

THE TRIANGLE

COMMUNITY
NEWS

Est. Sept. 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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BOM records ZERO rainfall



The Jellat floodplain after an official Bega rainfall of zero (photo by Anthony Mckinley)

The major rain event we had after New Year must have come when the Bureau of Meteorology (BOM) weather station in Bega was closed for the holidays.

The station had 'an outage' and no data was recorded.

My rain gauge overflowed here in Quaama after receiving 300mm which is a massive amount of rain for a single 'event'. Some of my neighbours recorded 346 and even 380 mm.

But online, Bega got 0 mm. *Zero rain?* I waited for it to be updated and it never was. When I contacted BOM, they said that the station was faulty at that time and that nothing would be entered into the statistical record. Zero rainfall will go down in history because they

have a policy to not 'guess' rainfall and enter it manually.

That sounds like terrible science to me!

This means that the rainfall totals we'll be seeing on all the weather websites (they all rely on the BOM data) for the entire year will be wrong by a massive amount. What could be our wettest day of the year will register as 0 mm forever.

Here in Quaama, Joan Horne collected the rainfall data for many years and posted it on the bulletin board at the Quaama shop - and submitted it to BOM every month. She has sadly left us and no one has taken her place. We need citizen scientists like Joan to stand up and gather our weather statistics. We can't count on BOM as they aren't able to look outside the box of their computer screens and check what's actually going on outside the window. If a solar flare or Chinese hackers bring down their systems, we'll all be left high and dry.

Bhagya



Good to see 'water under the bridge' at Cobargo

The Christmas break is over and *The Triangle* volunteers are gearing up for another busy year. Christine is no longer able to fill the role of Tilba correspondent so we will be relying on residents to keep us up to date with everything happening in Tilba Tilba and Central Tilba. Thank you Christine for your contributions to the paper. Thank you as well to all our advertisers, your support keeps us afloat, and to all the people who make a small donation when picking up the paper. *The Triangle* is printed on sustainably sourced stock, no native forest woodchips and no wildlife habitat damaged by its production.

So we start another year and in addition to the multitude of annual shows and festivals scheduled for the next few months, the biennial Four Winds Easter Festival is happening so there should be plenty to write about. Many people will have purchased early bird tickets for either the Cobargo Folk Festival at the end of February or Four Winds events at Easter. Although very different, both events attract wide community support and have a large volunteer base. There is also an Easter Festival at Central Tilba, the Seaside Fair in Bermagui and Sculpture on the Edge. It seems likely that there will be a large

number of exhausted volunteers ready to take a break by the end of the season.

There is an amazing amount of talent in the area we call The Triangle. Some of it is hidden and some is on display. Artists and musicians are well represented, many of the latter being nurtured by the efforts of Four Winds. There are published writers living and working here, and I have been told recently that our own layout artist Sarah Gardiner is among the ranks of published authors with a short story appearing in a major newspaper. Congratulations Sarah.

Letters to the editors

Money and mouths

What do you and your children have for breakfast? Cereal, toast, bacon and eggs, spaghetti etc.

What are you having for lunch and dinner? I suppose you will have a few cups of tea and coffee, maybe a few drinks later.

Obviously I might offend some people. These people I may offend see pictures of starving, dying children throughout the world appealing for our help - which means just some food and fresh water or medicines.

Sadly, these same people are undeterred by the suffering. Their excuse "our people come first". Great reason if they really cared but how much do these same people donate to our own people? The other great excuse is "oh, most of the money is knocked off and people don't get it". It may be a surprise but most people who work for these charities have families to feed and have to get some remuneration

or would these same people making these excuses be able to feed their families or educate them on fresh air alone.

What it really boils down to in many cases is that the excuses made by these people, are simply because they are self-centred and tight and let's face it, without caring for these kiddies or adults who are sick and dying.

So reversing the situation, if their own children or grandchildren were dying through lack of food or medical aid, would it worry them?

That's it, I feel better now...now if my comments hit home and these people will show some caring and maybe open their wallets to help these poor devils that would be great.

Peter Godsall
Cobargo

Don't co-operate

The Commonwealth's decision to pursue indefinite detention following a person serving their sentence is yet another nail in the coffin of law abiding decent Australia.

It demonstrates why all of us must not co-operate with the police state. Police State Australia is trying to give the impression of being reasonable and prudent by giving those who are convicted of a serious offence (terrorism), and then detained, the right to appeal and to judicial oversight of their ongoing incarceration.

The problem though lies in the system that would set a period of imprisonment and then deny it subsequently by reapproving ongoing detention with the imprimatur of our courts.

Indefinite detention is not only unjust, it is made more heinous by trying to give it the guise of legitimacy.

I urge my fellow Australians not to cooperate with the police state - it is a scourge on our criminal justice system and far from deterring terrorism it will only incite it, as tyranny must.

Adam Bonner
Brogo

Recycled history

There are over 7500 digitised images at the Bermagui Museum, depicting the rich history of Bermagui, Cobargo and Tilba.

At the moment we have one computer for public access and would like to expand this facility by adding two more desktops for multiple users.

If anybody in the Triangle area has recently upgraded their computer and has a pre-loved desktop or tower in good condition we would be very interested in hearing from you.

Please phone me on 0419 173 607.

Marianne Hunter
Bermagui

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Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed.

All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters to the editors (cont.)

Thanks to many

Dear Editors,
We are two city-dwellers who have been coming to Bermagui for our annual holiday for the past 15 years.

We come because we love the pristine beaches, pools, headlands, forests, flora and fauna.

This year we can add Bermagui's saltmarshes to our list of reasons for coming. Until we joined the National Trust tour in December, we had no idea how fascinating they are. Nor did we realise how important it is to protect these exceptional coastal areas - some of which have become sadly degraded - for the sake of many endangered plant species and as fish breeding grounds.

All thanks to Frances Perkins of the National Trust (Far South Coast Branch) for organising this tour and to the District Fisheries Office whose wonderfully informed officers explained so clearly why we need to conserve, restore and enhance this important part of Bermagui's ecosystem. They're doing a great job and will ensure that visitors like us will to continue to come to Bermagui for our holidays.

*Jane Mills and David McKnight
Bondi*

AKT winner

Dear folk at The Triangle and the AKT Company,

Thank you for bestowing upon me the great honour of being 2015's Eco Edge overall Competition winner.

I am still walking on air, and trying to take it in that one of my 'scribbles' has been acknowledged in such a wonderful way.

Once again, many thank yous from
Yours Still in the Clouds of Quaama,

*Jan Honer
Quaama*

Jan Honer has again sent a poem into our AKT competition. In line with our monthly theme her poem is called Summer Evening. Check it out on page 20 - Eds

Thanks for shakin' it baby!

On behalf of *Sculpture On the Edge* and Friends of Five Forests, Strangers in Paradise would like to thank all those who attended, assisted and performed at the *Shake It Up Baby* fundraiser, featuring comedienne, Kitty Flanagan.

We are proud to say that thanks to you all we have raised \$3000 for each group.

*Angie Moore
Bermagui*

to all of our local artists for making the area such a creative place to live and visit

to helpful locals who direct tourists to local businesses

to Bermagui Library ladies - the kids' school holiday program was fabulous!

to Gavin Lehmann from Tyre Power in Bega for willingly assisting a pair of old Cobargoans with a flat tyre problem many thanks

to all those holidaymakers who behave like guests in our community and treat its individuals, businesses and environment with respect and care

to Andrew Haydon for planting a real live Christmas tree in Cobargo



Thumbs Down

to people who don't pick up their dog's litter from public walkways

to people who park large vehicles where they block the visibility of those entering the highway

to thoughtless drivers who make U-turns across double white lines on our narrow winding roads

to those holidaymakers who use our community as their own personal playground, use our streets as speedways, litter our beaches and parks, and abuse our shopkeepers and business owners

Thumbs Up



Who does the work

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Narooma: Information Centre, Library
Quaama: General Store
Tilba Tilba: Pam's Store, Spires Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month

Editorial: 12pm, 22nd of each month

Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

Email: contributions@thetriangle.org.au

Postal address:

The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

Cobargo Conversations

Well...summer has almost been and gone! And what a wonderful summer it's been! Lots of regular rain, mild temperatures and only a handful of days of intense heat.

It's been well worth dealing with late ripening of veggies and fruit in return for the lovely weather. No reason though to stop our vigilance with regard to fire threats.

The fire season continues, with permits being required for any outside fires other than barbecues until March 31.

Our local Bowerbird Op-Shop were the beneficiaries of some wonderful Christmas good will. One of our local families had a family auction for a much coveted CD and raised \$50 which was donated to The Bowerbird. Another child sold some of his gifts and raised a further \$24 to donate! This is the kind of ongoing support from the community that has enabled the Bowerbird to continue to distribute funds to many of our local organisations and service groups. Keep up your generous donations and please, remember not to send in overly loved items. If they are no longer usable, they are of no use to The Bowerbird.

