

Students strike for climate action—now



Students from Bega Valley schools left classes and gathered at Littleton Gardens to beg Council to declare a Climate Emergency. 'It's not too late to fix this mess', one said.

Students held their third school climate strike in Littleton Gardens in Bega on Friday, 24 May. Many of the youngsters spoke, some with great confidence, some naturally nervous.

All gave the same message: they were terrified and disappointed after the election of a government that has no appreciation of the immensity of the task that confronts us. Yet they have hope, these kids. 'It's not too late to fix this mess', one said. They know the situation and the science. I'm shocked that they are telling me how to act; I should have done so myself, without being prompted.

Despite so many cities around the world declaring a climate emergency, 'All we have is still in jeopardy', one fourteen-year old said. Another said, 'I'm no longer accepting the things I cannot change, but I'm changing the things I can't accept'.

They spoke of moving from fear to action, with the promise that, 'I will act because I want to be dangerous.' As their passion swells to include the rest of us, we could yet become a force for change, despite the present government.

From this meeting has grown a drive to get Bega Council to declare a Climate Emergency. Many in the Gardens met at Café Evolve afterwards to set up an action group: 'Climate Action Mobilisation for the Bega Valley'.

This is the most promising movement for transforming the South Coast. The action group has started a Change.org

petition asking Council to acknowledge the truth of our situation, and you are asked to sign. Search for the petition online using the keywords 'Change Bega climate emergency'.

At last count, over 2100 have signed. They are aiming for 10% of the population, which is about 3000 signatures. With Council recognition the action group can begin to protect this area against the coming storm. After all, what's the Precautionary Principle inherent in all good government? A social duty to protect the public from exposure to harm when scientific investigation has found a plausible risk.

The group plans to present the petition and the motion to Council on 28 August.

And ... a sit-in. For twenty weeks Vivian Harris has spent every Friday sitting in Bega, in front of Mike Kelly's office or in Littleton Gardens, asking Council to declare a Climate Emergency. 'We have so little time—we have to take collective action. We need systemic change, and we need it now,' she said. Just by sitting she is reminding us that our climate is deteriorating. 'And since our governments refuse to act, it's up to us at the local level. I aim to raise awareness that something can be done.'

John James



Not just the young ... for twenty weeks Vivian Harris has spent every Friday sitting quietly in Bega, demanding action from Council.

A valued member of the *Triangle* team is Ann Maree Menager from Wallaga Lake, and what an asset she is. AM, bless her cotton socks, has taken it upon herself to trawl through the minutes of Bega Council meetings every month, sorting the oats from the chaff and bringing you just the juicy morsels you need to know about. Check out her coverage of Heritage Grants applications—which close very soon—and

a couple of local projects in the pipeline (as well as her own personal rodent crisis, which Council is yet to convene on).

July is when we celebrate NAIDOC Week, and two events of note are the Gulaga Reconciliation Group's celebration at Central Tilba and the launch of a new collection of Indigenous writing at Bermagui Library. Two local artists have also had works chosen to adorn football

jumpers (!) of men's and women's teams in the Indigenous Rounds.

What a great opportunity, this month, to bring our community together to celebrate our First People, their history and art and custodianship of the land before colonisation, when people lived in balance with the environment. There's much to learn. As our Dr Ro Beaumont says, it's about interconnectedness.

Letters to the editors

Dear Editors,

We applaud Rosemary Millard's excellent Letter to the Editor (June edition) about the Bermagui Field and Game Club's wish to increase their shooting days from once to twice monthly. It sums it all up in a nutshell.

The vast majority of local residents do not want our beautiful, pristine wilderness coast, our Shire with its reputation for arts and music, turned into a hub of a shooters' paradise—a 'paradise' where you have to wear earmuffs and be afraid.

We have enough shooting already, and we say NO, NO, NO to any more.

Sincerely,

M&M Gegg
Barragga Bay

On behalf of the Bega Valley Shire Library, I wish to thank *The Triangle* for the very generous donation of \$1000 for the purchase of books by Aboriginal authors. This money has been used to purchase a mix of Adult and Junior books written by Aboriginal authors which will, I am sure, be greatly appreciated by the local community. These books are a fantastic addition to the Library's collections.

The Library could not do what it does without the generous support of a caring community. Thank you again for your thoughtful gift to the library.

Samantha Fenton
Library Operations Team Leader
Bega Valley Shire Library

(Eds: See page 11 for details of the launch of the collection on 9 July)

We applaud the courage of Rebecca Blunden to write so movingly of her feelings post-election in June's *Cobargo Conversations*. Beautifully written, it expressed everything we felt too. Thank you, Rebecca. We do not know you but know that we are kindred spirits.

Dawn and Ivan Hollins
Cobargo

The Cobargo Tourism & Business Association would like to thank all the local businesses who donated raffle prizes to raise money for the installation of year-round fairy lights on both sides of our picturesque street.

A lovely local at Narira Village asked me to call in to see her last month. We discussed the village, she praised the businesses and townsfolk and then she dropped a bombshell—she wished to donate \$1000 towards the fairy lights. She'd saved up her pension to help the town since I started selling raffle tickets a while back.

She wanted me to keep it a secret! Could I do that? Could the generous nature of this wonderful woman pass without notice? It will have to!

I raced home and rang the Baking Buddies. Beth was speechless. She and Lorraine will take this lady a fruit cake, pickles and jams. The next day I delivered a big bunch of flowers to the lady.

After this donation, we only need about \$1000 more to meet our target. But after we meet it I will keep going, as upkeep will be needed when the lights are installed.

I will always remember our lovely donor and the twinkle in her eyes.

Janet Doolin
Cobargo Tourism & Business Association

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The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email us **contributions@thetriangle.org.au**



Thumbs UP

To *The Triangle*, local public and commercial media, local businesses and especially the healthcare professionals who have all been incredibly enthusiastic and supportive of the Bermagui Men's Shed Men's Health initiative, 'Spanner in the Works', which inspired 34 men from our community to drop in for a health check-up. Thank you!

To the public bus drivers on the Bega-Bermagui run, who go to great lengths to ensure the safety and convenience of their younger passengers -- and their older passengers too -- with their care and can-do attitude.

To the work of the Bermagui Forum. Their meetings are informative and consultative. When is the next one?

To all the kindness shown to me during my recent illness by Bermagui Medical Centre, the pharmacy, the new vet Ben Tett, the library, Eastwood's Deli and Mitre 10.

Thumbs DOWN

To those who killed two kangaroos recently, despite the sign, 'Bega Valley Council says no to violence'. This includes in our homes, schools, work places AND on our roads.

To dog walkers on Horseshoe Bay. It is not a leash free beach! And not all the birds are seagulls—quite often terns rest there on their long migration. It is also a public bathing area. So please keep your dog on a leash. There are three other areas close by that are leash-free.

To smokers at Horseshoe Bay and Bruce Steer Pool. They are both smoke-free areas, to stop butt pollution and protect others from secondary smoke.

To whoever stole the mature plants from the garden outside Swamp Hair in Bermagui. They'd been lovingly tended by Daryl and were such a great addition to an otherwise sterile car park.

To the people who were trying to break into my garage and house in Akolele on Saturday. I have reported this to Narooma police.



Little-known imposts

Bird-fanciers and twitchers must pay dovgage
and also plumage. Football hooligans
are levied bovgage, card-sharps, cribbage
but all of them have to pay lovgage.

Ducks incur bobbage, untidy people, slobbage,
and teenage fans of boy bands, throbbage.
Gardeners who don't have cars pay cabbage
but not only gardeners incur lovgage.

The clinically depressed are assessed for gloomage.
Prophets who prophesy with placards
on pavements the end of the world incur doomage
but everyone is doomed to pay lovgage.

Stowaways incur stowage
cows and their owners lowage; and what
makes philosophers dispute the need to pay knowage?
But no-one can talk their way out of paying lovgage.

Tuba players are assessed for tubage
here on the Far South Coast we incur rubage
cosmetic surgeons must budget for boobage
but all of them at last fall due for lovgage.

For grandmothers, woodcutters and witches there's cottage
for villains and intelligence agencies, plottage
for the elderly and ageing much-concussed footy players, dottage
but anyone who is of woman born
and not by long misfortune turned to stone
yes anyone with one toe in the sun
in some way, soon or late, must pay their lovgage.

Kai Jensen

Who does the work

The Editorial Committee

Linda Sang (President)
Sarah Breakey (Vice President)
Carolyn Banados (Secretary)
Bhagya (Treasurer)
Rosemary Beaumont
Ann Maree Menager
Kathy Wilson
Debbie Worgan

Advertising

Book advertising space by ringing
6493 8369 or 0407 047 404 or email
advertise@thetriangle.org.au

Layout & Design

Linda Sang, Bhagya & Debbie Worgan

Accounts

Email: treasurer@thetriangle.org.au
Post accounts to:
PO Box 293, Bermagui NSW 2546
Phone: 6493 8369

Area Contacts

Bermagui: Carolyn Banados, Ann Maree Menager
bermagui@thetriangle.org.au
Cobargo: Rebecca Blunden
cobargo@thetriangle.org.au
Quaama: Bhagya
quaama@thetriangle.org.au
Tilba: Stuart Absalom
tilba@thetriangle.org.au
Printing: Excell Printing Pambula
Accounting Services: Fredrick Tambyrajan
Distribution Service: Linda Sang

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Letters to the editor

All communications should be forwarded to:
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Postal address:

The Editors, The Triangle
PO Box 293, Bermagui. NSW 2546
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The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

The frosts are rolling in on us here in Cobargo. Down from the hills, down, down into the gully of the town. Freddy frost and misty Mary dance their creepy mid-winter dance through the night, sending mist and ice crystals tinkling along the streets. From far above, Cobargo twinkles like a crooked four pointed snowflake in the light of the Sagittarian full moon.

The solstice, we crossed it once more. Its long night stretching to let us sleep a few moments longer. The sun creeping reluctantly skyward then happily plunging us back into blackness, the twinkle of icy stars reflected in the glimmer of the frost. We welcomed back the sun, the true new year, another turn around, knowing full well that the coldest days still lie ahead of us. The mid-winter feasts, bonfires and vigils dotted the otherwise sparse community calendar. Everyone has a little pagan in them when the mulled wine is flowing and they feel the fire glow hot on their faces. Geese and pumpkins were roasted and beer was spiked with liquor and spices, and the children frolicked and traded snotty noses like baseball cards. And still now the winter feasting is not yet done, with a celebration of local food just around the corner; the Figtree food company is holding their Saturnalia Winter Feast at our School of Arts Hall on 6 July. So let the festivities continue—we need some more fat layers to survive the chills around the corner.

Yes, it's getting cold, really cold. The kind of cold that usually jumps on you in late July, after you relax and think 'I got this'. Freezing winds haunt the main street like wraiths, the streets empty but for the brave and the desperate. Dashing from cars

to shops and back again, shoulders hunched and feet shuffling. Makes me wonder what deep winter may have in store for us inland gully dwellers.

The wood sellers and chimney sweeps have gone into overdrive, doing emergency wood drops and maintenance throughout the township, as people reluctantly remember what winter is like here. We warm our houses, or try to. Much too old, too big and too draughty for real warmth. Grand, it's true, with twelve-foot ceilings and a fireplace in each room. From another time when trees were everywhere and labour cheap. I wonder how my children will keep their babies warm—will they stubbornly occupy these old-world hulks or opt for the minimal, the modern. As I load another log on the fire, dense hardwood of deep red, I wonder about the tree that grew it. How long did it take to build all those many layers? How long will it take me to burn it? I feel lucky and guilty all at once. I consider starting a community wood lot, just in case. A bit of carbon sequestration now, and perhaps some warm toes later.

