

Pavilion heralds new era in sporting facilities for Bermagui

Don't you love country towns?

Every weekend, summer or winter there is a recreational activity that clusters together town folk to enjoy each other's company and share a common purpose and effort.

Nowhere is this more prevalent than in country sport. A town's sporting teams are the heart and soul of the community. Irrespective of your job or wealth within the town, players are equal, representing with honour the town's colours and name.

For many years Bermagui sporting teams endured warm beer and cold showers. But last Saturday the new Dickinson Oval Pavilion was unveiled, launching a new era in athlete and spectator facilities. How appropriate to be officially opened during an Aussie Rules match between our Breakers and a visiting Merimbula Team.

Council and State Government funding contributed to the reconstruction from the ashes of the last historic but spartan shed. MP Andrew Constance and Mayor Michael Britten reinforced their commitment to provide state of the art recreational facilities to the people of Bermagui.

MC Gary Pearse traced the history of the area from an Aboriginal place of rest and recreation to today's centre of town activity. Early in the 20th century, the Dickinson Oval area was originally a golf course stretching up to the headland with three sand greens.

In the mid-1930s a Southern Highlands grazier Bill Dickinson strolled into town and while walking through the cemetery noticed that all the headstones commemorated locals that were aged over 80 years.

Thinking there must be something in the water he decided to stay, taking up residence in a place that would ensure he would never dehydrate, the Bermagui Hotel.

In those days both cricket and rugby



Kylie Scott, Carlene Jubb, Amy Brady, Vanessa Ballard and Alison De Kleuver manning the kitchen at the opening of the beautiful new Bermagui sportsground club house
(photo Maralyn Callaghan)

union were played on the ninth fairway. During a cricket match in 1935 a twelve foot shark was caught in the creek on a hand line during a Saturday afternoon cricket match. Needless to say both sports were scratching for ball boys for the following years.

Every town needs a visionary and Bermagui certainly scored a cracker in Bill Dickinson. Bill was the driving force in the '40s, establishing Blue Pool, Spooner Park, the clay tennis courts at the Country Club and Dickinson Oval itself.

During Christmas holidays in the 1950s and '60s Dickinson Oval was decorated with caravans and campers and at other times a centre of activity such as the Tuna Festival, dog shows and the famous Boxing Day Sports Day.

The Boxing Day event drew participants and spectators from afar to see horse racing, boxing bouts and strongman exhibitions, in particular Steve Spiros who had the local school bus drive over him

several times.

But back to Saturday. A highlight of the afternoon was the ribbon cutting involving three of the town's legends: Clyde 'Bodgie' Watt, who was the backbone of both rugby league and rugby union in the area; Des 'Bluey' Farrell, who has been everything from ball pumper upper, bottle washer and now chief timekeeper for the Breakers Aussie Rules club; and Brian 'Splinter' Lewin, who was also famous for winning the best and not so fairest sledging award since 1983.

These gentlemen, joined by Andrew Constance and the Michael Britton, in the absence of the de Groot family, quickly cut the ribbon to officially open the pavilion.

Ged Nash, Secretary of the Bermagui Sportsground Management Committee, thanked all parties involved and encouraged the people of Bermagui to contribute historical photos and sporting memorabilia for display in the new pavilion.

Gary Pearse

The cold snap certainly brought winter into focus; the snowfields were suddenly looking at a bumper season and snow bunnies and seasoned skiers were heading to the mountains. The rest of the population split into two groups, one of which had already headed north to warmer climates and the other, that is the rest of us, stoked the fires and stayed at home venturing out only under duress.

In light of this the Tabitha Foundation fundraising Trivia Night was an amazing success. The event was held in the Cobargo Pub, which was really packed out, and it was certainly a great night. The full story

is elsewhere in *The Triangle* but we have heard that the final wash up was in the region of \$3300, just about enough to build two houses in Cambodia. The Tabitha Foundation raises funds to build houses for impoverished Cambodian families and we have local volunteers who intend to travel with the foundation and provide volunteer labour for the next projected build.

A few days later on a sunny Monday lunchtime a 'Solar Shindig' in support of solar energy was arranged at Apex Park in Bermagui. Inspired by an Australia-wide group known as Solar Citizens, the event was part of widespread community actions

being held during the week. The event in Bermagui was a well-attended lunchtime BYO picnic organised by Jack Miller.

Heather Kenway spoke briefly about the importance of renewable energy and the unfortunate decision by the Abbott Government to allow burning native forest timber 'waste' to earn renewable energy credits.

Heather drew attention to the almost certain danger that this loophole will be used to further decimate our native forests now that the woodchip industry has largely moved to the use of plantation timber for paper production.

Letter to the editors

To the Editors,

This photo was taken on 22 June late in the morning.

I was enjoying a couple of days at Wallaga Lake on my way home to Victoria following a visit to Queensland.

The lady at the caravan park told me of the walk between Upper and Lower Tilba Roads - the place where the old road has been washed away.

It was a beautiful day, calm and warm. I walked along the beach for a while and then wandered up onto the track and was enchanted by the birds in the banksia and was concentrating on taking the odd photo.

I happened to look up and noticed a lady about 60-80m ahead of me 'taking a photo' as she looked out to sea, so naturally I looked to see what had caught her interest and there were the dolphins coming my way as they surfed the breakers one after another. I was so excited! The amazing thing is that I would have missed it completely had I not noticed her.

When I caught up to her she didn't even have a camera or phone but just had her hands up visualising what a great photo it would be! The timing was incredible.

We fell into step together and enjoyed each other's company as we wandered back to her car. She offered me a ride back to the caravan park which I was happy to accept. She is a local lady who lives in Wallaga Lake. I'm so disappointed that I can't remember her name and have no way of sending her a photo that she was responsible for me taking. I would love it if she sees the story in your paper and realises just how much I value her part in this story - actually, without her there would be no story or photographs.

Later that day I stopped at the little lookout spot at the eastern end of town and was treated to a display of 'tail slapping' by three or four whales that went on for about ten minutes. This was only the second time I had seen a whale and their performance delighted me. No decent photos though, as they were quite some distance from shore, but for me it was the perfect close to a wonderful day in Bermagui.

Sandy Berthelsen



Dolphins provide "a wonderful day in Bermagui"

Eggsacting knowledge?

I'm looking for an authority to clarify why eggs of any size and value, being sold in a local supermarket, need closed door refrigeration, rather than an open shelf. Being refrigerated, do they need to be returned to the home fridge. Maybe your "Soft Footprint" chef has the answer.

Shirley Fogwell
Bermagui

Shirley, one of our Footprinters, Carole Broadhead, checked with Safe Foods Australia just to be sure. They advise refrigeration. Eds.

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Thumbs Up

To the gentlemen who came to the rescue of a lady whose car had stalled in Bermagui shopping centre. Without hesitation they pushed the car into a safe parking spot. This is an example of a wonderful community spirit.

To the generous community response to Wallaga Lake Study Centre's recent fundraising drive. Thanks to you, the Centre lives on. More news soon.



Thumbs Down

To the person(s) who took the donated dolls' house left on the verandah of the new Cobargo op-shop.



Stephen O'Sullivan: Out on a limb

Stephen O'Sullivan enjoys being outdoors, amongst nature, seeing new locations, and what better place is there to achieve all these things than at the top of a tree!

At the beginning of his career as a horticulturist, Stephen completed a Tree Surgery Certificate at TAFE in Sydney and his six months practical training reinforced that safety is HIS responsibility. Twelve years with Randwick City Council, starting as an apprentice horticulturist, provided Steve with a range of aboricultural assignments as you can imagine in that beautiful part of Sydney: nurseries, playing fields, and parks out to Clovelly and La Perouse.

He describes his TAFE teacher, Bruce McLeod as "brilliant" and the outworking of great teaching is apparent in Stephen's successful career. Preferring the rope and harness to a ladder, he is always assessing the risk and determining the best and safest way to complete each job – as he says, "a systematic approach to accident prevention".

The way he goes about his work is like 'poetry in motion' and even though Stephen has minimised the risk, he makes it look easy, and most of us are thankful it's him up there and not us. I tell Stephen I admire his bravery, but he tells me he admires Rural Fire Service and National Parks and Wildlife for their bravery in their services they provide in rural bushfire fighting.

Stephen's work brings both challenge and reward. In a career spanning more than 20 years, a combination of one-off and

routine jobs have ranged from clearing unsafe trees on Cockatoo Island for the Harbour Trust, pruning and maintaining prestigious Randwick Town Hall Gardens and formal gardens in the Southern Highlands, to overseeing the parks for the Bi-Centennial in 1988.

A couple of his favorite past experiences that are good to recount over a cup of coffee involve well known Australians: Ros Packer, Jeanette Howard and Tony Greig. Stephen explains that the work with these world travelers was exhilarating, and in particular, the job with Ros Packer was better described as "aerial gardening", which included removal of every stick of deadwood from trees that could interrupt the view of Palm Beach. And when Tony Greig's attempts to prune the palm trees around his pool landed him in the pool, he engaged the services of Stephen.

Structural support is also an arborist's role and at a Middle Harbour project site, Stephen's problem-solving capability was put to the test. A group of Angophora (Smooth Barked Apple) at the site had a \$100 000 protection bond placed on them and they were in danger of collapse when the building works started. Steve successfully applied a strap which went around the trees and anchored back onto the underside of a 400 mm concrete slab to hold them in place.

Another notable experience was when National Parks requested the removal of Alpine Ash Trees which had been dead for about seven years, and were considered a hazard. By the time National Parks had made the arrangements to have them removed, there was a guard rail in place which restricted access to the trees, and it started snowing on the day Steve turned up to do the job!

Stephen reinforces that the role of an arborist is the health and safety of individual trees and he takes a realistic view of public safety in places like Sydney's Hyde Park and their heritage of Moreton Bay Figs. He tells me that trees have a life span which needs to be considered when making decisions about their future. Stephen is keen to pass on his knowledge to younger people interested in tree management and acknowledges that once you stop learning, you stop living. He admires the ideas and suggestions that younger people bring to the job.



