

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Local girl Champion at Easter Show

14-year-old Ella Cowgill of Bermagui last month won Champion Australian National Saddle Horse at the 2017 Sydney Royal Easter Show on her horse "Bayview Toyboy", beating a field of professionals and adults to win this amazing award. Bayview Toyboy was trained previously by local horse person Sallie Slater of Bega, who won the award last year.

Some of the classes Ella entered this year had over 70 horses competing from across Australia and New Zealand; a 14-year-old from the Far South Coast has never won Champion at this level before.

To attend the Sydney Royal Easter Show you must qualify both horse and rider which means winning extensively at 8-10 local agricultural shows to even enter, so



Ella with Bayview Toyboy in his winner's rug

at this event is a challenge.

Ella works really hard with regular lessons and daily training to be competitive at this level.

It requires the entire family's commitment, and Ella's parents, Kylee and Craig, and Ella sister, Libby, all supported and assisted at home and during the event.

It's a life, not a lifestyle. But in return she gets to travel the country and meet some beautiful friends as well as learning the responsibilities of looking after her animals. Ella's family are so proud of what she has achieved and her dedication, with lots of tears flowing from everyone during the awards ceremony.

Kylie Cowgill

Community environment grants closing soon

Bega Valley Shire Council is pleased to announce the launch of the 2017/18 Community Environment Grants Program. Fifty thousand dollars will be distributed from the fund this year, which is sourced from the Bega Valley Shire Environment Levy.

Mayor Kristy McBain said that groups with a passion for the local environment can receive significant assistance with their projects, building on the success of the program over the last six years.

"This is a great opportunity to make a difference in your local area and the grants are a proven way to keep our Shire beautiful," she said. "Council staff recommend that interested groups discuss their application with Council before submitting an application."

Successful grant applications last year included weed control and revegetation at Bermagui, a biodiversity plan at Candelo, a creek walkway at Cobargo and ecological burns at Tura Beach. Grants are competitive and a maximum of \$6,000 (+GST) is available for any one project under the Program.

To be eligible for a grant, your group or organisation must be non-profit and based in the Bega Valley Shire. Groups must also have an ABN and be incorporated (or be auspiced by an organisation that has an ABN and incorporation status), and they must meet the requirements of the Community Environmental Grant Guidelines available from Council.

Applications close at 4.30 pm, 12 May 2017. Please contact Council's



Bemboka Landcare received \$3650 from the 2015/16 grants program to install a flood-proof fence at the junction of Colombo Creek and Bemboka River, keeping cattle out of the sensitive Lowland Grassy Woodland of the Bemboka Reserve

Environmental Services Section on 6499 2222 for more information.

‘A cord of three strands is not easily broken’, and the three-sided triangle is the strongest geometric shape, supported by a sturdy base.

In September, *The Triangle* is celebrating its 15th year of publication. As a lead up to the anniversary, we take the opportunity to reflect on what has enabled the newspaper to remain viable and relevant when some doubted it would even get off the ground!

It is the combination of three interactive groups—advertisers, contributors and readers—that, in my

opinion, make the paper so good. The advertisers (and sponsors) most notably have kept *The Triangle* in shape financially, and from that flows everything else. *The Triangle* is a not-for-profit organisation, and any extra funds raised are channelled back into the community. We also support other not-for-profit organisations by publicising special one-off events with a suggestion of a donation or a small ad, with an ‘if possible and whatever you feel is right’ approach.

The Triangle is our go-to contact list for advertisers’ goods and services. We also

look to *The Triangle* to see what’s new and what’s happening around the towns, so we want to encourage people to let us know ‘what’s on’.

Our advertisers and contributors continue, month after month, to amaze the (volunteer) editorial team at *The Triangle*—how interesting and talented our locals are, and how much they are doing to keep the community active and stimulated.

And then, of course, there are our readers ... that’s what it’s all about. Thank you too, for your donations and for your support and interest.

Letters to the editors

Bermagui comes of age

Bermagui is to be congratulated for the wonderful indigenous history signs that have been placed around the district. At last the heritage story of Bermagui has been told, with over 50,000 years of history before white settlement. In this recognition and enthusiasm I join all those locals who say with relief: “Finally!”

The welcome signs into the clan area are really appreciated, and are a huge step towards understanding. Before this, who knew the story of Gulaga? That Fairhaven has the third largest midden in NSW? Or when the last local corroboree was held at Murunna Point? The quality of the signs sets a standard for other districts to follow and helps make everyone aware of the depth of Koori culture. U3A Bermagui & District may be following up with special classes based on these signs. A big thank you to all the local Indigenous people who have enthusiastically provided such prized information. And another thank you to the teachers and children of Bermagui Public School, who did the artwork, learning more as they took on the task.

All this was four years in the making and production, and needed a co-ordinator – a patient, enthusiastic person with know-how. So a big cheer for Frances Perkins from the National Trust. Thank you, Frances, for your dedication and persistence. Our whole community will value these signs and be proud to share the knowledge they provide. The pamphlet showing the locations of the nine signs

is available from the Bermagui Visitors Centre.

Kerry Davies
Beauty Point

Dear Triangle letter writers,
We love getting your letters, but recently feel a little inundated. We need to make it clear that we prefer to publish only new, original content. So if you’ve sent your letter to other publications too, we’re going to assume it’s already been published elsewhere by the time we get around to it.

We also give priority to letters relevant to our local area.

Thanks for your consideration, the Editors.

Thank you

Dear Editor,

I’d like to offer a thank you to Nerida Patterson. Nerida’s been organising the advertising at the *Triangle* since Adam was a boy. No advertising = no revenue = no *Triangle*. Well done, Nerida.

Speaking of advertising, next time Four Winds wants to promote an event, maybe they could pay for an ad instead of disguising it as a Letter to the Editor.

Love the *Triangle*.

Lindy Marshall
Verona

(Eds: Thanks Lindy. We agree, Nerida is a Local Living Treasure. As for Four Winds, it’s a staunch supporter of The *Triangle*, placing an ad every month.)

Boomerang Bags keep on giving

A most interesting development for our Bega volunteer Boomerang Bag sewing ladies, getting into business reducing plastic pollution.

Boomerang Bags works to reduce the use of plastic bags by engaging local communities in the making of Boomerang Bags – community-made, using recycled materials.

I passed on the request for dance dresses for an Irish dance group to one of our volunteers. That resulted in more (paid) work for her in the form of two huge speaker covers of 4.2m circumference from recycled black, stretchy material.

Another lady took on the order of kite bags/rucksacks, made as a paid order from discarded surf kites for the Merimbula kite surfing group BWSURF (www.facebook.com/BenWilsonSurf), fully lined with inside pocket with velcro closure and all recycled straps and drawstring - a real social enterprise! The only problem - I need more volunteers now, helping with the Boomerang Bag sewing. Offers of help and donations most appreciated. See www.boomerangbags.org.

Dörte Planert
Tathra

Tell ‘em
you found ‘em
in the *Triangle*!

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.

Thumbs Up

To the Bermagui Men's Shed for a really great job with my mother's (Marie Rowe's) memorial seat at the Blue Pool carpark ...



... and also to Council for the concrete, the securing and the planning, and for being so pleasant to deal with during the process. I hope lots of folks sit there and enjoy the beautiful view from Marie's bench seat. From a grateful daughter, Dianne.

To Quaama's Gardening Club, who spruced up the Hall gardens for the Fair in April. It looked so lovely and welcoming.

Thumbs Down



To the owner of the German shepherd (spotted!) who thinks it's OK to allow the dog to do its business on pathways and beaches.



Chloe Lucas lays flowers for her great grandfather, Henry Lucas, at the cenotaph in Quaama on Anzac Day 2017. Henry fought in World War II, and Chloe was wearing a sprig of rosemary and one of his medals.

Time to give the choko another chance

What grows over the dunny and tastes good in a salad?

Most people have a choko in their past. Growing over their outside dunny. Sitting on their plate with a rapidly coagulating white sauce, and unlikely to spontaneously disappear.

Mention choko to ten people and most will go, "Yuk". A couple might say, "They're not too bad", and then there is the one brave soul who says, "I actually like them."

My wife, Trish, and I were in the "Yuk" and "They're not too bad" camps when this year's crop came in from a casually planted choko.

When you go from no choko to two hundred choko almost overnight, you have to do something. On to the internet. They come from Central America where are called Chayote. They taste very plain, but readily take up the flavours they are cooked in. Their texture varies from crisp—"Hey, nice cucumber"—when raw, to pear-like when baked, to firm and semi-crunchy when stir-fried.

We have tried them:

- raw—crisp in a salad, tastes a bit like cucumber
- baked—stirred in with the potatoes, sweet potatoes and pumpkin with a roast lamb dinner and sprinkled with rosemary—delicious
- stir-fried with vegetables, with ginger and garlic
- boiled, then sprinkled with parmesan and grilled
- Vietnamese-style: apparently choko appears in a lot of Vietnamese recipes, eg www.sbs.com.au/food/recipes/stir-fried-choko-beef-and-garlic-trai-su-xao-thit-bo

Every dish was exceptionally good. There is a whole world out there in choko-land. Maybe it's time to give the choko another chance.

Keith Bashford



Thumbs up or down?

Who does the work

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Linda Sang (Secretary)
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Narooma: Information Centre, Library
Quaama: General Store
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Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month

Editorial: 12pm, 22nd of each month

Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors,
The Triangle
PO Box 293, Bermagui, NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

April was a big month here in Quaama! It started off with an event-packed weekend seeing the Quaama Harvest Fair and Dog Show on at the Hall on the 1st, followed by a fantastic party to open the Quaama Tennis Courts the following day.

