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The NBN comes to the Triangle

The National Broadband Network (NBN) is an upgrade to Australia's existing telecommunications network. It's designed to provide Australians with access to fast, affordable and reliable internet as quickly and as cost effectively as possible.

NBN Co plans to upgrade the existing telecommunications network using best-fit technology and taking into consideration existing infrastructure. This will vary from place to place and will include technologies such as Fibre to the Node (FTTN), Fibre to the Premises (FTTP), Fixed Wireless and Satellite. Other technologies may also be considered. These fixed wireless services represent a real improvement to services currently available to many Australians living in rural, regional and remote communities.

NBN Fixed wireless Proposal for Bermagui

Last week, NBN Co held a community Information Session at Bermagui regarding a proposal to locate a 40m fixed wireless network

facility on the outskirts of Bermagui in Forest NSW land off Alexander Drive.

The proposed facility is designed to provide fixed wireless broadband service directly to the rural outskirts of Bermagui. (Bermagui Township is scheduled to receive a fixed line NBN service). In addition to providing a local wireless broadband service, this proposed facility acts as a critical link between the NBN fibre and the surrounding fixed wireless network facilities, which will communicate data back to it.

More than 1600 premises across seven



communities will rely on a fixed wireless facility at Bermagui to connect them to the NBN. Those communities include the rural outskirts of Bermagui, Akolele, Central Tilba, Mystery Bay, the rural outskirts of Narooma, Wallaga Lake, Coolagolite and Cobargo.

NBN Co has lodged a development application for this proposed facility off Alexander Drive, and we highlight that the proactive, voluntary consultation conducted by NBN Co, advising that a DA has been lodged, did not represent statutory consultation. Statutory consultation (including statutory

letters and signage) will be conducted separately by Bega Valley Shire Council, in accordance with NSW planning laws.

Letter Drops / Advertising

NBN Co advertised the Information Session in the *Bega Valley News*, and sent invitations directly to all 121 properties within 1km of the proposed network facility.

However, NBN Co has taken on board the criticism raised by community members who attended the Information Session about the reliability of the postal notifications in this area. We'd like to advise the community that in response to this feedback, NBN Co will liaise closely with Councils and local post offices to ensure that our notifications are received as intended.

We will also continue to advertise updates and future community consultation events via *The Triangle*, and the *Narooma News*, as suggested at the August Information Session. NBN Co is sincere in its efforts to engage the community directly as it rolls out the NBN fixed wireless network,

and we will take all necessary steps to ensure that information regarding future community consultation activities are properly received by communities.

For general enquiries regarding the National Broadband Network rollout visit the website www.nbnco.com.au or phone the NBN Contact Centre 1800 687 626 or email: info@nbnco.com.au

Tony Gibbs Community Relations Adviser NBN Co

And from a community member at the meeting...

A very poorly publicised information session in the Bermagui Community Centre on 18 August was attended by a small number of local residents likely to be within the immediate area of a 40m slim line pole carrying a variety of radio units and antenna. This 10 storey high pole is part of the NBN proposal for our district. It will not be alone.

The NBN in the Triangle area will offer

many benefits, bringing our internet services up to a level that is comparable to city coverage, increasing and improving the opportunities for existing and new web-based businesses. It will deal with the poor service that results as the mobile broadband becomes clogged with multiple users checking their Facebook and Twitter accounts. It should also deal with the slow performance that the use of a card for

purchasing goods or services can sometimes produce as the connections slow down due to who knows what.

The fixed radio service will transmit signals to a small and very neat antenna outside the house or business on the roof, perhaps.

...continued page 5

Wow! The Well Thumbed Bookshop has certainly hit a home run with the Olga Masters Festival. After quietly building up with a selection of readings during the winter months, there are now exciting events locked into a program which opens on Friday 10 October and spans the weekend.

It includes unveiling a plaque in honour of Olga Masters, a cooking competition at the Cobargo Showground, panel discussions involving her family and their friends and a guided walk visiting places that featured in her writing. And that is just Friday and Saturday. On the Sunday of the Olga Masters Festival there will be related events held in the wonderful Windsong Pavilion at Four Winds. The

Festival opens on Friday 10 October with the announcement of the Inaugural Olga Masters Short Story winners at the Bermagui Library and continues through the weekend of October 11 and 12. Details of all these events can be found elsewhere in this issue of *The Triangle*.

We can all celebrate the recent August rain, it came just as we were beginning to worry. Now we can relax and forget about the weather for a while, turning our mind to other things.

The end of August included National Science Week and perhaps we have missed some interesting events. Certainly very few of the National Science Week programs took place in the Triangle area but there were many and varied events further South in the Bega Valley.

One of these was a Community Conversation on Fire, Water and Weather; it ran for two hours on a Wednesday afternoon in Bega taking place in the Bega Library Training Room which was packed to capacity when 35 people turned up. When Mayor Bill Taylor arrived to welcome attendees and visiting scientists he had trouble getting into the room.

The visiting scientists, Dr Sara Beavis (Climate and Water) and Mr Clem Davis (Climate and Weather), were responsive and generous with their time; the audience was engaged and interested in discussing the challenges that a changing climate brings with it. Dr Malcolm Gill (Climate and Fire) was unwell and unable to attend.

Letters to the editors

In the Year of Living Dangerously

Dear Friends,

Once in a while, sometimes when you think the world can't get much worse, there's a flash of light that blinds you for a second, and then reveals that it is hiding a nugget!

That flash of light occurred for me last week when my good friend from Bermagui rang to tell me that she, her husband and their other friends had raised over \$500.00 for the Hobsons Bay Refugee Network's 'whitegoods project'. WOW!!

The following day, I was given \$100.00 by my old next-door neighbour – who's grumpy with the Party which gave him life-membership a couple of years ago but who now – according to him - "is betraying Labor principles to please the voters of Western Sydney". Combining this with the Bermagui gift, we can purchase re-conditioned (and tested) washing machines for five asylum seeker families living here, in Melbourne's Western Region.

These are the "boat people" – the ones who are not allowed to work. They're all cold (it's freezing in Melbourne this winter and they can't afford heating) but they can still

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acknowledge that they're better off than those who are on Christmas Island, Nauru or Manus. You can imagine how much difference such acquisitions make to their lives. Especially to those carrying injuries from past mis-treatment, or from violence inside detention centres.

And what's more, when 'the washing machine man' gives us his discount (he always does) we're going to have enough left to buy some toys for the little mites in MITA (MITA is the Maribyrnong Immigration Transfer Accommodation Centre). It's in Broadmeadows. It's a prison for very new mothers who've been brought from the 'hellholes' to give birth here because of the paucity of decent standard obstetric facilities in those places. When the babies are exactly 6 weeks old, they are shipped back to the offshore camps with their sad, sad mothers - and the little siblings who sometimes accompany their mums on these miserable journeys. We like buying them (NEW!!!) toys to accompany the pre-loved ones that we can also give them.

In 'The Year of Living Dangerously', when Billy Kwan was asked, 'How do you just keep on?', he said, "When surrounded with so much misery, you do what you can: you add your light to the sum of all light'.

Thanks, Bermagui friends, for adding a bit of light to the lives of these desperate, scared people who – for the moment, anyway – are now living amongst us. THANK YOU, THANK YOU, THANK YOU, THANK YOU, THANK YOU, HANK YOU, HANK YOU, HEARTS!

Ann Morrow Melbourne

Four Winds Success

Dear Editor.

A sincere thanks to all the 2014 Four Winds audience and volunteers for being part of this year's festival and putting the region on the map again as a place of beautiful nature, people, food and music!

Did you know? Approximately 1500 people attended each day of the Four Winds Festival, and 120 volunteers formed 21 teams to bring Four Winds to life.

Survey results tell us that a clear highlight of the weekend was Sunday morning's 'A Portrait of Three Artists' panel with Margaret Throsby joined by Richard Tognetti, Dejan Lazic and Giovanni Sollima, and we were thrilled to bring these musicians from around the world to play for us.

Also to have our local musicians have time and make music together, was rewarding and adds more to this region's love of beautiful music.

Audience facts from the survey include: 72% of the audience had attended in previous years, 28% were new to Four Winds, and 95% said they would return. 32% of the audience are from this local region, 16% from ACT and 22% from Sydney with Victoria, South Australia and the rest of NSW making up the last 30%.

We are proud of all the people in our region who were so welcoming to all our visitors and celebrated the opening of our stunning new Windsong Pavilion where events will run throughout the year.

A new phase for Four Winds is now upon us and we'll be in touch soon.

Thanks for your support and find our more at www.fourwinds.com.au.

Sheena Boughen Chair, Four Winds

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The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Merryn Carey: Naturally Gifted

It seems natural that Merryn Carey would eventually choose horticulture as a career path. She spent her youth collecting bunches of wildflowers in a National Park close to home, traversing the valleys, hills, caves and creeks and admiring the naturally occurring rock and sandstone formations. A vivid appreciation of all these elements and how they work together, plus her formal qualifications (Degree in Horticulture and Masters in Environmental Health), would later influence her style as a landscaper. Most of her work in western Sydney involved obtaining rocks and sandstone from local quarries and incorporating them, and Australian natives, into the natural landscape designs she remembered from her youth.

