

# THE TRIANGLE

COMMUNITY NEWS

Est. Sept. 2002

**QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

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## Tilba Festival's triumphant return!

Easter Saturday's Tilba Festival returned with a flourish this year after a short hiatus. A revised layout and changes to the program due to COVID-19 provided the opportunity for a fresh approach that received overwhelmingly positive feedback from visitors, participants and Bate Street business owners alike.

We were delighted to have the Wallaga Lake mob present to perform a Welcome to Country and dances as part of an opening ceremony that also featured speeches from Kristy McBain MP and Eurobodalla Shire Mayor, Liz Innes.

Two stages hosted talented bands all day while the Gulaga stage was replaced with a busking spot outside the pub. Combined with changes to the way the stalls were laid out down the centre of the street, this provided more free space for people to move around and still remain socially distanced. The cheese-rolling, egg-tossing and boot-throwing games all went ahead without serious incident, and Rhys the Trickster proved very entertaining!

Because we received a Regional Tourism Bushfire Recovery Grant, the Committee decided to provide two free entry passes to all PO Box holders in the district and, of course, many locals were in town working or volunteering. Total attendance was around 4000 on the day.

The grant also made it possible for us to purchase heavy-duty modular stages on behalf of the Tilba community that can be used for future community events.

Anecdotal feedback from businesses in Bate Street was that the number limits on attendees created less congestion, less stress and more enjoyment on the day for staff and customers. There were certainly many smiling faces! Many Bate Street businesses have reported it was one of their best trading days ever.

It is proposed that the Tilba District Chamber of Commerce will issue a request for a simple Expression of Interest to identify local community projects and/



Local identity, Sol Ramana-Clarke, entertaining the crowds on his sax - Photo: Eurobodalla Tourism



The tradition of cheese rolling continues to the great enjoyment of all - Photo: Eurobodalla Tourism

or organisations that would benefit from a donation from the profits made by this year's Festival.

As President of the Committee I would like to again thank the rest of the Committee for their passion and

commitment to the success of this year's Festival, and to all others who volunteered their time before and on the day to support Tilba.

*Susan Gray,  
President,*

*Tilba District Chamber of Commerce*

During the terrible days we experienced during and after the bushfires, I couldn't help but notice just how many volunteers stepped forward. The VRA, Lions, Rotary, Anglicare, the Red Cross, the Salvos, were all doing everything they could to help us out. A Sikh charity came straight away from Sydney with essential goods. The Need for Feed trucks were organised. Blaze Aid came soon after. The World Food Kitchen fed us for weeks. And this is just a handful of the dozens of groups that have knitted and gathered and funded

our recovery.

It was all so overwhelming. The volunteers gave us comfort and support in a time of tremendous tumult and it was uplifting. It is uplifting.

In our Triangle region there are any number of organisations that are dependant upon volunteers. The op-shops and the Town Halls and the festivals we enjoy. There are the fires and those who patrol our sea and care for our wildlife, smiling faces in Information Centres, those who still work tirelessly in our Bushfire

Recovery/Renewal Centres.

And what a job they've done! Do check out the many grant applications in Cobargo and Quaama, that have been successful thanks to volunteers.

So we volunteers at *The Triangle* give a big thumbs up to all those who freely give their time and expertise to helping out whenever and wherever there is a need.

It's National Volunteer Week from 17 to 23 May. So thank a volunteer and think about perhaps lending a hand yourself. You may never look back.

## Letters to the editors

### Four Winds Festival thanks our wonderful volunteers!

Over the Easter weekend, people from far and wide came together at Barragga Bay to enjoy sublime music, theatre, dance and film in our special natural setting. Our free community concert on Friday brought many first-time visitors to the site to experience the very special collaboration of the Djinima Yiliga Choir, The New Graces and the rest of the Candelo musicians. It was a very fitting welcome to Djiringanj country and a musical experience that many of us will cherish forever. Later we watched in awe as Part 1 of *The Iliad (Out Loud)*, William Zappa's reading of Homer's epic tale, unfolded under the stars.

During every musical highlight, along every line, backstage, behind the bar, early in the morning and late into the night, the one constant was the presence of our wonderful volunteers. Helpful, kind, creative and enthusiastic, our red-shirted volunteers go above and beyond to make sure Festival guests have the smoothest and most enjoyable experience possible. We absolutely could not do it without them. Extra special thanks go to a few of you: Paul Payten, Helen Morris, John Carter, Stuart Absalom and Sam Tulk, who make things happen no matter what! We were also lucky enough to welcome four Bega TAFE students to our volunteer team as part of their tourism and hospitality



placements. In the days after the event, expressions of gratitude and appreciation were conveyed by guests, performers, staff and Board members.

The Festival is our biggest event of the year by far, but we do hold events and workshops throughout the year. Centrelink has recently approved us as a voluntary work organisation so anyone in the community looking for on-going volunteer opportunities is invited to get in touch! Register your interest at <https://fourwinds.com.au/volunteer/>, by emailing [contact@fourwinds.com.au](mailto:contact@fourwinds.com.au) or by calling 02 6493 3366.

On a personal level, I want to thank volunteers for their kind support and encouragement, as I came into the Volunteer Coordinator role only two months before the big event. Your help in the lead up to, during and after the Festival was so appreciated. See you soon for our Volunteer Thank You event.

Reka Upward

Four Winds Volunteer Coordinator

### 'Enough is Enough'

Dear *Triangle* Team,

Thank you so much for publishing my article and photo 'Enough is Enough' – and so happy to see how this movement for women has empowered so many girls and women to speak out and effect change – of that I am certain!

Best wishes, and thank you for your invaluable forum,

Lisa Lintner  
Bermagui

**BEGA VALLEY**  
**COMMUNITY TRANSPORT**  
A Division of Coast and Country Community Services Inc.  
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**Volunteer Drivers Needed**

If you have some time to spare, like driving and helping people, we'd like to welcome you to our team. Make a difference to someone's life by helping them get out in the community.

**Call 1300 411 345**

### Thank you

To friends and neighbours who assisted my family with the clean-up of debris after the damage and loss in recent floods, your selfless support during this time is greatly appreciated, thank you.

To those within our community who had the desire to take to social media and offer up unhelpful opinions and comments about the clean-up without giving a bloke a chance to draw breath and take stock of what had actually happened – shame on you. I hope for your sake you were able to obtain some form of enjoyment or satisfaction in laying the boot in at such a difficult time.

Luckily your opinions don't count in the real world.

Thank you again to those in our community who do count.

M Gowing,  
Murrah

### Burning Off

The weather is perfect, time to burn a couple of small piles. I notify my neighbours and I'm informed – thankyou, Brian - that I also have to register it with the Bega RFS. This is so that if anyone, not necessarily a neighbour, sees the smoke and contacts the RFS, the RFS can confirm it's just a pile burn, very reasonable given the situation. I ring Bega RFS and a chirpy woman tells me, 'It's all on-line so just go to [www.rfs.nsw.gov.au/notify](http://www.rfs.nsw.gov.au/notify).'

OK, so I go to the computer and 15 minutes later throw my hands in the air. I cannot find a 'notify', even their own search engine doesn't shed any light. If this is necessary, surely a button on the home page would be sensible. Easy to see, easy to navigate, I'm not a complete Luddite, but I do worry that the RFS won't be getting a lot of notifications.

Louise Brown,  
Wandella



### Thumbs UP

To the Narooma Fire and Rescue Hazmat team and the Cobargo Rural Fire Brigade who supervised and managed a potential gas leak in Cobargo on a Saturday morning with orderliness and clarity.

To our online *Triangle* readers who have discovered and used the new 'tip jar' on our website. Thank you for your support.

To the wonderfully generous women of Well Thumbed Books for hosting a terrific book launch for local author Andrew Christie earlier this month. Grandson who attended said it was the best morning tea EVER!

### Thumbs DOWN

To the folk that ignored orders not to start their car engines in town during the gas leak incident.



### How *The Triangle* works – a sneak peek behind the scenes

*The Triangle* is run by a group of very enthusiastic volunteers. As an incorporated organisation, we have a committee that meets regularly to make decisions on the running of *The Triangle*.

Here's how it all works ...

When you send us in an article, it goes to our Copy Editor, who reads through it and does a bit of 'housekeeping' to correct typos, makes it conform to our house style, prunes it if necessary and puts it all in the correct format. Once this has been done, the article goes through to an editorial group, who meet to discuss what goes where. It is at this meeting that the vital Front Page is decided. Any controversial articles, letters etc are also discussed. The articles then go on to our Layout Designers who work their magic. It is like a big jig-saw puzzle to put all the pieces together. Next step is proof-reading, then on to the printers. During this time, the current issue goes live on our website and then the hard copies are distributed.

Many readers might not realise that most of our pages are written by random members of our community that have something to say. *The Triangle* is written by you. It reflects what is going on in our collective mind. That's why many issues seem to take on themes! Should you ever have anything to say, we are your platform. The guidelines for contributors are just to the right! Go on....

### Community Notices

In recognition that meetings are not happening at the moment – at least, not in the ways they used to – we're placing 'Community Notices', the inside back page, in storage for the time being.

### Disclaimer

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as separate JPG attachments – not embedded into your story. Please send the original digital photo, uncompressed, so we have a large image to work with. Please include a caption for your photo at the bottom of the article it accompanies.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

### Who does the work

#### The Editorial Committee

Linda Sang (President),  
Stuart Absalom (Vice President),  
Carolyn Banados (Secretary),  
Bhagya (Treasurer),  
Rosemary Beaumont,  
Debbie Worgan  
Sarah Breakey

#### Advertising

Book advertising space by first ringing 6493 8369 then 0407 047 404 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

#### Layout & Design

Bhagya & Debbie Worgan

#### Copy Editing: Angela Marshall

**Accounts:** Phone: 6493 8369

Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

Post accounts to:

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Tilba: Stuart Absalom

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**Printing:** Excell Printing Group, Pambula

**Accountant:** Fredrick Tambyrajan

**Distribution Service:** Linda Sang

Distributed by Australia Post and available from:

**Bega:** Candelo Books, Bega

Library **Bermagui:** 777 Supermarket,

Post Office, Shell Bermagui, Bermagui

Country Club, Bluewave Seafood, Library,

Visitors Centre **Central Tilba:** Post

Office, ABC Cheese Factory, Sweet Spot

**Cobargo:** Post Office, United Petrol,

Cobargo General Store, The Bowerbird Op

Shop, Well Thumbed Books, Kitchenboys

**Narooma:** BP station, Visitors Centre,

Library **Quaama:** The Quaama Store

**Wallaga Lake:** Merrimans Land Council

#### Deadlines:

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

#### Thumbs / Letters to the editor:

All communications should be forwarded to:

[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

Postal address: The Editors, *The Triangle*

PO Box 293 Bermagui NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 1800 in print plus

online visits.

## VOLUNTEERS – WHAT WOULD WE DO WITHOUT THEM?

*Those who can – do.*

*But those who can do **more** – volunteer.*

Who do we immediately think of when thinking of volunteers? The unsung heroes who keep our communities safe from fires, flood and other disasters? Those who keep our fishermen and surfers safe? The friendly face greeting you in the local op-shop or Visitor Centre, delivering your meals or sitting outside the supermarket selling raffle tickets for charity?

Our Triangle communities are fortunate in having so many of their citizens involved in some form of volunteering. In fact, the Bega Valley has one of the highest volunteer participation rates in the State.

It's estimated that over six million Australians volunteer their time in some form and contribute \$200 billion to the economy annually. Research confirms that volunteers are happier, healthier and have better mental health than non-volunteers. Volunteers often experience a 'helper's high', a powerful physical and emotional feeling experienced when helping others.

In 2020, the COVID-19 pandemic had a profound impact on volunteering. Organisations had to look at both the safety of their volunteers as well as that of their clientele. Many voluntary organisations simply had to close their doors during lockdowns. Fortunately, this year the restrictions have been eased and volunteers are, again, doing what they do best.

National Volunteers Week 2021 runs from Monday 17 to Sunday 23 May. This year's theme is Recognise, Reconnect, Reimagine.

**RECOGNISE**, celebrate and thank volunteers for the vital role they play in our lives.

**RECONNECT** to what is important by giving our time to

help others and ourselves.

**REIMAGINE** how we can better support volunteers and the communities they help.

Two-thirds of volunteers stopped working during 2020 and a recent study highlights that organisations continue to lose a quarter of their volunteers due to illness or caring responsibilities. We need to 'reimagine' how to do things differently.

During Volunteer Week it is appropriate that we acknowledge the work volunteers do in our communities. We will never forget those volunteers who rolled up their sleeves and pitched in during the aftermath of the Black Summer fires, many of whom are still working in recovery roles. Without volunteers, places like the Visitor Centres, op-shops and museums would close their doors. Volunteers enrich our lives by offering interesting U3A courses. Our big festivals would not happen without volunteers, schools would not have extra support for children, and sick or injured wildlife would not survive without our wonderful Wildlife Warriors. Volunteers raise many thousands of dollars for charities through fund-raising activities.

Like a silent army, volunteers get on with things every day – not for praise or awards or their names in the media. They just want to do what they feel is right by helping others.

This is a way of saying a massive **THANK YOU** to all those in and around Bermagui, Cobargo, Tilba and Quaama who volunteer every day.

