

THE TRIANGLE

COMMUNITY
NEWS

Est. Sept. 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

Circulation 1800 plus online visits

Issue No 179 October 2018

Costa shows up for Preschool garden fundraiser ... and a day getting dirty in the garden

The scrumptious smell of Soupadoopa soup, freshly baked Honorbread and excitement filled the air at Bermagui Community Hall on Thursday 13 September, as over 100 people joined ABC Gardening Australia host Costa Georgiadis in a night of broth, bread, beginnings and of course a beard or two.

Ex-preschooler Jasper Lay, now in Year 12 and studying music for his final exams, greeted us with beautiful acoustic music. Local Yuin Elder Warren Foster formally welcomed us to Country. Then we introduced everyone to the Moodji Cultural Garden Project taking shape right here in the heart of Bermagui—an inspiring space where our community can connect, grow, garden and learn about our rich Aboriginal culture and history.

It was then over to Costa who inspired us to look to Aboriginal knowledge and practices to cultivate and garden—our first Australians cultivated and lived off this land using sustainable practices for thousands of years. Costa urged us to look to this knowledge and to respect and learn from our oldest and wisest teachers of this great land. He also talked about the importance of engaging our young children with nature. He shared his observations of young boys in our local school engaged in deep, meaningful learning, having conversations, connecting, sharing knowledge and learning skills in outdoor classrooms. He also talked about how much joy he had during the day with the Preschool children, making sustainable newspaper pots and planting native seeds to be used in our Moodji garden.

Costa said we have amazing opportunities right here in Bermagui with wetlands, forests, oceans and pristine beaches right on our door steps—other schools he works with have to build wetlands in bath tubs! He encouraged us to get behind our Moodji Cultural Garden Project, not just for our community but



as a beacon for the broader community. He envisaged a time when airports, bus terminals and other places of gathering might showcase and welcome us with gardens that flourish with native flora, bush tucker and indigenous medicinal plants. Bermagui Preschool looks forward to using his inspiring ideas to help shape our Moodji Garden.

The next day Costa joined us at Bermagui Preschool for a day of gardening and getting grubby in dirt!

'I know Costa!' exclaimed one of the children. 'I've seen him on TV and he's a garden gnome!' We explained that Costa wasn't a garden gnome, but he really loved gardens ... but after spending the day with Costa we think he is really magical and he might just be a garden gnome after all!

The Preschool children welcomed Costa with a poem about little seeds, which Costa absolutely delighted in. Costa then shared lunch with the children, taking time to learn each of their names, talking to them about what they loved in gardens and really acknowledging their ideas and thoughts about gardening, while gently extending it with his own knowledge and suggestions. Educator Caitlin Brown (#bluebowerstudio) shared her knowledge and passion for mushrooms, with Costa

creating a podcast that can be viewed on Costa's instagram page, Costaworld.

We then got crafty making sustainable pots using recycled newspaper. This simple activity encouraged the children to think deeply about respecting our planet and other ways to reuse, recycle and live sustainably. The pots were then filled with dirt and seeds that will eventually be transferred to our Moodji Garden. The Moodji Cultural Garden Project is taking shape right here in the heart of Bermagui ... an inspiring space where our community can connect, grow, garden and learn about our rich Aboriginal culture and history. For further information or to become involved in this project please email bermikids@hotmail.com.

At Bermagui Preschool we believe a sense of wonder, and a belonging to and love of the land, nature and animals are critical for young children to develop lifelong, respectful, positive and proactive attitudes to our environment and to ensure our sustainable future. A big thank you to Costa for sharing this philosophy and working with us to learn and grow together.

Bermagui Preschool staff

For more on Costa and the kids, go to 'off the page' on our website www.thetriangle.org.au/off-the-page/

The *Triangle* Committee has created a simple and concise mission statement. It is: 'The Triangle aims to inclusively connect, inform, reflect and give voice to our local community.'

The stories we print are mostly from community groups and individuals. In that way we reflect our local community. If there are articles about some community concern, that is also what we publish. The proposed flying school at Frog's Hollow, south of Bega, is one such concern.

The proposed training school for

Letters to the editors

Dear Editor,

I am a reader and supporter of The Triangle so I read Evelyne Alexander's letter with interest and her comments about stories on art (too many), petitions about trucks (not needed) and human interest stories about locals (not enough). Everyone will have a view, in my case I enjoy stories about art, particularly if there is some depth in the stories about art and the artist. (what a good story Naomi Lewis' life and career would make). I think the Triangle is doing the right thing in supporting a petition about trucks going through Cobargo, and I agree with Evelyne and would also like to see more stories about locals and their lives. My criticism of the Triangle is that stories are now restricted to 300 words. The most important stories are most likely complex and it simply isn't possible to properly explain (nor is it desirable) in such simple terms as to fit into 300 words (previously the limit was 600 words which still wasn't enough). This reduction to the absurd is from the world of tweeting and Donald Trump.

The reality in our area of the Bega Valley Shire Council is that neither the Bega paper nor the Narooma paper (owned by the same company) write much about our area (I take it that this is why our local paper is called The (Bermuda) Triangle).

Important things happen here: the environmental degradation of Wallaga Lake through overfishing and negligent farmers, planning issues in Bermagui, traffic overload on the Princes Highway, the pluses and minuses of tourism development.

The Triangle is at the centre of this.

Chinese recreational pilots would involve thousands of low-level flights by trainee pilots between Moruya, Merimbula, Polo Flat, Cooma and Mallacoota airports. The Triangle area is under the unpoliced flight paths. Flight training would take place from 7.00 am to 6.00 pm Monday to Friday, with reduced hours on Saturday. It is conservatively estimated there will be over 50,000 take-offs and landings per year, with about 40 aircraft flying at any given time – this is over 170 flights per day spreading aircraft noise and pollution over

our homes and exquisite environments. Is this what we want?

In contrast is the wise and subtle care of the environment practised by the first Australians. Recently ABC gardener, Costa Georgiadis, joined children and families at the Bermagui Preschool Moodji Cultural Garden learning about the way Yuin people built houses and dams, sowed, irrigated and tilled the land. Costa shared his respect for Aboriginal wisdom and knowledge of using practices proved to be sustainable over thousands of years.

Responsibility comes with the territory of running a local paper. Stories which are important to the present and future of the area should be given sufficient space. Of course quality control is important, and having longer stories doesn't reduce the value and need for significant community stories. Triangle, you are more important than you possibly realise, please step up the ambition.

Keith Bashford

Fire!

Saturday 15 September. Strong, strong gale force winds. Tree brings down power lines. Suddenly, a fire has ignited in next door neighbour's property.

Thankfully they realised and rang 000. I spotted it too, also calling 000. Neighbours were alerted, they all responded.

Passing police arrived. Two fire units from Cobargo and two units from Quaama arrived in seemingly no time. Electricity workers arrived.

It's amazing what those fires achieved with their hoses. What could have become a major blaze was contained, and several hours later it was extinguished.

We can't praise enough the 000 staff, the police, electricity crews and particularly the Cobargo and Quaama Rural Fire Brigade teams. Thanks guys and gals!

Major lesson learned: simply keep two or three metres around the complete boundary of your property mown. It's absolutely amazing the difference this makes when trying to control a raging grass fire.

Peter Lacey,
Quaama

Bain-marie trays at large!

During the last couple of months several bain-marie trays have been removed from the canteen at the Cobargo Showgrounds, and not returned. The bain-marie cannot be used without the trays and they are expensive to replace. If you have forgotten to return them, could you please hand them in to the Cobargo Co-Op ASAP, as we have upcoming functions at the Showgrounds. Enquiries, Carolyn Cole, 0431 359 660.

Carolyn Cole
Cobargo

Can you help with the mystery at the Historical Society?

We at Bermagui Historical Society have a copy of page 5, issue 6 (Summer 1988-89) of *The Bermagui Bulletin*, with the first instalment of an article about 'The Bermagui Mystery'. We are keen to find the continuation of this article, which would have appeared in the Spring 1989 edition. Do any *Triangle* readers have a copy? I have not been able to find out how long this excellent little newspaper lasted, perhaps the readership of *The Triangle* can help with any information.

Dave Cotton,
Wallaga Lake

**Tell 'em
you found 'em
in the Triangle!**

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.



Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.
3. Send all **articles** as WORD or other TEXT documents.
4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!
6. Deadline is **22nd of the month**. Any questions at all, please email us **contributions@thetriangle.org.au** check it out on our website: **www.thetriangle.org.au**



Stringybark desperate for rain decides it can't wait any longer. Tree down in 'Hotagolite' during Saturday's gale force winds (photo: Peter Logue)

Thumbs UP



To the Quaama sisters who have generously opened their gates to their neighbour's cattle in times of drought. It's greatly appreciated.

To Bega Council for erecting the Welcome sign outside the Bermagui Library and Community Centre (even if it took them five months to actually do it after their announcement in May for International Refugee Day).

To those who are putting time, energy and creativity into revamping the Bermagui Seaside Fair. How about applying for a grant to research the most successful fairs both here and overseas?

To Patricia Coutant from La Galette in Tilba, who has added a new dimension to 'soldiering on'. We hope she will be 100% soon.

To Veronica Abbott from Cobargo Creators who is developing a summer season of house concerts. This is a great way to support both local and overseas musicians and to help the community build new connections.

Thumbs DOWN

To the loss of neighbourliness. Where are those that welcomed newcomers with tea and cake or brought them a bowl of soup when ill? The need to protect 'our space' seems parsimonious and mean-spirited.

To the well-worn and meaningless way of greeting all customers with the same, 'How are you?' said with no real interest in that person, as you continue your tasks. Then finishing the transaction with 'Have a wonderful day'.



Who does the work

The Editorial Committee

Linda Sang (President)
Sarah Breakey (Vice President)
Carolyn Banados (Secretary)
Bhagya (Treasurer)
Rosemary Beaumont
Ann Maree Menager
Kathy Wilson

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Book advertising space with Sarah Breakey
0455 745 985

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Linda Sang and Bhagya

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Accounting Services: Fredrick Tambyrajan, Cobargo

Distribution Service: Linda Sang

Distributed by Australia Post and available from:

Bermagui: 777 Supermarket, Visitors Centre, Library, Newsagency, Post Office, Blue Wave Seafoods, Bermagui Country Club, Bermi's Beachside Takeaway
Central Tilba: Post Office, ABC Cheese Factory, Tilba Sweet Spot, Tilba Winery
Cobargo: Post Office, United Petrol, Well Thumbed Books, Black Wattle Gallery, Bowerbird Op Shop
Narooma: Information Centre, Library
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au
Postal address:
The Editors,
The Triangle
PO Box 293, Bermagui. NSW 2546
ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Bermagui Banter

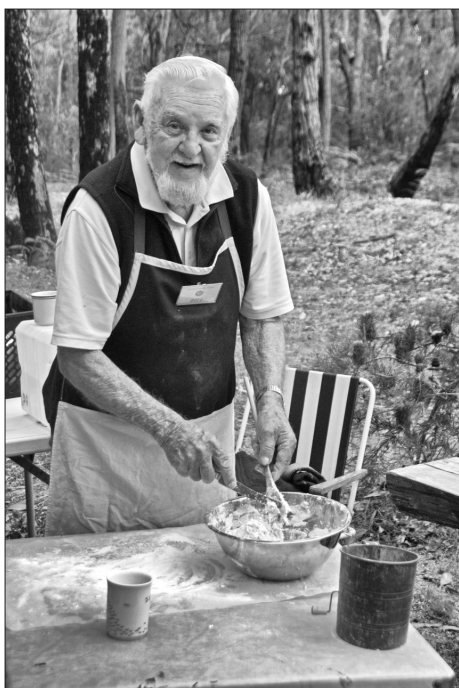
Ann Maree Menager

So much is happening in Bermagui this month! Here's a brief run-down:

Our Bermagui Growers Market is back on every Thursday from 4 October at the Fishermen's Wharf (returning to the usual venue). The Market will be open at 2.30 pm for business. Come along and buy some locally grown and produced fruit and vegetables, plants, jams, pickles and baked goods, to name just a few of the tasty treats available.

