

The Music Keeps Growing at Wallaga Lake



Alison Walker sang with a band for the first time

The Grow the Music Wallaga Lake Community Concert was held on Friday night, 18 November at the Koori Village hall, and enjoyed by 400 people.

This was the second year running that the Grow the Music project took place at Wallaga Lake, thanks to Project Co-ordinators South East Arts and funding through Indigenous Languages and the Arts (ILA).

The concert was the culmination of weeks of hard work by both the performers and the Grow the Music facilitators, music teachers Lizzy Rutten and Jen Brightwell, and professional filmmaker Dean Brosche. They spent almost every day for a month developing the performances, which included youth bands, Bermagui Hip Hop/R & B talent Gabadoo and singer Alison Walker, and included the screening of five fantastic short films made during the project. One of those films was a unique piece about the significance of Gulaga

Mountain, featuring Warren Foster Snr. In another first, six women from Wallaga came together to form a choir called the Ngaardi Sisters, and they made their much-anticipated debut performance.

Special guest Neil Murray, co-founder of the Warumpi Band and one of Australia's finest singer/songwriters, performed with Gabadoo on the night and played a set of his loved songs including Warumpi Band classics *Waru* and *Blackfella Whitefella*.

The evening began with a fantastic performance by the Gadhu Dancers and Welcome to Country by Uncle Paul Campbell. There was local art for sale on the night including hand-

painted violins, and all the money raised from the gold coin donations will go to the Ngaardi Women's Group at Wallaga Lake to contribute to kids activities. Jazz Williams is South East Arts' Aboriginal Creative and Cultural Engagement Officer, and can see the power in events like this.

"Our big heartland concert at Wallaga Lake Koori Village on Friday night was an unparalleled display of community engagement and support for the Wallaga mob," Ms Williams said.

"Connection through music is a vital way to bridge the gap between Aboriginal and non-Aboriginal communities. I'm immensely proud of all the kids, musicians, painters and dancers who brought the show to life.

"And I'm deeply grateful to the Wallaga community for welcoming us, supporting us, guiding us and teaching us. It's very emotionally charged for me,

because I grew up in Bermagui, I love the Wallaga community and my soul soars when their talent and knowledge are appreciated.

"It's our highest priority now to find sustainable funding to ensure the Grow the Music concert at Wallaga becomes an annual event. South East Arts will be making further announcements soon about other exciting programs and initiatives we are working on to increase the presence of Aboriginal art and culture across our regional arts landscape."

South East Arts would like to extend their thanks to the following, who supported the project: Magpie Music, Merrimans Local Aboriginal Land Council, Woolies Bermagui, Honorbread, South Coast Dairy, Scott Baker and Bega Valley Shire Libraries, Red Cross Narooma, Penny Jones and Susan Bear.

Jazz Williams



Raymond Parsons. All the kids received instruments to keep as part of Grow the Music's instrument donation program

It's that fabulous time again when we take stock of our achievements throughout the year and prepare for some relaxation over the summer holidays.

On behalf of *The Triangle*, I would like to thank *you*: advertisers, sponsors, printers, readers and contributors, for your support and encouragement throughout the year, well done! I would also like to acknowledge *The Triangle's* dedicated and talented team who put in a giant effort each month to produce a great newspaper.

Thinking about social activities over the coming months, I noticed an

article about 2017 pre-school enrolments. Preschools are places that focus on developing cognitive and social skills in children 0 to 6 years of age, the years when the brain develops more and faster. While the preschool agenda includes development of cognitive skills, it's the experience of play and learning to get along with other children, to negotiate and create win-win outcomes and to develop a sense of self that prepares a child for the rest of their life. Highly trained staff at preschools are well equipped to develop and implement stimulating programs for

children.

Household economic factors can affect parents' decisions about sending children to preschool, and often, in this area, the lack of suitable work or accommodation opportunities can prohibit families settling here, thus affecting enrolment figures. Some families need to reduce the number of attendance days. Whatever parents can manage would be a worthwhile family investment and a great gift they can give their children for their future years.

Happy and safe holidays! Love one another.

Letters to the editors

Thank you Cobargo

As a newcomer to Cobargo, I'd like to thank all those who have made me feel so welcome these last two months.

To all those lovely folk who have come and said hello, brought welcome gifts, plants and food as well as offerings of help, contacts and friendship I am both moved and appreciative of your kindness and generosity.

Special thanks to the surrounding residents and businesses who have put up with the noise (especially my neighbours either side, Life's Little Pleasures & Harro's Dog Grooming Salon, for their patience and understanding).

I look forward to restoring the property to its former glory and being part of Cobargo's evolution, in accordance with the values and visions of this wonderful community.

Monique Germon
Cobargo

Wild life under attack

Last month a wombat caused great excitement when it ambled across the highway at Narooma late at night.

In the future, if the proposed legislation to weaken gun laws and regulations controlling sale/use of crown lands is passed by a government anxious to appease the hunters and "reduce red tape", will it be OK for an amateur hunter to fire at a wombat in what he claims as "conservation" or "cultural rights", or will he just be honest and say, "It was the thrill of the kill", and get away with it?

The idea that shooting animals is a fun, recreational activity is especially harmful when presented as a family event along the lines of an American HuntFest. The gun dealers at this event promote gun ownership as being affordable, desirable and achievable, and no doubt will be anxious to introduce the rapid firing Adler 110A or its equivalent to their arsenal in the years ahead.

In a media release put out by the many conservation groups opposed to the sale and transfer of Crown lands NSW, National Parks Association CEO, Kevin Evans said, "The government is on a crusade to strip

away legal protections for wildlife in NSW, first by facilitating a fire sale of Crown lands, then by scrapping land clearing laws and repealing the Threatened Species Conservation Act".

If we lose our wilderness areas and native animals we lose the very heart and soul of this beautiful south coast region.

Join groups like Stand Up for Nature Alliance to oppose any further relaxation of the regulations surrounding the use and proliferation of firearms, and the handing over of crown land to property developers and local councils without guarantees of strong environmental protection.

Susan Cruttenden
Dalmeny

Please care for our beaches

With summer fast approaching, Bermagui Dune Care would like to remind readers, both locals and visitors alike, of ways they can care for our beaches.

Guidelines for caring include:

1. Please place all litter in bins or take it home with you. This includes cigarette butts, drink containers, hooks and fishing line. Litter is unsightly and dangerous—it may injure beach users or wildlife.

Street litter can reach the beach via stormwater drains at Horseshoe Bay and the Harbour.

2. Please use and stay on designated access ways and avoid walking across vegetated dunes. This minimises damage to plants and disturbance to animal habitat. Stable dunes are more resistant to erosion. Native vegetation is protected.

3. Please do not light fires on beaches or in dunes as they are illegal in NSW. Fires produce embers that remain very hot even when buried in the sand. This can cause serious burns to unsuspecting people or animals, and also creates the risk of

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Letters to the editors (cont.)

wildfire. Irreplaceable habitat is lost when firewood is gathered from beach areas.

4. Remember all Bermagui beaches are vehicle-free, to protect people and habitat.

5. Dogs must be on leashes at all times unless the beach is signposted as a «leash free area», such as sections of Beares and Haywards Beaches. Dogs are banned from some beaches and coast walk sections for health reasons and/or to protect wildlife habitat, so please check with Council. No dogs are allowed on national park beaches. Always remove animal waste, out of consideration for other beach users.

6. Properties adjacent to beach reserves should be carefully maintained to prevent garden plants escaping into the dunes. Dumping of garden refuse is prohibited. This helps stop weeds growing on the dunes at the expense of native plants and avoids costly weed controls.

The beaches in and around Bermagui, and their dunes, are among our most important natural assets. Please ensure they are cared for properly.

*Karen Joynes, Co-ordinator
Bermagui Dune Care*

Skills not plastic

Appreciating old skills is what we admired about Australia when migrating 30 years ago and it is still valued today: sign writer John Davidson on the photos hand-painting the numbers onto the freshly re-painted black Tathra Post Office boxes.

He recalled that he had painted those PO boxes seven years ago. Deb Alker from Tathra Post office commented that stickers never hold that long. That would be especially true, when the sun is hitting them and the heat would dissolve the glue.

We cannot replace some trades and skills with plastic. Quite often repair of quality items is far better than buying a new plastic item instead, which sometimes breaks during the first use. Antique items are only still around because they used quality materials, good craftsmanship and people looked after them. Often Mr FixIt had to come up with problem solutions when original parts were not available any more.

Vintage cars are a great example of old-fashioned, lovingly restored vehicles, mostly far more stylish and pretty than new 4WDs, which are not even needed on most roads. In a world which is using five times more resources than our planet can produce, we should really rethink what we buy, if we need it or what impact our consumerism has on our planet.

I know I want my children to still have a liveable planet with clean water, clean land and clean air. As Co-ordinator for Boomerang Bags Bega Valley Sapphire Coast I would appreciate less plastic packaging and supermarkets not handing out plastic bags so liberally, only if clients forgot their own shopping bags or baskets.

*Dörte Planert
Tathra*

Connect

Dear Editors,

There is a newish website at www.whatsonaroundhere.com/australia/nsw/sapphire-coast that shows many events in the entire area. Please add your own events for Christmas visitors. Or go to www.ConnectingMe.com for more.

*Clem Clarke
Bermagui*

Thumbs Up



To the
Cobargo Co-op
for their new sign.
It suits the town,
great job

To those to prune their shrubbery
off the footpaths

To the organisers of the Garden
Party and High Tea at the Quaama Hall
last month. Original, fun and delicious!
Please do it again next year

To Council for fixing the barbecue
at the Cobargo Apex Park and cleaning
and repainting. An excellent response
from contact with council 3 weeks ago

Thumbs Down

It is with
great sadness that
it has been noted
that the friendly
acknowledgement
to drivers on
Wandella/Yowrie
road seems to have disappeared.



Aside from visitors, and being
friendly to visitors is supposedly one
of the things country folk are famous
for, every person on the road is your
neighbour.

To those who don't clean up after
their dogs, particularly when the faeces
are left on the footpath!

Who does the work

The Editorial Committee

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Sarah Gardiner
Ros Hewett
Nerida Patterson

Advertising

Nerida Patterson 6493 7222 (9am-6pm only)

Layout & Design

Sarah Gardiner, Linda Sang & Jen Severn

Accounts

Terry Freemantle Phone: 6493 3114
Mail accounts to:
PO Box 2008, Central Tilba NSW 2546
Email: treasurer@thetriangle.org.au

Area Contacts

Bermagui: Carolyn Banados
bermagui@thetriangle.org.au
Cobargo: Elizabeth Andalis - 6493 6738
cobargo@thetriangle.org.au
Quaama: Bhagya - 6493 8369
quaama@thetriangle.org.au
The Tilbas: Julie Dibden
tilba@thetriangle.org.au

Printing: Excell Printing Pambula
Accounting Services: Fredrick Tambyrajan, Cobargo
Distribution Service: Linda Sang
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Wallaga Lake: Merrimans Land Council, Montreal Store

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Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
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Letters should be no more than 150 words. All letters
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both business and home phone numbers so letters can
be verified. Name and address may be withheld if the
writer prefers.

All communications should be forwarded to:

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Postal address:

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The Triangle is a community newspaper. Its aim is
to provide information and news to the people in the
Triangle area. The committee comprises volunteers
who donate their time and expertise for the benefit of
our readers. *The Triangle* is financially self sufficient
through advertising income. This is a tight budget and
prompt payment of accounts is appreciated. *The
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has a circulation of 1800.

Tilba CWA

December is another busy month of activities for Tilba CWA members. It starts with Carols by Candlelight in the Tilba Small Hall on Saturday, 3 December. There will be the usual fundraising sausage sizzle plus lots of Christmas carol singing for the children and community of Tilba to enjoy.

Then on Friday, 9 December, Tilba CWA will celebrate their members' Christmas lunch at the Nepalese restaurant at Lynches Pub in Narooma. The CWA 2017 country of study is Nepal and all members are looking forward to tasting authentic Nepalese cuisine.

