

Our community is blessed!

It's been a challenging winter. Local farmers have had a hard time keeping their herds fed and our volunteer fire brigades have had a busy time well ahead of what is meant to be their peak season.

Happily they received the blessing of rain which has lessened the challenges ahead of the hot summer weather to come. But blessings have come in another form. The Reverend Tim Narraway of the Anglican Parish of Cobargo, Bermagui and Quaama is not one to sit around. He has been busy tending his own flock. His version of pastoral care has been to support the aged, sick, those in need and those affected by drought and fire.

As Chaplain of the Fire Brigade, wearing his high-vis chaplain vest, he offers support to both the firefighters and the victims of bushfires.

In Quaama last month, he presided over a service to 'Bless the Fleet'. It was a wonderful celebration. People from all over the valley attended to witness both fire trucks and firefighters receiving heartfelt attention by Tim and the congregation. There was a lot of holy water splashed about!

After the service, a bring-a-plate barbeque outside the charming Quaama church was enjoyed by the whole group.

Tim also presided over services in both Cobargo and Bermagui for the Feast of Saint Francis of Assisi—'the Blessing of the Animals'. Forty people, 14 dogs, one cat and two budgies received blessings to see them through the year.

The church looks forward to welcoming evangelist, singer and songwriter Doug Macfarlane, who will bring his message to St Paul's, Narooma at 6.30 pm, Saturday 17 November and to All Saints Bermagui at 10.00 am on Sunday 18 November. All welcome!

Chris Richard-Preston and Bhagya



The beauty of our region is both inspiring and abundant. Marine biologist, Jo Lane, recognised the potential of the crystalline coast for growing ocean-bathed kelp as a pure food which grows rapidly while drawing down atmospheric carbon. Her environmentally focused plan has been rewarded with a prestigious Churchill Fellowship to gain knowledge world-wide

to enrich the region.

The environmental beauty is one of our region's greatest assets, economically, socially, spiritually and creatively. Sam Davis is one of many local artists moved to capture the subtleties of light, landscape and native forests. Maybe because it is also spring resonating the sense of connectedness to the beaches, bush, sea

and mountains – creative expression seems to be bursting out in music, song, writing, drumming, painting, laughter, recitals, concerts, workshops – often the works integrate a purposeful perspective of social conscience, binding of community and safeguarding the treasured environment held in trust for those yet to come.

Letters to the editors

Wallaga Lake - a medical analysis

To use a medical analogy, if you wish to help the Lake then remove its enlarged prostate (an enlarged prostate blocks the flow through the urethra). That is, replace the road causeway with a bridge—nothing fancy, just the simplest two-lane bridge. The existing heritage-listed bridge would be unaffected by this course of action.

The Lake is large and deep enough to amplify a large scale cyclic flow. It would take advantage of an expansive and full tidal cycle—maximum capacity inflow and maximum capacity discharge.

With the current, human-created blockage in place, water flows from the ocean into the easterly basin. Then it has to slowly meander, then squeeze through a narrow portal. Before a substantial proportion of the inflow can get past that point, the tide has already changed and is on its way out. With the 'enlarged prostate' problem, you get a massively decreased amount of inflow and outflow.

If the causeway were removed the whole Lake would be brought into play. That should generate enough push and pull to keep down the massive sand accretion in the eastern basin. A powerful surge into and out of the entire Lake (rather than a sand-compromised shallow entrance diminishing that flow and cycle) should keep the Lake open longer. This would allow the gateway to be clear for the seasonal fish stock replenishment from the ocean as schools of Yellowfin, Bream, Whiting, Luderick, Pinkie Snapper, etc move back in.

With the Lake closed, it warms up. The slime weed proliferates exponentially and sucks the oxygen and life out of significant areas of the waterway, creating ecological

cesspools. This is what happened the last time the Lake was closed.

Mark Dullow
Beauty Point

Where are the koalas?

Is it just me or has anyone else seen these images on the road from Bermagui to Cobargo. What do they mean? Are there koalas in the forest? Are koalas coming to live in the forest? I wish I knew.

Hara Scot
Cuttagee



Where are our koalas - very few left

Include the disabled

Editor,

People are disabled from birth, from injury, from illness and/or as a result of old age.

The terms of reference for the proposed Royal Commission into aged care should be broad enough to enable the commission to investigate and report on the treatment of those in care as a result of all forms of disability: age-related, injury- or illness-related and/or as a result of birth defect.

Jack Miller
Bermagui

Thumbs UP



To the new starting blocks at Cobargo Pool and the mild temperature of the water on cold, rainy days.

To Scott Baker from the Library for organising a moving reading from talented local poet Tim Metcalf, from his book *The Underwritten Plain*.

To the mystery woman who has been watering the trees at the Quaama entrance over winter, no wonder they're alive!

To the delicious iced cupcakes made by Rachael from the library, for our book club meeting.

To my neighbour, for calling in to see how I was and offering to mow my lawn, this really touched my heart.

To the team at Bega Vet Hospital, for saving Amystar's life after bites from a four foot long red bellied black.

To the beautiful rain. Keep it coming!

Thumbs DOWN

To those stealing tinnies from Wallaga Lake by severing padlocks with bolt cutters.



To the beginning of the snake season, with six dogs hospitalised in Bega. The antivenin costs \$1000; sedation and fluids are needed too. It's a very costly process, so watch your dogs carefully

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Lost pigeon finds way to Cobargo



One Monday morning my wife Veronica called to me from the front yard in an urgent voice. Thinking there was a snake I grabbed a stick and headed out to find her confronted by a racing pigeon! It seemed quite tame and happy to be in our company. Veronica went and put some birdseed in a dish, which it ate hungrily. We then managed to catch the bird using an old fruit tree net and placed him in a cage.

The bird had rings on his legs. The initials were GMPC—Greater Melbourne Pigeon Club—so I looked them up and left a message. Later that night the owner, Daniel, called, delighted that his bird had been found.

Daniel told us that the bird was one of twenty pigeons released from Forbes NSW a week and a half earlier. When he landed in Cobargo he was 612 kilometres from where he should have been. He was sighted in the main street and flew out of town. Our neighbours Kyle and David had tried to catch him the day before.

During the bird's time with us we fed him birdseed and water. He looked to be in good health with glossy feathers.

We arranged to meet Daniel in Bairnsdale on a Saturday morning. We set out at 5.30 am, bound for Bairnsdale, 360 km away. It was a beautiful day for a drive. We met Daniel at 10.00 am in the main street. He was delighted to see his bird, who was a third-generation racer and quite valuable. Daniel inspected the bird and showed us that he had been attacked by a hawk, which may have disoriented him.

After exchanging pleasantries and the bird we had a coffee and headed home to Cobargo.

Steve and Veronica Ahern

Triangle's ad guru hands over the reins

In 2003, *The Triangle* was a 20-page newsletter with a handful of local stories and a scattering of advertisements, roughly pulled together with varying degrees of success by a small amateur committee with a dream, doing the best they could.

Then the President enlisted Nerida Patterson.

In 2018, *The Triangle* is a 32- or 36-page newspaper, bursting with local stories and an abundance of ads ... roughly pulled together with varying degrees of success by a small amateur committee with a dream, doing the best they can ...

But it's in no small part down to Nerida that *The Triangle* has grown to what it is now. You could spot her on any given day, wandering down the street, sighting a business that was yet to advertise and 'just popping in for a chat'. In 2003 we were lucky to have next month's printing costs in the bank. In 2018 we have surplus enough to sleep at night, dedicated laptops and state-of-the-art software, and have regularly donated excess funds to Triangle-area charities and not-for-profits—for years.

Now Nerida has put herself out to pasture. No-one ever deserved a 'well-deserved break' like her and we wish her all the best. But Neri's long and varied life has encompassed so much more than selling ads for her local community rag—so we're trying to talk her into being interviewed for a My Triangle. Watch out for it sometime soon!

Jen Severn



Ad guru Nerida Patterson-eat your heart out, Mad Men!

Who does the work

The Editorial Committee

Linda Sang (President)
Sarah Breakey (Vice President)
Carolyn Banados (Secretary)
Bhagya (Treasurer)
Rosemary Beaumont
Ann Maree Menager
Kathy Wilson

Advertising

Book advertising space with Sarah Breakey
0455 745 985

Layout & Design

Linda Sang and Bhagya

Accounts

Mail accounts to:
PO Box 293, Bermagui NSW 2546
Email: treasurer@thetriangle.org.au
Phone: 6493 8369

Area Contacts

Bermagui: Carolyn Banados, Ann Maree Menager bermagui@thetriangle.org.au
Cobargo: Rebecca Blunden cobargo@thetriangle.org.au
Quaama: Bhagya quaama@thetriangle.org.au
Tilba: Sally Pryor tilba@thetriangle.org.au

Printing: Excell Printing Pambula
Accounting Services: Fredrick Tambyrajan, Cobargo
Distribution Service: Linda Sang

Distributed by Australia Post and available from:

Bermagui: 777 Supermarket, Visitors Centre, Library, Post Office, Blue Wave Seafoods, Bermagui Country Club, Bermi's Beachside Takeaway, Shell Bermagui, Curry Bunga
Central Tilba: Post Office, ABC Cheese Factory, Tilba Sweet Spot, Tilba Winery
Cobargo: Post Office, United Petrol, Well Thumbed Books, Black Wattle Gallery, Bowerbird Op Shop
Narooma: Information Centre, Library, BP station
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au
Postal address:
The Editors,
The Triangle
PO Box 293, Bermagui. NSW 2546
ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

It's been lovely to see the Tilba valley spring to life with the good rains during October. Rain is so important for our wellbeing – we feel better and appreciate our beautiful environment more, it nourishes the farm lands and the spring gardens and most importantly it fills our tanks, dams and creeks. While we are thankful, there is still drought and we need to remember that not all areas are as lucky as we are. Nevertheless life goes on in our communities as we celebrate important events, getting on with daily living and finding new things to appreciate around us.

Healthy living

Gulaga Gallery and Bookstore is a well-known and loved business in Central Tilba. It was started in 1991 by Sol and Shanti Ramana-Clarke and stocks a range of clothes, jewellery, books and more. Since the release of Sol's documentary, *The Hemp Revolution*, in 1995, the shop has had a business focus on promoting the many uses and advantages of hemp products. Sol's passion and advocacy for hemp products has been rewarded by a change in Australian legislation in November 2017, which now legalises low THC hemp seeds for human consumption.

The historic building of which Gulaga Gallery is a part also incorporated a family home where Sol and Shanti brought up their children. This area became vacant when Sol and Shanti decided to move off site – first to Wallaga Lake and then to Bermagui. Pleasingly, two of their children decided to move back to their childhood home after leaving in their late teens—Eden and Tenzin. And so Healthy Hemp Hub was born, operating in the old family home and linking and broadening the focus to showcase the many aspects of hemp. It opened last Easter with Tenzin and partner Emily, vegan chefs with a background in hospitality, and Eden, whose background is social work, at the helm.



Tenzin and Emily at the Healthy Hemp Hub

Healthy Hemp Hub offers a range of hemp smoothies and has recently added coffee to its range. These can be enjoyed either in the comfortable cafe area (wi-fi available), or on the sunny deck which looks out onto stunning Tilba scenery. The trio are working with Eurobodalla Shire Council to further develop the Hub. And as you would expect there are many hemp products to choose from including flour, oil, cosmetics and soaps, as well as other healthy living products.

Celebrating the years

Peter Lonergan of Tilba Sweet Spot fame and President of the Tilba and District Chamber of Commerce decided to celebrate turning 70 with a 70s-themed dress-up in the Central Tilba Big Hall on 20 October. With many splendid and imaginative outfits it was hard to recognise many locals as the years dropped away with luxurious wigs, colourful coverings and enthusiastic dancing. On stage were Beautifully Mad's

Kris and Tony, who seemed transported back to the 70s with their amazing musicianship and party dress. The hall was decked out in wafting sheer banners and bunches of colourful balloons and the supper table groaned under the weight of many 70s-styled delicacies. It was hard to pick Peter, who was sporting a generous head of black hair, John Lennon glasses and was considerably taller in platform shoes barely visible under wide flared white pants which he can still fit into! Another Tilba celebration to remember – well done Peter and Happy Birthday!

Also celebrating a significant birthday in October was Fran Barton, who turned 90. Fran's daughter Peita runs Mockingbird Lane Antiques in Central Tilba with husband Greg. She organised three members of the Tilba Tappers to dance the can-can, a favourite of Fran's. The celebration was held at the Yoga Retreat at Corunna Lake.

Corunna State Forest Logging

Following a recent sighting of a rare Masked Owl in the Corunna State Forest logging area, community direct action has



Logging protesters at Corunna, focused on saving the rare Masked Owl. A Sea Eagle nest has also been spotted.

commenced. Concern is focused on the habitat of the Masked Owl as well as a Sea



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Tilba Bites

Eagle nest which has also been discovered in the area.

Currently, Corunna State Forest is locked to the community and the Corunna Forest Protection Group has requested a response from Forestry NSW, who must implement relevant provisions of the Threatened Species License. The Group is awaiting notification of these provisions at time of going to press.

