

Four Winds blows 'round Bermagui for Easter

On Easter Friday Bermagui was filled with music thanks to performances by fantastic artists located in a variety of local venues. The day opened with the masterful drumming of Taikoz and in spite of the 7am start about 300 people attended the early morning performance at the Surf Club. It was by all reports an uplifting experience. Taikoz and Stonewave performed at several venues during the day and as they played the audience experienced the rhythms not just as sound but also as vibrations that ran through the entire body.

Throughout the day there were performances by artists scheduled to play during the weekend at the Four Winds Sound Shell in Barragga Bay. In Bermagui the venues were small non-specific spaces, the coffee shop, the deck at the Information Centre, the Surf Club and similar places. The audience was relaxed and informal, standing around, sitting on the floor and enjoying the music.

The mid-morning venue was Strangers in Paradise where Alex Ranieri held an audience spellbound as he played the first set of the Mendelssohn *Songs Without Words*. The venue was so intimate that one young piano student was able to sit almost at his feet, her attention totally focused on the performance.

Midday saw another change of venue when Nicholas Ng set up on the balcony outside the Community Centre. This artist has a particular interest in traditional instruments and has specialized in the erhu, a traditional two string Chinese fiddle. He spoke of his interest in secular and religious Chinese music and traditional instruments generally. He held the audience captive, telling the story and playing the erhu, introducing us to the pipa, a four string Chinese lute and to the gourd pipe wind hulus. The latter he romanticized for the listeners by declaring it made him think of snake charmers.

The Wind ensemble played at



Nicholas Ng with the pipa (a four stringed Chinese lute) outside the Visitor Information Centre at the Community Centre in Bermagui

the Wharf and later in the afternoon at Dickenson Oval Taikoz performed with local Stonewave percussion led by David Hewitt. Then using the fleet of buses provided, the audience was ferried to the Barragga Bay Four Winds Sound Shell to hear *Music with Changing Parts* by Philip Glass, featuring Ensemble Offspring and

fLing Physical Theatre.

Thank you to Four Winds and all of the artists involved for creating such a unique and rewarding experience and freely donating it to the Bermagui community.

Jo Lewis

It seems that a wide-ranging debate about fluoridated reticulated water supply will reach the Triangle area this month.

It is an interesting debate with many aspects to explore and perhaps first on the list is the experience of a dental nurse who works largely with children from a lower socio-economic group in Victoria. She has told me of her experience and distress when faced with young children in extreme pain from dental caries. She also told me that in the years following the introduction of a fluoridated water supply she saw a reduction in the number and severity of dental problems in young children. She is a convincing advocate in favour of fluoridation.

This is not to suggest that fluoride cures dental hygiene failures but it does help to mitigate the problem. Extrapolating from this perhaps we should consider water fluoridation as a temporary measure that should stay in place until such time as we regulate and control the sugar content in soft drinks and processed foods as sugar intake can also be linked with dental caries.

Another aspect that should be recognised is that fluoride is a poison. I am personally aware that cattle have been poisoned by industrial fluoride pollution, the proof being in post mortem findings. But of course many substances have, from time to time, been recognised as beneficial in small doses but damaging in

large amounts. Arsenic, alcohol and sugar fit into this category.

Our industrial world has brought us to a point where we all carry a large but unknown number of toxins, indeed I have been told that the breast milk of isolated Inuit mothers contains DDT even though the use and manufacture of the substance has been largely phased out over many years.

We are living in a world of widespread complex toxins, collapsing ecosystems and junk food that damages our health.

The fluoridation of our water may seem a small thing but our water is something we consume on a regular basis.

Letters to the editors

Thanks

Dear Editor,

I wish to express my gratitude to all those volunteers who helped to make this year's Sculpture on the Edge such a success.

It was a special anniversary for the event and you all rose magnificently to the occasion, meeting and greeting, engaging with visitors, selling a record number of sculptures, taking tours, painting and moving plinths, toiling on the set ups and take downs, providing such a professional Opening and spending nights on security detail.

My sincere thanks to you all.

Best,

Jan Ireland
Event Manager
Sculpture on the Edge

Thanks again

The Cobargo and District Red Cross Branch would like to thank the people of Cobargo and Quaama for their generosity during our Red Cross Calling Campaign in March. We collected a record \$598.20 which will help Red Cross to continue its many and varied programs throughout Australia.

Thanks

Kathy
Red Cross of Cobargo

APOLOGY

The Triangle wishes to apologise to Gary Cotterill of Bermagui Real Estate, about a comment in Cobargo Conversations last month.

We printed that Clearwater Real Estate had moved out of town, whereas, in fact, it was Century 21 that has gone. Gary told us that he has just launched a new advertising campaign in Cobargo and intends to be here for a while. -eds

APOLOGY AGAIN



The Triangle apologises for the omission of the credit for this fantastic photo of musicians Richard Grace and Ado Barker, enjoying the crowd at the Cobargo Folk Festival. It appeared thanks to Ben Marden. -eds

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Thumbs Up

to those of the
Quaama Progress
Association for
their great efforts
for Quaama



to local people who donate to
local charities

to food swap contributors for
helping to stop the waste

to cat owners of Quaama who
keep their cats in at night keeping our
wildlife from being killed

Thumbs Down



to the person
who removed the
small ornament
from my husband's
grave in Bermagui
Cemetery. You really had to try hard
to get it off as it was glued on. It was
only a small ornament but meant a lot
to my husband and me

to whoever stole 19 star pickets
and yellow tops from the Marshmead
Paddock, Central Tilba where they had
been placed in readiness for Festival
Parking

to cat owners who let their cats
roam free to hunt at night around
Quaama village

James Buchli - Oh yeah, the boy can play

When you meet with James Buchli you enter into his world of musicians and guitars.

James has four electric guitars including two Fenders, a Gibson SG, and a Gibson Flying V '67 re-issue. The Fender Stratocaster is "the best Fender guitar that you can get," he tells me. I wouldn't know one guitar from another but I've since found out that Mark Knopfler, in the early stage of his career, wanted to buy an expensive Fiesta Red Fender Stratocaster. Jimi Hendrix also favoured the Fender. James' first preference however is the Gibson SG.

Mark Knopfler's and Jimi Hendrix's careers, even though their social and family backgrounds were different, had similarities to each other and to James': passion, commitment and admiration for other players. They all listened to singers like Elvis Presley and guitarist Chet Atkins, James Burton and B.B.King, the exact same musicians that inspire James today.

James' talent has not gone unnoticed. On a recent afternoon in Tilba, James and two very experienced guitarists (Phil Houghton, from San Francisco, who played for Michael Jackson! and Neil Graham from Tilba) got together to have a meal and play some guitar, funk stuff, and discuss music including 'thrash heavy metal'. Afterwards, the men agreed that James is unique, both in talent and persona. They described him as a genius, an accomplished guitar player with an instinctual understanding and a deep, no, deeper than deep, profound spiritual awareness and gentleness of being.

For James Buchli, at 19, it seems compassion and wisdom have met together, instinct and talent have kissed each other. Yes, set apart for a distinct purpose, sanctified and prepared to do great things in the music world.

James has gone from the occasional cooking for 11 to cooking for one, and from being home-schooled by his Baptist parents to starting a Bachelor of Music degree at ANU. Moving to Canberra will enable him to meet people his own age with similar musical interests. In the music world, it's all about establishing connections. James says, "I want to let the music take me places." And that momentum will be with the people he meets.

A Bachelor of Music from ANU is well recognised as a comprehensive course, designed to reflect music as it is practised and understood in contemporary



James Buchli plays his guitar while relaxing

Australian society. The experience will cover classical, jazz, contemporary folk and world music and offers four majors: performance, composition, arranging and sound design, music technology and musicology.

I ask James "How was your talent developed to the stage of being accepted into ANU?"

I want to find out more about James. His path might inspire other young people and their mentors. He tells me he started playing at ten years of age. Inspired, early on by Murry from The Wiggles, then coached by Paul Batten at Bermagui Baptist Church Youth Group, and later with private tuition from John Hoorweg who taught him diversity. James also spends time listening to music from a number of sources: iTunes, Internet, his parents' music collection and his uncle's CDs.

His half-brother, Chris and other family members have been his mainstay. Nurtured in a creative family environment, his life experiences from living in Sydney, the ruggedness of farm life at Yowrie, to the coast at Bermagui, will probably be an inspiration to his music and songwriting in the years to come, as he finds his 'voice' on guitar.

Mark Knopfler found his 'voice' on guitar, while spending time with friends. I can see James, like Mark, sipping tea on stage during solo performances but right now, completing University studies is the first thing on James' mind.

For James, an Irish blessing: "May the wind that blows you on your journey be a gentle one."

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Wallaga Lake: Merrimans Land Council, Montreal Store

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Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

Quaama Hall hosts a special wedding

The sign at the Hall said 'Eliza and Laura's Wedding' so when I saw Laura the next day I got straight to the point. "Are you actually, you know, married?"



Eliza and Laura celebrated their wedding at Quaama Hall at the end of March

She arched an eyebrow and grinned impishly. "You mean, in the eyes of the law?"

Australian federal law, as it stands at the moment, does not recognise same-sex marriages. Eliza's and Laura's celebrant had to contact the authorities to find out exactly what words she was allowed to use.