The Tilba CWA Cafe will Pop-Up again on Saturday, 10 December from 9am to 12 noon in the Tilba Small Hall. All welcome to enjoy a cuppa with delicious home-baked Christmas-themed cakes and sweets.

Local Tilba ceramic artist Toni Higgins has donated a gorgeous "Tree of Life" ceramic that will be raffled by Tilba CWA members during December.

Finally, on Monday, 12 December, Tilba CWA members will visit a blueberry farm near Batemans Bay to pick berries and learn more about this tasty, locally-grown seasonal fruit.

All local women are invited to join Tilba CWA members for any of these events.

Tilba Festival

The preparation for the 2017 Tilba Festival is under way. Kelly Eastwood has taken on the Presidency for the committee and will also be doing the publicity. If anyone wishes to get involved at this early stage, please make contact with Kelly on 0416 937 335.

Tilba Wedding

Congratulations to Merryn Apma and Glen Atkinson from Apma Creations, who were married at the Tilba Open Sanctuary on Saturday, 19 November.

SoA AGM

The Central Tilba School of Arts Trust Inc AGM will be held on Wednesday, 7 December at 6.30pm in the Little Hall. All office bearer positions will be open.

Tilba Community Food Share

The Tilba Community Food Share continues on the first Sunday of the month. On Sunday 4 December the Food Share will be hosted at 433 Ridge Rd Central Tilba from 10 am to 12 noon. All welcome to attend to share excess produce. Any questions please call Annette on phone 4473 7213 or Mog on 0401 968 899.

If anyone has notices or news for Tilba Bites, please contact me on tilba@thetriangle.org.au, or 0427 074 901. Photos of humans and their dogs are sought! Please email as a jpeg.



Abundance! Nothing goes to waste at Tilba Community Food Share

RFS REPORT

Well, while most of NSW is experiencing moist conditions, our little corner of the state has dried out considerably over the last month.

The ground is hard, the grass is drying out to the extent that it is brown around rocks in Tilba, and when I drive my ute across the paddock, a few days later it can look as though the wheels must have been coated in Roundup.

We have had excellent seasons for the past two or three years, right through to June this year, promoting prolific growth. Without substantial rain soon, the fire danger will be very much higher than the past couple of years.

All residents and property owners are urged to consider this, and ensure their properties are prepared for what could be a risky summer.

Now is the time to ensure vegetation and rubbish is under control or minimised in order to reduce fire risk.

For guidance go to www.rfs.nsw.gov.au, click on Resources, then Fact Sheets and find the "Bushfire and Your Home" fact sheet.

Some basics include: clean gutters, fit seals around doors and windows to eliminate gaps, keep lawns short, cut back trees and shrubs overhanging buildings, clean up fallen leaves and have hoses long enough to reach around your house.

Tilba RFS has attended several incidents since last publication, including fires, and a motor vehicle accident.

We still need more volunteers, so please consider joining.

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Dave Rugendyke: Man in Red Velvet

Dave Rugendyke wears many hats. From a Rural Fire Service helmet as a volunteer fire-fighter, to a knock-around peaked cap when he's calling Bingo at the Cobargo Hotel, also his ex-Australian Federal Police cap that he wore for 17 years. But it's when he pulls on his red velvet hat, the long one with a white pompon on the pointy end, and white faux fur around his face, that he assumes his most beloved role ... Santa!

In fact, Dave's enthusiasm for Christmas stems from being a foster parent, over the years, for more than 400 children. He knows that Christmas is an exciting time, especially for children, and he goes all out to make it a joyous occasion for everyone in the family and in the community.

His passion for being 'our' Santa and surrounding his home with all things Christmas started over 30 years ago. At their home in Canberra, he and his fearless wife, Barbara, anchored elaborate Christmas decorations to the roof. In Cobargo, we have witnessed a more modest display of strobing lights that showcase the house and everything around it.

About ten years ago, Dave showed his creative and resourceful side by escalating his cache of decorations. Not only would they have flashing Christmas lights, but they would introduce some moving displays. Gathering up a 100-year-old electric motor from his grandfather's shed, the stripped-down motor, some garden hose



The girls visit Santa to put in their wish-lists. (Left to right) Bella Fleidner, Santa and Sarah Rugendyke, Olivia Shipton, Izhaya Cox, Isla Miller holding Ziggy (the dog), Caitlyn Bluett, and Kaylie Cox in front

and about \$30-worth of steel, he created a puppet show titled 'Santa's Workshop'. Handmade elves hammer away, making toys and stirring the Christmas pudding, while Santa pats the dog and pumps the bellows to keep the fire going.

Dave and Barbara are passionate about miniature houses, and their extensive collection puts you right into the scene of a snow-clad village with a Nutcracker Suite, Olde Fashioned Chocolate Company, Oak Creek Mill and East Moreland Windmill. Christmas carols ring out from groups of singers in all quarters of this village. A model trainset featuring a Village Crossing Depot, Main Junction Station and Wall Town Lumber transports you to another

era. Cut-outs of singers and musicians, and Santa in his sleigh with his faithful reindeer, now line their long driveway.

Dave and Barbara start early in November and take a month to set up the displays and decorations. Already their home is a hive of activity with several of their children's school friends dropping in to have their photo taken with Santa and maybe to leave a wish-list for presents.

The red velvet lounge in the main street is another good spot for family photos with Santa, who is there at various times of the day from 1 to 24 December, depending on the weather (Dave tells me it gets hot under all that velvet!)

This year, Dave and Barbara invite people to their house, located just out of Cobargo on the left-hand side of the highway heading north, to see the displays and have photos taken on his deck between 7.30pm and 10pm from 1 to 25 December.

Whether you go to the house or catch Santa in town, declaring, "Yo Ho Ho, Merry Christmas", ringing his bell and waving to passers-by, it's easy to be carried away with the joy that Christmas, and Dave, brings to us all.

'Joy to the world! The Lord is come; Let earth receive her King.' Christmas hymn by Isaac Watts.

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Monday: Bingo, 10.30am

Wednesday: Members Badge Draw, 5.45pm, 6.45pm, 7.45pm

December Entertainment:

2nd: *Glenn Mood*, 3rd: **Monster Kids Toy Raffle plus** \$1000 worth of Meat Trays, Seafood Trays, Fruit & Veg boxes first draw 5.30pm.

Live entertainment from 6.30pm, 9th: *Ray Stephens from 8pm*,

16th: *Dale Huddleston*, 23rd: *Joe Driscoll from 8pm*,

30th: *Wayne Trezise from 8pm* 31st: **(New Years Eve) The Hoops from 8pm**

January Entertainment:

1st: **Family Fun Day**, 6th: *Trevor Best*, 13th: *Reno from 8pm*, 15th:

Monster Raffle \$1000 worth of Meat Trays, Seafood Trays, Fruit & Veg boxes first draw 5.30pm. Live entertainment from 6.30pm,

20th: *Guy Turk from 8pm*, 27th *Joe Driscoll from 8pm*

Sunday Funday a great day out

Trying something just a little different, the Quaama Progress Association broke with tradition for the Quaama Spring Fair last month.

Instead of Saturday morning it was Sunday afternoon and rather than a 'market' sort of feeling, the day was more about gardens, kids and events, races, face painting, storytelling and all-round fun.

The adults parked themselves in front of the veranda and heard from garden guru Margaret Sirl while the kids went from the jumping castle to Annie Bryant's listening space where her words and music cast a magic spell. All the while, the Scouts were hurling wet sponges into the air, thanks to a catapult put together using their knotting skills.

The barbeque smells were wafting around the garden, which is looking terrific thanks to the hall's gardening team. Local musicians added just the right notes.

In the artists' tent, portraits were sketched of those willing to sit before them.

A wonderful display of photographs graced our hall while the photographer roamed the crowd documenting the day. Thank you, Peter Cotton, for the memorable pictures!

The biggest and best bit was the atmosphere. Quaama welcomes all with a relaxed and friendly vibe like nowhere else. Can't wait for New Year's Eve!



The hall looking fabulous

Quaama's Hidden Gardens

The sun came out on what was meant to be a rainy day and gave those who ventured into town to see the open gardens a delightful morning.

Folks from as far as Millingandi and as close as next door pushed past hedges into the private worlds of Quaama. All were surprised by our hidden heavens but the secret is now out! Quaama is way more than meets the eye. This was a trial run complete with errors (the cheap online

balloons burst!) but the feedback was clear: we should do this again next spring—but with cuttings!

Tea and Heritage

The Quaama Hall Committee marked spring in a more traditional way with a Garden Party and High Tea fit for a queen. Celebrating the hall's 114th birthday, the afternoon started with refreshing lemonade and punch on the lawn while



Margaret Sirl spoke on springtime gardening (photo by Peter Cotton)

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local costume historian Kelly Row showcased her passion for period fashions from medieval times to the 1950s. It was a top class parade of men's and women's wear made by Kelly to be true to their eras.

Then we went into the hall for high tea with a spread that I'll bet was the best the hall herself had ever seen. Congratulations to the Hall Committee's Ros Ruth and her wonderful team of volunteers who organised this fantastic celebration of our heritage. It was such a success, everyone thought we should mark the hall's springtime birthday this way every year!

Come to the Quaama Community Christmas Party!

Head to the Quaama Hall on Friday 16



After the parade



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A gold coin donation plus your family and friends is all you need to bring for an evening with a jumping castle and sausage sizzle alongside your neighbours and mates! Get your labelled presents to the shop ahead of the day and Santa will arrive with his bag of gifts for the kids.

A raffle will be held with a holiday cabin in Merimbula for a whole week on offer!

Come one, come all! Ho ho ho!

Come to the Quaama Hall for New Year's Eve!

Bring your picnic, friends and family to the Quaama Hall for another Outside/ In New Year's Eve. From 7 to 9 pm hang out in the lovely hall grounds, eating and drinking with friends and strangers to the sounds of acoustic music on the veranda. Your kids will find each other and create their own fun while you share your picnics

on the lawn.

It's a lovely relaxed community feeling and a wonderful evening on its own. But then ...

At 9pm crowd inside for music by popular demand! Our local musicians have gathered again to light our fires on New Year's Eve, playing rock'n'roll dance favourites from the 70s, 80s and 90s. Dave Hooper has gathered musicians from around the Triangle area to get us moving into 2017. With Dave on guitar, Cam Johnstone on bass, Russell Cook on drums/ percussion, Sol Ramana on sax and flute, Shane Braz on rhythm guitar, Lisa Braz on ukulele and Alison Taylor on percussion, and the whole lot on vocals, this band will pound out the hits and get us on our feet into the new year.

Don't miss the best NYE in the Triangle area! Adults \$10, concession \$5, accompanied kids free. See you there!

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Bermagui's Crystal shop selling a wide range of exquisite crystals, Tarot cards and crystal jewellery. Our services include Tarot Readings, Reiki Sessions and Aroma Touch Technique. We run courses and workshops covering various topics.

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This past month I've been pondering, and discussing with locals, the concept of **community**; considering what it is that makes this little village such a wonderful place; thinking about the people who, over many years of service to the community, have laid down the bones of our daily experience; wondering what it is that has drawn so many like-minded people into our midst. I haven't solved any mysteries, but I do know that most of the people who have moved to the area in the past ten, twenty, or like me, thirty years, feel they were drawn here and are grateful to be here.

Our community service groups are abundant, from the CWA, Fire Brigade, Red Cross and Lions Club to the sporting groups, school groups, commercial groups, op-shop and more. And in each of those groups there is a mass of people working without remuneration for the benefit of the community. Even our annual Agricultural Show and Folk Festival, coming up in February, are run by volunteers and all for a population of less than 700 people! Congratulations and thank you Cobargo! You have set an example to be admired.

With Christmas speedily approaching, community contribution will once again be



David Wilson with one of the Christmas decorations painted by his niece Michelle for 'Light Up Cobargo'

on display. Our local Business and Tourist Association is hosting the first 'Light up Cobargo' event, to be held in and around the village, on Friday 2 December.