Narratives of Tilba

Harry Bate will again present his well-researched and interesting talk about 'Why Two Tilbas and the Mountain View/Hydroelectric Scheme' on Saturday, 17 November at 1 pm, at the Old Dairy, Mountain View Farm, Tilba Tilba.

The Tilba area has an intriguing history and this is an opportunity to hear a small part of it from a knowledgeable and entertaining speaker. The previous presentation in October had a small but captivated audience who also enjoyed the surrounds of the old farm buildings and the views of Gulaga. The cost is \$25 and includes afternoon tea.

Mountain View Farm will also be hosting a Wet Felting Workshop on Saturday, 10 November, from 1.30 – 3.30 pm. Enquiries, contact Kathryn on 0423 025 686 or kath@mountainviewfarm.com.au.

Central Tilba School of Arts AGM

Please note the AGM is set for 5.30 pm on Friday 16 November in the Small Hall followed by an Ordinary Meeting. All are welcome to attend. The Committee needs some new members to join the ranks and help out, so please consider getting involved.

Tilba Qigong Retreat

Looking out on the beautiful gardens, and listening to the birdsong and the falling rain while practising, made this a special weekend for me. Initially, it was difficult to put aside my grief and make a commitment to attending. In the last month, I have lost my two best friends.

Bul Hae and Glenda prepared a program that brought spiritual, emotional, physical and social benefits to all 15 participants. As teachers they were skilled, supportive and well-prepared. There were opportunities to practise 18 beautifully flowing movements which heal the mind and body.

Glenda prepared delicious and nutritious food using local produce.

The next retreat will be held in April 2019. Please contact Glenda Morgan to enquire about booking: glenda.morgan@optusnet.com.au.

Come and try Qigong—we are meeting on Wednesdays at 9 am on the verandah of the Bermagui Surf Club. Gold coin donation.

Deborah Taylor



Qigong in Tilba: spiritual, emotional, physical and social benefits

Tilba RFS report

Well, it's been a welcome, quiet month for Tilba RFS, with the frenetic pace at the end of winter and early spring replaced by a quieter and wetter environment. We join with everyone else in rejoicing in the wet October.

One significant event during the past month has been the annual RFS Eurobodalla South Group Exercise held at Dalmeny, where eight local Brigades gather and compete in performing relevant training exercises. While overall numbers of attendees was down, Tilba Brigade acquitted itself well and was commended for strong performance. Attendees were Jodie Vassallo, Harry Ghazikian, Peter Hopkins, Chris Weire and Liz McDonald.

These exercises are most valuable in placing teams into simulated real life scenarios, and they are a wonderful opportunity to learn. The Group Captain and his team do a great job in putting these exercises together. Peter Hopkins said, 'The Group South leaders provide a range of challenging and often confronting situations based on the great depth of their experience. It is also great to meet and work with members from other local brigades.'

Harry Bate

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Steady makeover of Central Tilba halls

Thanks to the wonderful dedication of a few members of the Central Tilba School of Arts Trust (CTSOAT), during 2018 there has been a series of improvements to both the Big Hall and Small Hall in Central Tilba, and the work is ongoing.

The Small Hall now has a curtain across the stage to allow scene changes out of sight, the dressing room has been upgraded, the hall floor sanded and polished. Special thanks to Janine Halasz and Sally Pryor for doing the curtains and dressing room work and organising the floor sanding. These upgrades were in place in time for the Red Door Theatre play in July, and even earlier for the Hairy Concert. Shelving, benches, and general maintenance have been done by Smilie Magill with some assistance from one other.

The Big Hall has recently had acoustic tiles installed in order to greatly improve sound quality. Some further tiles are still to be added following progressive testing of the work during and after installation, but the improvement is very marked. This work was facilitated by the acoustics of the hall having been professionally tested, and improvements designed at no cost by Mystery Bay resident David Connor who has many years' experience in audio and electro-acoustic design, including a period as Sound Manager at the Sydney Opera House. He also designed the site-wide sound system at Homebush for the Sydney Olympics. David has worked in the entertainment industry for over thirty years. He has worked in Malaysia, Singapore and Germany. The local community is most fortunate to have the benefit of his expertise. This acoustical work was assisted by the NSW Government through the Heritage Near Me program.

CTSOAT also wants to thank young

Emily and Janine, who have been doing a wonderful job cleaning the halls each week and have everything looking amazing.

The Big Hall is also getting a fresh coat of paint on 26 October (working bee) and the floors are due to be sanded and resealed this month so they look as beautiful as the Small Hall! Additional lights and fans will also be installed shortly.

The piano in the Big Hall has been tuned, so the weekly accompaniment to the market will be even sweeter.

The AGM is set for 5.30 pm on Friday 16 November in the Small Hall, followed by an Ordinary Meeting. All are welcome—we really need some new committee members to join the ranks and help out. Please step up if you possibly can!

The CTSOAT Committee looks forward to further improvements to the halls in 2019 and to greatly enhanced usage of its halls, and improved satisfaction of users.

Harry Bate

Central Tilba Public School News

Relay team success

Our relay team, Elias, Isiah, Jordy and Sophie, travelled to Canberra on 12 October to compete in the small schools 4x100 m relay. They came third overall, which means they have successfully gained entry into the State athletics carnival held in week 3, term 4. Thank you to parents who took the time to provide extra training for the team and arranged travel to the event. Huge thanks to Sophie and family who stepped into the team at the last minute, allowing the relay team to compete.

Wheelchair Sports

We had a fantastic morning on Monday, 15 October with Brendon from

the Wheelchair Sports NSW Roadshow. Brendon not only taught us about the fun that can be had playing wheelchair sports, he also highlighted the everyday challenges faced by individuals with disabilities from accessibility to inclusion. It was a valuable experience enjoyed by the whole school



Thanks and farewell from Ms McGrath

Thank you and farewell beautiful Tilba community. The past year at Central Tilba PS has been very special and an amazing career opportunity where I have been able to grow both professionally and personally. It has been such a privilege to work with Kara Munn, Kim Atkins, Peter Markham, Juanita Low, Julie Moore and Warren Atkins; what a beautiful and professional team. Of course, I will miss the students the most—it has been a great joy to be their teacher and principal. Thank you to parents and community for all your support. Central Tilba PS is a very special place. Ms McGrath.

Welcome to Tilba Mrs Tania Hextell

On Wednesday, we welcomed Mrs Hextell as our new relieving principal. Mrs Hextell comes to Tilba as a local from Narooma PS and has a long and committed relationship with the community. With new staff come new ideas and enthusiasm. I know Mrs Hextell is excited to get to know all of our students and community. Please take the time to come and say hello to Mrs Hextell next term.

Kim Atkins

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John Cursley—a life remembered

If we are very lucky in our lifetime, we get to meet somebody that makes us aspire to being better people.

Today the curtain closes on the life of a great man. John Cursley was that person, and the very rarest of men.

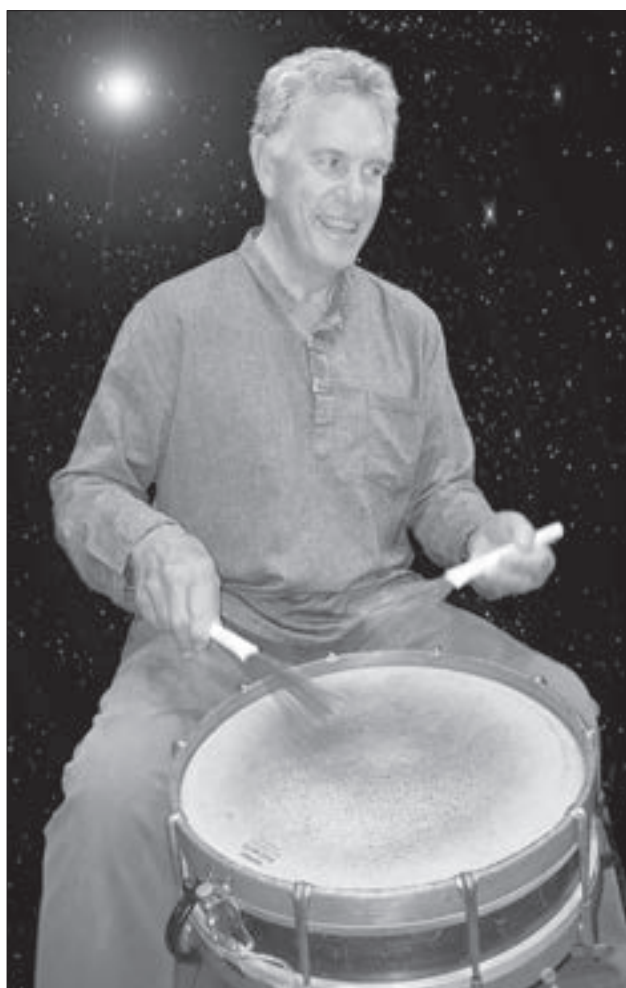
I first met John when he was the drummer and President of the original Down South Jazz Club. I was struck by the sensitivity and musicality of his drumming; he was particularly adept at accompanying singers.

His talent was matched only by his humility.

John was incredibly generous and encouraging of young musicians, such as me, who were starting out. He was instrumental in launching the careers of many performers, including Madam Pat and the Ragtag Jazz band.

He was the quintessential oxymoron—a financial wizard musician, his prudent advice saving many a musician from the folly of their worst instincts.

His generosity was widespread. He was responsible for raising large sums of money for a variety of causes such as the Mumbulla Foundation and Rural Fire Brigade. Much of his largesse was known only to himself and the fortunate beneficiaries.



Bega Valley loses one of their shining stars with the passing of John Cursley

John created 'Club Cursley', a wonderful, intimate music venue that

would not have been out of place in 1930s Paris, once again helping countless musicians in an era when venues were closing at an alarming rate, and fostering young prodigies such as local jazz pianist Kade Brown.

He was passionate about Porsches, a whiskey connoisseur, a comedy aficionado and cricket enthusiast. In fact he was tirelessly enthusiastic about life in general. He was the infectious glue to countless groups and circles of friends.

John survived many health scares, including being struck by lightning, and it seemed to us mortals that he would go on forever.

He was fortunate to have found an equally wonderful life partner in Maggie, and he was the first to say that none of his whimsical dreams would have been possible without her.

John's humour was legendary, his heart seemingly infinite and his willingness to help people knew no bounds. He challenged ideas and often solved problems by marching to the eccentric beat of his own drum. He was so much more than a great musician—he was a great man, and his legacy will keep beating in the hearts of all who knew and loved him.

Tony King

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Yuin Folk Club Inc
Notice of Annual General Meeting
The 2018 Annual General Meeting of the Yuin Folk Club Inc will be held on the rescheduled date of Saturday 17 November, at the CWA Cottage, Cobargo, from 10 am.
Carolyn Griffin, Secretary

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Dear Cobargo, here we are, blowing a kiss to October ... could it really be, a spring mostly gone, another summer brewing in the hot sticky vats of the future. As blossoms fall away from fruits, and the rich green of fresh leaves make us breathe deeper, people smile more, lovers kiss with more meaning, birds ready themselves for the next generation. The blowflies move back in with a buzz that could lift the house and we wonder why we never did get around to installing that fly screen ... And of course the rain. After months of whining and praying and watering to no avail, October brought with it misty weeks of drizzle and rain, soft and warm. As I write this, I hear it start and stop and start again, off in the night with nobody watching.

What a dream it's been to see the sickening fields sprout fresh and strong, the emerald greens win over from the dust and frost-burnt, at last. Incredible the sense of optimism that comes with a green outlook, the soft precision of drops on a tin roof. Incredible the force of life bursting around us, with both spring and moisture behind it. Won't be long and our afternoons, mornings here in Cobargo will be filled with the whip of the sniper and the drone of mowers.

Of course it's not just the lawns that have moved into overdrive, it's action stations all over town, change is afoot and we are ready for it.

You may not have noticed but we have grown, put on about 450 tonne over the last month or so. That's a fair weight gain for a tiny town like us, but not one we'll be trying to lose. In fact it's a huge win, especially for the local kids. An



Danielle whack-packing the toddler track

awesome, proactive team of local peeps, who originally conspired and erected the skate park at the top of town some 8-10 years ago, have once again joined forces and dreamed up a multi-level BMX bike track to be the envy of BMX bandits from all over. With the help of Council, local contractors, an expert BMX track designer and a large chunk of Dignams Creek, the group will have the track ready for a summer of hot biking activity. Keeping the kiddies fit and happy and away from those screens for the long summer ahead and into the future. They are doing more fundraising soon so keep your eyes out for raffle tickets around town. You could win 33 tonnes of blue metal! How's that for practical.

The main street has seen some activity too. Although it may still seem to be in hibernation mode to the unobservant, the cogs are turning and change is afoot. Happy Go Lucky is back, taking up space, breathing life back into the hulk of the 'tea rooms'. For Sale signs have gone up; the White Horse, now teal, has got to be the sale of a century. I am praying to the god of real-estate that we get someone proactive and inspired to buy up such an important chunk of the town.

