

## Terrific Torsos and Blushing Brides in Cobargo

From linen and lace to satin and seed pearls, Cobargo's community hall was decked-out with wedding fashion finery for the exhibition *Courtin' Cobargo* during the 'etc' weekend. This beautiful display of forty wedding gowns associated with Cobargo provided a nostalgic and romantic look into another aspect of our shared local history.

Dresses donated for display included those worn by members of so many people including, for example, those of the Allen, Hoyer, Ayliffe, Doolin and Salway families. Two superb displays by the Masterson family and Motbey families respectively, featured several generations of wedding and celebration memorabilia.

However, this was just one of several displays and activities organised for Cobargo's annual 'etc' weekend.

Now in its third year, the level of activity was high with a grand display of nine open gardens, seven garage sales, gallery events, literary discussions, children's programs, and more – each combining to become Cobargo's 'etc' event.

Congratulations and heart-felt thanks

should go to those fabulous Cobargo people who spent countless hours working on individual activities. The time taken to tend and prepare gardens amounts to weeks, if not months. Preening and cleaning garages for sale items; organising captivating children's activities; presenting fine dining experiences; preparing displays and demonstrations; creating terrific torsos; and more. These were all 'labours of love', with the behind-the-scenes activity, effort, funding and emotional zeal that are often overlooked.

The CTBA is also planning its programme of activities for the forthcoming twelve months. The committee will be seeking input from the community as to what activities they would like to see on Cobargo's calendar of events; when these would be of greatest community benefit; and how these can be achieved.

Without doubt our Folk Festival, Agricultural Show and Christmas Markets will be on the list, however there may be other events worthy of attention and effort. Indeed, it's anticipated that feedback from the 'etc' weekend, in particular, will be of key importance. A survey for community-wide distribution will be developed and issued as soon as possible. Results and subsequent analysis will be published.

The AGM of the Cobargo Tourist and Business Association Inc. will be on 16 August, at the Cobargo Hotel. All are welcome to attend.

Andrew Haydon  
President,  
Cobargo Tourist and Business  
Association Inc.



Craig O'Meara judging the 'Blokes Bouquet' competition



The Cobargo School of Arts Hall looked great - a credit to the organisers and the committee



Beautiful wedding dresses from local families were on display

It is good to see that readers' letters are still coming in to *The Triangle*, pinpointing things that may have been missed or drawing attention to upcoming events and we have received letters this month commenting on things we might wish consider as we cast our vote. One reader is reminding us that clean air and water are important and surely we can't argue with that.

One event that many of us missed was *Courtin' in Cobargo*, held in the School of Arts Hall, documented Cobargo's history using dress and photography. Most of us

will also have missed the Gallery Bodalla photographic competition *Animals in the Wild*. This was the second annual competitive photographic exhibition and was conceived with the intent of challenging the Huntfest Arms Fair held in Narooma and offering an alternative vision. These are all finished and done with but what of the future?

An unusual project taking shape in the not too distant future will be a Pop Up Death Café. Not the most riveting title perhaps, it is part of 'Dying-to-Know-Day', an annual day of action that

references loss, death and dying. It would seem to be an exercise that offers a space to talk about death, how to speak about loss and how to support the bereaved, subjects that have become difficult for many of us.

Death was once recognised as part of life and in some way it seems strange that it is now in effect hidden socially but ever more on display as weapons become ever more lethal and terrorist acts pervade the media.

The Pop Up café will be hosted by the Bega Valley Hospice Group. Details will be published in *The Triangle*.

## Letters to the editors

### Congratulations

Dear Editors,

Congratulations to Carolyne Banados for her excellent article 'Volunteers – Our unsung heroes', May 2016 edition.

Carolyne 'nails' the local volunteer scene and the national ethos of volunteering. On reading the article, anyone who is not presently a volunteer in some capacity would feel that they are missing out on something special. That's easily solved: Email an address; lift a telephone; knock on a door; or ask someone – and get a 'helper's high', as Carolyne puts it!

Finally, further congratulations to the entire *Triangle* team for serving the broad interests of the community.

Dave Richard-Preston  
Bermagui

### etc and all that

Once again Cobargo has demonstrated its community spirit over the long weekend. The range of creative activities was impressive and special thanks are due to the hard-working women who put together the *Courtin' Cobargo* exhibition and the talks and lunch at Well Thumbed Books.

I found out about other activities such as the open gardens by word of mouth, too late to attend.

Many folk have expressed their frustration to me about the lack of information and advertising before and during the event. It made me realise that the Cobargo Tourist and Business Association needs to be clearer about the aim and focus of the weekend.

Is it a small celebration of Cobargo by and for its locals? Is it designed to showcase the community to the rest of the Bega Valley and beyond and to bring tourists into the village?

It can of course be both, but it cannot achieve the second aim without a more professional approach to advertising, starting with readable signs, articles in local newspapers and community radio announcements.

The Folk Festival each February has put Cobargo on the map. Why not remind everyone that we're here with the etc Festival every June?

Dawn Hollins  
Bermagui

### Vote for the weather

How many once in a lifetime weather events do we need before our politicians finally take proper action to counteract climate change? If we neglect our environment we will see the results. Worse storms, floods, rising sea levels, more severe droughts, prolonged bush fire season with all the related health impacts e.g. earlier start of the hayfever season and the costs falling to the taxpayers and our economy - all has been forecast by scientists and in fact worse scenarios have eventuated already.

If we keep voting for the same old two-party political systems, serving the vested industry interest, who pay millions to lobby them, we will end up with the same old politics. Perhaps we can create change by giving our politicians a wake-up call to achieve change.

We ourselves can curb our consumerism, going back to quality rather than quantity and even enjoy more vegetarian food to reduce our carbon footprint, saving money and have the added health benefits.

Best regards,

Dörte Planert  
Tathra

### Thank You

I owe a debt to our wonderful community and in particular those that have helped build Sweet Home Cobargo into the valuable community asset it is today. Special thanks to Elizabeth and Trish for their special passion and enthusiasm; to Diana, Farrah, Didi, Ruta, Rob, Tammy, Frances, Russell and all the partners and others who have given happily of their valuable time and efforts. To all the lovely, supportive customers and the expert team who hold the reins today, a heart-felt thank you, well done and best wishes,

Jessica Taylor  
Cobargo

### Front page

Dear Triangle

Help!! The (wonderful) *Triangle*, our local paper, enjoyed by 1000s for decades, obviously is running short of stories.

Why else would a wedding purporting to be Cherokee, and overseen by a pretendie Native American 'reverend' take up the front page.

Please, those budding writers out there, send in your good news stories. Then the editors may be able to select something less bizarre to print in this prominent spot!

Susan Bear  
Cobargo

### DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

# Letters to the editors (cont.)

## Vote for Australia

Dear Sir or Madam,

On behalf of all that are concerned about our long term survival and prosperity, when will politicians, who we employ, clearly understand that we people want clean air, clean water, clean unadulterated food, and a money system that works for all of us?

We want Australia and its infrastructure to be ours, not given away or sold to foreigners for peanuts.

We want a new Australian Development Bank to provide finance for us to create an environment (schools, hospitals, roads and so on) for all Australians to prosper.

Let's be smart and only vote for parties and politicians that support Australians.

*Clement Clarke  
Bermagui*

## Congratulations again

Dear Editors,

Congratulations to the women who mounted the *Courtin' Cobargo* exhibition in the Cobargo School of Arts Hall over the June long weekend. It was a fascinating and beautifully curated exhibition which unfortunately did not get the publicity it deserved. So much hard work, mainly gone unnoticed. The range of dresses, photos and history of the district displayed was excellent, a delight.

With the *Courtin' Cobargo* and the auction the previous week at Rona Sutherland's property, Cobargo's history has been displayed in a way that hasn't been so seen before. For 'blow-ins' it's great!

*Louise Brown  
Wandella*

## Don't force us to drink poison

Until a few weeks ago, I was not aware that fluoride (which the BVSC want to add to our drinking water) is a neuron toxin and is linked to almost every disease and medical condition one can think of...diabetes, cardio-vascular, spine and bone problems, arthritis, kidney failure, autism, alzheimers and cancer just to name a few!! Thanks to the Clean Water for Life seminars held in Bermagui, Eden, Merimbula and Bega, those of us who did attend have had our eyes opened and been enlightened. These seminars were organised by Dr. Maria Clandianos (Merimbula dentist) and her dedicated team of volunteers.

At present, our water supply is 'clean', non-fluoridated and one of the best in NSW. BUT the NSW government plans to impose water fluoridation onto the remaining three water supplies of the Bega Valley, which will affect 14 towns and villages.

Fluoride is a toxic waste product of the giant superphosphate industry that is sold to governments to put into people's drinking water! Unbelievable isn't it, but sadly it is true!!

Professor Paul Connett (USA) and Dr. Geoffrey Pain (VIC), both environmental scientists, spoke at length about the toxic effects of fluoride when added to drinking water and Maria Claudianos talked about the 'sugar effect' on teeth and showed us programs some countries, including Scotland and Denmark, have adopted to promote dental health which don't use fluoride.

Most of Western Europe's drinking water is FLUORIDE FREE as well as many other countries in the world.

Unless we as a community protest against it, the BVSC will be allowed to literally pour POISON down our throats by adding fluoride to our drinking water!

See for yourself at [www.FluorideACTION.net](http://www.FluorideACTION.net)

*Karen Vuki (Mrs)  
Bermagui*

## Dog's breakfast NBN

The wireless hybrid NBN that is being rolled out across Australia should never have been used by our politicians to simply be elected. A bipartisan agreement should have been entered into on NBN. Then the issues that ALL Australians now have to live with and suffer through would not be.

If Australia could be granted fibre-to-node internet it would be a win on so many levels to ALL Australia. Connectivity to all would create unity and may well be the one thing that saves our mother earth. Then ALL our brains can engage in the most important thing...MOTHER EARTH

As I see it we have to beg a politician, ie Peter Hendy to serve up the hybrid dog's breakfast they call fast speed NBN.

This political bickering will see Australia being known as the first western world country to be classified as third world. All political parties STOP IT!

Peter Hendy please reinstate your NBN plan to Mystery Bay. Planet Earth is calling.

*Gaza aka Blue Dolphin  
Mystery Bay*

## Thumbs Up

to the toilet complex in Cobargo which is always both pretty and immaculate



to all those good fairies who helped, Carol now has her new rainwater tank installed and full. Great community effort, thank you!

to the Bermagui SES volunteers for their fantastic work during the bad weather of 4 and 5 June as well as everyone at Essential Energy who were terrific

to Quaama's Reclaim Our Riverbank crowd, doing such a great job of clearing weeds and planting natives along the creek

## Thumbs Down



to the huge number of drink bottles which lie on the side of the highway, how hard is it to take them home to recycle!??

to whoever has stolen the gas bottle from the barbecue in Cobargo Hotel's playground. This is a free service for community groups. The return of the gas bottle would be appreciated

to the stupid, inconsiderate and thoughtless idiots lighting loud explosive fireworks, sending the animals into a frenzy on Sunday June long week-end. Fireworks are illegal

## Subscribe to The Triangle

Do you live outside the Triangle? Be sure to receive your copy every month by subscribing. 12 months' subscription (11 issues) is \$32.00\*. Post to The Triangle, PO Box 2008, Central Tilba, 2546.

Name .....

Address .....

..... P'code .....

Phone .....

Enclosed: cheque / money order for \$32.00

\*Australian residents only



### Freemasons help Nardy

The Freemasons of South East NSW recently conducted a car raffle to raise funds for Nardy House. The group, together with Masonicare, made a donation of \$10 000 to assist Nardy House with the purchase of specialised equipment. Nardy House is a specialised respite and accommodation service located at Quaama. The charity offers services to people with profound physical disabilities.

The donation was presented to Nardy House CEO, Denise Redmond, on Saturday 9 June by Neil Dawson at an afternoon tea hosted by Nardy House. Neil Dawson is the Governor of the District Freemasons. The group members were shown through the permanent care residence and the respite facility. For some members this was their first association with the house and the Nardy House residents

Neil Dawson commented: "Masonicare is the charitable arm of Freemasonry in NSW and the ACT and they support many different charities. As part of

our fundraising, we asked for their support which they readily gave by way of what they call an Interaction Grant – essentially, they supported us on a dollar for dollar basis."

The CEO of Nardy House thanked the Freemasons for their support:

"The Freemasons learned of Nardy House through one of their members. He invited a fellow Mason to the house and the support, raffle and contribution came from that invitation. A strong network of dedicated people throughout the area supports Nardy House and the network continues to strengthen and diversify. This contribution will be used to purchase specialised



Neil Dawson presents Denise Redmond with a donation for Nardy House. The money will be used to buy specialised equipment

equipment required by residents at the house. We look forward to a continuing association with the Freemasons and their dedicated workers."

*Denise Redmond*

### Tennis courts another hop, step and jump closer



Willing workers Robert Connal and Murray Gibbs sink a post for the Quaama tennis courts. Getting closer ...

On Saturday 11 June the Quaama Tennis Club held their latest working bee to begin building the new fence that we've spent the last four years fundraising for.

We were very grateful that around 25 helpers turned up to lend a hand and show their support for our community project on the day. Quaama Store generously donated the sausages and bread for a sausage sizzle on the day, which helped feed all our hungry workers.

We successfully concreted 34 steel posts into place, ready for the wire to be hung on at a later date. We also got the kids helping and cleaned up the site and raked up the branches

and leaves that were left everywhere after the wet and wild weather we had earlier in the month.

Thanks so much to all our amazing helpers. A special mention must go to Craig, Rob, Peter, Murray, Bruce and Robert for lending their strength and getting all those posts concreted in.

But we couldn't have completed anything on the day without Dave Blanchfield and his machinery making light work of the 34 one metre deep holes for the posts. Dave has always been our biggest supporter and has never hesitated to bring in the muscle and get the jobs done whenever we have needed him.

Thanks again, Dave!

