

Reflections on the Cobargo Folk Festival

When you're looking old and feeling grey
With aches and pains that distract you
And you see your youth slipping away
While you sleep.

When your stomach strains against your shirt
And you shuffle instead of walk
If all of your actions seem to hurt
Every day.

There is a solution once a year
And a cure for all those ills
Just load your car with plenty of gear
And head south (or north... or east... or west)
Cobargo Folk Festival.

Remember with your eyes open wide
The lithe-limbed boys or giddy girls
That still exist deep down inside
In your core.

So throw away your walking cane
And unbutton your too-tight shirt (not too far!)
Music whisks you to your youth again
For a while.

If you can't dance, your hands can clap
The swinging notes of the fiddles.
Just feel the beat and let your feet tap
On the floor.

Pauline O'Carolan



Illustrations by Naomi Lewis

Among the beautiful stories about events and activities that fill our lives—in this, a most fortunate and peaceful place to live—several contributors have written about more serious matters.

Excepting Indigenous Australians, 98% of Australians are immigrants or descendants of immigrants. Many have a history of people seeking a better life, a peaceful life—and not uncommonly, as refugees seeking safe harbour.

So for many, our peace and hearts were shattered by the massacre of people in prayer in the vengeful act of naked hatred and violence in Christchurch. From the deep connection of common humanity across the planet, hearts were moved to our depths.

Only a week earlier, students from our

valleys joined others nationally and around the planet voting with their feet to strike and speak up for the future of all life and their lives—for many they signified hope and pride. This younger generation was not quiet in their demands for a higher level of responsibility and leadership which holds a big picture and acts beyond myopic interests and addiction to power. From heartbroken New Zealand we have seen leadership which attests unity, compassion, shared belonging and dignified authority—an expression of leadership many yearn for.

Locally, we are lucky to have a number of religious leaders of several traditions who guide gatherings centred on love, spirit, care, sensitive respect, reflective meditation and prayer.

Thumbs UP



To local school kids striking for action on climate change. Sorry guys from this boomer—we had the party and you get to clean up the mess.

To the very pretty kerbside display of summer flowers outside the doggie beauty parlour in Cobargo—brings a smile to my day.

To the person who posted a thumbs up about the Cobargo Show, that *The Triangle* lost! Our apologies!

Thumbs DOWN

No joke, no respect. Not only has the community lost access to our Cobargo RSL building, the memorial area is left largely unattended. It took too long for this disgraceful act to be reported to the NSW branch.



DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

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Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors, The Triangle
PO Box 293, Bermagui. NSW 2546
ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Letters to the editors

Every bit counts

In the wake of the Christchurch disaster and with my own history in full flight, may I take this opportunity to both congratulate Council on their decision to refurbish the 'Bega Valley Shire Welcomes Refugees and Asylum Seekers' sign and also to offer some advisory discussion sessions with those Councillors that saw otherwise.

My capacity and authority to discuss this subject is attached with the International Refugee Organisation certificate allowing my mother, my brothers and I into this land 'girt by sea'.

Joe Ruiz-Avila
Wandella

Serial No 038827
Issued at Fallingb., Austria

INTERNATIONAL REFUGEE ORGANIZATION

CERTIFICATE OF IDENTITY FOR THE PURPOSE OF IMMIGRATION TO AUSTRALIA

1. The holder of this Certificate is the concern of the International Refugee Organization.

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3. This certificate is NOT valid for travel unless it bears the signature of the I.R.O. certifying officer AND a Australian visa, and the appropriate military exit permit has been granted.

FAMILY NAME: RUIZ-DORADO CHRISTIAN NAMES: Josepina
MAIDEN NAME (where applicable): DORADO
DATE OF BIRTH: 11.11.27 SEX: F
PLACE AND COUNTRY OF BIRTH: Mula, Spain
NATIONALITY: Spanish
OCCUPATION: Specialist in textile industry
FATHER'S NAME: DORADO, Luis
MOTHER'S MAIDEN NAME: RUIZ, Josefa

(Signature of Applicant)

Height: cm Weight: kg
Hair: Black
Eyes: Blue
Nose: Bridge
Shape of Face: Oval
Special Characteristics: Scar on forehead

(Signature and Position of I.R.O. Certifying Officer)
Date: 20.6.50
Place: Melbourne, Austral

Exit Permit Visa No. 13 239
dated 20.6.50 issued

Children up to 16 years accompanying holder. (Dependents over 16 years of age must have separate document).

NAME	SEX	PLACE AND DATE OF BIRTH
RUIZ-DORADO, Luis	M	11.11.27, Mula, Spain
RUIZ-DORADO, Josepina	F	11.11.27, Mula, Spain

Three small photos of children are included below the table.

Dear editors,

This poster, placed outside the Sports and Leisure centre in Narooma following the Christchurch massacre, was removed within 24 hours, presumably by someone who still favours the promotion of firearms with free activities for children as part of a festival of animal killing, in spite of the demonstrated dangers of gun proliferation to the community.

Susan Cruttenden
Dalmeny



Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email us contributions@thetriangle.org.au

Knocking on my Window

I listen to the silence in an empty room.
An empty house in a peaceful land.
Where nothing will go wrong.
All around me darkness, that is
comforting and warm
Then a sound alerts me
Knocking on the window
Will it bring me harm?

Creeping to the window, carefully
looking out
I see the moths have gathered
Knocking on the glass
Attracted to the light that filters through
the shades
The biggest moths you've ever seen
Knocking on my window
Trying to get in.

They sound like ghosts or spirits knocking
at the door
Amazing insects, passing though,
Calling by to say hello
Feeling strangely linked to them as they

travel on.
I wait to hear them, every year
Knocking on my window
Trying to get in
It's now three years or more since they last
were here
I fear they may be casualties.
Lost in a climate war
And so I mourn them quietly and I hope
that I am wrong
And wait for them to come again
Knocking on my window
Trying to get in.

Jo Lewis



The changing of the seasons is always an opportunity to reflect, renew and prepare. The promise of autumn often brings lovely sunny days, cool nights when we start to think about our wood supplies, the end of summer vegetables and preparations for the winter garden and the end of daylight saving. It is also a time when our major festivals and shows are on and many local people are busy volunteering their time.

The Tilba Sweet Spot

The journey that ends in a particular spot usually has lots of twists and turns on the way. When Peter Lonergan arrived in the Tilba area with his young family in the late 1980s to run the Deer Farm in partnership with his sister Carol and her young family, the business that he now operates was not even in his thinking. The family operated and owned Deer Farm, on Ridge Road, was set up like a nineteenth century farm, with a range of animals in its farm yard, old farm machinery and turn-of-the-century style farm buildings. The families ran this successful tourist business until 1992 when it was sold to Mike and Julie Ward.

Peter then built a family home in

Blacksmiths Lane, and had a wholesale business selling barley jewellery to retail outlets in the southeast. The idea for an old fashioned lolly shop was born. In 1996 the Old Time Lolly Shop opened at 27 Bate Street, specialising in handmade, boiled lollies.

Two years later, an opportunity to purchase 11 Bate Street was too good to miss. It became the new home for the Old Time Lolly Shop, now re-named The Tilba Sweet Spot. Boasting up to 2000 old fashioned, handmade boiled lollies, it has the largest collection in Australia. The shop now includes a stunning retro-fitted ice-creamery and coffee shop which opened in 2014.



Thanks and good luck Peter! It's been sweet....
Peter Lonergan moves on to new adventures.

Peter has always played an active role in community life and was instrumental in the formation of the Tilba and District Chamber of Commerce in 1990. He is currently serving his second term as President of the Chamber and is rightly proud of the achievements in recent years. These include the new carpark at the north end of the village near ABC Cheese, upgrades to the rubbish bins, more accessible footpaths and, after much lobbying and negotiation, the long-overdue upgrade to the public toilet facilities.

There comes a time to call it quits and Peter has decided to sell his successful business. There are other things that he wants to do—like riding his motorbike or taking his beloved historic Porsche on a road trip! All the best, Peter.

Open Sanctuary at Holy Trinity, Tilba Tilba

Open Sanctuary began in 2006 as a vision of Rev Linda Chapman, who is currently the Rector of the Anglican Church in Moruya. It is a community of spiritually minded people from many different traditions—and none—who gather to share spiritual journeys in the spirit of love and care for all life on this

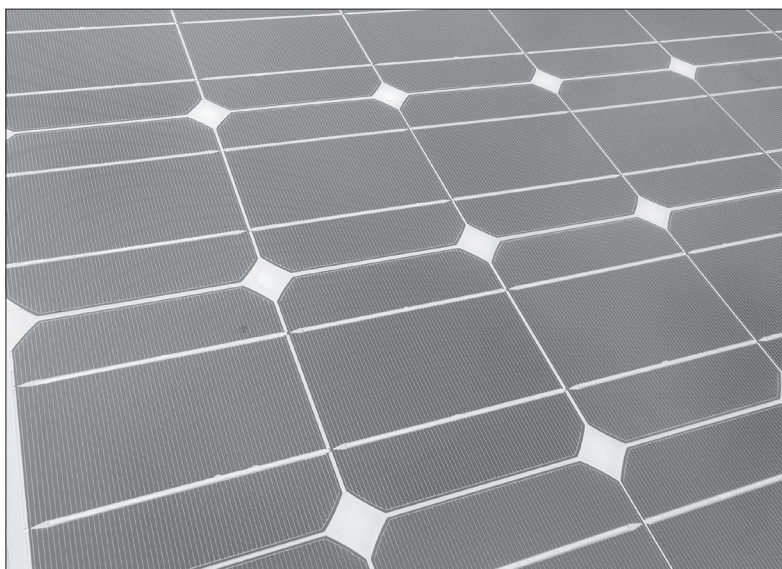
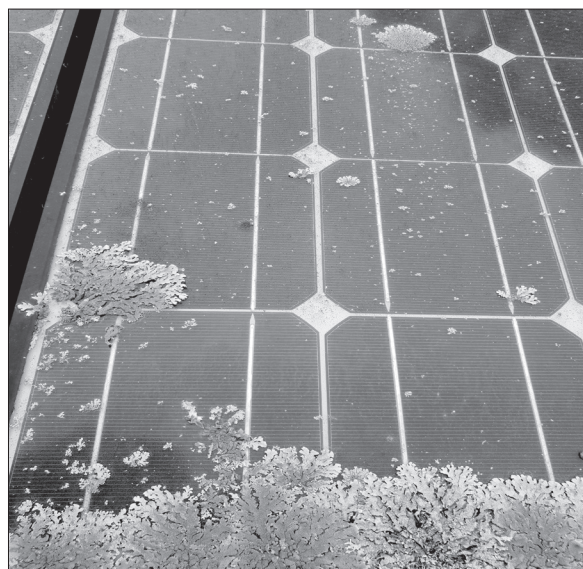


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planet and for the planet itself. Open Sanctuary aspires to be a place where every person's story is honoured, respected and engaged.

