

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Volunteers – thank you!

If our hopes of building a better and safer world are to become more than wishful thinking, we will need the engagement of volunteers more than ever. Kofi Annan

In 2022 we will once again celebrate National Volunteers week from 16 – 22 May. Together, volunteers are changing communities for the better and this year's theme is Better Together.

Like a silent army, volunteers are out and about every day just getting on with things. They don't want praise, they don't seek awards or their names in the media. They just want to do what they feel is right by helping others in our communities. During National Volunteers week, it is a chance for everyone to celebrate and recognise the vital work of volunteers and say thank you.

Volunteers are certainly making our Triangle communities better. From our emergency service volunteers at the RFS, SES, Marine Rescue, Surf Club, to those who entertain, those who educate, those who get their hands dirty, those who raise funds, those who engage with tourists and visitors, those who care for the needs of the aged and those who just want to make a difference in our community.

Australia's definition of volunteering is 'time willingly given for the common good and without financial gain'. Statistical data from a few years ago tell us that almost six million individuals are involved with some form of volunteer work and that volunteering was estimated to have added an imputed value of \$17.5 billion (yes – billion!) to our economy!

Research has shown that volunteers are happier, healthier and have better mental health than those who do not volunteer.

NATIONAL 16-22 MAY 2022
VOLUNTEER
Better Together WEEK

Volunteers often experience a 'helper's high', a powerful physical and emotional feeling experienced when directly helping others – and there is a strong correlation between the health, happiness and longevity of people who are emotionally kind and compassionate in their charitable helping activities.

The COVID-19 pandemic had a profound impact on volunteering. Organisations had to look at both the safety of their volunteers and the safety of their clients and work out new ways to provide services. Many voluntary organisations simply had to close their doors during lockdowns.

The beginning of 2022 and the 'opening up' has, once again, provided more opportunities for volunteering. Of course, many of those who previously volunteered have decided not to continue for various reasons, so local organisations are faced with having to try and recruit new volunteers.

There are so many organisations in the Triangle area who are seeking new volunteers for the many and varied tasks they perform. To list them here would mean that, inevitably, one or two would be missed out.

If you do know someone who is a volunteer well, why not give them a pat on the back and say a big 'Thank you' for the tireless work they do to make our communities better. Better still, why not volunteer yourself?

Carolyn Banados



Chris Franks, one of the dedicated volunteers at Montreal Goldfields, with members of the Zephyr and Zodiac Car Owners Club from Melbourne.

The festivals offered us a feast of activities over Easter in the Triangle region. The Tilba spirit shone through at Tilba Festival with all day music, rolling cheeses, egg tossing, boot throwing and a wonderful Welcome to Country with the Gadhu Dancers from Wallaga Lake. As always, Four Winds was magnificent even when, surprisingly and successfully, it was moved to Cobargo due to a very soggy site at Barraga Bay. A moving performance by the Djinama Yilaga Choir opened the festival. Many locals will want to retain the 'Cobargo Opera House' identity as yet more excellent music is on the way with the Cobargo Folk Festival returning with a terrific line-up of talented musicians for the 6 to 8 May at the Cobargo Show Grounds. Tickets can be purchased online.

No doubt you have noticed, we have a federal election on 21 May. Interestingly, research in our marginal seat of Eden-Monaro showed that citizens here put 'Affordable housing' at the top of the

list of issues of concern. Respected ABC economics analyst, Alan Kohler, says that home ownership, or lack of it, is an indicator of economic and social inequality in Australia – and that the inflated housing market making houses unaffordable for many is driving the divisions deeper.

Fundamentally, this yawning and growing social gap is ideological – houses are seen as investments and sources of wealth consolidation not simply as homes – stable homes that underpin people's security, life chances, health and well-being. Present laws and tax policies prioritise and support the perception of houses as wealth investment with cruel social consequences. Investments for some. Homes for all.

Voting is compulsory in the 21 May election ... when we can all make our choices.

Letters to the editors

A Little Taste of Paradise

It was such a relief to be able to travel again, to take a breath of the beauty on the Far South Coast. There is something about it that makes life feel wonderful – the communities, the nature, the love. Although my visit was fleeting, to reconnect and deal with belongings that dear, kind friends had looked after for so long, the experience has kept my spirits up in this scary, scary time back in war-torn Europe with non-stop daily images of extreme bombing, destruction and millions of fleeing Ukrainians and the very real threat of this spreading across Europe and, God forbid, the escalation into a nuclear confrontation. The contrast couldn't be greater. To know of such a paradise and share the photos, stories and memories helps us believe that it is possible to live in harmony with nature and each other. It makes dealing with this atrocious situation on our doorstep a little bit easier.

Sarah Breakey

Apology

In our previous edition we indicated the Home Stretch films, that were part of Four Winds Festival, were associated with Giiyong Festival, held at Jigamy, Eden on 9 April. This was incorrect.

Giiyong Festival presented a series of short films focusing on cultural practice created by Toni Houston and Kyle Wilson in collaboration with local Aboriginal Elders, artists and cultural producers from Narooma to Eden.

Eds. The Triangle

Abandoned

Corrosion-crusting tines, rusted chains, cracked leather of collar and hames.

Empty plough rows keloid scars from insatiable rape.

Dust drifts from sterile, toxic soil.

How many Clydesdales' bones fertilised this soil?

Blistered paintwork of firetruck.

Tired tyres show their age, sag like belly fat.

Mice peeping from haven-holed leather seats.

Shearing shed greasy floorboards lifetimes preserved
sealed in lanolin layers.

Horseshoe buried in cracked clay.

How many miles trod in compliant servitude?

The strain, the pain, deadened boredom of brain

Eternally stamped in grooves, nail holes.

Hue of glass bottles coated in dusty history.

Obelisks to dreams drowned in drunken despair.

Stone cairn's symbolic inserts significance lost in time.

Windmill stoops, its head of rusted, broken blades

hangs in shame at the mindless pillage.

As a child, my fingers brushed along an ancient stone wall.

A knowing revealed to me.

I have walked this bridge, in a life long past.

Leigh Crowe

More of Leigh's poetry can be read in *Chasing the Line – An Anthology of Poems from the Back Room*



Thumbs UP

A huge thumbs up to Essential Energy today for replacing the garish orange streetlights across Bermi Bridge with regular white ones. Thank heavens.

To the dedicated band of volunteers who supported Four Winds this year in spite of confusing communications, little support and almost no incentive!

Thumbs DOWN



However, a thumbs down to Essential Energy also for not fitting movement sensors, or at least the aero-style light fixture rather than the standard dome ones. So much unnecessary light pollution which is visible from above them. They are to light the street not the hillsides.

To the gentleman who stopped in the doorway of the Bowerbird Op Shop just before opening hours on Thursday 31 March, picked up a handcrafted, dog-themed patchwork quilt that had been left there, stuffed it in his shopping trolley and continued on his way. Really? It wouldn't have cost much and all Bowerbird profits go back to the community.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting.

1. Stories should be 300 words maximum except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email contributions@thetriangle.org.au and cc lsang333@gmail.com.

Who does the work

The Editorial Committee

Linda Sang (President)
Stuart Absalom (Vice President)
Angela Marshall (Acting Secretary)
Bhagya (Treasurer)
Rosemary Beaumont
Debbie Worgan
Georgina Adamson

Advertising

Book advertising space by first ringing 6493 8369 then 0407 047 404 or email advertise@thetriangle.org.au

Layout & Design

Bhagya & Debbie Worgan

Copy Editing: Angela Marshall

Accounts: Phone: 6493 8369

Email: treasurer@thetriangle.org.au

Post accounts to:

PO Box 293, Bermagui NSW 2546

Area Contacts:

Bermagui: Georgina Adamson

bermagui@thetriangle.org.au

Cobargo: June Tarlinton

cobargo@thetriangle.org.au

Quaama: Bhagya

quaama@thetriangle.org.au

Tilba: Stuart Absalom

tilba@thetriangle.org.au

Printing: Excell Printing Group, Pambula

Accountant: Fredrick Tambyrajan

Distribution Service: Linda Sang

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Shell Bermagui, Bermagui Country Club,

Bluewave Seafood, Library, Visitors

Centre **Central Tilba:** Post Office, ABC

Cheese Factory, Sweet Spot **Cobargo:**

Post Office, United Petrol, Cobargo

General Store, The Bowerbird Op Shop,

Well Thumbed Books, Information

Centre **Narooma:** BP station, Library

Quaama: The Quaama Store

Wallaga Lake: Merrimans Land Council

Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

Thumbs / Letters to the editor:

All communications should be forwarded to: contributions@thetriangle.org.au

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1800 in print plus

online visits.



Naomi Lewis

I think someone has stolen my conspiracy theory!

Fifty Sheds

The inspiration for the Fifty Sheds Project came from the simple beauty of old Gippsland dairy sheds, many later converted to homes. The goal of the project is to efficiently and quickly put buildings back on the ground in our region following the huge loss of sheds in the fires. These can be used for storage, tool sheds or whatever. The aim is also for participants to learn basic building skills.

The way the project is designed is that the labour and material costs are provided by the participants; equipment and tools are provided by the Cobargo Tool Library; and training is provided by carpenter, Nathan Thompson. The programme to learn the required skills has grown from other training courses. The design and dimensions are less than required by councils for a Development Application. The materials and dimensions are common and standardised and so they are easy to obtain with minimal cutting etc. Yet the basic design allows for some customisation.

Four people can build one of these sheds in four days. People will work in teams of four over four weekends. The task is small enough and streamlined enough to learn the skills and achieve the completion of four sheds in that time. The participants each end up with a shed on their property with the skills to build at residential standards and so the ability to 'owner build' a home. Age or disability are not barriers as tasks can be divided among team members according to ability.

The sheds are 3.6 m x 7.2 m and the materials cost \$7,300. They are made of Colorbond, framed to residential standards, with good quality roof insulation, chipboard floors and are safe, healthy and adaptable. To make it fire-proof adds a bit more cost.

The greater vision is to get affordable homes on the ground. From starting small, people will be able to build a low-cost home that has charm and flexibility. Two units together with doors and

windows to lock-up is estimated will cost \$21,000. Three units together adds more space which when plumbed, wired, finished inside and with solar power and a self-provided water system can provide a home for under \$100,000. The evolution of land ownership or access systems such as strata titles on rural land offers potential for more simple homes with no mortgage slavery.

The project is backed by Anglicare and St Vincent de Paul and aims to start in a month. This project is another example of the initiative, care and creative resilience of those in our community.

For further information contact the Cobargo Tool Library on 0422 548 156 or call in and have a chat.

Rosemary Beaumont

Dust Jacket

Discarded, neglected, in a very dark place
lies a book, its story screaming release.

Cradle this precious gift
open your eyes
see beyond the cover
turn a well-worn, dog-eared page
sate your curiosity
devour the offering
read between the lines
open your mind
discover depths, complexities
face up to challenges, question truths
explore the me, in you.

Leigh Crowe

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A fortnight at the museum

From 2 May to 15 May is the time to visit the Bega Pioneers' Museum.

The museum will be open every day from 10.00 am to 2.00 pm. Admission will be free (it's normally \$10). And there will also be free museum tours at 10.30 am and 12.30 pm.

Bega Pioneers' Museum has around 30,000 objects in its collection – but not all are on display! That enormous collection is the result of its being the area's first museum, so it includes historically important and heritage objects collected from all around the Bega Valley shire.

For example, it includes Cobargo's first ambulance that was built in 1914. It was horse-drawn (bring your own horse ... and don't be in any hurry to get it on the road because there was significant paperwork that needed to be completed first ... and, when this horse-drawn ambulance was superseded by a motor ambulance, it became, for a period, a popular 'private meeting' wagon (to put it politely) for young lovers in Cobargo. If only its walls could talk, what secrets they could reveal!! (There's actually a lot, lot more to this wagon's interesting story – which is just one good reason for visiting the museum during early May.)

A portable, pre-fabricated police lock-up is another of the museum's collection with a particularly interesting history. It was relocated from the Cobargo Police Station to the museum in 1976 and, prior to being moved to Cobargo, was very likely to have been the police lock-up at the Montreal Goldfields north of Bermagui.

The Bega Pioneers' Museum building is, itself, worth visiting. It was originally a pub – providing accommodation, meals, an important meeting-place in Bega's early days and, of course, beer. It's now the second oldest surviving building in Bega and the oldest building in the town that is still open for the community to visit. Its original well and hand-pump (still in good working order) can be found in the backyard.

There is no need to book. Just turn up – but expect to discover the unexpected!

Bega Pioneers' Museum is on the corner of Auckland and Bega Streets. Telephone: 6492 1453.

