

Where two becomes 'One' in Cherokee wedding



Irene Friedrich, Matron of Honour; Donna Parker, Barbara's daughter; Barbara (bride); Norma Simpson (mother); Shayne (groom) and Geoff Parker, Donna's husband

Saturday 30 April, saw a Cherokee Wedding Ceremony on the Bermagui Point.

Local retirees and active volunteers, Shayne Brooks and Barbara Simpson Jankovic of Bermagui, celebrated their marriage with a Cherokee wedding ceremony. Their union, officiated by Kestrel Moonsong, was witnessed by Barbara's cousin, Irene Friedrich from Ballina and Shayne's old school friend, Norm Beaumont from Leeton. In keeping with Cherokee ceremony, Barbara was supported by her mother, Norma Simpson of Bermagui, and all the female members of her family. Close



family and friends gathered to support the couple and enjoy a lovely afternoon tea at Bermagui Beachside Café. Barbara's

daughter Donna Parker, bought the head dresses as a gift to the couple. The traditional Christian ring ceremony was performed by Rev. Joy Harris and the Cherokee Cup ceremony was then completed at a toast to the couple at the reception venue.

Shayne has Navaho Heritage, but it was Barbara's long time fondness of the Cherokee Nation that determined the ceremony. Barbara has followed the Cherokee culture for most of her life. Together, they took pride in doing the Cherokee Ceremony of The Seven Steps around the tepee, which made the "ONE".

Kestrel Moonsong

Years ago, when about to mix socially with comparative strangers, the advice widely given was “don’t talk about sex or politics and if in doubt, particularly among strangers, – talk about the weather.” The weather, always variable, was considered a safe subject. Today there seems little hesitation with regard to discussing sex and while talking politics can be difficult it is still safer than talking about the weather. Speaking about the weather can lead to trespassing on that truly taboo subject – climate change. There you are, the dreaded words are spoken. Having broken the taboo perhaps now we should compound

the error.

From one viewpoint we have seen a beautiful autumn and the mildest start to winter, brought to us by a strong El Nino. We have been lucky not to see severe fire or drought in the district and all in all the weather has been delightful, if unusual. We accept and enjoy it, because the alternative is to see this pattern as the forerunner of an almost inevitable downward spiral of collapsing ecosystems. Maybe that is why climate change has become such a taboo subject.

An alternative position accepts responsibility and attempts in some way

to make lifestyle changes. Small changes certainly but they will all contribute to the final result. One of the big issues is the on-going use of fossil fuels and the impact that will have on climate and at last some of the big players are moving away from investments that damage the environment.

The Bill and Melinda Gates Foundation has sold its entire \$187m investment in BP and since 2014 has quietly dropped 85% of similar investments in fossil fuels it previously held. The world is starting to take action on global warming and perhaps we can all breathe a sigh of relief.

Letters to the editors

Which Party?

I recently was asked, who to vote for. Shouldn’t we rather ask the question for a Federal election, which party to vote for?

For years we saw people being influenced by a nice face, or a person frequently appearing in the media e.g. movie stars as American president or the millionaires, who can afford the most advertising or got the most donations.

Instead of negative campaigning, bad-mouthing, mudslinging, 3-word slogans and fear-mongering, all the voters need is proper information, what the political parties actually stand for and how it will benefit the communities, not empty promises to buy votes and propaganda during tax-payer-funded travel by all the candidates or debates, which only involve the 2 major parties.

For voters to be able to make an informed decision, I would suggest to make it obligatory for a democratic government to release simple pamphlets, distributed to every household, outlining the policies and decisions of each political party and real achievements. This could also be made available, compiled on one easy to find webpage, rather than expensive glossy brochures, several per week and massive placards, which get stolen by members of the other parties.

*Dörte Planert Co-ordinator for
Boomerang Bags Bega Valley
Sapphire Coast*

Why WiFi?

Living in Bermagui and having my son attend Bermagui Public Primary school I have been confronted with the ‘proud announcement’ that our children are now educated through wireless Internet on iPads and laptops in their classrooms.

Numerous recent scientific publications have shown that EMF (electromagnetic field) affects living organisms at levels well below most international and national guidelines. Effects include increased cancer risk, cellular stress, increase in harmful free radicals, genetic damages, structural and functional changes of the reproductive system, learning and memory deficits, neurological disorders, and negative impacts on general well-being in humans. Damage goes well beyond the human race, as there is growing evidence of harmful effects to both plant and animal life.

There has been no consultation with the parents before introducing these emitting devices, classed as possible carcinogen 2B, it has become a further concern that these wi-fi routers are switched on the entire school day.

My request to the school to have on and off switches installed in each class room was rejected.

Apparently our Department of Education is following ARPANSA guidelines, which are about ten years out of date. If you have a child attending school with a wi-fi router and you are not aware of

the dangers attached please look at iView, ABC, the program *Catalyst*, Tuesday 16 February 2016, “Wi-Fried?” www.wifi-in-schools-australia.org. Please sign the petition on this website www.MagdaHavas.PhD. Under the tab for schools are three videos explaining the health concerns connected to exposure to wi-fi microwave radiation.

Attached link further proof of the overwhelming *International Scientist* appeal <https://www.emfscientist.org/images/docs/International-EMF-Scientist-Appeal-2016.pdf>

A concerned parent in our beautiful triangle.

Marion van Delft

Thanks to all

To the Editor

WOAH.!! Well, if you missed Juke Joint N°3 - Tropical Special in Cobargo last month, then you certainly missed out! What an absolutely incredible night of music and good times that wouldn’t have been possible without the dedicated hard work of so many people.

For the incredible support in the lead up and working the door on the night: Sarah, Michelle and Amanda – thank you! For all the hard work getting the venue ready and mobilising a small army of helpers, Mr Rowan Dixon and the extended family Dixon – thank you! For the great little happenin’ pop-up record shop, thank you Sugar Sounds! Who could forget our amazing disc jocks? Johnny El

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.

letters cont.

Pajaro, Boogaloo Jones (Lochie Kilby), DJ Nickoff (Nick Coyle) and an extra special mention to the wonderful DJ Twist (Tim Burke). Tim Burke is not only the best walking, talking, one-man promoting machine, but also an absolute gentleman and provided the fantastic 'Slightly Twisted' Soundsystem for the night, along with his DJing efforts – make sure you check out the Slightly Twisted Productions events going on along the coast and his radio program Tim's Spare Room on 2EAR FM. And the food! Who could forget the delicious Caribbean eats supplied by the good folk at Guy's Place? So goddamn tasty. Also, thanks to Rob from Bermagui Equipment Hire, Alf for the drapes, Nath for his work on parking and to all the businesses who put posters up and local press who ran stories.

Last but not least, thank you to all you good-looking music lovers out there in the community for traveling from near and far, supporting the Analogue Juke Joint. We have photos up online at facebook.com/analoguejukejoint from the amazing Michelle Flynnnie... and as for 'next time' make sure you follow us online or keep an eye out for any news on the horizon...

Tom Noonan

Volunteer Week

It was a great article by Carolyne Banados (Volunteers - Our Unsung Heroes, *The Triangle* May issue) and when reading *The Triangle* I am amazed at how well and by how much the area covered by this publication is run by our volunteers.

There is one big effort that should be included - and that is the dedication shown by the members of the Montreal Goldfield Management Committee. The guides especially turn up each day to be there for visitors to come to the goldfield. The aim is to bring people into this beautiful area we have here. Recently, a family from Ghana, now in Canberra, came to Bermagui just to see the goldfield which makes it special for us as well.

This place of Australian Cultural Heritage has been deemed worth preserving by our volunteers as it has special significance being the only goldfield in Australia that goes into the sea; and of course it has the great unsolved crime - The Bermagui Mystery.

So we should say "Hi" to the Montreal Committee, a not-for-profit organisation, to show our appreciation of the time and effort they put into this project. But for

now, I'm sure everyone throughout the Triangle area should feel good about the volunteering they are doing.

Judi Hearn

Thumbs Up

to the fantastic volunteers in the Bermagui Information Centre who helped my friend track down her missing purse-well beyond their job description!



to the young man who helped Sally up the other day when she had a fall, she would like to thank you

to the Cobargo Tourist and Business association for organising the Antiques Appraisal Days with Alan Landis from Sydney

to people who make a gold coin donation to *The Triangle*

Thumbs Down



to the huge ginger cat that wanders around in one of our local caravan parks, killing our native birds and animals, to date, four generations of plover chicks have been killed as well as numerous doves and a bandicoot, and that's just the creatures that have been found! The community is angry.