As usual the Cobargo community is way ahead of me, in fact I just got wind of

a community tree-planting day on 28 July, which, as it turns out, is 'National Tree Planting Day'. Starting at the park at the very respectful hour of 11 am, 200 trees and shrubs will be planted, creating habitat, combating climate change, freshening the air and creating some nice green vistas all in one. And let's hope that Cobargo's future occupants have developed some great new heating technologies, or else evolved some wicked furry undercoats so that the trees may grow and thrive into the future.

And not to be missed, our valley's proud new mascot, the cow, well I guess the good old cow is not exactly new in these parts, but certainly more recent than the kangaroo or the wombat. I'm talking of our Council's brand-new rustic-looking welcome sign. With timbers recycled from the Tathra Wharf, the signs have apparently been 'developed to reflect the variety of elements that makes the Shire a special place' (Council Facebook page). And so, yes Cobargo, we got a cow. Which might not be the 'Long-awaited and thoughtful symbols recognising the traditional custodians' but hey, welcome to Cobargo!



Welcome to Cobargo! Long-awaited and thoughtful maybe, but hardly recognising the traditional custodians.

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Cobargo Conversations

Cobargo CWA News

Five members of Cobargo CWA journeyed to Albury to take part in this year's State Conference. Anne Holub, Mary Williams, Lynn Lawson, Lynne Jones and Debbie Fisher spent five days in meetings. Stephanie Stanhope of Bega Branch was elected as the new State President and we wish her every success for the next three years.

Everyone will be pleased to know that Far South Coast Group, which includes Cobargo, won the Handicraft State Competition this year. We were awarded 695 points, which was 36 points more than the runners up. Sally Halupka from Cobargo Branch was highly recommended for her woven scarf. In the Cookery Competition, Far South Coast Group came second overall and Debbie Fisher from Cobargo Branch was ranked third for her chocolate sponge cake.

As well as Cookery and Handicraft competitions, some interesting motions were debated, including the legislation for the use of the term 'milk' to be used for animal products only, and recommending the expediting of the removal of abandoned vehicles as they constitute an environmental hazard.

The branch is now in serious rehearsals for the Music and Drama Day to be held in August.

Everyone is invited to our next event, the Bake for Babies Day on 27 July 2019, for a bowl of homemade soup. It will be held from 9.00 am to 12 noon at the CWA Cottage on the Bermagui Road. We simply ask for a gold coin donation which will go to the Newborn Intensive Care Foundation to assist in the purchase of another NAVA ventilator. Our raffle of a beautiful quilt, kindly donated by the Cobargo Quilters, will be drawn at 12.30 pm on that day.

Join us—you are assured of a warm welcome and a cuppa with something tasty to eat on the second Tuesday of the month (10 July) at 10.00 am.

*Mary Williams
Publicity Officer*

Death Cafe - Save the Date

Cobargo School of Arts

Supper Room

10.15 am, Thursday, 8 August

All welcome.

Death Cafe is a group-directed discussion of death with no agenda, objectives or themes.

Gather to eat cake, drink tea and discuss death.

Donation adds up for bike safety—and fun

Cobargo Public School would like to express sincere thanks to the Baking Buddies and Bruce Dogan for the kind donation of \$200 to be used to buy an all-terrain mountain bike.

This bike will enable junior students to increase their riding skills and will also

be used as the official bike on which the Kindergarten and Years 1 and 2 students will attain their 'bike licence'.

The students are all keen to try it out!

*Mrs Gillian Park
Principal, Cobargo School*



Essie and the girls try out the new equipment.

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The fires of mid winter have now been extinguished but we should never forget to be mindful when burning piles. Notify the Bega RFS, keep water and tools on hand and monitor the fire constantly until it is out. Never burn on a windy day or when wind is predicted. Be safe. Happy winter!

Cobargo community kicking cancer and National Tree Day

Kicking off on Saturday evening, 27 July, at 6 pm at the School of Arts Hall in Cobargo is a fundraising evening for the Harrington family of Wandella.

Thundergoose and friends will be entertaining us. There will be some great local-made curries, finger food, a warm fire, raffles and prizes (silent auction).

Please come along and support Lisa kicking cancer.

The following day, Sunday 28 July, is National Tree Day. Thanks to BVSC and our generous community op shop, Bowerbird, we will have 200 native trees, shrubs and ornamentals to plant around town.

Come and help improve Cobargo!

We will meet in Apex Park (near the bridge) at 11 am, then go in groups around town to plant trees. Return to the park for a BBQ lunch at 1.30 pm.

Please bring garden gloves, spades, digging tools, work boots and water.

Hope to see you all there!

Tania Lingard

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Cobargo Conversations

Future-proofing Cobargo

Cobargo is fortunate to have a number of loved community spaces that are regularly used and cared for. In the coming months two of the village's most distinctive places will see a renewal.

On Saturday 6 July all members of the community are invited to be part of the 'reactivation' of the Narira Reserve and the beginnings of a community support place at the back of the Cobargo RSL Hall.

Up at Narira, volunteers have been busy scrubbing, cleaning, gardening, decorating, chatting to locals and designing a program of activities with the key focus being on the young people of our community. A mix of creative and sporting activities are being organised as well as the beginnings of a family support program. The canteen area at the sportsground has been re-imagined as 'The Nest at Narira'. Not only will future volunteers at sporting events have a far more pleasant environment from which to serve snacks but the change rooms and toilet facilities, we hope, will soon make people smile.

At the back of the RSL Hall, with the support of the current tenant, a space is being created called RISE. From this space, practical assistance and links to professional support services for people finding themselves having a tough time will be coordinated. To begin with, the focus will be on assisting the elderly members of our community.

All of this is happening through the collective support of many Cobargo locals. An umbrella organisation, Connecting Cobargo Inc, is being established with the goal of ensuring that all Cobargo locals are able to get the support they need when they need it.

Ultimately, we are working to future-proof Cobargo. If we look after our young people now, in the future they will also look after their community.

Please join us from 11 am on 6 July at the back of the RSL Hall for morning tea or wear your working clothes for a working bee at Narira from 1 pm.

See you there!

*Dalice, Tracy, Megan and Suzy
Connecting Cobargo*

PS we would love to meet with anyone who is part of discussions about the establishment of a Botanic Garden as part of the Narira reserve.

We think it's a fabulous idea!



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AN0712061

Bermagui Banter

Ann Maree Menager

Peace and quiet had become a welcome feature of our nights since the flying fox colony left last month. BUT ... sleep with one eye open, as they say! This month has been all about rats in the rafters. Having been away for a couple of weeks, we arrived home to some scratching and gnawing noises in the middle of the night behind our light switches and heard scurrying tiny feet racing around as the dawn light emerged. Hmmm! Another invasion of the wild kind!

Research ensued into how to get rid of these uninvited, rowdy and destructive home invaders. Electric pulsars to plug into the power points at \$45 a pop to stop the rats being attracted to the warmth of the power cords in the walls and roof cavity have been bought. This contraption could more than likely end up a waste of money like the pulsing snake poles I also outlaid for in my first year living on the Lake.

A heavy-duty, metal 'live rat' trap was purchased as well—ker-ching! A thorough inspection of all the spots where the rodents could crawl or squeeze into the wall was conducted and foamed up to block their passage. Armed with a broom wrapped in cloth, I have been obsessively bashing on

the walls and ceilings to stop the gnawing, as well as trying to disturb their sleep in the daytime as much as they disturbed ours at night. Let's see how long it takes before my rodent roof-dwelling colony moves



Rats in the rafters ... *rattus rattus*.
An unwelcome guest at Ann Maree's lake-side home

on! If these 'humane' measures do not work, I will overrule my gentle husband and use baits! It cannot go unchecked as I suspect my *rattus rattus* invasion could end up costing me a lot more than just some hardware shop items and necessitate an electrician's visit if left to gnaw away unchecked much longer.

Much discussion over what is the difference between a rat and a native rat has also been had with various people who know way more about these local rodents. In short, the little native rat is apparently

commonly called the Bush Rat. It is rather cute, with rounded ears, a long face and yellow teeth. It prefers to live in dense leaf litter and is omnivorous so will eat everything from cat food to snails to fungi.

It rarely ventures into a house as it is not at all inclined for our company. Field mice and common house mice will of course come in from the cold. Mouse vs rat? Check out the size of the scats! You will know if you have a mouse or a rat this way.

Now, the Black Rat (*rattus rattus*) and Brown Rat (*rattus norvegicus*) are introduced species to our big island and are completely different beasts. It is said these furry nibblers came over from Europe to our shores on ships. They have a long tail, up to 23 cm, and are found anywhere there are humans and houses. The Black Rat, a native of North China, is also known as the 'ship rat' or 'roof rat'. These furry munchers love to make themselves at home in *your* home.

The Brown Rat is known as a 'sewer rat' or 'water rat' and originated from India. These rats are also quite happy to stay outside provided there is water for them to swim in. The brown rat is more inclined to be tame and these are the species which you will find in laboratories and pet shops.

I suspect my unwanted guests are the *rattus rattus*. This rat, famous for the being the vector of the bubonic plague, also carries fleas, 18 known parasites and defecates and urinates wherever it feeds. It is not something you want living in your roof. Even worse, the rats can have up to five litters a year and if they move in they establish a territory and generations will call your roof and walls home! Any and all suggestions from more experienced folk in this neck of the coast, please share your tips and techniques with us. Surely I'm not the only one with these winter arrivals?



The Australian Bush Rat *rattus fuscipes*. Also an unwelcome guest at Ann Maree's lake-side home!

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Bermagui Banter

Bermagui's Biggest Morning Tea

Bermagui's Biggest Morning Tea was a huge success again this year with \$5047 raised to go towards the Cancer Council's target of \$13 million to fund research, prevention and support services for those affected by cancer.

Almost everyone has a family member or friend who has suffered from cancer. The function room at the Country Club was packed out and the food tables were laden with a huge variety of savoury and sweet items brought along by volunteers.

Almost every business in Bermagui donated something for the dozens of raffle prizes. There were coffee and meal and food vouchers, landscape supplies, petrol vouchers, works of art, a nice glass bowl full of chocolate delights and many items for use around the house. The trading tables had handmade crafty things, books and garden plants.

It was a great time to renew old friendships and catch up on the latest gossip around town.



The event was organised by the Bermagui Country Club's Ladies Darts Group and the Club made their facilities freely available for the event. The volunteers, the businesses and the community of Bermagui showed again how the people of a small town can get together to support a good cause.

John Carter

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Bermagui's all-abilities playground coming soon



One option—the current playground in Dickinson Park may be upgraded to a more inclusive space.

In case you didn't already know, Bega Valley Shire Council has been funded by the NSW State Government to the value of \$376,000 from the Stronger Community Fund (Round 2) for an all-abilities playground in Bermagui. Council will be contributing an additional \$42,000 to the design, development and construction of the playground. It is long overdue for our local parks to be updated and modernised. We have some rather forlorn-looking parks in and around Bermagui and Wallaga Lake which badly need to be more user-friendly and fun places for kids and families. It will be exciting to see where this new playground is built. One is better than none!

The two sites chosen for possible playground construction are Apex Park (Saltwater Park or Campbell's Cove) or Dickinson Park Playground. There has been consultation through the usual 'Have your Say' online site as well as written petitions and a variety of community groups expressing their opinions. The agenda for the BVSC meeting for 26 June includes the recommendation for Apex Park to get the makeover. The Funding Deed milestone attached to the \$376,000 grant requires 50% of the project funds to be expended by 30 October. So time is ticking away.

Council will engage a landscape architect to draw the playground plans. The project will adhere to the NSW Department of Planning and Environment's 'Everyone Can Play' guidelines. There are also requests from the community to include some nature-based play features. Plans will be available for viewing once drawn. The Community Advisory Group will have an active part in each stage of the planning. You are able to 'have your say' individually as well through the various stages.