Stephen at home with his dog

He loves living on the south coast, enjoying unspoilt beaches, wilderness areas and connecting with people, making it a meaningful lifestyle, not easily found in the cities.

Stephen's arborist skills are currently being combined with Vicky Hoyer's team of volunteers from the CCAN (Cobargo Community Action Network) group on the Narira Creek Project. Replanting is underway using local plants from Merryn Carey's South Cost Flora. On projects like these you can see how the people in the community, both paid workers and volunteers, can pool their resources to achieve great outcomes. It also shows the depth of local skill and passion of people caring for the natural environment.

Quite a transition, from an 18 year old lead singer of a punk rock band, singing at Coogee Bay Hotel, complete with shaved head and Doc Martens boots, surfing the beaches around Maroubra, to his own property at Coolagolite. Ideally situated with an outlook to Mt Dromadery, the focus of work, with partner Shelly and son Jack, is clearing black wattle trees, building up soil, fencing, and planting natives and ornamentals.

He will be like a tree planted by streams of water, which yields its fruit in its seasons, and its leaf does not wither; and in whatever he does, he prospers. Psalm 1:3



Poetry in motion

Hi all.

I will start with apologies for missing last month's issue. I guess now, I do know that there are some people out there that read my ramblings, as several people have asked the whereabouts of said ramblings. So, thank you. My excuse is that I was travelling around NSW and QLD visiting my five grandchildren, so having had my Nanny-fix, I am back home, back to work and back at my laptop.

I also missed the CWA winter solstice celebration. Around 100 locals, young and old, turned up with handmade lanterns to walk the street and enjoy a great fire show courtesy of Tristan, Sarah, Dalice and Kez. It was then into the small hall for homemade soups, garlic bread and cakes. The CWA winter solstice celebration has become an annual event. Well done, ladies and all.

David Oliphant and a few friends have decided to start up a Tilba Folk Circle. The idea is to share music, songs and poems in

a safe place rather than 'perform'. So come along and join in or indeed just enjoy. For those that know me I think I will have to resurrect my Hippopotamus poem! The first meeting will be at 7pm on 16 August and then the third Sunday of each month. Look out for flyers around town or contact David on email dol62834@bigpond.net.au. Or just come along.

It's great to see The Drom supporting and encouraging local music of all types – amateur and professional, so please come along, enjoy a drink and/or a meal, and bring family and friends.

The Tilba Festival Committee is pleased to confirm that local not-for-profit organisations the School of Arts, the Men's Shed (Narooma), the Town Beautification programme and Little Yuin Preschool are all grateful recipients of some much-needed funds from the proceeds of the Easter Festival 2015. We also co-funded with ESC baby change facilities in the public toilets in town – a total contribution

of almost \$9000.

A huge amount of work goes into getting this festival organised. I play a small part, but a big pat on back must go to the committee members Sally Pryor, Phill Stokes, Peter Lonergan, Erica Diben and Ricky Bloomfield – just not enough people to organise such a big successful event. So please note that the AGM will be held on 9 September in the small hall. PLEASE come along and get involved. A big thank you also to all volunteers and local businesses that support the festival, without whom it would not exist.

Another pat on the back has to go to the team at South Coast Cheese/ABC Cheese Factory, winners of multiple awards at the Victorian Fine Foods awards. The hard work of Nic and Erica and the team is being recognised in many areas.

Until next month, please remember the AGM for the festival, and stay safe.

Gospel in Tilba

Wendy and I are holding gospel meetings in the Central Tilba Hall every Sunday at 4pm, the Bemboka Hall every Thursday 7.45pm and the Moruya CWA every Tuesday 7.30pm.

We are a non-denominational group who move from town to town, inviting locals to come and listen to the story of Jesus. We don't ask for donations and our teachings are from the Bible.

We are known as Christians and have no affiliation with any other religious group.

Everyone is welcome to come and listen.

If you would like more information please phone Pauline on 0439 479 028 or Wendy on 0401 977 456.

Pauline



Wendy (left) and Pauline



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Folk Circle starts in August

A Tilba Folk Circle on the third Sunday of each month is beginning on Sunday 16 August at 7pm at The Tilba Pub.

It is being organised by a trio of musicians who play at the Monty's Place community meal in Narooma: David Oliphant, Denise Perroux and Michael Wheatley.

A Folk Circle is a gathering of people who come to play and sing, recite and act, or just to listen and enjoy what is on offer. It is an acoustic sharing, not a performance. It is an opportunity to share a favourite song, new or traditional, try out a new piece of music, any sort, or recite a poem or what have you.

All welcome. Enquiries to David on 4473 7838.



David Oliphant on squeezebox, Denise Perroux on recorder and Michael Wheatley on guitar

Get Involved! Become a Four Winds Volunteer!



The 2014 Four Winds Festival Sunday Sound Shell audience volunteers picnic outdoors (photo Ben Marden)

There is a range of exciting events coming up in the Four Winds program and we'd love to know if you are interested in being a part of our volunteer team.

We offer our volunteers an opportunity to work alongside national and international artists, within a fun, community-minded arts organization.

As well as this, there is a host of volunteer benefits, including volunteer-only events, and free entry into performances in exchange for hours worked.

We are currently taking volunteer applications for the following areas:

Festival 2016: planning is underway and key volunteer positions need to

be filled. Come be a part of a fantastic weekend of music and fun

10 October Open Day: needs volunteers to help with roles such as car parking, ticket sales, hospitality, and others

Native Species Arboretum: planting has begun and we need people to help plant trees around the Four Winds site, led by Arboretum Project Manager and botanist, Stuart Cameron

To register your interest in being a volunteer or find out more about the different roles on offer, please visit our website: www.fourwinds.com.au.

If you have any questions, please contact our office: admin@fourwinds.com.au.

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Bermagui Seaside Fair community donations

As a result of the 18th Bermagui Seaside Fair held in March this year, the organising committee was thrilled to be able to make donations totaling over \$9500 to 13 local community organisations.

A presentation was held on Friday 27 June at the Bermagui Country Club to donate to local groups and educational establishments. The money will help them purchase much needed equipment or pay for building improvements.

Donations from proceeds of the Bermagui Seaside Fair have now reached over \$63 000 to 28 local organisations.

The Seaside Fair is held on the second Saturday of March each year. It is Bermagui's big day out and provides a full program of free entertainment and activities for all age groups. It brings thousands of people to the town with



Representatives of the 13 local community organisations and the Bermagui Seaside Fair committee (absent: Dennis Olmstead, committee member)

economic benefits to the local businesses and those further afield as many visitors

stay not just for the day and take extra time to explore our beautiful coastal region.

U3A recommends Norfolk

Twelve members of Bermagui & District U3A have just returned from a week in Norfolk Island, the culmination of a course presented by Kerry Davies. The group (right) met with Norfolk Island U3A members as part of the week's planned experiences. The friendliness of the locals, the unique natural beauty and the fascinating history made for a holiday to remember. Everyone enjoyed themselves and highly recommend Norfolk Island as a holiday destination.



The week was packed with scenic and historical tours and activities including a very English-style high tea. (L to R) Wal Sheehan, Kerry Davies, Alison Philip, Ruth Perrett, Roz Wood, Anja Wetering, Jan Sheehan, Steve and Rosemary Knight, Dawn Hollins, Bernie Perrett and Ivan Hollins.

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Montreal Madness, Sunday 11 October 2015

The Montreal Goldfield Management Committee's is holding their annual Heritage Day on Sunday 11 October. This year we are celebrating our 10th anniversary of being open to the public and would love you to help us make it a special day.

It will be a day packed full of activities and at 10.30 and 12 noon there is a full half hour of Montreal Madness, moments of hilarity and mirth produced with skits, music and laughter unlimited.

The gate is open from 9.30 am till 3.00 pm. So come and enjoy a guided tour around the goldfield, followed by our scrumptious billy tea and damper

throughout the day – and experience a 'pocket history' that you have never heard before.

The event is to be held at the Montreal Goldfield on Wallaga Lake Road, 7 kms north of Bermagui, next to the Wallaga Lake Holiday Park.

Why not make it a full day's outing? Have a day of Cultural Heritage in the morning and travel down to the Four Winds Windsong Pavilion to see the jazz-Afro-Cuban group, The Vampires, presented by Zephyrs Jazz, at 2pm (bookings essential – www.zephyrsjazz.com.au).

Judy Hearn

Winter swimming at its coolest

The great secret of living on the far south coast is that the water temperature in winter is warmer than when the holiday hordes descend on us in December and January. Winter ocean swimming may seem foolhardy to many, but it is delightful, invigorating and energising for the brave few who embrace it.

The Bermagui Blue Balls was formed in 2013 – taking inspiration from our fellow winter swimming group to the north, the Narooma Numnutz, who had been operating for six seasons by that stage. The Numnutz regularly achieve twenty plus participants and so the founder of the Bermagui Blue Balls, Gary Pearce, was raucously optimistic. The initial swim attracted 14 brave souls; unfortunately many of whom have never been seen again. The season commences on Mother's Day in May and concludes on Father's Day in September.

Naturally, the subtle inference in the name 'Blue Balls' to being a male-exclusive group is not entirely true. Keen to promote the benefits of winter-ocean swimming to everyone in the community, female swimmers are known as Blue Pointers and the kids are known as Blue Bottles. The Sunday morning swim is characterised by laughter, the odd shiver and more laughter. 'Crazy Hat Morning' and 'Bring a Friend' have been notable successes and there are always a nice hot beverage and treats at the end of the swim as well.

Now in our third season, there is a hardy core of five regular Blue Balls, one Blue Pointer and two Blue Bottles.



Some think they're crazy, but the Bermagui Blue Balls just love their winter swim season.

Occasionally, out of town guests make a cameo appearance. For example, recently two former Wallaby footballers joined the regulars for a frolic in Horseshoe Bay and, on the June long weekend, seven visitors joined us for the float from Moorheads Beach, around the northern breakwall and back into the Bermagui River.