And speaking of Christmas cheer, our Cobargo Tourist and Business Association (CTBA) launched a 'giving tree' for last year's Christmas. Thanks to the generosity of the community, Cobargo's children were treated to some wonderful gifts at the Christmas Eve celebration in the park. Many of the gifts were wrapped and labelled by children, bringing them in to the power of generosity and giving.

The winning entry for the 'best dressed house' again went to Santa himself! (Rumour has it that the CTBA may next Christmas, in response to local concerns about promoting energy consumption at a time when the environment can't 'afford' it,



Cobargo's new giving tree with Andrew Hayden, Cobargo Tourist and Business Association representative

hold a 'best dressed house independent of the grid' competition. That is, the best free standing solar display! What a wonderful response to community concern!) The temporary tree has been replaced with a live cypress tree, creating a permanent 'home' for a town Christmas tree and giving place.

I've been aware, since arriving in this village in the mid 80s, that it is a seriously creative community. A community rich with visual artists, practical crafters, writers, musicians/performers and more.

To add to this, I was recently alerted to a recent statistic claiming that over 46% of Cobargo's population engage in regular creative activities. Personally, I'm not surprised given that we have three galleries, all providing local artists with regular income, so well done Cobargo.

One of our *Triangle* team and co-founder of the Black Wattle Gallery, Sarah Gardiner, has recently had her short story, *Warren Shouts*, published in the Australian newspaper and young musician Connor Ross has released his debut single ahead of the release of his EP next month. Congratulations from all of us to Sarah and Connor.

A busy month coming up for our little village, beginning with the children returning to school and followed by the Annual Cobargo Agricultural show on the weekend of February 13/14 (see independent article), and the Annual Cobargo Folk Festival on February 26, 27 and 28.

Featured in this year's Folk Festival programme are many of Australia's best including one of my favourite Delta blues bands, The Backsliders, the wonderful Kate Burke and Ruth Hazelton, the Latvian Gearbox Overdrive, and Daniel Champagne, as well as some wonderful international acts including Alistair Brown (UK), Beth Patterson (USA) and Kirsty Bromley (UK), and our favourite local performers, including Connor Ross, Malumba, guitarama and heaps more. Add to that some of the best market food I've ever had the pleasure of nourishing myself with and a great atmosphere, and you have the recipe for a fabulous weekend.

Best wishes to everyone in the Triangle area from Cobargo CWA for the New Year.

Their current news is, of course, concerning the Australia Day celebrations held at Cobargo this year. Our Cobargo Community Citizen of the Year is May Blacka, a well-deserved award for a lady who has done so much for the community over many years.

Known to many as the Flower Lady, she is also well-known for her pies and preserves which she sells to

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raise funds for many worthy causes. It was a different celebration due to the Australia Day Ambassador attending the Bega celebrations only, but the Council assure us that it was only for this year. However, wasn't it a treat to have an exclusive Cobargo celebration with such an interesting address by Helen Schaefer. A vote of thanks is due to the committee who choose the recipient of the award. It is not any easy task. They are representative of the local organisations in the Cobargo area and this year the CWA will be calling a meeting of local organisations who are interested in contributing to this process.

The idea to have a list of those organisations and work through them over the years.

The CWA would like to thank each and every one who has contributed over the past few years. They will be calling the meeting mid-year, so watch for the announcement in *The Triangle*.

The CWA ladies are looking forward to the coming year, with the Group Cookery competition at Bermagui in March starting them off for a full and interesting calendar for the year.

If you are interested in joining them drop in at their next meeting on Tuesday 9 February, starting at 10.30 am. You can be assured of a warm welcome.

Elizabeth Andalis

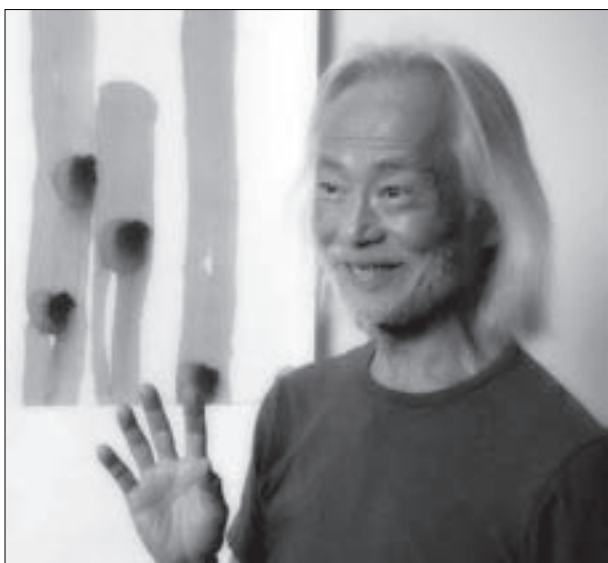
Moving from Emptiness

Documentary screening on Sunday February 14 at Cobargo CWA, 4.30 pm

Where does creativity come from? Zen calligraphic painter Alok Hsu Kwang-han proposes that it arises from emptiness, from that silent space that houses the intelligence prior to thought. Armed with rice paper, ink, brush, and a collection of Zen teachings and koans, he unlocks a magical door for his students. According to Alok, he teaches painting 'by not teaching painting'. Instead he shows students how to get out of their way, so that 'creativity happens on its own.'

Like a performance artist, he deeply enters this space of silence preparing to paint in front of audiences and groups. Alok lives his life very much like he teaches his workshops: remaining open to both beauty and pain, bringing presence and acceptance to whatever arises in front of him. He does it all while invoking a spunky sense of humour that keeps us smiling.

Playful, profound, meditative and deeply healing, *Moving from Emptiness*:



Alok Hsu Kwang-han shows creativity arises from emptiness

The Life and Art of a Zen Dude is more than just a film, it is a transformational experience. Watch the trailer at www.youtube.com/watch?v=AqKHALkqiOU

To cover the costs a \$5 donation is much appreciated. Coffee and tea are provided but please bring your own mug. Please come in big numbers to keep more documentary screenings possible!

Lena

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Courtin' Cobargo

Country courtships, country weddings, and country kids Cobargo has seen generations of families grow and prosper over more than 150 years. In celebration of courtships and weddings, this year's 'etc' program will feature a tribute to local marriages.

Courtin' Cobargo is looking for bridal gowns, original wedding items and photographs of weddings from within *The Triangle* readership. Items of any age or era are welcome, from the current generation through to great-grandparents. All items will be lovingly cared for, photographed and returned.

Accompanying the exhibition, the Cobargo Business and Tourist Association (CTBA) will be hosting a few 'themed' fun competitions, so get planning. These will be:

Best Blokes Bouquet; the 'best' bridal bouquet made from local farm items... maybe barbed wire and broccoli? Straw and string? Wood and weeds? Pretty flowers are not to be included.

Best Wedding Car: shave cream, streamers, tin cans etc, be creative and decorate the best-ever 'just married' wedding car.

Best Wedding Cupcake: great competition for the kids! Decorate two cupcakes suitable for a wedding. Maybe a bride and groom, or two happy faces?

Over the next few weeks, posters and flyers will give more information about the exhibition and how to enter the competitions. For more information or to discuss any items for display, please call 0428 696 623.

Beth Dogan

The Bowerbird Gives Back

The past six months have been huge for the Cobargo Community Association Inc. and all its wonderful volunteers. In December 2015 the Management Committee were delighted to be able to grant funds again to a number of local organisations.

Cobargo and Quaama Public schools are lucky to have a dedicated teacher librarian Kathy Summers and we are so pleased to be able to provide \$3300 for the school children to have an eBook subscription and android tablets. In Cobargo we have another important volunteer service provided through the Cobargo Tourist Information Centre. We believe the work they do makes a real difference so \$1000 has been granted to support the volunteers and their work. If you have paid a visit to the Cobargo School of Arts Hall in recent times you may have noticed a fresher vibe. The volunteer committee have been quietly working away renovating and decorating. We have been able to grant \$1032 to have new stage curtains installed. Finally our last grant of this round has been to Friends of Cobargo Cemetery, another group of local volunteers working to improve things for everyone. \$2500 has been granted to enable more work to complete a fence for the cemetery.

As a volunteer it is so easy to see how you can make a real difference being part of the Cobargo Community Association Inc. management committee or as a volunteer at our main project the Bowerbird Community Op Shop. We need more volunteers at the Op Shop and are introducing lots of new things to make volunteering easier and more fun. If you

have some spare time please drop into the Op Shop and a friendly volunteer will give you all the info you'll need to apply to be a volunteer.

With thanks to everyone who has donated goods to the Op Shop.

*The management committee,
Cobargo Community Association Inc*

OPEN MIC NIGHT

Open mic night is a warm, fun and friendly night of amateur performances. The event is held at the Cobargo Hotel in the Fire Room on the last Friday of each month.

Be there at 7pm for a 7.30pm start of performances of music - guitars and song; poetry - published and new works; original stories and hilarious jokes.

Anyone and everyone is welcome so come along and strut your stuff!



