

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Shooting with a Camera in Kenya

My son Don, who is teaching in Kenya, competed in the annual Half Marathon race in the Lewa Wildlife Conservancy last month. Although he trained for the event and is superbly fit he found it gruelling. He also found it very inspiring.

Not just an ordinary marathon, but one that runs through a conservation wildlife park in order to raise money for animal protection – it benefits the environment and the livelihood of people in rural areas.

The event, for which participants have to raise \$1000 in order to compete, attracts runners from all over the world and takes place along bush tracks in undulating country at a high altitude within sight of Mt Kenya.

The heavily protected 61 000 acre wildlife park is home to rhinos, elephants, giraffes, zebra, lions and other wild animals.

Runners, in turn are protected by helicopters and



Don taking part in the marathon in Lewa Wildlife Park, Kenya

spotter planes, which buzz dangerous animals, but most animals don't venture near the competitors.

D.B. from Cornwall wrote facetiously, "There are crowds of spectators at the beginning and end, but don't expect crowd support all the way as they might have been eaten."

How ironic that in Kenya the people have learnt the moral and financial importance of animal conservation, while here at Narooma's festival of hunting on the Nature Coast of New South Wales the Eurobodalla Shire council has permitted the selling of selling guns and the promotion of animal safaris to Africa against the wishes of the residents as expressed in petitions, rallies, presentations to council, door knocks and submissions.

Shoot with a camera. Not with a Gun!

Susan Cruttenden.



Some of the animals Don saw on the way, Don was told: "...don't expect crowd support all the way as they might have been eaten."

In yet another coup the Bermagui Institute has snared the noted scientist Will Steffen to speak at the next Institute dinner, this one is to be held at Il Passagio in the Wharf building.

Will Steffen was a member of the Australian Climate Commission which was summarily abolished by the incoming government in 2013 only to be reborn as the Climate Council in a crowd funded revolution.

The Climate Council has continued its oversight of the climate threat publishing a series of valuable assessments, the most recent being 'Halfway to Paris: How the World is Tracking on Climate Change'. How lucky are we, here on the far south coast, to have community minded people

who are able to attract and organize speakers of this caliber.

Our attention has been drawn to a problem with the design of the new bike and pedestrian crossing near the Bermagui Bridge.

It would appear the grab rails are not ideally placed and this is causing difficulties for some the users and there are driver complaints as well.

Perhaps the design needs some review, it is after all intended that the bike path should service children cycling or walking to Bermagui Primary School and it is imperative that safe crossing point be provided.

Perhaps the 40km school speed limit could be extended to the Bermagui side of

the bridge if drivers are having problems seeing the crossing.

We seem to have had crossed wires with some items submitted to *The Triangle* not getting to the editorial committee or not reaching us one way or another.

In view of this perhaps we should ask our readers (and writers) to make sure that their articles reach the sub-editor either by sending them to the contributions@thetriangle.org.au or by forwarding the information to the area contact for inclusion in the relevant segment.

Publication of any article or submitted material is at the discretion of the editorial committee.

Letters to the editors

Human error...

Within the short space of time that Woolworths has been open, the volume and nature of traffic in Bermagui, including heavy vehicles, has increased appreciably. By nature of traffic, I refer particularly to commercial vehicles traveling far more quickly than the slower residential traffic that people were accustomed to. Pedestrians and cyclists are increasingly at risk, particularly with an irregular police presence to ensure appropriate traffic behaviour.

While Council have certainly been active in pedestrian and cycling safety, any steps to slow traffic movement, such as more speed humps in the wharf area and completion of the Lamont Street crossing near the bridge must be encouraged.

The delay in completing the crossing is rather strange as the work already done has, so far, achieved nothing.

The section of Lamont Street between Canargo Street and the Saltwater Cafe is extremely hazardous for cyclists.

The narrow section is double lined, and the left hand side heading toward the bridge has, on several occasions been ineffectively resurfaced.

Cyclists are forced, by the condition of the edge of the road, into the traffic or, as regularly happens, simply break the law and take to the footpath.

Thank you,

David and Ilona Payne
Bermagui

said nothing about the urgency of the need for new volunteers (as had been inferred if not stated in the original submission), and indeed could just as easily have been interpreted as a morning tea for 'existing' volunteers.

As a result we had no-one show up on Monday last to express interest in joining.

In addition my request for some feedback on whether it was going to get published was ignored! I realise that you have a busy schedule, but as a community organisation – as are we also – I believe that regardless of the fact we are both largely dependant upon the good services of volunteers it does not release you from need to be courteous and responsive to the community you serve.

We would be most grateful if you would take the trouble to publish the attached piece in the September edition. If it is not compliant with any of your formatting or publication requirements, please feel free to make amendments or, I am happy to change it as necessary.

Regards,

Dave Bulman
Co-Manager,
Bermagui CTC

... and another one!

Dear editors,

We were very disappointed that our submission for the August edition requesting interest from possible volunteers did not get published. Instead you had chosen to publish a joke on each of pages 16 & 18, the space for which could have been easily set aside for a later edition: so much for your editorial impartiality!

At the suggestion of Maralyn Callaghan, I am writing to express the fact that the editorial team at *The Triangle* have dealt poorly with a community group that provides a valuable and sought-after service to this community.

The Bermagui CTC had been in decline for some time for want of additional volunteers and its survival is dependant upon volunteers to staff it. The one-liner on the back page of the August edition

Dave, the omission of your story was a mistake, nothing more. We're pleased that you could reschedule your meeting to this month and we will publish the details in this issue.

As for replying to every submission we receive, we just don't have time. But we hope you enjoyed the jokes. We thought the one on page 18 was a cracker. - Eds.

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

The Cobargo Creators Centre

a venue for Artists, Artisans, Craft and Community

The Creative Workers and Producers of Cobargo Association Inc is a not for profit organisation that was established in 2011 following a community meeting called to explore ways to strengthen the Cobargo Community and with the intention of establishing an association to showcase the skills and talents of people from the surrounding communities.

As a result of that first meeting and initially under the guidance of Suzy McKinnon, Cobargo Creators began by establishing the Black Wattle Gallery showcasing unique artisan works and quickly building a reputation for excellence.

One of the driving concepts was a determination that all works offered for sale must be high quality and produced locally by residents in the area. All exhibitors were required to be members of the Association and there was an undertaking that the commission taken on sales would be as low as possible while still covering costs. This philosophy continues and is maintained by the 129 members registered since Cobargo Creators began. There are about 90 active members currently and

In the years since it opened the Black Wattle Gallery has established itself as a showcase space for art and beautiful things. It has been joined by Wares Gifts and the Sapling Gallery in what is now known as The Cobargo Creators Centre. Wares Gifts offers quality local handmade items that

range from handcrafts to preserves, and the recently opened Sapling Gallery displays work by younger artists aged under eighteen, there is no commission charged on works sold through this space.

The Cobargo Creators Centre supports a number of other initiatives in the area, hosting workshop programs, and coordinating the weekly Laneway Market, adding a bright note to Saturday mornings in Cobargo.

There is close cooperation with many of the local creative businesses and not for profit community groups, as well as involvement in local events such as the Eat, Think, Create ETC weekend and the annual open day at Cobargo Farms.

In the immediate future there are plans to raise the profile of the Sapling Gallery and in line with this, the next feature exhibition will be *Joy and Abandon* and will consist of works by the pupils of the Cobargo Preschool.

The Centre intends to increase the number of events that are relevant to young people. In addition it is also hoping to offer a lively and varied workshop program and to increase the number of people involved in behind the scenes work of the association. This last can be seen as a vital part in creating stronger self-sustaining communities. While there may still be fund raising efforts needed to support particular projects, in general it is felt that the association is on a sound and sustainable financial footing.

The philosophy driving the Cobargo Creators is the development of a strong community through vibrant creativity and there are many opportunities for residents and visitors to engage with this aspect of the developing cultural hub that is Cobargo.



The Cobargo Creators Centre is the home of Black Wattle Gallery and the Sapling Gallery in the main street of Cobargo

Drop into The Cobargo Creators Centre, check out the galleries, volunteer, take part in or suggest a concept for a workshop. The *Joy and Abandon* exhibition of work from the Cobargo Preschool opens in the Sapling Gallery on 12 September.

See FaceBook: Cobargo Creators Centre or email: cobargocreators@gmail.com



Inside the gallery art and artisan products are on display

while some are supporters, most are active producers selling their work through the organisation's display spaces. Volunteers are an essential component of the Cobargo Creators, their work is much appreciated and the Centre could not function without them. New volunteers are of course always welcome and they are not required to be members.

Thumbs Up

to the Cobargo School of Arts Committee and volunteers who are doing such a great job of painting and doing up the hall... it's looking awesome!



to the carload of 'random guys' who stopped to help Carol Cockburn, in the ANZ Bank carpark in Narooma. Someone had knocked out the posts and chain on the edge and over she went. Well, one front wheel, anyway. The guys found some back-ups at O'Reilly's pub across the road and between them heaved the car back onto solid ground.

to People Power! Quaama's public toilets will remain open after Council reversed their decision to hand responsibility for them to the Hall Committee, essentially closing them at all times except during hall events. A big protest meeting turned their heads. And a big thumbs up to Bhagya, who pulled the whole thing together.

Brunch then lunch in Quaama on Saturday 12 September

Dragon's Den Brunch at the Hall

Pitch your group's idea to the Progress Association at a brunch on Saturday 12 September. There's cash available now for proposals to enrich Quaama's environs and community. See Bhagya's article on the next page or for more information call her on 6493 8369.

