

# THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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## Women of the Bega Valley and the World



Panorama of rally in Bega - Photo Credit: Caroline Long

I was disappointed my health didn't allow me to travel to Canberra last Monday for the March 4 Justice Women's March at Parliament House, but I was uplifted to be marching amongst our valley women, closer to home.

When someone in a public space opens themselves up emotionally, making herself vulnerable, this gives permission for others to do so. It gives support to delve deeper into emotionally painful pockets that are often glossed over in our everyday living. This is what happened in Bega at the Women's March.

It was conducted in a feminine way – structured yet allowing for spontaneity. Fifteen to twenty women stepped up to the microphone in Littleton Gardens where we'd marched to make our voices heard.

Each woman touched on a vital point. One mentioned that if you've been a victim



It was a good turnout - Photo Credit: Caroline Long

of molestation that the past three weeks of intense media coverage might have been triggering for you. Another advised we need to be clear in choosing political representatives that stand for our values and that we are in a majority. That women of colour bear the double brunt of racism and sexism. A young mother with a baby boy on her hip stepped up to speak of hope and determination for his life ahead. At this point I noticed many women in the crowd shifting their positions and straightening as they seemed to grow taller. Sincere thanks were given to the men and boys that were present acting as allies.

The highlight was a request to poll the women to make visible what was inside so many of us.

'Raise your hand if you've been sexually harassed or objectified at work, home or elsewhere?'

Nearly every woman raised a hand. 'Raise your hand if you've ever been on the receiving end of a man's violence?'

A surprising number raised their hands and we all became quieter – looking around seeing each other's faces softening.

'Raise your hand if you have been raped.'

We became very, very quiet at this point and it was quite sobering to witness those incredibly courageous women raise their hands.

In that moment, we became transparent to each other. In that moment the intimacy in that public park was powerful, palpable

yet soft and still. We held the pain, the vulnerability and courage all at once. And we made that happen by coming together and bearing these truths. Shame thrives in silence and isolation.

We women called it out that day. We connected, raised our voices and chanted, 'Enough is ENOUGH!'

And we vanquished that insidious, silent plug to our voices and our lived experiences.

I'd like to say to those women who didn't, couldn't or wouldn't attend a march like that – times are changing fast now. We need each other and together our voices are being heard.

This quote inspires me like a beacon: 'Justice is what love looks like, in public.' Dr Cornell West.

*Madhuma Thompson*



We weren't allowed to march on the street  
Photo Credit: Caroline Long

One in five Australian women is sexually assaulted in her lifetime – be it as a child, at work, in a public space, in aged care, at home – half of sexual assaults are perpetrated by husbands, fathers, brothers or other family members.

Of women and men who are raped, most do not take outward action. Some, more often women, go to rape counselling centres. Of these, only 10% then choose to take their experience on to police. After police involvement, less than 10% of rapes result in the perpetrator/s being charged and facing court. Of these court cases, less than 7% gain convictions. So, collating these figures and starting from a diminished initial base, fewer than 1 in 1000 raped women see their perpetrator convicted. Most rapists face no consequences for their violating actions. Of those rapists found guilty through the legal system, virtually 100% denied the charges, denied that it ever happened. The chances of a false conviction are extremely low.

Between 3% and 5% of rape claims are seen to be vexatious – these rarely get through the filter of friends, counsellors, police investigators and prosecutors. Thus, and importantly, 97% of

claims are seen to be true, even though very few result in justice. Rape court cases are horrendously invasive for rape victims while alleged rapists may not even have past rape convictions mentioned in the judicial process.

Experiencing sexual assault can derail lives, destroy confidence, unbalance mental health, underpin suicide – the damaging effects reverberate through a lifetime. For so-called ‘historic rape’ cases, women take twenty years, on average, to rebuild themselves and take formal action; and for men it is twenty-five years.

The Australian legal system clearly and systemically fails to give justice to women and men who have been raped. Conversely, the legal status quo systemically, structurally, philosophically and culturally applies foundational premises in a way that results in protecting rapists.

This is absolutely unacceptable. Significant cultural and institutional change is long overdue. There are alternative processes to enable justice. Local women and men join the voices shouting, ‘Enough is enough’.

## Letters to the editors

### Save Cuttagee Bridge

There has been overwhelming community opposition to the proposed demolition of the Cuttagee Bridge since Council’s decision on 10 March to replace it with a two lane concrete bridge. There are currently over 9,000 signatures on a Change.org petition opposing demolition.

On receipt of the funding deed from NSW State Government on 17 March for \$7.5 million for this project, Council decided to reconsider whether it will be able to comply with all the requirements of the deed within the two-year delivery timeframe. Total estimated cost is \$11.5 million. Council is planning to reconsider this issue at their next meeting on Wednesday, 31 March.

The Bermagui Community Forum has sought a meeting with Council representatives to discuss the lack of consultation and respect shown to the community on this issue. We also want to ask Council to present their reasons and evidence as to why replacement of the Bridge is necessary.

It has been made clear to the Forum that the community is strongly of the view that in the long term the heritage economic value of these single lane timber bridges between Wallaga Lake and Tathra far outweighs the short-term funding grab of \$7.5 million from NSW State Government. Council should be promoting a tourist heritage trail along the Tathra-Bermagui Road.

The Forum would like to thank all those community members who have so far offered their support and help in our

campaign to Save Cuttagee Bridge.

To receive the Bermagui Community Forum newsletter to know what’s going on, email [bermaguiforum@gmail.com](mailto:bermaguiforum@gmail.com)

Please stay active and sign the Change.org petition.

*Geoff Steel*



### Thank you, Georgina

I would just like to thank Georgina Adamson for her lovely piece in last month’s *Triangle* – ‘Where are they now?’

For a number of years in the 1990s, Narooma High School hosted an amazing music and drama spectacular every second year called The Big Gig that came about because of the brilliance of the music teacher at Narooma, Jenny O’Meara. The local Primary and High Schools competed against each other and it showcased some

incredible talent that was right here on the Far South Coast.

Around 1995, the Narooma High School was performing their piece, when this incredible young lady with an extraordinary voice came out on stage and belted out the most amazing performance of Donna Summer’s *Hot stuff*. It was truly the best and most memorable performance of any that I ever saw over the years at the Big Gig. That singer was Jasmine Williams from Bermagui.

I have never forgotten Jasmine’s performance on that night. I actually have a video of that year’s Big Gig, which is very special.

I always wondered what happened to Jasmine and Alice. I had hoped that their amazing talents took them far and wide. Now I know. Thank you Georgina for sharing the girls’ stories. I wish them well in their continuing careers and lives.

*Robyn Lucas,  
Central Tilba*

### Dear Triangle Editor

Bermagui Dune Care has benefited from Stuart Cameron’s expertise, both as a mentor and a member (Stuart Cameron, Weed warrior, *The Triangle*, March 2021).

With the start of the Coastal Weeds Project in 2007, Bermagui Dune Care (BDC) was freed from constantly weeding sea spurge. Since then, we have planted out a section of coastal Crown Reserve at Baragoot Swamp car park, where some trees are now over six metres tall. We have spent the last nine years planting at Cuttagee Point, under a plan of

management devised by Stuart. We value his on-going advice and work.

As any gardener can attest, weeds do not go away and the Coastal Weeds Project must be maintained. If not, the weeds will soon take over again and the years of work will be lost.

As co-ordinator for BDC, I am well aware of the problems in obtaining grant funding for environmental projects. Sadly, the natural environment does not seem to rate highly with any government and perpetual funding does not exist. Instead, on-going funding is uncertain.

Stuart's idea of a local environmental fund, to avoid being subjected to 'the whims of governments' is an excellent solution. How to organise it?

*Karen Joynes*

*Co-ordinator, Bermagui Dune Care*

### **I was wrong**

What a fool am I, banging on about freedom and how everyone should be flying around the world willy-nilly because I want to return to that triangular piece of paradise on the far south coast. I sway my argument to suit my own desires but ... now that I have watched the docos made by people who know what they are talking about I understand that we are not designed to mix with the whole world in some mega multicultural soup. We are best off and healthiest in groups of around twenty, who maybe get together with other groups of around twenty, occasionally. Then we avoid pandemics and many of the other social problems that plague us. Just like during the Stone Age.

One good thing about lock-down: lots of time to listen and learn. I wonder how much the airfares will be if there are only twenty of us on the plane? We better start saving fast!

*Sarah Breakey*

### **Disclaimer**

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team.

Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

### **To Heather O'Connor, soon after her 80th birthday**

Your front path's blocked by flowers  
carefully I lift aside  
a sheaf of cosmos  
heavy with rain  
and descend past  
the giant bamboo  
past the mannequin's legs  
protruding from the soil  
daintily shod in red pumps  
to your low, bookish house  
its windows full of lake  
this place where nearly four  
decades past your heart took root.  
I find you looking better  
less drawn, merry again, that wry  
glint in your eye which is, I think,  
a glimpse of your essence  
your gift to see things as they are  
and teasingly,  
engagingly, practically  
set about changing them.  
We're in your 81st year:  
you seem half impatient to be  
so much celebrated  
even treasured.  
This past week, all over Australia,  
women have been marching again  
marching in your footsteps.

*Kai Jenson*

*20 March 2021*



### **Guidelines for contributors**

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos.

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as separate JPG attachments – not embedded into your story. Please send the original digital photo, uncompressed, so we have a large image to work with. Please include a caption for your photo.
3. Send all articles as WORD or other TEXT documents.
4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. Attach a photo if you like.
5. Think about a headline for your story. Please don't leave it to us!
6. Deadline is midday on the 22nd of the month. Any questions at all, please email [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

### **Who does the work**

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Book advertising space by first ringing 6493 8369 then 0407 047 404 or email [advertise@thetriangle.org.au](mailto:advertise@thetriangle.org.au)

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**Narooma:** BP station, Visitors Centre,

Library, **Quaama:** The Quaama Store,

**Wallaga Lake:** Merrimans Land Council

#### **Deadlines:**

Advertising: 5pm, 19th of each month

Editorial: 12pm, 22nd of each month

#### **Thumbs / Letters to the editor:**

All communications should be forwarded

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*The Triangle* is a community newspaper.

Its aim is to provide information and news

to the people in the Triangle area - the area

bounded by the three mountains (Gulaga,

Mumbulla and Wandella). The committee

comprises volunteers who donate their

time and expertise for the benefit of

our readers. *The Triangle* is financially

self-sufficient through donations and

advertising income. Prompt payment of

accounts is appreciated. *The Triangle* is

published every month except January

and has a circulation of 2000 in print plus

online visits.

# Enough is enough

Monday 15 March will stay with me forever. Deciding to drive up to the March4Justice rally at Parliament House was the best last-minute decision I have ever made.

Arriving just after the speeches started, the green lawn in front of Parliament House was a mass of black-clad, masked-up women and their allies, waving placards and shouting for justice for women. The tangible feeling was one of incredible determination and powerful energy to change the status quo for good – enough is enough!

The speakers, from Brittany Higgins to Biff Ward and Kate Ahmad, brought cheers, shouts, tears and spontaneous, deafening applause to the space as they told their stories. They rallied all Australians to take a good hard look at sexual harassment and rape, and to change their way of thinking. So many clever placards demanding the perpetrators take responsibility and stop this abhorrent, ingrained abusive behaviour at all levels of society, and especially by those in Parliament House. Demands that legislative and cultural changes be made by politicians and that attitudes towards women change from the Prime Minister down. Throughout, there was an incredibly strong statement that we will not give up, that we will fight for justice until it is embedded in our Constitution and in our society.

The sea of placards said it all – ‘Ditch the Big Swinging D...s’ (referencing the vicious placards about Julia Gillard in 2011); ‘Don’t Get Raped’ became ‘Don’t Rape’; ‘What Would Julia Do?’; ‘ROAR’; ‘When Will She Be Right?’; and ‘How Good is Equality? What Would We Know?!’

I came away totally energised, filled with praise for all those brave women who gave voice to the hidden and shameful underbelly of Australian society where a woman who has been attacked feels shame, is silenced by fear, a crippling inability to

speaking out and a high possibility that if she does, she will not be believed. How little do the perpetrators suffer and, through society’s silence, continue to abuse and humiliate, patronise and blame women for their own appalling behaviours.

That **must** change, as attested by the 95,000 signatures on Janine Hendry’s petition to Parliament presented that day.

Thank you Brittany Higgins, Grace Tame, Janine Hendry, and all the brave and powerful speakers, plus the wonderful media women who continue to bring to light this blight in our world. Keep up the fight - enough is enough!

*Lisa Lintner*



The crowd and the placards created an amazing atmosphere of strength of purpose. Photo credit: Lisa Lintner

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## POSITION VACANT

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We encourage and support Aboriginal people and people from Culturally and Linguistically Diverse groups to apply.

For a full information package containing job description, essential and desirable criteria, please phone (02) 6492 4188.

This position is subject to the provisions of the Child Protection (Prohibited Employment) Act 1998, and the successful applicant is subject to various checks, including driving record, Working with Children and Police checks.

## Anglican Parish of Cobargo, Bermagui & Quaama Easter Services



**Maundy Thursday:**

**Cobargo Service at 6.00pm**

**Good Friday:**

**Bermagui Service at 9.00am**

**Easter Day:**

**Bermagui Service at 8.00am**

**Cobargo Service at 10.00am**

## Community Notices

In recognition that meetings are not happening at the moment – at least, not in the ways they used to – we're placing 'Community Notices', the inside back page, in storage for the time being.

# Come along to the Bega Valley Shire Library's Seniors Week expo

There will be an expo aimed at engaging older members of our communities in a wide range of activities at the Bega Valley Commemorative Civic Centre on April 10. The event has been called 'Never Too Late to Make it!' and it will offer demonstrations and displays of an enormous range of interests and activities for both men and women including weaving, woodwork, ceramics and other crafts, creative writing and family history research, archery, gardening, including for orchid devotees, and many other fields. Not only can you see examples of the results that have been achieved by local enthusiasts, but you can watch them put their skills in action and you will meet so many people who are prepared to share their enthusiasm and skills with others. It will be a great opportunity to develop new interests or rediscover old passions.

Library Officer, Myoung Jae Yi, said, 'People are often surprised to discover the vast range of creative activities that happens in our community. The expo is a fantastic opportunity to bring Seniors together, to make new connections and discover new creative passions – it's never too late!'

Our local libraries already host a number of groups who meet to pursue their creative interests and share skills and experience and, of course, to socialise. The Bega Valley Shire Library Service is keen to support creativity and social interaction in the community whether the groups are quilters or weavers, writers or family history researchers. The Service would like to actively assist older community members to connect with others who share

similar interests and want to spend time together.

