

THE TRIANGLE

COMMUNITY

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SEPTEMBER 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Bermagui resident Bega Valley Citizen of the Year

It was a great ending to the day at the Bermagui Visitor Information Centre (VIC) on Tuesday January 22 when Elizabeth Smee called in and let the cat out of the bag that she had been awarded Bega Valley Shire's Citizen of the Year for 2013. There were tears and hugs and very wide smiles.

Elizabeth has been a volunteer at the VIC for 16 years, back to the days when it was located in the old Westpac building in Lamont Street. Unless it's a very, very, very important appointment – like the presentation of her Citizen of the Year award! – she will NOT miss her shifts. Even her family visiting from Victoria cannot keep her away from her job at the VIC promoting Bermagui's services and attractions to its visitors. She sets a high standard in customer service and is a valued member of the team.

Elizabeth is a quietly spoken, kind, generous, gentle lady and a most worthy recipient of this award.

From all your friends and colleagues at the Bermagui VIC and the Bermagui Area Chamber of Commerce and Tourism, congratulations Elizabeth. It is a privilege and a pleasure to work with you.



BVS's 2013 Citizen of the Year, Elizabeth Smee (right), with Christine Bimson at the Bermagui Visitor Information Centre.

AKT Environmental Competition 2013

Local environmental company AKT is again sponsoring a Triangle competition this year. Every month we'll be publishing a poem, story, photo, photo of a painting or sculpture ... you get the idea. The competition is open to all ages. The theme is our environment.

In December we'll announce the winner of the \$400 prize. So put your creative caps on and send in your entries – remember to make clear that your contribution is for the 'AKT competition'.

For this month's entry, from poet Anna Buck, see p22.

AKT is currently engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

Bermagui Seaside Fair - B there for the fun of it!

Saturday March 9 is the date for the 16th Bermagui Seaside Fair and the theme is 'B for Beautiful Bermagui'. Dress as your favourite character or colour starting with the letter 'B' – there's prizes for the best outfits.

The program's major highlight this year is Questacon! The National Science and Technology Centre from Canberra is bringing their show to the Fair and will present their 'Making Science Fun!' hands on exhibits and live shows on Dickinson Oval.

There'll be all the favourites – street parade, pet pageant, carnival and auction. Citizen and Junior Citizen of the Year will be announced. Over 100 market stalls will meander through areas both on and off the oval.

Poet's Breakfast starts at 8am with Wallaga Lake/Bermagui Men's Shed cooking up a storm from 7.30am. There'll be live entertainment on two stages and buskers along the main street. Zamboni will wow young and old and there will be kid's novelty events on the netball courts. See Tai Chi, gymnastics,

drumming and Zumba demonstrations. The sandcastle competition will start on Horseshoe Bay beach at 12.30pm.

The arts and crafts and photographic exhibitions will be under one roof at the Surf Club from Friday 8 to Sunday 10 March. The Country Club will again host the model boat expo on March 9 and 10.

At the Fishermen's Wharf the Bermagui Blessing will commence at 8am. Eden's Water Police launch 'Falcon' will be open to the public, and NSW Police, Marine Rescue and Fisheries will have displays and activities. There'll be a chalk art competition and buskers will entertain. The 'Art in Place' exhibition will be held upstairs from March 2 to 9.

Special guest Kimmi Saker, popular presenter from East Coast Radio 2EC, will be dressed up, assisting with presentations, judging and co-compering many of the events.

Note the date, prepare your outfit, and B there for the fun of it!

January draws to a close, the visitors have mostly departed and we are moving from the holiday season into the festival months with the Cobargo Show and the Cobargo Folk Festival leading off in February. Let's all hope that February will not repeat the extreme temperatures and bad bushfire weather that plagued us in January.

When the gum trees rain dead leaves and grass crackles underfoot we can sense that we are living on the edge of disaster. So far our Triangle area has been lucky, there were serious fires close to Brogo but nobody was hurt and no homes were lost. Other parts of the Bega Valley were not so lucky and three homes were lost in

the Millingandi fire.

The Rural Fire Service must be congratulated for the time, the effort and the expertise they put into keeping us safe in such challenging circumstances. The contribution these volunteers make to the community is phenomenal and we thank them all for their dedication and their work.

Farewell and thanks to staffer Cheyne Morris, who, although new to the region, willingly and intrepidly stepped into the role of *Triangle* layout artist in late 2011 and continued until November 2012 when she moved back to Canberra. Cheyne, please drop by whenever you're back on the coast!

Letters to the editors

Family reunion

I would like to advise you that I have now met Terry and Jeanette and am very grateful to all of you for your assistance in helping me find my father.

It has been a very emotional few months getting to know one another and this weekend just gone I got a hug from him for the first time in 25 years. We had long and wonderful conversations and I cannot wait to get to know both him and Jeanette better.

I cannot thank you and all of those who contacted either Terry or myself to enable us to reunite.

I'll be forever grateful!

Kind regards,

Jayde Schoe



Above, Jayde (centre), Terry and Jeanette, and below, Jayde's letter in November



Not everyone loves Four Winds

Dear Editors,

We are very much taken aback by your constant accolade for Four Winds. Do you ever consider the plight of residents surrounding the property where the proposed 'hub of activity' is to take place? If approved it will destroy our existing peace and privacy and turn the whole of tranquil Barragga Bay into a mad commercial circus.

This project should have been undertaken at a public place in Bermagui – for example at beautiful Dickens Point which is completely neglected and not utilised. There it would have been a landmark and beneficial to the local community in many ways. At its present proposed location it will benefit only one person, namely the owner of the property – one of the richest men in Australia.

Sincerely

M & M Gegg
Bermagui

Woolworths – the modern day imperialist!

What do we have to do to convince the elected councillors that we do not need or want Woolworths in Bermagui?

The detrimental effect on both Bermagui and Cobargo small businesses is clear and surely does not need repeating.

However, whether any analysis has been undertaken by Council to determine the negative impact on the Council's budget of, for example, additional spending on the Cobargo-Bermagui Road is unclear.

The arguments for 'cheaper' shopping come from some misguided people who have moved to the country and seem to want to have the same level of shopping choice as in the cities. Or from people who can't use their opportunities to do some extra shopping, once a year or so, when they go to the bigger

centres for the dentist or mammogram or other specialist services.

Woolworths seizes opportunities just like colonial powers arriving in countries and seizing them from their indigenous inhabitants. They buy prime real estate in order to get their 'foot in the door' and do not appear to care whether their oversized complexes make money. Losses, no doubt, provide a tax deduction.

Let's keep these multi-national juggernauts out of our small towns. Let's support our local businesses and the growing movement to reduce food miles. Let's hope our elected councillors take notice of the submissions and reject any expansion by Woolworths – into our Triangle.

Susan Bear
Cobargo

Calling ballet teachers

Dear Editors,

This letter to you, because of the Triangle's popularity, has been triggered by a radio news item regarding young girls and boys learning ballet from an early age, progressing into adulthood with a musical and dancing passion, which is such a wholesome healthy interest, considering other attractions in this day and age.

From a friend recently, I asked 'is your daughter still dancing?' The reply surprised me – 'There is no dancing teacher in Bermagui anymore'. From the positive radio news to the negative really disappointed me, hence this letter to you.

Maybe someone out there has the interest and the ability to offer this wonderful activity for our young, which will develop the appreciation of body and mind, as I said in a 'wholesome healthy way'.

Incidentally, mentioning the Triangle's popularity was cemented recently on one of my regular visits to Hillgrove House, Bega, when a visitor was reading its contents to a resident.

Thank you for your on-going publications, to those 'who do the work' and those who may be retiring.

Yours faithfully,

Shirley Fogwell
Bermagui

Narira Community Co-op

Dear Cobargo Community

As we know the Narira Community Co-operative has been formed. The matter now is to make it a reality for everybody. Please help Suzy McKinnon, who is organising everything, and Cobargo, to make it a reality.

This is not only about NOT having a supermarket in Cobargo if it is closed down; it is about the whole town. If one business closes down, other businesses will follow suit. Can you imagine no post office to post a letter or to pay bills? No newsagent to buy a newspaper?

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters (cont'd)

We are very lucky, we have everything in town, from the service station, to the butcher, even a garage! Unfortunately, we may realise what we've lost when it is too late!

Cobargo is prospering and growing and as it grows there are more chances for new jobs. As you know we have markets every Saturday and new shops have recently opened as well.

Progress can only benefit everybody. Imagine a nice community centre (behind the shop). There are already art classes for children every Saturday. Perhaps, CentreLink will have an office there or a youth centre could be opened – you name it, there would be an opportunity for any event for everybody.

We don't want Cobargo to go backwards. We want to be proud of Cobargo.

Please help to make the Narira Community Co-op a reality for the sake of the lovely community of Cobargo.

*Margaret Lohse
Cobargo*

Councillors out of touch

BVSC's last meeting for the year was on the auspicious date of 12/12/12 and it was also quite an auspicious meeting where we heard seven of our nine councillors speak enthusiastically about the Iris Survey and the possible (probable?) Special Rate Variation, ie Rate Increases for three consecutive years. We wonder why?

Councillors appeared to speak from positions of affluence.

Comments varied from 'well, it's only so much every week', 'I've never counted the cost ... we need leadership', 'we need to catch up with the 90s' to 'I was surprised at how many ratepayers actually supported the Variation'.

This last comment is not necessarily supported by the Iris Survey displayed and discussed by Iris employee at the start of the meeting. However, ratepayers do not yet have access to this survey although we paid for it. Comments we have received from ratepayers who have actually done the survey indicate a view that it is a survey designed to reflect answers that show we're all OK with an increase. Is this true? What are these questions? When will Council make them public? We strongly urge Council to make them public in the interests of transparency of process.

Congratulations and heartfelt thanks to Cr Sharon Tapscott and Cr Kristy McBain who were the only councillors who spoke in opposition to this increase in rates. They are our only representatives who showed a clear awareness of the struggle many of us face to pay the rates as well as everything else.

We strongly urge the community to learn about BVSC's proposed actions on rates: click onto www.begavalleyshireratepayers.net and contact councillors and make their own judgments about whether they'll be able to afford it.

Thanking you,

*M. Wall, member Bega Valley Shire
Ratepayers Association Inc., Bermagui*

Thanks for the ride

Dear Editors

On behalf of Quaama Primary school I would like to thank you very much for the donation of \$500 towards buses for our excursions. As we are a small isolated school, (whilst this has many advantages) getting to excursions is always costly.

This year your donation was allocated to the Year 3/4 excursion to Kianinny, Year 5/6 excursion to Jindabyne and our special swimming scheme. Please find attached photos of our children.

Best wishes for the New Year.

Roz Bannon and Staff of Quaama School



Quaama School, out and about... Lachlan Rixon, William Phillips-Kraus, Bill Sutherland, Thomas Pearson; Maddy Platts, Kira Phillips-Kraus, Kataya McCormack, Willow Unsworth.

