

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Bermagui surf club in a dramatic clifftop rescue



Four visiting children misjudged the tides at the Blue Pool last month—and got the ride of their lives

Holidays are times of adventure for children. So when four visiting youngsters decided to do a bit of rock-hopping, little did they know that this would turn into an adventure of a lifetime.

The children, aged between 10 and 16, left their mum at the Blue Pool, and scampered around the headland, engrossed in their adventure. Heading back to mum, they realised that their way was blocked by the rising tide. Fortunately, the eldest was carrying a mobile phone, so called her mother to say they were stuck.

Like a well-oiled machine, emergency services soon swung into gear, and Bermagui Surf Lifesaving Club was the first to respond. Team members Andrew Curven and Vicki Marshall were deployed in the inflatable rescue boat, but soon realised they would not be able to conduct a rescue from the sea, as conditions were too dangerous for a landing.

It was then that the Westpac 'Lifesaver

23' Rescue Helicopter was brought in to winch the children to safety from the rock shelf.

While the children were reasonably safe where they were stranded, it would have been a frightening experience for them, so SLC member Euan McKenzie scrambled down the cliff face to keep the children calm while waiting for rescue. Team members Steve O'Sullivan and Ian Bailey maintained communications on the cliff top, while Robert Johnson remained in the clubhouse to have additional equipment sent up if needed. Not only were the volunteers on duty involved, but two off-duty patrollers, Graham Day and Eric Hills also lent a supportive hand.

By the time the helicopter arrived, there was quite a mass of people on the headland watching events unfurl. The rescue went smoothly with all four children getting the ride of their lives, being winched up into the helicopter then safely

dropped off—back into the arms of much relieved parents no doubt.

All our emergency service personnel train very hard to become proficient at what they do, and when confronted with a real-life situation, all this training pays off. The joint efforts of the team at Bermagui SLSC, the Australian Lifeguard Service's Will Vaughan-Smith and Liam Russell, Ben Bate the Duty Officer from Narooma and NSW Police all came together to make this rescue a smooth and successful operation.

Bermagui should give a mighty cheer to all these services, especially our own SLSC volunteers who, week after week, give freely of their time to keep the community safe. Well done everyone.

And remember, swim between the flags, learn to identify rips and if an emergency arises, immediately call 000—or for water-related emergencies call 13SURF (137873).

Carolynne Banados

Ecology of a community

The richness of our Triangle region is so evident. Deborah Bird Rose, who researched and wrote the *Gulaga Report*, wisely noted that ‘environment-and-people are inseparable’, one is intimately entwined with the other in an ecology of wholeness. The rich tapestry of contributions to this month’s *Triangle*—the ecology of a community—echo this theme as diverse voices give a picture of lived stories, astute observations, valued and hidden histories, taking time to care, space to reconsider given truths, cohering creative expression and shared knowledge to evoke possibilities about community, preferred futures and change.

The dramatic story of a recent cliff-top rescue in Bermagui sits with the researched and creatively re-imagined lives of returned and shattered World War I soldiers who looked out from these same cliffs and walked these same streets. The Bega Valley Shire’s Hidden Heritage exhibition will display 101 selected objects revealing local histories. The Community Visitor Scheme offers the opportunity to befriend elders, deepening their connections with the community and easing loneliness. These people have lived through much change. Recognising lived experience and deeply hidden histories, at the celebration of the life of Glen Atkinson at Tilba, Indigenous singer Archie Roach

acknowledged the strength and resilience of members of the Stolen Generation.

The letter from Robert Bertram gives a stark and urgent warning about the future for local koalas and the lethal effects of damaging the forest canopy by further burning and logging. The koala is an indicator—what disrupts the wholeness of the forest, harms all of its life—like all communities, strength lies in healthy, ongoing relationships. Loki Blazki invites us to rethink given perceptions about weeds, outlining their many benefits and roles within a whole ecology. Histories focus attention on changes in social assumptions and values. With a rapidly changing climate, who can predict what we will value in the future? The designated weed, Patterson’s Curse, is known as Salvation Jane in South Australia because of its capacity to sustain cattle in drought. Perhaps, in the vision to improve transport in a ‘sustainable, safe and secure way’, bike paths will become more common in the valley as a result of BVSC’s Transport Futures considerations. With Fashion Revolutions our clothes can be sustainable while enhancing the lives of the makers. And Well Thumbed Poets demonstrate what can be produced when coming together is creative, open ways.

Fortunate are we who are blessed to live here.

Letters to the editors

All are winners at Cobargo Skate Park

We have had great response to our Baskets and Bikes project from our community over the past 12 months and would like to thank everyone for their help and support.

Our major raffle drawn at ‘Santa in the Park’ on Christmas Eve was won by Tony and Denise Redmond from Quaama. They were stoked to win \$1000 worth of Bermagui blue metal kindly donated by David Fleming of South East quarries and landscaping.

Second prize was the BMX bike that Troy from Sports Power Bega gave us a really good deal on. Emile Turville of Bega was very excited when he found out he had won.

Third prize was kindly donated by Helen and Mark of TC’s Bistro at Cobargo Hotel. This was won by Gail Hayson, also of Bega.

Congratulations to all the winners and thank you to all who donated prizes and continue to support us. We’re very grateful for the kind sponsorship of \$500 from Lynette Snell and Bendigo Bank in Bega.

We are hoping to raise enough funds this year to build a multipurpose basketball/netball court at the Skate Park. Any ideas for fundraisers will be most appreciated—contact Tania on 0488 091 085.

Cheers and Happy 2019!

Tania Lingard
Cobargo

Volunteers sought to visit aged residents in Bermagui

I am writing to you to seek support for the Community Visitors’ Scheme (CVS). CVS has been operating in the Bega Valley Shire for the past 16 years and provides a volunteer visitor to call on lonely and isolated aged people within the community.

The CVS program aims to enrich the quality of life of aged community members who may not have family and have become isolated from the community due to cultural or disability issues.

The scheme is funded by the Australian government and run by a local coordinator who finds volunteers and matches them to a suitable resident with shared backgrounds and interests.

A community visitor is a person who sets aside time to visit and befriend an aged person in the community on a regular basis. During these visits they might just sit and chat, work on a hobby together, take a walk or go on a short outing for coffee or shopping.

As a community visitor you add to the quality of life by being a companion, confidante and friend. You can also help the resident feel more involved and in touch with their community. This increases self-esteem and well-being, diminishes feelings of anxiety, isolation and loneliness and increases feelings of independence.

This is an opportunity for community-minded people to make a difference in the lives of the aged in the Bermagui community. We are all aware of the problems facing our ageing population as shown on TV and reported in the national newspapers—this is a way you can become part of the solution!

If you would like further information, please contact me, CVS Coordinator Greg Wollaston, at cvs.sapphire@hotmail.com or text or ring me on 0422 974 911. Community visitors from all backgrounds are very welcome.

Greg Wollaston
CVS Coordinator,
UnitingCare Merimbula

**Tell ‘em
you found ‘em
in the Triangle!**

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.

Letters to the editors

Drivers endanger cyclists' lives

A cyclist friend and I missed a collision with a ute by about 200 mm on a recent ride on Verona Road near Quaama, as one can see in the Go-Pro photo. When I got home I downloaded the Go-Pro video to see how close it was and find the rego number.



Way too close...
This pic taken from the handlebars says it all.

'Go to the cops,' I thought. Only a few days before, on Wallaga Lake Road, I was yelled at by a motorist—in a car going the other way! Why do people hate me just because I ride a bike on public roads?

I was in Melbourne the week before and spent time with someone who hated cyclists, so I've heard all the justifications they have for their grievances, and I know it says more about the hater than about me.

But wait, most drivers on Verona Road are very respectful. A few of us bike nutters ride now on Verona Road and we know most vehicles; drivers slow down, move over, give us some space and a wave, sometimes a smile. All we ask is that you remember there is a person on that bike, with grave consequences if we come off and hit the ground at 25 or 30kph with very little protection.

I am not the type to make dramas for others. This recent incident happened on a section of the road with a double white line so maybe it was just ignorance of the updated road rules: in a 100kph zone you have to give a cyclist 1.5 metres' space, and if you have to cross white lines to do so, that's fine if it's safe. If it's not safe, wait until it is. In a 60kph zone the distance is one metre. These new rules came into effect in the middle of last year.

I didn't go to the cops. I have cooled down a bit now so thought a letter to the paper would be a better option.

John (Hansa) van Horssen
Quaama

Koalas, stencils, logging and politics

Dear Editor,

While *Triangle* readers may find the koala stencils on local roads mysterious and intriguing (*Koala stencils—what do they mean?* December, 2018), many may not be aware that the logging proposed in Bermagui forms part of the 'whole of government' approach to getting rid of the last koalas.

As the Member for Bega, Andrew Constance, indicated when the Flora Reserves were declared, they would be in place for 10 years, then logging could resume. It now appears this time frame has been shortened to the beginning of 2023.

In the interim, work has focused on reducing koala numbers in the Murrah section of the reserve using broad acre burning. The greatest threat to koalas, acknowledged by the NSW Scientific Committee, is extensive canopy die-back associated with dry weather and drought.

Among other negative influences, particularly increased soil erosion, burning reduces soil nutrient inputs, increasing sub-soil dispersion that exacerbates the die-back process. In addition, as the Forestry Corporation has found, burning gets rid of koalas.

Of course burning alone may not be enough. This is why areas north of the Murrah River have been chosen first, as these koalas have Chlamydia and are more likely to succumb to the additional stress.

The Office of Environment and Heritage did go through the formality of calling for public comment when a draft management plan for the reserves was produced in December 2017. Ordinarily one may expect at least a brief report on submissions and for these to be publicly available. None of this has happened and the government has essentially abused the process.

The fact is the government must ignore forest die-back because the science that explains this outcome also proves the government's claims about sustainable forest management are ill-informed.

Unfortunately, the government doesn't engage with people who want to help koalas, the priority being to keep logging going. Rather they prefer to engage with people who also ignore die-back, so decisions like rolling over the Regional Forest Agreements are much easier.

Robert Bertram
Murrah

Thumbs UP



To the kids from Bega High who went on strike on Friday 30 November 2018 to protest against the government's non-action on climate change.

To the Wrap With Love workers in our Triangle area who have contributed yarn and/or crafted 82 beautiful warm blankets this year, to be given to the needy in Australia and world-wide. We know some went to Syria.

To Quaama Progress Association, for another great New Year's Eve party.

To Dan and the Co-op for the work they've done to support eradication of fruit-fly. Late January and still none in the two orchards I've been baiting.

Thumbs DOWN

To the person who helped themselves to the cash in a misplaced envelope in front of the Cobargo PO ... but thanks for leaving behind the other item—the CWA deposit book.



To the fishermen, picnic-makers and general litter bugs who think it is okay to leave plastic, tins, bottles and any other rubbish they are done with on our PRISTINE BEACHES ... WHY?

Pick up your rubbish and take it with you. Is that too much to ask?



Fresh rubbish at the beach

To unleashed dogs in protected areas! Wallaga Lake is currently a rookery for critically endangered birds who struggle to breed on our beaches due to dogs running amok and people tramping through the roped-off areas which are put up to protect the nesting birds and chicks.

Dogs are to be on leash at all times at Wallaga Lake ... now and always.

Quintessentially Quaama

Bhagya

Summer's in full swing as I type. Quaama's musical score contains the pleading of baby birds, the buzzing of flies and is regularly punctuated by lawnmowers and whipper-snippers.

We made it through a Christmas season that had some real highlights. The Christmas Fair at the Quaama Hall was great. The rescheduled date forced upon organisers by the power outage turned out to be no problem at all. The Verona Classic Car Club showed up as well as the frites, foodies and creative types with lots of prezzies available for purchase—complete with a wrapping service. It was a fun day.

The Tennis Club was all set to host the Annual Quaama Christmas Party at the tennis courts but the weatherman was predicting such horrible and dangerous conditions they decided to cancel so folks could safely stay home and take cover. What a pity! I'm sure the tennis club will come up with another date for a community get-together soon and we'll be sure to let you know when it's scheduled.



Eve being decorated by face-painters Caroline and Emily at the Christmas Fair in December

New Year's Eve went off like a rocket at the Quaama Hall with the Hoops in fine form and a lot of folks having a lot of fun dancing in the New Year. The QPA would like to thank one and all for making it such a great night, including the Bowerbird Op Shop who contributed to the cost of the band. Thanks in return to the QPA, we all had a swell time.

The weather has been pretty intense and sultry with lots of thunder and heat. It's more like what folks up north are used to, but maybe that might be our new normal. Let's hope not!

We had a bit of a scare recently. A couple of guys dressed like tradies, in a ute, came to town pretending to be something they weren't and stole money from local folks who were too

trusting. And who can blame them? One of the best things about living here is how relaxed and honest we are with each other. It is shocking to all of us that we have to remember what a brutal world it can be. The bottom line is that we need to look out for each other. Not that we should accost strangers suspiciously, but saying 'hey' and checking them out isn't a bad thing to do. Some of our neighbours are older and many live alone so it's good to keep an eye out. Just saying...



Dancing the year away to the Hoops

These pages have a new offering! The Quaama Creative Corner has started up with a lighthearted theme of jokes and cartoons to bring a smile. Send us your best to contributions@thetriangle.org.au and put Quaama Creative Corner in the header! Only clean jokes and limericks please ... Ask the kids to get involved too. I've never met a kid that didn't love a good joke and most of them even love bad ones!

So Happy New Year and best wishes to one and all from *The Triangle*.

