

Shedding its small size: Work begins on Quaama Men's Shed

On a sunny Wednesday morning in May, the road outside the Quaama Men's Shed is clogged with cars, smoke rises from the shed's chimney and the front doors of the shed are wide open. Inside, about 20 men take part in a Special General Meeting and then disperse—some to work on the major extension project out the back, and others to have a cup of tea and a chat with their fellow shedders. On the main table is a large platter of sandwiches. The fireplace (an adapted 45-gallon drum, on its side, bearing a neat door and the letters QMS) radiates heat.



Quaama Men's Shed: membership is flourishing.

'It's an opportunity for a yarn and a cuppa,' says one of the men. 'People think you have to be old and grey to participate, but everyone's welcome.' Men can come along to use the workshop, but they can also just come to be with others and take a load off.

Works are under way to extend the Shed. The extension will double the size of the building and offer a better workshop space and meeting room.

Quaama Men's Shed, which licences the building from the Council, is improving the shed at its own cost. 'We've raised money through meat raffles at the pub, BBQs, garage sales, and selling items the men make here at the shed,' says Quaama Men's Shed President John Preston. 'We've also benefited from grants from government, the ClubGRANTS Scheme and local organisations like the Bowerbird Op Shop at Cobargo and the Cobargo Pharmacy.'

President John Preston explains that many of the men have tools at home but come in to use the tools at the Shed to be part of the community and spend time with friends. 'A key role that a Men's Shed can play is to provide better quality equipment for the men to use, along with expertise.'

Once the extension is complete, there are plans to raise money for new equipment and tools—a metal lathe, for example. The larger premises will also open up opportunities for additional activities and classes through the week.

Although the Quaama Men's Shed officially meets on Wednesdays, it is currently holding extra working bees on weekdays to help advance the build. The men hope to finish the extension by the end of the year.

In its five years of operation, the Men's Shed has seen numbers of attendees fluctuate. It is currently enjoying a period of flourishing—the number of cars lining the road on Wednesdays testifies to this upward swing.

The Shed has been negotiating to buy the property from the Council since August last year and is close to achieving this aim.

This will make Quaama one of the only Men's Sheds in the Shire to own their shed.

'There aren't many Sheds operating in the valley at present,' says John. 'Some sheds such as Bermagui and Narooma have had to move in recent times and are seeking to re-establish.'

'Quaama Men's Shed is precious.'

Tash Roberts

Quaama Men's Shed meets on Wednesdays from 10 am. All welcome.



The influx of new members will enjoy the newly extended shed.

Embedded in information about significant community events this month, there is a strong call to give voice and take action—be it against a shooting range close to residential areas, support for very ill children, engagement in the planning process for the Bermagui Flora and Fauna reserve, raising awareness about dementia, facilitating access to men's health services, and sharing knowledge about the pivotal role of a keystone predator, the dingo, in maintaining biodiversity. Connection, participation and sharing perspectives indicate community strength.

Contributions which the *Triangle* received this month also reflected that community members shared the shock reverberating in the wake of the watershed national election. Coming from

personal perspectives, several contributions expressed deeply felt grief about lost time and opportunity in the national orientation—not on issues of material self-interest but within a context broad in inclusion, timescale of future generations and care of others, human and non-human. These were coupled with calls for compassion, generosity and kindness to others and a shift to a more compassionate, tolerant and inclusive form of government.

We at *The Triangle* respect the authenticity of these contributions. Silence in the face of important events can, at times, be a political act of collusion and abnegation—and *silencing* is certainly an unacceptable act of power.

Letter to the editors

Dear Editor,

I wish to express concern for the residents within earshot of the rifle range in Bermagui, an issue of which many local people may be unaware.

There have been requests from the members of the Bermagui Field and Game Club to increase their shooting days from once to twice monthly plus occasions for invitation shoots for members of other clubs.

We know many of the residents who have bought in the area and lived in it for far longer than the rifle range has existed. These people do not share the enthusiasm for increased days of shooting in what was a pristine, forested, residential area with some small agricultural holdings, families and many retired or planned retirees.

Many of these residents had planned

ahead and bought in an area for the peace and quiet it offered, only to have this peace broken by the noise from the rifle range. It may be only one day a month at the moment, but the noise forces some residents away from their homes for that day—they cannot enjoy their place of residence nor can they entertain friends and family on that day.

This range should never have been allowed anywhere near a residential area. It should be moved to an area where the noise will not affect anyone. It also affects the Four Winds site which brings many visitors and musicians to the area, and will continue to do so.

I urge other residents to express their objection to increased usage of the facility by the Bermagui Field and Game Club to the Bega Valley Shire Council and urge

Council to protect its residents' peace and quiet in an area of great natural beauty.

Rosemary Millard
Bermagui

Editor,

Those of us who want our governments to seriously tackle climate change lost big time on Saturday.

A couple of months back we did no better when a NSW Government little interested in the issue was returned.

Luckily, in our local government Councillor Jo Dodds, supported by a couple of others, has publicly been pushing for action.

All strength to their arms.

Jack Miller
Bermagui

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Thumbs UP



To the Cobargo Postmaster. In the post office I asked for the least expensive way to post information to AWL Far

South Coast members who do not have an email address. As I handed him a wad of envelopes, he took out and swiped his own personal credit card, saying, 'There you go, this one's on us'. Wow, just wow! Thank you so very much.

To the Bega Valley Shire Council—a big thank you from the Bermagui Men's Shed for not only assisting with the procurement of the land to build a new shed, but also for the amount of work, and funds put in, to remediate the site (an old tip site) to ensure there were no contaminants lurking beneath the surface and making it safe to build on.

To all the businesses who supported art in the community by contributing to the Bermagui Business Award, Sculpture Bermagui.

Thumbs DOWN



To the Bermagui Library book borrower(s) who deface the community assets we pay for by misguidedly amending the words of authors such as Michael Connelly. My advice to you is do some research and, if you still disagree with the correctness of words used, write to the author. It is not your right to amend, add comment or deface books in the library, and these actions impact on others' enjoyment of the written word.

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Alzheimer's

Clear as a skyline after rain
memories flood in from dizzy days
of yore

In no particular order
the first root and shooting a can off a
rock with a slug gun with ...

... Time gallops away with a bruised
eye over a dust up about something
or other ...

You're in a champagne-coloured dress
throwing a bouquet over disappointed
heads to a girl with lips the colour of
innocence ...

... my innocence rode back without a
rider from Saigon

I turned my helmet into a wok ...

... and then a sieve pissing treasures
away ... in no particular order

A skipping CD of the Best Of,
while the kettle boils dry on the stove
A stammering yawp of frustration
comes out spittle, space saving for
thoughts

The glue that once bound the nostalgia
loses grip at the back of my brow
The index ripped out
of my redacted mind
is a story that's nobody's now

A face shaped of kindness shows me
photos of strangers but I've developed
a blindness for names

I've forgotten the smell of the
bouquet ...

... and the reason and rhyme behind
tears ...

London's burning, London's burning
fetch the engines ...

and they found me with a hose in my
ears ...

I'm twisting away on the past
like a Rubik's cube in the dark,
Left it too late
To nail what I knew to the mast.

The lid doesn't fit on the bizzo
My car was towed back from
the shops
and fuck knows which kind-hearted
person
explained it away to the ...

A bottle of Grange on the shelf
from my mates when I called it a day.
But she's corked and going off from the
top down and fading away ...

The wind blows my mind up an empty
track to nowhere
to a sweet whistled song
without words
to a sweet whistled song
Without words

Tony King

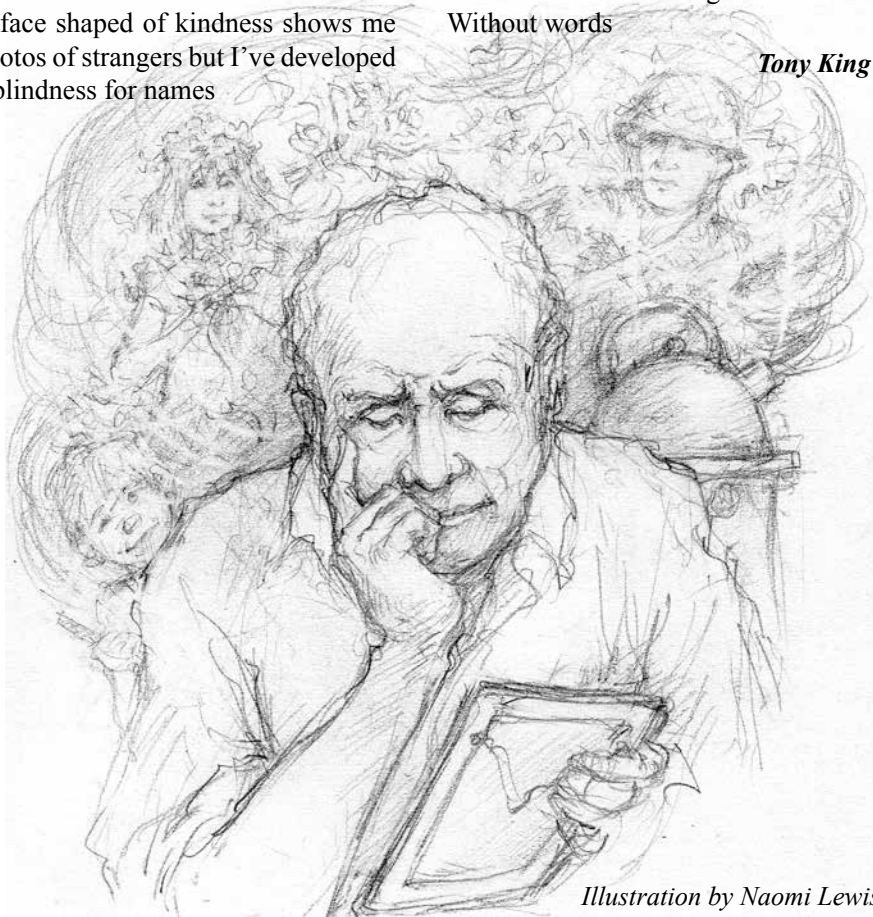


Illustration by Naomi Lewis

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The Triangle is a community newspaper.
Its aim is to provide information and news
to the people in the Triangle area - the area
bounded by the three mountains (Gulaga,
Mumbulla and Peak Alone). The committee
comprises volunteers who donate their time
and expertise for the benefit of our readers.
The Triangle is financially self-sufficient
through advertising income. This is a tight
budget and prompt payment of accounts is
appreciated. *The Triangle* is published every
month except January and has a circulation
of 1800, boosted during holiday seasons so
there's enough for visitors.

It's a marvelous night for a ...