So if you know a volunteer, give them a big pat on the back and say thank you. Better still – why not get involved in some volunteer work yourself?

*Carolyn Banados*



### Want to volunteer?

There are many opportunities for volunteering in our communities. These are some of the organisations always looking for more volunteers: our emergency services – Rural Fire Service, SES, Marine Rescue and Surf Lifesaving Clubs. Be a tourist ambassador at the Bermagui or Cobargo Visitor Information Centres or a volunteer guide at the Montreal Goldfield. Check out your local school or library for volunteer work. Like to get your hands dirty? Moodji Community Gardens would love more volunteers. Get involved with wildlife rescue services or Landcare. Our many festivals, such as Four Winds, Seaside Fair, Tilba Easter and Cobargo Folk Festivals, need many hands on deck. The list goes on and on ...



**Mike Roberts (AMT)**

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**We will return to the Tilba Saturday Market  
when the COVID 19 situation improves.**

**Located in Downtown Mystery Bay, NSW  
0407 464 086**

## Community information on COVID-19 vaccinations

There is increasing concern and hesitancy about receiving the vaccination, especially among people with a history of clotting disorders. At the risk of adding even more information to the complete overload from social media, radio, newspapers and TV here is a summary of key points:

The risk of clots from AstraZeneca is only significant for people under fifty who have a low platelet count (thrombocytopenia). This group is very small and does **not** include everybody who is on blood thinners or everybody who has had clots diagnosed or treated in the past\*. Because of the very rare causal link between developing blood clots in people under fifty and the AstraZeneca vaccine, people in this age group can receive the Pfizer vaccination later this year instead of AstraZeneca.

It is safe for people under fifty who have already received their first AstraZeneca vaccine to have their second vaccination. There have been no reported cases of clots after the second dose.

People with a medical condition that would make them more vulnerable if they contracted COVID-19 who are eligible to receive the vaccination now can still choose to have the AstraZeneca even if they are under fifty.

The Pfizer vaccine will become available 'later this year'. At this stage there is no plan to allow people to choose between the various vaccines so we don't advise that anyone 'waits for the Pfizer vaccine'. This decision is based on the above risk assessment and the fact that there has been no increased risk for the population we are currently vaccinating.

\* For those wanting more detailed

information: The Australian Technical Advisory Group on Immunisation has made a risk/benefit analysis for this, taking into account various factors including variation of risk by circumstances or setting. This shows that the potential benefits from receiving the AstraZeneca vaccine start outweighing the very small risk of complications for people over fifty in a scenario of a COVID outbreak of low severity – that is with relatively few Intensive Care Unit (ICU) admissions. In an outbreak of higher severity – that is with relatively more ICU admissions – the benefit of receiving an AstraZeneca vaccine outweighs the risk across all age groups.

*Gundi Muller-Grotjan  
Principal GP and owner,  
Lighthouse Surgery and  
Bermagui Medical Service*

## Aged care – a presentation by Heather O'Connor OAM

At the invitation of the Bermagui Cobargo Day Branch of the Australian Labor Party, Heather O'Connor OAM will present a talk on aged care at the Bermagui Country Club auditorium on Thursday 20 May from 11.30 to 12.30.

Heather's talk will focus on the need to understand what services are available locally and question whether the issues revealed by the Royal Commission into Aged Care Quality and Safety apply to our local services. Older people's welfare and wellbeing should be front and centre of aged care. Fundamental to the Royal Commission's 148 recommendations is a rights-based approach to ensure that older people have equitable access to high-

quality care and services, and can exercise choice between available services.

Heather will explore questions such as – How, as citizens, do we advocate for improved aged care services? And how can we organise to support progressive policies and encourage a return to more transparency in relation to the use of government funds?

This is a free public event. RSVP is required to comply with COVID-19 safe requirements. Please RSVP to [bermaguicobargolabor@gmail.com](mailto:bermaguicobargolabor@gmail.com).

*Annie Dullow,  
Secretary,*

*Bermagui-Cobargo branch  
Australian Labor Party*

## Could you save a life with a defibrillator?

Come and learn all about AEDs (automatic external defibrillator) and watch a demonstration.



AED at the Tilba PO

This will be held at Bermagui Country Club on Wednesday 12 May 2021, starting at 10.00 am. There will be a guest speaker and tea, coffee and bickies will be available. All are welcome and it's free.

Bermagui and District Lions Club has provided AEDs to Cobargo, Bermagui, Quaama and Tilba and all are publicly available 24/7. They are located at Post Offices or pharmacies.

If you would like to be part of this ongoing community support by the Lions please call Cliff on 6493 5746 for more information.

**Tell 'em  
you found 'em  
in *The Triangle*!**



## It's all about the Journey...

Bermi & Beyond provides fun and reliable transport / tours around the local area, so visitors and residents can easily access and experience everything the beautiful Far South Coast has to offer.

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## MakerSpace = Creativity with technology in Bega for kids and adults

Technology doesn't have to be boring – find out how to use modern technology to be creative. Bega Valley Shire Library and 2pi Software are running free Creativity with Technology workshops aimed at children and young adults. The workshops are on during the school term at the Youth Space at 91 Gipps Street, Bega.

Library Learning and Engagement Officer, Sugita Wahl, says, 'It's fantastic that young people in Bega are now able to gain first-hand experience using cutting-edge creative technology with expert guidance and the best part is it's fun and free.'

Isaac Lynnah from 2pi Software explains that participants will learn all about digital music, how to use a 3D printer and 3D modelling pens, programming, game development, virtual reality, machine learning and artificial intelligence, animation, robotics and will even get to

make their own game!

The workshops have been running since late February and so far 30 adults and 45 children have been exploring their tech creativity with a lot of success.

'Everyone is having a great time trying all the equipment and some of the projects that participants are working on are really impressive,' says Isaac.

Session spaces are limited due to COVID-19 physical distancing restrictions therefore bookings are essential. You can book into one session or as many as you like, go online at

<https://www.eventbrite.com.au/e/maker-space-creativity-with-technology-tickets-147704561319?aff=erelexpmlt>

Youth Sessions (up to 25 years): Monday and Thursday 12.00 pm to 3.00 pm (max 10 people)

School Children Sessions (8 years to 18 years): Monday 3.30 pm to 6.30 pm



Creativity with technology at MakerSpace

(max 10 people).

We look forward to seeing you at a MakerSpace Creativity with Technology workshop soon.

The MakerSpace project is supported by the NSW Government's Stronger Country Communities Fund.

For more information, please contact the Bega Library on 6499 2127.

## CWA State Conference in Bega welcomes visitors

The 2021 Country Women's Association of NSW State Conference is on in Bega from Sunday 2 May to Friday 6 May. COVID-safe conditions will be in place for the Conference.

Visitors are invited to the CWA Country Market at the Bega Showgrounds on Sunday 2 May from 1 pm to 5 pm. The Market will continue at lunch times from Monday 3 to Wednesday 5 May. Stall holders who have confirmed include Mystery Bay Kelp; Johanna Weiss with her artwork on linen; Jody Vassallo with her cookbook, *Farmer*; and her children's book, *Brave-Bottomed Wombat*; Three Fat Ladies with their delicious regional food; Eden Preserves; Tilba Real Dairy;

Paul West with his cookbook and growing guide, *The Edible Garden*; Za's Coffee Van; Bega Girl Guides with their hand-made jewellery; plus loads more. There will also be a 'cow' cake-decorating competition on display as well as local school sculptures of cows decorating the Bega Showground.

Local musicians Stitch will be busking at the CWA Country Market on Sunday, 2 May. In 2020 Stitch won first place in the Australian National Busking Championships. Stitch is a unique female duo with bitchin' banjo and classical bassoon. They play covers from vintage jazz through to retro-pop with close harmony singing.

Everyone is invited to visit the CWA State Handicraft and the CWA State Land Cookery competition exhibitions. The CWA Handicraft exhibition includes the best of the best in needlework, knitting and crocheting. The CWA State Land Cookery competition is your opportunity to see prize-winning cakes, biscuits, jams and preserves. Both exhibitions are free.

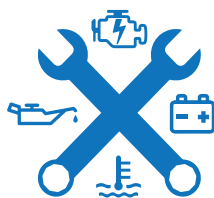
Handicraft will be on display at The Uniting Church and Hall, 125 Gipps Street, Bega. It will be open on Monday, 3 May, from 11.30 am to 5.00 pm, and Tuesday and Wednesday, 4 and 5 May, from 9 am to 5 pm.

Land Cookery is on display at the Seventh-Day Adventist Church, 31 Upper Street, Bega. The Cookery display will be open on Tuesday and Wednesday, 4 and 5 May, from 9 am to 5 pm.

For more information on visiting the CWA State Conference, please contact the Conference Committee Secretary, Lynn Lawson, by email [fscgcwa@gmail.com](mailto:fscgcwa@gmail.com)

Annette Kennewell

Publicity Officer, CWA State Conference  
Bega, local organising committee  
Phone: 0417 203 610



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## Tech Thursday – help at Bermagui Library

Having trouble navigating your smartphone or downloading apps? Need help setting up an email address? Tech Thursday is for you!



Get tech help on Thursdays  
at the Bermagui Library

Tech Thursday at Bermagui Library is an afternoon dedicated to helping you with those frustrating technology issues or with common device problems you may be experiencing.

Every Thursday between 2.00 pm and 4.00 pm someone will be available to help you in a one-on-one session.

‘It’s best if you let us know you’re coming and what you’d like help with and then you avoid having to wait,’ says Rachael Higginbotham of the Bermagui Library.

All you need to do is ring us on 6499 2411 to make a Tech Thursday

appointment.

When you come to Tech Thursday with your device, please make sure your device is fully charged and that you know any passwords and/or Apple ID.

Bermagui Library is open Monday, Tuesday, Thursday, Friday 10.00 am – 5.00 pm and Saturday 10.00 am – 1.00 pm.

### Poetry is alive and for you!

The first of an ongoing series of poetry workshops has begun at Bermagui Library with an enthusiastic group facilitated by local poet, editor and scholar of English, Kai Jensen. The workshops are held on the second and fourth Thursday of every month, 2.30 pm – 4.30 pm depending on interest.

‘The first workshop discussed three contemporary Australian poems (by Judith Beveridge, Peter Rose and Gig Ryan) and the participants thought that all three were characterised by unexpected leaps and free association – a touch of imaginative wildness,’ Kai explained. ‘We were particularly struck by Gig Ryan’s *If I Had a Gun*, which was a rant poem about poor male behaviour towards women – very topical in April 2021!’

A feature of the workshops will be



Kai Jensen browsing at the Bermagui Library

participants offering their own work for discussion by the other participants and Kai tells us that three members’ poems have already been promised for consideration.

If you’d like to attend a Contemporary Poetry Workshop, book in at [www.begavalleyshirelibrary.eventbrite.com.au](http://www.begavalleyshirelibrary.eventbrite.com.au).

If you want to attend the workshop by Zoom, please book by using the Eventbrite website above. If you email Kai at [kaijensen@gmail.com](mailto:kaijensen@gmail.com), he will send you the Zoom details.

*Vanita Sugita Wahl*  
Library Learning & Engagement Officer

## Inner tourism – the most satisfying way to go

First you have to be able to close your eyes, relax and stay awake. Then the journey into always being calm in your mind can begin.

Accepting yourself and your past means you start to feel really alive in a ‘Be Here, Now’ way that has infinite potential. We all unravel differently as a result of the rigours of life (traumas, shame, blame, criticisms, honest mistakes, bad judgements – the list is long). Your journey is uniquely yours and the first destination is to become the real you.

This journey may get rickety but will eventually lead you to know yourself deeply and always provides amazing adventures as you explore your potential.

Don’t forget there are many other folk venturing out, so find company and remember there are wonderful personal workers within the Triangle to help you with the changes you are making.

We often see meditators sitting on the floor in a cross-legged pose. If any part of your body won’t allow that, sit in a chair, lie down on a firm surface or walk – a straight back will allow your energy to move through your body.

A long walk alone while being with your inner self, has a lot going for it –

walks such as the Camino de Santiago pilgrimage. Perhaps we need a Yowrie to Gulaga pilgrimage via Quaama and Cobargo? With detours to Bermagui and Kamalashila – with permissions, of course.

What is the next amazing part of the journey as we move into living our real selves (without emotional baggage)? Think of remembering past lives, astral

travelling, dream yoga, walking and talking with saints/buddhas – and then meditating with our total bodymind plus conscious awareness energy can invite our bodymind to reflect our new karma – which leads to healing our bodies.

Exciting? Finding yourself is.

*Maggie Camfield*



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## Update on COVID vaccinations from Lighthouse Surgery, Narooma, and Bermagui Medical Centre

We started vaccinating against COVID in late March. So far over four hundred people have received their first AstraZeneca COVID vaccination. Some have reported unpleasant but not dangerous side effects including headaches, muscle pain and fatigue. Luckily most people have only had minor side effects, like a sore arm. So far we have not needed to report any significant or unusual side effects to the Therapeutic Goods Administration.

At the moment the major limitation in the rollout of the vaccine is the small amount of vaccine that is delivered to us weekly. The Lighthouse Surgery in Narooma is an accredited Department of Health GP Respiratory Clinic and, therefore, receives more doses than the Bermagui Medical Centre. It is very likely that the vaccine supply will pick up over time.

