BROGO QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Olympian Sally Foster Visits Local Carnival



The swimming group present Sally (centre in white) with a gift thanking her for sharing her time and skills with local swimmers



Sally Foster demonstrates her swimming skills

On Saturday 11 January the Cobargo Amateur Swimming Club hosted a development carnival that attracted 115 competitors from across New South Wales and the Australian Capital Territory. The highlight of the day for many of the competitors was a visit from Sally Foster, Australia's current 100 and 200m breaststroke champion and London Olympian. Sally volunteered to travel all the way from Adelaide, taking time out of her busy training schedule, just to attend Cobargo's event. She spent the day signing autographs, chatting with the children and even demonstrated her skills by participating in a few races. Sally is an excellent ambassador for Swimming Australia and everyone really appreciated her enthusiasm on the day.

Development carnivals are aimed at encouraging and introducing new and upcoming swimmers to the world of competitive swimming in a non-threatening environment. There were competitors as young as five participating on the day and it was great to see how proud they were of their efforts, regardless of whether they won or not. Many members of the Cobargo Swimming Club achieved excellent results on the day. Many attained medals and even those that didn't went on to achieve personal best times in most of their events.



Sophie, Ruby and Evelyn O'Meara with Olympic swimmer Sally Fraser

I hope that our readers had a great Christmas break and were not overly distressed by the hot weather in January. The Triangle area was not too badly affected although some, like Brogo, did experience at least two days when the temperature reached 40 deg C. This is not an El Niño year and we can be thankful that the El Niño Southern Oscillation is in neutral, but it does not bode well for the future and one can only wonder what extremes would have been reached if it had been an El Niño year.

So how did you all keep your cool during

the hot weather? I know people who made a point of swimming at every opportunity (and I am one of them) some people rose at 6am or before and finished all their work by 10.30 am retiring into the house till the late afternoon. Perhaps it is time to introduce a regime of a light lunch followed by an afternoon siesta and a long late evening of talking, dining and making merry, or at least enjoying social interaction.

U3A (the University of the Third Age) commenced its new year with registrations on 29 January and there were a great range of

courses and events on the program. One that caught my eye was a monthly film and lunch, a great way to make sure you don't miss some of the really good films that come to Narooma and to enjoy lunch afterwards with a few friends. Other exciting offerings include a course on the Art of the Composer with Bill Hawkey and Life in the Tidal Zone with marine biologist Nick Gard.

Life in the Triangle just keeps getting better and better.

Letters to the editors

You're the Cream in our coffee

All the talk along Lamont Street during our recent annual vacation was that this had been 'a good year' for Bermagui retailing. And that was no reference to a surprise celebrity visit by A Good Year star Russell Crowe. As though Bermagui was still on a big high from The Man Who Sued God. And nor did it appear to be backwards-looking sentiment as the township prepared to adjust to an uncertain life with one of the big two supermarket chains snuggled into its heart.

What we encountered right along the shopping strip was a profound relief that all the recessionary talk and the doom and gloom over internet shopping had not translated into a massive collapse in consumer confidence leading to shop closures and local job losses. Perhaps the day-trippers, after one overseas trip too many on the back of a high Aussie dollar, had decided their own backyard was not so dull after all.

Such a revelation was hardly what we were expecting, since, during the past nine months in Armidale, we have seen at least thirty shop and business closures leaving a shell-shocked city. And I suppose we were apprehensive that Bermagui might have fared at least as badly. Yet it was not so.

How different was the 2013 retail experience from our first annual Bermagui vacation of February 1996. Back then, we arrived just as the last local bank branch was folding its tents, leaving a demoralised town where the supermarket was on its knees, shops of a different era were struggling, and property prices were heading south, towards rock bottom.

If someone were to ask us now, as visitors, what were the key events in the visible renaissance of the town that has led, inevitably, to the memorable year of 2013, we would suggest there were two. Perhaps they were not the most significant in terms of the underlying health of Bermagui – lawyers, real estate agents and economists who would have a better handle than us might point to the refurbishment of the Co-op and the harbour precinct.

But in terms of the liveability of the town for those passing through, the two most decisive events were the establishment of IGA and its successors, and the opening of the Cream Patisserie in Wallaga Street.

It seems strangely pertinent that Cream opened in a location that was either the original site of the Black Marlin video rental shop or the Ugg boot shop (1996 was a long time ago to remember clearly). Because changes in electronic technology must have made video rental a far tougher business than it once was, and climate change must have done irreparable damage to the ugg-boot industry. But, fortunately, no-one has yet thought of a way to make good coffee, bread and French pastries either technologically redundant or subject to the whims of El Nino and La Nina.

As very recent residents of both the Illawarra and New England regions, the thing that stands out most obviously about Bermagui retailing is the absence of dog-eatdog, cut-throat competition. In the early years of our annual holidays, Corkies, for example, catered for the pre-dawn fishing crowd, a once-huge demographic that seems to have largely vanished. Yet, instead of leaving Corkies seriously vulnerable, room appears to have been made by other operators to allow it a special niche so that everyone makes a reasonable, civilised living – no millionaires, but no paupers. Armidale and Wollongong could learn a lot from that.

And as for celebrity visits, a few years ago, I was walking up Market Street, Sydney, from the Fairfax building to do a little lunch-hour Christmas shopping. Who should I find striding up the long slope beside me but Billy Connolly. Being a journo with a hide like a rhino's, I bit the bullet, stuck out my hand and wished him the very best for the season, reminding him of his sojourn in Bermagui.

A wistful look came into his eyes. "Ah, yes," he whispered, "what a lovely town." I think I know what he meant.

Rod Wise

Zero \$\$ for EDO

Editor,

In late December the Commonwealth Attorney-General's department notified each Environmental Defenders' Office (EDO) across the country that their funding had been cut to zero, effective immediately. This will put real pressure on each state and territory EDO and could result in some of them closing.

These cuts are an attempt by the Federal Government to silence the voice of communities who wish to stand up for their local environment.

The decision demonstrates its hostility towards Australian communities which choose to use the law to stand up for the places they love.

Across Australia EDOs provide thousands of clients, made up of individuals and community groups, with free legal advice on environmental laws relating to matters such as town planning and development, mining operations, marine protected areas, water law, pollution and heritage issues.

Access to justice for people who wish to use the law to stand up for and protect their environment will be effectively lost if the EDOs have to close.

For more information please check out www.edo.org.au and to help overturn this appalling decision please contact local Federal Member Peter Hendy.

Jack Miller Bermagui

\$\$\$ to be won in the AKT competition.



See page 19 for details

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters to the editors (cont.)

Farmer unable to obtain fire permit after 6 inches of rain

A farmer on the NSW far south coast, Adam Bonner, has tried unsuccessfully to obtain a fire permit from both his local rural fire service (RFS) and RFS headquarters.

Mr Bonner said "I waited until the November rains, which came to almost 6 inches, and then requested a fire permit to burn a number of small piles which included dead livestock. The local rural fire service said despite all the rain, they had suspended issuing permits. Now is the time to do small burn offs because the risk is low. I am surrounded by water at the moment and small burns allow me to get rid of a number of problems at once."

"If you are going to have a permit system, then you need to allow people to access it during low fire risk periods. Otherwise it is pointless and prevents you from getting rid of material which could pose a fire risk. Council tips won't allow for the discarding or dead animals and burying them on your property only attracts ferals including foxes."

Adam Bonner Ph. 0432 344 846

Cheers for a Christmas Rescue

Dear Editor.

Having lived in the area on and off for some 30 years and never needed emergency treatment, I want to compliment the Bermagui Ambulance Centre.

On Christmas Day we had an emergency and within 5 minutes the small ambulance had arrived – he was nearby, diverted his trip and was so efficient in stabilising and treating the patient with minimum fuss, it was fantastic. Then minutes later the large ambulance arrived again with no fuss, the patient was taken to Bega hospital and we gave a huge sigh of relief and thanks. These people did not make a 'big deal' of interrupting their Christmas Day, were so cheerful, responsible and efficient, we are lucky to have them in our area.

My family had to ring 000 in Sydney recently, it took 40 minutes for the ambulance to arrive to the Harbour Bridge and they were only 10 minutes from Royal North Shore Hospital!! Thus country living need not feel so remote especially when the ambulance does not have to deal with traffic and other complications.

Yours faithfully, Rosemary Millard Bermagui



Cicada photograph by Noel Bridges of Cobargo

Thumbs Up

to the Ambos and their service on Christmas Day



to the organisers of the Cobargo Christmas Markets! What a vibrant scene throughout the village - so much creativity, fun and friendliness. It will have to become an annual event!

to the folks who attend Tai Chi classes at the CWA rooms in Bermagui and Cobargo who, in just over 2 years, have paid a gold coin for their class and raised over \$3 100 for the local Can Assist organisation.

to BVSC for the elegant solution to changing the seats on the walking path to allow users to now choose their view. Good to see we are being heard and thanks.

Email your thumbs to the_triangle2@bigpond.com

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Advertising: 12pm, 19th of each month Editorial: 12pm, 22rd of each month Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to: The Editors, The Triangle

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The Triangle is a community newspaper. Its aim is to provide information and news to the people in The Triangle area. The committee is made up of volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self sufficient through income generated through our advertisers. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800.



2D cows grazing by the highway in Cobargo

Happy New Year, Cobargo. And what a wonderful year it's going to be, with cows grazing in the main street and happy faces lighting up our little village. The Christmas/New Year season has seen a hive of activity around the town, with locals and tourists alike loving the wonderful, quirky installations Cobargo's CTBA chose to decorate our village in celebration of the season. Businesses have been blessed with abundance from visitors and the general atmosphere has been happy and positive. Speaking of happy and positive, the Cobargo Show and the 19th Annual Cobargo Folk Festival are both just around the corner, so stay tuned.

The Cobargo Folk Festival Committee is this year extending its community events to provide a free community concert at the School of Arts Hall on Thursday, 20 February at 6.00 pm. There will be lucky door prizes and a raffle run by the Cobargo Tourist Information Centre. A barbecue tea will be available from the local Lions group from 5.30 pm. And for something a little different, local businesses this year will be asked to decorate their shop windows with a Folk Festival theme, with the best decorated shop front to be awarded a double pass to the Festival. The winner will be announced at the Community Concert.