Currently, there is no regional play space in Bermagui like those of other towns across the Shire, eg Ford Park playground in Merimbula or Lot Stafford Playground in Tathra.

These playgrounds are vital assets to allow the many tourists of all ages and abilities to enjoy such recreational facilities. Bermagui attracts many annual return visits for the Four Winds Festival or Sculpture Bermagui as well as the many club events such as for car enthusiasts and dog lovers.

According to the BVSC website, Project timeline started in April this year and it should be constructed by early 2020. The site is to be chosen very soon, according to the project plan.

If you wish to have input or find out more, contact John Turville, Council's Recreation and Natural Assets Coordinator, on 6499 2210 or via email on jturville@begavalley.nsw.gov.au.

Ann Marie Menager



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The Bermagui Five

At the Bega Valley Shire Community Service Medallion Presentation in May, eleven Shire residents received this prestigious award for outstanding voluntary service within their community.

What made it really special was that five of the recipients were from Bermagui.

Chris Franks was recognised for his involvement with the Montreal Goldfield community project since it started in 1999. He is president of the Montreal Goldfield Management Committee and also looks after maintenance of the site, administration and future planning. He is a member of Bega Valley CanAssist and through Bermagui events has raised thousands of dollars for the charity.

Robert Johnson is a volunteer member of the Bermagui Surf Life Saving Club and his early morning jaunts around town collecting bottles and cans has raised close to \$20,000 for the Surf Club. He also volunteers for the Bermagui Rural Fire Service. Fortnightly visits to Canberra now have Robert one of only twelve people in Australia who have made more than 700 blood donations.

For many years **Lyn Moore** has been a busy volunteer in our community. Her four beautiful hand-painted, three metre shade umbrellas helped raise over \$40,000 for youth and sporting groups via 'Umbrellas of Bermagui' held from 2015 to 2018. For over ten years Lyn gave her time at the Bermagui Seaside Fair and helped run the Arts & Crafts Exhibition. She has also donated many of her artworks as raffle prizes to help community groups' fundraising.

Mick and Fran Trenerry, of Bermagui Cellars fame, both work tirelessly in many ways. Mick is actively involved with the



Chris Franks, Mick Trenerry, Lyn Moore, Fran Trenerry, Kristy McBain (Mayor), Robert Johnson

Bermagui Cricket Club and has raised thousands of dollars for equipment. His determination and passion saw a town with no junior cricket teams now having three. Mick and Fran started AFL Kickability, a program for kids of any disability being included in the sport. They both also volunteer with the Bermagui Surf Life Saving Club's 'Same Wave' project which connects special needs people with lifesavers and other volunteers for a safe, supported time at the beach.

The Bermagui community is very proud of you all. Thank you for what you give to help others and for a contribution that makes Bermagui such a great place to call home.

Christine Bimson



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Bermagui Banter

NAIDOC week celebrations at the Bermagui Library

Thanks to a donation of \$1000 from *The Triangle*, the Bermagui Library has a fantastic new collection of books by Indigenous authors. There is something in this new collection for everyone, which includes adult fiction and children's picture books, all by Aboriginal authors.

We thought, what better way to launch the collection than by holding an event during NAIDOC Week? So the community is invited to join us on Tuesday 9 July to celebrate Aboriginal and Torres Strait Islander history, culture and achievements. Adults are welcome to sit and have a cuppa and morning tea while kids will be treated to a special NAIDOC Week-themed storytime and craft activities.

Event Details:

9 July at 10 am at Bermagui Library

10.00 am: Morning tea

10.15 am: Welcome to Country (Warren Foster Senior) and launch of new Indigenous Collection at Bermagui Library

10.30 am: Children's NAIDOC Week storytime and craft, with Nick Hoskins and Willow

11.30 am: Morning tea continues.

Everyone is invited to come along and help us celebrate.

Samantha Fenton

Library Operations Team Leader

Bega Valley Shire Library

Have your say!

You may have noticed the sign erected in the carpark opposite Bridge Motors. Bega Valley Shire Council has opened the online forum 'Have Your Say' for your comments concerning the proposed improvements to existing boat ramp facilities in this area. The improvements are proposed to include:

- replacement of the existing boat ramp with a new, reinforced, concrete, double boat ramp
- installation of a finger pontoon jetty
- upgrade and sealing of the informal parking area
- upgrade of lighting

If this project goes ahead the area will be closed for approximately three months. While the work is going on, the public and boaties are asked to use the Bermagui Harbour boat ramp which is only 1.5 km away from the bridge ramp.

Most of the funding for this project is coming from the NSW Boating Now program (\$485,000) and the rest will be from Council funds—approximately \$170,000.

The details and specifications are yet to be finalised, however the lighting is likely to be solar-powered and will be activated automatically as light fades in the evening.

You can ring Council's Recreation Projects Supervisor, Matt Collins, on 6499 2140, or email mcollins@begavalley.nsw.gov.au for more information.

Ann Maree Menager

Local volunteers, U3A members, awarded

Many folk in our incredibly beautiful corner of the world make this an even better place to live through their tireless efforts as volunteers. Each year the Bega Valley Shire Council recognises a handful of those volunteers—as nominated by fellow locals—who go above and beyond in their contribution to community.

This year BVSC Mayor Kristy McBain presented medallions and framed certificates to eleven worthy citizens who have made a notable difference in their neighbourhoods through their outstanding

achievements.

The dynamic Triangle region clearly punches above its weight, as six of those recipients are locals: Chris Franks, Mick and Fran Trennery, Tania Lingard, Lyn Moore and Robert Johnson. Three of this fabulous group—Chris, Lyn and Robert—are members of Bermagui U3A.

Our heartiest congratulations are extended to all the wonderful volunteers whose actions enrich and vitalise our communities, as we are all beneficiaries of their good works.

If you spot these local gems out and about, just getting on with it, then offer your congratulations, a pat on the back and a word of thanks.

Jan Rivers

Bermagui U3A

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Vale Sol Salway, an old-school gent

Arnall James 'Sol' Salway was born in Cobargo, to Norman and Liliias Salway. The year was 1924.



Sol Salway: his handshake counted for something.

Norm Salway had the butter truck, meaning that he would travel to Sydney and back, delivering the produce of the district. That might have been one of the reasons Sol had a natural aptitude for all



This is a Beaufighter returning from PNG. It may well have been Sol at the controls.
(Picture from the Australian War Memorial)

things mechanical. I'm certain many an hour would have been spent tinkering with the truck, keeping the engine running smoothly.

When it came time for Sol to do his duty for his country, he joined the air force. As many folk did in those days, he married early, and the marriage didn't last.

Solly's wife left him and he returned to his dad's place with two young children, Helen and Raymond. Between Sol and his dad, they took on the responsibility of raising the children.

It was then that he met the love of his life, Winsome Harrison, a nurse. The two were inseparable. They were married in Melbourne in December 1963.

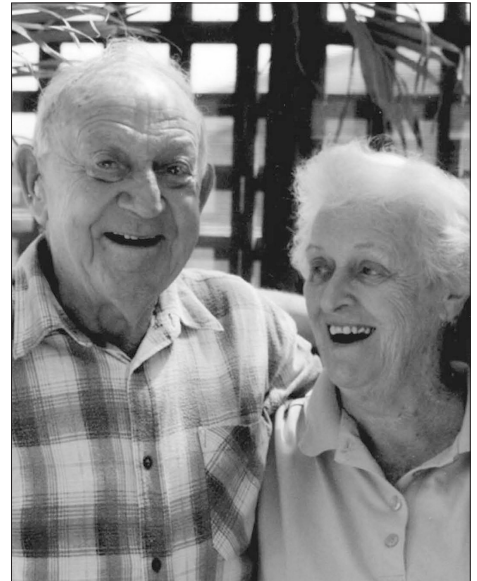
Together they embarked on many adventures, Sol taking on a panel-beating business and later Solly's Garage. Living in Melbourne, he loved the races—at one stage joining a syndicate that owned a horse. And he loved the Melbourne Cup.

In fifty-five years of marriage, Win and Sol were never apart for more than a week at a time. They were a good match. Win was someone he could talk to about some of the things he had experienced during the war.

Faith was an important to both, prayer a regular part of married life. He knew his saviour.

Sol was old school, a gentleman of good character. His handshake counted for

***Tell 'em you
found 'em
in the Triangle!***



In 55 years of marriage, Win and Sol were rarely apart.

something and he smiled not only with his mouth, but also with his eyes.

Sol died on a Friday, where he wanted to be, with his beloved Win.

Sol, dear friend, you will be missed. Rest in peace and Rise in Glory.

Rev Tim Narroway

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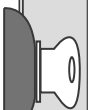
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Taking Bermagui to the Next Level

More and more, the internet is facilitating working from home. Whether you are an entrepreneur, a remote worker or a professional freelancer, the online revolution now means that you can work from anywhere, anytime. Even some Australian government agencies are getting on board this trend, giving public servants laptops and trying to send them home (I think they've figured out it's cheaper).

So why start a co-working space? Why not simply work in your pyjamas at your own, personally set up desk? I thought I would love working from home when I first started. But as time went on, I realised I missed the work conversations, the casual kitchen interactions. I also found it hard to switch off from all the house jobs that were always present: endless rounds of washing up, cleaning after the kids, putting a load of washing on, starting

dinner ... I struggled to switch into work mode.

The last two weeks working at Next Level have been a refreshing change. I've been sharing the office space with some inspiring individuals, enjoying a wonderful mix of productivity and community. There's coffee and chats available right outside, and inside, a sunny, calm office oasis. I know that when I'm here, there are no other things to do. And a bonus—when I leave for the day, my work stays behind too.

Our office spaces are located at 2/3 Wallaga Lake Rd, Bermagui. Ring 0404 984 634 for more information.

Check out our Facebook page (Next Level Workspace Bermagui).

Hannah Ocean



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Well winter sure is here! It took a while but it's now official. And now that we're feeling it, we can find solace in the days starting to grow longer. It won't be long before we'll have to start sprouting seeds for summer veggies and worrying about lawns again instead of firewood.

I promised you more on Bogan Bingo in the last edition so I'll stay true to my word. Hilarious it was, with some folks making a real effort to arrive in bogan gear. Me? I didn't have to change a thing! I just went as I was and fitted right in! It was such a great night, and everyone needs to sing out to Rebecca Norman for all her efforts in putting it together.

Rebecca went cap in hand to a whole slew of local businesses to ask for their support for the Quaama Public School. It sure did pay off, with many prizes of all kinds won by contestants on the night. Here's a list of businesses that contributed: Auto Pro Bega, Bega Cheese, Bermagui Cellars, Bega Fasteners and Industrial Supplies, Bermagui Fresh Food Emporium, Big W, Coles Bega, John Radford, Mitre 10, Plevy's Pharmacy, Quaint Candles, Tuff as Workwear, Woolworths Bega.

Good on them! Rebecca, the school and all the many winners on the night thank you for your support.

Check out the pics!



Rebecca and her 'bloke' made great hosts



Bogans arriving for a night of Bingo with Balls!



Teams dressed their 'brides' for prizes



A table team ready to compete with other tables

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Walk Safely to School Day and Teddy Bears' Picnic

On Friday 24 May, students from Quaama Public School participated in the state-wide initiative 'Walk Safely to School'. Bus students were dropped off at the Hall and accompanied over the road. The need for great care was highlighted when crossing a road. Other students who travelled by car parked down the street and were walked to school by parents. It was great to see our community supporting the day.

As students entered the school grounds, they were greeted by one of our teacher aides, Deb, who gave out road safety stickers.



