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## With a spring in their step...



Veronica Valderama's Flamenco Masterclass at the Quaama Spring Fair last month. Photo: Catherine McEwan

It was a bright, shiny, warm and windless day, rare of late, for the Quaama Spring Fair on Saturday, 19 October – market stalls, kids' craft activities, eating and drinking and chatter on the lawn. But the hum of activity quietened and almost stopped when a young man picked up his guitar and sent a string of bluesy, soulful notes from the verandah.

Connor Ross (see photo, p8) claimed to be unprepared – he had completed a three-hour HSC Ancient History exam the day before – but no apologies were necessary. On guitar, or accompanying his own tracks on trumpet, he charmed the crowd. Looking forward to hearing more, Connor.

Also of note were Rebekah Platts, Carrie Evans, Matilda Sutherland and Daisy Boyle,

who played and sang a couple of sets, also original songs – lovely stuff. On the other stage, Veronica Valderama led a Flamenco Dancing masterclass, which proved so popular that we may see local Flamenco classes soon.

We also heard from Jurnee Onawa about the Black Wattle School, from Annie Werner about a community poultry initiative, from Chris Post about regenerating the Dry River riverbank, and from Mark Moss about biochar and permaculture. Under the oak tree, the young (and some not so young) involved themselves in fabric painting and reverse-garbage sculpture.

It was a lively, warm, busy scene of a small community coming together to share music, dance, knowledge and experience, with a little low-key commerce thrown in – and a

meal, and some laughter.

This has been happening every quarter since the Hall's Restoration Celebration in October 2011, thanks to the Quaama Progress Association, a small but committed group of locals. But maybe it's time for some new blood? Now that these affairs have picked up a momentum of their own, the QPA wants to start focusing on some new ideas and needs to pass the organising of the Fairs to a dedicated sub-team – a working-party, with the emphasis on *party*.

If you're a Quaama local and think that's something you might enjoy, there will be a gathering on Wednesday 6 November at 6pm in the Hall gardens, just to throw some ideas around.

Jen Severn

The development of plastics in all their many forms has been a two-edged sword. In many ways they have made life easier, offering more affordable goods to us as consumers, reducing contamination of foodstuff and avoiding breakage by replacing glass in many cases. Indeed it is hard to envisage a world without plastic. On the other hand it has been so cheap that it seen as having little value and is often discarded thoughtlessly. It has been found

### Letters to the editors

#### Quaama beanie goes to Alice

#### Dear Eds

We had the unexpected pleasure of viewing the magical Beanie Exhibition at the Alice Springs Cultural Precinct (along with many other beautiful and interesting things), during a visit in July this year, and were amazed to see one of the winning entries was from Cathy Blake from Quaama! There seemed to be hundreds of amazing and imaginative beanies on display and it's just a pity your photo wasn't in colour! Congratulations on your win Cathy in the face of such stiff competition.

> Joyce Hutchings Quaama.

#### What about Dave?

The Bermagui Banter article last month described the New face of Makimono with local lady Marianne at the helm. Well I must say thank you for the blurb, but a vital part of the story is missing: Dave! What would Makimono be without the man who makes it all happen. Dave is usually rolling sushi when the early-birds pass the shop and is often found in the evening, his trusty old nail bag strapped on, attending to the whims of Marianne and the changing space called Makimono. Thanks Dave, co-manager, Sushi chef, builder, cleaner and staff entertainer. What would we girls do without you?

> Marianne Hunter, Bermagui

#### le crite to The Tri

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in the gut of dead seabirds, turtles and other wildlife, many Black-footed Albatross chicks die as a result of being fed long-lasting plastic harvested by the parent birds. The plastic debris collects in ocean gyres, the largest of which is called the Great Pacific Garbage Patch.

A big part of the problem is the ubiquitous check-out style light weight plastic shopping bag and with this in mind The Triangle congratulates the BVSC on taking the first step

towards reducing the environmental damage caused by these bags. The Shire Councillors unanimously supported a notice of motion by Councillor Hughes for a ban on single use check-out style plastic bags. The next step, implementing the ban, may be harder to achieve but change is already underway with many shoppers already bringing their own re-useable shopping bags with them to the supermarket. Be the change you want to see is a good motto.

### Great Job Quaama/Cobargo Quilters

On behalf of CTBA (Cobargo Tourist & Business Association), I would like to congratulate the Quaama & Cobargo Quilters on their Open Day held in Cobargo on Saturday 12 October

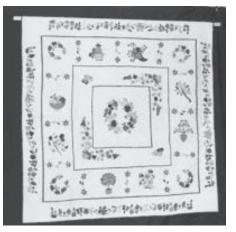
Visitors and locals were treated to a magnificent display of quilts over balconies and in shop windows in the main street and a more comprehensive craft display which was held around the corner at the School of Arts. It really confirms that there is a mass of creative industry and energy going on at the CWA Hall when the quilting group meets every Monday.

As a result of a very successful day, Cobargo Pre-School received a donation of \$800

Events like these have a multiplier effect for other businesses, community groups, employees and families. Quaama & Cobargo Ouilters success was inevitably the result of passionate and hard-working women, and men who are an inspiration to all of us.

Thank you for your efforts, your success was well-earned.

> Sharon Cole President, Cobargo Business & Tourism Association



#### A call for protest

As our 'firies' tag team on and off buses and trucks - endangering their lives and venturing into dangerous fire areas to add their might to the forces in battle - we take a cleansing breath and give thanks for our own safety at this challenging time; a time when our governments choose to ignore science and make decisions on our behalf in support of \$s and economic growth for now, rather than a safe and prosperous future for everyone.

In and around Cobargo, people from all walks of life and political persuasions are voicing their concerns and their frustrations at not having a voice in this dire issue. For the moment however - at least right here in Cobargo - we are safe but, I'm finding, not necessarily silent. If you're one of those many people who feel this way, take the time to write letters and sign petitions. Become a part of the global movement, encompassing people from all over the world, people from all political persuasions, religions and cultures who say "enough"! The time is now to act on global warming! This is not a political issue. It's real!

> Elizabeth Andalis, Cobargo

#### Legs Eleven...

There's a little bit of insanity in Cobargo at the moment, it's called 'Whose Legs Are These?'

Photos of twenty-five of our esteemed residents' legs are on display in Bangles Gallery window and a free entry form is available for you to fill in, matching legs to names. There are prizes for the first five correct entries drawn and a prize for the most easily recognised legs (excluding Muffin and Jenson).

The competition ends on Dec 7 at the Christmas Market and winners will be notified by 14 December. Join in and have a bit of fun!

> Lorraine and Beth, Baking Buddies Cobargo

### DISCLAIMER

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## My Triangle Sharon Cole Sophie O'Meara: In Good Company

One early spring morning on the O'Meara's family farm, Sophie and I were attracted to a very pretty tree, full of blossom - but so were the bees. The loud buzzing noise indicated a lot of nectar-gathering activity and, for a moment, we wondered about the consequences of going closer. Sophie's sister, Ruby, assured us that 'if we don't harm them they won't harm us'. So with this new-found confidence we pressed in closer to the apple tree. It was the perfect backdrop for a photo of Sophie in her new navy blue dress with a white-point lace collar.

Sophie O'Meara is 11 years of age and is the eldest of eight daughters. The things that she is good at and enjoys doing come in very handy at home, e.g. co-ordinating clothes, making cheesecakes and growing beans. Already showing outstanding talent in the cake-icing category, she has been Cobargo Show Society's Junior Champion for three consecutive years - no doubt gaining some useful tips from her great grand-mother, Norma Allen.

One of Sophie's jobs is to bring in the cows for milking so, jumping onto her Suzuki, off she goes happily until a magpie or two start diving at her helmet. Fortunately, the magpie nesting season only lasts for about four to six weeks in the springtime and, understanding that magpies are highly intelligent and familyloving, with such a lovely birdsong, she cuts them some slack and temporarily changes her course to accommodate them. Another bird, an Australian parrot - the small grey Cockatiel - is Sophie's favourite. She has named hers 'Cindy'.

Enlarging her world, Sophie keeps connected with friends at home and across the globe, writing to pen-pals Ethan, Corban and Jiah in New Zealand. She is interested in going to Paris, (did I mention that she wants to work in a dress shop when she is older?) North America and Canada, because she has heard a lot of good things about those places from her father and Uncle Rocky.

At the other extreme, she wants to return to the white sandy beaches and crystal clear waters of Day Dream Island, where dolphins and turtles abound and para-sailing is the sport of the day.

It's in the water that Sophie feels most relaxed and, since she was three, swimming

has played an increasingly important role in her life. Sophie now dedicates a lot of her time to this sport and realizes that she thrives in a competitive environment. Freestyle and breaststroke competitions take her to Australian Institute of Sport events in Sydney and Canberra and beyond. Being on the starting block and seeing all the people in attendance spurs her on to do the best she can do.

Olympic gold medalist, Alicia Coutts recently crowned 'Queen of the Kids' - has been a great encourager to Sophie, bringing home the reality of competitive sport. Alicia's letters, calls, and even visits to Cobargo Pool events, have strengthened the ties between them. Alicia's motto is 'Success isn't final, failure isn't fatal, it's courage that counts'. Her medal tally is testimony to not only being a natural athlete, but having the tenacity and drive to be the best. Throughout her journey challenges and obstacles have been matched with hard work and perseverance. She has become a real-life example to children to be active and committed to achieving their goals.

Alicia's mentoring gets Sophie focused and ready to put everything into her swimming training. Rubbing shoulders with not only Alicia, but Sally Foster, Sam Marshall and Melanie Schlanger, Sophie is taking on board tips about performance and style, swim wear (e.g. caps and goggles), and diet, which all go together to make an athlete perform at his/her optimum level.

Whether in the pool or out of it, good habits are transferable and Sophie's role, as oldest daughter, is to delegate the day to day jobs between her sisters. For one so young, she is clearly not fazed by this awesome task. Parents Craig and Julie are home-schooling their girls, and Sophie says she enjoys the many opportunities it brings, including special projects and stories. Home-schooling has been able to reinforce family values and allow the girls to get closer to their parents and to interact with adults, while fitting in with this family's busy schedule.

With all these foundational disciplines and values in place it is not surprising that when you go to the O'Meara home, a real sense of peace and calm prevails - and everything is going along, well, swimmingly!



Sophie O'Meara

An adaptation from Kate Greenway's Under The Window, 'The Twelve Miss Pelicoes,' first published in 1879

The eight Miss O'Mearas Of course, to homeschool went; Their parents wished them to excel In each accomplishment.

The eight Miss O'Mearas Learned dancing and the globes; Which proves that they were wise, and had That patience which was Job's.

The eight Miss O'Mearas Were eight sweet little girls; Some wore their hair in pigtail plaits, And some of them wore curls.

The eight Miss O'Mearas Were always most polite, Said "If you please," and "Many thanks" "Good morning," and "Good night."

Now, tare ye well, Miss O'Mearas I wish ye a good day; About these eight Miss O'Mearas I've got only good things to say.



### Thumbs Up

to *The Triangle* itself – especially the staff – who continue their effort and endless time supporting all within the Bermi, Tilba, Cobargo and Quaama

areas. It's a great read.

And then to those who support the Triangle. Good On Yas.