Waggiest tail? A contender from the Quaama Dog Show. See article pg 18

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Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

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The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

Chicks with attitude: Cobargo CWA - a great way to meet the locals



Sally Halupka receiving award from Natalie Weismantle, Chairman of the CWA of NSW Cookery Committee

The formation of the CWA (Country Women's Association) dates from 1922. It originally came into being in response to the isolation experienced by rural women in Australia. It aimed to develop a sound understanding of nutrition and child health in view of the appalling lack of health facilities and high child mortality often from minor illnesses. The response and the impact was immense and is documented in *Serving the Country* by Helen Townsend.

The Cobargo CWA is just one of the branches of this organisation in The Triangle area. There are branches in Tilba and Bermagui and of course in many other towns and villages on the South Coast and they are all part of the South Coast Group which stretches from Eden to Batemans Bay. Much of this story will be relevant to all of them, but each branch of the organisation has its own personality, generated by the members, and this story is about Cobargo.

CWA Cobargo started in 1946 and was originally run from the building that now houses Well Thumbed Books. The CWA cottage was purchased in 1957 and it is said that the ladies arranging bank finance for the purchase were required to have a male guarantor for the loan!

Following the purchase, Cobargo RSL did some necessary renovations. Subsequently the cottage was used for the Baby Health Centre and current member, Shannon Russack was the Baby Health Centre Sister. The members responsible

for raising funds for the purchase then paid off the debt over a period of 14 years by catering for the Cobargo Show. The CWA had arrived and it was an important community organisation.

By the early 2000s member numbers had dwindled somewhat, perhaps responding to the changing roles of women and increasing numbers of women in paid employment, often off farm. As a result, the focus of the CWA shifted a little and they began to be recognised as a powerful lobby group for social change.

Any member with a burning passion for a particular problem can present this to the local branch and, if supported, can present it to the larger group meetings, which occur four times a year. From there the idea can be passed to the state level and if agreed it is then passed to the CWAA (Country Women's Association of Australia) executive. Currently they are supporting the recognition of, and research into Lyme Disease and lobbying for assistance with Q Fever vaccination costs for workers in abattoirs.

With an Australian membership of over 20,000 feisty women, suggestions from the CWA carry considerable weight with political powerbrokers when representations are made to all or to any level of government.

Examples of social change in Australia brought about by CWA include representations about foreign ownership of Australian land, flashing lights at school

crossings and speed control areas, white lines at the edge of the road and dips in the kerb at crossings, to assist women with prams or pushers. They also support various charities, for example, providing 'Mother & Baby' packs for mothers in Papua New Guinea, these packs go direct to the Medical Centre for distribution.

But it is not all work, they host the South Coast Music and Drama Day in Cobargo and they have a great relationship with River Cottage and Paul West.

River Cottage cooked for volunteers who answered the call for help when the cottage was painted recently. The CWA cater for the Yuin Folk Club Annual Party and they run Australia Day in Cobargo as a 'thank you' to the Cobargo community.

The CWA rooms can be hired at the very reasonable rate of \$6.00 per hour including access to a simple kitchen.

Catering has always been a strong element in the CWA and it remains important. There is an increasing interest in growing, preparing and cooking fresh food and Cobargo CWA would like to bring some of that knowledge to the local primary schools. They are also interested in making sure that recent changes to preschool funding are fit for purpose in country areas.

For more information contact President Lyn Jones on 6493 8360 or Publicity Officer Mary Williams at 6493 6167.

Jo Lewis

Well here we are in the thick of winter...but where's the cold weather?

The unseasonal warm weather has enabled us to continue swimming and enjoying our outdoor activities right through the autumn and into the winter. Winter bulbs were blooming in May. The veggie garden's still gifting an abundance of veggies that would ordinarily have been killed off by the frost! There are even a few blossoms in the orchard!

How lucky that we can enjoy these mild conditions. And at the same time, how much longer can we cope without rain!? The soil is getting drier and drier, as the warmth continues and the rain evades us. Perhaps some serious finger crossing and rain dancing is in order.

One local woman who'll be doing a whole lot more dancing, is Dalice Partridge. Dalice, owner of Cobargo's Train Café and mother of four gorgeous young daughters, has decided to close her café in order to spend more time mothering before her girls grow up. So, for the time being, it's goodbye once again to our iconic café. All the best of luck, Dalice. Enjoy those girls of yours and thanks for your delicious value for money meals and your generous smile.

Great news up at Sweet Home Cobargo, where the dust has finally settled after numerous ownership changes, with a single new owner. Charles Body, previously a shareholder in the business, much to the delight of the community, has begun consulting with locals regarding the future direction of the store. He has learned from his consultations that a general store type setup seems to be the most popular, with some movement back to the original

concept of the store as a community hub promoting and selling affordable, organic and local food.

One customer has acknowledged that the town needs a heart now that supermarket has closed and Charles believes that SHC has the potential to be that. He would also like it to be the 'go to' place for community gatherings, available to a variety of community groups. A part of that is dinners and catered meetings and gatherings. Perhaps even a few themed dinner nights. If that's you, give the store a call on 6493 6440, to discuss your needs.

Charles sees the closing of supermarket, not only as opportunity, but a responsibility, so be sure to let him know what your needs are. I am particularly grateful to him for his foresight and generosity in considering the community first and for getting specialty grocery items into the store.

We wish Charles and his team the very best of luck.

Well, it's official! Cobargo's Medical Practice has been shortlisted as one of the three best rural practices in Australia! The award from AGPAL, the body responsible for the accreditation of Australia's medical practices, is not only prestigious, but an honour for our doctors, Nghia Tran and Tracey Lucas-Ramadan. They were the only NSW practice short listed for an award, the other two being from

Queensland. Nghia and Tracey would like to thank the community for their support and patronage. They are both delighted and excited. The final winner will be announced this month, so fingers crossed for our local doctors.



Carrie Evans participating in the final concert of Firebird Forensics

During the last school holiday break, Wandella's Carrie Evans, a talented young violinist, travelled to Sydney to attend a selective workshop called Firebird Forensics, where she worked with 30 other gifted and talented music and dance students from all across NSW public schools to dissect Stravinsky's Firebird

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Cobargo Conversations cont

suite under the guidance of Paul Rissmann. They were given 5 days to re-compose the firebird suite with a final performance at the Conservatorium of Music in Sydney. Carrie hopes to one day be a professional musician. She is well on her way to reaching that dream! Congratulations Carrie!

The tale of two raging grannies on their mobility scooters setting out on a journey across the USA is the theme of the next Cobargo Community Documentary. The grannies travel from Seattle to Wall Street on a quest to challenge the idea that we must continue to shop, consume, amass, and keep the economy growing. Sounds like a great attitude to me! Don't miss it! It's on Sunday, 12 June at The Old Cobargo Butter Factory at 3.30 pm.

The Off-The-Page competition, in collaboration with the upcoming Sisters of Crime event, is now open. Time to let your creative juices flow. Start by dropping in to the Well Thumbed Bookshop, where you can pick up your book, engage your imagination and remodel your book into a work of art.

Now you see it, now you don't! It seems that the much talked about opening of the vintage clothing store was, despite its popularity, a short affair!



Georgina, Tess and Bernie celebrating their vintage store opening

Georgina, Bernie and Tess celebrated their opening last month, with a wonderful party, attended by friends and community from far and wide. They have now closed their doors, leaving the shop vacant and soon to be reopened with a new endeavour. There are whispers in the wind as to new beginnings, but they are just that at this point! So what next?

Sad times recently befell Cobargo, with the passing of our former beloved vet, Graeme Hunt, who recently left us after a short battle with cancer. His life was celebrated by the community, at the Cobargo pub. The overflowing lounge was a credit to the love that he was held with. Our deepest condolences go to his wife, Beth.

Got a story? Enter the Olga, open now

The Triangle region's own short story competition, the Olga Masters Short Story Award, opens again 1 June.

Entry is open to Australian residents. Stories should be 2000-5000 words, about any aspect of Australian rural family life. First prize is \$1500. There is a \$500 prize for the runner-up. Last year the competition received 96 entries from all over Australia.

The competition, now in its third year, celebrates the life and writings of Olga Masters (1919-1986), Australian journalist and author. Olga was born on the far south coast of NSW, and lived there, in Pambula then Cobargo, until the age of 18. Much of her fiction is coloured by her experiences in this region.

More information: www.olgamastersshortstoryaward.com.au.

Olga Masters. The short story competition celebrating her life and writings opens this month.



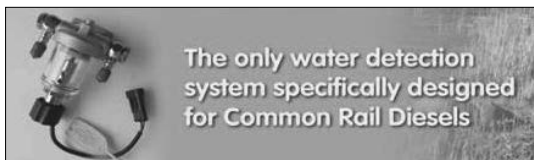
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2016 Ted Ex at Well Thumbed Books

As part of Cobargo's etc weekend, Well Thumbed Books is inviting everyone interested in their local community and understanding how it works to come to the shop in Cobargo on Saturday 11 June at 10am. Stimulate your brain with four local speakers who will lead a discussion on the importance of connection within local communities.