We are one cafe down it would seem with nothing but stacked chairs and darkened windows at Hayden House, and with another up for sale there is a healthy business-sized gap forming and it's bound to be filled sooner or later. And speaking of filling gaps ... the most exciting main street news is a WATCH THIS SPACE, there is activity afoot in the old supermarket. Jane and Alfred of the much loved Cobargo Icecream are sharpening knives and poking tongues in Woolies' general direction. Heroes of our time, they will throw it all to the wind to give this town the breath of life that it so needs. A general store and deli is on its way! So let's put our money where it counts and support these brave people to make our town take a step back, forward, toward self-sufficiency.

Remembrance Day in Cobargo

A service of commemoration will be held at the Cobargo and District Soldiers Memorial on Sunday 11 November, this being the hundredth anniversary of the signing of the armistice that ended World War I. The service will commence at 10.30 am with the mounting of the catafalque party. There will not be a preceding march.

Those attending may wear full-sized medals as appropriate. People wearing a relative's medals should wear them on the right breast. Local organisations and individuals may lay wreaths at the appropriate time during the service. Morning tea will be provided following the service.

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Cobargo Conversations

SOAPI cleans up with sell-out performances

The first two performances of the locally written play 'Happily Ever After – The Reception' were a sell-out success last month at the Cobargo School of Arts Hall, with extra seats needed at the last moment for door sales.

A robust audience rocked with the performance and bonded with the characters, supporting the heroes and showing their appreciation of the twists and turns in the plot. The cast of mostly local players didn't miss a chance to generate a laugh.

SOAPI is looking to hold a few more performances of 'Happily Ever After – the Reception' in the Triangle region, and a couple of new male (~25-55) cast members are needed to replace members who will be unavailable. If you are interested in joining the cast for performances in November/December, please call Robyn Freedman on 0410 525 968. Keep an eye out for SOAPI posters to see new performance dates.

An acting workshop and enrolment for new members will be held on Monday 5 November from 6 pm at the Cobargo School of Arts Hall Supper Room. Joining fee and annual membership is \$15.00. There will be a program of occasional workshops and play readings throughout

the year.

SOAPI will soon be casting for a terrific new work by Sydney playwright Timothy Rochford and, after that, a new political melodrama by Robyn Freedman, both to be performed first half of 2019.

Enquiries please call Robyn Freedman on 0410 525 968



The Twins gang up on their mother.

Cobargo Brigade and scouts in action

Last month Cobargo Brigade members attended a special thank you event and barbeque at the invitation of the Cobargo Scouts.

The event was organised by the scouts to show the community's appreciation for the work of the Brigade, particularly over recent months with a number of major bushfires in the region. A special joint training event was also conducted with the scouts on the evening, and it was great to see the kids enjoying learning how to use the hoses and, of course, trying 'really

hard' not to get wet.

By the end of the joint training session, the scouts were thoroughly soaked—as were some of the Brigade's crew—but all in a spirit of good old-fashioned fun.

The last month has seen good rainfall and a lessening of activity for the Brigade in general after the previous period of local grass fires, bushfires and other incidents in the Cobargo area, and the now extinguished Yankees Gap Road bushfire.

Our Community Engagement officers have attended a number of assessments for property owners in bushfire-prone areas, issuing advice and information on property protection and bushfire survival. For information about this free service, please contact the Secretary on the number below.

We again invite interest from anyone considering joining the Brigade and experiencing the rewards of helping to protect and serve our wonderful Cobargo community. For more information please contact Secretary/Treasurer Lisa Ayliffe on 0429 936 476, or simply come to one of our fortnightly training nights at the Cobargo Fire Station, which this month are Thursdays 1, 15 and 29 November, commencing at 7.00 pm at the Fire Station, Wandella Road, Cobargo.

John Walters

Cobargo A P & H Society Droughtbreaker Dance



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From previous page: Scouts are shown some special training with RFS and then all enjoyed a BBQ

Scout fare, Cobargo 1st-style: instant noodles and pig on a spit?

When people think about scout camp food, burnt sausages or instant noodles come to mind. We won't lie, there is some of that but we try to include the occasional feast in our camps.

Our most recent camp feast occurred at our regional Jamborette, held at Berrima over the October long weekend. This three day camp had a medieval theme and, in a moment of lunacy, our leaders thought, 'Wouldn't it be great if we could have a pig on a spit?'

Arranging a pig on a spit for a camp with no power, five hours from home, may sound crazy, however scouting is all about adventure so we did it anyway. The pig was transported in an old chest freezer filled with an ice/salt mix, loaded on a trailer. This was a great success and Spider pig (as the pig was christened by the scouts) was icy cold when taken out.

Our pig on the spit was the star of a medieval communal dinner shared by around a hundred scouts and leaders from Cobargo, Merimbula, Batemans Bay, Jerrabomberra and elsewhere, many of whom dressed for the occasion. We are pleased to report that King Graham and his subjects from 1st Cobargo Scout Group won the award for best costumes and meal.

And the theme for next year's Jamborette? Zombies. Crumbed fried brains perhaps?

1st Cobargo Scouts



Spider Pig being escorted to the table by the scouts

CWA News

Events coming up for Cobargo CWA for the next month include the Far South Coast Group Conference to be held at Tilba on Monday 22 October and then we are catering for the Cobargo Co-op AGM to be held at the CWA Cottage on the evening of 1 November.

We held our own AGM in October and elected a new President, Ann Holub. Welcome, Ann and all the members hope you will enjoy your new role.

We are now starting to look for our Cobargo Citizen of the Year for 2019! Yes, it's that time again! If you know of someone who is giving over and above to the community of Cobargo, now is the time to nominate them. We are looking for someone who volunteers their time and makes a difference in a special way. We need a simple description that explains exactly what this person does and what makes them special. Please forward your nomination to: Mary Williams, PO Box 5114, Cobargo, or email me on maryw42@bigpond.com. If you want to discuss your nomination first or need help, please ring me on 6493 6167. We require nominations by the end of November, so that the committee, which is made up of locals from volunteer organisations, can discuss and decide on the Cobargo Citizen of the Year for 2019. We need to have it finalised early to assist the Shire in preparing the certificate etc.

I have been reporting in *The Triangle* on the doings of the Cobargo CWA in our community for some years now and I am handing over to a new face, Helen Carmody. She will keep everyone up to date while I take a break! I would like to thank the wonderful folk who make this great *Triangle* publication work. You do a great job and *The Triangle* is a publication of high standard. Many thanks to you all.

Mary Williams,

Former Publicity Officer, Cobargo CWA

Kiwi loses his locks for the Skate Club

We would like to thank Kiwi for agreeing to have his head shaved to raise money for our Baskets and Bikes project. We raised just over \$500 when Michelle Grebert shaved his head.

This took place at Cobargo Hotel on 5 October, on one of the biggest nights I have ever seen at Cobargo Hotel. Thanks to Michelle, to Dave and Bronwyn for the great job they are doing at our local pub, and to local photographer Louisa Monohan for her great shots.

Tania Lingard, Cobargo Skate Club



\$500 was raised when Kiwi agreed to have his head shaved. Michelle Grebert did the honours (Louisa Monohan photography)

Tell 'em you found 'em
in the Triangle!

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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Cobargo Conversations



The 'biggest event ever' at Cobargo Hotel last month saw a convergence of bands - The Swamp Stompers (upper left) supported by Cuppa Shred (lower left) and Wolf Stone (bottom) - and a huge crowd. What a night!
(photos: Louisa Monahan Photography)



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Slow Down in our Town: survey results

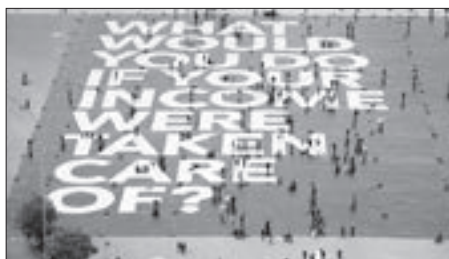
Some shocking and frightening information has emerged from the survey results of the Slow Down in our Town campaign. So far fifteen local residents, out of the 40 surveyed, have witnessed firsthand pedestrians nearly being knocked down by speeding traffic in the main street. They have seen elderly people having to run across the road and one local saw an elderly person fall over in the road while trying to hurry across to avoid a fast-moving truck.

Other locals have seen children run onto the road, a terrible accident being averted only because of drivers slamming on brakes. Two locals witnessed a lady being hit by a ute with a trailer; her injuries were serious but luckily not life-threatening. Seven people reported seeing car crashes, one person saw a dog running into the road. Six people said they found it very frustrating and frightening trying to cross the road with young children.

Ninety percent of the responders said the traffic was going too fast and ninety five percent said that the noise of the trucks had a negative effect on the town. The majority of responders suggested that enforced slower speed limits and a safe pedestrian road crossing would make the town a lot safer. We encourage everybody to have their say—survey forms will be available from various locations in the town and at the Cobargo Market street stall. There is also the petition to sign—it now has more than 400 signatures.

*Rebecca Blunden, Phil Maughan,
Sarah Breakey*

No such thing as a ... *Free Lunch Society?*



Sunday, 18 November at 3.30 pm we will be showing Free Lunch Society, the next monthly community documentary screening, in the Old Cobargo Butter Factory. What would you do if your income was taken care of? Just a few years ago, an unconditional basic income was considered a pipedream. Today, this utopia is more imaginable than ever before. Free Lunch Society provides background information about this idea and searches for explanations, possibilities and experiences regarding its implementation.

An unconditional basic income means money for everyone - as a human right without service in return. Depending on the type and scope, a basic income demonstrates very different ideological visions: inactivity as sweet poison that seduces people into laziness, or freedom from material pressures as a chance for oneself and for the community. Do we actually need the whip of existential fear to avoid a lazy, depraved life in front of the TV set? Or does gainful employment give our lives meaning and social footing?

From Alaska's oil fields to the Canadian prairie, from Washington's think-tanks to the Namibian steppes, *Free Lunch Society*

takes us on a grand journey exploring one of the most crucial questions of our times. Trailer: www.vimeo.com/208876894

Coffee and tea provided - bring your own mug. To cover the costs a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible!

*See you there
Lena*

The Cobargo Tourist and Business Association (CTBA)

The CTBA aims to promote the unique offerings of the village of Cobargo. We intend to hold open meetings on the second Tuesday of the month at 6 pm at the Cobargo Hotel, where we would welcome input from businesses and the community.

One of the successful CTBA initiatives last year was 'Light up Cobargo'. It will be held again on 7 December when the CTBA raffle will be drawn on the night. Tickets will be available in shops throughout the village before the date. Prizes have been generously donated by local businesses. The money raised from the event will be returned to the village for future projects.

The CTBA is a not-for-profit voluntary organisation working for the good of Cobargo and surrounds. Phone Janet 0409 033 828.

Janet Doolin

Visit our Website

www.thetriangle.org.au



The Yuin Folk Club and the Cobargo Hotel are proud to present STEVE TYSON and THE TRAIN REX, Saturday 17 November, Cobargo Hotel from 7pm. A bit of blues, a bit of folk and a lot of rock - don't miss them!

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Bermagui is officially open for business. We've been ReBooted, ReActivated and ReEnergised and, love them or loathe them, our tourists and visitors will soon be descending on our little community for the summer.

The Annual Reboot in Bermagui was, once again, a huge success. Despite rain, cold and gusty south-westerly winds on the Saturday, over 200 runners signed up for the three fun runs. Luckily Sunday was a perfect day with calm seas and sunny skies as 61 swimmers ventured into the water for the ever-popular swim events in Horseshoe Bay.

Along with an array of other events, such as Tai Chi, Yoga, Golf, Bowls, Nature Walks and the ever popular Tug-o-war, the event drew many people into town over the long weekend and school holidays. Congratulations to all those who participated, to the hardworking committee of volunteers who made it all possible and to the many local businesses who sponsored the event.

The Reboot weekend was also a busy one for the normally quiet and peaceful enclave of Fairhaven, which held its Annual Streetwide Garage Sales. Along with 25 participating households, garage sale organiser, Jennie Smith, held a fundraising sausage sizzle and raised an impressive \$1085 for the 'Buy a Bale' drought relief charity.

Bushfire Awareness

After last year's devastating fires in Tathra, and the more recent Yankees Gap Road fires, the Bermagui RFS will be holding a Bushfire Preparedness Session on Saturday 10 November at 10 am at the Bermagui Community Centre Hall. This session is particularly focused on residents in the Cuttagee/Barragga Bay area, as well as those in Fairhaven, Beauty Point and Wallaga Lake. All these fringe communities are surrounded by forest, making them highly vulnerable in a fire event. This session will help residents to be proactive and take responsibility for



An excited runner passes the finish line at ReBoot in Bermagui last month

their own safety. It will focus on home preparation, having a fire plan and possible evacuation strategies. Being prepared and aware can ensure the safety of all residents in these areas. A \$3.00 donation to the Bermagui RFS would be appreciated on the day. Although this event is being run through the Bermagui U3A, it is open to all in the community, however it would be appreciated if you could book your place by calling Robert Johnson on 0412 919 708 or Ruth Perrett (U3A) on 0408 786 546.