About 20 years ago, while fishing in the Hawkesbury River in Sydney, Merryn noticed that the fish had ulcers and decided it was time to move to a more pristine location in order to source fresher foods for her family. Friends mentioned that there was a neighbouring property for sale at Dignams Creek, on the far south coast which had excellent land for growing food and was close to clean water for fishing. The move would also enable this hardworking, load-bearing landscaper, to leave the rocks and sandstone behind and to focus on the edible landscape. The real hunter-gather side of Merryn was about to be exposed and bush tucker was on the main menu.

The Dignams site proved to be perfectly suited to the family's needs. It was and still is, 'the greener pastures', the quiet, sheltered and protected place with good soil and clean water they were looking for. After buying the property, as soon as they arrived, Merryn and partner, Ian, laid out the clearing, using permaculture principles as a guide, to ensure that plants obtain the nutrient-rich run-off without human labour and intervention. Even the animals have a big part to play in maintaining the environment and protecting the crops. After the harvest, any left-overs are consumed and cleaned up by the birds, and the ducks that parade around the property. Merryn's dogs, Louis and Leroy, patrol the internal perimeter keeping everything, especially the wallabies, on the right side of the metre-high fences.

This property fits the permaculture principles perfectly to produce edible landscapes

while mirroring the natural eco- system. So much so, that you can be looking at bush tucker without even realising it. In particular are the majestic Bunya and Hoop Pines that Merryn and Ian planted when they first arrived. Bunya Pine, Araucaria bidwillii is the tree around which Aboriginies used to converge every three years or so, from coastal, plains and mountain districts, calling together tribes to build friendships and hold ceremonies and corroborees, around the bunya season from January to March. Huge cones, the size of a football and weighing about 10kg, fall from the trees, and the nuts, encased in a leathery shell are either roasted

over hot coals or prised open with a sharp edge. (They can also be boiled for half an hour). "They taste somewhere between the chestnut, pine nut and sweet potato" says Merryn. Hoop Pine, *Araucaria cunninghamii*, also produces edible seed and lives up to 450 years, and gets to 60 metres tall!

Here, Merryn has established 'South Coast Flora, Specialist Grower of Bush Food Plants', where she propagates plants that are best suited to the far south coast. Those that really belong here and some that have adapted to our climate. As a self-taught botanist, Merryn collects seeds. One in particular is the Italian Stone Pine which can be seen growing well at Kameruka Estate. This pine is Mediterranean in origin dates as far back as the Roman Empire!

Another leaf to Merryn's business is farm certification through NASAA (National Association of Sustainable Agriculture Australia). There are approximately 2000 certified farms in Australia. Merryn is one of about 30 people who do this job nationally. It takes her all around Australia, to QLD, Vic, NSW, and South Australia. Merryn finds that



the people who seek certification are a unique breed of dedicated people who stick to an ideology and that certification is not just for farms but also for vegetables, nuts, abattoirs, fertiliser, and packing facilities. There appears to be a growing interest in businesses seeking the certified organic status.

Merryn propagates for both wholesale and retail markets, regularly attending Moruya and Candelo Markets, and participates in agricultural field days. Overall, Merryn is dedicated to helping people achieve their horticultural goals, whether they involve unusual or specific plants. Moreover, her aim is to ensure the quality of the plants she offers for sale, putting customer satisfaction before profits.

For all her travels, Merryn still believes that nowhere beats the beauty and unspoilt nature of the far south coast. "Overall its all about landcare and revegetation and protecting the providence for future generations." says Merryn.

"See! The winter is past, the rains are over and gone. Flowers appear on the earth...the fig tree forms its early fruit. The blossoming vines spread their fragrance". Song of Songs 2:11-13

Thumbs Up



to the generous folk of Cobargo and district who contributed to the Cobargo CWA Mother and Baby Packs for Papua New Guinea. Your donations will be going directly to the recipients, the mothers of the Highlands of New Guinea.

to Lois Katz for her timely, informative letter about cat behaviour.

to the generous donor from Cobargo who gave the CWA bags of wool. They will be knitted into squares for Wrap With Love – thank you, thank you!

Thumbs Down

to whoever stole the *Triangle* donation tin from the Bermagui Visitors Centre, discarding the empty tin in the outside garden. Not the first time *Triangle* donations have been stolen ... pretty low!

to the Fairhaven cat owner(s) who are allowing their beautiful creamy cat to prowl the wildlife corridor at the moment.



Gail Jones and Errol Richardson

For a tiny town that 'goes to sleep' in winter there's been a bit of action in Bate Street. Laid back action yes, but action nonetheless.

A couple of notable birthdays this month with Maz sharing her night with Kitty Kat on 15th and Baker Alfie on 19th. Happy birthday to both.

We have a new musical pairing performing under the banner of Mrs Jones and Me. Gail Jones and Errol Richardson are sharing their love of blues/jazz with the very appreciative visitors to Eumun-Tea. You may remember Gail and Errol were instrumental, so to speak, in helping with fundraising for cancer at Eumun-Tea back in May. Since then they have performed on some Saturdays with the street clicking their fingers to the music as they stroll the street and markets. This week they had some competition, with our favourite TV program filming in the street. With the lights, cameras, action and the squealing of pigs, Gail and Errol were happy to sit and enjoy the delicious scones Jo has to offer while Paul West and crew continued to work to showcase our beautiful town on River Cottage Australia.

The subjects of this week's filming, several young pigs, are not NADA graduates and it proved challenging to capture the action in one take.

Most in the street enjoyed the entertainment although not sure on the one member of the TV crew that had to round up the pigs – and of course Darcy Hoyer, one of our favourite RC extras, just chilled and smiled. Gail and Errol will perform again when Jo comes back from a

well-earned break, so keep an eye out for signs in the street and enjoy great entertainment with a beautiful Devonshire tea. For more information on Gail and Errol, email mandgjones@bigpond.

Paul was also on hand, without camera crew, to sample Gayle Donnelly's sensational cupcakes. Gayle baked up a storm of cupcakes to sell at the front of Bates Store, to raise money for the RSPCA. Gayle is an ardent animal lover and selflessly baked and sold around 120 cakes to raise over \$300. All the cakes were snapped up very quickly with much oohing and aahing, with Paul treating himself and dog Digger to a cupcake – with a big thumbs up. Congratulations to you Gayle on your beautiful cupcakes and your beautiful smile raising money for such a great cause.

On a sour note, someone has been dumping rubbish out on Ridge Road. This is just a blight on our community. Local residents have been forced to gather household garbage spewing from garbage bags just dumped with total disregard to our beautiful countryside. If the dumper is reading this, please dispose of your rubbish thoughtfully and don't force others to clean up after you.

If you have anything you would like to add to the Tilba Bites please email me on montaguechristine@hotmail.com or phone 4473 7621.



Gayle and cupcakes

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NBN in the Triangle

...continued from page 1

This antenna is then tuned or pointed towards the antenna on the aforementioned slim line pole and it will then be connected to an equally small and neat device that can accommodate several connections and is located inside the building.

But there is an associated cost and in this I do not speak of the monetary cost of connection but of the visual and other less tangible costs. To understand this we need to look at the way the Bermagui proposal works for the whole area.

Bermagui will have fibre connection and the outlying areas will have fixed radio that needs to connect back to the fibre in order to access the internet. To do this the fixed radio connection uses cellular technologies passing

information from outlying areas back to the fibre like a daisy chain.

So the Bermagui mast under discussion in the Community Centre information session will not be alone. There are plans for similar masts, each servicing a maximum of 500 dwellings, all part of the chain linking back to the Bermagui fibre in locations throughout the Triangle. A map that we have seen has tentative sites earmarked for several similar masts in the area and although no sites other than Bermagui have a firm proposal lodged with council there are plans afoot for Mystery Bay, Tilba, Akolele, Wallaga Lake, Coolagolite, Cobargo, Quaama and Brogo.

One must wonder if there are health implications linked to blanket coverage of this type of signal. So many things in our technological society prove to have unforeseen consequences and sometimes even welldocumented risks that are ignored in the interest of 'progress'. From DDT to diesel fumes, we damage our health and the environment. There would seem to be little hope of changing this mindset in the near future.

Jo Lewis

\$\$\$ to be won in the AKT competition.



See page 16 for details



At The Triangle we are in the process of refreshing our

page to ensure it is up-to-date and relevant.

Please contact us at

the_triangle2@bigpond.com

if you still wish to be included. If you don't have email please call 6493 8515. If we haven't heard from you by 21 September, we may remove your notice.

