

## Local butchers scoop the Sausage King pool

Barrabarroo Farm Fresh Meats of Quaama starred at last month's NSW/ACT Sausage King Competition hosted by Bega TAFE. Butchers John Tracey and his wife Wendy Fisher picked up three wins (traditional Australian, Australian lamb/open class and continental), one runner-up prize (traditional Australian pork) and four thirds (traditional Australian, Australian lamb/open class, continental and gourmet/open class).

I asked John if he expected to win. "We know we do good sausages but the thing is getting the word out," he said. "We do the markets at Moruya and all the Italians come along every week so we know we get the Continental ones right. They're all Wendy's recipes."

Barrabarroo also featured on a recent episode of *River Cottage Australia*.

Barrabarroo is open at the farm shop on Christophers Rd on Fridays, taking orders all week for customers to collect on that day only – generally anyway. Barrabarroo customers realise quickly that this butchery is not a normal shopfront with counters. Their meat is cut by order.

John and Wendy strive hard to live here in paradise. They breed their own stock to John's high standards - chemical free and pasture fed beef and lamb, butchering in a processing facility in their 'backyard'. They are also committed to free range pork and are selling the best product they can to those who enjoy good food. It really is 'from the farm to your plate'.

John has been in the industry for over 40 years and opened Barrabarroo two years ago. But this was the first butchers' competition he's ever entered. Great work, all concerned.

Jen Severn



Wendy Fisher and John Tracey with their prizewinning sausages in the coolroom at Quaama

## Wombat care: the trials and tribulations

Being a WIRES volunteer can get you into some very interesting situations. Kiah residents Julia Phillips and Peter Watson weren't sure what to expect when they took two young female wombat joeys into care.

Mirrhi had been in care at Taronga Zoo before she was transferred to Julia and Peter. Bonnie's mother was killed in a car accident but, luckily, Bonnie survived unharmed. Both



Mirrhi



Bonnie

joeys were 12 months old when Julia and Peter took them in.

When rearing wombats, it's best to care for two of them at the same time, otherwise they get very lonely and too dependent on humans. However, in this case, Bonnie and Mirrhi didn't take to each other! This was

highly unusual. How did Julia and Peter get around this tricky problem and why didn't the wombats bond?

Perhaps the problem was that the joeys had had very different early experiences. Bonnie was used to her mum and the bush while Mirrhi had been in care for a while on her own. Also, they were a bit older than most wombats that come into care so there was a lot of adjusting to do!

Luckily, Mirrhi and Bonnie eventually overcame their differences. They teamed up to build a burrow and, through working together, became friends.

They have now matured and have been released back into the wild. Wombats stay in care until they are 18 months old. Then they can look after themselves.

Being willing to rear wombats is a big commitment. Many thanks to volunteers like Julia and Peter who are willing to dedicate large segments of their time to help save orphaned native wildlife.

As most of our readers would know, *The Triangle* is run by volunteers. We are not paid professionals, we are just people who happily put our time and energy into this small paper hoping that it contributes to linking our villages together and strengthening the community. We are not perfect and, while we try to make sure that nothing in the paper pillories a particular person or allows a negative personal identification, on occasion we fall short of this ideal. We must admit that we allowed an offensive item to slip through in the "Thumbs" segment last month and for this we apologise.

The "Thumbs" segment, your letters and

other articles or items submitted by our readers are published unedited whenever possible but please be aware that we are only able to publish them if the name and address of the writer is included when they are submitted, however the name and address can be withheld from publication on request. While on the subject of communication with our readers we do require that any complaints be sent to us in writing at PO Box 2008 Central Tilba or by email to the\_triangle2@bigpond.com and we also ask that any personal contact not be abusive or intimidating to our volunteers.

This month we have said farewell to

Taina, our retiring treasurer and we thank her for the many years she has guided and cared for our finances, keeping us firmly in the black sometimes in spite of ourselves. Taina is not leaving the district, she is just taking a break from *The Triangle*. We also welcome our new treasurer Terry and look forward to a long and happy association with her.

Clean Energy for Eternity are leaping straight into election fever in August with a "Meet the Candidates" meeting on August 3 at 6pm at the Bermagui Country Club. For more details contact pruekelly@bigpond.com

Jo Lewis

## Letters to the editors

### The Good, the Bad and the downright Ugly!

Recently I was in search of a herb that I couldn't get at the Cobargo Supermarket, when I remembered Sweet Home Cobargo. When I walked in I was overwhelmed with the range on display, all of it organic, and all of it at very competitive prices. It's the type of store that could be bringing in people from far and wide, such is the quality of the store. I made a mental note to visit more often – but then I recalled why I no longer shop there, nor the butchers. I can never get a car spot. There are only a few spots near these two shops and the one directly outside Sweet Home Cobargo is never available. I've seen delivery guys having to walk up and down the main road (which is quite steep) with trolleys loaded with goods for Sweet Home Cobargo and it must be equally frustrating for them, as it is for me. What about our pensioners – shouldn't we be a little more considerate towards them?

While on the subject of Cobargo shopkeepers, it's great to see Chalk and Cheese firing on all cylinders. It's one of my favourite hangouts. I know I can walk in and be met with a friendly smile from Belinda and Nathan and their staff and get great food and coffee. These two are always up for a laugh and banter and they bring a terrific atmosphere to the town.

Unfortunately, it is completely at odds with my recent experience at another store in town. I wandered in to see what the store was all about and came out feeling as though I had gone 10 rounds with Mike Tyson! I was disappointed to hear the shopkeeper put the boot into our town and its shopkeepers. I have actually found the Cobargo shopkeepers fantastic, with the exception of a couple (and this being one of them) and I vote with my feet in relation to those stores. Everyone else has a smile and my husband and myself have been made to feel very welcome since we arrived a few years ago. How many people can say the postmaster knew them well enough in a couple of weeks to call out in the main street that he had a parcel for them? Or a vet who carries your much-loved pet to your car and who is not afraid to hug you in the main street when you've just been given the news that your pet has a terminal illness? Or the person on the counter at the supermarket who enquires after your efforts to kick the dreaded smoking habit, because they care enough about your wellbeing? It wouldn't happen in the city, nor our larger nearby towns.

I don't want to dwell on the negatives and I think a town that can boast that 98% of its shopkeepers are terrific is a very lucky town indeed!

Robyn Kirby  
Wandella

### Give me a scrap yard over BVSC any day!!

To be in business for yourself without hurting others is a blessing. It gives one self-worth and it shows initiative. By earning a quid you not only help yourself, but others. Any local government which stifles that unnecessarily should be thrown out.

Ellen and Laidley Russell have been in business for forty years in the Bega Valley in both earth moving and scrap metal. I can remember going to their scrap yard on the road out to Tathra to buy timber, guttering, drums, etc and to offload metal for recycling. Every time I have been there I have seen staff being employed and people buying their wares. Local businesses have used them over the years to pick up their scrap metal free of charge instead of taking it to landfill. Now Bega Valley Shire

Council wants to close them down because the site lacks aesthetic appeal and 'johnny come latelays' don't want their new modern home next to a scrap yard. If they didn't want their place next to a scrap yard, why did they buy there in the first place?

Ellen and Laidley Russell have always impressed me as decent honest people who are providing a service that is needed. The Bega Valley is diminished in stature if people like that are caused unnecessary stress and forced to close their business because of a Council that is more interested in bureaucratic rules and regulations than in promoting initiative and local business. If we want to see the Bega Valley prosper and develop, we need to ensure Bega Valley Shire Council doesn't put unnecessary and onerous restrictions on peoples' rights to make a living. There are many other examples of where this Council has stifled local initiatives.

Adam and Yasmine Bonner  
Brogo

### What happened to Bermagui Skate Park?

As a kid growing up in Bermagui I think Bermi needs a skate park especially in the winter when it is too cold to go swimming. Referring to the November 2008 article No Show Skateboard Ramp, there has been money raised but no progress. Now almost 5 years later, where is the skate park? Something like this will give kids in Bermagui something to do in winter. What can they do outside now other than misbehave and roam the streets looking for something to do?

Matthew,  
Bermagui

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# Letters to the editors (cont.)

## Vision - to change the way we die

How did we get to feel so uncomfortable, and separate, from this inevitable natural part of life?

About two hundred years ago doctors began to replace priests and family at the bedside of the dying ones. The implication of that change, at that time, was death was seen as a physical, rather than a spiritual, or normal process. We lost sight of dead bodies and knowing how to care for them. The dying ones lost more and more control as they were moved into institutions, leaving so many people alone and isolated.

I agree with Dr Yvonne McMasters' sentiment, that returning to how it was is not the way to go, any more than surgery without anaesthesia would be a choice. Yvonne explains, "Sometimes careful palliative care is needed - directed in a patient centred way, with impeccable attention to detail and full understanding of the processes taking place. There needs to be emotional support through being there, in every sense of the word. Deaths at home must have all the support which medical, modern, palliative care can give".

Where to begin demystifying dying? Having truthful discussions about what you choose to happen if you couldn't speak for yourself is a good starting point.

You can Google advance care directives, there are free forms on the web, and you can begin discussions with your loved ones. The sooner the better.

The Mission of the Bega Valley Hospice Group is to improve the experience of the end of life process, and address the gap between the person's wish to die at home and current practice. Check out their page and leave your thoughts and comments there <http://www.facebook.com/BegaValleyHospiceGroup#>.

Maybe some time in the not too distant future, death will be held more like birth is now, with some preplanning, choice, and heart.

*Josephine Richardson RN*

## Pied Piper, again

To Rose of Quaama regards her strident, finger-wagging attack (see July's *Triangle*) on Rachel Rectangle's letter from the previous edition.

Chill out Rose! You were so far out of order for calling Rachel's comment nothing but ignorant, bigoted and inflammatory. In fact, hers was a letter based in both humour and genuine enquiry; the two can quite happily co-exist you know. Rachel was cleverly employing Socratic irony as her literary form of choice to get her, obviously too subtle for some, message across. I found her letter refreshingly original, amusing and thought provoking. Quite a treat and relief from the more everyday and oh so serious letters of criticism and complaint. These have their rightful place too of course however, the threats to our rights of free speech are always present in even the most seemingly "safe" of all environments ie. affectionately known as the local rag, the local newspaper. Even your

blunt, angry and self-righteous example has a right to be published and read by all.

I would encourage you to re-read Rachel's letter, concentrating on her opening sentence, as I am sure, with a more considered and sophisticated approach to understanding another's style and meaning in written form, you would relax and realise she is not attacking or mocking any one of the establishment religions. But she is raising valid and critically important issues about institutionalised religions, their related doctrines and their identified followers or adherents - all within a vein of irony.

However, and here's the real irony to emerge and be exemplified by this little scenario of dueling *Triangle* letters: Rachel is making a statement against superficial, fundamentalist and tribalistic attachments to any of the institutionalised religions. So what does she cop in response? (Drum roll here please!) Yes, an example of one of the negative consequences that can result from dogmatic adherence - adversarial and not-very-nice name-calling! Exactly what the world doesn't need more of right now.

Well done Rose, this all couldn't have been better staged, plus as readers we've also shared in a living example of a basic scientific truth i.e. for every action there is an equal and opposite reactionary.

*Sue of Quaama*

P.S. Now to focus on Rachel's original question, in fact I gather the main purpose for writing her letter. How are others managing to limit the detrimental health effects that can result from the increasing numbers of rats around our houses and farms, whilst trying to limit these creature sufferings? A reasoned and mindful discourse on this topic would be a really worthwhile undertaking for a genuinely caring community.

## Pictures in the moonlight

Expressions of interest sought for individuals wanting to be involved in helping start a 'moonlight' or open air cinema in Cobargo over summer. Organisers have a 16mm projector with the view to creating a local, not-for-profit, voluntary community film society that will screen classic and cult films outdoors. The films are planned to be sourced from the National Film & Sound Archives. Anyone with an interest (or expertise) please contact me on 0406 601 962 or [toen45@gmail.com](mailto:toen45@gmail.com)

*Tom Noonan  
Cobargo*



## Thumbs Up

To the blokes of the Triangle who are writing and sending in their stories to us. See p26.