Also during February, Cobargo businesses will be giving customers a ticket in the 'lucky door prize' whenever they spend \$10.00 or more. These tickets, when brought to the

Community Concert and deposited into a 'bin' at the door, will go into a draw for a number of prizes: a double pass to Cobargo Folk Festival 2014, a gift voucher from the Lazy Lizard Gallery and other prizes to be announced on the night. For those of you who have never been to the Festival, it's a chance to dip your toe into the

diverse and wonderful world of folk music - what a treat.

Another treat for Cobargo has been the installation at the Lazy Lizard Gallery, of Naomi Lewis' Cobargo Gnomes and Other Local Wee Critters exhibition this past month, depicting many of our local 'gnome folk' at work, play and mischief. Launched at the start of January, the exhibition has been hugely successful and has lightened the hearts of many. Naomi is a highly acclaimed local artist and illustrator, living in our midst. Congratulations Naomi—it's absolutely wonderful.

Rob Elliot from the butchery recently competed in the George Bass Marathon, a local and gruelling fiveday surf boat ocean race. Launching from Batemans Bay on the first day, the crew battled four and a half metre waves and had to turn back half way. Day two's seas were considerably more manageable for the Moruya to Tuross leg of the race; as were day three, Tuross to Narooma; and day four, Narooma to Bermagui. Day five, the Bermagui to Tathra leg, presented more huge waves, driven by a strong southerly wind. Again an alteration to the route resulted, with some challenging paddling in the waters down to Cuttagee and up to Camel Rock before calling it a day. Rob was part of a mixed crew entered by the Bermagui Surf Club. I asked him, "Was it fun?" His response, "Absolutely! I'd highly recommend it to anyone." The grin plastered to his face as

he shared his experience said it all.

And still with sport ... if you're a cricket fan like me, you'd be thrilled to hear that local girl Clara Loth recently bumped into Brett Lee at the cricket oneday series in Sydney and took the opportunity for a photo. She was absolutely chuffed. I would have loved to have been in her shoes. And speaking of cricket, Narelle Cooper recently went to Canberra to watch three local lads play in the Canberra T20 cricket finals, on the same pitch just vacated by the PM's 11 - England vs Australia. The boys, Joel Stewart and Liam Cooper were representing the ANU cricket team and it was the first time their club had been in a final in over 30 years.



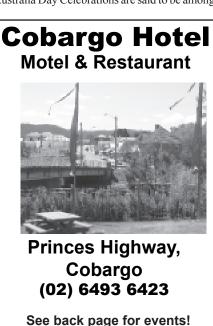
Clara Roth with Brett Lee

Narelle also shared with me, in her capacity as a local business owner, that Cobargo's cows have been a raging success, especially with the locals. Also much embraced and commented on by the tourists this season, has been the diverse food culture Cobargo now provides, from family to trendy to wholesome and organic. "Not a single grumpy person. Everybody's happy," says Narelle.

The Cobargo CWA ladies would like to say, "Happy New Year to everyone in the Cobargo Community and beyond". They'd also like to thank everyone for their support with this year's Australia Day festivities. Cobargo's Australia Day Celebrations are said to be among







the best attended in NSW. It is great that we have an Ambassador each year and this year, Catriona Rowntree was a very special visitor to our district. The Australia Day Celebrations provide a terrific opportunity to catch up with friends and neighbours over a cuppa and a sandwich or slice. Although CWA hosts the event, it wouldn't happen without the cooperation of so many people, the food provided by the Scouts with the sausage sizzle, Sonia Evans for the National Anthem and our fabulous MC, Brian Ayliffe. I always enjoy the school captains' speeches and they always do us proud. And of course, the recipients of the Australia Day Citizens of the Year. What a fabulous community we live in.

The CWA's next project will be catering for the 'after party' for the volunteers at the Cobargo Folk Festival. They are most grateful to the Yuin Folk Club for the opportunity to

raise funds this way. The next big event on the CWA calendar is a visit by CWA State President, Tanya Cameron, to the Far South Coast. She will be in Cobargo on Tuesday 4 March, visiting the village and the renovated CWA cottage. Mary Williams will be with her in the village, so if you see them around, be sure to give them a big Cobargo welcome.

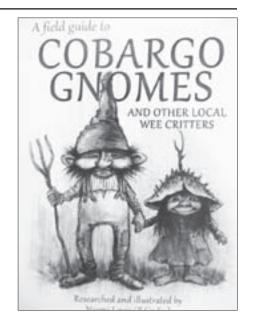
Once again, the CWA gives thanks to everyone for their continued support and reminds us that new members are always welcome. Their meetings are on the second Tuesday of each month, starting at 10.30 am, or you can ring Mary on 6493 6167 if you are interested

And by the way, the money raised by Ken from Cobargo Newsagents' one hundreds club went towards purchasing one of Jon Jones' wonderful timber benches to be placed in Cobargo's cemetery.

This comp had legs!

third prize going to Fiona Drum.

The competition held in Cobargo, 'Whose



Tennis anyone?

As many of you are aware, members of the Cobargo Sports and Tennis Club have been busy refurbishing and replacing the playing surface on the local tennis courts. They are looking great and the club is inviting the local community to attend the courts' official opening on Saturday 1 March 2014 from 2 pm. We welcome people to come down, have a look at our great new facilities and enjoy a light afternoon tea.

In the meantime, if you feel like a hit the courts are now available for hire and we are encouraging members of the local community to use this updated facility. We have tried to keep our prices reasonable, each court is available for hire for only \$10 per hour (lighting extra if used at night) and the key to access the courts is available from the Cobargo Pub.

We are currently running a social competition on Tuesday nights and if anyone is interested in getting involved they are encouraged to contact Di Bacon on 6493 8366.

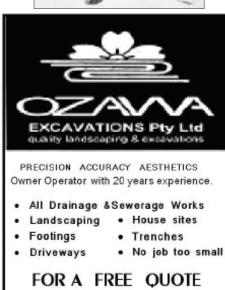
Cassy Dowd

New Baby in the **Triangle**



A beautiful baby son was born to Helen Howie-Doze and Ian Livingston at the Moruya Hospital on 29 November at 4 am. He weighed in at 4.2 kg and not only are his parents thrilled, but his sister Lucy is over the moon. And the baby's name? It's Sidney Livingston. Congratulations Helen, Ian and Lucy.











The Law Comes to Town



Lawyer Steve Ross is busy getting the new office ready in Cobargo

It has been a very long time since Cobargo had the services of its very own solicitor but all this is about to change. One of Cobargo's most charming old buildings, 36 Princes Highway, will be home to Sapphire Mediated Resolutions which offers a full range of legal services.

Steve Ross, principal solicitor, will be working with his life partner Suzy McKinnon to provide a range of legal and community-based support services from the new office in Cobargo. Steve and Suzy first met when Steve was the Coordinator of a youth refuge and Suzy went to volunteer. Together they have more than 40 years combined experience providing legal and community services. They also have a love of beauty and a commitment to social justice and it is these elements that they will be emphasising in their practice.

Suzy is busy making 'the old house' beautiful and welcoming whilst Steve is developing a client base of work covering all areas of law including wills, enduring powers of attorney, estate management, conveyancing,

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phone: 02 6492 7174 mobile: 0428842923 email: cesune@bigpond.com ABN: 20 939 362 968 family law and local government. Steve also has expertise in all areas of employment law.

Mediation is Steve's other area of expertise. Sapphire Mediated Resolutions believes it is often better to mediate than litigate. This means that through a thoughtful and considered process people can resolve conflicts in a cost effective and less stressful means than pursuing a legal remedy.

'At Sapphire Mediated Resolutions we respect our clients and ensure that the highest standards of confidentiality and integrity are maintained,' Steve said.

In keeping with Sapphire Mediated Resolutions' philosophy of service to the community, the practice will also be providing a free legal clinic once a month on a Saturday morning. Details will be advertised soon. Steve and Suzy were previously both involved in the running of a free community legal service and understand the necessity for everyone to be able to access legal assistance.

As the service develops and the lovely old building comes to life again, watch out for a number of activities that Steve and Suzy have planned. In keeping with where they first met there will be a focus on supportive and creative activities for young people.

The legal service will officially open its doors on Monday 3 February and initially will be open every Monday, Wednesday and Friday. Other times will also be available by appointment. An 'open house' will be held on Saturday 15 February from 10 am to 1 pm. Everyone is very welcome. Steve and Suzy would love to meet you and discuss with you your needs and what the service can contribute to the local community.

The new office is at 36 Princes Highway Cobargo, just past the Cobargo Bakers as you head towards Narooma. Contact Steve Ross on 0498 268 948 or by email

Steve@sapphiremediation.com.au The Website address is www.sapphiremediation.com.au



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Go Gnomes

Cobargo Gnomes and Other Local Wee Critters is an utterly charming and delightful publication by Naomi Lewis. It is a field guide to gnome spotting in the area. The appearance, habits and habitat of local gnomes, and of course other wee creatures, are humorously described and beautifully illustrated.

On Saturday January 4 Well Thumbed Books and The Lazy Lizard Gallery combined forces to launch the book and exhibit the original paintings that are reproduced in the book.

Naomi's characteristically delicate watercolours and understated acrylics evoke the whimsy and wonder of the little people's world. As Shirley Anne Myers of Lazy Lizard said, everyone left the gallery with a smile on their face.

The book is for sale for the wee price of \$15, an excellent gift for friends and family and a valuable guide for tourists.



Naomi Lewis signing a copy of her book Gnomes of Cobargo for Jenny Bruce

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Showtime for Cobargo



Rough riding at the Cobargo Show 2012

Cobargo Show, 8 and 9 February 2014, is so close we can smell the horses, taste the dagwood dogs and hear the laughter already. Our committee has been busy, making improvements all year: adding and upgrading seating, extending permanent steel fencing around parts of the arena, opening further access to the BBQ area and improvements to drainage to accommodate downpours of the wet stuff. Although we hope for a dry show, a downpour Sunday night or Monday would be well received.

Cobargo Showgirl: In preparation for the zone showgirl final on Sat 1 Feb, Cobargo held their Showgirl competition on Sat 7 December.

The committee would like to thank all young women involved—it certainly was tight competition and difficult for the judges to split the contestants. Junior showgirl winner went to Emily Smith and runner-up to Megan Salway, Showgirl winner is Toyah Rugendyke and Runner-up Chloe Cole. We wish Toyah the best for the Zone Final in Crookwell on 1 Feb.