Ros Hewett one of the terrific volunteers from the Cobargo Op Shop will give us an update on the support they have provided over the past 12 months to local not-for-profit groups.

Simone Huigen will tell us about the benefits of electronic connections within communities – even the non-technological amongst us will be interested in how she has been able to promote the region through Bermi-Buzz.

Geoffrey Grigg, a South Coast Producers Association representative, will share ideas on the new local food economy that's about family, healthy local food decisions, how they affect your life, co-creating community connections that radiate from the table and how you can make money from home gardens in your communities.

Debra Summer is our local celebrant who connects us all through her sensitive work with individuals and families, crafting ceremonies marking those landmark events from birth, marriages and beyond.

The legendary food provided at all Well Thumbed Books events will also be on offer. Donations for eating this delicious food will be given to Rural Australians for Refugees (RAR) Bega Shire Branch.

So – set aside a few hours to feed your brain, eat delicious food and support those who challenge us all to connect with each other and help build more sustainable communities.

Louise Brown

CWA NEWS

We are happy to report that Sally Halupka won second prize at the CWA State Land Cookery competition in Cowra for her Sultana Cake and her Light Fruit cake. Norma Allen also received a highly commended for her Boiled Fruit Pudding. Congratulations to both members. Far South Coast Group, to which Cobargo belongs also took the first prize in the Handicraft Group entry, winning by a big margin.

A great time was enjoyed by the Cobargo members who attended the State Conference. Among the many items for discussion were transition from fossil fuel production and use, and calling for research, development and investment into renewable energy; adequate funding for community based not for profit early childhood centres in rural and remote areas with lower population levels; funding being made available for identification, treatment and prevention of Q fever with subsidisation for a vaccination program; supporting rural and remote communities in maintaining access to women's health services; testing and screening for Vitamin B12 deficiency; and the removal of GST from feminine hygiene products. We finished with the Gala Dinner where a great time was had by all.

Our evening gathering last month in Cobargo was successful. It was held for women interested in CWA, but who were working or did not like formal meetings. It was decided that we would hold these get-togethers every two months so that the women involved can be part of CWA to the degree they choose. Our next evening gathering will be on 12 July at 7.00pm

Anyone interested in joining CWA or who would like to find out what we are about is welcome at our monthly meetings. The next meeting is on 14 July at 10.30am at the CWA cottage on Bermagui Road.

Two Raging Grannies

Documentary by Håvard Bustnes
Sunday, June 12 at The Old Cobargo Butter Factory at 3.30pm

Two raging grannies on their mobility scooters set out on a journey across the USA. They travel from Seattle to Wall Street on a quest to challenge the idea that we must continue to shop, consume, amass, and keep the economy growing.

Shirley (90) and Hinda (84) grew up during the great depression. They are, and have always been engaged in social and political issues. In fact Shirley has been in jail around 20 times for her activism. The current financial crisis, the global warming and their worry about the grandchildren's future have made them question the common worldview that we need perpetual economic growth.

This is the starting point for a journey coast to coast where they're looking for new answers. Attending a lecture at the University of Washington, their straightforward questions get them kicked out by the professor. Seeking advice from a financial advisor, they learn that "only a meteor could stop economic growth", and sneaking into a Wall Street charity dinner and grabbing the microphone, they end up being abused by a security guard.

Their personal mission binds them together, but traveling in their old age also brings out new challenges. Sometimes they bicker like an old married couple and their intimate relationship is at times tense, but always filled with humor and love. This is a film searching for new answers, but also a film about friendship, coming of age, illness and fear of death. Love from the family gives the ladies strength when they are close to giving up. They won't find a clear solution and simple responses, but looking for an answer is keeping them very much alive.

Lena Kuppens

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Opportunity: The Cobargo Bowerbird Opportunity Shop

How lucky are we to have the Bowerbird Opportunity Shop in Cobargo! This venture, started less than one year ago, has cemented itself into the community, not just as Op Shop but as a community centre. Run and managed exclusively by volunteers, in just over nine months proceeds from the sale of donated goods have amounted to \$12 000, all of which has been donated back to community, not-for-profit groups. Their Community Grants Program is the easiest process for accessing funds for projects and has proved to be an invaluable source of funds for groups such as the Friends of the Cobargo Cemetery, the Cobargo School of Arts Hall and a range of our sporting groups. Grants are distributed every three months, and application forms are available at the shop. This is truly volunteers supporting volunteers!

The Bowerbird is fulfilling the vision of the women who form the voluntary committee. It is filling a need for those who have limited incomes to access really good quality, clean goods; it encourages all of us to recycle goods we no longer need, and it is a veritable treasure trove of items for the opshopologists amongst us. Volunteers enjoy the company of the many locals who are regular visitors, and locals know they are always welcome to drop in for a chat. The prices on all goods are extremely reasonable, closing the 'circle of opportunity' provided by these terrific unpaid workers. They have our genuine

thanks, and in return, we should all promise not to drop off unsuitable or unclean goods – there is enough work for the volunteers to do without having to sort through our unwanted rubbish!

If you would like to learn more about this unique enterprise, come along to the Ted-Ex talks at Well Thumbed Books on Saturday, 11 June from 10am, when one of the volunteers will be available to answer your questions.

Heather O'Connor

Change to Service times for Anglican Parish of Cobargo

Bermagui - All Saints: 1st, 2nd, 3rd Sunday 10am HC; 4th Sunday 5pm Evening Prayer/Contemporary Service

Cobargo - Christ Church: 1st, 2nd, 3rd Sunday 5pm HC

Quaama - St Saviours: 4th Sunday 10am HC, 1st Wednesday 10am Morning Prayer



The Woman in the Grey Suit - A Triangle Whodunnit

Well Thumbed Books in conjunction with Four Winds will be holding a 'Sisters in-crime' weekend in October.

As a lead up to this weekend we will be running, through *The Triangle*, a fictional murder.

In this June issue are more details and clues. The idea is that you, the reader, solve the murder.

Prizes will be awarded for the most inventive, entertaining and logical solutions. All 'reports' to be in written form, up to 500 words. Competition closes 15 August. Send entries to louise@wombelano.com or drop them into Well Thumbed Books with your contact details. Each month the next installment of clues will be printed in *The Triangle* or you can download them from *The Triangle* website at www.triangle.org.au

Investigations are progressing into the murder of Ms Grayston.

Details found in the deceased's computer have police baffled, it has been discovered that her email list included an extensive amount of correspondence from **HHAHD@gotmail.com**. These emails contained a large amount of acronyms and encrypted wording. A code-breaker has been enlisted.

It would appear meetings between Ms Grayson and the email recipient were organised at regular 14 day intervals for the duration of her sojourn within the Triangle area. The fortnightly meeting places were all within our Triangle: the Tilba Growers

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Social Bridge: Wednesday 1st from 2 p.m.***

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Cobargo Conversations

Market, the Bermagui Country Club and the Rotunda in the Cobargo Park next to the bridge. Due to the popularity of these venues, the identity of the email recipient is now seen as crucial to the police investigation. There was an underlying risqué content to the emails, with a sinister twist in the last email sent by Ms Grayson.

It has been ascertained that Ms Grayson had dealings with political parties in several third world countries.

Inspector R Sole has requested more assistance from Sydney CIB for more personnel to be dedicated to this investigation. A large number of people within the community have undergone questioning from Inspector R Sole, some having been called in for re-questioning.

It appears Ms Grayson made some enemies within the community due to her outspoken views on environmental and community issues. It can also be revealed that the deceased spent many evenings with the local 'foodies' and 'musos' partying 'til all hours and sometimes having to stay overnight due to the insistence of concerned friends.

Three nights prior to her murder it is reported that she was wearing a pair of red stilettos, it is still to be determined if these were the same shoes of which one was found at the murder scene lodged in her neck.

Ms Grayson was not seen on a regular basis with any one person, this may have shed light on the email connection.

Any information regardless of how irrelevant it may seem, may well be the key to solving this case.

To be continued...

Go Tabitha Team Super Cs

Six hundred snags, five hundred lolly bags, seven kids' discos, six raffles, donations, money tins and a fantastic community supporting all of them has allowed Tabitha Team Super Cs to raise over \$29 000.

Two Years ago we set a goal of \$20 000 to build ten houses in Cambodia, our fundraising calendar was set with a dynamic team to execute it. Our amazing community (Bermagui, Cobargo, Tilba and beyond) embraced the Tabitha Foundation and opened their hearts and wallets beyond our expectations. It is with full hearts and gratitude we thank you.

On the 12 June 2016, Team Super Cs will travel to Cambodia to build 16 houses (including drinking wells) and five farming wells. We will be building a sustainable village for over 90 people to live and work in. An outstanding achievement only made possible due to your support.

