

THE TRIANGLE

COMMUNITY

EST.
SEPTEMBER 2002

QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

Circulation 2000 plus online visits

Issue No 114 November 2012

Tilba Tops State



TILBAathletesPIC: Standing Tall For Tilba, State Champions in the Relay. L to R. Alexander Waddell, Tommy Hawken, Coupar Woods and Eric Hills.

It was GOLD GOLD GOLD GOLD for Tilba School after their track relay team won a State Athletics Championship at Sydney Olympic Park Athletics Centre at Homebush Bay held on October 18. Tilba's team, Alexander Waddell (y6) Tommy Hawken (y5) Eric Hills (y5) and Coupar Woods (y3) outran teams from 27 other N.S.W. small schools to bring home the Norman & Elizabeth Austen Small Schools Relay Championship perpetual trophy at the N.S.W. Primary Schools Sports Association Athletics Championship.

Although a Small Schools trophy, all the events were run together with mainstream city and regional schools at the venue. 'Small Schools' are classified as having less than 54 students. Tilba Primary currently has just 37 enrolments, making their 'feet' even more outstanding. The boys are also Tilba School's first State Champions on the honour roll.

Getting to Homebush was a long and

winding road for the team from originally beating Quamma Public in their combined schools athletics carnival on July 19 this year where times were taken to start the qualifying process. The boys performed well at the District Athletics competition in Narooma in August before travelling up to Canberra for the Regional titles on September 3. and then finally Sydney for the State finals in October. At Homebush on the 18th the boys came 5th in the morning's timed heats taking them through to the Semi, which they won, earning a lane in the big one. They beat a Sydney school across the line to win the Final. Their winning time was 1.01.94, beating their personal best set in the Semi, proving they got faster as the day went on.

Linda Lonergan from Tilba School says that although Tilba often makes the heats of these athletics and swimming carnivals the small numbers in the school work

against them usually. They're competing with much larger schools, even within the Small Schools category, whose athletes are generally picked from their year 6 students. The State's swiftest relay team from Tilba had only Alexander from year 6, with Tommy and Eric in year 5 and most remarkably Coupar, only in year 3.

Their families had a nailbiting but thrilling day in the stands following their fleet footed kids, and a long rowdy drive back home to Tilba no doubt.

The boys put their all into training for the big day, using their recess and lunch periods over the past few months to practice the vital baton changes.

The school paid Phil Jones from Bodalla School to spend a few

hours with the team to polish up the baton change performance in the weeks prior to packing their runners and hopes for Olympic Park.

A big Well Done to the parents for all that dedication getting the boys to and from the meets over the past four months. A triumphant team effort all round. The school P&C provided the families travelling to Homebush with \$100 each towards expenses. The Triangle's \$500 donation earlier this year to the school, one of three local schools gifted, for excursion costs, helped to meet the substantial expenses. It makes you realise how much harder it is for small country schools to give their potential junior athletes the ways and means to compete at higher levels. It takes a tremendous effort for all concerned. Alexander, Tommy, Coupar and Eric are currently walking very tall. Bravo to the boys from the bush.

As one of the founding members, this will be my final editorial. After ten years, I feel now that we have such a wonderful team it is time to hand the reins over to someone else.

Much has gone on during these years from the enormous learning curve we all had with computers, programmes for layout, selling advertising, making sure we had enough in hand to pay the printer and in the meantime collecting enough 'news' to hold the community interest. There were lots of hiccups but now The Triangle is firmly entrenched providing a reliable source of information for our small area – having bought one of the local more southerly papers recently, I cannot help but be surprised.

There still will be hiccups (even the

big broadsheets have them) but we thank our readers and advertisers for their support over the years and know that it will be ongoing.

Change in the area over the last ten years has also been huge and our countryside and villages seem to be under threat, ie the huge roadworks north of Tilba, soon to be repeated on an even larger scale in Dignams Creek and elsewhere to provide access for those B double and B triple trucks. Look out Cobargo, Narooma etc. Those who care may have to really join a fight to preserve the quality of our surroundings and our villages. This includes questioning the support for an ever larger supermarket supposedly selling cheaper goods – do we want to sell out our villages and see the

people in business disappear for cheap groceries and vegetables which have been on trucks for days? Be very careful what you wish for as you cannot restore the peace and quiet once it has been desecrated, ask other villages such as Culburra near Nowra for their results and many of the residents of Bega affected by the 'new development'.

We congratulate our newly elected Mayor, Bill Taylor and hope that he will take some of these sentiments on board before it is too late.

Our AGM is next week when we will be electing our new Office Bearers for the following year, I wish them all the best and know that The Triangle will be in safe hands.

Letters to the editors

This letter is being reprinted alongside Maggie Clowes response to clarify the situation - Eds

Re: Your article –

“The Castle comes to Dignams Creek”.

I write in reply to your opinion piece about the proposed Princes Highway upgrade at Dignams Creek.

Roads and Maritime Services (RMS) works together with communities to reduce the impact of proposed road upgrades.

Your article provides the quote “Hi we’ve come to wreck your life – direct quote from the Acquisitions Manager” we would like to assert this is not a quote from the Acquisitions Manager and no one from RMS said these words during any meetings with the local community.

RMS publicly displayed a preferred road corridor and alignment for comment in December 2010 and consulted directly with affected land owners and local councils. The road alignment displayed in December 2010 needed large scale bridge and road work. A presentation outlining three options for the upgrade was placed on the RMS website soon after.

As part of the ongoing planning process, RMS is now reviewing the proposed road corridor and is investigating an alignment to the west of the existing Dignams Creek Bridge. This is a result of community concerns and the need to progress a design which gives better value for money. The western option now being investigated would reduce the impact on Dignams Creek valley and could be built at a considerably lower cost.

The option displayed in December 2010 was costed at an estimated \$90 million to build. The option now being investigated could possibly be built at less than half.

The property formerly owned by a Dignams Creek family will be heavily affected by whatever option is decided.

As part of RMS investigations, geotechnical studies are being carried out in the area west of the existing Princes Highway. This work involves drilling boreholes and digging

test pits to better understand ground conditions.

The Dignams Creek upgrade aims to improve the highway to current standards to improve safety and reduce crashes, with a full realignment in the northern portion of the project. In the southern part of the upgrade RMS is investigating using the existing alignment where possible with some road widening and a central median to further reduce the chance of vehicles crossing on to the wrong side of the road.

RMS has reviewed the road to the north of Dignams Creek and will start development of this portion of the highway when funding becomes available.

South of Dignams Creek the Princes Highway is of a higher standard and no further work is proposed for this section.

I trust this provides some clarification for your readers.

Yours faithfully

Bradley Turner

Roads and Maritime Services Regional Manager, Southern

Response

I am very upset by the response from the Roads and Maritime Services (RMS) to the article regarding the Dignams Creek Road realignment. John & I are one of the severely impacted property owners and I would like to suggest to Bradley Turner that he speak with Peter Hawkins the RMS project manager who sat in our lounge room and showed us exactly where this proposed new western alignment would go. It will go right through the middle of Dignams Creek Valley - severely increasing the impact rather than reducing it by removing valuable food producing river flats, it is being nationally hi-lighted that Australia need to preserve its agriculture land as per the National Food Security Plan!

The December 2010 option (eastern

option) according to the RMS ticked all the boxes for least impact on the valley environmentally, it had higher economic benefits and to quote the RMS “the eastern option 1 achieves a safer and more efficient standard of alignment”. This we have in writing from the RMS!

This new proposed option is all about cost with no regard to environment and now severely impacts on three properties instead of one! With regard to Bradley Turners statement that the resumed Pretty property would be severely impacted no matter which option was selected, this is untrue.

Option 1 was the only option that impacted on the home. The other options will be offset by reclaiming the old highway area! This is verified by the intention of the RMS to resell the property when construction is complete.

Peter Hawkins also voiced that one main reason for going away from the accepted eastern option was due to community concerns – I asked him to tell me exactly who this community was – his reply was the “The Dignams Creek Community”.

I then informed the community group of this and they were extremely resentful of this suggestion as they did no such thing. They sent a strongly worded email to the RMS of which I have a copy. Peter Hawkins phoned Alan Burdon, representative of the community and agreed that the community had accepted the eastern option as the best option and did not have concerns. How dare Bradley Turner still list community concerns as a main reason to move away from the Eastern Option 1!

I cannot emphasise how many concerns the community have about this new proposal, which the RMS do not appear to be addressing! Bradley Turner states (2nd paragraph) “that the RMS works together with communities to reduce the impact of proposed upgrades” So where are you Bradley!

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Letters to the editors

The RMS have also informed us that the construction will be considerably larger than that of Victoria Creek and you have all seen the extent of that construction. Plus the eastern option was costed at \$85 million not \$90 million –do get your facts right Bradley before you air them to the public.

This is solely about money- we have also been informed that the new bridge has to be able to withstand B-Doubles –so after they get over Dignams Creek bridge –how are they going to negotiate Cobargo village, Brogo bridge, Allsops, never mind Narooma bridge! Clearly not for a very long time so why not save even more money and just rebuild the existing bridge.

Far from clarifying the situation, Bradley Turner's response has inflamed the situation and caused great distress to those of us whose lives have been turned upside down.

*Maggie Clowes
Dignams Creek*

Desperately searching for you

Thank-you in advance to anyone who takes a moment of their time to read this; my name is Jayde and I am 28 years old. Recently I read an article from the July 2010 issue of the Triangle regarding Bermi Burgers and its owners Jeanette & Terry Hendren. Unfortunately I have also discovered that this shop has been closed for some time, and my heart sunk.

Terry Hendren is my father, and until I discovered this article the only evidence I had that Terry existed was a photo of him on his wedding day to my mother, 30 years ago. My

search for you; Terry, has been something that I've been doing since the age of 16 when I discovered your name & meaning to me.

I would love to be able to meet you & I would be sincerely grateful to anyone who has any information that will help me in my endeavor and journey in finding Terry.

I can be contacted at rose-jay@hotmail.com or on 0413 073 563

sincerely, Jayde.

The Night

To the insensitive, uncaring persons who bothered to write into the Triangle, your comments were hurtful and upsetting to the Family and Friends of Justin.

Why do people focus on the negative, I'm sure it would have been front page news if something had gone wrong on the night. Our community should be proud of our teenagers for organising such an amazing night for their mate. Justin would have been overwhelmed by the love and respect that was apparent. There was no trouble and the Sportsground was left spotless.

I would like to congratulate The Organizers for a perfect night and thank all the partygoers for being so well behaved. Also thank you to the majority of the Quaama community for allowing this party to continue all night and tolerating the music of this generation.

Sandra Morris, Cobargo

Thumbs Up

To all the young guys and girls who helped organize Keg Fest 2012 you did an amazing job, it wouldn't have been easy for you, and good on you all for putting on such a great night. Justin would have been very proud to call you all his friends.



Our good wishes go to local girl Barb, who's off to run the New York Marathon

To the two hard-working ladies who restored the Long Swamp track. It is now a delight to walk or cycle more comfortably and safely.

To the renovation of the three Cottages in Bermagui opposite the Wharf – great style & conversion for an older development.

To whale sightings at Bermagui. Every day there are cars parked on every headland & vantage spot whilst their occupants search the ocean for whales, many of which have been seen recently. Apparently there were 20 or so off Morehead Beach last Saturday and visitors to Montague Island have seen more than in any other year.

Can you believe there are no thumbs down this month!!!!

Wandella Sunrise

In this collection of poems, I celebrate my life on the 14 acre property I share with my husband, Paolo, overlooking the Wandella hills just a short drive from Cobargo. As in *Gulaga Twilight*, my first work in a trilogy of poems which focuses on this enchanted part of the Far South Coast, the poems are inspired by the natural world around me. In *Wandella Sunrise* I reflect on my deep connection to the land on which we live as well as on the community of birds and animals who call this special place home. I have illustrated most of the poems, which I hope adds to the reading experience, intended to be enjoyed by all ages. To complete the apex of the Triangle, I am now working on the third book in the trilogy - *Wallaga Night*. Copies of *Gulaga Twilight* and *Wandella Sunrise* can be purchased from Black Wattle in Cobargo. Most of the proceeds will be donated to Médecins Sans Frontières (Doctors without Borders).

I will be giving poetry readings from *Wandella Sunrise* at Open Sanctuary Tilba Tilba, on Saturday, November 10 at 5 p.m. followed by light refreshments. All are welcome.

Rachel Colombo

The accidental mini festival

Sometimes happy accidents occur. On Friday November 23 Cobargo is having an accidental mini festival. The Cobargo Creators are bringing a number of twilight happenings together to make an evening of enjoyment for everyone. It would seem we have a mini festival.

Here's the program

3-30pm to 6-30pm the Twilight Laneway and Beyond Markets

5-30pm to 6-30pm the Opening Exhibition of The Sapling Gallery a small exhibition space within the Black Wattle Gallery for young artists under 18 years of age.

7pm to 9pm Off The Rails Young Muso's Night at Ello's Train Café featuring our local young musicians under 21 years of age. Those of you who attended the first Off The Rails event in August know we have lots of very talented young musicians in the area who provide great entertainment.

We also know there is always great food and fun at Sweet Home Cobargo on Friday nights and at the Cobargo Hotel. So bring your family and friends and enjoy the warmer evening hours and be part of our accidental mini festival.

Suzy McKinnon

Off The Page Winners

This year's winner of the Off The Page exhibition has been won by Phyllis Furby (Freddie) with her take on 39 Steps and Sharyn Wotton with her take on The Greenwich Apartments. (more details next month)

Congratulations to both.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the Triangle our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us the_triangle2@bigpond.com.

After an uncertain few months the Cobargo district has a new General Practitioner.

Dr Tracey Lucas Ramadan, Cobargo's new GP spoke to the Triangle soon after she started at the Cobargo Health Centre

The Triangle: Welcome to Cobargo

Dr Lucas-Ramadan: Call me Tracey

Well, in this area we appreciate our doctors so Dr Tracey it will be!

Dr Tracey was born in New Zealand and studied at the University Of Auckland graduating with her medical degree in



Dr Tracey Lucas-Ramadan

2002. She went on to further her qualifications, gaining a Post Graduate Diploma in Obstetrics and Gynaecology.

Initially working in NZ hospitals, Dr Tracey worked in 2004 at the Royal Women's Hospital at Randwick, Sydney with a stint out at Dubbo Base Hospital.

Back in NZ Dr Tracey continued to work, gaining experience with psychiatric patients and patients with injuries related to accidents.

In 2009 Dr Tracey relocated to Melbourne joining a GP clinic where she worked doing out of hours home visits. After a year she decided to travel in Australia with locum positions taking her to places as diverse as Blackwater in Queensland and the Far South Coast of NSW.

During the last twelve months she has had further locum positions in Narooma and Bermagui before accepting the position at The Cobargo Health Centre.

When 'The Triangle' met Cobargo's new doctor we found someone looking forward to meeting locals and keen to become involved in her new community.