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The Quaama Can't Sing Choir, led by Di Manning, delighted and confused the crowd in equal measure in Cobargo last month

I don't know why we were so worried! The Quaama Can't Sing Choir was invited to sing at the opening of the Frayed Edges exhibition in Cobargo on 2 August. It was our first performance, and we met beforehand for a warm-up, and to quell our nerves, in the grounds of the RSL Hall. But once we assembled in the forecourt of the gallery and launched into our repertoire, we were carried along by the very warm crowd. They actually clapped and cheered!

Quaama identity Catherine McEwan said afterwards, "I felt like booing!" Why? "Because you're a bunch of liars. You *can* sing!"

I, for one, was on a high all day. All credit to our fearless leader, Di Manning.

Mayda Jamieson had an exciting month. A mercy dash to Bega Hospital in the early hours

one morning, a stay of a few days before being discharged, test after test, and more tests in Canberra. But it's good to see her sitting in the sun out the front of chez Jamieson again, and she says she's feeling much better now.

The QPA held its Annual General Meeting on Monday 18 August at the Hall. It was great to see some new faces, especially the intrepid Caroline Wilkes, who has taken on the role of Events Co-ordinator.

Caroline has some great ideas for fairs, dinners and Quaama get-togethers in general. But she wants your ideas too. The last time we invited ideas from the community, the New Year's Eve Party happened (and, by the way, planning for this year's event is now under way, so be assured, your NYE 2014 is covered). Caroline is putting a survey together, and you'll

hear more on that soon.

Glennda Heino stays on as Secretary and takes on the additional role of Treasurer. Glennda, you're a star. Farewell and thanks to our previous treasurer, Shane Roberts.

The QPA's enthusiastic, energetic and enterprising President, the invincible Veronica Abbott, has decided to call it a day and move her boundless vigour onto new things, in particular the Black Wattle Gallery in Cobargo. Most of the new events around Quaama of late – the seasonal Fairs and Secondhand Sundays to name just a couple – have been conceived on Veronica's watch, and have become the warm, quirky, quintessentially quaamese phenomena that they are only with her organisation, guidance, encouragement and sheer hard yakka. Veronica, thanks for all of it.

Anyone wanting to get involved, please email Secretary Glennda Heino on glenndah@hotmail.com

Four Winds: Save the dates



7 Sept | Spring Choir Day

28 Sept | Acacia String Quartet

30 Sept | Story Time with the

Arcadia Quintet at Bermagui Library

9 Oct | TourismFUTURE14

Summit 10-12 | Coming Home –

Oct Olga Masters Festival

26 Oct | Zephyrs: The Alex Stuart Quintet

20 Dec | Christmas at Four Winds

www.fourwinds.com.au

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Tennis Club News

The intrepid Quaama Tennis Club held its inaugural Annual General Meeting on 22 July at the Quaama School of Arts. It was a small but optimistic and cheerful group who gathered to witness this historic occasion.

In her report, President Becky Grenfell thanked the current committee – Peter Muirhead, Rob Connal, Craig Rixon, Letitia Carroll, Murray Gibbs, Shelli McGregor, Veronica Coen, Stuart Barr – and the wider community for continued support over the previous 12 months. Becky outlined the fundraising activities held to date, including hosting the BBQ at the Quaama Fairs, the Monster Christmas Raffle and donations received at the Quaama Community Christmas Party as well as the Harvest raffle earlier this year. Becky reported that all these activities not only raise

funds, but also enable the QTC to engage with community and share news of QTC progress. She said that all these funds raised have enabled the QTC to pay Incorporation and Crown lease transfer fees as well purchase a Club BBQ.

It was with much glee that the President reported on the recent working bee where the committee got their 'hands dirty' and finally commenced the restoration work. The fence has been rolled up and stored for reuse and the rotted posts were removed (thank you Brett Horne and tractor) ready for the next phase of levelling and resurfacing the courts.

The Treasurer reported that after all administrative costs, including Crown lease fees (lease transfer now complete but in progress at time of the meeting), the QTC has a total of \$2100.15 in the bank.

As is fairly usual with community organisations, we were not overrun with nominations for positions! Thus the executive, who have been operating admirably since the Club's inception over a year and a half ago, were officially re-elected to their positions: President, Becky Grenfell; Secretary, Rob Connal; Treasurer, Peter Muirhead; Public Officer, Peter Muirhead; with new positions created for Fundraising Committee, Murray Gibbs and Veronica Coen.

The Rixon children, Brodie and Kya, happily oversaw proceedings on this chilly night, as they are very keen to start playing tennis on the restored courts in the near future.

Veronica Coen

The next Cobargo/Quaama food swap

The next food swap will be held on Sunday 14 September between 10am and noon at Fiona and Michael's place. Hopefully, the weather will be a bit kinder and we'll actually make it this time!

Fiona and Michael's address is 281 Field Bucketts Road Quaama. Take note not to go down Field Bucketts EXT Rd – this is the wrong way!

There will be a small sign up on the day to help guide people to the right place.

Thanks to all who braved the wet and cold to attend the August swap. And many thanks to Sue Keeper who provided a last minute and excellent wet weather swap venue.

Tam, Food Swap Convenor



Are you interested in joining a vibrant and thriving local community store, selling organic & biologically grown whole and local foods?

I have five shares for sale. They are well priced for a quick sale and unencumbered.

Genuine Enquiries Only: (02)64936738

Reclaim the Riverbank Update

A very small but committed group attended the meeting on 16 August to hear about recent developments.

The BVSC has granted our group \$3890 to begin regenerating the river reserve at Quaama. We will begin at the Dry River bridge, and then move east toward the cemetery. The bulk of the funds will go on contractors to slash and clear woody weeds, with the remainder to go towards purchasing plants for the revegetation to commence.

Work on clearing the weeds will begin in early October with machinery, then volunteers will be able to access the area by the bridge to control honeysuckle, which is invading the larger trees.

We hope to start planting in October, with the main planting to take place next autumn. We urge anyone interested in joining this group to come along to the next meeting, which will be advertised in *The Triangle* and at the Quaama store.

For more information contact Chris Post, 0411 594 092 or email to dryriverlandcare@gmail.com



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Cathy Blake declaring Frayed Edges Exhibition open

What a gift it is to live in a small village that is creative, supportive, community-minded, proactive and so much more! A community that resolves problems creatively. A community that is willing to help others. A community that looks after and honours its elderly. A community that cares, creates, solves and does together. A gift to be sure.

CWA members know what I'm talking about. After their appeal for items for the Mother and Baby packs for Papua New Guinea, they received enough donations of both nappies and towels that they were able to complete their current packing and leave some over for the next batch! The CWA is happy to receive

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donations of goods for the mother and baby packs any time. Also received was a generous donation of wool, which will be knitted into squares for Wrap With Love.

Another mover and shaker in Cobargo is the Well Thumbed Books team. This month it will be four years since Well Thumbed opened in Cobargo. To celebrate their birthday, they are inviting us all to join them at the shop in the main street of Cobargo on Saturday 13 September for morning tea from 10am. They'll be celebrating throughout the week from 13-20 September, with a 50% off everything sale.

The Cobargo Information Centre is another group run by volunteers and doing a great job in the community. Co-ordinator Ruth Salter informs us that they too are having a celebratory morning tea. Their 'Welcome to Spring' community morning tea will be also be on 13 September, from 9 am - 12 midday.

Local textile artists' group The Frayed Edges of Quaama launched their annual exhibition in the side room at Lazy Lizard: an exhibition of pure delight and creativity. To launch the exhibition, the wonderful Quaama Can't Sing Choir under the direction of Di Manning presented a thought-provoking and entertaining repertoire. More information about the craft group is available on their Facebook page: www.facebook.com/thefrayededges.

Cobargo Creators, another local group doing wonderful things for the community whilst promoting art and providing creative opportunities, recently held their AGM. They have a new Management Committee to continue moving their venture forward. They are, however, still looking for a Secretary. Anyone interested in working with this vibrant group promoting local art, who has a little time to give to the project, is invited to make contact with them through the Black Wattle Gallery.

One of the gallery's new directions is beginning a process of installing 'Feature Artists' mini exhibitions, so keep an eye out for these. I believe they will also have a presence at the next Cobargo Farm Open Day, planned for 4 October. More about that next month no doubt.



Frayed Edges exhibits

Open Day at Cobargo Farm

Cobargo Farm, up near the showground, is having another one of their fabulous open days on Saturday October 4. This year's theme is 'Trails of Food and Artistic Delights'. You are invited to visit the many different food stalls where local produce will be cooked and presented. Artists will be showing their talents and inviting you to join in with them. A great day from 8.30am





Coming up next month is the Olga Masters Festival, presented by Well Thumbed Books and generously supported by many community members with venues, equipment and much more. This will be an event not to be missed, so keep watch.

Did you know that one of our well-loved locals recently celebrated her 90th birthday? Rona Sutherland, long time Cobargo resident and identity celebrated with friends and family at Bermagui's Saltwater Cafe. Rona is well known and loved in the village, receiving a barrage of calls, cards and gifts. On behalf of Cobargo, congratulations Rona!

