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Growing the Music returns to Wallaga

South east NSW's regional arts development organisation South East Arts has received funding from the Ministry for Arts to bring *Grow the Music* back to Wallaga Lake Koori Village. In March a month of intensive music, recording, film and language retrieval workshops will be held for the Aboriginal community of Wallaga Lake Koori Village, culminating in a huge public concert.

The Indigenous Languages and Arts Projects funding will enable South East Arts to bring back professional music educators from *Grow the Music* to build on the success of the program run in 2015.

South East Arts' Aboriginal Creative and Cultural Engagement Officer, Jazz Williams, has been running music lessons each week at Wallaga, alongside the homework centre.

"The kids ask me constantly when Liz and Em from *Grow the Music* are coming back. These kids were so diligent, so enthusiastic last time, I can't wait to see what magic they create this time around," she said.

"Bringing *Grow the Music* back means our region is in for another major cultural treat - we all get to witness and enjoy the growth and talent of local Koori kids and artists.

"It wasn't only the Aboriginal community who were proud of the concert last year, the rest of the local community were intensely proud too. They are hungry for more exposure to the incredible Aboriginal musos and artists we are lucky to have amongst us. Some of the people



Zac Campbell, Milo Campbell and Harley Ladmore performing at the 2015 Cobargo Folk Festival as part of the *Grow the Music* program at Wallaga Lake Koori Village

who attended had never stepped foot in the Koori village and they were really moved by the concert and the sense of community," said Jazz.

Award winning Australian songwriter Neil Murray will join the *Grow the Music* team to explore song-writing and language retrieval with some key local Aboriginal musicians, with a view to develop songs in language for performance and recording.

Neil is well known for his song *My Island Home* and also as being one of the co-founders of the Warumpi Band.

One of the aspects of the program the funding does not stretch to is building a permanent collection of instruments for the community at Wallaga Lake Koori Village. South East Arts is keen to help develop this and anyone who can help out in this regard is asked to please contact Jazz directly or the office in Bega.

For more information please contact Jazz Williams, Aboriginal Creative and Cultural Engagement Officer at South East Arts on 0497 281 464.

Video footage from the 2015 *Grow the Music* program at Wallaga Lake Koori Village can be found at https://youtu.be/ s6xfOkSfOJw

> Jazz Williams Aboriginal Creative and Cultural Engagement Officer South East Arts

Editorial

Jo Lewis

There are certainly lots of things happening at this time of year and it is a tribute to the vibrant nature of the community. However the things I would like to draw to your attention are not the big events but the smaller ones that are sometimes not covered or are missed.

There is an amazing initiative which seems to have been organised by the girls at Well Thumbed Books and has resulted in a Cobargo Community Car purchased through the generosity of local people and available for emergency use if you find yourself carless for some reason. Drivers must be 30 years or older. The details and contacts are included elsewhere in

Letters to the editors

The feeling of being entire As a male "I needs dip my lid" to the women of Cobargo. They are the juggernauts to this community's prosperity and aspiration, paying definable disrespect to questions "of critical mass" or what is the "bottom line".

They plunge themselves into all aspects commercial and social needs in this village. Cobargo is no longer the back water for Canberran economic refugees. It pulsates and thrives on Saturdays as even Bega cannot.

Only a few years back you could have had a Saturday arvo pigeon shoot on the main street.

We males need to reflect well on the foundations these dynamos have set, get on board or suffer the consequences of being ancillary objects of...! To be merely considered partly useful but of minimal functional value.

Let's help them attract some manner

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the paper. Congratulations to everyone involved.

The Kamalashla Tibetan Buddhist Centre in Tilba is running a Women Wisdom Keepers Retreat in April focusing on Well-being, Vitality, Confidence and Resilience in the Third Stage of Woman. It is interesting to me to see different disciplines following similar paths and some older traditions had womanhood divided into Maiden, Mother and Crone. Not that the Crone terminology did us any favours although it was interchangeable with Wise Woman I think.

Still in the traditional beliefs area All Saints Anglican Church is hosting its first 'Messy Church' in March. This is an event that is family oriented and aims to create a relaxed atmosphere with craft, stories, singing, fun and food. It starts with activities around a theme, continues through stories and singing and finishes with a meal. It is intended to be an all-aged family event.

It seems the monthly Cobargo Documentary has moved and In future they will be shown in the Old Butter Factory. This month they are showing *THE TRUE COST* which looks at the clothing industry sweatshops and in the true spirit of revolt it will coincide with a Clothes Swap.

.. of educational facility in town. Live in a town where a wide range of newspapers and educational material can be purchased on a Saturday or Sunday afternoon where we have come to terms with trying to have an independent supermarket.

If we don't get on their bandwagon I feel we will not be entire.

Joe Ruiz-Avila Wandella

Open Letter from Charlie McVeity

Most people in the area know that I had a serious health scare in August last year that I am still recovering from. It has been a long journey, a journey that I would not have got through without the love and support of family and friends, my partner Leanne and our family friend Donna Hill. Leanne and I were overwhelmed by the care and love we received during this time and still it continues to this day. We live in a wonderful community with a very big heart.

Leanne and I would like to thank you all. We feel very privileged to live here and have you in our lives.

As most of you are aware for several years now I have organised Woodchop events for both the Cobargo Show and the Bermagui Seaside Fair. These events give me much pleasure to both organise and participate in. We have had the support of many local businesses and cutters from both the local area and the mountains. Without this support we would not even have an event, so thank you to all.

Unfortunately due to my health issues last year I am not able to organise events this year. I am still regaining my strength and it would not be wise to put myself under pressure at this point in time. We hope to be back bigger and better than ever next year and we hope you will all get behind the events as you have done in the past.

Once again Leanne and I would like to say thank you to all for the love, kindness and help given to us.

> Regards, Charlie McVeity

In Support of Mister Jones

When I was a child, my parents, (newly arrived refugees and freshly 'ordained' Australians), celebrated Australia Day. We moved to the outer suburbs of Melbourne, where my sisters and I were the only migrant children. We became 'markers' for long term, ongoing racial comment and abuse. We weren't the only ones. We had some Aboriginal boys who were 'stolen' from their families and briefly attended our school. They too were abused, taunted, spat at, punched etc.

At school I learned about the nature, tools and traditions of this nation's first

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Letters to the editors (cont.)

people, the Aborigines.

When I became a teenager, I learned the truth, or spatterings of it at least, with regard to the massacres and invasions of communities of Aboriginal people and began to wonder why we celebrate the day it all began.

As an adult, I continue to shake my head, particularly in the past few years where racism and openly flaunted hate comments toward racial and social minority groups have become more openly acceptable and rampant in fact. The fact is that this behaviour has recently hit the Triangle area with a voracity that has floored me!

Local artist and cafe owner, Matt Jones, has induced, with a singular blackboard comment, a worldwide tsunami of backlash and hatred from the very kinds of people whose vehicles and social media comments display stickers and slogans that I and many others find outrightly offensive.

It appears to these minds that THEY can 'spout' any racist, homophobic, or otherwise offensive comments that they like. And yet a cafe owner cannot let his customer base know, (most of whom stand with him), in his own quirky social comment, his own voice, that he will be serving coffee on Australia Day.

Is the right to an opinion or social comment only acceptable from those who are racist? From those who behave badly? From those who think that human suffering is acceptable, that the open criticism and abuse of minority groups is acceptable?

Those who stand for what is right are not a minority group. They are people who respect the rights of others to an opinion, to life, to food, to shelter. To the basic needs of existence. They choose to opt for more respectful and civilised behaviours.

Perhaps those who are full of hatred and abuse can step back and have a look at how ridiculous their behaviour is. I doubt it though. And because of that, I have requested that my name be withheld.

Please note that MY views are my own, so please don't divert your abuse campaign towards the hardworking volunteers that continue to bring this excellent little local paper to us.

Name and address withheld



Rants and Raves

Sticks and Stones will break my bones, but Names will never hurt me

No wonder there are wars, when, a thought bubble, written on a blackboard, outside a very small coffee shop, in a very small town, creates a completely over the top response.

What a boring, grey world it would be if we all thought the same.

Yeah sure, we all get pissed off with people and the way they think or act But, this is a 'Thought Bubble'.

It doesn't threaten anyone, it's just a bit of chalk on a board "It" certainly doesn't warrant, death threats, broken windows and personal intimidation

The reaction does not equate with the 'Thought Bubble'

If you don't like the 'Thought Bubble' just don't buy coffee from a very small coffee shop. in a very small town Simple

Louise Brown



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Advertising: 12pm, 19th of each month Editorial: 12pm, 22nd of each month Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to: Email: contributions@thetriangle.org.au Postal address:

The Editors,

The Triangle

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The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800.

Quintessentially Quaama

Save the date! The Quaama Harvest Fair will hit the Quaama Hall again on Saturday 23 April. There'll be more details next month but be assured there'll be market stalls, informative talks, music and the usual scrumptious lunch from Quaama Quisine in the Supper Room—this time, due to popular demand, with a take-away option. And another Dog Show! Call Glennda on 6493 8414 or 0408 411 956 if you want to book a stall or a talk or a workshop.

