

THE TRIANGLE

COMMUNITY
NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Belun Malu - local choir fosters friendships in Timor



All 170 residents of Lesu Hati gathered spontaneously when the choir stopped and sang on their trip back to Dili. (Photo: Stuart Absalom)

Belun Malu means 'friendship'. This Project aims to foster the ongoing friendship between Australia and Timor Leste through the joy of singing and playing music together.

There are two components to the Project: Stage One saw a 22-member choir from the Bega Valley travel to Timor Leste in July. The choir performed in Dili then travelled to various rural regions. There were collaborations with several Timorese choirs, including a youth choir in Dili. This visit was fully funded by the individual choir members.

Georgina Adamson was one member. Here are some of her reflections.

Well I have returned safely from one of the great adventures of my life, unscathed but forever changed by the experience. Snippets of the memory, in no particular order ...

Carmelite Sisters Convent, Fatu Hadu, our peaceful retreat from chaotic, noisy Dili. Awakened each morning at 5

am to the sweet voices of the petite nuns singing at morning service.

Dormitory living with twelve other women ... lots of hilarity and no room for modesty. A *mandi*, for sloshing cold water over yourself, and a squat toilet. I was never quite sure whether to squat forwards or backwards and scared stiff I would slip

on the wet tiles, but all good ...

The little green bus, our trusty steed for the trip, carried us and our luggage without a moment's hesitation. It navigated roads where there was no road, huge potholes, steep mountain tracks and even flowing rivers. The worse the conditions, the more the *(continued on page 4)*

With very real and difficult issues swirling around us, we are fortunate to live in this place of natural beauty and be held in a caring and active community. So much is happening locally that speaks of generous hearts, care of others and foresight, which is a good basis for community strength—and for creative, educational, recreational, sustainable and political actions which address big-scale issues by taking personal action at the local level.

Community choir members have visited Timor Leste, fostering connection and friendship with people of this,

the poorest Asian nation. Others have organised Reboot activities and garage sales to raise money for cancer research. There is a culture of reciprocity as funds are raised through the works of volunteer groups and then given to those in need.

There is much talk of the dry, windy weather with concern about the bigger picture of climate. People were inspired to action at the Festival of Daring Possibilities, particularly by listening to the children. The coming Festival of Open Minds will feed the momentum. So many actions are being taken to create sustainable

and inclusive ways of life—community gardens, the Quaama School orchard, food markets, food exchange days, open sustainable house days and more. The Crossing at Bermagui celebrated 21 years of positive, committed action, teaching young people and the general community about sustainability and connection with the environment.

Our capable community, through its generosity, empowers a culture of collaboration, openness and trust within its diversity.

Letters to the editors

Gratitude

We would like to give a massive thank you to all the fire fighters called out to Foxglove on Thursday 1 August. A very frightening hour or two. Thank you each and every one of you guys and gals. We so appreciated having such fantastic people who are willing to give up their time. Thank you again to the Narooma, Bodalla, Cobargo, Tilba and Dalmeny fire fighters!

*Robert Gedzyk
Tilba Tilba*

New Oyster farm on Wallaga Lake?

Can anyone shed any light on this project?

Noisy construction work began three months ago—back hoes, tractors, tree removal, the delivery of an unsightly shipping container and the construction of a large shed.

There has been no information provided to neighbours. Neither Bega Council nor Eurobodalla Council claim to have a development application or any information about this.

*Deborah Taylor
Akolele*

Power rort

Electricity users in Bermagui are being rorted by suppliers on the daily supply charge. Their counterparts in Sydney face an average of \$78 for a 90 day supply, where down in Bermagui they pay \$140. Supply, as opposed to usage, attracts no discounts.

The 56% extra has little justification—another example of how Essential Energy is rorting their consumers in the Bega Valley Shire.

*R. Juchau
Wallaga Lake*

Open letter to BVSC

Dear General Manager,

We are a group of regular bike riders who live in and around Bermagui.

Under Council's adopted Bega Valley Bike Plan of a couple of years back, Council committed to a proposed shared path linking the existing shared path which ends at the western end of the Apex Park parking area to the entrance of the caravan park (previously named Zane Grey) near the northern end of Montague St.

Council's proposed works plan does not show this, rather only on-road marked bicycle lanes. Such a proposal is, in our view, a poor and potentially dangerous alternative given the rapidly increasing traffic density on Lamont St. As such, it would, we believe, not cater for young or old and/or less skilled/courageous bike riders.

We urge Council to stick to its previously adopted Bega Valley Bike Plan—a plan that was adopted after widespread community consultation and feedback.

To encourage active travel in the town—by foot or by bike, rather than by car—we further urge Council to consider additional safe crossing islands in Lamont St near the Country Club and in Bunga St near the library.

Yours sincerely,

*Betty Craze (and 17 others),
Bermagui*

Letter from the editors

In July we received three letters for the August issue that we didn't publish. You probably didn't notice this—unless you were one of those letter-writers.

The letters that weren't published could have been read as denigrating another community member.

In the Thumbs column we've had a strict policy of not identifying individuals—particularly in the Thumbs Downs—because thumbs are anonymous. The contributors don't need to identify themselves, so, in the interests of a level playing field, they can't identify their subject either. But we have been less clear about Letters policy. In fact, we realised we didn't have one, and set about rectifying that. And quite a meeting it was, that night.

We like to think that *The Triangle* reflects the diverse community in which we live, and that we have the space to allow differing opinions on things that matter. We now have a brand new, clear and transparent policy: *we will not publish material which insults or denigrates individuals on a personal level. We retain our editorial discretion and look at each contribution individually.*

Letter-writers may now be contacted and given the opportunity to tone down their rhetoric and resubmit their letters.

We thank those three letter writers for spurring this conversation.

The Triangle Editorial Committee

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.



Thumbs UP

To the waste management truck driver who helped a lady who suffered a fall while out walking recently in Bermagui. He parked his truck, got her back on her feet, walked her home, and organised an ambulance to check on her (which was promptly done). How good are the garbos?!

To Bega Council for a spiffy job on the landscaping and paving in front of Quaama School.



And to those stopping for echidnas on Bunga St!

Thumbs DOWN

To the irresponsible cat owners of Cobargo. It's like a kill zone on the tennis court and creek walk.

Shame! Teach your cats to kill Indian myna birds and leave our native species alone. Or, more feasibly, keep them inside.

To BVSC for scraping out the roadside gullies in Bermagui Street, Quaama, making them unmowable while doing nothing at all for the mozzie-breeding puddles that collect there.



VALE Toni Morrison

About some writers you can honestly say they changed our perception of the world. Toni Morrison is one. She died last month at the age of 88, a Nobel and Pulitzer Prize winner (the first African-American woman to achieve the double), honored by President Obama, revered by generations of students, book lovers and social activists. Her most well known book, *Beloved*, was mandated reading across 18 different university courses. She was an editor and a teacher as well as a prolific writer of novels, essays, speeches and meditations, now collected in one volume, *Mouth Full of Blood* (donated to the library by *The Triangle*).

Morrison insisted on being identified as a black woman writer, exclusively interested in all facets of African-American culture (try to read *Jazz*—a fantastic account of the importance of music in African-American culture.) Her work centred on the effects of slavery on both black and white citizens, and on the importance of language for naming racism and violence. She pays special homage to black writers who came before her and those who were her contemporaries. Of James Baldwin she says she learnt to try to 'eliminate the white gaze', to free herself of the white man sitting on her shoulder, watching as she wrote.

For anyone trying to understand racism (including in our own country in 2019), you can do no better than read any of her novels. To reflect upon your own contribution to the struggle against racism (or any other aspect of social justice), read her tribute to Martin Luther King. In it she asks, 'Would he be disappointed in me?' Who would be the leader(s) from whom you would seek approval? I certainly can't think of any amongst our elected leaders. As one of my friends said, maybe we need to ask approval from the next generation. And it is perhaps writers like Morrison who provide the real moral and ethical leadership we need.

Heather O'Connor

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email contributions@thetriangle.org.au

Who does the work

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Rosemary Beaumont
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Narooma: Information Centre, Library, BP station
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au

Postal address:

The Editors, The Triangle
PO Box 293, Bermagui. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

General News

(continued from front page) hysterics of the passengers. We emerged looking like ghosts, covered in dust. Promises of 'twenty minutes more' turned into two hours. Manned by a relentless driver and two young men who literally hung out the door, occasionally climbing onto the roof to check the luggage—with the bus in motion.

The amazing resilience and generosity of the beautiful people of Timor Leste, who have suffered such devastation, who never asked for anything but just smiled and were so grateful for us being there. Wherever we visited, chairs, tea and coffee were brought out for us, along with a little 'snake'—a snack. Our gift of a song was always reciprocated and we often joined our voices together. Many a tear was shed,

by both parties.

The beautiful children, so responsive to whatever we offered. On one occasion, seeing a photo of a kookaburra, they launched loudly into 'Kookaburra sits in an old gum tree', loud and clear. They greeted each of us with a gentle raising of our hand to their forehead—with the occasional high five thrown in.

Singing and working with this group of singers and our indefatigable leader, David, who brought out the best in us. Most of our venues were challenging, usually outside, with the chaos of life around us, but our performances were met with loud applause.

The impromptu sings were the best, in most unusual places, often without an

audience ... a ruined Portuguese fort, on top of a mountain (where the entire village of about 100 emerged), by the sea after lunch, and the house in Balibo where the five Australians journalists were executed. Tears all around.

In each village we were honoured guests, welcomed by local dignitaries and dancers and given traditional *tais*. We were welcomed into private homes for meals and there was always a chair produced for each of us, a table laid with ample, simple food.

And, for this 'solo lifer', the experience of having the company of 22 companionable and caring folk around, to share the laughter and the tears, and always a hand to help.

Georgie Adamson

Stage Two of the Belun Malu Choirs Project will see an 18-member Timorese choir tour Australia from late February to early April 2020. The choir will perform at several high profile events including the Port Fairy Folk Festival and the Cobargo Folk Festival, and at a concert at the Four Winds Windsong Pavilion. To make this project possible, fundraising events are being planned across the region. Donations are also welcome. The choir will be performing on the opening evening of the Festival of Open Minds, Bega, Friday 13 September. For more information, go to www.thetriangle.org.au and click on 'Off the page' in the menu.

Next step for local Aboriginal liaison

A new Aboriginal liaison committee will enter the local scene to support the implementation of Bega Council's Memorandum of Understanding (MoU) with the Eden, Bega and Merrimans Local Aboriginal Land Councils.

The new committee will be called the BEM Liaison Committee after the three Local Aboriginal Land Councils (LALCs) – Bega, Eden and Merrimans.

'The BEM Liaison Committee will be a formal community committee with the job of providing advice and making recommendations to Council to support the cultural, environmental, social and economic interests of local Aboriginal people,' said Mayor Kristy McBain.

The Committee will be made up of nine members—two representatives from each LALC, the Mayor or representative

and two Council staff; members of the Committee will be appointed for the term of Council.

'An exciting aspect of the BEM Liaison Committee is that a youth representative from each LALC will be invited to attend meetings as an observer and this bodes well for our combined future.

'I hope this move will encourage young people to take an interest in decision-making and that valuable knowledge will be passed on to the upcoming generation of leaders,' added Cr McBain.

Council first entered into a Memorandum of Understanding with the Bega, Eden and Merrimans LALCs in 2001.

The intent of the MoU is to support reconciliation and the advancement of Aboriginal people within the Bega Valley.

Blessing of the Rural Fire Service

Across Bega Valley there are almost a thousand Rural Fire Service volunteers. They have attended hundreds of incidents across the region over the last year, including the Yankee's Gap Road fire, other bush fires, house fires and motor vehicle accidents. Each of these incidents presents potential risks to the volunteers.

As the next fire season starts, we'll be holding a special service to thank the volunteers for their support to our community and to bless the volunteers and paid staff and all their equipment in the coming year. This will be held at 10 am on Sunday 29 September at the Quaama Anglican Church. Lunch will be served afterwards. All welcome.

Fiona Kotvojs

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Open your mind! And our own mini-VIVID

The Festival of Open Minds 2019 is a TED-style talkfest that will open your minds and hearts. It's at the Bega Civic Centre on Saturday 14 September, 9 am to 5 pm (doors open and coffee available from 8 am).

This year the theme is 'People with Oomph'. Speakers include:

- Rev Tim Costello, a sought-after voice on social justice issues, leadership and ethics;
- Nas Campanella, vision-impaired Triple J newsreader, who trained in Bega;
- Aly Khalifa, founder of Oceanworks, which harvests plastic waste from our oceans;
- Emma Booth, who represented Australia at the 2016 Rio Paralympics and is training for Tokyo 2020;
- Pastor Christie Buckingham, spiritual counsellor to executed Bali 9 drug-smuggler Myuran Sukumaran;
- Sassi Nuyum (Meaghan Holt), rising Aboriginal performance poet.

... plus local speakers and leaders such as Erica Dibden of Tilba Real Dairy, the NSW Harbourmaster Phil Holliday, cyclist safety advocate Louise Brand and young Indigenous leader Warren Foster Jr. Corinne Gibbons will have you singing your hearts out, and Damon Davies will also perform.

Tickets and info: www.festivalofopenminds.com.au. General admission: \$40. Students 12 – 19 years are free!

Morning and afternoon tea is provided, and there are many lunch options and some great produce from our Regional Food Sponsors.



Tim Costello heads the bill at the Festival of Open Minds this month.

And a spectacle for all the family—'Parklight', opening night, Friday 13 September from 6 pm in Littleton Gardens. The Gardens will come alive with projections from the Bermagui Create & Make Crew and VIVID Sydney, and performances by Sassi Nuyum, COPE, FLING Physical Theatre, the Gulaga Dancers, Mica Mahani, Yunion, Sam and Robyn Martin, the Timor Leste Belun Malu Choir and the Navigate Explorers—a free, family-friendly and fabulous evening out.

