

# THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

**QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

Circulation 1500 plus online visits

ISSN 2652-9084

Issue No 210 September 2021

## Putting the bridge in the wrong place

Isn't life in the Triangle strange sometimes? At Cuttagee we have a beautiful timber bridge that has been earmarked for replacement, because it is timber. Twenty kilometres further north at Wallaga Lake there is a need for a bridge to replace part of the causeway so that a potential environmental disaster can be avoided. Guess which one is ready to be supported and funded by Bega Valley Shire Council and the NSW Government and guess which one can't raise a glimmer of interest? You got it! Cuttagee Bridge is ready to disappear, possibly delayed slightly by pesky residents who don't want a beautiful bridge replaced by an ugly one.

Meanwhile, Wallaga Lake continues to fill with soil washed down from farms, having had a massive initial input of silt from the gold mining activities around Gulaga in the late nineteenth century. Before European settlement, Wallaga Lake opened to the ocean and, once Europeans did arrive, there was a big enough entrance for large sailing ships to enter and anchor near where the bridge is now. Wallaga Lake used to have 80 metres of water at the deepest point when measured by core samples. Now the same place is only 20 metres deep. That is the result of sixty metres of mud and silt coming into the lake from upstream.

It is rare to see anyone swimming in the Lake. Why? Because when you try and walk out you will sink to your ankles in mud. Wallaga Lake is no longer permanently open and it has been conveniently redefined as an intermittently opening body of water.

How did it come to this?

Cream and other produce needed to be transported from Tilba and surrounds to



Wallaga sandbars – looking back from Murranna Point the extent and size of the sandbars and the reduced tidal flow is obvious, even when Wallaga Lake is open to the ocean, as it is now.

Sydney. When the Wallaga Lake entrance became unstable due to siltation from upstream mining activities, farmers still needed to get their produce to the wharves at Bermagui. So a bridge was built, a similar structure to the bridge there today. To save money the Government at the time built a long causeway leading to the bridge. This effectively cut the lake in two. This severely blocked the water flow and, as you can see from Wallaga Lake Heights, the sand banks are getting higher, the water's path to the ocean is bent and twisted so the tidal flow slows, causing the sand to drop to the bottom, building up the sand banks even more. At low tide, there is more sand than water visible on the east side of the causeway bridge. That is why the entrance closes more frequently now.

The answer, according to an eminent

engineer, appears to be relatively simple. Replace 40 or 50 metres of the causeway with a bridge that will allow the tides to move freely, and thus find the balance between water and silt that will allow the entrance to stay open.

So if funding for a bridge is available why not transfer it from where construction isn't wanted by the people who live there? A bridge should be built north at Wallaga Lake to replace part of the causeway that is blocking tidal flows in and out of the lake. This would also allow that road to stay open longer when we receive flooding rain and the road has to be closed. Rising sea levels will require this action within a few years anyhow. Why not do it soon, and give Wallaga Lake a chance to survive.

*Keith Bashford  
Fairhaven*

We have been fortunate, living in a naturally beautiful region with a diverse, rich and cohesive community – and, to date, we have been COVID free. But now things have changed and the risk of COVID seeping into our area is significant. With the explosion of COVID-positive cases leaking from Sydney as well as somewhat fuzzy guidelines, the threat of local infections has become more real. A fairly comfortable, life-as-normal attitude has given way to a brooding feeling of ‘it’s coming’ as a sense of uncertainty and vulnerability is growing.

Locally, the lockdown shows up with multiple cancellations of events, minimal traffic, fewer outings and considerably less interaction. The effects of less social contact are considerable for some.

So, it is important to wear masks

properly (as the nose carries about 80% of the viral load and, if you are infected, the virus is in the nasal passages before it is detectable using COVID testing), sanitise hands regularly, keep physically distanced and stay at home. Compliance is about protecting the whole community as much as ourselves if the infection does come our way. Past crises indicate that civil rights resume after such emergencies.

Amid the chat rooms and posts on social media that keep us connected, it is wise to keep a discerning eye on the sources of information. The scourges of smallpox and polio no longer plague us – not due to never-reached, herd immunity but because of mass vaccination campaigns. The waves of intake of children into schools for the deaf and blind correlated with outbreaks of mumps and measles.

The risks of the COVID-19 virus are real and serious. This virus kills and 10% of those infected experience long-term, debilitating effects. In the UK, pediatric wards are opening for children with long-term COVID.

Obviously, we want to prevent the outbreak getting into our health systems, age and disability services and schools, homes and Indigenous communities. We are all inconvenienced by the restrictions and, for some businesses, shattered, yet these impositions are time-limited.

COVID is a shared threat to protect the well-being of each and all, the times call for acting for the common good. Like with the fires, it is our care for each other, shared responsibility and vigilant awareness that are our strengths. Reach out, make a phone call – how are you going?

Are you OK?

## Letters to the editors

### Hi there, My name is Sam

and I work at the Shell petrol station in Bermagui, NSW.

Sometimes, I forget to thank the people who make my life so happy in so many ways.

Sometimes, I forget to tell them how much I really do appreciate them for being an important part of my life. So thank you, all of you, for being so supportive.

The money that you donated to me when I was in difficulty I will now double and donate to *The Triangle*.

*Sam Shaikhe,  
Bermagui*

### Plea to BVSC

Why is our sportsground being used as a rubbish tip? When is someone going to get a bit of common sense and put our rubbish tip back to where it has been for about eighty years?

*Norm Reed  
Cobargo*

### Warning

My pump weight bar and weights and a hand dumb-bell were stolen out of my Wallaga Lake Ingenia Park carport two weeks ago during the day while I was sleeping after a night shift. The thieves were very bold and must have seen the weights while walking past – and thought that they needed them more than I do!

I’m a nurse in my 60s and use the weights to keep the old body strong enough to do the work that I love. Everywhere is so short staffed. I can’t replace them any time soon – I have scoured the second-hand shops for them to no avail – and they are on the lookout for me too.

I feel so sad and have certainly lost my sense of safety and security. Fear at my age isn’t great.

Perhaps, sadly, warning people that thieves of opportunity are everywhere may be a good idea. Thanks for ‘listening’. Stay safe, happy and well – and laugh every day.

*Christiane Violet,  
Wallaga Lake*

### Signs to protect our native animals

Dear *Triangle*,

I noticed in the August edition the children from Quaama have erected signs asking travellers to slow down for wombats. Good on you kids – caring country people!

Some time ago I wrote to Bega Valley Shire Council asking for wildlife signs to be erected along Wallaga Lake Road, especially north from the Cobargo turnoff to the highway.

I stated that the carnage was truly heartbreaking, especially during tourist season, or when there hasn’t been any recent rain, as the roos come to the side of the road to eat the fresh green pick that grows from moisture run off.

The reply that was given to me verbally was, ‘We don’t erect signs any more because nobody takes any notice of them.’ I was quite stunned with that attitude; perhaps it is more likely to be a money-saving tactic, however the number of dead animals along that stretch of road continues.

Personally I always slow down if I see these sorts of signs and even in Queensland you see signs stating that cassowaries are about.

Locals care and I believe do take it easy, especially on dusk, but maybe we ought to put up some of our own signs – although it is probably not legal to do so!

Cheers all,

*Lori Hammerton,  
Beauty Point*

## Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts

no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.



### Thumbs UP

To the traffic controllers working at Sams Creek who, every evening and weekend, after work, took down the speed signs!

To whoever does the window dressing at the Cobargo Community Bower Bird Op Shop. Both windows change regularly and are a positive delight to see. Someone very talented is responsible and they deserve an accolade.

To the mystery person who has sent cards to EVERY Marine Rescue base in NSW - a real handwritten card with a stamp and everything.

It is always nice to be appreciated even anonymously.

### Thumbs DOWN



To the hooligans in 4WDs who have wrecked the wetlands walking track below Keating Drive south side. Your imbecilic driving on boggy wetlands vegetation has left deep ruts that will be there forever.

I hope you do not live permanently in Bermagui.

## Letters, cont....

### Dear Editor,

Like many others I was disappointed at Mr Morrison's 'I don't hold a hose, mate' response to our region's 2019-20 catastrophic bushfires. And I was surprised that he and his government made such a mess of ensuring an efficient national COVID vaccine rollout and an adequate international quarantine system last year. I am also ashamed that the Australian government has now effectively abandoned many Afghans who had worked with and helped Australian soldiers during the period of our involvement in the war. When Australia quietly pulled troops from Afghanistan early this year, Mr Morrison's government put in place a multi-stage visa application process that has proven impossible for most people to navigate.

They are now likely to face savage retribution at the hands of the Taliban.

Mr Morrison had months to put in place measures that could have rescued these friends and allies of Australia.

A proposed airlift after the Taliban takeover will be another case of too little, too late.

*Jack Miller, Bermagui*

## Blue

Black glossy satin bower bird has built an arch of twigs beside my rustic paling fence near shrubs, so quite well hid

This splendid native artist toiled to build a courting place to woo a timid lover with his ardent charm and grace

Two rounded sides are parallel in line from south to north for wild bewitching rituals with access back and forth

The hearth is quite extensive and smoothly spread with straw  
With a small array of objects blue for females to adore

A local nature lover called and saw what I had found  
a stunning installation standing proudly on the ground

She frowned at me then looked askance and said, 'Did you build this?'  
a very strange assertion which I instantly dismissed

I turned to her and quickly thought you really must be daft  
as if I'd have the mastery to simulate that craft

She'd had a bower at her place, and she may have thought today  
I'd conjured up a magic trick to tempt the male away

That earnest satin bower bird knew how to lure a mate  
collecting bright blue plastic stuff his bower to decorate

When next she came to visit me and went to check the bower  
she saw seventeen blue bottle tops and several yellow flowers

Blue-handled plastic scissors, with blue pegs that they love,  
biro, tape and ribbons, and an old blue rubber glove

She frowned at me and questioned me with, 'Did you put them there?'  
a very strange conclusion and I started to despair

I know my life's prosaic and I'm often bored you see  
but robbing village garbage bins is not my cup of tea

Her seeming disillusion that this magic at my place  
reeked of ruse and subterfuge was, frankly, quite misplaced

So next time when she calls me I will say I cannot stop  
as I'm scouting 'round the village for some bright blue bottle tops!



*Bronte Somerset*

## Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Images and graphics should be sent as attachments – not embedded into your story. Please send the original digital photo or image, uncompressed, so we have a large file to work with. Generally above 1 mb is large enough. Accepted formats include jpg, jpeg, png and pdf. Please include a caption for your photo at the bottom of the article it accompanies. Contact us for assistance.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

# Dr Gundi gives us a local COVID update

*The Triangle* asked Gundi Muller-Grotjan, one of our local GPs, for an update on the COVID situation and put a number of questions to her.

## How is the vaccine rollout going down here?

Over the last few weeks we have experienced an increase in demand for vaccinations in the local area, and this has increased even more since the lockdown of regional NSW. At the Narooma Lighthouse Surgery we now vaccinate every day with AstraZeneca and run Pfizer vaccination clinics at least once a week. So far, we have had no problem filling our appointment books. We can supply AstraZeneca vaccinations at Bermagui Medical Centre but no Pfizer or COVID tests as Bermagui is not an accredited Department of Health respiratory clinic.

Unfortunately our receptionists are having a very hard time keeping up. Amazingly there are still a number of people who are insisting on detailed discussions with the reception staff about eligibility criteria, about their own personal and unique circumstances etc. At times we simply can't put enough calls on hold as we don't have enough phone lines. We now have an online booking option, both for vaccinations as well as for COVID test swabs. We will try to simplify this process by incorporating this into our website, [lighthousesurgery.com](http://lighthousesurgery.com) – just click on 'COVID vaccines'. So far the process is to sign in via HotDoc, our booking company. Either way, if even some people make use of this option it would help our reception staff immensely. This applies particularly for people who are not our regular patients but who are booking a vaccination or a COVID test. They are very welcome to have these at our clinic but we have to create a new file for every new patient.

## What is the level of supply and the level of demand locally?

For General Practice this remains a very busy time. So busy in fact that it is sometimes hard to keep up with the ever-changing information out there. Most of my patients are better informed than I am about case numbers, detailed information on potential side effects of the vaccination etc. The days are just so short ...

Thankfully the NSW Health website is easy to navigate and does have good links. We refer people to the online eligibility checker frequently. It is easy to use and is updated by the Department of Health. If someone is eligible we book them in.

We would like to immunise anyone who wants the Pfizer vaccine and eventually hope to do so but have to be mindful of availability of vaccines and workforce. The people who are still waiting to become eligible for the Pfizer vaccine are the young and well. It makes sense that they have to wait a bit longer.

Anyone over 18 can book in to have an AstraZeneca vaccine. We ensure that these people get the chance to discuss their choice with a GP (free of charge) before being vaccinated. This is because of the widespread firm belief in the general population that Pfizer is the 'good' vaccine and AstraZeneca is the 'bad' one. Both vaccines are effective against COVID infection and very effective against hospitalisation from COVID infection but the AstraZeneca vaccine can cause more uncomfortable side effects. The very small risk of clots from AstraZeneca is a calculated risk. As we now have increasing COVID case numbers all over NSW the risk of clots has become a lot smaller than the risk of being infected with the disease. Most people don't realise that being infected with COVID carries a much greater risk of developing clots than receiving the AstraZeneca vaccine.

## What differences does the Delta variant bring with it?

As far as I am concerned I can't see that the Delta variant has changed our approach. In a cruel way it has given us all the kick we needed to get our vaccination program back on board. As we all know, it is a lot more virulent and I guess it will be the Delta strain that will come down our way soon.