Bermagui Blue Balls assemble each Sunday morning at 9 am at Blue Pool to decide where the swim will be held. The prevailing weather conditions determine the location, which varies between Horseshoe Bay, the float around the breakwall, Camel Rock and Blue Pool.

Together with the other aquatic groups in town, Marine Rescue and Bermagui SLSC, the Blue Balls assisted in staging

the successful Ocean Swim at last year's ReBoot Bermagui. Who could forget the unique floating course markers, two Blue Pointers and two Blue Balls! So much fun was had by all involved that the Blue Balls will assist again at this year's ReBoot festival to be held on 26 and 27 September.

If there are more hardy souls just waiting to experience the delights of winter swimming, the Bermagui Blue Balls would welcome you to Bermagui's most elite organisation! You know it makes sense. Please contact Gary Pearce on 0418 617 499 for more information, or simply turn up at Blue Pool on a Sunday at 9 am.

Robert Johnson



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Natural disasters – they can happen anywhere, anytime

Every day, somewhere in the world, there will be a natural disaster. How many times have we sat in front of our television sets in awe, as we watch cars and even houses float away in floods? From the comfort and safety of our lounge rooms, we watch as whole communities are destroyed by storms, mud slides, earthquakes or cyclones. We all feel terribly sorry for those people, and many of us generously donate much-needed dollars to disaster/crisis appeals that go to helping people regain their lives.

But... do we ever think that it could happen to us? Do we think we may be in need of help at some time because of a natural disaster? Probably not!

Maybe we Aussies are just bit laid back in our attitudes – “It won’t happen to us,” and it probably won’t. But talk to our local SES volunteers, you may just start to look at things differently and think about what would happen if a natural disaster were to hit Bermagui, Cobargo or

anywhere on the south coast.

Unseasonal and recurring natural events are happening more frequently these days. Cyclonic weather patterns and flash flooding have affected many NSW communities in recent times, and unseasonal weather patterns are occurring all over the world.

Are we immune in our safe little south coast haven? We all know Bermagui is a very windy place at times, and there have been a number of occasions when the wind has become almost cyclonic and damage has been done. Bermagui also has many low lying areas that are prone to flooding in even moderate rain events. What would happen if a tsunami were heading our way? Tsunamis are not unknown on the east coast of Australia, and who knows what natural forces are building up to send one our way in the future.

Luckily, our local SES do think about these things, and are planning, preparing and ready if such an event were to occur

here. But, they cannot do it alone and rely on the community to assist.

Gail Drury from Bermagui SES led a group of U3A members in a Community Mapping exercise to talk about these things. She highlighted the need for everyone to think and plan for natural disaster, be it flood or storm damage or bush fire.

The purpose of Community Mapping is to know who and what is available within the community. By surveying the community, SES can build up a picture of an area and act appropriately. For example, how many residents live in a certain street? How many houses are likely to be vacant? How many elderly residents would need help to evacuate? How many pets need to be evacuated? Who has resources such as trailers or boats that can be used in an evacuation?

It is important as well for local residents to think about their escape routes if told to evacuate, and what they need to take with them. Do you have all your important papers handy in case you have to leave suddenly? Do you know where the evacuation point in Bermagui is? (It is at the Community Centre).

Bermagui SES, along with all the other emergency services, do a great job in our community, but they are all volunteers who donate their time to helping others. There is always a need for more volunteers to train and prepare for emergencies.

If you would like to join the SES or any of the other emergency response teams (Rural Fire Service) please contact your nearest SES or RFS services for information. It may save someone’s life!

Carolyn Banados



SES volunteer Gail Drury (left) talks about Community Mapping with U3A members

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Back to Bermagui for all who love Bermi

A Back to Bermagui reunion is being organised by Owen Reid and Shirley Hudson for Saturday 3 October from 4pm to be held in the auditorium of the Bermagui Country Club. The cost of the event is \$10 and any funds left over will be donated to the Bermagui Surf Club.

Music from the sixties, seventies, eighties and beyond will be played and all ex-Bermaguians, holiday makers, locals and visitors are welcome.

If you would like to join in on this maybe one-time event please register your interest so catering can be organised, either

direct with Shirley on 6493 4463 or via the official Back to Bermagui Face Book site. They have also requested photos to be scanned or brought along on the night for a giant big screen slide show that will run continuously along with the music. I've heard some of the tracks Owen has been posting on the Face Book site and they are all really great (can't wait to dance).

For long term residents and born-and-bred locals, the reunion is for the many of us who feel connected to the town in so many ways. The get-together is a unique opportunity for everyone to stop what

they're doing for just one day, and come together en masse in a celebration of this town's history, with photographs from the archives of those who have made up the town over the last ninety years or more. Some of our oldest residents are now in their nineties, and their children and their children still live here.

As Owen Reid said, "Let's get together and go out with a bang, put aside our differences and have a wonderful afternoon/evening together."

Maralyn Callaghan

CRABs and Woolies partner up to support Bike Show

The Bermagui CRABs group is pleased to announce an ongoing partnership with Woolworths Bermagui.

Woolworths is providing a large fruit tray to be raffled at the Bermagui pub (along with the meat trays) on Friday evenings.

Woolworths is supporting the local community on an ongoing basis, providing its carpark for sausage sizzles and as a venue to sell raffle tickets for the tinnie which is drawn at the CRABs major

fundraiser, the Bike Show.

The partnership with Woolworths Bermagui was organised by Kim Alchin and should provide even more funds to the research grant money that CRABs contributes each year to the Cancer Council.

So when you see that sausage sizzle, or pass by the pub on a Friday evening, buy a raffle ticket and you could be in the running for a fantastic fruit tray.

Maralyn Callaghan



Stuart Wilemburg, President of CRABs, with the assistant manager of Woolworths, Nathan

Bermagui Woolworths has a shopping trolley cart for the disabled. It can carry up to 100 kg. It is ready for use on the extreme right hand wall as you enter through the automatic Woolworths doors.

You don't need to ask anyone, and it is free of charge. Apparently Woolworths' management supplied these to their stores about a month ago.

Thanks to Eden reader and part time Bermagui resident Catherine Rogers for this useful information. If you are a carer of a loved one then pop into Bermagui Woolworths to check it out for future use.



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What a thriving community we live in. And fortunate we are to be a part of that. The visions of wholesome individuals, embraced, empowered, promoted and manifested into valuable opportunities and possibilities for many. From campaigns to raise awareness and support of those in need, to the basic personal support of those less able, Cobargo is a lucky place to live.

Just one example of this open-heartedness was experienced by a gentleman in the Visitors' Centre on Wednesday 2 July. Late that morning, the gentleman went in to the centre. He was quite unwell and the doctors' clinic was closed for lunch. Mal Venables, who does all of the scanning and printing for the team, put down his work and took the gentleman to the Bega hospital. Centre

Co-Ordinator Ruth Salter wants to point out how versatile the volunteer staff are. Two days later, the gentleman returned to thank the team for their assistance. Under Ruth's co-ordination, and due to the expansion of their volunteer base, the Cobargo Visitors' Centre is now open seven days a week, meeting the needs of travellers and providing information for those visiting the area.

Another example of wholehearted generosity is the team at the new Bowerbird Community Op-Shop. I recently caught up with Trish and Ros, both members of the committee of volunteers who run the Op-Shop, a subsidiary of the Cobargo Community Association Inc. The shop opened on July 6 to huge local applause. The team have worked hard over the past three months, ensuring that all registrations and legal requirements are filled. The key word in creating this endeavour was 'clarity' in the sense of transparency of all of their transactions. As this enterprise exists on donations and 100% voluntary labour, 100% of monies raised after rent and bills are covered will go back into the community, supporting the areas around Cobargo from Dignams Creek to Brogo and Coolagolite to Yowrie. Monies will be distributed to community groups through the submission of applications, which are available in the shop. The first round of submissions can be placed in October in order to allow for time to raise enough funds to give.

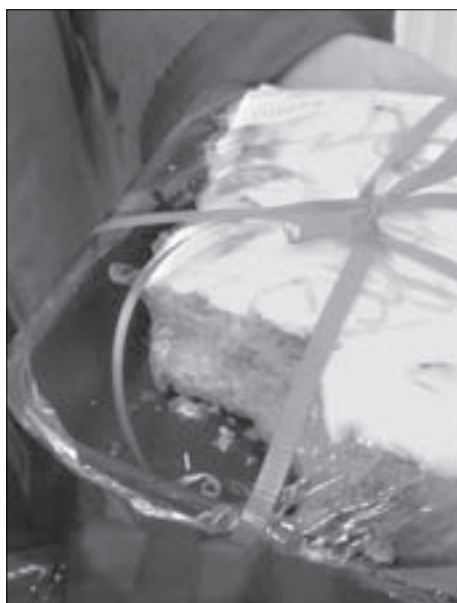
The group has a great mission statement, available for viewing in the shop. Part of that mission is, "To raise and distribute funds that will contribute to



The new Bowerbird Community Op-Shop.

the wellbeing, education, and alleviation of hardship for people living in the Cobargo and surrounding countryside". And another, one that is dear to my own heart: "To encourage locals to reuse, revamp, repurpose, upcycle and reduce waste to benefit the community". With such valuable priorities, how can they go wrong? If you have clean goods to donate, drop them in or leave on the verandah, out of sight of the road. And if you have some time to give, drop in and say g'day. All volunteers are welcome, as are new members to the Association.

Another display of Cobargo's generosity was the huge turnout for the Tabitha Fund Mega Quiz, recently held in the hotel and raising a HUGE sum towards the building of a house for a family in need in Cambodia. This event was the result of a passionate group of four locals, Shirleyanne and Brian Myers, Fiona Drum and Samantha Fenton, who provided a great night of stimulating questions and good wholesome fun. I love a Trivia Night



One of the partly eaten Baking Buddies cakes found in the supermarket.