Cobargo Show Entertainment: Cobargo Show has once again jam packed both days with great family fun. Main arena entertainment begins on Sat from 1 pm with the mini rodeo, a regular family favourite. Show jumpers can try six-bar jumping at 4 pm, preceded by a sheering demonstration. Our popular campdraft has moved to a new day and time on Saturday at 5.30 pm. Sunday entertainment begins from 11.30 am and is packed full, with whip cracking competition, post ripping and chainsaw events, sheep dog demo, juniour and open team sorting, open steer ride and concluding with the rodeo.

Cheese Competition: New to this year's pavilion is cheese judging, with a total of nine classes including soft, hard, ripened and marinated cheeses. Cobargo Show committee is grateful to Helen Schaefer and the Bega and Cobargo Veterinary hospital for bringing the idea to the committee and for all the hard work in getting it off the ground.

Horses: Show jumping will run a full program over two days including a juniour



Cobargo Showgirl 2014: clockwise from top left: Chloe Cole, Camille Russell, Megan, Salway Emily Smith and Toyah Rugendyke

and open sixbar comp on Saturday afternoon. Hack program will run on Saturday with second chance ring, and Sunday has been allocated for the novelty events and heavy horse classes.

Cattle: Dairy cattle judging, like last year, will be on Saturday morning in place of Friday and beef cattle judging will be held Sunday morning.

Cobargo AP&H Society has an amazing committee and hundreds of wonderful volunteers and stewards who come along every year to lend a hand—we wouldn't have such a wonderful show without you.

We would also like to encourage anyone, city or country-bred to join our committee and bring along your ideas and experience. Our committee meets on the second Wednesday of the month at the CWA cottage from July to March.

Rebecca Miller



Scott Dibden showing his skill

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Wasn't New Year's Eve a great night at the Quaama Hall? Quaama families and visitors from as far as Merimbula, Dalmeny and Canberra shared pot-luck dinners and chatted on rugs on the lawn, and enjoyed music from the verandah as the twilight faded. Then from 9.30 pm 'Restless on the Farm' (singer/ songwriter/guitarist Heath Cullen, bass Matt Nightingale, drummer Dave Hibbert and guitarist Michael Menager) rocked - the dance floor was jumping. We had about 130 paying guests and perhaps 30 kids, and talk around town (and further) was that a great night was had by all. Will we be doing it again? You bet. The QPA has decided to forego the Summer Soiree next year in favour of another New Year's bash.

Judith Jones would like to thank the Quaama Morning Tea Ladies, the Anglican Women and her other friends for their farewell gifts in December. I rang to see how she and David are settling in up in Morrisset Park, and she sounds very happy. Their unit is right on the lake with lovely gardens, and Judith is enjoying watching other people doing the gardening (they are paid to do it). And she's slowly unpacking boxes.



The energetic Andrew Grey joined the band for a few numbers later on



Crowds gather to share a meal and enjoy local musos on the verandah

In December, Letitia MC'd a benefit night for Ronnie Rae and his family at the Cobargo Hotel. Ron's battling some ill health at the moment. His partner Lisa has had to take time off work too and Letitia thought some community help was in order to fill the dollar gap.

Nine tables of eight faced minute-towin-it style, Christmas-themed challenges. The pub donated a bottle of Chivas Regal which contestants tossed gold coins at; closest coin won (the bottle, not the coins). And there was also an auction of donated goods. Letitia's voice had almost recovered when I spoke with her a few days later — maybe arrange a mic next time! Good on her for making a real close-to-home difference.

There will be another function for the

Raes at the Homestead, Brogo, on Saturday 1 March with a three course meal (\$25) and live entertainment. The bar will open at 5.30 pm with dinner from 6.30 pm. Bookings are essential: call the Homestead on 6492 7362 if you'd like to go, or if you can donate an item for another fundraising auction.

Warren and Veronica Abbott are twice blessed with the safe arrival of two grandsons last month: Laith Edward born on 4 January and Samuel Henry born on 21 January. Congratulations to Alicia and Liam and to Leah and James and welcome to the world gorgeous boys!

Congratulations also to Dan and Charmaine of Bermaguee St, who got married on Australia Day. I'll try to get a photo before next month.



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February events:

Sunday Live Music: 2nd and 6th from 1.00 p.m. Social Bridge: Wednesday 5th from 2.00 p.m.

Summer Showtime: Saturday 1st @ 7.30 pm, featuring the BEEZ in cabaret

Signposted off the Princes Highway, 4 km north of Central Tilba. Tel: 4473 7308





Quintessentially Quaama

Kelly Thistlewaite makes the summit – and raises \$6000 for diabetes

I am writing to update and thank all of you who contributed to my daughter Kelly's trip to Africa to climb Mount Kilimanjaro 'for her Dad'. Kelly had connected with the Baker International Diabetes Institute in Melbourne, which for many years has researched diabetes and its effects.

Kelly's dad. Vic. has had diabetes for over 20 years and the effects of that are becoming intense. Kelly asked the Quaama community to help with fundraising and of course you did. Kelly wants me to thank all of you who gave so generously. Between the two of us we raised \$6 000 - the ten people in Kelly's climbing group, all Australians, raised \$75 000 between them. So thank you all so much.

Now for the amazing end of the story.

After a couple of days settling in, the group set off. Each person had a guide to assist with the climb. Kelly was blessed to have Gideon as her guide.

The beginning of the climb was easy and Gideon made it even easier by making Kelly laugh and teaching her about the wildlife they saw and the countryside around them. The

Our very own pint-sized Quaama fairs have been happening now since October 2011, season in, season out, thanks to a small team of committed locals. Special thanks though to Veronica Abbott, our QPA President, who manages to be everywhere at the same time, directing stall keepers and verandah talkers, judging competitions, ladling soup, entertaining kids, etc, then collapsing in a warm, cuddly heap at the end of the day.

Go on, you love those fairs, don't you? If not, no need to read on.

Still with me? Great. Veronica's happy to continue orchestrating the fairs, but we really need some new fairees to work with her and take charge of specific small areas. There's not a lot of work in any one area - it's just a lot if you're doing it all (as Veronica will agree). And it isn't about doing everything on the list, just making sure it is done by someone.

So, these are the areas requiring specialist co-ordination:

The kitchen - running on the day, setting

guides would welcome everyone into camp each night with singing and dancing. After the first couple of nights the climbers started to join in the dancing. I have seen the most amazing video of this happening.

But, as I mentioned in my last article in July 2013. Kelly has asthma and this had worried me from day one. As they climbed higher and higher the air became thinner and thinner. Kel is not a person who gives in easily but she was beginning to think that she might not make it, even though by now the summit was in sight.

She told Gideon that her breathing was getting very bad. Gideon said to walk about a step behind him, step with her left foot then bring her right foot up level. He would constantly look back and smile at her and say, "We can do this, Kelly". He also sang Silent Night the rest of the way. She recognised the tune but he was singing in his own beautiful language.



Kelly Thistlewaite (right) with Gideon at the summit

Thanks to Gideon, Kelly got to the summit of Kilimanjaro in November last year, something she will never forget. She loved Africa, the beautiful countryside, the villages, but more than anything it was the people.

So, once again, thank you Quaama for your help. Kelly has asked me to tell anyone thinking of climbing Kilimanjaro, "Do it! You will never forget the experience or the people you will meet."

Pam Thistlewaite

Needed: Quaama Fairees

up tea and coffee, organising a clean-up crew.

The food for sale in the Supper Room theme for the food, what we need, who will bring what.

Competitions - receiving entries, hosting the voting, organising the judges, counting votes, pinning on ribbons.

QPA stall - trading table, recruitment of new members, spruiking upcoming events, getting feedback, T-shirt sales.

Stallholders - recruitment, maintaining database of contact details and other information, siting, greeting on the day, collection of fees.

Performers and demonstrators recruitment, scheduling, liaising with speakers/presenters/demonstrators re times and requirements, MC, introductions, guest wrangling, PA.

Activities - making sure we have some, working with the hosts, collecting materials if needed.

Art exhibition - setting a theme, recruiting art work, receiving and hanging, looking after sales on the day.

Grounds - organising setup team to mark out stall sites, bunt, put up flags, set up arena seating, barricade no-go zones, put up signs, lay out hall, etc.

Publicity - making sure there's no one who doesn't know the fair is on and what they can look forward to.

Note that these roles will involve cajoling (bribing/beating/threatening) other people into taking on tasks and working with other co-ordinators to make sure everybody is in the required loop.

And remember that it's actually heaps of fun too. If this feels like something you'd like to get involved in, call Veronica on 0437 263 128 or email joxamara@hotmail.com. She'll be delighted to hear from you.

The first meeting in the leadup to the Harvest Fair in April will be at 6 pm on 12 February at Quaama School of Arts Hall.

Jen Severn

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Summer holidays are here again with their expected changes to our normally quite quiet village, a boost to the shopkeepers and owners of businesses of all sorts and, no doubt, some potential new settlers at some stage in the future. It seems a number of first timers to Bermi either do not leave or come back for good. Without malice or ill intent, I trust we will not have too many this year round.

Before I launch our news for 2014, let me step back to capture the last few events of 2013, notable events for their diversity and authenticity in our petit yet proactive and artistic community.

Fundraiser for our art and environment

Firstly, the Xmas A-Go-Go fundraiser was held in our community centre, with the suave Rob Tacheci as MC, complete with gold lamé jacket. A delicious and agile Magnificent Seven Go Go dance troupe opened the night, followed by Kitty Flanagan, that flamboyant and provocative comedienne of TV fame, along with several talented local acts.

Once again the house was packed with locals and visitors in for a good night of fun. In keeping with the A-Go-Go theme, the all-girl group, Sophisticated Boom Boom, brought humour and skill to the stage with covers and original numbers, while the amazing and sexy CJ Leon evoked squeals and sighs from the female Elvis lovers and the indifferent alike.



Sophisticated Boom Boom

It was a total success and many dollars were raised to preserve our natural heritage in various ways. In fact 'Friends of the Forest' and 'Sculpture on the Edge' each received \$2 250 to further their good works. Another success story and much thanks goes to the team that organised it and sold all the raffle tickets. Sam, Angie, Suzanne, Sheena, Arancini Bambini and the many others - you rock!