The Harvest Fair and Dog Show turned out to be less of a 'market' and more of a showcase for the local charities and volunteers who keep these groups going. The veranda talks were outstanding. We heard from the Red Cross, the advocacy group protecting the Great Southern Forests, the QPA, the Animal Welfare League, the Anglican Diocese and our local fires who



Puppies on parade ... The little girl on the left (who is she? We have tried to track down her name, without success) won "Best Behaved" with her special dog. The judge said, "We haven't heard a peep out of him all day!" Not sure what the lady in the middle's laughing at, but the other dogs are fascinated!

Game, set, match!

gave us tips on winter fire safety and an update on their new uniforms and communication equipment to come. Mark from the Bega Cobargo Vets answered all our questions about dog health locally, which was interesting to the many dog lovers assembled.

The Dog Show part

was hilarious as always with Quaama's enormous range of canines on display. The obedience training demonstration was impressive and having the obstacle course on site was great too—the dogs had a blast. A big thanks to the Bega Kennel Club for their participation in this year's show! And thanks to Animal Welfare! We hope the lovely boy Duke has found a home.

Lots of folks turned up to check out the grand opening of the Quaama Tennis Courts and hit a ball or two around the new clay



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Quintessentially Quaama (cont)

surface. There were SO many kids—the courts were crawling with them! The free BBQ was enjoyed by young and old and they picked up 70 memberships on the day! Folks on the courts is now a regular sight here in town with three or four bookings a week already. The committee plans to ask the Quaama Public School if they might want to put tennis on the curriculum. Hats off to the Club members who have spent the last several years fundraising and working to make this day possible. It is a huge addition to our little village. Enquiries about memberships and bookings should be directed to Beck Grenfell on 0429 306 761.

Saturday night, 7 April, saw the Quaama Hall decked out Hawaiian style for a Fire Brigade benefit dance! Some great local acoustic musicians got us warmed up, then music by Popular Demand rocking us to covers of songs we all love. The fires were on the door and took home the takings totaling over \$1000. Quaama Quisine was served out of the supper room and received lots of compliments. It was a great night and we hope that the band will make Quaama Hall its regular home.

This autumn is feeling much like spring. As well as balmy weather, we welcomed two new babies into the world over the Easter long weekend. First, Tina and Kevin Simmonson on Bermagui Street became proud grandparents to little Sasha Rose! Their daughter Hayley gave birth to the 8 lb 2 ounce lass on Easter Saturday.

Then on Easter Monday, our new neighbours—Jens and Tash and their daughter Eve—welcomed little brother Hanno to our village. This young family moved into Joy's old home on Cobargo Street. We're so happy to have them. Quaama School, get ready!

On a sadder note, our friend Debbie Osiecki is in hospital. Debbie has had a terrible time with her health over the last few years and she needs our prayers, good thoughts, positive

vibes—whatever works for you. We wish her well and hope that she improves. Feel better, Debbie!



Welcome Sasha Rose

Massive Garage Sale Saturday 13 May

Quaama Men's Shed and residents of Bermagui Street are holding a street-long garage sale.

There will be a sausage sizzle to raise funds towards the renovation of the Men's Shed, and a huge variety of items for sale: furniture, tools, artworks, pottery, and all manner of shed and household paraphernalia. Come along and grab a bargain. One person's cast off is another's great deal.

Saturday 13 May from 8.00 am until we've had enough. All enquiries please phone Ron on 04308 788 528.

Reclaim the Riverbank – Progress

When it rains things grow. Fast! Down at the riverbank site there has been an extraordinary array of fungi appearing all through our bush revegetation area. In amongst the weeds there has also been a re-emergence of many of the native grasses and other plants and groundcovers.

At our last working bee at the beginning of April a small group weeded and planted to replace some plants that had not survived the dry period. With soil moisture being at a good level, our latest plants will get a good start. Peter mowed the track along the river, and Barnaby did some more levelling of dirt mound so it is now a very pleasant walk. Mr Wombat has been doing extensions too, so you might like to take your children down to check it out.

At the next working bee on **7 May** we plan to slash weeds in an area down the track that is very open, then plant it quite densely with black wattle so that a canopy can be re-established. Once there is a decent cover, the honeysuckle and blackberries and other weeds will have less chance to regrow.

Come along and help plant. It is easy work, made so with Chris's hole digging auger.

Sunday 7 May 9.30–11.30am. Bring gloves and weeding and pruning tools. See you there.

Rose Chaffey

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Those long, hot days of summer are just a distant memory, but glorious autumn weather has seen all the gardeners scurrying around their blocks, getting all those jobs done before winter sets in.

Our busy events season has now come to a close, the last being the Annual CRABS Bike Show at the end of April. Easter and the school holidays brought the final influx of visitors to soak up the last rays of sunshine and warm water. But did the Easter Bunny bypass Bermagui and fail to come up with the goods? It seems that the town ran out of chocolate Easter eggs. The shelves were bare at Woollies by the Thursday before Easter, 777 had a few left, but these were quickly snapped up and the Pharmacy did a roaring trade until their supply ran out as well. Hopefully not too many kids were disappointed on Easter Sunday. Maybe we can persuade the Easter Bunny to do a double delivery next year.

How good is the old IGA supermarket building looking? Now converted into three large shops, the outside spruced up, repainted and ready to go. Word around is that there has been a lot of interest in the shops. Here's hoping we get some new and exciting outlets opening soon.

Bermagui is now beginning to settle into its winter hibernation. We can expect the odd tourist or holiday-maker enjoying a winter break, but generally, town will certainly get quieter during the next few months. It is also the time of year when many locals dust off the caravan or motorhome and head for warmer climes. Bermagui's population drops significantly during winter, and it's often the case of, "last one out please turn off the lights"! Time now for all those hard-working



Mystery solved! It's a water filling station.

businesses to take a well-earned break.

Keep the Fair going!

For the last 20 years, the Bermagui community has loved and supported the annual Seaside Fair and just about everyone in town has, at one time or another, participated in some way. Maybe your kids were in the parade. Maybe your pooch won a prize. Maybe you entered a sculpture, a photo or a painting in the exhibition, or just enjoyed the festive atmosphere of the day. The Seaside Fair has donated thousands of dollars to local charities and clubs over the years as well. Just about

everyone loves the Fair ... but we may not see it happen again! (see separate article).

So, come on Bermagui! Let's all get behind this great institution on our events calendar. New energy is needed, new ideas, new input and people prepared to put in the hard work. But, you know the old saying "many hands make light work"—if enough people share the load then it makes everyone's job a lot easier. Let's all make sure that the Seaside Fair keeps going for another 20 years.

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season, and no more patrols on our beaches, it is timely to say a huge thank you to all those life-saving volunteers who patrol our beaches every year and keep both our locals and visitors safe. A great job done by the guys and gals from the Bermagui Surf Life Saving Club.

What is that?

How many of us have driven past the Cobargo turnoff, seen that funny looking green box with a solar panel sticking up, and wondered, what on earth is that? Is it a telecommunications centre? Is it something to do with the electricity supply? Well, actually it is a water-filling station, installed by the Bega Valley Shire Council, where caravans can pull in and fill their tanks with clean, drinkable water. One of life's trivial little mysteries solved!

More accolades for local businesses

Our weekly Growers Market has had many successes, but word is spreading and it received an excellent write up in the April edition of the Australian Women's Day. The article, entitled *5 reasons why we love the Sapphire Coast*, said "you can see this paddock to plate ethos in action at the Weekly Growers Market at Bermagui Fisherman's Wharf". The Growers Market is now heading into its third year, promoting and showcasing local primary and secondary producers. Check it out every Thursday afternoon at the Fisherman's Wharf in Bermagui.

Also mentioned in the Women's Day article were Il Passagio for great pizza and pasta, and Mister Jones for coffee that "would give any Melbourne coffee shop a run for its money".

Looks like the best-kept secret on the

coast is finally out.

Biggest Morning Tea

Bermagui has a long history of holding one of the biggest "Biggest Morning Teas" in the area, and past events have seen the Bermagui Country Club auditorium packed to the rafters with locals supporting this incredible fund raising event.

2017 will surely not disappoint as the team from the Bermagui Country Club



A sumptuous feast like this awaits those who attend the Biggest Morning Tea on Tuesday 30 May, 10.00 am at the Country Club

Ladies Darts Club organises Bermagui's Biggest Morning Tea on Tuesday 30 May, 10.00 am at the Bermagui Country Club.

For just a small entry fee, participants will enjoy one of the most sumptuous feasts ever seen, all supplied by a group of amazing locals who cook up a storm every year to bring this event to reality. There will be the usual bottomless cups of tea and coffee, along with many terrific raffle prizes and lucky door prizes.

Last year the group raised over \$4000 for the Cancer Council. So, come on Bermagui! How about trying to top this? Put the date in your diary, grab a group of friends and come along to support the Cancer Council, and show just what a little

town can do.

The organising team would like to say a huge thank you to the many local businesses who donate goods or services year after year for this fundraising event, as well as the Bermagui Country Club for their support.

Country Club events

There is no doubting that the Bermagui Country Club is an important community hub and focal point for locals and visitors to meet, have a quiet drink, go for a meal, enjoy a flutter from time to time, maybe win a meat tray, see some great entertainment or to play one of the many sports on offer.