SCPA NEWS

Local Preserves Wanted

Erica Dibden is looking for local producers of preserves, chutneys and sauces to sell at the cheese factory at 37 Bate Street, Central Tilba.

Contact Erica at southcoastcheese@bigpond.com or on 02 4473 7387

Bega Valley Seed Savers

The Bega Valley Seed Savers have produced their low budget calendar for 2013.

The 2012 version was very popular and there is a limited print run of 100 calendars.

Printed copies of the calendar are available for \$5 each from the SCPA stall at the Bega markets and from Sweet Home Cobargo.

The calendar is also available for download from the SCPA website. Go to <http://scpa.org.au/bvsscalendar.html> to print your own copy.

Free Fruit Fly Baiting Program - Bega Valley
Free baits are available, please contact the local coordinator:

Tilba Tilba - Philip Mawer, 4473 7835
Verona & Quaama - Ray Clements (Bermagui & District Lions Club), 6493 8472

Every trap we're aware of in the area has already caught several fruit flies as the warmer weather is bringing them out. As each female can have 200 offspring and our climate allows for 4 or 5 generations each season, killing them early makes a huge difference to the numbers when fruit is ripening later in the season.

More information about the free program is available at <http://scpa.org.au/fightingff.html>. General information about fighting fruit fly is available from preventfruitfly.com.au.

Bega Timbers

Bega Timbers has recently opened its doors at 245 Newtown Road, Bega.

Offering quality recycled timbers from seasoned hardwood, oregon and pine.

Also available is a selection of flooring and decking.

Owners Wayne Wright and Andrew Harrop believe that "too much good quality timber

is ending up in landfills and developers just want buildings demolished as quickly as possible" said Mr. Wright. "They treat it as Time is Money. We source our timber from all over NSW and Victoria, bringing it to Bega at a cost effective rate. We also stock windows, sliding doors, timber doors, baths etc." he said.

Open 5 days Monday - Friday 8.00am - 4.30pm.

For further information contact Wayne Wright on 0418 691 130.

Bega Timbers Recycling Specialists

Hardwood, oregon and pine flooring, decking new and old Aluminium windows / doors and timber doors. We also buy timber!

Open Monday to Friday

8am - 4.30pm

Ring Andrew

0458 012716 or

Wayne 0418 691130

245 Newtown Rd, Bega



Tribal Interiors

Handmade treasures from around the world.

Furniture, daybeds, tables, chairs, stone sculptures, cushions, clothing, jewellery and more

239 Carp Street Bega
64924694

Open Monday - Friday 9.30 to 5.00
Saturday 9.30 to 12.30
www.tribalinteriors.com.au



CHALK AND CHEESE
BY COBARGO

Café Open Tues - Sun
59 Princes Hwy Cobargo

6493 6286
chalkcheese.com.au

Lic.187525c

jk eegan's

Concreting Services

6493 6449 / 0407 936 471
44763315

30 Years Experience

Naturism: what's it all about? "...it is not about taking our clothes off, it's about not having to put clothes on."

Ever been skinny-dipping? Or maybe sunbathed nude? Or pottered around the garden in your birthday suit? Well, these are the sorts of activities that are embraced by naturists. Some of us may recall those joyous days when as children we were allowed to swim at the beach or roam the backyard naked and free, or as teens we might with friends have found some secluded beach or river and challenged each other to skinny-dip. Well, naturism is about recapturing that sense of freedom and making it a part of our adult lifestyle.

So Naturism is really about a lifestyle choice: a way of living in harmony with nature such as to fully experience the caress of the sun, wind, sand and waves on bare skin as we may have done as children. It is about the conduct of many of our ordinary day-to-day activities we do: going to the beach, working in the garden, bushwalking and just enjoying life au naturel. Many naturists belong to clubs or groups where activities such as beach cricket, volleyball, swimming or tennis are often played. Many

naturists start tentatively at home and find that there is a sense of freedom being nude which then builds confidence to try public naturist venues (such as a clothing optional beach) with like-minded friends.

Why am I writing these articles? My mission is to explain what this lifestyle is about so that there is a better understanding and acceptance of naturists and naturism by non-nudists. Indeed already some of your friends may embrace the lifestyle without you being aware! For my part I'm happy to explain why I am a naturist to anyone who might be curious.

In later articles, I will talk about what people get out of naturism; naturism and health concerns and benefits; naturism as a family activity; and finally issues that constantly threaten the naturist lifestyle and venues.

*Live naturally,
Dave Bulman*

Art wanted

The Women's Resource Centre invites children and youth to create an A4 art for White Ribbon Day that creates awareness of White Ribbon Day and the values that underpin it.

Wearing a white Ribbon symbolises opposition to violence against women. White Ribbon Day is held annually on the 25th of November.

Posters should be submitted to the Women's Resource Centre on the 14th of November. All entries will then be displayed at the Bega Library for two weeks.

Two posters will be awarded a \$30 gift voucher at either Magpie Music or Candelo Books. These posters will then be printed and used for White Ribbon Day events and promotion of non-violence in the community.

For more information please contact Zoe Whymark at the Women's Resource Centre on 6492 1367.

What's On at your club

Bermagui
COUNTRY CLUB

www.bermaguicountryclub.com.au

Tel 02 64934 340

MONDAY

Bingo- 11am *includes lunch!*

Indoor Bowls- from 6.30pm

TUESDAY

Ladies Darts- form 7.30pm

WEDNESDAY

Cash Countdown- from 5.30pm win \$300 in cash and restaurant vouchers

Raffles- tickets on sale from 6pm

Meat, fruit & Seafood Trays to be won

Pool Comp- 7.30pm

Trivia- 8pm \$2 entry. All welcome.

FRIDAY

Raffles- tickets on sale from 6pm

Come try your luck - Meat, Fruit & Veg Trays on offer.

Pool Comp- 7.30pm

Live entertainment from 8pm

SATURDAY

Pool Comp- 7.30pm

Live Entertainment from 8pm

ALL WEEKEND- Watch Sport on our Big Screens



What's On in November?

Friday 2nd- Raffles then Karaoke

Saturday 3rd- DJ Col Thomas

Tuesday 6th- MELBOURNE CUP - come celebrate with us. Two course luncheon

Friday 9th- Raffles then True Blue

Saturday 10th- Peter McDowell

Friday 16th- Raffles then Darryl Lamb

Saturday 17th- Black Velvet

Sunday 18th- MONSTER RAFFLE- entertainment and tickets from 1pm

Wednesday 21st- RODNEY RUDE SHOW 8pm. Tickets \$50

Friday 23rd- Raffles then Brian & Annie

Saturday 24th- Darryl Towney

Friday 30th- Raffles then Ricky Bloomfield

All entertainment starts at 8pm

Call our free Courtesy Bus for pick up 0427 233 639

Last month I left you with a wish for a wet October. It rained for a day soon after but not much since, certainly not what you'd call rain. It wet the bottom of a few water tanks at least. The land has coloured up a bit but we know what the green drought means. The golden silky oaks and flaming coral trees are flowering so the jacarandas aren't far behind. Always the most colourful time of year around the place. Its Koels and cuckoo time too so be prepared with the earplugs beside the bed.

As you've seen from the front page this month Tilba has had a tremendous triumph



The Toast of Tilba. Eric, Tommy, Coupar and Eric, on the top step of the podium at Homebush proudly wearing their medals and the trophy they won to become State Champs.

thanks to Alexander, Eric, Coupar and Tommy's efforts at...deep breath... the NSW Primary Schools Sports Association Athletics Championship, bringing home the Norman & Elizabeth Austen Small Schools Relay Championship Perpetual Trophy. (I'd bet the trophy engraver loves these schools carnivals). Congrats to the lads and their families for their

tremendous 'feet' finally getting to Olympic Park. The relay race is one of the harder events to boot so it's all the more admirable. It's not just the athlete's solo performance involved but three others depending on a slick baton change, as I remember very well from my own school experience in this event. Stuff up the baton change and those flying fists in the changing rooms afterwards smarted something fierce.

And another golden moment to report with news that Tuck and Jenni finally walked down the aisle together over in W.A. on November 1 when they got married. Jenni turned 50 on the same day so it was a double whammy. It's taken Tuck a long time to get his ring on Jen's finger and fittingly it's one he cast himself from gold they've been excavating over winter in the Western Goldfields. Jen says it's not really a Phantom skull ring, it just looks like one.

In a quiet ceremony for family and a few friends they cut the special double decker chocolate cake with lime green icing Tuck had whipped up for the betrothal cum birthday bash, just before they traded vows. Jen's dad Keith kept a broken shotgun across his knee during the ceremony in case Tuck had a last minute change of heart. They're now off on their honeymoon, a budget fishing charter out of Indonesia with a few night's accommodation on Christmas Island I'm told.

Tuck and Jen have been together 20 odd years...very odd some would say. They started out together living in the old cheese factory public toilets that is after Tuck demolished them and rebuilt them on his Ridge Road block. It was the only shack on the back roads with a his and hers toilet. After 4 years married to the polygamist Predicaments, in '96 they bought an old bus and went west, wintering in the Western Goldfields and summering along the South Coast fishing holes. Maddi and Clancy grew strong on all the fresh seafood, and helping push the bus often. The family returned east in the mid naughties for the girl's education needs and livened up the place until April this year when Tuck, Jen and Clancy returned west for another chance at the motherlode in the goldfields. Tilba wishes the happy couple all our best, as well of course Jenni's big 50th birthday. Naturally, not having their double do here in Tilba has put a few noses out of joint and all the secret

Predicaments rehearsals preparing to perform on the big day have been wasted. At least they took back the marquees without too much bother. Maybe someday soon when tempers have settled down we'll see them back in town for a hometown knees up. We'd better. Anyone interested in a huge 3 tier decorated wedding/birthday cake going cheap?

On the second coming of cheeses, the refitting of the old ABC Cheese factory is almost complete. As of late October Nic & Erica are hoping to get churning by the middle of this month. A hold up courtsey of the electrickery mob has complicated matters, the existing transformer for the factory and 5 other residences not being up for the surge when running the pasteuriser. Nic & Erica have had to pay lock, stock and crackerbarrel for a new one to be installed. (It's a bit rich isn't it, buying your own transformer and then paying through the nose to use it). Nic says that they're almost there with the milk run. They'll be providing fresh full cream milk (pasteurised but not homogenised) in 2 litre plastic containers. These will be available from the factory, South Coast Cheese Cafe and Bates Store. They also have an arrangement with Bob Day the regional milko to have the product delivered as part of his run up and down the coast. By next issue the plant will be purring and Erica's cheeses emerging.

From the new to the decrepit. As you can see from the photo the state of the small hall backstage dressing room is pretty parlous. Not to mention an eyesore, although unless you're in the playground it's not generally seen by the public. But the point is the small hall has been in this condition for too long me thinks. I know funds have been donated by the Festival Committee in the last couple of years specifically for repairing the halls so it might be time for us to have a good bloody think about getting stuck in. As it is the change room isn't fully functional without the side door and the now demolished staircase that was the original stage entrance. There are enough nerves on opening night for any performers without the fear they'll go through the floor before they make their entrance. Even the floor directly side stage below the lighting panel has a foot sized hole under the lino, which I can vouch for

Kitchens of Choice

Showroom and Factory
6-8 Pine Drive
Bermagui
Ph: 02 6493 5303



Kitchens - Joinery - Wardrobes

Aqua Fitness

Cobargo Pool

Tuesdays 9.30am - AQUA FIT
FOR ALL

Fridays 9.30am - AQUA CIRCUIT
Higher Intensity

PERSONAL TRAINING - WATER EXERCISES
SHAPE, TONE AND BUILD STRENGTH

BOOK A TRAINING SESSION TODAY
Enquiries - Aimee 0450 800 795



Tilba Bites

as it was my foot that went through the boards many moons ago. The eastern side is looking pretty bad too, with cafe goers on the South Coast Cheese deck having the rotten wall as a



Exit Stage Door Death?

backdrop. The tourists probably think Central is just a facade town, all twee out front and bugged out the back. Can I suggest a few local handyman heads get together over a couple of beers one day soon and at least get the ball rolling, if only at this stage to get a clear idea of what we're up for.

The Tilba Teapot is still stone cold and empty, sad to see and now down at Foxgloves Spires Gardens in Tilba Tilba the long lived Love at First Bite Cafe has closed its doors finally. The new ownership of the gardens has seen a lot of changes for the shop proprietors over a short time, two businesses there are locating to Central earlier this year. Those still vacant shops around the cafe don't look very appealing to the public and more so now with LAFB closed. Keith and Deseree at the Nursery are still going strong but it's getting mighty lonely down there.

I had a mild rebuke recently from a local 'that the community isn't just the pub John', in reference to Tilba Bites. It rankled a bit because I haven't been in the pub since late June, and

that was only to check the toilets to see if they'd used heritage colours in the repainting. I've now been writing the Bites for a year, since Tilzey passed the pencil last October and some of what I've reported has been pub related but certainly not only the pub. To tell you the truth it's a bit of a struggle every month to come up with interesting and colourful content for Bites, and the pub is a good sauce of such stuff, or at least used to be. I'm not really sure what 'the community' is these days to be honest. There is or was a group down on the coast just north of Haxstead who called themselves The Tilba Community, but the only time you saw them was when they'd try to shoo you off their beach frontage if you had the hide to walk along their apparently private beach. So they're not the community. Maybe I'm missing the P&C community out, but they have their own newsletter so there's not much I can add there. There's the Tilba Growers Market community, or at least it is half a day a week, but alas I'm not a regular attendee.

Tilba does have a community of course, but it's primarily a business community in Central, and a small one. People that spend 7 days a week behind a counter serving the tourist don't find a lot of spare time for mixing and moving amongst those not in a business, as is the case too with local dairy or beef farmers. The continuing loss of residences with the expansion of shop floor space into former living areas means even less community as those who only run a shop front in general leave the town at 5pm to go home elsewhere. The community depicted in the Corkhill Collection was a very different time, where poor roads and isolation brought the locals together for their entertainment and socialising. These days, with an autobahn to Woollies and room sized tellys who's got time to chew the fat down at the store while collecting the milk and bread or get together for the travelling picture show man's offerings screened on a sheet in the hall. That's not to say we don't socialise, there's the

pub but not everyone's a pub goer. Of course we have some great venues for bringing all these loose community elements together for a night or a lazy summer Sunday. The two community halls spring to mind and there's even a bloody great sportsground down on the flat in case you haven't noticed. Nothing beats a good friendly contest between the towns for communing whether on field or off, but I can't recall the last such event without going back a decade. What did we work for to get the ground and then never use it? I think a good community is the sum total of the energy of individual people making it one.

So getting back to my slap on the wrist, as it is in many places these days, big or small, trying to find 'the community' means having to move in many circles. I apologise if what I write doesn't represent your community but it's not a paid position and I haven't got all the time in the world to go ferretting out folderol all over the show. If you think you can do the job properly please get in touch and I'll be very happy to pass the pencil on, providing you meet some basic requirements.