The Secretary position on the Quaama School of Arts Hall committee is vacant. The Hall Committee looks after all aspects of the ongoing maintenance for the Hall, and takes care of all the bookings for the Hall—a vibrant part of the Quaama community. This year there are already three bookings for weddings, not to mention dance groups, singers, fairs, workshops, meetings. Call Janet Menefy on 6493 8458 for a full rundown of what's involved.

Quaama's Bucolic Sisters opened the night at Cobargo's Open Mic in January with an act that staunchly defied categorisation. There was singing, dancing too. And perhaps poetry. Was it cabaret? Whatever. Daisy, Betty and Birdie Bucolic, aka Barbara Johnson, Rose Roberts and



The Cobargo CWA Australia Day raffle was won by ticket number 0006190 - Andrew Lawson

Second and third prizes were won by Lee Fawcett and Joan O'Halloran respectively. The Christmas raffle was won by Margret Boller of Tathra.



Birdie, Daisy and Betty Bucolic premiered at Cobargo Open Mic in January. Open mic is on last Friday of the month at Cobargo Hotel

Caroline Bate, set the tone for the night. Birdie wore mauve frills and blonde tresses to sing "I'm too sexy for Cobargo". Yep.

Quaama always puts in a good showing at Open Mic nights in Cobargo, whether it's the Bucolic Sisters, Hans Wiedeman and his jokes, Catherine McEwan and her

> romantic confessions (or Rabbie Burns poems), or even yours truly with some random cobbled-together piece about something or other. And you never know who's going to turn up with

a guitar, or a conga drum, or even just a voice. That night we were treated to a stunning Scots baritone doing melancholic Gaelic folk songs. All I know is that he was called Jack and he didn't need a microphone, open or otherwise. Heavenly. Just lob at the Fire Room, Cobargo Pub at about 7.15 pm on the last Friday of the month. Grab a drink, let MC Alfredo know to put you on the list—or just sit and enjoy the show.

Call her Jel, or Jellybean, or Yamuna, she's back. Jel has again taken up residence on her property in Upper Brogo, this time with her six-month-old heeler Frank, after seven years moving between Akolele and Europe. It's good to see her again, and she's glad to be home and stopping in one place for a while. Welcome back Jel.

And Rose Roberts, who last year launched her first children's book, *The Adventures of Duck and Goose*, is now onto the second

draft of the sequel, *More Adventures* of *Duck and Goose*. A few of us were treated to a reading at doggie playgroup last month. It's a cracker! It's a bit scary in parts but (spoiler alert) there's a happy ending. One audience member remarked afterwards, "Rose, you're Quaama's Beatrix Potter." It will be a few months as Rose hasn't yet started the illustrations, but she promises me that kids can look forward to more of Darcy Duck and Griffin Goose by year's end.

Jen Severn

Update: Reclaim Our Riverbank 2016

What a wet start to the year we have had. Our plantings adjacent to the Dry River Bridge at Quaama stood up well to the amazing flood. We lost a few seedlings, and quite a lot of the tree guards washed away. But the bamboo canes held in place so it was not too hard to find and repair the damage, even where sand had almost covered some plants. Sadly the footbridge across one of the tributary streams was washed away, so enormous was the power of the floodwater.

Our goal for this year is to maintain the current planted areas by the bridge by keeping the weeds down, and we will continue to plant into the area further along the track towards the cemetery. Some woody weed eradication work has been done, targeting privet, willow, poplars, and some other exotics that have found their way into our project area.

It would be great to get some more people lending a hand with this important project. We are a fun group of people and our next working bee will be on **6 March at 9.30.** Come along and join us. For more information contact Chris Post, Dry River Landcare Group on 0411 594 092.

Rose Chaffey

We have had so much rain and the country looks lovely. The good season also has lantana and blackberry popping up and Eurobodalla Shire Council is reminding us to get on top of our weeds with signs installed at the entrances to the towns. In late 2015, the Tilba Tilba and South Narooma Landcare Group was established with the specific intent of making a difference in regard to Fireweed. Congratulations Robert Dunn for convening this group and your enthusiasm and dedication to the eradication of this seriously harmful weed.

The Tilba businesses have enjoyed a busy holiday season and the Tilba Chamber of Commerce is finalising new signage on the highway which will likely bring greater numbers of visitors. We are sorry to see the Tilba Bakery closing at the end of February until such time as new owners are found. Farewell Jane and Alfeo, in your future endeavours.

During the season, Harry Ghazikian, dressed in his Fire Brigade vellows, has been a familiar and frequent sight in Bate Street, seeking contributions to the Tilba Fire Brigade. Harry's love for and dedication to Tilba Firies has been of outstanding help to the Brigade for many years. The local community and visitors are always generous, and the Brigade is most appreciative, as this enables it to continually improve its capabilities by purchasing new equipment. Current additions include GPS units for the two trucks, a second electric reel for the large fire truck, and installation of internet and mobile phone connectivity at the station. The Brigade is delighted to have recently been joined by Lee-Anne Eddie and Ian Kerr. The Tilba brigade's greatest need is for new members. Anyone interested in joining can phone Harry Bate on 44737 259.

The Tilba branch of the CWA holds a pop-up café in the small hall on the second Saturday of each month. This is a fun way to catch up with friends and enjoy a cuppa with home cooked food in our heritage halls. The CWA holds its

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Your table awaits

its efforts in 2015 to the restoration of the Tilba Playground and will soon purchase and install some new equipment.

The Tilba Market, held each Saturday morning from 8am - 12:30, continues to grow and provide an outlet for locally grown and made produce and handcrafts. We are lucky to be able to buy fresh produce every week. If anyone is interested in having a stall, contact Kay Williams on 4473 7231.

The regular weekly activities in the Tilba Halls are kicking off for the year and now include No Lights, No Lycra (*NLNL is a space where you can completely let go and lose yourself in music and the physicality of your body. NLNL is a daggy, non-pretentious place to completely be yourself - www.nolightsnolycra.com*) and the newly formed Tilba Choir, in addition to the regular Tilba Tappers, Tai Kwon Do and Hoola (see information box at the Small Hall for contacts).

The Central Tilba School of Art Trust committee, who manage the halls, is hosting the inaugural Tilba District Community Ball on Saturday 14 May. This year, Cobargo band Kitty Kat and the Band of Thieves will play. This will



be a sensational event; book your tickets now! The Big Hall is 100 years old (as of 2011 - oops, we missed it). Vivienne Wood is organising a Centenary Exhibition to be held on 22 - 25 April. She is seeking memorabilia, news clippings, photos and recollections to be included in the exhibition. For information you can contact Viv at bighallcentenary@gmail.com.

The Tilba Easter Festival 2016 is nearly upon us. Organisation is well under way and the committee is excited to bring the Festival to town once again. As always, there will be plenty of music, entertainment, stalls and food. The games will be loud and clear in the main street and the Cheese Roll in the alley beside the ABC Cheese Factory. If you or someone you know ould like to have a stall, please contact the organisers. We are always in need of more volunteers to help on the day. This year we are also happy to have Merryn Apma on the committee and the Tilba Festival acknowledges the Yuin peoples and the land of Gulaga. Contact Kim Jansen on 4473 7966 or kim.jansen@ rocketmail.com for stalls, and Greer Allan on 4473 7557 or greer allan@activ8.net.au for stalls and volunteers. All other enquiries to Christine Montague, President, on 4473 7621.

A warm welcome to Stephanie and Craddock who have recently moved to Tilba Tilba and congratulations to Kane and Crystal Jamieson on their recent marriage.

If anyone has any notices or news for future Tilba Bites, please contact me on tilba@thetriangle.org.au, or 0427 074 901. Julie Dibden



Julie Dibden, our Tilba Bites writer, with her dog Bertie



Tilba Bites (cont)

Wisdom Keepers Retreat

Why choose a Retreat specifically for women in the Third Stage of Woman - mid-life and older? Because you want to feel vital, radiant, full of energy and more resilient as you move forward in your Wisdom Keepers years. Because you want to share the space, the stories, the learning and meet other women of like mind

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It is a time to focus on how to maintain your vitality, well-being and intuitive awareness so that you can stand strong in your space of personal integrity and optimum health.

Being away from your everyday life for two days in the peaceful natural setting which is the Kamalashla Tibetan Buddhist Centre near Tilba is an opportunity to down tools and focus on you and your well-being



Artwork by Vicki Nash

journey.

Facilitated by Wendy Dumaresq, Women's natural health practitioner, speaker, author and shamanic healing practitioner; and Joani Reid who has a background in psychology, teaching, martial arts and earthkeeping.

See 'Events' page at www. radiantwomenbook.com.

Wendy Dumaresq

Tilba CWA

The Tilba CWA have resumed their monthly meetings with their next meeting scheduled for Friday 11 March at 10am in the Tilba Small Hall.

The Tilba CWA is very active fundraising team of 'youngish' women and welcomes new members to attend. Following this meeting interested Tilba CWA members will stay for craft activities.