On 6 October come to the Montreal Goldfield Heritage Day, 9.30 am to 2.30 pm. Tours all day; billy tea and damper; bullocks and bushrangers; lots of kids' activities; music all day; stalls; gold panning and lots more. All included in the \$7.50 pp or \$25.00 per family entry.

And still at Montreal Goldfield, an awesome event on the open-air stage with Jan 'Yarn' Wositzky - raconteur, musician, songwriter and singer, performing *The Monster Meeting—Fie on Pusillanimit*



Goldfields volunteer making damper (photo: David Cotton)



Nippers at the Bermagui Surf club – Horseshoe Bay

(cowardice), at 2.00 pm (sharp) on 13 October. A cup of tea is available after the show and/or wander across to the Camel Rock Brewery on your way home. Tickets \$20.00 per person. Pre-booked tickets available for front seats. The performance will be moved to Bermagui in the case of bad weather.

Both events will be held at the Montreal Goldfield site, Wallaga Lake Rd, 7 km north of Bermagui. For further information please contact the Bermagui Visitor Information Centre, 6493 3054. Or see www.montrealgoldfields.org.au.

Keep an eye open for the second book written by the children at the Bermagui Public School, *The Runaway*, which the Committee hope to have printed this month. A launch is planned during the 'Festival of

Face' in Bermagui in November. This book, with the first publication, *The Lost Joey*, will be available for sale in time for Christmas. Something uniquely Bermagui for the Santa sack!

FOGO (Food Organics and Garden Organics) commences in Bega Valley with weekly green bin collections to be started on 29 October. It is expected this initiative will divert more than 1000 tonnes of compostable organic waste from landfill. Be careful not to contaminate the contents of the green bin with anything not plant-based. Check out the Council's webpage for more details. FOGO is considered any food waste including fruit and vegetable scraps, processed food and leftovers from meals such as meat, fish, chicken, bread, egg, egg shells, dairy products, coffee

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Bermagui Banter

grounds and tea bags. Garden waste can include grass clippings, flowers and herbs, small branches and leaves. Paper towels, compostable plates, and compostable bags can also be disposed of through a FOGO service.

The Bermagui Surf Club is having their annual Bermagui Nippers sign-up day on Sunday 14 October. Bring along your nippers (ages of 6-13) to join up. Training is on Sundays at 10 am. There will be opportunities to compete in carnivals if the kids would like to, and parents are required to join in too as it is a family affair. For more details email bermisurfclub@gmail.com or phone 0459 238 442.



Take a sail trip on the Pelican I to see the whales. This 19-metre sailing catamaran is berthed in the Bermagui Harbour and you can book a trip by calling Garry on 0425 727 553. Trips can be booked up till 30 November 2018. Bookings are essential.

There's a free Family Fishing Day sponsored by Bermagui Bait and Tackle on Sunday 7 October at 2 pm, with kids' fishing clinics, give-aways and a BBQ in the park across from the store in Lamont Street on the Bermagui River.

Oktoberfest will be celebrated at

Camel Rock Brewery over the weekend of 6-7 October.

The Bermagui Historical Society will be open from 10 am to 2 pm on the Friday and Saturday of the long weekend (29 September - 1 October). Pop in and see the displays in the new venue at the Bermagui Community Centre. New volunteers are always welcome, in fact much needed! So if you have a spare hour or so a week please consider offering your services to this invaluable repository of our past. You will be amazed at the wealth of information and the beautiful collection of photos and memorabilia held in the Society's collection.



New Historical Society displays
(photo: David Cotton)

(sponsored article)

Regain your Health

Energy healing is a form of self-healing, that uses the body's own energy field to help heal itself.

We live at a time where we are lucky to be able to access modern medicine and all its benefits. We can also access many self-healing techniques which have been used and proven over centuries by traditional cultures, such as 'healing hands', herbs and energy healing.

These two approaches to health care work well together and can produce incredible results

Most importantly, you can actively participate in your own health care to discover abilities within yourself which can help you heal. When our energy is flowing well, we are healthy.

I have spent over 40 years working on myself, treating PTSD and physical issues and found that once we integrate our energy, it can heal us.

I am running a series of workshops for beginners who are interested in being involved in their own healing. You will learn how to recognise your energetic patterns and release those that do not promote wellbeing.

Introductory 2 hour session

Where: Cobargo SofA Supper Room

When: Sunday, 4 November 10am to 12

Cost: \$10 / concession \$5

Enquiries most welcome.



Maggie Camfield

0400 670 922 or

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Bermi's Festival of the Face

The Festival of the Face is a celebration of the creative industries, the arts, cultural activities and innovation across the Bega Valley Shire.

The third biennial Festival of the Face will run from 10 to 24 November and the Bermagui Area Chamber of Commerce and Tourism is very pleased to announce Bermagui's participation.

The theme for the Festival in Bermagui is 'The Face of Bermagui' with contributions invited from local artists, businesses, organisations, groups, schools and community members.

Because art is many things, there are no specific rules governing an entry to 'The Face of Bermagui'. So let your imagination go a little wild. For instance, paint on canvas, capture an image in a photo or video, weld metal or shape wood, build a display, fire clay, sew, knit or embroider. Or it could be in song, dance, poetry or storytelling.

It's your choice about what, how and where you present your interpretation and expression of what you see as 'The Face of Bermagui'.

Entries will be photographed or filmed and an 'album' created. The album will be displayed at an event hosted by the Bermagui Chamber on Saturday 17 November at the Bermagui Country Club.

For further information and details on how to register your interest in participating, contact Christine Bimson at the Bermagui Visitor Information Centre on 6493 3054, email vic@bermaguichamber.org.au or call into the Visitor Information Centre in Bunga Street.

Carolyn Banados

Bermagui and District CWA News

Members of the Bermagui and District CWA recently held a raffle for drought relief. Ladies contributed 'Made in Australia' products for a food hamper and Woolworths Bermagui kindly provided a box of fresh fruit and vegetables. Winners Nancy Whackett and Margaret Marshall, both of Bermagui, were delighted.

Proceeds from the raffle will be forwarded to the New South Wales CWA Disaster Relief Fund for distribution in NSW. Assistance is available to help

drought-affected families meet household expenses, up to a maximum of \$3000 per family/household. Information is available on the CWA of NSW website.

The next meeting for Bermagui CWA will be on Friday 12 October at 11 am, followed by the Annual General Meeting at 1 pm. There will be a sandwich luncheon between the two meetings. All welcome.

*Chris Richard-Preston,
Publicity Officer, Bermagui and District*



Kristy from Bermagui Woolworths draws the food hamper raffle with Bermagui CWA member Jenny Halliday.

The Triangle Inc Annual General Meeting

will be held on 8 October 2018
at Well Thumbed Books at 5pm
We are having the AGM followed
by our committee meeting.

Linda Sang, President

Cobargo Post Office



Post, Banking and NSW Lottery



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Bermagui Banter

Marcus William Shaw

Marcus 'Macdog' Shaw grew up in Bermagui with his twin brother Julian and his elder brother Samuel. He attended Bermagui Preschool, Bermagui Primary School and Narooma High School, completing Year 10. After completing his Certificate III in Caravan Park Operations and Management he took on the role as co-manager of Zane Grey Tourist Park in Bermagui with his parents Pat and Nancy.

Marcus played soccer for the Narooma Devils and was heavily involved in the Bermagui Breakers AFL team as a player, coach and mentor, winning numerous awards over the years.

Marcus was awarded The Seaside Fair's Junior Citizen of the year in 2011. He was involved in the Bermagui Surf Life Saving Club for many years, joining nippers at the age of five along with his brothers and many friends. In 2017 he embarked on a charity run from Bermagui to Batemans Bay, raising over \$2500 for the Cancer Council.

Marcus left Bermagui in 2012 to live with his brother Julian in Melbourne, then moved to Warrnambool for two years to be close to his Grandma, Uncle, Aunty and cousins whom he adored, and to play the game he loved the most—Aussie Rules. Then he moved back to his beautiful home town to work, play footy, surf and share the love he had for his parents, his brothers, his mates and his much-loved dog Ronnie.

Marcus passed away on 11 May 2018 as a result of an unimaginable, tragic, shocking accident. He was 26.

Patrick, Nancy, Sam, Julian and our extended family would like to thank, from the bottom of our broken hearts, our amazing friends and community for the support, love, tears, generosity, compassion and kindness at this most devastating time in our lives.

The Shaw Family



Marcus and Ronnie



Francis Mills: generous, hard-working and ethical ... a good friend

Vale Francis Mills, great neighbour, self-taught builder and bass player extraordinaire

I met Francis when he wandered into my garden and offered to fix a garden swing that the removalists had, he suggested, thrown in a pile, from a great height.

Francis spent hours on bitterly cold, dark evenings after work rebuilding and strengthening joints and then placing the swing down by the water. We often sat on it sipping tea and watching the pelicans, yellow robins and kingfishers. Now I sit on the swing every day alone, missing my generous, knowledgeable and compassionate friend. We had great conversations, shared insights and dreams.

Francis was a self-taught builder with a great capacity for hard work. Francis made a committed member of a band or building team. He acted professionally and called out those whose work behaviours were dishonest.

Francis had a deep love for his adult children Rosie and Edo. Music was another great love. He played in Mo Chevy and assisted other bands that needed bass players.

Francis worked hard to deal with the addictive demons that pursued him and held on tight. He would quietly provide, to others who needed help, a bed, a hot meal or a friend to talk to. He also regularly delivered firewood to the Koori Village for free, saying it was his rent for living on their land.

An ethical, compassionate, generous and intelligent man, his loss is deeply felt by many. Francis, aged 53, died of multi-organ failure. There will be a memorial service in Bermagui.

A memorial will be established in his memory; please let me know on 0419 767 847 if you would like to contribute.

Deborah Taylor

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Spring has sprung, September has slipped, dust through our fingers. The start of spring was characteristically awash in pink peach blossom, dripping over the top wreaths of purple wisteria and snuffs of wafting jasmine. The first week was marked by a soft, succulent shower of fresh water from the sky—I think it's called rain? Nothing particularly ground-shaking or drought-breaking, but something. Like gratitude itself leaking from the heavens, thank you, thank you, drip, drip, drip. Since then however, I have stopped looking at the weather reports, it's all tease and no substance, and even the ants and the black cockies seem to be terribly unreliable. So with both the old wives and the meteorologists offside we can do nothing but watch the clouds pass over us. Mocking with their swollen tummies and juicy lips.

So while the frost-burnt grass and browned-off, drought-stricken country still sports the winter beige, the sun is screaming otherwise and collectively we reach for our hats ...

The days lengthen, we stretch, breath deep and, despite the dry, feel some optimism sneaking back in. Cobargo has been deep in its hibernation this year, curled up tight and comfy, only stirring to stoke the fire, or ward it off as the case has been. And while tourists who have ventured this far south in the past months may have said dreamily 'what a sweet, sleepy little town', living here is another matter and I can't wait for a little more action.

So while the highway roars on and on, heavier than usual with more than half of the alluvial soils of Dignams Creek being relocated to our Showground this month via Hoyer St ... by and by, it's time we stirred it up and made a little noise of our own.

Of course not everyone has been in hibernation. In fact one business in particular has been raising a sweat all

through the winter months, actually all year round for five and a half years! Our little Bikram yoga studio is now so hot it's pumping out international quality yoga champs! Thanks Amrei for keeping that little red door open. The hard work is obviously paying off.

The rest of us might need a little help shaking off the chills, but the perfect opportunity for this is already on the calendar. So don your glad rags and shake off the winter lethargy and dusty cobwebs—if there are any left after that wind... The good ol' Cobargo Pub is putting on a party on 5 October, celebrating its revamped beer garden and new kiddies playground. And with the Swamp Stompers and Cup a Shred on the menu, it's bound to warm us up and kickstart those hibernating heart beats.