Regular gatherings are held:

on the second Saturday of the month (except December) at 4.30 pm for 5pm: Reflection, Silence, Contemplation and Sharing (led by a member of the community or a guest presenter)

on the fourth Friday of the month (except January and December) at 10 am: Quiet Day - meditation, reflection, gardening, other activity and some conversation

every Monday in school term from 10.30 am to 12.30 pm: Meditation

on Monday, Wednesday and Friday at 7 am (except the fourth Friday of the month) and Wednesday at 6 pm: Yoga. Contact Jody on 0414 559 889

All people of goodwill are invited to come and share in the life of Open Sanctuary. Find out more at www.opensanctuary.weebly.com.

Four Winds at Tilba

While the Four Winds Festival is often associated with classical music, it has evolved in recent years to entice and seduce audiences with a wide range of musical experiences and genres. Involving the whole community is a major strength of Four Winds and this Easter, Central Tilba is included with a World Music Workshop and World Music Performance on the first day, Thursday 18 April, featuring world class international musicians.

The World Music Workshop from 4 to 6 pm in the Big Hall at Central Tilba, features Riley Lee, Master shakuhachi player and Bobby Singh on tabla. Riley Lee became the first non-Japanese person to attain dai shihan or Grand Master in 1980, and regularly teaches and plays in the US, Europe and Australia. Bobby Singh is one of the most sought-after musicians



Sophie, Cerys, Mil and Max will compete in the State swimming finals

on the world music circuit, playing both in the Northern Indian tradition as well as in partnerships with some of Australia's best known musicians.

The World Music Performance, from 7.30 to 9 pm on 18 April in the Big Hall, features Riley Lee, Bobby Singh, Jeremy Rose and James Crabb. Jeremy is a jazz saxophonist who performs regularly throughout Australia, the UK and Europe. James Crabb is the Artistic Director of Four Winds and one of the world's leading ambassadors for the classical accordion.

More information and booking information for these events as well as the Festival Program are available at www.fourwinds.com.au/easter-festival.

Central Tilba PS—for a small school, we do big things

Sophie, Cerys, Milo and Max are training diligently three mornings a week for the state finals in the 4 x 100m relay after winning at the regional swimming

carnival at Dapto on 13 March.

The P&C has a new executive following its AGM on 8 March. Taking over the chair as President is Dean Harvey with Vice-President, Daniél Hodgson; Joint Secretaries, Kathryn Ratcliff, Cathy Manning and Kim Atkins; and Treasurer, Kim Atkins. The new office bearers were congratulated at the AGM and a huge thank you was expressed to outgoing President, Megan Ridgeway, and Secretary, Jo Lane.

CTPS is very much a part of the local community, through the involvement of parents in all school activities and other local, regional, state and national events. On a recent sunny day, the students spent a morning at Cemetery Beach as part of Clean Up Australia Day. They discovered more litter on the beach than was expected, and are now identifying possible contributing factors to this problem. To improve community awareness they are writing some persuasive text to convince community members to take action and



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Tilba Bites

make changes to limit our impact on the marine environment.

Wednesday is Kitchen Garden Day and on 20 March the school celebrated Harmony Day. Harmony Day began in Australia in 1999, is celebrated annually on 21 March and coincides with the United Nations Day for the Elimination of Racial Discrimination. This year at CTPS it was a day to celebrate the cultural diversity of the community through the sharing of food, song, dance, art, language and dress.

Welcome Kelsey

On 8 February Kelsey Jennifer was welcomed by her parents, Charles Lucas and Allyce Lipscombe. Big sister Leah, who is twelve, is very excited to have a little sister as is one year old Cody. All the family are doing very well and Kelsey has settled in beautifully at home.

Mabon Harvest Feast

It's great to see the active use of the

halls at Central Tilba. On Saturday, 16 March, Liz Walton and Richard Lawson from Figtree Food Company, based at Mystery Bay, presented a dinner and music show to celebrate Mabon Harvest and the Autumn Equinox in the Small Hall.

With lots of local produce—cheese and cream from Tilba Real Milk, garlic and flowers from Marco, greens from Three Dogs Urban Farm, Belly Up Farm and Paul at Brogo, vegetables from the Sage Market, Honorbread, flowers from Seamist Farm, olives, dukkah and tapenade from Figtree Food Company and chocolate and pear tart from Hilary—the feast was a fitting celebration of the changing of the seasons and a real community event. With the Hall decorated as a harvest celebration, the two long tables were reminiscent of an ancient feast.

A celebration feast in the Triangle area would not be complete without music. Performing early in the evening as a guest was Tim Northam, with his accomplished

guitar playing and singing. Later in the evening Liz and Richard, who perform as musical duo Honey, delighted with their own original songs and well known favourites.

Liz and Richard were ably assisted by locals Tim, Annie, Bea and Sleepy. And in true community style, many of those who attended stayed behind to help clean and pack up. This is a real measure of how much everyone enjoyed and appreciated this harvest celebration.

A couple of reminders...

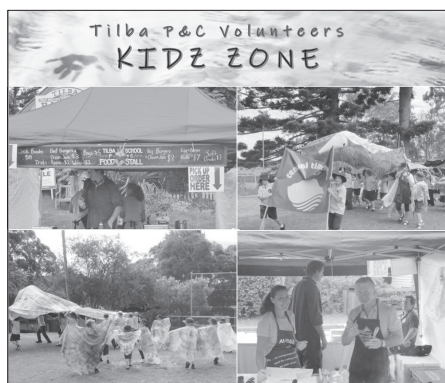
As well as the Tilba Market every Saturday, there is now a regular Collectibles, Trash and Treasure Market, held on the second Sunday of each month from 9 am to 1 pm. The next one is on 14 April—contact Janine on 0400 992 246 for information.

Did you know that the Tilba Community has a group email list? Email tilbacommunity@scpa.org.au and ask to go on the list.

Tilba Festival dishes up school holiday fun

School holidays, the kids love them! But it can be a challenge to find enough things to keep them entertained without relying on screens and devices. This year, the Tilba Festival is offering an alternative to a day of screen time, with some 'good, old fashioned' games and entertainment in the Kidzone.

Held on Easter Saturday (20 April), the Festival runs from 9.00 am – 4.00 pm and features a program of music, food and entertainment to suit everyone in the family, even the most modern of kids. Need a sugar hit after walking up and down Bate Street a few times? Try catching a donut



on a string! Like dancing? What about weaving? How about combining the two

with a skip around the Maypole?

The KidZone will be located behind the Halls, easily accessed behind Neck of the Woods café. Parents can kick back in the nearby seating area while the kids stay occupied and entertained. All without gazing at a single screen!

The full Tilba Festival 2019 program is available online at www.tilbafestival.com.au from 1 April. In the meantime follow us on Facebook (search Tilba Festival) and Instagram (@tilba_festival_2019) to stay up to date with the Festival latest.

Cas Mayfield

Tilba Valley Winery & Ale House

Wine tasting and large craft beer range on offer

All music starts at 12.30 - free of charge

7th	Death do us part
14th	Gemma Amarego
18th	Outdoor Cinema night with food by Kelly Eastwood
19th	Good Friday Night - 6pm live music by Dust & Echos
20th	Meet us at the Tilba Easter festival!
21st	Roddy Reason
25th	Anzac day live music with Steve Benic, food specials
28th	Tony Jagers

RSVP for table booking - BYO picnic rugs encouraged

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Tilba CWA celebrates International Women's Day

Almost 20 local women celebrated International Women's Day last month in the Small Hall, starting with singing and actions to I am Woman. We welcomed special guest Lynne Thomas, Aboriginal Education Officer at Narooma Public School, plus representatives for Biamanga and Gulaga National Park Boards, Lynette Goodwin and Cathie Muller. Lynne Thomas and Lynette Goodwin shared their stories on living in the foothills of mother mountain Gulaga. The emerging ideas generated by those present were inspiring and conversations will be continuing.

Tilba CWA Café at Tilba Easter Festival

Tilba CWA members have been invited to run our pop-up Café in the Tilba Small Hall at the Tilba Easter Festival. This year the CWA of NSW's primary product focus is honey, and there will be Honey Snaps, Honey Joys and prize winning Honey Jumbles. Tilba CWA has invited the Bega Valley Bee Keepers Association to assemble their display in the Small Hall. Keith Mundy at Tilba Nursery has offered a

display of bee-loving flowering plants, and local farmer Greg Negus will be supplying Corunna honey for sale through Tilba CWA. Our members are making beeswax wraps, the environmental alternative to single-use cling wrap, for sale at the Festival. 'I [heart] Tilba' stickers and new Tilba CWA tea towels will be available. We will also have a honey-themed raffle with a copy of the new Farmer cookbook.

Farmer Cookbook and CWA of Australia

Farmer: Recipes and Stories from the Land was created by a collaboration of volunteers. Jody Vassallo, local Tilba food writer and publisher, led the development of this beautiful cookbook.

Buying the Farmer cookbook helps our Australian farmers who are experiencing drought.

There are 80 recipes by famous chefs like Stephanie Alexander and Maggie Beer, farmers like Erica Dibden and Fraser Bayley and more. All profits go to support CWA of Australia, which provides practical assistance to farmers and their communities. CWA helps with food, school fees, household expenses, medical and

dental bills and vehicle maintenance. To date over \$65,000 has been raised, with sales of over 1000 Farmer cookbooks. Tilba CWA thanks Jody Vassallo for supporting Australian farmers.

Tilba CWA cookery and craft

Tilba CWA participated in The Land Cookery and Handicraft Day in Bermagui in March. Janine Halasz's beautiful crocheted blanket was selected for the State Handicraft competition. Annette Kennewell's Honey Jumbles won third place! They were made with Corunna honey and she thinks it made all the difference.

Annette Kennewell

TilbaTalks Historical Walks

Learn about Tilba's past by taking an historical walk during the Tilba Festival on Saturday 20 April. Walks last for just 30 minutes leaving on the hour.

Contact tilbatalks.com for appointments or call Zoe on 0433 114374 for further details. Walk and Talk with you then!



