

# THE TRIANGLE

COMMUNITY NEWS

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**BROGO QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES**

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## Cobargo Farm's Spring Open Day Sure to Please

Cobargo Farm Spring Equinox Open Garden Day is on again! On Saturday, October 5, the farm will host walks and talks through various areas including vegetable, orchard, flowers, natives and our newly developed sub-tropical area.

Features include demonstrations and activities from permaculture, worm farming, olive oil pressing, woodturning, wool spinning, felt and jewellery making, natural goat soap, ice cream and bread making, enjoy wine tasting from local producers.

Cobargo's extraordinary chefs, Linda Sang and Paul West from River Cottage will be tantalizing the taste buds and cooking up a treat, using our seasonal vegetables, local cheeses, meats, wines and oils.

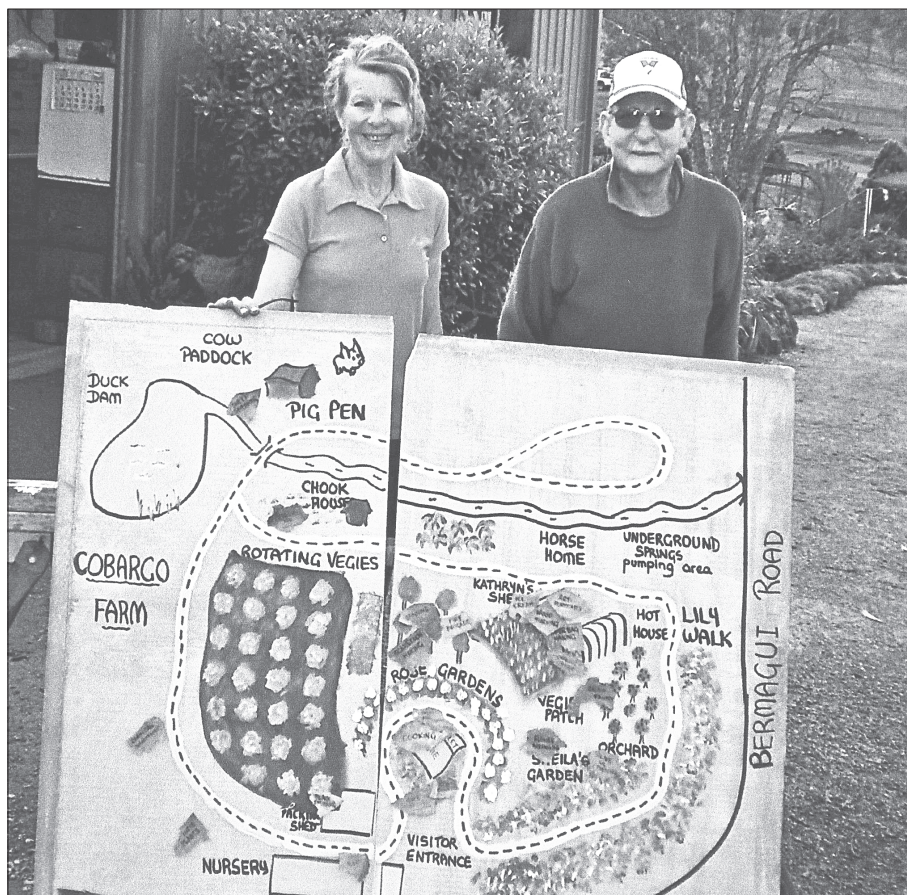
The O'Meara girls will show you how to milk a dairy cow, try your hand yourself. Followed by Erica Dibden from ABC Cheese demonstrating the processes involved in making a variety of cheeses. Sheep shearing is also on the agenda, the children will be in awe of the newly born lambs and piglets.

Phillipe and Maurie-Claude from Galba Forge will be showcasing their incredible blacksmith talents, with live demonstrations in the decorative and rare art form of plaited iron.

Captain of the Cobargo Rural Fire Service, Chris King will explain the importance of chain saw safety and maintenance.

Red Cross, CWA and Rural Fire Brigade volunteers will be providing food and drinks through out the day. Relax and enjoy music from Dave Hooper and the Bad Examples.

Cobargo Tourist and Business Association, local businesses and the township will be celebrating to make this a successful and



**Janet and Bruce welcome you to the Cobargo Farm Spring Open Day on Saturday October 5**

exciting day with a street parade and buskers participating in the activities.

Come along and join in the activities: a day of pleasure, fun and friendship, the

Cobargo way at Cobargo Farm, Bermagui Road (opposite the showgrounds).

## South Coast Field Days Bega

### Kelpies in action

An opportunity has arisen for south coast sheep dog owners to attend a working sheep dog school in Bega at the SCPA South Coast Field days on Saturday September 21. The class is normally held in Cooma at Neil Lynch's property. Instead Neil will travel down to Bega to hold the class and give working dog demonstrations throughout the day.

Any sheep dog owner wishing to participate can contact the field day committee for costs or phone 6493 7103 to book their dog

in for the class. We may even see Digger and Paul in action! Places are limited so book early.

### Fence Knot Tying Competition

This is a unique chance for budding fence builders and experienced contractors to show their skills in a fence knot tying competition. Entry will be by gold coin donation, this given to a nominated local charity. Conditions of entry will be displayed on the day. This event is sponsored by Sapphire Nu Pulse Cobargo, Daken and Nodig Gardens Training. Prizes to

the value of \$500 have been kindly donated by Bill Boyle and Joel Anderson, Daken and Christa Rehwinkel. These include a Daken 15km mains electric fence energiser to the value of \$230.

Also of interest to local farmers will be a talk given by lawyers from Peter Tierney and Associates on succession planning. See the field day schedule for times. [www.southcoastfielddays.com.au](http://www.southcoastfielddays.com.au)

How many of our readers have looked at the Eco Edge page in the Triangle and wondered what the environmental company AKT could be making or selling. Well that mystery can now be solved, this month the Merimbula News ran a story on AKT and the Kix Dehydrator, a waste treatment that extracts the protein from fish waste, spoiled supermarket food and other waste streams and creates feed for use in aquaculture or animal feed. AKT is reported to be investing in Pambula Engineering and that company will be making the Kix Dehydrators. AKT is supporting the district in many ways.

Technology can be a very positive contributor to our evolution as a society and in another field (not so local this time) the Waka Waka social enterprise have created what is in effect a mini power station. Designed as the most efficient LED solar powered light affordable to people living on \$2 a day, the development and startup production was crowd funded. Further development (also crowd funded) saw the Waka Waka light morph into the Waka Waka mini power station that can charge your phone or other small devices as well as provide 16 hours of bright light after a single

day of sunlight. It will charge a smart phone in a couple of hours. Or you can use your computer to charge the light.

So far 12 000 lights have been distributed in Haiti and 5 000 of the mini power stations have gone to Syria. But sales are not limited to third world countries, when they are sold into a country like Australia the sale leverages a donation to a third world country. I got mine as part of the start up crowd funding and I love it. You can find out more on the net at waka-waka.com.

## Letters to the editors

### What happened to Bermagui Skate Park?

A new committee formed last year to get something happening with the funds that had been held from previous committees, we are pleased to say that as we speak Finn from Bega skate shop who has also designed stage 2 of Bega skate park, Tathra, Eden, Merimbula skate parks and who is council recognised is finalising plans that we submitted to him not so long ago. When that is complete and we hand them to council and the DA is approved we are good to go. We have also been fortunate to have been granted \$40 000 recently. We are all Mums and Dads of young families that stand on this committee and we are all full time working, things take time and we all realise that the skate park has been a long time coming, but we are committed to seeing this through.

There is a fund raiser this September 21 put on by Bermagui Cellars and the funds raised will be kindly donated to the Bermagui Skate Park. It's at the surf club, tickets are available at Bermagui Cellars, 777, Benny's Butchery and H2O Fitness. \$55 for a 2 drink voucher, cocktail food and great night of fun (come dressed as a star!!)

*Kerry McGlashan  
Secretary*

*Bermagui Skate Park Association  
Incorporated.*

### Council's actions sheer bloody mindedness!!

The decision to cut down the beautiful gum trees in Littleton Gardens was bad enough, but the actions of Bega Valley Shire Council in proceeding with the decision after clear community feedback shows the nature of this Council.

Council had clear alternatives and could have sought a second opinion but out of sheer bloody mindedness proceeded with cutting down community assets that provided shade and amenity in the Gardens. Worse still they did this with undue haste on a Saturday in order to try and avoid further public outcry.

Council is obsessed with red tape and is the first to come down hard on community members who try to make additions or renovations on their homes. If a community member tried to avoid Council perusal by finishing a job on weekends Council throws the book at them, but here we have a Council that not only made a poor decision but then implemented it on a weekend in order to avoid further public scrutiny.

It just shows why we must never give Councils in this country more power via recognition in our Constitution. It also shows why we need legislation to allow community members to seek urgent injunctions to prevent intransigent and bloody minded councils from proceeding with decisions that are clearly not in the public interest.

*Adam Bonner  
Brogo*

### Thank you

Kath Richards of Bermagui passed away at Westmead Hospital on 22/7/13 due to complications from a chest infection. She was privately cremated in Sydney. Many thanks to her friends who offered a message of support during our sad loss. Appreciated by her mother & sister.

Thanking you,

*Annette Richards.*

### It ain't me, Babe!

Dear Editors,

I'm not sure if your policy of withholding full names of writers of your Letters to the Editors is always wise. The Pied Piper Saga involving "Rachel Rectangle" et al. has had me embroiled in the fiasco simply because of my first name. I do not wish to be credited (or discredited according to one's point of view) with what "Rose of Quaama" claims to be, according to "Sue of Quaama", "ignorant, bigoted and inflammatory". Who are all these people with such strong views? I want to set the record straight to avoid being further accosted. I am not one of them.

I hope the editors of the Triangle will endeavour to reduce this sort of ambiguity which can lead to suspicion and unpleasantness. Another letter from August's Triangle with the inflammatory heading (dubbed by the writer or editors?) "The Good, the Bad and the downright Ugly" seemed to be targeted at unnamed persons in the village although the writer did a good job at narrowing the suspects. I find this sort of finger-pointing and finger-wagging most distasteful. At least let us know, if one has to exercise their democratic right of opinion, the real names of who is involved to avoid the consequences of mistaken identity – either as the writer or target. I would like to continue to regard Cobargo as a genuinely caring community.

*Rachel Colombo  
Wandella*

P.S. Please print my full name if you decide to publish this letter which I hope you do because I would like to set the record straight regarding who I am not.

*Names are only withheld on request -Eds.*

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### Letters to the editor

Letters should be no more than 150 words. All letters  
must be accompanied by the writer's full name and give  
both business and home phone numbers so letters can  
be verified. Name and address may be withheld if the  
writer prefers.

All communications should be forwarded to:  
The Editors,  
The Triangle  
PO Box 2008, Central Tilba. NSW 2546

Email: [the\\_triangle2@bigpond.com](mailto:the_triangle2@bigpond.com)

ABN: 75 182 655 270

*The Triangle* is a community newspaper. Its aim is  
to provide information and news to the people in The  
Triangle area. The committee is made up of volunteers  
who donate their time and expertise for the benefit of  
our readers. *The Triangle* is financially self sufficient  
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This is a tight budget and prompt payment of accounts  
is appreciated. The Triangle is published every month  
except January and has a circulation of 1800.



### Thumbs Up

to BVSC for  
allocating money  
(\$80 000) for the refurbishment of the  
Cobargo toilets that will include facilities  
for the disabled. Hurray!

### Thumbs Down

to speeding  
drivers: I've just  
picked up the seventh  
waterfowl (including  
two plover chicks)  
from the Wallaga Lake Road opposite the  
lagoon, hit by vehicles who do not in the  
slightest try to avoid. Nor do they adhere to  
the 50kph speed limit. Come on drivers, try  
to pay a bit more attention, please.



