

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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Surf Life Saving and Marine Rescue collaborate to save lives on and in the water

Surf Life Saving Far South Coast rewarded for innovation

Far South Coast Branch Support Operations led by our very own Bermagui Surf Life Saving Club, has taken out the 2019 National Award for Innovation of the Year for their collaboration with Marine Rescue Bermagui. The concept is simple, but each organisation can now link what they each do best with the other's strengths to increase both their search and rescue capabilities.

Basically, Marine Rescue have a rescue vessel which they use to assist boats and save people on the water. They are limited to deep water and few waves, but they can transport people, tow failing vessels and go long distances at sea. Surf Lifesaving on the other hand, have an inflatable rescue boat which they normally launch from the beach and can assist people in the wave zone or near the shore. Their focus is on people and they're often limited by distance and conditions when serving remote areas.



Denise Page (MR) and Euan McKenzie (SLS) celebrate the success of the innovation.

Together these two groups can cover all possibilities. The simple but innovative idea is that Marine Rescue's vessel can transport Surf Life Saving's inflatable rescue boat to positions offshore from remote or inaccessible areas where a normal trailer launch would be impossible. It seems an obvious idea, but no one had thought of it before!

In addition, Surf Lifesaving's drone can be launched from the back of the rescue vessel. Drones are being used more and more for aerial vision to spot swimmers in distress.

The first exercise was carefully planned by initiator, Denise Page (Master, Marine Rescue) and Euan McKenzie (Patrol Captain), who developed the exercise. A full risk assessment was also done. On the day, the hoisting of the inflatable boat on board the rescue vessel was extremely simple as it fitted perfectly on the deck. The drone exercise was also very successful.

Cheryl McCarthy (Far South Coast Director of Lifesaving) and Caron Parfitt (Unit Commander, Marine Rescue) see this as a major step forward. "Getting two organisations to work together in this way, is remarkable" they both agreed.

They commented on the excellent camaraderie between the two organisations and thanked both teams involved for making the innovation such a success.

Well done Surf Lifesaving and Marine Rescue. You both are leading the way and showing other organisations how collaboration can benefit everyone. Keep it up; saving lives on and in the water.

Debbie Worgan

Thank you to all our readers, contributors & advertisers for your support in 2019. Best wishes for the new year.

What a rich and dynamic tapestry of people we have, activities and events reflected in the contributions to *The Triangle* this month. Members of our community are giving in so many ways – giving beauty, service and skills; making music, theatre and song; relentless dedication from their impulse to serve, to support, to uplift,

Letters to the editors

Dear Editor,

There are many ways to raise money in our large Shire with its small population but to have a Parking Inspector, apparently organised by the Shire, visit Bermagui and fine people without proper warning is really the absolute pits to put it mildly. Beware the Ranger now has a new duty.

We all live in this area to escape some of the trials of the city and now our life is changing to be so regulated that we cannot have a long coffee or lunch in our own main street. When are the meters arriving, as a Christmas present for our much needed visitors?

If the Bega Valley Shire needs income so badly why does it not charge the many visitors and residents who use our precious water when washing down the boats and cars at all the boat ramps in the Shire. Is it a wicked waste to be allowed to use free unlimited water to wash off any vehicles, let alone large boats, decks and then the car before leaving the ramp in the shire? Why is this so??

It is November as I write and summer has apparently arrived early, there should be Shire wide water restrictions enforced now before the actual summer officially starts in less than 10 days.

Rosemary Millard

In Response to Bermagui Sporting Clays

The Bermagui Field & Game (BF&G) renamed itself just recently as the Bermagui Sporting Clays to create a better image for themselves. But let's face it,- the BF&G as the words clearly indicate is a hunting organisation and not a sporting club. Their endeavour to shoot is not orientated towards sport. It is orientated to hunting.

It is very disturbing that the BF&G now promotes shooting ranges as family orientated. After all, the vast majority of shooters are men. Children should not even be permitted on site. Shooting ranges are no places for families. But if this is what the BF&G is trying to encourage then we are going the way of the USA-with

encourage and protect; sharing their passions and alerting to shared concerns; devotion to the wellbeing of our social and natural environment. There are welcomes to participate in, calls for volunteers, sharing of creative expression, creative plans, strategies and community initiatives. In a tangle of symbiosis, interconnections

disastrous consequence.

That the Australian public is strongly opposed to guns and shooting manifests itself is seen in the 2019 Huntfest in Narooma.

In the name of peace, anti noise pollution and environmental protections again we say NO, NO, NO to any further expansion of the Murrah River Shooting Range.

M&M Gegg
Barragga Bay

Gold Coast building plans for Bermagui

There is the proposal for a development at 14 Lamont Street Bermagui, above the arcade next to the Beachview Motel that can be viewed on the BVSC website. A number of Bermagui people think it's completely out of character with the heritage buildings in the town centre.

Submissions can now be lodged with Council up until Sunday 15 December inclusive. Comment including objections can be based on the Bega Valley Development Control Plan or other planning documents, the effect on the locality (including the natural and built environment and social and economic factors), the suitability of the site, and the public interest. Email submissions go to the Assessment Officer Rob Quick rquick@begavalley.nsw.gov.au, or to Council's email council@begavalley.nsw.gov.au with reference DA 2019.111. Objections must give reasons (a simple statement in your own words), the name and address and other contact details of the objector, and any political donations or gifts made to councillors or council employees in the last two years.

Bob Hughes

Dear Triangle Residents

The Triangle Team would like to hear from you, our readers. We want to know what you think of our community newspaper. We want to know what you would like to see in *The Triangle*. We want to know who reads it, where you live, your

and mutual reciprocity, these are the living dynamics of our community ecology. More connections, more health, more care, greater resilience.

The Triangle team wish all a happy and safe Christmas and New Year.

age group, if you use our advertisers etc.

During the first few months of 2020, you will see our Triangle Team members at shopping centres, markets or wherever locals gather in our Triangle towns – Quaama, Cobargo, The Tilbas and Bermagui. So, keep a look out for our big, bright Triangle banner, and our team members with clip boards in hand. Please don't shy away, but come and answer a few questions and give us some feedback. It will only take a few minutes of your time!

We hope we will get some good data from this survey to enable us to take *The Triangle* into the future, with a better knowledge of what you want to read in our local community newspaper, and hopefully, gain new readers. See you out and about in 2020.

Your Triangle Team

How Dare You!

A climate change lament for Greta

Constant disappointment is a heavy cross to bear, tangled with frustration, and choked by deep despair. To weep for lost encounters on a temperate summer's day - the wonder of a rainbow, the spring-time flower at play - is to suffer the betrayals of humanity undone; the arrogance of ignorance, and verities unsung.

'How dare you!' let this happen, reaped from careless seed: the twilight of our eco-system, plundered by your greed.

Ian McFarlane

Mary and Ian McFarlane, previously of Beauty Point, recently moved to Canberra for medical reasons, and to be closer to family support. Fond memories of their long association with the Triangle region will always stay with them.



Thumbs UP

To the two council workers who have weeded, planted and mulched the garden outside the Cobargo toilets. All done with smiles! Well done!

To Cobargo Co-Op who donated the plants for the garden make-over above!

To ALL our emergency service volunteers, who risk their own lives to keep our communities safe.

To Tony McDougall carpentry for preparing and installing the new timber writing bench in the Cobargo Post Office gratis.

To BVSC for removing a dead seal from Beares Beach as soon as they were notified.

Thumbs DOWN



To all the dog owners who say they don't know the NSW law which says if your dog is in a public place - including parks, roads AND beaches - then it must be on-leash, unless there is a sign to say it is a leash-free area.

To governments who can spend trillions of dollars on new military equipment and sports stadiums, but expect our emergency service volunteers to run raffles to raise funds for fuel and other essential equipment.

To those visitors doing tours at Montreal Goldfield who think it is OK to pick the native orchids that are appearing on the site. Leave them for others to enjoy!

Does Bermagui want to keep the Growers Market alive?

The Bermagui Growers Market has been running for four years on a weekly basis. Formerly it was held at the Bermagui Fishermen's Wharf but we were asked to find another venue as there were substantial wharf renovations started and our spot was the entry for the trucks.

We applied to local Council to move to Apex Park which was approved, then Council advised the Children's Playground at Apex Park is to be reconstructed on the site. We approached the local Bermagui Country Club and they have approved us operating on their private land.

Council by-laws require a DA (Development Application) even though we had one paid for and issued at a cost of \$1200 for the original venue. They quoted approximately \$700 for the new DA but now want a further \$750 for advertising? We have \$700 put aside but the further \$750 is not within our realms of affordability.

As this Growers Market is run solely by two women, both aged pensioners, they have been paying for all advertising and fees. If this Growers Market is to keep going and growing, \$750 is needed to acquire the DA.