*Beck Grenfell*



**bermaguifreshfoodemporium**  
*specialising in smoked products*

■ fresh fish & seafood ■ full deli range ■ quality butcher

Ken & Trudy Needs  
Proprietors

Tel/Fax (02) 6493 4232

Mob. 0409 176 847 - 0429 934 913

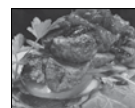
■ 18 Lamont Street, Bermagui NSW 2546

bermaguifreshfoodemporium



**the sun deck**  
WINTER TRADING HOURS

Open for Breakfast from 9:00am to 11:00am and Lunch  
from 12:00pm to 02:00pm 7 days a week



Great food



Great coffee



Follow us

The Sundek Café  
Shop 9  
Fishermen's Wharf  
73-79 Lamont St  
Bermagui NSW 2546  
[www.thesundek.com.au](http://www.thesundek.com.au)  
Ph: 6493 3668

## How Cheesey!

Geoff Southam and I completed our second round of cheese making in May with a group of ten very enthusiastic cheese makers. It was a very busy weekend: a bit of a squeeze in the Quaama Hall kitchen and supper room, and so noisy and exciting. Everyone was amazed at the alchemy and the sight of a once-liquid vat of milk becoming a solid mass of curd floating in a sea of whey! Everyone took turns at cutting the curds, scooping it into hoops and pressing, redressing or flipping. The excitement when Sally and David Shannon, of Bonza Buffalo, stretched their first Mozzarella was cause for celebration! Can't wait for their dairy to be up and running.

I think Deborah and Stephen of Melrose Heritage Chicken Farm will be adding a cheese cave to their property soon so they can continue to make Camembert and some of that fabulous Haloumi we cooked up for breakfast on the Sunday morning.

Most of the cheese makers were locals, but Phil travelled from Towamba

each day. Julia, who came down from Kangaroo Valley, stayed at my place.

Everyone left with a Brag Bag full of assorted cheeses and the desire to reunite in 6-8 weeks' time to sample the many Camemberts we are all trying to age.

Quaama Cheese Makers may start up again next spring, but in the meantime Erica Dibden of Tilba Cheese fame is running an excellent and very professional one day workshop at River Cottage in Tilba—highly recommended.

I also wanted to mention: the lovely Fiona Drum of Verona will be running a 'House Cow' Workshop in spring. Most of the people doing the course want to use the raw milk from their own animals. In fact Vince and Katherine (Lazy



Vince and Katherine and the Haloumi they made at the Quaama Cheese Makers' course

Acres in Verona), have purchased the area's first milking Dexters and now have two calves: Iris and Indigo Rose.

*Carolyn Bate*

## Come out to vote and grab yourself a bargain!

Cast your ballot then cast your eye over the many car boot and garage sales happening all over Quaama on Election Day! Yes, the Quaamese are doing it again, making Election Day a fun day for everyone. The Quaama Bushfire Brigade are putting on a sausage sizzle in the park. The Quaama P&C are having a cake stall and a coffee van will be making hot brews for one and all.

There are rumours of a jumping castle and fairy floss! The choir might even sing! The heavens may open! But we're hoping for good weather...

The fun starts when the polls open at

8am, Saturday, 2 July. See you there!

Enquiries: Bhagya on 6493 8369 or 0419 551 956 on the day.



## Congratulations

The winner of the Quaama Firewood Raffle, drawn last month, was Dave Handran-Smith.

He won a trailer of wood. Second prize, a bag of doggie treats donated by the Cobargo vets, was won by Ann Holub.

After paying for the firewood the Quaama Progress Association made a tidy little profit of \$400.

Thanks to the vets for their donation, and all those ticket-holders who supported the raffle.

## Bermagui Beach Hotel

Monthly specials at the Liquor @ Bottle Shop.  
Meals 7 days: Lunch 12-2pm, Dinner from 6pm.  
Weekday \$12.00 Lunch Specials. Live Music every Sunday 4-7pm

Enjoy a cold Ale or a Wine with friends then stay for a meal in the Bistro.  
Check us out on Facebook or  
[www.bermaguibeachhotel.com.au](http://www.bermaguibeachhotel.com.au)  
Ph: 6493 4206 Fax: 6493 4859



## ABC Cheese Factory

37 Bate St, Central Tilba  
02 44737387

[www.southcoastcheese.com](http://www.southcoastcheese.com)

Locally made South Coast Cheese, Ice Creams, Local jams and preserves, coffee, milkshakes

Open viewing into the factory.  
Milk, yogurt and more styles of cheese will be made on site in the coming months



# Sign of the times: cool pottery and hot metal

In the last few months you may have seen a couple of new signs on the side of the highway just north of Quaama. They point the way to Stephen Laszuk's Hot Metal and Emily Laszuk's Pottery.

Their property, The Ponderings, used to be known locally as the old yabbie farm.

Steve and Emily moved there from their farm in Bathurst in November 2014. Steve is a boilermaker and small engine mechanic. So if you have a metal problem Steve can fix it for you.

Working out of his large shed or mobile workshop, Steve is finding lots of interesting jobs coming his way. Recently this has included welding tractor linkages and trailers, building stock crates and feeder bins along with repairs and servicing on ride-ons, quad bikes, chainsaws, hedge trimmers and boat motors. There is a different culture in this area. People seem to prefer to repair rather than replace. This is lovely in this day and age.

Emily Laszuk has been a potter for 34 years.

All this time she has been producing her hand-thrown blue and white stoneware painted with native and farm animal designs. They have found their way



Emily at work in her studio

into homes over much of Australia and overseas.

She also makes lusterware, beautiful jewel-like pots with iridescence from silver, copper and bismuth in the glazes, and many layers of glaze over multiple firings and kiln atmospheres.

Emily has a studio and gallery on their farm and also sells her work

at Black Wattle gallery in Cobargo. Having access to this gallery has allowed her to play, expanding her work beyond her earlier wholesale range. This has given her great delight.


Both Steve and Emily revel in their move here. As they have settled into their new home, they find they are doing their best work yet.

Do feel free to call in, following the signs to see where they lead to.

# Where are you going

Begin your Alpha journey here

## You're invited...



#TryAlpha | [alpha.org.au](http://alpha.org.au)

Alpha is a series of interactive sessions that freely explore the basics of the Christian faith. Come for a bite to eat, watch a talk and have a chat.

Cobargo Anglican Church  
Hoyer Street, Cobargo  
Wednesday evenings  
6.30–8.30  
August 3<sup>rd</sup> to October 5<sup>th</sup>

Over 27 million people around the world have explored the big questions of life on Alpha.

Call: Alan: 0409189659 64936080  
or: Joy: 0429990264 64934416

You're invited to join the journey here...

## BERMAGUI EQUIPMENT & PARTY HIRE

COOL ROOMS **6493 3813**

MB: 0417 325 660 [www.bermaguiementhire.com](http://www.bermaguiementhire.com)

- White Goods
- Furniture Truck
- Marquees
- Lawn mowers
- Whipper snippers
- Concrete Saw
- Trailers
- Painting Gear
- Scaffolding
- Hand Tools
- Electrical Tools
- Trench digger
- Posthole digger
- Compacter

Harbourside Lamont St Bermagui

### Vale Geoffrey Jamieson 10.1.1931 - 20.4.2016

Geoff and his wife Maida lived in a weatherboard cottage on the corner of Bermagui and Cobargo streets in Quaama. One winter's day a few years ago he, Maida and I sat on plastic chairs in the sun in front of their porch while their old white cat twirled around our ankles. It was tied on a long piece of twine, explained Maida, "so it doesn't wander onto the road." I wondered if it was deaf; I knew Geoffrey was, or nearly. He was wearing one of those fur-lined hats with earflaps, but even when he lifted one flap he grimaced with effort when I asked a question.

Over the decades, locals became familiar with the sight of Geoff and Maida sitting there in the sun. But last year Geoff became frail and we saw less and less of him. Maida cared for him at home as long as she could, then in March this year he was taken to Bega Hospital, then eventually Hillgrove House in Bega, where he died on 20 April.

Geoffrey John Jamieson was born in 1931 in Bendoc, just over the Victorian border. He was snigging logs with draught

horses for the Bendoc Sawmill when he met Maida Jessop, from Upper Brogo. The couple married in 1962, made their home in Quaama, and have lived here ever since. Geoff started an earthmoving business where his two sons, Don and Norm, would eventually work too. He loved fishing and hunting.

One day late last summer Geoff called out to me as I passed. Norm and Maida had planted a prodigious vegie garden and Geoff was proud. Together we picked huge handfuls of purple beans for me to take home. That was my last memory of him.

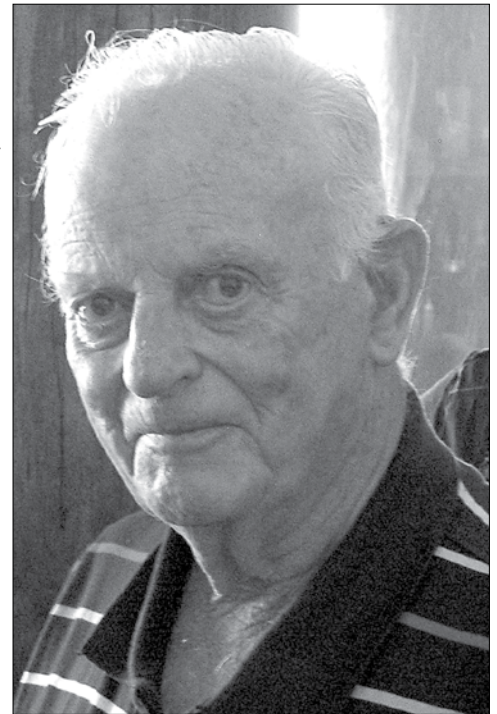
I'll miss seeing him sitting below the porch there in his earflaps, feeding prawns he'd netted to his cat, or driving his quad down the road, the cat on the tray.

There've been a succession of white cats over the years, all tied with twine to the verandah post, or riding around Quaama on his quad.

Geoffrey is survived by Maida, Don, Norm and daughter Charmaine. Maida wishes to thank everyone for their cards

and flowers, and the Cobargo Hotel and Red Cross for putting on the wake.

*Jen Severn*



Geoff Jamieson, hunter, fisherman, died in April

## U3A BERMAGUI & DISTRICT



U3A offers classes taught by local members for members.  
Membership is available to the whole community.

### TERM 3 INFORMATION & REGISTRATION DAY *For Class Enrolment*

**Wednesday 13<sup>th</sup> July 2016 10am – 12noon**

*Fishing for knowledge*

**Bermagui Country Club Auditorium**

**Favourites continue:** Lunch with a Local Treasure, Smoko in the Shed, Linguistics, Book Chat Groups, Beginners & Intermediate Computer Clubs, Film & Lunch, Pliability, Stitches, Rug Hooking....

**Other Courses:** Meditation, Poetry Writing, Understanding your Dreams, Taboo Topics, Mathematics for Fun, Fly Fishing, Latin Dance, Water Colour Painting, Electricity – Learn about it, and many more....

**One-off Classes:** Legal Seminar, Travel Tales Special – the Syria that was, On The Road 65+, Demystifying Technology, Pruning Workshop, and more...

**Excursions:** Merimbula Aquarium Visit.

For Course Enquiries: [www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au)

**Ph: 6493 6300**



# Tilba Bites

## Weather events

May was the thirteenth month in a row to break temperature records across the globe. Here, it certainly felt like winter was never coming. The increasing temperature levels will cause more frequent and severe weather events, one of which we have recently experienced with the wild storm and 400mm of rain in early June. Mercifully, we were exempt from the worst it.

Perhaps one of the greatest issues we face in the region, and specifically at Tilba, is wild fire, the risk of which, it is predicted, will increase as the earth's temperature continues to rise and weather events become more intense and unpredictable. Now would be a very good time for us all reassess and update our individual Bush Fire Survival Plans. Having a plan provides the clear guidance needed when it is hard to focus and make logical decisions when faced with an immediate threat. Every household should have one. A Bush Fire Survival Plan template can be downloaded from the NSW Rural Fire Service website (and, see Harry Bate's article for more news from the Tilba Fire Brigade).

## Teapot open

On a lighter note, it is so good having the Teapot open again! Welcome to Tilba, Rebecca and Harvey and best wishes with your new business. The Teapot will open seven days a week from 8.30am until 5pm (except Tuesdays when they will close at 2pm to get to the Moruya market to buy local produce). The sourcing of fresh, local food and presentation of seasonal dishes is the signature philosophy underpinning their café.

## Kelly off to the UK

At River Cottage Australia (RCA), Erica Dibden's cheese making classes have been hugely successful and lots of fun! The cooking school is ticking along nicely. River Cottage has been such a boost

to local business. What good fortune that they chose Tilba for their Australian series. Kelly Eastward, the RCA Food Producer, is heading off to River Cottage UK (Dorset) and will be attending their cooking school. It is a huge operation and runs seven days a week, and even runs chef's apprenticeships. She will be doing a few of their classes and having a look at how they operate. Kelly hopes to bring back ideas that can be used here. We will look forward to hearing about it when she returns.

## Rita's book

By the time this goes to print the Tilba CWA winter solstice parade and feast will be over for another year. This is a fun night of celebration and good home cooked food. At the CWA's recent meeting, local author and artist Rita Wagner spoke about her book *Menopause Makes Mummy Mental!* Rita who wrote and illustrated the book, takes a light hearted look at menopause, helping break down the stigma associated with this significant change in every woman's life. There was a big turnout for this event and the funniest story competition was won by the CWA President, Janine Halasz! If you weren't there, ask her about her story; it is hilarious. The next CWA meeting in the Little Hall is 8 July at 10 am. New members and visitors are always welcome. If you are interested in joining, please ring Janine on 4473 7133.

## Food and the sun

The first Central Tilba food swap event is planned for Sunday 7 August. See the article on the next page for further information about this exciting community



Local author and artist Rita Wagner

initiative, the focus of which is to bring people together to share. The other exciting local enterprise featured in this edition is the proposal by the SouthCoast Health and Sustainability Alliance (SHASA) for the bulk buy of quality solar systems at discounted prices to more readily enable individual households to get a quality solar system at an affordable price.