Peter Lacey



Cobargo's first horse-drawn ambulance can be seen at the museum



The Bega Pioneers' Museum

Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Marine debris and AMDI

A great deal of marine debris has been washing up on our beaches recently and many people may have collected some of the debris. There is a way to ensure some good comes of their efforts. Tangaroa Blue's Australian Marine Debris Initiative (AMDI) collects the data sent in by people or groups who collect and collate marine debris. After each collection, the debris is sorted into types (eg plastic bottles, hard plastic pieces, soft plastic pieces, fishing gear etc) then counted and entered in the AMDI database. The data is used to work out the source of the debris where possible, and is also used by governments and researchers concerned about the source and impact of marine debris.

Tangaroa Blue is about to launch new monitoring protocols that assist local communities to develop and monitor

local projects for the AMDI database. If you are interested in finding out more, please Google tangaroablue.org/database or contact Karen at bermaguidunecare@skymesh.com.au.

*Karen Joynes
Bermagui Dune Care*



A marine debris collection, sorted into types, ready for counting.

Update on the Dignams Creek community nesting hollows project



Nick van Stekelenburg up a large Dignams Creek eucalypt in full climbing gear, installing an artificial nesting hollow designed for black cockatoos.

Action is happening. Finally, after many disruptions with the weather, we have started to install the boxes thanks to the line throwing and climbing skills of Nick. We have installed three boxes that will be suitable for the larger Yellow-tailed Black Cockatoo or the Glossy Black-Cockatoos. The Yellow-tails breed in this part of Australia from November to February so they will have plenty of time to investigate our boxes. The next boxes to be installed will likely be the ones designed for gliders and we have also acquired two special cockatoo tubes from West Australia that have been successful for the Carnaby cockatoos. Our boxes will be regularly monitored

Nick has also purchased a hollow hog which is a unique wood carving tool for creating hollows in live or dead trees. It efficiently and safely creates large internal cavities via an entry hole without damaging the tree or impacting on its growth. The hollow shape can be easily adapted to the size and shape of the tree limb or trunk that it is being carved into. We are excited and hope to utilise the hollow hog to create suitable nesting hollows for some of the smaller species especially our endangered Gang Gang cockatoos. Watch this space.

Maggie Cursley



Sally Anne Gaunt, Didi King and Mark Lenny (in hard hat) preparing to get the nesting box hoisted up a tree.

Car club visits Montreal

Montreal Goldfields at Wallaga Lake recently welcomed a visit by members of the Zephyr and Zodiac Owners Car Club, Melbourne. A group of very excited volunteers eagerly waited to greet the group and it was a wonderful sight to see a convoy of seventeen immaculately restored cars entering the gates.

The car park sparkled with cars of

all vintages, a multitude of bright colours and shiny chrome ... it almost made the volunteers' modern cars look out of place!

Thirty members of the group were welcomed into the Heritage Centre by a number of volunteers, then taken on a tour through the history, and mystery, of the Montreal Goldfields.

Montreal frequently hosts visits

from bus tours and groups. Large groups are accommodated by bookings in the mornings, while normal tours commence at 2.00 pm daily. For a moderate cost of \$7.50 per adult, \$5.00 per child, visitors enjoy up to 90 minutes visiting the site – a once thriving community of miners in 1883 – with an experienced and knowledgeable guide. Along with the tour of the site, many historical museum items are on display in the Heritage Centre.

A team of volunteers work extremely hard to keep the Goldfields site up to scratch with maintenance working bees held weekly to ensure visitor safety and comfort. New volunteers are always welcome to join the enthusiastic team at Montreal.

Never been to Montreal? Many locals often say they have never been on a Goldfields tour! Time to change this ... why not plan a visit to our very own premium tourist spot? You may be very surprised. No need to book, just turn up on site before 2.00 pm daily to meet your guide. Check out the Montreal Goldfields facebook page for photos of events happening at the Goldfields.

Carolyn Banados



Montreal Goldfields visit by Zephyr and Zodiac Owners Car Club

Building social connection for our children

Humans learn visual discrimination from the moment they open their eyes until they are nine months old. An important part of this is learning faces. If an infant does not have much exposure to faces during this time, they can become face-blind for life.

Traditionally, this exposure to a range of faces occurred in an extended family, tribe or village, where everyone knew the importance of social bonding. Infants knew everyone in those situations before they could walk.

Face blindness is officially known as prosopagnosia, Greek for not knowing faces.

When faces aren't remembered, others can take offence, feel disregarded or become judgemental. It is harder to develop friendships and relationships. Social gatherings can be such a challenge that those who have face-blindness become reclusive.

From March 2020 until the recent easing of COVID restrictions, infants world-wide would not have seen many faces without masks, and many of these children might have developed prosopagnosia.

Educators and carers will need to alter their social expectations of the affected children. There could be as many as thirty-five cases of prosopagnosia in forty instead of the previous norm of one in forty

However, unless it is genetic, faces can slowly be learned if the right help is given. All face-blind people, like all disabled and aging people, need to have a place in community and their disability should not be held against them.

I have prosopagnosia – and it took me fifty years to understand it.

My confusion about who has said 'hello' to me is resolved if I explain I am face-blind then ask them their name. If the name doesn't ring a bell for me, I ask them where we know each other from. Then,

with their help, I can understand who the person is and remember previous interactions. It is the easiest way to get out of the fog. Letting people know about my disability takes the pressure off me and establishes more social connection.

Here are some other ways people handle it:

One woman said she never goes out without her husband, who says hello to others in a way that lets her know who they are, and when and where they know them from.

Some people have a best friend – often another person with face-blindness – who they always go out in public with, and they can both feel connected while disconnected from all the faces they can't recognise.

Another friend greets everyone, 'Hello. I met you for the first time.' Spiritual? Or is she totally face-blind?

Some of us are very reclusive – loners without a way to navigate the world.

We all need to be aware of the difficulties that might face the COVID babies, as we should be with all other face-



Naomi Lewis

blind folk.

We need to make sure they feel they belong in our community and do not become socially disconnected. This social disability has not been recognised for the disabling effect it has on a person's life and, like us all, our COVID kids deserve an optimal chance in life.

Maggie Camfield



Lately, I don't feel I'm getting through anymore. Do you think He would mind if we changed our service provider?

Naomi Lewis

Bermi Acupuncture & Chinese Medicine

Dr David Arthur
12 Sinclair St, Bermagui
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www.bermiacupuncture.com.au

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley. Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

Sponsored by Nardy House

Yuin Cultural Heritage Trail booklet available

In 2017, the National Trust Far South Coast Branch, the Merrimans Local Land Council and Bermagui School developed and installed the nine signs of the Yuin Cultural Heritage trail in and around Bermagui and Wallaga Lake, as well as the two town entry signs for Bermagui. The National Trust and Mumbulla Foundation funded the project, and the Bermagui School children did the beautiful artwork for the signs. They detail the legends, history and recent achievements of the local Djiringanj clan of the Yuin nation.

Recently, we decided to put all the important information, photos and artwork on these signs into a 26-page, A4 booklet. We hope it will be a useful teaching resource for schools as well as being interesting for residents and visitors. You can now purchase these beautiful booklets from the Bermagui Information Centre, in the Bermagui Community Centre and at the Tilba Cheese Factory shop.

*Frances Perkins and Geoff Steel
National Trust Far South Coast Branch*



The trail booklet

Who will pay?

We are not against development.

I was with a group of local people recently who wanted to make it clear that while they valued our Nature Coast, they were not against development. But there was no discussion about the real costs involved. So, I thought it might be pertinent to draw attention to some of the small local impacts that have happened here, in the Bega Valley and Eurobodalla Shires.

We seem to have lost the freshwater turtles that would annually leave the moorhen swamp to cross the Bermagui Road – probably to find a suitable patch to lay their eggs.

We have lost the large moths (similar to a Bogong moth but actually slightly different) – they used to knock on my windows like ghosts in the evenings, trying to gain access.

The Regent Honeyeater is no longer around and I haven't seen the New Holland Honeyeaters lately either.

The large goanna that used to visit hasn't called by for a while. And, sadly, the diamond python is missing.

Small losses? Oh, no, they are part of the huge cumulative impact resulting from human development since the nineteenth century. The most important and damaging result of human development is, of course, climate change.

In *The Guardian* article about the recent IPCC assessment, Prof Kathryn Bowen from Melbourne Climate Futures at Melbourne University and a lead author of the report, underlined the '... intricate and fundamental links between humans, ecosystems and society', suggesting that we need a rapid transformation to make our society climate resilient and sustainable.

To deal with climate change we need Nature to help us, technology will not be enough, but by protecting and strengthening existing ecosystems we can help Nature absorb emissions and, maybe, eventually, bring the world system back into balance.

Building shops and houses just won't cut it!

The IPCC report for policy makers says, '... climate resilient development focuses on both where people and ecosystems are co-located as well as the protection and maintenance of ecosystem function at a planetary scale'.

It also points out that we are currently on a trajectory leading to 2.2°C to 2.5°C of warming within eighty years, but that we now have the tools and the knowledge to rapidly reverse this trend. All that is required is the political will and a population prepared to be part of the change.

We CAN do this!

Jo Lewis

Those rained-in blues!



Naomi Lewis

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Mon-Fri: 10am to 4pm,

Saturday: 9am to 1pm



Become a presenter



Our community has a treasure trove of rich stories to tell. That dignified lady senior citizen was once a hippie who travelled the 1970s backpacker trail from Asia to Europe. The bloke sipping coffee over there was a film director, his mate next to him introduced rabbit calicivirus to Australia transforming nature conservation in the outback.

The stories can cover a huge breadth of subjects: travel, history, language, heritage, arts, sport, crafts, science, agriculture, wildlife, technology, gardens and so on. There are probably countless other subjects lurking in the memories and life experience of local residents.

People love to hear your story and U3A is the way to do it. A presentation can match your preference – a lecture, a field trip, an outdoor setting ... Numbers can range from a handful to more than fifty, all depending on the wishes of the presenter.

I have been presenting for over five years. I often tell my classes that I get more out of presentations than they do. My topics reflect my science background and I find that researching a topic for preparing a talk is a voyage of discovery. The internet is an information access miracle. In many subject areas, knowledge is galloping away.

Have a go. You will find an informed and ready audience. If you need added skills in, say, technology and subject presentation you will find a U3A member who can help you.

I am pleased to serve on the U3A Committee and bring a presenter's perspective to Committee deliberations.

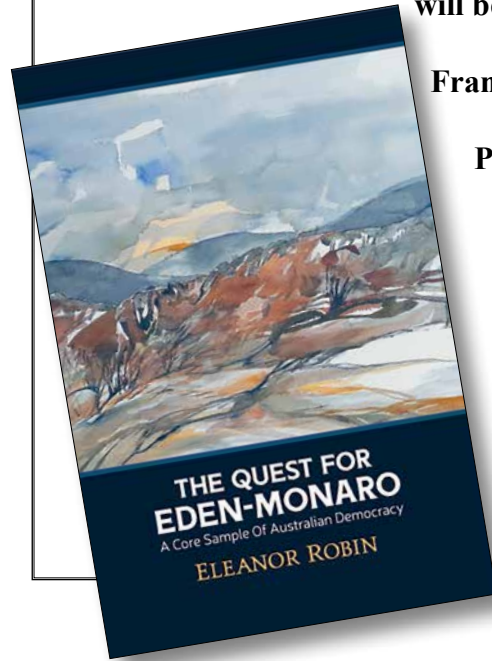
*Bruce Leaver
U3A Bermagui Committee*

Book launch at Well Thumbed Books

The Quest for Eden-Monaro: A Core Sample of Australian Democracy

by Eleanor Robin of Narooma

will be launched
by
**Frank Bongiorno
AM,
Professor of
History
ANU**
at
**Well
Thumbed
Books**
**7 May
10.30 am**



Anglican Churches of Bermagui, Cobargo and Quaama

WORSHIP SERVICES DURING MAY

Bermagui - 11 Wallaga Street, Bermagui

1st, 8th, 15th and 22nd at 8am

Cobargo - 5-11 Hoyer Street

1st, 8th, 15th at 10:00am

Quaama - School of Arts Hall

22nd and 29th at 10am

**Contact: The Reverend John Thomas
Tel: 0427 260 833**



Affordable housing – personal generosity in action

At a house auction in Adelaide in March this year the prices rose with great speed – alarming or delighting depending on your position, outlook and morality. At the conclusion of the auction, the house owner asked, ‘Who was the lowest bidder?’ He went over and talked with that person and asked, ‘What can you afford?’