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at which one can 'buy' the answers! Great addition to the coffers! The night was run completely through the generous donation of gifts and vouchers from almost all of Cobargo's main street businesses and a few individuals from the community. Some great bargains were had at the silent auction, which included, amongst many items, paintings from the estate of Dorothy Pantland, generously donated by her daughter Margo from Kinetix. I often wonder if many people realise how often local businesses dig deep for community groups and fundraisers, often donating to groups whose members have never stepped foot in their business houses and may never do so. It's good to keep them in mind when we jump in our cars to shop outside of the area. We can do just as well at home. From food and hardware to gifts and clothing, adornments and a good 'beer o'clock' option, we have it all on our doorstep.

And while I'm talking about generous local groups, I have to mention the wholehearted generosity of the girls at Well Thumbed Books, whose support of those seeking refuge from persecution is boundless. From donating money from the shop's takings, to lobbying politicians, these girls are constantly looking for ways to improve conditions for those seeking asylum on our shores. Their recent hosting of Isobel Blackthorn's launch of her book, *Asylum*, raised, through donations at the generous smorgasbord of morning tea, a huge sum, which was donated to the Asylum Seekers Resource Centre, a centre that provides food and clothing to around 400 people living in Melbourne's community, awaiting visas. Isobel also donated 10% of her sales to the cause.

Having said those wonderful things about people in our community, I have to take some time out and award my own personal Thumbs Down, and that is to the



Sharyn Wotton with one of her exhibits.

person (s) taking handfuls out of delicious loaves of bread and Baking Buddies' cakes in the supermarket. This has been going on for some time now and it's sad to see that it's not being done by a child! If this is you, and you are in need, please reach out. There are many in the community who are more than willing to help you. If you are not in need, pay for your cakes like the rest of us, and support those trying to make an honest living.

Since beginning a few months ago, Cobargo's new Dru Yoga class, presented by Zahle, has grown substantially in popularity, providing a gentle alternative

to more vigorous yoga styles. Zahle's husband, Michael Jensen, the principal of the Australian College of Nature Care, a professional naturopathic college, has been in naturopathic practice for 40 years. With extensive experience as a public speaker, he is also the author of two books. Having bought a property at Yowrie along with Zahle, Michael will establish an external campus clinic in Cobargo at the CWA Hall on Fridays between 4pm and 6pm. Commencing on August 7, the clinic will provide consultations to the public at a drastically reduced fee. Michael is making this offer as a community service

(continued next page)

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Gift vouchers available

Cobargo Conversations

(from previous page)

to those who really want to consult with a natural practitioner but unable to afford consultations. Michael may be contacted on 0406 438 930.

And speaking of yoga, there are two other yoga classes available in Cobargo. One of those is at the Bikram Yoga Centre, which is run by principal Amrei Newcombe. Amrei has recently returned from her annual 'Trip to Europe' where she is highly sought after for her expertise both as a teacher and trainer and as a judge of national yoga competitions. A local yoga teacher with international acclaim, in Cobargo! Perhaps we can bring you more about Amrei in a future My Triangle.

Last month saw an enchanting exhibition at the Black Wattle Gallery, 'A Mad Hatter Meets the Dodo Society', featuring the work of fibre artists Sharyn Wotton and Cathy Blake. The delightfully eclectic range of creations created much

chatter around the village in celebration of the artists. Congratulations, girls!

August 6 will see Cobargo's ever versatile CWA ladies catering for a busload of visitors to Cobargo, providing a lunch of soup, sandwiches and slices at the School of Arts Hall. They are hopeful of more of these opportunities, seeing them as a means to support the local economy by bringing more visitors to the village in the hope that they patronise local businesses.

Cobargo's CWA hopes to take to the next State Conference two initiatives of interest. The first is aimed at reducing the regional catch limits applicable to mid-water fishing trawler vessels, below the current levels. This is a follow up to the super-trawler issue to ensure the viability of the local fishing industry. The aim is to reduce the risk of localised overfishing by oversized as well as medium trawlers.

The second initiative is aimed at

making immunisation against Q-Fever available at a reasonable cost to all Australians, especially those folk living in regional areas. The effects of this disease can be devastating and they are seeking federal assistance in meeting the costs. More information on these two initiatives will be issued as they progress with them. Keep watching this column!

As is obvious, there are many strings to the CWA's bow. In fact they probably have several bows! Many people consider CWA to be the preserve of cooking and perhaps handicrafts. They are involved in those areas but they are only one part of the work done in the local community as well as their state-wide and overseas influence. CWA meetings are held on the second Tuesday of the month at 10.30 am at the CWA cottage on the Bermagui Road. A warm welcome is extended to new members.

How to become an elephant

The feature-length documentary by Tim Gorski and Synthian Sharp, *How I Became an Elephant*, trumpeting World Elephant Day, will be shown at the Cobargo CWA cottage on Sunday 9 August, starting at 4.30pm.

In this up-close-and-personal documentary, shot on location in Thailand and Burma, viewers experience a firsthand and admittedly uncomfortable look at the corruption and lawlessness that surrounds the treatment of captive elephants.

It doesn't take long to realise that these seemingly resilient animals feel great pain and anguish when held against their will and forced to perform and live in large cities.

In the film 14 year-old Juliette redefines the typical coming-of-age story with her genuine passion and concern for the world's largest land mammal. Determined to make a difference and inspire a movement, Juliette teams up with her hero, Lek Chailret, a seasoned animal advocate, otherwise known as the Elephant Lady.

Together the two spread their message of compassion and aim to inspire audiences around the world and locally in South East Asia.

She hopes to expose the dark history and current practices in so-called elephant care. But ultimately Juliette intends to raise awareness, invoke change, and inspire youth to choose a cause that is dear to their heart and commit to doing something about it.

Watch the trailer online:

<https://www.youtube.com/watch?v=BeBwe7yTw7o>

To cover the costs a \$5 donation is much appreciated. Coffee and tea provided, bring your own mug. See you there,

Lena

cobargodocos.wordpress.com



Juliette and elephant

At the Cobargo Farm Janet Doolin and Lindy Marshall are offering a series of gardening workshops each month. With spring just around the corner now is an excellent time to get involved. All workshops aim to provide an easy hands on learning experience in a relaxed and friendly atmosphere. Janet and Lindy promise that you will have the opportunity to get your hands dirty.

A workshop on Sunday 23 August will look at an overview of propagation methods and techniques including a demonstration of taking and establishing hardwood cuttings.

Sunday 20 September will be about successful seed raising with the focus on spring and summer veges, herbs and flowers. There will be a talk on the importance of soil preparation and the use of fertilisers - organic and inorganic.

All happening at the Cobargo Farm, cnr of Avernus St and Bermagui Road, 10.30 - 12.30pm.

\$25.00 per person, morning tea included. To book in email us at: artsincobargo@gmail.com

Sandra Taylor



Mega Night @ the Mega Quiz!

Cobargo – you did it! You raised \$1700 for Cobargo House PLUS another \$1410, a total of \$3110, so we almost have a second house for another homeless family in Cambodia.

On a very cold evening on Saturday July 18 close to one hundred warm-hearted people from Cobargo and surrounds gathered at Cobargo Hotel to raise \$1700 to build a home for a poverty-stricken family in Cambodia under the auspices of the Tabitha Foundation. Through the overwhelming generosity of local businesses a wonderful range of gift vouchers and items were donated for prizes and a silent auction.

A very competitive night of quizzing, amidst much laughter and chacking, led by quizmaster Brian Myers, resulted in Bronny's Hairy Choppers topping the score closely followed by four teams on equal points. So, rather than splitting hairs, the sixth placed team of The Try Angels were declared runners-up, much to their delight! The major raffle prize, donated by Bermagui Cellars, was won by Rachael Higginbotham of Bermagui; NZ visitors, Gary and Ellen Orchard, took home a pack of art cards by Quaama artist Rose Chaffey for 'Furthest Travelled'; the prize for first table booked went to Sharyn Wotton; and June Tarlinton's 'Lucky Chair' won her a \$50 Benny's Meat Voucher.

However, the biggest winner is a very needy family in Cambodia whose lives will be vastly improved with their own sturdy house. We are so close to providing a second house that we are committed to



Happy Organisers - Brian Myers, Samantha Fenton, Fiona Drum and Shirleyanne Myers at the end of the quiz night

raise the next \$290.

A huge thankyou to all who supported the Mega Quiz: to all our generous sponsors, to Gordon and Julie at the Cobargo Pub, to our able helpers on the night, and to all who came along on the night and opened their hearts and wallets for the benefit of those in need. As all tables were fully booked very quickly we had to turn away many would-be participants so

if there are others who wish to donate to this project please contact Fiona on 0419 718 615.

*Fiona Drum, Samantha Fenton,
Shirleyanne and Brian Myers*

STOP PRESS! 24 July. Today donations topped \$3400 so we now have a second house – Wandella House! Thank you to all our wonderful donors.



Bermagui Country Club
www.bermaguicountryclub.com.au
Club - Ph: 64934340
Monday: Bingo, 10.30am
Wednesday: Members Badge Draw, 5.45pm, 6.45pm, 7.45pm
Friday: Raffles, First Draw 7.30pm
August Entertainment:
7th: *Joe Driscoll*, 14th: *Ray Stephens*,
16th: **Monster Raffle** tickets on sale 1pm, drawn 3pm, \$1000
worth of Meat Trays, Seafood Trays, Fruit & Veg boxes,
Live entertainment from 1pm,
21st: *Crushed Ice*, 28th: *Sandy M (Karaoke)*

Cobargo & Quaama History Request

What local Cobargo and Quaama history do you have stashed away? Have you or a member of your family have your family history documented? Would you like to see it displayed in the museum? Also looking for information and photos on Hotel histories, cordial factory, brick works, sales yards and slaughter yards. Please contact:

Ray Sawtell 6493 6594 or 0439 175 984

Pat Reed 0429 960 417
or Vicky Hoyer 6493 6961 or 0422 377 278.

The Cobargo District Museum AGM will be held on Thursday 13 August at 5 pm at Cobargo Newsagency. All welcome to attend.