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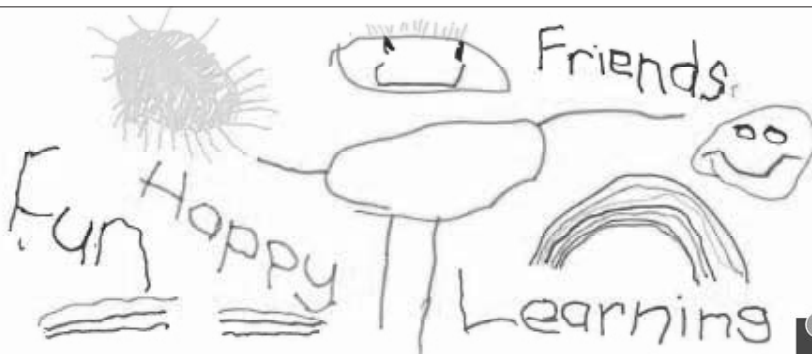
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IT'S ON AGAIN! Tiny Talent Time

All Pre-School aged children and younger siblings are invited to come along every Wednesday from February 6 at 10-11:30am for only \$5 with morning tea included for a morning of activity with music, sport, craft and much more!

Contact us today to compare our rates for 5 day-a-week pre-kinder care and make the transition to school an easy one!



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Advice from Graeme Spicer from the Quaama Fire Brigade - Be aware, be prepared!

The Quaama brigade wishes to thank the Cobargo Hotel and their clients for money raised in the Friday night raffles. This money will go to good cause, equipment that supports our endeavour to protect our community.



The Tiny Homes Tilba team are committed to providing tiny homes where quality is not compromised by size. All enquiries welcome.

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We have much to celebrate as we move into 2019. Fortunately we have avoided the soaring temperatures experienced across much of the country and summer has been interspersed with good rain. It's been a good growing season with lush, blindingly green pastures. Let's hope that, in this election year, there is progress towards a more sustainable future. Within the Triangle area, and the wider South East, there is a real commitment to sustainability and lots of exciting things happening, worthy of celebration.

Celebrating the life of Glen Atkinson

Sometimes in small communities particular persons make such an impact that the community is never the same. Glen and Merryn Atkinson are such people. Faced with the challenges of a terminal illness and in accordance with Glen's wishes, Merryn arranged an occasion to celebrate the life, times and escapades of Glen while he is still able. The chosen day was Sunday, 20 January, to which family and friends were invited.

Many locals will be familiar with Apma Creations, Merryn's gallery at Central Tilba. The big shed adjoining the gallery was decorated in Glen's favourite colours, red and black—important colours for Aboriginal Australians but also the colours of his beloved AFL team, the Bombers. With many members of their combined families, most of whom travelled a long way, the celebration began with a Welcome to Country, both spoken and in dance, performed by Warren Foster Snr and his Wallaga Dancers. Glen and Merryn's eldest grandchildren, Tyson and Yalande, facilitated the celebration with love, respect and consideration.

Glen is a private man with the sense about him of a difficult past which he has risen above. Archie Roach, who travelled to Central Tilba for his friend's celebration,



Glen Atkinson—a life celebrated (photo: Michael Weinhardt)

paid tribute to Glen as a member of the Stolen Generation. Both men, in spite of the tragedy of their childhoods, have been able to make a life for themselves. There were no dry eyes as Archie sang his well known ballad 'Took the Children Away'. All who spoke—family including Merryn, and friends—spoke of a proud man, honest, caring, loving and resilient. Glen is also well known for his funny asides, always concise, accurate and said with a wry look. But once you gain his respect, like a true Leo he is a staunch and loyal friend. Merryn says though, beware the Leo roar!

Like all good country celebrations, the Tilba CWA put on an impressive spread for afternoon tea. This was a special and personal celebration, so clearly about the importance of family and community, caring and sharing together with love.

Thursday to Sunday, from 10.00 am to 3.00 pm. For contact phone 0421 981 676 or 0447 484 486.

Celebrating art

The most frequent comment in the Visitors Book is 'Great to see it open again'—over 300 people have visited since Umbarra Cultural Centre reopened

on 3 January!

Sisters Allison and Maria Walker responded to a call for Expressions of Interest by Merrimans Local Aboriginal Land Council in October last year. Their successful proposal, to reopen Umbarra as an art gallery and shop for artworks and products produced by local Aboriginal artists, has seen the Centre open to the public after more than ten years.

Allison, who grew up at Wallaga Lake, was the inspiration behind the Djiringanj Dance Group which was launched in 2016. Formerly part of the successful Djaadjawan Dancers, a traditional female Aboriginal dance troupe which has toured nationally, Allison has found her dream—creating her art, sharing her culture, working for her people. She is particularly enjoying doing the shell art of her grandmothers.

Allison and Maria are traditional custodial owners of Gulaga and Biamanga Mountains and have strong links to the Djiringanj Wallaga Lake tribe. Maria says that through Umbarra she has found her niche. For her, it has been a long journey back to country—she finds that she loves talking to people and sharing her culture.

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Calling themselves Madhang Djabadj Ngarrangals—Strong Black Duck Women—Allison and Maria have lots of plans for Umbarra. With strong support and collaboration from Merrimans Land Council, Eurobodalla Shire Council, South East Arts and the local Red Cross, they plan for Umbarra to once again be a cultural hub for the area with Indigenous art, storytelling and music, tours of significant places such as Gulaga and more.

Their operation of Umbarra has a six month trial period which ends in March. While they are realistic about the challenges of reopening they are also inspired by the response so far. The Cultural Centre building is a valuable resource, they believe, for the whole

community, and particularly for the Wallaga Lake community. In time, they hope to have the support of local volunteers from their own community as well as the wider community.

Umbarra Cultural Centre is open Thursday to Sunday, from 10.00 am to 3.00 pm. For contact phone 0421 981 676 or 0447 484 486.

Celebrating food and music

Everyone has their own story about how they came to this area. For Mystery Bay couple Richard Lawson and Elizabeth Walton, it was a kinder climate than Central West NSW, one where they could continue their food company and their music. It appears that their choice has been a good one—initially not entirely aware of this

area's strong focus on sustainable living, their passion for local, home grown and homemade, simple foods fits well. And as working musicians, where better than this profoundly musical area?

Figtree Food Company began its journey over 25 years ago, when Richard planted the first organically certified olive grove at Mudgee. The company is well known for its award-winning olive tapenades, created by Richard, an experienced cook and chef. Liz, who joined Richard several years ago, is an artist, writer and musician. She and Richard have been busy recreating their extensive kitchen garden at Mystery Bay. The garden already has an impressive variety of fruit and nut trees, an extensive vegetable garden and a seedling nursery using seed collected onsite—all on 1500 square metres, which includes their home and holiday accommodation.

Richard and Liz's philosophy of sharing is also expressed through their music. The Lawson School of Music offers guitar, piano, kit drum, vocal and African drum classes. Their duet band, Honey, performs regularly at festivals, cafés, wineries and nightspots. Liz says, 'We're looking forward to a new year of music teaching on the South Coast.' For bookings and information phone 0447 036 783 or message Lawson School of Music on Facebook.

To meet Richard and Liz in action, there are two upcoming events presented by Figtree Food Company:

Mabon Harvest, an autumn equinox feast at 6.30 pm on Saturday 16 March at Central Tilba Small Hall, is the first in a series of seasonal dinner and show



Maria and Allison Walker have reopened Umbarra Cultural Centre, to the delight of the local community.

Tilba Valley Winery & Ale House

Come and taste test our own Tilba Valley Wines and check out our range of craft beers on offer

All music starts at 12.30 free of charge

03/02	LP Duo
10/02	Honey
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03/03	Robin Simpson

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events, teamed with duet 'Honey'. Mabon is an ancient pagan harvest festival that encourages people to 'reap what they sow,' both literally and figuratively. It is a time to express gratitude, complete projects and honour a moment of balance.

'The Mabon Harvest Autumn Equinox Feast is all about savouring that moment and bringing the timing of the seasons into the kitchen for an experience that truly honours the natural cycles,' Richard says. The evening will feature garden delights from the Figtree Food Company kitchen garden at Mystery Bay, as well as the best of local late summer produce.

The venue was selected because of the long association of both the School of Arts Hall and the CWA with Australian food and music traditions. The feast will be prepared and served by Richard, Liz and helpers, with special guest Bermagui's Tim Northam playing early and Honey playing into the evening, bringing together wonderful seasonal flavours with a matched musical experience.

Feast—cooking from the kitchen garden on Saturday 30 March from 10 am to 4 pm at Mystery Bay, is an exploration of growing from seed, making compost, and linking the connection between nature and nurturing ourselves and our loved ones with our own beautiful home-grown food,' says Richard. 'Eating from your own kitchen garden is nourishingly satiating, and it can be loads of fun too. To spread freshly prepared mustard from the seeds you have grown is simply one of life's greatest pleasures. Whether your garden is a small balcony or a large farm, everyone can have a permaculture garden.'

The course includes a delicious morning tea and lunch prepared straight from the garden, recipe notes, gardening notes and tasty Figtree offerings to take home. It also includes a copy of the latest edition of PIP Magazine and a discount voucher for PIP subscriptions. Bookings for both: figtreecompany.com.au/events/. Early bird tickets are on sale now.

Richard has Figtree Food Company products at the Tilba Market each Saturday.

Tilba Song Circle

Formerly known as the Tilba Folk Circle, the Tilba Song Circle is recommencing at the Dromedary Pub, Central Tilba, on the third Sunday of the month at 7.00 pm in the room across the courtyard. A Song Circle is described as a gathering of people who come to play and sing, recite and act or just to listen. It is an acoustic sharing—not a performance—and an opportunity to share a favourite song, try out a new piece of music, tell a story or recite a poem. All are welcome on Sunday, 17 February. For enquiries contact David on 4473 7838.

Central Tilba School of Arts

Anyone who has ventured into the Big Hall since Christmas would have noticed the stunning floor. Much has happened in the last few months—acoustic lining on the ceiling, painting of the walls, sanding and polishing of the floor, new lights and ceiling fans—thanks to the work of the Halls Committee.

Watch for more Halls news in the next *Triangle* – but here are some clues ...

Regular vintage markets in the Small

Hall on Saturday mornings—dates to be advised.

Regular collectibles, trash and treasure to start in the Big Hall soon on a Sunday. Hairy Concert and Music Trivia Night in the pipeline.

Cheryl Davison

Cheryl Davison, well known Central Tilba Aboriginal artist, is exhibiting at Ivy Hill Gallery, Wapengo, until 17 February. Cheryl's work is very exciting and is based on the dreamtime stories of the local area. The exhibition is in conjunction with Joy Georgeson and Katherine Boland.

Acting classes at Central Tilba

If you have always wanted to get up on stage and act, now is your chance. Commencing on Thursday, 7 February from 6.30 to 8.30 pm in the Small Hall at Central Tilba, these classes are for everyone from 18 years on and no experience is required. The facilitator is local resident Sally-Anne Bertram on behalf of Silkwood Productions. Sally-Anne taught acting in Sydney for many years. She says 'Acting training begins by unpacking what we show to the world and allowing that imagination and creativity to flow.'

The classes are designed to explore imagination, passion and creativity using theatre games and sports which may involve monologues, dialect coaching, scene work and plays.

Sally-Anne says, 'Who knows, we may evolve and create the Tilba Theatre Company.'

For further information contact Sally-Anne on 0414 482 072.



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The Tilba Easter Festival is looking for stallholders

The Tilba Festival Committee is calling for applications from those interested in having a stall at this year's Tilba Festival, on Saturday 20 April.

After a break last year, the Festival is back, with a new committee and a new look, and some innovative new attractions like a dedicated Kids' Zone run by the Tilba School P&C. For the first time we will also be running the entertainment into the evening with a concert featuring top line acts. But don't worry, we will also be keeping the family atmosphere with our crazy competitions, multiple stages and street-based fun.

This year the Tilba Festival is looking for stalls with a difference. We would also like to get as much local content as we can. We want local makers to showcase handmade, innovative and interesting products and food.

This year the Festival will be totally plastic-free, so we are interested in hearing from those who are not selling plastic items

or using single-use plastic bags. We are subsidising reusable bags if stallholders are interested.

Stalls with an environmental angle or selling sustainably produced goods will be especially welcome.

We would like to invite you to join us at one of the NSW South Coast's biggest events, the Tilba Easter Festival in beautiful central Tilba. This is a signature event on the South Coast Easter calendar, drawing visitors from the region as well as a large contingency from Canberra, Sydney and Melbourne.

If you would like to participate, please email Cas Mayfield at festivaltilba@gmail.com for an application form.

The initial invitation to the last Festival's stallholders has already filled a substantial number of places. The remaining places will be hotly contested so get in early and secure your spot!

Cas Mayfield

Tilba CWA News

Tilba CWA members have been busy in our community over the summer holiday. In late November, Tilba CWA was asked to cater for Mr Geoff Portbury's wake. Tilba CWA members prepared and served sandwiches and cakes with tea and coffee for family and friends of Mr Portbury in the Tilba Small Hall.

In December members coordinated the Tilba CWA Christmas Carols with Bev Long and her big band of nine musicians on stage in the Small Hall. A big thank you to all the Central Tilba businesses who donated gifts for the Tilba CWA Christmas hamper, which was won by Joanne Wilson from Narooma. At a Tilba Market in early December, Tilba CWA presented the Tilba stallholders with their tenth-anniversary birthday cake, baked by Sandy Felder and cut by Kay Williams, former Tilba Market Coordinator.