Email your thumbs to  
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A beautiful photograph of an Eastern Spinebill spotted by Jo Lewis in her back garden





## A Little Bird Told Me

A common sensitivity in most that live in or visit our Triangle is the spirit to escape hustling crowds and mass consumerism, to enjoy the inherent charm of freedom in simpler country life. It is a veritable journey through the past, where culture and craftsmanship survive. As individuals from a myriad of places and times, our good old days are reflected by nostalgic memorabilia, dear to our hearts. Rekindling tangible expressions from memory lane, is Christine McKay's ethos at her quaint new shop, 'A Little Bird Told Me'. Brimming over with displays of vintage and retro collectibles, upcycled to resurge the security and comfort of a bygone era. A restored vintage caravan is a quirky backdrop among bunting happily flapping in the breeze to celebrate childhood fun on beachside holidays. Chris's passion is to source and exhibit rare, period pieces to conjure joyful memories and personal connections which revive that old time quality artisan generation. It is apparent that Bermagui is a destination for collectors, a vintage village off the beaten track, to find the unexpected. 'A Little Bird Told Me', Chris's Bower Bird's nest of the eclectic and unusual, is at the end of Pine Drive in the Bermagui Industrial Area and open Thursday, Friday, Saturday and the last Sunday each month, from 10am till 3pm, or by appointment.

## Sculpture on the edge - new status

Sculpture on the Edge can now offer tax deductibility to individuals and foundations donating to next year's event. They have been accepted for re-registration by the Australia Business Arts Foundation which can facilitate the process. They trust we will see a positive response from the community. Increased competition for available Arts funding is particularly fierce at present and they'd love to hear from some enthusiastic philanthropists! Thanks in advance. A donation form is their website at [www.sculpturebermagui.org.au](http://www.sculpturebermagui.org.au)

## The Crossing Land Education Trust – Model Chook Tractor Design challenge

Attention Year 6 students and teachers! Year 6 students are invited to design and make model chook tractors for a display at The South Coast Field Days in Bega on Saturday and Sunday 21 and 22 September. Members of the public are also invited to display working chook tractors. Contact Annette on 6493 3400 for more details. What is a chook tractor? (imagine...) It is a mobile cage and house of some sort that protects a few chooks and gives them a comfortable place to live in and lay eggs while they do some garden digging, eating and fertilising. The structure can be easily moved to a new place in your garden every day or two. What it looks like and what extra features it may have are up to you and your imagination. Criteria - the model should fit inside a wheelbarrow - the design features of the chook tractor should be clearly labelled and explained - use of recycled materials is encouraged.



A maximum number of design features are also encouraged e.g. self feeding, self watering, easy egg collection, sun and wind control, predator proofing, ease of shifting etc.

Design certificates and gifts will be awarded. How students can display their model chook tractors at The South Coast Field Days:

1. Ask your teacher or parent to email The Crossing to register your name: [thecrossing@thebegavalley.org.au](mailto:thecrossing@thebegavalley.org.au)

2. Complete your model, with labels on design features and attach your full name and school.

3. Deliver your model to Bega Showgrounds on Friday afternoon 20 September between 3.30pm and 4.30pm or between 8.00 and 8.30am on Saturday morning 21 September - look for 'The Crossing Chook Tractors' sign.

All chook tractor models and working chook tractors can be picked up at the end of the field days between 4 and 5pm on Sunday 22 September. Anything left at the showgrounds will be put in the pavilion for Monday pickup at the latest.

The Crossing is a not for profit permaculture designed camp on the Bermagui River that helps young people put sustainability into action. They offer Landcare and sustainability journeys from year 6 to year 12 and tertiary groups. They also offer adult workshops, including an annual Permaculture Design Course with John Champagne.

## Felt - Bermagui

It may seem glib to say: I feel Bermagui, yet this is a case of really intuiting the situation and owning the idea of picking a market, filling it and naming one's business to that effect. The new and welcomed kid on the block, *Felt*, is the answer to many a woman's prayer: shopping in town for some known brands, as well as "our own 'Felt' range of hand-picked, one-off, quirky designs sourced from overseas", all at an affordable price. It is a lovely space, taking over from a lovely person, the grocer man, right in the middle of town and bringing a new world of fashion to our door. *Felt* does the trick by providing a difference, employment and colour to our village. It feels good to be there, looks great and for the girls and ladies, it looks like it is value. Check it out. Note: no bored husband/partner seat installed as yet. Maybe they are not bored either. Right next door to our only yet valuable and sufficient supermarket in town.

## Mister Jones does it again... and again

Have you seen the wonderful work that Mister Jones, aka Matt, achieves in and from his marvellous espresso coffee making studio/community crossroads? If you have not, now is your chance to experience some, in the flesh. Matt is an icon of Bermi, with his work featuring in the Four Winds Opening Ceremony last year, to name one, as well as exhibitions all over the place, lastly at the Ivy Hill Gallery in June this year.

"The title of 'Little Cat, Little Car', refers to two of my two year-old's favourite things, so he'll be suitably impressed. This will be an exhibition of playful small-scale watercolour drawings on paper and calico. The drawings have been coming together in my studio/espresso bar, under the eye of customers and passers-by", says Matt. Perhaps you have been one of these. What is better than local art, great coffee and heartfelt expression? Not a lot. This exhibition runs from Aug 23 - Sept 20 2013, at the Spiral Gallery 47 Church St Bega 6492 5322.



# Bermagui Banter

## Twenty one tail salute

Just relaxing on my front verandah earlier today, a large splash out to sea caught my eye. On a flat and beautiful afternoon, I often see diverse boats coming and going, so initially I thought: oh just another white fishing boat heading back, however... nope, not the case. A breaching whale it was and I grabbed the binoculars and watched a wonderful display. A tail rose and splashed, rose and splashed and a partial breach and then a spurt, followed by a wave of his or her flipper. What a wonderful sight! It would have been at least 20 times that the tail waved to me and it felt like a message, if not leisurely Morse code. It went in a line out to sea, then back a bit and then, unfortunately, I had to respond to a matter close at hand so turned away. It was just great and we do have a link with our intelligent giant friends, I am sure, especially after the salute I received today.

P.S. On the news later I heard of a similar display off Sydney, so it seems the wider communication lines were open. How can we ensure their safe future, as well as ours, for that matter?

## Psychics at work or accidents do happen?

Last edition, we published an item about the lucky winning entry of the South Coast Award for Excellence in Tourism – 'Self catering and Serviced Apartments'. I am here to inform you that the awards have not actually been held yet. Doh! Apologies for generating false excitement... or... has our resident psychic got it right? We will know soon and there may be a new column next time: 'Crystal Balls c/o The Triangle' - future outcomes you would like to see in your life! Nonetheless, a deserved congratulations to Len and the team at Seaview Beach Houses for making the finals and good luck for 28 August at the actual awards event. Or, have you drunk the champers already?

## Sculpture on the Edge exhibition

Sculpture on the Edge is presenting a new exhibition at ArtSpace at the Fishermen's Wharf from 24 September to 8 October. The title is 'Locals Rule, OK?' and it will be a mixed exhibition of works by local artists, including Anneke Pajmans, Ulan Murray, Chris. Polglase, Joy Georgeson, Daniel Lafferty and Gabrielle Powell.

## Share a path – in Bermi

A group of cyclists joined Bega Valley Shire workmen at the almost-completed shared pathway for cyclists and pedestrians at Bermagui on Friday August 9 to thank them for the excellent job that they had done.

The pathway, between the harbour car-park and the Bermagui River Bridge, had long been sought by local cyclists.

Recent support by the Bermagui Pre-School, the Bermagui Public School P & C and the Bermagui Chamber of Commerce was acknowledged by a spokesman for the cyclists who also thanked Council's Penny Green for

her co-ordination of the project.

It was jointly funded by the Council and the Roads and Maritime Services Department and represents stage one of a planned upgrade of facilities for cyclists and pedestrians in and around the town.

Stage two, scheduled for completion next February, is designed to link the bridge to the school and to the existing pathway which runs from the northern commercial centre of the town to Keating drive.

*Jack and Michele Miller*



Cyclists and walkers share a journey at Bermi

## Making dunes delightful

Bermagui Dune Care's annual planting with the National Parks and Wildlife Service in Mimosa Rocks National Park was a most enjoyable and satisfying day.

The group worked in an area that was previously grazed. After fighting to clear the kikuyu, about forty shrubs were planted in an area around a proposed new car park.

Shrubs and trees planted in recent years are growing strongly, despite the occasional invasion from neighbouring cattle.

Ranger Helen Hayward said the planting will have positive and long lasting effect on the Park.

The Group agrees it is one of the most rewarding activities on their yearly calendar.

*Karen Joynes*

*Co-ordinator*

*Bermagui Dune Care*

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### U3A has been at it again in Bermagui...

There are some wonderful one-off sessions that show what talented members of Bermagui U3A can share with others. Bev Franks and Lin Potter recently organised sessions; Bev demonstrating how to felt on July 23 and Lin showing how to make rag rugs by hand on July 30.

Bev's studio on her Mundui Farm at Bermagui was an ideal venue with plenty of space and inspiring piles of fabric and wools billowing everywhere. Bev said to members present, "Just go and pick out a selection of merino yarn to felt!"

"It was like an Aladdin's cave!" said Rosemary Knight, as she looked across at the sight of a wall full of glorious coloured yarns for felting. But it was concentrated hard work and dedication to felt all the fabrics together and then take them home to finish. Bev is an expert, and showed the variety of scarves, jackets, hats

and sculptures that can be made with some effort and expertise.

Then for an extra treat, Lin Potter put on a rug hooking workshop the following week! Jaws dropped as she showed a plethora of hand-made rugs made with stylized designs. We all took turns at hooking the material through linen or hessian and keeping to a pre-drawn design. Totally absorbing!

*Lois Irwin*



**Dawn Hollins and Catie Annand absorbed in rug making**

### ..and in Canberra



**Triangle residents; Dea Quirk, Bill Robertson, Dorothy Heaslip, Mary Lightfoot, Karen McPherson, Rona Walker and Kay Vinnicombe enjoyed a Bermagui U3A excursion to the National Gallery in Canberra to view the Turner exhibition from the Tate Gallery in London**

### 'Come as a Star and not as you Are'

*Bermagui Cellars Annual Gala Ball September 21, 2013*

In 2010, Bermagui Cellars hosted its Inaugural Fundraising Gala Ball. All proceeds raised from this event went to the Bermagui Surf Life Saving Club. The support from the local and surrounding communities has been over whelming. In excess of \$13 000 has been raised for the Bermagui Surf Lifesaving Club and this September we hope to raise more funds to contribute to the building of the Bermagui Skate Park.

This year's Gala Ball will be held at the Bermagui Surf Life Saving Club on 21 September and tickets are \$55, which includes champagne on arrival, two drink vouchers, cocktail food and entertainment. There will be an auction on the night, the Party Pix photo booth and plenty of fun to be had! Tickets are on sale at Bermagui Cellars, H2O Fitness, 777 and Bennys Butcher in Cobargo. Be sure to 'Come as a Star and not as you Are', the theme for this year's ball.

### Bermagui CTC

Do you need a challenge? Do you want to exercise your brain? If so become a volunteer for the Bermagui CTC.

No experience is necessary, but common sense, a level head and a friendly manner is required. Training will be provided.

The Bermagui CTC provides many internet and office services to the general public at reasonable rates.

There is a private Access Point office for those who wish to contact Centrelink. Also available is the online facility to complete your tax return for 2012/2013, and we have the Seniors Kiosk available for those wishing to complete by self tuition "Introduction to Computers".

You may be thinking of completing a course but are unable to attend TAFE in person. If so come into the CTC centre and enquire which online EduOne course may be available. Completed courses earn credits towards various certificates.

