

THE TRIANGLE

COMMUNITY NEWS

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BROGO QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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The Triangle in Afghanistan



Locko proudly holding *The Triangle* at Camp Qargha in Kabul, Afghanistan

Lachlan Moore, born and bred in Bermagui, was a school captain at Bermagui School in 2002 and after finishing high school at Narooma he did casual hospitality work in Canberra until his acceptance to the Australian army. Lachlan did his basic training in Wagga Wagga then infantry training in Singleton before his posting to Lavarack Barracks, Townsville. Lachlan, then Corporal, transferred to the transport division within the army and did his transport training in Puckapunyal Victoria. With his infantry and transport training background Lachlan was elevated for deployment

to Afghanistan in January 2015 on a six months tour. Lachlan is part of Operation Highroad for the Australian forces training and mentoring the Afghan National Army at Camp Qargha, Kabul, Afghanistan.

Deployed overseas, Locko misses his son, two year old Maison; his Border Collie, Charlie; a good old Aussie BBQ and mum's good old lamb/beef or chicken roasted dinner. As long he doesn't have to do the dishes.

Locko loves to boast about *The Triangle* and his home town to his mates in the ADF and it keeps him up to date with local area news and information.

The photo shows Locko proudly holding up *The Triangle* while serving his six months tour as an armoured vehicle driver for the ADF in Afghanistan. Locko should return to Townsville mid July 2015 and we hope to see him shortly after that.

Please note that our political views are not for or against Australia being involved in this conflict, it is Lachlan's job.

Lachlan is our son, his mother Lyn and I love him, we are proud of him and miss him terribly.

Dave Moore

Last month we sadly said farewell to the founder of Four Winds, Neilma Gantner, who passed away in June. Continuing her legacy on 3 July, Four Winds will again host outstanding musicians in the Windsong Pavilion when the Canberra based Griffyn Ensemble bring their multimedia production *The Dirty Red Digger* to Barragga Bay. Including archival film and images from the First World War *The Dirty Red Digger* also explores the history of Rugby League and a variety of social issues through music, film, football and history. The ticket prices are more than reasonable, ranging from \$13.77

(U16) to \$73.95 for a family of four and there is more about the Griffyn Ensemble elsewhere in the paper.

On the subject of Diggers we have received an interesting photo of a local, Lachlan Moore, who is spending six months in Afghanistan and is pictured with copies of our little paper. Have *Triangle* will travel perhaps?

Music and the arts generally are blossoming in the district and Cobargo seems to be an actively growing hub, a veritable hive of activity. In June the Yuin Folk Club held an unstructured gathering of musicians in the pub, the

Cobargo Creators put out a call for more volunteers and the Cobargo Express have started hosting 'Open Mic Nights' on the last Friday of the month. Meanwhile, in Bermagui, The River Rock Café turned ten and held its celebratory birthday party on Friday 26 June. Also with music and song.

Let's face it, it is winter and we need a little lively activity to help carry us through the winter solstice into the light of the longer days. Before we know where we are we will without doubt be grumbling about the heat. C'est la vie.

Letters to the editors

Tilba Halls

Dear Editors,

The Tilba Anzac Exhibition Committee wishes to thank the community of Tilba and environs for their strong support and attendance at the Exhibition around Anzac Day, as well as those who assisted with the Exhibition, especially those who contributed funds, specifically the Tilba Festival Committee and Narooma RSL Sub Branch.

We have recently finalised our costs. Major expenses included:

- building and transporting the exhibition screens - \$949,
- contribution for hire of halls - \$800,
- printing of display material - \$622.

We are pleased to announce that whilst all initial finds were consumed, we have some money left over from the gold coin donation box, amounting to \$638. Of this, \$500 is in the process of being donated to Legacy, and the remaining amount will be donated to Tilba Public School.

We trust that all who saw the exhibition appreciated it, and gained value and greater knowledge and understanding from doing so.

Thank you again to all,

Tilba Anzac Exhibition Committee

To the Editor,

On behalf of the Tilba branch of the CWA, I would like to thank the small group of volunteers who work hard to maintain the beautiful halls in Tilba, and keep this valuable community resource available for hire.

The halls committee do a huge job, for which we are extremely grateful.

Kind regards,

*Linda Appelgren
President of the Tilba CWA*

'...the biggest threat'

Dear Editors,

The Triangle Community News

Your June edition editorial informed us that a group in Bega, "want to amplify the message that it is homophobia that is the biggest threat to young people".

Well, that would put drugs, family breakdown, unemployment and bullying (for starters), into perspective!

Except that, in possible defence of the Women's Resource Centre, the article on p23 (as printed, at least) didn't go so far as to make that big 'call'.

Dave Richard-Preston

I thank the writer for this letter and apologise for any lack of clarity in the June editorial.

I think there is evidence, particularly in rural areas, of a strong link between homophobia, bullying and youth suicide. To a lesser degree there may be a link between homophobia, youth homelessness and drug use. These problems all require our attention and urgent action. - Ed.

Hurray for the Triangle

Dear Editors,

Time for a collective pat on your backs! What an excellent service *The Triangle* is for this community. As an avid reader I am constantly impressed with the diversity within this community, the depth of talent in so many fields and the wide range of activities available locally. Through reading *The Triangle* I discover interesting activities and events I want to join or attend, I marvel at and am inspired by the resourcefulness of people in this community, and I can find useful contacts through the service directory - an essential list for new and established residents, and my list goes on...

Your efforts, all voluntary, contribute to building a stronger community by bringing to light all these local happenings and enabling networking.

Friends often say to me "How do you know so much about what is going on?"

"I read *The Triangle* from cover to cover," is my reply!

Keep up your wonderful work!

*Fiona Drum
Verona*

Thumbs Up

to 'Sir Helps-a-lot' for assisting over and above the call of duty on Friendship Day

to the Narira 'Creek Crew' for improving Narira Creek and the bridge, the park...



Thumbs Down

to the person/s who threw rubbish labelled Woolwoths 'staff purchase' onto the road to Akolele. I put your partially eaten spicy chicken thighs in the bin.

Letters to the editors

Support and Appreciation

To the Editor,

As a Tilba community member I was deeply upset and disappointed by the recent criticism of the Tilba School of Arts Trust. The Tilba School of Arts Committee have been working tirelessly to fundraise, apply for grants and make much-needed improvements to the hall hire process. It should be noted that the Central Tilba Halls are not financially supported by Council or any other government body. The halls are the entire community's responsibility, not just the Tilba School of Arts. We should give our support to the committee and its hard working members for doing an outstanding job of looking after the halls. The Central Tilba Halls are a historical icon, community asset and a great space to hire for many and varied occasions. If we cannot volunteer our time to work on the halls or attend committee meetings the least we can do as responsible community members is pay for our use of the halls. The committee needs to be fair and consistent and can't afford for anyone to take advantage of or have free access to the halls. It should also be noted that the School of Arts offered the Anzac Committee reduced 'member' rates, free set up time, volunteer time in assisting them to prepare the halls ready for setting up their exhibition, spent many hours re-painting the entranceway and kitchen in the Small Hall ready for the morning tea and offered their services for tea and coffee provision after the service. I feel that the School of Arts committee members have been generous by giving their time and energy for the Halls on behalf of the community. If we want the Halls maintained, functional and open for public use then we should start showing our support and appreciation.

Cara Elton
Central Tilba

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A group photograph outside Well Thumbed Books, Cobargo

Asylum in Cobargo

Dear Triangle,

At the launch of Isobel Blackthorn's book *Asylum* last month, Dr Rosemary Beaumont pointed out that Australia has a history of being settled by people running away from something.

She also noted that the phrase 'think globally, act locally' could be supplemented with the phrase 'speak personally' and that we need new ideas for the future, new ideas about love.

I've heard it said that the greatest problem the world will face as a consequence of global warming will be the impact of refugees.

One door closes, one opens...

By the time you read this, *Belongings* second chance goods will have ceased trading in Wallaga Street, Bermagui where we have thoroughly enjoyed offering furniture, homewares and a myriad other items since 2010.

After a July/August break (watch for shed/garage sale) *Belongings* will re-open at a new Bermagui location – yet to be determined. It has been extremely heartening to have so many support the concept of taking unwanted goods and finding a new home/purpose for what may otherwise have become landfill.

We will keep you posted via *The Triangle*, Facebook and the Visitor Information Centre as to where and when to find *Belongings*. In the meantime we will seek out a fresh selection of items worthy of a second chance.

Thank you all for your custom,

Lynne Sutherland

I propose a place for refugees in Cobargo. It would boost the economy. Increasing the town's population would mean more attention from council for facilities and governments for services.

But we would have to integrate a completely different culture into our lives. Could we handle that?

If refugees came to live in Cobargo some might be traumatised and strange, some might be religious nuts, some would be old and frail and some of them would just want to go to school and play with others their own age.