"We could say 'wedding' and 'wife' but not 'married' or 'marriage'," said Laura. Laura Holmes is an actor and Eliza Needs is a teacher for children with learning problems.

Laura's proud parents are John and Diana Holmes of Bermaguer Street and

they were delighted that Laura and Eliza chose to be married here.

"Eliza and I came to an event at Quaama Hall about a year ago," said Laura. "We agreed that it would be a lovely place for a wedding. But I hadn't even asked her to marry me yet."

In a run of bad weather days, Saturday 26 March dawned warm and clear. Most of the 80 guests had come from Sydney, where Laura and Eliza live. Friends spent the day transforming the Hall with supplied proteas enhanced with foliage plundered from the gardens of Quaama village—with the owners' consent, naturally. Diana reported with some pride that even the toilets looked splendid.

"One guest rated them eleven out of ten!" she said.

Vic and Ray Clements offered a forequarter of lamb to be spit-roasted, and local honey and soaps as gifts for the guests to take home. And when the light went down Laura's brother James wowed the crowd with his fire-twirling.

Anyway, as far as Laura and Eliza are concerned, they're married. Congratulations and best wishes for a long, happy life together to Laura and Eliza.

Jen Severn



The announcement at Quaama Hall

QUAAMA/COBARGO FOOD SWAP at VERONA



Thanks go to Sue Dickson for hosting the April food swap and to everyone that attended.

We've had an unusually long growing season so maybe you still have extra produce.

If so, the next food swap will be held on Sunday 15 May between 10am and noon at Anne and John's place at 330 Gilberts Road, Verona.

If coming from the north (Cobargo way), turn right into Upper Brogo Road off the highway, then right into Gilberts Road.

If coming from the south (Bega way) turn onto Verona road at Quaama, go to the end and turn right into Upper Brogo Road, then left into Gilberts Road.

Travel 3.3km from the start of Gilberts Road - over the little bridge on Dry Creek and go up the right hand side up the hill. There will be a sign.

Bring any excess veggies, eggs, plants, poo or any other produce or garden-related stuff and a small plate to share for morning tea if you're able.

Also, a chair if you have one. Please leave your dogs at home. Hope to see you there.

Tam

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Harvest Fair Fun



Richard Connel of The Awesome sent his big curvaceous double bass to Jenny Craig for a make-over. What happened? A double bass on a diet!



The Quaama Dancers joined the Quaama Singers at the Quaama Fair

Reclaim the riverbank: the track is clear!



Sturdy tree guards are in place

Anyone wandering along the trail that runs from the cemetery to the corner of Bega Street will now have an easy walk and if you keep your eyes open you will also see there is access to the river via a cleared path (look for two large trees that herald the entrance on either side) about 200 metres from the eastern entrance.

For the fitness conscious, it is a good 2km circuit. Starting at the Quaama store, you head down Bega Street and veer left past Rob's place. Turn left out of the cemetery at the top end, and left again onto the road back to the store.

Along the path you will see a bowerbird's bower with all its blue decorations, and there is a massive wombat burrow to the right of the trail to the water.

When you get there, you can sit on a rock and enjoy the peaceful sound of running water, hear the scrub wrens twittering in and out of the undergrowth, and breathe deeply. It is a lovely place to be.

In the early morning or late afternoon you might also see an echidna or a wallaby on the trail.

It's a good idea, if you have your dog with you, to keep it on the lead while walking the scrubby section, to avoid disturbing the wildlife too much.

We had a great working bee this month and at last it feels like we are getting somewhere. When I last reported, we had done a lot of weed clearing, with a good fairy (Chris) going down during the week to slash some of the dead blackberry and honeysuckle. This allowed the rest of us to do some new planting, and rescuing some regrowth from dead vegetation.

Chris drilled a bunch of holes, using his portable power driven auger/hole driller thingy. This made it a lot easier for the rest of us to plant about forty trees, shrubs and grasses along the track that heads up to the cemetery. So very satisfying!

We had to use heavy-duty tree guards in this area, in an effort to minimise the damage caused by wombats. They are curious creatures, and they like to investigate any changes in their patch. They especially like to scratch their bums on the stakes!

Our next working bee will be on Sunday 5 June. Anyone who would like to become involved should contact Chris Post for the Dry River Landcare Group. Please add your email address so that you can receive news and updates. Phone: 0411 594 092 or email dryriverlandcare@gmail.com

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Tilba Bites

Once again, the Easter Festival was a fantastic success. Congratulations to the organisers and everyone who helped make this event happen. It was a great day.

By the time this goes to press, the Big Hall Centenary Exhibition will have been held over the Anzac weekend. The Central Tilba School of Arts Trust would like to acknowledge and congratulate the efforts of Vivienne Bowe-Wood in putting this together.

The halls are such a significant part of the narrative of Tilba and surrounds. As a child growing up, virtually all the fun outings I recall happened in the halls: the annual Church of England flower show; the school plays; fancy dress nights and the dances.

When I next write my Tilba Bites, we will have held our inaugural Tilba District Ball! If anyone is interested, get in touch. There may be some tickets left.

The River Cottage Australia cooking school has launched their Facebook page



Kelly Eastwood and Nellek Gordon at the Easter Festival cooking for River Cottage

- check it out. It's a separate page from the show's Facebook page and will be used to update everyone on what they're up to and what's coming up. Paul's classes continue to book out overnight when they are released.

If anyone is keen to get into his classes, you can contact Kelly on her email address and you will be added to the waiting list (keastwood@keofilms.com.au). Erica Dibden has been engaged by River Cottage Australia to start doing cheese making workshops at the school. These will be one day workshops at the farm, and will include making brie or camembert, feta and ricotta.

The Dromedary Hotel has a new chef. Marc Adams from Nerrigundah has taken over the kitchen and is cooking lunches (12-2pm) and dinners (6-8pm) seven days a week. Given the current shortage of food venues in Tilba, this is just great. The offerings include old standards, pizzas and a few specials, and is described by Marc as good pub grub.

He is working on introducing some deserts and, apparently, his sour cherry macadamia brownie is to die for.

Cliff and Sherry Hayden have undertaken a major makeover at Pams Store. The new paint job is gorgeous Cliff.

The new series of River Cottage Australia is being screened at Pam's Store on Wednesday nights. Food is available from 7 to 7.30 pm ish, with the screening starting at 8.30 pm. Based on the tone of the phone call I received from someone there last week, it sounds like a fun night.

Congratulations to Sharon Perkins and Peter Hopkins. The *Bryn at Tilba* has been awarded 1st place on Star Ratings Australia Gold List, April 2016, for best hosted accommodation in South Coast NSW and second place at the NSW State level.

If anyone has notices or news for Tilba Bites, please contact me on tilba@thetriangle.org.au, or 0427 074 901.

Julie Dibden



Peter Hopkins with his dog Gabe

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Fabulous Easter Festival

I had the pleasure of being the President of this year's Tilba Easter Festival Committee. With a few old faces – mine, Peter Loneragan as Treasurer and Phill Stokes as Plant Manager, and a returning 'old face' in Bev Long as Entertainment, we added some new faces with Jo Knowles as Secretary, Kelly Eastwood as Marketing, Kim Jansen on Stalls, Dave Akehurst on Traffic and Greer Allan on Volunteers.

We added a new dimension this year with Merryn Apma joining the committee to look after Business Liaison and Indigenous Affairs, both very important aspects of the Festival – engaging and listening to local businesses and most importantly acknowledging the traditional owners of our beautiful town and surrounds. It was an amazing group of people and I believe it showed on the face of the Festival.

Working alongside the committee, and without whom the Festival would not be the success it is, are the volunteers. The men and women who help set up, clean up, man the gates and run the games. Special thanks to Andrew D Cassidy, who puts his hand up every year to walk up and the down Bate Street keeping the garbage and re-cycling clean and tidy. Also special thanks to Ryk Jansen for stepping in and tagging our electrical equipment and working tirelessly on the day.

An enormous thank you to the committee and volunteers, for efforts above and beyond.

The Festival is held to promote Central Tilba and the surrounding areas – to celebrate the heart of the town, to promote local business and is an amazing

vehicle for local talent to strut their stuff on stage.

The Central Tilba School of Arts Trust allowed us to make full use of both halls, providing a wonderful setting for kids' entertainment and the fabulous local produce and cooking demonstrations. A big thank you to the School of Arts Trust for their help and generosity.

I would like to thank local businesses for donations made to make the Town Criers' job a pleasure – giving away gifts and vouchers to eager recipients. And thank you also to My Heaven on Earth, The Tilba Sweet Shop, The Drom and ABC Cheese Factory for keeping the volunteers hydrated and fed during the day.

A big thank you also to Andrew Burden and the Cobargo Scouts who turn up every year and do an outstanding job manning the car park on Latimers Lane. And special thanks to Warren Hadfield for once again providing the fencing.

Formalities over, and hopefully with no one forgotten, I am very pleased to advise that the Festival was another success story.