Bermagui CTC is located next to the Library in the Community building on the corner of Lamont and Bunga Streets, Bermagui.

We are open Tuesday to Friday, 9.00am to 4.00pm – except Public holidays.

### Firearms inspections

NSW Police are currently carrying out inspections of all registered firearms and their places of storage.

If you hold a Firearms Licence and your firearms have not been inspected in the past twelve months, you should contact the nearest Police Station to arrange a convenient time for police to visit your place of storage so that you can be issued with a Certificate of Inspection.

The phone numbers of Police Stations in the area are: Cobargo 6493 6444 and Bermagui 6493 4244.



## Bermagui gymnastics winners



Libby Cunningham performing her floor routine

Twenty-one gymnasts attended the Bermagui Gymnastics Competition on Sunday, 11 August for Levels 1-5 (using ACT State routines) at the Bermagui Public School Hall. This event was in preparation for the competitions to be held in Canberra next month.

Gail and Gordon Dalziel travelled from Pambula to judge the competition, giving



Level 1 Gymnasts – Jaycee Cantrill, Seanna Markwort, Chelsea Hoare, Rogue Constable, Bridie Cotton, Karissa Sydenham



Level 5 Gymnasts – Hayley Stark and Sabine Kildea

the girls valuable advice and confidence. They have been coaching and judging for over 20 years.

The results were:

Level 1 – Seanna Markwort (1<sup>st</sup>), Jaycee Cantrill (2<sup>nd</sup>), Chelsea Hoare (3<sup>rd</sup>), Bridie Cotton, Karissa Sydenham and Rogue Constable

Level 2 – Angelita Hochkins (1<sup>st</sup>), Kaitlin Hoare (1<sup>st</sup>), Ella Brown (2<sup>nd</sup>), Jasmine Trickey (3<sup>rd</sup>) Libby Cunningham, Halle Constable and Tara Clogg

Level 3 – Caitlin Reid (1<sup>st</sup>) and Maddi Thornton (2<sup>nd</sup>)

Level 4 – Sophia Puccetti (1<sup>st</sup>), Megan Rutherford (2<sup>nd</sup>), Kyeesha Aldridge Huntley (3<sup>rd</sup>) and Drew Buckley

Level 5 – Hayley Stark (1<sup>st</sup>) and Sabine Kildea (2<sup>nd</sup>)

Winners of the handstand competitions were Jaycee Cantrill (Level 1), Halle Constable (Level 2) and Sabine Kildea (Levels 3 to 5).

All gymnasts had fun and have worked hard, resulting in many progressing to the next level.

Many thanks to Liz Kildea and Alison Jubb for their assistance in making the day successful.

*Ros Jubb – Coach*

*When It's Your Day*  
**Maggie McKinney**  
*Civil Celebrant*  
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The cold has finally arrived, just in time for spring! And with that, the start of the fire season. Cobargo's firefighters were recently called out to a grass fire, lit just north of the village on a windy Thursday morning and very swiftly jumping the Princes Highway, heading northeast out of town. I was most grateful as no doubt were many others, for the fact that the wind was carrying this extraordinarily rapidly growing fire away from the village. Quickly on the scene were firefighters, emergency services workers and of course, the police, getting the blaze under control and cleaning up before it spread too far. How lucky are we, having such a fast responding volunteer fire brigade. Our new local member of the constabulary, Rob Dunlop, was busy directing traffic, keeping drivers aware of the risk ahead and safe. I've as yet been unable to find him in the station in order to interview him, but we will introduce him to our readers just as soon as he gets a moment to breathe. It seems we've been keeping him very busy!

Speaking of busy, the Cobargo CWA have been as busy as usual this past month. The Far South Coast 'Group Music and Drama' and 'Group International Day' was held at the Quaama Hall on 19 August, where a fun day was enjoyed by everyone. The entertainment ranged from choral singing through to comedy skits. In the afternoon, the Group International Day focused on Morocco, which is the Country of Study for the CWA for 2013. A fashion parade of Moroccan outfits was held, with local ladies demonstrating their dancing skills as well as drumbeating and tambourine shaking. Great

food was provided by all of the branches for lunch.

The week from September 14 to 21 is CWA Awareness Week, during which they'd like to raise awareness of the range of interests with which the CWA is involved. The CWA will be hosting a knife sharpening morning at the CWA Cottage on Saturday, September 14. Iain Hamilton, a blacksmith, bladesmith and metal artist from Dignams Creek will be running the session. It is open to everyone and will be held at the Cobargo CWA cottage from 10.00 am to 12 noon. Bring along a blunt knife or two and a steel and/or stone if you have one and Iain will instruct you on how to sharpen and care for your knives. The cost is only \$5.00 and all proceeds will go to the CWA. The CWA's thanks go to Iain for his generosity. As you can see, the CWA covers a wide range of activities, with something for everyone. If you'd like to join their meetings, you can be assured of a warm welcome by all. The next meeting



The Princes Highway heading north out of town on Thursday August 15.

is on September 10, starting at 10.30 am. After the meeting, the members will be competing in the branch cookery competition. If you want to know more about this or any other aspect of the CWA, please don't hesitate to ring Mary Williams on 6493 6167.

<p>Members Monthly Draw 28th September, 7pm</p>	<h2>Bermagui Country Club</h2> <p><a href="http://www.bermaguicountryclub.com.au">www.bermaguicountryclub.com.au</a> Ph: 02 64934340</p>		
<p><b>We have it all ...</b></p>	<p><b>The Terrace Restaurant - 02 64934177</b></p>		<p><b>Bingo</b> Monday 11am</p> <p><b>Pool Comps</b> Wednesday &amp; Friday 7.30pm</p> <p><b>NPL Poker</b> Thursday Registration 6pm</p>
<p><b>Golf</b> <b>Tennis</b> <b>Bowls</b> <b>Croquet</b> <b>Darts</b> <b>Fishing</b> <b>Art &amp; Crafts</b> <b>Indoor Bowls</b></p>	<p>Wednesday NEW Members Badge Draw 5.45pm, 6.45pm, 7.45pm Raffles 7.00pm Trivia 8.00pm</p>	<p>Wednesday Steak Night in The Terrace Restaurant</p>	
	<p>Friday Raffles - over 30 prizes First draw 7.30pm</p>	<p>Sunday 15th September Monster Raffle Tickets on sale from 1.00pm Draw commences</p>	
<p><b>TAB &amp; Keno facilities</b></p>	<p><b>Lunch Menu 7 days from 12 - 2pm</b> <b>Restaurant open 7 days from 6 - 9pm</b></p>		
<p><b>Entertainment for September: 6th: 'Daryl Lamb', 7th: 'Jess', 13th: 'Struth', 15th: Sunday Raffle, 20th: 'Greg Kew', 21st: 'One Each Side', 27th: 'Vanessa Lea &amp; the Road Train' 28th: Members Monthly Draw .</b></p> <p style="text-align: right;"><b>Bermagui Country Club Week of Golf Sept 14th—22nd Men's &amp; Ladies Open More Information 64934657</b></p>			



Our congratulations go to the ever changing and creating Lazy Lizard Gallery crew, who held a spectacular opening to their *Neptune's Cave* exhibition on Friday, August 2. Despite the cold winter's evening, a large crowd gathered for the opening, being treated to a beautiful blazing fire and lots of bubbles and nibbles, filling the evening with celebratory energy, great art and great conversation. The far from lazy 'Lazy Lizards' would like to thank the community for their attendance and ongoing support of this wonderful enterprise. We are grateful for having artists with such creative excellence and vision in our midst!

Friday night? Hungry? Chalk and Cheese are now putting on simple Friday night dinners. Running on a different theme each week, Belinda and Nathan have now treated us to a curry night, a burger night, a pasta night, a slow cooked French night and more. They've been busy, busy, busy! Not at all surprising. Don't miss the opportunity for a good Friday night feed, followed by delicious desserts and coffee.

Sweet Home Cobargo has been busy too, recently completing their kitchen to the satisfaction of our ever watchful Health Inspector. They too, will soon be selling light meals and snacks, so keep posted. I recently learned that Sweet Home Cobargo are now selling fresh, local, organic and chemical free food on behalf of over 120 local growers! How's that for boosting our local food economy! From fruit and vegetables to eggs, herbs, milk, yoghurt and cream, they have an ever growing range of products. As more and more people discover their fabulous prices and quality fruit and veggies, so too, do more local growers enjoy more income, so be brave. Take

a step towards supporting a profitable local food economy and local food security.

So on to open in Cobargo, in the little shop nestled between Benny's Butchery and Sweet Home Cobargo, is a second hand treasures shop, which will leave only one vacant shop in the village whilst increasing the local economy just that little bit more.

The tree planting day held along the Narira Creek on August 3 enjoyed a fabulous community turnout. With the planting completed in record time, participants were treated to a barbecue provided by the Bermagui/Cobargo Lions Club. More great community involvement! A huge thank-you goes to Tania Lingard, who was responsible for organising the day. Yet another tireless community member, working to enhance our village and bring pleasure to our locals and visitors alike. Tania and the CAN (Cobargo Action Network) would like to thank all of those involved.

Congratulations also go to the Cobargo Eels on their recent and great win at the Narira oval over Narooma. It was their last match of the season and a perfect winter's afternoon. With



**Morning tea break at the planting day. Narira Creek's next planting day will be Sunday September 22 at 11am behind the swimming pool. There will be 250 tube stock to be planted and when we have finished, another sausage sizzle will be provided for all the volunteers.**

spring now here, it's time to look once more at cricket for our Saturday afternoon sporting entertainment. With our recent 'Ashes Series' defeats, it's time, according to the Cricket Club, for us Aussies to step up our commitment to our national game by getting involved and having some fun and fitness locally. The Cobargo Dry River Cricket Club's AGM will be held at the Cobargo Hotel on Thursday, September 12. They extend an invitation to any interested players and supporters who'd like to get involved in forming a committee. Their aim is to get some junior teams playing and also a senior side. So brush the cobwebs off your bat, polish your ball and have a go! Training starts soon. For more info please call Shane Grebert on 0477 872 907 or Guy Lingard on 0408 489 540 and remember, retirement is for a long time!

## Broadband For Seniors

This is an opportunity for older women to have free access to Broadband for Seniors Kiosks; learn how to use the computer, the Internet and basic training for free; help them gain confidence using computer technology and the Internet; build community participation and social inclusion amongst older Australians; gain access the Internet and communicate with friends and family via email.

On-line training modules that are

available include:

- Introduction to computers
- Using a computer
- Introduction to word processing
- Formatting a word processing document
- Introduction to internet
- Search the internet
- Introduction to email
- Gmail screen
- Send and receive emails
- Email etiquette

Available on Wednesdays, Thursdays and Fridays at the Women's Resource Centre at 14 Peden St Bega. Book in, secure your place, phone Gabrielle Powell 6492 1367.

The Australian Government committed \$15 million over three years (2008-2011) for the provision of 2000 internet kiosks to organisations that support seniors and want to host a Broadband for Seniors Kiosk and participate in this project.

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# Queen's Birthday Long Weekend becomes Cobargo's ETC (Eat, Think, Create)

Cobargo community groups, Cobargo residents and Cobargo businesses are being invited to suggest activities for inclusion in a new 'Cobargo ETC' weekend, planned for the Queen's Birthday long weekend next year.

"Cobargo is becoming an increasingly vibrant town. So our aim is to now organise an enticing array of 'eat, think, create' activities and attractions that will appeal to the whole community that will involve as many local community groups, organisations and businesses as possible, and that will entice visitors to the Cobargo area over the next June long weekend," one of the initiators of Cobargo ETC, Suzy McKinnon, told *The Triangle*.

"We've simply given the event a name and we've set the date. So the next step is for the community to suggest or volunteer exciting, fun, innovative ideas to be included during the weekend.