At dusk, when the moon is bright and full, you are sure to see cars begin to accumulate in front of Quaama Hall. Soon you may notice greenish-purple light emanating from the Hall's windows. *Is some kind of occult witchcraft is taking place within?* you might ask yourself, except for the ordinary-looking people wandering through the front doors, carrying bags and hot-pots.

Welcome to the Full Moon Dance, an event organised monthly by the Moon Dance Collective.

April's dance fell on the 19th. Participants sit in a circle. At the centre is a vase of flowers and a ring of flickering orange lights. The room is dim and mostly lit by a large lamp trained on the stage curtain which slowly melts from colour to colour. The effect is somewhat otherworldly. The room feels removed from ordinary life. People speak quietly.

Tonight's dance starts with a crystal bowl sound-bath. The DJ, Robert, sits in the circle with a large quartz bowl before him. He begins to draw a wooden striker steadily around its rim. At first the sound has a scratchy texture to it, but soon the bowl starts resonating. The sound is loud and clear and fully immersive. Strangely, the ringing begins to pulse quickly while the striker moves slowly. Everyone is washed in sound. Bodies and minds seem to ring with the bowl's single clear note, even after the bowl has stopped.

Next the music starts—slow and wending at first—and people begin to move.

'I guess I'm trying to build something that encourages release,' says Robert to me afterwards. He's one of a number of people who DJ these events (each with their own approach and musical tastes). 'I'm trying to give something to people so they feel like, "Ok I can actually move in a space where I feel unjudged and open."'

Robert tells me that this type of dance is based on the '5Rhythms' approach, devised by American dancer and musician Gabrielle Roth. It uses dance as a meditative practice. Though knowledge of 5Rhythms is not a prerequisite to participation. At this dance there are regulars and first-timers.

As the night progresses, the music—passing through a variety of phases and genres—begins to build. A fiddle-infused Irish jig drops into something intergalactic and trance-like which builds in speed and modulates ever upwards. Movement that had been

flowing and wave-like becomes bouncy and then frenetic.

When I ask afterwards what to call this form of dance, Yemaya, a member of the Moon Dance Collective, describes it as 'freestyle ecstatic'. If that sounds intimidating to you, imagine a space in which dancers are free to move in their own way and in which the music is assembled to take participants on a particular rhythmic journey.

And why the full moon?

'It's there,' says Robert. 'It sits in the sky—this amazing thing—and influences us in ways sometimes we don't realise.'

Yemaya adds: 'Our dances encourage people to come together and honour the full moon. To actually celebrate it—acknowledge there's a full moon that happens every month.'

At the end of the dancing there is another crystal bowl sound-bath—this time with a bigger, deeper bowl. Then the lights come on and everyone helps pack up. There is a feeling of ease and happiness in the group. A clatter of pots and crockery rises from the kitchen where people are helping to lay out the post-dance dinner.

'And why not?' says Yemaya as we prepare to go down. 'Why not celebrate? Why not get together and dance!'

Tash Roberts

Moon Dance Collective organises dances to coincide with the full moon each month. New dancers are welcome. 6 pm, Quaama Hall. In addition, Ecstatic Dance happens fortnightly on Fridays. 6.15 pm, Quaama Hall. Both cost \$10/\$7 concession to attend.



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Quintessentially Quaama

Quaama RFB: small crew, big heart

The Quaama RFB held its AGM on 11 May. Although Quaama has only a small crew, all positions were filled and, with necessity, some members took more than one position to enable the continuing operations of the Brigade.

Quaama Brigade always needs more members. If anyone is interested, please come to our fortnightly training and have a chat about it. Remember that not all members need to be frontline firefighters. There are many jobs to support the mission. Our election results are:

Captain: Paul Sheargold

Snr Deputy Captain: Graeme Spicer

Deputy Captain: Volker Aebischer

President: Vic Grantham

Secretary: Peta Tatnel

Treasurer: Peta Tatnel

Training Co-ordinator: Paul Sheargold
Equipment Co-ordinator: Volker Aebischer
Community Engagement Officer:
Graeme Spicer
First Aid and Safety Co-ordinator:
Cheryl Thomas

Congratulations to all those elected and thanks for your continuing support and work in protecting our Quaama community. A large job for a small number of people.

It's the correct time of the year to do some hazard reduction burning. Always check weather reports. Don't overextend yourself. Don't leave fires unattended. Extra boots on the ground are beneficial—not only safer but more work can get done. Small fires are good rather than starting something you can't control.

Wear good, solid boots, gloves and natural fire resistant clothing (synthetic materials are not fire resistant). Available water is essential for the fire and for you. Keep hydrated. A strong rake, shovel and chainsaw are handy tools for the job.

A few points to consider are:

- fire travels uphill faster than down
- wind increases the spread of fire
- the higher up a slope, the drier the burnable material will be. This is even more exaggerated on a north-facing slope due to the fact that it will get more sun

RFS headquarters in Bega must always be notified on 6494 7400, 24 hours before burning off. Neighbours are also to be notified 24 hours in advance of burning.

Graeme Spicer



The crew after the AGM. Pity there are not more people in this photo!

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Quintessentially Quaama

Supporting families of sick kids—at 45kph

Lawrence Norton is from Finley in the Riverina. He found a 1949 Sydney double-decker in a sand quarry in Griffith 12 years ago, and set about restoring it. Then this former linesman for Essential Energy set out on his quest in March this year: to travel around Australia for a year, raising money for the charity Eli's Gift.

Eli was a young boy who died of a respiratory condition, and Eli's Gift supports the families of seriously ill children.

Lawrence welcomes visitors to check out his bus, which he has rebuilt inside and out. For a \$5 donation he'll make you a coffee with his you-beaut espresso machine too.

He drives at 45kph, but rarely attracts abuse. 'There's a sign on the back explaining the bus's speed limit and what I'm about, and people are pretty supportive,' he says.

A teacher from Quaama School suggested he stop in town, so he pulled up opposite the shop after lunch. Then school staff ordered eleven coffees, and a few other caffeine-starved locals turned up, so it seems to have been worth his while. By 3 pm he was packing up and preparing for the next leg of his journey—the two-hour trip to Narooma.

Lawrence made me promise to send a copy of *The Triangle* to his mum, Virginia, back in Finley. She's collecting all his media stories as he travels. So a big shout-out to Virginia, and to all the mums of men making a difference.

Jen Severn



Lawrence Norton is travelling around Australia to raise money for the families of seriously ill children.

Bingo!

What a night!

The organisers of this fundraiser for Quaama School did an amazing job of putting together a hilarious evening of laughs and silliness, bogan Quaama-style.

Folks rocked up in mullets and glam and had a wonderful time playing 'Bingo with Balls' on Saturday 25 May.

There are terrific pics and so many people to be thanked that we'll do a proper spread about it in the next issue of *The Triangle*.

One thing is certain, local businesses really came to the party, donating so much in prizes that everyone was a winner.

What a great community we live in.

Bhagya



'Bogan Brides' decorated by team members for another chance to win a prize.



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We are at the pointy end of autumn, here in Cobargo the first frosty fingers have been felt. The cold glint of crystalline grass tips glimmer in the early morn. Yet winter has not yet claimed all, in fact the air is still gay with the sounds of birds and bees, colours like I have never seen glow and quiver on the trees. It is truly beautiful.

And again I am hit, head on, with a juxtaposition that I am finding hard to manage. As tides of blue ballots flood the country from east to west, I sit here, so still, so sad, so very sorry.

Saddened because in these post-election blues it is impossible to separate the politicians and their politics from the people ... and yes, someone gave me (perhaps unwisely) this soap box to stand on and so on this post-election evening I am climbing upon it and weeping. Weeping for refugees crammed on islands, forgotten; for the poor, the queer, the indigenous; for all of the green and growing things, the winged, feathered and furred; for the reef and all its many fishes, and for my children's children who will one day know that in May 2019 we had a chance to start to make real change, now, for them, and we did not take it. For all that I am weeping. For another three years of watching on as men in suits twiddle their thumbs and toe

the status quo in all of its absurdity.

There is a small, sad, empty, slowly burning space in my chest where hope once lived. A hope naively felt perhaps, but sorely lost none the less.

And yet we must go on, and take solace in any way we can. Because of course the political sphere, no matter how many pie-covered fingers it may have, does not own all the pies. In fact, for those of you who are not planning your trans-Tasman relocations, there are things afoot here in this frosty hollow to fill those hopeful spaces once more ...

We are rich, here in Cobargo, rich in ways many are not so lucky. And while these riches may lay outside of our bank accounts, they are indeed treasures to be tended. I am talking about public space, some with walls and some without, spaces for play and sport, spaces for community and music and talk. Spaces that can hold us together when everything seems to be falling apart. While some are much loved and regularly used, others have fallen into disrepair and disuse. Our swimming pool flourishes all summer with the dripping bodies of young and old, yet the sports fields at the top of town lie untrod for years now. While the School of Arts Hall rocks and rolls with activity week in and week

out, others remain quiet, waiting for the flick of a broom and the switch of a light.

Whisper has is that some are trying to bring a bit of life into some of these spaces. Homework clubs and gathering places for the young, or cups of tea and chats, solace space for those without a network to rely on. A small movement of local people will start to flood some of the less loved spaces with a little life once more.

Which brings me to a few ways in which to stave off these post-election blues (unless of course you are popping bubbly, in which case, carry on): join a community group, or start one ... the CWA, the P&C ... volunteer at the op shop or the pre-school, start a community garden, or join the extinction rebellion. Hack back the kikuyu and plant flowering trees and bushes for the birds and the bees, grow as much of your own food as you can, don't spray weed- or bug-killers because the damage they do is far greater than you intend. Car-pool where possible, buy used and second hand instead of new and try to eat a little less meat. Be compassionate and generous to others and raise your children strong and kind and with space for hope ...

(climbs sheepishly from the soap box and goes back to folding laundry)



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Cobargo Conversations

Vale Dawn Evans

Dawn Evans, formerly of Yowrie, died in a Victorian nursing home in March after many years living with dementia. We became firm friends after meeting at a patchwork class with our British backgrounds in common.

Dawn worked for many years at the Cobargo Co-Op, was an enthusiastic member of the Cobargo CWA and also gained increasing expertise in patchwork through her membership of local circles.

Dawn was a humble person, a beautiful craftswoman and a very dear friend who enjoyed a bit of fun. She loved nothing more than being at home on her five-acre property Galba, with Jack, her beloved husband, pottering in their attractive gardens together or cooking one of her delicious Victoria sponges, trailed by her devoted dog Missy.

Kate Taylor



Talented patchworker, cook and gardener, and dear friend,
Dawn Evans, with her husband Jack.

