

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Dastardly Deeds at Aireborne Castle

Once again our community shows what can be done with a group of volunteers and an appreciative audience. Well Thumbed Books 'hosted a murder' at the Cobargo School of Arts Hall on a chilly Saturday night in August, as a lead up to the Cobargo Crime Convention to be held in October in conjunction with Four Winds.

The eight 'guests', Geoffrey, Monique, Charles, Tracy, Daniel, Sarah, David and Trish, carried off the night with aplomb, their conversation resonating with the audience amid much laughter.

Thanks to Alf and Greg for the sound and lighting, Linda and Georgie for the delicious food, Niki for costumes, Naomi for the six 'family portraits' and all the volunteers who helped make the night a success.

Nick Hutton won the lucky door prize, which was a weekend double pass for the Cobargo Crime Convention.

The full program and tickets for the weekend can be found at www.fourwinds.com.au.

Louise Brown



Above, the dinner guests, from left: Spinner the WWI aviator hero; Yvonne the French wife of Lonnie; Rogan S. Coundrel the businessman; Damselyn D. Istress; Lance; Misty, aviatrix and Damselyn's sister; Lonnie; and Gwendolyn, widow of the victim.

Photo: Sam Fenton



Right, Spinner and Gwendolyn

Holiday gold and heritage



A young prospector signs his gold mining licence at Montreal Goldfield last month. Photo: Malcolm Halliday

School holidays, what to do? On the two Wednesdays of the last school holidays, Montreal Goldfields offered an opportunity for children to engage in the heritage and machinations of the southeast coastal alluvial diggings.

Regardless of the inclement weather on the first Wednesday, eleven children and their assorted guardians experienced some of the necessary dealings from the dress-ups in period garb and the

challenge of using nib pen with ink in order to obtain their mining licence. Other activities included panning and creating posters regarding the mystery of the bay.

The following week, sun shining, twenty six children with their guardians made the most of this fun-filled afternoon.

And for those of you in the Triangle area, there is again the opportunity to visit the diggings, engage and enjoy the wealth of another important historical element of the region. On 8 October, join our dedicated volunteers as they regale you with tales of yore: Montreal Heritage Day, our annual celebration of a unique period of colonial days. Please join us.

Digger Revel

The world stood still and our hearts broke when young Noa Jessop lost his life on the Bermagui-Cobargo Road on Monday 8 August.

The courage of the family and close friends held up the community, who did what they could at this sad time. A group of men got together to pray, a fisher went out to catch food for the family, a young boy delivered flowers to the homestead.

As time heals all wounds, one day at a time, Noa's memory lives on in our hearts.



Letters to the editors

Still On Song

Many locals will recall the enjoyable presentation of World War I era songs at the Cobargo Folk Festival, which was subsequently repeated in the Cobargo School of Arts Hall by Don Firth and friends several years ago.

Those fascinating songs, the first-ever 'pop' songs, many of which are still well-known today, will be featured in a different format in a sing-along at the Bega Pioneers' Museum on Saturday 17 September at 10.30am. Those attending will be encouraged to join-in the singing, and the unusually interesting stories behind each of the songs will be told.

But beware. Many of the songs started (or ended) as soldiers' 'trench songs' so are quite bawdy and risqué – but hugely enjoyable!

Attendees will receive a 44 page songbook and a CD of the songs to take home.

To secure a seat (the songbook, CD, and morning tea), it's essential to book by phoning the Museum on 6492 1453.

Peter Lacey
Quaama

Letters to the editors (cont.)

After two months overseas, mainly in Germany, where I experienced torrential rain and two days later 38°C, which produced floods and enormous amounts of mosquitos plus the unbelievable air pollution in Beijing during the stopover, I really wonder when mankind will finally start looking after this planet?

To my astonishment: all motorised bicycles and motorcycles in Beijing were electric and silent! Still, all cars, taxis, trucks and buses stank, roared and caused the grey smog all over the city.

In Germany it was stunning to see so many blue roofs, completely covered with solar cells or gardens and the quiet turning of huge wind turbines. Although Germany has not handed out free plastic bags in shops for the last 40 years, and even has different recycling collection boxes for all packaging at every supermarket and a fantastic cash-for-container system, they still use a lot of plastic containers, especially for take-away food and storage. They even hand out rolls of large free yellow plastic bags to every household to bag plastic rubbish for the rubbish collection every two weeks. If they just could see the horror it causes for our birds and sea-creatures.

One great re-use: at water fountains at Beijing airport, people could choose the temperature and refill their glass thermos bottles with 99°C hot water for their green tea leaves.

Public transport was well organised in Germany and in China. The trains came frequently, on time and were fast. Platforms were protected with glass walls. Bicycle riding was a delight: wide enough cycle paths, quite often between houses, away from the roads or through parks and along rivers or pedestrian malls with special parking areas for bikes everywhere and right of way at big intersections for cyclists!

I also appreciated not having to wear a helmet in the hot weather. Cyclists are treated equally to other traffic and courtesy is often given to cyclists, as cars can easily accelerate, not needing muscle power.

We are quite often told we are brave to travel in these insecure times or asked if we were afraid in Munich. No, we actually

felt totally safe, even at a big concert and in beer gardens. The check-in at the airports was as strict as always and the unaccompanied luggage of passengers that missed their boarding calls was offloaded. There are nut cases all over the world since mankind is around. Every week, more women die from domestic violence.

Best regards

Dörte Planert
Tathra

Extending our reach?

Hi, just letting you know that we happened upon a copy of the July issue of the *Triangle* in Mackay, QLD. We have been travelling now for two months looking for some winter warmth.

We caught up with some former Cobargo residents at Maryborough (Darren and Tracey Thelan) and Debbie and Tara Smith at Mackay.

We have been house sitting for Tara whilst she went to Ireland for a couple of weeks.

Got here in time for the Mackay Festival and what a well organised event. Saw some great performances from local schools at the Caneland Central shopping complex,

Regards,

Chris King and Lydia King

Thumbs Up

To the person who found the \$50 I dropped in Woolworths, Bermagui and gave it in to staff, who held it for me until I came back and claimed it, thank you. Most people are honest!



Thumbs Down



To all those felling dead trees for firewood, making native wildlife homeless.

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The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Lisa Harrington - out for the morning ride

I was driving along Wandella Road, heading towards the State Forest. In the last tract of cleared land, I came across a woman driving a horse and carriage. At first I was amazed as I didn't know that people still drove carriages in Wandella and then I realised ... it's Lisa Harrington, well known horse and dog lover!



Lisa Harrington and daughter Samantha at Witwood, Bungendore in the NSW Combined Driving Championships, where they were placed third in Novice Pony

We stopped to chat and I found out that Lisa was out for her hour-long ride in an Australian-made Sportz carriage. The carriage was drawn by her four year old Welsh A, named Aspin. Lisa told me they ride to Wandella Hall and back every day, a distance of 10 kilometres, in preparation for the annual Combined Driving Championships, held at Witwood in Bungendore NSW. There are three phases to the challenge: dressage, cones (a test of agility and precision) and a marathon which is fifteen kilometres across roads and paddocks, both up hill and down dale, so this pair need to keep fit.

I also found out about other driving champions in the area, namely, Boyd Exell, World Cup Driving Champion. Boyd has driven the Queen's carriages in competitions. A delightful story was told about the Queen attending the ceremony after a competition, at which Boyd was a speaker, and Boyd 'made the Queen laugh' which settled everyone's nerves. And Sarah Keevers, who is currently the Australian Open Pony Champion. Wow.

Lisa and her sister grew up on a five acre property in Nowra and they both had horses. Attending Pony Club enabled Lisa to develop her horse-riding skills, later becoming Pony Club Captain at Cobargo.

Lisa started her business, Harro's Dog Grooming Service, initially as a mobile service and 18 months later, opened a shop in Cobargo, Harro's Dog Grooming Salon. The Salon was an instant success, dog-owners travelling in to Cobargo from places as far out as Kalaru and Narooma. More than 200 dogs, across all breeds, are regular customers at the Salon, including about 20 poodles, coming in for their regular clipping. The Salon has now changed hands and is still going strong.

Dog grooming has changed Lisa's life. It was something she really wanted to

do, so she taught herself to clip and groom all breeds by studying photos and gaining information online. The outcome has been a successful business working with animals and doing something she is very good at and thoroughly enjoys.

I ask Lisa what she feeds her dogs to keep them in good condition and she gives me a recipe for a nutritious stew: a combination of white rice, fish, boiled chicken, kangaroo and vegetables including sweet potato and pumpkin, cooked in the chicken broth. Also, chicken necks and Ivy Coat grain-free biscuits available at the salon and the vets in Cobargo.

As we talk, Lisa is affectionately stroking her red Toy Poodle, Mini, who has the classic pet poodle clip, complete with short face, short ears, short poodle feet and topknot. Mini is one of Lisa's seven dogs. Another, a Pomeranian cross Chihuahua called Puppy, stays close by.

Called on to judge the Dog Show at the Quaama Harvest Fair, Lisa loves seeing so many happy dogs and happy dog-owners. "It's great therapy for everyone," she says.

Reflecting on our conversation, I really admire Lisa for the way she has fashioned her life by sticking to a straight path and focusing on what is most important to her, her family, her dogs and her horses, and that she has been able to establish a successful business and excel in a unique sport, carriage driving, while caring for her family.

I drove on, not expecting to come across any more carriages on my way into the forest, but realised once again that we really have a diverse and talented community in the Triangle.

A man's gift makes room for him and brings him before the Great. Proverbs 18:16

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Two Quaama authors making a mark

These days 'The Camino' is a popular walking route, or map of routes, all terminating at the holy shrine of St James in Santiago de Compostela, north-west Spain. Pilgrims have the advantage of organised support. Their luggage is transferred from hotel to hotel, the route is clearly signposted and food and drink stops are plentiful, according to Heather O'Connor of Well Thumbed Books in Cobargo. Heather walked a section of the Camino last year.

Heather was introducing Quaama author Hilary James on Saturday 6 August. A crowd had gathered at the bookshop to hear Hilary talk about *On the Road*, her new book about her own intrepid pilgrimage to Santiago in 1973.

Hilary and her husband John were living in Europe at the time with their three daughters aged 14, 12 and 10. They had always been a family of walkers. They started in Chartres, near Paris, and by the time they arrived in Santiago had covered over 400 kilometres.

There was no organised support for the James family. In 1973 they carried backpacks, asked locals for directions and trusted their luck to find accommodation every night. *On the Road* is based on the

diary Hilary kept that year. The book sold out at the launch but she has had more printed. Contact her on 0402 819 377.