Celebrations are also being held by Graham and Margo of Kinetix Lifestyle Shop and Cobargo Home Brew, who have recently celebrated 20 years in the Old Bank building. They originally came to Cobargo to relocate their sports clothing factory from Sydney. In 2005, the factory was closed due to the dramatic decline of the Australian garment industry due to imports. Their business has evolved from the factory days to a very diverse affair incorporating natural health and wellness products, sun hats, thermal wear and a very comprehensive home brew section: an interesting and eclectic mix of products.

Exhibition Time...

September at the Lazy Lizard Gallery Cobargo features a show called Beyond Convergence.

Work from Nancy Brunton and Helen Stafford will be showcased in the side room from Friday 5 September to 2 October.

One year ago Nancy and Helen attended the 12th Southern Hemisphere Felting Convergence at Stanwell Tops. This was five days of felting, attending workshops and shopping for supplies.

How has this influenced their felting? Come meet and chat with them on Sunday 21 September, 10am to 12 midday.

Helen Stafford



Rona Sutherland

Barrabarroo Landcare event in Cobargo this month

A Field Day is being held on Saturday 13 September, 10am-1pm (followed by lunch) at Martin and Judy Bourke's farm, 'Brandywine', 10785 Princes Highway, Cobargo. Come along and listen to our speakers, Helen Schaefer, Bega Valley Shire District Veterinarian, and Josh Dorrough, Research Scientist, who is currently conducting trials and research into the cost and management of weeds in the Bega Valley Shire. Please contact Cherryl Fleming on 0417 210 339 if you will be attending.

Cherryl Fleming

Margo has also developed a large organic garden project at the back using many recycled items and loves to show visitors around.

And finally, back to the CWA, who recently attended a Music and Drama Day at Quaama Hall at which all the branches in the group performed musical items and skits. It should be noted that the rain began at the same time and although the rain thinned the number of attendees, those who came had an hilarious time. As they are looking at Botswana for their International Studies this year, everyone brought food of that country and so an excellent lunch was served.

CWA always welcome new members. If you would like to join, please contact Mary on 6493 6167 or just simply go along to the CWA Cottage on the second Tuesday of the month at 10.30 am, share a cup of tea with them, meet the group and see what they do. Everyone is welcome to attend their craft afternoons, which follow the meeting. You don't even have to be a member! And you don't need to be an expert – learners are very welcome.





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How Can We Keep From Singing?

More liquor? Not what they said before

Things have changed with the Woolworths DA. Beer Wine Spirits (BWS) has applied for a liquor licence on the site. Originally and often stated, there was no intention, nor plan, to set up a liquor outlet here. Now there is. Sound a little like some political promises?

Well, legally they are entitled to do as they please, even if it would threaten our family-owned and other existing and very responsible take away liquor outlets – three in all, plus eight others for cafes and restaurants.

This is early days as the application is about to be lodged with the Office of Liquor, Gaming and Racing and approval is not guaranteed. Seems we need more, cheaper alcohol in town.

However, is that what the majority of residents have really agreed to? Many have voted – mostly by their silence – for cheaper grocery and food prices, when condoning the entry of Woolworths. So be it, yet even some pro-Woolies residents confess that another liquor licence is not what they agreed to.

This being Bermi, naturally there is now a groundswell building to offer an alternative: no approval. This is the state of play at time of going to press.

Our own permanent Sculpture on the Edge

Alan Watt's impressive 'Southern Exuberance', winner of the inaugural BVSC Acquisitive Prize at this year's Sculpture on the Edge, was formally installed in Bermagui recently. Wonderful to have our own piece

of public art and well worth celebrating. Congratulations all round. And what a site for it!

Wanted: Rabbit Breeders

Bega-Eurobodalla areas. Sandra Gauld and Geoffrey Grigg are looking for other breeders of meat rabbits for exchange of bucks (male rabbits, not money), purchase of does and exchange of expertise. SCPA members interested in breeding rabbits are welcome to make contact – maybe you can become a member. Call Sandra and Geoffrey on 0428 227 643

Making Safe Money From Food: A Recipe for Success?

If you're involved in the preparation, packaging or sale of locally manufactured food then you may benefit from this one day workshop: 9.30 am - 2.30pm, Saturday 13 September, Bega Country Club, Tarraganda.

Hear advice from the perspective of: Health Officer Greg O'Donnell (Bega Valley Shire Council) on help available to get it right; Business Developer Bob McAllister (Bega Valley Shire Council) on getting ahead; Food Processor and small business owner Stan Soroka (Eden Smokehouse) on understanding the science behind safe food manufacturing; food manufacturer and small business owner Patrick Cornthwaite (Cranky Pants, Merimbula) on small scale food production systems and labeling of food; Accountant Simon Byrne (Kothe's Accountants) on making a profit; Solicitor Dominic Rideaux (Clarke Rideaux Solicitors) on keeping out of trouble.

There will also be a display on how to correctly set up a food stall at a local market. Free entrance, though bookings essential: phone 6499 2222 or email health@begavalley.nsw.gov.au **Beauty over speed**

In our region, speed on the road is a mixed blessing: it saves time going from A to B, yet does have negative side effects such as wildlife road kill, at the least. Living in this beauty is one good reason to drive more slowly to enjoy it, as a visitor or resident, though many see the 100 kph limit and go for it. Over the last nine years since it was sealed, the RTA/RMS has denied the need to reduce the speed limit on the coast road running between Akolele and Tathra.

Despite numerous appeals and evidence from many local residents, the RMS review states: "the review determined that the current speed zones were appropriate for the rural environment, road alignment, adjacent clear zones, adjacent development and the low crash history." Will it require a death for them to reconsider, one asks? Many near misses and lots of road kill do not rate for the RMS. To reduce the limit to 80 kph would extend the 60 km trip from Akolele to Tathra by about 2.5 minutes.

If you believe the speed limit should be reduced to 80 kph, please write to local state member, Mr Andrew Constance, at bega@parliament.nsw.gov.au or at 122 Carp St, Bega 2550 or telephone 6492 2056. Week on the course

Bermagui Country Club's Week of Golf for 2014 is approaching fast. Have you got your entry form yet? Over the week of 13-21 September our Country Club would love to welcome you to the beautiful Bermagui course for competition, prizes and fun. If you need a cart, book early. Entries close for ladies on 5 September and for men on 12 September. The competition is locally hosted and sponsored. For more details and bookings, call 6493 4266. **That Bunch of Singers and friends shine**

How Can We Keep From Singing? will be held on Sunday 7 September in the Four Winds Pavilion at Barragga Bay. Combining the singers from Bega St, That Bunch, Heartsong and Bega Valley Children's Choir, it will culminate in an afternoon concert. The program will be: Combined Choirs: Atha Jesu, How Can I Keep from Singing, Weep o Mine Eyes, We Are, Labvakri, Taku Mana, Yi Lul and Uma Ebu/La la; Women only: Festive Alleluia; Men only: Father Son. Seating is limited.



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Bermagui Banter

Centenary a winner

The local Red Cross Club had a very successful event at the Bermagui Country Club in mid-August, raising over \$500 from Red Cross Centenary merchandise and donations. A Certificate of Appreciation was presented to the club manager, Robbie Beuzeville, acknowledging the club's ongoing support. Looking towards the next 100 years with gusto!



Red Cross Presentation

A different kind of Reboot

Bermagui Country Club - Car Boot Sale Saturday 27 September in the Bermagui Country Club car park. \$15 per car space. Vendors set up from 11am. Sale from 12pm until 4pm. To reserve your car space please phone Club reception on 6493 4340. Book in fast as it will be a BIG weekend with Reboot Bermagui being on that weekend.

50 Years Young

To celebrate the 50th Anniversary of the Bermagui Bowling Club, Vince Baird (President Royal NSW Bowling Association), Geoff Hancock (President Zone 7, RNSWBA) and Ross Hardy (President, Central South Coast District Bowling Association), will play with teams short games with Bermagui members on Saturday morning 23 August.

Lunch will be served at Bermagui Country Club, then joining the gathering will be Dr Peter Hendy (Federal Member for Eden Monaro), Hon Andrew Constance (State Member for Bega), Bill Taylor (BVSC Mayor) and Geoff Vercoe (Chair) and Robert Beuzeville (General Manager) of Bermagui Country Club.

A job well done, to have reached this milestone.

Above and beyond - Bermagui's acclaimed Preschool



Preschool staff Kelly McDowall, Narelle Myers, Nicole Brown and Kylie Cole with students

Following an intensive two day assessment, our very own Bermagui Preschool has received a rating of "exceeding" in all seven standards of the National Quality Framework, including Educational Programs and Practice, Children's Health and Safety, Physical Environments, Staffing Arrangements, Relationships with Children, Collaborative Partnerships with Families and Communities, Leadership and Service Management.

What fabulous recognition of dedication, hard work, passion, commitment and more, of teachers, educators, families and our volunteering community members. This is a wonderful indication of the outstanding quality of preschools on the far south coast, highlighting the critical importance of early childhood education. A great big thanks from the staff to all who have made this possible.