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There wasn't a lot to report this last month. The days shortened, we tended our trees, gardeners set about harvesting what was left of summer and prepared their beds for winter crops.

Bermagabee Street held a street sale on Election Day, led by the Quaama Men's Shed, who both rallied the neighbours and put on a top notch sausage sizzle for folks who arrived for shopping as well as voters who had a look after casting their ballots.

The Hall opened its doors to host the election. In a style typical of our village, the different parties were happy to pile together into a photo to show that we're more united than separate. Wish the rest of the world was the same!

An Anzac Service will be held in the Quaama Memorial Park at 9.30 am on Anzac Day and Easter will be celebrated at our lovely church on Saturday, 20 April at 6 pm if you'd like to attend.



Labor, Liberal and Green all together in front of the Quaama Hall on election day

The gloves are on! Quaama students go to work on Clean Up Australia Day



Students tidying up the park

The students from Quaama Public School donned the gloves and searched the village for rubbish to collect on 26 February. There wasn't too much—only half a bag was collected, which is pleasing.

Years 2-6 students walked around the park and down to Dry River, while the K-1 students cleaned up in and around the school.

Well done to all the students who participated in keeping our community clean and doing our bit for the environment.

Jody Macrae

Quaama Rural Fire Brigade Report

With the passing of twelve months since the fire at Tathra, the Quaama Brigade wishes to send their thoughts and support to the community that was affected. A year later and the conditions are so different. It's greener and wetter but we can't be complacent as we know the weather can change very quickly these days.

With the advent of the hazard reduction season due on 1 April (conditions pending) now is the time for planning and preparation.

As always, RFS headquarters in Bega must be notified on 6494 7400, 24 hours before lighting. Neighbours are also to be notified 24 hours before commencing. This notification is essential and one reason is to eliminate unnecessary call-outs for the brigade.

Water should be available and safety measures in place.

Checking weather conditions and predictions is also necessary. Attending and maintaining the fire is a must.

All care and control of these fires falls

upon the owner as it is 'your' fire. Large penalties apply should the fire escape your property so please be prepared.

As always, Quaama RFB has room for more members. Anyone interested can come to our training every second Saturday at 1.30 pm at the Quaama station. Not every member needs to be a front line fire fighter. There are many support roles to be filled.

Graeme Spicer



The Tiny Homes Tilba team are committed to providing tiny homes where quality is not compromised by size. All enquiries welcome.

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With the beginning of March came the end of another summer. Here in Cobargo we have been relatively peaceful. I'm so very grateful, although sometimes I find the juxtaposition can be hard to handle. Zooming out for a moment of reflection ... Summer in the north of the country was marked by cyclonic rains, turning vast tracks of drought-stricken land into muddy death traps, while, in the far south, fires burnt in the usually wet and lush Tasmanian forests. To the west, fish floated belly up, by the millions ... Zooming out further, this month our hearts were warmed as children took to the streets all over the world to fight for change, for their future—and then broken as neo-Nazis slaughtered innocents just across the Tasman. Politicians fox-trotted in circles even faster than usual as we approached the State election ... and with the Federal just around the corner the show is far from over. And of course there was the 'egging', and the birth of a true Aussie hero.

Zooming back in to our peaceful little village bubble, March brought cool crispness of dewy autumn mornings, as the Cobargo Monsoons receded into the memories of another steamy summer. Skies cleared and the humidity lifted, the earth dried and dusted. The clear night skies breathed in the warmth of summer and breathed out chilly gusts of what was to come. Autumn rains came to quench the Indian summer soils and wash the dust from the skies. Apples and pears have swollen and dropped, the blackberries stained our fingers and tongues. The larders are stocked with the evidence of summer. Tomatoes now passata, cucumbers pickled, chillies sauced. We trip over hidden

pumpkin treasures as they swell, burnt orange and green grey in the grass. If we were a more sensible mammal we'd be moulting, thickening and preparing our coats for the winter months ahead. Instead we put away our summer dresses and check for last year's leftover fire wood, forgotten under thick tendrils of kikuyu.

The beginning of March saw us celebrating yet another fabulous folkie. Rainbow flags and fairy lights were cracked out, woven and hung around. Our fairground was transformed from rustic rural into colourful splendour as fiddles fiddled and guitars strummed, crowds swayed and stayed long into the night. Of course it was not all fun and games; the good vibes were not the only contagion going around. Rumour has it that a nasty case of bagpipe fever had punters breaking out in cold sweats and steamy shivers long into the weeks following.

The start of autumn is traditionally a time for slowing down in our village—with long, dark, quiet months ahead, usually time to catch up on the knitting or to learn how to play chess. Yet it seems that Cobargo is experiencing a much awaited burst of energy. Buildings long empty or in unloved limbo have suddenly sold, the White Horse and the tearooms both. Sounds like a fairytale ... in fact Lena and Harry and the White Horse is a tale I have long wanted to tell, and finally it has passed from fiction into reality. Bubbles have been poured and glasses clinked in celebration of the big dreams to be born on this keystone property. A property that could link the main street to the much loved School of Arts Hall, a space big enough to contain rich community gardens, a tiny

home fitted out into a productive and tasty kitchen run by Lena herself, and of course the shop and residence to be repaired and filled once more with life. I would say 'watch this space', but of course you won't be able to help yourself, it's at the heart of the town. And the tearooms? Well that's a tale for another month I guess. And what else? Well, Cobargo is also the new home of the Kitchen Boys, having recently flown south from Tilba pub into the cafe once occupied, and still marked as, Sweet Home Cobargo. Another chapter for the collection of stories from Hayden House.

And so the sun slips, the days shrink and here we are, enjoying the soft warmth and the sweet peace of our autumn days. Grateful that most of the big bad world passes by our little bubble. Grateful that perhaps we can live, love and pray how we want, hopeful that our children may grow without the impacts of daily terror, incomprehensible violence or insidious prejudice. May we use our privilege, democracy and prosperity wisely, with generosity and acceptance, so that the world we leave for them is more dream than nightmare. So that the needy may find what it is that they need, we and the planet may continue to breathe, long long into the future.

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Cobargo Conversations

A great success story for Cobargo CWA

At the Far South Coast Group Cookery and Handicraft Day at Bermagui Country Club last month, in the handicraft section four items were selected to go to State Conference for judging in May. These items were by Joan O'Halloran for her knitted beanie, Sally Halupka for her loom woven scarf and Amber Matthews for her decorated cushion. Shannon Russack also won the Over 80s section with a beautiful framed owl embroidery. A really great result for our Handicraft Officer (and President), Ann Holub, who encourages us all to enter.

Cobargo branch also starred in the Cookery competition. The following members were awarded first prizes: Sally Halupka for her Sultana Cake, Lynn Lawson for her Pomegranate Jelly and Debbie Fisher (our wonderful Cookery Officer!) for her Chocolate Sponge and, most importantly, Amber and Faith Mathews in Cinnamon Teacake and Decorated Butter Biscuits. Second place was awarded to: Joan O'Halloran for her Date Loaf, Debbie Fisher for her Pickled Pears, young Stephanie Salter for her Cinnamon Teacake and Kallum Pickering for his Decorated Butter Biscuits. Third

placegetters were: Sally Halupka for her Rich Fruit cake and her Strawberry Jam and Debbie Fisher for her Date Loaf.

The following week we held a special lunch after our meeting at the home of our President, Ann Holub. We had a delightful meal provided by the executive and we met our special guests, Albina Ryall from Coolagolite and Louise Lifu from Dalmeny, originally from Papua New Guinea who talked to us about their country. Papua New Guinea is our Country of Study for this year. They showed us their

shell necklaces used as currency and some beautiful woven baskets. We look forward to meeting them again at our International Day held in August.

We offer a warm invitation for women to join us. Why not come along to our next meeting on Tuesday 9 April, starting 10.00 for 10.30 am, and join us for a cup of tea and maybe a slice of award-winning cake! The venue is our lovely CWA cottage on the Bermagui Road, next to the playground.

Mary Williams



(L-R) CWA Cobargo Branch Patron Joan O'Halloran with member Ann Cotterill, guests Louise Lifu and Albina Ryall, and member Diana Holmes

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Our 24th genuine Folk Festival: expectations vs reality

The weather was fabulous, the anticipation could be felt in the air. Months had gone into the planning, decorating, managing, setting up ... and finally the Festival itself was upon us. To someone who wasn't involved with all the preparatory work, it all seemed to flow seamlessly. No visible drama, smiling faces as common as chooks' bums and everyone was there for the same reason—to enjoy themselves.

Visitors and entertainers came from all over the world. Volunteers numbered over four hundred. There was a line-up of magnificent talent over the entire three days. The specially-brewed Festival beer was a winner, the food was plentiful—the gozleme was deeeelicious! The cleaning staff kept the amenities blocks spotless and well-supplied, the scouts kept the grounds as neat as, the catering was top notch ... honestly, you would be hard pressed to find anything wrong.

We interviewed three vollies and several other people, and here is what they had to say.

Dallas Bridges from Numeralla has been volunteering for the past three years after having attended the Festival before. Dallas was here for two weeks prior to the Festival and he feels that each year the entire operation has become much better, more coordinated. He enjoys the work and especially the fact that there is no chaos and no violence. He just wants to enjoy all the new acts, have a few beers and a chat.

Expectations vs reality? His

comment: 'So good, had a great time, entertainment, wow, beer was good. Will be back in 2020.'

Ben from Mogo has been a vollie for 11 years. He sees the Festival moving forward each year. The old Festival was a lot quieter but he is really enjoying the huge range of entertainers, loves the variety and really gets into the new music. Expectations vs reality? 'Could be a world music festival, loved it.'

Frank Kelly from Tanja spends most of his time in the bush, cutting and collecting firewood, but he decided to take a day off and go to the Festival for the first time. He expected to wander around, listen to lots of music, have a bite to eat. He hoped to run into a Koori kid he knows: Bob Bundle, a singer. If all is good, Frank will be back in 2020 for the 25th Festival.

Kevin Kelly (not related to Frank) is a County Derry (Northern Ireland) native but now lives in Sydney. Kevin has a band named 'Kelly's Heroes' who play everywhere—New Zealand, Australia, Ireland ... they have played with Jimeoin, Midnight Oil and John Williamson. They have toured extensively with Damien Leith—his 'crowd pumper'—and have contributed to his albums. They also have nine of their own albums, the newest being 'Ocras.' They usually do ten to twelve festivals and lots of gigs each year.