Snake Tip

Dear Editor

I refer to your article on page 3 of the December issue of *The Triangle* regarding snakes on the South coast. In the article you advise people that if they concerned by a snake to ring NPWS. We live at Tilba Tilba.

I thought you might be interested in a recent experience we had with a very large Red Bellied Black snake which took up residence under five concrete steps between our front

door and our drive. The location of the steps is such that for about 90% of the times we leave the house we have to use these steps. The snake liked the steps as they are concrete and lovely and warm and it basked on the steps.

Exiting the house was not a real problem because we could and did make a noise and waited for the snake to return to the safety of under the steps. Returning to the house was a different problem because the snake did not always hear us in time to disappear and there were occasions when we were on the steps and the snake was still disappearing. All very scary as we are both no longer young and spritely. We also have a very small pug dog, which does not make a lot of noise when walking around.

We could have shot the snake from the front door but the possibility of a bullet(s) ricocheting was too great and besides we did not want to kill it. Just get rid of it.

We did ring NPWS and WIRES and the local Council and some pest control people. Most explained that we were living in the snake's territory. A very sensible lady from WIRES pointed out the recent road works at Tilba would have disturbed a lot of the local wildlife. We understood all that and pointed out that we were not aiming to harm the snake but please help us to get rid of it.

The upshot was that none of these groups provided that sort of assistance mainly because they did not have the local expertise to do so. WIRES advised that they were only allowed to interfere with snakes if they were in a house.

Finally a friendly and helpful neighbour suggested and provided, on loan, two of the Sentinal Snake Repellers. These are solar operated and make a sound and provide a vibration beneath the surface. With the help of these we did eventually get rid of the snake. I have concreted up beneath the steps and we had a revisit by, I am sure, the same snake which tried to go beneath the steps again until the nearby Sentinal operated and away went the snake. We have not seen it again.

For \$102 we now have two of our own Sentinal snake repellers.

Regards

*Max Murray
Tilba Tilba*

Thumbs Up



To the group of motor bike riders (with 'Bundy' the famous dog) who stopped after being concerned about a dangerous bolt sticking up onto the roadway on the Cuttagee Bridge. They flagged down a motorist who had a hammer and was able to bash the offending bolt back into place.

To the Quaama community for coming together to support and enjoy another great Fair.

Thumbs Down



To the creep who stole the Garvo plants from the entrance to the Bermagui Cemetery. It seems you weren't happy stealing one plant, you waited till the group replaced it, then you stole it and the remaining one leaving the garden empty.

Seems you aren't a nice person so guess it was probably you or another of your type who stole the fittings from our hoses in the cemetery.

Don't forget the old saying: 'Somebody is always watching'. We sure hope so.

When we look at the world around us we see many things coming and going. In a small community like ours, it is exciting to see festivals and other community events staying the course.

In other parts of the state and country, others are failing to gain support. Not here. This coming month, we have not one, in fact we have two major and popular events. Good on you Bermi and surrounds. Art and culture are alive and well here.

Sculpture on the Edge – 2nd to 11th March 2013

This special event is still keeping on keeping on, since 2005 now, with only expansion and continuity to look forward to, from all accounts and efforts. Well done to Jan Ireland, Event Manager, for her continuing passion, perseverance and perspective!

A hearty thanks and acknowledgement goes to all the great guys on the 'Bermi Town Gang', Russell Bragg and Matt Berry to name a couple, without whom this and many other events would not happen as well and as easily. If you need a hand for grounds work, a heavy lifting done or some other often unnoticed task in preparation or wrap up ... these are the blokes to call. May they live long and prosper. Each year, the festival has an exciting beginning with a fiery finish.

Bermagui Seaside Fair 9 to 16 March 2013

Here we have a date on the social and community calendar for its 16th time this year. How fabulous to have such energetic and public spirited folk in our midst, from all walks of life, organising to bring fun and festivity to our town. Congrats to Christine Bimson and the team for your efforts.

Volunteers... hear the call! Where would these events be without you? Get in and have a ball or just feel part of your neighbourhood by being there and being appreciated. No one is asked to do more than they can manage and who knows who you might meet. Contact the relevant person and have a go. The more the merrier.

A word on our public spaces used for this and other festivals: It appears to be little known that Endeavour Point headland and the dunes above Horseshoe Bay contain aboriginal living and burial sites and artefacts still in the ground. Also, these areas are relevant to our more modern culture and these have also been acknowledged by the relevant section of Bega Valley Shire Council, supporting their protection and preservation. It has been observed that the signage seems insufficient for the public to realise the significance of the site, so perhaps there is a project in the near future that would install appropriate interpretation signs. This is a particular and valuable part

of our heritage and culture which is for next generations to appreciate, too. Perhaps you know of other sites which, if recognised, could form part of a Culture and Heritage Trail or collection for our own and future interest.

Talking of changes... The Bermagui Beach Hotel now is under new management, so we wish the outgoing managers the very best in their endeavours and welcome to David, Cheryl and James. You have a treasure there so may the relationship be long and successful. In fact, this is your second time at this establishment and it is good to see locals returning. You sound like you like the place and plan to give it your best. Thanks.

And while we are on the topic of new and different, the latest on the Woolworths development saga arrived at last week in Bega.

Personally, I will not be able to attend many of these activities due to prior travel commitments, yet I will be present at each one in spirit and by George I am going to be talking about Bermi a lot on my journey. Think of me as an Ambassador for Bermi, doing my bit from afar, so that next year others will know and maybe come to see and experience our Sweet Home Bermagui.

Now for something completely different. Our local Lady of the VIC has kicked a real goal, perhaps the very first of its kind. See the story on the front page and read about our living local treasure, Elizabeth Smee.

Shorebird Recovery Program – Petition

Protection of threatened shorebird nesting on our coast depends on the good work of National Parks, Local Councils and very importantly local communities all working together.

There is a petition to the Shoalhaven, Eurobodalla and Bega Valley Councils and NSW Government asking that they reaffirm support for the Shorebird Recovery Program. Your help will get it off the ground and make it a success.

We've had a few specific issues here at Cudmirrah-Berrara-Sussex Inlet this season and there's a small local endeavour to discredit and even terminate aspects of the program. It's obvious many of us feel some sense of isolation and whilst we are often rewarded by the work, we despair at the senseless resistance we experience from a small section of the community. Although motivated by some of these negatives it is intended to rise above and make explicit the program's core values and

practices.

Please share this information with others who use our beaches and are happy to share with efforts to protect threatened beach nesting birds.

Go to www.change.org and search for "shorebirds". Please sign this petition to indicate your support for the Shorebird Recovery Program, its volunteers and the measures it employs to protect threatened species.



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Kyle Shultz, Lachlan Moresi, Rocko Lagana, Samantha Hearn, Blake Austin Tock, Curtis Jack, Soul Hallenan, Alexander and Tom Hunter all enjoyed the expert coaching of International Tennis Coach Marshal McMahon in Bermagui for the Holiday Tennis Camp recently.

Bermagui Dune Care to Conduct Guided Walk at 'Iconic' Cuttagee Point



Barbara Harrop and Rod Kidd planting at Cuttagee Point.

Last year, Bermagui Dune Care embarked on an ambitious project to rehabilitate Cuttagee Point.

A Community Action Grant was obtained

from Caring for Our Country. In accordance with a plan of management, over 80 seedlings have been planted.

Council has assisted with repairing the access road and spraying the rampant kikuyu and blackberries.

On Sunday, February 17 Stuart Cameron, the botanical consultant who devised the plan of management, will conduct a guided walk of the area. He will explain what has been undertaken so far and Bermagui Dune Care's plans for the future.

The guided walk will start at 9.30 am. Please meet at Cuttagee Point, turning east

just before the northern approach to Cuttagee Bridge.

Karen Joynes

Co-ordinator, Bermagui Dune Care

Sculpture and Casting Show

There is a very interesting Sculpture and Casting school being held at Alan Watt's studio in the first week of February. The course has been booked out for some time and the participants come from a wide range of areas and also from overseas, so the results should be extremely interesting.

There will be a 'showing' for the works and the process by which they have been made in the Bermagui Community Hall on February 7. Please come along and see this small exhibition and enjoy meeting the artists and sculptors from 5pm to 7pm.



Feeling the heat

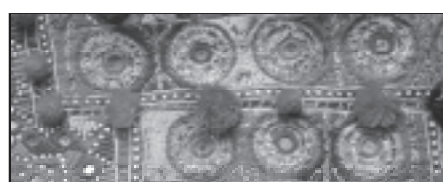
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Bermagui Banter

Bermagui Public School's End of Year Celebrations

Party Day

To celebrate the end of the year, students had their party day on Tuesday 18 December.

Infants travelled to Bournda Environmental Education Centre with their teddy bears for a picnic and a day full of fun. All students enjoyed the activities that were organised for the day.

Our primary students ventured from school to Horseshoe Bay to enjoy a morning of beach activities, fun games and sunshine. Before their journey back, winners of the Party Lunch Box competition were announced.

Year 6 Farewell

In the evening, Year 6 looked amazing at their farewell. They were served a delicious two-course meal (catered for by Liz Kildea and her helpers) before dancing the night away



with Year 5 and staff. They showed their dance moves to songs like the 'Barn Dance' and 'Gangnam Style'.

What a great way to end the school year!

Top: Bournda Party Day Infants

Left: Year 6 Farewell: Rhama Agius, Jodie Nash and Jai Curven

Below: Year 6 Farewell Group





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Care for our Native Birds

Everyone loves our beautiful Australian native birds and we are so privileged to have them living around us. In order to encourage native birds to visit, some people provide food for them. Whilst this is done with the best of intentions, it is not a good thing for the birds to get used to. Highly contagious, fatal viruses are spread at bird feeding stations through faeces and skin flakes. Another danger that bird feeders pose is that they are often on the ground and the birds could be attacked by cats or dogs while feeding. Also, please remember if you have a bird bath, it needs to be situated up high and out of harm's way. In hot weather the birds will appreciate the bath but, please note that in order to avoid the spread of disease, the water should be changed daily and the bird bath given a scrub every two weeks.

Hand feeding can encourage artificially high breeding and this creates an imbalance in the bird populations. Some migratory birds

will stop migrating and can lose the ability to forage for food. Also, birds can starve if the food supply is stopped abruptly if people move or go on holiday.

A much better option if you want to attract native birds is to plant native trees, bushes and flowers. The food the birds will get from this source will provide the proper nutrition and perhaps even housing! Don't forget to plant some prickly ground cover to protect the little wrens and robins.

As always keep your cats in the house. Cats that live indoors and have access to an outside enclosed play area live long and happy lives and pose no threat to our native birds.

If you see an injured or orphaned native animal, ring WIRES on 6495-4150, and a WIRES volunteer will respond as quickly as possible.