Acclaim, it seems, is yet no proof against being vulnerable, especially when it comes to regional funding. Our high-performing Preschool is facing financial unviability, due to the pending funding cuts. Narelle and other staff are devastated, even though their work and that of many others has been praised and appreciated on a national level.

The staff highly commends the government for the much needed increased funding for four year olds, though this step is insufficient to ensure secure, ongoing funding for preschools in general. Increased funding

is indeed required to ensure care of children with additional needs and to enable preschools to recruit and retain university trained early childhood teachers. However, three year olds are no longer funded even in areas where there is community demand and viability is an issue. This is the situation Bermi Preschool is facing.

Without commitment to meet the existing funding for three year olds, this example of excellence in education will struggle to maintain quality and viability of education and care and have a direct, negative impact on our children, families and future of community. Footnote: Both Tathra and Little Yuin Preschools received similar awards. South Coast rocks!

Re-Boot and Shake off the winter wobbles

Run - Refresh - Relax - Renew in beautiful Bermagui this Spring. Saturday 27 and Sunday 28 September 2014

ReBoot in Bermagui is a weekend of active participation in a variety of activities in the beautiful Bermagui coastal environment. An event for locals and visitors, ReBoot in Bermagui offers something for everyone with three programs held over two days.

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Tracey Escreet and her classmates studying Community Services Cert IV are staging a live event to raise awareness of mental health this month

"Be YOUnique" Open Mic Night in Quaama

On Saturday 20 September, 6pm – 10pm, Bega TAFE Community Services Certificate IV students are organising a free event at the Quaama Hall to raise awareness that one in five people are affected with a mental illness, and to promote Mental Health Month in October.

The main focus of the night is to discuss the different types of mental illness and the mental health support services within the Bega Valley Shire.

It is about raising awareness of the positive benefits of playing or listening to music, singing, poetry, comedy and dance as a channel for good mental health.

We aim to have fun, feel happy, and to let people know it is okay to "Be YOUnique". It is an opportunity for people to become connected with each other in the community, whether they have a mental illness or not.

Tracey Escreet from Cobargo will talk about her experience with mental illness, her recovery journey and how she is now living a fulfilled and meaningful life.

If anyone would like to talk on stage on the topic of mental illness recovery, we would really appreciate it.

There will be a mystery guest performing on the night and anyone who would like to perform for 5-10 minutes on stage will need to contact Kathryn by email kat-russell@hotmail.com by Thursday 11 September, as spaces are limited.

There will be many resources available to take for information for people living with a mental illness, carers, family and friends.

Please note it will be an alcohol free event with snacks and refreshments available.

Please contact Tracey at traceyescreet@gmail.com or Kathryn at kat-russell@hotmail.com if you would like to volunteer, participate as a speaker or performer, by 4pm Thursday 11 September.

Spread the word!

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Put mateship back on track: ask, "R U OK?"

To help put mateship back on track, Cobargo Undertakings is urging locals to ask "Are you OK?" even more regularly at its Cobargo event in support of the suicide prevention organisation "R U OK?"

As part of its 2014 campaign, the international organisation "R U OK?" is asking all Australians to be even better mates by having conversations more regularly with family, friends and colleagues who might be doing it tough.

To inspire this sense of mateship, Cobargo Undertakings from Cobargo is organising a seminar which includes suicide prevention training at 1.30-4pm on Thursday 11 September at the Uniting Church Hall and Tea Rooms, Bermagui Road, Cobargo.

Guest Speaker Brenton Tainsh, National Manager of Livingworks Australia (from Canberra), Wellness Lecturer Kerryn Dunlop and Pastoral Care practitioner and trainer David Oliphant will be speaking at the event, training people over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Attendees will hear from two people who've suffered depression and hear how they got help. There will be an open discussion over afternoon tea and workshop. Social worker Dave Rugendyke will be on hand to assist.

"This seminar will help more people appreciate that family, friends and neighbours don't have to be an expert to have these

Then and now, caring for our environment

There will be a discovery afternoon celebrating 25 years of Landcare in Australia at 1pm-4 pm on Sunday 14 September 2014 at Sandy Place Picnic Reserve, Long Beach (BYO chair).

Come on an adventure to discover the indigenous heritage of our local area and the treasures of our environment.

Explore the bush to learn about native plants, and also learn how weeds can be identified and controlled.

Bush tucker, medicines and crafts will be explained and demonstrated, to the accompaniment of the didgeridoo

There will be a Plant Swap on the day, so bring along a bag of weeds to exchange for a native plant for your garden.

Participants will gain an appreciation of the role of Landcare and meet some of the enthusiastic volunteers who work to restrict weed infestation around the foreshores, wetlands and Cullendulla Creek.

Afternoon tea will be provided. Children under ten years old will need parental supervision.

Come and see the bushland with new eyes! For more details contact: Margaret Browning at margaretbrowning@bigpond.com

conversations. We hope to remind people that we can help someone who's not OK by listening to what they have to say and helping them think about one or two things that can be done," said Kerryn Dunlop. "Our event will include training and an opportunity to put that training into practice in a safe and supportive setting.'

This seminar will be one of the hundreds of events taking place across the country on R U OK?Day on Thursday 11 September. For more information about the event, please contact Kerryn Dunlop on 0418 761 034 or email the team at CobargoUndertakings@outlook.com

About "R U OK?"

"R U OK?" is a not-for-profit organisation that aims to create a world where everyone is connected and is protected from suicide.

In 2014, "R U OK?" is travelling the length of Australia in a bright yellow bus to help put mateship back on track.

The five week tour starts in Darwin on Thursday 7 August and the "R U OK?" team will host 18 community events in regional and metropolitan areas in Northern Territory, Queensland, NSW, Victoria, the ACT and South Australia. The "R U OK?" Conversation Tour will finish in Sydney on R U OK?Day, the sixth annual national day of action dedicated to reminding people to ask, "Are you OK?"

To follow the tour, visit ruokday.com. Call Life Line 13 11 14 or Beyond Blue 1300 224

Bega Valley Shire water security

State Member for Bega, Andrew Constance is pleased to announce that the NSW Government has extended its successful Water Security for Regions program to nearly 60 Local Government Areas, now including the Bega Valley Shire.

Mr Constance said extending the program to even more communities was in recognition of the far reaching effects of drought across

"Water Security for Regions was established to help communities prepare for future drought conditions.

"The NSW Government is serious about improving water security infrastructure in the regions to help farmers and regional industries deal with drier conditions."Mr Constance said a new round of funding worth an additional \$80 million was now open to eligible local communities across the region.

"I encourage the Bega Valley community to put forward proposals for urgent water security infrastructure projects through the program," Mr Constance said. "We are seeking applications for local infrastructure projects that will improve town water security and secure good quality, reliable water supplies.

"Proposals for projects could include augmenting dams, pipeline and bore works and water efficiency mechanisms, and should also offer economic benefits to local communities.

Who does the work

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Home Cobargo, Well Thumbed Books, Black Wattle

Narooma: Information Centre, Library Quaama: General Store Tilba Tilba: Pam's Store.

Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month Editorial: 12pm, 22nd of each month Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to: The Triangle PO Box 2008, Central Tilba. NSW 2546

Email: the_triangle2@bigpond.com

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in The Triangle area. The committee is made up of volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self sufficient through income generated through our advertisers. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800.

The Triangle's Eco Edge Competition

Local environmental company AKT has this year sponsored a page in the *Triangle* every month. Our brief was pretty broad: the page was to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental

contribution - story, essay, poem, painting, drawing or photograph we receive.

So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The winner receives \$400

This month's contribution is a piece by Jen Severn of Quaama.

Nine Dead Wombats (June 2012)



There are nine wombats on the road between Bega and Bemboka. Nine dead wombats. And it's not even a bad season, a dry season, when what little rain we get runs off the roads and pools in the ditches beside them, creating green oases in a land of brown. Those oases bring the wombats to the roadsides in drought. But this time we've had plenty of rain, and still they come to the road. There they die bad deaths: deaths bouncing off bumpers, deaths crushed under wheels, deaths dragged by undercarriages until they're just stains on the bitumen.

My friends Vicki and John hit a kangaroo once, on the Tanami Track, in the Tanami Desert. Didn't kill it. But they got out and had a look, and it was clearly injured. No WIRES in the Tanami. They made a decision; who knows if it was the right one. What would you do? They decided to finish what they'd started.

Can you picture it? Here are Vicki and John, social worker and carpenter, empathetic listener, craftsman with timber, dragging the great, red, twitching, dusty beast back onto the road and laying it out. John gets behind the wheel, and Vicki directs him so that the front wheel of their Toyota ute rolls, crunch, over the kangaroo's head. Both are crying, sobbing. Who knows what the kangaroo was feeling. All that pain and suffering. Three beings.

Nine dead wombats. No-one got out to check their injuries. At least, I don't imagine so. There's a dark shape ambling onto the road, a quick bump-bump before the reflexes kick in to swerve. A sickening feeling in the pit of the stomach, then the thoughts: it must be dead; neck must be broken. Couldn't have survived. No point stopping.