Kevin has been sponsored to go to Ireland and travel worldwide doing promotions for Ireland Tourism. He also holds a Guinness World Record for the



Kevin Kelly and his bodhran. 'Kelly's Heroes' do ten to twelve festivals a year (photo: Teresa Hunt)

largest ensemble of drummers all playing the same piece at the same time: 1000 bodhrans (Irish frame drums).

The last 25 years have been an incredible journey with many more to come, he says. The beer on tap met with his approval as did the Festival as a whole.

Kevin was an excellent teacher and a genuinely nice bloke. You can learn to play bodhran at his just-released teaching site, www.bodhranworld.com.

Leisa Stack from Canberra has been to Cobargo Folk Festival five times. She started off at other festivals: Kangaroo Valley, Majors Creek, Illawarra and St Albans. Each year she comes here looking for the familiar ambiance—she has always preferred smaller festivals. Leisa travels and camps alone as she expects she will meet up with others that she knows at the venue. But it's okay if



Frank Kelly from Tanja took a day off cutting firewood to go to the Festival for the first time (photo: Teresa Hunt)



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Cobargo Conversations

she doesn't—she will always meet more people. Leisa loves dancing to the bands and appreciates all types of music: strings, modern, traditional, African, Scottish ... She stays on site until the clean-up is done and volunteers at most of the festivals that she attends.

Leisa says that vollies make the festivals happen and keep the costs down for the organisers.

Joe Russell, who had been Morris dancing for 15 years in Cotswold, England, came to Australia three years ago, saw the Black Joe Morris Dancers and was impressed with their enthusiasm, energy, youthfulness and mixed genders—plus they were different and appealing. As it happened, Joe was ready to dance again so he joined the group and has not looked back. His ten-year-old son also dances with the Black Joes.

This most entertaining group travels to most festivals in NSW. They also go

to Woodford in Queensland, and New Zealand. They have been invited to join the village of Winster, England, known for its Morris troupe, to dance in 2020. No one knows the origins of Morris Dancing; it has only been since the 19th century that the dances have been written down, but the dance goes back to beyond the Renaissance. It's a living tradition, keeping the basic style but forever evolving. The dance was ancient even in Shakespeare's day. The bells are believed to dispel evil spirits, as in African dance.

Joe says the beer is wonderful, the people welcoming and the whole atmosphere is one of friendliness.

Coral Vorbach has been many things in her 22 years associated with the Folk Festival. She has held the offices of Secretary, Administrator, Treasurer and Coordinator and is now Vice President. Before computers all admin work was done manually, including the programmes



Coral Vorbach has been associated with the Festival for 22 years (photo: Ros Hewett).

and tickets. She was also the editor of *Cornstalk*, a bimonthly newsletter for the Folk Federation of NSW. Coral said that we are very fortunate to have new, experienced people in the committee as the Festival progresses, getting better and better. She would like to see it stay a community event and hopes that government restrictions never stop regional festivals.

Coral praised Reg Dew, who gave so much, and the dedication of present and former committees. Cobargo Folk Festival was one of the first to have a dance programme and in 2004 got a grant for multicultural dances. Then there was the Aunty Irene Festival, also first to have a youth concert. Our Festival was started by Cec Cox, inspired by the Illawarra Festival.

Coral has observed many people moving to Cobargo and surrounds after attending a Festival.

Ros Hewett



Morris Dancing was ancient even in Shakespeare's day (photo: Ros Hewett)



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Tradition and pride upheld at Cobargo 'Royal' Show

When the words 'Cobargo Show' are uttered they're often closely followed by gasps of 'fantastic!', 'entertainment plus!', 'the best ever!' ... so now it's known as the 'Cobargo Royal'.

There were so many entries in the Novice camp draft (92) that we had to hold junior heats on the Friday night preceding the Show. The ten finalists from the Novice were taken through to the finals on Saturday; the winner was Rachel Schliebs on Elect. The new Stock Horse Challenge, where three horse handlers vied with their horse-breaking skills, was held under the watchful eyes of three judges. By Sunday all three handlers had managed to ride their young horses. The eventual winner was Wade Mathie.

Saturday commenced with show jumping, dairy cattle judging, hack events and the judging of the main pavilion. The poultry exhibits got their final preening and the judges moved in. The official opening at 1.30 pm started with Vida Jessop, 87 years, singing her own composition, 'My Old Cobargo Friend'—warmly received by the large crowd. Show President Daniel Allen followed with his address.



Crowds witnessed show jumping feats.

Cobargo Showgirl Karlee Barber spoke beautifully of her enjoyment in the role so far. Andrew Constance, local State member and Minister for Transport, announced the welcome news that our 20-year battle to keep riding on our historic tracks was won—sanctioned by the Minister for the Environment. Then *House Rules* stars and Candelo dairy farmers Toad Heffernan and



A prime specimen. Dairy cattle were judged on the Saturday.

Mandy Stone officially opened the show, Toad with his natural wit and Mandy with her natural style.

The afternoon entertainment got under way with free novelty events for the children and the mini rodeo, the hilarious dog high jump, small dog races, six-bar show jumping, Otto bin races and motorbike obstacle course. The Garry Carson Duo set the scene for a dance-filled night.

Sunday dawned with beef cattle showing, a sheep dog demonstration, stock horse challenge, sporting and chainsaw events and the post-ripping spectacular. The afternoon was jam-packed—grass skiing races, chute dogging, tail tagging, bubble soccer and the lawnmower races had the crowd on the edge of their seats, the winner being James Darke.

The wife-carrying competition was a mud-filled, fun-filled, challenging array of obstacles from barrel-dragging to under-and-over rails with the winners being Cheryl and Rye Dibden. Chainsaws roared into life for the tree felling and teams turned trees into posts and firewood. The rodeo's record entries ended the show on a total high ... a wonderful community event for a wonderful community.

June Tarlinton

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Double dose of docos this month

This month we have two doco screenings. On Saturday 6 April, there'll be Doco in the Wandella Bush—*Integral Man*, a feature documentary by Joseph Clement. Then on Sunday 21 our regular monthly screening at the Old Cobargo Butter Factory.

For *Integral Man*, we'll start the screening at dusk. Get together from 5 pm, bring a plate and drink to share and a blanket to sit on or keep warm!

Integral Man, 6 April

Architect Jim Stewart is the most published mathematician since Euclid, a concert level violinist, calculus professor, philanthropist, and gay rights activist. He is a true polymath, a modern day renaissance man. He set out to create one of the most renowned pieces of residential architecture in North America. He had a bold vision and the conviction to follow through. It took almost ten years to realise his dream, Integral House, completed in 2009.

Now confronting his inability to play violin as arthritis cripples his hands, Jim boldly faces his declining health, jumping headlong into the role of impresario. As unexpected events unfold, Jim is left to make some of the most difficult decisions of his life.



James Stewart's Integral House

Making a Mark, 21 April

The next monthly community documentary screening is *Making a Mark*,

at 3.30 pm on Sunday, 21 April at the Old Cobargo Butter Factory.

Making a Mark - Inspiration and aspiration on the cutting edge of the visual arts, by Richard Jasek and Anna Vincent, was filmed during the inaugural year of the Ramsay Art Prize. It's a chronicle of creative trailblazing as a selection of finalists, all aged under 40, vie for this important \$100,000 prize.

In a story that spans the globe from Europe to outback Australia, the film explores one of the most personally challenging and financially tenuous of vocations, and asks what it takes to live and work in the competitive world of the visual arts.

Coffee and tea provided - Bring your own mug. To cover costs, a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible!

Lena

Cobargo RFS News

Caution advised as fire permit period ends. Residents and property owners now planning hazard reduction burns are advised to approach the end of the Fire Permit Season with caution, with welcome rain over this past month resulting in considerable vegetation growth.

Starting officially on 1 April, hazard reduction burning activities on rural properties may be undertaken, but only provided the conditions applying to such activities are fully complied with.

The Cobargo Bushfire Brigade is moving ahead with its Station Building Upgrade project, with plans now before

Council for approval. The upgrade will provide a state-of-the-art training facility and disaster relief and incident management capability, as well as more storage space to house equipment and vehicles, relieving the pressure in our much-cramped lower shed.

Although the Brigade is applying for full or partial funding for the major building works, we are also fundraising to cover some of the ancillary costs involved with completing the works and associated equipment and fittings. As part of this fundraising, the Brigade is raffling a 60s 'vintage' collectable toy pedal car fire

truck, with the winner to be drawn at our AGM in June. For tickets please contact the Secretary.

Anyone considering joining the Brigade and experiencing the rewards of volunteering and helping to protect and serve our wonderful Cobargo community will be welcomed. For more information please contact Secretary/Treasurer Lisa Ayliffe on 0429 936 476, or simply come to one of our fortnightly training nights at the Cobargo Fire Station, Wandella Road, Cobargo. Our next training nights are Thursday 11 and 25 April from 7 to 9 pm.

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This year local environmental company and long-time, generous Triangle supporter AKT is sponsoring our My Triangle page. Readers tell us they love My Triangle so we're preparing a list of interesting local personalities to profile. You might be on it!

Good bread, a little bit of France, a little bit of Italy ...and a cinema. What more could Ivana Gattagna want?

Just the beginning of a love affair

Like many people here, Ivana Gattagna found her heart overriding her head and the next thing she knew, she'd bought a block of land and embarked on the exhilarating, at times exhausting, process of building a home on one of the most beautiful places on the east coast of Australia. This was only the beginning of Ivana's love affair with the Triangle area.

How did you come across this area originally?

My now ex-partner had an off-grid place, a weekender at the foot of Gulga. We would come down for holidays and weekends from 2010 till recently. As time passed, I realised I had a strong connection to the area and decided to rent a place for six months and try living here full time.

I still had a home in Manly which I loved. I had amazing friends and gorgeous surroundings including a waterfall in my back yard. It was a special place, yet I just knew I had to move to the Far South Coast.

Why do you think it's such a special place?

I had been in corporate life as an art director for more than 40 years. It was time for me to reassess and get back to



my essence. I had stopped creating art for myself and concentrated on art as a profession. Since moving here, I have reconnected with my art practice.

What are some of your favourite spots?

The national parks in this area are superb. I have a particular favourite which is Mimosa Rocks. Within a half hour drive,

I am amongst such incredibly beautiful natural wonders. I love painting in the elements. My block is on the shores of Wallaga Lake and I have a studio space designed so I can paint from my own home.

So, living in such a paradise, is there anything you miss about Manly?