Email your thumbs to the triangle2@bigpond.com



### Thumbs Down

to the semi-trailer driver who almost ran down a woman crossing the highway in Cobargo recently and to all those who regularly speed in, out and through our village.



project management

SARAH GARDINER 6493 7316

### Bermagui Banter

#### A whale of a welcome

I am home again... and it is good. After a month on the road, albeit the beautiful Rues and Vias of France and Italy with touches of Korea, it was a wonderful thing to again view the bay of Bermagui from my new home. And lo and behold ... I was fortunate to be in the right place at the right time to observe an exhibition by an adult and junior whale, in the form of tail waving hello. This equalled the 21 Tail Salute of last month, and again brought a smile to my face.

It could be observed that whale stories feature often in the Bermi Banter, though what a gift and reminder of things large and sensitive and worth preserving in our world of change.

#### Waterfront renovation

One matter I did take note of first hand is the new boat berths in our delightful harbour – no, not mother boats bringing new little boats into the world, I mean accommodation berths. The new marina arm of Stage 1 is now complete and almost fully inhabited, with the next Stage kicking off just the other day.

This involves removing the old moorings from the Training Wall and the installation of a similar set of state-of-the-art piles and platforms, adding a further 16 births to the total available for permanent and temporary use. By the way, the old wooden piles are in the process of being appraised for reuse elsewhere, recycling as much as possible.

Apply to the site manager if you have a good use for them.

Along with the moorings comes the upgrade and extension of the surface of the Training Wall - this allows safer use and a cleaner look of our foreshore. In fact, the western end can now serve as a picnic spot from which to watch sunsets, and it has even been suggested that an appropriate table and benches be provided for said purpose.

I, for one, am happy this is not planned, as the natural rocks offer quite suitable seating for any occasion. The local seals may well benefit too, as there are now more gaps and sunning spots for them to make use of.

It is good to be able to serve both man and nature.

Paul Payten



The new marina at Bermagui

### Happy Birthday Magnificent Murrah Hall

There was a Variety Night spectacular on Saturday night that was absolutely tops, all in order to wish our grandmother - or is that great grandmother? - of venues a very Many Happy Returns, for the 110th time. As usual, the event was very well attended. Opening the proceedings was an al fresco performance by That Bunch of Singers, rocking and grooving the best of a Capella variety, from an improv version of Happy Birthday to Gospel and in between. Next, All At Sea, on stage, producing their usual tight, engaging and rhythmic blues and jazz. Amen to that. That man of words, Geoffrey Giuffre, followed bringing chuckles, belly laughs and hoots from the assembled crowd with his wit, timing and personality, rounding off with BBQ wisdom at its best.

Markus K, of the professional and humorous fluting, showed skill and downright experimentation with his medley of classics, followed by multi-layered music and dialogue. Let's see where this innovation goes for him and his audiences. The Bithry Inlets then charmed us with intimate and historic talent on strings and vocals, not the first time (that was 20 years ago) nor the last, I suspect. Go girls! And what can I say about Martin Fowler? Original, emotional, yet direct, musicality from the heart that embraced life and love, for both young and old.

The second half commenced with Premda Lowson performing a short John Cleese speech, *Word Association Football*, to growing disbelief and laughter.

He was followed by the renowned lotus grower and singer songwriter, Grant Mitchell, ably supported by electric guitarist, Tim Carson. They performed three original songs written by Grant.

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### Bermagui Banter

Paul Payten

Then came the main event: Maggie McKinney and the Footloose Strangers. The floor was cleared and it was dance time. They performed a tight, spirited set that had the Hall rocking for the duration.

Murrah Hall's other Diva, Madam Pat Thompson, smiled down from her painting on the wall near the stage. It's the only other time a comparable voice has filled the Hall and our hearts.

Once again, it is apparent, and to be celebrated, that our very own Triangle talent

# is astounding, diverse and available. Ain't art grand? And, I reckon, they do reflect/imitate each other.

Overall, and I could go on still, I do encourage new experiences and places as part of life and education. So go away if you can; though I am here to report that you are right, there is no place like home (read Bermagui, a little paradise). Fortune is smiling on us, I have observed – I say, let's show appreciation and look after our town.



Maggie McKinney and the Footloose Strangers at the Murrah Hall's 110th birthday bash

## **Montreal Goldfield Heritage Day**



#### **The Montreal Pit Singers**

A fantastic day it was according to all the reports we have heard. The weather was just right, without wind or rain - although we need some rain. With volunteers singing their hearts out, wearing their fingers to the bone at the food table, cooking dampers till they were ready to drop, or grinding their legs up to their knees on continuous guided tours, the day just had to be a success. Thanks go to all the extra helpers throughout the day who made it such a delightful occasion.

The relaxed ambience was made special by the bush setting and the songs of *The Montreal Pit Singers* drifting through the trees. Bill's recipe for damper was exceptional, Ian belted his spiders out of iron with flair, and Bev's felting and Jenny's spinning were a step back in time with the Historical Society's display. The bike riders created the sound of thunder and the Lions Club ran out of food. All in all it was a truly terrific experience! Visitors from Eden to the Bay and all parts in between were there which made it a great day.

It was almost a record crowd and our thanks go to everyone who turned up and helped us enjoy the occasion.

The Montreal Goldfield Management Committee

### It's on again at Bermi Public School

It's on again! The Bermagui Spring Fair has turned into the biggest annual fundraiser at Bermagui Public School. Please join us by being a stallholder at the Fair- this year to be held on Saturday, 16 November, in the Bermagui Public School grounds – 'On the Flat'.

We would like our stalls to have an emphasis on local craft and produce. We believe our venue is customer and stallholder friendly, with all the sites being very flat, roomy and easy to access.

Stall sites are \$25. Insurance and stall equipment are the stallholders' responsibility. Please note, all the proceeds from the day go toward helping the children of Bermagui Public School.

We will have amusement rides, entertainment, displays, lucky tickets, raffles, a cake and coffee stand, Tombola, face painting, a second-hand book stall and a host of other attractions.

If you would like to have a stall at the Bermagui Spring Fair, please complete an application form to reserve your spot. Please note, stall placement will be on a first-inbest-placed basis, so be quick! If you have a preferred stall position, please note it on your application form and we will do our best to accommodate your request.

For more information about stalls, please contact Cathy Stark via email on cathys715@ optusnet.com.au or via the school office on 6493 4271

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### Bermagui Beach Hotel

David and Cheryl Webster and James Hillier, who previously held the lease from '99 to 2002, are back!

There's a revamped menu in the Bistro, revamped bottle shop, monthly specials with the Bottle-O Neighbourhood group lines.

There's music every Sunday 4 – 7pm. And soon there'll be a membership system with discounts and other benefits.

Check us out on Facebook: bermaguibeachhotel **Ph: 6493 4206 Fax: 6493 4859** 



### Bermagui Banter

## **Bermagui Gymnastics in Canberra**

Congratulations to the 15 gymnasts (aged from 7 to 15 years) from Bermagui Gymnastics, who travelled to Canberra for the State competitions. Level 5 gymnasts competed at Wanniassa on Saturday, 7 September, and Levels 1 to 4 gymnasts competed at Belconnen on Sunday, 22 September.

Inday, 22 September. Representing Bermagui Gymnastics were: Level 1 Chelsea Hoare (from Tathra) Level 2 Kaitlin Hoare, Ella Brown,

Jasmine Trickey (from Tathra), Coco Bradley, Bridie Cotton, Jaycee Cantrill (from Bermagui) Level 3 Maddison Thornton, Angelita

Hochkins (from Bermagui) Level 4 Sophia Puccetti (from Cobargo),

Drew Buckley, Kyeesha Aldridge-Huntley, Sharlee Cantrill (from Bermagui)

Level 5 Sabine Kildea and Hayley Stark (from Bermagui)

Women's Artistic Gymnastics (WAG)

consists of routines on floor, bar, beam and vault. All gymnasts performed very well, receiving certificates and gaining medals. Everyone had a great day and we look forward to next year's competitions.

Thanks to all the parents for their support and for transporting their children to Canberra. *Ros Jubb* 

Pictured right is Sharlee Cantrill from Bermagui showing us a fantastic star jump during her floor routine. Sharlee demonstrated level 4 gymnastics





Level 1 and 2 gymnasts: (front) Chelsea Hoare, Bridie Cotton, Jasmine Trickey and Jaycee Cantrill; (back) Ella Brown, Coco Bradley and Kaitlin Hoare



Level 3 and 4 Gymnasts (front) Maddison Thornton, Angelita Hochkins, Sharlee Cantrill and Kyeesha Aldridge Huntley; (back) Sophia Puccetti and Drew Buckley



Pictured left is Angelita Hochkins from Bermagui doing the splits in her floor routine. Angelita showed us level 3 gymnastics



## **Bodgies and Blondie**

'Reflections of 1950's Australia', at Bermagui Library, was a morning of discussion and memories based around the 1950's.

There was talk about books, advertisements, images, headlines, objects, films, and music of the 1950s. There was talk about 'bodgies' and Dagwood and Blondie. The event was entertaining and sparked memories about what life was like in the 1950s in Australia. Talk was about the flicks, frocks, *The Famous Five*, the wireless, two bob and the old boiler, taking people back to the post-war era of the 1950's. There was plenty of time for participants to reflect and share personal stories and anecdotes. Important local events and photographs were also part of the discussion. The idea originated from a member of the Bermagui Library Book Chat group who attended a similar event in England.

Members of the Book Chat group enthusiastically organised the event. An enjoyable time was had looking at different aspects of Australia in the 1950s.

There was also much fun and laughter looking at old adverts, film clips, reading up about relevant dates of the era, discussing the music, and reading books relating to that time in Australia.

Pictured right is an advertisement from the Australian Women's Weekly 27 April 1955

### A Shoulder to Ride On

Council representative Penny Green met with Bermagui residents and cycling enthusiasts in early October to outline the Plans and progress aimed at improving road safety for cyclists in the Bega Valley Shire. Council is to be congratulated on its prompt response to the call for a shared pathway from the Bermagui Bridge to the wharf complex, and for the expressed desire to create a 'bike friendly' Shire. It is recognized that there is much to be done to achieve that position, but it is also recognized that there is strong local support from recreational cyclists and mountain bike riders in the district.

Plans showing the proposed shared pathways in Bermagui met with general approval, although there was some discussion regarding the suggestion that the recentlycompleted pathway should be continued along the front of the wharf building on the side facing the ocean. It was considered that the random interaction with tourist foot traffic, children, and the Co-op's normal activities could create difficulties. Consequently, the meeting



Jack Miller (Bermagui Institute) and Penny Green (BVSC representative) chairing the meeting in the Bermagui Community Centre

proposed that it would be more sensible to use existing road reserve areas for the continuation of the shared pathway.

The Strategic Plan for bike paths and shared pathways in the Shire will be released for public discussion in the next few months – however Penny Green was able to speak about the general direction in which it is heading. In essence the Plan is likely to concentrate



initially on developing safe shared pathways for local use within the relevant townships. This concept will then extend to the outlying villages and eventually villages like Beauty Point and Cuttagee would link to Bermagui. Further down the coast in the future we may see a commuter bike path that runs from Tathra to Bega and perhaps even some safe shoulders added on our narrow country roads.

Penny Green made the point that interested community groups can contribute to the process by offering in-kind contributions of labour and expertise. This is often useful in meeting grant application conditions and, in that way, it can help to expedite the development. Jack Miller and the Bermagui Institute Bicycle Division were at the meeting, as were members of the Bermagui Men's Shed, and various other organisations - so there was plenty of talent in the room, with everyone keen to see the final iteration of the Strategic Plan. I am sure some of the riders I have seen on local roads would welcome a shoulder to ride on as well.