The owner then sold the house to the person at their nominated affordable price. This is true. Ultimately the power and decisions are personal.



Allan Dummett 0439164176

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What a turbulent autumn in April it has been. A battering from another south coast low saw wild storm activity with turbulent seas battering the coast causing lakes to open, rivers to flood, beaches redesigned and the ground left sodden. Naturally, this weather has had an impact on some of the events that were planned for the month. A few were cancelled but many battled on.

Giiyong was one that 'shook its fists' at the weather threatening to force the cancellation of the festival and went on to be another triumphant celebration of the rich and diverse talent of first nation's people.

The Seaside Fair Revive Day at the Murrah Hall also went ahead undaunted by a little wetness and had a great response from audience, artists and organisers. Four Winds made the difficult decision to relocate to (slightly) drier ground and Cobargo was the chosen location, utilising the Showgrounds, pavilion and hall. This is the first time that it has had to make the decision to move, based on the sodden nature of the site.

There was nothing but positive feedback and huge praise for the efforts of everyone who managed the relocation so well and particularly for the generosity and support from the people of Cobargo at such short notice. The word to describe the change of location was that it went 'seamlessly'. Due I am sure to a lot of hard work by all! Then, would you believe, as I write, the Easter weekend is enjoying brilliant sunshine, beach weather, which will make the organisers and guests of the Tilba Festival, being held today, very happy.

With all of this event re-organising

and logistics one thing is clear, none of these events would take place without the amazing effort of the volunteers displaying this 'can be done attitude'. The role of volunteers in the life of a small community is vital on so many levels and in so many ways and has been particularly important in the last couple of years with the recovery from natural disasters.

Volunteering is not only for those who have retired and left paid work although this absorbs many. Clubs and organisations always welcome new volunteers to assist with their fund raising activities; for the active there is the challenge of SES, RFS, Marine Rescue, Life Saving club; for those who want to connect with children, the preschool and school always welcome visitors to help with reading and other programs such as Primary Ethics ... now that COVID restrictions have eased; and of course the many sporting clubs are always looking for willing folk to assist in all manner of ways.

As well, the special events that Bermagui is becoming so well known for over the festival season, simply couldn't go ahead without the enormous army of volunteers that sustains them. I would like to give a special mention to the Bermagui Historical Centre that provides *The Triangle* with so much interesting content and is such an important resource for keeping the history of the town and area safe. To keep the centre open the Bermagui Historical Association and Museum are seeking new members.

Visit the centre or check out the website, bermaguihistoricalsociety.org.au, for contact details if you have some time and an interest in preserving the history of the Bermagui area. If your organisation is looking for new members why not slip us a message and we can put it out in *The Triangle* ... it is your community paper and, yep, it's run by volunteers!



Sea foam covers Beares Beach in Bermagui

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A busy Easter for Marine Rescue.

We always suspected the Easter holiday period would be a busy time for Marine Rescue Bermagui ... and it was. We had three calls for assistance over the Easter week and more later.

First, we were called to assist a disabled catamaran making its way up from the south. They had lost one engine, so although they could still sail, they had less control and couldn't enter the harbour safely. For these new owners it was a less than perfect end to the day but, with the clear skies and mild conditions, it was a beautiful way to watch the sunset as we entered Bermagui Harbour.

The next day we got another radio call for assistance. This time it was to help two fishermen in a small runabout. Their electrics had failed them off Beares Beach when they tried to return home. Again, the weather and sea state were in our favour

and the tow proceeded without incident.

Just this morning we had a third call for assistance. A yacht with engine trouble had been anchored at Horseshoe Bay for a few days. After one broken shackle on the towing strap, we managed to get them securely attached and then the tow went smoothly.

Each of these incidents were for different boats and different reasons but each of them was very grateful for the assistance of the local Marine Rescue unit. For us, too, there is a satisfying feeling of helping the community. It is great to put training into practice and be able to sign off on a few skills that can only be achieved while 'on the job'.

It is so important for anyone going out on the water to check their vessels beforehand and make sure they have a working VHF radio that they know how

to use. The crew work hard to get help to any boats needing assistance and the radio operators at the Base do a great job in keeping communications open between all the parties. Remember to log on and log off with Marine Rescue or use the Marine Rescue phone app.

Stop Press

Since going to press, Marine Rescue Bermagui has been called out three more times. First, a lone fisherman in a small runabout began taking on water in rough conditions. He made phone contact and activated his EPIRB. Then a disabled vessel needed assistance off Camel Rock. Finally there was a combined rescue with Surf Life Saving.

Deb Worgan

Marine Rescue Bermagui



Ros Billington in her beautiful Easter bonnet.



Dennis Walker, Liv Ford and Peter Strain on board rescue vessel BG30.

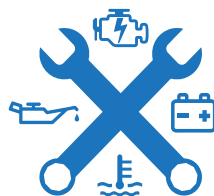
Bermagui & District CWA

Hot cross buns, Easter bonnets and chocolate eggs set the scene for the April meeting. Ros Billington won the best bonnet with a colourful fresh floral decoration on her hat.

The CWA of NSW's Centenary Conference is to be held on 2 – 5 May 2022 at Royal Randwick. Two members from Bermagui will be attending as delegates, we wish them well. It promises to be an amazing celebration of the history and, no doubt, the future of this amazing organization.

We will be having a BBQ lunch at 12.00 pm before this month's meeting at 1.00 pm on Friday 6 May, to be held in the Corunna Street rooms, all welcome!

Chris Richard-Preston



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Moodji news

Last issue we were unable to print Moodji Farm news by Dan Bakker, Moodji Farm manager, in full. Here's the remainder of his article for what looks like being an exciting year. Moodji recently secured \$120k in funding (from Black Summer Bushfire and FRRR grant support) that will enable the farm to move forward. In particular:

- two years of intergenerational hands-on farm-based programming;
- the construction of a multi-function, all-weather conservatory/greenhouse to propagate plants all year round, host preschool activities and cater for workshops/events;
- a repeat of its very successful Growing Growers Long Table Dinner in close collaboration with our beloved Eastwoods Deli and a host of regional producers;
- a number of workshops showcasing best practice, regenerative agriculture; climate-change adaptation methods; Indigenous agriculture; and back-yard garden techniques;
- a cultural fire circle collaboratively designed with high-end architect, Rob Hawkins, artist Cheryl Davison, cultural advisors, local landscapers and Moodji manger, Dan Bakker;
- careers experience programming for Narooma High School students; and
- the long-sought appointment of a Merrimans Land Council Trainee.

Further, this funding will grant Bermagui Preschool the privilege of sponsoring the seventh regional tour of Costa Georgiadis over the next twelve months.

Costa recently visited the Cobargo Preschool, overseeing the planting of 250 habitat species in conjunction with Narooma High School's Hands-on-Learning students who have spent the past two months constructing bird/bee/butterfly hotels.

The project was generously supported by the Cobargo Bushfire Recovery Fund, Bermagui Preschool and Merrimans Land Council and demonstrates just how richly successful cross-sector community collaboration can be – a serious drawcard for Moodji's patron, Costa, who sees such capacity building as 'punching well above its weight' and 'especially as we head into the uncertain impacts that Climate Change will surely present'.

Coming up for Moodji is the initiation of its next-level

projects in which everyone is invited to participate. If you have construction, landscape design experience, no-grow garden guilt ... or simply a keen-to-learn attitude – Dan wants to hear from you.

In addition, Moodji looks forward to hosting Cheryl Davison who will deliver a series of Indigenous weaving and eco-design activities that are designed to engage the broader community and preschoolers in particular. Dates to be announced.

GrubClub Thursday's run from 9.30 am till around 2.00 pm boasting great coffee and cake at 11.30 am.

For more information or to simply join its free email membership list, give Dan a call on 0427 746 980 or email him at eatdirtpermaculture@gmail.com

Dan Bakker



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CWA celebrates 100 years in NSW – not just baking and knitting!

I recently visited the CWA Seaside Cottage in Corunna Street, Bermagui to find out a little about its history. I met with Paula Rumble and Kath Prescott and found out more than I expected about the organisation and the cottage – and that it is a hundred years this month since the inception of the CWA in NSW.

It was formed at a time when there was a perceived need to improve the conditions of women and children on the land. With few amenities in the country areas, there was a desperate need for baby health services, maternity hospitals and ambulance services. Most country roads were unsealed and, after rain, road travel was often impossible.

On April 18, 1922, the first open conference of country women assembled with one of their objectives being to ‘... secure for country women and children seaside camps where they could take a rest and change within their means, and without the acceptance of charity.’ (ref. *The Country Woman*, April, 2022).

The Seaside Cottage, Corunna Street, Bermagui is a prime example of this initiative, and what a pleasure it must have been for women and children ‘from the land’ to come and have some respite and enjoy a beach holiday.

The cottage was built in the 1930s through the generosity of one of Bermagui’s early benefactors who donated the land and funds were raised for the building. As well as a large sunny meeting room, available for hire, there is a newly renovated kitchen, bathroom and covered BBQ area. A fully self-contained apartment at the rear of the meeting room is available for low-cost holiday rental for families.

Next door, the Sinclair Memorial Units, four one-bedroom flats owned and managed by the CWA, again through a generosity of a local benefactor, have provided low-cost housing on a needs basis since the 1980s. The organisation has recognised and been dealing with affordable housing for some time and hopes to do more.

The activities of the CWA have always been diverse. For the craft and cooking minded there is plenty of opportunity to show off your skills, exchange ideas and even enter competitions. But these skills are also put to practical use ... garments, rugs and other knitted goods all go to relief agencies and good homes, and baked goods have helped in times of need, most recently sustaining the BlazeAid workers.

CWA also plays an important lobbying role for women’s needs, and its voice is heard at all levels of government. A conference held once a year deals with motions and recommendations on all sorts of issues affecting women and, from branch level, motions will go to regional and then State level.

The study of other countries and cultures, another of CWAs tenets, helps promote international goodwill, friendship, understanding and tolerance between all people. Above all, the CWA offers an opportunity to meet and make new friends.

If you are interested in any aspect of CWA activities you are welcome to come along, find out more and become a member.

Contact Branch Secretary, Kathryn Preston, phone 6493 5887 or 0438 215 752 or email her at kfpreston@bigond.com for membership enquiries for the Bermagui & District CWA.

Georgie Adamson



A young family from Albury enjoy a beach holiday at the CWA Seaside Cottage

Candidates line up for Bermagui Forum

Six of the eight candidates who have nominated for the seat of Eden-Monaro in the forthcoming federal election have confirmed they will attend the Meet the Candidates Forum.

The Forum, hosted by Clean Energy for Eternity and the Bermagui Community Forum, is being held on Sunday 1 May from 10.00 am to 11.30 am at the Bermagui Country Club. It is an opportunity for members of the far south coast community to see their candidates in the flesh and question them on their policies for the region. The event is free and all are welcome.

The six who have confirmed they will be there are sitting member Kristy McBain (ALP) as well as: Vivian Harris

(Greens), Toni McLennan (Informed Medical Options Party), Darren Garnon (United Australia Party), Greg Butler (Australian Democrats) and Andrew Thaler (Independent).

Prue Kelly, coordinator for CEFÉ, said they were delighted at the response and hoped the remaining two would respond positively as well. Whether or not they do come to the Forum, each has been asked for a three-hundred word statement on their vision, background and experience in Eden-Monaro. These will be available from the CEFÉ and BCF web sites and on social media.

Bill Southwood

Bermagui Community Forum



Bermagui Community Forum



Apricity* time again

When Kev Carmody and Paul Kelly penned their anthem, *From little things, big things grow*, the Bermagui Blue Balls were certainly not in their mind. However, that simple idea perfectly describes the far south coast's most welcoming group of winter ocean swimmers.

From a humble beginning in 2013, the upcoming winter swim season commencing on Mother's Day, 8 May, will be the tenth anniversary for this eclectic bunch of brave souls. While swimmers of all levels are welcome, wetsuits are not part of the allowed swim attire. The trick to winter swimming is to attend from the outset as this allows participants to adjust as the water temperature cools throughout the season.

So, if you're interested in discovering the true joys of apricity, just turn up to Bermagui Surf Lifesaving Club at 8.30 am on any Sunday between Mother's Day and Father's Day to embrace winter ocean swimming at its coolest. You know it makes sense.



Bermagui Blue Balls members warming up after a dip

*Look it up ...

Ima Shiverer

Wombats in Bermagui

We are hearing more about wombats wandering near homes in and around Bermagui. It may be that the recent fires and then heavy rains have destroyed habitat and then flooded burrows and more wombats may be looking for safe places to graze and dry places to spend their days or dig their homes.