Splish splash! Pool strategy coming to a town near you

Did you know that the Bega Valley Shire Council manages \$145 billion of assets? Amongst the many assets making up that impressive figure are the public swimming pools.

The Bega Valley Shire Council is drafting a Swimming Pool Strategy Discussion Paper for release to the public in the six communities where public pools are currently in operation (well, in summer anyway). The six pools are in Bemboka, Bega, Eden, Candelo, Sapphire Aquatic Centre and Cobargo. There are also two ocean pools: Blue Pool and Bruce Steer Pool in Bermagui, but the ocean pools were not included in the Optium Planning Consultancy surveys commissioned by Council to recommend the way forward for public pools. The Optium Report was completed in June 2016 and the Strategy is still being drafted.

It is proposed that the draft Strategy will be open to the public for 28 days and there will be meetings in each community with Council representatives to discuss the future strategy of the pools.

Cobargo Pool is the third most popular and used facility of the six pools in the Council area. It also scored very well on satisfaction with people stating it is run very well and the swimming squad training there is first class. People were very happy with the management



Cobargo Pool scored well on user satisfaction, and is costing Council little to run. So, is it secure? Watch this space.

as well as the cleanliness of the pool. There was dissatisfaction about the showers and change rooms. Cobargo Pool is also the one least subsidised by Council. Would it be logical then to assume the Cobargo Pool is secure for the future? Optium was also asked to make recommendations for management options for the pools into the future.

There has been work completed at the Cobargo Pool as well as the Bruce Steele Ocean Pool in the last few years and there are funds planned for further capital works on these pools planned right out till 2025.

Keep an eye open and an ear to the ground so when the Draft Strategy is released for community consultation you get a chance to have your say. *The Triangle* will be watching too.

Ann Maree Menager



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Cobargo Conversations

Figtree's Saturnalia—Winter Feast

Saturnalia is a return to the harvest seasons of yore, celebrating agricultural traditions and our love for the earth.

'This is a time of the year to remember our farming traditions and dig up what lies beneath the soil. We're talking about a feast of potatoes, beetroots, leeks and all the bountiful nourishment which lays hidden deep within the earth,' says Elizabeth Walton, Richard Lawson's co-conspirator at Figtree Food Company.

This special event features food from local producers and our local farmers' markets.

Richard and Elizabeth have a long association with the Australian arts and food traditions, and a desire to celebrate affordable fun and seasonal beauty in small towns. The feast will be prepared and served by Richard, Liz and helpers, with special guest, Bermagui's Tim Northam, playing early and Honey playing into the evening, bringing together wonderful seasonal flavours with a matched musical experience.

Date: Saturday 6 July, 6.00 pm at Cobargo Hall. Three courses, two bands. Tickets: \$38 at www.figtreecompany.com.au.

Then ... Return to your Bliss

The day after Saturnalia, a special event of soothing enhanced piano at Cobargo Hall. Wrap yourself inside a harmonious cocoon with live, ethereal piano music designed for deep reflection and peaceful meditation as featured on

ABC Radio in March. For 'Return to your Bliss', bring a yoga mat, your favourite blankie, warm socks, comfortable clothing. 'I became pure energy and soared the cosmos in a dance to magical light-filled sounds' (shared by a recent listener).

Date: Sunday 7 July, 1.00 pm, Cobargo Hall. Tickets \$15, www.figtreecompany.com.au.

Elizabeth Walton



Judges selected Elizabeth's Silver Medal chocolate to represent fine Australian foods at the Easter Show.

SO Ahhhh ... one more time for Edie

For those of you who have been to our little community happenings you have undoubtedly seen Edie. Running, wild red hair blowing, with or without clothes, with smiles, laughter and tears, all in the abundance and abandon of a happy, wild, country child. Edie, so full of life and loved by so many, is currently far, far from home, staying in the Sydney Children's Hospital undergoing treatment for leukaemia.

It has been a terrible shock for our little community that one so young and so full of life could be there, in a world

so alien, without trees to climb or bikes to ride, full of procedures and prescriptions.

And SO we MUST DO SOMETHING!

SO Ahhhh Saturday will be back, one more time for Edie, Saturday 29 June, from 11 am till 4 pm, at the School of Arts Hall, Cobargo.

There will be food and much love raised, with all proceeds going to dear Edie and her much loved and courageous mother Leah.

Please join us, all are welcome.

Rebecca Blunden



Edie's in Sydney for leukaemia treatment. Let's show her and mum Leah we care.

Cobargo Fire Brigade AGM

At Cobargo Fire Station, Thursday 6 June, light meal at 6.30 pm, meeting at 7.30 pm.

Presentation of reports, election of office bearers, and drawing of the winner of the raffle --the prize is a collectable 60s toy pedal firetruck Tickets are still available—contact the Secretary but be quick! Lisa Ayliffe, 0429 936 476

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May was a big month. Many in our local communities were involved in the Federal Election and we now know the outcome. It's true to say that climate change is a number one issue, particularly for the natural world which is so much a part of our daily lives in the Triangle area. It is also a key issue for the future of our children. As we move from autumn to winter it is worth noting that it was the warmest May on record with no significant autumn rain. Somehow we must find the energy and resources to continue to advocate for our children's future, for a more sustainable way of life and for a fairer and more equal society. We must all be grateful that we live in communities that are supportive and active in working for a better future.

School's in

Central Tilba Public School finds informative and creative ways to raise awareness for those children lucky enough to spend their primary school days there. We all know that drought is a continuing and ongoing challenge for farmers across Australia. For Rural Aid's 'Adopt a Farmer' program, the school recently devoted a day to raising awareness and funds—and raised \$120. Making this fun, the children dressed up as farmers and farm animals. Well done, Tilba kids.

The playground is an important part of school activities. Until recently, the sandpit was a bit short of sand. It's now replenished thanks to the P&C, and there are plans to make the sandpit a feature of the playground, and the kids are happy to have their sandpit back.

The kitchen garden has also been

renovated recently. It's an important part of school life and, as well as teaching the kids about vegetable growing, it gives them the opportunity to cook and eat food each Wednesday using produce from the garden. Principal Tania Hextell is pleased that the program can continue now the renovations are complete.

Farewell

On Friday, 17 May, at a memorial in the Big Hall, the Tilba community farewelled Rob Croxson. Known to many as Crocko, he loved life and loved Australia, having arrived here from the UK in 1975. He will be remembered by many as an enthusiastic darts player at the Drom,

where he and Barb met and fell in love, as an expert fisherman with a 30 year career in the long line fishing industry and as a gifted storyteller. He and Barb moved to Darwin in 2008 but they maintained their strong links to the Tilba area and visited frequently. Vale Rob.

The Hairy Concert

Celebrating local talent is a thing in the Triangle area. The Hairy Concert at Central Tilba has a particular focus on local talent and over the years there have been many hairy moments. For the last few years Bev Long, local Central Tilba resident and musician/singer/dancer, has been the driving force. This important part



Tilba kids dressed up as farmers and farm animals to raise funds for Rural Aid's 'Adopt a Farmer' program.



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Tilba Bites

of the local calendar raises much needed funds to keep the School of Arts Halls in good shape. Just under \$2000 was raised this year.

Many of those who were on stage at this year's Hairy Concert are well known locally and play regularly at local venues and events. It's always a pleasure to hear these enthusiastic and talented musicians—The Dromedary Lynch Mob, the Minstrel Quartet, Fretz and Reedz, Stitch, and Richard Cooke. Great to see a guest appearance from Linda Tucker, whose son Max plays trombone with the Dromedary Lynch Mob. Not so often seen were Bev's Tilba Tappers who appeared suitably attired to tap their way in and out of the Small Hall before and after interval.

Also not often seen were the Rhythm Hunters playing Jembe drums. Wow! These school children from Central Tilba School and Narooma High School, led by local music teacher Juanita Lowe, opened this year's concert to thunderous applause. Their delight as they played was heart-warming and completely engaged the audience. No doubt there were some proud mums and dads there too.

Of course a show like this needs someone to bring it all together. This was done capably by Christine Montague again. Chrissie had us all laughing with her stories about her mum, her pets and some corny jokes, as she filled in the gaps between welcoming and thanking each performance. So congratulations to all involved—it's not that easy to get up on stage in front of your local community, so well done. Thanks also to the Tilba CWA, who provided a delicious supper.

Tilba CWA News, Prizes and Awards

Congratulations to Janine Halasz who was recently awarded first prize in the NSW CWA competition for her stunning crocheted blanket. Janine is a very talented craftsperson who always encourages and helps others with their craft projects. We are delighted she has won this award.

Janine has also been nominated for a Local Hero Award. This is an annual award which recognises residents of Eurobodalla who make outstanding contributions to their community. We are all aware of the huge amount of time and energy Janine devotes to our community. So many of us have been touched by her care and support. Janine will attend a ceremony in the Eurobodalla Regional Botanic Garden on Thursday 23 May when the winners will be announced.

New Event in Central Tilba

A Community Get Together Morning hosted by Tilba CWA starts on Monday 10 June from 9.30 am till 12-ish in the Small Hall, and thereafter on the second Monday of the month. All are welcome. So come along and join us for a cuppa and cake, a chat and time to share or learn creative skills and lost arts—knitting, spinning, patchwork, crocheting, hand and machine sewing, mending, darning ... or any other interest. There will be someone there to help out.

For any further information contact Janine on 0400 992 246.

Tilba CWA Supports Little Yuin Preschool

Tilba CWA recently donated \$1000 to Little Yuin Preschool to help with the purchase of new educational resources. Tilba CWA also helped Preschool Director Kim Cooke to facilitate a beeswax food wrap workshop for the children for Mother's Day. Thank you to Danuta Graham, who sells beeswax and honey at the Tilba Market, for donating the beeswax for this activity.

Women Walk the World in Central Tilba

On 29 April Tilba CWA members participated in Women Walk the World in Bate Street, Central Tilba. WWTW is an annual event where women's groups, in countries worldwide, walk in their communities to raise funds for women and children in need. Zoe Burke from Tilba Talks Historical Walks led eight women on the walk, while giving an informative historical narrative of the Tilba region.

Stop Press

Janine Halasz won the 2019 Eurobodalla Shire Local Hero Award! Congratulations Janine on this well-deserved recognition of your efforts. Tilba thanks you for your care, support and generosity.

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YOUR LOCAL LEGAL SERVICE

An alternative to a broken system?

It was timely, in late April, to talk about democracy.

‘Our present system of democracy, the Westminster system, is founded on experiential separateness and modelled on war,’ said Dr Rosemary Beaumont. ‘It emerged about 400 years ago, at a time when few were literate. Military strategists recognise this system as “war without bloodshed”. It has served well to transfer power mostly peacefully but is now wildly out-dated.’