Jo Lewis





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### Quintessentially Quaama



Pete Wild gave us his all on 26 October

You can tell it's a local band when their gear arrives in a horse float.

Pete Wild and the Only Ones on Saturday 26 October at the Quaama Hall delivered two sets of songs, mostly original and some covers from other songwriters, well known and not. There was Pete, thoughtful, heartful, funny and honest on piano and guitar; Robyn Martin sweet

### **Reclaim the Riverbank: Update and meeting**

Wow! What a fantastic response we have had so far. Thank you to all the people who have signed up to help with this project.

There will be a meeting at 10.00 am on November 9th at the Quaama Hall, to discuss ideas for how to tackle the problems of weed infestation of the river and riverbank, and your vision for the future look and use of the area.

Please come along to have your say. Part of the morning will involve a visit to the River to see just what we are dealing with. An application for funding was lodged at the end of October, and Anne Herbert, Weeds Officer with BVSC has visited the area twice and given some direction as to how to start. This is a long-term project, but so far things are looking positive, with Council possibly offering support in kind as well.



and sultry on bass and vocals; Anna Martin shining on trumpet; Jay McMahon grinning on drums; and Heath Cullen somewhere behind that curtain of dark hair, folding himself over a collection of guitars, and adding sparse, moody backing vocals.

It was a full house and more. Not sure how many but we have 62 chairs and some benches and many people were still standing. Someone found a row of kindy chairs and stuck them up the front for the kids.

Good on us for giving Pete the audience he warrants; apparently only ten people showed up the night before in Pambula.

Highlights: the opening love song about Candelo – "Market Day", and "Fun Run", where Pete started at a jog at the piano, then picked up the pace at the mic, finishing the song, shirtless, at a standing sprint that had him still puffing through his encore two songs later.

As one happy showgoer said afterwards, "You don't have to travel 400km and pay \$200 to see passionate, talented musicians giving it their all."

ave If you haven't already registered your interest it is not too late. The more people we

interest it is not too late. The more people we have the greater our chance of a successful restoration.

So, bring your ideas and enthusiasm and let's see what we can achieve.

Rose Chaffey





Rising star: Connor Ross played blues at the Quaama Spring Fair last month



Open hours; Thurs thru Sun from 3pm

Upstairs @ Bermagui Fishermen's Wharf

Overlooking Bermagui's North-facing Harbour

Ph: O2 6493 3410 Your hosts Bruce & Janinka



### Jen Severn

## Quaama/Cobargo Quilters Open Day a huge success!

The main street of Cobargo and the School of Arts were abuzz with conversation last Saturday as our Open Day got into full swing. The School of Arts was full, club members and stall holders were very busy explaining, demonstrating and selling all day. People were still coming in the doors at 3pm as Robert Connall of the Cobargo Preschool drew out the winning raffle tickets and we started packing up.

The raffle results are: first prize, a queen size quilt, goes to Jenny Mathie; second prize, a basket of goodies, has been won by Norma Ryan; third prize, wheatfilled heat bag, is for Betty Delamare; fourth prize, patchwork bag, goes to Beth Hunt. Congratulations to all these lucky winners.

We were all most gratified at the compliments given about our lovely quilts, including those hung in the street and in shops for the day, and the doll and apron displays. Congratulations to Tess for putting out your aprons along your fence and joining in the fun.

The winner of the Peoples' Choice was Tracy Coomer for her delightful quilt 'Carnivale'.

Thank you to Freddie, Patto, Reiko, the Bega Spinners and Weavers, Helen Stafford and the Men's Shed for their hard work. We hope you all had a good time and a successful day.

Three cheers for our club members who



At the Quaama/Cobargo Quilters' raffle Robert Connal pulled the winning tickets from a bag (quilted of course) held by Cheryl Turney

worked so hard to set up the displays in the hall and on the street, sold raffle tickets, womaned the sales tables, demonstrated their special skills and encouraged visitors to consider taking up new interests. See you all next year!

Cathy Blake

### Living Well Gardening Workshops

The Women's Resource Centre is pleased to invite women who are community, public or Aboriginal housing tenants to participate in a series of gardening workshops.

**Boost your self-esteem and confidence by working with other women outdoors.** This is an opportunity for women and children to learn:

- full compost making
- seeds, seedlings and propagation techniques

- permaculture-based garden practices
- designing and caring for a food forest
- companion planting
- compost making
- general garden maintenance using alternative controls and more ...

Organic gardening guru and permaculture specialist, Kathleen McCann, will guide participants through a four week course of gardening tips and techniques.

Workshops will be held on Thursdays,

7 and 14 November, 10am-1pm at the Women's Resource Centre, 14 Peden St Bega. Refreshments provided.

To secure your place, or for more information, phone 6492 1367.



The Women's Resource Centre (WRC) is a non-profit organisation that provides information, rejerral, support and arop-in service for women of all ages. WRC acknowledges the funding of Dept. of Housing Community Development Grants.

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Mon Fri: 10am to 4pm Saturday: 9am to 1pm

### **Cobargo Conversations**





Local Chef Linda Sang with River Cottage's Paul West at Cobargo Farm's Open Day.

Of course being from a small village, we have the benefit of community. And within that community, we have lots of diverse little groups and organisations, endeavouring to enrich our lives with celebrations, exhibitions, activities, learning opportunities, gatherings and gifts. One of those groups is Cobargo Quilters, who recently hosted a HUGE and very successful exhibition. According to Quaama's Cathy Blake, the exhibition was the biggest yet, drawing crowds from far and wide to our tiny village. And what a display! These women really are extremely creative thinkers, presenting a display of phenomenal diversity and complexity, exploring new boundaries and enhancing old ones. Great work girls!

And talking about displays of phenomenal diversity and complexity, exploring new

boundaries ... if you were lucky enough to catch Patto's latest exhibition at the Lazy Lizard Gallery, you would have been amazed at the diversity of her work. This woman, living in our midst, has an incredibly creative mind and her pieces are both functional and beautifully original. And of course, the launch party was a whole lot of fun. If you've yet to make the time to have a wander around our galleries, do it! You'll be most pleasantly surprised and inspired.

And speaking of creativity, the South East's Heath Cullen, fresh from his recent tour in the USA, gave a packed house concert this past month at the home of Gabrielle Powell and Daniel Lafferty. What a treat! This exceptional young

man, with his unique style, was promoting his recent album, *Still and Deep*, featuring the cream of American musicians. It became obvious that it's an album in which Heath takes atmospheric excellence to a whole new level, bringing ordinariness to the front of our minds and existence. With the pizza oven fired up, Cobargo's Jay McMahon's accomplished drumming and the exquisitely beautiful voice of ten year old Stella Wotton-McMahon as support act, the evening exceeded all expectations. House concerts are wonderful opportunities. If your home is suitable to host one, do it - it's lots of fun!

Would you consider joining me in ensuring that this Christmas, you do all of your Christmas shopping locally. It's not so



daunting when you consider the HUGE array of options available at our weekly markets, not the mention the wonderful local galleries and gift shops: Lazy Lizard Gallery, Black Wattle Gallery, South Coast Leather, Life's Little Pleasures and the pottery and antique shops. Or you might try the lingerie shop or Kinetix, or the Cobargo Co-op, which has some great kitchen and garden gifts, as does the supermarket. And of course the chemist and Sweet Home Cobargo have lots of gift ideas too. You might even find something in the newsagency with its diverse stock range, or you could buy a voucher to dine at the exquisite Chalk and Cheese or to enjoy a few sessions of Bikram Yoga. The choices are overwhelmingly plentiful! It makes sense - a community looking after itself.

Our very active CWA branch recently held their Annual General Meeting. They are proud to announce that they had no difficulty filling all positions in the branch, with new members stepping up to take on the positions of International Officer and Cultural Officer. They warmly welcome those ladies to the group.

CWA ran a refreshment stall at the Spring Open Garden Day at Cobargo Farm, sharing the day with the local Red Cross. The profits are always welcome and they'd like to thank Janet Doolan for having created the opportunity. It was a lovely day, well supported by locals, and they all had a lot of fun. Their next event will be catering for the Cobargo Co-operative AGM and also catering for a CWA Group meeting at the cottage. They'd like to thank the Co-op for their continuing support.

This year, as well as carrying out the extensive renovation of the cottage and the wonderful day when Cobargo painted the exterior, (and the volunteers were featured on TV) the CWA has been able to make donations to various local organisations, as well as their targeted CWA charities. They have donated to the Rural Fire Service at Brogo, Cobargo and Quaama, and donations will be sent shortly to both local schools for their Presentation Days.

A further donation was made to the Cobargo School Library after their participation in the CWA's 'International Day'. In the targeted CWA charities, the Cobargo branch has donated to the CWA International Fund, which assists women in the Asian Pacific area, the CWA Emergency Fund which assists in providing aid in State emergencies such as fire, floods etc; the CWA Medical Research Fund, this year aimed at Crohn's Disease; and the Royal Flying Doctor fund. CWA funds are raised by hosting events and leasing of the cottage.



### **Cobargo Conversations**

As mentioned in last month's Triangle, the year is speeding towards its close and we need to think about nominating a person for the CWA's 'Cobargo Citizen of the Year', both Senior and Junior. If there is someone who has demonstrated their strong sense of community by their constant hard work, perhaps in the background, now is the time to say thanks. It is for someone who perhaps helps their neighbours, rolls up their sleeves when something needs to be done and doesn't expect any reward, because that is what they do. If you know someone like this, then ring Mary Williams on 6493 6167 or send a letter to CWA Cobargo Citizen of the Year, P.O. Box 5114, Cobargo, NSW.

And don't forget to keep your eyes and ears peeled for the upcoming Christmas Market Day in early December, featuring crafts, talents and activities presented by the whole community - from buskers to crafts, food to wine, and much, much more - a BIG day is in the pipeworks and on its way! Keep alert for updates as they come.

To make contributions to Cobargo Conversations, please send your events, stories, dates, whatever to ellie59lingard@gmail.com by the 20th of each month. We need your contributions.

## You could be a Cobargo Showgirl !

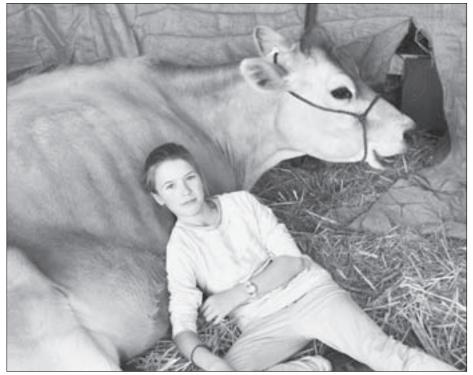


2013 Jnr Showgirl Vashti Herbert and Showgirl Emma Lee, with councillor Anthony Allen, Cobargo A P & H Pesident Kevin Allen, and state member for Bega Andrew Constance

Cobargo Show Society will be holding its annual showgirl competition on Saturday, 7 December, at the Cobargo Showground. We are looking for young ladies with a passion for our beautiful town and Show. Young ladies who are interested (and between the ages of 15 and 25 as at May 2014) are encouraged to contact Bec Miller 6493 6062 or bec\_miller@outlook.com.

Further information on The Land Sydney Royal Showgirl Competition can be found at www.sydneyroyal.com.au/Showgirl.htm .

## **Spring Equinox Open Day Shines**



Rachael Smedley takes a rest after milking demonstrations with her friends the O'Meara girls

On Saturday, 5 October, Cobargo Farm held their annual spring equinox open day. The weather was perfect, how blessed! Sheep shearing started the day. Scott Dibden demonstrated his skills whilst roustabout, 85 year old Bruce, kept up with the best, although stomping the wool bales proved more of a challenge. The children willingly obliged and the job was finished before 11am.