Accordingly, we have decided to work with a waiting list instead of allowing people to book their vaccination appointments online. To have your name added to the waiting list for the COVID and/or flu vaccinations please call either the Lighthouse Surgery in Narooma on 4476 2999 or the Bermagui Medical Centre on 6493 4903. Once your name comes up we send you a text message a couple of days beforehand with your appointment time. If the appointment time doesn't suit please call the surgery and we will reschedule you to the next available vaccination clinic.

You do not have to be a patient of either surgery to be vaccinated but if you do not have an existing file with us the receptionist will ask you some details to make up a file. The logistics behind this process are staggering – our awesome receptionists are working overtime to create two separate files for every patient plus enter details of the vaccination into three different systems afterwards. We have employed extra clerical and clinical staff to cope with this increased workload but unfortunately our phones are still often ringing off the hook! Try calling in the late morning or later in the afternoon to avoid peak times.

The Lighthouse Surgery runs the vaccination clinics behind the building (signposted on vaccination days), the Bermagui Medical Centre runs them within the surgery building. On arrival you will be checked in, given some pre-vaccination information to read and given your personal vaccination passport. A clinical staff member administers the vaccine, a small needle in the arm, very much like the flu vaccine. You will then be directed to the post-vaccination waiting area where you get some post-vaccination information to read and given a date for your second COVID vaccination and a flu vaccination if indicated. The post-vaccination observation period is fifteen minutes (or thirty minutes for people who have had any kind of anaphylactic reaction in the past).

Most of our clinics so far have run very smoothly with minimal waiting time.

We are vaccinating people who are in the 1b category. This includes anyone over seventy, health-care workers, people employed by police, fire and emergency services, Indigenous people over fifty, younger adults with underlying medical



Narooma's COVID-19 vaccination clinic with Jane Taylor, practice manager, and Dr Gundi Muller-Grotjan, principal GP, ready for another day's vaccination action. Photo Credit: Pete Phillips

conditions (such as diabetes or heart disease) and younger adults with a disability. If you normally get a free flu shot you should be in this group. We will confirm your eligibility when you call to go on the waiting list.

As we have the luxury of time and will, hopefully, remain COVID-free until overseas visitors bring COVID back to Australia again, we ask for everybody's patience with this process. It will take months to get our country COVID-ready but 'slow and steady wins the race'. On the other hand it is not a good idea to delay your vaccination until the next outbreak occurs. The two vaccinations are most effective when given twelve weeks apart and the first shot alone does not confer very effective protection.

On a personal note: I have learnt that in Batemans Bay only one GP clinic has volunteered to administer COVID vaccinations. Because of the rules and restrictions imposed on us the process is really labour intensive and we do not make any money out of this program. The staff of the Lighthouse Surgery and the Bermagui Medical Centre has once again risen to the challenge and are performing brilliantly. I am very proud of all our staff and cannot praise them enough for all the hard work they put in every day.

I thank all our patients for their patience and understanding during this roll-out. All your positive comments and praise are very welcome.

*Gundi Muller-Grotjan  
Principal GP and owner,  
Lighthouse Surgery and Bermagui Medical Service*

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## Cardiovascular health

Cardiovascular disease (CVD) is the leading cause of death in Australia. The major risk factors include stress, smoking, high blood pressure, obesity and diabetes all of which are preventable.

Exercise can make a significant difference in reducing the risk of CVD. Regular exercise helps to lower stress and balance calorie intake with calorie output, which assist in maintaining a healthy body weight by increasing muscle mass and basal metabolic rate.

Smoking is known to contribute to elevated cholesterol and high blood pressure. It can be difficult to quit. However, there are natural supplements available that have been shown to help reduce cravings for nicotine by increasing the level of dopamine (the 'feel good' neurotransmitter released in the brain while smoking) in the brain.

There is strong evidence that certain foods increase the risk of CVD. These include foods containing trans-fatty acids that contribute to the formation of cholesterol deposits in the arteries, leading to blockages that can cause angina and heart attack. Trans-fats are found in animal products such as cheese, butter and red meat, as well as in long-life baked goods (pastry), margarine and vegetable oils

when heated.

Another contributing factor is the consumption of soft drinks that is linked to the development of diabetes, which can also lead to CVD. Therefore, drinking water instead of soft drink is a great way to prevent diabetes and to support adequate hydration, which is important for maintaining normal blood pressure.

Naturopathic treatment offers guidance regarding diet and lifestyle advice to help reduce the risk of CVD. It provides valuable knowledge that encourages healthier choices and often includes the prescription of nutritional or herbal medicine to support healing and improve health outcomes.

For more information call 0410 460 688.

Stay well.

*Kathy Stokes*

*Naturopath and nutritionist*



**High above**

**Job done**

The large tree on my neighbour's property in Akolele needed pruning. The arborist can be seen up in the branches lowering a big limb.

*Jo Lewis*

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# Cobargo Conversations

Linda Sang

Third time lucky? Cobargo has, for the most part, survived after fires and COVID-19. On Saturday 17 May we had a potential hazardous gas leak, so the town was shut down, no cars in and out and everybody was told to evacuate to the pub or walk home. The Narooma Fire & Rescue Hazmat team identified the hazard and our local Cobargo Rural Fire Brigade controlled traffic and pedestrians. It was over quickly and business returned for a little more trade. You never know what's around the corner!



The Army Band comes to town - Photo Credit: Ron Webb

Cobargo came out for the first time en masse to celebrate the Fire Up Oz Rebuild Festival in late March. The event had been postponed at least three times because of COVID restrictions but came out swinging in an all dancing, all singing event that was enjoyed by a good crowd. This was the brain-child of Kathryn Doolin who almost single-handedly – with the help of her trusted dogs-body mum, Janet Doolin – event managed and promoted the



Fired up women: Linda Sang, Jane Solti & Nichola Hutteman  
Photo credit: Lauren Anderson

entire event. Special thanks also goes to Steven Weck and Deb Morgan. Kathryn's vision was to raise money to help fire-affected people build sheds, but more importantly to give the community a rollicking good time. According to Kathryn this was the first one. Fire Up is open to suggestions of more events - it could be a movie night or a comedy day.

So many grants have been approved lately that we have created a round-up that follows. It's worth wading through the alphabet soup of acronyms to find out what's in the offing.



Taiko Drumming Fires Up Cobargo - Photo Credit: Ron Webb

## Cobargo Catch-up

There have been numerous grant applications made to help the community recover from the bushfires. Some have been successful, so there will be a lot of activity coming to our village in the coming months and years.

The Bushfire Community Recovery and Resilience Fund has received funding for: Cobargo Green Recovery Inc (CGR), the Triangle Tool Library Inc (TTL) and the Cobargo Bushfire Resilience Centre (CBRC).

CGR will be building a basketball/netball court with a barbecue and picnic table at the skate park. And over the next two years, they will hold three youth festivals/events to provide days that will combine fun – skating, BMX, music and food – alongside information about making our towns safer. CGR will be calling on community members to be involved in the planning and volunteering to bring these youth events to The Triangle area.

The Triangle Tool Library will be building trailers equipped with the tools necessary for building and horticulture. The TTL will consult widely to ensure the best and most useful tools are loaded on the trailers that will be available to lend to members. These 'Resilience Trailers' will assist our community to re-establish farms and vegetable gardens, infrastructure and buildings.

And the NSW Government Bushfire Community Recovery and Resilience Fund (BCRRF) have granted \$232 000 to the Cobargo Bushfire Community Recovery and Resilience Fund to assist in the delivery of the Badja Forest Rd Oral History Project. This important oral history project which is valued at over \$500 000, will be undertaken in partnership with the National Library of Australia.

The project consists of three separate parts:

1. The creation of an archive of sixty representative oral histories from the Badja Forest Rd fire-ground that will be collected, archived and preserved in perpetuity by the National Library of Australia. This collection will be on their digital platform and be accessible globally.
2. The commissioning of a small collection of professional short films that augment and put these oral histories in context. These films will be on the Cobargo Bushfire Resilience Centre website and available in the anticipated Resilience Centre

building to be constructed on part of the destroyed Main Street.

3. The creation and training of a local group that will increase the collection of oral histories to ensure that all voices are heard and all experiences are captured and preserved for posterity. This part of the project has been made possible by a separate grant from the St Vincent de Paul Society.

Another successful grant application from Create NSW is funding for the 'We Are COBARGO' Community Art project. This project actually began a few months ago and is on site right now. People can still become involved by printing their hands on a flag. Flags can be collected from the Post Office or you can contact Rhonda on 0418 417 988.

### **Cobargo Quaama Business Recovery Group (CQBRG) Incorporated**

This is a locally-led recovery group that has been continuing its work on two substantial bushfire recovery projects for Cobargo village.

#### **The Cobargo Business and Community Hub**

This project is currently in the Development Application process with the Bega Valley Shire Council. Details of this project are available on the Cobargo Community notice board.

#### **Cobargo Resilience Centre**

We await news on a grant from the NSW Government Bushfire Local Economic Recovery Fund (BLERF) for the construction of the Resilience Centre building on the Main Street. An announcement for this is due in June 2021. The submission by the Cobargo Community Development Corporation Ltd (CCDC) to the NSW Government Bushfire Local Economic Recovery Fund (BLERF). This application aims to secure funding for the timely and complete rebuild of Cobargo's village heart that was razed to the ground by the bushfires and proposes one cohesive rebuild.

The CCDC submission is the culmination of over twelve months of volunteer work and collaboration with several partnering professional organisations offering their assistance in the bushfire recovery to deliver this large project prospectus for the benefit of the community.

Haven't heard of the CCDC Ltd's BLERF submission yet? A public document summarising the submission, with artists' impressions of the draft main street rebuild vision and the draft concept floor plans for the commercial buildings, along with an overview of the proposed management structure will be released soon.

Further opportunities to engage with the CQBRG and the newly-formed CCDC regarding the CCDC BLERF submission will be formalised over the coming months.

The group sincerely thanks all involved to date and especially the Cobargo community for their ongoing input and engagement.

*Shona Taranto  
Chairperson*

*Cobargo Quaama Business Recovery  
Group Incorporated*

### **Cobargo Community Garden update**

In April we started gathering the materials for the construction of four large beds. Materials were funded by Wellways Australia. As soon as Stephen, Margaret and Monica have figured out how to do one, we will be inviting the community to help us construct the other three. Watch this space!

### **CoCo (CoHousing, CoFarming and CoOperative farms)**

CoCo will be having a third gathering in the School of the Arts Hall, Cobargo 2 - 4 pm on 29 May 2021.

This time the gang will get very wordy and try to produce a draft co-owners' agreement.

Email [monica.considine@gmail.com](mailto:monica.considine@gmail.com) to RSVP.

### **News Flash! Cobargo Public Toilets**

Council has given approval and the funding is secured to replace the toilets in the main street. The plans should be ready to view sometime this month.

Approval has also been granted for a new toilet block at Apex Park.

## Cobargo Showground update

The Cobargo Showground is currently seeing some great progress in improving the facilities on the grounds.

Currently on the hill to the side of the main pavilion we are building a large room (with a small commercial kitchen) that will become a new dining room for our Show and a meeting and function area for our community. It can be accessed from the large main building and will be a great venue for the Folk Festival. It is majority financed by a grant obtained by the Show Society from the Australian Government's Regional Agricultural Show Developments Grant program.

Later in the year we will construct a large open extension on the front of the pavilion. This new structure will create a sheltered area suitable for assembly and displays. This project is being majority funded by the NSW State Government's Showgrounds Stimulus Program. This program is also funding the sealing of the main showground road from the front entry gate and has provided support for the completion of the fencing of the arena and access to the concreted area around the main canteen and bar area. A shelter over some of the seating overlooking the main arena is to be constructed from funding by the Crown Reserves Improvement Funding Program.

Improvements are continuing to be made by large contributions from our main users of the grounds – the Show



The Showground pavilion grows with an extension to provide meeting, function and dining facilities.

Society and the Yuin Folk Club – and our very active small group of volunteers and tradies. Each year for many years now we have surprised many attendees at our annual show and festival events with continuing improvements to our facilities. These improvements provide our community with a great resource. The NYE fires showed just how important the showground is for our community infrastructure.

*Greg Holland*

## More Cobargo funding updates

Planning is underway to hold the 25th Cobargo Folk Festival on 4-6 March 2022. The festival is returning after two lost years. It was cancelled in 2020 because of bushfires and in 2021 due to COVID. Festival Director, Zena Armstrong, said the festival committee was optimistic that many COVID restrictions would be lifted by festival time next year and the pandemic would be under control. However, the experience of Byron Bay Bluesfest was a warning for all event organisers that things could change at the last minute and nothing could be taken for granted. The festival team welcomes local volunteers – send us an email at [info@cobargofolkfestival.com](mailto:info@cobargofolkfestival.com).

The Cobargo Community Bushfire Recovery Fund (CCBRF) welcomes applications from Cobargo and region community groups seeking funding for community-focused bushfire recovery projects. The committee meets on the third Thursday of each month and applications can be submitted through the Fund's website at [www.cobagorecoveryfund.com](http://www.cobagorecoveryfund.com).