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Cobargo Conversations

Love and Addiction at Well Thumbed Books

Local writer, Sarah Gardiner, will be at Well Thumbed Books on Saturday, 6 February at 10.30am to discuss her short story writing. One of Sarah's stories, *Warren Shouts* was chosen by Geordie Williams, the literary editor of *The Australian*, for inclusion in a series of short stories published in the Summer



Still from *Ka-Ching! Pokie Nation*

Living section of the paper (January 6, 2016, theaustralian.com.au). Besides coming along to congratulate her on this success, you are invited to ask her questions and to be part of a broader conversation about writers and writing. Bring along your friends and visitors and show how Cobargo supports its local talent.

And on Saturday 13 February at 10.30am you are invited to come to Well Thumbed Books in Cobargo to meet Melbourne-based author, Carolyn Hirsh, who will discuss her book, and also advise on writing biography and memoirs.

Carolyn is a trained psychologist and was for many years a member of the Victorian Parliament. The suicide of her

daughter, Vicki, led her into deep depression and to gambling and alcohol addiction. Conviction for driving offences resulted in her dismissal from the Labor Party and the end of her career as a politician. Part of her recovery was to write a book, *Politics, death and addiction*. She also told her story during the

ABC program, *Ka-Ching! Pokie Nation*, aired in October 2015, an exposé of the pokie industry and the extent of problem gambling.

Carolyn's book was short-listed for the Finch Memoir Prize, and she is now doing a Masters Degree in writing and literature. She is a truly brave woman, a wonderful speaker and a generous spirit who is more than happy to share her story. She deserves a great Cobargo welcome, so put the date – Saturday 13 February, in your diary.

Heather O'Connor



Cobargo Gnomes showing support for gnomes who had been at the Climate Change demonstration in Canberra last year



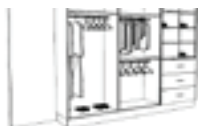
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Bermagui Banter

A brand new year is upon us, full of the promise of all those things we resolved to do on New Year's Eve. Once again, our little town doubled in population as we welcomed holiday makers and tourists over the very busy Christmas/New Year period. It's so nice to see families enjoying all we have to offer, with clean and safe swimming areas, plenty of family friendly fishing spots and great eateries in town. But, one wonders if the message of 'slip slop slap' is getting through when you see so many badly sunburnt people around town.

The topic of how our visitors park their cars is well discussed within local circles. I mean...who would take a caravan into Woolworths carpark during the busiest time of the year... and just a little advice to some holiday motorists: if you are unable to park in the spaces in Lamont Street that require an angled, rear end reverse, please park somewhere else!

The heavy rains and storms did see some holiday makers pack up and go home early, but it was a summer blessing for our farming community and gardeners. Is it just me, or does everyone else have a bumper crop of summer vegetables this year? How many of us have woken up to find a bag of zucchinis dropped on the doorstep – you just can't give those blighters away.

Fail to check your crop every day and you will end up with zucchinis the size of watermelons! Maybe a competition is in order to see how many zucchini recipes our readers can come up with.

New speed signs
Motorists travelling along Wallaga Lake Road in late December were surprised by the new 60 kilometre per hour speed signs - just before you get to the Fairhaven turnoff.

This change has been welcomed by the residents along the road, especially on the very narrow section near the Camel Rock turnoff. Some Beauty Point residents have been lobbying for the speed limit to be lowered for some time. Looks like their complaints have been heard.

Fairhaven Christmas bash
The lead up to Christmas is always



New Orleans Jazz Band entertained the Fairhaven community at Christmas

a busy time for locals, with many neighbourhoods holding 'Street Parties'. The Fairhaven community really took its street party to a new level with about 80 neighbours and friends of Fairhaven gathering on a lovely grassy, lakefront area, entertained by the New Orleans Jazz Band. Despite Mother Nature deciding to blow up a mini cyclone across the lake, causing everything not tied down to take flight, it did not dampen the spirits. The Fairhaven gathering is organised annually by Julie and Neil Rutherford, who were also responsible for engaging the Jazz Band to make our festive gathering extra special. Thanks heaps Julie and Neil for your support in keeping the community spirit alive and well in Fairhaven.

Events, events, events

Bermagui is entering its 'events' season, with so many things coming up, bringing lots of different groups of people into our community. From the fishing

people with the Blue Water Classics, to the dog folk with the annual dog shows, the music and art lovers with the *Art @Bermi* exhibition, Four Winds and Sculpture on the Edge, the motorcycle enthusiasts have the CRABs Bike Show, and for just about everyone, the Seaside Fair happening again in March. We are so fortunate to have a community of such diverse talents and interests to see so

many great events organised every year, promoting Bermagui and giving a huge boost to the economy of our town.

George Bass Surf Boat Marathon.

It was thrills and spills galore as large, dangerous surf and strong winds played havoc with this year's George Bass Surf Boat Marathon.

Commencing at Batemans Bay on 3 January, the 190km marathon takes surf boat teams along the beautiful south coast, finishing at Eden. Although Bermagui did not have a boat competing in this year's race, the event was well supported by Bermagui locals and visitors, who lined the beach and foreshore to cheer on the competitors.

Bermagui 'going to the dogs'

Pardon the pun, but we really are going to the dogs over ten days with the annual Dog Shows on Dickinson Oval. The Bega Valley Kennel and Obedience

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Bermagui Banter

Club and the Sapphire Coast Kennel and Obedience Club work collaboratively to host the annual dog shows.

Commencing on Friday 6 February and running over two weekends, as well as a Rally O trial on Wednesday 10 February. Both shows have continued to attract more and more participants each year.

"We like to promote our shows as an opportunity for dog owners to holiday on the beautiful south coast with their dogs, and enjoy six shows in ten days" said Lesley Connor, treasurer of the Sapphire coast Kennel Club.

"The events are open to the general public and can be seen as a great opportunity for anyone thinking of getting a dog, or wanting advice on training, to come and speak to breeders and handlers, most of whom are only too happy to answer questions," Lesley added.

We really are a community of dog lovers, so why not wander down to take a look at all the breeds on show, and see how the professionals train and work their dogs.

Learn more in 2016

The silly season has come to an end so now is a good time to start learning something new in 2016. Check out what is on offer from Bermagui U3A (University



Spills and thrills aplenty at the George Bass Surf Boat Marathon

of the Third Age). Classes for Term 1 begin in February, but it is not too late to find something that interests you. Check out the website: www.bermagui.u3anet.org.au. With over 30 choices on offer, there is something for everyone.

Farewell...adios...au revoir

This will be my last column for a while, as I go off on an adventure to distant lands. Unfortunately, no one has put up their hand to write the Bermagui Banter column in my absence. However, I am encouraging those who fancy a fling at journalism, or just like writing a story or two, to send in something every month. To

all those clubs, groups, organisations out there – please keep sending in information about what is happening. Photos are especially welcome. I will be checking out *The Triangle* online during my travels and hope to see lots of Bermagui stories coming in over the next few months. Please send your news to contributions@thetriangle.org.au

I just want to thank all those who have supported me, assisted me with stories, photos and kind words over the last year. Thanks Bermi! I will be back for the September issue.

Carolyn Banados

Bermagui SEASIDE fair

All the fun of the Fair ...

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- Carnival • Over 100 Market Stalls • Fireworks Spectacular

Friday 11th to Sunday 13th March

- 'Art in Place' Themed Art Exhibition – Bermagui Fishermen's Wharf
- Arts & Crafts and Photographic Exhibitions – Bermagui Surf Club

Full program at www.bermaguiseasidefair.com

Escape for the fun of it!

SATURDAY 12TH MARCH 2016

Please look out for Spinifex

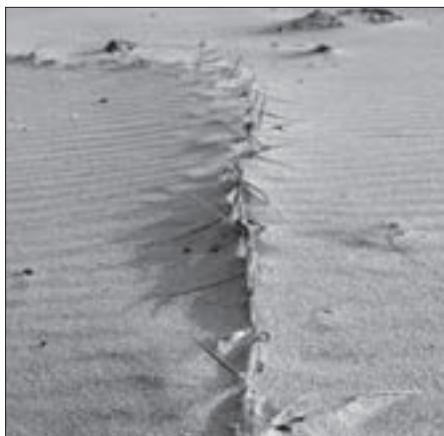
Next time you visit the beach, keep a look out for spinifex growing across or out from the dunes.

Some of the local beaches are currently undergoing erosion while others have been spared. Where beaches have been spared, sand has built up and has been stable for a while and spinifex is growing outwards in its summer spurt.

Spinifex is one plant in the dune vegetation cover, which is "one crucial element in the evolution of dune landscapes" (Coastal Dune Management*, page 11).

Spinifex is the most important plant in the initial stabilisation of dunes. As the dune stays stable, other plants such as wattle and lomandra further colonise and help to stabilise the dune.

In addition, dune vegetation is recognised widely as exhibiting



Spinifex runner growing out across a dune, the beginning of a dunal ecosystem

interdependence amongst the plants, and providing a habitat for a variety of fauna, which is important for biodiversity.