Email your thumbs to  
[the\\_triangle2@bigpond.com](mailto:the_triangle2@bigpond.com)

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### Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

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*The Triangle* is a community newspaper. Its aim is to provide information and news to the people in The Triangle area. The committee is made up of volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through income generated through our advertisers. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800.

## Dylan Salway: captivating

"Hello boys. Who's in charge here?" I asked, as I crossed the front lawn of the Salway's new brick home. "He is", replied Ryan and Blake, both pointing to Dylan.

"Oh really, Dylan, you're in charge. How come?" I said as I watched the three boys work together like a Bega Cheese production line, unpacking bricks from a pallet and stacking them onto a homemade trolley, ready for relocation. I was expecting that Ryan would be the boss as he is 12 years old, Dylan is nine, and Blake is almost seven years of age.

Dylan explained that his father, Tim, will build him a chook shed if he moves a pallet of left-over bricks from the front of the house around to the side. As all the brothers worked together, I was impressed by the maturity, whole-heartedness and sense of purpose of this crew.

Dylan told me, and his brothers confirmed, that he loves animals, especially his favourite cow '910', and secondly, chooks. This will be something new for the Salway family. He knows how many he wants and who he is getting them from. He is even contemplating being a chook farmer when he grows up. Either that or a movie star.

Drama is his favourite subject at school and I have personally seen that he has a very confident and engaging manner and can be rather captivating in his social graces. Here is a question for you. What does Dylan have in common with a leading actor, Nicole Kidman and also with Queen Elizabeth I of England, Prince Harry and King David from the bible? Not so much his confident, genuine air but his red hair!

Red hair is the rarest natural hair colour in humans but redheads are common amongst Celtic peoples. Scotland has the highest proportion of redheads, about 13%, whereas

across Europe it is about 4% and overall, about 1-2% of the population. Dylan could look to his extensive family tree to uncover the origin of the hair-colour gene. Linked to the Tarlintons and Sutherlands, Dylan's great-grandfather was Harry Salway, a son-in-law of Robert Sutherland, who owned a jersey stud at Wilgo and won many prizes at local shows as well as the Sydney RAS (*The Tarlintons in Australia 1791-1991 A bicentennial history. Sarah and the Dashing Sutherlands*, p26.) Dylan will be a 6th generation farmer in the area and is already gaining exposure to the show circuit by leading cows in the ring at Bega and Cobargo shows.

About seven years ago, when Dylan was just two years old, he visited his grandfather, Keith Salway, who was recuperating after a hip operation. While he was there, Daphne Tett came to visit and greeted Dylan with the now-famous exclamation, "Look at you with your dirty face and red hair". This was enough for them to form a special friendship. In the school holidays, Daphne enjoys outings with Dylan, and recently took him to the Train Cafe in Cobargo for a hamburger lunch and then later for a swim at Bermagui, and fish and chips on the way home. Dylan loves to swim, either in the creek near home or at the beach. In fact the name 'Dylan' is Welsh in origin, and means 'Of the Sea' or 'Son of the Waves'. The name gained popularity from Dylan Thomas, the poet and Bob Dylan, the singer.

Another notable friend is Colleen, from the Cobargo School, where Dylan attends, and he says she is a great help to him. At school he is involved in football and soccer and has played in an inter-school competition. Apart from sport



at school, motorbike riding is a keen interest and Dylan enjoys riding his Kawasaki 140 around the property and up to the edge of the reserve just to appreciate the wide, open spaces, the view and the quietness, and anything else that attracts his attention, maybe an animal footprint or a nest of ants perhaps?

Facebook, social media, and TV do not rate highly with Dylan and he prefers to play with his brothers or go camping with the family along Brogo River or visit the caves. In the meantime there are plenty of jobs to do around the farm and whether he will be a chook farmer or movie star, well we will just have to wait and see.

Sharon Cole

## Letters (cont.)

### Thanks x 2

Thanks for your great report on the CWA Cottage painting last month – it was great writing! Please pass on to Sharon Cole my congratulations on some beautiful writing about Olive Cole in the last edition. Having known Olive for some time and counting her as one of my very good and close friends, I can honestly say that Sharon captured her exactly. Thanks to the Triangle for its talented team.

Mary Williams  
Cobargo

On behalf of the Residents, Staff and Board of Hillgrove House, I thank the Triangle Committee for giving us two yearly subscriptions. This enables our residents who lived in the Northern part of the Bega Shire to keep in touch with their community. Hillgrove is always appreciative of the donations it receives.

Yours sincerely,

Jim Butterworth,  
Chief Executive Officer  
Hillgrove House, Bega



Dylan's favourite cow, '910' takes centre stage, with Ryan, Dylan and their father, Tim, in the background.

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## Ready to Roll

Local musicians and people in need of media services will be interested to know that there's a new music and media production studio on the south coast aptly named 'Sanctuary Sound' based in secluded forest in the hills behind Central Tilba.

Richard and Kim Cooke recently moved to the area permanently after completing the construction of their environmentally sustainable straw bale recording studio and house about ten minutes drive from Tilba and Narooma.

Sanctuary Sound is the second music/media production studio Richard has established, as he previously owned and operated the Raw Spirit Studio in Melbourne for 15 years where he produced a large diversity of recording projects for artists such as Archie Roach, Circus Oz and Xavier Rudd.

Sanctuary Sound is set up for commercial recording projects featuring three large acoustically designed recording rooms. The first is a purpose built studio for recording live drums and bands, the second is a large multi-purpose control room for general recording/mixing and the third is a larger more ambient studio suited to strings, wind and choral instrumentation which also features a grand piano.

All studios are acoustically isolated from one another and protected by straw bale walls half a metre thick that also provide excellent acoustics for recording. 'My dream was to create a creative oasis amongst nature where people could produce high quality music and art in a sustainable way', says Richard. The studio and house are fully solar powered, use hydronic heating and a worm treatment system for all waste. Creativity with a conscience if you like.

Sanctuary Sound is not just a recording



**You aint nothing but a sound dog. Richard and offsider Daisy at the desk. Daisy plays a mean bones.**

studio. Richard and Kim are planning in the near future to provide on-site accommodation for artists of all persuasions to make the facility more convenient for longer term projects. Richard also provides a local service for graphic design, video and CD ROM/DVD production. He can also provide support with setting up a home studio and will even help you design your own eco-friendly home. For more info contact him on 4473 7952.

*John Small*



# Sanctuary Sound

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Is that a hint of spring? A few premature blossoms? Early scents. Wattles! Daphne in abundance!... Mm!... And the sun! Aahhh. Not even a cold winter can keep Cobargoites indoors though. So much to see! So much to do! So much happening and so many places to be!

It's been that way over the past month, but then again, it's always a hive of activity in this village. And with that come all the wonderful happenings we experience and a few not so wonderful. Sadly, Cobargo has seen the end of an era with the recent closure of Ange's Train Cafe in the main street. And what a great thing a casual cafe can be for a village like Cobargo. Like so many cafes in small country towns and villages, Ange's Train Cafe has been a hive of activity; a meeting place, a place for celebrations to be had, a place to take some time out from a busy day, a great vantage point for watching the town go by and a good place to check in for a hit of good old country heart and humour. Not to mention the salvation it has afforded to many a weekend traveller and those hungry Saturday footballers and Sunday soccer players. Its closure is a huge loss for Cobargo. Ange, never one to sit still for long, has had numerous job offers and will hopefully enjoy a good rest before she launches herself into the next adventure in store for her. We'll miss you Ange. Thank you so much for giving yourself so freely and willingly to the



Tess (far right) with the Little Birdie Vintage fashion parade models

community!

Little Birdie Vintage in Bermagui Road recently had a sensational opening night. Manager and proprietor, Tess, says it was an incredible night. She was deeply touched by the beautiful people who worked so hard to make it such a special night. The show was flawless and everyone had heaps of fun. Tess, relatively new to Cobargo, is amazed at the amount of support she has had from the Cobargo, Tilba and Bermagui communities and extends her thanks to everyone who helped make the night such a success. After the frenetic activity of last month our local branch of the CWA are enjoying a more peaceful time. No painting, no filming, no interviews! They catered for the Far South Coast Group Council meeting at the Cobargo CWA cottage on 29 July and will be attending the Far South Coast Group Music and Drama Day at Quaama Hall on Monday August 19. With its progressive outlook and welcoming energy, the CWA have had a great increase in membership. There are now over 20 members in attendance on a regular basis. And there's always room for more, as spreading the work load can achieve so much more. Shortly, the CWA will be organising the grand reopening of the renovated cottage, so watch out for the announcements. They are also looking forward

to setting a date to organise their Mother and Baby Packs to ship to PNG.

Don't forget the handicraft days every 4th Tuesday of the month, at the cottage starting 10.30. You don't have to be a member to attend. Just bring along your current craft work and join the others for a chat and a cuppa. You will receive the usual warm CWA welcome.

If you remember young Josh Goulton from Wandella, representing the combined Australian Universities in football, you'll be happy to hear that his team has done very well representing Australia overseas, with impressive wins in Paris (25:6) against France, in Leeds (96:0) against Scotland and a HUGE win over Russia, to mention just a few. The team have recently arrived back in Australia, having won the series with a finals win against England. Along with two other Australian lads, Josh was amongst the top 13 players selected from all of the teams represented from around the world. What an achievement! And from a very proud Wandella. He and his team were accompanied by wishes for safe travels from their families in Australia and to the cheers of their very proud parents and friends. Congratulations Josh! We're all proud of you.

And while we're busy congratulating people, I'd like to mention Judy Roberts who



Linda Sang's stall at the Monster garage sale



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# Cobargo Conversations

became a great grandma on June 28, to a beautiful little boy. Judy co-ordinates Cobargo's Visitors' Centre. Congratulations Judy. And congratulations too to Brian Cole, who recently celebrated his 60th birthday with family and friends. His guests were treated to a wonderful day of celebration and feasting, created and provided by his wonderful wife, Sharon, with a little help from her friends. His gift? A trip to Norfolk Island. Lucky man!

A warm welcome home to Skye, from Life's Little Pleasures, who is back and open once again. Skye has been on holiday with her family in America – a truly eye-opening experience for them all. She's glad to be home and to be living in a country where we have less racism, the right to think, the right to our own opinions and the right to make our own decisions without fear. I think that everyone needs a dose of travel to realise just how lucky we are. And whilst we're talking about Life's Little Pleasures, we have to say goodbye to Sarah.

Sarah and Tom Kelly from Dignams Creek have recently sold their property and along with their girls, have moved to Bega. We wish them all the very best in their new ventures.

Rory Brideson and Maddy Noble-Fry, new owners of Benny's Butchery, have settled in well to their new roles as owner/managers of the store, keeping up the tradition of selling locally grown meats and the standard of excellence the butchery is known for. I have to say that the chicken sausages I bought there recently were sensational. Made from scratch, with no preservatives or flavour enhancers, as is the norm when making sausages. They were



**Rory and Maddy at Benny's Butchery**

absolutely delicious!

The latest Monster Garage Sale held on the vacant McCarthy block was once again a huge success. Visitors and locals alike found themselves some wonderful little and not so little treasures.

Philippe Ravenel, one of our local blacksmiths has recently had some productive open days out at Galba forge in Wandella. Philippe learned the blacksmithing trade in his native Switzerland, migrating to Australia in 2004 and working for renowned blacksmith Hans Schappi, where his knowledge and experience were enhanced considerably. In 2006, Philippe established Galba Forge. His

speciality; the decorative and rare art form of plaited iron, a process that gives his work a unique look. He also does restoration work on many different metals such as cast iron, brass bronze and copper. The Galba Forge has Open Days every second Sunday of the month from 1–5pm and is open by appointment. Phone 6493 7153. It's well worth a visit!

And finally, I'm hoping we've all remembered to mark in the tree planting day along the Narira Creek on Saturday, 3 August. There are hundreds of tubes to be planted. The more the merrier! Many hands means an early finish for everyone. And the Lions Club barbie will be a lunch time treat. See you there!