The Club is hosting quite a few exciting events during May. On 6 May the Autumn Ball will be held in the auditorium. Why not dust off your dancing shoes, put on your glad rags and enjoy a great evening of Old Time and New Vogue dance? However, if you are an old "rocker" at heart, then the 50's Rock and Roll show

All Greased Up on Friday 12 May is sure to please. And don't forget to spoil mum on Sunday 14 May at the Mother's Day Luncheon. Give the club reception a call on 6493 4340 for more information about these events.

From 1 June some changes will be happening in the Terrace Restaurant. Kieran English, who has been running the restaurant for many years now, is moving on to other things and two new chefs have been employed to take over.

Also in the pipeline is an upgrading of the website, which is hoped to give both members and guests a lot more up-to-date information on what is happening at the Bermagui Country Club.



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A contented man's secret

At first meeting, Jerry might come across as being rather reserved. Actually, he likes talking to people and telling them about his homespun philosophy of life.

Having come to Australia from Holland 62 years ago, he has travelled widely and has had an impressive range of experiences.

Then, some 20 years ago, circumstances brought him to Regatta Point Park, where he has been perfectly content ever since.

With lively blue eyes he says he just takes each day as it comes, unencumbered with worries and time pressures.

Jerry's modest van is surrounded by thriving plants and shrubbery, all of which he propagated himself. He grows veggies too, which he is quite happy to share with the park's various bird species.

He casually mentions four resident rabbits and a young fox in the same breath, leaving the listener to assume the connection!

His immediate surroundings are plenty for him, with occasional trips into Bermi for shopping and relaxing a while at the Country Club.

For a long time he didn't bother with a TV, but now admits to having one for the news, *Four Corners* and David Attenborough.

He cheerfully says he has all the teeth he needs. When one troubles him he just pulls it out ... AND he says he can eat anything!

Generosity and thoughtfulness are



Contented? Jerry has all the teeth he needs

no strangers to Jerry. He and surrounding residents have devised their own ways of 'share and share alike', to be sure.

I happened to see him just this morning on his way down to the lake for some oysters and 'blue swimmers'. I asked, "Where do you catch them?"

With a big smile and a sweeping gesture he replied, "OUT THERE!"

Jeanne Klov Dahl

End of the Bermagui Seaside Fair?

At a recent meeting, four of the six Seaside Fair committee members advised they would be stepping down at the AGM later this year. Each of these members has committed many years to the planning and running of what has been a very successful event. It is an amazing milestone that the Fair reached 20 years and the committee believes it is going out on a high note.

So, as this door closes could another open? There is an opportunity for people prepared to give their time for an event or events that will benefit Bermagui and enable fundraising for youth and community projects. Funds, equipment and resources are available, along with direction and advice from outgoing members.

If you have new ideas on a way forward, the time to commit and be involved, please email an expression of interest to cbimson@bigpond.net.au and include a contact phone number. The committee is also planning a public meeting of interested people to be held at a date to be advised in the new financial year.

Christine Bimson

Chairperson, Bermagui Seaside Inc



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Green is the colour of the moment for Cobargo and her surrounding pastures. Aside from the visual gorgeousness of rain-fed gardens and lawns, there is relatively no farm and garden destruction from native critters, as they have abundance to meet their needs in their own environments. Understandably, gardeners and farmers are nothing short of delighted!

From month to month I find myself hoping for some input to this column from Cobargo's 700-odd residents and though a few bits and pieces trickle in, I often find myself walking the village, asking locals for interesting bits and pieces to share with you.

This month, with the heat subsiding, I've been walking longer distances and enjoying more of the village once again, so I thought I'd share some of my 'noticings' with you. On walking around the village, it becomes evident that most people are proud of their community and homes. As I walk past the pre-school, I'm treated to a gorgeous cascading garden full of luscious adventure to stimulate the imaginations of our youngest citizens. Aglow with colour and harbouring enticing nooks and crannies, the pre-school's garden is a delightful setting.

At the top of the hill behind the pre-school and golf club is the Narira Recreation Reserve, home to a handful of local sporting groups and beautifully groomed to perfection for the season's footy. Close by, the whirring of wheels on cement and tapping of skateboards on pipes remind me that our local skate park

is a popular venue with youngsters and teens alike. I rarely pass the skate park and find it empty and I often ponder the vision



Anzac Day march in Cobargo, 25 April

and hard work of Tania Lingard, who co-ordinated its fundraising and construction, creating a legacy for the future of our young ones.

The walk around the back of the oval, past the bike track into the golf club and the cemetery, is my favourite part of the walk, though sometimes I forget to wear closed shoes and get a little nervous walking through the 20 or so metres of knee-length grass between where the oval's mowing ends and the golf course's begins. The golf course, no longer in use, harbours an abundance of tracks and trails, allowing walkers to choose a different route depending on their moods and time.

Another popular venue in Cobargo is the park, which would have to be the most frequented public venue in the village. From early morning boxercise and children

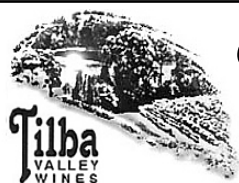
enjoying the play equipment, to families laden with food and celebratory cakes, and individuals sneaking a moment's shut eye in the gazebo, I have witnessed it serving us all in many different ways. Sundays are always popular in the park, with visitors and locals alike.

Up from the park is our former picture theatre and dance hall, the grande dame of Cobargo, the SOA Hall. The committee have been working solidly in their free time for many years, upgrading her fittings and electrics and re-adorning her to her former glory. She recently enjoyed her second coating, with thanks to David, Andrew, Janet, Michael, Col and the committee. They'd all like to thank the Baking Buddies for providing morning tea.

If you're not involved in one of the community's numerous service groups and clubs, you don't know what you're missing out on. So many opportunities to be involved with others and to create a few benefits for everyone to reap.

Cobargo's gardens are looking lush, green and, on the whole, very neat and tidy, making walking around the village a pleasure. Out at the showgrounds, also a lovely place to walk, there are a multitude of happenings. Popular with local horse owners and walkers, it is often in use, and offers a lovely walk down to the Narira Creek, where some quiet tranquillity can be found, in the midst of an abundance of bird life and the sound of trickling water.

Of course there are a few unpleasantnesses as one walks the village too. There are still dog owners who don't clean up after their dogs and, without a doubt, the biggest



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bother is speeding drivers, particularly along the highway and the Bermagui Road. On average, only one in ten drivers drive at the 50 kph speed limit along the highway in the village, so I often find myself, in the areas where there are no footpaths, sprayed with gravel, road dust and fumes, making the journey much less pleasant. Many of those speeding drivers are locals! If you are one of our locals who speeds through the village, particularly where there are no footpaths, slow down and think beyond your own hurried agenda. There are a lot of people, some of them quite young, walking on the roadsides. Passing them at 80 or 100 kph at close proximity is stressful and dangerous for them.

The next Cobargo Creators' Workshop, Making Paper Flowers with Alicia Cowan, is on 7 May. For further details, contact Cobargo Creators.

The next Community Doco, *Ella*, will be held at the Butter Factory on 21 May. The film, by Douglas Watkin, follows the story of Wiradjuri ballet dancer, Ella Havelka.

The Cobargo District Museum is looking for shop fittings: a desk, display cases, shelving, book cases etc to assist in setting up the Museum shop. If you have any items, preferably for donation, call Vicky on 0422 377 278 or Ken on 6493 6406, to organise collection.

Good news for young writers in the village: Wandella resident Sarah Gardiner is holding Writing Workshops for Younger People on Saturdays from 1-2 pm at Well Thumbed Bookshop.

And finally, a BIG love and congratulations to our new local mums and dads who have recently presented their bubs to the world. Pawan and Kavia at the service station welcome their gorgeous son, little Cherry, and Jessica and Greg welcome their gorgeous little daughter Haydee Rose, a little sister for Kingston.

Cobargo's Greg Holland wins state award

Greg Holland of Cobargo was recently awarded the Agricultural Societies Council of NSW Excellence Award for 2017.

He was awarded for his outstanding contribution to the Show Movement and for his dedication and assistance given to Cobargo Show for 30 years.

Greg says he is fortunate to be a member of Cobargo AP&H Show Society as there is a great deal of commitment by many members in organising and running the Annual Cobargo and Spring Shows. It is an easy matter to be enthusiastic and generous with your support when you have a number of friends who will work along with you for a common goal. Our construction works and working bees are an enjoyable time for those who willingly give.

Greg said on Facebook (Cobargo Show and Rodeo), "This award may name me but I am a member of a terrific group of people who put a lot of time into preparing for and running a great (absolutely top) little show that punches way above its weight. From the building and construction work well in advance of the show in improving and adding infrastructure on our showground, to the working bees closer to the show date, to the actual show days when everybody is flat out and in some cases fairly stressed, we have a dedicated and diverse mob of many talents putting in and going way beyond the simple definition

of being a volunteer.

"We are so fortunate as a show society in having a younger active group (under 40 and in their 20s), and did you see the youngies (under 16 or so) out wanting to participate in the running and giving a hand? Blue shirts for them! And for all of the above, that's why I'm there."

Greg thanks the ASC for presenting him with this award and for organising the ceremony where Show Societies have the opportunity to proudly put forward one of their dedicated members for recognition.

Christy Holland



Greg Holland, recognised for his outstanding contribution to the Show Movement

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Cobargo CWA—not just scones and slices

A change of pace last month for the CWA girls. Instead of cooking, sewing and catering to raise funds, we had FUN! Some of the branches that comprise Far South Coast Group (from Eden to Batemans Bay) met at the Cobargo School of Arts for a Sports Day.