Just before signing off, that bit about checking to see if the pub used heritage colours in the toilet isn't true, I made it up, just like the person who's been telling anyone who'll listen that I have complained to Council on the colour choice. Anyone who has the slightest knowledge of what the heritage guidelines mean in relation to Tilba knows that Council has no say in what colour you paint your bathroom or any other room. And if you think they do you don't know your bum from your elbow.

Again wishing a wet month for November. And best of luck in the Cup. Come in spinner.

Anything for 'Bites please email me before the 15th of the month if possible at jsmall7@tpg.com.au or less reliably my home phone. 44737406

Gilchrist
& ASSOC. PTY. LTD.

**ACCOUNTANTS &
REGISTERED TAX AGENTS**

UPSTAIRS
28 LAMONT STREET
BERMAGUI

**PH: 6493 3900
FAX: 6493 3911**

- ❖ Tax Returns
 - ❖ Business Advice
 - ❖ Individuals, Companies, Trusts Superannuation Funds
- admin@gilchristtax.com.au**



- Bacon & Egg rolls •
- Cappuccinos •
- Local bait •
- Local ice •
- Heaps of fishing gear •
- Boating accessories •
-as well as the cheapest •
- fuel around •
- Are you a Lucky Buys customer •
- yet? We give away lots of vouchers •
- each week to our loyal customers. •
- Join up in store. •
- Open early til late. •
- Tel 6493 5444 •

**MUMBULLA SCHOOL
for Rudolf Steiner
Education
SPRING FAIR**

**hot food, pizza, popcorn,
free children's activities,
books**

**magic show, story telling,
clothes, massage,
craft, entertainment and
more**

All welcome.

**Saturday 3rd November 2012
11am - 4pm
37 Bega Street, Bega
phone 02 64923476**

Cobargo Conversations

Elizabeth Andalis

What a month it was! And what a month it's going to be! Lots happening! And plenty to come! We hope though, no more "drenchings by cistern". One recent visitor to the little village of Cobargo, thinking she was just relieving herself in our out dated and dilapidated limbo dancer's dream public toilets, was treated to a bonus free shower after the cistern fell off the wall, showering her, rather than the bowl, with its contents! It's been ten years now since the council highlighted Cobargo's need for new and relevant to today's requirements of public facilities, public toilets. Why, instead of bullying businesses into providing these services, don't the council step up to their responsibilities and just build a new facility for us? Having a local councillor as mayor didn't get the job done!! Any suggestions??

I hear on the grapevine, that our local school is involved in "The Snowy Mountains Touring Car Classic" – Cooma to the Coast / Summit to Surf, on Saturday, November 10th. Organised by the Cooma-Monaro Historic Automobile Club, the event will stop at the Cobargo Showgrounds for morning tea, provided by the Cobargo School P&C. This will be a fundraiser for the school and locals are invited to attend to enjoy the fare at 10.00am. If you want to join the rally, call Jannene on 0407489941 or visit www.coomacarclub.com.au

Our artistic community is buzzing with the newly created "Triple C" - Cobargo Creators' Centre, newly established at the back of the Cobargo Supermarket. The children's art group have already moved in and there's plenty planned for the space. And speaking of children's art classes, young local, Sarah Lingard, a regular participant in the class, was recently awarded the first membership to the Saplings Gallery within the Black Wattle Gallery. Her first work has been hung in the gallery for sale. All works sold by artists under 18 are charged no commission! What a fabulous way of getting young people interested in pursuing art as a career. Big thanks to Margaret and Horst for making the space available. It's a very peaceful and nurturing space. And thanks to Suzy McKinnon & Rebecca Blunden for the classes and fabulously endless ideas. We look forward too, to the community supermarket, which is rolling steadily towards fruition.

The girls at Well Thumbed Books recently held a gathering of folks interested in being part of hosting and running a 30km community dinner. From growers to cooks, preservers to caterers, there was a lot of excitement stirred and left to simmer. Have you got a good crop of almonds coming on, a bumper peach bottling season to look forward to, some extra milk to make into cheese, quinces to paste, peas to shell, and tomatoes to dry????? Get involved. It's a part of looking forward to our Triangle's future secure food supply and it's exciting!

Sweet Home Cobargo recently hosted a film and discussion night with Cuban activist and agriculturist, Roberto Perez. Mr Perez, a larger than life figure with loads of charisma, was heavily affected by the "crash" that occurred in the early 1990s, when the Soviet Union collapsed and ceased its support of Cuba, ending the supply of oil on which the country depended. During that time, international trade with Cuba ceased and as Cuban agriculture had been geared towards the export market; tobacco, sugar..., there was no local food grown and hence, no food security. The populace faced starvation and without oil, the country was paralysed.

Roberto Perez, director of an important Cuban NGO spoke to the 57 attendees at "From Cuba to Cobargo" showing selected segments of the film, "Power of Community", which outlined the road to recovery for Cuba, before attendees were treated to an international feast from the Sweet Home Cobargo kitchen. The evening ended with an extensive general discussion, led by Roberto. The Sweet Home

Cobargo team thank SCPA for the opportunity to host the event and the participants for their wonderful feedback. They are looking forward to providing more fabulous speakers for us.

There is a new beauty therapy centre opening in Cobargo's main street. Tilba's Cheryl Thompson is planning to enhance Cobargo's head to toe natural beauty with her professional expertise as a beauty therapist. She is opening a Natural Beauty Centre in the room behind Mainstream Hair and has some introductory specials on offer. You can even purchase gift vouchers for Christmas! Beauty menus are available at Mainstream Hair.



Cheryl Thompson of the newly opened Natural Beauty Centre in Cobargo

It is that time of the year again where the Cobargo CWA are asking everyone to think about nominating someone as the Cobargo Citizen of the Year, to be awarded on Australia Day in January next year. They are looking for someone who has done the hard yards, perhaps working quietly in the background, for a number of years. It can be anyone living in the Cobargo district who you believe makes our area a better place to live and has been doing this for a length of time. They are looking for someone who inspires others by their efforts and they want to shine a light on their achievements. A simple outline of the reasons why you have nominated this person is needed; in point form will do. And if you need help, please ring Mary Williams on 64936167 for some guidelines. Please send your nomination to CWA, P.O. Box 5114, Cobargo.

The CWA are also looking for the Junior Citizen of the Year. If there is a special young person (under 18) who you believe is making a special effort in their area, please nominate them.

The chosen Cobargo Citizens, Junior and Senior, will be announced on Australia Day at the School of Arts on 26th January 2013.

Coastline Accounting Services

PO Box 5153
Cobargo NSW 2550

Sue Griffiths

CPA & Registered Tax Agent

ABN: 71 548 654 567

Phone: (02) 6493 7220 Fax: (02) 6493 5658

sue@coastlineaccountingservices.com.au

Taxation • Accounting • Business Consulting • MYOB



ABC Cheese Factory

37 Bate St, Central Tilba
02 44737387

www.southcoastcheese.com

Locally made South Coast Cheese
Ice Creams, Local jams and
preserves
Coffee milkshakes

Open viewing into the factory.
Milk yogurt and more styles of cheese will be made on site in
the coming months

Cobargo Conversations

Please come along and join us on that day. And bring a plate!

The CWA are about to go on a virtual tour of Morocco in 2013, as this will be their Country of Study. Guided by their new International Officer, Elisabeth George and Vice International Officer, Amanda George, they study a different country every year, leading to a greater understanding of other peoples.

Meanwhile, work on the cottage is beginning in the next few weeks. When it is all finished, a special day will be organised inviting the community to come along and enjoy the fruits of their labour. Watch this space!

Young artists with a home of their own

The Triangle area enjoys the benefits of having many older creative people living here but we also have many young and talented creators. Our young artists now have their very own home. The Cobargo Creators have created a new gallery within the Black Wattle Gallery for artists under 18 years of age called the Sapling Gallery. All young artists and crafts people are encouraged to bring your work to the gallery for exhibition and sale. There is no cost to exhibit your work and the gallery will charge no commission on sales. We want our young creators to get as much reward as possible for their creativity and work. It is also young artists helping to create Cobargo's Community Centre. Horst and Margaret the current owners of Cobargo Supermarket have kindly given permission for Rebecca Blunden to hold her children's art classes in the lovely space at the rear of the supermarket building. This means there is now storage space for art materials, and art works as well as a lovely space to work in.

Rebecca's classes are held on Saturdays from 10am to 11am. The cost is \$5 and includes all materials. You can contact Rebecca on 0438912561 for more info. Students of Rebecca and Penny Jones will be exhibiting in the opening exhibition at the Sapling Gallery 5-30pm Friday November 23.

Suzy McKinnon

Blacksmithing demonstration at Galba Forge

Starting on November 11, Philippe and Marie-Claude will open their forge to the public for a monthly demonstration. Following this, demonstrations will be held every 2nd Sunday of the month between 1pm and 5pm or by appointment. Everybody is welcome at 345 Yowrie Rd, Cobargo. Philippe learned the blacksmithing trade in his native country of Switzerland where he started his apprenticeship in 1983. In 2004 Marie-Claude and Philippe migrated to Australia and Philippe worked for 18 months for the well-known blacksmith Hans Schappi in Asquith. There, Philippe widened his knowledge, specialising in winding balustrades. In 2006 he established his own

workshop at Galba and you might have



seen his work around at different markets or at the Black Wattle Gallery in Cobargo. So if you feel like refreshing some memories of a long gone era, or if you would like to discover some aspects of blacksmithing, do not hesitate: go and visit Galba!

For more information contact Philippe or Marie-Claude by phoning 6493 7153 or email us at galbaforge@gmail.com. To see some of Philippe's work, visit our webpage at www.galbaforge.com.au

Philippe working at his forge

Cobargo Pharmacy

62 Princess Highway, Cobargo NSW 2550

Opening Hours

Monday	9am to 5pm
Tuesday	9am to 5pm
Wednesday	9am to 5pm
Thursday	9am to 5pm
Friday	9am to 5pm
Saturday	9am to 12pm
Sunday	closed

Ph: (02) 6493 6500

Fax: (02) 6493 6168

Email: cobargo.pharmacy@nunet.com.au

Cobargo Health Centre

54 Princess Highway, Cobargo NSW 2550

Dr Tracey Lucas Ramadan

Monday to Friday 9am to 5pm

Allied Health Professionals

Pain Specialist - Dr Edwin J Cassar
Occupational Physician - Dr J Lee
Psychologist - Amanda Cox
Podiatrist - Susanne Olsen
Chiropractor - Paul Schaefer
Dental Prosthetist - Cameron Keen

Phone/Fax: (02) 6493 6677

Email: cobargofamilypractice@westnet.com.au



Better sheds. Bigger choice.
Domestic, Rural and Industrial Buildings

THE SHED TEAM

3 Ridge St, North Bega

Ph: 6492 5299

Fax: 6492 0631

Sid: 0407 106 477 or Tim: 0448813472

theshedteam@bigfoot.com.au

theshedteam.com.au

Independent Reseller



The 3rd Annual Springfest at the Bermagui Fisherman's Wharf happened this month and was well attended by locals and visitors alike. This event is a SCPA-South East Food project primarily designed to help increase the number of local food producers in the region. And it looks like it is working. It also provides free/low cost entertainment for local and visiting families, such as a Fishing Clinic and various other activities for the children. It also promotes Bermagui and the still relatively new Fisherman's Wharf complex. The "Farmers Market" offers produce/goods which tend towards including local ingredients, mostly homemade and home grown, a way of getting to know where your food comes from. Ongoing offers from SCPA South East Food include group meetings and mentor visits to help those interested in overcoming the challenges of minimal resources and experience in growing food. You can find out more at <http://southeastfood.com.au> and maybe you know of folk who can would enjoy this task, be they family or friends.

While on the subject of fairs and festivals, Bermagui has a very impressive list of such events across the calendar and for a village this size it is most unusual. From Bermagui Seaside Fair, Montreal Goldfields Day and the Springfest on the Fisherman's Wharf to the Four Winds Festival which attracts performers and visitors from around the country and the world; from the peaceful Sculpture on the Edge to the action of the annual Bega Valley Dog Show Weekend. Our local art and culture is alive and well. This is only a short list of the actual events that take place here and we look to get to know about and promote the all. Please contact me with details of others. Well done Bermi!

Another amazing feature of Bermi is that we have our own institute. Yes, The Bermagui Institute is alive and well and rather popular amongst the older crowd. Not heard of it? Well, most mornings members can be seen in yellow T shirts on their bikes riding to and fro, then gathering at a local coffee shop to debate,

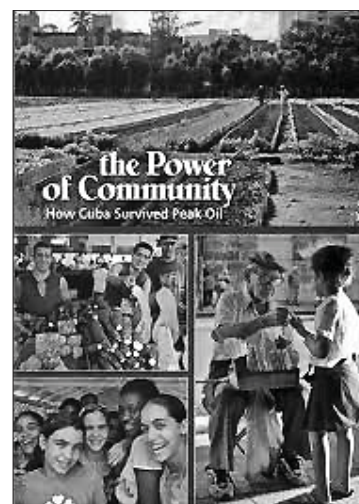
relate, recall, research and plan for ways to retain our piece of heaven. At least that is my assumption as I have not attended a session as yet. They organise a dinner every few months with a guest speaker, usually from out of town, to stimulate their intellect and enlighten and uplift their spirits. A grand group of grown-ups indeed, making a difference to their lives and to those around them. Fitness, fun and psychology, all in one.

'Heaven earlier than expected' - This seems to be a theme for residents of our lovely town and though the basis for it varies widely, it often is about arriving here unexpectedly and without any real plan to stay. "I drove over the hill and there it was and I decided to stay. That was 12 years ago", says one resident, candidly. Another had some land here for a while and had spent time on it, which gave them an idea of the area and its benefits. They 'converted' and stayed, indefinitely. Some have relatives here and after a visit decided to put down roots too. Personally, I heard about Bermi being such a wonderful place from a brand new acquaintance came to see for myself and lived here within 6 weeks. Or, on occasions the universe works to bring someone here as a result of a less than pleasant turn of events, felt better and remained. Ultimately, many can claim to have arrived here - heaven on the south coast - earlier than expected. Aren't we lucky?! What brought you here?

A brief plug for our own publication serving our community so well: Did you know that we have a pick-up/drop-off clothes alterations service here? You betcha. How good is that?! Just check the classified section and who knows what else you might discover.