"Ecosystem rehabilitation and conservation of biodiversity are integral components of contemporary dune management" (Coastal Dune Management*, page 20).

So next time you visit the beach, if you see spinifex growing on the dunes or the beach, please avoid walking on it. It may not look important, but it is!

You could help us by staying on tracks across dunes to protect the dune vegetation.

* NSW Department of Land and Water Conservation 2001, Coastal Dune Management: A Manual of Coastal Dune Management and Rehabilitation Techniques, Coastal Unit, DLWC, Newcastle



This photo shows spinifex on the left of the photograph damaged by people walking over it. Please stay on the track to minimise damage

Saltmarsh exploration

In December, the National Trust Far South Coast Branch hosted a successful tour of Bermagui River's extensive protected saltmarshes, led by Jillian Reynolds, Regional Assessment Officer, Aquatic Ecosystems from the NSW Department of Primary Industries and Fisheries. Jillian pointed out the saltmarshes adjacent to Bermagui's South River Road are home to nine of the ten defining saltmarsh plant species. The narrow-leaf *Wilsonia*, *Wilsonia backhousei*, which is present in large areas of the South River Rd saltmarsh, is listed as Vulnerable in the NSW Threatened Species Conservation Act. The smaller saltmarsh south east of the bridge is home to at least six of the ten characteristic species.

The presentation highlighted the crucial role saltmarshes play in providing habitat and food, essential for the completion of fish breeding cycles and hence fish survival.

Saltmarshes provide one of the main food sources for young fish. When the saltmarsh is inundated at high tide, the crustaceans (crabs and shrimp) common in saltmarsh, undergo a mass spawning where millions of eggs and larvae are released. This crucial role in fish breeding is the main reason NSW's remaining saltmarshes and wetlands are so highly protected under both Commonwealth and NSW legislation.

For more information on enhancing and preserving Bermagui's saltmarsh, a potential Bermagui River Shorebird Sanctuary and other National Trust activities, please call 0423 780 498.

Frances Perkins

Bermagui Country Club

www.bermaguicountryclub.com.au

Club - Ph: 64934340

Monday: Bingo, 10.30am

Wednesday: Members Badge Draw, 5.45pm, 6.45pm, 7.45pm

Friday: Members Badge Draw 7.300pm

February Entertainment:

5th: *Darryl Lamb*, 7th: *Lloyd Spiegel & Damon Davies*, 1.30pm, 12th: *Sandy M Karaoke*, 19th: *Sami*, 20th: *'Abandon Ship'*, 21st: Monster Raffle over \$1000 worth of Meat, Seafood & Fruit & Veg Trays, Tickets on sale from 1pm, Entertainment from 1pm, First draw 3pm, 26th: *Struth*.

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Jack Liebeck, violin



Little lambs come out to play

Something new and exciting is happening at Little Lambs Preschool at Fairhaven, with the dreams and visions of owners Ashley and Debbie Lamb about to become a reality.

Construction is just about finished on the new adventure playground and, with the grand opening a few weeks away yet, *The Triangle* had a sneak peek at the fantastic new outdoor Adventureland.

Ashley and Debbie have owned Little Lambs for the last 10 years, providing long day care to children from six weeks to five years of age, as well as before and after school and vacation care. The Centre is well equipped with the traditional play equipment, but Ash and Debbie wanted to integrate a more enriching environment for the children, taking a sustainable approach, to educate kids about their natural environment, and give them a place where they can do what kids love to do... get down and get dirty!

The new playground has so many elements to it. There is the Mud Kitchen; the Indian Village; the Sound Centre; the garden with vegetables, worm farm and compost; there is Dinosaur garden; the fishing centre and the stream, with an old fashioned water pump the kids need to work to get the water to flow.

When preparing the site, a few trees had to be sacrificed for safety, but the timber from these trees was milled and dressed and returned to make picnic tables



Debbie Lamb, whose vision created a real Adventureland for the children at Little Lambs Pre School

and chairs and the tee pees. Old pallets were donated and incorporated into the build as well. Just about everything in the playground has been made from recycled, natural materials. Even the unused tree trunks make a great climbing mountain.

Before the plans were drawn up, Ash and Debbie consulted with families to see what they thought of the idea. Chris Webb from Next Gen Landscapes made the paper plans a reality and there has been lots of help from volunteers. A great deal of the woodwork has been done by John Hedge and Gloria Rixon, who have worked tirelessly on the project. The bamboo gazebo, which is a feature in the playground, was built using funds received from last year's Seaside Fair, and Woolworths Bermagui made a contribution towards the build as well.

It was a great pleasure to meet Ash and Debbie. They are passionate and dedicated to what they do, and to the children in their care. And, said Debbie, "I have so many more ideas in my mind." So, watch this space!

Carolyn Banados

Fun, fun, fun at the Fair!

Saturday 12 March

The fancy dress street parade theme at this year's Seaside Fair is "Rio Olympics" and there are great prizes in different categories to encourage participants to dress up.

The third Umbrellas of Bermagui includes 15 large shade umbrellas sponsored by local businesses and hand decorated by well-known artists. These unique works of art are now on display at various businesses around town, the Country Club and Community Centre. They will showcase in the street parade and then on Dickinson Oval until the auction at 12.45pm.

For your listening and dancing pleasure Djembe Forte, Jonathan Richman Experience and Beautifully Mad will be playing. And don't miss Wallaga Lake Kids and Grow the Music. Tony Jagers will be there, as well as Oops! The Clown, Katie Callaghan, the popular pet pageant, boxing, Zumba, karate and gymnastics.

The Fair's cultural program includes *Art in Place*, a themed art show at the Wharf and Photographic and Arts & Crafts exhibitions at the surf club. Meet the exhibitors at the official opening on Thursday 10 March, 6pm at the surf club.

For early risers, be at the harbour for the Bermagui Blessing and start of the yachting exhibition or on Dickinson Oval for the Poet's Breakfast. Get friends and family together for the sandcastle competition. Try your luck in the hole in one golf beach bash. There's free kids' novelty events, Kids' Corner, vintage and classic cars, Seaside's auction, over 100 market stalls and a fireworks extravaganza in the evening to conclude the day.

Go to bermaguiseasidefair.com for the full program and entry forms.

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Quaama Celebrates



Illustration by Naomi Lewis

Sometimes you know, a little bit of outsourcing can go a long way

About 150 guests poured in to help celebrate another great New Year's Eve in Quaama. We ate and drank on the lawn and enjoyed local young guitarist-singer-songwriter Kara Imagen. To warm us up for the main event, Veronica Abbott led a game group of thumpers, tooters, movers and shakers in Cacophony II. Then it was Jonathan Richman Experience till 2016. The night brought in over \$600 in profit for the Quaama Progress Association; that will go into projects for our community. Thanks to all who helped organise and staff the event.

It was great weather too, that night and for a couple of days afterwards. I'm not saying that rain is necessarily bad, but 194 mm in one day? That's what we got, according to our weather gadget. Is that a record? If only Joan Horne were still here to keep rainfall data, she could have told us.

Diana Holmes seems to be vying for 'local identity most mentioned in *The Triangle*' and as she provides me with a wealth of material I'm happy to help.

Di turned up at my place one day with a plastic tag pinned to her shirt. "Here, put this on Benji," she said, handing it to me. Benji is our hyperactive terrier cross.

I obligingly attached it to Benji's collar. I thought it might be an electronic tick deterrent device. But no. It transpired that it was a step counter. Di's cousin, Ray, ever concerned about Diana's health, had told her to wear it while she was out for a walk so he could monitor her performance, and for the next thirty minutes we watched Benji charge around the yard giving the little tag a workout the likes it's never seen. I never did ask what Cousin Ray had made of Di's step count when she got home.

Jen Severn

Quaama/Cobargo Quilters

Quaama/Cobargo Quilters are back to 'needle and natter' for 2016. They meet at the CWA Cottage, Bermagui Road, Cobargo every Monday between 10am and 3pm. New members are always welcome. They are already working on the quilt to be raffled at their Open Day in October.

On March 7, they are having a 'Friendship Day' from 10am to 3pm in the Cobargo School of Arts Hall, all are welcome. Bring a plate of food to share and join in meeting other like-minded creative people. There will be lucky door prizes, some 'Show and Tell', and judging from the racket emanating from the CWA Cottage on Mondays, there will be lots of laughs!

Beth Dogan



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Daughter of Quaama finds solace in her final days

Nance Favelle came home to Quaama, and her Hyland family, many times. The last visit bought contentment as her life drew to a close.

Early last century the Stewart family settled on Pine Hill, Verona. Around the same time, the Hyland family bought their house at 29 Cobargo Street, Quaama, two blocks along from the tennis courts. The two photos, taken on the verandah of Pine Hill house about 100 years ago, show six young members of the Hyland and Stewart families.

Later, Josephine Stewart (seated, in the first photo) married Claude Hyland. Their daughter Nance (nee Hyland) was born in 1933 and five months later Josephine died in a tuberculosis sanatorium. Nance was surrendered to a children's home in Sydney, possibly because of her contact

with the highly contagious disease. She lived there until the age of three when her father brought her home.