"Whilst the name, Cobargo ETC, focuses on 'eat, think, create' activities, we're not limiting its scope to exclude other activities. So we're hoping groups like local sporting clubs, the rural fire service volunteers, and all the retailers in town will get involved in some way.

"A meeting is to be held at *Well Thumbed Books* in Cobargo on Tuesday 17 September from 6pm to 7.15pm to toss ideas around. Everyone is invited – but those with imaginative

suggestions will be particularly welcome because the whole aim for the weekend is for it to be a fun, community-focused weekend.

"We believe Cobargo will embrace the idea of a Cobargo ETC weekend. 'Eat, think and create' activities are already a strength of the town and Cobargo ETC can only build on the successes of recent community initiatives such as the Cobargo Lane Way Markets and

Taste of the Triangle dinner.

"So our immediate challenge to everyone is to come up with some good ideas for the weekend and then to come to our initial planning meeting to discuss them. Those unable to attend could, alternatively, pass ideas on to Veronica at 0437 263 128, Peter at 6493 8529, or myself at 6493 7272," Suzy said.

*Peter Lacey*

## 'In celebration of 125 years of our parish: the early 1900s'

White ants played havoc with church buildings in the Parish. Their gnawing, and the realisation that the building was too small, led to the decision in February 1895 that the church in Tilba needed to be replaced. From then, it was only a little over a year until the building was completed.

People in Quaama also wanted a building in which to worship together and started raising funds for this in 1905. The building was complete by 1907. In Cobargo, the damage the white ants had caused also led to the decision that the Church needed to be replaced. But Cobargo was slower than Quaama (or Tilba) and from the decision being made in 1907, it took some 15 years until it actually happened. The work started, it stopped, it started, it stopped, ...

In the meantime, in Bermagui, the community erected All Saints which was

dedicated in 1911.

Finally in 1922, Mrs Harris took over as Secretary of the Cobargo Church Building Fund. The foundation stone was laid, the building progressed and within two years it was completed - was it a coincidence that there was a woman at the helm? Am I biased? Perhaps not, at the ceremony for laying the foundation stone, Archdeacon Bryant "referred to the fine work performed by the women of the parish (in getting to this stage), and said it was the turn of the men to help solidly."

And for all of this building, the community raised funds. Dances, concerts, bazaars, sales, and as always, the behaviour of some at these concerts was not seen as appropriate by the standards of the time. At a concert to raise funds for the building in Tilba, the local paper reported that: "The larrikin element

was unfortunately strongly in evidence, and about half a dozen hoodlums at times made themselves very objectionable. From what I have heard since, however, I think I may safely say there is hardly likely to be a repetition of such unseemly conduct. Those who made themselves so objectionable are well known, and strong precautionary measures are to be taken to prevent anything of the kind occurring again". One wonders what they did!

Do you have memories of attending Church services at Brogo or Yowrie, Wallaga Lake? Do you have other memories or stories related to the Anglican Church in the Triangle? If so, we would love to hear them. Please contact Fiona on 64936080 or [fiona.kotvojs@bigpond.com](mailto:fiona.kotvojs@bigpond.com)

*Fiona Kotvojs*

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## Cobargo's talent will shine at

Cobargo Tourist & Business Association (CTBA) has planned events that will allow local gifted people to show off their talents to the triangle area and beyond, this Christmas.

CTBA has commissioned local designer Sarah Gardiner et al. to produce a prominent and attractive range of handmade Christmas motifs that will decorate both sides of the main street, at various locations. I've heard about some of the ideas and I can tell you they will be traditional, yet unconventional, and are sure to add personality and sparkle to the main street and to get everyone into the festive spirit of the season. They will be a unique draw card for Cobargo during the Christmas holiday period and CTBA will advertise to attract visitors from other areas.

Decorations will be in place early December, just in time for the CTBA's Cobargo Market Day on 7 December which will further showcase the abundance of talent and produce

this area has to offer.

A number of market stalls, on the land at the front of the Co-operative, will be the foreground to some lively entertainment ranging from Christmas carols, sung by the kids of course, to Australian bush and love songs. The local and broader community and visitors will be able to shop for handmade Christmas gifts and cakes, and sample local produce and goods, following on from the 'River Cottage' experience. The market will be run in conjunction with the existing laneway markets.

If you have some products you'd like to present at the Cobargo Market Day, or as a business owner or resident, you would like to contribute to the events, please contact Vu Nguyen, ph 6493 6500 during business hours for funding details or for a market stall application form.

P.S. There is more good news for Cobargo. Bega Valley Shire Council has committed to an upgrade of our existing public toilet complex.

Another reason to boost the confidence of



our village community.

Sharon Cole  
President CTBA

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## Knife Sharpening Workshop with Iain Hamilton

Do you have a drawer full of blunt knives? Want to learn how to sharpen them the traditional way?

Then join the CWA Cobargo Branch for a knife sharpening workshop with blacksmith, bladesmith, metal artist (and TV celebrity!) Iain Hamilton.

Iain is the craftsman behind Mother Mountain Forge, a knife making and metal working business based at Dignams Creek. Iain specialises in custom made knives, Damascus steel and decorative blacksmithing.

Bring along a blunt knife or two and steel and stone (if you have them) and Iain will show you how to sharpen your knives and provide tips on caring for your knives to keep them sharp.

Rubbish bins will be provided to dispose

of any knife sharpening gadgets currently being promoted in stores.

Saturday 14 September 2013 from 10 am to 12.00 noon

CWA Cottage, Bermagui Rd, Cobargo  
\$5 entry - all proceeds to CWA (thanks Iain!)

For more information: [cwa.cobargo@gmail.com](mailto:cwa.cobargo@gmail.com)



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I offer individual astrology and tarot readings, for insight and clarity into situations you may be facing. I also offer a range of different astrology and tarot classes. For more details see my website:  
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**Cathy Blake's Warrior Helmet, acquired for the Alice Springs Beanie Competition's permanent collection.**

Congratulations to **Cathy Blake**, Quaama resident and winner of the Wildest Beanie category at July's Fireside Fair. Cathy's hand-felted hat "Warrior Helmet" has been

acquired by the Alice Springs Beanie Festival as part of their permanent collection.

One of the other big wins of the Fireside Fair was the 14 new sign-ups for the Quaama Progress Association (QPA). Anyone else who's interested in being involved in the Fairs or any other projects around town is welcome to come along to the QPA AGM on Monday 9 September at 6pm at the Hall. Volunteers are already planning to install a new community blackboard near the Hall that people can use to publicise local events.

There'll also be a bring-a-plate community dinner on Wednesday 18 September from 6.30pm at the Hall. It's a "think tank" about Quaama – what we'd like to see happen in the next few years – how we can enrich our community even more. Bring food to share, something to drink

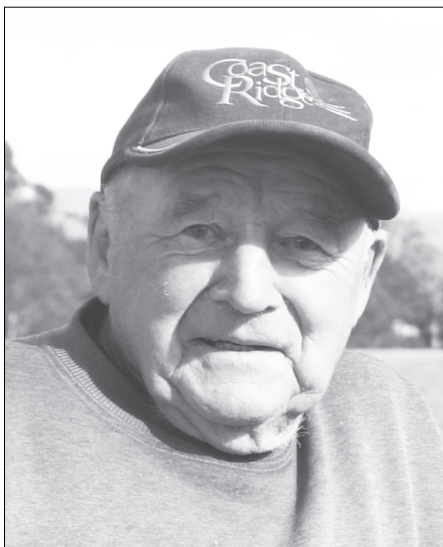
and your best ideas about things we can do to continue making Quaama a great place to live.

The next fair on the calendar is the Spring Fair: Saturday 19 October. The focus is on kids and spring gardening. The Cooking Competition theme is "childhood food memories" – cook your favourite dish from your childhood and tell why. There'll be a fabric painting activity with the option to purchase and customise your own Quaama T-shirt. Spring is time for a garden pot swap again, and there'll be another reverse garbage sculpture activity for kids – start putting aside usable rubbish! Art in the Foyer will feature artworks from under 25s. People interested in performing, presenting or having a stall can contact Veronica on [joxamara@hotmail.com](mailto:joxamara@hotmail.com) or 0437 263 128. More details next month.

I've heard rumours that there is a project brewing to develop and publish a book about Quaama, based on food. There may even be some recipes that won the cooking competitions over the last year of Quaama Fairs.

And all the best for a quick and full recovery to Judith Jones, who's had her knee done.

## Earle Horne, 12.1.1923 – 25.7.2013



**Earle Horne – honest, humble, hardworking and generous**

At Earle Horne's funeral on Thursday 1 August we heard from his son-in-law Richard that Earle joined the army when World War II broke out, at just 16 years of age. In February 1941 he was sent to Singapore with the 2/18 Division, captured by the Japanese and held in

Changi POW camp for two and a half years. He turned 21 in Changi. We heard that he used to break into the guards' supplies to liberate Red Cross stores – food and other provisions. Sometimes cigarettes. Not that he talked about those years much. He contracted Beriberi from malnutrition, and his eyes were never the same.

Earle made it home in 1946, met Joan at the autumn dance that year, and they married in April 1947. They soon bought Merrydale on the eastern outskirts of Quaama village, clearing the land and building a successful dairy farm, later turning to beef. There they brought up five kids: Jennifer, Margaret, Elizabeth, Brett and Debby.

A regular at Bega Races, Earle knew his horses. One day he took Margaret and Elizabeth and backed nine winners straight. The phone would start ringing early on Melbourne Cup Day for Earle's hot tip, and he was usually right.

Always a hard worker, he was still a common sight on his tractor or Gator at 88 years of age.

Earle just hadn't been the same since losing Joan in August 2011, and Debby, suddenly, not much later. He spent the last eight months at Hillgrove House in Bega, where he died on Thursday 25 July, aged 90.

Raymond Earle Horne: husband, father,



**Earle joined the army at 16 years of age.**

farmer, punter. But as the Last Post sounded at the graveside on 1 August, the image that arose was of a young, strapping Earle, stealthily exiting the supply tent in the steamy, Singapore night and hurrying back to his quarters, his coat bulging with cigarettes for his POW mates.

Jen Severn

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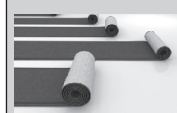
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As Triangles read this the dreaded polling day of the 7th is almost upon us. Which grubs to pick off the toilet roll and tablecloth with a blunt pencil? Firm Ford and Holden voters won't be bothered but with most of us not knowing the candidates from a bar of soap it's a bit of an ask to make a more in depth decision. A bar of soap might just be more useful for us here in the real world.

Richard Tilzey is miffed that the very day he turns 70 he's been trumped by the talking polly parrots of Parliament. But he won't be toasting any party that day other than his own and the only Poll that'll matter is the Hereford roasting on the spit. Happy Birthday to our wise old owl from Tilba on your illustrious date Tilz. He gets my number one vote on the day.

Other happy occasions recently for locals included Roger Barraclough receiving the gold bus pass for reaching pension age. A big sigh of relief up on Penguins's Knob I hear. Jacqui Youlten's bouncing baby boy slipped through the net last month so a belated welcome to Joe Jr. Congrats to Jacqui and Joe. Good reason for a big family celebration recently at the Drom to toast the bub as well as Toby's win in his latest court case.

From my place up on East Tilba Heights the sounds of industry have been echoing across the gully with Jason and Kylie's new shop going up and just opposite Phil Elton's front stairs coming down for a much needed rebuild. He built the steps 30 years ago so after hundreds of thousands of footsteps of tourist trade that's not a bad stretch. Made in Tilba of course. Anyway, it's nice to hear the tonk of hammers on the air from Phil and Deb's and Jason and Kylie's work. Sort of suits the scene.