## Help our hall

The Central Tilba School of Arts Trust is still seeking the occasional help with various tasks including the day to day running of the Tilba halls, managing bookings, washing linen and so on. Please get in touch if you are able to help. Several working bees are proposed over the coming months and willing workers are sought. Please contact Smilie Magill on 4476 3370. The trust has another Hairy Concert coming up in spring (date yet to be announced). If you wish to be involved

**One Stop Farm Shop**  
stock feed, fertiliser  
& much more  
stockists of hardware,  
fencing, polypipe  
**Phone: 6493 6401**



**COBARGO**  
CO-OPERATIVE  
SOCIETY LIMITED



**NOW IN**  
*New Season*

Fruit Trees and Ornamentals  
Potted and Bare Root



**Silver Birch (bare root)**  
Small: 3 for \$26  
Large: 3 for \$36

**Just arrived Bare Root Roses**



## Tilba Bites

please contact Bev Long on 4473 7253. Meanwhile, the Trust is continuing with the planning of various major works and the implementation of other improvements to the two halls. The trust currently has 44 members; if you would like to join or be involved in any way, please get in touch.

If anyone has notices or news for Tilba Bites, please contact me on [tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au) or 0427 074 901. Photos of humans and their dogs are sought! Please email as a jpeg.

*Julie Dibden*



Charlie and Riley with Debbie Elton at Tilba Leather

## Food for everyone

Food swaps are springing up all over Australia. These informal gatherings bring together people who are interested in food growing, sustainability, and community; who enjoy the pleasures of eating freshly picked seasonal produce and reducing the food-miles to our plates; and who want to build food security and resilience for their community.

More than just sharing home produce, food swaps provide opportunities for meeting and making like-hearted friends, and sharing knowledge and skills.

Do you have a glut of fruit, vegetables, eggs, seed from last season's crops such as strawberry runners, or jars of jam etc. that you would like to swap for produce/plants/cuttings that you don't have? Food swaps are about sharing excess and promoting resilient communities so offerings aren't just limited to home-grown food but think of fermentation cultures, compost worms, worm juice, manure, herbs, cuttings, bulbs, tubers... the list is endless!

Food swaps are not about money or barter, but about sharing. Some months you might leave with more than you brought – but another month you might leave with less. Food swaps are for everyone: you may not have any excess produce at the moment, just a desire to join in. So please come along and contribute your interest and enthusiasm.

The first food swap event is planned for Sunday 7 August, 10am to 12 noon at 44 Maher Lane, Central Tilba. Please bring a plate of morning tea to share - tea and coffee will be provided. Children are welcome as long as they are supervised at all times by their responsible adult.

If the weather looks unsuitable, please phone to find out if the swap is still on.

For further information contact:

Mog: [mogbremner@mogajon.com.au](mailto:mogbremner@mogajon.com.au) or Annie: [annie.fenn5@gmail.com](mailto:annie.fenn5@gmail.com) or Janine: ph: 44730 7133

*Annie Fenn*

### Tilba Rural Fire Service

It has been a quiet month for Tilba Ruries, with the only call out being to assist in traffic control when a tree fell across power lines on Meads Road, Tilba Tilba, during the east coast low early in June.

This period of reduced activity is most welcome. The opportunity is being taken to trial new training arrangements for the winter months with a different member taking on the role of instructing on a specific skill area each week. This is proving rewarding for both the 'instructor' and the members.

Tilba Brigade has twelve active members who enjoy each others' company, but we would very much like to increase this to twenty. Come along and have a look on a Tuesday night and see what it is all about. You will be most welcome. Please consider it, and call Bruce Allen at 0409 227 655 or Harry Bate on 4473 7259 to enquire.

*Harry Bate*

### Coolagolite Auto Spares and Mechanical

Servicing, Repairs, Tyres, Batteries and all your mechanical needs and rego checks

**CALL 6493 6453**



**Where your car comes first**

### Coming up at Four Winds

*Race Against Time  
A Performance of Words & Music*



*Bringing to life works by  
Fredrick S Kelly*

*Australian War hero,  
Olympic gold medalist,  
Australian composer;  
with a particular connection  
to the far South Coast, NSW*

**Sunday 7 August 2016  
2 - 5.30pm. Gates open 1pm  
Windsong Pavilion, Four Winds  
Adults \$25. 16 & under FREE**

BOOKINGS ESSENTIAL:  
[www.fourwinds.com.au](http://www.fourwinds.com.au)  
Ph. 02 6493 3366  
Four Winds Rd, Bermagui



**BERMAGUI**  
FRESH  
**FRUIT & VEGETABLES**

AT THE 777 COMPLEX  
BERMAGUI

Best quality market fresh fruit & vegetables twice a week.  
Bulk oil, local honey and flour available  
local eggs and Benny's quality meats  
local fresh produce  
Morrison Street gourmet sausages  
Berry Sourdough & fresh bread varieties  
Wide variety of organic certified and  
gluten free foods.  
Discounts on wholesale and bulk orders

OPEN 7AM TO 7PM

7 DAYS A WEEK

02 6493 4682

# Thumbs up for Seaside Fair

Bermagui Seaside Fair, the Seaside Fair organising committee, held their annual donation presentation at the Bermagui Surf Club last month. This year's Fair and *Umbrellas of Bermagui* were both very successful, and as a result this year's donations totalled just short of \$9000. This brings the total returned to the community to almost \$71 000 benefitting 31 local community groups and organisations!

The recipient of fund raising from the 2016 *Umbrellas of Bermagui* event was Bermagui Nippers and an amazing \$4000 was presented to the Surf Club for training equipment. The donation was accepted by Mikayla Shaw, the 2015/16 Junior Surf Club Person of the Year.

Other donation recipients included Little Yuin Aboriginal Preschool, Bermagui Preschool, Bermagui Public School, Bermagui SES, Bermagui RFS, Bermagui Marine Rescue, Bermagui Historical Society, 1st Cobargo Scout Group and Shop7 Artspace.

Bermagui Seaside Fair chairperson, Christine Bimson, said: "The committee is delighted to assist so many worthwhile groups and organisations. We could not have achieved this without the wonderful support we receive from local businesses



2016 donation recipients give a 'thumbs up' to the Bermagui Seaside Fair

and from our fund raising activities at the Fair. For their continued commitment to the Seaside Fair we thank the Bermagui Country Club as the event's principal partner, and other major supporters Horizon Credit Union, Bermagui Fishermen's Co-Op, Julie Rutherford Real Estate and Bermagui Medical Centre. This helps significantly in staging the Fair and

ultimately being able to give back to the Bermagui community. We must also send out a huge thank you to the wonderful team of volunteers who help in so many ways."

Next year is the 20th annual Bermagui Seaside Fair and will be held on Saturday 11 March.

*Bermagui Seaside Fair*

**Rex Dowling**, formally of Bermagui, passed away peacefully on Friday 3 June, 2016 in Holbrook Hospital at the age of 86.

He is survived by his loving wife Anna who now resides in Holbrook Hostel Aged Care facility.

### Advertise your business in *The Triangle*

Everything you ever wanted to know about advertising in *The Triangle* but were too afraid to ask! Go to [www.thetriangle.org.au](http://www.thetriangle.org.au) and click on Advertising in the menu. Too easy!

\$\$\$ to be won  
in the AKT competition



see page 12 for details

### ... to help make your life a little better this winter ...

Thermal underwear

Hats, Beanies and Gloves

Aussie made Woolen Socks

Polar Fleece Hooded Capes

Herbal and Homeopathic  
Remedies for winter ills

**KINETIX LIFESTYLE SHOP**

COBARGO 6493 6490

Cnr Hwy and Bermagui Rd



- Bacon & Egg Rolls
- Capuccinos
- Local Bait
- Local Ice
- Heaps of Fishing Gear
- Boating Accessories
- ... as well as the cheapest fuel around
- Are you a Lucky Buys customer yet? We give away lots of vouchers each week to our loyal customers.
- Join up in store.
- Open early til late
- Tel 6493 5444

**JR Julie Rutherford**  
REAL ESTATE  
BERMAGUI

Now located at

**Shop 10, Bermagui Fishermen's  
Wharf Complex**

Phone: 6493 3444 Fax: 6493 3443  
[www.julierutherford.com.au](http://www.julierutherford.com.au)

**Wide range of  
Holiday Accommodation  
for Rent**

Offering a complete range of  
real estate services in the  
Bermagui district



### Lots of money for a big cup of tea

Our Biggest Morning Tea was held at Bermagui Country Club on Tuesday 31 May. We had a very successful day with over 200 people crowding into our auditorium. As always our manager and staff were amazing and couldn't do enough for us.

Thanks to our businesses and private donations, there were some fantastic prizes in our raffles and Lucky door prizes. The community banded together to provide a magnificent spread of food which we all enjoyed.

We raised over \$4000 with more donations expected this week so thank you again everyone for your support in covering this worthy fundraiser for The Cancer Council.

Much appreciated.

*Sandra O'Keefe*



Sandy O'Keefe (left) with Carmel Diss, along with Betty De la mere they organised Bermagui's biggest morning tea to raise funds for The Cancer Council

### Wild weather and the SES



The NSW SES Bermagui Unit received many calls for assistance during a prolonged period of severe weather that affected the south east coast over the weekend of 4-5 June.

The month of June is NSW SES Flood Safe Month and for emergency help in floods and storms call the NSW SES on 132 500.

*Gail Drury*

Over 100  
advertisers  
every month  
can't be wrong!

Advertise your business  
in

*The Triangle*

Call Nerida on 6493 7222

Mon - Fri

9am - 6pm

Sapphire Nu Pulse Cobargo

### NECTRE WOOD HEATER SALE

most competitive prices  
from Bay to the border

**FULL CHAINSAW  
RANGE IN STOCK NOW  
6493 6479**

sapphirenupulse@southernphone.com.au



***Come to life at the Vineyard!***  
(and follow us on Facebook...)

Open Wednesday - Sunday  
11.00 a.m. – 5.00 p.m.

for wine tasting, cellar door sales,  
snacks and lunches

### ***July events:***

***Sunday Live Music: 3rd & 17th from 12.30 p.m.***

***Social Bridge: Wednesday 6th from 2 p.m.***

Signposted off the Princes Highway,  
4 km north of Central Tilba. Tel: 4473 7308

### Celebrating 50 years of lawn bowls



There was great excitement on Tuesday 3 May when Bermagui Women's Bowling Club celebrated its fiftieth birthday.

They were joined in an enjoyable day of sport, fun and fellowship by 40 players drawn from all the clubs in the Far South Coast District, extending from Braidwood to Bermagui.

The day began with a closely contested game of triples, followed by lunch and festivities.

Additional guests arrived in time for lunch to represent the Bermagui Country Club management and Men's Bowls.

To mark the importance of this occasion, Sue O'Keefe was a special guest, representing Women's Bowls NSW. Far South Coast District President, Shirley Edwards, and District Representative, Robin Gourlay, also attended.

It is usual to issue some special awards to mark milestones like this, so President Irene Sutton and Sue O'Keefe presented Merit badges to committee members Denise McGlashan, Elaine Reid, Joan Edwards and Claire Luland, in recognition of their outstanding commitment to the club.

*Nancy Whackett*

#### AKTcompetition AKTcompetitionAKTcompetitionAKTcompetitionAKT

Local environmental company AKT sponsors a page in *The Triangle* every month. We publish the best creative, environmental contribution – story, essay, poem, painting, drawing or photograph we receive. So look around and start writing, drawing and photographing. See page 20. The overall winner each year receives \$400.

### POP UP DEATH

Hey, there's a different style of pop-up café happening in Bermagui (and Bega) on 8 August.



We are calling it the Death Café, and it provides an opportunity for people to talk about death and dying in a respectful environment. This subject is so often swept under the carpet in our society, and yet, it is something inevitably central to our lives. In the past, death was a community event which has now, to a large extent, become professionalised. Has this been beneficial to the community and is it what we really want?

Death Cafés have popped up around Australia since 2013, as part of Dying-to-Know-Day, an annual day of action dedicated to bringing to life conversations and community actions around death, dying and bereavement. There have been more than 200 to date.

Members of the Bega Valley Hospice Group are hosting this occasion. Look for more details, including place and times in the next edition of *The Triangle*.



Bermagui's largest and longest established Real Estate Agency

**marshall & tacheci**

real estate

**6493 3333**

*When It's Your Day*

**Maggie McKinney**

*Civil Celebrant*

**0416 039 539**

### THE SPIRES NURSERY

CORKHILL DRIVE TILBA TILBA  
phone 4473 7196  
Established 14 years

- Australian natives
- Roses
- Perennials – many rare
- Fruit and shade trees
- Exotic Shrubs
- Vegetable and flower seedlings
- Eden seeds
- Organic bagged planting and potting mixes
- Good selection of organic pest control measures



Staffed by experienced and qualified Horticulturists 7 DAYS  
Also incorporating **VINTAGE POPPY** Vintage home and garden wares



# Dune care workers increase biodiversity at Cuttagee

Bermagui Dune Care continues to increase biodiversity at Cuttagee point. Recently they held yet another successful planting day

A spokesperson for the group said they have now planted well over 500 seedlings across 22 species at Cuttagee Point since the revegetation project started in 2012.

This work has increased the biodiversity in the area by a significant amount.

Weeds such as blackberry are also greatly reduced.

"It is really satisfying to see how well the plants are growing, given the difficult site with salt laden winds," added the spokesperson.

The group appreciates support from Bega Valley Shire Council and the Far South Coast Landcare Association.