Mr Sull and Zari, and Zari's soft friend

Students found 'bear footprints' on the walkways—look out! There were bears on the loose in the school grounds!

To further practise our road safety skills the whole school visited the local tennis courts where we played games. Then we settled in at the park for our 'Teddy Bears' Picnic'. As 'If you go down in the woods today...' played, students had lunch and ate teddy bear biscuits which they had decorated at school. All the teddy bears and other soft friends, which the kids brought along, had a terrific time and enjoyed the parachute games and 'throwing the bee into the bee hive'—a most enjoyable event on our school calendar.

Students are now in hard training for the upcoming Athletics Carnival, where we are joined by Central Tilba Public School for a fun day of running and field events.

*Mark Sullivan
Relieving Principal*



Teddy on the parachute

Serving up fun: Quaama tennis court social day

On 27 May, Quaama Tennis Club held one of its regular social days. About 20 people of all ages and skill levels attended.

Tennis social days happen about four times a year and offer an opportunity for free use of the courts and a hit around with other locals.

The courts are celebrating their two-year anniversary since a group of enterprising locals saw their potential and restored them. The original clay courts had been in a state of disrepair for many years, but with fundraising, and a grant from the Bowerbird Op Shop at Cobargo, locals were able to install new fencing and nets.

The Tennis Club continues to fundraise for court upkeep—primarily to pay the lease and council rates. Recently, raffle tickets were on sale at the Quaama General Store to help raise money. At the Social Day, the raffle was drawn with first prize, a ute-load of firewood, going to Andrew and Ellie at the Store.

'It's great to have a sports facility like this in the town,' says Quaama Tennis Club president Beck Grenfell. 'It's so precious. For all other sports you have to travel out to other places.'

Quaama Public School has been making good use of the courts. Students have lessons with a tennis coach during term two each year. That means that school tennis is in full swing right now. Residents who live near the courts will be accustomed, on Tuesday afternoons, to the sounds of children having fun and pinging tennis balls.

Membership is \$10 per person, or \$25 for a family. For that small fee, members get free use of the courts for a year. Pick up the court key from the shop, or, if the shop is closed, from Beck.

'Local courts offer an opportunity for kids to get outside and run around and burn off some energy,' says Beck.



Quaama kids get some exercise and learn tennis skills—all on our doorstep

The next social day will be advertised on Facebook and via signs at the General Store and the Tennis Court notice board. Keep an eye out and go and join in. In the meantime, become a member! Call Beck on 0429 306 761.

Tash Roberts

**Tell 'em
you found 'em
in the Triangle!**

Quaama hosts 'Councillors in the Community'

On 22 May, Bega Valley Shire councillors met locals at a 'Councillors in the Community' event at Quaama. In attendance was Deputy Mayor Mitchell Nadin, along with several of our councillors. Also attending and answering community questions was Council Managing Director Leanne Barnes, supported by senior representatives from each of the three main divisions at the Council.

Locals raised a number of issues and ideas.

Footpaths and crossings

Representatives from the School's P&C stressed the need for footpaths around the school and a crossing over to the Hall. Currently there are no footpaths in Quaama and the school sits on a blind corner. On school days, pupils contend with traffic and a school carpark with no designated walkways. The only place for kids to walk is behind the parking spaces, which, due to the slope, offer poor visibility to reversing drivers.

Representatives from Council said that Council was exploring options to build footpaths around the school and establish a crossing. There are also plans to better delineate car parking spots at the school. In time, Council explained, the plan is to have a fully connected network of paths through all towns in the Shire. But it is addressing problem areas first.

UPDATE: Council officers met with the Quaama School Principal Mark Sullivan and P&C to consult them on footpath plans. Plans include a crossing over to the Hall with pedestrian blisters (concrete areas that stick out so that the distance to cross is shorter).

Quaama Memorial Park

Community members pointed out how important Quaama Memorial Park is to residents; it is situated in the centre of town and is used a lot. Attendees identified a number of ways the park could be improved. Ideas put forward included new play equipment and earthworks to terrace some of the sloped sections. Locals also proposed a pizza oven, noting the precedents set by Hobart, Albury and Wodonga which had installed pizza ovens in their public parks.

Representatives from Council explained that most of the recent park upgrades in the Shire (including in Bermagui and Tathra) had occurred through grants rather than Council funding and that getting a grant was the best bet.

To help with that, Council Grants Management Officer, April Merrick, will hold a workshop on applying for grants on Friday 12 July, from 10 am to 1 pm, at Quaama Hall. The workshop will also offer a chance for participants to review existing project ideas and generate new ones.

To book a place, call 6499 2222 or email April Merrick at grants@begavalley.nsw.gov.au.

Roads, street names and public transport

Community members spoke of the danger of speeding cars on the main road through Quaama. Cars coming off the highway often do not adjust their speeds enough.

Council representatives referred locals to the Council's Traffic Committee. Council also said that it would consider better signage and line markings to slow driver speeds as part of 2019/20 budget planning.

Locals also pointed out that there were two Yourie Streets in Quaama, which created needless confusion. Since the community meeting, Council has set in motion a process to rename the Yourie Street near the school 'Moruya Street'. The other Yourie Street is a dirt road which is scheduled to be sealed in 2023/24, though Council will explore options to reseal it earlier, subject to budget constraints.

As to public transport, one resident observed that the Melbourne bus no longer stopped at Quaama which was inconvenient. The Council explained that while it does not control public transport in the Shire, it would continue to lobby State Government on behalf of residents. It also suggested residents contact the bus company directly to raise their concerns.

Tash Roberts

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Here we are again and winter has finally begun. Many of us are still feeling a bit raw following the federal election, and worrying about the future and the sort of country we have become. There is a sharp juxtaposition between the vision and action celebrated at Bob Hawke's memorial and the seeming lack of vision and imagination that we see in our current politics. And yet there is hope—we see this repeatedly throughout our communities in the way we care and share for each other and support the many community activities that make us strong. We all know there is a better way and that we are better than a lot of the public policies we see ... and if our governments will not do what is in our best interests, then at the community level we will show them that there are better alternatives. So keep warm, stay involved and enjoy the many diverse and heart-lifting things that are happening close by.

NAIDOC Week, 7 - 14 July

NAIDOC Week celebrations are held across Australia every July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This celebration is for all Australians and local communities are encouraged to participate. The 2019 theme is 'Voice. Treaty. Truth. Let's work together for a shared future'. These three key elements are set out in the reforms outlined in the Uluru Statement from the Heart. And as 2019 is the United Nations International Year of Indigenous Languages, it is appropriate that Voice is a central aspect of NAIDOC Week and an opportunity for Aboriginal and Torres Strait Islander peoples' knowledge to be heard through voice.

The Gulaga Reconciliation Group, comprising Aboriginal and non-Aboriginal volunteers from Narooma to Cobargo, facilitates events that provide opportunities for cross-cultural understanding and friendship, particularly during NAIDOC Week. This year the group's NAIDOC Week event will be at the Big Hall, Central Tilba, at 2 pm, Saturday 13 July, 2019, and the whole community is invited.

In keeping with the theme 'Voice. Treaty. Trust.', Yuin Nation leaders will participate in a panel discussion; Cheryl Davison, Walbanga/Ngarigo woman, recognised artist and cultural leader will collaborate with Cobargo singer/songwriter Annie Bryant especially for the occasion, and the Uluru Statement from the Heart

will be read. As part of the event there will be an exhibition of historic NAIDOC posters, the Yuin Timelines display, local photographic posters and an opportunity



Cheryl Davison will collaborate with Cobargo singer/songwriter Annie Bryant at this year's NAIDOC event

to chat over afternoon tea.

The organisation and running of this celebration is supported by a small grant from the NSW Department of Aboriginal Affairs and generous support and donations from local organisations—the Tilba CWA, Tilba and District Chamber of Commerce, the Tilba Market Committee, *The Triangle* Community Newspaper, Cobargo Community Op Shop (Bowerbird) and Woolworths, Narooma.

As in previous years, the celebration will be followed at 4.30 pm by a gathering at Open Sanctuary, Tilba Tilba, to which all are invited. Soup and crusty bread will be served around the outdoor fire in view of majestic Gulaga.

Central Tilba School celebrates NAIDOC Week

As NAIDOC Week falls in the school holidays, the school will celebrate NAIDOC Week in the last week of term, starting 1 July. Lynne Thomas will guide the Year 5 students around sites of cultural significance at Mystery Bay, including the fish traps, and take the Year 6 students up Gulaga. The whole school will participate in a Bush Tucker Day on Wednesday, 3 July, the regular Kitchen Garden day. And Aboriginal art will be part of the week, with the students participating in a virtual workshop presented by the National Portrait Gallery, and other art activities.

Cheryl's hat trick

Central Tilba resident and artist

Cheryl Davison has recently achieved what she describes as her 'hat trick'. With the recent purchase of her painting, *Gulaga*, by the National Museum of Australia, Cheryl's art is now in the permanent collections of three major institutions. The first purchase, by the National Gallery of Australia, was five fabric pieces that Cheryl designed and made for a Boomalli Aboriginal Art Co-operative exhibition, 'Right Here and Now'. Then in 2007 the Art Gallery of NSW acquired a series of five prints from an exhibition of Cheryl's work at Gallery Bodalla.

Cheryl's *Gulaga* was acquired following her exhibition at Ivy Hill Gallery, Wapengo, earlier this year. It will be included in the Captain Cook Exhibition in 2020, to mark the 250th anniversary of Cook's voyage. This exhibition will feature the places identified and renamed in Cook's journals along the east coast of Australia that are significant places for Aboriginal people, such as Gulaga, which Cook renamed Mount Dromedary. Cheryl has a major involvement in the Captain Cook Exhibition.

Heartsong at Open Sanctuary—Raise the Roof

Those familiar with Open Sanctuary, the 120-year-old Holy Trinity Church at Tilba Tilba, love its special place on the lower slopes of Gulaga. On Saturday, 15 June many people unfamiliar with Open Sanctuary came along to hear Geoffrey Badger's Heartsong Choir from Bega. This was a special double treat—hearing this wonderful choir sing Geoffrey's arrangements of sacred music in this special old church. A surprise was the guest appearance of talented seventeen-year-old Luca Ziino, who played two piano pieces.

The Open Sanctuary Heartsong Choir performance was part of a series of three concerts. The choir generously agreed for this concert to kick off fundraising for a new roof at the old church. With a more than full house, \$1500 was raised—a great start to fundraising. Expect more special choir events to come.

Dreamtime AFL

Many will know of Merryn Apma-Atkinson's involvement in the Long Walk, which was initiated by well-known Essendon football legend, Michael Long. This year is the fifteenth anniversary of the Long Walk—a Long Lunch was held in

(continued p20)

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(continued from p17)



Merryn Apma-Atkinson's painting, *The Long Walk*, the inspiration for the Essendon Dreamtime Guernsey

Melbourne in commemoration a few days before the Dreamtime Indigenous Game between Essendon and Richmond. On display was the Essendon Guernsey, designed by Merryn, which was worn at the game on 25 May. To see the jumper google '2019 men's dreamtime guernsey'.

Cheryl Davison has designed a guernsey, too—for the Sydney Swans, featured in this year's AFL Indigenous Round. Google 'swans 2019 women's indigenous guernsey'.

Great to have these achievements from well-known artists with strong links to the Tilba area.