**Members Monthly Draw**  
31st August, 7pm

## Bermagui Country Club

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Ph: 02 64934340

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- Tennis
- Bowls
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- Fishing
- Art & Crafts
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- TAB & Keno facilities**

**The Terrace Restaurant - 02 64934177**

Wednesday	Wednesday
<b>NEW Members Badge Draw</b> 5.45pm, 6.45pm, 7.45pm Raffles 7.00pm Trivia 8.00pm	<b>Steak Night in</b> <b>The Terrace Restaurant</b>
Friday	Sunday 18th August
Raffles - over 30 prizes First draw 7.30pm	<b>Monster Raffle</b> Tickets on sale from 1.00pm Draw commences

**Lunch Menu 7 days from 12 - 2pm**  
**Restaurant open 7 days from 6 - 9pm**

**Bingo**

Monday 11am

**Pool Comps**

Wednesday & Friday 7.30pm

**NPL Poker**

Thursday  
Registration 6pm

**Entertainment for August**

2nd: 'Daryl Lamb'    9th: 'Donny Ryan'    16th: 'Mike Waddell'  
 17th: 'Daryl Towney'    18th: Sunday Raffle    23rd: 'Candy'  
 30th: 'Ricky Bloomfield'    31st: Members Draw

## I finally 'had my turn' at the Cobargo Horse and Trail Riders fun day

I would find myself whining like a child "When's it my turn?" after teaching at pony club and seeing all the kids having such fun. I would day-dream about a riding club that included adults, where horsey people from different disciplines could swap ideas and help each other.

In Europe they have a competition called 'Le Trec', which seems to appeal to everyone

country course. Thank you CPC!

On Saturday 8 June, the sun shone and eleven of us gathered to have a play. We set up Le Trec exercises, jumps, barrels, anything anyone wanted. We were very lucky to have Jan High, who gave one-on-one tuition to those getting back in the saddle and some others a jolly good work out. "That was the icing on the cake!" Marea you couldn't have put it better. (A

huge thank you to Jan).

We then went around the cross-country course at a leisurely pace with a meander down the river, where Maddie, Robyn Grice's horse rolled in the stream! (There's always one.) I winced in sympathy as I saw the cold water filling Robyn's boots. June Tarlinton produced tea supplies and homemade goodies, making sure that everyone had a warm cuppa (bless her!).

The boys were out-numbered, but hopefully more will participate at the next one. In the afternoon I was ready for a lie down, but everyone seemed to be keen to have a mini comp. We all strutted our stuff, but got well and truly shown up by the grace and poise of Jenni Barrett on a super shiny Legacy and Susy Nicol on her picture perfect, impeccably mannered Palomino, Aslaan.

Clearing away was a breeze as many hands made light work. I had certainly 'had my turn' and slept like a baby that night, grinning from ear to ear. Thanks a million Cobargo Horse and Trail Riders' members for a great day. Let's do it again sometime!

*Sarah Lambert*



**The group**

and it's starting to emerge here in Australia. No dress regulations, from beginners to advanced, attracting riders in to natural horsemanship, western, endurance, and classical. Anyone and everyone! Relaxed, no pressure, big on horse welfare. And FUN!

So how the hell do you get something like that going? Where do you start? Would anyone even be interested?

I nearly fell off my chair when I noticed in the Cobargo Horse and Trail Riders Club newsletter that Pauline Blair was getting together an activities day. The show grounds had everything we needed and the Cobargo Pony Club kindly agreed to let us use their equipment, club house, and the wonderful cross



**Lunchtime**

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# Cobargo Conversations

## The 1890s, Cobargo and the Church

Across the Triangle, like most of Australia, the 1890s were a period of extreme weather. The first half of the period was wet. Then, the first of three El Nino events initiated the Federation Drought in 1895 – a drought running until 1903. In the summer of 1897–98 some of the most extreme weather ever recorded in Australia was experienced. In one flood, Cobargo received over 620mm in four days (Bega received 687.2 mm in five days – reported to be among the heaviest rainfalls ever known in Australia). This came in the middle of the drought. This drought led to heatwaves, dust storms and bushfires across much of Australia – and the district.

The 1890s were also a period of growth, some positive and some negative. By 1891, Cobargo's population was 346 and still growing. There was growth in the area of land that was cleared and the numbers of introduced pests were increasing – the district was overrun by hares, before the foxes came and reduced their numbers, and then the hares were replaced by rabbits.

It was a period of economic ups and downs; in 1893, panic led to the closure of Cobargo's first bank. However, by the end of the 1890s, New South Wales Creamery Co. had built a cheese factory at Cobargo, with separating stations in the outlying centres.

In these early days for our Parish, the Church formed a core part of the community. For example, when the late Governor died in 1895, services were held in Cobargo and Tilba churches. Church activities were reported weekly in the Cobargo newspaper and often in other papers across the state. The level of detail reported locally is surprising and probably

painful at times for the Ministers involved.

Reflecting the central role the Church had in the community, corporate worship was very active. Families regularly attended Church; there were over 60 children on the Sunday School roll and 65 candidates confirmed in one year.

We celebrated our first anniversary in February 1890 (and our 125th will be celebrated next year). With a strong sense of community, people from across the community participated in the celebration: a tea meeting in Tilba Tilba and Wagonga, a morning and evening service in Cobargo and an afternoon service at Dry River.

Travel remained difficult. Transport was by buggy, horse, or foot and the vicar travelled large distances to conduct services. Only a few of our early Ministers had their own horse and buggy. This led to the first public suggestion that, "I think a movement ought to be made throughout the parish to purchase a buggy for the clergyman, to be the property of the parish." It doesn't appear that a buggy was provided for the vicar for at least 20 years. However, despite the challenge of distance and transport, there also seems to have been fairly regular visits by Bishops.

Next month: A decade of building.

Do you know where the Union Church was in Quaama? Do you have memories of attending Church services in Wandella Hall or at Dignams Creek? Do you have other memories or stories related to the Anglican Church in the Triangle? If so, we would love to hear them. Please contact Fiona on 6493 6080 or [fiona.kotvojs@bigpond.com](mailto:fiona.kotvojs@bigpond.com).

*Fiona Kotvojs*



**Goodbye and thank you to Taina,  
The Triangle's outgoing treasurer**

## Living Well Gardening Workshops

The Women's Resource Centre is pleased to invite women who are Community, public or Aboriginal housing tenants to participate in a series of gardening workshops.

These workshops are to be held on Thursdays from 10 am – 1pm from August 1 to 22.

This is an opportunity for women and children to:

**Learn the basics of pruning fruit trees, no dig gardening practices and espalier technique**

**Discuss the ethics, principles and design processes of Permaculture**

**Learn easy steps to use at home  
Begin a lifestyle of self-sufficiency and make their own home gardens sustainable**

**Boost their self-esteem and confidence by working with other women outdoors**

The tutor will be organic gardening Guru, permaculture specialist Kathleen McCann. She will guide participants through a four-week course of gardening tips and techniques.

No-dig gardening began with an Australian woman called Esther Dean during the 1970s. Based in a northern suburb of Sydney on an ordinary house block, she began her no-dig garden mainly due to her ill health. She was not able to work very physically in her garden and decided to try using lucerne mulch as a way to restore the depleted soils in her garden. It was from watching the results of using lucerne and with a few years of experimentation that she finally came up with the no-dig technique.

To secure your place, or for more information, phone 6492 1367. Refreshments provided.

Cobargo Fundraising Event  
**Cobargo  
Preschool**  
Winter warmer 20 year  
Reunion Celebration!  
Celebrating 20 fantastic years:  
1993 - 2013  
Friday 9 August 2013  
5pm - 8pm at the preschool  
Cnr Park St and Princes Hwy  
Dress: Pyjamas or fancy dress  
Sausage sizzle, bonfire  
Donation entry  
Check out the new deck!  
Drawing of the winter raffle!  
RSVP and enquiries to CHRIS  
6493 6660

## Almost Organic Workshop

On Saturday 7 September from 9am a down to earth, practical and easy workshop will be held on site at Greg and Wilma Chinnock's home at 11265 Princes Highway, 6km south of the Cobargo Hotel.

Learn how to test your soil, when to plant various vegetables, how to sequence and rotate crops, mulching, worm farming and watering techniques. This takes place onsite on a vegetable garden that has fed a family continuously for 30 years without chemical intervention.

After lunch, local gardening guru Robyn Herdegen will give a session on propagating your own plants and Greg Chinnock will show you how to farm rabbits, grow trees on a large scale and see the value of sheep and goats in curbing weeds in the paddock.

Registration is essential. The \$10 charge goes entirely to Multiple Sclerosis and you will receive complementary morning tea and endless cups of tea or coffee. Please contact Wilma 6493 8310 a.h.

# Quintessentially Quaama

Jen Severn

**Pam Thistlewaite** tells me that **Vic** has at last been given a firm date for a procedure at The Canberra Hospital that will go some way to restoring the circulation in his legs. I was talking to Pam at the Quaama Fireside Fair last month where she had set up a stall to collect money for diabetes research. You would have seen the story on these pages last month about Pam and Vic's daughter Kelly, who is climbing Mt Kilimanjaro in Tanzania to raise money, also for diabetes research. Pam said that Vic's circulation has suffered as a result of his long-time diabetes and he now has trouble walking. All the best for 5 August, Vic. Looking forward to seeing you strolling about again.

Anyway, back to the Fireside Fair. We managed to dodge a nasty-looking weather forecast, instead getting a classic, crisp, mostly sunny winter's day. Perfect. Quaama Quisine in the supper room was doing a roaring trade in soups, stews and wholesome bakes. **Bhagya** told me she'd signed up 14 new members for the Quaama Progress Association. When I arrived **Catherine McEwan** was jujing up a model in hats and coats and various other items of apparel and bling for the appreciative onlookers. *Jujing*, I said. No, it's new to me too, but that's what it sounded like. Ask her. Maybe I got the spelling wrong. Maybe it's zsuzsing, à la Zsa Zsa Gabor?

After lunch I managed to catch **Dave Hooper and the Bad Examples** on the verandah stage. The Bad Examples are **Peter Honer** on keyboards, **Rob Connal** on cello, **Al Holly** on guitar – was it a 12-string? – and of course Dave plays drums and various stringed things. They sound great. A bit jazzy, a bit moogie, some classic covers and some very smooth original numbers. They got a few people dancing too.

**Sangito** tells me that she received a phone call recently from a friend in Darwin asking, was that really Quaama on River Cottage Australia the other night? Yep, we're really on the map now. Our little Harvest Fair featured on the second episode and starred Bhagya with her prize-winning pumpkin cheesecake. Or, so I've

heard. We don't have Foxtel and those online streaming sites always look a bit dodgy to me. If you don't have Foxtel either and want to see it, the Bermagui Country Club is showing it on Thursday nights at 8.30pm.

Anyway, also featured on the show were **Barrabarroo Farm Fresh Meats**, Quaama's favourite sausage makers. And their fame didn't stop there – the Barrabarroo team also took out a swag of awards at the NSW/ACT Sausage King Competition hosted by Bega TAFE last month, as you will have read on the front page.

So, back to the Fair (again)... there were 30 entries in the Cooking Comp and the winners (Judge's Choice) were **Caroline Long** for her Lemon Cordial (Citrus Preserves category) and **Kym Sinclair** for his Roast Vegetables with Cous Cous (Campfire Cooking). Highly commended were **Bayley** for his Lemon Butter and **Kara Coen** for her Orange Lemon Toffee Cakes. The People agreed with **Judge Kel** about Caroline's cordial, with **Annette Heyhorn's** Orange Butter the runner up in the popular vote, but respectfully demurred about the Campfire Cooking, voting for **Letitia Carroll's** Hot Pumpkin Pot as the popular choice with Kym once again awarded runner up, this time for his Roast Lamb.

In the Beanie Competition winners decided by popular vote were (Wildest) **Cathy Blake** for her much desired felted creation and runner up **Catherine McEwan's** attention-grabbing tam o' shanter, and Most Loved was **Bayley's** colourful creation, one that he made himself. Runner up was **Barbara McGinity**.

Kids' corner was very popular with a number of beautiful yarn weavings now adorning the "Fireside Tree" – special thanks to **Rebecca** for keeping the kids occupied for almost the whole day.

The QPA raised over \$700 which covers fair costs and leaves a substantial amount to be returned to community projects. Thanks go to the **Cobargo Pre-School** for hosting the BBQ, all the performers, presenters and stallholders, the untiring members of the QPA and to all the



Paul West, host of *River Cottage Australia*, with John Tracey of Barrabarroo

members of the community near and far who helped in the kitchen with setting up, clearing up and coming along. Can't be done without community help.