Lois Katz



Gang-gang (photo by David Gallan)

Women's Resource Centre Courses

Women's Introduction to Computers

To be held at the Women's Resource Centre, 14 Peden St, Bega on Wednesdays, 10.30am – 12.30pm by appointment

This is an opportunity for women to learn

Introduction to computers and using a computer * Introduction to word processing and formatting a word processing document * Introduction to internet and searching the internet * Introduction to email, Gmail and sending and receiving emails * Downloading digital photos * Broadband for Seniors

On-line self-paced training

Trainer Rowena McConnell

To secure your place phone Gabrielle on 6492 1367.

Art for women

Embrace your creativity at the Women's Resource Centre, 14 Peden St, Bega on Fridays 1pm – 3.30pm

February 1st till March 1st

Explore art ideas, have fun and be creative

Work with others and be part of a team

Create artworks to be displayed at International Women's Day exhibition at Spiral Gallery in March 2013

Work with community artist and teacher Tanja Reise

Network with the Women's Resource Centre.

To secure your place phone Gabrielle on 6492 1367.

Women's introduction to pilates

To be held at the Women's Resource Centre 14 Peden St, Bega on Fridays 12-1 pm (not during school holidays)

This is an opportunity for women and children to

Practise stretch and strengthen

Begin a lifestyle of health and fitness

Learn easy steps to Pilates techniques

Boost their self esteem and confidence

Expert Trainer Zoe Whymark

Cost \$5 per session - negotiable

To secure your place Phone Gabrielle on 6492 1367.

Women's Resource Centre is a non-profit organisation that provides information, referral, support and drop-in service for women of all ages.

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Quintessentially Quaama

Jen Severn

Welcome to 2013, and a special welcome to any new Quaama residents! There have been a number of property sales in the village over the summer, so a hearty welcome to any newcomers who have taken up residence.

If you were at the Quaama Summer Soirée on Saturday 19 January you'll know what a lovely evening it was and how lucky we were to dodge the oven-like conditions of the day before – 45.1 degrees at our place and a bit more elsewhere, I've heard. For details about the Summer Soirée see Veronica Abbott's round-up below.

One of the things I like most about our fairs is that they provide the few occasions we can eat out without driving any distance. There was something for everyone last month: a great BBQ, nachos, salads and desserts in the Supper Room. Home-made icecream from the Cobargo ice-creamery. Musicians on the verandah provided a soulful ambience to end the evening.

Quaama T-shirts are available again, \$28 for a quality cotton T-shirt, available in two designs, sizes XS, S, M, L, XL. They're in stock now at the Quaama Store and the Cobargo

Tourist Information Centre.

Y E S S volunteers have now been at Quaama School for a year, helping children one-on-one with their reading. They're getting good results and are planning to expand the program from three to six children during the coming term. They just need one more tutor – could it be you? YESS volunteers are parents, grandparents or interested community members who love reading, have 1½ hours a week to spare and want to share their passion with children whose literacy levels are holding them back. There'll



Catherine McEwan's hands-on (sorry) head-neck-and-shoulders massage demonstration at the Summer Soirée last month.

be a training day on Thursday 7 February and opportunities for training throughout the term. Call me (Jen Severn) on 6493 8515 if you're interested.

Successful Summer Soirée in Quaama



Rod Dunne (foreground) demonstrates Tai Chi at the Summer Soirée.

Another season, another successful Quaama Fair. Locals and visitors put on their evening garden wear and 'frosted' to the Quaama Summer Soirée on Saturday 19 January, where they enjoyed the market treats, practised tai chi and massage and learned about essential oil based aroma touch technique.

Lions International spoke to soirée guests about their great community work, and dedicated local wildlife rescuer Amanda Cox shared some important and timely information about how we can help our native animals cope with the hot weather and what we can do to help animals that need emergency care. Amanda also included phone numbers you might like to keep in your car, for wildlife rescue personnel.

Links and other information relating to the presentations and organisations represented are available through the Quaama Progress Association website at www.quaama.org.au

The winner of the 'My Quaama' section of the photography competition was Letitia Carroll with her entry 'A day on the green'. Catherine McEwan's close up of 'Mushroom at Tapetalli'

won the colour section. And Ray Clements can now claim his Boysenberry Jam to be 'award-winning' after taking out the Berry-licious Preserves section of the cooking competition.

The evening wound up with delicious food from the Quaama Tennis Club BBQ, Cobargo Home Made Ice Cream and of course, the delights of the QPA kitchen, to be known from here on as 'Quaama Cuisine'. A fresco evening dining was accompanied by the oh-so-perfect sound scape of Gypsies From Outta Space.

Our special thanks go to Barrabarroo Farm Fresh Meats who donated sausages to the QTC BBQ and to Janastro who donated a generous portion of each astrology reading to the Quaama Fire Brigade.

Photos of the event and links and other information relating to Soirée happenings and presentations are available through the Quaama Progress Association website at www.quaama.org.au

Next fair will be the Harvest Fair on 20 April. More details in the March Triangle.

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Bermagui Beach Hotel

David and Cheryl Webster and James Hillier, who previously held the lease from '99 to 2002, are back!

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There's music every Sunday 4 – 7pm. And soon there'll be a membership system with discounts and other benefits.

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Quintessentially Quaama



Wedding Bells in Quaama

Local and far-flung friends and family gathered at the Homestead and later at Christophers Rd Quaama in December 2012 to celebrate the marriage of Alicia Abbott (daughter of Veronica and Warren) and Liam Cowin.

The celebration was of special significance as it provided an urgency to a certain long term building project that saw the parental house functional just in time for the reception. Everything was perfect – the weather, food, setting and company enjoyed by all.

Alicia and Liam thank all the Triangle dwellers who contributed so much to making their day perfect.

Alicia and Liam – what it took to finish the Abbotts' house. (Photo: InSight Fotographics)

Thanks for Christmas

I am writing to you to say a huge thank you to a local woman for her generous financial support of our Christmas Hampers as well as other women for their donations of toys and food. Woolworths also donated reusable shopping bags so we could fill them full of yummy goodies including half a ham and toys and books for the children.

WRC provided twelve Christmas Hampers for disadvantaged women, children and families. This means a lot to the centre, users of the centre and local services in the Bega Valley as it is a wonderful Christmas gesture to provide hampers to the neediest families at Christmas.

In 2012 women, children and families were struggling. We have supported Aboriginal and non-aboriginal families, single mums, a single dad and a grandmother as primary carer. They have had a range of issues including mental health, domestic and family violence, dislocation, financial disaster, sexual assault,

prison and homelessness. There were 44 children aged from 2–14 years and five families that are living in Eden.

The local services distributed the Christmas Hampers as they have worked closely with these families. The gift of a hamper is a positive and wonderful gesture and the families receiving them were so grateful and happy. It is wonderful for them to know that someone cares about them when often they feel so alone. The hamper certainly gave the families a boost both financially as well as emotionally.

We were able to give the hampers to clients from Family Support, South East Women's and Children's Service – Eden, Brighter Futures, Staying Home Leaving Violence, The Far South Coast Women's Domestic Violence Advocacy Service and Healthy for Life and Medicare Local. The workers from these services were also very excited to be able to have something positive to share with their clients.

*Gabrielle Powell,
Coordinator, Women's Resource Centre*



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If you can spare a few hours a week, enjoy numbers, know a little book-keeping, and have the patience to put up with the extravagancies of an unruly bunch of writers and other assorted staff, we'd love to hear from you.

Please email us on
the_triangle2@bigpond.com

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us
the_triangle2@bigpond.com.

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It's been an eventful time around Cobargo over the past two months. Fires threatening our surrounds, local politicians visiting to meet with residents and see first-hand how much is needed to keep our town alive and healthy, the annual tourist stampede delivering many businesses from poverty, staggeringly high temperatures frying our vegies to a crisp, audible cries and prayers for rain, 'pop up shops', old faces, grown and with little ones in tow, visiting families, preparations for the folk festival and the annual show in the air and lots more. And what a month we have ahead of us, with more of the above to come and much more no doubt.

The 'Community meet the Councillors' before Christmas was well attended, with a surprising number of Councillors coming to meet with the community in order to have a good look at the village's needs. Community feedback was mixed; some feeling it was positive and others dismissive. Council has been given until the end of January to respond to the community's concerns, so hopefully we'll have an update for readers in the March issue. Meanwhile rumours continue to circulate regarding the 'little desert', with the latest being that the principle has withdrawn from the agreement with Council, which means we're back to square one. It seems we may have a forest of black wattles before we have a decision.

Serious work has been going on at Wandella Bridge. A giant tommy-knocker has been placing steel posts to add support to the

structure. It's been hot work and the residents from Yowrie and Wandella appreciate the good humour of workers.

The annual Cobargo Show, an event that brings out the whole community, is fast gaining momentum as rodeo rings get built by volunteers and locals get harvesting and cooking. The show society's Kevin Allen wanted to publically thank *The Triangle* for the financial support given to them over the years. Watch for the show advertisement and editorial in this month's edition and get ready with your prize-winning produce, livestock, cooking and artistic exhibits.

The Annual Cobargo Folk Festival, also organised and run by local volunteers is on later this month. What a treat it is to be bathed in three days of top class local and international touring artists and to have so many choices of concerts, workshops, comedy and dances to attend or to eat fabulous and unusual food whilst enjoying refreshing drinks amongst brilliant jam sessions all weekend. It's certainly a highlight in my calendar. I'm constantly delighted to hear from locals who attend for the first time how much they enjoyed themselves and what a fabulous achievement it is for our small community and the town in general.

The Cobargo Tennis Club would like to wish our community a Happy New Year and thank them for support and contributions given towards fundraising for the club's Christmas raffle. Special thanks for donations for prizes go to Sports Power Bega, Bega Cheese and members of the Tennis Club. Thank you also to Cobargo Hotel for your help and hospitality. Winners of the Christmas Raffle are as follows; 1st prize – \$200 Co-op voucher: Johnny Ferral from Cobargo, 2nd prize – Sports Power Tennis racket value of \$160: Susan Mayhow from Nimmitabel, 3rd prize – Christmas Hamper: Brett Horne from Quaama, 4th prize – Bega Cheese \$30 Voucher: Brad Tyrrell from Cobargo, 5th Prize – Bega Cheese \$30 voucher: Angela Elliot from Ello's Cafe Cobargo. Members and the Committee would like to thank everyone

involved who contributed towards fundraising \$813.10. This will help greatly with our renovations.

By the time we go to print, school will be back. I can just hear both the cheers of some parents and the tears of others as the children once again return to their books. I hope for all you kids that you have a great year and learn heaps of valuable stuff. School's as good as you make it, so you may as well enjoy the experience.

As the cricket season heads into finals time, the football codes are firing up. The Cobargo Men's Soccer Team is seeking new players from the Triangle district for the 2013 season. For further information, contact Squizzy on 0408 489 384 or Vu on 0433 173 955 and get fit.