Sailing was a big part of my life in Manly. I love sailing and have always had something to take me out on the water. I still have a little sailing dinghy at Wallagoot Lake where there is a fantastic sailing club. I would love to have an active sailing group in Bermagui to enjoy yet another dimension of this stunning coastal area in my own back yard—so to speak.

So, there is no going back then?

I had a list of things I could not live without. I needed good bread, which I found at Honor's. A little bit of France, which is at La Galette. A little bit of Italy which is the Gelati Clinic. A cinema which is Kinema at Narooma. This area has all the basics and all the extras for me. I cannot imagine living anywhere else now. I still pinch myself most days to think I have found it!



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Bermagui Banter

This year, a large camp of flying foxes has roosted in the Wallaga Lake Foreshore Forest toward the bridge end of the Lake.

Dusk sees the sky fill with the flying foxes as they take off for their nightly feed. In the early hours of the morning, the camp returns and the chatter starts up in the forest till dawn. They squawk on and off most of the day but nothing as loud as the cacophony of their dusk and dawn rally.

Batemans Bay has had a large camp in a residential area for several years. In 2016, Eurobodalla were granted permission to disperse the camp over a three year program up to 2019.

Bega Valley Shire Council have been monitoring a large camp in the Glebe Lagoon in Bega for several years. Apparently, the Glebe Lagoon flying foxes usually leave in autumn. Candelo has also been known to have a camp move in to their town some years.

Some interesting facts to note if you are close to a camp:

The grey headed Flying Foxes are listed as vulnerable to extinction. All flying foxes are an important part of the ecology for native tree flower pollination

In a flap at Wallaga Lake

and dispersal. There is a management plan for this species which the NSW Office of Environment and Heritage administers.

Hendra virus does not transmit from Flying Fox to humans.

There is a virus—Australian Bat Lyssavirus (ABL)—which can infect humans from untreated bites from the flying fox or, in fact, any bat. The virus is transmitted from their saliva to humans through a bite.

If you have flying foxes passing over your roof regularly and you have a rainwater tank collecting from your roof, do not drink the water. Use it for the garden only.

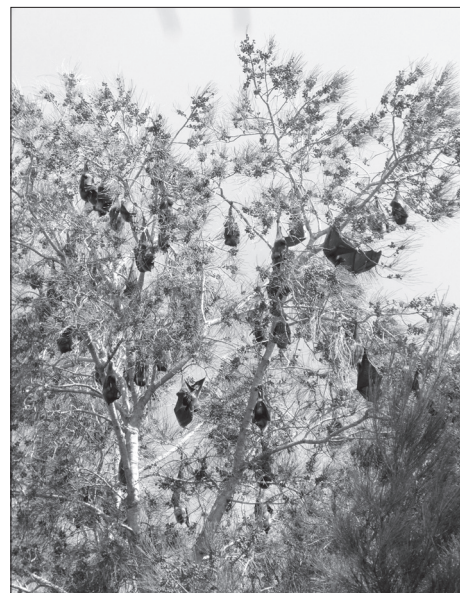
The smell of the roost is not due to excrement. In fact, they tend to do their business where they eat rather than in their camp. The pungent smell is the flying foxes' way of communicating to each other. It is the way males attract females to their roost through their own personal distinct scent.

Netting fruit trees helps to prevent the flying foxes getting to the fruit. Use white nets, which are less likely to trap wildlife. And if the netting is big enough to put a

finger through, it's unsafe.

If you wish to contact an authority in our area, NSW Office of Environment and Heritage are a good first call, followed by your local council. For further details please visit www.environment.nsw.gov.au and search for 'Living with Flying Foxes'.

Ann Maree Menager



Wallaga Lake's resident camp of flying foxes, sleeping off the night's feasting



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An overview of courses and activities for this term so far ...

Cooking, Bowls, Tai Chi, French, Book Clubs and Life Writing are a few of our old favourites.

New Classes/Courses/Excursions: Poetry, Australian Playwrights, First Aid for Seniors (includes defibrillator use), Japan and the Arts, US Foreign Policy, Wine Appreciation, The Night Sky, Post War Europe and many more...

All details will be available in our Term 2 Newsletter and at Information & Registration Day.

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Horseshoe Bay awash with 'Same Wave' kids

Same Wave is a program for people with additional needs—they may have physical or intellectual disabilities. It enables them to gain confidence and skills in the water. But mostly Same Wave is about being all-inclusive and having fun.

On 2 March, Bermagui Surf Lifesaving Club hosted our first combined Same Wave Day. Same Wave Bermagui kids were joined by groups from Pambula and Moruya Surf Clubs for a day on Horseshoe Bay beach. All up, there were around 120 participants, helpers and family members ... and everyone was having loads of fun.

Participants were of all ages and

abilities. While some enjoyed surfing in the specially designed water wheel chairs, others were able to catch waves on the foam surf boards. There were group activities and races on the beach for some, while others just wanted to play in the sand with buckets and spades. A big favourite was the sit-on digger. Lots of kids enjoyed rolling the huge 'earth' ball around or enjoying the thrill as the large foam surf mat sent them crashing through the waves.

Whilst our Same Wave guys were having fun, their carers and family members were able to relax on the beach, catch up with other parents and enjoy watching the fun the children were having, knowing that,

with such a big volunteer presence, they were in safe hands. After a big morning on the beach, a BBQ was held for all the hungry kids, families and volunteers. The day was a huge success and a great time was had by all.

Bermagui Surf Life Saving Club would like to thank the generous donation made to the Same Wave Program by The Triangle. It was great to have staff writers Carolynne and Ann Maree visiting on the day to see Same Wave in action with some of the equipment the funds bought.

*Rachel Wallbank
Same Waves Coordinator
Bermagui Surf Life Saving Club*



The foam surf mat was an exciting ride.

Country Music Concert

There will be a Country Music Afternoon at Bermagui Country Club starting at 1 pm on Sunday 28 April to raise funds for Bega Valley Can Assist. Special guest artists will be 'The Travellin' Country Two' from Leongatha in Victoria. Admission \$5 with afternoon tea provided and a lucky door prize.

Come along and enjoy the talents of slide steel guitar, good vocals and some comedy thrown in. All proceeds remain in Bega Valley to assist people affected by cancer.

For more information, or if you're a musician wishing to join in, please phone Lori Hammerton 6493 5909.

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Congratulations to rescue crew

In January 2017, Bermagui Marine Rescue volunteers battled six metre seas and strong winds to rescue three people from a stricken 55-foot yacht off the coast from Bingi Bingi. The stricken yacht, *La La Jo Tres*, issued a Mayday after steering failure; it was likely they would founder in poor conditions. Crews from Batemans Bay, Narooma and Bermagui were soon deployed in a joint effort to save lives.

These heroic efforts were acknowledged last month when four members from Bermagui were awarded the Commissioner's Commendation for Courage and the Commissioner's Citation in recognition of the skills and professionalism demonstrated during difficult circumstances.



Marine Rescue volunteers, L-R: Peter Ford, Denise Page, Ray McLeod and Alec Percival with their well-earned awards

Recipients of the Commissioner's Commendation for Courage were Ray McLeod, Denise Page and Alec Percival, the crew on *Bermagui 30* that night. Receiving the Commissioner's Citation, in recognition of the meritorious service of all members who participated in the emergency that night, was Bermagui radio operator Peter Ford.

Bermagui crews, however, had no time to rest on their laurels. Shortly after receiving the commendations, members of Bermagui Marine Rescue were wrenched from their beds in the middle of the night to undertake another rescue. A yacht with two people on board had become entangled in fish traps just off Murrah.

Bermagui 30 was launched with crew members Alec Percival, Caron Parfitt, Babs Stephens, Douglas Hodges and Greg Jones, with radio operator Linda Bailey keeping vital communications open. Crews from Narooma were also deployed to support Bermagui, as a night rescue is full of hidden dangers. *Bermagui 30* arrived at the stricken yacht at 2.10 am, and took an hour to release it before towing it back to Bermagui Harbour at 4.45 am.

The engines on *Bermagui 30* had not even cooled down before she was off again, just after 10 am, to rescue five people on a 26-foot Caribbean speedboat which had suffered mechanical failure near Twelve Mile Reef off the coast of Bermagui.

Like all our emergency service volunteers, members of Bermagui Marine Rescue dedicate themselves to the highest standards of service and saving lives. As a community, we should thank and support these men and women who give their time freely to helping others. Well done, everyone!

Carolynne Banados



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An energising experience—Ukulele Festival fun

It's said that singing is good for the soul, and singing with a group can be an energising experience—especially when you have a ukulele in your hand!

Ukulele mania is spreading throughout the world. The Sapphire Coast has come under its spell with a massive influx of new players over the past year.

On Sunday 10 March, a packed audience at Bermagui Country Club Auditorium enjoyed the Sapphire Coast's first Ukulele Festival. Event organiser Lori Hammerton brought together three local groups: the *Dalmeny Wahinis*, who proved that age is no barrier as their oldest player is 104, the *Quaama/Cobargo Ukes of Hap Hazard* and Bermagui's *Ukalips*.

Special guest was Michael Rosenberg, a professional music teacher from Canberra, who guided over 30 players through a Blues Uke workshop in the morning. He then gave a solo performance during the concert, and later joined with his Canberra-based group, *Vintage Ukes*, who had all the local ukulele players enthralled with their style and professionalism.

The finale was an emotional rendering of *I Still Call Australia Home*, by Lori and the Bermi Ukalips. Audience participation had members waving Aussie flags and singing along—with some members having loads of laughs, enthusiastically strumming away on foam rubber ukuleles.

The concert raised an impressive

\$1223 for the Bega Valley Can Assist, where every dollar raised remains in the Bega Valley to help people affected by cancer. Along with the entry charge, an auction of paintings donated by Kianga artist Tony Pye was held to boost funds raised.

This was the first public performance for many members of the Bermagui Ukalips, and group member Sharon Harper presented Lori Hammerton with flowers in appreciation of all her work bringing the group to performance standard. Bermagui Ukalips hope to continue to improve and go on to bigger and better things in the future.

Carolynne Banados

Vale Lyn van Kampen

Bermagui grieves the recent loss of Lyn van Kampen, a resident for 20 years and a respected and valued member of the community.

She was always there, willingly giving her time to lead, organise and help community groups and events. She held executive committee roles with Bermagui U3A, opened her home for classes and procured equipment and materials. For several years she was one of the hardest working and most reliable members of the volunteer team that assisted with staging the Seaside Fair.

Lyn's kindness, generosity and enthusiasm will be fondly remembered and she will be greatly missed.