From Cuba to Bermagui - The Crossing Tour & Lunch with Roberto Perez was held on 9th Oct from 11.30am-2.30pm to garner experience, knowledge and passion from this eco warrior from across the seas - for the bigger picture, visit this link www.youtube.com/watch?v=uSkrQE5HCSY. A small yet enthusiastic band of Crossing supporters

joined Dean Turner, Project Director, to catch up with cutting edge developments in community resilience demonstrated in Cuba and meet the prime mover behind 'The Power of Community' video. Roberto is travelling the world and he is a delight to spend time with and a passionate educator who is helping Cuba survive Peak Oil, from the beginning of its crisis. As a country, they now grow 80% of their own food organically, in the city suburbs and countryside. They are advanced in their awareness programs and action on the ground around conservation of natural resources and education for all ages. There is much we could learn from and adopt here in Aust, yet it took a melt-down of their economy to bring about this dramatic and successful 'eco' revolution. Along the way, they are now training thousands of doctors and teachers for third world countries across the world. (See Cobargo Conversations for how SCPA- South East Food capitalised on Roberto's presence in our region by holding an evening film, talk and meal with him at Cobargo School of Arts Hall on Tues 9th Oct). We are really part of the global picture, folks, and it would be wonderful to imagine that we might move in a similar direction, without the need for such a crisis.





Julie Rutherford
REAL ESTATE
BERMAGUI

Now located at
Shop 10, Bermagui Fishermen's Wharf Complex
Phone: **6493 3444** Fax: **6493 3443**
www.julierutherford.com.au

**Wide range of
Holiday Accommodation
for Rent**

Offering a complete range of
real estate services in the
Triangle area

**HOMEFLAIR CARPETS AND
BLINDS NAROOMA**
Carpets, vinyls, floating floors, blinds and
rugs. Shop local and save!



Ring Nick or Jenny for a free
measure and quote
0401 625 727
or 4476 2719



**SOUTH COAST
MOBILE
DOG WASH**

No matter how **big** or small your dogs are, we come to
you. Every Monday in Narooma, Thursday Tilba & Bermagui

We come to you Narooma & Bermagui
Chris: 4473 7554 Mob: 0414 703 898



Bermagui's largest and
longest established
Real Estate Agency

**marshall
& tacheci**
real estate
6493 3333

Cesune Park Pet Retreat
We Care for your Cats & Petite Dogs. (Fur kids)

Sue Cox
Owner/Manager

99 Harris Road
BROGO NSW 2550



phone: 02 6492 7174
mobile: 0428842923
email: cesune@bigpond.com
ABN: 20 939 362 968

U3A Annual Meeting and Showcase

The Bermagui U3A (University of the Third Age) Annual General Meeting will celebrate much of what has been accomplished during the year by showcasing highlights from a selection of popular courses. Goods and displays will also be available from the enterprising duo Cobargo Well Thumbed Bookshop and Sweet Home Cobargo.

Perhaps you are a new resident in the Triangle region or recently retired and looking to expand your horizons or indulge in a long neglected talent or hobby. U3A may provide options and opportunities for you to explore.

Everyone is invited to come along to see and learn firsthand about the benefits, experiences, and joys of Life Long Learning. The U3A committee is an enthusiastic and dedicated group always on the look-out for new energy and new ideas and welcomes community participation.

This meeting also provides members with an opportunity to up-date their membership, catch up with fellow students and tutors and enjoy a complimentary afternoon tea.

The meeting will be on November 14th, from 2 to 4pm at the Bermagui Country Club. Information about Bermagui U3A is available on www.bermagui.u3anet.org.au.

Lois Irwin

Bermagui VIC ... not just for visitors

The Bermagui Visitor Information Centre is not just for visitors – it is a terrific source of information for locals too. Catch up on what's happening in our Triangle (and beyond) by perusing our notice boards for upcoming music, arts, entertainment and community events. The VIC is keen to advertise and promote community events, so get your event organiser to drop in a poster which we will happily display. The free monthly tourist magazines, *Imag* and *Gem*, are available if you're interested in what's on throughout the Sapphire Coast. If you are planning to travel outside our Triangle, an extensive range of free material covering regions in all states and territories of Australia is also available.

There is a great selection of merchandise for sale, most of which is sourced from our local region. If you're looking for a gift for a special occasion or something for under the Christmas tree or in the Christmas stocking, then include the Bermagui VIC on your shopping trip. You'll be very pleasantly surprised by the choice. Supporting local business is so important and it makes you feel pretty good too!

Bermagui VIC is operated by the Bermagui Area Chamber of Commerce & Tourism and is staffed by a small team of dedicated volunteer workers and a co-ordinator. We are always looking for new members to join the team, especially now with the busy Christmas holidays not far away. If you have a few hours to spare, have some basic local area knowledge and enjoy talking to people, why not consider joining our group? Training is provided and the VIC is an approved organisation for Centrelink volunteer work requirements (under the umbrella of the Bermagui Chamber). We laugh a lot, it is very rewarding work and the VIC is a lovely space to be in. If you are interested, please call Christine on 6493 3054.



The Bermagui Holiday Tennis Camp was a wonderful success with many children enjoying the expert coaching of Resident Tennis Coach Marshal McMahon. Pictured here is Samantha Hearn, of Bermagui, with Marshal. Samantha was presented with the ProKennex racquet at the end of the Camp in recognition of her enthusiasm and positivity during the series of lessons.

Happy Holiday Tennis Players- Coco Bradley, Finn Bradley, Phoebe Gellam, Heidi Osgood, Miller Northam, Harry Huddleston, Darryl McKenna, Blake Austin-Tock, Samantha Hearn, Soul Hallenan, Jordon Allen and Tom Hunter pictured here with Tennis Professional Marshal McMahon enjoying pizza supplied by local Italian Restaurant Il Passagio in Bermagui recently.

BLINDS & AWNINGS

PROFESSIONAL LOCAL SERVICE

LARGE RANGE OF
FABRICS & CANVAS
TO COVER EVERY
REQUIREMENT

A GREAT INVESTMENT IN
WEATHER PROOFING
YOUR HOME
FOR SUMMER AND WINTER

Contact Rosemary Millard
romillard@gmail.com or 6493 4004

Cobargo Hotel Motel & Restaurant



Princes Highway,
Cobargo
(02) 6493 6423

See back page for events!



Bermagui Banter

South Coast Beaches Assessed

The Sydney Water sponsored, Keep Australia Beautiful NSW Clean Beaches Awards 2012 Assessors have visited the South Coast Beaches this week (September 24-28).

The Clean Beaches - Connecting our Coast Awards recognise and award communities who actively work for a cleaner, more sustainable coastal environment for NSW. Awards are presented to local councils, volunteers, surf lifesaving clubs and other community groups who implement initiatives that care for dunes, protect habitats, educate the community, reduce litter and support tourism.

"Through the Clean Beaches Program we can support people who actively care about making our beaches cleaner and contributing to a more sustainable environment" said Sydney Water Managing Director Kevin Young.

In the local area, Bermagui Dune Care was nominated by Bega Valley Shire Council for the regeneration and weed eradication work at Baragoot Beach and other areas.

Assessor Yolande Presland met with members of Bermagui Dune Care, Karen Joynes (Co-ordinator), and Stuart Cameron (Weeds Project Officer), on Friday to examine initiatives such as planting areas at Baragoot Swamp car park and Cuttagee Point, preventing off road vehicle damage, and weed and litter removal. Bermagui Dune Care has increased the biodiversity of these areas with a variety of species planted, including local trees, shrubs and vines. The group has worked closely with Bega Valley Shire Council, Landcare and Southern Rivers Catchment Management as well as the National Parks and Wildlife Service.

"With Biamanga National Park

between the two planting sites, we are taking an Coast Awards program provides individuals,



On a wild and windy Friday, Clean Beaches Assessor Yolande Presland and Bermagui Dune Care Co-ordinator Karen Joynes inspected Baragoot Beach in Biamanga National Park.

Photo: Stuart Cameron.

integrated, whole-of-landscape approach, trying to improve biodiversity at either end, and to remove the threat of various weeds from entering the park" explained Stuart.

"We are hoping that, with the area looking "more loved", visitors, both residents and tourists, will appreciate and care for it more" added Karen.

"There are many people who work to keep our beaches clean and sustainable and most never receive recognition for their contribution to our beaches. The Sydney Water Clean Beaches - Connecting our

community groups, schools and councils with the recognition they deserve. Communities also use the process to build information and resource sharing networks along the entire coast" Bermie Murphy, Chief Executive Officer of Keep Australia Beautiful NSW said.

"The beaches of Southern NSW are widely recognised as some of the best in the world. This year we will visit new entries and return to established projects to see the strong partnerships between the local community and council, and the quality of work that is being achieved in the region" Mr Murphy added.



Bermagui Arts Society co-ordinated a very successful car boot sale at the Bermagui Country Club in October. The energetic members of the Men's Shed used the sale as a fundraising opportunity

STRANGERS IN PARADISE PRESENT

'The beat goes on' an Arts and Environment fundraiser

Saturday November 24 at 7.30pm - doors open 7pm Bermagui Community Centre tickets \$25 available from November 1 at Strangers in Paradise, Bermagui or at the door starring:

- *Denise Scott (winners and losers, spicks and specks, agony aunts)
- *the Bermagui Drummers
- *All at Sea
- *the Akolele Ukulele Ladies
- *Geoffrey Guiffre
- *Bermagui Zumba Team
- *Surprise MC

all profits to 'sculpture on the edge' and 'friends of five forests'

enquiries 0419699178

Bermagui Banter

New 2013 Calendar and Bermagui History Book Publications.

The Historical Society Calendar, featuring images of the town's past have proved very popular over the last two years. The 2013 calendar is now available for your pleasure, and possibly for Christmas presents to be enjoyed by those with an interest in the history of Bermagui. It features full page local photos and the date boxes are big enough for your notes. The calendars are available from the Visitor Information Centre, the 777 shop on the north side of the bridge and also the Museum.

Our book, *Bermagui: a Century of Features and Families* has also just been published. If you have lived in the locality for some time, the books' extensive family histories and many interesting photos, will take you on a trip down memory lane. If you are a newcomer to the district it is essential reading, giving a fascinating insight into the growth of the area.

Dot Holzhauser was guest of honour at the recent book-launch at the CWA rooms. She told some of her childhood memories mentioned in the book. "The mailman used to travel by horse and coach from Bermagui to Bega. In one day and back the next. We got mail every second day and it used to be left at Grandma Wilton's where we would collect it each Monday, Wednesday and Friday," and "The reason why these dances were held close to the full moon – most of the people travelled by horse drawn vehicles or bikes, quite a few walked, some rowed their boats and walked from the lake up to the house – so visibility was good".

Dot turned 100 years of age this year and



Judi Hearn with Dot Holzhauser at recent book launch at the CWA Rooms in Bermagui

was delighted to untie the ribbon and hold the book up high for the launch. She then cut the cake to send book sales on their way. President Errol Masterson thanked all those involved in their dedication and hard work to get the book out and printed in time for Christmas. Special thanks went to Ron Gaha and Judi Hearn for their original work and to the revisers, editors, index compilers and photographic restorers.

The book is selling well and may be purchased by phoning Errol or Wilma Masterson on 6493 4108 or at the museum.

We welcome interesting period photographs to scan and return. Our digital archive numbers some 6,000 images and

documents, essential for local research and understanding.

We hope to have the museum open Friday, Saturday and Sundays 10am-2pm through summer, but we rely on volunteers. The Historical Society welcomes new members.

All sales help to keep your local history alive and safe for future generations.

Contact Wilma on 6493 4108 for more information. The AGM of the Society will be held Wednesday 7th November at the Museum.

A big thank you



Bill Shaw, Jamie Shaw and Jenny Halliday enjoying a warming drink before the visitors arrived

A big thank you to all those people who ventured out to the Heritage Day at the Montreal Goldfield on October 6.

It was just misty rain at 8.00 a.m. when the fire was lit for the damper and we thought the rain would go away. Of course it didn't, as we

all found out, and we were very wet and cold by the time we left for home.

To the singers, musicians, wood turner Steve and Helen, and Lions Club BBQ members; no words can express our thanks for your great support. The Spinners had the best place - in the Heritage Centre.

PLEASE. It would be really appreciated if the lady who came on a tour with me near the end of the day would contact me on 6493 4645. She expressed an interest in helping at the goldfield and we would love to have chat with her about it.

Judi Hearn,
Montreal Goldfield Management Committee.

The beat goes on



Denise Scott

The Annual Bermagui Arts and Environment Fundraiser is on again. Last year Kitty Flanagan entertained a packed Bermagui Community Hall. The

year before it was Flacco and the Sandman. This year it's Melbourne comedian Denise Scott. You may know Denise from channel 7's 'Winners and Losers', or the ABC's 'Spicks and Specks' and 'Agony Aunts'. Or you may have read her hilarious book 'All That Happened At No 26'.

Also on the bill are 'the Bermagui Drummers', 'The Akolele Ukulele Ladies', 'All At Sea', Geoffrey Guiffre, 'The Bermagui Zumba Team' and a surprise MC!

It all happens on Saturday November 24 at the Bermagui Community Hall at 7.30pm. Tickets are \$25 and all profits go to Sculpture on the Edge and Friends of 'Five Forests'.