Members are invited to bring along a craft project they are working on. For example weaving, basket making, dyeing, knitting, patchwork or sewing. The craft activity is an opportunity for members to share their skills, knowledge and expertise.

Over the summer holidays the Tilba CWA ladies have been busy with their major fundraising initiative, their monthly Pop-Up Café. Come along for a cuppa and a delicious cake at the next Tilba CWA Pop-Up Café on Saturday 12 March in the Tilba Small Hall from 9am to 12 noon.

The Pop-Up Cafés are a monthly event and are held on the second Saturday morning of the month. Other upcoming fundraising activities Tilba CWA ladies plan to participate in for 2016 include the Tilba Easter Festival and the Winter Ball to raise funds for the Tilba Small Hall.

Annette Kennewell





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Bermagui Banter

Sometimes life gets Messy



Come and join us for a family fun time at Messy Church

Spending quality times together as a family is important in our modern and busy lifestyles. Having an opportunity to reinforce Christian values of sharing, love, tolerance and hope with our kids sometimes takes a backseat.

Messy Church is church for families involving fun, craft, singing, stories and food. Messy Church is not just for kids, it is an opportunity for families to have fun together in a relaxed atmosphere without the interruptions of worrying about what to get ready for dinner! It begins with everyone engaging in a variety of different crafts and games around a theme. This is

Easter Services in the Anglican Parish of Cobargo

Maundy **Thursday**, 24 March, 5.00pm All Saints, Bermagui followed by simple Agape meal in the rectory.

Good **Friday**, 25 March at 10.00am Christ Church, Cobargo

Easter **Saturday**, 26 March at 5.00pm St Saviours, Quaama, vigil and lighting of the new fire

Easter **Sunday**, 27 March at Christ Church, Cobargo 8.00am and All Saints, Bermagui 10.00am

followed by a Bible story and singing some songs together. The fun finishes with an all-age meal for dinner. All that's left to do when you get home is to pop the kids in the bath!

Our first Messy Church will be held at All Saints' Anglican Church, Bermagui on Sunday 20 March at 5pm. Messy Church is all-aged worship at its best.

Come and sample some Messy Church activities at The Seaside Fair, we'll be there at the Anglican Parish of Cobargo, (Bermagui and Quaama) Stall.

Want to know more? contact Rev. Joy 6493 4416 or Chris 6943 3884.

AGM at CTC

It is to be held at 3:00pm on 18 March at the CTC in the Community Centre Bermagui. All welcome. We would be especially interested if there are members of the community who would like to become members of the committee or who have been members in the past.

Dave Bulman

Bermagui Community Technology Centre ctc@bermagui.net www.ctc.bermagui.net

Co-Manager

Bermagui CWA

Bermagui CWA have just had our first meeting for 2016, and once again a busy year lies ahead for us. The Bermagui Seaside Fair will be in March and our members delight in taking part in the street parade.

The Bermagui branch CWA is also host to the annual Land Cookery and Handicraft exhibition and judging to take place at the Bermagui Country Club on 15 March. All Far South Coast branches take part in this, and the winners go on for judging at the State conference to be held this year at Cowra.

Have you considered joining your CWA? Why not come along next month? Our meetings are held the first Friday of the month 1pm in the rooms at 10 Corunna St.,

By joining CWA you will be part of a state wide organisation building a better life for country women by country women. Today, many of the welfare issues CWA was involved in have been taken over by government, so CWA is now concerned with lobbying government and presenting the unified voice of its members. It is a powerful and influential organisation that makes representation on issues ranging from agriculture and environment to education and health.

CWA also encourages learning about other countries and cultures, friendship, mission and support of local communities through fundraising.

Our Bermagui branch has a very strong handicraft group who regularly send knitted articles from knee rugs to trauma teddies and bonnets for premi babies to local hospitals and nursing homes This group meets each second Wednesday of the month at 9.30am. Come along and enjoy a cuppa with the ladies and learn about their valuable work to the community.

Judy Wells

il Passaggio

Open all Easter Weekend Dinner Wednesday - Sunday 6:00 Lunch Thurs - Sunday 12 - 2:00 Bookings Essential 6493 5753 Upstairs at The Fishermans Coop



Wrtten 13 February.

It has now been two weeks since the senseless and overwrought reaction to my 'Australia Day' blackboard began. The media frenzy has abated, but the personal attacks - written, verbal and physical have not.

This week, I replaced the glass window of my shopfront, as it had been smashed during the night. My staff opened the door at 7am to serve my regular coffee crowd. I spent the day cleaning broken beer bottles and glass from every corner of my studio.

Threats and abuse continue in the form of calls, texts and emails. My staff have been threatened from the curb. Customers have been 'warned' not to attend my espresso bar. Eggs and flour have been thrown over my shopfront.

I was pushed into a corner one evening by two local men who explained that "white people fighted and died for this country" and I should, therefore, "stop walking like a f*cking f*ggot".

And on it goes.

Although clearly united by a tangle of pre-existing hatreds and anxieties, referring to my aggressors as 'politically motivated' would be too kind. These aggressors are cultural molecules, not activists. They are the natural outgrowths of Australian history; a history that they frequently cite, but never study.

They seem incapable, also, of recognising the disproportionality of their hatred. As the days wear on, my simple chalked jibe becomes still truer.

Mr Jones Responds

Those most offended by the blackboard have committed themselves to proving its veracity.

My written response to the media has received 30,215 likes and 6,976 shares, completely overwhelming the scale of the original Facebook hate campaign against my business. This was a welcome surprise.

The messages of support from across the country and the world were diverse and numerous. Many of these have been long and considered. I apologise that it has not yet been possible to respond individually to each. The show of unity, from new friends and old, was so much appreciated. Thank-you.

The blackboard - and my necessary online statement - also became a national media discussion, the subject of separate articles by The Guardian, ABC, SMH, Triple J's Hack, Huffington Post, 9 News, Crikey, Buzzfeed, Pedestrian TV et al.

Helen Razer and Maurits Zwankhuizen wrote entertaining opinion pieces on the blackboard; 'nationaldickheadday' became a twitter hashtag; the furore was reported across the Fairfax network, most efficiently in parody by the excellent Herald cartoonist, Shakespeare.

Dragging my blackboard into the (relative) sunlight of the mainstream media brought some balance to the discourse, originally fomented by the Facebook network of extreme-right organisations and individuals. Amongst these, the rhetoric is routinely violent, disturbingly explicit, uncensored in its bigotry, unburdened by self-awareness and consistently selfrefuting. The authors frequently struggle to arrange a coherent sentence, much less articulate a political locus.

Of course, these 'patriots' would be the first to protest should their own freedom of expression be curtailed.

As with prolonged exposure to any toxin, the stress of constant attack is accumulative, and exhausting. Restoring my shopfront after each spate of vandalism has been time-consuming and expensive. Keeping the evidence of physical damages and emotional strain from my young child requires a surge of positivity, increasingly difficult to muster. And, though I dismiss the countless death threats as repulsive hyperbole, I absorb each word subconsciously.

But then, my personal exposure to this vicious and pervasive cultural toxin has only been two short weeks. In our country, there are strong individuals, families and communities who are forced to confront this very same toxin from birth, for a lifetime, through generations. They have my deepest respect.

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THRIVE in these important years

The focus - Boost



Bermagui Banter

Vinyl lovers unite

The appeal of vinyl records has turned full circle, with south coast residents, young and old, dusting off those old grooves and discovering anew the timeless sounds within. Local resident, vinyl record enthusiast, and small business owner, Greg Evans, has also turned full circle. After living in Melbourne and Canberra for many years, Greg is happily living again in the triangle with his family in tow.

Greg is the organiser of the Bermagui Record Fair, which is set to make vinyl lovers happy again on Easter Sunday (2 March, from 7am till 3pm) when thousands of quality vintage records will be for sale at Mister Jones Espresso in Bermagui. The Record Fair will cater for all musical tastes, from well-known artists to obscure rarities. Local DJ Tom Noonan will be playing records throughout the day, and as usual there will be seriously good coffee being poured by resident Mister Jones baristas. For more information and updates, Facebook 'Bermagui Record Fair' or contact Greg on 0467 586 875.

In addition to the Record Fair, Greg's record store, Sugar Sounds, operates online

The Bermagui and District Lions Club has had a busy year. We have supported Cobargo, Quaama, Bermagui and Tanja primary schools, also the Cobargo Saturday Markets. We have also been a major supporter of Nardy House. We also support other local community such as CWA, Land care Quaama progress group. We have plans to support and add to the Bermagui skate park. Your Lions Club also supports National and International activities Lions International is represented in more countries than the UN and is often among the first to assist in disasters.

However if we are to continue this



Greg pictured with other vinyl lovers ahead of the Bermagui Record Fair on 27 March (photograph by Sam Davis)

(sugarsounds.com.au) and will pop-up in-person at Mister Jones and elsewhere on the south coast, with quality vintage records for sale. Get in touch with Greg if you think he should pop-up near you. Greg is also looking to buy vinyl collections, so if you have a collection of records, big or small, contact Greg on 0467 586 875.