Some people stop, like Vicki and John. I did once. It was on a

car trip across to Perth in 1988, with two friends. It was my car, but I wasn't driving. We came round a bend on the South Coast Highway in Western Australia and there they were – two big grey kangaroos, one in each lane. I can still see them turning, in unison, to look at us.

We *had* to stop. The car stopped. The force of the impact, of steel colliding with fur, of radiator grill hitting organ and muscle and bone, knocked the engine block sideways. We stood there, the three of us and the kangaroo's mate, looking at the long, bloody smear on the road, in the sudden West Australian south coast silence, scrub and sand and road and wind and sun, for a long, long time.

Then the mate seemed to gather itself, and turned and hopped away, great loping bounds south towards the coast. The three of us watched it go, then sat on the tailgate of the station wagon, smoking cigarettes. Two of us weren't even smokers.

A car full of teenage boys came along eventually, all sucking on cans of beer, and two of us got a ride into Esperance where we found someone with a tow truck, and Sandy got on a bus back to Melbourne, and Sukh and I hitched out to Cape Le Grand National Park where we idled away ten days, perfecting damper made from seed meal and beer, bathing in the frigid turquoise waters of that coastline and photographing arrangements of beach flotsam – twiggy sea creatures and lengths of dark, knobbly weed – against the white, white sand. When the car had been fixed it looked as good as new, but I always had to rattle the bonnet a little to lift it.

There are nine dead wombats on the road between Bega and Bemboka.

AKT, a company of some 32 years' standing, currently is engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community. This year AKT donated \$1000 to South Coast Field Days.

But AKT is also active internationally. Because we are about more than just making money, this year AKT International donated £6000 to ABCs and Rice, a charity in Cambodia, to purchases buses as a safe and reliable mode of transportation to and from government school for children living in poverty.



Music for Olga at Windsong

Join us on Sunday 12 October at the Windsong Pavilion, when Olga's work will be brought to life through music and radio play, with local food and flair. This is unlike any other writers' festival and will be quite a remarkable weekend for the South Coast.

Stunning jazz singer Hetty Kate and her five-piece band will be performing to recreate the swinging sounds of the depression era. Sue and Deb Masters will be speaking and joining them will be well-known figures of Australia literature including: Geordie Williamson, Chief Literary Critic for The Australian; the author Kate Veitch, who's first novel, Listen, was a bestseller in Australia, and was also published in Germany and the US; and Craig Munro, former publishing manager at University of Queensland Press and award-winning writer.

Olga Masters, a writer who has been much loved and admired by readers all over Australia and in the world, is little known here on the South Coast of NSW where she was born. Olga's journey took her from a poor and isolated childhood in Cobargo during the depression, through a career as a journalist and eventually to being a successful author. While Olga's first stories were published in the Cobargo Chronicle in 1934 when she was fifteen, her next works of fiction were not published until she was in her sixties. In between she lived a very full life working as a freelance journalist and raising seven children. Her rich life experience fuelled an extraordinary and tragically short career in literature.

The owners' of Cobargo's Well Thumbed Books thought it was about time we all learned more about this remarkable woman, and they looked for other local enterprises to work with on this project. The Bermagui Hotel, The Bermagui Library and Four Winds Festival agreed to join them in putting together a weekend to celebrate the achievements of Olga Masters

"My children are my finest books", said Olga. Over the weekend of 10 – 12 October, all of Olga's surviving children will be in Cobargo together for the first time.

Each of the Masters' children has had an incredibly successful career in media and each shares Olga's curiosity and her powerful story telling skills. Roy Masters is a well-known rugby league coach and commentator. Ian Masters hosts the American radio program Background Briefing, Ouentin Masters is a successful film director. Chris Masters, a highly awarded investigative journalist and writer worked with Four Corners for 25 years. Sue Masters has been named as one of the 75 most powerful people in Australian television and is now the Executive Producer of Drama at SBS. Sue brought us Sea Change, Secret Life of Us and Brides of Christ. Deb Masters works as an ABC producer and her previous work includes Witness and The 7:30 Report.

For more information, visit www. olgamastersfestival.com.

Tickets for Sunday 12 go on sale September 1 online at www.fourwinds.com.au

UN Day of Peace film event in Narooma

With news of conflict seen daily on our TV screens all over the world, the need for peace has never been more pressing. Cinemas are rising to the challenge and broadcasting a film with a difference. *Peacemakers: Jeremy Gilley in Conversation with Prem Rawat* will be screened on Peace Day, 21 September at the Kinema Narooma at two session times, 11.30am and 3.30pm with a gold coin entry fee.

Focusing on a dynamic discussion between Prem Rawat, respected and internationally-recognised speaker on the subject of peace, and Jeremy Gilley, founder of Peace One Day, *Peacemakers* brings together the vision of a man to bring peace into everyday lives, with the man who wants to highlight and focus the world's attention on a single day of ceasefire, non-violence and peace.

Prem Rawat, an international speaker on

the topic of peace for 52 years, has inspired televised broadcasts, called 'Words of Peace', aired in 40 countries on over 350 TV stations and translated into 28 languages, every day of the week somewhere in the world.

Peace Day is an annual day of global ceasefire and non-violence, inspired by Jeremy Gilley and celebrated on 21 September in over 195 countries.

The UN Day of Peace, 21 September, was officially recognised by the United Nations in 2001 and has grown to an estimated half a billion people being aware of Peace Day in 2013, with around eight million behaving more peacefully as a result of being involved in activities on that day.

"This isn't just a day of cease-fire, it's also a day of non-violence," says film-maker Jeremy Gilley. "And we hope that three billion people will be aware of Peace Day by 2016. This year's theme is 'Who will you make peace with?' By cinemas showing this film, we can get this message – this call to peaceful action – out to millions more people, this year."

Prem Rawat talks about 'people power': "We need to just remind people. This is good news. I just want to say 'Peace is Possible'. And I want to include everyone in that message."

In response to Prem's and Jeremy's call to peaceful action, viewers are encouraged to consider who they want to make peace with, be peacemakers for at least one day, and then take actions which help peace become possible, around the world. For more information about Prem Rawat's message of peace, go to: www. wopg.org



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Members of the Acacia Quintet - in residence at the Pavilion 20 September to 6 October

Four Winds September events

We haven't been hibernating! Since Easter, when we held the Four Winds Festival and opened the beautiful Windsong Pavilion, we've been busy planning events that will fill the hall with music.

See in particular the Olga Masters Festival 'Coming Home' event at the Four Winds Windsong Pavilion on Sunday 12 October. Olga's work will be brought to life through music and a radio play, with local food and flair. This is unlike any other writers' festival and will be quite a remarkable weekend for the South Coast. Tickets go on sale 1 September!

Sunday 7 September | Spring Choir Day



Massed voices fill the Windsong Pavilion and launch our Spring Program when four

choirs from the Bega Valley combine together to sing heartfelt and uplifting songs, conducted by Dan Scollay, Kate Burke and Geoffrey Badger.

4.00 pm, Windsong Pavilion, entry by donation. No bookings required.

20 September to 6 October | Arcadia Quintet in Residence

Four Winds, in partnership with the Australian National Academy of Music (ANAM), is excited to have The Arcadia Quintet back and in residence after their performance at the Four Winds Festival this Easter. They will present recitals, workshops, private instrumental lessons and tutor at the South Coast Music Camp, so stay tuned for more details.

Sunday 28 September | Acacia String Quartet

ARIA and Art Music Awards nominees and favourite tutors at South Coast Music Camp, in recital at the Windsong Pavilion.

Tuesday 30 September | Story Time with the Arcadia Quintet

Bermagui Library, 10.30 am

If you have a house at Bermagui that our musicians could use, we'd love to hear from you. Hosting a musician with your house helps us to bring these brilliant musicians to our community and inspire our up-and-coming local musicians.





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See back page for events!



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PUNOGRAPHY

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Jokes about German sausage are the wurst.

A soldier who survived mustard gas and pepper spray is now a seasoned veteran.

I know a guy who's addicted to brake fluid. He says he can stop any time.

How does Moses make his tea? Hebrews it.

I stayed up all night to see where the sun went. Then it dawned on me

This girl said she recognised me from the vegetarian club, but I'd never met herbivore.

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Local director films Olga Masters short story

Inspired by the indelible works of novelist Olga Masters, local filmmaker Lee Chittick has produced a film adaptation of her short story, *The Mission Priest*, as a part of a festival celebrating her work.

Working closely from Masters's original story, Chittick wanted to create a respectful and affectionate adaptation. *The Mission Priest* follows a city priest entering a small coastal community during the Great Depression in the 1930s. The film captures a period in Australian country life and explores the contrast of poverty against the wealth of the church in its efforts to encourage 'wayward' families back under its preserve.