Local restaurants and cafés Issi & Co, The Nook Espresso, Mal's Pizza Bite and of course the bistro at the Commercial Hotel are supporting the event by staying open to trade before and after the event, so make a night of it!

Lisa Herbert, BVSC

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Children's book shows that exercise can be fun

Local author, poet and playwright Diana Harley has just published her latest children's picture book, *Fantastic Gymnastics*.

Aimed at the birth to 8 years age group, *Fantastic Gymnastics* introduces children to the fun and excitement of physical activity and the joy of learning new skills, experiencing different environments and making new friendships.

'The aim of my book is to get kids moving and having fun,' Diana says.

With simple bouncing rhymes and beautiful illustrations, *Fantastic Gymnastics* weaves a tapestry of movement, learning and fun for kids to enjoy.

This book also aims to educate and support parents, teachers and caregivers, subtly explaining concepts such as 'gross motor skills', 'core strength' and 'proprioception', and the benefits that children derive from participating in the gymnastic activities covered. There's a glossary of terms used at the beginning of the book to help adults understand how the simple gymnastic activities shown in the book can help their children as well as prompting discussions with kids about their bodies, exercise, health and fitness.

'Physical exercise in a safe environment, along with a growing sense of competence and confidence, greatly bolsters a child's overall development. These skills also promote brain development while providing the foundation for a lifetime of

healthy physical activity. My hope is that *Fantastic Gymnastics* will encourage all children to appreciate the wonderful abilities they have while having fun and being with their families and friends in an empowering and healthy environment,' Diana says.

Fantastic Gymnastics is available through www.dianaharley.com or at the offices of Jason Harley Optometrist in Bega.

Diana will read *Fantastic Gymnastics* as part of kids' Storytime at Bega Library on Tuesday 10 September at 10.30 am.



Children will learn to stay fit—and have fun—with Diana Harley's latest book.

Funding expands library tech training

Bega Valley Shire Library has been awarded \$11,000 from Telstra's *Tech Savvy Seniors Program* to expand on its technology training courses, including delivering training in areas such as Wallaga Lake. Systems Librarian, Megan Jordon-Jones, said that the courses give people the confidence to connect online with friends, family and services.

'We're looking forward to offering communities like Wallaga Lake free tech training close to home, and as soon as we have dates, we'll be letting people know. We'll still be offering our popular Internet and iPad sessions, as well as some new courses that have been on trial at Tura Library.

'One new course is an *Introduction to Smartphones* – mobile phones can do so much more than just make calls and this course will take the mystery out of a range of smartphone features. Most importantly, our courses guide people on how to use digital technology safely in a fun, easy-paced and familiar environment,' explained Megan.

There are six courses starting soon at Bega Library:

- Introduction to Internet 1 - Tuesday 17 September
- Introduction to Internet 2 - Tuesday 24 September
- Introduction to Smartphones - Tuesday 1 October
- Introduction to iPads - Tuesday 8 October
- iPads 2 - Apps, Media and Podcasts - Tuesday 15 October
- All about Data - Tuesday 22 October
- Wi-Fi and Mobile Networks - Tuesday 29 October

People can select a combination of sessions to suit their needs or attend the classes sequentially. Sessions run for approximately two hours, from 10.30 am – 12.30 pm.

All classes have limited places. To book online go to www.eventbrite.com.au and search ('looking for') *tech 'in' Bega*. Or telephone Bega Library on 6499 2127. More information about Telstra's *Tech Savvy Seniors Program* is available at www.telstra.com.au/tech-savvy-seniors.

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The Triangle's email address is
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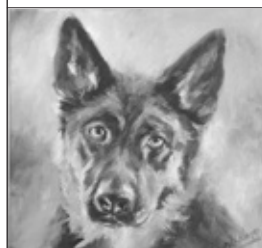
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ClubGRANTS support Triangle community projects



Happy faces representing a number of community organisations at the Bega Valley ClubGRANTS presentation.

Funding from the Shire's five local service clubs was awarded at last month's Bega Valley ClubGRANTS presentation and 38 local community projects got a green light.

In the Triangle area, the following groups were successful: 1st Cobargo Scouts for their new bus, Bermagui and District Lions Club for a defibrillator for Quaama Post Office, Bermagui and District Seniors Social Club (social outings), Bermagui Men's Shed (tools and equipment), Cobargo School of Arts Hall (to upgrade the path for all abilities access), Cobargo CWA (equipment for increased catering), Marine Rescue NSW Bermagui Unit (purchase of personal locator beacons) and Quaama Men's Shed (equipment).

Make your grant application count

Competing for funding opportunities for community and not-for-profit organisations can be tough. Bega Valley Shire Council's Grant Management Officer, April Merrick, is keen to share what she knows about successfully applying for funding.

April will be running free grant-writing workshops in Bermagui and Tura to line up with the current Mumbulla Foundation grant round (closes 27 September).

'My aim with the workshops is to make sure people leave with the techniques they need to put together a successful application. Both beginner grant writers and those who want to refresh their knowledge and skills will benefit from the workshop,' April said.

Each workshop will cover the following topics:

- An overview of grants
- Where to find grant/funding opportunities
- How to develop a great project
- How to write a winning application.

The following workshops are free and run for three hours starting at 10.00 am:

- Bermagui Hall on Friday 6 September
- Tura Marrang Library on Friday 13 September.

To book your place phone (02) 6499 2222 or email grants@begavalley.nsw.gov.au, stating which workshop you'd like to attend.

Guidelines and application forms for the Mumbulla Foundation grants are available at www.mumbulla.org.au.

With the announcement of \$101,359 in this year's pool, Bega Valley ClubGRANTS have now contributed over \$1.4 million to local projects over the last 16 years—projects developed by local people, trying to make life better for people they know or come in touch with on a regular basis.

Council and five local clubs—Bermagui Country Club, Club Bega, Club Sapphire, Eden Fishermen's Recreation Club and the Merimbula RSL—are represented on the local ClubGRANTS committee.

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It takes a community to face climate change

Eleven-year-olds and Aboriginal women from this area changed my life last month. Nursing a cold on a cold night, I almost didn't go to Bega, to the opening of the Festival of Daring Possibilities.

I wasn't alone with my tears at the opening story about a serious accident that occurred while the family waited for the NRMA on the side of the Hume Highway. The whole room was held as a mother described the horror of her child in a coma. Facing the worst that might happen, as the doctors encouraged, she also asked, 'What if he does wake? What if his brain

is unaffected? What if he thrives?'

This miraculous story, so beautifully rendered, took us to the urgently relevant question: what if we get it right? What if we mobilise all our creativity, all our genius, all of the knowledge, together, to face the truth about climate change? The students that followed—11 years of age, 12, 15, 17—explained through song, inspired speeches, poems, letters from the future, ideas from the past made new, that we can, and we must.

Let's get busy with seaweed farming, an 11-year-old explained, on mesh, floating

just below the surface, which sinks as the seaweed grows, absorbing carbon dioxide, providing habitat and food for our sea life. Let's manage the forests, simply stop slaughtering the trees, another 11-year-old implored. Let's not wait till 2030 to radically reduce using plastic-wrapped things, suggested another.

The final speaker thanked the inspired climate-striking students, 'You have already changed the world. The oil cartel leaders have seen the writing on the wall, and it's in their kids' handwriting.'

Flick

Nurture your spring shoots with yin and yang

September marks the beginning of spring, which in Traditional Oriental Medicine pertains to the wood element and its associated meridians, the Liver (yin) and Gall Bladder (yang). Spring and the wood element is associated with outward growth and movement. As we emerge from the deep yin, introverted, still nature of winter, it is a good time to begin that exercise routine we may have been intending to do, or begin a new project.

In the body, when the wood element is blocked or stagnant, combined with the stirring of spring winds, there can be a tendency for anger to build as the ki/chi is blocked, resulting in 'Liver Heat'—much like being stuck in a traffic jam. Ensuring the ki and blood is moving through exercise and stretching can help relieve this stagnation. Also, as the temperature increases, it's important to keep well hydrated to allow 'Liver Blood'

to nourishes the ligaments and sinews (if a tree is too dry, in wind its branches break).

Foods to help nourish the liver and gallbladder are generally green in nature, such as leafy vegetables; those which share the characteristics of trees such as broccoli; the flexible, fast-growing, edible bamboo shoots; and sprouts with their abundant life force. And try foods with a sour flavour to help replenish the wood element.

Raven

Saturday Sept 14 2019

Bermagui Fire Station
Bermagui Tathra Road (opp Community Centre)
10.00am - 2.00 pm
Children's Games & Face Painting
Info Slideshow & Q & A

Quaama & Cobargo Brigades
Cobargo Co-op Car Park, 52 - 54 Princes Highway
8.30am - 1.00pm
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The house is shuddering in the wind as I write this and I'm remembering how we felt a year ago when the Yankee's Gap Road fire was raging while there was snow on top of the escarpment.

Yep, the weather still isn't 'normal' and it feels like it may never be 'normal' again.

When will it rain? We ask the clear blue sky and each other that question daily. Our valley is so very dry and brittle. The birds are behaving badly, pecking at each other in their desperate hunt for enough food to sustain themselves. It feels different now from how it felt last year, a deeper drought than the one that fed that big fire near Bamboka that burned for weeks.

The RFS smelled the wind and cut the burning off season short with no more permits issued from 1 August. And fair enough too. The fires are all on alert, ready for the call to action.

Warm, dry and windy. What a weird winter we're having. I heard it mentioned that we should put together a rain dance. I'll bet you there are a lot of prayers of all kinds being offered up.

Hall News: vale Possum, restoration resumes, and Second-hand Sunday Mini Markets!

The last resident possum at the Quaama School of Arts Hall has committed hara-kiri! It seems that he leapt from the projection room window to his death ten metres below.

Sad as his passing may have been, the Quaama Hall Committee and the Friends of Quaama SoA group are hopeful that he really was the very last possum as they are keen to resume their various improvement activities. The Committee is focused on completing work on the dressing rooms and starting work on relining and fitting out the front room.

The 'Friends of' group has decided it's time to return this iconic landmark to its former glory and is embracing the opportunity to do some much-needed maintenance on our lovely old Hall. The last few weeks have seen a frenzy of cleaning, sanding and shellacking to the foyer walls. And this is just the beginning! There are plans for heritage doors and lighting that reflect life in the Edwardian era. If you have skills in painting or carpentry you are very welcome to join the 'Friends of' Hall restoration workers. Contact Carolyn on 0411 167 158, or email carolynbate@gmail.com.

To help fund these projects, the 'Friends of' group is running a 'Second-

Please, please, let it rain!

The weather hasn't stopped us from leading our Quaama lives. The QPA put on a lovely dinner dance at the Hall, 60s style, and I gotta say, the 60s has the best music of any decade out there. Conversation over supper kept being interrupted by one great tune after the next and folks with headbands and beads took to the floor for a bit of fun.

Has anyone else noticed how many kids there are in town now? It seems that a generational shift has started with young families moving into houses that previously belonged to an older generation. I love seeing kids on bikes in the street and birthday parties in the park with strollers and cake. Our big-hearted school won't have to worry about future enrolments with these young ones in the wings.

And finally, condolences to our friend Laurie on Cobargo Street. Not so many years after losing his wife Mary, he's had to face the death of his son in a terrible road accident south of Eden.

Carolyn Bate



This gum has been ruled 'dangerous' and is scheduled for removal by Council in late August



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School news: orchard progress, turning food waste into feast and welcoming new kindergarteners

Our orchard construction is underway! After much fundraising and organisation, the school is excited to see the fences go up around our proposed orchard area, ready for construction to begin. A huge thank you to our dedicated P&C for fundraising and to Jasmine Ventura, who has been spear-heading this project. We look forward to the day we can pick our own fruit!

Students are currently taking part in the OzHarvest Feast Cooking Program, which will teach the students how to use foods that are commonly found on the 'wasted food' list. The recipes that the students will be using, including Bubble and Squeak and Pancakes, create yummy food and help reduce food wastage. The students worked together to create fruit kebabs with caramel sauce for their first lesson.

This year Quaama will be holding two Transition to Kindergarten programs for pre-schoolers who are starting school next year. Preschool Playgroup is being held for five weeks on Mondays from 19 August to 16 September (10.00 to 11.30 am). Parents are invited to attend information sessions on reading, maths and student emotional support while playgroups are in progress. Kindergarten Transition will be held in Term 4 on Monday 4, 11 and 25 November, starting at 9.30 am and extending the finishing times as the program goes along.

Mark Sullivan, Relieving Principal

Bearing fruit: work begins on enclosed orchard at Quaama School

After two years of planning and fundraising, work has begun on an orchard at Quaama Public School. The orchard will be enclosed under a steel frame covered with chicken wire and bird-netting. The chicken wire will also offer a trellis for climbing fruits and vegetables, such as beans, passionfruit and tomatoes.

Cobargo Co-op and Riverside Nursery offered the school plants at discounted rates. Fruit trees—including plums, mulberries, persimmons, feijoas, loquats, figs and apples—have been chosen so that fruiting occurs during the school term and not in the summer holidays. The aim is to have ripe fruit available to students in every month of the school year.

The initial concept for the orchard came from Brogo-based fruit lover Jasmine Ventura, whose children attend the school. Without her perseverance, the project, which hit many hurdles along the way, might have stalled. Jasmine points out, however, that it has been a group effort with strong support from the school and community.

Along with P&C fundraising, the Bowerbird Op Shop and Edge FM both gave grants to the school for the project (the Bowerbird giving more than one). The school also received a waste management grant from Council for a worm farm and a grant for a chicken coop, which will be built next to the orchard (with



Harry and Lily segmenting apples



Joshua, Lily and Stevie enjoying making kebabs

the orchard doubling as a chicken run at suitable times). Council will also give the school free compost from its FOGO program and the Lucas dairy is donating several cubic metres of manure.

The design of the orchard was inspired by the enclosed orchard at local councillor Cathy Griff's property. Geoff Metzler and Associates drew up the plans and Ray Hack will do the steel fabrication. The orchard will have three doors, including one allowing wheelchair (and barrow) access. A shady sitting area under a grape arbour will allow students to congregate or to sit, read or just be in the space.