Driven by Veronica Abbott from Black Wattle Gallery and David Wilson from the post office, the night is shaping up to be a whole lot of fun.

Almost all businesses will be open in the evening, from 6 'til 9 pm, for late night shopping, affording an opportunity for those who are out of town during

business hours to do a little local Christmas shopping. Also organised for the event is a whole lot of street fun, including gift stalls, food stalls, live music and a visit from Santa. And of course there'll be the official 'Lighting Up' of the street. Get along and reconnect, in celebration, with your local community.

Is there someone in Cobargo you believe to be worthy of recognition for their contribution to the community? If so the closing date for nominations for the **CWA Citizen of The Year** has been extended, as no nominations have, at this time, been received. Contact Mary Williams on 6493 6167 and send your nomination to PO Box 5114.

Good news for those who have been awaiting the resumption of **Dru yoga classes**. The crisis facing Zahle and her family has now passed and classes will resume in 2017.

And Monday night **dancing** is back! 6pm every Monday evening for an hour of dancing in the dark. Cost is a \$5 contribution towards hall hire for a whole lot of fun and fitness.

And that's it from me for 2017. I wish you all a relaxing, happy and fruitful Christmas and I hope that 2017 brings you many joys and good health.

Carols by Candlelight

On Christmas Eve, 24 December, there will be Christmas carols by candlelight in the park in Cobargo (corner of Princes Highway and Bermagui Rd). The carols will start at 8.30pm, straight after the RFS chocolate wheel and Santa's visit. Musicians, bring along your instruments, and singers and non-singers your voices. For more information contact Fiona Kotvojs on 6493 6080.

Enrol your tots now for 2017

Cobargo Preschool is now taking enrolments for 2017.

We also offer playgroup on Thursday mornings 9am—10.30 am for no cost. Please contact the Centre by telephone on 6493 6660 or email office@cobargopreschool.com.au or drop in.

We are open Monday to Thursday 9am – 3pm.

Share the joy!

The Wandella Hall Christmas Tree event is on again.

Come along on Sunday 4 December at 7pm.

Santa arrives at 8pm.

Everyone is welcome. Families to provide a gift for their child/children and a plate of supper to share, please.

For all enquiries please telephone Joy on 6493 7254.



steopathy
obargo.com.au

Alive Inside at the Butter Factory

Alive Inside, a film by Michael Rossato-Bennett, will be the next monthly community documentary, on Sunday 18 December at 3.30 pm in the Old Cobargo Butter Factory.

Alive Inside's signature scenario shows a torpid older man being outfitted with headphones and an iPod. He hears the first strains of Cab Calloway and immediately brightens, reminisces and boogies—Alzheimer's be damned! This looks like some kind of enchantment (and it happens with several people), but as the author and neurology professor Oliver Sacks and the musician Bobby McFerrin affirm, music just gets through to you.

The facilitator of such miracles is Dan Cohen, a kind, middle-aged technology whiz who has devoted himself to equipping nursing homes with music. The larger message of this advocacy film is that elder care is dehumanising and that music can serve to confirm our essential, irrepressible and shared humanity.

In *Alive Inside*, Michael Rossato-Bennett's uplifting documentary about the rejuvenating power of music, the fountain of youth exists. His camera reveals the uniquely human connection we find in music and how its healing power can triumph where prescription medication



An Alzheimer's patient in *Alive Inside*. "Music just gets through to you."

falls short. View the trailer: search "Alive Inside" on YouTube.

Coffee and tea provided—bring your own mug. To cover the costs a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible!

See you there,

Lena

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at Well Thumbed Books, or
book it by phoning Louise on
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CWA NEWS

CWA at Cobargo has reason to celebrate some awards given at the Far South Coast Group Conference held recently at Bermagui.

Congratulations to our International Officer, Shannon, for winning the International Report Award. This is the second year running that Cobargo Branch has won this award. We also won the Recycled Item award at the same event. Congratulations to Lee, who made a beautiful clutch bag from recycled belts. This will go to State for judging at the State conference in May 2017.

In our coming events, we will be holding a stall at the Twilight Fair at the beginning of December and our Christmas Party will be held after the December meeting at Saltwater Café in Bermagui.

At the time of writing no nominations have been received for Cobargo Citizen of the Year. Just give Mary Williams a ring on 6493 6167 and send your nomination to PO Box 5114, Cobargo.

We would like to wish the community all the best for the Christmas season and for the New Year. Many, many thanks for your support over the past year.

Finally we welcome all women to find out more about what we do to join us at our meetings held each month (except January) at the CWA Cottage.



Mary Williams



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Wednesday, Thursday, Friday 10am-4pm.

New era for CIC

The Cobargo Information Centre (CIC), a dedicated project within the charter of Cobargo Tourist and Business Association, will become an independent incorporated organisation.

Although the decision has only recently been made, the CTBA is encouraged by the fact that one of its long-term projects has matured to the stage of being able to determine its own operational plans and activities, and work within the stringent guidelines of being an incorporated body.

CTBA President, Andrew Haydon, congratulated the Centre on their decision, and believes that this is yet another measure of the ongoing success and forward-thinking of the Cobargo community.

"On behalf of the CTBA committee and CIC supporters in the local and broader tourist community, I wish the Centre every success.

"I firmly believe that the ongoing presence of an information-focused entity can only add value to Cobargo's strong retail and business profile.

"Exciting times for Cobargo, and I suggest that others in the community will join with me in endorsing and welcoming a new phase of maturity and development for the Information Centre," Andrew said.

Under the new arrangement, the CIC will stand alone and be an entity in its own right. Therefore any former or current arrangements made with the CIC under the name of the CTBA will be voided and new negotiations and/or contracts may need to be entered into.

Andrew Haydon

Hurray for Three Wise Mums

This month at Three Wise Mums we're celebrating the "Highly Commended" award we received in the Nature & Health 2017 Natural Beauty Awards for our Herbal Face Polish.

We have in the past received high praise from our customers for this herbal exfoliator and heard the stories about how they scraped the tin to get every last bit of this greatly loved cleanser, but to have a team of health and beauty experts "Highly Commend" our product is just fabulous. Their praise is highly regarded—we know they have tested numerous products and our 100% natural herbal cleanser received their praise.

Thanks to the natural cleansing and exfoliating ingredients, this natural herbal polish will leave your skin feeling cleansed, soft and smooth without the harsh scratching. Your skin will look more radiant and glowing and this herbal polish will soon become your skin's hero as it draws the impurities and oils from your skin, allows your skin to breathe and brings you closer to natural, healthy beauty.

Herbal Face Polish improves the skin texture, removes dead layers, stimulates blood circulation and is an incredibly gentle exfoliator. Your skin will feel clean and conditioned without any hassle or harsh chemicals.

There is nothing nasty or toxic in this cleanser. It's 100% natural and hand crafted fresh in the country. The ingredients come from skin-loving plants and herbs.

Angela Clifford

New era for SoA

We're on the last stage of the refurbishment of the Cobargo School of Arts Hall.

Over the last two years, the kitchen has been upgraded to commercial standard and the interior of the hall has been painted with new blinds replacing the old curtains. Two false walls have been built in the lobby for storage.

The old, heavy trestle tables and wooden chairs have been replaced. From two wonderful grants, there is a new stage curtain and new carpet on the stage floor—thank you very much Bower Bird Op Shop.

Currently the electrics are being upgraded so that we can turn on more than three things at once. Thanks to the Yuin Folk Club, we now have stage lights.

We have also been fortunate to receive a grant from Council to have the back section of the hall restumped—work will be starting on that soon.

Also you'll notice that the hall is being painted. We have paid for the high section to be painted (Council regulations stipulate no volunteer working above two metres) but we, the volunteers, will do the rest, as we did in the inside. Of course if anyone would like to come and give us a hand you can be sure you will be greeted with a huge grin.

The result of all this is that our hall is now being used on a daily basis during the week and at the weekend.

Heating is next on the list and an upgrade of the access to the hall, but there is light at the end of the tunnel.

*Dave Rugendyke and Louise Brown
Cobargo School of Arts*



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Another colourful, creative Quilters' Open Day

Quaama/Cobargo Quilters enjoyed another successful Open Day and Exhibition in the Cobargo School of Arts Hall on Saturday, 15 October 2016. Special thanks goes to the Cobargo Scouts for putting on the sausage sizzle. Also thanks to Freddy's Fabrics, Reiko Healy, The Stitch Connection, and Billija Designs, who helped make the day a success.

We are donating proceeds from the day to the Cobargo CWA to assist with cottage renovations.

Winners were: 1st prize - raffle quilt won by Rhonda Langhorne; 2nd prize - gift basket won by Lauren Lowder; 3rd prize - fabric pack won by Janelle Pearce; 4th prize - embroidered cushion won by Joan Baker.

The Viewers' Choice award went to Marjory O'Brien of Bermagui.

Congratulations to all winners.

Leanne Tett



Marjory O'Brien of Bermagui won the Viewers' Choice award for this creation

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"It's beginning to look a lot like Christmas!" Guess you can say the silly season is well and truly under way as we check our busy diaries and try to fit in all those end of year functions. Our businesses, shops and cafés are gearing up for the influx of visitors over the Christmas holiday period, and the whole town has a very festive feel about it.

In a collaborative partnership between the Bermagui Area Chamber of Commerce and Tourism, the Men's Shed and CRABs (Cancer Research Advocate Bikers), Bermagui's streetscape has been given a boost of festive cheer with the installations of Christmas decorations, lights and those jolly Santas that sit on shopfront awnings. And don't miss the Christmas Carols at Dickinson Oval, Friday 16 December from 6.30 pm onwards.

With summer officially here, let's hope we have another safe and successful tourist season, and an end to the strong winds we have been experiencing. On a more sombre note, there has been a recent spate of car break-ins out at Camel Rock, which is a popular spot for both locals and visitors alike. A recent visitor to Bermagui (and friend) had parked her car in the picnic area to go for a walk on the beach. When she returned, her driver's side window was smashed and there was a lot of damage done to the door.

It's sad to see our lovely tourist areas made no-go zones by people who think it is okay to take others' property. So, if you live in the area of Camel Rock, or are just driving around the area and see any suspicious activity, please report it to the police. Not a good endorsement of our



An exciting line up of artists and artisans display their wares at Frame and Brush

safe, peaceful haven when this happens to tourists.

Market date changes

The Bermagui Handmade, Homemade Market is holding a special holiday season market on Saturday 17 December in its usual venue beside Dickinson Oval between 8.30 am and 12.30 pm. As well, there will be another market day on Saturday 31 December. Bermagui Market is organised by the local Red Cross team and all profits from stall hire fees go to the work of Red Cross in the area.

SES Storm Safe message

Our local SES members are holding a "Storm Safe and Preparation" information campaign outside Woolworths on Friday 9 December. A free sausage sizzle will entice locals to their stall on the day. Make sure you go and say hello to the volunteers and support the work they do. You never know when you are going to need their assistance. New volunteers are always welcome at Bermagui SES, so have a chat

to the crew on duty for more information.

Local Artisans' Market

Save the date for Saturday 17 December from 9 am to 3 pm for another exciting Artisans' Market at Frame and Brush, Wallaga Lake Road (opposite the primary school). With an exciting line-up of artists, designers and artisans showcasing their wares, come and browse the array of handmade jewellery, glassware, ceramics, hand-woven baskets, artworks, clothing and hand-spun scarves, as well as sampling some delicious Middle Eastern food. Sounds like just the spot to do some Christmas shopping! For more information please ring Justine at Frame and Brush on 6493 3380.