I had a quick chat with Corey from the Swamp Stompers, not quite a Triangle local but close enough to claim ... He is excited to be headed homeward, in the midst of a tour that spans from Queensland to WA, to land amongst a comfy crowd of local fans and friends. After a couple of awesome shows at this year's Cobargo Folk Festival, Corey says they thought the Cobargo Pub would be a sweet spot for their Bega Valley Gig.

The Swamp Stompers began in country pubs, born out of beer-soaked carpets and the cheers of friendly local folk, so the gig will be a homecoming in more ways than one. Make sure you head along, go on ... abandon your fires, and ugg boots, leave the left-over soup for the dog, winter's done, so let's get on with it.

Maybe we could even have a rain dance.

And while spring has brought new life to many, for one of the town's finest it is onwards to new things. Jon Jones, this little town shall mourn your daily wanders and friendly chats. Good luck for whatever may lay ahead. You shall be missed. x

SO AHhhh ... an explanation and invitation

SO AHhhh... It all began, as we entered into the season of abundance last spring, being somewhat unemployed and full of ideas, when we (the SOAHhhh familia), decided to, ahhh... cook up a storm of enjoyment on the last Saturday of each month. A pop-up cafe of sorts, sporting a crazy array of foods from all over, a semi-themed smorgasbord to get your juices flowing ...

So for one long year we have been putting on this tiny little community builder in the hopes of bringing the people of the area out and together in a joyous celebration of food and fun times. Using, where possible, surplus, locally grown food, garden extras traded for cooked delicacies on the day.

Our anniversary is this coming 27 October and to celebrate we will be exhibiting a collection of photographs from the year and putting on the usual unusual incredible spread. We welcome stalls and buskers of all types, people of all varieties, talkers, thinkers, eaters ... in celebration of the SOAH space (School Of Arts Hall, Cobargo), a fresh scene to unravel how we will it ... and hopefully another year of fun and community collaboration.

Come eat, come sit, or stand and soak in the vibes. It's going to be So Ahhhh... mazing!

If you want more info or have surplus to trade, please ... soahhh.cobargo@gmail.com

Leah, Rebecca and friends x

**Tell 'em
you found 'em
in the Triangle!**

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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Cobargo kids shine

Isla Miller, one of our school captains for 2018, has been recognised as this year's 11-years girls' Athletics Age Champion for the Far South Coast PSSA. This is the second year she has won this prestigious award—a tremendous effort! She is now off to Canberra to represent Cobargo PS at a regional level. What a great role model.



Nathan applies scientific theory to make paper planes soar.

And Nathan Welsh has been recognised in this year's NSW Young Scientists Paper Planes Competition for placing third in NSW for the regional 'time aloft' category. Nathan's an amazing student, with loads of scientific potential!

*Campbell Kerr
Cobargo Public School*



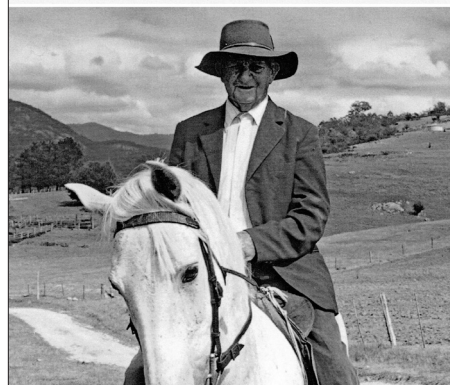
Isla Miller. What a great role model!

Tracks in the Wilderness: Historic Bridle Paths in south east NSW

This publication has been donated to the library through *The Triangle* and will be of great interest to local historians and community members. It describes the history and uses of bridle paths in the region stretching from Braidwood to Batemans Bay and to the Victorian border, covering early exploration, bushrangers, gold rushes, and the importance of the tracks to the local Indigenous people. A highly recommended and valuable addition to our local and regional knowledge.

Heather O'Connor

Tracks in the WILDERNESS



Historic bridle tracks in
south east New South Wales

The Bowerbird's dilemma

Since its opening, the Bowerbird Op Shop has been able to donate thousands of dollars to our local community. It has become a very popular Cobargo business with a reputation that extends far beyond its boundaries. It is based on the generosity of volunteer time and the donation of pre-loved goods. The Bowerbird provides us all with the opportunity to REDUCE our impact on the environment by REUSING and RECYCLING clothing and household items. We have all found special treasures and many a bargain within its doors.

Over the years the Bowerbird has accumulated far more goods than it's possible to display or sell. Bags of suitable items

are regularly sent on to other stores or services. And there are frequent generous sales. But some goods are just not saleable anymore and unfortunately some never were. They just have to be 'dumped'! Nobody enjoys doing this but it is the harsh reality of our consumer society. Waste is a built-in end-product. And the Bowerbird incurs the cost of taking these items to the tip.

So please help the Bowerbird reduce its costly waste expenses by only donating clean, usable items that someone else might find useful and want to buy. After all, Bowerbirds put a lot of time and effort into making their display attractive!

The Bowerbird Op Shop

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Dear Jon, 3.5.1953 – 11.9.2018

How to sum up a person's life in a few paragraphs? You really can't—the dates and lists of places lived or significant career changes don't paint a full picture of a life. But we can start with Jon being born on Phillip Island. He was the youngest of three; sister Liz was next and Penny the eldest. He grew up and became an electrician and worked with Telecom. In the late 1970s he moved onto a bush block near Verona where he built a rustic cabin and lived there with his late wife Jalila, and his two stepsons, Milo and Jarrah.

The Jonathan Jones we remember was the tall, rangy man who wore a cap. We saw him most days walking around town with his beloved terriers. He had an innate old world courtesy, unfailingly polite, stopping to talk to friends and acquaintances, going back to his Rustic Furniture workshop and showroom down the laneway between the chemist and Blackwattle Gallery. He created a space that was bursting with wood-working tools, slabs of wood, burls, natural curiosities, twisted branches and twines, ancient machinery, feathers, rocks, books, furniture in-the-making and orders to be picked up. Examples of interesting

and inspired uses of wood incorporating their natural shapes spilled out of the shed. His workshop was dark and shadowy, but always welcoming; there were often visitors, young and old, sharing a cuppa and a conversation with him. It really was one of the original 'men's sheds'.

When Jon was able to move into his house in Bermagui Rd it was his dream come true. It became the true expression of himself and he loved living there. Jon loved his house and the bush; he loved Cobargo and the community. They say it takes a village to raise a child, and the same is true for all ages. Penny says Jon was really touched by the outpouring of support and well wishes from people in the community. And that was such an affirmation of Cobargo comfort for his main carers, Penny, Tony, Liz and Milo.

A gathering to thank all who have supported Jon and his family and to remember him is at 2 pm on Saturday 29 September at Apex Park in Cobargo. Refreshments will be provided. All welcome.

Linda Sang



Jon and Sioux



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**Course enquiries: www.bermagui.u3anet.org.au
or phone Jan Rivers on 0409 901 672**

An overview of courses and activities so far ...

**Old favourites such as: Computer Classes, Linguistics, Tai Chi,
Opera Explored, Boules & Picnic, French Conversation and
many more ...**

**New Classes/Courses/Excursions: Bird Watching Field Trip, Cryptic Crosswords, Geology of our
Coast and Region, Library e-Resources, Speaking with Confidence, The Maghreb.**

**Many other courses are being finalised and details of these will be available in our Term 4
Newsletter and at the Information & Registration Day.**

CWA News

The Country Women's Association (CWA) of NSW holds an annual 'Awareness Week' to focus on issues in rural and regional Australia.

The National Rural Health Alliance found, in rural, regional and remote Australia, access to medical services was half the rate of metropolitan Australians. Access to medical specialists was at a third of the rate, and to mental health and allied health professionals at a quarter the rate.

In Cobargo, we chose to look at the positives as well as the negatives and focus on what *is* available and how we can help ourselves and the communities we live in.

On Awareness Day, we had a luncheon at the CWA Cottage with an informative session. Dr Jasmine Ventura spoke of the options we have when dealing with our local GPs to get the information about services that do exist but may not be well known. Helen Kuriger, Social Support and Respite Coordinator working with the Bega Valley Meals on Wheels group spoke about services under the Commonwealth Home Support Program umbrella. You can call (02) 6494 7456 for more information. Our final speaker was Lori Hammerton, from CanAssist – the Cancer Assistance Network. This organisation raises money to provide practical financial help to people with cancer. Our local CanAssist Liaison Officer can be contacted on 0439 328 634.

Lynn Lawson
Cobargo CWA (Cultural Officer)

emailmailmail

The Triangle's email address is
contributions@thetriangle.org.au

A death with meaning

The next monthly community documentary screening in the Old Cobargo Butter Factory will be on Sunday 21 October at 3.30 pm, *A Will for the Woods*, directed by Amy Browne, Jeremy Kaplan, Tony Hale, and Brian Wilson—"a film about a life of purpose and a death with meaning".

What if our last act could be a gift to the planet? Musician, psychiatrist and folk dancer Clark Wang prepares for his own green burial in this immersive documentary.

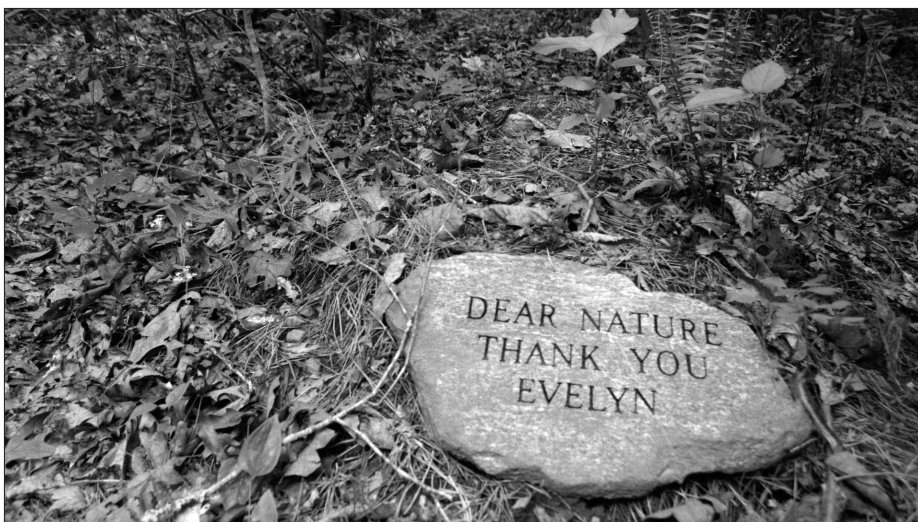
While battling lymphoma, Clark has discovered a burgeoning movement that uses burial to conserve and restore natural areas, forgoing contemporary funeral practices that operate at the ecosystem's expense. Boldly facing his mortality, Clark and his partner Jane have become passionate about green burial, compelled by both the environmental benefits and the idea that one can remain within the cycle

of life rather than being cut off from it. The spirited pair have inspired a compassionate local cemeterian, and together they aim to use green burial to save a North Carolina woods from being clear-cut.

Making the most of the time that he has, Clark finds joy in his music and dance, connection with his friends and family, and great comfort in the knowledge that his death, whenever it happens, will be a force for regeneration. The film follows Clark's dream of leaving a loving, permanent legacy, and environmentalism takes on a deeply human intimacy.

Documenting one community's role in the genesis of a revolutionary movement, *A Will for the Woods* draws the viewer into a life-affirming portrait of people embracing their connection to each other and to timeless natural cycles.

Watch the trailer—search Vimeo.com for 'A Will for the Woods'.



Clark Wang plans his own burial and saves a North Carolina woods.

The Cobargo School of Arts Annual General Meeting

5.30 pm, Wednesday 24 October 2018 in the Hall Supper Room.



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Spring Horse Show and Gear Sale

The Cobargo Show Society, along with the Cobargo Horse & Trail Riding Club, have been busy preparing for the combined Spring Horse Show and Gear Sale on Saturday 27 October 2018 at Cobargo Showground. There will be the usual brilliant hack rings alongside the always entertaining show-jumping rings. The rings all commence at 8.30 am.