The weather has been kind for building over August, if not the cookies, continuing the mild July highs. But things are grave in the mortuary business I read. Funeral Directors are reporting an alarming dropping of trade as

a result of this mild winter. It seems the lack of flu and cold snaps has kept many from their doorsteps. Life's a bugger isn't it?

Not on *River Cottage* though, with recent news that the production has been approved for another two seasons. The show's a go with the people meters so this is great news for Paul West and partner Alicia and the region as a whole. So we can expect a few more star turns from the local talent. I have to say the show has made me newly aware of places and businesses in the wider region of our own back yard that are worth a look. And just an idea for the Tilba Tappers if they want to see the bright lights is to work on a food theme routine. A Carmen Verandah Vivando Dance? And a Tapis for starters perhaps. It could catch the director's eye if the hats have enough local produce on them girls.

And tap queen Bev Long is also starring with jazz jivers Second Time Around, now South Coast Cheese cafe Saturday regulars. Newbie Bob Porter joined them at their last gig on the deck and sounded like he'd been there forever. They're a mighty talent with a faithful following now. It's best to get there early if you want a seat.

It's a bit early for a reminder but on Saturday September 28 the local Bush Fire Brigade are holding an open day at the new shed in Latimers Lane. Details are in a separate item from Harry Bate in this issue. Harry is trying as ever to increase membership in the Brigade so if you feel you can contribute your muscle they'd be ever so grateful. Unfortunately we only tend to take an interest in times of fire crisis but it takes a lot of dedicated practice to put out a serious blaze and our under manned and mostly unrecognized regulars are even more out of sight now the station has moved out of town. Hopefully some will make an effort to attend the Open Day. With the lack of rain over winter it could be a sizzling summer of fire danger. Any

good scouts out there?

Other meets to note: The Festival Committee is having its AGM on September 16 in the Small Hall at 7pm. Again, new blood is always needed so give it a thought. If you're a girl then the next CWA meet is the 19th at 10am in the Small Hall as well. Their meetings always sound like fun from across the street. Must be the scones.

Last month I said that Cara Elton and the CWA had secured a grant for the Playground. This was wrong as it is still pending. Slip of the pencil sorry.

And something you don't want a slip of is any of the knives on show in the Big Hall on Sunday October 6. Iain Hamilton from Mother Mountain Forge, who you may have seen on *River Cottage*, has wrangled the inaugural South Coast Knife Show. There'll be local and interstate knife artisans exhibiting and selling their handcrafted blades of all persuasions. Entry will be \$2 adults and under 16 free. More information from Iain on 0401 004 481 or mothermountainforge@gmail.com

Life is sadly not much chop for Robert Negus and his family at present following his horrific injuries in his roadside accident in August. Rob is hospitalised in Canberra still in a serious condition at the time of writing. We all wish Wendy, the kids and family our thoughts for a good outcome and a full recovery for Rob.

And only to highlight the dangers of the roadside, in late August another motorist was struck down while outside his car near Bodalla, being airlifted to the Canberra Hospital in a serious condition. Those ambulance angels have been busy lately. I'm sure we'd all wish them no business in that area. Drive carefully.

Anything for Tilba Bites please send to jsmall7@tpg.com.au by the 15th of the month if possible. Ph. 4473 7406 Don't forget that *The Triangle* is also on line at thetriangle.org.au if you have distant rels that might like a read.

## Central Tilba Rural Fire Service Open Day Saturday 28 September


With the advent of an increasing number of extremely hot days in our area as well as others, the risk of summer wild fires is of concern to all in the community. Your Rural Fire Service is of growing importance as a consequence.

On 28 September, the last Saturday of the month, the RFS will be holding an Open Day at Central Tilba Fire Shed in Latimers Lane as well as stations at other centres. You are invited to come along and meet your local volunteers and have some fun. Sausage sizzle, information packs on many aspects of fire control and prevention, booklets to assist with preparation of your own Bush Fire Survival Plan, balloons for the kids and Kids Activity Booklets will all be available.

You are assisted throughout the year by the RFS volunteers from your local area in knowing they are available in case of emergency. Have you ever considered joining? Services include not only attending to fires, but also traffic accidents.


Central Tilba, in particular, would appreciate having new members. We are seeking persons of any age. Volunteering also offers the opportunity to learn new and valuable skills.

Come along and chat. Your dedicated group of volunteers will enjoy the privilege of meeting with you, just to say "hello", and also providing any advice they are able to. We look forward to as many as possible coming along.



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Harry Bate  
Central Tilba RFS



# Naomi Foster Fundraiser Update



**Family Photo:** Naomi Foster standing behind her sister Riana who has nephew Warroo on her lap

## Bringing the Naturopath to the Triangle

Leanne Lucas - a Naturopath with 20 years' clinical experience - is bringing her services to the Triangle, with an enticing series of workshops and a mobile practice.

Kicking off with free Q&A sessions in the Triangle, Leanne will answer any of your natural therapies questions and explain how she will run her business to provide exactly what you want at a price you can afford.

Leanne's aims are to empower you to make informed choices, escape the marketing stronghold, optimise your own health and wellbeing - and to make naturopathic services accessible and affordable to everyone.

Visit 'Self-Health' on Facebook for more details and contact info (and 'Like' the page to stay in touch), or check out the flyers at Quaama General Store, Sweet Home Cobargo, Pam's Store, Gulaga Gallery, or either Grandpa's Garden or Mosaic Hair & Beauty in Narooma. Leanne can also be contacted on 0427 087 789, or [selfhealth@southernphone.com.au](mailto:selfhealth@southernphone.com.au)



Naomi Foster has been in the Prince of Wales Hospital spinal unit since April 2013. She has been doing a strict rehabilitation program. Tragically in April 2013 Naomi had a blood clot on her spine that has caused paralysis from her hands to her feet and medical specialists are not sure if she will walk again.

She was able to come home to Wallaga Lake for the first time recently with the support of the hospital and Nardy House. She visited her family and attended a fundraiser event in Narooma on the Saturday night.

We have raised \$5 000 so far for Naomi but we still need more financial support. The hospital staff have estimated \$35 000 to purchase equipment she needs to live independently. Her half brother and sister with the help of Barnardo's in Wollongong, held a fundraiser at West Illawarra Leagues Club in August.

Southern Women's Group-Women's Resource Centre next fundraiser for Naomi will be a music night to be held at Tilba Hall on 21 September starting at 6pm. We have a great line up of fabulous musicians and singers such as Uncle Warren Foster and the Gulaga Dancers, Heather Black and Damon Davies, Shana Provost and the Gypsies from Outerspace. \$15 adults, \$10 concession, \$30 families. This is an alcohol free event. Please support this event or just make a donation

Westpac Branches with account name SWG Inc. - Naomi Foster BSB: 032682 Account No: 187787.

Post a cheque or money order to Southern Women's Group Inc. - Naomi Foster PO BOX 468 Bega NSW 2550.

For more information contact Gabrielle Powell at WRC 6492 1367

## Organic baits for fruit fly

It's September, and the FREE community fruit fly baiting program has started again. The program is funded by the Bega Valley Seed Savers and SCPA ñ South East Producers using the organically certified eco-Naturalure product. The bait is non-toxic to humans but must be freshly applied every week. Volunteers around the area have stepped up to the challenge and are producing new bait cards each week.

"If we help each other, we might have a chance to again eat that luscious, ripe peach straight from the tree. With no maggots!" says John Champagne, SCPA President.

Bega, Bemboka, Tilba, Bermagui, Wolumla, Quaama and Cobargo are all involved.

Those participating will need to return the previous week's cards when they pick up fresh bait cards each week and the volunteers would really appreciate the cards being washed prior to being returned. The cards only last for

up to seven days before needing to be returned and replaced. One card protects two fruit trees.

Bermagui residents can collect their cards each Monday at Neilson's Mitre 10,

Bega residents can collect cards from the council offices each Monday afternoon and Tuesdays. For other locations contact: Tilba Tilba - Philip Mawer, 4473 7835; Verona and Quaama - Ray Clements, 6493 8472.

Or visit <http://scpa.org.au/fightingff.html>.

People with fruit trees are encouraged to pick up all fallen fruit and dispose of it by solarising in a well-sealed plastic bag for several weeks before composting. Alternatively small quantities may be boiled, microwaved or frozen to kill insect eggs and larvae before disposal. Placing fruit or fruit scraps into uncovered compost bins or worm farms does not kill fruit fly.

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# Successfully Selling Citrus

A group of students from Bega TAFE will be selling quality local produce at the South Coast Field Days in September. The students are from a short course called 'Making a Buck from Beetroot'. They come from a variety of age groups and backgrounds and all of them are passionate about growing and preparing quality local produce.

While planning their food preparation unit, the students decided to use citrus, which was plentiful and in season when it was needed. Three 'Sensational Citrus' products were made in one day, under the guidance of a commercial cooking teacher and using the TAFE commercial kitchen. The students all had fun while learning to make Orange Whiskey Marmalade, Indian Lime Pickle and Preserved Lemons.

The preserves and a selection of other citrus inspired products will be available at the South Coast Field Days, held at Bega Showground on September 21 and 22. Proceeds from the sales will be donated to Ricky's Place.

'Making a Buck from Beetroot' has covered all aspects of establishing a sustainable food business. This includes growing food, food safety, business planning, marketing and financial requirements. Throughout the course, there is a focus on understanding that to be



Making sensational citrus at TAFE

sustainable the business needs to use fewer resources. The course provides the students with a Certificate I – Access to Work and Training.

"With this like-minded group there is a great deal of potential," said Vickie Goldsmith, one of the course facilitators.

"Students are already starting to develop ideas for a business, either on their own or in groups."

One of the students, Emily Stokes is already producing for sale but wanted to do more. Emily says she found the farm tour and commercial kitchen days inspiring.

"They neatly brought together everything

we have been working on in class. After this, I felt very confident that I would be able to start a small scale food business of my own," said Emily.

'Making a Buck from Beetroot' has been funded by Illawarra TAFE (Bega campus) as well as the TAFE Outreach Department. Field Day organisers, South East Producers Association (SCPA) are a partner in the program.

To inquire about enrolling for future courses, contact David Grainger, Head Teacher of General Education on 6492 9741.

## ATO Tax Help

### What is Tax Help?

A free and confidential service to assist women to prepare tax returns using *e-tax* and lodge a tax return electronically.

We support women with claims for refunds and encourage clients to prepare the tax return themselves.

### Who is Tax Help for?

Tax Help is for women on low incomes who need help with their tax returns. This including seniors, people from non-English speaking backgrounds, those with a disability, Aboriginal and Torres Strait Islander people and other people with special needs.

Tax help is available on Tuesdays only commencing 16 July 2013 at the Women's Resource Centre 14 Peden St Bega.

Book in, phone 6492 1367

Women's Resource Centre is a non-profit organisation that provides information, referral, support and drop-in service for women of all ages.

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See back page for events!



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## The Triangle's *Eco Edge* Contribution

Local environmental company AKT is again sponsoring a page in the Triangle every month this year. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership.

Every month we'll publish the best creative contribution – story, essay, poem, painting, drawing, photograph, sculpture (well, OK, a photograph of a sculpture) – we receive. Contributions must be on an

environmental theme. And in December we'll announce the overall winner. This time the competition is open to all ages. We put this idea to Joe Dorado, AKT's CEO, and he's right behind it; he's offering \$400 for the winner. Entries must be received by the 22nd of each month. So put your creative caps on and get creating!

This month's creative contribution is a story by Peter Shepherd of Brogo.