Greg Evans

Bermagui Lions club needs your help

level of community support we need more members. Our numbers have dropped due to ill health and resignations. If you have just a few hours now and then to help us then you will be joining an active and friendly group. both men and women are welcome 18 to 80.

Visit us at the Bermagui Seaside Fair we look forward to meeting you and answering your questions.

For more information please contact Ray Clements 6493 8472 or Cliff Tarrant 6493 3792 or see us on facebook.

Cliff Tarrant, Secretary/Treasurer

Attention over-fifties!

U3A Bermagui & District will hold a special Seniors Week Event at the Bermagui Country Club on the first day of Seniors Week, Friday 1 April.

> Life is a journey What is your life story? What have you achieved so far? What have you still got to do? What will be your legacy?

Questions like these are at the heart of taking stock of our lives. Being conscious of the past and present, and imagining the future allows us to cut through the complexities of life and focus on what is truly important. This gives us direction and meaning.

This interactive workshop will guide you in mapping your life journey to date, identify what have been your key learnings, and focus on what now are your priorities. You will then be able to create an intention about how you want to live your life and how you will share your unique wisdom and skills for the betterment of your families and community.

This event will take place in the auditorium at the Bermagui Country Club, 10am to 4pm on Friday 1 April. Morning tea, lunch and afternoon tea will be supplied. For \$10 at the door, you receive all printed materials and refreshments. Facilitators are David Newell and Debra Summer.

U3A Bermagui & District wish to thank Bega Valley Shire Council for their support in helping to finance this workshop to benefit all seniors in the area. Participants do not need to be members of U3A.

To register contact Kerry Davies by email: president.bermagui.u3a@gmail. com or by phone 6493 4323.

Ivan Hollins





UPilot Flight Simulator invites you to come and experience the thrill of flying a Boeing 777 aircraft \$70 for 1 TO 2 Hours

\$100 for 3 Hours

For bookings contact Jan 0404 418 291 or Robert 6493 8321

Gift vouchers available

A huge month has passed us here in our usually 'sleepy' village, with the Annual Cobargo Show and Cobargo's 21st Annual Folk Festival both bringing many visitors to the village, not to mention the numerous tour buses that have started to visit the region from the huge cruise ships visiting Eden. These events and happenings put us on the cultural and social calendars of many, both locally, nationally and even internationally. One of the sad truths though, is that those who came, particularly to the festival weekend, thinking they would be able to get all they need whilst staying in the village, were in for a rude shock. After 20 years of service to the community, Horst and Margaret have been forced to close their doors. They have been trying to sell their IGA Supermarket for a few years now, but since the opening of Woolies in Bermagui, the business has suffered immensely and lost its viability as a business worth buying. It seems that those who spoke out against Woolies coming to Bermi now shop in Bermi!

It is with respect and gratitude that I say on behalf of Cobargo, thanks to Horst and Margaret for their many years of service to us. Time to enjoy some wellearned retirement rest time. We hope that there is much joy and goo dness for you in your retirement.

Also recently closed is the wonderful Three Wise Mums, which, with the signing of a long term lease on that shop by another business, has had to close. Three Wise Mums didn't just bring a great product to us and a great deal of business to the community, it brought us Angela Clifford, a hard-working, community minded woman who has given of herself both freely and generously since arriving in our little village. Sadly, unless Angela can find an alternative venue for her business, she will be moving away. We send her off with thanks and gratitude too. For those of us who use her beautiful product, it is still available online from threewisemums. com .

The folk festival was once again a



Margaret and Horst from the Cobargo Supermarket would like to thank all their customers, who have supported them over the last 20 years

HUGE success, bringing joy to many. It is the result of a year of 'behind the scenes' input from a small and dedicated group of volunteers. A HUGE thank you goes to them, along with our gratitude to them for keeping this wonderful event alive. As with last year's festival, business houses were asked to decorate their shops in celebration, bringing a wonderful atmosphere to the village. I was particularly delighted with the installation of a foot operated keyboard in the post office, bringing fun and laughter into the queue, as many engaged with delight, remembering those little tunes that we all knew in our youth. Well done to Cobargo's business houses, who are visited regularly by those holding hands out for donations, for getting on board and helping the village celebrate so wholeheartedly.

Our Working Dog Bakery and Café ended 2015 on a high, being awarded a silver medal for excellence in the 26th Annual Great Aussie Pie Competition in Sydney in November. A HUGE achievement whilst in their relative infancy. It brings back memories from when Barry Benny used to win the 'Best Sausages' in the Sydney Royal Easter Show. Congratulations to this wonderful local business and its hard working staff, who bring us the very best pies as well as a large array of excellent breads and delicious cakes.

On April 2, from 4-6pm, Suntara Sound Healing will be coming to The Old Cobargo Butter Factory. Featuring the duo Suntara (Daniel Coates and Luke Brooks), the experience of the music has been described as "a warm breeze that comes to blow away your cares and leave you feeling rejuvenated, uplifted and refreshed".

Ticket to attend are \$30 and can be purchased online: www.trybooking.com/ KMKP

Bring a mat to lay on and a blanket to keep warm.

The two hour enchanting Sound Journey, Suntara Sound Healing, is designed to bring stillness to the mind and to bring the body into relaxation, allowing balance to be restored to the body, mind and spirit.

Elizabeth Andalis

Community Car

Due to the generosity of a couple of locals, Cobargo now has a community car. It is a four door Mitsubishi Lancer and is 'garaged' centrally, at Well Thumbed Books. This car is for the use by those in our community, if you find yourself carless for any reason.

The cost is \$10 per day. This money will go towards servicing and registration for the next year. Unfortunately no drivers under 30 years old allowed - insurance.

To use or book the car, either call into Well Thumbed Books or phone Louise on 0416 039 895. You will need to leave your name, a telephone number and your licence number.

> Another great Cobargo enterprise. Louise Brown



Treasure or Trinket?

Antique Appraisal

It's time to see if your old heirlooms are worth real money!

The Cobargo Tourist and Business Association Inc, is inviting locals to bring along their 'antiques, collectables, or oldstuff' to be professionally appraised by Alan Landis, one of Australia's foremost antique experts.

Alan will back in town at the Cobargo School of Arts, Bermagui Road, Cobargo, on Saturday 21 May between 9.30am to 4.30pm, and again on Sunday 22 May between 9.30am to 12.00pm.

Alan Landis Antiques was established in Sydney back in 1977, and his considerable expertise among other things includes English Ceramics (1750-1950) and Australian Decorative Arts.

According to Andrew Haydon, President of the Cobargo Tourist and Business Association Inc, Alan has been a regular visitor to Cobargo for many years.

"His experience, expertise, charm and communication skills are sure to make this event great fun for both those wanting an appraisal or simply watching Alan in action," Andrew said.

As bookings are essential any person with an 'item of interest' will need to register before the day, pay a small fee (\$5 for the first item / \$10 for three items), and will be given an approximate time when Alan can meet with them.

Stalls of collectables, food and beverages will be on sale.

For bookings with Alan Landis, day, time and payment, call Beth on 0428 696 623. Stall holders should call Lorraine on 6493 7175.

Lorraine James



WOOLLY BEADS Now available in Woolly Beads Heirloom wool, 100% made in Australiamachine and hand washable. Merino, Alpaca & more. 4ply-8ply-10ply-12ply woolall in many new colours. **Clearance Sale** All Magna, Panda, 4 & 8 ply baby soft-wool prices reduced. Shop 3/50 Princes Highway Cobargo NSW. Ph 042914621 **Closed Mondays unless** arrangements made.

Revitalised vista for our creek banks

Hopefully you have ventured along the Narira creek from Cobargo behind the CWA building. What a beautiful walk it is, with umbraceous trees to picnic under, and thriving understorey plants by the creek bank. You have to admit to the wonderful work the Cobargo Community Action Network (CCAN) has done over these past years. Especially with the energetic input of Janet and Michael around their patch. The plants also enhance the topiary sculptures, the result of a community project that saw them constructed some ten years ago.

The CCAN has been fortunate to have the help of the young people from 'green jobs corps'. They are returning to help with the tricky next section of the bank toward the showground. Yes, the Narira walkway is envisaged to continue right to the showground! National Green Jobs Corps (NGJC) is an environmental work experience and training program specifically for eligible young Australians aged 17 to 24. NGJC participants undertake both accredited training towards a Certificate II level qualification and practical work experience in projects focused on the conservation, protection and rejuvenation of Australia's natural environment.

Unfortunately, we won't have the energy of green corps for long, and we still need hands to help progress and maintain the bridge areas. We have working bees each week or two for about 2 hours. If you can contribute some time to this very worthwhile project and can imagine a beautiful outcome for all to enjoy for your efforts, call Tanya 0488 091 085 or Vicky 0422 377 278. It's fun and rewarding.



Green corps liberating the plantings behind the butcher shop

Cobargo District Museum

The museum was honoured to be donated the funds that Dave Rugendyke raised from his usual Christmas lights display. A huge thanks to Dave. We all know Dave does a wonderful job of Santa around town, and his display at it his home overlooking Cobargo is not to be missed each Christmas.

