

QUAAMA COBARGO **BERMAGUI TILBA & LOCALITIES**

Circulation 1800 plus online visits

Local efforts to welcome refugees highlighted in Refugee Week, 17 to 23 June

In 2002, Bega was the first Local Government Authority to join the Welcome Town initiative to promote harmony, social cohesion and respect for human rights in regional and rural towns. It was announced in the recent Council News (8 May 2018) that 'Refugees Welcome' signs will be erected close to the Council Library Services entrances on Council-owned land this year. Bega Valley has been registered through the Refugee Council of Australia since 2013 as a Refugee Welcome Zone. It may seem a small thing to do but at least it's a sign of the Bega Valley's support for refugees.

The Refugee Council of Australia (RCOA), the peak national body representing over 200 organisations which support refugees and people seeking asylum, coordinates Refugee Week across Australia. Locally, the Bega Valley Rural Australians for Refugees (BVRAR)

group is one such organisation. On 22 June, International Refugee Day, they are running a film night to show *The Staging* Post at the Fun House in Bega, starting at 6.30 pm.

Another event in connection to the International Refugee Day has Robyn de Crespigny, author of the book The People Smuggler, speaking at the Bermagui Library on 22 June at 10.30 am. This book is a true story of Ali al Jenabi. Al Jenabi has been likened to an Asian Oskar Schindler, who rescued hundreds of Jews from Nazi Germany during World War II.

The Social Justice Advocates (SJA) group on the Sapphire Coast are



Sapphire Coast SJA gave refugees a taste of life on the coast last Easter. More families will be hosted in July.

very active in the community. After a very successful program in April, SJA are planning another hosting event for seven Arabic-speaking refugee families to have short breaks to the coast in July

this year (see our Eco-Edge page for one family's experience hosting asylumseekers in 2013).

SJA are setting up literacy sessions and friendship groups so that migrants are able to meet regularly and support each other as well as make new friends. SJA are keen to find people from our Triangle area to be involved too. You can contact this group through their Facebook page.

There is a Grandmothers Against Detention of Refugee Children NSW (gadrc.org) group as well as a Friends of Grandmothers group which has been active in marches as well as campaigning via emails and petitions.

Iran and Iraq continue to feed the surge of people fleeing their homes. Refugee Week provides an opportunity for the Australian public to recognise and better understand the courage and contribution of

Issue No 175 June 2018

Today there are

refugees. Who are

asylum seekers and refugees?

An asylum seeker is a person who has fled their own country and applied for protection as a refugee.

The United Nations Convention relating to the Status of Refugees defines who is a refugee and sets out the basic rights that countries should guarantee to refugees. According to the Convention, a refugee is a person who is outside their own country and is unable or unwilling to return due to a well-founded fear of being persecuted because of their race, religion, nationality, membership of a particular social group, or political opinion.

Asylum seekers or refugees and migrants have very different experiences and reasons for moving to another country. Migrants choose to leave their home country, and can choose where to go and when they might return to their home country. Asylum seekers and refugees, on the other hand, flee their country for their own safety and cannot return unless the situation that forced them to leave improves.

Congratulations to Bega Valley Shire Council for the 'Refugees Welcome' signs. Stories are building about the enrichment of regional towns from the contribution of refugees in these communities. The same can be said for nations and cultures. The excellent governor of South Australia is a refugee. The Nobel Peace Prize winning

Letters to the editors

Dear Editors,

Meals on Wheels Bermagui

It is with a sense of frustration and disappointment that Bega Valley Shire Council responds to Carolyne Banados' article *Homeless! Bermagui Meals on Wheels forced to move* and a Letter to the Editors from C. Banados of Bermagui in last month's *Triangle* publication.

The overarching claim that the rent on the former Meals on Wheels space at the Bermagui Community Centre has been raised to \$5000 because "Council believes it can obtain commercial market rent for these premises" is absolutely incorrect.

While Council congratulates the Triangle team for the work you do in informing the community of happenings in the area, it is certainly alarming that this article, that purports to be factual, can be written and published without even an approach to Council for comment.

With a view to accurately informing the community, the facts in this situation are outlined below:

Licence Agreements for the occupation of the Bermagui Community Centre, Eden Gateway Centre and the Merimbula Visitor Information Centre by various community organisations recently expired and required renewal.

In working through this process during 2017, Council revisited its Rental Assessment and Rebate Procedure to ensure the real costs of maintaining, insuring, depreciating and running utilities at Council facilities are better met to deliver a more sustainable approach in managing our community facility portfolio.

The Licence Agreements matter went before Council on 30 August 2017 (deferred) and again on 22 November 2017 – the papers and minutes for these meetings are available at www.begavalley.nsw.gov. au/councilmeetings.

On the back of an independent market

Dalai Lama is a refugee. And the holy Christian family, Jesus, Mary and Joseph, were refugees to Egypt escaping the slaughter of innocents. Opening doors and hearts builds a strong, enriched, cohesive culture at its base.

The exploration of big issues of inequality, social institutions, public threat

rental valuation of \$5,700 for the space previously occupied by Meals on Wheels in the Bermagui Community Centre and an application of a 61% rebate under Council's Rental Assessment and Rebate Procedure, an annual licence fee of \$2223 was arrived at.

Importantly, due to the increase in the annual licence fee (previously \$518), it was resolved by Council that incremental increases would be applied - \$741 (Year 1) and \$1482 (Year 2) before the full \$2223 would be payable from Year 3 of the agreement.

With a commitment to consistency, this process has been followed for all impacted community groups at each of the Bermagui Community Centre, Eden Gateway Centre and the Merimbula Visitor Information Centre.

Additionally, a key objective for Council is to optimise full utilisation of its community facility assets to ensure value for money outcomes for ratepayers are achieved.

In light of this, there were concerns that the space previously being occupied by Meals on Wheels was being underutilised.

No office equipment had been housed in the office for a significant period of time, nor was there evidence that the office/ kitchen space had been used for anything other than as a storeroom to house their 300-litre (approximately) freezer.

Council approached David Atkins (Meals on Wheels) on several occasions to request the organisation's support to locate the freezer elsewhere inside the Bermagui Community Centre at no cost other than a contribution towards the electricity costs of running the freezer. These offers were rejected.

Council absolutely acknowledges the benefits of having services such as Meals on Wheels available to the local community and will continue to make and privacy, and the gig economy at the TED talks on 9 June at Well Thumbed Books, Cobargo, should prove to be very stimulating.

And *The Triangle* acknowledges and thanks Bega Valley Shire Council for clarifying new rental arrangements for council facilities.

rebated space available where possible in its buildings for the provision of these services.

Yours sincerely,

Anthony Basford Director Community, Environment and Planning Bega Valley Shire Council

Eds: As always we appreciate feedback on our stories. In this instance we were indeed remiss, relying on a single source and not applying our usual policy of checking all sides of a story. We thank Mr Basford for clarifying the issues raised. We have invited Bermagui Meals on Wheels to respond to Mr Basford's letter.

Thank you Triangle!

Dear Editors,

Thank you for the wonderful coverage of the 2018 Easter Festival – we are already planning Easter 2019!

We wanted to give you and the *Triangle* readers an update on the funds raised at the Four Winds Easter Festival for the Tathra Fire Appeal. The final figure, now confirmed and processed by the BVSC, is just over \$73,000. This is an amazing result with contributions coming from many local people, from visitors to the Festival as well as from the Four Winds Foundation - a body entirely independent from Four Winds which promotes the Easter Festival and all the year-round activities at Four Winds.

Executive Director, Four Winds

Correction

Tulgeen Disability Services retracts their statements in recent media communication and advertising publications that they provide the only confidential document shredding service throughout the Bega Valley, and apologises for the misinformation.

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters cont.

Beautiful Bermagui?

I recently took a walk through the Bermagui forest on a beautiful day. At first it seemed I could feel the restorative power of the forest. The attached photo was a rude awakening and I thought it should be shared with your readers.

> Jo Lewis Akolele



Rubbish found dumped in Bermagui Forest

Thank you from the Bowerbird

Dear Editors,

To the volunteers, a personal thank you to each and every one of you: Quaama Men's Shed for our shelving in the storage container; Jimmy O'Neill, our lawn mower man with a smile, now doing other things; the Lazy Lizard Gallery for recognising potential talent amongst our volunteers; Bill Allen for tip runs; Well Thumbed Books; Roly from the Village Kitchen, great fish and chips; Martin and Sarah for attending our working bee; and finally, the whole Cobargo Community for supporting us. Disclaimer: If I have omitted anyone I do apologise!

> Ros Hewett The Bowerbird

Thumbs UP



I went to the toilets in Cobargo recently and passed a tourist who said, 'Lovely clean toilets!'

Thanks to the team that keeps our facilities clean and keeps the tourists stopping in our little town.

To the majority of fabulous dog owners who control their dogs by having gates shut and fences high enough to contain their dogs, and just generally keeping their dogs under control even on open beaches. Young children, older people or just anyone walking alone or with their own dogs should be able to enjoy a walk without threat.

YUIN 'WELCOME TO COUNTRY' SIGN REPLACED

In March this year, *The Triangle* reported that the Welcome to Country sign on Wallaga Lake Road had been stolen during the summer holiday season.

Frances Perkins, spokesperson for the South Coast branch of the National Trust was extremely upset with this loss. The sign was part of the Yuin Cultural Heritage trail that the Trust, in collaboration with the Merriman's Land Council, funded. A key feature of the heritage trail are the beautiful yellow and black welcome signs that greet visitors as they enter Djiringanj country. Ms Perkins told *The Triangle* that the funding for the project had been fully expended, therefore, no extra money was available to replace the sign.

Over the years, *The Triangle* Inc has always dedicated any surplus funds towards community projects and needs. When the plight of the missing sign was raised at a committee meeting, it was quickly decided that *The Triangle* would fund a replacement.

The replacement sign was soon printed and delivered, and, once again The Wallaga Lake/Bermagui Men's Shed members were there for the installation. The sign now welcomes visitors to Country.

Carolyne Banados



Triangle members from left: Bhagya, Kathy Wilson and Ann Maree Menager happy to be able to restore the Welcome to Country sign

Who does the work

The Editorial Committee

Linda Sang (President) Sarah Breakey (Vice President) Carolyne Banados (Secretary) Bhagya (Treasurer) Rosemary Beaumont Ann Maree Menager Kathy Wilson

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Linda Sang and Bhagya

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Narooma: Information Centre, Library

Quaama: General Store

Tilba Tilba: Tilba Nursery

Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month Editorial: 12pm, 22nd of each month Advertisers please note that an extra fee may be charged for initial ad layout. Letters to the editor

All communications should be forwarded to: Email: contributions@thetriangle.org.au Postal address: The Editors.

The Triangle

PO Box 293, Bermagui. NSW 2546 ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Tilba Bites

Thursday Talks at Tilba Nursery

Keith Mundy of Tilba Nursery, located in The Avenue, Tilba Tilba, has started presenting gardening talks on the last Thursday of the month. The first talk in April was all about growing winter veggies and was attended by more than

40 local gardeners from Tilba, Bermagui, Cobargo and Narooma. Keith was pleased to 'see so many old friends and new faces in the crowd'. He gave lots of practical information on how to fertilise and sweeten the soil, what veggies to grow from seed versus seedlings and a list of suitable veggies to plant for winter in our local region. He also discussed the importance of companion planting with year-round flowering plants like salvias to attract bees, plus crop rotation and when to rest

garden beds. Keith finished with info on when and how to fertilise citrus trees plus methods for controlling fruit fly.