Along with fruit trees, there will be raised vegetable beds. A number of local families and community members have offered to establish the veggie patch.

Once the structure is in place, the plan is to pre-dig the holes and fill them with compost and manure. Then students will dig the holes and plant the trees. 'Our hope is to get the fruit trees in by spring!' says Jasmine.

Tash Roberts

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Anon



Illustration by Naomi Lewis



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PRESCHOOL PLAYGROUP For children attending school in 2020.

Parents are invited to attend info sessions on Reading, Maths and student emotional support whilst playgroups are in progress.

Mon 19 August (10:00-11:30am)

Mon 9 September (10:00-11:30am)

Mon 26 August (10:00-11:30am)

Mon 16 September (10:00-11:30am)

Mon 2 September (10:00-11:30am)

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- ♦ Multi-Lit Reading Tutoring Program
- ♦ Sporting Schools program
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- ♦ Language lessons (Japanese)
- ♦ Music & Dance programs
- ♦ Strong community connections
- ♦ Small Schools combined camps
- ♦ School Performance/Music camps
- ♦ Diverse environmental program
- ♦ STEM programs
- ♦ Better Buddies program

This year local environmental company and long-time, generous Triangle supporter AKT is sponsoring our My Triangle page. Readers tell us they love My Triangle so we're preparing a list of interesting local personalities to profile. You might be on it!

Stockman, bushman, drover, family man: Ross Rixon

In your travels, as you negotiate the streets of Cobargo, you may come across a mature, quintessentially iconic Australian bushman, with a rather large hat, who loves to have a yarn. If so, then perhaps you've had the pleasure of meeting my dad. So what makes him so interesting? He was born Ross Alphonsus Rixon on 21 June 1935 to Annie (teacher's assistant) and Spencer Rixon (Stores Officer, RAAF) at Milton. He was one of ten children. When Ross was a little boy, he and three siblings rode their pony eight miles to Brooman School. Spencer had a few dairy cows and when the kids couldn't all fit on the same horse he got them to drive the sulky, deliver the cream then continue to school. The family often moved because of Spencer's occupation so they ended up at Canley Vale, Sydney, where Ross attended Liverpool Junior Tech for his high school education. He left school at 14 because he had procured a job as a cooper, making beer barrels at the local brewery.

Spencer didn't want his boys growing up in the city so he encouraged them to leave home young, travel up to Queensland and gain work on cattle stations. Two of them were already working on properties, one at Dirranbandi and the other at Wallumbilla, not far from Cubby Station. Finally it was Ross's turn to head to Queensland and his excitement was hard to quell. His sister Patricia fondly recalls that Ross was bought a pair of high-top riding boots, brown leather with a white tulip carved into each one. He lovingly applied leather dressing to the brown part and white sandshoe cream to enhance the tulip. The first job was to get your horse and head out to do the mustering. Ross came out with his decorated riding boots and all the others looked at him, summed him up and said, 'Ross, this is your horse'. It bucked like mad and threw him hell west and crooked. After six weeks of being given a hard time over his boots he took to them with a knife and cut off the tulips. Life improved from there.

Over the next few years Ross worked as a drover and station hand for which he was paid £2 10s a week. He worked from 4 am to 8.30 pm and had every second Sunday off to do his washing. On one occasion the station hands complained at the lack of variety in the jam they were given, plum jam day in day out, so they went and spoke to the owner. He growled at them and said, 'What's your problem? There *is* variety—there's light, medium and dark plum jam'. Ross recalls working at 'Boonahmia Station', a thoroughbred stud. The stallion was called 'Malt Dennis'. The stud had 70 mares come through for the season each year. Ross bought his first two horses for five quid each; they were called Ned and Darkman. Eventually he had worked his way to Mitchell where he took a job as a fencing contractor on Redford Station.

It was at Mitchell he met a lovely young widow, Dawn Murray, a very striking looking woman. She had four children already, Maryanne, Shirley, Gloria and Glen. Ross and Dawn eventually married and had three more children—Patricia, Allan



Ross and June. Ross is still delivering firewood, at 84.

and me, June. Sadly, Dawn passed away in 2011. Ross had great admiration for his wife of 52 years and recalls her as the smartest horsewoman he had ever seen, a very capable and self-reliant human being. During their first years together Ross drove the mail truck which carted mail, wool and groceries—anything that needed to be delivered. Eventually he returned to being a fencing contractor.

Fourteen years had passed since he'd visited so he came back to Ulladulla to see his family. They decided to stay. So he bought a tent, moved into the bush and starting cutting mine props for Wally Howes, who provided a grey Fergie tractor and 041 Stihl saw. Moruya Timber Supplies needed props cut so our family continued to live in the bush in a tent. We worked our way down the coast and finally came to roost at Cobargo.

Ross has always worked hard and at 84 still cuts firewood and assorted timber orders. He had bowel cancer in 2017 and faced the challenge of recovery with his usual gusto. He's an avid reader of all things factual and can recall incredible amounts of information about anything. An avid sports lover, he'll watch any sport offered. He has an opinion on all things and his best friend is his little white dog, 'Miss Bella'. An Australian character.



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

I'm constantly reminded of how fortunate we are to live in the Triangle region. While it's true that we live in difficult times, being connected to nature and community seems to give us a sense of place which mostly enables us to deal with the big issues. So do have a look at what is available and happening in your local area—maybe you will find just the thing, whether it's creative, educational, recreational, sustainable, political or a mixture of things. Here's a glimpse of what's happening locally.

Celebrating excellence

Each year, Shire businesses can enter the Eurobodalla Business Awards. Supported by local business chambers and linked into the NSW Business Awards, the program recognises success in business leadership and entrepreneurship, outstanding young employees, start-ups and all-round business. Well done to the finalists from the Tilba area—Reva at Tilba, mbK for Life and the Dromedary Hotel.

This year also introduced a new People's Choice category for each of the five regions—Batemans Bay, Mogo, Moruya, Narooma and Tilba. Winners in each of the nominated categories were announced at a Gala Dinner on 3 August. Huge congratulations to Susan and Jeremy and all the team at the Dromedary Hotel, winner of the Small Business Award; and to Kathryn and family at Mountain View Farm, Tilba Tilba, winner of the Tilba Region People's Choice Award.

The category award winners will proceed to the Regional Awards and then to the State Awards where winners will be announced in November.

And the tiny house pods at Tilba Lake Camp have been listed number six on www.delicious.com.au 30 best tiny houses worldwide!

Celebrating history

One hundred and fifty years ago, in 1869, Henry Jefferson Bate came to Tilba with his middle son, R M Bate. To celebrate the sesquicentenary, his great-great-grandson Harry and two of Harry's cousins have arranged a family reunion for the forthcoming October long weekend. More than eighty descendants will journey from Queensland, NSW, ACT, Victoria, Tasmania and Singapore to mark the occasion.

Henry Bate, whose original farm was



Henry Jefferson Bate (1816-1892) was the husband of Elizabeth Kendall Bate (c1870 copy courtesy of Dave Cotton and Harry Bate)

Mountain View, established the village of Tilba Tilba on his land. His eldest son, S W Bate, who arrived at Tilba a few months after his father, established the village of Central Tilba on his land.

On Saturday, 5 October, there will be a family meet-and-greet at the Old Dairy on Mountain View Farm where Henry Bate is also buried. This will be followed by a family dinner at the Big Hall, Central Tilba.


On Sunday, 6 October, the general public are invited to a family exhibition in the Big Hall at Central Tilba, from 11 am to 4 pm. The display will include a large family tree, a facsimile and transcription of the Will of Henry Jefferson Bate and early photos and videos of descendants. As well, family members will talk on various historical topics.

Sustainability

Many of us are frustrated and very disappointed at the continuing lack of political leadership and sound policy development in relation to the climate emergency. In the absence of political leadership and policy, many individuals, community organisations and private enterprises are moving solidly towards a more sustainable future. A significant example of this is the uptake of residential solar power, which is, in turn, driving a review of the regulatory framework that underpins the national electricity grid as well as contributing to the development and affordability of residential battery storage.

Sustainable House Day began as an initiative of Renew (Alternative Technology Association trading as Renew Australia) 19 years ago to provide an opportunity for people to visit some of Australia's leading green homes—ones that are not only environmentally friendly, but cheaper to run and more comfortable to live in. This year the open house day is on Sunday, 15 September from 10 am to 4 pm. To see what is available in the local area go to www.sustainablehouseday.com. This is a great way to see what is being done and get ideas both for building and garden, particularly if you are building or renovating. Renew also publishes two magazines—*Sanctuary* and *Renew*—which are a great resource.

In our local Tilba community there are great opportunities to reduce food kilometres. The weekly Tilba Market has a good offering of seasonal vegetables but you need to get there early to get the best pick. Usually on offer are both free range eggs and organic eggs and, at this time of year, lots of citrus fruit. The market is



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8th Sept	- Peter Rich
15th Sept	- David Newman
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29th Sept	- Till Death Do Us Part

Music starts at 12.30 - free of charge

Located 8 km south of Narooma or 4 km north of Central Tilba

Follow us on Facebook & Instagram for upcoming events

every Saturday from 8 am to noon.

The Tilba Food Share has just had its third birthday. Held on the first Sunday of each month from 10 am to noon, it's a good chance to share excess home garden produce and morning tea. Each month it's held at a different home garden and it's always interesting to see what others are doing. As well as sharing produce there's also the chance to share ideas and tips. For more information contact Annie on 0409 443 064.

For those who want to be more actively involved in working towards a more sustainable future check out the following community organisations: *Clean Energy for Eternity* in the Bega Valley (www.cleanenergyforeternity.net.au); *Southcoast Health and Sustainability Alliance (SHASA)* in Eurobodalla (www.shasa.com.au). There is also 350.org Eurobodalla Australia which advocates to rapidly end fossil fuel and build a global organisation—find them on Facebook.

And three days after the UN Emergency Climate Summit, the Global Climate Strike is on Friday, 20 September, in all capital cities and many regional cities. Details of locations can be found at www.schoolstrike4climate.com/sept20.

Central Tilba School

As I prepare to write this column each time, I always check out what is happening at the local school—and every time their catch cry '*For a small school, we do big things!*' rings true. There is always news of sporting events, interactions with other schools, special events and projects, student of the week in both Barranguba and Najanuga classes and much more. So here's



Tilba third birthday food share (photo: Elizabeth Walton)

some of the important dates coming up.

Jersey Boys—a performance which tells the story of a day at Central Tilba School as seen through the eyes of the boys over the fence ... the Jersey Boys! As a whole-of-school project there has been lots of collaboration to refine the script, the music and items for the show, and of course a lot going into rehearsals. The school community is invited to the performances, which will be held in the Small Hall at Central Tilba in the last week of term, Tuesday, 24 September at 5.30 pm and Wednesday, 25 September at 11 am and 5.30 pm.

The Kitchen Garden, now known as Dhananj (Dhurga for 'we eat'), has been a great success and is now well established and ready for its official opening on the last day of term, Friday, 27 September.

There will be a special lunch to celebrate this well-equipped and valuable learning facility.

The Girl Campaign is presented by its founder and facilitator, Kimberli Eke. It is modern and fun and aims to give young girls the confidence, skills and strategies to build and maintain positive relationships and friendships. The half-day workshops are offered to years 3, 4 and 5 at the school on 5 September. Kimberli was winner of the Social Enterprise Award in the recent Eurobodalla Business Awards.

Sing—Laugh—Respect

A family community event, Sing—Laugh—Respect, explores respectful relationships through storytelling, music and play in the Storytent with local storyteller, Annie Bryant. The free event

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will run during the school holidays at the Central Tilba School on Tuesday 1 with sessions at 10.30 am, 1 pm and 2.30 pm. Refreshments for each session will be provided by the P&C.

Aimed at families with young children, and funded through a grant, the event is brought to the community by local services working together to end violence. Families are asked to RSVP to Anita on anita.macartney@campbellpage.org.au or by phoning 0407 959 602.

Colours of Australia—Quilters

The Dalmeny Quilters, with several members from the Tilba area, are about to have their 2019 Exhibition. It will be open from 10 am to 4 pm on Saturday 5 and Sunday 6 October (long weekend) at the Narooma Sports and Leisure Centre and will be sure to delight. Proceeds from the exhibition will go to the Little Yuin Pre-school and South East Women's and

Children's Services.

Get Ready weekend

We are all very aware of bush fire risk at the moment as the dry weather continues. While this column might not be out when the Central Tilba Rural Fire Service has its Get Ready Weekend on 31 August at the Tilba Market, please make sure that you and your property are fully prepared. You are sure to know a local fire fighter who can give you information and you can also find comprehensive information by visiting www.rfs.nsw.gov.au.

Tilba Easter Festival

Preparations have already begun for Tilba Festival 2020, held on Easter Saturday in Central Tilba.

Erica Dibden will be heading a new organising committee of Grant Harrison, Natasha Lartigau, Claire Leonard, Juanita Low, Cecilia Matthews, Liam Misko,

Christine Montague and Carl Taylor.

The Committee is still in the early stages of planning for the Festival but locals and visitors can expect live music, street entertainers and locally-made food, arts and crafts. And the Festival wouldn't be complete without the always popular mayhem of egg-tossing, cheese rolling and boot throwing.

So bookmark Easter Saturday, 11 April 2020, for a day of fun and entertainment.

And finally ...

Best wishes to Cathie Muller, our wonderful Tilba Market piano player and community member, who has a broken leg. Also good luck to Annette Kennewell, who is recuperating from a difficult fracture and is still managing her community involvement. Thank you to Sally for the excellent Tilba Bites in the August *Triangle*.

CWA shares International Day with Tilba School

We had a very busy August. Dr Rosemary Beaumont spoke eloquently on 'Koalas and Climate Disruption' and Annie Dullow facilitated a 'Dementia Friendly Communities' presentation at our Community Craft morning.