The Growers Market allows local farmers, small local businesses and anyone wishing to showcase, promote and sell their local grown veggies, fruits and seedlings, plus, baked and home-made products to be available to our local folk. To support or donate, contact Lynne Ford, Market Organiser on 0425 711 795 or lynneford@gmail.com.

Lynne Ford, Market Organiser

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make *The Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email contributions@thetriangle.org.au

Who does the work

The Editorial Committee

Linda Sang (President)
Stuart Absalom (Vice President)
Carolyne Banados (Secretary)
Bhagya (Treasurer)
Rosemary Beaumont, Ann Maree Menager,
Kathy Wilson, Debbie Worgan,
Sarah Breaky

Advertising

Book advertising space by ringing 6493 8369 or 0407 047 404 or email advertise@thetriangle.org.au

Layout & Design

Bhagya & Debbie Worgan

Accounts

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Post accounts to:
PO Box 293, Bermagui NSW 2546
Phone: 6493 8369

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Distribution Service: Linda Sang

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Central Tilba: Post Office, ABC Cheese Factory, Tilba Sweet Spot, Tilba Winery
Cobargo: Post Office, United Petrol, Well Thumbed Books, Black Wattle Gallery, Bowerbird Op Shop,
Cobargo General Store
Narooma: Information Centre, Library, BP station
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au

Postal address:

The Editors, *The Triangle*
PO Box 293, Bermagui. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in *The Triangle* area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Cathedral - Celebrating our native forests

Great Southern Forest (GSF) is a vision for our publicly owned native forests to be appreciated and managed for their ecological and aesthetic values.

In this time of changes to our weather and fire patterns, soil, water and air qualities, it is important to safeguard our future by recognising the many benefits of wholly integrated biodiverse forest systems. To achieve this, Great Southern Forest proposal advocates a reorientation of management of our native forests from industrial logging to more holistic values of ecological integrity, climate stability, carbon sequestration and water security.

Cathedral – celebrating our native forests is an initiative of GSF with the aim to promote public awareness of the beauty, long term health and well being, environmental and spiritual values of native forests of the South East region.

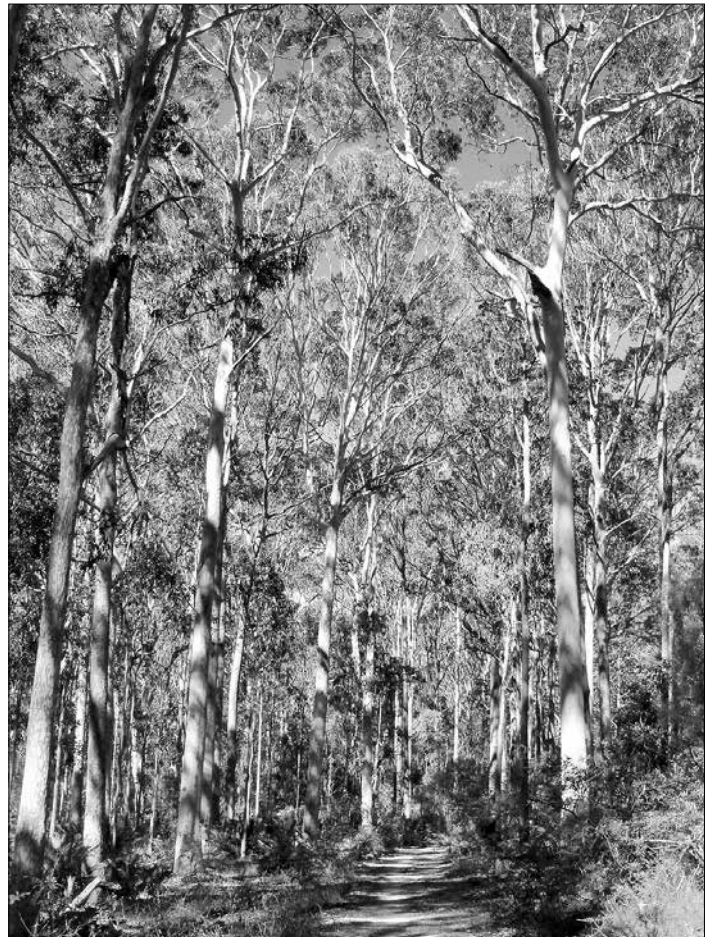
This project, *Cathedral*, invites everyone to participate in creative, environmental and cultural events from Nowra to the Victorian border and out to Tumut in the west. Multiple events at multiple venues will open on National Tree Day, 31 July 2020.

We are calling on schools, businesses, town folk and farmers, drama groups, quilters, bikers, landcare groups, poets, artists, galleries, choirs, marketeers, councils and you to host an event.

Lodge your intention to join in by registering your event on the website www.cathedral-events.net.au or contact the GSF Cathedral Steering Group by email at events@cathedral-events.net.au or phone on 0460 732 746. If you would like to be part of the steering committee of the overall project please contact us via email or phone.

This is an opportunity for communities to share and show our deep appreciation for one of our most essential life support systems – our native forests.

Sandra Taylor



Cathedral forest at the entry to Bermagui. Photo credit Robyn Williams

Clean Energy for Eternity - 100% by 2030 Cobargo meeting 9 Dec

The climate is getting a lot of press these days, from politicians, mayors and fire chiefs. The Bega Valley Shire Council recently adopted the policy of recognising a climate emergency.

Since 2006 CEFE has been pushing to reduce greenhouse gases. Our target set in 2006, 50/50 by 2020, set out to reduce our energy consumption by half, with half of the remainder from renewable sources – a 75% reduction. The Council and the community embraced this policy and its successor, 100% by 2030, with all energy from renewable resources by the end of the next decade.

Meetings across the Shire have endorsed this target – a meeting in Cobargo will put this to The Triangle community. Sponsored by the CEFE Executive, speakers will be:

- Councillor Tony Allen, meeting chair
- Dr Alice Howe, Director Community, Environment and

Planning of BVSC

- Bishop George Browning, renowned climate and justice campaigner from Goulburn
- Dr Matthew Nott, founder and President of CEFE

As well as discussing CEFE's new target, the meeting will address the Shire's climate resilience strategy, more solar energy for Cobargo and community installations. Possibilities include solar on public buildings and an electric vehicle charging point on the highway.

The meeting will be held in the Cobargo School of Arts Hall from 5.30 to 7.00 pm on 9 December. More information is available from admin@cleanenergyforeternity.net.au or phone 0418 161 547.

Dr Matthew Nott, CEFE President and Founder

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Mental illness, a community responsibility

Mental health issues in Australia, despite much effort and financial appropriations, continue to make up a major proportion of this nation's overall burden of disease. Governments of all persuasions and levels pour human and financial resources into an ever-increasing story of human despair, with little or no overall reward for this effort. No community or society should rest easily with this situation. Fighting the onslaught of mental illness has become a major industry in itself.

Australia may be a lucky country as we are wont to say, but for many it is a place of great personal challenge and struggle. No matter how much we would want to externalise the problem of mental illness in our midst and wish it away, such an attitude only serves to give license to a worsening picture of Australian society, where too many fall by the wayside.

Instead of foisting our responsibility to care for those around us onto the medical profession and government, it is the place for each one of us to practice an open-minded attitude to be non-judgemental and compassionate towards each other - to celebrate oneness, instead of endorsing the modern trend of the 'cult of the self'. Such an attitude has blossomed in recent years and not coincidentally so has the incidence of human struggle in this very fortunate nation in which we live.

It is time to challenge our own attitudes, to ask the reason of our prejudices, to be honest as to why we no longer commit

so much of our time to the welfare of each other. It is this very question that rests at the hub of the tragedy around us as our busy lifestyles leave us time only for our own needs and our immediate kin. The rest of the community it seems, just has to manage the best they can, no matter how unable they may be to accomplish this.

Yes, it's a bleak picture but a real one - an image of a society that has lost focus on the most important matter of all, the recognition that if the common good is not thriving, then in a real sense none of us truly are.

Mental illnesses are complex human conditions that have many contributing causes, not the least being our own innate personality, something we don't get to choose and also the living environment in which we spend our days. Each of us makes up that environment, each of us therefore has to accept as a personal reality that we are all responsible for the lives which that environment produces. There are no degrees of culpability. We call ourselves a nation and by definition that does not allow for any stratification of membership. We are one all together in this country's joys, achievements and prosperity, therefore we are also one in its discontent and struggles. It really is time to own up, to lift the veil, to admit to our strife and to renew our commitment to one another. In the end nothing else can bring a sense of fulfilment, not the least being standing back and watching another succumb.

Howard Emanuel

Marine Rescue Moving Parts Swap Meet

For those who know they will never really use it again and those who are desperately seeking it, the place for you is the "Moving Parts Swap Meet" to be hosted by Marine Rescue this Australia Day Sunday 26 January 2020 at the Bermagui Country Club.