Kitty Flanagan and koala bear

Christmas concerts

Who has sat in the bush and listened to classical piano? If you have not yet had this moving experience, there is still time. Our local performer and raconteur, Naino Greon, wowed the small yet enthusiastic audience at his annual piano recital on his property, just out of town. He celebrated the masters of music: Frederic Chopin. Franz Schubert and Wolfgang Amadeus Mozart with his heartfelt renditions of a selection of their works. All this from his front verandah amongst the trees, birds and insects - a real delight for us picnicking under marquees. sipping and nibbling along to the polonaises and impromptus, and a sonata for our dessert. One might ask 'who needs the Opera House to enjoy classical music played by a connoisseur?'.

Add the above to the usual annual



Naino Groen and Denise

happenings, such as the Christmas concert by 'That Bunch of Singers' in Cobargo, the monthly markets at the Country Club, New Year's Eve fireworks over Horseshoe Bay and many others, and we rounded up another colourful and uplifting year on the busy social calendar of Bermagui.

Yes or No - Woolies in Bermi

This matter, or anathema, continues to inspire and provoke our residents, in all sectors and ages, in various ways. In fact, Sunday afternoon of 12 January saw about 150 locals plus a few visitors gathering on the proposed site to share the spirit of community in action, voicing and standing up for their feelings and rights that there be a successful 'no' vote. A popular song from 1970 by Joan Baez, about paving paradise and putting up a parking lot, was offered by local performers as a metaphor for the taking over of this idyllic site, some said the whole town, for a supermarket.

In another sphere, the legal challenge mounted in the Land & Environment Court continues too, with moves and counter moves in an effort to bring common sense to the whole proceedings. Primarily, the legal representatives acting for Woolies successfully gained a delay in proceedings and then lodged another Development Application (DA) for the same site

They are within their rights, though meanwhile the period for responses from the community to this new notice of intended



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Holiday periods are renowned for people travelling or engaged with family and friends in celebration, not the watching of council activities or web sites. This timing could be said to be orchestrated, though I am not making that claim.

Could this submission period be extended into the 'business as usual' time of the year to show respect for our community and its future, regarding this complex question? This is obviously not an 'open and shut' case for the DA, given the extent of the 'no' vote, therefore it warrants more time for review.

What do you think? Would you like to be rushed into a decision that impacts your life in a range of ways for a long time? I understand the General Manager at the Bega Valley Shire Council, PO Box 492, is accepting requests for an extension of time for submissions till at least March 2014.

We have two established grocery outlets already that don't impose themselves on the streetscape or other shops too much. One in particular, in fact, appears to be rather effective as a business because other companies seem to want to buy it - its third owner in as many years has just taken over.

And how does the Big W make its livelihood, it could be queried? They are a part of duopoly across Australia living off many captured markets, I have heard. Better, or not? You decide.

Food, food, glorious food

And why a Woolworths in Bermi anyway, one might ask? 'For cheaper food', has been one chorus.

The food available at Woolworths is often sourced from overseas, often food which is out of season for our area, heavily packaged, and with many a chemical and additives included.

One might ultimately ask: is that real and healthy food anyway? There are many options



Many protest Woolies in Bermagui

for food production, all do-able, fun and healthy, from what I perceive.

Community gardens are springing up all over the place, here and across the world, bringing health, life and connection to their communities. Has this solution been explored by BVSC or anyone here fully as yet, I wonder? 'Grow your own' has been around for aeons, yet not acceptable by many in our modern society now, it seems. Too dirty, unreliable, produces less than perfect looking fruit and veg and takes too much time, I have heard it said.

Perhaps we have forgotten how and are not encouraged in that direction, yet it is now part of many school curricula these days, would you believe?

Diversity in our town - more than just food

When we visit a town on holidays, often we look for similar resources and facilities as those from where we have come. In our case, Bermi is fortunate in that we have quite a range of retail and hospitality outlets which offer quite diverse and interesting products, yet somewhat comparable with bigger towns and cities. Hence we are such a popular destination, during the Christmas holidays in particular. This is about to change for the worse, in a way.

At very short notice and due to no fault of the owner our only sushi house, Makimono, looks to be under threat of closing down very soon. What, no sushi or nori rolls in Bermi anymore? 'Twould be a real gap in our market.

This mention is not an advertisement for the wonderful sushi and other quality foods they sell, it is simply bringing to your attention the fact that there is now an opportunity for someone to step in and take up where the existing owner is not able to. This business is the only accredited raw sushi outlet for many a mile, after many dollars and much preparation time spent to achieve this high status. Who has always wanted to live and work here? The landlord is on board, so a lease is assured. Here you go then ... call Dianne on 0422 247 231.

Sing your way into the New Year

That Bunch of Singers, practises from 7.30 till 9.00 pm on Tuesdays in Bermi at a venue to be confirmed.

Also, the Bega St Choir meets Wednesday nights from 7.30 till 9.00 pm at the Mumbulla school hall, Bega.

Both choirs start back in the first week of February so call Dan for more details 0408 882 668.



Princes Highway Cobargo Ph: 02 6493 6405





Bermagui Seaside Fair: 'Out of this World'

The 17th Bermagui Seaside Fair will be held on Saturday 8 March.

This year's theme has an outer space meaning and also praises the natural beauty of Bermagui by stating that Bermagui is indeed 'out of this world'.

The committee hopes that many attending the Fair will once again dress in the theme and participate in the street parade to win a prize in the different categories.

The inaugural 'Umbrellas of Bermagui' will be a huge attraction this year with fifteen, three-metre, unique, hand-decorated shade

umbrellas going to auction to raise funds for the local skate park.

Questacon is back 'making science fun' and the afternoon's musical entertainment will be provided by four of Bega Valley's most talented musicians when they perform a two-hour 'Tribute to Johnny Cash', their last show in our area before they take it on the road. Tony Jaggers will also be performing throughout the day on the Essential Energy stage.

Market stalls, carnival, static displays, kid's entertainment, Teen Talent, arts and crafts

and photographic exhibitions, Art in Place, model boat expo, fireworks, and charity auction will once again provide a fantastic day out for every age group.

The variety concert will be at the Country Club from 1 pm to 4 pm the following day, Sunday 9 March. More information and other events will be released as the program is completed.

A great day out is guaranteed so note 8 March in the diary and be prepared for an 'out of this world' experience.

Mahboba's Minstrels

My mother, Marguerite Figucio, lost her first child to negligence, leaving a gaping hole in her heart for the rest of her life and a deep love and compassion for disadvantaged children here or across the world.

Mum knitted. She knitted bonnets, blankets, gloves, jumpers, cardigans. She always had knitting needles in her hands making something for somebody. On one visit to Bermi, she told me about the 'lady across the road' who belonged to a small group who knitted for the disadvantaged. Well Marguerite, who donated to every charity that put their hands out, set about utilising her exceptional knitting skills and began to knit for the group.

Mum passed away in December 2011. When I finally found the courage to go through her things,

I found a plastic bag with three little jumpers with matching bonnets and a child's blanket. I recognised they had been knitted for the group but I knew little about them or where I would



Carole Broadhead and Dawn Hollins with Marguerite's knitting

contact them at the time. Not ready yet to pass the items on, I put them back in the bag to be dealt with on another more courageous day.

Late last year a fundraising event was held by the Loomgrowers to raise project-specific funds for Mahboba's Promise, a project to assist the women and children of North Afghanistan to educate their people, provide clean water, construct orphanages and rebuild a sustainable, self-sufficient community.

Whilst chatting at the door, one lady asked who my parents were and a broad smile of recognition came across her face.

Well to cut a long story short, I had come into contact with the very group Mum had been knitting for. I couldn't hold back the tears - at last those little items of clothing had found their place with the children mum had knitted them for.

The day was wonderful, music, food and a beautifully supportive group of people. I left with warmth in my heart and I know also with a proud Mum sitting on my shoulder.

I was close to her again that day.

Thank You Loomers.

Maggie McKinney



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Bermagui Legacy Lunch

Rain could not dampen enthusiasm when the Bermagui Legacy widows gathered for their annual Christmas lunch at the Bermagui Country Club on Thursday 5 December.

Invited guests representing the RSL and the Legacy Club of Wollongong joined in, as well as legatees from the Narooma group which has responsibility for Bermagui.

Narooma Legacy Chairman, John Gellibrand, met Bermagui local, Mrs Angela Vasey. Angela's mother-in-law, Mrs Jesse Vasey, was the driving force in forming the War Widows' Guild, and Vasey housing still exists in most Australian states.

John's grandfather, Sir John Gellibrand, pioneered the formation of that uniquely Australian organisation, Legacy, in 1923. Pivotal connections such as these are greatly treasured.

Local legatees distributed Christmas hampers to their ladies and all agreed it was a most enjoyable day.

Gail Whelan



From left: Norma Heddles, Angela Vasey, Nancy Smith, Billie Illingsworth, Thelma Matthews, Anne Gray, Jillie Richardson and Judith Storey

Is it a bird? Is it a boat? No, it's a cat!

During the January holiday period a large Catamaran was berthed in Bermagui. It was named Pelican but you might have had trouble realizing that since 'RESEARCH' is emblazoned on the side in large letters. Taking time out from her research and community engagement duties the Pelican ran some short threehour cruises out of her homeport. The January heat wave was less severe on the coast and if you had ventured onto one of the Pelican cruises you would have discovered that being on the ocean on a calm day was heaven on a stick and a perfect way to spend three relaxing hours while the rest of the state sweated in 40 °C temperatures.

The boat was designed and built by

Pelican Charters Pty Ltd in conjunction with marine architect, Murray Isles, and it combines modern catamaran and traditional Polynesian design, thus incorporating the best of both ancient and modern. The result is a boat that is fast, safe and suitable for everything from marine research to ecotourism. There are significant technical and communication facilities available and specifications that allow her to carry up to 20 people on board for extended periods at sea and up to 60 for day trips in sheltered waters.

In 2013 the craft was chartered by the International Fund for Animal Welfare and spent time surveying an area in the Great Australian Bight to the west of Kangaroo

Island off the coast of South Australia. The crew on board at the time had the luck to see the rare Shepherds Beaked whale- it was only the second ever documented and confirmed sighting. During the survey whales, dolphins and seals were sighted and sperm whales were detected acoustically. (*IFAW & Marine Conservation Ltd report 2013*)

There are two leases that the government has approved for oil and gas exploration and a seismic survey is proposed in the area covered during the IFAW project. It would seem likely that such a survey would seriously impinge on aggregations of sperm whales, pilot whales and Shepherds Beaked whales in terms of both location and the planned timing. Following low frequency acoustic testing, autopsies of stranded beaked whales have shown tissue trauma associated with an acoustic or impulse injury that caused the animals to strand (Frantzis 1998) source: Australian Government Department of the Environment.