Rosemary’s doctorate was on new forms of democratic governance which model patterns of peace and are applicable on community, national and global scales. She was speaking at Open Sanctuary in Tilba Tilba, on the first really cool evening of autumn. As dark descended outside, the atmosphere was warm inside the little church building at the foot of Gulaga.

‘The Westminster system is dualistic and adversarial,’ said Rosemary (and in Australia over the last decade or so we’ve seen the limitations of the system). ‘It’s inadequate to address life-threatening issues such as endemic inequality, crashing biodiversity, wide-spread depression and climate disruption. It selects for hierarchically organised, aggressive, egoic dispositions.’

It also selects for thick skin. It’s hard to imagine a candidate surviving preselection, let alone winning a seat and enduring a term of government, without closing down their sensitivity, their humanity. Yet these are the people representing us, making decisions about how we live our lives.

In March we saw an alternative proposition: NZ Prime Minister Jacinda Ardern’s heartfelt response to the terrorist shooting in Christchurch—one leader, at least, able to peel back her thick skin when most needed.

Rosemary cited the French mystic

and palaeontologist Pierre Teilhard de Chardin (1881 – 1955), who associated the evolution of democracy with the evolving consciousness of humanity. She also cited the shared decision-making of Australia’s Indigenous peoples and the Sacred Hoop of the Native American peoples.



The little church at the foot of Gulaga, home of Open Sanctuary

‘Silence can be another entry into experiential interconnectedness,’ she said. ‘The Quakers intentionally sit in silence when they meet, speaking only when the spirit moves them. Experiences of oneness are seen as the realm of the mystic, but such moments are everyday phenomena.’

‘The experience of oneness happens in moments of creative flow, compassion, love, responses to beauty, nature, the mysteries of birth, death and sexual intimacy ... the love of holding a newborn baby, an explosive delicious taste, the flare of a sunset, the rhythm of a dance, the scent of a flower, the synchronisation of a team, the harmonisation of a choir, a smile, a loving gaze ...

‘It is the experience of our interconnectedness that offers a potent source for evolving democracy—rather than the experience of separateness.

‘Imagine democratic government arising from the best of human experience, not the lesser. Imagine if we govern ourselves from our interconnectedness within, with each other, the Earth, the cosmos, the divine ...’

Jen Severn

Au revoir

It’s probably true that Merryn Atkinson has said goodbye. The Tilba community, which has become a very important part of her wider family, is certainly hoping that we will see Merryn frequently. She has made the hard decision to go to Melbourne and her presence will be greatly missed. Merryn and her husband Glen had a huge impact on the community, and Merryn’s gallery, Apma Creations, has provided a great entrance to Central Tilba. Apma Creations, while also providing a presence for Merryn’s art, allowed her to present Aboriginal art from around the country—this type of advocacy is central to Merryn’s journey. Merryn has some exciting projects involving her artwork lined up and there will be more news of these next month.

Apma Creations will continue to operate for the time being.

Stuart Absalom



Artist and gallery owner Merryn Atkinson has said goodbye for now.

MINDFULNESS & COMPASSION WEEKEND RETREAT

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This year local environmental company and long-time, generous Triangle supporter AKT is sponsoring our My Triangle page. Readers tell us they love My Triangle so we're preparing a list of interesting local personalities to profile. You might be on it!

Meet the Fullers

People come to live in the Triangle region for all sorts of reasons. A couple arrives to live the dream by the sea for a short time before returning to the city for 'proper work'. Or retirees make the shift to downsize and live a quieter life. But when three generations move in, that's something else! Danny and Riahana Fuller with Ethan (12), Kane (8) and Ben (4), along with Danny's dad, Richard, have made Bermagui their home for the last year. They have not moved here to 'try it and see'—in just a year, they have bought and renovated a beach house and set up a business. Why? I asked Danny...

Why the move?

If we were going to make a move, it had to be before the boys started high school. We also knew we needed more work/life balance. We were working hard and still are, but in Young it was so hard to really relax. Here, we have found real balance. The 'small community feel' is like Young offered when we were kids, and we wanted our boys to grow up in a place where people know each other well. We also just fell completely for the surf, mountains and country life—all in one place!

So, why Bermagui?

We were well established in Young. Dad (Richard) had lived there pretty much his whole life and was a second-generation cherry farmer. He was looking to retire after nursing my Mum through a long illness. Riahana and I grew up in Young and have been sweethearts since high school. We had worked hard and had our dream home all renovated and our flooring business was really firing. But Young was changing fast and we didn't want to bring up our boys there. We popped in to visit Auntie Barb, Mum's sister, who lives on Wallaga Lake on our way home from a weekend escape, and there was a house for sale in Auntie Barb's block. So, here we are!

How has your first year been?

Busy! The boys love it here. We were worried at first about how they would find it with new schools and making friends. We shouldn't have worried—the school in Bermagui has been excellent. Ethan has joined in with many sports opportunities. He loves skating and AFL and with the beaches and lake across the street from home, he is becoming a pretty good fisherman. Kane has energy to burn so he is loving the outside life with the space and freedom here. Ben is happiest down on the beach with his brothers, especially if he has a truck with him. He loves to dig! Richard has found the fishing to be fantastic and Riahana has so far been the best fisher of all! Pretty much every afternoon we are all on the beach.

Business-wise, we are loving the challenge of starting again. We have worked together now for 20 years and it really works for us. I can talk forever about flooring and Riahana makes it all run like clockwork. Dad is looking for a place of his own and number one priority is having a shed. He loves restoring cars. He's wrapping up the family home in Young and we have put our house there on the market so we are 100% committed to Bermagui. It has turned out better than our wildest dreams. Happy kids, happy parents ... and the bonus is Dad coming to share in the adventure too.



Living the dream. Three Fuller generations with their HR station wagon and 'Sundowner'.

What came first? The car or the caravan?

We had been taking off every month for a weekend in our old family 'Sundowner' caravan towed by our 1967 HR Holden to get away from Young and reconnect with each other as a family—simple camping holidays to get back to basics and clear our heads. This caravan has been in our family for four generations now. It belonged to my mum's parents. We have left it as original as possible, so we even need ice for the ice chest. It wasn't just about nostalgia though. We wanted our kids to appreciate what they had by seeing what it used to be like for a family to enjoy a holiday together. No internet, no air conditioning, just talking and hanging out with each other. The car is as close as I could get to our family station wagon when I was a kid. We had an HT Holden so when I saw there was this HR Holden station wagon for sale, I leapt on it. It has no air con and it is original condition. No power windows, no fancy cup holders for McDonald's. Just good, old fashioned, 'get you from A to B' type travel. The boys love it. Everywhere we go we get strangers coming up to us reminiscing about their childhood cars.



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Winter wonderland!

This time of year is my favourite. I love the crisp and cooler days after having struggled through the summer heat. There is a different light, smell and feel to everything around us. While the air has cooled off, ironically the sea is warmer. Days of strong winds and noisy surf followed by longer periods of complete calm and tranquillity.

Many people will soon pack up and drive north for their annual migration to warmer climates. Those of us who choose to stay will witness the whales passing by on their northerly migration. Only this week I spotted my first whale of the season. I never tire of sighting these marine mammals and love the fact they will be out there for the next six months. The smell of fires is usually another sign of winter as people light their wood burners, the smoke contributing to the redder sunsets?

Maybe it's just my street, but there seems to have been a turnover of home ownership in Bermagui and surrounds, also blown in on the autumn winds. I have several new permanent neighbours who have bought holiday houses and are making them their homes. I love having the sound of children playing and lights on in houses all year round. It makes it feel less transient somehow and more like a place people live in rather than just visit for a few weeks every year. It's also been young families as well as retirees who seem to be flowing into town lately to call Bermagui home! It all adds up to a sense of hope and a bright future for our little seaside township.

The flying fox colony at Wallaga Lake did indeed pack up and depart as predicted by the experts. They too have gone to warmer climes perhaps. Bon voyage! They left suddenly over a two day period. Silence prevails again in this neck of our woods. The flying foxes have no doubt pollinated the bloodwoods in our



Beauty Point boat ramp revamp

forests for another generation of seedlings to thrive.

The Wallaga Lake Bridge is about to be closed again from 8.30 am to 3.30 pm weekdays for Phase 2 of the maintenance program to strengthen and repair damage to the bridge's timber structure. You will receive a notification letter closer to the start of the works. Any queries call 02 4222 3205 or email southernprojects@rms.nsw.gov.au.

The 'Coastal Walk' from Wallaga Lake into Bermagui via the coast revamp is still in consultation phase so it's possible the project won't start in the second half of 2019, as proposed, or finish by mid-2020. Meanwhile, the track is overgrown. Recently a local elderly woman fell and broke her arm tripping on a root on the track. A surfer was bitten by a red belly black snake one sunny afternoon on Murunna Point as well. It will be great to see some action on the restoration of a maintained track after what seems to have been an extraordinarily lengthy 'approvals' phase to replace a bridge which was already there before it got washed away

several years ago.

The fishing folk must be very happy with the completion of the Beauty Point boat ramp, which has included some better off-road parking and a slightly spruced up public toilet block. It is quite the spot now to pop boats into the lake and leave your car.

There are also some significant changes coming in the leash-free zones for dogs on our beaches. The Companion Animals Act has been amended so the rules concerning dogs on or off lead on our beaches are also being amended. Take a look at the proposed changes which were approved by Council at the 8 May meeting, on the Bega Valley Shire Council Agenda.

In a nutshell, the beaches affected are the Wallaga Lake and Murunna Point areas and Cuttagee Beach. Dogs on or off lead will be prohibited in these areas, as well as in the already existing prohibited zones, all year round. New signage will be erected in the future and there will no doubt be a few fines handed out to enforce the new rules. There's also more information on page 18.

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

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Bermagui Banter

Can Assist concert raises \$2000

Lovers of country music travelled from interstate, Canberra, Moruya, and all places in between to support the Country Music Concert for Can Assist held at Bermagui Country Club in April.

Organiser Lori Hammerton was absolutely delighted with the crowd that filled the auditorium of the Club and also their generosity with purchases of raffle tickets and donations. The event raised \$2000 and every dollar will remain in the Bega Valley to financially assist those affected by cancer.

On the impressive list of artists were 'The Travlin' Country Two'—Graeme Drury and Phil Benson—who came all the way from Leongatha. In a touching tribute, the duo invited veteran Bermagui musician Murray Douch onto the stage for the finale.