Seaside Fair No More!

By now the word has begun to spread that our much loved Seaside Fair will not be held in 2019. The Seaside Fair has almost become an institution in Bermagui. It brings up to 10,000 people into our town every year, and donates all profits back into the community.

So why does such a well-entrenched event just fold? Well, basically a lack of volunteers to form a committee to organise this event. Sure, it is a huge undertaking and there is quite a lot of work to be done, but most of the administrative procedures are already in place and much of the hard work has been done by past committees. Currently the situation is that the current

committee has been left with only a few members. A public meeting produced only a handful of people, none of whom were willing to join the committee, but were just happy to work on the day.

Volunteers seem to be in very short supply in Bermagui. Without volunteers we wouldn't have Meals on Wheels, the Historic Society Museum, the Visitors Centre, Montreal Goldfields, Ozharvest, the OK Shed, the RFS and SES, Marine Rescue ... the list goes on and on. Many of those who volunteer in our community do so with more than one organisation so are already stretched to the limit. Volunteers of many years' standing often get burnt out. They get older and perhaps unwell and can no longer do the things they love. New blood is needed!

This is an appeal to all those who live in Bermagui or surrounds. You may be new residents, have just retired or think it's time to give something back to the community. Put your hand up and become a volunteer. The rewards are great, the friendships made are long lasting, it is fun, and being a volunteer is said to be extremely good for your own health and happiness.

Let's hope the Seaside Fair is not dead, but just having a rest and can go ahead again in 2020 with a bright new committee of enthusiastic locals to see this event prosper well into the future.

Your news is our news

The Triangle tries to report all the exciting things happening in our communities. But, being volunteers ourselves, we can't be everywhere, and we don't know everything! If you want an event or an issue publicised, or just want to write about something, please do not hesitate to contact one of the Bermagui Banter team, or the *Triangle* team. You can either write a story yourself, or you can contact me or Ann Maree at bermagui@thetriangle.org.au and we can write it up for you. Please check out our 'Guidelines for Contributors' on page 34.

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Museum now open, volunteers needed!

Are you interested in learning about local history and being part of a dynamic local cultural group? Come along to the Bermagui Historical Society Annual General Meeting on Wednesday 7 November at the CWA Hall. Membership of the Society costs only \$10 a year and gives you access to streams of local history information.

The Society has now reopened its museum in its new location in the Bermagui Community Centre. Hours are Fridays and Saturdays, 10.00 am - 2.00 pm. See www.bermaguihistoricalsociety.org.au for some of Bermagui's fascinating secrets, contact information and how to get involved.

We are obliged to cover increased costs by charging museum entry—\$2 adult, \$5 family. The Billy Connolly movie, *The Man Who Sued God*, is available for purchase on DVD, as well as historical publications by Judi Hearn,



Our Sam Sinclair cabinet and the famous 'Here's Tooheys' sign

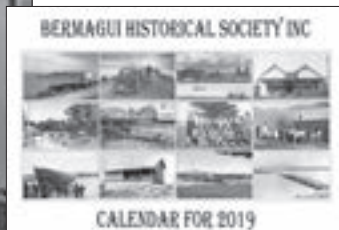
Laurelle Pacey and others.

The 2019 Historical Society Calendar is now available from the Museum, 777 and the Information Centre. A great stocking filler since 2011, it includes 12 fascinating historical photographs and is just \$12.00.

Dave Cotton



The layout of the new Museum



The Historical Society calendar

Milly the Fishing Girl

Milly the golden retriever, known as 'the fishing girl', has passed at the aged of 14 years. Milly's favourite activity was paddling around in 'figure eights', looking for fish. In Bermagui, people would call out from the bridge, 'Has she caught anything yet?'

Winter or summer she could do this for hours. Milly would look up every 20 minutes, to check that I was still under the tree, curled up with a good book.

Milly's life was a lesson in mindfulness and persistence. She had been fishing for eight years and never caught one.

Milly taught me about the joy of being in or by the water. She gave me years of loyal companionship and a sunny smile every morning.

Thank you to the team at Cobargo Vet Clinic, particularly the extra support provided by Christy Reid.

Deborah Taylor



Milly the fishing girl has passed away at 14 (photo: Debbie Osiecki)

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Bermagui Banter

Bermagui Garden Group—an oriental treat

Narooma residents John and Maureen Dodd opened their beautiful Japanese-inspired garden last month for the Bermagui Garden group's October outing.

John and Maureen have lived on their nine acre property for over 30 years but it was only three years ago, while visiting Japan, that John was inspired to create a Japanese-style garden on the side of a steep hill. It has been a massive task. John's love of large rocks is evident from the huge boulders bordering the winding gravel pathways throughout the garden.

The main feature is the waterfall and weir. John has constructed a series of levels for water to cascade down the slope into a pond, the sound of running water creating a feeling of tranquility and calm for visitors.

Plantings in the garden include small conifers and ground covers, lots of azaleas, rhododendrons, flowering trees and a wisteria arch in full flower.

Bermagui Garden Group holds gatherings at local gardens on the first Tuesday of the month. Group co-ordinator Heather Sobey finds little treasures for the group to visit throughout the year. However, after doing this for seven years, Heather is about to call it quits and looking



Garden group members Sara Lang and Kath Preston entering the Japanese inspired garden

for someone to take the reins.

If you love gardens and would like to volunteer to keep the Bermagui Garden Group going, or if you have a garden the group can visit, Heather would love to hear from you, on 6493 5308. Your garden does not have to be a professionally landscaped, manicured masterpiece ... far from it. Group members enjoy seeing something that they can take ideas from and maybe a few cuttings ... and, at the end of the day, group members just love to get together for a chat and a cuppa—sometimes the garden is just a sideline.

Carolyn Banados

'The Runaway' ready to launch

It's time for a celebration. *The Runaway*, the second book of the Montreal Goldfield and Bermagui Public School Writing Project, is ready for launch.

The first book, *The Lost Joey*, was launched last year.

All the children in Mrs Pearson's class contributed ideas for *The Runaway*, which tells the story of a young girl's first day at the new school on the goldfield. The children also posed for the photo illustrations. It was lots of fun dressing up in 1880s style. Back then clothes didn't have zippers, elastic or plastic buttons!

The celebration and book launch will take place Sunday 11 November from 3.30 to 4.30 pm at the Montreal Goldfield Heritage Centre, on the Bermagui-Wallaga Lake Road, seven kilometres north of Bermagui. Refreshments and activities for young and old are provided. Everyone's welcome.



Fun in costume for photo illustrations



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Bermagui Banter

Bermagui School Spring Fair—a light, country fair feel

Bermagui Public School's Spring Fair is on again, hoping to once again bring the community together. It all happens Saturday 24 November from 10 am to 2 pm and is to be held 'on the flat' at Bermagui School. The P&C committee has arranged amusement rides, live auctions, gymnastics, art, displays, lucky tickets, raffles, cake and coffee, ice cream, face painting and lots of stalls. The fair keeps an



Great rides for all at the school's Spring Fair

emphasis on all things local with market-type stalls offering local craft and produce, and the rides all sourced locally. Our school family will bake cakes, biscuits and slices and sell them on the day.

The Bermagui Spring Fair has a light,



Spring Fair face-painting with Lucy Glasson

country fair feel to it and is well worth a trip to Bermagui. For more information, call the Bermagui School on 6493 4271.

Concert for Can Assist

A concert for 'Recycled Teenagers' will once again be held in Bermagui Country Club Auditorium on Sunday 18 November from 1 pm to 4.30 pm.

Raffles and lucky door prizes. Gold coin entry with proceeds going to Bega Valley Can Assist, where every cent remains local to financially assist people affected by cancer.

Many artists of different musical genres guaranteed to provide a happy afternoon for all who attend.

For info contact Lori Hammerton on 6493 5909

Bermagui and District CWA News

The October meeting of the Bermagui and District CWA was followed by the annual general meeting. Branch president Paula Rumble reported on the many fun activities and thanked members for their support and the work done for the branch and community throughout the year. Paula was re-elected as president with committee and officers as follows: Kath Preston (secretary), Ruth Brooks (treasurer), Del Gray and Heather Sobey (vice presidents), Jenny Halliday (cookery), Rhonda Byrnes (handicraft), Brenda Collier-Connors (international), Chris Richard-Preston (publicity), Vicki Hummel and Cheryl Horton (counsellors).

Guest speakers from the BVSC Waste Services answered questions about the FOGO collection service beginning in Bermagui at the end of October. Members were enthusiastic to learn ways to be kinder to our planet and to reduce the burden of waste in our local environment.

The next meeting for Bermagui and District CWA will be on Friday 2 November at 1 pm. Ladies are asked to 'Think Pink' for The McGrath Foundation and come dressed in their pinkest and perkier. Members are also asked to bring an item for the traditional Christmas hamper. All welcome.

Chris Richard-Preston
Publicity Officer, Bermagui and District CWA



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After the cruelly dry and random winter weather, spring has arrived with lovely rain. It feels like the earth and all upon it have breathed a huge sigh of relief. All that was needed for the colour green was a bit of warmth and a nice few doses of rainwater.

The crepe myrtle street trees planted last year mostly managed to survive the dry times and have put on new leaves. They are tough! As young as they were when we went into winter, the majority held on and that's pretty impressive.

The new rubbish system has started now. Every home should have received a bench-top bin with bags and a handout explaining how it's all going to work going forward. At one stage, they were going to replace our green bins with new, smaller FOGO bins but that's been scrapped so we now put out our green bin weekly, adding whatever food waste and animal droppings we have on hand. Our red bin service will now be fortnightly. The recycling service remains unchanged. We all need to pay attention to sorting out our FOGO bin contents as Council has warned that there are cameras and GPS tech on the trucks, so if you're putting anything in the FOGO bin that doesn't belong there (like any plastic at all), you'll be found out and contacted. Be warned! Be sure to do the right thing—how hard can it be?

The Anglican Church held their annual 'Blessing of the Fleet' late in September. A whole host of people turned out for the ceremony with a bring-a-plate/sausage-sizzle social time afterwards. Fire trucks from the local brigades were on display and our volunteer fire fighters were given much-needed support and appreciation.

The Quaama Tennis Club put on their community day last month where local members, family and friends came along to hit a ball around or just sit and watch others on the court while enjoying a BBQ



Assorted fries and friends enjoying a BBQ after the blessing

and the contents of their esky. This was the first time using the new table and viewing bench put up by Council. The courts were restored and are maintained by the efforts of a small number of volunteers, so even if you don't play your support is greatly appreciated. Become a member for the small annual fee of \$10 or drop a coin or two into their tin at the shop the next time

you're standing at the till.

The QPA are putting on another fair on Saturday, 24 November from 9 am at the Quaama Hall. This one has a Christmas theme and plenty of stalls will have a great range of presents on display, including toys. The CWA will be onsite providing a wrapping service so you can do your shopping and head home with it all wrapped and ready for Christmas Day. Bring the kids as there will be a jumping castle, lolly stall, slushies and Santa! The food will be fabulous—Quaama Quisine, a sausage sizzle, Lions Club donuts and their Lions Christmas Cakes, a coffee van and a crepe stall serving both sweet and savoury crepes to order. There will be talks and live music on the veranda. Should be a great day out so don't miss it!

The QPA also want folks to know that they have secured The Hoops for New Year's Eve! No need to leave town to celebrate 2019, it's all going to happen right here. More on that in the December Triangle. Happy spring!



Diana getting a tennis lesson from Kya Rixson



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Where: Canberra Outlet Centres

Cost: \$50 per seat Leaving from Quaama early

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ACC: 00900660

(please use your full name as reference)

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(please note this payment is non-refundable)

Enquiries: Beck Grenfell 0429 306 761

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THE TRIANGLE

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Quintessentially Quaama

Summer house concert series starts this month

Indulge in some fabulous music by attending one or all four house concerts in the new summer house concert series! These house concerts aim to bring something a little different to our community.

First performers are The Beez (from Berlin!), who will be appearing live at a house somewhere in Quaama on Friday 2 November. They will be joined by special guest performer Alicia Cowin, singer/songwriter from Quaama. Tickets \$20 per head.

The Beez are more than a band, they are a way of life. The colours of Rob Rayner's punk rock era shine through, and Peter D'Elia adds American shades to



The Beez

theatrical heavy metal bluegrass. Founder Deta Rayner is a Berliner variety-pioneer with glitter and Eastern European scales, and Annette Kluge from Hamburg taps the carpet so thoroughly that one can dance

excellently on it.

Concert Two brings 'Breathe', a concert for harp and guitar, to Quaama on 30 November. Michael Johnson (harp) and Evripides Evripidou (guitar) are two of Australia's premier instrumentalists with backgrounds in folk and classical. Their original compositions draw influence from Ireland, Spain and South America. Michael and Evri have performed alongside James Morrison, Joe Chindamo, David Herschfelder, Antonio Sanchez (Pat Metheny), Graham Goble (Little River Band) and many more. Tickets \$25

Bookings are limited. Email joxamara@hotmail.com, send a Facebook message to Veronica Abbott or call 0437 263 128 to secure your seat and get payment, location and other details.