Recent grants have included ones made to:

- Mother Mountain Forge and Galba Forge: for the Cobargo Community Tree Project
- Cobargo Public School P&C: Giving our Children, Families and Teachers the tools to learn and heal;

- Cobargo Preschool: Growing-Growers Project with Costa Georgiadis and Paul West
- Cobargo Showground Land Manager: Cobargo Showgrounds Support Facility reimbursement
- The Creative Workers and Producers of Cobargo Assoc Inc: The Painted Poles of Cobargo
- Cobargo Wellness Group Inc's *Ginger the Frog* - digital project.

In addition to the above projects, the CCBRF has facilitated a donation of \$23,700 from Arndell Anglican College, Oakville, NSW. The primary-aged students of Arndell College raised the funds specifically to support the development of the Cobargo Wellness Group Inc's *Ginger the Frog* project.

As at the end of March, the CCBRF had approved grants to a value of \$327,867.00 supporting 36 community projects. Sincere thanks to all who have donated to the community fund. Detailed information about all grants can be found on the Fund's website and Facebook pages.

*Debra Summer  
on behalf of CCBRF*

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Cobargo's entry into the Community Banner project. This banner can be seen with other entrants at the Sapphire Marketplace, Bega. Particular thanks to Nichola Hutteman. Banner held by L-R Kristyne Jewell, Jane Solti, Janet Doolin, Kathryn Doolin, Beth Dogan

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## CASUAL POSITIONS AVAILABLE: Disability Support Workers

Nardy House is a residential service located in Quaama. This service provides support to individuals with profound disabilities. Nardy House is seeking to expand its staff of Disability Support Workers by offering casual positions. You will be working with others in a team to assist residents with daily living supports and engagement with in the community.

Nardy House operates on a twenty-four hour/seven days a week basis. Casual staff may be offered eight-hour shifts



# Nardy House

across three shifts per day. All shifts are active shifts. Support staff work within a team under the direction and support of a Registered Nurse. The award rates are AFEI described: penalty rates apply.

For further information, please contact Jane MacGregor at Nardy House on 6493 8120. Application to the position can be made to Denise Redmond CEO by email at [denise@nardyhouse.com.au](mailto:denise@nardyhouse.com.au).

# Cobargo Conversations

## Fundraiser from the sale of Susan Ryan's books at Well Thumbed Books

Selections from the library of the late Senator Susan Ryan were offered for sale at Well Thumbed Books on 17 April. Proceeds from the sale went to Southern Women's Housing and the Women's Resource Centre based in Bega. The morning was a great success financially and, also, a welcome occasion for local women to reconnect and to recommit to supporting justice for women. Andrea Powell provided a potted history of the service, acknowledging the critical support provided by Senator Ryan in its initial establishment when she was Minister Assisting the PM for the Status of Women in the Hawke government.

The collection was a mix of fiction, non-fiction and poetry; it reflected Susan's love of literature, especially anything that added to her connection with Ireland.

Many thanks are due to Susan's family who donated the collection through Well Thumbed Books.

*Heather O'Connor*



Heather O'Connor (in purple) and Andrea Powell talking about Susan Ryan and her connection with establishing women's services in Bega



After eighteen months of heavy traffic and ten days of rain, Wilgoa Bridge, on Wandella road, developed a huge hole that was speedily rectified by Council.  
Photo credit: Louise Brown

## Save the date

Long-time resident for all of his seventy years, Kevin Allen is celebrating his seventieth birthday on Saturday 26 June at the Cobargo Showgrounds and is inviting all those from the community who have helped the family after the fires, all those who have also been affected and anyone else who wishes to come along – to say thank you and celebrate our great little community.

There will be a sausage sizzle starting at 12.30 with tea and coffee – bring a plate to share, if you want. This will be followed by Mass at the Catholic Church at 5.00 pm and rounding off with live music at the Showgrounds, starting at 7.30 pm.

A lovely and generous gesture of thanks from the Allen family to our community, see you there!

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## Plantings in Cobargo

Cobargo Green Recovery Inc happily welcomed representatives of Canberra and Goulburn's International Volunteers for Peace (IVP) who brought three hundred plants to assist in regeneration along Narira Creek and further plantings in Apex Park.

IVP, a worldwide organisation, has brought hundreds of plants, discarded or donated, from nurseries to fire-affected communities, since July 2020.

IVP aims to bring people together to further understanding between different communities both in Australia and overseas, and to assist in practical ways.

The donation was gratefully received and planted out by our CGR volunteers.

*Susan Bear (CGR)*



Vicky Hoyer (CGR), Stephen Horn (IVP), Chris Matthews (CGR), Rita Warleigh (IVP), Susan Bear (CGR).  
Missing are Tania Lingard and Michael Stephens who also helped.

emailmailmailmailmailmailmailmail The Triangle's email address is [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

## You want to burn? You must notify!

This month sees the end of the official Fire Danger Period, meaning Permits will no longer be required for burning off and it provides many landowners with their first chance to tackle the task of reducing fire hazards following last year's bushfires.

While permits are no longer required, the Cobargo Rural Fire Brigade advises property owners that they are still required to register their intention to conduct a burn of any type, including pile burns and agricultural burns.

The RFS is now encouraging everyone with internet access to use the RFS public website for burn notifications. Notifications can be submitted online at any time rather than having to wait for office hours, that is

9 am to 5 pm, Monday – Friday.

There are two methods for accessing the online form:

Either go directly to [www.rfs.nsw.gov.au/notify](http://www.rfs.nsw.gov.au/notify);

or search NSW RFS and navigate to the site from the homepage ([www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au)), click the grey box 'Burning Off? Let us know online' (below right of the map).

The form asks if you have a (written) fire permit but as permits are not required in Bega Valley or Eurobodalla from 1 April to 31 August each year, you just answer no to this first question.

The form also reminds you of your responsibilities:

- It is your responsibility to check if a total fire ban is in place before you start burning.

- Heavy penalties apply for the use of fire when there is a total fire ban.

- You also need to notify your neighbours at least 24 hours before lighting up.

It then asks for your intended dates (window) for burning – you cannot start burning on the day you notify unless your proposed fire comes under the Schedule of Standard Exemptions, for example disposing of animal carcasses.

Finally, the form also requires an email address and will email you a receipt number beginning with BN. If you do not have internet access, the RFS Bega office will take your details over the phone on 6494 7400 and your form will be completed for you. However, please be patient as the office is currently receiving a high volume of phone calls and you may experience some delays.

Anyone considering joining the Brigade and wanting to experience the rewards of volunteering and helping to protect and serve our wonderful Cobargo community will be welcomed.

For more information please contact me on 0412 919 708 or come along to one of our training sessions at the station.

Brigade training sessions for this month are scheduled for Thursday 8 May and 22 May from 7.00 – 9.00 pm at the station, Wandella Road, Cobargo.

*John Walters*  
President/Secretary, Cobargo RFB

## Seeking participants:

I am looking for participants who resided in the 2019-20 fire affected regions during the time of the fires, for my Honours in Psychology thesis. I am hoping to interview people about what their general thoughts are about mental health support via videoconferencing or telephone.

I would love to hear from you.

If you would like to participate, the interview will take approximately 30-60 minutes which can be face-to-face, over the phone or video.

My contact details are:

**Kyalie Tapper**  
**0401 580 449**  
**[ktap0001@student.monash.edu](mailto:ktap0001@student.monash.edu)**

Bermagui is enjoying the beautiful autumn glow that comes at this time of year and, after a busy time of festivals, holidays and lots of visitors, it seems many locals are looking forward to settling into the quieter months. There is already the smell of wood smoke in the air and healthy looking woodpiles grow as the temperatures have dropped and early fires are lit, even though there are some still enjoying a swim in the ocean.

I would like to acknowledge the passing of two of our notable older citizens who both in their own ways helped shape the town and are a large part of Bermagui's history. Murray Douch, well-known accordionist, band-leader and great bloke, entertained locals and visitors for many, many years and accompanied dancers in halls all over the district.

Leone Creamer, was an amazing horsewoman, tenacious tennis player and coach, and long-time resident of Bermagui. Both will be fondly remembered.

Bermagui has lost two colourful elders who played a large part in the early life of this town.

## **Bermagui's all-abilities playground**

Bermagui's all-abilities playground was officially opened on April 1. It is already a huge success and hasn't been empty for a day since. It was especially exciting for Preschool Director, Narelle Myers, who has lobbied over the past ten years behind the scenes, with the support of local families and community members, to see this project come into being. The preschoolers have been involved in the research, design and landscaping of this playground and were thrilled to be among the first people to officially explore, test and play in the space.

It is a wonderful asset for the community where children, families and the community can come together to play, connect, build their motor skills and



**Bermagui's all-abilities playground now open**

have fun. A special thank you to Gary Campbell Snr for his Welcome to Country and supporting us all to acknowledge the beautiful Djiringanj land on which the playground has been created. Well done to Bega Valley Shire Council and John Turvill, Dan Bakker from Eat Dirt Permaculture and, of course, our wonderful preschool children, families and teachers, and other community members for their contribution and support enabling this project to finally become a reality.

The planting of the playground was a collaboration between Bermagui Preschoolers working side by side with the students from Bermagui Public School and Narooma High School, as well as members of the local community. It is amazing to see what can be achieved when we work together.

Such a beautiful and inspirational play space for children, families and the community.

## **Lois retiring from yoga**

Many yoga devotees will be sad to hear that Lois Irwin, the very popular yoga teacher is taking down her shingle ... or folding up her yoga mat from the beginning of June. Lois has been teaching yoga for

many years all over the region, but she has run classes in her own studio at Cuttagee for the last ten years. Lois took over this space when her beloved husband Terry passed and she put his woodworking studio to very good use. She has run a number of classes each week catering for a range of ages and needs.

She has worked extremely hard preparing lessons with care and dedication, and tailoring classes to the individual needs of those within the group. The relaxed atmosphere of her sessions provides the opportunity for people to meet, catch up and be informed of local activities, along with receiving a few of Lois's observations of life and the universe. Her faithful students usually go away with a lot more than a physical workout – and there are often offerings from her abundant garden, especially in choko season!

There is a tinge of sadness for Lois herself of course. As she says, 'Years of teaching in this community and beyond have been rewarding and inspirational ... I have made lasting friends, experienced lots of challenges and learned more than I imparted.'

Thank you Lois, you have given so much to so many, now more time for you.

## **Bermagui Public School Report**

Bermagui students are now environmental engineers! In the last week of Term One, twelve lucky students got to take a stroll downtown to the recently constructed Saltwater Playground to plant some new trees with Mr McLean. The all-abilities park has been massively enhanced by the new trees and bushes. After a long day of tree planting they enjoyed gelati before heading back to school. Well done, students – local children and visitors have

been excited to use the new park over the school holidays.

Time to face the music! Lunch-time lessons with Ms Lamb have kicked off with students learning new skills, chords and music theory. Stage 3 students have loved coming up to the hall at lunchtime on Tuesdays to have a jam! A great variety of instruments are being played such as flute, ukulele, guitar, piano, xylophones and more! Great job to the students attending.

Keep it up!

On Anzac Day, Sunday 25 April, students will march down the streets of Bermagui to honour Australian servicemen and women who have fought and died in all conflicts. Bermagui Public School ministers will be saying a few words on behalf of the school. It will take place on the headland overlooking Horseshoe Bay where the memorial stands. We'd love to see you there!

*Archie Schwarz*

## A first for Cuttagee Bridge

It surely was a first for Cuttagee Bridge when a couple of hundred people, young and old, gathered on the single-lane timber bridge nine kilometres south of Bermagui on April 8, to protest against its proposed demolition

The *grande dame* has never had so much attention. Newspaper articles, TV coverage and then a protest ... and still ten years shy of celebrating her centenary.

There is continued uncertainty over the future of Cuttagee Bridge. It seems that after the March decision by the Bega Valley Shire Council to replace the timber structure with a two-lane concrete alternative, Council separated Cuttagee from the funding deed for thirteen other bridges in the Shire to be upgraded in the State Government's 'Fixing Country Roads' package. One would like to think this was prompted by the 10,000 signatures gathered for the petition against its demolition! More likely Council had to rethink the viability of the proposal, particularly the constraint that the work had to be completed within a two-year time frame.

Council has sought a four-year time frame for demolishing and replacing Cuttagee Bridge. Further decisions cannot be made until a response is received from State Government. In any case it will be a lengthy project given that the bridge has Heritage status in the Local Environment Plan and is in a Coastal Hazard Zone.

Cr Cathy Griff has consistently advocated for exploring more options, especially underpinning the bridge with concrete while keeping its timber features (as was done with the Murrah Bridge).

When councillors met on March 31, Mayor Russell Fitzpatrick successfully moved a motion that Council advocate that the NSW State Government take over responsibility for the Tathra-Bermagui



The crowd speaks! Photos: David Rogers

Road given its capacity and the Council's financial resources.

Mayor Fitzpatrick said, 'We cannot afford to retain the road and bridge in keeping with community wishes.'

The jury is still out, the future is

uncertain for the bridge and we will have to await an update. Meanwhile we can at least enjoy the last days of glorious autumn weather with Cuttagee Lake and estuary full, flowing and simply at their best.