Our star event in August was our Papua New Guinea-themed International Day held at Central Tilba Public School. It was a wonderful day involving the whole school, staff, students and P&C, plus CWA members.

Preparations began early in the week

with CWA members helping students to make costumes, PNG-themed headdresses and grass skirts. On the day some dads dug a big hole for the 'mumu', traditional PNG cooking with hot rocks. Chicken, whole fish and vegetables were wrapped in banana leaves and cooked with coconut milk for lunch.

Guest speaker and Tilba local Grant Harrison, who previously lived in PNG, shared his knowledge, experience and PNG artefacts. The students asked Grant lots of questions.

The Barranguba Class presented to CWA members, parents and teachers on the culture of PNG at their whole school assembly. The students performed a short dance with drumming in their PNG costumes. The Class gave CWA their well-researched book, a fantastic display of their learning and understanding of culture and geography of PNG.

CWA Awareness Week

1-8 September

CWA Awareness Week is an opportunity for members to raise community awareness of our work and give other women a taste of the fun and friendship enjoyed. This year's theme is 'Start a Sconversation' with a focus on local mental health services for women. We will have a display table at Tilba Market on Saturday 7 September with home-made jams, pickles and sauces for sale plus our Tilba CWA tea towels.

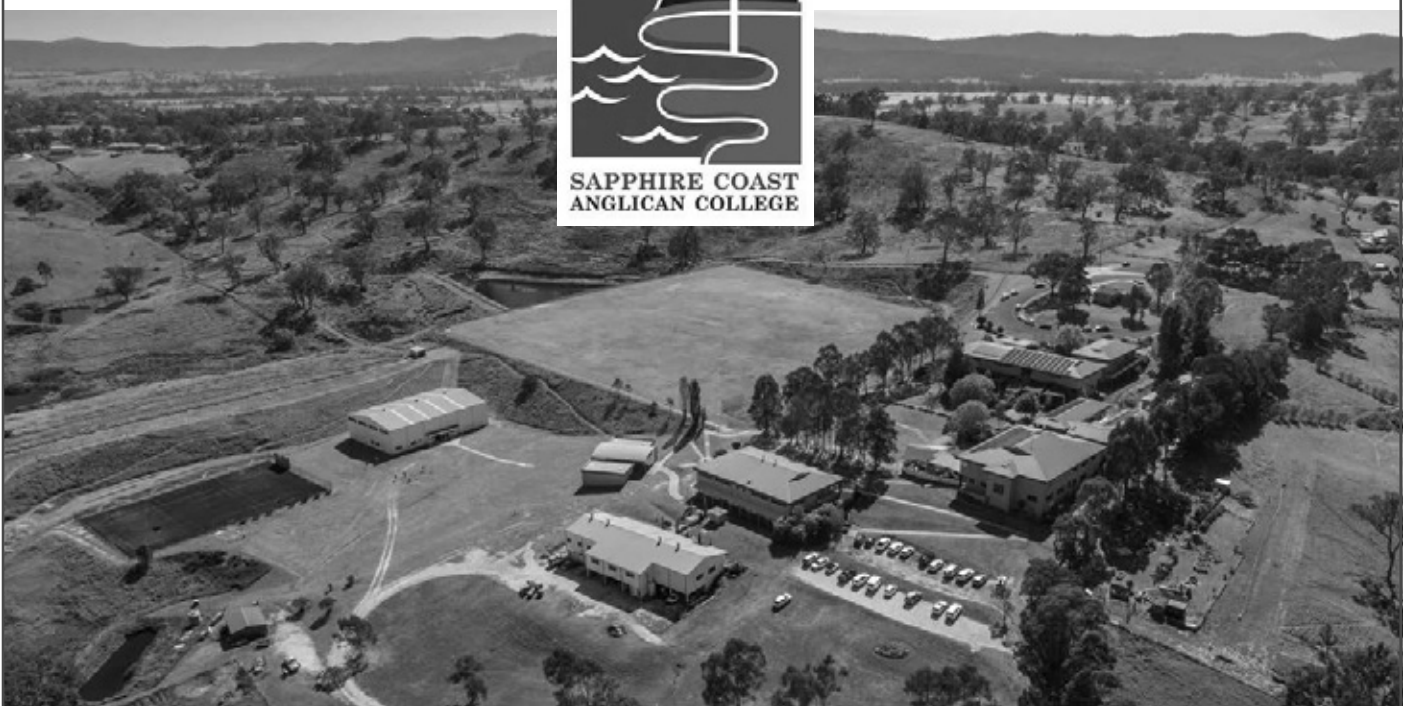
CWA celebrates spring at Mountain View Farm

All women are welcome to attend our meeting on Friday 13 September from 9.30 am at Mountain View Farm, 11 Mt Dromadery Trail, Tilba Tilba. This farm was the venue for the first Tilba CWA spring garden party fundraiser in the early 1900s. Members and guests will enjoy morning tea in the Old Dairy and have an opportunity to see the stunning everlasting daisies manager Kathryn Ratcliffe grows.

Annette Kennewell



Watching the *mumu* at the International Day



Year 7 Academic Scholarships FOR 2020

For our 25th anniversary of the college we are excited to provide a limited number of scholarships for students going into Year 7 in 2020.

Sapphire Coast Anglican College is committed to academic excellence and providing students with the opportunity to participate in our high standards of achievement. Students awarded this scholarship will receive a reduced tuition fee.

Academic Scholarship Process:

The academic services scholarship testing will be conducted on the 13th September 2019 at 8:45 for a 9am start. External students need to be registered to sit the test via our website with a subsidised fee of \$50. Please follow the link scac.nsw.edu.au and follow the links to scholarships. Current families do not need to register for the testing and are automatically included free of charge.

Once the assessment has been completed you will receive the results and students that have performed at a very high level may complete an application form to be considered for a scholarship in 2020. Short listed applications will then be interviewed and the successful recipients notified of the outcome.

2 Max Slater Drive, Bega ■ Phone: 02 6494 7777 ■ Web: www.scac.nsw.edu.au

August, well I guess it's probably time to have a whinge about the dry ... well it is, isn't it. A fine dust coats all things as the wild Westerlies and Southerlies whip up the dirt and drag it over us. Our lips crack in sympathy as we watch our green valley continue to brown off, patches of dirt showing now in places, the remnants of the grass, like ragged, aged lace, draped on the ground.

And here in Cobargo, like all true Murphy's Law subscribers, we're leaving our washing out way past dry, for days even, collecting dust and wattle pollen in the parched breeze. Daring those wispy, no good clouds to let out a drop or two. And I can only assume that the sprinklers I see on occasion, happily evaporating water into the midday sun, are of the same thinking. Yet it is all to no avail. Dams drop and drop. Carcasses of times past emerge from the mud as the water levels slide lower and reservoirs are reduced to muddy puddles. Ancient rusting and rotting things are beginning to show their ribs to the sky and mud-logged tyres lie like left over fruit loops, clinging to the side of the bowl. Snails hibernate and frogs pray silently from dark, cool places.

It's hard times out there; the skies are full of conflict, turf wars for power, and bird seed. The magpies and currawongs have formed an uneasy coalition and, in noisy, low-flying mobs, defend ground from a brigade of uppity, misplaced Indian mynas. Wattlebirds play the wild card and attack either side without warning. Everyone else is in hiding, apart from the ducks of course, who, oblivious, continue to shit on my back door step.

The other attack front is on the micro

scale, a billion-strong army march on leaf and bud, anything that still holds a drop of moisture. Painted in battle ship grey, the aphids, the only thing thriving in these conditions, liberally coat the remnants of my veggie garden in a thick, powdery, undulating mass. Kale wilts under the sap-sucking pressure of ravenous hordes of hungry aphid-children, 600 billion for every female ... And of course they are all females. A perfect matriarchy. And with no energy or time wasted on the messiness of courting and mating, the takeover is deadly efficient.

The human community here in Cobargo has been rather more peaceful, thankfully. While there is always a power struggle or two afoot in our often fractious little town, the overall vibe of the village this month has been tranquil. There is an air of connection and collaboration, generosity and openness about the place, floating on the dusty August gusts. The following examples all occurred on one fine sunny afternoon in our little township:

10 am: The Cobargo Creators Centre was transformed into an epic collaborative community quilt. The 8xEight exhibition, an awesome success, coated the walls with a decadent variety of tile-sized artworks. The sameness of size and space became a diving board for incredible diversity and creativity—penned and painted, felted and stitched, woven and collaged. An incredible display of 214 squares decked the walls. Well done everyone.

12 pm: In a spirit of generosity and gratitude, envelopes full of cash were handed back to the community as the Harringtons, overwhelmed by the generosity of this community shown at

their fundraiser last month, gave back to a range of local causes.

12.30 pm: Green thumbs and phytophiles gathered amongst the crime novels, and got down around the big table in the basement of Well Thumbed Books, talking garden dreams and eating from handmade coconut bowls. The energy was light yet determined, and with the first small steps made forward, a wild bramble patch at the centre of town will be gently led towards a more accessible, productive space, from its current state—stray cat hunting ground and buttercup swamp—and into the eager, cupped hands of this capable and committed community. Keep your ear to the dusty ground for news of working bees and get-togethers, and come along on 28 September to lend a hand and wag a tongue if you're so inclined.

If all these wonderful things can occur on just one day, I wonder what might happen this month. Let's continue to model good behaviour for our unfortunate feathered friends, and be kind and generous and open-minded with our neighbours. And maybe the gods, or whatever is up there, might be just as generous with us and share just a little moisture.

**Write what you
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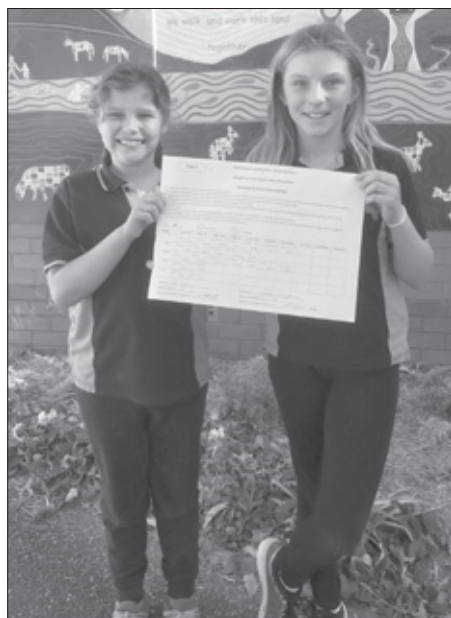
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Education Week at Cobargo Public School

The theme this year for Education Week was 'Every Student, Every Voice'. At Cobargo Public School we celebrated by holding our school final of the Premier's Spelling Bee Competition and visiting the South Coast Learning Community (SCLC) Art Show in Bega.

Congratulations to all students who entered themselves into the Spelling Bee. It was fantastic to see students display such willingness to challenge themselves and summon up the courage to present their spelling skills in front of an audience. These students battled it out by spelling a range of words from the official Premier's Spelling Bee list, until there were two winners from each stage. The Top 5 Spellers for Stage 2 were Arlo, Benji, Milla, Lila and Lucinda.



Spelling Bee Finalist Lila Herring and Lucinda Livingston

The Top 5 for Stage 3 were Colt, Jack G, Aiden, Nate and Willa.

Special congratulations to Stage 2 Winner, Lila, and Runner-Up, Lucinda, and Stage 3 Winner, Aiden, and Runner-Up, Jack G.

The winners and runners-up from each stage qualify to attend the Regional Final at Nimmitabel Public School on Thursday 12 September.

For the SCLC Art Show in Bega, everybody from Kindergarten to Year 6 boarded Mr Benny's bus for an adventure to the Bega Civic Centre to view the fantastic entries in the art exhibition. We used our art appreciation skills to enjoy the art submitted by students from all over the region, and took great delight when we spotted our own entries proudly on display! The effort and dedication to developing our ideas and designs in our extra art lessons last month with Miss Harding and Mrs Summers capped off an amazing learning



Spelling Bee finalists Aiden Douglass and Jack Grebert



SCLC Art Show prize recipients: Monet Wilms, Marley Grebert, Tea-Rose Dibden, Hazel Robinson, Brock Alison, Alexis Allen and Fletcher Robinson

journey.

Congratulations to: Henry, Brock, Fletcher - 'Sculpture of Peak Alone Mountain' 2nd Place Sculpture; Marley - Wood burning 'My Imagination' 1st Place, Etching; Monet - 'My Self Portrait' 2nd, Mixed Media; Tea-Rose - 'My Galaxy' - 3rd, Mixed Media; Oscar - 'Bass Guitar' - 1st, Recycled Media; Lila - 'Mosaic Bird' - 3rd, Recycled Media; Alexis - 'Flower Power' - 1st, Photography; Hazel - 'Flower Power' - 2nd, Photography; Alexis - 'Sunset Night Sky' 3rd, Photography; Alexis - 'Unicorn Pillow' - 2nd, Fibre Crafts.

The Premier's Spelling Bee Competition and the 2019 SCLC Art Show certainly highlighted the academic and creative talents of our students at Cobargo Public School.

*Sarah Harding,
Years 3/4 Classroom Teacher*

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Cobargo Conversations

Death Café Cobargo

You might think that getting together to drink tea, eat cake and talk about death could be a little strange, but at the Cobargo School of Arts Hall on 8 August, to celebrate National Dying to Know Day, that is exactly what about 30 Bega Valley residents chose to do.

People from all over the Valley came for this year's Death Café, to acknowledge and talk about the notorious elephant in the room.

With no set topics other than death, we split into four groups and traversed many aspects of death and dying. An all-round buzz of conversation with laughter and learning filled the room and before we knew it the cake was gone and our time was up.

To finish up, we came together as

one group, and moved into our hearts for a short process of pondering what would be important if we discovered we only had a short time to live.

Yes, it's a fact, we are all going to die, and talking about it will not make it happen any sooner. In fact I have discovered it's almost the polar opposite ... by talking about death with my loved ones and even complete strangers, and coming to terms with my own mortality, there is spaciousness and a fresh perspective, one that enriches my life by allowing me to focus on what truly matters with the time that I have.