With costs creeping up every year, we will again finish with surplus funds to put back into the community for the benefit of locals and visitors. As we go to print the financial bottom line is not



Sally Pryor working at the guessing competition

confirmed, but I am pleased to confirm that gate takings were marginally up on the last few years which indicates that the number of visitors was up. Certainly from my vantage point at the '1, 2 3 Toss' egg tossing competition in the middle of town, there were a lot of happy visitors. The Tilba Festival acknowledges The Yuin peoples and the land of Guluga in celebrating our Festival. The Festival brings around 8000 visitors to town, hopefully to come back again and again.

Whilst putting together an event like this is hard work, it is enormously satisfying. The AGM will be held during August – tentatively the 17th to be confirmed, please consider getting involved and adding fresh ideas (and muscle) to this very worthy event.

Until then, thank you again to all involved.

Christine Montague

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Wesak (*Saga Dawa Duchen*) is the holiest time of the year for Tibetan Buddhists, marking a full month.

It is within the fourth lunar month of the Tibetan Calendar, and falls on 21 May this year.

This day is the most important because it marks the three Anniversaries of the Buddha's birth, enlightenment and passing (*Parinirvana*).

This time is traditionally filled with celebration and prayers, so please come and join us at Kamalashila Tibetan Buddhist Centre during the program to celebrate this wonderful time of the year.

Friday 20 May: 7pm *Vajrapani Practice* (Meditation to purify negativities)

Saturday 21 May (Full Moon)

10am to 11.30am: *Sixteen Arhat Puja* (Devotion and celebration to our teachers)

12 noon to 1pm: Community Lunch

2pm to 3pm: Dharma Talk

"How can we Integrate Buddhism into our Daily Lives?"

Sunday 22 May

9am to 10am: *Green Tara Puja* (Practice of positive actions)

10am to 4pm: Working Bee

See our website:

drogmi.org / info@drogmi.org / www.facebook.com/DrogmiBuddhistInstitute



Lael Evans-Morrissey

Tilba RFS in April

In April the Tilba Fire Brigade attended two fire calls and also assisted several brigades with a Hazard Reduction (HR) burn behind Narooma High School.

The high risk season for wild bushfires has ended for the winter, and this is the time of year to take action to review your property for fire hazards, and clean up accordingly. It should be noted that whilst we have entered the non-permit period for fires, any proposed burn must be notified to neighbours and to Fire Control Centre at least 24 hours prior.

In Eurobodalla the number to call is 4474 2855.

In Bega Valley it is 6494 7400.

Surprisingly, the RFS receives many calls during the winter period where fires have been lit (many without due notification) and escaped out of control.

Tilba RFS is very keen for more members. Please call Harry Bate on 4473 7259 or Bruce Allen 0409 227 655 to enquire.

Your call will be most welcome.

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The Hemp Solution

This is the second update of the highly acclaimed documentary *The Hemp Revolution* - first released theatrically in 1995 to 100 cities worldwide. The updated medical section reveals the latest research in THC's and CBD's remarkable ability to kill cancer cells, heal many illnesses, and the newly found role of cannabinoids in balancing every bodily function. This miracle plant also provides sustainable paper, organic textiles, composite materials and building products, fuel, nutritious food and skin care...if only it were legal...

With exciting footage shot through Europe, the US, Australia and Nepal, the documentary also features the world's top experts on hemp and cannabis related issues. *The Hemp Solution - for Healthy People on a Healthy Planet* is ready to view, so enjoy Saturday night at the movies! <https://vimeo.com/ondemand/thehempsolution>

DVDs will also be available in a couple of weeks at www.thehempsolution.com.au or Gulaga Gallery in Central Tilba

Sol Ramana

Yuin Folk Club & U3A Bermagui presents . . .

DEAD MEN TALKING

Henry Lawson & Banjo Paterson
A two-man show of verse, yarns & song



WARREN FAHEY & MAX CULLEN


Australia's two favourite literary figures meet up in the Leviticus Bar & Grill, Heaven's Gate, and yarn about old times, their legacy and their celebrated 'war of words'.
Cullen and Fahey bring Paterson and Lawson craftily back to the centre stage.

7.30pm, Saturday 14th May, 2016

Cobargo School of Arts Hall

Bermagui Cobargo Road

BOOKINGS: CORAL VORBACH 0427 919 010 or 6493 6758

Concession \$25 Adult \$35  

A Visual and Tactile Feast – A Celebration of Wood

Bringing together the versatility, visual beauty and tactile experience of wood, and the magic of the wood artisan's craftsmanship and designs, the 21st annual Tilba Woodwork Exhibition and Sale will be held on the June long weekend.

The Exhibition is jointly organised by the Narooma and Eurobodalla wood work clubs and showcases the work of fine wood crafters from north of Batemans Bay to south of Eden, with hundreds of exquisitely handcrafted items on display and for sale, and demonstrations throughout the weekend. The Bega woodies will join the two organising clubs in providing an exceptional display of items. So come and explore the fantastic range of toys, furniture, vases, vessels, ornaments, signs and much more. Be it joinery, carved, turned, sculpted - decorative, functional or just plain quirky - you'll find it on show or for sale.

Whether you're looking for inspiration, or to buy some fine woodwork, or want those 'how do they do that?'



Winner original: Paul Healeys' stunning blackheart sassafras lidded bowl

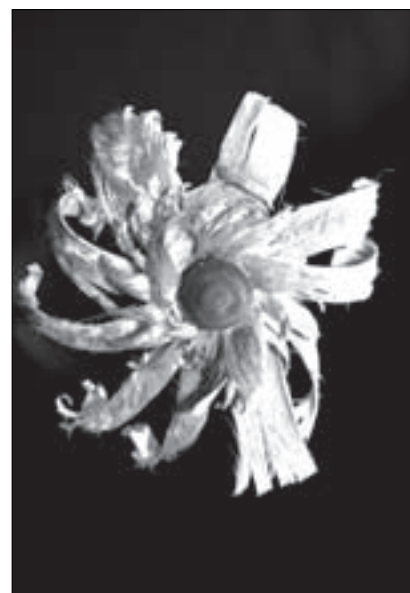
questions answered, want to watch an artisan at work, or you just want to appreciate the look and feel of finely finished timber, the Tilba Woodwork Exhibition and Sale is for you. Check out Narooma Woodies on Facebook for more information.



Eric Symes' masterpiece of detail and articulation

Enter the raffle and cast your vote in the People's Choice award.

The event will be held at the Central Tilba Hall on Saturday 11 June (9am to 4pm) and Sunday 12 June (9am to 3pm). Entry to the event is \$2 for adults, with free entry for children under 12. Facilities for MasterCard and Visa transactions will be available.



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U3A Boules and BBQ



Chris Haynes with David Anderson receiving his Boules trophy

One of our most popular activities, boules, is now into its third year. This enjoyable team sport, organised by Chris and Howard Haynes, has been taking place alongside beautiful Wallaga Lake on Friday evenings during summer terms. Teams are arranged each week and scores are totalled to ensure there is a Boules Champion at term's end.

During one of the early sessions, a plucky seagull swooped upon the cochonnet (the round jack) which was in mid air. The seagull flew off with it but fortunately heeded our shouts of protest and dropped it at the lake edge. The incident with the egg-look-alike became famous and Howard Haynes created our perpetual 'Seagull Trophy' complete with cochonnet.

For many terms it seemed that no one could match the skill of David Anderson of Wandella for the trophy. However a surprised Paula Lovell of Bermagui was announced our Term 1 winner this year.

Boules by the lake offered easy social interaction and the BBQ afterwards, kindly hosted at Chris and Howard's place, offered a relaxed and friendly time to enjoy one another's company with good conversation over a shared meal.

U3A Boules and BBQ has become so popular that we need to move to a new venue with more playing space. U3A Boules and BBQ is now moving into Bermagui and during Term 2 will be held on alternate Sundays from 11am to 2pm.

For further details about U3A membership, the Boules group, or our many other classes, courses and workshops please visit our website www.bermagui.u3anet.org.au Information brochures are also available at Bermagui and Narooma Libraries, and Well Thumbed Books, Cobargo.

*Kerry Davies
President,*

U3A Bermagui & District



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The Bermagui CTC is located next to the Library.

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Volunteers – Our unsung heroes

There is no doubt that Bermagui, and every other small town in our region, has a huge band of people who willingly donate their time, energy and skills to benefit both the community and its individuals. If every one of these volunteers withdrew their labour for just one day, our little community would really notice the difference.

Without volunteers, places like the Visitors Information Centre, CTC, and the OK Shed Op Shop, would close their doors. All those interesting courses with U3A would not be offered. Without volunteers, the elderly would not receive their meals, or be transported to medical appointments when needed. Without volunteers, fundraising ventures like the Biggest Morning Tea and the CRABs Bike Show would not raise funds for Cancer Research and the Seaside Fair, Cobargo Show, the Folk Festival and many other events just would not happen. Without volunteers, bush fires would not be fought, storm damage would not be cleared up and fishermen would be lost at sea without rescue. Schools would not have extra support, charities would cease to exist and the communities would be much worse off.

Even *The Triangle* would not exist without the team of volunteers who put it together each month.