The Trail Riding Club will be in the main pavilion running their ever-popular Gear Sale, which presents the opportunity for people to empty out those tack sheds and make some money. The committee will be at the grounds on Friday 26 October from 3.30 - 5.30 pm, and from 8.30 till 10.30 am on the Saturday, to accept gear. The Sale will open at 12 pm at the hack and show-jumping lunch break. The usual fantastic raffle will also be run and barbeque facilities will be available all day. It is free entry into the ground, however there will be the opportunity to purchase a \$2 raffle ticket at the gate. The raffle prizes range from cash to horse feed to jewellery and so much more. Unfortunately, due to the drought, at this stage none of the cattle events will be held. But if the heavens should open up that situation may change!

On Sunday 28 October the Bega Show-Jumping Club will host a full day competition in conjunction with the Far South Coast Dressage Club's day of dressage competition.

The Show Committee have been very busy erecting new fences at the entry to the grounds and around the cattle arena. The development of the grounds never ceases from year to year and the Committee are always looking for new, enthusiastic members to help stage a fantastic show in February. It is a terrific way to become involved in our great little community.

The committee is also hosting a drought-breaker dance on 1 December at the School of Arts Hall with the Garry Carson Band. Come along and let your hair down, have a dance, a chat and a whole heap of fun. We will be hosting our showgirl judging on the same night. We are seeking young ladies aged from 12 to under 18 for our Junior Showgirl and 18 to less than 25 years for our Showgirl. There's a lot of pride in being the ambassador of such an awesome community event as the Show. We encourage all our youth to participate in any way at our show and experience good, clean, wholesome fun.

For further information about the spring show, phone Lynda on 0490 714 684 or Janelle on 0488 712 454. For show-jumping phone Madge on 6493 6599. For the Gear Sale phone June and Richard on 0400 350 814 or Julie on 0408 296 912. Showgirl enquiries: Christy 0401 383 952 or Lynda or June (numbers above).

June Tarlinton



YUIN FOLK CLUB INCORPORATED 2018 ANNUAL GENERAL MEETING

The 2018 Annual General Meeting of the Yuin Folk Club will be held on Saturday October 13, commencing at 10am.

Venue: CWA Cottage
Cobargo-Bermagui Road, Cobargo

Signed: Carolyn Griffin
Secretary, Yuin Folk Club Inc

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Cobargo School of Arts Hall

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Busy month for Cobargo Brigade

The last month has been very busy for the Cobargo Rural Fire Brigade. Members attended several local grass fires, bushfires and other incidents, as well as providing fireground support crews into the ongoing Yankees Gap Road bushfire.

A number of members have also been involved in operational support roles at the Bega Fire Control centre and in community liaison for the Yankees Gap Road fire.

Unphased by all this, the Cobargo Brigade also found time to coordinate a multi-Brigade training day involving 37 members of the Cobargo, Bermagui and Quaama brigades as well as the Bega Vehicle Rescue Association. The day included practising structure fire suppression using the regional 'smokehouse' training resource, as well as an afternoon of simulated motor vehicle fires and trapped passenger rescue scenarios using the 'jaws of life' to cut occupants from damaged vehicles.

Later in the month Cobargo and



Future fires line up for a go with the fire hose at Cobargo's 'Get Ready' event.

Quaama Brigades combined to stage the annual bushfire season 'Get Ready' event at the Cobargo Co-op. Members of the local community learned about property preparation and personal bushfire survival ahead of the coming peak bushfire danger period.

The event included structure firefighting demonstrations using the 'smokehouse' and fun for the children, who sat in a fire truck with lights and sirens operating, and used the fire hose to douse a nasty 'Mr Fire'.

The Brigades gave out helpful bushfire survival information, and of course we ran another popular sausage sizzle.

As always we invite interest from anyone considering joining the Brigade and experiencing the rewards of helping to protect and serve our wonderful Cobargo community.

For more information please contact Secretary/Treasurer Lisa Ayliffe on 0429 936 476, or come to one of our fortnightly training nights at the Cobargo Fire Station, this month on Thursdays 4 and 18 October at 7.00 pm at the Fire Station, Wandella Road, Cobargo.

John Walters



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Not much has changed since I sat down last month to write. Not much rain to speak of, the horrific fire to the south, the dedication and hard work of our volunteer firies, the unstable spring weather ... yet our communities continue to be active and getting on with things, sharing and caring.

Well deserved

The Eurobodalla Business Awards celebrate business excellence throughout the region, with winners proceeding to the Far South Coast Regional Business Awards, perhaps to go on to represent the region at State level. All NSW council areas participate and there's a range of business categories.

Tilba Real Dairy is no stranger to these awards, having won the Eurobodalla Business Tourism Award in 2015. Now this family-run business has been awarded as the overall winner of Excellence in Small Business, 2018. And along with this prestigious award, Tilba Real Dairy received the People's Choice Award for the Tilba area. Congratulations to Erica, Nic and their team from us all. Regional awards will have been announced by the time you read this, so who knows? Tilba may have a Regional winner.

Two local accommodation businesses were finalists in their relevant categories—Tilba Lake House and Oakleigh Farm Cottages.

Central Tilba Public School—for a small school, we do big things!

Soccer is a big thing at this small school. This was very evident on Friday, 7 September, when the long awaited soccer match between Burrumbuttock and Central Tilba schools took place in Queanbeyan.

Coach Mr Markham describes their play:

'After a stern but passionate speech about playing first for their team by the coach at half time, Tilba returned to the field for the second half to play one of the best halves of football seen by the Tilba supporters who found it hard to contain their enthusiasm. The stoic defence by the backs, the fearless hustling by the midfielders and selfless passing of the ball by the forwards led to two more magnificent goals causing much exuberance on the sideline and two parents having to be attended to by the team doctor.'

With this three-nil win the Central Tilba team was assured a Round 4 playoff against Cowan. After an hour's break the team was back on field to face up to a fresh and confident looking Cowan team. Despite a slow start, the Tilba team found its second wind and with strong play between the midfielders and forwards scored a magnificent five goals (one was conceded) of a very high standard.

Now to the state finals (the first game will have been played by the time you read this). So, fingers crossed ... and well done so far to everyone involved: students, teachers, staff and families. There has been lots of organisation to get this happening, including Sydney for the finals.

Logging has begun

The Corunna Forest Protection Group was notified on Friday, 14 September that Forestry NSW had approved their own application to harvest compartment 3058, Corunna State Forest. An interview on Regional ABC Radio with Forestry Corporation representative Lee Blessington, not long after notification,



Nic Dibden, Erica Dibden and Eurobodalla Mayor Liz Innes

confirmed that logging would commence on Monday, 17 September. The approval can be viewed at www.forestrycorporation.com.au under a search for Corunna State Forest, compartment 3058.

The Corunna Forest Protection Group continues to explore ways to halt or minimise the logging. As we go to press, they are awaiting the outcome of discussions with Eurobodalla Shire Council in regard to a proposed exclusion zone along each side of the Princes Highway. There is also concern that logging has started without the completion of the Indigenous Survey or the assessment of tree marking.

Modern day logging means that

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Central Tilba PS Soccer team's three-nil win over Burrumbuttock saw two parents needing attention from the team doctor.

there's a lot of debris left on the forest floor. The Protection Group is particularly concerned that this will pose an additional fire risk in a season when risk is already high early in the season. Together with the threats to habitat and the ecosystem around Corunna Lake, and the potential to affect ecotourism, their concerns seem justified.

Keep up to date on the Corunna Forest Protection Group's Facebook page.

Narratives of Tilba

Mountain View Farm has a special place in the history of the Tilba area. Part of the original land selection of the Bate family, it remained part of that family until a few years ago. Stories relating to the history of an area tell us about how and why things happened and what and who the influences were. The Tilba area is fortunate to have members of the original Bate family still residing here. Harry Bate, who has a great interest in the area's history and is an entertaining and knowledgeable storyteller, will be presenting *Narratives of Tilba* on Monday, 1 October at the Old Dairy on Mountain View Farm at Tilba Tilba. Specifically, Harry will focus on 'Why two Tilbas?' and the 'Mountain View/Tilba Hydroelectric Scheme'. Enjoy this special day which starts at 10.00 am with morning tea, cost \$25.00.

Also at Mountain View Farm, during the school holidays there will be Arts and Craft Workshops on Wednesday, 3 October, one between 10 am and 12 noon and the other from 1.30 pm to 3.30 pm. All sessions will be run by Jodie James, a qualified teacher, and are designed for children between the ages of five and twelve and cost \$25.00 per child with all materials included.

For bookings and information for both history and workshops, contact Kathryn Ratcliffe, 0423 025 686 or kathryn.ratcliffe@outlook.com.

Tilba and District Chamber of Commerce

The Chamber has recently had its AGM and the new executive is:

President – Peter Lonergan

Vice President – Phil Elton

Secretary – Peta Wall

Treasurer – Andrew Duggan

Public Officer – Roy Silarski

Media and Website - Sharon Perkins

All were elected unopposed and have been guiding the Chamber in these roles in past years.

Peter congratulated all Tilba businesses who participated in the Eurobodalla Business Awards particularly the winning Tilba Real Dairy and finalists Tilba Lake House and Oakleigh Farm Cottages.

Folk Circle

Many will be familiar with the Tilba Folk Circle on the third Sunday of the month. From 21 October it will be at Neck of the Woods Cafe, at the new time of 5 pm. Led by David Oliphant, the Folk Circle provides an opportunity to play music, sing, read a poem, dance or just come along and listen. The new venue is licensed and food will be available. For information phone David on 4473 7838.

Tingaringy Open House

Well, we have participated in our first Sustainable House Day, on Sunday, 16 September. There was a mad flurry to finish some of the outstanding jobs in the week before, making sure we minimised

any potential safety risks. We were pleasantly surprised by how many people attended. It was abundantly clear that most were seeking information and ideas for sustainable building and living. We had close to 80 through and raised \$165 for the Refugee Action Collective Eurobodalla. We were also ably assisted by volunteers, including Phil Gall, our architect; Brohdan, Huon and Heath Thompson, our building team; Warren Atkins, who demonstrated blower door testing to discover where the draughts are in a house; and our welcoming volunteers, Jody, Lyndall, Mog, Linda, Birdie and John.

CWA News

We held our AGM in September and have a new President—Annette Kennewell; a new Secretary—Maureen Kleeman; and a new Treasurer—Janine Halasz. Congratulations! All positions were filled at the meeting and big thanks to the old team for their work over the past years.

Our branch is hosting the Group CWA Conference and AGM on Monday 22 October in the Halls. We are doing the catering for the day which includes morning and afternoon tea and lunch. There could be as many as 80 attending from Batemans Bay to Eden for the event.

The regular monthly cafe will be on the second Saturday in the month, 13 October. All are welcome to come along and enjoy our tea, coffee and cakes.

New South Wales is really suffering from the drought so all donations are greatly appreciated to add to our drought fund. Perhaps a rain dance up and down the street would be appropriate!

Janine Halasz

Tilba RFS Report

Thankfully, the somewhat frenetic pace of previous months has subsided for Tilba RFS. Having said that, we have on several occasions dispatched crews to assist with control of the Yankees Gap Road fire, and we have had a couple of call-outs in the middle of the night—one a grass fire, and one a vehicle fire, but at least it has been quieter than the preceding two or three months.

Regular training has continued on Tuesday nights. We are pleased to record that we have had three new membership applications recently. More on that later. We remain concerned, of course, about the rainfall outlook as we enter the summer period. Let's hope for nothing too awful!

Harry Bate

Lots went on in Quaama in September. The Council made good on their promise to replace the table they took down at the tennis courts (without consulting anyone...) and threw in a viewing bench as well. The works are all done now. Thanks to BVSC, we do appreciate it.