Also making the line-up were local musos Michelle Russell, Steve Martin, Sid Brassington, Matt Preo, Lori Hammerton and Joan Hayward. A huge thank you to all those musicians who gave their time freely for this event, as well as the many businesses and individuals who donated prizes for the raffles.

Lori Hammerton said that without the assistance of Country Club Manager, Robbie Beuzeville, these events could never go ahead. The Country Club donates the use of the auditorium as well as afternoon tea. Lori went on to thank Community Radio Bega Edge FM (Fluffy Slippers!) and ABC South East, who promoted the concert in the week before.

Volunteers Jane Ford, Jan Mills and Susan Benfell sat on the door all afternoon, and Gerry Hammerton spent all day setting up (and packing up) sound gear, moving chairs and tables and ensuring everyone had a seat.

The next big fundraiser on Lori's calendar is in October when Wallaga Lake Big 4 Caravan Park will run a *Ukulele Hootenanny* and will match, dollar for dollar, all funds raised for Can Assist. All ukulele players or groups are invited to contact Lori on 6493 5909 to join in.

'The Ukalips' (Bermagui's own uke group) meet every Thursday night at Bermagui Country Club. All players are welcome.



Long time Bermagui resident Joan Hayward still singing up a storm after more than 40 years.

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Dog owners take note! New rules on our beaches

Changes to the Dog Control Rules in Bega Valley Shire have been approved.

Virtually not a month goes by without complaints about unruly dogs in our areas. With Australians amongst the keenest dog owners in the world, there is little wonder that conflicts arise when dogs are not kept in check. Dogs also provide much needed companionship and mental health benefits to their owners, as well as encouraging activity such as regular walking. There is much to be gained from owning companion dogs for the community in general. So the unruly dogs should not make all dogs look like nuisances.

The following changes concerning Companion Animals in our Council area are now approved.

Leash Free Areas will remain much the same. Currently, off-lead beaches are Haywards Beach; Bermagui Headland; Beare's Beach; Moorehead Beach; Tathra Beach and Southern Cuttagee Beach. We are indeed blessed with many choices for our dogs to run free (but you must be able to control your dogs too, to prevent any nuisance to others on the beaches).

Wildlife Reserves which are 'dogs-prohibited' are now: all of Murunna Point plus the Wallaga Lake sandspit and the Wallaga Lake area on the beach side of the bridge. This is a significant change to the previous rules. It's where endangered shorebirds nest and protecting this area is

essential to their survival.

Barragoot Beach and the northern end of Cuttagee Beach and estuaries are also now dog-prohibited all year round.

In addition, the Long Swamp area in Bermagui, and Bermagui Lagoon (including the wooden bridge walkway) are dogs-prohibited areas.

Seasonal dog beaches include Camel Rock, Horseshoe Bay and Tathra Beach—there are certain seasons when dogs are not allowed on parts of these beaches.

In general, dogs are not allowed near children's playgrounds, and places of business such as shopping centres and cafes. This may surprise many of us as we are keen on having our companion animals with us for brunches and lunches in public

places. By the strict letter of the law, dogs are not welcome in these public places. You are also obliged to pick up after your dogs.

Maybe there will be some audit of the many contradictory signs in carparks too. At last count, there were eleven signs in one small local carpark with contradictory information about dog rules. So, be prepared for some new signage on our various beaches and some patrols by the rangers as the new regime is rolled out.

Ann Maree Menager

Have your say

The Bermagui Flora and Fauna Reserve is set aside for the preservation of native flora and fauna. It comprises Long Swamp and North Bermagui Lagoon.

Community input is sought by the Land Manager to identify the values of the Bermagui Flora and Fauna Reserve for the preparation of a Plan of Management.

Any submissions to:
secretary.bffrt@hotmail.com or
PO Box 56A Bermagui 2546
by 30 June 2019.



New rules apply on many beaches - owners take note!

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Do you have a 'Spanner in the Works?'

Following the success of our first 'Spanner in the Works' Men's Health program in 2017, Bermagui Men's Shed is doing it again this year. With the clinical staff of Bermagui Medical Centre, we will conduct a 'Spanner in the Works' program, and other allied health services including an audiologist and a pharmacist will be there too. Put the date in your diary: Tuesday 11 June.

The Bermagui Growers Market will take a break over winter.

The last market will be on 6 June (2.30 – 5 pm), until spring when it will resume.

Any queries ring Lynne Ford on 0425 711 795

This forum will take place at Bermagui Country Club. Men of all ages are welcome to drop in, no appointment necessary, to meet confidentially with these clinical professionals. When we ran our first program in 2017, some men were identified with serious conditions and advised to seek follow up with their GP, which they did and with positive outcomes.

'Spanner in the Works?' plays on the idea that men often pay more attention to the health of their vehicles than their own health. Many men are reluctant to talk about their health and too often avoid going to see a GP to get any potential problems checked out—an attitude that contributes heavily to the fact that men die on average five years earlier than women. Taking place under the auspices of participating Men's Sheds across Australia, the free health checks are designed to remind men that, like their cars, they too need a regular service.

By reaching out to men in the community and fostering an atmosphere in which they feel comfortable, the project hopes to help influence men to have healthy habits, and bridge the gap between men's and women's longevity.

Of course, this check-up should not be seen as a replacement for a complete check-up by your GP. It's more about encouraging men to think more preventatively and act more proactively about their health.

'Spanner in the Works?' Men's Health Forum is on Tuesday 11 June, 9.30 am till 4.30 pm at the Bermagui Country Club. No appointments necessary and no fees charged. For more information contact Stephen Knight on 0400 779 342 or email stephenknight31@gmail.com.

'Spanner in the Works?' is an initiative of the Australian Men's Shed Association and is fully supported by the Federal Department of Health and Ageing.

Bermagui Men's Shed Team

Harriet's back!

We have a family of White-bellied Sea Eagles who live at Wallaga Lake. We named the adults Harriet and Stanley.

They had hatched and fledged a chick



White-bellied sea eagle (photo: Dave Cotton)

when, in August 2018, Harriet was hit by a car at Wallaga Lake. She broke a leg and lost several flight feathers on one wing. She was rescued by two wildlife carers from Bermagui and taken to the house of one of the carers.

While she was being assessed, Stanley flew over the carer's house several times (sea eagles mate for life). Harriet was then sent to Higher Ground Raptor Rehabilitation Centre in the Southern Highlands, where her broken leg was treated. It healed in six weeks.

However, they were unable to implant

replacement flight feathers and had to wait until her own flight feathers grew back. Altogether this took eight months and she was released at Wallaga Lake in March. She and Stanley can now be seen cruising up and down the coast again—with the young one, now a healthy teenager thanks to sole-parent Stanley's care, tagging behind.

If you find an injured native animal, contact Wildlife Rescue South Coast on 0417 238 921. This organisation is run entirely by volunteers.

Rhondra Williams

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And the winner is ...?

Well, we weathered the election campaign with gritted teeth as, night after night, the television was filled with 'look at me, look at me' ads to promote the relevant parties. How annoying those 'robocalls' in the last few days. I even found one on my answering machine! I honestly wonder if anyone actually listens to the whole spiel Or does everyone just hang up—even if it is your preferred candidate calling. It was a nasty campaign, full of malicious mudslinging, fear mongering, name calling and negativity. Guess it worked!

Election Day dawned bright and clear with voters making an early arrival at the Bermagui Community Centre to cast their vote. The smell of onions and sausages cooking filled the air as the crew from the Bermagui Men's Shed set up their BBQ to encourage voters to have a sausage sanger and maybe make a donation to the building appeal.

So, now the dust has settled. Some are still celebrating, others are either in shock or scratching their heads about how wrong the polls were. But, at the end of the day, our democratic process has been applied and ... the people have spoken.

As a nation, we can only hope that things change in the next three years. I personally hope that there will be a shift to a more compassionate, tolerant and inclusive government, with the infighting, the political point scoring and the factional warfare coming to an end, and that all sides of politics come together with civility and a desire to work together to make things better for our nation. Am I just dreaming?

I'm sure that, whatever side of politics you sit on, we all want the same thing. We want secure housing, secure employment—

not the current shift to casualisation—and workers need a living wage to be able to provide for their families. We want a health system where everyone gets the treatment they need—not just those who can afford to pay. We want our elderly to go into facilities where they are treated with respect and care; we want women to be able to return to work without having their whole wage spent on childcare.

Of course, one of the big issues people were talking about was the environment and climate change. People are genuinely concerned about this planet we call our home, and want to ensure that future generations don't look back and call our generation selfish and stupid! But it seems that, at the end of the day, the almighty dollar was the winner, with people not wanting to put their money where their mouth is, and take a hit in the hip pocket to do something about protecting the environment.

Carolynne Banados

Make history at show and tell

Bring a photograph or object that's meaningful to you or your family and tell us about it. That's Bermagui Historical Society's invitation to *Triangle* readers.

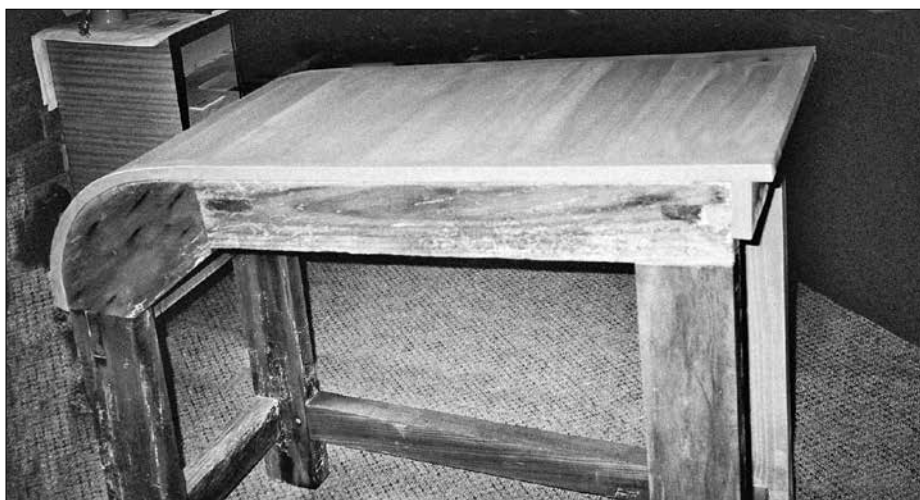
The society is holding a 'show and tell' session at the CWA Rooms, Corunna Street, Bermagui, from 10.00 am to 1.00 pm on Saturday 20 July.

Everyone and everything is welcome—it's not limited to Bermagui residents or photographs or objects with a connection to Bermagui.

The session costs \$5.00 a head; morning tea will be provided, and there will be a door prize.

Can you guess what the picture is? It's a whipping desk from early in the twentieth century. Schoolboys were bent over it and caned. This was normal at the time, but these days would be classed as assault.