Collectibles, Trash and Treasure

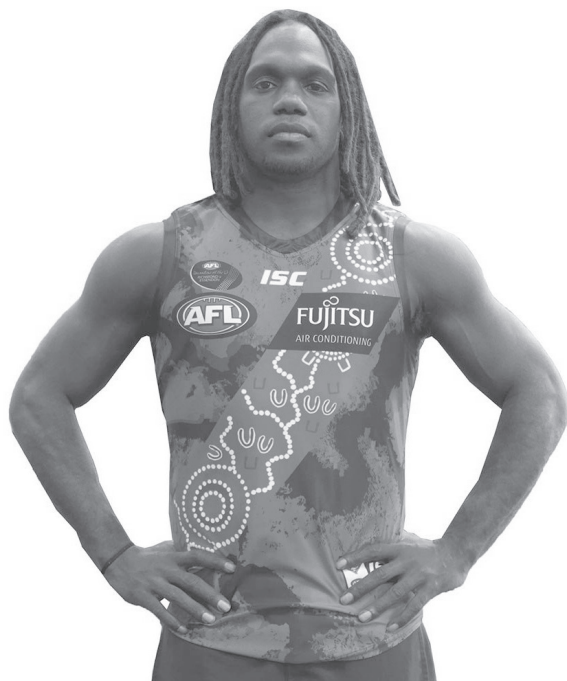
Last year, the Central Tilba School of Arts Halls Committee commenced a monthly Collectibles, Trash and Treasure Market. There has been a break, but this market is returning on the second Sunday of the month. So please note that it will commence again on Sunday, 11 August, from 9.30 am to 1 pm. This gives plenty of time to start that spring clean out early and give a second life to those things which are surplus to needs. It's a fun day and a stall is only \$20—maybe you could get friends together to have a table!

I also owe the Halls Committee an apology. In last month's coverage of the Tilba Hairy Concert I mentioned that the CWA had prepared the supper. It was, in fact, the Halls Committee who prepared the delicious supper.

Fundraising in the community

For the past twelve months, Chrissie

Montague has successfully collected over \$5000 running the Friday night raffle at the Drom. No one escapes Chrissie—she knows everyone and your name is on that ticket on first sight. Reminiscent of days gone by, Friday night has become the locals' night again, replete with the



The Essendon Dreamtime Guernsey

proverbial 'chook raffle'. Visitors to the Tilba area also participate enthusiastically. The raffle prizes are generous and include a meat tray from Benny's donated by The Drom and a cheese tray donated by Tilba Cheese. The money raised by the Drom currently goes to the Central Tilba RFS and in the past has been donated to 'Buy a Bale'. Well done, Chrissie.

The Drom, through Susan Gray and Jeremy Corfield who celebrated their first year ownership at the end of June, supports various other local organisations—the donation tins on the bar have raised over \$1500 for Legacy and the Central Tilba School. The Drom sponsors the Narooma Junior Rugby League and the Tilba Easter Festival.

And just in case you are wondering, those young guys selling delicious egg and bacon rolls at the Saturday Tilba Market are raising money for a school trip. School trips nowadays are a bit more ambitious and cost more than in my day—this one is a Narooma High School trip to Japan next April. Many of the kids are doing their own fundraising by getting jobs. These guys are being a bit more imaginative and will be seen at the Market over the next few months!

The Drom Party

To celebrate their first anniversary, owners Susan Gray and Jeremy Corfield, plus managers Warren and Wendy, will have a party at the Drom, on Saturday, 29 June. All would agree that this first year has been a great success and the community has certainly supported the rejuvenation of their 'local pub'.

Tilba Teapot Revival

There was a general air of 'what do we do now?' when Rebecca and Harvey announced that the Tilba Teapot would be closed for a month. The disappointment was only tempered by the news that they were relocating to the shop on the corner of Bate Street and Corkhill



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Tilba Bites

Drive. In the intervening time this simple move has become a bit more complicated, although Rebecca tells me it is all sorted, despite moving house and dealing with an unexpected and anxiety-producing medical emergency! So the good news is that the Tilba Teapot is back to business as usual (closed on Tuesdays). And from 1 August this popular and energetic couple will open their second business on the corner. So, with a community sigh of relief, the Teapot lives on.

Central Tilba Palace

After much lobbying by Peter Loneragan and the Tilba and District Chamber of Commerce, the new, palatial toilet block is almost completed. Rushed through by Eurobodalla Shire Council to be open in time for the Tilba Easter Festival, the finishing touches are in progress currently—the all-access section is still not complete, but it is a major improvement. Thank you to all involved.

Local Hero Award 2019

It is amazing that with over 30 nominations across the entire Shire, and 23 accepted nominations, five recipients were from the Tilba area, with Janine Halasz being named the 2019 Eurobodalla Local Hero. This was recognition for all the work

Janine does in the community. Janine is an active member of the CWA and the Central Tilba School of Arts Halls committee. She works tirelessly, fundraising and helping people in the community.

Other Tilba residents who were recognised for their contributions were: Harry Bate—passionate about Tilba's

heritage; Naomi Foster—Little Yuin Preschool and Study Centre; Phil Elton—Community Services and the Central Tilba Halls Committee; and Jeff Gamrad—Narooma Rescue Squad and the Rural Fire Brigade.

Congratulations to everyone. Keep up the good work, Tilba!

Tilba CWA wants your recycling!

It started with a quiet drink at the Drom last month. I asked Warren what the pub did with their drink bottles and cans. The pub had been recycling but wasn't taking the bottles and cans to the local Return & Earn vending machines. I offered to collect their bottles and cans as a fundraiser for Tilba CWA and Warren agreed. Tilba CWA is now earning \$5-\$10 per week from the Drom's recycled bottles and cans. Tilba CWA will use this donation to support local health and education needs.

Tilba CWA is the first CWA state branch to partner with 'Return & Earn' to convert recyclable drink containers into donations. If you would like to support Tilba CWA, you can now take your bottles and cans to the Return & Earn vending machines in the Woolies

car parks at Narooma or Bermagui and make a donation. Just pop your bottles into the correct chute then select the Donate option, then select the 'CWA Tilba branch' option.

And a crafty get-together

Our first meeting took place on Monday 10 June in the Tilba Hall. A group of local ladies shared ideas and knowledge of various crafts, including knitting, crocheting, weaving and appliqué. We enjoyed a delightful morning tea and talked about the possibility of future activities such as spinning, sewing and mosaics.

We look forward to other interested members of the community joining us. The next meeting will be Monday 8 July in the small hall in Tilba. All are welcome!

Annette Kennewell



U3A Bermagui & District Inc

U3A offers classes taught by local members for members. Membership is available to the whole community.

**TERM 3 INFORMATION & REGISTRATION DAY
FOR CLASS ENROLMENT**

WEDNESDAY 24 JUL 2019

10AM – 12NOON

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or phone Jan Rivers on 0409 901 672**

An overview of courses and activities for this term so far ...

Tai Chi for Arthritis, Linguistics, Boules, Book Clubs Bermagui & Cobargo and Wine Appreciation are a few of our old favourites.

New Classes/Courses/Excursions: Travel Tales Hong Kong & Islands, Pet Health, NBN Q&A session, George Orwell, the Rebuilding of Notre Dame Cathedral and many more...

All details will be available in our Term 3 Newsletter and at Information & Registration Day.

Tilba Festival supports local organisations

Not only was this year's Tilba Festival a fantastic celebration of local music and food in Australia's only heritage-listed town, it has resulted in donations to some local groups doing exciting work in our community.

Grant Harrison, President of the Festival Committee, today announced that the Tilba Parents and Citizens Association, the Tilba Cemetery Committee, the Tilba School of Arts Trust, the Tilba Chamber of Commerce and the Tilba Branch of the CWA were each recipients of \$1000 donations.

'We were delighted that so many locals and holiday-makers joined us at the Festival on Easter Saturday,' said Grant. 'The Festival has always been a not-for-profit event and we're very pleased this year to be able to support the work being done by these groups.'

'The donation to the P&C will support the thriving kitchen garden at Tilba Primary School. The donation to the Cemetery Committee will allow interpretative signage to be developed at the spectacularly-sited Tilba Cemetery. The donation to the School of Arts Trust will help maintain the Halls at Central Tilba, which have been a hub for community life for over 120 years. The donation to the Chamber of Commerce will support the village maintenance program coordinated by the Chamber and local residents. And the donation to the CWA will contribute to an impressive range of reconciliation initiatives being developed.'

'A big thanks to the volunteers in these groups who are bringing these



L-R: CWA members Robyn Williams, Vicki Stadon, Janine Halasz (Treasurer), Gretel Bodiam, Maureen Kleeman (Secretary), Jenny Burnett, with Grant Harrison (President, Tilba Festival Committee)

projects to life. And to everyone who came to the Festival. We're already beginning to think about next year's Festival and volunteers with ideas and energy are

always welcome—just drop us a line at festivaltilba@gmail.com if you would like to be part of the 2020 Festival.'

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This year local environmental company and long-time, generous Triangle supporter AKT is sponsoring our My Triangle page. Readers tell us they love My Triangle so we're preparing a list of interesting local personalities to profile. You might be on it!

Geoffrey Grigg: the mathematics of life

Forty years ago, in 1979, one remarkable event helped shape my future.

I was a young Sydney man, working as an aide in a nursing home, and I was also writing to create a travelling theatre idea.

One night I had a really vivid dream. The next day my dream came true—the places, the people I saw and the words were all replayed, as if directly from the dream.

My world view changed dramatically. Who would have known it would lead me on a dance that landed me on the Far South Coast all those years later: food swaps, producers' networks, community dinners, community gardens, an environmental magazine ...

But, at 20, that dream and its realisation threw me headlong into the sparkling comet of the New Age. How do you dream the future? What is reality? Searching for answers, I was open to any possibility. Truth is a slippery fish in such matters.

Caverns of thought, like my many careers, came and went over the years ahead. UFOs and crop circles, gardening, meditation and philosophy, telemarketing management, light beings from the Pleiades, winemaking and IT projects. The days danced into decades wrapped in a grey suit, smelling like old books and patchouli oil.

Yet one thread of an idea emerged: to craft this vision quest into a directed passion. It started with learning about Stonehenge.

The legacy of Stonehenge is far greater than the massive stones from distant quarries. It carries a story told by

its 'sacred' geometry. Think of it as a bank of grand mathematical ideas deposited by our forebears.



Geoffrey and his dog, Lulu, at home in Brogo

Over time, the sirens of sacred geometry called from across the globe. Pyramids and cathedrals, vast temple complexes, stone circles and oracle centres like Delphi ... all share a similar geometry.

Sacred Geometry is an orally transmitted craft, derived by compass, straight edge and rope. It renders awe-inspiring, numerical proofs that arise from the circle and the shared edges of the forms that are created.

Sacred geometry copies and reveals the musical proportions of nature. When you see a cathedral, it is a forest. When you sing there, you listen to nature's majesty.

It teaches that all flora and fauna grow in musical proportions—in fourths

and fifths, thirds and octaves. A horse, a frog, your hand, trees, birds, insects, fish and grasses—all share the same musical iteration, the same geometry, the same shared edges of form that are encoded in those buildings.

Our architectural heritage reveals that nature is a creative symphony on an epic scale. Our little blue pearl is a song, a harmonic, shimmering library of life.

From that ancient heritage we learn to mimic nature and to become social music, to resonate and create harmonies together.

The community mailing lists I'm involved with enable local projects like the Quaama/Cobargo Food Swaps, the SOAH events and other shared projects we create together. These are the songs we are making, our wonderful nature revealed.

I helped initiate SCSA-South East Producers, our local producers' network, in 1992. Through its structures, its cathedral of members, we have created many shared songs. We have our own Organic Certification system, we created markets, field days, and permaculture, seed-saver and related networks and, of course, SCSA sponsors our local mailing lists.

