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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Planning to build at some stage? Listen up! Councils are changing planning requirements.

It's tempting to ignore changes in Council planning documents—it's all very dry—but they are of real importance and can affect our freedom to manage our properties in the future.

Some will remember the changes to the Local Environment Plan (LEP) in 2012. In Eurobodalla the proposed changes, and the process the Council adopted to determine the changes, caused distress, conflict and public outrage. In contrast, the changes proposed by Bega Valley Council were fairly uncontroversial.

Six years on, both Councils need to implement further changes. In Bega, it's because various clauses will expire this year. In Eurobodalla, it's because all the planning related to land zoned as RU1 (the part causing most controversy) was removed from the LEP in 2012 so that the bulk of the LEP could be put in place. The planning for RU1 is happening now.

These changes haven't received the media coverage that the previous changes did, possibly as they are far less controversial. But if you own land in either Shire, you need to check whether they affect you.

In Bega Valley, there was a clause (Clause 4.2A Subclause [4]) that meant potential dwelling development entitlements on land identified as an existing holding would cease from August 2018 (ie you would lose this permission).

The Council has proposed changes to this clause so that you will retain the opportunity to build a home on this land if the land is identified on the Existing Holding Map. So, if your land is an existing holding (which means it has remained in the one ownership since 1966) and it is intact (you haven't sold off blocks), and you think you have dwelling entitlements you haven't used, then this change may apply. You should talk to Council and see if it applies to you.

If you are in Eurobodalla, then the document is much larger. The report is

available for public viewing (on www. esc.nsw.gov.au/inside-council/project-and-exhibitions/rural-lands-strategy/planning-pprosal or in Council offices).

In 2012, we (the Dignams Creek Community Group) had numerous concerns. From our review, it seems that these concerns have now been addressed, but elsewhere, others have concerns. As with Bega Valley, some of the changes relate to retaining dwelling entitlements on land zoned as RU1.

For both councils, it is now too late to be included in this version of the planning documents, but you can be included in the next planning process. Until then, you would not be able to use this entitlement to build, so the sooner you check and have it included the better. This article is simply intended to raise awareness of changes that may affect you. It is important you check for yourself what applies to your land.

Fiona Kotvojs



The Tilba Tunes drummers won First Prize in the Best Small School Group at the recent Narooma Rotary Busking Competition

Editorial Ro Beaumont

It is a time of forest alerts, important changes to Council building permissions and our shared pride in the accomplishments of local children.

The children of the Triangle region have been excelling in science and the arts.

From a 'Sparkling Bugs' poem and community support to electron microscopes at the University of Wollongong, Rose Thompson from Quaama is journeying deep into the world of atoms. Students from Cobargo School are building connections with their younger friends in regular visits to the Cobargo Pre-school. With twice-weekly music lessons their coming performances should be a delight.

Cobargo and Tilba students recently joined 700 others to perform at the very diverse Festival of Instrumental Music in the Concert Hall at the Sydney Opera House. Tilba school students have had

outstanding results at the recent Narooma Rotary Busking Competition with Abigail May winning a first prize, as did the Tilba Tunes drummers.

Bermagui students are looking forward to the publication of their second book. A rich day of photography and writing ideas at the Montreal Goldfield will be followed by design and layout sessions to develop *The Runaway*. With these talented young minds the future is bright. And thanks to their dedicated teachers who put in such care and time.

And it's time to pay important attention to the land and forests. Bega Valley and Eurobodalla Councils are changing their Local Environment Plans with consequences that entitlement to build for some land may cease – check the article by Fiona Kotvojs for detailed information.

To the distress of very many including

local residents, the public forests of Corunna Lake are listed for logging in the very near future. Nestled between the sea and Gulaga, these exceptionally beautiful forests never fail to lift the hearts and minds of those who travel through—special for their beauty, ecological diversity, regal stands of spotted gums, uplifting vistas, reminding us of what is important, what is sacred.

Locals are organising urgent action to prevent destruction of this public forest. A petition on change.org is gathering thousands of signatures, information is available on Facebook (Corunna Forest Protection group), email at corunna@gmail.com, and via 0403 078 077. Meetings are planned each Sunday at 12.00 pm at the Tilba Lush Factory (old Cheese Factory) on the Princes Highway directly east of the southern Tilba Tilba turn off.

Letters to the editors

Dear Editors,

We would like to thank the Bowerbird Op-Shop and the Quaama/Cobargo Quilters for their generosity and support for the renovation of the kitchen in our CWA Cottage. They are two wonderful groups who give their time as volunteers to raise money that makes its way back into our very special community. As a result we are running the first of our Living Skills Workshops, demonstrating the cooking of easy, cheap and nutritious meals. The course will be hands on and participants over the age of 11 are invited to register for this event by ringing Lynne Jones on 6493 8360; places are limited.

We live in a generous community that never stops giving. The members of the Cobargo CWA offer sincere thanks to the Op-Shop and the Quilters, who make it possible for us to do more to make a difference.

Yours sincerely,

Mary Williams and all the members of Cobargo CWA

Tell 'em you found 'em in the Triangle!

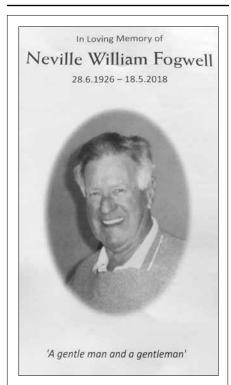


Rob Durward (right) recently gave painting classes to Rolly Hough (left) from the Cobargo Kitchen. Sadly, Rob died on 20 June, but has left a late legacy in Rolly. Rob said that Rolly was a great student to teach, with many hidden talents. A display of Rolly's art can be seen at the Village Kitchen in Cobargo. Rest In Peace, Rob.

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters cont.



The family of the late Weville Fogwell, wish to thank the people of Bermagui and beyond, for their heart felt support and comfort given at the loss of their dear husband, wonderful father, supportive grandfather and great grandfather. In Revillés 91 years of life, he served in the Australian Airforce during WW II, married Shirley

in 1948, fathered five children, was always interested in fishing and sport, moved to Bermagui in 1984, becoming a Director of the Bermagui Country Club.

As a venturesome, devoted, outgoing, happy community man, his family will forever treasure the memories of our lives together.

Again, thank you from Shirley and the family, to everyone who responded from far and near to farewell our loved one.

Congratulations to Barlo Smith and Shona MacPherson of Sowelo Tiny Houses in Upper Brogo.

Sowelo Tiny Houses won the 2018 Master Builders Association's Excellence in Regional Building Award!

To the man Thumbs UP

on the side of the Bermagui-Cobargo Road, before the S-bends, on the afternoon of Tuesday 19 June,



clearly having just hit a big kangaroo but having the fortitude to turn around, stop and finish it off with a big piece of wood. Heartbreaking-kind, but heartbreaking. I cried all the way to Narira Creek—for the roo, of course, but mostly for the man.

To United Petrol for keeping newspapers, and the Post Office for the lottery. Cobargo's up and running again.

To Bega Council for resurfacing the entire length of Verona Road, Quaama, from the highway to Upper Brogo Road.

Thumbs DOWN



To Bega Council for, again, deciding not to surface Upper Brogo Road. Why bitumise a totally serviceable

Verona Road while Upper Brogo Road remains a spine-rattling, windscreencracking gravel skid-trap?

To the vandals of the Cobargo 'Logging What?' brigade. If you're anti-logging, you've done a disservice to the cause. If you're pro-logging, you're just muddying the waters. And as for defacing the Fire Danger sign, what were you thinking?

Local chefs join 'Cook for Syria' this month

Amazingly well known chefs and restaurants are joining together to do a 'Cook for Syria', in aid of the largest humanitarian crisis of our time. All proceeds go to Syrian refugees.

Well Thumbed Books, famous for being amazingly well known local chefs (!) are 'Cooking for Syria' on Saturday 7 July.

Syrian food will be available from 11.30 am outside the bookshop. Gold coin donations (or more) gratefully accepted!

Enjoy exotic cuisine and expand your culinary knowledge. Hope to see you all there, tucking in.

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Central Tilba: Post Office, ABC Cheese Factory, Tilba Sweet Spot, Tilba Winery Cobargo: Post Office, United Petrol, Well Thumbed Books, Black Wattle Gallery, Bowerbird Op Shop

Narooma: Information Centre, Library Quaama: General Store Tilba Tilba: Tilba Nursery

Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month Editorial: 12pm, 22nd of each month Advertisers please note that an extra fee may be charged for initial ad layout. Letters to the editor

All communications should be forwarded to: Email: contributions@thetriangle.org.au Postal address:

The Editors,

The Triangle

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ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Well, our own Rose Thompson has a story to tell! After she won the Eco Edge competition, courtesy of long time Triangle supporter, AKT (whose sponsored page every month brings us artists, writers, poets and more), she was gifted a microscope by a reader. Then, after news of that, she was offered the opportunity of seeing scientists in their natural habitat at the Innovation Centre in Wollongong. We are wondering

what is next and hope that Rose keeps us informed about her scientific journey.

The cold weather didn't stop a bunch of people from checking out the Quaama Fair on Sunday 17 June. Verona Classic Cars parked a whole slew of pampered motors opposite the Hall, including some rather rare and exotic cars as well as your Australian classics in pristine condition.

The Quaama singers went rogue,

dressing as pirates, and included a seafaring ballad among songs from their more familiar repertoire.

Lots of great food was on offer from Quaama Quiisine, plus CWA cakes, Lion's Club doughnuts and proper coffee. The Men's Shed were run off their feet on the sausage sizzle. Red's Fish had freshly caught seafood available to take home for dinner.

There were some interesting stalls with collectable and practical things for sale as well as some beautiful, locally made artwork.

The raffle prize winners were:

1st - Narelle Perroux (opted for the wood)

2nd - Kristine Hood (family history finder package)

3rd - Pam Keenan (mystery prize)

Guessing Competition for the jar of Jelly Beans was won by Catherine McEwan.

The lovely sunny weather made it an enjoyable day despite it being midwinter and it was nice to see friends and neighbours out and about.