Georgina Adamson

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## The Bermagui pub and the Spanish flu

It was another worldwide virus pandemic a hundred years ago that shaped the history of the Bermagui pub for the sixty-five years from 1921 to 1988 when it was run by the O'Sheas and McCabes.. Kieran O'Shea was farming in Attunga, a small town near Tamworth, when he came down with the Spanish flu that was devastating the whole country following the return of troops from the Western Front and WWI. His doctor told him that his severely damaged lungs would be fatal unless he moved to the coast for his health. He packed up his chattels and, with heavily pregnant wife Eileen, travelled by horse and dray from Tamworth to Sydney. They then boarded the Illawarra and South Coast steamer to Bermagui.

Kieran and Eileen O'Shea arrived in Bermagui in May 1921 with the intention of buying the Tilba pub. After the long trip Eileen, who was by now seven months pregnant with Kit, who would become their first-born, decided to stay in town at the pub rather than going on directly to Central Tilba. The village was called Bermagui South and the pub was Keating's Hotel. After settling his wife comfortably and, following discussions over a few drinks with the publican, Kieran bought Keating's Hotel, instead of The Dromedary at Tilba, and renamed it the Bermagui Hotel. Eileen subsequently had three other children - Brian, John and Bill. Brian died in New Guinea during WWII.

Kieran and Eileen quickly became central to the Bermagui community, as was evidenced by the memorial to Kieran that was erected in the park opposite the pub at his death. Eileen was the agent for Adastra Airways and thus was instrumental in organising day flights from Sydney to Bermagui on race days. An airstrip was

established on the river flats just outside town and horse owners, jockeys and patrons were housed, wine and dined at the nearby Bermagui Hotel. Kieran died in 1937, while still young, as a result of his continuing lung issues. Eileen O'Shea took over and successfully ran the hotel until her daughter Kit and husband, Bernard McCabe, arrived in 1950 from Sydney to help with its management.

Bill O'Shea, the youngest of Kieran and Eileen's children, became the licensee in 1955 and remained so until 1988. Many of the McCabe and O'Shea children worked at the pub. None of Bill's children however, wanted to take ownership, so the pub moved out of the family but that was not the end of the story.

Kit McCabe built a house in Bermagui in 1988, and some of her children have subsequently also built here, thus maintaining the O'Shea/McCabe

presence in Bermagui.

There have been many owners since 1988 but the hotel has recently moved into the capable hands of Luke and Lou Redmond, with Yannis Gantner, who have successfully restored the premises to their former glory, along with providing modern facilities.

A large contingent of the McCabe/O'Shea clan recently celebrated a hundred years and five generations since the Bermi Hotel was bought by Kieran and Eileen. Many reminiscences, speeches and stories were shared and passed down on the day. The success of the day was enhanced by having many photos of the old town and pub provided by Allan Douch and Dave Cotton from the Bermagui Historical Society.

A fine celebration and a great day was had by all.

*Dave Cotton*



One hundred years of memories, O'Shea and McCabe descendants outside the hotel.  
Photo Credit: Dave Cotton.

**Winter Blues... No Way !!! Try a refreshing lemon and ginger hemp water along with some fresh local produce at the Cobargo General Store or at Tilba Valley Wines and Ales. They have something for everyone !!!**



# Bermagui Banter

## Vale, Leone Creamer – a legend in her own lifetime

Anyone who met Leone did not forget her as she had a dominant personality behind her very ready smile. She has left a big impression on all our lives.

Leone loved teaching children to achieve and trained as a Physical Education teacher but her methods were strong and forceful. While it was hard for some to accept this, most children were glad to have her around, going from 'I don't want to go with Leone' to 'Put me in Leone's group, please!' Finding that they could achieve has stayed with them always.

Leone's last few years in Home Care and, more recently, Aged Care were testing for her as she hated losing her independence and the necessity of handing in her driver's licence and removing her car a few years ago was not easy for her to accept, although it was a relief for those around her.

Leone was farewelled at a graveside service at Bermagui on Monday 29 March at the age of 91 years and ten months. Many of her friends from her very successful days of horse racing, with the Cobargo Trail Riding Club, tennis coaching, Pony Club, dressage competitions and, during the last fifteen years, on the Montreal Goldfield Management Committee, were able to be there. The sun shone and the stories flowed and the occasion was one of loving memories and affection. The Cobargo Trail Riders Club giving Leone a Guard of Honour to the gravesite said more than words. It was a lovely memorial to her – and she would have been so 'stoked' that they did so.

She will remain in the hearts of many people for a long time to come.

*Sonya Reid and Judi Hearn*



Leone on the trail

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After the fires, I took a walk along Dry River. It had been devastated. It was interesting to see it all opened up though and there wasn't any blackberry or honeysuckle in sight, just scorched earth. The bellbirds were gone. It was so quiet. Sad but also promising. A blank canvas. I hadn't wanted to go back again as I assumed the terrible weed plague the whole community has had to contend with would be growing unchecked down by the creek and the path would have become impassible. Well I was wrong! Jens from Bermaguet Street has quietly been doing weed management as well as cutting through the regrowth, creating paths to give us new access to this wonderful village asset. His path is parallel to the old one and he created a new path that you can access from where Murrah and Murrabrine Streets meet. It goes across to the cemetery or down the hill to join the creekside path. Just opposite where it comes out, you can get down to Dry River but the last rains did erode the bank so be careful going up and down. If you've thought it would be



Artists Andrew, Letitia and Don with our beautiful banner on display at the Sapphire Marketplace in Bega.

a depressing walk, think again. Many of the natives that the local Landcare group planted have surged back. And while there are some weeds for sure, it's nothing like the thick blanket we had before the fires. Jens is optimistic. Check it out! I'm back there regularly now, the dogs are ecstatic and the creek is flowing beautifully. And

Council is just getting started with their initiatives around 'greening' bushfire-affected areas with a whole section dedicated to watercourses, so watch this space, things are looking up. And speaking of looking up, be alert! There are still some dead trees standing that could come down or drop branches so keep your eyes open.

You might recall that the Quaama Tennis Club needed support and were teetering on the brink of disbanding. I can report good news. The committee has new members and others willing to lend a hand on working-bee days to keep the courts in good condition. So Quaama Tennis Club lives to play another day! And they're holding a Fun Day on Sunday 16 May from 12 to 3 pm. Everyone is invited to attend. This community event is fully funded so there will be plenty of food on offer and I hear it won't just be a sausage sizzle but a proper BBQ plus sides and sweets. There will be a 'mega-affle' with a whole slew of prizes and games for the kids. These get-togethers are fun and friendly. You can join the Tennis Club for an annual membership fee of \$10, \$25 for a family. While this is a membership drive, there's no obligation to join or to do anything more than have a

## QUAAMA TENNIS CLUB FUN DAY

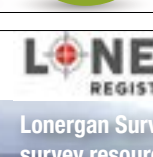
**WHEN:** Sunday 16th May, 12 noon- 3pm

**WHERE:** Quaama Tennis Courts

- 🍷 Free BBQ, drinks & sweets
- 🍷 Membership Drive
- 🍷 Prizes, games, giveaways
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free feed and enjoy the day. Even playing tennis is optional! Show your support, bring friends and family on 16 May, come hungry with a tenner if you have one and spread the word.

If you haven't been to the Sapphire Marketplace in Bega recently, you may not have seen the new banners created by the different villages in our region. The Bega Chamber of Commerce and Industry, in conjunction with COORDINARE – the South Eastern NSW Primary Health Network – organised this banner project as a competition. The idea was to help us identify all the wonderful things our communities have to offer and, in doing so, to lift our spirits. There was going to be a winner and a prize but the entries were all so wonderful it was decided to call it a tie and share the prize money between all the participants. The Quaama banner is beautiful and it includes a nod to all the localities nearby that come into town for their post. Next time you're in Bega, be sure to go to the marketplace area between Big W and Woolies and see them for yourself.

There will be a street sale on Bermaguese Street on Saturday, 8 May from 9 am, brought to you by the Quaama Men's Shed and local residents. You're welcome to set up a table or a car boot if you have something to sell but, otherwise, just rock along and check out what's on offer. I'm told it will be huge – furnishings, tools, odds and sods, something for everyone. And, of course, the Sheddies will be putting on a sausage sizzle so don't miss out. Even if you think you don't need another thing, come check it out, walk the length of the street and greet your neighbours and friends. You may even get a peek out the back of the Men's Shed where their new extension survived all the rain we've had without a leak! See you then.

And big news from the Quaama Bushfire Renewal Centre. They applied for funding to support local practitioners and small businesses by running workshops, events, pampering days, you name it. And they got it! They're getting over \$70k to be spent over the next couple of years! This is great for all of us as we might be hired to run a workshop, cater an event or

DJ a party, give massages or run a Tai Chi class. And all of us can partake of whatever is on offer. So plenty of events coming up for the next long time. Thanks so much to Veronica, Glenda and Jane for figuring this out and making it happen. Can't wait.

## **Quaama Men's Shed & local residents Street Sale on Bermaguese St Saturday, 8 May from 9am**

Check it out, stop in to the Men's Shed for a sausage sizzle. Lots of bargains to be found from furnishings to odds and sods.



## **Quaama Public School Update**

The end of Term 1 saw the Quaama Public School students having lots of fun at school and, for some, down at the Bournda Environmental Education Centre. Students in Years 3 and 4 spent three days and two nights camping in the National Park learning about the environment, completing challenges and sleeping in the huts. On the last day of school, students were acknowledged for their ongoing efforts in fulfilling school expectations. All students had a blast bouncing around on the two jumping castles set up on the oval.

Term 2 has started off very well with students getting back into the daily and weekly routines of class and school. Many

students just light up on the first days back each term when seeing their friends and teachers. We've had quite a few students come through our new 'Breakfast Club' on Wednesday and Friday mornings. It seems like such a great opportunity for the students to get a bit of brekky and socialise with their peers.

To start the term we are teaching and reminding students about their responsibility to respect the school's property as well as their own and that of others. Students need to put things back where they belong and ensure they keep track of their own belongings, particularly hats and jumpers. Your support

in reinforcing these expectations is greatly appreciated.

We are looking forward to a visit from the Bell Shakespeare Company in Week 4. This is free event and is a generous gift to many of the schools across NSW that have been affected by natural disasters and tough times in the last eighteen months.

With the easing of COVID restrictions, we look forward to seeing many parents and families at our Cross Country carnival on Friday of Week 2.

*Daniel Roe  
Principal*

*Quaama Public School*

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Easter, school holidays, Tilba Easter Festival, Four Winds Festival, stunning April weather – all bring smiles to many a face. With many people choosing to travel within NSW, the Triangle area has been busy. The late March rains have ensured that the hills and gullies are brilliant green and the vegetable garden doesn't quite know if summer is over. As the sun sets each day, the evening chill is a reminder that winter is on the way and it's time to stock up on firewood. It's hard not to be hopeful as our communities band together to work on ways for a better and more secure future, even while we are surrounded by fractious politics and the uncertainties of a pandemic.

## Just down the road

Sharon Perkins and Peter Hopkins are the well-loved and community-active owners of The Bryn at Tilba, the popular B&B just past the ABC Cheese Factory at Central Tilba. They visited the area from their base in Sydney from 2006 but that all changed in 2010 when they became the new owner/operators of The Bryn. While running a busy B&B, Pete has continued his Sydney-based law practice and Sharon has revived her love of equestrian activities. Notwithstanding all this, the community has benefited from their enthusiastic involvement and expertise as active members of the local RFS Brigade and the Tilba District Chamber of Commerce. They are committed also to the environmental resilience of the area through participation in local land care and bushfire protection activities.

However, as Sharon insists, they are moving just down the road. The Bryn is on the market and goes to auction on 25 May. Their new property, Edington, is a lovely 100+ year old home on 30 acres on the corner of the Princes and Snowy Mountains

Highways at Bega and is well set up for horses. The many friends they have made and the organisations they have supported will be relieved to know that they will maintain their connections to this special community. It will be up to us all to make sure they do! And with their move just down the road we wish them all the best.

## RFS celebration and news



Harry Ghazikian and his birthday cake

On Tuesday, 13 April, Central Tilba RFS Brigade celebrated the eightieth birthday of its longest serving member, Harry Ghazikian. Many will know Harry from his tireless fundraising each Saturday morning in front of the Big Hall in Central Tilba. Congratulations, Harry on this significant birthday.

The donations to the RFS after the 2019/20 summer bushfires were well deserved and publicised. Central Tilba has been



Sharon and Pete from The Bryn at Tilba with their dog Gabe



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fortunate to benefit from these donations as well as local donations. As a result the Fire Shed is now more fireproof with a rooftop sprinkler system and more water storage in new Colorbond tanks. In addition both trucks now have the latest UHF radios to enable more effective communication. Carolyn Dunn has decided to retire after eight years as Secretary/Treasurer and, after a callout to the community, Sally Pryor will be nominated for Secretary at the AGM in May. Thank you, Carolyn.

Bruce Allen, Brigade Captain, also reminds the community that, although it is not bushfire season, if you plan to light up a pile burn at least 24 hours notice is required to be given to neighbours and those close by who may be impacted by smoke. In addition, local Fire Control in Moruya – phone 4474 2855 – must be notified at least 24 hours before the burn so this information can be logged.

## Birds and bees

Gardeners are loving this autumn. With the fabulous autumn weather and the moist soil it is the ideal time for doing lots of jobs and preparing the garden for winter. Keith, who runs the popular Tilba Nursery, has a good choice of plants in stock. These include a wide range of grevilleas and other natives as well as well-loved cottage garden plants like salvias and hellebores. Keith's tip for the winter months is to make sure your garden has some decent winter flowering plants and water sources for the birds and the bees. It's always a pleasure to see who visits your garden!