So the Tennis Club is ready for summer play. To celebrate (I think they were planning this anyway...), they are having an Open Day on 21 October at 2 pm where you can rock along and hit a ball around, renew your annual membership and enjoy a sausage sizzle with your neighbours. Don't miss this fun afternoon even if you never play tennis! The Club supports the Quaama Public School by offering them the use of the courts free of charge and anyone in our town can join up and play so let's support them in turn. They're all volunteers after all and look at what they've achieved for our town.

The Men's Shed have poured the footings for their extension, spending some of that well-earned grant money they acquired last year. It's going to be a big improvement on the old fire shed they started with. I'm looking forward to seeing

what it becomes. With so much local talent in their membership, it should be pretty good.

The Shed's Ron Higgins had a tale to tell. A couple of bulls from Love's farm pushed through the fence and strolled down Bermagui Street. They ended up in Ron's back garden, tidying up the grass under his apple trees and eating some of his garden peas. They were soon back in captivity with no harm done. Don Love got straight to work putting in new posts to keep them where they belong. They were gentle giants by all accounts.

On that windy Saturday mid-month, power lines came down out Whitby Wilson Road and started a grass fire there while blacking out the town. Luckily, the QFB



The old one had a lot more character but we admit, it's a tidy job

were in the fire shed when the call came through and were able to extinguish the blaze with no property lost although it was close. Great luck since they've been far from Quaama most days recently. The wise Fire Service thought that on a day with such bad conditions predicted, they should be nearby and we're very glad they were.



Love's bulls happily tidying up Ron's garden

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Quintessentially Quaama

September activities at Quaama School

Our performance of 'Space Invaders' was another success. All the students enjoyed singing, dancing and acting in the show. Our astronauts' mission to Mars ended up being an invasion (as they soon discovered that the planet was already occupied!)

Thank you to all the helpers who made the production possible, from costuming to volunteer face painters.

A huge thanks to our wonderful teaching staff who put in the long hours to ensure that the performance each year is such a great event.

The students also held a 'Fiver for a Farmer' mufti day, with proceeds going to assist our farming community. Students came dressed in 'country' mufti for the day.

Jody Macrae



Quaama school kids supporting farmers



Astronauts land at the Quaama Hall



Martians dance at the Quaama School annual performance

Quaama RFS: What a month!

The huge dragon keeps raising its head and the wild winds keep interfering with the plan. There will be a thousand stories around for years and the beast is still not contained. As of 18 September, the area of the Yankees Gap Road fire is 18,700 hectares with numerous planes and helicopters and a multitude of emergency services working endlessly to contain it. After a month, resources are spread thinly at times due to the fire's size and intensity. It becomes ever more obvious that we **NEED MORE MEMBERS**.

Our hope would be that our fine community will come together for those who have lost property, to help you rebuild and return to normality. Our thoughts are with you. With the temperature rising, we can only hope that rain will arrive and alleviate these tough times.

So please, please be careful with your actions—mowing, slashing, grinding, any activity that may cause fire. Your vigilance is always important, even more so with the conditions at hand.

Many other fire call incidents have

been attended by the Quaama brigade, further adding to our workload. So once again, more volunteers are needed.

The education you can achieve by volunteering not only helps with your self defence but also general life skills. Join an amazing bunch of dedicated people from all parts of our community that come together with one desire—to protect and defend our community. To give some perspective, on 18 September there were 100 firefighters, 60 trucks, 11 choppers, three aerial bombers and a large air tanker with a mixture of 18 bulldozers and graders on the ground. We cannot say thanks enough to all involved although a simple thanks means a lot to all these people. So don't forget to wave at the fires in their trucks, it means so much to us!

Then of course, there is the fire communications and logistics team, the incredible, hardworking brains of the machine. All the small cogs and wheels make up one machine, and what a massive machine we have. There is always room for more cogs! Come to a Saturday training

and check the brigade out. Training continues and hopefully the community's education grows. We're vulnerable in this beautiful valley. We should all work at being educated and having a fire plan. Anytime is a good time to reassess your plan and please, if you don't have one, *make one now* because summer is not far away.

Until next time, remain vigilant, keep tidying up around your property and if you see an unattended fire, please call 000.

Graeme Spicer
Quaama RFB

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Bushfire preparedness local community information sessions

Bushfire Preparedness is the focus of a series of U3A-facilitated community sessions to be run by our local Rural Fire Service volunteers. The local RFS groups are keen to see a good turn-out of local residents to take part in these sessions designed to help prepare our properties for the heat and winds of the coming summer season when bushfires unfortunately become an Australian reality.

With the memory of Tathra and the current Bemboka/Brogo fire in mind, the sessions will also address local evacuation procedures, community lessons learnt from recent fires, expected response to bushfire warnings and how best to co-operate with our RFS members. The aim is to provide information that helps residents to respond to emergency fire situations in a way that best protects lives, including those who are the most vulnerable in our local townships.

Sessions will be held in the following locations:

Bermagui Community Centre Hall, for the Bermagui, Barragga Bay, Beauty Point, Fairhaven and Wallaga Lake areas. Saturday 10 November, 10 – 11.30 am. Contact: Robert Johnson, 0408 870 138.

Cobargo School of Arts Hall, for the Cobargo area. Saturday 3 November, 2.30 – 3.30 pm (RFS in attendance 2.00 – 4.00 pm). Contact: John Walters, 0412 919 708.

You can put your name on your local community attendance list at the U3A Information and Registration Day at the Bermagui Country Club on Wednesday 17 October from 10 am – 12 noon, or contact your local RFS contact. It is helpful if we have some idea of numbers to assist with setting up the hall, but please just come along anyway if you are unable to put your name on an attendance list.

General enquiries can be made to Ruth Perrett, Bermagui and District U3A, 0408 786 546.

Bushfire advice

Fire permits

Bush Fire Danger Period now applies—burning off may only be done with an official Fire Permit. However, under current weather conditions, Fire Permits will not be issued, except in extenuating circumstances. Lighting an unauthorised fire during the Bush Fire Danger Period attracts heavy penalties including fines and/or imprisonment. For more information please call 02 6494 7400.

Bushfire Survival Plan

Make sure you have prepared a Bushfire Survival Plan. For information and to find out how to download your MYFIREPLAN APP visit the Rural Fire Service website.

Keep aware of fire dangers

Monitor any dangerous fires near where you live using the Fires Near Me app on your smartphone or mobile device, or on your computer at the Rural Fire Service website. Monitor local radio and television and listen for any emergency warnings.

Look after your neighbours

Keep in touch with your neighbours, particularly those who are more vulnerable, when fires threaten. Having a local 'telephone tree' is a great way to help each other in an emergency.

*Brought to you by Bermagui,
Cobargo, Quaama and
Tilba Rural Fire Brigades.*

Drought relief assistance available

The Australian Red Cross, in conjunction with the CWA, is offering drought relief assistance to struggling farmers, farming contractors and their families. Already 570 grants of up to \$3000 have been issued to help with expenses such as household rates, electricity and water bills, groceries and school fees.

If you would like assistance with household expenses, log onto www.cwaofnsw.org.au/droughtaid.html for an application form. You can complete it online or download, print and forward to CWA. The form is very straightforward and the process is confidential.

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The Triangle's email address is
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Fire and water, forests and figures

Professor David Lindenmayer, a highly respected ecologist at the Australian National University, addressed the Bermagui Institute in August. His long term data studies in the Victorian Central Highlands on the Mountain Ash, the tallest flowering plant on the planet, measure its huge carbon reserves and its significant effects on biodiversity, water yields and fire. A diverse range of animals depends on these trees and their hollows formed after 200-300 years.

Trees are collapsing as the forest is opened up and subjected to winds due to logging, burning and a drying climate. With only 1% of old growth forest left, Lindenmayer said we are close to 'ecosystem collapse', a new and disturbing term. The effects on wildlife indicate 'an extinction trajectory'.

Lindenmayer focused on fire and water. 'Logging makes forests more prone to high severity fire and is a real risk to communities adjacent to these areas,' he said. Research by Dr Chris Taylor (University of Melbourne) following the Black Saturday fires in Victoria unambiguously verifies his statement.

Logging has opened the canopy, causing the forest floor to dry out and a 96% reduction in wet forest plants. It adds to the fuel load and leaves an entire stand of young, highly fire-vulnerable trees. Sadly this pattern is repeated around the world.

As fire risk goes up, water yield goes down. Ninety percent of Melbourne's water supply comes from these forests. Young trees use most available water: old trees produce water. So water catchments need forests to be as old as possible. For each hectare logged there is a loss of 12 million litres of water per year, enough water to supply 330,000 people. Melbourne's forecast water shortage is to be supplemented by a desalination plant—powered by coal.

The economic value of the natural resources produced by the Central Highlands public forests was calculated by an ANU team using an internationally accepted accounting tool. The combined value of agriculture (\$312m), water supply (\$310m), tourism (\$260m) and carbon (\$49m) is \$981m per annum and vastly overshadows that of native forest logging, only \$12m.

In south east NSW between 2009 and 2014, native forest logging was cross-subsidised to the order of \$79m by the profitable Softwood Plantations Division of Forestry Corporation (formerly ForestsNSW) so the values of different native forests assets would be even starker in our region.

Lindenmayer said, 'The taxpayer is being robbed of the true value of native forest assets ... what it does is essentially entrench poverty in some of these regional areas.' Now that existing, mature plantations can supply Australia's timber and paper products and, due to the longer fibre, are the preferred source, the way is open to harvest the much more valuable assets—agriculture, water, tourism and carbon abatement—of our publicly owned native forests. He finished by pointing to parts of New Zealand where native forest logging has stopped and communities thrived.

Dr Rosemary Beaumont

(For more on David Lindenmayer's talk go to www.jennifersevern.com.au)

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Massive opposition to flying school proposal

About 400 people packed the Bega Civic Centre on 29 August to hear 45 speakers against a proposal to build and operate a training school for Chinese recreational pilots at Frogs Hollow, south of Bega. It would involve thousands of low-level flights by trainee pilots between Moruya, Merimbula, Polo Flat, Cooma and Mallacoota airports.

If approved, 350 trainee pilots would attend a newly built Frogs Hollow facility and airstrip in three month stints throughout the year. Flight training would take place from 7.00 am to 6.00 pm Monday to Friday, with reduced hours on Saturday. It is conservatively estimated there will be over 50,000 take-offs and landings per year, with about 40 aircraft flying at any given time.

Because the proposal exceeds \$10m, it cannot be determined by Bega Council. The proposal is now before the NSW Southern Joint Regional Planning Panel.

This panel has received about 720 written objections and convened the public hearing in Bega. The Panel will hold a 'determination meeting' soon.

Strong objections have come from Bega Valley, Eurobodalla and East Gippsland Shire councils; State Member for Bega Andrew Constance; Federal Member for Eden Monaro Mike Kelly; Bega Valley Shire Business Forum (representing all Chambers of Commerce and like organisations within the Shire); Bega Cheese; the Bega Valley Residents and Ratepayers Association; SCPA South East Producers; and Four Winds Festivals. Many individual dairy farmers spoke of how they will be adversely affected, as will certified organic farmers and the whole tourism industry.

The speakers at the meeting made the following points:

The proposal would come at enormous cost to all of our communities. This pristine

stretch of coastline and our national parks are drawcards for visitors from Australia and overseas.

Aircraft noise and airborne pollution would ruin the tourist experience and adversely affect agricultural industries and quality of life in these communities.

Bega Cheese and Four Winds stated that they relied on our pristine image for their brands. Four Winds believed that low-level aircraft noise would threaten to close down outdoor performances and education activities.

The Mayor expressed fears of increased bushfire danger from inevitable aircraft accidents.

The area between Mallacoota and Moruya and inland to Cooma is uncontrolled airspace so no one will police where the students fly.

*Geoff Steel, Coordinator,
Bermagui Community Forum*



A packed public meeting in Bega in August. There has been much opposition to the plan to build a flying school at Frogs Hollow, south of Bega, which could see over 100 flights a day in the skies between Moruya, Cooma and Mallacoota (photo: Ian Campbell).