On our local cruise all we saw in the way of wildlife was a seal quietly snoozing, rocking gently in the waves, flippers seemingly crossed above his chest and a view of Gulaga majestically dominating the landscape. Oh there were birds too of course, fine built, dark, fast and hard to identify, skimming the waves and white sands that seem to run forever along the shoreline

Jo Lewis



Pelican at home again and taking passengers for day trips

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It's been a dry old argument since our last issue. Mid January's heatwave didn't help matters although we must be grateful that we were out of the fire zones, at least for the time being. February can be just as dangerous so we're not out of the bush yet. Nor are those bloody koels. I'd like to give 'em whoop whoop when they camp in the trees outside my bedroom. According to the twitchers, these antisocial cuckoos are appearing further south each year so it looks like we'll have to learn to live with them. If they're climate refugees as some suggest, then that's a good enough reason to do something constructive about the warming globe in my book. Turn back the cuckoo clocks I say.

The Tilbas have had a bumper season it seems, the traffic and crowds pouring into the valley throughout January, just as they have for well over 20 years now. We're going to need an underground car park at this rate. There's no doubt the summer influx keeps our towns going with the busyness but the Chamber of Commerce might spare a thought for the non business locals

trying to go about their business when on some days it's almost single lane traffic in and out of town ...or they have to reverse a mile out of town to let a bird brained caravan driver escape. I read an interesting snippet recently that Tilba is ranked 73rd in Australian Traveller Magazine's list of 100 "best kept secrets". Secret? Well, all I can say is someone's not keeping their mouth shut...just like our friends the koels.

A different kind of call has gone out from our local Anzac Day committee for First World War memorabillia for an exhibition in Central Tilba this coming Anzac Day. Although this project is in aid of 2015's Centenary of the Galipoli landings, the committee would very much appreciate any offerings for this year's event. They are looking for local paraphanalia



Chip off the old block Cliff Hayden installs Jim Mummery's Whirlygig whatsit at Pam's Store.

related to Galipolli and/or WW1 in general. Photographs, medals, uniforms or parts thereof, letters and souvenirs. If someone in your family served in that conflict and you have objects of interest, the committee would love to hear from you. All offerings would be registered and protected and are to be displayed only in the small hall for the after service refreshments. Where possible photographs and documents will be copied for display but the committee asks that donors be present on the day to ensure their precious heirlooms are secure and to discuss the items with the general public. The committe is made up of Harry Bate, Norm Hoyer, Angela Young, Sue Munro, Mal Dibden and David Oliphant. David's number is 4473 7838 but any of the others would be happy

A couple of notable birthdays during January. Linda Lonergan, Tilba Primarys' long serving school 'mother', celebrated a big 60, and if she thinks that's 'old' then spare a thought for Kevin 'Shags' Hayden, all of 79 on January 2. I'm sure he wishes he was still on 69 but at least he can still say he's in his 70's. Meanwhile Shag's youngest boy Kev Jr., or Little Shags as he's known to some, has made the local social pages with a photo in the January 8 edition of the Narooma News, sitting on brother in law Muck Youlten's lap on New Years Eve. Unfortunately the paparrazi got it slightly wrong, naming him 'Little Snags'. Let's hope he's got a thick skin because for the moment he's going to have to put up with a few bad sausage jokes, which are the wurst. You don't have much luck with meat products do you Kev?

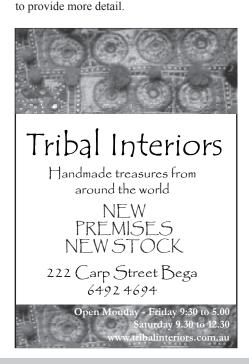


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Another meaty bite, this one from down the hill in Tilba Tilba. Cliffy's burgers are flipping good as we all know but now you can see him really flipping them out the front of Pam's Store thanks to the skills of Jim 'Boomerang' Mummery. Jim is one of the district's part time resident Canadian winter refugees, who for many years now has been spending our antipodean winter as a regular Woofer on Tilba properties. Now established on a Wandella plot with partner Sally, Jim grows wholesome fruit and veg and turns his hand to the art of wood carving. It's a whittle sideline he turns his hands to when not toiling the soil. He calls these creations Whirlygigs and has generously presented Pam's Store with his first Aussie effort, in apppreciation of Cliff and Sherry's kitchen fare. Jim is keen to see what other locals can do with the idea, a popular pastime in his Canadian rural region. If you have Internet access, just search for images of Whirlygigs to see what an amazing range of imaginative ideas are out there, including patterns, tips and instructions. They can be made from all manner of odds 'n ends and junk. Jim reckons that Tilba could make an attraction of the concept with perhaps a Whirlygig weekend in Tilba Tilba for the crafters to show

off their skills. The quirkiness wood certainly suit Tilba's off beat reputation. Cliff is thrilled with his unique wind powered present. The likeness is uncanny on his wee flipper lookalike. Good one Jim.

And not so good. The new year has brought sad tidings for a few folk. I made mention of former Tilba Tea Pot proprietor Tony Payne and his long battle with leukemia last issue. Sadly, Tony passed away at home in Tuross on December 29. Those locals who remember Tony from his and Roz's long tenure at the Tea Pot will know that he was lovely smiling fellow and a real gentleman. Vale Tony, rest in peace. Roz hosted his wake at home in Tuross on the 10 January with a large gathering of family and friends attending. Our condolences to Roz and kids Daryn, Alan and Raymond, all with strong ties to Tilba, and daughter Lindy from Canberra.

Sad for some local dog owners too, with deaths from ticks and misfortune. Gayle Donnelly from Brushgrove Lane lost her beloved Mardy to a tick around Christmas, as did Sharon and Peter Perkins from The Brynn with the death of both their beautiful 'fluffy white devils', Jill and Raphael. Raphie to a tick and Jill soon after having to be put down due to aged pain and

disability. A double blow. Also Keith and Barb Kerslake's 14 year old mutt Quincy gone in horrible circumstances. Frail old timer Quincy had roamed off the property above McCarthy's Lake and was picked up on the road by a passing neighbour who obviously didn't know him. Unfortunately the driver let him out in Central apparently without notice to anyone and Quincy then wandered off up to the highway where he was run over. Barb and Keith were out in the car searching and found his gruesome remains near the Tilba turn off. Pets they may be but still a tragedy when they are such a big part of family life. So not a good start to the year for some. Watch out for those bloody ticks.

Don't forget the Cobargo Show on Friday/Saturday 8/9 of February. Lots of Tilba input on show as usual. And the C.W.A. girls are meeting in the halls on February10 midmorning. They've been doing great work at the playground of late so if you are interested in lending a hand drop by to find out more.

I'll sign off with a little quip that some of you might find hits the spot during the summer holiday madness. 'Guests are like fish...they go off after a few days'. Cheers. Anything for Tilba Bites to jsmall7@tpg.com.au before the 15th of the month if possible.



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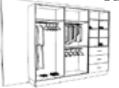
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To net or not to net?



Bats themselves prefer the blossoms of native trees rather than the fruit on your trees as a food source (image by AJ Caruana)

A very distressed bat had the misfortune to get caught in fruit tree netting. Luckily, this little bat ended up in the care of two dedicated WIRES volunteers and is now recovering from the injuries that the netting caused. The wrong kind of fruit tree netting can cause painful and fatal injuries to our small native animals. The worst kind (and unfortunately the cheapest) is the dark thin-mesh monofilament netting also known as 'anti-bird netting'. It is sharp and can quite easily cut through a bird, reptile or bat's skin. This netting is very hard for the animals

to see so they are likely to become entangled.

Netting that isn't pulled tightly and well secured over a tree is likely to ensnare animals. Netting should be drawn tight to protect animals from getting caught up in it. Medium sun block (50%) shade cloth is another solution to protect your fruit without harming native animals. You just throw the shade cloth over the tree and secure it with pegs.

Bats eating your fruit can be a challenge, however, the bats themselves would prefer the blossoms of native trees as a food source. Unfortunately for the bats, land clearance is reducing their access to their natural diet. They seek out fruit when their traditional food sources such as native figs and lilly pilly berries or the nectar and pollen of eucalypts and other native trees such as paperbarks and banksias aren't available.

Bats are responsible in large part for the pollinating of our native trees and other flora in our forests and the dispersal of seeds throughout a wide area. They are essential to the survival of diverse and healthy native forests. We owe them a great debt. There are only about 450 000 greyheaded flying foxes left in Australia. They have been listed as endangered and their numbers are still dropping.

Bats are mammals, so the babies live on their mothers' milk. When a flying fox lactating



Netting pulled tightly and secured around trees will minimise risk to wildlife (image by Justin McKee)

mother gets caught in netting the injuries are usually too severe for her to be immediately released. Sadly, this means that a baby back at the colony will die a slow death from starvation or dehydration.

Remember, never touch a bat that you see entangled. Ring the WIRES hotline, 6495 4150, and an experienced and vaccinated volunteer will come as quickly as possible.

Lois Katz WIRES Publicity Officer

Members Monthly Draw Last Saturday of the month at 7pm

Bermagui Country Club

www.bermaguicountryclub.com.au Ph: 02 6493 4340

The Terrace Restaurant - 02 6493 4177

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TAB & Keno facilities Wednesday

Members Badge Draw 5.45pm, 6.45pm, 8.00pm Raffles 7.30pm Trivia 8.00pm

Friday

Raffles - over 30 prizes First draw 7.30pm Wednesday

Steak Night in The Terrace Restaurant

Saturday 22nd February Members Monthly Draw

Draw starts at 7pm

Lunch Menu 7 days from 12 - 2pm Restaurant open 7 days from 6 - 9pm



Bingo

Monday 10.30am

Pool Comps

Wednesday & Friday 7.30pm

NPL Poker

Thursday Registration 6pm

Entertainment for February:

Fri 7th: Ricky Bloomfield, Fri 14th: Wayne Trezise, Fri 21st: Darryl Lamb, Fri 28th: Michael Horneman.