Below is a photo of the wombat who grazes around the Blue Pool area (nicknamed Bluey), probably taken on the grassed area near the big water tank. It was taken on 27 November 2021, by Liz Milner, a visitor to Bermagui, showing Bluey recovering from a moderate infestation of mange after treatment.

The wombat had been treated three times (between 29 October and 17 November 2021) for mange by one of our Wildlife Rescue South Coast members who lives in Bermagui. She used a long pole and applicator to quietly

approach and treat him with a pour-on medication used to treat mange mites in cattle and deer. This medication can only be used on wild wombats after training and under a permit issued by the Wombat Protection Society of Australia. Wildlife Rescue South Coast receive calls from people who are concerned about wombats around or under their buildings. They would like to provide you with useful information, advice and support about humane ways to dissuade them. The best results will come from early action, so please call them as soon as you start to worry about wombats around your buildings and fences and, especially, if you notice sick or injured wombats.

Call the Wildlife Rescue South Coast Hotline on 0417 238 921 and give the phone volunteer your contact details and a brief summary of your situation. A trained wombat carer will give you a call back and discuss the options with you. Where possible, they will visit and assess your situation and provide ongoing advice and support.

It's important to understand that moving adult, wild wombats can be very difficult and often unsafe for all concerned and is not recommended. Also, wombats are a protected native animal. The Wombat Protection Society of Australia has some helpful information on their website including 'Managing Wombats Under Houses' wombatprotection.org.au/.



Bluey Wombat

Danie Ondinea

*Wildlife Rescue South Coast
for Bermagui Community Forum*



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COBARGO SHOWGROUND NSW

What a month it's been, with more rain than we can imagine – thankfully not enough to cause any major flooding, but disruptive nonetheless to major events like the Tilba Festival and Four Winds Festival. Both went ahead successfully under lovely sunny skies with appreciative crowds creating a welcome respite from the current relentless political noise and weariness from the last couple of years. There are lots of positive things happening in our Triangle communities leading us to a more sustainable and caring future. And, as the Federal election draws near, we have the opportunity to consider policies that will help us to achieve a better future. It's our chance to use our votes wisely. Enjoy the last month of autumn.

Growing good fungi

If you are lucky, leaving the paid workforce to live on a small acreage at Central Tilba, provides a great opportunity to follow a passion. For Annette Kennewell this has certainly been the case as she pursues her passion for growing that wonder of the fungi world – edible mushrooms. This has been no haphazard journey. There have been courses, visits to the train tunnels of mushrooms in Tasmania and Mittagong and lots of reading – particularly the books of international mushroom guru, Paul Stamets. With five years' growing experience under her belt, Annette has specialised in Oyster mushrooms – pink, grey, silver (which she calls Tilba silver) and white – and she has also tried growing Shiitake once. There are plans to try Shiitakes again and King Stropharia or Garden Giants.

Annette's mushrooms are only available locally, primarily through the Tilba Market. This is a bit of a challenge as the flush does not necessarily coincide with the market! However, there is a little bit of predictability. The Oysters start as pinheads and reach full size in three days, a process Annette continues to find exciting. To make good use of this bounty, Annette has been exploring other options. The result – dried mushrooms! I've tried them in a risotto and have to say they were delicious. Smoked mushrooms may be next. Thank you, Annette, for giving us this special local gift.



Annette with her dried mushrooms

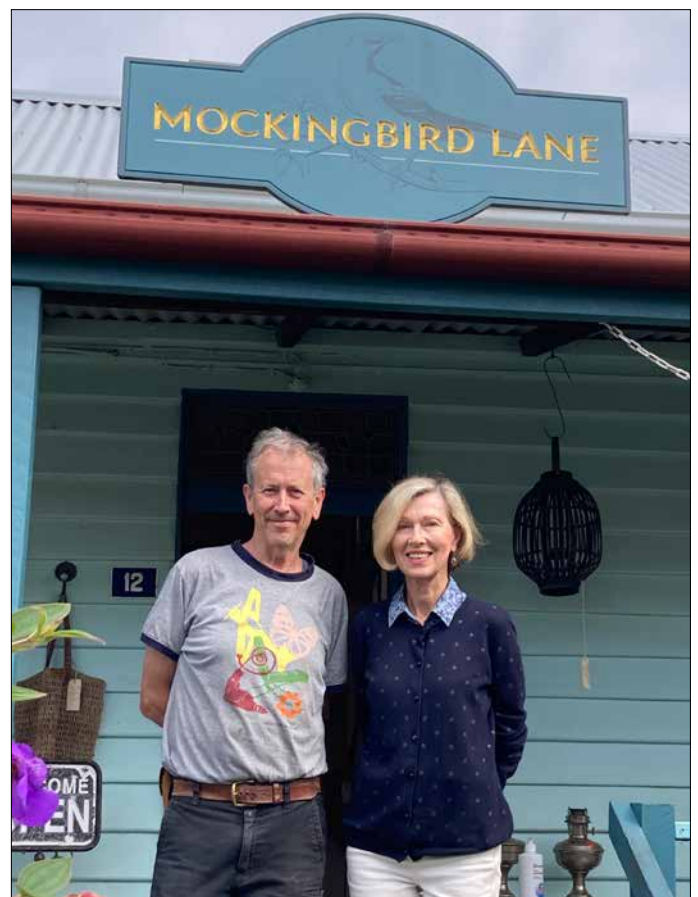
Twenty years on ...

Peta and Greg Wall are ready to hang up the shop keys to their well-loved Central Tilba shop, Mockingbird Lane, and discover life after a seven-day a week business. The c. 1895 cottage that houses this vintage store is for sale. Their original antiques business started life in 1997 in a shed at Windsor. They wanted to escape city life and they knew a little bit about this area as Peta's sisters had already moved to Dignams Creek in the early 90s. Although they purchased the property in 1998 – at that time home to the original Mockingbird Lane, famous for its Venetian masks and ceramics – it wasn't until March, 2002, that they made the move to Central Tilba.

Businesses tend to evolve over their lifetimes and so it has been for Mockingbird Lane. Changing fashions and the decline in demand for antiques has seen Peta and Greg diversifying into smaller items such as homewares and quality jewellery, all complementary to a select range of antiques and collectibles. Online selling has also become a useful way to find buyers and will help with clearing stock when the time comes to move.

One of the best aspects of their business, according to Peta, has been meeting people and making friends, creating a loyal following. This will stand them in good stead, when there is more time to do some of things that there has never been time for. The Tilba District Chamber of Commerce has also been well served by Peta's twelve years as secretary and five years as stalls coordinator for the Tilba Festival.

The village is not losing this well-regarded couple or Greg's quirky sense of humour. They intend to stay in their home further down Bate Street where Greg can indulge his interest in classic motorbikes and go fishing from time to time. Peta is looking forward to having more time with their grandchildren. So, twenty years on is looking pretty good.



Greg and Peta, Mockingbird Lane

Archie Roach and the Djinama Yilaga Choir at Tilba Valley Winery and Ale House

As expected, this concert on a mild autumn night just before Easter was a sell-out. With its stunning location above Corunna Lake, this was an ideal place to hear the haunting music of Archie Roach. Archie was supported by the local Djinama Yilaga Choir, who were sporting their new t-shirts, made possible through the sponsorship of the Gulaga Reconciliation Group, who were thanked by Cheryl Davison on the night. This local choir also played a key part in the opening concert of the Four Winds Festival and appeared in Home Stretch, a tribute to the Tathra-Bermagui Road.



Djinama Yilaga Choir in their new t-shirts at the Archie Roach concert

Burgers and other stuff

The Tilba Festival is the major fundraiser for the Central Tilba Public School P and C. This year, with the help of students, parents and volunteers, it was a great success, raising many much-needed dollars for things like school bus trips to events. On offer was an enticing array – the famous egg and bacon rolls, beef burgers with onion jam, Mexican veggie burgers with onion jam and slushies.

Sustainable property management

Monday, May 2, 2022

Central Tilba Hall

4.30 - 6.00 pm

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- Rob de Fegely - Agroforestry specialist & farmer
- Phil Shorten - example of animal management

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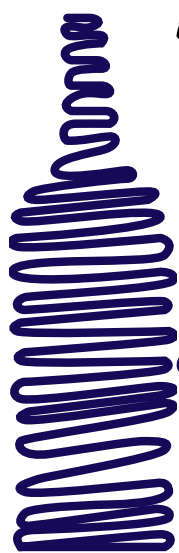
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Sun	22 May	Benji Fowler
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Sat	28 May	Mayfair Lane
Sun	29 May	Michael Menager

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Tilba Festival success

What a day! Overwhelmingly positive is how we'd summarise the feedback on this year's successful Tilba Festival. Yet again, we showcased the uniquely special Tilba community spirit in all its glory. We estimate 4000 people attended through the day. We're not yet sure of total funds raised.

The Dairy car park buzzed with cheese rolling competitions and, of course, music was played all day both there and in the top car park. Having 2EC Radio outside the General Store was fantastic on the day, adding to the energy of the Great Zamboni magic shows and the donut eating competitions. The Egg Tossing generated many laughs all round – and a few tears. And the Boot Throwing was successful – despite the boot ending up on the dairy roof a couple of times – once by Member for Bega Dr Michael Holland who was a very good sport! We were especially thrilled to have the Gadhu Dancers from Wallaga Lake to perform the Welcome to Country at our opening ceremony – what a group of extremely talented young men.



We are incredibly grateful to the friends, family, visitors and residents who volunteered on the day as well as the businesses on the street who provided prizes for the games: Tilba Sweet Spot, The Dromedary Hotel, Passionfish, Gulaga Gallery, Bath Patisserie and Arcadia as well as volunteer sponsors – Tilba General Store and Dromedary Hotel.

We very much look forward to doing it all again in 2023 but we did struggle to make it happen with what was really a skeleton crew this year, both as a committee and on the day with volunteers. We're really going to need members of the community to step up if we're going to make it happen again in 2023.



The days leading up to the event were very challenging as we realised that due to the heavy rains the paddock at Marshmead was unusable for parking. Eurobodalla Shire Council were incredibly supportive and really pulled out all the stops to make sure we could maximise the parking on the Tilba Tilba Oval. On the day people were very patient, there were no major issues at all and everyone was in great spirits.

Massive thanks to the Cobargo Scouts who did a fantastic job managing the parking, Platinum Traffic Services and 'Bert and Ernie' from Rixons buses for staying cheery and going above and beyond for us on the day.

Stallholders reported they would be coming back next year, and many businesses in the street reported their best trading day ever.



Photos by Marah Weston

Susan Gray

President, Tilba District Chamber of Commerce

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gather at Well Thumbed Books, Cobargo
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Local Senior Champion Female Cow

Codas Maxima Sarah, a rising five-years old Illawarra cow has won the broad ribbon at the Sydney Royal Dairy Cattle Show. The cow is owned by local Tilba farmer, Charles Lucas – congratulations, Charles!



Helen Thomson on the stall at the Tilba Festival

Tilba CWA News

Tilba CWA was delighted to be part of the recent Tilba Festival. The sun was shining, the crowds flowed in and there was a great buzz in the air! Congratulations to the Tilba District Chamber committee for yet another well organised and run event. Our stall was filled with baked goodies and donated items. A special thank you to Jody Vassallo for her donation of two books for our raffle. Thank you to Janine Halasz for organising the tables for our stall.

A huge thank you also to Annette Kennewell, Sue Munro, Helen Thomson, Theresia Klein, Marilyn Gilbertson, Nola Ezzy, Colleen Cunningham, Annie Fenn and Jenny Burnett for their tasty baked treats and to Grant, Mark, Tony and Robyn for getting us set up and packed down. Even the four-legged visitors were catered for with homemade dog treats and a water station. We raised nearly \$1,500 on the day. This was in part thanks to our treasurer Helen for setting up a recently purchased Square® Reader allowing us to take digital transactions. Tilba CWA embracing technology!

Finally, to our stall volunteers who were kept busy with sales right till the end – Sue, Annette, Helen, Jody, Belinda and Jenny. Already looking forward to next year’s festival with even more tempting treats.

Next on our social list is our Spring Garden Party scheduled for Saturday 10 September. Never a dull moment with our little branch! Keep an eye out on our Facebook page for more information. The high teas will be a feature along with local wine and cheese tasting. There’ll be an old-fashioned sweets stall, a dress-up competition, games and much more. All to celebrate the CWA of NSW birthday centenary. Our next meeting is scheduled for Thursday 12 May in the Small Hall at 10.30 am. All ladies welcome.