Quaama/Cobargo Quilters 2018 Quilt Show

**Saturday, 20 October 2018, 9 am–4 pm
Anglican Church and Hall,
Hoyer Street, Cobargo**

Wonderful display and sale of quilts and other artistic works.

Traders of fabrics, clothing, jewellery etc in the church hall, including Freddie's Fabrics, the Stitch Connection, Billija Designs, Reiko Healy and Tamborine to Tilba.

Magnificent red and white raffle quilt with proceeds to Can Assist, Bega. Entry by gold coin donation.

Enquiries: Leanne Tett, ph. 0408 627 103 or Linda Butcher, ph. 0424 436 284 or email homeville300@bigpond.com



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Team Triangle rides again

John van Horssen, Karen Cseleda and Paolo Colombo are gearing up to ride in the 'MS Sydney to the Gong' fundraising bike ride on Sunday 4 November. You can participate by donating to the cause: go to www.msgongride.org.au, click on 'DONATE' on the front page then enter 'Triangle' in the box so your contribution is added to our team's total.

The MS Society supports people like me, and many other Triangle residents with MS, by providing moral and material assistance in the form of peer support, counselling, medical and allied health clinics, telephone hotlines for advice, seminars, webinars, subsidies for equipment and scholarships to help us achieve our goals.

If you like you can ride with locals in Bermagui on Sunday 11 November. The Bermagui Institute Bicycle Division will be doing their own MS Ride that day, but in Bermagui, for all their riders who are keen to contribute but can't make it to Sydney.

Start: 8.30 am at the Bermagui Indoor Sports Stadium on Sunday, 11 November.

Ride: By bike paths to turnaround at the beach at Old Tilba Rd and return (about half an hour).

Grade: Easy.

Entry (fundraising) fee: \$5 or more if you wish, on the



Karen and John after crossing the line in Wollongong last year

morning of the ride (receipts will be issued).

Breakfast or coffee to follow at Bermagui Beach Takeaway from about 9.15 am.

All bike riders interested in supporting this worthy fundraiser are welcome. More information: 0458 955 824.

Jen Severn

All creatures, great and small

We love our pets, our farm animals and our wildlife; these creatures are our companions and friends and we can learn from them. Our pets don't answer back and they show us unconditional love! We welcome all residents and visitors to join us in this special annual event.

The blessing of pets and animals is often celebrated on 4



October, the feast of St. Francis of Assisi, or on a Sunday near that date. This year there will be services on Sunday 7 October at the Anglican churches, in Bermagui at 8 am and Cobargo at 10 am. The services will be casual, held outdoors in front of the churches. Everyone is welcome to bring pets (on a lead or in a crate) for a special individual prayer of blessing by the Rev. Tim Narraway. If a pet cannot be transported or is unable to attend, a photograph can be blessed instead. Children are also welcome to bring their stuffed animal toys for a blessing. We look forward to seeing you and your furry, hairy and winged companions, the more noise the better!

Please note that All Saints Bermagui will now have an 8 am service each week. Other services within the parish will remain the same.

Chris Richard-Preston

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Don't rant, have your say!

Apparently, in days gone past, discussing politics, religion or money was considered poor form. However, unless you lived under a rock during September, you must have had at least a little conversation about politics!

You may have missed our own 'leadership struggle' with Councillor Kirsty McBain being re-elected as Major of the Bega Valley Shire Council till September 2020 with a vote of six for and three against her reinstatement. There seemed to be a flurry of political activity going through my mail box with Andrew Constance and Mike Kelly each sending out surveys and even coming to town to talk to us!

Our Federal Labor MP Mike Kelly held a community meeting in Bermagui on 27 September so hopefully many residents took this opportunity to talk directly to him. There is a website called OpenAustralia.org.au which lists all the votes and announcements made by every MP. Interesting reading can be had on this website as to what Mike Kelly votes for or against in Parliament, or to read his speeches. He can be contacted on 02 6492 0542 in his Bega Office or email on mike.

kelly.mp@aph.gov.au. Andrew Constance is our Liberal state representative who is also the current NSW Minister for Transport and Infrastructure. Contact Andrew on 02 6492 2056 at his Bega Office or email on bega@parliament.nsw.gov.au. His inaugural speech when he first entered politics in 2003 is an interesting read.

Bega Valley Shire Council is a not as easy to navigate as we don't have any wards or areas within the Council assigned to a specific Councillor. To make yourself heard, it is best to write to all nine Councillors on any issue you wish to have raised or addressed. All the councillors' details are listed on the BVSC website.

Eurobodalla Shire's Mayor is Councillor Liz Innes. There are also nine Councillors in the Eurobodalla Shire Council who you can contact on council@esc.nsw.gov.au should you wish to express your thanks or suggestions or complaints to the people elected to represent your interests locally.

Instead of raving and ranting at BBQs about the state of affair, let's all get more involved and make ourselves heard directly to our various elected representatives. If

we don't open our mouths, they will never know what we are thinking! And we'll get more of the same.

Ann Maree Menager

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SOAPI opens at Cobargo School of Arts Hall

The first two performances of the locally written play 'Happily Ever After – The Reception' are on mid-month at the Cobargo School of Arts Hall.

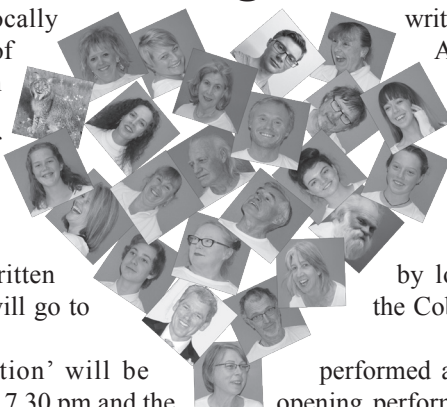
The play is about a wedding reception that comes apart at the seams, as dysfunctional relatives, politicians and unexpected romances lead the event into chaos, only for it to be stitched back together by an odd turn of events.

Seating is 'Cabaret Style' with table refreshments—and their dancing shoes as the play ends with guests being invited to join the cast on the dance floor.

This production is performed and written by locals from the Triangle area, and readers will recognise many of the actors. Profits will go to the Cobargo School of Arts Hall, which is such an important asset to the community.

'Happily Ever After – The Reception' will be performed at the Cobargo School of Arts Hall on two nights, a preview on Thursday 11 October at 7.30 pm and the opening performance on Saturday 13 October at 7:30 pm. Single adult tickets for the Saturday are \$20, and the Thursday preview tickets are \$15. Children under 12 free with an adult. Youth tickets (13 – 18 years) for both performances are \$10. A small booking fee is applicable.

Bookings with TryBooking (www.trybooking.com/416474) or just Google 'trybooking cobargo' and look for 'The Reception'. Enquiries please call Robyn Freedman on 0410 525 968.



Beautifully Mad concert at Rusty Fig Wines

Rusty Fig Wines is hosting another music concert at the vineyard on Sunday 14 October. Highly acclaimed local duo Nina and Tony of Beautifully Mad will be performing outdoors against the backdrop of the vines and Gulaga Mountain.

Gates open at 12.30 pm so guests can enjoy the surroundings and have a bite to eat from their picnic basket, accompanied by Rusty Fig wine, before the show starts. Many will be familiar with Beautifully Mad's wonderful and eclectic music, including many of their own compositions, but for the uninitiated the afternoon is an opportunity not to be missed.

Visit www.beautifullymad.com for online bookings at \$40 a ticket (or \$45 at the gate) including Rusty Fig wines throughout the afternoon, or call Gary on 0418 720 908.

More details are available at www.rustyfigwines.com.au.



Beautifully Mad at the madly beautiful Rusty Fig winery

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The season opens with an exhibition of paintings by Kim Falkenmire and Rowan Kane combined with small aluminium and timber sculptures by Peter Storey and Pauline Balos.

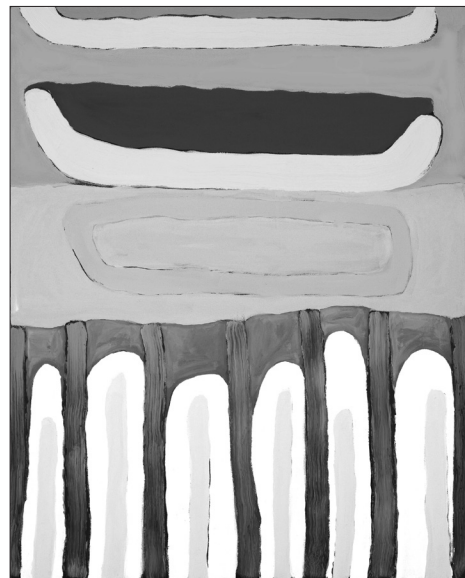
The works exhibited by Kim Falkenmire include a continuation of her *River Rocks* series of paintings, and the introduction of *A Poetry of Interstices* - a series of dramatic works in bitumen and acrylic, both abstract and almost representational. Interstices being the cracks and crevices of life—both literal and figurative gaps in the world—places for the imagination to pass, light between trees, spaces between soil particles, thoughts between synapses.

In contrast, Rowan Kane makes work that is strongly influenced by the aesthetics of 20th century art, music and fashion. His nostalgic fascination for pop cultures never experienced firsthand acts in two very different ways: as a means to immortalise the impermanence of mainstream culture, and as a critique on the

banality of everyday life. This is not to say that Kane's work is derivative. His palette, application and motifs may feel like a mash-up of all your favourite guitar riffs played backwards. The notes are familiar, but the tune isn't.

Pauline Balos and Peter Storey have collaborated on a series of small sculpted pieces which caricature people 'messaging about with boats'. The cutout metal figures are the work of Pauline Balos and the exquisite carved timber boats by Peter Storey. This new work is the second partnership of ideas and craftsmanship by these two artists.

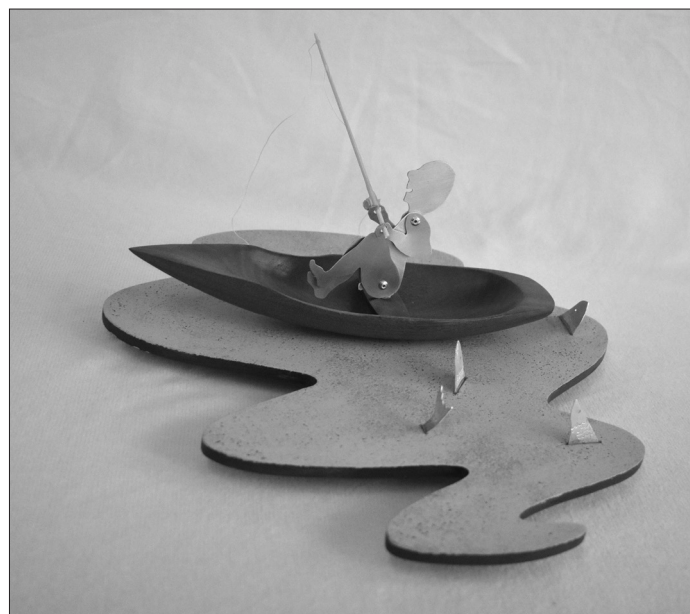
The Spring Exhibition will run from 27 September to 4 November, open Thursday to Sunday 10 am to 5 pm. You will find Ivy Hill Gallery on the coast road between Bermagui and Tathra. See www.ivyhill.com.au for more information.



Rowan Kane, *Backyard*



Kim Falkenmire, *Monaro Trees*



Pauline Balos and Peter Storey, *No Fish*

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Bird portraits at Narek by Sharon Peoples

Opening at Narek Gallery, Saturday 13 October, 4 – 6 pm with the artist.

This month Narek hosts an exhibition of embroidered images of birds, flowers and portraits. In many cultures birds are the messengers between earth and sky, between humans and a spiritual realm. This is the context in which birds began to appear in Sharon's work—as a signifier for inner life.