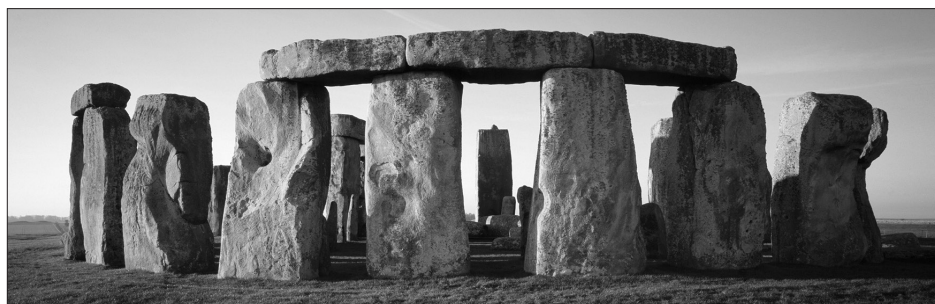
Food is a wonderful connecting tissue between people. It helps us form points of intersection and shared edges in our region.

Over the years, through SCSA, we've attracted many people of like mind to live in the region and now we have a chorus of great souls sharing our community.

Through *Sustain* magazine and the Bega Valley Community network we were able to shine a light into our future by knowing the challenges ahead, so when we make our own music, we're better able to define our future.

The lesson of my dream, forty years later, is simply this: when we come together, when we resonate with the world around us, and when we dream of a future shared, it becomes our intended reality, our passion.

Our Triangle region is wonderful soul music—a grand symphony indeed.



Sacred geometry and a life's inspiration: Stonehenge



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Calling citizen scientists!

NSW communities are being called on to share their sightings from the past two years through a new wildlife survey released by the Office of Environment and Heritage. The survey asks if you have information about a selection of NSW wildlife: brushtail possums, foxes, platypus, wombats, koalas, spotted-tailed quolls, echidnas, kangaroo, deer and dingos.

Whether you saw a possum on your way to school, a wombat while out working, or a koala while on holiday, every sighting contributes to research to help understand where in NSW these animals are living and how their populations are faring.

The survey is being funded as part of the \$44.7 million NSW Koala Strategy, which is helping to secure the future of koalas in the wild.

Data from this year's survey can help identify sites for action under the NSW Koala Strategy as well as forming part of koala monitoring across the State. It only takes 10 to 20 minutes to complete and it's a great opportunity to help build knowledge about wildlife in your local area.

To access the survey, go to www.environment.nsw.gov.au and search for 'wildlife survey'.

Heritage Grants applications—closing 8 July

Bega Valley Shire Council have an annual Heritage Grants program for assistance in the preservation of heritage in the Shire. The grant application can be made online so take a look at the BVSC website for further details. If you are the proud owner of one of the many precious original homes in the area, this grant could assist you with some maintenance costs. These old properties can be a money pit so why not look into some grant money to give you a boost to funds for that repaint job or guttering repairs? There's a pool of funding worth \$20,000 available, with a maximum grant of \$5000 per project.

Priority will generally be given to projects that:

are for urgent maintenance works to avert deterioration or demolition

protect a building through repairs to roof, gutters, downpipes and stormwater drainage
prevent or repair decay of structural fabric, including base plates, lintels, restumping
enhance heritage streetscapes or conservation areas
involve the ongoing or adaptive re-use of a heritage item
have not received funds under this grant program in the last five years.

There won't be another chance for another 12 months! Contact Jayde Rankin, the Grants Administration Officer, on 6499 2222.

Ann Maree Menager

Stress—the plague of modern times

Stress underpins many health problems, according to Natalie Stockdale, who is on a mission to help people reduce their stress and find happiness.

Natalie moved her stress management business from Victoria to Bermagui earlier this year. She says that 'Stress is also a growing workplace problem and leads to demotivated staff, reduced productivity, more staff churn and more staff absenteeism'.

According to Natalie, stress builds up like a balloon, which gets bigger as we blow air into it, until eventually it bursts. When our accumulated stress bursts, we experience physical or mental health issues such as headaches, anxiety, depression, overwhelm, anger, impaired memory and decision-making, digestive disorders,

weight gain, loss of sleep and energy. When we're stressed, our body prepares itself for emergency survival—flight, fight, freeze or appease responses—to protect us from danger. Over time, our immune system becomes impaired, making us more vulnerable to disease.

Natalie uses HeartMath, an evidence-based stress management system used in the military, hospitals, homes and workplaces throughout the world. She offers day retreats for small groups, personal consultations via video calls and workplace presentations to empower people to reduce stress and find more happiness. More information: www.stockdalewellbeing.com.

Rescue Grandpa's?

One evening an old Cherokee chief told his grandson about a battle that goes on inside people.

He said, 'My boy, the battle is between two wolves inside us all. One is EVIL. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, lies, false pride, superiority and ego.

'The other is GOOD. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith.'

The grandson thought about it for a minute and then asked his grandfather, 'Which wolf wins?'

The old Cherokee chief simply replied, 'The one you feed.'

For a long time Grandpa's Garden in Narooma has made available excellent organic food, cosmetics, herbal medicines and bulk goods to folks in the area—some of whom live in the Triangle region. It is a viable business and turnover is good.

Owners Bev and Geoff want to retire, and so to sell the business. Some of us regulars are wondering how we can retain the shop locally in Narooma, as many would be lost without it.

Costs in purchasing the business include shop-fittings such as fridges and freezer, cabinetry etc, and produce, and inheriting the goodwill built up over the years, and a very low rental.

The asking price is \$250,000 but they are waiting for offers.

Ideas floated have been:

- running it as a shoppers' co-op—but even at \$10 or even \$50 a share we'd need far more than the possibly one thousand people who shop there regularly

- finding a group of shareholders to form a company with some working as employees, some in management roles such as treasurer, with others as sleeping partners

- seeking crowd funding, and/or
- setting it up as Candelo Bulk have done for their shop in Bega.

So please—is there the will or the money or the energy to help us rescue a very important shop in the area?

Please contact me with suggestions or ways to help us at rescue.grandpas@gmail.com.

Maggie Camfield

HuntFest is cancelled

There will be no celebration of hunting and killing with sales of guns and free admission for children this year, at least not on Crown land in the heart of Narooma. The decision to cancel was made 'for commercial reasons' by the president of the South Coast Hunters Club, and not by the Eurobodalla Shire Council. The Council always had the power to revoke the licence for any reason, but regarded the event, in the words of one councillor, as 'No more important than a teddy bears' picnic'. Councillors Harding, Bryce and McGinlay are to be credited for being the only ones to strongly oppose Huntfest in the interest of community safety and well-being.

The Narooma Huntfest was licenced by two successive Councils to operate until 2022, without any real community discussion or debate, and justified by Council on the grounds that it brought visitors and money to the town. The event satisfied the wishes of the local hunters' club, with the support of the powerful Sporting Shooters Association of Australia, which has always aimed to increase gun ownership in Australia, to liberalise the rules and regulations governing gun ownership, to increase the number of places where recreational hunters can fire their ammunition or shoot their bows and arrows, and to decrease the age at which adults can get a gun licence and children can shoot a gun with adult supervision.

Not surprisingly, many community members and outside organisations disapproved of an event which encouraged gun proliferation on the grounds that buying a gun and using it to kill feral animals was an effective and safe recreational activity, and that the whole family would enjoy going on safaris.

As for encouraging children with free activities to make them



Community opposition to Huntfest has worked. People power on the rise!

regard killing animals as fun, Hugh Wirth said, 'You can't on one hand encourage kids to go on shooting sprees and then claim you can manage their respect for all living things.'

Community opposition has taken the form of petitions, protests, rallies, presentations to Council, and to State Parliament by SAFE (Stop Arms Fairs in Eurobodalla), SERCA (South East Region Conservation Alliance), Coastwatchers and other conservation groups and individuals. There is also still a determined attempt being made to prove illegal Council decision making.

However, while most politicians profess concern over rising levels of crime and gun violence, here on the south coast the Eurobodalla Shire Council has been able to approve a festival which would undoubtedly increase the number of guns in the Shire and the number of amateur hunters. (It was also the only council in New South Wales to allow a festival of hunting on crown land!)

For the past six years David Shoebridge MLC has demonstrated his opposition to gun proliferation and support for nature and the environment by holding *Animals in the Wild*, an increasingly popular, Australia-wide photographic competition as an appreciation of what makes our wildlife and environment so very special, and why we should fight to protect it.

Cancellation of Huntfest is a minor victory for local democracy and our enviable Nature Coast reputation.

Susan Cruttenden

NAIDOC Week @ Bermagui Library

SPECIAL STORYTIME & CRAFT

by Nick Hoskins

| Welcome by Warren Foster Snr |

Morning Tea

& Indigenous Collection Launch

10am Tuesday 9 July 2019

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ANIMAL

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Gather your friends and join us for trivia at 7 for 7:30 pm on Saturday, 10 August at Club Sapphire 119 Main Street, Merimbula tickets available online at www.clubsapphire.com.au

Rural fire brigades—a few numbers

Did you know that in the Bega Valley we have 25 volunteer rural fire brigades covering 6279 square kilometres or 627,900 hectares (1,551,575 acres)?

These 25 volunteer brigades have an average of 10 to 15 active operational firefighters as well as other volunteers who provide administrative and logistical support.

Our wonderful teams of volunteers provide to the community:

- bush fire response
- structural fire response
- fire protection at motor vehicle accidents
- assistance with ambulance call outs
- assistance with land rescues and searches
- community education
- support for other community groups (including sports clubs), and
- hazard reduction burning and assistance with other agencies.

To operate their brigades, they:

- participate in brigade meetings and in wider organisation meetings
- conduct fundraising
- conduct training
- maintain equipment, and
- conduct area familiarisation

Our local volunteers and the small number of staff work very hard 24/7 to help protect and support the 34,000 Bega Valley residents and tens of thousands of visitors.

We thank the community that supports us. If you are at all curious or inspired, please consider becoming a volunteer!



U3A Bermagui update

Term 2 has been lively, with a wide range of offerings.

There were some new sessions from Ines Judd on post-war Europe which were very well attended, as were the sessions run by Michael Holton on China since 1900. Warren Foster, a local elder of the Djiringanj people, talked about the sightings of Captain Cook's ship and the lore that grew around it. Natalie Bateman, a well known local Indigenous artist, talked about the importance of family and place

to her art, including stories of the family camps at Brou Lake. Another new program was Understanding Loss and Grief. The feedback was very positive and it will be running again in Term 3. There was a repeat session on the fossils in the Pilbara due to high demand. Planning for Mobility at Home was well attended, and will be repeated in Term 3.

In Term 3, some of our new presentations include 'Travel tales of Hong Kong and islands', and a session on the NBN by the local manager for southern NSW. Paul Strutynski will be presenting a session on George Orwell.

Of course there will also be our regular, popular offerings such as Film and Lunch, Bowls, Linguistics, Tai Chi, Australian Writers (poets for Term 3) and

Book Chat in Bermagui and Cobargo. The Community Engagement Plan group will continue its work to improve U3A's engagement with local Aboriginal people.

There are over forty classes to choose from in Term 3 (31 July to 27 September).

Come along to our Information & Registration Day on Wednesday 24 July from 10 am to 12 noon (Bermagui Country Club) and talk to our presenters, enrol in a class and discover the world of U3A. You can also enrol online from 10 am to 5 pm on Wednesday 24 July.

If you would like more information about U3A Bermagui, please visit our website at www.bermagui.u3a.net.org.au, or call Jan Rivers on 0409 901 672 or Debra Cushion on 0419 253 700.

Debra Cushion

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Mimosa Duo at the Murrah this month

Finally! The Mimosa Duo will be performing at the renowned Murrah Hall this month. For most of you this is no doubt going straight into your diaries but for those of you unacquainted with Australia's finest guitar and violin duo, start paying attention! The Mimosa Duo are Morgan and Phoebe. They are an Australian-born-and-bred duo that have been performing together all over the world for the past 10 years. They have toured all over France, Australia and New Zealand and are frequently asked to perform on luxury cruise ships anywhere in this world and the next.