The museum is always extremely grateful for any donations given to us whether it's monetary or articles of significance to be used in the museum. At our last meeting, we were given a very informative talk from Andrew Gray who works for South East Arts. See www. southeastarts.org.au This is an online visual medium, supporting arts and culture in the South East. Andrews has a long history of working in various museums. He has given us lots of ideas and this is helping us to move forward.

We are also looking for people to either join us as members or if you are looking to help short term, doing research projects we would love to hear from you.

Either email me on scwc5135@ bigpond.com or telephone 0422 377 278 Vicky Hoyer

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THE TRUE COST

Documentary by Andrew Morgan Sunday, 13 March at The Old Cobargo Butter Factory at 4.30 pm

This is a story about the clothes we wear, the people who make them, and the impact the industry is having on our world.

THE TRUE COST is a ground breaking investigation of fast fashion and reveals that while the price of clothing has been decreasing for decades the human and environmental costs have grown dramatically.

Filmed in countries all over the world, from the brightest runways to the darkest slums, and featuring interviews with the world's leading influencers including Stella McCartney, Livia Firth, Vandana Shiva and Richard Wolff, *THE TRUE COST* is an unprecedented project that invites us on an eye opening journey around the world and into the lives of the many people and places behind our clothes.

Watch the Trailer at https://www. youtube.com/watch?v=OaGp5_Sfbss Coffee and tea provided - Bring your own mug. To cover the costs a \$5 donation is much appreciated. In the spirit of the doco, bring one or two items for a CLOTHES SWAP. Please come in big numbers to keep more documentary screenings possible! See you there. Lena

Visit the website for more information www.cobargodocos.wordpress.com





Tickets on sale now www.fourwinds.com.au (02) 6493 3414

Cobargo CWA

The members of Cobargo CWA were heavily involved in the wonderful Cobargo Show. They entered in most areas of the pavilion, including photography, cookery, jams, sauces and preserves, cheesemaking and vegetables etc. and scored some notable results. Sally Halupka took first prize in the sponge section among her other winning entries with her first attempt. She used a tried and tested CWA recipe! Barbara McGinnity scored six firsts and five seconds and one highly commended in cheese making. Norma Allen excelled, as always, with her pudding and cakes. Lynne Jones, our Treasurer, did extremely well in her area of expertise with her vegetables, taking out, amongst others, the award for her Collection of Vegetables. Others entered and didn't win prizes but helped contribute to the splendid pavilion. Quite a few of our members helped in other areas as stewards, selling tickets at the gate and helping in the canteen. In our village it is important to be part of the community, as our members so obviously are!

CWA also caters for the After Party for performers and volunteers at the Cobargo Folk Festival, serving a delicious meal as a thank you from the Folk Society to their many volunteers. The lasagne was much praised! We thank the Cobargo Folk Festival Committee for this opportunity to raise funds.

Next on the list is the Group Council meeting at the cottage with lunch served to all who attend, earning much needed dollars towards our new roof. After this is the Four Winds Festival where we will be helping with the catering. will be looking at aspects of Mongolia, as well as discussing what makes Cobargo special to us as individuals. We will also be finalising the plans for our entries in the Group Land Cookery Competition held at the Bermagui Country Club on 15 March. If you would like to see some of the best cooking and handiwork in the district, come along after about 12 noon. The branches entering range from Eden to Batemas Bay and the quality is always outstanding. Last year, the Far South Coast Group gained the highest points in the state in the CWA Land Cookery!

If anyone is going to the Royal Easter Show, don't forget to go to the CWA stand for tea and scones and some of the best preserves in the state.

Starting from the simple idea of wanting to assist mothers and children living in the country, in over 90 years, the CWA of NSW has made its presence felt in many aspects of our daily lives with lobbying governments, both State and Federal in areas such as Health, Agriculture and Environment, Education Transport etc. CWA has been responsible for many changes in our lives and legislation. We continue with this work, so if you are interested in furthering the cause of rural women, or just learning about Mongolia (this year!) or discussing events closer to home, or simply wanting to have a chat over a cup of tea with a friendly group of women, please join us on 8 March (Tuesday) at 10.30 am where you will be assured of a warm welcome at our friendly cottage on the Bermagui Road.

Mary Williams, Cobargo CWA

At our next meeting on 8 March we



Quiz and The Hoops

Saturday, 19 March from 7pm at the Cobargo School of Arts Hall

Cobargo Creators are turning four! Cobargo Creators have booked Cobargo School of Arts Hall for the evening of 19 March 2016 where we will host an evening of quizzing, dancing and merriment.

The Hoops will be our house band and the theme is 1950s/60s in keeping with their fantastic play list of retro tunes

To celebrate, you are invited to join us at our annual birthday celebration and fundraiser for 2016. Dress up – 50s/60s/ Rock and Roll/Retro as there will be prizes for costumes, table decorations, quiz winners and random ideas we have in between!

In between dance sets we'll have a series of quizzes with music and other trivia questions and we will be running a raffle drawn on the night with the winner getting the opportunity to perform one song on stage with the band! Teams can book a table for eight and there will be prizes for quiz winners too.

Tickets will be \$20 per person which covers the cost of the band, hall hire and contribution to our fundraiser. Basic refreshments (non-alcoholic) and nibbles will be provided and we encourage all attendees to bring finger food in keeping with the theme as well as their own alcohol.

All tickets to be purchased from The Cobargo Creators Centre prior to the event.

Helpers are needed for the evening, so if you love organising and hosting a great party and want to show your support for our organisation let us know by emailing cobargocreators@gmail.com

And as always, don't hesitate to share this with your networks – this will be a night to talk about for a whole year! *Veronica Abbott*

Local Girl wins Scholarship

Local girl, Emma Lee, daughter of Jenny and Jeff Lee, grew up on a sheep and beef property on the outskirts of Cobargo.

She developed her interest in agriculture and science early in her childhood and by the age of seven decided she would study veterinary science and become a veterinarian.

Currently in her final year of veterinary science at Charles Sturt University, Emma is part way through her honours research project, examining the relationship between energy balance, milk yield and fertility in average and high producing dairy cows in a robotic milking system. When she graduates, Emma has decided to work towards a career in mixed practise and to undertake further studies in dairy production medicine.

Emma's current studies for her



Emma Lee and friend

honours thesis are being undertaken at the D'Arcy Family Dairy at Tarraganda. Emma's \$15 000 scholarship was donated by the John Fairly County Valley Dairy at Picton.

She intends to use the money from her scholarship to pay for the chemical analysis of her thesis samples, taken from the milking cows at the D'Arcy Farm.

Emma was officially presented with her scholarship at the Awards Dinner for the Sydney Royal Cheese and Dairy Produce Show, in Sydney, on 8 February.

Congratulations Emma. Elizabeth Andalis

Lymphoedema Information Session in Cobargo

Do you suffer from uncontrolled swelling in your arms or legs? This might be fluid retention, or lymphoedema. It can be caused by chronic wounds, surgical and radiation cancer treatment or obesity.

Lymphoedema may cause you discomfort, pain and/or loss of function in limbs, diminished quality of life, and psychological problems. It increases your risk of developing a serious skin infection, called cellulitis, and wounds that won't heal.

There will be a lymphoedema information session at the CWA Cottage in Cobargo on Tuesday 22 March, during Lymphoedema Awareness Month (March), and to raise funds (gold coin donation for a cuppa and cake) for research.

Everyone's invited. Come and enjoy a special morning tea and an information presentation, a Q&A session and information on access to local healthcare services. No booking is required, doors will be open at 9.30am and there will be access to trade displays and relevant information.

CWA Cottage, Bermagui Rd, Cobargo 9.30am – 12.30pm

Contact Catherine on 0424 207 143 if you would like to volunteer in assisting to promote Lymphoedema Awareness on the day.

Catherine Olsen



Bermagui Country Club

www.bermaguicountryclub.com.au



Club - Ph: 64934340

Monday: Bingo, 10.30am

Wednesday: Members Badge Draw, 5.45pm, 6.45pm, 7.45pm

Friday: Members Badge Draw 7.30pm

March Entertainment:

4th: Jesso & Steve, 11th: Joe Driscoll, 12th: Don Ryan, 18th: Glenn Mood, 20th : Monster Raffle over \$1000 worth of Meat, Seafood & Fruit & Veg Trays, Tickets on sale from 1pm, Entertainment from 1pm, First draw 3pm, 25th Rick Bloomfield, 26th: Roddy Reason.

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General News

Helen Caldicott on SA's nuclear future

Dr Helen Caldicott. anti-nuclear activist, humanist, physician, returned to Bermagui on 10 February during a week when South Australian Premier Jav Weatherill's Nuclear Fuel Cycle Royal Commission was preparing to deliver its "Tentative Findings". Dr Caldicott was speaking at the Bermagui Institute dinner; her topic was "Nuclear South Australia".