Then wander down the hill to the Fire Shed for a BBQ lunch at the...

Quaama Fire Brigade "Get Ready" Day

Discuss your fire plan, meet the new office-bearers. See article next page.

It's a boy!

Ethan was born to Laura and Kel Gillies on Sunday 16 August at Bega Hospital. A lovely, healthy baby boy. Mum and baby well and happy. Grandpa Rob and Grandma Judy very proud.

Enter the Grubble Thumper

In real life, Darcy Duck and Griffin Goose live with Rose Roberts, next door to Nardy House. Hearing of their antics, a friend suggested to Rose that she should write about them. So she has. Rose has now published a children's book, *The Adventures of Duck and Goose*, in which Duck and Goose come to the aid of the Grubble Thumper. What on earth's a Grubble Thumper? Find out at 11 am on Saturday 5 September when Rose launches her book at Well Thumbed Books in Cobargo. Come along, bring the kids!

Toilets to stay open!

A major win for the community - Bega Council has reversed its decision to close the public toilets to public use and hand management over to the Hall

disabled cubicle will be added "when funds are identified". They were clearly stunned by the turnout at the protest meeting on 20 May - at their estimate, about 25% of Quaama's population were there.

Madhuma returns for another 5Rhythms

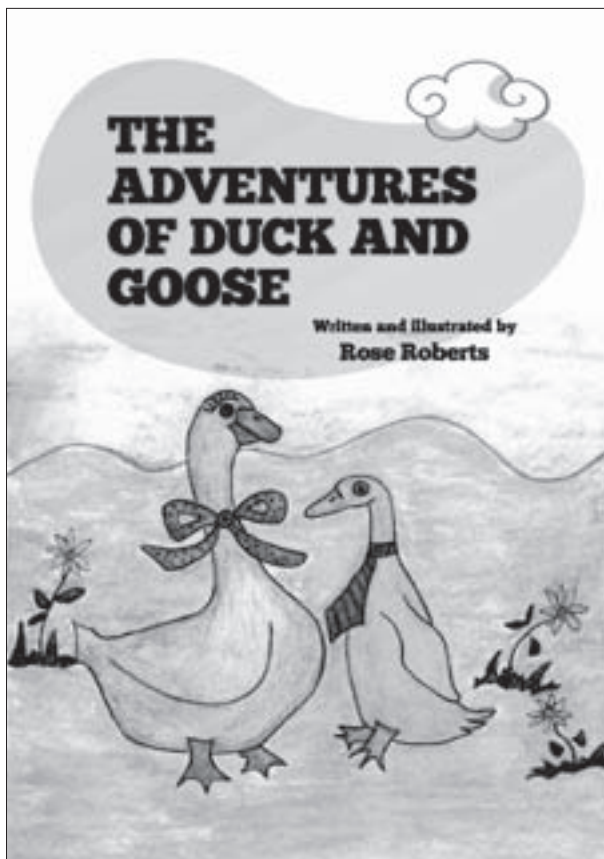
Melbourne's Madhuma Thompson will return to the Quaama Hall on Saturday 26 (6-9pm) and Sunday 27 September (10am-4pm) for a weekend 5Rhythms dance workshop. It's called Ripe. You can do the Saturday night, the Sunday, or both. Contact Melinda on ml2schulze@hotmail.com or 0433 798 843.

Quaama Spring Fair, Saturday 17 October

This year's Spring Fair has an "Orange and Yellow" theme. There'll be all the usual great stuff: markets, verandah talks, competitions (cooking, hat-decorating, photography), an art exhibition, music, Quaama Quisine in the supper room. To book a stall or a spot on the verandah, call Glennda on 6493 8414. More details next month.

New Year's Eve!

Yes, due to popular demand, the QPA will be hosting Outside/In again this year - local musos on the verandah from 7pm then the main act inside from 9pm. The band is Distilled and if you've been around the local rock scene in the last decade you'll be familiar with this high-energy 5-piece



Rose Roberts will launch *The Adventures of Duck and Goose* on Saturday 5 September in Cobargo

Committee. Instead, the toilets will remain open to the general public at all hours, operated and maintained by Council, and a



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September events

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Social Bridge: Wednesday 2nd from 2.00 p.m.

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4 km north of Central Tilba. Tel: 4473 7308

Quintessentially Quaama

ensemble. Shane and Lisa Braz are pulling it all together for a night of '70s and '80s dance faves. It'll be yet another great NYE in Quaama. More details soon.

Currawongs

I really can't remember another influx of currawongs like we saw around the village in August, in terms of numbers, noise and duration of stay. They hustled all our local maggies out of town, as they do, like a nasty gang of tough guys. I'm told they're migratory and tend to move on, and as I write they do seem to be thinning out. But I did miss the maggies. I saw one solitary magpie in the back paddock this morning, silently scouring the ground, ear cocked. In stealth mode, by the looks, laying low.



Madhuma Thompson will run another 5Rhythms dance workshop at Quaama Hall on the weekend of 26-27 September

Get Ready – it may be a big fire season

It started in August in the Blue Mountains and all the signs say that this coming fire season could be a big one.

"Quaama Fire Brigade is hosting a Get Ready Day on Saturday 12 September at 11am at the Quaama Fire Shed," says new community liaison officer Peta Tatnell.

Go along, meet the new executive committee, discuss your fire plan and any concerns you may have.

Get Ready.

It starts at 11am, it's at the Quaama

Fire Shed, and there'll be a barbeque lunch available.

Everyone welcome.

**ARE YOU
BUSHFIRE
READY?**

Enter the Quaama Dragon's Den

After many successful events and fairs, and adding in the Quaama Quisine takings, the Quaama Progress Association is flush with \$\$\$\$. What should we do with it?

Since we're a non-profit community organisation, we want to give it back to the community in the best way possible, but how?

Have you seen that BBC TV show, *Dragon's Den*, where budding entrepreneurs present their ideas to a panel of cashed-up investors? We thought we'd do that, but over brunch, and without the nerves and serious faces. And OK, let's face it, without the million pound cheques...

To bounce around ideas, we'd love you to come along to a brunch that we'll put on for anyone who shows up, to discuss how to best invest in the community (bring a plate! or don't, it doesn't matter)

Some ideas that have been tossed

around are: tree planting in the centre of town; mapping the lost graves of the Quaama Cemetery; starting a deck chair outdoor cinema during the summer; clearing paper-road walking tracks; or supporting established local groups that have ideas already so they can afford to take the next step.

We'll provide tea and coffee and will be cooking up a storm (as usual), serving standard, vegetarian and gluten free offerings including some version of a bacon and egg roll, gluten free waffles, frittata, bircher muesli with home grown stewed fruit, you get my drift.

So, have a think about what you'd be excited to see happen around town, grab your friends and family and come along! If you're so inclined, have a chat over the fence as well and help us drum up interest.

See you then!

Bhagya

Quaama Progress Association



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See page 20 for details

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Wheelchair Basketball at Sports Stadium



Come along and have some fun watching a series of Wheelchair Basketball round robins. Bega Valley Shire Council Access Advisory Committee are behind a wheelchair basketball game to be held at Bermagui Indoor Sports Stadium (Bunga Street) on Saturday 12 September. The games will be played from 11.30am till 1.00pm. I have only seen wheelchair basketball on television and have always been amazed at the hectic pace and strength of the players. For all the basketball/netball fans who play locally, come along and support these wheelchair bound players as they pit themselves against their counterparts. When these teams are playing socially, some of the team numbers are made up with able bodied people. Phone Katrina on 6499 2358 or email kwright@begavalley.nsw.gov.au for further information.

Maralyn Callaghan

Back to Bermagui Goes Viral!

From a hoped for 50 attendees there are now somewhere between 250-300 people arriving from W.A., N.T., QLD, Tassie and other far flung areas of Australia converging on Bermagui to be reunited with friends, family, neighbours and townsfolk over the October long weekend.

Owen has carefully selected music from the sixties and seventies to be played over the PA, while a professionally put together slide show highlights archival photographs from the attics of those attending.

Local band 'The Hoops' will continue playing on through the night after the auditorium doors open to the general public (those that have not registered) at 8.00 pm. The deadline for registration payment is 18 September, payable to Horizon Credit Union account name Shirley Hudson, BSB 802124 Account no. 100078104. Please indicate it is for the Back to Bermagui Reunion and include your name with the payment.

Please email Shirley at shirls123@tpg.com.au or phone 6493 4463 to let Shirley know that payment has been made, and your name can then be confirmed as attending. This is necessary to allow for those latecomers who would like to attend but had not put their names down early enough.

Shirley has had memorabilia banners made, one in particular with a white background enabling everyone to print their names on. This banner will form part of a lucky door prize drawn later in the evening.

At this stage the early reunion session

at the Club from 4pm to 8pm has closed to any more attendees due to the Club being unable to cater to any more people. Places may come up if those who indicated they were coming do not pay the registration fee in time.

For an extra \$20 payment to the Horizon Credit Union account in Shirley's name, attendees can also nominate to have a roast dinner meal prepared by the Terrace Restaurant at the Club, delivered to them in the auditorium so they do not have to leave the venue to go off and eat.

Keiran, at the Terrace Restaurant will be notified in advance, how many of those attending paid the extra \$20 for the meal to be served to them in the auditorium. There is a choice of three dishes available.

Owen and Shirley both acknowledge the amazing generosity shown by Rob, Secretary/Manager of the Bermagui Country Club, who has given time and effort to ensure a successful event, not once denying any suggestion that may have been made.