This month we'll return to Well Thumbed for the launch of Rose Roberts' second book for children, *Another Adventure for Duck and Goose*. Last time Darcy Duck and Griffin Goose came face-to-face with a Grubble Thumper, a creature from the clouds. This time, it's a bunyip, and Darcy Duck ends up in hot water - literally. Yikes! Will his faithful friends be in time to save him from becoming duck soup?

Rose writes about the real-life feathered and furry residents on her property next door to Nardy House. Darcy and Griffin wander freely in the house yard by day, and are firm friends. "Watching them and their antics puts a silly grin on my face," Rose told me last year, "and I thought, why not put a silly grin on other faces?"

Buster the Goat made an appearance in the first book, and Rose's mastiff-ridgie-cross Buffy joins the cast in *Another Adventure*, thinly disguised as Poppy Dog.

Rose illustrates her own books with colourful watercolour-pencil images.

Meet Rose and hear about where her



Rose Roberts and Buffy, aka Poppy Dog. Rose will launch her second children's book, *Another Adventure for Duck and Goose*, on Saturday 10 September at Well Thumbed Books

tales come from at Well Thumbed Books at 10.30 am on Saturday 10 September. Bring the kids!

Jen Severn

Everyone is invited to the annual **Blessing of the Fire Fleet**, marking the start of the fire season. It will be held at the Quaama Anglican Church on Sunday 25 September at 10am. Morning tea will be served afterwards.

Fiona Kotvojs

Grief, fears and faith

In this issue there are another two obituaries from our little village. After the recent deaths of Geoff and Jack we've had Joy and now Vic leave us.

Perhaps winter is the time of year, just as night is the time of day that we tend to let go.

In the face of all this, it seemed that attending the Death Café held in Bermagui in early August was the right thing for me to do. There, a circle of people spoke of their grief, their fears and their faith. They discussed what is normally not spoken and in doing so, found support and connection.

It turns out that here in the Triangle, people are actively considering death, dying and how to best prepare for that

inevitability. Some of the 'café' attendees were members of a group of women dedicated to providing the dying and their families with home or community based palliative care. There was a celebrant who is a big advocate of empowering the bereaved and there were those who had lost children, doing what they could to heal by speaking of unspeakable tragedy. There were also the elderly, who, perhaps surprisingly, lightened the mood with their genuine interest and apparent acceptance of what was surely soon to come to them. It was refreshing and touching. I left feeling more optimistic than when I arrived.

I'm reminded of a question posed once by a spiritual teacher who asked: "What is the opposite of death?" The answer (of course!) is birth. Life is the word that mostly springs to mind but life is far bigger than that. It contains both birth and death, winter and spring, day and night. I take some comfort in that and in knowing that by the time these words are read, buds will be breaking all over the Shire and our collective spirits will again soar.

Bhagya

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Quaama loses two more elders

Joy Reynolds 16.3.24 – 12.7.16

Quaama folk will fondly remember Joy Reynolds, the Cobargo Street resident who could frequently be seen outside her quaint cottage with Pomeranian dog, Nicki, and tabby cat, Milton, walking slowly along the street saying hello to all who passed by.

An animal lover her whole life, Joy was born in Devon England and immigrated to Australia as a child where she grew up on Sydney's lower north shore.

A professional driver during World War II for US and UK Commanders, Joy found freedom in hitting the road whenever she pleased and loved driving all her life.

She married her sweetheart Geoff in Mosman. The pair then lived in Melbourne, where they ran a furniture restoration business; Mosman, where Joy ran a clothing boutique; and the Central Coast, where Joy was a buyer for the local Myer department store. They moved to Coolagolite in 1980 where they built a house on 25 acres just out of Cobargo.

Joy was happy with country life as she enjoyed her horses, dogs and cats. Not having children of her own, she gave the benefit of her enormous heart to her animals. She was a fierce defender of animal rights and you wouldn't want to cross her on that issue!



When Geoff died in 2005, she moved to Quaama where she was an active and beloved member of our village. Always independent, she was frequently out and about despite being in her nineties and needing the support of a walking frame.

She was a long time member of the Bermagui Country Club Arts Society Sewing Group whose regulars are sure to miss her.

Active, driving and keeping house right up to the end, Joy loved life and will be remembered by many. She is survived by two nieces and a nephew, 12 grand nieces and nephews and 11 great grand nieces and nephews, and, of course, Nicki and Milton who have found homes within the family.

Victor Thistlewaite

25.9.38 – 2.8.16

Vic's early years were tough. His dad was a World War II army medic who was captured in Singapore by the Japanese and taken to the infamous Sandakan prison camp where he later died with thousands of others on a Sandakan Death March.

Vic's only and very precious memory of his father was when he was on his dad's shoulders, walking down the main street of Sans Souci in Sydney just before the war. He and his little brother Brian (Sam) were raised by his single mother in a war service home. From all accounts his mum did a great job with the boys but she had a heart condition and died while they were still in school. They were then cared for by family until they were old enough to make their own way in the world.

Vic loved music and played the

drums in jazz and rock 'n roll bands throughout his life. He particularly loved Elvis and certainly 'did it his way'. He loved to tell a joke, pull a prank and he partied hard.



Vic met his lifelong partner Pam at a friend's 18th where they spun the bottle, drank lemonade and started a relationship that lasted fifty six years. When they first married, they moved into his childhood war service home in San Souci where they had their two children, Glenn and Kelly.

Vic was a passionate St George Dragons fan. As a young man, he played rugby league and later coached Glenn's team to some success.

Vic and Pam ran a successful smash repair business in Kogarah. They moved to Kiama, then to Dr George Mountain out of Bega on 100 acres before settling in Quaama 24 years ago.

Vic had several chronic illnesses that increasingly kept him from enjoying life to the fullest. He loved working in the garden and tending his fire pit and was frustrated by his growing incapacity. Towards the end, he accepted his fate and died peacefully in hospital after spending his last night with Pam by his bedside.

Vic is survived by his wife Pam, his two children Glenn and Kelly, four grand daughters and one great grandson. What a ride!

Bhagya

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Cobargo Conversations

It certainly has a feel in the air that spring is just around the corner but each morning a fresh, crisp frost appears to remind us that winter is still around.

Happy birthday!

A wonderful combined 70th birthday dinner was hosted by Brian and Shirleyanne Myers in Wandella on 13 August for ex Wandellarians Peter and Pam Wilson. The dress code for the night was wear red, some rather interesting and fancy outfits certainly were on show for the occasion. There was beautiful mulled wine, magnificent food and some very funny party games to follow. Peter and Pam really loved their birthday gift which was a textured metal sculpture for their garden.

Welcome Rosie and Suzie

A big welcome to Rosie and Suzie, two new shareholders at Sweet Home



Pam and Peter Wilson celebrated their 70th birthdays last month



Cows on the Tarlinton farm. Local dairy farmers are lucky to supply Bega Cheese

Cobargo. Both ladies have very warm personalities, welcoming smiles and are enjoying their newfound business venture. Rosie spent a lot of her young life around Cobargo before venturing off to Canberra to further her career and is now enjoying being back.

The one that got away

Marea and Doug Blair and Linda and Mel Emerton have returned from a four month trip across many and varied parts of Australia. They have returned suntanned, happy and with many fabulous photos of some enormous fish they caught and tales of the biggest one that got away. A wonderful time was had by all.

Sydney rally protests cull

A contingent of members from the Cobargo Horse and Trail Riders Club made their way to Sydney to attend the rally that was organised to protest against

the shooting culling of brumbies in the high country. Part of the argument against the culling of brumbies is that brumbies are part of our heritage; and part of the argument for the culling is that brumbies degrade the ecosystem in the high country.

The march was very well organised with the protest walk arriving on the steps of Parliament House where a group of speakers spoke on reasons against the proposal.

A couple of brumbies who had been captured and broken in were ridden in the actual parade and handled all that a city has to offer with the greatest of ease. Organisers were happy with the way the whole protest went. What the future holds for the brumbies is yet to be decided.

New look for the Co-op

The management and Board of the Cobargo Co-operative have been planning



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Cobargo Conversations

and designing a little refurbishment of said business. Things are looking a little tired and plans are underway to jazz the place up a bit with a new sign near the doctors' surgery replacing the historical but rundown sign. Throughout the next few months they hope to implement other upgrades as well. Watch that space.

Dairy farming holding up

Since the debilitating Milk Processor fiasco that occurred, affecting a huge number of dairy farmers, I find I am constantly being asked how we are managing as dairy farmers in the current climate. Well, I feel we are very lucky to be suppliers to Bega Cheese. I believe the company does take great care of its farmers. We have suffered an 11% downturn in milk prices caused by cheese prices suffering a slump in world trade due to several circumstances all culminating in an oversupply of product on our world market. China did not increase their demand but rather decreased it by 7% and with some other countries not trading out on the European market, the product came back into our market creating an oversupply which in turn caused a downturn in price.

Whilst any downturn in price is

difficult to manage, the cost of running a farm doesn't decrease. We were fortunate that last season was a good one and many farms have managed to make a large supply of silage and hay. Our biggest cost running a dairy farm is fodder for the animals and the cheapest fodder is home grown grass.

The price decrease is not what we all had hoped for but the price per kilogram milk solids of \$6.08 is much better than has been offered by most other milk processing companies. The management board have held meetings to inform us farmers of the expected outcomes for the future which at this stage still looks unsteady.

There has been an increase in the number of young farmers in this area which is absolutely wonderful to see but it is also very challenging for them as a lot have a level of debt to take care of before they can make a gain into the share-farming or owning of the farms. Times like these have put pressure on them to remain sustainable.

The winter has been a difficult time for some of our wonderful senior members of the community so a big 'Get Well' to Norma Allen, Ross Rixon and Nola Sutherland.

June Tarlinton

CWA visits Mongolia

At our August meeting we held our International Day and the students of both Cobargo and Quama School came to show us what they had learned about Mongolia.

Each school gave a presentation and covered topics such as the geography and the culture of Mongolia. Afterwards they were treated to some Mongolian food – or as near as we could make it! Sally Halupka showed them the game of 'knuckles', using small pebbles, and they tried their expertise. They heard about 'throat-singing' and about the many inventions by Mongolians.

We have a very special event coming up on Saturday 10 September, to which everyone in the community is invited. We are celebrating CWA Awareness Week by promoting an issue close to our hearts, Women's Health and Wellbeing. The program is as follows: 10.30 am Morning Tea, 11.00 am Dr Jasmine Ventura – a presentation on women's health, 12 noon light lunch, 12.30 pm Lori Hamilton, exponent of Tai Chi, 1.00 pm Lauren Cremona, exercise physiologist, 2.00 pm end of session.