The swap meet is a recycling opportunity to move Moving Parts out of your garage and onto someone who needs it. It is also an opportunity to meet fellow enthusiasts. The show includes automotive, motorbike, bicycle, marine and automobile parts, plus models, fishing tackle, surf and water sport gear. Join the Bermagui Marine

Rescue Facebook page closer to the date for some of the items on sale. Set up will be from 7.00 am and the swap meet will open at 8.00 am until 1.00 pm. Stalls start from \$20 for a 3 m x 3 m. Call Gayle on 0490 213 172 or admin. bermagui@marinerescuensw.com.au for a stall booking. Public entry is by gold coin. This plus stall fees will go to Marine Rescue to assist with running costs, helping volunteers to help save lives on the water. The Bermagui Country Club will be open for lunch and maybe a game of golf. Make a day of it in lovely Bermagui.

Denise Page and Michael Abbott

Calling all musicians in the area

We are looking for volunteers to be part of the group to play at the community Christmas Eve carols in

Cobargo at 8.00 pm on

24 December.

Please contact Fiona Kotvojs on

0448 453 422



Wishing all my new and not so newlyweds - in, around and at the Triangle a Wonderful Christmas and a Loving and Prosperous Happily Ever After

*Maggie McKinney
Civil Marriage Celebrant
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Our koalas and community solutions

Like polar bears, koalas are a planetary icon. They are also a 'canary,' indicative of Australia's crashing diversity, the health of forests and impacts of climate disruption on all wildlife. Presently koalas are listed as 'threatened' and are on a pathway to extinction. Locally, from being quite widespread, the prognosis is grim for the three remnant populations. To the west of Bermagui, the population is down to about 30-60 individuals.

Historically koala numbers have declined since European settlement. Regionally, koalas were hunted for their skins with 10 - 17million skins exported from Eden, mostly to the USA. The practice only stopped when a horrified President Hoover ordered an end to their importation in 1927. Land-clearing saw 65% of koala forest cleared and disease further reduced numbers. Logging has caused further massive habitat loss with 2500 -3000 logs/trees going the Eden woodchip mill daily. Attempts to manage industrial logging alongside koalas with site-specific protection have failed. Regrowth forests are a different composition, favour non-habitat trees and increase the fire risk. Fire is a grave threat to koalas. Research is clear that logging dries forests, increasing fire risk and severity. Increasing heat and wind-storms resulting from disrupted climate patterns compound the risk.

Koalas keep a relatively stable home-range which they know intimately – they know specific trees - which are best for milk production, which have high sodium, which have higher water content. So running dozers through their home-range causes confusion, disruption and reduces their numbers. In mating season young koalas, particularly males, disperse up to 50 kms. Landscape connectedness and corridors are vital for such diversified genetic resilience to ensure survival. However, the two forest coups (2003; 2069) which are the only publicly owned forest corridors between the sacred mountains of Biamanga and Gulaga (and so access to the few koalas in Kooraban National Park) are slated for logging in the very near future. Yet there are positive alternatives to forest

destruction.

The community-initiated Murrah Koala Reserve offers a hope-giving model for koala protection and future. This flora reserve specifically excludes logging. The reforestation program utilises prescribed burning, Indigenous cultural burning practices, seeding of habitat trees and thinning of dominant non-habitat trees to foster re-establishing koala forest and healthy ecology. The program reduces the fire fuel load and fuel ladder together with coherent fire strategies with neighbours. The keys to success are community and connectivity. In the absence of political and agency action, the community has taken responsibility for our country and our future.

The Great Southern Forest proposal is another community-initiated set of solutions for south eastern NSW public native forests which work environmentally, socially and economically. It is a widely researched, deliberately inclusive, solutions-based approach. The core of the proposal is to reorient management of South East NSW public native forests from industrial logging to prioritise climate stabilisation, water security, carbon sequestration and ecological integrity, thereby activating new money and new jobs in the regional economy – as has been recently announced for Victoria. Existing mature plantations can meet Australia's timber needs.

Importantly, these are the people's forests, and not the playthings of temporary governments or a relatively small company who have no social licence to continue wildly outdated destructive practices.

New forest management arrangements can draw on the best scientific advice, Indigenous knowledge and successful overseas models; train a highly skilled workforce for diverse new regional jobs in forest restoration and adaptation; maximise carbon sequestration and climate mitigation benefits; grow tourism; value the beauty and uniqueness of our native forests, and safeguard the conditions for Life for all living creatures.

Rosemary Beaumont

U3A Bermagui

November has been a busy time in U3A with the 10th Annual General Meeting slotted in between all our classes.

Guest Speaker, Ludo McFerran, long-time advocate for the welfare of women, talked of her pursuit for recognition for all family carers, male and female, full time and part time and for policy makers to ensure men and women have equal access to the benefits and options our society offers.

There was a lot of toe tapping in the audience as the Ukalips sang and played for rain!

We will start next year with a full complement of 12 committee members. Our five office bearers for 2020 are President Ruth Perrett, Vice President Jan Rivers, Secretary Elizabeth Johnson, Treasurer Greg Smith and Program Coordinator Debra Cushion. The seven returning ordinary members are David Monro, Beverly Holland, George Stone, Anthony Judge and Jane Martin. We also welcome aboard two new members, Bruce Leaver and Di Webster.

We all look forward to a break over the Christmas holidays and will be back in February with new and exciting classes to kick start 2020. Our Term 1 2020 newsletter and course timetable will be available on our website <https://bermagui.u3anet.org.au> from 29 January. We look forward to welcoming new and returning members to our Information and Registration Day on Wednesday 5 February at the Bermagui Country Club from 10.00 am to 12 noon.

Wishing everyone a safe and happy holiday..... wherever you may be.

Ruth Perrett

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

BVSC Climate Resilience Strategy 2050 Draft

BVSC is to be congratulated on the research and initiative of its Climate Resilience Strategy 2050 Draft. The paper is open for comment until 16 December at BVSC "Have Your Say".

Here are few brief observations on this wide-ranging 105 page paper.

Unquantified Performance Measures (page 4) - all but one of the 25 performance measures are directional (eg increase in the value of visitor economy), rather than specific targets being set. Given that these are the performance measures for the next 30 years to 2050, it would be preferable to set some specific aspirational targets against which there could be meaningful reporting back to Council every 5 years.

Increase in the Value of Timber Production (page 56) - an increase in the value of timber production is set as a performance measure of a diverse and thriving economy. This objective runs somewhat counter to the climate resilience actions of carbon sequestration strategies. Given that about 70% of the shire is forested and environmental tourism is an important growth industry, the importance of Council's position on the volume and type of timber production in the shire needs more thought.

Commercial Land Inundation (page 27) - the paper notes that 16 square km of foreshore land could be inundated from rising sea levels by 2100, including the possible inundation of the Merimbula Airport (page 78).

Council as Advocate for Climate Resilience Issues Beyond its Control - with regard to energy security, the shire is reliant on external sources for the vast majority of the shire's energy supply and generation (page 85). Several of the climate resilience actions will require Council to take a leadership advocacy role in promoting alternative energy sources, eg solar farms, pumped hydro-electric storage.

The Bermagui Community Forum will provide updates on these issues and others that may impact the local community. Join our Facebook page or sign up for regular email news updates. We would also like to know your thoughts about any issue of concern.

The Bermagui Community Forum is always seeking new members for the management committee. We can be contacted at bermaguiforum@gmail.com or via Facebook.

Geoff Steel, Bermagui

End of year choral treat

The Triangle area is lucky to have several community choirs. To showcase their work throughout the year, Dan Scollay's *That Bunch of Singers* and Geoffrey Badger's *Heartsong* and *Bega Valley Youth Choir* will hold their end of year concert on Sunday, 8 December, 2019 at 3.00 pm in the Cobargo School of Arts Hall. Come along and enjoy these well known and loved choirs as they perform a range of songs. Entry is \$15 with children free. Proceeds will go to CanAssist and Bega Valley Advocates for Timor Leste Koru Lian Choir Project.



Geoffrey Badger and Dan Scollay

The HOOPS

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Quaama Hall 9pm-12.30am

Picnic from 6.30pm. BYO everything. Children free under 15
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Well-Trodden Tracks

All along the South Coast escarpment behind towns like Cobargo, is a network of historic tracks. Some date back to the early 1800s and were the routes taken by the area's earliest settlers.

One of the best-known is the W.D. Tarlinton Track that originally ran from near Braidwood to Wandella, near Cobargo. It is synonymous with the development of

the South Coast pastoral industry and effectively became an 'inland highway' that avoided the region's challenging coastal river systems.