Nance lived with her grandmother, Amanda Hyland, in a house near the school that was demolished when the bypass went in. When she was eight she went to her Aunt Emma's (Wilson, nee Hyland), who lived in 25 Cobargo Street, three doors down from the tennis courts with the bull-nose verandah.

At 13 she moved to Bega to live in the students' hostel while she completed high school. She entered the public service in Canberra at 16. Nance's secretarial career took her to New Zealand, London, throughout Africa and back to Sydney, where she married John and had a family.

Nance was quite confused before she passed away in Cooroy in May last year, aged 81, and believed she was back in her grandmother's house. But it settled her to close her eyes and be back in Quaama, where she grew up surrounded by her family members, and it was a comfort to her husband and their family to see her enjoying this sense of contentment in her final weeks.

Nance's husband, John Favelle, has compiled her family tree and



John and Nance Favell in their courting days in 1961 in front of Aunt Emma's house, 25 Cobargo St, Quaama



Young Stewarts and Hylands on the verandah of the Stewart house, Pine Hill, in about 1917. Margaret Josephine was Nance's mother. Rita was Brett Horne's grandmother and there are probably many other local descendants. The occasion this day was Sylvia's wedding

has many historical documents and photos.

He's trying to contact Nance's Quaama relatives so he can share this material—he's happy to send what he has on a USB stick.

He's also keen to add more to his records. If you have anything to share about these families you can contact him on noosafav@bigpond.net.au.

Read Nance's own account of her life and her search for her mother Josephine's grave on the *Triangle* website. There are many old photos of Quaama there. Go to www.thetriangle.org.au and click on 'Off the page'.

Jen Severn



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Kamalashila Tibetan Buddhist Centre to open

Introducing a new Tibetan Buddhist Centre in Tilba, 9000 Princes Highway

The property was purchased late last year, and began operating as a Buddhist centre soon afterwards. The founder and resident Lama is Khenpo Ngawang Dhamchoe, one of the most respected and knowledgeable Tibetan Buddhist monks residing in Australia. The location and facilities make this space unique and we are fortunate to have it here.

Khenpo has a great capacity to share, and he wants to share the peace and quietness of this area with anyone who wishes to come. The centre boasts a most extraordinary meditation hall (Gompa), industrial kitchen facilities, dining hall, dormitories, solar powered compost toilets and a lovely Master's house along with a few retreat huts. The pristine bush surroundings allow for camp sites as well and ultimately a wonderful environment to learn authentic meditation. There is work to be done and always room to grow, as Khenpo has a vision to be carried out in the upcoming years and wishes to involve the community.

To have a resident Lama of the quality and standing of Khenpo is such an asset. Khenpo is a title that is highly revered and not many monks attain that level of education and accomplishment in study, meditation and other activities. The name Khenpo is given in rarity as an equivalent to a Professor in Buddhist Philosophy. Khenpo does travel interstate and internationally, however much of his time will be spent at Tilba, conducting meditation and philosophy courses.

Kamalashila Tibetan Buddhist Centre Tilba, will be offering weekly meditation



Khenpo Ngawang Dhamchoe, founder and resident of the new Tibetan Buddhist centre in Tilba. All are welcome to attend the open day on Saturday 20 February from 11am to 4pm

classes Wednesdays 10am to 11am starting 3 February, and in April Khenpo will teach classes on Tibetan Buddhism from 11:30am to 12:30pm.

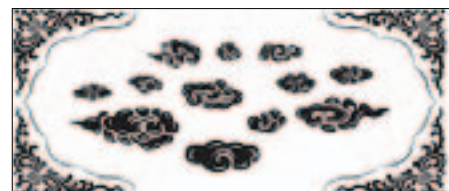
Saturday 20 February will be the first Open Day on the property from 11am – 4pm and on Sunday 21 February a Working Bee (Karma Yoga) Day from 10am – 3pm. The Open Day will include many activities for all ages, painting mantras and a short meditation session for children, an adult meditation session, a talk from a Tibetan

Doctor, Tibetan lunch offered for \$10, a tour of the grounds, a showing of the film *Little Buddha*, a Chai stall and much more. Please come up to the property and join us on this festive day.

The year will be filled with day workshops, retreats, Tibetan language classes, Tibetan cooking classes, and film nights to name a few.

The centre is also available for hire by groups or individuals for a reasonable cost. For further information on the program offered or hiring this unique space please check our website: www.drogmi.org or email us at info@drogmi.org

Lael Evans-Morrissey



Books, Cooks and Gardens now online

Have you ever thought, I wish I'd kept last month's *Triangle* so I still had that great recipe. Or an insightful book recommendation, or a handy gardening tip? No? Well, one day you might, and we're here to help.

You can now find *The Triangle's* regular columns—Gardening Gabble, Soft Footprint Recipes and the Book Review—online on our website at www.thetriangle.org.au. Click on "Books, Cooks and Gardens".

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Pop-up in Tilba

The Tilba CWA is busy with fundraising activities. On Saturday 9 January they held their first Pop-Up Café for the year. Another successful fundraiser to help with renovations for the CWA room in the Tilba Small Hall.

Tilba CWA will be holding Pop-Up Cafés once a month in the Tilba Small Hall, on the second Saturday of month. The next Pop-Up Café will be held on Saturday 13 February from 9am to 12 noon. The CWA members will be serving pots of tea and freshly brewed coffee with delicious home-baked cakes and sweets. Everyone is welcome to taste delicious treats like lemon meringue slice, plum buckle cake, fig and walnut slice, meringues and orange cupcakes with passionfruit icing.

*Annette Kennewell
Publicity Officer, Tilba CWA*



Alison Shanahan and her daughter Laura both from Sydney visiting Tilba for the holidays enjoying morning tea at the CWA Pop-Up Café



This is a photo of our camp site at Tilba early January after lots of rain. Was all good when dried out. - Tania Lingard



Shae Rainbird and Ben Theis from WA – they are travelling around Australia on a working holiday



Local writer gets big literary break



This illustration by Sturt Krygsman accompanied Sarah Gardiner's story in *The Australian* last month. How did he know about her cut-out cows?

When Sarah Gardiner heard that she hadn't won this year's Olga Masters Short Story Award with her entry, *Warren Shouts*, she thought that was the end of it. But Literary Editor for *The Australian* Geordie Williamson had spotted it during the judging and asked Sarah if he could publish it with the Olga Masters' winner and runner-up in his paper's Summer Living lift out. It appeared on Wednesday 6 January, accompanied by a custom illustration by artist Sturt Krygsman.

Sarah is also on *The Triangle* committee and is the creative brains behind Cobargo's 'Cows R Us' Holstein Friesian cut-outs.

The Olga Masters Short Story Award is a competition celebrating the life and writings of Olga Masters (1919-1986), Australian journalist and author. Olga lived

in Cobargo as a teenager and much of her fiction is coloured by her far south coast experience.

Watch *The Triangle* for the opening date for this year's Olga Masters Award in August. And read Sarah's beautiful, quirky story—go to www.thetriangle.org.au on line to read the story. You may recognise a certain Triangle town in its backdrop...

Jen Severn

\$\$\$ to be won
in the AKT competition



See page 20 for details

BVSC more consultative

Congratulations to Council for introducing greater transparency with their community-facing projects.

An example of this new approach is an online public survey on the proposed works for the Bruce Steer Pool in Bermagui.

The Bruce Steer Pool is a tidal netted pool located between Bermagui harbour breakwater and the headland. Its usually calm, protected waters are often used by elderly swimmers and families with young children. The foreshore is flat with two picnic tables. There are a block of change rooms with shower and toilet nearby on the headland.

Whilst the online survey closed on 27 January, it is expected that planning consultants Spiire will hold a listening post at the pool for further community comment in February. Spiire will then prepare their plan for improvement of the pool, which will then be exposed again for comment. Spiire were also responsible for developing the Bermagui CBD Landscape Master Plan in late 2014.

The main community recommendations being put forward for the pool to date are to maintain and improve the nearby change rooms, shower and toilet, and more picnic tables and benches on the foreshore.

To support this consultative approach by Council, interested residents are encouraged to participate in the remainder of the planning and consultation process for improvements to the Bruce Steer Pool. Go to the BVSC website; consultations; coastal accessibility projects, for further details.

Geoff Steel

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We have been operating the cottages for 16 years and had many repeat guests and dogs. As dog owners we take the love our dogs give us for granted. So taking them on holidays with us is one way to say thank you. I guarantee that bringing your dogs on holidays with you will put a big smile on their faces. They love the smells of the bush and the scents of the native animals and they can romp and swim at clean and mostly deserted 'dog-friendly' beaches or go to outdoor cafes and sit with their owners, all over our shire.

When guests come back for a repeat visit, as they turn onto Warrigal Range Road, their dogs start barking with joy, which amuses their owners, we hear it again and again.