Veronica Abbott



Breathe

Quaama Singers invite YOU ...

... to an awesome selection of interesting songs being rehearsed now. The Quaama Singers are preparing for their fourth performance at the Cobargo Folk Festival in March next year. Music for Life, harmonies, rhythms, percussion and instrument-playing are some of the skills being honed and enjoyed by the local choir.

New members are always welcome to join this Quaama community choir. We meet every Tuesday in the Quaama Hall at 5 pm.

Come along, sing together, play together, enjoy the friendship and fun of the long-established Quaama Singers. A donation of \$8 per session covers the costs.

Contact Hans on 0408 832 656 or Dave on 0400 368 055 for further information.



The Quaama Singers: a friendly bunch



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Local 'Kelp Lady' awarded Churchill Fellowship to travel overseas

Local marine biologist and owner of Sea Health Products, Jo Lane, has recently been awarded the prestigious Churchill Fellowship to travel overseas to investigate kelp farming.

Jo plans to travel to the US, Canada, Norway, Scotland and Ireland in 2019 to meet with kelp farmers, scientists and seaweed enthusiasts to bring new knowledge and inspiration back to Australia. 'This is an incredible opportunity made possible by the generous support of the Yulgilbar Foundation, which specifically supports projects with a regional and environmental focus,' she says.

Kelp, a type of seaweed, has many health benefits and is an extremely versatile resource. As demand grows it may become difficult to rely on sustainable wild harvest. Kelp farming could be the answer but, despite our 36,000 kilometres of coastline, there are currently no ocean-based kelp farms in Australia. Kelp farming, well established overseas, requires no fresh water, no land and no fertiliser or pesticides. It grows five times faster than land plants



Jo's dream is for kelp to become a pantry staple

and absorbs carbon dioxide. Professor Tim Flannery wrote in his recent book, *Sunlight and Seaweed*, that covering 9% of our oceans with kelp farms could mitigate climate change.

'My dream is for kelp to become a pantry staple. I want to improve the health of our oceans, the health of our planet and the health of Australians,' says Jo.

Sea Health Products was started in the late 1960s by the original Kelp Lady, Betty Long. Betty's son Scott and his partner Pip moved down to Narooma to keep the business going and when they retired, Jo was there to continue the legacy. Jo believes Betty would be thrilled with the direction the business is headed.

You can find Jo at Bermagui Markets on Thursdays. Have a look at the website – www.seahealthproducts.com.au.



Beautiful kelp

Bushfire advice

Fire permits

Bush Fire Danger Period now applies - burning off may only be done with an official Fire Permit. However, the RFS have instructed that until further notice, Fire Permits will not be issued. Lighting an unauthorised fire during the Bush Fire Danger Period attracts heavy penalties including fines and/or imprisonment. For more information please call 02 6494 7400.

Bushfire survival

Make sure you have prepared a Bushfire Survival Plan – for information and to find out how to download your MYFIREPLAN APP visit the Rural Fire Service website.

Monitor any dangerous fires near where you live using the Fires Near Me App on your smartphone or mobile device, or on your computer at the Rural Fire Service website. Monitor local radio and television and listen for any emergency warnings.

Look after your neighbours

Keep in touch with your neighbours, particularly those who are more vulnerable, when fires threaten. Having a local 'telephone tree' is a great way to help each other in an emergency.

Don't become complacent

This month's rainfall has been welcome, but the forest floor is still very dry under the surface and a few dry, hot windy days will return us to the high fire danger levels of only a few weeks ago. So stay prepared and keep vigilant as the summer approaches.

Brought to you by Bermagui, Cobargo, Tilba and Quaama Rural Fire Brigades



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General News

Pain, trauma, non-duality ... and laughter, the best medicine

Chronic disease, pain, emotional trauma, life, enlightenment, non-duality and laughing ... This is an invitation to loosen the bonds of beliefs and explore the value of life changing events.

This experiential workshop seeks to play with notions of non-duality and the experience of chronic disease or indeed any of life's unexpected heavy deviations from the perfect script. It asks, 'Are there any fresh perspectives on corralling the dark beasts of physical or emotional pain and suffering? Do these things have spiritual value?'

We asked the facilitator, Peter Whyte, what his motivation is in facilitating a gathering like this. Peter said, 'I come from the standpoint of grappling with Parkinson's Disease for the past ten years and having explored every possible 'solution' out there. I ultimately became curious about what happened when you follow the path in the opposite direction ... and start asking some very fundamental questions? Some miraculous things unfolded. I don't want to give too much away ... except to say that the first discovery was laughter.'

Over these two days, willing participants will explore the terrain of human belief and its power to shape experience. Some surprises may surface. This is not therapy and nothing is promised but you could find yourself lightly walking across the ancient landscape of human experience, no longer leaving tracks. At the

very least you will have a laugh.

The event will be held at the Bermagui Football/Cricket Club rooms on Tuesday 20 November and Wednesday 21 November from 8.00 am until 11.00 am. To register your intention to attend and leave your contact details, phone Eli Moss on 0468 355 113. The cost is \$20 for both days.

Rectangular fields in the Triangle region: the first fifty years of Rugby

One hundred years ago the area now covered by *The Triangle* could boast some ten Rugby football clubs. By 1891, despite the relatively small population in the scattered townships, the game expanded throughout the Bega Valley, and most clubs by then had affiliated with the New South Wales Rugby Union, thereby helping introduce more organised competition.

In 1900 the Cobargo and Dry River (Quaama) clubs proposed that, along with other local clubs, they form a District Union and the Southern Districts Branch with headquarters in Cobargo. The game was to increase in popularity until WWI.

Post-war the attempts to reintroduce formal competition were hampered by popular challenge cup matches and it was not until 1921 that the Cobargo clubs decided to lead the change to League, a move eventually taken up by various other clubs throughout the region.

The first fifty years, 1880-1930, including stories of club and branch rivalries, challenging travel conditions and convivial celebrations, are described in my book *Scrumming on the Sapphire*:

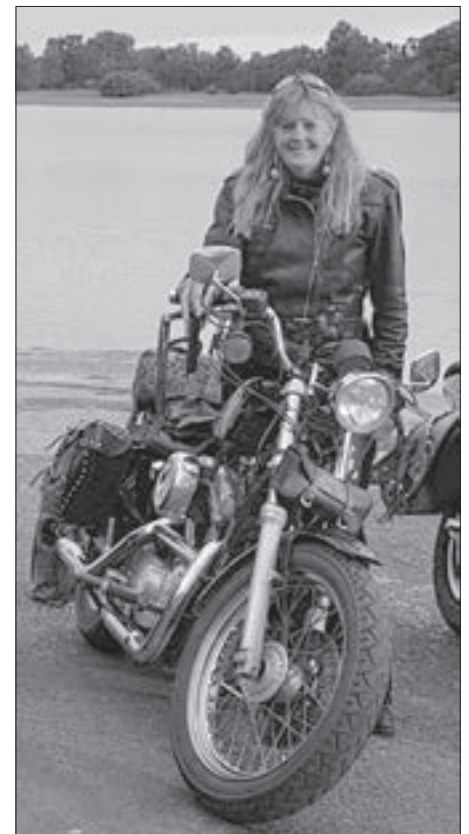
Early Days of Rugby in South-East New South Wales.

Official records of these early clubs, unions and leagues (annual reports, minutes, trophies, etc) are scarce and I'm wondering if some might be hidden away in family archives—the families of players and officials from those first fifty years appear to be still living in the region.

Copies of the book are now on the shelves of Bega Valley libraries. A limited number are also available for purchase at \$25 (\$30 pack and post for those unable to collect in Bega). Enquiries to Ron by at rongrain@optusnet.com, advising your name and phone number (plus postal address if unable to collect in Bega).

Ron Grainger

Go Niki!



Niki Hutteman is off on another world record ride to Dubbo this month. There will be many world records set for women motorcyclists on 17/18 November. Three years ago 14 women from the Far South Coast rode to Dubbo, breaking two world records. What a sight—over 1000 women riders in one place! This year Niki will be leading 12 women from the Far South Coast on this adventure.



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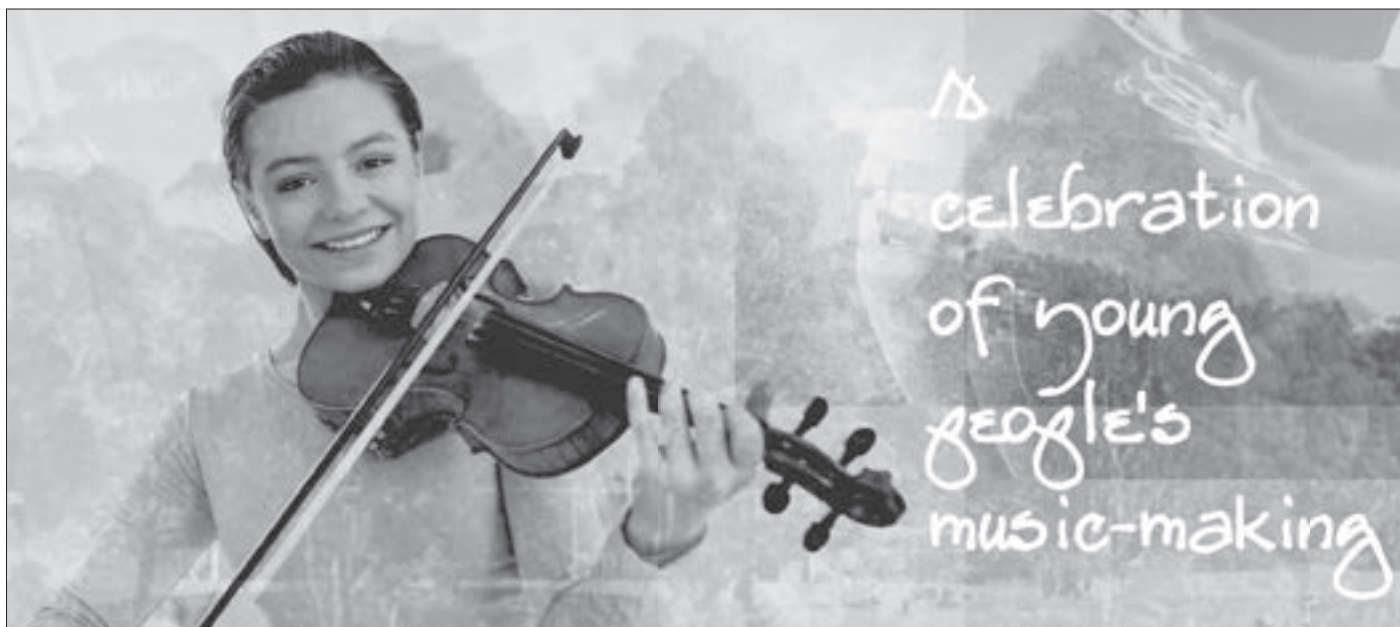
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Nature's Concert Hall is 9kms south of Bermagui, Far South Coast, NSW

Local photographer focuses on unusual detail

Sam Davis started taking an interest in photography when she was left a camera and photography equipment in the will of a friend twenty five years ago. 'I'm not an action photographer,' she says. 'I would always miss that moment as the bird flies by. I like to set a scene and use a natural studio, especially in our mud brick home in the Murrah when the beautiful southern light comes through a back window and creates a picture I can't resist.'

'I'm inspired by landscapes and people and love to takes shots while driving through the open country. I'm passionate about our native forest. I feel that it's precious and must be preserved, I'm very concerned that children today may never know what a mature tree looks like.

'The forests are being destroyed for no good reason—that really upsets me and I take the opportunity to photograph their beauty whenever I can. Many of my photographs have a very grainy effect that



Little brother: Davis' photo have a grainy effect that can make them look more like paintings at times.

can make them look more like paintings at times and I like that. I feel like my photography is moving more in that direction with a focus on unusual detail in an abstract form.

'I like to investigate the natural effects

of light and how it filters through the bush or through a dusty window pane. I was inspired by the photography of Olive Cotton and her work on still life and the work of Cazneaux. I moved onto digital photography about fifteen years ago and am very happy with it but I admire young people who are interested in film and come looking for old cameras in our shop.'

Sam has exhibited in Gallery East in Clovelly, Sydney, in Melbourne and in various venues around Bermagui. She also offers a portrait photography service. Her most recent exhibition is at Strangers in Paradise, a shop that she set up with a two friends in Bermagui and which hosts occasional exhibitions and fashion shows. It has a range of her landscape and still life photographs received by a warm and appreciative audience at the opening in October. The exhibition will run until mid-November.

Sarah Breakey

Naino returns to the River Rock Cafe, Bermagui

Naino Groen has been giving piano performances for friends and other classical music lovers since 1996. What started as a



Naino Groen comes back to River Rock to delight classical music lovers

couple of tennis mates on a property in the bush evolved in 2004 into afternoon concerts for an expanding group of people at his cottage just outside of Bermagui. After a hiatus of five years, Naino is back to perform for classical music lovers on the new piano at the River Rock Cafe, Bermagui.