A heart-felt thanks to the Bega Valley Home Hospice Group and all those that pitched in and helped out in many ways to make this year's Death Café a real success

... from the beautiful flowers adorning every table to the delicious treats and the wealth of knowledge shared, it was truly a great event! In particular thanks Josephine and Kate, who have been the engine behind running annual death cafés in the Bermagui area these past five years.

Anyone in the world is invited to host a Death Café. It's a worldwide movement, gaining momentum with every cuppa and conversation. You can check out the website for more info: deathcafe.com.

Keep an ear and eye out for a Death Café near you. In the meantime why not marvel at that elephant and try chatting about it with your family and friends? I promise you it's not as scary as it seems.

Robin Burbidge

Visit our Website www.thetriangle.org.au

Cobargo CWA News

The good news is that we are replacing the worn carpet at the CWA Cottage, something we have been anxious to do for a while as we want the Cottage to be a pleasant place for the community to use.

Unfortunately, laying the carpet means we have to clear out all the furniture for the day and then put it back. So we are calling on all our friends in the community who can spare an hour or so on Thursday 5 September between 5.30 and 7.00 pm and then again on Saturday morning. We have chairs, tables and a piano to be moved!

If you think you can help us out, please ring our President, Ann Holub, on 0451 825 726.

The first week in September is CWA Awareness Week. As we go to print, we're planning a morning tea on Saturday 30 August where we're inviting everyone to join us for a cuppa and scones—NO CHARGE! We simply want to have an opportunity to have a chat and enjoy the community and to say thank you to everyone for their ongoing support.

In our Cottage we have placed a container to collect bottle tops which we will take to the collection centre. All users of the Cottage are invited to make use of this. As you know, these are not recyclable in our bins but are being collected to make bespoke

prosthetics for children, using 3D printers.

Last month our members took part in the Far South Coast Group Music and Drama Day, which received an enthusiastic response from the audience. Well done all!

*Mary Williams,
Publicity Officer, Cobargo CWA*

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Cobargo Conversations

Increased risk of wildfires as 'the Dry' continues

The area is now seeing an increased risk of wildfires as this year's early spring season is following last year's, with exceptionally dry conditions prevailing, along with periods of strong gusty winds.

The Brigade has already attended a number of wildfires in the area, both grassfires and bushfires. All have been successfully controlled and extinguished without any significant losses.

Because of the elevated fire danger caused by the continuing dry conditions in the Far South Coast region, the official Fire Danger Period was bought forward to 1 August. As a result, property owners are advised that no burning off of any kind may now be conducted without a Fire Permit—contact Bega Fire Control on (02) 6494 7400.

The Cobargo Rural Fire Brigade was this month a most appreciative recipient of an unexpected donation by the Harrington

family. The gift of \$500 will be used to assist in the fit-out of the Brigade's new catering trailer. The trailer will be equipped with cooking and refrigeration facilities, and will be used to support fire crews involved in extended bushfire firefighting operations and training days, as well as for community engagement and fund-raising activities.

This project will involve a number of Brigade working bees and is being coordinated by our community Engagement officer, Dave Rugendyke.

The Brigade's 'Get Ready' event will be held in the Cobargo Co-op car park on Saturday 14 September from 8.30 am to 1.00 pm. Come along for free advice on property protection and bushfire survival, or just enjoy a fries' sausage sizzle. Lots of action for the kids, too!

John Walters



Cobargo Brigade's new trailer, ready for conversion to a mobile catering unit. Pictured are Captain Mark Ayliffe, Treasurer Lisa Ayliffe and Project Co-ordinator Dave Rugendyke.

September community doco

The next monthly community documentary screening, *Ranger to Ranger*, will be at 3.30 pm on Sunday 15 September in the Old Cobargo Butter Factory.

Around the world, a thin green line of men and women sacrifice their lives to protect the world's most vulnerable creatures and ecosystems.



Indigenous Australians share skills and stories with Kenya's Maasai rangers in this month's community documentary

Ranger to Ranger is a heart-warming documentary film that follows the epic journey of nine Indigenous Australian rangers, along with acclaimed Indigenous musician Dan Sultan, as they travel to Kenya, Africa, to share knowledge, culture and music with a group of Maasai Community Rangers.

Together with AFI Award-winning writer and filmmaker Rhys Graham of Daybreak Films, the Thin Green Line Foundation is proud to tell the often-untold experiences, stories and sacrifices of rangers worldwide.

Watch the trailer: go to Youtube and search for 'Ranger to Ranger'.

Coffee and tea provided—bring your own mug. To cover costs a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible!

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A day to celebrate sustainable living

Sustainable House Day (Sunday 15 September) is a great opportunity to visit some of Australia's leading green homes—ones that are environmentally friendly, cheaper to run and more comfortable to live in. Locally, the only home registered so far is ours—Fiona Kotvojs and Alan Burdon's home in Dignams Creek.

Our home is solar passive, and completely self-sufficient in terms of power (solar) and water supply (rain).

The internal temperature is maintained through a combination of building materials (straw bale and rammed earth), window design, sunroom, ventilation and a masonry heater—a traditional European wood heater that is more efficient and produces less emissions than other forms of wood heating available in Australia.

The straw-bale walls were all rendered, internally with clay and finished with clay paints, and externally with lime render and mineral paint. These have been very successful, with the internal surfaces breathing to give a comfortable atmosphere and balanced humidity.

Water is heated with an evacuated tube solar hot water system, and a backup wood-fired Rayburn stove (also used for cooking). With only a rainwater supply (almost 250,000L tank storage), water use has been designed to maximise efficiency. This is achieved with composting toilets, which use no water,



Fiona and Alan's house at Dignams Creek is self-sufficient in terms of power and water

and re-using greywater through the orchard.

Our home is in an area subject to ember attack. We have included a number of features to minimise the threat from fire. This includes designing the garden as an ember barrier.

If you are interested in finding out more about any of these features, register at www.sustainablehouseday.com or phone us on 6493 6080. Then head along on Sunday 15 September. Our home will open from 10 am to 4 pm. Entry is by donation for Cobargo RFS or Oxfam Australia. For other Sustainable House Day details and locations, visit www.sustainablehouseday.com.

Fiona Kotvojs

Preschoolers get their hands dirty

Here at Cobargo Preschool we have a fun and very muddy project happening. I'm from Mudmob Natural Building and I'm facilitating a mud cubby house build, with the help of the preschool kids.

Not only do the kids get to enjoy themselves stomping in the mud, they get to enjoy this earthen and whimsical cubby house for many years to come.

Earthen building is the most ancient form of building. It doesn't cost the earth, it's healthy to live and play in and is extremely long-lasting if built correctly.

Nature play is an intrinsic part of the learning program at Cobargo Preschool. The children play, explore and learn in the beautiful yard every day.

Cobargo Preschool is open Tuesday, Wednesday and Thursday for children 3-5 years. There is a playgroup on Thursday mornings from 9.00 to 10.30 for children and their families before they start preschool. Call 6493 6660 or 0455 043 489 for more information.

Kate Ogden



Cobargo Preschool kids enjoying a very muddy project

Harringtons give back

In July there was a fundraiser at the Hall to support Lisa Harrington in her battle with breast cancer. Lisa and Anthony were so overwhelmed with the generosity of the community they have decided to give some of the money raised back to Cobargo: the Skate Club, the RFS, CRABS and the family of little Edie, who is undergoing treatment for leukaemia in Sydney.

The Skate Park will use their money towards building a multipurpose basketball/netball court and the Fire Brigade will put theirs towards the fit-out of the Brigade's recently acquired catering trailer. The new catering trailer will be equipped with cooking and refrigeration facilities, and will be used to support fire crews on extended operations as well as for community engagement and fund raising



Grahame Struthers (CRABS), Anthony Harrington, Lisa Harrington; Tania Lingard (Skate Park); Rebecca Blunden with Mika and Ara (representing Edie's family); Dave Rugendyke, Mark Ayliffe and John Walters (RFS).

activities.

Heartfelt thanks to Lisa and Anthony for their generosity.

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We all look forward to our holiday breaks, especially when they include visits to grandchildren only seen once a year, but ... gee, it's good to be home again! Driving across Wallaga Lake Bridge, seeing the Lake, hearing the ocean, coming home after a long break is one of those special moments. Big thank you to Ann Maree for keeping Bermagui Banter up and running while I have been away.

Over the last couple of months, I've been kind of astounded and amused over all the hype around those little plastic toys from Woolworths and Coles. Ooshies (the Woolies ones) seem to be the latest craze and the internet is swamped with calls for swaps. I know people like to collect things, but it makes me wonder where all these plastic things will end up—probably in landfill! I read something disturbing recently that says that every piece of plastic that has ever been manufactured is still in existence somewhere.

My thoughts go back to my childhood in the 1950s, when my favourite toy was a plastic stage coach with four horses. I loved that toy. But now I shudder to think that it is still lurking somewhere, probably buried under tons of other rubbish. I just hope our community members think carefully before accepting any more plastic into our environment. After all, those big companies aren't doing it to please little kids with shiny toys ... they are doing it solely for more profit.

New face at the Visitor Information Centre

Visitors to the Bermagui Visitor Information Centre were recently greeted by a new member of the team. Manager Christine Bimson said that this very big teddy bear was found in the middle of Tathra-Bermagui road. She went on to say that he was not very forthcoming with information and seemed happy to remain settled on the photocopier at the Centre. Volunteers named him Big Ben the Bear and dressed him appropriately for his new role to meet and greet the tourists. But a happy ending has seen Big Ben the Bear go to a very special little girl in Bermagui who will love him to bits.

Reboot in Bermagui

Spring is in the air, but still those cold winds are blowing their icy breath from the high country. But, never fear ... Bermagui is about to be Rebooted back into life after the winter hibernation.

Reboot will once again reactivate



Big Ben the Bear finally found a home.

Bermagui with a packed program of events. Held over the long weekend of 5 and 6 October, Reboot is organised by the Bermagui Chamber of Commerce and Tourism.

While the Fun Runs and Ocean Point to Point Swim are a feature, along with the much anticipated Tug-O-War, so many other events focussing on health and well-being are featured as well.

A comprehensive website www.rebootinbermagui.com.au is the place to see the full program and details of how to participate. Or pick up a copy of the program at the Bermagui Visitor Information Centre.

CRABS Rubber Duckie Race

In conjunction with Reboot, CRABs (Cancer Research Advocate Bikers) are once again holding the annual Rubber Duckie Race on Bermagui River on 6 October. Sponsorship of your favourite duck can be made at the Bermagui Fresh Food Emporium (other venues to be announced). Check out the CRABs Facebook page for more information.

Fairhaven Garage Sales

Keep in mind Sunday 6 October if you love wandering around garage sales.

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The annual Fairhaven Garage Sales are on again, with multiple houses involved as well as a fund-raising sausage sizzle and kids' jumping castle. This year's charity will be Bega Valley Can Assist. Keep an eye out for posters closer to the date.

Praise for Marine Rescue and the Surf Life Saving Club

Volunteers from Bermagui Marine Rescue and Bermagui Surf Life Saving Club were involved in an extensive sea and land search last month after a swimmer was reported missing from Gillards Beach.

Marine Rescue craft BG30 spent several days searching the area with no success, while SLSC members were involved in searching closer to shore with smaller craft. The search was called off after a couple of days when it was discovered the report was a hoax, and the matter is now under police investigation.

While frustrating for those who willingly gave up their time, many positives were gained from this exercise. The search provided a training opportunity for search and rescue, and for working collaboratively with other emergency services. All those involved demonstrated a high level of professionalism and capability in the tasks they were performing.

Well done, once again, to all those who volunteer in our local emergency services. It was a job well done and once again reinforces how lucky this community is to have so many people willing to give up their time freely in the pursuit of saving the lives of others.



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Bermagui Banter

It's happening—an all-inclusive playspace for Bermagui

Bega Valley Shire Council has chosen Apex Park, adjacent to 'Saltwater', as the site for the new, all-inclusive playspace.

Council's online poll received several hundred votes and many written submissions. There were strong opinions for the two sites (Apex and Dickinson parks) nominated by Council, as well as support for locating the playspace in conjunction with the existing skate park precinct. The poll showed that the clear majority of responders preferred the Dickinson Park site. There was also strong community support for locating the playspace near the skate park, although this option wasn't offered. Following on from this vote, Council nominated Apex Park as the selected site.

The Council has received government funding for the project and is providing some additional funding. This investment for Bermagui is long overdue and is good news for the community.

Council has formed a Community Advisory Group (CAG) which includes

Council staff, community members and a landscape designer. The CAG will work towards an innovative playspace and will draw on current research and examples of recent playgrounds to maximise the opportunities and create a playspace that enhances its natural surroundings and prominent site. We expect it to be welcoming and respectful to topography, all abilities, culture and history.

The CAG aims to have a public exhibition/community consultation process in place by this month. The community will be able to review the concept designs and provide input. Detailed design should be completed by late November and construction will start in the new year.

The Bermagui Community Forum is a volunteer group which aims to represent the consensus views of residents and community groups to Council, other levels of government or non-government bodies. We can be contacted via Facebook or at bermaguiforum@gmail.com.

Debra Cushion

Seeking new social tennis players

The Tennis Club at Bermagui Country Club is looking for new players to join its social tennis groups.

There are a number of social sessions each week. Ladies play on Mondays, Wednesdays and Thursdays from 8.30 to 10.30 am, mixed on Wednesdays 2.00 to 4.00 pm and Friday 9.00 to 11.00 am.

Don't hesitate! Players of all degrees of ability and enthusiasm will be sure of a warm welcome. Balls are provided—simply bring yourself and your racquet and turn up at the courts when a social group is in session. The courts are located towards the rear of the club building where plenty of parking is available.

The courts are available for hire for non-members at other times—ask at the pro-shop on 6493 4657. You do not have to be a member of the Country Club to play on the courts, and you do not have to join the organised social groups. The courts have lights, so playing at night is also an option. Any questions, please call 0402 578 103.