Keith thanked Patricia Coutant of The Golden Cake, Tilba, for letting him use her new (soon-to-open) cafe as the venue for the gardening talk, and for supplying a delicious morning tea. Patricia is already renowned around the local region for her French culinary creations and is about to open her own La Galette Cafe/Restaurant in the newly renovated Pam's Store right next door to Tilba Nursery in Tilba Tilba. Keith said, 'Once Patricia is up and running, sometime in the next few weeks, you'll be able to combine a browse through the nursery with a coffee and crepe in the café ... we can't wait!'

Look out for details on Keith's upcoming June talk, on the last Thursday of the month at 11.00 am in the old Pam's Store building in Tilba Tilba. Patricia's cafe should be open by then! special guest Toni Higgins discussed her experience growing Orchids. Maureen Kleeman and Annette Kennewell were unable to attend but provided small flyers to share on the uniqueness of Australian owls and the problems caused by feral deer. Tilba CWA's next



Keith Mundy's Thursday Talks are attracting a crowd

Tilba CWA News

Each year NSW CWA focuses on study choices for Flora and Fauna, plus Foes to raise awareness of weeds and feral animals and their detrimental effects on our environment, and a Primary Agricultural Product for promotion. In 2018 the flora is Australian Orchids, the fauna is Australian Owls, the Foes are Alligator Weed and Deer, and the Primary Product is Pomegranate. At Tilba CWA's recent May non-meeting, a small group of members and guests enjoyed learning about these topics. Janine Halasz spoke about the delicious Primary Product Pomegranate, Carol Ladd presented the environmental problems caused by Alligator Weed, and

scheduled on Saturday 14 July in the Tilba Small Hall and will coincide with NAIDOC celebrations and the school holidays.

The next CWA Café is

Tilba Food Share

The next Tilba Food Share is on Sunday 3 June from 10 am to 12 noon and will be hosted by Lachlan Reilly in the heart of Central Tilba at 39A Bate Street. Earlier this year Lachy established a community library/book swap in Central Tilba beneath the Red Gum tree in the new car park. Lachy built a little wooden heritage-style house for the books. The June Food Share will be an opportunity for you to see the little library, borrow a book to read, and bring a book to donate for someone else to enjoy.





Tilba Bites

Seventeen years of wine, food, music and art

Since 2001 Tilba Valley Wines, located on Corunna Lake in the upper part of the Tilba valley, has been owned and operated by Peter Hermann. Peter has now decided it's time to relinquish his beloved winery and new owners are due to take over on Monday 2 July.

Peter's journey started at the Edinburgh Festival in the 90s. An act he took every opportunity to hear was our Madam Pat Thompson and her Ragtag Band. His regard for Madam Pat eventually led him to visit her in Bermagui and it was on one of these visits that he noticed the winery was for sale—and the rest is history, as they say.

Peter's friendship with Madam Pat and her band set the scene for what the winery has become. Wine and food are a good combination and, for someone who was new to the business, Peter approached these aspects with flair and energy. Peter also took the opportunity to embrace another important combination—music and art, both in an entrepreneurial way as well as altruistically. Madam Pat and her band often played there in the early

The Tilba Saturday Market will be celebrating ten years in December. For more than seven years, Kay Williams has been the contact person and coordinator, taking stall bookings, making sure stallholders meet requirements, booking and paying for the hire of the hall and generally making sure that the market operates as it should—all this as well as operating her own stall.

This is all about to change as Kay has decided to move to Newcastle to be near her family. The Tilba Market has indeed been very fortunate to have Kay as coordinator and her consistent and dedicated involvement has certainly years (memorably, Pat celebrated her 80th birthday at the winery at Easter 2003) and Peter has since been a great supporter of local musicians. He has also hosted many



Peter Hermann (centre) with Kris Ralph and Tony King

exhibitions for local artists over the years.

Of course wine has been the focus. There have been many memorable wines over the years, produced often in less than ideal conditions, accompanied by lots of stress and anxiety and the employment of many locals. This year's Cabernet Franc won a gold medal and the best red wine in the 2018 South Coast Wine Show.

One of the most enjoyable and uniquely 'Peter' events was the annual Melbourne Cup Day. Who could ever

Farewell Kay, hello Annie!



Market management will change hands but there will still be the same great array.

contributed to its success. We wish Kay all the very best for the future – we will all miss her both in her role in coordinating the market as well as her stall which always featured home grown produce from her wonderful garden. forget the amazing feast, the local wine, the high stakes fashion and the horse race (real horses on one occasion as well as pretend!)

Appropriately, Beautifully Mad's Tony King and Kris Ralph performed a farewell gig for Peter on 12 May. This was how it all began—Tony played in the Ragtag Band—and Madam Pat's presence was all around. Peter regaled the audience as only Peter can—'I've had the time of my life'—there was a wonderful spread of food, Tony and Kris wooed everyone with their music and it was like old times.

Peter's last day at Tilba Valley Winery is Sunday 1 July and here's what's planned: 'We're having an Open House at the winery to celebrate its 40th anniversary as well as the final days of my 17 years here. Starting at noon, there'll be sparkling wine, food and music all day. All Triangle customers and friends are welcome.'

Although Peter's not entirely sure, he may stay in the area. We wish him all the best and thank him for all that he has done over the past 17 years—an amazing contribution.

The Tilba Market will continue to operate and the new contact person is Annie Fenn. For bookings and market information Annie's contact number is 0409 443 064. For those who have not been to this wonderful Saturday market there are always treats and surprises-everything is homemade or home grown, chemical free and local. There are always seasonal vegetables and fruits, plants, delicious cakes, biscuits and breads, clothes and knitted items, woven baskets, jewellery, natural health products, massage and more. And maybe there will be something to celebrate the ten year anniversary in December!

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Tilba RFS: call before you burn!

There seems to be increasing indifference about the need to notify RFS Fire Control about proposed burns, with the outcome being that Shire-wide we have been experiencing an average of about two false alarms to 000 per day.

We remind all residents that anyone who is planning a burn is required to inform Fire Control and all neighbours with at least 24 hours' notice. In Eurobodalla Fire Control is at 4474 2855, and in Bega Valley Shire phone 6494 7400. By following these simple requirements the possibility of false alarms being raised is substantially reduced, so please help the firies in this respect. In the past month Central Tilba Brigade has responded to two false alarms as a result of not informing Fire Control of a proposed burn. Other calls included a motor vehicle accident on the Highway when persons were trapped.

Residents will have noticed the period of annual Hazard Reduction burns by the various authorities is with us, and there is frequently smoke either in the area or visible further away. This is a necessary part of our work in trying to keep the population as safe as possible from wild fires. Central Tilba Brigade has been involved with several of these burns.

Tilba is pleased to note continuing interest from new members. We very much need new and increased membership, so this is gratifying.

Harry Bate

New troupe to perform in Tilba

All in a Night's Work will be presented by the Moruya Red Door Theatre on Sunday 1 July at 2.00 pm at the big hall, Tilba.

This is the third production from

Moruya's Red Door Theatre company. Following the wonderful success of Babes in the Wood and also Peter Pan: the Eurobodalla Chapter, the company is now sixteen actors strong, ranging in age from 14 to 92. Add to the mix some of



Eurobodalla's best musical talent and this show, devised and directed by Narooma's

Linda Heald, provides a delightful

combination of comedy, nostalgia and

Anthony Mayne said, 'Community theatre

is all about pitching in together, learning

together and having fun in bringing a

production to the stage. We are excited

to be touring this production to both

Narooma and Tilba, following the first

two performances in Moruya. Anyone

interested in local theatre please jump on

our Facebook page and say hi.'

Theatre president and producer

contemporary commentary.

Some of the troupe in rehearsal



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Quintessentially Quaama

Well, it's finally starting to feel like winter! The smell of wood smoke is in the air and all the leaves are falling from the trees. It seemed like an endless summer this year, with heat and dry conditions lasting far longer than we're used to.

While May was a pretty quiet month for most of us, June is looking rather different. The QPA is on a roll! They're putting on a fair on Sunday 17 June with a 'collectables' theme. The Verona classic car club will be there with 15 cars on display. Come along and take a look. Local artists will be featured in the main hall, so if you have something you've created that you're happy to display, be sure to contact Jo on 6493 6492.

Bless'ed Hair will be onsite, so bring along your split ends for a trim or surrender to a makeover. Other highlights include Russell Ross doing psychic readings and a family history finder to assist you in tracing your heritage. For food, there will be your classic Quaama Quiisine (of course!) joined by the Cobargo CWA as well as the Quaama Men's Shed on sausage sizzle duty that I hear may well include bacon and egg rolls. Za's mobile coffee van will be making brews and the Lions Club will do their ever-popular doughnuts. You can take away a lovely bit of fish for your evening meal without having to drive to the coast as Red's Fresh Fish will be onsite.

If you would like to book a stall there is still time to ring Jo (6493 6492). Oh and there will be raffles, likely a Benny's meat tray and perhaps a load of firewood. Love those raffles ...

Our Quaama Public School kids have

been busy. They attended the Zone Cross Country Carnival at Wolumla on 11 May

Bhagya



Our kids representing Quaama at the Zone Cross Country Carnival at Wolumla

and had a great time on a stunning day that was meant to be rainy. Kids participated from all over the Shire, running 2-3 kilometres depending on their age group.

They are also enjoying tennis lessons on our local courts (thanks Tennis Club!), subsidised by Sporting Schools. Great to see them put to such good use.

On Friday 18 May students took part in National Walk Safely to School Day. The event is part of the school's road safety and fitness program, encouraging parents/ carers and their children to

safely walk at least part of the way to school on this day. This was discussed at the recent P&C meeting where parents expressed their concerned about the lack of walking paths and safe crossings around the school. The school will be approaching the BVSC with these issues. I'm sure we all support that effort and hope they find a \neg receptive ear at Council.

Sticking with the walking theme, on 25 May the kids participated in a 'walkathon'. Using their feet to fundraise, they walked along Warrigal Range Road to the Brogo dam. Sponsors signed up, willing to pay per kilometre to raise money for an upgrade to school playground equipment and new shade sails for the area. If you weren't approached and didn't sponsor a child, I'm sure they would still be willing

to take a donation of any sum for such a worthy cause. You could walk into the school office with your chequebook anytime. Just sayin' ...

Keep warm everyone!



It felt like the whole town turned out for the 9.30 am Anzac Day service at Quaama's War Memorial in April. It was a moving event smoothly orchestrated by ex-servicewoman Monica Cullen, with heartfelt contributions from Quaama school children and a haunting poem read by Richard Parleyr The horses wetched quictly an

Parker. The horses watched quietly on.

yoga in yuin country monday and wednesday 7 - 8 am Ki yoga



6 - 7.30 pm Yin yoga beginners monday 8.30 - 9.30 am

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Quintessentially Quaama

Quaama Fire Brigade update

Our AGM was held on Saturday 12 May at the Quaama Station. It was well attended by not only Quaama brigade members but Cobargo and Brogo members too, as well as folks from Bega headquarters. Within the procedures, newly elected officers were assigned with the handing over of the positions of Captain and Treasurer, as Michael and Kylie Weik have moved from Upper Brogo to Humpty Doo.