A woman of humble beginnings, Olga Masters was born in Pambula and began working as a journalist, at only 15 years of age, for the *Cobargo Chronicle*. Her heady career later took her to Sydney, where she wrote for publications such as *The Manly Daily* and *The Sydney Morning Herald*. She also wrote

several plays for radio and was an accomplished writer of short stories. She has been cited as one of Australia's best fiction writers and has played muse for many others.

Heading a keen slew of local talent is Merimbula's David Willis as the mission priest with fellow seasoned locals Rebecca Lupton and Patrick O'Halloran. The film also includes many school-aged actors from the community and celebrates the area by showcasing local locations.

The film will be screened on 10 October at 6pm at Bermagui Community Hall. The occasion will be made ever more poignant by the presence of Olga Masters's family.



Filming of The Mission Priest

"Spontaneous Longitudinal Dance Bands and Yet as Well (not the water one) Theatre Active Murrah Springtime Arts Festival"

Not so hard to believe or say quickly, but true

Most festivals spend thousands of dollars paying administrators, producers and artistic directors to spend thousands of dollars obtaining and shaping the program's talent into a program.

At the Murrah Hall it's merely a case of answering the phone or replying to an email.

Sept 28 and 29 The Lone Ranger Radio Show – 2 pm and 4 pm

By popular demand The Lone Ranger Radio Show returns. The West was never more stylish or more hilariously entertaining.

Twelve astonishingly talented ladies and an equally astonishingly talented token man

join 20 members from Dan Scollay's choir, "That Bunch of Singers", four atmospheric musicians, four close harmony singers and together with onstage live sound effects and voice over experts doing jawdroppingly genuine Camel cigarette advertisements all combine to re-create a vintage 1946 radio episode of the Lone Ranger, entitled *Fear*. A fantastic all age show and kids are free! Bring the family and experience a unique take on radio history as it's (re)made before your very eyes.

The initial 2012 season sold out in two days with a waiting list of over forty – another reason for the return. Limited seating. Bookings essential. Murrah Hall, Bermagui Tathra Rd,

Murrah.

Saturday 28 September 2 pm and 4 pm Sunday 29 September 2 pm and 4 pm (fours shows in total)

Entry \$20 (kids free)

Bookings 6493 4974 and murrah.hall@gmail.com

Upcoming events include:

24, 25, 26 October: partly Animal, a bird, mainly Human – a season of short plays at the Murrah including, short+sweet festival prize winners (Merimbula 2013)

8 November: Dance: The Gadflys return 22 November: Dance: Dog Trumpet Reg Mombassa's triumphant band (featured at the 2014 Cobargo Folk Festival)

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During Cobargo's Eat, Think Create weekend in June, Well Thumbed Books hosted a Mini Ted-Ex. The programme included raising awareness of the status of refugees in Australia. Apart from the making available printed materials and books on the subject, Well Thumbed served a fundraising lunch that featured Afghani and Ethiopian food. This recipe for Afghani Lamb and Spinach Hot Pot is now one of our favourite winter dishes.

Lamb with Spinach (serves 6)

1 kg diced lamb (stewing meat, preferably leg)

350g onions, large dicing

4 tsp chopped garlic

4 tsp ground turmeric

½ tsp nutmeg

½ tsp ground cardamom

1-2 tsp crushed red chilli

1 tsp cinnamon

4 cans diced tomatoes

1 cup rich beef or veal stock or consommé

1 large bunch spinach, stalks removed, washed, drained and chopped

½ cup yogurt

1 tbsp grated lemon zest

Salt and pepper to taste

Optional 1/4 cup pine nuts roasted or toasted

Sear lamb in olive oil in cast iron pan or Dutch oven.

Add the onions; sauté them for 2 mins; then add garlic and sauté for 1 min.

Add all spices and sauté for a further 1-2 mins.

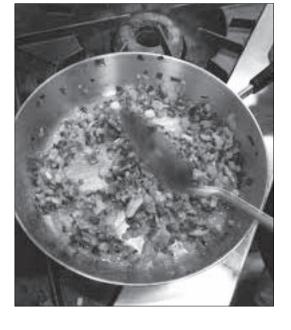
Add stock and tomatoes and stir.

Cover the dish and bake in a casserole at 180° C for about an hour,

until meat is tender and begins to break up.

Remove dish from oven and add the spinach, stirring until the spinach is wilted and blended in.

Allow the stew to cool slightly. Add the yogurt, lemon zest and season to taste. Sprinkle with pine nuts.



Cooking for Olga in Cobargo



Arrangements are well under way for the Olga Masters Festival being held in Cobargo and Bermagui over the second weekend in October. A welcome to the Masters family and announcement of the Inaugural Olga Masters Short Story winners will occur at the Bermagui

library between 4pm and 6pm on Friday 10 October.

Come to Well Thumbed Books in Cobargo at 10.30am on Saturday 11 October to meet the family and witness the unveiling of a plaque honoring Olga. Then you can go on a guided village walk to places about which Olga wrote.

Cooking Competitions

Cooking competitions and the afternoon sessions will be held in the pavilion at the Cobargo Showground.

The CWA will have light lunches for sale between 12pm and 2pm.

From 2pm-4pm, there will be two panel discussions involving family members and their friends, talking about Olga and her influence on her children. These sessions are free, but

numbers are **strictly limited to 150** so bookings are essential. You can register your name at Well Thumbed Books, or www.olgamastersfestival. wordpress.com

The detailed program for Sunday at the beautiful Four Winds site in Barragga Bay is available on their web site. The day will consist of panel conversations, a radio play, swinging music from the 1930s and local food. To wind up the weekend, Roy Masters will answer your questions about rugby at the Bermagui Hotel from 5pm, all proceeds to local youth.

And just to remind you – you can enter our cooking competition by delivering your entries to the Cobargo showground pavilion on the Saturday morning – a cheese cake baked to Olga's recipe (see August *Triangle* or pick up at Well Thumbed), a ginger cake to any recipe, and, most important, a *white bread corn beef and pickle sandwich* which will judged by Roy Masters, who has spent his adult life searching for one to equal those made by his mother.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos..

- 1. Stories should be 300 words maximum except by prior arrangement.
- 2. Photos should be sent as **separate JPG attachments not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.
- 3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
- 4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us the_triangle2@bigpond.com.

Put some spring in your step...

With spring well and truly with us I thought it opportune to discuss some issues that are most relevant to this period in the gardening calendar

Plants expend an enormous amount of energy in spring doing their thing like flowering and fruiting or extending their size through new growth and now is the time to help them along with some additional nutrient.

There are some fertilisers that can be applied to nearly all plants, like blood and bone, but these don't have all the nutrients available that are specifically required by a particular group of plants.

Native plants in particular are not fond of phosphorus, for example, wherein roses prefer a fertiliser high in potassium that helps them with lush and healthy blooms. Flowering annuals and vegetables prefer a higher rate of both nitrogen and potassium for both lush foliage and big and



It's time to control aphids in the garden

healthy flowers.

On the other side of the ledger are plants that are grown in pots. Care must be taken as to the application of fertilisers in pots as they can be severely affected by incorrect application of fertiliser type. Powdered or granulated fertilisers should never be applied directly to the surface of the soil in the pots as most plants in pots are surface rooting and nutrient burn of these plants can be fatal. Use a slow release pellet or liquid feed and again use fertilisers specific to the plant group. Keep in mind that nutrient depletion in pots is far quicker than soilgrown plants, so the process must be repeated more often to have the plants looking healthy all the time.

For those of us that prefer an organic garden there are many fertilisers now available that are BFA-certified organic.

All fertilisers should be well watered in so the plant has immediate use of the nutrient. If you have mulch down around your plants, rake it back apply the fertiliser, water in then place the mulch back around the plant.

After the fertilising process has been completed the next important task is to apply either new mulch or to top up older mulch in

preparation for the drier months ahead. I have mentioned in previous columns the types of mulches available and these are from shredded cow manure to sugar cane and lucerne mulch and other mulches from trees like pine bark and Eucalypt chip.

The softer mulches like sugar cane and lucerne will decompose down over a shorter period than the wood mulches and therefore will require more frequent application. They are more beneficial to the soil as they improve the structure and texture of the soil as they break down. Wood mulches will tie up more of the nitrogen in the soil in their decomposition than the softer mulches so a keen eye needs to be kept on fertiliser application to ensure the plant is not depleted of this important nutrient.

For those of you in high risk fire areas, a gravel mulch can be used and although it hasn't any nutrient value it doesn't burn or break down.

Finally, I need to mention the pests that start to invade the garden as the days start to warm and the sap is well and truly flowing. Sap-sucking or leaf-eating pests like thrip, aphid and caterpillars should be controlled as they can reduce the vigour of the plants which in turn weakens the plants and allows other pests to invade.

There are two great control methods that are available to control these pests and are available now.

The first is a synthetic Pyrethrum that is systemic and for use with the sap suckers, and the other is a control that is derived from beneficial soil bacteria and is useful in the control of the chewing pests like caterpillar and other leaf eaters.

Call into your local nursery and check out all the new products that are available to make gardening more pleasurable and safer for our environment.