Dune care members, Barbara, Stuart and Dave, next to some of the early plantings, *Allocasuarina verticillata* and *Banksia integrifolia*, which are now over two metres tall

## U3A goes Indian with Janine - spiced tea to chicken Korma



Paula Lovell ready to enjoy her labours

In her amazingly equipped kitchen, U3A Course presenter Janine Halasz gave a wonderful Indian Cookery Course this term to eight dedicated U3A students. They created some fabulously tasty dishes and all of them left her course with a much better understanding of spices and the methods involved in Indian cooking than when they started. Not only did Janine give generously of her time and supplies, but also sent the students away with masses of cuttings of several condiments growing in her garden vital for Indian food, either to plant in their gardens or spice up their Indian curries – you don't get that on MKR or Masterchef!

There were also copious copies of recipes she supplied, with everything from simple bread, to spiced tea, chilli

jam and chutneys to chicken Korma, imploring students to try different ones each week. She shopped for spices for the students and we came away laden with the goodies Janine had bought at the Indian spice store in Canberra. All the students agreed it was a great course and can't wait to attend her next one; hopefully suggesting it could be on Thai food.

Such are the benefits of being involved in U3A, so take the opportunity to be a part of a vibrant group of people who have a passion for either teaching or enjoying the fruits of learning – check out the web site: [www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au) or come along to our Registration and Information Day on 13 July, 10am to 12pm at Bermagui Country Club.

Chris Mason

# CHRISTMAS IN JULY !!!

**Bermis Beachside Cafe 16th July 2016, 6.30pm. \$35pp BOOK NOW 64933689 BYO**



### Nibbles

Bodalla Cheeses and Antipasto Boards

### Entree

Pea and Ham Soup with a Crusty Bread Roll

### Main

Roast Turkey with Sticky Cranberry Sauce  
Honey Glazed Ham served with Pineapples and Cherries  
Cauliflower Steaks with warm Asparagus Dressing  
Roast Potatoes and Butternut Pumpkin  
Mixed Spring Vegetables

### Dessert

Bourbon Christmas cake with brandy custard



# SERVICE DIRECTORY

THE TRIANGLE

<b>Accountant</b>  <b>Fredrick Tambyrajan BSCc, MA, MACC</b> Accountant - Tax Agent 44 Princes Hwy Cobargo NSW 2550 Ph: 6493 6006 Fax 6493 6015 Mob: 0425 271 725 email: itaxservices@yahoo.com	<b>Carpenter &amp; Joiner</b>  <b>Ian Thompson</b> Carpentry/Joinery/Cabinetwork Ph: 0412 793 173 or 6493 7327 www.opaljoinery.com.au Lic No: 20683	<b>Gardening/Computer Tech</b> Mowing, gardening, weeding, clearing, demystifying your PC References available Call Dave 0419 195 940
<b>Alpacas</b>  <b>Kingdale Alpacas</b> Breeding stock, fleece Graham & Jenny Froud, Dignams Creek Ph: 6493 6409	<b>Carpenter/Joiner</b>  <b>Timber Concepts</b> Quality Joinery, Built-in Robes, Furniture and Building work Lic 15404C Ph: 6493 6503 Mob 0409 224 125 www.timberconcepts.com.au	<b>Glazier</b>  <b>Bermagui Glass</b> All glass requirements, shower screens, mirrors, kitchen splash-backs, flyscreens and detailed glass works Ph: 0447 224 776 or 6493 5599
<b>Auto Electrician</b>  <b>AG Air &amp; Electrical</b> Specialising in agricultural, marine and automotive services, covering the Sapphire Coast region Ph : Andrew 0410 640 809 www.agairelectrical.com.au AU 36259	<b>Computers</b>  Computer Sales & Service All repairs, tune ups, upgrades & networks New systems & laptops Mike Power (Mpower IT Services) ph: 0403 041 626	<b>Hair and Beauty</b>  <b>Miracles by the Sea</b> Hair & Beauty Studio Barbering & massage, safe, natural products 20 Lamont St, Bermagui. Ph: 6493 4646
<b>Blacksmithing</b>  <b>Galba Forge – Philippe Ravenel</b> Artistic wrought ironwork - Plaited iron www.galbaforge.com.au Open forge with demonstration every 2nd Sunday of the month, 1-5pm, or by appointment. 6493 7153	<b>Concrete Drilling &amp; Sawing</b>  <b>Condriill Southcoast</b> Concrete Sawing Drilling Ph: 0417 281 772	<b>Handyman</b>  <b>Cobargo Handyman Service</b> For all repairs & maintenance in & around the home & garden Ph Michael 0413 353 665
<b>Boarding Kennels</b>  <b>Bermagui</b> We'll care for your dogs and cats in a safe, friendly environment. In business over 20 yrs. Ph: Allan & Jenni Barrett 6493 4551	<b>Counselling</b>  Relationships, children, stress, anxiety, de- pression, grief & loss, retirement issues phone Ed Hills on 0411 346 563 www.lakesidecounselling.com.au	<b>Handyman</b>  Residential & commercial maintenance, lawn mowing, edging, weeding, rubbish clearance & gutter cleaning, basic carpentry, plaster & paint and any odd jobs around the house. For a friendly service on all your needs.... Phone Steve on 0433 222 690
<b>Building Services</b>  <b>Andrew Forbes Builder</b> Lic. No. 126060C Quality design & construct – new homes and renovations tailored to suit needs and budget Phone: 0408 581 370	<b>Counsellor</b>  Learning about yourself is pleasurable Especially through Sandplay (Jungian) For men and women, for couples and children John and Hilary James 0431 616 227	<b>Health and Beauty</b>  <b>Heavenly Therapies</b> Health and beauty treatments, scenar therapy. Reiki, EFT, entity clearing, make-up/hair for weddings. Ph Sarah 0417 684 300 www.heavenlytherapies.com.au
<b>Building Services</b>  <b>JKK Carpentry and Construction</b> Quality Alterations and Additions, Fully Licenced and Insured. Lic # 233244c Call James 0415 891 872 / 6493 5032	<b>Electrical Services</b>  <b>HRES Electrical Services Lic . 237879C</b> We pride ourselves in quality work at a good price. Harley Ray & Elena Savchenko Ph: 0419 229 634	<b>Hire Equipment</b>  Bermagui Equipment and Party Hire DIY Tools, Party Hire, Cool rooms, Truck and Car Hire Ph 6493 3813 Mob 0417 325 660 www.bermaguiequipmenthire.com
<b>Building Services</b>  <b>Drakos Brothers Constructions</b> Lic No: 39234 Major Projects to minor repairs Quality workmanship guaranteed Ph: 4473 7301 Jimmy	<b>Electrician</b>  <b>Smedley Electrical Services</b> All electrical work guaranteed. Level 2 Authorisation – underground/overhead mains connections & solar installations.Lic. no. 95937C. Phone Jeff on 0414 425 571	<b>Home Maintenance</b>  Household repairs and renovations, carpentry and painting Ph Sean on 4473 7111 or 0408 904 262
<b>Building Services</b>  <b>Bermagui Bathrooms</b> Complete bathroom renovations Ph: 0411 017 677 Tietz Holdings P/L Lic. No. 279917C	<b>Electrician</b>  <b>Sapphire Coast Solar &amp; Electrical</b> Domestic, Commercial Electrical Supply/install and service Solar Grid Connect and Stand alone systems. Call Peter 0458 055 311 Lic No. 224229C CEC No. A0161507	<b>House Re-Stumping</b>  Stumps & Flooring replaced, Ant Capping, Reasonable Rates, Free Quotes. Lic No 136977C Ph: 6493 7341 Mob: 0417 543 526
<b>Carpenter</b>  <b>CDK Building &amp; Carpentry</b> Alterations, improvements or extensions. Project management. 15 years experience in Australia and abroad. cdkbuildingcarpentry@hotmail.com Lic No. 230291C. Mob: 0429 891 481	<b>Gardening Service</b>  <b>General Garden Care</b> Pensioner Discounts Ph Michael Pearce on 0401 798 626 or 6493 6856	<b>Landscaping</b>  <b>Next Generation Landscapes</b> design, construction, property maintenance, handy- man services, obligation free quotes. Phone Chris: 0448 245 474



Ads \$25. To book an ad, please call Nerida on 6493 7222 9am - 6pm, **before sending your ad.**  
Then email your ad to **contributions@thetriangle.org.au**

<b>Landscaping</b>  <b>Native Instinct</b> Native garden specialist, design, maintenance, retaining walls, ponds, watering systems, plants & paving. Ph: Jo & Ken Jacobs on <b>6494 0191</b>	<b>Plumbing/Drainage/Gasfitting</b>  <b>Tilba Plumbing &amp; Gas</b> Lic.No: 220849C Ian Cowie For all your plumbing, drainage and gasfitting call Hoots Ph: <b>0429 353 000</b>	<b>Self Storage</b>  <b>New complex</b> at 6-8 Pine Dr, Bermagui Industrial Estate. Individual lock-up units, secure, owner on site, long or short term. Ph: Mel on <b>6493 3177</b>
<b>Lawn Mowing &amp; Garden Care</b>  <b>Very reasonable prices</b> Contact: Peter & Ruth Fazey Phone: <b>0429 140 656</b> or <b>0402 944 650</b>	<b>Plumbing/Gasfitting</b>  <b>Jess Austin Plumbing</b> For all your plumbing needs. No job too small. Lic. No: 156218C Ph: Jess on <b>0439 457 048</b> or <b>6493 4502</b>	<b>Stone Projects</b>  <b>Richard Senior</b> All types of natural stonework www.stoneprojects.com.au Lic No:108434C. Ph: <b>0409 991 744</b>
<b>Legal</b>  Cobargo's own legal service <b>SAPPHIRE MEDIATED RESOLUTIONS</b> Steve Ross, Lawyer 36 Princes Hwy Cobargo <b>Ph. 6493 6488</b>	<b>Plumbing/Gasfitting</b>  <b>Shane Gale Plumbing</b> Lic. No: L11592 Gas & drainage – mini-excavator hire and bobcat hire, 2 metre dig depth, 4 buckets Ph/Fax: <b>6493 6009</b> or <b>0418 470 895</b>	<b>Stonemason</b>  <b>Stonescapes Masonry</b> Traditional stonework + garden & retaining walls,paving, pathways, fire pits etc. Lic. No. 290832C Phone Simon: <b>0424 546 271</b> www.stonescapesmasonry.com.au
<b>Mobile Butcher</b>  <b>Paddock to Plate</b>  We focus on expert butchering alongside the ethical treatment of animals. Stress Free Slaughter Ph Ashley or Kerrieanne <b>0488777837 / 0434345687</b>	<b>Plumbing/Gasfitting</b>  <b>ROBSONA P/L</b> Residential – all general plumbing Installation & repair – supply & service <b>Ph 0427 117 281</b>	<b>Tutoring</b>  <b>Sarah Gardiner</b> All subjects, all levels in your own home, 28 years experience <b>6493 7316</b>
<b>Mowers and Chainsaws</b>  <b>Lex Gannon Power Products</b> Dealer for Stihl and Honda. New, 2 <sup>nd</sup> hand, servicing, repairs. Bermagui Road, Cobargo. Ph/Fax: <b>6493 6540</b>	<b>Podiatrist</b>  <b>Foot, Ankle and Lower Limb Care</b> Christian De Brennan M(Pod) MAPodA <b>www.yourfeetpodiatry.com.au</b> Cuttagee, BERMAGUI / Wed & Thurs Ph: <b>6493 5117</b> HICAPS available	<b>Tree Surgeon/Arborist</b>  <b>SOS Tree Management</b> Fully Insured Stephen O'Sullivan Ph: <b>6493 6437</b> Mob: <b>0418 465 123</b>
<b>Painting</b>  <b>The Triangle Painting Team</b> Domestic, commercial and rural All finishes. Ph: <b>6493 7370</b>	<b>Psychologist</b>  <b>Amanda Cox</b>  Ph: 0409 200 709	<b>TV Technician</b>  Audio, Visual, Digital solutions Trade qualified TV technician Digital antennas & TV systems, satellite, domestic & commercial Ph Andrew: <b>0437 674 020</b> or <b>6493 4773</b>
<b>Pest Control</b>  <b>DK Pest Control</b> Lic No: 1938 Ants, spiders, fleas, cockroaches, rodents, Termite Specialist/Inspections. Seniors Card Discount. David Ing Ph: <b>4473 7201</b> or <b>0407 337 937</b>	<b>Real Estate</b>  <b>Bermagui Real Estate</b> 71 Oceanview Drive, Bermagui Props: Paul O'Leary & Gary Cotterill Ph: <b>6493 4565</b>	<b>Upholstery</b>  Upholstery, Antique Restoration, Re-upholstery & Recover, Boat Covers, Canvas Repairs & Ute Covers. 37 Bermagui Road, Cobargo. Ph: Will on <b>0427 445 887</b>
<b>Physiotherapy</b>  <b>Jo Westall</b> from Narooma Physio Consulting Tues & Thurs at Bermagui Medical Centre, Bunga St, Bermagui. Ph : <b>4476 1866</b>	<b>Roofing</b>  For all your roofing and re-roofing needs Call Leo on: <b>0413 434 976</b> Lic. No. 284990C	<b>Veterinarian</b>  <b>Cobargo Veterinary Clinic</b> Providing a 24hr service for our clients 56 Princes Highway, Cobargo Ph: <b>6493 6442</b> A/hours: <b>6492 1837</b>
<b>Plasterer</b>  <b>Brian Desborough</b> Lic.No R65254 Supply & Fix Plasterboard ph: <b>6493 6246</b> or <b>0414 570 214</b>	<b>Roofing/Carpentry</b>  Metal, slate and tile repairs plus copper & zinc roofs and gutters. Lic. No: 139428C 10% discount for pensioners. Ph: Norman <b>0412 200 556</b> or <b>6494 0060</b>	<b>Welding &amp; Metalwork</b>  <b>Stephen Laszuk Hot Metal</b> Chainsaw, mower and pump service and repair. Welding and all forms of metalwork. 11572 Princes Hwy Verona. Ph <b>0438 850 573</b>
<b>Plumber &amp; Gasfitter</b>  <b>RNJ Plumbing</b> No job too small, always on time Ph Rick on <b>0427 859 300</b> or <b>4473 7798</b> ABN 98117271935 Lic.No. 255496c	<b>Sawmill</b>  <b>Bermagui Sawmill</b> Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood, Charlie McVeity <b>6493 4134</b> or <b>0428 489 501</b>	<b>Yoga</b>  <b>Namaste - Sapphire Coast Yoga</b> The original HOT Bikram yoga:: classes 7 days/ week, beginner-friendly. 68 Princes Hwy, Cobargo Call Amrei <b>0416 092 225</b> <b>www.sapphirecoastyoga.com.au</b>

# Cobargo Conversations

## Look both ways

What a risky business it has become, crossing the highway in Cobargo!