More entertaining than the Australian Open were Ange and Marcie, recently seen playing tennis. 'No injuries sustained I'll have you know', says Ange. Everyone's talking about it. It would have been a sight for sore eyes I'm sure, and thoroughly entertaining to boot. Wish I'd been there. And speaking of Ange, I've heard on the Cobargo grapevine that she's been run off her feet a few times this past month as a result of visitors travelling long distances to meet with friends and see what all the fuss is about Cobargo in the tourist magazines. Onya Ange for being so reliable and being open! You're a champ!

And speaking of cafes ... Chalk and Cheese are going to have a short break while Belinda recovers from some hand surgery. We wish you a speedy recovery Belinda. We'll miss your beautiful meals and fabulous cakes and coffee. Hurry back!

South Coast Leather is having their end of summer lucky draw, soon to be drawn by Der, so if you've been planning to shop there, don't miss out. *Choose my ticket Der! Choose me!* And speaking of Der ... I recently found him mending his old passport bag he travelled around with in the seventies. He's planning a holiday to Vietnam with his family; a much needed and hard earned break. We all wish you a safe, a healing and an exciting journey Der.



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Cobargo's 116th Show: Saturday and Sunday, 9 & 10 February

This year's Show, scheduled for Saturday 9th and Sunday 10th February, will see the unveiling of some exciting new events. We are proud to announce that our 2013 show will see our first Bullride accompany our usual rodeo events, at 3pm Sunday, with \$1700 in prizes!

Saturday starts the show off with equestrian events and the judging of dairy cattle. At 12.30 the Tiny Tot and Baby of the Show will be judged. The main Pavillion will open after the judging finishes to display an extensive pavillion full of art, craft, flowers and all kinds of produce. At 1.30 the mini rodeo will be held followed by the Grand Parade and official opening of the show. Then egg tossing, leg races and lolly scramble for the kids. There's Team sorting and the Dog High Jump at 6.00, followed by U18's Steer riding and Ladies Heifer riding. Motor Bike Obstacle course, Hay Stacking and Bungy Pulling. And Saturday finishes with tail tagging and Shoot Dogging and a DJ at the bar.

On Sunday the day will start at 8.00 with a Harvest Festival Church Service. At 8.30 the show jumping starts and the Pavillion is reopened and the beef cattle and poultry will be judged. At 9.30 the bending, flag and barrel events begin. At 10.00 the Ag Bike Challenge starts followed by the Heavy Horse and Harness events. At 11.00 the post ripping and the sheep shearing display start. There are more children's novelty events, bungy pulling and hay stacking. At 12.00 the fun begins with lawn mowing races. Then camp drafting and the finale for Sunday at 3.00 is a spectacular and historic sight not to be missed, the Open Bull Ride and Steer Ride..

Cobargo P&C are providing Pavillion lunches Saturday and Sunday, and Show Society Barbeque available all weekend. The organisers encourage everyone to come along to the Show for the family friendly fun, and all are invited to participate in the free novelty events held throughout the day.

For further details contact the Cobargo AP&H Society Secretary, Lynne Parr, on 6493 6795.



Farewell Des and Thelma: This photo shows Des and Thelma Anderson, May Blacka, Ailsa Mustard and Shirley Benny at the farewell morning tea at May's in December. The morning tea was held to farewell Des and Thelma who are leaving the area to live closer to their family. Des was a long serving volunteer and office holder of the Bermagui Country Club's Bowls association.

How Good Is That?

This month featuring sunflower seeds

Looking for a health-promoting snack? Enjoy a handful of mild nutty-tasting sunflower seeds with their firm but tender texture to take care of your hunger and get a wealth of nutrition at the same time. Sunflower seeds are the gift of the beautiful sunflower that has rays of petals emanating from its bright yellow, seed-studded centre. The flower produces greyish-green or black seeds encased in tear-dropped shaped grey or black shells that oftentimes feature black and white stripes. Since these seeds have a very high oil content, they are one of the main sources of polyunsaturated oil.

Since sunflower seeds have a high fat content and are prone to rancidity, it is best to store them in an airtight container in the refrigerator. They can also be stored in the freezer since the cold temperature will not

greatly affect their texture or flavour.

Serving ideas include adding sunflower seeds to your favourite tuna, chicken or turkey salad recipe, garnishing mixed green salads with sunflower seeds, adding sunflower seeds to scrambled eggs giving them a unique taste and texture, using finely ground sunflower seeds to dust your meats with, in place of flour or sprinkling sunflower seeds onto hot and cold cereals.

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Taste of the Triangle

Tickets are now on sale for the Taste of the Triangle, which will be held on Friday March 15 at the Cobargo School of Arts Hall. This will be a celebration of local produce, all sourced from within 30 kilometres of Cobargo.

The inspiration came from a small group of local foodies, but trying to nut out the menu has been an exercise in itself. With the abundance available: lamb, beef, pork, rabbit, chicken, seafood, fruits, vegetables, oils, nuts, wine, beers; how to whittle it down? So, in the spirit of consensus, it was decided on a degustation menu; tastes of the many and varied produce available.

It will be a great night of delicious food, fantastic music from our nearly own award-winning duo, Beautifully Mad and some fun food games lead by our MC for the night, Dave Rugendyke.

All money raised will go to the Cobargo School of Arts Hall, a wonderful hall in need of a bit of tender loving care.

Early bird tickets until February 15 are \$50 pp, after that \$60 pp. The tables will seat eight, so either make up a table or join one.

Tickets are available from Well Thumbed Books or call Virginia 6493 8235 or Louise 6493 7370.



Thanks from the Red Cross

Cobargo Red Cross helps our community by catering for funerals. In 2012 the Cobargo Red Cross were very busy.

The committee would like to thank all our wonderful members and non-members who at very short notice donate food and their time to help. Our catering would not be possible without you all.



We would also like to thank the wonderful support we get from Gordon and Julie and staff at Cobargo Hotel. They store all our boxes of catering equipment. They allow us to take over the BBQ area and family bar area. They put food in and out of their cool room for us. If we are missing something they get it for us. They do not charge us anything for the use of their facilities, or the electricity or water we use. They are wonderful. Thank you.

Also I like to mention shops in the town. Sometimes people don't realise what they do for us and the community, like letting us leave items for others to pick up, like keys, letters,

food.

One day I lined up in front of the leather shop waiting for it to open to get keys for the Showground that had been left there for me. There were two other people waiting to pick up things or drop off for others to collect. Thank you to the Leather shop.

Ello's Train is a great drop off spot, and we can put tables together and hold our meetings there, thanks Ange.

Our next meeting is Tuesday 12 February 2013 at Ello's Train at 10.00, all new members welcome.

Ros Mead

Narira Creek Upgrade

The Cobargo Community Action Network, under the auspices of Landcare, has received a \$6000 environment grant from Bega Council to work on the regeneration of Narira Creek. The money received will be used on weed control and replanting. The eventual aim is to provide a walkway along the creek from the Apex Park to

the showground. The creek is one of Cobargo's unsung and neglected gems that, with a bit of work, could be turned into a lovely picnic spot with some seasonal swimming. Keep an eye out for posters for working bees. As they say, many hands make light work.

Weed infested Narira Creek will soon see some improvement



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- Themed Art Show (2nd-9th March)
- Arts & Crafts and Photographic Exhibitions (8th-10th March)
- Model Boat Expo (9th & 10th March)
- Free Variety Concert (17th March)
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What's it all about, Alfie?

When I was young, I think a 'foodie' could only have been someone who ate food. Or, possibly, ate too much food. But they were simpler times and I suppose the only real question that was ever asked of food was whether one had enough. And the question of quality? Well, we assumed that if you went to Romano's or some other establishment with a vaguely foreign-sounding name and you were prepared to pay through the nose, that was where you might find food of a supposedly higher quality, while leaving a suspicion among the rest of us that there was something possibly subversive about your peculiar interest – even un-Australian.

How times have changed. Casting an eye over the intervening decades with their TV chefs and gastronomic food writers with astronomic appetites, I'm now wondering have I become a

'foodie' – in spite of all my best efforts at being a recalcitrant, a Luddite or even an iconoclast?

Being a child of the Fifties, I grew up on chops and three veg, pies, prawns and beer, and a variety of heavy-duty puddings – sorry, desserts – which were, in time, to be collectively reviled as 'British stodge', deserving only to be interred and forgotten along with the dreary era that produced them. Well, let me tell you, if you want to be a Po or a Rick or a Gordon and seek out the Next Big Thing in food that is quaintly bizarre or nearly extinct, try looking for that same British stodge of the Fifties. Better still, ask me.

For I have just found what I have spent fifty years searching for: a near-extinct bread and butter custard. Bread. Butter. Custard. Sultanas. Mixed and baked to perfection. With even a little tin flan to hold it all together. Just

how they used to make them at Morrison's Cake Shop opposite Gladesville Public School, circa 1954. Except that this one was made at the Tilba Bakery, circa 2012. And what's more, Alfie took my order over the phone and made my own bespoke Bread and Butter Pudding – family size – for me to bring home for the wonderment of sentimental Illawarriors drowning in a bavaois of blanched emu feathers with a coulis of sautéed goanna brisket as a side dish.

So to all those retro-Fifties fetishists out there, eat your hearts out. Because, thanks to Alfie, I – foodie that I now proudly call myself – will be eating from the heart of culinary exotica. So, raising my next loving spoonful, I quietly toast Alfie, as a thoughtful man who kept an unjustly maligned culture alive. Truly, a Rock of Gibraltar in a swirling sea of passing fads.

Rod Wise, Mt Kembla

Naturism: is it good for the family and children?

'Naturism in the home secures that peer pressure from a culture deluged in negative attitudes about the body will have less impact on the child, and likewise on the family.'

We are all born naked and if you watch young children they appear happiest when allowed to roam naked. It is unfortunate that society needs to impose standards of behaviour requiring all of us to wear clothes and particularly the kids before they are ready, that is before they are able to understand why. It is possible that this can have the effect of developing an unwarranted negative body image. However, kids often become self-conscious about their bodies around other people, even where they grow up in a naturist family, especially at puberty when they prefer their privacy when naked. Generally, kids growing up in such an environment, where the whole family has an open and healthy view about nudity, they learn to accept their own bodies and respect others as naturally as they do their own and see naked bodies as nothing out of the ordinary.

For a few they may still be at ease during this time, especially if they have already experienced nudity and are comfortable when with nudist friends or family. But there is definitely one no-no: children of any age should NEVER be forced against their desires to shed their clothes even if they have a history of being naked or living within a nudist family. It often happens that as adolescents or young adults, they will return to naturism in their own good time, having been given the right outlook early on.

There will always be arguments to the contrary; that nudity is psychologically unhealthy and that they don't learn when and where it is appropriate, but I have not been aware of any substance to such claims. It is about as senseless as saying that children can't be taught appropriate toilet manners and is more a reflection of parenting skills than of social propriety.