Hats off to the QPA for their efforts in bringing us these fairs.



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The Quaama singers as pirates enjoyed themselves as much as their audience



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Quintessentially Quaama

Rose's microscope odyssey

It all started when I wrote a poem called 'Sparkling Bugs'. I won the Eco-Edge competition in the *Triangle* and when Jen gave me the prize money she asked me what I would like to spend the money on and I said I would spend the money on a microscope that could see blood cells. When Jen put that in the *Triangle* a man gave me a microscope that could see blood cells.

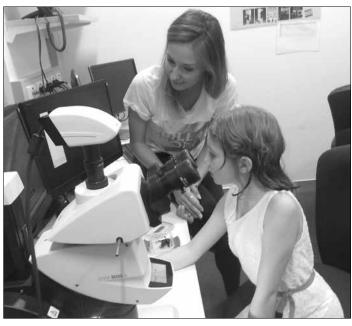
There was another article in the *Triangle* about that, and another man (Joe) who does work at the Innovation Centre in Wollongong read it and asked me if I would like to visit the Centre to see the electron microscopes. One could see atoms.

I saw five electron microscopes and I also saw an optical microscope and I got to have a go on it. I brought some samples to look at them on the optical microscope. I brought dirt, a flower and a leaf.

When I walked into the Innovation Centre I was just, like, 'Wow, this is going to be interesting!'

I thought that Monika, a scientist who works there, was really nice and explained things easily. I felt happy when we went there. And I always have my very own microscope at home.

Rose Thompson



Rose learns from Dr Monika Wyszomirska what can be discovered with the Leica M20 5A stereo microscope.

Quaama Fire Brigade update

Now with winter truly here, keeping warm is a necessity. Cleaning up sticks, leaves and debris around the property is one way you can do this. It's a good time of the year for tidying up and removing those fire hazards as summer will shortly be back. This cleaning makes the area look 'park-like', helps alleviate fire risk and increases access for the fire brigade.

Always check weather reports for strong winds or rain before burning off. Having water on hand with a rake-hose or ordinary garden rake is handy in these situations. Hoses and backpacks are also handy. Never attempt to burn off alone as you'll need others for patrolling boundaries.

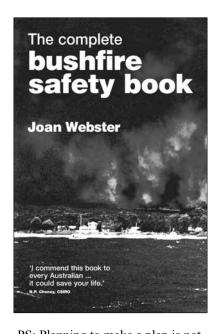
I have found a book, 'The Complete Bushfire Safety Book' by Joan Webster, winner of an award from the Australian Fire Protection Association. I found it most beneficial in my education, very comprehensive, and feel it would help others.

So if you intend to do any burning off, you'll need to inform Bega Fire Headquarters on 6494 7400 business hours, Monday to Friday 24 hours before burning. Also inform neighbours 24 hours before you start. This will avoid any unnecessary callouts for the Brigade. When burning, please do it with safety and containment in mind, like appropriate clothing, good boots, gloves, water and situational awareness.

New members are always welcome. The Quaama Rural Fire Brigade's upcoming training days are on Saturdays 7 and 21 July and 4 August at 1.30 pm at the Quaama Rural Fire Brigade station.

Stay safe, stay warm and enjoy the winter.

Graeme Spicer



PS: Planning to make a plan is not a plan!

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Tilba Bites Stuart Absolom

It's a gorgeous, sunny, winter day as I collect information and begin writing for this issue. It is also the Winter Solstice which marks the day with the shortest period of daylight and the longest night of the year. The Winter Solstice astronomically marks the beginning of lengthening days and shortening nights. As the seasons shift and change, so too do our communities with lots of things to celebrate and enjoy.

NAIDOC Week

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. This year NAIDOC Week will be held from 8 – 15 July with the theme 'Because of Her, We Can.'

Tilba will be celebrating NAIDOC Week with a number of events.

On Saturday, 14 July at Central Tilba, there will be an Exhibition and CWA morning tea in the Small Hall from 9 am, to which everyone is welcome. In the afternoon there will be a Story Circle, 'Honouring our Women', with creative partnership Cheryl Davison and Annie Bryant. This will be in the Big Hall, 2 pm – 4 pm with afternoon tea. Organised by the Gulaga Reconciliation Group and proudly supported by Aboriginal Affairs NSW, this is a community event, enquiries Cathie, cathiemuller@optusnet.com.au or Stuart, 0419 589 404.

Apma Creations, Aboriginal Art Gallery and Gift Shop, 17 Corkhill Drive, Central Tilba, will have a special event for NAIDOC Week on Wednesday, 11 July, 12 noon – 2 pm. With music from Dust & Echos, featuring Jodi Lee Jessop and Dennis Pitt, everyone is welcome to sit around the fire, have a yarn and share

damper, tea and coffee.

Dennis Pitt is Apma Creation's Artist in Residence and he will be available throughout NAIDOC Week to show his work and chat. Dennis is from the Inverell area and his work is influenced by his culture and life, embedded with images and stories from Indigenous Australia. He is a commissioned artist and many of his works are on display throughout regional NSW.

Food, food, food....

Jody Vassallo is a recipe writer and food stylist who first came to the Tilba area to work with *River Cottage*. Captivated by the area, she decided to move to Central Tilba from Bangalow in 2017. In the past 20 years Jody has collaborated with many leaders in the Australian food industry and published many recipe books. Jody also teaches regular yoga classes in Tilba and is constantly researching new ways to help people improve their health, wellbeing and happiness.

In preparation for the photography for her new book, due to be published by Harper Collins next year, Jody has been substantially renovating and updating the kitchen in her 1950s Central Tilba bungalow. Assisting Jody in the kitchen for the shoot will be talented local chef Theressa Klein and behind the lens will be the internationally renowned photographer Luisa Brimble, best known for her beautiful images in the Community and Family cookbooks by Hettie McKinnon and more recently in Sarah Glover's *Wild Cookbook*.

Tilba Food Share

Those who attended the June Food Share were treated to a slightly wild and magical garden, right on the edge of Central Tilba. Almost hidden away in a gully and quite private, this enchanting, productive garden is the work and home of Lachlan and Emerald. It was a sunny, still, early winter morning and the surrounding Tilba landscape sparkled as Lachlan showed

people around and talked enthusiastically about the design and development of the garden. There was an impressive spread for morning tea and a good selection of produce to share. The Tilba Food Share is held on the first Sunday of each month.

The Dromedary Hotel changes hand

Mick and Maz Youlten have sold the Dromedary Hotel at Central Tilba, having operated it for six years. Mick says it has been 'a wonderful time and thanks to all patrons and locals as well as the Bastards Motor Cycle Club and C.R.A.B'. During their time at the Drom they refurbished the bar and the accommodation upstairs, with a particular focus on the rich history of the area. They plan to stay in the area and are looking forward to more family time. Best wishes Mick and Maz.

The new owners are Jeremy and Suzanne Corfield, who live in Sydney. They are keen for it to continue as a pub and will undertake renovations, particularly to the toilets and upstairs accommodation. Jeremy is the nephew of Wendy Corfield, known to many locals from her previous time at the Drom. She will be returning to work there with another well known local, Warren Hadfield. Warren will be returning as Licencee/Manager. Also returning to the Drom will be Kichenboy's Can Starr—lunch and dinner will be available seven days a week.

Central Tilba Public School – Dance and Music

The school's P&C held a successful Mexican-themed Bush Dance on Saturday, 16 June. With over 100 people attending, the beef and bean nachos were just right for a wintery night. There were lots of cakes and volunteers and everyone enjoyed the bush dancing, expertly called by Mr E, who was ably supported by other local musicians.

Students from the school have had



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Tilba Bites Stuart Absolom

considerable musical success at the recent Narooma Rotary Busking Competition. Abigail May won First Prize in her Primary School category, and the Tilba Tunes drummers won First Prize in the Best Small School Group and Third Prize in the Peoples' Choice.

On Monday, 18 June, three students—Luke de Somerville, Abigail May and Annabel Pratt played in the Festival of Instrumental Music in the Concert Hall at the Sydney Opera House. This event features musically diverse performances from more than 1000 public school students in Combined Recorders and String Ensembles, supported by individual items from exceptionally talented vocalists, instrumental soloists and ensembles.

This is the first time that Central Tilba Public School has been involved—thanks to Music Teacher, Juanita Low.

Tilba and District Chamber of Commerce

The Tilba Easter Saturday Festival has a brand new committee. After a break this year the Festival will be back next year. The new committee, led by Central Tilba resident Cas Mayfield, has lots of ideas, enthusiasm and energy. More news soon.

The Chamber President, Peter

Lonergan, reports that work is due to start on the toilet block early in the new financial year. During the construction, temporary toilets will be located in the carpark. The new toilet facilities will be on the existing site in the same building but with a new and more accessible layout.

Tilba RFS kept busy in windy weather

Tilba Brigade has had an eventful month. We have been called to an unfortunate number of out of control fires.

Two major fires were on the same rural property less than a week apart, and the second of these was lit during high winds and resulted in the house on the property coming under serious threat. Fortunately, the property was saved by valiant efforts by members of the Tilba Brigade, and we congratulate and thank them for that.

This incident does point up some important issues. The persons who lit the fire did do the right thing and notified Moruya Fire Control Centre 24 hours prior, as is required. However, they did not then consider the local weather forecast which was for very high southwesterly winds. The fire was lit to the south west of the house!

In a short space of time the fire was racing towards the house which was already under significant ember attack. This could have ended up a disaster for the property owner.

It is important for all to know that when you call Fire Control to give advance notice of a proposed burn it is not the responsibility of Fire Control at that time to warn about checking the weather forecast. It is of utmost importance that you check the forecast for your area before lighting up. You should only light up when light winds are forecast.

On a second issue, Tilba RFS Secretary/Treasurer Carolyn Dunn, who has performed an excellent job for us in these dual roles, wishes to relinquish the job of Treasurer. Consequently, we are seeking a replacement Treasurer. This is your opportunity to support the Brigade in just an administrative way without active firefighting.

If you would like to help, please come forward and speak to a brigade member. Alternatively, you can phone me on 0409 737 259 or email me on hbate@bigpond. net.au.