Teresa Stubbing, President



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Tilba Dairy – celebrating ten years



Nic and Erica cutting their anniversary cake

The 10 April marked the tenth anniversary of Nic and Erica Dibden becoming the owners of the Tilba Cheese Factory. In those ten years there has been much growth, diversion and hard work. From a small bottling machine processing 8000 – 10000 litres of milk a week for market, there is now an automated machine, requiring its own room and processing 25,000 – 30,000 litres for market each week. Meanwhile a new state-of-the-art packaging and labelling machine for cheese has taken over the old retail space which has moved to 33 Bate Street, recently purchased and converted into the new shop. During this time deliveries have gone from in house to a purpose-designed truck brandishing the new Tilba Dairy logo. With a workforce of twenty-four employees, Nic and Erica with the support of their family, friends and staff, and a huge amount of hard work and commitment, have made Tilba Dairy what it is today – a family owned, family run thriving business right here in Central Tilba. To celebrate this important milestone, Nic, Erica, their family and friends and members of their team got together at the Dromedary Pub on the day. Congratulations to all involved and a big thank you to all customers for supporting Tilba Dairy’s fabulous products.

Christine Montague

Vale Richard Tilzy 7. 9. 1943 – 18. 4. 2022

Richard, a one-time scribe for Tilba Bites in *The Triangle* has finally succumbed to his various ailments – officially named Charcot-Marie Tooth disorder.

He died on Easter Monday with his two children, Elli and Miles, by his side. Miles had thoughtfully brought taped messages from his grandchildren Jack and Abbey.



Richard Tilzy

Tilz as we called him, arrived from Cornwall in 1964. Always possessed with a sharp brain he ended up as a marine biologist. After some years in Sydney, he, like many of us, fled to the bush. In his case Tilba, about 1980, where he and Sally bought a block and raised two children.

He was known to complain about the usual – politics etc – but never about his afflictions.

There goes a mighty man.
Goodbye, old mate.

Rest in peace

Col Raynor

Tilba Halls Community Curry Night is on again!

We enjoyed it so much in March we’re doing it again!!!

Come along and have fun! Dine with your neighbours and friends in our beautiful community halls, whilst enjoying a bit of long-overdue socialisation. Or grab a takeaway (in recyclable containers or bring your own container if you wish – 500 ml only please). Plenty of tables, so room to social distance! If you’re eating in, BYO drinks and glasses – tables will be set up.

When: Monday 9 May 2022, 6.00 pm.

Cost: \$15.00 per portion (curry with rice, pappadums and yoghurt) – cash only, please!

Varieties: Chicken, beef and vegetarian.

The funds raised by this event will go towards purchase of large portable mirror/screens to support dance, yoga and other exercise classes, performances, exhibitions and musical events. Any questions about the current upgrade project to the halls, please feel free to ask any Committee members or email tilbahalls@gmail.com



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Lorraine 6493 7175 / Beth 0428 696 623

RFS Community Planning

The NSW Rural Fire Service in collaboration with the Tilba RFS hosted a Community protection planning meeting for Central Tilba residents on 4 April in the big hall.

The community plays an important role in the development of a Community Protection Plan (CPP). Community meetings and workshops help explain the process, and give local community members a say in prioritising work.

Matthew Ross from NSW RFS facilitated the informative meeting, and lead the discussion on helping our community get prepared for a bushfire, including:

- Where we live, what it means, what we can expect
- Bush fire survival plan
- Property preparedness and treatment options
- Contingency options
- Vulnerable communities.

The meeting also gave residents an opportunity to:

- Have questions answered
- Contribute thoughts
- Gain an appreciation of the role all of us must play to help prepare ourselves and our properties against the threat of bushfire.

An important part of the meeting was looking at the draft CPP maps for Central Tilba. Residents provided feedback on some amendments to the maps. These draft maps can be viewed on the following link - <https://www.rfs.nsw.gov.au/>. For further information contact NSW Rural Fire Service – Far South Coast District Chris Anderson – 6494 7400 or Matthew Ross – 4472 0600.

*Carrie Taylor
Tilba District Chamber of Commerce*



Community Planning meeting at Central Tilba



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The hills were certainly alive with the sounds of music. The Four Winds Festival committee had the difficult task of finding

an alternative venue to hold their weekend of music as their site in Barraga Bay was declared far too wet. They made inquiries and found the Cobargo School of Arts was available to host a film and music display called *Leonard's Beautiful Pictures*. The Cobargo Showground pavilion became the Cobargo Opera House and two full days of magnificent music and opera were held. The weather was absolutely balmy and the atmosphere nothing short of electric and totally enjoyed by one and all.

The Cobargo Business Hub is taking shape with a big crane in place mounting the framework with portions of the long-awaited building to arrive in the near future. The tree sculpture is still well underway with the opportunity for one and all to attend a workshop and, with help from the two artisans, Phillippe and Ian, it is a wonderful experience in which to participate. Bookings can be made online, and times are available each Monday. It takes approximately one and a half hours to complete. It is such a great experience to be involved in.

A word of warning to all drivers as it takes considerable skill to negotiate your way around the never-ending selection of potholes on all the roads in existence everywhere.

Get well wishes are extended to Bev Holland who had a stint of ill health recently and it's great to see her up and around again.

Condolences are extended to the family of Dave Evans who, a month shy of ninety, left for greener pastures. Dave was the local stock carrier and was greatly admired for his easy kind way.

Condolences are also extended to the family of Olive Cole. Olive had milked cows on the family farm for many years but in recent times she had moved to Bega. Olive was a very hard worker who will go to her resting place next to her much loved husband Jim.



Leonard's Beautiful Pictures performed at the Cobargo School of Arts as part of Four Winds Festival 2022. Photo credit David Rogers

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- Hydraulic grab bucket
- Post hole augers
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- Footings and pier holes
- Green waste clearing
- Driveways
- Trenching for plumbing and electrical works
- Drainage
- Material delivery

Neville 0428 948 589 - Dylan 0481 311 007

Cobargo Conversations

We're having a ball in July

Plans are moving on for the Op Shop Ball on 16 July hosted by Cobargo CWA.

We have the band booked – Kitty Kat and the Band of Thieves – and we are now tweaking the final arrangements so that we can begin to take bookings.

We do not intend this to be a fundraising event. We simply want to cover the cost of hall hire and the band so we will be charging a nominal amount. We are inviting our community to get together to have some fun and celebrate a hundred years of CWA in NSW and eighty years in Cobargo.

The format will be as follows:

- bookings will be on a table basis;
- eight people to be seated at a table;
- Op Shop means any Op Shop, but we hope you will support the Cobargo Bower Bird;
- BYO food and drink; and
- CWA will supply tea, coffee and petit fours.

When we have finalised all the details we will advise how and where you can book your table for an evening of great music and fun.

Some of our members are attending the hundredth CWA of NSW State Conference at Randwick Racecourse in May – an exciting event to celebrate the Centenary of an iconic organisation that has done so much work within rural, regional and remote areas of the state. Recently two of our members, Lynn Lawson and I, attended Government House for an official morning tea with the State Governor Margaret Beasley to celebrate the CWA of NSW Centenary, along with members from across the State.

The raffle for the birdbath was drawn and the winning ticket

was 424857, purchased by Mary Williams!

We welcomed two new members to our branch at our last meeting, Sarah Lambert and Hilary Webster. If you would like to join us for a cuppa and a chat and learn more about the work CWA does, please come along to our next meeting on 10 May at 10.30 am at the CWA Cottage on the Bermagui Road

Mary Williams



Cobargo CWA members at Government House, Sydney. From left to right: Lynn Lawson, Allison Jenkins and Mary Williams representing Far South Coast Group of NSW at Government House attending a morning tea given by the Governor of NSW, to celebrate the Centenary of CWA of NSW.



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Cobargo District Museum News

Cobargo District Museum volunteers wish to thank Jen Severn for an article in last month's edition of *The Triangle* on behalf of the Museum. The article can be found on page twenty of April 2022 and recounted that someone had found a piece of paperwork from horse sales in the 1940s. In response we have managed to very easily find the information about who Rixon the horse trader was. It was William Rixon, stock and station agent of Bega. They commenced trading in 1896 and it's now known as E.I. Pell Rixon. Thanks to Norm Reed, who pieced together the details behind the story.

We had the pleasure of receiving visitors from Sydney recently. Pauline Cleary née Howard who is 93, lived in Cobargo in her childhood and still has very fond memories of the Cobargo area. She has also written a book of her life and will be donating a digital copy to the museum as there are lots of references made to Cobargo people. Pauline commented that all the men had nicknames. Her granddaughter is now working with her to compile a list of their full names. Pauline gave the museum the last of her small collection of Cobargo memorabilia, including the photo in this article of part of the Cobargo Hotel prior to enclosing the verandas and the extensions that were built in the 1980s.

The Cobargo District Museum is always looking for memorabilia to add to our collection to help portray the history of our wonderful area. Please pop in to visit us or, if you are able to volunteer some time to our museum, that would also be very welcome.

Vicky Hoyer



Cobargo Hotel prior to the 1980s.

Cobargo Community Access Centre – here to help

There's a new kid in town – the Cobargo Community Access Centre has arrived!

The Cobargo Bushfire Relief Centre Inc has transitioned to become the Cobargo Community Access Centre Inc.

During the two and a bit years that the Cobargo Bushfire Relief Centre has been operating, we have identified the need for the whole community to have access to the many services and assistance that we have been able to provide. In order to continue the work of the Bushfire Relief Centre, but also to broaden the work with the community, we have evolved to become the Cobargo Community Access Centre.

During this time, we have worked closely with all the service providers who have been assisting with bushfire recovery: Bega Valley Shire Council, Service NSW, National Bushfire Recovery Agency, Resilience NSW, Red Cross, Vinnies, Anglicare, Lifeline, Salvos and the many other volunteer and service groups who gathered to assist after the disaster.

We have developed a strong network with these organisations, as well as with the community groups now operating within the region, e.g. Triangle Tool Library, Cobargo Community Garden, Cobargo Green Recovery Group and many others. We also have open and ongoing communication with NSW Health, the Women's Resource Centre, Headspace and other organisations that help community members in times of need.


As well as providing some services

on site, the Access Centre will also provide advocacy and a pathway to other services. There will be more community engagement offerings, such as Seniors' gatherings, art and craft groups, a homework club for young people, computer access and training, access to legal services, counselling services and employment service providers, all in the one location. What we provide will be largely determined by what the community wants and needs.

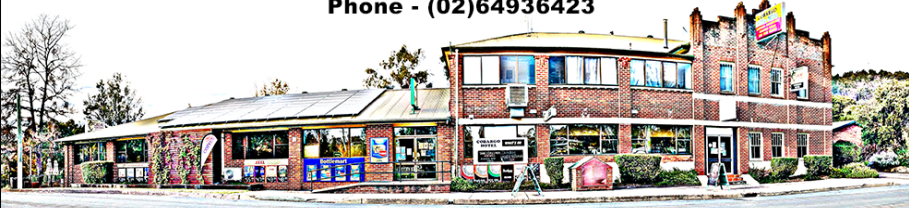
The Community Access Centre will also serve as a community drop-in centre where people can gather and chat, have a cup of coffee, socialise and learn about new happenings in the village and surrounding area, and what services are available in a safe, comfortable and confidential space.

In order to ensure that we are providing assistance where it's needed, the Cobargo Community Access Centre is undertaking a scoping study to help us determine what services are needed in and around Cobargo, and what services are already being provided. We will aim to fill the gaps and not duplicate the great work others are already doing. The funding for this important study has been provided by the Cobargo Community Bushfire Recovery Fund. Over the next month, we will be seeking input and feedback from as many people in our community who are willing and able to provide their thoughts on building this community resource.

Chris and Danielle



MONDAY - Burger Night \$20 inc House Drink & Kids eat half price
TUESDAY - Trivia at 7pm, Pizza Night \$20 inc house drink & kids eat half price
WEDNESDAY - Bingo 7pm, Steak Night \$20 inc House Drink
THURSDAY - Snitty Night \$20 inc House Drink
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Cobargo Conversations

Wednesday Night Dinners

by **Cam**
(formally of
Kitchenboys, Cobargo)

Every Wednesday Cam will be serving a meal at the Cobargo School of Arts, in the supper room.

Bring friends and something to drink. Seating is communal.