Another highlight for the children was milking the O'Meara's dairy cows. No hand washing was required here. The kids drank with both hands cupped, great to see back to basics. Then it was off to check the pigs out and give them a feed. The fire truck was in the way, not an obstacle, so it was climb over, sound the horn, flash the lights and off to the next event.

The farmhouse was buzzing. Erica Dibden and Linda Sang were cheese tasting, whilst *Dave Hooper and the Bad Examples* gave us music and vocals giving us a sense of peace and tranquillity. On the deck, Paul West and partner Alicia tantalized the taste buds with seafood paella.

A huge thank you to Saltwater Bermagui and Eden Seafoods for their generous donations. The BBQ was alight and Barrarraboo Meats

Bermagui's largest and longest established Real Estate Agency Marshall & tacheci real estate 6493 3333 donated mouth watering steaks, accompanied by the farm's lettuce, rocket and watercress salad. The C.W.A., Red Cross and Rural Fire Service of Cobargo kept the tummies full with morning and afternoon tea and a BBQ.

Wine tasting was well received with Breakfast Creek and Rusty Fig wines explaining the various methods used in their production.

The garden swept around with exhibits and demonstrations. Phillipe captivated his audience creating an amazing array of blacksmithing exhibits. Steve Stafford turned chunks of wood into usable items whilst Helen amazingly made a felt hat from a ball of wool. Margaret Goddard and Di Gee spun the wool, creating masses of colour.

The showcasing and interest just kept going on and on: bread making, soaps, honey. The day was amazing. Everyone was relaxed and chilled.

A huge thank you to everyone who helped, contributed and donated and to all you out there for coming and experiencing a day at the farm.

See you next year, Saturday long weekend in October.

#### Janet Doolin



## Inter-War Years in the Parish in Cobargo

War was over, but death continued. In 1919, the Spanish Flu struck Cobargo - one of the deadliest natural disasters in history. Across the world, more people died during the pandemic than were killed in the First World War and a quick trip to Cobargo cemetery indicates that we were no different - the graves show families losing one child after another. As a result of its threat, many Church services were cancelled during 1919.

Fundraising continued - perhaps there was a focus on clearing all debt associated with the extensive construction activity that had occurred over the previous 15 year period, during which time new Anglican Church buildings had been constructed in Bermagui, Cobargo and Quaama. Dances seemed to have been a central part of fundraising. In Cobargo, an allnight dance was held in April 1921 as a means of raising money. It was anticipated that the cooler evenings would ensure 'all lovers of dancing can rely on having an enjoyable time'. The dance 'was pronounced a great success socially, and quite up to the committee's expectations financially' - £14 was raised. People travelled from surrounding districts to attend and a large number came from Bermagui.

A Wattle Dance was held the following year and was also described as 'one of the most successful social functions of the winter. Golden wattle blooms provided the major effect in the decorations. Across the hall in all directions were extended yellow streamers, and around the walls the graceful burrawang fronds were arranged at intervals heart shaped. The whole effect was beautifully Australian, and the hall never looked better'. Again, it proved successful as a fundraiser ( $\pounds 16$ ) and as a wonderful social event.

When the foundation stone for Cobargo Anglican Church was laid, the Archdeacon said that he hoped that when the new church was built, it would be used, that the people would attend for worship. He added that it might be that many of the parishioners were afraid that the old church would fall on them – that it was certain that they seldom took the risk of attending in the numbers they should. Today, we can assure everyone, there is little chance of any of our roofs falling in on you!

We know that by 1922, if not much earlier, women were recognised in their own right for the work they did. When the male secretary resigned because he left Cobargo, 'Mrs Harris was unanimously elected to (his) position'. The words of Archdeacon Bryant at the laying of the foundation stone for the new Church at Cobargo also recognise the contribution of women in their own right. He referred to the fine work performed by the women of the Parish (in getting to this stage), and said it was the turn of the men to help solidly.

Do you have memories or 'handed down' stories of any of the stalwarts of our Parish and broader community from this time? Maybe you have stories of Richard (Dick) Bate who represented Tilba on Parish Council for almost 60 years, Joseph Summerell who represented Quaama for almost 50 years, or others. Do you have other memories or stories related to the Anglican Church in the Triangle? If so, we would love to hear them as we look to document our 150 years of history for the anniversary in 2014. Please contact Fiona on 6493 6080 or fiona.kotvojs@bigpond.com

Fiona Kotvojs

### **Cobargo Market Day**

On Saturday 7 December, Cobargo will once again be a marketplace of handmade and home grown goods and local produce, including gourmet food and wine at the CTBA's Cobargo Market Day.

The event will showcase Cobargo's amazing uniqueness and talent as it is today, in 2013. More than 40 stalls, the 'Best of the Best,' will be located on the land at the front of the Co-operative. A range of entertainment will feature a visit by Santa.



Cobargo market place in the early 1900s

Bermagui Country Club Members Monthly Draw www.bermaguicountryclub.com.au Sat 30th November 7pm Ph: 02 6493 4340 We have it all ... The Terrace Restaurant - 02 6493 4177 Golf Bingo Wednesday Celebrate Ability Tennis Sunday 10th November, 12-4pm Bowls NEW Members Badge Draw Tickets \$10 - Music, Magic & Monday 11am 5.45pm, 6.45pm, 7.45pm Croquet Mingling and plenty of things for Pool Comps kids to do., 64936494 for more info Raffles 7.30pm Trivia 8.00pm Darts Fishing Sunday 17th November Friday Art & Crafts Wednesday & Raffles - over 30 prizes Monster Raffle Indoor Bowls Friday 7.30pm First draw 7.30pm Tickets on sale from 1.00pm NPL Poker Draw commences at 3pm TAB & Keno Lunch Menu 7 days from 12 - 2pm facilities Thursday Restaurant open 7 days from 6 - 9pm **Registration 6pm** Entertainment for November: Friday 1st: 'Candy' H2o Health & Fitness Studio Tuesday 5th: Melbourne Cup 'Darryl Lamb'; Friday 8th: 'Struth'; downstairs in the club- Check out Friday 15th: 'DJ Daryl Towney'; Sunday 17th: Live music from our website for the latest timetable! 1pm; Friday 22nd: 'Billy Malcolm'; Friday 29th: 'Don Ryan'

### All creatures great and small



Many pets were blessed at a special service at All Saints Church Cobargo

There was a crowd with a difference at Cobargo's All Saints last Sunday. A Blessing of the Animals was held for the congregations' pets which were invited inside the Church to participate in the service.

All pets were very enthusiastic about entering the church and behaved well, participated in the singing of 'All woof Creatures of our God woof woof

and King', and then settled down for the rest of the service. One owner evicted her recalcitrant dog for continually disrupting the service with excited barking. Singing of 'All Things Bright chirp chirp and Beautiful' was followed by an admonition for the pets to be fed, sheltered from wind and weather, shielded from terror and torment, for their wounds to be healed and their grievances to be alleviated.

Rev Rigby blessed each animal with a sprinkling of water from a wattle frond. One hen nearly missed out on the sprinkling, but righteousness and equality prevailed. All pets were blessed with good health, tolerance for those who are different and loyalty to their owners. Rev Rigby gave thanks for the kindness and wisdom of those who have stewardship over all creatures great and small.



Louise Brown with her cow. The cow will be painted and then join her friends in the streets of Cobargo for Christmas

## A well-earned retirement and a request for help

Bronte J Somerset

Welcome to two new residents in the Cobargo Triangle area, Moira and Jim Collins. Whilst Moira and Jim have lived in the Bega Valley for over sixty years, age and health reasons have brought them from their Bega farm.

Their work in the community as dairy farmers, environmentalists and working with disabled people is well known. And notably, since its inception in 2004, Moira and Jim have been deeply involved with the organisation, Bega Valley Advocates for Timor Leste (BVATL). As Team Leader of this group Jim has worked tirelessly for ten years to improve the grinding poverty of rural Timor, in Barique Natabora, located on the south coast and hills of Timor Leste.

In 2004, when Jim first visited Natabora, he was shown an Agricultural College which was isolated, inaccessible, poorly-serviced by roads and government services, and in a state of absolute disrepair. Students, who came from all over Timor, were starving - there was no food. Because there was no protection from mosquitoes, students were ill with malaria and dengue fever - some died as a result.

Concerned and upset, when he returned to Bega, Jim and Moira formed BVATL. In partnership with Pambula Rotary and two of its members, Colleen and Allan Elton, and other foundation members, they resolved to re-build that College - this has been done. Over the years, other basic needs of food, shelter, clean water and sanitation have also been addressed. Communities are now beginning to manage their own affairs and so attain a feeling of self-worth. By listening carefully to the people as they decide what they need, and assisting with some finance and skills, this grass-roots practical approach by BVATL has been most effective.

After ten years of commitment, Jim believes it is time to step back and invites new members to join the organisation. People with practical skills, who are able to accept the many challenges to assist in the development of Timor Leste are invited to attend the AGM of BVATL on 3 December at 5.30pm, at Sapphire Coast Anglican College, and become members of this group. There you will hear more of the extraordinary achievements of this small nongovernment organisation.

Whilst other members, like Colleen and Allan Elton, have also signed off after ten years of extraordinary commitment in Timor Leste, they will still be there as consultants to help and advise those who take on the new challenges. There is still much to be done. Still needed is someone to teach machining skills on a lathe and a mill that are unused. Can you help? Contact Jim Collins 6493 4337 for more information.

> Leona Cairns, Minute Secretary BVATL



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We might just have to call the current season Sprummer me thinks. Lots of high temps and hot winds from the interior making the spring highly sprung. Earthworms report the confusing temperature variations and lack of rain are making gardening a harrowing pastime. As if to reflect the woe the dreaded Koel is back in town whooping it up looking for a mate. With that mournful cry it's no wonder they're lonely.

Although it wasn't a particularly lonely event for the organisers, it's a pity that the Tilba Rural Fire Service Open Day on 28 September wasn't held a few weeks later while the fires west of Sydney were a hot topic. I'm sure the local rollup might've been better. Although there were numerous local and holidaying families turning up throughout the day to give the kids a good look at the gear, the main purpose of the day was to interest the local grown ups' active participation in the Brigade. Publicity Officer, Harry Bate, was grateful for one new sign-up on the day and the crew thrilled with a very generous \$1000 donation from a local. Thats the spirit.

Held on a day of relentless hot winds that well highlighted the potential fire danger to the area, the attending volunteers were on hand to explain the Brigades' duties and equipment to the public. In the main the big draw on the day was for the truck sirens to be sounded for the kids. Hopefully some of those kids will have found a spark to inspire a future interest but, in the meantime, the crew need cool heads in hard hats and hands to the pumps. The Brigade had also organized an award presentation for former treasurer, Ludwig Podlesak, who received a plaque on behalf of the crew to thank him for his hard work over the past six years as treasurer and active Brigade member. Ludwig was suitably moved, thanking the team and relating that it's a good feeling to be appreciated. Ludwig's departure from the Brigade only highlights the need for Tilba to attract more volunteers to fill the spaces left by retiring members. And without being rude many of them are getting on for retirement age, if not there already. When your home is fire threatened do you want a firie on the wrong side of 50 to rock up, or would you prefer someone with a fresher ticker to roll up ... and keep rolling? Harry Bate is happy to talk to anyone who has an interest in helping out in one form or another, be it hands on or in a support role.