Our team consists of 18 people, four of whom are under 14 years old. They come from as far south as Buninyong, Victoria and as far north as Coffs Harbour. We will be posting updates of our build onto our Facebook page 'Tabitha Team Super Cs' so you can be a part of our final journey and witness the difference our beautiful community has made to the Cambodian people.

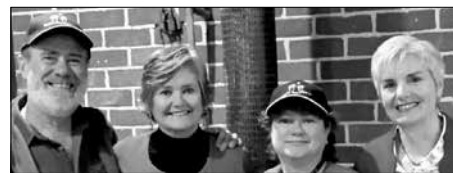
A huge thank you to the Bermagui Country Club for allowing us to host our events, Terrace Restaurant, Bermagui Fresh food Emporium, Bermagui Cellars, Gelati Clinic, Cream Patisserie, South Coast Cheese, Strangers in Paradise, D.J. Greg, Cobargo Business Community (including Sam, Fiona and crew). Without

your support this could not have happened.

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Fran Trenerry



Brian Meyers, Shirelyanne Myers, Samantha Fenton and Fiona Drum



Sara Cefai and Rob Beuzeville (Country Club General Manager)



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Race Against Time An Interrupted Dream A Performance of Words & Music

Triangle readers may remember Chris Latham well – he was the Artistic Director for the Four Winds Festival over two Easters some years ago. Now he is bringing a very special event to the Four Winds' Windsong Pavilion in Bermagui - the travelling stories and beautiful pastoral music of Septimus Kelly, composed 100 years ago, in what will be some of the first modern performances of many of his works.

Chris, as well as being the previous Artistic Director for the Canberra International Music Festival and creating the Gallipoli Symphony (the recording of which is now one of ABC's top selling videos), is an Anzac Fellow and is now



Chris Latham

running a program called The Flowers of War, which is a project to uncover, perform, discuss and celebrate the music and art that talented men used to cope with the horror of World War I. Over the next three years, nine concerts of recently discovered music, diaries, poetry and art will be performed in Canberra, Bermagui, Sydney, Melbourne and France, including

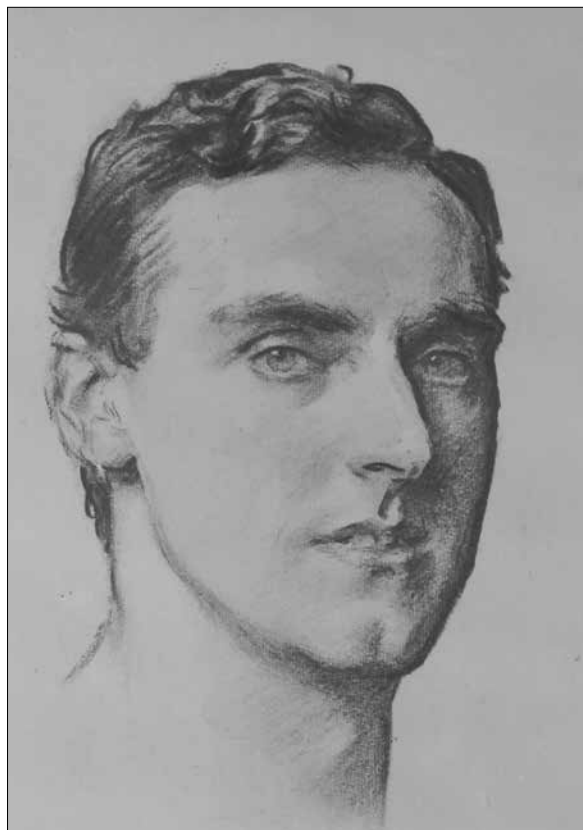
a tour of villages of the Somme.

For many of the men, it was a race against time to write the music they wanted to write before they were killed – some of them had premonitions, sadly often right, that they would die with the music locked in their heads.

One of the men was Australian Frederick Septimus Kelly, an Olympic gold medal winning rower who died in the Somme in 1916 and Australia's greatest composer of WW1. Educated largely in England and Germany, a friend of Ravel who championed his music, he was one of the war's most active creators, writing music throughout the Gallipoli and Somme campaigns.

Kelly has a connection to both Bermagui and Barragga Bay, where his music will be heard in the Windsong Pavilion in August. In 1911 he toured the far south coast with the Sydney Symphony Orchestra. Carrillo Gantner will be reading from his diaries, in which he mentions Barragga Bay, at the concert. Join us for what will be a beautiful performance of words and music with strong links to Bermagui and Barragga Bay.

Performers include: Christopher Latham (violin), Tamara Anna Cislowska (piano), Louise Page (soprano), Christina Wilson (mezzo), and Alan Hicks



Frederick Septimus Kelly, sketch by John Singer Sargent

(piano).

Race Against Time - An Interrupted Dream

On Sunday 7 August, 2pm at The Windsong Pavilion, Four Winds, Bermagui. Cost: \$25 for adults. 16 years and under free

Bookings Essential at www.fourwinds.com.au

Marg Hansen

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Coming up at Four Winds

Radical Voice # 2
with Costa Georgiadis, Gardening Australia
Wed 8 June 2016, 6.30pm



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Kickstart for Body, Mind and Space

Bermagui fitness trainer Amy Moyce has developed and designed an innovative circular yoga and exercise mat. The Camel Rock Manda Mat - known as the 'Manda' was launched in early May on crowd funding website kickstarter.com Experienced and well established, kickstarter.com has a focus on creative projects and the people who make them happen.

Amy and her business partner Elle Holmes, a professional photographer and event operations manager, have been friends since their teenage years in Adelaide, studying, travelling and working together in Australia and overseas. Now both married and with children, they pooled their knowledge and their interests

and began their business. They named their company Camel Rock, after one of Bermagui's best known landmarks which stands guard at the end of a long stretch of beach.

"We wanted to share the sense of space and serenity at Camel Rock when people see the name," Amy said.

The Mandas are almost 2 metres (6 feet) across, with four striking designs in white on a black background. Being large and circular, they allow a 360 degree range of movement, giving freedom and space for wide poses and can accommodate two people at the same time. The Manda was developed from Amy's long experience working as a personal trainer, in fitness clubs and the environments of gym classes.

It needed to be portable, cushioned, aesthetically pleasing and to have a range of uses. And it does. Amy says its many possibilities include being used by the self-practitioner, the yoga retreat, boutique clubs and by personal trainers. As well, it can double as a safe play mat for a young child, a comfortable picnic rug or beach mat. For Amy and Elle, the venture is as much personal as well as professional.

"We wanted to create a product that would inspire people to practice, but also to build something that would be the start of a new stage of our own lives," she said.

For more information and a beautiful video shot at Camel Rock: www.camelrockyoga.com.au

Amy Moyce



Camel Rock Manda Mat

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U3A goes to the birds!

Bermagui & District U3A members enjoyed perfect weather and a fascinating experience at On the Perch, the new bird sanctuary at Kalaru. Owner Steve Sass entertained and enlightened the group about his feathered friends while they sat among hundreds of different birds that were feeding, nesting, walking and flying about.

Did you know that feeding seed to lorikeets destroys the little bristles on their tongues which allow them to feed on nectar? They are forever doomed to eat seed to which their metabolism is not adapted and they die at an early age instead of living to their normal life span of ten years or more.

*Rosemary Knight
U3A Bermagui & District*



A Crested Pigeon checks out Ursula Golding's bag for treats at U3A Bermagui & District's excursion to On the Perch

\$\$\$ to be won
in the AKT competition



see page 20 for details

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Something new in an old-fashioned way

How can you miss this? A great activity for the children next school holidays. Dress up in clothes like those worn over 100 years ago by children of the Montreal Goldfield. The children who have visited Montreal really love this. Mums and Dads, bring the family to enjoy the atmosphere of the 1880s and take some photos of the kids looking like part of the township that was here then.

Kerri has put this all together at the Montreal Goldfield Heritage Centre which is open for this event from 1pm to 4pm on Wednesday 6 July and on Wednesday 13 July. Miners' Certificates will be awarded to take home and other children's activities will be there to enjoy. Guided tours will take place at 2pm for those who want to take a walk around and hear the Montreal story on the goldfield itself.

The cost of \$7.50 for adults, \$5.00 for children and \$25.00 for a family of four children or more, includes a guided tour if wanted. No children are to take part in any activity unless accompanied by a parent.

Judi Hearn

Probus celebrating 25 years of service in Bermagui



Mr Tony Howland, the Rotary District Probus Coordinator (right) cutting the cake with President Terry Irvine to celebrate twenty five years of operation in Bermagui

Two dynamic events in June at Four Winds

- TV personality Costa Georgiadis will be talking on the subject of Arts, Ecology, Environment and Community in the second of our Radical Voice series. You can be part of the discussion on 8th June at the Four Winds Windsong Pavilion.