## Egg and bacon rolls a big hit

The Tilba Easter Festival was a great success by all reports. With stunning weather, a good COVID-safe plan and the start of school holidays, people came along for an enjoyable day of fun and music.

Central Tilba School P'n'C ran a very successful stall selling their much sought after egg and bacon rolls. This is a major fundraiser and this year was no exception as the stall took around \$4,000 that will support school programs and activities. Many parents and children participated.

And, as I write, the students are preparing for the annual Anzac Day at Central Tilba – more on this next month.

## Music in the air

The long-running Tilba Market on Saturday mornings is a lively meeting place for locals and visitors alike. With its core



Central Tilba School P'n'C at Tilba Festival.  
As well as egg and bacon rolls they sold the best burgers in the world!

group of long-term local stallholders it is a reliable source of good fresh produce, preserves, quirky handmade products and art, as well as local flowers and health and wellbeing products.

While markets tend to create their own vibes, this little market has a special attraction. For a long time now, Central Tilba local, Cathie Muller, has been wooing us all with her accomplished and beautiful piano playing on the Big Hall's Australian-made Beale piano. When Cathie first started playing it was mainly classical


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| WHAT'S ON                            |                                    |
|--------------------------------------|------------------------------------|
| Music starts at 12.30 free of charge |                                    |
| Sat 1 May                            | Open Mic                           |
| Sun 2 May                            | Mark Hogg                          |
| Sat 9 May                            | Totum                              |
| Sun 10 May                           | Captain Ablit & the Bluetrash Band |
| Sat 15 May                           | Robin Simpson                      |
| Sat 22 May                           | Jakob Poyner                       |
| Sun 23 May                           | 3 Hours South                      |
| Sat 29 May                           | Whisky Dram                        |
| Sun 30 May                           | Two Dogs Plucking                  |

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Richard Lawson at Tilba Market



Cathie Muller at Tilba Market

music, but her choices now involve a mix of more popular music that is often followed by spontaneous applause. What better way to spend a Saturday morning than coming to the Tilba Market to shop, grabbing a coffee from one of the good options in the village and soaking up Cathie's sublime piano playing.

On the occasions when Cathie is away, the market has had the pleasure of Richard Lawson's sweet tenor voice and nimble guitar playing. Richard is a former stallholder at the market where he sold his Figtree Food Co olive products. It's a real treat to get to hear these fine musicians, adding to the appeal of this special community market.

## Artist of the month

Tilba Woodturning @ Tilba Treehouse has new owners as reported in the last *Triangle*. The shop has been refurbished and it is now an appealing bright space. Owner Michelle is keen to support local artists in the area and plans to feature a different artist each month in whatever medium they work. Those interested can contact Michelle on 0400 379 509.



Tilba Woodturning@Tilba Treehouse

## Halls news

The Tilba Easter Festival was a great day and the fundraiser for our Halls raised \$1600. There are approximately a hundred fantastic, famous and fabulous sausage rolls (frozen in packs of five) left to sell at \$20 each for the fundraiser. You can collect your order or local delivery is available, call Janine on 0400 992 246 to arrange.

Thanks to a grant obtained by the Tilba District Chamber of Commerce, the Halls now have unlimited Wi-Fi for the community and visitors to use. Signage letting people know about this service will be put up outside both Halls in the near future. Please feel free to make use of the free Wi-Fi whenever you need to. If there are any issues contact Janine ASAP so that we can ensure this keeps functioning: Wi-Fi name – Telstra26BBC7; Wi-Fi password – 83cb2srqch.

Annette Kennewell

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### Tilba CWA Stall at Tilba Festival

It was a party atmosphere for Tilba CWA members and friends who all had a fun day at the Tilba Festival. Annette Kennewell who coordinated Tilba CWA's stall said: 'The sun was shining, the music was playing and it was great to see our Tilba CWA stall busy with members, friends and visitors supporting Tilba CWA's fundraising efforts. It was a real community effort with cooking donated by Tilba CWA members and friends. On the day we raised well over \$1,000 for CWA.'

The Tilba CWA Stall was set up early with help from Tilba locals Robyn Lucas and her partner, Tony Smith, plus member Cas Mayfield's grandson. CWA members then arrived and filled the stall with home-baked cakes, biscuits and slices plus cheese and vegemite sandwiches. Members and friends of CWA enjoyed working together selling raffle tickets, Tilba CWA tea towels, I 'love' Tilba car stickers and CWA cookbooks. Thanks to Nola Ezzy from Dalmeny for donating more than twenty home-made jams, cumquat and plum'n'apple. Special thanks to Carol Ladd for donating the Peter Whelan oil painting of Narooma Headland, won by Louise Marcinkowski of Bodalla.

During the day the stall was staffed by Tilba CWA members Helene Sharpe, Helen Thomson, Vicky Stadon, Colleen Cunningham and her husband Ross, Jenny Burnett and her husband Grant Harrison with help from Theressa Klein and Nola Ezzy. It was a CWA team effort with Far South Coast members also volunteering on Tilba's stall, selling CWA State Conference raffle



Tilba CWA's stall at Tilba Easter Festival

tickets to support the upcoming conference in Bega. Lynn Lawson of Cobargo CWA set up a popular dog water bowl station and sold home-made dog treats, donating the proceeds to Tilba CWA.

All local women are welcome to join Tilba CWA members at our next monthly meeting on Friday 21 May from 10.30am at the Dromedary Hotel with a celebratory social lunch from noon.

*Annette Kennewell*



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## Music to inspire us all

The Four Winds Festival Committee had been holding its collective breath in the lead-up to this year's twenty-first festival. Bad weather ... rain ... COVID ... anything could suddenly go wrong. But they couldn't have asked for a better weekend: the music was inspiring, the weather was great and there were no more restrictions.

The Opening Concert on the afternoon of Friday 2 April was a joy. Everyone was in good spirits at being able to gather and enjoy music together again. The audience was up for anything and the musicians delivered. It was such a wonderful blending of cultures and styles: all embracing, joyous and hopeful. The music moved effortlessly around the stage, from solos to groups to choirs, poetry and rap. All styles were offered and appreciated.

Saturday and Sunday followed in the same vein with a variety of music, dance and spoken word. Words such as profound, evocative, sublime and astonishing come to mind.

More interviews and theatre were offered after sunset for those hardy souls who stayed on.

The combination of beautiful music and entertainment in the natural amphitheatre of Nature's Sound Shell and the bonus of perfect weather, meant audience and performers were in good spirits, creating an accepting and harmonious festive feel to the event.

To be able to gather again, lie back, watch eagles soar and clouds float by while immersing ourselves in superb quality music played by outstanding performers in our very own little south coast town, is amazing. How lucky we are!

*Debbie Worgan*



It all came together perfectly this year at Four Winds



Lior singing in Nigel Westlake's symphony, *Compassion*. Photo credit: David Rogers

### CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

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## Farewell to David Francis

David's open warmth and enthusiasm will be sadly missed by those who have known and worked with him in the musical sphere of the region, particularly with Four Winds, over the past five years.

He and partner Paul and their two well-known whippets, Dexter and Bailey, are leaving Bermagui and heading north, not too far, to Wollongong where David is taking up a new challenge as CEO of Wollongong Conservatorium.

David and Paul like to be on the move and have lived and worked in a variety of locations, here and overseas, in both urban and rural areas. But they have certainly made Bermagui their home since being here and quickly became a part of the community. Originally from the UK, David's last position there was as Director of Arts at Dartington Hall Trust in a rural community in Devon, not unlike Four Winds.

When they came to Australia, David took up the position of General Manager of Sydney Philharmonic Choirs and, while there, became aware of the Four Winds organisation, initially through a friendship with Genevieve Lacey, recorder virtuoso and a previous Artistic Director of Four Winds.

David came onto the Four Winds scene just after the Windsong Pavilion was built and the organisation was looking at redefining its role beyond the iconic, biennial Easter Festival. He has played a pivotal role in building a secure base at Barragga Bay with the infrastructure and resources to run a year-round sustainable arts organisation as well as playing a larger role in the musical life of the community. Both the Windsong Pavilion and the outdoor amphitheatre, the Sound Shell, have hosted a broad range of events and different genres of musical styles over the past five years, including jazz, cabaret, voice performance, choirs, film and dance, that have attracted a much broader audience. As well, Four Winds has taken on a larger role outside the site at Barragga Bay with many new initiatives, especially involving young people, including a significant music program in five local schools.

One of the most lasting experiences of his time here, and there are many of course, has been his work with community choirs. Although he had sung in choirs since childhood (it is easy to imagine him as a cherubic choir boy!) he had never run or led a community choir until coming here. His experience with Spirit Allegro in Pambula and the Belun Malu choir that toured to Timor L'Este and, more recently, working with the wonderful Koori Women's choir, Djiniima Yilaga, has been an 'energising



David Francis  
Photo: Lisa Herbert

new experience' and one he won't forget.

Being able to draw on the amazing creative talents that this region possesses, helping to give it a voice and the opportunities to be a part of the Four Winds experience, as evidenced by the most recent Festival, is a source of great pride and satisfaction.

David said he will always treasure the opportunity he's had to get to know and work with some members of the local Yuin community here, to learn more about their culture, local language and stories

David mentions that the beauty and drama of the landscape here on the Far South Coast will leave a lasting impression ... going to work each day in such a beautiful setting as Four Winds, greeting the wildlife that abounds there, living in a home overlooking the ever-changing ocean and, of course, the challenge of the natural forces, particularly the 2020 fires, floods and tempestuous storms ... these things will be locked in his memory forever.

Although both David and Paul have loved living in a rural setting, they are equally enthusiastic and whole-hearted about living and working in an urban environment and are looking forward to the move to Wollongong.

'Closer to Bunnings,' David cheekily adds, and he is quite a handyman.

Many here will greatly miss the contribution David made to their lives through the choirs he has been involved with, but he assures us he intends to keep up a connection, especially with the Belun Malu choir and the links he forged with the Timor L'Este friendship program. In fact he'll be back in July as he's going to be directing singers taking part in an Early Music Weekend at the Windsong Pavilion.



David with Lindy Hume at the Four Winds Sound Shell  
Photo: David Rogers

## The Iliad (Out Loud)



An epic evening at Four Winds - Photo: Ben Marden

This year's Four Winds Easter Festival was filled with glorious music played by extraordinary musicians in a wonderful natural setting – these are all absolutely standard for a Four Winds Festival. It was the twenty-first Four Winds Easter Festival but Four Winds never rests on its laurels – the particular selection of performers and repertoire ensures that there is always a process of renewal and invention so that it retains its capacity to delight and surprise.

This year's Festival had a strong emphasis on language and story – the language of the local Yuin people welcomed us at the beginning of the Festival and the Djinima Yilaga Choir sang songs composed by members of the choir in language. Lior sang seven ancient

Hebrew and Arabic texts to music by Nigel Westlake on Sunday afternoon. And for each of the three evenings, as the sun set and the moon rose, the dew fell and the stars wheeled across the sky, William Zappa and three other actors read for three hours from Homer's epic, *The Iliad*. To understand the power of the words and the voices, you really just had to be there.

I have attempted to read *The Iliad* on more than one occasion and failed, defeated by the seemingly endless lists of warriors, their wounds and deaths, the details of villages and the ships they sent, the utter confusion of meddling gods and goddesses, the grinding horror of hand-to-hand combat and the long, slow siege of Troy. But that was transformed by listening to

this enormous story being read, supported by two performers playing percussion and an oud. It became compelling and strangely intimate as the voices brought the characters and chapters to life – each fallen warrior is named and placed in the context of his family and village, his wounds described in clinical detail. There was a rhythm that drove the narrative on, a repetition of words that helped hook the listener into the unfolding story and there were moments of strange dry humour, especially in the behaviour and interactions of the petty, often vindictive and always interfering gods.

It was a remarkable experience – nine hours sitting in the dark on a grassy hillside listening to four voices tell this enormous, rambling story composed three thousand years ago, before the invention of writing. All part of a very human desire to make sense of the world through story telling – the same compulsion that also animates the Scandinavian sagas, the Indian Mahabharata, the Indigenous Dreamtime stories of Australia and the spoken narratives of so many other cultures. It was tragic, deeply human, riveting story-telling and it was such a distinctive and evocative gift to the listeners who were sitting beneath the night sky in the bowl of the amphitheatre.

Angela Marshall



The Four Winds Soundshell illuminated, the perfect setting for a saga - Photo: Ben Marden

## The Robbie Burns Hotel, Wyndham, 'Resurrection and Illumination' party, 22 May 2021

The Robbie Burns Hotel is an iconic meeting place with a long history. When I became the custodian it was still open for business even though it was not Council compliant. My interest was to give the building back its integrity, from its sad neglected reality to a vision as an exceptional place set in the beautiful pristine landscape of the Far South Coast. The idea is to lease it out as a Hotel, as I have the Liquor Licence and it is now Council compliant.

On 22 May there will be an opportunity to come and celebrate the Resurrection and Illumination of the Robbie Burns Hotel's new life. The Illumination installation will run over three nights from Friday 21 May to 23 May. The work will be by the Electrica Kinetic Installation artist, the grandfather of lighting, Roger Foley, alias LSD Fogg. The lighting will come on as night falls.