Saturday 3 October is shaping up to be another one of those fantastic Bermagui events that will provide joy, fun and laughter to all who attend.

Whilst the actual reunion event has closed, there will be a good four hours afterwards for those who missed out, to mix, mingle and dance once the auditorium doors open.

So hurry up and pay your registration fee before the 18 September so you don't miss out on a wonderful event.

Maralyn Callaghan



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Vinyl records for sale in Bermagui

The recent resurgence in popularity of vinyl records will reach Bermagui in October with the staging of the inaugural Bermagui Record Fair. The record fair will be held at Mister Jones Espresso in Bunga Street Bermagui on Sunday 4 October from 7am till 3pm.

There will be more than 3000 vintage vinyl records for sale, including jazz, soul, funk, reggae, blues, rock, psych, folk, hip hop, Latin and other styles.

Wandella record collector and seller Greg Evans will be selling his

collection of vintage jazz, blues, soul and reggae records. Plus there will be a number of other sellers, from the south coast and Canberra, who will cater for most musical tastes.

Local DJ Tom Noonan will be playing records throughout the day, and as usual there will be seriously good coffee being poured by resident Mister Jones baristas.

For more information go to misterjones.com.au

Enquiries 0403 755 672

Greg Evans



Lots of vinyl to see at the Bermagui Record Fair on Sun 4 October

Come to the CTC

The Bermagui Community Technology Centre has recently had a change of management.

We are currently looking for volunteers to help provide and assist the public in accessing these technologies and services. Volunteers do not have to have extensive skills in technology areas other than a basic knowledge of how to use a computer and an aptitude to learn additional skills under tutelage of the managers and existing volunteers.

Not only is the CTC a cheerful and friendly place to work, but you will have an opportunity to learn many more computing and technical skills that will allow you to interact with, and assist, the public and your involvement may even just provide you with skills to help you at home or elsewhere.

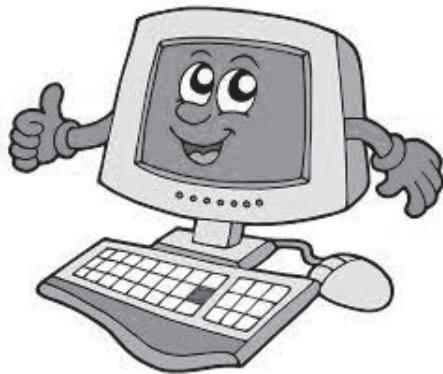
There is nothing quite like the satisfaction of being able to pass on skills to others with a degree of pride and confidence. So whether you are younger or older but have a mature and responsible outlook, we would be interested to talk to you.

If you are interested in finding out more, please call in and talk to us and see what the Centre does, tell us about your background and register your interest

in becoming a part of the group.

We are open Tuesday to Friday from 9am to 4pm, you can leave your details by phone, or call into the Centre and we will get back to you.

*Dave Bulman and Mary Mcfarlane,
CTC co-managers,
Phone: 6493 3745*



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Road to Paris at il Passaggio

The Bermagui Institute will host their next public dinner at il Passaggio restaurant, Bermagui on Wednesday, 23 September 2015 at 6pm for 7pm.

The guest speaker will be Professor Will Steffen.

Will is a climate change expert and researcher. He was the executive director of the Australian National University Climate Change Institute and a member of the Australian Climate Commission until its abolishment in September 2013. From 1998 to 2004, he was the executive director of the International Geosphere-Biosphere Programme, a co-ordinating body of national environmental change organisations based in Stockholm.

The topic will be 'Climate Change 2015: the Road to Paris'.

Please book, pre-paid and direct, with il Passaggio 6493 5753, (Please specify vegetarian or non-vegetarian food when booking.) The cost is \$24 per person.

A fundraiser for the Australia Institute will be conducted on the night.



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Run, Refresh, Relax and Renew - ReBoot in Bermi



Finish line ReBoot 2014

To be held on the last weekend in September, *ReBoot in Bermagui* is a weekend of active participation in a variety of activities in the beautiful Bermagui coastal environment. Check it all out on www.bermaguichamber.org.au/reboot-in-bermagui/

On Saturday 26 September, *ReBoot in Bermagui* starts with the fun runs: 'Camel to Club' and 'Tilba Rd to Town' Fun Runs, and the 'Horizon Credit Union Kids' Run followed by street Zumba and the ReBoot Tug-O-War challenge.

Bermagui's first Beachside Health Clinic will be open from 10am at the Bermagui Surf Club and will provide massage, reflexology, dietary analysis, naturopathy, guided meditation and so

much more to help you be the best you can be this spring.

Food stalls and local cafes will be offering fresh food and beverages to keep you fuelled up for the weekend activities including yoga, tai chi, pilates, guided mountain bike rides and heritage walking tours, Stand Up Paddleboarding (SUP), Golf Clinic, Barefoot Bowls and Badminton.

After all this morning activity, the Bermagui Country Club is the place to be for the Car Boot Sale and to watch the footy finals followed by live entertainment at the club and at Bermagui Beach Hotel on Saturday night.

Sunday 27 September, the fun continues with more Yoga, Tai Chi, boxing,



Boxing on the headland: part of the reBoot weekend of activities

boot camp and the main event being the Point to Point ocean swim at Horseshoe Bay beach and the Big Bermagui breakfast. Those who have registered for the Fun Runs can enjoy the Healthy Bermagui breakfast outside the Surf Club for free – others at a cost of \$10.

Accommodation for Bermagui is all listed on the www.visitbermagui.com.au or chamber website. Spend the weekend or stay a week – this is the place to be on the last weekend in September. Register now at www.bermaguichamber.org.au/reboot-in-bermagui/

Follow us on facebook and check ReBoot Program on <https://www.facebook.com/ReBootinBermagui>



Oops the clown with Kids run runners



Contact:
Lynne Ford
0425 711 795

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Lamont Street pedestrian safety crossing stalled

Bermagui residents may be wondering if or when Council is planning to complete the pedestrian crossing on the town side of the Bermagui River bridge. For some time now the kerb cuts enabling bikes, prams and scooters to mount the footpath, and the raised concrete "blisters" that protect people waiting to cross, have been completed. But there is no sign of the central pedestrian refuge island that was part of Council's original plan.

The pedestrian crossing, if completed, would allow school children, parents with toddlers, shoppers, dog walkers, mobility scooter users and cyclists to safely cross Lamont Street— a road that will become busier as summer approaches. The crossing links up with the shared pathway to the public wharf area.

The delay in completing the crossing is due to objections raised by the Bermagui Chamber of Commerce. The Chamber's objection was on safety grounds: they feel that the road is too narrow for large vehicles to pass safely on either side of

a central pedestrian island. They asked Council to halt work on the crossing.

The project is funded jointly by Bega

onto the shared pathway. It's true that this would be a tricky manoeuvre but it can be avoided easily by using the footpath (part of the shared pathway) on the other side of the bridge instead of riding on the road. There are also stories of blown tyres before the signage and road markings were completed.

I asked Wayne Sartori, Council's Infrastructure Group Manager, if it was common practice for Council to halt an infrastructure project due to opposition from a community group. His response, via email, had no answer to this but he did say, "Community consultation occurred through the exhibition of and adoption of Bega Valley Shire Bike Plan."

Both sides claim safety is their major concern. But should the views of any community group take precedence over the expert analysis of Council and RMS engineers?

Jen Severn



Room for a pedestrian refuge island? There is disagreement in the Bermagui community about the safety of the new, incomplete pedestrian crossing

Council and Roads and Maritime Services (RMS), whose engineers passed it through design standards before work started.

There has been some anecdotal evidence of difficulties, even minor injuries, to cyclists heading towards town who have tried to turn left off the road

Move over cine, we're going digital

We have been archiving photos and recording interviews for several years now, and another important venture is to collect and convert old movie footage of the district.

Cine film footage is of course much rarer than photographs. Perhaps the earliest known filming in Bermagui was done to cover the exploits of big game angler and film star, Zane Grey during 1936. He travelled with his own cameraman and after visiting Bermagui, he made the movie *White Death*.

The story was inspired by Grey seeing

a Great White shark captured locally. We have the movie digitized at a cost of \$332 by the National Film and Sound Archive.

Films made by students at the Public

School in the 1960s and 1970s have been digitized. Titles include *The Runaway Pram* and *Shark Attack*, both of which were hilarious slapstick productions. Also acquired by gift from a generous donor is digitized footage taken of the Tuna Festival,

Surf Carnival and a fire which destroyed Melody Hall.

As a historical footnote cine film is very volatile and deteriorates over time. It was cine film catching fire in a projector which caused the destruction of Kings Hall on Lamont Street in 1951.

Following a generous donation from Bermagui Country Women's Association (CWA), we are in the processes of converting further film footage. If any of our readers have old cine film of local interest of the district, please get in touch. We can get a digitised copy back to you following digital conversion, whilst maintaining a copy for the museum archive.

Meanwhile, some recently acquired photographs have been incorporated into the forthcoming 2016 calendar. Sales will begin on Fathers' Day. Look out for Errol on 6 September, (Fathers' Day raffle) or pop in to 777 and get your copy in plenty of time for Christmas. We have held the price at \$12 again this year.

*Dave Cotton,
Digital Archivist*

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Good Winter Rain

"Welcome spring," says Paul Tarlinton, Cobargo beef farmer, glad to see the end of an extremely cold August.