South Coast Tourism Awards

Once again, Bermagui was well represented at these awards, with two local organisations reaching the finalist stage. Competition was really tough, but Montreal Goldfield reached the finalist stage in the Cultural Heritage section, and

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Umbrellas on display at the Bermagui Country Club

South Coast Holiday Parks, Bermagui were finalists in the Caravan Parks section. Well done to all those involved. We are sure to see more Bermagui tourist services represented in future years

News on Bruce Steer Pool

Well, the word around is that the Bruce Steer Pool will be repaired and opened before Christmas. Let's hope this is so, because it's an extremely popular swimming place for families with young children and a definite asset to our tourism here in Bermagui. Fingers crossed it's done before our visitors arrive for their summer vacations.

Outdoor exercise station

Those of you who take a regular walk around Dickinson Oval will soon have something else to stretch those muscles and complete your morning workout. Bermagui Area Chamber of Commerce and Tourism, with assistance from Bega

Valley Shire Council, is about to install an outdoor exercise station near the Surf Club and it should be up and running around the end of December.

U3A Christmas Party and rug-hooked panorama launch

U3A members and their guests are invited to the launch of the U3A Community Arts Project and to celebrate the end of another successful year for Bermagui & District U3A.

In 2014, the U3A Rug Hooking group was formed to create a large panorama of Bermagui to hang in the Surf Life Saving Club. All seven panels have been completed and will be launched by the Federal Member for Eden-Monaro, Hon. Dr Mike Kelly AM MP, at the ceremony.

The launch and party will be held at the Bermagui Surf Life Saving Club, Lamont Street, Bermagui from 5.00 to 7.00 pm on Thursday 15 December. Drinks and

canapes for members and guests will be available after the launch.

Umbrellas of Bermagui launch

On Thursday 26 January 2017 Bermagui Seaside Fair presents the launch of Umbrellas of Bermagui 2017 on the lawns of the Bermagui Country Club from 11.00 am to 3.00 pm.

Wander the display of magnificent handcrafted 2.7m shade umbrellas, sponsored by local Bermagui businesses and hand-decorated by local artists.

The umbrellas will be auctioned at the Bermagui Seaside Fair on Saturday 11 March 2017 with proceeds being donated to youth sport in Bermagui.

Merry Christmas and a very happy New Year

2016 has just galloped from start to finish. Thank you to everyone who has given positive feedback to my "Bermi Banter" writings Thank you to all my "ears and eyes" in Bermagui who feed me little bits of information to follow up. Thank you those who have contributed stories to Bermagui Banter. Thank you to everyone for your generosity in supporting The Triangle and our efforts to bring news and views to our communities.

I hope that you all have a joyous Christmas with loved ones. For those travelling, we look forward to your safe return. See you all in 2017.

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Ready to Rescue!



Bermagui rescue vessel leaving base for another rescue at sea

With another busy summer season on its doorstep, Bermagui Marine Rescue is ready for action.

Bermagui is blessed with a safe, secure harbour, and has fast become a mecca for boating and fishing enthusiasts. While the majority of boat owners are experienced and careful sailors, many of those coming to enjoy our beautiful coastline are not, some only taking their pride and joy for a spin during a brief yearly vacation. Some just take it for granted that they will return home safely. Some are ignorant of the dangers faced in open seas and a few are just careless in making sure their boat is sea-worthy.

In the past year, Bermagui Marine Rescue performed 27 rescues, and at a rough estimate more than 50 people owe their lives to the crews who rescue them. People often forget to check their fuel tanks, or maintain their batteries, and simply need a tow back to shore. But a situation at sea can quickly turn into a life-threatening emergency when conditions change unexpectedly, and some rescues involve medical emergencies or boats taking on water.

Currently, Bermagui Marine Rescue has 35 members (with half being women).

Members take on a multitude of roles from Radio Operators to Crew aboard the rescue vessel. Every day of the year, there will be a watch officer on duty in the radio room from 6am to 6pm during the summer period, with an after-hours emergency contact and on-call officer.

Constant training is an important aspect in keeping crews ready for action. Recently, Bermagui participated in the Marine Rescue NSW regional Search and Rescue Exercise (SAREX), which is designed to test the search and rescue practices and coordination of local crews.

Members of Bermagui Marine Rescue, like those in other emergency services, are all volunteers. They are certainly our local heroes! New volunteers are always welcome to join the service and be trained in various roles. If you think that being a member of Marine Rescue sounds like something you would like to do, please give Unit Commander Alec Percival a ring on 0429 494 100, or maybe just drop into their base in the Fisherman's Co-op, Bermagui, for a look around and have a chat to some of the volunteers. Check out their Facebook page for some great photos of the work they do.

Carolyn Banados

Can the CTC's Community Directory help you?

Do you know about our Bermagui Community Directory at www.bermagui.net? If you have a business, an interest group or an event to publicise, contact us to have an entry added to the directory. Standard business entries are free but for the very modest annual fee of \$35 we can include a link to your website as well. For events on our "What's On" page there is a one-off charge of \$30.

In addition, those listed in the Directory might consider the mutual benefits of being members of our association.

These could include greater event publicity or provision of other services. You're welcome to come in and discuss other ways in which we can help.

You can contact us on 6493 3745, ctc@bermagui.net or via the link in the Directory. Call in and see us!

Please be advised that the Bermagui CTC will be closed from Christmas until 3 January.

*Dave Bulman
Co-Manager*



Council erected this sign recently on Pacific Drive, Bermagui, near the Blue Pool. Local residents, angered by the destruction of native vegetation on public land, wish Council well in its endeavour to find those responsible



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Local community solutions a highlight of Tomorrow's World Forum

There has been much misinformation about climate change, in the media and broadcast by past and present politicians, even though we are warned by responsible scientists that "it's not if, but when". In this light, Bermagui U3A decided to hold a forum to not only discuss the implications for our area but also actively think of ways in which these dramatic changes might be met. Seventy people were engaged by the topic.

U3A invited three of its presenters, Ian Dowden (with past experience in human resources and empowering people through social networking), Bill Martin (formerly

with the CSIRO Wildlife Research Division and ACT National Parks Wildlife Service), and John James (an architect, medieval historian, builder, farmer and therapist) to present a more accurate and truthful picture of the ramifications of climate change and to help us to rethink our way of life in the Bermagui area, in order to cope with these expected dramatic changes.

Two academics who have recently joined Bermagui U3A, Katrina Proust (an historian with an interest in human-environment systems) and Barry Newell (a physicist with an interest in social-ecological systems) ran a workshop in the afternoon bringing together all the ideas the presenters had touched on in the morning session.

The illustrations indicating how severe those changes will be in coastal towns helped the audience to understand why we are experiencing such dramatic weather changes, and also to visually comprehend the impact it will have on all our lives.

As the Climate Institute's poll on climate change found, 65% of Australians want to lead the world in finding solutions to these problems and this was aptly demonstrated by our enthusiastic audience. It split up into groups to discuss not only

possible solutions but also strategies for how to help ourselves and others living in our locality when forced to live much less sophisticated lives in a very different world from the one we enjoy today.

The afternoon's facilitated workshop buzzed with activity as participants questioned, explored and posed possible solutions to a future affected by changes such as rising sea levels, increasing sea and atmospheric temperatures and increasing severe weather events. The positive approach to local community solutions was a highlight of the day.

A day full of challenges was rewarding for all! Stay tuned for further U3A activities that address important local and global issues.

*Chris Mason
Curriculum Team
Bermagui U3A*

There will be a combined Christmas Services Baptists and Uniting at Bermagui Union Church, 5 West Street, Bermagui at 7pm on Saturday 24 December. Everyone Welcome!

Then 9am Sunday 25 December, a Christmas Day Service for all the family.

There will also be a New Year's Day service at 5.30am (sunrise 5.45am) at Bermagui Blue Pool car park to welcome in the New Year.

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in the AKT competition



See page 24 for details

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Forests, climate and being human

Forests are vital to climate action. Forests are living, breathing entities drawing down atmospheric carbon dioxide, storing it as terrestrial carbon, and breathing out oxygen. Globally, forests are depleted to one-eighth their size from the beginning of the Industrial Revolution. Forests are living planetary organs which ensure homeostasis and so the conditions for Life.

The magnificent carbon- and biodiversity-dense forests of south eastern NSW are facing a critical moment, the catalyst being the re-evaluation of the 20 year Regional Forest Agreements (RFAs) in 2019 and 2021—either further destruction for another 20 years or, with an enlightened and pragmatic orientation, our forests are preserved and valued for their life-giving contributions to carbon storage, water, air, soil and diversity. The key is switching the management of forests from logging, (read wood-chipping), to carbon sequestration.

Management of the SE native forests has been prescribed by RFAs with attendant myths of 'sustainable logging' and using 'waste wood'; the overwhelming majority of trees felled go to Australia's oldest woodchip mill at Eden. When the RFAs were negotiated two decades ago, climate change and carbon economics were not commonly recognised. Now mature plantations meet all of Australia's timber needs and, locally, state-owned mature plantations at Bombala are in production. Most timber workers are employed in plantations. Forestry Corporation NSW reports show its native forest operations lost \$79 million in seven years. Private loggers and millers lost a further \$1.4 million in 2012 despite accessing publicly subsidised logs. Clearly, managing native forests for timber/woodchips is out-dated economically and environmentally.

All forests sequester carbon. However



Our Southern Forests (photo by Richard Green)

there is a gross reduction in carbon stocks due to logging as unlogged forests are known to contain three times more carbon than logged forests. Logging contributes to greenhouse emissions. Ceasing to log South East native forests could save up to two million tonnes of carbon dioxide emissions per year. At a conservative auction price of \$10-12 per tonne, these avoided emissions could earn NSW a gross income of \$20-40 million a year. The ecosystem service of carbon sequestration (the metric used by the Clean Energy Regulator) has a value for climate change mitigation both nationally and internationally. This service is accounted under the mandatory Kyoto and Paris Agreements, and priced under the Emissions Reduction Fund.

The Great Southern Forest (GSF) proposal is a deeply researched plan for the South East forests supported by a coalition of state environment groups, academics and activists. GSF is a solutions-focused model to manage public native forests in SE NSW for carbon capture rather than wood chipping, funded by carbon emission abatement credits. GSF would generate new revenue, increase regional employment, protect biodiversity, connect fragmented landscapes, enable Indigenous partnerships, consolidate social cohesion, encourage nature-based tourism and importantly, mitigate climate disruption. This new model is relevant and transferable

nationally and internationally. The GSF can reduce forest fragmentation by linking existing state forests, national parks and private forests, thereby equipping forests as a whole with the connectedness and resilience to withstand and ameliorate a changing climate.

Forests are spiritually nourishing individually and for society-as-a-whole. Forests exuberantly celebrate the profound and intimate interconnectedness of Life. Deep ecologists Arne Naess and John Seed speak of forests' ability to permeate and entrain the human mind to the visceral experience of connectedness. Interconnectedness is the foundational, organising dynamic of Life—we are not and never can be separate from each other and our enfolding environment. Yet, separateness is the metaphysical base of our present form of democratic government, leading to dissociated decisions, war mentality and resultant climate change. Interconnectedness *as-an-experience* is the key to the change in consciousness to do politics differently—and hence wise and compassionate exercise of democratic power. As the inner state of being changes, so does thinking, thence behaviours, and in turn social institutions. Forests model and activate the psyche required for stabilising our climate and for peace on Earth (www.greatsouthernforest.org.au).

Rosemary Beaumont



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U3A members visit historic Burnima Homestead

Ever wondered what it would have been like to live in the “late Victorian era”? Well, twenty-two U3A Bermagui members were treated to not only a visual history, but also commentary on “the life and times” of Burnima Homestead, just six kilometres from Bombala. This magnificent 32-room, two-storey mansion and servants’ quarters, set originally on 22,000 acres, was built in 1896 for Henry T Edwards, second son of Captain Edwards of the 17th Infantry Regiment.

The last residing family member, Miss Edith Edwards, maintained and upheld the Victorian wealth and formality until her passing in 1952.