Naino has studied piano under several teachers over his lifetime, first in high school, later with a private teacher is his 30s, and more recently, six seasons with Professor William (Bill) Hawkey.

These recitals offer entertainment in an informal atmosphere for classical music lovers.

The main program will begin at 12.30 pm on Sunday 2 December and will feature solo piano music by Chopin, Schubert and Debussy.

Entry is free, but there will be a donation box for people who want to contribute to the cost of the concert, eg tuning and programming.

Jacqui Howarth

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Art in the Triangle

Learn Taiko Drumming in Bega and Cobargo

Anyone who attended the recent Bega Big Groove or the Clean Energy for Eternity human sign in Tathra will know what it's like to have the earthy sounds of Taiko drumming pulsing through the Bega Valley.

Why not give it a go yourself? Have fun learning the basic form, rhythms and techniques of traditional Japanese Taiko drumming and join a growing group of spirited Stonewave Taiko drummers who play up and down the Far South Coast.

Stonewave Taiko Term 4 beginners' classes start at the Cobargo School of Arts Hall, 5 – 6.30 pm on Tuesday 23 October and at the Sapphire Coast Anglican College Gymnasium in Bega on Thursday 25 October, 7 – 8.30 pm (alternative times may also be available. Please call to discuss). The term runs for ten weeks.

Try out the first session free. No experience is necessary. All ages. Cost is \$20 or \$15 concession for term-based attendance, or \$24/\$18 for casual attendance. Membership and enrolment fee is \$15. Bookings are essential. Call Reiko on 0474 065 667, email stonewavetreasurer@gmail.com, or message us on Facebook (StonewaveTaikoDrumming).



Start Taiko drumming classes this month

'Japanese Creations' comes to the Lazy Lizard Gallery

Some of you may already be familiar with the work of talented artist Reiko Healy. Her exquisite creations have been featured in numerous exhibitions in the Bega Valley and beyond. She is a member of Spiral Gallery, where she is currently having her fifth Japanese exhibition, *Sakura* (Cherry Blossom) until Wednesday 7 November.

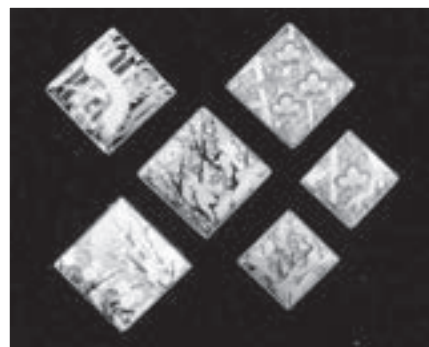
Now the Lazy Lizard is proud to announce that we've managed to persuade Reiko to bring her lovely work to Cobargo. 'Japanese Creations' featuring clothes, jewellery and calligraphy, will be in the Side Room Gallery for the month of November.

Reiko Okamoto Healy was born in Osaka, Japan, and came to Australia 30 years ago. She has been happily settled in Bega for the past 20 years. Her close affinity with Japanese customs and traditions is vibrantly expressed in her artwork, bringing the ancient culture of Japan alive through her focused manipulation of colour and design. She uses Japanese hand-made paper, *yuzen*, and mainly kimono silk and cotton fabric for her clothing and jewellery.

She also plays and teaches Japanese Taiko drum, and enjoys sharing her

Japanese culture with the community.

As a special bonus, Reiko will be in the gallery on Tuesdays 6 and 27



Brooches/pendants by Reiko Healy

November, between 10 am and 4 pm, where she will be demonstrating her talents as a calligrapher, so you will not only be able to meet this fascinating artist, but, if you want, she can do calligraphy of your name or favourite words.

What a lovely thing to be happening in Cobargo! Make sure you put those dates in your diary! You can also look for Reiko Healy on Facebook and Instagram (Japanese Creations or Stonewave Taiko).

Naomi Lewis

Book launch at Well Thumbed *Living with a Vagina* by Paul Payten

You show me yours and I'll show you mine (PG)

Did you know the world is being influenced more and more by women? What is the 'I' in the spectrum of 'LGBTI'—the complexity of gender differentiation? How has our society in Australia been shaped by tradition, law, religion and sex?

These and more questions are discussed and some conclusions drawn in this short autobiography/social commentary. Coming from a very personal place, the author observes and discusses

life in Australia since white settlement and what it might look like in the future.

It is only lightly researched, with the material coming mainly from contemporary referencing of trends, media, advertising and literature with their archetypal, boundary-testing or academic perspectives, all of which impact or question what reality is for each of us.

Book launch at Well Thumbed Books from 10.30 am on Saturday 17 November. All welcome!



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## Landscape opens at Narek Gallery

Opening on 17 November and continuing through to 15 December at Narek Gallery in Wapengo Street, Bermagui, *Landscape* features four celebrated Australian artists – Merran Esson, Simone Fraser, Janetta Kerr-Grant and Gail Nichols – and showcases each artist's highly individual responses to the natural world. The exhibition features ceramics by Esson, Fraser and Kerr-Grant and hooked rugs by Nichols.

Recognised internationally for her innovative approach to soda vapour-glazed ceramics, Gail Nichols recently moved from ceramics to textiles. The hooked rugs on exhibition describe her ever-present fascination with the interaction of climate and landscape experienced daily where she lives and works on a rural property at the foot of Mt Budawang near Braidwood, NSW.

Janetta Kerr-Grant's series arises out of time spent deep in the forests of Finland one summer. 'I spent my days looking up close at the papery bark of trees, the pitted

surfaces of tree trunks, the grain of the rocks,' says Kerr-Grant. 'And, in the distance, staring at the birch and fir trees standing tall and in silhouette against a sun that didn't set. The memories of this time slowly made their way into these works.'

'The vessel form for me has carried within it this wonderful idea of antiquity,' says Simone Fraser, who sees the forms she creates as metaphors or symbols. 'Onto this timeless canvas I add a contemporary story, layering colour with dry glazes and texturing to conjure images and impressions of landscape, to evoke a sense of shifting seasons and capture the changing light.'



*The Roundness of Silence* by Merran Esson

Merran Esson draws on many inspirations for her work, from 'road trips through the Monaro area in NSW to time spent in Cézanne's Provence in Southern France.' She describes her creations as 'voluptuous forms that speak of passion and longing, but are pierced with signs of loss.'

## The Novellas are coming to the Cobargo School of Arts

Join us on Saturday 10 November at the Cobargo School of Arts Hall for \$10 curries and a couple of hours of great music from the Novellas.

For those who haven't come across the Novellas before, they are a six-piece band: Myoung Jae Yi (guitar and vocals), Josh Becker (bass), Anna Martin (drums), Celestine Janiola (vocals), Andrew Gray (vocals, piano) and Georgina Hargraves (woodwind), with Sarah Gardiner as the reader.

Sparse and atmospheric, the Novellas paint in song the evocations of the printed word and celebrate the emotional power of storytelling—a rich tapestry of jazz-infused, folk-rock pop songs that capture the bittersweet literature that inspires them.

Doors open at 6 pm for curries; music starts 7 pm. This is a family-friendly fundraiser for the Cobargo SoA Hall. All welcome.



The Novellas: 'a rich tapestry of jazz-infused, folk-rock pop song'

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## At Murrah Hall this month ...

### The Three Seas

Sunday 11 November,  
arvo into twilight

*(This project is supported  
by the Australian Government  
and APRA/AMCOS Art Music  
Fund)*

Entry: \$25 full \$15 con,  
kids free

Murrah Curries from 3  
pm. Music from 4 pm into the  
early evening.

A project ten years in  
the making, led by Artistic  
Director Matt Keegan (2011  
Freedman Jazz Fellow), The  
Three Seas is an international,  
intercultural music project that  
fuses modern Australian jazz  
with the West Bengali folk  
tradition to transport audiences  
into new musical worlds.

The Three Seas is fronted  
by Baul singer Raju Das, whose  
full-hearted voice and radiant  
stage presence is accentuated  
by his mastery of the khamak and its  
very danceable rhythms. The Bauls are  
a nomadic tribe with a rich cultural  
heritage. Generations of Raju's family  
have lovingly passed down these traditions  
with a heartfelt focus on the vast energetic  
presence within the human body, as  
expressed through song and dance.

Matt Keegan (saxophone, clarinet),  
Raju Da Baul (vocals, khamak), Deoashish  
Mothey (vocals, dotora, esraj, guitar),  
Steve Elphick (bass), Gaurab *Gaboo*  
Chatterjee (dubki, drums).

### An Acoustic Blues Concert

Featuring: Chris O'Connor with  
Damian Coen and Don Hopkins

Saturday 17 November

\$15 entry, kids free

Murrah Curries from 6.30 pm, music  
from 7.30.

After an acclaimed debut last year,  
these three musicians are itching to return  
to the Murrah Hall, an intimate venue with  
wonderful acoustics, to present another  
evening of fine blues music. They return  
with more classic tunes from the 1920s  
and 30s, blues recording heyday, through  
to some of their own original blues.

Don Hopkins (keyboards), has been  
a mainstay of the Sydney blues scene  
since the 1970s. He was a member of



The Three Seas: 'very danceable rhythms'

and songwriter for Jim Conway's Big  
Wheel and backed international acts such  
as Chicago harmonica great Carey Bell.  
Performing with percussionist Rob Grosser  
as 'Dr Don's Double Dose' he came second  
in the 2012 International Blues Challenge  
in Memphis Tennessee.

Damian Coen is well known to  
South Coast audiences, having a deserved  
reputation for his lyrical harmonica playing  
and insightful songwriting. Damian  
founded the jugband 'The Mudsteppers' in

the 1980s and more recently released two  
critically acclaimed albums with his band  
'The Fathers of Necessity'. He is a master  
of old time blues, jugband and ragtime  
harmonica styles.

Chris O'Connor specialises in old  
time fingerpicking and bottleneck blues,  
playing songs from artists such as Tommy  
Johnson, Blind Lemon Jefferson and  
Memphis Minnie. He will be representing  
the Sydney Blues Society at the 2019  
International Blues Challenge in Memphis.

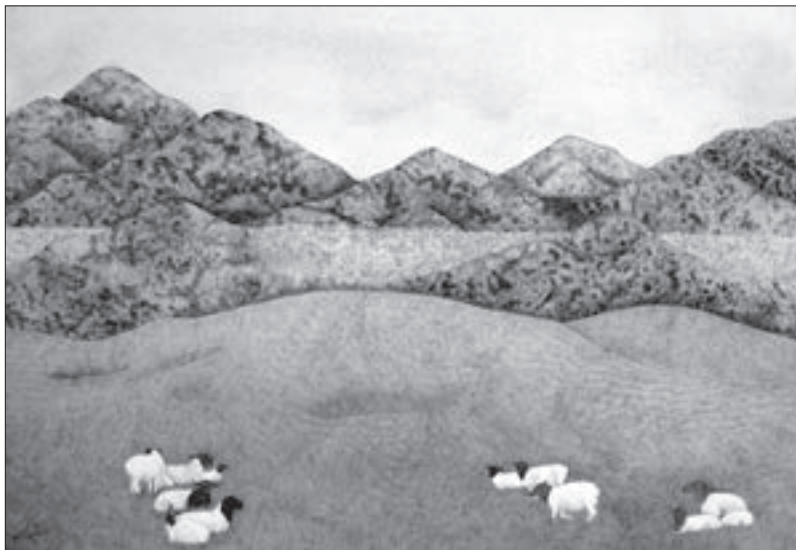


Chris O'Connor: 'old time fingerpicking and bottleneck blues'

## Ivy Hill stays close to home in November

The 'True Local' exhibition at Ivy Hill from 8 November to 2 December features three well known skilled artists from the region: Rose Chaffey, Nicki Hall and Peter Otton. For this exhibition, all have used the beautiful Far South Coast for their inspiration—the beaches, the bush, the sea and farmland are reworked by the artists in different ways using various mediums. Join the artists for drinks to view and talk about their paintings on Saturday 10 November from 5 pm.

You will find Ivy Hill Gallery between Bermagui and Tathra on the coast road. See [www.ivyhill.com.au](http://www.ivyhill.com.au) for catalogues and more information.



Rose Chaffey *Inversion 3*



Nicki Hall *Summer Afternoon Jellat Jellat*



Peter Otton *Golden Headland*



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## A Celebration of Young People's Music-Making

This month there is going to be a mass gathering of musically-inspired young people from across our region and beyond at the inaugural Four Winds Youth Music Festival. This Festival is happening because Four Winds is part of a community committed to providing life changing musical experiences for young people on the Far South Coast. Music is a truly powerful force and impacts so positively on us all, particularly on our young people.

There are two daytime public events, which are part of the Four Winds Youth Music Festival. The Schools Showcase Performance is on Friday 16 November, 12.00 – 1.30pm and the Youth Music Festival Concert is on Sunday 18 November, 11.00am – 2.00pm. Both events will take place in the beautiful Four Winds outdoor Sound Shell Amphitheatre at Barragga Bay.