In the long run, whether or not they are or become naturists, it is the parents that decide how their kids are educated regarding nudity and naturism and how they respond to the demands of the society they grow up in. But in spite of growing up in a society where nudity is often associated with sex and therefore seen as a negative, naturism, I believe, is a positive and healthy way to teach acceptance of who they are as individuals and how they accept others.

Try nude: it's not rude,

Dave Bulman


Looking for old photos, stories ...

In 2013, the Anglican Diocese of Canberra-Goulburn will celebrate our 150th anniversary. Our history is anything but boring: debate as to whether the royal decree that established the Diocese was legal or not, squatters who could not be moved from the Cathedral, Bishops riding horseback across the entire Diocese to visit their parishes (and what stories they must have had to tell), mysterious deaths in the Cathedral (well not really – freezing cold temperatures were the real reason, but that doesn't sound as exciting) ...

Here in the Triangle, in 2014 we will be celebrating both our 150th anniversary since establishment of the Parish of Moruya (to which we originally belonged) and the 125th anniversary since the Parish of Cobargo was established. The parish area covers the Triangle – Quaama, Cobargo, Bermagui, the Tilba's and the surrounding farms. We want to take this opportunity to collect our history together, building on work done before. We want to capture the stories and the photos of our people and our churches (including the one now closed at Dignams Creek). We hope this will include stories of any of your family members or friends who came or were baptised, married, or whose funeral was at one of the churches (or the homes where meetings were held before we had buildings) a story about someone for whom there is a memorial at the church or someone who went to war and did (or did not) return; memories of a parish picnic, church fete ... the possibilities are endless. But we don't want to lose the history. We want to capture it now so we have it for the 125th anniversary and on into our future

If you have stories or photos please let us know (phone 6493 6080, email fiona.kotvojs@bigpond.com or come to any of our church services and chat over a coffee). Any photos lent will be copied and returned, along with an electronic copy for your records.

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Now that's what I call a summer. A few scorchers, good swimming, smokey blood sunsets and single lane traffic in and out of Central. We might have to start lobbying for a Bate St bypass at this rate. Or an underground car park. Perhaps more practical, as we don't really use the sportsground at Tilba Tilba, would be to turn it into a car park, with maybe a puffing billy to ferry the touros up and down the hill. (with a toilet caboose bringing up the rear. Its 'total loss system' between the rails couldn't be worse than the current total loss facility on the ground.) But seriously, the traffic and parking problems are only going to get worse unless some more space can be found for visitors' vehicles. For all its charms Central is bound to suffer commercially in future summers as tourists find the town a bigger and madder bottleneck. I'm sure many take one look at the chaos and go elsewhere. I do.



Victoria Creek earth works. August 2012

In the very dry two month break since the December *Triangle* there hasn't been much water under the new bridge at Victoria Creek but the new highway is finally open and the traffic is flowing at least. I invited myself to the Official Opening on the 16th of January after reading of it in that morning's *Narooma News*. And apart from Barry & Cynthia Niekerk from Whistlefield, attending in their beautiful 1929 Whippet tourer as the first vehicle to use the road, I was the only local citizen to attend the short ceremony held on the start of the new stretch up the hill to Tilba. No ribbon to cut, just brief speeches from Member for Bega Andrew Constance, RMS project manager Ryan Whiddon, Seymour Whyte project manager Brad Binns and Eurobodalla Shire Mayor Lindsey Brown.

They all thanked each other for a job well done bringing it home under time and on budget and spoke of how the Princes Hwy is one step closer to being B-Double truck friendly, which Lindsey Brown said was vital for the future economy of the far south coast. The next step is the Dignams Creek realignment, which has to go through ASAP despite any concerns from affected residents. At this, someone said, "Where's Joe Bjelke-Peterson when you need him?" I was tempted to reply, "Dead, thank god". As an event, it was all a bit lame compared to the official opening of the Tilba Tilba bypass in 1990 when big Wal Murray shared the ribbon cutting and brass plaque unveiling with the then Tilba School Captain Kate Genders and Vice Captain Eva Tandy. It was quite a galah event with a huge turnout. (The plaque is now mounted on a rock at the lay-by on the highway across from Tilba Tilba.)

As for the Tilbas, we're all thankful that the year of stop n go is over, although there's still another four to five weeks crossing the tees and dotting the cats eyes as they clean up and finish the intersections to Corkhill Drive and Victoria Creek Road. So it's a big thanks from Tilba to all the workers for a job well done and their custom in both towns over the past year.

The recent sale of Brushgrove, the property between the school and the mountain, is concerning some locals who fear that the potential revegetation of this addition to the Gulaga reserve will remove our last line of fire defence between the mountain and town. 2009 showed how close fire on the mountain can come and without the open ground in the gully that blaze may have easily come up the scarp behind town. The recent fires in Tasmania show how bush growing right up to and into towns makes stopping the fires nigh on impossible. Let's hope that some common sense prevails on this burning issue when it arises. The powers that be in their airconned city offices don't live here. It's our back yard. Isn't there enough bush on Drom as it is?

The mid January fires around Brogo and Bega saw one unit from Tilba heading south to assist for more than 12 hours in the terrible conditions of 40 plus temps and wild winds. Hats off to the crew and their mighty efforts, as well as the Brigade's annual lolly lobbying run in both towns just before Christmas. We ought to lob some more donations back their way.

The pre-Christmas Tilba Tappers Extravaganza in the hall raised a goodly sum that went to the Brigade. The girls also raised a big cheer with their dazzling footwork, as ever. It looks like the stage play may well be back on the cooker. Stay tuned.

Christmas Day in Tilba and no street cricket? For the first time since this local bash began in the 1980s, sadly it looks like the traditional Orphans' Xmas lunch and knock has died out. Like a stairway to heaven, it makes me wonder.

Pam's Store's Christmas party was a real galah event. A huge roll up of locals enjoyed fine hospitality from Sherry and Cliff with many tasty dishes doing the rounds of verandah and forecourt. And the food was excellent too. A few guitars and mashed voices formed a mob

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Tilba Bites

on the 'randah to sing the night away in the barmy air. Newish residents Peter and Sue-Ellen Strain enjoyed their first taste of Tilba Tilba nightlife along with the family Sarah, Vanessa Ali, Jordan and Ricardo. They moved from out west recently so they're no ... um strangers to country knees ups.

The breeze was up too on the 18th and with the temps hitting the 40's it was a foul day for flying things. One of those super gusts that the place is famous for brought down Marengo's wildly whirring wind generator. Fortunately no injuries to Cliff, Susan and family. That's wind power for you.

Tilba's Country Women's Association has been resurrected. Great to see this organisation returning to Tilba. To help the girls along, Dorothy Thompson has agreed to be their CWA 'elder advisor'. Their first function was a fun-run for young 'n' old down Sherringham Lane late last year

under the banner of the Tilba Trotters. It's planned to make it an annual event. They meet on the first Monday of the month at the South Coast Cheese Cafe at 10am. If you'd like to know more you can contact Kylea from Tilba Tilba or Linda from Thought Sport in Bate St.

The annual Tilba Now art show was another fine show of community spirit with the opening night on the 3rd a great success yet again, no small thanks to Caroline Leach's skills. She also performed with the Tappers in the floor show. Sadly this is her swan song as she's moving away from the district this year. Caroline sang her farewell song beautifully,

with a few teary eyes amongst her fellow tap stars. Best of luck Caroline and faithful hound Morgan on your new pastures. We'll miss you.

The Tilba Now donation box put around \$1200 into the hall's coffers over the week for which the Trust is very grateful. But money isn't everything and a shortfall is still very much at large. The current S.O.A.T. committee is as rusty as Ben Lafferty's blood nut and a new blood transfusion is desperately needed. Without sounding like a broken record, the Halls are ours

Grave is also the situation regards the Tilba Tea Pot. Word is that if it isn't leased by the end of the month as a cafe it will be turned into two separate shops. This of course means that once the food facility is removed it's highly unlikely that it will return. Not only is it sad that we're about to lose a Tilba locals' institution, one of the oldest businesses in Central, but mad that a much needed cafe to share the holiday load is lost. Surely the town doesn't need two more gift shops in exchange for the old girl.

Easter is an early one again this year at the end of March and the keen new Festival Committee are active already getting the nuts 'n' bolts organised. As ever they need volunteers for all manner of small tasks that they'd be very grateful for. Here's a couple of tellingbone and email addresses if you need the good oil. Bev Long on 4473 7253, email: bevandstew@southernphone.com.au for



C.W.A. girls going through the hoops

to maintain and need hands-on help from more of us. The Saturday marketeers could be a good source given they spend the most time in that fantastic venue. If you can spare some time to take an interest talk to the creaking Judyanne or leathery Phil Elton.

Harry Bate has been on the job recently, securing a grant from the Council's heritage budget towards restoration work on the Tilba Cemetery. The condition of some of the plots is... er... grave and Harry is calling for donations towards the project, which can be made at Pam's or Bate's Store where you'll find more printed info.

entertainments and Rikky Bryan on 4473 7366, email: indulgenceattilba@bigpond.com. for stall bookings. We'll get down to details next issue.

And congratulations to Grandpa Wazza Hadfield with the recent birth of his grandson Charlie to daughter Karli. What's it going to be Wazz, Chazza or Chukka?

Email me on jsmall7@tpg.com.au if you have anything for Tilba Bites, the earlier the better.



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International Line-Up for Cobargo Folk Festival 2013

International stars headline the 2013 Cobargo Folk Festival.

Now in its 18th year the Cobargo Folk Festival is attracting performers from all over the world. Held at the Cobargo Showground in the picturesque village of Cobargo on February 22, 23 and 24, the festival presents a weekend of music, dance, song and comedy performed at multiple venues.

Some highlights are: international performers including Jali Buba Kuyateh and Afro Diyaa from West Africa; folk legend Vin Garbutt from the UK; Kristina Olsen from the USA; the Scottish traditional group Modhan; Nicola Hayes and Hélène Brunet from France; and Rob and Cordelia Rayner from the popular Beez German group.

The irreverent and hilarious Dingo's Breakfast from WA are back with two new shows: 'Time to Go Find Mathilda' a light-hearted look at the state of Australia today. If you haven't yet experienced The Perch Creek Family Jugband then this irresistible group of multi-instrumentalists with a foot-stomping sense of humour are a must.

Peter Hicks and Ross Smithard present a special concert documenting the struggles for union rights, social and environmental justice in Australia through song. Worth fighting for, worth singing about. Shortis & Simpson, with Dave O'Neill, celebrate the life, the influence and the extraordinary songs of Woody Guthrie. The Silver Strings present

a tribute to Stephen Foster.

You are invited to join the festival Gospel Choir, with workshops under the tutelage of skilled choir leader Dan Scollay, culminating in a grand performance with Fiona Boye's Hammond Trio. Come, raise the roof of the Gulaga pavilion with string Gospel music and song (assisted by the Mumbulla Foundation).