*Mary Williams, Publicity Officer,
CWA of NSW, Cobargo Branch*

(advertisement)

OUR NEW LOCAL DRIVER

Local resident Andy Huk has been aware that a taxi or hire car service has been sorely lacking in Bermagui and Cobargo for some time. He saw that the area needed a new local business to help get people where they need to go.

For about 15 years, Andy had been coming down to the beautiful Bega valley. He soon fell in love with the area. "The friendly and welcoming locals made our decision to buy a property in Coolagolite five years ago an easy one".

Andy has been involved in the customer care industry most of his working career and more recently has invested his time and experience into supporting youth that have been given a tough start to keep on track via his volunteer work with PCYC and employment in the juvenile justice sector. These days he puts his passion for fishing to use in his role as a Fish Care volunteer as well as assisting seniors.

Andy says, 'After discovering there was no transport service in the area and with the help and advice of good friend, Peter Nock, the founder of BeDriven that operates out of Sydney, we decided to start BeDriven Bermagui.



Our vehicles are perfectly suited for everything from airport transfers and special occasions to local transfers such as getting to medical appointments. Our prices are very reasonable and on par with taxi fares with the difference being a well presented and maintained vehicle with a professional, friendly local driver grateful for your support.'

When Peter is asked, 'Why start a hire car service in Bermagui?', to him the answer is clear:

'With the recent changes to transport laws in NSW and the arrival of Uber in the big cities, we saw an opportunity to offer a service in regional areas that the taxi industry and the big companies were not interested in.

'Andy loves the region and community and is a great driver - we saw it as a natural fit.'

It's plain to see Andy's enthusiasm when he's asked what separates BeDriven Bermagui from a regular taxi company:

"BeDriven doesn't operate like a standard taxi service, the kind you ring up at the last minute; This is a high quality service which is prebook ahead of time".

You can book through our website BeDriven.com.au/NSW/Bermagui or email bookings@BeDriven.com.au.

We also have a smartphone app that you can download and use to book as well. Or if you prefer to hear a friendly voice you can ring **1800 180 888.**

Finally, when asked for a last word, Andy paints a simple picture everyone can appreciate:

"We need to support local businesses and services. With community buy-in we can keep our local economy thriving."

He has a NSW Private Hire Car Authority, First Aid certificate and recently completed a Touring and Guide course at Bega TAFE.

Get Ready with Cobargo RFS

Cobargo village will come to life on the morning of Saturday 10 September when the members of the Cobargo Rural Fire Brigade turn out for the Brigade's 'Get Ready' event for the coming fire season.

Supported by a contingent of fellow 'firies' from Quaama Brigade, the event will be held in the carpark at the rear of Sweet Home Cobargo, and will feature the brigades assisting local landowners and residents with the preparation of their Bush Fire Survival Plans.

General information will be also available covering fire permits and burn-off notification compliance requirements, as well as raising awareness of fire control and safety issues.

Held in conjunction with over 450 similar brigade activities around the state, Cobargo's 'Get Ready' event runs from 8.30am to 1.00pm and will provide the opportunity to discuss your fire preparation issues with the brigade's experienced officers, and to inspect the brigade's fleet of fire fighting vehicles.

Families are especially welcome with balloons and other giveaways for the

children, as well as the exciting opportunity to experience putting out a 'fire' with the fire hose.

A sausage sizzle will also be provided by the brigade (gold coin donation).

Getting ready for the bush fire season can be easier than you think. Little things you do now can make a big difference during a bush fire.

Simply by trimming overhanging trees and shrubs, keeping your grass mowed, removing flammable material, clearing up fallen debris and leaves and preparing hoses to reach around your home, you can help prevent burning embers from destroying your home.

It's a fact! If you follow these five simple steps to getting ready and have a bush fire survival plan you will reduce the risk to you and your home.

Working together we can all help make our community safer this bush fire season, so come along to Cobargo village on Saturday 10 September from 8.30am to 1.00pm and learn how you can help to 'Get Ready' for fire this summer.

For more information, contact Lisa



Children will be able to have a go at putting out a 'fire' with the fire hose at Cobargo's 'Get Ready' event on Saturday 10 September

Ayliffe, Secretary/Treasurer, Cobargo Rural Fire Brigade 0429 936 476 or Chris King, Captain, Cobargo Rural Fire Brigade on 0417 590 063.

Experience life *On The Banks of the Tigris* this month

Sunday, 18 September will be the next monthly community documentary screening at The Old Cobargo Butter Factory at 3.30 pm

On the Banks of the Tigris is an extraordinary story of cultural resilience and identity.



Iraqi maqam singer Farida Mohammad Ali

When war and conflict dominate the news, this film reminds us that real heroes play music, tell stories, and, in this case, make films.

As a young boy, Majid Shokor loved singing and listening to music in the cafes and markets of Baghdad, but Saddam's brutal regime shattered his dreams and forced him to flee.

Australia is a safe haven, but the music of childhood lingers in Majid's mind.

His quest takes him to Israel, Europe and Iraq to find some of the great Iraqi musicians and to record their stories.

Majid's dream of a unifying concert bears fruit when Iraqi musicians of all faiths

perform together in a joyful celebration at London's Barbican Centre.

To view trailer online, go to www.youtube.com and search for "On the Banks of the Tigris".

For more information, visit www.cobargodocos.wordpress.com.

Coffee and tea will be provided. Please ring your own mug and a blanket. To cover costs, a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible!

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Cobargo is dancing!

Spring has popped! Come and dance at the No Lights No Lycra theme nights once every month. Dancing happens every Monday at 6pm in the Cobargo Hall - all sorts of people are grooving, moving, boogying and dancing like there is no tomorrow to a range of modern music (No Lights No Lycra style).

September 5 - pop music!

Pop music comes from the term 'popular music' derived from rock and roll starting in the western world during the 1950s and 1960s and describes all music that is popular such as Adele, Daddy Cool and Ace of Base.

October 3 - 90s music

Hip hop, rock music and electronic dance music grew and continued to be highly successful in the decade such as The Go-Gos, Kool and the Gang, Lenny Kravitz and Dee-lite

November 7 - world music

Including Angélique Kidjo, The Woohoo Revue, Yothu Yindi, JuJu and Toots & The Metals. A culturally exotic mix that you will enjoy

Where: in the Big Hall - Cobargo Hall, Bermagui Road, Cobargo every Monday night 6-7pm. \$5 at the door, bring water and wear comfortable clothes.

"Cobargo is Dancing" is held in the semi dark (but it's not as dark in summer!). It is an entirely sober dance party that attracts eager dancers. You can enjoy great music, hear new music, laugh, dance, get physically fit, sing, shake off stress and make friends for just \$5 - it's a bargain!

Like our new page www.facebook.com/cobargoisdancing and www.facebook.com/No-Lights-No-Lycra-Cobargo-1569287313286723/

No standing only dancing! For more information or to send in your requests, please contact Gabrielle 0427 806 033.

A horse activities day with all the trimmings



We were all like sponges as Tony Hart from ATHRA shared great tips and techniques for any riding discipline

We had a great day organised by the Cobargo Trail Riders. It was an activities day at the Cobargo show grounds and we were very lucky to have Tony Hart instructing us. He is the Australian Trail Horse Riders' (ATHRA's) national accreditation and training manager.

He gave us great tips on working with our horses on the ground, including moving them sideways which helps with opening gates, and long reining on the ground which helps the horse gain confidence with their balance. It was a perfect opportunity for me to get my horse out and about to socialise with other horses and I had such a

lovely day with all the friendly trail riders. Even though my horse seemed to be the worst behaved, no one seemed to mind.

We even had a couple of people who came down from Moruya to join in the fun. Thank you so much Richard and Noel, who spent their Sunday running around helping set up and organised the barbeque. The association put on a lovely lunch for us and there were so many beautiful slices and cakes in classic hospitable country style!

Thank you to all at Cobargo Trail riders for making this such a well-run, glorious day. After years of pony club it's now our turn!

Creative trail through Cobargo for long weekend

We are planning to have an open studio trail over the October long weekend, Saturday 1 and Sunday 2 October - various locations.

Members of Cobargo Creators will be opening their studios over the October long weekend. For all details of the Cobargo

Creators Studio Trail, including a map and opening times, email cobargocreators@gmail.com. View the event on our Facebook page [facebook.com/CobargoCreators](https://www.facebook.com/CobargoCreators) or call into The Cobargo Creators Centre during opening hours.

Veronica Abbott



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Bermagui Banter

Hello, Bermagui. I'm back on deck again after my six month adventure, and what an adventure it was. We live in a wonderful world full of history, beauty, a diversity of cultures and customs and of course, the different tastes and smells of delicious cuisines.

Our journey took us off the beaten track to experience the true cultures of many different places. We slept in houses 700 years old, walked on roads where Romans trod 2000 years ago, drove on spectacular mountain roads through breathtaking valleys with picture postcard villages, but coming around the bend at Akolele and seeing Wallaga Lake, hearing the clatter of wheels crossing the old bridge, was right up there with some of the best.

So, to quote those famous words "there's no place like home". It's lovely to be back in the safety and tranquillity of our little piece of paradise right here on the far south coast. We are so lucky to live in a place of not only natural beauty, but of a warm, caring community of people.

Local businesses playing 'musical chairs'

Quite a few changes have occurred in the last six months, sort of like a snowball effect, with lots of shops swapping places. The Gelati Clinic moved to the Fishermen's Wharf after the gift shop closed. Then Guys Place moved into the shop where the Gelati Clinic was. The new bookshop and café took over the shop in the arcade. Then Glamour on the Green moved from the top end of town to the bottom end, now occupying the small building next to the Harbourview Motel. Strangers in Paradise moved into the old Village store, which moved some time ago to the shop where Belongings traded! Belongings are now selling from the shop in the 777 complex. Phew, lots of movements.



Tug O' War at Reboot in Bermagui – why not join the team?

New restaurant?

Word is around that the new owners of the Harbourview Motel are renovating the conference space and opening a Japanese restaurant. What a great inclusion to our already diverse range of eateries in Bermagui. I will check it out and report in the next edition.

ReBoot in Bermagui

Get your running shoes on and get ready for a weekend to ReActivate, ReJuvenate and ReEnergise. The 3rd Annual Reboot in Bermagui will be held on the weekend of 24 and 25 September. To rouse Bermagui from its winter hibernation, Reboot will kick off the spring in a grand way.