The Resurrection Party will begin on Saturday at lunchtime when you are invited to purchase meals made from a selection of amazing local produce. Bring your picnic blanket and find your spot for the Welcome to Country on the lawn, beginning at 2 pm.

Ossie Cruse will be leading the Welcome to Country. It will be a mix of Indigenous and white fellas together, in an expression of our diverse traditions. This will be a unique hour-long performance of dance, song, poetry and improvisation.

A 'Tribute to Robbie Burns' will continue the afternoon's extraordinary journey with poetry and performance by the artist and poet, Lady Longdrop, from Melbourne.

The bar will be open into the evening when food will also be available.

At sunset we will gather to experience the Illumination of The Robbie Burns, followed by the Indigenous band, One Generation. Anatoria (Tamlyn McGee) will thrill us with her stage performance on the electric harp.

The event will close with all performers coming together in a collaboration that will inspire us to participate in and express our own excitement for the Illuminated vision of the future of the Robbie Burns Hotel.

This is a ticketed event and tickets are non-refundable. Pre-book online at [www.robbieburnshotel.com](http://www.robbieburnshotel.com) at \$35.00 pp.

Government COVID rules require that you sign in on entry. COVID rules can be found at [www.nsw.gov.au/covid-19](http://www.nsw.gov.au/covid-19)

*Katie Pye*



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## Driftwood sculptures at Cuttagee Beach

If you visited Cuttagee Beach for a swim or a walk over the Easter holidays, or even if you just drove past, you'd have seen the many stick lean-tos on the sand. These structures stretched from the far south end of the beach to the creek at the north. So much timber had been washed out of the creek's catchment in those heavy rains in March that the beach was strewn with sticks and logs.

Does anyone know the background to these fantastic structures? We have heard that structures like these have been appearing on Cuttagee Beach for a number of years, as well as on other beaches along the south coast. They are like an impromptu SCULPTURE Bermagui, without all the organising. Old Cuttagee Bridge seems very comfortable overlooking these natural sculptures.

On our first visit during the Easter weekend we noticed just one or two smallish structures at the creek end but, two weeks later, there were so many more – all different shapes and sizes, and most were structurally sound for at least for a week or two – or until the next big seas. The natural shapes and clever use of driftwood seem to have just emerged spontaneously.

On one visit to the Cuttagee Creek, our grandkids, aged nine, five and two, created a whole society around one generously-proportioned, already-made structure and by the time they went home there was a vegetable garden, oyster farm and comprehensive kitchen! The next visit they decided to make their own small and large shelters, with seagrass thatching, and a fish hatchery.



Driftwood creation on Cuttagee Beach - Photo: Debbie Worgan



## U3A Bermagui & District Inc

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### **An overview of courses and activities for this term so far ...**

Old favourites such as: Australian Literature, Apple Technology, Book Chat, Bowls, Bush n Birds, Earth Series (Ice Age, Continents), Friday Film & Lunch, Poetry, Stitchers & Crafters and Ukulele.

New Classes/Courses: A Day at the Races, Art Trail, Dark Age Britain, Huguenots, Older Australian Rights, Tasmanian Writers, The Ukraine and What are Viruses?

All details are available on our website.

# Art in the Triangle



Etta, Moss and Lagi creating their own structures Photo: Honor Christie

The structures opened up their imaginations in the most creative ways. The littlest granddaughter has since initiated similar play back at her daycare in Sydney. On the last visit to the beach the big kids occupied another ready-built structure; the eldest tried to start a fire with the dry wood, while the youngest was excavating a triceratops skull when we had to drag them home for dinner.

Wonderful!

*Cath Renwick and Debbie Worgan*



Driftwood creations on Cuttagee Beach - Photos: Debbie Worgan



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## *Luminous Tales* are being told at the Lazy Lizard Gallery!

This month of May, the gallery is certainly living up to its 'quirky' reputation! In the Side Room, we have a selection of paintings by local artists, Vivienne Arnott and Michelle Marly. They are calling the exhibition *Luminous Tales*, stories overflowing from the imagination and still life shared between friends. They will turn your world upside down, by juxtaposing and mixing everyday images to create some surreal and amazing results!

Michelle says, 'I am a local artist, working from my studio in Cobargo. For this series of paintings, I enjoyed combining a tangle of animal/human elements with a lowbrow art style, to

explore stories of connection and life.'

Vivienne, a Kalaru local, tells me, 'I was previously based in Cobargo, where my inspiration to start creating re-emerged. I have a fascination for cherished antique and everyday objects, mixed in with the consistent inspiration from the natural world, and how these two themes help tell our personal stories.'

Between the two of them they have created some beautiful and very striking work ... so please, come by the gallery and have a browse round the exhibition ... but, be prepared to be sometimes puzzled, but also fascinated and amazed!

Naomi Lewis



*Bovidae and the Raven* by Michelle Marly



*Dame Mme Mangrove-bright light shadows* by Vivienne Arnott

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## Free Sex on Toast at the Murrah - Sunday 9 May

The Murrah Hall is proud to present another thrilling, all-ages, outdoors Sunday Arvo chat, chomp and dance-fest as part of our community's ongoing recovery

This is the Murrah's third free-entry event. The first occurred in February 2020 with the World Central Kitchen and The Strides and, as more than 350 locals will attest, the relief, at last, of having a normal Saturday night was achingly palpable. Their response was not lost on the Murrah Committee.

At this time COORDINARE, a Commonwealth-funded aid agency, released applications for funding in bushfire-affected communities. The Murrah applied successfully for two 2020 shows. Then COVID.

Late last year, BVSC announced their funding for community projects. The Murrah lodged a successful application – the shows could now go ahead ... outdoors. The first, a sold-out show in late February, with Thunderfox and Scaramouche, was a total WOW for all.

On 9 May, representatives from Bega Valley Black Summer Bushfires Community Recovery Contribution Program and NSW Health will be on hand for discussion and enquiries.

The bands for the day will be:

Sex on Toast (Melbourne) who specialise in raw, early 80s, funk, hard-edged, new jack swing, blazing improvisation and heartfelt blue-eyed soul. Their choreographed stage act, complex arrangements, performative larrikinism and danceability have won the hearts of casual punters and hardcore fans alike all across Australia.

Sex on Toast's lead singer, Angus Leslie, was evacuated from Bermi in January 2020. He knows what we went through – it's why he's back.

The Spindrift Saga (South Coast) now have 350+ shows under their belt and have proven themselves to consistently deliver incredible big, alt funk-rock sounds.

Murrah Hall / 250 seats only

Free entry, food and music

Sunday 9 May 2021 from 1.30 pm

Online bookings at <https://www.southcoasttickets.com.au/events/sex-on-toast-and-spindrift-saga-at-murrah-hall/>

Howard Stanley



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## ***The Paris Library* Janet Skeslien Charles \$32.99**

Books like this are my dream! Books themselves are the central characters – collected, stored, borrowed, discussed and loved by staff and customers of libraries (and bookshops) the world over.

The library in this story is a real institution – the American Library in Paris. Staffed by multilingual librarians, it survived the Nazi occupation of Paris but only because of the total dedication of the staff and volunteers. They ensured that troops in the field received books and arranged home delivery when Jews were banned from using the library – at enormous risk to all. Interwoven with the story of the library are powerful descriptions of daily life in occupied France. Family members and friends disappearing into the camps and dying as prisoners of war; near starvation; and the constant juggling of the need to resist with the need to protect families and communities.

The narrative shifts between the early 1940s in Europe to America in the mid-1980s where the main character ends up



after the war. Besides being a really good story, this book challenges the reader with ethical questions – what would you have done under the circumstances to survive and to maintain your basic integrity?

Highly recommended.

## **Pet of the Month**

Kerrie Brady

Cuz is a special boy who is more than ready to settle down with a family that can give him plenty of attention, which is what he craves.

Prior to coming into care he lived happily with a couple in a retirement village and interacted well with all of the residents there who became very fond of him. However in his care home situation this is not always possible as Cuz does not like to share his space with other cats and he has been in a multi-cat household for many months now. His carer did notice very soon after taking him into care that, besides loving lots of attention from people, Cuz really sparked up when he was in the company of the resident dogs and has since had many opportunities to successfully interact and play with the dogs. So not only does he enjoy being around people but he also enjoys the company of dogs as well as of children. He may not be suitable for a family with very young children as he does occasionally play a little on the rough side but this could be due to his lengthy confinement and lack of opportunity to have a good run around. Cuz is definitely not a cat to go off for the day only to be seen again at dinnertime. He is a very friendly, super smoochy boy

who would make a delightful pet for the right family. If adopted into a town setting it is recommended that Cuz be indoors or in a cattery setting at night, but a rural setting would probably suit him best. He will cost \$150.

If you are interested in Cuz or any of the other kittens we have in care, please give our enquiry number a ring – 0400 372 609 (phone hours are Monday to Friday 9 am-5 pm). All animals available through AWLNSW are micro-chipped, de-sexed, vaccinated, wormed and treated for fleas and ticks. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop the arrival of unwanted litters. Please note that potential dog owners will need to have secure, 'dog proof' fencing and be suitable for the needs of the animal. You can view available animals on the AWL Facebook page. Search for Animal Welfare League Far South Coast Branch but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption. (AWL NSW Rehoming Organisation Number: R251000222) If you would like to become a member please call 0400 372

## **WANTED TO BUY**

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## **FOR SALE**

Treadmill for sale "Bodyworx", very good condition, 6 years old, \$450.  
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609. If you have lost or found a companion animal please call BVSC Companion Animal Facility on 6499 2222.

For local residents who hold a Centrelink Pension Card, de-sexing vouchers are available at all vet clinics in our branch area – Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden. AWL – Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.



Cuz

## Great Grevillea

Heading into winter, I thought it timely to again talk about the genus of native plants that is probably the most widely grown in Australian gardens and that is Grevillea.

The plants in this amazing group come in many forms, from genuine species to varieties that have been developed by hybridisation where, usually, several plants have been crossed to select a plant that has all the good attributes of its parents. This hybridisation can be done in a nursery situation where a nurseryman wishes to develop a new plant or can be done by nature itself when two different species that are growing side by side are cross pollinated resulting in a seedling that germinates nearby and is then discovered by a human who recognises it as a new form and grows it on to produce a new variety.

In recent times a new growing method has come into play where a beautiful species, say from Western Australia, has been grafted onto an east coast species to give that plant the ability to grow outside its normal growing area. In many cases the understock used will be *Grevillea robusta* (Silky Oak) and this gives the plant the ability to handle conditions, like clay soils and humidity, experienced on the east coast. A lovely example of this is *Grevillea plurijuga* 'Purple Haze' that originated in Western Australia but can now be grown on the east coast as a grafted specimen.

Many groundcover forms have also been grafted onto what is called a high graft, that is on a standard of about one to one and a half metres in height, similar to a standard rose. These plants are great in a pot or as a special feature in a particular part of the



garden.

With the new breeding of plants, many plants have been selected to suit pot culture. Care must be taken to use a variety that won't need a lot of pruning to keep it in check. The variety I have used is 'Peaches and Cream'. This is one of the most prolific flowering and all-round great grevilleas that has been developed in recent years. Not only is it good for pots, bird attraction and the like but will grow in a garden from first line coastal positions to inland gardens.

If using Grevillea in pots, it is advisable to use a potting mix formulated for natives that has been especially developed to suit them. Fertilise with a slow release or liquid native plant food.

One special feature of Grevillea is that there many forms that will flower all year around but more especially throughout winter, which is great for providing food for bees and birds throughout the colder months.







Grevillea will grow in a wide range of soils from loam through to clay but are not overly fond of sandy soil. In preparation for planting, a wide but not too deep hole should be dug and, depending on the heaviness of the clay, some organic planting mix could be mixed with your existing soil to give the plant a good start. Water in with a combination seaweed and fish emulsion fertiliser. These are not too strong as an initial fertiliser and have a natural growth stimulant to help in establishment. Fertilising from that point on should be at regular intervals throughout the year with a native plant food, though usually not during winter.

There are very few diseases that can cause problems with Grevillea and a trip to the local nursery with an example of the problem will usually solve the problem quickly.

Other maintenance includes a regular prune to keep them in shape and to promote new flowering wood. Don't be afraid to cut them back hard. They will thrive from this.

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## Tiny magic from Via Luna

A few years ago we met some friends in the main street in Cobargo and started chatting on the kerbside. There was not really anywhere to go and hang out together. That's when we started developing the idea of setting up a place where we would like to get together with friends. Via Luna is the result.

The heart is the tiny kitchen and the surrounding garden is a place for all to enjoy in a relaxed atmosphere. Some of the little dishes are already staples in town.

### Miso roasted pumpkin

- 1 tbsp shiro (white) miso
- 2 tbsp light soy sauce
- 1 tbsp sunflower oil
- ½ small pumpkin, cut into 8 wedges

Preheat oven to 225°C.

Whisk miso, soy sauce and oil in a small bowl to combine. Brush all over pumpkin, transfer to a roasting pan and roast, turning halfway, until pumpkin is tender and caramelised (30-40 minutes). Sprinkle with sesame seeds and serve with quinoa.