Harry Bate Tilba Rural Fire Service



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Many know Patricia Coutant from our markets, where she sells traditional Breton cakes and crêpes from her stall Little Brittany. Now she has opened her own café: La Galette (The Crêpe) in Tilba Tilba.

What is your favourite Little Brittany treat? Have you tried the Far Breton? It is filled with local eggs and prunes, so it's got to be good for you, right? The prunes are soaked in brandy though ...

Patricia is the woman to go to for special occasions. For my 60th birthday, 1 asked her if she would bake me a special treat. She made 'Tart Tatin', caramelised apples topped with buttery, golden pastry. What a treat, served with Tilba cream.

Patricia began by running stalls in the



Our own patisserie

local markets. On cold winter mornings at Candelo Market, Patricia held on to the vision that one day she would open her own café. She heard about the Pam's General Store building being available and the dream began. Patricia and her partner Frederick have worked hard; now there is a lovely garden, a veranda looking out over the green hills, seating inside and comfy armchairs.

On the last Thursday of the month at 11 am, La Galette is packed as locals gather to listen to Keith Mundy from Tilba Nursery. Keith has worked in horticulture since he was 15 and is knowledgeable and passionate about gardens. It's also an opportunity to sip on coffee, have a treat or stay for lunch.

La Galette will begin opening on Saturday evenings for traditional French family dinners soon. The menu will include Coq au Vin; Patricia maintains that chickens cannot be used to make this dish—roosters are needed. So lock up your roosters, Patricia is on the lookout.





Patricia Coutant has opened La Galette in Tilba Tilba where Pam's Store used to be.

La Galette is open from 9.30 am to 4 pm every day except Monday. Telephone 0403 713 551.

Deborah Taylor

emailemailemail

The Triangle's email address is contributions@thetriangle.org.au

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Lana Revill: Born and bred in Bermagui

What is it about Bermagui that keeps you coming back?

I was born and raised here and I just keep coming back. I have travelled during my high school years playing volleyball all over Australia and NZ. I went to Canberra for study and work. I even bought a little place up there but home was always here. My parents live here.

My brother, Brad, was the apprentice greenkeeper at the Bermagui Golf Club and now lives overseas with his wife and consults as an agronomist and greenkeeper. His big break came from working as the Head Greenkeeper for the Sultan of Brunei.

Being raised here does not limit your opportunities in life. It is hard to put into words, but there is just something here that can't be found any place else that I've been. Maybe it is the mountains and the sea, lakes and islands all combining to make it such a special environment.

What do you do for work?

Well, it is not a place where you will find employment opportunities like in the city. I have been fortunate to find work in Bega and Bermagui and I ran my own business before I had Zara, my two-year-old daughter with my partner, Nate. I had a shop in Narooma with a friend before I had Zara but we both had other opportunities come our way so we closed that shop.

Since Zara, Nate and I have both started our own businesses to have more flexible hours and secure a future for our family. Nate works very hard in his Southern Slabs concreting business. Living on the coast means long drives to

get to work sites so often he can be gone twelve hours a day and often works six days a week.

I was running my pop up shop, Boho Republic, over the holiday peak seasons since Zara was born. After nearly four years of being in the retail business on the coast I have learnt a lot. I think if you want to live and work here you need to be creative and take some risks. I have just signed up for a permanent lease for Boho and my Dad helped me refurbish my shop so I am now excited to be taking on the challenge of being a permanent small business owner here.

What do you do in your spare time?

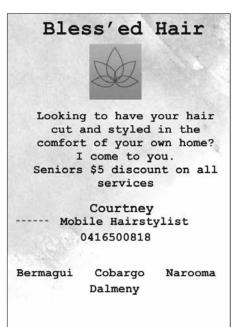
Any spare time I have, I am usually looking for more ethically produced products locally or in Australia and I have found some amazing people doing amazing things. Each one of my products has a very interesting back story. I have skin care from a permaculture farm in the Bega Valley; hats associated with the tree.org pledge so when you purchase a hat, they plant ten trees in deforested areas; greeting cards that you can plant in your garden when you are done with them and you get flowers that pop up to keep on giving! I love finding the quirky and interesting.

Ethically, it's really important to me that my business has quality clothing, shoes and homewares which are benefiting craftspeople directly where I can source these. I am really excited about some beautiful glassware from Myanmar that should be arriving soon. We have also been plastic bag free from the start.



Lara Revill: '... there is just something here that can't be found any place else that I've been'.

As a family, we spend time outdoors. Nate is a keen fisherman, an adventure-seeking guy who loves to get out in the wild. We both enjoy diving. Zara is a real animal lover. She spends a lot of time chasing our chickens around. We also have some great friends with kids too so we can hang out with them and enjoy being part of such a small but tight community. A lot of my friends have also recently returned to Bermagui to raise their kids here too. Keeping Bermagui as clean and beautiful as possible is very important to me.



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Whale season

The winter migration of some Bermagui folk seems to coincide with the whale migration north. Carolyne has joined the exodus north to visit with her family in Queensland. But Bermagui in winter is magic. You can walk the beaches and be the only person in sight!

There are numerous sightings as the whales migrate north to produce the next generation in warmer waters. We are spoilt for choice of excellent viewing points to see these huge marine mammals. Visit any headland at this time of year for a good chance of seeing the tell-tale spurt of water and then the shiny black back or even a tail slap as the whales cruise by.

There are dedicated whale watchers who participate in the counting and tracking of the whales every year along our coast. The white humpback whale Migaloo has his own website and if you see him this year, as some claim they did last year, then register the sighting on his Twitter account @migaloo1 and help with the data being gathered since his first sighting in 1991. It's estimated that Migaloo is almost 50 years old. Each whale has a distinctive

fluke (tail) and markings which allow them to be identified. Here are a few fun facts about whales:

Hippopotamus (hippopotami?) are the closest living animal relative of whales.

Whales feed their babies with milk which is extruded like toothpaste into the water for the baby whale to eat.

Dolphins and whales are in the same family.

The life expectancy of a humpback whale is up to 80 years.

Whales sleep but not like us. They must remain aware of the environment as well as breathe so they tend to rest upright and with half their brains still alert.

Out to sea and in the lakes

To continue with the sea theme for July, the tuna are running so there have been some excellent catches. Trawlers come in from the deep oceans to drop off their catch for our Co-operative to get them off to the Sydney Fish Markets and even to Japan. You may have noticed the increased activity in our Harbour when these boats come in with their haul. The trawlers can be from as far as the Sunshine Coast and South Australia. It's a busy time—our

Bermagui Fisherman's Cooperative is a significant hub of the fishing industry, not just in our area but internationally.

In calmer waters, the open Lake entrance to the ocean at Wallaga is just hanging in there. Wild seas during June pushed a lot of sand into the Lake. Then a few days of heavy rain helped flush out and deepen some of the channels to push some of that sand back out to sea. There has been an exodus of some lake creatures in the last month or so as the water levels lower and the sand banks build up.

I have seen octopus crawling along the beach in broad daylight and unusual numbers of stingrays waiting for the tides so they can exit the lake. A friend of mine has a theory that octopus are a left-over from an alien invasion! I must say that the octopus that I saw strolling along the beach certainly seemed to be staring right back at me!

There have been many large, bright orange, eleven-arm sea stars appearing around the rock edges of the Lake lately too. These sea stars are the biggest starfish and are quite stunning to see up close. The Lake entrance was reopened just last November. Mother Nature is in charge—let's see how much longer the lake remains open to the tides.

Projects, proposals and plans

Several years ago the boardwalk on the Wallaga Lake surf-side entrance to Murunna Point was washed away. Bega Council has now received funds for its replacement and work should commence later this year on Phase One, which is to build two open walk-bridges to cross the tidal areas around the edges of the lake from the Lake View Drive carpark.

The roadworks, which seem to be taking an eternity, have been slowed slightly with the weather, but roadworks are never a joy. Meanwhile try to grin and bear it?

Other projects on the list include the Bermagui River and Beauty Point boat ramp improvements and the Bruce Steer Pool redevelopment. If you are keen to know more about the plans being discussed



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An eleven-armed Sea Star in Wallaga Lake. So much to see when you stop and look.

through Council, the regular Council meetings are available for viewing live online. You can access the minutes of the meetings online too.

The recent round of Community Meetings held in several towns in our area (but not Bermagui?) show that councillors and some staff involved in projects are available to discuss issues directly with the public.

I found the meeting in Cobargo to be very informative and I was impressed with the professionalism and enthusiasm the staff members showed for their projects.

Often people are keen to grizzle about Council but these face-to-face meetings were an excellent forum to speak directly with the people behind the projects—much better than relying on hearsay and rumours.

Nasty bugs and viruses

Winter can bring some nasty viruses and bugs that affect our health and wellbeing. In addition to what seems to be a constant stream of scams and attacks online and by phone, there have been reports of people knocking on doors, posing as service providers to gain access to your home and personal details. I myself have been hacked online and my mobile

phone number was 'ported'—transferred by a hacker to a different carrier—twice in the last six months.

There is an excellent, free advisory service called IDCARE which provides advice on how to prevent such attacks and what to do if you have been hacked.

One of the first lines of defence is to not engage with any stranger calling over the phone or knocking on the door. If you need to communicate with your phone or internet providers, initiate the calls yourself on a number that you know is genuine.

Often, calls you receive, supposedly from Telstra, are not. Even in our gorgeous little seaside town, we are just as susceptible to online crime as anyone else.

Like the whales ... stay alert to attacks!

Book sale

The Anglican Parish is planning to hold a huge book fair on Saturday, 14 July from 9.30 am till 12.30pm at the Bermagui Anglican Church.

All kinds of books will be on sale at giveaway prices. With winter upon us, lots of fireside reading matter to suit all tastes will be available.

In short ...

Murrah Hall—O'Punksky's Theatre Company presents 'Victor Ego or the Brainstorm', July 6, 7, 13 and 14 @ 7 pm and July 8 and 15 @ 3 pm. A one-man play, conceived, written and performed by Patrick Dickson. Tickets \$25 at the door or TryBooking.com/WAPK.