As well as creative and active pursuits, the libraries already offer many other services to support older community members. Library coordinator, Megan Jordan-Jones, said, 'Our libraries are well supplied with large print books, audio books, eBooks and eMagazines, and run free regular technology training courses for Seniors. A Library Link Service provides resources to homebound residents and we provide free access to, and guidance with, family history resources such as Ancestry Library Edition.'

The 'Never Too Late to Make it!' expo will be held from 10 am to 3 pm on Saturday 10 April at the Bega Valley Commemorative Civic Centre. Entry will be free and there will be a free sausage sizzle provided. If you are interested in

coming along could you please book, to assist with catering numbers, either by calling Bega Library on 6499 2127 or go online at [www.begavalleyshirelibrary.eventbrite.com.au](http://www.begavalleyshirelibrary.eventbrite.com.au). Or if you require more information please ring the library on the number above.

As well as the 'Never Too Late to Make it!' expo there will be a broad range of community groups also holding events during Seniors Week from 10-24 April. These events are supported by Bega Valley Shire Council Seniors Festival Grants and will be hosted by Bega Valley Potters, The Lions Club of Pambula-Merimbula, Twofold Aboriginal Corporation, Far South Film, Eden Community Access Centre, Bermagui and District Seniors and Panboola Wetlands.

*Bega Valley Library*

## Triangle Photo Gallery

Autumn seems to be **Festival Time** in the Triangle region. We'd love to see what you have been getting up to. You can share your festival photos on our website ...



music, dance, sculptures, having fun with friends ...

Send your images to [photos@thetriangle.org.au](mailto:photos@thetriangle.org.au) by April 5 or look at the current galleries at [www.thetriangle.org.au](http://www.thetriangle.org.au)



**NSW SENIORS FESTIVAL 2021**

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# MAKE IT

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## Saturday 10 April 2021

### 10.00am - 3.00pm

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Free Entry | Free refreshments | Free Sausage Sizzle

Seniors come and find your new creative pursuit!

For more information call Bega Library 6499 2127






## New local Hearing Clinic opened to the community

A lovely group of people gathered on 18 March to celebrate the opening of a great new service to the area: a new hearing care clinic, located in the little arcade behind the shoe shop in Narooma. Among the guests were a local psychologist, local tour operators, National Parks staff, a retired doctor, a priest and an accountant. Numbers were limited due to COVID.

Appetizer, Grapetizer and antipasto platters made the rounds as the invited guests were able to try some new hearing aid technology and enjoy the furnishings and soundproofing that make this clinic able to see people of all ages and one of a kind!

The Narraways have recently moved from Bermagui to Narooma. Tim is well known in the area as a priest and chaplain and his wife, Annemarie, wanted to work closer to home after working in Batemans Bay for five years and so decided to open her own practise.

Annemarie had her grandmother's Persian rug mounted for sound reduction and background aesthetics and is looking forward to providing many from the community with improved communication confidence.

*Annemarie Narraway*



Joyful celebrations at the opening of Hear Well-Live Well in Narooma

# HEAR WELL - LIVE WELL

**We've opened! The South Coast's very own Hearing Care Clinic.**

I will use my passion, dedication, education and ongoing training along with 21 years of audiology experience to get the best possible outcomes for my clients.

I'm looking forward to providing the following services to the community.

- Full comprehensive hearing testing for all ages, including babies and children.
- Tinnitus care and improvement programs.
- Specialised wax removal services including vacuum removal (non- syringing).
- Middle ear testing and monitoring.
- Unbiased hearing aid discussion, fitting, optimisation and ongoing care, battery and maintenance services.

Certification to provide services for DVA, pensioners, Medicare support and NDIS are pending.

**Hear Well - Live Well is located at 114 Wagonga Street, Narooma, in the arcade behind the shoe shop.  
For an appointment call 0411 839 414.**



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## CWA State Conference is going ahead in May

The local organising committee is pleased to report that we plan to proceed with the 2021 Country Women's Association of NSW State Conference in Bega from Sunday 2 May to Friday 6 May. President of the local Conference organising committee, Helen Galton, said, 'To date we are expecting four hundred visitors in Bega for our CWA conference week. The CWA is coming to our town!'

COVID-safe conditions will be in place for the CWA Conference. Each CWA branch is entitled to one conference delegate for the 2021 CWA Annual General Meeting and one observer. The conference delegates will meet in the Bega Showground Pavilion. The conference observers will view the AGM proceedings as a live stream at the Bega Civic Centre.

During the Conference, CWA members can visit Bega town centre cafes and restaurants for their lunch. Delegates and observers also have the option of lunch packs provided on-site at Bega Showground by Bega and Tathra Hospital Auxiliaries or a barbecue lunch provided by Bega Lions. Nelleke Gorton who is coordinating the food for the CWA Conference said, 'We are so lucky our region offers fresh local produce including my favourite – the delicious ploughman's lunch with Bega cheese.'

Local CWA Conference tours are available for members and their family and friends who have travelled to the Conference with members. With the Conference only six weeks away, bookings for the tours are beginning to fill. There are three tours - Bega/Tathra, Central Tilba/Bermagui and Eden/Pambula. CWA tour coordinator, Annette Kennewell, said, 'The tours will showcase the stunning scenery of our Sapphire Coast and Bega Valley with options for tasting our local produce including cheese, oysters, beer and cider.'

How can the community of Bega Valley and Eurobodalla get involved with the CWA State Conference? Buy a CWA State Conference Raffle ticket to help with fundraising. Raffle tickets are available online at <https://www.rafflelink.com.au/cwa2020> or from your local CWA branch. First prize in the CWA State Conference Raffle is \$1,000 cash, 2nd prize is a KitchenAid donated by Betta Electrical Bega, 3rd prize is a Pandora bracelet donated by Georgie's Fine Jewellery, Narooma, 4th prize is a set of two suitcases and 5th prize is a \$200 Visa card.

Visit the local market organised for visiting CWA members and our Bega community on Sunday 2 May from 1 pm to 5 pm at the Bega Showgrounds. Confirmed stallholders include Mystery Bay Kelp; Johanna Weiss with her artwork on linen; Jody Vassallo with her cookbook, *Farmer*; and a children's book, *Brave-Bottomed Wombat*; Three Fat Ladies with their delicious regional food; Eden Preserves; Tilba Cheese; Paul West with his cookbook and growing guide *The Edible Garden*; Za's Coffee Van; and Bega Girl Guides.

The communities of Bega and surrounds are also invited to visit the CWA State Land Cookery and Handicraft Competition exhibitions. The CWA Land Cookery exhibition will be on display at the Seventh-Day Adventist Church, 31 Upper Street, Bega. The CWA State Handicraft exhibition will be on display at the Uniting Church and Hall, 125 Gipps Street, Bega.

Lynn Lawson, Secretary of the local Conference organising committee said, 'A reminder that all schools in the Bega Valley and Eurobodalla are invited to participate in the Make a Cow competition and everyone is invited to enter our Cow Cake Decorating competition.'

Annette Kennewell

## U3A Update

U3A has held several face-to-face classes this term. We have been issued with the NSW Health COVID tick of approval and our COVID Coordinators have ensured the safety of all present in adhering to our COVID Safe plan!

Our Visit to the Buddhist Centre in Tilba Tilba was a huge success with the possibility of one of the Professor's students talking to us further about Tibetan Buddhism which is very exciting.

As the weather dries up we hope to be able to offer some outdoor activities to get everyone out and about again.

A small taste of what is in the face-to-face pipeline: Taboo Topics, Travel Tales, Older Australians' Rights, Teaching in Zimbabwe, the Huguenots and Virus; a few old favourites: Bruce Leaver's repeat classes on Nomadic Continents, Ice Age and Storms on the Steppes (all repeat classes depending on demand) and too many other new classes to mention.

Come and join U3A! We share and learn purely for pleasure. It's still easy! Just click on our website: [bermagui.U3A.org.au](http://bermagui.U3A.org.au). You will find links there to our membership form, enrolment form, program information and contact details of committee and program team members.

The program for Term 2 will be available on our website from Wednesday 14 April with details of our enrolment process for the term. Classes begin Wednesday 28 April.

Do keep checking our website – COVID restrictions are a moving feast and we need to move with it to offer the best we can in the circumstances and those details will be on our website.

Ruth Perrett  
President



Marjorie MacKnight and Alison Jenkins both of CWA Pambula-Merimbula branch with their prize winning sponge cakes at the CWA Far South Coast Group Land Cookery day in Bermagui on 9 March.

### MFR Property Services

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## The Triangle's support is vital to Marine Rescue volunteers

Did you know that Marine Rescue Bermagui is operated totally by volunteers? They give their time and energy freely but are professionally trained to ensure their safety and that of the boating public. Although Marine Rescue receives valuable funding from the State Government and boating community, MR Bermagui also relies on local fundraising and donations to fund its rescue vessel and day-to-day operations. So, support from *The Triangle* is greatly appreciated.

All Marine Rescue NSW volunteers undertake extensive training for various roles, including as radio operators and boat-crew members. Training and regular drills ensure they keep their skills up to date and remain competent in the use of new technology and operating systems. The next major training event in early May, is a Regional Search and Rescue Exercise (SAREX). About eighty volunteers from six MRNSW units on the South Coast and our colleagues from other emergency service agencies, including the NSW Police Force Marine Area Command, Surf Life Saving and the Westpac Life Saver Rescue Helicopter will come together for two days of search and rescue practice. These exercises are staged along the NSW coastline each year as part of Marine Rescue's professional training program.

MRNSW Deputy Commissioner Alex Barrell said the South Coast SAREX would test the participants' skills, reinforce agency coordination and ensure people, assets and technology were at peak readiness to respond to any situation.

'Ensuring our members are well equipped and trained for their roles is critical to volunteer safety and integral to our mission to save lives on the water,' he said.

Members of the community can support their local volunteers at Marine Rescue Bermagui by buying a ticket in our raffle. COVID restrictions have changed things a bit but you can now buy tickets easily and safely online at <https://www.rafflelink.com.au/mrbermagui>.

Some fantastic prizes, worth a total of \$2500, have



Marine Rescue Bermagui Unit Commander, Caron Parfitt, and Deputy Unit Commander, Steve Knight, accept the generous donation from Linda Sang of *The Triangle*

been donated. Don't miss your chance to win seven nights' accommodation at the Anchorage Bermagui, a Raymarine Dragonfly 5 Pro Sonar/GPS, a ready-to-fish package from Bermagui Bait & Tackle, a Woolworths gift card and vouchers from Il Passaggio Restaurant, The Harbar, Bermagui, and Il Passaggio Providore.

If you would like to become part of this growing, vibrant organisation, providing vital safety services to the boating community, join our team! Contact the Bermagui Unit Commander on 0417 248 724 or visit [www.mrnsw.com.au/become-a-volunteer](http://www.mrnsw.com.au/become-a-volunteer) today.

Debbie Worgan

## That Bunch of singers is back



That Bunch of singers

Dan Scollay's well-loved community choir, That Bunch of Singers, is due to resume. Dan started this choir many years ago when it had Narooma and Bermagui components. More recently it has been just based in Bermagui, and members have travelled from far and wide (from Narooma in the north to Quama in the south) to sing with her. Unable to meet, initially due to the bushfires and then extended by COVID, the choir has not sung together since the end of 2019, although there were a couple of careful social get-togethers during this time. We all know what a joy it is to sing and this choir is always happy to sing together – that's the essence of community singing. And we all love Dan.

So, if you feel the urge to sing and want to join a community choir, come along to the Bermagui Community Centre on Tuesday, 20 April. Choir practice is every Tuesday during school terms, from 7.00 – 8.30 pm, \$20 (employed) and \$15 (non-employed).

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# Spiritual Care for Life in Central Tilba

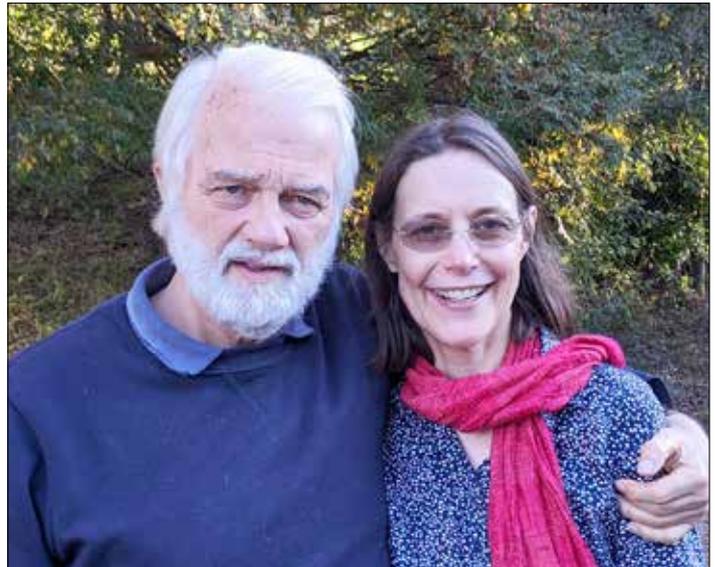
An introductory course in Spiritual Care is being offered at The Sanctuary in Central Tilba from 29 April.

Participants are introduced to the principles of spiritual and pastoral care, with particular emphases on listening and empathic responding, enabling others to access their own resources and resilience. There is also a focus on caring for ourselves spiritually and emotionally. People who successfully complete the course can be registered with the Southern NSW Local Health District as a spiritual care practitioner if they so wish. Ongoing support and development is also offered through Spiritual Care for Life so that carers can continue to develop their skills and insights through participation in the full life of the program.

The course is run by Angela Young, Sister Helen Kearins and the Rev Dr David Oliphant. Angela and Helen are certified practitioners and educators and David is a clinical pastoral educator.

If you would like to know more about the course please contact Angela Young on 4473 7838 or 0477 333 442.

*Rev David Oliphant*



David Oliphant and Angela Young

## Anglican Parish of Cobargo, Bermagui and Quaama

Farewell wishes and blessings have been extended to Reverend Tim Narraway and his family. A Parish Picnic and Pancake Night held in Cobargo were special occasions allowing the Parish and the

wider community to say thank you and farewell.

Tim was incumbent in the Parish for a little over three years and in that time he reached out to the wider community in many ways, especially after the bushfires. Tim surely amazed us, as he continued his busy role within the Parish; as Chaplain for both local and regional RFS; with Anglicare Disaster Relief (Far South Coast); and part-time (two days a week) Chaplain at Sapphire Coast Anglican College. In addition, Tim was also appointed as Area Dean during the past year.

Tim, his wife, Annemarie, and children, Caitlin and Nathaniel, have moved to Narooma for Rev. Tim to take up his new position with the Anglican Parish of Bodalla/Narooma.