All of the Quaama Brigade and I'm sure the broader community thank Michael and Kylie for their dedication to the Quaama RFB. We wish them much success in their relocation. They will be missed.

The following members were elected: Captain - Paul Sheargold; Senior Deputy Captain - Graeme Spicer; and Deputy Captain - Volker Aebischer. Permit Officers are now Graeme Spicer 0400 738 978, Greg Chinnock 0438 938 310 and Paul Sheargold. Secretary/Treasurer is Peta Tatnel and President, Vic Grantham. Congratulations to all.

Now that winter is almost here people are wanting to do hazard reduction and pile burns. Please adhere to the process. It is necessary to ring Bega RFS headquarters on 6494 7400 to notify intent 24 hours before a planned burn. Also inform your adjoining neighbours 24 hours before. This is to help the community avoid unnecessary

calls to 000 as well as avoiding unwarranted calls to the fire brigade. We are here as a brigade to help out but, as always, we are volunteers and unnecessary callouts are an inconvenience.

We always need more members. Thanks

to the new members who are coming to training. We're building our numbers slowly, which is fantastic. Not all members need to be frontline firefighters as we are all volunteers and our personal safety is paramount in our training.

Our next training days are Saturday 9 June at 1.30 pm and Saturday 23 June

at 1.30 pm, both at the Quaama Station. All welcome. Come and have a talk to us about volunteering.

We're having an RFS fundraiser on the Brogo Dam from 1.30 to 3 pm on



Our volunteer fire brigade at their recent AGM

Sunday 3 June to help out the Tathra Rural Fire Service. There will be dragon boats, canoes, lots of food, cold drinks and fun for the kids. Please come and help support this good cause.

> Graeme Spicer Community Engagement Officer, Quaama RFB



Cobargo Conversations

May, may, maybe I missed it ...? Or was it autumn I missed? So quick to come and go this year, as if summer and winter muscled it out. The trees did eventually turn, the ones that could, no longer able to deny the time. Coats of reds and vellows they wore, if perhaps briefly. Dazzling us with one last flash of colour before the complete grey nakedness of winter. Persimmons and Chinese pistachio competed for the best dressed, brilliant orange, luscious vermilion, scarlet, gold ... All just let go to the wind, last year's party dress dropped at the op shop. Increasingly they stand naked, shivering slightly, against the frosty blue sky.

And the frosts have landed, in Cobargo Central at least. There is proof in our frosted early morning windscreens and the blackened remains of pumpkin vines that had been basking in the glory of an Indian summer, contemplating another round of pumpkins. Too late, too late ...

May, may, Mothers Day. A day filled with crumbs in the bed sheets and declarations of love written in coloured noodles. And yes, probably just another trick to get us to buy buy buy ... and yet ... It is a day for some of the most hardworking amongst us, the mamas. They come in all shapes and sizes, all philosophies and religions, yet they all give a lot, and they get this day. A day to hopefully bask in the glory of their prestigious, yet widely undervalued role in another's life.

If you haven't yet come to fully appreciate your mother, then I can make a suggestion for you ... become one. Not always possible of course and certainly we don't all have the inclination or biology to do it, but we all, to date, have had one. It's how we get here, grown in a belly and then out we come, pushed or pulled, kicking and screaming into the world. After nine months of peeing, puking, and pumping on the kgs, come the endless nights, milky dazed days. There's teeth to be pushed, fevers and snot noses, endless nappies ... (and that's just the first two years).

I have heard it compared with full time work (2.5 full time jobs, actually),

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Ring Nick or Jenny for a free measure and quote 0401 625 727 or 4476 2719 but I think it's perhaps more like an endless degree in patience, compassion, guilt management, Worry 101 and of course, in the end, letting go. Not to mention the total brain re-wire, that metaphysical, transpersonal shift into ... MOTHERHOOD. Anyways it's not for the faint hearted, and anyone who goes through all that, however unwittingly, and imperfectly, deserves a medal, and probably a few more breakfasts in bed and noodle cards than they get. So I hope all the Cobargo mothers were treated real nice and are ready for another year of it, cause here it comes ...



Daisy Boyle performing at the opening of *Totem* in Cobargo

The Cobargo main street was treated to some fine after-hours company on the 11th, with the opening of the Totem exhibition at the Lazy Lizard Gallery. The brisk air was filled with the spiced scents of mulled wine, the hum of chit chat and the squeals of wild children. People donned their frock coats, hats and scarves to brave the chill for a touch of culture, Cobargostyle. The Gallery was brimming with stunning pieces of all mediums, textile and ceramic, illustrated and carved. All that hard work and creative hubbub must have sent a little magic into the air that nightjust as the mulled wine was finishing the rain began, softly at first, but then heavy and hearty and long. The parched earth opened its arms to receive its cool caress and we were blessed with the first real rain in months.

We had a visit from our councillors, bless their hearts, traveling all the way up here to talk with us common folk. I wasn't able to attend, so I won't comment more



than to say, GREAT—and I hope there are more such meetings to come. I hope that the future holds more collaboration, facilitation and support to make this town and area more vital, invigorated and supportive to us who live here.

I trust you are all enjoying the smell of wood smoke, the crisp blue mornings and the much needed break from the lawn mower. Relax, cosy up, winter is upon us.

TEDx powers on this month

On Saturday 9 June, on the June long weekend, Well Thumbed Books is holding a Mini TEDx and we invite all those interested to come along, enjoy some lively discussions and partake in a lovely morning tea.

Borrowing from the theme of this year's Sydney Writers Festival, 'Power', we have invited four people to answer four questions:

10.30 am: Steve Williams, *Do we care about equality*?

11.00 am: Steve Ross, *Have our* institutions turned 'bad' and how do we overcome our perceptions and cynicism?

11.30am: Michael Holton, *Has the* 'War on Terrorism' given the government the right to erase personal privacy?

12.00 pm: TBA, *The Gig Economy – how is it affecting our lives?*

Ro Beaumont will facilitate the event, with each speaker talking for 12 minutes and then the floor is open for questions and discussions.

TEDx is an offshoot of the original TED (Technology, Entertainment and Design) concept. Originally, a closed conference of high powered speakers invited 1200 participants. In 2006 it was decided to post the talks online with free access, which led to over one million views. Today, the number is in the billions, accessing talks designed to 'illuminate, clarify, engage and delight.' It also led to people delivering their own TEDx talks (x meaning self-organised.) There have now been over 30,000 TEDx talks delivered in 130 countries.

Louise Brown



Bikes and bugs: an action-packed start to Term 2 at Cobargo School

Bike riding craze!



Students will be learning about safe bikeriding practices

This term for Sporting Schools we are participating in the 'Let's Ride' bike riding program. Students are encouraged to bring their bikes and scooters to school this term and ride them in the playground throughout lunch times. It has been fantastic to see so many students taking up this opportunity and riding their bikes to school.

Bike riding is a life-long skill and a great part of a healthy lifestyle. As a part of the 'Let's Ride' program, students will be learning about safe bike riding practices on public roads and footpaths.

We received a Federal Government grant which we used to purchase ten new bikes for the students to ride around on during lunch and recess times. We would like to acknowledge and thank the many parent helpers who came into our school to help construct these brand new school bikes, which quickly morphed from flat pack boxes to fantastic completed bikes!

Thank you to Phil Shipton, Brooke Pilkington, Jeremy Meinrath and Iain Hamilton! Nate, Oscar and Tyler (students from our Year 3/4 class) enjoyed following your assistance and helped to build a bike together.

> Sarah Harding, Year 3/4 Classroom

Water Bug Survey

Recently, students from Years 2–6 conducted a Water Bug Survey, investigating the water quality of Narira Creek. The students found a whole collection of bizarre and wonderful creatures that spend some or all of their time in waterways.

This annual survey is conducted with help from Bournda Environmental Education Centre. Our students thoroughly enjoyed collecting water and bug samples and then categorising the water bugs according to their sensitivity rating. The bugs we found were insects, like beetles, and nymphs that are juvenile flying insects. Some were tiny crabs or freshwater prawns. There were also snails and worms.

The students discussed the importance of the part that each of these water bugs plays in the food chain for aquatic ecosystems. The data that was collected was sent to the NSW WaterWatch database, which is then used to inform government and the community on the health of our waterways.

Gillian Park, Principal



Children collected and examined water life for the NSW WaterWatch database.



CWA News

Five members of Cobargo CWA set off to reach Armidale for the CWA of NSW State Conference last month. They took with them entries for the Land Cookery competition. Three of the members were involved in the conference activities and two, Sally Halupka and Debbie Fisher, went to act as Stewards in the Cookery competition.

Fourteen-year-old Stephany Salter of Brogo won first prize with her Chocolate Hazelnut Friands. She was competing for Cobargo CWA Branch in the 18-andunder section. The judges both agreed that Stephany's friands had the best flavour, as well as being uniform in size. Sally Halupka took out first place for her Sultana Cake and first for the Orange Marmalade, a great achievement. Far South Coast topped the leader board, tying with two of the 29 other groups. Congratulations to Debbie in her first year as Group Cookery Officer.

Meanwhile, in the business sessions at the conference, issues were debated and passed for the CWA to advocate to Government to implement changes. They ranged from the need for more funding for MyAgedCare packages, particularly within regional, rural and remote areas, raising awareness of elder abuse and seeking more protection against violence and assaults for all health employees, to seeking ways to fund social housing for homeless women, promoting the enforcement of the law with regard to female genital mutilation, and the classification of feral deer as a pest species to allow the legal culling of these animals.

We also study a different country each year and this year our focus is on Poland. Members recently attended the splendid presentation by Bega branch of their International Day. They were treated to an enormous variety of Polish food, listened to a speaker with a Polish background and were entertained by the children from Mumbulla School singing Polish songs. Cobargo will be holding their International Day later in the year.



Cobargo Conversations

Yes, we do serve tea and scones—and so much more! If you would like to join us in our endeavours (we acquired two new members recently – welcome to you both!) come along to our meeting held on the second Tuesday of the month starting at 10 for 10.30 am, and enjoy friendship with a cuppa and a slice of (award-winning!) cake. We meet at the CWA Cottage on the Bermagui Road, next to the playground.

> Mary Williams Publicity Officer, Cobargo CWA



More than tea and scones: members tiled and painted the new kitchen renovation



... this shows we can also delegate or direct

Honours to firie Brian Ayliffe

Long-standing Cobargo Rural Fire Brigade member and Retired Group Officer Brian Ayliffe was one of fifteen NSW Rural Fire Service volunteers to be honoured for exceptional service and bravery during the recent St Florian's Day celebrations on 4 May.

Emergency Services Minister Troy Grant joined NSW RFS Commissioner Shane Fitzsimmons at NSW RFS headquarters to honour 15 members and 11 teams as part of the annual awards ceremony.

'Today we thank the many men and women of the NSW RFS who are on call day after day, serving our communities and selflessly responding to all manner of emergencies,' Mr Grant said. 'Our NSW RFS men and women do their jobs quietly, never asking for praise, awards or accolades, but it's important their commitment and dedication is recognised. Families across the state should be rightly proud of the efforts of the NSW RFS and I thank each and every member of the emergency service for their hard work.'