The commercial part of the village, established on a hillside, sees all manner of cars and trucks passing through and neglecting to pay attention to the 50km speed limit, whilst they attempt to gather speed before coming to the northern end of town.

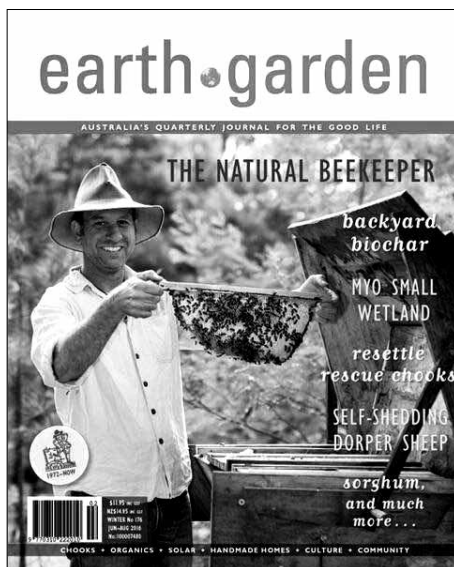
This has been a long standing problem in the village. We have come to the point where many of our elderly folk are crossing right down on the corner of Bermagui Road, in order to be able to see any traffic coming from over the bridge. I personally find it disturbing, seeing less able folk and elderly folk in a panic, trying to cross whilst obviously speeding drivers are accelerating towards them. I have the same experience almost daily. And yet our local policeman is unable to address the problem because of constraints placed on him. A sad state of affairs, I must say, and not at all conducive to a safe village.

Having said that, I'd like to thank those who do the right thing and travel at more acceptable speeds. Perhaps we can all get on board and improve this problem.

## Go Millie

On a brighter note, I've just learned that Cobargo's Millie Boyle, has been

training with the women's squad for the ACT Brumbies. At the age of eighteen and in her final year of school, Millie has been travelling to Canberra every weekend to play footy. She has now been named in the Brumbies lineup for the National Championships. Congratulations from all of us Millie.



Adrian Iodice on the cover of *Earth Garden*

## Adrian's bees

Millie is not the only local who has been honoured in the past month.

Brogo apiarist and natural beekeeping teacher Adrian Iodice has been featured in the latest edition of *Earth Garden* magazine. In fact, Adrian is on the cover! Adrian has been beekeeping for fourteen years now. In 2012, he decided to

start beekeeping naturally rather than using traditional techniques, travelling to Germany to learn about organic beekeeping. He has since, pioneered the natural beekeeping movement in Australia, promoting and teaching natural, sustainable bee care. Congratulations Adrian.

## Angela's story

Congratulations are also in order for Angela Clifford from Three Wise Mums. Angela has had a story published in a recently launched book, *Reboot Your Life*, launched in the US. The book features stories about people who have had to start over, reinventing themselves and their lives after periods of difficulty. Angela was encouraged by the editor, to submit her story and was delighted to learn that they had decided to print it! The result has been a recent visit from a bunch of Boston University students, currently studying in Sydney, who came to do a story on her business. Angela is understandably chuffed. Well done Angela.

## Fireworks and the election

You may well be wondering what's happened to Cobargo School's fundraising Fireworks Spectacular and bonfire. Well... it's still happening, but a little later in the year, on 2 September, so keep the date free for music, barbecues, children's activities and more. In the meantime, the school P&C are holding a fundraising Pop Up Café and barbecue on Election Day, 2 July, at the School of Arts Hall. Hot and cold drinks, bacon and egg rolls, sausages, sandwiches, cakes and muffins are all on the menu. The café will be open from 8am 'til 2pm, so stop for breakfast, morning tea or lunch, and support our local school.

## At the bookshop

Well Thumbed Books recently hosted their annual mini TEDx over the long weekend. The focus this year was on all things local. There were four passionate speakers, each giving interesting and thought provoking talks. Afterwards



## YOUR LOCAL GROCERY STORE

### Open 7 days

Local, naturally farmed produce - fresh daily wholefoods, wholesome and delicious meals, eat in or take home,  
Tilba real milk, local sour dough breads,  
Wild Ryes breads and family pies and Deeks grain free breads.

50 Princes Highway, Cobargo NSW 2550  
Phone 6493 6440 [sweethomecobargo@gmail.com](mailto:sweethomecobargo@gmail.com)  
[sweethomecobargo.com.au](http://sweethomecobargo.com.au)

## G and C Postform Laminates Pty Ltd

Family owned and run since 1988 specialising in:

- Laminated kitchen benchtops
- Vanity tops
- Splashbacks
- Kickboards

Pop in and see our range at Lot 9 Avernus St, Cobargo

**Or phone Steve on 0403 129 679**



# Cobargo Conversations

there was tasting of local foods, which raised \$500 for the Bega Branch of Rural Australians for Refugees. Congratulations to the Well Thumbed team for hosting this wonderful annual event.

## You make my heart sing

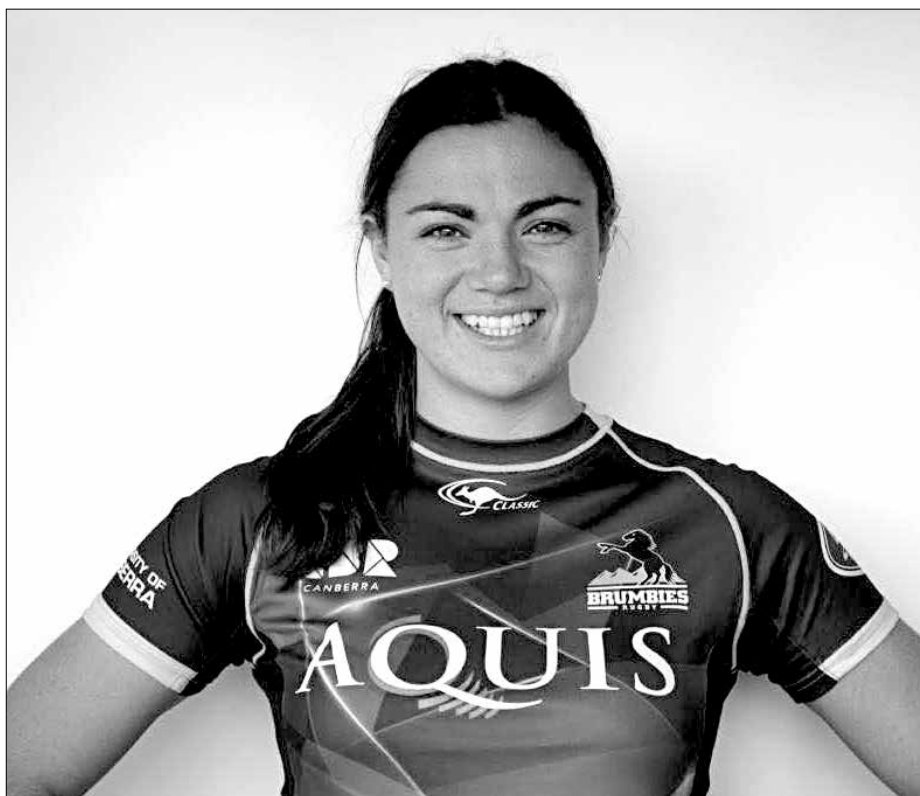
*Project Wild Thing* is this month's Community Documentary, to be held at the old Cobargo Butter Factory at 3.30pm on 17 July. It's the story of a man, David Bond, who has launched an international marketing campaign to get children back outdoors, playing within, and experiencing the natural environment. How wonderful! Looking forward to this one.

## Something to say at the CWA

Do you have something to say? Then find out about one of the most effective lobby groups in NSW – the CWA. Sure they make scones and slices and do handicraft! But there's much more that they do. They work for women and children, not just in NSW but across all of Australia, the Pacific and across the world. They work in health, education, transport, telecommunications, agriculture and environment among other areas. Are you interested in being a part of that?

The second gathering of women who want to find out more about CWA and are unable to attend day time meetings, is on again.

All are welcome, especially those with ideas about what they'd like to see happen. Of course there'll be tea and coffee and a warm welcome. When? Tuesday 12 July at 7pm. Want to know more? Get in touch with Lynne Jones on 6493 8360 or



Millie Boyle in Her Brumbies Jersey (photo Kate Hough)

Mary Williams on 6493 6167.

## Mistaken

Last month I mentioned in my column, based on the information I had received, that Platform 57, Cobargo's train café, was closing. Much to our delight, the business didn't close at all. It is once again being run by Di Jee.

## Changes

A few recent changes around the Commercial village this month...

Firstly, Chalk & Cheese has been sold.

The new owners, who are from Wagga, will be re-opening the café in a few weeks. More about that next issue.

Also, early in July, local mother and daughter team, Jean White and Sharleen Salter, will be taking over the dog grooming shop. Lisa Harrington would like to thank everyone for their love and support over the past eighteen months. Also, Mia will be staying on, so good news all 'round.

Elizabeth Andalis

## Sisters-in-Crime at Well Thumbed Books - reading group on Tuesday nights

As an introduction to our Sisters-in-Crime weekend in October, we will be holding a reading group to discuss the authors who will be coming to the festival.

The first reading group will be held on Tuesday 2 August 2 at 5pm at Well Thumbed Books in Cobargo and thereafter every second Tuesday for the next five Tuesdays.

So far three authors are confirmed to attend: Candice Fox, Janice Simpson

and Sulari Gentill. The first reading group meeting will discuss Sulari's work.

As the authors are confirmed for the festival, we will be letting the Bermagui Library and Candelo Books know, so they can source their books.

Well Thumbed also have a number of the books which are available for borrowing!

To all visually creative persons, don't forget our *Off The Page* competition.

Lucky dip books are available from Well Thumbed Books.

And for all literary creative persons, look out for episode four of *The Triangle* 'Who Dunnit'.

Finally, save the date, Saturday 20 August for a fun filled, dastardly night of murder and mayhem at the Cobargo School of Arts Hall.

Details to follow.

Well Thumbed Books



### Rock Lily Cottages

Self Contained, Dog Friendly Cottages

Amazing Mountain Views 100 acres  
Near BROGO DAM. Ph: 6492 7364

[www.rocklily.com.au](http://www.rocklily.com.au)

[relax@rocklily.com.au](mailto:relax@rocklily.com.au)

### HOMEFLAIR CARPETS AND BLINDS NAROOMA

Carpets, vinyls, floating floors, blinds  
and rugs. Shop local and save!



Ring Nick or Jenny for a  
free measure and quote  
0401 625 727  
or 4476 2719

### Cesune Park Pet Retreat

We Care for your Cats & Petite Dogs.  
(Fur kids)

Sue Cox  
Owner/Manager

99 Harris Road  
BROGO NSW 2550



phone: 02 6492 7174  
mobile: 0428842923  
email: [cesune@bigpond.com](mailto:cesune@bigpond.com)  
ABN: 20 939 362 968

## CWA NEWS

It's a case of all hands to the deck this month for Cobargo CWA members as they prepare and paint the window frames in the cottage.

Several members attended the Bodalla branch International Day. This year we are studying Mongolia which is proving to be fascinating and at Bodalla we were treated to a trip through Mongolia by a guest speaker who had travelled there. We also learned at our monthly meeting that Mongolia was responsible for the first postal service in the world, in the 13th Century and also they introduced the first paper money!

A stocktake of the items available for the Mother and Baby Packs was made and items were collected for Material Aid. Material Aid is where miscellaneous sewing items are sent to our Pacific Island neighbours to help create small businesses etc. for the women there.


Other items under discussion at our meeting were the prevalence of iodine deficiency in the Australian community, various catering jobs in the coming months and the need for us to drink water, especially in the winter months. We also passed on advice from our individual experiences.

In the near future we will be holding our International Day and most importantly, our next evening get-together which will be on Tuesday 12 July at 7.00 pm at the CWA cottage on the Bermagui Road in Cobargo. We invite all women who have an interest in CWA and what we do, but either don't like formal meetings or are unable to attend our daytime meetings. Please join us for a friendly chat and bring along any thoughts you may have about the ways CWA can provide you with a forum or just friendly company. Let us know if you would like to discuss an aspect of CWA that interests you. Also all women are welcome to join us at our day meetings, this month on 12 July at 10.30 am at the CWA Cottage. We look forward to meeting you there.

Mary Williams  
Publicity Officer

Cobargo Branch, CWA of NSW

### Holey Glass Beadery & Jewellery Gallery...



Come and make  
some special  
gifts for your  
loved ones...

Children - \$15, including materials.  
Adults - \$25, including materials.  
1/59 Princes Highway,  
Cobargo NSW

## Project Wild Thing: go outside

*Sunday 17 July will be the next monthly community documentary screening at The Old Butter Factory, Cobargo at 3.30 pm*

David Bond is a filmmaker and a father. Things have really changed since he was a kid.

His children are hooked on screens and don't want to go outdoors. They want iPads, TV and plastic toys. The marketing departments of Apple, Disney and Mattel control his children better than he can. Determined to get them up and out, David appoints himself as the Marketing Director for Nature.

With the help of branding and outdoor experts, he develops and launches a nationwide marketing campaign to get children outside.

*Project Wild Thing* is the hilarious, real-life story of one man's determination to get children out and into the ultimate, free wonder-product: nature.