Just like the people of Cobargo really,

Sarah Gardiner
Wandella and Cobargo

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It's certainly a little quiet around town at the moment as the middle of winter approaches. Less people out and about, and Lamont Street looking deserted at times. Of course, the closure of Foodworks will probably mean fewer people up and down the shopping strip. Still, most people thought it was bound to happen, and others are glad to see it gone – feeling it has profited from this community for way too long with high prices. Bermagui residents have obviously voted with their feet and been lured by the 'cheap cheap', and who can blame them! But it's a bit sad to see that big empty shop in the middle of town.

Already rumours are floating around town as to what will be going into the building. Most rumours are unfounded (maybe a bit of wishful thinking), but it does give us all something to speculate on. Apparently, the building was purpose-built to house a supermarket, so we may see some modifications before it is in use again. Undoubtedly someone will come up with a great idea and a new tenant will soon be in residence.

There is also talk of the arcade in Lamont Street opening up to the lane and Woolworths, providing a walk through passage between both areas. What a great idea. Will keep you posted on this development.

And, when Bega Valley Shire Council goes ahead with the fantastic landscaping plan they have approved for Lamont Street,



Come in and see what culinary delights are on offer at 'Guys Place'

we will have a vibrant and exciting place to shop, eat, sit, meet and chat in the future.

New eatery comes to town

Have you discovered 'Guy's Place' yet? Guy Lamond has just opened his unique, innovative eatery in the arcade at 14 Lamont Street, Bermagui. Just follow your nose and the delicious smells will tell you are in the right place. During the cold winter months, Guy is specialising in serving hearty, slow-cooked, comfort food, everything from soups, stews, braises, curries and laksas. The menu is limited to three dishes per day. This allows Guy to provide affordable, low cost meals to his customers. His menu changes daily and you can experience the tastes of the world. The

Moroccan Lamb with Cous Cous I tried was excellent. You can eat in or take home Monday to Friday from 11am to 2.30pm, and he remains open for take home meals until 6pm; Saturdays from 11am to 3pm and closed on Sunday. But, you better get in quick because, once the pot is empty there is no more for the day! And, judging by the people coming and going, somehow I think he may be looking for a bigger pot in no time at all. Welcome to Bermagui, Guy. Best wishes for a successful business venture

Biggest Morning Tea

A small group of Fairhaven residents got together in memory of Carolyn Carter for the Biggest Morning Tea. Carolyn was the mover and shaker of those huge

Biggest Morning Teas held in the Bermagui Country Club when the auditorium would fill to overflowing, the most spectacular food was on offer, courtesy of the ladies from the Arts groups, and several thousands of dollars were raised over the years for the Cancer Council. Sadly Carolyn became a victim of cancer in 2013. Husband John decided he wanted to keep her legacy alive, so organised his own version of the event – albeit a lot smaller. As well, several other groups held their own Morning Teas all over Bermagui, so this community is still doing its bit to raise funds for the Cancer Council.

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this edition. **Saturday 18th July**

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Shooting from the Heart

Congratulations to amateur photographer, Peter Cotton, from Wallaga Lake for his Category B win at the *Animals in the Wild* photographic competition, held over the June long weekend in Bodalla. The competition and exhibition was organised as a positive response to Huntfest, the gun and killing expo, held in Narooma the same weekend. *Animals in the Wild* organisers encourage animal lovers and nature enthusiasts to get out into the bush and 'shoot' native animals with cameras, not with guns. It was offered as an alternative destination for lovers of the great outdoors who perhaps have a different perspective to those who attended the other 'festival'.

All OK at the OK Shed

Bermagui's very own Charity Shop is open for business every Thursday, from 12 noon, at the All Saints Anglican Church in Wallaga Street. Where else can you pick up some bargains in good quality, clean used clothing as well as household crockery, glassware and kitchen items, toys, books, CDs, DVDs, towels, sheets – it's all there.

Donations of clean used clothing are always welcome. However, some items unable to be sold (by law) are used electrical goods and mattresses. As well, used furniture is not accepted simply because there is no room to store it.

Volunteers ask that local residents drop their used goods during opening hours and not leave them on the church doorstep unattended. Please talk to a volunteer if



Prize winning photograph, *Flighty Pelican* by Peter Cotton

you are unclear as to what can be used in The Shed.

And, after you have finished browsing, take a look at the magnificent stained glass windows in the church. All have been crafted by local artist Phyllida Cameron in beautiful, bright, modern designs. Well worth a look!

Life Long Learning with U3A

Need something to cure those winter blues? Why not think about doing a course or participating in an excursion with U3A?

If you are not already a member, just call into the Information and Registration Day to be held on Wednesday 8 July at the Bermagui Country Club. You will find out more about all the fantastic courses on offer.

Keep your stories coming I will be taking a break, and heading north for a little while. But please keep sending in your articles and stories to contributions@thetriangle.org.au.

VIC vollies adventure at Mimosa Rocks NP

Volunteers from the Bermagui Visitor Information Centre were treated to a day of spectacular scenery when an excursion, or 'familiarisation tour', was organised by the Bermagui Area Chamber of Commerce and Tourism.

Leaving in a convoy of 4WDs on a perfect winter morning, the group of eleven set out to explore the Mimosa Rocks National Park. First stop was the most southern point of Nelsons Beach, followed by Wajurda Point, Gillards Beach and Bithry Inlet where a picnic of sandwiches, lamingtons and fruit provided by Bermi's Beachside Takeaway was shared. Then it was off to Middle Beach, Picnic Point and the last stop, Aragunu for a walk along the boardwalk to see the amazing rock formations. Words like 'amazing', 'stunning', 'spectacular' and 'magical' were heard as we learnt about our nearest



Visitor information Centre Manager, Christine Bimson (4th left) and Chamber of Commerce Secretary, Marian Manning (2nd right) show a group of enthusiastic volunteers the stunning scenery of Mimosa Rocks National Park

National Park.

Centre manager Christine Bimson said: "We are so lucky to have such a gorgeous natural environment so close to home." Christine would like to thank Sue and John Singleton from Bermagui Motor Inn, Marian and Mark Manning

of Bermagui Pharmacy and Helen and Charlie Miles, VIC volunteers for providing transport on the day.

Bermagui Visitors Information Centre, which is run by the Bermagui Area Chamber of Commerce and Tourism, often organises these 'family' trips for its volunteers. It allows volunteers to have a better knowledge of the area and enables them to give visitors up to date information and advice. Tourism is our biggest industry and volunteers who are knowledgeable and well trained are one of our biggest assets.

New volunteers are always welcome at the Bermagui VIC. If you are a 'people person', love meeting and talking to new people, have three hours a week you can spare then maybe you would like to work in our fantastic centre. If interested, call in and talk to Christine Bimson or phone on 6493 3054.

Carolyn Banados

Help the Seaside Fair

Almost everyone loves the Seaside Fair, with its wonderful sense of community and celebration.

Many people volunteer their time on the day and our event managers organise each of the activities that take place.

After 18 years I will be retiring from the committee.

The remaining four committee members need some assistance.

We need a few people to help assist the committee with media and PR, administrative support, event and entertainment support, site logistics and anyone with some managerial experience.

We are all volunteers.

Bermagui Seaside Fair raises funds for local youth and community projects and so far we have donated over \$60 000 and benefitted 28 local organisations.

So if you've ever thought of joining the fun, now is the time. Please call Christine on 0427 933 378.

I would like to take this opportunity to thank all those people who have helped, participated and supported us over the last 18 years.

Couldn't have done it without you.

Jo Jacobs

More Children's Services



Some of the lovely smiling faces at Bermagui Preschool

Lots of exciting things are happening at Bermagui Preschool. Many of you will have noticed the wonderful new adventure playground being constructed there. This has been achieved by staff and a dedicated group of people who have given their time, materials and labour to construct this play area. Grants have been received to complete the project. The children have been involved in deciding what they want from their playground and have been

watching as the work proceeds.

The next big step for the Preschool will be the construction of an additional new room – the Development Application is approved! Building will start in the second half of this year.

The staff, Board of Directors and families have

been working hard to reach this point and are delighted that 2016 will see a new second room ready for more children to attend the Preschool.

There is also the possibility to offer all families in the Bermagui area an extended hours and school holiday program for all children aged from 3 to 12 years old. The proposed hours of care would be 7am-9am and 3pm-6pm Monday to Friday and 7am-6pm in school holidays.

These programs will be fun and stimulating for all the children who attend, either as an extension to their preschool day or for primary school age – before and after school and in school holidays.

To help gauge the interest and need for these programs, the Preschool is currently surveying families. We would love to hear from you if these services would be of interest to you. You can contact the Preschool by phone on 6493 4183 or go to www.bermaguipreschool

There are also survey forms available from the Preschool and the Bermagui Primary School.

Narelle Myers

Director/Early Childhood Teacher

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High Tea for cancer research raises over \$500

Thanks to everyone who helped make the High Tea we held to raise money for cancer research such a great success. Ladies and gentlemen enjoyed a range of goodies on the day including caramelised onion and blue cheese pastries, different breads, homemade scones with jam and cream and other yummy treats.