Enquiries phone Angie 0419699178

SERVICE DIRECTORY

THE TRIANGLE

Accommodation Mumbulla View B&B 3 self contained units, sleeps up to 9 people. Great deals for visiting friends & relatives. Princes Hwy, QUAAMA. Ph: Dave or Cora 6493 8351 or 0406 538 360	Building Services Manor Building Services Fix a door, a new home or anything in between Fully Licensed & Insured (Lic # 42335C) Call Paul: 0416 082 340 or 6494 0000	Farm and Home Care Slashing, Mowing, Fencing Driveways, Weeds, Rubbish Removal Mob: 0408 429 951 or 6493 8114 SKAREKROW
Accountant Howard P. Haynes B.A; CPA Accountant - Tax Agent Member: Australian Society of CPAs 44 Princes Hwy Cobargo NSW 2550 Ph: 6493 6006 Fax 6493 6015	Building Services Drakos Brothers Constructions Lic No: 39234 Major Projects to minor repairs Quality workmanship guaranteed Ph: 4473 7301 Jimmy	Gardening Want any gardening done? Insured, holder of ABN. Good rates. Call Susie on 0411 304 798 or 6493 3341.
Alpacas Kingdale Alpacas Breeding stock, pets and fleece Farm visits welcome Graham & Jenny Froud Ph: 6493 6409	Carpenter & Joiner Ian Thompson Lic No: 20683 Carpentry/Joinery/Cabinetwork Ph: 0412 793 173 or 6493 7327 www.opaljoinery.com.au	Glazier Bermagui Glass All Glass requirements, shower screens, mirror s, kitchen splash-backs Ph: 0447 224 776 or 6493 4612
Art Supplies & Picture Framing Frame & Brush Picture framing, art supplies, art books. 3 Wallaga Lake Rd, Bermagui, ph 6493 3380 www.frameandbrush.com.au	Carpenter/Joiner Timber Concepts Quality joinery - Custom furniture Timber kiln drying. Lic 15404C Ph: 6493 6503 Mob 0409 224 125 www.timberconcepts.com.au	Hair and Beauty Miracles by the Sea Hair & Beauty Studio Safe, Natural Products Ph: 6493 4646 robbieclair@gmail.com
Beautician Natural BeautySouth Coast Skin care advice and products available to purchase Ph: Cheryl on 0429834997 or 44 737 979	Cleaning Carpet Cleaning Mobiclean Carpets, rugs & upholstery, car & caravan interiors. Ph: David and Lyn for a quote on 6493 8119 or mob. 0413 043 983	Handyman Home maintenance & decking No job too big or too small. Ph: Tim Preo on 0422 600 048 Fully insured: ABN 219 5239
Boarding Kennels Bermagui We'll care for your dogs and cats in a safe, friendly environment. In business over 20 yrs. Ph: Allan & Jenni Barrett 6493 4551	Clothing Alterations All clothing alterations, hemming etc. Reasonable Rates Ph: 0428 696 623	Health and Beauty Heavenly Therapies Health and beauty treatments, Scenar therapy. Make-up/hair for weddings. ph Sarah 0417 684 300. www.heavenlytherapies.com.au
<p><i>Tell 'em you found 'em in the Triangle!</i></p>	Concrete Drilling & Sawing Condriill Southcoast Concrete Sawing Drilling Ph: 0417 281 772	Home Maintenance Mostly household repairs and renovations – carpentry and painting. Ph: Sean 4473 7111 or 0408 904 262
Building/Carpentry New Work/Renovations/ outside living areas Please phone Paul Munro on 6493 6618 or mobile 0478229219 Lic. No. 90640C	Counsellor Process Oriented Psychology Live with more purpose, balance and fulfillment Contact Cheyne Morris Ph: 6492 4831 Mob: 0424 015 917	House Re-Stumping Stumps & Flooring replaced, Ant Capping, Reasonable Rates, Free Quotes. Lic No 136977C Ph: 6493 7341 Mob: 0417 543 526
Building Services JKK Carpentry and Construction Quality Alterations and Additions, Fully Licenced and Insured. Lic # 233244c Call James 0415 891 872 / 6493 5032	Electrician Smedley Electrical Services All electrical work guaranteed. Level 2 Authorisation - underground/overhead mains connections & solar installations. Lic. no. 95937C. Phone Geoff on 0414 425 571	Nursery & Landscape Native Instinct Native garden specialist. Design & plans, retaining walls, ponds, watering systems, plants & paving. Ph: Jo & Ken Jacobs on 6494 0191
Building Services Bathroom & Kitchen Renovations 30 years exp, free consultations, all work guaranteed. Lic No. 136977C Ph: 6493 7341, mob: 0417 543 526	Electrical Services HRES Electrical Services Lic . 237879C We pride ourselves in quality work at a good price. Harley Ray & Elena Savchenko Ph: 0419 229 634	<p><i>Tell 'em you found 'em in the Triangle!</i></p>

Ads \$20. To book an ad, please call Nerida on 6493 7222 9am - 6pm, **before sending your ad.**

Then email your ad to **the_triangle2@bigpond.com**

Lawn Mowing & Garden Care Very reasonable prices Contact: Peter & Ruth Fazey Phone: 0429 140 656 or 0402 944 650	Plumbing Luke Hurst's Plumbing Solutions Pty Ltd Lic.No: 220367C 24hr Emergencies - all Areas Ph: 0407 676 869 lukewhurst@hotmail.com	Self Storage New complex at 6-8 Pine Dr, Bermagui Industrial Estate Individual lock-up units, secure, owner on site, long or short term. Ph: Mel on 6493 3177
Legal Robert T Dunn 30 plus years experience; first consultation FREE Ph: 4473 7853 email: tilba@dunnlegal.com.au	Plumbing/Drainage/Gasfitting Tilba Plumbing & Gas Lic.No: 220849C Ian Cowie For all your plumbing, drainage and gasfitting call Hoots Ph: 0429 353 000	Stone Projects Richard Senior All types of natural stonework. www.stoneprojects.com.au Lic No:108434C Ph: 0409 991 744
Massage & Health Robyn Grice (DST, DSS) Zen Shiatsu Massage Therapy (HF Rebates) Equine and Small Animal Acupressure/Shiatsu Cobargo & Bermagui 0405 920 360	Psychologist Amanda Cox Ph: 0409 200 709	Tiler/Wet Sealer Jeremy Hoek For all your tiling and we sealing needs. No job too big or too small Ph: 0411 113 562
Mowers and Chainsaws Lex Gannon Power Products Dealer for Stihl and Honda. New, 2nd hand, servicing, repairs Bermagui Road, Cobargo Ph/Fax: 6493 6540	<p style="text-align: center;"><i>Tell 'em you found 'em in the Triangle!</i></p>	Tractor Hire Ag & Earth Farm & Earthworks Slashing, weed control, earth contracting. Ph: Allan on 0439 164 176 (see display ad)
Painting The Triangle Painting Team Domestic, commercial and rural All finishes. Ph: 6493 7370	Real Estate Bermagui Real Estate 3/5 Wallaga Lake Rd, Bermagui Props: Paul O'Leary & Gary Cotterill Ph: 6493 4565	Tree Surgeon/Arborist SOS Tree Management Fully Insured Stephen O'Sullivan Ph: 6493 6437 Mob: 0418 465 123
Pest Control DK Pest Control Ants, spiders, fleas, cockroaches, rodents, Termite Specialist/Inspections. Seniors Card Discount. Lic No: 1938 David Ing Ph: 4473 7201 or 0407 337 937	Reflexology Hart & Soul Therapies Bermagui Clinic Improve health, relieve stress & pain, boost energy & vitality. Acupressure. Accredited RAOA, ATMS, FNMTT. Ph: 0425 221 668	<p style="text-align: center;"><i>Tell 'em you found 'em in the Triangle!</i></p>
Pet Minding Local animal lover will call and care for your animals and plants while you are away. Ph: Robin on 0418 699 277	Roofing/Carpentry Lic. No: 139428C Metal, slate and tile repairs plus copper & zinc roofs and gutters. 10% discount for pensioners. Ph: Norman 0412 200 556 or 6494 0060	Tutoring Sarah Gardiner All subjects and all levels in your own home. 25 years experience Ph: 6493 7316
Plumbing/Gasfitting Jess Austin Plumbing For all your plumbing needs. No job too small. Lic. No: 156218C Ph: Jess on 0439 457 048 or 6493 5411	Roofing For allyour troofing and re-roofing needs Call Leo on: 0413434976 Lic. No. 209949C	Upholstery Upholstery, Antique Restoration, Re-upholstery & Recover, Boat Covers, Canvas Repairs & Ute Covers. 39 Bermagui Road, Cobargo. Ph: Will on 6493 6125
Plumbing/Gasfitting Craig Cowgill Plumbing Lic.No: 39898C Plumbing, Drainage and Gasfitting Mob: 0419 992 491	<p style="text-align: center;"><i>Tell 'em you found 'em in the Triangle!</i></p>	Veterinarian Cobargo Veterinary Clinic Providing a 24hr service for our clients 56 Princes Highway, Cobargo Ph: 6493 6442 A/hours: 6492 1837
Plumbing/Gasfitting Shane Gale Plumbing Lic. No: L11592 Gas & drainage - mini-excavator hire and bobcat hire, 2 metre dig depth, 4 buckets Ph/Fax: 6493 6009 or 0418 470 895	Sawmill Bermagui Building Timber, sleepers, all fencing, quality hardwood tables, block clearing, slashing and firewood. Charlie McVeity, 6493 4134 or 0428 489 501	Wicker Work & Leadlighting For all cane furniture repairs and leadlight repair and design. Ph: Mark on 0427 455 181 email: oldgreyfella@bigpond.com

Another Fair, another glorious day in Quaama.

The theme was Young People, and the local kids got right in the spirit, participating with much enthusiasm in the activities and competitions, and singing beautifully on the stage as well. Verandah talks were very popular too, drawing good crowds.

As for the winners, congratulations to Quaama School on winning the Scarecrow Comp (People's and Judge's Choice) with Mr Boo Boo, and to the instant kids collective who won the Reverse Garbage Sculpture (People's Choice) with their untitled creation. Judge's Choice for the Reverse Garbage was a bottle sculpture by Oscar.

The cooking competition went once again to Catherine McEwan – both Judge's and

People's Choice – for her gingerbread. And in case you were wondering, the fact that she had named her gingerbread men after the judge was not a factor!

The QPA raised nearly \$600 from food sales, stall fees and the book exchange, so again costs were covered and there might even be a bit left over for the future. Congratulations to the School of Arts Committee who raised somewhere around \$900 in ticket sales and donations for the hall heating fund. And the children who contributed art to the exhibition made \$80 in sales. What a result!

Thanks to everyone who worked hard, again, to make this such a great day. And to the rest of the community, for coming along and

enjoying the fruits of their efforts, and making it all worth it.

Everyone had so much fun that there are already some ideas for the summer fair, to be held on Saturday 19 January. It's to be the Quaama Summer Soiree – yes, a twilight event – with a focus on healthy living, holistic pursuits and of course summer themes. Local artisans will be invited to give demonstrations of their craft. More details next month.

And our thoughts are with the Dive family. Heartfelt best wishes for a full recovery for Ranald, currently in hospital in Sydney.

Ros Ruth and Debbie Fisher shelter from the sun at their plant stall



Quaama School Choir led by Mrs Summers. Their rendition of "Run the Pants off a Kangaroo" was a crowd favourite



The school P&C fired up the barbie.

An appreciative crowd for the Verandah Talks

Well Thumbed Books

Quality second-hand books.

Fiction, non-fiction, children's books plus more.

Find us at 51 Princess Highway, Cobargo (in the old Bakery)

Phone: 0467 880 476

Mon Fri: 10am to 4pm

Saturday: 9am to 1pm




bermagui**fresh**foodemporium
specialising in smoked products

■ fresh fish & seafood ■ full deli range ■ quality butcher

Ken & Trudy Needs
Proprietors

Tel/Fax (02) 6493.4232

Mob. 0409 176 847 - 0429 934 913

18 Lamont Street, Bermagui NSW 2546

bermagui**fresh**foodemporium

The people's supermarket..... Cobargo style.

The prices may not be down but the hands are certainly up in support of Cobargo's latest community venture. People are working together, sharing their enthusiasm and turning another Cobargo wish into reality. It is planned that in 2013 the Cobargo Community becomes the proud owner of its very own supermarket and community centre. In this the International Year of The Co-operative and 104 years since the establishment of Cobargo's first co-op, (which is still going strong) a new co-operative is being established that will be known as Narira Community Co-op. This co-operative will own, operate and develop the existing Cobargo supermarket as well as establish and develop a village sized community centre. The community centre will be created in what very few people know exists, the fully renovated, four room, ideal community space with yard and lovely tree, at the back of the supermarket. We already have donations of chairs, tables, shelves, a microwave, vacuum cleaner, fridge, and art works for the community centre.

So do you want Cobargo to continue to have a supermarket? Would you like somewhere to have a chat with friends, maybe learn a new skill, or get some support when you need it? We are working to make this happen for you and the community but we need your support. Our goal is to raise \$500,000 to buy the supermarket building and business. You can contribute as much or as little as you like. It all helps. We want to encourage you to get together with your family and friends to organise your own fundraising event. It could be a family dinner where everyone pays to attend. It could be your sporting club running an event. It could be you giving a present to the Cobargo community by gifting some money. It could be your friends having a fundraising challenge. It's up to you. We just want you to have fun and help the Cobargo community in the process. "Gifting Cards" will be available throughout Cobargo from the first week of November. The Creative Workers and Producers of Cobargo Association Inc that operates Black Wattle Gallery will be the auspicing body until the legal process

for the establishment of the Narira Co-op has been completed. You can make an immediate gift of money at Black Wattle Gallery where the volunteers will issue you with a receipt on behalf of the Association.

On Sunday the 25th of November at 3pm we are inviting all interested people to join us at the supermarket for a sharing of ideas, to ask questions and contribute any energy you may have to help the process along. We are in particular looking for someone to establish, develop, and maintain an information website for Narira Community Co-op and to do some book keeping.

For further information please contact Suzy McKinnon 6493 7272.

Swapsies: A Mass Clothing Exchange AND Fundraiser event for the Cobargo Supermarket Co-op!

Swapsies will be holding its next clothing exchange event at the Quaama Hall on Saturday November 17 to raise money in support of the Cobargo Supermarket Co-op. Adding to the already fabulous affair of the clothing exchange, will be the talents of some exciting local muso's and a delicious supper!

The Mass Clothing Exchange part of the event will begin at 4pm, where you can swap and shop in the usual Swapsies style. It works as a one for one exchange system and is open to everyone of all ages! Then, after a hard days shopping, what better way to spend the evening than with some great music and a scrumptious supper from 6pm onwards.

Pre event drop offs for the clothing exchange will be available at Carly's in Cobargo from Monday November 5. This will give you the advantage of having your clothes pre-screened and you will therefore not have to wait for this to happen on the day of the event! Please phone 64936822 to arrange a time.

So come and join us for a brilliant

evening at 'Swapsies for Cobargo Supermarket' on Saturday November 17 from 4pm onwards at The Quaama Hall.

Keep a look out for posters with more details and for more information on how the exchange works please visit our website: begavalleyswapsies.blogspot.com



**Open hours;
Thurs thru Sun from 3pm**

**Upstairs @ Bermagui
Fishermen's Wharf**

**Overlooking Bermagui's
North-facing Harbour**

**Ph: 02 6493 3410
Your hosts
Bruce & Janinka**

South Coast Cheese Cafe



**Corner of Bate St
Central Tilba**

Great coffee, light lunches.

local cheese and cakes
7 days a week 9am to 5pm
Ph: 02 4473 7387



Come to life at the Vineyard!

**Open daily
10.00 am – 5.00 pm for wine tasting,
cellar door sales, snacks and lunches**

November Events:

Sunday Live Music: 4th and 18th from 1.00 pm

Social Bridge: Wednesday 7th from 2.00 pm

***Melbourne Cup: Tuesday 6th large TV screen in the Tasting Room
and release of 2012 white wines***

**Signposted off the main highway on Tourist Drive
6.5km north of Tilba. Tel: 4473 7308**



**'Watch your head when using
Cobargo's public toilets'**

A grand piano for a grand pianist

Classically trained pianist Bill Risby is to make another appearance on the coast at the Zephyrs Jazz Concert in the Bermagui Community Hall on November 11 this year. This time he will play on a grand piano loaned by Bolsius Piano Services in Merimbula.

Bill is no stranger to Bermi's acoustically improved Community Hall having played there for the Four Winds concert in 2008. He played improvisations on Bach to a delighted full house. He had previously visited our region with the Four Winds pre concert schools program. As John Shand at the Sydney Morning Herald said "Few listeners will not succumb to the fragile beauty. . . . Risby weights each note with the assurance of an expert concert pianist performing a Satie Gymnopedie. . . . the emotional power stops you dead. We hear too little of Risby"

Bill was discovered by Zephyrs President Peter Storey at the Thredbo Jazz Festival



Bill Risby at the piano

some years ago and has since played twice for Zephyrs at Penders, its previous venue at Bithry Inlet. He has released nine CDs in his own right and played with many visiting overseas jazz artists including Bob Mintzer, Maria Schneider, Wayne Barger, Bobby Shew, Kitty Margolis.