Fundraiser: Saturday 7 July, 5 pm – 9 pm @ Bermagui Surf Club to raise muchneeded funds for the Bermagui Rural Fire Service and Tathra Mayoral Fund. Tickets \$10 per person. Raffle will be drawn at the event.

Four Winds 2018 Windsong Event, Saturday 7 July, 1 pm – 3 pm. Joyce Yang, Piano recital of characterful works by Schumann, Chopin, Debussy and Grieg.

July school holiday program: Bermagui Library will have several activities during the July school holidays. Check the library noticeboard and online for more details.

Growers' Market: During winter the Bermagui Growers' Market will be held fortnightly on Thursdays — 5 and 19 July and 2, 16 and 30 August, from 3.00 pm to 5.00 pm in the Bermagui Community Hall. Support local growers and producers!

Kids Growers' and Makers' Market: Tuesday 17 July 10 am – 1 pm in the Bermagui Community Hall. Come see what our clever and creative kids are doing with their spare time and support these emerging young entrepreneurs.

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Bermagui's thoughtful angels



Astrid Dalton, Annie Read and Meg Dodson from 'Meg's Quilting'

Three thoughtful angels of Bermagui are bringing love and compassion to people affected by sadness and tragedy.

Astrid Dalton, Annie Read and Meg Dodson have been quietly creating beautiful, colourful quilts at The Stitch Connection down the arcade in Bermagui, and have been donating them to people whom they felt 'needed a hug'.

Their generosity has brought smiles and tears to the faces of the recipients, each saying how loved they felt when curled up with their new 'Hug Rug'.

With the support of Michelle at Bermagui's only sewing centre, the ladies intend to keep on sewing and donating their quilts. 'What we give comes back twofold when the quilts are so happily accepted,' the ladies have said. Astrid and Annie do the sewing and Meg donates her time and backing material to make the finishing touches to each quilt.

Lori Hammerton



Biggest Morning Tea workers, back row: John, Cathy, Brenda, Shirley, Lyn and Jenny; front row: Wendy, Carmel (main organiser), Joy, Renee, Judy, Leanne, Joan, Ann, Jan and Chris.

Bermagui's Biggest Morning Tea

The auditorium of the Bermagui Country Club was packed with happy people and goods on offer for Bermagui's Biggest Morning Tea on Tuesday 5 June. One of the organisers, Lyn Moore, said, 'We are so happy to announce that \$4,882.75 was raised on the day for NSW Cancer Council.'

Many thanks must go to the local business houses who are always so very generous and supplied some wonderful items for the raffles, amounting to over 35 individual draws. Betty Delamare donated first prize of a quilted rug and Lyn Moore donated an oil painting for second prize.

Special thanks must go to the helpers on the day, who turned up early and set up the tables and goods on offer, and to those who supplied the most amazing array of goodies to go with the tea and coffee, donated by the Country Club. Lori and Gerry Hammerton supplied the sound system and emceed the event and Joan Hayward and Lori sang a few favourite songs.

Lori Hammerton

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Barragga Bay Fire Shed finds new life

In 1993 residents of Barragga Bay and Bermagui Rural Fire Service (RFS) came together to air concerns for the community's safety in the event of a fire. The residents raised \$7600 and approached Council for a resolution.

The result of their efforts was the construction of a shed at the junction of Four Winds Road and the Tathra/Bermagui Road. A fire vehicle was left there in case of an emergency.

As time passed the shed was proven obsolete, but a group led by Nev and Julie Beyer and Rob and Virginia Fitzclarence approached Landcare's Chris Post. Together they liaised with Bega Valley Shire to repurpose the shed for both fire protection and environmental projects for the community.

During a meeting on the afternoon of 10 June, Chris outlined Landcare's objectives then introduced Bega Valley RFS Chief Inspector John Cullen, who gave a detailed presentation of the direction, impact and lessons that can be learned from the recent Tathra fires.

The community shed now comes under the auspices of the Landcare Association.

Anyone interested in becoming involved should contact Chris Post on 0411 594 092.

The Bermagui Rural Fire Brigade is honoured to be nominated as one of the beneficiaries of the upcoming fundraiser at the Surf Life Saving Club, 5 – 9 pm on Saturday 7 July. We thank Fran and Michael Trenerry and all the wonderful people of this community who band

together in times of need to support each other. Although not a fire awareness night, we will have lots information available to help residents prepare for the coming fire season. I hope to have more news over the coming months on developments within the brigade, so see you on 7 July.

Maggie McKinney President



From left: Captain Tim Holdsworth; Neville and Julie Beyer; Chief Inspector BVRFS, John Cullen; Landcare's Chris Post, in front of an area map of Tathra and surrounds.

U3A Bermagui & District Inc

U3A offers classes taught by local members for members. Membership is available to the whole community.

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An overview of courses and activities for Term 3 so far ...

Old favourites such as: Stitchers & Crafters, Computer Classes, Linguistics, Rug Hooking and many more ...



"Fishing for Knowledge"

New Classes/Courses/Excursions: Wild Life Crime, Classical Music, The Great Southern Forest, Identifying Local Trees and Native plants, Book Chat, The Magic in Children's Books.

Many other courses are being finalised and details of these will be available in our Term 3 Newsletter and at the Information & Registration Day.

Variety on offer again from U3A

Bermagui U3A (University of the Third Age) has been creating courses for over 300 mature and inquiring minds for nine years, with a wide range of cultural, historical and practical presentations. U3A will once again present another diverse choice of quality classes over the winter in Term 3. Courses as varied as Mindful Meditation and Wildlife Crime, a presentation on The Rise of Hitler, a visit to the Southern Forest, and a new Book Club as well as a range of craft activities will stimulate and expand our thinking.

Robert Garran talked us through the Causes and Consequences of Donald Trump. Many of us, with new knowledge and insights into the American political system, are now watching and reading reports on the President's activities.

Our trips to the Kinema for Opera have been well attended. Recently, a group watched Rossini's *Semiramide*, a magnificent production with sublime singing and superb costumes all made from

Indian silk. This was followed by Mozart's *Cosi fan tutte*, set on Coney Island, New York, in the 1950s. A big ask of Mozart, you may think, but it was absolutely magical with snake charmers and fire eaters adding to the terrific singing. Next season we will see *Carmen*, *Samson and Delilah* and *Aida* to name just a few.

We also had a group, led by Debra Cushion, studying Indigenous Writers. This included a class on Jane Harrison's *The Visitors*, a play about the local indigenous people's response to the arrival of the First Fleet.

While we all enjoy new classes we sometimes forget what is on our doorstep. The two guided tours of Montreal Goldfield were thoroughly enjoyed, as was the lunch afterwards at Camel Rock Brewery. This excursion is a highlight for Bermagui, being an important historical learning experience.

Jan Rivers President and Program Coordinator



Mineshafts to view at Montreal Goldfield with U3A



emailemailemailemail
The Triangle's email address is contributions@thetriangle.org.au

Council infrastructure initiatives welcomed

Council is to be congratulated on their level of recent community infrastructure initiatives in and around Bermagui over the last month or so. Most of these initiatives were discussed with councillors and senior Council staff at the recent 'Councillors in the Community' function in Cobargo.

We have all noticed the road resurfacing activities, but other initiatives include:

Council has submitted an All Abilities Playground grant application for \$376,000; its location will be subject to full community consultation

The Bruce Steer Pool full redevelopment is going ahead

A new reservoir in Nutleys Creek Rd is now completed increasing water storage capacity by 60%

The Wallaga Lake to Camel Rock Walk is being upgraded, including a boardwalk along the edge of Wallaga Lake

Beauty Point boat ramp is being significantly upgraded

Bermagui River boat ramp is being upgraded.

Also of note is the inclusion of a project 'Facilitate agreed concept design plan for Bermagui CBD' within Council's Draft Operational Plan for 2018/19. The Community Forum is very supportive of this project going ahead and looks forward to working collaboratively with all stakeholders to agree a concept design plan for Bermagui CBD.

Geoff Steel Coordinator, Bermagui Community Forum

Bermagui & District Social Club

1st Wednesday of the month general meeting at alternate Bermagui Country Club and CWA.

11 am, 3rd Wednesday of the month - social luncheon

For venue information contact Hilda 6493 3126

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Back to school, 1882-style

Thursday 14 June was a beautiful day for photographs for the next step in the Montreal Goldfield - Bermagui Public School Writing project. It was for a book called '*The Runaway*'. Their first book together, '*The Lost Joey*', was launched earlier this year.

A big thank you to the children who all entered into the spirit of the photo shoot and to their teacher Narelle Pearson who maintained their interest and enthusiasm.

The children said they had enjoyed stepping back in time which made us feel our efforts were worthwhile.

Malcolm Halliday took some great photos, which helped to set the atmosphere, and Geoffrey Guiffre made a great strict teacher, taking the role of Mr David Gilpin, the teacher at Montreal in 1882. It is of interest to know that Mr Gilpin later became Lord Mayor of Sydney!

The next step is to design the layout of the book for publishing, both as a children's story and as a learning resource.

We are all looking forward to seeing '*The Runaway*' in print in the near future.

Judi Hearn

More help for Tathra

On 7 July 2018 we will be hosting a fundraiser at the Bermagui Surf Life Saving Club. All proceeds from the event will be shared between our local Bermagui RFS and the Tathra Mayoral Fund. The event is about 'community' so it is family friendly with loads of activities for kids and adults.

Mayor Kristy McBain will be attending, alongside the Bermagui fire crew, who did an outstanding job fighting the Tathra Fires.Live Music – Daisy Boyle!

Tickets are on sale at Bermagui Cellars, \$10/person (includes light food). Come down and join us for a fabulous fundraising event!