The next fair – the Spring Fair in October – will focus on springtime pursuits and on our younger community members. We want lots of kids' art and craft on display, and we'll be head-hunting local youngsters who perform, recite, juggle, dance, speak, create, cook, etc, to come forward and be involved.

The next event on the QPA calendar is the **Bush Dance** with **Kameruka Bush Orchestra** on Saturday 3 August at the Quaama Hall – starts at 6.30pm. Entry \$10 per head, under 15s \$5 or \$25 for a family of four. Details on [www.quaama.org.au](http://www.quaama.org.au).

On a sad note to end, Earl Horne passed away on Thursday 25 July at Hillgrove House. Condolences to Brett, Rachel and all the family.

Right, clockwise from top left: Bad Examples Rob Connal and Al Holly; Jan Kidd and Catherine McEwan talk bling; Dave Hooper heads up the band; the Quaama Quisine menu sold out; Chloe bought a horse and princess rider; Remy and Rain find their own entertainment; Judge Kel samples some Campfire Cookery; the Fireside; the band got feet tapping.

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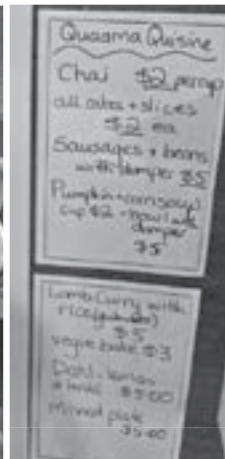
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# Quintessentially Quaama



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Cobargo 6493 6817

## Fashion Parade and Sale

Strangers in Paradise are not strangers to community which some called paradise as they demonstrated with their generous fundraising fun time with fashion. Tickets were \$5 each or (5 for \$20) to raise money for the fabulous Naomi Foster, who is recovering in hospital after suffering a mysterious spinal condition. We wish her a quick recovery!

The grand prize was the first print of a lavishly beautiful limited edition Penny Jones painting and the winning ticket was drawn on August 1 at Strangers in Paradise. It was an afternoon of high fashion and fun, with the sky blue and the days a little longer now.

## Local gentleman on wheels

There are people amongst us who seem to rise above the norm in providing their public service and harmony, without any obvious instruction or additional rewards. One such Gentleman of our Triangle is Wayne Marmont, seen each week day driving the bus to Bega and back. Wayne has been doing this since 2000 and 'everyone around town' knows him, well, mostly those who use his clean bus to travel to shop, see the dentist or doctor, bank and pay bills and/or just meet a friend for lunch in the big smoke. With a dry sense of humour, sunglasses often in place, and a kind word for each passenger, this driver of heavy vehicles brings service and cheer to all along his path. One could say he is our Bermi Man on the Bus.

An experienced Class 5 driver, Wayne first drove a bus for the local school around Jindabyne, Snowy Mountains, stepping up as a volunteer. Then, during the Olympics in Sydney, he was asked to take VIP groups to and from Olympic Park. Next, he took international chefs and hospitality guests on tours to areas like the Hunter Valley to give them glimpses of Oz and its experiences, such as Dr Jurd's Jungle Juice and other 'off the expressway' sights and scenes. This company struck gold with this



**On the buses, Wayne Marmont has everything under control**

employee and they are very thankful for him.

If you see the Bega Bus rolling along, from Bega to Bermi, Upper Brogo or Tilba and back, give a wave to the driver and if it is not Wayne that's OK, as such greetings add to our community spirit and its wellbeing. You can jump on or off as you need. Call them on 6492 5804 to find out more and mention to your doctor, dentist or others you have appointments with in Bega, that you are coming by bus and often your timing can be coordinated with their arrival or departure. Let's support a great little firm in our Triangle.

## 'Tiny Teddies' one year old – Happy Birthday!

Tiny Teddies Bubs and Mums Play Group for Bermagui started on 12 July 2012 and is a joint venture between Campbell Page, Schools as Communities and the CWA. This public celebration will be held at the Bermagui

Country Club on Friday 19 September, complete with a clown and jumping castle. All mums and bubs are welcome to attend this and the ongoing groups held weekly so please be sure to tell any friends that also have young babies to come along. To be part of this group, contact either Liz 0419 249 250, Claire 0432 179 417 or Belinda 0488 633 469. This is a great chance to meet other mums and bubs in Bermagui and have fun.

## Community Capacity Building

As a community, Bermi is surprisingly well supported with this program, designed to support families, carers, parents and children to eight years old. It aims to strengthen community connections through workshops, training and education. Also on offer are resources, information and volunteer home visits, underpinning the process of building strong families and thriving children. It is a free service from Department of Family and Community Services and locally sponsored by Campbell Page. Contact Liz Huggett on 0419 249 250 or [Elizabeth.huggett@campbellpage.org.au](mailto:Elizabeth.huggett@campbellpage.org.au)

## Bermagui Map – clarification

The article on the new map in last month's edition was misleading. Please see the article on the next page to discover what's really going on.

## Historical Vessel Replica

'Notorious', a full size recreation of a sixteenth century Spanish or Portuguese caravel, is sailing to reach Sydney by November, stopping off at several ports along the way. *Notorious* is the earliest ship reconstruction in Australia and will be open to the public for onboard inspections. The caravel was the first ship style to be designed specifically for ocean crossing and indeed Christopher Columbus crossed the Atlantic with his flagship 'La Niña', a caravel very similar in size. Undertaking an

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# Bermagui Banter

historic voyage up the east coast, *Notorious* is the first vessel of this type in these waters for 500 years, since Mendonça's epic voyage of 1522. They must have been much smaller then as her dimensions leave a lot to be desired for modern cruising in comfort, for more than a very small number of crew and passengers.

Inspired by the legendary Mahogany Ship (an ancient shipwreck discovered in 1836 on the SW coast of Victoria believed to be from Mendonça's fleet) Captain Graeme Wylie researched, designed and built *Notorious* over 10 years at his property in Bushfield, Victoria. She is constructed almost entirely from reclaimed Monterey cypress collected from parks and farms in the South West of Victoria – not a single tree was felled for her build. *Notorious* was launched at Port Fairy on 7 February 2011. She is 17m in length, has 5.5m beam, 2.1m draught and 55 tonnes displacement.

*Notorious* was a major attraction at the 10th Australian Wooden Boat Festival at Hobart in February this year. This historic voyage up the Eastern Seaboard of Australia is undertaken by Graeme and Felicite, along with their daughter Tegan and two shipdogs, Taz and April.

Please visit [facebook.com/notorioustheship](http://facebook.com/notorioustheship) for up to the minute info regarding location, opening dates and times, plus arrival and departure dates. Graeme and Felicite Wylie are on 0427 633 298, or at [notorioustheship@gmail.com](mailto:notorioustheship@gmail.com) for more information.

## Mark Latham to speak at Bermagui dinner

*hosted by the Bermagui Institute*

Topic: How Climate Change is Changing Western Society

Where: Bermagui Hotel

When: Tuesday, 24 September 2013 at 6 pm for 7 pm

Guest Speaker: Mark Latham

Limit: 50

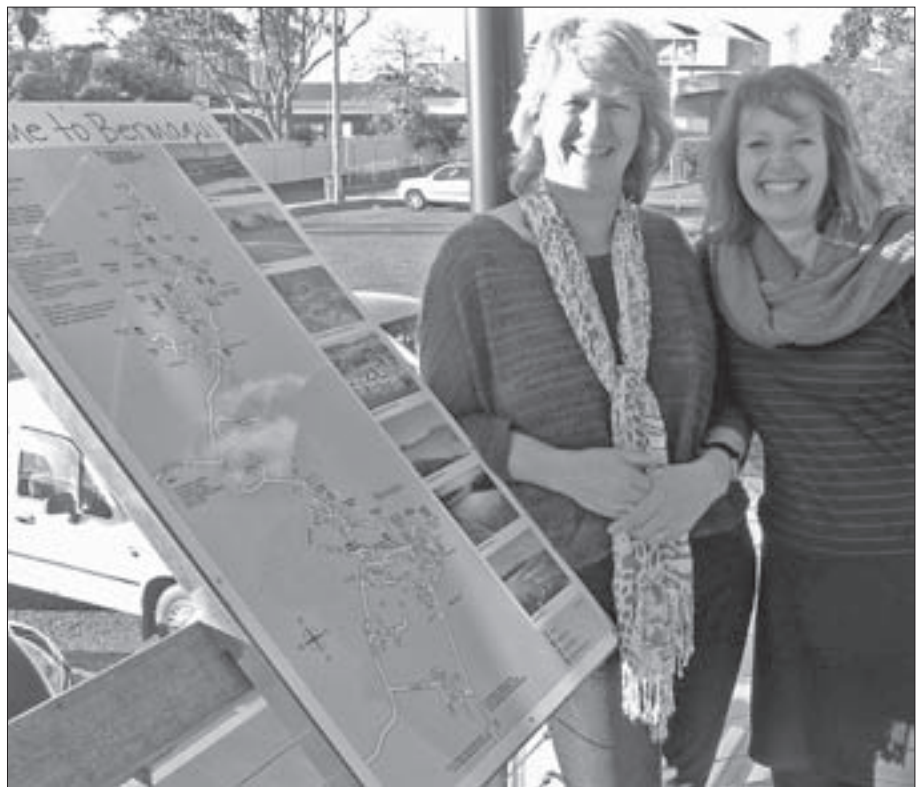
Formerly leader of the Australian Labor Party and leader of the Opposition from December 2003 to January 2005, Mark Latham's books include *Civilising Global Capital* and the bestselling *Latham Diaries*. He writes a regular column in the *Australian Financial Review*.

Please book and pre pay through the Bermagui Hotel on 6493 4206 – \$20 per person.

Please specify vegetarian or non-vegetarian food when booking.

*(Please also indicate when booking if you are a financial member of The Australia Institute.)*

## New Bermagui area map



Christine Bimson (left) and Gretel Bodiam, Bermagui Chamber executive committee member with Bermagui's new area map.

A large map has been produced by the Bermagui Area Chamber of Commerce and Tourism that details streets, attractions and services from Wallaga Lake Heights in the north, down to the industrial centre on Bunga Street, and west to Nutleys Creek Road.

Christine Bimson from the Bermagui Visitor Information Centre said, "In the 14 years I have lived in Bermagui I have never seen a street map that covers from Wallaga

Lake through to Bermagui on the one map. This is another great initiative of the Bermagui Chamber supporting tourism in our town. In conjunction with the printed visitor map, it is a wonderful resource for visitors and is also of benefit to the Chamber's member businesses."

The map has been sited on the verandah at the Bermagui Community Centre so is accessible at all times.

## Seaview Beach Houses win tourism award

Local entrepreneur Len Slater has won a South Coast Award For Excellence In Tourism in the category of 'Self-catering and Serviced Apartments'. These awards recognise the excellence in Tourism carried out by South Coast Tourism Businesses and Organisations during the financial year 2012–2013.

The criteria for this award was that the business or organisation must have been in business and been operating in tourism on the South Coast of NSW (ie in the Local Government Areas of Wollongong, Shellharbour, Kiama, Shoalhaven, Eurobodalla or Bega Valley Shire or in Jervis Bay Territory).

Len Slater won this award through his renovation of Seaview Flats. Originally built

in 1938 and named 'Seaview Flats', the old run down seven-unit complex was purchased by Len Slater in 2010. As a young boy, Len and his family would regularly stay in Bermagui at the Seaview Flats in the 40s and 50s. Len closed the complex down in 2011 to renovate and reopened in December 2012.

The Seaview Beach Houses maintain their original structure but with all modern facilities and décor and character of the iconic Seaview Flats. The complex has six brightly coloured duplex units across the front and one three-bedroom cottage behind. The Seaview Beach Houses sleep up to 41 people, providing the perfect place for family get-togethers.



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## Mystery historical article identified

In last month's *Triangle* readers were asked if anyone could identify the 'mystery object' shown. Not a problem for one Bermagui lady who had a similar vessel at hand, saved from the family grazing property. The object is a sheep drencher. Thank you for the reply.

The sheep drench was inserted into a container holding chemicals. The triangular hole in the side allowed a set amount of chemical to be retained in the vessel; the spout was inserted into the animal's mouth, and the contents delivered, to protect the animal from the hazards of intestinal worms. The first drenching 'guns' seem to have been available in Australia, from Elliott's, in 1947.