There will be a range of workshops in guitar, fiddle, percussion, tin whistle, singing, songwriting, accompaniment, and stand-up comedy. Kids will be well catered for with a range of activities including singing, percussion playing, magic, stories and craft. The Crossing Youth Venue will again provide opportunities for young folk to strut their stuff on the Young Performers Stage. Some amazing talent has been discovered and nurtured at this venue.

Participation is most welcome.

There will also be Open Mic and Poets Breakfasts on Saturday and Sunday mornings. These are very popular. Get there early if you wish to read your poems and stories.

For more information about the festival, online ticket purchasing, volunteer applications and program updates via www.cobargofolkfestival.com or call the festival hotline on (02) 6493 6758 or email info@cobargofolkfestival.com

Tickets can also be obtained from Maggie Music in Bega or Well Thumbed Books at Cobargo.

Share your Skill

Creative Arts Cobargo is a developing initiative of Cobargo Creators. The aim is to host regular workshops designed to launch you into the wellspring of your own creativity.

This commenced in October 2012, with a successful *Basket Weaving* workshop by Robin Levey and next month we are offering Watercolour Painting with Jan Ward.

In addition, every week we have the under 16s art class at the back of the supermarket.

Do you have a skill to share with the community? Cobargo Creative Arts can provide support with promotion and logistics; all you need is the idea.

Drop us a line at artsincobargo@gmail.com or come in to the Black Wattle Gallery.

Watercolour Painting Workshop with Jan Ward



This is your opportunity to participate in a two-day workshop with local artist Jan Ward. Jan has taught art for the past 27 years, first in Canberra and more recently at her property in Brogo.

The workshop will explore various watercolour techniques with examples and demonstrations. Participants can choose projects to develop these skills.

Dates: 16 and 17 February 2013

Place: School of Arts Hall, Cobargo

Time: 9.30am to 4.30 each day

Cost: \$120 for the weekend.

A materials list will be issued when you enrol, or materials can be provided for an extra \$20.

For bookings: 02) 6493 7245 or artsincobargo@gmail.com



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Sculpture on the Edge a must for art lovers

Staged in a magnificent coastal setting, exhibiting works by some of the top names in Australian sculpture as well as accomplished regional artists and attracting thousands of visitors, Bermagui's Sculpture on the Edge event can justifiably lay claim to being the premier sculpture event on the NSW South Coast.

For the seventh year running, Sculpture on the Edge will soon present another amazing display of outdoor sculptures on Endeavour Point headland, Dickinson Park lawn and Horseshoe Bay foreshore. Meanwhile, an exhibition of small sculptures will be held in the Bermagui Community Hall in Bunga Street, open for viewing from 10am to 5pm daily. And at Shop 7 Art Space at the Fishermen's Wharf, there will be a photo montage and video art exhibition by contemporary artist Bob Georgeson.

Having evolved in the last few years from a three-day to 10-day event, Sculpture on the Edge 2013 will be on from Saturday 2nd March to Monday 11th March.

Everyone is invited to attend the community picnic at Endeavour Point from 5pm to 8pm on Sunday, March 10. There will be live music, a gourmet sausage sizzle, and the Peoples' Choice winners will be announced. Drinks are BYO and a gas barbeque will be available for those who want to bring their own food. This year a highlight of the picnic will be a small fire festival which will feature the

ignition of fire sculptures by local pyromaniac artists, Yuri Weidenhofer and Chris Polglase. Alongside will be small works made by Bermagui Primary School pupils in workshops run by Sculpture on the Edge.

This year's sculpture symposium is billed as; 'Good Dog! Animals in Sculpture'. It will be held on Sunday 3rd March at 'Thubbul', the Murrah coastal retreat belonging to acclaimed architect, Philip Cox. Tickets are \$35, which includes morning tea, lunch and wine. Those attending will have the added bonus of viewing Philip's fine collection of outdoor sculpture in a superb setting. This collection has grown over the past few years, thanks to the \$5000 Cox Acquisitive Prize.

The Cox Acquisitive Prize will again be awarded at this year's exhibition and Event Manager Jan Ireland has worked tirelessly to increase the prize pool to make Sculpture on the Edge an attractive proposition for exhibiting sculptors. Her efforts have paid off and ten prizes sponsored by local business and community identities are to be awarded, with a combined value of \$5000. Once again the Australian National University Sculpture School will award a three-week residency.

Sculpture on the Edge could not happen without the valuable time and effort contributed by volunteers and a team is currently being organised to staff the exhibitions in short shifts. Volunteers are also being sought to camp on the headland overnight, to provide a presence for



The Oracle by Dylan Thomas, exhibited at Sculpture on the Edge 2012

security of the exhibition. Anyone interested in getting involved can contact Geoff Steel on 6493 3775 or at geoffsteel1@bigpond.com, or Danie Ondinea on 6493 5777 or at danieo@pacific.net.au

For more information on Sculpture on the Edge 2013, phone Jan Ireland on 6493 3808.

Or visit the website at www.sculpturebermagui.org.au

Succulent Bonsai Workshop with Daniel Rosenbaum

Internationally acclaimed ice-sculptor Daniel Rosenbaum now lives on the South Coast and works with Living Sculpture. Join Daniel at Rosenbaum Garden Nursery at the base of Gulaga Mountain for a two-day workshop.

Explore the healing energy of nature by learning the art of Succulent Bonsai with exotic miniature plants, pebbles and shells in garden vessels.

Dates: over two Saturdays, Feb 2 and 9

Time: Starting 1pm – 5pm.

Cost: \$195 – includes one tray of 28 mixed succulents (retail value \$140) pebbles, shells and soil included. Bring your own pots and creative garden containers or purchase from nursery stock.

To book a place in either workshop email: artsincobargo@gmail.com or call 6493 7245.

'Out on the street' art sale

The Lazy Lizard Gallery in Cobargo is renovating on Saturday 9 March 2013. All our treasured pieces will be put out onto the street so we can apply a fresh coat of paint to the Gallery.

This is a perfect opportunity for a sale and sausage sizzle! Come along and see what we are up to. Buy a sausage or lentil pattie sandwich and grab yourself a piece of art at a bargain price.

Come and support the original Cobargo Artist Cooperative, The Lazy Lizard Gallery.



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Suzanne Lindhorst and Richard Siemens at Ivy Hill this month

Two acclaimed artists, now residing on the far south coast, are exhibiting at Ivy Hill for the month of February.

For twenty years, Suzanne Lindhorst found that the Kimberley and Pilbara regions of Western Australia presented fabulous visual feasts for her as a lover of natural beauty and as an artist. There her palette dripped with the rich reds, oranges, gold, the vibrant blues and soft, deep purples of the North West.

Now having settled back in her native state of NSW, the remote southern coastal landscape has offered her a very different palette, rich with the vibrant blues and lush greens that are so typical of the Sapphire Coast and the lakes and river systems of the region.

Richard Siemens has embraced photo-realism and developed his own technique using a combination of acrylic and oil paint. His work

has been described as 'Super realism at its best. Exceptional mastery of the difficult skills required for this school of painting. The viewer easily becomes spellbound by the intricacies of detail, yet the real power of his work comes from the starkness and simplicity of composition'.

To truly appreciate Richard's brush skills and detail, the viewer is encouraged to look close up at his paintings.

Suzanne and Richard's work may be seen at Ivy Hill Gallery, on the coast road between Bermagui and Tathra, from 10am to 5pm on Friday, Saturday, Sunday and Monday for the month of February.



Richard Siemens' work

You are invited to drinks with the artists on Saturday, February 2 between 6 and 8pm.



Four Winds Artistic Director launches new book

We are very excited that our Artistic Director, Paul Kildea, will be launching his new book in February. The book is being published to mark the beginning of the Britten centenary year in 2013. Paul Kildea's Benjamin Britten: A Life in the Twentieth Century is the first major biography of Britten in twenty years. It explores the life and music of this extraordinary artist. Paul is also presenting three lectures (7, 14 and 21 February) about the artist with Gresham College (London). You can read more about these lectures at www.gresham.ac.uk

The Penguin Press book is available on pre-release sales through a number of online book sellers or order it from your local bookshop.

Road may have noticed that the new road to the Four Winds site, Nature's Concert Hall, has been constructed in the last few months. Seed has been sown on the banks so we are now all wishing for a little rain.

Construction of the new building

Once our Development Application is approved by Bega Valley Shire Council, we will start construction of our new building which will include a small recital hall. This will take about 10 months and we plan to have events at the site during the year so that people can see the building in development.

We are looking forward to a great year ahead. For more information, check out our website at www.fourwinds.com.au or call the office on 6493 3414.

Four Winds Road complete

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International Women's Day Exhibition 2013

Spiral Gallery

Thursday March 8, from 5pm-8pm

Southern Women's Group - Women's Resource Centre (WRC) will be hosting International Women's Day celebrations by organizing an exhibition at Spiral Gallery Church St Bega 8-20 March 2013.

We want to encourage community members to participate by making and creating something to be displayed in the exhibition. In particular, focusing on the 2013 Theme: THE GENDER AGENDA: GAINING MOMENTUM. All mediums for art works will be accepted for exhibition including sculpture, photography, ceramics, jewelry, craft, sewing, metal work and wood work.

Over time and distance, the equal rights

of women have progressed. We celebrate the achievements of women while remaining vigilant and tenacious for further sustainable change. There is global momentum for championing women's equality.

Each year around the world International Women's Day (IWD) is celebrated on March 8. Thousands of events occur not just on this day but throughout March to mark the economic, political and social achievements of women. Organisations, governments, charities, educational institutions, women's groups, corporations and the media celebrate the day. Many groups around the world choose different themes each year relevant to global and local gender issues. International Women's Day is a day to celebrate the gains women have made over the years and to bring our attention to

the issues that still face us. Most of all, it's a chance to rejoice women's contribution to making Australia and the Bega Valley Shire a better place for everyone. It recognizes that we, as women, have made and continue to make a difference. The theme for this year's IWD is women and education.

The Spiral Gallery exhibition will be open to the public from March 8, International Women's Day at 5pm. We hope all women and children will come along and join in on the celebrations. Exhibition will remain on display until March 20. If you are interested in participating - get creative - pick up your entry form or call Gabrielle Powell at the Women's Resource Centre on 64921367 or drop in at 14 Peden St Bega Wednesday to Friday 10am - 4pm.



Feeling the heat



Driving south from Bermagui on the Tathra road you might have seen this amazing plant just before the Cuttagee Bridge.

It is a fine example of the misnamed century plant. No unfortunately it doesn't live for 100 years, but typically lives only 10 to 30 years. It has a spreading rosette of about four metres of gray-green leaves up to two metres long, each with a spiny margin and a heavy spike at the tip that can pierce to the bone. When it flowers, the spike, which looks like an enormous asparagus with a cyme of big yellow flowers, may reach up to eight metres in height. Its common name likely derives from its nature of flowering only once at the end of its long life. The plant dies after flowering, but produces suckers from the base, which continue its growth.

"We have a new story of the universe. Science has given us a new revelatory experience. It is now giving us a new intimacy with the earth."