In January Tilba CWA doubled our fundraising efforts with two Pop-up Cafes in the Tilba Small Hall.

With the New Year, Tilba CWA is inviting more local women to get involved. CWA NSW President Annette Turner: '... being a member of the CWA is a way of being empowered ... Women of all ages and from a range of backgrounds also find friendship and support through their branches ... Members also share a common desire to make their communities better places to live ...'

If you would like to join Tilba CWA, please come along to our next meeting on Friday 8 February, 9.30 am for a 10 am start in the Central Tilba Small Hall.

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Anyone have any luck finding a parking spot in Bermagui during Christmas and New Year? The town was just bulging at the seams with the summer influx of holiday makers, and right on cue Mother Nature dished up a mishmash of weather conditions, from scorching hot days, to high humidity to summer thunderstorms. Bermagui also experienced that strange meteorological phenomenon—a heavy sea mist which shrouded the town all day with an oppressive, eerie feeling of doom. If one's imagination were to run riot, this was the day when a ghostly pirate galleon came gliding into the bay!

Tourism is often a touchy subject in Bermagui. We seem to have a love/hate relationship with our holiday makers. Firstly ... we know that they are coming. We brace ourselves in the knowledge that our roads and streets will be full of people and cars. We prepare as best we can. Then they come—like a swarm of hungry locusts—and the town jumps to attention, ready to meet their needs. Business owners work long, hard hours to keep the people housed, fed and entertained. Shops are fully stocked and extra staff employed. Locals smile at the visitors, often gritting their teeth at how chaotically they park their cars and how noisy they sometimes are, but generally welcome them into our midst.

Then, as quick as they came ... they leave! And, with their leaving, there is a collective sigh of relief, and big smiles on everyone's faces, knowing the economy of our small town has just received its yearly boost.

Congratulations to all those hard-working business owners, restaurateurs,

waitstaff, barstaff, supermarket staff, accommodation providers and the volunteers at the Visitors Centre, who worked long hours during our busy holiday season.

However, as lovely and wonderful the majority of our visitors are, there seems to be a small minority with a sense of entitlement that allows them to do just what they like without contributing anything to the town. A big thumbs down goes to a group of 'free campers', with tents, motorhomes and caravans, who camped illegally around Dickinson Oval and the headland near the Blue Pool for several days over Christmas. Complaints were made to Council, but it seems there weren't any rangers available, and so the campers were not moved on.

As the popularity of Bermagui continues to grow, this situation is one that will need to be monitored closely by our local authorities so that public areas do not become unauthorised 'free camps' during future holiday periods. It only takes a few word-of-mouth recommendations and the floodgates could open to a lot more of this sort of behaviour.

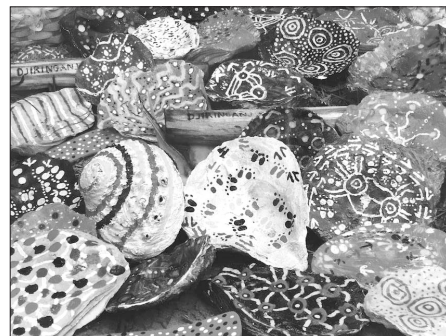
Bit of excitement down at the Surf Club too, and a really big thank you to all our volunteer surf club members, who did a sterling job during the dramatic rescue of some visiting holidaymakers. Quite a bit of excitement for Bermagui to make the national news broadcasts.

Aboriginal Artwork for sale at Umbarra

Sisters Maria and Alison Walker have recently set up an art gallery and shop for the summer, featuring works from local

Aboriginal artists. The shop is located at the Umbarra Cultural Centre in Akolele and will be open from 10am till 3pm, Thursdays to Sundays.

This shop and gallery will be a welcome addition to the local art gallery trail, and a must-see stop for authentic local Aboriginal artwork.



Just a taste of what is for sale at Umbarra

The doggies are coming again

Bermagui is a town of dog lovers, so where better to host the annual dog shows. Big dogs, little dogs, dogs of every shape and colour will be here for this much loved event.

Bega Valley Kennel and Obedience Club will hold their events on 9 and 10 February with a Rally-O on Wednesday 13.

The Sapphire Coast Kennel and Obedience Club will hold their events on 15 and 16 February, with a Rally-O on Thursday 14.

While on the subject of dogs, there have been several comments on social media about people allowing their dogs to run leash-free in designated bird-nesting sites around Wallaga Lake, totally ignoring the signs which state that birds are nesting in the area. Either these people are

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Bermagui Banter

ignorant, can't read or just don't care about native birds, and it's not only tourists, but some locals as well.

Men on the Move

After a lot of negotiation and lobbying, the Wallaga Lake/Bermagui Men's Shed will be seeing some exciting changes in the next year or so. Finally, the Men's Shed has been allocated a block of Crown land just south of Bermagui township. As soon as the ink is dry on the licence agreement with Bega Council, it will be full steam ahead to start plans for building their very own shed. Fundraising has been frantic over the last few years, but now they will be

able to apply for grants and ask for in-kind donations for the build. The Men's Shed has been running for just over seven years, leasing premises from the Merrimans Land Council at the Umbarra Cultural Centre in Akolele. This has been a very successful partnership, but the blokes would really like to have a 'home' to call their own, and a little closer to town. As well, plans to reopen Umbarra are well under way, so it's timely for the men to move on.

The Wallaga Lake/Bermagui Men's Shed is open Tuesdays and Thursdays from 10 am to 2 pm.

All men are welcome to attend.

Check your shelves!

Leone Creamer lent copies of her book, *Horse-sweat and Tears*, to several friends over the years and was wondering if she might get them back.

If you have one, please leave it in her mail box at 112 Murrah St, Bermagui.

She is missing them greatly, especially the ones with comments written in them.

Judi Hearne

And here is something for all ukulele players!

Save the date: Sunday 10 March for the Bermagui Ukulele Festival at the Country Club. Details are still a bit sketchy, but I hear that Michael Rosenberg from Canberra will be coming to do a workshop in the morning in the auditorium. He will be charging \$10-\$15 for a 90 minute workshop. The afternoon will fill the auditorium with ukulele players for a concert. All funds raised will go to Bega Can Assist. Keep an eye out for posters going up around town, at the Bermagui Visitors Information Centre and the Country Club.



The Men's Shed BBQ team at a recent fund raiser

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Bermagui Banter

Visiting dancer helps fundraising

Canberra youngster Ali Brown, aged 11 years, certainly didn't think she would be performing and helping raise funds for Can Assist when her family came to holiday at Ingenia Ocean Lakes Holiday Park this summer.

Ali performed an energising hip hop routine that wowed an appreciative audience at the recent Wallaga Lake Musical Extravaganza, held at the caravan park. After her solo performance, she encouraged a number of children in the audience to hop up and learn some of her hip hop moves.

Ali has been dancing with Dance Central in Canberra for about three years now, learning a number of different genres, but hip hop is her favourite.

She became a finalist, in October 2018, at the World Supremacy Battleground dance competition in Sydney. She has also won many other awards at local competitions. All the hard work she puts into practice certainly pays off.

Well done, Ali, and a big thank you from the organisers of this fundraising event.

Carolyn Banados



11 year old visitor Ali Brown performs hip hop at the fundraising concert.

Bermagui petitions Minister for better buses



Carol Broadhead OAM posts the petition calling for a more user-friendly bus service from Bermagui to Canberra.

Bermagui locals representing more than one hundred signatories today posted a petition (below) to the Member for Bega and Minister for Transport, Andrew Constance, calling for a usable public bus connection between the town and Canberra.

The only connection at the moment requires either an overnight stop in Bega or a five hour stop in Narooma.

The petition reads:

As Bermagui's population grows—and ages—the need for a usable bus connection to Canberra grows.

Because of bus driver time limits, it is not possible to extend the current daily Murrays return bus service to Narooma from Canberra.

The Murrays bus from Canberra arrives in Narooma at lunchtime each day and returns to Canberra from Narooma about an hour later.

Could the NSW Government please fund a mini bus to carry passengers to and from this bus between Narooma and Bermagui, say, twice per week?

The organising committee has been unable to gather sufficient members to run the event so there will be

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Bermagui to host fashion revolution event in April

Fashion suppliers are becoming more aware of fair work and wastage practices on every level. Who makes my clothes? Are the workers paid fairly? Are they working in fair conditions? How are my fabrics manufactured and treated? What is the bigger environmental cost of my final garments? What is the local labour impact to supporting 'fast fashion'—as opposed to 'slow fashion'?

Fashion Revolution Bermagui 2019 will take place on Friday 26 and Saturday 27 April. The two day event is part of an ongoing global campaign for an ethical and sustainable fashion industry.

The movement was established in the UK in 2013 after one of the world's worst industrial disasters—in Bangladesh—killed 1136 fashion workers and left many more seriously injured. Many were receiving as little as US\$65 dollars per month. An international campaign was launched to influence fashion suppliers to tackle the challenge of more ethical and sustainable practices in the industry, ultimately influencing consumer buying decisions.

Fashion Revolution Bermagui 2019 will do just that, showcasing the local

designers, producers and retailers who are breaking the mould in slow fashion—ethical, sustainable, up-cycling and recycling fashions.

A primary goals of FRB2019 is to write our own Fashion Revolution Bermagui Manifesto to encourage a growing commitment to greater transparency and authenticity.

A Gala Night will be held on Friday 26 April at Il Passaggio restaurant. There will be a fashion parade and awards for those labels who are having a positive influence in the marketplace. Bookings for the Gala Night will open 15 March. To book, email info@fashionrevolutionbermagui.com.

Fashion Revolution Bermagui Exposé will be a one-day market on Saturday 27 April from 10 am to 4 pm to showcase up to 50 of the best local-design, slow fashion suppliers along the South Coast, such as Zoe.O of Pambula, Esther Jane of Bermagui and Rita May of Tilba.

Held at the Bermagui Surf Life Saving Club and DJ'd by Frank Madrid, this event will showcase those suppliers who are dedicated to a more sustainable, less wasteful, and more exciting fashion industry. To register

your interest as an exhibitor, email info@fashionrevolutionbermagui.com and to register your interest in attending Fashion Revolution Bermagui 2019 Exposé go to our Facebook page. For more information, see www.fashionrevolutionbermagui.com.

Yolanda del Valle-Buetefuer

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Anna Weatherly, *Death in the Year of Peace: 1919, A Bermagui Mystery*

For those of us who know Bermagui, there are many things in this book that are recognisable—scenes on the beach, on the wharf, around the streets we still travel. We might also recognise how small towns generate gossip, stifling judgmental behaviour on the one hand and community support on the other. What we won't recognise is a series of seemingly unrelated murders and deaths occurring in the space of a few days in the life of the village. Nor can I think of anyone who could tackle the mystery in the way the central character does. May Williams and her friend Ivy are determined to solve the crimes in the face of what appears to be little interest or commitment from the police, and they do so in style.

Anna says the idea for this story came about spontaneously while swimming in Horseshoe Bay. She was lucky enough to be reading Judi Hearn's history of

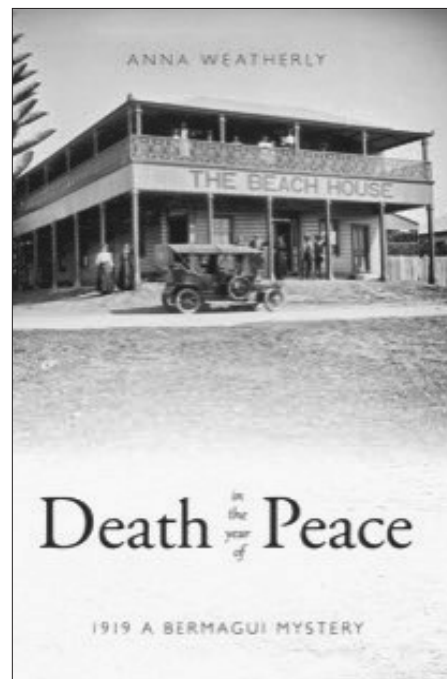
Bermagui at the time, and this inspired her to locate the story in Bermagui and to investigate the events of 1919 in more detail.

Based in part on local newspaper reports from 1919, Anna has written a story set in the aftermath of the First World War, when shattered men are returning home to try to resume normal lives, where the horrors of war are replaced by the devastating Spanish Flu.

Anna has been visiting Bermagui and surroundings every year for the past 20 years. Her professional background is in psychology, but she combines an interest in history with writing. This is her first novel.

Anna will be visiting Well Thumbed Books on Saturday, 16 February at 10.30 am to share some of what she learnt from writing the novel.

All welcome.



Ocean Lakes Musical Extravaganza

The shores of Wallaga Lake buzzed with music on Sunday 6 January when an afternoon of entertainment was presented by the Wallaga Lake/Bermagui Men's Shed and Ingenia Holidays, Ocean Lake.

This joint 'extravaganza of music' was organised to raise funds for Bega Valley Can Assist—a charity which assists local cancer patients with much-needed financial assistance in times of need.

Ingenia manager Maria Hulm was very involved in making this event happen,

from preparing a wonderful site right on the lake's edge, to organising all the food cooked by those BBQ kings, the Men's Shed team.

Entertainment on the day kept the audience in toe-tapping enjoyment as the sun set over the lake, with gutsy blues numbers by Maggie McKinney and the haunting sound of Kev Riley's harmonica, to the notes of ukuleles as the Quaama/Cobargo 'Ukes of Hazzard' and Bermagui's own 'Ukalips' plucked out some great old songs that had the audience singing along. Professional musician Jo Driscoll freely gave his time to sing up a

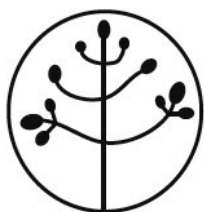
storm, with Ed Long and Lori Hammerton also joining in. The Montreal Pit Singers were a hit—their first performance out of the Montreal Goldfields. Canberra youngster Ali Brown gave a rocketing performance of hip hop dance that had the crowd enthralled.