"Rainfall in July, accompanied by very cold weather, was not a combination to make the grass grow but there were good strikes of clover," says Paul. He adds that "high, export-driven cattle prices now need to continue, unlike the boom-bust in 1970, to give beef farmers a good return on investment. Australia's beef prices are finally catching up with the rest of the world".

Tim Salway, Cobargo Dairy Farmer, reports on a good winter, with plenty of moisture. He says "An inch of rain now will herald in an exceptional spring".

Fox On-The-Run

Tom Noonan's 'call-to-arms' to take care of the resident fox that ravaged his buff pekies posed an interesting question to *The Triangle*. Who do we call to rescue backyard chickens? Jake, Bio-Security Officer at LLS (Local Land Services) offered some good advice to catch a fox in town where control methods are limited. Concerned residents need to co-ordinate neighborhood efforts to note the fox's movement pattern. A trap can be hired



CCAN team at work planting natives at Wandella Bridge, what a great job they've done!

from LLS, and placed in a specific location. When caught, the fox must be disposed of humanely, by someone with a Firearm's Licence. Contact LLS on 6492 1283.

Privet Removal Helps Hayfever Sufferers

Hayfever sufferers may have great reason to rejoice this spring as the work of Cobargo Community Action Network (CCAN) has improved the local environment. The group has removed both

small and large leaf privet from around the banks of the Wandella Bridge, Cobargo Butchers, school and park. Their project, in its second year, has achieved not only the removal of privet but also the planting of 1360 natives in that area, in the last twelve months, and are set to continue with 1800 in the

coming year.

P.S. Tania Lingard (CCAN member, phone 6493 6704) has requested help with piles of debris that need to be burned and some large pine trees that need to be felled (Council permission granted).

New Born

Cobargo Pharmacist, Vu Nguyen and wife, Nhu welcomed their fourth child, Tristan Tam Nguyen into the world. This beautiful boy with a Celtic name, was born at Adelaide Women and Children's Hospital on 6 August, and showed great resolve, holding out for almost two weeks, to be born at 0.45am, on his mother's birthday. Proud father Vu says he's noticed a wave of births in the area.

Community Film Anniversary

September 2015 is the first anniversary of the monthly community doco screening in the CWA Cottage. It all started when Lena Kuppens wanted to replicate her passion for seeing the documentaries at the International Documentary Festival (IDFA) in Amsterdam. The next screening on 20 September, at 4.30pm, is Béla Fleck in Throw Down Your Heart, a musical adventure where Bela searches for the origins of his chosen instrument, the banjo. All welcome.

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Not just Horses at the Spring Show

This year the Cobargo Show Society is teaming with the Cobargo Trail Riders Club, Bega Showjumping Club and the Far South Coast Dressage Club to hold an action packed weekend on the 24 and 25 October.

The events on Saturday will commence at 8.30am with three hack rings and two showjumping rings. At 10am there will be a Steer Riding School in the rodeo yards. Ben Cowdroy and Ashley Mathie will be instructing anyone wishing to improve their skills. In the afternoon Steer and Heifer Riding Events will be held for these riders to put what they have learnt into practise. Prior to this there will be Team Yarding where teams of horse and riders try their luck to separate and yard cattle.

On Saturday all events will stop at midday for the annual Trail Rider's Gear Sale in the main pavilion. There is always lots of bargains to be found and sometimes not just horse gear. This is a major

fundraising event for the Trail Riding Club and thanks to their support and other clubs, the Showground Trust and Show Society were able to upgrade the canteen block.

Thanks go to the Bega Showjumping Club and FSC Dressage Club who have both come onboard to make this a promising weekend.

Both clubs will be conducting classes on Sunday, with programs on their websites.

Entry is free on both days with the opportunity to purchase tickets in the huge raffle. There will be a BBQ and refreshments available on both days so why not come along and watch competitors trying their luck at staying on the steers, or grab a bargain, or just sit in the sun (hopefully) eating a yummy hamburger watching some of the action.

For more information check the Cobargo Show Society's website: www.cobargoshow.org.au

Bec Miller

5 Women, 5 years, on 5 September at Well Thumbed Books



Who would have thought that Well Thumbed Books would be celebrating their 5th birthday, especially in this age of tablets, kindles and down loads. But yes, against all odds, the women from Well Thumbed have made it to 5 years and to celebrate this momentous occasion are holding a 'birthday party' on Saturday 5 September.

There will be a book launch of local author Rose Roberts' children's book *The Adventures of Duck and Goose*, at 11.00am; a famous Well Thumbed morning tea from 10am; a garage sale and best of all, a 50% off all books from 9am.

So come along, enjoy some morning tea, buy a signed copy of *The Adventures of Duck and Goose*, browse the garage sale and stock up big on the books you want to read but have never got round to.

We look forward to seeing you all, and having your help to celebrate this milestone.

Louise Brown

CWA NEWS: Awareness Day, a new roof & PNG

Country Womens Association (CWA) catered for a coach trip to Cobargo, serving them up a treat, appreciated by passengers. Money raised will go towards a new roof for the CWA cottage.

A special meeting was held to despatch the latest batch of mother and baby packs to Papua New Guinea and to start planning for the CWA Awareness Day to be held 12 September at Cobargo

Markets.

Cobargo CWA also hosted the Music and Drama Day and International Day at the School of Arts. 60 members came from Eden to Batemans Bay.

To join, come to CWA Cottage, second Tuesday of the month at 10.30am or ring Mary Williams on 6493 6167.

Sharon Cole

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New life given to a grand old lady

The hard working Cobargo School of Arts Hall committee has been working with Council to do some long overdue renovations to the Cobargo Hall.

First off was getting the kitchen up to commercial standard to provide a place for locals to use to make jams, preserves, cakes etc. for sale. Also to provide a fully functioning kitchen for those who wish to hire the hall for events. This was completed earlier this year. With the kitchen signed off, the committee turned their attention to repainting the inside. It must have been at least 30 or 40 years since it was last painted and was looking very, very tired.

First off was finding an accredited painter to do the high work. Volunteers are not allowed more than three steps up a ladder. When we looked at the height and the filling needed in the ceiling, the



The grand lady looks good with a new coat

volunteers were happy to contract it out.

Chris O'Sullivan from Delso Painting brought his happy team out and they set to work and a great job they did too.

That left the rest of the hall to be painted and over the last couple of weeks the hall has been transformed. She is

looking elegant and graceful and I'm sure there is a little smile on her face. Huge brownie points to Col and Virginia.

One lovely surprise was the lunch provided for the workers by hairdresser Julie, who has been watching the transformation while doing exercise classes. Thank you Julie, this gesture is one of the many pleasures of living in a small community.

We invite the community to come in and look at the finished product.

There is still a long way to go, but look out for a fund raising, fun event to be held in the near future to celebrate the hall and raise money for the next stage – the outside of the hall!

Louise Brown, committee member

No Lights No Lycra goes back to the 1960s: any requests?

Spring has sprung and No Lights No Lycra Cobargo wants to dance off the freezing sub zero temperatures we have been having. We are turning back to the clocks and will be dancing to 1960s music.

The 60s was a fun and unique time because of the dance craze during that period. A flourishing culture of musical groups began to emerge and in Liverpool alone there has been estimated that there were around 350 different bands active, often playing ballrooms and halls.

So NLNL Cobargo is going to get the big hall shaking on Monday 7 September. Come down and kick up your heels and dance in Cobargo. The 60s music will be pumping out of the speakers at 6pm: Elvis Presley, The Beatles, Van Morrison, Rolling Stones, Little Eva, Chubby Checker,

everything from the nostalgic 60s and the crowd is guaranteed to be grooving and dancing.

No Lights No Lycra (NLNL) Cobargo is a weekly dance event for fun on Mondays in the semi dark. It is an entirely sober dance party that attracts eager dance groups in over 50 locations around the world - and now it's in Cobargo.

"There's not a lot of spaces to dance in Cobargo other than the pub," explains Gabrielle Powell, who is utilising the concept which originated in Melbourne. "At NLNL there's no drugs, no uninvited grinding, no steps, and no mirrors or lights to feed your self-consciousness."

NLNL all started in 2009 when rebellious Australian dance students Alice Glenn and Heidi Barrett grew sick of

critiquing their own bodies in the mirror, and decided to ditch the choreography and leotards to scale up the mini lights dance jams they'd occasionally have in their living room. Little did they know the idea would spread as far as Shanghai, Christchurch, Chicago and Cobargo!

So get on your dancing shoes and come down to Cobargo for the 60s dance night on Monday 7 September at Cobargo Hall, Bermagui Road, Cobargo every Monday night 6-7pm. Entry is \$5, bring water and wear comfortable 1960s clothes!

For more information or to send in your musical requests, please contact Gabrielle Powell, Coordinator, Women's Resource Centre.

Gabrielle Powell

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A Musical Journey: *Throw Down Your Heart*

Sunday, 20 September will be the next monthly community documentary screening in the Cobargo CWA at 4.30 pm.

Throw Down Your Heart is the feature documentary by Sascha Paladino that follows Béla Fleck's musical adventures through four African countries, Uganda, Tanzania, The Gambia, and Mali, in search of the origins of his chosen instrument - the banjo, which he sheepishly admits is "associated with a white Southern stereotype."

Along the way, he collaborates with a wide array of musicians from local villagers who play a twelve-foot xylophone, to a family that makes and plays the akonting, to international superstars such as the Malian diva Oumou Sangaré.



Béla Fleck in *Throw Down Your Heart*, by Sascha Paladino

As Béla travels across Africa, he forges both musical and personal connections. Using his banjo, he transcends barriers of language and culture, finding common ground with musicians from very different backgrounds and creating some of the most meaningful music of his career.