Mimosa plays a wide range of music. Classically trained at the Sydney Con, then

Gypsy Jazz trained in the streets of Paris, they possess a unique ability to modify songs in their own special way to suit their pedantic needs. They are much like the finest of modern day craft beers—flavour aplenty, hidden touches of mysterious tang, and after hearing a set or two one feels giddy, possessed with the belief that one can achieve anything!

It's always a fun night out with the Mimosa Duo. So whether you have seen them live before or not, come on down for a taste of their delectable, salty yet sweet smorgasbord of tunes.

Sunday 14 July, 3-5 pm, Murrah Hall, Entry \$20, kids free



Mimosa Duo, Morgan and Phoebe: straight from the streets of Paris to you

8 X Eight at Creators this month

Cobargo Creators wish to invite everyone, members and non-members alike, to enter into the 8 X Eight Art Exhibition of 2019. This exhibition of unframed mini artworks is all about thinking inside the square and getting creative.

There are three simple rules: all work must measure eight inches by eight inches (about 20 cm square, for the young'uns), be original and for sale. Call up your inner muse, accept the square challenge and get busy—paint stitch collage weave print photograph ... whatever—all mediums are welcome.

Cobargo Creators is committed to supporting and promoting creativity within the community so please join in. It's all about having fun and giving it a go.

8 X Eight will open at 11 am on Saturday 17 August and will run until Sunday 1 September.

Entry details, forms and the 8" by 8" stretched canvas squares are available at Cobargo Creators, 60 Princes Highway, Cobargo.

Or email cobargocreators@gmail.com for more information.

Sandra Taylor

PS The 'Winter Warmies' raffle tickets are now on sale at the gallery, the prize a basket of warm things to keep you toasty while the frost sparkles on the ground and nips at our toes.

Tickets are \$2.

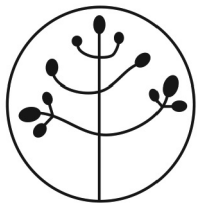
Lex Gannon Power Products

Lex and Gloria Gannon wish to advise that from 30 June 2019

they will be open part time only

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The Lazy Lizard is celebrating 'Xmas in July'!

Okay ... wake up everybody! Just when you thought it was safe to settle into those winter grumps and other generally unsociable habits brought on by the cold mornings and chilly early evenings, Helen Stafford is exhorting us to get out and celebrate 'Xmas in July'.

She has taken over the Side Room again this month, with even more knitted and felted winter warmers, but this time all her stock has a celebratory Xmas twist to it. To embellish this theme, all items are predominantly in shades of red and green. She has knitted hats in new designs and colours, all in red and green hues.

As you probably know, the Gallery always has a supply of Helen's knitted gnome hats (officially approved, we might add, by the Cobargo Gnomes themselves), but now among the knitted hats in this exhibition she has included a family grouping of lovely green Elf hats. Elves, as you know, are traditionally Santa's little helpers. Also available are Xmas decorations, created from fabric, felt and wool.

This exhibition will run for the whole of July, so come along and find something to dispel those winter blues, or even if you prefer to hold your Xmas festivities in December, why not come past and get a couple of fun items to stash away till then?

We will have a little opening celebration at 10 am on Saturday, 6 July, and even 'grumps' are welcome!



Xmas ideas and decorations created by Helen Stafford

Naomi Lewis

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Art in the Triangle

Annual *Harbour* exhibition now on at Shop7

Now open in Bermagui's Shop7 Artspace, *Harbour* is the open exhibition of works by any artist in the region, in any medium. This is the show where local businesses are invited to choose their favourite piece and award the artist a small prize by way of a voucher to be claimed at the awardee's business.

Each year there are around thirty businesses and thirty artists. The most popular works can receive multiple prizes.

This concept has advantages for an artist new in the field in that they see their work in a public exhibition space amongst other work.

Artists choose any interpretation of the word 'harbour'. Marine subjects are obvious but many choose to extemporise and their efforts have been acclaimed in the past.

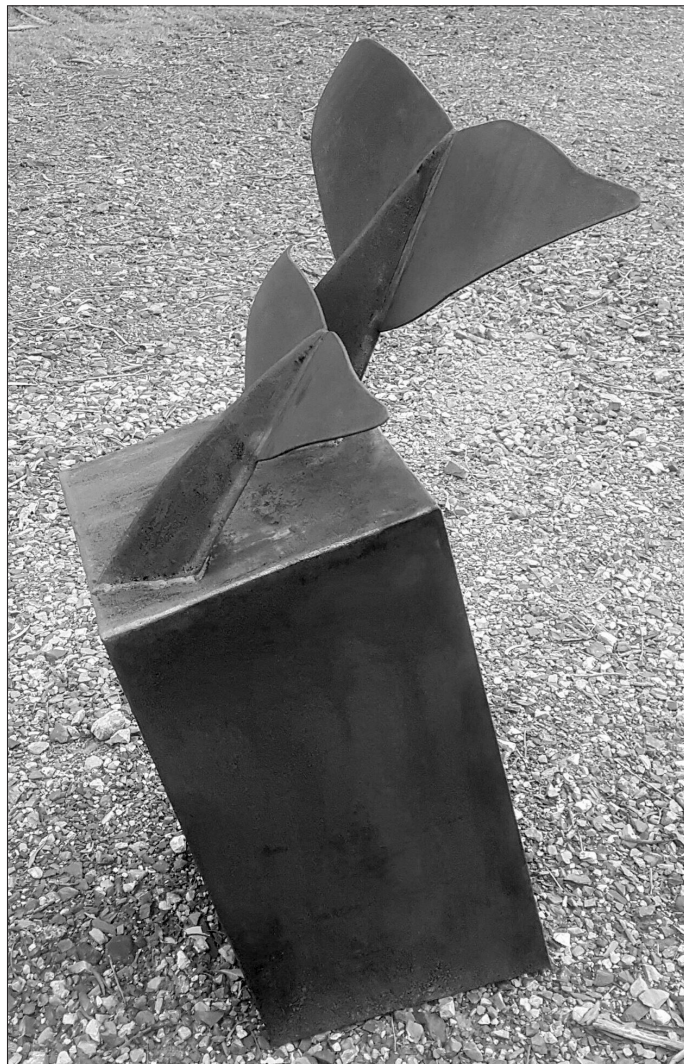
This year Shop7 welcomes back Graeme Thompson from the Eden end of the Shire. Graeme, a master with welded steel, makes tiny creatures like birds and ants and larger pieces such as whale tails. This time he will add crabs into his range.

Other entries will include small boats, lighthouses, naked ladies frolicking on water, jetties and marine creatures.

Few of the participants' exhibits were known to the Shop7 set-up team before unpacking began last month.

So visit the gallery and share our surprises. It's open every day except Tuesday, from 10.30 am to 3 pm, until 17 July.

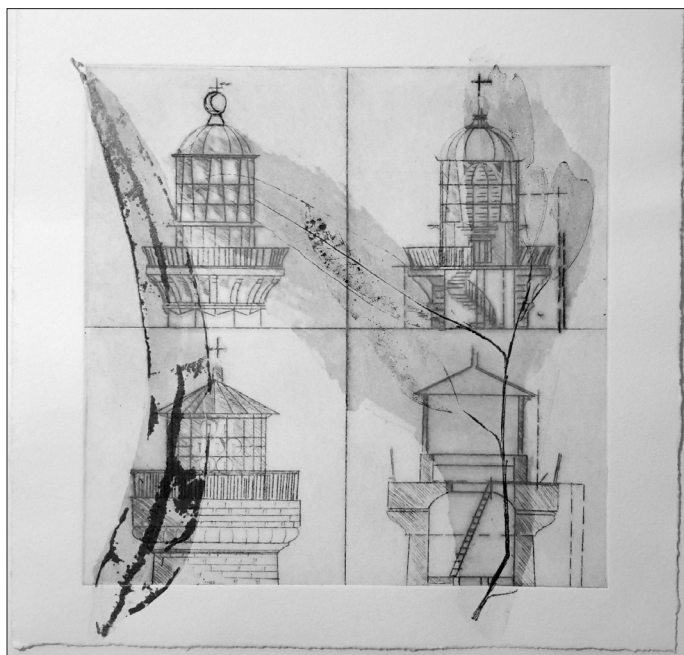
Peter Storey



Mother and daughter whale tales by Graeme Thompson



A ballooning lady tethered to a buoy by Pauline Balos



Lighthouse by Doris Hoyne

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FOUR WINDS PRESENTS

Kenny Broberg Anthony Marwood and James Crabb



Windsong Series 2

Saturday 17 August 2019

1.00pm – 3.00pm

Four Winds and the Sydney International Piano Competition present US pianist, **Kenny Broberg** in recital performing a program of Bach, Beethoven, Chopin, Ravel and Debussy. Kenny is undisputed as one of the worlds leading new generation pianists and will undoubtedly delight you with his virtuosic performance.



Windsong Series 3

Sunday 22 September 2019

1.00pm – 3.00pm

International guest violinist **Anthony Marwood** in collaboration with Four Winds Artistic Director **James Crabb**.

‘Music through the centuries’; from a contemplative ‘Oblivion’ to music for dancing; from Bach to folk music.

*“If there were rock-star equivalents in the classical music world, ace British violinist Anthony Marwood would be on the list”
The Age, Australia.*



Windsong Pavilion, Barragga Bay, NSW
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fourwinds.com.au | 02 6493 3414 |
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‘Wonder!’—songs inspired by childhood at Windsong Pavilion

It was gorgeous—the Vox Choir from Sydney performing songs inspired by childhood in the natural beauty of the Windsong Pavilion at the Four Winds site in Barragga Bay.

Vox’s Musical Director, Elizabeth Scott, the mother of a five-year-old, chose pieces that are both beautiful and powerful, and presented a program that explored the many ways that childhood can be viewed, including moments of great joy as well as profound sadness.

What united the works was a simplicity that was deeply moving.

The spectrum went from film music to the brothers Grimm with choral lullabies and some Stevie Wonder thrown in for good measure. It all made for an emotional rollercoaster for the audience and what must have been a real challenge for the singers, who made it look effortless as only professionals can do.

And there’s more beauty to come. Another concert by pianist Kenny Broberg is coming up on 17 August and the final concert in this Windsong Series will be on 22 September, featuring Anthony Marwood on violin. By all means, check it out on the Four Winds website www.fourwinds.com.au and treat yourself to some beauty, world class beauty, right in your own backyard.



Deeply moving. Sydney Philharmonia’s Vox Choir (Photo by Eva Tilley)

Bhagya



Elizabeth Scott directs the Vox Choir at the Windsong Pavilion (Photo by Eva Tilley)



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Grevillea – a plant for all seasons

With winter well and truly with us I thought a change from the general garden column to one where we talk about a particular species of plant—*Grevillea*.

The genus of *Grevillea* has plants that suit a wide range of uses from ground cover to screening, from bird attraction to animal deterrent (prickly forms).

Much work has been done in the breeding of new varieties by hybridisation of certain parent plants that have a particular attribute like size, flower type, drought tolerance and so on. By crossing two plants with different special features a new variety is developed that has all the good features of its parents thus giving us a plant of exceptional value.

This hybridisation can be done in a nursery situation where a nurseryman wishes to develop a new plant or can be done by nature itself wherein two different species that are grown side by side are cross pollinated and a seedling is developed nearby and then come across by a human who then grows it on, to produce a new variety.



In recent years a new growing method has come into place wherein a beautiful species, say from Western Australia, has been grafted onto an east coast species to give that plant the ability to grow outside its normal growing area. In many cases the understock used will be *Grevillea robusta* (Silky Oak) and this gives the plant the ability to handle conditions like clay soils and humidity, experienced on the east coast. A lovely example of this is *Grevillea plurijuga* (Purple Haze) which has its origin in Western Australia.