Bill is an accomplished composer for jazz and popular genres. Zephyrs commissioned him to write a quartet piece for Ms Joanna Baevsky

in thanks for her generous accommodation of concerts at her holiday house at Penders over many years. This was played at our last concert at Penders in 2010. The piece was influenced by the sounds of the sea, the bush, the silence and the Bellbirds in the Mimosa Rocks National Park.

Bill has played in Europe (Prague Symphonie), Norway, Denmark, Japan, Korea and all over Australia.

He is currently playing as accompanist to Leo Sayer, Marcia Hines, Darren Percival and Nadia Ackerman from the US. Previously he has played support for Emma Pask, Anthony Warlow, Dionne Warwick, Thelma Houston, Julio Inglesias and US sax player Steve Lacy, among others.

Information about the concert is available on the Zephyrs website: Zephyrsjazz.com or by phoning Raymond Kropf 4476 3396, email: ananda@acr.net.au

Ed Willson at Ivy Hill in November

Bermagui sculptor Edward Willson is exhibiting with abstract artist Anneke van Tholen and landscape painter Tom Bosman at



Ed Willson and sculpture

Ivy Hill for the month of November.

Originally from Canberra, Edward

attended the College of Fine Arts in Sydney, majoring in ceramics and metal work. After travelling and living overseas, he returned to Canberra studied welding and began large scale sculpture.

This exhibition is predominantly carved stone, the medium he finds most satisfying. He says he enjoys the geological side of stone as well as the freedom of expression it allows.

You may recall his amusing concrete pieces at the Bermagui Seaside Fair.

Anneke van Tholen's beautifully balanced large scale compositions are created with a delicate use of acrylic paint on paper. This is then mounted on either canvas or board and sealed. Her masterful use of colour is perhaps due to her training as an architect combined with a Dutch background. This is her first exhibition in six years.

Tom Bosman puts a cubist edge to his landscapes, many of which are recognisable as the Bega Valley and the Monaro. He and his wife have lived in Pambula since 2007.

Having trained in commercial art, he



landscape by Tom Bosman

joined the Free Academy and studied at the ateliers of many Amsterdam artists before coming to Australia where he worked in Canberra.

Ivy Hill Gallery is located on the coast road between Bermagui and Tathra. It is open from 10 to 5, Friday, Saturday, Sunday and Monday. Information, including catalogues, at www.ivyhill.com.au

One Stop

stock feed, fertiliser
& much more

Farm Shop

stockists of hardware,
fencing, polypipe



COBARGO
CO-OPERATIVE
SOCIETY LIMITED



Phone: 6493 6401

Double door broom cupboard (flat pack) \$139.00

Bostik Gap Seal 450g \$2.25ea

Bostik Zero Nails 320g \$2.25ea

Glyphosate 360 weed killer \$14.95

We also have a large range of fertilisers, herbicides,
insecticides, compost, and soil conditioners.

Murrah Goes Twang, Ping, Dance and Clap!

The Murrah Hall recently played host to two enriching evenings of acoustic music. The first by Candelo couple Pete Wild and Kate Burke and the second by long time ago local, John Anderson, which highlighted the wondrous possibilities of experiencing an evening that the acoustically perfect Murrah Hall offers. The performers on the floor, in the acoustical 'sweet spot', the superb original lyrics, arrangements and playing, kept the onstage audiences intimately in thrall. Murrah Hall President, Howard Stanley, is quoted as saying that, "the Murrah - is always a great value night out. It's the world's most vibrant Community Hall venue on the South Coast." A taxi arrived soon after.

November has two big dance nights:

The Murrah Funk Initiative on Friday Nov 2 from 6.30 p.m. A family friendly night of funk music for your ear flaps spun by local and

interstate DJ'S!! Featuring mixologists: False Dawn T: Mo Xenon Stone. These cats will be spinning the funkier cuts ever laid down. Old and Nu School Funky Beats that you can bug out to Fire Twirling demos and other visual trickery from the good peeps at Thought Sport, Tilba (Got poi of your own? Bring them and have a twirl)

There will be delicious food available, prepared by a culinary savage (vegan and carnivorous)

FUNKY FANCY DRESS STRONGLY ENCOURAGED

Bring your funkadelic shoes, outfits and good attitude and be prepared to boogy woogy like it aint no thang!

Entry \$15 from 6:30pm to 11:30pm

In compliance with our beloved Murrah halls guidelines we ask that you please assist

us by leaving promptly and safely by no later than 11:45pm.

(if we look after the hall, she will look after us :)

The Murrah Hall's Annual Fun(d) raiser Community B.Party Nite on Saturday November 10 starting at 7.00 p.m. Dress Red and Black - the Prez turns 60 - they'll all be there, Birthday Scorps and Dragons celebrating - so sexy! \$25 Family \$15 Single

Featuring the legendary dance band, Rooster Spoof and the Separators plus some un-programmable surprises! Murrah curries will be available.

The most entertainingly responsible Food and Entertainment fundraising package on the South Coast.

Narek Gallery's 'Short Stories'

'Short Stories' by Annie Franklin from November 23 to December 31

Guest curator: Helen Maxwell


Annie Franklin has been described by a friend and colleague as a 'devotional painter'.

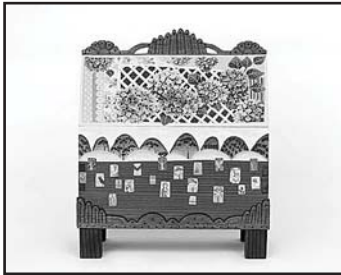
She is an acute observer of detail and lovingly records the intimate activities of life around her and the exquisite qualities of the natural world.

Franklin's paintings are suffused with colour and light. They take us to the place - reclining on the soft earth peering up through Cycads, the light filtered by lacy fronds illuminating their mossy trunks - or standing behind a window, looking out across the lichen encrusted rocks and tufted grasses to the sea meeting the land in foam and spray - or the stark image of a dying sunflower, its head bowed and brilliant yellow petals gone, replaced by crusty seeds, its stalk hardening and spindly, the colour draining from its leaves. At its base a lively tangle of red and green nasturtiums and geraniums accentuate the drama of this modest transformation, and in the distance, as though incidental, the events of the day unfold.

One of the great strengths of Annie Franklin's work is its ability to allow us to be present in the experience, to quietly witness the beauty of the moment.

Helen Maxwell

**Narek
Galleries**



Short Stories - Annie Franklin
23 November to 31 December
Old Tanja Church 1140 Tarthra-Bermagui Rd Tanja
t: 6494 0112 www.narekgalleries.com
open: Fri Sat Sun Mon 10.30 - 5.30 & by appt.

Stories from Off the Beaten Track with Premda

Premda's 22 Community Hall tour of the region commenced in early October with enthusiastically received performances at Tilba and the Quamma Hall.

His autobiographically based stories move between the personal and the profound, they are literally stories from Off The Beaten Track. As the metaphor implies he is on a journey, a journey of living and all that that entails. The mundane, the profane, the spiritual. He's experienced the abyss and lives! Performed with vigour, candour and humour his adventures resonate into our own experiences, our own personal stories and histories.

Premda will be appearing at Wandella Hall on Saturday November 17 and at Tanja Hall on Friday November 23. Both shows start at 7pm. The show runs for 80 mins with no interval. Entry is \$15

CATERING

For parties - large and small.

Specialising in elegant finger food using regionally sourced product where available. Weddings, birthdays, any celebration catered for in in your own home or venue. Dinner parties, lunches, morning and afternoon teas... no kitchen too big a challenge.

For menus and quotes contact
Carole Broadhead on 6493 3678



Luke Hurst's Plumbing Solutions Pty. Ltd

Domestic, Commercial, Industrial

Licence No: 220367C

Phone: 0407 676 869

24 Hour Emergencies

Drainage, LPG, Solar

Water Services

Roof Plumbing

Marine Installations

lukewhurst@hotmail.com

Grow your own

I have often heard it said that growing your own fruit and vegetables is too hard and simply just not worth the effort but with very little effort there are many varieties of fruit and vegetables that require very little maintenance and are certainly worth a try.

I have mentioned previously in Garden Gabble that to grow great plants, good site preparation for planting, whether for seasonal plants like vegetables or for long lived trees and shrubs like fruit trees, should all be the same. Good site preparation will allow the plant to grow quickly and healthily and unless some other unforeseen situation arises you will be successful in having good crops of food to consume.

Incorporating manures and compost into the soil will improve the structure and texture of your soil which in turn allows good root development and allows for good drainage. Understanding however that manures and composts are for this purpose and fertilisers, whether chemical or organic, feeds the plant. Composts and manures, on their own, are just not enough.

Moving on from the soil preparation side of things to the actual planting of the plants there are many plants to consider that do not require a lot of maintenance for the return that you get from them.

In the vegetable garden at this time of the year most of the salad type plants require very little attention apart from some added nutrient like seaweed and fish based fertilisers. Some pet friendly snail bait and a regular watering pattern will give great pleasure when the dinner plate

is full of lovely fresh salads. It just makes my mouth water at the thought of it.

Fruiting shrubs and trees that are low maintenance are now readily available from good nurseries.

Buying plants that are potted and in leaf



give you an indication that the plant has come out of its winter dormancy and is well on the way to beautiful fresh new growth.

Recently a well-known Australian fruit tree grower introduced a range of fruit trees that require little or no pruning and are suggested disease resistant. Some of these varieties are also dwarf forms that are great for pots or small gardens. A visit to your local nursery will surprise you with the advancement in fruit tree development in recent times.

Fruiting shrubs that require little maintenance include blueberries, currants, gooseberries just to name a few. These do not have to be planted in a specific "patch" but incorporated amongst other plants throughout your garden. I had a problem with bird and animal attack in a previous garden but now plant the bushes amongst my perennials and shrubs. Not only are we getting a great response from the bees but we certainly have fooled all the other trouble makers. I think a lot of birds and animals have an ability to search out plants growing in straight rows.

Try planting some strawberries in a hanging wire basket in a sunny spot on the verandah or pergola. Liquid feed regularly with a low nitrogen but high phosphorous and potassium fertiliser and you will be making jam for months. This type of fertiliser increases flowering and fruiting and not a lot of heavy leaf growth.

As mentioned earlier now is the time for our summer vegetable garden to be well under way. Quick growing salad plants should be fertilised regularly to keep them crisp and delicious and other plants like pumpkin, cucumbers and melons need to be in, to avail themselves of the long season they require to produce their fruit.

If you have fruit trees in, keep an eye out for aphids and fruit fly and trap them with organic baits that are now available in nurseries.

On this note I must congratulate some members of the Tilba and environs community who have commenced a fruit fly trapping program in the district to eradicate this pest from our area. Well done.

Till next time get down and get dirty.

AG & EARTH CONTRACTING

Bobcat - Excavator - 4x4 Tractor

Slashing Weed spraying Building sites
Driveways General excavations
General farm works

Allan 0439 164 176

DR PARTY ROCKIN'
 Amusements and Party Hire

Jumping Castles	Helium
Giant Slides	Party Hire
Party Supplies	Event Hire
Corporate Hire	Ballons

0437 042 704
0438 336 795

www.facebook.com/DRPartyRockin

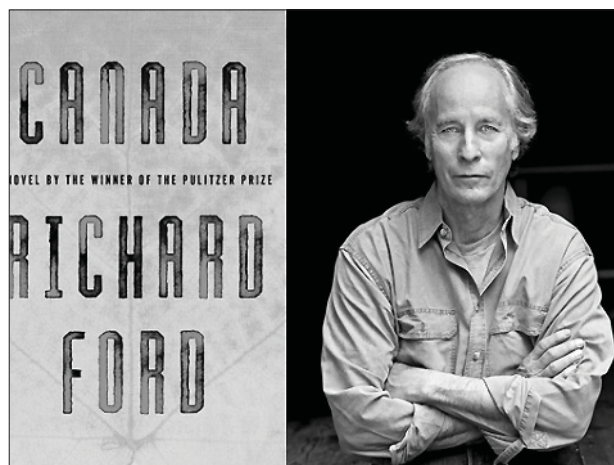
Servicing:	P.O. Box 203
South Coast	Bermagui
	NSW 2546

Canada, Richard Ford, Bloomsbury, \$29.99

I have never read any of Richard Ford's books (not even Independence Day), but he was highly recommended by a good friend, so when this came out recently to such rave reviews, I thought I'd give him a try. The novel is set in the 1950s in Montana. The main characters are a family with two children and for a complicated set of reasons, the parents decide the only way out of their financial predicament is to rob a bank. The young teenagers are left stranded by this decision; the boy, Dell, is taken to Canada, the daughter runs away to California. Dell gets caught up in the lives of extremely complex characters in the frontier town and struggles to maintain his dreams of returning to education

and being reunited with his sister.

This is not an easy book to read (or to understand, in my case), but it is worth persevering, if only for the language and the beautiful writing. It is also a wonderful insight into the harsh life lived by many in the 1950s not the least by children, whose welfare and rights were so frequently ignored.



Pets of the Month

Animals For Adoption



Available are the following animals:

Dogs and Pups

FSC 1420	Benji	J/Russ x Foxy	1 ½ yrs
FSC 1424	Junior	M Staffy x	5 yrs
FSC 1425	Buster	M Rottie x	2 yrs
FSC 1426	Molly	F Kelpie x B/ Collie	6 mths

Cats and Kittens

FSC 1376	Maxi	M DSH Ginger/white	4 years
FSC 1389	Meggs	F DSH Manx	11 mth
FSC 1392	Pearl	F DSH cream cat	4 yrs
FSC 1393	Precious	F DSH Grey/Silver	5 mths
FSC 1396	Sooty	F DSH Black Cat (small)	1 yo
FSC 1419	Mojo	M DSH Tabby	4 yrs
FSC 1422	Beany	M DSH Black/white	11 mths

4 large black lop eared rabbits. 2 Males and 1 female 14 months and 1 male 2 years.

Please phone 0400 372 609 for all enquiries about adopting one of these animals.

We are constantly looking for volunteers so if you have some spare time and would like to meet like-minded people please call 0400 372 609. You would be most welcome. Please check your pets daily for ticks. Thanks to everyone for your support. We couldn't do it without you.