There will be three fun runs. Camel to Club is a 7km run for the serious runners and includes a tough 1.5km of beach running. The 5km Tilba to Town (starting at Old Tilba Road) is still a challenging run and the Bridge to Beach, a 1km run for primary school children. The Point to Point ocean swim and the team tug-o-war is sure to get the adrenalin flowing, along with other activities such as Boot Camp, Yoga, Tai Chi, mountain biking and SUP (stand

up paddle) boarding. The Bermagui Surf Club will be the venue for the Beachside Health Clinic where therapies, healthy food and demonstrations will be offered. Also on offer will be golf lessons, barefoot bowls, heritage walks and whale watching cruises.

For more information on the full program of activities or how to register, see the website www.rebootinbermagui.com.au. Even if you don't want to participate, get down to Lamont Street and cheer the runners on as they reach the finish.

Back to Bermi

Following on from the successful reunion weekend last year, organisers have decided to once again hold the Back To Bermi reunion on Saturday 1 October at the Bermagui Country Club, from 4pm till late. It is an opportunity for anyone who has grown up in Bermagui, lived or worked here or had any association, to catch up with old friends, reminisce and rekindle old friendships. Tickets are now selling for \$35.00 which will include nibbles, dinner and live music.

For information please contact Shirley Hudson (Wintle) on 0478 229 192 or email shirls123@tpg.com.au. If you know



steopathy
obargo.com.au

Bermagui Banter

someone who might be interested, please let them know this fantastic weekend of meeting up with old friends is on again.

Council Elections

It's back to the polling booths again on Saturday 10 September for the Bega Valley Shire Council elections. Let's hope that we get some candidates from Bermagui running this time. We really need someone from our end of the Shire to ensure that our rates are being spent in this community, and not, as it often appears, in other areas.

If you are going to be away at this time, you can pre-poll prior to the election, or apply for a postal vote. Give BVSC a ring on 6499 2222 for further information regarding the Council elections.

Four Winds Events Program

Check out the Four Winds website for a whole list of amazing events planned at the Barraga Bay site. It's great to see this unique site hosting a huge range of artistic events right on our doorstep. One interesting event will be the live satellite streaming from the Sydney Opera House of the Festival of Dangerous Ideas on Saturday 3 September. For more



River Cottage Chef Paul West will be giving a cooking demonstration at the Bermagui Growers Market

information see www.fourwinds.com.au, email admin@fourwinds.com.au or ring 6493 3414.

Bermagui Country Club Car Boot Sale

It's on again, where someone's trash is another man's treasure. Come along and see what gems you can find in the Bermagui Country Club car park from 1pm to 4pm, Saturday 24 September. If you are interested in having a space to sell your unwanted items, call the Country Club reception now! 6493 4340.

The Great Duck Race

Bermagui Cancer Research Advocate Bikers (CRABs) are once again organising the Great Duck Race. This annual event, proudly supported by Bermagui Bait and Tackle, kicks off at 11am at the Bermagui River boat ramp with the release of hundreds of bright yellow rubber duckies at approximately 12.30 (depending on the tide) to see who will be the first past the post.

A great family fun day on the beautiful Bermagui River, with all funds raised going to cancer research. All this happens on Sunday 4 September, so don't miss out. Call Jim on 0407 880 109 to purchase your duckie!

Growers Markets Spring Fair

On Thursday 6 October a very special Growers Market will be held at the Bermagui Fishermen's Wharf complex, starting at 1.00pm. There will be the usual collection of the freshest local produce, as well as cooking demonstrations from some of the best local chefs including River Cottage's Paul West. For more information contact Lynne Ford on 0425 711 795.

Carolyn Banados

Bermagui Red Cross supports local programs

The Bermagui Red Cross Club recently donated \$3000 to the Wallaga Lake Program.

This is a local school program which works closely with parents and young people in the community, providing educational activities over a fortnightly period during school holidays.

Thanks to our very generous community, Bermagui Red Cross is able to assist not only in various international appeals, including the drought fund, but is also able to assist financially with much needed local funding such as the School Holiday Program.

On the last Sunday of each month we hold a stall at the Bermagui Market and again, we thank the community for their support in purchasing our merchandise and donating to the many crisis situations worldwide.

The ongoing generosity of our community enables us to donate to many appeals, both locally and internationally.

Bermagui Red Cross Club

Sculpture has a future in Bermagui

The good news is the future looks very bright!

A group of enthusiastic individuals, headed by president Paul Payten, is now working on presenting *Sculpture Bermagui* in March 2017.

People interested in being part of the new and exciting future of this event are invited to a public meeting on Wednesday 7 September, 4.30pm in Meeting Room 1 at Bermagui Community Centre.

Bring your ideas, bring a friend - we'll welcome your company and your input.



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Great events at the Crossing

The Crossing is a not for profit camp for young people up the Bermagui River. It's a positive place that inspires young people into action with journeys, Landcare, habitat survey, and other practical hands-on 'make a difference' training events for teens and the community. The Crossing was started by Dean and Annette Turner 18 years ago and a volunteer Board helps set the course.

Windbreaks with fire in mind

Tickets are rapidly filling on Eventbrite for a free windbreak plantation design workshop on Friday 9 September. The workshop will look at fire retarding species and design placement issues and other strategies for windbreaks. This event is part of the OEH volunteer celebrations for threatened species week.

2016 Sea to Snow Trainees chosen

Ten students have recently completed three days of training for The Crossing's annual 250km Sea to Snow Journey in late September. This year young people applied from Narooma and Bega High, Sapphire Coast Anglican College and Carroll College. At the last minute three vacant places were opened to students from further afield in Sydney, Victoria and Queensland. Most are in Year 10.

The students completed navigation, bike and packing preparations as well as a training journey that went into the night to hone their skills. First aid situations were also presented to them and a lot of support and tips were shared by past Sea to Snow



An early start: 2016 Sea to Snow training

participants who volunteered their time to assist the training.

The Sea to Snow Ball is back

This op-shop-formal, no alcohol, family-friendly event raises funds to keep the costs of the Sea to Snow Journey affordable for young people. It was a huge hit last year and this year the event goes back to the scene of early Crossing fundraisers at the Cobargo School of Arts Hall on Sunday night 2 October. This is the middle of the October school holidays. It's also a day after Sea to Snow finishes, so you will get to meet some great young people at the end of their epic journey.

The huge news for the event is that the Franco Prussians are coming down to play at the ball to dance Cobargo's socks off and 'The Trickster' will be back to astonish us. Yes, Rhys Davies is coming back after running away to the circus in New Zealand and a thousand thanks to him and his Dad, Damon Davies, because they are once again helping us with sound and

light. Earlybird tickets are available on The Crossing website if you want a discount.

Landcare Adventure Weekends for Year 6-7 and Year 8-9

Huge thanks to the Far South Coast Landcare Association for subsidising these weekends to make it affordable for young people to attend each year in October and November. The weekends start after school on Friday and finish after lunch on Sunday. The younger program starts with a bike ride out from Bermagui while the older program crosses the coastal range from Quaama. Both finish with a canoe journey to Bermagui. They are great steps on the path to Sea to Snow and both involve young people in Landcare and survey as well as a great journey.

See www.thecrossing.thebegavalley.org.au for more info, or News @ thecrossingland (on Instagram, Twitter & Facebook).

Dean Turner

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Growers' Fair celebrates spring

Bermagui Growers Market is holding a special Spring Fair welcoming in all the new spring produce.

The Spring Fair will be held on Thursday, 6 October from 1.00 pm at their usual market place, on the grass in the front of the Bermagui Fishermen's Wharf Complex.

This Spring Fair is being held to remind everyone that both Farmers/ Growers Markets rely on seasonal produce. This day we will have approximately thirty local farmers and producers displaying and selling their seasonal vegetables, fruits, eggs, honey; olives and olive oils; nuts and dried fruits; jams and sauces; chutneys, milk, cream, cheeses; yoghurts, breads, cakes, crepes, pastries, spices and teas; seedlings and plants; gluten free breads and cakes; smoked fish and oysters.

On this special Spring Market afternoon, we will have cooking demonstrations involving River Cottage's chef Paul West and Kelly Eastwood, Erica Dibden of South Coast Cheese, Patricia Coutant, our French crepe expert, and Georgina Adamson, local cooking teacher.

Guy's Place will be selling and serving some of his flavoursome, Asian inspired hot foods.

Georgina's Cucina's Bermagui Chowder, Paddock to Plate's Gourmet Sausages, Lynne's Larder's Silk Road Tagine and Coconut Rice will all be on offer.

Local singers Katie Callaghan and Mariana Reggianie will treat us to some wonderful music throughout the afternoon.

There will be amusements for the children and a special hamper of all local produce for one lucky shopper on the day.

Contact Lynne on 0425 711 795, email lynneford@gmail.com or catch up with her at the weekly Growers Market.

Sister Laurel retires after a life of service

Sister Laurel Lloyd Jones is retiring. After 33 years of tending to others, she is finally off duty.

Since 1983 when she and her husband Edwin left their Sydney life and set up the Elm Grove Sanctuary, a retreat centre near Tumut, she has worked to serve other people. Laurel and Edwin have offered all who passed through their home or retreat centre hospitality, refuge, counselling, workshops, fun and laughter. They especially supported Indigenous people wherever they have lived and formed a large and supportive network of people who have benefitted from their wisdom, knowledge and deep spiritual beliefs.

In 1987 while resident at Elm Grove Sanctuary, Laurel and Edwin gifted the buildings and property to establishing the Elm Grove Sanctuary Trust (EGST) which is a not-for-profit charity working as a centre for hope in an endeavour to improve the quality of life for people of all religions or none. The Trust seeks to encourage a responsible attitude to the environment, support for all who are discriminated against, to work for social justice, the spiritual renewal of humanity and an holistic view of human health.

After 19 years of service at Elm Grove, Laurel and Edwin left the mountains

in July, 2001 for 'retirement' in Bermagui. Instead of retiring, they continued to offer Respite Care Programs for carers and ran a Bed and Breakfast to provide funds for the work of the Sanctuary EGS Trust. Laurel set up Bega Valley Rural

Australians for Refugees (RAR) and was on the National Executive of RAR. Bega Valley Shire became the first Welcome Town for Refugees in Australia and Laurel was invited to speak at an international conference in San Francisco in 2004.

Laurel and Edwin also set up the Save Our Bermagui

Action Group (SOBAG), dedicated to preserving the beautiful environment of the area. SOBAG protected the Meades Bay area of Wallaga Lake from destruction by developers.

The advancing years, constant demands placed on her time and Edwin having a serious illness have now suggested the time is really ripe to retire - on her third attempt! However, the vision goes on, and Laurel and Edwin are working together to complete the inspiring *Elm Grove Story*.