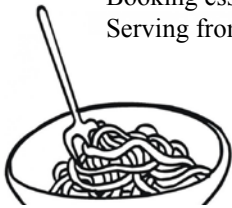
Enjoy one of the dishes on the night and take home a couple of meals for the freezer or a weekday dinner

- May 4th - Pasta Blaster (a choice of 3 Pasta)
- May 11 - Curry Parlour (a choice of 3 Curries)
- May 18 - Soup kitchen (a choice of 2 Soups)
- May 25 - TexMex

The above subject to change without notice

Booking essential 0416 886 880
Serving from 6.00pm to 8.30pm

Cam Starr



Cobargo Green Recovery

Following our very successful Triangle Youth Event 1 in March, Cobargo Green Recovery are looking for motivated community members to join our team.

We have some very exciting projects coming up later this year and would love to have more community support.

If you are interested in finding out more please contact

Tania on 0488091085



Two shots of the Murrabrine Bridge progress in Cobargo. Photo credit Louise Brown

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Murrah Hall's May Events

As the Hall opens its eyes after a long sleep and leaps into the kitchen with Revive, Great Southern Nights, Dead Marines with Michael Menager and the fabulous afro-funk dance music of Mr Ott a question remains: who is in the Hall's hall in May – Let's take a peek ...

Oh, wow!

All-age dance, more all-age dance and then kick back with the best of contemporary country music

So, who, you may wonder? Good question.

For dance and more dance:

The Figmentz – hugely popular in the southern part of the shire, The Figmentz have finally travelled north bringing their banner of the tightest band on the south coast showcasing funk, rock, soul, reggae, ska, original tunes and more with them.

Their Sunday arvo show is an ideal family event: BBQ smells and bouncy atmosphere in autumnal stillness punctuated by the laughter of children. Best of all – all local.

Sunday 15 May from 1.00 p.m. to 5.00 p.m. Entry – \$20

The Northern Folk, a ten-piece band, have wowed everyone at the Cobargo Folk Festival and are absolutely rapt to be back doing their only show in the region sporting a brand of tightly woven alt-folk magnified by massive arrangements and gorgeous indie-pop sensibilities.

Friday 20 May from 7.00 p.m. Bookings through South Coast Tickets or \$25 at the gate.

Felicity Urquhart and Josh Cunningham (of The Waifs) with special guest Robyn Martin of Candelo.

Felicity Urquhart and Josh Cunningham have a collective haul of Golden Guitars, ARIA Awards, multi-platinum album sales

and have toured extensively over nearly three decades.

Saturday 28 May from 7.00 p.m.

Adults \$35, children \$15

For more details for all of May go to the website murrahhall.net.au



Felicity Urquhart and Josh Cunningham will perform in May

U3A Bermagui & District Inc



U3A offers classes taught by local members for members. Membership is available to the whole community. This term we return to face to face classes subject to COVID restrictions so it is essential to check our website for cancellation notices.

**TERM 2 CLASS ENROLMENT IS ONLINE
OPEN FROM WEDNESDAY 27 APRIL 2022
VISIT www.u3abermagui.com.au
OR SEARCH FOR "U3A Bermagui"**

Course enquiries: phone Jan Rivers on 0409 901 672

An overview of courses on offer for this term so far ... Bush 'n' Birds, Apple Technology, Book Chat, China, Women's Forum (new sessions), Fermenting, Movie Critics Club, Wetfelting, Stitchers, Panboola Wetlands excursion, French language classes, MSWord tuition, Volcanoes of Eastern Australia, Moodji Garden visit, the Pilbara, Lawn Bowls and Croquet. Many of our classes are now available to view or listen to online at <https://u3abermagui.com.au/online-resources>.

So, what is a *matsuri*?

The event lived up to its name – Bega Big *Matsuri* – it was big, loud and full of the high energy typical of a real Japanese festival.

Sydney's YuNiOn drumming family and members of its Tribe, in collaboration with Bega's Stonewave Taiko and its Cobargo branch, had all been planning, practising skills and techniques, and rehearsing for two years to get it all together.

The audience were offered earplugs as they bought tickets and this was a good indication of what we were in for. I don't know of any other single instrument that can produce such a big, powerful sound as a giant *odaiko* or the thunderous rolls built up by the smaller *taiko*. As the lights went down, we got ready for the drums to begin.

We were treated to different combinations of drums providing textural variety as well as dynamics ranging from deafeningly loud with massed players giving it their all, to the sound of just one drum beating an almost mournfully slow pulse, or the haunting, eerie sound of the bamboo flute. As well as the different sized drums, there were small hand-held cymbals and the bell-like *kane* as the central timekeepers.

The logistics needed to stage such an event, were complex. The performers moving up to thirty drums around the stage created a form of choreography resulting in all the instruments, stands and people arriving in their next designated position;

everyone knowing what they were meant to do, working quietly together with a calm sense of purpose. It was a mesmerising scene in itself. Nevertheless, we weren't there to see the stage being set up between acts – we were there for the drumming.

The music was precise, fun and full of energy, just like a Japanese festival. The players were obviously enjoying themselves too and when not in a drumming role, they moved through the audience to promote the call and response, swayed

lanterns or danced about, which helped to get us into the feel of the *matsuri*.

It was a fabulous night. The audience left exhilarated and feeling they'd had a glimpse into the sights and sounds of a traditional Japanese festival. At the end, the performers' adrenalin high was staving off their exhaustion, but I'm guessing they will need a few weeks off before they start preparing for the next big *matsuri*.

Deb Worgan



Happy coats, lanterns and bells are all part of *matsuri*



The full Stonewave Taiko ensemble with soloists Tom, Susie and Skye with artistic director David Hewitt on Japanese flute

The genesis of the Giiyong Gumleaf Band

The Triangle, Issue 212, featured the story of how early twentieth century Yuin men at Wallaga Lake, NSW, banded together to play gumleaves to widespread acclaim. Uncle Ossie Cruse (b. 1933) honours his old 'Uncles' by keeping gumleaf playing alive in our corner of the state. He demonstrated gumleaf playing at the inaugural Giiyong (Welcome) Festival in September 2018.

Jasmin (Jazz) Williams, a Bermagui resident and South East Arts' project manager for the festival, recently secured a grant for Uncle Ossie to invite other leaf players to unite in Eden with Toni Houston Media documenting the formation of a new band.

Inspired by the 1922 image of the Wallaga Lake Leaf Band on Tilba Oval (Issue 212), Giiyong Gumleaf Band came to life as a tribute act comprising Uncles Ossie Cruse (Eden), Ossie Stewart (Batemans Bay/Eden), Herb Patten (Melbourne), James Dungay (Kempsey) and Wayne Thorpe (Lake Tyers, Victoria).

On 3 April, the Elders converged to create their entertainment for this year's long-awaited festival.

On 6 April, they enjoyed a bus tour with Toni Houston Media, courtesy of Campbell Page. They met up with Uncle Ossie Stewart over fish'n'chips in Bermagui before receiving a welcome from Djiringanj man Warren Foster Senior at Wallaga Lake. Jeweller Laura Miers gifted each bandsman with a silver gumleaf ring before they performed items in the Community Hall.

Twofold Aboriginal Corporation and Eden Local Aboriginal Land Council worked with SE Arts to produce a second Giiyong Festival at Jigamy on Saturday 9 April. Headline acts Briggs, Shellie Morris, William Barton and Buddy Knox were supported by a swathe of regional artists including duo Nikea Brooks-Hayes and Dre Wicks and the Djaadjawan Dancers.

Conor Herbert-Scott, nine years old, was fascinated by Uncle James's gumleaf demonstration and remained practising

long after other children left the Elders' Tent. Coincidentally, Conor is a descendant of the 'inimitable' Lake Tyers performer Jimmy Scott.

Giiyong Gumleaf Band performed in green shirts embroidered with a gumleaf sprig designed by Alison Simpson. Uncle Wayne introduced a 'Giiyong Welcome Song' and 'Dusty Road to Tyers'. Uncle James sang about drenching Autumn rains; the men honoured country music legend Harry Williams with 'Blue Gums are Calling me Back Home'; and Uncle Herb performed his popular solo version of Lennon's 'Imagine'.

'Jacky-Jacky' was followed by 'Pack up your Troubles' (adopted by Koori families while moving between Lake Tyers and Wallaga Lake to avoid the removal of their children). Uncle Ossie's finale of gospel favourites concluded an honourable attempt to revive a faded band tradition.

Robin Ryan Cruse



Conor Herbert-Scott of Bega enjoys a gumleaf lesson with Uncle James Dungay of Kempsey, Giiyong Festival, 9 April 2022

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Four Winds says Thank You

As you all know, unprecedented rain over the past several weeks has caused many parts of our region to be waterlogged, leading Four Winds to find that much of the amphitheatre and surrounds of the Sound Shell at Barragga Bay were unsafe for Festival artists and audience.

So, with a focused commitment to deliver a Festival, Four Winds took the programmed daytime events and moved them to Cobargo and what an adventure that has proven to be. Across the Cobargo Showground (which became affectionately known as the Cobargo Opera House) and the Cobargo School of Arts we found we could offer an authentic Four Winds experience for artists and audiences, locals and visitors alike. The aim was to ensure a rewarding festival experience in safety and comfort, and to afford the extraordinary Australian artists (already prepared for their performances) conditions enabling them to deliver their best possible performances. With the assistance of many around us, we succeeded!

Four Winds wishes to thank the community of Cobargo for so generously welcoming the Festival – the Cobargo AP and H Society, Cobargo Folk Festival and Cobargo School of Arts Hall all went out



Cobargo community welcomed Four Winds

of their way to help in myriad ways. We could not have turned this around in the time required without you!

The artists, production teams, caterers, vendors, volunteers and the Four Winds team pivoted seamlessly into the Festival across three venues with outstanding performances that delighted audiences. We thank them all sincerely and are so fortunate to have you as part of the Four Winds community.

Our audience embraced this journey with many outstanding, memorable moments. Thank you for your incredible trust in us. One audience member emailed us ‘... to convey the depth of enjoyment derived from the weekend’s rich stream of diverse, multi-faceted performances. I know I was not the only one to be so enthralled by the weekend’s offerings and the light-hearted mood.’

Thanks again to everyone involved – we look forward to more live music with you in coming months.

Gabrielle Waters

The Northern Folk at the Murrah Hall

Four years after their last visit to the South Coast and after multiple cancelled shows, The Northern Folk are excited to finally return for a show at the Murrah Hall, Friday May 20.

The ten-piece indie folk/pop collective, originally from Albury but now based in Melbourne, made a splash with their memorable appearances at consecutive Cobargo Folk Festivals in 2017 and ’18, as well as at the Candelo Village Festival. Their live shows, featuring two

charismatic vocalists, roaring horns and a ‘strength of performance second to none’ (*Beat Magazine*) have seen them play at some of the biggest festivals in the country, such as Woodford Folk, the National Folk, Illawarra Folk and The Hills Are Alive, as well as winning the St Kilda Festival’s New Music Stage Competition and supporting touring acts such as The East Pointers from Canada. Since their last appearance on the coast, they have released their third record, *Watermark*, and they’ll be debuting brand

new songs in May.

They’ll be supported by incredible Candelo local, Anactoria, and her band.

Tickets are \$20+BF presale (via southcoasttickets.com.au), \$25 at the door and \$15 concession. Doors 7.00 pm, Friday May 20.

Come join The Northern Folk at the Murrah Hall for what promises to be a big night!

Khayl Picard



The Northern Folk, 2019. Photo credit Simon Pickering

Stardust + The Mission – **a double bill coming to The Twyford in Merimbula**

Two powerful yet forgotten Australian stories uncover our past to reveal who we are today. The first, *Stardust*, is presented by award-winning ABC presenter and performer, Joel Carnegie. The second, *The Mission*, stars acclaimed Gunditjmara actor, Tom Molyneux, and members of The Bega District Brass Band contribute their excellent music.

Stardust tells the story of bandleader and trumpet player, Col Brain. Before he died, Col placed his most prized life possessions into a cupboard and locked it up, never to be opened again. But what was inside? This is seen we see this through the eyes of his grandson, Joel Carnegie, who opens the cupboard and discovers a time capsule of Australian musical life. He embarks on a heart-warming quest to uncover what Col wanted us to know about his life through the things he left behind.

The Mission follows the journey of ‘Fighting Gunditjmara’ man, Allan McDonald, who was one of the first Aboriginal soldiers from Victoria to enlist for war. He fought at Gallipoli

and Beersheba, only to be denied a soldier’s settlement block on his return to Australia and then he was forced from his land at the Lake Condah Mission. This captivating and rollicking story, told by his great-great-nephew, Gunditjmara man Tom Molyneux, tells the truth of Uncle Allan’s struggle: fighting for Country, for love and for justice.

This project is proudly supported by Regional Arts Victoria, the Victorian Government through Creative Victoria, Playing Australia and the Restart Investment to Sustain and Expand (RISE) Fund – an Australian Government initiative.