Regards, Glen Curry (for Wendy Cook, Welfare Officer) AWL Far South Coast Branch

PAM'S GENERAL STORE

Tilba Tilba

YOUR ONE STOP SHOP

Supplying:-

FUEL: UNLEADED, PREMIUM, DIESEL

MEAT AND CHICKEN

ICE, BAIT, GAS REFILLS

LAUNDRY

TAKE AWAY CAFÉ

BEER, WINE, SPIRITS

GROCERIES, FRUIT AND VEGIES

*Just ring your order through
if you wish*

**NOW SELLING CAPUCCINO
AND BYRON BAY COFFEE**

NEW OWNERS:

SHERRY & CLIFF HAYDEN

PHONE/FAX: (02) 4473 7311

COBARGO SUPERMARKET

Large Selection of Groceries
Best Quality Market Fresh Fruit and
Vegetables - Available Thursdays

GLUTEN FREE PRODUCTS
CONTINENTAL DELI
NOW SELLING SOURDOUGH
BREAD & BAGUETTES
AND WILD RYE FAMILY PIES

Gifts, Souvenirs and Homewares

New Trading Hours:

Mon-Fri 8.30am - 5.00pm

Sat 9am - 12 midday

Princes Highway Cobargo
Ph: 02 6493 6405

Bermagui Little Lambs



**Preschool/Long Day
Care**

Vacation Care
**Before & After School
Care**

Owners: Debbie and Ashley

Phone 6493 4487

Who does the work

The Editorial Committee
Rosemary Millard (President)
Taina Podlesak (Treasurer)
Elizabeth Andalis (Secretary)
Louise Brown
Maralyn Callaghan
Sarah Gardiner
Jo Lewis
Nerida Patterson
John Small

Advertising
Nerida Patterson 6493 7222 (9am-6pm only)

Layout & Design
Cheyne Morris and Jen Severn

Accounts
Taina Podlesak Phone: 4473 7027
Mail accounts to:
PO Box 2008, Central Tilba NSW 2546

Area Contacts
Bermagui: Position vacant
Cobargo: Elizabeth Andalis - 6493 6738
Well Thumbed Books, Cobargo - 0467 880 476
Quaama: Jen Severn - 6493 8515
The Tilbas: John Small - 4473 7406

Printing: Narooma Printing – Narprint

Accounting Service
Howard Haynes, Cobargo

Distributed by Australia Post and available from:
Bermagui: 777 Supermarket, Visitors Centre,
Newsagency, Bermagui Beach Hotel, Post Office, Bridge
Motors, Caltex Service Station,
Library, Bermagui Country Club
Central Tilba: The Cheese Shop, Rose & Sparrow,
Tilba Winery, Dromedary Hotel
Cobargo: Post Office, United Petrol, Newsagent
Narooma: Information Centre, Library, Quarterdeck
Quaama: General Store
Tilba Tilba: Pam's Store
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines
Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged
for initial ad layout.

Letters to the editor
Letters should be no more than 150 words. All letters
must be signed by the writer and give both business
and home phone numbers so letters can be verified.

All communications should be forwarded to:
The Editors,
The Triangle
PO Box 2008, Central Tilba. NSW 2546
the_triangle2@bigpond.com
Telephone: (02) 6493 6738
ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is
to provide information and news to the people in The
Triangle area. The committee is made up of volunteers
who donate their time and expertise for the benefit of our
readers. The Triangle is financially self sufficient through
income generated through our advertisers. This is a tight
budget and prompt payment of accounts is appreciated.
The Triangle is published every month except January
and has a circulation of 2000.

Soft Footprint Recipes

Hi everyone,
Time to make Christmas puddings and cakes
to put away for Christmas....the recipe for this
pudding has been in our family for ever and is
the easiest and nicest tasting pudding I know.

Aunty Mae's Pudding

2 cups of plain flour
500gm mixed fruit
2 tablespoons of melted butter
1 desert spoon of bi-carb soda
1 cup of sugar
1 cup of soft breadcrumbs
1 teaspoon of allspice
1/2 cup of mixed peel
1 1/2 cups boiling water
1/2 cup of sherry or brandy.

1. Place all the dry ingredients and fruit into a
large bowl except carb soda
2. Add bi-carb soda to the melted butter, make
a well in the dry ingredients and pour in the
butter bi carb mix.
3. Pour boiling water over the ingredients and

Place the mixture in the basin and cover the top
with baking paper then foil and tie with string.
Place in a large saucepan and put water in to
half way up the basin. Top up with water when
necessary. Boil for 3.5 hours

To keep the pudding take it out of the basin,
wash the basin, grease it and line the bottom
with baking paper again and keep in the fridge
or a cool place, cover with foil. If you are
making more than one, or need the basin, just
wrap the cold pudding in baking paper and foil
and store the same way. It can be microwaved
to reheat or put back into the saucepan.

And I found a nice way to do roast potatoes....
pre heat the oven to 180degrees

Pancetta potatoes

Peel even sized potatoes and slice a piece off
the end so that they will stand up. Make a hole
about an inch deep with an apple corer in the
top end.

Each potato needs a quarter of a slice of
Pancetta. Slice it lengthways and then in half

and place a piece of
Rosemary one end
and roll it up tight.
Place it into the
hole in the potato.
Top each potato
with a quarter
teaspoon of butter,
brush with oil and
sprinkle with salt
and pepper.

This is a good
accompaniment to
roast chicken or
with a salad for a
light lunch.



mix well with a wooden spoon, leave overnight.
4. Next day grease a pudding basin. Line the
bottom of the basin with baking paper. Add
sherry or brandy and stir through the mixture.

I hope you enjoy trying these recipes out,

Carole Broadhead.



BERMIAUTOS

- * All Mechanical Repairs
- * Log Book Servicing
- * Tuning (Petrol, LPG, Diesel)
- * Tyres and Batteries
- * Full 4x4 Servicing
- * Wheel Align and Balance

**Pink Slips
and
QBE Greenslips
NOW AVAILABLE**

1 Sherwood Road Bermagui 2546

Ph: (02) 6493 5906

Fax: (02) 6493 5907

email: bermiautos@hotmail.com

The Triangle's *Eco Edge* Contribution

sponsored page

This month's contribution to AKT is poetry by Annie Fenn from
Earth Mother Mountain



Ancient Mother

Gulaga
Ancient Mother

Volcano formed
Core, now cool

Docile, imperial
Wise

Reclining pensively

Weaving
Mother nurturing
Energy

Through those
Seeking
Solace



Healing Mother

Gulaga
Healing mother

I seek
Comfort
In your
Shadow

Whilst a
Tempest
Beats at my back

Taunting my
Heart
With its
Truth
Mend me



Earth Mother

Gulaga
Earth mother

Watching over
Lava carved valley of soul

Earth people gather

Wide eyed
Koori child's grin
Splits the night

Corroboree
Themes vibrate

Traverse the
Songlines

Binding mother
Child
Earth

Please send your stories of up to 500 words to the_triangle2@bigpond.com or post to The Triangle, PO Box 2008, Central Tilba, NSW 2546 by 23 October 2012.
If you're a student, please include your name, age and school.
The judges' decision is final, no correspondence will be entered into, etc.

This is a service provided for the use of the local community by AKT International.



Rock Mother

Gulaga
Rock mother

I have heard your
Rock chanting

Songlines
Soothing

Pulsations

Earth elders
Stomping ground
Pounding

Beneath your
Swirling mist
Summit

On this page we encourage residents of the Triangle region to contribute stories of up to 500 words. We will print those essays that express the most vivid environmental images you are able to describe. They may be simply a picture in words, or aspirations for our land, or maybe reflecting on your frustrations with the way we humans handle ecological matters.

Submissions from school students will be in the running for two prizes of \$200 (one primary age, one high school age) for the most poignant essays. A sub-committee of The Triangle will judge the winning essays, which will be published in the December issue. The criteria for the winning essays will not necessarily be their literary merit but the ability of the essay to best sing to us songs of the bush, creeks or beaches.

Luis Dorado, CEO, AKT

Bermagui Public School News

Montreal Goldfields

On Wednesday, 10 October, Year 5, 'Walimaa', went to the Montreal Goldfields after learning about the gold rush in Human Society and Its Environment. There were some quirky stories and interesting facts, it showed how hard early settlers worked and how much easier it is today. Being in a lush environment it felt strange to hear that it used to be a moonscape and there wasn't a tree anywhere.

The population in Bermagui was 18 people before word went out about the gold rush in 1880's. Suddenly the population expanded in three weeks to over 2000 people. We had a great excursion and hope to return soon. Overall we had a great time and learnt a lot Montreal really is a hidden treasure.

*Megan Rutherford and
Zoe Holdsworth*

Jump Rope for Heart

On the last day of Term 3, Bermagui Public School had a 'Jump Rope for Heart' day ran by Year 6 and coordinated by Miss Smith. Prior to the Jump Rope for Heart day, all classes went out for 20 minutes every Tuesday to Thursday to practise skipping while listening to upbeat music. All the children at the school participated in skipping. There were eight tabloids, they were Follow the Leader, Obstacle Course, Skipping Skills, Long Rope Skipping, Double skipping, Snake, Skipping for Fun and Linked Skipping. We raised \$157.50 for the Heart Foundation.

Bethany Jee Partridge, Zoe Tot

Hayley Stark and Effie Musumeci

Jacinda Norris, Lexi Odd, Megan Rutherford



Tia Bismire, Grace Gowing

Jump on board The Crossing's Big Yellow Taxi project to help create a songwriting camp for young people

Our campaign just went live on StartSomeGood! Check it out, share with your friends and contribute if you can so I can start some good. We only receive funds if we meet our goal:

http://www.startsomegood.com/venture/the_crossings_big_yellow_taxi_project/campaigns/show/creating_songwriting_camps_for_young_australians

Inspired by songs like Joni Mitchell's Big Yellow Taxi, The Crossing needs your help to deliver a songwriting camp for disadvantaged young Australians. The Big Yellow Taxi Project will inspire remote and isolated youth of the far south coast of NSW, to share and express ideas through music and song, about sustainable and healthy living

Young people from this area are often have difficulty engaging in recreational activities and feeling part of the community due to: a lack of activity options, lack of public and private transport, cost and long distances they have to travel to access extracurricular activities

such as professional music training.

Promotional in school sessions are planned to encourage students from local Secondary Schools to participate in a songwriting camp with local professional musicians at The Crossing venue in late December 2012.

To raise funds to pay for musicians and to subsidise camp costs for young people, The Crossing is seeking funds through startsomegood.com

Pledge your support by following this link to help us deliver a songwriting camp about 'what's good, what's right and what needs fixing' and help us build youthful passion and energy in the Australian folk scene

http://www.startsomegood.com/venture/the_crossings_big_yellow_taxi_project/campaigns/show/creating_songwriting_camps_for_young_australians

Here you will able to make a payment



towards the project and in return receive a reward that acknowledges the level of your contribution.

Dean Turner

Project Director

*The Crossing Land Education Trust
<http://thecrossing.thebegavalley.org.au>*

How Do I Cook With That?

How do I cook with that? It's a question heard often by the Sweet Home Cobargo team. We have decided to write a monthly paragraph on foods worthy of our attention if we want to lead a long and healthy life. We hope you enjoy it. And as quinoa is currently in the spotlight, having been awarded its own year (2013) by the United Nations Food & Agriculture Organisation, we have decided to start with that.

This tiny seed, doubling as a grain, has been a staple food in South America for centuries. Its high protein content is at the top of the list when discussing its value. Along with soy, quinoa qualifies as a complete protein, meaning that, like some animal forms of protein, it contains enough of all the essential amino acids our bodies need. Quinoa is a high fibre, gluten free, low GI source of iron, calcium, potassium, B & E vitamins and antioxidants. It can be used in the same way as rice; a grain on which to put your favourite sauces and curries or bind your meat balls, as an alternative to bourghal in your tabouli or pasta in your salads, or as a flour substitute in all of your favourite cakes, breads, pastas, biscuits, puddings etc. And it's particularly popular with weight loss programmes.

Simply rinse your quinoa in a fine sieve and cover with water, stock, milk or juice, depending on what you're cooking, (2 cups liquid to one cup quinoa) cover and simmer for ten minutes if using white quinoa and 15 minutes for red or black. Once cooked, let it stand covered for a few minutes then fluff it up as you would rice. Apart from rice, all of our popular carbs; bread, pasta, cous cous, bourghal, are all made from wheat. Varying our grains gives us a much greater range of nutrients in our diets. And quinoa is a great way to vary your carb intake. Quinoa is also available as flour, as a rolled grain for porridge or soaked muesli and as pasta. And it's delicious.

Yes it's pricey, but one cup of quinoa can feed a family of 4. It expands during cooking, to four times its volume, making it a justifiable purchase. And it's good for you. But beware! The popularity of this declared "superfood" has made it too expensive for natives of South America to afford, causing wide scale dietary deficiencies for struggling communities. Be mindful of buying quinoa which is Australian grown where possible. The Australian supply doesn't currently meet demand, so buying Australian is a seasonal luxury. Let's hope we get more and more local crops going, so that we can all enjoy the benefits of this wonderful food.

Sweet Home Cobargo



Snakes for summer

With the warmer weather snakes are on the move looking for food and a mate. Snakes have a home range of several kilometres and actively travel within that area. Most snakes that are seen in our neighbourhoods are just passing through. However, sometimes they can get into a bit of strife and need some help to get going as evidenced in this photo of WIRES volunteer Paul Purcell from Pambula freeing a snake that became hopelessly ensnared in fruit tree netting.

When netting your fruit trees please do not use the dark-coloured netting known as 'Anti-bird Netting'. Animals find it difficult to see this netting and the fibres are so thin that they can cut through the trapped animal's skin causing serious and even fatal injuries. Also, fruit tree netting that is placed too loosely over the trees, as evidenced in this photo, can create a real danger to our animals. It is very important that the netting is pulled tightly to prevent entanglement.

WIRES operates under licence from National Parks, and WIRES must follow the National Park's laws and guidelines. National Parks and WIRES encourage people to co-exist with our wildlife and to recognise that snakes are a part of our natural habitat. Some of our WIRES volunteers are specially trained as snake handlers. Please note that WIRES is a not an animal removalist organisation and is only allowed to relocated snakes if: the snake is entangled or trapped; is inside a home, business or garage or if there is a public safety issue such as a snake in a children's playground.

The general public also needs to take whatever steps are reasonable to keep their



Paul Purcell and snake netting

Photo by Pam Gollan

yards and properties adequately maintained and free of structures like wood piles or other piles of rubbish that snakes can take refuge in. Also, it is important to note that Red-Bellied Black snakes are the main predators of baby Brown Snakes and help to keep the Brown Snake numbers in check.

To encourage a snake to move along, you can spray it lightly with a garden hose. Point the hose in the direction that you want the snake to move in but do not spray the snake if it is cornered in a tight spot. Do not try to kill or pick the snake up. Most snake bites occur when people are trying to move or kill a snake

Belongings

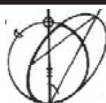
SELECTED ITEMS OF FURNITURE
AND HOMEWARES
WORTHY OF A SECOND CHANCE

3/2 Wallaga St, Bermagui
0488 950 165

ARCHITECTURAL and LANDSCAPE

- * design, advice and assistance
- * drawings and certificates for council
- * project management

SARAH GARDINER
6493 7316



Join the Gnomes in COBARGO Main Street
GIGANTIC
TRASH & TREASURE SALE

Sat 10th Nov

8am to 12 noon

Everybody

Invited -

Bring your

Treasures

From your

Spring

Clean-out!