It is estimated that over six million Australians volunteer their time in some form or another. Volunteers contribute \$200 billion to the Australian economy annually. And research shows that volunteers are happier, healthier and have better mental health than those who do not volunteer. Volunteers often experience a 'helper's high', a powerful physical and emotional feeling experienced when directly helping others - and there is a strong correlation between health and happiness and longevity of people who are emotionally kind and compassionate in their charitable helping activities. So, there are many reasons why those who have some time available, and certainly those fit and healthy retirees coming into our communities, should consider getting involved in some form with voluntary activities.

National Volunteers Week will be held from 9 to 15 May. This is a time when volunteers from all over the country are recognised for the work they do. Many do



Bermagui Seaside Fair volunteers buttering hundreds of loaves of bread in preparation for a fund raising barbecue

not seek kudos or awards for what they do, but simply want to help to make their communities better places to live.

So if you are living in Bermagui, or anywhere else in the Triangle, and know someone who is a volunteer, then give them a big pat on the back, or a big hug, and thank them for what they do in our community.

Better still, why not get involved in something yourself?

Carolyn Banados

Twenty Five Years...where did it go?

Probus Club of Bermagui will be having a Fellowship Day on Monday 9 May commencing at 10am in the ground floor auditorium of the Bermagui Country Club to celebrate the twenty fifth year of operation in Bermagui

This will be an open invitation to anyone who would like to know what Probus is all about. Members are inviting their special friends and many invitations have been extended. So we expect a good response on the day. All interested people would be welcome.

We started in 1991 with 25 male members which soon grew to 95. Ladies were considered as our special guests on all occasions and were not asked to "prepare the afternoon teas"! Any catering was done

by the fellows. This situation continued for twenty or more years but it has been recently altered to include ladies as full members, just like the men. We now have ladies taking a very active part on the organising committee. Over the years the membership has altered considerably with many members hearing the call of their children "come and live closer to us, and we can look after you better!" Sadly many of our members have passed away.

Probus is for active retired or semi-retired folk, men and women, who enjoy fun, fellowship and friendship. We do this through our usual monthly meetings with a social event interspersed each month. Each month we have a guest speaker and of course the usual 'cuppa'. We take every

opportunity to celebrate special days like Mothers' Day, Fathers' Day etc. We have some 'special interest' groups for those who wish to talk about computers and music etc.

Each year we arrange a trip away for a few days. Our last trip was to the Bowral Tulip Festival followed up by a visit to the Macarthur residence of early settler John Macarthur. We went off for lunch before taking a steam train ride for about an hour leaving from Thurlmere. A visit to the train museum was squeezed in before a magnificent Chinese meal. We all stayed at a great motel in Picton and on the first night we shared a fellowship night around their barbecue. A great activity we all agreed.

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Cobargo Conversations

Thank goodness the rain has visited us again, giving our surrounds a lush green vista as the weather cools and we enjoy the beautiful light and colourful hues of autumn. Not long before the winter chill arrives, sending us towards the glow of cosy fires and steaming soup pots.

Feels like it's time to stock up again on our winter vitamins and remedies. And what a lot of choices we have now! Aside from the great range available from Margo and Graeme at Kinetix and Vu and Ngu at the newly renovated Cobargo Pharmacy, we now have The Dispensary, offering a wide range of ethical and top quality products to support our lifestyles and well-being. Shona, the owner and Naturopath in residence, is a delightfully helpful source of information, with a willingness to source specific products. She also comes with a fabulous reputation and vast experience in naturopathy and the use of natural therapies. With her she brings her partner, Jason, who is a grower of micro greens. Together, they are developing their land in Yowrie and have begun growing. Some of our local eateries are already serving their produce. We, as a community, are lucky to have so many farmers/growers and so much fabulous locally grown food available.

Also newly opened in the village is the new vintage shop in the old Whitehorse Inn. Georgina Drenth, Bernie McKinnon, and Tess Spicer, (previously from Little

Birdy Vintage around the corner), are selling a delightfully eclectic range of vintage clothes and household items. They will be having a party on 6 May at 5pm to celebrate their opening, and to reach out to the public to help them in choosing a name. So, get along and join the girls for some food, music and nibbles and to celebrate the opening of their new venture.

Some may not yet know that Cobargo has a community car, an initiative of the Well Thumbed Books team. Its availability has been found to be a godsend for a

anyone who has a 'spare' trailer hanging 'round, who may be willing to donate it to the community, please let them know the community would love it and direct them to the Well Thumbed team.

Whilst we're talking about Well Thumbed Books, their most recent book launch featured Noisy Nonna, alias Georgina Adamson, entertaining young and old at the launch of *Noisy Nonna in the Kitchen*. Attendees were treated to raucous and joyful strains of children's laughter as Georgie did her 'stuff'. What fun!



Fun and laughter at the launch of *Noisy Nonna in the Kitchen*

And speaking of community, the Bowerbird Op-Shop, another community initiative, is in need of more volunteers. Run by the community for the community, this popular little shop sells generously donated goods and uses the money to provide assistance grants to community groups. If you are part of a 'not for profit' organisation and would like assistance in funding a special project or event, drop in to The Bowerbird and pick up an application form. Grants are available every three months

and the next round will be on June 14. If you need help, don't be shy. Applications for the next round of donations will close soon!

How good is the electronic community notice board at the Post Office! David, an avid supporter of community, publishes a monthly slide show promoting local events! What a wonderful gesture. Thanks

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Cobargo Conversations

David. And if you have a special event you'd like included, get in touch with him for details.

Starting on May 5, there will be a fortnightly singles dinner, providing an outing opportunity for those living alone to meet, socialise and share a meal with others. The dinner will be held every second Thursday at the Cobargo Hotel at 6pm, with a special meal deal on offer for just \$10! For more information, call 0416 344 874.

The Cobargo Tourist and Business Association (CTBA) is hosting an antiques and collectables weekend this month. This event will bring an antiques expert to the village for appraisals and includes a market on Saturday 21 May at the Cobargo School of Arts Hall. The Cobargo Creators Management Committee is willing to take a stall space or two at the market to provide members with an opportunity to sell antique/collectable/art items that don't fit the criteria for sale in The Cobargo Creators Centre. The Association will cover the stall fees as a benefit to members and will use the space to promote the Cobargo Creators Centre and what they do within the community. No commission



Tess Spicer at Cobargo's new Vintage Shop

will apply, although they'd be happy to receive any donations should a significant sale occur.

Finally, last issue I mistakenly wrote that Three Wise Mums had moved into the

shop vacated by Clearwater Real Estate. The realtor who had left town was actually Century 21. Apologies to Gary and the team at Clearwater for my error.

Elizabeth Andalis

The Woman in the Grey Suit - A Triangle Whodunnit

Well Thumbed books in conjunction with Four Winds will be holding a 'Sisters-in-crime' weekend in October. As a lead up to this weekend we will be running, through *The Triangle*, a fictional murder.

The idea is that you, the reader, solve the murder. The solution has to be in the written form, it can be in three sentences or up to 500 words. We just need the 'whom', the 'how' and the 'why'.

Prizes will be given at the end for the most logical, for the most entertaining and for the most inventive solutions. Competition deadline 15 August, send entries to louise@wombelano.com or drop them into Well Thumbed books with your contact details included.

Copies of each month's clues will appear in *The Triangle* or can be picked up from Well Thumbed, or downloaded from the website.

Here are the first clues, be wary of red herrings:

Investigations continue into the murder of Ms. Grayston.

Police are undertaking a forensic search of her computer, and are seeking help to translate her notes which consist almost entirely of acronyms. Enquiries reveal that attendees at the workshops were



angered by the "weasel words" used, and at least one participant was heard to threaten death if she heard one more during the day.

This information is being treated seriously by the police, who are reporting more frequent death threats by volunteers in relation to the strangling of the English language, alongside more regulations relating to insurance and O H and S.

Can you help the police to translate the acronyms? VET, RPL, FET, PIC, NFP, FEG, WCS, DV, CALD, CCDA, FOS?

Other police enquiries centre on Ms. Grayston's presence at the Bermagui Country Club. Information has come to hand that she was well-known among the married members (male and female), one of whom was coaching her with her five iron swing, allegedly using the club found

near her body.

It is also alleged that the victim was known to have formed close 'friendships' with a number of locals: the motive of jealousy therefore has not been ruled out. Also alleged, is that she may have upset some of the club staff for her failure to use the rake after playing her bunker shots. The placement of the rake near her head is being treated seriously.

A greater mystery surrounds the red stiletto heel found lodged in the neck of the victim. The shoe has been sent to Sydney for forensic examination. Meanwhile the local police have been questioning shopkeepers in Bermagui and Cobargo. The Cobargo Op-shop has reported an increase in sales of this type of shoe recently. It could be related to a number of local fund-raisers held at the Cobargo School of Arts Hall.

Also noted has been the increased frustration and tensions that have occurred between, and within, various voluntary groups. These seem to have been exacerbated by workshops run by Ms. Grayston. Police have not ruled out the possibility of accumulated pressure being placed on volunteers as a factor.

To be continued

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THE TRIANGLE

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Treasure or Trinket? Antique Appraisal Day



It's time to see if your old heirlooms are worth real money!

The Cobargo Tourist and Business Association Inc. (CTBA) is inviting locals to bring along their 'antiques, collectables, or old-stuff' to be professionally appraised

by Alan Landis, one of Australia's foremost antique experts.