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Yoga

Bikram Yoga Sapphire Coast

The original HOT Bikram yoga classes 7 days/week, beginner-friendly 68 Princes Hwy, Cobargo Amrei 0416 092 225 www.bikramyogasapphirecoast.com.au June. It's been a bit bi-polar, weatherwise. Icy winds screeching through bare limbs and brassica patches. Cutting through woollens and stripping the blood from our faces. Frosts fit to fry the few remaining flags of summer, but not many, not yet. Drips and drizzles and then rains ... for moments, and then again, and then even a bit more. Warm sunny mornings of intense blue interrupted suddenly by clouds piled high on top of clouds. Towering monochrome castles on ominous black backdrops. It sure has kept us guessing.

The events calendar dwindled, as it does this time of year; the idea of going out after dark becomes harder and harder to fathom as the dark gets longer and longer and tries to swallow everything up. Even our little winter-warmer street party Night Fest was abandoned half-baked.

A few regulars struggled on however, like our lovely Open Mic night at the good old Cobargo pub, Friday the 15th, right after the meat raffles. A surprisingly high calibre of blues, folk and ukuleles, locals letting their hair down and their talents ooze. I'm going to fight the hibernation vibe next month and try to make it again and so should you.

SOAHhhh ... Saturday felt the pull of the bed sheets, but didn't buckle completely, organising a cosy Solstice pot luck, in consolation for flaking out of its usual month-end feast 'n' fiesta. But things have not been all zzzz's and nap times in Cobargo, no sir. There have been a few hot issues keeping the blood up and the toes warm. The return of the red paint, which I'm sure you have noticed, although this time not homophobic slur, but ... a warning? A declaration of outrage? A message? 'Logging, WHAT?' And of course there is nothing like a good old logging debate to draw lines in the sand in this town. I remember back in the early 90s, was it? When the street poles were first painted. A local artist was asked to paint the pole outside the butcher shop window. Less than 24 hours after its unveiling, its provocative images of bulldozers and trees falling were browned out with thick paint. The Triangle area has had our fair share of blockades and marches and it seems as if we will again. And again our little community will be divided into Greens and not-Greens, simply because someone up there can't make sensible, science-based, ecologically or economically rational

decisions, only ones based on big business and quick bucks.

But that's not the only issue stirring the pot here in Cobargo. The email has been running hot with fiery sentiments regarding the raging and hissing of trucks, their brakes and their unnerving speeds through town—oblivious or uncaring of our existence, unless of course in need of a pie. And, I know, it's not just the trucks, they are just the ones that terrify us as we scramble from left to right dragging our dogs, children, grandmothers ... mainly because they weigh over 20 tonne and probably couldn't stop even if they were doing the speed limit.

An issue of respect perhaps, or awareness? Because we don't happen to be living along *their* road, they are actually driving through our town. 'R. E. S. P. E. C. T. find out what it means to me, S. L. O. W. U. P. baby, baby ... 'A possible number for the next Open Mic. But seriously, let's heat this baby up. I mean this is an issue that the whole village could surely get behind. We could come together, make some noise, shake up some bureaucrats and maybe even have some fun. We need letters and petitions and a meeting with RMS and Government, somewhere on the main road, around 4 pm, just as the school children are getting off the bus and running across the road for a snack. Just as the unwritten speed limit magically transforms from somewhere around 50 kph to 'whatever you feel like'. Why, we could use my front verandah ...

In the words of Dr Seuss, 'UNLESS someone like you cares a whole awful lot, nothing is going to get better. It's not.'

Xmas in July Trivia Night Skate Club Fundraiser Cobargo Hotel 28 July, 7.30 pm Dinner from 5.30 pm



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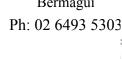
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Action-packed end of Term 2 at Cobargo Public School

Cobargo Preschool Buddies Visit

Year 3/4 visited Cobargo Pre-school. We will be visiting our friends every second Wednesday this term. These visits are designed to provide Year 3/4 students with the opportunity to develop positive relationships with our 2019 Kindergarten students-to-be.

They will also be provided with opportunities to form positive attitudes about themselves and others, to communicate effectively with others, and to value their contribution towards other individuals in our community. Many of our students loved re-connecting with their old Pre-school and noticed that a few things had changed in the years that they've been at 'big school'!



Eight Cobargo students played recorder at the Sydney Opera House last month—and took in some sights while there.

Music program

Students participate in music classes twice a week and this term are preparing for their education week performance in Term 3 and whole school performance in Term 4.

Eight students and their parents and teacher travelled to Sydney to perform at the Sydney Opera House with 700 recorder players! It was a fantastic experience for all involved.

Gillian Park, Principal

Collectables weekend reaps rewards for all

Cobargo School of Arts was a hive of activity over the long weekend in June. There were lots of treasures at the Pop-Up Antiques, Collectables and Old Wares Sale, heaps of tools as well as bric-a-brac.

The Cobargo Scouts outdid themselves, providing delicious BBQ food as well as slices to die for!

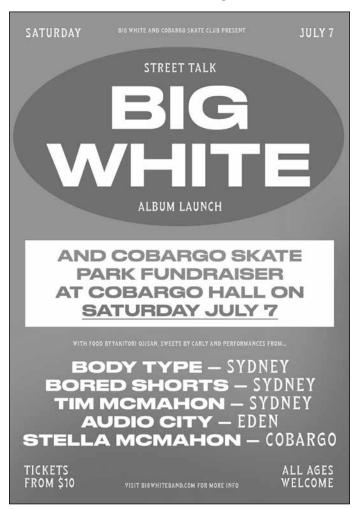
Thanks to the generosity of people donating a gold coin on entry, we were able to give the scouts just over \$168 to help with fundraising for their trip to the Jamboree, a fair reward for them hanging about in the cool weather!

I suspect that most of the sellers went home with a few purchases as well.

A pleasant weekend with the Bowerbird Op-Shop and the Quaama Men's Shed being able to raise some much needed funds as well.

Thank you to all those involved, you deserve a pat on the back, especially for the help in packing up on Monday.

Beth Dogan





Progress on the Skate Park

We had a great response from the May issue of *The Triangle*, regarding our request for help with our Baskets and Bikes project at the Skate Park. A big thank you to everyone who has put their hand up.

We would like to thank Kiwi for offering to have his head shaved to raise money for our project—you may have seen some posters and buckets at the butchers, the pub and the Co-Op where you can put any spare change and/or notes that will help us reach our goal. We would also like to thank the Bandits social golf crew who so kindly gave us a \$1000 donation. You guys and girls are awesome.

We also have a fundraiser coming up on Saturday 7 July at the Cobargo Hall. Big White (a band from Sydney with two exlocal boys) will be headlining a band night. Several other local and Sydney bands will also be playing. Doors open at 6 pm.

It should be a great night of entertainment and food. The music kicks off at 7 pm with Stella McMahon and friends playing an acoustic set, followed by Audio City, a young local band that will blow your mind with their talent. Jack Wotton and Cody Munro-Moore are bringing some mates from Sydney to perform for us before we see the night out with their band Big White.

Big White are touring their second album, 'Street Talk', and really wanted to include their home digs on the run. The boys wanted to contribute to the community and thought that the Skate Park was a worthy cause.

Pre-sale tickets can be bought online for \$10. Search Facebook for 'Big White Street Talk' and click on 'Get tickets'. Or pay \$15 at the door (\$12 concession, \$40 family [2 Adults, 2 teens] and kids under 12 free). Japanese BBQ available for dinner,



Jim from 'Bandits' social golfers handing Tania a cheque for \$1000 for the Baskets and Bikes project, with Kiwi and Danielle.

and sweets, tea and coffee.

It's nice and cosy in the hall now with the heaters and a great committee who we would also like to thank for their support.

Also, on 28 July, Dave and Bronwyn at the Cobargo Hotel are giving us a Christmas in July Trivia Night fundraiser. TC'S bistro will be putting on a roast dinner and dessert for \$25 per head, bookings essential, from 11 am – 2 pm, or 5 pm – 8 pm. Call 6493 6155.

To book your table for the Trivia you can call me on 0488 091 085. There will be heaps of raffles and prizes on the night. Trivia kicks off at 7 pm.

Thank you.

Tania Lingard

contributions@thetriangle.org.au

The Triangle's email address is

Cobargo scouts prepare for Scout Job Week, 7-14 July

Every year local scout groups across NSW lend a hand and undertake work to raise funds as part of Scout Job Week.

This year, 1st Cobargo Scout Group will be out and about during the week of 7-14 July 2018 looking for jobs to do in the community.

Launched in 1952, Scout Job Week is an annual fundraising initiative that gives scouts and members of their local community a unique opportunity to interact and show support for each other.

Over 5000 scout members are expected to participate in Scout Job Week across NSW in 2018, undertaking jobs ranging from gardening to cleaning the engines at the local fire station.

All funds raised in the local community remain in the community, benefiting local young people at the Scout Group. The money is used to update equipment such as tents, canoes or abseiling gear, or to support camps.

Scouts Australia NSW is grateful for the support it receives from the local community every year and thank families and local businesses that take part.'

Anyone, whether an individual or a local business, can participate, so if you have a job that needs doing, book it in with 1st Cobargo Scout Group on 0424 894 558 or email scouts@cobargoscouts.org.au.

Louise Allery

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△ The Triangle July 2018 page 20

CWA says thanks for local efforts

Most people think of CWA in terms of tea and scones. I agree, we make a fine cup of tea and some excellent scones. However, that is not the full picture.

Recently we completed the upgrade of our kitchen at Cobargo's CWA Cottage with the help of members of the community donating in various ways.

As a way of returning the favour, we are having a Living Skills Workshop for everyone aged 11 years and upwards. We will be looking at cheap, easy and nutritious meals with hands-on learning. Spaces are limited so you will need to register. It will be held on 17 July, (during the school holidays) starting at 10.00 am. Interested? Then contact Lynne Jones on 6493 8360 to register. We hope this will the first of many workshops as we want to repay the community for their support over the years.

No, not just tea and scones. Cobargo CWA Branch decided it was time to raise awareness of Q Fever and the costs involved in obtaining the injections to counteract this disease that affects so many people in the rural areas of Australia.

We found, not surprisingly, that several other branches across NSW thought the same way and as a result a motion was carried at our State conference in 2016 to educate medical practitioners and alert all communities about the identification, treatment and prevention of Q fever, and to subsidise a further vaccination program and include Q-VAX on the national immunisation schedule.