Experience this award-winning double bill of theatre at The Twyford in Merimbula on Saturday 7 May at 6 pm or Sunday 8 May at 11 am and meet two ordinary individuals whose extraordinary lives still reverberate to this day.

More details and tickets available online at thetwyford.com.au or call Lis on 6495 7435.



Coming to The Twyford in Merimbula soon

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Seating Arrangements –

a solo exhibition by well-known local artist, Tim Moorehead

Tim Moorehead lives and works on the coast at Mogareeka. He has been exhibiting overseas, throughout Australia and within the surrounding area for more than fifty years. In 2007 he was inducted into the H. C. Coombs Roll of Honour for

Creative Arts at the ANU. In 2018 he was a finalist in the National Shirley Hannan Portrait Award. In 2019 he was a finalist in the Basil Sellers Art Prize and, in 2021, he was a finalist in the River of Art Award.

And there will be an Artist Talk at the Spiral Gallery by Tim Moorehead at 11 am Saturday 7 May – all welcome.

Tim Moorehead

This exhibition is Tim Moorehead's first solo exhibition in this area since 2018. He works in a variety of media including painting, ceramics and drawing.

Seating Arrangements features twenty individual works including pastels on hardboard, mixed media on heavy-gauge art paper and ceramic wall-hanging plates. He says, 'The inspiration for this series of work revolves around personal belongings and how they reflect the owners' personality. Chairs all have individual characteristics depending on design, materials that make them up, age, colour and where they are placed. All of us have a favourite chair or two. These are some of mine.'

Seating Arrangements can be seen at Spiral Gallery, Bega, NSW from 6– 25 May, 2022.

It will be opened by BVSC Councillor Cathy Griff at 5 pm on Friday 6 May – all welcome.



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Art in the Triangle

***Fabulous Fibres* exhibition by the Bega Valley Textile Group at the Lazy Lizard**

This exhibition showcases the work and talents of the many skilled fibre artisans of the Bega Valley and includes some beautifully knitted and crocheted items and garments, as well as those that have been felted, woven, dyed or stitched. The exhibition allows locals and visitors to purchase some the fabulous handmade and designed creations of our community's artisans.

Group members are slowly catching up with the relaxing of COVID restrictions and making a return to face-to-face meetings. The group meets weekly in the former operating theatre at the Old Bega Hospital and once a month at the CWA rooms in Cobargo.

In February and March two workshops were held to introduce Quaama residents, affected in any way by the 2019 bushfires, to the crafts of indigo dyeing and mosaic crocheting. Despite the COVID-forced delay of two years, the workshops were enthusiastically embraced. Fourteen keen Quaamaites attended each workshop and a few have followed up by attending the Cobargo meetings.

The group is now preparing for the third and last of the Quaama Workshops – hand weaving a scarf using a rigid heddle

loom. This will be held on Saturday 4 June, from 10.00 am until 4.00 pm. These workshops are run by members volunteering their time and expertise.

The members of the group are generous in sharing their skills with others and workshops in felted baskets and colour theory are scheduled soon at the group meetings.

This exhibition will be at the Lazy Lizard for the month of May, so please stop in and be dazzled by the fabulous works of this diverse group of artisans.

Delmah Rosemond



A selection of work from the Bega Valley Textile Group



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Squiggles

Squiggles is a very attractive and affectionate ten-month-old female black and white Kelpie-Maremma cross. She is great with other dogs and respectful of even small children. After she's burnt off her energy, she's happy to lie around snoozing. She's definitely not suited to being around stock or chickens or small animals. Currently she is in foster care in an urban area with a large area for playing with the other dog. She has been off leash at the beach where she had a great time and her recall was good. She will benefit by attending obedience classes or being with

an experienced dog owner who can help her develop to her full potential. She will cost \$450. If you are interested, please give our enquiry number a ring – 0400 372 609 (phone hours are Monday to Friday 9.00 am – 5.00 pm).

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed, and treated for fleas and ticks. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that, eventually, we will be able to stop unwanted litters. Please note that potential dog owners will need to have

secure dog-proof fencing and be suitable for the animal's needs.

You can view available animals on the Facebook page of the Animal Welfare League, Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption. If you would like to become a member, please call 0400 372 609. If you have lost or found a companion animal, please call BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area, that includes Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden, for local residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

As the weather is still sometimes quite warm please remember not to leave pets in cars. It is against the law and is a very cruel death. Phone police if you find a dog shut in a car and they are panting.

A decorative advertisement for 'Tilba's Own Sweetwater' featuring a dark green background with gold-colored text and ornate scrollwork. At the top, it says 'NOW OPEN'. Below that, 'TILBA'S OWN' is written in a curved banner. The main text 'SWEETWATER' is in large, bold, serif letters. Underneath, 'EST. 2021' is written in a smaller font. At the bottom, 'SMOKEHOUSE BAR AND GRILL' is written in a rounded rectangular box. The entire ad is framed by a decorative border with corner ornaments. At the very bottom, it says 'A MIX OF THE 1800'S ERA AND A 70'S ACID TRIP'.

***The Quest for
Eden-Monaro:
A Core Sample of
Australian Democracy***

Eleanor Robin

**Australian Scholarly
Publishing, \$39.95**

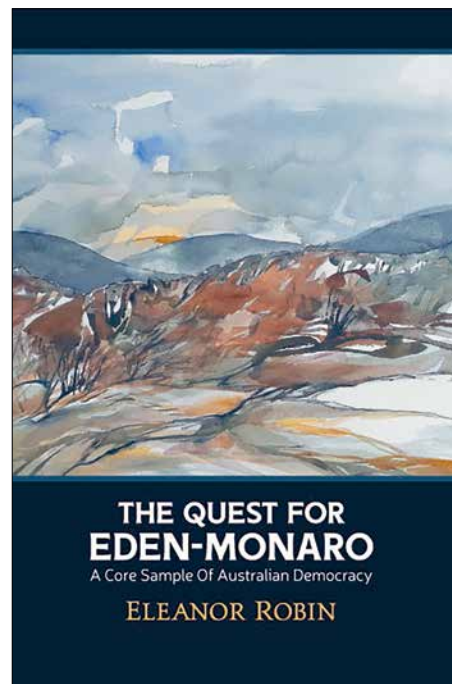
There are several aspects of Eden-Monaro, our federal electorate, that many know about it, or think they do. It is one of the original Federation electorates – it was established in 1901 and, although its boundaries have changed many times in keeping with changing population numbers, it is still recognisably the same electorate that it was 121 years ago. It encompasses the high plains of the Monaro, the snowy alpine areas, heavily forested mountains and valleys and the coastal strip down to the Victorian border; the economic base of the rural areas includes forestry, hydro-electricity, fishing, tourism, dairying, fine wool, beef cattle and horticulture; and it includes the regional city of Queanbeyan and now encircles the ACT. It was known as a bellwether seat between 1972 and 2016 – meaning that whichever party won Eden-Monaro went on to form government.

But that reputation has not always held true and, in fact, it has had two members who between them served the electorate, sometimes from government and sometimes in opposition, for just over fifty of the past 121 years – its

first member, Austin Chapman, who represented Eden-Monaro for twenty-five years from 1901 until his death in 1926, was a member of three different parties; and Allan Fraser from the ALP who was the member for twenty-six years from 1943-'66 and 1969-'72. These two men were an exercise in contrasts but, clearly, they were both able to appeal to the diverse electorate of south-eastern NSW over many decades.

Chapman's father was Roman Catholic, a publican and wheelwright, and his son, Austin, married into a large Irish-Catholic family of businesspeople and became a publican and businessman in his own right. He maintained an independent streak, to the point that he was sceptical about the need for political parties, and was deeply loyal to those who mentored him. He was convivial, a great talker, a prankster and joker. His political conservatism was leavened by his progressive approach to some issues: he was totally opposed to Kanaka labour (calling it 'black slavery'), believed in fair and adequate wages for working people and supported the payment of parliamentarians (recognising that, without payment, Parliament became the preserve of the wealthy).

By contrast, Allan Fraser, a self-declared Socialist, was a reserved man, deeply thoughtful, a talented writer and an excellent parliamentary speaker with a quiet sense of humour. He was the son of a mining engineer and spent his boyhood in Tasmania. His grandfather had been a minister of religion and his parents were deeply political and passionately interested in social and political reform. His ambition from early childhood was to be a journalist



(he eventually became a Press Gallery journalist in Canberra) and to become a member of parliament – and he achieved both. When he was asked to run for preselection for the seat of Eden-Monaro, which at this time included the ACT, he accepted with alacrity. Eden-Monaro, as a largely rural seat, was considered conservative in nature and yet Fraser, who was anything but, managed to hold the seat for twenty-six years while remaining an independent thinker and true to his values.

This book delves into the many and detailed reasons behind their long occupations of the same position and is a book for all political tragiacs, like me, but also for anyone interested in the history of politics in Australia.

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Cooler days are here so it's time to pull out some comfort food recipes. Nothing satisfies like Mac 'n' Cheese but as many of us are trying to eat fewer carbs, this cauliflower version is a fabulous substitute. It's full of veg but even the pickiest kids will love it. Zucchini bread is moist and delicious and the perfect way to use up that last big zucchini that got away. Pair it with whipped butter with honey and it's a special treat to have when you want to sit down with a cuppa.



Cauliflower Cheese

Ingredients:

- 1 large or 2 small heads of cauliflower – cut into bite-sized pieces
- 2 tablespoons butter
- 3 tablespoons flour
- 2 cups whole milk
- 1½ teaspoons salt
- ¼ teaspoon cracked black pepper
- ½ teaspoon garlic powder
- 2 cups shredded sharp cheddar cheese

Method:

- Preheat oven to 190 °C degrees.
- Steam cauliflower al dente. Drain and set cauliflower aside.
- In a large saucepan, melt butter over medium heat.

Stir in flour and cook for about 3 minutes or until it takes on colour.

Gradually whisk in the milk, a little at a time, until completely incorporated and mixture is thick and smooth.

Remove from heat. Add salt, pepper, garlic powder and shredded cheese and stir until melted and smooth.

Toss in the cauliflower. Transfer to a 33 x 23cm baking dish.

Bake for 25 minutes until cheese is bubbly and begins to brown.

You can use tasty cheese with grated parmesan, or try other melting cheeses like Havarti if you prefer.

Zucchini Bread

Ingredients:

- 1/3 cup melted coconut oil
- ½ cup honey or maple syrup
- 2 eggs
- ½ cup milk or water
- 2 teaspoons vanilla extract
- 1 teaspoon baking soda
- ½ teaspoon salt
- ¼ teaspoon nutmeg
- 1 teaspoon cinnamon
- 340 grams grated zucchini
- ¾ cups roughly chopped walnuts
- 210 gms flour

Method:

Preheat oven to 160°C. Prepare a 20 cm x 13 cm loaf pan with baking paper or grease and flour to prevent from sticking.

Lightly toast the nuts and set aside.

In a large bowl, combine the coconut oil and honey/syrup. Whisk until combined.

Add the eggs and beat in well.

Add the milk, vanilla, baking soda, salt and spices, and whisk to blend.

Squeeze excess moisture out of the zucchini. Stir the flour until just combined. Don't overwork it. Fold in the walnuts.

Pour into the prepared pan and sprinkle lightly with additional cinnamon.

Bake for 55 to 60 minutes, or until a toothpick comes out clean. Cool in the pan.

This moist bread will keep for several days in the fridge or slice and freeze it.



Whipped butter with honey

- 125 grams unsalted butter, softened
- 3 tablespoons honey
- ¼ teaspoon ground cinnamon
- salt flakes

Combine the softened butter, honey, cinnamon and salt.

Whip the ingredients together until the butter is light and fluffy.

Scoop into a bowl and drizzle a bit of honey on top plus a sprinkling of flaky finishing salt.

This is delicious on zucchini bread, pancakes, toast, porridge or on roasted sweet vegetables like pumpkin, sweet potato and carrots.





Camomile



Lemongrass



Rosemary



Thyme



Parsley



Mint



Lavender

Herbs for all seasons

With the ever-increasing demand for food to be labelled with the origin of the supply, one sure method of knowing the location of where it is grown, is to grow your own.

With the desire to try new and exciting taste sensations a great way of doing this is to use the amazing number of herbs that are available to us that are easily grown in our own backyards.

Herbs are tolerant of a wide range of growing conditions and they grow well with very little maintenance. However, for the best results it is best to categorise them into four groups. If you follow the growing hints for each group, your herbs should be healthy, flavoursome and fragrant.