Alan will be back in town at the Cobargo School of Arts, Bermagui Road, Cobargo, on Saturday 21 May between 9.00am and 4.00pm, and again on Sunday 22 May between 9.00am and 12.00pm.

Alan Landis Antiques was established in Sydney back in 1977, and his considerable expertise among other things includes English Ceramics (1750-1950) and Australian Decorative Arts.

According to Andrew Haydon, President of the CTBA, "His experience, expertise, charm and communication skills are sure to make this event great fun for those wanting an appraisal or for simply watching Alan in action."

As bookings are essential any person with an 'item of interest' will need to

register before the day and pay a small fee (\$5 for the first item / \$10 for three items). They will then be given an approximate time when Alan can meet with them.

Stalls of collectables, food and beverages will be on sale.

For bookings with Alan Landis, day, time and payment, call Beth on 0428 696 623. Stall holders should call Lorraine on 6493 7175.

Beth Dogan

COME and JOIN the CWA

Hi to all women of Cobargo and neighbouring areas.

Are you interested in CWA but can't get to day time meetings? Just don't like formal meetings?

Like to meet like-minded women? Like to cook? Interested in handicraft? Interested in social issues?

Then read on -

Cobargo CWA are holding an informal meeting for women interested in the CWA and what they do, but who are unable, or don't want, to attend formal meetings.

Most are aware of the cookery and handicraft side of CWA but there is an active part of CWA that promotes social issues and is a very effective lobby force at both State and Federal levels.

If you are interested in this opportunity to find out more about any aspect of the CWA you will be made most welcome. Please come to the CWA Cottage, Bermagui Road, Cobargo (next to the playground) on Tuesday 10 May at 7.00pm. There will be tea/coffee and cake to welcome you

Call Lyn Jones 6493 8360 or Mary Williams 6493 6167.

Hope to see you there!

Louise Brown

Off the Page from Well Thumbed

Well Thumbed Books in Cobargo announces *Off the Page* - an art competition and exhibition open to everyone in the community, which will be run in conjunction with the proposed Sisters in Crime weekend from 7 to 9 October 2016. It works like this:

Come to the bookshop and collect a free, newspaper-wrapped book written by a woman crime writer, take it home and come back within the next few weeks with a work of art inspired by your reading of it. Entry forms will be available at the shop, and also on-line by emailing louise@wombelano.com

The box of books will be available in the shop from the 1 June, and you have until Monday, 12 September to hand in your work in at the shop; (the shop is open Monday-Friday, 10am-4pm, plus Saturdays from 9am to 1pm).

Call in anytime.

An exhibition of the works will be held during the Sisters in Crime weekend in October in various locations in Cobargo. There will be a People's Choice award, and you can put a price on your work if you would like to offer it for sale. The conditions for entry are as follows:

No late entries will be received after Monday 12th September

2D works should be presented ready to hang, with a maximum measurement of 40cm wide.

Any work in 3D must have a maximum of 40cm wide or deep.

For further enquiries, contact any one of us in the shop.

This is a community event - you don't have to be a genius - just let the creativity run wild!

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Great Barrier Reef at the Butter Factory

Don't miss this chance to watch *Aqua* and learn about the state of the Great Barrier Reef.

In 2009, south coast filmmakers Toni Houston and Bettina Richter took their music and film about the Great Barrier Reef to Copenhagen as part of 'COP15', the United Nations Climate Change Conference in Denmark.

Toni and Bettina were the only Australians to have an event selected as part of the COP15 Official Cultural Calendar.

Now with the future of the Great Barrier Reef in crisis due to the recent mass coral bleaching event, destroying more than 1000km of reef as a result of climate change, the GBR is in more danger than ever.

Aqua was the brainchild of Toni Houston and was produced by Bettina Richter with their production company



Toni and Bettina Onstage in Copenhagen with Safri Duo (photo Thomas Sjkold)

Wish Bone Films, on the far south coast of NSW.

Fusing the Emmy award-winning underwater cinematography of David Hannan with the percussive beats of one of

Europe's biggest dance acts – Safri Duo - it tells the history of the Great Barrier Reef, without words. *Aqua* aimed to inspire government leaders to reduce carbon emissions, activate community support, and build better conservation practices on the reef.

It was sponsored by Pyramid Power, the Australian Embassy in Copenhagen, the University of Copenhagen and many other local businesses and community members and screened at Parliament House Canberra, Screen Australia studios Sydney, and locally to schools and the community in the Bega Valley.

In Copenhagen, the film screened with Safri Duo playing live to the film. It was quite an experience.

Aqua screens at the Old Cobargo Butter Factory on Sunday, 15 May at 3.30pm.

CWA: effective lobbying, cookery and handicrafts

This month three of the members from Cobargo CWA are heading off to Cowra for the CWA of NSW Annual conference. Apart from having a great time the women will be debating issues of importance such as climate change and limiting its effects; proposing that an equal amount be spent on a renewable energy based economic future as that spent on scoping CSG projects; adequate funding to be made available for community based, not for profit early childhood learning centres in rural and remote areas; and promoting the identification, treatment and prevention of Q-fever with vaccination subsidies.

These are just a few of the items up for discussion, and if passed, the CWA of NSW will then lobby the relevant governments, State and Federal, to implement these



proposals. The effectiveness of CWA lobbying is well-known.

Although CWA is about cookery and handicraft, it is also about addressing social issues such as those above. It offers a voice for all women and is large enough and organised enough to make that voice heard.

Now we know that there are many women in the community who are interested in CWA but are unable to

attend meetings (or don't like meetings!) So we have decided to hold a gathering of women on Tuesday, 10 May at 7.00 pm at the CWA cottage on the Bermagui Road in Cobargo (next to the playground). This will be very informal with a cuppa and cake available. This is an opportunity to be involved with CWA without the formality of regular meetings. We are not forming an evening branch – simply an opportunity to see what we do and if you are interested in handicraft, cooking or social issues or other countries (Mongolia this year) or simply meeting like-minded women, you will be made very welcome.

If you have any queries about any of the above, please ring Lyn Jones, President on 6493 8360 or Mary Williams (Publicity Officer) on 6493 6167.



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OPEN GARDENS AND GARAGE SALE TRAIL

During the long weekend in June we will be having a selection of Open Gardens.

Winter is a great time to see the form and 'bare bones' of a garden. If you would like the opportunity to share your garden or property and you live in or around Cobargo please phone Janet Doolin on 6493 6817.

We are organising a 'Garage Sale Trail' on the 'etc' weekend in June.

If you wish to have your Garage Sale on one of these three days and have it listed on our 'Trail' map please phone Di Jee on 0429 936 415.

For all enquiries ring Beth Dogan, 0428 696 623.

Prepare for a big cup of tea



Some of the ladies from Bermagui Country Club Ladies Darts (L-R) back row: Joy, Carmel, Edith, Jan and Chris and front: Julie and Betty

The Biggest Morning Tea at Bermagui Country Club is back. This fantastic fundraiser for The Cancer Council is being held this year on Tuesday 31 May from 10am and is being organized by The Ladies Darts team. Entry will be \$5 and raffle tickets will be on sale at the door with some great prizes to be won. There will also be a lucky door prize, a jelly bean guessing competition and a table of goods for sale. There will be lots of cakes and sandwiches to enjoy with your bottomless cups of tea or coffee.

Did you know every \$100 raised allows The Cancer Council to support childcare centres and primary schools taking part in the National SunSmart Schools Program? We would like to

thank all the businesses that have been so generous in providing gifts and vouchers for this very worthy event and of course Bermagui Country Club for providing the venue. Without you all this would not be possible.

If anyone would like to donate cakes or sandwiches for the occasion it would be very much appreciated. Please contact Sandy on 0414 663 231 if you have anything to donate for the food table and/or the sale table.

Sandra O'Keefe

Analogue Juke Joint Tropical Special

5pm Sat 14 May Cobargo Butter Factory

The Juke Joint is back for a special event this winter! Originally held amongst the Wandella hills in the old community hall, on Saturday 14 May the event is moving to the Old Butter Factory on the Cobargo-Bermagui Road for a night not to be missed.

Come and warm your winter blues with the Juke Joint Tropical Special!

Over the previous summer, the Juke Joint events became known for their great music and wild atmosphere, with local and interstate disc jocks playing music to get you dancing from 5pm until late. And this time will be no different.

The night will feature disc jocks playing all vinyl records; vintage soul, greasy R&B, jump blues and early rock 'n' roll plus tropical ska, cumbia, mambo, calypso and more.

There will be a mouth-watering Caribbean style bar-b-que available with all profit made from door sales being donated to further cancer research via Cancer Council NSW.

The good folk from Sugar Sounds also will be on-board with a stall selling original LPs and 45s for you to take home. Come hungry and ready for a good time!

Entry is \$10 on the door or \$20 for families, and BYO booze.

Check out facebook.com/analoguejukejoint for more information.

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Do you live outside the Triangle? Be sure to receive your copy every month by subscribing. 12 months' subscription (11 issues) is \$32.00*. Post to The Triangle, PO Box 2008, Central Tilba, 2546.