The games included hoopla and indoor lawn bowls, which proved to be the hardest game—keeping the bowls on the green was an achievement in itself, the bowls escaped and were underfoot all over the hall. Darts was next—but they didn't trust the fearsome warrior women with real pointy objects and so fuzzy balls were thrown at a fuzzy board! Table billiards followed—sending balls through numbered arches at the back of the table. We have no idea of the official name for this, but the wrinkled cloth made for some interesting angles. Board games such as pick-up sticks and snakes and ladders also



Cobargo and Bermagui teams

featured. Mah-jong was swiftly abandoned (not a lot you can do in five minutes!)

A really fun general knowledge quiz followed and then of course the synchronised swimming! How could we forget that? NOT in the pool but discreetly within the walls of the School of Arts. These ladies are not without a great deal of creativity and imagination. Debbie Fisher and Lynn Lawson are brilliant exponents of synchronised swimming—without water! Anyone can do it in *water*, after all!

Who won out of all the branches there? No one is really sure at Cobargo, but we know we had plenty of fun and so we were all winners on the day. We also raised funds to support Far South Coast Group. Bermagui branch provided a huge array of wonderful, nourishing soups for lunch which were followed, inevitably, by a variety of cakes and slices.

Coming activities are a working bee on aprons to send to the State Conference to help raise funds there and our Women Walk the World activity on 26 April (it will be over by the time you read this) where we will do the historic walk around

Cobargo. Women Walk the World is an awareness campaign on or around 29 April each year to focus attention on the work of the ACWW, Associated Country Women of the World. CWA is affiliated with ACWW which is the largest international organisation for both rural and urban women, with a membership of nine million in over 70 countries.

Several members helped to pack Mother and Baby Packs to send to the highlands of Papua/New Guinea after our last meeting. Debbie Fisher and Joan O'Halloran head up this work and we send regular parcels off to Sydney to be sent off. It has been a long term commitment by the Branch and we welcome donations for our cause.

Please remember all women are invited to come along to one of our meetings to see how we operate. You will be made very welcome with a cuppa and a slice of cake (possibly made by an award-winning cook!) Our meetings are held at the CWA cottage on the Bermagui Road on the second Tuesday of the month, 10.00 for 10.30 am. Any enquiries, ring Mary Williams on 6493 6167 or Lynne Jones on 6493 8360.

Also a reminder that the CWA Cottage is available to be hired for a function. It can be used for a celebration, meeting, workshop or training day—or anything else you may plan!

It is available at low cost and the space is air-conditioned, carpeted and freshly painted. There is plenty of comfortable seating and large tables for working on, for displays or for catering. Please call 6493 6428 for further details.

Mary Williams



Debbie Fisher and Lynn Jones with Vicki Hummel from Bermagui who is the Group Cultural Officer and organised the Fun Day

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Cobargo Conversations

Cobargo kids create together

Cobargo Public School came together to celebrate their Easter hat creations on 6 April.

The students have been working in peer support groups to present their Easter hats and dance moves to parents, peers and friends. The seven support groups were made up of students from Kindergarten through to Year Six, teaching the students to lead, work as a team, support each other and finally come together to present their creations. And what an amazing job they did, congratulations with smiles all round.

The P&C Easter raffle was also drawn; congratulations to all the winners.

We would like to thank all our local businesses and families that donate great prizes for our raffles. Your support to our school is very much appreciated. Thank you everyone.



Principal Mrs Park leading the way in her Easter hat. Hats-in-waiting (right)

Ella – a film by Douglas Watkin

Ella follows the ground-breaking story of Wiradjuri ballet dancer Ella Havelka. When Ella Havelka was accepted into the Australian Ballet in 2012, as the company's first Indigenous dancer in its 50-year history, she was thrilled to finally achieve the goal she had strived for since she was eight years old.



Wiradjuri ballet dancer Ella Havelka

The documentary is much more than the story of becoming a professional ballerina, although that is compelling in its own right. There is the story of

determination: growing up in country NSW with her single mother Janna, who happily sacrifices everything to support her only child, including relocating with her to Melbourne when Havelka is accepted into the Australian Ballet School, aged 14. There is Havelka's learning about her cultural roots when she joins Bangarra Dance Theatre, after failing to receive a contract with the Australian Ballet. Then there is the story of her astonishing move from contemporary dance back to classical ballet when she ultimately receives the coveted offer to join the Australian Ballet; a job that will take her around Australia and the world.

Ella was directed by Douglas Watkin, an Indigenous filmmaker from Queensland making his first long-form documentary after 20 years in television. Watkin says, "*Ella* has lots of universal themes; you don't have to be a dancer to appreciate it."

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Di Manning: soprano, lobbyist, wanderer, photographer



Di at her Lazy Lizard exhibition in Cobargo

Perhaps it was her upbringing, the daughter of an Anglican minister moving from parish to parish, a lifestyle perhaps strengthened by touring and living in the USA, but from the beginning, Di Manning has always travelled. Never in one place for long, and with around forty residences under her belt, Di has seen a fair bit of the world and contributed to it all along the way.

Her mum insisted that she learn to touch type, so she went to secretarial school where she learned more than her way around a qwerty keyboard. But this wasn't enough for Di. A singer from childhood starting in her father's church choirs, she always had a passion for music and began voice lessons at sixteen. She wanted to sing opera. Real opera. Wagner, Verdi, Puccini! A dramatic soprano (think Maria Callas), Di went on to study at the University of Sydney's Conservatorium of Music under

Elizabeth Todd who was a pioneer in both voice and the advancement of the role of women in the world. She sang many lead roles with the Canberra Opera Company while she was raising her three sons. While in the US, she sang in the Baltimore Symphony Chorus and joined them on tour.

Back home in Australia, she became a legal secretary where she was introduced to the world of computers when they were still very new. Her lawyer boss couldn't believe his luck. Di took to computers like a duck to water. She loved the logic of it and put his reams of cases and files into the computer and onto floppy disk. She moonlighted for others that wanted word processing and eventually created her own business in Canberra providing data processing and bookkeeping services.

But Di was restless. She became an active feminist and joined the BPW (Business and Professional Women Australia) who were dedicated to promoting women in the workforce, lobbying government and generally pounding on the glass ceiling. She rose to National Vice President, then was National President from 1992 to 1994. She was on numerous committees and women's organisations as well, working for equal rights as a volunteer.

The Howard years were tough for Di's feminist goals and she often sparred with Liberal politicians as well as with Senator Brian Harradine who called her 'that shrill woman!' as she fought for family planning across Australia in a political environment that was hostile towards women's rights.

All this took its toll. Di was exhausted and had to stop and smell the roses. She

moved first to Bungendore and grew veggies for a time then she bought a farm out of Cobargo where she spent twelve years, the longest time in any one spot in her life, running the Angel's Rest Guesthouse which was often a retreat for women. She then moved into Quaama where she made an enormous contribution to the Quaama Hall Committee and was fundamental to the establishment of the Quaama Progress Association. She also developed the Quaama 'Can't Sing Choir' in early 2014 and it survives as the Quaama Singers under Dave Hooper.

She then heard the call of the sea and moved once again, this time to Bermagui. There, she has volunteered her expertise in giving administrative support to the Four Winds board, the Yuin Folk Club, the U3A and is now happily onboard with Marine Rescue.

She still travels widely and loves to document her trips with photography. Not just a record of her travels, Di seeks to take pictures that will stir the same emotion in the viewer that she feels while experiencing the natural world. Friends who follow her travel blogs are delighted to join her through her stunning pictures. She recently had an exhibition of her work at the Lazy Lizard Gallery in Cobargo following an epic trip to Alaska, Canada and the US.

Our region is lucky to have such an accomplished and generous person in residence. Di has been a major contributor to our community through her volunteering, advocacy, art and friendship. Let's hope her travels in Sally Wagon (her campervan) are enough to satisfy her wanderlust and she makes the Triangle region her home for good!

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Easter Festival Fun

The 32nd Tilba Easter Festival was a huge success on Easter Saturday, attracting massive crowds to enjoy the sunshine. Apart from the usual boot-tossing, egg-throwing and cheese-rolling there was the added hilarity of donut eating this year! The music was terrific, the stalls were bustling, everyone having fun—it was smiles all round! The Easter Bunny certainly got around, giving out heaps of chocolate on the day. Congratulations to the Festival Committee whose hard-working volunteers have been giving their time since August last year to make it happen.

Central Tilba School of Arts Committee flat out

The Halls committee has been extremely busy lately, fundraising and securing donations to make significant improvements to the two community-owned halls. Fundraising continues for the next items on the agenda: firstly, restoration of the two halls' timber floors, due to take place in July/August. A local floor-sander has been engaged to sand back and re-polish the timber boards in both halls, including the two stage areas. This will greatly enhance the internal look of these beautiful heritage buildings and we anticipate will increase hall hire revenue as a result. NOTE—the Community Ball, which was such a huge success last year and which had been scheduled for May will now take place in September/October once the floor has been completed. Ladies rejoice—no more splinters or snagged stockings when you kick off your heels!

Secondly, the Small Hall kitchen is about to also undergo a transformation, with some additional cupboard space being built to house the crockery, cutlery and glassware available for hire for functions such as weddings and other community celebrations.

The Committee would like to acknowledge Tony Casu and Club Narooma for their generous donation of \$500 to purchase two wall-mounted St John's Ambulance First Aid kits, one for each of the halls, to ensure our hirers have adequate first aid equipment in the event of accidents. Huge thanks for this vital equipment.