The weather put on its best with plenty of warm sunshine, even the dolphins decided to put on a show for us to enjoy.

We were overwhelmed with the generosity of local businesses who kindly donated to the lucky door prizes: Bermagui Fresh Food Emporium, Stitch Connection, Bermagui Cellars, Guy's Place, Par La Mar sweet boutique, Bermagui Newsagency and Woolworths Bermagui.

We have raised \$515 so far for cancer research. Thanks again everyone

*Bermi's Beachside Cafe and Markets on
Lamont*



Members of Bermagui Ladies Golf with Shane and Barbara Jankovic at High Tea

Calling all old phones: fundraising for orphans

Many residents in the Triangle area will be aware of the Loom Growers, a Special Interest Group of the Sapphire Coast Producers Association.

Since 2003 this group has raised well over \$100 000 for small-scale overseas aid projects benefiting rural communities.

In recent years, through sales of Asian crafts, morning teas, film and dinner events, piano recitals and other musical concerts the Loom Growers, with the heart-warming support of Triangle locals, has raised money for Mahboba's Promise, the Australian charity working in Afghanistan

to house and educate orphans, to improve the lives of widows and children and to empower them through training and the gift of tools, plants or animals.

As a community we have built houses, wells and permaculture gardens, bought fruit trees, cows, chickens and sewing machines and provided education to the many orphans in this war-ravaged country.

We have now been asked to donate old mobile phones. That pre-loved mobile phone you have sitting in the drawer could become a vital communication tool for

the disadvantaged in Afghanistan. Let us know if you have one available and we will ensure that it is put to good use.

Looking for smartphones in particular, but anything helps. Contact us by email at office@mahbobaspromise.org or give us a call at 02 9887 1665. To find out more about the work of Mahboba's Promise go to www.mahbobaspromise

For further information on the Loom Growers contact Carole Broadhead 6493 3678 or Dawn Hollins 0429 923 005.

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Icy mornings and crunchy grass are the flavour of the moment in our little village, making up for the relative mildness of last year's winter. Jonquils and wattle at the end of May! I wonder what July will bring as we huddle for warmth and seek out the sun's rays wherever we can find them, whilst tending our gardens, happily enriched by June's plentiful rain.



Baking Buddies fundraising in tutus

Two people who haven't let the cold weather slow them down are our resident Baking Buddies, Lorraine James and Beth Dogan, who, one Saturday morning last month, 'donned their bright red tutus and fundraised for their MS walk in Canberra the following week, adding to donations, their takings from the day's stall. The

pair raised the handsome sum of \$550.10 on that morning alone. Not to be outdone, Lorraine's husband Ray, challenged by some to 'don a tutu for a day', obliged and raised a further \$270 towards the effort.

The Cobargo School of Arts Committee are excited about recent news approving the painting of the interior of the hall. The process of submitting a Development Application to council and waiting for approval took just on a year. Needless to say the group members are delighted with the news. Louise Brown, committee mover and shaker, is hoping it doesn't take another year to get the job done!

Recent chatter around the village has been in celebration of the retrieval of yet another of the village's missing cows. Camouflaged by the leaves of one of the street's crepe myrtles, it sat, hidden from view, awaiting discovery. The retrieval operation, under the expert care of Bangles' Der Loth was highly successful, bringing about another happy reunion.

Our village cows were originally part of a concept implemented by the Cobargo Business & Tourist Association (CTBA) to create a truly 'Cobargoan' approach to street decorations for the 2013 festive season. They were such a hit that they've now become synonymous with the village.

Over past years, the CTBA have been behind many of the village's achievements, from lobbying for large vehicle off-street parking to bringing bus tours to the village. They lobby council on our behalf to ensure that we get our share of council dollars for the community, facilities, landscaping and the streetscape. They have organised many of our big market days and have been behind the village's upgraded rest rooms and the painting of the bridge. These are



A Cambodian house built with funds from the Tabitha Foundation. Can we raise funds for a 'Cobargo House'?

but a few of the group's achievements. The CTBA are holding their AGM on Tuesday July 14 at 6pm at the Train Cafe. They're hoping to increase their membership in order to continue the work they do. You no longer need to be in business or have an ABN to join, so if you're interested in helping plan for the village's future, or have ideas to share, you might consider going along and getting involved.

Also adding to the popularity of our village are Gordon and Julie Steele at the local pub. Julie and Gordon have recently installed an RV friendly dump point, available for use, free of charge, to all RV travellers, as well as providing hot showers, laundry facilities and great meals for weary travellers. As news of this wonderful facility spreads, more and more people are stopping off in the village, bringing much needed business and \$s into the community. And speaking of the pub, not only did they host a great jam session last month, but they are soon to host a fundraiser for the Tabitha Foundation. The MegaQuiz, to be held at the pub on Saturday 18 July at 7pm, is part of an ongoing movement to help struggling families in Cambodia fight an ongoing battle to escape poverty. A group of passionate locals are raising funds, under the auspices of the Tabitha

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Foundation, to build a house for the poorest of Cambodian families. Every cent raised goes to those in need. So gather some friends and join quizmaster Brian Myers for a great Mega Quiz of a night.

Another local group doing good things for those in need is our local CWA.

They now have enough donated supplies to send off another 12 Mother and Baby Packs to PNG. The group would like to extend a big thank you to the many people who have donated nappies and pilchers and towels to finish off the packs. Each pack is labelled "From Cobargo CWA", so the fame of this beautiful village of ours will spread.

Members attended the International Day at Bodalla CWA. The Country of study for this year is Italy, so attendees enjoyed a local speaker talking about Southern Italy and of course, the wonderful tastes of Italy followed. They also attended a fundraising Fun Sports Day at Narooma. Much hilarity ensued as most turned up in sporting gear and there were games aplenty!

The CWA cottage is getting plenty of use of late. It is a friendly and warm venue for small meetings up to about 30 people. The rates are reasonable, please contact Mary Motbey on 6493 6428 if you are interested in hiring the cottage.



Members of the CWA packing Mother and Baby Packs to send to Papua New Guinea. Lrft to Right are Mary Williams, Debbie Fisher, Mary Motbey, Lee Fawcett and Joan O'Halloran

On the agenda for next month is a discussion about the large factory trawlers and banning them from fishing in Australian waters. Local members are hoping to take the issue to the next CWA State Conference to seek support in lobbying the Federal Government.

There is something for every woman in CWA. If you'd like to join them, they meet every second Tuesday of the month starting at 10.30 am. You can be assured of a warm welcome and a cup of tea.

Coming up in July at the CWA cottage is the next community documentary, INHABIT, a film which provides an intimate look at permaculture people and practices. Such a relevant topic for our community in this day and age. As always, a donation of \$5 is requested to cover costs.

Saturday, 20 June saw a wonderful

gathering at the Well Thumbed Bookshop for the launch of Quaama's Isobel Blackthorn's latest book, *Asylum*. Starting the proceedings, Dr Heather O'Connor talked about our most wonderful and recently departed local, Neilma Gantner, founder of Four Winds, Mumbulla Foundation and hundreds of other local organisations, who had learned from her father that money was meant to

be spent on community, establishing a path of philanthropy in his family.

Dr Rosemary Beaumont then talked about the duality of meaning for the word asylum: a sanctuary, and a prison for the unwanted, along with the fact that 90% of Australians have come from migrant families, from poverty, or have come here to escape unbearable political situations. The movement of people has increased substantially, making the issue of refugees a worldwide issue. Dr Beaumont discussed the fact that we live in a country that has taken a most inflexible approach to refugees, allowing shameful displays of cruelty, barbarity and inhumanity toward these people, before introducing Isobel, "a spirited individual, doing everything at 100%". She said that reading *Asylum*, she was struck by the author's word-smithing, and her keen observation and crystalline intelligence, which come through the story. The launch, hosted by the Well Thumbed team, was a wonderful gathering, with standing room only for those who didn't arrive early.

Asylum has been reviewed to be "the sort of book you want to savour". It has enjoyed five star reviews and great feedback regarding its engagement. The intention of the book is to get people who don't usually think about the plight of refugees to think and question the status of these people around the world and in particular in Australia, with her narrow perspectives and inhumane treatment of people in genuine need.

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Preschoolers out and about in the community

This term we have been talking about our community and the people in it.

At the beginning of May the children walked to The Working Dog Bakery. Sandy prepared the morning visit full of exciting things to do.

We watched pies being made: the baker rolled out the pastry and filled them with delicious fillings.

The children made some passionfruit tarts which we ate for afternoon tea.

Cobargo Preschool have been busy in our local community and we would like to express our appreciation to the community members for being involved in our preschool.

Our preschool is open Tuesday to Friday 9am to 3pm. You can contact us on 6493 6660.