Many groundcover forms have also been grafted onto what is called a high graft and that is on a standard of about one to one and a half metres in height, similar to a standard

rose. These are great in a pot or as a special feature in a particular part of the garden.

In speaking of pots, *Grevillea* is a great pot plant. Care must be taken in using a variety that doesn't need a lot of pruning to keep it in check. The variety I have used is 'Peaches and Cream'. This is one of the most prolific-flowering and all round great *Grevilleas* that has been developed in recent years. Not only is it good for pots, bird attraction and the like but will grow in a garden from first line coastal to inland gardens.

In using *Grevillea* in pots it is advisable to use a native potting mix or a premium potting mix and then to fertilise with a slow release or liquid native plant food.

Grevillea will grow in a wide range of soils from loam through clay but are not overly fond of a sandy soil.

In preparation for planting, dig a wide hole, but not too deep, and, depending on the amount of clay, you could mix some organic planting mix with your existing soil to give the plant a good start. Water in with a combination seaweed and fish emulsion fertiliser. These are not too strong as an initial fertiliser and have a natural growth stimulant to help in establishment.

Fertilising from that point on should be at regular intervals throughout the year except winter, with a native plant food.

There are very few diseases that can cause problems with *Grevillea* and a trip to the local nursery with an example of the problem will usually solve the problem quickly.

Other maintenance includes a regular prune to keep them in shape and to promote new flowering wood. Don't be afraid to cut them back hard. They will thrive from this.



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Curry Bunga is a little Indian restaurant on Bunga St, Bermagui that offers quality, authentic Indian cuisine. Owner and chef, Nandini Hunter Jones, has a pride and a passion for creating meals that burst with flavour and Curry Bunga has a loyal group of regular customers.

The menu changes constantly according to the availability of local produce and Nandini's own creative whims, but you can bank on a range of meat, vegetarian and vegan options.

Everything Nandini makes, even her spice mixes, is created in house with love, often from family recipes taught to her by her mum. So we're delighted that she agreed to share a couple of her favourites with us this month—some spicy treats to warm us up in the chill of mid-winter.

Goan Fish Curry

1 kg flathead or any firm fish
2 cans coconut milk
1 large onion sliced
2-3 green chillies cut lengthwise
A few curry leaves
½ tsp black mustard seeds
1/2 tsp turmeric powder
1 tsp ginger (grated)
1-2 tbsp oil
Salt to taste
A handful of fresh coriander

Heat oil in a heavy-based pan, add the mustard seeds and heat till they splutter.

Add the sliced onion, curry leaves and salt. Once the onion is translucent, add the ginger and turmeric, stir well and add the green chillies. Stir, making sure the onions don't stick to the bottom.

Add the coconut milk, stirring well so it doesn't curdle. Bring to a boil.

Add the fish pieces. Cook for about 5 minutes if flathead or



slightly more if it's a firmer fish.

Remove from heat, add the coriander, serve hot with basmati rice.

Lemon Pickle

6 lemons (use yellow lemons with thin skin, never use lemons with thick skin)
2 tbsp red chilli powder
1 tbsp black salt
½ cup sugar
¾ cup water



Wash lemons really well. Cut each into 8 wedges and try to remove as many seeds as possible.

Put the lemon pieces in a heavy-based pot. Add red chilli powder, black salt and sugar. Mix well, add water and cover the pot with a lid.

Simmer on medium heat till lemons are soft (use a cake prick or fork to check).

Take the pot off the heat and drain all the syrup liquid into another saucepan. Leave the lemon pieces.

Taste the syrup and add red chilli powder, black salt and sugar according to your taste. A bit of extra chilli powder gives it an extra zing.

Mix well and put back on the heat. Cook on medium heat for about 6-7 minutes until it thickens up really well.

Add the syrup back into lemon pieces and mix well.

Let the pickle cool down completely. Instant lemon pickle is ready.

Pour it into a clean glass jar. You can store it in the freezer for about 3-4 months.

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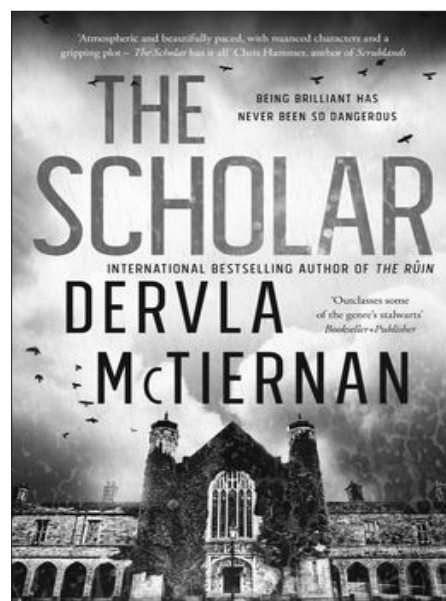
Heather O'Connor

Dervla McTiernan, *The Scholar*, \$32.99

If you know anyone who has no taste for mysteries, you could suggest this one as a terrific introduction to the world of crime. The writer was born in Ireland but now lives in Australia, so we can claim her as our own. *The Scholar* is her second novel, following on a sensational debut with *The Ruin*, so it has been much anticipated by her new band of followers—and it doesn't disappoint.

The main character in both novels is Detective Inspector Cormac Reilly, whose personal and professional lives clash as he investigates, first, the murder of a young woman working in the laboratory of her wealthy (and thoroughly unlikable) grandfather. The body is discovered by Cormac's partner who also works at the facility. Before long, he is called out to a hit and run and it becomes obvious that the two cases are related, and that the two dead women had a very complicated relationship connected in some way to the work of the laboratory.

There's a large cast of characters



involved in trying to solve the two cases, but I never lost the thread of the story—something I'm inclined to do in complicated murder cases.

It can't be easy to produce a second novel to follow a big hit, but I would say this is as good as the first—and we only had to wait 18 months. More in store?

Pet of the Month

Deb Cox

Paddy is a beautiful, 2-year-old, 35kg dog standing 68cm at the shoulder (about as big as a German Shepherd). He has had a rough start in life and was terrified of men on arrival at his carer's home. After a few weeks he is much more confident, but still cautious of men. He can be a bit clingy and often seeks assurance that he is a 'good boy'.

Paddy's wonderful with other dogs and plays very gently with a neighbour's 12 week old puppy. He seems to adjust his energy level to the dogs he meets and is currently undergoing sprint training by the carer's whippet. Paddy eats anything, is house trained and rarely barks. Ideally he would go to a home with children and preferably another young, active dog. He will need plenty of exercise and needs to be inside at night. Enquiries to Animal Welfare League Far South Coast on 0400 372 609.

The adoption fee of all animals is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters as dogs are already de-sexed. Pups under one year are \$375, dogs over one year are \$350, kittens under one year are \$200 and cats over one year are \$120. The adoption fee for animals over eight years is reduced, depending on age and health. Please note that potential dog owners will need to have secure 'dog proof' fencing and suitability to the needs of the animal. Please 'Adopt don't Shop'.

Call AWL FSC Branch on 0400 372 609 to enquire about any of the many cats, kittens, dogs and pups available for adoption. You can also check the Facebook page (Animal Welfare League Far South Coast Branch).

July is National De-sexing Month. De-sexing vouchers are available at all vet clinics in our branch area—Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden—for local residents who hold a Centrelink pension card. AWL Far South Coast will

subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.



Paddy's a gentle giant, is house trained, rarely barks, plays well with other dogs and is gaining confidence all the time after a rough start pre-rescue



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm & Bermagui Monday 5pm
Both at Anglican Church Hall,
Ph Dave on 6493 5014

AL-ANON

Bega, Back Room 7th Day Adventist Church,
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ALICE BAILEY GROUP

Each Saturday from 12.00 to 3.00pm we gather to
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Phone: Lorraine on 6493 3061

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI CROQUET CLUB

Sunday Social Golf Croquet 9.45 until 12.00
Monday Association Croquet 1.30 until 4.00
Wednesday Golf Croquet 1.30 until 4.00
Thursday Association Croquet 1.30 until 4.00
Call Lynn Lawson 0411 432 533

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfp Preston@bigpond.com

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 0418 406 068

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary. Bob Whackett: 6493 3136

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men welcome.
Contact Ian Bailey 0409 691 458 or
Phil Baldwin on 0421 114 882.

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickenson Oval. 10am-12. Contact Lorraine
Courtis email lcou6446@bigpond.net.au

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3a.net.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO CWA

Meeting 2nd Tuesday of the month at 10:30 am
CWA Cottage, 5 Cobargo-Bermagui Rd, Cobargo
Contact: Ms Sally Halupka 6493 7356
cwa.cobargo@gmail.com

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th
Saturday, tea/coffee 4.30pm start 5pm.
Discussion group 3rd Saturday. Meditation
every Monday at 11am. Other events see website
opensanctuary.weebly.com.
Inq: Linda Chapman 0422 273 021

TILBA CWA

Meeting 2nd Friday of the month at 10 am
Tilba small hall, Bate Street, Central Tilba
Contact: Ms Maureen Kleeman 0477 633 221
maureen.kleeman@gmail.com

CWA CAFE

2nd Saturday of the month 9 am to 12 pm.
Tilba small hall, Bate Street, Central Tilba

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

JULY	WHAT	WHERE	TIME
Sat 6	Connecting Cobargo celebration/working bee (p7)	Behind RSL Hall, Cobargo	11 am
	Saturnalia Winter Feast, \$38	Cobargo Hall	6 pm
Sun 7	'Return to your Bliss' meditation, \$15	Cobargo Hall	1 pm
	Live music: Mojo Pearls	Cobargo Hotel	5 pm
Tues 9	NAIDOC Week Indigenous book collection launch (p11)	Bermagui Library	10 am
Sat 13	NAIDOC Week event	Big Hall, Central Tilba	2 pm
Sun 14	Galba Forge Blacksmithing demonstration	345 Yowrie Road, Wandella	1 - 5 pm
	Live music: Klaus Tietz	Cobargo Hotel	5 pm
	Mimosa Duo guitar and violin	Murrah Hall	3-5 pm
Wed 17	Cobargo AP&H Society AGM	Cobargo CWA Cottage	7 pm
Fri 19	Open Mic	Cobargo Hotel	8 pm
Sat 20	Cobargo P&C Xmas in July Trivia Fundraiser	Cobargo Hotel	6 pm
Sun 21	Live music: Lillian McVeity	Cobargo Hotel	5 pm
Wed 24	U3A Information & Registration Day (p26)	Bermagui Country Club	10 am - noon
Sat 27	Fundraiser evening for Lisa Harrington	Cobargo SoA Hall	6 pm
	Quilt raffle draw and homemade soup	Cobargo CWA Cottage	9 am - noon
Sun 28	Live music: Wolf Stone	Cobargo Hotel	5 pm
	Tree Planting Day and BBQ lunch	Apex Park	11 am
REGULAR EVENTS			
Mondays	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
Tuesdays	Quaama Singers	Quaama Hall	5 pm
	Trivia	Cobargo Hotel	7.30 pm
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
Last Wednesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - 12 noon
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 - 11 am
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10.30 - 11 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	'Everything Tech' night	Bermagui Library	5 - 8 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Friday	Tilba CWA Meeting	Small Hall, Tilba	10 am
Saturdays	Tilba Market	Big Hall, Central Tilba	8 am - noon
	Cobargo Market	Princes Hwy (main street)	8 am - 1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am - 12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am - 12 noon
ART			
Sat 6	'Xmas in July' opening - Helen Stafford	Lazy Lizard Gallery	10 am