The event raised just over \$1400 for Can Assist, and quite a few holiday-makers and visitors got a small taste of what we locals do in Bermagui to support our community—and how much fun we have doing it.

Carolyn Banados



A woman of many talents, Maggie McKinney at the Wallaga Lake Musical Extravaganza



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'Thank You for the Music'—Lori Hammerton

When you mention the name Lori Hammerton in Bermagui, most people immediately think of music! Lori and husband Gerry are well known for their community volunteering and fundraising activities, and for the music they bring to many people's lives. Living in Beauty Point for the last 13 years, Lori has been a resident in the Bega Valley since the late 70s, working in Bega as a registered nurse and in many other occupations as well.



Lori and Gerry Hammerton

Lori and Gerry spent six years volunteering with the Bermagui Seaside Fair—the committee that organised the Bermagui Seaside Fair—working endless hours with fellow volunteers behind the scenes to ensure the Seaside Fair ran smoothly. Many will remember Lori's fun commentary of the street parade.

Music has always been a passion for Lori, who has sung at a semi-professional level around the Bega Valley. She told me that, even as a child, she was always banging out rhythms on anything she could get her hands on. Her latest passion, the ukulele, is never far away and she constantly strummed a song or two while we talked.

The Seniors Variety Concert, held every December at the Bermagui Country Club, is a much loved event. Lori persuades many professional and retired musos to perform at this concert as well as a number of local amateur acts. Acting as MC, Lori will belt out a song or two, and frequently brings an audience to tears with her suspect jokes—which these days, she admits, are not very PC! As well as providing these concerts, Lori also takes entertainers to local nursing homes to help brighten the lives of residents.

Music also forms the basis for most of the current fundraising as both she and Gerry, who she lovingly refers to as her 'roadie', organise concerts and

performances to raise funds for her major charity, Bega Valley Can Assist (an organisation that provides financial assistance to people suffering from cancer). Over the years, they have raised many thousands of dollars and, at a recent fundraising event, became life members of Can Assist.

However, she gives credit to a number of local organisations such as CRABS, Wallaga Lake/Bermagui Men's Shed, Dad's Army Golfies, local quilting groups, and many other local organisations who fund-raise for Can Assist.

Tai Chi is another of Lori's passions and, as a qualified instructor, runs five weekly tai chi classes in Bermagui and Cobargo. These classes are mostly aimed at seniors and especially those who suffer from arthritis, as the gentle movements are of great benefit to them. Again this is all voluntary and all money received goes to Bega Valley Can Assist.

Having been a recipient of the BVSC Community Service Medallion in 2008, Lori

now works on the committee that chooses the winner each year—a difficult task, she says, as there are so many wonderful volunteers out there.

Of course, Lori's story is not complete without a mention of her latest venture that is turning into a real obsession with some local folk. Lori loves playing the ukulele and, in June 2018, started teaching a band of musically challenged individuals, and shaping them into a group she calls the 'Ukalips'.

The group continues to grow as more people realise how easy the ukulele is to learn and how much fun it is being with fellow 'uke' lovers to jam away, week after week. With so many people in the area now playing the ukulele, Lori has decided that Bermagui needs to hold a Ukulele Festival. So keep an eye out for notices of this upcoming event on 10 March. Of course, the Ukalips will be performing at this festival.

Lori and Gerry's enthusiasm for this community knows no bounds. They love where they live and love the people of Bermagui and the wider triangle, and I am sure that, with Lori's fertile imagination, we will see many more fantastic and fun things happening with these two in the future.



Lori Hammerton (left) leading her ukulele group, the Ukalips.



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So we did it, we made it through the madness and messy mania of a far south coast holiday season. The air, hot and liquid with humidity, filled the days and turned the nights into a writhing tangle of sweaty sheets. Slippery and red-faced we involuntarily rubbed shoulders and fought for air. Storms have thrashed us, lightning and thunder like angry giants have rumbled and clashed across the town's rooftops. Sideways rain has tested our windows and come under the doors. Gardens have gone from withered and drought stricken into thriving, dripping jungles, swarming with mosquitoes. Tomatoes have begun to ripen and zucchinis double in size in an afternoon.

The city hurricane has swept through, a wave of people and their over-loaded cars and trailers, seeking the calm, the pristine, only to bring with them the ruckus and trash tides that they had so craved to escape. Ha, the irony of it, it can keep you smiling as you continue to wait for a gap

to cross the road. Our streets have been constipated with caravans and campers, we've found ourselves queueing for a table, a toilet and loaf of bread. Shops sold out of chopping boards and BBQ utensils. Trucks freight faster and harder to keep shelves stacked with mangoes and marshmallows, everything for your dream camping holiday, at your service.

I guess it's nice to feel like a part of the big crazy world, a destination, but also... Phew. Well actually here in Cobargo we are kind of lucky to just get the over flow. Too cold or windy or sunburnt for the beach? Too busy in Tilba? Too crazy in Bermi? The bored and the adventurous, the Sunday drivers, and of course every day is Sunday in holiday season.

We did Christmas, like everyone in the post-Christian, pro-consumption, pre-apocalypse world.

Despite the tropical humidity we still managed to roast turkeys and boil puddings, and stubbornly stuff our faces

right through into 2019 until our new year resolution diets kicked in, or we perhaps decided to become vegetarians or breatharians or pescatarians or something that means we never have to eat ham again. Here's a tip; do this before Christmas and stick to gin and tonics, they might also help with the mosquitoes.

Actually I have been hiding out. After bringing another tiny human into the world nothing much can tempt me out into the chaos. I cancelled Christmas like a grinch and went to bed at 9.00 on New Year's Eve ... there is nothing like milky sleep deprivation and humidity to sap the life out of your limbs and the will to be in crowded places full of strangers from your brain.

So really, I'm just making all this up, 100% exhausted fiction this month, sorry, people. I will leave it up to the CWA ladies and the RFS and other good Cobargoans to fill you in on what really happened these past two months ...

Local speedway film for this month's doco

The next monthly community documentary, *Thunder and Dust - a Year with Sapphire Speedway*, directed by Andrew Moore and produced by Fiona Scott, will screen at 3.30 pm on Sunday, 17 February at the Old Cobargo Butter Factory.

After the screening there will be a Q&A with the movie makers!

In the 1970s there were over 700 speedways in Australia. Today there are fewer than 90. *Thunder and Dust* is the story of one of those speedways.

Nestled in the heart of the Bega Valley is Sapphire Speedway, built and managed

by generations of volunteers for the last 45 years.

Thunder and Dust is dedicated to the group of people that strives to keep their 45-year-old club afloat while dealing with natural disasters, regulations, insurances ... and lack of funds.

'When I first got involved with Sapphire Speedway as Race Secretary, I never dreamed that I would end up making a documentary about the club,' says Director, Andrew Moore. 'But the more I learned about the history, the setbacks and the superhuman efforts the members put in each and every meeting, the more I felt the

story needed to be told.'

See the trailer: go to www.vimeo.com and search 'thunder and dust'.

Come and join us at the Cobargo Show to give thanks for the season—all the crops and produce, and in particular the rain.

The Thanksgiving celebration will be held at 8 am on Sunday 10 February in the stands, led by Rev. Tim Narraway of the Cobargo Anglican Church.

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All your old favourites—and some new ones—at the Show this month

The Cobargo Show committee are flat out preparing the showgrounds and organising the ring events and all the entertainment that goes into making a Show, this year on Friday 8 to Sunday 10 February at the Cobargo Showground.

We've built a new fence around the arena where the beef, dairy and chainsaw events are held, another new fence around parts of the main arena, and a new coolroom has been installed with some new concrete laid in the area where the ring event entries are taken. Donated soil has been laid and levelled to give more area for competitors to park as well. And we have installed a new BBQ this year to ensure the top-notch food and great service continues.

There are so many Campdraft entries this year we'll run the heats on Friday night and the top ten will contest the final on Saturday at 5 pm. Come and see these fine horses and riders in action.

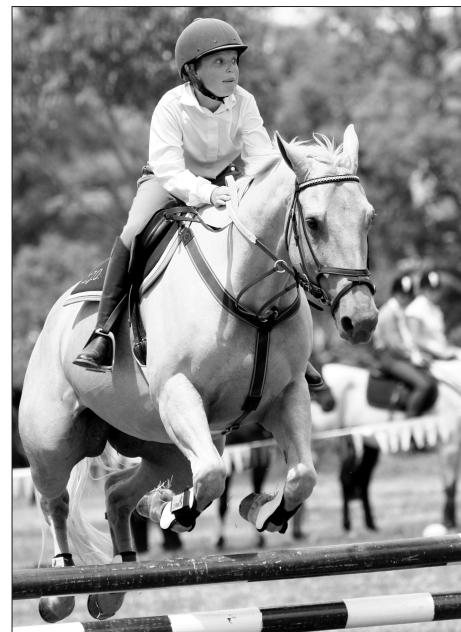
On Saturday see dairy cattle judging,

hack rings in action, show jumping, mini rodeo, dog high jump, and baby and tiny tot judging. The evening's entertainment will continue with grass skiing, the wife-carrying competition, wheelie bin races and more. There'll be live music at the bar from 9 pm with the Garry Carson Duo.

Sunday starts with the Harvest Festival church service and then the day's immense entertainment program: a sheep dog demonstration and chainsaw events concluding with the tree-felling competition. This year there'll be five members to a team with all posts and firewood for sale at the conclusion.

We have a new event this year: the Glen Mia Stock Horse Challenge, where three teams compete to break in young horses—the final will be held on the main arena. The three teams are Grant Bobbin & Bree Garland, Ben & Kristen Cowdroy, and Wade Mathie & Thomas Donnelly.

For a lot of speed and great spills



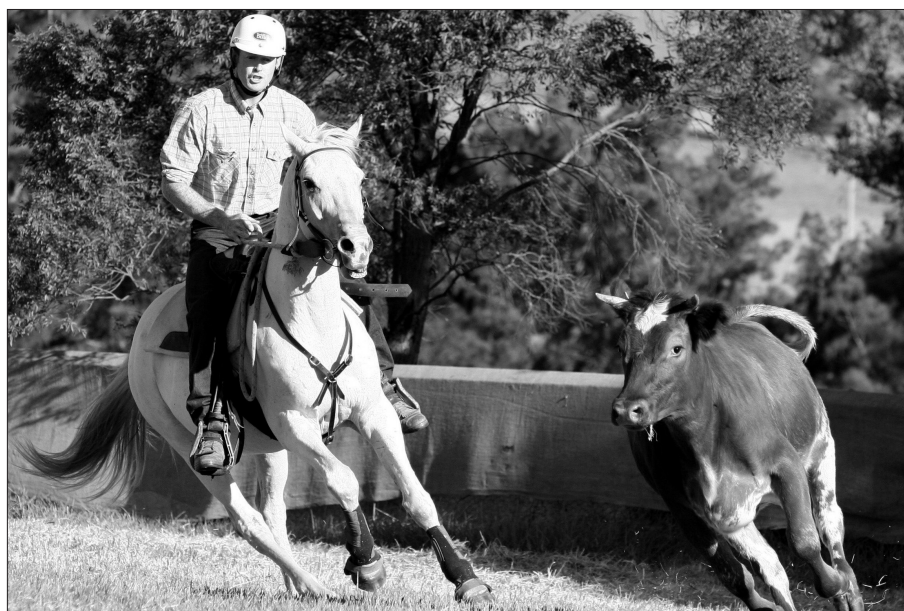
we have the obstacle-stacked lawnmower races. Jade Corby will defend his championship status from last year's Show.

The Show will conclude with the fast action rodeo but lots of other entertainment will be going on throughout the afternoon. The main pavilion will be open both days—have a look at the fine entries in jams, cakes, vegetables, crafts, photography and more.

Showgirl Karlee Barber will be helping out at the show along with our Junior Showgirl Brooke Stubbs and equal junior runners-up Samantha Bate and Mikayla Shaw.

For a fabulous weekend of entertainment come to Cobargo Show. \$10 entry for adults, under 12 free, kids over 12 \$5. For enquiries call Naomi 6493 6666 or entertainment Daniel 0410 724 065 or find us on Facebook.

June Tarlinton





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A difficult time for Showgirl judges!

On Saturday 24 November 2018 the Cobargo Show Society hosted the judging of their showgirl competition. The interviews took place at Christy Holland's home throughout the day and during the judging a light lunch was served where the young ladies mingled with the judges, Bridget McCosker, Shelli Reid and Dave Allen. There were seven entrants in the junior competition and one entrant in the open competition and all the judges agreed that the quality of girls was outstanding.

The judges concurred that their task was extremely difficult and, to come to the final placings of the girls, they would have to see how the young ladies handled their onstage interview at the drought-breaker dance held the following weekend. The dance was held at the School of Arts Hall in Cobargo on 1 December with the Garry Carson Band heading up the entertainment.

On the night the entrants were interviewed onstage and again they all handled it perfectly. The winner of the Open Showgirl was Karlee Ann Barber who was sashed by outgoing showgirl Sally Hoyer. Karlee displayed a great deal of maturity and will be a great ambassador for the show. The junior showgirl went to Brooke Stubbs and equal runners-up went to Samantha Bate and Mikayla Shaw.