While on history: Father's Day is approaching. A woman in Washington, who, along with five siblings, was raised by her father, first thought of the idea in 1910. The

idea was supported by the local ministers and the YMCA. The idea took hold, and in 1913 the front page of the New York Times proclaimed: "FATHER TO HAVE HIS DAY".

The day was later endorsed by President Coolidge and eventually proclaimed as a permanent holiday by President Johnson in 1972. It is celebrated on various days throughout forty two countries in the world, but on the first Sunday in September, only in New Zealand and Australia.

Bermagui Historical Society will again honour the concept with a dinner at the CWA rooms on Saturday, August 31 at 6 pm for a cost of \$25 – BYO.

Ph: 6493 4108 or 6493 3171 for bookings.

**Top, the 'mystery object' identified: a sheep drencher, and below, a modern drenching gun**



## Students excel at Bermagui Karate Weekend

The Bermagui Japan Karate Association (JKA) Karate Club held its annual Gasshuku on the Queens birthday weekend. Seventh Dan JKA Nishimura Sensei travelled to Bermagui,



teaching students of all grades new ways to improve their karate in several different disciplines.

Kihon (basic movements) and Kime (focus) and speed were scrutinised implementing breathing, change of weight from supporting legs (Jikuashi) concentration and the breakdown of muscle movement including expansion and contraction, which relates to all areas of karate.

Several Katas were analysed in movement and Bunki (purpose) showing students the benefits of moving the body in a correct way to perfect Kata.

Kumite (fighting) in all stages in which students need to progress to free competition fighting were practised with spirited attitude by all.

The final part of the weekend's training was the grading. All students excelled and passed their examinations, progressing to higher belts. Leichelle McCaughtrie and Alistair Robson double graded, showing the

benefits of consistent concentrated training at the dojo. Drew Forbes and Paul Callaghan were promoted to 2nd Dan with a vigorous Kumite display highlighting their grading.

Students are now focusing on the Australian Titles to be held in September this year, with capable students being selected for the Australian team to compete in the World Championships in 2014.

Nishimura Sensei and his wife Robyn enjoyed their stay at the Bermagui Motor Inn, as guests of Sue and John Singleton. They were particularly impressed by the fine dining experience at The Sundeck Café, Bermagui Hotel and the Il Passaggio Restaurant.

Bermagui JKA is a non-profit organisation that welcomes people of all ages and abilities to join.

Come and enjoy the benefits of karate training twice a week at the Bermagui Sports Stadium at 6.30pm on Monday and Thursdays.

Call Chris McKechnie 0407 518 380



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## An Afternoon in the Goldfields

On a Friday afternoon in July, I visited the Montreal Goldfields to catch the premier showing of a new short film by filmmaker Massi Guerrisi. Local identities, Malcolm Haliday and Chris Franks, voiced the story describing the geology of the area and the massive volcanic eruptions that left us with Gulaga, (also known



Filmmaker Massi Guerrisi

as Mt Dromedary) and tells also how the alluvial gold deposits formed in pre-history in river beds later concealed by metres of soil.

The film also tells the tale of the disappearance of three farmers, a goldfield surveyor and his assistant, when they took a trip along the coast in a small boat. The boat was later found north of Bermagui in the area now called Mystery Bay. Whether the loss of the five men was the result of foul play or misadventure has never been determined but the damaged boat was found and reports seem to suggest that the damage was deliberate, making this the perfect mystery legend for a seaside town.

The development of the goldfields and some of the methods of working the gold are recreated in the film by actor Bill Shaw, who looks every bit the pioneer. There are photographs from the historical archives showing miners heading up to Gulaga and shots of the mining town that sprang up as word got out that gold had been found.

The original driver for making the film was to offer the story of the Montreal Goldfields to visitors who arrive during inclement weather

or who may not be active enough to manage the walk through the goldfields.

The Montreal Goldfields committee provided a great afternoon tea with delicacies that ranged from smoked chicken wings to sweet biscuits and everything in between.

Although it was not mentioned at the event I am sure that one of the reasons for holding the film premier in the new building was to celebrate the installation of the solar panels and batteries that powered the lighting, the DVD player and flat screen monitor. There are plans to increase the number of roof panels and to add a larger battery so there will be enough power to run a refrigerator.

The Montreal Goldfields Dunny Fund is still open and needs to increase before there will be enough money to connect to the sewer main which runs past the front gate.

Congratulations to the Montreal Goldfields Management Committee on all their work and the great result they have achieved.

*Jo Lewis*

## Michelina's Espresso Bar enjoys the Sweet Life Bermagui

The Sweet Life Bermagui specialises in handcrafted chocolates and a wide range of locally sourced confectionery. We are located in the Bermagui Arcade. Since opening our doors in February 2011, we have experienced a steady flow of trade from tourists and locals alike. The independently owned and managed small business was the idea of Bermagui residents Vanessa Viskovich and Loretta Reilly.

Recently Michelina's Espresso Bar commenced trading within the Sweet Life Bermagui premises. Michelina's specialises in Italian coffees, hot chocolates and light lunches. Illy is an Italian coffee known around the world for being the first company to have obtained DNV's "Responsible Supply Chain Process"

certification, which certifies the sustainability of the entire coffee production chain, from growers to consumers.

Vanessa brings her knowledge of commercial cookery and business acumen, while Loretta successfully operated her own small business in Perth, in the mid 2000s. We continually strive to obtain the best quality ingredients for our customers. Priding ourselves on maintaining an ever changing stock, we look forward to adding more product lines as we enter our third year of trade.

**Right, Vanessa with the 400 handcrafted chocolates made for a recent symposium in Batemans Bay.**



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## Tilba Bites

Firstly, thanks to Chrissie Potts for filling in for me while I was bitten by ferocious flu with the Tilba school news for last month's Triangle. It may have been called The Rectangle otherwise.

'Bites had a breezy email from Sally Pryor the other day, reporting her recent Christmas in July fundraiser bash at Clonlea. Obviously, still feeling bubbly (or still drinking it), she related that 28 souls sat down to feast on a sumptuous spread of almost entirely organic homegrown and local produce, including the beef and pork. Eat your heart out *River Cottage*. The Yuletide guests included three Italians, a German, three Poms and a Frenchie, all finding the winter weather more like their Northern hemisphere nosh up. No matter this July was one of the warmer ones down here in the Antipodes. Camp Quality was the benefactor to the tune of a healthy \$420 raised by the blind rabble ... but I'm sure Sal meant to write raffle. Phil Elton was Santa for the night. He was the "softest and squidgiest" among the guests according to Sally. So good on you various euros and locals for your generous "Xmas" spirit.

Less cheering for Marylin Cuthbertson down in Benbraggie hollow. She's met with fowl play of late with all seven of her ducks killed, not by a fox this time, but two or three roaming domestic dogs. One of her beloved brood was a just a few days off hatching. Within days of the slaughter, Marilyn and Danuta Graham were bailed up in the driveway by one of the dogs, the snarling cur coming back for seconds. The dogs' owner is known to Marilyn and is now aware that the Council fines owners \$2,500 for the dogs being on the property and \$5,000 if they kill stock. That's a pretty good incentive to do the right thing and lock the dogs up, hopefully. But back roaders might keep an eye peeled for the delinquent dogs, which travelled a few km for their feathery feast. Bloody dogs.

Without sounding like a broken record, I have to say there's a strange spirit lurking over Benbraggie. I thought I saw a couple of



**This Old House.** Oskar Appelgren, Cara Elton and son Ryder checking out the chances of keeping the cubbyhouse at home.

water buffalos in the hollow recently but then a giraffe on a skateboard wouldn't surprise me in that place. Maybe that was what brought the local from out at Penguin's Knob undone there in broad daylight a few weeks back. Must be Shippo's spectre lurking again.

Speaking of wandering ghosts, Elvis the Pelvis famously started his career making a self-funded recording, at Sun Studio in Memphis, as a gift for his adored mom, Gladys, who'd kept her beloved only boy well fed with his favourite food – fried banana and peanut butter sandwiches – all his youth. That he died on the toilet 24 years later as a result of his Mom's cooking doesn't need going into, but the point is that even the King of Rock 'n Roll started out pressing a 78 rpm vinyl of his Mom's fave, *My Happiness*, as a keepsake. (My Heartburn might've been more appropriate.)

But getting to the point, the Triangle territory now has its very own Sun Studio, one actually totally powered by the sun. Richard and Kim Cooke's back road Sanctuary Sound studios is up and running and open for business, especially the local kind. (See page 5 for the article and details.)

To me, the Tilba district has been host to many fine musicians down the years, and some great original music and songs written and performed that have deserved being recorded

professionally. Richard's long experience in sound production and his own skills as a musician can now help the hesitant consider making the effort to put their creativity on the record in an intimate friendly atmosphere of their home. So, even if it's simply your gumleaf rendition of Jailhouse Rock or Heartbreak Hotel that you'd like to leave to your kids, or an album of your band's best, think of Richard and Kim's Sanctuary as your local Sun Studio, a little bit of Memphis on the mountain, the green, green grass of home. Made in Tilba. It has a nice sound.

On that note, regular South Coast Cheese Cafe jazz band *Second Time Around* will be working with Richard at the studios to record their first album in the coming months. Their always laughing line up has changed recently with devilish Diggie's Creek drummer John Cursley now keeping the beat and local legend clarinettist Bob Porter joining the band full time. *Third Time Around* perhaps?

Barb and Keith Kerslake's boy, Carl, was back home at Lake McCarthy Heights recently putting the polish on his latest jazz guitar album, needing the serenity of the old garden shed to finish the job. The hills are alive with the sound of music, it seems. Julie Andrews wouldn't be out of place running up those mountain paddocks around River Cottage...though she'd

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have to watch out for the moo poo and rabbit burrows.

One of the early episodes of *River Cottage* saw 'Charlie' Lucas doing a job on the bunnies with his feisty ferrets. Locals without Pay TV have been catching up with the series at Pam's, where Cliff replays his recorded episodes on a Friday evening for those interested. Charles tells some tails of life behind the lens if you buy him a beer. Cliff might have to start putting a star walk out on the driveway at this rate.

Cara Elton, with help from the energetic local CWA girls, has done wonders so far with the Harold Spindler Memorial Playground plans for improvements. The CWA have secured a generous grant of \$25,000 from Australia Post. Council has been looking into the OH&S needs for the existing facilities, in particular the unique Tilba-esque cubby house, originally built by John Noonan and Geoff Portbury in the early 1990s.

As ever, Tilba is the square peg in Council's round hole so it's unclear what the solution is at this date. One choice is to move the cubby off the playground into the next-door block where it's not their responsibility. Another is to block off access and leave it as just a decoration or, Council's favourite probably, demolish it. The existing access ramp needs work and picket fencing around the basketball court is necessary too. But Council currently has 30 other playgrounds in the Shire to upgrade so no-one is holding their breath at this stage. It's a great start though. Well done girls.

Cara's ideas and calls for input have produced lots of good suggestions for the job including a parents' picnic table and weather shelter coming off the back of the toilet block, and the planting of a native garden within the ground. She's hoping to get some input from the Kooris on suitable local bush tucker plants in particular. Sounds a treat, bush tucker and more birdlife, right in town.

Cara's soft and squidgy dad Phil has been next door in the Halls of late making noise so things are on the move there too. He, son Scott and Kenny White were busy ferreting around the building's moving matters along during July.

Also on municipal matters, Darcy Hoyer is fuming over new Council burn-off regs,

which, according to him, aren't making much plain old common sense for people in the real world. Smoke between their ears he reckons. Might be worth a longer look for next month's issue due to lack of space here.

But, I can't let Darcy go without reporting his 50th birthday knees-up. He celebrated with a bonanza bonfire under the stars on the beach at Sherringham on July 13, a raging success by all accounts. Darcy's under a star himself these days, the tonsorial talking beard coming across very well in his *River Cottage* plumbing gig for the cameras.