Town's new defibrillator housed at Bates' General Store

Talking of emergencies, should anyone in Central Tilba suffer a sudden cardiac arrest, send a runner straight to Bates Store where a life-saving Automated External Defibrillator (AED) has been housed. This vital (and costly) piece of first aid equipment has been generously donated to the town by Narooma Rotary after the School of Arts Committee contacted them.

The machines are portable and designed to be used by virtually anyone to save a life. The step-by-step voice and visual instructions guide a user through the entire defibrillation process as well as CPR.

Huge thanks to Ken and Linda Jamieson for agreeing to house the machine centrally at the General Store. The Central Tilba School of Arts Committee will pay the annual service fee by way of contribution back to the community.

CWA news

Combined CWA and Halls fundraisers at the Easter Festival raised over \$1000 towards the new kitchen. Volunteer members of both organisations made and sold cakes and slices, tea and coffee, and manned a sausage sizzle which was sold out by lunch time!

The Tilba CWA also raffled a beautiful *Tree of Life* mosaic, made and kindly donated by Toni Higgins, which raised \$518.

Next CWA meeting is 12 May and the monthly pop-up café, on Saturday 13 May (put it on your calendar), will as usual be selling beautiful homemade cakes and slices, and serving tea and coffee from the Small Hall.

Other news around town: Tilba Chocolates is open for business. Yvonne and Mike have a great array of handmade chocolates and you can get a coffee or a milkshake and sit down and enjoy it (the chili chocolate is highly recommended).

Women in May at Open Sanctuary, Tilba Tilba.

Open Sanctuary has two local women as guest speakers during May. On 13th May, Ro Beaumont will be speaking on Ecology and Spirituality and on the 27th May Heather O'Connor will be speaking on Reconciliation, for Reconciliation Week (27th May to 3rd June.) Everyone is welcome to come along to share tea/coffee 4.30pm with the gathering commencing at 5pm.

Bermagui Country Club

www.bermaguicountryclub.com.au

May's Entertainment:

5th: Darryl Lamb from 8pm, **6th: Autumn Ball** from 7pm tickets \$15, **12th: All Greased Up Show** from 8pm tickets \$15, **14th: Monster Mother's Day Raffle** over \$1000 worth of Meat, Seafood, Fruit & Veg Trays, Tickets on sale from 3pm, First draw 4pm, Entertainment from 4.30pm with **Ray Stephens - PLUS - Jumping Castles**, **19th: Sandy M** from 8pm, **26th: Jay Podger** from 8pm, **31st: State of Origin** from 8pm.



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Healing with horses in Tilba

“Horses have been here the entire time of our evolution. And when we ‘see’ them with our heart and eyes wide open, the whole library of life’s wisdom is revealed to us.”

Julie Bechu, facilitator and owner of „The Horse’s Gift”, lives with her horses in Tilba, where she

offers self-development workshops based on equine experiential learning—the process of learning through reflection on interacting with the horses or simply being with them. Through activities with and without the horses, participants learn to find within themselves more awareness, presence and self-confidence. They can improve communication skills, emotional agility and connect with their authentic selves.

The Horse’s Gift can benefit individuals and couples who are seeking to improve their wellbeing and relationships with themselves and others, whether affected by depression, anxiety, stress, „burnout“ or post-traumatic disorder, or simply wishing to create more joy in their lives.

All activities are done safely from the ground—no horse experience is required.



Julie with Melodie and Kaya. “Gifted teachers and emotional geniuses, horses are capable of facilitating a deep and lasting healing.”

Julie trained in America to become one of the first Australian graduates in equine experiential learning. At this stage Julie’s work is with adults only.

Julie says, “I feel very humbled and blessed to share

this experience with people. I first explored this healing modality myself after my divorce. I was deeply depressed and had started to question everything around me and within myself. I felt more and more disconnected from everything, till the day I was introduced to an equine experiential learning workshop in England.

“Just being with these sentient beings I felt a sense of deep meditation, allowing me to quiet my mind. I stopped thought; when I stopped thought I stopped resistance; when I stopped resistance, inner guidance could flow.

“To me, horses are like an open music book ... Each note is an opportunity for us to vibrate in the frequency of our hearts. This book is the pathway to joy and freedom. And this is why I want to share this path with everyone.”

Jen Severn

Upcoming course and retreats at Kamalashila Tibetan Buddhist Centre

Meditation Course: Khenpo Ngawang Dhamchoe will offer a Mind Training Course commencing 21 June and running for six weeks. Please check the website www.drogmi.org for dates.

Khenpo will introduce attendees to the techniques of how to train our minds from negative to positive, incorporating how to use our emotions to effect change. This course will follow the weekly Wednesday meditation practices.

Retreats: Khenpo will lead both of these retreats, firstly the Mindfulness & Compassion Retreat held on the Queen’s Birthday long weekend (9 – 12 June). At this three day retreat Khenpo will give detailed instructions on mindfulness and compassion, and the application in meditation and in our everyday lives.

29 September – 7 October is the Shamatha (Calm Abiding) Retreat. At this annual eight day retreat, you will learn the practice of single-pointed meditation in a naturally peaceful environment from a master who has been practicing these techniques for over 40 years.

Bookings are essential for these events. Accommodation is available for the retreats. Please visit our website www.drogmi.org or contact us at info@drogmi.org or 0403 779 099.

NEED a CAR?

Need a car for a day or two? The community car is available to borrow. See one of the women at Well Thumbed Books, or book it by phoning Louise on 0416 039 895 or Linda on 0407 047 0404

Nardy House is seeking a Registered Nurse

for a casual position leading to full-time employment in our expanding facility for people with profound disabilities and high medical needs.

Recently graduated RNs welcome to apply. Flexible rostering available. Contact deniseredmond@nardyhouse.com.au or phone 6493 8120.

Bermi’s Beachside Cafe now open for dinner!

Tuesday to Saturday from 5.30pm. Dine in or takeaway. New and exciting dinner menu with fresh local seafood and Wapengo Oysters as well as other delicious chef’s specials. Live music on Wednesday and Friday nights. Check us out on Facebook for upcoming events

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Cobargo Creators News: Feature artist exhibition

Cobargo Creators' first feature artist for 2017 is Andrea Wall of "Fourwalls" Quaama. A keen photographer since childhood and currently a native animal carer, Andrea's exhibition "Natural Wonders" is a showcase of her passion for our local environment and fauna and her privilege to have gorgeous photogenic animals and birds as part of her life. Inspired by a new camera that is a joy to use and provides new opportunities, Andrea has brought together a collection of images that display her skills—rising to the challenge of capturing birds and animals and celebrating candour in unposed glimpses of people and objects in their "natural" environment.

Natural Wonders opens at 11 am on Saturday 6 May 2017 and continues until 28 May 2017. The exhibition will be displayed in Black Wattle Gallery, showcase space for beautiful things in The Cobargo Creators Centre, Princes Highway

Cobargo.

Upcoming workshops

Alicia's Paper Flowers from 10 am to 2 pm on 7 May costs only \$40 and you'll leave with a lovely handmade work—what better present for Mother's Day? Or buy your mum an affordable artistic treat where she can develop her own creative skills.

Quilting for Beginners: make a throw quilt will be held over three Tuesdays—16, 23 and 30 May—led by Lorraine James and Beth Dogan. It runs from 10 am to 4 pm each day and costs \$150 per person plus \$85 materials kit (your choice of colour).

And multi-skilled artist Rita Wagner leads **How Watercolour Works** on 20 and 21 May. Cost is \$165 per person plus materials. This is a fun workshop with no pressure; it's all experimental. No drawing skill required, just a love of art and a willingness to give it a go.

Bookings for workshops can only

be made by contacting Glenda on 0408 411 956 or by emailing artsincobargo@gmail.com.

Fresh Produce Trading Table

By community request, Cobargo Creators now hosts a fresh produce trading table every Saturday. This new space is provided for local people to use for the sale of (or to give away) small amounts of excess fresh produce that they have grown themselves. Items can be left on the table at any time from 9 am till 1 pm every Saturday morning. The table is located out the front of the Cobargo Creators Centre and there is no charge to use it. We need volunteers to assist with the running of the table—if you are interested, leave your name and contact details in the Cobargo Creators Centre, send us a message via Facebook or email cobargocreators@gmail.com.

Explore "Aladdin's Cave" at the Lazy Lizard Gallery!

This month we are proud to have a special exhibition of the work of one of the most talented and long-standing members of the gallery.

Patto (whom we consider to be a local treasure herself) is transforming the Side Room into an "Aladdin's Cave" ... a fascinating treasure trove of her colourful beadwork and creative fibre art.

Patto is a self-taught beader who is always ready to try new combinations of materials and techniques. She is a keen recycler and sources a lot of her materials

from op shops, transforming her finds into imaginative and unique pieces of jewellery and accessories. As well as being part of the Lazy Lizard Gallery, Patto, with fellow beader Elizabeth Andalis, opened the wonderful little Holey Glass Beadery in Cobargo, where they both create and display their work.

Aladdin's Cave will be at the gallery from 3 to 31 May, so come on a treasure hunt. Explore, enjoy and maybe find a unique and exquisite little gift for Mother's Day!

Naomi Lewis



One of Patto's fabulous creations



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A Tactile and Visual Feast in Tilba

Central Tilba will again host the annual South Coast Regional Exhibition of Woodwork (SCREW) over the June long weekend.

Showcasing the work of fine wood crafters from north of Batemans Bay to south of Eden, there will be hundreds of exquisitely handcrafted items on display and for sale, and demonstrations will be held throughout the weekend.