Till next month, keep smiling.

Bermagui Country Club

Expressions of Interest
Pertaining to the forming of the
Bermagui Country Club Theatre Group,
with the aim of
performing variety nights,
plays & cabarets.

Anyone who is interested in acting, (no previous experience necessary) singing, dancing, stage hands, wardrobe assistants, pianists, musicians, seamstress.

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All enquiries call Colleen on 0428 428 873

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Chris Masters

Book Review

Uncommon Soldier: Brave, compassionate and tough, the making of Australia's modern diggers.

Allen and Unwin, \$32.99.

We will all have the opportunity to meet Chris Masters when he, along with his five siblings, joins us in Cobargo and Bermagui over the second weekend in October to celebrate the life and work of his mother, Olga Masters.

This book results from his experiences in Afghanistan where he was "embedded" with Australian troops in the course of producing programs for the ABC TV's Four Corners. This is not the type of book I would normally buy, not being particularly interested in war history, but it proved to be a real eye-opener for me. I got a bit lost in the detail of many of the individual battles, but the most striking feature of the descriptions was how he brought to life the role of individual men and women, some of whom died or who were badly wounded. The beautifully drawn cameos of individuals, their partners and families and their relationship with their fellow soldiers transforms what otherwise could have been a specialist account of war and the individual battles within it. Instead, he brings to life the extent and nature of their specialist training, the strength of their relationships with each other, and the commitment they have as

professional soldiers. The respect he shows for the soldiers is matched for the partners and other family members who support them.

Masters doesn't avoid the difficult issues relating to cultural differences faced by these young men and women as they attempt to mentor, and hand over responsibility for security to, local Afghans. He describes the "green on blue" killings of allied soldiers, suicide bombings, acts of individual bravery, and the horrific injuries suffered by soldiers and civilians, with great compassion.

Chris Masters makes clear how important it is for investigative journalists to actually be on the ground in order to give a truer picture of the complexities of modern warfare. In doing so, he has provided us with a rounded picture of how our armed forces are trained, and of what is expected of them as members of a modern army. In a lovely understatement, he writes, "While you might not want to take all of these soldiers home to meet your mother, you would more than likely be content with their company in difficult circumstances." (p334)

If you get a chance to read this before October, I guarantee you'll have lots of questions you'll want to ask Chris. If you buy the book beforehand, bring it along for signing – or copies will be available courtesy of Candelo Books who will be in Cobargo on Saturday 12 October. Keep the weekend free!

Pet of the Month



Big Boy, a stylish Domestic Long Hair

Become a member and help the unwanted companion animals in the Bega Valley Shire. New members are always welcome and there are lots of different ways you can help. Please call 0400 372 609 or you can join online at www.awlnsw.com.au

In need of homes are Big Boy, a six year old male cat (pictured); eleven week old Staffy x pups Jarrah, Jindy, Josie, Hank and Harry; Marli, the six month old female Ridgeback x; Winnie the nine month old Ridgeback x; and Puss Puss, the eight year old black female cat. And there are many more pets available.

Please, if you are thinking of adopting a pet, call the adoption line on 0400 372 609 for details. Animal Welfare League NSW Far South Coast Branch also has a Facebook page, www.facebook.com/AnimalWelfareLeagueFarSouthCoastBranch. Please note that potential dog owners will

need to have secure 'dog proof' fencing and suitability to the needs of the animal. Cat adoptees would need to be able to keep their cat in at night. Animal Welfare League NSW Far South Coast Branch has kept adoption fees the same since 2010 but has had to increase prices to continue their re-homing program.

Adoption fee includes de-sexing, vaccination, microchipping, worming, defleaing and vet check. The fee for cats over one year is now \$120, kittens and cats to one year of age is \$200, dogs over one year \$350 and pups and dogs under one year is \$375. Donations can be sent to AWLNSW FSC Branch PO Box 1210 Bega 2550.

Don't add to the 200,000 dogs and cats killed across Australia every year because they are unwanted... de-sex your pets before they reach six months of age and are able to have an unwanted litter.

Helpful hint

Over the past few weeks FSC branch members have seen many animals with microchips that cannot be traced. Sadly many animals are never returned to their owners (and never make it out of shelters!) as the information available to the pound/vet has not been kept up to date. This may be because the current owners have moved to a new location or the animal has changed ownership and the old/new owners have not completed and lodged a "Change of Owner/Details" form – (available from local council). Keep your pet safe... keep their details up to date.



AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St Narooma, Saturdays 11am, Uniting Church Hall, Wagonga St. Ph Dean 0407 302 545

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club Bega at 10am: 16th April, 18th June, AGM - July, 20th August, 15th October, 17th December, 2013. All enquiries phone 0400 372 609. All welcome.

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy Communion (HC), 1st Wednesday at 10 am, morning service. COBARGO, Christ Church: 1st Sunday, 5pm Evening Prayer/Contemporary Service. 2nd, 4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays, 10am, HC. 3rd Sunday, 5pm Evening Prayer/Contemporary Service. Thursdays, 10am HC. Contact. Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6:30pm. Ladies and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 1.30–3.30pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org,au

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm – CWA Rooms. Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms) \$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SoA HALL COMMITTEE

Meets quarterley. Hall bookings and inquiries: Sheelagh Brunton 6493 6538

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm. An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm–2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

SPIRITUAL FOLK CLUB - CONNECT!

Every 3rd Sunday of the month, 4.30 for 5pm. Open mic for songs, poems, stories, testimonies. Narooma Uniting Church hall behind the church, Princes Hwy. David 4473 7838.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for – partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

OUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www. quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd. Minister Rev. D. Oliphant. Ring Col: 6493 6531 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30–12.30 3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. Phone 0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED Meets every Thursday from 10am at Umbarra

Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices are

advertised in *The Triangle* for non-profit groups free of charge.

If details of your group change, please advise us at

the_triangle2@bigpond.com

For the Fridge Door				
SEPTEMBER	EVENT	WHERE	WHEN	
Wed 3	Social Bridge	Tilba Valley Winery	2pm	
Fri 5	J Podger	Bermagui Country Club	8pm	
Sun 7	Tony Jaggers	Bermagui Beach Hotel	4pm - 7pm	
	Mike Ward for Father's Day	Tilba Valley Winery	12.30pm	
Fri 12	Ray Stephens	Bermagui Country Club	8pm	
Sun 14	Greg Kew	Bermagui Beach Hotel	4pm - 7pm	
	Blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	1pm - 5pm	
Fri 19	Benn Gunn	Bermagui Country Club	8pm	
C + 00	Moccian Nights with Josh Rawiri	Bermagui Beach Hotel	from 8.30pm	
Sat 20	Don Ryan	Bermagui Country Club	8pm	
Sun 21	Josh Rawiri	Bermagui Beach Hotel	from 8.30pm	
	The Awesome	Tilba Valley Winery	12.30pm	
Fri 26	Darryl Towney	Bermagui Country Club	8pm	
Sat 27	AFL Grand Final on BIG screen TV	Bermagui Country Club	from 1pm	
	Mike Waddell	Bermagui Beach Hotel	4pm - 7pm	
Sun 28	Bermagui Chamber of Commerce 'Reboot'	Bermagui Country Club	all day	
OCTOBER Sat 4	Cobargo Farm Open Day	cnr Avernus St & Bermagui Rd	8.30am - 4pm	
REGULARS				
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am - 3.30pm	
	BINGO	Bermagui Country Club	10.30am	
Tuesdays	Dance and Move women only	Quaama Hall	10am - 11am	
1stTues	Bermagui Garden Group	Venues vary phone Heather 6493 5308	10am - 12 noon	
Wednesdays	Scrabble	Well Thumbed Books Cobargo	10am	
	Pool Comp	Bermagui Country Club	from 7.30pm	
1st Wed	Bermagui Historical Society Meeting	Bermagui Museum in Community Centre	2pm	
Thursdays	MBSM Meditation	The Courtroom 36 Princes Hwy Cobargo	10am-11am	
2nd Thurs	Senior's Pick the Numbers	Cobargo Hotel	from 11am	
Fridays	Meat Raffles	Cobargo Hotel	from 5pm	
	Pool Comp	Bermagui Country Club	from 7.30pm	
	Tiny Teddies Play Group	CWA Hall Bermagui	10am - 12 noon	
Saturdays	Punters Pick	Cobargo Hotel	from 5pm	
	Live Band or DJ	Bermagui Country Club	8pm	
	Under 16sArt Classes	Cobargo Supermarket (behind)	10am -11am	
	Laneway Markets	Main Street, Cobargo	9am - 12 noon	
Last Sun	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am - 12 noon	
ART	·			
Fri 5	Beyond Convergence Exhibition	Lazy Lizard Gallery, Cobargo	daily 10am - 4pm	
Sat 27/Sun28	Lone Ranger Radio Show	Murrah Hall	daily 2pm & 4pm	

Email your events with date, time and venue to the_triangle2@bigpond.com by the 22nd of the month