- Stars of the 2016 Festival, 'Taikoz' are joining Bega Taiko group, Stonewave Taiko, for a weekend of Taiko – Japanese Drumming - at Four Winds. This is your opportunity to take part in an ancient Japanese art-form, in one of two public workshop sessions.

Radical Voice #2 with Costa Georgiadis

*Wednesday 8 June 6.30pm – 8pm
at the Windsong Pavilion, Four Winds,
Bermagui*

Costa Georgiadis, landscape architect and well known TV personality, is coming to Bermagui. Costa will be visiting three local schools during the day and will learn more about the Four Winds Native Species Arboretum when he visits the Four Winds site.

Costa will deliver Radical Voice #2 – a talk in which he will speak about his experiences of the arts, ecology, environment and community – and how this fits in a national context. The 45 minute talk will be followed by an audience Q & A session – come and put your questions to Costa.

Adults \$15. Children 16 and under free.

Probus Update

Our Probus Fellowship day was a great success with a good response from our guests. There were quite a few who chose to become members as a result.

Our principal guest was Mr Tony Howland, the Rotary District Probus Coordinator. He spoke of the origin of Probus in England, which quickly spread to New Zealand and then to Australia. There are now more Probus clubs in Australia than Rotary Clubs.

Bruce Grimmond, Secretary



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Community Spirit and History



Meg Dodson, Michelle Dedlefs and the quilt

Like most small community facilities, the Bermagui Museum relies on volunteers and fund raising to pay for the collection and upkeep of local history. So when Michelle Dedlefs from Stitch Connection and Meg Dodson from Megs Quilting donated one of their beautiful quilts for the upcoming Fathers' Day raffle, the Museum members were delighted.

The many hours and materials used in making the quilt value it at over \$1000. The Museum Curator, Marianne Hunter said the Museum would use the money raised to purchase much needed equipment and materials to further develop the local history area and create a more modern facility for locals and visitors.

At present there are over 7500 images in the Museum's collection that have been professionally digitised and illustrate the shared histories of the Bermagui, Cobargo and Tilba communities. This collection is continually growing as people bring in their old photos for scanning, which are then digitised to a national standard.

The stunning blue quilt will be on display at the Bermagui Library from

1 June. Raffle tickets will be available at Stitch Connection in the Bermagui Arcade, Bermagui Triple 777, The Cobargo Newsagents (say g'day to Ken, who kindly donated the raffle tickets) and Bate's General Store in Central Tilba.

Tickets will also be on sale at the Museum (within the community centre) open every Thursday, Friday and Saturday from 10am to 2pm (volunteer dependent) and outside Woolworths on available dates (thanks Errol).

Marianne has expressed gratitude for the generosity and support of the above businesses and the wonderful community spirit that is alive and well in the Triangle locale. The raffle will be drawn at noon on 3 September outside Woolworths at the Museums sausage sizzle.

Zumba finishes but the music continues

It's been seven years since Takakura Kumiko (our very fabulous Kumi) started her Zumbi classes in Bermagui and what a hoot it's been.

We've swung our hips to mambo, salsa and tango rhythms and but now Kumi feels it's time for a change. So from this month she's beginning World Wide Dance and aerobics.

We've already had a taste of what's in store. Each class is a mixture of Hula, Salsa, swing, Japanese funk and finishing with a 15 minute non-stop dance aerobic routine.

The classes are Wednesday 9am, Thursday 5.30pm and Saturday 10.30am at the Bermagui Community Centre.

Her routines will be much the same for each class but vary in intensity, the Wednesday class being the 'easiest'. And the great thing is you can work at your own pace so if something is too hard you can simplify...just keep moving!

So come on, the more the merrier. Stay warm...and fit...this winter. Blokes welcome too of course. The cost is \$10 per class. You can call Kumi for more info on 0412 638 071 or email: info@pilatesbermagui.com.au



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The inaugural Tilba Community District Ball was held in the Tilba halls on Saturday 14 May. It was an outstanding success. The band, Kitty Kat and the Band of Thieves was fantastic. Everyone had a great time. The CWA provided an amazing supper. So much glamour in Tilba! This will be an annual event.

Congratulations to Sherry Hayden of Tilba Tilba - Belle of the Ball. Sherry looking stunning in an outfit combining classic and contemporary. She wore a green satin ballerina gown, white lace-trimmed voile over blouse and underskirt, and suede boots, with the finishing touch a simple floral bandeau in her hair. And congratulations to Chris Reid, Beau of the Ball, who was extremely dashing in 'tails'. The Thompson family won the most glamorous table award, and Ry Dibden, the lucky door prize.

The profits raised from this evening

will go towards funding the next program of major works for the halls which are planned to start in September.

The Central Tilba School of Arts Trust is seeking help for the occasional time when others are away with various tasks including the day to day running of the halls, managing bookings and so on. Please get in touch with Sally Pryor or Julie Dibden if you are able to help. Several working bees are proposed over the coming months and willing workers are sought. Please contact Smilie Magill if you are able to help on 4476 3370.

The final programme of the latest successful season of River Cottage Australia was screened on Tuesday, 15 May. This season of River Cottage Australia may have ended but the very enjoyable dinners will continue at Pam's Store on Tuesday nights. Ring Pam's Store to make a booking.

At River Cottage Australia (RCA), the cooking classes are continuing, with the first cheese making class starting in late May. Erica will be teaching how to make camembert, feta and ricotta in her class. RCA is very excited to have Erica onboard - they have been waiting for the right time to lock in this amazing, and very busy lady!

Other than that, the classes are still proving to be very popular - people are still travelling from all over the country, which is fantastic. There is still no news on the next series but with the cooking school going strong it won't be long before we hear about what's next.

If anyone has notices or news for Tilba Bites, please contact me at tilba@thetriangle.org.au or 0427 074 901. Photos of humans and their dogs are sought! Please email to me as a jpeg.

Julie Dibden



The scene is set for the Ball

Tilba RFS Report

Despite the fact that winter is approaching, the RFS is still experiencing fire calls. For example, on the afternoon of 15 May last, Tilba Brigade responded to an escaped grass fire on Punkalla Road. There had been no notification to RFS Control of any proposed burn, and whilst the fact that the intended burn was a small pile, the surroundings caught on fire when the wind came up. This resulted in four volunteer fire trucks being called (although two were able to be stood down before arriving on scene).

It is of interest to note that while Tilba was responding to this fire, there were three other fires being responded to in the Eurobodalla and Bega Shires. It is thus self-evident that fires can behave

unexpectedly and dangerously even in the winter period. All property owners are asked to recognise this, and are reminded that whilst we are in the non-permit period for fires, there is still the requirement to give 24 hours' notice to RFS Control and to neighbours. Fines can apply.

Tilba Brigade is still seeking further active members to boost the numbers available for its significant coverage area. Please consider, and call Bruce Allen 0409 227 655 or Harry Bate 4473 7259 to enquire. You will be most welcome.

Julie Dibden

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Welcome Khenpo Ngawang Dhamchoe



Knenpo Ngawang Dhamchoe

Please come and share in this very joyous occasion in welcoming Khenpo home to Kamalashila Tibetan Buddhist Centre. On Sunday 5 June at 9000 Princes Highway Tilba, 10am to 11.30am, a practice will be held called Sixteen Arhat Puja, which is a practice for devotion to all our precious teachers and gurus. This will be followed at midday by a community

lunch; \$5 donation would be appreciated.

Khenpo will then give an hour talk on 'The History of the Buddha' from 1:30 -2:30pm.

Bookings are essential for catering purposes and we look forward to you joining us at this community event.

Also at the Kamalashila Tibetan Buddhist Centre, from 10 to 13 June

(Queens Birthday Long Weekend) Khenpo will lead a three day Mindfulness and Compassion Retreat. At this retreat Khenpo will give detailed and practical explanations on mindfulness and compassion, both in meditation and everyday life.

Khenpo Ngawang Dhamchoe is one of the most respected, and has the most highest of qualifications, as a Tibetan Buddhist teacher in Australia. This retreat is a rare opportunity to spend time learning about and practicing meditation in a remote and naturally beautiful bush environment, under the instructions of an accomplished and experienced teacher such as Khenpo la.

Bookings are essential: www.drogmi.org / Email info@drogmi.org or telephone 0403 779 099. Costs include teachings, texts, accommodation, food and drinks.

www.facebook.com/DrogmiBuddhistInstitute



Andy Pearce, Bertie and Martha Jones at Spring Hills

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After 5 years of trading we will be closing the shop at our current premises. All stock is on sale until June 30th when we will close. We look forward to seeing you in the shop over the next two months. You can still contact us via our website www.tribalinteriors.com.au or our email tribalinteriors@hotmail.com.au. Thank you for your support.

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I could've been a contender - the 2nd Quaama Dog Show



Primrose and her owner, most lookalike winner

Winning Dogs

About 30 entrants strutted their stuff for a huge variety of prizes at the second Quaama Dog Show on Saturday 23 April. The organisers had a list of categories prepared but the crowd was happy to supply some extra ideas.