Although Fire Permits are no longer required for pile burns and other burning off activities on agricultural lands, you must give prior notice to Bega Fire Control on (02) 6494 7400 during business hours, as well as to all neighbouring property owners, at least 24 hours prior to lighting up. For information on permitted fire activities in the Cobargo area please contact Cobargo Brigade Captain Mark



Cobargo Brigade member and St Florian's Day Award winner, Brian Ayliffe

Ayliffe on 0427 936 476, or Bega Fire Control.

A reminder that the brigade's Annual General Meeting will be held at the Fire Station, Wandella Road, on Thursday 7 June at 6.30 pm. Apart from the usual matters, the meeting will have some important business to conclude regarding the adoption of our new brigade constitution. A light supper including spit roast will be served from 6.30 pm before the meeting starts.

For more information please contact Secretary/Treasurer Lisa Ayliffe on 0429 936 476, or come to one of our training nights at the Cobargo Fire Station—you will be most welcome. Training nights this month are 14 and 28 June, starting at 7.00 pm.

John Walters



Bermagui Banter

Winter finally arrived in Bermagui with that cold blast from the south, bringing some much needed rain. Finally our gardens are getting the message and some beautiful autumn colours can be seen. Wherever you go, people are talking about rain gauges and millimetres recorded. As a keen gardener, I'm always pleased to receive some of that wet stuff, but more is needed.

Sometimes, as we become so preoccupied in our busy day-to-day lives, we take our natural surroundings for granted. While taking some first-time guests around Bermagui recently, I tried to see Bermagui through their eyes. From the high points in town, the vista across the bay is quite stunning, with Haywards Beach stretching kilometres to Camel Rock. The spectacular view across to Gulaga, the perfect shape of Horseshoe Bay, and the ocean sparkling like a million diamonds. We really do live in paradise, so ... stop and smell the roses!

Bermagui is now settling into the first phase of its winter hibernation. Now is the time you will see lots of those lucky 'grey nomads' packing up their caravans and motor homes and heading north to warmer climes.

I must confess to planning exactly the same, so this will be my last missive until September. I'm pretty lucky in having both children living in North Queensland – so it's north we travel for a catch up with the kids and a hug for the grandchildren. It's time to take a little break from writing, and a break from the never-ending anxiety of 'what am I going to write this month!' As writers for *The Triangle*, we really enjoy doing what we do to bring you—our readers, our supporters, our friends and our communities—the information and stories we hope you all enjoy. Not everything is smooth sailing though, and sometimes we get things wrong. Sometimes information we get is not 100% correct. Sometimes we're in such a rush we just don't check things out fully. But, as they say, no one is perfect!

Bermagui Banter, however, is being left in the most capable hands of my colleague, Ann Maree. So, when she comes sniffing around for stories, please be kind to her!

Blue Balls Winter Swim commences

Those very brave men and women of the Bermagui Blue Balls and Blue Pointers commenced their winter swim season on Mother's Day. Not surprisingly, the beach was deserted, but the day was clear and blue and the water temperature a balmy 17 degrees as they kicked off the season to live up to their name.

Bermagui Blue Balls swim every Sunday morning, starting at 9 am usually in Horseshoe Bay. However, various locations will be found during the season, which finishes on Father's Day in September.

For those brave enough to venture into our winter oceans, there is always a welcome waiting. And, after the swim, a warming cuppa, or maybe something stronger, awaits.

Bermagui Growers Market moves for winter

The very popular Bermagui Growers Market will be moving indoors for the winter. Starting in July, the markets will be held fortnightly in the Bermagui Community Centre, Bunga Street, from 3 pm to 5 pm on the following dates: July 5 and 19, and August 2, 16 and 30. An addition to the Winter Markets will be local craft stalls. So, if you have a craft you would like to display and sell, please contact Lynne Ford on 0425 711 795 for more information. Whether it's cold, windy or raining, the markets will be there, with all your favourite stalls in the comfort of an indoor location.

Kids' Growers and Makers Market

A very special Kids' Market will be held on Tuesday 17 July, during the school holidays, at the Bermagui Community Centre, running from 10.00 am until 1.00 pm. This market is all about children who either grow or make things they can sell. Apart from a \$5.00 stall fee, all the money they make is theirs. Not only a great way to teach the kids some business skills, but a way for them to earn some pocket money for the holidays.

All proceeds from stall fees will go to the Bermagui District Netball Association, which is making a big comeback! The Netball group will also be running a canteen on the day. For more information, or to book a stall for the day (BYO table), please call Lynne Ford on 0425 711 795. We have some really imaginative and talented kids living here in Bermagui, so let's get behind this initiative and support them by coming along to see what they have on offer.

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Community cohesion defeats BWS Bermagui

The Independent Liquor & Gaming Authority (ILGA) on 16 May rejected the BWS Bermagui application for the transfer of a packaged liquor licence from Tilba Tilba to Bermagui. This follows a public meeting in Bermagui called by the ILGA on 21 March at which the Bermagui community delivered a strong message that it did not want a BWS.

That meeting was attended by approximately 200 local residents. There were 27 speakers against BWS Bermagui, who all spoke with real concerns and a real belief that this BWS would further disadvantage parts of the community. This result is a celebration of what a cohesive community can achieve.

Key points made by speakers included the responsible sale of alcohol by existing licensees versus the 'one stop shop' and easy availability of discount alcohol in a BWS outlet attached to a Woolworths supermarket, the lack of police presence in the town, and its low socio-economic profile.

Three ILGA board members attended the public meeting. It was noted that ILGA had received 90 written submissions, with 89 opposed to the transfer of the packaged liquor licence. Bega Valley Shire Council also opposed the transfer of the licence.

The proposal to transfer the licence follows a previous rejection of an application for a new packaged liquor licence by BWS Bermagui in January 2016. It should be noted that there is no legal barrier to Woolworths making future applications for a packaged liquor licence in Bermagui in spite of clear public opposition.

Well done, Bermagui!

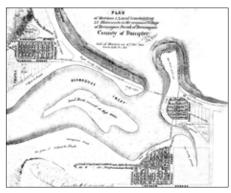
Happy birthday, Bermagui!

Dave the digital archivist at Bermagui Historical Society here.

Members have been so busy moving the museum and decorating the space and storing and downsizing that it almost passed us by—the fact that Bermagui reached the grand old age of 150 years in April.

It would have been good to have a big celebration but it can't be organised just now.

The map shows how we looked in 1868. The plots of land shown were put up for sale the same year that the villages of Bermaguee and Bermaguee South were proclaimed in the Government Gazette of 7 April 1868.



1st Edition cadastral map, proposed Village of Bermaguee, 1868

I'm not certain when the spelling changed to Bermagui. Can any of our readers tell us? And there's still a street in Quaama called Bermaguee St. Are there more instances of the original spelling in the region?

So congratulations to you all on both sides of the river. I wonder what the next 150 years will bring.

Dave Cotton Bermagui Historical Society



Bermagui boy excels

Many Bermagui people will remember the smiling face of Elijah Buchli from Bazza's Bakery. Nineteen-year-old Elijah, who was home-schooled, left home last year to study criminal law and languages at the Australian National University (ANU) in Canberra.



Elijah heads off soon for a four-week scholarship at Shanghai University Summer School.

Elijah has excelled in his chosen subjects and has been granted a fourweek scholarship to study Chinese at the Shanghai University Summer School later this year.

He is now very busy getting his passport processed and awaiting confirmation of the date to attend, possibly as soon as mid-June. Only three positions were offered in Australia and only twenty worldwide.

Elijah's parents Paul and Alison and the family are naturally very proud and excited about this opportunity and are saving madly to pay the airfares. All other expenses are covered in the package.

Elijah's older brother James, 21, is in his third year studying music and sound engineering at ANU and is already performing live with many noted musicians in the Canberra area.

What an incredible achievement for these two local lads, who have entertained us over the years at seniors' concerts and busking in the street.

Congratulations to Elijah and James but especially to their parents who have given their children the best possible opportunities in life with a positive attitude and a Christian upbringing.

Lori Hammerton

CRAB Golf Day success supports Can Assist

On Sunday 29 April members of Bermagui Men's Golf and Cancer Research Advocate Bikers (CRAB), and other social players joined forces to run a Can Assist Charity Golf Day at

Bermagui Golf Club.

Even though it was a chilly day with a southerly wind blowing across the course, \$2000 was raised for the local branch of Can Assist.

CRAB President Graeme 'Spud' Struthers said he was incredibly pleased with the result and couldn't thank the Men's Golf members enough for

supplying the food and for their support for this annual event.

On Thursday 3 May Spud presented a cheque for \$2000 to Bermagui's representatives of Can Assist, Lori and Gerry Hammerton.

Lori thanked everyone sincerely for the donation and reminded us that all money will remain local to help people

affected by cancer by way of practical financial assistance. Lori said Can Assist pays pharmacy bills, accommodation costs, prostheses costs, utility accounts and more.



Graeme 'Spud' Struthers (CRAB President), Ron Lye (President Men's Golf), Lori Hammerton (Can Assist), Greg Cummins (Secretary Men's Golf) and Gerry Hammerton (Can Assist)

Men's Golf Club President Ron Lye said that they were more than happy to help out, knowing that every dollar raised remains in Bega Valley.

Lori Hammerton

New Yacht Club for Bermagui

All are welcome to the inaugural meeting of the newly formed Bermagui Motor Yacht Club on Saturday 16 June at 3.30 pm at the Palm Bar (Restaurant), Bermagui Hotel.

This meeting is to gauge interest in being part of a new group, enthusiastic to get together for the love of boating.

Never been out of the harbour and always wanted to see what is out there? Any type of boat and boat owner welcome, even if you do not own a boat.

More information: Mike Power 0403 041 626 or Jim Gilchrist 0407 880 109.

Bermagi & District Social Club

1st Wednesday of the month general meeting at alternate Bermagui Country Club and CWA information. Hilda 6493 3126 11 am 3rd Wednesday of the month social luncheon venue information Hilda 6493 3126

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It's all happening at the Goldfield

Lots of great things have been happening at the Montreal Goldfield recently.

We had a terrific Open Mic Day with over 70 people turning up—not all to perform!—but all to enjoy the afternoon. Our thanks go to the LP Duo from Tuross Heads; Murray Broadhead, Bermagui; Ed Long, Cobargo; plus a Tai Chi demonstration with Lori Hammerton and poetry with Geoffrey Guiffre. The Montreal Pit Singers gave a rousing start to the event. It was a great afternoon which we hope we can hold again soon.

Also on the go is the photoshoot for the next children's book, with some students from the Bermagui Public School, then two full sessions of information with the Bermagui U3A. A notfor-profit organisation runs the Goldfield so it's very rewarding to have these events taking place. Thanks go to the unceasing work done by the volunteers.