The Schools Showcase Performance on Friday is a celebration of the music-making that has been happening in five local schools - Bermagui, Narooma, Tilba, Tanja and Tathra - as part of the Four Winds Artists in Schools Program. There will be massed percussion pieces and the world premiere of a new commission by Lisa Young (of Coco's Lunch), performed by a massed choir of over 1000 pupils with visiting ensembles Western Symphony Youth Orchestra, Short Black Opera and

The Australian Voices. It's going to be a fabulous spectacle of performing and sharing music together.

The Youth Music Festival Concert on Sunday brings together a selection of talented young local performers, dedicated to their craft, to perform a diverse mix of music as soloists and in various small ensembles brought together by James Crabb, Four Winds Artistic Director, specifically for this event. This will then be followed by large-scale performances in the Sound Shell with Western Sydney Youth Orchestra and The Australian Voices.

"It's brilliant to see how excited the

kids are already and the creative impact it has on their lives as well as the invaluable experience of collaborating and sharing in the sheer joy of music-making" says James Crabb, Artistic Director.

The Inaugural Four Winds Youth Music Festival is a chance to come and hear, as well as support, the next generation of dedicated and talented musicians from our region in the fabulous surroundings at Four Winds, Barragga Bay. For more information and to book tickets go to [www.fourwinds.com.au](http://www.fourwinds.com.au) or call 6493 3414.



James Crabb has brought kids together to share the joy of music-making (photo: Ben Marden)

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## Kitty Flanagan returns to Bermagui

Kitty Flanagan is one of Australia's best known comedians. She appears on *The Project* and *The Weekly with Charlie Pickering*, and she tours Australia relentlessly with her award-winning stand-up shows, determined to take her shows to every regional arts centre and theatre around the country.



Kitty comes back

*Strangers in Paradise Vintage* is proud to be able to bring Kitty back to Bermagui as a featured guest in the upcoming production of 'Bamboozle'. The event is being organised as a major fundraiser for the Southern Women's Group, who provide valuable support services to women and children in the Bega

Valley. Kitty performed in Bermagui some years ago to a packed and enthusiastic audience. Her current touring show is entitled 'Smashing', and she will present excerpts from this show at the Bermagui performance.

Also on the bill is International Man

of Circus, Joel Salom, and music from local outfit 'Sweet Valentinos', plus a few more surprises ... and prizes!

The show will take place on Saturday 1 December at the Bermagui Community Centre hall, Bunga Street, Bermagui. Doors will open at 6.45 for a 7.30 start. Bring your own picnic food and drinks.

Tickets can be purchased, from 1 November, at Strangers in Paradise Vintage, 30 Lamont Street, Bermagui. Tickets are \$35, cash only.

All profits from the event will go to the Southern Women's Group in Bega. For more information please call 6493 4440.

## Bega Valley joins Timor Leste in choral cultural exchange

'Singing evokes the temple of the soul' (anonymous)

Music is a language without borders. To sing together is the genesis of the Timor Leste Belun Malu Choirs Project, the creation of a cultural exchange between the Bega Valley and Timor Leste.

This month seven choirs from the Bega Valley will be performing in Bega to raise funds for the Project.

Bega Valley Advocate for Timor Leste, Dave Crowden, after visiting Timor in 2010, initiated the Instruments for Timor program which saw over one hundred and fifty instruments gifted to the youth of Natarbora.

In 2011 and 2012 Dave organised several talent quests, culminating in 2012 with a choir from Timor Leste - Koro Loriko - led by Ego Lemos, coming to Australia.

Last year Tim Holt accompanied Dave on another visit to Timor, and the Belun Malu Choirs Project was born.



A choir from Timor Leste will visit Australia in early 2020, led by Ego Lemos and choir master Paolo Pereria (Koro Loriko) as conductor.

Timorese singers will be coming to the Bega Valley for concerts and performances as part of their tour of South East Australia, and that is the focus of the fundraising efforts.

The Belun Malu Choir Project will be launched in July 2019, when a combined choir from the Bega Valley visits Timor Leste for a series of concerts and school visits. Choir members have been rehearsing under the guidance of choir director David Francis from Four Winds and Sunday 4 November will see their first performance.

The seven choirs performing on 4 November are Heartsong, That Bunch of Singers, The Bega Street Choir, Spirit Allegro, The Friday Choir, The Bega Valley Youth Choir and the Belun Malu Choir. It promises to be a wonderful afternoon.

All funds raised will go towards bringing the Timorese choir to Australia in 2020. Sunday 4 November 2 pm, Mumbulla School hall, Bega. Tickets at the door: adults \$20, children free, concession \$15.

### NEED a CAR?

Need a car for a day or two?

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or book it by phoning Louise on 0416 039 895  
or Linda on 0407 047 404



## Kelpie Zed, truffle-snuffler

Zed\*, at six years, was a happy, healthy companion dog living an easy life in a Triangle village. She loved her daily walks, chasing balls, chewing bones. But Zed was a dog without a job—until this past winter when her human, Elly\*, saw a notice on the Cobargo Forum: 'Truffle dogs required'.

Elly was intrigued. She knew that Zed was intelligent, obedient and learned new tasks and tricks quickly. Could truffle sniffing be an outlet for her? She booked an audition.

Truffles are fungi that grow underground on the roots of some trees. They are incredibly pungent and add a particular musky flavour to foods, so are held in high esteem in many cuisines. But, being rare, they are highly priced and will set you back upwards of a dollar a gram. Luckily, even the tiniest shaving of truffle will impart its flavour.

Farmer Fiona Kotvojs had planted 270 truffle-spore-inoculated oak and hazelnut trees on a hectare on her family's Dignams Creek property in 2013. She'd been researching viable crops and discovered that truffles and their host trees form a symbiotic relationship that thrives in poorer soils like those in parts of our region. She spoke with other land-owners and arranged a truffle-growing workshop for interested members of the community.

'It's an off-season crop,' she says. 'Truffles ripen over winter. So I hope that, in time, there could be knock-on effects—boosts to hospitality and tourism in the region.' As well as providing work for unemployed dogs ...

So what does Fiona look for in a truffle-sniffing dog? A keen sense of smell?

'Actually, all dogs have a keen sense of smell,' she says. 'What truffle farmers look for is a dog that likes to work and



**Kelpie Zed: 'It was a new game and Zed was up for it.'**

to play, the ability to learn new tasks happily and quickly, and the stamina to keep sniffing! Working dogs are best as they love to be useful.'

'The truffle-dog owner—the handler—is a key element here. I don't train the dog, the owner does. They work as a team.'

Elly says, 'I adopted Zed when she was three months old. An elderly gentleman had surrendered her to the Animal Welfare League. He loved her but—wisely—realised that his lifestyle wasn't going to suit her. She needed training, exercise, engagement.

'When we first met Fiona, I showed her Zed doing some tricks. That was our audition. Then I went home and Googled "truffle dog training". There was a lot about training dogs to do other things, but nothing specific to truffles. So I invented a program, with a few tips from

Fiona. She had given us a tiny vial of truffle essence, which I sealed in a screw-top jar with a bunch of cotton balls for a few days. Every time I opened my refrigerator I was hit by the aroma.

'Then one day I took out a cotton ball, gave Zed a sniff, said, 'Truffle!' and gave her a treat. I did that a few times. It was a new game and Zed was up for it. Over the next six weeks I made the game more and more complex, ending up with the 'truffle' being buried ten centimetres deep in the garden, and making a great fuss of Zed when she found one.

'The first time we visited Fiona's truffle patch, Zed found a 170-gram truffle. That's huge!

She found some smaller ones too.'

Elly and Zed became regular visitors to Fiona's truffle patch. 'When Zed finds a truffle she pushes her nose to the ground, sniffs deeply and sits down and looks at me. Then Fiona and I scrape back the soil to check if the truffle is ripe.' Fiona has been selling her harvest to local restaurants and keen domestic chefs.

So has Zed completed her training?

'No, what we're teaching her now is to discriminate between ripe and unripe truffles,' says Elly. 'In truffle development terms there's only a few days' difference, but she's getting there.'

*Jen Severn*

\* Truffle dogs—and their handlers—are a valuable commodity! Identities have been disguised. Some names have been changed.



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## Potting it up

Pots as a growing solution are increasing in popularity, and the opportunity is right to offer some hints on how to successfully manage this form of gardening.

Probably the most important question is to decide what you want the pots and the plants to achieve.

Are they to be used for growing vegetables? Annual colour? Perennials? Shrubs? Or perhaps a screening plant to hide a shed or some unsightly part of the landscape?

The pot size is absolutely the most crucial factor as a pot too small for the plant will cause it to dry out quickly or blow over in the wind. Or it might not be large enough to contain sufficient nutrient and water to keep the plant healthy.

Generally, glazed pots are the best as there are many colours to suit your colour scheme, and these pots have a better moisture-holding capability. There are some very interesting forms of lightweight pots on the market at the moment. These are easy to lift and move around and come in some very interesting shapes and sizes. Terracotta pots are very stylish but have a tendency to dry out, so if you want to use them, seal the inside of the pot with a terracotta sealant.

When selecting a pot that your plant

might soon outgrow, use a straight sided or V-shaped pot so the plant can be easily removed. A plant in a belly-shaped pot is nigh on impossible to repot without causing serious disturbance to the root system.



When selecting the plant to be used, consider the eventual size of the plant. The larger the plant grows, the larger the pot should be. A plant to be used for screening needs a pot that will also act as an anchor in a windy site. Too small a pot will simply just blow over and in most cases break.

If you are growing annuals, herbs or non-root vegetables, a shallow pot will suffice as they are all generally shallow rooting and do not need a great depth of soil.

The potting mix used should be a premium mix with some slow release fertiliser and include some water storage

crystals. There are many types of mixes out there but the cheaper the mix, the lesser the quality.

Cheaper mixes are basically just pine bark and if you are growing vegetables and annual flowers you will need to fertilise and water more often as these mixes do not have any moisture or nutrient holding capabilities. The cheaper mixes will be of no benefit to the plants after a season or two.

Watering and fertilising is of absolute importance. Vegetables and annual flowers will need watering several times a week and fertilising every ten days or so with a liquid fertiliser like a fish-or seaweed-based fertiliser.

Shrubs and longer-living plants also need watering and fertilising on a regular basis although, with the fertiliser, add a specific slow-release fertiliser for the particular group of plants you have used. Do this three or four times a year as well as the liquid food on a monthly basis. During the cooler months this can be cut back as the plants are not actively growing.

Just a few other things to remember: check from time to time that the drainage holes haven't become blocked by roots; rotate the pots to get an even, all-over growth; and prune when necessary.

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# Soft Footprint Recipes

*Quaama Quiisine*

Come to the Quaama Hall Supper Room at the Christmas Fair, Saturday 24 November, to try these delicacies made by the QPA's Quaama Quiisine volunteers. Or prepare them yourself now!

## Orange Fennel Salad



1 whole fennel bulb  
4 oranges  
1 punnet cherry tomatoes  
100 g baby spinach leaves

1/4 cup maple syrup  
1 tbsp dijon mustard

Trim the fennel and slice thinly. Peel and separate the oranges into segments. Halve the cherry tomatoes. Wash and dry the spinach leaves. Put those ingredients into a bowl or arrange on a platter. Whisk syrup and mustard together and pour over the salad.

This is a low sodium and fat-free dish that is particularly delicious with fish or chicken.

pinch of salt  
Rub ingredients together, adding 1 to 2 tablespoons water until combined. Roll the pastry and place in a greased flan tin. Preheat the oven to 170 degrees. For the filling:  
210g tin pink salmon  
1 large tomato, sliced thinly  
3 eggs  
240ml milk  
pinch salt  
black pepper, optional

Drain the salmon well and spread it evenly across the pastry. Cover with tomato slices.

Whisk the eggs with the milk and add the seasoning. Pour into the pastry case.

Bake until the pastry is golden brown and the filling is set and a golden colour, 30 to 40 minutes approximately.

1 egg  
1/2 cup milk  
1 teaspoon cinnamon  
Pinch of salt  
Sugar for dusting (optional)  
Heat the oven to 180 - 200 degrees.

Combine all dry ingredients in a mixing bowl. Rub in the butter. Add in the mixed fruit.

Whisk the egg and milk together in a small bowl. Make a well in the middle of the dry ingredients and add the liquids. Incorporate together until just combined. Do not overmix.

Prepare a baking tray with greaseproof paper. Use a dessertspoon and your finger to push lumps of the mixture onto the tray. Sprinkle with sugar if using. Bake for 10 to 15 minutes or until golden brown underneath. Cool on a wire rack.