It's a boundary-breaking musical adventure that celebrates the beauty and complexity of Africa - an Africa that is very different from what is often seen in the media today.

Coffee and tea provided, bring your own mug. To cover the costs a \$5 donation is much appreciated.

See you there.

Lena

cobargodocos.wordpress.com

Horse Gear Sale with a difference

The format and date for the annual Horse Gear Sale has changed this year. The sale will be held on 24 October in conjunction with the Cobargo Spring Horse Show. The Gear Sale will be just that - our usual pavilion sale with no horse selling component.

This year the sale will be on at the same time as the Spring Horse Show. The club workers will accept gear at the Cobargo Showground Pavilion on Fri 23 Oct between 4pm and 6pm and again on Saturday 24 Oct from 8am to 11am. The Pavilion will be set up and the display organised for sale between 11am and

12 noon. Then the doors will be closed while patrons watch the Show events. The pavilion will reopen in the afternoon for the sale and raffle draws. Money/unsold gear will be able to be collected after 2pm.

We look forward to working with the Spring Show committee to come up with a fun and productive day that adds to the varied calendar of events that we enjoy in our local area. With extra months for sorting out your sheds until the Gear Sale, we are sure all sheds will be super tidy and organised ready for the spring horse activities.

Julie Moore, Publicity Officer

FOOD SWAP



The next food swap will be held between 10am and 12 noon on Sunday 20 September at Cornelia's place - 29 Tarlinton St, Cobargo. It would be great if you could bring a cup and a small plate to share for morning tea.

Thanks go to Denise and Pete for hosting the last food swap. For more information please phone 0409 882 944. Hope to see you at the next swap.

Tam

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Well, another month has passed with winter being a little harsh on Tilba. "The coldest in years," some are saying – or is that as we get older we feel it more? Either way, the days are sunny and the nights are cold – a small price to pay for living in a piece of paradise.

As always in Tilba at this time of year not much is happening. Central Tilba sees a few tourists willing to brave the cold but over all a good time for locals to catch up, take a break or just relax.

The CWA have not relaxed, they are working hard on organising the 'Pop-up Café'. This will be launched to coincide with the CWA Awareness Week September 7 to 13. The café will be in the small hall on the second Saturday of each month with September 12 being the first. They will have tea/coffee and yummy cakes and slices available. So come along and sit and enjoy a cuppa and a treat with some friends. Also, please note that the CWA monthly meeting is now on the second Friday of every month starting on September 11.



Gayle Donnelly and Saphie at the cup cake stall

August 19 saw the front of Bates Store brightened up with Gayle Donnelly's cup cake stand. This is now an annual event that Gayle, along with her side kick Saphie, hosts to raise money for the RSPCA. Gayle baked over 200 cup cakes, including some dog friendly ones, in all colours and flavours. And they were delicious. The boys at the ABC Cheese Factory were more than happy with their morning tea. Gayle raised an amazing \$515 for the RSPCA – well done Gayle!

The awards keep rolling in for Tilba Real Dairy (South Coast Cheese). I wrote earlier this year about the Sydney Royal Easter Show awards and these have been added to with awards from the Royal Melbourne Fine Foods Awards – Gold awarded to the Low Fat milk and Haloumi, and Silver to the Double Cream and Full Cream Milk. Factory Manager Troy Charnock spends many hours trying new recipes and ideas, with Jersey Dip and Crème Fraiche recently added to the offerings. Congratulations to Troy and the team at Tilba Real Dairy on these awards.

Whilst talking about Tilba Real Dairy, Nic and Erica Dibden are taking a very well earned break with two of their kids Grace and Hamish. They chose Thailand for their getaway and have earned some national notoriety (Herald Sun & Telegraph Aug 20) with



The boys at the chees factory enjoying cup cakes

how dangerously close they came to the bomb blast in Bangkok (not to mention how close they were to Jimmy Barnes!). Luckily for all, they had stopped to buy a cold drink after a big day of touring and found themselves just 100m from the blast. Hopefully the rest of their trip will be uneventful and they get home safe and sound. Prayers and thoughts to all those affected by this senseless blast with many killed and injured.

The Folk Circle got off to a great start this month, with many enjoying some time together at the pub, so please bring along you instruments and voices to the next gathering on September 20.

Please note September 9 in your diary. The AGM for the Tilba Easter Festival will be held in the small hall at 6.30pm. Your help is needed to keep this event viable. Come along and share your ideas. Email me at the below email address for more information.

Until spring, take care and stay safe. Drop me a line if you have some news to share montaguechristine@bigpond.com



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YOOFTube 2015 finalists announced and screened

Judging has wrapped and the finalists in South East Arts' youth short film competition,

YoofTube, can now be announced. Finalists' short films will be screened and winners announced at the Awards Night and free public screenings at Merimbula, Narooma and Batemans Bay on Monday 7 September.

General Manager of South East Arts, Andrew Gray said, "We received more entries this year than ever before, the standard is getting higher and higher. These finalists represent the cream of the crop, they are creative, technical and can tell a great story, all in under 7 minutes each."

Finalists are vying for over \$5000 worth of prizes in cash and development workshops from author J.D. Shaw, Bega Valley Shire Council, Eurobodalla Shire Council, ABC Open, Gooseboy Productions, Oh'Allmhurain Films and South East Arts. This is the only youth short film competition in the South East region of New South Wales.

The finalists for YOOFTube 2015 are:

Famous in a Week by Vincent Edwards and Thomas Gardner of Tuross Head

Spoken by Lucca Paijmans, Jake Whyman and Hamish Bailey, Tathra

Sam Bailey - Artist by Lucca Paijmans, Tathra

What You've Always Known by Georgia Brian of Pambula Beach

Illusion by Jaren Tucker, Tura Beach
LLDD by Rhys Davies of Bega



Isolated by Sam Delle Vergin and William Hassan of Mirador

Pepidemi Mondiale (The Worldwide Epidemic) by the Eden Marine High School Year 10 French Class

The Assistant's Mistake by Anna Auer, Zach Hooker, Alicia Munt and Lisa Bond of Pambula

Daydreaming by Allie Pierce, Malua Bay

The South Coast with Two Mates by Lachlan Callender of Bodalla

Virus by James Hines, Jindabyne

Hold On by Samantha Sly from Narooma

Mr Gray has said that all finalists' short films will be shown on the big screens at Merimbula, Narooma and Batemans Bay on Monday 7 September. This is a great chance to see these future film makers in action and for their families and friends to come along and show them support. Tickets are free but you must book for the YOOFTube Awards Night and Screenings. Book at southeastarts.eventbrite.com

Screenings take place at The Picture Show Man, Merimbula; The Kinema in Narooma and at the Bay City Cinemas in Batemans Bay. All films are equivalent to a PG rating or less, please note some youth issues are addressed such as depression, bullying and suicide.

For more information please contact South East Arts on seainfo@southeastarts.org.au

Phone 6492 0711 or see www.southeastarts.org.au or email seainfo@southeastarts.org.au

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Advertising: 12pm, 19th of each month
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Letters to the editor

Letters should be no more than 150 words. All letters
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both business and home phone numbers so letters can
be verified. Name and address may be withheld if the
writer prefers.

All communications should be forwarded to:

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The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546
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The Triangle is a community newspaper. Its aim is
to provide information and news to the people in the
Triangle area. The committee comprises volunteers
who donate their time and expertise for the benefit of
our readers. *The Triangle* is financially self sufficient
through advertising income. This is a tight budget and
prompt payment of accounts is appreciated. *The
Triangle* is published every month except January and
has a circulation of 1800.

General News

Four Winds Volunteers

Four Winds are currently taking
volunteer applications for the 2016
Festival; our 10 October Open Day; as
planters and waterers of the Native Species
Arboretum team; and more.

If you are into finding out more,
Four Winds invites you to come along
to our next volunteer get together event
on Monday 5 October, 4pm to 5pm, at
the Windsong Pavilion, Four Winds Rd,
Barragga Bay.

As well as information on upcoming
volunteer roles and opportunities, this will
be a chance for our volunteers to meet our
new Executive Director, David Francis,
and enjoy a very special performance by
our Australian National Academy of Music
(ANAM) artists in residence.

Four Winds volunteers are rewarded
with year-round volunteer only events, a
volunteer t-shirt and a pass to the event in
exchange for set hours worked. We thank
the volunteers who also purchase tickets.

To register your interest in being a
volunteer and to register your attendance
at the event, please visit our website: www.fourwinds.com.au

If you have any questions, please
contact the Four Winds office on 6493 414
or email admin@fourwinds.com.au

Marine Pollution



Roads and Maritime Services is the
designated combat agency responsible
for a marine pollution incident in offshore
waters along most of the NSW south coast.

They will be conducting a marine
pollution exercise in Bermagui on
Wednesday 16 September.

Around 35 officers from Roads
and Maritime and partner agencies will
be involved, with groups undertaking a
range of activities designed to enhance
preparedness for a marine pollution
response in the area.

These activities will include mock
shoreline assessments on the surf beach,
harbour and river bank; mock sea-surface
assessments on board Roads and Maritime
and NSW Marine Area Command vessels;
a shoreline equipment test involving
containment boom, pumps, and portable
water tanks; and an incident control centre
at a local venue.

Penny Robins

Soil Seeds and Fertilisers: spring gardening workshop

Spring is here and the garden beckons. From the Creative Workers & Producers
of Cobargo comes a workshop about gardening. At the Cobargo Farm Janet Doolin
and Lindy Marshall will cover soil preparation, successful seed raising for spring/
summer herbs, flowers and veges as well as the use of organic and synthetic fertilisers.