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Bermagui Country Club

www.bermaguicountryclub.com.au

Mothers Day Luncheon

Sunday 8th May

2 course luncheon in the Terrace Restaurant

12pm-2pm- \$30 Members-\$34 Non Members

May Entertainment:

6th: **Jesso & Steve**, 8th: **Mothers Day Raffle** over \$1000 worth of Meat, Seafood & Fruit & Veg Trays, Tickets on sale from 1pm, Entertainment from 1pm **Patch Brown**, 13th: **Crushed Ice**, 20th: **Ray Stephens**, 21st **Winter Ball**, 22nd: **Monster Raffle** over \$1000 worth of Meat, Seafood & Fruit & Veg Trays, Tickets on sale from 1pm, Entertainment from 1pm **Trevor Best**, First draw 3pm, 27th **Don Ryan**, 31st: **Biggest Morning Tea**.

FREE FLUORIDE

A free fluoridation information night will run on Tuesday 17 May at Bermagui Country Club. The event starts at 6pm and will finish at 9pm.

Guest speakers are Dr Geoffrey Pain from Victoria, Profesor Paul Connett from New York and Dr Maria Claudianos.

We will have a Q&A session with experts about the science and history of water fluoridation

See *Our Daily Dose* - a film showing on Sunday 5 June at the Bermagui Country Club from 1pm to 6pm, and on Saturday 11 June at the Bega Valley Commemorative Civic Centre at Zingel Place 1pm to 6pm.

Bega and Tathra water already containing fluoride, the rest of the Shire is to be fluoridated soon.

Who measures my intake, if I am drinking a lot of tap water, cook my food in that water and use fluoride toothpaste? Could my health problems be related to fluoride? If fluoride is working best, when applied topically and toothpaste should not be swallowed, isn't it irresponsible medication without consent, when it can affect all other organs, when ingested? Is sodium-fluoride, the by-product of aluminium smelters, steel and fertilizer production really comparable to naturally occurring calcium-fluoride?

If water fluoridation has really proven beneficial, why is the USA stopping it in many states and most countries in Europe not doing it? Fluoride does not evaporate like chlorine, only special water filters can filter it out.

Dörte Planert

*South Coast Hub of 1Millionwomen
acting on Climate Change*

Dubbo world record motorbike ride



Fourteen women from the far south coast after the record ride

Three women from our Triangle, Marion Van Delft- Fairhaven, Kim Atkins-Tilba Tilba and Niki Hutteman-Cobargo were part of a group of women from the far south coast who rode their motorcycles to Dubbo in the hope of regaining two world records on 9 April. The ride there and back took four days and 1500 km with much laughter and companionship helping to fuel our journey.

The official count on the day of 1002 women on motorbikes ensured Australia won back the records. Record one: the most women at an all-female Meet and record two: the most women on an all-female ride. The women of Australia rallied to the call and came from all states, including as far as Perth, and a delightfully youthful long time rider aged 74 rode from Adelaide with friends to be part of this historic ride.

The people of Dubbo certainly treated us all like heroines on the ride. There were families lining the suburban streets, and out of town at the farm gates; old utes loaded with barking dogs and children, all waving and cheering us on. To have an idea of how long the actual line of bikes was, when the first bike was back at the showground entrance, there was still about 50 bikes waiting to leave the grounds on the 10 km route

It may be said 'so what' a bunch of sheilas on motorbikes? The friendships formed and strengthened on this adventure will stay with us all. Each one of us has come back stronger for the experience and with the knowledge, that when women come together with a common goal anything is possible.

Niki Hutteman

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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting, drawing or photograph

we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

We don't know the name of the person who sent this month's contribution. Sorry! We lost your details. Please contact us, you are in the running for \$400!

A DISASTER REVISITED

If you travel in the high country during the summer months, across the mountains, through Omeo, past Dinner Plain and Mount Hotham, you will go through country that was the site of massive and extremely hot fires in 2006 – 2007, fires that covered a total of about a million hectares of land.

Evidence of the devastation is still clearly visible and to one who is used to seeing the regeneration that occurs following a bushfire it is shocking to see the damage still there.



Dinner Plain Drive

Snow gums regenerate from underground tubers and perhaps growth is slower in the harsh conditions of the mountains for the grey skeletons are still visible as are the dead stands of Mountain Ash. The increase in the danger and ferocity of wild fire is largely the result of the warming climate and our failure to make an adequate response.



Mountain Ash



Mt Hotham Road

AKT International is focused on intergenerational equity, sustainability and ethical trading.

Sunday arvo with Jeff Lang at the Murrah

Lucky us!

Australian-based musician Jeff Lang has earned worldwide acclaim as a guitarist, a dynamic songwriter and a startlingly unique live performer. With a back catalogue of 15 studio albums, Jeff has been featured at major festivals, pubs, clubs, arts centres and venues internationally for the past decade. Blending rock, roots, folk, blues, ballads, instrumentals, improvisation and a devastatingly high level of musicality, Jeff Lang is a singularly unique performer in our world.

Throughout his career, Jeff has been showered with achievements and awards - the most outstanding would be his seven ARIA award nominations, as well as his three wins in 2002, 2010 and 2012.

Working without a set list and allowing the unique energy of each venue and audience to shape the songs, Lang's live shows have become much talked about, always taking the audience along

for the ride.

It's been widely acknowledged that Jeff Lang is an extraordinarily individual musician. What enhances his unique nature is his steadfast adherence to a prolific and diverse musical palette and output. A songwriter, a collaborator, a guitar virtuoso and a stunning lyricist, Jeff Lang crafts songs as novellas - rich with depth and vision, yet with an open breathe for individual interpretation.

"Jeff Lang is, in my humble opinion, a national treasureHe has really touched me and musically, I had a kind of revelation..." John Butler, John Butler Trio.

See you at the Murrah Hall for Sunday arvo music. May 29 with \$5 Murrah curries and \$2 snags, snacks, teas, coffee and free rainwater from 2.00 pm. Entry \$25 (kids free).

howard
murrah prez



Jeff Lang

Tasmania in Cobargo - side room Lazy Lizard



Woollen Banksia Bark
Nuno Felting by Helen Stafford

Helen Stafford's exhibition, *Tasmania*, opens Wednesday 4 May in the Side Room of the Lazy Lizard Gallery, Cobargo.

Helen has interpreted Tasmania's landscapes and vegetation through fabric and fibre, individually and combined, as in Nuno Felting.

Nuno is the Japanese word for fabric or cloth. Nuno Felting combines wool with an open weave fabric that is then felted together.

This technique was a collaborative development by Australian Polly Sterling

and her Japanese assistant, Sachiko Kotaka, in the mid 1990s.

The colours and textures of bark are transformed into felted objects by using 'resists' and Nuno Felting. All the items on display will have next to them the photographs that inspired their creation.

Also in the main gallery....good news for fans of Livewire Sculptures.... Alan Holley has brought in more of his gorgeous twisted wire trees, so there are many good reasons to drop in at the Lazy Lizard this month!

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Mothers' Day Lunch: Sunday 8th with Sacred Cow

Social Bridge: Wednesday 4th from 2 p.m.

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Four Winds: music changes lives



Live streaming from Sydney Opera House to the Windsong Pavilion
(photo Robert Tacheci)

It is very exciting to see our young people taking part in musical activities. Last December, children from Bermagui Primary School spent the day at the Windsong Pavilion learning and recording 'The Wetlands Song', composed for them by members of the Yuin community. The day was led by Indigenous musicians and a local music teacher (who had been mentored under the NMTMP) as well as the Four Winds team. You can see the results at: fourwinds.com.au/bermagui-primary-records-new-wetlands-song-at-four-winds/

Throughout 2016, Four Winds and the Sydney Opera House are working together to stream live-interactive performances, aimed at young people, to the Windsong Pavilion. This enables our young people to experience very high quality live performances and interact with musicians and artists in other locations. In 2016 streamed events will include performances

of physical theatre as well as music.

Following the last interactive event from Sydney Opera House, local artist David Hewitt led a live percussion workshop so the young people's experience at Four Winds also became hands-on and related to what they had just watched live on screen. This has paved the way for Taiko drumming workshops, which will run throughout 2016,

courtesy of a partnership between South-East Arts, Four Winds and David Hewitt's own Stonewave Taiko. There will be a Taiko intensive and beginner workshops during the June long weekend.

Four Winds is able to deliver on its commitment to working with schools and in the community because of the generosity of funders and many individual donors. The 2015 Grow and Flourish campaign enabled Four Winds to buy the equipment necessary for the live-streamed interactive events to the Windsong Pavilion and is also funding our region's participation in the NMTMP. There is no doubt that there will be an opportunity for you and your children to participate and experience an event or activity at Four Winds in 2016. Keep an eye on www.fourwinds.com.au for all the details of what's coming up and please go along and join in.

DANCE DANCE

Lyre Byrdland, the Afro-funk, reggae-dub and rock 'n' soul luminaries. Lyre Byrdland, will play the Murrah Hall on Friday 13 May.

This 10-piece instrumental, carbo-loaded groove machine brings real life music bursting with blood, sweat and tears.

The current lineup is made up of tenor sax, bari sax/flute, trumpet, trombone, two guitars, bass, drums and percussion which forms a pretty eclectic mix. The band has just released their latest single 'Bowser' on SoundCloud with their second album to follow soon.