Many of these tracks follow traditional Aboriginal pathways – the first inhabitants of the area, clearly, discovered the easiest routes up and down the escarpment from the coast to the Monaro and Southern Highlands.

Most of these tracks (including the W.D. Tarlinton Track) are now difficult to follow. They have become overgrown, or pass through private property, or are buried beneath much wider, more distinct, roadways...and have been re-named!

Several though, are still easy to follow – if, in many cases, 'easy' means a rough

4WD drive only possible in dry conditions! The Corn Trail (from the top of Clyde Mountain into the Araluen Valley) can be walked; the Wadbilliga Trail is drivable through Wadbilliga National Park from Yowrie to Kybeyan near Nimmitabel (intriguingly, an intersecting 100 Acre Trail was surveyed in World War 2 as an official Emergency Escape Route).

Probably the most interesting accessible track, however, is Postmans Track. It starts near Cathcart, drops steeply to a ford over Tantawanglo River, then joins up with Cattlemans Track which passes Alexanders Hut before emerging at the top of Brown Mountain. Reminders of its history – an Aboriginal walking trail, the postman's track, a coach road, a drovers' trail – can be found along its length.

For the adventurous, properly equipped, history beckons along these original 'roads' to the South Coast.

Visit www.bit.ly/begahh63 for more information on Postmans Track

Peter Lacey



Historic tracks criss-cross the South Coast escarpment.

News from the Anglican Parish of Cobargo, Bermagui & Quaama

November was an exciting month in the Parish. The Blessing of the Animals took place with services in both Bermagui and Cobargo. What a treat to bring our

furry and feathered friends to church with us, and they were all so well behaved!

Rev. Tim Narraway is to be ordained as a priest on Saturday 30 November in Saint Saviour's Cathedral, Goulburn. There is a bus going up from Cobargo, Bermagui and Narooma. We're sure it will be a wonderful celebration. After the service in Cobargo on Sunday 1 December, there will be tea and cake to share with all Tim's flock and friends!

Christmas brings a buzz to our community, with parties, lights, carols and special times with family and friends. The Parish takes this opportunity to pass on this message to *The Triangle's* readers: "The Blessings of Peace, the Beauty of Hope, the Spirit of Love and the Comfort of Faith. May these be your gifts this Christmas season".

*Chris Richard-Preston
(Chair Parish Council)*



Rev. Tim, with daughter Caitlin, blessing Phobus the guinea pig.

Christmas Services: The Anglican Parish of Cobargo, Bermagui & Quaama

Cobargo:	24 Dec	Carols in the Park at 8.00 pm
	24 Dec	Eucharist at 11 pm
Bermagui:	22 Dec	Carols Service at 5.00 pm
	25 Dec	Holy Communion at 9.00 am
Quaama:	22 Dec	Holy Communion at 10 am
	24 Dec	Holy Communion at 6 pm
	29 Dec	One service in the Parish in Bermagui at 10.00 am



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Summary of book reviews for *The Triangle* 2019

If anyone had asked, I would have said that I'd been doing the monthly book reviews for *The Triangle* for 6 or 7 years. When I checked, it's actually 13! I took over as the regular reviewer in 2007, prior to which reviews weren't always attributed to anyone – though Sally Hand seems to have done quite a few. When I took it on, it was decided that I could pick one book a month which *The Triangle* would pay for, and that after the review, Committee members got the first chance to read the book, but then it would be donated to the Bega Valley Library. Nearly all the books have been bought from Candelo Books in Bega, so that has been an added bonus to the local economy. I worked out that 13 years, 11 books a year, average price \$30.00, equals almost \$5000 worth of books to the library. What a terrific contribution from *The Triangle*! For more value-adding, I have started sending material to the Union of Australian Women, a terrific organization that has been around for 70 years, now relying on volunteers who are all in their 70s and 80s. I think they appreciate a monthly “filler” for their newsletter, and as a bonus to me, it keeps me in touch with that fantastic group of women.

I try to review books which are amongst the latest and which hopefully, have the broadest appeal. Most are fiction, but every now and then, I indulge my interest in history or other non-fiction. So – thank you all at *The Triangle* – and I hope you never sack me!

Heather O'Connor

Rate hike to fund pools

Council has resolved to apply for the incremental introduction (over three years) of a Special Rate Variation (SRV) to secure funding for the ongoing operation, maintenance and future capital upgrades of the Shire's six public swimming pools.

If approved, the Special Rate Variation would see an increase in rates. The full outline of the rate increase will be presented to the Council meeting on 11 December in the draft operational plan for the 2020/21 year. This will be placed on public exhibition for an extended period until 24 January 2020 and a community engagement plan will be developed and implemented for the period.

The decisions come after the General Manager provided a report that summarised the community engagement feedback in relation to the draft Swimming Pools Strategy Discussion Paper and the potential for the introduction of an SRV to fund the previously adopted six-pool goal.

Odds and Sods

Walking up Carp Street Bega, I hear the unusual but unmistakable sound of a Brass Band. Was it the radio? Someone watching a video of *'Brassed Off'*, circa 1996? No, it was an actual brass band, mostly old blokes (like myself) with hats to keep the woodpeckers (and the sun) away, sitting in a tight squarish seating arrangement: tuba, saxophone, trumpet and trombone with a big drum for rhythm. It sounded wonderful. I walked over, as awestruck as a kid, listening to a mix of, Australiana (*'Click Go the Shears'*, *'Botany Bay'*), songs from musicals, national anthems. A couple of verses and move on to the next song. The sound they make is magical, strident and assertive as you would expect from a tradition based in the English coal mines, but a sound also capable of a delicate sensitivity. The Bega Brass Band has been making wonderful music for 120 years. That makes them genuinely Victorian – established 1899. If someone were to organise a performance in Bermi on a Saturday afternoon with Men's Shed sausages ... heaven on a stick.

The best way to boil eggs. Can it be so hard? Well there is a better way to boil an egg and that is to steam it. I was sceptical when I read it, but gave it a try. Either put your eggs into a couple of cms of water, or into a steamer above the boiling water. About six minutes of steam will give you a single, perfectly boiled egg (If more eggs are being steamed allow extra time). The white will be silky, the yolk luscious. For hard-boiled, allow around 12 minutes if your steamer is full of eggs. The article I read said all eggs, even fresh ones will be easy to peel cleanly. In my experiment fresh eggs were easier to peel, but not perfect.

I read about John Barilaro, a state politician based in Queanbeyan, threatening to tear up the Murray-Darling Agreement if he couldn't get his tub-thumping way. Poor old Murray-Darling System, the drought has brought it to its knees already, corrupted by politicians, drained beyond its capacity by multi-national agriculture companies, and even that is not enough, in the worst drought for what, twelve years. But when I read the next part of the story, I choked on my perfectly cooked eggs. This politician appeared to be wanting to stand for the Federal seat of Eden-Monaro because Mike Kelly, the current member may not be contesting the seat. Also in Carp Street is Mike Kelly's office. I asked the lady within, about the truth of the matter. Mike Kelly is in hospital with kidney stones, and this is why he didn't go on television to refute the statement. But he will most definitely NOT be resigning. Mike Kelly will be standing. Note to John Barilaro: Destroy the environment and lie about your opponent. Not a good start if you want people to vote for you.

Keith Bashford

What's with all the dead birds?

Being a newcomer to the area, I am still amazed by the cycle of the different seasons, the long, pleasant autumn, the short sharp summer, the winter that doesn't know when to stop and the windy spring.

Also, as a newcomer, I am enjoying walking on the beaches each morning and becoming familiar with the sea and tides and being rewarded with glimpses of dolphins and whales.

When a few weeks back I came upon a lot of dead birds, I couldn't understand what was happening, but locals have now enlightened me. So, for all those other beach walkers who may also be in the dark, I'll pass on this information.

These dead birds on the beaches are the result of the annual migration of thousands of Shearwaters or Mutton Birds from right up on the edge of the Arctic Circle to islands on Bass Strait. This 30,000 km return journey is one of the longest migrations of any bird in the world, with them travelling north between April and May and returning in late spring and summer to breed. It is such a long,

long way and the birds are exhausted by the time they reach our beaches. They have eaten very little during the migration and have lost almost half their body weight. Many of the weaker birds just can't make it and simply fall into the sea as they near the end of their journey, to be washed up on the next tide. The weather also adds to their struggles as winds and storms significantly increase the number of casualties. The number of dead birds on the beaches at the moment is alarming but it is a natural result of this epic migration and the birds' determination to reach their breeding ground.

WIRES has advised that if you find dead or weakened birds on the beaches it is best to leave them there. Untrained beachgoers should not touch them because they can still bite or scratch and may carry disease. Anyone who finds a bird that is still alive is urged to call WIRES on 1300 094 737. Unfortunately for most of the birds though, they are beyond recovery.