Out among the gumtrees: performers and audience alike enjoyed the afternoon entertainments



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DK Pest Control Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents Termite Specialist/Inspections Seniors Card Discount. Phone David Ing: 4473 7201 or 0407 337 937	Craig Cowgill Plumbing Lic. No. 39898C Plumbing/gasfitting/drainage Mob: 0419 992 491	Cobargo Veterinary Clinic Providing a 24 hr service for our clients 56 Princes Highway, Cobargo Phone: 6493 6442 A/hours: 6492 1837		
Pet Minding	Podiatrist	Welding & Metalwork		
I am there when you are away from home. All animals cared for with love. Phone Lee: 0419 712 638	Foot, Ankle and Lower Limb Care Christian de Brennan M(Pod) MAPodA www.yourfeetpodiatry.com.au Cuttagee, Bermagui / Wed & Thurs Phone: 6493 5117 HICAPS available	Stephen Laszuk Hot Metal Chainsaw, mower and pump service and repair, welding and all forms of metalwork 11572 Princes Hwy, Verona Phone: 0438 850 573		
Physiotherapy	Roofing	Yoga		
Jo Westoll from Narooma Physio Consulting Tues & Thurs at Bermagui Medical Centre, Bunga St, Bermagui. Phone: 4476 1866	For all roofing and re-roofing Call Leo on: 0413 434 976 Lic. No. 284990C	Bikram Yoga Sapphire Coast The original HOT Bikram yoga classes 7 days/week, beginner-friendly 68 Princes Hwy, Cobargo Amrei: 0416 092 225 www.bikramyogasapphirecoast.com.au		

My Triangle

Debbie Osiecki: Quaama photographer extraordinaire

Debbie Osiecki and her partner Sharon Bowen-Smith moved to Quaama from the Monaro nine years ago. Debbie remembers their list of requirements: a few acres, good neighbours, a friendly community and a local shop. They focused on the area between Narooma and Brogo, and fell in love with Quaama.

Debbie really enjoyed her work as a nurse caring for patients with brain injuries. Then she was diagnosed with a degenerative neurological disease some years ago. She sings the praises of her neighbours, who have become friends and provide the care and support of a family.

Debbie and Sharon also appreciate the caring teams at Tulgeen and Grand Pacific Health and Debbie 'feels especially confident in the safe hands of Dr Gundi at Bermagui Medical Centre'. She says, 'The palliative care team have been amazingly kind and professional'. For others who may be struggling with pain and illness she suggests working on building acceptance, rather than becoming overwhelmed by bitterness, blame and regret.

Debbie admits that life can be very unfair, but believes that 'living moment by moment and not allowing anxieties and fear to take over' is a critical step. She also stresses the need to be comfortable with both asking for and accepting help and services. She acknowledges that this has been a challenge for her.

Debbie developed a great eye for detail from her graphic arts classes at school. This interest grew into a passion when she had to give up work and had the

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Name		
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Enclosed: cheque / money order for \$32.00 *Australian residents only		

time to spend watching water birds, seals and the changing colours of the sea and sky.

She was also spending a great deal of time in hospital waiting rooms and discovered YouTube and the clips that help you to hone your skills in photography. She had purchased an iPhone 6 and was surprised by the quality of the photographs she was able to take. She found that she had the patience to wait for the right colours at sunset and sunrise, or for a pelican to come in close and then take flight. She developed an affinity for pelicans and has taken wonderful shots of our local flocks. Debbie is also keen to show the world the



Debbie says that pelicans make great subjects as they are so animated, entertaining and very funny.

beauty of the Bega Valley—its waterways, pristine beaches and abundant bird life.

More recently Debbie's health has deteriorated; her eyesight and mobility have been affected. She is also living with chronic pain. She believes that



Debbie Osiecki: living moment by moment and not allowing anxieties and fear to take over

photography keeps her positive, distracts her from the pain and gives her a reason to get up each day and keep on trying to live well.

Debbie believes that everyone can develop a 'good eye' and that expensive equipment is not required. She now uses the camera on her iPhone 7, and is impressed with its lightness, focus and ease of use. Her phone is always with her. Debbie enjoys getting into the water to take shots of pelicans, so she has waterproof covers for everything.

For more information on Debbie's photographs go to Facebook Images Debbie Osiecki and Instagram Images Life:Deb. Some of her photos are in the *Adornment* exhibition at the Spiral Gallery in Bega until 20 June.



Come to life at the Vineyard!

Open Wednesday - Sunday 11.00 am- 5pm for wine tasting, cellar door sales, snacks and lunches.

June Events

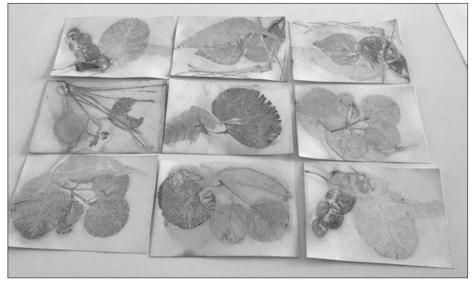
Sunday Live Music: 3rd Mrs Jones and Me 17th Fretz and Reedz, 12.30 pm start, free as usual Social Bridge: Wednesday 6th June from 2.00 pm

> Signposted off the Princes Highway, 4 km north of Central Tilba. Tel: 4473 7308 Web: tilba.com.au/item/tilba-valley-wines/

Cobargo Creators' workshops

Cobargo Creators is pleased to offer another exciting and innovative workshop in June. Led by local artist and creator Marilyn Banfield, 'Botanical Leaf Imprinting' will be held at the Quaama Hall on Saturday 30 June between 10.00 am and 4.00 pm. Join us and learn how to produce your own beautiful imprints on paper using locally foraged leaves and plant material. Be amazed by the colours and delighted by the alchemy! This is a hands-on workshop. You will learn about preparation of the paper, plant selection and the imprinting process. At the end of the day you will take home your unique imprinted papers for immediate display or for use in other projects. The cost is \$95 per person plus materials (list provided at time of booking).

Lesley Wallington's previously promoted weekend workshop, 'Drawing and Painting from Nature', will now be held in Cobargo on Saturday 14 and Sunday 15 July. Currently located in Canberra, Lesley is a professional artist and tutor with more than 20 years' teaching



Produce your own beautiful imprints on paper with Marilyn Banfield.

experience. She works in watercolour, pencil, ink, gouache and collage and has collected a series of awards for her unique paintings. She combines theory and technical advice with straightforward practical instruction. You can see examples of her work here: www.lesleywallington. com.au.

To book your place in either (or both!) workshop, please contact Glennda on 0408 411 956 or at artsincobargo@gmail.com.

Veronica Abbott

Cosy 'Accessories', just in time for winter at the Lazy Lizard!

We all felt that sudden chill, and realised that winter had indeed arrived in our little corner of the world. Fortunately, however, Helen Stafford's exhibition of cosy felted and knitted woollies has also come around. To help us warm up, she will be having her annual sale of 'Accessories' in the Side Room.

A c c e s s o r i e s a r e u s e f u l accompaniments to everyday life, being fashionable and/or practical. As a fashion item, they often complete an outfit and add extra warmth in winter. Helen has made items to complete and complement your winter style. The new knitted hats suit both



large and small heads, with some being unisex in style.

There is also a large selection of cup warmers to help keep that special brew warm for longer. These include a tag to identify your order when purchasing, (eg ' Helen, black coffee'). She will also have more of those lovely snuggly neck cowls in gorgeous colour combinations.

The exhibition will run for the whole of June and there will be a morning tea opening on Saturday, 9 June between 10 am and 12 noon.

Naomi Lewis

Notebooks by Helen Stafford have felted covers for individuality and easy identification.





 *** SMALL BUSINESS FOR SALE ***
 Our Jewellery Gallery and Bead Shop in the village of Cobargo is available for sale.
 Price includes all bead stock, jewellery stock belonging to the business and shop display fittings including cabinets, shelving, containers and most jewellery display items.
 Cost is the wholesale of stock only.
 Interested? Drop in to the shop for a chat or phone: 0429936738 / 64938581

Art in the Triangle

June at the Murrah: Rock 'n' roll and blues

The Murrah hosts the final show of a 50-gig national tour: The New Savages (Melbourne)

The New Savages is a unique blues band. Imagine Jim Morrison singing primal, authentic blues music from the 1930s before the advent of rock 'n' roll. Add a dash of rebellion and a country storytelling influence from

Johnny Cash and you're another step closer to understanding them and their sound.

The final ingredient is constraint. This is the entirety of their music. They only have two instruments - an electric guitar and drums. For The New Savages, constraint is a freedom; they can sound bigger than a traditional-sized band.

What is Mississippi Hill Country Blues? Fred McDowell was a bluesman who first recorded in 1959. He merged elements of tribal African music and the Delta Blues together to create a hypnotic,

Charley Goes Out

Local author Jane Gordon will be at Well Thumbed Books on Saturday 16 June at 10.30 am to talk about her yet to be released series of children's books featuring Charley the Cheeky Echidna.

Come and enjoy some morning tea and hear some of the back stories that make up the series. Jane will also be happy to sign your copy of the first in the series, *Charley Goes Out*.

Meet children's author Jane Gorden this month at Well Thumbed.



The New Savages

droning one-chord guitar style. This style of blues came to be known as Mississippi Hill Country Blues.

It is an infectious style so simple that you can dance to it, and at the same time it's so honest and pure, it can invite you sit down and just listen. Either dancing or sitting it's all-age Murrah Arvo Groove, an atmosphere all of its own.

Sunday Arvo, 10 June. Entry: \$20, \$15 concession, kids free. Doors open at 1:30 pm, music from 2.30 pm.





Waxing dobro and the surf dawg play Cobargo this month

changoTRee are Ian T and Ree Liddell. She is the elegant waxing dobro, mandolin, acoustic guitar with stomp box and I, Ian, am the the surf dawg riding eight-string acoustic-electric guitar-synth (with loops).

Driving the bus is Simon Dewar on 'bangbang shaker' percussion djembe



Magical roots, blues-cruise, funky-folk with soaring harmonies, swampy grooves, a splash of surf Rasta and reggae 'chango' at Cobargo Hotel on Saturday 2 June.

and take away drum-kit. In the past year and a half we have 'jet-lagged' the globe, recording, writing and performing shows and festivals in New Orleans, Ireland, Canada, London, New York, France, Byron Bay and Gunnamatta. Our Muse is magical roots, blues-cruise, funky-folk with soaring harmonies, swampy grooves, a splash of surf Rasta and reggae 'chango'.

In early 2017 we released the debut album 'Home' and had a number one song on the AMRAP Australian charts getting solid airplay nationally. We have just released our latest album, 'Window', the culmination of our 18 months of travelling overseas. Recent festivals across Oz include Wangarratta Jazz Blues, Cairns Tablelands Folk, and Yackandandah Roots.

Video link: www.treerootsmusic. com.au/video-clips. See changoTRee at Cobargo Hotel on Saturday 2 June at 8.30 pm.

Ian T, changoTRee

Come and Visit The OK Shed All Saints Anglican Church, Wallaga St, Bermagui Pre-loved treasures/clothes/bargains to be found Opening hours: Thursdays 11am-4.00pm School holidays – extended opening hours (Tea and coffee available) Contacts: Nancy 6493 3136 Kath: 6493 5887

(sponsored page) The Triangle's Eco Edge Page

This year the Eco-Edge page will have a different flavour. The page's sponsor is calling it 'open page, open heart' which we're interpreting as meaning, 'express yourself and send it in!'. It might be a poem or short story, or a piece of creative prose, or a profile of someone in our community. It might not even be writing! A drawing, painting or photo might be your mode of expression.