Come along to 'Soils, Seeds and Fertilisers' on Sunday 20 September from
10.30am - 12.30pm.

To book email artsincobargo@gmail.com



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The other side of Anzac

Recently I heard the story of an American social worker whose job in the 1990s was to scour the mountains of Alaska, seeking the bolt-holes of Vietnam veterans who had decided to remove themselves from society, living off the land in isolated shacks. In the 20 years since the Vietnam War, more and more American vets had come to the grim realisation that they were now unable to coexist with their families and friends; to hold down jobs; to partake in society in any meaningful way.

Post-traumatic stress disorder. PTSD.

The social worker's task was to bring the vets into Anchorage to live in a halfway house and receive psychological therapy until they were willing and able to re-enter society. Of the degree of his success, I'm not sure.

In Australia, the 'Anzac Spirit' has found a firm place in our collective subconscious, especially in the last 20 years. Now an expression used to summon the sentiment of ANZAC troops in all wars since 1915, it brings to mind bravery, mateship, self-sacrifice – as if these concepts were unique

to Australians and New Zealanders. In its jingoistic rally-cry, the long, lethal legacy of modern warfare is forgotten.

Australian Vietnam veterans are nearly 14 times more likely to attempt suicide than the general population. And it's a measure of the downstream effects of PTSD that the wives of vets are six times more likely than their peers to attempt suicide, and their children three times more likely.

Sharing these stark statistics with us,

threatening experience on the battlefield – the fault of the war, not the soldier. Since then, almost half the Australian veterans repatriated from Vietnam have filed successful compensation claims for mental conditions. As Graham had said on ABC Local Radio on the morning of his talk, "The war doesn't end, for very many veterans, when the shooting stops."

I knew that Graham had been a rock of emotional and moral support for countless returned soldiers over the last 30 years and

more. I had heard stories. Again I checked the notes I took on the night: no mention of any of that. But I wasn't surprised. Like his career, Graham's address was all about others.

Perhaps the most eloquent testament to Graham's legacy was from former US Marine and fellow Vietnam veteran Bruce Olson, who'd travelled down from Tweed Heads

to have the honour of introducing Graham to the capacity crowd

in Bermagui that night. Bruce's voice trembled as he recounted the public disdain for troops returning from Vietnam in the 70s, compounding the PTSD prevalent amongst soldiers in that messy war, and the blind eye the government turned to their invisible wounds. Graham Walker, he said, was "the first senior officer to put his head above the parapet" for the lower ranks. Bruce has been just one beneficiary of Graham's staunch support over the years.

But my take on it is this: it wasn't nerves that made his voice quaver, or the memories of those early betrayals. The clue was in the look exchanged between the two as they gripped hands when Graham rose to speak. It was a look of profound understanding, a decades-long dialogue between warriors. A conversation that had been to hell, turned around and made its tortured way back. The other side of Anzac, indeed.

Jen Severn



Bill Keefer of Dr George Mountain, guest speaker Graham Walker AM and Dave Gallan of Tathra at the Bermagui Institute's public dinner last month

on 5 August at the Bermagui Institute Public Dinner, was retired infantry company commander Graham Walker, AM. Graham spent 21 years in the Australian Defence Forces in Vietnam and other conflicts. He has spent the years since his retirement in 1981 advocating for the rights of returned Vietnam vets.

PTSD first came to attention after WWI. An epidemic of symptoms amongst returned servicemen, ranging from unfocused anxiety and loss of concentration to paralysis, blindness and convulsions, with no discernible physical cause, was labelled as shell shock and derided as cowardice by the military.

Even after WWII, when it was accepted that there was a psychological cause for the symptoms, it was claimed – again, by the military – that there was a genetic predisposition for the condition: "real men" would not be affected.

Not until 1980 was PTSD in soldiers identified as a consequence of a life-

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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting,

drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month's creative contribution is a story by Rosemary Beaumont of Cobargo.

The Gift of Belonging: Pattern Thinking



Illustration: Naomi Lewis

His name cannot be spoken by his people. I am not of his culture so can name him. David Mowljarli was an Elder of the Naranyin people of the Kimberley, the oldest living culture on our planet. He had a gift to give to the newcomers; he named it 'pattern thinking'.

Mowljarli walked the new people through the bush of his Country, teaching, talking, listening. Bush University, he called it.

New eyes gradually saw the connections, learned deep listening. Earth, dirt, sky, plants, planets – everything is interconnected. The space between us is not empty, it connects. Being separate is not a possibility. One affects all in patterns of relationship which co-exist in a living Whole.

This seething sea of interconnectedness is dynamic: it flows, it responds, it births, it selects. Rivers of patterns shape the living connections – just as the contours of the land shape and pattern the flow of

water. Patterns of Life can be read in the landscape. Even more, the patterns wave through the body-mind. To one who is open, the patterns are known. To the mind imbued in connectedness, the patterns can be engaged. This is pattern thinking – thinking which flows within the patterns of Life in its creative display on this Earth and in this place and time.

The gift David Mowljarli gave newcomers was how to belong on this Land. To know this flowing of patterns within oneself is the essence of belonging. The 'I' as the centre of reference is surrendered to expanded awareness. In being alive and awake in Life's patterns, you become kin. You are embraced, you belong, you have relations.

From deep experience of connectedness, a sense of responsibility arises effortlessly. With embodied belonging comes deep peace – a great gift for the 97% non-Indigenous members of our immigrant nation.

AKT, a company of some 35 years' standing, manufactures dehydrators to capture proteins and nutrients from waste and transform them into meal products. Their technology captures nutrients in vegetables to use as food additives.

They are currently aiding the economies of African nations by refining a dehydrator that can process a crop like corn that has been spoilt by bad weather into a useable product.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community.



Happenings at the Lazy Lizard

Last month, in the *Pin It* exhibition, the gallery was proud to host the work of some of the area's most talented craft workers and fibre artists. We had on display a fascinating variety of brooches, hair clips and pins in general.

The diversity and high standard of entries was delightful, proving yet again that small can indeed be very beautiful!

We had Cathy Blake's brooches with hand made paper and dyed fabric. Also lovely ceramic pieces, 'Earth Fragments' from Jenny Mein and finely turned wooden stick pins from Steve Stafford as well as bright, attractive felted and crocheted brooches from Helen. Kay Jensen's hand-dyed silk brooches and hair clips were just gorgeous. Also we loved the clever creations, spiced with a touch of humour, in the work of Sharon Wotton, Carly McMahon and Gabrielle Powell.



Brooch by Kay Jensen with hand-dyed silk

Of course, the backbone of the show was the work of Patto and Elizabeth Andalís, the bead artists from Holy Glass



Bermagui Cathedral - photograph by Craig Noble

Beadery, combining quirky designs with exquisite craftsmanship.

Now the good news is that, if by some gross oversight, you missed the exhibition at the gallery, many of the pieces have now been taken down to the Holy Glass Beadery, so you will have a second chance to admire them.

Then the other piece of good news is that we've persuaded our award winning photographer, Craig Noble, to take over the Side Room for September to exhibit his work. Being able to display all his photographs in one space, without the distraction of other bits of art and craft, will give him a chance to showcase his talents properly. He will have some new work as well previous favourites, including local scenes and some of the



Brooch by Patto with fabric and beads

haunting South Australian Outback series. Also, Craig has now produced a series of greetings cards from his photographs and some of these are just stunning!

Naomi Lewis

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The Vampires are coming to town!

On Sunday 11 October at 2pm, local group Zephyrs Jazz will present renowned Sydney band, The Vampires, in Four Winds' stunning Windsong Pavilion.

Lloyd Swanton (of 'The Necks') has described 'The Vampires' as "an absolute must-have for festivals anywhere in the world." Their music builds on the rich history of piano-less jazz quartets. It is a unique blend of soulful jazz, reggae, romantic Afro-Peruvian, Afro-Cuban, Balkan and funk-laden Afrobeat but that also goes beyond these genres with a cohesive style that is all their own.

The band's members are Jeremy Rose who plays saxophone and clarinet and composes. He was the winner of the 2009 Young Australian Jazz Artist of the Year and finalist in the 2012/2013 Freedman Jazz Awards. Nick Garbett plays trumpet and also composes.

Alex Bonehamis is on the double bass. In 2012 he was awarded the Young Australian Jazz Artist of the Year and won the 2007 James Morrison Generations in Jazz Scholarship. Alex Masso plays



'The Vampires' (photo by Karen Steains)

drums/percussion.

Some locals will also have seen Jeremy and Nick performing at the Murrumbidgee Hall in another of their popular bands, the reggae-inspired The Strides.

The band has enjoyed great success over its eight years together, producing four acclaimed albums and undertaking extensive touring and festival appearances. Their Zephyrs concert will follow a mid-2015 European tour that included UK, Italian and German concerts and a gig at the famous Love Supreme Festival near

London, where they shared the bill with international luminaries such as Joshua Redman, Hugh Masekela and Van Morrison. In 2014 'The Vampires' was one of only eight bands selected from 320 applicants from 33 countries to appear at Germany's prestigious Jazzhead showcase event in 2014.

As always, Zephyrs will conclude the event with one of its popular post-concert social gatherings, which will allow audience members to chat with each other, the musicians and Zephyrs

team members over drinks and fine finger food.