The current owner, Steve Ricketts, has done exhaustive research on the property and the Victorian formal lifestyle and social structure, with some interesting stories about the homestead and its early occupants, making him an entertaining and very knowledgeable tour guide—dressed also in the garb of the time. The six acres of gardens still retain many of the trees from every part of the world, as well as the Bombala River



Burnima owner Steve Ricketts gives a Victorian history lesson to U3Aers at Burnima Homestead passing through the property.

The estate, once totally self-sufficient, still has many examples of machinery and outbuildings that were required for this in those times.

It really is a complete and fine example of a working Victorian homestead and Steve helps step you back into the opulence and tranquility of an era long gone.

A tour of Burnima is highly recommended for lovers of early Australian history, antiquity and fascinating stories by contacting Steve on 6458 3042 or www.burnima.com.au

U3A Bermagui also welcomes members looking for similar experiences – check out www.bermagui.u3anet.org.au for 2017 membership.

Anthony Judge



Burnima owner Steve Ricketts points out formalities and etiquette of the Victorian era to U3A members Bron Judge, Chris and Howard Haynes



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U3A and Sustainable Farming



Ross and Marianne Riddett and Rebecca and Andrew Norman share a sustainable lifestyle at Lemonthyme Farm, Verona

A dozen Bermagui U3A members had the opportunity in early October to visit Lemonthyme Farm in Verona. Our hosts were Ross and Marianne Riddett, who originally hand built this mud brick house planned, planted and established their organic farm.

Our co-hosts, Andrew and Rebecca Norman, joined them a couple of years ago to expand and facilitate further the organic farming lifestyle and business. Their arborist and horticultural qualifications also add value to the farm.

A morning tea, all from the farm's organic produce, was followed by an entertaining and extremely informative tour of the farm, covering sheep and goat husbandry, free range chickens, orchard establishment, fruit production from peaches, apricots, apples, loquats, strawberries, citrus fruits and more, as well as sustainable vegetable gardens.

Ross and Marianne initiated organic honey production which they supply locally as well as having exported to Asia. They have created and are moving toward greater self sufficient, organic and sustainable farming practices for personal life benefits, reducing negative footprints on the planet and removing dependency on chemical farming practices.

Anthony Judge

Can we redesign our world?

On 27 October, U3A Bermagui organised the "Tomorrow's World" Forum to discuss the inevitable impact of climate change and brainstorm the best response on the South Coast.

The Earth has warmed by over 1.2C over 140 years, mainly due to emissions of carbon dioxide, or CO₂, which forms a blanket to keep the heat in. For 450 million years the concentration has never been more than 280 ppm; now it is over 400 ppm.

We have not felt the full impact yet as most of the heat has been absorbed by the oceans. The oceans drive the weather so there has been more violent weather.

The heated oceans are helping to undermine the great ice sheets in the Arctic and Antarctic. Already parts are collapsing with no hope of recovery.

Total collapse would raise sea levels by 70 metres. IPCC reports of minimal impact until the end of the century are misleading, because they have to be approved by every nation in the UN. The latest UN reports go far beyond such conservatism. (John has provided links to three recent reports: go to www.thetriangle.org.au and click on Off the Page).

More critically, the heating of the oceans and the surrounding land is now releasing vast amounts of methane, a gas twenty times more powerful than CO₂, which is creating even more heating. In the last couple of years this effect has really kicked in.

The methane augments the size and fury of wildfires, the collapsing ice sheets dampen the Gulf Stream, the extra heat disturbs high altitude winds, and together turn the oceans more acid, bleach the coral, kill the fish and reduce the earth's ability to heal itself.

Were we to stop all further dumping of CO₂, temperatures would still continue

to rise. The speed of change has so accelerated that many scientists now expect us to reach well beyond 2C during the next ten or 20 years. Therefore we could have a many-metre sea level rise within a decade or so.

The consequences would be momentous. The Netherlands, Bangladesh, northern China, Vietnam and all low-lying areas would be flooded. Hundreds of millions would become refugees. Where will they go for food and shelter?

With the docks flooded can we still import oil and petrol, tyres and spare parts, food and drugs? Can we survive on our own with most of our manufacturing overseas? And over a million people will arrive, seeking refuge from rising seas.

The Forum embraced the idea that we cannot wait for the inevitable. We have to plan for our future right now. We can make electric vehicles, dispense with petrol, grow food and plan alternative roads. We can install solar cooling.

We have the skills and the community that could make this possible. But we do have to start now.

This is for ourselves and our children, and each step makes us healthier right now. If we do nothing there would be panic and mayhem, an impoverished government ruling by decree, lack of all necessities and the terror of local banditry.

To begin dealing with what is coming John James has organised a public meeting in Cobargo on December 1, 11 am to 3 pm. We may be the first in the world to start restructuring our lives.

John James

Baking Buddies

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5

Margherita
Cheese & Tomato Base

5 10 15

Vegetarian
Capsicum, Onion, Olive, Mushroom

8 15 20

Hawaiian
Leg Ham, Pineapple

8 15 20

Chicken
Chicken Breast, Onion, Capsicum, Mushroom

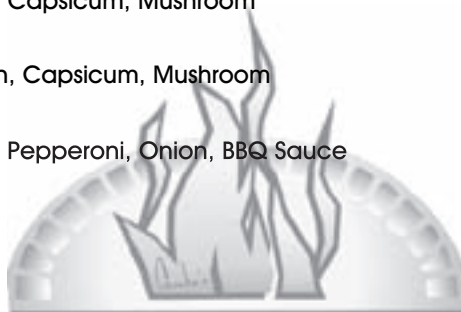
10 17 22

Supreme
Pepperoni, Ham, Onion, Capsicum, Mushroom

10 17 22

Meat Lovers
Bacon, Pastrami, Ham, Pepperoni, Onion, BBQ Sauce

11 19 25



Monday	December 26	5pm - 8pm	Merimbula Short Point
Tuesday	December 27	5pm - 8pm	Island View Narooma
Wednesday	December 28	5pm - 8pm	Narooma Easts
Thursday	December 29	5pm - 8pm	Ocean Lake Park
Friday	December 30	5pm - 8pm	Wallaga Lake Park
Saturday	December 31	5pm - 8pm	Mystery Bay
Sunday	January 1	5pm - 8pm	Bermagui Holiday Park
Monday	January 2	5pm - 8pm	Merimbula Short Point
Tuesday	January 3	5pm - 8pm	Island View Narooma
Wednesday	January 4	5pm - 8pm	Narooma Easts
Thursday	January 5	5pm - 8pm	Ocean Lake Park
Friday	January 6	5pm - 8pm	Wallaga Lake Park
Saturday	January 7	5pm - 8pm	Mystery Bay
Sunday	January 8	5pm - 8pm	Bermagui Holiday Park
Monday	January 9	5pm - 8pm	Merimbula Short Point
Tuesday	January 10	5pm - 8pm	Island View Narooma
Wednesday	January 11	5pm - 8pm	Narooma Easts
Friday	February 24	6pm - 12am	Cobargo Folk Festival
Saturday	February 25	12pm - 12am	Cobargo Folk Festival
Sunday	February 26	12pm - 8pm	Cobargo Folk Festival
Saturday	March 12	11am - 8pm	Bermagui Sea Side Fair
Saturday	March 26	11am - 8pm	Tilba Easter Festival

2016 Triangle Donations

The Triangle was delighted to be able to make donations to three very worthy and diverse local organisations this month. We donated \$350 to ACME Carer Connection (Ron Preston described it as “the highest point or pinnacle”), which is a group that organises a day out with art and music workshops as therapy for carers and people of all abilities.

The Triangle also donated \$350 towards South East Art’s work with “Grow the Music” at Wallaga Lake Koori Village. “As well as improving musical skills for young Aboriginal people,” says Andrew Gray of SE Arts, “this generous support will go towards improving the health and wellbeing of the community. And the timing is great – right now Creative Partnerships Australia Plus 1 is matching all donations, so this \$350



Triangle President Sharon Cole (right) presented a cheque to Ron Preston from ACME Carer Connection

donation becomes \$700.”

We also donated \$350 towards Christmas hampers provided by Women’s Resource Centre. Centre Co-ordinator Gabrielle Powell was delighted, saying that “the donation will make a big difference to local families in need this Christmas”.

Sharon Cole

Share some Christmas cheer this year



Women’s Resource Centre (WRC) in Bega has been providing Christmas hampers to disadvantaged families for

over ten years. In 2015 WRC provided 30 hampers to families including 91 children, a logistical feat.

Donations of non-perishable food will be gratefully received by needy families in crisis leading up to Christmas and post-Christmas. Please deliver to the Bega office at 14 Peden St by Wednesday 21 December.

Please share a little Christmas cheer this year. Thanks for your support.

Gabrielle Powell
Coordinator

Women’s Resource Centre

“Strange and Twisted” Christmas Gift?

“Stories from my Strange and Twisted Mind”, a book I have written and illustrated, is a great gift for Christmas, birthday or just a general cheer up tonic.

This book will hopefully blot out, for even a short time, the reality of the horrors occurring throughout the world today. The murders and rapes, the brutality of which, sadly, we just accept as an everyday occurrence.

It destroys me when I see shaking, petrified, broken children and adults suffering from their horrific existence.

Without trying to sound too critical of our television programmes—how many murders occur each week on various programs? Obviously these shows are enjoyed by so many people. Sadly they quite often believe these are genuine situations.

Well, what about my book?

- you must have a sense of humour to enjoy it
- accept the fact it is not a sin to laugh
- it has been proven medically that a good laugh can improve certain ailments
- it does not contain any murders or rapes or even swearing. If you think back to those great comedians of the past, they did not need to swear to be funny
- you must have an imagination to be able to comprehend some of the ridiculous situations in my book, analyse it, accept it mentally and fully understand the stupidity

PS - I aint no saint.

Where can you view the book?

Ken’s Newsagency in Cobargo; Dave and Vicky’s corner store in Bermagui; Derek’s gift shop opposite Dave and Vicky’s.

Peter Godsall

Come to life at the Vineyard!



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for wine tasting, cellar door sales,
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December/January events:

Sunday Live Music: 4th & 18th Dec, 15th Jan from 1.00 p.m.

Social Bridge: Wednesdays 7 Dec & 4 Jan from 2.00 p.m.

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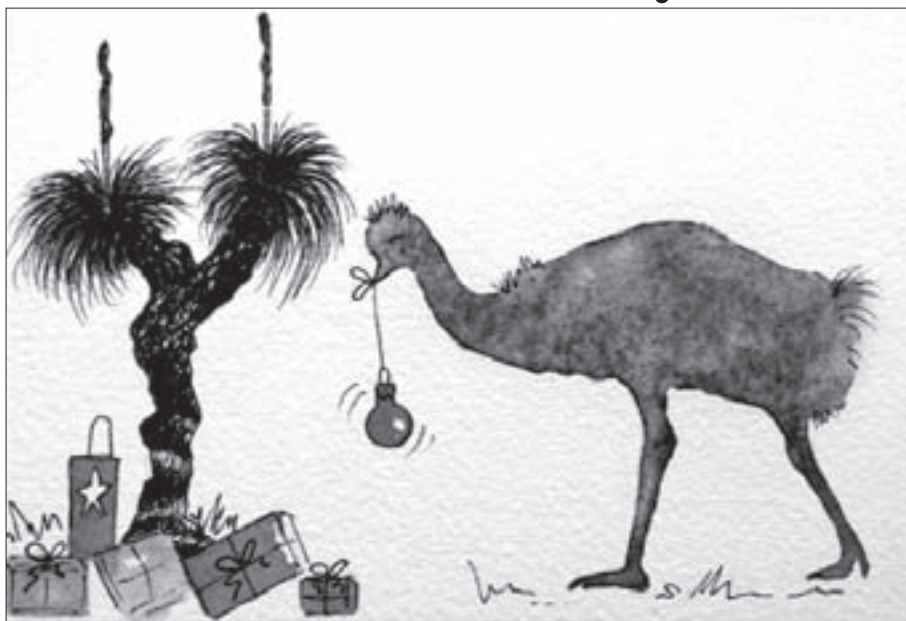
Breaking news and events at the Lazy Lizard

We have some very exciting announcements this month.