Luckily the Lighthouse Surgery has had no disruption to vaccine supplies with the recent redistribution to Sydney high school children. We have plenty of both vaccines available and there is no indication that this will change. Some other vaccinators have not been so lucky and have had to postpone vaccinations. We have seen a few of these people coming to Narooma for their jabs, mostly from the Batemans Bay area. We do not advertise for anyone to travel to us, it is a lot of work and we'd like to see a lot more vaccination opportunities elsewhere but if there is a need and we can meet it, that's what we'll do. All vaccination services are paid for by the Department of Health and are free to everyone including people without a Medicare card. We don't do this for monetary reasons, the money we are paid by the Department just covers our costs.

## What is the level of vaccine hesitancy or refusal that you encounter?

As health-care workers we have little interaction with people who are lobbying against vaccination. Certainly there are a lot of individual discussions with people who are 'unconvinced' or hesitant. We try to answer everybody's concerns and discuss individual risks. The people who are convinced that COVID vaccines are dangerous don't come to us at all.

I recently watched a 'documentary' sent to me by a friend and understand why some people are opposed to mass vaccinations. There is a lot of scary (mis) information out there. I don't feel that there is a middle ground – you either believe those who claim that the pandemic is not what it looks like, that there is one-sided information only and that the grave dangers of vaccinations are deliberately being withheld; or you trust that the people of the world need to get through this together and that hundreds of thousands of people are working at making this world a safe place again. I just Googled that the death rate from COVID worldwide is now 4.3 million people! We need to bring this to an end!

## Are there any other COVID-related thoughts you might have

We have all become experts over the last months, everybody juggles terms like 'Delta variant', 'ATAGI statements', 'PPE' and 'contact tracing', we have a new type of celebrity, everybody loves Kerry and Googles images of Brett Sutton (maybe that's just the ladies!). Somehow that makes me very sad. I really miss the pre-pandemic normality. I wish we didn't have to be so well informed.

I would like to thank everybody who helps with the ginormous project of healing our world and Australia, by abiding by social distancing and face mask rules, by being considerate to other people who are having a hard time, by not spreading panic and fear, by showing up for their vaccine and by being so appreciative of us overworked health professionals. It means a lot, all your support.

I would also like to thank my wonderful staff again. They just keep rolling along, facing every day with resolve and good humour. None of them volunteered for this, and yet the professionalism, the patience and the energy they have all mustered is second to none.

*Gundi Muller-Grotjan  
Principal GP, Narooma Lighthouse  
Surgery and Bermagui Medical Centre*

## Back to the future – who would have thought?

With COVID a sad fact of these arduous times, spare another thought for the school kids of today and the uncertain schooling facilities available.

At the time of the Montreal goldrush at Wallaga Lake towards the end of 1880, schooling in the area was often limited and as disjointed as the contemporary case with the lockdowns and isolation of the pandemic. Times were to improve, however, for those early diggers' families and local farming folk.

A few months earlier, the NSW Premier Sir Henry Parkes had introduced the Public Instruction Act 1880 that saw the NSW Government take responsibility for the primary years of education for kids up to fourteen years – good timing for the children who were to appear on the goldfield. The seven youngsters in the area of Bermagui and surrounds made do with a half-time teacher shared between Bermagui and Coolagolite through the week but, as diggers rolled in and families with children settled on the field, some 54 children of school age were in the

population of the school district of the village of Montreal.

A public school in a rented cottage followed in early 1882 with a headmaster called David Gilpin, a nineteen-year old, Australian-trained schoolteacher. Some of those children would come to remember their early teacher as the man who married Mary Southam of Tilba Tilba after the school at Montreal closed in late 1883. He and his family moved to Sydney to become a produce merchant and accountant and, ultimately, Lord Mayor of the City of Sydney.

In the meantime, all schooling moved to the now growing public school at Bermagui.

From the beginning of goldrushes in NSW and Australia generally, from 1851 onwards, the lot of school-aged children varied greatly and presumably improved as time moved on. The accompanying painting by S.T. Gill showed the, all too often harsh, reality of the children of the goldrushes. Spare a thought for them as well.

*Chris Franks*



*Children on the Goldfields by S.T. Gill*

### STOP PRESS! Pfizer vaccine clinic scheduled

The eligibility for the Pfizer vaccine has changed. From 30 August, everybody aged between 16 and 59 years old will be eligible to receive it. If you are an Indigenous person the age range will be between 12 and 59 years old.

The Lighthouse Surgery in Narooma has decided to run an all-day Pfizer

vaccination 'super clinic' on Sunday 5 September and, of course, another one three weeks later to deliver second doses. No registration will be required, just rock up.

Details about this clinic will be available shortly on the Lighthouse website and on their FaceBook page.

### Who does the work

#### The Editorial Committee

Linda Sang (President),  
Stuart Absalom (Vice President),  
Carolyn Banados (Secretary),  
Bhagya (Treasurer),  
Rosemary Beaumont,  
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Angela Marshall

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#### Layout & Design

Bhagya & Debbie Worgan

#### Copy Editing: Angela Marshall

**Accounts:** Phone: 6493 8369

Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

Post accounts to:

PO Box 293, Bermagui NSW 2546

#### Area Contacts:

Bermagui: Georgina Adamson

[bermagui@thetriangle.org.au](mailto:bermagui@thetriangle.org.au)

Cobargo: June Tarlinton

[cobargo@thetriangle.org.au](mailto:cobargo@thetriangle.org.au)

Quaama: Bhagya

[quaama@thetriangle.org.au](mailto:quaama@thetriangle.org.au)

Tilba: Stuart Absalom

[tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au)

**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available

from: **Bega:** Candelo Books, Bega

Library **Bermagui:** 777 Supermarket,

Post Office, Shell Bermagui, Bermagui

Country Club, Bluewave Seafood, Library,

Visitors Centre **Central Tilba:** Post

Office, ABC Cheese Factory, Sweet Spot

**Cobargo:** Post Office, United Petrol,

Cobargo General Store, The Bowerbird Op

Shop, Well Thumbed Books, Kitchenboys

**Narooma:** BP station, Visitors Centre,

Library **Quaama:** The Quaama Store

**Wallaga Lake:** Merrimans Land Council

#### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

#### Thumbs / Letters to the editor:

All communications should be forwarded

to: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1500 in print plus

online visits.



The remaining few weeks of our Term 3 program offer some exciting classes that you can still participate in. If you would like to give us a 'trial run' what better way than to join a Zoom class?

### ***Streetscapes of the Triangle***

The main streets in Bermagui, Cobargo and Tilba will be discussed and you can explore some of the history associated with businesses and structures of social importance. Take a look at historical photos and engage in discussion with Bev Holland.

### ***Fungus***

What has fungi done for us, besides beer, bread, wine, antibiotics and death? Find out this and more in Bruce Leaver's sessions.

### ***Taboo Topics***

can be a political, philosophical or topical discussion whilst at all times being inclusive and respectful but, above all else, just fun! Join these interesting and stimulating sessions with Wendy Tucker.

### ***At Book Chat***

we discuss what we have been reading lately – favourite authors, favourite books, fiction and nonfiction. Wendy Tucker facilitates this group.

### ***Trends in Australian Poetry***

will suit people who want to overcome a hesitancy to read modern poetry as well as those who love it

already! Join Kai Jensen who will share his new finds.

### ***Demystifying Technology.***

Need to know anything about Macs? Then this is the class for you! Join Michael Gross as he answers your questions covering related technologies and anything you can connect to a Mac.

### ***Emerging Australian Writers.***

More of the 'newbies' will be introduced. These writers are often challenging or exciting, sometimes presenting different perspectives. Debra Cushion will share her expertise and knowledge.

For further details please google Bermagui U3A/enrolments and call the **Contact** shown or ring Jan Rivers on 0409 901 672.

*Jan Rivers  
U3A Bermagui*

**NOTICE OF ANNUAL GENERAL MEETING**  
**FOR THE TRIANGLE INC - MONDAY 4 OCTOBER, 12PM IN COBARGO**  
**VENUE TO BE ADVISED**  
**APPROPRIATE TO COVID RESTRICTIONS**  
**CONTACT 0407 047 404 TO ATTEND**

**Yowrie Valley Landcare**



## **Annual General Meeting**

3pm September 19th 2021 115 Burkes Rd, Yowrie

All members are invited to attend  
All executive positions are open to interested individuals  
The Spring General meeting will follow the AGM

Our special guest is Jess Bettanin our new Local Landcare Co-ordinator

Please email any items that you would like added to the agenda  
[yowrievalleylandcare@gmail.com](mailto:yowrievalleylandcare@gmail.com)

Feel free to stick around after the meeting.  
Our superb hosts, Nalla and David will provide warm drinks, so please bring a plate of something yummy to share

See you there,  
WLC committee

[www.yowrievalleylandcare.org.au](http://www.yowrievalleylandcare.org.au)



**MARINE RESCUE BERMAGUI**  
**OPEN DAY & FUNDRAISER**  
**Sunday 3rd October 11am - 3pm**  
Bermagui Fishermans Wharf & Bermagui Country Club



**BERMAGUI WHARF**

- Base & Rescue Vessel Tours
- Sausage Sizzle
- Jet Ski
- Life raft
- MR Information Trailer
- Raffle and Gold Coin Collection



**BERMAGUI COUNTRY CLUB**

- Jumping castle
- Musical Entertainment
- Bermagui Ukuleles 11 - 1 pm
- Klaus Tietz 1 - 4pm
- Food available from The Terrace
- Raffle and Gold Coin Collection

## Spotted Gums

John Petherbridge was a former Australian diplomat who spent several years of his retirement on the Nature Coast. He would have been dismayed by the Eurobodalla Shire Council's undemocratic decision to allow large-scale bulldozing of Dalmeny bushland for a proposed housing development.

In his poem *Spotted Gums*, John wrote of the trees' strength and spirit ...

### *Spotted Gums* by John Petherbridge

The smooth strong trunks of silver grey  
encrusted with their darker coloured marks  
reach high to their umbrageous tops.  
The spotted gums, in forest foliage,  
grouped round as though to meditate.

Below the earth, the engine room of growth  
for stabilising all above,  
the keel of balance, getting messages  
passed down from higher up, the pulse  
that tells of wind and storm, of hail and fire,  
that might be sent to threaten them.  
Haphazard roots seek nutrients, provide  
the life-blood sap that makes the tree  
a living whole, graceful, immaculate.

They stand in beauty, silently,  
reminding one of quiet Carmelites  
but equally within their world  
they have an aura born of latent strength  
which can be felt and shared by all  
who care to meditate with them  
in this semi-circle, seeking solace.

(There is no copyright on John's poems. As a good friend he would ask me, in the days of Stan Gorton's editorship, to get poems we both discussed into *The Narooma News*.)

I'm sure John would like to be remembered in *The Triangle* – especially with a poem that related to the bushland he loved ...)

Susan Cruttenden  
Dalmeny

## Rotary applauds Cobargo BlazeAid volunteers



Narooma Rotary President Andrew Lawson and Cobargo BlazeAid coordinator Peter Provost at the dinner for Cobargo BlazeAid volunteers in early August sponsored by Narrandera and Narooma Rotary Clubs.

Cobargo BlazeAid volunteers enjoyed the hospitality of Narrandera and Narooma Rotary Clubs at Cobargo Hotel in early August.

'Narrandera and Narooma Rotarians are all so grateful for the job you amazing BlazeAid people are doing,' said Narooma Rotary President, Andrew Lawson of Wandella. 'It really epitomises this year's Rotary theme of Serve to Change Lives.'

Cobargo BlazeAid coordinator, Peter Provost of Albany, said their volunteers have clocked up 102,000 man-hours since early 2020, mainly fencing properties in areas burnt by the bushfires. Cobargo BlazeAid hopes to finish in December.

'The Cobargo camp peaked last year at 100-120 people and 666 volunteers have passed through,' Mr Provost said. 'At the moment we have fifteen volunteers; six live in

the BlazeAid camp and the others are locals who do a few days a week. Some have been involved since day one.

'What we all get from helping in this way is the satisfaction of helping people in their recovery as well as enjoying the camaraderie. For some property owners, just having their fencing redone somehow seems to kick them into gear and help them move on from the fires.'

Since the start, feeding everyone has been a mammoth effort with some food and meals provided by various community groups, particularly Tilba and Cobargo CWAs, as well as occasional contributions such as the dinner from Rotary.

Andrew Lawson said Narooma Rotary would love to welcome interested community people from the Cobargo, Bermagui and Tilba area as Club members.

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## HEAR WELL - LIVE WELL

If you know anyone who  
needs assistance with  
their hearing aids or who  
has hearing difficulty,  
please give them my  
details. I can help.

Shop 3/114 Wagonga St,  
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## Many thanks Cobargo \$2,000 raised for MND!

In the last week of July we had a fundraising activity in the village to raise money to battle Motor Neurone Disease or MND.

The idea for the fundraiser came from the Baking Buddies and was in aid of the NSW Motor Neurone Disease Association. The Association receives only about 20% of its funding from government and, therefore, relies on the generous support of wonderful people, such as those who live in Cobargo, for most of its funds.

Donation boxes were stationed in Cobargo at the Bakery, the Co-op, the Pharmacy, the Op Shop, the Pub, the General Store, the Baking Buddies, Well Thumbed Books and the Post Office.

People don't get MND through inappropriate lifestyle choices or through person-to-person contact – they just get it.

Our personal interest has arisen through the experience of our 38-year old son Gareth who is in the final stages of this dreadful disease. One day he was a fit and healthy family man who was a member of the Royal Australian Air Force. Seventeen months later he can't speak, can hardly move his body and can't feed himself. Thankfully he can still communicate through amazing eye-movement computer technology.