Come on board Marine Rescue Bermagui!

If you've always wanted to learn more about Marine Rescue, your local Bermagui Unit is hosting an Open Day on Sunday 6 October. There are loads of interesting activities and everyone is welcome!

Based in the Bermagui Fishermen's Wharf, overlooking the beautiful Bermagui Harbour, Marine Rescue Bermagui is a non-profit organisation, committed to saving lives on the water.

Our volunteers are recognised for their marine skill, experience and commitment to training and community. This team of boating safety advocates works together, both on and off the water, to provide boaters with assistance, advice and vital rescue services to help them stay safe on the water.

Our rescue vessel crew regularly train to respond to emergencies and other incidents. A day's duties might include a Search and Rescue mission for people overboard, towing a disabled vessel back to the harbour or providing support to other emergency response providers. Our crews also supply operational support for major activities such as Reboot Bermagui, helping keep everyone safe to enjoy the event.

Our radio operators monitor the airwaves around-the-clock for boaters in need of rescue or less urgent assistance. They're a source of local knowledge and advice on local waterways and conditions, can advise weather updates and help boaters check their marine radios are in good operating order. Our radio safety net includes the State's only Log On and Log Off service for recreational boaters.

Our volunteers provide radio coverage from 0700hrs to 1700hrs, 365 days of the year. After hours we provide 24-hour phone contact and our boat crew are available 24/7 for call outs.

They can enrol in a range of training courses that expand their skills and knowledge and help them take on new and challenging roles in their unit, including radio operation, navigation, seamanship, meteorology and first aid.

We look forward to welcoming you aboard! Marine Rescue Bermagui—saving lives on the water!

Olivia Ford



MARINE REScue BERMAGUI
RADIO ROOM OPEN DAY
Sunday 6th October, between 11am - 3pm
Bermagui Fishermans Wharf **VMR289**

- BBQ
- Raffle
- Rescue Vessel Tour
- Base Tour
- Jet Ski demo
- Promotional Trailer
- Kids Activities



Bermagui Banter

Council works to improve Bermagui footpath and on-road cycleway

Council will be undertaking works projects along a section of Lamont Street (between Carnago Street and Posidonia Esplanade) in Bermagui over the coming weeks to improve pedestrian and cycle access, upgrade road drainage and carry out line-marking and repairs to the roadway.

The Bermagui community has been actively working with Council to improve the shared pathway network around Bermagui. Part of this work will provide a direct link between Dickinson Park and Apex Park, where Council plans to build a new inclusive play space.

Bega Valley Shire Council's Strategy

and Asset Services Manager, Jason Deller, said these projects represent an important next step in Council's *Connected Communities* strategy.

'Projects like this make a place more liveable, and the ability to get around town safely and easily on foot or on a bike also makes for a healthier, happier community,' Jason said

'As we expand the pathway network, our aim is to connect more of the town's recreational facilities to the CBD and foreshore areas. Lamont Street forms part of the regional road network and, being quite a busy road, it requires safer mixed-

use alternatives for all road users.

'The construction of a new 1.8-metre-wide footpath along the northern side of Lamont Street from Apex Park to Posidonia Esplanade will complement the on-road cycleway and parking spaces to be marked out along the same stretch of road. And the new kerb and guttering being installed from Tuross Street to Carnago Street will enhance the appearance and improve drainage,' Jason said.

Council will be undertaking these separate projects in the most efficient way possible to minimise disruption to both vehicle traffic and pedestrians.



A section of Lamont Street in Bermagui will be the focus of a number of projects over the next few weeks.

U3A update

We are part way through another term and once again an amazing variety of courses are on offer. If you are new to the area or newly retired, then come along!

Travel the easy way. Sit back and relax and listen to our travel talks and tips—so much more affordable and comfortable. We didn't even feel the cold when we went to Antarctica!

How about words? If you love language then Linguistics is the course for you. Who knew that the ugliest sounding word in the English language, *pulchritude*, means great beauty?!

We have two Poetry groups this term and some amazing Indigenous poets have been introduced. Want to write your life story or anecdotes from your life for the grandchildren? We have a course for that too.

Are you bibulous—fond of an alcoholic drink or two? The wine appreciation course is the one for you.

Our Community Engagement Group has been learning about Indigenous issues and recently enjoyed a wonderful NAIDOC afternoon at Tilba.

Achieve balance and harmony through Tai Chi, nail the Art of Kissing Kitty and play Petanque (once played by royalty and definitely not just a game of marbles).

We've had fascinating talks on the Middle East, China, British East India Company, Notre Dame, the Pilbara, the Great Dying, the Rise and Fall of Dinosaurs, US Foreign Policy, George Orwell and his Politics, and of course Donald Trump. We've even had a visit from a young Hazara refugee who came up from Melbourne and gave a very moving talk.

Over the years many luncheons have been held with a Local Treasure and our Term 4 Treasure is no exception. He is indeed a most fascinating man.

These are just a smattering of what happens at U3A so don't sit at home feeling lonely or shy. Come along and stimulate the brain, make new friends and have fun. We'd love to meet you. Visit our website: www.bermagui.u3anet.org.au.

How did I ever find time to work and raise three children?

Jillian Taylor

ACT women's cricket team in town

The Far South Coast Cricket Association, together with Cricket ACT, is organising a tour to the Sapphire Coast by the Adobe ACT Meteors women's cricket team. The ACT Meteors compete in the Women's National Cricket League.

On Saturday 7 September from 10 am the Meteors will play a practice match against a combined boys and girls South Coast team at George Griffin Oval, Bega.

Later that day the Far South Coast Cricket Association will officially welcome the Meteors in a function at the Bermagui Beach Hotel from 6.30 pm. There will be a 'get to know the players' session with several players participating in a Q&A session.

Tickets for this event are available online through the FSCCA Facebook page or at IGA Narooma and Bermagui Cellars.

On Sunday 8 September there will be a training session open to the public at Kyla Park, Tuross Head, followed by a BBQ.

For information call Michael Trenerry on 0411 395 752, or Dave Allen on 0498 690 848.

Horizon Credit Union changes trading name



Bermagui Team: Julie Kelly (Branch Manager), Jo, Jo & Natalie

Illawarra and NSW South Coast-based Horizon Credit Union has announced a change of trading name to Horizon Bank. It takes effect on 2 September.

Mark Crowther, Chair of Horizon, said the name change decision was not taken lightly. 'Regrettably, many people don't know what a credit union is, who can join and what they do. Changing our trading name to Horizon Bank changes that instantly and opens us up to a new market.'

'When our customers call us, they won't ever be talking to a call centre overseas. They'll be talking to people in their own branch or at head office,' said Jon Stanfield, CEO. 'There's a real need for people to do their banking with a place that acts honestly, ethically and in their best interests. Horizon Credit Union has been doing that for 55 years and, as Horizon Bank, it will continue to do so.'

Horizon is also known for its support of community events and causes. Its program of delivering financial education via a theatre performance format has reached 17,500 primary school children along the South Coast over the past five years.

'We understand the need to offer the latest in banking technology such as SMS alerts, a mobile banking app, real time payments, partnering with Apple Pay, Google PayTM and Samsung Pay digital wallets. The convenience of technology, amazing service and competitive rates makes a winning combination. These services along with the personal care of being customer-owned is a sensational package and one that's appealing to new, socially aware customers' declared Mr Stanfield.

For further information please contact:

Kim Morris, Marketing Manager

Email: kimmorris@horizon.org.au Ph: (02) 4224 7712

An advertisement for COBARGO VETERINARY SERVICES. On the left, there are three circular logos containing silhouettes of a dog, a horse, and a cat. To the right of these logos, the text 'COBARGO' is written in large, bold, sans-serif capital letters, followed by 'VETERINARY SERVICES' in a slightly smaller, bold, sans-serif font. Below this, 'DR BEN TETT' is written in a smaller, regular font. At the bottom left, the phone number '0448634465' is displayed in large, bold, sans-serif digits. At the bottom center, the tagline 'Affordable, dedicated and personalised professional care' is written in a smaller, italicized font. On the right side of the advertisement, there is a black and white photograph of a man, Dr. Ben Tett, kneeling in a grassy field and holding a small dog. He is wearing a dark jacket and light-colored trousers.

The plot thickens (even more)

There's been a lot happening lately on the Bermagui historical front.

On 20 July we had a well-supported 'Show and Tell' event at the CWA Hall. With the help of volunteers and visitors we saw and heard about some amazing and mysterious artefacts, documents and inventions, from christening gowns to acetylene lamps, from left-handed sleeper cutting axes to Pearl Corkhill's fob watch and the family history of McIntosh's store.

The following week Eden Killer Whale Museum hosted the quarterly gathering of the South-East History Group (not to be confused with Peter Lacey's South Coast History Society). It was a great way to compare notes with other museums and societies. Those represented included Bermagui and Bega Genealogy, Montreal Goldfields, Bombala, Cobargo, Bermagui, Merimbula, Bega and Eden Killer Whale museums.

We were beautifully catered for and

given a guided tour of the new cruise ship wharf by the cruise development manager Natalie Godward. The \$44 million project was completed last month, and is ready to host 20 ships in the coming season.

Bermagui Mystery ... still unsolved

Narooma and Bermagui historical societies and the Montreal Goldfield Management Committee will again revisit the greatest unsolved mystery of the South Coast this month. Five men disappeared in October 1880, including Government Geological Surveyor Lamont Young, who had arrived in Bermagui to survey the new Montreal goldfields. Their bodies were never found, only their boat near Mystery Bay. It became the 'Bermagui Mystery'.

Everyone is welcome. We will meet at 10 am on Sunday 15 September on Bermagui Headland. A car is essential (pooling can be arranged) as we will make several stops before ending up at Mystery

Bay for lunch. Please bring your own lunch and we suggest a portable chair/stool. Please ring Laurelle (4476 1582), Judi (0429 068 355) or Dave (6493 5014) for more information.

Laurel Pacey of Narooma Historical Society, Judi Hearn of Montreal Goldfields, and Dave Cotton from the Bermagui Society have all done masses of work, research and recording on the subject. It is a fascinating enigma and we will probably never find the truth, but it is out there somewhere.

We will be armed with maps, photos, and documents (our archive holds over 300 on the subject from both Police and Mines departments alone).

Last time around, we had the grandson of Lamont Young visit from New Zealand, the family still seeking the truth after more than 130 years.

We hope to see you on the 15th. Bring a friend!

Dave Cotton (BHS)



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Ukulele 'Hootenanny' – strumming for charity

Camel Rock Brewery will rock to the sounds of ukulele on Saturday 5 October. Hosted by the Wallaga Lake Holiday Park and Camel Rock Brewery, the Ukulele Hootenanny will be a fundraiser for Bega Valley Can Assist—where every dollar raised remains local.

Bermagui's own 'Ukalips' will feature, along with other ukulele groups from within the local area.

There will be two big shows, the first from 1.00 pm to 3.30 pm and a later show from 6.30 pm onwards. Fundraising will be through a huge raffle, with holiday accommodation, vouchers and other great prizes up for grabs. Cash donations will also be accepted on the day.

The ukulele is having a huge resurgence worldwide, with groups, festivals and workshops popping up in communities across the country. Our own area has not escaped ukulele mania, with groups forming up and down the Sapphire Coast. It has been

scientifically proven that singing within a group is good for the mental health and well-being of the individual, and playing the ukulele is an activity that anyone can learn. Bermagui Ukalips, whose numbers have swelled to 25, have been playing together for about 13 months now. The Ukalips get together every Thursday night at 6.00 pm at the Country Club, and visiting ukulele players are always welcome.

Save the date and come along to the Ukulele Hootenanny at Camel Rock Brewery on Saturday 5 October, you can sing along to all the songs you love from the 60s, 70 and 80s, with a few old classics thrown in as well.

If you're interested in learning the ukulele, have a chat to any of the members of the Ukalips to find out more about this great little instrument or give Lori Hammerton a call on 6493 5909.

Carolyn Banados



Bermagui Ukalips celebrating friendships, laughter, fun and a love for music

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The Crossing turns 21

For the past 21 years the Crossing, situated just outside Bermagui, has touched the lives of thousands of people. It is an educational centre where young people and the general community can learn, connect and take positive actions to protect the environment and live a more sustainable life.

At the helm for the whole 21 years have been Annette and Dean Turner, the founders of the Crossing. They have been providing 'outstanding leadership and commitment to educating young people and the community' (Far South Coast Landcare Association Award) through leadership courses, workshops, and by example.

One person who recognised the Crossing as playing a significant part in his life is Sam Hodder. Sam has been involved with the Crossing since 2009 when he was a Year 9 Bega High School student. Formal schooling was not the best learning style



Sam Hodder discovered his own strengths and passions at the Crossing in Year Nine



The Crossing celebrated 21 years of learning, connecting and taking action

for Sam, so when he had the opportunity to do one day a week of his education at the Crossing in combination with TAFE and high school, it all fell into place.

Sam did everything—monitoring the environment, koala surveys, learning about sustainable design, helping with programs and workshops, learning landcare techniques, teaching visitors the ropes, hiking, biking, canoeing, organic gardening, sustainable farming, permaculture and passing on the philosophies of the Crossing about protecting the land and living sustainably.

He managed to complete his HSC as well as a Certificate 3 and 4 in Conservation and Land Management. The Crossing allowed him to develop and discover his own strengths and passions. It set him on the path of his own life as a respected trainer in Outward Bound, Australia.

'I learnt so much from Dean and Annette and the Crossing ... and I'm still learning,' he said. 'The Crossing is about

embracing the big picture. It's about discovering and learning for yourself, about learning experientially but with a connection to the land.'

So what's in store for the Crossing for the next 21 years? The plan is to continue to inspire the next generation of leaders in landcare and sustainable design. Through the development of new and diverse programs it will strive to raise environmental awareness and rightfully become renowned for the essential work it does.