So here's a rundown of the prize-winners. Sorry if I missed any but they were coming thick and fast. Miss Alabama of Cobargo for Most Winning Smile; Buddy the retriever for Waggiest tail (didn't he get that one last year?); Remy, a sleek, ivory-black greyhound, as Fairy Princess (pink tutu and all) for Best-Dressed; Longest Tail: Dougy the white shepherd. And he's not fully grown yet. Biggest was wolfhound-cross-maybe-beagle-cross something-else, Basil; Smallest, a miniscule Mimi. Scruffiest face? Cleo for sure. Sootie the little white terrier for Best Trick—a lightning fast rollover, blink and you miss it. Most Look-Alike Dog and

Owner was Primrose the cocker spaniel (or was it Buttercup? Sorry!) and her lovely owner with a top-knot ponytail.

The Best Rescue Back Story always gets a wide field of contenders. In the end the judges couldn't go past joint winners, Loki and Scruffy. Loki, a cream greyhound, was only 18 months old but would have been put down as she had a bad leg. Instead, she was happily rehomed (with Remy the Fairy Princess, as it happens). Scruffy was picked up in Rylestone and stayed in a pound in Mudgee way past his 'due date' as the ranger was sure that someone was eventually going to come and fall in love with him. And they did.

But all the rescue dogs got prizes—as well as having found forever-homes, the best prize of all.

Thanks to Lisa and Mia of Harro's Dog Grooming in Cobargo for some astute judging. I was witness to some very intense huddles when prizes were too close to call.



Miss Alabama, the dog with the most winning smile



Mimi, winner of the smallest dog category



Sootie won best trick



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Vale Jack - a tribute

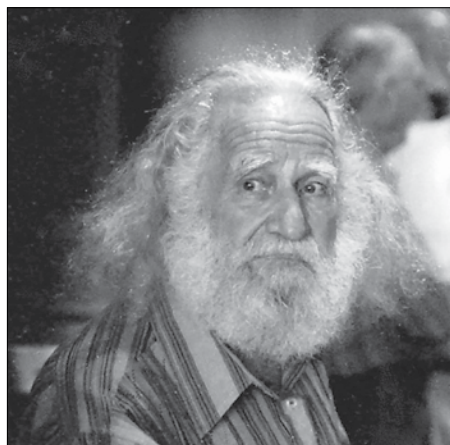
Jelesko (Jack) Grancharoff 1926 – 15 May, 2016

How did this hirsute Bulgarian anarchist who had never quite got on top of the English language come to generate the feelings of friendship and affection that he did amongst those who knew him? No obituary can do justice to his long and complex life, and there is probably no-one who knows it all. You cannot separate the man from his politics because his concern for humanity underlay both. His total devotion to fighting oppression in all its forms came not from abstract political ideology but from his identification with real people.

Self-educated, he had devoured a massive body of political writing in many languages. His imperfect command of English came from his 1950s experiences here amongst other migrants, as he learned Serbo-Croatian to speak with a majority of



Jack speaking at the Domain



Jack the anarchist

his fellows then got much of his foundation in English. I have been told his French was also a bit rough. His Italian and Spanish were said to be excellent, so a first impression of a semi-literate peasant was

soon dispelled.

Jack was a refugee who came to Australia after fleeing Stalinist repression in his native Bulgaria via Turkey where he had relatives, and added another language. Here he was soon politically active with fellow anarchists, some from Bulgaria, and once settled in Sydney began to speak regularly on Sunday afternoons in Sydney's Domain. His podium was a plank on a pickle barrel. For over 30 years, first in Sydney, then in Quaama, he produced his magazine, *RED AND BLACK* with a small circulation but which reached readers all over the world.

Lively and vigorous into his nineties, something he attributed to his diet of home-grown vegetables with a little beer or schnapps to help their digestion, his sudden death was a shock.

Coral Vorbach

Quaama Monster Garage/Car-boot Sale



Hey you Quaamese! Got things to sell? Open your shed, fill your boot. Join us on Election Day, 2 July, for a town-wide sell off.

Become part of a garage sale tour or join us at the Quaama Park for a car-boot sale. \$5 to join in, to cover extensive advertising for the event. Contact Bhagya on 6493 8369.

Helpers needed Quaama Tennis Club Working Bee

We're restoring Quaama's tennis courts back to their former glory. We'll be clearing the site and putting up our new fence!

Saturday 11 June, 10am at the Quaama tennis courts (corner of Cobargo & Bermagui

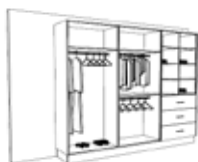
Streets, Quaama). Fencing experience would be helpful, but definitely not essential.

BBQ lunch and refreshments provided to all our kind helpers. Thanks to Quaama General Store for kindly donating the meat. For more info contact Becky Grenfell 0429 306 761

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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting, drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

Poems by Sharlee Cantrill of Bermagui

Sun rays lightly kissing our skin,
slowly getting hotter

The oceans we swim in, cool to the
touch, slowly beginning to boil
The water dripping from our taps
evaporating before it reaches the
drain

And fires roar through our forests,
the hungry orange flames devouring
them in a second

Tears that stream down our faces
burning our skin like acid
And our world placed in the oven to
roast



Wasteland

Rolling masses of people swarm-
ing everywhere

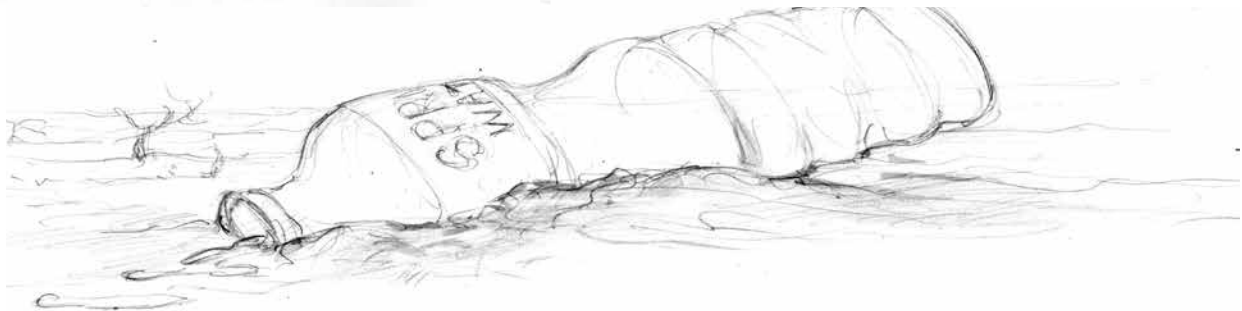
Ripping down trees and tearing
up animals on the spot

Food, food, food! They screech
Parched lips pressed up against
mud

Water, water, water! Their hoarse
voices croak

Smoke fills the air in acrid
plumes

And acid rain falls in torrents
A once beautiful world now a
wasteland



Illustrations by Naomi Lewis

AKT International is focused on intergenerational equity, sustainability and ethical trading.

Winter Woollies at the Lazy Lizard

Last month's exhibition, *Tasmania* - felting and fibre art by Helen Stafford, has been much admired, but Helen has not been resting on her laurels. This month she has a whole new show for the

Congratulations Shirleyanne – we are looking forward now to seeing more of your lovely watercolours, inspired by your travels (no pressure intended).

And Daniel Lafferty has been away,



Knitted and felted winter woolies headwear by Helen Stafford

Side Room Gallery. She has been busy knitting up a storm so as to have a variety of hats and mittens on display during the month of June. The hats are different styles, with a few catering for those with long hair and dreadlocks. Some hats have matching mittens. All items are knitted using wool from Australia. Felted berets, scarves and neck cowls to keep you warm are also featured. Nuno felted shawls and accessories complete the picture.

As to news of Gallery members – Shirleyanne Myers is back from Canada, where she was welcoming a new granddaughter into the world.

Narooma VIEW Club

Our club meets on the 4th Friday of each month at Narooma Golf Club at 11am for 11.30am. All VIEW Clubs work with The Smith Family, raising funds to help disadvantaged children through education. Our meetings are fun and friendly in a beautiful location. Please phone Margaret on 4476 7499 before the Tuesday of the same week if you would like to join us.

Cathy Coventry

The Scientist and the Bishop: a climate conversation

What on earth is the weather doing? And where do we fit in?

Come and hear Professor Will Steffen and Bishop George Browning PhD speak. Join in on the Q & A session. This event will be held at Grumpy and Sweethearts Café, Mogo, on Thursday 23 June, 7pm – 9pm.

Professor Will Steffen is a climate councillor and researcher with ANU. He was on the panel of experts supporting the Multi-Party Climate Change Committee, has served as the science adviser to the Australian Department of Climate Change and Energy Efficiency, and chairs the Antarctic Science Advisory Committee. He is a member of the advisory board of the Australian Bureau of Meteorology.