Reverend Martin Christensen has

been appointed as locum, taking up the four day a week position. We welcome Martin and his wife, Cath, to the area part-time from Canberra. Martin will be a familiar face to many as he was also involved in disaster relief chaplaincy during the Black Summer.

Services in the Parish this Easter are as follows:

- Maundy Thursday 1 April, 6.00 pm at Cobargo
- Good Friday 2 April, 9 am at Cobargo
- Easter Day 3 April, 8 am at Bermagui and 10 am at Cobargo

May you be blessed with our Lord's love and peace, we hope you enjoy new hope and lasting happiness this Easter and beyond,

*Chris Richards-Preston*



Reverend Martin Christensen



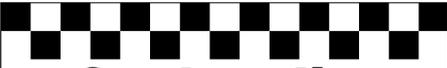
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## Cuttagee Bridge to be demolished ... loss of local landmark

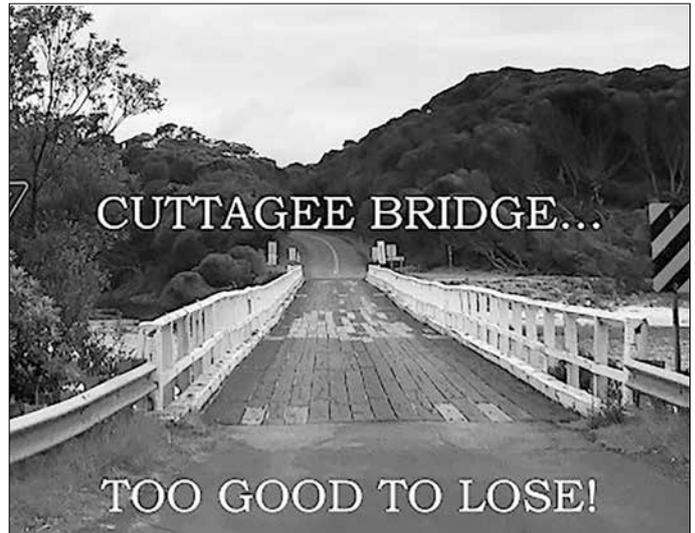
A surprise announcement was made on 4 March by Andrew Constance, Member for Bega and NSW Minister for Roads and Transport, that \$500 million has been made available to replace or repair 22 bridges on the Far South Coast, including the iconic timber bridge at Cuttagee which will be demolished and replaced with a concrete structure. \$7.5 million has been set aside for this work.

Constance has said that it will '... better connect regional communities' as well as 'increase resilience to natural disasters', ease the financial burden on local government and be a safer option during the bushfires.

This came out of the blue and has shocked and dismayed many locals and visitors who value the historic nature and aesthetics of this well-known landmark. It has been depicted in art and photos, used in films and holds many cherished memories of enjoyment on the banks of Cuttagee Lake.

Locals on the Bermagui-Tathra road have fought for years to keep the wooden bridges and they have also made repeated pleas to the responsible bodies to improve the safety of this very popular scenic drive with improved signage and speed limits.

As always, there are conflicting issues surrounding controversial decisions announced without warning or consultation. At this time when regional tourism is being encouraged, surely it is advantageous to have people enjoy the quieter aspects of touring? The appeal of this particular stretch of road, between Bermagui and Tathra, is the wonderful vistas and spots to stop off, enjoy the sparkling waters and, often, watch a pod of dolphins or a whale. This is a scenic drive, not a super highway requiring



Cuttagee Bridge - Photo Credit: Sam Davis

speedy access from one point to another. The Princes Highway several kilometres inland from the coast fills that need.

But unfortunately it wasn't built for the volume and type of traffic that now uses it so that does present a problem, and there is the constant need for repairs. It's a strongly emotive issue and petitions are filling with the names of people who want it retained.

But it seems it may be a fait accompli as Council on March 10 decided to go ahead with the proposal.

It does make me wonder how carefully it has been thought through. The state of the road adjacent to the beach is fragile and has often been in danger of encroachment by the sea as has been witnessed over the years. You wonder about the feasibility of constructing an expensive concrete and steel bridge that may one day lead to nowhere.

## Update on the Cuttagee Bridge issue!

Council is reconsidering whether they will be able to comply with the funding deed from the NSW State Government to complete the work to replace the bridge within the two-year timeframe and will reconsider the issue at their next meeting on March 31. That, along with the overwhelming community opposition to the proposal with over 8000 signatures collected so far, may have saved the bridge.

## Busy March in Bermagui

Bermagui has been bustling with visitors this month and there has been plenty to see and do. The big game fishing has seen the headlands and parking lots full of trailers and it appears to have been a good season.

SCULPTURE Bermagui has attracted many visitors and it's been a bumper event. The hard-working organisers and volunteers have been kept busy and did a wonderful job to make sure everyone was happy.

The headland was filled with works of art and this year the smaller exhibits were located in the Surf Club, an ideal venue. This year, in collaboration with Four Winds, music was incorporated into the occasion each weekend, presenting some fine local musicians.

Organisers are very happy with the success and growth of the event and it seems that SCULPTURE Bermagui has definitely become a fixed event in the town's yearly calendar.

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# Bermagui Banter

## Street eats

A first for Bermagui was a 'Long Table' down part of the Main Street on March 6, a collaboration of three food businesses – Eurolicious, Neighbourhood and Il Passaggio - each contributing a course. When I visited to get a photo, there was a buzz of happy eaters and compliments about the food and the novel idea. Congratulations to the organisers who were extremely happy



Happy diners on Eat Street

with the success of the dinner and said they will definitely put on another and, possibly, a Spring Event to celebrate the change of seasons and the spring harvest.

I won't miss out on a ticket to the next one.

## Honorbread garden space

Honorbread just keeps on getting better and, as well as an ever-changing array of breads and pastry goodies, they have transformed the empty block next to the bakery into a pleasant garden space. That's the sort of development I like to see. And there's more planned in the future with art installations, a bike rack and bubblers ... and later even a bread oven and bocce court. When finished, Tim and Honor would like to see the space used for some small events.

This is a lovely addition to the town.



New garden space at Honorbread



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## A fond farewell – we’ll miss you, Robbie!

Bermagui Country Club bid a sorrowful farewell to General Manager, Robbie Beuzeville, last month. Robbie has been with the club for nine years and will be sadly missed by staff, board and club members, as well as the wider Bermagui community.

Robbie joined the club during a time of great uncertainty when the club found itself in a somewhat precarious position with funding and, through the great efforts of Robbie and the Board, the club was brought back from the brink of closure.

Over the years Robbie fostered an ‘open door’ policy and has always been ready to listen to the grievances of members. He was a great listener, bringing sound judgements to issues and was always fair in his dealings with members.

Robbie was a jack-of-all-trades and frequently could be seen pulling beers in the bar or taking rubbish out – along with his job of making sure the club ran smoothly.

During those momentous times during the Black Summer bushfires, Robbie worked tirelessly to ensure the club was always available to the community as an emergency evacuation centre, making sure it was open at all hours of the day and night for emergencies. Both local residents and visitors – along with their dogs and other pets of all kinds found a safe haven in the club during the fires.

Robbie, his wife and children bunked down in the club with the Rural Fire Brigade, following the evacuation of Bermagui, providing lunch packs and three meals a day to the fires and their families. The RFB presented Robbie with a ‘Thank You’ plaque and commended him and the club for the huge contribution to the community during those awful days.

Then, of course, with the pandemic bearing down on us,

Robbie ensured the club put into place all the safety measures needed to keep staff and members of the community safe.

Robbie held a position of great respect among both staff and the community. He represented the club on the Bermagui Chamber of Commerce and was often seen around town visiting community organisations or attending sporting events.

During the last few weeks, Robbie and his family have been enjoying a well-earned holiday break before commencing his new position in Merimbula.

He leaves Bermagui with all the best wishes from our Triangle community. We will all miss you, Robbie, and hope our paths cross again.

*Carolyn Banados*



Club NSW representative, Judy, presents Robbie with a certificate for outstanding effort during the Black Summer Bushfires

## Bermagui and District CWA

The Land Cookery and Handicraft Competition was held at the Country Club in Bermagui on Tuesday 9 March. The number of entries in both handicraft and cookery categories was pleasing and showed great expertise.

The Bermagui Branch handicraft entry came fourth overall, with Marjory O’Brien’s goldwork embroidery selected for State.

Congratulations to members whose work will go to the State Competition to be held in Bega in May.

The next Branch meeting will be held on Friday 9 April at 1 pm in the clubrooms at Corunna St., Bermagui. All Welcome.

Many thanks,

*Chris Richard-Preston  
Publicity Officer*



Bermi ladies with the branch handicraft entry. (L to R) Heather Sobey, Vicki Hummel, Wendy Stephenson, Norma Reid, Gail Whelan and Cath Renwick.

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## Men's Sheds – it's not just about woodworking!

The Men's Shed movement originated in Australia around the 1980s as a way to improve the health and wellbeing of older men but it wasn't until the early 2000s that the movement really took off and it now boasts over 900 Sheds throughout Australia, with thousands of active members.

A Men's Shed is a community-based, not-for-profit organisation that is open to all men. Sheds provide a place where men can feel included and safe. The aim of a Men's Shed is to improve the health and wellbeing of its members. It's a place where men can meet 'shoulder to shoulder' to learn new skills, to help and support fellow shedders in times of need, and develop friendships. Although Men's Sheds are known for their woodworking activities, individual sheds often participate in a wide variety of activities.

Over the past ten years our own Bermagui Men's Shed has participated in many community activities including producing and installing those wonderful Christmas 'Santas' in town, assisting SCULPTURE Bermagui with installations, installing heritage signage throughout the area and undertaken private and Council commissions for some of the timber planters and commemorative public benches seen around town. With the completion of Stage One, Bermagui Men's Shed is open for business and encouraging men to come along to have a look at what is going on there. It is hoped that Stage Two – the building of a second shed to be used as kitchen, meeting and recreation rooms – will be completed by next summer. Once this has been built, a number of other activities could be undertaken.

If you visit the shed you will see some blokes hard at work on their projects, while others may be working on the computer or

helping someone sort out a mobile phone problem or just having a cuppa and chatting. If you are lucky, you may hear the sounds of guitar and harmonica in an impromptu musical performance. Originally Sheds were set up to help older, retired men but things have changed and younger men are now encouraged to come along. Bermagui Men's Shed is open every Saturday from 10 am to 2 pm so that younger men, those who most probably work during the week, can come and join in.

A warm welcome will be extended to new members, so why not come along and have a chat to the blokes. Currently the Bermagui Men's Shed opens Tuesdays, Thursdays and Saturdays from 10 am to 2 pm. The shed is located at 4243 Bermagui-Tathra Road – heading out of town, it is just past the cemetery on the right-hand side of the road. For more information contact Jack Couche on 0431 684 748 or Ian Bailey on 0409 691 458.

*Carolyn Banados*

PS Ladies – would you like a little 'me' time each week? Just think about having the house to yourself for a few hours to put your feet up with a good book or have the girls around for morning tea or just take a little time for yourself? Why not send your husband/partner along to the Men's Shed! He will certainly get a lot out of meeting with the other blokes and you will get that 'me' time for yourself!



Archive photo: In 2017, the Bermagui Men's Shed assisted with installation of the Yuin Cultural Heritage Trail signage

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## Bermagui Public School Report

Archie Schwarz is Bermagui Public School's new Communications Minister and will be keeping us in touch with current affairs at the school each month in The Triangle. Take it away, Archie ...

Stop Press! Bermagui Public School has received a brand-new library. It is in the same location as the old one, right next door to the new classroom of 5/6G. The librarian is Mrs Cathor. The building has been erected in four parts and includes a storeroom, an office, the main library and a small technology room that has a 3D printer. This new space was built because our previous library was very run down. It is equipped with new desks, chairs and a viewing/interactive whiteboard. It has a great collection of picture books through to senior fiction and includes a selection of non-fiction resources too. Most P&C meetings will now be held in the library.

It's about to get noisy because Bermagui Public School is proud to have Ms Kim Lamb as our new Music teacher this year. Throughout the new school year, kids will be learning about Music in all forms, exploring music theory as well as learning practical skills on a variety of instruments. For kids who are keen to play in a band, we now have the support to do regular jam sessions during recess each week.

Bermagui now has a new STEM (Science, Technology, Engineering and Maths) program run by Mr McLean. STEM lessons and activities will engage kids to explore deeper into a range of topics that can be only beneficial to greater society! We will be designing 3D models to print with the 3D printer. Some students have begun to print model houses complete with windows, balconies and dog doors! We will also be using 360-degree cameras to make a tour of the school to show it in its entirety.

On 22 March students will be planting new trees around our town to help improve Bermagui's environment! We will be collaborating with Preschool staff and children on this project.

Our school has participated in many sporting opportunities recently, competing with Tanja, Tilba, Cobargo, Bodalla and Narooma schools. These sports have included cricket, AFL and NRL. Our Year 3 students are attending a two-week learn to swim program with Jim and Pam at Cobargo Pool.

On Wednesday 17 March three talented writers from Year 6 will be participating in a full day creative writing camp, with Narooma High School teacher Mrs Wilton at Tilba Central School. In Term 2 all Year 6 students will have the opportunity to learn skills ready for transitioning to High School as Mrs Wilton will be working with these students each week for the whole term.

With 2020 well behind us, we look forward to a less disrupted year so that students can get the most out of their time at school.

*Archie Schwarz*



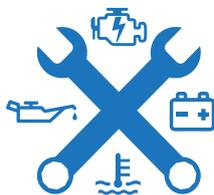
Archie Schwarz, Minister of Communication, Bermagui Public School

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## Umbrellas FOR Bermagui

We all know well enough about the enormous losses of income suffered by Bermagui's small businesses during last summer's summer bushfires and then the lockdowns and border closures of COVID. To assist the town's businesses recover, Bermagui Seaside Inc. ran an online fundraising raffle with five 2.7 metre shade umbrellas uniquely handcrafted by local artists provided as prizes. The artists were asked to decorate the umbrellas under the theme 'Regeneration' and the finished works were amazing. The draw was conducted early last month, and each artist presented their umbrellas to the prize winner.

Lewis Gaha was quietly (as is his way) chuffed to receive the stunning umbrella, 'Phoenix Rising from the Ashes', expertly hand stitched by Michelle Dedlefs from Bermagui's Stitch Connection. Lewis is a volunteer with the Bermagui Rural Fire Brigade and was actively involved in fighting the bushfires that threatened our town for nine long weeks at the start of last year. It's quite fitting that his ticket was drawn to receive this particular umbrella.