Our individual donations built into a bigger donation, so every contribution was welcome.

All the money raised went directly to support and research. This won't directly help Gareth, but it could be a life saver for future MND sufferers.

We're aware that there are people in our community who have lost children without being able to say goodbye and our hearts go out to them.

In a sense we are lucky, we have been able to say goodbye to our son for the last seventeen months.

Many thanks,

*The Williams family  
Cobargo*

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## Montreal Goldfield Heritage Day

Montreal Goldfield is again hosting its popular Heritage Day in September. Go on a tour to find out about the history of goldmining at Wallaga Lake and learn about the regenerated native bushland. Have a go at gold panning, see the well-preserved mine shafts and join in children's games and crafts. Enjoy damper and billy tea as part of your entry fee. There will also be music, stalls, a sausage sizzle and much more.

- When: Saturday 25 September 2021
- Time: 9.30 am – 1.30 pm
- Address: 769 Wallaga Lake Road
- Cost: Adults \$7.50, Children \$5, Family \$25

Please check Montreal Goldfield Facebook page for any changes.



A well-cooked damper – always a favourite on Heritage Day

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## Dignams Creek tweets out a big thankyou to the Bower Bird Op Shop

The Dignams Creek Community Group Inc is currently working on a post-bushfire project to build, install and monitor artificial tree hollows for nesting.

The main focus of the project is to sustain yellow-tailed black cockatoo and glossy black cockatoo breeding and to support the breeding of endangered arboreal mammals, the greater glider and yellow-bellied glider. We are also targeting other large birds such as the powerful owl.

We wish to publicly express our thanks to the Bower Bird Op Shop for providing a donation of \$2500 to kick start work on the project. So far we've used the funds to purchase Australian sourced and manufactured ply for nesting box construction and good quality paint to seal the boxes. We plan to buy culvert pipe required to make cockatubes that are currently being used with success in Mallacotta, Kangaroo Island and the Serpentine-Jarrahdale Shire W.A. (if you are interested in learning about the cockatubes go to <https://landcaresj.com.au>).

We are spending the donation locally in our Triangle area with supplies ordered from Bermagui Mitre10 and we will buy the culvert pipe from Sapphire Nu Pulse of Cobargo.



Sally, Mark, Angela, Nick and Didi

Since receiving the Bower Bird kick-start donation, we were recently given a grant of \$5986.00 from the Bega Valley Shire Council community environmental grants program. This will fund additional materials to make a bigger range of artificial tree hollows, buy monitoring equipment, run educational workshops etc. An important part of the project will be risk management and monitoring to ensure targeted species are supported and unwanted species such as the Indian myna are not. We will upload our monitoring results to iNaturalist to ensure our findings contribute to the body of biodiversity

science.

Before the current lockdown restrictions, we were making good progress with the project. Our nestbox-building workshops require many hands working together so that part is on hold for now. But, in the meantime, work continues on researching specifications, design and cut out. If lockdown continues we may turn to Zoom educational workshops to keep the momentum going.

So from the cockatoos to the bower bird we say thankyou.

*Kate Gooden*

### Cartoons by Naomi Lewis



'I don't understand what they're whingeing about!'



'Actually, officer, I was sort of hoping you could just arrest me.'

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The Cobargo A, P & H Society held their annual general meeting on 11 August. Daniel Allen was returned as President, June Tarlinton as senior Vice-President, Warren Salway and Dave Allen are both Junior Vice-Presidents, Christy Holland is the Treasurer with Dave Rugendyke as Assistant Treasurer. Naomi Rolfe remains as our fantastic Secretary. The Committee has high hopes of running a 2022 Show but, as with all things these days, it all depends on the outcome of COVID restrictions. It was decided not to host a spring horse show in October.

The combination of the Cobargo Showground Land Manager team and the Show Society has been busy with many projects underway. The new function room is proceeding well and looks fantastic. A roof is being erected over seating to provide an even more brilliant vantage point for the tremendous entertainment

at the show. An extension is being built across the front of the existing pavilion that will include the Secretary's office. The road in the showground is in need of repair and this will be done in the not too distant future. The existing electrical box that was severely damaged by a car will also be repaired in the near future.

A huge congratulation to David Boyle who has re-opened the much-missed Benny's Butchery. The business has had a revamp and has opened its doors for trade, and we wish him and Daisy the greatest of success.

It has certainly been very different times and, as I registered our farm for a QR code and developed a COVID plan, I must say it was not something I thought I would ever do. Oddly enough though as I drove out of the springer paddock, after checking the cows who had calved, and fed all the springing cows their rations to

ensure they are in peak readiness for their calving, then entered back into the milking routine, a strange sense of calm came over me. It's the first time since the fires I have felt this way.

I'm very excited and owe the Evans family a huge thank you because they have brought home from the bush Dad's (Ross Rixon) BT88 dozer that was burnt. I have been working on getting it up and running, which is no mean feat, because she is from the 1967/1968 vintage.

Can we all just take a step back and show some respect to the businesses that are essential services and continue to trade during these tough times. The staff at the coalface are not responsible for COVID or the rules, so show some kindness and do not feel that it's okay to be aggressive with your opinions and frustration at the difficulty of it all.

## Benny's Butchery reopens

A huge welcome to Dave and Daisy Boyle who have reopened Benny's Butchery under their management.

It's been a long haul and they are very grateful and thank both the Benny and Kelly families for their on-going support.

The shop is looking great: the colour scheme is black and white – traditional butcher colours – but keeping, of course, the original blue doors.

Daisy proudly told me that all the beef is coming directly from their farm – how local is that?

They are open Monday to Friday from 8 am to 5 pm and 9 am to 12 noon on Saturday, with the usual accessories: masks, QR code and only two people in the shop at a time.

It is so good to see our butcher reopening, a sign of progress in the main street.

*Louise Brown*



Dave Boyle in the reopened Benny's Butchery



Preparation work has started on rebuilding the Murrumbidgee Bridge. Unfortunately, due to COVID, the information session with Council had to be rescheduled so we wait to find out all the ins and outs.

*Louise Brown*

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## Cobargo Community Development Corporation moves ahead with new Directors appointed

*Two additional directors have been appointed to the board of the Cobargo Community Development Corporation Limited (CCDC Ltd) following the Government's recent announcement of the grant of \$9.62 million to fund the main street Rebuild Cobargo projects to replace the commercial buildings destroyed in the Black Summer bushfires.*

The appointments followed a widely-published recruitment process to attract independent directors to represent the interests of the broader community on the board and to enhance the composition of the Board.

The newly appointed Directors are Jess Evans and Stephen Williams, both of Cobargo.

Jess grew up in Wandella and attended Cobargo Primary School before moving away to pursue tertiary education and her career. Some years ago, Jess and her family moved back to Cobargo where

she has been involved in the community through volunteering with the Cobargo Folk Festival and the Cobargo Creators gallery. Passionate about Cobargo and the opportunity to contribute to building a better future for families and younger residents of the region, Jess also brings her substantial experience and qualifications in community development, education and counselling to the board.

Stephen and his wife 'retired' to Cobargo about seven years ago after a career in the Air Force and Defense Department including experience in managing programs of support for reservists

and associated funding management, and the coordination of committees across local, state and national levels.

Since coming to Cobargo, Stephen has become deeply involved in the community through volunteering with the CWA, the Show Society and the Folk Festival, and as a committee member of the Cobargo Op Shop. Currently, Stephen is the president of the School of Arts Hall Committee.

In welcoming Jess and Stephen onto the board, CCDC Ltd Director and Spokesperson John Walters said the organisation was pleased with the quality of the applications it had received and congratulated the successful appointees.

'In their new roles as independent Community Representative directors, we are confident that Jess and Stephen will each make a positive and essential contribution on behalf of the community, both to the Rebuild Cobargo projects and to the way the organisation is governed.

We are now in the process of recruiting two skills-based directors to complete the CCDC Ltd board, and we are looking for applicants with relevant professional career experience and qualifications who want to make a meaningful contribution to the recovery of Cobargo.

Anyone interested may obtain complete details from our website at [ccdc.org.au](http://ccdc.org.au),' John concluded.

*John Walters*



Newly appointed Directors, Jessica Evans and Stephen Williams

### DIRECTORS WANTED

*Your opportunity to help the recovery of Cobargo village*

Expressions Of Interest sought for independent skills-based pro bono Directors for the Cobargo Community Development Corporation Limited.

Experience in either Finance, Business Management, Marketing, Law, Project Management, Commercial Property, or other relevant disciplines required.

For more information and/or an application form, please visit: [www.ccdc.org.au](http://www.ccdc.org.au) or email to: [cccdlimited@gmail.com](mailto:cccdlimited@gmail.com)

All applications are in confidence, and close 5.00pm Friday 10 September



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## Reading to write with poetry

Cobargo Public School provides an extension English class for students who demonstrate a flair and passion for language and writing. Last week, these students and I read and analysed *The Big River* by Australian poet, Steven Herrick. Having learnt about Herrick's language choices and stylistic features, the students

are beginning to appreciate that their own great writing comes from reading and experimenting with ideas garnered through the reading process.

The students then sat in the sun by the little river that flows through their school and through their town, listening to it and imagining the senses of the river, paying

particular attention to sound and rhythm. Students composed their own poem inspired by Herrick, exploring the theme of personifying nature. Below are some of the poems written by Cobargo Public School students from Year 4, 5 and 6.

*Jaime Akins*

### Little Olive River

The river ripples along the pebbles,  
She gazes at me with a soft whisper.  
The fragile breeze plants ripples on her delicate skin  
and she sings out to me, to us.

The sunbeams trickle into her skin. Warming her.  
The river finds strength even when the drought haunts her.  
Her water tumbles down steep drops forming a splash.  
She hears everything, everywhere.

Beneath the surface is a world of her own  
sometimes she is aqua, sometimes she is brown  
but to me she is a treasure.

Kids swim in the river, which grants her joy.  
She reminds me of my Auntie Olive –  
when she's gone (which won't be for a while)  
the river will always resemble her to me.

*Iris McMahon, Year 5*

### Little Cobargo River

Little Cobargo river  
rolls past our school,  
it bends at the pub listening to the beats of the band on Sunday.  
Two ducks grab grubs from the grass.

It hears dogs yap in farmers' utes  
while it watches kids playing, creating and learning.  
Mossy rocks lie in their beds  
watching the river roll on by.

Birds call because water supply is back after the crusty drought.  
Kids roll down the hill and  
the little Cobargo river peeps, 'Hi!'

No one will stop

Our river  
Our town  
Our voice

Let us hear our little river.

*Maddie Hite, Year 4*

### The Little Cobargo River

As the sleepy sun rises over our little town  
the breeze weaves softly through the trees,  
the river silently streaming.  
The school bell rings signalling a new day has begun.  
And cows' mooing is the wake-up alarm for the small-town people of Cobargo.

Fresh morning dew drops graciously onto welcoming frost-covered webs and leaves.  
Striped gumtrees cast extensive patient shadows.  
The angelic river takes a leisure-filled stroll through our little town  
under the bridge where school kids walk and the birds coo, frolic and lay.  
The lazy river is flowing through our little town  
that could make me a dreamer for always.

As the sunset arrives, the river's concerto commences,  
wind slithering through the grass and cicadas humming.  
The dusk lullaby is set in motion as it has been every night since the beginning of time.  
Orchestral strings of spider webs that were once the embracing homes of spiders  
long, long ago turn into symphonies.  
Whistling half notes of hollow burnt-out trees weave through the songs of nature,  
harmonies of gushing swirling water make the background melodies of moonlight  
invigorate passion inside the audience of flowers  
as the starlight curtains rise  
over the river  
in our little town.

*Amy Reynolds, Year 6*

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## Cobargo CWA News

Nearly 80 years of service to the community!

For the convenience of anyone wanting to hire the CWA Cottage for a meeting or any gathering (post lockdown!), there is a list of bookings at the front entrance to the cottage if you want to check availability. The cottage offers a warm and friendly environment with a commercial kitchen and is available for a very reasonable charge. This is one of the ways that CWA in Cobargo is able to assist the community.

Cobargo CWA will have been operating for eighty years in 2022 and we are planning celebrations. Eighty years of serving a community is an amazing achievement and one that has been made possible by several generations of women all seeking friendship, support and an added dimension to their lives. However, it must be noted that the CWA of today, whilst still

supporting country women, has changed over the years to reflect the changing needs of society. To survive, it has adapted. It is now far more than the 'tea and scones' image of women sitting around, wearing hats and swapping recipes!

So what do we do? Certainly some of us cook and do wonderfully well in competitions. Others work on their handicrafts and are given the opportunity to develop their skills. Yet more of us work on trying to improve life in our society in all areas. CWA lobbies governments at both State and Federal levels about areas that need attention and improvement. For instance the focus of CWA of NSW at present is on the need for more social and affordable housing options in rural and regional NSW – an issue that is so obvious in our own area.

There is room for all women in this organisation to find and nurture their

abilities. But we need help to generate new ideas that will help us evolve to meet the needs of the community. We do not follow the mantra 'But this is the way it has always been done'! We look for new ways to help support our local and regional women. This is an appeal to all women in the area. If you would like to meet with a friendly group of women who will welcome you and support or involve you in meeting the needs of this community, please drop in and meet us. Let's keep CWA alive and kicking in Cobargo.

If you would like to, give me (Mary Williams) a call on 0447 401 725 to find out more, or ring Ann Holub on 0451 825 726 or Lynn Lawson on 0411 432 533.

We look forward to seeing you at one of our meetings!