Initially though, the preparation of the site is most important with a light, well-drained soil and generally in full sun. Although there are some herbs that prefer a light shade.

Before planting dig the soil to about 25 cm deep and if the soil lacks any decent humus, it is a good idea to add some well-rotted cow or chicken manure and either some blood and bone or a complete fertiliser. Some garden lime can also be added at the rate of half a cup per square metre. Fork all this together and probably let rest for a week to ten days.

Getting back to the four categories of herbs they are categorised into: Mediterranean herbs; summer high moisture users; vegetable culture herbs; and those that will suit most conditions.

The Mediterranean group includes thymes, sages, lavender, marjoram, rosemary, French tarragon, lemon verbena, oregano and several others.

These herbs will handle low soil fertility, higher lime or alkaline soils, require very good drainage hence lower water requirements.

The next category is the summer herbs that have high moisture requirements and include the mints, water cress, lemon balm, lemongrass, sorrel, cardamon (and all the ginger-related herbs) and several

others. Many of these become dormant in winter.

These herbs prefer a soil with a high nutrient content and will not perform well if allowed to dry out. Saying that though, the soil must be well drained and not waterlogged apart from the mints that will still perform in wet conditions.

Thirdly the vegetable culture herbs include basil, chives, parsley, rocket, coriander, dill, fennel and several others.

These herbs again like high soil nutrients with the focus being on high levels of nitrogen. They also prefer good summer moisture.

Finally, the last group are the suit most conditions herbs. These include borage, feverfew, tansy, winter tarragon and aloe vera to name a few.

These will handle the conditions of all the above.

So, when planning your herb garden, it is important to divide your garden into the four categories mentioned. This will make it much easier to maintain and ensure that each herb gets the best conditions for healthy growth. A variety of foliage types within each group will also make the garden visibly more appealing.

Other factors to consider in the location of the garden

- have it close to the kitchen so quick access is available;
- use it regularly so fresh material is always coming on; and
- replace plants like parsley every two years as they often go to seed.



Herbs come in perennial and annual forms with the perennial types usually dying down over winter. As they die back, give them a cut back and in early spring spread a handful of complete fertiliser around them with a few handfuls of composted cow manure. This will get them off to a good start. Annual forms will require replacement every year.


For those of you who have difficulty in providing a plot for your herbs remember that they do very well in containers. Just follow the guidelines above and keep plants requiring the same conditions together in the same container. Mints can become invasive so are best grown in a pot under the backyard tap. Remember always use a premium potting mix in the potting process and regularly feed with a seaweed/fish emulsion fertiliser.

Happy herbing!

TILBA NURSERY

The Avenue, Tilba Tilba, NSW


Specialising in rare and unusual plants, herbs, organic fertilisers, mulches, Eden seeds and ECO friendly seedlings.

Previously 'The Spires Nursery',
we've moved to The Avenue, Tilba Tilba
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Owners | Keith and Desiree
Phone | (02) 4473 7196
www.tilbanursery.com.au
Facebook | @tilbanursery

OPEN 7 DAYS A WEEK
Mon - Sun | 10.00am - 3.00pm



For the fridge door

MAY	WHAT	WHERE	TIME
Sun 1	Meet the Candidates Forum: hosted by Clean Energy for Eternity & the Bermagui Community Forum	Bermagui Country Club (free)	10 - 11.30 am
	Matt Preo	Cobargo Hotel	5 - 8 pm
	Steve Benic	Tilba Valley Winery + Ale House	12 noon
	Craig Sinclair	The Drom	1 pm
Mon 2 - Sun 15	Explore local history at the 2 nd oldest surviving building in Bega - Free admission	The Bega Pioneers Museum	10 am - 2.00 pm
Weds 4 - all May	Fabulous Fibres BV Textile Group	The Lazy Lizard	10 - 3 pm
	Bermagui Seniors Meeting	Bermagui Country Club	11.30 am
Fri 6, Sat 7, Sun 8	Cobargo Folk Festival Gathering see advertisement pg 15	The Cobargo Showground	Starts 6 pm Fri finishes 3.30 pm Sun
Fri 6	Bermagui CWA BBQ lunch all welcome	Corunna St rooms	12 noon
Sat 7	Book launch: <i>The Quest for Eden - Monaro: a Core Sample of Australian Democracy</i> by Eleanor Robin	Well Thumbed Books introduced by Frank Bongiorno Professor of History ANU	10.30 am
	Stardust + The Mission double bill	The Twyford Hall	6 pm
Sun 8	Stardust + The Mission	The Twyford Hall	11 am
	Chris O'Connor	The Drom	1 pm
	Mark Austin	Tilba Valley Winery + Ale House	12 noon
	Chango Tree	Cobargo Hotel	5 - 8 pm
Mon 9	Curry Night community dinner	Tilba Hall	6 pm
Sat 14	Solo West	Tilba Valley Winery + Ale House	12 noon
Sun 15	The Figmentz Sun arvo dance \$20	The Murrah	1 pm - 5pm
	Val Moogz & Moondog	Cobargo Hotel	5 - 8 pm
	Dust & Echoes	The Drom	1 pm
	Dan Challis	Tilba Valley Winery + Ale House	12 noon
Fri 20	The Northern Folk supported by Anactoria	The Murrah book online	7 pm - 10 pm
Sat 21	Val Moogz aka Hannah Mtsk	Tilba Valley Winery + Ale House	12.30 pm
Sun 22	Dust & Echoes	Cobargo Hotel	5 - 8 pm
	Mayfair Lane	The Drom	1 pm
	Benji Fowler	Tilba Valley Winery + Ale House	12 noon
Fri 27	Oscar Litchfield <i>Call me Up</i> single release. <i>Ticketed</i>	Tilba Valley Winery	5 pm
Sat 28	Felicity Urquart & Josh Cunningham guest Robyn Martin see pg 28	Murrah Hall \$35, \$15 kids	7 pm onwards
	Mayfair Lane	Tilba Valley Winery + Ale House	12 noon
Sun 29	Captain Ablit and the Bluetrash	The Drom	1 pm
	Gary Carson Jones	Cobargo Hotel	5 - 8 pm
	Michael Menager	Tilba Valley Winery + Ale House	12 noon
Tues 31	Quaama Tennis Club AGM	Ring Beck 0429 306 761	6 pm

CROSSWORD ANSWERS

ACROSS 8 Oxidize, 9 Rainbow, 10 Culinary, 11 Elicit, 12 Nurture, 13 In depth, 14 Coot, 17 Cello, 19 Y M C A, 23 Affects, 24 Invites, 25 Lies in, 26 Piercing, 27 Remarks, 28 Upgrade.

DOWN 1 Volcanic, 2 Jillaroo, 3 Lion cub, 4 Near here, 5 Came into, 6 Entirely, 7 Holistic, 15 Offsider, 16 The usual, 17 Cut snake, 18 Lair it up, 20 Mythical, 21 Assigned, 22 Average.

FAMOUS PARTNERS

1. f, 2. n, 3. t, 4. y, 5. u, 6. z, 7. w, 8. a, 9. v, 10. r, 11. o, 12. d, 13. p, 14. i, 15. x, 16. b, 17. k, 18. h, 19. j, 20. l, 21. e, 22. g, 23. s, 24. c, 25. q, 26. m

The OK Shed

OP SHOP

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Fabulous bargains to be found for our beautiful community and visitors. Good quality donations welcome during opening hours.

Contact: Vanessa 0408 177 131

Game On

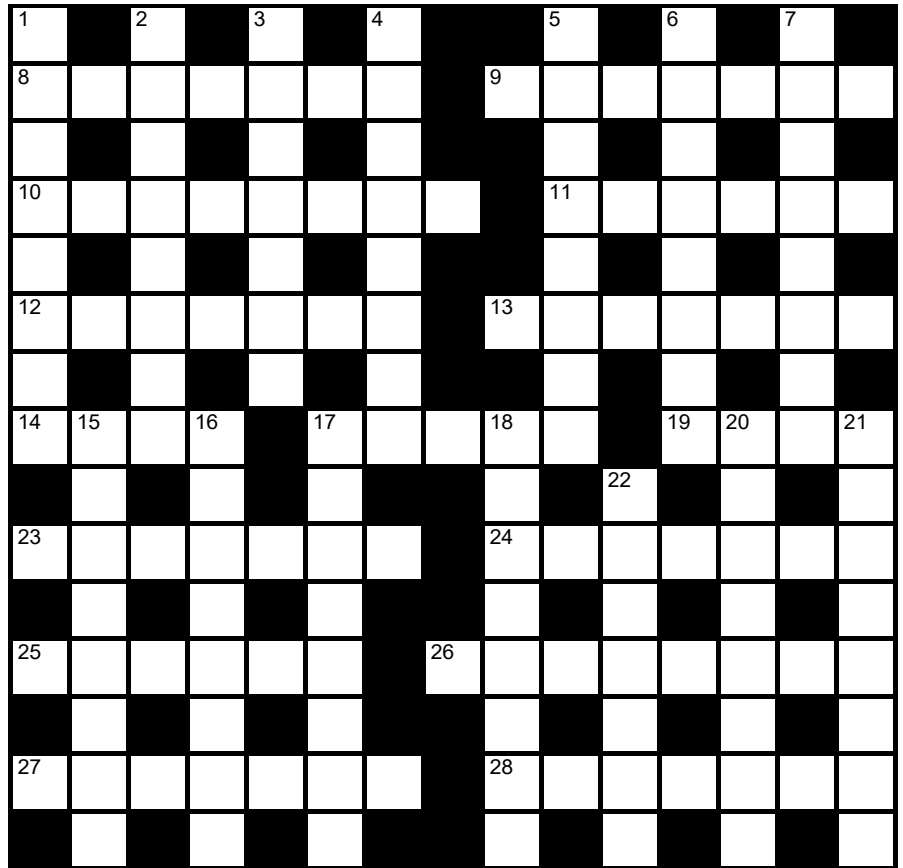
CROSSWORD

ACROSS

- 8 Burn (7)
- 9 Illusory pointer to gold (7)
- 10 Used in cooking (8)
- 11 Bring forth (6)
- 12 Bring up (7)
- 13 Very detailed (2,5)
- 14 Dark-grey waterbird (4)
- 17 Second largest stringed instrument (5)
- 19 Youth charity (1,1,1,1)
- 23 Impacts (7)
- 24 Asks over (7)
- 25 Gets up late (4,2)
- 26 ShriII (8)
- 27 Comments (7)
- 28 Frequent-flyer perk (7)

DOWN

- 1 Explosively violent (8)
- 2 Cattle station trainee (8)
- 3 Pride young 'un (4,3)
- 4 Not far away (4,4)
- 5 Inherited (4,4)
- 6 Wholly (8)
- 7 Kind of medicine (8)
- 15 Assistant (8)
- 16 You know what I'm drinking (3,5)
- 17 In a rage, you might get as mad as one (3,5)
- 18 Behave in a vulgar way (4,2,2)
- 20 Like unicorns (8)
- 21 Designated (8)
- 22 Unremarkable (7)



FAMOUS PARTNERS

- | | |
|---------------------|------------------------|
| 1. Hugh Jackman | a. Buttercup |
| 2. Gough | b. Lady Bird |
| 3. Elton John | c. Lord Alfred Douglas |
| 4. Clark Kent | d. Elizabeth Bennet |
| 5. Johnny Cash | e. Bec |
| 6. Bonny | f. Deborah-Lee Furness |
| 7. John Lennon | g. Wilma |
| 8. Wesley | h. Vita Sackville-West |
| 9. Peeta Melark | i. Sarah |
| 10. Han Solo | j. Mindy |
| 11. Popeye | k. Miss Piggy |
| 12. Mr Darcy | l. Silver |
| 13. Rick | m. Diego Rivera |
| 14. Abraham | n. Margaret |
| 15. Ricky Ricardo | o. Olive Oyl |
| 16. LBJ | p. Ilse |
| 17. Kermit | q. Jay-Z |
| 18. Virginia Woolf | r. Princess Leia |
| 19. Mork | s. Jackie |
| 20. Roy Rogers | t. David Furnish |
| 21. Lleyton | u. June Carter |
| 22. Fred Flintstone | v. Katniss Everdeen |
| 23. JFK | w. Yoko Ono |
| 24. Oscar Wilde | x. Lucille Ball |
| 25. Beyoncé | y. Lois Lane |
| 26. Frida Kahlo | z. Clyde |

SUDOKU

3		9	4			1	7	
				7		2		
4			9			3		
			8			4	3	
1			7	3	2			5
	3	8			4			
		3			6			4
		5		9				
	2	6			8	5		1

Answers on page 39