Helen Morris's umbrella, 'Natural Wonders', was won by Monique Smith of Ferntree Gully in Victoria. Helen is very well known for her magnificent artwork of birds and fauna and this umbrella was an exceptional example of her remarkable talent. Monique has been coming to Bermagui for fifty years and has a permanent holiday place at Wallaga Lake and her husband, Mark, happened to be here when we contacted Monique, so the umbrella was presented to him. Mark couldn't wipe the smile from his face and was very excited about it becoming part of a recent outdoor renovation on their home.

The umbrella titled 'Carmel' was won by a young lady from Sydney and hand painted by Lyn Moore in remembrance of her very dear friend who passed away at Easter 2020. Lyn created an incredibly beautiful garden of bright flowers, butterflies, birds and small fauna. Viewing her masterpiece Lyn wondered if there

was a meaning to the name Carmel and was amazed to discover it meant garden. To add to this surprise, the name of the umbrella winner is Carmela!

Another local resident, Paul Payten of SCULPTURE Bermagui fame, was the recipient of Sue Swensson's gorgeous and meaningful umbrella titled 'Regeneration' that Sue said reflects the strength in adversity and generosity of spirit of our native forests that have adapted to our harsh and unpredictable conditions over millenia. Paul said he was rapt and still can't believe he actually won something as he never has before.

The fifth prize was won by Dom Leroy who bought tickets in the raffle when he was holidaying in Bermagui. Another who couldn't wipe his smile from his face, he was very proud to be the owner of Lenore Thompson's exquisite work of art, Beanstalk. Lenore's hand-painted umbrella depicts her vegetable garden that had languished due to drought and, following good rain earlier in the year, began to flourish. Lenore reflected that in times of trial there can be encouragement from the seeds of the beans to nourish the potential contained in our shared, creative, humanity.

Christine Bimson from Bermagui Seaside said, 'From 2014 to 2018 at the annual Bermagui Seaside Fair, the Umbrellas of Bermagui auctions of locally handcrafted umbrellas resulted in \$40,000 donated to local junior sports clubs. This year, local artists reunited under the banner of Umbrellas FOR Bermagui. It was wonderful to work with the artists again, their work was absolutely amazing and each of the recipients was so delighted. The raffle proceeds will be passed to the Bermagui Chamber and under its auspices will go towards promotional initiatives to support Bermagui businesses and that's a great outcome.'

*Christine Bimson  
Bermagui Seaside*



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## Party time at the goldfield

Well, maybe not quite. After a long day of hard manual labour, working in conditions that would be frowned upon under today's OH&S requirements – up to some twenty metres below ground with only room to swing a seriously short-handled pick or shovel and usually only room for one person to work at a time with only the light of a candle available to them – these diggers were certainly in need of some diversion to take their mind off the work that would follow tomorrow.

Entertainment was an important part of goldfield life and it didn't need to be too fancy. After the evening meal, sounds on the goldfield would have included both singing and music and given the mix of nationalities on the field, folk songs from so many different European countries would likely be heard, at the risk of causing a lot of home-sickness. By 1880 however, itinerant songsters moving around the fields could count on making a modest living by entertaining the diggers and their families.

One of the more popular performers of the goldrush era was songwriter and comedian Charles Thatcher whose songs at his performances on the Australian and New Zealand fields would become a window into the politics and social behaviours we can look back on today.

Of interest has been the development of interesting musical instruments to suit the conditions of the times, given the need for ease of transport, as most of the diggers moved slowly around the fields and carried all their belongings as they went.

Basic instruments included those such as the spoons, mouth

organs and musical saws, as well as the Jew's harp, a small instrument played in the mouth and one of the more common relics found when metal detecting on old goldfields. It was easy to carry (and lose!) and not too hard to play but innovative Kooris replaced it towards the end of the 1800s with the gumleaf that had a haunting violin-type sound when played well. The Wallaga Lake Gumleaf Band went on to considerable acclaim into the 1900s.

The songs and sounds of the old goldfields are very much the focus of those at Montreal Goldfield today, ensuring that there is so much history to be shared.

Interestingly, a Jew's harp was the name given to a chain coupling used to quickly shorten or lengthen a bullocky's logging chain when snigging (see photo showing both).

*Chris Franks*



Bullocky's 'Jew's harp' and the musical one!

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Hello autumn, daylight savings, long sleeves, cool weather and pumpkins. I'm seeing firewood driving past in utes and colour coming to the trees. The wheel turns.

There's big news at the Quaama Hall. Along with those at Bemboka and Wyndham, our hall was selected by Bega Valley Shire Council to pilot a program called 'Cooler places in a warmer environment'. This initiative is aimed at protecting vulnerable communities from future heat waves that are predicted to increase in frequency and intensity with climate change. Since power outages can occur during extreme heat events, our hall has been equipped with solar panels and battery storage. This means that anyone who needs a place to cool down on hot days can go to the hall where the air

conditioning will be on regardless of the availability of mains power in the village. Check out the panels on the roof! This initiative is part of Council's 'Climate Resilience Strategy' and has been funded by the NSW government's 'Increasing Resilience to Climate Change' program. So now, we have a hall that is totally off grid and self sufficient for power – and that is a wonderful thing to contemplate. I'm envious!

As part of the on-going bushfire recovery effort, Council is addressing damage to local catchments and estuaries. As many of us discovered this last year, when you add water to burnt ground, it sports a ridiculous quantity and variety of weeds, some that I've never seen in Quaama before. The Catchment Stabilisation and Estuary Protection

Project is addressing several issues along Dry River including weed control and bush regeneration to support native vegetation. It will also protect against erosion that puts sediment into the creek. A survey of vegetation by local experts will be made to monitor the vegetation as it progresses. And work will be done to re-establish the track, which is great news for those who enjoy the walk between Bega Street and the cemetery. There will be a planting day too, that the Green Shoots initiative will host. I'm told it will have an emphasis on fun.

Green Shoots was started after the Tathra bushfires and addresses bushfire damage and general beautification of public land. Council wants to know what you would like to see done around Quaama. More attention to the rest area end of town? The northern entrance? Street trees? Paper road upgrades? Have a think about it and let them know. They will be holding a drop-in session in Quaama Park on 21 April from 3 pm. Stop in after work or with the kids after school or just walk over to have your say. They plan to hold a sausage sizzle at just that time of day when you might like a snack. Later, Green Shoots plans to host an education session with the focus on the community. It would be a walk and talk type of thing, with a local expert telling us all about whatever subject has received the most interest. They did a frog tour elsewhere that was hugely popular. We could choose birds or insects or the life of Dry River, or ...? Should be an interesting excursion. But they need to hear from us, so put it in the diary! Let Council know what you'd like to see them do. From 3 pm to dusk, 21 April, Quaama Park.

See you then!



Our hall is now totally off grid, powered by the sun with new solar panels and battery storage.

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## Classic Car Club visits Quaama



This old Holden took a lot of people back in time.



A classic car indeed, this pure white Corvette showed up in town with the Cooma Car Club Classics.

A man named Chris Reakes rang Ellie at the shop about his vintage car club visiting Quaama while out on a drive. She asked him his surname. He said, ‘You won’t know me’ and she said, ‘Try me!’. Turns out he had been her high school teacher! And she agreed to the Cooma Car Club Classics showing off their cool rides outside the shop in the centre of town. It all happened on Sunday, 14 March. Ellie spread the word and a bunch of people showed up to see the cars on display. There were several Holdens of course, two Ford Mustangs from the ‘60s, an immaculate white Corvette, a teeny-tiny Austin-Healey and more. After leaving here, they went to Tilba, then Bermagui before heading back up Brown Mountain for home. We hope they come back!

### CARERS “LOOK AFTER YOURSELF” (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

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## Quaama Public School Newsletter

Students at Quaama PS have been learning about 'Places and Spaces' and the services we have in our local community. We appreciate that there are many wonderful services within our small village of Quaama and the students wrote why they are thankful for the following services:

**General Store (shop, post office, petrol station) - by Lexi:** 'I appreciate having the General Store in Quaama because, if we didn't, Mum would have to drive a lot further to get bread and milk. The General Store also has a mini petrol station so that if cars, trucks or farm machinery need fuel, they don't need to travel too far to fill up. The General Store also has a post-office inside it. They collect and post mail for our local community. I don't know what we'd do without the General Store!'

**Quaama Public School - by Mikaelah:** 'I am thankful for having Quaama Public School in our town because it is where local children learn, play and have fun. Quaama Public School is a great school because it is a kind school. My favourite thing about school is learning new things.'

**Rural Fire Service - by Zeke and Braedyn:** 'We are extremely thankful to our local RFS for helping our community by fighting fires and saving peoples' lives, animals, houses and community buildings. They are very brave and stay out fighting fires when people are in bed. Also they are very kind and help farmers keep their farms safe by giving them fire permits and helping them burn piles of sticks and logs. Quaama RFS you are the best!'

**Sapphire Coast Pantry/OzHarvest - by Akiva and Dylan:** 'We are appreciative that the Sapphire Coast Pantry and OzHarvest visit our community of Quaama, because they give lots of healthy food to people who need it the most. These organisations visit big supermarkets and rescue food that would otherwise be thrown out because the shops think that it's not going to sell if it's close to the use-by date. Our school has an OzHarvest cupboard on the office verandah that our families visit for yummy and delicious food for their families.'

**Quaama Community Hall - by Velvet:** 'I am really grateful that the Quaama Community Hall is here in town because our community uses it for lots of different things, such as concerts, discos, plays, as well as the Quaama Resilience Centre. Once our school hosted a crazy hair disco at the hall. If we didn't have a community hall we would have to go all the way to Bega for all these special events.'

**Quaama Roadside Rest Stop - by Klancy:** 'I am thankful for the Quaama Rest Area because it has a toilet, a BBQ area, a picnic table, a bin and shelter. Travellers who are driving long distances can stay overnight at the Quaama Rest Area. It is a safe place for drivers to have a good rest before driving again. I chose the Quaama Rest Area because if you are on the road and need to put your rubbish in a bin, you can use the bin at the rest area and respect our environment and keep our environment clean for everybody.'

*Sarah Harding  
Classroom teacher*



Years 2, 3 and 4 students Klancy, Zeke, Zari, Lexi, Akiva, Velvet, Mikaelah, Dylan and Braedyn in the school orchard. When learning about 'places and spaces' the lesson ended in gratitude.

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With Easter on the way and coinciding with school holidays, it's a busy time of year. Both the Tilba Easter Festival and Four Winds Festival are welcomed back onto the calendar. Visitors to the area will notice the lush green of the hills and valleys. Let's hope the recent rain makes way for some stunning autumn weather so locals and visitors alike can enjoy all that our festivals have to offer.

**Looking to the future**

The Southcoast Health and Sustainability Alliance (SHASA) has evolved since it began in 2014. As an alliance of Eurobodalla community members, its key focus is to highlight and support action to mitigate climate change in the Eurobodalla area. SHASA's aim is for Eurobodalla to have 100% renewable energy by 2030.

As a member of SHASA, I value the opportunity of working with like-minded people and participating in a range of activities that are helping Eurobodalla shift towards 100% renewables. A lot of the work that SHASA does depends on funding opportunities, often with tight deadlines for grant applications. This was certainly true for the Tilba Halls Future Resilience Project, a collaboration between the Central Tilba School of Arts Trust and SHASA. This collaboration pulled together a very credible funding application over the Christmas/January holiday period and now awaits a decision.

During the same time, round two of the Federal Government Regional and Remote Communities Reliability Fund was announced, with a key focus on microgrid feasibility. Microgrids are attracting a lot of interest both in Australia and overseas and have the potential to ensure reliable and stable power in areas where the electricity grid is vulnerable to disruption. The funding information describes microgrids as –

‘An electricity supply arrangement that can (but may not always) function autonomously, and generates and supplies electricity to multiple customers’. SHASA has been exploring the possibility of a microgrid with the Tilba community since the bushfires, which highlighted grid vulnerability. Impressively, with very tight timelines in January, SHASA worked with researchers

from the Australian National University (ANU) Battery Storage and Grid Integration Program to develop and submit a project-funding proposal for the Eurobodalla area. The proposal is to examine the feasibility of eight microgrid supply arrangements in grid-vulnerable locations across the Eurobodalla area and, if successful, would develop microgrid implementation plans for those locations. Essential Energy would be a key partner. With breathtaking timing, the funding application was submitted one minute before the deadline! SHASA and its project partners await the outcome of this application.

To complete a very busy start to 2021, SHASA's Chairperson, Kathryn Maxwell, and I joined a small delegation that went to Parliament House on 22 February to support Independent MP Helen Haines's presentation of her Australian Local Power Agency Bill 2021. This Private Member's Bill is based on The Local Power Plan that was developed by Helen and an expert panel and led a community co-design process that developed the national plan for community energy. The delegation was present in the House of Representatives Chamber when Helen presented her Bill, then met with her in her office and attended her media launch. Following the launch, Kathryn and I met with Eden-Monaro MP Kristy McBain to encourage her to support Helen's Bill. As a representative of SHASA it was a great opportunity to see firsthand the workings of Federal Parliament. I also had the opportunity to drive SHASA's Nissan Leaf EV – although I greatly enjoyed this experience it was fraught! Charging sites in Canberra are not easy to access and that added to a good dose of range anxiety! This has been referred to SHASA's Electric Vehicle working group ...

It's worth having a look at the SHASA website – shasa.com.au – where there are details of other programs and activities run by SHASA. These include the Solar Bulk Buy (for people or businesses interested in putting photovoltaic panels on their buildings) and the Repair Cafe that operates every Friday, from 9 – 12 at the Red Door Hall, St John's Way, Moruya. As part of its community engagement program, SHASA successfully applied for funding to install solar panels at the new Narooma Men's Shed that was celebrated at the official launch on 21 February.

New members are welcome to join SHASA – it's an exciting time to be involved in all things renewable and a valuable way of contributing to future solutions.