Debbie Worgan

We are living in uncertain times, and for us here in The Triangle it feels a bit like “there but for the grace of god go I.” Although we have mostly avoided bushfires to date, we think of our fellow Australians to the north and we give thanks for our volunteer and professional firefighters who do an amazing, difficult and often dangerous job keeping us safe. Shane Fitzsimmons, who has been the Commissioner of the New South Wales Rural Fire Service (RFS) since 2007 said this recently in an interview with Sarah Price for The Saturday Paper - “Research by the RFS shows every time a fire impacts a community the overwhelming response is that people affected didn’t think it would happen to them – and they wish they had done more, prepared more.” I want people to be on the front foot. Prepare. Log onto the RFS website. Have a bushfire survival plan. Download the app. Doing those things now rather than when the fire is bearing down on your property, can, and does make a difference.”

As the political debate goes round and round in circles and the climate and drought create situations we have never seen before, it seems astounding that we are still unprepared. Shane Fitzsimmons’s advice could well be applied to our political leaders.

As this is the last *Triangle* for the year, and we are all noting dates for end of year get-togethers, go well, go safely during this festive season and thank you to everyone who has contributed and participated in *The Triangle* during the year. As you celebrate in whatever way you choose, all the best as we start a new year.

Back home

It is always so good to hear of young people who have grown up here, gone off to see the world and then made the decision to return and make a life here. Just recently, Gulaga Gallery and Bookstore at Central Tilba, often better known as the Hippy Shop, has changed hands. Eden Ramana, Shanti Ramana’s daughter, who with husband Sol Ramana-Clarke started the business in the 80’s, has bought the business with her partner Tim Snell. Gulaga Gallery has always been part of Eden’s life – she was 6 months old when Sol and Shanti started the business – and she loved working in the shop when she was growing up. Tim is from Narooma and he and Eden met here before leaving to explore the world. Returning after nine

years away, they have bought a property at Coolagolite. As well as a new life and business, they also have a new daughter, 3 month old Talulah Rose, who is Sol and Shanti’s first grandchild.

People can expect to see the same friendly faces at Gulaga Gallery, although there will be some new and unique products that are in line with the practice of offering all things sustainable, healing and consciousness-raising. Already there is a line of kids clothing. And, in the near future, you may even see some work by Tim, who is an artist and master craftsman. Welcome home, Eden and Tim, all the best and great to see this well-loved Central Tilba business continuing in the same family.



Eden with Talulah and Tim

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Three Visions Festival to become an annual event

On a sunny and windy Sunday afternoon in November, the Three Visions Festival was held at Kamalashila Tibetan Buddhist Centre at Tilba. The inspiration of Khenpo Ngawang Dhamchoe, the Three Visions Festival was the coming together of three cultures – Tibetan, Indigenous and non-Indigenous Australians – in joy and harmony to celebrate and share dance, music and food with everyone welcome. Held high up on the slopes of sacred Gulaga, behind the main buildings at Kamalashila, it was a stunning and beautiful location for this important celebration. There were several food stalls as well as traditional crafts and information; traditional dance, both Indigenous and Tibetan; traditional and contemporary music. It is planned that this Festival be held annually.



The three Visions Festival is the coming together of three cultures

Cathie's back

Cathie Muller is the resident pianist at the Tilba Market each Saturday. Her absence over the past few months as she recuperated from a broken leg, has seen her greatly missed. Recently she has returned after practising rigorously at home, using her left foot to manage the piano pedals. With confidence that she could manage the steps up onto the stage, her return was greeted with applause from stallholders and their patrons. The Tilba Market and all involved benefit considerably from Cathie's skilled musicianship, providing a unique and inviting atmosphere to this well-loved market. Often there is spontaneous applause when Cathie plays a well-known old favourite – and there will no doubt be the odd carol closer to Christmas.



Cathie Muller returns to the keyboard



Tilba School

This is a busy time of year for students and teachers as the end of the school year approaches. For Year 6, it is also a time of transition and to assist, they have spent time at Narooma High School, as well as participating in a University of Wollongong program at the Bega Campus. This program aims to encourage them to think about their future educational opportunities. For those starting school next year there have been several Kinder transition days, with one scheduled for Friday, 6th December.

The school Presentation Evening will happen in the last week of term on Tuesday, 17 December, in the Big Hall at Central Tilba, at 5.30 pm. Awards will be given to students for attitude and application to academic studies; school service and sporting achievements. Students will also present their year performances and Year 6 students will be farewelled.

Great to hear that enrolments are at capacity – students need to now reside in the Tilba area which is from Mystery Bay to Dignams Creek and north of the Bermagui Road.

Medley of Markets


The regular Collectables, Trash n Treasure Markets continue on Sunday 8 December, then again in the New Year on 12 January, 2020 in the Tilba Big Hall. In addition, a speciality Handmade, Vintage and Collectables (strictly no trash!) Market will be held on 1 December and 5 January. Opening hours are 8.30 am - 2.00 pm and if you're interested in having a stall at any of these events, please contact Janine Halasz on 0400 992 246.

As well as the regular Saturday Tilba Market, look out for the Tilba Twilight Creators Markets on Saturday afternoons/evenings of 21 and 28 December, and 4 and 11 January 2020, 2.00 pm to 7.00 pm, where artists, designers and producers will sell their creative works and handmade products over the holiday season. For more information please call or text Cheryl Davison on 0432 152 735, or email cheryldavisonartist@gmail.com.

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EXCITING TIMES FOR SAPPHIRE COAST ANGLICAN COLLEGE

Sapphire Coast Anglican College is expanding in 2020 with our newly appointed Director of Wellbeing Mr Jay Trevaskis to join our Principal Mrs Tracey Gray and Head of Curriculum Mr Jack Shannon with another three roles soon to be advertised. With a solid strategic plan developed and approved for the next three years, 2020 will be our starting block for many wonderful changes. From new positions to building rejuvenation, colourful murals, uniform changes are just to name a few.



Welcome to the team Jay Trevaskis!

Jay grew up on a small farm at Brogo before moving to Tathra in when he was in Year 11. His family were members of Bega Uniting Church (and now Grace Church). He moved away to study Human Movement and Education at the University of Technology, Sydney and for the last 18 years has taught at Covenant Christian school where he was PDHPE coordinator and then Director of Teaching and Learning. He's passionate about creating learning environments that shape the character of students and actively engages them in the learning.

Jay is married to Lucy and together they have three Children - Henry (11), Clementine (9) and Hugo (5). They are looking forward to exploring campsites along the Far South Coast and spending more time fishing (some more than others). The children love playing Soccer, bike riding and Henry is looking forward to playing for his Dad's old Cricket club (Bega-Angledale) and is trying to convince his Dad to come out of retirement! They are very much looking forward to being part of the Bega Valley community.



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Halls News

Re-elected Committee get on with it for another year...

The Central Tilba School of Arts Trust's Annual General Meeting was held on Friday 15 November. The current committee of 6 attended, stepped back from the table for all of a brief moment, had a sip of wine, a swig of beer, then stepped back up again to form the 'new committee'! So, once again your Committee comprises:

- President - Janine Halasz;
- Secretary - Sally Pryor;
- Treasurer - Tony Stenhouse;
- Committee members - Chrissy Montague, Smilie Magill, Deb Elton.

We'd really like people to consider supporting us by becoming a member. Before you groan, you aren't required to do anything (although we love it when people step up to help with maintenance and working bees etc), just pay your fees once a year! Membership numbers have

dwindled and we'd really like to boost them back up again and get more people involved. Annual membership costs only \$15 for a single, \$30 for a family and \$50 for a group/business. That's a one-off, once a year payment which provides you with the benefits of reduced hall hire fees, free use of cutlery and crockery for functions and the knowledge that you are keeping your community halls maintained and open for use.

Look out for membership forms at the markets and at various businesses around town.

It's on again!

Another great Hairy Concert fundraiser is steaming your way on Saturday 7 December 6.00 pm for 6.30 pm in the Small Hall. Come along for an unrivalled night of entertainment, local talented performers young and not

so young, and the opportunity to win some great prizes. Tickets are \$15.00 and \$8.00 for our signature supper of the best sandwiches and homemade cakes. We recommend you head along to the Drom for an early (responsible) tippie before you come, to ensure you get maximum enjoyment out of your night!

Huge thanks to Harry Bate

Harry has been working away behind the scenes with our President Janine, liaising with a local architect to get our plans up to scratch to meet Council requirements and finalise our construction certificate so that we can continue with work on the Halls' meeting room. We are very grateful to Harry and Janine for their input and dedication.

Sally Pryor



Fireweed Forum

A forum to discuss weeds and their impact on our local Tilba district environment will be held on Monday, 2 December, 2019 from 7.00 – 9.00 pm, in the Small Hall, Central Tilba.