Contributors include naturalist Chris Packham, writer and environmentalist George Monbiot, scientist Jaak Panksepp, writer Jay Griffiths, advertising guru Michael Wolff, and brain scientist Professor Baroness Susan Greenfield.

*Project Wild Thing* is a film-led movement to get more kids (and their folks!) outside and reconnecting with nature.

The film is an ambitious, feature-length documentary that takes a funny and revealing look at a complex issue, the



increasingly disparate connection between children and nature.

To cover the costs a \$5 donation is much appreciated. Coffee and tea will be provided, please bring your own mug. Bring a blanket too.

Please come in big numbers to keep more documentary screenings possible! Watch the trailer online at <https://vimeo.com/68072823>

Visit the website for more information at [www.cobargodocos.wordpress.com](http://www.cobargodocos.wordpress.com)

Lena

## NEED a CAR?

Need a car for a day or two?  
The community car is available to borrow. See one of the women at Well Thumbed Books, or book it by phoning Louise on 0416 039 895

*Come and Visit*  
**The OK Shed**  
All Saints Anglican Church,  
Wallaga St, Bermagui  
*Pre-loved treasures/clothes/bargains to be found*  
**Opening hours: Thursdays 11am-4.00pm**  
School holidays - extended opening hours  
(Tea and coffee available)  
Contacts: Nancy 6493 3136 Kath: 6493 5887

### BELONGINGS

second chance goods

Furniture with a past  
Homewares for effect  
Collectables to clutch  
Curios that inspire  
Colour/shape/texture  
Antique/vintage/retro/recent

10-4 Thursday-Monday  
via 777 carpark Wallaga Lake Rd Bermagui  
0488 950 165

## excell

PRINTING GROUP

**DESIGN + PRINT + WEB**

*We're local and we do it all in-house!*



Meet the award-winning Excell team

**Pambula: 6495 7320**  
**Merimbula: 6495 4922**  
**Batemans Bay: 4472 1599**

[sales@excellprint.com.au](mailto:sales@excellprint.com.au)  
[www.excellprint.com.au](http://www.excellprint.com.au)



# The Woman in the Grey Suit - a *Triangle* Whodunnit

Well Thumbed books in conjunction with Four Winds will be holding a 'Sisters-in-crime' weekend in October. As a lead up to this weekend we will be running, through *The Triangle*, a fictional murder. The idea is that you, the reader, solve the murder. Prizes will be given at the end for the most logical, most entertaining and the most inventive solution.

### Episode 4

In response to increasing public concern about the lack of progress in the investigation into Ms Grayston's murder, the area police commander, Leo Pullman, called a press conference to assure the community that the local force is pulling out all the stops to apprehend the murderer. While remaining tight lipped about the details of the search of her computer, he was able to reveal that progress had been made into tracing individuals in the third world who were in regular contact with Ms Grayston. When questioned further by the press he called the conference to a close.

Inspector Sole's re-questioning of Ms Grayston's workmates and social circle have revealed aspects of her personality which were not apparent in the first round of questioning. Her partner at a Bega dance club, Reg Withers, gave an insight into her obsession with the tango which he thinks was the reason for her purchase of the red stilettos. She and friends from the dance club had recently returned from a trip to Brazil organised by a Bega travel agent where she had attended a tango masterclass led by the dashing Romeo Verde. Mr Withers



Is this the scene at Bermagui Country Club...

was unable to join her on the trip due to his work commitments as a greenkeeper at Bermagui Country Club. One of her travelling companions, Miss Muriel Leech, who was initially reluctant to speak to Inspector Sole gave an emotional statement regarding Ms Grayston's abandonment of her on the organised tour of the historic



...or is this what really happened?

sites, culture and monuments of Brazil. According to Miss Leech, Ms Grayston instead took private tours with Signor Verde supposedly to experience at first hand the natural world, fauna, flora and wildlife

surrounding the city. Mr Withers further remarked that on her return, Ms Grayston's usually precise and controlled tango performance had become more passionate and abandoned.

A second and more intensive search of Ms Grayston's flat was undertaken by Inspector Sole accompanied by a new recruit, Detective Constable A Brain, a recent graduate of

ANU. D C Brain, while examining her library, was interested to find publications which pointed to a deeper side to her character: *Das Kapital*, Mao's Little Red Book and *The Motorcycle Diaries*, to name but a few. The police are now appealing to anybody who knew her during her years at university who might have insights into her political activities to come forward.

Interpol have been involved in an enquiry into Signor Verde's background and have discovered connections to radical environmental groups with cells throughout the world. They are now entertaining the possibility that he may have been one of her regular email contacts.

While still pursuing the local angle to the murder, the police are now casting their net wider into what appears to be Ms Grayston's double life.

At the force's usual Friday night debrief at their local watering hole, D C Brain was overheard to remark that what appeared to be a simple murder investigation had developed into a complex web of political intrigue which would have reverberations throughout the international community.

Louise Brown

## Well Thumbed Books

Quality second-hand books.

Fiction, non-fiction,  
children's books plus more.

Find us at  
51 Princess Highway,  
Cobargo (in the old Bakery)



Mon Fri: 10am to 4pm Saturday: 9am to 1pm

## Writing FICTION WRITING Classes

*fortnightly sunday afternoons*

WELL THUMBED BOOKS COBARGO

phone SARAH **6493 7316**

## The Triangle's Eco Edge Competition

### NATURE'S WORLD

I choke on dust on a dried out land  
- and cry for a river to flow,

I fear the force of a twisting wind  
- that flattens and floods as it blows,

I shake in the wake of moving earth  
- as seas rear up and swell,

And I tremble in fear of a blazing hill  
as wild fires lead to hell.



But then...

there is beauty  
in the soft wispy mists sleeping in the hollows;

in a new-born dawn, that watches darkness  
lift it's skirts and hasten away;

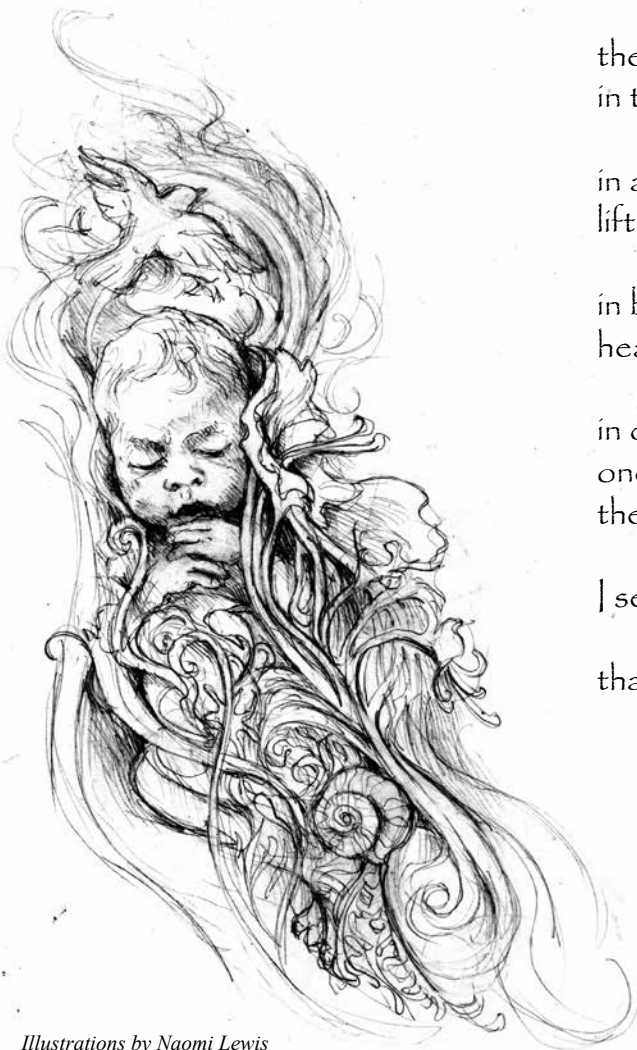
in birds singing bass, soprano, fluted notes, or one,  
heads back, chests out, flirting with shadows;

in dual rainbows, arcing triumphant across the sky,  
one ablaze with promise,  
the other still bleary-eyed, smudged with rain;

I see beauty -

that carries the gift of life again and again and again.

Judi Hearn



*Illustrations by Naomi Lewis*

**AKT International is focused on intergenerational equity, sustainability and ethical trading.**



## Auction shows Cobargo's history



Despite the weather it was a huge day in Cobargo at an auction of goods at the Sutherland's property, to the north of the town. For sale were implements from yoke to chainsaw, a fine collection of the local farming history.



## General News

### Precautionary boil water notice still in place

Following another episode of heavy rain in the Shire, NSW Health has ruled against lifting of the precautionary Boil Water Notice in the Brogo/Bermagui River water supply system.

The Boil Water Notice applies to the townships and villages of Quaama, Cobargo, Bermagui, Beauty Point, Fairhaven, Wallaga Lake, Wallaga Lake Heights, Wallaga Lake Koori Village, Akolele and also trunk main customers in these areas.

Council recommends that all water for consumption, food preparation, cleaning of teeth and ice making should be boiled before use. Water can then be allowed to cool and stored in a clean container with a lid and refrigerated.

Dishes should be washed in hot soapy water or in a dishwasher and children should take boiled or bottled water to school.

Council continues to work closely with NSW Health, the aim being a lifting of the Boil Water Notice as soon as possible. Recent water quality data shows a trend towards lower more acceptable turbidity levels with a likelihood of the Notice being lifted towards the end of the week.

Council encourages residents to go to [www.health.nsw.gov.au](http://www.health.nsw.gov.au) for more detailed information on boiled water alerts.

*Jeff Donne*  
Communications Coordinator  
Bega Valley Shire Council

## Who does the work

### The Editorial Committee

Jo Lewis (President)  
Sharon Cole (Vice President)  
Terry Freemantle (Treasurer)  
Elizabeth Andalis (Secretary)  
Julie Dibden  
Sarah Gardiner  
Ros Hewett  
Nerida Patterson  
Linda Sang  
Jen Severn

### Advertising

Nerida Patterson 6493 7222 (9am-6pm only)

### Layout & Design

Sarah Gardiner, Linda Sang & Jen Severn

### Accounts

Terry Freemantle Phone: 6493 3114  
Mail accounts to:  
PO Box 2008, Central Tilba NSW 2546  
Email: [treasurer@thetriangle.org.au](mailto:treasurer@thetriangle.org.au)

### Area Contacts

Bermagui: Carlyne Banados  
[bermagui@thetriangle.org.au](mailto:bermagui@thetriangle.org.au)  
Cobargo: Elizabeth Andalis - 6493 6738  
[cobargo@thetriangle.org.au](mailto:cobargo@thetriangle.org.au)  
Quaama: Jen Severn - 6493 8515  
[quaama@thetriangle.org.au](mailto:quaama@thetriangle.org.au)  
The Tilbas: Julie Dibden  
[tilba@thetriangle.org.au](mailto:tilba@thetriangle.org.au)

Printing: Excell Printing Pambula

Accounting Services: Fredrick Tambyrajan, Cobargo  
Distribution Service: Linda Sang

Distributed by Australia Post and available from:

Bermagui: 777 Supermarket, Visitors Centre, Library, Newsagency, Bermagui Beach Hotel, Post Office, Blue Wave Seafoods, Bermagui Country Club, Bermi's Beachside Takeaway, Saltwater  
Central Tilba: The Cheese Shop, Tilba Winery, Dromedary Hotel, Post Office, ABC Cheese Factory  
Cobargo: Post Office, United Petrol, Newsagent, Sweet Home Cobargo, Well Thumbed Books, Black Wattle  
Narooma: Information Centre, Library  
Quaama: General Store  
Tilba Tilba: Pam's Store, Spires Nursery  
Wallaga Lake: Merrimans Land Council, Montreal Store

### Deadlines

Advertising: 12pm, 19<sup>th</sup> of each month

Editorial: 12pm, 22<sup>nd</sup> of each month

Advertisers please note that an extra fee may be charged for initial ad layout.

### Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

**Email: [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)**

Postal address:

The Editors,  
The Triangle  
PO Box 2008, Central Tilba. NSW 2546

ABN: 75 182 655 270

*The Triangle* is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

### Race Against Time with Four Winds

Sunday 7 August, at the Windsong Pavilion, Four Winds, Bermagui, from 2pm



Bermagui in 1911 when FS Kelly travelled through the area (photo ABC open)

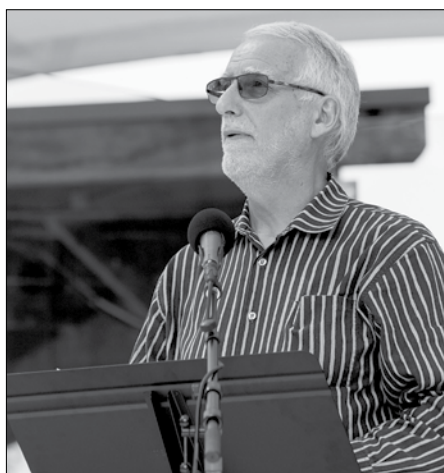
Connect with the exceptional life of an Australia war hero, an Olympic gold medallist, and prolific composer, Frederick Septimus Kelly, through his own words and music. F S Kelly has a particular connection the south coast region; he toured the coastline in 1911. This performance in the Windsong Pavilion (Four Winds, Barragga Bay) will feature words from his diary as well as his music.

Carrillo Gantner will read excerpts from Kelly's travelling diaries, which talk of his time in the Bermagui area and you will also hear some of the first modern-day performances of his works composed 100 years ago, performed by five superb musicians led by Christopher Latham (violin) who was previously Artistic Director of Four Winds. Carrillo and Christopher will be joined by Tamara Anna Cislowska (piano), Louise Page (soprano), Christina Wilson (mezzo), and Alan Hicks (piano). Kelly's music reflects the early 20th century 'pastoral' style. It is highly melodic and reminiscent of British composers like R Vaughan-Williams and Elgar.