Professor Steffen is also honorary professor at the Copenhagen University's Department of Geography and Geology and visiting researcher at the Stockholm Resilience Centre.

Former Anglican Bishop for Canberra-Goulburn, George Browning, has been engaged in social and environmental justice over many years. He is the author of *Sabbath and the Common Good: Prospects for a New Humanity*. He was the inaugural chair of the Anglican Communion Environment Network.

A \$10 entry fee includes café nibbles. For bookings please phone Linda on 4472 7108.

Southcoast Health and Sustainability Alliance

Naomi Lewis

Bermagui Country Club

www.bermaguicountryclub.com.au



June Entertainment:

1st: *State of Origin 1*, 3rd: *Darryl Lamb*,
4th: *Night Shift*—\$5 entry with all proceeds to:
Bermagui Primary School P & C,
10th: *Glenn Mood*, 17th: *Struth*, 19th: *Monster Raffle*
over \$1000 worth of Meat, Seafood & Fruit & Veg
Trays, Tickets on sale from 1pm, Entertainment from
1pm *Joe Driscoll*, First draw 3pm,
22nd: *State of Origin 2*, 24th *Sandy M, Karaoke*.

Invitation to Meet the Candidates

Bermagui Community Centre
Saturday 4 June 5.30pm to 7.15pm. Come and hear our federal candidates' vision for the South East Region of NSW, compered by Tim Holt. Further information from Prue Kelly: Clean Energy for Eternity, 0418 161 547

Hosted by Clean Energy for Eternity, National Parks Association Far South Coast Branch and National Trust NSW Far South Coast Branch.



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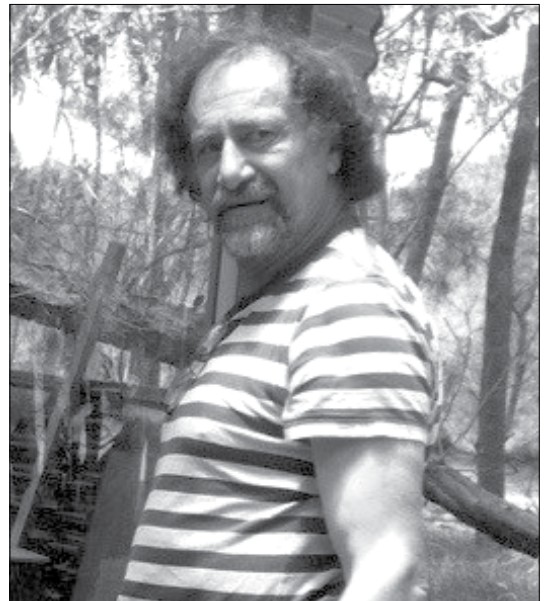
Died early Thursday 12 May 2016

As a long term resident of the south east, Jim walked a challenging path at times, blending his 'man of nature' spirit with his equally clinical and innovative engineer persona. Yet he was widely respected and loved by many. From times as an avid surfer, a blueberry farmer and dad, to his community garden and infrastructure projects and recent travelling near and far, he gave his best and had purpose in his actions.

Jim's strong sense of responsibility to family, especially his mum, and his values gave him conviction to stand for what he believed in, in spite of his desire to be a free spirit and bring harmony wherever he could.

He has now taken permanent leave of absence to work on projects in the Great Workshop in the Sky.

Jim will be remembered with a good vibe. Son, brother, father and friend, we



will think of you surfing, solving a problem or just chilling out.

Good to have known you, mate.

Paul Payten



Current *Winter Exhibition* at Ivy Hill, details from selected works from artists who have exhibited recently

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Sewing for Zero Waste

Wednesdays, 1 and 8 June 2016,
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This is an opportunity for women to support WRC.

- Transform old JEANS into beautiful skirts, bags and funky new stuff
- Bring in old JEANS or old clothes to convert to new things!
- Work on your projects
- Increase your sewing skills to it is achievable at home
- Bring your sewing machine

Course available by donation with wonderful sewing master and trainer Deb Moffatt.

To be held at Women's Resource Centre at 14 Peden St Bega. Secure your place, phone Gabrielle on 6492 1367.



Funked up jeans



Community
Underwriting

Women's Boxercise

Starting 15 June to 20 July on
Wednesdays, 11am-12pm

This is an opportunity for women and children to build and boost self-esteem, self-discipline and self-control.

Learn easy steps to mastering boxercise techniques. Practice stretching and strengthening while exercising your coordination, fitness and concentration.

These classes will be held at Women's Resource Centre, 14 Peden St Bega.

Secure your place, Phone Gabrielle on 6492 1367.



Boxing is fun



Handy pocket

Women's Resource Centre is a non-profit organisation that provides information, referral, support and drop-in service for women of all ages

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The Kruidkoek is a traditional Dutch recipe, with the mixed spices a nice warmer for the colder months. Traditionally it's baked in a bread pan and sliced, but I like

to bake it in a square baking tray and cut up in squares.

The 'Mock Apple Choko sauce' I made with the kids at the Cobargo Public

School in the Stephanie Alexander Kitchen Garden program and they loved it.

Kruidkoek (Spice cake)

300g plain flour
200g brown sugar
1 tsp baking powder
2 tsp ground cinnamon
1 tsp ground cloves
1 tsp ground ginger
1 pinch nutmeg
200ml milk

1 tbsp golden syrup
Preheat the oven to 175C.

Line a square 18 x 18 cm baking tray.

Mix all dry ingredients in a big bowl.

Warm the milk a little and melt the syrup in it.

Make a well in the dry ingredients and pour the warmed milk mixture in. Mix till a smooth wet batter. Pour batter in the prepared baking tray.

Bake 25-30 minutes.

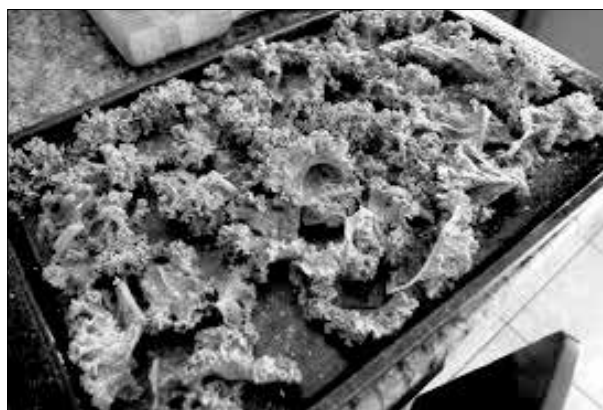
Choko 'mock apple' sauce

2 Chokos
2 tbsp lemon juice
1 tbsp raw sugar
1 cinnamon stick

Peel, core and grate the chokos. Put the grated choko into a small saucepan with the lemon juice, raw sugar and cinnamon. Place on a medium heat till it boils, turn down the heat to low and cook till soft while stirring once in a while. When soft, take from the heat, leave to cool. When cool take out the cinnamon, check the flavour and adjust if necessary with a little more lemon juice and/or sugar. Transfer to serving bowl.



Kruidkoek



Crispy Kale Chips



Prepared Chokos

Crispy Kale Chips

Equipment
Salad Spinner
Mixing Bowl
Baking Tray
Baking Paper

Ingredients
Few drops of Olive Oil
Bunch of Kale Stalks
Pinch Chilli Flakes
Pinch Salt

Preheat oven to 160C.

Line two large baking trays with baking paper.

Prepare the ingredients

Remove the stems very quickly by grabbing the base of the stem with one hand and pulling outwards along the stem to slide off the leaves. Tear the leaves into bite size pieces. Rinse the kale and dry the leaves very well in a salad spinner.

Massage

Mix the kale in a big bowl with a few drops of olive oil and a small sprinkle of chilli flakes. 'Massage' the oil into the leaves to ensure all the nooks and crannies are coated. Oil also helps the spices stick to the leaves. Spread kale out in a single layer on prepared trays.

Baking

Bake for 12-15 minutes, swapping trays half way through cooking time, or until leaves are crisp. Serve sprinkled with sea salt.



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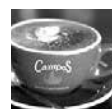
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Enjoy your wonderful winter gardening

Well, here we are well into another winter and the time is right to catch up with many tasks in the garden that need to be done to rejuvenate plants, and attend to jobs that we missed during the warmer months.

During this month it is a good time to commence pruning in the rose garden and orchard, as most of these plants will now be dormant. Up until now, with the unseasonal warm autumn weather, it has been a bit early to prune with the sap in the plants still running. Pruning roses before they are totally dormant will encourage them to shoot, with these shoots being damaged by frost.

Roses should be pruned reasonably hard, as the more new growth that is encouraged the more blooms will appear in late spring. If you are unsure of the severity of pruning then these few tips will help.