The speaker shared anecdotes from her forty years of campaigning, detailed the hazards to human health and the environment presented by

the nuclear industry, and advanced three main points: one, that the recent search for a site to store radioactive waste from Australia's only nuclear reactor is premised on a lie; two, that Premier Jay Weatherill's pursuit of a nuclear industry for SA is unnecessary and dangerous; and three, that public education and the democratic process are the only means by which nuclear expansion can be curtailed.

Lucas Heights was built in the 1950s, when the Menzies government anticipated a nuclear-armed future for Australia. A small reactor was installed, initially for the production of medical and industrial radioisotopes. For some time now, Dr Caldicott told us, radioisotopes have been produced in cyclotrons, a cheaper method resulting in no radioactive waste. But Lucas Heights persists in using its reactor and adding to the stockpile of highly radioactive waste needing safe storage-

One Stop

& much more

stock feed, fertiliser



Radioactive tailings, Olympic Dam, SA. Premier Jay Weatherill wants to process and enrich Olympic Dam uranium in South Australia

for thousands of years.

Since Lucas Heights started producing waste, various storage methods have been tried. All have failed. In the end all waste was sent to France for reprocessing, on the understanding that Australia would take back the resultant "intermediatelevel" waste. And now France has started shipping that waste back; 25 tonnes is now ensconced back at Lucas Heights until a permanent national dumping site can be found. Six sites have been proposed (one has already been ruled out).

In South Australia, Jay Weatherill is promising huge economic benefits for storing not just Australia's waste, but the world's.

Weatherill sees possibilities for nuclear power generation in SA too. BHP Billiton's Olympic Dam uranium could be processed and used locally rather than exported. Weatherill is also proposing to isolate plutonium from the world's

radioactive waste, and to use the enriched plutonium to power SA's "emissions-free" future.

But there are holes in Weatherill's plan.

Firstly, much of SA sits over the Great Artesian Basin, the only reliable source of fresh water through much of inland Australia. And no leak-proof storage method for nuclear waste has been found.

And Jay Weatherill has hitched his nuclear plans to the premise that nuclear power is free of carbon emissions. It's true that nuclear power

generation is emissions-free, but the mining of uranium ore, the crushing of ore in mills and its enrichment are all very emissions-intensive processes. The building of a reactor requires vast quantities of concrete, which is a major global source of carbon emissions. And spent fuel rods must be water-cooled for years; the pumps circulating the water are fossil-fuel-powered.

Rupert Murdoch's News Corporation, the owner of South Australia's only two newspapers, is firmly behind the industry. Meanwhile, SA's automotive industry is in its death throes and mining is suffering. The Premier needs a new direction for his state.

Education is the key, said Dr Caldicott, citing example after example of public and professional protests resulting from education campaigns across the globe. "It's only when you inform the public as a whole





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General News

that [politicians] respond to the medical and ethical issues," said Dr Caldicott.

Five days after Dr Caldicott's talk in Bermagui, the SA Royal Commission released its tentative findings. As expected, it found that SA could benefit from the development of an "interim storage facility" for intermediate level waste, and, later, "geological storage" for highlevel waste. But the Commission found that nuclear power generation would not be commercially viable for SA in the near future. "Our relative isolation from interstate limits our ability to import and export electricity," the Commissioner, Mr Kevin Scarce, said.

Mr Scarce is unhappy about some portrayals of the waste storage plan. "It's a sophisticated engineering facility, with world-class infrastructure," he said. He wished media "would not use the word dump".

Jen Severn Go to www.thetriangle.org.au and click on "Off the Page" for Jen's full report.



Dr Helen Caldicott: "Education is the key to curtailing the nuclear industry"

Celebrating Australia Day in France



Advance Australia Fare

Our tiny corner of France turned on a glorious winter's day for us to celebrate Australia Day a long way from home.

We had the obligatory lamb and sausages with salad and pavlova to finish. Or almost finish - naturally we had to have some delicious cheese as well. Although we couldn't get any Aussie beer, we did manage to buy the only two bottles of Australian wine in the supermarket.

Our neighbours, April and Alan Power ,came to help us celebrate. They are from Sydney and are also living the French dream for twelve months.

Virginia and Barry White



Barry at the barbie



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March events

Sunday Live Music: March 6th & 20th from 1 p.m. Social Bridge: Wednesday 2nd from 2 p.m. Winery Regatta: Good Friday 25th on Corunna Lake from 10 am.

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Must have Pav

Come and Visit The OK Shed All Saints Anglican Church, Wallaga St, Bermagui Pre-loved treasures/clothes/bargains to be found Opening hours: Thursdays 11am-4.00pm School holidays – extended opening hours (Tea and coffee available) Contacts: Nancy 6493 3136 Kath: 6493 5887



Weaving the Spirits at the Lazy Lizard

In the Side Room this month, we have a combined exhibition of wearable art and watercolour illustrations by Niki Hutteman and Naomi Lewis. We are calling it *Weaving the Spirits – Folklore and Forest Fantasies*. Now I know that sounds a bit overly 'cosmic', but it pretty well describes what the exhibition is about.

Niki is no stranger to the Lizards, and was actually a member of the gallery in the early days. She then moved away from this area for a few years... but now, happily for us, she is back and living in Cobargo.

Niki is an accomplished seamstress, who uses her talents to create beautiful garments in her own unique style. Inspired by the subtle colours and textures of the eucalypt forests, she makes free-hand machine embroidery to create exquisite lace-style wearable art.

Naomi, with her usual tendency towards the weird and mythical, has produced a number of illustrations depicting some wild women from folklore - old goddesses and other strange spirits.... so there's plenty to see, come along and enjoy.

The exhibition runs from 2 to 30 March and we are having a small opening celebration at 6pm on Friday, 11 March, with convivial company, wine and a few nibbles...and you are cordially invited to join us.

There is also plenty to see in the main gallery, just to mention a couple of things – Patto has brought in some notebooks with lovely fibre art covers that are definitely worth admiring, and for all those who enjoy creating in the kitchen, have you checked out Steve Stafford's beautiful kitchen knives? With their satin smooth handles crafted from native timbers and unique blades, these are pieces of art to be used and loved every day, come and have a look!



Asherah watercolour illustration by Naomi Lewis

Naomi Lewis

The Slides return to the Murrah

Saturday 5 March 6pm

The Strides are a new force for Reggae music. Fronted by roots man Ras Roni from Barbados via London, Fijian MC LTL GZeus and Sierra Leonian ragga powerhouse Eddie 'Blacker' Conteh, The Strides deliver a musical experience that is as powerfully explosive as it is authentic. With three acclaimed albums already under their belt, a European label signing, festival appearances across the country and having graced the stage with the likes of Julian Marley, Tony Allen and Groundation, The Strides' music faithfully builds on the foundations of classic roots reggae with a hip-hop edge, forging a sound that brings together modern dance hall, dub beats and reggae-pop. The

Strides have forged a truly global sound melding a diversity of cultures and instrumentation under the one universal consciousness. This will be a dance floor like no other, so if you're ready to shake it after a beautifully busy summer, we'll see



The Stides play at the Murrah Hall on Saturday 5 March

you on 5 March, Murrah Hall, gates from 7 pm. There will be a selection of yummy food from the Murrah Hall Committee for sale including their famous \$5 curries. The event is B.Y.O. Tickets will be \$20 at the gate, kids under 12 free.

Howard Stanley

Bermagui's largest and





art@bermi group preparing for annual Open Studio day



The art@bermi group are preparing for their annual Easter Monday Open Studios when nine artists will open their home studios on Monday 28 March from 10am to 4pm.

This popular event will include the showing of artworks such as paintings, pottery, sculpture in metal, timber and ceramics.

Most of the studios are in Wallaga Lake Heights, Beauty Point and Fairhaven, with Phyllida Cameron located at Barraga Bay. Each studio will have flags outside their houses and maps are available at the Bermagui Information Centre or each studio.





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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental

Let Me Paint A Picture For You

Let me paint a picture for you Use your imagination, come on through Look around and you will see How beautiful the world is at Bermagui

Take the time to listen to the air Leave the city behind, it won't care Come to the edge, we'll keep you safe The magic in the music, the only risk you will take

Let me paint a picture for you Bring your dreams, they may come true The whales are calling off Barragga Bay Four Winds will be your escape for today

The Sound Shell awaits on a green carpet below The crowd is arriving and starting to grow The Eskies, the chairs, the hats in a row Four Winds is almost ready to blow

Let me paint a picture for you A frog is croaking, a bird is flitting A tune is lilting, a lady is knitting - a music-in-nature experience for you

Let me paint a picture for you A violin, a piano, even a bassoon Serenity binds you in your cocoon From Ravel to Gershwin's Rhapsody in Blue

Look around and look within Joy and hope are often spread thin But if you take a ride down to Bermagui The music of Four Winds will let you see.

Geoff Steel

AKT International is focused on intergenerational equity, sustainability and ethical trading.

contribution – story, essay, poem, painting, drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month's creative contribution is from Geoff Steel of Bermagui.