Visitors to the Exhibition can explore the versatility, tactile experience and visual beauty of the wood artisan's craftsmanship.



Almost as stunning as the real thing

Be it joinery, carved, turned, sculpted, decorative, functional or just plain quirky, you'll find it on show or for sale.

Whether you're looking for inspiration, to buy some fine woodwork, to have those 'how do they do that?' questions answered, to watch an artisan at work, or you just want to appreciate the look and feel of finely finished timber, the

Tilba Woodwork Exhibition and Sale caters for you. Check out 'Narooma Woodies' (Facebook) or www.eurobodalla.com.au/whats-on for more information.

Try out your skill at top-spinning, enter the raffle and cast your vote in the 'People's Choice' award.

The event will be held at the Central Tilba Halls on Saturday 10 June (9.00 am – 4.00 pm) and Sunday 11 June (10.00 am – 3.00 pm). Cost is \$2 for adults, with free entry for children under 12. MasterCard and Visa facilities will be available.

Leanne Lucas

Last exhibition of the Ivy Hill season



Portrait by Megan Payne

Ivy Hill closes for winter on 12 June. Exhibiting from 4 May until that date are three Bermagui photographers: Malcolm Halliday, Tony Millard and Roger Stuart. They will support Megan Payne's super realistic portraits in oils of cows and sheep. Megan and her husband, Tony, are the new owners of the historic Kelly property at Tanja. Join them and the other artists for drinks on Saturday 6 May from 5pm.

You will find Ivy Hill on the coast road from Bermagui to Tathra. Gallery hours are Thursday to Sunday from 10 am to 5pm. Catalogues at www.ivyhill.com.au.

Badass Botanicals at shop7artspace

'Badass—tough, uncompromising, ultra cool.'

Seeded in the gritty cities of the USA, its roots have burrowed down to shop7artspace at the Bermagui wharf and are about to sprout.

Our next exhibition, *BADASS BOTANICALS—flora with ATTITUDE* will showcase some bad-tempered, trouble-making artworks and even some pretty flowers with an edge! The works, in a range of media, have been produced by the broad artistic community that resides in the Triangle area.

Come along to our opening night at 6 pm on Thursday 11 May and meet these sooo cool artists. Or between 10.30 am and 3 pm (closed Tuesdays) from 12 to 31 May.

Pauline Balos



Janinka with her tea cosies

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Aurelia Quartet | In Concert

Australian National Academy of Music (ANAM)

Saturday 27 May 2017, 2pm, Windsong Pavilion

Adults \$15. 16yrs & under FREE

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Monday 22 May – Tura Beach Library, 10.30am
Tuesday 23 May – Bermagui Library, 10.30am
Thursday 25 May – Eden Library, 10.30am

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Violin, Viola & Cello

fourwinds.com.au P 02 6493 3414
or at the Bermi Community Centre

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Latin spirit blows through Four Winds

Easter Sunday at the Four Winds Soundshell was enjoyed by an enthusiastic crowd blessed with cooler sunshine, natural beauty and an amazing array of Latin fusion—music, dance, food and community. First was Rasa Duende, a surprising blend of Indian tabla and sarod with flamenco guitar. The combination of the exquisite fingering of the sarod and guitar with the deep pulse of the tabla became a hypnotic blend of rhythmic intensity. You could almost touch the music as it flowed over you.

Then came Bandaluzia, a three piece band with flamenco dancer. Those words don't describe the explosive intensity of their performance. With a slow build of hand-clapping and foot-stamping the music weaves around the dancer who

seduces yet disdains with her haughty expression, the driving beats broken by emphatic stops in the flow. Then the music turns another corner which we follow ... the dancer riveting us in her drama. All just so good.

As soon as the first note was struck we knew we were in for an absolute treat. You wouldn't have known that Tango Jam was formed for this fiesta. The five-piece ensemble instantly transported you to Buenos Aires with the retro feel of a smoky hall or intimate club. Violin, accordion, piano, guitar and double bass—all virtuoso musicians weaving all the sensuality we associate with tango. Add the pure soaring baritone of Jose Carbo singing utterly romantic songs of love and regret ... we



Tango Jam at the Soundshell on Easter Sunday: "all the sensuality we associate with tango". Photo: Caitlin Brown

were captivated by the beauty of yearning melodies touched with sadness and joy. All too soon it was over.

We continued our immersion in all things Latin by going to the Sunday evening Fiesta and trying to copy some of the dance moves demonstrated by tango, flamenco and salsa experts. It was colourful, fun and the empanadas delicious!

Ros Hewett and Linda Sang

The Aurelia Quartet, Four Winds Artists in Residence

Discover musical gems uncovered by the *Aurelia Quartet* in their residency at Four Winds, Bermagui. Two weeks of collaborations with local artists, school visits, musical story-time sessions in local libraries, a live session on local ABC South East, private tuition for local musicians and

rehearsal time in the Windsong Pavilion will culminate in a concert performance on Saturday 27 May at 2 pm at Four Winds, just south of Bermagui.

Aurelia Quartet is a newly formed string quartet comprising Laura Freier and Natasha Hanna (violin), Beth Condon (viola) and Eliza Sdraulig (cello). The four met at the beginning of 2017 at ANAM (Australian National Academy of Music) where they are all students. They are all excited to explore and share the musical treasure chest of music for string quartet.

Four Winds is fortunate to partner with organisations such as the Australian National Academy of Music (ANAM). Together we host some extremely exciting residency programs which bring emerging

artists to our region. This residency is part of Four Winds' commitment to encourage and support the development of artists and for them to work in the local community.

Library story-times are as follows: Monday 22 May at Tura Beach Library, Tuesday 23 May at Bermagui Library, Thursday 25 May at Eden Library, all starting at 10.30 am.

On Saturday 27 May at 2 pm come and enjoy a concert by the Aurelia Quartet and hear their reflections of their time in our community in the beautiful Four Winds Windsong Pavilion, just south of Bermagui. Gates open at 1 pm. Parking on site.

More details at fourwinds.com.au or by calling 6493 3414.



The Aurelia Quartet: Laura Freier, Natasha Hanna, Eliza Sdraulig and Beth Condon

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The Triangle's Eco Edge Competition

The Eco-Edge page is sponsored by AKT, a local company that manufactures advanced environmental equipment, and its theme is "The Environment". Every month we'll publish contributions from primary school-age readers, then at the end of the year there'll be three prizes, awarded as follows: K-2, Years 3/4, and Years 5/6. Each winner will get \$150.

Photos, drawings, poetry or prose, fiction or non-fiction, the

choice is yours, guys. So get out your pencils or your cameras, your pens or tablets, and go outside and have a look around for some inspiration. Email your entries to environment@thetriangle.org.au or mail to PO Box 6009, Quaama, 2550.

This month's contributions are a message and accompanying illustration from Kya Rixon, aged nine, of Quaama, and a drawing from Flynn Groenewoud, aged ten, of Cobargo.



Green Energy by Flynn Groenewoud aged 10, Cobargo

Hey kids!
What could \$150 buy you?
Video games? ... Music? ... Books?
Lollies? ... Lego? ... Apps for your devices?
Craft materials?
ALL OF THE ABOVE!

Just enter our Eco-Edge Competition now for a chance to win! Details above.

Keep our beaches clean

As the rubbish lies on the sand and
in our oceans, the
animals swim around it and think it's
food but it's not!

All the rubbish in our environment
is causing animals to get sick and
sometimes even die!

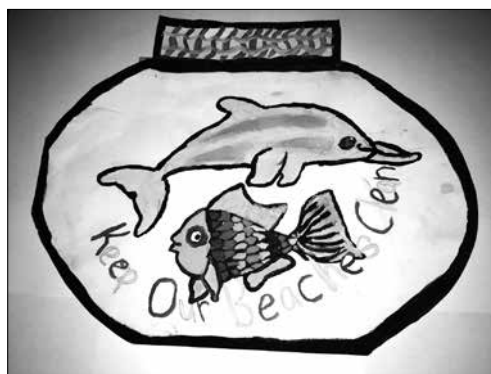
Why can't we stop it?

What we bring to the beach, we take
home or put it in the bin.
It's easy, don't be lazy!

So all I'm asking is, just please put
all your rubbish in the right place.

**"RUBBISH GOES IN A BIN, NOT
ON THE GROUND!"**

Artwork and writing by
Kya Rixon, aged 9, Year 4 Quaama



AKT International is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equity and social cohesion.



Passionate and Valuable – Solar PV

Some years ago CEFE (Clean Energy for Eternity) Bermagui was active in the district supporting solar bulk buy projects. It is now exploring the possibilities presented by Community Owned Energy Systems.

It would seem that recent developments in smart technology and inverters could provide opportunities for community members to trade their own solar power. Another option may be to invest in solar PV systems on public or commercial buildings and to earn an adequate return, alternatively perhaps to sponsor panels on low-income rental properties or in some other way to be part of the energy revolution that is now happening.

CEFE Bermagui is looking at models currently in use in Victoria and trying to determine how state regulation may impact them. We are also looking at a successful model in use in New South Wales.

We are intending to hold a public meeting in July to explore the depth of interest in the general community and to see which, if any, of the ideas developed at that point have community backing. Watch out for a firm meeting date in next month's *Triangle*.

*Jo Lewis,
Convenor, CEFE Bermagui*



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The Platform now has a web page

Check it out and have a look at what Clem Clarke has so brilliantly created: www.theecoplatform.com.au. We are developing a blog page and already have a Facebook presence. It does take a while, but we are steadily pursuing the aims of the meeting we held in Cobargo last December.