All weeds have a detrimental environmental and economic impact and need to be managed. The South East Regional Strategic Weed Management Plan 2017-2022 published by South East Local Land Services lists many weeds which require urgent attention on the Far South Coast, including Fireweed. Fireweed affects pastures, the ecology and animal health. It is spreading. We must be careful that Fireweed does not enter the food chain and that it isn't allowed to spread further afield.

Given the extremely high value of our local environmental and economic assets, there is a clear need for increased investment in weed management. Collaborative action in our district might serve as another very useful test area for weed containment.

Speakers in the forum are (in order):

- Mr Noel Watson – farmer, Chair - Bega Valley Fireweed Association, Bega.

- Dr John Edgar – formerly CSIRO researcher, appointed to the World Health Organisation, United Nations Food and Agricultural Organisation Joint Expert Committee on Food Additives, Contaminants and Natural Toxicants. Over the last 40 years his work has been on the isolation, structure determination, chemical analysis, metabolism, toxicology and ecological significance of pyrrolizidine alkaloids, including those found in fireweeds.
- Mr Paul Martin – Invasive Species Supervisor, Eurobodalla Shire Council – looking at the regional weeds strategy and a fireweed biological control presentation direct from Kwa-Zulu Natal, South Africa.

Join us to hear from these excellent speakers and participate in the discussion. Light refreshments will be served afterwards. Gold coin donation appreciated. Queries and further details: Mark Stubbings – Secretary, Tilba Tilba and South Narooma Landcare Group - email: stubbingsmark@gmail.com, mobile: 0414 223 925.

Mark Stubbings

Tilba CWA News

It was a big time for the CWA in October/November and December/January 2020 will be full of events as well.

President Annette Kennewell and Secretary Helene Sharp visited the Far South Coast group for their AGM and then Annette and Treasurer Cas Mayfield also visited the Pambula CWA to see how they make kids stress teddies used by the Ambulance Service. After that they visited Eden to see the Whale Festival to celebrate this year's CWA nominated fauna, the whale.

The CWA Craft Circle has run twice monthly, on the second and fourth Monday at 10.00 am. At the circle you can use one

of the sewing machines to sew on that pocket, get lessons in how to crochet, weave, or knit and enjoy the company of local women while chatting and having a cuppa. Everyone is welcome.

One of our biggest events for the year is on again. The Tilba CWA Christmas Carols will be in the Small Hall on Friday 13 December, starting at 4.30 pm with tree decorating and a sausage sizzle. Carols will begin at 5.00 pm and Santa will arrive on the fire truck at 5.30 pm. There will be tea, coffee and cup cakes available throughout plus raffle tickets. The Christmas Tree will be auctioned at the conclusion.

Other upcoming events include.

- A stall at the Tilba Markets on 14 and 21 December where we will be offering gift wrapping for all those presents people buy at the markets or anything they wish to bring in;

- Our regular CWA Café on 11 January 2020 at the new hours of 10.00 am to 2.00 pm;

- A major raffle running until the Tilba Easter Festival of a donated painting by well-known artist Paul Whelan.

Cas Mayfield



Hello summer! Hello Cobargo! Yep, we are here, already. November was like the down hill slope of an underwhelming roll-a-coaster. And it's over. The few drippy drops of rain we enjoyed at the beginning of the month have long since dried and here we sit, a tinder box, between the mountains and the sea. The rust brown scars of drying, dying trees decorate the ridge lines and can be seen snaking their way down from the mountains into the valleys. Mumbulla, Wandella, Gulaga. Our triangle of modest peaks, groan collectively in the early summer sun. The fresh green growth of spring grass has shrivelled back, given up, returned to the brown dust from whence it came. Those with gardens face hard choices, compromises, sacrifices.

The summer is announced by the hauntingly beautiful, if not slightly maniacal cries of the Koel, winding up like a toddler on sugar, echoing around the town, speaking to me of carefree lives and far off places. Its blood red, cuckoo eyes seek out the local nests. No parenting struggles for this happy nomad. Just drop them and run. No conscious parenting websites, or school lunches, no sleepless nights, no gastro.

For the rest of us, domestic life rolls on, in and out like breath. Dishes and laundry build up and recede, build up and recede. A never ending tide to march by, a routine and rhythm to counteract the chaos of uncertain thoughts, uncertain times. And we sit here, huddled together on the edge of our dry creek bed, waiting.

It's the end of 2019 and the world is an uncertain place, people are fighting their governments all over the globe, and no one can say how it will end. Blood stains the streets and screams echo, as rubber bullets are aimed at eye sockets and people learn to breathe tear gas. Hong Kong, Chile, France, Bolivia, Baghdad, Catalonia. Fighting for equality, fighting for independence, democracy, dignity, fighting for futures free of fighting. In central Australia, the first Australians are fighting for justice, again, always, as another dies needlessly at the hands of a trigger happy policeman in Yuendumu. Here we are not fighting, not really, not yet. But with the whole north east of the country in flames, and our Prime minister lunching with mining giants and busily completing his Trumpology 101 course: studies in Dic[k]-ocracy, the new kind of

'do what you want' democracy; well who knows, we may find ourselves fighting soon enough.

But for now it's Christmas, let's focus on family, and 'not fighting' if we can, and enjoy the bounty and riches of our good luck for another year. Order another tank of water, and throw some long distance prawns on the gas barbie. Switch on your Mariah Carey Christmas Carols and head for the shops, we have an economy to prop up. Wander the streets at Light Up Cobargo, head to the pub for new year's eve. Party like its 1999, only twenty years late.

And that's it for me. It's been fun, this monthly task, but much like the Koel I can sense it's time to fly.

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Cobargo Street Festival - Light Up Cobargo

Here is a taste of some of the offerings in the street on 6 December, 5.00 – 9.00 pm.

- Check out the car park for the car club.
- Ukulele players will be a-wandering.
- 6pm Cobargo Primary School will be a-drumming.
- 7pm the parade of the fire trucks with a siren or two.
- Discover Jay McMahon loitering with musical intent at the Cobargo General Store.
- Taiko drumming will pop up and bang their drums.
- Lena (White Horse) will make something delicious.
- Down at Rorys find beef n'gravy rolls and spuds.
- Our local school rolls out the sushi.
- Asian flavours at Well Thumbed Books.
- A sausage sizzle by the firies.
- Baking Buddies for cold chicken curry and Danish hot dogs.
- Xmas fare on offer at various stalls
- AND there will be other pop ups, surprises and treats in nooks and crannies up and down the Street.

Come along and hang out with your community at Light Up Cobargo.



We hope santa comes to town again
Photo Sarah Breakey

Sandra Taylor

Cobargo 'Firies' thank community for support

As we move into the peak Fire danger Season over summer, the Cobargo Rural Fire Brigade has already been busy. Beginning with the Mount Robinson fire which seriously threatened Cobargo over several days in early September, members have been busy responding to wildfire incidents and other callouts, usually on days of high temperatures and high winds.

The Mount Robinson fire was a serious 'wake up' call and involved the support of many surrounding Brigades, helicopter water bombers and other emergency services. Fortunately, no lives

were lost or injuries sustained, and only one home was destroyed.

The community generally has responded well in observing the bushfire regulations now in force for the Fire Danger Season and the Total Fire Ban days which are now on a more frequent basis. The Brigade appreciates the continuing support of the community and is pleased to see its ranks of volunteers swelled by eight new members completing their basic bushfire fighting qualifications over recent months.

With the summer weather outlook remaining very dry and hazardous for bushfires, prepare and practice your fire survival plan, stay alert on High Fire Danger days and monitor the 'Fires Near Me' app on your smartphone, the Rural Fire Service website and the ABC radio and television news services.

Anyone considering joining the Brigade and experiencing the rewards of volunteering and helping to protect and serve our wonderful Cobargo community will be welcomed. For more information please contact John Walters on 0412 919 708 or come to our fortnightly training nights held every Thursday fortnight from 7.00 pm to 9.00 pm. Our last training session for the year will be on Thursday 19 December.

The brigade will hold its Christmas celebrations on Thursday 5 December from 6.00 pm at the Cobargo Fire Station, Wandella Road, Cobargo and all members past and present and supporters of the brigade are welcome to come along.

John Walters



Brigade members conducting a defensive "Back Burn" during the Mount Robinson fire which threatened the township of Cobargo in early September this year.

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What are the Kids in Cobargo Up To?

Hi Ho, Hi Ho it's off to play we go.....what fun and games are taking place in the Cobargo School of Arts Hall. Young actor/director Eva Herring has pulled together a wonderful troupe of performers to rehearse and present *'Snow White'*. "It's so much fun" said Happy, played by Sarah, age 7. The cast and crew, full of energy and excitement, welcomed new boy Kingston, who had come along in response to a call for more members. "We love doing a play run by kids", "It's great hanging out with my friends" members of the cast and crew, Marley, Lila, Josey, Lucy and Milla said.