Kai Jensen



Let's hope no readers are familiar with this item of furniture!



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Rob Croxson partner, father, friend and fisherman

The Tilba Large Hall was the scene for a memorial service last month in honour of Rob Croxson—a long time resident of this area.

He came here after escaping Sydney in the 1980s to pursue his passion for fishing. Rob lived in Cobargo, Bermagui and Tilba, then finally Darwin where he moved with his partner Barbara Hamil in 2008.

Around one hundred friends, business colleagues and family gathered to hear an upbeat account of a larger than life character.

Leaving the airport after migrating to Australia in the early 1970s, he literally walked into a long lost childhood friend—the only person whom he knew was ‘somewhere in Australia’.

He was an expert furniture restorer and French polisher, an integral part of a successful business in Balmain. His dedication to fishing drew him down from Sydney to this area where he established his tuna export business. This continued with the teaching of his trade in South Africa, Fiji and Papua New Guinea.

After relocating to Darwin, he skippered a luxury charter boat, fishing throughout the Top End. Barbara joined him and they worked together for three years. With his qualifications, he skippered the Mandorah and Tiwi Island ferries for Sea Link and with a lifetime experience in fishing, he became a trainer for the Seafood Maritime Industry in Darwin.

Rob will be remembered with love by his two sons, Matthew and Jeremy, his partner Barbara and her three children, Tom, Sam and Vicki.

Tony Millard



Rob Croxson will be missed by many.

What about the dingo?

No-one knows how many pure-blooded dingoes there are in South East Australia, but if habitat destruction and hybridisation haven't made the remaining few of this vulnerable species extinct, the Federal Wild Dog Management Plan will have a damaging effect. Death by shooting, trapping or poisoning, to kill any dingo, wild dog or domestic dog believed to be threatening a farmer's livestock, is the aim of the expensive plan.

The plan pays lip service to dingo conservation but it is poorly supervised and varies in its implementation from state to state. The advice of ecologists, naturalists and conservationists continues to be ignored. We will never know for sure how many dingos have been killed as few records are kept and there are vast areas to be policed.

The scientific view is that it's essential to increase dingo numbers to protect what little biodiversity remains in wilderness areas. Alternative methods such as fencing, Maremma dogs and alarms could be investigated to protect livestock.

Sad enough if it's your pet dog

that wanders out of bounds and dies an agonising death from 1080 poisoning. Also terrible if the government plan results in further loss of an apex predator in the wild.

The Animal Justice Party in NSW lists among its key objectives:

- To elevate dingoes from Vulnerable to Protected native dog status, giving them protection from being killed and removing any pest status
- To minimise the threat of continued hybridisation by controlling wild dog populations through non-lethal methods in order to protect dingoes' genetic integrity
- To ban 1080 poison
- To inform Australians, especially rural landowners, of the ecological benefits of dingoes.

In the words of Lyndon Schneiders, spokesperson for the Wilderness Society, 'Our national environmental laws are not working ... Australians want new nature laws that will end extinction and an independent watchdog to enforce those laws.'

Susan Cruttenden



Bermagui and District Lions Club

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Montreal gold shines again

Such a busy time for all the volunteers at the Goldfield. Our greatest effort was the 95 people who came to visit all at once!

This was the Wolseley Car Club on a national get-together in Bermagui, and included a tour round the Goldfield in their itinerary.

Recently we had a seniors group and a motorhome group, apart from the usual visitors on a daily basis. We have been so busy we will need to expand our infrastructure to cater for visitors from pre-school to senior/aged citizens.

Unfortunately, we are running out of volunteers to provide such a unique attraction for the area. Do you have some time to spare or know of someone who could come and help for an hour a week? There are lots of interesting activities to take part in when you have time.

As volunteers at Montreal we are a happy group with lots of laughter and a great rapport when working at any activities. Come and join us!

Judi Hearn



Classic Wolseleys converged on Montreal Goldfield as part of their national meet last month.

Well Thumbed Books' Winter hours and crime sale!

Well Thumbed Books will be have new opening hours from Monday, 3 June. We will be closing at 3 pm instead of 4 pm during the week, and 12 midday on Saturdays.

Also, from Monday 3 June we will be having a 50% sale on all crime novels, until Saturday 8 June, when we will have one of our, dare I say it, iconic morning teas. Please join us then.

Looking forward to seeing you all,

The Well Thumbed team

Bollywood meets Bluegrass at Cobargo Hall

The Cobargo School of Arts Hall was dressed up to the nines on Wednesday 9 May for a Bollywood meets Bluegrass night with the wonderful BluGuru.

Nikki Huttman and Alfredo La Caprara's wonderful draping and decorating set the stage for a night of joyous Bollywood dancing led by Parvyn Bennett. Parvyn's extraordinary vocals enthralled the audience, backed by the

mesmerising tabla and guitar-playing of Josh Bennett and the genre-hopping antics of Andrew Clermont on didge, fiddle and mandolin.

The absolute highlight of the night was the dancing—Parvyn's dance calling made Bollywood experts of us in no time.

This was another world-class band brought to Cobargo by the Yuin Folk Club.

Zena Armstrong

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Cobargo Creators' Winter Workshops

Celebrate winter by exploring creative painting with Rita or Margi.

'How Watercolour Works' with Rita Wagner

Rita Wagner is a mixed media artist and author who over two days will take you on a journey into 'How Watercolour Works', simplifying some of the fundamentals of painting with watercolours. Techniques included are the different types of paper, the mixing of colours, flat and graded washes, the wet and the dry, hard and soft, negative and positive ... and a play with textures.

Along the way you and water will become intimate partners in the process of making watercolour flow splatter bleed bloom granulate and separate.

With Rita as your guide this workshop will be experimental—no stress, full of endless possibilities, and *fun*.

Saturday 15 and Sunday 16 June, 10 am – 4 pm, Cobargo S.O.A. Hall. \$185 pp plus materials.

'Painting with Alcohol Ink' with Margi O'Connor

This is an opportunity to create impressionistic, free-flowing abstract forms or strongly defined shapes and patterns. Alcohol inks are highly pigmented and fast drying, and Yupo paper is a synthetic, water resistant watercolour paper that responds well to dyes (alcohol inks) allowing your paintings to keep their bright colours and crisp edges.

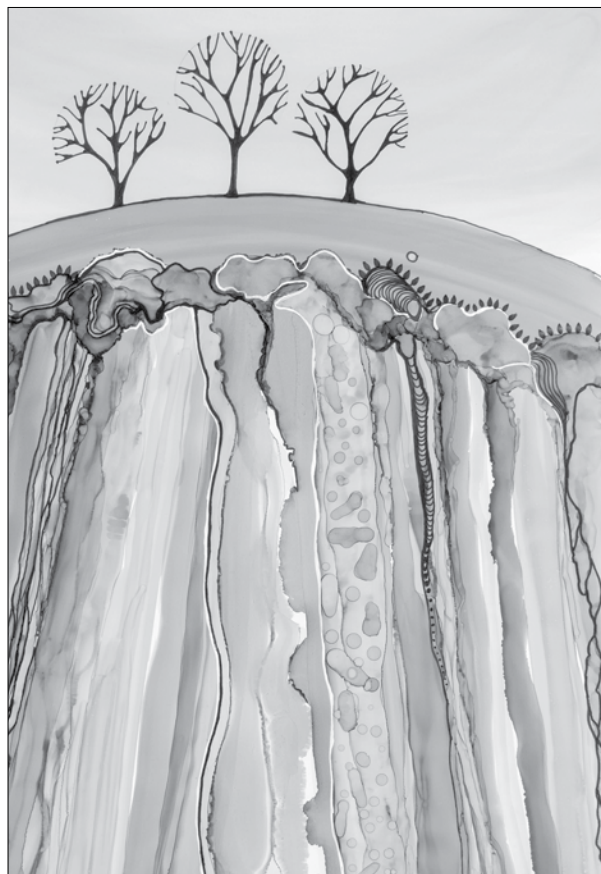
Margi will show you the methods and encourage your exploration of this medium and, as above, it will be experimental and fun.

Saturday 15 June, 10 am – 2 pm, Cobargo SOA Hall, \$75pp

To book for either workshop or for more information contact Glenda 0408 411 956 or email artsincobargo@gmail.com.

And because it's all about keeping warm and cosy now, Cobargo Creators have a firewood raffle on the go. Following on from the Mothers Day raffle which was won by a very happy Kirsty, \$2 tickets are now on sale at the gallery in the main street.

Sandra Taylor



Alcohol ink possibilities by Margi O'Connor

Raise the Roof - Fundraiser with Heartsong

The 120-year-old church at Tilba Tilba, home to Open Sanctuary, is in need of a new roof. When works on the roof are undertaken, the electrics will be rewired, roofing insulation installed and three ceiling fans fitted. It will make the church more comfortable, warmer in winter and cooler in summer.

To this end, Heartsong, led by Geoffrey Badger, have generously offered to do one of their three upcoming concerts as a fundraiser for Open Sanctuary.

The concert will be held at Open Sanctuary (Holy Trinity Church), 242 Corkhill Drive, Tilba Tilba on Saturday 15 June at 3 pm. Entry by donation.

Other Heartsong concerts are on Sunday 16 June, 3 pm, at Wolumla Hall and on Monday 17 June, 7 pm, at St Johns Anglican Church, Bega.



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△ The Triangle June 2019 page 23

'Winter is Here!' at the Lazy Lizard

Yes, winter is upon us, bringing with it those chilly mornings, along with frozen hands and icy earlobes, but fear not, we at the Lazy Lizard have a plan! As always in June, just when we need her most, we have Helen Stafford taking over the Side Room and decking it out with all those warm and snuggly woollen items that she makes so beautifully and are just perfect for this time of year!

Helen will have a wide array of items on display. If you need to replace your fingerless mittens, you are advised to buy them now, as there is a price rise in July ... or, why not get yourself a colourful cosy for your Keep Cup? It will help keep your drink warm for longer in this chilly weather!

She also has a variety of hats and beanies. These have all been knitted using only Australian wool, sourced from

Bendigo Woollen Mills. Some speciality yarns have a percentage of bamboo, mohair, alpaca and/or silk. There is usually only one design and one colour item available for sale, ensuring exclusivity for the season. Different sized heads are catered for, with sizing being firm, loose ... or slouchy, for those with lots of hair they want to tuck away! There are unisex styles also available, as well as designs that add variety by being reversible. Come and enjoy trying them on to find a colour and style that suits you. Also, let's not forget those beautifully felted neck cowls that look so gorgeous and are so warm, soft and practical.