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Need funds for a village project? Dragon's Den, Quaama-style

Just say your group has an idea to make Quaama an even better place to live, and the energy and nouse to make it happen, but you just need the funds to get started. The Quaama Progress Association might have the answer.

The QPA is pretty flush right now with earnings from the fairs and wants to put it into local projects. It might be tree planting in public areas, paper (gazetted) road improvements for walkers, mapping

the cemetery for graves lost to the fire in 1952 (someone has mentioned that – what a great project!), further improvements to the Hall, or anything to help people lead happier or richer or healthier lives – the very young? The very old?

One such project that's well on its way now is the restoration of the tennis courts. A couple of years ago that was just a thought bubble. But it doesn't have to be as big a venture as that: another one was the stage curtains in the Hall.

You get the idea. It's Quaama money, let's spend it on Quaama.

So there'll be a brunch on Saturday, 12 September at 11am in the Hall grounds. The QPA will be there with tea and coffee and some food – bring a plate if you feel like it. But most of all, bring that idea, that great little notion you have for bettering the village, if only you could afford to do it...

You might also take the opportunity

to give them an idea for what you'd like *them* to spend some money on, in the way of events. Or just go along and say hello, if you like. They're pretty friendly.

Unfortunately, Brett's got friends

The bad news is that Brett Horne's got diabetes. He's on a really strict diet now. The good news is that people are watching out for him.

He knew that Rachel had asked Rob Gillies at the Quaama Store not to sell him any high-sugar foods. But he didn't expect the shout from across the highway as he sat at the Train Café in Cobargo. "What're you eating, Brett?" John Holmes from Bermague St. Neighbours. Who needs 'em.

Stop press

I have it on good authority that by the time you read this, the heaters will have been installed in the Hall. Yippee!

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us contributions@thetriangle.org.au

Bailout package

Sourced from The Weekly Times, July 15, 2015

It's a slow day in a little Greek village. The rain is beating down and the streets are deserted. Times are tough, everybody is in debt, and everybody lives on credit.

A rich German tourist is driving through the village, stops at the local hotel and lays a €100 note on the desk, telling the hotel owner he wants to inspect the rooms before choosing one.

The owner gives him some keys and, as soon as the visitor has walked upstairs, the hotelier grabs the €100 note and runs next door to pay his debt to the butcher.

The butcher takes the €100 note and goes to repay his debt to the pig farmer.

The pig farmer takes the €100 note and heads off to pay his bill at the supplier of feed and fuel.

The guy at the Farmers' Co-op takes the €100 and pays his drinks bill at the tavern.

The newly married publican rushes to the hotel with the €100 and pays off the room he rented for his honeymoon.

The hotel proprietor then places the €100 note back on the counter. The traveller comes down the stairs, picks up the €100 note, says the rooms are not satisfactory and leaves.

No one produced anything.

No one earned anything.

However, the village is out of debt and looking to the future with a lot more optimism. And that is how the bailout package works.

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*A big thank you to those who answered last year's ad
Keep up the good work!*

Reclaim the Riverbank – Bush Regeneration Workshop

In June the Quaama Reclaim the Riverbank and Dry River Landcare groups hosted a bush regeneration workshop in Quaama. About fifteen people came from as far as Bermagui, and from Cobargo and Quaama and surrounding areas.

James Cook was our guest, and he brought a wealth of knowledge to the discussion. He guided the participants through the various stages of developing a plan to regenerate natural vegetation, using the Dry River Reclaim the Riverbank site as an example.

The basic guidelines are: identify your site; map out and mark vegetation you want to preserve; then divide your site into regions. Within those regions then divide the area into small, manageable lots. This is important, as it makes your job manageable and not too overwhelming. Aerial photos or maps are useful for this task and can usually be sourced through Council or even Google Earth. James suggested that small shrubs or plants that you want to keep could be identified with pink tape markers or something similar.

Once all this is done you can begin to remove the weeds, starting with anything



A walk around the Dry River site gave plenty of examples of bush regeneration principles

that is aerial, ie invasive vines and creepers that are strangling taller trees and shrubs. Once that is achieved, you can begin the process of removing the roots of the offending vegetation, by whatever means you choose: judicious weedicide application, or grubbing out, depending on your resources, being careful not to damage any of the identified plants that you want to retain

It sounds like hard work, but great results can be achieved with planning and persistence, as various participants reported during our discussions. Then the planting can begin. If the invasive weeds have been properly removed, it is a lot easier to then keep regrowth under control with regular weeding around the new plants until they are well established.

Participants in the workshop gained a very good understanding of the job ahead of them and the morning was a great

opportunity to share what is being done in different areas. In future, trips to Cobargo and Bermagui will take place to see what others are doing, and to keep up the morale of each of the smaller groups carrying out Landcare work in this region.

For more information or to become involved you can contact the Dry River Landcare group at dryriverlandcare@gmail.com

The next Reclaim the Riverbank working bee will be on 29 August at 9.30am.

Rose Chaffey



James Cook explaining the principles of native bush regeneration.



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First Australian BioBlitz to record 1000 species

In September, the Atlas of Life ran its third BioBlitz in the Bega Valley region in the beautiful Mimosa Rocks National Park, far south coast of NSW. It was a great two day event from dawn to after dusk, attracting over 300 participants. There were 44 surveys ranging across many species groups and habitats.

Since then we have been gradually adding in all the records collected at the event. It was only when the deadline approached for the soon to be launched Australian Guide to Running a BioBlitz that we needed to get a final count. We were delighted to find that when we had taken out all the duplicate records, we were left with a grand total of 1008 species!

"The number of species is not the most important reason for running a BioBlitz" Libby Hepburn, the event organiser said, "but this is a large total and just shows that significant species lists can be one of the outcomes of BioBlitzes. Everyone who has contributed can be proud of this result and it gives us a good baseline of data to compare to the next BioBlitz we run in this National Park."

So far there have not been many BioBlitzes run in Australia using this model, where scientists and naturalists



Collecting information for the BioBlitz

lead surveys of community members to explore, learn and record all the species they can find in 36 hours. There is currently a growing interest in these kinds of events and a working group of practitioners has just launched the new *Australian Guide to Running a BioBlitz* at the Australian

Citizen Science Association first ever conference in July.

See these websites for more information: www.alcw.org.au or www.citizenscience.org.au. Or contact Libby Hepburn by phone on 6495 0917 or at libbyhepburn@btinternet.com.

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To Register: Contact Pauline Davis
Mobile: (0409) 992 588 or Email: paulinedavis2014@gmail.com

Paddy staggered home very late after another evening with his drinking buddy, O'Toole. He took off his shoes to avoid waking his wife, Kathleen.

He tiptoed as quietly as he could toward the stairs leading to their upstairs bedroom, but misjudged the bottom step. As he caught himself by grabbing the banister, his body swung around and he landed heavily on his rump. A whiskey bottle in each back pocket broke and made the landing especially painful.

Managing not to yell, Paddy sprung up, pulled down his pants, and looked in the hall mirror to see that his butt cheeks were cut and bleeding. He managed to quietly find a full box of Band-Aids and began putting a Band-Aid as best he could on each place he saw blood.

He then hid the now almost empty Band-Aid box and shuffled and stumbled his way to bed.

In the morning, Paddy woke up with searing pain in both his head and butt and Kathleen staring at him from across the room.

She said, 'You came home drunk again last night, didn't you?'

Paddy said, 'Why you say such a mean thing?'

'Well,' Kathleen said, 'it could be the open front door, it could be the broken glass at the bottom of the stairs, it could be the drops of blood trailing through the house, it could be your bloodshot eyes, but mostly, it's all those Band-Aids stuck on the hall mirror.'

The other side of Anzac

Has Anzac Day been hijacked by nationalistic jingoism?

Patrons are in for a great night on Wednesday 5 August when Graham Walker – soldier, researcher, campaigner and National Finalist for Senior Australian of the Year 2014 – will speak at the Bermagui Hotel.

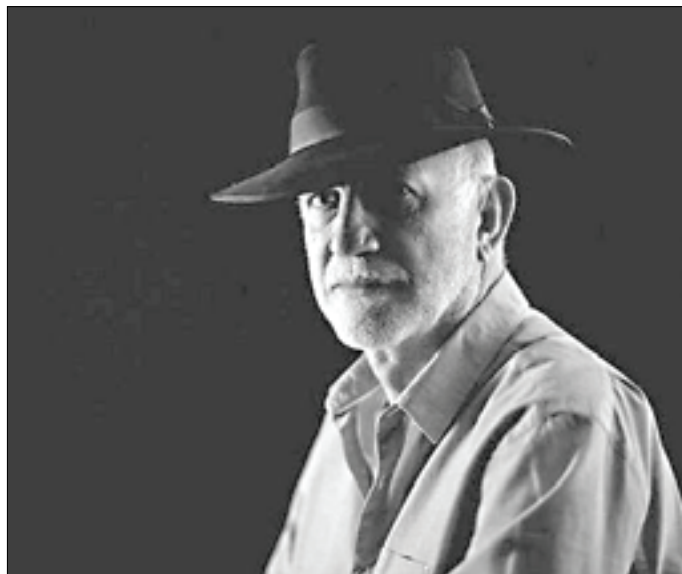
Graham served in Vietnam and the Indonesian Confrontation. He was awarded the Vietnamese Cross of Gallantry with Silver Star. But it was upon retirement in the 1980s that he faced perhaps his greatest battle, advocating for the rights of returned servicemen and women.

He also campaigned successfully for a new official study into the effects of Agent Orange. He believed the official history

of the controversial herbicide was flawed and insulting when it accused the campaigning veterans of dishonesty and greed.

Graham's topic on 5 August is "The Other Side of Anzac" and it's sure to be a cracker.

Call the Bermagui Hotel for bookings: tickets are \$24, including dinner. Phone 6493 4206. Limit: 50 tickets.



Graham Walker will explode some Anzac myths at the Bermagui Institute Public Dinner on 5 August.