To book tickets and for information about the concert and the musicians, visit the Zephyrs website at www.zephyrsjazz.com.au/

The Zephyrs concert will follow the Four Winds' Open Day on the preceding day - so you could make it the climax of a weekend of excellent entertainment at the Four Winds site.

Roger Stuart, President, Zephyrs Jazz

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www.bermagui.u3anet.org.au

Yuin Folk Club Presents Jenny Biddle

Award-winning Melbourne songsmith Jenny Biddle will be performing for the Yuin Folk Club at the Cobargo Hotel on Sunday 27 September at 2.30pm.

Jenny Biddle bewitches audiences with her brilliant original folk/blues tunes filled with raw honesty that rely on her powerfully emotive voice and her jaw-dropping skills on guitar.

She's Missy Higgins meets 'The Waifs', drawing in her fans with her musical dexterity, one moment humble, then next letting rip with a blistering guitar attack that's akin to the power of Ian Moss in full flight.

Come along and be taken on a deeply engaging musical journey.

Isobel Blackthorn



Jenny Biddle will be playing and singing at the Cobargo Hotel on Sunday 27 September at 2.30pm

Four Winds open day and 2016 program launch



Paul Dean, Four Winds Festival Artistic Director

Join us at this very special open day event on 10 October, 11am - 4pm, at Four Winds, Barragga Bay, for the launch of the 2016 Easter Four Winds Festival program. Festival 2016 tickets will go on sale and, to celebrate, there will be live performances by our talented Artistic Director and clarinettist, Paul Dean, Ensemble Offspring, our Australian

National Academy of Music (ANAM) artists in residence and more. It is going to be a jam-packed day with guided site tours, children's activities and locally made food by the Cobargo and Bermagui CWA women and the local Bermagui Preschool.

The 2016 Festival line-up features a program of 25% Australian compositions, and will premiere a brand new piece, composed by James Ledger. Expect to be surprised and engaged!

"I think a festival should be about stretching an audience's imagination, giving them something that extracts a reaction, gets them thinking in another way," says Paul Dean.

Gates open at 11am. The Open Day event is free but please visit our website to register your attendance.

Make a weekend of it! Montreal Goldfields is celebrating its 10th anniversary on Sunday 11 October from 9:30am to 3pm. Then make your way back to the Four

Winds at 2pm for Zephyrs Jazz Presents 'The Vampires'.

Tickets and details can be found on our website: www.fourwinds.com.au

Joy and Abandon

The next feature artist exhibition in Black Wattle will be *Joy and Abandon* a celebration of process featuring works by the children from Cobargo Pre-School. The exhibition opens on Friday 11 September and items will be on display until Friday 2 October. This will be a fundraiser for the preschool and a fantastic opportunity for all our communities to support our future creators. Black Wattle is the showcase space for art and beautiful things in the Cobargo Creators Centre 60 Princes Highway Cobargo.

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There is nothing so comforting as meatballs in a tomato sauce. The difference in this recipe is that it is a versatile Moroccan Tomato Sauce that can be used as a base for all sorts of recipes. I've provided a vegan alternative to the Moroccan Meatballs - Beanballs!

Moroccan Sauce

2 tbsp olive oil
1 onion finely diced
2-3 cloves garlic crushed
1 tsp fine black pepper
½ tsp cayenne pepper, more if you like heat
2 tsp ground cardamom
4 cm piece of fresh ginger, peeled and chopped finely
2 tsp each ground cumin, coriander and cinnamon
2 x 400g tomatoes, diced
2 tbsp brown sugar
Salt to taste

To make sauce: fry onion and all flavourings in oil until softened. Add tomatoes and sugar and simmer for 15 minutes. Season to taste. Makes about 4 cups. Sauce can be kept in fridge for a few days.



Moroccan Meatballs

Mix 500g lamb mince, 120g crumbled feta, 2 cloves crushed garlic, 1 egg, 1 tsp ground cumin, the finely grated zest of 1 lemon and 2 tbsp chopped mint leaves in a bowl. Form mixture into walnut sized balls.

Heat 2 cups of the sauce in a large pot or frypan. When simmering, add meatballs and simmer without stirring over a medium heat until cooked through (approx 15 minutes).

Or you could bake for 30 minutes in a preheated oven 180C. Serve with couscous or rice. You could stir in chopped coriander and mint and sprinkle chopped pistachio nuts on top.



To prepare beanball mix: Mash the beans in a mixing bowl until no whole beans are left. Start with a potato masher then use a fork. You don't want a smooth paste, you still want to recognise beans. Add the flavourings, 2 tbsp oil, garlic, zest, crumbs and herbs, use a fork to mix everything together. Then use your hands to knead the mixture for about a minute until everything is well combined and firm.

Roll the mixture into walnut sized

balls. You can either bake the beanballs in a preheated oven 180C on a oiled oven dish, drizzling a little more oil over them to coat for about 15 minutes till lightly browned on the bottom, turning them over to bake for another 10 minutes. Pour 2 cups of heated sauce over the balls, carefully turning them over to coat. Bake for another 5 minutes or so. Strew over fresh coriander.

Or you could pan fry the beanballs. Preheat a large frypan over medium heat.

Beanballs

For the vegans try this recipe for Beanballs
3 cups canned kidney beans, rinsed and drained
2 tbsp tomato paste
2 tbsp olive oil, plus extra for frying or baking
2 cloves garlic crushed
Finely grated zest of ½ lemon
½ cup plain breadcrumbs or use gluten free crumbs
2 tbsp chopped herbs of your choice

Heat about 4 tbsp oil before adding your beanballs. You may have to do it in batches as you don't want overcrowding. Cook for about 15 minutes, till brown on all sides. Add 2 cups of the Moroccan sauce, coating the balls carefully and cook for another 10 minutes. Add fresh herbs and serve with couscous.

Recipe Editor: Apologies for last month's omission of 125g butter in the Spiced Honey Almond Cake recipe.

Salivating Salvia - a selection for springtime

With another spring upon us I thought it opportune to discuss one of the most popular groups of perennials – Salvia.

With their extraordinary diversity of colour and habit there are over 1800 species with new varieties added almost all the time. Salvias are truly a gardeners' delight providing rich and interesting rewards for every garden.

This spell binding genus has blues to rival the colours of the ocean and sky as well as rich reds, pinks, yellows and white and with every colour combination of these dominant colours.

Their diversity in leaf colour and shape is second to none with leaves that feel like velvet to long narrow leaves of varying colours. Many of the varieties are used for culinary purposes and have delightful scents that can be used to flavour foods of all kinds.

Most Salvia species are adaptable to an extensive range of soil types from clay to open sandy soils. Where soils might be in need of improvement it makes sense to add some organic matter like animal manures or compost.

Good drainage however is generally advisable and without it there is a greater risk of the less hardy varieties surviving a long wet winter. In gardens where the soil is wet for long periods it is advisable to slightly raise the planting area to allow better drainage.

When preparing soils for Salvia refrain from adding excess nitrogen. Too much nitrogen will give lush foliage at the expense of flowers. Soil acidity/alkalinity play no great part in the placement of the



plants although many of the species are derived from locations where limestone is dominant.

Nearly all varieties prefer a full sun position with the exception of a few that will grow in and tolerate shade.

Some taller varieties have a brittle branching habit and thus should be planted in a location that is free of strong winds. Many of the lower growing forms are excellent in a seaside garden.

Like all perennials, Salvias should be pruned on a regular basis to keep the plant in a compact form and to promote several periods of flowering throughout the year.

They are generally pest and disease free with aphids and some powdery mildew being a problem in the summer months.

They are a great plant to grow in a container for those who have a difficult location or to brighten up an area, such as on paving etc. where other plants might have failed. Due to their ability to handle periods of dryness they are an ideal pot plant.

Often overlooked these days are the extensive range of annual forms that are available to brighten up the flower garden where seasonal change is required. Colours of reds, white, blues and purple are available and should be planted at the rear of the garden. Low growing annuals like Petunia, Marigold, Lobelia and other summer flowering annuals are a great companion planting to Salvia.

Check out your local nursery for the exciting range of Salvia both perennial and annual that are now available and brighten up your garden with these rewarding plants.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us contributions@thetriangle.org.au

CATALOGUE SALE

29th August - 19th September



Cool Conditioner

20kg

ONLY \$14.50

Call in to
pick up your
catalogue or
visit our
website or
Facebook
page

www.brandfences.com.au
www.facebook.com/brandfences

**Brand Fences
Pet and Produce**

8853 Princes Highway, Tilba Tilba
4473 7774 Mon-Fri 9-4, Sat 9-12

South Coast Chipping

New Commercial grade chipper
available in Bermagui

Takes up to 150 mm (6") logs ... With
operator \$80 per hour

Keep your chips or we can take it away
for you for \$10 per load

Call Jim 0467086342



Classifieds

FOR SALE

King size single bed, vg condition, plus linen, \$75, phone 6493 4323

Cooktop: SMEG s/s bottle gas 5 burner cooktop, used once, \$500; **Electric wall oven:** white St George, ex display model, \$200, phone 0417 490 842

Windows, 7 sliding, green powder coated, aluminium frames with timber reveals: one at 1850 x 2460, \$300; one at 1850 x 2210, \$300; one at 1850 x 1240, \$250; two at 1070 x 2210, \$300; one at 1840 x 900, \$200; one at 900 x 900; shower screens \$70, pavers \$1 each; sinks, basins, insulation batts, melamine kitchen cupboards and much more. Prices neg, phone 6493 7316

TO SWAP

"Bartering for **Pork/Bacon**. My wife and I produce pasture fed beef and lamb - mouth watering! We are looking for someone who produces local free range pork/bacon. If you would like to barter we would like to talk to you. Please call Adam 0432 344 846."