Anyone interested in knowing more of the work of the Trust or becoming an Associate Member should contact: Stuart Absalom at shabsalom47@gmail.com or Sean Burke at burkesean53@gmail.com

Sheila E. Scott



Sister Laurel Lloyd-Jones is retiring

Researching and Writing Your Family History

On Saturday 24 September the South Coast Writers Centre will be hosting a workshop for writing family history in Bermagui, run by Dr Rae Luckie. The workshop will teach participants how to use the extensive online resources available, and how to develop strategies

to research and write their family history.

The cost is \$45 for SCWC members, \$55 for non-members. There are only 12 places so please book before 22 September by contacting the South Coast Writers Centre at 4228 0151.

Adara Enthaler



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Mowers and Chainsaws Lex Gannon Power Products Dealer for Stihl and Honda. New, 2 nd hand, servicing, repairs. Bermagui Road, Cobargo. Ph/Fax: 6493 6540	Podiatrist Foot, Ankle and Lower Limb Care Christian De Brennan M(Pod) MAPoDA www.yourfeetpodiatry.com.au Cuttagee, BERMAGUI / Wed & Thurs Ph: 6493 5117 HICAPS available	Tutoring Sarah Gardiner All subjects, all levels in your own home, 28 years' experience. 6493 7316
Painting The Triangle Painting Team Domestic, commercial and rural All finishes. Ph: 6493 7370	Real Estate Bermagui Real Estate 71 Oceanview Drive, Bermagui Props: Paul O'Leary & Gary Cotterill Ph: 6493 4565	TV Technician Audio, Visual, Digital solutions Trade qualified TV technician Digital antennas & TV systems, satellite, domestic & commercial Ph Andrew: 0437 674 020 or 6493 4773
Pest Control DK Pest Control Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents, Termite Specialist/Inspections. Seniors Card Discount. David Ing Ph: 4473 7201 or 0407 337 937	Roofing For all your roofing and re-roofing needs Call Leo on: 0413 434 976 Lic. No. 284990C	Upholstery Upholstery, Antique Restoration, Re-upholstery & Recover, Canvas Repairs & Ute Covers. 37 Bermagui Road, Cobargo. Ph: Will on 0427 445 887
Physiotherapy Jo Westall from Narooma Physio Consulting Tues & Thurs at Bermagui Medical Centre, Bunga St, Bermagui. Ph : 4476 1866	Roofing/Carpentry Metal, slate and tile repairs plus copper & zinc roofs and gutters. Lic. No: 139428C 10% discount for pensioners. Ph: Norman 0412 200 556 or 6494 0060	Veterinarian Cobargo Veterinary Clinic Providing a 24hr service for our clients 56 Princes Highway, Cobargo Ph: 6493 6442 A/hours: 6492 1837
Plasterer Brian Desborough Lic.No R65254 Supply & Fix Plasterboard ph: 6493 6246 or 0414 570 214	Sawmill Bermagui Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. Charlie McVeity 6493 4134 or 0428 489 501	Welding & Metalwork Stephen Laszuk Hot Metal Chainsaw, mower and pump service and repair. Welding and all forms of metalwork. 11572 Princes Hwy Verona. Ph 0438 850 573
Plumber & Gasfitter RNJ Plumbing No job too small, always on time. Ph Rick on 0427 859 300 or 4473 7798 ABN 98117271935 Lic.No. 255496c	Self Storage New complex at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site, long or short term. Ph: Mel on 6493 3177	Yoga Namaste - Sapphire Coast Yoga The original HOT Bikram yoga.: classes 7 days/week, beginner-friendly. 68 Princes Hwy, Cobargo Call Amrei 0416 092 225 www.sapphirecoastyoga.com.au

Tilba Bites

Infrastructure

Eurobodalla Shire Council has recently completed a bus parking bay at the entrance to Central Tilba and has agreed to build a new 25 space car park at the northern end of town. Parking is such a critical issue in Central Tilba; these works are positive developments and very welcome. In addition, Council will upgrade the picnic area outside the ABC Cheese Factory and carry out much needed minor maintenance on the public toilets near the halls.

The Tilba District Chamber of Commerce has been involved in liaising with Council regarding these projects. The picnic area upgrade will be a joint effort, with a co-contribution from Council and the Chamber, courtesy of a donation from the Tilba Festival Committee and also in kind help such as gardening etc. (see also Christine Montague's article). The new carpark will entail the removal of a large senescent tree which is necessary for safety reasons. This will be compensated by the planting of more suitable vegetation, hopefully of a low fire risk variety. The Tilba school will be planting fourteen new trees in town this year as part of National Tree Day.

Real milk

Congratulations to Tilba Real Dairy for their recent achievements at the Melbourne Fine Food Awards. This is a nationally recognised and prestigious competition. Tilba Real Dairy won Gold for their Full Cream Milk and Three Udders Brie and Silver for the Mountain View Ash. Tilba Real Dairy has also won an *excellence in business* small

business award in the Eurobodalla Shire Council competition. The Tilba Sweet Spot and Tilba District Chamber of Commerce were also contenders in various categories. Congratulations - such strong representation for a small town.



Linda with Missy and Chiko

Trivia Night

The Central Tilba School of Arts Trust is resurrecting Trivia Nights with our first to be held on Saturday 3 September at 7.00pm for 7.30pm kick off. There will be fantastic prizes and this will be a great opportunity to get together with your friends, show off your cumulative knowledge! Tickets \$17.50 or \$35 a couple, which includes a light supper, tea and coffee. BYO drinks and glasses and nibbles for your table.

It's not too late to call Smilie on 4476 3370, Janine 4473 7133 or email tilbahalls@gmail.com if you'd like tickets and/or to organise a table. All proceeds will be used for the halls day to day running

costs (now about \$12 000 per annum), maintenance and the major works program.

The Central Tilba School of Arts Trust

The Central Tilba School of Arts Trust (CTSOATS) is seeking occasional help with various tasks including the day to day running of the Tilba halls, managing bookings, washing linen and so on. Please get in touch if you are able to help. If you wish to be involved in working bees (painting and so on), please contact Smilie Magill 4476 3370. There is a sausage sizzle fundraiser at the halls planned for the day of the Council elections on 10 September.

The Stage 1 work on the halls for the CTSOAT's recently renewed DA will commence on 4 October this year. This will entail the extension of the deck between the two halls and a stair to the ground level from the rear of the small hall. The CTSOAT has acquired an interest free loan from Eurobodalla Shire Council which will partially finance this project. H & A Builders have won a competitive tender process to conduct this work. Thanks so much to Stewie Long for organising and project managing this work.

Hairy Concert

The trust has another Hairy Concert coming up on 8 October. If you wish to be involved please contact Bev Long 4473 7253.

CWA

The September CWA meeting will be held on Friday 2 (not Friday 9). Membership is due at that meeting in order to be able to vote at the October AGM. Office bearer positions are available. If anyone is interested please contact Janine.

Locals

Welcome to the world, Dustin Peter Elton, born on 13 August and congratulations to Scott and Cara.

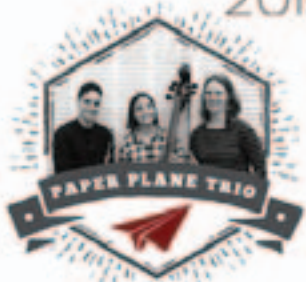
We have all been deeply saddened by the recent death of lifelong Tilba resident, Pam Hayden. She was such a lovely woman and will be greatly missed by all.

And welcome to Brian Talua, a Rotary Exchange student from Timor-Leste, currently living in Tilba Tilba with Nic and Erica Dibden and their family. Brian is in Year 11 and attending the South Coast Anglican College in Bega for one year.

He is loving his south coast experience and apparently thought being in Nic's

Four Winds Presents

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Tilba Bites

tractor has been the best experience of all. Brian's ambition is to become a medical doctor.

If anyone has notices or news for Tilba Bites, please contact me on tilba@thetriangle.org.au, or 0427 074 901. Photos of humans and their dogs are sought! Please email as a jpeg.

Thanks Linda Lonergan, for your lovely photo of your two gorgeous fluffies, Missy (3) and Chiko (10, her 'rescue boy' of 2 years now). They are Japanese Spitz breed dogs. Linda is the Admin Manager at Central Tilba School and has been there for 25 years!

Julie Dibden

Tilba Easter Festival distributes surplus

The financial position of the Tilba Easter Festival 2016 has been finalised and the committee is thrilled to announce that the surplus proceeds will be used in two areas. The first is \$1500 to the Central Tilba School of Arts for ongoing maintenance of the Central Tilba Halls. The Festival committee would like to thank the Central Tilba School of Arts Trust (CTSOAT) for their ongoing support of the Festival.

The second area, the allocation of \$8000 to be matched dollar for dollar by the Eurobodalla Shire Council, is to erect a modern, safe and sheltered picnic seating area to be built adjacent to the new car park. Central Tilba is sadly lacking safe, accessible facilities for visitors and locals to sit outside and enjoy what our beautiful town has to offer. A big thank you to Peter Lonergan for working with council to obtain this commitment. This area will also be a reminder to all that the Festival is an important part of the Tilba calendar and what it brings to our town, along with thousands of visitors.

The Festival AGM will be held on Wednesday 21 September at 6.00pm. The committee was lucky to acquire several new members in 2016 and it would be great to get even more for 2017. Please come along and get involved. It is fun and rewarding, and with more people involved the work load is shared. Please note the date in your diary and come along to have your input. For information on the AGM and/or information on how you can be a part of this great event, please feel free to call Christine Montague on 4473 7621.

A big Well Done to the committee for 2016, for a very successful Festival.

Christine Montague

Celebrate CWA Awareness Week

Tilba CWA members are preparing to celebrate CWA Awareness Week from 3 to 10 September. This year NSW's CWA Awareness Week is focusing on the lack of connectivity experienced in rural and regional areas compared to the city.

Janine Halasz, President Tilba CWA said, "A lack of Internet connectivity results in barriers to growth for our farmers and small business operators; barriers to a quality education for our students; and barriers to health services for our entire community."

To support our local health services, Tilba CWA members will be holding another Pop-Up Café as a fundraiser. The Pop-Up Café will be held on Saturday 3 September from 9am to 12 noon in the Small Hall, Bate Street, Central Tilba.

Tilba CWA members fundraising will support both the Moruya Hospital Maternity Unit and Community Carers Accommodation South East (CCASE Inc) who are building accommodation for families of patients attending South East Regional Hospital in Bega.