Tax Help is available at Women's Resource Centre, Bega

What is Tax Help?

- A free and confidential service to assist women to prepare tax returns using e-tax and lodge a tax return electronically
- Support women with claims for refunds
- Encourage clients to prepare the tax



return themselves

Who is Tax Help for?

- Tax Help is for women on low incomes who need help with their tax returns
- This including seniors, people from non-English speaking backgrounds, those with a disability, Aboriginal and Torres Strait Islander people and other people with special needs.

What do I need to bring?

- Tax file number
- Payment/income summaries (work, Centrelink, DVA including tax-free pensions or benefits)
- MyGov User name and login (if you

have an account)

- Notice of assessment from Tax office for any of last 5 years
- Financial institution details (BSB and Acct No)
- Financial institution interest received
- Receipts/documentation for work-related deductions, donations, medical expenses
- Employment termination payment summaries
- Payment summaries from super funds
- Dividend, super and managed funds statements
- Foreign income details and pension statements or details of amounts received
- Child support payments made
- Private health insurance details (if relevant)
- If you had a spouse during 2014/2015 bring evidence of your spouse's income and any of the items listed above that are relevant to your spouse's circumstances

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Tax Help is a free and confidential service provided by volunteers in a community centre in your location.

This year, Tax Help is available by appointment at Women's Resource Centre, 14 Peden Street, Bega – July until end of October. To book your place phone Gabrielle Powell at Women's Resource Centre on 6492 1367.

The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting,

drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month's creative contribution is a poem by Skye Etherington of Wallagoot.

Gifts of my life

My life has been a series of gifts and these
I remember.

Living in clouds, expression of air,
deep dank darkness within the cave,
looking out to sunlight and warmth,
vast forests spreading before me,
green as far as I can see.
A mountain range rising,
earth enfolding.

The gifts of my life come from the earth.
Sparkling blue ocean expanse.
Space. Sky.
The chatter and conversation of birds in the
morning
Web of veils shining in the mist of garden.

The chance to converse, to notice, to breathe,
to be.
All of these, gifts of my life in this place.
Chosen.

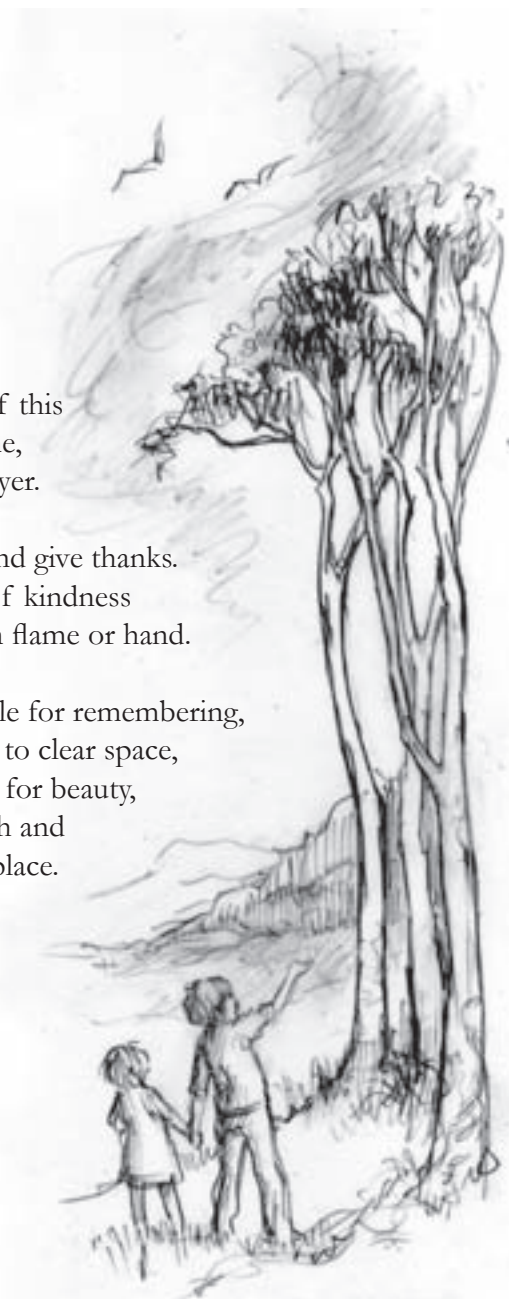
I choose the nourishment of nature,
the gifts of beauty,
the benefits of silence.
I listen to the trees.
wander my eyes up to their very crowns, catching
sunlight at day's end.

Gifts of the other, also I share.
Of friends and family,
of song and laughter and creating together,
opportunities to grow, to listen.
To be still.

The graces of this
life inhabit me,
call forth prayer.

Remember and give thanks.
Simple acts of kindness
Focus held in flame or hand.

I light a candle for remembering,
burn incense to clear space,
plant flowers for beauty,
walk the earth and
honour this place.



*Skye Etherington
Illustration: Naomi Lewis*

AKT, a company of some 35 years' standing, manufactures dehydrators to capture proteins and nutrients from waste and transform them into meal products. Their technology captures nutrients in vegetables to use as food additives.

They are currently aiding the economies of African nations by refining a dehydrator that can process a crop like corn that has been spoilt by bad weather into a useable product.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community.



Olga Masters 2014 winner selected for national collection

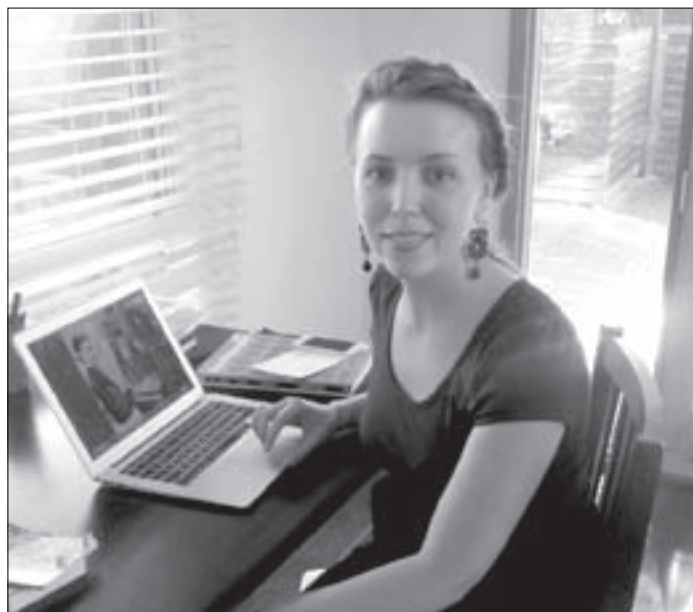
It's a huge honour for the Olga Masters Short Story Award, a national competition run for the first time last year in conjunction with the Olga Masters Festival in Cobargo and Bermagui. The competition is having its winning story, *Chalk* by HT Thomas, published in this year's Award Winning Australian Writing (AWAW).

AWAW is published every year and represents the pick of the winners of short story and poetry competitions across the country. It's a serious win for our local short story competition (not to mention for HT Thomas) and will widen its exposure.

This year's Olga Masters Short Story Award is open for entries. It closes on 20 August so you'd better get a wiggle on. Stories must be 2000-5000 words, about any aspect of Australian rural family life. For more information, or to read *Chalk*, go to www.olgamastersshortstoryaward.com.au.

Jen Severn

Melbourne writer HT Thomas's story *Chalk*, winner of the Olga Masters Award last year, will be published in *Award Winning Australian Writing 2015*



Quirky colours, brooches and pins

Shirleyanne Myers has been a member of the Lazy Lizard Gallery since 2010 and her lovely watercolour paintings are much admired by visitors. Their vibrant colours brighten up our cold winter days.

Watercolour is a medium that needs delicate handling to capture the luminous transparency of the colours. Shirleyanne handles this with consummate skill, and her paintings glow with life. Living in the Wandella Valley, Shirleyanne finds endless inspiration in the villages of Cobargo, Tilba and Bermagui, with their old buildings and quirky colours which she loves to exaggerate.

She also loves to paint flowers and plants. Having grown up on the edge of the outback in South Australia, many of her paintings are influenced by the bold clear colours of the dry inland. Mallees and quandongs were part of her playground and these feature strongly in many of her

paintings.

Shirleyanne has also produced an extensive range of very popular art cards from her original watercolours. These are sold in shops and galleries around the Bega Valley as well as the Australian National Botanic Gardens and the National Arboretum, Canberra.

In the Side Room this month, we have an off beat show called "PIN IT". Patto has invited all her artistic friends to design exciting wearable accessories in any medium (beads, fabric, wood, wool, metal, or whatever comes to hand) – the only stipulation being that each accessory must be fastened with a pin. That would include brooches, scarf toggles, lapel pins, hair clips, hat pins etc. So, apart from the pin, this imaginative idea has no limits! Drop in and have a look for yourself.

Naomi Lewis



Quandongs by Shirleyanne Myers (note from eds: images like this make us wish we could afford to print in colour! Oh well...)



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Four Winds Open Day Saturday 10 October

We are very excited to announce a rather special open day event at our beautiful site at Barragga Bay on 10 October. It is going to be a jam-packed day with music, a showcasing of the exciting projects now happening at Four Winds, and a chance for us to extend our gratitude to the wonderful community that makes Four Winds possible.

Come along and help us launch the 2016 Easter Festival. The Festival line-up will feature lots of new concerts, 25% Australian compositions, and at least one world premiere of a brand new piece. Tickets will go on sale in conjunction with the Open Day festivities, and as a celebration there will be a performance from our talented Artistic Director and clarinettist, Paul Dean.

Other highlights of our Open Day event will include performances from Australia's pre-eminent new music ensemble, Ensemble Offspring, and a performance by a vivacious brass quintet here on the South Coast as part of our Australian National Academy of Music residency program.