The support act for the evening will be Tommy-John Herbert, a talented young Wollongong man from New Zealand also known as *Churbert*.



Two of the ten piece Lyre Byrdland

Tommy's vocals are soulful and whole hearted, with some acoustic dub reggae styles of his own.

An experience not to be missed, come and warm up the dance floor and keep up the amazing support.

There will be food including yummy \$5 curries from the Murrah Hall Committee. Tickets will be \$20 at the gate, kicking off from 6.30 p.m. Kids free.

howard
murrah prez

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on the beach at ivy hill

Friends for many years Olivia Bernardoff and Kate Stevens are showing together at Ivy Hill. It was Olivia's son, Willy, whom Kate painted for her prize winning Portia Geach portrait in 2011.

Called 'on the beach' the collaborative theme for this exhibition is the Australian beach experience, with Olivia's work exploring the summer months and all it entails, and Kate's paintings depicting the beach experience of the colder months, between them covering coastlines from Bondi to the Tasmanian West Coast with



Painting by Olivia Bernardoff

the South Coast in between.

Our Winter Exhibition has selected works from last season's artists showing from Thursday 26 May to Monday 13 June.

Drinks on Saturday 28 May from 3pm.

Then the Gallery will be closed until October and will open by appointment.

Framed by the locals at Shop7 Artspace

Framed is the title and theme for a new exhibition at Shop7 Artspace, Fishermens Wharf, Bermagui, an open exhibition for artists in our region.

As a theme *Framed* can be used in any context and applies to two or three dimensioned pieces. Artists interested should contact Pauline Balos 6493 5640 or Helen Morris 6493 5186 or call in to the Shop7 Artspace to collect an entry form any day but Tuesdays.

Pauline Balos has created miniature sculptures as jewellery or shelf works. Malcolm Halliday has used intriguing photography where reflections and the main image appear to 'frame' each other. Helen Morris has used found palm tree detritus to form a nest which 'frames' a black bird which she has made using her dressmaking and creative skills. Peter Storey has used woodcraft, drawing and design skills to produce *Not guilty, I was framed*.

Shop7 is proud to have a painting



Victoria Nelson in her studio

by nationally renown artist Victoria Nelson. Victoria has been a resident of the Bermagui area for the last six years and works in sculpture, design, painting, and other visual art forms. Her public sculptures are in place in Melbourne.

For this show Victoria has created a still life painting. Viewed close up it appears to be about five adjoining elements each with its own perspective and framing its own focal subject. From a normal viewing distance the painting is a vase of flowers framed by abstract patterns and spaces

Framed opens on Thursday 12 May and closes 2 June. The public is welcome to the opening at 6pm on Saturday 14 May.

Framed is one of four special exhibitions to be held this year. *Harbour* will be in August and is another open exhibition.

Pauline Balos and Peter Storey will stage a joint solo exhibition in September.

In November the ten member artists of Shop7 will hold their annual exhibition.

Every month throughout the year Shop7 has guest artists presenting work in a portion of the Gallery.

Peter Storey

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MOTHERS' DAY

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Don't forget our annual Sale Day on Friday 3 June 2016 Lots of bargains starting at 8am!

Keralan baked fish (serves 6)

Ingredients

3 brown onions
4 cloves of garlic
30 cm piece of fresh ginger
2 fresh red chillies, deseeded
1 large bunch of fresh coriander leaves
1 red pepper, deseeded
1 yellow pepper, deseeded
oil /ghee or butter, large knob or good splash of either
2 teaspoons brown mustard seeds
2 teaspoons fenugreek seeds
2 teaspoons fennel seeds
1 handful of curry leaves
big chunk of fresh tuna from Bermagui enough to feed six, cut into large bite size pieces
sea salt
freshly ground black pepper
300g ripe cherry tomatoes, quartered
1 tin light coconut milk
4 lemons



Method

Creamy, rich and packed with spices, this bake is fresh and flavoursome.

Preheat the oven to 160C/325F/gas. Peel and finely slice the onions, garlic and ginger. Finely slice the chillies and coriander stalks and roots, then slice the peppers. In a large frying pan add the oil or butter, the spices and curry leaves. Fry for 2 minutes, then add the chopped veg, garlic and coriander stalks and roots. Cook for about 15 minutes, or until soft and golden, stirring occasionally.

Put this mix into a large baking dish and scatter tuna pieces amongst veg/spice mix. Add the tomatoes and coconut milk. Season the sauce to taste with salt, pepper and juice of 1 lemon, bake approx. 20 mins, then sprinkle with the reserved coriander leaves and serve straight to the table with lots of lemon wedges on side for extra tang, for guests to help themselves. This is delicious served with spiced rice, some fresh green beans, poppadums and a cold beer. Prawns can be added to this dish for extra flavour.

Apple tart with ginger cream (serves 12)

Apple tart

4 kg golden delicious apples (or similar)
2 kg granulated sugar (less if you prefer more tart)

Ginger Cream

600 ml Tilba Valley cream
3 teaspoon local pure honey
2 teaspoon finely grated ginger



Method

Peel and core apples, using a mandolin, cut widthways into 2 mm thick slices. Place apple in overlapping concentric layers in a 28 cm ungreased springform tin, sprinkling liberally with sugar between layers and pressing down apples as you go. Apples will reach just above side of tin.

Place cake tin in a roasting pan to catch juices, then bake at 180 C for 3 hours, basting with juices every 30 minutes after the first hour of cooking. Remove apple tart from oven, cool in tin for 10 min, reserving any juices from roasting pan, then release from spring form tin. Leave tart on base to cool to room temperature, then invert onto large serving platter.

Place roasting pan over low-medium heat and stir cooking juices until well combined, then simmer for 5-6 minutes or until reduced and syrupy.

For Ginger Cream, beat cream and honey until soft peaks form, then stir in ginger, I have added ground cinnamon sometimes, cover and refrigerate until required.

Serve slices of tart with a little syrup poured over and a dollop of ginger cream on the side, scattered with pistachios, or for the big WOW factor serve whole tart at table with syrup and pistachios over tart.



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Sensational salvias: white, blue, yellow and red

There has been an enormous amount of work been done in recent times by breeders to bring more of these fabulous perennials to the market place. There are new hybrids and many other species that have not been available before.

With their extraordinary diversity of colour and habit over 1800 species, new varieties are being added almost all the time. Salvias are truly a gardeners' delight providing rich and interesting rewards for every garden.

This spell binding genus has blues to rival the colours of the ocean and sky as well as rich reds, pinks, yellow and white and with every colour combination of these dominant colours.

Their diversity in leaf colour and shape is second to none with leaves that feel like velvet, to long narrow leaves of varying colours.

Many of the varieties are used for culinary purposes and have delightful scents that can be used to flavour foods of all kinds.

Most salvia species are adaptable to an extensive range of soil types from clay to open sandy soils. Where soils might be in need of improvement it makes sense to add some organic matter like animal manures or compost.

Good drainage however is generally advisable and without it there is a greater

risk of the less hardy varieties surviving a long wet winter. In gardens where the soil is wet for long periods it is advisable to slightly raise the planting area to allow better drainage.

When preparing soils for salvia



refrain from adding excess nitrogen. Too much nitrogen will give lush foliage at the expense of flowers. Soil acidity/alkalinity play no great part in the placement of the plants although many of the species are derived from locations where limestone is dominant.

Nearly all varieties prefer a full sun position with the exception of a few varieties that will grow in and tolerate shade.

Some taller varieties have a brittle

branching habit and thus should be planted in a location free of strong winds. Many of the lower growing forms are excellent in a seaside garden.

Like all perennials, salvias should be pruned on a regular basis to keep the plant in a compact form and to promote several periods of flowering throughout the year. They are generally pest and disease free with aphids and some powdery mildew being a problem in the summer months.

They are a great plant to grow in a container for those who have a difficult location, or to brighten up an area on paving etc. where other plants might have failed. Due to their ability to handle periods of dryness they are an ideal pot plant.

Often overlooked these days are the extensive range of annual forms that are available to brighten up the flower garden where seasonal change is required. Colours of reds, white, blues and purple are available and should be planted at the rear of the garden. Low growing annuals like lobelia, pansies and violas make a great autumn/winter combination and a great companion planting to late autumn and winter flowering salvia.

Check out your local nursery for the exciting range of salvia, both perennial and annual, that are now available and brighten up your garden with these rewarding plants.

Seeking local volunteer for 'Save our Seabirds'

Bega Valley Shire Council is seeking a passionate local volunteer in the Bermagui area to take over the regular emptying of two fishing line bins.

The 'Save our Seabirds' project was developed in 2014 when Council, in partnership with the local Marine Society, and with help from the Merimbula Men's Shed, built and installed ten fishing line bins throughout the shire.

The aim of this project was to install these bins in fishing 'hot spots' and to encourage fishers to discard of their unwanted fishing line and rubbish properly.

"Nylon fishing lines in particular can persist in the marine environment for long periods of time and can have devastating effects on our local birds and marine life," Council's Coastal Management Officer Kyran Crane said.

Council has active volunteers who empty the bins throughout the shire on an 'as need' basis.