*Mary Williams  
Publicity Officer  
Cobargo CWA*

### Several months ago a mysterious sinkhole appeared at Wilgoa Bridge *Investigation has revealed the cause and the solutions*



So this is what caused our sink hole.



But these should fix it.

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Well, our lives turned on a sixpence once again on the weekend of 14 August – something we should be getting used to – with the sudden decision to lock down the whole state.

Everyone has been affected in some way and, of course, most planned events had to be cancelled or postponed. Let's hope this action will help reduce the escalation of COVID cases that has risen so alarmingly.

One of the most disappointing cancellations was the postponement of the Walawaani Muriyira-Waraga\* Day that was planned to celebrate the start of the whale season and launch the Sapphire Coast Whale Trail initiative. Much planning had gone into this event, organised by a group of locals with the support of Sapphire Coast Destination Marketing, Bega Valley Shire Council, South East Arts and with funding from the National Bushfire Recovery Fund. Planned activities, centred around the Surf Club, included a Welcome to Country, a smoking ceremony, an Aboriginal dance performance, a talk about Yuin cultural connections with whales, a community paddle-out to welcome the whales, the telling of whale tales and displays.

Let's hope the planned event can take place at another time during the whale season and all the hard work of the organisers can come to fruition.

For those fortunate enough to have bought a ticket for the whale-watching trips they were well rewarded with a glorious day, perfect conditions and an amazing display put on by the stars of the occasion. The whales were plentiful and seemed to be having their own celebrations providing the visitors to their paradise with a spectacle of amazing antics and great opportunities for the photographers aboard.

Coming back to shore after an uplifting and thrilling couple of hours slightly lessened the blow of the news we were met with,



Kids' art

that the state would be locked down, something I think many were expecting.

It made me dwell on the thought that those amazing creatures of the sea had it all over us mere mortals.

\*Walawaani Muriyira-Waraga means 'safe journey whale – many' in the local Dhurga language

## Bermagui Preschool

One thing that went ahead and is on display around town, is the Whale Trail of Art with works by Bermagui Preschool children displayed in various businesses. So, if you are out and about on 'essential business', check out these creative pieces.

The children have been doing a lot of whale work in the lead up to the event and a lot of effort went into the production and display of these artworks. Congratulations to the staff for once again getting the children involved in the life of the town with this project, and to local businesses for supporting the project.

It's no surprise the Preschool has recently been re-awarded with an excellent rating from the Australian Children's Education and Care Quality Authority. Well deserved!

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## Whale-watching tours

I have to put in a plug for the boat operators providing the whale-watching tours now running out of Bermagui. The crewmembers were friendly and considerate and at all times made sure all aboard had the best possible experience. I would highly recommend the opportunity to get up close and personal with these migratory creatures while the season is on. There are not many places in the world where you have this opportunity ... they, like many of our human visitors, know what a pristine part of the world this is. Here's hoping it stays that way.

For bookings and more information about Sapphire Coastal Adventures, Merimbula Marina, call 6495 1686 or go online at <https://www.sapphirecoastaladventures.com.au> to see what is on offer over the next few months.



Thanks to Ron Web for the stunning whale pictures. It was a great day out.

## 2021 Whale Watching Season - Aug to Nov!

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## Marine Rescue Bermagui radio base helps sailor and dog



The importance of having the right safety equipment on a boat was highlighted recently near Bermagui. Marine Rescue Bermagui (MR Bermagui), part of Marine Rescue NSW, is a volunteer organisation that looks out for the safety of all boaters in the area and monitors the radios waiting for that one Mayday call and

on a recent Sunday that call came in.

It was 3.30 in the afternoon when MR Bermagui received a Mayday call from a lone sailor who had become ill and disoriented, and needed assistance. He was unclear of his location, thinking he was only twenty nautical miles offshore, somewhere between Bermagui and Eden. Fortunately, MRNSW has extensive VHF radio coverage that enabled MR Bermagui to receive and respond to his Mayday on Channel 16. He also had an Emergency Positioning Indicating Radio Beacon (EPIRB) on board. Our on-duty radio operator and MR Coxswain, Volker Aebischer, in consultation with Marine Area Command and the Operations Manager suggested that he activate his EPIRB. It was the right thing to do. It turned out he was a long way out to sea (47 nautical miles east of Bermagui) and would require the assistance of the Water Police launch *Falcon* based in Eden. When the EPIRB was activated, a signal was sent to the Rescue Coordination Centre in Canberra. They then provided MR Bermagui with his location coordinates so that MRNSW could

broadcast the position and request help from any vessels in the vicinity.

Two ships responded to the call. A bulk carrier diverted course and reached the yacht in an hour. It then shadowed the yacht to protect it from the strong winds for three hours. It must have been frightening for this small yacht to have an enormous ship bearing down on it at night. A container ship also offered assistance, but it was not needed as the bulk carrier was closer. The *Falcon* reached the floundering yacht at 9.30 pm.

Due to MR Bermagui's excellent radio coverage, we were asked to manage communications between the sailor, the *Falcon* and the two large ships until 10.30 pm. This was a crucial role to play in the positive outcome of this rescue. The sailor and his dog were successfully transferred via the *Falcon*'s small runabout to the vessel. The *Falcon* then returned to Eden Harbour at 3.30 am the next morning and the sailor was taken by ambulance to Bega Hospital.

The multi-agency operation took about eight hours, and the professionalism of MR Bermagui should be commended. As well as Volker Aebischer, who responded to the initial Mayday call, Dennis Walker, Steve Angelo and Caron Parfitt were crucial in the radio communications. Other MR members were on standby. For a volunteer organisation, MR Bermagui plays a very important role in keeping boaters safe on the water.

Also, an event like this makes clear just how important it is to have the right safety equipment in good working order on board every time you go out to sea especially if you are alone and a long way offshore. In this case, the sailor's EPIRB was crucial in providing his position, which made it possible for a rescue vessel to find him as quickly as it did.

*Debbie Worgan,*

*Marine Rescue Bermagui Volunteer*

## Bermagui and District CWA

It is such a glorious winter's day as I write this short message. How fortunate we are to live in this beautiful area. We have not escaped the grip of the COVID-19 pandemic with lock-down restrictions now necessary in regional NSW, but how fortunate are we so far to have been spared the spread of the illness and any associated deaths down here. Bermagui ladies extend best wishes and kind thoughts to our sister branches throughout NSW who are struggling with cases in their areas and the uncertainty they face.

Although it is difficult to be isolated from our families and friends at this time, we encourage all to look after yourselves and to reach for the phone if you are needing help of any sort. Don't wait for someone to call you, they may be in need of a friendly voice too!

Members who had been busy preparing an item for the Music and Drama Day to be held in August, hung up their ballet slippers and put away their musical scores when the function was cancelled. Hopefully, the performers may be able to put on a special show for the rest of the branch at one of our meetings when we are able to get together once more.

*Chris Richard-Preston*

*Publicity Officer, Bermagui and District CWA*



The new ramp at Bruce Steer pool has been completed, looks terrific and, better still, it means accessibility for everyone.

*Georgina Adamson*

## A facelift and new feel for Harbourview Motel

Many people will already have noticed some changes taking place in town at the Harbourview Motel, now renamed as Harbourview House. The business quietly changed hands on 1 July and no time was wasted in making changes, beginning with renovating, refurbishing and creating a new image.

Two business partners from Canberra, Chris Farrington and Rupert Cullen, have purchased the property. They have both enjoyed holidaying in Bermagui with their families for a few years and felt there was a place for some up-market motel accommodation with a modern beachside feel. When the Harbourview Motel was offered for sale that provided the opportunity to deliver on their concept.

The motel has great bones for their plans to renovate the rooms, restaurant and café. There is already a DA for more rooms and plans to offer a luxury apartment at the front of the property. Over the next two years they plan to transform the property and offer features ensuring that guests have a memorable stay.

They have re-branded the motel recognising its history and, hopefully, making it a landmark in Bermagui with its great position. New signage is expected to go up soon. With doggo-friendly rooms and an e-car charge station planned they are so excited about the future of the motel.

Kutch Hansen is very excited to be managing Harbourview House. She has had a love affair with the town for many years and owns a house here. She has worked in property management for many years in the Snowy Mountains and, more



recently, in Byron Bay. So she is delighted to be managing this new exciting venture in Bermagui, the place she wants to be.

*Georgina Adamson*



## U3A Bermagui & District Inc

U3A offers classes and presentations prepared by local members for members. Membership is available to the whole community. At the moment all classes are online using the Zoom platform but please check our website for updates on possible face to face classes. Enrolments are still being taken for on-line classes for the last few weeks of Term 3.

Keep your eyes open for Term 4 classes and enrolment details in the October *Triangle* or go online from 6th October.

**VISIT [www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au)**

**OR SEARCH “U3A Bermagui”**

**Course enquiries: phone Jan Rivers on 0409 901 672**

# Bermagui Banter

## And from our embedded reporter in Bermi Primary...

Hi Mrs O and Georgie,  
Here is the paragraph about learning from home.

I tried to inform people about motivation and drive through lockdown, and the experiences that come with it.

Anyway I hope you enjoy it.

Thanks a lot,

*Archie*

Being a Year 6 student in lockdown is, well ... difficult. After two months of learning from home in the dreaded year of 2020, I think that a lot of students sighed and thought, 'Wow, good thing that's behind us!'

But here we are back in lockdown. It just takes a bit of practice to get your schedule or routine set into a healthier pattern and, when you do, life in lockdown begins to feel more natural and motivation starts to flow. Yes, I will admit, it is still quite hard to find motivation in these difficult times even when you're enjoying yourself but, thanks to the teachers who have been working day and night to provide us with fun and engaging lessons online and offline, we are being constantly stimulated with new activities during lockdown. This is amazing in a time when most people would pay money to watch paint dry.

Desperate times call for desperate measures and learning from home has just been one of the steps to get New South Wales back on its feet, and I am very happy to be able to contribute (with learning from home), for a great outcome in the long run.

*Archie Schwarz*



SCULPTURE Bermagui can only take place with the invaluable input of many other individual volunteers before, during and after the exhibition.

### Event Manager Seeks Trainee Replacement

After five successful years, I am looking for someone to take up the role in my place. The Event Manager oversees all facets of the Exhibition Program. Full mentoring and /training will be provided.

No formal qualifications required.

Activities and desired capabilities:

- Work in all areas of design, promotion and delivery of the exhibition;
- Assist other team members in their allocated roles;
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- Age is no obstacle, though some experience would be an advantage.

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Visit [www.sculpturebermagui.org.au](http://www.sculpturebermagui.org.au) for full details.

Contact Paul on [eventmanager@sculpturebermagui.org.au](mailto:eventmanager@sculpturebermagui.org.au) or call him on 0466 013 153.



## Notice of Annual General Meeting

to be held from 4.00 pm on 8 September 2021  
at the Auditorium of Bermagui Country Club.

All are welcome!

A General Meeting will follow

If you are interested in nominating for a position  
on the Management Committee, please contact: Olga Nielsen  
on 0463 538 257 or via [secretary@sculpturebermagui.org.au](mailto:secretary@sculpturebermagui.org.au)

SCULPTURE Bermagui can only take place with the invaluable input of many other individual volunteers before, during and after the exhibition.

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## Lending a helping hand

When fire raged through the Wandella Valley, taking everything with it, fifteen-year old Mason Jee lost his beloved cockatiels and bird aviary.

Mason had developed a love of birds and started breeding cockatiels as a hobby. He was devastated by the loss, not only of the family home, but of his aviary as well.

Earlier this year, the Bermagui Men's Shed was approached by Caralyn Naylor, from BVSC Bushfire Recovery, to see if the Shed would be able to build a new aviary for Mason.

Men's Shed Secretary, Steve Wakefield, quickly agreed to this project and started work. With materials provided, the blokes got to work on the new aviary for Mason. Finally the project was finished, loaded onto a trailer and taken out to a very excited Mason who is keen to start up his hobby once again.

Bermagui Men's Shed is an active part of our community and, over the years, has taken on many local projects, such as the planter boxes along the harbour foreshore. More community-oriented projects will be undertaken in the future now that the new shed is fully up and running.

Currently the Men's Shed is undertaking Phase 2 of its own development with the construction of a meeting room, kitchen and recreation centre. When finished, the meeting room will provide a quiet space, away from the noise, dust and activity in the work shed, to enable the blokes to sit around and have a coffee and a chat. The meeting room will also become available for other not-for-profit community groups to use.



Men's Shed members, John Symes, Brian Byrnes, Graham Hore and Steve Wakefield hand over the new aviary to Mason Jee at Wandella.

Bermagui Men's Shed meets Tuesday, Thursday and Saturday from 10 am till 2 pm. The new shed is located at 4243 Tathra Bermagui Road, just past the cemetery. New members will receive a warm welcome.

The Men's Shed is currently a COVID-safe organisation, following the usual safety principles – QR code sign in and mandatory mask wearing while indoors.

*Carolyn Banados*

## Come on board Marine Rescue Bermagui! Yo, ho, ho (no rum)

If you've always wanted to learn more about Marine Rescue, your local Bermagui Unit is hosting an Open Day and Fundraiser on Sunday 3 October, starting at 1100 hours and finishing at 1500 hours (that's sea dog talk for 11.00 am to 3.00 pm). There will be loads of interesting activities and everyone is welcome at Fishermen's Wharf and the Bermagui Country Club.

At Fishermen's Wharf\* you can:

- tour the radio base (gold coin donation);
- tour the rescue vessel (gold coin donation);
- have a sausage sizzle;
- buy a raffle ticket;
- inspect the jet-ski;
- get in the life raft;
- sign up as a volunteer; and
- join in lots of seafaring activities.