We will also be showcasing our Native Species Arboretum. Thanks to the generous assistance of the 25th Anniversary Landcare Grants 2014-15, we've been hard at work planting trees. Come and explore with tours by botanist Stuart Cameron. The fantastic results of our 'Grow and Flourish' fund-raising campaign will also be on show, including performances by local school children as part of the National Music Teachers' Mentoring Program.

To top things off, there will be performances by local, Indigenous dancers and a fun kids' activities area.

Bring a picnic and enjoy the natural



Nature's amphitheatre at Barragga Bay (photo: Robert Tacheci)

setting! The Four Winds site is the perfect landscape to relax and enjoy the best nature and music the region has to offer. A sausage sizzle, drinks and coffee will also be available for purchase.

Gates open at 11 am. This event is free but please visit our website to register your attendance. Don't miss out!

Why not make a weekend of it? Montreal Goldfield is celebrating its 10th anniversary on Sunday 11 October, 9:30 am – 3 pm, with a Heritage Day event at their site, approximately 7 kms north of Bermagui (15 kms north of the Four Winds site). The day will be a cultural experience, featuring 'Montreal Madness Moments' at 10:30 am and 12 noon – 30 minute skits of music, laughter, and history. There will

also be tours, billy tea and damper available throughout the day.

For a blending of cultural heritage and contemporary musical expression, make your way back up to the Four Winds where Zephyrs Jazz will be presenting the jazz-Afro-Cuban group, The Vampires, at the Windsong Pavilion at 2 pm the same day. Lloyd Swanton (of 'The Necks' and 'The Alister Spence Trio' fame) has described The Vampires as "an absolute must-have for festivals anywhere in the world". It will be an afternoon of cool beats to finish off a fabulous weekend.

Tickets and details can be found on our website: www.fourwinds.com.au.



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Old School Blues at the Cobargo Hotel



Melbourne's old school Blues virtuoso Dave Diprose will be performing for the Yuin Folk Club at the Cobargo Hotel on Sunday 16 August at 2.30pm.

Dave Diprose plays the blues the old way, like you'd expect to hear on the plantations and the juke joints of old Mississippi.

His voice is earthy and raw, cajoling the spirit of Robert Johnson or Charley Patton; his metal-bodied slide guitar sings, soars and spits, held together with foot stomp grooves.

Come along and enjoy this unique blues experience. A show not to be missed!

Isobel Blackthorn

Dave Diprose will be playing blues at the Cobargo Hotel on Sunday 16 August

A New Way to Learn History?

The performance of *The Dirty Red Diggers* by the Griffyn Ensemble at the Windsong Pavilion on 3 July offered a new form of multimedia story telling. It explored the Australian experience of the 1914-18 World War using historical perspectives from film archives and matching them with modern day stories from young Rugby League players.

The disparate images were woven together with music, song and the spoken word, exploring ethical and political similarities and divisions, and depression both in returning soldiers and in Rugby League players.

There was no disunity in the production but rather a weaving together of widely separated time lines and social mores.

Overall the result was an exciting way to explore history: linking events, attitudes and music in the contemporary population with film, song and story from a past era. The show has been toured extensively as part of the Musica Viva

in Schools education program.

The Griffyn Ensemble artistic director, composer and mandolinist Michael Sollis, played first grade footy with the Gungahlin Bulls from the age of sixteen. He now leads a team of talented and respected musicians comprising soprano Susan Ellis, double bassist Holly Downes, harpist Laura Tanata, violinist Chris Stone and flautist Kiri Sollis.

The Dirty Red Diggers production was part of the Griffyn Ensemble 2015 Concert Series 'Global Chronicles'. Still to come is *The Utopia Experiment* at the National Portrait Gallery in Canberra in early December.

Jo Lewis



The Griffyn Ensemble performed *The Dirty Red Diggers* at the Windsong Pavilion last month

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Advertising

Nerida Patterson 6493 7222 (9am-6pm only)

Layout & Design

Sarah Gardiner & Jen Severn

Accounts

Terry Freemantle Phone: 6493 3114
Mail accounts to:
PO Box 2008, Central Tilba NSW 2546
Email: treasurer@thetriangle.org.au

Area Contacts

Bermagui: Carolyne Banados
bermagui@thetriangle.org.au
Cobargo: Elizabeth Andalis - 6493 6738
cobargo@thetriangle.org.au
Quaama: Jen Severn - 6493 8515
quaama@thetriangle.org.au
The Tilbas: Christine Montague
tilba@thetriangle.org.au

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Deadlines

Advertising: 12pm, 19th of each month

Editorial: 12pm, 22nd of each month

Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

Soft Footprint Recipes

Linda Sang

Here are a couple of sweet recipes that have been requested by some enthusiastic samplers. Both are gluten free and deliciously decadent in a good way.

Spiced Honey Almond Cake

1/3 cup caster sugar
2 tbsp honey
1 tsp ground ginger
1 tsp ground allspice
2 eggs
1½ cups almond meal
½ cup polenta
1 tsp baking powder
¼ cup milk

Preheat oven to 180°C or 160°C fan forced. Line a rectangular brownie tin with baking paper.

In a small bowl, beat butter, sugar, honey and spices with an electric beater until light and fluffy. Add eggs one at a time, beating until just combined between additions. Transfer mixture to medium bowl. Fold in almond meal, polenta, baking powder and milk.

Spread mixture into pan and bake 35 to 40 minutes, till a skewer comes out clean. Stand cake for 5 minutes.

Spiced Syrup

...whilst cake is baking, make the syrup:

1 cup caster sugar
8 cardamom pods, bruised
2 cinnamon sticks

To make spiced syrup, stir the ingredients in a small pan over heat,

without boiling, until sugar dissolves; then bring to a boil. Boil uncovered, without stirring, for about 5-7 minutes, until syrup thickens slightly. Strain into a small bowl.

Pour syrup over hot cake; cool cake in pan to room temperature. Turn cake, in pan, upside down onto serving plate; refrigerate for at least 3 hours or overnight.

With a sharp knife I like to remove the baked edges around the cake before I serve it (eating them of course!). You can also sprinkle on finely chopped pistachios before cutting the cake into small squares.



Date and Walnut Balls

250g pitted dates
About 100g walnuts
The juice of an orange – may use less
Zest of ½ an orange
Finely chopped pistachios for coating

I'm not sure of the correct measurements for this recipe. All I know

is I cut up the dates with scissors into tiny pieces (I found cutting the slightly hard dates with scissors easier than by chopping with a knife) and pulsing them in a food processor with some orange juice and a little zest. It shouldn't be too wet, but should be a malleable paste and taste nice. Remove from bowl. Roll into small balls, inserting a piece of walnut in the centre. Then roll the balls into the pistachio crumbs.



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Winter pruning

Winter is well and truly here and the time is right to catch up with pruning of roses, fruit trees and many other deciduous plants in the garden. Pruning needs to be done to form new wood for future flowering and fruiting.

It is important to remember that pruning too early, while the sap is still flowing, can cause the plant to stress with 'bleeding' and also allow disease to enter these wounds. Also pruning roses too early will encourage them to shoot, with these shoots being possibly burnt off with a heavy frost.

Roses should be pruned reasonably hard, as the more new growth that is encouraged the more blooms will appear in late spring. If you are unsure of the severity of pruning then these few tips will help.

Initially remove all dead or damaged wood. Remove any branches that are crossing over another branch or are growing into the centre of the bush. The idea is to keep the centre of the bush open in a vase shape to allow for better air circulation. This will decrease the possibility of fungal diseases when the plants come into leaf again in spring.

Reduce all the other growth by as much as half, remembering to ensure you have live buds below the cut and the uppermost bud is pointing away from the centre of the plant, basically pointing in the direction you want the new growth to point.

An important fact to remember when doing your roses is not to prune those that have only one flowering period in spring. These roses flower on the current season

growth and if pruned in winter there will be no flowers. Prune these roses in late spring after they have flowered.

The pruning of deciduous fruit trees is a bit more complicated and if you are unsure of the technique I suggest you



Pruning of Hydrangeas should also now take place and a similar method of pruning to roses is recommended. Hydrangeas flower on growth that has been made in spring on new season wood so the more that this is encouraged the more flowers you will have.

Now is also a good time to divide and relocate summer flowering bulbs like Dahlia and other herbaceous perennials. Divide them with a sharpened spade and dust with a fungicide to prevent any damage to the cut. Plant them in the new position with a combination of cow manure and a handful of blood and bone to the existing soil. Remember that most herbaceous perennials like a well-drained soil, so slightly raised garden beds in full sun are the ideal.

Still on the theme of pruning, it should be well remembered that not every flowering tree or shrub in the garden needs to be pruned in winter. I have seen many spring-flowering plants heavily pruned in winter and then no blossom appear in spring. Spring-flowering trees and shrubs develop their flowering buds in late summer and autumn and if these plants require pruning, do it in late spring after flowering. They then have all the following seasons to develop new flowering wood.

Remember to ensure all your pruning tools are well-sharpened and clean before you start. Cleaning the cutting tools between plants with a diluted Detol or similar will decrease the spread of infection from one plant to another.

The nursery is now on Facebook with lots of great hints on gardening.



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• Open early til late
• Tel 6493 5444

contact a professional horticulturist for some help. Fruit trees develop fruit buds on different types of wood so it is important to know these so you don't cut off established fruiting spurs, particularly on apples and pears.

Once all the roses and trees have been pruned, complete a spray of winter insecticide and fungicide to remove any over-wintering insect pests and fungal problems.



Classifieds

FOR SALE

Genuine leather black 'Tarocash' men's jacket, button-front. Size M. As new. \$50. 0429 923 005

TOYOTA Camry (\$400 - a real bargain) low klms (152,000), very reliable, rego Nov. starts first time, every time. KING SINGLE Bed & mattress, as new. Only \$100 (new \$900) Desk (\$5). 6493 3134

Box Trailer, 1.5m x 1.2m. Very strongly made, has jockey wheel, \$150, ph. 6493 4887

Cupboard 2100(h) x 650(w) x 650(d) has shelves and space for brooms and an ironing board, timber door, suit laundry or linen press \$50

Windows (3) aluminium, sliding. 350x1050 \$50, 900x1260 \$75, 900x1900 \$110. Phone 6493 8285 or 0400 473 067.