During the night a special presentation was also made to Lynda Holland, who had been nominated for a RAS 2018 Agricultural Show award by the Cobargo show committee because of her untiring commitment and hard work for many years—a



Open Showgirl winner Karlee Ann Barber

well-deserved award.

A special raffle was also run with many people taking home a gift on the night. We all look forward to seeing our showgirls perform their duties at the Cobargo Show on 9-10 February at the Cobargo Showground.

June Tarlinton



Junior Showgirl Brooke Stubbs joins Showgirl winner Karlee Ann Barber and equal runners-up Mikayla Shaw and Samantha Bate

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Cobargo RFB busy over summer period

The wetter December and January period has meant few wildfires in our coverage area, however Cobargo Rural Fire Brigade members have been kept busy with a range of other incidents over the holiday period.

Prior to Christmas, the brigade attended a potentially serious house fire incident in the Wandella area where a candle had been left alight and ignited the nearby curtains. Fortunately, no further damage was done, but a timely reminder of the danger of leaving candles unattended or not properly contained.

The very next day we were called to attend commercial premises in Cobargo where the large rooftop solar system had been witnessed emitting smoke and the smell of burning rubber. The system was quickly shut down and the electricians called to check it out, and again fortunately no damage to person or property ensued.

January saw the rise of lightening storms, and we attended a large gum tree on fire after it was struck by lightning and ignited beside the Princes Highway south of Cobargo. The tree required felling by the brigade to enable the burning trunk to be fully extinguished.

More recently we attended the scene of a serious motor vehicle accident a few kilometres south of that spot, where a motorist had suffered a late-night high speed collision with a very



Cobargo Brigade members on the scene of the lightning-struck gum tree on the highway last month.

large wombat. The vehicle was extensively damaged and spilled oil and fluids onto the highway, requiring the deployment of spill kits material by the Brigade.

The continuing intermittent rainfall is welcome and has relieved the immediate wildfire danger, however land owners are reminded not be complacent and that fire restrictions continue.

We welcome anyone considering joining the Brigade—experience the rewards of volunteering and help to protect and serve our wonderful Cobargo community.

For more information please contact Lisa Ayliffe on 0429 936 476, or simply come to one of our fortnightly training nights at the Cobargo Fire Station, Wandella Road, Cobargo.

John Walters



Many strings to her uke: Rose Thompson, a junior scientist from Quaama, helps to Light Up Cobargo in December

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

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Pro-Active driving courses help regional kids be safe behind the wheel

Rob and Kim Beilharz ran driver education programs in Sydney for well over a decade before moving into semi-retirement. Then they decided to take their passion to educate and reduce young drivers' involvement in crashes into regional areas, where learner-drivers and their supervisors had less opportunity than their city counterparts to access high quality driver training.

They had enjoyed frequenting the Eurobodalla and Sapphire coasts, so set up training venues in Batemans Bay, Narooma, Merimbula and Ulladulla under a new trading name, Pro-Active Safer Driving. Young drivers in many of these locations, including Merimbula, had never had this opportunity before.

The Safer Drivers Course for young learner-drivers is a government response initiated in 2013 to assist in reducing road trauma in particular at the critical transitional period from learner to provisional licence status—the highest risk period for any driver.

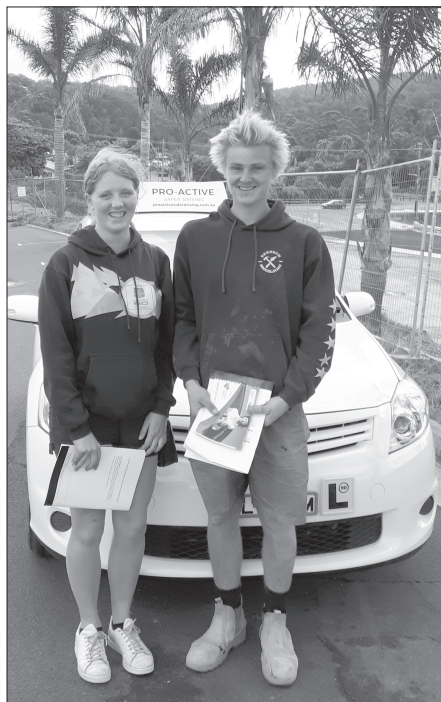
It is specifically designed to assist learner-drivers in developing self-awareness, knowledge, skills and low risk driving strategies. Module 1 of the course is a three-hour interactive workshop reinforced by Module 2, a two-hour in-car coaching session conducted by highly qualified professionals. There are usually courses every six to eight weeks. Their website www.proactivesaferdriving.com.au has lots of useful information and can take secure online bookings.

There are limited free positions

available if government eligibility requirements are met. These details can be found on the website's Resources page along with email and phone contact details.

Rob and Kim have created some great relationships and have supported local businesses and organisations including local councils, Rotary and Y-Drive—a learner-driver mentoring program for disadvantaged kids in our community.

If you have a fledgling driver in your family, check out their website www.proactivesaferdriving.com.au. It could be a lifesaver.



Gemma Oliver and Tyler Harrison learning how to be safe on our roads

Changing Habits – Oh NO!

We're in a predicament. Choices made centuries ago have become embedded in our lives and now we find they no longer work. There are now too many of us, and our habits are destroying our home planet. Going to another one is sci-fi stuff.

Everyone (except a lot of politicians) realises we have more extreme weather. Climate change is an inconvenient truth—the reaction to our failure to live with nature.

The major things, like pollution of our air, water and soil, and the depletion of the Earth's resources, have to be addressed by the polities. If they don't, there's a bleak outlook for our grandchildren.

The good news is we can offer them a better future by changing our habits now. Tricky, but is it really an option?

We can really pay attention to our FOGO way of sorting waste—by cutting down on methane we help the nitrogen cycle. That's vital.

Solar panels help, and electric cars are the way to go. Farmers need to sequester carbon.

It's time we lived smarter and did something about Climate Change. Let's talk to each other about it and share tips. We are a community—we'll survive better if we work together. The sooner we act the more resources our children will have to keep some quality in their lives.

Maggie Camfield

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you found 'em
in the Triangle!*

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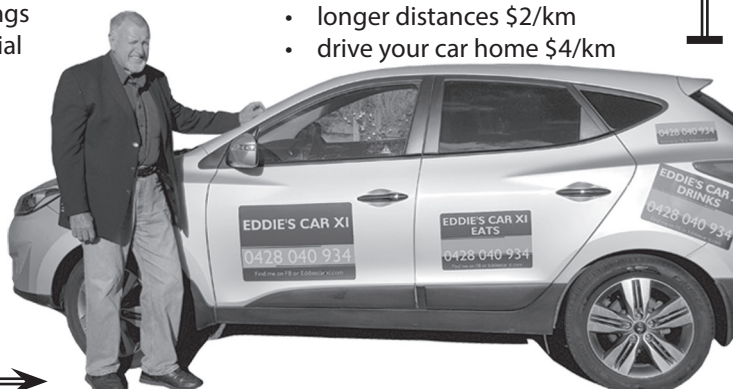
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Council Transport Futures paper - open for comment

Council has released a draft ten-page paper 'Transport Futures' for community comment. The paper sets out Council's vision to improve transport for residents and visitors and to both stimulate and support economic growth in a sustainable, safe and secure way. The paper is on the BVSC website under Have Your Say.

Council identifies that its investment in the Merimbula Airport runway extension and Port of Eden will assist in unlocking access to far greater visitor numbers, generating associated employment and increasing local population. The Port of Eden will have the ability to dock 40 to 60 cruise ships per year.

The port also has freight potential, being halfway between Melbourne and Sydney. This brings the need to reconsider the road transport needs to Bega, Canberra, Sydney and Melbourne. B-Double trucks are currently prohibited on the Princes Highway north of Bega to South Nowra. The only alternative is the Snowy Mountains Highway, but B-Doubles have to decouple to go up Brown Mountain.

Council supports a NSW Services and Infrastructure plan to improve 10km of the Snowy Mountains Highway through Brown Mountain. This would link the Port of Eden to Canberra and inland rail.

More locally, Council recognises that walking and cycling are safe, inexpensive and healthy travel choices. They have the least impact on the environment and can contribute to attractive and connected communities. The Shire currently has only 61km of footpaths and 9km of cycleways.

The NSW Government Future transport initiatives to be

investigated include duplication of the Princes Highway south of Nowra to the Victorian border. This is not mentioned or supported in Council's paper.

With regard to public transport, the paper merely notes that fixed-route public transport is difficult and expensive to provide in regional areas, and new bus and coach service improvements for the region to improve connectivity between Canberra and Bega Valley Shire would be considered.

Comments on this draft Transport Futures paper can be emailed to Council at council@begavalley.nsw.gov.au by 28 February 2019.

*Geoff Steel, Coordinator
Bermagui Community Forum*



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Meet the Candidates NSW Election

4 pm Sunday 24 February, 2019
Bermagui Community Hall

All candidates invited, all community members welcome

Bermagui Community Forum



Free the weeds

What a blessed time of the year is summer in the valley, our roadsides lined with the kaleidoscopic array of purples, whites and yellows, a beautiful display of nature's vibrancy and joy gifted to us by what we've condemned as ... weeds. Weeds that our Council feels would be better blasted with carcinogenic chemicals which endanger our community and the council workers. Now the joyful faces of the daisies wear napalmed frowns, the mullein weeps, the Queen Anne's Lace stands brittle and dethroned, and our travels through our valley are slightly sadder and more cancerous than before.

But where does this ideology of weeds surface from, where we feel it our duty to control the uncontrollable by whatever means necessary, regardless of its impact on our health and our environment? But rather than drone on about the well-documented effects of glyphosate and other carcinogenic chemicals, I'd rather discuss the benefits of 'weeds' and explore our attitude to weeds in the first place.

Weeds provide so many potential benefits.

They give us clues to the complex workings going on beneath the soil.

They accumulate nutrients that the soil is deficient in and redeposit them on the surface as they die and their biomass is reintegrated into the soil by microorganisms and fungi.

They provide medicine for animals and other plants—including us! Some of the most prolific 'weeds' in our landscapes are medicinal plants the earth has co-opted to heal the damage we are inflicting upon it and ourselves: dandelion, sorrel, mugwort,

milk thistle, peppermint, dock, watercress, mullein ... not to mention the native nettle *urtica dioica* that is often demonised as a weed. These are all highly medicinal plants for the soul and the soil.

Let's also honour the protective qualities of weeds, covering the soil from the harshness of our Australian sun, helping to retain moisture and prevent erosion. Moisture retention is particularly important in this era of climate change and heightened fire danger. Green matter takes much more energy to burn through than the brittle tinder that our council leaves on the roadsides.

Healthy weeds are a fire buffer as well as a beautiful feast for our eyes, bodies and souls. So why do we feel the need to demonise them? They are here to stay, they have naturalised and have already deposited billions of seeds within the soil bank—we will never eradicate them.

Perhaps we should look at our own colonisation story, where a seamlessly integrated people, environment and culture were replaced with separation, fear of the wild, and a culture of weeding out what doesn't fit? Are we perpetuating this narrative through our war on weeds? Are we in fact self-identifying on a subconscious level with the weeds, our own culture dissonant with the indigenous environment, and our tendency to spread and colonise once pristine wilderness, choking out diversity, imposing monoculture and separateness wherever we step? Are we, in a moment of denial, deflecting attention onto the plants before we come to the ultimate realisation that *we are the weeds*?

Loki Blazki

Bushfire advice

Property Numbers

Both village and rural property owners are reminded of the importance of having their property number clearly displayed at the main access point to the property. This is vital to assist brigade crews responding to emergency structure fire call-outs to quickly find the correct property involved, particularly in rural areas where our GPS units don't always accurately lead us to the exact building location. This situation can be aggravated when several property entrances are located close together on a roadway or access track.

So please help us to help you—make sure your property number is clearly displayed.

Fire Permits

The RFS has instructed that Fire Permits will generally continue to not be issued, and this situation continues for February at least.

Permit applications may be assessed and approved in some specific circumstances (eg lovegrass hazard mitigation).

Lighting an unauthorised fire during the Bush Fire Danger Period attracts heavy penalties including fines and/or imprisonment.

For more information please call 6494 7400.

Bush Fire Survival

Make sure you have prepared a Bushfire Survival Plan. For information and to find out how to download your MYFIREPLAN app, visit the Rural Fire Service website.

Monitor any dangerous fires near where you live using the Fires Near Me app on your mobile device, or on your computer at the Rural Fire Service website. Monitor local radio and television and listen for any emergency warnings.

Brought to you courtesy of Bermagui, Cobargo, Tilba and Quaama Rural Fire Brigades



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Become a volunteer literacy tutor in a local school

The new school year has just begun, with local children returning to school and eager to learn. However, learning to read is not easy for all children. Now you can make a real difference to these local children's lives and happiness.

This year, local voluntary group Youth Educational Support Service, YESS, celebrates ten years of tutoring local children in literacy. You can read more about YESS at our website, www.yess.org.au. We are actively seeking new volunteer tutors willing to give one and a half hours a week of their time at one of six local primary and high schools from Tilba to Bega. You need no formal background in teaching for this important task, just a willingness to help children. Tutoring starts in mid-February and continues during term time. We arrange back-up tutors if volunteers have to be away on any given day.

Working closely with teachers and the NSW Education Department, YESS uses MultiLit, a highly effective literacy program developed by Macquarie University to provide one-on-one tutoring for students selected by the schools' learning support teachers (see www.multilit.com). The NSW Education Department provides new tutors a day of MultiLit training early in the term and YESS provides further support.