CCASE is fundraising (in close consultation with the Southern NSW Local Health District) to construct carers' accommodation at the South East Regional Hospital in Bega. This on-site accommodation will be affordable and accessible to help patients, carers and relatives who have to travel long distances to the new hospital.

Tilba CWA's Pop-Up Café fundraiser will also support the Moruya Hospital



Jann Baker will be baking cakes for the Pop-Up Café on Saturday morning 3rd September

Maternity Unit which provides high quality and safe woman-centred midwifery care in the Eurobodalla.

Janine Halasz said, "Tilba CWA members enjoy fundraising and are looking forward to supporting our local health services in Bega and Moruya. If you like freshly brewed tea or coffee plus delicious home baked cake, visit Tilba CWA's Café on Saturday morning, 3 September, and you can support our local health services too."

Annette Kennewell



Bermagui Country Club
www.bermaguicountryclub.com.au
September's Entertainment:

2nd: *Train Wreck* from 8pm, 9th: *Jay Podger*,
16th: *Sandy M—Karaoke* from 8pm, 23rd *Don Ryan*
from 8pm: 25th: *Monster Raffle* over \$1000 worth of
Meat, Seafood & Fruit & Veg Trays,
Tickets on sale from 1pm,
Entertainment from 1pm, *Joe Driscoll*
First draw 3pm, 30th: *Darryl Lamb* from 8pm.

Week of Golf from 10th—18th September
Phone Pro Shop: 64934657 for details or to book

Retreat and Open Day at Kamalashila

The upcoming Meditation Retreat held on 30 September to 4 October will be led by Khenpo Ngawang Dhamchoe, the spiritual director and teacher of Drogmi Buddhist Institute at the Kamalashila Tibetan Buddhist Centre, 9000 Princes Highway, Tilba.

This five day retreat will be on Shamatha Meditation (calm abiding meditation) which is the foundation of peace and happiness, both spiritually and worldly. The Buddha used this technique over 2600 years ago. Science now recognises that many health problems and issues are related to stress and are increasingly recommending meditation as an antidote to bring inner peace and then better health. These five days can be a life changing experience and the most precious gift that you can receive. Khenpo will take us through the stages of meditation in great detail along with many guided meditation sessions and practice, as well

as sharing the beautiful food provided and relaxation time.

Bookings are essential due to catering purposes. Accommodation is available amongst this beautiful and pristine bush environment, either a dormitory situation or camping. Daily attendance is also available. Contact info@drogmi.org for more details and costs, or visit our website for information and payment options at www.drogmi.org

We will also be holding our second open day on Saturday 8 October at Kamalashila Tibetan Buddhist Centre from 11am to 3pm. Khenpo will give a short Dharma talk at the beginning of the day. There will be many children's activities, a raffle, and a fundraising Buddhist movie. More details will be up on the website in September. We so look forward to sharing more time in the Dharma with our local community at the centre, please feel welcome to come and have a wander



His Holiness the Fourteenth Dalai Lama and Khenpo Ngawang Dhamchoe, Dharamasala, India May 2016

around the grounds and experience the peace of nature.

Get Ready with Tilba RFS

On the morning of Saturday 10 September, the Tilba Category 1 fire truck will be displayed in Bate Street Central Tilba to draw attention to the NSW wide RFS 'Get Ready Weekend' to raise awareness about the coming summer season and actions which can be taken now. Community members are most warmly invited to come by, say 'Hello' to your local

'furies', take a close up look at the truck and ask any questions, especially about your preparations for the forthcoming season.

Tilba Brigade is actively seeking new volunteer member, and this will be a great opportunity for you to learn more about the brigade and its activities. Hopefully you will consider the potential for joining this essential community service. If you do not want to be involved in active fire fighting, there is a range of ways in which you can help, including many that do not require frontline work, such as administration, equipment and building maintenance, and other

support roles. RFS membership is a rewarding way to contribute to the local community, meet new people and enjoy the company of others in a positive and productive way. Don't forget to drop by and have a chat and take some information home with you.

Despite it being winter recently, Tilba RFS volunteers have continued to be called upon for community assistance. Since our last report, the brigade has attended five emergencies including one house fire, one grass fire, two motor vehicle accidents and helping with a search in bushland for a missing person. The RFS is active all year round.

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General News

Mumbulla Foundation 2016 grants open for application

Applications are sought from community organisations, schools, charities, volunteers and individuals who make a contribution to the Bega Valley Shire. This year the Mumbulla Foundation will be contributing over \$75 000 to the community via its community grants program.

Mumbulla Foundation Chairman, Gary Potts said, "With the recent successful launch of its Gold Donor Program and Bega Valley Shire Council's decision to increase annual funding, the Mumbulla Foundation is launching its 2016 community grants round in a strengthened financial position. Accordingly it is expecting to make available more than \$75 000 in grants to organisations applying for funding. These generous supporters and the funds raised through the annual Gala Dinner assist the Mumbulla Foundation in its work promoting community wellbeing by giving to small groups for social, environmental and cultural activities within the Bega Valley Shire."

The Foundation returns the vast majority of the funds it raises back to the

community. Administrative costs are kept to a minimum. No staff are employed by the Foundation, so a dedicated group of volunteer directors are responsible for running the business of the Foundation.

"Over the past 15 years a total of over \$800 000 in grants has been given to groups as diverse as SPAN (Suicide Prevention Action Network); Pearls Place Kitchen; Stonewave Taiko; Twofold Aboriginal Corporation; Southern Women's Group; Jellat Rural Fire Brigade; REAP by OzHarvest and Eden Preschool.

"Grants up to \$7500 are available to help small groups to deliver projects, run events and build networks and friendship which enable them to continue their vital contribution to the Bega Valley community," Gary Potts said.

Applications for grants close at 5pm on 30 September 2016. For information about eligibility and how to apply, go to www.mumbulla.org.au/grants.

For more information contact Chris Walters on 0476 787 480 or email christinew139@gmail.com.au.



U3A BERMAGUI & DISTRICT

U3A offers classes taught by local membership for members
Membership is available for the whole community

www.bermagui.u3anet.org.au / 6493 4323

TERM 4 INFORMATION & REGISTRATION DAY Wednesday 5th October 2016, 10am-12 noon BERMAGUI COUNTRY CLUB

Fishing for knowledge

Favourites continue: Smoko in the Shed, Linguistics, Book Clubs, Computer Classes, Poetry Reading, Boules & BBQ, Film & Lunch, Watercolour Painting, Rug Hooking, Exercise, Classical Music, Stitchers, Local Treasure Lunch, French language

New Courses: Drumming, Lawn Bowls, Sacred Sites, Weather, Meditation, Theatre, Women Authors in Australian Literature

One-off classes: Accidental Aid worker Talk, Christmas Paper Craft workshop, Sydney Harbour Bridge Talk, Ancient Britain Talk. Open discussion on Near Death Experiences, Travel Tales on India, Morocco and Syria

Excursions: Bombala and Burnima Historic Homestead, Organic Farm Visit, Cobargo Convent Visit, River Cottage Visit

A Climate Change Forum : TOMORROW'S WORLD

The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting,

drawing or photograph we receive.

So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month's contribution is from Max Harris of Bermagui.

Cuttagee Lake

I paddled Cuttagee,
Alone for most the afternoon,
Except for the Oyster Catcher bird
Who let me pass
And watch him close.
I dared to move just a bit
And see if he trusted me
Enough to stay.

He did and I enjoyed
His colours,
The contrasts,
White to black, to that orange beak.
And he let the tide ease me past.
Down toward the bridge
And the next casting
With plastics
And anchoring
And sending nippers down
With just a tiny sinker to
Those fish churning up the flats.
Silver slabs of mullet and others.
Sending baits
To yesterday's trevally
And then today's two bream.

And paddling home,
Just idling,
Tidling,
Drifting with the ebb
Quickening as it reached the bridge.



Then dragged the Hobie
Up those concrete steps.
Greeted by a Butcher bird
As I reached the road.
Knowing him without looking.
Perfect camouflage unless
I really tried.
But content to know
Without the seeing,
Just thanked him for his notes
And trudged the last few steps.
Loaded all on that Hi-lux trailer
And headed home to rinse me and all my stuff.
To free it all from sand and salt;
Fresh for another day.

Max Harris

Great Southern Forest campaign kicks up a gear

The first phase of the Great Southern Forest (GSF) campaign was to come up with a plan to protect our public native forests. The State permits logging of native forests under the Regional Forest Agreements (RFAs) and the two RFAs for the Southern Forest Region expire in 2019 and 2021.

Our southern forests are hugely carbon dense so, given what we know about climate change, and threats to wildlife, it is better to leave trees in the ground than risk further environmental damage and economic loss from woodchipping.

So, the Great Southern Forest carbon reserves campaign proposes a new style of management of over 400 000 hectares of our forests based on climate-sensitive jobs in forest restoration, pest and weed control, wildlife protection, fire preparedness and a boost to jobs in nature-based tourism.

ANU Economists and Scientists calculated that, at a carbon price of, say, \$13 per tonne, carbon credits could generate up to \$20 million per year to fund about 250 full time jobs. The carbon story is a bit complicated but we need to save it, not lose it by logging. The Governments need to get with the times and value carbon.

Well-Thumbd Books, Cobargo, has been the venue for meetings for GSF Team members from the National Parks Association, the National Trust and



Powerful owl (photo Dave Gallan)

South East Region Conservation Alliance (SERCA).

Phase 2 of the campaign will engage the community, and lobby State and Federal Governments to get behind our plan to increase jobs in the southeast, protect the climate and conserve threatened species.

This month Dr Oisin Sweeney, Senior Ecologist from National Parks Association (NPA), Sydney, joined us to discuss progress of the GSF campaign which complements NPA's statewide push for protection of all public native forests.

Please pick up an outdoor sticker and a pamphlet at *Well-Thumbd Books*, Like us on FaceBook, check out our website and let us know what you think: www.greatsouthernforest.org.au.

Bronte Somerset

Learn to better promote your business at free local seminar

A few places are still available at the Marketing Basics session in Cobargo from 5.30pm to 7.00pm on Tuesday, 13 September.

This is a free presentation by two locals with extensive marketing and business experience.

It's aimed at providing ideas to business and community organisations from the Triangle area that wish to increase sales, attract larger audiences or more customers, increase memberships, fundraise more effectively, find volunteers, etc.

To reserve a place email laceyblax@yahoo.com.

Peter Lacey

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sweethomecobargo.com.au

Art in the Triangle

Have you got what it takes to be a lizard?

In the coming months, two valued members, Patto and Steve, will be leaving the Lazy Lizard Gallery, due to outside work pressures.