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds

Pet of the Month

Connie is a magnificent four year old female Siberian Husky. She was a very reluctant surrender to the pound because her owner had to move and wasn't allowed to have her in his new rental. Connie will need two metre high fences, preferably colourbond, to keep her secure. She is not suited to rural living near stock and will require a lot of exercise to keep her happy. Siberian Huskies are a working dog breed, bred for pulling sleds so she will need an active owner who is prepared to spend quality time with her. Connie gets on well with other dogs but is perhaps better suited as an only dog because she forms a strong bond with her human.

Others needing homes are Lucy the four year old female tabby; Tilly the five month old Mastiff X Boxer; Princess the three year old female Foxy x Kelpie; Rani the year old male tabby; Tommy the 17 week male grey and white kitten; Gypsy and Holly the eleven month old female Kelpies; and Whistle the five year old tan and white female kelpie cross. All are hoping to be adopted this week.

Also in need of a home is two year old



Connie is a truly beautiful dog, a four year old Siberian Husky in need of a home with high fences and an active owner

Milo. He has to have both eyes removed so will need a very special owner. Described as a delightful little dog who is house trained and loves to sit next to you or on your lap. He weighs only 4kg so is a very small dog.

If you would like to apply to adopt one of the lovely companion animals available from Animal Welfare League

Book Review

Heather O'Connor

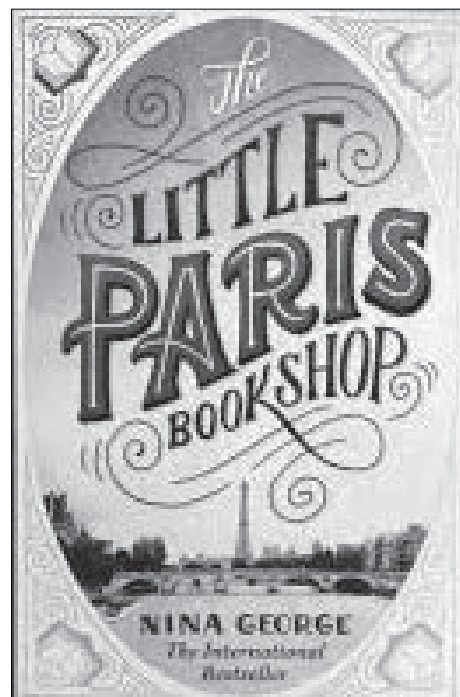
Nina George

The Little Paris Bookshop
\$29.99

This novel is an international best-seller, and currently appears on most of the best-sellers list in Australia. It's not hard to see why.

The main character is a bookseller, Jean Perdu, whose precious books are housed on a floating barge on the Seine – beautiful descriptions of Paris for anyone who has ever strolled along the banks. He sees his shop as being a 'literary apothecary', where he can use his rare gift of sensing which books will ease the souls of his customers. But his own soul is tortured by a love lost decades ago, his pain suppressed for all those years, until he is forced to confront what really happened to the woman he loved. He then unmoors his barge and sets out on a 'road trip' along the rivers and canals to Provence to rediscover his past, gathering companions and friends along the way, and learning that to love again is not to betray his first great love.

Anyone interested in books and booksellers will really enjoy this – it's perhaps



not a great work of literature, but for a lovely read by the fire, this 'feel good' novel can be enjoyed and shared with just about anyone – with the possible exception of those who do not have an ounce of romance in their souls.

Deb Cox

NSW Far South Coast Branch please call 0400 372 609. Caring is a great way to be able to enjoy the company of a pet if you are between your 'travels' or while you are deciding what type of pet you would like to adopt. All that plus the buzz of being able to save an unwanted companion animal. If you would like to have a chat about being a carer please call our information line on 0400 372 609.

Donations can be sent to AWLNSW FSC Branch PO Box 1210 Bega 2550. We now have food bins in Coles Bega, Woolworths Bermagui, Merimbula and Tura Beach. Please consider purchasing a little extra food to help FSC branch care for unwanted pets in the Bega valley shire. Have you purchased a new collar lead or toy for your pets? Can we have the old ones please?

These can be deposited into the food bin.

Garage Sale: We will be having a Garage Sale at the end of September and are hoping for goods to sell to raise much needed funds. Please, have a look through your cupboard and garages for items you no longer need and call 0400 372 609.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday,
5pm Evening Prayer/Contemporary Service. 2nd,
4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday
10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th
Sundays, 10am, HC. 3rd Sunday, 5pm Evening
Prayer/Contemporary Service. Thursdays, 10am HC.
Contact. Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium
Bermagui Country Club, Mondays 6.30pm. Ladies
and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until
12 noon. Venues vary. For info phone
Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 1.30-3.30pm.
New players always welcome, tuition and friendly
games always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

COBARGO DISTRICT MUSEUM

Meeting 7 pm 1st Wednesday of the month Cobargo
School Library: researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm – CWA Rooms.
Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Quality early childhood education for children 3
years and over, Tuesday to Friday during school
terms from 9am-3pm. Ph 6493 6660. All welcome.

COBARGO PRESCHOOL PLAYGROUP

Thursdays 9-10.30am (school terms). Donation. Bring
a piece of fruit to share. All children who may be
coming to the preschool after they turn 3 are welcome
with their families. Ph 6493 6660 for more info.

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo – once a month on a
Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui – every 2nd Friday 10.30am – 12pm in
the Ambulance station. Quaama – Wed. by prior
arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo
School of Arts Supper Room. Information phone:
6493 6538. cobargohall@gmail.com.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for – partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

Sat 5	birthday party, 50% off sale, garage sale, book launch	Well Thumbed Books, Cobargo	9am-12 noon
	kids disco for the Tabitha Foundation	Bermagui Country Club	6pm
Sun 6 (father's day)	Humbug	Tilba Valley Winery	from 12.30pm
	Genevieve Chadwick	Bermagui Beach Hotel	4pm-6pm
Fri 11	ecstatic dance	Quaama Hall	6pm
	Ray Stephens	Bermagui Country Club	from 7.30pm
Sat 12	'Get Ready Day'	Quaama fire shed	11am
	QPA Dragon's Den brunch	Quaama Hall	11am
	CWA 'pop up' cafe	small hall Central Tilba	daytime
	wheelchair basketball round robins	Bermagui indoor sports stadium	11.30-1pm
Sun 13	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd Wandella	1pm-5pm
	Terry Batu	Bermagui Beach Hotel	4pm-7pm
Fri 18	Joe Driscoll	Bermagui Country Club	from 7.30pm
Sat 19	The Hoops	Cobargo Hotel	7.30pm
Sun 20	'soil, seeds & fertilisers' workshop	Cobargo Farm, cnr Avernus St & Bermi Rd	10.30am-12.30pm
	community documentary screening	Cobargo CWA	4.30pm
	food swap meeting	29 Tarlinton St, Cobargo	10am-12 noon
	Sandy Feet	Bermagui Beach Hotel	4pm-7pm
	folk circle	Dromedary Hotel, Central Tilba	7pm
	The Awesome	Tilba Valley Winery	12.30pm
Wed 23	public dinner with Professor Will Stefan	il Passaggio, Fishermens' Wharf, Bermagui	from 6pm
Fri 25	Vanessa Lea and Road Train	Bermagui Country Club	7.30pm
Sat 26 & Sun 27	ReBoot Bermagui	weekend of active participation in Bermagui	
	5Rhythms dance w'shop: Sat 6pm-9pm, Sun 10am-4pm	Quaama Hall	
Sat 26	Tasty Space	Bermagui Beach Hotel	8pm-midnight
	Sandy, Ms Karaoke	Cobargo Hotel	7.30pm
Sun 27	Yuin Folk Club present Jenny Biddle	Cobargo Hotel	2.30pm
	Trevor Best	Bermagui Beach Hotel	4pm-7pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	No Lights, No Lycra	Cobargo School of Arts Hall	6pm start
2nd Monday	Tilba CWA meetings	small hall Tilba	10am
Tuesdays	Bermagui Seniors' Social Club	Bermagui CWA Hall	10am-2pm
	Hoola hoop classes	big hall central Tilba	from 10am
1st Tuesdays	Bermagui garden group	venues vary, phone Heather: 6493 5308	
2nd Tuesdays	Cobargo CWA meetings	CWA cottage, Bermagi Rd, Cobargo	from 10.30am
Wednesdays	Pool comp	Bermagui Country Club	from 7.30pm
	Weightlifting Club (info 6493 5887)	Bermagui Sports Stadium, Bunga St.	4pm-6pm
	Dru yoga class	Cobargo CWA hall	from 10.30am
1st Wednesday	Bermagui Historical Society meetings	Bermagui Museum in community centre	2pm
	Social bridge	Tilba Valley Winery	from 2pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, 36 Princes H'way Cobargo	10am-11am
	Bermagui Growers' Market	Fishermens Wharf, Bermagui	from 3pm
2nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Tiny Teddies playgroup	CWA hall, Bermagui	10am-12 noon
	Meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
	Raffles: meat, seafood, fruit & veg	Bermagui Country Club	5pm
Saturdays	Laneway markets	Cobargo main street	from 9am
last Sunday	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
thru September	photographs by Craig Noble in the side room	Lazy Lizard Gallery, Cobargo	Mon-Fri 10am-4pm Sat till 1pm
Sat 11	opening of 'Joy and Abandon' exhibition	Cobargo Creators Centre	

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month