We had our big scare in 2009 when the mountain went up, but we were incredibly fortunate that the winds on that occasion were mild and the various local brigades were able to keep it contained. We might not be so lucky next time. As we saw and heard on the media during the October infernos in the Blue Mountains, residents attested to the incredible speed and ferocity of the fires. Many lost their homes and only just managed to save themselves. Without the mighty efforts of nearly 2 000 RFS members the Blue Mountains might well be very black ones instead. It's an early warning that we should seriously heed over the coming weeks.

On a less curly note, the 4th Big Hairy Concert has been announced by the Chamber of



Central Tilba Bush Fire Brigade members at the Open Day held on 28 September. L-R standing: Bruce Allen, Harry Gharzikian, Ludwig Podlesak and Richard Bate. Front: Tralee Snape, Harry Bate, fire dog and mascot Humphrey and his best mate Jane Manserg. These firey folk might save your life one of these days.

Commerce for Saturday evening, 9 November. This very local talent quest was started by the late great Tilba impresario Kaye Ewin and in its three previous incarnations proved to be a highlight of the social calendar. As these knees ups proved there's many a great talent amongst us willing to make potential fools of themselves for the good of the community. Food will be available by Paul West from River Cottage. No doubt it will be local fare and Paul's input an added attraction so pencil the date in. The door price will go to the community for ongoing streetscape work and the proposed picnic area in the Harold Spindler Playground. Anyone with a good rain dance routine is more than welcome.

Things are certainly going bump in the night and in one instance boom out on Ridge Road between certain neighbouring parties. This nonsense has been at large for a long time now. With so much legal loopiness involved I daren't say too much without possibly opening Pandora's box even more than it already is. But when explosives are brought out of the box amongst the incendiary words and actions maybe the nearby residents have a right to know what the flak is going on. Maybe if the cops weren't so busy battling in the courts over other local criminal thuggery matters they might have more time to investigate this silly vendetta. AVOs have a necessary place but they're pretty futile in small communities like ours given there's no real alternate routes and crossing paths is almost inevitable. Only the other day I saw two local people also involved in an AVO driving on the highway nose to tail in their respective cars. It wasn't anything near the 250 metres distance between the parties as required by the law. Looked more like 10 to me. Makes the process a bit of a farce you'd

have to say.

Good news that Rob Negus is back on his feet following his terrible roadside accident and long recovery in hospital. As any small business operator knows, when you're crook it doesn't take long for the phone to stop ringing. He's getting back on his feet but there's still all the bills to meet as he catches up. If you, or someone you know, needs earthworks or heavy haulage perhaps you could keep Rob in mind. I'm sure he and the family could do with the work as they try to get back in front.

Before I run off the page, apologies to Albie Donnelly and any others who were confused over the word 'Tardis' in last issue's story on the Lolly Shop. I realise now that not everyone knows of the good Doctor Who. The Tardis is the Doctor's flying blue phone box of course, bigger on the inside than out. Doctor Who you ask? Maybe it's time you bought a telly. He's been on it since 1963. Our own time travellers jazz outfit *Second Time Around* have had a Doctor Who like rebirth and are now to be known as The Jazz Pack. They've been gigging at the Moruya Jazz Festival of late but they'll be back on the deck at South Coast Cheese on Saturday, 16 November, from 11am on.

The CWA are meeting next in the Big hall on Monday 11 November. Check the Bates Store blackboard for details just to be sure.

As some of you might already know, I'm currently photographing local dogs for a new Tilba Dog Days calendar or book. If you'd like to see your precious pooch possibly in print you can contact me on 4473 7406 or email jsmall7@ tpg.com.au - I'll be happy to come to your home and shoot the mongrel ... so to speak.

### Australian White Ibis Research Needs Your Help

People all over New South Wales and Australia are being asked to become birdwatchers on Sunday, 20 October, and take part in the annual white ibis census conducted by the National Parks and Wildlife Service (NPWS). The survey is conducted each year in a bid to better understand where white ibis are breeding and travelling and to help determine if current management practices are working.

NPWS spokesperson, Dr John Martin, said that, while many are quick to criticise and condemn the species as dirty, noisy scavengers, it's important to look at why ibis have been forced to seek shelter in urban areas and what this means for their long term survival and management. 'Ibis are native to Australia but they have increased in numbers along the coast in response to drought and changes to the inland wetlands. It was rare to see an ibis in the Sydney region 50 years ago, but the annual community survey has identified as many as 9 000 in recent

### **Thanks from NPWS**

The NSW National Parks and Wildlife Service (NPWS) is redeploying non-essential staff to fire emergencies across the state. Consequently, at those parks which remain open, fewer staff means that minor and nonessential maintenance and cleaning may not be carried out to their usual high standards, and Rangers may not always be available to assist visitors.

NPWS thanks visitors for their patience during this difficult time. Before planning a visit to a National Park or Reserve please check www.environment.nsw.gov.au/NationalParks (click on the link 'summary of national park closures due to emergency fire conditions').

Protection of life and property remains the first priority of the NPWS. Staff redeployments may cause some inconvenience and NPWS appreciates the understanding of visitors.



years' Dr Martin said.

'Getting an overview of the ibis population is only possible with the help of the community. Ibis have adapted to urban living and appear to be expanding into new areas. This is where participation by members of the community is so important. If ibis have colonised your local park or wetland please let us know. In previous years we have had volunteers counting nests and birds in wetlands and parks from the Tweed to Dubbo to Albury, and this year we'd love to increase the coverage across NSW and Australia'.

Since the surveys began in 2003, more than 2 000 ibis have been colour-banded and wing-tagged to get an idea of where they go when they leave the Sydney area. 'So far, colour-branded chicks have been found as far afield as Townsville – 2 500km away, while in the Sydney region we have radio-tracked ibis moving up to 35km to forage on a daily basis. This demonstrates that we need to assess and understand this species on a national scale basis, not as isolated local populations'. Dr Martin said.

'It's really simple to be involved; just head out to wherever you see ibis on Sunday, 20 October, count them, record if they have bands on their legs or tags on their wings, and then tell us where and when you spotted them at the NPWS.

Dr John Martin, NPWS

### **Art for Peace**

'Children and young people choose non-violence'

The Women's Resource centre invites children and youth:

- to create art, for a non-violence campaign which runs from 25 November to 10 December
- create an A4 'Poster for Peace' promoting non-violence against women and children
- submit posters to the WRC by 20 November - entries will then be displayed at the Bega Library
- use the slogan 'Children and Young People Choose Non-Violence'

The Big Hall - Central Tilba ++

st Sat. Nov oth at 5:30pm

Two posters will be selected for a \$30 gift voucher at either Magpie Music or Candelo Books. These posters/postcards will then be printed and used for promotion of nonviolence in the community.

Children can design posters using imagery and colour that is meaningful to them. The concept of 'embracing peace/peaceful communities' could inspire the work. The 16 days of activism to stop violence also encompasses White Ribbon Day and World Peace Day.

This is an initiative of The Bega Valley Domestic and Sexual Violence Committee. For more information, lesson plans or sample postcards please contact Gabrielle Powell or Zoe Whymark at the Women's Resource Centre on 6492 1367.



### **Big Hairy Concert this month in Tilba**

Tilba's 4th "BIG HAIRY CONCERT" will be held in the Big Hall, Saturday 9 November at 5:30pm.

See and Hear all of Tilba's Top Talent!! Bring a plate of nibbles for the dinner break... and... we are thrilled to announce that food will also be available from Paul West (of River Cottage)!

Admission: Adults \$10, Kids \$5, Families \$30 and "Littlies" free.

Ring Sol on 4473 7233 if you'd like to perform or volunteer.

This is a Chamber of Commerce Fundraiser for heritage bin surrounds and then a picnic area in the playground... thanks for your support... and see you there!

### The Triangle's Eco Edge Contribution

Local environmental company AKT is again sponsoring a page in the Triangle every month this year. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership.

Every month we'll publish the best creative contribution – story, essay, poem, painting, drawing, photograph, sculpture (well, OK, a photograph of a sculpture) – we receive. Contributions must be on an

Just beyond Waterloo Creek is what my family calls Raptor Bend. It was there that we would often see a family of Wedge-Tailed Eagles in a tall dead lookout tree.

I remember the time my husband and son arrived home all-a-chitchattering about a parent Wedge-Tail gliding just two or three metres above the car, carrying the best part of what was once a rabbit. Then landing on that tree where two other eagles sat waiting.

I've seen eagles higher all over this Upper Brogo way. But along that dog-legged section, we have seen them up close. Echidnas, we learned, are fair game to an eagle (but it's a lot harder than tipping a cow).

The place was home to other raptors, too.

When the Wedge Tails left the Lookout Tree for the year, a hawk began its rounds, its spirals, its turns, and rested in a much smaller watching tree: a miniaturised skeletal twin of the other. We saw it land or watch or leave from this spot time and time again. But maybe there was more than one; it's easy to miss things through a travelling windscreen.

One night, a fleeting glance and a decisive reversing shows a Tawny Frogmouth to our visiting American friend, Dana (all oohs and aahs. "They have green inside their mouths!" my son tells him). The Tawny, too, sits in the bones of this gangly dead black wattle - a simple curving and twisting roost we named Little Raptor Tree. A fantastic hunting spot for sure.

Another time, once more in the dark, coinciding with the news of a rise in mouse numbers, there came the ghostly flash of a Barn Owl's white flight feathers – speeding away ahead of us to land in Little Raptor. With the turning of his head, I could see that amazing huge-eyed black-outlined face of his - as he assesses, maybe, that our car's not any type of mouse he's interested in.

But then one day, my breath shallows, and my eyes grow wide. Shock. Shock at seeing that Little Raptor Tree is gone. Shredded. Shredded, to little more than mulch by the gnashing teeth of the council's machine.

The rest of that drive was slow.

I wished I had thought to stop, to talk to the council workers,

environmental theme. And in December we'll announce the overall winner. This time the competition is open to all ages. We put this idea to Joe Dorado, AKT's CEO, and he's right behind it; he's offering \$400 for the winner. Entries must be received by the 22nd of each month. So put your creative caps on and get creating!

This month's creative contribution is a story by Jurnee Onawa of Brogo.

## **Little Raptor Tree**



and ask them to please spare the Little Raptor Tree. But I didn't, I didn't think. And I know it's a fire corridor. But I didn't even think. And so I write this because I feel I need to say sorry to those birds, to the Little Raptor Tree.

And I hope that somehow this will still be Raptor Bend.

My husband talked with the council workers of another tree in their path. Small, by tree standards, twisted like a bonsai. The machines aren't the people operating them of course, and so the bonsai still stands.

When my daughter was just one, her eyes wide, and filled with wonder, she would watch the sky: the flying birds, the falling leaves (all precious golds and rubies). There were clouds and blue. Seeing her amazed eyes reminds me that every life is a wish of hope to the world. And so, I keep my eyes open to wonders around the next bend.

And the eagles, too, circle up high.

Jurnee Onawa

### Magpies and plovers need plenty of space too

Breeding season is in full swoop for magpies, plovers and many other native birds, and these protected animals may become aggressive if they feel threatened. The NSW National Parks and Wildlife Service (NPWS) reminds people to avoid territorial birds in the coming weeks, as their behaviour should mellow by October.