I had a pleasant cuppa recently with Paul West and his bride-to-be Alicia out on the famous farm last week. (And here's a thing, Digger the dog is a lot bigger in the flesh than he is on the telly.) Now that all the shouting has stopped they've had time to relax and reflect on their rural riverbank. It's been a bit of a life in the fish bowl for Paul over the past few months so it's a relief to be able to settle in to the scene. The future is still uncertain as they wait to hear the decision on whether Fox TV will film a second series, but they're feeling very much at home in the district and hope that the series continues.

I imagine that goes for a lot of locals as well. It's all a bit of fun that we've been short of lately. Paul is originally from Murrumbidgee in the Hunter, so he's a country boy at heart. It turns out he's distantly related to Wazza Hadfield. It's a small world. And on Wazza, during July he had the disturbing experience of waking to find part of his eye on the pillow, looking at him. A detached retina meant a quick trip to Canberra for treatment but he's looking good now with that old glint in the eye back.

Retiring sundowners Ian Corfield and Col Rayner were up to see Di and Tegan Dibden at Emerald during July and report the girls are ridiculously happy in work and play with their iron men in that wild west gem town. I can't help but think of Di when the kookas are going off in the trees. And, that's a good note to finish on for this time.

All contributions for The 'Bites can be sent to me, jsmall7@tpg.com.au, before the 15th if possible. Ph. 4473 7406.

### The Crossing: seeking directors

*Expression of Interest for Voluntary Board Directors*

The Crossing Land Education Trust, a not-for-profit sustainability education centre for young people, is seeking expressions of interest for new voluntary Board Directors.

This is a unique opportunity to join a passionate and creative board, which is focused on providing innovative hands-on programs for young people and learning opportunities for the wider community.

The Board is seeking expressions from community minded people with a passion for sustainability and youth education and skills in one or more of the following areas: financial management, marketing, governance, education, and fundraising.

For further information and to register your interest, please contact David Newell on 0408 213 984. Further information about The Crossing can be found at: [www.thecrossing.thebegavalley.org.au](http://www.thecrossing.thebegavalley.org.au)

### Eid party fundraiser

The Loom Growers is a special project of the South Coast Producers Association. This Eid party is auspiced by the Loom Growers to raise funds for Mahboba's Promise, building schools, healthcare and permaculture gardens for Afghan widows and orphans.

Afghanistan is one of the poorest countries on earth with the highest proportion of orphans and widows in the world.

Eid is a special celebration held at the end of the month of fasting, Ramadan. This event will be held on Saturday 10 August at Bend Neighbourhood House, Bega from 10.30 to 12pm. All welcome.

A \$5 donation for morning tea includes belly dancing with Irene Bondin for women and children. Gold coin tours of Bend are available and there will be pre-loved clothing and jewelry for sale.

Parking is on East St or Bega St, walk in via footpaths. Enquiries: Carole 6493 3678 or Zoe 0423 985 946.

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## If you reckon that voting in the council recognition referendum is unimportant, read on ...

Do you remember when, as children, we discovered that if we kept on asking for something we sometimes got what we were asking for? And also the times, as a parent or grandparent, we gave in to repeated 'requests' for that special treat or risky adventure, just for peace and quiet? Humans seem to have this process in their genes because that is what is about to happen in the realm of 'local government' or municipal council, as it was originally designated.

Australia, as a country, may now be asked the same question for the third time in about 40 years. This renewed questioning is perhaps comparable to a six year old asking a dozen times in a day. The request: to recognise local councils as the third tier of government.

What is it all about? Why another testing of the people's feelings on this same matter? It is a complex issue and may not be easily clarified in a few lines so may I recommend anyone interested undertake their own research if they wish to improve their own understanding.

There are cases put for and against it, so the following will somewhat explore this whole topic and paraphrase some of how one former barrister sees it.

In September 2010, the government entered into a signed agreement with the Greens and independent members Tony Windsor and Rob Oakeshott, for their guaranteed support to hold this referendum. "One of the terms ... is to amend the Constitution so that it would recognise local government...". The government then appointed a committee called 'an independent expert panel' to report and make recommendations to it on several options. They are: (a) the level of support for constitutional recognition among stakeholders and in the general community; and (b) options for that recognition.

"In the present campaign to change the Constitution, the proponents have adopted a catchcry proclaiming that local government is the 'third tier (or level) of government'. However... our system of local government is not a 'tier (or level) of government' at all. It is a means used by the state governments for exercising aspects of their own administrative governmental functions. Local government itself is created and maintained by state government legislation, the geographic extent of local government districts is determined by the state governments, the powers of councils are determined by and conferred by state governments, the authority to make regulations is delegated (to councils) and supervised by the state governments, and the establishment of new councils and amalgamation of existing councils are matters for the state governments".

He goes on to say: "Democratic recognition. While it is true that elected members of local government councils are answerable to their voters ... the councils themselves are answerable to the state government and can be suspended or removed from office if the government decides there is sufficient reason. The final decision about whether local councils are elected or not lies with the state parliament".

Further: "The idea of 'democratic recognition' being included in the Constitution has the effect of limiting the power of the state government to fulfil its governmental responsibilities in such way as the state parliament chooses.

The 'independent' panel's discussion paper presents two possible proposals as follows: (a) Each state shall, and each Territory may, establish and maintain a system of local government bodies directly chosen by the people. (b) Each state shall, and each Territory may, provide for the establishment and continuance of a system of local government elected in accordance with the laws of the state or Territory. (The crux seems to be that:) Each of these proposals is an attack on state sovereignty. If either is appropriate at all, the place for it is the state constitutions, not the Commonwealth Constitution. Inclusion of either in the Commonwealth Constitution would limit the states' power on how their governmental responsibilities should be administered".

And from a neighbouring council's website, other information includes:

"In 2009, a High Court case brought into question the Commonwealth's legal ability to deal directly with local government because it is not included in the Constitution. This creates uncertainty about future Federal funding of local government or councils as state authorities of government. The proposed referendum to alter the Constitution to allow payments directly to local government would remove this uncertainty. It would not change local government's accountability or its status. The purpose is to give councils certainty and secure its ability to cater to the needs of local communities; this was the original intention when local or municipal councils were first established in 1840".

In fact, they are not the only nor exclusive source of such services and meeting the needs of communities, as private contractors and other service providers could equally and as legally provide for all our needs. They are so often subcontracted by councils to fulfil the need anyway, so we currently are paying the middle man, actually. The Australian Local Government Association website is a useful resource for more information.

Mr Mitchell\* asks: "Is there a reason why 'local government' is not already recognised in the Constitution? Yes. The first Constitutional Convention of 1891 decided not to include local government in its original draft, since it was a matter only for the states (or colonies) concerned. Subsequently, the draft was approved by a majority of voters. There have subsequently been two referendums asking the Australian voters whether the Constitution should be changed to include local government, in 1974 and 1988. On both occasions the voters firmly rejected the proposals. Moreover, local government falls outside the range of matters appropriate to establish and maintain Australia's federal structure; and, while very important, local government is a matter for the states and the state constitutions but not for the federal

Constitution".

In a country with an overproportion of bureaucracy in place already, some say, we may be asked to recognise another layer, symbolically, financially, democratically as well as recognition through federal co-operation. Is this too much or just right? Things in our society do change over time, true, yet even if this proposed choice is not put to the people of Australia, could we do better with what we have now, or are we wise to formalise decentralisation of laws, regulations, planning and revenue-raising? In so doing would we in future really be electing representatives that serve the community or simply endorsing greater power of the bureaucracy?

\*This article includes excerpts from David Mitchell, a former Tasmanian barrister and a delegate to the 1998 Australian Constitutional Convention, published on Quadrant Online.

One more often unknown point, slightly connected with the above topic, is that the Constitution actually only supports community and lawful regulation by '12 of our piers', i.e. elected councillors. We now see many municipal councils reducing this to ten or fewer, due to reducing costs, while maintaining or increasing staff and in the process reducing representation of the views and needs of their communities. What direction do we need take in order to sustain our society and local communities into the next century?

*Paul Payten*

### Broadband For Seniors

This is an opportunity for older women to have free access to Broadband for Seniors Kiosks; learn how to use the computer, the Internet and basic training for free; help them gain confidence using computer technology and the Internet; build community participation and social inclusion amongst older Australians; gain access the Internet and communicate with friends and family via email.

On-line training modules that are available include:

- Introduction to computers
- Using a computer
- Introduction to word processing
- Formatting a word processing document
- Introduction to internet
- Search the internet
- Introduction to email
- Gmail screen
- Send and receive emails
- Email etiquette

Available on Wednesdays, Thursdays and Fridays at the Women's Resource Centre at 14 Peden St Bega. Book in, secure your place, phone Gabrielle Powell 6492 1367.

The Australian Government committed \$15 million over three years (2008–2011) for the provision of 2000 internet kiosks to organisations that support seniors and want to host a Broadband for Seniors Kiosk and participate in this project.





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## Mumbulla Foundation: your community foundation

Board members of the Mumbulla Foundation are working hard to increase fundraising activities to provide more benefit for not-for-profit organisations within the Bega Valley Shire.

Last year saw the inaugural Mumbulla Speaker's Dinner with guest speaker, Ken Henry, which raised over \$6000. Unfortunately the plan for another dinner this year has not been possible as the anticipated guest speaker was unable to oblige. However there have been firm commitments from speakers for 2014 and 2015.

The popular annual Gala Event last year took the theme of 'The Great Gatsby' and raised \$14 000. These funds, together with \$25 000 from Bega Valley Shire Council and other independent donations, enabled the Foundation to award over \$70 000 in grants, distributed among several community organisations.

The Gala Event for this year is in the planning stages already, thanks to a pledge of \$10 000 from event partner, Bega Cheese. This year's theme remains a big secret until later in the year, but the date has been fixed so keep 18 October free in your diaries!

Soon the Board will advertise this year's funding round which will close on 27 September.

To simplify the application process, we removed the 'Expressions of Interest' stage last year and created electronic application forms. We also allocated two levels of grants for up to

\$2000 and \$7500 respectively. An Emergency Grant was also created to allow for organisations that required funds outside the annual funding round.

The Foundation is also working on guidelines for a Flagship Grant, to be offered next year for a project that will have a significant community impact across the Shire and over a number of years.

Under Australian Tax Office rules, Mumbulla Foundation is only able to give funds received as tax deductible donations to charitable organisations registered as Direct Gift Recipients (DGRs). A large part of our fundraising comes in this way, which limits the number of grants available for groups that are not DGRs. Therefore organisations that seek Mumbulla Foundation grants need to be aware that they may have greater success if they have DGR status.

There are many businesses and individuals within the Shire who contribute to our fundraising, ranging from those who donate items for raffles and auctions at the Gala Event to those who donate thousands of dollars, all going towards small, volunteer organisations that so desperately need funds. The Board remains ever grateful that businesses and residents of the area lend their support to the Foundation and truly 'give where they live'.

*Olwen Morris*



Mumbulla grant recipients 2012

## Bega Valley Coaches Customer Survey Bermagui/Cobargo/Bega Passenger Bus Service

If you care about the local bus service, please complete and return this survey!

How often do you travel on the bus?

Where do you board the bus?

For what purpose do you travel, e.g. shopping, appointments, visit friends, other?

Are there any changes you would like to see on these services?

If an additional service was added during the middle of the day, would you use this service and how regularly?

Any suggestions or comments?

Please return to the bus driver or post to PO Box 1026, Bega 2550. Thank you.

### Auric Quartet Residency Inspires

Did you come and see the final concert marking the end of the Auric Quartet's residency here in the Bega Valley? What an incredibly beautiful afternoon of music by and for the local community and supported by the Auric Quartet from the Australian National Academy of Music (ANAM). As a result of their residency here, Auric had time to prepare for the finals of the Asia Pacific Chamber Music Competition, and beautifully played a piece by Mendelssohn at the concert. It was truly awe-inspiring! But what was really special about the concert was the passion and enthusiasm from the quartet and all the young string players as they played side by side.

Sheena Boughen says, "These kinds of collaborations don't work unless there is someone pulling it all together locally. That's Geoffrey Badger: from choosing the repertoire that the Bega Chamber Orchestra, Heartsong Choir and Auric can play together, to running rehearsals, organising lessons and concerts, and supporting the quartet in realising the power of community engagement. His work as music educator here in the Valley is what has made this first residency so successful from both sides.