Please phone Club for more information - 64934340

The Triangle's Eco Edge Competition

Local environmental company AKT has this year sponsored a page in the *Triangle* every month. Our brief was pretty broad: the page was to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution - story, essay, poem, painting, drawing, photograph - we receive. Congratulations to Peter Shepherd of Brogo, last year's winner,

for his stunning piece in the September issue, Miraculous. Peter wins a prize of \$400.

The runners-up were Sandra Taylor of Wandella and Anna Buck of Tathra.

We are running the AKT Eco Edge Competition again in 2014, so look around and start writing, drawing and photographing. There's a wealth of inspiration around us.

A Story About a Little Grey Seabird by Australian Seabird **Rescue South Coast**

You would have noticed during September and November many dead or dying shorttailed shearwaters (Puffinus tenuirostris) scattered along our coastline. As a volunteer of Australian Seabird Rescue (ASR) I receive concerned phone calls from the community. Short-tailed Shearwaters are the most abundant seabird species in Australia, approximately 23 million, with a wing span of one metre and are believed to reach speeds of 85 km. They can dive to 50 metres in order to catch prey. They are protected by state law and international treaty - the Japan and Australia Migratory Bird Agreement (JAMBA). They commonly live up to 20 years with one banded and recorded as 38 years.

They are migratory and circumnavigate from the northern hemisphere to the southern hemisphere (Australia, New Zealand and Antarctic region) to breed. Once they arrive they head straight for their breeding grounds (mainly on offshore islands, and they start breeding from seven years of age) and find their partner. Our local colony of birds breeding on Montague Island will spend three weeks out at sea before laying a single egg. The whole colony lay their eggs within three days of each other during the last week in November. This is to ensure they all fledge within a few days of each other to make their first trip back north together.

The eggs take approximately 53 days to hatch with hatching starting in January. They A Short-tailed Shearwater, Southern Ocean Seabird are fed regurgitated fish, with the adults taking turns, eating mainly Euphausiid krill and Association Study (SOSAS) Wollongong pelagic trip travelling up to 15 000 km to the Antarctic pack ice in a single trip. The adults depart in



early April, leaving their chicks, who weigh more than twice an adult, to take a further 23 weeks to lose their down and develop their adult plumage before heading north.

The birds we come across along the beach are generally exhausted and underweight from their migration from the Northern hemisphere and were fledglings from the prior year. So next time you see one of these amazing little seabirds just think about how far they have come to get here to breed.

If you come across an injured or sick sea or shore bird call the ASR emergency phone number 0431 282 238.

Penny Beaver

Help a Hoodie these holidays

Critically endangered hooded plover chicks will be hatching out on a number of beaches along the south coast this summer holiday. There are fewer than 70 'hoodies' remaining in NSW and they need your help to survive on our beautiful beaches. Known nests will soon be hatching out on Berrara Beach, Manyana Beach, Lake Tabourie entrance and Cormorant Beach (Bawley Point), so please take extra care at these sites.

Endangered little terns are also now nesting in small colonies at Lake Conjola, Burrill Lake and Lake Wollumboola. This timid little shorebird lays two or three eggs in a shallow nest scraped in the sand, just above the high tide mark. People protect nests using stake and string fencing and temporary beach signage to minimise disturbance to the birds.

After four weeks, tiny fluffy chicks hatch out and start roaming the beach looking for food. Parents accompany the chicks and attempt to protect them by distracting potential predators, but the little chicks must feed themselves. So these little ones need space to roam the beach to find food, and unfortunately they don't stay inside the fence. But you can easily help them survive by walking down by the waterline and keeping dogs under control on nesting beaches. Your help is appreciated.

The South Coast Shorebird Recovery Program is a cooperative effort between the NSW National Parks and Wildlife Service, local volunteers, communities and councils. This nest protection program has led to a doubling in the local south coast 'hoodie' population over the last decade.

Jodie Dunn, Shorebird Recovery Coordinator

AKT, a company of some 32 years' standing, currently is engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community. This year AKT donated \$1000 to South Coast Field Days.

But AKT is also active internationally. Because we are about more than just making money, this year AKT International donated £6000 to ABCs and Rice, a charity in Cambodia, to purchases buses as a safe and reliable mode of transportation to and from government school for children living in poverty.



Rules for Teachers in 1872

- 1. Teachers each day will fill lamps and clean chimneys before beginning work.
- 2. Each teacher will bring a scuttle of coal and a bucket of water for the day's session.
- 3. Make your pens carefully. You may whittle nibs to the individual tastes of your pupils.
- 4. Men teachers may take one evening each week for courting purposes, or two evenings per week if they go to church regularly.
- 5. After ten hours in school, the teachers may spend the remaining time reading the Bible or other good books.
- 6. Women teachers who marry or engage in unseemly conduct will be dismissed.
- 7. Each teacher should lay aside from each pay a goodly sum of his earnings for his benefit during his declining years so that he will not become a burden on society.
- 8. Any teacher who smokes, uses liquor in any form, frequents pool or public halls, or gets shaved in a barber shop will give good reason to suspect his worth, intention, integrity and honesty.
- 9. The teacher who performs his labour faithfully and without fault for five years will be given an increase of 2/6 per week in his pay providing the Board of Education approves.



SOME DAYS MISS SPENCE, I FEEL I WOULDN'T MIND ENGAGING IN A LITTLE UNSEEMLY CONDUCT <u>BEFORE</u> I REACH MY DECLINING YEARS



125 years on

The Cobargo Anglican Parish (which encompasses all of The Triangle) turns 125 this year. Come and join us as we celebrate our 125th birthday on 30 March. As part of our celebration, we are documenting our history, so if you have stories or photos about our parish's history, we would like to include them. Please contact Fiona Kotvojs (6493 6080 or fiona. kotvojs@bigpond.com) to share them.

During the mid1950s in the parish the youth were very active. Sunday school was operating in Cobargo during the early 1950s, led by Charlie Ferguson. It was opened in Bermagui in (1954 or 55) with 'Young Tommy Wills' as the Superintendent. Many children were being confirmed with services occurring in Cobargo, Bermagui, Wallaga Lake and Tilba (including the candidates from Quaama and North Brogo) in 1955. Young and junior Anglican groups were also established.

Pictured right is 1951 May Queen Thelma Went, with Bev Blacka, Diana Parkins and Bev Reed



Nardy Christmas



Santa with Oscar Ballantyne and Denise Redmond, Nardy House CEO

Well over 100 people, including many hopeful children, attended the Nardy House raffle sponsored by the Cobargo Pub on Sunday 15 December. The mega-raffle entitled at least 30 children to select a prize. The major prize, a child's bike which was donated by Cobargo publicans Julie and Gordon Steele, was won by Oscar Ballantyne. The other prizes included a variety of toys, games and soft toys which also had been donated to Nardy House for fundraising. More than \$600 was raised. The Nardy House committee is most grateful to the Steele's for their great effort.

The funds will benefit clients of Nardy House in Quaama. With the support of Ageing,

Disability and Homecare funding over the past few years, Nardy House has been providing respite for people who are profoundly disabled, including children and adults. A permanent accommodation building is nearing completion. This building has been constructed solely with funds from donations and fundraising. Respite vacancies are at times available. More about the services offered by Nardy House can be found on the website www.nardyhouse.org.au or by ringing the Respite Co-ordinator on 6493 8120.

Kitty Leighton Nardy House Secretary

International Women's Day 2014

Theme: Inspiring Change

Southern Women's Group - Women's Resource Centre is inviting creative women to get involved in the International Women's Day (IWD) exhibition to be held at Spiral Gallery, Church St Bega, 7-19 March 2014.

The International Women's Day exhibition 2014 is open to women of all ages, children, young and old, who create artworks from any media such as photography, painting, drawing, printing, textiles, jewellery, sculpture, woodwork, collage – so get creative and enter. Entry forms are available at Women's Resource Centre or Spiral Gallery.

The theme for 'International Women's Day is 'Inspiring Change'. Women's equality has made positive gains but the world is still unequal. International Women's Day celebrates the social, political and economic achievements of women while focusing world attention on areas requiring further action.

'Inspiring Change' is the 2014 theme

for the internationalwomensday.com global hub and encourages advocacy for women's advancement everywhere in every way. It calls for challenging the status quo for women's equality and vigilance inspiring positive change. The vast array of communication channels, supportive spokespeople, equality research, campaigns and corporate responsibility initiatives means everyone can be an advocate inspiring change for women's advancement.

IWD is celebrated on 8 March each year around the world. Thousands of events occur not just on this day but throughout March to mark the economic, political and social achievements of women. Organisations, governments, charities, educational institutions, women's groups, corporations and the media celebrate the day. Many groups around the world choose different themes each year relevant to global and local gender issues. Our local theme for this year's IWD is 'women and

education'.

International Women's Day is a day to celebrate the gains women have made over the years and to bring our attention to the issues that still face us. Most of all, it's a chance to rejoice in women's contribution to making Australia and the Bega Valley Shire a better place for everyone. It recognizes that we, as women, have made and continue to make a difference.

The exhibition will be open to the public from 7 March at 5 pm. We hope all women and children will come along and join in the celebrations. The exhibition will remain on display until 19 March.

If you are interested in participating - get creative - pick up your entry form at 14 Peden St Bega Wednesday to Friday from 10 am to 4 pm, email wrcbega@bigpond.com or call Gabrielle Powell at the Women's Resource Centre on 6492 1367

Cobargo Folks Play It Up Again





Above, The Dorothy Jane Band, left Bruce Mathiske and below Kerrianne Cox, performers at this year's Cobargo Folk Festival to be held at Cobargo showgrounds from Friday February 21 to Sunday February23 The 19th Cobargo Folk Festival promises to be a spectacular blend of folk, bluegrass, comedy and dance performances that have made this annual festival one of the major events on the Sapphire Coast.

Festival organisers are planning a guitar spectacular 'Strings of the South East' concert featuring Doug De Vries, Bruce Mathiske, Damien Neil, Sam McMahon with Guitarama (a 40 piece guitar ensemble) and the Festival Samba Band. The ensemble will be created by the performing guitarists from a series of workshops before and during the festival and will arrive at the start of the concert.

The Festival extends over three days from Friday 21 to Sunday 23 February, 2014.

The quality line-up of overseas and Australian performers includes The Underscore Orkestra from the USA; Bukhu, a throat singer from Mongolia; Alistair Brown from the UK and Jonathan Bob Lynn from Canada. Kerrianne Cox will host an indigenous concert.