All native species are protected and anyone concerned about an aggressive bird should contact their nearest NPWS office or call 1300 361 967. Measures people can take, and should teach children, include to:

- not provoke the birds
- hold an umbrella or stick above your head to deter swooping
- avoid and hurry past nesting sites
- wear a hat
- if on a bike dismount to avoid falling off and move away
- · control dogs within 100 metres of nests
- · warn others about bird territories

AKT, a company of some 32 years' standing, currently is engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

These Triangle artisans are having their skills harnessed into researching and trialling ways of capturing under-utilised proteins, vitamins and oils that are expelled daily from our food industries. These are being reconfigured and redirected away from waste dumps and back into our national resource bank.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community.



### **General News**

## Silent Art Auction for Naomi Foster

The Women's Resource Centre and Southern Women's Group are proud to announce that they are running a silent art auction for Naomi Foster's mobility. Bidding on an artwork could provide a beautiful handmade gift for Christmas and, at the same time, support a local young Aboriginal woman with her mobility. Bidding has commenced and people are encouraged to make a bid.

The auction has been made possible through the generous donation of artworks by local professional artists Sonya Naylor, Tanja Reise, Helen Martin, Rhonda Ayliffe, Rick Anderson, Reiko Healy, Anneke Paijmans, Gabrielle Powell and Joy Georgeson. If any artists would like to donate work please contact the Women's Resource Centre on 6492 1367.

The silent art auction photos and details are on-line: at Facebook, just search for 'Naomi Foster Silent Art Auction Fundraiser' (the 'Community' page, not the 'Event' page); or on the WRC website: www.womensresourcecentre. org (click on 'Naomi Foster Silent Art Auction



Spiral Canvas, available for bidding on

Fundraiser' at the top right of the screen)

The auction will be open until 4 December, 2013. The idea of the Silent Art Auction is that people view artworks on-line and make a silent bid, either by emailing wrcbega@bigpond. com, or by contacting Gabrielle Powell, WRC coordinator, on 6492 1367.

The person with the highest offer will be notified to make their purchase and pick up their artwork.

The intention of the Silent Art Auction Fundraiser is to support Naomi's ongoing medical expenses and mobility. Southern Women's Group Inc. (SWG) is asking the community to dig deep and provide some financial support for Naomi - big or small amounts of money will help. Please give generously to help a local young woman. Donations can be made at any Westpac Branch, into the account named 'Southern Womens Group Inc. - Naomi Foster' - BSB/Account No: 032682/187787. Alternatively, money can be paid by direct debit into the account, or by mailing a cheque or money order to 'Southern Women's Group Inc. - Naomi Foster', PO BOX 468, Bega NSW 2550.

For over 25 years SWG has helped women and children in the Bega Valley Shire by advocating, supporting and making women feel included and empowered to live a life free from violence and discrimination. SWG is a feminist organisation committed to the empowerment of women and the end of discrimination and exploitation. The Group provides a range of accessible information and referral, community development, capacity building, and advocacy services for women and their children. SWG auspices the Women's Resource Centre and Far South Coast Women's Domestic Violence Advocacy Service in Bega.



A beautiful etching available in the silent art auction

A great day was had by all at the Dogtober fundraiser on Sunday, 13 October, at Ford Oval, Merimbula. Many thanks to Toscha who organised the whole thing and to all the people who helped and worked so hard on the day. Thanks so much everybody.

Thanks also to Sapphire Coast Conveyancing for their donation of \$100, The Jumping Castle for \$70, Coastal Grooming for \$10, Animals on the Go for \$70, and Eden vets

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### Dogs do it for Dogtober

for \$172.70.

The tea and cake stall raised \$193.20. Many thanks to Chris Smith, Sienna and helpers.

The sausage sizzle and drinks stall raised \$366.80. Many thanks to Mic, Jan, Cindy and Wendy's friend.

Sales from the calendar made \$420, the Donation Pig raised \$306.50, and the raffle raised a further \$741.25. Thanks go to Libby,



Jordy and Sienna and friend for selling tickets. Great job kids.

The total raised was \$2515.45.

We also signed up four new members: Liz Wheeler, Rebecca Lamont, Mandy Miller and Debbie Isles. Welcome aboard.

Great work everyone.

Glen Curry Animal Welfare League

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## Take action to help stop violence against women

16 Days of Activism to Stop Violence Against Women is part of an international campaign running from 25 November to 10 December, focusing on all forms of violence against women, including domestic, family and sexual violence. Bega Valley residents are joining the campaign to help make their local community a safer place for women and children.

This year the local Domestic Violence Committee has organised:

- lantern-making workshops at Womens Resource Centre (WRC) 7 Nov, 1-3pm, and 14 Nov, 3-5pm
- Lites for Lives Event at Kisses Lagoon 28 Nov, 5.30pm: floating lanterns, oneminute's noise, messages of anti-violence
- poster competition Art for Peace-Children and Young People Choose Non-Violence competition closes 20 November, entries displayed at the BVSC Library from 25 November to 10 December.
- A4 poster designs wanted with a message of non-violence; posters can be about friendships, no bullying or just NO Violence. Great prizes and a chance to get your poster printed
- White Ribbon Day at Littleton Gardens, Bega street stall 6 December, 9am-noon
- One Billion Rising Dance at Littleton Gardens, Bega 6 December, noon wear red all welcome.

### 25 November to 10 December

At each event local service providers will be distributing information, white ribbons and 'Say NO to Violence' wristbands. Wearing the white ribbon and/or wristband demonstrates your commitment to the pledge to 'not commit, condone nor remain silent about violence against women and children'.

Since it started in 1991, more than 1 700 organisations in 130 countries have participated in 16 Days to help raise awareness that violence against women is a violation of human rights. Violence against women is still a big issue affecting the social, emotional, physical and financial wellbeing of individuals and families.

Violence against women is more than physical assault. It includes threats and intimidation, emotional and verbal abuse, as well as psychological abuse and coercion, sexual harassment, stalking and stand-over tactics.

Domestic, family and sexual violence causes significant social and economic costs to communities and happens in all areas of society, regardless of location, socio-economic status, age, religious beliefs, culture and ethnic background. Women in Australia still experience high rates of sexual violence.

Family, friends and the broader community, particularly men, are actively encouraged to participate in this year's activities.

Most men aren't violent and can help by promoting healthy relationships and speaking out against violence towards women. Ninety per cent of men are at times uncomfortable with how other men talk about, or treat, women.

The risk of violence is greater for young women. The 2006 ABS survey found that 27.2 per cent of women aged 18-24 has experienced an incident of physical assault in the last 12 months, compared with 12 per cent of older women. From 15 years of age, 33 per cent of women have experienced inappropriate comments about their body or sex life. Unwanted sexual touching has been experienced by 25 per cent of women.

If you know someone who is experiencing domestic, family or sexual violence, listen and support them.

Your response can make a big difference. Don't remain silent - bad attitudes that support violence should be challenged.

To get help, anyone who is experiencing, or knows someone experiencing, domestic, family, or sexual violence should contact DoCS Domestic Violence Line 1800 656 463 (24 hours, 7 days per week), or NSW Rape Crisis Centre 1800 424 017.

For further information about 16 Days events in Bega Valley contact Gabrielle Powell (convener of the Bega Valley Domestic Violence and Sexual Assault Committee) at WRC on 6492 1367, or visit www.lawlink. nsw.gov.au/vaw

### Please help keep our shorelines clean

WIRES is sending out an urgent call to all anglers! Please take all unwanted fishing line and fishing hooks with you when you pack up after fishing.

The remains of a Pied Oyster Catcher were found in Mogareeka Inlet near Tathra. This bird died because discarded fishing line became wrapped around its legs and cut off its circulation. This is particularly significant because the Pied Oyster Catcher is endangered. However, no one likes to see any animal suffer such a fate. Please cut up any unwanted fishing line into small pieces before putting it in the rubbish. This is to protect foraging birds at



the tip.

WIRES is also calling on all members of the public to please collect any fishing line or hooks they find on beaches and wharves. This would be a terrific help to our shore birds and ocean dwelling animals. If you are interested in joining WIRES, please ring our hotline 6495 4150 and leave your details, as we are in the process of

planning our next new

members' course.



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### **Deadlines**

Advertising: 12pm, 19th of each month Editorial: 12pm, 22rd of each month Advertisers please note that an extra fee may be charged for initial ad layout.

### Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to: The Editors The Triangle PO Box 2008, Central Tilba. NSW 2546 Email: the\_triangle2@bigpond.com

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in The Triangle area. The committee is made up of volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self sufficient through income generated through our advertisers. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800.

### **General News**

### Green Sea Turtle on way back

Here we see a beautiful Green Sea Turtle - the third to come into the care of WIRES volunteer, Janine Green. The turtle had received a blow to its back which caused an air pocket to form under its shell due to internal swelling. The turtle's balance was thrown off by the air pocket.

Fortunately, its luck changed when it came into Janine's care. Initially she took it to the Merimbula vet where x-ravs were taken and it was given antibiotics. The turtle is recovering beautifully at Janine's and seems to be enjoying its stay with her. The

antibiotics are working well, the bruise is healing and shrinking, and the air bubble is almost gone!

These stunning animals can live until 80 years old but, sadly, they are now endangered. Becoming caught in fishing nets, water pollution, and destruction of their nesting beaches have caused their numbers to decline.

WIRES would like to thank a generous Merimbula resident named Helen for her very

### **Refugees are welcomed to the South Coast**

In September, a group of asylum seekers hopped off the bus in Bega and came to live within our community for two weeks. This was an initiative by Bega Valley Rural Australians for Refugees (BVRAR) which joined up with a refugee support group in Melbourne to offer hospitality. Families from the Wandella, Wyndham and Tathra areas welcomed six Sri Lankan men into their homes.

BVRAR is a group of people who want a more compassionate approach towards asylum seekers. The Group is committed to raising community awareness by dispelling the myths and discussing the issues. One such myth: they are illegal immigrants. According to The Universal Declaration of Human Rights - to Article 4 of which Australia is a signatory -'everyone has the right to seek and to enjoy in other countries asylum from persecution'. The majority of people who are arriving here by boat are found to be genuine refugees fleeing persecution, torture and violence. BVRAR uses social media, market stalls and public meetings to raise awareness, as well as actively engaging in petitioning for political change.

These men are Tamils, released from

### Literary Lunch with Sue Pieters-Hawke

The Batemans Bay Writers Festival is planned for the 2014 June long weekend. The first of a series of events leading up to the Festival is a literary lunch on Saturday, 16 November, when Sue Pieters-Hawke will talk about her new book, Hazel, my Mother's Story. Sue's new book is a sequel to her first book, Hazel's Journey, which told the story of her mother's experience with Alzheimer's Disease. The lunch is at the Soldiers Club, Beach Road, Batemans Bay. Tickets are \$45. Bookings are



kind donation of this turtle recovery tank. It has enabled WIRES to provide the right water temperature and conditions to get injured turtles back into the sea where they belong.

WIRES will be holding a new members' course on the weekend of 8 and 9 November at Mumbulla School in Bega. If you would like to attend this course and become a WIRES volunteer, please ring the WIRES hotline 6495 4150 or email lizpiipari@gmail.com.

detention centres into the community of Dandenong on bridging visas. Despite the war in Sri Lanka ending in 2009, the army still occupies a lot of land and homes of the Tamil people. Reprisals are all too common and these men are not safe.

The two young men who joined my household engaged willingly in whatever activities were going on. Cooking, gardening, building, fishing - they were happy to be involved in all of it. They wanted to know about our country and our customs, and appreciated the opportunity to practise English. They would really like to work but, on their current visas, they are not allowed to do so.