Christine Bimson



Michael Rosenberg (centre) took 30 ukulele enthusiasts through a workshop on techniques for playing the blues.

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General News

Quaama & Cobargo Anzac Day services

Cobargo - Anzac Day will be commemorated in Cobargo on Thursday 25 April with a march starting at 10.30 am outside the Cobargo School of Arts in Bermagui Road, followed by a service at the Memorial.

Local and visiting members of the RSL, serving members of the Australian Defence Force, and ex-service men and women and their relatives and descendants are invited to join the march, which will be led by the Seventh Light Horse Bemboka Troop, Cobargo Scout Group, and Cobargo and Quaama schools.

New Zealand ex-service men and women and their relatives and descendants are especially invited to march.

Marchers are asked to wear full-sized medals as they may be entitled. People wearing a relative's medals should wear them on the right breast. Serving Defence Force personnel may march in uniform, as appropriate.

The Service of Commemoration will commence as soon as the march reaches the Memorial on the corner of Princes Highway and Tarlinton Street.

Local organisations and individuals may lay wreaths at the appropriate time during the Service.

Wandella - Wandella Hall Anzac Day Service will commence with the march at 2 pm. Service to follow with guest speakers. Light refreshments available afterwards when you join us in remembering our heroes.

Quaama - A shortened service will be held at the Memorial in Quaama commencing at 9.30 am.

Pancakes Galore

Shrove Tuesday (also known as Pancake Tuesday or Pancake Day) is the day in February or March immediately preceding Ash Wednesday (the first day of Lent). A Pancake Night was held in the Hall at Christ Church Cobargo on 5 March.

Both savoury and sweet pancakes made a scrumptious feast for those who attended. Money raised on the night was donated to the Bermagui Men's Shed.



Nancy and Bob Whackett are served pancakes by Caroline Tolley and Hilary Webster

Please join us for services during Holy Week. These services hold special meaning leading up to Easter Day (or Resurrection Sunday). The festival and holiday celebrating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial after his crucifixion by the Romans at Calvary c. 30AD.

Holy Week Services

Maundy Thursday (18 April): 6 pm at Christ Church, Cobargo

Good Friday (19 April): 10 am at All Saints, Bermagui

Lighting the New Fire (Saturday 20 April): 6 pm at Saint Saviour's Quaama

Easter Sunday (21 April): 6 am at Bermagui Blue Pool; 8am at All Saints, Bermagui; 10 am at Christ Church, Cobargo.

Chris Richard-Preston

Bushfire advice

Hazard Reduction Burns

With the end of the official Bush Fire Danger Period from 1 April, rural property owners are advised that Fire Permits are no longer required. However, a reminder that before conducting any hazard reduction burn, you must first register your intentions with Bega Fire Control on (02) 6494 7400 (9 am – 5 pm Mon – Fri). Failure to do so is an offence carrying substantial penalties and may result in public 000 calls and attendance by local brigades to your property.

Your immediate neighbours must also be notified at least 24 hours prior to lighting up, and prevailing weather conditions on the day must also be considered.

Hazard reduction, including controlled burning off, is an essential Bush Fire Risk Management tool and now is the time for all rural property owners to undertake planning and appropriate mitigation measures to reduce the likely impact of bushfires on their properties.

Bush Fire Survival

Don't become complacent just because we are past the summer period. Make sure you have prepared a Bushfire Survival Plan – for information and to find out how to download your MYFIREPLAN APP visit the Rural Fire Service website.

Monitor any dangerous fires near where you live using the Fires Near Me App on your smartphone or mobile device, or on your computer at the Rural Fire Service website. Monitor local radio and television and listen for any emergency warnings.

Bermagui, Cobargo, Tilba and Quaama Rural Fire Brigades



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For the bus timetable go to:

fourwinds.com.au/easter-festival/bus-schedule

Local artists match landscape's spirit to their own

Shop7 Artspace gallery at Fishermens Wharf, Bermagui is hosting an exhibition titled *Landscape Into Art* by four local artists in celebration of our local landscapes. These are all new works created for this show.

Doris Hoyne shows prints, Lenore Thompson jewellery from micro beading, Jenny Mein ceramics and Roslyn Bannon watercolour paintings.

Their common theme is 'to seek out the spirit of the landscape, to match their own spirit' (from Rosalie Gascoyne).

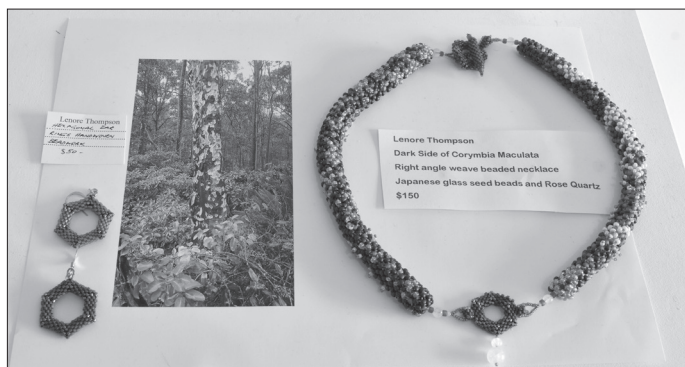
Each artist has lived in the area for a considerable time and all are influenced by the aesthetic qualities of their surroundings. A sense of place is present in each work, typically from water's edge, forest, rolling hills and the micro environment.

Some work makes reference to places whilst other pieces make use of materials which have been left to the elements. Use of these images and found objects allow artists to change context and create their own, giving new meaning and value, enabling others to see landscape in a different way.

The show continues until 11 April. Shop7 Artspace is open from 10.30 am until 3 pm. Closed Tuesdays.



Roslyn Bannon's watercolour painting



Jewellery by Lenore Thompson



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The Lazy Lizards welcome 'The Bega Woodies'!

In this area we love our beautiful forests, and we also love to see the work of craftsmen who can bring out the beauty hidden in our gorgeous native timbers. That is why we are proud to welcome the Bega and District Woodcraft Association, more affectionately known as, 'The Bega Woodies,' to the gallery for the month of April.

The group was first formed in 1982. They played a major part in helping with the restoration and repair of the Old Bega Hospital, and set up a workshop there. It was from there that they hosted and organised the prestigious 'Bega Woodcraft Awards', an annual exhibition that attracted entries, not only from local craftsmen, but from highly talented and well known

wood workers nation-wide. After the Old Hospital burnt down, they went searching for a new home, and now, after a lot of hard work and grant applications, they operate out of a well-appointed workshop and club room in Tarraganda.

They are an energetic and talented group, dedicated to encouraging the craft of woodwork at all levels. They are multi-generational and welcome all ages, nationalities, genders and skill levels. Their skills include woodturning, furniture making, pyrography and carving, using a range of tools, from simple hand tools to sophisticated machinery.

The exhibition pieces will include a cross section of the work from many of the club members, ranging from

small furniture, clocks, woodturning, pyrography, winning items from other woodworking competitions, and a static display of member's larger works. There will be many and varied items for sale, which can be replaced if sold during the month.

This will be an interesting exhibition, with something for everyone. It runs from Wednesday 3 April till the end of the month, and we will have a grand opening with tea and nibbles on Saturday 6 April at 10 am. So please come along and support us in welcoming the Bega Woodies to our area!

Naomi Lewis

Cobargo Creators in April

'Ground Lounge' by Kat Doolan,

From 1 to 12 April, Cobargo Creators presents a mini exhibition by Kat Doolan. In the front windows of Black Wattle Gallery there will be a range of shapely, colourful, elegant, soft, handcrafted, handstitched cushions and daybeds. Kat prides herself on using ethically sourced materials working with two families in villages in North East Thailand. More recently, Kat has been working closely with local Aboriginal artist Merryn Apmia of Tilba, creating specialty pieces using Apmia designs. Some of these will be featured in the Gallery as well so come on in and try out some lounging around.

'West meets East'

One day David and Marilyn went to India. Marilyn wanted to look at textile and fibre arts, delve into the depths of colours and dyes, materials and weaves, silks and saris. David took his camera and while Marilyn picked up ideas and pieces of braid he calmly steered the lens and captured an ancient continent in all its vibrant hustle and bustle.

These photographs take us on a journey into the handmade production of textiles and life in rural villages unchanged over

hundreds of years. To complement these vivid evocative images Marilyn has made a series of baskets (coconut fibre and silk), cotton shibori loop bags, wraps of cotton and silk, cards made from elephant dung paper with stitched fabric collage inserts.

This is 'West Meets East', a bold, colourful exhibition exploring eastern traditions through western eyes by David Karonidis and Marilyn Banfield. Come along and share this journey with the artists at the opening at 10 am on Saturday 13 April at Cobargo Creators' Black Wattle Gallery.

Sandra Taylor



Detail from David Karonidis' photograph, *West Bengal*

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Art in the Triangle

Four Winds 2019 Easter Festival—events not to miss in and around Bermagui

The 2019 Four Winds Easter Festival is fast approaching. There's an incredible amount of activity happening in and around Bermagui, in addition to the iconic Easter Saturday and Sunday Sound Shell events held at the Four Winds Festival site, 'Nature's Concert Hall'.

The Festival will host amazing music throughout the Easter weekend. Enjoy events from morning to late afternoon in the Sound Shell, complemented by stunning recitals in the Windsong Pavilion. The program in the Sound Shell encompasses world music, jazz and classical music—sometimes together! Musicians from Australia and overseas will be performing in small ensembles as well as coming together to form an orchestra for Sunday's 'Beethoven in the Bush' gala performance. Four Winds brings Viennese pianist Stefan Vlader to perform at the Festival—his only performances in Australia in 2019.

James Crabb, Artistic Director says, 'The program for the Festival is certainly more diverse this year and I am particularly pleased that we have so many events happening in Bermagui and surrounds, reaching from Tilba to Tanja.'

There's more opportunity than ever to hear great music this Easter. Following house concerts in Wapengo and Tanja, as well as a world music gig in Tilba, large-scale events at the Festival kick off on Easter Friday with a free event on the Dickinson Oval, taking its inspiration from



Stefan Vlader Pianist / Conductor
Four Winds 2019 Easter Festival
(Photo by Marco Borggreve)

'Lady Jane', a disused Bermagui fishing boat. It will feature original music by celebrated singer-songwriter and composer Eliza Hull, who will also be performing live. You will hear stories from the Yuin community and see the Gulaga Dancers perform at the opening of the event. Many musicians who are in Bermagui for the Festival will join the performance, which will also feature local dancers who are creating work especially for this event, led by Tathra-based choreographer Lee

Pemberton.