Comedy performers feature the everpopular Glover and Sorrensen, Martin Pearson, Steady Eddie and Mal Webb. Bluegrass fans will appreciate the brilliant Three Marketeers, The Front Porch Pickers and the Kissin' Cousins

A full list of performers and information about festival activities, camping facilities and accommodation can be found on the website: www.cobargofolkfestival.com

Telephone enquiries: 02 6493 6758



The Frayed Edges of Quaama, a local fibre arts group, will sponsor 'The Bra Show', an exhibition in aid of the National Breast Cancer Foundation.

Opening at 6pm on Friday 9 May The Bra Show will run through the month of May and continue over the 'Eat Think Create' weekend of 6-9 June.

From crochet to concrete, in fibre and feathers, felt, wire and wood, found objects or Granny's lace, we invite you to contribute the fruits of your fancies - however outrageous - to this great cause. Remember that men get breast cancer too, as well as often being the main support of women survivors, so get out your chisels, chainsaws, needles, paints and brushes, and express yourselves!!

No charge for entries, forms from Cathy on 0437 978 845 or quiltwitch@optusnet.com.au

Tell all your friends



Archipelago and Assemblage at Ivy Hill

Kim Falkenmire - Archipelago



15. Archipelago 6. Atoll by Kim Falkenmire

Kim Falkenmire has always had an affinity with islands, having worked on a ship in the Pacific Ocean and, in the 1970s, lived and travelled through Indonesia.

This current series of paintings and

drawings is titled 'Archipelago', where islands are depicted from an aerial perspective through to the microcosm of lichens on rocks in a river. Land masses appear out of the ocean's mists. Maps are created. Small ships with tattooed sails, The Windchasers, move through an archipelago leaving traces of voyages in their wakes.

She has an obsession with landscape and memory, constant and ever changing, places created and recreated by the memory for whatever reason. "All things from our past are like islands in our memory, connected and divided by the mist. One place or many to travel into - in reality, in books, in dreams. Peregrinations of the mind. Memory tends to force pieces of the past up with volcanic

activity through the fog, creating its own reality that is part memory, part loss, part longing," Kim says of her work.

Andre Hiep - Assemblage

Towards the end of his life Matisse was confined to a wheelchair after an operation. It was then he 'painted with scissors and paper' creating cutouts which are among the most admired and influential works of his career. Inspired by these works, Andre Hiep has used customwood and paint in vibrant colour combinations for the cutouts in this exhibition.

Andre was born in Amsterdam and studied art in The Hague before coming to Australia with his family. He continued his studies at the Ultimo School of Graphic Arts and was variously employed in printing, advertising, television and plastics manufacturing.

During this time he continued to paint and was widely exhibited. He married twice and is

the father of four children. Bega has been his home for the last seven years.

Andre Hiep and Kim Falkenmire are exhibiting at Ivy Hill Gallery, on the coast road between Bermagui and Tathra, from 17 January to 24 February. The Gallery is open 10am-5pm on Friday, Saturday, Sunday and Monday. View catalogues at www.ivyhill.com.au



A month ago I had never heard of chermoula. 'What a strange name', I thought as I reviewed the ingredients. 'And what a great way of using up a lot of our garlic, onions, mint and lemons'. Once I made it I was hooked. It's a refreshingly tangy Moroccan paste which has more uses than that of a traditional rub for fish and seafood. I like it on tofu, in a chicken dish, or even smeared on crackers. It can be made with preserved, salted lemons or with fresh lemon juice, and is simply created using a food processor.

Chermoula: Version 1

Process until finely chopped:

10 peeled shallots

4 cloves garlic

1 or 2 deseeded chillies

half a cup each of fresh coriander and mint

a quarter cup of fresh parsley

2 teaspoons turmeric

half a teaspoon black pepper

1 chopped preserved lemon

1 teaspoon toasted cumin seed

200 ml extra virgin olive oil

Chermoula: Version 2

Process all until finely chopped.

1 and a half teaspoon cumin seeds and 1 teaspoon coriander seeds roasted in a frying pan until seeds pop

1 brown onion, roughly chopped

60 ml (one quarter cup) fresh lemon juice

a quarter cup each of fresh chopped coriander and Italian parsley

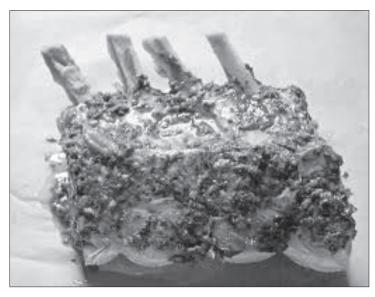
2 garlic cloves

1 tablespoon mild paprika

2 teaspoons turmeric

a pinch of cayenne pepper

salt and pepper to taste



Chops chermoula style

A favourite low-kilojoule way of cooking chicken breast is to poach it, and then finely slice it over salad greens, stirfried Asian vegetables and rice, or steamed vegies. The poaching in flavoured stock gives a delicate, moist result.



Poached chicken is a delicious and healthy meal that saves on kilojoules

In a medium-sized saucepan bring the following ingredients to the boil:

3 cups wate

2 cups salt-reduced chicken stock (or water plus1 teaspoon chicken stock powder)

1 brown onion, chopped

3 cm piece fresh ginger, peeled and thinly sliced

3 garlic cloves, chopped

1 whole star anise

Add chicken breast to boiling liquid, remove from heat, cover and set aside for 30 minutes to poach. Then remove from liquid, slice and serve with vegetables as suggested. I usually strain the poaching mixture and reserve it for soup or sauce.

Happy cooking!



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Sue Griffiths

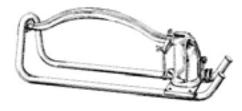
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Summer Daze

Another year is underway and although one season follows on from the last one, the tasks might change but there is always plenty to do in the garden. Summer brings with it the usual tasks we can all associate with and although these tasks can seem tiresome they are most essential in the overall upkeep of our gardens.



Watering is without a doubt top of the list. Garden beds require a good soaking at least every 7-10 days using a sprinkler, not a hand-held spray.

Watering with a hand held spray is basically just a waste of this valuable resource. Invariably the surface just gets a wetting and water does not reach the feeder roots of the plants thus encouraging a shallow root system. In periods of extreme dry conditions, plants with shallow roots dry out very quickly and place the plant under stress even leading to death.

Similarly with lawn watering, it is best to deep water a couple of times per week to encourage deep rooting of the grass. This again will assist in preventing the grass drying out.

At the writing of this article the summer so far has been extremely dry and much care should be taken in giving the plants a drink before they commence to stress.

Many of my customers have come in and made comment on how good the rain was the previous day. I usually make a comment that I must have been on another planet at the time as I couldn't recall the last good rain.

A light one-millimetre shower of rain does very little for the garden other than to wash the dust off the plants. Don't be fooled as to the benefit to the garden of these light showers. They are usually wasted in wetting the mulch but don't get through to the root zone

of the plants.

Maintenance of plants is another task that

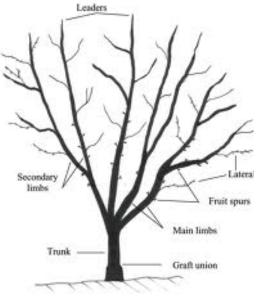
can be taken care of during the mid-summer period.

Dead-head roses and give them a light application of rose food. This will encourage new flowering wood for an autumn flush and also assist in the prevention of summer pests and diseases.

Diseases like black spot and powdery mildew can be taken care of with a rose fungicide and insect pests like aphid can be controlled with a systemic insect spray.

Practices like watering roses in the early morning and placing the sprinkler in such a position so overhead watering doesn't take place will also assist in the prevention of fungal diseases

Summer pruning of fruit trees can also take place after the crop has finished. Thinning out a lot of the new growth made over the seasons since the major prune in winter will allow the tree to strengthen branches giving the tree a greater structure.



Plant hygiene is also crucial at this time wherein all spoilt fruit should be collected from under the trees and diseased leaves from under the rose bushes should also be collected and disposed of.



Perennial plants can also do with a tidy up, removing spent flower heads and any unsightly foliage that might have died. This will encourage another flush of flowers and carry through until early winter.

Setting up the vegetable garden for the autumn crop can commence now. Most of the summer crops will be finishing off so it is a good time to plan and prepare for the cauliflowers, broccoli, cabbages, onions and the like that prefer the cooler months that are just around the corner.

Dig over the beds and add some animal manure and lime and let things rest for a few weeks. By that time the weather will have cooled and the autumn seedlings can go in.

Remember to practice crop rotation - not following like crops with another as previously planted.

Autumn flower seedlings will soon be available in nurseries so keep an eye out for pansies, viola, primula, poppies, stocks and so on.

Good luck with all of the above and bring on the cooler months.

Book Review

Heather O'Connor

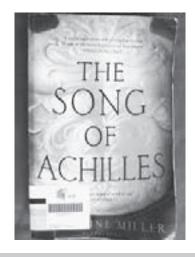
Madeleine Millar

The Song of Achilles
Bloomsbury \$19.99

I confess to buying this to read on holidays because I just know I'm never going to read *The Iliad*, but I love the stories. So when this came on the shelves, I grabbed it and it helped make a recent holiday even more pleasant.

It is the story of Achilles, son of a Goddess but with a mortal father, destined for greatness and heroic deeds, and perfect in almost every way — handsome, brave, skilled in the art of war, and loved and admired by all. He forms a friendship with a young man, Patroclus, opposite to him in almost every way — shy, not brave, not handsome, exiled from his home in disgrace. The love story which develops between the two is wonderful, spanning many years together, including the time of the siege of Troy.

The conclusion of the story will leave you weeping for all the true 'soul mates' you've ever known. This is a must read – and has inspired me to re-think my decision not to tackle *The Iliad*



Classifieds

FOR SALE

Dorper sheep purebred black faced. Ewes with lambs at foot; young wethers good for freezer; two rams also available; sell single animals or in bulk lots (reducing as overstocked) Clean green organic meat -no chemicals used. Call 4473 7522

2 seater tailored lounge, dark green tweed, good cond., \$80, ph 6493 4523

Chickens 1 day to 8 wks \$10-\$20, organically fed & raised Barnevelder X Leghorn X Australorp X Isa X; Provincial Plants and Landscapes 9-5 M-F ph: 6492 6242

Bunk beds: timber very solid good quality, mattresses and matching unisex quilt sets inc. \$120; Single bed, metal, retro. mattress & quilt set inc. \$80; Wardrobe: timber, stained medium colour ie cedar/ oregan, contemporary, 2 louvre style doors, top shelf + long hanging. \$70 ono, call/text 0413 424 778

Leather lounge suite, burgundy, 2x3 seaters, 1 recliner & 1 chair, good condition, \$400, Bermi area, ph 6493 3341

Isa Brown hens, 14mth old, wormed, vaccinated and laying like crazy, \$6.50 per bird, minimum buy 3 birds. Available mid February, contact 0435 887 186.