The visit highlighted the deep-seated generosity of this south coast community and our capacity to be the change we wish to see. Friendships have been made and some of the men have promised to return.

If you are interested in being part of an active humanitarian approach towards refugees vou can find out more on www.facebook.com/ BegaValleyRAR, or contact begavalleyrar@gmail.com.

Sandra Taylor

essential, and can be made online at: www. bbwf.com.au, or by phone: 4472 9250.



## **Four Winds Program Announced**

### Tickets on Sale This Month

The Four Winds team has found it hard to keep quiet about who will be performing at the Festival and especially difficult to keep quiet about who will be playing with whom - 2014 will be more about collaboration than ever, and many exciting new works will be premiered.

All will be revealed this month, with the release of the Festival program. To whet your appetite: Australian composer Kate Neal has been commissioned to compose and arrange two works especially for the 2014 Festival. Kate creates musical works that dance, and dance pieces that sing, incorporating physical gesture, design, light and choreography in musical scores. She makes music a visual, as well as an auditory, experience. Performing her works, the musicians not only play the instruments, they become instruments themselves. To experience her work, check out the What Hath II Trailer on her website: www.kateneal.com

2014 will also mark a major milestone in the Festival's ongoing development, with the completion of the beautiful new Pavilion which has settled gently into the surrounding

Creative Arts Cobargo is one initiative of The Creative Workers and Producers of Cobargo Association Inc. – also known as Cobargo Creators. Other Cobargo Creators initiatives include Black Wattle Gallery, The Sapling Gallery, Wares, The Laneway Markets, the Cobargo Creators Centre, and community development projects.

For the past 12 months the Creative Arts Cobargo team has been providing co-ordination services for local artists to deliver workshops to the community. This process includes helping artists develop their workshop ideas from concept to actuality. The team's assistance

2014

**Moon Planting** 

Calendar

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landscape, conserving the ambience of Nature's Concert Hall. In conjunction with building the Pavilion, the site is now also equipped with its own power supply from solar panels, an independent water supply, a new road to the doorstep, its own sewage and toilet system, and three phase power. No longer is it necessary to bring all services to the site.

Once the program has been announced tickets will be available. Book early to take advantage of the earlybird rate, and to make sure you don't miss out.

The Four Winds Team



Kate Neal has composed two works for the 2014 Festival

### **Create in Cobargo**

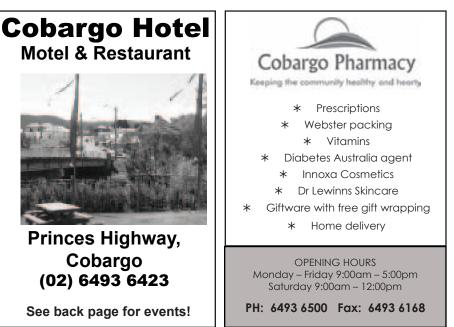
includes management of bookings, marketing and advertising, as well as providing support to the artist.

Workshop offerings over the past 12 months have ranged from Basket Weaving with Robyn Levy, Succulent Bonsai Workshop with Daniel Rosenbaum, a seasonal series of Watercolour weekends with Jan Ward, Acrylic Painting with Suzy McKinnon, Digital Art and the Internet with Bob Georgeson, and Clay Sculpture with ceramicist Joy Georgeson.

To continue facilitating creative workshops the Creative Arts Cobargo team needs to expand, and is looking for people who are interested in furthering this initiative. This is your opportunity to become involved in helping artists to share their creative talents with our community, as well as working to make Cobargo and surrounds a more creative and enjoyable place.

We also need artists who are interested in running workshops. This is an opportunity to develop your presence in the local art community and generate additional income from your skills. If you interested in being part of this growing artist community please email: artsincobargo@gmail.com

The Cobargo Creators





## November at Ivy Hill: Tim Moorhead and Peter Tucker

Tim Moorhead and Peter Tucker's latest series of works will be on show at Ivy Hill Gallery at Wapengo, from1 November until 2 December.

Tim Moorhead's works concentrate on brightly coloured interiors. Each work hints at mysterious icons that reflect the artist's special interests.

As a young man, in the late 1960s, Tim migrated to Australia after graduating from California State University. He immediately introduced brightly coloured ceramics, when everyone else was making brown, earthy,



Peter Tucker's Self Portrait with Butterflies and Feathers

### Wonderful watercolour workshop this month

Jan Ward is offering her final watercolour workshop for 2013. A local artist who has taught art for 27 years, Jan is well known and respected for the quality of her workshops. The sessions are inspiring and motivating for artists seeking to enhance and refine their paintings, or to take the opportunity to learn new techniques. People of all levels are welcome.

Workshops will be held at the Cobargo School of Arts Hall on 9 and 10 November, from 9.30am to 4.30pm each day. Cost is \$130, with an additional \$25 if materials are supplied.

Book now at artsincobargo@gmail.com or call Sandra 6493 7245.



Tim Moorhead in his studio

functional pottery. Historically - along with a small number of Australian artists who also worked in California at the time - Moorhead is given credit in a number of art texts for introducing colourful Funk Ceramics into Australia. Moorhead has always worked in a variety of media including painting, drawing, photography and printmaking. He often combines media to develop his art work.

Skilled draughtsmanship and a sense of humour show in Peter Tucker's detailed colour pencil drawings. This is evident in his Self Portrait with Butterflies and Feathers, one of the drawings on display at Peter's first exhibition at Ivy Hill. Sandblasted and etched glass tables, designed and made by Peter, will also be on display.

Join the artists for drinks on Saturday, 2 November, at 6pm - view catalogues at www. ivyhill.com.au.

Ivy Hill is located halfway between Bermagui and Tathra on the coast road. The Gallery is open 10am - 5pm Friday, Saturday, Sunday and Monday.





## Soft Footprint Recipes

This month's recipe is not a local product one but, as it is close to the festive season and these are so good and very easy to make, I thought I would break with the guidelines and share them with you. We attended an Eid celebration to mark the end of Ramadan and these were one of the specialties I found delicious. They are stuffed dates - just a bit of imagination and you are away - I have adapted and added flavours.

The dates can be stored or packaged for Christmas gifts. Put into a glass jar or a cello bag with a fancy ribbon they look great!

The quantities are flexible as the size of the dates varies. Use good quality soft dates. I used the boxed ones.

The first two recipes can be made in advance and stored in a cupboard, the others should be kept in the fridge.

You can make them with instant coffee or any flavoured liqueur in the cream, and add to the chocolate - it's up to you. Once you taste them it's hard to stop.



**Dark Chocolate and Orange** 

1 box of dates 1/2 block of dark chocolate

1 tablespoon of cream

zest of an orange, finely grated. Place the chocolate in a bowl and place on a saucepan over hot water. Do not let the water touch the basin. When it is melted add the cream and then the zest and beat well with

a spoon till it is smooth. Put to one side to cool.

Split the dates down the side and remove the stones.

When the chocolate has cooled and set, place a teaspoonful in the palm

of your hand, roll it into a log the size of the date, push it into the hole from which you removed the stone, and fold the date back together.

If you like, you can leave the split open a bit to take a generous amount of filling.

### Other fillings are: White chocolate and rose water 1/2 block of white chocolate 1 tablespoon of cream 1/2 teaspoon of rosewater added after the cream, or the chocolate may seize.

### **Cream Cheese, Honey and Mint**

1/2 a tub of firm cream cheese two teaspoons of honey 1 tablespoon of chopped mint Combine and place in refrigerator to cool before attempting to fill dates.

### **Almond and Butter**

1 whole almond lpiece of very cold butter To fill the dates, use the same 'log rolling' method described above for the 'Dark Chocolate and Orange'



One Stop stock feed, fertiliser stockists of hardware, & much more

Farm Shop fencing, polypipe



**UNLEADED** PETROL NOW AVAILABLE

**SPECIAL** Sugar Cane Mulch 3 for \$39



## **Trees – A Shady Subject**

At a recent local garden club meeting I was asked to talk about the importance of trees in the landscape, whether in a home garden or in other open space areas like town parks and the like.

Trees are probably the most important component of the landscape as they provide protection from the elements, add structure to a garden and provide habitat for wildlife - some we enjoy and others a bit naughty (the wildlife that is). Trees come in many shapes and forms whether evergreen or deciduous, short or tall, and narrow or wide.

Careful consideration should be taken when selecting a tree for the location that is proposed. Trees are there for the long haul, whereas other plants are not so critical to the overall feature of the landscape, and can be moved or discarded depending on the circumstance.



When deciding whether or not to use a tree in a particular location, it is most important to look at a number of issues before the final selection is made. Firstly, consider what you require the tree to do. You may want it to create shade for a particular style of garden, to provide shade in summer and sun in winter, to screen out an eyesore in another location, or you may want to hang a swing off it - the list goes on.

Shading the western side of the home

Heather O'Connor

### **Book Review**

### Michelle de Kretser, Questions of Travel, Allen and Unwin, \$22.99.

Here is another award-winning book from an Australian author - this time, for the Miles Franklin. It was also short-listed for the Stella Prize. I own up to really struggling with it in the beginning, finding the style quite challenging. However, I left it for a while, then came back for a long session and found it much easier.

The work is organised in alternative chapters which trace the lives and travels of two characters - Australian-born Laura, who publishes travel guides in Sydney and spends

from hot summer sun is a very important consideration. A large deciduous tree can reduce the inside temperature of a home by several degrees in summer and, while dormant in winter, it can allow the sun to warm the home. Consider, though, the eventual size of the tree so it doesn't interfere with the home when fully mature. Plan the distance of the tree from the roofline of the home to be one-and-a-half times the eventual radius of the tree.

Consideration of utility services, like sewerage, water and power lines is most important. Town councils have made the mistake of planting large trees like oaks and plane trees under power lines, and then spend enormous amounts of money either cutting the trees back every year or creating some very unusual shapes that have spoilt the natural form of the trees.

Although I am a great lover of trees, I firmly believe that a lot of our beautiful Australian native trees, like Eucalyptus, are totally misused in the landscape. Some of these trees can grow to a massive size and can be fairly unstable in extreme weather conditions and, therefore, should be used wisely in the landscape. Thankfully, in recent years, the horticultural industry has developed a range of smaller mallee-type trees and small grafted species that are fabulous for the home garden situation. The larger species should wisely be left to open farm locations where they can be allowed to grow undisturbed away from buildings and the like.

a tree in the garden the decision is then which species. In recent years, many new varieties have been developed, taking into consideration small urban and town blocks and trees that cause very little problem to the gardener. Some of my favourites include a number of varieties of ornamental pears, birches, pistacia and crab apples, to name just a few.

year round, either open-rooted in winter or containered in the warmer months. Planting at any time of the year is alright as long as

After the decision has been made to plant

Luckily all these trees are available all

adequate water is applied, in the height of the warmer months, to reduce transplant stress.

The subject of tree selection and planting is extensive and more than this space allows. Talk to your friends about their experiences with trees, take a drive around the local community and observe what others have done or, most importantly, talk to your local nursery person for his/her advice.



I have always remembered a small poem - by Joyce Kilmer, 1886-1918 - which was read to me by my late father. I have adapted it for Australia:

### Trees

I think that I shall never see A poem as lovely as a tree.

A tree whose hungry mouth is pressed Against the sweet earth's flowing breast;

A tree that looks at God all day And lifts her leafy arms to pray;

A tree that may in summer wear A nest of magpies in her hair;

Upon whose bosom frost has lain; Who intimately lives with rain.