Tools, clothing, jewelry, bric-a-brac,
Or anything you can think of !!

Classifieds

FOR SALE

ROOSTER

Pure bred Silver Grey Dorking Rooster for sale – only 8 months old – son of Tarzan. \$20.00
Contact: Maggie Cursley 6493 6019 / cursley@bigfoot.com.au

BIRD NETTING

Second hand bird netting in good condition. Large quantity's \$5 per metre. 0420939878

DORPER RAMS

Dorper Rams - full blood brucellosis accreditation from \$330 incl. Col Jones Quaama 64938360

CEILING LAMPS

2 oyster ceiling lights. Diameter 40 cms. One with fluorescent bulb. Suitable: family room, bathroom, bedroom, hallway. \$25 each or \$45 for both
Phone: 4476-8478

TOYOTA CAMRY

1995 joy to drive. 11 months registration. Good condition. Ph: Prana on 6494 0052

LOST

ITEM: MOBILE PHONE Phone, Nokia N900 (Black)
Lost at Cobargo Skatepark
Please contact Angelito Cotterill 64936634

TO RENT

FLAT to RENT in beautiful Williamstown. Very comfortable 2 bedroom flat in garden setting. Minutes to shops, waterfront and transport. A great base for exploring the city. Everything provided. Available from December 22 to January 22. \$350 per week (negotiable for rental over entire period.) phone Georgina 0448629042

FREE PETS

Free to good home, much loved fluffy grey cat, 3 yrs old, desexed female. House trained. To good home only. Ph: 0403 084 456 or 0421 608 616

SEEKING EXPRESSIONS

Seeking expressions of interest from The Triangle's mind body and wellness community
Calling all Mind/Body practitioners interested in being part of a Yoga, pilates, tai chi, music, dance, retreat and workshop collective in Bermagui.
Venue is central, participation is at your discretion using therapy rooms or timber floor movement space, negotiable to your time availabilities either daily, weekly, monthly or quarterly.
Contact Garry on 0400 040816 for more information.

Please note: we will discontinue ads after one month unless advised by advertiser



**THINK PRINT
THINK NARPRINT**

colour brochures - business stationary
cards - letterheads - note pads
fridge magnets - newsletters
flyers - graphic design
black & white / colour photocopying
printed envelopes - laminating and now
LARGE FORMAT PRINTING

**NEW LOCATION NEW
PRODUCTS**

T. 4476 1824 F. 4476 3265
E. ask@narprint.com.au
2/108 Wagonga Street Narooma
Narooma NSW 2546

quality printing @ competitive prices

The fire season has begun

The Cobargo Rural Fire Brigade has had a busy time during the last two months. The last week of August saw a rush of small grass fires and Hazard Reduction burns before the Fire Permit season began.

On the August 16, the Cobargo Brigade hosted an evening with members of the local community, where they were very grateful to receive a generous donation of funds from the Cobargo Horse and Trail riders Club. This Club also gave donations to Bermagui, Quaama, Tilba and Brogo Fire Brigades. These funds will be used to equip and train the Fire Brigades for the coming summer season.

September 22 saw a willing band of 'Firies' manning the barbeque at the Cobargo Market Garden Open Day. This was a wonderful occasion, with gardeners and children wandering the grounds, local artisans displaying their talents and market stalls displaying their wares. Many thanks to Janet Doolin for opening her lovely property to the public, and allowing the Cobargo Fire Brigade to take part. We had a very successful day, and look forward to the next open day proposed for early 2013.

The Cobargo Hotel was the venue for a most entertaining and educational Trivia night,

held on September 29, and all for the benefit of the Cobargo Fire Brigade. Many thanks to Gordon and Julie Steele for the opportunity to hold the event, and to the organiser and fellow Brigade member Dave Rugendyke. We all thoroughly enjoyed the evening and congratulate the winning team.

On Saturday October 13, Cobargo Fire Brigade joined forces with units and members of Bermagui, Quaama, Brogo, Tinpot and Bega Brigades at a Ceremony held at The Quaama Anglican Church. A Service was held in the Church to remember and reflect on the bush fires of January 1952, when several lives were lost and many homes and properties destroyed particularly in the Upper Brogo area. Reverend Harvey Sloane then led all the guests outside to the line-up of waiting vehicles. Each truck and crew were given a solemn blessing, and a prayer for a safe journey and successful job fulfilled, when called into action during the approaching summer season.

Cobargo Rural Fire Brigade meets for training every second Thursday night at the Fire Shed in Wandella Rd. New members are always welcome.

Carolyn Cole

The story teller and the pianist

Former Cobargo resident Isobel Blackthorn moved to Melbourne three years ago to fulfil a dream she'd carried in her heart for four decades. Now she devotes all her time to creative writing, heading straight for the PC or the pen the moment she wakes. After publishing her memoir, Lovesick, in 2011 to much acclaim, Isobel turned her attention to short story writing. The result is ALL BECAUSE OF YOU, a collection of eight stories which depict intimately and honestly the travails and heroic responses of women and men confronting the pith of their lives.

When Isobel was wondering how to present her work, her daughter, pianist Elizabeth

Blackthorn said, 'Why don't you put on a show?' In her show, Isobel doesn't only tell a story, she weaves a magic spell, the listener captivated, buoyed along by Elizabeth's sultry melodies. It's the perfect combination, so intimate, audiences hang on every word.

'We had to come back and perform in our old home town. Cobargo means so much to both of us. I feel an ache in my heart whenever I picture the village and all of the wonderful people who live there.'

The performance will be at Cobargo School of Arts Supper Room on Saturday 1st December, at 6pm. \$10 entry (byo)



OZAWA
EXCAVATIONS Pty Ltd
quality landscaping & excavations

PRECISION ACCURACY AESTHETICS
Owner Operator with 20 years experience.

- All Drainage & Sewerage Works
- Landscaping
- Footings
- Driveways
- House sites
- Trenches
- No job too small

FOR A FREE QUOTE

PHONE 6493 3242
OR MOB 0400 905 297

BERMAGUI

FRESH

FRUIT & VEGETABLES

AT THE 777 COMPLEX
BERMAGUI

Best quality market fresh fruit & vegetables twice a week.
Bulk oil, local honey and flour available
local eggs and Benny's quality meats
local fresh produce
Morrison Street gourmet sausages
Berry Sourdough & fresh bread varieties
Wide variety of organic certified and gluten free foods.
Discounts on wholesale and bulk orders

OPEN 7AM TO 7PM
7 DAYS A WEEK

02 6493 4682



ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2012 at Club Bega, the 3rd Tuesday of April, June, August, October and December. All welcome, phone 6493 4984

ANGLICAN PARISH OF COBARGO AND BERMAGUI

Quaama - St Saviour's - 3rd Sunday, 7 pm Holy Communion. 1st Wednesday of the month, 10 am Morning Service .Cobargo - Christ Church - Fri, 10 am Holy Communion, Sundays, 8 am Holy Communion Bermagui - All Saints - Thurs. 10 am Holy Communion, Sun. 10 am Holy Communion. Enquiries: Ph. 6493 4416.

BERMAGUI BRATS

Radio Control Offroad Racing Club, 1st Sunday of each month, Rego @ 12.30pm with Racing @ 1.00pm. Further Details call Albert on 6493 3005

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday mornings: Porcelain Art; Tuesday Mornings: Art, Needlework/Quilting; Thurs. am Leadlighting/mosaics Fri. am; Pottery, mosaics: Visitors and new members welcome.Ph. 6493 4340

BERMAGUI SES UNIT

16 Young Street Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Rod Moore on 6493 5068. Meet 1st Thurs. each month at Bermagui Country Club & 3rd Thurs. at Cobargo Hotel at 7.00pm for 7.30pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6:30pm. Ladies and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Croquet Club play Every Thursday 2.00-4.00pm. New players always welcome, tuition and friendly games always available, equipment provided. Dave or Tina Cotton, 6493 3800.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10am-12pm at the CWA Hall, Corunna Street. All welcome. Babies to 4yos. Gold coin donation. Ph Liz Huggett, 0419 249 250.

BERMAGUI HISTORICAL SOCIETY AND HERITAGE MUSEUM

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 6493 4538.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI WEIGHTLIFTING CLUB Inc. Gym room Bermagui Sports Stadium.

Facilities for Olympic Style Weightlifting and training with weight for all. Coaching is available. Wednesday 5pm. Sundays 3pm. Contact John, 6493 5887

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms. Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms)
\$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SCHOOL OF ARTS HALL COMMITTEE

Meets quarterley. Hall bookings: Steve Ross smross@ozemail.com.au Other inquiries: Sheelagh Brunton 6493 6538

1ST COBARGO SCOUT GROUP JOEYS/CUBS/SCOUTS

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms Cobargo - 2nd Tues of the month 10.30am. enquire: cwa.cobargo@gmail.com Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries phone 64938141, 64936948 or 64936435

OVER 50'S FUN & FITNESS

Every Tuesday, 2pm to 3pm at the Bermagui Country Club, with Nancy Casu, qualified fitness instructor. 'Heart Moves' and 'Tai Chi' program. Cost \$8, free introductory class. Contact Penny Levin (Pres.) 6493 5602 or Jan McCartney (sec.) 6493 3573

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo - once a month on a Wednesday 1.30pm-2.30pm at CWA cottage, Bermagui - every 2nd Friday 10.30am - 12pm in the Ambulance station. Quaama - Wed. by prior arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538 cobargohall@gmail.com.

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary - stay/play as long as you like - visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 6493 6524.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui Cobargo: 1st and 3rd Sundays at 11am; 2nd and 4th at 7pm, Cobargo Bermagui Rd. Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30 3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am. Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings Anglican Church Hall, 13 Tilba Street, 2nd Tuesday of the month, 7.00pm. Whether beginner or pro, come & experience the joy of photography. Dave Cotton, 6493 3800.

HEART TO HEART

2nd and 4th Saturday of the month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club. Now paddling on the Wagonga Inlet, Narooma For information on paddling days contact Peter or Kathryn Essex on 4476 3952 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John "Robbo" Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

TILBA MARKET

Home grown, Hand made
Grow it, Make it, Sew it, Bake it
every Saturday 8am to 12 Central Tilba Hall
Stall booking essential phone Kay on 4473 7231

Community Notices are advertised in The Triangle for non-profit groups free of charge.

If details of your group change, please advise us at the_triangle2@bigpond.com

For the Fridge Door

NOVEMBER	EVENT	WHERE	TIME
Fri 2	Murrah Funk Initiative	Murrah Hall	6.30pm
Sat 3	Mumbulla School Spring Fair	Mumbulla School, Bega	
	Montague Choristers Performance	Bermagui Community Hall	2.30pm
Sun 4	live music: Mark Whitty	Tilba Valley Wines	from 1pm
Tues 6	Melbourne Cup \$25 Lunch & Darryl Lamb	Bermagui Country Club	
	Melbourne Cup \$18 Lunch - prizes for best dressed and sweeps	Cobargo Hotel	12 noon - 2pm
	Melbourne Cup: large screen TV & 2012 white wine tasting	Tilba Valley Wines	
Wed 7	Bermagui Historical Society AGM	Bermagui Museum	2pm
	Social bridge	Tilba Valley Wines	from 2pm
Fri 9	'True Blue'	Bermagui Country Club	8pm
Sat 10	Trash & Treasure Sale	main street Cobargo	8am - 12 noon
	Peter McDowell	Bermagui Country Club	8pm
	Poetry reading by Rachel Colombo	Open Sanctuary, Tilba Tilba	5pm
	Murrah Hall Annual Fun(d) raiser dance & variety night	Murrah Hall	7pm
Sun 11	Zephyr's Jazz Concert	Bermagui Community Hall, Bunga St	2pm
	Philippe's blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Cobargo	1pm - 5pm
Wed 14	AGM, Bermagui U3A	Bermagui Country Club	2pm - 4pm
Fri 16	Billy Malcolm	Bermagui Country Club	8pm
Sat 17	'Black Velvet'	Bermagui Country Club	8pm
	'Off the Beaten Track' with Premda	Wandella Hall	7pm
	Swapsies & fundraiser	Quaama Hall	4pm
Sun 18	Brian and Annie	Bermagui Country Club	8pm
	free live music: Sorta Brass	Tilba Valley Wines	from 1pm
Fri 23	'Off the Beaten Track' with Premda	Tanja Hall	7pm
	Cobargo's Mini Festival starts: Laneway Markets	Cobargo town	3.30pm - 6.30pm
	opening exhibition of the Sapling Gallery	Black Wattle Gallery, Cobargo	5.30pm - 6.30pm
	Off the Rails Young Muso's night	Ello's Train Café, Cobargo	7pm - 9pm
Sat 24	DJ Darryl Towney	Bermagui Country Club	8pm
	Arts & Environment fundraiser: The Beat Goes On	Bermagui Community Centre	7.30pm
Sun 25	Narira Community Co-op meeting	Cobargo Supermarket	3pm
Fri 30	Ricky Bloomfield	Bermagui Country Club	8pm
Sat, Dec 1	Isobel Blackthorn: stories	Cobargo School of Arts	6pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10am - 3.30pm
	BINGO	Bermagui Country Club	11am
first Tues of the month	Bermagui Garden Group	venues vary phone Heather 6493 5308	10am - 12 noon
Wednesdays	Scrabble	Well Thumbed Books Cobargo	10am
	cash countdown, raffles, pool comp, trivia night	Bermagui Country Club	from 5.30pm
last Wed of the month	Bermagui Historical Society Meeting	Bermagui Museum in Community Centre	2pm
every second Thursday	Senior's Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Storytime for pre-schoolers	Well Thumbed Books Cobargo	11am
	Meat Raffles	Cobargo Hotel	from 5pm
	raffles, pool comp & entertainment	Bermagui Country Club	from 6pm
	family day care train play group	Ello's Train Café Cobargo	mornings
	healthy take away food	Sweet Home Cobargo	from 5pm
	Tiny Teddies Play Group	CWA Hall Bermagui	10am - 12pm
Saturdays	Punters Pick	Cobargo Hotel	from 5pm
	live band or DJ	Bermagui Country Club	8pm
	under 16s art classes	behind Cobargo Supermarket	10 - 11am
	Laneway markets	main street Cobargo	9am - 1pm
	Tilba Markets	Central Tilba Hall	
ART			
Fri 2 - Mon 26	Anneke van Tholen, Tom Bosman & Ed Willson exhibition	Ivy Hill Gallery, 1795 Bermagui Rd, Wapengo	10am - 5pm Fri - Mon
Sat 3	drinks with the artists	Ivy Hill Gallery, 1795 Bermagui Rd, Wapengo	5pm - 7pm
Fri 23 - Mon 31	'Short Stories', an exhibition by Annie Franklin	Narek Gallery, The Old Tanja Church, 1140 Bermagui Rd, Tanja	10.30 - 5.30 Fri - Mon