2002 Toyota Hilux Twincab (AY34JP). 4 x 2, manual, 280,000 kms, registered to Dec 2015, unleaded petrol, airconditioning, bull bar, tow bar, canopy with side access windows, excellent condition, serviced every 10,000 kms, log books & receipts, \$5,850. Phone Robyn 0418 118 814 or 6493 4886

Red Gum trunk, felled, well seasoned, 3.6M long and 90cms diameter, solid. Great for furniture. \$400. Cast Iron Kettle, Kenrick 4 Gallon, with tap. Excellent condition. Holds water. Great for top of fuel stove, \$275. Wood Heater, Eureka, in-built, good working order. Needs fire bricks. Ash guard included. \$250. Call Brian 0408 661 533.

WANTED

Old sewing machines - any age, condition or brand for a project. Will pick up from any area Ph 4473 7503 Tilba.

WORK AVAILABLE

CAN YOU HELP a small, local, not-for-profit group? Do you have some marketing experience? An hour a week or fortnight would be all it would take of your time. Hourly rates, budget negotiable. Please contact Judi, 0427 897 261.

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds



Tilly needs a forever home.

Book Review

Heather O'Connor

Emily Bitto

The Strays

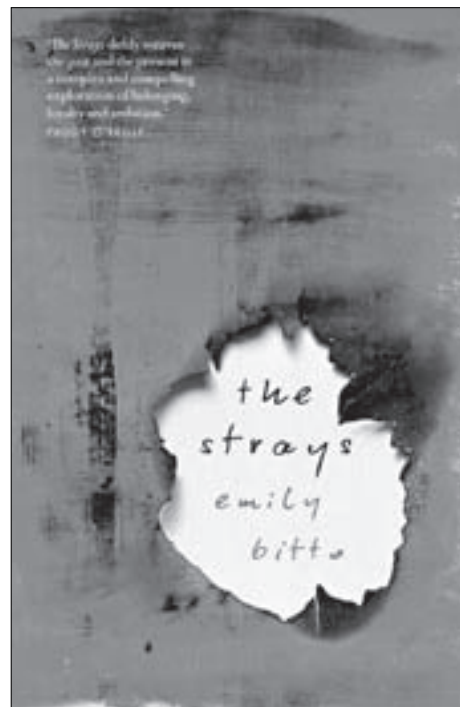
Affirm Press, \$24.99

This debut novel from a young Melbourne writer has won the 2015 Stella Prize Award, which celebrates the best of Australian women's writing (www.thestellaprize.com.au). Chosen from a short-list of six, *The Strays* is set in Melbourne in the 1930s. A young girl, Lily, befriends the daughter of a bohemian painter, Evan Trentham, and gradually becomes absorbed into the family and their eclectic group of artistic friends.

I was reading this at the same time as reading two books about Sunday and John Reed and the community of artists they gathered around them at Heidie in Melbourne – the parallels were striking. The quest to escape the stifling conservatism of Melbourne in the pre-war period must have been doubly frustrating for creative people, as evidenced in the tensions between those who represented the 'established' schools of painting and writing and those who paved the way, searching for a new sense of Australian

national identity.

For a young writer to capture the era so well and to convey so clearly the perceived eccentricity of the unconventional Trentham family is a real joy – you can only look forward to her follow-up works.



Pet of the Month

Deb Cox

Tilly (pictured left) was saved from a probable dog fighting future. She was starving, full of worms and in desperate need of someone to rescue her. Fortunately she found two very caring ladies who have moved her away and put her into a safe and loving environment.

She was immediately wormed, vaccinated and fed small amounts often. In just a few days, this little girl who we think is about 5-6 months old has filled out. Her coat is glossy, she is SO eager to learn, she is starting to trust people and is proving to be a very intelligent young dog.

Tilly is possibly a Mastiff X Boxer with a lovely light yellow/tan brindle coat. It appears that she will be a medium sized dog rather than a large dog. She is still a bit mouthy so she would be best with older children or an adult who is willing to train and develop her into her full potential.

Also available are Billy the 5 year old domestic short haired cat; Charlie and Darcy the 8 month old black domestic short hair cats; and Dusty and Smokey the 18 week old tabby kittens; Bianca the tan and white 23 week old Kelpie; Gypsy and Holly the 10 month old female Kelpies; and Whistle the 5 year old tan and white

female Kelpie x.

If you would like to apply to adopt Tilly or one of the other lovely companion animals available from Animal Welfare League NSW Far South Coast Branch please call 0400 372 609.

Please note that potential dog owners will need to have secure dog proof fencing and suitability to the needs of the animal. Cat adoptees would need to be able to keep their cat in at night.

Or call us if you would like to have a chat about being a carer. Caring is a great way to be able to enjoy the company of a pet if you are between your 'travels' or while you are deciding what type of pet you would like to adopt. All that plus the buzz of being able to save an unwanted animal.

Do you have an empty garage or storage shed where the Animal Welfare League can store kennels, carry-crates and other items that are not needed at the moment? Please contact 0400 372 609 if you can help.

Thanks to everyone who signed our Puppy Farming Petition. A submission to the inquiry along with 4000 signatures is now with Parliament.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club
Bega at 10am: 16th April, 18th June, AGM - July,
20th August, 15th October, 17th December, 2013. All
enquiries phone 0400 372 609. All welcome.

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday,
5pm Evening Prayer/Contemporary Service. 2nd,
4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday
10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th
Sundays, 10am, HC. 3rd Sunday, 5pm Evening
Prayer/Contemporary Service. Thursdays, 10am HC.
Contact. Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium
Bermagui Country Club, Mondays 6.30pm. Ladies
and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until
12 noon. Venues vary. For info phone
Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 1.30-3.30pm.
New players always welcome, tuition and friendly
games always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

COBARGO DISTRICT MUSEUM

Meeting 7 pm 1st Wednesday of the month Cobargo
School Library: researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms.
Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Quality early childhood education for children 3
years and over, Tuesday to Friday during school
terms from 9am-3pm. Ph 6493 6660. All welcome.

COBARGO PRESCHOOL PLAYGROUP

Thursdays 9-10.30am (school terms). Donation. Bring
a piece of fruit to share. All children who may be
coming to the preschool after they turn 3 are welcome
with their families. Ph 6493 6660 for more info.

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on
a Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo
School of Arts Supper Room. Information phone:
6493 6538. cobargohall@gmail.com.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 6pm, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

DATE	EVENT	VENUE	TIME
Sun 2	Tony Jagers	Bermagui Beach Hotel	4pm-7pm
Wed 5	Public dinner with Graham Walker AM	Bermagui Beach Hotel	6pm for 7pm
Fri 7	Joe Driscoll	Bermagui Country Club	from 8pm
Sun 9	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd	1pm-5pm
	Glenn Mood	Bermagui Beach Hotel	4pm-7pm
	Documentary 'How I Became an Elephant'	CWA cottage Cobargo	from 4.30pm
Mon 10	CTC volunteer morning tea	Bermagui CTC (adjacent to library)	from 10am
Fri 14	Ecstatic & freestyle dance	Quaama hall	6pm
	Ray Stephens	Bermagui Country Club	from 8pm
Sun 16	Genevieve Chadwick	Bermagui Beach Hotel	4pm-7pm
	Monster raffle: meat, seafood, fruit & veg	Bermagui Country Club	drawn at 3pm
	Dave Diprose	Cobargo Hotel	2.30pm
	Tilba Folk Circle	Dromedary Hotel, Tilba	7pm
Thurs 20	Bermagui Growers' Market	Fishermens' Wharf, Bermagui	from 3pm
Fri 21	Crushed Ice	Bermagui Country Club	8pm
Sun 23	Darryl Lamb	Bermagui Beach Hotel	4pm-7pm
	Gardening workshop	Cobargo Farm, cnr AvernusSt & Bermi Rd	10.30-12.30
Fri 28	Ecstatic & freestyle dance	Quaama hall	6pm
	Sandy M (karaoke)	Bermagui Country Club	8pm
Sat 29	Bermagui Cellars wine dinner	Terrace Restaurant	evening
Sun 30	Josh Rawi	Bermagui Beach Hotel	4pm-7pm
	Full moon dance	Quaama hall	6pm
SEPTEMBER			
Sat 12	QPA Dragon's Den Brunch	Quaama hall	from 11am
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	No Lights, No Lycra	Cobargo School of Arts Hall	6pm start
2nd Monday	Tilba CWA meetings	small hall Tilba	10am
Tuesdays	Bermagui Seniors' Social Club	Bermagui CWA Hall	10am-2pm
	Hoola hoop classes	big hall central Tilba	from 10am
1st Tuesdays	Bermagui garden group	venues vary, phone Heather: 6493 5308	
2nd Tuesdays	Cobargo CWA meetings	CWA cottage, Bermagi Rd, Cobargo	from 10.30am
Wednesdays	Pool comp	Bermagui Country Club	from 7.30pm
	Weightlifting Club (info 6493 5887)	Bermagui Sports Stadium, Bunga St.	4pm-6pm
	Dru yoga class	Cobargo CWA hall	from 10.30am
1st Wednesday	Bermagui Historical Society meetings	Bermagui Museum in community centre	2pm
	Social bridge	Tilba Valley Winery	from 2pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, 36 Princes H'way Cobargo	10am-11am
	Bermagui Growers' Market	Fishermens Wharf, Bermagui	from 3pm
2nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Tiny Teddies playgroup	CWA hall, Bermagui	10am-12 noon
	Meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
	Raffles: meat, seafood, fruit & veg	Bermagui Country Club	5pm
Saturdays	Laneway markets	Cobargo main street	from 9am
last Sunday	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
August	Exhibition of works by Shirleyanne Myers 'Pin It' exhibition in the side room	Lazy Lizard Gallery, Cobargo	Mon-Fri 10am-4pm Sat till 1pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month