Debbie Worgan

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Art in the Triangle

Local author releases debut novel



An Island in the Lake by Bruce Nash: A love story about words, landscape and various kinds of madness

Beauty Point author Bruce Nash has released his debut novel, *An Island in the Lake*.

Described as a comic literary thriller, the book is set locally and centres on the magnificent landscape of Wallaga Lake.

The story deals with an ex-teacher and his ex-publisher wife, whose blissful retirement is threatened by sinister goings-on at an exclusive Sydney private school and by the machinations of a celebrity billionaire and a powerful mining corporation.

Bruce Nash has lived in the area for eight years after teaching English in secondary schools throughout Queensland for three decades.

Bruce says the novel is 'really a love story about words, landscape and various kinds of modern madness.' He says readers can expect an entertaining tale about some serious business, including the absurdities of the education industry and standardised testing, the abiding power and beauty of the landscape, narcissistic public figures and media manipulations, great literature in a post-truth world, and growing your own vegetables.

An Island in the Lake will be launched at Well Thumbed Books in Cobargo on Saturday 14 September at 10.30 am, and at Bermagui Library on Friday 20 September at 10.00 am. All welcome.

An Island in the Lake is published by Australian Scholarly Publishing/Arcadia.

Get involved in the 2019 Fibre Fest!

The 2019 Fibre Fest will be held at the Narooma School of Arts Precinct from 4 to 9 October 2019. We welcome everyone to get involved in these six days of fibrous colour, fun and friendship. There is something for everyone, no matter your skill level. The program includes a Fine Fibre exhibition; masterclasses in traditional basket weaving, loom weaving and indigo dyeing; drop-in fibre craft workshops including crochet and felting; a marketplace of handmade unique crafts for sale; and a very special fibre-related film screening which will warm your heart.

All fibre and textile artists are invited to enter up to two pieces to the Fine Fibre Exhibition and/or up to ten pieces for sale in the Market Place. Entries are due in late September. Entry forms are available at www.naroomaartscentre.com.au—click on School of Arts' Studios in the menu.

You can make your Masterclass bookings and purchase your film tickets there, or go to our Facebook page (Narooma School of Arts) or call 0400 442 945. Places are limited, so please book in early.

Volunteers to help out across the six days are also welcome ... and all the jobs are fun!

There will be a Fibre Fest Working Bee on Saturday 31 August, 10 am – 3 pm, at the Narooma School of Arts Studios (behind the Kinema). All are welcome to come and help with yarn-bombing installations and other fun fibrous preparations ... or please just drop in to find out what it's all about.

Marg Hansen

Calling all local rare trades artisans

We ran the South Coast Knife Show in Tilba for five years and last year expanded it to the South Coast Knife Show and Metal Arts Expo in Cobargo. We've had requests from other local non-metal artisans, so this year we decided to expand yet again. Our local area is full of artisans with lost/rare trades, so we are seeking stall bookings from local artisans—knife makers, woodworkers, metal workers/blacksmiths, casters, weavers, spinners, glass blowers, spoonsmiths, leather workers, potters etc.

The Show will be held on 6 October, the Sunday of the October long weekend, in the Cobargo School of Arts Hall. Spaces will be \$20 to cover hall hire and advertising, and all profits including door donations will go to Cobargo Scouts. Inside and outside spaces will be available and we want as many demonstrations as possible. This is not a market as such, even though of course you can sell your creations, but more of a showcase of all these wonderful talents in our community.

The hope is that the event will grow and become a drawcard for Cobargo, so please get behind this and support us!

Please email us for bookings and more info: mothermountainforge@gmail.com. Follow the Facebook page for updates—South Coast Knife Show.

Sarah Hamilton

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'Tree Change' comes to the Lazy Lizard

'We make things from trees,' explain skilled woodworkers, Doug Rosemond and Mark Lenny, whose stunning wood creations will be on display in the Side Room during September.

'After retiring from a career in engineering and, later on, sport science,' says Doug Rosemond, 'I completed a year-long Fine Woodworking Cert IV at Sturt Wood School in Mittagong. Since then I've made various pieces including a few weaving looms, chairs and desks, mainly for home use, although I've made the odd few commissions.

'For this exhibition, the main items I will present are a bookcase/partition made from locally sourced Southern Mahogany and Jarrah, a bar stool using laminations of Blackwood, and something I made late last year—a side table from American Ash and American Walnut.'

'I'm a designer/maker using wood to create sculptural furniture and other objects,' says Mark Lenny. 'Many of my pieces are made with a system of multiple-angled, sliding dovetail joints. This has evolved over time and gives my work a unique aesthetic. I particularly use this for

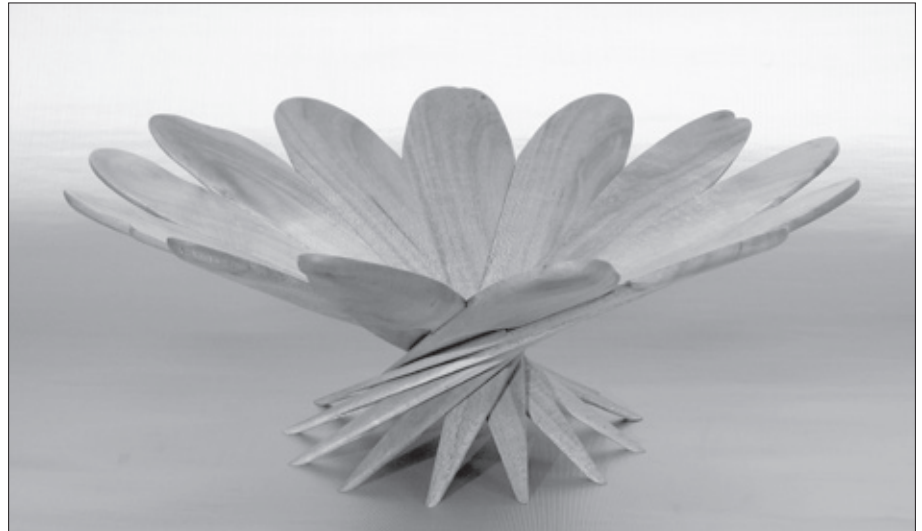
sculptural bowl forms and small tables, and there are examples of these in this exhibition.

'I also migrated from a career as an engineer in the corporate world after completing the fine woodworking course at Sturt, the same one as Doug, though I did mine some years earlier. In the intervening years, my partner Didi and I have grown a commercial crop of garlic. But there

was always some designing and making with wood, for galleries, home and some commissions. Lately we have stopped growing garlic, with more time to focus on woodworking.'

There will be an exhibition opening and a chance to meet these talented woodworkers from 11 am on Saturday 7 September.

Naomi Lewis



Tridecapod in Silky Oak by Mark Lenny



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Spring into Small Sculpture Creation

The Cobargo Creators' 8X8 Square Exhibition was anything but square—it was contemporary diverse edgy wicked and fun. Give the people a boundary to explore and they will not disappoint. This format proved wildly open to imaginative interpretation that brushed hammered screwed dotted dashed stitched glued twisted plaited folded rolled padded licked layered penciled penned, painted splashed sloshed cut moulded embellished and tick tocked. The winners of this event were the community, who have been inspired and enriched by the creative capacity within our neighbours and friends. Many thanks to all who entered, all who wandered in and had a looksee and all those make it happen behind the scenes people.

And so the wheel has turned, spring has sprung lifting our hearts and busying our hands, sparking our desire to plant the seeds of food and beauty. In the spirit of this, Virginia Casey is teaching a workshop in ...

... Small Sculpture Creation:

Saturday 28 September 10 am - 4 pm

Virginia will lead you through the process of sculpting using a clay-like substance called paltiya. This is an

opportunity to create a small sculpture for inside or out that can be modified or added to once it is cured. Bring along your curiosity, imagination, sense of play and a sketch design or photo of something you might like to try. 'The creation of sculptures big and small is within the capacity of all people. Creation develops a deeper connection to one's centre and sense of peace, tranquility and fun,' says Virginia. The cost is \$90 plus a materials cost of \$20. All further information/details are available by contacting artsincobargo@gmail.com.

Sandra Taylor



Shemana the dragon by Virginia Casey

Quaama/Cobargo Quilters' Friendship Day

Quaama/Cobargo Quilters are holding a Friendship Day on Monday, 21 October 2019 from 10 am to 3 pm at the School of Arts Hall, Bermagui Road, Cobargo.

We would like you to join us for morning tea and lunch. There will be a raffle, lucky door prizes and trading tables by Freddie's Fabrics, Stitch Connection, and Bilija Designs.

Entry is by gold coin donation. Please bring a small plate of refreshments to share for morning tea, and an article for Show and Share. Contact Beth Dogan on 0428 696 623 or Leanne Tett on 0408 627 103.

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J.S.Bach: Sonata no.3 in E-Major BWV 1016

Sally Beamish (arr. Crabb): Lament from Seavaigiers (2011)
Variations on 2 Trad. Scottish/Border Folk Melodies
by Matt Seattle (arr. Crabb)

C.Gardel/J.Williams: Tango 'Por una Cabeza'

Stravinsky: Divertimento from Fairy's Kiss

Astor Piazzolla (arr. Crabb): Libertango, Oblivion, Escualo

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Four Winds Concerts is assisted by the Australian Government through the Australia Council, its arts funding and advisory body. Four Winds Concerts is supported by the NSW Government through Create NSW.



Zephyrs presents 'Women do Jazz': Sandy Evans and Andrea Keller

Next month the annual Zephyrs Jazz concert presents two outstanding musicians, saxophonist Sandy Evans and pianist Andrea Keller.

Amongst Australia's finest jazz artists, Sandy Evans from Sydney and Melbourne-based Andrea Keller have achieved national and international recognition for their excellence as performers, composers and leaders. They are important tertiary educators, pioneering women in jazz and mentors for younger female jazz musicians.

Sandy has been described as 'one of

the best contemporary jazz composers/musicians anywhere'. She is a foundational figure in Australian jazz, leading a number of ground-breaking bands since the early 1980s and for many years exploring Indian classical music from her jazz perspective.

Andrea has established and composed for a diverse range of influential ensembles, drawing on a deep love for, and knowledge of, classical music. Her jazz is 'a powerful blend of European lyricism with space and improvisation'.

Sandy will perform with her Trio and Indian tabla virtuoso Bobby Singh. Andrea

will perform with her Trio. They will also play together as a duo. Sandy and Andrea are admirers of each other's music and, while playing very different styles of jazz, they complement each other as composers and performers.

Again Zephyrs, in partnership with Four Winds, brings the highest quality of jazz musicianship to the Far South Coast, so come and celebrate with us women and jazz.

Windsong Pavilion, Sunday 20 October, 2-5 pm. Tickets \$55 at www.zephyrjazz.com.au.



Sandy Evans: '... one of the best contemporary jazz composers/musicians anywhere.'
(US jazz magazine Allaboutjazz.com)



Andrea Keller: '... totally original music ... no one else composes anything like this.'
(UK jazz publication Jazzwisemagazine.com)

Celebrate spring with a line of poetry

The Well Thumbed Poets invite *Triangle* readers to submit a line of poetry on your experience of living on the Far South Coast in spring.

This is the second of four seasonal poetry challenges: our aim is to create a communal poem sequence on the four seasons.

Your line can have up to five stressed syllables, and as many unstressed syllables as you like. In the following example, the syllables commonly stressed in speaking the words are in bold: 'Season of **mists** and **mellow** **fruitfulness**'.

Your line can be whatever you like, as long as it's about some aspect of life here in spring. It can be a profound observation, a snapshot of a scene or experience, an observed detail, a quote from something you've read or heard.

The Well Thumbed Poets will assemble the submitted lines into a collective poem, which we hope eventually to publish in *The Triangle*.

We look forward to reading your lines: send them to me, Kai Jensen at kaijensen@gmail.com. The deadline for spring submissions is 30 November.

Kai Jensen

Open Studio – Pottery Sale

240 Tyrrells Road, Cobargo Sat 5 October, 10 am – 4 pm

Bandicoot Pottery is a wood-fired specialist workshop on the edge of Cobargo. Daniel Lafferty specialises in locally made clay and fires his kilns on black wattle wood for 100-hour firings which creates a unique personal glaze on his pottery.

This is your chance to visit the pottery studio, buy unique local wares and meet the potter. Please support local pottery and help to make Australian ceramics flourish.

DRINKING WATER



Drinking water household deliveries

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Contact Mark

0408 167 172

Spring has sprung!

Spring has arrived and with it the start of the gardening year. New growth appears on deciduous plants, perennials wake after their enforced winter hibernation and bulbs pop up everywhere as new life begins.

This month commences with many tasks in the garden including the preparation and planting of the spring vegetable garden, planting of flowering annuals and the completion of late winter and early spring chores before too much new growth appears on plants.

Pruning of deciduous fruit trees and roses should be well completed. Winter spraying must have been done—in fact it is now too late to do this. Please remember that if your fruit trees have broken bud and are flowering it is too late to use the stronger winter sprays as blossoms can burn. Blossom burn in turn leads to poor or no fruit development.

New growth on roses and fruit trees is a delicious target for aphids so keep an eye out for them. Spray with an organic insecticide. There are many new forms available in garden centres and these should be used instead of the harsher



chemicals that can cause danger to bees.

The vegetable garden should be getting the finishing touches prior to planting. Initially, dig the garden over to spade depth and apply a spreading of lime (500g per square metre) all over. Add some well-rotted cow or poultry manure and fork it in. Leave this to settle for a week and then get on with planting as the soils are now warm enough for new seedlings.

If all this preparation sounds too much, remember that a fast growing vegetable is a delicious vegetable. Plants that grow slowly are usually bitter and poor performers with small fruit or reduced crops.

When growing vegetables it is important to practice crop rotation. I mean, don't plant the vegetable in the same position as last season. This applies particularly to tomatoes and potatoes as these two groups of plants are in the same family and any pest or disease lying dormant in the soil could cause problems with the new crop this season.

One major factor is to only grow as many vegetables as your family requires. It's best to avoid growing crops where the bulk of the harvest comes all at once, unless you can put the extras in the freezer for the out of season periods.