### Miraculous

The stars came out tonight. If you're looking for evidence of a miracle, there it is. It's generously simple, too. Walk outside, look up. You could touch lightly on astonishing, mind popping, miraculous facts, such as: everything you're looking at – and I mean everything – from the distance to the sun to the slow burning age of that sun, are just exactly right, exactly, for the simmering burn of life and the elements that underlie it, to come into being. The odds of it happening are beyond any computer nerd, or their toys. The magnetosphere that stops us getting irradiated, for one. Or Jupiter in just the right position to stop asteroids slamming into us. What about the age of the universe itself, with four generations of stars growing bursting and reborn right here, creating a neighbourhood from stardust and minute heavy elements that both holds us in place and builds us up, life itself taking a quarter of the entire universe, four billion years or so, on this impossibly balanced spot in the cosmos, to get to the point where you and I are walking hand in hand, or with beers, depending on the vibe, outside to look up and go ooooooh.

Of course some of us are more blessed than others, light pollution being what it is. But I would contend that ooooooh is the minimal appropriate response for this night time looking up business.

Or, maybe, you could walk down to our dam and watch the coots high tail it across the water, wings up, running like mad across the surface, feet slapping in rapid regular efficient claps, skidding to a slow nonchalant splash on the far side. The chicks, on the other hand, simply vanish like magic corks, to reappear long minutes later in some safe reedy distant pop up point.

Between the outdoor table and the place we buried our unborn child, beneath the sweet vanilla smelling wattle and by the lavender

bush, is a compost, principally of kurrajong leaves and horse poo. From it is growing a troupe of mushrooms that turn black when they open. We can't find them in the fungi book. It's peculiar. Which, I have decided, is good. The world needs more peculiar.

And having said that, I realise that the world is actually full of peculiar. It is, in fact, the very nature of nature itself. A great lingering thriving musty vibrant weirdness. Goofy brilliance. A manic soft shout whisper leafy lullaby singing headrush.

Miraculous music.

Like the early morning shout of a 12 year old down at the dam. An urgent shout, all brass notes and strings, getting louder, so your heart thumps and you parent panic as fast as you can to check he's OK.

Which he is. What he's doing is pointing across the dam, at the dam, into the air on top of the dam. An urgent exultant point. Look, look. And there, growing and becoming real from where the creek meets the larger water, are thin, ethereal clouds; mist in its first moments of being born, uncurling, awakening, drifting across the dam in a slow, languid stretch toward the sky. Drifting toward the boy, around the boy, through the boy, the sun turning their silence into a kind of hallowed light, the very air and water breathing. And me, and then the boy's mum, and then the boy's little sister, transfixed. Each little cloud stretching out toward the reeds, the wattles, the pointing boy, miracles pointing to miracles, touching, as they drift past us and into the eternal blue. And each of us, slowly, breathing.

*Peter Shepherd*

### Don't get mad at the bandicoot



WIRES would like to give a special 'thank you' to our local police for their generous

help in dealing with severely injured adult kangaroos and wallabies. During the last few months we have seen increased numbers of these animals lying on the side of our roads due to car accidents.

If an adult kangaroo or wallaby has received an injury such as a broken leg or back, the animal must be euthanised. They cannot handle being in care for the length of time it would take to heal and would die of stress. It is a much kinder option to euthanise the animal as soon as possible rather than have it die a lingering death. WIRES often calls on our

police to help in these situations. The police, though very busy, always come out as soon as possible and put the animal out of its misery. WIRES is very grateful for this support.

If a joey is found in the pouch, it can be raised and released back into the wild when it has reached the proper age.

Many of our native animals are out and about after dusk foraging for food. So please take extra care when driving from 'dusk to dawn' for your safety and theirs!

*Lois Katz*

AKT, a company of some 32 years' standing, currently is engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

These Triangle artisans are having their skills harnessed into researching and trialling ways of capturing under-utilised proteins, vitamins and oils that are expelled daily from our food industries. These are being reconfigured and redirected away from waste dumps and back into our national resource bank.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community.



## Lazy Lizard – it's in the bag



The Lazy Lizards in their tinny at the opening of *Neptune's Cave*: L to R: John Gosch, Patto, Steve Stafford, Shirleyanne Myers, Lucy Livingston, Livo, Daniel Lafferty and Craig Noble.

The Lazy Lizard Gallery, Cobargo has just wrapped up a very successful exhibition, *Neptune's Cave*. The Side Room exhibition space was converted to an undersea world, dark, busy and mysterious, featuring fabulous works of art inspired by the sea. The opening night was enjoyed by many with a tinny to provide seating by the firepot. Seaweed draped around the outdoor sculptures and fish fingers fresh out of the frying pan added to the atmosphere.

*It's in the Bag* will be the September exhibition in The Side Room at the Lazy Lizard Gallery. Bags of all descriptions will be on display and for sale: handbags, tote bags, shoulder bags, carry bags, shopping bags, camera bags, clutch bags and baskets. Exhibitors have been invited from all over our region. The opening night will be Friday 6 September at 6.00 pm. This is a great opportunity to get in early with your Christmas shopping for that unique gift.

## Strides at the Murrah

We are thrilled to announce our next gig Saturday Sept 28 THE STRIDES !!

This will be their third family friendly performance here (kids free)

(Big thanks goes to Seraphina for bringing them to our local Hall for the first time, several years ago)

The Strides are Hot AND Cool ... playing beats that we cannot help BUT dance to !!

Hailing from Sydney, THE STRIDES have become a new force for urban roots music. Fronted by Reggae Master Ras Roni from Barbados via London, and Fijian MC LTL

G-Zeus, The Strides have delivered their classic sound to crowds across the country, delivering a musical experience that is as powerfully explosive as it is authentic.

With two acclaimed albums already under their belt, a European label signing, festival appearances across the country and having graced the stage with the likes of Julian Marley, Tony Allen and Groundation, The Strides' music faithfully builds on the foundations of classic roots reggae with a hip-hop edge, forging a

sound that brings together modern dance hall, world beats and reggae-pop. The Strides have forged a truly global sound melding a diversity of cultures and instrumentation under the one universal consciousness.

With a calling card of powerfully melodic horns, infectious bass lines, easy musings and a magnetic stage presence between its two lead vocalists, the Strides are an 8-piece collective of multi-talented songwriters and musicians.

'One for One' is the new single by the band and the first taste of their forthcoming third album, set for early 2014 release.

'One for One' showcases the talents and rhymes of LTL G-Zeus alongside the incredible vocals of future-soul rising star Ngaiire.

Murrah Hall on Saturday September 28, gates open at 7.30pm, showtime 8.30 pm.

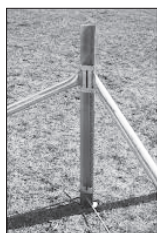
Cost: \$20 with onsite catering from



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This is a family friendly event, please be BYO responsible.

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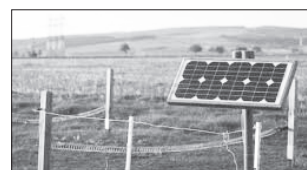


**Phone: 6493 6401**

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was \$485.00 now \$350.00 6 only

\*M350 mains Electric Fence Energiser 35Km  
was \$318.00 now \$210.00 6 only



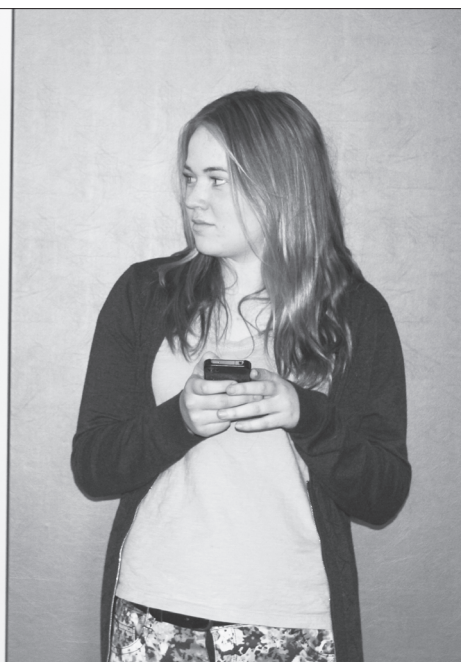
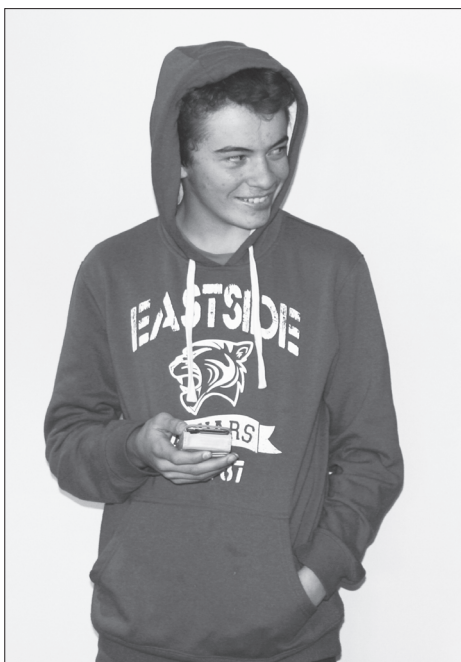


## Merimbula Short+Sweet Short Play Festival

The top ten plays that have been selected to perform at the inaugural Merimbula Short+Sweet Festival have been announced, they are:

1. Bula Rat by Jamie Forbes (Bega)
2. Busted by Sophie Campbell (Mila)
3. Crushed by Rosslyn Thomas (Tura Beach)
4. Hop To It by Diana Harley (Lochiel)
5. Hot Chick Goes Out For A Duck by Marna Smith (Merimbula)
6. James Evans vs The Crown by Brendan Ryon (Bega) and Kevin Armstrong (Barrington Tops)
7. Route Recalculation by Mary Langdon (Braidwood)
8. Border Patrol by David Stocker (Bega)
9. The Labour by Chris Newens (Kalaru)
10. Ten Minute Love Story by Patrick O'Halloran (Tanja)

"The Short+Sweet initiative has had an overwhelming response in the South East" said Andrew Gray, General Manager of South East Arts. He adds, "An incredible 30 new plays were penned by local writers with many more



**Cooper Yeoman and Chloe Campbell in Busted**

love stories to relationship dramas to comedies, with a range of topics explored - from a woman's obsession with the snails in her garden, to a pair of kangaroos in deep discussion at the side of a highway, to a chaotic sitting of the Bench of Magistrates Court. All actors, writers and directors are local and come from every corner of the South East. There are participants from Tura Beach, Lochiel, Candelo, Bermagui, Tathra, Kalaru, Bald Hills, Pambula, Bemboka, Bombala, Bega, Merimbula and even across the border from Bonang.

The top 10 locally written plays will premiere at the Short+Sweet Festival on 13-14 September at Tywford Hall in Merimbula. Audiences get to participate too by voting for their choice of Best Play for the People's Choice Award.

Short+Sweet Theatre will take place in 5 regional centres in 2013 - in Riverina, Mudgee, Dubbo, Albury-Wodonga and Merimbula and is the biggest festival of ten minute theatre on the planet with Short+Sweet festivals performed from Melbourne to Sydney and even Dubai.



**Adam Silverwood and Jamie Lee Cameron in Route Recalculation**

auditioning for roles as actors and directors, demonstrating that there is a real interest in theatre culture in the region."

The ten minute plays range in scope from

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email: cesune@bigpond.com  
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### **South Coast Field Days**

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self-health@southernphone.com.au  
f Self-health

**Leanne Lucas**  
ND - Naturopath

## Creative Arts Presents a Season of Workshops.



Summer - acrylic painting by Suzy McKinnon

Now that your fingers have defrosted and your mind has warmed up it may be the perfect opportunity to explore some creative possibilities. Throughout spring Creative Arts Cobargo an initiative of Cobargo Creators is providing the opportunity for you to partake of a variety of weekend workshops exploring

be expressed in your art if you leave reality behind and discover the power and appeal of abstraction.

This workshop will be followed by "True Colours" on the last weekend of October. Suzy will help you throw away any fears you may have about using colour and encourage you to let your true colours shine through. You will enjoy beautiful surroundings, lots of inspiration and develop your colour and composition confidence. And as the season finale Suzy will once again present "My Personal Landscape"

multiple mediums.