Firstly, we are thrilled to welcome a new member to the gallery. Annie Olive has arrived like a breath of fresh air. She is young and enthusiastic, and her work has quality, imagination and loads of the required quirkiness!

Brought up in Queensland, Annie now lives in Dalmeny. She has many creative interests, and at one time studied fashion design, but her current passion is tattooing. It's an influence which permeates her work, which includes lino prints and digitised prints of her drawings, as well as cards and weatherproof stickers (suitable for cars and bikes ... wow!)

Next exciting announcement ... "Light Up Cobargo", on the evening of



Emu Christmas card by Carol Taylor

2 December we will be celebrating the opening of *Waterworks*, an exhibition of paintings by Carol Taylor.

Carol is well-known in this area as an accomplished watercolourist. She produces paintings that reflect her love of nature, using clear, glowing colours and intricate textures.

For this exhibition, she has some lovely mini-canvases that would make excellent Christmas presents and also a range of Aussie-themed Christmas cards.

Finally, to bring in the New Year, we have *Touch Wood*, a Side Room exhibition in January, with a line-up of four prestigious local artists.

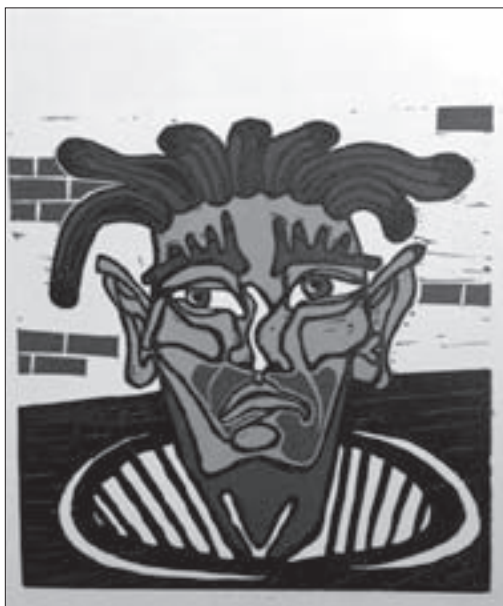
The first three are Steve Stafford,

Ivan Hollis and Peter Storey. They are all exceptional craftsmen who have chosen the medium of fine timber to express their creative ideas and display their skills.

To add to this creative mix (without straying from the realm of wood and trees) we have the perfect secret ingredient: well-known Cobargo artist and printmaker Doris Hoyne.

She will be exhibiting some of her lovely series of leaf paintings. These lustrous, sensitive works will not only be a joy to view by themselves, but will also complement the woodwork beautifully, making this an altogether fascinating exhibition.

Naomi Lewis



Lino print by Annie Olive



December/January Special
Present this ad for a free engine clean with any vehicle service in Dec & Jan
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We are excited to have Josh (qualified mechanic) join our team
Welcome to Bermagui Josh & Tayla



Bermi's Auto's team:

Jim, Marg, Wayne, Rose and Josh,

wish our valued clients a very Happy Christmas and New Year and thank you for your support in 2016.

We will be closed Friday 16 December and re-opening 8am Tuesday 3 January

1 Sherwood Road Bermagui 2546
Ph: (02) 6493 5906 Fax: (02) 6493 5907
email: bermiautos@hotmail.com

The Triangle's Eco Edge Competition

This year's Eco-Edge Prize for the best creative contribution goes to Judi Hearn of Bermagui for her beautiful poem *Nature's World*. You can read it again online in the July issue. Judi wins \$400. Well done, Judi!

Next year we're turning the page over to our youngest readers. Every month we'll publish contributions from primary school-age readers, then at the end of the year there'll be three prizes, awarded to the following age-groups: K-2, Years 3/4, and Years 5/6. Each winner will get \$150.

Photos, drawings, poetry or prose, fiction or non-fiction, the choice is yours, guys. Also we welcome documentation of a favourite project or hobby you may be involved in. For written contributions the limit is 100 words. So get out your pencils or your cameras, your pens or tablets, and have a look around. We need the first round of entries by 22 January for the February edition—send them to environment@thetriangle.org.au

This month's entry is a poem by Kathryn Coughran of Quaama.

From My Window

I *Simple beauty
meets the eye...*

*a still, but ever-
changing
landscape
shades and shadows
shifting
with the sun.*

*Morning fog obscures
detail
across the valley.*

*Mist rises from dam
nestled amid rolling
green
fodder for cows who
wander there
a few times each
week.*

*An orb of earth-
sodden roots
of a fallen tree
on distant
hillside
blends in until
reflection takes it
through the spectrum
of yellows and golds
to burnt orange.*

*Night draws the
shutters
and bathes the hills
in moonlight.*

II *Closer in
galahs parrots
peewees
forage for worms
and seeds
in freshly cut grass
and magpies
drift
around the yard
their baby visits me
on the clothes line
each day and
sings his hallowed
tune.*

*I talk to him
from my window
...sometimes...
he brings his mother
to sit beside him
and check me out.*

III *In the evenings
small brown frogs
graze on white
moths
that flutter
against the glass
drawn by the light.*

*They wait patiently
for their prey
their grey bellies
and suction toes
visible from inside.*

*First there were
two
Freddie and Frieda
we called them...
Soon a third
appeared
a baby
Fredo or Francine
we joked.*

*We leave the light
on for them
until
bedtime so
they
can have their fill
but
they are gone
in the stillness of
the morning
when
simple beauty
once more
meets the eye.*

Porcelain & Politics at Narek A Talented Trio

Marianne Huhn exhibits at Narek Gallery until 8 January

Ivy Hill Gallery 8 December to 15 January

For some time Marianne Huhn has been making functional ceramics with distinct narrative surfaces. The drawn line and text combine to create themes and images ranging from architecture to political commentary. In 2012 Marianne embarked on a PhD at RMIT Melbourne – porcelain and politics in the 21st century and this exhibition comprises selected works from the body of work presented to the examiners.

One of the major works in the exhibition is titled *Displacement*. On the surface of each cup, a story of migration is told through a reference to postage stamps. Each postage stamp depicts a different sea vessel. The stamp on the first cup has a rendition of an historical maritime sailing ship, referencing the arrival of British settlers and the establishment of colonies in Australia. The paired cup, which stacks or sits above, depicts a village of huts. While on the base, convict wrist chains reference the convicts who were bought to Australia in 1788 by the British upon their conquest of the land they called Terra Nullius, which subsequently became known as Australia in the mid-1800s.



Marianne Huhn's porcelain piece *Displacement* is a statement about Australia's migration history

The second pair of cups alludes to migration to Australia following the Second World War. The stamp with a freight ship sits below a cup with the line drawing of a house and small dark figures (fleeing from where and who is unclear). The third pair carries the cup of a mother and her children running from an army figure, depicting the situation or origin preceding migration.

The base cup holds a stamp depicting an Indonesian fishing ship referencing the frequent images of refugee boats that sail perilously from Indonesia to Australia, carrying refugees from Afghanistan, Iran, Pakistan, and Bangladesh. Therefore, the displacement of imaginary contents and people occurs when one cup is piled upon the other.

Narek Gallery is open Thursday to Sunday 10am to 5pm and by appointment. CWe will be closed on Christmas Day and Boxing Day. T

You can find us at the Old Tanja Church, 1140 Tathra-Bermagui Rd, Tanja.

Karen O'Clery



Upright Roo by Gwenna Green

For this exhibition Antonia Haege has painted on the Larapinta Trail, 200 kilometres west of Alice Springs. The dry river beds, soaring red gorges, water holes and ghost gums are depicted in vibrant colours and energetic forms and her abstract and expressive mark-making convey her reaction to this quintessential Australian landscape.

Liz Jeneid's watercolours and drawings in this exhibition were done during artist residencies overseas. These regular times away enable her to have uninterrupted work time and to enjoy other cultures and landscapes. When immersed in an unknown place, there is a constant exchange with the surrounding environment.

Gwenna Green continues her fascination with kangaroos by creating them in clay. She says, "There are lots of kangaroos about the bush here, where I live. They never fail to fascinate.

"When they stand upright, when alerted, they are so human-like, but not. 'With heads like deer, they hop like frogs and stand upright like men' was Banks' impression."

Following this exhibition, from 19 January to 19 February, are Craig Cameron, Kerry Johns and Simon Weber. Kerry Johns has recently won two big awards for her en plein air painting, the Empire Global Art Award at Tuggeranong and EMSLA at Coffs Harbour.

Ivy Hill Gallery is on the coast road halfway between Bermagui and Tathra, open from 10am to 5pm Thursday to Sunday. Closed Christmas week. More information at www.ivyhill.com.au

SAVE the DATES

Umbrellas 
of Bermagui

2017 Launch
Thursday 26th January
Bermagui Country Club

Bermagui
SEASIDE
fair

Saturday 11th March
bermaguiseasidefair.com

Cobargo Folk Festival wins major tourism award

It's quite an achievement for a small village like Cobargo to win a major South Coast tourism award, particularly for an event that has been running now for 21 years and which was a first time entrant.

But that's what happened at a gala night in Wollongong's Historic Aircraft Restoration Museum (HARS) in late October.

Cobargo Folk Festival was awarded the Gold trophy in the "Festivals and Events" category of the NSW South Coast Tourism Awards, ahead of other established festivals like the Eurobodalla River of Art and the Riverlights Event at Granite Town, Moruya.

As festival Executive Director Zena Armstrong said on the night, the award is a tribute to the Cobargo community and to the hundreds of volunteers who come from the Bega Valley and beyond each year to make sure the festival runs smoothly. "It's an honour to receive this on behalf of the Yuin Folk Club and the Cobargo Folk

Festival," she said.

"This award belongs to all the volunteers who have given so generously of their time to make this festival the success it is: from the core group of around 30 people from Cobargo and the Bega Valley who work all year round to organise the festival and the hundreds of people who come from all over Australia to help during the festival itself.

"It's the result of longstanding contributions from people like Reg Dew, our master stage rigger, who has built stages for the Rolling Stones, Madonna and ACDC, and is now building us the best stages on the Far South Coast, and Coral Vorbach and Graeme Fryer, who took on the running of the festival all those years ago when there was only \$400 in the bank.

"It also belongs to the musicians, performers and artists who provide the content for our program, to the businesses of Cobargo and the surrounding district who support us and finally to the many thousands of people who love the warmth and the intimacy of our festival and return year after year."

The festival attracts more than 3000 people to Cobargo and brings



Richard Depledge, Club President, with Coral Vorbach and Graeme Fryer

more than \$1.5m to the local economy. The 2016 festival saw a sizeable increase in attendance with an aggregate 5 000 people attending over the three days and the festival expects similar numbers next year.

Work is proceeding apace for next year's festival. Festival Artistic Director, Dave Crowden, has considered over 340 applications (the most ever) to put together another outstanding program with a mix of local, national and international acts.

Details of performers can be found at www.cobargofolkfestival.com where you can also buy early bird tickets for what promises to be another exciting three days of music, song, dance and spoken word.

The festival is always on the look-out for volunteers who can work in one of the 15 teams that make the festival happen each year. More information on this can also be found on the Festival website.