At Bermagui Country Club\* you can:

- listen to family-friendly live entertainment from 11.00 am to 1pm: Bermagui Ukuleles
- 1.00 pm to 4.00 pm Klaus Tietz;
- enjoy the jumping castle; and
- enjoy lunch in The Terrace Restaurant.

Marine Rescue volunteers are recognised for their marine skill, experience and commitment to training and helping the community. This team of boating-

safety advocates works together, both on and off the water, to provide boaters with the assistance, advice and vital rescue services that help them stay safe on the water. New members can enrol in a range of training courses to expand their skills and knowledge so they can take on new and challenging roles.

Our rescue vessel crew regularly trains to respond to emergencies and other incidents such as a Search and Rescue mission for missing people, towing a disabled vessel back to the harbour or providing support to other emergency services. Our crews also supply operational support for major activities such as Reboot Bermagui, helping keep everyone safe to enjoy the event.

Our radio operators monitor the airwaves around-the-clock, every day, for boaters in need of rescue or less urgent assistance. They're a source of local knowledge and advice on local waterways and conditions, can provide weather updates and are ready to help boaters check that their marine radios are in good operating order.

If you are having trouble with your Marine Rescue log-on app, there will be someone there to help you with that as well.

Marine Rescue Bermagui appreciates the ongoing support of the Bermagui Country Club and the professional entertainers who are providing a musical background for the fundraiser.

We look forward to seeing you on board!

**\*COVID-safe practices will apply.**

*Olivia Ford*

*Marine Rescue Bermagui volunteer*



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With winter coming to an end, we hope for a more open, warm and welcoming spring. The lockdown seems less harsh in Quaama village than just about anywhere else I can imagine. We can walk outdoors safely without fearing crowds and the Quaama Store is doing all they can to support us and keep us from having to go to town unnecessarily. For that, I am grateful. Many of us are only partially vaccinated at this time, so until we're a couple of weeks past our second shot, it's good to lie low and wave hello from a safe distance. I don't know when all of this will end or how things will change when the majority of us have immunity but, despite being in a state with a surge in cases, Quaama still seems like a great place to weather this storm.

And we can now investigate the new trees in our park! Victoria's lockdowns meant tree delivery day was delayed – but the trees have arrived and have now been planted. In case you're curious about what varieties to watch out for, here is the list. See if you can identify them as they come on this spring.

*Zelkova serrata* 'Green Vase' (Japanese elm)  
*Nyssa sylvatica* (tupelo)  
*Fraxinus oxycarpa* 'Raywoodii' (claret ash)  
*Liquidambar styraciflua* (liquidambar)  
*Lagerstroemia indica x fauriei* 'Natchez' (crepe myrtle)  
*Ulmus glabra* 'Lutescens' (golden elm)  
*Brachychiton acerifolius* (flame tree or kurrajong)  
*Jacaranda mimosifolia* (jacaranda)

Huge thanks to Speciality Trees in Narre Warren East, Victoria. They stepped forward with the offer of trees to re-green our village shortly after the fires but have had to wait until recently for the ash to settle. Thanks to Council too, for liaising and organising the project on this end. Most of these trees will give beautiful autumn colour as well as shade and, in some cases, blooms that should beautify our village for many years to come.

Good to see that the renewal centre is memorialising our *Wall of Safe* for future generations to view. In that terrible time just after the fires, it was comforting to see all those names, knowing that our friends and neighbours were safe. It was another thread that connected us after so much destruction.

And we have lost yet another iconic resident this winter. Maida has been watching over Quaama from her front veranda for decades and for sure she will be missed by many. Our thoughts and condolences go out to her family.



The shipment finally arrived with some good-sized saplings



Planted!



**MONDAY** - Burger Night \$20 inc House Drink & Kids eat half price

**TUESDAY** - Trivia at 7pm, Pizza Night \$20 inc house drink & kids eat half price

**WEDNESDAY** - Bingo 7pm, Steak Night \$20 inc House Drink

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## Well Thumbed Books celebrates 11th birthday

Saturday 25 September marks the 11th birthday of Well Thumbed Books and you are all invited to attend the celebration. At the time of writing we have no idea what restrictions will be in place, but we are optimistically planning for an outdoor morning tea. In addition, we are busily gathering photos showing eleven years of book launches, community events and other gatherings that we will display in a COVID-safe environment.

So please save the date and time – 10.30 am, Saturday 25 September at Well Thumbed Books and help us celebrate our 11th birthday.

## Maida Jamieson 26.7.41 – 29.7.21

Another of Quaama's old guard departed in late July – Maida Jamieson, who died peacefully in her weatherboard cottage home in the early hours of the morning, three days after turning eighty.

Until recently, Maida would peg her washing to her front fence where it would flap defiantly in the breeze, and that kind of summed her up. Bold, outspoken and resolutely herself, she would sit in the sun at the entrance to her porch, happy to expound on local affairs – or global affairs – with anyone passing.

Born a Jessop in 1941, Maida grew up in Upper Brogo and attended Verona School. It was when she was housekeeping and milking on John and Dorothy Martin's property that she met Jeffery Jamieson, who would become her husband. He'd been snigging logs with draught horses for the Bendoc Sawmill. They married at Cobargo Church of England in 1962, starting wedded life on Jeff's family farm, Roseville, where sons Don and Norm were born. They next moved into Alice Hyland's cottage at the north end of Cobargo Street in Quaama village (the house owned most recently by Veronica Coen until it burned down on New Year's Eve, 2019). That's where they started their earthmoving business.

They soon bought the weatherboard house on the corner of Bermaguer and Cobargo Streets, Quaama, where daughter Charmian was born.

Maida was an energetic and willing worker; she was known as the fastest bean picker in the district. Over the years she also picked and husked corn, trapped rabbits and milked cows – she always had a Jersey cow at home too. All these tasks – picking, trapping, milking – she attended to barefoot and, over the years, her soles attained a legendary toughness. One memorable day someone hit a tennis ball over the fence and she walked, unshod, through a blackberry patch to retrieve it.

Maida and Jeff loved their tennis. They had held the lease on the Quaama courts since the 1970s, when community tournaments were in their heyday, often attracting forty players or more. The couple maintained the courts with a heavy concrete roller and line painter. Jeff would cycle up and down the courts, towing a big flat hoop, Maida following to shovel clay into any indentations that became apparent.

Little known fact: Maida was a talented sketcher of horses. She loved horses and horse-racing, and arranged a Melbourne Cup sweep for the Quaama community every year.



Maida Jamieson – she did it her way.

Jeff passed away in 2016. Maida is survived by Don, Norm and Charmian, and grandsons Brad and Kyal.

Thanks to Norm, to Chris and Lynn King, to Cathy and Jim Blanchfield and other community members, Maida was able to stay home right to the end, and for this she would have been deeply grateful – she never wanted to leave Quaama.

They played *I Did It My Way* at her well-attended funeral at Quaama Cemetery and there has rarely been a more apt send-off. Maida, we salute you.

Jen Severn

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

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## Quaama's *Wall of Safe* conserved and commemorated

Residents of Quaama and surrounds – Verona, Upper Brogo, Puen Buen, Pipeclay and McLeod Hill – started trickling back home in the days after the bushfire of New Year's Eve, 2019. We knew that homes and more had been lost, but not everyone had evacuated. What of our neighbours, our friends and family? There was no power, no internet and phone lines were down. When the Bushfire Relief Centre in our hall first opened on 5 January 2020, these were the first questions on people's lips: 'Have you seen ...?', 'Have you heard from ...?', 'I'm worried about ...'

Perhaps these people had dropped into the Relief Centre; no one could be sure in the chaos of those early days. So everyone who came into the Centre was asked to write their name and that they were safe on a sticky note and add it to the wall in the foyer. Some wrote notes on behalf of other survivors, if they were sure. As the array of pastel squares built up – 'Glenn and Ann safe', 'Glennnda and Heimo OK', 'Rob Connal is safe' – the *Wall of Safe* became the first port of call for residents visiting the Centre, before they stocked up on drinking water, canned foods and other supplies, got a long hug and shared their stories. People would stand silently before the wall, scanning for familiar names. Many tears – of relief – were shed.

The collection grew and grew in those weeks. Then it became a fixture – no one could bear to take it down. But sticky notes are an ephemeral item at best. Now Quaama's *Wall of Safe* has been



The original *Wall of Safe*

conserved and its memory is maintained with a beautiful image taken by Honey Atkinson. A commemoration of a time – one of many times – when our community came together. A time of survival. But more – a time of friendship, sharing, support and resilience.

Jen Severn

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## Robbie Hart – 20 years of miracles

I chanced on Robbie Hart late one quiet afternoon outside her salon, Miracles by the Sea, watering her little bit of vertical garden. She proudly told me that it was the twenty-year anniversary of Miracles offering hair-care services to the community. That's a lot of heads.

Robbie has always maintained a gentle, quiet but important presence in the community. She is well and truly a local – a fourth generation member of the McVeity family, starting life on a dairy farm in Wandella, educated at Cobargo Convent followed by St Pat's, Bega, and then, breaking away in her last two years of school, she attended Bega High School.

Robbie always knew she wanted to be a hairdresser and headed to Canberra after school to attend Canberra TAFE for her formal training. There she embarked on some wonderful apprenticeship opportunities, firstly with Magnolia Coiffure, an old-style hairdresser that specialised in wigs and hairpieces, serving some very important Canberra clients, and received wonderful experience in the trade. She moved on and worked with a traditional Italian barber in Woden who gave her a great grounding in the industry.

It was in Canberra that she met Gary who at the time was working for Gough Whitlam. In their early twenties they decided to travel, backpacking around the world and working at various jobs to support themselves.

They spent some time in Scotland in the late '70s living at Findhorn, an early eco-community of people choosing to live mindfully. This affected their lives and when they returned to Australia they lived in Bellingen in the early '80s also living communally. Robbie always had a pair of scissors close by and her hairdressing skills always assured her of work.

They then moved to Canberra where they became involved in the fitness industry but finally the pull of the coast and family drew them back here.

She set up her first salon in Bermagui, Focus on Hair, in Sorrento Lodge, now the Bermagui Bay Beach House, where the salon had spectacular views. When they ran out of room in the late '80s, they moved down the street and took over Dunks, His and Hers and set up Beachcomber where Gary trained to be a barber under Robbie. This building had been a barber's shop or hair salon for over ninety years.

Their first child Tiffany was born in '88 so Robbie became a very busy working



Robbie in front of *Miracles by the Sea*

mother. In 1990 they sold up and moved to New Zealand when Gary was offered a great opportunity to further his career and work with Les Mills in the fast-growing fitness industry. This led to his presenting a Reality Living television program. They were away for six years, Robbie, of course, still plying her trade and finally, in 2012, they returned to Bermagui along with their little family. Robbie continued her hairdressing career and Gary divided his time between barbering and teaching yoga and fitness.

Robbie first worked at Nauticurls with Michelle, back in Sorrento Lodge, and in 2001 it became the home of Miracles by the Sea. It remained there for twelve years moving to its present location along Lamont Street in August 2013.

With her family now in Canberra for work and study, Robbie spent a lot

of time on the road between 2008 and 2012. She travelled weekly to be with her family, while juggling looking after ageing parents. One of her most memorable jobs was working as the Parliamentary hairdresser during the Rudd-Gillard years dealing with some very important heads!

Over the years she has also trained seven apprentices to become tradies.

As well as being devoted to her trade and working extremely hard at it, Robbie's strong connection with community and family has always been important. Travelling and living in various locations has confirmed her belief that there is no place like home in the Triangle.

Robbie and Gary have worked hard both in their trades and for the community. Gary, not one for being idle, is also currently a member of SES.

*Georgina Adamson*

As I write, we are in the first week of lockdown. We are incredibly lucky and thankful that there are no COVID cases (at time of press) given our proximity to other hotspots. However, it will affect our community and personal wellbeing so it's an important time to look out for each other. Enjoy reading about some of the forward-looking things that are happening locally.

## Southcoast Health and Sustainability Alliance (SHASA) – solutions for the future

SHASA, our local energy and sustainability group in Eurobodalla, has gained significant funding in collaboration with the Australian National University (ANU). One of twenty projects funded

nationally through the Regional and Remote Communities Reliability Fund, the Southcoast Microgrid Reliability Feasibility (SuRF) project received \$3.125m and will run until June, 2024. SHASA's President, Kathryn Maxwell, in welcoming the funding, indicated that the group has been seeking solutions for the precarious electricity grid in the area for a long time. Essential Energy, the local network operator, and Zepben, a technology company, are also partners.