Over the last ten years, YESS volunteers using MultiLit have achieved wonderful results in boosting students' reading skills, hence enhancing their confidence, class participation and



**You could make a real difference to a child's progress at school.
Volunteer as a literacy tutor.**

success at school.

If you are interested in joining YESS or would like more information, please call me on 0423 780 498, or email potts_perkins@bigpond.com.

Frances Perkins

Another year of learning with U3A

U3A (University of the Third Age) has had an incredible impact on our local Triangle community.

To our 300 members we offered over 130 classes in 2018. We continue to inspire learning for only a \$25 membership fee (\$30 for snail mail). We are a voluntary organisation and presenters give their time and expertise freely.

Over the past year there have been fantastic opportunities to mix socially while learning from those willing to share their knowledge. This area is seething with talent!

There were our old favourites: classical music, watercolours, travel tales, Apple know-how, linguistics and rug-hooking right through to opera, historical

lectures, tree identification, the Great Southern Forest, grammar and meditation. Too many classes to include here!

We have also focused on appreciating and understanding Aboriginal culture and history. A number of our members volunteered at the first Yuin Giiyong festival at Jigamy, Pambula, in September. What a success! There was also an excellent excursion to the National Museum to see the Songlines exhibition—once experienced, never forgotten. Hopefully this will be the beginning of more interaction between U3A members and local Yuin people.

Our first U3A excursion this year is to the National Gallery to view their summer blockbuster exhibition 'Love and Desire - Pre-Raphaelite Masterpieces'

from the Tate. This full day excursion is on Wednesday, 27 March with pick-ups at Narooma, Bermagui and Cobargo. Non-members are most welcome to join us at a cost of \$65. For further information please contact Ruth Perrett on 0408 786 546 or by email at rbperrett2@gmail.com.

So welcome to the 2019 U3A year! We have a new logo, an updated website, (www.bermagui.u3anet.org.au) and offer both online membership and online course enrolment. We still have our Information and Registration Days at the Bermagui Country Club and we look forward to seeing you there on Wednesday, 6 February (see our ad in this issue).

Kerry Davies

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Shire's hidden heritage revealed

One hundred and one objects in the Bega Valley Shire have been selected for inclusion on a 'Bega Shire Hidden Heritage' listing compiled for the South Coast History Society. Sixteen of them come from the Bermagui/Cobargo area.

'It's a selection probably best described as interesting and eclectic,' South Coast History Society's President Peter Lacey said. 'And it's nothing like the list that I expected. For a start, it includes no buildings. There are many existing lists of historic buildings, and the heritage advisers felt there was little point in simply duplicating them.'

'Most locals will not be aware of the existence of many of the items on this list. I certainly wasn't. Many objects were included because of the stories they have to tell. An old Bega Town Band bass drum enables us to document the important role of town bands and other local bands in years past, and to relate stories about community music-making, and about other community entertainments such as theatre, cinema and local dances. 'And that is our big challenge over the next six months— assembling libraries of information about each of these 101 objects. These will be freely available online. So a huge, new

bank of information about the area's history and heritage is progressively becoming available.'

This project is supported by the Heritage Near Me program, an initiative of the NSW Government's Office of Environment and Heritage. The full listing of the Bega Shire's Hidden Heritage objects is now available at www.bit.ly/101objectsindex or email southcoasthistory@yahoo.com.

Further information about this local initiative is available from South Coast History Society, 0448 160 852.



The Wallaga Lake Bridge, the only surviving beam bridge on a main road in NSW, and Bermagui Blue Pool are two of the recently-announced one hundred and one Bega Shire Hidden Heritage objects.



U3A Bermagui & District Inc

U3A offers classes taught by local members for members. Membership is available to the whole community.

**TERM 1 INFORMATION & REGISTRATION DAY
FOR CLASS ENROLMENT**

WEDNESDAY 6TH FEBRUARY 2019

10AM – 12NOON

BERMAGUI COUNTRY CLUB AUDITORIUM

**Course enquiries: www.bermagui.u3anet.org.au
or phone Jan Rivers on 0409 901 672**

An overview of courses and activities for this term so far ...

Old favourites such as: Pliability, Indigenous Culture & Traditions, Linguistics, Tai Chi, Boules and many more ...

New Classes/Courses/Excursions: Travel Tales (the Balkans, Flinders Island and Jordan), Bushwalks, French and Italian conversation classes, Cooking, a cruise, an excursion to the NGA Canberra as well as history classes and a new book chat group.

All details will be available in our Term 1 Newsletter and at the Information & Registration Day.

Be inspired by 'Lady Jane' at Four Winds' creative weekend

This year's free Community Concert at the Four Winds Easter Festival will take inspiration from 'Lady Jane'—a disused Bermagui fishing boat currently stored in the industrial area. The Lady Jane team is now inviting the community to take part.

The Four Winds Easter Festival has teamed up with the Bermagui Historical Society and together they will be collecting stories, artifacts and photos of Bermagui's heritage as a busy centre for fishing from the 1940s to the present day. The Historical Society is also trying to find out as much as it can about the life of this beautiful boat.

All the stories, anecdotes and artifacts contributed/collected will feed into a live performance at the opening of the Four Winds 2019 Easter Festival. This is an open invitation to the community to contribute to the project, supported with funds from Regional Arts NSW.

If you have any interesting stories about Bermagui's fishing heritage—right up to the present day—please contribute! Your story might be the one that inspires the final performance.

Do you know people who worked on boats like Lady Jane? What was their experience of fishing out of Bermagui? What are the stories they passed on? What were their characters like? What was different then?

Stories can be contributed until the end of February. Simply write them down and drop them off at the Four Winds Office and/or Bermagui Historical Society Museum at the Community Centre; make a voice recording on your mobile device and email it to admin@fourwinds.com.au; or we can arrange to visit you with a voice recorder—just call 6493 3414 or email admin@fourwinds.com.au to fix a



This year's Four Winds Community Concert is inspired by the beautiful old 'Lady Jane', currently 'in dry dock' at the industrial area.

time. Your voice recording could feature in the performance! Share your stories and images on social media including the hashtags #LadyJane and #FourWindsAU.

Come and meet the Lady Jane project team at the Bermagui Community Centre on Saturday 23 February (10 am – 4 pm) to hear what we have already discovered about Lady Jane. This will be a creative day dedicated to gathering stories so if you have any relevant artifacts or photos you'd like to share in person, it's the best time to contribute these. You won't be expected to donate items; they can be photographed and/or copied with your permission.

You can also meet the Director of the show, Sam Thomas, that day. And local artists will be working to create bunting and props to be used in the performance. Come and join in. Bring the family!

Lee Pemberton will be forming an adult dance company to take part in the

performance. On Sunday 24 February (11 am – 1 pm) Lee will be at the Community Centre with Director Sam Thomas. If you're interested in joining the Lady Jane Dance Company and can commit to two weekends and one week of rehearsals prior to the show, please come along—let them know you're interested by emailing admin@fourwinds.com.au. All adults are welcome, regardless of experience!

This is a great opportunity for Bermagui to celebrate its fishing heritage and its current status as a destination for fishing. The project will be a huge success if local people come forward with their stories, photos and creativity, so please take part.

The Bermagui Historical Society would also love to hear from you about Bermagui's fishing past: www.bermaguihistoricalsociety.org.au/contact.

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Depths of Light - continuing to 23 February
New ceramics by Shannon Garson





24th Annual COBARGO FOLK FESTIVAL



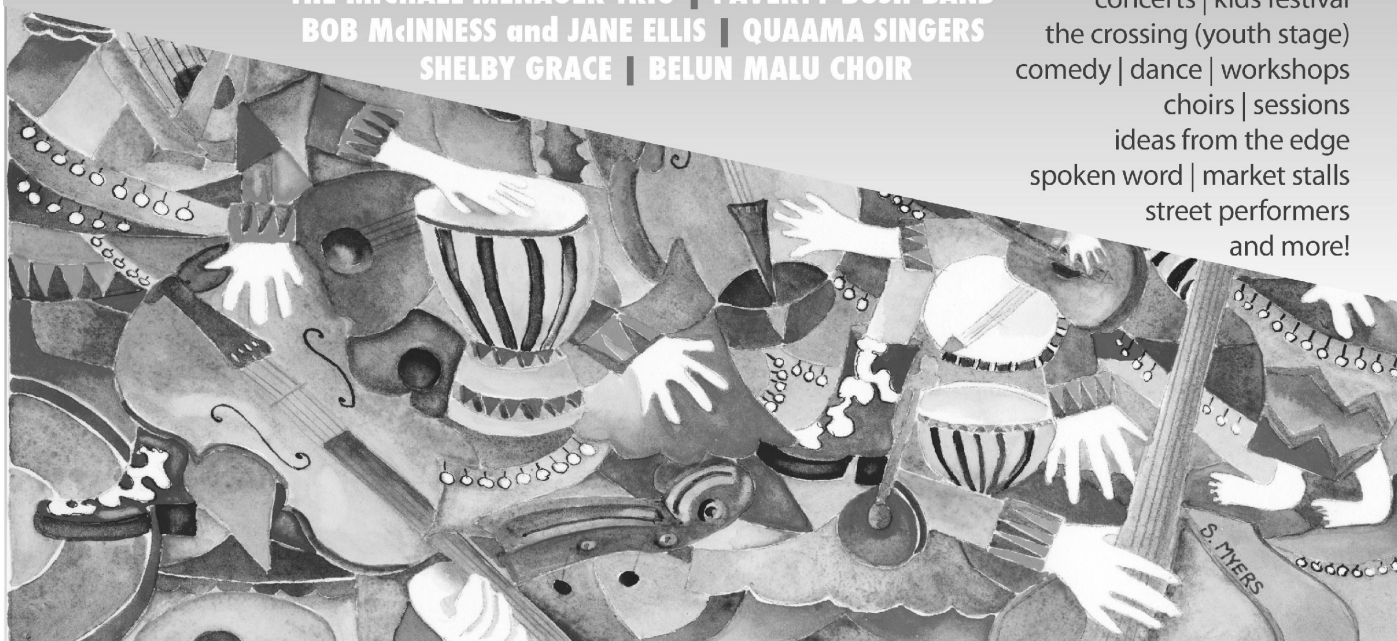
1 - 3 March 2019 - Cobargo Showground

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SKERRYVORE (SCOT) | JORDIE LANE (AUS) | THE WESTERN FLYERS (USA)
SHORTIS & SIMPSON (AUS) | STIFF GINS (AUS)
SCOTT COOK AND THE SHE'LL BE RIGHTS (CAN)

CHAIKA | MELISSA CRABTREE with DAYAN KAI (USA) | THE RAYOS (USA)
RICHARD GILEWITZ (USA) | MENSCH MONIQUE (GERMANY) | DANIEL CHAMPAGNE
BLACK MOUNTAIN STRING BAND | BILL JACKSON with RUTH HAZLETON
NICK CHARLES | ON THE STOOP | GONE MOLLY | THE FIGMENTZ
GLOVER & SORRENSON | MARGARET and BOB FAGAN | JODI MARTIN | LUKE O'SHEA
MALUMBA | DJAADJAWAN DANCERS | VENDULKA | CHARLIE & JENSEN
ZAMBEZI SOUNDS | THE NOVELLAS | MONTGOMERY CHURCH | MELANIE HORSNELL
THE GOOD GIRL SONG PROJECT | PASSIONATE FOOLS | SACRED COW
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Art by Shirleyanne Myers



For more information and earlybird tickets go to
www.cobargofolkfestival.com



Volunteer and experience amazing music at Four Winds this Easter

Each year an amazing community of volunteers comes together at Four Winds. They make a major contribution to the success of this internationally regarded Festival, and you could be part of it. Four Winds is now recruiting volunteers who not only share in the joy of the Festival, but ensure it's a success from every angle.

The Four Winds Festival promises a wonderful musical experience for artists and audiences, and the chance to discover Music in Nature—a truly unique quality of this Festival. It's true to say that the musicians love coming as much as we love listening to them.

The success of the Festival relies on over 100 volunteers, each of whom gives at least a few hours to support the running of the Festival. Our volunteers enjoy the experience enormously and are proud of the positive impact Four Winds has on our community.

There are various volunteer roles to suit all interests and personalities: if you are a people person we have a role for you, like artist care; if you are a recycling warrior we have a role for you; if you are an organiser, if you have some muscle, if you are a foodie, if you love music ... we have a role for you. We have work both during and in the lead-up to the Festival. One thing all our volunteers have in common is that they get to experience some amazing music during the course of the Festival.



Whoever you are, there's a volunteer role for you at Four Winds.

You can be part of delivering a stunning experience to audiences and artists as well as playing your part in showcasing everything the Far South Coast and Bermagui have to offer to our many visitors—particularly this world-class Festival.

To find out more about volunteering and the many benefits it brings, please contact Rachael, Volunteer Coordinator, 6493 3366 or email rachaelniemoeller@fourwinds.com.au.

Black Wattle Gallery has moved

The Cobargo Creators and their flagship Black Wattle Gallery have changed address. That's right, we have rounded up the oil paintings, the watercolours and quilts, collected the ceramics, the earrings, cards and aprons, grabbed the metal work, books, photographs, sculptures, persuaded the eggs, flowers, jams and chutneys; indeed, all the beautiful creative pieces have jumped ship and reassembled, regrouped and rearranged themselves next door.

It's a new year, it's a change and it is still the same - a gallery offering original artworks by our community.

The Cobargo Creators invite everyone to come along to the opening of this new space on Saturday 2 February at 11 am. But

you don't have to wait till then! Pop in now and buy something you cannot possibly live without.