Illustration: Naomi Lewis

Selection challenge for sculpture judges



Local Richard Moffatt's *The Giving Tree*, an entry in this year's *Sculpture on the Edge* at Bermagui in March. Richard has exhibited at the event many times and his controversial *The Knot* in 2006 provided the raison d'être for the *Sculpture on the Edge* exhibition

A large number of entries has been received for this year's *Sculpture on the Edge* (SOTE) exhibition. This has presented a difficult task for the selection committee. Applications have come from Sydney, Melbourne, Canberra and regional Victoria and New South Wales.

We are most fortunate to be able to host the work of international artists like Michael Snape and Philip Spelman.

Sculpture on the Edge annual symposium, thanks to the generosity of the Mumbulla Foundation, will provide 35 free places at what should prove to be an inspiring 'yarn in' with indigenous artists at the Bermagui Library on 6 March. And on 13 March expect a fiery spectacle at the Community Picnic on our matchless headland.

Continuing thanks to Professor Philip Cox AO, patron, benefactor and hands on supporter of SOTE from the beginning. And to Janet Hawley for her invaluable support over the last ten years.

I hope we'll be able to charm, stimulate and perhaps even confront *Triangle* readers with what promises to be an exciting tenth anniversary SOTE! *Jan Ireland*

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Four Winds 2016 Easter Festival, Bermagui

With 80 artists, 21 events and 33 performances the Four Winds 2016 Easter Festival will bring six days of exquisite music to this beautiful part of the world. There is something for everyone and the festival experience is set to be a memorable one for music enthusiasts of all ages.

Performances at the Four Winds Festival are held in an exceptional outdoor amphitheatre space called the Sound Shell. Easter Saturday and Sunday in particular will constitute a divine weekend **Radical Son**

of incredible artists, exceptional music and fine local food. The Four Winds Artistic Director, Paul Dean, has secured a stellar international line-up including the Europe-based Navarra String Quartet; dynamic young British violinist Jack Liebeck; award-winning cellist Li-Wei Qin; Australian composer James Ledger; London-based Australian pianist Zubin Kanga; young, prize-winning pianist Alex Raineri; the Arcadia Wind Quintet, Four Winds 2015 artists-in-residence; the exciting string ensemble Penny Quartet; the dramatic Australian taiko troupe, Taikoz; the Sculthorpe Wind Quintet; singersongwriter Radical Son; local Indigenous musician Warren Foster; the Gulaga Dancers; innovative and cross-cultural music exponents Ensemble Offspring; fLiNG Physical Theatre; and acclaimed young operatic tenor, Andrew Goodwin.

For the first time, the free opening night concert will also be presented in the stunning setting of the Sound Shell and this performance will feature a collaboration between FLiNg Physical Theatre and Ensemble Offspring.

For those who appreciate a more intimate experience, three performances in the lead-up to the Festival will be presented

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in stunning local homes. These are complemented by three additional chamber music concerts that will inaugurate the new Windsong Chamber Music Series. These performances will be a great opportunity to experience the stunning acoustics of the Windsong Pavilion at the Four Winds site.

There is an active program in Bermagui itself, in particular the new After Dark shows that will be held in the Bermagui Community Centre, centered around two evening performances by Radical Son. The Community Centre will also host the Double Bar, which will be a great gathering place for all Festival-goers late into the evening.

A healthy collection of local food vendors will be on hand at the Four Winds site throughout the Festival to ensure everyone can sample some of the best local produce including a 'Brunch

Susan Chancellor and Julie Krone present a different take on the art of printmaking. Susan has used mono print for her figurative and landscape works. Julie shows the influence of Maori patterns from her upbringing in New Zealand to play with text as pattern, language as mimicry, and words as art printed on various forms from canvas to columns. See their exhibition from Thursday 18 February.

From 17 March to 17 April, light, bright and colourful is the theme for the mixed exhibition at Ivy Hill for Easter. Local artists Wanda Akkerman, Tim Moorhead, Dianne Williams and Jenni Young Bourke are showing paintings and ceramics.

You are invited to drinks with the artists on Saturday 19 March from 6pm.

 Image: Additional and the coast road at wapengo 02 6494 0152

Buggy' muesli breakfast stand, Wapengo Oysters, Honorbread baguettes, Japanese dumplings and delicacies, Cobargo Home-Made Ice Cream, Ragino Coffee, local wines from Rusty Fig and more.

For all details of the full program, ticket packages, child-minding, the youth workshop program and the free bus service that will service the Festival site and will run from Narooma to Merimbula, go to www. fourwinds.com.au

Call 02 6493 3414 or drop in and visit the office at the Bermagui Community Centre. Marg Hansen



Li-Wei Qin

Ivy Hill Exhibitions Till April

More information at www.ivyhill.com.au Carolyn Killen



Julie Krone adjusts her work



www.kinetixlifestyle.com



Ceramic puppy by Jenni Young Bourke



Soft Footprint Recipes

Linda Sang

Summer lovin'

Harvest days are here and I am busy chasing my garden's bounty and the generous overflow of friends' abundance. I'm loving the satisfaction of bottling and preserving - seeing the wonderful array of reused jars cadged throughout the year filled with summer goodness. My corn, leeks and tomatoes are jumping out of the garden demanding to be used. The following recipe for a polenta slice is really versatile. It can be eaten hot or cold as a main meal, or as I did the other day, a bite-sized canapé with a spicy tomato kasundi salsa on top. It's also vegan, and gluten and diary-free if you don't want to add cheese in and on top.

Polenta Slice

serves as a meal for 4 or heaps of small bites for many

- 1 medium carrot finely diced
- 1 medium leek finely diced, mostly the white part but some green is good

Kernels from a cob of corn

2 crushed garlic cloves

Some chopped herbs, whatever you haveparsley, coriander or some chives

Olive oil for greasing pan and sautéing your vegetables

1 cup of polenta (which is finely ground maize corn)

3 cups of vegetable stock – use good vegetable stock cubes or Vegata powder Salt and freshly ground pepper to taste Optional parmesan cheese

Optional sprinkle of paprika for the top

In a pan heat a tablespoon or so of oil and sauté the vegetables till tender (not



brown) adding the garlic near the end. Put aside.

In a medium saucepan bring 3 cups of vegetable stock to the boil. While the water is still simmering whisk the polenta into the stock. On a low heat continue to stir the polenta with a wooden spoon till it becomes thick and creamy – about 5 - 8 minutes.

While it is still hot and creamy stir in the vegetable mixture. Add some parmesan now if you want. Season with salt and pepper to taste.

In a small baking dish which has been lightly oiled, pour and spread the mixture evenly in the dish. This will set pretty quickly and hold its' shape. Now one could eat it just like that cut into pieces cold, or you could bake it in an 180c oven till it gets lightly browned. Sprinkling cheese on top is good here but not necessary.

Serve with your choice of chutneys and sauces, with salad or vegetables on the side. Cold or hot.

Tomato Chutney

5 kgs ripe tomatoes peeled and seeded (drained the night before)

- 7 diced onions
- 4 bay leaves
- 2 star anise
- 4 cups sugar (maybe 1/2 -cup less)
- 4 cups white wine vinegar
- 1 large piece ginger finely chopped
- 4 garlic cloves finely diced
- 1 tbsp black mustard seeds
- 5 red bird's eye chillies finely chopped

Put all ingredients in a large heavy saucepan and bring to the boil and simmer until the chutney is thick, stirring occasionally to prevent it sticking and burning on the bottom of the pan.

Pour into clean jars whilst the mixture is still simmering then quickly screw on the lid.

You know the chutney is properly sealed when you hear the lids 'popping'. These jars don't need to be refrigerated.

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Well here we are in another season and autumn brings with it the start of the cooler days and nights and the perfect time for gardening.

There will be plenty of things to do with new planting whether tree, shrubs, perennial or vegetable and flower seedlings.

I am often asked what is the best season to plant trees and shrubs into the garden and being a nurseryman I will say anytime is good as long as you maintain the plants with mulch and water if planting in the warmer months.

Generally though, autumn is the most desirable season as the day temperatures are lower therefore lower transpiration rates and the soil is still warm enough to allow the roots to establish before winter sets in. The plant will then rest through winter and when the first warm days of spring arrive the plant has already settled in and new growth will commence immediately.

Being a perfect time to plant, consideration should be given to adding some interesting new plants to your garden.

In the shrub department you cannot go past the *Camellia sasanqua* range. These beautiful autumn flowering plants come in several forms from tall shrubs to groundcovers. Their colours are usually soft pink and whites with some lovely crimson and red forms thrown in for good measure.

They have both single and double forms and the groundcovers 'Marge Miller' and 'Snow' can be planted either

The tones of autumn

as a groundcover or do very well in a pot. Use a premium potting mix if potting and fertilise regularly with a liquid or slow release camellia and azalea fertiliser.

The taller varieties make an ideal screen planting or hedge and will tolerate a full sun position. They are generally pest and disease free apart from an



Camellia sasanqua

occasional infestation of aphid that are easily controlled with a systemic synthetic insecticide.