This is your page, no age limits, and each month we'll publish our favourite(s). Send your stuff to contributions@ thetriangle.org.au. We're really looking forward to seeing what turns up.

In 2013 Sandra Taylor of Wandella and her partner John hosted two young Sri Lankan men as part of a Bega Valley Rural Australians for Refugees (BVRAR) program which gave asylum seekers in the city a taste of rural Australian life.

Three men, two rods and a packet of pilchards

It is dark, night time dark. The sheen on the waves rushing to embrace the beach emits a silvery glow, a mere glimmer in which to see.

Three men, two rods and a packet of pilchards.

This is the second night in a row that John finds himself on Cuttagee Beach, ready to go home, but our two Sri Lankan friends are not.

Dunstan and Raj did not know fishing back home, where it's a commercial pursuit, not a recreational sport, nor a part of family life. Indeed, they tell us that during times of conflict the people are not allowed to go anywhere near the coast. Why is that? They shrug, this they cannot explain. Their English is not yet sufficient for details, nuances and shadings.

What we do know is that despite assurances from the government of Sri Lanka that the war ended in 2009, it didn't end for the Tamils. There still exists a real climate of fear manifesting in rapes, beatings and killings, that their villages and agricultural land are still occupied by the army who allege they are there 'to keep the peace' but are intent on reprisals.

Families are casting their children out in all directions, hoping they may find a safe refuge in which to thrive and grow. Here in this country they are making new families and it is into this offering we have jumped.

In the first week it was straight into the deep end—John took them rock fishing. He showed them the ABC of catching bait, getting it on the hook, rigging sinkers, tying knots, casting, reeling ... it was Dunstan who caught the big one, a most beautiful silver drummer.

What John doesn't need to teach them is the wonder. This they feel, their eyes light up, Raj sings a happy song.



They come alive standing in their own power on the edge of enormity, an enormity they know well from their journey across the Indian Ocean. But on this cliff on this day it is tinged not with fear, but a deep joy that bursts from them and flings the rod out over the sea, again and again.

A week later, John introduces them to beach fishing. He calls me after dark and with a laugh tells me they won't leave. The bait has long gone, the guts had been grabbed by Dunstan and, 'Blow me down with a feather but he caught a salmon with them...'

The only way John gets them to come home is by promising them another go the next night.

Cuttagee Beach, déjà vu, the fish are caught, the bait long gone. Finally Raj has caught two although he still doesn't get the difference between a wave pulling on his line and the tentative bite of a fish.

John has taken a chair this time and a thermos of tea for which he is grateful. But his feet are wet and cold.

> Let's go, eh?' he says. 'Yes, yes, one more, OK, one more ...' Later, 'Ready to go now?'

'One more, one more, OK.'

They return around midnight, eat a bowl of chili beans I had left on the stove and go to bed. Again they take a fish over to the neighbour and we eat well for many days.

The routine of life here is simple and they mould themselves seamlessly into it. The garden is enlarged and renovated. This work pleases them and they want to finish it before they leave. They plant beans and talk of coming back and we hope they do.

'Sad,' says Dunstan two days out from leaving. 'Twenty-one hours we go.' This is getting hard now.

Friday 6.50 am, Central Hotel, Bega. We swap phone numbers and addresses. We are welcome anytime, Raj tells us, 'Twentyfour hour anytime!'. We are kin now. There are hugs all round and handshakes and see you soons. They climb on the coach and with a wave disappear down the highway. We are left stunned, saddened by departure and full of feeling, full of respect, full of hope for their future, full of wonder for the gift given and the gift received.

What I have learnt is that they like sugar on their bread and butter in their tea. That their teeth are perfectly white and strong and their smiles light up the room. That our greatest asset in times of darkness is the gift of ourselves and that no government policy can defeat us on this journey. That it's possible to extend the hand of friendship and receive a million blessings in return.

What we also know is that we will do it again.

One more, OK? One more.

> Sandra Taylor, 2013 Illustration by Naomi Lewis, 2018



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Art in the Triangle

Four Winds 2018 Windsong Series

Hot on the heels of the 2018 Easter Festival, Four Winds Artistic Director James Crabb has announced three stunning concerts which will be presented in the Windsong Pavilion in June, July and August.

The first two Windsong Series performances are programs based around Romantic music from the 19th Century. Windsong Series #1 welcomes violinist Andrew Haveron, Concert Master of the Sydney Symphony Orchestra, who will be performing with pianist Simon Tedeschi, who we welcomed to the Far South Coast when he performed with John Bell at Four Winds. Their program, presented on Sunday 17 June, will end with a work by Fritz Kreisler, one of the most celebrated composer/violinists of his day.

The second concert features Korean pianist Joyce Yang, who will be touring Australia in July. Joyce is also performing a program of Romantic music by composers who were themselves great pianists. This concert will not only be a treat to listen to, but Joyce's celebrated brilliance and warmth as a performer will surely inspire us all.



Pianist Simon Tedeschi (Photo: Cole Bennetts)

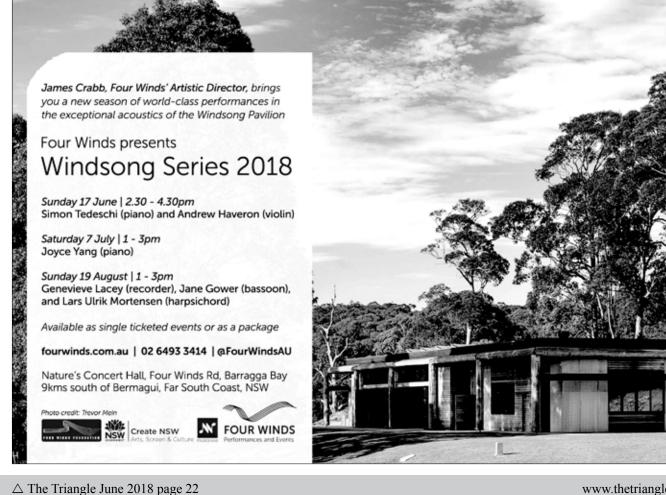
The final Windsong Series #3 concert is something of a contrast, being a program of Baroque music from the 17th Century. Recorder virtuosi and great friend of Bermagui, Genevieve Lacey, will be performing with harpsichord and baroque bassoon.

The 2018 Windsong



Andrew Haveron, Concert Master of the Sydney Symphony Orchestra

Series concerts can be booked individually or as a series-you can find out more at www.fourwinds.com.au or by calling 6493 3366.



Art in the Triangle

Ensure the musical future of our young people



Schools Program at Four Winds 2018 Easter Festival (photo: Ben Marden)

Four Winds has an amazing education program which, on a year-round basis, is providing remarkable opportunities for our young people to experience and take part in live music. We are bringing music experiences and ongoing learning opportunities to five primary schools (Narooma, Tilba, Bermagui, Tanja, Tathra) and four local preschools. It's an integrated program where kids experience worldclass performances by visiting artists, creating their own works and learning singing, rhythm, basic composition and playing/singing alongside other kids as well as the amazing musicians who visit Four Winds.

The whole program is integrated and culminates in a new annual Youth Festival (16-18 November) which will involve all our young people taking part in large scale performances with professional artists, students and musicians from Sydney Youth Orchestra and Australian Voices at the Four Winds site.

A donor who is a great supporter of Four Winds has pledged to match any

donation to Four Winds because they want to see our young Far South Coast musicians thrive. They are inviting you to donate funds to support Four Winds and they will match dollar-for-dollar any donation (up to a total of \$40,000) made between now and the end of the financial year. To make your tax-deductible donation by the end of the financial year to make sure it is matched, you can visit the Four Winds website at www.fourwinds.com.au/donate or call 6493 3366.







General News

Tiny houses – not just a dream, definitely 'a thing'

The Great Australian Dream of owning your own home can seem unattainable, but Sowelo Tiny Houses are bridging the affordability gap with their beautifully crafted Tiny Houses—without minimising on the luxuries of modern life.

Shona and Barlo have lived and worked from their solar powered 'off grid' property in Upper Brogo for the past 18 years. Barlo is a licensed carpenter and joiner and civil construction carpenter. Shona owned and operated the interior design store 'Tribal Interiors' in Bega for six years with her business partner Rachel. 'We build our custom-made Tiny Houses on an engineered trailer so you don't need costly building permits or development applications,' said Barlo. 'Their construction is fully powered by solar energy and we use sustainable b u i l d i n g products so they have minimal





environmental footprint.' They can be fitted with an integrated solar system for off-grid living or plugged into mains power. These spacious, affordable, stylish and fully equipped Tiny Houses are ready to go.

Barlo and Shona are passionate about sustainability and functional, innovative design. They are hoping to win at the Master Builders Association Regional Sustainable Building Awards, announced this month, for their showcase model. This model sleeps six with two loft bedrooms and features bifold doors and windows, eight metres of deck sections, a grow wall with an integrated watering system, bath with rain shower and high quality, energy-efficient stainless steel appliances. They are currently building a fully offgrid 'Zen Tiny House' for a client on the Central Coast.

Whether it be for adding accommodation space for family and friends, an Airbnb rental, or your sole permanent residence, call Barlo and Shona for a chat on 0466 261 356, or send an email to sowelo@outlook.com.au, or visit www.sowelotinyhouses.com.au.



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www.south coast cheese.com

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Open viewing into the factory. Milk, yogurt and more styles of cheese will be made on site in the coming months



Sowelo Tiny Houses Contemporary Sustainable Designs

sowelo@ outlook.com.au sowelotinyhouses.com.au Phone 0466 261 356

www.thetriangle.org.au

South Coast Knife Show and Metal Arts Expo. Interested?

Since 2013 we have run the South Coast Knife Show in Central Tilba. It is an exhibition and sale of handcrafted knives from local and interstate makers, including the sale of blacksmithed items, blacksmithing and knife-making materials, tools and sharpening equipment.

This year we are moving it to the Cobargo School of Arts Hall and expanding it to become the South Coast Knife Show and Metal Arts Expo. As we have four blacksmiths

and countless metal artists, casters and jewellers in our local area, we thought it was the perfect way to showcase it all.

This year's show is on Sunday 30 September from 10 am - 3 pm (the Sunday of the October long weekend). Collectors come from far and wide to attend knife shows, and being the long weekend, there are lots of tourists around the area happily attending events.

We are inviting expressions of interest from those who would be interested in holding a stall showcasing their work or even a demonstration. We are after



Blacksmithing demonstation with Philppe Ravenel



Kitchen collection by Mother Mountain Forge



Mouse on door handle: Philippe Ravenel

anything metal-related and also local food vendors for the day.

Please call us on 0401 004 481 if you wish to exhibit, are after any further information or have any other ideas for making it a great annual community event. We look forward to hearing from you—please pass this information on to anyone you think would be interested. Thanks,

Iain and Sarah Hamilton Mother Mountain Forge

Yuin Folk Club hosting The Paul McKenna Band from Glasgow

This month the Yuin Folk Club is hosting its first co-production with Woodfordia (aka, Woodford Folk Festival). We hope to do a lot more.

Glasgow's The Paul McKenna Band have built a solid international reputation for their outstanding live performances and carefully crafted studio albums. This year the Paul McKenna Band is currently on a 13-date tour of Australia, organised by Woodfordia, culminating at this year's National Celtic Festival in Portarlington.