As a result, a motion to raise awareness of O Fever will be raised at the 2019 Associated Country Women of the World Conference being held next year in Melbourne.

With Consultative Status at United Nations, ACWW gives women a voice at international level through its links with United Nations agencies.

All the way from Cobargo and three other country towns, to a World forum! CWA of NSW has as their current motto 'Together - Make It Happen, Make It Matter'.

Interested in joining us? Come along to our next meeting on 10 July at 10 for 10.30 am at the CWA Cottage on the Bermagui Road at Cobargo, next to the playground. You are assured of a warm welcome and a cuppa with, if not a scone, then a slice of cake!

> Mary Williams Publicity Officer CWA of NSW, Cobargo Branch

Museum fundraiser success

A huge 'thank you' to the community for getting behind the firewood raffle for the Cobargo District Museum. The wood was very kindly donated by Andrew and Marcia Tarlinton and the lucky winner was Shane Greberts. We are running another wood raffle this month so please keep an eye out for Norm or pop into the Museum to pick up your tickets.

We are also running the very popular Joker Draw at the Cobargo Hotel on Sunday nights at 7 pm. Why not call into your local hotel and you may just be just lucky enough to win a meat tray or even the weekly increasing jackpot for the Joker?

Please also drop in and have a look at our slowly increasing collection at the Museum. Hope to see you soon; we are always ready for a chat and you maybe lucky enough to time it for when the jug is on for a cuppa.

Vicky Hoyer



L to R: Ed Long, Joan Salter, Pat Reid, Vicky Hoyer, Norm Reid, and drawing the raffle is Marcia Tarlinton.



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Learn Professional Theatre (not film) Techniques @ the Murrah

Performance: How to Do It Again, Safely, Superbly - Live! and Learning to accept, value and love the 'Dag' or 'Stupide' part of you with Howard Stanley (chief stupider & murrah prez/veg. curry maker/event organiser).

The workshop is suitable for those with an interest, desire or obsession in live performance and presentation, including budding and experienced all age Writers, Designers and Directors. Starting mid-July - only at the Murrah Hall.

The first part, Playing Space, is suitable for anyone who stands in front of other people in a creative, educational or business capacity or context. The following workshops are for the conscious acquisition of live theatre performance skills and the beginnings of a performative attitude, from beginner onward.

Background to these workshops

'I discovered "theatre" when I was a 17-year-old impersonating a dying 87-year-old London Cockney Jew (The Bespoke Overcoat, Mankewietz) in the Adult or Open Monologue section of the Hunter Valley's Abermain Eisteddfod on a hot, crowded, summer night in an overheated hall with crap acoustics.

'I discovered the 'light' and that quality or atmosphere of 'held silence' of an audience entranced. And the sense of all boundaries and all-time disappearing into "now".

'I discovered the joy of now and how delicate it is. Not unlike surfing a wave. 'It was, apart from breathing, possibly, the first competent thing I'd done in my then young life. I'd scored 94%.'

Since then, Howard's ongoing 45 year professional career-enduring question was, obviously, subsequently: how to do it again - safely, superbly?

This is the workshop: learning how to do it and then how to do it again - but

not repeat it - that way is not a happy one.

Howard continues, 'Given my age and experience, it is time to share with this region's "all age gifted children", by opening up the career toolkit and inviting you in. I commit to these workshops knowing not many will attend but with the hope that theatre in this region no longer remains the largely unconscious,

technique-poor cousin of music, dance, the visual and written arts.

'The talent is here as demonstrated by the other artistic forms.- it could be time for you to step up. Make world-class theatre-magic, locally.'

Enquiries and more info: Howard murrah.hall@gmail.com



Howard Stanley will pass on the wealth of his lifetime in theatre (photo: Sam Davis)

A PLACE TO CALL HOME Searching for a house/cottage/cabin in the Cobargo, Tilba Tilba, Mystery Bay or Wallaga Lake districts

We've been travelling for the past 12 months, and would now like to settle in a community that values a gentle footprint on the earth. Within this, we seek a quiet home in natural beauty with lots of light, clean water (running a bonus), a fireplace to keep us warm in winter, enough space to have a creative area/studio and a food garden or potential to plant one. Preferably not in a residential built-up area, but village feel with amicable, gentle neighbours. We are able to pay rent, house-sit (experienced with references) or take a part rent/ caretaking situation. Must have easy access and a space to park our coaster bus. We bring: experience with Permaculture, facilitating food markets/gardens/ festivals, paddock-to-plate café cooking, chai making, music, arts, enthusiasm, honesty, kindness, respect and a conscious awareness of 'a bigger picture'. Weseek: Acommunity supportive of each other, harmony and organic food consciousness. I am the eternal optimist, so I send this out with complete faith that IT IS POSSIBLE! Please call Aylar and Martin 0438 566 156 or email aylardavies@gmail.com



Jack and Cody, from Pokemon and Sabbath to Big White and the Skate Club



Playing at the Cobargo Hall is a homecoming of sorts. In fact, Cody and I met at a gig there years ago when we were kids, back in the golden age of hall shows on the coast. This was before we were friends—we were actually enemies. Like all great wars it was fought over women and Pokemon cards. Needless to say, we worked out our differences. We bonded over bands like Sabbath and Zeppelin, and soon became best friends. We started our first band together when we were about twelve. It was us, and our obsession with rock 'n' roll, against the world.

About six years ago we moved into a huge share house in Sydney and mixed with some of the young artists living there. A few of us went travelling Europe together not long after. On a whim, in an icy Berlin, we recorded a song in a converted WWII bomb shelter. Since then Big White has released two albums, played residencies in New York, showcased at SXSW and toured the world three times over.

We just got back from the US, promoting our second record 'Street Talk', and we thought it was about time to bring it all back home. With us we are bringing a whole swag of friends from Sydney. On 7 July, Body Type (pictured), Bored Shorts, Tim McMahon, and locals Audio City and Stella McMahon are all set to rock the hall.

I was lucky enough to have a footy team in town which was a big part of making friends and coming of age. It's sad to know that's all gone. That's why the Skate Park is important. We feel the money coming out of the community should go back into the community. What better thing to get behind than the Cobargo Skate Club, working to provide kids with a place where they can rep their moves and hang out with their mates. Having something to do is an important part of growing up and surviving life in the country.

Cobargo School of Arts Hall, Saturday 7 July from 6 pm. Food and refreshments available. Tickets from \$10. www.bigwhiteband.com for more details.

Jack Wotton





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The Triangle's Eco Edge Page

This year the Eco-Edge page will have a different flavour. The page's sponsor is calling it 'open page, open heart' which we're interpreting as meaning, 'express yourself and send it in!'. It might be a poem or short story, or a piece of creative prose, or a profile of someone in our community. It might not even be writing! A drawing,

painting or photo might be your mode of expression.

This is your page, no age limits, and each month we'll publish our favourite(s). Send your stuff to contributions@thetriangle.org.au. We're really looking forward to seeing what turns up.

In April, The Triangle's staff writer

Ro Beaumont joined a Yatra Pilgrimage.

Meditators walked from Tanja to Gulaga, taking ten days to traverse our sacred coastline, concluding their journey atop mother Gulaga.

Following Buddhist principals, participants spent that time with nature in supported silence.

The Yatra Pilgrimage: walking, watching, being

Wow, dolphins slicing pristine water, five on a wave, the yatrans stopped in awe, tangible delight rippled through the silent caterpillar of walkers on the glowing beach. We were five days into our ten-day yatra. Yatra is a Sanskrit word for a sacred pilgrimage—meditating, watching, witnessing what is, as you walk in silence through the sacredness of landscape and life, earth and country, mind-body-emotions. The Far South Coast Yatra started in Tanja and ended at a sacred site on Gulaga. We were about 30 walkers and a support team of eight.

The daily rhythm—bells, yoga, meditation, brekkie (yum), pack up, walk, silence, picnic-in-pack, beaches, forests, swims, steepness, vistas, arrive, tent, dinner, dharma talk, stillness, sleep. The utter simplicity sharpened an unfettered seeing of what-is, a deepened exploration of inner and outer life while walking the land.

Our dharma teachers were Jenny Taylor and Victor von der Heyde. Jenny is a visual artist and facilitator who lives in Alice Springs and sometimes at Cuttagee. She has taught meditation for over 20 years. She encourages deep listening to country and understanding of our responsibilities in being alive in this

time. Victor has practised meditation for 40 years. He encourages an understanding of varieties of meditation and shares a long term focus on environmental ethics.

Victor offered the Japanese meditation of Riakaan—dwelling with the questions. What have I received? What have I given? What trouble or conflict have I caused? In Japanese prisons, prisoners do this practice

for a week with results such as a mafia boss turning himself into a temple gardener.

The gems of wisdom from Jenny were many. She equated the knowing of Indigenous Elders of seeing nature in reciprocity, with sacred texts. She quoted David Mowarljarli, quietly saying that, for her, quoting is more respectful than abridging his words – 'it's their knowing, their Business'. The Gift Mowarljarli offered to newcomers to this continent is 'Pattern Thinking' – dwelling within the Land's interdependent rhythms thence thinking from that state of interbeing—the Gift is belonging.

Jenny suggested allowing fears and obstacles to flow out in walking



so the energy of the Earth flows in, and so we enter into the whole-Earth. Quiet building of connection with the felt land, presences and places reminded me of Deborah Bird Rose's words—to go to a sacred place is to be known by that place, a relationship of belonging.

What did I learn walking? Listening with the whole body-being in many ways of hearing ... and then there is dialogue. I learnt that listening to a tree is different from listening to a forest. I learnt that kindness can be fierce. I learnt that there are many doorways into the sacred—foot on land, turning within, stillness, heart's prayer, heart friends, heart burst.

Rosemary Beaumont



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Cobargo Creators News

There is no winter slowdown for members of Cobargo Creators with workshops each month and more beautiful local creations coming in to the Centre daily. Exhibitions are scheduled for August and September and a call for entries is now circulating for our Annual Exhibition which will open as part of the Light Up Cobargo festivities on Friday 7 December.