The requirements for emptying depend on both the site and the time of year but it is estimated that the Bermagui bins will require emptying on a monthly basis and possibly more frequently during holiday periods. The volunteer will be provided with a first aid kit, a sharps container and hook removal pliers.

If you are interested in being part of this project and live in the Bermagui area, please contact Kyran Crane at kcrane@begavalley.nsw.gov.au or 6499 2164.

BERMAGUI EQUIPMENT & PARTY HIRE
COOL ROOMS 6493 3813

MB: 0417 325 660 www.bermaguiequipmenthire.com

- White Goods
- Furniture Truck
- Marquees
- Lawn mowers
- Whipper snippers
- Concrete Saw
- Trailers
- Painting Gear
- Scaffolding
- Hand Tools
- Electrical Tools
- Trench digger
- Posthole digger
- Compacter

Harbourside Lamont St Bermagui

FOR SALE

Bermagui Television The business has a large customer base (domestic & commercial) in Bermagui, Cobargo & Tilba, but not exclusively to this area and can be easily expanded by some energetic person. The work mainly involves television antenna installation & maintenance and some satellite TV service. On the job training offered to the purchaser if required. Expressions of interest invited. Google 'Bermagui Television'

1000 litre trailer mounted self-contained fire-fighting unit plus many accessories, excellent condition, new cost \$7000, selling for \$3800 ono, ph 0488 304 565

BMW R1100 RS 1998, panniers, top box, ABS, heated hand grips, sports exhaust, 89000kms, 12 months rego, \$7990 ono, phone 6493 7225

Bargain timbers, red wood lengths 3m plus: ten 100 x 25; six 95 x 75; four 120 x 125, all \$10 each, Wandella 6493 7316

WANTED

3-4 bedroom home in Triangle area preferably on acres for two horses and a little outside companion dog. If acres not available horses can be agisted. We have been in the same home for the past 8 years and have references. Ph: Adele 6493 6494 or Ron 0420 921 290

AVAILABLE

Drum workshop available to make two 34cm diameter Shaman Drums. Goatskin \$190 each. Will make in 1 day. Also have a few large pieces of goatskin ready to use if you have your own ideas & were inspired by TaikOz Drummers! Contact Rita 6493 3792 or ritaciffatazz@gmail.com

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.
3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
4. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us! Any questions at all, please email us **contributions@thetriangle.org.au**

Sulari Gentill

Gentlemen Formerly Dressed

In the lead-up to the Sisters in Crime weekend extravaganza in Cobargo and Bermagui (second weekend in October, 2016) I have been seeking out Australian women writers of crime. Sulari Gentill was born in Sri Lanka, but emigrated here at the age of seven, so I'm sure it's OK to claim her as ours. She trained as a lawyer, (having abandoned her first love, astrophysics) then turned to fiction writing, creating a series of historical crime fiction books. Her hero is Rowland Sinclair, a wealthy Australian artist whose friends and companions are bohemian-types, typical of those abroad in the 1930s. He is also an amateur sleuth whose adventures are set in countries around the world, and whose social standing brings him into contact with real-life historical figures such as Churchill, Evelyn Waugh, George Orwell, and various politicians, including Nazis in Germany and Blackshirts in England before the second World War.

Gentlemen Formerly Dressed is one of eight in the series, it begins with a bizarre murder in London where Rowly lands after escaping from the Nazis in Germany. The bizarre world of the English aristocracy is navigated by our hero and his left-leaning friends as they determine



Author Sulari Gentill

to prove the innocence of a young woman falsely accused of the murder of her eccentric uncle (found dead in a fluffy nightgown – please read on!)

Sulari Gentill lives in Batlow and as well as working on her award-winning novels, also produces truffles, and draws upon the editorial skills of her historian husband whose special era of interest is the 1930s, hence her detailed knowledge of the social context in which her hero is carrying on his investigations.

Perhaps she can be persuaded to come over the mountains to the Sisters in Crime weekend?

Pet of the Month

Deb Cox



Animal Welfare League NSW Far South Coast Branch have 16 kittens needing homes at the moment including, Levi (pictured). Unwanted kittens in our shire are one of the biggest problems members of the branch face year in and year out so they have raised funds to target undesexed cats in our shire. If you know someone who has an un-desexed pet, *please* encourage them to have their pets de-sexed.

If they need financial assistance to do so, encourage them to take advantage of our \$50 de-sexing special available at all Bega Valley Shire Vets. Places are limited

so please drop into your local vets with your concession card. Contact Deborah Cox on 6493 7282 if you do not have a concession card but require assistance.

The adoption fee of kittens is subsidised in the hope that these rescue kittens will be adopted. The adoption fee of \$200 covers de-sexing, two vaccinations, microchip, worming, flea and tick treated and vet checked.

There are also several older cats if you prefer not to have the go through the 'kitten stage' including Kitty the eight year old tabby cat, Sam the male one year old ginger and Tom the one year old male black/white. They too have heavily subsidised adoption fees so permanent homes can be found.

We desperately need carers. Caring is a great way to be able to enjoy the company of a pet if you are between your 'travels' or while you are deciding what type of pet you would like to adopt. If you would like to have a chat about being a carer please call our information line on 0400 372 609 and help save a life.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday, 5pm
Evening Prayer/Contemporary Service. 2nd, 4th
Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am,
HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays,
10am, HC. 3rd Sunday, 5pm Evening Prayer/
Contemporary Service.
Contact Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:30pm, games start at 3.00pm.
No experience necessary, call Nerida on 6493 4364 or
Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year
olds, reflecting Early Years Learning Framework.
Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on a
Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Boddalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

MAY	WHAT	WHERE	WHEN
Sun 1	live music	Tilba Valley Winery	12.30pm
	Mick on Wheels	Bermagui Beach Hotel	7pm
Fri 6	vintage retro pop-up shop	Princes H'way Cobargo (next to PO)	5pm
	ecstatic dance	Quaama Hall	6pm
	Jesso and Steve	Bermagui Country Club	8pm
Sun 8 Mothers' Day	lunch with live music: Sacred Cow	Tilba Valley Winery	12 noon
	lunch with music: Patch Brown, 1pm raffle	Bermagui Country Club	12 noon
	Equus Bukhu and Band	Four Winds Windsong Pavilion Barragga Bay	4pm
	live music	Bermagui Beach Hotel	4pm-7pm
	blacksmithing demonstration	Galba Forge 345 Yowrie Rd Wandella	1pm-5pm
Fri 13	Lyre Byrdland & Chubert DANCE night	Murrah Hall	6.30pm
	live music: Crushed Ice	Bermagui Country Club	8pm
Sat 14	Yuin Folk Club live music: Dead Men Talking	Cobargo School of Arts Hall	7.30pm
	Tilba District Community Ball	Big Hall Central Tilba	6.30pm
	Analogue Juke Joint Tropical Special	Old Cobargo Butter Factory	5pm till late
Sun 15	live music: Mrs Jones & Me	Tilba Valley Winery	12.30pm
	Darryl Lamb	Bermagui Beach Hotel	4pm-7pm
	community doco screening: 'Aqua'	Old Cobargo Butter Factory	3.30pm
Tues 17	free Fluoridation information night	Bermagui Country Club	6pm-9pm
Fri 20	ecstatic dance	Quaama Hall	6pm
Sat 21 & Sun 22	CTBA Antiques Appraisal weekend	School of Arts Hall Cobargo	Sat 9-4 Sun 9-12
Sat 21	Bermagui Country Club Winter Ball	Bermagui Country Club	evening
Sun 22	live music: Joel Frank	Bermagui Beach Hotel	4pm-7pm
	full moon dance	Quaama Hall	6pm
Sun 29	Jeff Lang	Murrah Hall	2pm
	Glenn Mood	Bermagui Beach Hotel	4pm-7pm
Tues 31	Biggest Morning Tea for the Cancer Council	Bermagui Country Club	10am
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	Dance Cobargo	Cobargo School of Arts Hall	start 6pm
1 st Tuesday	Bermagui garden group	venues vary, phone Heather: 6493 5308	
1 st Wednesday	social bridge	Tilba Valley Winery	2pm
	Bermagui Historical Society meeting	Bermagui Museum in community centre	2pm
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	Dru Yoga class	Cobargo School of Arts Hall	from 10.30am
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes H'way Cobargo	10am-11am
Fridays	meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
2 nd Fridays	Tilba CWA meetings	Small Hall Tilba	10am
3 rd Sundays	Cobargo/Quaama food swap	venues vary, phone Tam: 0409 882 944	10am-12 noon
last Sundays	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
Wed 4	Live wire sculptures by Alan Holly 'Tasmania' exhibit by Helen Stafford	Main Gallery, Side Room, Lazy Lizard Gallery, Cobargo	Mon-Fri 10am-4pm Sat till 1pm
Thurs 12 May	'Framed'	Sop 7 Artspace, Fishermens' Wharf, Bermagui	Mon-Fri 10am-4pm
til Sun 22 May	'on the beach' exhibition, paintings by Kate Stevens & Olivia Bernardoff	Ivy Hill Gallery, 1795 Bermagui Rd, Wapengo	Thurs-Sun 11am-5pm
Thurs 26	Winter exhibition: drinks Sat 28 at 3pm		

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month