Our purpose is to prepare the South Coast region for the coming impact of climate change, to help us create and share a future as things get rough.

Can we learn how to grow enough food when temperatures soar further? Can we physically get around and exchange

necessities with solar buses and utilities?

The site offers opportunities for discussion, planning and implementation.

We would like the site to be known as widely as possible as our experiences may help others to develop their own sources of clean food and water, and to maintain the core of our lives within a clean energy world.

The web site is a growing thing, and it will broaden and change.

For more information contact John James on jrhj99@gmail.com or Clem Clarke on admin@theecoplatform.com.

Free information session for women

A solicitor will be in Bega presenting a free information session:

What I Need To Know About Making a Will, Power Of Attorney or Enduring Guardian Agreement

Thursday 18 May 2017

11.00 am – 12 noon

at the Women's Resource Centre

14 Peden Street, Bega

Free morning tea provided!

Presented by Shoalcoast Community Legal Centre and South East NSW Women's Legal Service

Council stockpiles, not community resource piles

There have recently been several thefts from Council's stockpile sites which have been reported to the Police for action. Council is asking for the community's assistance in identifying individuals and vehicles who are involved in theft of material from stockpile sites located around the Shire and urge anybody who witnesses any suspicious activity to report it. These thefts affect the entire community and the ongoing Shire Maintenance Program. If you have any information about this or other incidents please contact the Police on 131 444.

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The *Triangle*'s new email address is
contributions@thetriangle.org.au

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A happy historian

Quaama resident and local historian Peter Lacey couldn't be happier.

He has just taken delivery of the second issue of the South Coast History Society's free magazine, *Recollections*, and is delighted with the result.

Once again, this magazine contains some intriguing local stories: one on the Bega to Eden railway line, another on a photographer named Joseph Check who took some remarkable pictures in this area in the late 19th and early 20th centuries, yet another about the ships that were torpedoed by Japanese submarines on the South Coast during World War II, details of the major floods and fires in this area, information about the contribution that women made to the Australian war effort in the First World War, and a lot more.

The latest issue of *Recollections* has a 1917 photograph of Central Tilba on its cover. It is now available (whilst stocks last) at no charge from Quaama General Store, Well Thumbed Books in Cobargo, Bates General Store in Tilba and all Bega Valley and Eurobodalla libraries. It is also available as a PDF file from southcoasthistory@yahoo.com.

"The first issue of *Recollections*

received an absolutely unbelievable response," Peter told *The Triangle*.

"The demand for it was such that the entire print run was exhausted in about one week, we had schools along the South Coast asking for hundreds of copies to give to their history students, we received over a hundred e-mails and phone calls from people asking for copies or enquiring when



Pete Lacey with his new issue

the next issue would be available, and we received a number of valuable comments about the information contained in that first issue—some of which we've passed on to readers in this new issue."

(If you missed out on a copy of that first issue of *Recollections*, simply email 'Send Recollections No. 1' to southcoasthistory@yahoo.com and a PDF

version will be emailed back to you.)

"This reaction from locals simply demonstrates how much interest people have in this area's fascinating history.

"And, thankfully, there is no shortage of interesting local stories that we can include in future issues of *Recollections*," Peter said. "A lot of this history, though, is still 'hidden' and part of the real fun in compiling this magazine has been discovering the many other interesting local stories that are there to be told.

"The story in this latest issue of *Recollections* about Joseph Check is a good example of this. A Tilba local showed me four photographs he had from this amazing pioneer photographer, which led us to investigate Joe Check's story, and made us wonder what other photographs he took of the NSW South Coast that may still be around today," Peter said.

It is likely this latest issue of *Recollections* will disappear at least as rapidly as did the copies of the first issue, so anyone interested in it or in our local history should seek out a copy as quickly as possible, or ask for a copy to be emailed to them by contacting southcoasthistory@yahoo.com.

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50% off table



The beauty of autumn

As we head into the cooler months of the year we should not forget that the garden can be as beautiful in the throes of late autumn/winter as during the warmer seasons.

The cooler months bring with them the interesting shapes and bark colours of the bare trees as they drop their autumn leaves and the first frosts cloak them in a glistening white. What better time to see the amazing colours of the bark of Crepe Myrtle? This beautiful, small tree not only has amazing flowers in mid-autumn but is then followed by glorious coloured leaves as they fall to reveal the greyish pink bark, a standout feature of this plant.

Another great tree for winter colour is the Golden Ash, which after losing its leaves is left with lovely yellow branches that give an eerie appearance through the frost and fogs of winter.



Hellebores

The winter garden brings with it the flowering of many plants including the glorious Hellebore. These beautiful perennials thrive under deciduous trees as the trees protect them from the summer heat, but as the leaves fall they are exposed to the winter sun where they throw out clusters of softly coloured flowers. There has been an amazing amount of breeding of

these plants recently, bringing to the gardening world many forms and colours. Hellebores come in single and double forms and in a wide range of colours from white, through shades of pink and burgundy, to greys and yellow.

Autumn is probably the best time to upgrade plantings in the garden as evaporation and transpiration rates are low, thus giving the new plants an easy start. Deciduous bare-rooted trees and shrubs will start to appear in nurseries over the next few weeks so get in and get them while they are nice and fresh.

If they have been in the nursery for too long it's possible that they might have been allowed to dry out, therefore leading to root damage. Shrivelled stems and branches are a good sign that they have dried out, diminishing their chance of a successful planting.

Moving along from plants that make our late autumn gardens look great, we shouldn't forget about the general maintenance of the garden. I often hear comment made that plants do not require a lot of watering in autumn. People say that watering isn't required because when they go outside early in the morning there's dew on the ground and this should keep their plants going. This is completely wrong as this moisture is very soon evaporated by the sun and is not available to the plants. So unless we have had regular rainfall, don't forget to give things a drink.

Late autumn is also the last opportunity to do some late fertilising of both lawns and gardens to give the plants a last feed before it's too cold for them to take up



Autumn leaves

the nutrient. A complete NPK lawn food will keep lawns looking nice and green until the frost start to brown them off. A couple of handfuls of an organic fertiliser around trees and shrubs will also help them through until spring.

Finally the flower and vegetable gardens should be well and truly planted with winter/spring plants. Pansies, viola, primula, wallflower, poppies and stocks are just some of the flowers that can go in now. Cabbage, cauliflower, broad beans, onions and carrots are a few of the vegetables that could be given a go.

Watch out for the cabbage moth as they can do some early damage on cabbages and cauliflowers etc. There are some very good "safe" deterrents around to combat them, such as *Bacillus thuringiensis* preparations (eg Dipel).

Until next time

Keith Mundy

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and wellbeing ...*

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2017 moon planting calendars
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southcoastlifestyleproperty.com.au

At the end of March my remarkable grandmother of 111 years died peacefully in her sleep after not eating for one day. We Chinese take our food seriously! We Called her Pau Pau and when I was small our family would go to her semi-detached house in Bondi Beach for Sunday lunch. There would be a large array of different dishes, all tasting different from my other grandmother's fare, who was an equally wonderful cook. After our Mother died my sister and I had the great fortune of being bought up by our grandparents, particularly our grandmothers.

These recipes are simple, everyday fare that give comfort. These recipes were ones I had to work out by tasting and talking as one nana was illiterate and the other could only read and write Chinese. Nothing was measured. Like playing the piano without sheet music.



Tomato Eggs

1-2 tbsp peanut oil or any light cooking oil
1 onion chopped
1-2 cloves of garlic, crushed
4 ripe tomatoes chopped
Salt and freshly ground pepper
1-2 small red chillies finely chopped (optional)
6 eggs, well beaten

Heat oil in pan. Add onion and garlic, stirring till translucent. Add tomatoes and chillies if using, cook slowly till well cooked. Season to taste. Pour eggs into the tomato mixture and cover the pan, stirring

a couple of times more to break the eggs up a little, cooking until set like scrambled eggs. Serve with rice with coriander or chives on top.

Serves 4

Fish Chow Mein

250g dried fine egg noodles
3cm knob of fresh ginger peeled and grated
1 tbsp soy sauce
1 tbsp light oil
500g firm white fish fillets (ling is good) cut in 2 cm squares
2 eggs
Oil to fry
½ small cauliflower thinly sliced,
1 medium carrot cut into matchsticks
6 dried shitake mushrooms, soaked in a cup or so of water, drained, stems discarded, thinly sliced. Takes an hour or so.
Reserved soaking liquid from mushrooms about 1¼ cups
Salt and ground pepper to taste
1 tbsp cornflour
2 tsp soy sauce
½ tsp sesame oil
¼ tsp sugar (optional)

Place noodles in boiling salted water till just cooked. Drain and rinse under cold water. Set aside. Mix ginger, soy and oil and marinate the fish in this for 15 minutes. Beat eggs and cook in a non stick frypan till set. Remove from pan and cut into strips. Heat more oil in the pan and add the noodles. Do not stir, allowing the noodles to form a 'cake'.

Cook for 3 minutes each side making some of the noodles crispy. Slide noodles



onto serving platter.

Heat a tbsp oil in the pan to sauté the vegetables and mushroom for 2 minutes, then add 2 tbsp of the reserved mushroom liquid and cook for one minute. Pour over noodles.

Mix together cornflour, soy sauce, the rest of the mushroom water, sesame oil, sugar and salt and pepper and set aside. In a hot clean pan heat a little oil and sauté the fish until tender.

Add the cornflour mixture and cook till thickened. Pour over the vegetables and noodles and garnish with egg strips.