Our most recent workshop, Botanical Leaf Imprinting with textile artist Marilyn Banfield, was held in Quaama and participants and tutor agree it was a great success. A few places remain available for July's Drawing and Painting from Nature workshop led by Canberra-based tutor Lesley Wallington. More information about Lesley can be found on her website www. lesleywallington.com.au and you can find out about the workshop to be held on 14 and 15 July by contacting artsincobargo@ gmail.com.

Annual Exhibition – call for entries

Cobargo Creators' annual exhibition of members and other artists' works for 2018 is entitled 'My Aus: why I love living where I do'.



"First Virgin in Space" by Marilyn Banfield - one of the entries in the 2017 annual exhibition

We ask artists to use their imagination and talent to explore this year's theme and show what they love about living in their particular Australian place. It might be a vista, a season or an activity, or it might be particular plants, animals or people. Make it big or make it small; make it obvious or obscure - just get involved and express your creativity and love of home!

The exhibition will be displayed in December, opening as part of Cobargo Creators' contribution to Light Up Cobargo.

Small prizes will be awarded for People's Choice Opening Day and People's Choice Exhibition. The winner of People's Choice Opening Day will choose the theme for the 2019 exhibition.

The closing date and time for advice of intended entries is 16 November 2018. Entry forms are available from the Cobargo Creators Centre or by emailing cobargocreators@gmail.com

Fresh Produce Central!

Every Saturday morning, Cobargo Creators provides a space for all Triangle community members to use for the sale or free distribution of small amounts of excess fresh produce that they have grown themselves. There is no charge to use the table, it is there for those who wish to make a small amount of money from excess produce and for making the excess available to the community at a time when our local outlets are becoming fewer.

Items can be left on the table during trading times (9 am till 1 pm every Saturday) and Cobargo Creators are more than happy to take donations of produce that we can sell ourselves to help supplement the work that we do for community and creativity in our area.

As with all of our activities, we welcome volunteers keen to assist with the running of Fresh Produce Central! Local organisations are invited to use the opportunity to sell raffle tickets and/or promote their own activities while helping out too. If you are interested in helping, or want to know more about the trading arrangements, leave your name and contact details in the Cobargo Creators Centre, send us a message via Facebook or email cobargocreators@gmail.com.

Veronica Abbott

Helen adds 'Embellishment' at the Lazy Lizard Gallery.

Helen Stafford's beautifully crafted felting and knitwear has been on display during June in our Side Room Gallery, but now for July she's back with even more exciting work. Helen's energy and talents never cease to amaze me. She is continually adding to her exhibition, with this month's emphasis being 'Embellishment'.

New additions to the collection are hairclips, headbands and brooches. So those of you who admired her work last month can come back in and enjoy the new additions on display. And those of you who missed out last time, now's your chance to come in and see all those lovely hand-knitted hats, felted neck cowls, and cosy mittens ... all beautifully designed in stunning colours and crafted with good Aussie wool!

Also on Saturday 7 July between 10 am and 12 noon, come and have a cuppa and bikkies and chat to Helen about her work.

Naomi Lewis



extended display of felting and knitwear at the Lizard this month.

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O'Punksky's theatre presents 'Victor Ego or The Brainstorm'

Patrick Dickson grew up on the island of Guernsey and now lives in the Murrah. His acting career of 40 years includes stage, screen and radio. Audiences may recognise him from *Seachange* or Bell Shakespeare, or may know his work on the independent theatre scene with O'Punksky's.

'Victor Ego or The Brainstorm' is a one-man play, conceived, written and performed by Patrick who became fascinated, perhaps obsessed, with the true story of Victor Hugo's political exile in Guernsey and with the fiction he wrote there, 'The Toilers of the Sea'.

Hugo is at work in his studio, pulling together the essential ingredients of a ripping yarn which will become a bestselling novel. He conjures up a cast of characters and spices their relationships with betrayal, obsession, love, sacrifice and a dash of skullduggery. The beautiful, rugged seascape of the Norman Archipelago isn't simply a back-drop; for Hugo it's a powerful and unpredictable player in the drama of life and death.

'Victor Ego or The Brainstorm' is designed to tour nationally and internationally so what better place to test its virtues before sending it into the world than the Murrah Hall?

July 6, 7, 13 & 14 @ 7 pm, July 8 & 15 @ 3pm. Door and online: \$25 (TryBooking.com)



Way more than just hommus. Come and enjoy delicious Syrian dishes on Saturday, 7 July at 11:30 am outside Well Thumbed Books, Cobargo in support of Syrian refugees.

Annual 'Harbour' exhibition in Bermagui

Shop7 Artspace is staging its annual 'Harbour' exhibition in the gallery at Fishermen's Wharf on the Bermagui Harbour from Thursday 19 July until 8 August.

This is open to all south coast artists, using any medium.

Last year the 30 entries included collaged wall pieces, paintings, sculptures, pottery and woodcraft.

The entry criteria is open and includes any topic which presents the artists attitude to any meaning of the word 'harbour'.

The captivating views over Bermagui Harbour with its sea-going vessels of all kinds and its backdrop of Gulaga Mountain make it a perfect venue for this show, although artists use many interpretations of the word 'harbour'.

The exhibition will be opened to the public on Thursday evening 19 July at 5.30 pm. You are invited to visit the gallery to view the work and talk to one of the artists on duty there. Please note the gallery is only closed on Tuesdays.

An important part of the Harbour exhibition each year is the involvement of businesses in town to choose the artwork they like the most and provide a token value voucher to be used against a purchase by the chosen artist from the sponsor's store.

Last year over 30 businesses took part. Their choices are identified in the Gallery in time for the opening.

Peter Storey

BERMAGUI EQUIPMENT, PARTY & WEDDING



6493 3813 or 0417 325 660 HARBOURSIDE, LAMONT ST, BERMAGUI

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Sharpen the tools ... the time is right!

Well, here we are, well into another winter and the time is right to catch up with tasks in the garden to rejuvenate plants and other jobs that were missed during the warmer months.

Start pruning in the rose garden and orchard as most of these plants will now be dormant. With the unseasonal warm weather, it has been a bit early until now to prune, with the sap in the plants still running. And pruning roses too early will



encourage them to shoot, and these shoots could be burnt off with a heavy frost.

Roses should be pruned reasonably hard, as the more new growth that is encouraged the more blooms will appear in late spring. If you are unsure how hard to prune then these tips will help.

Remove all dead or damaged wood.

Remove any branches that are crossing over another branch or are growing into the centre of the bush. The idea is to keep the centre of the bush open in a vase shape to allow for better air circulation. This will decrease the chance of fungal diseases when the plants come into leaf again in spring

Reduce all the other growth by as much as half, ensuring that you have live buds below the cut and the uppermost bud is pointing away from the centre of the plant—basically pointing in the direction

you want the new growth to point.

Remember not to prune the ones that have only one flowering period in spring. These roses flower on the current season's growth and if pruned in winter there will be no flowers. Pruning of these roses takes place in late spring after they have flowered.

The pruning of deciduous fruit trees is a bit more complicated and if you are unsure of the technique I suggest you contact a professional horticulturist for some help. Fruit trees develop fruit buds on different types of wood so it is important to know these so you don't cut off established fruiting spurs, particularly on apples and pears.

Once you have pruned all the roses and trees, complete a spray of winter insecticide and fungicide to remove any over-wintering insect pests and fungal problems.

Pruning of hydrangeas should also now take place and a method similar to that for pruning to roses is recommended. Hydrangeas flower on growth that has been made in spring on new season wood so the more that this is encouraged the more flowers you will have.



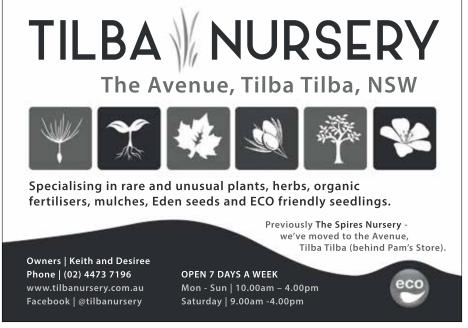


Now is also a good time to divide and relocate summer flowering bulbs like dahlia and other herbaceous perennials. Divide them with a sharpened spade and dust with a fungicide to prevent any damage to the cut. Plant them in the new position with a combination of cow manure and a handful of blood and bone to the existing soil. Remember that most herbaceous perennials like a well-drained soil, so slightly raised garden beds in full sun are the ideal.

Still on the theme of pruning, remember that not every flowering tree or shrub in the garden needs to be pruned in winter. I have seen many spring flowering plants heavily pruned in winter and then no blossom appear in spring. Spring flowering trees and shrubs develop their flowering buds in late summer and autumn and if these plants require pruning, do it in late spring after flowering. They then have all the following seasons to develop new flowering wood.

Remember to ensure all your pruning tools are well sharpened and clean before you start. Cleaning cutting tools between plants with diluted Dettol or similar will decrease the spread of infection from one plant to another.





Soft Footprints goes to the dogs

If you're like the dog loving members of The Triangle committee, you want the best for your furry friends and might be sceptical about the quality of some of the treats on offer in the stores as well as balking at their prices.

The answer is to make your own!

This way, you know that what you're giving your dog is top quality and especially when you buy the livers when on sale, you're getting a lot of treats for a very small price.

Chicken liver crackers

Ingredients:

4 cups plain wholemeal flour 1½ cups milk powder (full fat or skim) 1 cup wheatgerm

3 crumbled beef stock cubes 500m gms chicken livers

3 eggs

1 cup chopped parsley



Method:

Preheat the oven to 130 degrees or 110 in a fan forced oven.

Prepare baking trays with some baking paper

Mix in a food processer:

Pop in the flour, milk powder, wheat germ stock cubes and chicken livers and pulse to a crumble consistency. Add in the eggs until the mix is into a rough ball of dough consistency. Add extra eggs if

Lastly pulse in the parsley briefly to just mix it through the mixture.