Shelley Boyle

MegaQuiz @ Cobargo Hotel for the 'Cobargo House' in Cambodia

Come along to our MegaQuiz night with a difference! Help us raise funds to build a house for the poorest of Cambodian families under the auspices of the Tabitha Foundation, where every cent raised goes to those in need. See www.tabitha.org.au/cms/

Shirleyanne and Brian Myers of Wandella, and Samantha Fenton and Fiona Drum of Verona were so inspired by the recent MiniTEDx presentation at Well Thumbed Books by Mick and Fran Trenerrey of Bermagui Cellars speaking of the work of the Tabitha Foundation, that they decided to take on the challenge of

raising funds for a house. This basic house, built with just \$1700, means the difference between an ongoing battle to escape poverty and an enormous leap forward for a family by gaining personal safety and a basic level of economic security with opportunities to put income towards food and education.

Cobargo Pub is the venue for a night of fun with quizmaster Brian Myers (former CSIRO scientist) challenging you with original questions covering subjects ranging from the arts, science, nature to local knowledge – something for everyone. So gather your friends to make a table of

8-10 or come along on the night to join a group desperate for more brains! Prize awarded for the most original team name. Also there will be a silent auction of a wide range of donated gifts and vouchers. At \$10 per person, with great prizes, you'll have an entertaining night out and know you are making a difference for one very disadvantaged family in Cambodia.

Saturday July 18 is the night, at 7pm.

Contact Samantha or Fiona on 6493 8594 or 0419 718 615 to book your table or to donate goods. Come early and dine at the pub before the MegaQuiz commences!

Fiona Drum

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Friday: Raffles, First Draw 7.30pm

July Entertainment:

3rd: *Joe Driscoll*, 8th: *State of Origin 3*, 10th: *Chris Rulewski*,
17th: *Ray Stephens*, 19th: *Monster Raffle* tickets on sale 1pm,
drawn 3pm, \$1000 worth of Meat Trays, Seafood Trays, Fruit &
Veg boxes, Live entertainment from 1pm, 24th: *Jesso & Steve*,
31st: *Matthew Fagan*



Local Think Tank for Community Communication

Thanks so much to those who came to the discussion on 24 April, and those who were there in spirit. And special thanks to our host Charles at Sweet Home Cobargo, who fed us and also contributed to our discussion. We had contributors from Cobargo, Quaama and Brogo and a number of community groups and businesses were represented: a wonderfully diverse group with a range of interests and experiences.

Just a few of the ideas that were discussed, and a couple of actions to put in place were:

- A regular open mic night will be held in Cobargo on the last Friday of every month, open to musicians, poets, storytellers, comedians, mimes, or just people with an idea or a point of view.

- Get a skills list together for people to find out who does what, both for a fee and for free. We have a wealth of experience and such diversity in our little area, so being able to tap into this when needed is important for the intellectual and practical health of the communities around us. Some avenues are already available in the community but maybe we could develop an online and hard copy resource. Any ideas?



Relax kid....it's just the Community Think Tank

- We could use the facilities we have in place better. The local community email lists can be used as virtual conversation spaces for gleaning and sharing information as well as sending notices about events.

- A 'welcome' pack with info about how Cobargo and nearby communities connect. This could contain info useful to newcomers and locals.

- The noticeboard that used to

be outside the toilet wall is missed. We need a community noticeboard back on the main street.

- Ros spoke about her plans for re-establishing an op shop in Cobargo. Such a venture would be well supported by Cobargo and surrounding communities. Ros would welcome the involvement of anyone who has experience such as book keeping, working within the incorporations act and supporting volunteers etc - who could support them. If you can help, call Ros 6493 6451 or 0419 818 240.

- Charles shared information about alternative approaches to land repair and this led to a discussion on how logical approaches are not always sanctioned by bureaucracy.

Communities need to be more active in forcing change.

So you can see already that the issues and interests that concern our communities are broad and a regular forum to air them and put some solutions forward may be just what we need.

What do you think?

Veronica Abbott

Narira 'Creek Crew' restoration work happenings

A big thank you for all the positive comments, we the 'Creek Crew' have been receiving. We are nearly at the end of this round of funding and the application for next financial year has been submitted. Fingers crossed, we again receive more funding from BVSC to enable us to continue. In our sights for the next financial year, is the north side of Narira creek between Bank St and Hillview St. Of course, we will also continue to do maintenance on all sites we have revegetated in previous years. Our group members are only volunteers and do get a bit disheartened at times with such a daunting task but these positive comments do mean so much.

Also a HUGE thank you to the contractors, Steve from SOS Tree Management and to Mika Leahy of Coastwide Steel & Crane. Also to Narelle and Sandy who always help out on big planting days.

The aim of the revegetation is to remove all the privet, willows, honeysuckle, Robina and box elders that are/were clogging the creeks. We plead



The start of work on Narira Creek that has led to a spectacular restoration of the area thanks to the efforts of the Narira 'Creek Crew'

with all Cobargo town residents to help us help our local environment by removing these from your own gardens which will in turn reduce the seedling infestation of the whole Cobargo area.

We are doing this revegetation work under guidance and advice from Local

Land Services along with Merryn Carey of South Coast Flora. The group is extremely appreciative of all advice and guidance received.

We have also developed a good working relationship with council teams which has also enabled us to achieve much more towards the beautification of our town. You may have noted the new picnic table and bench seat behind the pool area, the new guard rail on the approach to Wandella Bridge and the stunning new fence opposite the hotel on the creek bank. We are still in negotiation with Council for the new fence around the park and opposite the Cobargo Hotel.

We look forward to being able to continue our work and are always looking for extra volunteers to help us.

Please either contact by reply email or phone Tania 0488 091 085 or Vicky on 0422 377 278

Vicky Hoyer



Isobel Blackthorn launched *Asylum* at Well Thumbed Books

To Sir with relief

At last Quaama School has a new principal, Graham Roberts. He's starting at the beginning of next term. Mr Roberts has been filling roles as relieving and deputy principal at Tathra Public School over the last few years and was previously a teacher at Cobargo Public. I've talked to staff and parents and they sound delighted that Mr Roberts has agreed to take the post, especially after the upheaval of the last few months. "We're really looking

forward to working with him," said K-1 teacher Jenny Hobbis. "He's strong and fair. He's going to be an asset to our school in every way."

Quaama author's launch

I was delighted to attend the launch on Saturday 20 June of *Asylum*, a novel by Quaama author Isobel Blackthorn. Isobel is also an active campaigner for Bega Valley Rural Australians for Refugees (BVRAR) and held the launch as a fundraiser at Well Thumbed Books in Cobargo.

The British-born Isobel spoke of her own experience trying to gain permanent residency in Australia, upon which the struggles

of her heroine, Yvette Grimm, are based. Yvette is also seeking refuge from an abusive relationship and the various meanings of asylum are a running theme in the novel.

Isobel read a short extract from *Asylum* – despite the serious subject there were funny moments, and the premise is fascinating. Interested? It's available at Well Thumbed Books, Cobargo Creators and the Cobargo Post Office.

QTC powers on

The Quaama Tennis Club held a Family Fun Day at the end of May and raised almost \$500, so they can now finish fencing the property. President Becky Grenfell says about 75 people turned up and it was a great afternoon.

(Almost) feeling the heat

The good news is that the Hall Committee have raised all the funds necessary to heat the Hall, have bought the heaters (reverse cycle air conditioners), and installation is imminent. Good thing, because The Can't Sing choristers have been singing all their parts in a quavering vibrato. And the Drama Troupers, bundled up in coats and gloves and hats, have been desperately searching for scripts set in Alaska or Iceland. Any day now, I hear...

Memorial Service

for the late

Dorothy Pantland of Cobargo.

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Nardy beds blocked from families in need

Chris, 46, spent a few days in his family home recently. Not headline material, I know. But Chris has an acquired brain injury as a result of a motor cycle accident and has been resident at Nardy House since 2009.

When profound disability strikes in adulthood, as a result of illness or accident, full-time care of a spouse, even with family support, can be traumatic and beyond the skills of the average person.

And parents of profoundly disabled children have much more than the grief of their child's condition to deal with every day. A small child who cannot eat by herself, bathe herself, even get in or out of bed by herself is one thing, but what about when that child gets older, heavier, while you yourself are getting older and less able to lift her? And if your child outlives you, what then?

Many of these adults and children will end up in nursing homes, their fellow residents years or decades older. The lucky ones, the lucky families, find respite at Nardy House in Quaama.

Nardy House is the only fulltime, fully-staffed respite facility for the profoundly physically disabled in NSW. Nardy has two services: the respite facility and the permanent facility. All six beds in the permanent facility have been full since the new wing opened in October 2014. And the six beds in the respite facility are constantly in rotation for clients from 22 families living from the Central Coast down to the Victorian border.

Or, they *should* be. But two of the beds in the respite wing are blocked. This means that they are permanently in use by two clients whose families checked them in for respite one day and have not taken them home.