2 Chiswell wall units (very 70s), teak in colour, 3 separate parts of bookshelves and doored cupboards. 222 cms high, 79 cms wide, 45 cms deep. \$60; NEC 2 door 236 litre frost free fridge freezer, as new condition. 159 cms high, 55 cms wide, 57 cms deep. \$260. ph: 6493 5800

Oak Dining Setting, early 1900's with 6 chairs, 2 Carvers, multi extentable table and mirror backed side board, perfect condition, \$2000.00, call 6493 7225

FREE

Sharp Microwave, 700 watt, 20 years old still going strong. 37 cms high, 62 cms wide, 46 cms deep; halogen downlights, 35, 50 watt, 90 mm cutout. Ph: 6493 5800

WANTED

Cooktop: electric 4 plate to replace our old broken one approx. 635mm x 515mm Call/text 0413 424 778

Artist requires data projectors, overhead projectors, slide projectors with or without working globes. Also seeking large pieces gauze or other transparent fabrics. Contact Bob 6493 5914

TV, preferably working, for kids to use for games. Save you a trip to the tip; the fee to dump it; landfill; the environment; the planet, call/text Catherine 0413 424 778

Please note: we will discontinue classifieds after one month unless advised by the advertiser



Free Booklet Honours 89 Local Heroes

A quest to identify over 200 soldiers from the NSW south coast who lost their lives in World War I, and then to compile biographies of each of them, has ended - at least temporarily - with the release this week of Volume 3 of *We Will Remember Them*.

Local World War I historian, Peter Lacey from Quaama, has spent the past two years working on the project. The final volume provides the biographies of 89 men from the Candelo to Eden area who did not return from World War I. Previous volumes provided the biographies of soldiers from the area between Bodalla and Bega.

"The stories of individual Australians who served in World War I are absolutely fascinating, and those included in this third volume of *We Will Remember Them* are no exception", Peter explained.

"There are examples of men who enlisted early in 1914, served at Gallipoli and then in other major battles in France and Belgium, only to be killed late in the war, through to the case of one young man who enlisted, contracted measles, and was to die within three weeks of joining the army.

"We have heroes who were decorated for bravery, and also have numerous examples of local boys who ran foul of the authorities by going absent-without-leave, being drunk and disorderly, or who received punishment for ignoring trivial rules such as 'no smoking between decks' when aboard the ship transporting them from Australia to the war.

"And many of the 'behind the scenes' family stories are just as interesting. There is one hard-to-believe story of a family being repeatedly told their son was 'with his unit' when he clearly had been killed 10 months earlier, and another of a soldier who had deserted his wife and kids, changed his name, moved to the south coast before enlisting and was only correctly identified after he was killed and his ex-wife was named as the beneficiary in his will.

"This volume is particularly interesting because it identifies at least one local who was killed in every major battle in which Australians participated. This provides a relevant 'local perspective' to the entire war," Peter suggests.

"And the same thing applies to topics such as the Australian recruiting efforts, because several locals included in this booklet joined the famous Men from Snowy River recruiting march (from Delegate to Goulburn) and the Waratahs recruiting march (from Nowra to Sydney). And another local, a Methodist clergyman from Candelo, joined the Wallabies recruiting march (from Walgett to Newcastle) only to be killed by a lightning strike when he arrived at the West Maitland training camp."

All three volumes of *We Will Remember Them* are free. They are available locally from the Narooma, Bermagui and Cobargo Visitors Centres and from Well-Thumbed Books in Cobargo.

Peter will next be running a short course on World War I on Wednesday mornings in Bega and on Thursday mornings in Bermagui throughout February and March.

This is a course everyone should consider attending, if only to be able to fully understand all the stories about World War I that will be flooding the media over the next five years. Anyone interested in joining these courses should ring Peter on 6493 8529.



The third volume of *We Will Remember Them* tells the stories of 89 local men who lost their lives in World War I. Copies are available free from the Narooma, Bermagui and Cobargo Visitors Centres.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

- 1. Stories should be 300 words maximum except by prior arrangement.
- 2. Photos should be sent as **separate JPG attachments not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.
- 3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
- 4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us the_triangle2@bigpond.com.



AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St Narooma, Saturdays 11am, Uniting Church Hall, Wagonga St. Ph Dean 0407 302 545

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club Bega at 10am: 16th April, 18th June, AGM - July, 20th August, 15th October, 17th December, 2013. All enquiries phone 0400 372 609. All welcome.

ANGLICAN PARISH OF COBARGO AND BERMAGUI

Christ Church Cobargo:1st Sunday 10am Holy Communion, 2nd -5th Sunday 8am Holy Communion. All Saints Bermagui: 1st Sunday 8am Holy Communion, 2nd -5th Sunday 10am Holy Communion. St. Saviour's Quaama: 1st Wednesday 10am Morning Prayer, 3rd Sunday 10am Holy Communion

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310.
Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6:30pm. Ladies and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2.00-4.00pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

BERMAGUI WEIGHTLIFTING CLUB Inc.

Gym room Bermagui Sports Stadium. Facilities for Olympic Style Weightlifting and training with weight for all. Coaching is available. Wednesdays and Sundays 4pm to 6pm. Contact John, 6493 5887

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms. Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms) \$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SoA HALL COMMITTEE

Meets quarterley. Hall bookings and inquiries: Sheelagh Brunton 6493 6538

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm. An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries phone 64938141, 64936948 or 64936435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm– 2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

SPIRITUAL FOLK CLUB - CONNECT!

Every 3rd Sunday of the month, 4.30 for 5pm. Open mic for songs, poems, stories, testimonies. Narooma Uniting Church hall behind the church, Princes Hwy. David 4473 7838.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www. quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd. Minister Rev. D. Oliphant. Ring Col: 6493 6531 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30 3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. For information contact Peter or Kathryn Essex on 4476 3952 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices are advertised in The Triangle for nonprofit groups free of charge. If details of your group change, please advise us at the triangle2@bigpond.com

For the Fridge Door				
DATE	EVENT	WHERE	TIME	
Sat 1	The Beez in cabaret	Tilba Valley Wines	7.30pm	
	Cobargo tennis courts official opening	Cobargo tennis courts	from 2pm	
Sun 2	Brocke Lette	Bermagui Beach Hotel	4pm	
	The Jazz Pack	Tilba Valley Wines	1pm	
Wed 5	social bridge	Tilba Valley Wines	from 2pm	
Sat 8 - Sun 9	Cobargo Show	Cobargo Showgrounds	all day	
Sun 9	Greg Kew	Bermagui Beach Hotel	4pm	
Wed 12	meeting for Quaama Harvest Fair	Quaama School of Arts Hall	6pm	
Sat 15	Cobargo's Legal Service open day	36 Princes H'way, Cobargo	10am - 1pm	
Sun 16	Tony Jaggers	Bermagui Beach Hotel	4pm	
	Humburg	Tilba Valley Wines	1pm	
Thurs 20	free community concert	Cobargo School of Arts Hall	6 - 8pm	
Fri 21 - Sun 23	Cobargo Folk Festival	Cobargo Showgrounds	from Fri 2pm	
Sun 23	Mike Waddell	Bermagui Beach Hotel	4pm	
MARCH		-		
Fri 7 - Wed 19	International Women's Day exhibition	Spiral Gallery, 47 Church St, Bega	from 5pm Fri	
Sat 8	Bermagui Seaside Fair	Bermagui	all day	
REGULARS		,		
Sundays	Cobargo Community Church	Wandella Hall	10am	
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am - 3.30pm	
Mondays	BINGO	Bermagui Country Club	11am	
	Karate	Bermagui Sports Stadium	from 6.30pm	
every second Monday	Tilba CWA meeting	Small Hall Central Tilba	10am	
of the month	Triba CWA meeting	Small Hall Central Tiba	Toan	
First Tues of the month	Bermagui Garden Group	venues vary phone Heather on 6493 5308	10am - 12 noon	
Tues during school term	Tilba Craft Connect Playgroup	Small Hall, Central Tilba	1pm - 3pm	
third Tues of the month	Narooma & Districts Camera Club photo club evening	Anglican Church Hall, 13 Tilba St, Narooma	7pm	
Wednesdays	Scrabble	Well Thumbed Books Cobargo	10am	
	cash countdown, raffles, pool comp, trivia night	Bermagui Country Club	from 5.15pm	
	Women's Hoola Hoop Classes	Big Hall Central Tilba	1pm	
First Wed of the month	Bermagui Historical Society Meeting	Bermagui Museum in Community Centre	2pm	
Thursday nights	Dance and Move	Quaama Hall	6pm - 8pm	
	Karate	Bermagui Sports Stadium	from 6.30pm	
every second Thursday	Senior's Pick the Numbers and \$5 lunch	Cobargo Hotel	from 11am	
Fridays	Tiny Teddies Playgroup	CWA Hall Bermagui	10am - 12pm	
	Storytime for pre-schoolers	Well Thumbed Books, Cobargo	11am	
	meat raffles	Cobargo Hotel	from 5pm	
	raffles pool comp and entertainment	Bermagui Country Club	from 6pm	
Saturdays	Punters Pick	Cobargo Hotel	from 5pm	
	live band or DJ	Bermagui Country Club	8pm	
	under 16s art classes	behind Cobargo Supermarket	10am - 11am	
	Laneway markets	main street Cobargo	9am - 1pm	
	Tilba Markets	Central Tilba Hall	mornings	
Sundays	Hoola Hoop Class	Big Hall Central Tilba	2pm	
	Spin and Juggle workshop	Big Hall Central Tilba	3pm	
ART	1 1 22r	, · · · · ·	1 1	
till Mon 24	Kim Falkenmire & Andre Hiep exhibition	Ivy Hill Gallery,1795 Bermagui Rd, Wapengo	Fri - Mon 10am - 5pm	

Email your events with date, time and venue to the_triangle2@bigpond.com by the 22nd of the month