Other innovations include a Children's Concert in the Community Centre on Easter Saturday morning, inspired by Banjo Paterson's *Mulga Bill's Bicycle*. It promises to be a vibrant, madcap musical reinterpretation of this much-loved poem. The performance is aimed at primary school children but will appeal to anyone connected with their inner child ...

After Dark events bring the Festival to the Surf Club on Easter Saturday and Sunday evenings. Sitar master 'Sarangan' provides the focus for a world music-inspired collaboration on Saturday, and Narooma folk band 'Malumba' perform on Sunday evening before hosting a folk session for anyone who wants to bring their instrument and play along. There will be a bar as well as food available at these gigs, provided by the wonderful Kelly Eastwood. The Surf Club is also hosting two early morning yoga sessions featuring the sublime sounds of the Japanese bamboo flute—the perfect way to get into a day of music.

There'll be six free pop-up performances in locations around Bermagui during the weekend—everything from a choir to a solo percussionist, from a singer-songwriter at the Hotel to piano duets. The Festival promises to take its audiences on a voyage of discovery ... there's no doubt that in 2019 there are plenty of opportunities to join the adventure!

Subscribe to The Triangle

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Cathy Franzi COASTAL : BOTANICAL

Art in the Triangle

Ivy Hill Gallery Easter exhibition

Lucy Culliton loves her life. The Monaro artist lives at the historic Bibbenluke Station with her partner, Jamie, five greyhounds, a sheepdog and many chickens. All become subjects for her paintings.

Passionate about her garden, Lucy has gradually replaced trees and planted swathes of perennials. There are four of her sought-after garden paintings in this exhibition.

Joining Lucy are Deb Johansen and Lynne Flemons with *Red Rain: One Month at Fowlers Gap*. This is the drought-stricken far west of the State, seen through the artists' eyes last winter.

Both artists worked with a variety of drawing materials: ink, pencil, watercolour and gouache, with Lynne completing paintings in acrylic and Deb working in oils.

The exhibition runs until Sunday 28 April.

You will find Ivy Hill Gallery on the coast road between Bermagui and Tathra. Open from Thursday to Sunday 10 - 5. Catalogues at www.ivyhill.com.au.



Lynne Flemons and Deb Johansen preparing for *Red Rain*

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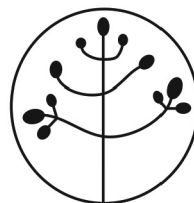
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Sculpture Bermagui 2019—a real success

Sculpture Bermagui 2019 again provided local, national and international sculptors exposure of their works in this increasingly popular event, set in the heart of the beauty of the Sapphire Coast NSW.

With 48 outdoor sculptures and 66 indoor sculptures, visitors relished the opportunity to immerse themselves in excellent sculpture.

Artists won a range of prizes:

Sculpture Bermagui Award of \$7000 (Inaugural)—Sam Anderson for *'Gypsy of the deep'*

The Cox family Acquisitive Award of \$5000—David Doyle for *'Terra Nullius'*

Dorothy Heasty and Pauline Balos Acquisitive Prize for Most Resolved of \$2500—Daryl Harbrow for *'Russell'*

Bermagui Business Award of \$2000—Joy Georgeson for *'Road kill'* and *'Fatal attraction'*

ANU School of Arts Residency

Prize (\$1800 approx)—Portia Terlich for *'Stepping forward'*

Bermagui Country Club People's Choice Prize for Outdoor Sculpture of \$1000—Sam Anderson for *'Gypsy of the deep'*, with Special Mention of *'Spin'* by Ante Hulst, a very close second place

Marshall & Tacheci Real Estate, People's Choice Prize for Indoor Sculpture of \$500—Mia Karlsson for *'Fireborn'*

Carol Ladd Children's Choice of \$500—Sam Anderson for *'Gypsy of the deep'*

South East Arts Achievement Award for Local Sculptor of \$500—Heimo Heino for *'H₂O'*

Sales of works this year were good, bringing the average over the last three years to around 30% of the exhibition.

In 2019, records were again broken, with the number of attendance rising to almost 10,200. The village was abuzz

on the opening weekend and again on the closing weekend. Many commented that this was the best ever and please may it continue, with many claimed to be 'coming for the sculptures'.

The number of volunteers exceeded last year's and the opening ceremony was a real highlight

with around 250 attending, then joining the first ever Trail of Light and Sound to the foreshore, creating a truly inspiring beginning of the exhibition.

A huge thanks to all involved in all facets. It appears Sculpture Bermagui has come of age. Check us on Facebook and visit www.sculpturebermagui.org.au. See you in 2020!



Paul Payten awarding Sam Anderson with the Sculpture Bermagui Award for *Gypsy of the deep* (photo: Dennis Olmstead)



Heimo Heino's *'H₂O'* is made of spoons

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A Murrah month of entertainment in one weekend

The month of April is autumn-variable. So is the weekend of the 13th and 14th at the Murrah.

Saturday night: Niq Reefman



Niq Reefman—plays trumpet and accordion *simultaneously*
(photo: Jenkins studio)

Electro-folk/fusion gypsy artist Niq Reefman is a one-man-musical. Drawing curiosity globally with his eclectic tale-spinning songs, he's also the BEST IN THE GALAXY at playing trumpet and accordion simultaneously. His songs fuse jazz chords, folk lyrics and pretty melodies, with a splash of comedy, into an eclectic artwork of ear candy!

Sound Fest Music critic Jay Bishoff said Niq's show was

a masterclass in performance art. 'It had all the wonderful ingredients: natural, warm, honest, edgy, mysterious, surprising, musically lush and dazzling, with excellent use of dynamics and space. Humour! The courage to live comfortably on the edge of RIGHT NOW. Rare is the artist today who is bold enough to truly fly on the wings of the living moment. Loved it!'

The Huffington Post was more succinct: 'This is true musical genius.'

Saturday 13 April, Niq Reefman, Murrah Munchies from 7.00 pm. Entry: \$15/10, kids free.

Sunday daylight family dance: The Ruby Tuesdays

And on Sunday 14th: Big family SUNDAY FUNK DAY featuring The Ruby Tuesdays with support from Josh Wellington.

Initially notable for winning a court case to keep their name from being suppressed by a restaurant chain, this Wollongong outfit have gone from strength to strength musically, in creating atmospheric dance-driven funk.

And you can expect blistering loop-fed support from local star Josh Wellington.

A double-decker Sunday arvo Daylight Dance—bring the kids, show 'em your moves. They'll laugh and love you for it. Meantime google the band, listen, see and get ready to Dance.

Online booking through South Coast Tickets and save \$4—only \$16.

Sunday 14 April 14, The Ruby Tuesdays, Murrah Munchies from 1.30 pm. Entry: \$20/16, kids free.

Radio show touring this month

Moruya's Red Door Theatre Company's fourth production will be *Magical Moments Radio Show*, on stage in April in both Tilba and Narooma. A play of sparkling entertainment, it's set in a radio station in Sydney in the 1930s and incorporates a radio play of the period, a one act farce, and advertisements and live music, all in true 1930s style. Music is from Stafford Ray and the Moonlighters, who performed in the last show both at the Kinema and Tilba.

The show was brought together by director Linda Heald, who said, 'The show is a nostalgic window into a period which started radio entertainment in Australia.'

Local performances dates are:

Saturday 6 April, 7 pm, Central Tilba Community Hall
Sunday 7 April, 1 pm, the Kinema, Narooma

Tickets (\$20): go to www.southcoasttickets.com.au and search for 'magical moments'.



Red Door Theatre's new show is set in a Sydney radio station in the 1930s.

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April dates:

Thu 4th

Fri 5th Sat 6th

Fri 12th Sat 13th

Cobargo School Of Arts Hall,
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Event is Cabaret style.
WARNINGS: Confronting themes,
Mild Nudity, Strong language,
Parental guidance recommended for
Teenagers under 16,
Not suitable for children.

A black and white photograph of a woman with long dark hair, wearing a white dress, performing a dance move on a pile of large, dark rocks. She is leaning back with one arm raised.

Alluring autumn

As we head into the cooler months of the year, don't forget that the garden can be as beautiful in late autumn/winter as during spring and summer.



The cooler months bring with them the beautiful structure of the bare trees with their interesting shapes and bark colours, as they drop the final stages of their autumn leaves and the first frosts cloak them in a glistening white. What better time than now to see the amazing colours of the bark of crepe myrtle. This beautiful, small tree not only has amazing flowers in mid-autumn, but they're followed by glorious coloured leaves, which fall to reveal the greyish pink bark that is a standout feature of this plant.

A recent addition to the crepe myrtle range are the new purple leaf varieties that

add another colour dimension to the garden during the warmer months of the year.

Another great tree for winter colour is the golden ash, which after losing its leaves is left with lovely yellow branches that give an eerie look through the frost and fogs of winter.

The winter garden brings with it the flowering of many plants including the glorious hellebore. These beautiful perennials thrive under deciduous trees as they are protected from the summer heat. As the leaves fall they are exposed to the winter sun, where they throw out their clusters of softly coloured flowers to face the sun. There has been an amazing amount of breeding done with these plants in recent times, bringing many forms and colours to the gardening world. They come in single and double forms and a wide range of colours from white, through shades of pink and burgundy to greys and yellows.



New stock of these lovely perennials should be available in nurseries at the moment. Remember to plant them where they receive summer shade.

To mention again from last month, another group of plants that perform very well in the cooler months with their

late autumn to winter flowering are the *Camellia sasanqua*. This group of plants has many uses, from screening to espalier and ground covers. The ground cover varieties, Marge Miller and Snow, look fabulous in a large pot or as a groundcover hanging over a wall or under and around the base of upright forms of camellia.



It is timely to remind gardeners that it is too early to prune roses and fruit trees as they won't yet have gone into dormancy and by pruning early you could encourage new growth ... and for those of you who get a frost, the new growth can be burnt off.

Also some late general fertilising of most plants will give them a final boost through the cooler days of winter.

Finally, the flower and vegetable gardens should be well and truly planted with winter/spring plants. Pansies, viola, primula, wallflower and stocks are just some of the flowers that can go in now. Cabbage, cauliflower, broad beans, onions and carrots are some vegetables that could be given a go.

Watch out for the cabbage moth as they can do some early damage on cabbages and cauliflowers etc.