Naturally, we are very sad to see them go, as they have both made valuable contributions to the gallery over the years. However, the show must go on and for this to happen, we need to engage some new gallery members. We are therefore looking for dedicated artists who feel that they might have what it takes to become a Lizard.

We are offering you the opportunity to be part of a lively creative team and to exhibit your work in a well established gallery that has a reputation for displaying

art that is not only interesting and quirky, but also of a high standard. We cover a wide range of skills, including ceramics, jewellery, sculpture, woodturning, photography, painting, illustration and printmaking.

As a member you will be asked to contribute to the rent and to be part of the regular roster to look after the gallery.

So if you think you have Lizard-like qualities and want more information contact Shirleyanne Myers on 0428 081 011 or email shirleyannemyers@gmail.com or drop by The Lazy Lizard Gallery, in the main street, Cobargo.

Naomi Lewis



It's definitely quirky enough, Mr da Vinci, but I'm not sure the technique is up to our gallery standards.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send **ALL** articles in Times New Roman, 12pt, single spaced.

4. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and clichés. Don't leave it to us! Any questions at all, please email us contributions@thetriangle.org.au

Diversity at Lazy Lizard

This September we have an exhibition by artist Denise Luke called *Diversity*, that I'm sure will enchant viewers. Denise now lives in Moruya, but has a history of connections with the Bega Valley. The exhibition will showcase artworks in oil, pastel, encaustic wax, inks, watercolour and acrylic.

Denise's inspiration stems from a love of nature and her desire to recreate its beauty through her art. She paints in all media and is not limited in her choice of subject: paintings of blue wrens, free flowing encaustic wax creations, also local scenes, the expanse of the Nullarbor, and underwater scenes in ink and collage. Denise's paintings depict a strong sense of vibrant colour.

During her years in the Bega Valley (1974-1993) she received numerous awards and commendations for her art; more recent awards and prizes have been in the Eurobodalla region. Her prize-winning works have been featured in *Australian Artist* magazine, presented in galleries

in Bega, Cooma, Merimbula, Batemans Bay and Canberra and placed in private collections in Australia and many overseas countries.

You are invited to come and meet the artist at our opening celebration (with tea and bikkies) at the gallery in Cobargo on Saturday morning, 3 September between 10am and 12 noon.

Naomi Lewis



Bermagui Harbour
painting by Denise Luke

AKTcompetition

AKTcompetitionAKTcompetitionAKTcompetitionAKT

Local environmental company AKT sponsors a page in *The Triangle* every month. We publish the best creative, environmental contribution – story, essay, poem, painting, drawing or photograph we receive. So look around and start writing, drawing and photographing. See page 20. The overall winner each year receives \$400.

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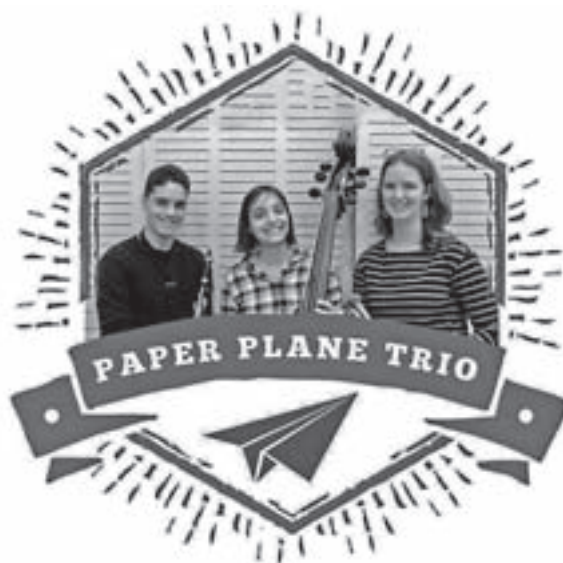
Paper Plane Trio to take flight at Four Winds

Join The Paper Plane Trio for a Saturday afternoon of classical, gypsy, tango and jazz with works by Bach, Piazzolla, Ross Edwards and more from 2pm to 4pm, Saturday 1 October at the Four Winds' Windsong Pavilion, Barragga Bay.

Another exciting event we have is Four Winds' Spring Artists in Residence. Thea Rossen, percussion; Luke Carbon, clarinet/saxophone; and Kinga Janiszewski on double bass will bring you a relaxing afternoon of new and old tunes from around the world. A great event for all – kids and adults alike! Why not bring a picnic and enjoy it in the surrounds of the beautiful Four Winds site prior to the concert. The cost for adults is \$15 with 16yrs and under free. Book at www.fourwinds.com.au call 6493 3414 or drop in to the Four Winds office at the Bermagui Community Centre.

Sharing skills and spending time in the local community, especially with youth and emerging musicians, is central to the

partnership Four Winds and the Australian National Academy of Music (ANAM) have for their artists in residence. Here's what the Paper Plane Trio will be up to



The Paper Plane Trio will play Four Winds' Windsong Pavilion from 2pm to 4pm, Saturday 1 October

whilst in our region:

Music will bring Eric Carle's Hungry Caterpillar off the page and have

pre-schoolers dancing in our libraries: Monday 19 September, 10.30-12noon: Tura Marrang Library; Tuesday 20 September, 10.30-11.30am: Bermagui Library; Thursday 22 September, 10.30-11.30am: Bega Library.

Then on Wednesday 21 September a great collaboration will emerge as our local physical theatre artists from fLiNG and the Trio complement an educational performance being streamed live from the Sydney Opera House. The performance of Jump First, Ask Later explores the role of Parkour, an urban freestyle contemporary dance form, in bringing the diverse community of Fairfield in Western Sydney together. The performance is open only to participating schools.

The South Coast Music Camp will then benefit from the Trio's teaching and performing skills in the subsequent week, 26-30 September.

The Trio's final performance in the Windsong Pavilion is one not to be missed, as they will be supported by all our local musicians they have met along the way.

Off the Page deadline looms ...

A reminder to all our talented and creative locals that Monday, 12 September is the closing date for Well Thumbed Books' popular *Off the Page* competition.

There are still some books available at the shop for those who love pressure and a deadline to get the creative juices flowing!

This year's theme is crime, which leads into our Sisters In Crime weekend

in October. There'll be a prize for the People's Choice and all the art works will be displayed throughout the town.

Please drop all entries into Well Thumbed, remembering to fill out an entry form – available at the shop – with your artwork.

Louise Brown

Now that it's Spring get some extra zing

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Simple family food

Spring is here and with longer days the chooks will start laying in earnest. Here's an easy, tasty and filling family meal using eggs with fish and rice.

Basic aussie-style kedgeree

500 g long-grain white or brown rice, cooked
6 eggs, hardboiled
about 750 g smoked blue cod or a tin of



salmon or tuna
170 g (three-quarters of a cup) butter
3 teaspoons curry powder (or to taste)
quarter teaspoon cayenne pepper

Simmer cod for approximately 10 mins in an uncovered pan. Drain and flake with a fork. Keep cooked rice and fish warm. Melt butter in a heavy saucepan. Stir in curry powder and cayenne and cook for 1 minute.

Add rice and fish and half the chopped or sieved eggs. Season to taste. Put the mixture into a deep warm dish, sprinkle with remaining eggs and chopped parsley and serve.

There are many possible variations and additions – coriander or dill instead of parsley, lots of lemon juice, maybe peas and some chutney on the side.

My husband is a former citrus grower,



so you can imagine that citrus trees are a feature of our garden and that we are challenged by an over-abundance of citrus at this time of year. We eat them fresh and make juice, salted pickles, surprisingly delicious wine and marmalades. A favourite quick treat for afternoon tea with family is the following recipe.

Marmalade pikelets

1 egg
2 tablespoons chunky marmalade
half a cup of milk
half a cup of plain flour and half a cup of wholemeal flour
quarter teaspoon salt
1 tablespoon melted butter
4 teaspoons baking powder

Beat egg and marmalade together. Add milk, then flour and salt sifted together and beat well. Stir in melted butter and fold in baking powder just enough to mix. Grease frying pan and drop batter in spoonfuls into pan. When bubbles appear on the surface turn over. Pikelets are cooked when edges look dry. Place between folds of a clean napkin to keep warm while rest are cooking. Serve with butter and honey or more marmalade.

Happy cooking!



Come to life at the Vineyard!

Re-opening for 2016/7 season on
Thursday 1st September at 11.00 a.m.

September opening hours:
Wednesday-Sunday, 11.00 a.m. – 5.00 p.m. for
wine tasting, cellar door sales, snacks and lunches

September events:

Sunday Live Music: 4th and 18th from 12.30 p.m.
Social Bridge: Wednesday 7th from 2.00 p.m.

Date for the diary:

Saturday 1st October @ 7.00p.m.: Cabaret at the Winery featuring Rags to Riches

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Come and Visit The OK Shed

All Saints Anglican Church,
Wallaga St, Bermagui

Pre-loved treasures/clothes/bargains to be found
Opening hours: Thursdays 11am-4.00pm
School holidays – extended opening hours
(Tea and coffee available)
Contacts: Nancy 6493 3136 Kath: 6493 5887

Stepping into spring

With spring now with us I thought it opportune to discuss some issues that are most relevant to this period in the gardening calendar.

Plants expend an enormous amount of energy in spring doing their thing, like flowering and developing their fruit or extending their size through new growth. Now is the time to help them along with some additional nutrient.

There are some fertilisers that can be applied to nearly all plants, like blood and bone, but these don't have all the nutrients available that are specifically required by particular groups of plants.

Native plants in particular are not fond of phosphorus for example wherein roses prefer a fertiliser high in potassium that helps them with lush and healthy blooms. Flowering annuals and vegetables prefer a higher rate of both nitrogen and potassium for both lush foliage and big and healthy flowers.

On the other hand, though, are plants that are grown in containers and care must

be taken as to the application of fertilisers. Plants can be severely affected by incorrect application of fertiliser type. Powdered or granulated fertilisers should never be applied directly to the surface of the soil in the pots as most plants in pots are surface rooting and nutrient burn of these plants can be fatal. Use a slow release pellet



or liquid feed and again use fertilisers specific to the plant group. Keep in mind that nutrient depletion in pots is far quicker than soil grown plants so the process must be repeated more often to have the plants looking healthy all the time.

For those of us that prefer an organic garden there are many fertilisers now available that are BFA certified organic.

All fertilisers should be well watered in so the plant has immediate use of the nutrient. If you have mulch down around your plants, rake it back apply the fertiliser, water in then place the mulch back around the plant.