If you thought computers were dull Bob Georgeson may change the way you view the world entirely. In Bob's workshop you will be introduced to a plethora of visual witticisms and critiques you can create whilst sitting at your lap top. You will need to contact the Creative Arts Cobargo team immediately if you want to be part of this weekend as it will be held on 14 and 15 September.

The last weekend of September, Suzy McKinnon commences her very own season of workshops. The season kicks off with "Reality to Abstraction", two days to explore the beauty and emotion that can

a workshop exploring the use of acrylic paints to create your own distinct and individual landscape painting style.

For all of Suzy's workshops you will be in an inspirational environment guaranteed to release your creative talents.

Perhaps painting isn't for you. Maybe you like to get your hands really dirty. If that's the case "Totem Tales: Handbuilt Clay Sculpture" with Joy Georgeson could be the workshop you have been looking for. Joy has over 30 years experience in teaching art in secondary and tertiary schools as well as giving workshops in ceramic sculpture. Joy has exhibited around Australia and overseas and is displayed on the Australian Ceramics Association and Spiral Gallery websites.

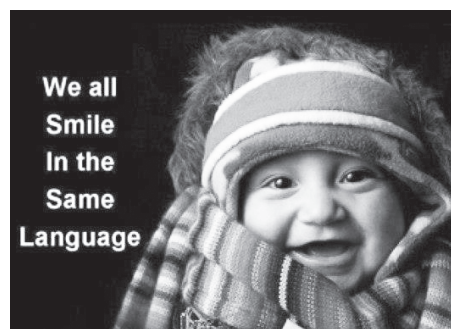
In this workshop to be held on 9 and 10 November, inspiration from the local coastal environment will spur you to create your own clay totem. This process will teach you about suitable clays, decorative and hand building techniques, firing processes and supply sources.

And finally what would be a season of workshops without Jan Ward skilled communicator and teacher sharing her knowledge of the delicacies and hidden strengths of water colour painting. Jan's final workshop for 2013 will be held in November.

For all the details about Bob, Joy and Jan's workshops please email

[artsincobargo@gmail.com](mailto:artsincobargo@gmail.com)

For Suzy's workshops just give Suzy a ring on 64937272 or email her [suzymc@ozemail.com.au](mailto:suzymc@ozemail.com.au)



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cellar door sales, snacks and lunches

#### September events:

**Sunday Live Music:** 15th from 12.30 p.m.

**Social Bridge:** Wednesday 4th from 2.00 p.m.

Signposted off the Princes Highway,  
4 km north of Central Tilba. Tel: 4473 7308





# U3A Bermagui

## *Fishing for knowledge*

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SEPTEMBER BULLETIN

4<sup>TH</sup> TERM REGISTRATION DAY

**OCTOBER 3, 2013**

**Bermagui Country Club, 10am to 12noon**

It's Springtime in the Triangle and there is so much to do, especially in the garden. With Spring comes new growth and energy. Have you thought of heralding in the coming season with something different, something new?

Would you like to try *Learn to Dance*, or *Blogging on you Ipad*? Kerry Davies is introducing *Ethics and Morality*, and then there is *How to Advertise*, *Candle-making*, and *Healing for the Home, Reiki*. All that is just a taster of the new courses proposed for **Term 4** which begins in early October,

You will be able to continue *Italian, French, Linguistics*, and *Communications*. The enthusiastic *Stitchers* and *Knitting* groups will still be meeting, along with the *Book Chats* and *Travel Tales*.

Malcolm Halliday returns with *Classic Music Appreciation*, as does Andy Gonsi with *Intermediate Computing*. Rona Walker is returning with both *Oil Painting* and *Watercolour*, as well as *Art History*. Rona is legend!

And you can still enjoy the very popular *Film and Lunch* !!

\* \* \* \* \*

U3A Bermagui works with a collaborative approach, sharing decisions, ideas and knowledge in a community style. The Committee continues to receive expressions of interest and ideas for **Term 4** and as this Bulletin is going to print the list of courses for **Term 4** is still being compiled. By mid September a **full list** of programmes and courses, times and venues, will be available on the Bermagui U3A website:

**[www.bermagui.u3anet.org.au](http://www.bermagui.u3anet.org.au).**

**Notices and schedules can also be found at the local libraries, at the Post Office, Well Thumbed Books and selected shop fronts. Registration Day for Term 4 is **October 3, 2013**, at the Bermagui Country Club from 10am to 12noon.**

# Book Review

Heather O'Connor

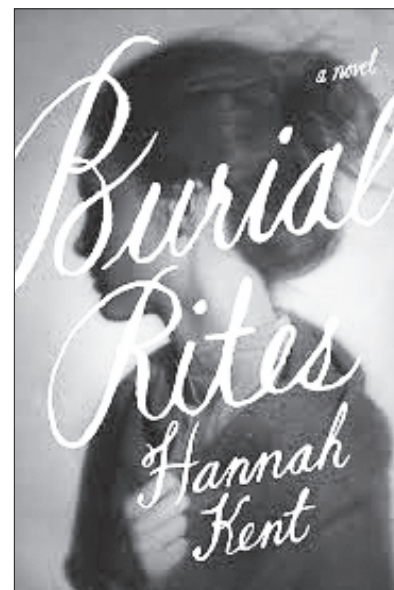
## Hannah Kent

### Burial Rites

Picador \$32.99

This is a first novel by 26 year old Australian writer, Hannah Kent, who spent time as a teenager in Iceland where she first heard the story of Agnes Magnúsdóttir. Agnes was condemned to death for her role in the murder of two men in Northern Iceland in 1829. The novel tells of the last months of her life, when she was sent from prison to live with a family to await her execution by beheading, carried out by the brother of one of the murdered men. Attended by a young clergyman, who was sent by the authorities to urge her repentance, Agnes slowly reveals the story of her life and her role

in the events culminating in the brutal murders. The harshness of her childhood, spent in dire poverty, shapes her life and the choices she made, explaining how she became involved with one of the murdered men. Rather than being held in jail, she is placed with a family that initially rejects any human contact with her, but as the winter deepens and she works alongside them to ensure their survival, the relationships change, particularly between Agnes and the wife of the couple. This is a very moving book, based on a true story, and has won great acclaim for this first-time author. It has already been published in over 20 countries, with release in Iceland due soon. The descriptions of the weather demand either a fire or an electric blanket – make sure you have either before you start reading!



## Pets of the Month

Four lucky animals found new homes this week: two dogs, Rusty and Mya and two kittens, Christopher and Stephanie.



Available are the following animals:

### Dogs and Pups

Kookie M Jack Russell x 2 yrs  
Kipper M Staffy x 4 ½ yrs  
Jessie F Kelpie x 6 ½ yrs  
Buddy M Jack Russell x 2 yrs

### Cats and Kittens

Bowie M DSH White torti 4 yrs  
Sooty M DSH Black 2 yrs  
Puss Puss M DSH Cream 1 yr

Coming into care this week are two female American Bulldog cross Kelpies, 13 weeks old.

All adult cats are available for \$100 and kittens up to 12 months are \$175. Surrender fee is now \$75. Please phone 0400 372 609 for all enquiries about adopting one of these animals.

We are constantly looking for volunteers and carers, so if you have some spare time and would like to meet like-minded people please call us, you would be most welcome.

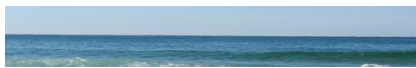
Please check your pets daily for ticks.

And don't forget **Dogtober**, a fun family and pets' day at Ford Oval, Merimbula on Sunday October 13.

Wendy Cook, Welfare Officer  
AWL Far South Coast Branch

"Etc"  
A word used to make others believe that you know more than you actually do.





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## Potato and pea herb frittata serves 6 - 8

I've been asked to share writing this column with Carole and Dawn. It's been a bit harder to approach than I realised when I said yes. Where to start? I have always been interested in food – my Chinese grandmother's influence stamped me from an early age. She was always in the kitchen preparing food or in her garden. Apart from her bitter medicinal soups she used to prepare for my grandfather or her use of really weird ingredients like beche de mer - sea cucumbers that would be reconstituting in our laundry tub - I loved every meal she cooked. Her ingenuity and economy were vast. In typical Chinese style there would always be a soup and several dishes for dinner. Always a cooked breakfast and my school sandwiches were the envy of my friends. Nana

was illiterate so there were no recipes in our house. Unfortunately I was too short sighted to really take notice of how she did things. I can remember tastes but many of her dishes are lost in time. How she made her steamed lemon sponge just whipping it up with chopsticks I'll never know. When I left home I couldn't steam rice properly. As a student I suffered eating a lot of gluggy fried rice. When I realised being a teacher was not what I wanted I started working in kitchens. I've had different careers in between cooking, but working with food has been with me for most of my working life. And I have always been an enthusiastic eater and consumer of recipe books and books about food, culture and eating. It's the glue that holds us together.

I moved to the Triangle ten years ago. I sorely missed my multi cultural speciality providores at first and I would be the first one to seek out my favourite dim sum restaurant when I'm in the city, but I am so excited to be able to pick my own lemons, to know where my milk is from, to go to my local organic bulk food store and buy from local growers. The 30 km Taste of the Triangle Community Dinner was a fun and successful showcase for what we can do here with local produce and producers.

I struggled with what to offer as my first recipe and I thought I would give you something you have probably had various recipes for but it was the last thing I made to share.

### Ingredients

750 – 1 kg smallish potatoes boiled in their skins till cooked and cold  
Large cup of barely cooked peas refreshed in cold water-  
I had frozen but fresh peas which are coming in season would be nicest  
7 large eggs  
300 ml thickened cream or light sour cream  
About 3-4 tbsp of finely chopped herbs – eg parsley, dill, chives, chervil  
¼ cup finely grated parmesan, handful of shredded parmesan for the top  
Salt and pepper

### Method

Preheat oven 180 degrees C.  
Line a 28cm removable base flan tin with baking paper.  
Peel and slice potatoes into 5mm pieces.  
Place pieces of potato into tin strewing the peas about in between.  
Whisk eggs, cream, salt, pepper, grated parmesan and herbs together.  
Pour over other ingredients until covered. Scatter shredded parmesan for scattering on top  
Cook for about 40 mins. Can be served hot or cold.



On Thursday September 5, the Women's Resource Centre, Bega is hosting a pizza party from 11 am - 1.30 pm. This is an opportunity for women to have chat, network, learn, have fun and eat together. Bring your favourite toppings.

The event is supported by Trainer/ Chef Linda Sang and is a part of Adult Learners Week that is taking place 1-8 September 2013.

We encourage all Australians to use Adult Learners' Week to celebrate their learning journey throughout life because learning can really take you places. Even in later life, this learning journey has just begun. Come to the Women's Resource Centre, 14 Peden St, Bega, it will lead you to new and exciting places.

## Bermagui Beach Hotel

David and Cheryl Webster and James Hillier, who previously held the lease from '99 to 2002, are back!

There's a revamped menu in the Bistro, revamped bottle shop, monthly specials with the Bottle-O Neighbourhood group lines.

There's music every Sunday 4 – 7pm. And soon there'll be a membership system with discounts and other benefits.

Check us out on Facebook:  
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### FOR SALE

**Armchair**, solid timber frame with cushions \$50;  
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(2), steel frame with mattresses \$50 each; chest of  
drawers (2) timber 860L x 450D x 850H \$35 each  
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watching, comes with knowledge book V.G.C \$220;  
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**Rotary Hoe**, Howard "Hawk" 6kw petrol  
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## Blokes of the Triangle

### My father's hat

My father's hat fills my head  
Feels the shadow of his being  
Freckled sideways glances  
The past the future spills  
Across the page  
Hard to gauge what he would say  
What he would do  
I am my father's son  
What (were here) would he have done

Keith McGowan



### Nose noise at Soundsafari



The first Bermagui Boogawhistle Orchestra  
is seeking new players for an exciting performance  
season in the Valley. Come to a free workshop with  
Grandmaster COOBOO and learn how to play these  
wonderfully handmade noseflutes. The workshop is  
to be held on September 11 and 18 from 5.30pm at  
the Bermagui Community Hall. No music experience  
necessary. All noses welcome.