I was shocked when Denise Redmond, CEO of Nardy House, told me that. But then she explained. These families no longer have the resources – physical, or mental, or financial – to care for their family members. It's not their fault. The

levels to achieve Nardy House. The truth is that every region needs a Nardy House and no other region has one.

"The new National Disability Insurance Scheme needs to be accompanied by a massive capital building programme to assist carers whose caring days are over," she said. "To pretend that all care can be given within the family home is naïve in the extreme. We were told that Nardy House was not needed and we would never fill it because we had concentrated on a

specific level of need.

"We never doubted the need, we have filled it and we have now proved the worth of this model."

As sad and shocking as I found the conversation with Denise, I felt deeply grateful for the existence of Nardy House – that there is a place, when these families reach breaking point,

where their son or daughter or husband or wife will be safe and comfortable and have all their physical needs met. Grateful to Denise Redmond, Betsy Hilton and the Nardy group for the incredible job they did to ensure that Nardy happened, and to the dedicated staff for their care for these most vulnerable members of our community, day in, day out.

Jen Severn



Chris, a Nardy client, recently spent a few days at home with his wife. Chris is pictured with Lily, who owns a Nardy staff member

fault lies with the lack of permanent respite facilities elsewhere in NSW. It's an area spectacularly neglected by governments – state and federal.

So Nardy House, originally built to give a break to despairing families, now only has four beds for respite care. What happens when the next family reaches breaking point?

Denise told me, "The Nardy House Committee and Board struggled for two decades and lobbied at all government

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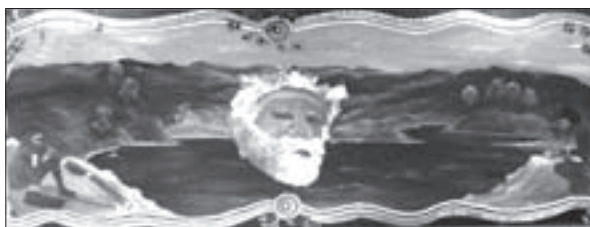
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The Murrah Hall - the place to be since 1903

The Building

The Murrah Hall has a sign on the building proudly announcing 'Murrah Hall Est.1903'. Built to service the local community, it opened in September 1903 with a sports day, concert and ball and subsequently was used for dances, euchre nights and also by various church groups. But times change and over the years it gradually fell into disrepair. In the 1970s the hall was reclaimed by the community and restored with the intent of creating a space for drama rehearsal and production and it was used by the Bermagui Theatre Workshop amongst others. (Sourced from the Heritage Study by Judith Gleeson referencing Ann Gollan, 1984)



Murrah wall painting

Since that time the hall has undergone substantial but sensitive renovations, including re-stumping following a large and enthusiastic audience attending an early concert. There is a good kitchen and the supper room has been decorated with murals and the tables painted with decorative elements. These artistic efforts were organised by Pauleen Harris. The hall committee is again raising money, this time they are aiming to reach a total of \$5000 which would enable them to buy a mobile

dressing room.

Unlike the other small halls that scatter the district and which are nestled close within the structure of the local villages, the Murrah Hall is remarkable for its isolation. Standing in a small cleared space about two kilometers south of the Murrah River on the Bermagui-Tanja Road there are no other unrelated buildings visible in the immediate vicinity.

The Theatre and The Music

Perhaps it is this isolation that has given The Murrah its very special reputation. Over the last decade Murrah theatre productions have been epic (*Equus*), dramatic (*Blackbird*), hilarious (*The Lone Ranger Radio Show*) and eclectic (*Some Animal, A Bird, Mainly Human*). All featuring local performers in sell-out seasons where audiences compared them favourably with national and international productions. We have the current president of the association, Howard Stanley, to thank for this. Howard brought his 30

years experience as a theatre director in Melbourne to the Murrah where he really fell for this little gem of a hall.

In addition to theatre, the Murrah Hall does music that can be a little out there at times and it attracts high quality performance artists. Reg Mombassa and Dog Trumpet were featured recently, as was George Washingmachine and his Gypsy Jazz Band. Popular dance bands like The Strides (jazz-infused reggae) call the Murrah their southern home with



Howard Stanley, President of the Murrah Hall

their fourth annual visit in March of this year. The brass section will be guests of Zephyrs Jazz later this year playing as the The Vampires at Four Winds. The Variety Nights held at the hall feature some of the terrific local talents and are well known for their family friendly atmosphere and of course the \$5 Murrah curries.

What's Next?

The next event on the calendar is a Variety Night on July 11 2015 starting at 6.30pm. It will include entertainment in the form of poetry and the spoken word, comedy, dance, music and song. So why not come along and help the Murrah Hall to raise the money for a new dressing room. Tickets are Family \$35 Single \$20 Curry \$5. If you would like to receive regular updates on events at the Murrah Hall send an email to murrah.hall@gmail.com with 'Murrah Only' in the subject line.



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Vale Mrs Neilma Gantner

Neilma Baillieu Gantner 7.11.1922 – 15.6.2015

Mrs Neilma Gantner, 92 years on this planet, passed away peacefully on Monday, 15 June 2015.

She was surrounded by her family and friends in a place she loved: her home in Bermagui, New South Wales.

A published author, keen sailor and long-term resident of Barragga Bay, Neilma Gantner was devoted to the region. She founded the Four Winds Festival there in 1991, helping change the way the local community engages with music.

Over the 24 years since the first concert in 1991, Neilma Gantner oversaw the transformation of Four Winds from a biennial festival to a cultural hub for the region.

The ambition to build a permanent amphitheatre and then indoor creative space the Windsong Pavilion with world class acoustics



reflected Neilma's lifelong motto: 'When in doubt - do,' coupled with her belief in

the power of music and unfailing support for the Four Winds vision.

Neilma Gantner was committed to creating opportunities for young people to become involved in all the arts, and was especially keen that Four Winds provide ways for people of all ages to participate in music making.

In February 2015, Neilma Gantner was one of four outstanding Australian authors featured at the Four Winds: Four Writers Literary event in Bermagui.

Neilma's latest book, *My Travelling Life*, which presents a collection of pieces and extracts from her personal journals, was launched at that event.

A service and wake to honour Neilma Gantner was held at the Four Winds Windsong Pavilion on

Thursday, 18 June.

Lynne Griffiths



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To Register: Contact Pauline Davis
Mobile: (0429) 992 588 or Email: paulinedavis2014@gmail.com

Ross Gittins and forty years of “events of no significance”

Ross Gittins had his mid-life crisis at the age of 24. He recommends it highly. With no mortgage and no family to support, he blithely dumped a career as a chartered accountant and took up journalism (he viewed it as a “step up” at the time, he now admits wryly).

Gittins was speaking at the Bermagui Institute Public Dinner on Wednesday, 17 June at the Bermagui pub. He admitted to having a big ego, but not anywhere as big as the politicians he has dealt with, and written about, for the last 40 years.

For that time, Gittins has been obliged “to find significance three times per week in events of no significance” in his role as Economics Editor for Fairfax Media. But he has covered forty budgets, sixteen elections, thirteen treasurers and eight prime ministers; he has reported on the recessions of the 70s, 80s and 90s, major economic reforms, the Global Financial Crisis and more, so perhaps that’s false modesty. Never once has he thought of a job he’d rather have.

Last year Gittins was asked to nominate the best three Australian treasurers of his time. He had no hesitation in naming Paul Keating first for his sweeping economic reforms – floating the dollar, deregulating the financial system, cutting back tariffs and taxation reforms. Regulation of the banks would eventually save the country

from being swept up in the GFC. Then there was “daylight”. Peter Costello came in second for freeing the Reserve Bank from government control in 1998.

His choice for third place was Wayne Swan, who directed the stimulus packages that kept the Australian economy afloat while all other advanced economies plunged into recession in 2008-09. He made special mention of Ken Henry, Secretary of the Treasury at the time and

workforce at times of high unemployment. He says they usually happen every seven years. Gittins puts Australia’s 25 years of continuous economic growth down to good management by “world class econocrats” – and here he cites Ken Henry again. But, he says, “Australia is long overdue for a recession... The economy is running out of juice”, due much to the downturn in mining investment. “Maybe in the next year or two,” he suggests.



Fairfax Economics Editor Ross Gittins with Bega bookseller Myoung Jae Yi at the Bermagui Institute Public Dinner last month. Seats sold out in 24 hours

architect of the “Go early, go hard and go households” plan. But governments don’t always take expert advice and it’s to Swan’s credit that he did.

On recessions, Gittins says they give economic journalists lots to write about but he hates them for the “fear and pain” they inflict on small business, on workers, on students entering the

– nothing really. No, “the credit rating thing is about politics and ego.”

Another question: stand-out politicians from his era? Paul Keating. What about the present crop? “None that spring to mind.”