The 'Winter is Here!' display will be in the gallery for the whole of June, and you will have a chance to come along and meet Helen at a tea and bikkies opening on Saturday 8 June at 10 am.



Lovely, warm winter woollies by Helen Stafford, at Lazy Lizard all month

Winter poetry challenge

The Well Thumbed Poets group is issuing a winter poetry challenge to *Triangle* readers. Please send us a line of poetry about the experience of living on the Far South Coast at this time of year.

It can be a detail from your day, a quote, found text or a general observation—anything, really. Give it a go—you don't have to be someone who regularly writes poetry.

Your line can have up to five stressed syllables, and as many unstressed syllables as you need. For example, 'To **be**, or **not** to **be**, **that** is the **question**' has five stressed syllables – marked here in bold.

We Well Thumbed Poets will combine the lines we receive into a communal poem about winter in these parts, which we hope the *Triangle* will publish.

We're planning to issue the same challenge for each of the four seasons ahead. At the end we hope to have a cycle of communal poems on life on the Far South Coast through the seasons.

Please send your line by 31 August to kaijjensen@gmail.com.

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Bermagui businesses acquire more sculpture

Well-known local artist Joy Georgeson was awarded \$2000 for her two 150cm high, lifelike ceramic sculptures, *Road kill* and *Fatal attraction*. Both are now installed in the publicly visible garden of the Bermagui Motel on the corner of Bunga and Lamont streets.

The inaugural Bermagui Business Award of \$1000, donated by local business owners, was presented to Ulan Murray for *Umbra*. As we received additional donations towards the 2019 award, we decided the work recognised should be acquired for public exhibition in Bermagui.

This year's award was judged by a fellow business owner and artist, Malcolm Barnes, who brought to life the Festival of Faces back in 2013.

There are now four sculptures installed in town by Sculpture Bermagui, adding to the one on the foreshore from Bega Valley Shire Council and the several along the waterfront of the Fisherman's Coop. We are developing quite a collection here! The Bermagui community and visitors enjoy this display of creative spirit and Sculpture Bermagui is thrilled to make it happen.

Contributors to the 2019 Bermagui Business award were: Artspace Shop 7, Bermagui Autos, Bermagui Fishermen's Cooperative, Bermagui Motor Inn, Bermagui Surf Shop, Bermagui Village Store, Bluewave Seafood, Craigh Hurst Engineering, Frame & Brush, Gelati Clinic, Horizon Credit Union, Julie Rutherford R/E, Markets on Lamont, Meg's Quilting, Mermaids, Neilson Mitre 10, Nested on Wallaga, Pineapple House, Reflections Holiday Park, Salon Paradis, Sapphire Cove Bermagui, Stitch Connection, Tanja Lagoon Camp and The Media Company.

Visit www.sculpturebermagui.org.au for full details and find out how you can be part of the team.

Paul Payten



Joy Georgeson's lifelike ceramic works, installed in the garden of Bermagui Motel—in good view of passers-by.



FOUR WINDS



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2019 Windsong Series Concerts
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Visit www.fourwinds.com.au
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to experience fine music
on the Far South Coast of NSW.



Windsong Series 1

Sunday 23 June 2019
12.30pm

VOX: Sydney's finest young adult choir present an afternoon of song inspired by the magic, love and fragility of childhood. Come and be inspired by sublime singing by this celebrated choir.



Windsong Series 2

Saturday 17 August 2019
1.00pm

Four Winds and the Sydney International Piano Competition present US pianist, **Kenny Broberg** in recital – a stunning program of Bach, Beethoven, Chopin, Debussy and Ravel.



Windsong Series 3

Sunday 22 September 2019
1.00pm

International guest violinist **Anthony Marwood** in collaboration with Four Winds Artistic Director **James Crabb**. 'Music through the centuries' by Piazzolla, Bach, Beamish, Gardel and Stravinsky.

Art in the Triangle

Tilba Woodwork Show returns on long weekend

Looking for something to do on the June long weekend? Look no further! Head to Central Tilba where once again the Tilba Woodwork Show will be held in the Central Tilba community halls. This event has now been running for 24 years at Tilba and has developed a reputation for presenting fine woodwork for both appreciation and sale. Pieces range from decorative—either turned, carved or sculptured—to the practical and useful. Some are traditional, some are quirky, but all are inspirational and just plain fabulous! Wood crafters from north of Batemans Bay to south of Bega are proud to present their work.

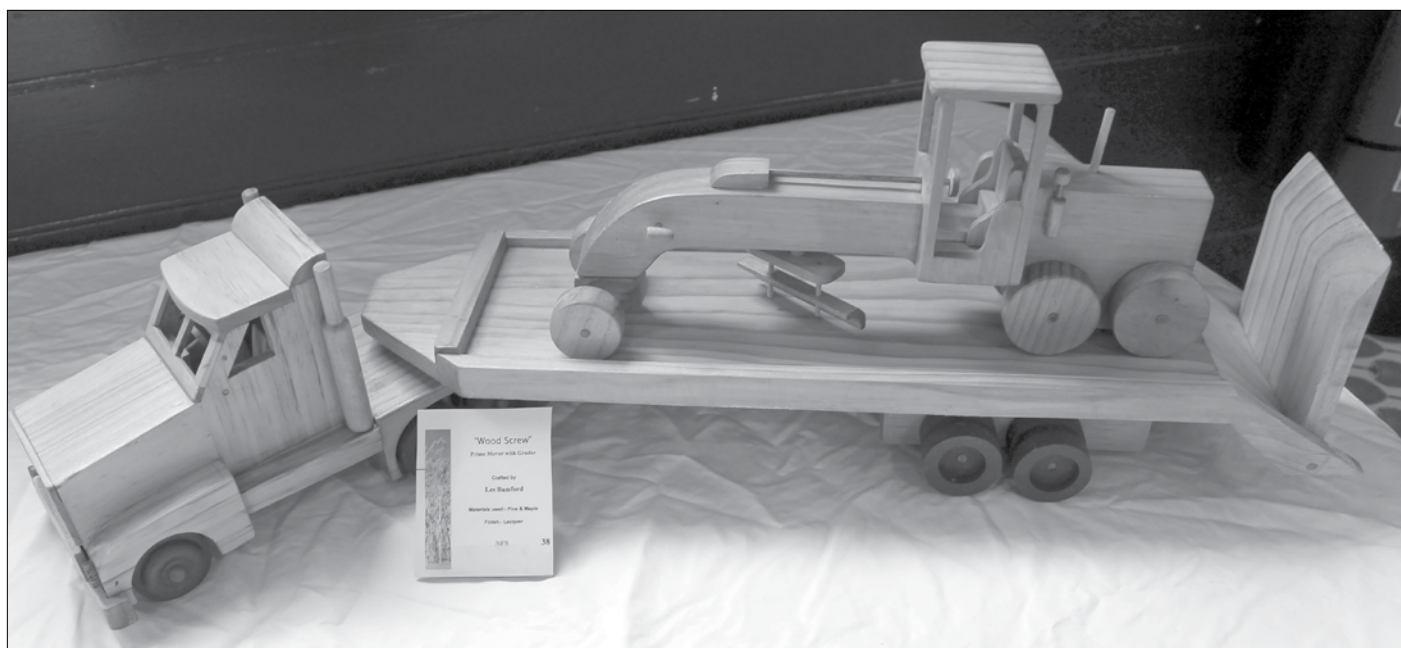
Entry is just \$2 with children under 12 free. As well as the fine display of timber items, there will be demonstrations of wood turning and carving over the

weekend; a toy-making workshop for children; get a name plate made by our CNC router; and a raffle with prizes of beautiful woodwork. You also get to vote for your favourite entry in the exhibition. This year our special guests will be the Eurobodalla Model Railway Club, which will have both model steam and diesel locomotives operating in a country railway station.

So come and spend the day at Central Tilba, enjoy morning tea or lunch at one of the many cafés or the pub, take time to explore historic Tilba, and of course the highlight—visit our exhibition. Doors open at 9.00 am both Saturday and Sunday, June 8 and 9 (open until 4 pm on Saturday and 3 pm on Sunday). Credit/debit card facilities will be available for sale items. See you there.



Vessel with plinth by Peter McDowell, from laced she-oak and gidgee



Logging truck by Les Bamford, assisted by Ron Green. Mainly pine, a winner in this year's Moruya Show



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Check our Facebook page for more information
or call for our daily menu Ph: **6493 5915**

16 Bunga St, Bermagui BYO. Eftpos

Facebook page: **Curry Bunga**

Art in the Triangle

A Plethora of Postcards: calling for entries!

The *Plethora of Postcards* exhibition is returning this year and Spiral Gallery is calling for entries—2D or 3D. You can create artworks in any medium for the exhibition. This is a great opportunity to have your work displayed at Spiral Gallery in Bega. Great prizes to be won. Judge is Carolyn Killen from Ivy Hill Gallery.

We have two special categories: 'Iconic Australiana' and '3-Dimensional'.

Entries must be postcard size—A6 (105mm x 148mm). 3-dimensional

postcards should have an A6 postcard-sized base.

You can download the entry form from www.spiralgallery.org.au, pick up your copy from Spiral Gallery, or contact the Spiral Postcard Team: spiralpostcards@gmail.com.

Closing date for the entry form is 7 June. Exhibition opens 21 June. Exhibition runs until Tuesday 16 July.

Don't miss out! Start creating!



CREATE ...
... postcards ...

- 10.5cm x 14.8cm
- any medium
- 2D or 3D

... and submit to
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and gardening tips going back years.

www.thetriangle.org.au

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Louise on 0416 039 895

or Linda on 0407 047 404

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Sharpen the tools ... the time is right

With winter now with us, start pruning in the rose garden and orchard as most of these plants will be going into dormancy with the sap slowing down.



Roses should be pruned reasonably hard, as the more new growth that is encouraged the more blooms will appear in late spring. If you are unsure of the severity of pruning then these few tips will help.

Initially remove all dead or damaged wood. Remove any branches that are crossing over another branch or are growing into the centre of the bush. The idea is to keep the centre of the bush open in a vase shape to allow for better air circulation. This will decrease the possibility of fungal diseases when the plants come into leaf again in spring.

Reduce all the other growth by as much as half, ensuring you have live buds below the cut and the uppermost bud is pointing away from the centre of the plant, basically pointing in the direction you want the new growth to head.

An important fact to remember when

doing your roses is not to prune any that have only one flowering period—in spring. These roses flower on the current season growth and if pruned in winter there will be no flowers. Prune these roses in late spring after they have flowered. Many climbers fall into this category.

The pruning of deciduous fruit trees is a bit more complicated. If you are unsure of the technique I suggest you contact a professional horticulturist for some help.