For over a decade Frontman Paul McKenna has travelled the globe as a musician, collecting the stories of everyday and exceptional lives. From there comes the songs written and sung by a common man with a haunting voice.

'I just want to sing songs about people, their struggles and when they overcome them,' Paul said at the start of the tour. Bandmates Ewan Baird, Conor Markey, Robbie Greig and Conal McDonagh weave unique melodies with traditional instrumentation.

In 2016, The Paul McKenna Band celebrated their tenth year with their fourth album *Paths That Wind*. Their sound has carried The Paul McKenna Band to some of the world's finest festivals (Woodford Folk Festival, Tonder Folk Festival, Cambridge Folk Fest).

They will appear at the Cobargo School of Arts Hall on Wednesday 6 June from 7 pm. Tickets: Yuin Folk Club members \$20, non-members \$25. And watch out for Melbourne's own Totally Gourdgeous on 4 July, also at the School

of Arts Hall from 7 pm.

The Paul McKenna Band





COBARGO SAND SAND PO Box 759 Narooma NSW 2546 Screened River Sand Fill Sand Delivering between Bega & Narooma Ph: 0438 642 334

General News

Tulgeen expands document shredding

Tulgeen Disability Services recently purchased new equipment to expand the document shredding part of their business. The new shredder, which has a conveyer belt, will arrive at Tulgeen's Riverside Nursery in a matter of weeks.

Tulgeen has been providing services for people with disability throughout the Bega Valley for over 40 years. Tulgeen operates five Social Enterprises that provide employment opportunities to people with disabilities. These are:

Bega Valley Work Crew

- Stitches and Prints
- Tulgeen Packaging Services
- Tulgeen's Riverside Nursery, which houses Tulgeen Shredding.

Tulgeen's Enterprise Manager, Dave Akehurst, said,



At the Riverside Nursery with Melissa Schlemme, Co-ordinator Maria McRoy, Ross Navara and Shannon Moran

Baking Buddies

Cakes Slices / Biscuits Bread, Preserves **Like Grandma** used to make!

Saturdays, 7.30am -1pm Beside the Cobargo Pharmacy

> PHONE Lorraine 6493 7175 Beth 0428 696 623



Natasha Evans and Shannon Moran shredding at the Riverside Nursery



Working it! Bega Valley Work Crew with Ryan Heyhorn and Jaime Cutajar

'Employment is a valuable part of everyone's lives and we at Tulgeen play a critically important role in providing opportunities for people with a disability to work in paid, meaningful employment.

'Employment can boost self-esteem, it provides a connection with community and provides a sense of purpose. We ensure Tulgeen's employees are satisfied and supported in each of their role.'

Tulgeen now offers a confidential document shredding service in the Bega Valley with delivery and pick up services on a one-off or ongoing scheduled basis. They can deliver secure document bins to workplaces throughout the Bega Valley for convenience.

Tulgeen does domestic shredding too. Domestic customers can have a 120Lbin delivered to their home or they can drop off boxes of documents to the nursery.

If you have a National Disability Insurance Scheme (NDIS) plan, live in the Bega Valley and want a real job in a great working environment, contact Dave at Tulgeen to see what opportunities are currently on offer that meet your goals.

Tulgeen employs over 100 people. Around 50% of supported employees that work at Tulgeen Shredding live in the Triangle area.

Ann Maree Menager



Large and small acreage Competitive rates, Fully insured & competent operator

All areas Bega Valley & Eurobodalla shires **Ph 0419 254 893**



General News

Brooke could be heading for Miss World 2018

Former Cobargo Public and Narooma High School teenager Brooke Allison has secured a spot in the highly competitive Miss World Australia 2018 pageant, after successfully placing in the states preliminary finals in Sydney on 5 May.

Miss World is the largest and most prestigious pageant in the world and has raised more than one billion dollars for charity internationally. The pageant requires levels of discipline and sacrifice and commitment to its cause. Just to be selected to be part of this prestigious event is an enormous achievement.

Brooke was judged on three main attributes: personality, evening wear and a Q&A section. From this the NSW state finalists will be announced and further training and development will take place preparing them for the national Miss World Australia final in August.

Brooke was a keen member of Cobargo and Narooma swim clubs and Bermagui Surf Lifesaving Club, representing our district at regional and state levels. She entered Miss World Australia for its focus on encouraging women around the world to live compassionate and humane lives and to raise much-needed funds for Variety, the children's charity.

Brooke volunteered her time to humanitarian aid in Africa last year. She is passionate about humanitarian aid worldwide, the homeless and all disadvantaged people in general. She aims to get the word out about many world issues and hopes this experience can build her profile so her words get heard.



Brooke will now focus on her fundraising duties. We as a community can help her raise funds for the children's charity by donating as little as \$2 each to help her reach her target of \$10,000. She's not asking for large donations from a few people; she hopes instead to receive small donations from many people. If you would like to donate please go to missworldaustralia2018.everydayhero. com/au/10000 or follow Brooke on her journey on Instagram @brookeallison_1 and donate through the link in her bio.

Donations can also be made directly through Wrapaholics Narooma or Narooma Medical Centre.

Would any local businesses that would like to sponsor Brooke or donate items for an upcoming raffle please contact Felicity on 0439 450 146. No matter how large or small, all donations are much appreciated.

Felicity Allison

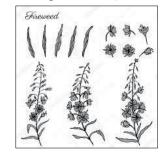


Brooke at the preliminary finals in Sydney



Research progresses on fireweed control

CSIRO, funded by the Commonwealth Department of Agriculture and Water Resources and in partnership with the Bega Valley Fireweed Association, has commenced a Phase 2 round of research into the biological control of fireweed (*Senecio madagascariensis*).



Phase 1 identified several insect species which occur on fireweed in its native range of South Africa and which may negatively impact on the growth of fireweed.

Phase 2 will test whether the most promising potential biological control agent (a flea beetle) on fireweed in South Africa is specific enough for use in Australia and does not feed and develop on Australian native plants that are closely related to fireweed. Some native Australian plants will be sent to South Africa for testing in the first instance.

The results of these experiments in South Africa will determine whether research can progress to importing the flea beetle into Australian quarantine containment facilities to conduct further risk assessments on Australian native plant species as well as economically important plants. A comprehensive risk assessment is part of any release application.

Permits to release the flea beetle into the environment to biologically control fireweed will only be applied for and obtained if the federal and state regulatory bodies are satisfied that the flea beetle does not detrimentally impact Australian native or economically important plant species in Australia.

Harry Bate



This is a juicy story

With new citrus stock arriving in nurseries, now is a good time to talk again about this great group of fruit trees. I probably get more enquiries about this group of plants than any other in my day-to-day activities; it's presently one of the most popular categories of fruit trees available. This is mainly due to the work done in recent times to provide dwarf forms suitable to pot culture or for our ever decreasing house block sizes.

In growing citrus a great deal of importance is placed on where you live as many are not suited, for instance, to heavy frosts or cold southerly winds.

Optimal temperatures for growing citrus are between 25 and 30 degrees Celsius. When temperatures get above 38 degrees growth is inhibited, although the plant will survive up to 50 degrees. Oranges and lemons are more suited to colder parts of our region although some frost protection is required in very cold locations. Limes and cumquats require a really warm, frost-protected site.

Satsuma mandarin, Meyer lemon and sour orange are more tolerant of cold and can be grown in a more exposed position. Locations along the coast like Narooma and Bermagui are suited to all citrus as long as they have protection from cold southerly winds.

The site you choose should be in full sun with a well-drained, compost-enriched soil. The area should have as much wind protection as possible but most particularly, again, from southerly winds.

Dig a wide hole—but not massively

deep—and add a commercial planting compost to your soil. If you've made your own compost ensure that it has broken down sufficiently to mix with your soil. Remember, don't completely change your soil when planting, but improve the soil you have.



Once you have placed the plant in the hole, check to make sure when you backfill the hole that soil does not come up above the graft. Just fill enough to cover the top of where the soil came up to in the pot.

If you don't have sufficient room in the garden and you still want a citrus then try one of the dwarf forms. Mandarins, oranges, lemons and limes come in dwarf forms with at least two varieties of each available. These are all suitable for growing in pots.

Pot culture of citrus is a bit different to growing plants in the ground. Planting in pots requires a reasonably sized pot so sufficient potting mix can be added. More soil gives a greater water- and nutrient-holding capacity. The smaller the pot, the quicker the plant dries out, leading to an unthrifty tree. Nutrient leaches out more quickly so it is important to feed potted plants more regularly.

From my experience, fertilising of citrus should take place in spring and summer, with the addition of chook manure and a side application of fertiliser in autumn.

Citrus are gross nitrogen feeders so a specially formulated citrus fertiliser is most desirable. Apply at the dripline of the plant and water in well.

When fertilising potted citrus use a water-soluble form so root-burn is alleviated. A side application of fish- or seaweed-based fertiliser on a regular

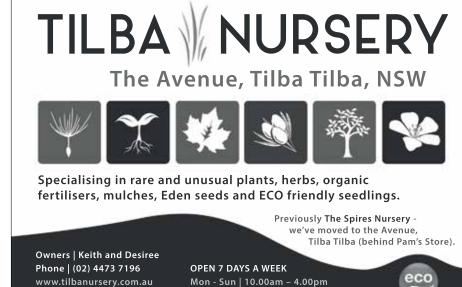
basis outside the regular fertilising program will also benefit the plant.

Citrus have several pest problems including sap-sucking pests like shield bugs, leaf miner and scale, and several fungal problems including black spot, septoria spot and citrus blast.

Ask your local nursery person for advice on these problems as there are both chemical and organic forms of control for all these pests.







Saturday | 9.00am -4.00pm

www.thetriangle.org.au

Soft Footprint Recipes

My philosophy is a simple one—only use the finest ingredients, don't accept second best, keep the food simple, and cook with uncompromising techniques and consistency.

Over the years I have worked for some of the best chefs and 5-star hotels (top 100) in the world, while travelling and working in 6-7 countries (some third world). I have gathered a huge repertoire of recipes, cuisines and cooking

North African Spiced Quinces

4 large quinces, peeled, cored and each cut into 8 wedges 250 ml white wine vinegar 500 ml water 6 tbsp mild honey

In a spice bag: 1 tsp black peppercorns 1 tsp coriander seeds 1 tsp cardamom pods crushed ¹/₂ tsp allspice berries ¹/₂ tsp cloves 1 cinnamon stick 2 bay leaves 1 red chilli split 2 inch piece ginger peeled and sliced

Place the quinces in acidulated water until you are ready to cook, to avoid discolouration.

Place all liquids and spice bag tied to the handle in a large pan and bring to the boil, lower heat and add quinces, then simmer for 25-45 minutes until soft and tender. Be careful not to overcook them or they will start to disintegrate.

Using a slotted spoon, carefully place into warm sterilised jars and pour the poaching liquor over them so the fruit is completely covered.

Seal and store in a cool dark place for at least 4 weeks before using.

techniques which always taught me to keep the punters interested. Light and healthy or rich and robust, but if you yourself wouldn't eat it then don't serve it.