We travel with our dogs a lot, staying at dog-friendly cottages all over the country, and encourage others to give it a go. But beware to make sure that dogs are allowed inside and that there is a fenced area so they don't have to be tied up. That's the benchmark for a real dog-friendly property. Bon voyage!

Delphine Troughear



Beautiful views from the cottages

Narooma Day VIEW Club Meetings are held on the 4th Friday of every month at Narooma Golf Club: 11am for 11.30am start. New members are always welcome. First meeting is Friday 26 February. For more info phone Carleen 4476 8693 or Cathy 0418 420 334. VIEW is a valued part of The Smith Family, helping disadvantaged children.

Cathy Coventry



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The Triangle's Eco Edge Competition

Local environmental company AKT sponsors a page in *The Triangle* every month. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental

contribution – story, essay, poem, painting, drawing or photograph we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The overall winner each year receives \$400.

This month's creative contribution is a poem by Jan Honer who won the last year's AKT competition.

Summer Evening

This summer evening
Kitted up with hat, safety goggles, heavy duty gloves,
long shirt,
long trousers, gumboots
Considering how I came to this,
Sucking stink bugs off the lemon tree with our
old vacuum cleaner.

This past week hasn't been too flash,
To quote my father,
With a plague of stink bugs,
And a visit to dentist and doctor ...

Lemon tree
Completely covered in orange stink bugs this year.
Pick them off by hand? As much use as a chocolate teapot.

A kindly neighbour who had the gear
Sprayed, unsuccessfully, with white oil...
And then pyrethrum...
Someone else suggested spraying with Confidor...

Then someone else suggested pruning heavily.

Spouse and I could almost hear the tree's sigh of relief
As each stinkbug-covered branch came off,
Leaving me standing here
Sucking the remaining bugs off with the vacuum cleaner.
Considering
On this hot summer evening
The past week of choices.

Dental check-up.
Four fillings need repair or replacement.
Nearly convinced by dentist to have mercury again
Until I heard my body's big NO just in the nick of time!

Annual skin check-up.
Three sun-spots need treatment.

Is Efudix safe? The jury's still out. Insect neurotoxin
(Confidor)
Human neurotoxin (mercury)
Chemotherapy in a tube (Efudix)

None of them sound too flash... eh, dad?

So why do I say yes, without asking my perpetual pesky
questions
And why am I over-thinking all of this?

Both strong traits
That family and friends know all too well...

My pesky questions, remarkably absent
At crucial moments like these.
Gagged
Momentarily
By professional opinion.

You're like a dog with a bone,
Worrying it to death, says spouse.

Why shouldn't I?
It's my body!
And isn't this lemon tree
And this half acre
Being cared for by us right now?

Jan Honer
Quaama



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Vic Grantham – Tears ... of Joy

When Vic Grantham talks about his past, present and future, he recalls three occasions with great verve. And while one is a continuing source of passion and was the very thing that brought him here, the other experiences, a world away, were so beautiful, recounting the stories brings him to tears...of joy.

Music brought Vic and Janice to Cobargo. From their homes in Canberra, they followed the Folk Festival trail. In 2005, their friends in Cobargo insisted "You just have to come to the Cobargo Folk Festival!" Before they came, Vic went on-line, casually searching for local properties, and identified two he would like to inspect while he was here, a 26 acre property with a house and a vacant block of land, just out of town.

Vic and Janice thought the Cobargo Folk Festival was inspiring and impressive and before they left, both had jobs on the committee. Vic's prior knowledge of the high volunteer rate in the Bega Valley made him appreciate the people in the area, and when he saw the place, he loved it even more. They bought the 26 acre property without delay, and still believe it was a fantastic decision. The property has a view of Mumbulla Range and Murrabrine Range, down over the foothills to the creek. "You can almost reach out and touch the trees on the ranges," says Vic. When they moved to Cobargo in July, they were heartily welcomed with a barbeque by the people from the Cobargo Folk Festival Association. The reception has remained a great memory and their enthusiasm for the festival is renewed each year.

In Canberra, Vic was a Senior Manager for Centrelink, then known as Australian Social Security and utilised his research and analytical skills in policy making. Vic's leadership qualities came



Vic Grantham with grandson Tadhg, who will one day inherit the Celtic mandola.

to the fore and says he held strongly to the maxim "lead people and manage things." In 1994, the World Bank and European Union jointly sponsored a project to assist the Kyrgyzstan Government to develop social insurance and social assurance policies. Vic accepted the 17 week posting and looked on the world map to see just exactly where Kyrgyzstan was!

Kyrgyzstan is a landlocked country in central Asia, where less than 8% of the land is cultivated. His experience changed the way he thought about things as he realised that all people, no matter where they live, want to be happy, safe and healthy. Vic has returned to Kyrgyzstan, with family members, four times for holidays.

In 1993, Vic's Latvian mother died. The previous year, she started to tell the family her story, one she had always played close to her chest. In 1998, Vic made the trip to Riga, capital of Latvia, in the Baltic region of Northern Europe, with a very high standard of living and a national dish of Grey Peas and Speck Stew! Vic walked the city, and later in an attempt

to gather information about his family, he put his story online, on 'Latvians Abroad'. A Latvian-American woman from California responded and translated his story into Latvian, and sent it to the local Mayor.

Vic's next trip with his son was a little different. They were welcomed with open arms. People were very willing to talk but no one spoke the same language. There was much smiling and gesticulation for twelve days and they got to see Vic's grandfather's farm which he left in 1928. Originally the farm was 160 acres but was divided many times as inheritance for the children. Vic's grandfather sold the farm when it was only four acres and went to live in

Riga and was successfully self-employed, building drainage ditches. All of Vic's family have now been to Latvia to see where it all began for themselves.

Now, one of Vic's interests is playing a Celtic octave mandola and he is being coached to reprogram his 'flying fingers' with some super slow sustained-note exercises.

The mandola was made in Ireland from 265 year old Irish Yew. A tree planted in 1750 blew over in a storm in 2002 and was put aside for a special project. Sitka Spruce, highly sought after for sound boards and musical instruments, and long-lived Australian Mulga are also incorporated into the mandola. It's the combination of these timbers, each with their own fortuitous story of being available, makes an instrument that will one day be a special gift passed down to Vic's grandson, Tadhg, in celebration of his Irish heritage.

The lines have fallen to me in pleasant places; Indeed, my heritage is beautiful to me. Psalm 16:6

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2016 Cobargo Folk Festival to be lots of fun

The 21st Cobargo Folk Festival is shaping up as one of the best ever, with a host of international acts complementing the high quality Australian performers in the three-day event from 26 February.

The timing of the Festival – just a few weeks ahead of the large music festivals at Port Fairy and the National Folk Festival in Canberra – and the friendly and picturesque setting of Cobargo have made it a real attraction in the international folk scene.

“I think our festival gives international acts who come here on tour some time to get over their jet lag, get a handle on Australian audiences and refine their shows, all in a very relaxed and enjoyable setting,” said Festival Artistic Director, Dave Crowden.

“We are thrilled to host such quality acts as the Rambling Boys from Ireland, Beth Patterson (USA) the East Pointers (Canada), Vin Garbutt (UK) and Nicola Hayes and Helene Brunet (France) at the 2016 Festival.

“Add them to such well known Australian performers as Neil Murray, Fred Smith and Liz Frencham, the Backsliders, our own Daniel Champagne and many, many more, and I think you have one of the best artistic programs we have ever put on – incredible value for money,” he added.

In response to the recent growth of the festival itself there have been changes in the organising committee.

Former Australian diplomat, journalist and herself a folk musician, Zena Armstrong, has become the Festival Executive Director, allowing Dave Crowden to focus on the complex artistic

program.

“I’ve been part of the folk and roots music scene for many decades and the Cobargo Folk Festival was one of the key reason for my decision to move with my husband – also a musician – to the Cobargo area,” said Zena “The festival is



Ivy Lucille who will perform at this year's Cobargo Folk Festival

growing every year, bringing some new and different challenges. We want a self-sustaining festival and we want to retain the intimate and friendly feel that people love about Cobargo. Our festival has fabulous acts but it's more than just sitting in a concert venue. It's about participation, where everyone and anyone can pick up

an instrument for the first time, attend a workshop, learn how to dance, join in a session or jam with friends in the campsite. For me this is the heart and soul of a great folk festival.

“One of my jobs is to make sure that all the very talented and experienced volunteers have the resources to do all the detailed work required to put on such a major event successfully.

“One of the most important things we’ve done this year is to work with the Cobargo Showground Trust to expand our toilet and shower facilities – a permanent structure financed by local groups like ours with the support of the Bega Valley Shire Council and the NSW Government.

“We hope that visitors and campers at the festival will appreciate the new facilities, as will other users of the Cobargo Showground,” she said.

The successful 2015 festival saw an increase in the number of Bega Valley residents attending and it is hoped that word of mouth will increase those numbers in 2016.

“Folk festivals provide a smorgasbord of world class music, dance and workshops that cater for a wide range of tastes,” Dave Crowden said.