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General News

Brand Fences now retailing in Pet Produce and Fencing

After more than eight years installing fences and gates on the Far South Coast, Brand Fences has expanded their business, and are now suppliers of pet food, produce and fencing materials in their brand new retail shop located at 8853 Princess Highway, Tilba Tilba.

"We received some general enquiries from our customers asking if they could buy fencing to DIY, and then some asked for chook pellets, dog food and chaff. We made the decision to expand our business to help meet the needs of our customers," says owner Don Brand.

With a wide range including specialty feeds, organic chook food, premium dog and cat food as well as value for money brands, no matter what your pet, produce or fencing needs - we've got it covered. We take pride in sourcing some very hard to find items, including food for your more unusual pets such as rabbits, goats, pigs and alpacas. We also have a good range of horse feed and equine products available.

Recently, we have started supplying more fencing to tradies, including glass pool fencing and balustrades, aluminum fencing panels, privacy screens and Australian made heavy galvanized rural mesh. We now stock Tru-Test electrical fencing, Waratah Galstar MaxY posts, GalMax Max-Loc mesh and Hayes fencing tools.

Please call in and say hi to Don, Terry and the team at Brand Fences Pet and Produce – 8853 Princes Highway, Tilba Tilba, (on the highway in the big green shed, just south of the Bermagui – Wallaga Lake turn off).



Community digs deep for Nepal

Wilma Chinnock knows firsthand the invaluable work done by Anandaban Leprosy Hospital, a small facility on the outskirts of Kathmandu. After all, she has stayed there twice – as a volunteer worker. So, when an earthquake 7.8 on the Richter scale struck Nepal on 25 April, she booked a stall at the Quaama May Fair to raise funds.

Wilma has been to Nepal four times, funding each trip herself. The first two were treks in the Annapurna Mountains, and later a trek to Everest Base Camp. She raised \$25 000 for Anandaban Hospital in sponsorships for that climb. Both trips also included time spent volunteering at the Hospital.

The next two trips were spent volunteering with TEAR Australia, training teachers through the Kathmandu International Study Centre. "It was just such a privilege to be involved with this beautiful place," she says, "and to share what few skills I have with these people." TEAR stands for Transformation, Empowerment, Advocacy and Relief – an organisation that matches Australian volunteers with communities in need.

Wilma raised \$894 at the Quaama May Fair for TEAR Australia. Not a bad effort from a small community – good on you if you donated. "I was really impressed that lots of people wanted to know how the money would be spent," Wilma said. The money from the Quaama Fair went entirely to TEAR Australia for immediate relief in



Anandaban Hospital treated this earthquake survivor with double leg casts. Wilma Chinnock is working to ensure the Hospital can continue to provide free medical treatment

Nepal and to help people rebuild their lives.

Since then, an aftershock has struck Nepal on 12 May, nearly as forceful as the main quake. Now part of the hospital has collapsed, but staff have still treated over 1000 casualties from the earthquake. Since the second quake staff are treating patients in tents to ensure their safety and allay fears.

After her success in Quaama, Wilma moved her efforts to Cobargo where she and a group of helpers held a fundraising luncheon at the Uniting Church Hall on 22 May, raising another \$1168.65. All monies raised at the event went directly to the Anandaban Hospital. Call Wilma on 6493 8310 if you missed those opportunities and wish to contribute to either TEAR Australia or the Anandaban Hospital.



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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting,

drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month we have an article from Barrabaroo Landcare. They are keen to provide information, ideas and helpful hints to broaden understanding of our beautiful regional environment.

Salvinia Waters

Salvinia is a Class 2 weed, notifiable weed in the Bega Valley. It is a Regionally Prohibited Plant and 'must be eradicated from the land and that land must be kept free of the plant.'

It has been found growing in the vicinity of Cobargo and Quaama.

Salvinia is a free-floating water-based fern with slender stems, floating leaves, and a root-like structure.

It is fast growing and quickly forms a dense matt on water surfaces.

This leads to loss of water quality and increased evaporation due to the high transpiration rates through its leaves.



Fast Facts

Description: The leaves of Salvinia float on the water surface, are paired and round-to-oval in shape, with dense, waxy hairs on the upper surface. The shape and size of leaves vary with age and the degree of crowding. As the weed begins to increase in density, the leaves start to fold, with only the mid-rib touching the water surface. The roots form into trailing, hairy strands up to 25 cm long.

Spread: Salvinia has been spread in Australia mostly by humans. It is traded as an aquarium plant. Once it has invaded an aquatic system though, salvinia is dispersed by wind and water currents, especially during floods.

Growth: Salvinia is very fast growing and can double in size every 2-3 days in ideal warm conditions. It easily breaks into small pieces, so care should be taken when removing it.

- **Salvinia is a weed of still as well as slow-flowing fresh water, but will survive and grow in damp shady areas**
- **It is very adaptable and will survive in many climates, although low temperatures will reduce its growth rate**
- **It can withstand occasional frosts**
- **It can grow over a wide range of water nutrient levels. Spectacular growth rates though are generally recorded in warm water with high nutrient levels**

Further Information

If you need more information, then we suggest you contact the Bega Council Weed Officer, Lyall Bogie, phone 6499 2222

or send an email to council@begavalley.nsw.gov.au For the attention of Lyall Bogie

There are many websites on Salvinia. The two following are a good place to start.

<http://weeds.dpi.nsw.gov.au/Weeds/Details/118>

<http://www.dpi.nsw.gov.au/agriculture/pests-weeds/weeds/publications/salvinia-control-manual>

Cheryl Fleming

AKT, a company of some 35 years' standing, manufactures dehydrators to capture proteins and nutrients from waste and transform them into meal products. Their technology captures nutrients in vegetables to use as food additives.

They are currently aiding the economies of African nations by refining a dehydrator that can process a crop like corn that has been spoilt by bad weather into a useable product.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community.



Finger limes and olives for U3A members

One of the great pleasures of being a member of U3A Bermagui is that you get to learn lots of new and interesting things.

On a beautiful autumn day, a group of U3A members set out to enjoy an excursion to the Sandy Creek Finger Lime and Olive Farm at Bemboka. Meeting at the fabulous pie shop in Bemboka, the group set off in convoy along a series of winding, country lanes until we reached the beautiful property of Mervyn and Elizabeth Dorrough.

The Dorroughs' have been establishing their 80 acre olive plantation since 1999, living part time on the farm and part time in Canberra. They have planted over 650 olive trees in total.

We set out to explore the property with Mervyn leading the way and showing us the many different varieties of olive trees. We learnt all about how they are harvested – quite a frantic time as olives must be pressed as quickly as possible after being picked. We saw where the beautiful olive oil is bottled and had a tasting of a number of different varieties.

Finger Limes (*citrus australasica*) are a fairly new addition to the farm, and our group would have walked past these unassuming trees if they were not pointed out to us. Most had never seen a finger lime before! They are a native species and, to our surprise, when ripe are pink.

As the name implies, finger limes have elongated fruits and when opened up contain 'caviar' like, juice-filled nodules. They 'explode' in the mouth with a burst of effervescent, citrus flavour.

Well known in the diet of Aboriginal Australians, Finger limes have more recently been popularised as a gourmet



Mervyn Dorrough (left) explains a thing or two about olives

bushfood, and are much sought after in top restaurants. The Dorroughs' main markets are some of the poshest restaurants in Canberra.

Elizabeth treated us to a wonderful afternoon tea with a finger lime cake – the top sprinkled with the nodules so we could experience the 'zing!', and muffins made with their olive oil.

With a freshly brewed coffee, and a piece of cake in our hands, what better way to finish the day than by sitting in the afternoon sun, in good company, enjoying the plethora of birdcalls coming from the property. Big thanks to Mervyn and Elizabeth for a memorable day.

This has been another interesting activity of U3A Bermagui & District. For more information regarding courses, events and activities, please pick up an information brochure at Bermagui Library, Bermagui Country Club, Bermagui Visitors Information Centre, Well Thumbed Books in Cobargo, Narooma library or phone the secretary on 6493 4308 or go to our website www.bermagui.u3anet.org.au

Carolynne Banados

CHRISTMAS IN JULY

Celebrate a mid winter Christmas with family and friends.
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Photographer Craig Noble and more *Felt 'n Quilt*



Craig Noble's award winning photograph, *London Bridge*

These days, everybody and his dog can take photographs...it's just so easy to whip out the phone or the camera and get a picture, but only one in a thousand people actually have an 'eye'... that is the ability and patience to compose and capture an image that is an exquisite, timeless moment and then share it with the rest of us.

Craig Noble, long time gallery member at Lazy Lizard, is someone with that rare ability.

Craig had an interest in photography from an early age, starting with a small plastic film camera, progressing to the

classic Kodak Box Brownie and carrying on from there.

He has lived in Quaama for over 30 years, but before settling in this area he did a bit of travelling.

As a young bloke, after completing his apprenticeship in the automotive industry, he traveled all round Australia, working, looking and photographing as he went.

From his photographs on display in the gallery, we can see Craig's ability to capture the essence of a place.