Sharon's earlier work used birds that were black: crows, currawongs and swans. An interaction with feeding a young magpie shifted her thinking to the personalities of birds. This was re-enforced by the poetry of Farid ud Din Attar, a Persian Sufi poet of the twelfth century. His allegorical narrative, 'Conference of the Birds', tells of gathering a group of birds together for a pilgrimage. Through Sharon's own journey of bird-watching and painting, colour began to appear in the work as the repertoire of birds expanded, along with the fruit and the flowers that attracted them.

Sharon Peoples has a Diploma of Interior Design from RMIT, Melbourne; a Master of Visual Arts from Institute of the Arts, ANU Canberra; and a PhD in Art History, ANU, Canberra.

She has been exhibiting her textile work since 1990, both nationally and internationally. Her work is held in major Australian museums and institutions such as the National Gallery of Australia (from *Red Shoes* at Narek); Parliament House Collection, Canberra; Tamworth Regional Gallery,

New South Wales; Museum and Art Gallery of Northern Territory.

Bird Portraits continues at Narek until 10 November.



Murphy with Magnolias and Red-Tailed Cockatoo by Sharon Peoples



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The Lazy Lizard is 'Lost in Beadland'

This month, in the Side Room, we are proud to host an exhibition of beadwork by Elizabeth Andalis. Her exquisite work will be familiar to many in the area, from her time with the popular little Holey Beads gallery in Cobargo.

Elizabeth, who has lived in the Triangle area for many years now, is multi-talented, being a full time musician as well as a jewellery designer/artist. Her work has now become available online and she is enjoying sales in the international jewellery marketplace, particularly with her own designs of bead-woven beads and base metal. Her intricate and imaginative work has won a number of awards, including a section of the Narooma Art Prize and first places in the Aussie Beading Retreats Design Award, and the National Brooch

Show.

Elizabeth admits that her creativity drives her from the minute that she wakes in the morning, until well into the night. Her work encompasses a variety of media, from the finest and smallest Japanese glass seed beads to chunky, organic lamp work and ceramic beads, a variety of metals, beach glass, and found objects.

Her exhibition, *Lost in Beadland*, will be in the gallery from Wednesday 3 to Wednesday 31 October, and there will be an informal opening and a chance to meet the artist on Saturday morning, 6 October, between 10 am and 12 noon. It is a land well worth exploring, so drop by and have a look around. Christmas is looming on the horizon, and a piece of Elizabeth's work would not only make a lovely gift, but



'Ocean Jewels', a necklace created by Elizabeth Andalis

your purchase would be supporting our local artists.

Naomi Lewis

The Swamp Stompers to launch at biggest Cobargo pub gig ever

The Swamp Stompers will be celebrating the launch of their fourth EP at the Cobargo Hotel on Friday 5 October, with local Cobargo acts Cuppa Shred and Wolf Stone opening the show.

The Swamp Stompers, featuring local guitarist/singer/songwriter Corey Legge, recently played at the Cobargo Folk Festival on the main stage, packing out both shows with crowds of over 300 people. The Cobargo Hotel show on Friday 5 October is expected to draw similar crowd numbers, with publican/owner Dave Allen billing the show as 'the biggest Cobargo pub gig ever'. The show is free entry, and starts at 8.30 pm with Wolf Stone, followed by Cuppa Shred at 9 pm, and the Swamp Stompers from 10 pm until close.

The Cobargo gig will form part of a 16-date national tour for The Swamp Stompers, coinciding with the release of the 'Shadows on the Wall' EP, and the video for the lead single *Shadows on the Wall*. The new EP was recorded locally at Pirate Studios in Bournda, with recording engineer Dave Sparks and South Australian producer Torsten Gustavsson (aka Corduroy Spaceship). The EP will be on sale at the gig, or it can be purchased locally at Magpie Music in Bega, or through all good online retailers in digital format.

The Cobargo Hotel show is 18+ (unless accompanied by a parent or guardian). The Swamp Stompers will also be playing at Granite Town Festival in Moruya the following day (Saturday 6 October).



The Swamp Stompers, billed this month as Cobargo pub's 'biggest gig ever'.

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Why am I a dairy farmer?

As I wander through my life I am often asked questions, as we all are, so I'm taking this opportunity to address some of them. When I'm asked, 'What is your occupation?' the answer is always proudly given—I'm a dairy farmer.' In response to which I often hear, 'Really? Why would you be one of those? I had to milk cows when I was a kid. I had to sit on a hard stool and hand-milk. I hated it!' Well, I don't. I love it.

It astounds me that people don't understand that dairy farming, along with everything else, has become modernised. In this valley we have a robotic dairy where the cows wear collars with a computer chip in them; the cows enter the robotic box by themselves, and are milked by the robot, fed by the robot and then exit after the robot opens the platform to allow them out. Even in my dairy we put the machine on the cow and the automatic cup remover takes it off when she is milked out, and one-pull feed droppers, so you no longer have to pick up feed in a scoop and manually put it in the feed box.

We also have platform herringbone bail with automatic gate openers and shutters; we release the platform and the gate opens automatically and lets the 20 cows in the dairy out. We open the platform to let the next 20 cows in and the front gate shuts; when the last cow is in, the back gate closes behind her. Not antiquated at all. Our dairy is a basic dairy these days with incredible technology. We even have a heater so we stay warm!

'How does a dairy calf become a milking cow?'

Well, this is how it is done on our farm. A heifer calf is born to a dairy breed of cow—a breed developed for the purpose of producing milk, not meat. In our case we have the Jersey breed—the little golden brown cow you see in herds

around here a fair bit. The calf is reared on lots of love, milk, pellets and pasture until three months of age, then weaned off milk. She will have been ear-tagged with her name and number, tattooed, debudded, vaccinated against diseases, worm-drenched and fed as best as we can. At approximately 15 months of age and when she cycles (comes on heat) she is joined to a Jersey bull, where, in a perfect world, she goes in calf. After a 283 day gestation (pregnancy) she will calve down and hopefully have a stress free delivery. During her gestation she will have been taken through our dairy to become familiar. After a couple of days' rest and recovery after calving she will be brought home and will enter the dairy where she is fed and milked and will start her life as a milking cow. She will lactate for about 300 days and during that time she will be put back into calf by the bull. Then she will be dried off and turned out into a paddock where she will have a six week holiday until she calves again and her milking life starts over.

'Do dairy cows have different personalities?'

They absolutely do. They may be all the same in so many ways, eg female, Jersey, milking cows but they really all have their own personalities and the herd is organised by the more dominant cows. The middle group is happy to allow the top girls to check out the best place to be and they will follow. And the last part of the herd are usually a little less confident and robust. As we know for things to work well we can't have too many chiefs and not enough Indians. Whenever you have a new heifer in the herd and she starts coming into the bails in the first or second run, you know she is one bossy girl who's destined to be one of the herd managers.

Some cows are smarter than others. We had one cow who worked out that after she had eaten her ration in the dairy she could reach up, wrap her tongue around the feeder cable, pull it and feed herself over and over for the entire milking. Another has worked out how to push the bail gate open, and stands in the bail waiting to be milked.

'So what does it take to produce a litre of milk?'

A lot. For a cow to produce a litre of milk, 400 litres of blood has to pass through the udder, which is 15% of the cardiac work of a cow. The cow will drink up to 100 litres of water a day. She has to be supported with energy from her food source, namely pellets, crop grass, silage or hay, to be able to produce the milk and maintain her body condition. The current drought conditions make it more difficult to produce a litre of milk at a price that allows the farm to remain sustainable.

So why am I a dairy farmer?

I have immense pride in being a dairy farmer, working next to my husband. In recent times I've had the absolute pleasure of working with my daughter Megan and her partner James. I love my cows, I love working outdoors and I love my farm. I am extremely proud to produce such a beautiful, quality product.

It is a difficult occupation because you must run it as a business and make difficult decisions when it comes to some aspects of farming. It is heartbreaking for us in times like now, when every animal on the farm has to be hand-fed and feed is very difficult to procure and cost-prohibitive. It is extremely challenging to maintain our milk production with such harsh conditions as we have at the moment. Managing to meet financial commitments for some farmers is extremely onerous.

We believe we are some of the best-treated milk suppliers in Australia, because we supply Bega Cheese, who are exceptionally supportive and very aware of the realities of keeping up milk supply—some of the Board are dairy farmers themselves. If you would like to support us, buy our Australian products at their real value. After reading some of the effort that goes into a litre of milk do you really think it is only worth a dollar?

June Tarlinton



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Art in the Triangle

The Murrah Hall in October

Two excellent shows—and the Murrah now has mobile reception!

Dog Trumpet have cancelled their Sunday 14 October event due to dual band member hospitalisations. That's right—not one but two band members. They certainly don't do things by halves and this in the shadow of music icon (ex-Saints), journalist (*The Australian's* beloved music writer of 25 years) and ace imaginative timekeeper, drummer Iain Shedden's passing in October last year.

The Murrah committee and no doubt intending audiences and auction buyers of fine art are sending them best wishes for a speedy recovery.

And while we are dealing with change, The Strides' 15 December dance event has moved to Saturday 9 February 2019. But as for what IS on ...

Sat 21 October: Michael Menager

Local troubadour-singer-songwriter Michael Menager will play the Hall with Sam Martin on guitar and Dan Efraemson on violin. More on these pages.

Sat 27 October: The Awesome Extended

National Folk Festival top finalists in the Infinity Song Competition 2018, The Awesome wow audiences with their powerfully unique sound. With a string of festival appearances and albums receiving national airplay, The Awesome are an unforgettable experience.

Mili Cifali will compel with soul-filled stories spun from travels on the road, from life in the desert to ocean sketches, from songs wrapped in love to insightful observations of human nature. Think funky folk, juicy jazz, and balmy blues and bossa, wrapped in South Coast soul.

They are joined by wonderful Canberra cellist Gemma Clare and Narooma's talented violinist Dan Efraemson, as well as skilled drummer John Roche, and will deliver a sensational night of live music.

Murrah Curries from 6.30 pm.

Show from 7.30 pm.

Entry \$20 & \$15

HHC Concession

Michael Menager Trio plays the Murrah Hall this month

Locally based troubadour Michael Menager has just returned from ten weeks touring the Western and Northwestern USA and Europe. He'll be arriving at the Murrah Hall with a pocketful of new songs, an eclectic array of covers, repertoire from his two recordings—'Clean Exit' (2014) and 'Not The Express' (2016)—and a selection of anecdotes fresh from the road.

Michael will be playing with Sam Martin (Malumba, Sam & the Sundowners, Mikelangelo & the Black Sea Gentlemen) on guitar and Dan Efraemson (Malumba) on violin.

'With more than a whiff of Dylan and Ramblin' Jack Elliott, Menager's songs are rich with characters, wry observations and wit.' (Martin Jones, *Rhythms* magazine)

Murrah Hall, 21 October 2.30-4.30 pm. Tickets \$20/15 at the door. Lunch available from 1.30 pm. Check out Michael Menager's music on his website, www.michaelmenager.com.



Michael Menager, Sam Martin and Dan Efraemson will play the Murrah Hall on 21 October



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Nature's canopy

Trees are probably the most important component of the landscape as they provide protection from the elements, add structure to a garden and provide habitat for wildlife, some we enjoy and others a bit naughty (the wildlife that is).

Careful consideration should be taken when selecting a tree, as trees are there for a long time where other plants are not so critical to the overall landscape and can be moved or discarded depending on the circumstance. So it's most important to look at a number of issues before the final selection is made.

Firstly, what do you require the tree to do? To create shade for a particular style of garden that requires shade in the summer and sun in the winter? To screen out an eyesore in another location? To hang a swing off? The list goes on.

To shade the western side of the home from hot summer sun is a very important consideration. A large deciduous tree can reduce the inside temperature of a home by several degrees in the summer where in the winter the sun can get through to warm the home when the tree is dormant. Consider, though, the eventual size of the tree so it doesn't interfere with the home when fully mature. Plan for the tree to be one and a half times the distance of the eventual radius of the tree, from the roofline of the home.

Consideration of utility services like sewerage, water lines and powerlines is most important. Town councils have made the mistake of planting large trees like oaks and plane trees under

powerlines and then spending enormous amounts in either cutting the trees back every year or creating some very unusually shaped trees.