The project will engage with eight communities across the Eurobodalla area, selected from a possible sixteen sites including Central Tilba, Tilba Tilba and Mystery Bay. In looking at the contribution to future power security by grid-connected microgrids, that can operate independently when grid connection is lost, this exciting

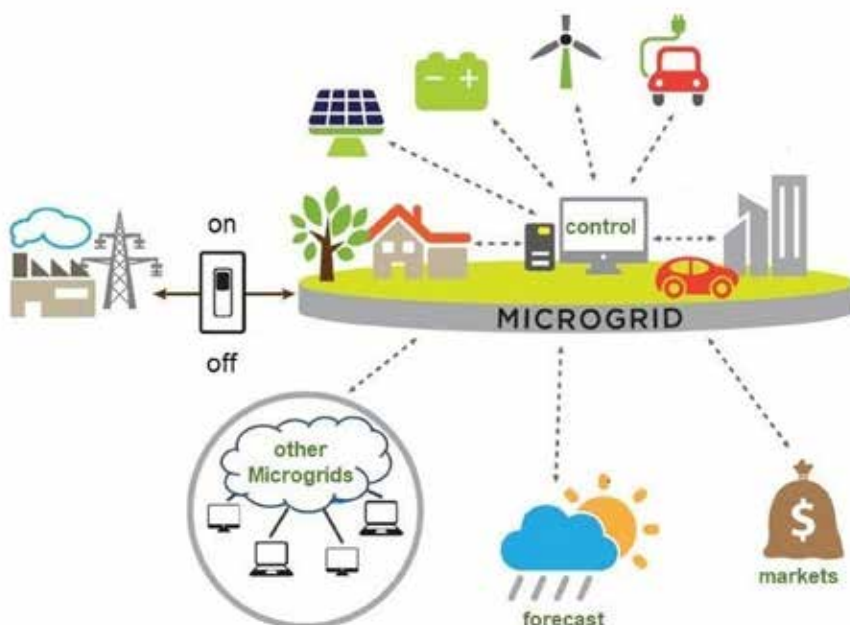
and comprehensive project will determine community expectations, technology, industry and regulatory requirements, and develop implementation plans and costings. SHASA will undertake the community engagement activities of the project in collaboration with researchers from the Battery Storage and Grid Integration Program at ANU. If you are interested in being involved in the microgrid feasibility study, please contact SHASA via [shasa.com.au/about-us/contact/](http://shasa.com.au/about-us/contact/), [shasa@gmail.com](mailto:shasa@gmail.com) or 0467 558 645.

## Moving out but staying

Tilba Sweet Spot is known far and wide for its range of old-fashioned lollies. Started in early 1996, its owner and founder, Peter Lonergan, has handed the business over to new owners. Originally opened where Bath Patisserie is now, the business moved to its current location in late 1997 with the help of locals – who apparently couldn't resist temptation and sampled some of the sweets on their way up the street to the new location!

Peter came to the area from Melbourne in 1988. With his then-wife, his sister Carol and her husband, they purchased the Deer Farm on Ridge Road where they operated a tourism business for four years, serving billy tea and damper. A keen home-builder, Peter has built and lived in several homes since then at Blacksmiths Lane in Central Tilba, then Sunnyside Road and, more recently, the appealingly renovated dwelling adjoining the Tilba Sweet Spot.

From his early days, Peter's keen interest in community life has been evident, alongside his competent operation and management of a successful small



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Peter celebrating with partner Robyn

business. With Peter Storey, who ran the Cheese Factory at that time, he was a founding member of the Chamber of Commerce and its inaugural President for the first few years. He has also served as Treasurer and took over again as President during the 2000s until 2019. Much of the most recent work in Central Tilba has happened during his leadership, advocacy and lobbying – the new public toilets, the footpath upgrade, the rubbish bin surrounds, seating near Tilba Real Dairy and the lower carpark, to name several. He has been an active member of the Eurobodalla Shire Chambers of Commerce and a member of the Mayor's Bushfire Disaster Fund. His 70th birthday in the Big Hall a couple of years ago was a measure of the community's high regard for him – even though those platform shoes nearly crippled him!

Peter is moving back to Sunnyside Road, with his new partner Robyn, and is looking forward to gardening and getting the Porsche out more often. We wish Peter the very best as he moves into the next part of his journey and thank him for his commitment and work for our special community over many years.

## Regenerative Agriculture

In recent years there has been great interest in restoring and sustaining often over-farmed land in ways that improve productivity by using natural biological systems. Described as regenerative agriculture, put simply this means leaving the farm environment in better shape after adopting progressive practices that improve and enhance the landscape including soil biodiversity. Soil biodiversity relates to

micro-organisms – bacteria, protozoans, fungi etc. Regenerative land management practices have the potential to achieve sustainable outcomes, increase financial returns and enhance wellbeing for farming families and communities.

A special forum will be held at Central Tilba with a presentation on 23 September followed by a field day on 24 September. The purpose of these events is to deepen the participants' understanding of regenerative agriculture, related supply chains and holistic management tools. These events will be hosted by the local Smart Farms group and Tiverton Farm.

The Smart Farms Program is part of the National Land Care Program. Its focus is to improve land management practices and biodiversity. The local group, facilitated by Cobargo resident, David Newell, and managed by the Far South Coast Landcare Association, has been running for 18 months. Its twelve members come from a diverse range of farming businesses – vegetable producers, mohair producers, milk and meat goats, oyster growers, and beef and lamb producers from Bega Valley and neighboring localities. Tiverton Farm at Central Tilba has been involved from the start.

Speakers at the presentation will be Brian Welburg, Holistic Farm Management trainer; Tony Hill, CEO, Land2Market; and Chris Balazs, CEO and co-founder of Provenir. The field day will be held at Tiverton Farm where the regenerative agriculture journey will be explained through discussion and a tour.

For more information call David Newell on 0408 213 984 or Phil Shorten from Tiverton Farm 0438 217 916. Please



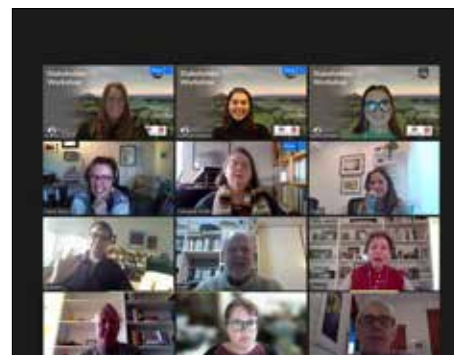
Sally Record and Phil Shorten of Tiverton Farm examining pasture

note that this event is subject to current COVID restrictions and is by invitation only.

## Have you heard?

The Tilba District Chamber of Commerce (TDCC) is leading the exciting Tilba Resilience Project. This project will develop and deliver a Strategic Plan for Central Tilba, Tilba Tilba and Mystery Bay that will ensure that our towns are attractive to live in, attractive to work in and attractive to visit for many years to come. Funded with Bushfire Recovery money, the project is an unprecedented opportunity for all our community to contribute, building on our strengths and responding to current and future opportunities.

There is a dedicated project page – [tilba.ewouk.com.au](http://tilba.ewouk.com.au) available to all, with access to the Tilba Resilience Project Overview and FAQs, as well as an online survey – [ewouk.com.au/have-your-say/](http://ewouk.com.au/have-your-say/) direct link and/or a QR code.



Stakeholders' workshop on Zoom

Workshops have already begun, with the first Tilba District Stakeholder Workshop held in mid-August. There will be lots of opportunity for becoming involved over the next few months. Right now, though, have your say by completing the short survey using the above links or the QR code below



## Central Tilba School on remote

There are many challenges at the moment but Central Tilba School is using this time to create new opportunities and fun things for all students. Thank goodness for technology!

The school participated in a Questacon workshop to celebrate Science Week on Thursday, 19 August. The presentation was via Zoom and enabled students to participate and connect from both school and home simultaneously. The students were solution creators and had to build a prototype for a piece of equipment to meet the needs of fantasy characters in their given scenarios.

It was innovative, engaging and fun!



Questacon workshop

The popular Kitchen Garden program also went remote. Linda and Sandy put together 'Home Learning Cooking' ingredient packs for the children to make chocolate chip cookies at home!



Linda and Sandy with  
homemade chocolate chip cookies

And a big welcome from the school and the whole Tilba community to the Hone family – Duke, Davi and Dali – who have recently moved to Central Tilba.

## New Shop opens

Tilba Real Dairy has moved their retail shop from the factory across Blacksmiths Lane to 33 Bate Street. Although not completely finished, the new retail space is bright and open with creative display areas. The move allows the old retail space to be

utilised for much-needed factory space and will house the automated packaging machinery that is expected to arrive in October. Well done to Erica, Nic and all the team.



Erica Dibden shows off the new shop



Welcome to Duke, Davi and Dali

# Tilba CWA's 10th Birthday in September 2022

Teresa Stubbings, the new President of the Tilba branch of CWA, is coordinating the tenth birthday celebration of the branch in September 2022. This event will be a Spring Garden Party at Mountain View Farm in Tilba Tilba. It will be a double celebration, ten years of the re-formed Tilba CWA plus CWA of NSW's Centenary. A big thank you to Kathryn Ratcliffe of Mountain View Farm for hosting this event. Save the date next year – Saturday 10 September 2022. Lots more details to follow so check out our CWA Tilba Facebook and Instagram pages.

Tilba CWA members are continuing to cook once a month for our stall at Tilba Market and for BlazeAid Cobargo. The dinners for BlazeAid are coordinated by our Treasurer, Helen Thomson. Helen has arranged dinners with a theme including Mexican, Thai, Curry, Italian and this month it will be Greek. The Greek dinner will be a lamb casserole, moussaka, dolmades and salad followed by baklava for dessert. Recent feedback from Cobargo BlazeAid volunteers for our Italian meal was that it was 'scrumptious'.

Last month Zoe Burke, our Craft Officer, and Helene Sharp attended a Cobargo CWA craft give-away afternoon. Many craft items including stamps and stamp pads, colour pencils, rulers, sharpeners, erasers and card-making items were put together in kits for our next Tilba CWA stall.

On behalf of all Tilba CWA members, we would like to wish Ken and Linda Jamieson of Tilba General Store and Post Office all the best for their retirement. Ken and Linda have managed their business in Central Tilba for nearly forty years providing friendly and helpful service to locals and tourists

in our community. We would particularly like to thank Ken and Linda for their ongoing support of Tilba CWA that has enabled our community contributions.

COVID permitting, all local women are welcome to attend our upcoming Tilba CWA meeting on Thursday 9 September at 10.30 am at Mountain View Farm, Tilba Tilba. Members are excited to view Kathryn's farm with her field of colourful everlasting daisies. Please contact our Secretary Helene Sharpe, on 0438 257 189, if you would like to attend.

*Annette Kennewell*



Screen shot of CWA Tilba's Facebook page.

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## The joy of art from the heart

Art is a funny business. People and museums pay up to \$100 million for a painting and a few Australian painters are able to charge over a million for their works. Yet works produced by local artists often do not receive sufficient recognition.

Today, the word art can encompass almost anything, much of it hard to engage with for the average person. But there is a category, recognised as art by most people, which is now finding recognition in the highest temples of Art. Leading art museums – MOMA in New York, the Tate in London, the Louvre in Paris – regularly hold exhibitions of what is called variously Folk Art, Primitive Art, Naïve Art or Native Art. This is work done by people without any formal art training in which they put down what they imagine, with the equipment and tools at their disposal.

Many who attend these exhibitions will be astonished and amazed at the quality, imagination and insight in these works, that might include paintings, carvings, tapestries, weavings, assemblages, sculptures and works that incorporate some or all of the above.

In my view, a modest man in his early seventies who lives in Fairhaven named Ron Goddresse is an outstanding artist in this



The new letterboxes in Fairhaven must have stunned the postman!

field. For many years Ron has made items such as rocking horses, a bed made to resemble a racing car, a doll's house, letterboxes that resemble houses, wall assemblages (including a three-dimensional picture made up of everyday items re-purposed and assembled from op-shops, council tips and a friend's workshop). Despite the quality of Ron's work he has never held an exhibition as he is uninterested in that type of exposure. But his work is well-known and deeply loved by many people in his community.

Now Ron has created an astonishing masterwork.

A few months ago vandals destroyed a number of letterboxes in Ron's street, one of which was Ron's. It was particularly precious because Ron's late wife, Julia, had contributed to its construction but Ron's response to this hurtful stupidity showed him at his best. He constructed a strong and magnificent replacement that is a work of art. It sits outside Ron's house on posts set in concrete. The photographs speak for themselves and the ideas, the detail and the imagination are astounding.

To gaze at it is to enter another world – the world of Ron's imagination. There is a Tudor-themed house (the characteristic Tudor window mullions are made from a seedling tray from Mitre10) with gardens, furniture, figurines and a thatched roof. Little jokes and stories emerge from the characters. For example a female miner (based on historical photographs) is carved from a lump of coal. There is an adjacent building with echoes of Florence's famous medieval bridge. There is an English pub, clearly recognisable but also different, in a way that is somehow innocent, playful and joyful. This is not intended as a model of what has been and gone, but rather an insight into how all this wonder might appear in the 21st Century.

Each of the many interiors and exteriors comes with its own, often whimsical, tale.

Ron says, 'I'm not a great artist, but I can imagine things. The rest comes straight from my heart.'

Ron is well-known locally for his art, many houses in the street have his letterboxes and grandchildren have rocking horses, but his latest work has stunned his neighbours. It truly is an astonishing piece of work.

The address is 37 Fairhaven Point Way, Wallaga Lake.

*Keith Bashford*

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## The joy of art from the heart, detail ...



This mock Tudor 'letterbox' repurposes everyday items into a world of imagination, on a beautifully small scale.



A formal garden sits alongside the 'Tudor' building. The many hours of work put into creating all this detail is obvious as is the delight of the artist in populating his small 'world'.

### Author's Footnote

If you are interested in learning more about this astonishing art genre, a good place to start is Collection de l'Art Brut ([www.artbrut.ch](http://www.artbrut.ch)), a collection held in Lausanne, Switzerland, which has over a century and a half of work done mostly by people with severe mental illness. The artwork was made as part of their treatment.

I have been to many, many art galleries. None has given me such amazement and pleasure and the sense that we are a species with more commonalities than differences than this one.



The indoors isn't just for letters. A nautical themed room (left) contains many miniature pieces while a more 'modern' room (right) has furniture fitted out from familiar items including kitchen sponges and astro-turf. The artist's good humour is apparent in capturing how the restored interior of character buildings doesn't usually stick with the original style, just like most renovations of older buildings in the bigger world! The veranda grass and rail and the more 1950s style furniture are perfect touches.