"We've been working hard getting the timing right on the dwarf song, that was really difficult and learning lines is not easy but we are nearly there."

Oscar is focusing on lights, sound and staging with help from the rest of the enthusiastic stage crew. They are looking forward to getting some expert advice as the performance date draws closer.

"Eva is great at organising things" said Hazel, one of the young cast members, and that couldn't be more true. "I just love acting and I thought why not put on a play?" said Eva, "I looked online and found



Cast of *'Snow White'* Photo Sarah Breakey

the script for *'Snow White'* and thought it would be just right, so I booked the hall and started auditions." This confident twelve year old gave a genuine welcome to each member of the cast and crew as they arrived for rehearsals and proceeded to organise the troupe with a kind, gentle authority. It looks like this girl has a very bright future ahead of her.

I was well impressed to see kids with so much get up and go, Hi Ho, Hi Ho.... *'Snow White'* will be presented at the School of Arts Hall from 22 to 25 February. There will also be a performance at another community venue yet to be confirmed. What a group of wonderful kids.

Sarah Breakey

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Acoustic music and pizza on the deck every Friday evening from 5 pm

December	January
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8th Totem	5th Jesse Whitney
15th Benny Fowl	12th David Newman
22nd Live Music	18th Oscar Litchfield
29th Robin Simpson	19th Chris McGrath

* Ticketed event

26th January - Aussie day celebration



Closed from 23 to 26 December

Weekend Music starts at 12.30 - free of charge
Located 8 km south of Narooma - 4 km north of Central Tilba
Follow us on Facebook & Instagram for upcoming events

Cobargo Community Christmas Carols

You're invited to the candlelight community Christmas carols in the Cobargo Apex Park on Christmas Eve, 24 December starting at 8.00 pm. Everyone is welcome. This is a great way to start the Christmas celebrations with others from our area and visitors. If you are a musician, please bring along your musical instrument and join in playing. Contact



Fiona Kotvojs. 0448 453 422



Saturday 4 January
Bermagui Country Club

THE CAR BOOT SALE

Cobargo General Store Anniversary Cheer

It's hard to imagine that a year has already passed since we opened the doors of the Cobargo General Store. During that time, we've experienced bushfires, drought and road works amongst other things, but all these events have not lessened the generous support of our wonderful local community.

We're not only grateful for our customers, but also to our local producers of fresh fruit and vegetables. It's exciting to hear about what is forthcoming this season; we are proud to stock their produce. We use their produce in our home-made ice cream too.

We also stock products from local businesses, for example Candelo's Wheatley Lane wood-fired bread, Yowrie Eggs, Baking Buddies for their jams, marmalades and sweet sauces, Bega Valley Eggs, Tilba Cheese for their dairy products, as well as Milk & Me from Bodalla, Contadino olives and salamis, Narooma Seafood, 1080 Coffee in Mystery Bay, Verona Olive Oil, Bazza's Bread and Linda for her delicious treats, to name just a few. These guys have been with us from the beginning - and there's more to come!

Last week we received a New Business Award. We are very proud and want to thank all of our wonderful loyal customers for your support over the past year!

We look forward to seeing you in the shop and to celebrate all at Light Up Cobargo!

Alfred & Jane



Alfred and Jane with their New Business Award

Fishing Club boosts Cobargo Scout Group fundraising

With an ageing bus that's clocked up just over 500,000 kms, the 1st Cobargo Scout Group were happy to receive a donation of \$1000 from the Club Bega Fishing Club last Friday night.

Group Leader Stuart Meyers said that

the money will go towards a bigger bus for the scout group. "We're looking to spend about \$22,000 to get a Mitsubishi Rosa, a 25-seater bus. We have \$12,000 so far and this money will go a long way towards reaching our target, thanks to the Club Bega Fishing Club", Stuart said.

The Fishing Club runs the Friday night raffles at Club Bega and regularly donates money raised from these raffles to community not-for-profit groups.

The 1st Cobargo Scouts can be contacted through their Facebook page.

Linda Albertson

Cobargo Skate Update

We were not as successful as we hoped to be this year in sourcing funds to complete our Baskets and Bikes project.

We would like to thank everyone who has supported us financially – private donors, the Folk Club, the Bowerbird Op shop and all the volunteers who turned up to plant trees on National Tree Planting Day; they are all still alive thanks to the hard work of volunteers.

It may seem like we have not been doing much lately but we have been busy talking to Council and the lovely ladies in Andrew Constance's office, trying to find a grant that will supply us with enough funds to finish this project. Hopefully we can achieve this next year!

Wishing you all a happy healthy - filthy wet and wonderful Christmas and new year.

The Cobargo Skate Club Committee



Members of the 1st Cobargo Scout Group at Club Bega to receive \$1000 donation from Barry Blacka (far right) of the Club Bega Fishing Club.

An advertisement for Cobargo Veterinary Services. On the left, there are three circular icons containing silhouettes of a dog, a horse, and a cow. To the right of these icons, the text reads "COBARGO VETERINARY SERVICES" in large, bold, black letters. Below this, it says "DR BEN TETT" and "0448634465". At the bottom, a tagline reads "Affordable, dedicated and personalised professional care". On the right side of the advertisement, there is a photograph of a man, Dr. Ben Tett, kneeling in a grassy field with a dog sitting next to him.

COBARGO Folk Festival

Keeping the Heart in Folk

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Eleanor McEvoy (Ire) ♥ Startijenn (France) ♥ Māmā Mhirangi & the Māreikura (NZ)
Ami Williamson ♥ Ruth Hazleton & Daisywheel ♥ Ye Vagabonds (Ire)
The Small Glories (USA) ♥ Marcia Howard ♥ Will Kimbrough (USA) ♥ Bruce Mathiske
The Jellyman's Daughter (Scot) ♥ Susan O'Neill (Ire) ♥ Khristian Mizzi ♥ Jenny Biddle
Enda Kenny & Dave O'Neill ♥ É.T.É. (Can) ♥ Gina Williams & Guy Ghouse ♥ Skorba
Warren Foster ♥ Bob McInnes & Jane Ellis ♥ Gulaga Dancers ♥ Luke Plumb & Kate Burke
Martin Pearson ♥ Maggie Carty Band (Ire) ♥ Jan 'Yarn' Wositzky ♥ Shortis & Simpson
Kerryn Fields ♥ Jackson State ♥ Narrownecks ♥ Funks of Fusion ♥ The Water Runners
Sam Martin & the Sundowners ♥ We Mavericks ♥ Michael Waugh ♥ Nigel Wearne
Ron "Callo" Callaghan ♥ Doc & the Delegates ♥ Mike Martin & the Strelley Project
Brothers on Fire ♥ Burnt Roast Band ♥ Bush Traditions Sessions ♥ Canberra Shanty Club
CJ Shaw ♥ Cobargo 25th Birthday Bush Band ♥ Dingo's Breakfast ♥ Felicity Dowd
Fran Robertson ♥ Ivy Lucille ♥ Lillian McVeity ♥ Maypole with Molly ♥ Mica Lynnah
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Cobargo Conversations

Obituary - Margo Joyce Pantland Hinton

Margo Joyce Pantland Hinton sadly passed away on 15 Oct 2019. She was wife to Graham Hinton and eldest sister to Rose, Donna and Philip. Margo was taken from this world too early. She was 63 years when she passed and will always be remembered as generous and kind.

She will be missed greatly by her family and friends.

As a shop owner in Cobargo, Margo met many people who enjoyed talking to her about a wide variety of topics. Her knowledge and insights were vast and included dressmaking, cross-country skiing, music, cats, brewing, astrology, gardening, health matters and alternative medicines.

Whenever friends would visit they would leave her yard with bounty such as fresh vegetables or seedlings. Margo's garden was her greatest passion and sanctuary. She would spend many hours communing with nature. Many a conversation was had strolling around her vast garden.

Her family want to thank all those who attended Margo's memorial gathering and offered condolences. We hope that you fondly remember Margo's gentle soul as we do.

Rose Hulst



Cobargo Open Mic

We thought it might be a sparse night at Friday's open mic at the Cobargo Hotel as many of the regular musicians were out of town, but we were wrong. We were treated to a fabulous night of entertainment which included the awesome vocals and guitars of McDermot and North, a young male duo from North Queensland. Their harmonies were stunning. Then the gritty voice, amazing guitar and charming banter of 'Crocodile' who stopped in on his way to run a horse breaking session. There was a selection of other entertaining acts from locals including poetry from Ros Hewett and up and coming fiddle and guitar players Anita and Steve. Lainey supported many of the acts with her beautiful whistles as well as treating us to some lovely Scottish tunes. The evening was held together well by Josh and his jokes. Highly recommended!!