“Even if you just come for one day, you’ll be amazed at the quality of the acts on show, you’ll enjoy the music fun in our session bars and the variety of craft and food stalls on site.”

Early bird tickets and more information on performers are available through the festival website: www.cobargofolkfestival.com

Peter Logue

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White colour at the Lazy Lizard

The Lazy Lizard has been having a great summer season so far – we had a fantastic opening party for the Stir the Possum exhibition. There was quite a gathering, so many friends turned up to support us and enjoy themselves. We all had fun and the music by Zoe and Karen was enchanting.

Since then lots of visitors and locals have dropped by and enjoyed our exhibition. Livo's latest sculpture especially stirred up a lot of interest. It is entitled *I.T.* and, with the usual Livo humour, the medium is described as 'rare'. If you somehow missed seeing this unmissable piece, it is still on display in the main gallery.

In the Side Room in February, we are very pleased to have an exhibition by Suzy McKinnon. Suzy is highly regarded in Cobargo for the way she has promoted and encouraged creativity in our area, and it is wonderful to see that she has found some time to devote to her own valuable talents.

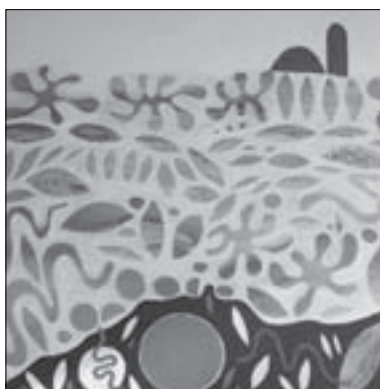


Fence Lines, acrylic on canvas
by Suzy McKinnon

The exhibition is called *White Colour – a tiny exhibition about a huge subject*.

Over the past twelve months, Suzy has been able to have a few precious hours each week in her studio. The result is a few canvases about the joy of painting and an exploration of shape and colour. It does not reflect the more serious purpose that Suzy believes art is all about. Colour is a subject of fear and fascination for many people when they start being creative, whether it is decorating a room, or painting a picture. Suzy hopes this tiny exhibition will encourage more people to just have fun with colour. It is also a playful look at how shapes connect, and can be used to create images. When the weather is hot in February, treat yourself to a cool white room dancing with colour, in the Lazy Lizard Side Room Gallery.

If you would like to meet the artist and talk about her work, Suzy will be at the Gallery and happy to have a chat between 10am and 12 noon on Saturday 6 February.



My Planet Home, acrylic on canvas
by Suzy McKinnon

Dog Trumpet at Murrah



Reg Mombassa and Peter O'Doherty and their band Dog Trumpet are returning to the beautiful south coast on Sunday 7 February to play songs from their extensive catalogue and some brand new, soon to be classics.

This will be a special Sunday afternoon show from 2pm - 5pm at the Murrah Hall. Children under 12 are free and tickets can be purchased at the gate. Hear tracks from their six albums and favourites from the Dog Trumpet song book.

Reg and Peter are both former members of iconic Aria award-winning and Hall of Fame band Mental As Anything. Their contributions to the Mentals include songs such as *Berserk Warriors*, *Egypt*, *Brain Brain*, *Apocalypso*, *Surf and Mull* and *Sex and Fun* and *Close Again*.

Reg is well known for his idiosyncratic work for Mambo Graphics and as a fine artist. Peter is also a successful and much sought after painter. For over three decades the brothers have exhibited in Australia, New Zealand, Europe and Asia and now the USA.

Their latest album *Medicated Spirits* is full of wit, surprise and warmth, continuing their sonic alchemy of psychedelic folk, country and abstract blues driven by Reg's distinctive slide guitar and Peter's melodic acoustic guitar and mandolin. See www.dogtrumpet.net

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Cool jellies for summer

While the following recipes barely qualify as local and seasonal they are ideally suited for hot weather dining. The first is a delicious American-style jellied salad which my mother used to make; the second is a quick and unusual jellied sweet.

Sunlit salad

44 gm tin of pineapple - pieces or crushed
a third of a cup of chopped nuts - pecans, cashews or whatever you like
1 packet of lemon or lime jelly crystals
1 cup of grated carrot
1 tablespoon of cider vinegar
salt to taste (about a quarter of a tsp)

Drain pineapple. To the juice add enough water to make one and a half cups

of liquid. Bring to the boil and pour over jelly crystals. Stir to dissolve. Add vinegar and salt then fold in other ingredients. Cool until set.

Easy-peasy jelly squares

3 packets of jelly crystals of the same flavour
1 tablespoon powdered gelatine
3 cups boiling water
1 cup Tilba or other cream

Whip ingredients together and pour into a small slice pan lined with baking paper. Place in the refrigerator to set. The mixture separates into a firm jelly layer topped with an attractive creamy jelly. Cut into squares and serve as a sweet or light dessert. Store in the 'fridge covered with cling film.

This can also be made from 3 cups of orange or other juice, sugar to taste, boiled, with 3 tablespoons of gelatine and 1 cup of cream. Nuts can be added for crunch and interest.

Banana and Banana and green ginger muffins

For breakfast



Easy Peasy

or morning tea how about using up the over-ripe bananas in the fruit bowl in some muffins with zing!

Wet mix: a quarter cup sugar, half a cup margarine, 4 ripe mashed bananas, 2 eggs, a quarter cup diced crushed green ginger

Cream margarine and sugar, add eggs and remaining wet ingredients or use a food processor.

Dry mix: 2 cups self-raising flour

Fold flour into wet mixture, place in prepared muffin pans and sprinkle over a mix of equal parts of garam masala and sugar. This adds an extra tang.

Bake at 180C for 20-25 minutes. Makes about 12 muffins.

Enjoy!



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Harbourside Lamont St Bermagui

A living carpet: groundcover

Welcome to another year of gardening hints in *The Triangle*.

I have noticed during the early parts of January that the media was announcing that 2015 was the hottest year on record and 2016 is likely to top that. So this year I will ensure that I give some great ideas that will help you on your way to success with the conditions we will be exposed to.

The first cab off the rank this year will be to talk about groundcover plants and the benefits they can offer to us in the garden.

Ground cover plants come in many forms and categories from conifers through Australian natives to perennials and non-Australian plants. Many are absolute ground huggers but others can reach 50-70cm high and be as wide as 3-4m. There are categories that will tolerate first line coastal to varieties that can handle severe frosts and low water. Others are shade tolerant and many are edible, like herbs.

To elaborate on these we will start with first line coastal. Many of the plants that suit this particular situation are Australian natives and it should be well worth mentioning that a stroll along coastal gardens and natural areas will soon give you an indication as to what species are handling this difficult growing area.

Species such as *Carpobrotus* (an Australian native succulent) are very good for dune stabilisation along with *Banksia* and *Westringea* that have groundcover varieties. *Myoporum* and *Hakea* both have groundcover varieties. A good non-Australian plant is the Shore juniper (*Juniperus conferta*) that will mat well and stabilise sandy soils.

Moving away from direct coastal we then move into more protected locations with heavier soils and not so much wind.

In open sunny positions in these locations the list is endless. Australian natives include *Grevillea*, *Leptospermum*, *Callistemon* and *Banksia* with many others that are softer perennial types including *Scaevola* and *Brachyscome*.

Non-Australian plants include groundcover *Camellia* (Marge Miller and Snow), Carpet roses, *Cotoneaster dammeri*, *Convolvulus* and the list goes on.

Shaded gardens are always a bit of a

The ground preparation for groundcover plants is the same as for all other plants with the inclusion of some compost mixed with the existing soil to give the plants a good start. It is a common mistaken belief that ground cover plants will provide weed suppression. There might be some weed suppression but generally weeds will still grow through the groundcovers and will be very hard to remove after the plants have established.

Ideally, the best method is to lay down several layers of moist newspaper and cover with a moisture retentive mulch prior to planting and then pull paper and mulch aside sufficiently to make the planting hole. Plant the plants and then water in and pull paper and mulch back around the plant. Over the period the newspaper takes to decompose, the weeds would have most likely died. Some careful hand weeding and spot spraying after that, will ensure the garden stays weed free.



We've got you covered

problem but here also there are many plants that can be used in combinations with perennials including *Camellias*, Chinese star Jasmine (often used as a climber) and the very beautiful Gumpo Azaleas. Here also space does not allow me to mention the many others that are available.

Herbs are the most likely category of groundcover that do not get much of a mention but there are many of great benefit.

These can be used to cover paths within the herb and vegetable garden or used to cover a retained area within the garden. Several varieties of Thyme are suitable for walking on and prostrate Rosemary also falls into this category.

It is important to remember that during the course of their life, plants will have failures and successes. If you have tried a particular plant in your garden, don't give up if that particular variety has not done as well as you expect. Many factors can be at play here including soil types, moisture regimes and sun or shade. Sometimes it will take a couple of tries to get a success and things will not look back after that.

Every garden has different requirements so it is important to seek qualified advice before making your choice. Your local nursery person will have many years of experience to help you make the right choice to complete this very rewarding project in your patch.