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## *My Super Power* and beyond

What a privilege it was to work with such talented people in the theatre show, *My Super Power*. It's always thrilled me to experience people using their super powers, bringing everything to the table in this moment right now. 'Do something that scares you every day,' I reckon.

I knew how I wanted the show to look but none of us really knew how to achieve it. Would the story keep the children's attention? Would they like it? How do you make a human look like a frog and incorporate microphones? Will the paintings and animations work? Would anyone come because of COVID? So many questions and so little time to pull it off.

Looking back, the timing was perfect as it always is. Thank you to everyone who responded to the survey because it's helping us create a better show. We're going to Coffs Harbour and the Hawkesbury in 2022 and the Ginger digital course will be ready by then as well. Maybe we could do another show in Cobargo for those who missed it before we head off.

We're now beaver away creating an online course out of Mindful Mondays that ran locally in March, April and May this year thanks to the CCBRF. Thoughtworks, a global technology consultancy, is donating its expertise thanks to one of the participants in Mindful Mondays. This will be available to all LGAs affected by bushfires. Then later for schools and those traumatised by COVID – which is, potentially, everyone.

The first group of students, selected for psychological diversity, will start studying our online course soon and their results will be academically reviewed and evaluated so that the course can be further reviewed and adapted for a broader market. My dream is to make this available for politicians. In the meantime please join me on FaceBook's Cobargo Wellness Group (CWG) page where I'll share techniques for support in these extraordinary times. Resources are also available at [cwg.org.au/resources](http://cwg.org.au/resources).

*Sarah Campbell Lambert*



Fairy Shoes - exquisite workmanship  
by Nikki Hutteman



The crew, L-R Charlotte Ahrens, Sam Seidel, Richard Lambert, Sarah Campbell Lambert, Tony Harrington, Dave Houston and Matt Scott



Kookie singing - Dave Houston and Charlotte Ahrens



Wallaga Lake kids join the cast on stage

## Four Winds Resilience Capital Works at Barragga Bay

Four Winds is one of several local organisations that have been successful in receiving funding (\$336,000) for bushfire resilience capital works as part of the Bushfire Local Economic Recovery Fund (BLERF) package of \$4.5 billion, co-funded by the Australian and NSW Governments, focusing on strengthening community resilience and reducing the impact of natural disasters.

Our scope of works includes installing fit-for-purpose sprinkler systems, solar panels and batteries, and upgrading our water tanks. Alongside this we are improving access to the site by widening and sealing the Four Winds road, as well as installing a well-lit footpath from the Sound Shell to the car park. The path will increase ease of access to and from our Sound Shell seating area – addressing what we know has been an area of concern for some time.

We are working with the same project management team as we used for our last building project – Four Winds ‘super volunteers’ Bill Caldicott and Bill Southwood, among others. This is a large project with a tight turnaround – our deadline is prior to the start of the next bushfire season – and planning work has already begun. All work will be conducted by local businesses and tradespeople.

The full package of bushfire resilience activity will see Four Winds reducing future disaster risk and protecting our outstanding and unique facilities. The impact of this and other BLER

funding will be felt across the community for years to come – Four Winds is incredibly grateful to have been successful in our application along with many of our neighbouring community organisations. We look forward to seeing the full impact of this program across our region.

As the current lockdown progresses we will update you on future performance plans as the situation unfolds – meanwhile, we trust that music can lift your spirits in these challenging times.

*Gabrielle Waters*



Four Winds Barragga Bay site Credit: Warren Purnell

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# Art in the Triangle

## ***Cabin Fever Creations by the Bega Valley Fibre Group at Lazy Lizard Gallery***

Bega Valley Fibre Group will be presenting their annual exhibition at the Lazy Lizard Gallery, Princes Highway, Cobargo during the month of September providing COVID restrictions are lifted and allow for such exhibitions.

While many in our communities have been adversely affected by the COVID restrictions, the members of the Bega Valley Fibre Group have been busy beaver away at their various crafts. Some are skilled knitters, some spinners, some weavers, others are braiders, felters or practitioners of other fibre-based crafts. Many a member has arrived in the group with one or two skills, only to find that after a short while they have learnt many more.

The group meets in two venues. One meeting is held monthly on a Friday morning in Cobargo at the CWA Rooms. The other venue is the old Operating Theatre at the Old Bega Hospital where meetings are held fortnightly on alternate Friday and Saturday mornings.

These meetings provide a place where members can learn from each other, borrow from both the interesting library of craft books and the store of fibres and craft items and, importantly, provide friendship and support for each other.

The group often participates at community events such as the Bega Show and Seniors Week, with demonstrations of different crafts and presentations of finished items.

The group has several workshops planned for those living in the Quaama area who have been affected by the fires of last year. On 18 September, the planned workshop is for people interested in learning the skill of Mosaic Crocheting. Next year in late January or early February, there will be an indigo dyeing workshop and then later in the year, before the onset of winter, a

scarf-making workshop.

Most of the items on display at this exhibition are for sale and are testament to the variety of the talents of the various members. Hopefully this exhibition will lift sagging spirits and send viewers away with a smile.

*Delmah Rosemond*



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## **Cobargo Co-op**

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You may have heard about the shortage of building materials and the increasing cost of goods across many industries at the moment. In particular steel and timber prices are continually rising, with increases of up to 25% already this year.

In an effort to support the rebuild of the region and hold current pricing as long as possible, Cobargo Co-op has been working with Austral Wire Products to purchase up to 6 months worth of fencing materials ahead of another significant price rise in September.

When cost saving strategies can be found, the savings are always passed onto you, the consumer. This is just one way that a community owned co-operative supports the best interests of the town.

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## *Common Threads @ Cobargo Creators*

Never has it seemed more appropriate than now to exercise our creative natures precisely when the world around us shuts down and we are left to our own resources. Luckily the *Common Threads* exhibition has inspired many to pick up assorted threads – twine, copper, silk, vine, hemp, cotton, wire ... and create experimental, imaginative, ingenious and inspired compositions. On Saturday 18 September, if the world is still spinning and the street is streetling along, Cobargo Creators will present the opening of *Common Threads*.

Come along have a cuppa, a slice of cake, a chat about material matters and all things fibre on a spring Saturday morning on 18 September – COVID willing.

Having said that, Cobargo Creators acknowledges it is difficult to know from one day to the next about opening, closing, locking down, up, on, around or under so all the gallery can do is go with the flow – opening the doors as much as possible with the sincere wish that spring into summer will bring us back into full-day hours.

There is a communication via a sign on the door of opening days and times and also posted on Facebook.

*Sandra Taylor*



Twined basket 'Haywire' using seagrass and fine paper yarn by Marilyn Banfield

# SCULPTURE Bermagui

## Expression of Interest for 2022

### Calling for Expressions of Interest (EOI)

### from sculptors wishing to exhibit in

### SCULPTURE Bermagui 2022, 5 - 14 March 2022

SCULPTURE



Bermagui

There is no cost or obligation involved.

We select the finalists from the EOIs submitted, notify them within a week and invite them to submit an Entry & Agreement form and fee.

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Contact Pauline on 0468 464 167 or [curator@sculpturebermagui.org.au](mailto:curator@sculpturebermagui.org.au)



## The Art of Reading

What are you reading now? This question opened a feast of possibilities as Wendy Tucker, Graham Walker and Tony King responded to Sarah Gardiner's opening gambit to reveal their reading scope, scale and pleasures – and that these readers must also have very sturdy bedsteads as each juggle a number of books at once. They spoke of classics like Orwell's *Animal Farm*, that still turns a spotlight on poverty and steel-fisted, double-speak governments; Lawrence Durrell's *Bitter Lemons of Cyprus* that came from a father's recommendation; and a biography of Sylvia Plath, focusing on her life, rather than her death, all offered eclectic depth.

Guided by the excellent facilitation of Sarah Gardiner, dialogue was shared around the circle and directed by perceptive questions that drew out the participants' literary influences and plethora of interests. Favourite genres meandered through literary fiction, the psychology of murder, an exploration of what people create and, also, truth. Fiction that derives from 'the real' by filling in the gaps of historical research with disciplined imagination enlivens the past, making it more accessible. Participants discussed the ways such creative imagination makes patterns visible and supports reflection on one's own key experiences and life changes. Books were valued for intellectual gain, deepened understanding and/or simple entertainment.

Each of the readers appreciated poetry with its beauty of language and synthesis of ideas, perceptions and insights. Poetry was described as being



Sarah Gardiner, Wendy Tucker, Tony King, Graham Walker and their attentive audience

like a miniature story, a cameo, the sparse language of haiku packaging complexity, inspiration and awakening in a simple burst. Our readers discussed the way poetry, particularly, communicates when performed by the writer or that otherwise flat words can come alive with the skill of an accomplished actor performing Shakespeare. Young Indigenous poets who challenge norms were acclaimed. Short stories were not so popular and described as a little unsatisfying yet they also work when complex ideas 'parade in casual clothes'. Marketing can sometimes be misleading leaving questions about the motives and engagement of the reviewer.

Participants discussed the value of 'slow reading'. Research shows that although fast readers can rip through books, they generally score poorly on later comprehension. Slow reading allows for absorption and contemplation that results

in much higher levels of comprehension. Yet, of course, fast reading is the go for pure entertainment and escape. The skill of 'slow writing' was also acknowledged – it enables in-built silences in the flow of words to punctuate the pace so the reader can absorb a philosophic gem or reflect within the resonance of a similar experience. Slow writing can also ensure that the reader pauses for what comes next.

On a brisk sunny day, sitting physically spaced out in the backyard of Well Thumbed Books listening to the highly stimulating conversation of respected locals, as strains of live music wafted up from the coffee van, there was no doubt that community life is rich and diverse again in Cobargo. And the following morning tea, a legendary event in itself, deliciously fuelled lingering conversation.

Rosemary Beaumont

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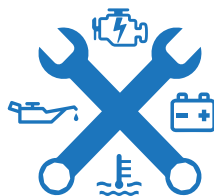
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### *After Story*

Larissa Behrendt

\$32.99

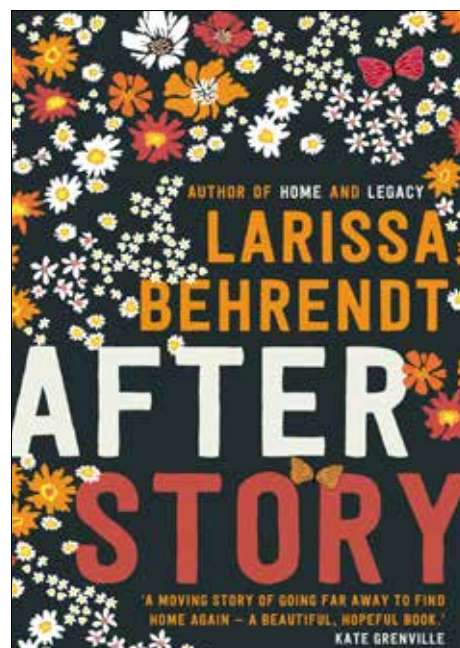
This is the most enjoyable book I have read this year. Thanks again to the wonderful staff at Candelo Books for the recommendation.

An Indigenous mother and daughter travel to the UK for a literary tour that introduces the mother, Della, to Sherlock Holmes, Virginia Woolf, DH Lawrence, the Brontë sisters, Dickens, Jane Austen and others, most of whom she only knows through television shows. Her daughter, Jasmine, is a trainee lawyer; for her, literature has been a life-long comfort. She was only three when her sister was abducted and murdered, and her life has been shaped by her mother's grief, guilt

and consequent reliance on grog to ease the pain. The themes of addiction, unresolved guilt, racism, fractured family relationships alongside family loyalties and affections are described with gentle humour and a real understanding of the often contradictory dynamics present in all families.

The strongest voice is that of Auntie Elaine, now dead, but still providing wisdom and common sense equal to that of the literary giants lauded as leading storytellers. As Della says, 'No other culture produced Shakespeare, but no other produced an Aunt Elaine.'

Larissa Behrendt joins a growing list of Indigenous writers whose storytelling leaves no one able to say, 'I didn't know'. As Indigenous elder, Pat Anderson, said recently, 'Just go and read a book.' *After Story* is as good a book as you are likely to read.



## Pet of the Month

Kerri Brady

Tiger is nothing like her name suggests. She is only about two and a half to three-years old but in her short life has been a terrific mother to eighteen kittens. Well, that life is behind her now. Tiger is a gentle, affectionate, elegant young lady who is looking for a home where she can get the attention she deserves. She appears confident but will be a little shy to begin with. Tiger will need to be kept inside as

she has honed her hunting skills down to a fine art to provide for her kittens, so she would still decimate the wildlife around any home she finds herself in. She would probably be able to get used to another cat now that she doesn't have kittens to defend if they were introduced slowly. Tiger just wants to be loved. Are you her soul mate? She will cost \$200.

If you are interested in Tiger or any



kittens we have in care, please give our enquiry number a ring – 0400 372 609 (phone hours are Monday to Friday 9 am–5 pm). All animals available through AWLNSW have been microchipped, de-sexed, vaccinated, wormed and treated for fleas and ticks. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to have secure dog-proof fencing and be suitable to meet the needs of the animal. You can view available animals on the Facebook page, search for Animal Welfare League Far South Coast Branch, but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption (AWL NSW Rehoming Organisation Number: R251000222).

If you would like to become a member please call 0400 372 609. If you have lost or found a companion animal please call BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available at all vet clinics in our branch area, including Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden, for local residents who hold a Centrelink Pension Card. AWL-Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

## Spring – the time is right

With spring now with us, I thought it opportune to discuss some issues that are relevant to this period in the gardening calendar.