Once all the roses and trees have been pruned, spray with winter oil and a winter fungicide to remove any over-wintering insect pests and fungal problems.

Prune hydrangeas now—a similar method of pruning to roses is recommended. Hydrangeas flower on growth that has been made in spring on new season wood so the more that this is encouraged the more flowers you will have.

Now is also a good time to divide and relocate summer flowering bulbs like dahlia and other herbaceous perennials.

Divide them with a sharpened spade and dust with a fungicide to prevent any damage to the cut. Plant them in the new position with a combination of cow manure, a handful of blood and bone, and your existing soil. Remember that most herbaceous perennials like a well-drained soil, so slightly raised garden beds in full sun are the ideal.

Remember that not every flowering tree or shrub in the garden needs to be pruned in winter. I have seen many spring-flowering plants heavily pruned in winter and then no blossoms appear in spring. Spring-flowering trees and shrubs develop their flowering buds in late summer and autumn and if these plants require pruning, do it in late spring after flowering. They then have all the following seasons to develop new flowering wood.

Remember to ensure all your pruning tools are well sharpened and clean before you start.



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IYENGAR YOGA with Paula Casciola

Bermagui Community Hall
Monday 7-8.15 am Call for dates
Monday 6pm Tanja
Tuesday 5:15& 7:15 pm Bega
Thursday 11am Bega
Bookings: 0458 271168

The Cobargo General Store has been blessed by the support of our community, not only through regular local custom, but also the huge response of local growers, who enthusiastically supply their produce to our shop. There has been an enormous variety of wonderful produce made available to our store in the past few months. As the weather turns colder, the local produce will obviously change and we look forward to seeing what the winter's harvest will offer; it also means that Cobargo General Store's hours will change with the season (10 am to 4.30 pm Tuesday to Friday/ 9 am to 1 pm Saturday/closed Sunday and Monday)

It's hard to believe our little shop has been open for six months; the time has just flown! Thanks to all for your support. Cobargo (and the Triangle's surrounds) are made up of a wonderful group of folks.

We chose the following recipes based on some of the local produce we recently received. The Dulce De Batata is a recipe from Alfred's mother and the Shallot Tarte Tatin is a vegetarian, savoury take on the famous 'Tarte Tatin', usually a dessert using apples or pears.

Shallot Tarte Tatin

The French shallot comes from the same family as onions, but has a milder, sweeter flavour. They are popular in French and Asian cuisine, contain a good amount of vitamin C and are a source of dietary fibre.

600g shallots
2 tbsp olive oil
25g butter
4 tbsp balsamic vinegar
2 tbsp brown sugar
4 sprigs thyme
375g sheet puff pastry

Heat oven to 200C.

In a heatproof bowl, pour boiling water over shallots, leave for 10 mins, then drain and peel.

In a frying pan, melt oil and butter, add shallots and gently fry for 10-15 mins, until soft and lightly browned.

Add vinegar, sugar and leaves from 2 thyme sprigs and stir through until caramelised. Turn off heat, add a little salt and pepper.

Tear the remaining thyme sprigs and scatter over the base of a 22cm ovenproof shallow pan, cake or tart tin (without a loose base).

Pour in the shallots and their sticky juices.

Roll out the pastry until it's big enough to cut a 26cm-diameter circle.

Lift the pastry circle onto the shallots and tuck the edges of the pastry down the inside of the pan.

Bake for 25-30 mins until pastry is golden.

Serve with a green side salad and/or goats cheese.



Dulce De Batata



Shallot Tarte Tatin

Dulce De Batata (Sweet Potato 'jam')

Popular in South American countries, Dulce De Batata is usually served as an accompaniment to cheeses: a twist on quince paste, if you like...

2kg sweet potato
1.6kg sugar
30ml vanilla essence
40g gelatin powder
¼ cup warm water

Boil potatoes in their skins until very soft. Peel and mash well (or pass through a sieve/potato ricer/mouli)

In a large pot, add sugar, mashed sweet potato and just enough water to cover contents. Cook gently for around an hour, stirring occasionally to prevent sticking. If the mixture seems to be drying out, add a little water.

Once smooth, add the vanilla essence, dissolve gelatin in the warm water and stir thoroughly through the mixture.

Place the contents into a container, let cool, then refrigerate until set.

The Dulce De Batata should last for about two weeks in the fridge.



French Cafe

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**Write what you want
to read!**

**Contribute to
*The Triangle***

Send it to

contributions@thetriangle.org.au

**check out the guidelines
below**

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email us **contributions@thetriangle.org.au**

Book Review

Heather O'Connor

Carrie Tiffany, *Exploded View*, \$29.99

I really enjoyed two earlier novels by Carrie Tiffany, particularly *Mateship with Birds*, which won the Stella Prize. *Exploded View* is another thing altogether, and as one reviewer warned, not for the faint-hearted.

The narrator is a young girl whose mother has a new partner, referred to as 'father man'. He sets up an illegal car repair workshop in the backyard. His abusive behaviour leads the girl to resist him through acts of sabotage against the cars he is repairing, and by creating a secret night life when she slips out from the locked house and drives away in repair cars. A family road trip across the country is both an escape from the confinement of home, but also an experience of closer confinement as the four family members virtually live in the car.

Throughout the book we learn how the girl masters the mechanics of cars, educating herself by reading Holden manuals. This skill allows her to view



life from the safe remove of the assembly of mechanical objects, ensuring her survival as a member of this dysfunctional family. A difficult book, but one which is being received as further evidence of the importance of this Australian author.

Pet of the Month

Deb Cox

Animal Welfare League NSW Far South Coast Branch has re-established its Cat Adoption and Rehoming Service in the Bega Valley Shire following the folding of the local RSPCA cat-caring programme. They desperately need carers. If you can care for mature cats or litters of kittens we would love to hear from you on 0400 372 609. The Branch has already taken in two unwanted litters with another arriving next week.

There is no need for unwanted animals to be born. If you know of anyone who is still reluctant to de-sex their pets (both males AND females) please try to encourage them to do so ... for the benefit of both the animal and our community. Subsidy application forms can be picked up from any Bega Valley Shire vet.

Please note that Far South Coast Branch volunteers raise the funds to support this de-sexing subsidy and do not receive any government funding. The Branch also raises funds to subsidise the

adoption fee so that all animals are de-sexed, in an effort to reduce the unwanted litters that often result from the 'free to good home' or pet shop purchases.

Please 'adopt don't shop'. Call AWL FSC Branch on 0400 372 609 to enquire about any of the many animals available for adoption, such as Bobby the ginger spotted tabby (pictured). You can also check the Facebook page (Animal Welfare League Far South Coast Branch).



Bobby is de-sexed and ready for his forever home, now that the AWL is cat-caring again.



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm & Bermagui Monday 5pm
Both at Anglican Church Hall,
Ph Dave on 6493 5014

AL-ANON

Bega, Back Room 7th Day Adventist Church,
31 Upper St (opp showground/pool)
Tuesday 5-6 Thurs 1-2 Ph 6492 0314

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI CROQUET CLUB

Sunday Social Golf Croquet 9.45 until 12.00
Monday Association Croquet 1.30 until 4.00
Wednesday Golf Croquet 1.30 until 4.00
Thursday Association Croquet 1.30 until 4.00
Call Lynn Lawson 0411 432 533

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfp Preston@bigpond.com

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 0418 406 068

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary. Bob Whackett: 6493 3136

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men welcome.
Contact Ian Bailey 0409 691 458 or
Phil Baldwin on 0421 114 882.

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickenson Oval. 10am-12. Contact Lorraine
Courtis email lcou6446@bigpond.net.au

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO CWA

Meeting 2nd Tuesday of the month at 10:30 am
CWA Cottage, 5 Cobargo-Bermagui Rd, Cobargo
Contact: Ms Sally Halupka 6493 7356
cwa.cobargo@gmail.com

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary.
For info phone Robyn Herdegen 6493 8324
or Margaret Portbury 6493 6461.

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm
Discuss the Ageless Wisdoms of Alice A. Bailey
teachings. Phone: Lorraine on 6493 3061

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th
Saturday, tea/coffee 4.30pm start 5pm.
Discussion group 3rd Saturday. Meditation
every Monday at 11am. Other events see website
opensanctuary.weebly.com.
Inq: Linda Chapman 0422 273 021

TILBA CWA

Meeting 2nd Friday of the month at 10 am
Tilba small hall, Bate Street, Central Tilba
Contact: Ms Maureen Kleeman 0477 633 221
maureen.kleeman@gmail.com

CWA CAFE

2nd Saturday of the month 9 am to 12 pm.
Tilba small hall, Bate Street, Central Tilba

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

JUNE	WHAT	WHERE	TIME
Sat 1	Live music: The Hoops	Cobargo Hotel	8 pm
Sun 2	Live music: Joe Driscoll	Cobargo Hotel	5 pm
Thurs 6	Cobargo RFS AGM	Cobargo Fire Station	7 - 9 pm
	Dementia information evening, free	Cobargo Hotel	7 pm
Sun 9	Galba Forge blacksmithing demonstration	345 Yowrie Road, Wandella	1 - 5 pm
	Live music: Enchanted Fools	Cobargo Hotel	5 pm
Tues 11	'Spanner in the Works' men's health	Bermagui Country Club	9.30 - 4.30
Sat 15	Heartsong fundraiser	Open Sanctuary, Tilba Tilba	3 pm
Sun 16	Live music: Dust & Echoes	Cobargo Hotel	5 pm
Fri 21	Open Mic	Cobargo Hotel	8 pm
Sun 23	Live music: Jay McMahon	Cobargo Hotel	5 pm
Sat 29	'One more time for Edie' SoAhhhh fundraiser lunch	Cobargo SoA Hall	11 am - 4 pm
Sun 30	Live music: Chango Tree	Cobargo Hotel	5 pm
REGULAR EVENTS			
Mondays	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	10.30 am - 12.30 pm
Tuesdays	Quaama Singers	Quaama Hall	5 pm
	Trivia	Cobargo Hotel	7.30 pm
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
Last Wednesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - 12 noon
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 - 11 am
	Bermagui Growers' Market (6 June only)	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10.30 - 11 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	'Everything Tech' night	Bermagui Library	5 - 8 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Friday	Tilba CWA Meeting	Small Hall, Tilba	10 am
Saturdays	Tilba Market	Big Hall, Central Tilba	8 am - noon
	Cobargo Market	Princes Hwy (main street)	8 am - 1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am - 12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am - 12 noon
ART			
Sat 8	Opening: 'Winter is here!'	Lazy Lizard	10 am
Sat 8, Sun 9	Tilba Woodwork Show	Tilba Halls	9 am