Another trick is to go for quick turnover vegetables that can be picked and replaced regularly like lettuce, Asian greens, beans and spring onions.

Plant taller vegetables like corn and tomatoes on the side of the garden that is less likely to shade the rest of the garden.

For more permanent kitchen crops like herbs it is important to remember that there are three main categories of herbs. There are moisture lovers like mints and coriander, the dry garden herbs like parsley, sage, rosemary and the thymes, and the higher nutrient leafy forms like the perpetual lettuce, spinach and more of the leafy herbs.

Finally, remember the key ingredients for good vegetables are full sun, good drainage and good nutrients.



Roses coming to life, delicious food for aphids!

Subscribe to *The Triangle*

Do you live outside the Triangle? Be sure to receive your copy every month by subscribing. 12 months' subscription (11 issues) is \$32.00*. Email treasurer@thetriangle.org.au or post your cheque and details to The Triangle, PO Box 293, Bermagui, NSW 2546.

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Saturday | 9.00am - 4.00pm



This month is all about citrus. Here are two recipes to help you enjoy this delicious winter bounty.

Chicken Yassa, a tasty dish from Senegal, pairs tart lemons and sweet caramelised onions with just a hint of chilli.

And for afters, an Orange Polenta Cake that's gluten free, dairy free and low fat yet totally moist and delicious.

We have so many more, we put a selection on our website! Go to www.thetriangle.org.au and click on Books, Cooks & Gardens.

Chicken Yassa from Senegal



6 chicken thighs on the bone
5 onions peeled, halved, and thinly sliced
1 or 2 super-hot chillies (like habanero)

Marinade:

1/2 cup fresh lemon juice
1/4 cup olive oil
2 tablespoons Dijon mustard
4 medium garlic cloves, crushed
1/2 teaspoon salt

For browning and braising the chicken:

Sea salt
Freshly ground black pepper
1 tablespoon frying oil (peanut is good)
1 cup chicken stock
2 bay leaves

Garnish:

1 cup pitted green olives, sliced

Place the chicken and onions into a large non-reactive bowl. Cut a few slits in the chillies and add them to the bowl. Whisk marinade ingredients together and pour on top. Toss to coat. Cover with plastic wrap and marinate in the fridge for at least 3 hours or, preferably, overnight.

Preheat the oven to 175C.

Heat 1 tablespoon oil over medium-high heat in a large non reactive heavy pot or Dutch oven. Remove the chicken from the marinade and season. Brown chicken on both sides in batches. Transfer to a plate and set aside. Spoon out some of the chicken fat from the pot, leaving about one tablespoon.

Set the hot pepper aside and scrape the onions and all the marinade into the pot. Cook, stirring, for about 5 minutes then add the bay leaves. Cover the pot and turn the heat down to medium-low, stirring occasionally until the onions are soft and starting to caramelise. Regulate the heat so they don't burn.

Move the onions aside and put the chicken pieces in the bottom of the pot,

mounding the onions on top. Place the hot pepper in the middle. Pour in the chicken stock. Turn up the heat and bring to a simmer. Cover and put in the oven for about 1 hour and 20 minutes or until tender.

Garnish with sliced green olives and serve with fluffy white rice and dark green veg.

Orange Polenta Cake

3 medium washed unwaxed oranges
2 tablespoons strong marmalade
200g almond meal
140g polenta meal
1 flat tablespoon of baking powder
8 large free-range eggs
350g raw sugar

Boil the whole oranges for about an hour in water, making sure to watch and top up the water so it doesn't run dry. Oranges should be very soft and squidgy.

Cool the oranges enough that you can cut them in halves or quarters and remove the seeds.

Whiz the orange parts, with skin, in a food processor or with a blender stick. Add the marmalade and leave the orange mixture to cool down further.

Heat oven to 160 degrees.

In a separate bowl, mix the almond meal, polenta and baking powder.

Put the eggs and sugar into the food processor and whip for about five minutes till light in colour and the consistency of a frothy milkshake. Now beat in the almond meal mixture and then the orange mixture.

Pour into a prepared 24-25cm springform cake tin (buttered sides and bottom with a sprinkling of polenta grains tapped all around to cover the base and sides of the cake tin). Leave a fingertip border from top of the cake tin to allow for the cake to rise without running over the edges of the tin.

Bake for 15 mins at 160C, then turn down to 120C and cook for another 60-70 mins. Don't worry if the cake still appears damp—as long as it has coloured to a golden colour and is just firm to a gentle touch, it is ready. Leave the cake in the tin to cool completely. It may sink a little in the middle.

It will be quite a fragile cake, so just pop off the springform cake collar after loosening up the edges with a flat knife all around the sides. Leave it on the base and serve slices from there.

This cake is wonderful with whipped cream, sour cream or ice cream and another dollop of marmalade on the side. Better eaten at room temperature but can be kept in the fridge for at least a week.



Classifieds

FOR SALE

Mattresses: Two double bed inner spring, very good condition, \$100 each. Call Brian 0408661533.

Sofa. Small comfortable 3-seater covered in burgundy damask. Excellent condition. \$60. 0429 923 005

Please note:

We will discontinue classifieds after one month unless advised by the advertiser.

A small donation (in the tin) will be appreciated for classifieds.

Over 100 advertisers every month can't be wrong!

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The Triangle

Call 6493 8369
or 0407 047 404

advertise@thetriangle.org.au

Pet of the Month

Shiloh is a very big girl with lots of energy but also has a placid side to her and loves to sit in a sunny window to watch the world go by. She stays off the furniture, is house-trained and will sit when told. When she gets excited she can be a bit boisterous but responds to a command to settle down. She loves long walks (at a trot!) and playing with her toys and really enjoys spending time with humans. If bored, left alone or thinks she is being ignored she may chew on things as she is still a puppy after all (18 months). She's good with barriers and never attempts to get out. Doesn't like to get in the back of a 4WD but when in settles down immediately.

Shiloh would respond well to more advanced training. Good socialising, plenty of exercise, lots of rewards and positive reinforcement would make her your forever friend.

Like all animals available through AWLNSW, Shiloh will be desexed, chipped, vaccinated, worm/flea treated and vet checked. Cost \$360.

Please note that potential dog owners will need to have secure 'dog proof' fencing and suit the needs of the animal. You can view available animals on our Facebook page (Animal Welfare League Far South Coast Branch) but you will need to call the Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption.

De-sexing vouchers are available at all vet clinics in our branch area—Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden—for local residents who hold a Centrelink Pension Card. AWL Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you

Book Review

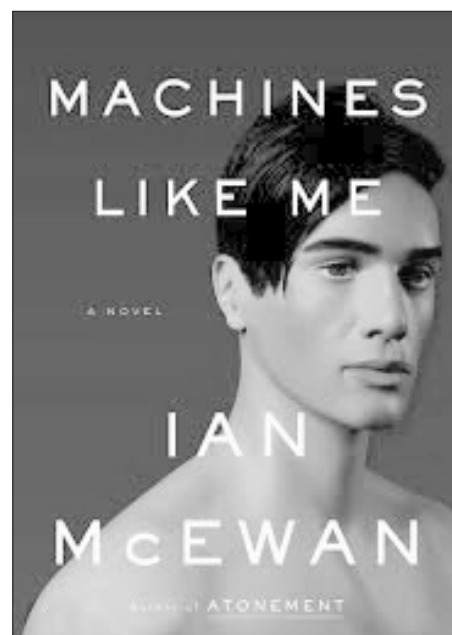
Heather O'Connor

Ian McEwan,
Machines Like Me,
\$32.99

This is Ian McEwan's fifteenth novel and must rate as one of the most challenging, but well worth the effort. Set in Britain in the 1980s at the time of Thatcher's Falklands war, it is also the time when research into artificial intelligence and human interface with it accelerated. Enter into the novel, Alan Turing—the brilliant mind who led the Bletchley Park code-breaking during World War II.

The main character, Charlie Friend, a huge fan of Turing, uses a large inheritance to buy one of the first artificial humans, named Adam. Together with his girlfriend Miranda, Charlie begins the process of shaping Adam's personality, leading to a set of ethical and moral dilemmas. The lives of the humans are further complicated by secrets from Miranda's past and by a chance encounter with a much abused five-year-old whose life becomes entangled with theirs.

This multi-layered, morally complex novel raises numerous questions about what it means to be human, and also about how humans will in future interact with artificial beings like Adam. McEwan poses



the question: if we make artificial humans nicer/more moral than us, will we create endless problems for them and for us? Then what? One way out may be for the machines to self-destruct (as happens to a number of Adams and Eves in the book), alternatively, humans could take it upon themselves to destroy the machines, raising the question as to whether or not this constitutes murder. Much to think about.

Deb Cox

only need to cover the balance of the de-sexing cost.

Carers Needed. Caring is a great way to be able to enjoy the company of a pet if you are between your 'travels' or while you are deciding what type of pet you would like to adopt. If you would like to have a chat about being a carer please call our information line on 0400 372 609 and help save a life.



Shiloh, at 18 months, is still a pup but is house-trained and responds to commands.



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm & Bermagui Monday 5pm
Both at Anglican Church Hall,
Ph Dave on 6493 5014

AL-ANON

Bega, Back Room 7th Day Adventist Church,
31 Upper St (opp showground/pool)
Tuesday 5-6 Thurs 1-2 Ph 6492 0314

ALICE BAILEY GROUP

Each Saturday from 12.00 to 3.00pm we gather to
learn the Ageless Wisdom teachings. All welcome.
Phone: Lorraine on 6493 3061

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI CROQUET CLUB

Sunday Social Golf Croquet 9.45 until 12.00
Monday Association Croquet 1.30 until 4.00
Wednesday Golf Croquet 1.30 until 4.00
Thursday Association Croquet 1.30 until 4.00
Call Lynn Lawson 0411 432 533

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfp Preston@bigpond.com

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 0418 406 068

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary. Bob Whackett: 6493 3136

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men welcome.
Contact Ian Bailey 0409 691 458 or
Phil Baldwin on 0421 114 882.

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickens Oval. 10am-12. Contact Lorraine
Courtis email lcou6446@bigpond.net.au

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3a.net.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO CWA

Meeting 2nd Tuesday of the month at 10:30 am
CWA Cottage, 5 Cobargo-Bermagui Rd, Cobargo
Contact: Ms Sally Halupka 6493 7356
cwa.cobargo@gmail.com

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th
Saturday, tea/coffee 4.30pm start 5pm.
Discussion group 3rd Saturday. Meditation
every Monday at 11am. Other events see website
opensanctuary.weebly.com.
Inq: Linda Chapman 0422 273 021

TILBA CWA

Meeting 2nd Friday of the month at 10 am
Tilba small hall, Bate Street, Central Tilba
Contact: Ms Maureen Kleeman 0477 633 221
maureen.kleeman@gmail.com

CWA CAFE

2nd Saturday of the month 9 am to 12 pm.
Tilba small hall, Bate Street, Central Tilba

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

SEPTEMBER	WHAT	WHERE	TIME
Sun 1	Live music: Dust & Echoes	Tilba Valley Wines & Ales	12.30 pm
	Father's Day with Lillian McVeity	Cobargo Hotel	5 pm
Fri 6	Grant-writing Workshop, free (p8)	Bermagui Community Centre	10 am - 1 pm
Sat 7	Footprints - poems about nature: Well Thumbed Poets (p35)	Well Thumbed Books, Cobargo	10.30 am - noon
Sun 8	Live music: Peter Rich	Tilba Valley Wines & Ales	12.30 pm
	Galba Forge blacksmithing demonstration	345 Yowrie Road, Wandella	1 - 5 pm
	Live music: Passionate Fools	Cobargo Hotel	5 pm
Fri 13	CWA Morning Tea	Mountain View Farm, Tilba	from 9.30 am
Sat 14	Book launch: <i>An Island in the Lake</i> (p32)	Well Thumbed Books, Cobargo	10.30 am
	'Disenchanted' - cabaret	Murrah Hall	2 pm, 7 pm
Sun 15	Bermagui Mystery tour (p29)	Meet at the Headland	10 am
	Live music: David Newman	Tilba Valley Wines & Ales	12.30 pm
	Doco: <i>Ranger to Ranger</i> (p23)	Old Butter Factory, Cobargo	3.30
	Live music: Joe Driscoll	Cobargo Hotel	5 pm
Fri 20	Book launch: <i>An Island in the Lake</i> (p32)	Bermagui Library	10.00 am
	Open Mic	Cobargo Hotel	8 pm
Sun 22	Live music: Roddy Reason	Tilba Valley Wines & Ales	12.30 pm
	Live music: Dust & Echoes	Cobargo Hotel	5 pm
Sat 28	Community garden working bee and SOAHhh pot luck lunch (p18)	Cobargo SoA Hall	11 am
	Live music: Katie Who	River Rock Café	7 pm
Sun 29	Second-hand Sunday Mini Market	Quaama Hall	10 am - 2 pm
	Blessing of the Rural Fire Service (p4)	Quaama Anglican Church	10 am
	Live music: Till Death Do Us Part	Tilba Valley Wines & Ales	12.30 pm
	Live music: Jay McMahon	Cobargo Hotel	5 pm
Mon 30	Bermagui Seaside AGM	Country Club Auditorium	6 pm
REGULAR EVENTS			
Mondays	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
Tuesdays	Quaama Singers	Quaama Hall	5 pm
	Trivia	Cobargo Hotel	7.30 pm
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
Last Wednesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - 12 noon
Thursdays	Mind Body Stillness Meditation	Phone Lenore 0412 793 174	10 - 11 am
	Rhymetime	Bermagui Library	10.30 - 11 am
3rd Thursday	'Everything Tech' night	Bermagui Library	5 - 8 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
Saturdays	Tilba Market	Big Hall, Central Tilba	8 am - noon
	Cobargo Market	Princes Hwy (main street)	8 am - 1 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am - 12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am - 12 noon
ART			
Sat 7	Opening: 'Tree Change' woodwork	Lazy Lizard Gallery	11 am