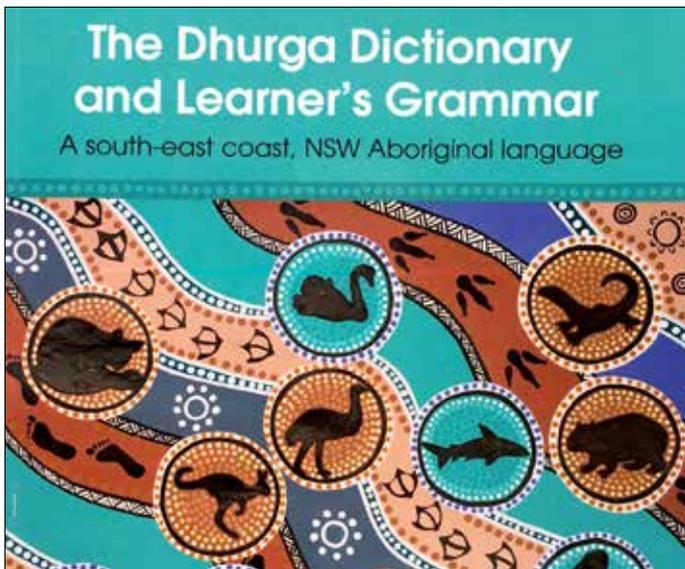
**Kathryn Maxwell, Chairperson, SHASA, speaking at Helen Haines's media launch**



**Andrew Constance MP, Senator Jim Molan, Bernie Perrett, President Narooma Mens Shed, Eurobodalla Mayor Liz Innes, Wal Sheehan, member of the Narooma Men's Shed, and Kristy McBain MP at the official opening of the Narooma Men's Shed.**

## Djamaga djama – Good talk

Every Tuesday night for fifteen weeks since 9 February a group of local Aboriginal people have been meeting in the CWA Hall in Narooma. Their mission is to learn Dhurga, one of the NSW south-east coastal Aboriginal languages. Funded through The Family Place, a family support service in Moruya, the language course is taught by well-known Brinja Yuin Elder, Auntie Patricia Ellis. Auntie Trish has extensive experience as a Dhurga language teacher to school children and to adults. The Dhurga Dictionary and Learner's Grammar, published in 2020, is the result of her collaboration with Kerry Boyenga and Waine Donovan. Cheryl Davison, local Central Tilba artist and Yuin Walbunga/Ngarigo woman, very excitedly told me that it all started to make sense. She had optimistically thought getting the dictionary would help to learn language but finds the course gives greater insight into the structure and composition of the language. Cheryl's language experience has been extended by her creative work with Four Winds and the Djinama Yilaga Choir that she leads as part of this work. The Choir performs their own songs, written in language. Three films of the Djinama Yilaga Choir will be launched at the Four Winds Easter Festival.



Dhurga Dictionary

## Tilba Real Milk does it again

There seems to be no stopping this family-owned, team-run local business. Sydney Royal 2021 judging results are in and, of course, Tilba Real Dairy's creamy un-homogenised Jersey Full Cream and Low Fat milks both won Gold! Congratulations to Erica and Nic, their team and their Jersey girls – their beautiful milk has proved to be the best once again.



Erica Dibden with the winning milk

## Tilba Woodturning@Tilba Treehouse

As reported last month, Tilba Woodturning Gallery has changed hands and with this transition has a new name. New owners, Michelle and Steve Crain, who run Tilba Hemp Co and have relocated their Blue Mountains and Sydney businesses to Central Tilba, are currently doing a makeover of their new acquisition. Planned to open in time for Easter, Tilba Woodturning@Tilba Treehouse will have a range of homewares and hemp products as well as wooden items. Great to see this long-term Central Tilba business continuing with Michelle and Steve, who clearly are here to stay – we wish them well.



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## Central Tilba School activities

As usual, this busy little school continues to engage its students in local and regional school activities and with celebrations of important national and cultural events. The school has participated in the MultiLit literacy program, supported by specially trained volunteers tutors, for many years. A recent session for carers/parents of Kindergarten to Year 4 students focused on ways in which reading can be supported at school and at home. Those who attended watched a video on the **pause, prompt, praise** approach which is part of the MultiLit Reinforced Reading program used by the tutors with Year 3 students. This approach has proven effective in improving students' reading skills at school and at home.

Harmony Week, 15 to 21 March, celebrates Australia's cultural diversity and is about inclusiveness, respect and a sense of belonging for everyone. The school's special celebration of this week was on 19 March, when everyone wore orange and learned about bees and how they work as a community. Sport is an important part of school life – the swimming relay team, Camryn, Andy, Mia and George, beat their own record by 22 seconds at the Regional Championships at Dapto. They now go on to the State Championships on 1 April. Year 6 students, Mia, Jody and Stella, participated in the Talented Writers Camp, held at Central Tilba where students learned to further develop their writing skills with talented writers from other local schools.

## A very big thank you

If you go regularly to the Tilba Cemetery at Haxstead Beach, as I do, you may have noticed some work happening. It was impossible not to notice the termite damage done to the fence posts and rails of the top part of the cemetery as the fence started to sag in various spots. Now there is a brand new fence which looks good.

There are very sturdy solid wooden seats in both cemetery areas to withstand the very exposed position. I happened to notice one morning that one of the seats had been dismantled and wondered what was going on. I soon found out! Here is what Harry Bate, who leads a small Cemetery Committee, has to say - 'I am very pleased to advise that Tony Smith, no doubt with assistance from Robyn, has done a wonderful job in repainting the seats. He totally dismantled each seat, took the parts home and sanded them, painted them and reassembled them – a far better job than I would have done! We owe him a big **THANK YOU!**'

Thank you from us all!



Tony Smith at work on the seats



Harmony Day, Najanuga class



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## Landcare group engages the community on local environment issues

Tilba Tilba and South Narooma Landcare Group members recently spent an afternoon discovering the significance of remnant saltmarsh areas along the foreshore of Tilba Tilba Lake.

Dr Michael Hughes, who has been researching the saltmarsh, came from Sydney in March to discuss his work with the group on a guided walk.

Saltmarsh in estuaries provides an important habitat for a variety of animals and plants but is threatened by a range of developments and pollution. Monitoring is important to identify threats and help with management decisions. Dr Hughes, Principal Research Scientist and Senior Team Leader Water and Wetlands, Department of Planning, Industry and Environment, and his team have been undertaking experiments and observations on saltmarsh areas for the past couple of years. In particular they are assessing the impact that recent fencing and revegetation works have had on the saltmarsh in intermittently opening and closing lakes and lagoons such as Tilba Tilba Lake.

President of Tilba Tilba and South Narooma Landcare Group, Geoff Pryor, said the group was shown a wide variety of saltmarsh plants and inspected the installation of various pieces of equipment testing greenhouse gas emissions or sequestration and groundwater levels.

Mr Pryor said, 'Our Landcare group aims to work collaboratively with other local groups and individuals to increase our appreciation of the district's natural landscape, waters and ecology as well as our cultural heritage. This saltmarsh walk is just one step in this direction. It also demonstrates our relationships with local and State government bodies working in the area. We are planning to work with the community over the next few

years to try to identify the aspects of our natural and cultural environment that make our region such a special place for us all, while supporting the sustainable use of these outstanding assets.'

Specific initiatives being developed in the coming year include:

- a workshop on a weed identification app.
- a forum on ideas underpinning regenerative agriculture; and
- working with the Department of Planning, Industry and Environment on taking water samples along the catchment of Victoria Creek to assess the impact of work being done by landowners and Local Land Services along that watercourse. That project could lead to identifying bird and fish species in the watercourse.

Mr Pryor said that it was rewarding to see membership of the Landcare group increasing fourfold in the past eight months as residents, farmers, business owners and others contribute to its future direction. 'As the group grows, we welcome locals becoming members,' he said.

As its name suggests, the group focuses on positive long-term sustainable outcomes for the land and waters bounded generally by Wagonga Inlet to the north, Gulaga Mountain to the west, Montague Island to the east, Dignams Creek to the south-west and Wallaga Lake to the south-east.

Contacts - President: Geoff Pryor, 0428 930 196 or [pryorknowledge@iinet.au](mailto:pryorknowledge@iinet.au)

Secretary and membership enquiries: Mark Stubbings, [stubbingsmark@gmail.com](mailto:stubbingsmark@gmail.com) or 0414 223 925.

*Mark Stubbings*



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Dr Michael Hughes with local residents



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## Tilba Easter Festival all ready to go

The Festival Committee has been working hard to pull everything together and would like to thank everyone who has helped and supported us to date. The Committee has cleaned out the Festival storeroom and old, damaged items were removed and taken to the tip – thanks to Alfie Facchetti for doing the tip run for us.

There will be an opening ceremony at 9 am this year at the Najanuga Stage, which is in the southern car park opposite the General Store. We are excited and pleased that traditional owners, the Yuin people, will be performing a Welcome to Country, invited guest, Kristy McBain, the Member for Eden-Monaro, will say a few words, and Mayor Liz Innes will open the Festival. Unfortunately Andrew Constance has a prior family commitment but otherwise would also have liked to attend and we thank them all for their support.

We are pleased to say that the availability of the additional funds from the Regional Tourism Bushfire Recovery Grant helped us make the decision to invest in brand new, fit-for-purpose, professional stages. These are modular and height adjustable, meaning that in future years they can be used in whatever configuration we like. These have been bought for the community and, after the Festival, will be



The famous egg roll

available for future community events. It is great that the grant has enabled us to invest in this legacy infrastructure that will have longer term and broader benefits.

In terms of the program, fourteen entertainers – almost all local or with local connections – will perform in three locations: the Dairy, the Najanuga Stage in the Southern Car Park and also at a busking site outside the Dromedary Hotel. By replacing the stage at Station Street with a busking spot we are able to provide more seating and chill out zones in this area, encouraging better dispersal of people through the centre of Station Street, and spreading people out better in support of our COVID-safe plan. There will also be plenty of games and entertainment options for kids!

The Central Tilba CWA, Central Tilba Public School and the Central Tilba School of Arts will all be using the Festival as an opportunity for fundraising. They are all selling food and refreshments on the day.

As you know, we were fortunate to receive a Mass Gathering exemption from the NSW Health Department that means we are allowed to have 5000 visitors at the event. To ensure we adhere to this, all tickets will be pre-sold online this year.

Everyone needs to buy a ticket in advance and there will be no cash payments at the gate. Everyone needs to buy a ticket in advance. Kids are free, but because we have to account for every person attending, you still need to go online and ‘purchase’ a free ticket for each child attending.

In terms of a call-out to the community, we are still looking for more volunteers. We need some help on the gate at Bate Street, and some more COVID Marshals. We also need some help with setting up on Friday and early on Saturday morning. If anyone would like to volunteer even for a few hours, they can contact me on [president@visittilba.com.au](mailto:president@visittilba.com.au). This year, volunteers will receive a volunteer t-shirt sponsored by the Dromedary Hotel, a lunch prepared by the Central Tilba School of Arts and provided by the Chamber (regardless of how long they work for or when they work), and a Tilba Festival reusable souvenir water bottle sponsored by Tilba Real Dairy. We are also still seeking a few donations for games prizes.

The Festival programme and a link to ticket sales can be found on the Festival page of the [www.visittilba.com.au](http://www.visittilba.com.au) website.

*Susan Gray, President,  
Tilba District Chamber of Commerce*

### Anzac Day service under review

As of 24th March and the NSW Government announcement regarding the easing of COVID restrictions, the ANZAC service at Central Tilba is under review. Please look out for further community notices regarding the service.



John McMahon plays the pipes in front of the cenotaph of his home village of Central Tilba

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## Tilba CWA Hosts International Women's Day Morning Tea

Tilba CWA members and guests celebrated International Women's Day on Monday 8 March with a morning tea from 10 am in the Central Tilba Small Hall. Guests included Cathie Muller of Gulaga Reconciliation, Lyndall Magnusseson of Open Sanctuary, Lynn Lawson of Cobargo CWA, long-time local Danuta Graham and artist Rita Easton of Narooma. Seventeen women gathered in a circle to share their stories of why International Women's Day is important. Tilba CWA President, Annette Kennewell, said, 'CWA advances the rights and equity of women, families and communities in Australia through advocacy and empowerment, especially for those living in regional, rural and remote Australia.

Tilba CWA members participated in the Far South Coast Group Land Cookery and Handicraft competition in Bermagui on Tuesday 9 March. Congratulations to Marcus, a student at Central Tilba Public School, who won Third Prize in a special section for young competitors for his Jam Drops. In April, Tilba CWA members are gearing up for more cooking for the Tilba Easter Festival, breakfast muffins for Little Yuin Preschool and a dinner for BlazeAid, Cobargo.

*Annette Kennewell*



Guests Lyndall Magnusseson of Open Sanctuary and Cathie Muller of Gulaga Reconciliation at Tilba CWA's International Women's Day morning tea.



Marcus at Central Tilba Public School, proudly displaying his Third Prize winner's certificate.

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As one of local dairy farmers who supply Bega Cheese, I was thrilled to hear from Bega's Executive Chairman, Barry Irvin, that the company had purchased Lion Dairy and Drinks. In Barry's words we have become a great Australian-owned food company. The range of product brands acquired include Dairy Farmers, Pura, Canberra Fresh Milk, Dare, Yoplait, Big M and Fresh Daily Juice. While on the subject of dairy farmers, I felt extremely honoured and privileged to be among a group of dairy farming women from across the state who were finalists in the NSW Women in Dairy competition at the Bale Up conference alongside Gemma Otton, Ancret Shipton, Tracey Russell and Nicki-Lea Esmond. Congratulation to the winner Natasha Yarrington from the Mid-North Coast.

The Sydney Royal Easter Show is on the horizon and we wish Carmen McGregor, Cobargo Showgirl, the best of luck in her quest to become The Land Royal Showgirl at the final judging in Sydney on 11 April.

It seems that not all of us were COVID distancing as we welcomed many new additions. Proud new parents Claire and

Jake Ramaekers (née Cole) welcomed a second son Tommy; Christopher and Katie Salway welcomed Teddy Frank; Ben Tett and Mary Grainger, a son, Victor; Morgan and Isabella Boyle also a son, Freddy; Becky Stevens a pink bundle, Maddison Kate; Josh Scrymgeour and partner (my apologies for not being able to find a name) a daughter, Paige; AJ and Sara made Deb Summers and Dave Newell very proud grandparents to a new grandson, Denzel; and Tony and Jess Tarlinton a little lady named Grace.

Tony Tarlinton is a plumber and was on site at a job in Yass when he looked down to see a brown snake biting him on the leg. He made his way to Yass Hospital rather too casually for all around him and then was rushed to Canberra Hospital where he received the antivenom and has made a full recovery.

Big thanks to Ange Kane who arranged for the Bushfire Trauma Relief Project that recently concluded with a lovely get-together of persons who attended.

I would like to welcome all the newcomers who have chosen to make our area home and encourage you all to become involved in many of the local community groups around town.

## The best little shop in the south reopens!

The iconic Bowerbird Op Shop in Cobargo, fondly known as 'the best little op shop in the south', will celebrate six years since it opened at its original location. The Cobargo Community Association Incorporated was established to ensure the venture operated within legal guidelines and was completely above board, led by a passionate and dedicated committee of volunteers. It quickly became a real asset to the triangle community groups, giving out grants with money raised from the sale of donated goods.

The Bowerbird has gone from strength to strength over the years and evolved into a popular treasure-hunting and shopping destination for locals and tourists alike. With an extensive and eclectic mix of goods for sale, ranging from a needle to an anchor and even a five-foot-tall, inflatable unicorn, there's something for just about everyone. The generosity of the donations that come through the door, combined with our customers' love of getting a real bargain while shopping sustainably, has seen over \$150,000 feed back into local community groups to support events and projects. This has only been achievable with the help of a fantastic bunch of volunteers who run the shop and keep it stocked and organised.