*Peter Logue
Festival Publicist*



Well-loved local artist Naomi Lewis was this year's winner of the People's Choice Award in the Off the Page competition run by Well Thumbed Books, Cobargo. Here she is with her winning work and her prize from Three Wise Mums

Bermagui Beach Hotel

Monthly specials at the
Liquor @ Bottle Shop.
Meals 7 days: Lunch 12-
2pm, Dinner from 6pm.
Weekday \$12.00 Lunch Spe-
cials. Live Music every Sun-
day 4-7pm

Enjoy a cold Ale or a Wine with friends
then stay for a meal in the Bistro.
Check us out on Facebook or
www.bermaguibeachhotel.com.au
Ph: 6493 4206 Fax: 6493 4859



ABC Cheese Factory

37 Bate St, Central Tilba
02 44737387

www.southcoastcheese.com

Locally made South Coast
Cheese, Ice Creams, Local
jams and preserves, coffee,
milkshakes

Open viewing into the factory.
Milk, yogurt and more styles of cheese will be
made on site in the coming months

Something for everyone over summer at Four Winds

There'll be something for everyone over summer at Four Winds as the new Artistic and Production Team swing into gear! A diverse and inspirational program includes acclaimed Australian of the Year (2009) **Professor Mick Dodson AM**; carolling with the renowned **Choir of St James' Sydney**; *Alice in Wonderland*'s Mia Wasikowski launching Summer Movies under the stars for all the family; and the Four Winds Summer Sounds mini-festival celebrating all sounds great in creative, contemporary music.

Professor Dodson visits the Windsong Pavilion on 18 January at 5.30pm to lead an important conversation on recognition of Indigenous Peoples in the Australian Constitution. Professor Dodson will discuss what form recognition should take, as well as the issue of if and when a referendum on the matter should be held. Don't miss a very special opportunity to hear Professor Dodson speak on this issue of vital importance to all Australians on one of the few occasions he has visited the South Coast.

On 17 December at 8pm experience a peaceful, inspirational evening of Carols in the Pavilion with one of Australia's oldest professional choirs, the renowned Choir of St James'. Recently returned from a tour of Europe under the directorship of Warren Trevelyan-Jones, the Choir of St James' can trace its lineage back to the early years of its Sydney parish and is regarded as one



Professor Mick Dodson AM will speak on recognition of Indigenous Peoples in the Australian Constitution

of Australia's foremost Anglican choirs. Enjoy mulled wine and mince pies in this moment of calm in the run-up to Christmas. Young people are welcome to come along



The Choir of St James, King Street Sydney

to what will be an hour-long, quiet and peaceful performance.

Then when we've all recovered from Christmas Day, Four Winds presents Summer Outdoor Movies on Tuesday 27, Wednesday 28, Thursday 29 and Friday

30 December from 5pm till late. This exciting new event on the Sapphire Coast's holiday calendar screens a series of movie favourites under the stars at the Sound Shell amphitheatre. Beginning with Mia Wasikowski launching the event and introducing Tim Burton's *Alice in Wonderland*, (which earned Mia an AFI Award for Best International Actress), a different family film will be shown each evening. There will also be a 'junior' film in the Windsong Pavilion for little ones before the feature event.

As the holiday season comes to a close, Four Winds plays host to a boutique festival of contemporary Summer Sounds on 26 January from 11am to 9pm. This one-off, jam-packed one-day program draws together a variety of music including surf rock, intelligent pop, indie folk, blues, tango, new flamenco, Americana and country, with a sophistication and sensitivity that encapsulates Four Winds' vision of celebrating music in nature. Fresh new voices representing emerging sounds from our own backyard will join forces with visiting artists from the thriving music scenes of Canberra, Sydney, Bogota, New Jersey, Istanbul, Baghdad and Belo Horizonte in a celebration of rhythm.

For all the details, and to reserve your place, see www.fourwinds.com.au or contact the Four Winds Team on 6493 3414 or visit Jac, Carol or Leah in our office in the Bermagui Community Centre.

Jessica Taylor

One Stop

stock feed, fertiliser
& much more

Farm Shop

stockists of hardware,
fencing, polypipe

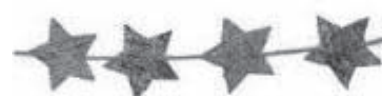
Phone: 6493 6401



COBARGO
CO-OPERATIVE
SOCIETY LIMITED



Baxter Baby Western Boots
size 1-6 \$35



Thunderbird Electric Fence Mains Energiser 15km
\$120 while stocks lasts

For all your Christmas Shopping Ideas come and visit our Nursery and Homewares Section

Soft Footprint Recipes

Quaama Quiisine – some recipes from the offerings at Quaama's Fairs from Glennnda and Diana.

Our food is always popular at the fairs and other community events held during the year at the Quaama Hall. We're glad to be able to share some of the recipes with you here. Enjoy!

Finnish Cabbage Rolls with tomato and onion gravy

This recipe is quite flexible and forgiving—you can use less meat and more rice, or replace the meat with grated carrot, zucchini and ricotta. If the mixture seems too wet just add some more bread crumbs or oat bran. The wonderful flavour comes from the butter. A large cabbage should yield about 18-20 rolls.

Rolls

1 large cabbage and a pot of boiling water that the cabbage will fit into with the lid on

1 large onion, chopped

20g butter

500g minced beef

1½ cups cooked rice

½ cup breadcrumbs

Salt and pepper to taste

½ teaspoon dried sage

60g melted butter, additional

Good squirt tomato sauce

An egg or two, depending on the size

Gravy

1 large onion, thinly sliced

3 medium tomatoes, sliced

40g butter

200ml tomato juice

Salt and pepper to taste

Arrowroot or cornflour to thicken



Method

Cut the core from the cabbage and discard the outer leaves.

Place the cabbage in the boiling water, put the lid on and simmer for 10 minutes. Turn the heat off and leave to sit with the lid off for 5 minutes before draining. When cool enough to handle, peel off the leaves and lay on a dish drainer.

While the cabbage is cooking and cooling, make the filling.

Soften the chopped onion in 20g butter over medium heat.

Put the mince and remaining ingredients, along with the softened onions,

into a large bowl and mix well.

Lay the cabbage leaves out and divide the mixture evenly between them—place the mixture at the base of the leaf. Roll up, folding the edges in as you go, and place into a buttered rectangular casserole dish or deep baking tray.

Cover the dish with a layer of baking paper and then cover with foil. Bake at 180 degrees for up to 1 hour, removing the cover for the last 10 minutes.

While the rolls are cooking, make the gravy.

Soften the onions in the butter, add the tomatoes and when they start to disintegrate add the tomato juice and seasoning. When cooked to your liking, thicken with cornflour or arrowroot mixed with a little water. Serve the gravy in a jug or just ladle over the rolls as they are plated up.

It's better to over- rather than undercook the cabbage rolls. Leftovers are traditionally reheated by frying in more butter over medium to high heat in a cast iron pan.

Chickpea and lentil patties

Ingredients

2 tablespoons olive oil

2 large onions, thinly sliced

3 garlic cloves, crushed

1 tablespoon ground turmeric

1 tablespoon ground cumin

2 cups cooked chickpeas

2 cups cooked lentils

½ cup sunflower seeds

½ cup chopped parsley or coriander

2 eggs, lightly beaten

1 cup plain flour

Salt and pepper to taste

Oil for frying

Method

Soften the onions and garlic in oil over medium heat.

Add turmeric and cumin and stir to combine.

Cook for a couple of minutes and set aside to cool.

Process chickpeas, lentils, sunflower seeds, parsley or coriander, egg and onion mixture in a food processor until almost smooth.

Transfer to a large bowl.

Add 2/3 cup flour. Stir until well combined.

If the mixture seems too wet, add some breadcrumbs or oat bran.

Place remaining flour on a plate. Form mixture into patties. Coat in flour.

Heat oil in frying pan. Fry patties in batches over medium heat for 3 minutes each side, or until golden.

Serve as is with caramelised onions and salad or make into burgers.

Depending on the size, you should get 10 -12 patties from this mix.

Summer Daze - keep watering!

Well, another year is all but over and the following summer months are a critical time to get our gardens through the hot and drier months.

Summer brings with it the usual tasks and although they can seem tiresome they are most essential in the overall upkeep of our gardens.

Watering is without a doubt at the top of the list. Garden beds require a good soaking at least every seven to ten days using a sprinkler and not a hand-held spray. Watering with a hand-held spray is basically just a waste of this valuable resource. Invariably the surface just gets a wetting and water does not reach the feeder roots of the plants, thus encouraging a shallow root system. In periods of extremely dry conditions, plants with shallow roots dry out very quickly and place the plant under stress often leading to death.

Similarly with lawn watering, it is best to deep water a couple of times per week to encourage deep rooting of the grass. This again will assist in preventing the grass drying out. Lift the mower up a couple of notches as more leaf will help

the plant through hot days.

At the writing of this article we have had very little rain and although the grass and paddocks look green it is only surface moisture. Much care should be taken in giving the plants a deep watering before they start to stress. Many of my customers have come in and made comments on how good the rain was the previous day. I usually make a comment that I must have been on another planet at the time as I couldn't recall the last good rain. A light one-millimetre shower of rain does very little for the garden other than to wash the dust off the plants. Don't be fooled as to the benefit to the garden of these light showers. They are usually wasted in wetting the mulch but don't get through to the root zone of the plants.

Maintenance of plants is another task that can be taken care of during the mid-summer period.

Keep an eye out for aphid infestation on roses and new growth on other plants as the aphids like the warmer weather and can do some serious damage to plants. Use a complete insecticide and fungicidal spray to control any pest on the roses including

black spot and powdery mildew.

Practices like watering roses in the early morning and placing the sprinkler in such a position to prevent overhead watering will also assist in the prevention of fungal diseases.

Spring flowering perennials can also do with a tidy-up during this month, removing spent flower heads and any unsightly foliage that might have died. This will encourage another flush of flowers and carry through until autumn.

A repeat planting of summer salad vegetables can take place assuring you of a continual supply of delicious food. Remember to water your tomatoes at root level and not overhead. This will also prevent disease activity. Using a fertiliser high in potassium will enhance flowering therefore more fruit.

Finally, I wish you all a safe and happy Christmas and look forward to providing more great gardening tips in the new year.

Our nursery is now closed at Tilba Tilba but will reopen in Central Tilba sometime towards the end of February. See you all then.

U3A BERMAGUI & DISTRICT

U3A offers classes taught by local members for members.
Membership is available to the whole community.

TERM 1 INFORMATION & REGISTRATION DAY *For Class Enrolment*

Wednesday 1st February 2017

10am – 12noon

Bermagui Country Club Auditorium

Course Enquiries: www.bermagui.u3anet.org.au / Ph: 6493 6300



Fishing for knowledge

Many **Favourites** continue as well as **New Courses**, **One-off Classes**, and **Excursions**.
Some indicative courses and activities so far are;

Botany, Cooking classes, Life and Times of JR Tolkien and CS Lewis, Croquet,
Permaculture Garden Tour, Gardening Consultation, Film & Lunch Club,
Book Clubs, Exercise Class, Language Class, Local Treasure Talk and Lunch.

Our Curriculum Team has many other courses being finalized with course presenters at the moment, and details of these will be available both in our Term 1 Newsletter emailed 1 week prior to, as well as at the **Information & Registration Day in Term 1 2017**.

FOR SALE

Green Leather Lounge suite, 2x2 seater + armchair \$200.00
BBQ Jumbuck 2 burner, flat top, folding legs, still in box. \$60.00 Ph 6493 6246

Kitchen...Narooma, full kitchen includes cupboards, benchtops, wall oven, cooktop and sink. Excellent order - you dismantle or builder will at cost to purchaser. Phone Jan 0409 444 245 to view. \$1000 ONO

Sofa: new, dark blue fabric 2.5 seater sofa. 208w x 90d x 92h (cms). \$950. Can send photo. Contact 4473 7595

Woman's Scarpa walking boots, size 36 (5½), high-quality leather in near-new condition (originally \$249). Price negotiable. Margaretmeerkat@gmail.com

Australorps Pure Bred Breeders-7 Hens & 2 Roosters **Light Sussex Rooster** Pure Bred Show Stock \$30 ono **Barnevelder Roosters** - Young Pure Bred - \$15 each Pam 02 6493 6594

Electric Walking Machine, Fitness \$250 Pam

Roof Rack: Powder coated steel with fitting for gas bottle & fitting for spare wheel plus spare wheel. First fitted on 2002 Toyota Landcruiser \$150 Pam

Trailer easy lightweight metal, registered, ok for carrying kayak or boat dinghy \$450 Pam

Kayak, Glass bottom \$200 Contact Pam 0417 271 435

Ride-on mower: Poulan PXT175G42 with 17.5 HP Briggs & Stratton engine. 42" blade. About 3 years old and recently serviced. Located in Cobargo. \$1500. Call Mark on 0429 443 172

WANTED TO BUY

1 single glass sliding door preferably bronze Ph 4476 8296

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD documents in Times New Roman, 12pt, single spaced.

4. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story.

Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us! Any questions at all, please email us

contributions@thetriangle.org.au

Ian McEwan

Nutshell

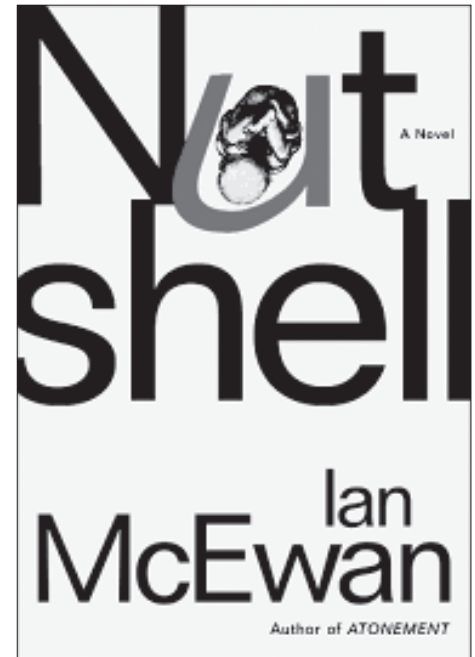
\$27.99

I think I have mentioned before how excited I get when my favourite authors bring out a new book: here we go again! Ian McEwan has surpassed himself this time: the novel is short (200 pages) and can easily be read in one sitting—which I did. The narrator is his youngest ever—in fact, a third-term foetus. He's described as a modern day Hamlet, who lies helpless in his mother's womb, listening to her plot to kill her husband, the father of the foetus.

The co-plotter is her brother-in-law, a truly horrible character and the direct opposite of his sensitive brother (although there is a twist there too).

The conspirators drink copious amounts of wine and enjoy a vigorous sex life, both of which impact directly on our foetus, whose philosophising about the state of the world is worth reading as a stand-alone commentary (see, especially, pages 25-27).

This book is a gem—so may well McEwan live another ten years and continue to produce such fascinating



work. He has promised not to write about golf, income tax or the VAT. Other than that, his imagination shows no signs of diminishing. McEwan really is the grand old man among novel writers, and *Nutshell* is amongst his best.

Pet of the Month

Deb Cox

Spooky the black 6 years old DSH cat (pictured) is one of several cats available at Animal Welfare League NSW Far South Coast Branch. Steffie, the year old DLH, Kitty the 8 years old DMH Tabby cat, Sox the 7 months old Tabby and white DSH, Blue the grey male DSH, and Misty the grey female 6 years old cat also need homes. Buster the year old small mixed breed dog, Digger the 8 months old male Kelpie/ Blue Cattle, Reuban the 10 months old male Bull Arab x, JD the 3 and a half years old male J Rx Staffie, Pebbles the 15 weeks old female JR/mini foxy, Conan the 5 years old male Jack Russell/staffy, and Basil the 7 years old male terrier x are the dogs needing homes.

The cost of dogs over 1 year is \$350 which covers, de-sexing, microchip and lifetime Rego, vac, worming, tick and flea treated and vet check. An extra vaccination is included for pups so the cost is \$375. There are several other dogs and cats on our waiting list to be rehomed so please call 0400 372 609 for more details check our Facebook page www.facebook.com/malWelfareLeagueFarSouthCoastBranch for details.

Why Desexing is Necessary: There are so many dogs and cats being put to



sleep every day because there aren't enough homes for them, so why would you add to this number if you don't have to? If you need financial help to de-sex your pet please visit your local Veterinary clinic for a subsidy application form. Subsidies are provided through the fundraising efforts of members of Animal Welfare League NSW Far South Coast Branch. Call 0400 372 609.

The AWL "Calendar of Second Chances" is now available at all Bega Valley Shire Vet Clinics and Montague Vet at Narooma as well as Coastal Grooming in Merimbula and Harro's Grooming Salon in Cobargo.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church,
Upper St (opposite pool)
Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Meeting at Tathra Beach Bowling Club 11am, Sunday
29th September, Christmas lunch meeting 11am 22nd
November. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays
10.00am Holy Communion, 4th Sunday Evening
Prayer/Contemporary Service 5.00pm
Cobargo: Christ Church - 1st, 2nd, 3rd
Sundays 5.00pm Holy Communion
Quaama: St Saviours- 4th Sunday 10.00 am
Morning Prayer
5th Sunday - One service in parish at 10 am rotation
Contact Rev Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone
Ray Clements on 6493 8472. Meet 1st Thurs. each
month at Bermagui Hotel & 3rd Thurs. at Cobargo
Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at
Bermagui Country Club every Monday afternoon.
Names to be on list by 2:30pm, games start at 3.00pm.
No experience necessary, call Nerida on 6493 4364 or
Sylvia on 6493 4992

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon,
venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New
players always welcome, tuition and friendly games
always available, equipment provided.
Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui. Gold
coin donation. Lots of toys, other mums and bubs,
great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at
Museum in Community Centre, Bunga Street.
Researchers & helpers welcome. Ph Errol Masterson
6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites. 'Grow to Eat and Eat to
Grow'. Contact Paul on 0466 013 153 or visit www.
facebook.com/BermaguiUrbanFoodFarmers

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information
and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues
vary For info phone Robyn Herdegen 6493 8324 or
Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good
transition for children to become familiar with the
surroundings & teachers. All ages welcome.
Bring along a piece of fruit to share. A small donation
would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404 or
Janet 0429 464 894 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy
outdoor activities, have fun. Meetings 6.30pm to
8pm in school term Cobargo Showground dining
hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo
Hotel, 6pm. Contact: Pamela Keenan on 6493 6419

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn
0-6 welcome to join. Cobargo - once a month on
a Wednesday 1.30pm-2.30pm at CWA cottage,
Bermagui - every 2nd Friday 10.30am - 12pm in
the Ambulance Station. Quaama - Wed. by prior
arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All
standards catered for - partners not necessary.
Visitors to the area especially welcome. Further
details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,
7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Thursday of the month, 9am, at Quaama
School of Arts Hall to plan Quaama community
events and projects. Membership \$5pa. New
members and non-members always welcome.
Enquiries: Glenda Heino 0408 411 956. See www.
quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at
11am; 4th Sausage sizzla at 7pm & praise night at
6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 -
12.30 first Wednesday of the month at the swings. All
welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the
2nd and 4th Saturday evening of each month at 5pm.
Music, meditation and shared reflections, supper
afterwards so please bring a plate if able. Meditation
group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at St Paul's Church Hall, Narooma, 7pm;
1st Tuesdays Technical Workshops, 3rd Tuesdays
themed competition displays. We welcome visitors
at the meetings or on our monthly field trips. Ph
Michelle Merry 0409 020 458 & check website.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm
at 2a Brighton Park Road, Beauty Point. Discuss the
Ageless Wisdoms of Alice A. Bailey teachings. Phone:
Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now
paddling on the Wagonga Inlet, Narooma. Phone
0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men are welcome.
For information ring Bill Johnston (president) on
6493 54477 or Fergus McWhirter on 6493 4360

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually
first Friday in month (please check first.) For more
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle*
for non-profit groups free of charge.
If details of your group change, please
advise us at
contributions@thetriangle.org.au

For the Fridge Door

DECEMBER	WHAT	WHERE	WHEN
Fri 2	Light Up Cobargo	Cobargo town	evening
Sat 3	Monster Kid's Toy Raffle	Bermagui Country Club	draw at 5.30pm
Sun 4	Santa Paws for AWLFSCB	Harro's Pet Grooming, Cobargo	morning
	Tilba Community Food Share	433 Ridge Rd, Central Tilba	10am-12 noon
	live music: The Somedays	Tilba Valley Winery	from 1pm
	Heartsong Bega Choir	Christ Church, Hoyer St, Cobargo	5pm
	Santa and the Wandella Hall Christmas Tree	Wandella Hall	7pm
Wed 7	social bridge	Tilba Valley Winery	from 2pm
Thurs 8	WRC Walk against Violence	meet at Kisses Lagoon, Bega	11.15am
Fri 9	live music: Ray Stephens	Bermagui Country Club	from 8pm
Sun 11	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd	1pm-5pm
Thurs 15	U3A mural launch & Christmas party	Bermagui Surf Life Saving Club	5pm-7pm
Fri 16	community carols	Dickinson Oval, Bermagui	from 6.30pm
	screening of 'Cobargo Gnomes'	River Rock Café, Bermagui	6.30pm for 7pm
Sat 17	street wide garage sale	Hoyer Street, Cobargo	8am
	Bermagui Handmade, Homemade Markets	Dickinson Oval, Bermagui	8.30am-12.30pm
	Artisans Market	Frame and Brush, Bermagui	9am-3pm
	carols in the pavilion	Four Winds site, Baraga Bay	8pm
Sun 18	live music: Humbug	Tilba Valley Winery	from 1pm
	documentary screening of 'Alive Inside'	The Old Cobargo Butter Factory	3.30pm
	carol service	All Saints, Wallaga St, Bermagui	5pm
CHRISTMAS EVE			
Sat 24	carols by candlelight	Union Church, 5 west St, Bermagui	7pm
	Christmas Eve service	St Saviours, Quaama	6.30pm
	carols by candlelight	Cobargo Park	8.30pm
CHRISTMAS DAY			
Sun 25	Christmas Day service	All Saints, Wallaga St, Bermagui	9am
	Christmas Day service	Union Church, 5 West St, Bermagui	9am
NEW YEAR'S EVE			
Sat 31	Bermagui Red Cross Markets	Dickinson Oval, Bermagui	9am-12noon
	live music: The Hoops	Bermagui Country Club	from 8pm
JANUARY			
Sun 1	New Year's Day service	Bermagui Blue Pool carpark	5.30am
	Family Fun Day	Bermagui Country Club	daytime
Wed 4	social bridge	Tilba Valley Winery	from 2pm
Sun 8	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	1pm-5pm
Fri 13	live music: Reno	Bermagui Country Club	8pm
Sun 15	live music: Tidal Moon	Tilba Valley Winery	from 1pm
Wed 18	Professor Dodson speaks	Four Winds Windsong Pavilion	5.30pm
Sun 22	felting for beginners workshop	Cobargo School of Arts Hall	10am-4pm
AUSTRALIA DAY			
Thurs 26	Australia Day celebrations	Cobargo School of Arts Hall	from 11am
	launch of 'Umbrellas of Bermagui'	Bermagui Country Club	11am-3pm
	Summer Sounds	Four Winds Rd, Baraga Bay	11am-9pm
Fri 27	live music: Joe Driscoll	Bermagui Country Club	8pm
ART			
Fri Dec 2	'Waterworks' paintings by Carol Taylor	Lazy Lizard Gallery, Cobargo	Mon-Fri 10-4 Sat till 1pm
thru January	'Touch Wood' exhibition	Side Room, Lazy Lizard Gallery, Cobargo	
to Sat Jan 8	exhibition of work by Marianne Huhn	Narek Gallery 1140 Tathra-Bermi Rd Tanja	Thurs-Sun 10-5
Dec 8 - Jan 15	Antonia Haegel, Liz Jeneid & Gwenna Green	Ivy Hill Gallery 1795 Bermi Rd, Wapengo	Thurs-Sun 10-5
Jan 19 - Feb 19	Craig Cameron, Kerry Johns & Simon Weber		
Sat Dec 10 - 17	'The Sum of Our Accomplishments' photographs by Lillian Green	Black Wattle Gallery, Cobargo	Mon-Fri 10-4 Sat 9am-1pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month