The quartet has left inspired by the generosity and appreciation from the community, totally enamored with the beauty of our place and asking when they can return! And you should hear what some of the parents have said about their young string players after lessons with the quartet members."

Megan and Ian Campbell, whose son Jim plays the violin, said, "It's like the light went on for Jim, he went from struggling to do his regular practice to hard to make him stop. He is very inspired."

Our hope is that the opportunities that we can help facilitate through music education within the local community touch lives in meaningful ways. Of course our vision is to continue to excite festival participants with the music of Four Winds but when visiting artists are given the opportunity to spend time immersed in the community, sharing their music and teaching skills, transformation occurs for both community and the visiting musicians.

As always you can find us at [www.fourwinds.com.au](http://www.fourwinds.com.au) and on Facebook. Check in to follow the pavilion building blog and for all the latest news.



Geoffrey Badger with Sheena Boughen and the Auric Quartet

### The world of watercolour painting

A two day workshop with Jan Ward



Jan Ward is doing it again – offering her excellent skills in the arena of watercolours to the people of the Triangle and beyond.

This workshop will take place at the School of Arts Hall Cobargo on the weekend of 17–18 August.

Participants from previous workshops enjoyed it so much that they are lining up again to explore this medium further. And as for Jan, she says very simply that she loves teaching.

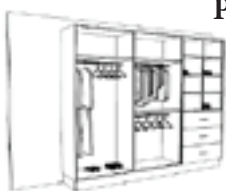
So if you are interested come along, choose a project and investigate various techniques in the world of watercolour painting.

For more information and bookings email [artsincobargo@gmail.com](mailto:artsincobargo@gmail.com) or phone 6493 7245.



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### Bermagui Beach Hotel

David and Cheryl Webster and James Hillier, who previously held the lease from '99 to 2002, are back!

There's a revamped menu in the Bistro, revamped bottle shop, monthly specials with the Bottle-O Neighbourhood group lines.

There's music every Sunday 4 – 7pm. And soon there'll be a membership system with discounts and other benefits.

Check us out on Facebook:  
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Ph: 6493 4206 Fax: 6493 4859





# Soft Footprint Recipes

Carole Broadhead

Hello readers, we have had some nice rhubarb lately and I have made a really easy rhubarb cake with the fragrance of rose water. It smells and tastes lovely and looks very pretty served with scalded / clotted cream.

Scalded cream was always on the menu Sunday nights at my Ma's farm. The family gathered and she made Cornish pasties and large scones, with the jam and the cream – what a treat. The cream was made on the side of the fuel stove in a large baking pan.

Scalded/clotted cream goes really well with this cake or practically anything else!

Now that Nic and Erica Dibden have produced the pasteurised, non-homogenised milk I thought I would have a go ... it doesn't seem to work with homogenised milk.

## It is very easy ...

2 cups of Tilba milk and a 500ml bottle of cream (not thickened)

I used my wok but a large pan would be OK. Add the cream to the milk and stir in well.

Put the wok or pan on the lowest heat on the stove-top and leave for 8–10 hours or overnight, turn off the heat and leave till cold ... mine was heated during the day and I let it stand overnight.

Using a skimmer or slotted spoon gently ease the cream from the sides of the pan, lift and drain the milk off then place in a storage bowl. Pour the remaining milk gently through a fine sieve and use for custard etc. Refrigerate the cream, it will be hard after a few hours!

## Now for the cake:

Heat the oven to 180 degrees and prepare a 9-inch tin by greasing it and lining the bottom with baking paper.

Cut one and a half cups of rhubarb about

a centimetre long. Divide the amount in half, placing half in a saucepan with a tablespoon of water and a tablespoon of brown sugar. Cook gently till soft then strain liquid off and let cool, reserve the liquid.

## Ingredients:

125g butter, 1/2 cup of sugar, 2 eggs, 1 cup self raising flour and half a cup of milk plus 2 teaspoons of rose water.

Plus 50 grams of butter and a tablespoon of brown sugar

## Method:

Cream the butter and sugar till light and add the eggs and rosewater, beat well and then fold in the flour alternately with the milk, making a soft batter.

Place the brown sugar evenly over the bottom of the pan then dot with the extra butter and sprinkle the raw rhubarb over it as evenly as you can.

Add half the cake batter, then top with teaspoons of the drained cooked rhubarb placed about a centimetre from the edge of the tin then cover with the remaining batter.

Cook for about 40 minutes ... test to see if done by placing a dry skewer in, if it comes out wet place back in for another five minutes or so till cooked through. To serve dust with icing sugar, cut in wedges while warm and add a dollop of clotted cream and spoon a little of the

reserved rhubarb liquid over the cream. You might like to add a couple of pink rose petals to garnish!

It makes a beautiful dessert or an indulgence with a coffee or champagne. Happy cooking!



# Halve Poverty by 2015

What is Poverty? Poverty is not hunger. Poverty is not lack of water. Poverty is disempowerment.

If you are poor you are not in charge; you have no avenue for change; and no one is going to listen to you. You get things you don't want because you don't have a voice: dirty water; lack of malaria nets; high rates of infant and maternal mortality.

Hunger and the points mentioned above are the result of disempowerment.

Thus says Valerie Browning (AM), an inspirational Australian, Christian nurse. She lives in one of the harshest places on earth – the desert of northern Ethiopia. Married to Ishmael, a Muslim clan leader of the Nomadic Afar tribe, they bring education and life-saving medical aid to the nomads. Valerie has adopted the Afar way of life and they have become her people.

During almost forty years of living in the horn of Africa, Valerie has nursed famine victims in Ethiopia, helped independence fighters in Eritrea, and reported undercover on human rights abuses in Ethiopia. She has risked her life many times for her belief in justice.

On 7 August at 7.00 pm Valerie Browning will be in Bega as guest speaker at an Electoral Forum on overseas aid. This will be held at St John's Anglican Church Bega.

From 6.00pm a light tea will be available for \$10.00, the proceeds of which will go to Valerie's work. Valerie will then speak on aid and development among Ethiopia's Afar people.

Representatives from each political party have been invited. Each will explain their party's views on the aid budget, and how it will be used to fulfil commitments to the UN to halve poverty by 2015 and contribute aid at the level of 0.7% of GNI by 2020.

Questions from the audience will follow, facilitated by John Liston and Mick Brosnan from the Sapphire Coast Social Justice Group.

This is your invitation to the forum to hear and question how well targeted overseas aid can work to change lives and make the world a better place.

This event forms part of the Micah Challenge coalition's national 'Finish the Race Campaign'. Micah Challenge is a global movement of Christians and community groups speaking out against poverty and injustice. For more information contact Rev Gail Tabor 6492 0586 or Carol Bartlett 6495 9456.

Leona Cairn



Daph Sweeney, Leona Cairns, Rev Gail Tabor, Betty Corby, Sunny Goddard, Jill Collins, and Tabitha Zweck supporting the Micah Challenge to Halve Poverty by 2015. This is in preparation for the visit to St Johns Anglican Church on 7/8/13

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## Book Review

Heather O'Connor

**Melissa Lucashenko,**  
*Mullumbimby,*  
University of Queensland Press, \$29.95

I have to admit to buying this book purely on the title, because there are so many Triangle residents who've migrated from that region!

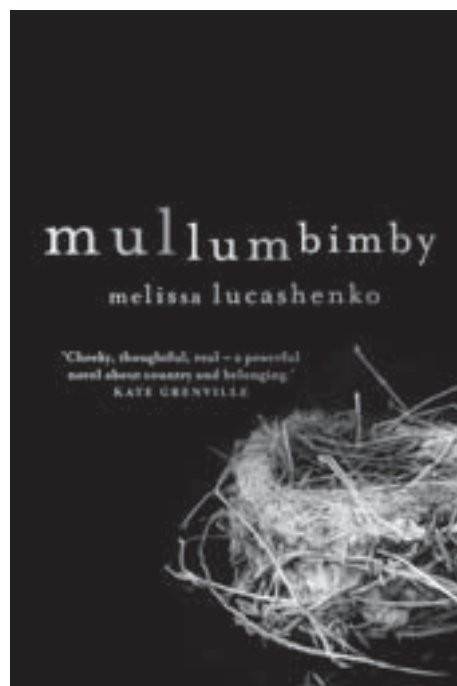
Melissa Lucashenko is a publisher of books for both teenagers and adults. She brings all her powers of observation and especially, her humour to this novel, whose central character, Jo, is an Indigenous woman, as she is herself.

Jo is the ultimate "battler", living with a difficult but much loved teenage daughter, working in the local cemetery and for all the

hours that remain, on her newly acquired farm. Against her better judgment, she becomes involved with an Indigenous "blow-in" who is battling to win native title over the land adjoining Mullumbimby.

Apart from this being a cracking yarn, it captures both the tragedy and the humour that pervade the lives of people outside the cities, and of the loves and the hates of local families.

This is above all a novel about what it means to be family, and what it means to belong. The language of Jo will resonate with anyone juggling with work, life, family and the constant battle just to stay on top. I'm really pleased I picked this up just because of the title!



## Pet of the Month

Kipper the 4 ½ year old male Staffy x lost his home when his family was unable to find a rental property that would allow pets. He is used to children, very well behaved in the house, and is very keen to please his human. He feels the cold so he will need a good coat for the winter months. Kipper loves walks, runs on the beach, bones to chew, food in general and lots of pats and affection. He has been happy to mix with all dogs on the beach and any that have joined

his foster home.

Still hoping they will be adopted soon are, Rusty, the 9 month old male Pomeranian x; Kookie, the male 2 year old Jack Russell; Buddy, the 2 year old male English staffy x; Pearl, the 5 year old female short-haired; Bear the 10 week old Staffy x; Sooty, the male 2 year old DSH; Reggie, the male 12 year old Foxy x Kelpie; Ellie, the 17 week old female Foxy; and Bowie the four year old white male DSH torte.



Kipper is keen

Why would you get a pet from anywhere else when the cost is half what you pay when you take on a 'free' (but with nothing done) pet. All adult cats are available for \$100 and kittens for \$175. Pup and Dog adoption fee of \$300 includes de-sexing, vaccinations (two x c5 for pups and two for kittens), micro chipping, worming vet check, flea and tick

treatment and heartworm testing for dogs.

Animal Welfare League NSW Far South Coast Branch is very short on carers so they cannot take any more animals into care until some are adopted. If you would like more information about how you can become a carer or if you are interested in adopting one these pets please call 0400 372 609. Animal Welfare League NSW Far South Coast Branch now has a Facebook page! [www.facebook.com/AnimalWelfareLeagueFarSouthCoastBranch](http://www.facebook.com/AnimalWelfareLeagueFarSouthCoastBranch)

Keep pets happy and healthy during the cold. If your dogs do have to stay outside for some reason during winter protect them by providing a dry, draft free kennel and a warm coat. As keeping warm depletes pets' energy, they will need more food and they of course still need fresh water. Cats and birdlife tend to seek out warm engines in parked cars so it is a good idea to bang on your car hood to scare them away before you start your engine.



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## The Triangle's *Eco Edge* Contribution

Local environmental company AKT is again sponsoring a page in the Triangle every month this year. Our brief is pretty broad: the page is to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership.

Every month we'll publish the best creative contribution – story, essay, poem, painting, drawing, photograph, sculpture (well, OK, a photograph of a sculpture) – we receive. Contributions must be on an

environmental theme. And in December we'll announce the overall winner. This time the competition is open to all ages. We put this idea to Joe Dorado, AKT's CEO, and he's right behind it; he's offering \$400 for the winner. Entries must be received by the 22nd of each month. So put your creative caps on and get creating!

This month's creative contribution is a poem by Skye Etherington of Wallagoot, with another photo from Michael Adams of Tathra.



### Walking with my eyes open

walking with my eyes open  
breathing with my skin  
i absorb the flavour of tree bark wind and flower  
sounds laid in my ears

connected in time to this place  
land unfurling  
a rapid expansion and a gentle cooling  
now all seems still  
yet the changing tides are pushing rushing  
a curling wave unfurling falling

we see nothing  
these human eyes blind to the lands mystery

what gifts will flower while eyes are closed ?  
shall I blink to progress my movement  
lay an offering on the altar of forgiveness  
express gratitude to the leaves that fall

each moment crisp in detail penetrates my senses  
absorbs me in the moment of beauty  
the forever of now  
and yet it is fragile transparent and fleeting

time moves on  
while the bird is drinking at the water bowl

Skye Etherington

### Fishers please be mindful of discarded line

Fishers are reminded to leave no trace of line, hooks, or any other equipment after an endangered Pied Oystercatcher was found dead at Mogareeka near Tathra.