After the fertilising process has been completed the next important task is to

apply either new mulch or to top up older mulch in preparation for the drier months ahead. I have mentioned in previous columns as to the types of mulches available and these are from shredded cow manure to sugar cane and lucerne mulch and other mulches from trees like pine bark and Eucalypt chip.

The softer mulches like sugar cane and lucerne will decompose over a shorter period than the wood mulches and therefore will require more frequent application. They are more beneficial to the soil as they improve the structure and texture of the soil as they break down. Wood mulches will tie up more of the nitrogen in the soil in their decomposition than the softer mulches so a keen eye needs to be kept on fertiliser application to ensure the plant is not depleted of this important nutrient.

For those of you in high risk fire areas, a gravel mulch can be used and although it hasn't any nutrient value it doesn't burn or break down.

Finally, I need to mention the pests that start to invade the garden as the days start to warm and the sap is well and truly flowing. Sap sucking or leaf eating pests like thrip, aphid and caterpillars should be controlled as they can reduce the vigour of the plants which in turn weakens the plants and allows other pests to invade.

There are two great control methods that are available to control these pests.

The first is a synthetic Pyrethrum that is for use with the sap suckers and the other is a control that is derived from beneficial soil bacteria and is useful in the control of the chewing pests like caterpillar and other leaf eaters.

Call into your local nursery and check out all the new products that are available to make gardening more pleasurable and safer for our environment.

Till next month, keep smiling.

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4WD heavy duty steel box trailer, 7ft by 4ft, 5 leaf springs, mechanical breaks, heavy duty jockey wheel, as new tubeless radial tyres, superior Treg coupling (adapter for ball and socket provided) good condition \$1500 ono phone 0423 209 578

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Flat pack Kitchen, new unopened. 3 draw base cab 900mm qty 3, set of 6 draw runners qty 2, 150mm wine rack, 450mm 3 draw cab, base end panels qty 2, 900mm draw panels qty 3 classic beige. The lot \$1000 ono. Phone 0423 209 578

Saddle, English Barnsby Dressage Saddle, 16 inch, great condition, \$850. Ph 6493 7222

Saddle, All-purpose Bates 16 inch with adjustable gullet system. Excellent condition. \$750. Ph 6493 7222

Boat and trailer, Haines Signature. 4.93m fibreglass hull. Complete with Tinka trailer and Mercury 90 motor, all in good condition. Asking \$19,000. Ph 0448 689 486.

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Outboard Motor, 5 or 7HP, must be in good condition. Ph 0408 661 533.

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Book Review

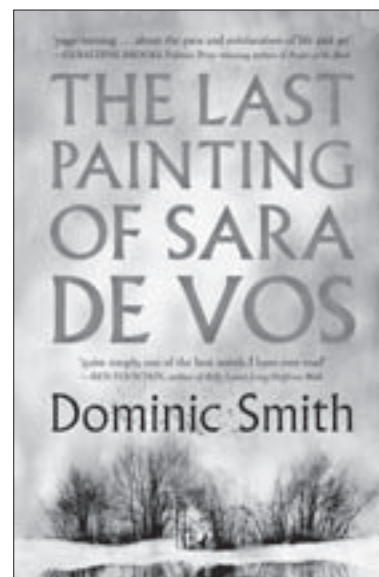
Heather O'Connor

Dominic Smith

The Last Painting of Sara de Vos \$32.99

Dominic Smith is an Australian author (living in the USA). I admit I had never heard of him, but according to a couple of reviews, it is only with the publication of this novel that he has captured national and international attention. The book tells the story of a fictional female painter in the Netherlands during the period of the Golden Age of Dutch masters, virtually all of whom were men. One of her paintings is inherited by a wealthy American collector in the 1950s, and is copied by a young Australian artist studying in New York. Leap forward decades, and she is now a well-respected curator back in Australia. As part of an exhibition for which she is responsible, both the original and the copied version of Sara de Vos's famous work is about to arrive to force our heroine to face her past.

The plot sounds complicated, but in fact the narrative flows seamlessly. The historical information about the Netherlands and the world of artists at



the time was terrific, as was the technical information about paintings (and the copying of paintings). This work also raises issues about the position of women artists in that period; the author's view is that over time, more women artists will take their place alongside Rembrandt, Vermeer and Frans Hal as their works are rediscovered. Here's hoping!

Pet of the Month

Deb Cox

Elmo the eight year old Labradoodle is a very special lad. He is gentle and loving, gets on very well with dogs, cats and is good with livestock. He is special in that he is blind in one eye. This in no way stops him joining in any activities that any other dog would but may dissuade some from taking him into their homes? Animal Welfare League NSW Far South Coast Branch has several other dogs for adoption including Bear the 20 month old Black lab cross Rotti; Reuban the eight month old male Bull Arab cross; Lilley the twelve year old female Maltese and Shadow the one year old Lab cross Staffy.

The cost of dogs over one year old is \$350 which covers de-sexing, microchip and lifetime registration, vaccination, worming, tick and flea treatment and a vet check. An extra vaccination is included for pups so the cost is \$375.

Fourteen week old Sweet Pea Emmy, Lock, Hurley and Stuart are some of the kittens waiting to be adopted. Prices of kittens are subsidized (\$200 covers de-sexing, two vaccinations, microchip, worming, flea and tick treatment and a vet check) in the hope that these rescue kittens will be adopted with all of the necessary vet care already done and that eventually we will be able to stop unwanted litters.

Cats available for adoption are Kitty the eight year old Tabby cat; Sox the seven month old Tabby and white, Bessie the black one year old female, and Max and Coco the nine month old black cats.

There are several other dogs and cats on our waiting list to be rehomed so please call 0400 372 609 www.facebook.com/AnimalWelfareLeagueFarSouthCoastBranch for more details.



Elmo is blind in one eye and needs a special home.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday, 5pm
Evening Prayer/Contemporary Service. 2nd, 4th
Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am,
HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays,
10am, HC. 3rd Sunday, 5pm Evening Prayer/
Contemporary Service.
Contact Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:30pm, games start at 3.00pm.
No experience necessary, call Nerida on 6493 4364 or
Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm – CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year
olds, reflecting Early Years Learning Framework.
Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo – once a month on a
Wednesday 1.30pm–2.30pm at CWA cottage,
Bermagui – every 2nd Friday 10.30am – 12pm in
the Ambulance Station. Quaama – Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for – partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,
1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at St Paul's Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
themed competition displays. We welcome visitors
at the meetings or on our monthly field trips. Ph
Michelle Merry 0409 020 458 & check website.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring Bill Johnston 6493 5447 or Fergus
McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at

contributions@thetriangle.org.au

For the Fridge Door

Sat 3	Festival of Dangerous Ideas	Windsong Pavilion, Four Winds, Barraga Bay	11am-3pm
	trivia night	Central Tilba School of Arts	7pm for 7.30pm start
Sun 4	live music: The Awesome	Tilba Valley Winery	12.30pm
	Australian String Quartet in concert	Windsong Pavilion, Four Winds, Barraga Bay	2pm-4pm
	CRABs duck race	Bermagui river boat ramp	from 12.30pm
	live music: Sami	Bermagui Beach Hotel	4pm-7pm
Wed 7	Sculpture in Bermi public meeting	Bermagui Community Centre	from 4.30pm
Thurs 8	ecstatic dance	Quaama hall	6pm
Fri 9	live music: Jay Podger	Bermagui Country Club	from 8pm
Sat 10	'Get Ready' with the RFS	Co-op carpark, Cobargo and Bate Street, Central Tilba	8.30am-1pm
	Rose Roberts' book launch	Well Thumbed Books, Cobargo	10.30am
	CWA Awareness Week Event	CWA cottage, Cobargo	10.30am-2pm
	fundraising sausage sizzle	Central Tilba hall	lunchtime
	Spring Sing: local choirs en masse	Windsong Pavilion, Four Winds, Barraga Bay	4pm
Sun 11	blacksmithing demonstration	Galba Forge 345 Yowrie Rd, Wandella	1pm-5pm
	live music: Dale Huddleson	Bermagui Beach Hotel	4pm-7pm
Tues 13	free 'Marketing Basics' workshop	TBA	5.30pm-7pm
Fri 16	Sandy M - karaoke	Bermagui Beach Hotel	from 8pm
Sat 17	full moon dance	Quaama hall	6pm
	Mediterranean Night, \$60, RSVP 10/9	The Sundeck ph 6493 3668	From 6pm
Sun 18	live music: Mac's Musos	Tilba Valley Winery	from 12.30pm
	community documentary screening	The Old Cobargo Butter Factory	3.30pm
	live music: The Awesome	Bermagui Beach Hotel	4pm-7pm
Tues 20	musical story time	Bermagui Library	from 10.30am
Thurs 22	performance of 'The Jungle Book'	Quaama School	12 noon & 7pm
Fri 23	ecstatic dance	Quaama hall	6pm
	live music: Don Ryan	Bermagui Country Club	from 8pm
Sat 24-Sun 25	ReBoot	Bermagui	weekend
Sun 25	blessing of the fire fleet	Quaama Anglican church	from 10am
	live music: Glenn Mood	Bermagui Beach Hotel	4pm-7pm
Fri 30	Darryl Lamb	Bermagui Country Club	from 8pm
OCTOBER			
Sat 1	Paper Plane Trio	Windsong Pavilion, Four Winds, Barraga Bay	2pm-4pm
Sat 1 & Sun 2	Cobargo Creators studio trail	around Cobargo	All day
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	Cobargo is Dancing	Cobargo School of Arts Hall	6pm-7pm
Tuesdays	Mind-less meditation \$20/\$10	16 Blackbutt Dr, Cobargo	9.30am & 5.30pm
1 st Tuesday	Bermagui garden group	venues vary, phone Heather: 6493 5308	
last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10am-12 noon
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	meditation classes	Kamalashila Tibetan Buddhist Centre, Tilba	10am-11am
	Dru Yoga class	Cobargo School of Arts Hall	from 10.30am
1 st Wednesday	Bermagui Historical Society meeting	Bermagui Museum in community centre	2pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes H'way Cobargo	10am-11am
	Bermagui Growers market	Fishermen's Wharf	2pm-3pm
2 nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
	CRABs raffles	Bermagui Beach Hotel	from 5pm
2 nd Fridays	Tilba CWA meetings	Small Hall Tilba	10am
3 rd Sundays	Cobargo/Quaama food swap	venues vary, phone Tam: 0409 882 944	10am-12 noon
last Sundays	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
Sat 3	'Diversity' exhibition opening 10am - 12 noon	Lazy Lizard Gallery, Cobargo	Mon-Fri 10-4, Sat til 1pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month