Summer workshops coming up include 'Nuno Felting' with Chris Walters and 'Resin Rescue' with Maz Raynsford.

The new gallery space will also be available for exhibitions and in April we have a collaborative piece, 'West meets East', featuring photographs by David Karonidis and textiles by Marilyn Bansfield.

The Cobargo Creators welcomes new work and new volunteers. Contact us if you wish to exhibit or run a workshop on cobargocreators@gmail.com.

Sandra Taylor

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Coco's Lunch
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Enigma Quartet

A journey through the elements



Riley Lee, Bamboo Flute

Bus service available:

Sound Shell Saturday - From the North (starting in Batemans Bay)
and South (starting in Pambula)

Beethoven in the Bush Sunday - From Canberra

For the bus timetable go to:

fourwinds.com.au/easter-festival/bus-schedule

Art in the Triangle

Well Thumbed Poets open to new members

A poets' group has been meeting monthly at Well Thumbed Books in Cobargo since July 2017. We call ourselves the Well Thumbed Poets.

We share a love of language, and of exploring—and creating—vivid experiences in poetry.

The monthly meetings involve hearing one another's new work, discussing poetic forms, sharing admired poems by famous poets, tea and snacks.

We set ourselves homework challenges. We have been experimenting with collaborative exercises that involve assembling poems in various ways rather than writing coherent poems by single authors—see the example below.

The Well Thumbed Poets have seven members and are open to new members. We meet on the second Monday of the month, 1.30 - 3.30 pm. If you're writing poetry and are looking for a community, email Rachel Colombo at pcolombo69@gmail.com.

In the poem below, each member of the group was assigned two lines to contribute, without knowing what anyone else's line would be. No topic or theme was

set. The title was added to the completed poem.

The stolen land

The land is brown and brown and ever ripe
I navigate a labyrinth of cowpats
and did those feet walk in thongs or bare?
there would always be the chance
in ceremony the women dance, singing
up country
oh so icy precious
we found the path at midnight and
waited for the dawn
but shadows fell upon us, bedraggled
and forlorn
hear it fall from my hand
a memee under the bunya tree shares
stories
chance would now reveal the way
so that the grass still whispers of their
tread
(as) bovine spectres drift into the dusk
I think we'll disappear without a trace.

Kai Jensen

Art in our community ... what's it all about?

Each year, Sculpture Bermagui, a top five regional flagship event in SE NSW, provides the opportunity for thousands of locals and visitors to the Sapphire Coast, art lovers and the curious, to immerse themselves in some great art.

This well-respected event showcases the skill and imagination of established and renowned artists and is a proven launching pad for emerging talent from all over Australia and beyond.

Of international standard, award winning sculptors such as Jesse Grahame, Michael Purdy and Michael Le Grand have been exhibited. From Bermagui to New York is not a big step.

Curatorial Director Pauline Balos said, 'I feel honoured that our event has gained recognition. We encourage and showcase artists of all levels and to me that is very exciting.'

'Bermagui is a lovely, friendly town with much to offer,' said Exhibition

Director, Paul Payten. 'To have excellence in sculpture here really makes a visit worthwhile. Come and choose your Indoor or Outdoor favourite. The success of Sculpture Bermagui is down to the many volunteers in our community, seizing the opportunity to get up close and personal to unique sculpture and its creators.'

This year sees works by Suzie Bleach and Andy Townsend, Boyd MacMillan and Sam Anderson. Vlase Nikoleski also makes a welcome return with his prize-winning work.

Paul added, 'Sculpture Bermagui offers the Artists' Symposium, guided tours, live music and fire spectacles. The 2019 Opening Ceremony in the Community Centre leads us onto a Trail of Light and Sound, with the closing event on the magnificent Dickinson Point headland.'

Visit www.sculpturebermagui.com.au or on Facebook (SculptureBermagui).

Rehearsals underway for *Body Politic*

Now targeting the federal election, the SOAPI cast from last October's *Happily Ever After* is busy rehearsing *Body Politic*, also written locally in Wandella.

Body Politic is perhaps the edgiest theatre the Triangle region has seen, both hilarious and emotional. Cobargo will *not* be criticised for creating 'latte-sipping, avocado-eating snowflake' theatre (as the ABC reported in December is becoming an Australian aberration of theatre!)

The story follows four friends, dreamers, who meet in Cobargo for coffee regularly. They are suffering from nightmares related to the treatment of refugees, the environment and governance. The 'dreamers' come up with the craziest stunt before the election, and Cobargo will never be the same after the Prime Minister reacts.

Five performances are planned for the first two weekends of April. Book at www.trybooking.com—click on Buy Tickets and search 'Body Politic'. The cheap seats are on the first Thursday night (a preview). Teenagers are only \$10, to encourage an early interest in the arts and theatre.

Get more information on either Facebook or Instagram at @SOAPITheatre, or call 0403 113 624.

SOAPI is also looking for a few extras for BODY POLITIC, as well as actors for future productions.

They also plan a special production written specifically for teenagers later in the year.



Need a car for a day or two?

The community car is available to borrow.

See one of the women at Well Thumbed Books or book it by phoning Louise on 0416 039 895 or Linda on 0407 047 404

Art in the Triangle

***Depths of Light* by Shannon Garson at Narek Gallery**

Shannon Garson began her career as a painter in 1985 and completed a Bachelor of Visual Art from Queensland University of Technology in 1993. After graduating, Shannon began decorating for innovative Brisbane Gallery Amfora. From this her interest extended to throwing and decorating her own vessels, incorporating her skills as a visual artist into the work.

Shannon's exhibition work articulates landscape using domestic forms as vessels for drawings about the strange beauty and wonder to be found in some of Australia's remaining natural environments—a visual language mapping the experience of being in the landscape, creating a dialogue between domestic life and nature.

'I want the surface of the pot to be part of the drawing, not just a surface for the drawing to sit on. I want the whole pot to be experienced, from the weight of it as you pick it up, the texture, the drawing, colour, smoothness of the glaze—all the elements draw the viewer into experiencing the vessel.'

Shannon's studio is in a small rural town in the hinterland of the Sunshine Coast. *Depths of Light* continues until 23 February.



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'New Beginnings' for the Lazy Lizard Gallery

This month we are pleased to welcome Sylke Claridge, a German Expressionist landscape artist, to our little gallery!



Artist Sylke with her puppy

Sylke comes with a very long and impressive CV. It includes not only a wide area of study and qualifications in art, design and printmaking, but also exhibitions in Germany, France, Switzerland and Australia, where she has operated a gallery and curated exhibitions for some pretty renowned artists. She also participated with Aboriginal Elders during the Avalon Art Festival in the amazing Pittwater Surfboard Timeline sculpture ...

All very impressive stuff. However, while we simple country folk appreciate the importance of such matters, we have other values as well ... we need to sense the genuine essence of a person, to be sure that they appreciate the unique beauty of our area and the warmth and variety of our community. Sylke gets full marks. She has embraced our area with genuine love

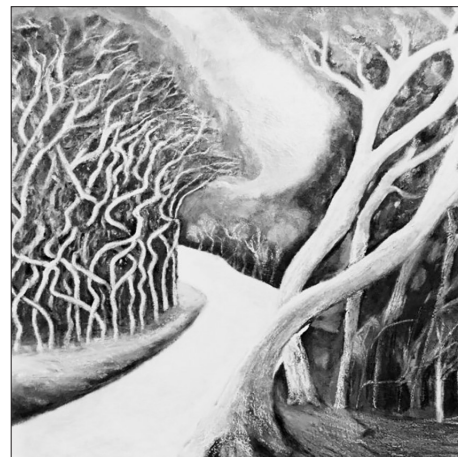
and enthusiasm. She has recently moved onto a few acres near Wallaga Lake, Tilba Tilba and she loves the nature here. She carries paints, water and paper to remote wilderness settings and lets nature speak to her as she works. Nowadays, country areas round Tilba and Cobargo, and beaches down the coast to Eden are her haunts. She says, 'I want to infuse my artworks with love and energy, so that they likewise exude this in their future homes.'

Sylke radiates energy, so her second favourite thing is (you guessed it) the Cobargo Bikram Yoga Group—a family of hot yoga enthusiasts!

Her exhibition, 'New Beginnings', will be in the gallery from Friday 1 till Thursday 28 February, and we will have an opening to meet the artist (recommended!) on Saturday 9 February, from 10 am.

Check out Sylke's work at www.art2enjoy.com.

Naomi Lewis

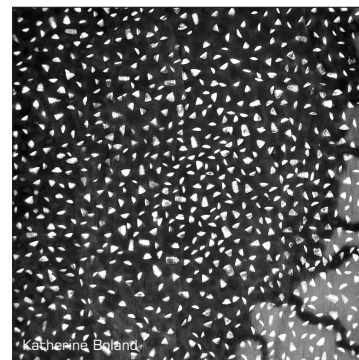


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Summer at Ivy Hill Gallery



Cheryl Davison, *Gulaga*, acrylic on canvas, 93 x 183cm

In her annual exhibition at Ivy Hill Gallery (running to 17 February), Aboriginal artist Cheryl Davison will show new work of detailed gouache and acrylic paintings on paper and canvas. Just completed is a major work of Gulaga Mountain with the beautiful black figure reclining under the night sky.

Exhibiting for the first time since

returning to the Bega Valley after a sixteen year absence is author and artist Katharine Boland.

In both 1999 and 2000 she was awarded first prize in the Bega Valley Art Awards and since that time she has undertaken a number of international artist residencies and exhibited in France, Italy, New York, LA, Turkey and Egypt.

Ceramicist Joy Georgeson has hand-built sculptures as monuments to local endangered species to raise an awareness of the importance of preserving these creatures.

Ivy Hill Gallery is located on the coast road between Bermagui and Tathra.

Hours are 10 to 5, Thursday to Sunday. www.ivyhill.com.au.

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Strides return to the Murrah this month



Strides fans are in for a treat this month at the Murrah Hall

To celebrate the release of the first single *She Give Me Lovin'* off their highly anticipated fourth album, The Strides are back on the road performing a string of shows up and down the east coast!

The Strides are a force for reggae music, fronted by roots man Ras Roni from Barbados, Fijian MC LTL GZeus and Sierra Leonian ragga powerhouse Blaka C. The Strides deliver a musical experience as explosive as it is authentic.

With three acclaimed albums under their belts and one set for release in 2019, a European label signing, festival appearances across the country, and having graced the stage with the likes of Third World, Julian Marley, Tony Allen and Groundation, The Strides' music faithfully builds on the foundations of classic roots reggae with a hip-hop edge, forging a sound that brings together modern dance hall, dub beats and reggae-pop.

After 10 years of touring, this world-class nine-piece has become a reggae institution, melding a diversity of cultures and instrumentation under the one universal consciousness.

Supported by local rapper legend Gabadoo, The Strides will play the Murrah Hall on Saturday 9 February at 8 pm. Tickets: \$20 presale online: go to www.southcoasttickets.com.au and search for The Strides or \$25 on the door.

Shop7 Artspace is calling for artists

Join us with your artwork for our *Cathedral* exhibition at Shop7 Artspace gallery, Fishermen's Wharf, Bermagui, 7 to 27 March 2019.

All visual artists in any medium in the South East Region are called to submit their entries by 1 March. Work is to be delivered to the gallery on Wednesday 6 March.

This open exhibition is in support of the Great Southern Forests project. This is a region-wide event advocating reorientation of our forests' management from industrial logging to ecological integrity. See www.cathedral-events.net.au for more info.

Our forests also have a social relationship and an identifying status—for those of us who relate to our beautiful spotted gums, for instance. Many of us refer to the forest entrance to Bermagui from the north as 'The Cathedral' for obvious visual reasons. This Great Southern Forests project is an appropriate theme for painters, photographers, sculptors but most other mediums as well.

Entry forms are available from Shop7 Artspace gallery or Jenny Mein by email: coastclay@gmail.com or helen.m.morris@bigpond.com.

Entry fees are \$20 per artwork. No commission is charged.



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Check our Facebook page for more information
or call for our daily menu - Ph: 6493 5915

16 Bunga St, Bermagui BYO. Eftpos
Facebook page: **Curry Bunga**

New year, new tasks

Welcome to another year of gardening tips and advice in *The Triangle*.

With the great rain we have received over the last few weeks or so our gardens should be looking great—apart from the grass growing faster than we can keep up.

This growth brings the usual tasks we can all associate with, and although these tasks can seem tiresome they are most essential in the overall upkeep of our gardens.

Dead-head roses and give them a light application of rose food. This will encourage new flowering wood for an autumn flush and also assist in the prevention of summer pests and diseases. Take care of diseases like black spot and powdery mildew with a rose fungicide and control insect pests like aphid with a systemic insect spray.

It's better to use a preventative program of maintenance than only acting once you have encountered the problem. Do a regular preventative spray rather than trying to control the problem when it becomes evident.

One preventative practice where chemicals are not required is to water roses



in the early morning, placing the sprinkler in such a position so the plants are not watered from above. This will also assist in the prevention of fungal diseases.

Summer pruning of fruit trees can also be done after the crop has finished. Thinning out a lot of the new growth made over the seasons since the major prune in winter will allow the tree to strengthen branches, giving it a better structure.

Plant hygiene is also crucial at this time. Collect all spoilt fruit from under the trees. Also remove and dispose of diseased leaves from under the rose bushes.

Perennial plants can also do with a tidy up, removing spent flower heads and any unsightly foliage that might have died. This will encourage another flush of flowers and carry through until early winter.

