in the freezer for the out of season periods.

Another trick is to go for quick turnaround vegetables that can be picked and replaced regularly like lettuce, Asian greens, beans and spring onions.

Plant taller vegetables like corn and tomatoes on the side of the garden that is less likely to shade the rest of the garden.

For more permanent kitchen crops like herbs, it is important to remember that there are three main categories of herbs. There are moisture lovers, like mints and coriander; the dry garden herbs like parsley, sage, rosemary and the thymes; and the higher-nutrient leafy forms like the perpetual lettuce, spinach, basil and more of the leafy herbs.

This month will be your last chance to plant bare rooted fruit trees and roses and, as I have said many times, it's important you pay particular attention to



the condition of the plants you are about to purchase.

Poorly stored plants in retail situations can allow the root systems to dry out and if this has happened the chance of the plant failing to re-shoot is very high and that means money ill spent.

Look for plants that show no signs of the bark shrivelling or the roots being dry. If there is any indication of this, leave the plants alone. No matter what the discounted price might be, they will be a failure.







Ensure when planting these new plants to prepare the soil well and water in.

Anyway, now that you have all the information, you had better get out and get on with it. Till next time, happy planting.

*Keith Mundy  
The Spires Nursery  
Tilba Tilba*

# TILBA NURSERY

**The Avenue, Tilba Tilba, NSW**









**Specialising in rare and unusual plants, herbs, organic fertilisers, mulches, Eden seeds and ECO friendly seedlings.**

Previously 'The Spires Nursery',  
we've moved to The Avenue, Tilba Tilba  
(behind La Galette Cafe!)

Owners I Keith and Desiree  
Phone I (02) 4473 7196  
www.tilbanursery.com.au  
Facebook I @tilbanursery

**OPEN 7 DAYS A WEEK**  
Mon - Sun I 10.00am - 3.00pm





**Yes we are OPEN for business!**

*your local printing company*

PAMBULA  
**6495 7320**

MERIMBULA  
**6495 4922**

BATEMANS BAY  
**4472 1599**

**www.excellprint.com.au**



# For the fridge door

AUGUST	WHAT	WHERE	TIME
Mon 1	Working bee every Mon in August	Cobargo Community Garden	10 am - 1 pm
All August	UnEarthed ceramics exhibition	Spiral Galleries, Bega	10 am - 1 pm
Tues 2	10 x 10 backyard veggie w/s every Tues	Cobargo Community Garden	10 am - 11 am
	Meditation every Tues followed by tea +talk	Kamalashila	10 am - 11 am
Weds 3	Bermagui Seniors Club	Bermagui Country Club	11.30
	Helen & Steve Stafford exhibition	Side Room Lazy Lizard all month	10 am - 2 pm
Fri 5	Felicity Dowd + Angus Carpenter	Windsong Pavilion Barragga Bay	7 pm
Sat 6	Cobargo Painted Poles opening	Cobargo SoA supper room	11 am
	Sustain Me sustainable fashion market	Bend and Sip market, Narooma	10 am - 3 pm
Sun 7	Stitch	Cobargo Hotel	5 pm - 8 pm
	Felicity Dowd	The Drom	1 pm
Fri 12	Cobargo Country Pick Bluegrass Fest enq: www.cobargocountrypick.org	The Cobargo Hotel or call 0423 092725	See times on website
Sat 13	Cobargo Country Pick Festival	Cobargo Hotel	See times
	Lior and Domini performance	Windsong Pavilion Barragga Bay	5 pm
	Community Whale Festival event pg 5	Bermagui: see Sapphire Coast Whale Trail website	Starts 10 am
Sun 14	Cobargo Country Pick Festival	Cobargo Hotel	See times
Fri 19	Far South Films launch party apply for tix at website	Twyford hall Merimbula	See times @ website
Sat 20	Far South Films pg 31	The Picture Show Man + Twyford Hall Merimbula	4 pm
	9 Circles Gin Experience	The Drom	11 am - 4 pm
	ReGenesis, art performance pg 33	Quaama Hall	From 1 pm
Sun 21	Far South Film Fest cont. pg 31	Twyford Hall Merimbula	1 pm -4.30 pm
	John Atkins	Cobargo Hotel	5 pm - 8 pm
Sat 27	Sisters in crime Writers' Festival	Cobargo SoA Hall	10 am-4.30 pm
Sun 28	Sisters in crime workshops info + tix Google Headland Festival pg 32	Bega Valley Learning Hub Merimbula	See session times
	Wolfstone	Cobargo Hotel	5 pm - 8 pm
Weds 31	Owner Builder 'speed dating'	Quaama Hall	5 pm

Over 100 advertisers every month can't be wrong! Advertise your business in

**The Triangle**

Call 6493 8369 / 0407 047 404 or email us at [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

## GAME ON Answers

### ACROSS:

1. Collect, 5 Skipped, 9 Fabric, 10 Jack Dyer, 11 Lake Dunn, 12 Summed, 13 A sharp, 16 Scarlett, 18 Programs, 19 Finale, 20 Stella, 22 Audience, 25 Whipbird, 26 Violas, 27 Editing, 28 Statues.

### DOWN:

2 Osaka, 3 Large, 4 Cactus pea, 6 Kicks, 7 Pademelon, 8 Elemental, 10 Jones Island, 14 Scratched, 15 Angelspit, 17 Affidavit, 21 Asian, 23 E-boat, 24 Chase.