### Tahini-Date Salted Fudge

- 1 cup pitted dates
- ½ cup tahini
- 2 tablespoons coconut oil (room temperature)
- ½ teaspoon ground cardamom (optional)
- sprinkling of flakes of sea salt

Combine the dates, tahini, coconut oil and cardamom in a food processor. Blend till it's a very smooth, creamy and thick paste. Transfer the mixture to a cling-wrap lined baking tray and use a spatula to press it down evenly. Sprinkle with salt.

Cool in the fridge until firm. Remove from the pan and cut into bite-size pieces.

Store in an airtight container in the freezer for up to a month.



Lena with some delicious muffins in front of Via Luna

### Watermelon curry

- 1 tsp each ground turmeric, ground chilli and coriander seeds
- 3 garlic cloves, finely chopped
- 1 kg watermelon flesh, cut into 2 cm cubes
- 1 tbsp vegetable oil
- 1 tsp cumin seeds
- 10-12 fresh curry leaves
- Pinch of white sugar

Crush coriander seeds in a mortar and pestle until coarsely ground. Add turmeric, chilli and garlic, pound to a coarse paste, then add 200 gms watermelon and pound until pulpy. Set aside.

Heat vegetable oil in a saucepan over medium-high heat, add cumin seeds and stir until fragrant and starting to pop (2-3 minutes). Add curry leaves, stir until fragrant (1 minute), then add watermelon mixture and simmer until starting to thicken (4-5 minutes). Add remaining watermelon, stir to coat well in sauce and cook until just warmed through (2-3 minutes). Season to taste with white sugar, sea salt and freshly ground white pepper, and serve immediately with rice.



# For the Fridge Door

| MAY                      | WHAT                                                           | WHERE                                              | TIME                         |
|--------------------------|----------------------------------------------------------------|----------------------------------------------------|------------------------------|
| Saturday all month       | <i>Luminous Tales</i>                                          | Lazy Lizard                                        | 10 am onwards                |
| Saturday 1               | Live: Open Mic                                                 | Tilba Winery & Ale House                           | 12 noon                      |
| Sunday 2 - Thursday 6    | CWA Conference                                                 | Bega Showgrounds                                   | 9.30 onwards                 |
| Sunday 2                 | CWA Country Market                                             | Bega Showgrounds                                   | 1pm -5 pm                    |
|                          | Music: Mark Hogg                                               | Tilba Winery & Ale House                           | 12.30 pm                     |
|                          | Music: Craig Sinclair                                          | Dromedary Hotel                                    | 1 pm-4 pm                    |
|                          | Live music, joker draw & parmi night                           | Cobargo Hotel                                      | From 5 pm                    |
| Monday 3                 | CWA Handicraft exhibition                                      | Uniting Church & hall                              | 11.30 am - 5pm               |
| Every Monday             | MakerSpace for youths up to 25 years (page 6)                  | Youth Space, 91 Gipps St, Bega                     | 12 pm - 3 pm                 |
|                          | MakerSpace for 8-18 year olds (Page 6)                         | Youth Space, 91 Gipps St, Bega                     | 3.30 pm - 6.30 pm            |
| Every Tuesday            | Storytime every Tues                                           | Bermagui Library                                   | 10.30 am                     |
|                          | Pizza night & trivia with Paddy                                | Cobargo Hotel                                      | 7 pm                         |
| Tuesday 4<br>Wednesday 5 | CWA Handicraft exhibition                                      | 125 Gipps St, Bega                                 | 9 am - 5 pm                  |
|                          | CWA State Land Cookery                                         | Seventh-Day Adventist Church,<br>31 Upper St, Bega | 9 am - 5 pm                  |
| Thursday 6               | Tech Thursdays every Thurs                                     | Bermagui Library - by appt                         | 2 pm - 4pm                   |
| Every Thursday           | MakerSpace for youths up to 25 years (Page 6)                  | Youth Space, 91 Gipps St, Bega                     | 12 pm - 3 pm                 |
| Friday 7                 | Every Fri badge draw, community meat raffles & happy hour      | Cobargo Hotel                                      | 6 pm - 7 pm                  |
| Saturday 8               | Street sale                                                    | Along Bermagui St, Quaama                          | From 9 am                    |
|                          | Music: Totum                                                   | Tilba Winery & Ale House                           | 12.30 pm                     |
| Sunday 9                 | Free concert: food & live music                                | Murrah hall                                        | 1.30 pm onwards              |
|                          | Captain Ablit & the Bluetrash Band                             | Tilba Winery & Ale House                           | 12.30 pm                     |
| Wednesday 12             | Automatic external defibrillator talk & demonstration          | Bermagui Country Club                              | 10 am onwards                |
| Thursday 13 + 27         | Poetry workshop: Kai Jenson                                    | Bermagui Library                                   | 2.30 pm - 4.30 pm            |
| Sunday 16                | Music: Robin Simpson                                           | Tilba Winery & Ale House                           | 12.30 pm                     |
|                          | Community fun day                                              | Quaama tennis courts                               | 12 pm - 3 pm                 |
|                          | Quaama Mini Market                                             | Quaama Hall                                        | 12 pm - 2 pm                 |
|                          | Live Music: Stitch                                             | Tilba Winery & Ale House                           | 1 pm - 4 pm                  |
| Thursday 20              | Aged Care Talk: Heather O'Connor                               | Bermagui Country Club                              | 11.30 am - 12.30             |
| Saturday 22              | <i>Resurrection &amp; Illumination</i> party                   | Robbie Burns Hotel Wyndham ticket only - see pg 31 | Noon onwards                 |
|                          | US style BBQ, beer & music:<br>Capt Ablit & the Bluetrash Band | Dromedary Hotel                                    | 4 pm onwards<br>Tickets only |
|                          | Music: Jakob Poyner                                            | Tilba Winery & Ale House                           | 12.30 pm                     |
| Sunday 23                | Music: Rick Bamford                                            | Dromedary Hotel                                    | 1 pm - 4 pm                  |
|                          | Music: Three Hours South                                       | Tilba Winery & Ale House                           | 12.30 pm                     |
| Saturday 29              | CoCo Co-housing, Co-farming meeting                            | Cobargo Hall, Supper Room                          | 2 pm - 4 pm                  |
|                          | Music: Whisky Dram                                             | Tilba Winery & Ale House                           | 12.30 pm                     |
| Sunday 30                | Music: Justin Croke                                            | Dromedary Hotel                                    | 1 pm - 4 pm                  |
|                          | Two Dogs Plucking                                              | Tilba Winery & Ale House                           | 12 noon                      |

**CROSSWORD ANSWERS**

ACROSS 1. Sort 5. Arid 9. ASAP 13. Uboat 15. Lilo 16. Roma 17. Doughballs 19. Then 20. Setloose 21. Chose 22. ImOK 23. ACLU 25. Cmon 28. RayCharles 33. Hoped 35. Ores 36. Eva 37. Axe 38. Issues 41. old 42. Sir 43. Dean 44. Yenta 46. MeAndMyGirl 50. Meet 51. Ellis 52. Boop 54. Testy 57. Abalones 61. Abet 62. FarAndWide 64. Oral 65. Epic 66. Senna 67. Sole 68. Dray 69. Ream

DOWN 1. Snds 2. Oboc 3. Rout 4. Tagline 5. Alaska 6. Rile 7. III 8. DOS 9. Arthur 10. Soho 11. Ames 12. Pane 14. Thom 18. Boor 21. Classy 23. Acre 24. Cher 25. Chasm 26. Moxie 27. Opera 29. Young 30. Leone 31. Evite 32. Sadat 34. Diddly 39. Semi 40. Says 45. Empower 47. Nettle 48. Abbacky 49. Loan 53. Olds 54. Taos 55. Ebro 56. Seal 57. ARIA 58. Nine 59. Edna 60. Seam 62. Fed 63. APR

**TRIVIA ANSWERS**

1. Western Australia 2. Billy Hughes 3. A one shilling coin (The equivalent of today's 10c) 4. Holy Trinity Church. 5. Winton 6. The Silver City 7. The Endeavour River 8. Thursday Island 9. An Australian bird 10. Adamnab

# Game On

## CROSSWORD

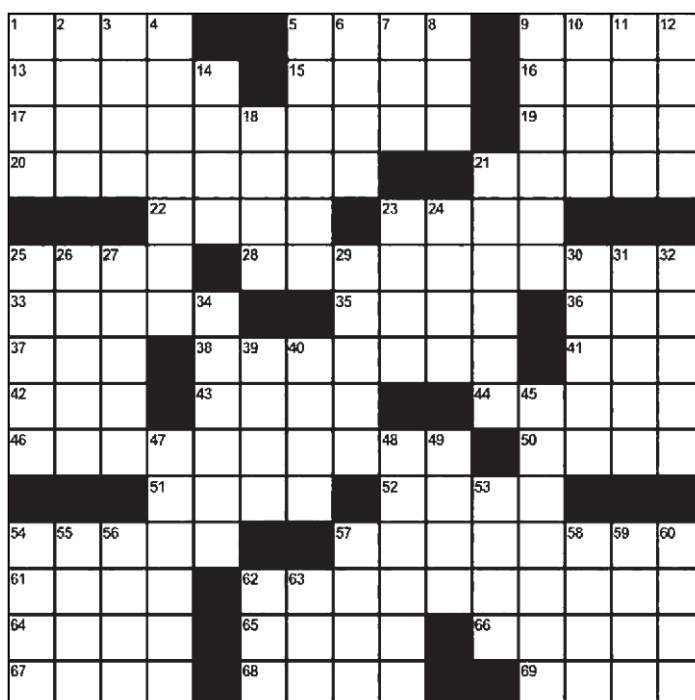
### ACROSS

- 1) Do a laundry chore
- 5) Like the Sahara
- 9) Rush job initials
- 13) "Das Boot" vessel
- 15) Movie pal of Stitch
- 16) Oblong tomato
- 17) Dunkin' Donuts, essentially
- 19) "At which point ..."
- 20) Uncage
- 21) Picked out
- 22) "How are you?" reply
- 23) Rights org.
- 25) "Follow me!" (slang)
- 28) "What'd I Say" singer 3,7
- 33) Didn't despair
- 35) Miners' take
- 36) Peron of Argentina
- 37) Dismiss summarily
- 38) Newspaper publishers, e.g.
- 41) Suffix with "fact"
- 42) Galahad's title
- 43) *A Streetcar Named Desire's* James \_
- 44) Meddlesome type
- 46) 1932 Spencer Tracy movie
- 2, 3, 2, 3
- 50) Do lunch together, say
- 51) Yalies
- 52) Classic toon Betty \_
- 54) Short-tempered
- 57) Sources of nacre
- 61) Assist nefariously
- 62) Just about everywhere 3, 3, 4
- 64) Of the mouth
- 65) Long and arduous task

- 66) Cathartic-yielding plant
- 67) Cobbler's piece
- 68) Heavy cart
- 69) Package of paper

### DOWN

- 1) Soap bubbles
- 2) Bassoon's cousin
- 3) Win in a walk
- 4) "Just do it" for Nike
- 5) Continent northwest of the North America
- 6) Really rankle
- 7) Feeling sick
- 8) Windows forerunner
- 9) Dudley Moore title role
- Fred Pisco
- 10) Area of London or Manhattan
- 11) Iowa home of the Cyclones
- 12) Door or window part
- 14) \_ McAn shoes
- 18) Crude sort
- 21) Well-bred
- 23) Yard size, maybe
- 24) Sonny and \_
- 25) Bottomless pit
- 26) Spunk
- 27) "Aida" or "Carmen"
- 29) In one's youthful days
- 30) Sierra\_ (African nation)
- 31) Digital party notice
- 32) Co-Nobelists with Begin



- 34) Nothing (slang)
- 39) Half
- 40) Comes out with
- 45) Give authority to
- 47) Stinging plant
- 48) Head monk's jurisdiction
- 49) Bank's offering
- 53) GM make until 2004
- 54) Pueblo town
- 55) Zaragoza's river
- 56) British singer-songwriter
- 57) Australian Recording Industry Association
- 58) Greater than eight
- 59) Dame \_ Everage
- 60) Cricketball feature
- 62) Gave sustenance
- 63) Auto loan abbr.

**Crossword solution page 39**

## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 1 |   | 8 |   |   | 4 |
|   | 7 |   |   |   |   |   | 1 |   |
| 5 |   | 8 |   |   | 4 |   | 3 | 9 |
| 8 | 2 |   | 7 |   |   |   |   |   |
| 9 |   | 4 |   |   |   | 8 |   |   |
|   |   |   |   | 4 | 5 |   | 6 |   |
|   |   | 9 |   |   | 6 |   |   |   |
| 2 |   |   |   |   |   |   |   | 3 |
| 7 |   |   | 4 | 5 |   | 2 |   |   |

## AUSTRALIAN TRIVIA

1. In which state would you find jarrah forests?
2. Who was the first Australian politician to broadcast on radio?
3. What was a 'deener'?
4. Built in 1848, what is the name of the church at The Rocks, Sydney?
5. In which Queensland town was Waltzing Matilda first performed?
6. What is Broken Hill's nickname?
7. At the mouth of which river does Cooktown lie?
8. What is the 'capital' of the Torres Strait Islands?
9. What is a bustard?
10. Where would you find the 'Giant Trout'?