Thomas Berry, author of *The Dream of the Earth*

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(between Central Tilba and Tilba Tilba)
Saturday March 9th 2013 at 4pm
Enquiries: Linda 4471 7208

Financial Services positions

Four Winds Concerts Inc. (Bermagui) is looking for a person or people to provide financial services for a small, not for profit, DGR, cultural organisation. Roles include those of Business Manager, Accountant and Bookkeeper.

These are part-time positions each primarily 7 hours per week, with hours increasing around key events such as the biennial Four Winds Festival.

Depending on skills, experience and interest, one person may wish to take on more than one role.

Duties include developing strategies, general financial and compliance advice, maintaining financial records, book keeping duties. Main responsibilities include preparation of budgets, financial statements, payroll and various compliance duties.

Candidates should have excellent communication skills; demonstrate practical expertise in providing accounting and taxation compliance services.

Computer literacy (particularly with MYOB and Excel) and word processing skills are required.

For more information about the position/s and to obtain a copy of duty statements and selection criteria, please contact Penny Amberg on 0448 129 420 or by email on penny@fourwinds.com.au

Applications should include a cover letter, a current resume, a statement against the selection criteria and any other relevant information.

Applications close on COB Friday 22 February 2013 and may be made by email to penny@fourwinds.com.au or by mail to PO Box 73 Bermagui 2546.

More information about Four Winds Concerts can be found at www.fourwinds.com.au



The Triangle's Eco Edge Contribution

Local environmental company AKT is again sponsoring a page in the Triangle every month this year. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership.

Every month we'll publish the best creative contribution – story, essay, poem, painting, drawing, photograph, sculpture (well, OK, a

photograph of a sculpture) – we receive. Contributions must be on an environmental theme. And in December we'll announce the overall winner. This time the competition is open to all ages. We put this idea to Joe Dorado, AKT's CEO, and he's right behind it; he's offering \$400 for the winner. Entries must be received by the 22nd of each month. So put your creative caps on and get creating!

Caring for native animals during heat and bushfires

The following is part of a verandah talk given at the Summer Soiree held in Quaama in January.

Native animals suffer just as humans and domestic animals do during times of high heat and particularly during and after bushfires. If possible contact one of the organisations listed below for advice. But there is plenty you can do and most of it is common sense.

What can I do to help? – Water Water Water

Ensure that there is plentiful cool water available. Concentrate on a number of water containers that you can regularly clean and refill and keep cool. Bury containers into the ground use an old thermos or insulate plastic drink bottles and suspend them above water bowls. Make sure that whatever container used allows smaller animals to escape. You can do this by placing sticks or a rock in the container. Small mammals, lizards and even frogs can drown in plastic containers that don't allow them to escape via a stick or a stone.

Dams can also prove hazardous as they begin to dry out, creating a muddy, sticky entry point to already stressed animals and often trapping them. Try placing boards, old carpet or similar across sticky mud areas, or place a container on the firm edge of the dam and refill it. Wallabies will swim in hot weather but kangaroos usually only enter dams when chased or stressed.

How do I know an animal is stressed?

Look for unusual behaviour including bats and birds falling out of trees, wombats being in unusual places (eg under homes and sheds), wallabies and kangaroos salivating and intensively licking their front paws, echidnas in the open and not actively foraging, possums appearing in daylight all indicate extreme heat stress. Report unusual behaviour to one of the groups so they can organise a volunteer to assist or advise – but in fire extremes you may need to provide whatever assistance you can.

Covering stressed animals with wet towels or spraying water helps but air circulation is a must otherwise the wet towel or cover becomes heated and adds to the problem. There are potential hazards trying to assist native animals so be careful and recognise that stressed animals may behave strangely and even when apparently comatose may still be able to scratch or bite. Take particular care and try and get help for flying foxes as there is a slight risk with these delightful creatures of viruses that may transmit to people. Volunteers are immunised.

If an animal is comatose try to provide shade. If the animal can be moved slide it onto a sheet or piece of wood and pull it into the shade. Alternatively put up shade mesh or shade shelters where the animal is.

After fires

Depending on the fire intensity, only some native animals survive. In rapid high intensity fires and where back burning into the fire occurs, most perish. Those left often have horrendous burns and any survivors have many months of extreme stress due to reduced food. While it is not generally advisable to feed native animals, post fire is an exception to the rule.

Feed stations can be set up to assist post fire. Even one feed station that you can monitor daily will help some animals. Roos, wallabies and wombats will sometimes perish because they don't recognise domestic animal food as edible. However, it is worth trying any low protein feed, for example alpaca pellets, which possums, wallabies, roos and wombats will eat, seed mixtures and lorikeet mixtures will assist birds, smaller possums and some bats. If you have access to flowering plants, particularly grevilleas from an unburnt area, tying bunches to burnt trees is helpful.

Do your bit to help

Having a 'no tolerance' policy to cruelty issues related to native animals will help as

This month's creative contribution is a poem by Anna Buck.

Dry season

Sat on a gravel bank by the deep hole
where the Brogo comes into the Bega
I watch the dogs' heads as they paddle
through a slurry of yellow and brown leaves;
see them start out of the water when
submerged branches touch their bellies.

The river bed is a garden now; groundsel
tall as trees, thistles pale as sea mist
flowers transparent yellow; a red weed
gives a permanent sunset glow
reflected in a nest of water dragon's eggs
uncovered by some scavenger.

Yet not eaten - ovoids have hardened
in the sun. From one a tiny lizard has tried
to claw its way, its perfectly formed hand
reaching upward away from eye sockets
picked clean; it might have seen the water
into which it knew it had to run.

Cows have dropped dead calves
and there are more crows this year.
They come in cycles but seem to know
when there will be plenty to caw about,
their commentary bleak; the farmer has seen
them pick at the calves' emerging feet.

There is no market for lizards - the loss
of a clutch makes no odds to anyone;
but as the deep hole thickens and drops
tree limbs rise out of the bed lifting up
and away like the dragon's claw.
Weeds reclaim a dry season.

HANDY WALLET WILDLIFE RESCUE NUMBERS

Wombat Protection Society
6493 8245

Wildlife Rescue Far South Coast
(NANA) local mobile emergency
0417 238 921

Wildlife Rescue Far South Coast
(NANA) Nowra-Batemans Bay
0418 427 214

WIRES Wildlife Information Rescue
and Education Service
6495 4150

NPWS Narooma
4476 0800

well. Some people think is acceptable to shoot native animals, drive over snakes and shoot at animals in paddocks. All of this behaviour is illegal and creates a huge amount of work for the limited volunteers who spend their time trying to help. It also revolts our tourists, animal carers and traumatises a lot of people. Do your bit and report cruelty.

Thanks for helping.

Amanda Cox

Wombat Protection Society, Quaama



Mulching... A Must

I have touched briefly in previous columns about the subject of this months Gardening Gabble but thought it timely to talk more broadly about mulching and its benefits.

Unless it rains substantially before you read this in February it is very obvious just how dry it is and what is required to keep plants growing strongly throughout the warmer months of the year.

In my opinion as a Horticulturist and gardener of many years, I consider that mulching garden beds, whether shrub or vegetable, is one of the most important tasks that should be considered. The benefits are many, from weed suppression to moisture retention and just as important as an insulator against frost and heat. There are many products available for us to use and the type we use depends on several factors.

Do you want the mulch to be a short or long term solution? The decision as to this basically comes down to whether the garden or plant you are mulching is something like a vegetable or flower garden or a permanent shrubbery or tree planting.

In the case of the flower or vegetable garden there are basically two methods of mulching. One is to use soft mulch like sugar

cane or straw and the other shredded cow manure. In both cases these products are short term but are of great benefit to the garden. Both decompose over a short period but in doing so and through the decomposition process retain moisture around the plants and improve the structure and the texture of the soil.

The long term benefits of this are an improved ability for the soil to retain moisture but more importantly for the plant to take up nutrient and develop a good root system which in turn helps it through periods of stress and the like. These mulches are fairly 'short lived' and will need replacing after several months.

The other forms of mulches, such as gravel and woodchips, are more long term and should only be used on shrub beds and around trees. Wood chips, whether hardwood (eucalyptus) or softwood (pine) also have a shelf life but their ability to retain moisture for the plants is better than no mulch. Wood chips have one issue and that is that in their decomposition process they tie up the nitrogen available to the plant so regular supplementary fertilising is required to counter this.

My favourite form of mulch is river gravel, which is usually a bi-product from sand dredging along rivers. Although some people will say that this is not necessarily environmentally friendly, one must weigh up

the other side of the coin and that is the removal of trees for wood mulch.

Gravel mulch has great benefits like not blowing away in strong winds, particularly in coastal gardens, and the fact that it is usually a one off application as it doesn't decompose like wood and straw mulches. If you live in a fire prone area gravel does not burn and therefore is of great benefit. It is a bit more expensive than the wood mulches but in most cases is a one-off application. A minor top up in several years might be required.

A few other things to consider when using mulches are that mulch can prevent light showers of rain reaching the soil surface, thus robbing the plants of moisture. In dry periods it is advisable to rake back the mulch from around the close proximity to the plant trunk and saturate the soil and then place the mulch back around the plant. Similarly when applying fertiliser the process should be repeated.

Mulching generally is of great benefit to the garden. Whether moisture retention in warmer months or cold protection for roots in colder months, the process of mulching is a very important part of everyday gardening.

Call into your local nursery and discuss your situation with the nursery person. Undoubtable you will be given the right information for your situation.

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Deadlines

Advertising: 12pm, 19th of each month

Editorial: 12pm, 22nd of each month

Advertisers please note that an extra fee may be charged
for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters
must be signed by the writer and give both business
and home phone numbers so letters can be verified.

All communications should be forwarded to:

The Editors,
The Triangle

PO Box 2008, Central Tilba. NSW 2546

the_triangle2@bigpond.com

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is
to provide information and news to the people in The
Triangle area. The committee is made up of volunteers
who donate their time and expertise for the benefit of our
readers. The Triangle is financially self sufficient through
income generated through our advertisers. This is a tight
budget and prompt payment of accounts is appreciated.
The Triangle is published every month except January
and has a circulation of 2000.

Soft Footprint Recipes

Carole Broadhead

Hello everyone, Whew hasn't the weather
been hot!

We had dinner with friends last week and
I had the most delicious prawn salad. It was
topped with caramelised walnuts – what a taste
combination.

The salad can be served on a large platter
and everyone can help themselves or be served
on individual plates. I am pleased my friend was
happy to share the recipe ... the walnuts would
be good as nibbles with drinks and you could
use the recipe to caramelize other nuts.



Fresh Prawn Salad

Make a dressing of 1/2 a cup of olive oil
and a tablespoon of lemon juice, season and
adjust lemon juice to suit.

Then arrange on a platter in layers:

- 1 Cos lettuce, leaves left whole
- 1 fresh mango cubed
- 1 avocado sliced
- 2 tomatoes in wedges

Sprinkle the salad with dressing then add:

- 500g fresh cooked prawns
- 100 grams of walnuts (whole if possible)

to caramelize.