### AUSTRALIAN PLANTS QUIZ

1. Mountain Ash 2. Saltbush 3. Spinifex 4. River Red Gum 5. Swampy areas 6. Egg and bacon

# Game On

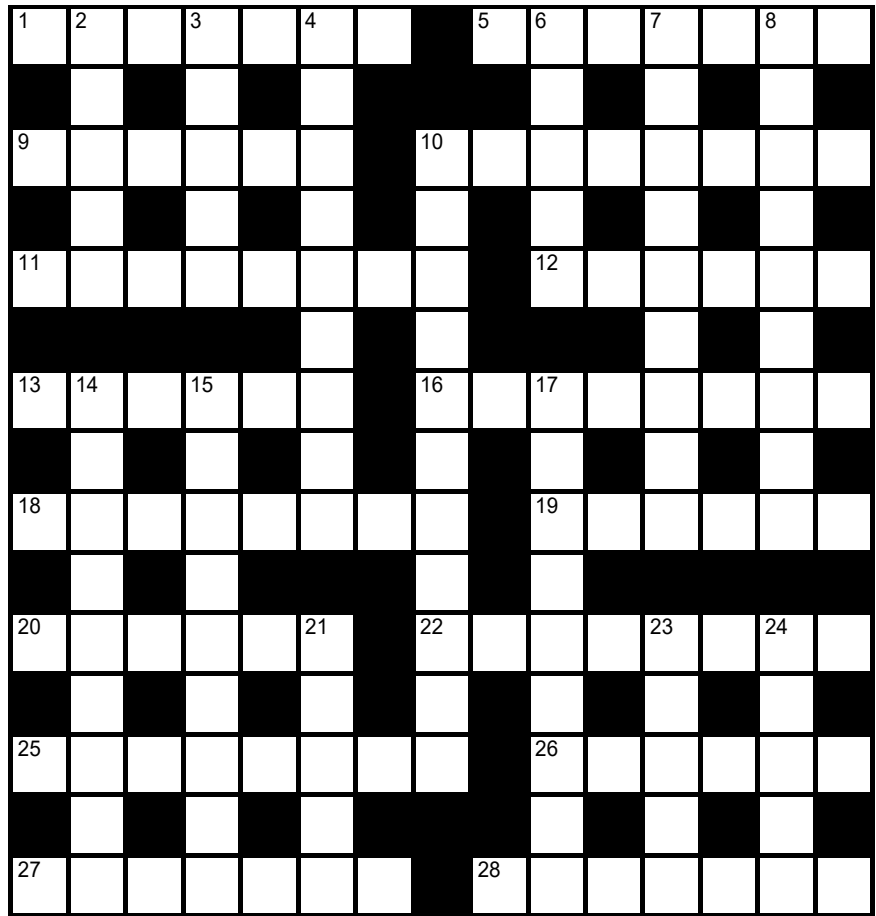
## AUGUST CROSSWORD

### ACROSS

- 1 Short prayer (7)
- 5 Missed (7)
- 9 Textile (6)
- 10 Football's "Captain Blood" of yesteryear (4,4)
- 11 Sole wetland in Central West Qld (4,4)
- 12 Added (6)
- 13 Keynote (1,5)
- 16 Rhett's belle (8)
- 18 Software (8)
- 19 Last movement (6)
- 20 Designer McCartney (6)
- 22 Group of spectators (8)
- 25 Olive-green, black and white avian with a distinctive call (8)
- 26 Chamber music instruments (6)
- 27 Preparing for publication (7)
- 28 3-D artworks (7)

### DOWN

- 2 Japanese port city (5)
- 3 Substantial (5)
- 4 Red-flowered leafless shrub (6,3)
- 6 Obtained on Route 66? (5)
- 7 Small brush wallaby (9)
- 8 Basic (9)
- 10 Baird Bay, SA, pelican breeding site (5,6)
- 14 Out of the race (9)
- 15 Sydney electronic music band (9)
- 17 Sworn statement (9)
- 21 Of the largest continent (5)
- 23 Small German WW2 marine raider (1-4)
- 24 Pursue (5)



## SUDOKU

	4		7	9		2	8	
8			6	5				1
	9		2					
6	8							
9			8	6	3			5
							6	9
					6		1	
1				4	9			8
	3	9		8	7		5	



## AUSTRALIAN PLANTS QUIZ

1. The tallest flowering plants in the world dominate the canopies in the wet tall forests of south-eastern Australia. The scientific name for this species of plant is *Eucalyptus regnans*. What is its common name?
2. Shallow limestone soil and minimal precipitation prevent any trees from growing on the Nullarbor Plain. This extraordinary and magnificent ecosystem is dominated by shrubs of the genus *Atriplex*? What is the common name?
3. The Great Victoria Desert is Australia's largest desert. It is a sandy desert, and some of the vegetation is scrubland dominated by mulga - a species complex belonging to the genus *Acacia*. The more open areas are dominated by a distinctive hummock grass that typifies arid Australian vegetation. What is this type of grass commonly called?
4. This plant species is one of the most widespread eucalypts in Australia, common even in dry areas because it follows watercourses, and takes advantage of periodic flooding events. The Barmah-Millewa Forest on the Murray River is the largest forest of this species in the world. What is the common name of this plant?
5. Where do *Melaleuca* (paperbark) thickets typically grow?
6. A common sight in the understorey of temperate forests and woodlands are native pea flowers, which comprise about five percent of all Australian plant species. The largest genus of Australian pea is *Pultenaea*. Most *Pultenaea* flowers are small and yellow with red or brown markings. What is their collective common name?

Answers on page 39