Like the rest of the community, 2020 was a challenging year for the Bowerbird. We were the first boots on the ground after the bushfires, opening the doors immediately to give away essential items to those in need. Then COVID-19 hit and we closed the doors so our volunteers could bunker down safely at home and ride it out. We had some fun online sales and a good cleanout during those months to keep us ticking along then reopened for only a short time before we got the devastating news we'd have to move. But as they say, 'What doesn't kill you makes you stronger' and, for the Bowerbird, those are very apt words – we've survived, have been revived and plan to thrive! In November we opened the door on our new premises just down the road at 74 Princes Highway, right next door to Benny's Butchery. We were hopeful our loyal customers would follow us down to the quieter end of town and we're beyond thrilled to see that they have! The next step was to expand into the shop next door once the renovation was complete, and this all happened in early March with our hard-working, talented and dedicated volunteers rolling up their sleeves and getting a ridiculous amount

of work done in such a short time, allowing us to reopen on 17 March to the excitement of customers and locals who love their community op shop.

The new shop has been transformed into a sophisticated and beautiful space that we're sure our beloved patrons will be delighted to spend time in, hunting for that special something they never knew they needed. Come on in and have a browse, we're open Monday to Friday 10 - 4 and Saturday 9 - 1, and follow us on Facebook and Instagram to see what's to come for the Bowerbird!

*The Bowerbird Committee*



Interior of new shop

A decorative advertisement for 'The Baking Buddies'. The text is centered within a white rectangular area framed by a red and white geometric pattern. The text reads: 'The Baking Buddies' in a large, red, cursive font. Below it, 'Cakes / Slices / Biscuits' and 'Bread / Preserves' are listed in a smaller, black, sans-serif font. A red line separates this from the phrase 'Like Grandma used to make!' in a red, cursive font. At the bottom, the operating hours 'Saturdays, 7.30am - 1pm' and location 'Beside the Cobargo Pharmacy' are given in black, sans-serif font, followed by two phone numbers: 'Lorraine 6493 7175' and 'Beth 0428 696 623'.

## Cobargo CWA News

We had a very busy meeting in March covering a huge range of discussions. We welcomed Trudie Orchard, a visitor, and also Kathryn and Janet Doolin who came along to promote Fire Up Cobargo! We were invited to run a stall at this event and much discussion followed. There were many ideas and suggestions and we deferred final decisions to the working bee the following week. We also started to think of the ways we could celebrate the Centenary of the CWA in NSW next year. Plans are also afoot for the Cultural, Agriculture and International Day to be held in August when the theme for the day will be Seasons. Lots of discussion was engendered by the topic of gender equity in the light of recent events reported in the media.

Earlier in the month the Group Cookery and Handicraft competitions were held at Bermagui Country Club. Sally Halupka was awarded the Champion Exhibit and First Prize in the Sultana Cake category. Debbie Fisher also gained a First with her Wagon Wheels. Joan O'Halloran earned a First for her Carrot and Ginger Loaf. Lynne Jones earned a Third for her Steamed Pudding. These wonderful cooks also shared in Second and Third prizes in other categories. Our Junior entries were also very successful: Under 12s Jam Drops – First Lilli Talbot and Second Juliet Charlton-Owen. In the Under 18 section, Amber Matthews gained a Second Prize for her Butterfly Cakes and Lilli Talbot a Third. Our branch gained a Highly Commended for their Branch entry in Handicraft for their aprons and Sally Halupka scored 90 points out of a possible 100 for her knitted shawl – an amazing effort and a stunning piece of work.

We then discussed the issue of our grounds that are rather overgrown. In the past the grass has been mowed for us by a

generous person but that is no longer possible. We wondered if we could find another generous person to continue the work. Normally we would employ someone but our fund raising has been curtailed over the past year and we want to devote all fundraising to helping others. We were also updated on the State Conference to be held in Bega from 3 – 7 May this year. An exciting time for us, as members of CWA from across the state will be visiting this area. A great promotional opportunity for our area! Members from Cobargo are heavily involved in the organisation and will be volunteering at the Conference.

As you can see, we cover a wide range of interests. From International Studies, current events, cookery, handicrafts and local events to looking for ways to help others. We do all this with lots of laughter, friendship and fun. Why not join us? You are assured of a warm welcome. Our next meeting is on Tuesday 13 April, at 10 for 10.30 am in our lovely cottage on the Bermagui Road (next to the playground).

Mary Williams  
Publicity Officer  
Cobargo CWA,

Ph no: 6493 6167 or 0447 401 725

## Cobargo District Museum

For country, for community: commemorating the wartime heritage and service personnel from Cobargo and district.

The Cobargo District Museum and the Cobargo Sub-branch of the RSL will collaborate in a project funded by the Saluting Their Service Commemorative Grants Program, an initiative of the Commonwealth Department of Veterans' Affairs.

As Cobargo and surrounding communities rebuild, it is important to remember our past while planning for our future. We have developed a project to recognise and salute our past service personnel.

It includes:

- documenting an accurate history of the Cobargo and District Soldiers Memorial and the RSL Memorial Hall;
- researching those listed on the Memorial who returned to our local communities and their roles in community – this will require community input with family stories, oral recordings and digital copying of some photos; and
- developing a database and displays that will store and share this information.

If you would like to take part in the project, registration forms will be available at the

RSL Hall on Anzac Day or from the Cobargo District Museum (open Thursday to Saturday 10 am to 2 pm).

More information will be available on our website: [www.cobargodistrictmuseum.org.au](http://www.cobargodistrictmuseum.org.au)

and we will update *The Triangle* as the project progresses.

For more discussion or to offer information or photos for loan or copying please contact:

Bev Holland

President, Cobargo District Museum, Phone: 0408 280 024

Email: [cobargodm@outlook.com](mailto:cobargodm@outlook.com)

(Please use the subject title: STS Project.)

**The Triangle's email address is  
[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)**

# COBARGO INFORMATION CENTRE VOLUNTEERS NEEDED

**Do you love helping people,  
know a bit about your town  
& surrounds?**

**Are you able to do 1 x 3hr shift a week  
on a regular basis?**

**We would love to hear from you.**

**Please drop in to the  
COBARGO  
INFORMATION CENTRE  
& leave your details or  
call Joan on  
0422 746 441**



## Anzac Day in Cobargo

Anzac Day will be observed in Cobargo on Sunday 25 April with a march starting at the Cobargo School of Arts followed by a Service of Commemoration at the Memorial on the corner of Princes Highway and Tarlinton Street. Marchers are asked to assemble by 10.20 am. Service and ex-service personnel, their descendants and relatives are invited to join the march that will be led by the Light Horse, Cobargo and Quaama Schools, and the Scout Group. Uniforms and medals should be worn as appropriate. People wearing the medals of a relative should wear them on the right breast. The Service will commence as soon as the march reaches the Memorial. Wreaths may be laid at the appropriate time during the ceremony.

No Dawn Service will be held in Cobargo. The nearest Dawn Service is in Bermagui.

The march and ceremony will, of necessity, take place in conformity with any COVID-related restrictions that may be in place at the time. The lack of public ceremonies on Anzac Day last year did not stop individuals having their own private candle-lit observances at their front gates at dawn. It would be good if this were to catch on and become a part of the Anzac Day tradition.

*RSL Cobargo Committee*

### The Cobargo Tourist & Business Association Inc

is having a Special General Meeting  
Tuesday 13 April 2021, 6.00 pm at the  
CWA Cottage, Cobargo

for the election of President and Secretary

## New wellness centre in Cobargo

Marie, Mel and Sally are three local practitioners who have joined together and created a lovely space in Cobargo for self-care treatments and healing. Now on offer in the village are remedial and relaxation massage, hot stones massage, pregnancy massage, tapping (EFT), Bowen treatment and reiki. These are all field-tested and scientifically proven alternative treatment modalities that are becoming increasingly mainstream approaches to a range of health and emotional issues. The Barn, located at the end of the laneway beside the pharmacy, also holds the new Cobargo Community Library offering over 600 health and wellness books for the community to borrow. For practitioner information, prices, online appointment bookings and more information about the community library please go to [www.thebarncobargo.com.au](http://www.thebarncobargo.com.au).

*Mel Pickering*



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COBARGO

**MASSAGE**  
**BOWEN**  
**REIKI**  
**TAPPING**  
**WORKSHOPS**  
**WELLNESS LIBRARY**

[www.thebarncobargo.com.au](http://www.thebarncobargo.com.au)  
(online bookings only)

## CASUAL POSITIONS AVAILABLE:

### Disability Support Workers

Nardy House is a residential service located in Quaama. This service provides support to individuals with profound disabilities. Nardy House is seeking to expand its staff of Disability Support Workers by offering casual positions. You will be working with others in a team to assist residents with daily living supports and engagement within the community.

Nardy House operates on a twenty-four hour/seven days a week basis. Casual staff may be offered eight-hour shifts



# Nardy House

across three shifts per day. All shifts are active shifts. Support staff work within a team under the direction and support of a Registered Nurse. The award rates are AFEI described: penalty rates apply.

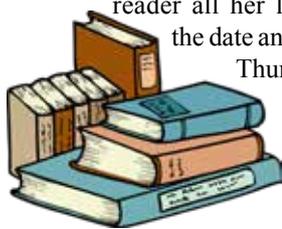
For further information, please contact Jane MacGregor at Nardy House on 6493 8120. Application to the position can be made to Denise Redmond CEO by email at [denise@nardylhouse.com.au](mailto:denise@nardylhouse.com.au).

## Senator Susan Ryan Book Sale Fund Raiser at Well Thumbed Books

Well Thumbed Books has received books from the library of the late Senator Susan Ryan consisting of many biographies, poetry collections, favourite novels and non-fiction books. These will be offered for sale on Saturday 17 April between 10 am and 1 pm. All proceeds will go to the Southern Women's Group and The Women's Resource Centre, organisations whose origins date back to when Susan was Minister for the Status of Women in the Hawke government.

Anyone who has memories of Susan will be welcome to share them during the morning.

It is a lovely collection, a tribute to a great woman who was an avid reader all her life, so mark the date and time – Well Thumbed Books, Saturday 17 April, 10.00 o'clock on.

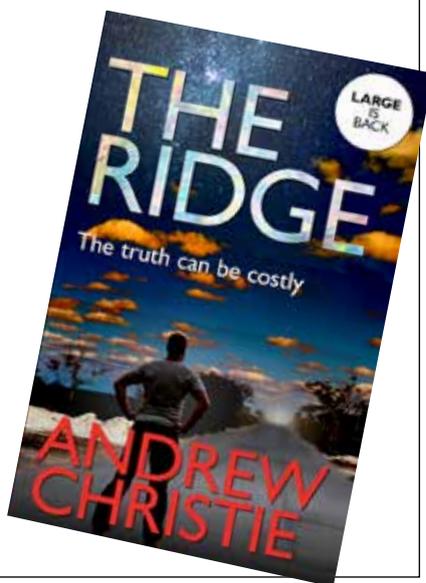


## Book launch

Andrew Christie will launch his latest crime thriller at Well Thumbed Books in Cobargo on Saturday 10 April at 10:30 am.

*The Ridge* is a mystery thriller set in Thailand, Sydney and the opal fields of Lightning Ridge. The story centres on 'Large' Phil Waters, who returns to Australia after learning of the death of an old girlfriend and quickly learns that nothing is as dangerous as a familiar face. You can read more about *The Ridge* at Andrew's website: [paintingthebridge.com](http://paintingthebridge.com).

Andrew is a local author and *The Ridge* is the fourth novel in his John Lawrence crime series. He will talk about his writing inspiration and experience, and read from *The Ridge*. Morning tea will be available.



## Cobargo's black hole

Cobargo has recently had a hole problem in the main street. Three times, in almost the same number of weeks, it has been repaired. Each time it grew bigger and bigger. Hot tar in a pothole does that when trucks drive over it immediately! Monday, hopefully, was a red-letter day. The big toys were brought in. Day 1 – first they cut a bigger hole, then they filled it; Day 2, they tarred and stoned it; and Day 3, they swept it.

News is good so far, Day 3 and it hasn't sunk yet. Maybe, fourth time lucky?

Louise Brown



## Wandella Hall

Anzac Day service will begin with the March at 2.00pm. The service, to remember our heroes, will follow with guest speakers. Please bring your own chair and a plate of food to share. All welcome.

Sharyn Wotton



Allan Dummett 0439164176

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# Art in the Triangle



*Open Water* - Sam Anderson  
People's Choice Outdoor



Headland vollies Roz, Robyn, Cliff and Deb  
with *Greyhound* - Vikki Holik-Blazely



Surf Club vollies Cid, Bill and Margaret  
with *The Whaler* - Danja Durkenne



*That sinking feeling* - Amanda Harrison  
Publican's Choice



*Sacred 12* - Jen Mallinson  
Cox Family prize



*Overwind* - Richard Moffatt



*Bermagui Cormant 2* - Cameron Bell

## SCULPTURE Bermagui – it takes a village

Some work on it for 52 weeks of the year and there are those who work just one shift greeting and counting the visitors, yet there is no doubt that SCULPTURE Bermagui wouldn't happen without our village of vollies! A very special mention goes to Cath Renwick and Gay Staurup who brought new order and ease to volunteering.

From the handy Men's Shed members, coordinated by Phil Baldwin, who install the (sometimes bewilderingly complex) outdoor works on the headland, to the volunteer ticking off the sculptures as they leave with their new owners on the last day of the exhibition – each volunteer plays an integral role in the success of this community arts festival.

In 2021, we were lucky enough to have music alongside our 3D art, courtesy of Four Winds and Navigate Arts, attracting and entertaining a host of happy visitors – it did feel very festive in town

Huge thanks to everyone involved, led energetically by President Paul Payten and Curator Pauline Balos. An extra specialist, Danja Durkenne, helped with the marvellous curation in our new indoor venue: the light and airy Bermagui Surf Life Saving Club. Edward Willson assisted Pauline with the outdoor works on the headland and along the foreshore.

With experienced subcommittees working on their specialty areas (Carole Kayrooz running the talks program and education tours; Olga Nielsen covering a range of integrated areas; and Cornelia Schulze Zuralst overseeing finance and technology) this year was several levels of organisation above previous events. Thanks also to Di Bray, and our Treasurer, David Buetefuer, adding what they could in the planning and lead-up. All were invaluable!