Other great additions to the garden for autumn flowering are the beautiful Japanese Windflower (*Anemone hupehensis*). This lovely perennial prefers a site that receives some protection from hot summer sun as any dry stress during summer will reduce the development of flowers.

They come in colours of white, pink and dark pink and in single and double forms.

Autumn also brings with it the commencement of plantings for the winter

vegetable garden and also the autumn through to spring flower garden.

The vegetables to plant now will be all the cabbages and cauliflowers, peas, carrots, parsnips and turnips along with leafy greens like winter lettuce, spinach and so on. The list is endless.

> In the flower garden varieties including pansy, viola, primula, stocks, poppies and wallflowers to name a few can also be planted.

Prepare the soils for both vegetable and flower seedlings with some animal manure well forked through and water in with a combination fish and seaweed fertiliser. This will get them started well as natural plant hormones in the fertiliser will reduce transplant shock.

Remember as I always mention in most articles, to mulch all your planting with a good mulch like sugar cane or lucerne mulch. This will keep the plants moist and the weed competition down.

A few other jobs in the garden like dead heading perennials and roses will encourage them to have one last flower before winter.

Do an autumn feed of lawns with a complete lawn food to give them a boost and to tied them over for winter.

Also as the days cool, keep an eye out for a late infestation of aphid.

The things to do in the autumn months is endless so get out there and make a difference.

Happy gardening.



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Public Notice

The Cobargo CWA Australia Day raffle was won by ticket number 0006190 - Andrew Lawson Second and third prizes were won by Lee Fawcett and Joan O'Halloran respectively. The Christmas raffle was won by Margret Boller of Tathra.

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us contributions@thetriangle.org.au

Book Review

The Secret Chord Geraldine Brooks

Hachette Australia \$34.99



Australian award-winning author, Geraldine Brooks, brings to each of her books a completely different voice, and her latest novel, *The Secret Chord*, doesn't

Heather O'Connor

disappoint those of us who hang out for each of her offerings. Her first novel, Years of Wonder, was set in 17th century Britain, March moved to America in the 19th century, People of the Book spanned the centuries, based in Sarajevo, then back to 17th century America with Caleb's Crossing. Each is a gem; if you haven't discovered this fabulous author make 2016 the year you treat yourself to each of her books - my favourite is The People of the Book. With The Secret Chord, she brings her vivid imagination to the life of King David from his time as a young shepherd, through his rise to power and his fall from grace. He is a morally complex character and hero, and through him, Brooks again draws us into an historical period of which we may not have much knowledge. I found the first sections a bit hard going - especially details of military battles, which leave me a bit cold I must confess. I skipped over some of this, and by the end of the book, she had me yet again feeling that I had really learnt about a culture that hitherto was a bit of a mystery.

For one night only: *Skin Deep* showing at Narooma Kinema



Monica Zanetti and Zara Zoe in Skin Deep

Skin Deep is a true-blue original independent film, steeped in Sydney's inner-west, and shows the interplay between two women who show that chance encounters can sometimes seem pre-ordained.

It's an Australian film about gender identity, mortality and friendship, and the journey of two characters who ultimately choose life.

This is a festival favourite that lives up to its award-winning reputation.

The directorial feature debut of award-winning VCA graduate Jonnie Leahy brings together Leah (Zara Zoe), a straightlaced, touchingly proper young woman living in the northern beaches, and Caitlin Davis (Monica Zanetti), a troubled lesbian student with a sharp wit and view on life.

The film was named Best Indie Film by popular culture site AfterEllen; received an honourable mention in the Narrative Competition at the Austin Film Festival 2014; and was nominated for Best Original Feature Film at the Australian Writers' Guild 2015 AWGIE awards.

ScreenLaunch CEO, Ross Howden, said: "It's great to see an independent Australian film with strong female characters recognised internationally at the writing level".

It will be showing at the Narooma Kinema for one night only, Thursday 3 March, 6.30 for 7pm start, with a Q&A afterwards with the director Jonnie Leahy.

Louise Brown



AL-ANON Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool) Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Meeting at Tathra Beach Bowling Club 11am, Sunday 29th September, Christmas lunch meeting 11am 22nd November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy Communion (HC), 1st Wednesday at 10 am, morning service. COBARGO, Christ Church: 1st Sunday, 5pm Evening Prayer/Contemporary Service. 2nd, 4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays, 10am, HC. 3rd Sunday, 5pm Evening Prayer/ Contemporary Service. Contact Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Ray Clements on 6493 8472. Meet 1st Thurs. each month at Bermagui Hotel & 3rd Thurs. at Cobargo Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:30pm, games start at 3.00pm. No experience necessary, call Nerida on 6493 4364 or Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon, venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities various times and sites. 'Grow to Eat and Eat to Grow'. Contact Paul on 0466 013 153 or visit www. facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo Newsagency : researchers, old photos, information and new members welcome. Contact Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm – CWA Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year olds, reflecting Early Years Learning Framework. Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good transition for children to become familiar with the surroundings & teachers. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS Every Saturday morning from 9am til 1pm. An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS For meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm–2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB 1st Wednesday every month from 2pm. All standards catered for – partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC. Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Glennda Heino 0408 411 956. See www. quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd. Minister Rev. D. Oliphant. Ring Col: 6493 6531 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -12.30 first Wednesday of the month at the swings.All welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am.

Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. Phone 0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details of your group change, please advise us at

contributions@thetriangle.org.au

For the Fridge Door				
MARCH	EVENT	PLACE	TIME	
Wed 2	social bridge	Tilba Valley Winery	2pm	
Thurs 3	screening of 'Skin Deep' with Q & A	Narooma Kinema, P H'way Narooma	6.30 for 7pm	
Fri 4	Jesso and Steve	Bermagui Country Club	8pm	
Sat 5	'The Strides'	Murrah Hall	from 6pm	
Sun 6	reclaim the riverbank working bee	Dry River Quaama	9.30am	
	ecstatic dance	Quaama Hall	10.30am-12	
	'Meloday'	Tilba Valley Winery	1pm	
	Tony Jaggers	Bermagui Beach Hotel	4pm-7pm	
Mon 7	Quaama/Cobargo quilters open day	Cobargo School of Arts Hall	10am-3pm	
Fri 11	ecstatic dance	Quaama Hall	7.30pm	
Fri 11-Sun 13	Bermagui Seaside Fair	Bermagui	day and night	
Sat 12	'Thundergoose'	Bermagui Beach Hotel	8pm-late	
Surie	Don Ryan	Bermagui Country Club	from 8pm	
	Bermagui Seaside Fair	Dickinson Oval and Park	8am-9pm	
Sun 13	Glen Mood	Bermagui Beach Hotel	4pm-7pm	
5un 13	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	1pm-5pm	
	doco screening: 'THE TRUE COST'	The Old Cobargo Butter Factory	4.30pm	
Fri 18	CTC AGM	Community Centre Bermagui	3pm	
Sat 19	Cobargo Creators with The Hoops	Cobargo School of Arts Hall	from 7pm	
Sun 20	'The Awesome'	Tilba Valley Winery	1pm	
Sun 20	Ben Welsh	Bermagui Beach Hotel	4pm-7pm	
	Messy Church		5pm	
Tues 22-Sun27		All Saints Anglican church, Bermagui	<u> '</u>	
	Four Winds Easter Festival	Four Winds Site, Barraga Bay	day and night	
Wed 23	full moon dance	Quaama Hall	6pm	
Fri 25	Rick Bloomfield	Bermagui Country Club	8pm	
<u> </u>	SANDY	Bermagui Beach Hotel	5.30pm-8.30pm	
Sat 26	Roddy Reason	Bermagui Country Club	8pm	
	'Tasty Space'	Bermagui Beach Hotel	8pm	
Sun 27	Bermagui Record Fair	Mr Jones Espresso	7am-3pm	
	Steve 'N' Adam	Bermagui Beach Hotel	4pm-7pm	
APRIL			1	
Sat 2	Sound Healing with 'Suntara'	The Old Cobargo Butter Factory	4pm-6pm	
ART				
Wed 2-Wed 30	'Weaving the Spirits' exhibition with Niki Hutteman & Naomi Lewis	Lazy Lizard Gallery, Cobargo (opening night Fri 11 at 6pm)	Mon-Fri 10am- 4pm Sat till 1pm	
Sat5-Sun 13	Sculpture on the Edge	Bermagui Headland	day and night	
Fri 11-Sun 13	Arts & Crafts & Photographic exhibition	Bermagui Surf Club	Sat 10am-4pm Sun 10am-3pm	
Fri 11-Sun 13	Themed Art show: Beside the Sea	Shop 8 Bermagui Fishermen's Wharf	10am-4pm daily	
Fri 25-Mon 28	Montague Art & Craft Society show	Narooma Sport & Leisure Centre	day ,	
till Thurs 17	the Art of printmaking exhibition	Ivy Hill Gallery, 1795 Bermagui Rd	, Thurs-Sun	
from Thurs 17	'light, bright and colourful' exhibition	Wapengo	10am-5pm	
Mon 28	art@bermi artist's open house shows	Barraga Bay etc, see Bermi VC	10am-4pm	

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month