A local paddler discovered the bird entangled in a piece of fishing line that had nearly severed both of its feet.

NSW National Parks and Wildlife Service (NPWS) Ranger for Ben Boyd National Park, George Malolakis, asked fishers to be wildlife aware.

"When fishing, try and cast away from foraging birds and make sure you collect any discarded fishing line or other fishing gear", Mr Malolakis said.

"Death by entanglement is not humane

and while most fishers have great respect for the environment, a thoughtless few can do serious harm. The shortest piece of line or the smallest hook or lead weight left behind can injure or kill wildlife. If you do inadvertently hook a bird please don't panic and do not cut your line. Gently reel the bird in and place a towel or shirt over the bird's head, then very gently try to remove the hook or line. Do not release the bird if hooks have been swallowed or are too difficult to remove, instead call your local wildlife care group.

This entangled bird carcass was delivered to WIRES and while nothing could be done, this was the right thing to do.

NPWS works closely with licensed

wildlife carers like WIRES and both organisations remind the public to be mindful of the unintended consequences fishing line causes for native animals".

The Office of Environment and Heritage supports the community to protect our natural environment. Report injured wildlife on the local Far South Coast to the Wildlife Information Rescue and Information Service, or WIRES, on 6495 4150.



## Classifieds

### FOR SALE

**Polycraft Tuff Tender 3 boat**, brand new condition. Includes Oceanic trailer, Mercury outboard 15HP, electric start battery, bimini, fish finder, oars, lifejackets etc. Perfect small outfit for estuary or river. \$5 200. Call Anna (Beauty Point) 043 8967 030

**Mulch** - large green bales for sale \$50 each. 20 available, buyer collects. Victoria Creek. Tel 4473 7522

### WORK WANTED

**GARDENER/COMPUTER TECH.** All mowing, gardening, weeding, clearing, tidying jobs, plus demystifying your PC and software, solving email and internet problems. References available. Call Dave on 0419 195 940.

### HORSE AGISTMENT AVAILABLE

In Quaama for 2 -3 horses. Good fences and pasture. Yard with shelter and riding arena. \$35 per week. Available approx Sept. ph 0414 353 611.

Please note: we will discontinue classifieds after one month unless advised by the advertiser

### Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us [the\\_triangle2@bigpond.com](mailto:the_triangle2@bigpond.com).

## Blokes of the Triangle

### Knots

I never had a father to show me how to do a Windsor knot, or a trucker's knot. I feel so disadvantaged and yet so liberated. I can make my own mistakes. We all know the half-Windsor, the knot of the school student. The full Windsor is fuller, more luxurious, there's more to it. Is it perhaps more gentlemanly?

The sliding reef, however, is more blokey. By this I mean it works, you can actually tie the rope like a new ratchet device. And use it for something useful rather than just impersonating a gentleman.

As a bloke I have an underlying animal current of wanting to bash things into shape, but even that takes a certain finesse. Bashing things without finesse usually means breaking them. I have learnt from my mistakes and now I use subtlety, sensitivity and the right tool to bash things.

Basically I'm pretty confused about masculinity, I mean I'm not even too sure what it is.

Do you know what it isn't? Well, it's not about telling the other half how to live. It's not about doing it all in your own way. I want female softness, warmth and curves in my life. I want their attention to detail and a different perspective on bashing things. I want a grounding deflation. Oh, and clean undies.

The past may have been about assigning gender roles but for future generations society will be more equitable: you're going to have to open your own doors. And I'm going to have to allow it. Yes, I will wave you off to war and you can teach my sons (and daughters) how to tie a Windsor knot.

*Name withheld*

### ATO Tax Help

Tax Help volunteers operate from Women's Resource Centre

#### What is Tax Help?

A free and confidential service to assist women to prepare tax returns using *e-tax* and lodge a tax return electronically.

Support women with claims for refunds

Encourage clients to prepare the tax return themselves.

#### Who is Tax Help for?

Tax Help is for women on low incomes who need help with their tax returns

This including seniors, people from non-English speaking backgrounds, those with a disability, Aboriginal and Torres Strait Islander people and other people with special needs.

Available on Tuesdays only commencing 16 July 2013

Women's Resource Centre 14 Peden St Bega.

Book in, phone 6492 1367

Women's Resource Centre is a non-profit organisation that provides information, referral, support and drop-in service for women of all ages.



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#### AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St Narooma, Saturdays 11am, Uniting Church Hall, Wagonga St. Ph Dean 0407 302 545

#### ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall  
Ph Dave on 6493 5014

#### ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club Bega at 10am: 16th April, 18th June, AGM - July, 20th August, 15th October, 17th December, 2013. All enquiries phone 0400 372 609. All welcome.

#### ANGLICAN PARISH OF COBARGO AND BERMAGUI

Christ Church Cobargo: 1st Sunday 10am Holy Communion, 2nd - 5th Sunday 8am Holy Communion. All Saints Bermagui: 1st Sunday 8am Holy Communion, 2nd - 5th Sunday 10am Holy Communion. St. Saviour's Quaama: 1st Wednesday 10am Morning Prayer, 3rd Sunday 10am Holy Communion

#### BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

#### BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon.  
Contact Heather on 6493 6310.  
Competition Badminton - Wednesdays 7pm to 9pm

#### BERMAGUI BAPTIST CHURCH

West Street, Bermagui.  
Family Service 11.00 a.m. All Welcome.

#### BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

#### THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

#### BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

#### BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6.30pm. Ladies and men. Contact Nerida on 6493 4364

#### BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

#### BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2.00-4.00pm. New players always welcome, tuition and friendly games always available, equipment provided.  
Call Dave, 6493 5014.

#### BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month  
Contact: bermaguidunecare@skymesh.com.au

#### BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.  
Meetings every Tuesday 6pm. Ph. 6493 4199

#### BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

#### BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

#### BERMAGUI U3A

(University of the Third Age)  
Lifelong Learning Opportunities  
For a full list of courses and timetable visit:  
www.bermagui.u3anet.org.au

#### BERMAGUI WEIGHTLIFTING CLUB Inc.

Gym room Bermagui Sports Stadium.  
Facilities for Olympic Style Weightlifting and training with weight for all. Coaching is available.  
Wednesdays and Sundays 4pm to 6pm.  
Contact John, 6493 5887

#### COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

#### COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms.  
Contact Lynn Parr 6493 6795.

#### COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

#### COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms)  
\$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

#### COBARGO SoA HALL COMMITTEE

Meets quarterly. Hall bookings and inquiries: Sheelagh Brunton 6493 6538

#### 1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

#### COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

#### COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.  
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

#### COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.  
An initiative of Cobargo Creators

#### COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries  
phone 64938141, 64936948 or 64936435

#### MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo - once a month on a Wednesday 1.30pm-2.30pm at CWA cottage, Bermagui - every 2nd Friday 10.30am - 12pm in the Ambulance station. Quaama - Wed. by prior arrangement. Enquiries: 0428 667 924

#### SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

#### SPIRITUAL FOLK CLUB - CONNECT!

Every 3rd Sunday of the month, 4.30 for 5pm. Open mic for songs, poems, stories, testimonies. Narooma Uniting Church hall behind the church, Princes Hwy.  
David 4473 7838.

#### TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall  
Stall booking essential, phone Kay on 4473 7231

#### TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

#### QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

#### QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

#### QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www. quaama.org.au

#### MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd.  
Minister Rev. D. Oliphant. Ring Col: 6493 6531  
Churches also at Narooma and Bodalla

#### MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30  
3rd Sat Month @ swings. All Welcome.

#### LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

#### DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

#### OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am.  
Inq: Rev Linda Chapman 0422 273 021.

#### NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

#### HEART TO HEART

2nd & 4th Saturday of month from 12.30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

#### NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club, Now paddling on the Wagonga Inlet, Narooma. For information contact Peter or Kathryn Essex on 4476 3952 or email narooma.bwd@gmail.com

#### WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

#### THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices are advertised in *The Triangle* for non-profit groups free of charge. If details of your group change, please advise us at the\_triangle2@bigpond.com

# For the Fridge Door

AUGUST			
Sat 3	Clean Energy for Eternity 'meet the candidates evening'	Bermagui Country Club	6pm
	Planting day	Narira Creek Cobargo	10am
	Woohoo Review	Murrah Hall	7.30pm
	Bush dance	Quaama Hall	6.30pm
Sun 4	Ricky Bloomfield	Bermagui Beach Hotel	4pm
Wed 7	Electoral Forum on overseas aid with Valerie Browning	St John's Anglican church Bega	7pm
Fri 9	Cobargo preschool 20 <sup>th</sup> birthday party	Cobargo preschool	5pm - 8pm
Sat 10	Eid Party fundraiser	Bend Neighbourhood House, Bega	10.30 - 12pm
Sun 11	Dale Huddleston	Bermagui Beach Hotel	4pm
	Blacksmithing demonstration	Galba Forge 345 Yowrie Road Phone 6493 7153	1pm to 5pm
Sat 17 & Sun 18	Watercolour w'shop with Jan Ward	School of Arts Hall Cobargo	9.30am - 4.30pm
Sun 18	Candy McVeity	Bermagui Beach Hotel	4pm
Sun 25	Tin A Tuna	Bermagui Beach Hotel	4pm
Sat 31	Bermagui Historical Society's Father's Day dinner	Bermagui CWA rooms	6pm
SEPTEMBER			
Sun 1	Father's Day: Vince Melouney	Tilba Valley Winery	12.30pm
Wed 4	Social bridge at Tilba Winery	Tilba Valley Winery	2pm
Sat 7	Almost Organic Workshop Phone Wilma on 6493 8310	11265 Princes H'way Cobargo	9am start
REGULARS			
Sundays	Cobargo Community Church	Wandella Hall	10am
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am - 3.30pm
	Bingo	Bermagui Country Club	11am
	Karate	Bermagui sports stadium	from 6.30pm
First Tuesday of the month	Narooma & Districts Camera Club technical evening	Anglican Church Hall, 13 Tilba St, Narooma	7pm
Tuesdays during school term	Tilba Craft Connect Playgroup	Small hall Central Tilba	1pm - 3pm
Every second Tuesday of the month	Cobargo Tourist & Business Association meetings	Cobargo Visitors' Information Centre	6pm
Every second Tuesday	Mother's group	WRC, Peden St, Bega	10am - 1pm
Third Tuesday of the month	Narooma & Districts Camera Club photo club evening	Anglican Church Hall, 13 Tilba St, Narooma	7pm
Wednesdays	Scrabble	Well Thumbed Books Cobargo	10am
	Cash countdown, raffles, pool comp, trivia night	Bermagui Country Club	from 5.15pm
	Women's Hoola Hoop Class	Big hall Central Tilba	1pm
First Wed of the month	Bermagui Historical Society Meeting	Bermagui Museum in Community Centre	2pm
Thursdays	Art & Craft Scrapbooking	WRC, Peden St, Bega	10am - 12.30pm
Thursday nights	Dance and move	Quaama Hall	6 - 8pm
	Karate	Bermagui sports stadium	from 6.30pm
Every second Thursday	Senior's Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Storytime for pre-schoolers	Well Thumbed Books Cobargo	11am
	Meat raffles	Cobargo Hotel	from 5pm
	Raffles, pool comp and entertainment	Bermagui Country Club	from 6pm
	Tiny Teddies Play Group	CWA Hall Bermagui	10am - 12pm
Saturdays	Punters Pick	Cobargo Hotel	from 5pm
	Live band or DJ	Bermagui Country Club	8pm
	Under 16s art classes	behind Cobargo Supermarket	10am - 11am
	Laneway markets	Main street Cobargo	9am - 1pm
	Tilba Markets	Central Tilba Hall	mornings
Sundays	Hoola Hoop Class	Big hall Central Tilba	2pm
	Spin and Juggle Workshops	Big hall central Tilba	3pm

Email your events with date, time and venue to the\_triangle2@bigpond.com by the 22nd of the month