Caramelised Walnuts

3 tablespoons of brown sugar and 3
teaspoons of water



Place in a bowl and stir till mixed.

Heat the oven to 180 degrees and roast
the walnuts on a tray for 5 min.

Take out and put into the bowl and stir till
well coated then put back into the oven for 10
to 12 minutes, allow them to go cold and crisp.

Place on top of the dressed salad the
shelled prawns and caramelised walnuts. Serve
as is for an entrée or add warm crusty bread for
a main meal.

This salad would also be nice with warm
marinated chicken.

Marinade for 6 to 8 people:

- 100 ml soy sauce
 - 50 ml fish sauce
 - 300 ml sweet chili sauce
 - 1 tsp crushed garlic
 - 1 teaspoon grated ginger
 - 500ml cream
 - 100 ml of honey
 - 2 tablespoons of whole grain mustard
- Enjoy!

Hope your New Year is a good one,
Best wishes,



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Book Review

Heather O'Connor

Ramona Koval

By the Book: A Reader's Guide to Life

Text Publishing, \$29.99

For all of you missing Ramona since she left the Book Show on ABC radio, this publication is an absolute must and will be in the Bermagui library, so put your name down for it ASAP.

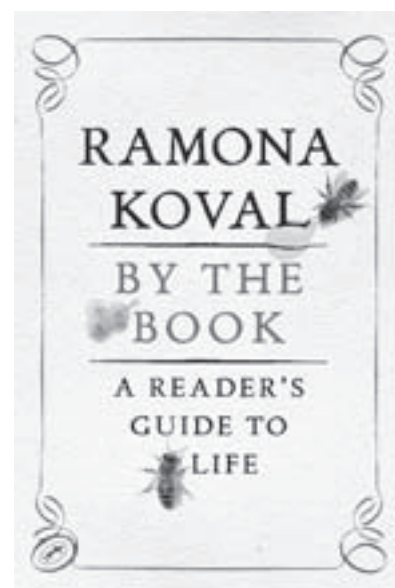
Ramona is not new to writing, but this collection of essays provides her with the opportunity to look back over her incredibly interesting life, and tell us which books and authors have shaped her enduring interest in writing and authors. In between, she tells the story of her life as the daughter of Holocaust survivors, as a young mother, a scientist, broadcaster and intrepid traveller.

As an added extra, there are six pages listing the books to which she has referred – I've kept a photo-copy as a guide to the next few years of my own reading.

I bet you've never seen such an eclectic collection! She is a woman of formidable intelligence and endless curiosity. All the warmth and humor she brought to her 17 years in broadcasting shines through in this collection.

Readers owe Koval an enormous debt for the countless times she introduced us to writers from around the world, and now an additional one for producing this gem. As an added extra, it is beautifully produced – just made for reading in bed or on the beach.

The most interesting thing I read over Christmas was the first volume of the biography of Lynden B Johnson – there will be five in all, with the fourth due out in May – can't wait!



Pet of the Month

Rehomed this week are Ginger the ginger and white kitten and Sebastian the white tabby. Available are the following animals:

Dogs and Pups

Molly, female Kelpie x B/Collie, 10 mths
Bindi, female Bull Mastif/Wolfhound, 4 yrs
Rusty, male Kelpie/Cattle/Rotti, 19 mths
Lucky, female Cattle Dog/Kelpie/Pointer, 12 wks

Cats and Kittens

Maxi, male DSH Ginger/white 4 yrs
Pearl, female DSH Cream/Ginger 4 yrs
Sooty, female DSH Black Cat (small) 1 yo
Mojo, male DSH Tabby 4 yrs
Beany, male DSH Black/white 1 yo
Emma, female DSH Black and White 15 wks
Charlotte, female DSH Black and White 15 wks
Eddie, male DSH Black/White 17 wks
Viola, female White/Grey Tabby 16 wks
Lilly, female DSH Black/white 8 mths

Molly, female Black Persian 4 yo
Tina, female Ginger DSH 9 wks

All adult cats are available for \$60 and kittens for \$150.

And we still have two large black lop eared rabbits, one male and one female, Rebecca, 15 months of age.

Please phone 0400 372 609 for all enquiries about adopting one of these animals.

Glen Curry

AWL, Far South Coast Branch

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91 Navara X cab. Good condition, 9 months rego. \$2,500 4476 3289

Small Dolly Dresser Bulldozer, East Winds 4WD Tractor (with slasher etc), 2 farm motorbikes (one registered); plus other odds and ends. Very reasonable. Must sell. Contact Caroline 4473 7040 or David 4473 7570

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Bingo- 11am *includes lunch!*

Indoor Bowls- from 6.30pm

TUESDAY

Ladies Darts- form 7.30pm

WEDNESDAY

Cash Countdown- from 5.30pm win \$300 in cash and restaurant vouchers

Raffles- tickets on sale from 6pm
Meat, fruit & Seafood Trays to be won

Pool Comp- 7.30pm

Trivia- 8pm \$2 entry. All welcome.

FRIDAY

Raffles- tickets on sale from 6pm
Come try your luck - Meat, Fruit & Veg Trays on offer.

Pool Comp- 7.30pm

Live entertainment from 8pm

SATURDAY

Pool Comp- 7.30pm

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Friday 8th- Raffles then Ray Stephens Trio

Friday 15th- Raffles then Darryl Lamb

Saturday 16th- LIVE music with Greg Kew

Friday 22nd- Live Band- Struth

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ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2012 at Club Bega, the 3rd Tuesday of April, June, August, October and December. All welcome, phone 6493 4984

ANGLICAN PARISH OF COBARGO AND BERMAGUI

Quaama - St Saviour's, 3rd Sunday, 7 pm Holy Communion. 1st Wednesday of the month, 10 am Morning Service. Cobargo - Christ Church, Fri, 10am Holy Communion, Sundays, 8am Holy Communion. Bermagui - All Saints, Thurs. 10 am Holy Communion, Sun. 10 am Holy Communion. Enquiries: Ph. 6493 4416.

BERMAGUI BRATS

Radio Control Offroad Racing Club, 1st Sunday of each month, Rego @ 12.30pm with Racing @ 1.00pm. Further Details call Albert on 6493 3005

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI SES UNIT

16 Young Street Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6.30pm. Ladies and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2.00-4.00pm. New players always welcome, tuition and friendly games always available, equipment provided. Dave or Tina Cotton, 6493 3800.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 6493 4538.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI WEIGHTLIFTING CLUB Inc.

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COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms.
Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms)
\$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SoA HALL COMMITTEE

Meets quarterly. Hall bookings: Steve Ross smross@ozemail.com.au Other inquiries: Sheelagh Brunton 6493 6538

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries
phone 64938141, 64936948 or 64936435

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo - once a month on a Wednesday 1.30pm-2.30pm at CWA cottage, Bermagui - every 2nd Friday 10.30am - 12pm in the Ambulance station. Quaama - Wed. by prior arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www.quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui Cobargo: 1st and 3rd Sundays at 11am; 2nd and 4th at 7pm, Cobargo Bermagui Rd. Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30 3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings Anglican Church Hall, 13 Tilba Street, 2nd Tuesday of the month, 7.00pm. Whether beginner or pro, come & experience the joy of photography. Dave Cotton, 6493 3800.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. For information contact Peter or Kathryn Essex on 4476 3952 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

TILBA MARKET

Home grown, Hand made
Grow it, Make it, Sew it, Bake it
every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

Community Notices are advertised in The Triangle for non-profit groups free of charge.
If details of your group change, please advise us at the_triangle2@bigpond.com

For the Fridge Door

FEBRUARY	EVENT	WHERE	WHEN
Fri 1	Live solo Kerri O'Keefe	Bermagui Country Club	8pm
Sat 2	Succulent Bonsai W'shop	Rosenbaum Nursery, Tilba	1pm - 5pm
Sun 3	Trevor Best	Bermagui Beach Hotel	4pm - 7pm
Wed 6	Watercolour Painting workshop with Jan Ward	School of Arts Hall, Cobargo	9.30 - 4.30pm
Thurs 7	sculpture and casting show	Bermagui Community Hall	5pm - 7pm
Fri 8	Ray Stephens Trio	Bermagui Country Club	8pm
Sat 9 -10	Cobargo Show	Cobargo Showground	all day
Sat 9	Succulent Bonsai W'shop	Rosenbaum Nursey, Tilba	1pm - 5pm
Sun 10	Tony Jagers	Bermagui Beach Hotel	4pm - 7pm
Fri 15	DJ Darryl Lamb	Bermagui Country Club	8pm
Sat 16	Greg Kew	Bermagui Country Club	8pm
Sun 17	Dune Care guided walk	Cuttagee Point	9.30am
	Greg Powell	Bermagui Beach Hotel	4pm - 7pm
	Watercolour Painting workshop with Jan Ward	School of Arts Hall, Cobargo	9.30 - 4.30pm
Fri 22	Live Band Struth	Bermagui Country Club	8pm
Fri 22 - Sun 24	Cobargo Folk Festival	Cobargo Showground	all day
Sun 24	Tin a Tuna	Bermagui Beach Hotel	4pm - 7pm
MARCH			
Sat 2 - Mon 11	Sculpture on the Edge	Bermagui	all day
Sun 3	sculpture symposium	Thubbul, Murrah	all day
Sat 8 - Thurs 20	International Women's Day exhibition	Spiral Gallery, Bega	5pm - 8pm
Sat 9 - Sun 10	Bermagui Seaside Fair	Bermagui	all day
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am - 3.30pm
	BINGO	Bermagui Country Club	11am
Wednesdays	Scrabble	Well Thumbed Books Cobargo	10am
	cash countdown, raffles, pool comp, trivia night	Bermagui Country Club	from 5.15pm
last Wed of the month	Bermagui Historical Society Meeting	Bermagui Museum in Community Centre	2pm
every second Thursday	Senior's Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Storytime for pre-schoolers	Well Thumbed Books Cobargo	11am
	Meat Raffles	Cobargo Hotel	from 5pm
	raffles, pool comp and entertainment	Bermagui Country Club	from 6pm
	family day care train play group	Ello's Train Café Cobargo	mornings
	Tiny Teddies Play Group	CWA Hall Bermagui	10am - 12pm
Saturdays	Punters Pick	Cobargo Hotel	from 5pm
	live band or DJ	Bermagui Country Club	8pm
	under 16s art classes	behind Cobargo Supermarket	10 - 11am
	Laneway markets	main street Cobargo	9am - 1pm
	Tilba Markets	Central Tilba Hall	
ART			
throughout February	Suzanne Lindhorst and Richard Siemens exhibition	Ivy Hill Gallery, 1795 Bermagui Rd, Wapengo Ivy Hill	10am - 5pm Fri - Mon
Sat 2	drinks with the artists		6pm - 8pm