HOMEFLAIR CARPETS AND BLINDS NAROOMA

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relax@rocklily.com.au

Classifieds

FOR SALE

Massey Ferguson Tractor is old but goes well
slasher & bucket, best offer, Tony 6493 4004
Austolorps, Silkies, Roosters & Hens: pure
bred from show winning stock, hatched Oct
2015 - 4 mths old, Cobargo location, ph Ray
0439 175 984 or Pam 02 6493 6594

LG 45" LED/LCD TV, excellent condition,
some toothprints on remote (puppy) \$400 ono.
call John 6493 8515

Flail Mower Howard Ezeemow (AusCo) 1.5m
(5ft) good condition, spare bearings, always
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Gasless 80/100 portable welder, comes with
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AVAILABLE

Birthday cakes for your dog, phone Louise
0416 039 895

Anyone seeking to agist a pair of horses on
an unfenced vacant block in Cobargo to keep
the vegetation down. Looking for a mutually
agreeable arrangement no charges, please
phone 0418 698 187 Sandra

POSITION VACANT

Looking for a weekly cleaner for a 3bedroom,
2 bathroom home, good pay, call 0402 257 929

Please note: we will discontinue
classifieds after one month unless
advised by the advertiser. A
small donation (in the tin) will be
appreciated for classifieds

Guidelines for contributors

Thanks for your local stories and
photos! We love them and they make
the *Triangle* our very own. Just a few
tips for submitting stories and photos...

1. Stories should be 300 words
maximum except by prior arrangement.

2. Photos should be sent as **separate
JPG attachments – not embedded
into your story**. Please send the original
digital photo, uncompressed, so we
have as large an image as possible to
play with. Please include a caption for
your photo at the bottom of the article
it accompanies.

3. Please do not send posters or
flyers! We cannot reproduce them.
Instead write a few paragraphs about
your event and include the date, time
and venue in that. And attach a photo if
you have one.

4. Have a think about a headline
for your story. Believe us, we're usually
quite braindead at the end of our
editorial meeting and can only come
up with lame puns and cliches. Don't
leave it to us!

Any questions at all, please email
us contributions@thetriangle.org.au

Book Review

Heather O'Connor

Carolyn Hirsh

Politics, Death and Addiction
Brolga Publishing



Carolyn Hirsh is a Melbourne-based
writer whose memoir, *Politics, Death and
Addiction*, was short-listed for the Finch
Memorial Prize, 2013. This is a story of
love, tragedy, family, professional life,
addiction and recovery.

At the heart of Carolyn's life has been
her commitment to social justice while
at the same time, she constantly juggled
responsibilities associated with being a
sole parent, after she was widowed as a
young wife and mother. A product of her
time (and her gender), she worked and
studied to improve her qualifications and
her ability to support her daughters. She
joined the Labor Party and again, after a
long struggle, won pre-selection for a seat
in the Victorian Parliament. She went on
to become the first woman in Victoria's
history to be made a parliamentary whip,
and retained throughout her time as an
MP a passion for accessible housing for
low-income earners, and for educational
opportunities for adults.

If Carolyn's book had just covered

these issues, it would be still be a gift
for those of us who are fascinated by the
journeys of people who contribute to public
life. But the story of a mother dealing with
the unbelievable sorrow of the suicide
of her daughter adds a totally different
dimension. Her subsequent addictions
to poker machines and to alcohol are
described with great honesty and sadness,
and will surely be an inspiration to anyone
struggling with the same issues. Her
eventual recovery and the adoption of her
new life as a writer provide even more
inspiration.

This is a book that doesn't shirk
from the hard issues. The writing of it
has been part of Carolyn's recovery, and
is also an extension of her determination
to support and affirm others who have
suffered family tragedies. Her personal and
professional self-analysis is a great gift to
the community for which she has worked
so tirelessly and to her family and friends.

SoART

Eccentric Accessories Exhibition
11 to 23 February 2016

This exhibition is designed to
be a fun event and for exhibiting
artists to be creative with fashion
accessories, e.g. creating pieces of
jewellery, personalising a pair of shoes,
hats, underwear etc.

To take part in the exhibition
please obtain an entry form by email:
infoasoartgallery@gmail.com or
telephone 0400 442 945 for more
information.

All are welcome to opening night
at SoART Gallery on the Princes
Highway at Narooma (next to the
Kinema) with cocktails and nibbles at
6pm on Thursday 11 February.

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The TRIANGLE'S new email address is

contributions@thetriangle.org.au



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy
Communion (HC), 1st Wednesday at 10 am, morning
service. COBARGO, Christ Church: 1st Sunday, 5pm
Evening Prayer/Contemporary Service. 2nd, 4th
Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am,
HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays,
10am, HC. 3rd Sunday, 5pm Evening Prayer/
Contemporary Service.
Contact Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:30pm, games start at 3.00pm.
No experience necessary, call Nerida on 6493 4364 or
Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3a.net.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child-centred play-based learning for 3-5 year
olds, reflecting Early Years Learning Framework.
Qualified, creative staff. Contact 6493 6660 (Tues-Fri)

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on a
Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175, Mary Cooke 6493 7320 or
Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glennda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
regular club nights. Whether beginner or pro, come
and experience the joy of photography in a friendly
atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome. For
information ring John "Robbo" Robinson on
6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

DATE	EVENT	WHERE	WHEN
Wed 3	social bridge	Tilba Valley Winery	from 2pm
Fri 5	first night of 'iGNiTe the Beat'	Quaama Hall	6pm
Sat 6	stories & writing with Sarah Gardiner	Well Thumbed Books, Cobargo	10.30am
Sun 7	'Humbug'	Tilba Valley Winery	1pm
	Reg Mombassa's 'Dog Trumpet'	Murrah Hall	2pm-5pm
	'Tony Jagers'	Bermagui Beach Hotel	4pm-7pm
Wed 10	public dinner with Helen Caldicott	Il Passaggio, Bermagui	6pm
Fri 12	ecstatic dance	Quaama Hall	6pm
Sat 13-Sun 14	Cobargo AP&H Society Show	Cobargo showgrounds	weekend
Sat 13	books & writing with Carolyn Hirsh	Well Thumbed Books, Cobargo	10.30am
Sun 14	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	1pm-5pm
	'Sami'	Bermagui Beach Hotel	4pm-7pm
	community documentary screening	Cobargo CWA cottage	4.30pm
Sat 20	Open Day	Kamalashila Tibetan Buddhist Centre, Tilba	11am-4pm
	karaoke	Bermagui Beach Hotel	8pm-12am
Sun 21	working bee (karma yoga)	Kamalashila Tibetan Buddhist Centre, Tilba	10am-3pm
	'The BEEZ'	Tilba Valley Winery	from 3.30pm
	'The Awesome'	Bermagui Beach Hotel	4pm-7pm
Tues 23	full moon dance	Quaama Hall	from 6pm
Fri 26-Sun 28	Cobargo Folk Festival	Cobargo showgrounds	weekend
Fri 28	'Play it Cool'	Bermagui Beach Hotel	4pm-7pm
MARCH			
Wed 2	social bridge	Tilba Valley Winery	from 2pm
Sat 5	'The Strides'	Murrah Hall	6pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage Cobargo	10am-3pm
	BINGO	Bermagui Country Club	10.30am
	No Lights No Lycra	Cobargo School of Arts Hall	start 6pm
2 nd Monday	Tilba CWA meetings	small hall Tilba	10am
Tuesdays	Bermagui Seniors' Social Club	Bermagui CWA Hall	10am-2pm
1 st Tuesday	Bermagui garden group	venues vary, phone Heather: 6493 5308	
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	Weightlifting Club (info 6493 5887)	Bermagui Sports Stadium, Bunga St.	4pm-6pm
	meditation classes	Kamalashila Tibetan Buddhist Centre, Tilba	
	Dru Yoga class	Cobargo School of Arts Hall	from 10.30am
1 st Wednesday	Bermagui Historical Society meetings	Bermagui Museum in community centre	2pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, 36 Princes H'way Cobargo	10am-11am
2nd Thursday	Seniors Pick the Numbers	Cobargo Hotel	from 11am
	Fancy Thursdays dress ups	Tilba Teapot	2pm
4 th Thursday	Tiny Teddies playgroup	CWA hall, Bermagui	10am-12 noon
Fridays	meat raffles	Cobargo Hotel	from 5pm
	CRABs raffles	Bermagui Beach Hotel	from 5pm
Saturdays	Laneway markets	Cobargo main street	from 9am
last Sundays	Bermagui Red Cross Markets	Dickinsen Oval, Bermagui	9am-12noon
ART			
thru Feb, opens 10am, Sat 6	'White Colour' exhibition of paintings by Suzy McKinnon	Lazy Lizard Gallery, Cobargo	10am-4pm M-F Sat till 1pm
Thurs 11-Tues 23	'Eccentric Accessories Exhibition'	SoArt Gallery, Princes Highway, Narooma	opens Thurs 11 at 6pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month