Amongst the myriad of supporters to mention is Bermagui

Beach Hotel for sponsoring a prize, meal vouchers and our volunteers' very jolly after-party. Also, our own Bermagui Country Club increased their prize, as well as providing us with a venue where we held so many meetings each year, training sessions and a festival event, as well as storage and printing services. To those not named, we know who you are and appreciate your efforts.

We also wish to mention our active patrons: Philip Cox AO and Janet Hawley, Friends of SCULPTURE Bermagui, more than ever all the many Bermi business sponsors, the Bermi Chamber of Commerce and Christine Bimson who does graphic layout, marketing and much of the printing. Please visit our website, [sculpturebermagui.org.au](http://sculpturebermagui.org.au), for full details.

This year saw more artists involved than ever before resulting in 145 diverse and inspiring sculptures (a new record!) creating an arc of art from inside the Surf Club to the headland. It was awesome and greatly appreciated by all.

Bermagui Library again hosted a program, 'Talk about art?', discussing its value in community, along with a newly-installed, work in progress – the bark canoe in the foyer. Bermi Primary School made the most of the wild and wonderful sculptures, with more engagement due in the coming months. And our exceptional Preschool added its own collaborative artwork and was delighted with the tours.

The exhibition is increasingly popular (over 11,000 visitors and buyers came) and it contributes so much to our village in so many ways. So, sincere thanks and please come again next year.

Last but importantly, of course a big thank you to the Djiringanj Yuin on whose traditional lands we present this diverse sculpture exhibition under the magnificent Gulaga.

See you in 2022!

Paul Payten, President

## SCULPTURE Bermagui Prize winners

- BVSC Acquisitive Prize #55 *Overwind* – Richard Moffatt
- SCULPTURE Bermagui Award #10  
*Critical interface 2020* – Jenni Bourke
- Bermagui Business Award #5 *Crevice* – Robert Barnstone
- Cox Family Acquisitive Prize #54  
*Sacred Twelve* – Jen Mallinson
- Rob & Sally Hawkins Acquisitive Prize #121  
*Voices of Summer* – Jen Mallinson
- Heasty and Balos Acquisitive Prize #122  
*Over the Edge* – Jen Mallinson
- Category: On the other side #18 *Witness #2* – Gary Christian
- Bermagui Beach Hotel Publican's Choice #43  
*That Sinking Feeling* – Amanda Harrison
- Peter 'Beetle' Collins Memorial Acquisitive Prize #60  
*Crossing Paths* – David Perkins
- SEArts Achievement Prize for local Artist #76  
*Social Gathering* – Edward Willson
- Wilma Enabling Award for youth arts workshops in schools in 2021 – special prize to young exhibitor, Jordan Tarlinton
- People's Choice Outdoor #1 *Open Water* – Sam Anderson
- People's Choice Indoor #139  
*Picasso's African Woman* – Vince Vozzo
- Children's Choice #103 *The Couple* – Stephen Harrison



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## An artist's gift to Cobargo

If you visit the Lazy Lizard Gallery in the next few months, you will be able to see a beautiful watercolour painting that captures the gentle essence of the Cobargo main street as it was before the 2020 fires. It is the work of artist, Jan Ward, who lived and worked for many years in Brogo. She is well known both locally and nationally for her gorgeously detailed watercolours and also for the many inspiring workshops that she ran while living in this area. By nature a kind and generous person, Jan was always ready to encourage and support creativity in others so, when she left Brogo to move nearer to her family in Melbourne, she gave this lovely Cobargo painting to the Lazy Lizard Gallery, insisting that it was ours to sell or raffle if the gallery was ever in need of funds.

To be honest, at the time we were a bit overcome by her generosity and were unsure how to handle such a beautiful gift so we packed it away for a later day. Well, when it miraculously survived the bush fires, we decided that the day had come and the gallery members unanimously decided that, as it is such an evocative impression of 'the old Cobargo', the best place for it would be in the newly-planned Resilience Centre where everyone would be able to enjoy it ... so that is where it will finally come to rest!

When we suggested this to Jan she sent us this email ...

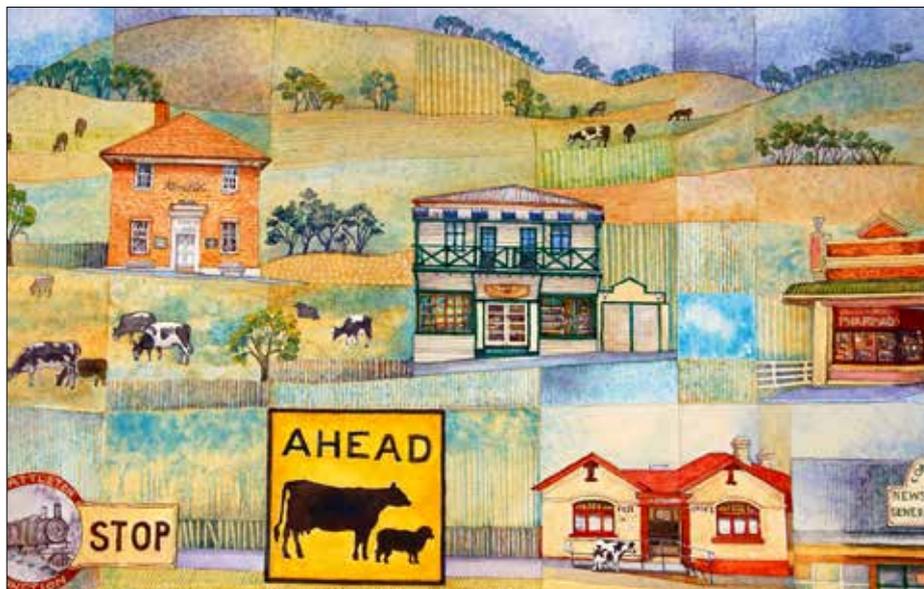
'I am very happy that the painting will

find such an appropriate new home. I always loved the village of Cobargo and took many photos of it over the time I lived at Brogo.

Rather than do a realistic image of the main street, I tried the idea of doing individual little portraits of heritage buildings and stringing them together in a linear way to make the composition.'

So, for now, this lovely painting is on display in the Lazy Lizard Gallery and everyone is welcome to come and admire it.

*Naomi Lewis*



Jan Ward's painting of Cobargo that she painted in 2015 before moving to Melbourne. It can be viewed at the Lazy Lizard Gallery.



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## Local author launches new novel

Beauty Point author, Bruce Nash, has released his new novel, *The Long River of Cat Fisher*, which he describes as ‘... a literary adventure story that celebrates the life of the imagination and the magical relationship between readers and writers’.

*The Long River of Cat Fisher* tells the story of an Australian woman, Kingsley (Cat) Fisher, who claims to have been the secret confidante and muse of many of the most famous writers of the twentieth century, including James Joyce, Ernest Hemingway, Virginia Woolf, Jack Kerouac, Sylvia Plath, Patrick White and many others.

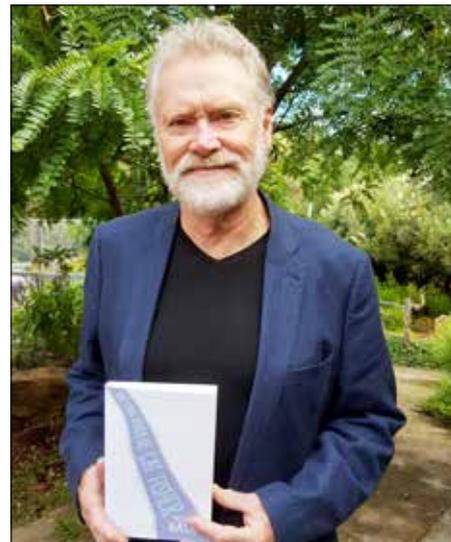
‘The book spins a colourful yarn from the dramatic, eccentric lives and legends of the world’s great writers and playfully mixes fact and fiction,’ Bruce says.

Bruce’s previous novel, *An Island in the Lake*, was set locally, whereas the action of the new novel ranges from Brisbane at the time of Gallipoli to Paris in the 1920s; wartime England and Nazi Europe; Hollywood in the forties; Cuba in the fifties; New York, Mexico and London in the sixties; then back to Australia where Cat’s literary connections follow her in the most surprising ways.

*The Long River of Cat Fisher* is on sale now and is published by Arden, the International Fiction imprint of Australian Scholarly Publishing.

Bruce will be launching his book at Bermagui Library on Friday 23 April at 11 am. All welcome.

*Bruce Nash*



Join Bruce Nash at Bermagui Library for the launch of his latest novel.

## The Lazy Lizard Gallery declaims an ‘Ode to Trees’

For the month of April, the Side Room will proudly host an exhibition by Wandella artist, Sally Raspin. She is calling her exhibition ‘Ode to Trees’ and it will feature her beautifully sensitive tree studies, mostly in watercolour, but also some in pastel and graphite. Sally says she has always loved trees and loves to paint them. This is all the more meaningful when you realise that last year in the fires, Sally lost her home and saw the beloved forest all round her burn. I feel these paintings are her way of expressing her love and her belief in the resilience of the forest.

In her own words Sally says that, ‘Painting for this little exhibition has kept me slightly sane over many months. I think painting is all I’ve ever wanted to do. That, and gardening ... though it has taken sixty years plus to get round to it.’ Well, that long-hidden talent is certainly blossoming now in the grace and beauty of her paintings. Among her tree favourites are spotted gums, baobabs, snow gums, paperbarks ... the list goes on forever really!

‘I call myself Southerly Buster Studio,’ she explains. ‘Because inspiration whooshes in, but doesn’t always deliver.’ Looking at her exhibition, I think it’s done quite a bit of inspirational delivering! Both visitors and locals will be able to appreciate this homage that Sally is paying to the forest ... so please come by and visit the gallery.

*Naomi Lewis*



Tree studies by Sally Raspin

## Happy birthday, Johann Sebastian

The rain wasn’t enough to dampen the spirits of the performers and audience who gathered at the Wind Song Pavilion on Saturday 20 March to celebrate JS Bach’s birthday in music and song.

Events such as this have been happening around the world since 2010 when a cellist decided to play Bach to commuters in the New York subways. Now it is a global phenomenon celebrated in forty countries and 150 cities around the world where musicians gather to play and enjoy the works of JS Bach together.

Last year COVID put a stop to the event but in 2021 people are starting to emerge and play music in public.

The Lumière Recorder Ensemble and the Spirito Allegro Choir formed the backbone of this uplifting free concert, with other musicians contributing on numerous works. As well as choristers and recorders of various sizes, we were treated to guitars, clarinet, piano and double bass.

Special thanks to Kate Jorgenson for organising the day and great to see David Francis lead the choir before he leaves for new challenges.

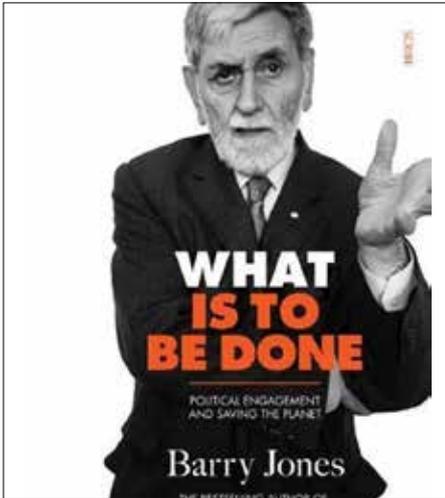
We are lucky to have such a lot of talented musicians in this area. It is great that we are now able to gather and enjoy these musical events again.

*Debbie Worgan*



The Lumière recorder ensemble

***What is to be done?*  
Political engagement and  
saving the planet**  
**Barry Jones**  
**\$35.00**



I can't remember having reviewed a political book before but have made this an exception because I feel nostalgic for Barry Jones, the first Minister for Science in the Hawke government. I was also interested in how he would update

his groundbreaking work of the 1980s, *Sleepers Wake*. That book had an enormous influence in debates here and overseas about the future of work and employment.

This latest book tackles what Jones sees as the greatest problem facing humanity – climate change and how can it possibly be tackled by increasingly fragile democracies and institutions? Like many observers, he despairs of politicians being capable of dealing with complex, long-term issues. He also analyses the effects of widespread disengagement from mainstream politics as well as from community and voluntary organisations. He provides a clear, understandable commentary on COVID-19, on the rise of Trumpism, on the digital revolution, the changing nature of the media and the relentless rush to consumerism. The book is a terrific summary of all these issues, especially for people like me with minimal understanding of science and technology. My only disappointment was that he offered no magic bullet solution beyond the plea for literally thousands of citizens to join the political party for which they voted. Perhaps that will inspire another book – why don't we join or organise for change?

## Pet of the Month

Kerri Brady

Ella (who is no longer available!) is a very sweet and gentle, nine years old Cocker Spaniel/Staffie cross. Recently her best friend, a Labrador, passed away and Ella is feeling sad and lonely. They used to run around the yard together and have fun. She would really like a



Sweet, gentle Ella

new doggie best friend to share her days with. She sleeps outside but I'm sure she would quickly learn to live indoors too. Her coat is short and shiny with some merle colouring around her face, feet and tummy which probably makes her look a little older than she actually is. She has her basic manners and enjoys going in the car. She would make a lovely companion for an older person but would also probably enjoy a calm family with children over ten years old. If Ella remains in good health she should live to between fourteen and fifteen years old.

If you have a suitable dog and/or you're home most of the time and think that Ella might suit you, please consider this gentle sweetheart. She doesn't want to be home alone. You will need a secure yard and she will cost \$175.

If you are interested in any of the kittens we have in care, please give our enquiry number a ring – 0400 372 609 (phone hours are Monday to Friday 9 am-5 pm). All animals available through AWLNSW are micro-chipped, de-sexed, vaccinated, wormed, flea and tick treated. Their adoption fee is subsidised in the hope that rescue pets will be people's first

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<https://australianhotwater.com.au/wp-content/uploads/2016/05/Solar-Ready-Tank-Oct-15.pdf>

choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to have secure, 'dog proof' fencing and be suitable to the needs of the animal. You can view available animals on the Facebook page. (AnimalWelfareLeagueFarSouthCoastBranch) but you will need to call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption. (AWL NSW Rehoming Organisation Number: R251000222).

If you would like to become a member please call 0400 372 609. If you have lost or found a companion animal please call BVSC Companion Animal Facility on 6499 2222. De-sexing vouchers are available for local residents who hold a Centrelink Pension Card at all vet clinics in our branch area, which includes Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden. AWL - Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

## Amazing autumn

As a nurseryman, and one who is addicted to plants, I thought I'd share with you some of the plants I consider to be an absolute necessity in any garden – whether a garden of natives or introduced plants.