Although I am a great lover of

trees I firmly believe that a lot of our beautiful Australian native trees, like Eucalyptus, are totally misused in the landscape. Some of these trees can grow to a massive size and can be fairly unstable in extreme weather conditions and therefore should be used wisely in the landscape. Thankfully the horticultural industry in recent years has developed a range of smaller mallee-type trees and small grafted species that are fabulous for the home garden situation. The larger species should wisely be left to open farm locations where they can be allowed to grow undisturbed away from buildings and the like.

After you have decided to plant a tree in the garden the decision then is to the species. There are many new varieties that have been developed in recent years to take into consideration small urban and town blocks—trees that cause very little problems to the gardener.

Some of my favourites include a number of varieties of ornamental pears, birches, pistachio and crab apples. Luckily all these trees are available all year round, either open-rooted in winter or container-grown in the warmer months. Planting at any time of the year is alright as long as, in the warmer months, adequate water is applied to reduce transplant stress.

The subject of tree selection and planting is extensive and more than this space allows. Talk to your friends about their experiences with trees, take a drive around the local community and observe what others have done, or most importantly, talk to your local nursery person for their advice.



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We at *The Triangle* love sharing food and recipes with our family and friends. Food is something that connects us to each other and the world we live in.

Seasonal usually means inexpensive for us as there is a glut somewhere we can share in. This salad was inspired by seeing whole heads of cauliflower for \$2 (admittedly at Woolies).

The Walnut Slice is a great one for the repertoire to share with a crowd or to have on hand to defrost—maybe freezing half if you don't eat it all at once. Great with a cuppa when those unexpected guests pop in.

Cauliflower Salad with Lemon Dressing

1 head of cauliflower
2 tbsp olive oil
¼ cup of dried cranberries
2 tbsp slivered almonds, toasted
¼ cup grated parmesan

Dressing:

2 teaspoons chopped spring onions
1tbsp Dijon mustard
3 tbsp lemon juice
1/2 teaspoon lemon zest
2 teaspoons honey
3 tbsp olive oil

Drizzle cauliflower florets with olive oil, season with salt and pepper and bake in 200C oven for about 45 minutes until golden brown.

For the dressing, combine all the ingredients and whisk. Season with salt and pepper.

Remove cooked cauliflower from the oven and transfer to a large bowl.



Fold in cranberries, toasted almonds and parmesan. Drizzle with dressing and toss to combine.

Easy Walnut Slice

Base:

½ cup self-raising flour
¼ cup sugar
½ cup coconut
60g butter

Sift flour into bowl, add sugar and coconut, mix well.

Melt butter, add to dry ingredients, mix well.

Press mixture into greased 28cm x 18cm tin, bake in 190C oven for 15 minutes.

Topping:

2 eggs
½ tsp vanilla
1 cup coconut
90g walnut pieces
½ cup brown sugar
½ teaspoon baking powder

Lightly beat eggs and vanilla with fork, add coconut, chopped walnuts, brown sugar, baking powder, mix well. Spread mixture over partly cooked base, return to oven and bake a further 25 to 30 minutes or until topping is cooked. Cool in tin; cut into squares or slices.



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gmail.com or Ph: 0447 118 923

Please note: we will discontinue
classifieds after one month unless advised
by the advertiser.

A small donation (in the tin) will be
appreciated for classifieds

Pet of the Month

Marvin (pictured left) is very outgoing
and loving, is good with cats, kids, other
dogs and all people. He knows basic
manners and with a little more training he
would be a perfect dog.

His brother Otis is more of a laid-
back, go-with-the-flow boy who enjoys
his cuddles and alone time with his
female human (he is a little wary of men
at the moment). They both enjoy playtime
outside, romping around in the grass with
other dogs.

There are several other gorgeous
dogs available for adoption from Animal
Welfare League Far South Coast Branch.
Please 'Adopt, don't Shop'. Call Animal
Welfare League FSC Branch on 0400 372
609 to enquire what other animals are
available. You can also check the Facebook
page (AWL Far South Coast Branch).

If you need financial help to have
your pet desexed please collect a subsidy
application form from any Bega Valley
Shire vet before your animal reaches six
months of age. Please note that Far South
Coast Branch Animal Welfare League
NSW volunteers raise the funds to support
this desexing subsidy in the Bega Valley
Shire and do not receive any government
funding.

Book Review

Heather O'Connor

Melissa Lucashenko,
***Too Much Lip*,**
\$29.95

We should
all give thanks
each day for
Queensland
University Press,
which is up
there with the
ABC in my list
of institutions
for which we
owe eternal gratitude. QUP is a strong
supporter of emerging (and established)
Indigenous writers, none of whom
are more entertaining than Melissa
Lucashenko. If you haven't already read
her first novel, *Mullumbimby*, I highly
recommend it. *Too Much Lip* is a terrific
follow-up.

It tells the story of the 'lippy' Kerry
Salter, arriving home in Northern NSW
from Queensland on a stolen Harley,
to say goodbye to a dying elder. Her
intended stay of 24 hours extends as she
gets caught up in the family struggle to
stop development of their Bundjalong

land (not to mention her starting an affair
with a non-Indigenous man.)

The dysfunction and chaos
surrounding her family should be tragic,
but most of the time it's hilarious – I
still can't work out how she does that!
Each family member has a cocktail of
misfortunes, foibles and challenges.
Put the lot together, and it should be yet
another tale of an Indigenous community
falling apart. Yet she also vividly
portrays the affection that underlies
their fraught relationships, the strength
of their connection to country and
determination to save it from the hands
of greedy developers. Their struggle to
find forgiveness of each other in their
fight against the world will resonate with
anyone who is driven mad by family
dynamics.

At the end of the book, you can't help
but hope that the author brings back Kerry
Salter; her life would be a great series. I
presume she will remain determined to
raise her voice in anger, most of the time,
with obvious justification. At other times,
her 'lippiness' is that which permeates
most families – it's just that she is more
honest than most of us!

Deb Cox

Fire Plan! Please plan in advance
where you and your pets could go if you
have to evacuate. Have carry-boxes, leads
and an emergency supply kit readily
accessible (it should contain a few days'
supply of food and water, can opener,
bowls, cat litter and litter tray, medications

and blankets). Make sure your pets wear
their collar and tags at all times and have
them micro-chipped. Provide a secondary
contact number on the ID tag or microchip
record. Also make sure that you have
current photos of your pets in case they
do get lost.



Marvin and Otis, cuter than a cartoon...



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays 10.00am 4th Sunday 5.00pm. Cobargo: Christ Church - 1st, 2nd, 3rd Sundays 10.00am. Quaama: St Saviours- 4th Sunday 10.00 am. 5th Sunday - One service in parish at 10 am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Country Club at 6.30 for 7.00pm Enquiries: Ray Clements on 0477 017 443.

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm. No experience necessary. Contact Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues vary, phone Heather Sobey on 418 406 068

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New players welcome, tuition and, equipment provided. Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA rooms, Bermagui. Researchers & helpers welcome. Ph Allan Douch 0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing activities - various times and sites. Contact Paul on 0466 013 153 or visit www.facebook.com/BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights' Open Monday and Wednesday afternoons at the Bermagui Sports Stadium. Contact: John Preston - accredited coach Ph 02 6493 5887 mob 0429 179 184

CATHOLIC CHURCH

Weekend Mass times. Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at the Cobargo Museum: researchers, old photos, information and new members welcome. Contacts: Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring environment. Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children 0-6 welcome to join. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzle at 7pm & praise night at 6pm, Cobargo Bermagui Rd. For information ring Robyn 64938324 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 - 12.30 first Wednesday of the month at the swings.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th Saturday, tea/coffee 4.30pm start 5pm. Discussion group 3rd Saturday. Meditation every Monday at 11am. Other events see website opensanctuary.weebly.com. Inq: Linda Chapman 0422 273 021

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3:00pm Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermagui Street, Quaama. All men are welcome. For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525968

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men welcome. Contact Bill Johnston on 0413 005 419 or Phil Baldwin on 0421 114 882.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at www.cobargofolkfestival.com. For info ph. Secretary Carolyn Griffin 0400 391324, Treasurer Zena Armstrong 0402067615 or email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

OCTOBER	WHAT	WHERE	TIME
Wed 3	Kids' art and craft workshops, \$25	Mountain View Farm, Tilba	from 10 am
Fri 5	'Swamp Stompers' CD launch	Cobargo Hotel	8.30 pm
Sat 6	Heritage Day	Montreal Goldfield	9.30 am - 2.30 pm
Sun 7	Live music: Garry Carson Jones, free	Tilba Valley Winery & Ale House	12.30 pm
Thurs 11 & Sat 13	'Happily Ever After - The Reception'	Cobargo SoA Hall	7.30 pm
Sat 13	Jan 'Yarn' Wositzky on stage	Montreal Goldfield	2 pm
Sun 14	Galba Forge blacksmithing demo	345 Yowrie Rd, Wandella	1 - 5 pm
	Live music: Dust & Echoes, free	Tilba Valley Winery & Ale House	12.30 pm
	Beautifully Mad, \$45, 0418 720 908	Rusty Fig Winery	12.30 pm
	Open Mic	Cobargo Hotel	7.30 pm
Fri 19	Live music: G2 Guitar Duo, free	Tilba Valley Winery & Ale House	12.30 pm
Sat 20	Quaama/Cobargo Quilt Show	Anglican Church, Cobargo	9 am - 4 pm
Sun 21	Doco: 'A Will for the Woods'	Old Butter Factory, Cobargo	3.30 pm
	Michael Menager Trio, \$20	Murrah Hall	6.30 pm
	Quaama Tennis Club Open Day	Quaama Tennis Courts	2 pm
Sat 27	The Awesome Extended, \$20 (kids free)	Murrah Hall	7.30 - 10 pm
	Spring Horse Show and Gear Sale	Cobargo Showground	From 8.30 am
	Live music: Tony Jagers, free	Tilba Valley Winery & Ale House	12.30 pm
REGULAR EVENTS			
Mondays	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
	Tilba CWA meeting	Small Hall, Tilba	10 am
	Trivia	Cobargo Hotel	7.30 pm
Tuesdays	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalashila Centre, Tilba	10 am - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - noon
	Appalachian Jam Session	Cobargo Hotel	7 pm
Wednesdays	Dru Yoga	Cobargo School of Arts	10.30 am
	Bermagui Historical Soc. meeting	CWA Rooms	2 pm
	Bermagui Seniors' social lunch	Venues vary. Ph 6493 4006	
1st Wednesday	Bermi Growers Market	Fishermen's Wharf	2.30 - 5 pm
Thursdays	Mind Body Stillness Meditation	The Court Room, 36 Princes Hwy, Cobargo	10 am - 11 am
	Rhymetime	Bermagui Library	10 - 10.30 am
	Lions Club meeting	Cobargo Hotel	7 pm
	Lions Club meeting	Bermagui Beach Hotel	7 pm
1st Thursday	Coding night	Bermagui Library	5 - 8 pm
3rd Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
	Community raffles	Cobargo Hotel	7 pm
Last Thursday	Bermagui CWA meetings	CWA Rooms	1 pm
Fridays	Open Mic	Cobargo Hotel	7.30 pm
1st Friday	Tilba Market	Big Hall, Central Tilba	8 am - noon
3rd Friday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Saturdays	Community Joker Draw	Cobargo Hotel	6.30 pm
2nd Saturday	Riverbank Working Bee	Rob's corner, Quaama	9.30 - 11.30 am
Sundays	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
1st Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am-12 noon
	Bermagui Red Cross Markets	Dickinson Oval	9 am-12 noon
3rd Sunday	Tilba Folk Circle	Neck of the Woods Cafe	5 pm
ART			
Sat 6	Opening, Elizabeth Andalis	Lazy Lizard Gallery	10 am - 12 noon
Sat 13	Opening, Sharon Peoples	Narek Gallery	4-6 pm