Fredrick Kelly was mainly educated in England and Germany and was a friend of the great French composer Maurice Ravel who championed Kelly's music. Kelly was one of the first world war's most active creators, writing music throughout the Gallipoli and Somme campaigns in a true race against time. He was killed at the Somme in 1916.

The cost for this event is \$25 for adults, 16 years and under are for free. Bookings are essential, see [www.fourwinds.com.au](http://www.fourwinds.com.au)

Marg Hanson



Carrillo Gantner speaking at the 2016 festival  
(photo Ben Marden)

### Murrah Folk Jazz Fusion

Sunday 17 July at the Murrah from 2.30pm

These young, orchestrally-trained musos are now on the cutting edge of folk-jazz-fusion, striding ahead with new concepts and old favourites, twisting together elements of folk, jazz, classical, funk and cabaret into their music.

Yetzka an orchestral-violist by day and fusion-violist by night, fits the Cinderella slippers of variety that many string players only dream of.

Niq is a green-thumbed, multi-instrumentalist. He has toured the world with orchestras, composed music for ensembles and run musical soirees for most of his life.

His motto "Try almost anything at least once," applies to instruments, composition, and food....especially cheese!

Born into the gentlemen's world of ABC radio, but warped through a classical rebellion, Niq and Yetzka's music evolved into a new breed - folk-jazz fusion...lyrics with courage and music with character exploring a rainbow of subjects played with vivacious showmanship on trumpet, viola, accordion, ukulele, keyboard and also with, of course, their accompanying charming vocals.

As usual there will be available \$5 Murrah curries \$2 sausos, snacks, teas, instant coffee and famous free Murrah rainwater.

Showtime is 3pm, cost is \$20 with kids for free.

Howard Stanley  
Murrah Hall President



**Bermagui Country Club**  
[www.bermaguicountryclub.com.au](http://www.bermaguicountryclub.com.au)

**July Entertainment:**

1st: **Jesso & Steve** from 8pm, 8th: **Roddy Reason** from 8pm, 13th: **State of Origin 3** from 7.30pm, 15th: **Rick Bloomfield** from 8pm, 17th: **Monster Raffle** over \$1000 worth of Meat, Seafood & Fruit & Veg Trays, Tickets on sale from 1pm, Entertainment from 1pm **Jay Podger**, First draw 3pm, 22nd: **Darryl Lamb** from 8pm, 29th **Crushed Ice** from 8pm, 30th: **Kids Disco 6-8pm \$5 entry, proceeds to Bermagui Public School P & C.**



## *Animals in the Wild* at Gallery Bodalla



Category D was for the most beautiful image of an animal in the wild by a photographer aged 16 years or under. The winner was Peta Morris with this photograph *Brumbies in the Wild*

*Animals in the Wild* is a photographic exhibition that was held at Gallery Bodalla over the June long weekend. Greens MP David Shoebridge announced the winners of the competition.

The competition was part of the Greens campaign against recreational hunting, and in particular against the Sporting Shooters Association arms fair Huntfest which has been held in Narooma over the June long weekend since 2012.

Despite Huntfest being originally approved as a photographic exhibition, its licence has been amended to allow its operation as a fully-fledged arms fair. The Greens have called on the Minister for Crown Lands to refuse consent to Huntfest's licence extension after 2017 and listen to the overwhelming views of the Eurobodalla community.

Greens Eurobodalla Shire Councillor Gabi Harding said: "Our community has overwhelmingly responded against

the sale of guns and ammunition in our public building in Narooma. We have made representation time and time again at council forum, through emails and letters to Councillors and the General Manager, through petitions and through the media.

"This extension of the licence past the term of the next Council is completely undemocratic," Councillor Harding said.

Greens MP Justice and Firearms Spokesperson David Shoebridge said:

"The Greens are excited to announce the winners of *Animals in the Wild* 2016, which is a much loved celebration of nature in the wild, unthreatened, and unharmed by humans.

"As Huntfest becomes bigger and uglier every year, *Animals in the Wild* is also growing as an important way of demonstrating that shooting nature and animals is far more rewarding with a camera than a gun."

Valerie Faber

## WINTER WARMTH

Despite the winter chill, the Lizards are managing to resist their natural tendency to hibernate this time of year (this is partly due to the fact that we have a nice new gas heater to warm us up) and have been busy keeping the gallery stocked with original and interesting work for our visitors to enjoy.

The good news is that if you missed coming in to see Helen Stafford's *Winter Woollies*, her exhibition will continue in the Side Room for another month...so you still have a chance to come in and buy one of those lovely warm felted neck cowls, or those cozy hand knitted beanies and mittens, as Helen has been busy still knitting and felting new exciting garments to add to her display.

In the Main Gallery as well, Alan Holley has brought in some new twisted wire trees and Steve Stafford has more of his exquisite woodwork. Patto also is always adding to her displays of quirkily designed necklaces and earrings, plus you should definitely check out her beautiful fibre art baskets...their lovely colours and textures will warm up any cold winter's day.

Naomi Lewis

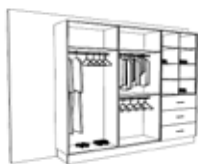


Fibre Art decorated basket by Patto. Also at Lazy Lizard this month is the exhibition *Winter Woollies* by Helen Stafford and work by Alan Holley and Steve Stafford

## Kitchens of Choice

Showroom and Factory  
6-8 Pine Drive  
Bermagui

Ph: 02 6493 5303



Kitchens - Joinery - Wardrobes



FLIGHT SIM

## U Pilot Flight Simulator

invites you to come and experience the thrill of flying a Boeing 777 aircraft

\$70 for 1 to 2 Hours  
\$100 for 3 Hours

For bookings contact  
Jan 0404 418 291  
or Robert 6493 8321  
Gift vouchers available

One of my favourite things to enjoy over winter is cauliflower. Such a sweet satisfying vegetable. Good for those of us looking at reducing carbohydrates.

This recipe for cauliflower couscous can be eaten as a side dish with anything in place of regular wheat-based couscous or potatoes. You can extend the basic dish by

adding chick peas or broad beans, chopped tomatoes, rocket and/or baby spinach and you have a gluten-free vegan dish you can eat at room temperature or hot.

## Roast Cauliflower Couscous

*serves 4 - 6*

- 1 medium cauliflower
- drizzle of olive oil
- 1 tsp ground cumin
- 1 tsp ground coriander
- ground chilli to taste
- 1/3 cup chopped fresh coriander, leaves and stalks
- 1/2 cup toasted flaked almonds if you want some crunch
- salt and pepper to taste



Cauliflower, such a sweet satisfying vegetable

Preheat oven 200C. Remove outer leaves and cut cauliflower into small florets. The easiest way to get the couscous effect is to pulse the florets and chopped bits of stalk in a food processor for a couple of seconds at a time till the cauli looks crumb-like, being careful not to overdo it as you will end up with a paste. Alternatively you could grate the cauli with the largest grate side and finely dice the stalks.

Line two trays with baking paper. In a large bowl toss the processed cauli with a drizzle of olive oil to moisten. Also toss in the ground spices and salt and pepper. If you had some dukkah or zataar, Moroccan spice mixes, you could add some in as well, but it's not necessary as you can be as plain or fancy as you want depending on your pantry.

Spread the mixture onto the trays in a thin even layer, roasting the cauliflower for 12 minutes, moving it around the tray halfway through the cook. Roasting dries and intensifies the flavour. The couscous should be light and fluffy. Back in the bowl again you mix in the coriander and any other additions you may want. Sprinkle with the toasted almonds.

## Almond Macaroons

*makes around 20 biscuits*

- 1 egg white
- 1/4 cup agave syrup or use equal amount of caster sugar
- 2 cups of almond meal
- pinch of salt
- flavourings: add 1 tsp ground ginger and 1 tbsp or more diced crystallised ginger or if you like almond flavour add 1 tsp almond extract and some lemon zest

Preheat oven to 170C. Line a large baking sheet with baking paper.

In a medium bowl whisk the egg white to stiff peaks with a handheld mixer (when I beat egg whites I always add a little caster sugar to help it get stiffer).

Beat in the agave syrup or sugar and flavourings. Fold in the almond flour and salt into the wet mixture. Line a tray with baking paper. Roll the dough into walnut sized balls, leaving space between each biscuit. Bake for 10 - 12 minutes until

slightly golden. Let the biscuits cool on the tray. Biscuits should be slightly chewy and moist on the inside.

NB. If you use the agave syrup they aren't as sweet as using sugar.





**AGENTS  
for  
'WATER WATCH'**

*to protect your*

**COMMON  
RAIL DIESAL  
FUEL SYSTEM**

- \* All Mechanical Repairs
- \* Log Book Servicing
- \* Tuning (Petrol, LPG, Diesel)
- \* Tyres and Batteries
- \* Full 4x4 Servicing
- \* Wheel Align and Balance

**1 Sherwood Road Bermagui 2546**

**Ph: (02) 6493 5906 Fax: (02) 6493 5907**

**email: bermiautos@hotmail.com**

**SAPPHIRE MEDIATED  
RESOLUTIONS**

**STEVE ROSS**  
LAWYER, MEDIATOR

**36 PRINCES HIGHWAY  
COBARGO**

ALL LEGAL SERVICES PROVIDED

PHONE  
02 6493 6488

EMAIL  
STEVE@SAPPHIREMEDIATION.COM.AU

WEB [WWW.SAPPHIREMEDIATION.COM.AU](http://WWW.SAPPHIREMEDIATION.COM.AU)



## Colouring you winter garden

During the cooler months of the year leading into spring our gardens can become somewhat drab and uninteresting. Consideration to adding some colour to the garden not only makes the garden look great, but lifts our spirits on the cold damp months of winter. Colour can be added by the use of flowering plants or by plants that retain their leaves and have a colour other than green.

Start with annuals that can be either planted in pots or in the ground, these give instant colour and will last until the warmer weather arrives when we plant summer annuals that can stand the warmer temperatures. Pansies, viola, primula, snapdragons and poppies are but a few that come to mind. Planted in a full sun position with a compost enriched soil and fed with a liquid fertiliser they are a simple and inexpensive way to brighten up your day.

For a more permanent display try using perennials. One important factor to remember with perennials is that even though they do well in the full sun during winter, some might need to be planted under deciduous trees to give them protection from summer sun.

Many perennials add colour by either flower or foliage and the foliage forms can vary from deep purple to yellow and various shades of variegation. One of my favourites are the amazing Hellebore.

These beautiful plants range in colour from white to pink and purple with varieties being single or double. Other plants to be considered are Polemoniums for their variegated foliage, Penstemon Huskers Red for its scarlet foliage and Heuchera for their interesting range of foliage colours.



Abelia is a small shrub suited to either hedging or as a single specimen plant

If annuals and perennials don't take your fancy then consider shrubs that have either a variegated or coloured foliage. Many variegated foliaged plants add another interesting dimension to your garden as their standout beauty in winter is highlighted by the fact that many other plants nearby have lost their leaves.

Abelia, a small shrub suited to either hedging or as a single specimen plant is a great addition to any garden. Two lovely forms are available at the moment, one with a green and silver variegation and the other green and gold. These two will take part shade or full sun. Other variegated

plants include Euonymus, Aucuba and Metrosideros (NZ Christmas bush for the coastal garden).

The last but not least, are single coloured foliage plants that have standout beauty in their foliage but also the added bonus of flowers. Loropetalum with its burgundy foliage and pink flowers is a beauty. There is also a white flowering form with green foliage and both can be hedged or used as a single garden specimen. Teucrium with its silver foliage and purple flowers is a good one for a coastal garden.

One shouldn't forget the amazing assortment of Australian native plants that winter flower including Philotheca (Eriostemon) varieties of Grevillea, Callistemon and Leptospermum just to name a few.

Moving along to tasks in the garden as a follow up to last months' advice, July is a great time to finish off the winter pruning of fruit trees, roses and perennials. Perennials can be mulched with some straw to protect any new shoots that might try and get an early start before the real cold weather is over. Complete winter spraying of fruit trees and roses with a winter oil and fungicide.

Finally, for this month remember that plants still need water even in winter. It doesn't have to happen as much as in the drier warmer months but it still must happen, particularly pots.

As always, happy gardening!



16 Lamont  
St, Bermagui  
0427 936 107  
Ladies  
Boutique.  
New stock  
every day.  
Open 6  
days

No clothing over \$49.00!!!



twig&feather

creating the comforts of home  
CANDLES • HOME • LIVING

HANDMADE ON THE PREMISES:  
candles, cards, reed  
fragrance diffusers.

PLUS: homewares and gifts

P 02 6493 6552

W twigandfeather.com.au

E info@twigandfeather.com.au

A 47-49 Princes Hwy, Cobargo

SOUTH COAST CHIPPING -  
& SPLITTING



New Commercial grade chipper &  
wood splitter available in Bermagui

Chipper - up to 150 mm (6") logs ....  
Keep your chips or we take it away extra \$10 load

CHIPPING \$100 1<sup>st</sup> HR, \$80 EACH HOUR THEREAFTER

splitter takes all size logs - \$60 /HR

Call Jim - 0467086342



## Classifieds

### FOR SALE

**BMW R1100 RS 1998**, panniers, top box, ABS, heated hand grips, sports exhaust, 89 000 kms, 12 months rego, \$7990 ono, phone 6493 7225

**Sheep Manure**: top quality, \$7 per bag, collect only from Wandella, phone Carol between 6 & 7pm ph 6493 7204

**Flail Mower**, PTO Howard Ezeemow (Aust Company) 1.5 metres, good condition, spare bearings, always greased and kept under cover, \$1950 ono, ph 0408 661 533

**Boat** 14 ft fibreglass, 'Sparrow' row boat with oars, sail boat with all sails and rigging, solar panel for Kuta electric motor, 3 life jackets, keel, rudder etc, with galvanised, registered Booker trailer. \$1700 ono, ph 0408 661 533

### WANTED

**Raw Milk**, looking to purchase raw milk - preferably in the Brogo or immediate Bega area each week, please contact me on 0435 887 186

**Rotary Hoe** to suit 65 HP 3PL tractor, please contact 0435 887 186

### WANTED TO RENT

Mature, sober gent, refs., seeks 2+ bedroom house? with 2+ car garage, concrete floor (classic sports car), long term, call Reg: 6493 4396 or 0418 996 470

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send **ALL** articles in Times New Roman, 12pt, single spaced.

4. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us! Any questions at all, please email us **contributions@thetriangle.org.au**

## Book Review

Heather O'Connor

### Elana Ferrante

#### *The Neapolitan Novels*

There are four books in this series: *My Brilliant Friend*, *The Story of a New Name*, *Those Who Leave and Those Who Stay* and *The Story of the Lost Child*. The publication caused something of a literary sensation and jettisoned the author (who remains anonymous) into international fame. Each book traces a period of time in the lives of two women who maintained a friendship stretching from their childhood days in Napoli. I read the first two, and to be honest – that saw me out. It's not that the story lines are not fascinating – the importance of long-term friendships, the challenges facing young women born into poor and confined circumstances, how women meet and overcome enormous obstacles to create interesting lives for themselves. However, the longer I read, the more I wanted to kick everyone along – it seemed to be taking an incredibly long time to tell what in effect,



Three of the four books of *The Neapolitan Novels* by Elena Ferrante

is a fairly simple story of human existence. But don't take my word for it - millions of readers around the world have been captivated by the stories and the writing. Through the *Triangle* and Well Thumbed Books, the four books will be available in the library. I'd love someone who reads and loves them to write another review!

In the meantime, start to catch up with your Sisters in Crime reading for the second weekend in October. Sulari Gentill has agreed to come for the festival, and a couple of her books are in the library, and one is available to borrow from Well Thumbed Books in Cobargo.

## Pet of the Month

Deb Cox

Did you know that de-sexing your pets reduces their risk of cancer and other diseases of the reproductive organs? Your pets will generally live longer and healthier lives and will be less likely to roam and fight whilst looking for a mate. But most importantly they will not reproduce and add to the huge number of unwanted pets that are destroyed every year. Animal Welfare League Far South



Reuban looks keen for some fun

Coast (AWLFSC) Branch runs a de-sexing programme targeting un-desexed pets in our valley. Applications are available at all Bega Valley Shire Vets for concession card holders. If you need financial assistance and do not have a concession card please call 0400 372 609 to apply.

Recently we have had to take in several kittens to find homes for. Prices of kittens are subsidised.

Older cats needing homes are Blue and Sox, the six month old cats; Kitty, the eight year old Tabby; Tom, the year old male black and white; Snuffy, the female two year old black and white and Bessie, the black one year old. They too have been heavily subsidised adoption fees so forever homes can be found.

Dogs available for adoption are Reuban, the six month old male Bull Arab cross; Bear, the 19 month old black Labrador cross; Wally, the 23 week old black and tan pup; and Sasha, the 12 week old Staffy cross pup.

There are several other dogs and cats on our waiting list to be rehomed so please call 0400 372 609 for more details. Check our Facebook page <https://www.facebook.com/imalWelfareLeagueFarSouthCoastBranch> for more details.





#### AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,  
Upper St (opposite pool)  
Ph 6492 0314

#### ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall  
Ph Dave on 6493 5014

#### ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of  
companion animals and responsible pet ownership.  
Meeting at Tathra Beach Bowling Club 11am, Sunday  
29th September, Christmas lunch meeting 11am 22nd  
November. Call 0400 372 609

#### ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy  
Communion (HC), 1st Wednesday at 10 am, morning  
service. COBARGO, Christ Church: 1st Sunday, 5pm  
Evening Prayer/Contemporary Service. 2nd, 4th  
Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am,  
HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays,  
10am, HC. 3rd Sunday, 5pm Evening Prayer/  
Contemporary Service.  
Contact Rev. Joy Harris 6493 4416

#### BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group  
meets at the Union Church, West Street, at 9.45am  
every Tuesday. All ladies welcome. Ph Maree Selby  
6493 3057 or Lyn Gammage 6493 4960

#### BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -  
Tuesdays 2 to 4pm, Sundays 10am to 12noon.  
Contact Heather on 6493 6310.  
Competition Badminton - Wednesdays 7pm to 9pm

#### BERMAGUI BAPTIST CHURCH

West Street, Bermagui.  
Family Service 11.00 a.m. All Welcome.

#### BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/  
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,  
mosaics. Visitors, new members welcome. 6493 4340

#### THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the  
Bermagui Red Cross. Gary Stevens, 6493 6581

#### BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone  
Ray Clements on 6493 8472. Meet 1st Thurs. each  
month at Bermagui Hotel & 3rd Thurs. at Cobargo  
Hotel at 6.30pm for 7.00pm

#### BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at  
Bermagui Country Club every Monday afternoon.  
Names to be on list by 2:30pm, games start at 3.00pm.  
No experience necessary, call Nerida on 6493 4364 or  
Sylvia on 6493 4992

#### BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,  
venues vary, phone Heather Sobey on 6493 5308

#### BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New  
players always welcome, tuition and friendly games  
always available, equipment provided.  
Call Dave, 6493 5014.

#### BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month  
Contact: bermaguidunecare@skymesh.com.au

#### BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.  
Meetings every Tuesday 6pm. Ph. 6493 4199

#### BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,  
all welcome! CWA Hall, Corunna St, Bermagui. Gold  
coin donation. Lots of toys, other mums and bubs,  
great for meeting other mums in the area.

#### BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at  
Museum in Community Centre, Bunga Street.  
Researchers & helpers welcome. Ph Errol Masterson  
6493 4108 or Denise McGlashan 0488 597 967.

#### BERMAGUI U3A

(University of the Third Age)  
Lifelong Learning Opportunities  
For a full list of courses and timetable visit:  
[www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au)

#### BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -  
various times and sites. 'Grow to Eat and Eat to  
Grow'. Contact Paul on 0466 013 153 or visit [www.facebook.com/BermaguiUrbanFoodFarmers](http://www.facebook.com/BermaguiUrbanFoodFarmers)

#### COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo  
Newsagency : researchers, old photos, information  
and new members welcome. Contact  
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

#### COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues  
vary For info phone Robyn Herdegen 6493 8324 or  
Margaret Portbury 6493 6461.

#### COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA  
Rooms. Contact Ros Mead 6493 6948

#### COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year  
olds, reflecting Early Years Learning Framework.  
Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

#### COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good  
transition for children to become familiar with the  
surroundings & teachers. All ages welcome.  
Bring along a piece of fruit to share. A small donation  
would be greatly appreciated. 6493 6660

#### COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or  
Janet 0429 464 894 email: [cobargohall@gmail.com](mailto:cobargohall@gmail.com)

#### 1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy  
outdoor activities, have fun. Meetings 6.30pm to  
8pm in school term Cobargo Showground dining  
hall. Contact Graham Parr on 6493 6795

#### COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo  
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

#### COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.  
[cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com). Cottage Hire 6493 6428

#### COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.  
An initiative of Cobargo Creators

#### COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries  
phone 0488 048 701, 6493 6948 or 6493 6435

#### MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn  
0-6 welcome to join. Cobargo - once a month on a  
Wednesday 1.30pm-2.30pm at CWA cottage,  
Bermagui - every 2nd Friday 10.30am - 12pm in  
the Ambulance Station. Quaama - Wed. by prior  
arrangement. Enquiries: 0428 667 924

#### TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,  
Bake it every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential, phone Kay on 4473 7231

#### TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All  
standards catered for - partners not necessary.  
Visitors to the area especially welcome. Further  
details: Peter 4473 7308

#### QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,  
Bermagui Road, Cobargo, and welcomes anyone who  
does patchwork, quilting, or any other needlework.  
Lorraine James 6493 7175, Mary Cooke 6493 7320 or  
Cheryl Turney 0427 936 424.

#### QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,  
7.30pm. All welcome. Ph. Katrina 6492 7138.

#### QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama  
School of Arts Hall to plan Quaama community  
events and projects. Membership \$5pa. New  
members and non-members always welcome.  
Enquiries: Glenna Heino 0408 411 956. See [www.quaama.org.au](http://www.quaama.org.au)

#### MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West  
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at  
11am; 4th Sausage sizzla at 7pm & praise night at  
6pm, Cobargo Bermagui Rd.  
Minister Rev. D. Oliphant. Ring Col: 6493 6531  
Churches also at Narooma and Bodalla

#### MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -  
12.30 first Wednesday of the month at the swings. All  
welcome.

#### LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,  
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

#### DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,  
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

#### OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the  
2nd and 4th Saturday evening of each month at 5pm.  
Music, meditation and shared reflections, supper  
afterwards so please bring a plate if able. Meditation  
group meets every Wed at 10 am.  
Inq: Rev Linda Chapman 0422 273 021.

#### NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;  
1st Tuesdays Technical Workshops, 3rd Tuesdays  
regular club nights. Whether beginner or pro, come  
and experience the joy of photography in a friendly  
atmosphere. Dave Cotton 6493 5014.

#### HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm  
at 2a Brighton Park Road, Beauty Point. Discuss the  
Ageless Wisdoms of Alice A. Bailey teachings. Phone:  
Christine on 4476 8732 or Lorraine on 6493 3061

#### NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now  
paddling on the Wagonga Inlet, Narooma. Phone  
0477 610 953 or email [narooma.bwd@gmail.com](mailto:narooma.bwd@gmail.com)

#### WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra  
Cultural Centre, Akolele. All men are welcome. For  
information ring John "Robbo" Robinson on  
6493 4357 or Fergus McWhirter on 6493 4360.

#### THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually  
first Friday in month (please check first.) For more  
info, ph Secretary, Coral Vorbach 6493 6758

### Community Notices

are advertised in *The Triangle*  
for non-profit groups free of charge.  
If details of your group change, please  
advise us at  
[contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au)

# For the Fridge Door

JULY	WHAT	WHERE	WHEN
Sat 2	Quaama car boot and garage sales	all over Quaama	from 8am
Sun 3	live music: 'Humbug'	Tilba Valley Winery	12.30pm
	Jasmine Beth	Bermagui Beach Hotel	4pm-7pm
Wed 6	school hoiliday activities	Montreal Goldfield Heritage Centre	1pm-4pm
Fri 8	Tilba CWA meeting	small hall Tilba	from 10am
Sun 10	live music: 'Klaus'	Bermagui Beach Hotel	4pm-7pm
	blacksmithing demonstration	Galba Forge, Yowrie Rd Wandella	1pm-5pm
Tues 12	Cobargo CWA get together	CWA cottage, Bermagui Rd, Cobargo	7pm
Wed 13	U3A registration day	Bermagui Country Club	10am-12 noon
	State of Origin 3	Bermagui Country Club	from 7.30pm
	school hoiliday activities	Montreal Goldfield Heritage Centre	1pm-4pm
Thurs 14	Cobargo CWA monthly meeting	CWA cottage, Bermagui Rd, Cobargo	10.30am
Fri 15	ecstatic dance	Quaama hall	6pm
	live music: Rick Bloomfield	Bermagui Country Club	8pm
Sat 16	live music: 'Thundergoose'	Bermagui Beach Hotel	8pm
Sun 17	live music: Jasmine Beth	Tilba Valley Winery	12.30pm
	Sunday arvo with Nic & Yetza	Murrah Hall	2.30pm
	community doco screening: 'Project Wild Thing'	Old Cobargo Butter Factory	3.30pm
	live music: Joe Driscoll	Bermagui Beach Hotel	4pm-7pm
Wed 20	full moon dance	Quaama hall	6pm
Fri 22	Darryl Lamb	Bermagui Country Club	from 8pm
	open mic night	Cobargo Hotel fire room	from 7pm
Sun 24	live music: Arna Georgia	Bermagui Beach Hotel	4pm-7pm
Fri 29	ecstatic dance	Quaama hall	6pm
Sat 30	kid's disco (proceeds to Bermi Public School)	Bermagui Country Club	6pm-8pm
Sun 31	live music: Donny Ryan	Bermagui Beach Hotel	4pm-7pm
<b>AUGUST</b>			
Tues 2	'Sisiters in Crime' reading group	Well Thumbed Books, Cobargo	5pm
<b>REGULARS</b>			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
	No Lights No Lycra	Cobargo School of Arts Hall	start 6pm
1 <sup>st</sup> Tuesday	Bermagui garden group	venues vary, phone Heather: 6493 5308	
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	meditation classes	Kamalashila Tibetan Buddhist Centre	
	Dru Yoga class	Cobargo School of Arts Hall	from 10.30am
1 <sup>st</sup> Wednesday	Bermagui Historical Society meeting	Bermagui Museum in community centre	2pm
	social bridge	Tilba Valley Winery	from 2pm
	Bermagui & District Senior's Social Club	Bermagui CWA rooms/Country Club	10.30am
3 <sup>rd</sup> Wednesday	Bermagui & District Senior's social lunch	venues vary phone: 6493 4006 or 6493 4773	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes H'way Cobargo	10am-11am
	world wide dance and aerobics	Bermagui Community Centre	5.30pm
2 <sup>nd</sup> Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
Fridays	meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
2 <sup>nd</sup> Fridays	Tilba CWA meetings	Small Hall Tilba	10am
Saturdays	world wide dance and aerobics	Bermagui Community Centre	10.30am
3 <sup>rd</sup> Sundays	Cobargo/Quaama food swap	venues vary, phone Tam: 0409 882 944	10am-12 noon
last Sundays	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
<b>ART</b>			
thu July	'Winter Woollies' by Helen Stafford in the Side Room; wire sculptures by Alan Hole and woodwork by Steve Stafford in the Main Gallery	Lazy Lizard Gallery, Cobargo	Mon-Fri 10am-4pm Sat till 1pm

Email your events with date, time and venue to [contributions@thetriangle.org.au](mailto:contributions@thetriangle.org.au) by the 22nd of the month