I've seen many types of cuisines come and go, eg classical, nouvelle, global, pacific rim, bush tucker and east meets west, just to name a few. I've made countless friendships which I value dearly along the way. I feel I've achieved a huge amount in my career. Now pretty well established here on the southern coast of NSW, I believe Kitchenboys is leading the way with other food establishments in providing locally produced foods to the local and visiting customer base that frequents our venues. Kitchenboys has some really exciting times ahead and we're looking forward to revealing all in the new future.



Kale Shakshuka

- 20 ml olive oil
- 1 onion, finely diced
- 2 garlic cloves, crushed
- 1 red capsicum, finely diced
- 2 long red chillies, finely diced
- 2 tbsp tomato paste
- 1 tsp each sweet paprika, smoky paprika, ground cumin
- 500 g crushed or diced tomatoes
- $\frac{1}{2}$ tsp brown sugar

500 g kale, stalks removed and finely sliced 6 eggs

1 bunch flat leaf parsley, washed, roughly

chopped

Fresh crusty bread to serve

Heat oil in a cast iron pan. Add onion, garlic, capsicum and chilli. Cook and slightly caramelised. Add tomato paste and spices then cook for 1 minute or until fragrant. Add tomatoes and sugar, stir to combine. Reduce heat to medium low and cook for 15 -20 minutes.

for 3-5 minutes

or until tender

Add kale and stir through

the sauce. Crack eggs into mixture in the pan. Reduce the heat to low and cook for 5 minutes or until the eggs are cooked the way you like. Scatter the parsley over, season with salt and pepper and serve with fresh crusty bread.



G and C Postform Laminates Pty Ltd

Joinery and kitchen makeovers to suit all budgets Family owned and run since 1988 specialising in:

- Laminated kitchen benchtops
- Vanity tops
- Splashbacks
- Kickboards

Pop in and see our range at Lot 9 Avernus St, Cobargo Or phone Steve on 0403 129 679

Well Thumbed Books

Quality second-hand books. Fiction, non-fiction, children's books plus more. Find us at 51 Princes Highway, Cobargo (in the old Bakery) Mon-Fri: 10am to 4pm, Saturday: 9am to 1pm Cash only - we value your spending



Classifieds

FOR SALE

Bf.Goodrich tyre.Mud Terrain LT235/75R15 104/1010 M+S as new \$130 Garmin depth sounder 300c With battery suit small boat or canoe. \$100. Lowrance Hook 4 fishfinder chartplotter with chart of Australia \$250.All prices neg call Kevin 0427588185

Quality/stylish household furniture. Hardly used. Owner moving overseas. 44737308

WANTED

Temporary home for two sweet cats, 6 year old sisters. Will pay \$400- plus all expenses. From early June for 3-6 months. Moving to Melbourne, need time to settle. For details call Eva or David 026493 5080

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

6. Deadline is **22nd of the month**. Any questions at all, please email us

contributions@thetriangle.org.au



Lizzie is sweet, a bit needy, and very small

Jeremy Heimans and Henry Timms New Power: How power works in our hyperconnected world – and how to make it work for you. \$32.99

For someone totally uninterested in technology like me, this was a difficult book, but one that I acknowledge is important as I try to understand the changing world. There was a wealth of information about the new media, emerging industries, new ways of organising for social change; I learnt of organisations of which I have never heard, but which are changing the nature of power, and the nature of democracy as we have broadly understood it.

Jeremy Heimans is the co-founder of *Get Up* (about which I know a little) – so he is well placed to describe and analyse platforms such as Uber and Facebook, movements like #BlackLivesMatter and #MeToo, and the success of presidents Obama and Trump, of French President Macron, of Brexit, and movements for democracy in Spain.

The central argument of the book is that the 'old power', possessed by few and largely inaccessible to all but the political elite, is under siege from people largely disillusioned by governments, big

Pet of the Month

Lizzie is a 3-year-old terrier X with a long but smooth coat. She is very sweet, but needy and will sleep for hours on your lap or bed. She is quite nervous on meeting men for the first time, probably a bit too nervous to be around young children, but better with women. Lizzie walks well on a lead and requires minimum exercise. She appears housetrained and

> is not a fussy eater. She may be perfect in a house with a bedridden or disabled person as she loves being cuddled and is small enough to not take up much room on a bed. There are several other pups and dogs available for adoption through Animal Welfare League FSC Branch. Call 0400 372 609 to enquire about adopting one of these lovely dogs or check the Facebook page.

> NB. Many animals never appear in the paper as they are adopted by potential owners who have their names on the waiting list. Potential owners

Heather O'Connor

business and centralised media. Now we are seeing the emergence of 'new power' connecting people across class and race, encouraging participation and ownership of businesses and of social movements. The darker side of new power is briefly described in the book, particularly the way in which ISIS uses social media to recruit members.

There are really interesting examples of crowd-funding and other ways of engaging the interest and expertise of citizens to produce new products, new sources of information, and new ways of organising to bring about change at a local level. Whether this 'new power' will be strong enough to combat the influence of the gun lobby in the USA is a question still open. Also still to be resolved is the whole question of leadership and how leaders gain and maintain trust as they seek new ways of including citizens in decision making. As an activist born out of the 1970s, I still grapple with how this 'new power' will transform the ways in which governments and large business operate, but, having read this book, I feel a bit better able to understand the issues.

These ideas and other questions will be canvassed in Cobargo at the 2018 TEDx to be held on 9 June at Well Thumbed Books – see separate advertisement.

Deb Cox

will need to have secure dog-proof fencing and suitability to the needs of the animal. By confining your pets to your property and keeping them on a lead when walking unless in lead free areas and picking up and disposing of droppings, you help in preserving public open space privileges for both owners and pets alike. BVSC Shire Council provides disposal bags for dog faeces in some areas but owners should always be prepared and carry their own bags for this purpose.

A 'Pooch Pouch' attached to your dog's leash is a great idea so bags are always on hand. Cat owners can help as well by keeping cats confined to their property. Do you need financial help to have your pet de-sexed? If so please collect a subsidy application form from all Bega Valley Shire Vets before your animal reaches six months of age.

Please note that Far South Coast Branch Animal Welfare League NSW volunteers raise the funds to support de-sexing subsidies in the Bega Valley Shire and do not receive any government funding.



AL-ANON Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Meeting at Tathra Beach Bowling Club 11am, Sunday April 23rd , Sunday June 25th , Sunday August 27th. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays 10.00am 4th Sunday 5.00pm. Cobargo: Christ Church - 1st, 2nd,3rd Sundays 10.00am. Quaama: St Saviours- 4th Sunday 10.00 am. 5th Sunday - One service in parish at 10 am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

> BERMAGUI BAPTIST CHURCH West Street, Bermagui.

Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Those interested phone Ray Clements on 0477 017 443. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Hotel at 6.30 for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm. No experience necessary. Contact Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues vary, phone Heather Sobey on 418 406 068

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New players welcome, tuition and, equipment provided. Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA rooms, Bermagui. Researchers & helpers welcome. Ph Allan Douch 0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities various times and sites. 'Grow to Eat and Eat to Grow'. Contact Paul on 0466 013 153 or visit www. facebook.com/BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

Working with Weights" Open Monday and Wednesday afternoons at the Bermagui Sports Stadium. Contact: John Preston - accredited coach Ph 02 6493 5887 mob 0429 179 184

CATHOLIC CHURCH Weekend Mass times.

Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at the Cobargo Museum: researchers, old photos, information and new members welcome. Contacts: Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm – CWA Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring enviroment. Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good transition for children to become familiar with the surroundings & teachers. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE Hall bookings and inquiries: Linda 0407 047 404 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS For meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm– 2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance Station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for – partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzle at 7pm

& praise night at 6pm, Cobargo Bermagui Rd. For information ring Robyn 64938324 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 - 12.30 first Wednesday of the month at the swings.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermaguee Street, Quaama. All men are welcome. For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men welcome. Contact Bill Johnston on 0413 005 419 or Phil Baldwin on 0421 114 882.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at www.cobargofolkfestival.com. For info ph. Secretary Carolyn Griffin 0400 391324, Treasurer Zena Armstrong 0402067615 or email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details change, please advise us at **contributions@thetriangle.org.au**

		Fridge Door	
JUNE	WHAT	WHERE	TIME
Fri 1	Mikelangelo & The Spectres of Love, \$25	Murrah Hall, kids free	6.30 pm
Sat 2	changoTRee	Cobargo Hotel	8.30 pm
Sat 2, Sun 3	Movement workshop with Madhuma	Call Bhavita 0490 491 242	
Sun 3 Sat 9	Quaama RFS Fundraiser BBQ	Brogo Dam, Ph 0400 738 978	1.30 pm - 3 pm
	Live music: Mrs Jones and Me free	Tilba Valley Wines	12.30 pm
	TED× talks	Well Thumbed Books	10.30 am
	Helen Stafford 'Accessories' opening	Lazy Lizard	10.30 - 12 noon
Sun 10	The New Savages, \$20/15 kids free	Murrah Hall	1.30 pm
	Galba Forge blacksmithing demo	345 Yowrie Rd, Wandella	1 pm - 5 pm
Fri 15	Open mic	Cobargo Hotel	7.30 pm
Sat 16	Jane Gordon author talk	Well Thumbed Books	10.30 am
	Bermagui Motor Yacht Club meet	Palm Bar, Bermagui Hotel	3.30 pm
Sat 16,Sun 17	Movement workshop with Madhuma	Call Bhavita 0490 491 242	
Sun 17	Quaama 'Collectables' Fair	Quaama Hall	All day
	Live music: Fretz and Reedz, free	Tilba Valley Wines	12.30 pm
	Windsong Series #1	Windsong Pavilion	2.30 pm
Fri 22	Ecstatic freestyle dance	Quaama Hall	6.15 - 8 pm
Thurs 28	Full Moon Dance & gathering	Quaama Hall	6 pm
	Keith's Gardening Talk	Old Pam's Store, Tilba	11 am
C .+ 20			
Sat 30	Leaf Imprinting workshop \$95	Quaama Hall	10 am - 4 pm
JULY			
Sun 1	'40 Years On', live music, refreshments,free	Tilba Valley Wines	From noon
REGULAR EVENTS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10 am -3.30 pm
	Кі уода	Tilba Small Hall	7 am - 8 am
	Yin yoga	Tilba Small Hall	6 pm - 7.30 pm
2nd Monday	Tilba CWA meeting	Small Hall, Tilba	10 am
Tuesdays	Trivia	Cobargo Hotel	7.30 pm
	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalashila Centre, Tilba	10 am - 11 am
	'Zine' Machine	Bermagui Library	3.30 pm - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15
Last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 - noon
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
Weanesdays	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednesday	Bermagui Historical Soc. meeting	CWA Rooms	2 pm
3rd Wednesday	Bermagui Seniors' social lunch	Venues vary. Ph 6493 4006	- pm
/	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 am-11 am
Thursdays	Worldwide dance and aerobics		5.30 pm
		Bermi Community Centre	· ·
	Bermagui Growers' Market	Fishermen's Wharf	2.30 pm - 5 pm
1 at The a d	Rhymetime	Bermagui Library	10 am - 10.30 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
C · I	Coding night	Bermagui Library	5 - 8 pm
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 noon
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Riverbank Working Bee	Rob's corner, Quaama	9.30 am- 11.30 pm
	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 noon
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am -12 noon
	Bermagui Red Cross Markets	Dickinson Oval	9 am -12 noon