Improve your
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Moon Planting Calendar 2019

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During the Cobargo Folk Festival I billeted 4 performers. They were all lovely people and it was a pleasure to host them. I asked them if there were any food preferences and intolerances or allergies. Luckily no allergies but there were a number of preferences. High on the list was gluten-free. I cook occasionally for groups of people and I find gluten-free dishes are the safest bet with most people, no matter what cuisine. With The Western Flyers, my billets, they were treated to freshly baked loaves from my friend Bhagya, who provided 'The life-changing bread'. This recipe has been adapted through the many times she has made it. My across the road neighbour, Wendy Jackson, is one half of the duo the Passionate Fools who also performed at the Folk Festival. She has given me one of her favourite breakfast collations. And Jen Severn who is not a performer, but is somebody who can't eat gluten, shared her famous Raw cacao slice. A delicious, rich, chocolaty slice of heaven which satisfies any sweet craving without guilt!

The Life-Changing Loaf of Bread

Makes 1 loaf

- 1 cup sunflower seeds
- ½ cup flax seeds
- ½ cup nuts
- 1½ cups gluten-free rolled oats
- 2 tbsp chia seeds
- 4 tbsp psyllium seed husks (3 tbsp if using psyllium husk powder)
- 1 tsp fine grain sea salt (add ½ tsp if using coarse salt)
- 1 tbsp maple syrup or honey
- 3 tbsp melted coconut oil or ghee
- 1 ½ cups water

Line a loaf pan with baking paper.

Grind half the sunflower seeds and all the flax seeds. Put them in a bowl and add the rest of the dry ingredients, stirring well.

Whisk syrup/honey, oil and water together.

Add this to the dry ingredients and mix very well until everything is completely wetted. Add a little water if needed.

Spoon into pan and smooth out the top with the back of a spoon. Let it sit on the counter for at least 2 hours, or all day or overnight.

Preheat oven to 175°C.

Place loaf pan in the oven on the middle rack, and bake for 20 minutes. Remove bread from loaf pan, place it

upside down directly on the rack and bake for another 30-40 minutes.

Cool completely on a wire rack before slicing (difficult, but important).

Store bread in a tightly sealed container for up to five days. Freezes well too—slice before freezing for quick and easy toast!

SOME NOTES: Be flexible with the additions; substitute sesame, cashew, etc, put in rice, quinoa or spelt flakes in part for oats. You can also add some polenta or cooked rice. Do not substitute the psyllium. If you have a nut allergy, replace nuts with seeds.

Raw Cacao Slice

- 1 cup raw almonds
- 1 cup raw macadamias
- 1 cup of medjool dates, pitted
- ¾ cup cacao powder
- 2/3 cup melted coconut oil
- 1 heaped tablespoon of almond spread
- Rock salt to taste
- Sesame seeds or desiccated coconut to sprinkle on top

In a food processor, blend the almonds and macadamias together to create a fine meal. Add the dates, cacao, coconut oil, almond spread and rock salt and blend until a fudgy consistency.



Press into a lined slice tin and scatter with sesame seeds/coconut as desired. Refrigerate for at least 45 minutes. Remove, cut into squares and keep in an airtight container in the fridge.

Overnight Oats

- 3 cups of gluten-free rolled oats
- ½ cup of white chia seeds
- 3 ½ cups milk
- ¾ cup of natural Greek style yoghurt
- 2 tblsp of maple syrup
- 1 tsp of vanilla extract

Combine everything in a bowl. Cover and place in the fridge overnight to soak and expand. In the morning, add more yoghurt, fresh berries or banana, coconut flakes and more maple syrup and milk if desired.

An absolutely delicious and filling breakfast for a great start to the day!



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Pet of the Month

Ruby is a nice young dog who can sit, drop and shake. She loves her toys, especially her ball, and she needs plenty of exercise. She is a little excited when first meeting new people but settles quickly and responds well. She has had one owner since she was a pup and enjoys the company of other dogs. Ruby is house-trained and likes to spend time with her human.

A family with children over ten years would suit Ruby, or a tradie who would take her to work. She's untested with chooks and cats. Ruby is lifetime-registered, micro-chipped, and she has had all vaccinations etc. Enquiries to Animal Welfare League Far South Coast on 0400 372 609. The adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters.

Please note that potential dog owners will need to have secure dog-proof fencing and be suited to the needs of the animal. Please 'Adopt don't Shop'. Call Animal

Book Review

Heather O'Connor

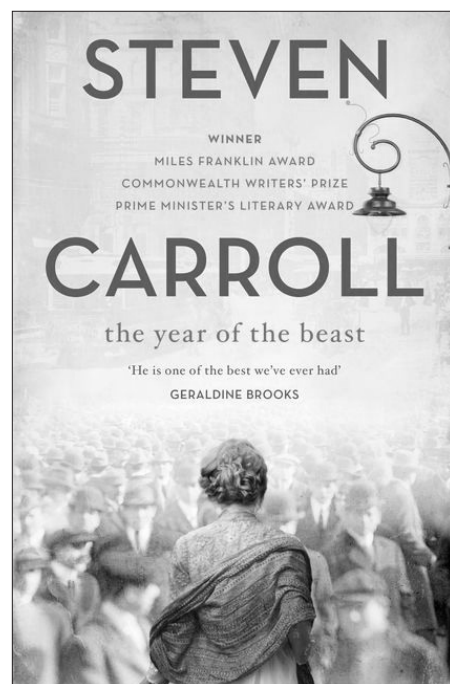
Steven Carroll

***The Year of the Beast* \$29.99**

This is the sixth and final novel of Steven Carroll's *Glenroy* series, Glenroy being a suburb of Melbourne known to few, and which grew after the Second World War to accommodate the explosion of home ownership. The six novels can be read in any order, and this one actually goes right back to the beginning of the family saga in 1917. The main character is Maryanne, a 40 year old woman, unmarried and pregnant and caught up in the political struggles around conscription and the horrors of the Great War.

Archbishop Mannix makes a guest appearances as the main opponent of conscription, and as the representative of the Church whose judgments of 'fallen' women, such as Maryanne, marked so much of the lives of Catholics before the 1970s. Her confrontation with her parish priest who decides she must give the child up for adoption is to me the most compelling thread in the story. Her decision to defy the hierarchy makes you want to cheer!

The book is narrated by Maryanne's grandson, Michael, and throughout the book other characters from the family appear briefly: Vic the son and hero of *The Art of the Train Driver*, Maryanne's sister, Kathleen, an adventuress who sacrifices months of her life to support the new



mother and baby, the father of the child—a German draper who disappears soon after the conception. There are also a few brief appearances of a radical pacifist, Vera, who influences Maryanne through her leadership of the Women's Peace Army.

I felt a bit frustrated that none of these characters (beside the parish priest) emerge as believable and multi-dimensional—my memory of his earlier books is that their strength was in the characters. I'll have to go back and have a second read of the other six.

Deb Cox

Welfare League FSC Branch on 0400 372 609 to enquire about any of the many dogs and pups available for adoption. You can also check the Facebook page (AWLNSWFarSouthCoast).

The local Animal Welfare League branch recently took in six new pups that had been dumped by their heartless human.

At such a young age they would be hard pressed to survive by themselves so were very lucky to be found and are now thriving with their carer. This is an act of animal cruelty and a criminal offence which may receive a maximum penalty of \$5500 and/or six months' imprisonment. The situation is being currently being investigated.



Ruby loves her toys and spending time with her humans



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014
Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool). Ph 6492 0314

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

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Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2.00pm, games start at 2.30pm.
No experience necessary.
Contact Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 418 406 068

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickenson Oval. 10am-12. Contact Lorraine
Courtis email lcou6446@bigpond.net.au

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New
players welcome, tuition and, equipment provided.
Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
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Phil Baldwin on 0421 114 882.

BERMAGUI U3A

(University of the Third Age)
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For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
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Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th
Saturday, tea/coffee 4.30pm start 5pm.
Discussion group 3rd Saturday. Meditation
every Monday at 11am. Other events see website
opensanctuary.weebly.com.
Inq: Linda Chapman 0422 273 021

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm
Discuss the Ageless Wisdoms of Alice A. Bailey
teachings. Phone: Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

APRIL	WHAT	WHERE	TIME
Sat 6	Doco in the Bush, <i>Integral Man</i>	1620 Wandella Rd, Wandella	5 pm
	<i>Magical Moments Radio Show</i>	Tilba Hall	7 pm
Sun 7	Live music: Jay McMahon, free	Cobargo Hotel	5 pm
Fri 12	Ecstatic Freestyle Dance	Quaama Hall	6.15 - 8 pm
Sat 13	Niq Reefman, \$20/15	Murrah Hall	7 pm
Sun 14	The Ruby Tuesdays & Josh Wellington, \$20/16	Murrah Hall	1.30 pm
	Live music: Joe Driscoll, free	Cobargo Hotel	5 pm
Thurs 18 - Sun 21	Four Winds Festival	Barragga Bay	All day
	Easter services: see page 24		
Thurs 18	Live music: Wolf Stone & guests, free	Cobargo Hotel	6 pm
	World Music performance	Tilba Big Hall	7.30 - 9 pm
Fri 19	Full Moon Dance and Gathering	Quaama Hall	6 pm
Sat 20	Tilba Easter Festival	Bate St, Tilba	9 am - 4 pm
Sun 21	Live music: Dust & Echoes, free	Cobargo Hotel	5 pm
	Community doco, <i>Making a Mark</i>	Old Cobargo Butter Factory	3.30 pm
Thurs 25	Quaama Cobargo Anzac Day services: see page 24		
Fri 26	Ecstatic Freestyle Dance	Quaama Hall	6.15 - 8 pm
	Open Mic	Cobargo Hotel	8 pm
Sun 28	Country Music Afternoon, \$5	Bermagui Country Club	1 pm
	Live music: Passionate Fools, free	Cobargo Hotel	5 pm
REGULAR EVENTS			
Mondays	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
Tuesdays	Quaama Singers	Quaama Hall	5 pm
	Trivia	Cobargo Hotel	7.30 pm
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
Last Wednesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - 12 noon
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 - 11 am
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10 - 10.30 am
3rd Thursday	'Everything Tech' night	Bermagui Library	5 - 8 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Friday	Tilba CWA Meeting	Small Hall, Tilba	10 am
Saturdays	Tilba Market	Big Hall, Central Tilba	8 am - noon
	Cobargo Market	Princes Hwy (main street)	8 am - 1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am - 12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am - 12 noon
ART			
Sat 6	Opening, Bega Woodies	Lazy Lizard Gallery	10 am
Sat 13	Opening, <i>West meets East</i>	Black Wattle Gallery	10 am