For enquiries and bookings phone Markus  
Kuchenbuch on 0458 811 544 or email mk@  
hauskonzert.com

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.
2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.
3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.
4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us [the\\_triangle2@bigpond.com](mailto:the_triangle2@bigpond.com).



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#### AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St  
Narooma, Saturdays 11am, Uniting Church Hall,  
Wagonga St. Ph Dean 0407 302 545

#### ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall  
Ph Dave on 6493 5014

#### ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club  
Bega at 10am: 16th April, 18th June, AGM - July,  
20th August, 15th October, 17th December, 2013. All  
enquiries phone 0400 372 609. All welcome.

#### ANGLICAN PARISH OF COBARGO AND BERMAGUI

Christ Church Cobargo: 1st Sunday 10am  
Holy Communion, 2nd - 5th Sunday 8am Holy  
Communion. All Saints Bermagui: 1st Sunday 8am  
Holy Communion, 2nd - 5th Sunday 10am Holy  
Communion. St. Saviour's Quaama: 1st Wednesday  
10am Morning Prayer, 3rd Sunday 10am Holy  
Communion

#### BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group  
meets at the Union Church, West Street, at 9.45am  
every Tuesday. All ladies welcome. Ph Maree Selby  
6493 3057 or Lyn Gammage 6493 4960

#### BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -  
Tuesdays 2 to 4pm, Sundays 10am to 12noon.  
Contact Heather on 6493 6310.  
Competition Badminton - Wednesdays 7pm to 9pm

#### BERMAGUI BAPTIST CHURCH

West Street, Bermagui.  
Family Service 11.00 a.m. All Welcome.

#### BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/  
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,  
mosaics. Visitors, new members welcome. 6493 4340

#### THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the  
Bermagui Red Cross. Gary Stevens, 6493 6581

#### BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone  
Rod Moore on 6493 5068. Meet 1st Thurs. each month  
at Bermagui Country Club & 3rd Thurs. at Cobargo  
Hotel at 7.00pm for 7.30pm

#### BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium  
Bermagui Country Club, Mondays 6.30pm. Ladies  
and men. Contact Nerida on 6493 4364

#### BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until  
12 noon. Venues vary. For info phone  
Heather Sobey on 6493 5308

#### BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2.00-4.00pm.  
New players always welcome, tuition and friendly  
games always available, equipment provided.  
Call Dave, 6493 5014.

#### BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month  
Contact: bermaguidunecare@skymesh.com.au

#### BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.  
Meetings every Tuesday 6pm. Ph. 6493 4199

#### BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,  
all welcome! CWA Hall, Corunna St, Bermagui. Gold  
coin donation. Lots of toys, other mums and bubs,  
great for meeting other mums in the area.

#### BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at  
Museum in Community Centre, Bunga Street.  
Researchers & helpers welcome. Ph Errol Masterson  
6493 4108 or Denise McGlashan 0488 597 967.

#### BERMAGUI U3A

(University of the Third Age)  
Lifelong Learning Opportunities  
For a full list of courses and timetable visit:  
www.bermagui.u3anet.org.au

#### BERMAGUI WEIGHTLIFTING CLUB Inc.

Gym room Bermagui Sports Stadium.  
Facilities for Olympic Style Weightlifting and  
training with weight for all. Coaching is available.  
Wednesdays and Sundays 4pm to 6pm.  
Contact John, 6493 5887

#### COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues  
vary For info phone Robyn Herdegen 6493 8324 or  
Margaret Portbury 6493 6461.

#### COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms.  
Contact Lynn Parr 6493 6795.

#### COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your  
child's early education. Chris McKnight, 6493 6660

#### COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms)  
\$4 per family. Bring a piece of fruit to share for  
morning tea. All Welcome. Phone 6493 6660 for info.

#### COBARGO SoA HALL COMMITTEE

Meets quarterly. Hall bookings and  
inquiries: Sheelagh Brunton 6493 6538

#### 1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy  
outdoor activities, have fun. Meetings 6.30pm to  
8pm in school term Cobargo Showground dining  
hall. Contact Graham Parr on 6493 6795

#### COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo  
Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

#### COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.  
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

#### COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.  
An initiative of Cobargo Creators

#### COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries  
phone 64938141, 64936948 or 64936435

#### MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn  
0-6 welcome to join. Cobargo - once a month on  
a Wednesday 1.30pm-2.30pm at CWA cottage,  
Bermagui - every 2nd Friday 10.30am - 12pm in  
the Ambulance station. Quaama - Wed. by prior  
arrangement. Enquiries: 0428 667 924

#### SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo  
School of Arts Supper Room. Information phone:  
6493 6538. cobargohall@gmail.com.

#### SPIRITUAL FOLK CLUB - CONNECT!

Every 3rd Sunday of the month, 4.30 for 5pm. Open  
mic for songs, poems, stories, testimonies. Narooma  
Uniting Church hall behind the church, Princes Hwy.  
David 4473 7838.

#### TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,  
Bake it every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential, phone Kay on 4473 7231

#### TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All  
standards catered for - partners not necessary.  
Visitors to the area especially welcome. Further  
details: Peter 4473 7308

#### QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,  
Bermagui Road, Cobargo, and welcomes anyone who  
does patchwork, quilting, or any other needlework.  
Lorraine James 6493 7175, Mary Cooke 6493 7320 or  
Cheryl Turney 6493 6524.

#### QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds,  
7.30pm. All welcome. Ph. Katrina 6492 7138.

#### QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama  
School of Arts Hall to plan Quaama community  
events and projects. Membership \$5pa. New  
members and non-members always welcome.  
Enquiries: Veronica Abbott 0437 263 128. See www.  
quaama.org.au

#### MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West  
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at  
11am; 4th Sausage sizzla at 7pm & praise night at  
6pm, Cobargo Bermagui Rd.  
Minister Rev. D. Oliphant. Ring Col: 6493 6531  
Churches also at Narooma and Bodalla

#### MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30  
3rd Sat Month @ swings. All Welcome.

#### LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,  
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

#### DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,  
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

#### OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the  
2nd and 4th Saturday evening of each month at 5pm.  
Music, meditation and shared reflections, supper  
afterwards so please bring a plate if able. Meditation  
group meets every Wed at 10 am.  
Inq: Rev Linda Chapman 0422 273 021.

#### NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm;  
1st Tuesdays Technical Workshops, 3rd Tuesdays  
regular club nights. Whether beginner or pro, come  
and experience the joy of photography in a friendly  
atmosphere. Dave Cotton 6493 5014.

#### HEART TO HEART

2nd & 4th Saturday of month from 12.30 to 3.00pm  
at 2a Brighton Park Road, Beauty Point. Discuss the  
Ageless Wisdoms of Alice A. Bailey teachings. Phone:  
Christine on 4476 8732 or Lorraine on 6493 3061

#### NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club. Now  
paddling on the Wagonga Inlet, Narooma. For  
information contact Peter or Kathryn Essex on 4476  
3952 or email narooma.bwd@gmail.com

#### WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra  
Cultural Centre, Akolele. All men are welcome. For  
information ring John "Robbo" Robinson on 6493  
4357 or Fergus McWhirter on 6493 4360.

#### THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually  
first Friday in month (please check first.) For more  
info, ph Secretary, Coral Vorbach 6493 6758

Community Notices are  
advertised in *The Triangle* for non-  
profit groups free of charge.  
If details of your group change, please  
advise us at  
the\_triangle2@bigpond.com

# For the Fridge Door

DATE	EVENT	WHERE	TIME
Wed 4	social bridge	Tilba Valley Winery	2pm
Thurs 5	WRC pizza party	WRC, 14 Peden St, Bega	11am
Mon 9	QPA AGM	Quaama Hall	6pm
Thurs 12	Cobargo/Dry River Cricket Club AGM	Cobargo Hotel	7pm
Sat 14	knife sharpening workshop	CWA cottage, Cobargo	10am
Sun 15	'Bears with Guns'	Tilba Valley Winery	12.30pm
Mon 16	Tilba Festival Committee's AGM	Small Hall, Tilba	
Tues 17	'Eat, Think, Create' meeting	Well Thumbed Books, Cobargo	6pm
Wed 18	bring-a-plate community dinner	Quaama Hall	6.30pm
Sat 21	Annual Gala Ball	Bermagui Surf Life Saving Club	6pm
	fundraiser for Naomi Foster	Tilba Hall	6pm
Sun 22	CAN Narira Creek planting day	Narira Creek, Cobargo	11am
Sat 21 & Sun 22	South Coast Field Days	Bega Showgrounds	9am-5pm
Sat 28	Fire Service Open Day	Tilba Fire Shed, Latimer's Lane, Tilba	
<b>REGULARS</b>			
Sundays	Cobargo Community Church	Wandella Hall	10am
Mondays	Quaama/Cobargo Quilters	CWA cottage, Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	11am
	Karate	Bermagui Sports Stadium	6.30pm
first Tuesday of the month	Narooma & Districts camera club technical evening	Anglican Church Hall, 13 Tiba St, Narooma	7pm
Tuesdays during school term	Tilba Craft Connect Playgroup	Small Hall, Central Tilba	1pm-3pm
every second Tuesday	mothers group	Cobargo Visitor's Information Centre	6pm
third Tuesday of the month	Narooma & Districts Camera Club photo club evening	Anglican Church Hall, 13 Tiba St, Narooma	7pm
Wednesdays	scrabble	Well Thumbed Books, Cobargo	10am
	cash countdown, raffles, pool comp, trivia night	Bermagui Country Club	from 5.15pm
	Women's Hoola Hoop classes	Big Hall, Central Tilba	1pm
first Wed of the month	Bermagui Historical Society meeting	Bermagui Museum in Community Centre	2pm
Thursdays	Art & Craft Scrapbooking	WRC, 14 Peden St, Bega	10am-12.30pm
Thursday nights	Dance and Move	Quaama Hall	6-8pm
	Karate	Bermagui Sports Stadium	6.30pm
every second Thursday	Senior's Pick the Numbers	Cobargo Hotel	11am
Fridays	storytime for preschoolers	Well Thumbed Books, Cobargo	11am
	meat raffles	Cobargo Hotel	5pm
	raffles, pool comp and entertainment	Bermagui Country Club	6pm
	Tiny Teddies playgroup	CWA Hall, Bermagui	10am-12pm
Saturdays	Punter's Pick	Cobargo Hotel	5pm
	Live Band or DJ	Bermagui Country Club	8pm
	Under 16s Art classes	behind Cobargo Supermarket	10am-11am
	Laneway Markets	main street, Cobargo	9am-1pm
	Tilba Markets	Central Hall, Tilba	mornings
Sundays	Hoola Hoop class	Big Hall, Central Tilba	2pm
	Spin and Juggle workshops	Big Hall, Central Tilba	3pm
<b>ART</b>			
Fri 6	Opening night: 'It's in the Bag' exhibition	Lazy Lizard Gallery, Cobargo	6pm
Fri 13 & 14	Short & Sweet play festival & awards night	Twyford Hall, Merimbula	evening
till Fri 20	'Little Cat, Little Car' exhibition	Spiral Gallery, Bega	
Tues 24 to Tues Oct 8	'Locals Rule OK' exhibition	ArtSpace, Fishermen's Wharf, Bermagui	

Email your events with date, time and venue to the [\\_triangle2@bigpond.com](mailto:_triangle2@bigpond.com) by the 22nd of the month