One of my all-time favourites is the genus of *Cotinus* (smoke bush). These beautiful deciduous plants come in a range of foliage colours from lime green through to reddish purple and all with an amazing plume-like panicle of flowers in a smoky grey-pink colour, resembling a hazy smoke-like appearance. My two favourites are 'Grace' and 'Golden Spirit'. The plants are reasonably tall, to about three metres in height, and the leaf colour in autumn is very colourful turning all shades of reds and golden yellow. A great 'background' feature plant.

Of course, everyone has their favourite group of plants but it is always good to get other perspectives on plant selection as you might not have thought of something that would suit your situation. Another of my favourite genres is *Salvia*. These are a diverse range of plants and come in many shapes and sizes, let alone flower colours. World-wide there are over 1800 species of this plant and this does not include newly released hybrids and varieties. Many are totally herbaceous, dying to ground level seasonally, and others are small woody perennials from ground covers to a metre plus in height. Some won't handle frost but most will, and nearly all are great plants for coastal gardens. Several are edible (sage) and all are great in encouraging bees and nectar-feeding birds to your garden.

For those of you looking for a small

tree there are two great options. A small deciduous tree suited to both inland and coastal gardens is the lovely *Lagerstroemia* (crêpe myrtles). These small trees attain a height of about four metres and come in several colours of white, red, crimson and pink. As they age they develop a lovely pinkish-grey mottled bark. They flower in late summer to autumn and all the new varieties are totally disease free. Older varieties suffered a bit from powdery mildew in humid situations. Two to look out for are 'Tuscarora' and 'Sioux'.

If you are looking for a small evergreen tree you can't go past some of the smaller growing *Magnolia grandiflora* varieties. These have become very popular in recent years due to their neat habit, disease resistance and ability to cope with a wide range of climatic conditions. Many Councils, including Bega Valley and Eurobodalla Councils, have used them as street trees for these reasons. Several varieties currently available are 'Little Gem', 'Kay Parris', 'Exmouth' and 'Alto'. I have planted several in my home garden and they are great for creating a screen or for providing shade without taking up too much space.

Moving away from introduced plants to Australian natives, I have too many to mention all those I love, but two outstanding genres are *Banksia* and *Grevillea*. I just can't have too many of each in the nursery. Both groups have ground covers, medium to tall varieties and even trees – all come in many colours. Again, like all plants some are only suited to certain locations. Banksias particularly are a bit fussy about soil conditions, particularly if they are from Western Australia. Explain your situation to your nursery person and they will advise you as to the best plant for your situation. Grevilleas are similar to Banksias in that they too are particular as to where they are planted, but more so in terms of frost tolerance. Many are varieties from northern NSW and might not handle a severe frost. Once again check in at your local nursery. I could go on and on with my list but there is not enough space here to do so.

Autumn is probably the best time of year to plant new plants in your garden as the rainfall has been good, the soil temperature is still warm, transpiration rates are low and all this will give your plants a great start coming into next spring.

Finally, on another note, your winter vegetable garden preparation and planting should be well under way. Seed and seedlings are now appearing in nurseries.



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This month we are featuring recipes from *Kids in the Kitchen*, a cookbook created by the children at Bermagui Preschool, 2020. You could try them with any children in your life.



**Moodji Garden Vegetable Fritters**

*'We grow vegetables and plants in the Moodji Garden. We harvest what we grow and make yummy food to eat.'* Micah

**Here's what you will need:**

- 2 potatoes, grated
- 1 carrot, grated
- 2 zucchini, grated
- Kernels from 2 fresh corn cobs
- 1 onion, chopped
- ½ cup SR flour
- ½ teaspoon salt
- ¼ cup chopped parsley
- 3 eggs separated
- 2 tablespoons olive oil

**Here's what to do:**

Peel potatoes and carrot, grate into a bowl. Add zucchinis, corn, onion, flour, salt, parsley and egg yolks into the bowl. Stir to combine.

Place egg whites in a bowl and beat until stiff peaks form. Fold through vegetable mixture.

Heat large pan over medium heat. Add a little oil. Take 1/3 cup of the mixture and cook for five minutes. Cook four at a time. Turn and cook for further five to eight minutes. Repeat.

**Healthy Carrot Cake**

*'Cake is a treat but carrot cake is healthy, so I could maybe have lots.'* Leyton

**Here's what you will need:**

- 3 cups flour
  - 1 teaspoon salt
  - 1 tablespoon of baking powder
  - 2 eggs
  - 1 cup milk or coconut milk
  - 2 tablespoons oil
  - ½ cup honey
  - 1 cup grated carrot
- Here's what you do:
- In a large bowl mix together the flour, salt and baking powder.
- In another bowl whisk the eggs, milk, oil and honey

**Here's what to do:**

Add the egg/milk mixture and the grated carrot to the dry ingredients and mix until well combined

Pour the cake mix into a lined baking tray and bake for approximately one hour at 180° C. Cool on a wire rack before eating.



**Soup-a-doopa Soup**

*'I don't like vegetables. But I love Soup-a-Doopa Soup. I made it!!! Can I have more soup please?'* Eva

**Here's what you will need:**

- 1 tablespoon olive oil
- 2 carrots, peeled and diced
- 2 zucchini, diced
- 2 sticks celery, diced
- 1 brown onion, finely diced
- 400 g can diced tomatoes (or fresh)
- 2 cups vegetable stock
- 400 g can brown lentils, rinsed
- ½ cup parsley, chopped
- 1 lemon, quartered.

**Here's what to do:**

Heat the oil in a large saucepan on medium heat and add carrots, zucchini, celery and onion. Cook stirring occasionally for ten minutes till vegetables start to soften.

Add tomatoes and stock to pan. Cover and bring to boil. Reduce heat and simmer, partially covered, for 15 minutes or till vegetables are soft.

Add lentils to soup. Cook for five minutes till heated. Sprinkle with parsley and a squeeze of lemon juice. Season with pepper if you like.

Serve with crusty wholemeal bread roll. Yum.

# For the Fridge Door

APRIL	WHAT	WHERE	TIME
Fri 2	Four Winds Festival free day & evening event for all	Four Winds Soundshell, Barragga Bay	2 - 10 pm
	Badge draw, community meat raffles & happy hour	Cobargo Hotel	6 - 7 pm
Sat 3	Tilba Festival: Live Music, stalls, family fun	Bate St, Central Tilba	9 - 4 pm
	Four Winds Festival The Iliad (Out Loud)	Four Winds Soundshell Barragga Bay	10-4 pm 6.30-9.30 pm
	Open Mic	Tilba Winery & Ale House	12.30 pm
	Opening exhibition: <i>Ode to Trees</i> Sally Raspin	Lazy Lizard Cobargo, with morning tea	10 am
Sun 4	Four Winds Festival The Iliad (Out Loud)	Four Winds Soundshell Barragga Bay	10 - 4 pm 6.30-9.30 pm
	Benji Fowler	Tilba Winery & Ale House	12.30 pm
	Dyllon Mackie	The Dromedary Hotel	1 - 4 pm
	Live music, Joker Draw & Parmi night	The Cobargo Hotel	from 5 pm
Tues 6	Pizza night & trivia with Paddy	The Cobargo Hotel	7 pm
	Storytime every Tuesday	Bermagui Library	10.30 am
Thurs 8	Poetry workshop	Bermagui Library	2.30-4.30 pm
Sat 10	James Bennett	Tilba Winery & Ale House	12.30 pm
	Seniors' Event	Bega Civic Centre	10 - 3 pm
Sun 11	Tony Jagers	Tilba Winery & Ale House	12.30 pm
	Dane Overton	The Dromedary Hotel	1 - 4 pm
Sat 17	Hannah & Boudicea	Tilba Winery & Ale House	12.20 pm
	Senator Susan Ryan - Book Sale Fund Raiser	Well Thumbed Books	10 - 1 pm
Sun 18	Quaama mini market	Quaama Hall	from 12 noon
	Benny Fowler	The Dromedary Hotel	1 - 4 pm
	Moondog	Tilba Winery	12.30 pm
Weds 21	Have your say drop-in session with Council	Quaama Park	3 pm - dusk
Thurs 22	Poetry workshop	Bermagui Library	2.30-4.30 pm
Fri 23	Book Launch Bruce Nash <i>The Long River of Cat Fisher</i>	Bermagui Library	11 am
Sat 24	Ben & Cass	Tilba Winery & Ale House	12.30 pm
Sun 25	Solo West followed by 2-Up in beer garden	The Dromedary Hotel	12.30 pm
	Stick Whack	Tilba Winery & Ale House	12.30 pm
<b>MAY</b>			
Sun 2	Craig Sinclair	The Dromedary Hotel	1 - 4 pm

**CROSSWORD ANSWERS: ACROSS**  
 1) Lens 5) Pat 9) Karma 14) Oval 15) Axel 16) Riyal 17) Diva  
 18) Scar 19) Omega 20) Elevatorman 23) Sis 24) Smarm 25) Sun  
 27) ABC 30) PSI 31) Prisms 35) Bayou 37) Anti 40) Sit  
 41) Escalatorlane 44) Tit 45) Sera 46) Onset 47) Sneers 49) Don  
 51) Hrs 52) See 53) Serge 55) Oho 58) Stepsisters 63) Radii 65) Pome  
**DOWN:** 1) Lode 2) Evil 3) Nave 4) Slavs 5) Pastas 6) Excoriate  
 66) Hail 67) Blitz 68) Iran 69) Oslo 70) Sense 71) Cent 72) See

7) Alarm 8) Term 9) Kronur 10) Aim 11) Ryes 12) Magi 13) Alas  
 21) Ampul 22) Aspice 26) Nisan 27) Abets 28) Basin 29) Cycle  
 32) Slush 33) Miser 34) Stets 36) Oats 38) Nor 39) Trademan  
 42) Asset 43) Longs 48) Resize 50) Orient 53) Spore 54) Ethos 55)  
 Orbs 56) Hale 57) Odin 59) Epic 60) Ease 61) Rule 62) Slop 64) Its  
**TRIVIA ANSWERS:** 1. Western Australia 2. John Christian  
 Watson 3. Earl of Pembroke 4. Captain James Cook  
 5. John Macarthur 6. Physics 7. \$10

# Game On

## CROSSWORD

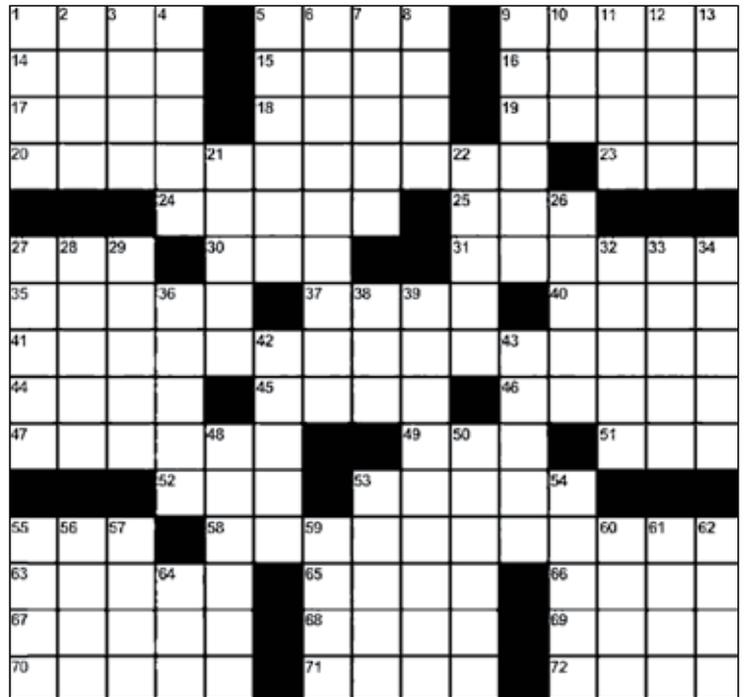
### ACROSS

- 1) Telescope component
- 5) Marsh material
- 9) Buddhist cause and effect
- 14) 440 -yard shape, often
- 15) Toll unit for trucks
- 16) Yemeni money
- 17) Female opera star
- 18) "Lion King" villain
- 19) Greek alphabet ending
- 20) Otis
- 23) Lisa, to Bart, briefly
- 24) Excessive flattery
- 25) Day light
- 27) Grade-school song start
- 30) Inflation letters?
- 31) Light-refracting devices
- 35) Marshy backwater
- 37) Opposed to
- 40) Use a letter opener
- 41) Contract provision (9, 6)
- 44) Arcade foul
- 45) Word sung twice after "Que"
- 46) Beginning
- 47) Shows contempt
- 49) Nod backward?
- 51) Parts of days
- 52) Answer a raise
- 53) Worst wool
- 55) "Eureka!"

- 58) Cinderella had two
- 63) Diameter divisions
- 65) Quince or pear
- 66) Be a tow truck driver
- 67) Rush the passer
- 68) Mashhad's country
- 69) Capital of Norway
- 70) It's good when common
- 71) Bronze coin
- 72) Dribble through an opening

### DOWN

- 1) Rock band?
- 2) Darth Vader's essence
- 3) Church's central section
- 4) Serbs and Sorbs
- 5) Lasagna and the like
- 6) Denounce harshly
- 7) Eye opener?
- 8) Part of the school year
- 9) Icelandic coins
- 10) Line up
- 11) Bakery selections
- 12) "The Gift of the\_"
- 13) Woeful comment
- 21) Glass medicine container (Var.)
- 22) Jellied meat
- 26) Passover month
- 27) Supports a criminal



- 28) Water holder
- 29) Harley, for one
- 32) Wintry mess
- 33) Man of rare gifts?
- 34) Decides not to strike out
- 36) Novelist Joyce Carol
- 38) Negative conjunction
- 39) Artisan
- 42) Black ink entry
- 43) Has a hankering
- 48) Measure again
- 50) The \_ Express
- 53) Mushroom feature
- 54) Group characteristics
- 55) Spherical objects
- 56) "Gilligan's Island" skipper
- 57) Norse god of war
- 59) Vast in scope
- 60) Relaxed time for a sentry
- 61) Be the king
- 62) Pigs' feed
- 64) "\_ Raining Men"

## Crossword solution page

### SUDOKU

	4	1			6	8		5
				8				1
		2			7			4
	9	3		6				
						3		8
	7		1		9			
1	8	7		4				
		9			6	4		
5				9				3

### AUSTRALIAN TRIVIA



1. In which state would you find Pinjarra?
2. Who was Australia's first Labor Prime Minister?
3. What was the Endeavour's original name?
4. Which European is credited with first noticing Norfolk Is.?
5. Who owned the mansion 'Camden Park'?
6. In which field were William Bragg and his son awarded the Nobel Prize in 1915?
7. On which Australian decimal banknote was the portrait of Henry Lawson?

### COLOUR BY NUMBER

0 = white, 1 = brown, 2 = yellow, 3 = green, 4 = blue