Tip onto a floured surface and knead lightly till you have a dough ball you can roll out to 6mm thickness at a minimum or make them thicker if you want a bit of a chewier texture for finished biscuits. Cut into 4 cm squares or use cookie cutters. Bake for 1 hour to 1 1/2 hour. Cool completely before placing in air tight container. Store in a cool dry place.

Makes a kilo.

Variations:

Add grated carrot, or broccoli stems instead of parsley or as well as parsley.

For a richer mix, add grated cheese and a substitute an egg with a couple of tablespoons of peanut butter.

Paws Liver Cake

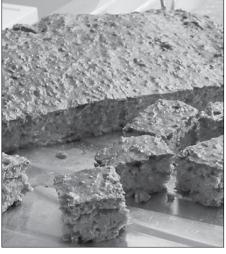
Ingredients:

500 grams lambs fry 3/4 cups polenta 1/4 cup water or milk 1 egg 1 carrot, finely grated 1 apple, grated splash olive oil



Method:

Preheat your oven to 180 degrees.



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Cut the lambs fry into chunks.

Put all the ingredients into a food processor and blend until smooth.

Line a lasagna dish with greaseproof paper and pour in the batter

Bake for 35 – 45 minutes or until you start to smell it (it smells pretty good!).

Cool for ten minutes or so in the pan. Invert the 'cake' onto a wire rack and lose the greaseproof.

When cool, cut into treat sized pieces to suit your pup and freeze on a baking tray.

When firm put into a sealed container and store in the freezer.

This recipe is easy to make and freezes really well, allowing you to decant a few into the fridge as you need them, which will be often unless you apply a bit of discipline as your pet is going to beg you for them.



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Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

- 1. Stories should be 300 words maximum except by prior arrangement.
- 2. Photos should be sent as separate JPG attachments not embedded into your story. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.
- 3. Send all **articles** as WORD or other TEXT documents.
- 4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
- 5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!
- 6. Deadline is **22nd of the month**. Any questions at all, please email us

contributions@thetriangle.org.au

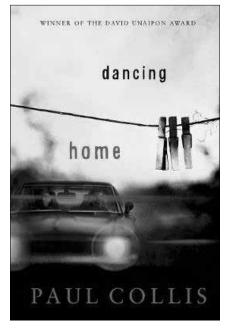
Book Review Paul Callis

Paul Collis, Dancing Home, \$29.95

Thanks to the Bermagui U3A, I was introduced by one of our fantastic teachers, Debra Cushion, to the David Unaipon Award. This annual award is to acknowledge previously unpublished Indigenous writers, and is supported by the national treasure which is the University of Oueensland Press.

Winner of the 2016 Award, *Dancing Home* is the first novel of Paul Collis, a Barkindji man from Bourke. He has worked with young offenders and in other Indigenous community development programs; he now teaches at the University of Canberra. This varied career has obviously informed his writing, and the result is a book where the characters jump off the page at you.

The main character, Blackie, recently released from prison, is driving back to his home country near Bathurst to seek revenge on the policeman who sent him to jail, and to reconnect with his grandmother's country. With him are his companions, Rips and Carlos. Together, their road trip highlights many of the dilemmas facing young Indigenous males, including anger at injustice, the helplessness of those who are disposed, but also the friendship and resilience (and humour) of those who share



common life experiences.

Many argue that literature is one way into history, and this novel demonstrates that in spades. We have all read the reports of incarceration of Indigenous youth, but to read a novel that tells the human story in raw language and at a cracking pace can only add to our understanding. This novel is described as 'part Koori-noir' – its flashes of terrific humour sit easily alongside the darkness of drug addiction, violence and the quest for revenge. A great first novel.

Pet of the Month

Animal Welfare League Far South Coast Branch has taken in three large unwanted litters of pups in as many weeks and is appealing to owners to be responsible and desex their pets before breeding age of six months.

There are still 15 pups to find homes for, including Benny the 8 weeks old smoochie boy (pictured left) who loves to snuggle up with his Cobargo carer and is her shadow. His brother Bailey is a bit



Bull Arab x Catahoula Leopard dog x Staghound pups Benny and Bailey. Exotic ... and smoochie.

Deb Cox

more reserved at times but once he knows you is very affectionate. Both pups love the company of their adult dog friends and have also made several cat friends. They are from a litter of ten Bull Arab x Catahoula Leopard dog x Staghound pups.

Please 'Adopt, don't Shop'. Call Animal Welfare League FSC Branch on 0400 372 609 to enquire about one of these lovely pups or one of several other pups and dogs like Belle the small blue cattle dog and Bundy the elderly black and tan kelpie. You can also check our Facebook page (Animal Welfare League Far South Coast).

Helpful hints: please ensure your pet's yard is secure to avoid their escape, that they are microchipped with up-to-date details, and have ID tags with two contact numbers. Ensure you have recent digital photos just in case. If the worst should happen start your search immediately, call Council, local vets and place ads on local social media. Don't give up as many animals are found months or years after they have gone missing.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Meeting at Tathra Beach Bowling Club 11am, Sunday April 23rd , Sunday June 25th , Sunday August 27th. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays 10.00am 4th Sunday 5.00pm. Cobargo: Christ Church - 1st, 2nd,3rd Sundays 10.00am. Quaama: St Saviours- 4th Sunday 10.00 am. 5th Sunday - One service in parish at 10 am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Those interested phone Ray Clements on 0477 017 443. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Hotel at 6.30 for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm. No experience necessary. Contact Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues vary, phone Heather Sobey on 418 406 068

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2-4pm New players welcome, tuition and, equipment provided. Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA rooms, Bermagui. Researchers & helpers welcome. Ph Allan Douch 0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities various times and sites. 'Grow to Eat and Eat to Grow'. Contact Paul on 0466 013 153 or visit www. facebook.com/BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights"

Open Monday and Wednesday afternoons at the Bermagui Sports Stadium.

Contact: John Preston - accredited coach Ph 02 6493 5887 mob 0429 179 184

CATHOLIC CHURCH

Weekend Mass times. Bermagui-Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at the Cobargo Museum: researchers, old photos, information and new members welcome. Contacts: Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm – CWA Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring enviroment.

Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good transition for children to become familiar with the surroundings & teachers. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm–2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance Station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for – partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzle at 7pm & praise night at 6pm, Cobargo Bermagui Rd. For information ring Robyn 64938324 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 - 12.30 first Wednesday of the month at the swings.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY AT TILBA TILBA

Non denominational gatherings every 2nd and 4th Saturday, tea/coffee 4.30pm start 5pm. Discussion group 3rd Saturday. Meditation every Monday at 11am. Other events see website opensanctuary.weebly.com. Inq: Linda Chapman 0422 273 021.

HEART TO HEART

2nd & 4th Saturday of month from 12:00 to 3.00pm Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermaguee Street, Quaama. All men are welcome. For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men welcome. Contact Bill Johnston on 0413 005 419 or Phil Baldwin on 0421 114 882.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at www. cobargofolkfestival.com.

For info ph. Secretary Carolyn Griffin 0400 391324, Treasurer Zena Armstrong 0402067615 or email info@cobargofolkfestival.com

Community Notices

are advertised in The Triangle for non-profit groups free of charge. If details change, please advise us at contributions@thetriangle.org.au

	For the Fridge	Door	
JULY	WHAT	WHERE	TIME
Sun 1	'40 Years On', live music and refreshments, free	Tilba Valley Wines	12.30 pm
Wed 4	Social bridge	Tilba Valley Wines	2 pm
Sat 7	Cook for Syria	Well Thumbed Books	from 11.30 am
	Big White album launch and Skate Park fundraiser	Cobargo Hall	from 6 pm
	Bermagui Rural Fire Service and Tathra Mayoral Fund fundraiser	Bermagui SLSC	5 - 9 pm
	Joyce Yang, Piano recital	Windsong Pavilion	1 - 3 pm
Sun 8	Galba Forge blacksmithing demo	345 Yowrie Rd, Wandella	1 - 5 pm
Wed 11	Music from Dust & Echos	Apma Creations, Tilba	12 - 2 pm
Sat 14	Book Fair	Bermagui Anglican Church	9.30 am - 12.30 pm
	Story Circle, Cheryl Davison and Annie Bryant	Tilba Big Hall	2 - 4 pm
Tues 17	Kids' Growers and Makers' Market	Bermi Community Hall	10 am - 1 pm
Fri 20	Open Mic	Cobargo Hotel	7.30 pm
Sat 21	Live music: Chris O'Donnell	Cobargo Hotel	8 pm
Sat 28	Xmas in July Trivia Night	Cobargo Hotel	7.30 pm
REGULAR EVEN		<u> </u>	
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10 am-3.30 pm
	Ki yoga	Tilba Small Hall	7 - 8 am
	Yin yoga	Tilba Small Hall	6 - 7.30 pm
	Meditation	Open Sanctuary, Tilba Tilba	11 am - 1 pm
2nd Monday	Tilba CWA meeting	Small Hall, Tilba	10 am
Tuesdays	Trivia	Cobargo Hotel	7.30 pm
	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalashila Centre, Tilba	10 am - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - noon
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednesday	Bermagui Historical Soc. meeting	CWA Rooms	2 pm
3rd Wednesday	Bermagui Seniors' social lunch	Venues vary. Ph 6493 4006	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 am-11 am
	Worldwide dance and aerobics	Bermi Community Centre	5.30 pm
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10 - 10,30 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
,	Coding night	Bermagui Library	5 - 8 pm
Last Thursday	Gardening talk, Keith Mundy	La Galette, Tilba Tilba	11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
Sundays	Community Joker Draw	Cobargo Hotel	6.30 pm
1st Sunday	Riverbank Working Bee	Rob's corner, Quaama	9.30 - 11.30 am
	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am-12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am-12 noon
ART			7 5 12 110011
Sat 7	Opening, 'Embellishment'	Lazy Lizard	10 am - noon
Sat 14 - Sun 15		· ·	10 am - noon
	Drawing and Painting from Nature Opening 'Hanbour' exhibition	artsincobargo@gmail.com	5 20 pm
Thurs 19	Opening, 'Harbour' exhibition	Shop7 Artspace	5.30 pm