Initially remove all dead or damaged wood.

Remove any branches that are crossing over another branch or are growing into the centre of the bush. The idea is to keep the centre of the bush open, in a vase shape, to allow for better air circulation. This will decrease the possibility of fungal diseases when the plants come into leaf again in spring.

Reduce all the other growth by as much as half, remembering to ensure you have live buds below the cut and that the upper most bud is pointing away from the centre of the plant, basically pointing in the direction you want the new growth to point.

An important fact to remember when doing your roses is not to prune the bushes that have only one flowering period in

spring. These roses flower on the current season's growth and if pruned in winter there will be no flowers. Pruning of these roses takes place in late spring after they have flowered. This applies to many old fashioned or climbing roses.

The pruning of deciduous fruit trees is a bit more complicated and if you are unsure of the technique I suggest you contact a professional horticulturist for some help. Fruit trees develop fruit buds



on different types of wood. It is important to know the difference so you don't cut off established fruiting spurs, particularly on apples and pears.

Once all the roses and trees have been pruned, complete a spray of winter insecticide and fungicide to remove any over-wintering insect pests and fungal problems. Pruning of hydrangeas should also now take place and a similar method of pruning to roses is recommended. Hydrangeas flower on growth that has been made in spring, on new season wood, so the more that this is encouraged the more

flowers you will have.

Now is also a good time to divide and relocate summer flowering bulbs like dahlia and other herbaceous perennials. Divide them with a sharpened spade and dust with a fungicide to prevent any damage to the cut. Plant them in the new position with a combination of cow manure and a handful of blood and bone to the existing soil. Remember that most herbaceous perennials like a well-drained soil, so slightly raised garden beds in full sun are the ideal.

Keep an eye out in nurseries for winter flowering perennials. Hellebores, salvia, agastache and many others are now available. These will add a bit of colour to what can be a drab period of the year of our gardens.

Still on the theme of pruning it should be remembered that not every flowering tree or shrub in the garden needs to be pruned in winter. I have seen many spring flowering plants heavily pruned in winter and then no

blossom appear in spring. Spring flowering trees and shrubs develop their flowering buds in late summer and autumn and if these plants require pruning, do it in late spring after flowering. They then have all the following seasons to develop new flowering wood.

Remember to ensure all your pruning tools are well sharpened and clean before you start. Cleaning the cutting tools between plants with a diluted Detol or similar will decrease the spread of infection from one plant to another.

Happy winter gardening.

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Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us! Any questions at all, please email us **contributions@thetriangle.org.au**

Lian Hearn

Emperor of the Eight Islands: The Tale of Shikando,

Hachette \$29.99

If, like me, you have been a huge fan of Tales of the Otori series (*Across the Nightingale Floor* et al), you will be so happy to know that this wonderful writer, now resident in Australia, has launched another series based in medieval Japan. This time, the central character is Shikanoko, a young man who has been made a sorcerer against his will. Despite numerous hair-raising encounters with evil spirits (and evil humans), assassins and ghosts, his innate goodness and the protection of his guardian spirits see him through to the end of this first in the series.

I confess to almost giving up after the first fifty pages, given the large number of people involved, the complexity of the relationships and my difficulty in understanding who was who. However, I



Author Lian Hearn

am so pleased I persevered, because once I got over the panic of wondering which character was trying to unseat which Emperor etc, I just devoured it – didn't look up for nearly two days.

Lian Hearn has spent years researching Japanese history and language, and she brings to this book the same skills and respect for the culture as she did in the Otori series. Even if you are not into fantasy, give yourself the gift of reading this over the winter months – it is fantastic!

Pet of the Month

I went to Helen Anderson's house to meet Deb Cox and give her a \$500 donation from *The Triangle*. I met Maisie, a cute black and white dog, very friendly and very obedient.



Helen Anderson and Deb Cox, volunteers for the AWL with Maisie. Maisie is a well behaved little dog looking for a forever home

Deb thought the money would go towards desexing pets. She urges all pet owners to have their pets desexed and reminds us of the subsidised cost, just \$50, for desexing cats in the Bega Valley. Helen wondered if their desexing work was making a difference and Deb recalled the numbers of puppies she has dealt with in

her time with the AWL.

"The numbers seem to have dropped," she said.

Deb started the Far South Coast branch of the AWL in 2000. She and Helen spend a lot of time transporting dogs between carers and vets. They also organise many fundraising ventures to aid their work.

If you would like to apply to adopt one of the lovely companion animals available from Animal Welfare League NSW Far South Coast Branch please call 0400 372 609.

The adoption fee includes de-sexing microchipping, vaccinations and vet check. Prices are subsidised in the hope that these rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters.

Please note that potential dog owners will need to have secure 'dog proof' fencing and suitability to the needs of the animal.

Caring is a great way to be able to enjoy the company of a pet if you are between your 'travels' or while you are deciding what type of pet you would like to adopt.

If you would like to have a chat about being a carer please call our information line on 0400 372 609. Check our Facebook page <https://www.facebook.com/lfareLeagueFarSouthCoastBranch> for more details.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday, 5pm
Evening Prayer/Contemporary Service. 2nd, 4th
Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am,
HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays,
10am, HC. 3rd Sunday, 5pm Evening Prayer/
Contemporary Service.
Contact Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:30pm, games start at 3.00pm.
No experience necessary, call Nerida on 6493 4364 or
Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year
olds, reflecting Early Years Learning Framework.
Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on a
Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance Station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

JUNE	WHAT	WHERE	WHEN
Fri 3	ecstatic dance	Quaama Hall	6pm
Sat 4	meet the candidates	Bermagui Community Centre	5.30pm-7.15pm
	live music: 'Night Shift'	Bermagui Country Club	from 8pm
Sun 5	live music: 'The Somedays'	Tilba Valley Winery	12.30pm
Wed 8	Radical Voice with Costa Georgiadis	Windsong Pavillion, 4Winds, Bermagui	6.30pm-7.30pm
Sun 5	'live music: 'Tony Jagger's	Bermagui Beach Hotel	4pm-7pm
Fri 10	live music: Glenn Mood	Bermagui Country Club	from 8pm
Sat 11	Cobargo's etc weekend Ted ex	Well Thumbed Books	from 10am
	Quaama Tennis Club working bee	Quaama tennis courts	from 10am
	4 Winds Taiko workshops	4 Winds Rd, Barraga Bay	1pm
	live music: 'Vinyl Rain'	Bermagui Beach hotel	8pm till late
Sun 12	Cobargo's etc weekend Courtin Cobargo exhibition	School of Arts Hall	from 10am
	blacksmithing demonstration	Galba forge, 345 Yowrie Rd, Wandella	1pm-5pm
	'Two raging Grannies' doco screening	Old Cobargo Butter Factory	3.30pm
	live music: 'Emma Jene	Bermagui Beach Hotel	4pm-7pm
Mon 13	Cobargo's etc weekend raffle draw		3pm
Fri 17	ecstatic dance	Quaama Hall	6pm
Sun 19	live music: 'Rick Bloomfield'	Bermagui Beach hotel	4pm-7pm
	live music: The LPs	The Tilba Valley Winery	12.30pm
Mon 20	full moon dance	Quaama Hall	5pm
Wed 22	State of Origin 2	Bermagui Country Club	6pm
Sun 26	live music: 'Glenn Mood'	Bermagui Beach Hotel	4pm-7pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	No Lights No Lycra	Cobargo School of Arts Hall	start 6pm
1 st Tuesday	Bermagui garden group	venues vary, phone Heather: 6493 5308	
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	meditation classes	Kamashila Tibetan Buddhist Centre	
	Dru Yoga class	Cobargo School of Arts Hall	from 10.30am
1 st Wednesday	Bermagui Historical Society meeting	Bermagui Museum in community centre	2pm
	social bridge	Tilba Valley Winery	from 2pm
	Bermagui & District Senior's Social Club meeting	Bermagui CWA rooms/Country Club	10.30am
3 rd Wednesday	Bermagui & District Senior's social lunch	venues vary phone: 6493 4006 or 6493 4773	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes H'way Cobargo	10am-11am
	world wide dance and aerobics	Bermagui Community Centre	5.30pm
2 nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
Fridays	meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
2 nd Fridays	Tilba CWA meetings	Small Hall Tilba	10am
Saturdays	world wide dance and aerobics	Bermagui Community Centre	10.30am
3 rd Sundays	Cobargo/Quaama food swap	venues vary, phone Tam: 0409 882 944	10am-12 noon
last Sundays	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
thru June	'Winter Woollies' an exhibition of knits by Helen Stafford	Lazy Lizard Gallery, Cobargo The Side Room	Mon-Fri 10am-4pm Sat till 1pm
till Mon 13 June	Winter Exhibition of recent artists	Ivy Hill Gallery, 1795 Bermagui Rd, Wapengo	Thurs-Sun 10am-5pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month