Serves 4



Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the Triangle our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.
3. Send all **articles** as WORD documents in Times New Roman, 12pt, single spaced.
4. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
5. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us! Any questions at all, please email us

contributions@thetriangle.org.au



the sun deck

TRADING HOURS

Open for Breakfast from 8.30am to 11:00am and Lunch from 12:00pm to 02:00pm 7 days a week



Great food



Great coffee



Follow us

The Sundek Café
Shop 9
Fishermen's Wharf
73-79 Lamont St
Bermagui NSW 2546
www.thesundek.com.au
Ph: 6493 3668

Classifieds

FOR SALE

50 hebel blocks 600 x 250 x 200 \$25
Ph 64933461

4 steel posts flanges top and bottom
4500 x120 x 5mm \$200 Ph 64 933 461

WANTED

Small light kayak for older woman.
Ph 0448629042

Bookkeeper required for quarterly BAS/
accounts work. Needs to have good
experience and preferably BAS reg-
istered. For further details, contact
Lyndall Magnusseson ph: 4473 7595

AVAILABLE

Adjustment available on approx. 35 acres
at 10415 Princes Hwy Cobargo Ph Mar-
garet or Horst 64 936 088 or Monique Ph
64 936 552

LOST

Fizan black and orange hiking pole. It was
lost in and around the marina at Bermagui on
a Thursday, market day. I would appreciate it
be returned as I depend on it for walking un-
til knee replacement surgery and recovery.
Leila 0427 937 240

Please note: we will discontinue clas-
sifieds after one month unless advised by
the advertiser. A small donation (in the
tin) will be appreciated for classifieds.

Come and Visit

The OK Shed

All Saints Anglican Church,
Wallaga St, Bermagui

Pre-loved treasures/clothes/bargains to be found

Opening hours: Thursdays 11am-4.00pm

School holidays - extended opening hours
(Tea and coffee available)

Contacts: Nancy 6493 3136 Kath: 6493 5887

When It's Your Day

Maggie McKinney

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longest established
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Book Review

Heather O'Connor

Zoe Morrison

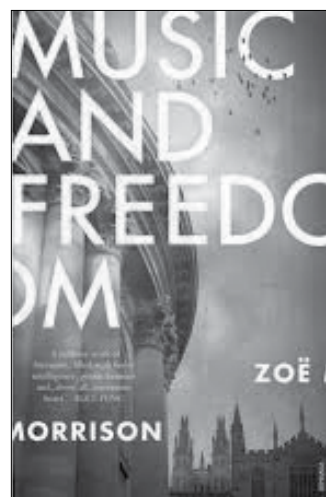
Music and Freedom

\$32.99

Zoe Morrison has a broad and
interesting background in music and
in issues surrounding violence against
women, two themes at the heart of this
award-winning first novel.

Music and Freedom is the story of a
young girl from country Victoria whose
life is transformed when she wins a
scholarship to Oxford to study music. Her
early days there are marked by loneliness
and overwhelming homesickness, but
she gradually becomes absorbed in the
life and culture, and seems destined for
a successful career as a concert pianist. A
disastrous marriage follows with a cruel,
abusive husband who ensures that her
music career is cut short. We first meet
her as a frail 70 year old woman, tying up
the ends of her life, filing and discarding
notes and books, when she hears through
her wall the strains of the Rachmaninoff
Piano Concerto Number 2, the demanding
piece that marked the end of her career.

Then follows the account of her



friendship and mentoring with a young
musician next door, as they struggle
together to conquer the Rach 2. (At this
point you might want to revisit the film
Shine to remind yourself of another
musician who was undone by the Rach 2).

Despite the violence and the
squandering of a professional life, the story
is, in its own way, uplifting and optimistic.
As a first novel it is yet another example of
the prodigious talent of Australian writers.
Highly recommended.

Pet of the Month

Deb Cox



Shona is an 18 week old German
shepherd. She has a lovely nature, is very
well socialised with other dogs, lives with
cats and loves attention. She enjoys playing
with her canine friends, water sports,
eating and just hanging about. Shona
walks calmly on a leash and has some
basic obedience training. This intelligent
girl would make a loyal companion and is
expected to mature to about 30kg.

To enquire what dogs are available
at the moment through Animal Welfare
League NSW Far South Coast Branch
please call the adoption line on 0400
372 609 or check our Facebook page for
details. There are also several older cats

as well as kittens available
through RSPCA (contact
RSPCA Sapphire Coast
branch through their
Facebook page or on 0419
267 799).

Dogs and cats adopted
through either AWLNSW
or RSPCA have all the
essential veterinary work
done before adoption so
that hard work is taken
care of. Become a member.
For only \$30 a year (\$15

for concession card holders) you can help
us help the animals in our Shire. Your
money stays in this Shire so join now and
you won't need to renew until September
2018. Email awlfsc@bigpond.com or call
0400 372 609 for an application form.

In NSW, all cats and dogs, other
than exempt cats and dogs, must be
microchipped by 12 weeks of age or before
being sold or given away, whichever
happens first. Microchips are beneficial as
they will help with your pet's return if it
happens to stray from home. If you fail to
have your cat or dog microchipped when
required to do so, you may be issued with
a penalty notice.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
April 23rd, Sunday June 25th, Sunday August 27th.
Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays
10.00am Holy Communion, 4th Sunday Evening
Prayer/Contemporary Service 5.00pm
Cobargo: Christ Church - 1st, 2nd, 3rd
Sundays 5.00pm Holy Communion
Quaama: St Saviours- 4th Sunday 10.00 am
Morning Prayer
5th Sunday - One service in parish at 10 am rotation
Contact Rev Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:00pm, games start at 2.30pm.
No experience necessary. For information ring Bob
Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Allan Douch
0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 pm
Cobargo- Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring enviroment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Pamela Keenan on 6493 6419

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on
a Wednesday 1.30pm- 2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance Station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month to plan Quaama
community events and projects. Membership \$5pa.
New members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA CAMERA CLUB

Meetings at Club Narooma 7pm;
1st Wednesdays workshops, 3rd Wednesdays
competition night displays. We welcome visitors at
the meetings and on our monthly field trips.
Phone Michelle 0409 020 458 or
www.naroomacameraclub.org

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome.
For information ring Bill Johnston (president) on
6493 5447 or Fergus McWhirter on 6493 4360

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

May	WHAT	WHERE	WHEN
Sat 6th	Autumn Ball	Bermagui Country Club	7 pm
Sun 7th	Live music: Sacred Cow, free	Tilba Winery	12.30 pm
	Live music: Wayne Trezise	Bermagui Hotel	4-7 pm
Thurs 11th	Full Moon Dance	Quaama Hall	6 pm
Fri 12th	50s Rock'n'Roll show All Greased Up	Bermagui Country Club	8 pm
Sat 13th	Pop-up Café	Tilba Small Hall	
	Massive Garage Sale	Bermagui St, Quaama	From 8 am
Sun 14th	Live music: The Awesome, free	Tilba Winery	12.30pm
	Live music: Klaus	Bermagui Hotel	4-7 pm
	Blacksmithing Demo	Galba Forge, 345 Yowrie Rd, Wandella	1-5 pm
Sat 20th	Live music: Critical Fever post bike show	Bermagui Hotel	8pm -late
Sun 21st	Community documentary "Ella"	Old Cobargo Butter Factory	3.30pm
	Live music: Humbug, free	Tilba Winery	12.30pm
	Live music: Emma Jene	Bermagui Hotel	4-7 pm
Fri 26th	Ecstatic Dance	Quaama Hall	6 pm
Sun 28th	Live music: Tony Jagers	Bermagui Hotel	4-7 pm
Tues 30th	Bermagui's Biggest Morning Tea	Country Club	10 am
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10-3.30pm
	Weekly meditation Tuesdays	Kamashila Centre, Tilba	10 - 11 am
Last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10
Wednesdays	Pool comp	Bermagui Country Club	7.30 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednes-day	Bermagui Historical Society meeting	Bermagui Museum in Community Centre	2 pm
	Social bridge	Tilba Valley Winery	2 pm
	Berm & Dist Seniors' Social Club meeting	Bermagui CWA rooms/Country Club	10.30 am
3rd Weds	Bermagui & District Seniors' Soc lunch	Venues vary. Phone 6493 4006	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes Hwy Cobargo	10-11 am
	Worldwide dance and aerobics	Bermi Community Centre	5.30 pm
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5p
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
Fridays	CRABs raffles	Bermagui Beach Hotel	from 5 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Friday	Tilba CWA meetings	Small Hall, Tilba	10 am
Saturdays	Worldwide dance and aerobics	Bermagui Community Centre	10.30 am
1st Sunday	Reclaim the Riverbank Working Bee	Along the creek, Quaama	9.30-11.30
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9-12noon
4 May-12 Jun	ART: Photography and oil portraits	Ivy Hill Gallery Thurs - Sun	10 - 5 pm
7 May	Alicia's Paper Flowers workshop	Cobargo Creators	10 - 2 pm
6-27 May	"Natural Wonders" photo exhibition	Cobargo Creators Opens 11am 6/5	
12 - 31 May	Badass Botanicals (opens 6 pm 11/5)	Shop7artspace	10.30-3pm
16,23,30 May	Quilting for Beginners workshop	Cobargo Creators	10 - 4 pm
20-21 May	How Watercolour Works workshop	Cobargo Creators	
23 May	Aurelia Quartet storytime	Bermagui Library	10.30 am
3 - 31 May	Patto's "Aladdin's Cave"	Lazy Lizard Gallery	