There are many pictures of local

scenes, such as the rainforest on Peak Alone, or a lovely shot of boulders and swirling water in the Brogo River. There are also images from his travels in the arid desert and the outback of South Australia and for many of his pictures, Craig has made beautiful natural wood frames.

In 2013 Craig won the Bronze Award in the Photographer of the Year Competition, run by Better Photography Magazine, for his gorgeous picture of the rock formation 'London Bridge' on the Great Ocean Road.

As to the Side Room at Lazy Lizard...after all those chilly mornings we've had lately, we

decided it would be appropriate to continue with our popular *Felt 'n Quilt* exhibition by Helen and Fay Stafford.

We will still have the same warm and cuddly stuff, but there will be new and different items on display as well – more of Fay's lovely quilts and more of Helen's felting and nice snuggly beanies and mittens, so if you missed out trying on one of Helen's lovely soft neck cowl last month, now is your chance.


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Footy and the Flautist

Conscription, Class War, and Rugby League through music from Team Griffyn



Team Griffyn are all highly regarded musicians and features the vocal talents of soprano Susan Ellis, double bassist Holly Downes, harpist Laura Tanata, violinist Chris Stone, and flautist Kiri Sollis

The Griffyn Ensemble, "Canberra's premier chamber ensemble" (CityNews), are bringing their latest groundbreaking multimedia show *The Dirty Red Digger* to the Windsong Pavillion, Four Winds, Bermagui on 3 July. The Griffyns offer up a unique perspective on the First World War, by combining such unlikely bedfellows as music, football, history and social politics. *The Dirty Red Digger* is a potent and cohesive narrative told through music, spoken text and film that highlights the social pressures and challenges that faced Australians both then and now.

Team Griffyn's theatrical, accessible and audacious approach to contemporary music has excited audiences since 2005, earning them a loyal following in Canberra. *The Dirty Red Digger* is their most ambitious project to date and premiered on Anzac Day 2015 in Canberra. The show has received critical praise and glowing reviews, and has also been toured extensively as part of Musica Viva in Schools education program.

For more information contact Michael Sollis on 0411 113 769 or at sollis@tpg.com.au

Karen Mallett at Shop7Artspace

The ingenuity of science and manufacturing meets the creativity of Karen Mallet

Karen is a guest exhibitor in the Shop7 Artspace at Fishermens Wharf, Bermagui for three weeks from 25 June. Her guest spot was awarded to her as winner of last year's *Harbour Exhibition*.

Karen is concerned with the intriguing devices created by manufacturing engineers to make components of every day products we all buy and use. Many of these are supplementary parts of packaging, electronic equipment, clothing, appliances, etc. There is an endless variety and on a close look we can exclaim: 'how on earth did they come up with that?!' However our intrigue is soon passed, and we move on with daily life. These products of some clever minds usually become detritus headed for land fill as waste.

Karen's ingenuity is as a left field, creative artist who uses these biproducts

of modern life in amazing small colourful sculptures. Karen's work will be seen along with the ever-changing exhibits of the eight artists who make up the hub of Shop7 Artspace which is open six days a week all year round.



Karen Mallet working in her studio

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Nerida Patterson 6493 7222 (9am-6pm only)

Layout & Design

Sarah Gardiner & Jen Severn

Accounts

Terry Freemantle Phone: 6493 3114
Mail accounts to:
PO Box 2008, Central Tilba NSW 2546
Email: treasurer@thetriangle.org.au

Area Contacts

Bermagui: Carolyne Banados
bermagui@thetriangle.org.au
Cobargo: Elizabeth Andalis - 6493 6738
cobargo@thetriangle.org.au
Quaama: Jen Severn - 6493 8515
quaama@thetriangle.org.au
The Tilbas: Christine Montague
tilba@thetriangle.org.au

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Advertising: 12pm, 19th of each month

Editorial: 12pm, 22nd of each month

Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

Soft Footprint Recipes

Dawn Hollins

My favourite vegie grower is still bringing in an interesting range of fruit and veg at this time of the year. Medlars are about to be made into jelly, tamarillos are eaten fresh and have been made

into a tangy chutney, navel oranges and mandarins are consumed daily and lemons are used in many different ways as are broccoli, cauliflower and carrots.

Knowing how superbly lemon goes

with lamb, it's not surprising that the following recipe has become a favourite. It uses home-made preserved lemons, a strong salty pickle that keeps for years without refrigeration.

Lamb Shanks with Lemon

4 lamb shanks
1 tablespoon oil
1 or more dessertspoons chopped preserved lemon
1 tablespoon rosemary sprigs
4 small onions, halved
1 cup dry white wine (optional)
1-2 cups beef or chicken stock
cracked pepper



Toss shanks in flour, shake off excess and brown in a pan with oil over medium heat. Place all ingredients in a casserole and bake in a medium slow oven or slowcooker for about 2 hours, turning shanks once during the cooking. Serve with

mashed potatoes, parsley and seasonal veg and have some crusty bread available to mop up the juices. A simple but delicious meal!

During winter I prefer to use the top of our wood-burning heater to cook recipes

such as this one, as well as soups and other dishes requiring long gentle simmering. It's a good feeling to know that not only is the fire warming the house, it is heating the hot water and cooking the dinner.



Preserved Lemons,

- the speedy version from Stephanie Alexander.

Put scrubbed and quartered lemons in a plastic bag and freeze for about 4 hours to soften the peel.

Scatter 1 cm kitchen salt into wide-mouthed sterilised jars, then layer fruit and more salt as tightly as you can, pressing down on fruit to release maximum juice.

Include a few peppercorns and slivers of cinnamon stick if desired.

Finish with a layer of salt and top up with lemon juice to cover.

Press to ensure there are no air pockets.

Top with a layer of olive oil, seal, and leave in a cool, dark place for 1 week before enjoying. The flavour will get better over time.

Stay warm and enjoy cooking winter meals!

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See page 20 for details

A taste sensation: grow your own fresh herbs

With the ever-increasing demand for food to be labelled with the origin of the supply, one sure method of knowing the location of where it is grown is to grow your own.

With the desire to try new and exciting taste sensations, a great way of doing this is to use the amazing amount of herbs that are available to us which are easily grown in our own backyard.

Herbs are tolerant of a wide range of growing conditions and they grow well with very little maintenance. Initially though, the preparation of the site is most important with a light well-drained soil and generally in full sun. Some herbs prefer a light shade.

Before planting dig the soil to about 25cm deep and if the soil lacks any decent humus it is a good idea to add some well-rotted cow or chicken manure and either some blood and bone or a complete fertiliser. Some garden lime can also be added at the rate of half a cup per square metre. Fork all this together and probably let rest for a week to ten days.

For the best results growing herbs it is best to categorise them into four groups. If you follow the growing hints for each group, your herbs should be healthy, flavoursome and fragrant.

These four groups are: Mediterranean Herbs, High Summer Moisture Requirers, Vegetable Culture Herbs and those that Suit Most Conditions.

The Mediterranean group includes thymes, sages, lavender, Marjoram, Rosemary, French Tarragon, Lemon Verbena and several others.

These herbs will handle fairly low



Basil is part of the Vegetable Culture Herbs group, it grows well in pots with high nitrogen rates in the soil and good summer moisture levels

soil fertility, higher lime or alkaline soils, require very good drainage hence lower water requirements.

The next category being High Summer Moisture Requirers include the mints, water cress, Lemon Balm, Lemon Grass, Sorrel, Cardamon and also several others.

These herbs prefer a soil with high nutrient and will not perform well if allowed to dry out. Saying that though, the soil must be well drained and not waterlogged apart from the mints that will perform in wet conditions.

Thirdly the Vegetable Culture Herbs include Basil, Chives, Parsley, Rocket, Coriander, Dill, Fennel and several others.

These herbs again like high soil nutrition with the focus being on high nitrogen rates. They also prefer good summer moisture.

Finally the last group are the Suit Most Conditions Herbs. These include Borage, Feverfew, Tansy, Winter Tarragon

and Aloe Vera to name a few.

These will handle the conditions of all the above.

Therefore when planning your herb garden it is important to divide your garden into the four categories mentioned. This will make it much easier to maintain and ensure that each herb gets the best conditions for healthy growth. A variety of foliage types within each group will also make the garden visibly more appealing.

Other factors to consider in the location of the garden

- have it close to the kitchen so quick access is available
- use it regularly so fresh material is always coming on
- replace plants like parsley every two years as they often can go to seed

Herbs come in perennial and annual forms with the perennial types usually dying down over winter. As these die back give them a cut back and in early spring spread a handful of complete fertiliser around them with a few handfuls of composted cow manure. This will get them off to a good start. Annual forms will require replacement every year.

For those of you who have difficulty in providing a plot for your herbs remember that they do very well in containers. Just follow the guidelines above and keep like-requiring plants together in the same container. Mints that can become invasive are best grown in a pot under the backyard tap. Remember always use a premium potting mix in the potting process and regularly feed with a seaweed/fish emulsion fertiliser.