## Salmon Quiche

For the crust:

170g self-raising flour  
90g butter or margarine

## Rock Cakes

2 cups self-raising flour  
1 teaspoon baking powder  
1/3 cup caster sugar  
90g butter or margarine  
1 cup mixed dried fruit



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## Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

6. Deadline is **22nd of the month**. Any questions at all, please email us **contributions@thetriangle.org.au** check it out on our website: **www.thetriangle.org.au**

Viv Groskop,

*The Anna Karenina Fix: Life Lessons from Russian Literature*, \$29.99

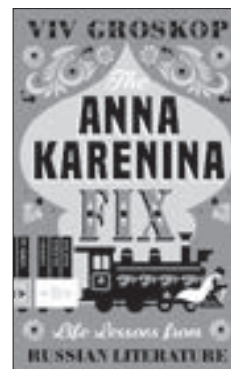
Here we are approaching the end of another year, and yet again I am promising to (re)read the great Russian Classics—about the tenth year in a row I planned to do so! Imagine my joy when I came across this terrific book; it saves you reading thousands of pages and sorting out who is who. Each chapter summarises one of the greats, and points out lessons for life.

The author is something of a Russian classics scholar, so she handles with great ease the works of Tolstoy, Turgenev, Chekhov, Pushkin, Dostoevsky and others. She believes that everything that has happened in life has already happened in these novels: not being sure what to do with your life (*Anna Karenina*/Tolstoy), being in love with someone who doesn't love you (*A Month in the Country*/Turgenev), feeling you are never in the right place

at the right time (all of Chekhov's novels.)

Each chapter is headed with a 'how to live your life' inspirational quote: how not to be your own worst enemy (*Eugene Onegin*/Pushkin); how to overcome inner guilt (*Crime and Punishment*/Dostoevsky) and so on.

Far from being immersed in doom and gloom and total confusion over all the characters who seem to have the same names, *The Anna Karenina Fix* left me feeling really happy, and quite a bit more informed. And more determined to tackle *Anna* again, or perhaps watch the movie again—not to mention listen to the opera, *Onegin*, and rejoice in his downfall!



## Pet of the Month

Deb Cox

Suzie, approximately two-year-old, medium-sized cross breed, chip #900079000357048 gave birth to seven healthy puppies on 8 August while in care. She has been a wonderful little mum, giving them a great start in life. It will still be a little while before she's weaned the pups and is ready to be desexed. Then she will be needing to find a new home and a new start to her life.

Suzie's been in a family with preschool-aged children—she loves them doting on her and she's been happy to allow them to play with her puppies. She is house-trained, gentle and obedient but she does have a history of escaping so she will need very secure fencing—Colorbond preferred because she can climb wire fencing. She mixes well with other dogs but keeps them away from her puppies without attacking, just warning them off. She has also been with a variety of small pets and animals.

Animal Welfare League Far South Coast Branch also has 14 puppies and 11 dogs in care so please 'Adopt don't Shop'. Call Animal Welfare League FSC Branch on 0400 372 609. You can also check the Facebook page (Animal Welfare League Far South Coast).

The Far South Coast Branch of Animal Welfare League NSW produces a Calendar of Second Chances featuring many of the pets that were rehomed by the

branch over the past year. You can pick up your copy for \$20 at any Bega Valley Shire vets, Montague or Narooma vets, Coastal Grooming Merimbula, or the Country K9 Parlour Cobargo or by emailing awlfsc@bigpond.com (postal charges apply).

Santa Paws is coming to town! Get a cute snap of your pet with Santa. Santa Paws will be in two places again this year: on Sunday 11 November at the Country K9 Parlour, Cobargo, 9 am - 1.30pm (please call 6493 6897 for a booking) and on 18 November at Coastal Grooming, Merimbula, 9 am - 1 pm (no bookings necessary).



Suzie with family





#### AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

#### ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

#### ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Call 0400 372 609

#### ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am  
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am  
Quaama: St Saviours- 4th Sunday 10.00 am.  
5th Sunday - One service in parish at 10 am rotation. Contact Tim Narraway 6493 4416

#### BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

#### BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon.  
Contact Heather on 6493 6310.  
Competition Badminton - Wednesdays 7pm to 9pm

#### BERMAGUI BAPTIST CHURCH

West Street, Bermagui.  
Family Service 11.00 a.m. All Welcome.

#### BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

#### THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

#### BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Country Club at 6.30 for 7.00pm  
Enquiries: Ray Clements on 0477 017 443.

#### BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm.  
No experience necessary.  
Contact Bob Whackett on 6493 3136

#### BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues vary, phone Heather Sobey on 418 406 068

#### BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New players welcome, tuition and, equipment provided.  
Call Dave, 6493 5014.

#### BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui.

#### BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month  
Contact: bermaguidunecare@skymesh.com.au

#### BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.  
Meetings every Tuesday 6pm. Ph. 6493 4199

#### BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA rooms, Bermagui. Researchers & helpers welcome.  
Ph Allan Douch 0428 427 873 or  
Dave Cotton 6493 5014

#### BERMAGUI U3A

(University of the Third Age)  
Lifelong Learning Opportunities  
For a full list of courses and timetable visit:  
[www.bermagui.u3a.net.org.au](http://www.bermagui.u3a.net.org.au)

#### BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing activities - various times and sites. Contact Paul on 0466 013 153 or visit [www.facebook.com/BermaguiUrbanFoodFarmers](http://www.facebook.com/BermaguiUrbanFoodFarmers)

#### BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights'  
Open Monday and Wednesday afternoons at the Bermagui Sports Stadium.  
Contact: John Preston - accredited coach  
Ph 02 6493 5887 mob 0429 179 184

#### CATHOLIC CHURCH

Weekend Mass times.  
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

#### COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at the Cobargo Museum: researchers, old photos, information and new members welcome. Contacts:  
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

#### COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

#### COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA Rooms. Contact Naomi Rolfe 0417 456 354

#### COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring environment.  
Monday-Thursday. Ph 6493 6660

#### COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

#### COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404  
email: [cobargohall@gmail.com](mailto:cobargohall@gmail.com)

#### 1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

#### COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed Books, 6pm. Contact: David Wilson on 0401 398 141

#### COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.  
[cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com). Cottage Hire 6493 6428

#### COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries  
phone 0488 048 701, 6493 6948 or 6493 6435

#### MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children 0-6 welcome to join. Enquiries: 0428 667 924

#### TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential, phone Kay on 4473 7231

#### TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary.  
Visitors to the area especially welcome. Further details: Peter 4473 7308

#### QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework.  
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

#### MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzle at 7pm  
& praise night at 6pm, Cobargo Bermagui Rd.  
For information ring Robyn 64938324  
Churches also at Narooma and Bodalla

#### LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

#### DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

#### OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th Saturday, tea/coffee 4.30pm start 5pm.  
Discussion group 3rd Saturday. Meditation every Monday at 11am. Other events see website [opensanctuary.weebly.com](http://opensanctuary.weebly.com).  
Inq: Linda Chapman 0422 273 021

#### HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm  
Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Lorraine on 6493 3061

#### QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermagui Street, Quaama. All men are welcome.  
For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

#### SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525968

#### WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men welcome. Contact Bill Johnston on 0413 005 419 or Phil Baldwin on 0421 114 882.

#### THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at [www.cobargofolkfestival.com](http://www.cobargofolkfestival.com).  
For info ph. Secretary Carolyn Griffin 0400 391324,  
Treasurer Zena Armstrong 0402067615 or  
email [info@cobargofolkfestival.com](mailto:info@cobargofolkfestival.com)

## Community Notices

are advertised in *The Triangle*  
for non-profit groups free of charge.  
If details change, please advise us at  
[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

# For the Fridge Door

| NOVEMBER              | WHAT                                     | WHERE                                  | TIME            |
|-----------------------|------------------------------------------|----------------------------------------|-----------------|
| Fri 2                 | The Beez, house concert                  | Quaama (call 0437 263 128 for info)    |                 |
| Sat 3                 | Bushfire Preparedness session            | Cobargo Hall                           | 2.30 – 3.30 pm  |
|                       | Live music: Dust and Echoes, free        | Cobargo Hotel                          | 8.30 pm         |
| Sun 4                 | Live music: Honey, free                  | Tilba Valley Winery and Ale House      | 12.30 pm        |
|                       | Seven choirs Timor Leste fundraiser      | Mumbulla School, Bega                  | 2 pm            |
| Tues 6                | Melbourne Cup party: Dust & Echoes, free | Tilba Valley Winery and Ale House      | 12.30 pm        |
|                       | Melbourne Cup luncheon                   | Cobargo Hotel                          | 12 noon         |
| Sat 10                | Bushfire Preparedness session            | Bermagui Community Centre              | 10 – 11.30 am   |
|                       | The Novellas and curries fundraiser      | Cobargo Hall                           | from 6 pm       |
| Sun 11                | MS fundraising ride (ph 0458 955 824)    | Meet at Bermagui Indoor Sports Stadium | 8.30 am         |
|                       | Remembrance Day service                  | Cobargo and District Soldiers Memorial | 10.30 am        |
|                       | Live music: David Newman, free           | Tilba Valley Winery and Ale House      | 12.30 pm        |
|                       | Galba Forge blacksmithing demo           | 345 Yowrie Rd, Wandella                | 1 – 5 pm        |
|                       | 'The Runaway' Book launch                | Montreal Goldfield                     | 3.30 – 4.30 pm  |
|                       | The Three Seas                           | Murrah Hall                            | from 3 pm       |
| Fri 16                | Four Winds Schools Performance           | Four Winds, Barragga Bay               | 12 – 1.30 pm    |
|                       | Open Mic                                 | Cobargo Hotel                          | 7.30 pm         |
| Sat 17                | Book launch 'Living with a vagina'       | Well Thumbed Books                     | 10.30 am        |
|                       | Harry Bate: historical talk              | Mountain View Farm, Tilba              | 1 pm            |
|                       | Acoustic Blues Concert (plus curries)    | Murrah Hall                            | from 6.30 pm    |
|                       | Live music: Steve Tyson Band, free       | Cobargo Hotel                          | 8.30 pm         |
| Sun 18                | Four Winds Youth Music Festival Concert  | Four Winds, Barragga Bay               | 11 am – 2 pm    |
|                       | Live music: Chris O'Connor, free         | Tilba Valley Winery and Ale House      | 12.30 pm        |
|                       | Can Assist concert                       | Bermagui Country Club                  | 1 – 4.30 pm     |
|                       | 'Free Lunch Society' doco                | Old Cobargo Butter Factory             | 3.30 pm         |
| Sat 24                | Quaama Christmas Fair                    | Quaama Hall                            | from 9 am       |
|                       | Bermagui School Spring Fair              | Bermagui School                        | 10 am – 2 pm    |
| Sun 25                | Cobargo Open Darts Tournament            | Cobargo Hotel                          | 10 am           |
| Mon 26                | Psychic Afternoon Tea                    | River Rock Café, Bermagui              | 1 – 3 pm        |
| Sun 25                | Live music: Stitch & Bitch, free         | Tilba Valley Winery and Ale House      | 12.30 pm        |
| <b>REGULAR EVENTS</b> |                                          |                                        |                 |
| 2nd Monday            | Trivia                                   | Cobargo Hotel                          | 7.30 pm         |
|                       | Bermagui garden group                    | Phone Heather 6493 5308                |                 |
| Last Tuesday          | Cobargo Seed Savers                      | 18 Blackbutt Drive, Cobargo            | 10 am – noon    |
| Wednesdays            | Appalachian Jam Session                  | Cobargo Hotel                          | 7 pm            |
|                       | Dru Yoga                                 | Cobargo School of Arts                 | 10.30 am        |
| 1st Wednesday         | Bermagui Historical Soc. meeting         | CWA Rooms                              | 2 pm            |
| 3rd Wednesday         | Bermagui Seniors' social lunch           | Venues vary. Ph 6493 3126              | 12 pm           |
| Thursdays             | Mind Body Stillness Meditation           | The Courtroom, Cobargo                 | 10 am-11 am     |
|                       | Bermagui Growers' Market                 | Fishermen's Wharf                      | 2.30 – 5 pm     |
|                       | Rhymetime                                | Bermagui Library                       | 10 – 10.30 am   |
| Last Thursday         | Gardening talk, Keith Mundy              | La Galette, Tilba Tilba                | 11 am           |
| 3rd Friday            | Open Mic                                 | Cobargo Hotel                          | 7.30 pm         |
| Saturdays             | Tilba Market                             | Big Hall, Central Tilba                | 8 am – noon     |
| Sundays               | Community Joker Draw                     | Cobargo Hotel                          | 6.30 pm         |
| 1st Sunday            | Riverbank Working Bee                    | Rob's corner, Quaama                   | 9.30 – 11.30 am |
|                       | Tilba Food Share                         | Call Annie: 0409 443 064               | 10 am – 12 pm   |
| 3rd Sunday            | Cobargo/Quaama food swap                 | Call Tam: 0409 882 944                 | 10 am-12 noon   |
| Last Sunday           | Bermagui Red Cross Markets               | Dickinson Oval                         | 9 am-12 noon    |
| <b>ART</b>            |                                          |                                        |                 |
| Tues 6 and 27         | Reiko Healy calligraphy demo             | Lazy Lizard                            | 10 am – 4 pm    |
| Sat 10                | True Local opening                       | Ivy Hill Gallery                       | 5 pm            |
| Sat 17                | Landscape opening                        | Narek Gallery                          | 6 pm            |

Many of our regulars couldn't be included so check for November times.