Plants expend an enormous amount of energy in spring doing what they do, like flowering and fruiting or extending their size through new growth and now is the time to help them along with some additional nutrients. There are some fertilisers that can be applied to nearly all plants, like blood and bone, but these don't have all the nutrients available that are specifically required by a particular group of plants.

Native plants are not fond of phosphorus, for example, whereas roses prefer a fertiliser high in potassium that helps them with lush and healthy blooms. Flowering annuals and vegetables prefer a higher rate of both nitrogen and potassium for both lush foliage and big and healthy flowers.

On the other hand, we have plants that are grown in pots, so care must be taken with the application of fertilisers as plants can be severely affected by incorrect application of fertiliser type. Powdered or granulated fertilisers should never be applied directly to the surface of the soil in the pots as most plants in pots are surface rooting and nutrient burn of these plants can be fatal. Use a slow-release pellet or liquid feed and, again, use fertilisers specific to the plant group. Keep in mind that nutrient depletion in pots is far quicker than for soil grown plants, so the process must be repeated more often to have the plants looking healthy all the time.

For those of us that prefer an organic garden there are many fertilisers now available that are BFA-certified organic. All fertilisers should be well watered in, so the plant has immediate access to the nutrients. If you have mulch down around your plant, rake it back, apply the fertiliser, water in, then replace the mulch around the plant.

After the fertilising process has been completed the next important task is to apply either new mulch or to top up older mulch in preparation for the drier months ahead. I have mentioned in previous columns the types of mulches available and these range from shredded cow manure to sugar cane and lucerne mulch and other mulches from trees, like pine bark and eucalypt chips.

The softer mulches like sugar cane and lucerne will decompose over a shorter period than the wood mulches and, therefore, will require more frequent application. They are more beneficial to the soil as they improve the structure and texture of the soil as they break down. Wood mulches will tie up more of the nitrogen in the soil while they are decomposing than the softer mulches, so a keen eye needs to be kept on fertiliser application to ensure the plant is not depleted of this important nutrient.

For those of you in high-risk fire areas, a gravel mulch can be used and, although it hasn't any nutrient value, it doesn't burn or break down.

Finally, I need to mention the pests that start to invade the garden now the days are starting to warm and the sap is

well and truly flowing. Sap-sucking or leaf-eating pests like thrips, aphids and caterpillars should be controlled as they can reduce the vigour of the plants which in turn weakens the plants and allows other pests and diseases to invade.

There are two great control methods that are available to control these pests and they are available now.

The first is a synthetic pyrethrum that is systemic and can be used for the sap-suckers and the other is a control that is derived from beneficial soil bacteria and is useful to control the chewing pests like caterpillars and other leaf eaters.

Call into your local nursery and check out all the new products that are available to make gardening more pleasurable and safer for our environment.

Keith Mundy  
Tilba Nursery, Tilba Tilba



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## CROSSWORD ANSWERS

### ACROSS

1. tote 5. palls 10. tape 14. omit 15. iceup 16. Oman  
17. percentagepoint 20. Nehru 21. scatter 22. opah  
25. slyly 26. pawed 30. todate 33. exile 34. ewer  
35. Tau 38. perishablegoods 42. SSE 43. asea  
44. Ernie 45. fadein 47. nests 48. motor 51. tome  
53. ovarian 56. arise 60. permanentmarker  
64. erse 65. dweeb 66. kale 67. stir 68. steno 69. styx

### DOWN

1. top 2. omen 3. tire 4. etch 5. pinup 6. act  
7. lea 8. lugs 9. spec 10. tootle 11. Amity 12. panel  
13. entry 18. erodes 19. past 23. atease 24. howbeit  
26. peps 27. axes 28. wire 29. eli 31. Delano  
32. are 35. tons 36. adit 37. uses 39. had 40. genera  
41. ore 45. former 46. aria 48. mopes 49. overt  
50. tarsi 52. Mambo 54. ands 55. newt 57. irks  
58. Skat 59. eely 61. nee 62. ten 63. rex

## SUPER QUIZ ANSWERS

1. Ginger Rogers and Fred Astaire 2. Pacific  
3. Fauvism 4. Democracy 5. Shearers/shearing  
sheep 6. Wind 7. Latitude 8. Bags 9. Back  
10. Let me taste your ware

# For the fridge door

ALL EVENTS ARE SUBJECT TO COVID RESTRICTIONS, CHECK FOR CHANGES

SEPTEMBER	WHAT	WHERE	TIME
Sat 4	<i>Cabin Fever Creations</i> fibre-based arts/crafts on exhibition & for sale	Lazy Lizard gallery, Cobargo	10 am - 1 or 2pm
Sun 5	All-day Pfizer vaccination clinic	Lighthouse Surgery Narooma	TBA Lighthouse website + FB page
	Live music: Dust and Echos	Cobargo Hotel	5.00 pm
Sat 12	Live music: Lucie Thorne	Cobargo Hotel	5.00 pm
Sat 18	<i>Common Threads</i> fibre-based arts & crafts exhibition	Cobargo Creators gallery Cobargo	10.00 am
Sun 19	Live music: Garry Carson Jones	Cobargo Hotel	5.00 pm
Sat 25	Montreal Goldfield Heritage Day	Montreal Goldfield, 769 Wallaga Lake Rd	9.30 - 1.30 pm
	Well Thumbed 11th birthday	Well Thumbed Books	10.30 am
<b>OCTOBER</b>			
Sat 2	Matt Nettheim Portraits launch	Well Thumbed Books	10.30 am
Sun 3	Marine Rescue Open Day	Fisherman's Wharf & Bermagui Country Club	11 - 3 pm

## Open Sauce! - Recipes from the Triangle area *Ellie - The Quaama Store*

I hope you are enjoying this current issue of *The Triangle*. I have been asked to feature three of my special recipes. Currently in our lockdown and after going through the bushfires and trying to keep our lovely store in Quaama operating, I offer you a little insight. I am a country girl born and bred on Monaro. These recipes are dedicated to our ancestors and to my love of cooking:

### Ellie's Caramel Slice



Prepare your slice tin with a light spray of canola oil and line with baking paper. Prepare the base which consists of 1 cup of self-raising flour, 1 cup of coconut and 1/2 cup brown sugar and 250 grams of melted butter.

Press gently into the tin and bake at 200 degrees C for about 8 mins. Remove from oven and prepare the filling.

1 tin of condensed milk with 2 good tablespoons of golden syrup add one tablespoon of butter. Cook slowly until the butter is melted. Do not overcook the mixture. When the butter is melted add the mixture to the base. Cook for 15 mins at 200c and remove to cool.

Melt 125g dark cooking chocolate with 1 teaspoon of butter either in the microwave for 2 mins on defrost or over boiling water and spread on the cooled slice.

### Ellie's Mini Quiches



You will need a couple of small flat bottom tins like small muffin trays

1 packet of frozen shortcrust or puff pastry - set out and thaw.

When thawed out, use a glass or cutter to make the size fit the tins

Mix 1/2 cup grated tasty cheese with 2 eggs and 1 cup of thickened cream. Just add some pepper and a little pinch of salt. Set aside and prepare your fillings:

Thawed frozen spinach, mushrooms slowly cooked in butter or bacon pieces.

Place the spinach or mushrooms or bacon the bottom of the pastry filled trays and add the cream mixture. Bake in an oven at around 200 degrees C for 25 mins and enjoy.

### Scalloped Potatoes



This recipe is from my mother in law and she was a thrifty cook. Here is a tasty vegetable dish: circa 1950s. There is no garlic or onion.

1 kg of waxy potatoes peeled and very thinly sliced

1 tablespoon of plain flour. Plus salt and pepper to taste

1 cup of chicken stock

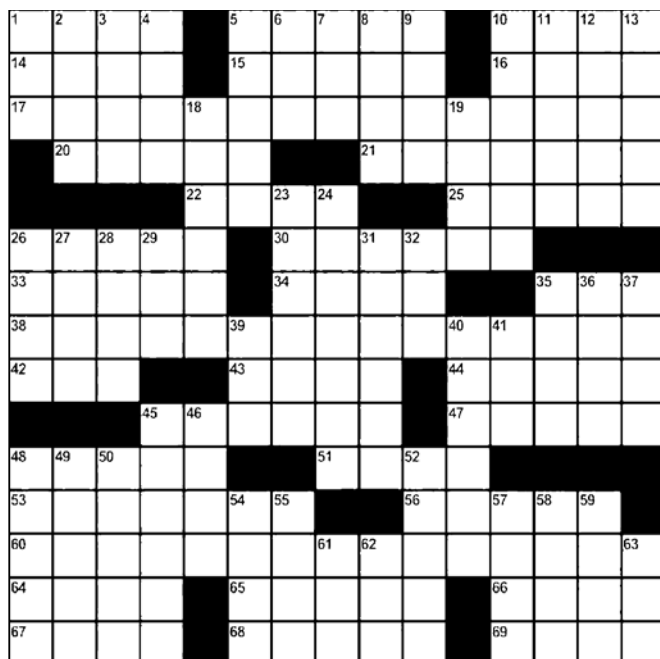
1 cup of grated tasty cheese

Chopped fresh parsley

Preheat oven to 190 degrees C. Arrange sliced potatoes in a shallow baking dish and sprinkle layers with flour. Heat the stock until boiling and pour over the potatoes. Sprinkle with cheese and bake for at least 40 mins or until tender. Sprinkle with chopped parsley and serve.

# Game On

## CROSSWORD



Answers on page 38

## SUDOKU

6				2				5
		9	7			8		6
			5				3	
			3		1	4	9	
		3		8		1		
	6	4	2		9			
	9				2			
5		8			3	6		
3				4				8

## SUPER QUIZ

from The Sydney Morning Herald

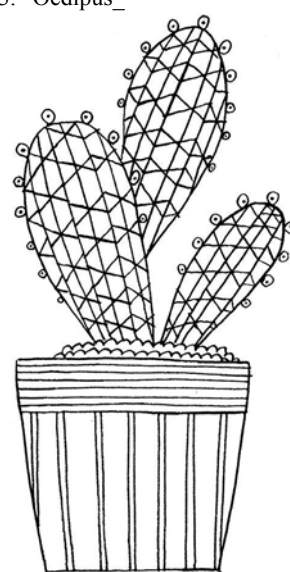
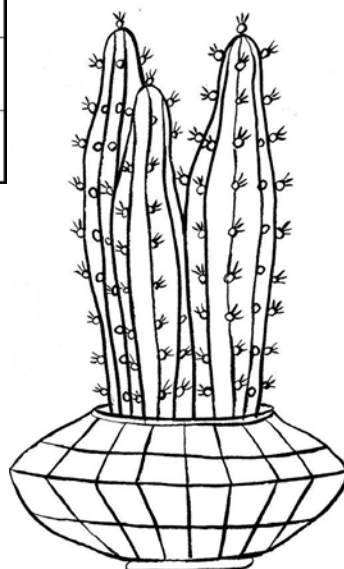
1. Virginia McMath and Frederick Austerlitz achieved fame under what names?
2. In which ocean is the Sea of Okhotsk?
3. Which art movement's name is derived from the French for the wild beasts?
4. Writing about Japan's post-WWII occupation, what did Kawai Kazuo say can not be taught to a starving people?
5. Click Go the Shears is a song about what?
6. Breeze and gale are measurements of what?
7. Does the length of twilight depend on latitude or longitude?
8. Tote, duffle and clutch are types of what?
9. Complete the expression: make a rod for your own what?
10. What did Simple Simon first say when he met a pie man going to the fair?

## ACROSS

1. Bag with plenty of room
5. Gloomy atmospheres
10. Sealing material
14. Purposefully overlook
15. Freeze over, as a windshield
16. Yemen neighbor
17. Small fractional unit (10,5)
20. Gandhi role
21. Kind of rug
22. Stunning aquarium fish
25. With cunning
26. Handled clumsily
30. As yet (2,4)
33. Shah of Iran, once
34. Samovar's cousin
35. Socrates' T
38. Fruit, e.g. (10,5)
42. 157.5 degrees from N
43. Utilizing a liner
44. Bert's Muppet pal
45. Film-script instruction (4,2)
47. Hatchlings' homes
48. V-8 you cannot drink
51. It has a wide spine
53. Of a reproductive organ
56. Respond to the alarm
60. Bad thing to make a mistake with (9,6)
64. Scot's tongue
65. Geek
66. Leafy green
67. Follow a cookbook directive
68. Memo taker of old
69. Mr. Roboto rockers

## DOWN

1. Zenith
2. Writing on the wall
3. Firestone item (American spelling)
4. Delineate
5. Cheesecake picture (3,2)
6. It may be hard to follow
7. Meadow
8. Carries a heavy load
9. On\_ (without a guaranteed sale)
10. Play a piccolo
11. Jaws resort
12. Game show group
13. Webster's listing
18. Creates naturally, as a gorge
19. Present and future partner
23. Relax, soldier! (2,4)
24. Nevertheless, archaically
26. \_ up (invigorates)
27. Gives the heave-ho
28. Send money, in a way
29. Yale student
31. FDR's middle name
32. \_ you out of your mind?
35. A heck of a lot
36. Mine opening
37. Finds a purpose for
39. Used to own
40. Biological subdivisions
41. Metallic rock
45. Previous
46. Showstopper for a diva
48. Broods
49. In plain sight
50. Bones below the tibia
52. Certain ballroom dance
54. Common connections
55. Salamander family member
57. Ruffles one's feathers
58. Card game for three
59. Slithery and slimy
61. Society column word
62. Perfect score, sometimes
63. "Oedipus\_"



If you have a game, quiz or crossword that you would like to see on the Game On page, send it to [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) with your email address. We'll try to include it.