Poems are made by fools like we, But only God can make a tree.

time living overseas; the male character is Ravi, born in Sri Lanka, from which he flees as a refugee to Australia - not on a leaky boat, but by plane. Thus begins his struggle to obtain a permanent visa and establish himself in a new country.

I found Ravi's story quite confronting, as we don't hear that much about the challenges facing refugees such as him. The ending is one that will leave you thinking, and questioning why in 21st century Australia we have so much difficulty handling refugees. The description of the events which led to his leaving Sri Lanka constitutes one of the most confronting pieces of writing I've read in a very long time.



### Classifieds

### FOR SALE

Queen size bed base with Ther-A-Pedic mattress, clean, good condition, \$100, Coolagolite Call 0400 755 166

**Kitchen**: 10 year old floor & overhead cupboards, pantry and benchtop. Electric hotplates and under bench oven. Rangehood, dishwasher, one and a half bowl sink plus lever tap. Available early November, \$800. Robert, 6493 5800

Jayco Camper Trailer Flite 2007. Easy to tow, hardtop windup camper. Very spacious 4/5 berth. Gas stove, 3 way fridge, awning full annex. Deep cell battery. Kept under cover, exc. condition. \$12,000 ono. call Ilona 6493 5619.

Lounge, 3 seater with chaise. Fridge 210 litre. ph 6493 4305.

Set of steel ramps, suitable to load small tractor on to trailer (not truck). Very strong and in good condition. 1500 cm long, 300 cm wide between rails. \$100. Phone Ivan 6493 6999

Suzuki 50cc quad bike. Used only for visiting grandkids. Excellent condition. Helmet and gloves included. \$550. Phone 6493 8235

Armchair, solid timber frame with cushions \$50 Bunks, pine frame with mattresses \$100 Single beds (2), steel frame with mattresses \$50 each Chest of drawers (2), timber 860L x 450D x 850H \$35 each Available early November at Akolele Enquiries ring Peter 03 9534 0516 or Anna 0400 142 423

**Pontoon Jetty**, treated pine, suit dam or river 5.5m. long, Coolagolite, \$100 Call 0400 755 166

### AVAILABLE

Horse Agistment available in Quaama, good pasture, yard with shelter riding arena, Ph 0414 353 611

WANTED Experienced teacher of Spanish for existing daytime class. Contact Dawn 6493 6999

> Please note: we will discontinue classifieds after one month unless advised by the advertiser



Early preparations for the Tour de France

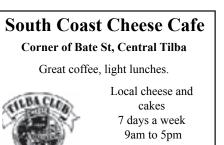
## Pet of the Month



#### Lovely Lexi

Animal Welfare League NSW Far South Coast Branch has launched its 2014 Calendar of Second Chances, which features cats and dogs surrendered to, and then re-homed through, the Branch. Calendars cost \$15 with all proceeds staying in the Bega Valley Shire to help the South Coast Branch continue its re-homing and de-sexing programmes. Calendars are available through all Bega Valley Shire Vets or at Café Valencia Narooma.

Are you looking to adopt a pet like Lexi (pictured) or maybe to become a carer? Please call 0400 372 609. All adult cats are



Cesune Park Pet RetreatWe Care for your Cats & Petite Dogs.<br/>(Fur kids)Sue CoxSue Cox99 Harris RoadOwner/ManagerBROGO NSW 2550

available for \$100 and kittens for \$175. Pup

and Dog adoption fee of \$300 includes de-

sexing, vaccinations (two x c5 for pups and

two for kittens), micro-chipping, worming, vet

check, flea and tick treatment and heartworm

testing for dogs. Why would you get a pet

from anywhere else when the cost is half

what you pay when you take on a 'free' (but

with nothing done) pet. Animal Welfare

League NSW Far South Coast Branch now

has a Facebook page! www.facebook.com/

AnimalWelfareLeagueFarSouthCoastBranch



phone: 02 6492 7174 mobile: 0428842923 email: cesune@bigpond.com ABN: 20 939 362 968

Deborah Cox

### **Guidelines for contributors**

Ph: 02 4473 7387

Thanks for your local stories and photos! We love them and they make the Triangle our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us the\_triangle2@bigpond.com.



AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St Narooma, Saturdays 11am, Uniting Church Hall, Wagonga St. Ph Dean 0407 302 545

### ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

#### ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club Bega at 10am: 16th April, 18th June, AGM - July, 20th August, 15th October, 17th December, 2013. All enquiries phone 0400 372 609. All welcome.

### ANGLICAN PARISH OF COBARGO AND BERMAGUI

Christ Church Cobargo:1st Sunday 10am Holy Communion, 2nd -5th Sunday 8am Holy Communion. All Saints Bermagui: 1st Sunday 8am Holy Communion, 2nd -5th Sunday 10am Holy Communion. St. Saviour's Quaama: 1st Wednesday 10am Morning Prayer, 3rd Sunday 10am Holy Communion

### BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

#### BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

### BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

### BERMAGUI COUNTRY CLUB ARTS SOCIETY Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery,

mosaics. Visitors, new members welcome. 6493 4340

### THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

### **BERMAGUI & DISTRICT LIONS CLUB**

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

#### BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6:30pm. Ladies and men. Contact Nerida on 6493 4364

#### BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

#### BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2.00-4.00pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

#### BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

### BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

#### BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area

#### BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

#### **BERMAGUI U3A**

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

#### **BERMAGUI WEIGHTLIFTING CLUB Inc.**

Gym room Bermagui Sports Stadium. Facilities for Olympic Style Weightlifting and training with weight for all. Coaching is available. Wednesdays and Sundays 4pm to 6pm. Contact John, 6493 5887

#### **COBARGO GARDENING & FRIENDSHIP CLUB**

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING 2nd Wednesday every month, 8pm - CWA Rooms. Contact Lynn Parr 6493 6795.

#### COBARGO PRE-SCHOOL Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP Every Monday 10am-12pm (school terms) \$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SoA HALL COMMITTEE Meets quarterley. Hall bookings and inquiries: Sheelagh Brunton 6493 6538

#### 1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

**COBARGO'S LANEWAY MARKETS** Every Saturday morning from 9am til 1pm. An initiative of Cobargo Creators

### **COBARGO & DISTRICT RED CROSS** for meeting dates or catering enquiries phone 64938141, 64936948 or 64936435

### MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm– 2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

#### SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

#### SPIRITUAL FOLK CLUB - CONNECT!

Every 3rd Sunday of the month, 4.30 for 5pm. Open mic for songs, poems, stories, testimonies. Narooma Uniting Church hall behind the church, Princes Hwy. David 4473 7838.

#### TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

### TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

#### QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

QUAAMA INDEPENDENT RIDERS ASSOC. Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

#### QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www. quaama.org.au

#### MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd. Minister Rev. D. Oliphant. Ring Col: 6493 6531 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE Contact: Christina Potts 4473 7053 Meet: 9.30-12.30 3rd Sat Month @ swings. All Welcome.

### LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

### DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

#### OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

#### HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

#### NAROOMA BLUE WATER DRAGONS A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. For information contact Peter or Kathryn Essex on 4476 3952 or email narooma.bwd@gmail.com

#### WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

#### THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices are advertised in The Triangle for nonprofit groups free of charge. If details of your group change, please advise us at the triangle2@bigpond.com

	For the Fridge [		 
DATE	EVENT	WHERE	TIME
Sun 3	Mike Horneman	Bermagui Beach Hotel	4pm
	Mark Whitty	Tilba Valley Winery	1pm
Tues 5	The Tilba Mug (aka The Melbourne Cup)	Tilba Valley Winery	from noon
	Darryl Lamb & Melbourne Cup Day	Bermagui Country Club	
Wed 6	social bridge	Tilba Valley Winery	2pm
Sat 9	Big Hairy Concert	Tilba big hall	5.30pm
5un 10	Mike Waddel	Bermagui Beach Hotel	4pm
	blacksmithing demonstration	Galba Rorge, 345 Yowrie Road, Wandella	1pm - 5pm
Sat 16	Bermagui Public School P&C Spring Fair	Bermagui Public School	from 10am
5at 16 & Sun 17	watercolour workshop with Jan Ward	School of Arts Hall Cobargo	9.30am - 4.30pm
5un 17	Ricky Bloomfield	Bermagui Beach Hotel	4pm
	Down South Jazz Band with guest Bev Long	Tilba Valley Winery	1pm
	moster raffle	Bermagui Country Club	1pm, draw from 3pm
5at 23	Wild Turkey promo night & DIZKO	Bermagui Beach Hotel	7.30pm
5at 23 & Sun 24	Mental Health First Aid course	Cobargo Anglican Church, Cobargo	
Sun 24	TBC	Bermagui Beach Hotel	4pm
Non 25	start of WRC's 16 days activism to stop violence against women	various venues, phone: 6492 1367	
Fri 29	Don Ryan	Bermagui Country Club	
DECEMBER		· · · · · · · · · · · · · · · · · · ·	1
Sun 1	Josh Rawiri	Bermagui Beach Hotel	4pm
Sat 7	Cobargo Show Society's Annual Showgirl Competition	Cobargo show ground	
REGULARS			
Sundays	Cobargo Community Church	Wandella Hall	10am
Mondays	Quaama/Cobargo Quilters	CWA cottage, Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	11am
	Karate	Bermagui Sports Stadium	6.30pm
every second Monday of the month	Tilba CWA meeting	Small Hall, Central Tilba	10am
first Tuesday of the month	Bermagui Garden Group	venues vary: phone Heather on 6493 5308	10am - 12 noon
	Narooma & Districts camera club technical evening	Anglican Church Hall, 13 Tiba St, Narooma	7pm
Tuesdays during school term	Tilba Craft Connect Playgroup	Small Hall, Central Tilba	1pm-3pm
every second Tuesday	mothers group	WRC, 14 Peden St Bega	6pm
third Tuesday of the month	Narooma & Districts Camera Club photo club evening	Anglican Church Hall, 13 Tiba St, Narooma	7pm
Wednesdays	Wednesday night badge draw, raffles, pool comp, trivia night	Bermagui Country Club	from 5.30pm
	Women's Hoola Hoop classes	Big Hall, Central Tilba	1pm
first Wed of the month	Bermagui Historical Society meeting	Bermagui Museum in Community Centre	2pm
Thursdays	Aqua fitness	Cobargo pool	9.30am
Thursday nights	Dance and Move	Quaama Hall	6-8pm
	Karate	Bermagui Sports Stadium	6.30pm
every second Thursday	Senior's Pick the Numbers with \$5 lunch	Cobargo Hotel	11am
Fridays	Tiny Teddies Play Group	CWA Hall Bermagui	10am - 12 noon
	storytime for preschoolers	Well Thumbed Books, Cobargo	11am
	meat raffles	Cobargo Hotel	5pm
	raffles, pool comp and entertainment	Bermagui Country Club	6pm
Saturdays	Punter's Pick	Cobargo Hotel	5pm
	Live Band or DJ: check with Bermagui Country Club for more information	Bermagui Country Club	8pm
	Under 16s Art classes	behind Cobargo Supermarket	10am-11am
	Laneway Markets	main street, Cobargo	9am-1pm
	Tilba Markets	Central Hall, Tilba	mornings
Sundays	Hoola Hoop class	Big Hall, Central Tilba	2pm
Sundays	•		
Sundays	Spin and Juggle workshops	Big Hall, Central Tilba	3pm

Email your events with date, time and venue to the\_triangle2@bigpond.com by the 22nd of the month