Setting up the vegetable garden for the autumn crop can commence now. Most of the summer crops will be finishing off so it's a good time to plan and prepare for the cauliflowers, broccoli, cabbages, onions and the like that prefer the cooler months

just around the corner. Dig over the beds and add some animal manure and lime and let things rest for a few weeks. By that time the weather will have cooled and the autumn seedlings can go in.

Remember to practice crop rotation therefore not following like crops with another previously planted.

Autumn flower seedlings will soon be available in nurseries so keep an eye out for pansies, viola, primula, poppies, stocks and so on.

For those of you who grow plants in pots, remember that the nutrient leaches out very quickly so it's important to fertilise regularly—every two to three weeks with a liquid fertiliser and a top-up with a slow release every 3-4 months. This will keep them growing strong and also help prevent disease and insect pest problems.

Good luck with all of the above—and bring on the cooler months!

Keith gives a gardening talk at 11 am on the last Thursday of the month at La Galette in Tilba Tilba. All welcome.



Improve your outdoor experience ...

Moon Planting Calendar 2019

(Mention this ad for a special price)

Insect Protection Head Nets

Sun Hats, Gardening Gloves

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Transdermal Mag Oil for muscles

KINETIX LIFESTYLE SHOP

Cnr Princes Hwy & Bermagui Rd
COBARGO 6493 6490

TILBA NURSERY

The Avenue, Tilba Tilba, NSW



Specialising in rare and unusual plants, herbs, organic fertilisers, mulches, Eden seeds and ECO friendly seedlings.

Previously The Spires Nursery -
we've moved to the Avenue,
Tilba Tilba (behind Pam's Store).

Owners | Keith and Desiree
Phone | (02) 4473 7196
www.tilbanursery.com.au
Facebook | @tilbanursery

OPEN 7 DAYS A WEEK
Mon - Sun | 10.00am - 4.00pm
Saturday | 9.00am - 4.00pm



Here are three reccipes for this abundant season. The tomato chutney and zucchini bread will last on the shelf / in the freezer long after they're gone from the garden.

Zucchini Bread

It's called bread but really it's a terrific moist tea cake and a great way to use up those zucchinis that got away.



500g plain flour
1 tablespoon baking powder
1 teaspoon baking soda
1 teaspoon salt
4 teaspoons cinnamon
6 large eggs
1 cup oil (sunflower, safflower, grapeseed)
2 cups (400g) sugar (half white, half brown)
680g grated zucchini
2 cups lightly toasted and roughly chopped walnuts

Preheat the oven to 160C. Grease two loaf pans.

Mix together the flour, baking powder, baking soda, salt and cinnamon.

In a big bowl, whisk together the eggs, sugar and oil.

Sift the dry ingredients into the wet and stir until just mixed in.

Stir in the grated zucchini, then the toasted nuts.

Put into the pans and bake for 1 hour.

Cool in the pans for ten minutes.

Slip a knife around the edges and remove from the pans.

Cool completely on a wire rack.

Wrap the cool loaves in film and leave for 12 hours before cutting.

Slice and serve. Freezes well.

Tomato Chutney

This will be a happy accompaniment to all things savoury in the months ahead.

5kg ripe tomatoes, peeled (remove top core, cut a small cross on the bottom of tomato then drop tomatoes in batches in boiling water for 30 seconds. When cool the tomato skins peel off easily). Then deseed the tomatoes by cutting them in half and squeezing the seeds out. Chop tomatoes roughly then put all the prepared

tomatoes in a colander to drain the night before.

7 onions diced finely

4 cups of sugar (could use less)

4 fresh bay leaves

1 large-thumb-sized piece of fresh, peeled ginger, finely chopped

4 cups of white wine vinegar

4 garlic cloves, finely diced

2 star anise

1 tbsp mustard seeds

5 birds-eye chillies finely diced (careful when handling – don't rub your eyes!)

In a large heavy pot, cook all ingredients down for about an hour or so, stirring to make sure the chutney doesn't burn on the bottom. If you have a diffuser that would be another safeguard against 'catching'.

You can bottle the boiling chutney into clean jars with metal lids. The boiling chutney sterilises the jar. Then you can store jars out of the fridge.

Cucumber Soup

This refreshing cooling soup is salad you can sip.



4 large cucumbers or more if smaller

1 small red onion chopped or a handful of spring onions, chopped

2 cloves garlic, chopped

¼ cup olive oil

2 cups packed with salad herbs (use what you have!—parsley, tarragon, basil, dill, mint, chives, sorrel, rocket leaves)

1½ cups greek yoghurt

Salt to taste

Peel cucumbers if they're large and cut into chunks.

Pick the herbs off their stalks, wash and dry.

Place everything into a food processor and blend well. Adjust for salt.

Refrigerate and serve cold.

Who does the work

The Editorial Committee

Linda Sang (President)
Sarah Breakey (Vice President)
Carolyn Banados (Secretary)
Bhagya (Treasurer)
Rosemary Beaumont
Ann Maree Menager
Kathy Wilson

Advertising

Book advertising space by ringing 6493 8369 or 0407 047 404 or email advertise@thetriangle.org.au

Layout & Design

Linda Sang and Bhagya

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Cobargo: Post Office, United Petrol, Well Thumbed Books, Black Wattle Gallery, Bowerbird Op Shop
Narooma: Information Centre, Library, BP station
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au

Postal address:

The Editors, The Triangle
PO Box 293, Bermagui. NSW 2546
ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Classifieds

STREET SALE/FUNDRAISER

The COBARGO INFORMATION CENTRE will hold a garage sale on Saturday morning, 9 February outside the centre in Cobargo. Your quality excess goods can be donated by ringing Ed on 0421 449 635. Come check it out and support the Information Centre in meeting their operational costs.

FREE

FREE !!! FREE !!!
2001 Daewoo Nubera Wagon
Unregistered. Good condition. Goes well.
For more info telephone 0487-799-805.

FREE 2.5 seater sofa - sofa and frame
excellent condition but cushions are
worn w1850 x d850 x h950. Pickup in
Coolagolite. Call Graeme 6493 6358.

FOR SALE

Panasonic 1100W Microwave \$100; 2 x Flat Screen
18" TVs \$30.00 each; Small White & Steel Ikea Table
and 4 Chairs \$100; Pine Coffee Table 4'x2' \$20. Open
to near offers. All as new condition. Phone 6493 3239.

Gedye 400 litre Compost Bins - \$60 for 2.
For more information phone Graeme 6493 6358.

TO RENT

Converted Shed within 7 kms of Bermagui -- Basic
one couple/person accommodation, sorry no large
dogs or small children. Please phone 0407 223 771.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

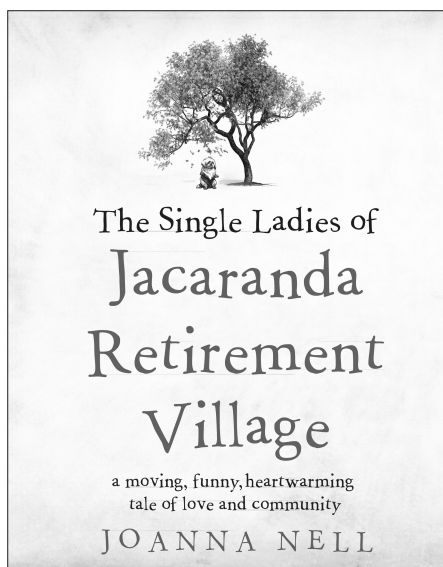
6. Deadline is **22nd of the month**. Any questions at all, please email us **contributions@thetriangle.org.au**

Check it out on our website:
www.thetriangle.org.au

Book Review

Heather O'Connor

Joanna Nell, *The Single Ladies of the Jacaranda Retirement Village*, \$29.99



Well, here's something new for the New Year, a new literary 'genre' (don't you hate that word!) It's called Uplifting Literature or Up Lit—as if Jane Austen isn't! 'Something to lift readers into a warm, fuzzy, happy place' is how it's described—an antidote to reading about disasters, violence, misery and Donald

Trump. Apparently, Up Lit was the leading trend at recent international book fairs, so it's probably alright to review at least one for the year.

I got sucked into buying this because I thought there are many of us who spend a fair bit of time thinking about aged care in all its forms, and the blurb on the back promised a good dose of taking the mickey out of retirement/aged care facilities. The main character is a 79 year old widow, reunited with her childhood friend who has seen off four husbands and is determined to grow old disgracefully. All fine so far. However, our heroine falls in love with one of the only eligible, still mobile blokes in the facility, and that part of the story dominates all the other much funnier things about an ageing community.

If you want a pretty mindless read on the beach to finish off the holidays, this will do just fine. However, if you want something really thought-provoking and uplifting, I suggest two new biographies—one by Kerry O'Brien, the other by Anne Summers. Both are giants in their fields; both feel like the 'sound-tracks' of my life. Two books that are a fabulous addition to Australia's cultural history—and Uplifting as well!

Pet of the Month

Deb Cox

Diablo, the 13kg mixed breed dog, is a friendly fellow and would make a great companion for a retired person or couple. He loves rides in the car, going for a walk, is good on recall and mixes well with other dogs. Although he is an older dog at nine years, he is very fit and healthy for his age.

Also available for adoption are Robbie the Rabbit, Maisey the year old blue/tan Australian Cattle Dog, and Tulip the red merle Australian Cattle Dog.

Please 'Adopt don't Shop'. Call Animal Welfare League FSC Branch on 0400 372 609 to enquire about any of the many dogs and pups available for adoption. The adoption fee includes de-sexing, microchipping, vaccinations and vet check. Prices are subsidised in the hope that these rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters.

Please note that potential dog owners will need to have secure, dog proof fencing and suitability to the needs of the animal. You can also check the Facebook page (Animal Welfare League Far South Coast Branch).

Caring is a great way to be able to enjoy the company of a pet if you are

between your travels or while you are deciding what type of pet you would like to adopt.

If you would like to have a chat about being a carer please call our information line on 0400 372 609.



Diablo is friendly and obedient, a good choice for a retired person or couple.



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool). Ph 6492 0314

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary.
Contact Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 418 406 068

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New
players welcome, tuition and, equipment provided.
Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights'
Open Monday and Wednesday afternoons
at the Bermagui Sports Stadium.
Contact: John Preston - accredited coach
Ph 02 6493 5887 mob 0429 179 184

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th
Saturday, tea/coffee 4.30pm start 5pm.
Discussion group 3rd Saturday. Meditation
every Monday at 11am. Other events see website
opensanctuary.weebly.com.
Inq: Linda Chapman 0422 273 021

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm
Discuss the Ageless Wisdoms of Alice A. Bailey
teachings. Phone: Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at
Umbarra Cultural Centre, Akolele. All men
welcome. Contact Bill Johnston on 0413 005 419
or Phil Baldwin on 0421 114 882.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details change, please advise us at
contributions@thetriangle.org.au

For the Fridge Door

FEBRUARY	WHAT	WHERE	TIME
Fri 1	Ecstatic Dance	Quaama Hall	6.15 - 8 pm
Sun 3	Live music: Passionate Fools, free	Cobargo Hotel	5 pm
Wed 6	U3A Information & Registration Day	Bermagui Country Club	10 am - 12
Fri 8 - Sun 10	Cobargo Show	Cobargo Showground	All day
Sat 9	The Strides	Murrah Hall	8 pm
Sun 10	Blacksmithing demonstration - Galba Forge	345 Yowrie Road, Wandella	1 - 5 pm
Fri 15	Ecstatic Dance	Quaama Hall	6.15 - 8 pm
Sat 16	Book launch: <i>Death in the Year of Peace: 1919, A Bermagui Mystery</i>	Well Thumbed Books, Cobargo	10.30 am
Sun 17	Doco: <i>Thunder and Dust - a Year with Sapphire Speedway</i>	Old Butter Factory, Cobargo	3.30 pm
	Live music: Dust & Echoes, free	Cobargo Hotel	5 pm
Wed 20	Full Moon Dance & Gathering	Quaama Hall	6 pm
Fri 22	Open Mic	Cobargo Hotel	8 pm
Sat 23	Lady Jane Community Inspiration Day	Bermagui Community Centre	10 am - 4 pm
	Live music: Cuppa Shred, Quite Like Pete, Paperhill, free	Cobargo Hotel	8 pm
Sun 24	Lady Jane Dance Company initial meeting and workshop	Bermagui Community Centre	11 am - 1 pm
	Sunday Sessions (TBC)	Cobargo Hotel	5 pm
Thurs 28	Live music: The Rayos (US), free	Cobargo Hotel	7 pm
REGULAR EVENTS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10 am-3.30 pm
	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
2nd Monday	Tilba CWA meeting	Small Hall, Tilba	10 am
Tuesdays	Quaama Singers	Quaama Hall	5 pm
	Trivia	Cobargo Hotel	7.30 pm
	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednesday	Bermagui Historical Soc. meeting	CWA Rooms	2 pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 - 11 am
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10 - 10.30 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Friday	Tilba CWA Meeting	Small Hall, Tilba	10 am
Saturdays	Tilba Market	Big Hall, Central Tilba	8 am - noon
	Cobargo Market	Princes Hwy (main street)	8 am - 1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Riverbank Working Bee	Rob's corner, Quaama	9.30 - 11.30 am
	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am - 12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am - 12 noon
ART			
Sat 9	Opening: 'New Beginnings', Sylke Claridge	Lazy Lizard	10 am
Sat 23	Opening: artworks by Kay Jensen, Sarah Freeman & Peter Jordan	Ivy Hill Gallery	5 pm