Happy herbing.



ABC Cheese Factory

37 Bate St, Central Tilba
02 44737387

www.southcoastcheese.com

Locally made South Coast Cheese
Ice Creams, Local jams and preserves
Coffee milkshakes

Open viewing into the factory.

Milk yogurt and more styles of cheese will be made on site in the coming months

Kitchens of Choice

Showroom and Factory

6-8 Pine Drive

Bermagui

Ph: 02 6493 5303



Kitchens - Joinery - Wardrobes

Classifieds

FOR SALE

DeLuxe commode, almost new \$50; shower seat \$10; desk \$10; microwave \$10; as new king size single bed & mattress (\$900 new) \$500 ono; other household goods, ring 6493 3134
Toyota Camry, 152 000 km, very reliable \$1250 call 6493 3134

ACCOMODATION WANTED

Semi-retired architect/builder/sculptor/lecturer now Syd. seeks interesting studio type space to live and work, all proposals considered, work for part rent etc. Local person, ref. avail., had farm at Wapengo many years ago - Ron 0431 950 541 ron@mcbeth.com.au

SWAP

Swap/barter: Angus Vealer butchered and frozen in the last week. Would like to do a swap for a small amount for bacon and pork spare ribs. Ph. Adam 0432 344 846

FREE

Hoover washing machine, good condition, slight fault, ph Bev 6493 3239

TO RETURN

Some-one very kindly lent a framed old photo of Cobargo last year for the Olga Masters weekend. It is available for pick up from Well Thumbed Books, Cobargo

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us contributions@thetriangle.org.au

Book Review

Heather O'Connor



Maxine Beneba Clarke

Foreign Soil

Hachette Australia, \$24.99

This collection of short stories was amongst the final six listed for the 2015 Stella Prize, written by a widely published author of poetry, short stories and essays. Maxine Beneba Clarke (maxinebenebaclarke.com) is of Afro-Caribbean descent, and a number of the stories are written in that authentic voice, which I found quite challenging at times; it's amazing how lazy we become

as readers! Settings for the stories include Sydney's Villawood Detention Centre, Footscray in Western Melbourne, rural Jamaica and Brixton in London. One of the recurring themes is the challenge facing all those who have migrated, sought refuge and/or who have settled into a culture within which

they are the minority. Some of the stories are particularly harrowing, and the author doesn't spare us the pain felt by those who have been displaced. As I was reading, I contemplated how our current crop of politicians would react to the vivid description of the desperate asylum-seeker in Villawood – I've seldom read anything quite so graphic myself. We can only be grateful to those who fund and administer the Stella Prize for having the foresight to nominate this work amongst its finalists.

Pet of the Month

Deb Cox

Bindi the 14 month old female American Bull Dog X is in need of a loving home, ongoing basic training, plenty of exercise and socialising. She is fine with some dogs but a little nervous and cautious around others. Her carers describe her as a sweet dog needing lots of love and reassurance. Bindi is possibly crossed with a Bull Arab so she will be a chunky dog in the medium-large size and should have quite a placid temperament when mature.

Other dogs available for adoption are Rasco, the tan and white 19 week old male Kelpie; Kook the 3 year old male Jack Russell; Fang the 4 years old male Border Collie and Kipper the female 14 year old Maltese Shi-Tzu.

We also have plenty of cats to choose from including Charlie and Darcy the 7 month old black Domestic Short Hair cats; Freckles the 7 month old DSH Torti, Reggie the Light Ginger 7 month old DSH and Hunter the 4 year old smoky brown seal point.

If you would like to adopt a companion animal or would like to have a chat about being a carer please call our information line on 0400 372 609. Caring is a great way to be able to enjoy the company of a pet. All that plus the buzz of being able to save



an unwanted companion animal.

Donations can be sent to AWLNSW FSC Branch PO Box 1210 Bega 2550.

We now have food bins in Woolworths in Bermagui. Please consider purchasing a little extra food to help FSC branch care for unwanted pets in the Bega Valley Shire. Have you purchased a new collar lead or toy for your pets? Can we have the old ones please? These can be deposited into the food bin.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club
Bega at 10am: 16th April, 18th June, AGM - July,
20th August, 15th October, 17th December, 2013. All
enquiries phone 0400 372 609. All welcome.

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday,
5pm Evening Prayer/Contemporary Service. 2nd,
4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday
10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th
Sundays, 10am, HC. 3rd Sunday, 5pm Evening
Prayer/Contemporary Service. Thursdays, 10am HC.
Contact. Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium
Bermagui Country Club, Mondays 6.30pm. Ladies
and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until
12 noon. Venues vary. For info phone
Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 1.30-3.30pm.
New players always welcome, tuition and friendly
games always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

COBARGO DISTRICT MUSEUM

Meeting 7 pm 1st Wednesday of the month Cobargo
School Library: researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms.
Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Quality early childhood education for children 3
years and over, Tuesday to Friday during school
terms from 9am-3pm. Ph 6493 6660. All welcome.

COBARGO PRESCHOOL PLAYGROUP

Thursdays 9-10.30am (school terms). Donation. Bring
a piece of fruit to share. All children who may be
coming to the preschool after they turn 3 are welcome
with their families. Ph 6493 6660 for more info.

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on
a Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo
School of Arts Supper Room. Information phone:
6493 6538. cobargohall@gmail.com.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 6pm, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30
3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

DATE	EVENT	WHERE	WHEN
Fri 3	The Griffyn Ensemble performs 'The Dirty Red Digger'	Windsong Pavillion, Bermagui	evening
Sun 5	Mrs Jones and Me trio	Tilba Valley Winery	12.30pm
Wed 8	U3A registration day	Bermagui Country Club	10am-12 noon
Wed 8	state of Origin 3	Bermagui Country Club	halftime activities
Sat 11	Struth	Cobargo Hotel	7.30pm
Sun 12	community documentary screening: INHABIT	Cobargo CWA cottge	4.30pm
	blacksmithing demonstration	Galba Forge;345 Yowtie Rd, Wandella	1pm-5pm
Fri 17	Ray Stephens	Bermagui Country Club	8pm
Sat 18	MegaQuiz for the Tabatha Foundation	Cobatgo Hotel	7pm
	'The Pineapple' Music Night	Taraganda Hall	7pm-10pm
Sun 19	The Somedays	Tilba Valley Winery	12.30pm
Fri 24	Jesso & Steve	Bermagui Country Club	from 8pm
Fri 31	Matthew Fagan	Bermagui Country Club	from 8pm
Fri 3	full moon dance and gethering	Quama Hall	6pm
Fri 17	ecstatic/freestyle dance	Quaama Hall	6pm
Fri 31	full moon dance and gethering	Quama Hall	6pm
	Matthew Fagan	Bermagui Country Club	from 8pm
Regulars			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am-3.30pm
	Bingo	Bermagui Country Club	10.30am
	No Lights No Lycra	Cobargo School Of Arts Hall	start 6pm
2 nd Monday	Tilba CWA meetings	Small Hall Tilba	10am
Tuesdays	Bermagui seniors' social club	Bermagui CWA Hall	10am-2pm
	Quaama Drama Troupe	Quaama School Of Arts Hall	2.30pm-4pm
1 st Tuesday	Bermagui garden group	Venues Vary, Phone Heather: 6493 5308	
1 st Wednesday	social bridge	Tilba Valley Winery	2pm
Wednesdays	Pool comp	Bermagui Country Club	from 7.30pm
	Dru yoga classes	Cobargo CWA Hall	from 10.30am
	Weightlifting Club (info 6493 5887)	Bermagui Sports Stadium, Bunga St.	4pm-6pm
1 st Wednesday	Bermagui Historical Society meetings	Bermagui Museum in Comm. Centre	2pm
Thursdays	Mind Body Stillness meditation	The Courtroom, 36 Princes Highway Cobargo	10am-11am
2 nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Tiny Teddies playgroup	CWA Hall, Murrah St, Bermagui	9.30am-11.30am
	Meat & seafood raffles	Cobargo Hotel	from 5pm
	Crabs raffles	Bermagui Beach Hotel	from 5pm
	raffles: meat, seafood, fruit & veg	Bermagui Country Club	
Saturdays	Laneway markets	Cobargo Main Street	from 9am
last Sundays	Bermagui Red Cross markets	Dickinsen Oval, Bermagui	9am-12noon
Art			
till Thurs 16	exhibition of works by Karen Mallet	Shop7Artspace Fishermens Wharf, Bermagui	
thru July	photographs by Craig Noble & 'Felt 'n Quilt by Helen and Fay Stfford	Lazy Lizard Gallery, Cobargo	Mon-Fri 10am-4pm Sat till 1pm
opens Fri 24	'Plethora of Postcards' exhibition	Spiral Gallery, 47 Church St, Bega	Mon-Fri 10am-4pm Sat 10am-1pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month