Sarah Breakey

Community Doco

The next monthly community documentary screening, 'In Our Hands; Seeding Change' will be at 3.30 pm on Sunday 15 December in the Old Cobargo Butter Factory.

'In Our Hands; Seeding Change' by Black Bark Films was commissioned by the Land Workers' Alliance (LWA).

All change begins with a story and *In Our Hands* is the story of the farmers who, through hope, hard-graft and sheer bloody mindedness, are refusing to be victims of history. This one hour documentary takes you on a journey across the fields of Britain, past the orchards of forgotten fruit and through fields of ancient grains. The film reveals both the wisdom of the old and the innovations of the young, who are bringing back the worm to the soil, the 'culture' to agriculture, and the flavour to the tomato! We stand on a brink, the



Cobargo Public School kids flying their planes

Cobargo School Kids Fly

The Young Scientists Paper Planes Competition is a state-wide aerodynamics competition that challenges students to engineer a paper plane to compete in two categories. The two categories are Aloft Time (time the plane stays in the air) and Distance (the distance it travels).

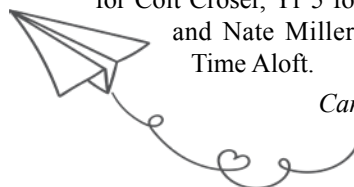
Cobargo School students picked up 8 medals in this year's state-wide competition.

Gold Medals (first in NSW) won by Riley Park, Yr 6 for Time Aloft and Hunter Dibden, Yr 5 for Distance.

Silver Medals (second in NSW) won by River Wilms, Yr 6 for Distance; Tyler Davies Yr 6 for Time Aloft; Ngametua Ben, Yr 5 for Time Aloft; Dougie Ben, Yr 3 for Time Aloft.

Bronze Medals (third Place in NSW) for Colt Croser, Yr 5 for Distance and Nate Miller, Yr 5 for Time Aloft.

Campell Kerr



swallows are departing, but the future of this land is still In Our Hands. Watch the trailer at <https://vimeo.com/237904334>

Please come in big numbers to keep more documentary screenings possible! To cover the costs, a \$5 donation is much appreciated. Coffee and tea provided - Bring your own mug :-)

Lena

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Another year has just bolted and here we are again at the tail end of 2019 and soon into another decade. Summer is fast approaching, but locals have not been able to pack away their winter woollies yet as those cold southerly winds have been ripping up the coast with monotonous regularity.

Are we ready for our big tourist season? It's almost upon us, and soon scores of visitors will join our community for their summer holidays. The town is getting ready for the onslaught. Accommodation providers are ready, restaurants and cafes have hired more staff and shops are well stocked with goodies. Bermagui's friendly locals will meet and greet our visitors with big smiles – although sometimes with gritted teeth. We will endure the lack of parking in town, the crowds and the noise, the traffic, the litter, and our internet services going haywire, but welcome them we surely will, as they bring a much needed 'feast' to boost our little economy.

Spreading Christmas Cheer!

Bermagui CBD will soon be in Christmas mode with a tribe of new 'Santas' decorating our shopping strip. The new Santas have been produced by the Bermagui Men's Shed assisted by a wonderful local artist. The kids at the Bermagui Public School have also been busy making decorations to ensure Bermagui has a festive look this Christmas. You may also see some Christmas tree table decorations in local businesses that have been made by the Men's Shed. Don't forget, there is a whole range of wooden toys for sale at the Visitor Information Centre. The blokes are out and about, busy raising funds to assist with building their new shed in Bunga Street. All donations to the Bermagui Men's Shed are gratefully received and will go towards the new shed so this important men's group can continue to serve our community.

Seniors Christmas Concert

The Annual Seniors Christmas Concert will, once again, rock the Bermagui Country Club auditorium on Sunday 8 December starting at 1.00 pm. The concert will raise funds for Bega Valley Can Assist. Organiser Lori Hammerton, has some talented local musicians booked including Maggie McKinney, Katie Callaghan, Steve Martin, Matt Preo along with the Bermagui CWA doing some fun things and Bermagui's own ukulele group, The Ukalips.

Admission is \$5.00 with tickets available for the massive Christmas hamper valued at over \$200 as first prize. There will be lucky door prizes and afternoon tea is provided by the Country Club.

Please come along and support this much needed charity which provides practical financial assistance to people going through the trauma of cancer treatment. Every dollar raised stays

in the Bega Valley. Oh, and you don't have to be a senior to come. Everyone is welcome!

Community Christmas Carols

Community Christmas Carols will be held on Friday 13 December at the Bermagui Surf Club starting at 5.45 pm. Relax with a picnic on the lawn in front of the Surf Life Saving Club or tuck into a BBQ put on by the Nippers while enjoying a sing-a-long of Christmas songs with the Bermagui Ukalips as well as some traditional carols with the Anglican Church and CWA choirs. Santa will be a guest and the kids will be able to decorate the community Christmas tree.

Takeaway at Bermagui Country Club

Club management are proposing to create a family entertainment area on the grass bowling green in front of the club. This will include a jumping castle, tables and chairs and a servery. Catering will include the 'Terrace Takeaway' to provide lunchtime and early afternoon takeaways during the busy holiday periods and for special events. This will provide a much needed second takeaway fish and chips option for the town. It is hoped that this new initiative will be in place by mid-December, just in time for our visitors arrival.

George Bass Surfboat Marathon

Now in its 44th year, the George Bass Surfboat Marathon will happen again from 29 December to 4 January. The race is held over 7 days with 7 legs, completing a massive 188 kms from Bateman's Bay to Eden.

The boats will arrive in Bermagui on Wednesday 1 January, leaving the next day for Tathra.

Known as the toughest surfboat race in the world, crews of both men and women compete against whatever the ocean can throw at them. It is a spectacular scene when so many boats come in to Horseshoe Bay, so make sure you get down there to cheer on these wonderful athletes.

Season's Greetings from Bermagui Banter team

Your Bermagui Banter Team, Ann Maree, Debbie and Carolyne, would like to thank all our supporters and readers for your kind words, your eagle eyes picking up our mistakes, your forgiveness when we stuff up and your constructive criticisms! We love to receive your contributions so please contact us with any stories or ideas. We hope you and your family have a wonderful Christmas and New Year, and we will be out and about again in February to bring you all that is happening in our town.



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Facebook page: Curry Bunga

Static Water Supplies for Bushfire Emergency



We've all watched in horror as the devastating bushfires continue to burn in NSW, thankful our communities have been spared, but residents must remain vigilant and be prepared for bushfires. Your local RFS volunteers can give you information on how to prepare your home. It's important to have a fire plan in place so you know what you will do in a bushfire emergency.

During a bushfire emergency, fire fighters often have difficulty accessing water. There may not be enough water in the mains so they will rely on static water supplies, such as swimming pools, tanks and dams.

If your house has a water source, such as a swimming pool, tank or dam, you can assist firefighters by prominently displaying a SWS sign at the front of your property to let fire fighters know they can access water on site. It may just save your house!

Information is available on where you can get a sign from www.fire.nsw.gov.au, or you could simply make your own sign to alert fire crews.

Bermagui and District Lions Club

Our club has been active for over 30 years and has made significant contributions to the local community. We have been busy this year. We have installed publicly available defibrillators at the Cobargo Post Office and the Quaama General Store. Go and have a look and familiarise yourself with the location so that you'll know where it is. We are planning others for the future.

We have made financial donations to a range of local groups and individuals. We are setting up to collect plastic milk bottle and similar tops to be made into artificial hands for injured children and adults. Save them and put them in the "pink mini wheelie bins" at Woolies and the Quaama General Store. As is usual each year we have donated children's books to each of our three primary schools. This is part of a Lions National Reading Program. Other national programs we have supported include 'Save Sight' and 'Hearing Dogs'. We are also supporting the Indigenous Medical Service during the 'No Smoking Campaign' providing BBQ, tea and coffee at the events at Wallaga Lake Community Centre.

We look forward to continuing these community and national projects however it is becoming more difficult. Our membership has declined in recent years and our average age is rising. If you would like to participate and meet new people, you will be made most welcome. Membership is open to over 18 year olds. We meet at the Bermagui Country Club, first Thursday of each month at 7.00 pm and the Cobargo Hotel third Thursday at 12 noon.

If you would like to make an enquiry call 6493 3792.

Cliff Tarrant

How to love our beaches

With summer fast approaching, Bermagui Dune Care would like to remind readers, both locals and visitors alike, of ways they can care for our beaches.

1. Please place all litter in bins or take it home with you. This includes cigarette butts, drink containers, hooks and fishing line. Litter is unsightly and dangerous, may injure beach users or wildlife. Street litter can reach the beach via storm water drains at Horseshoe Bay and the harbour.

2. Please use and stay on designated access ways and avoid walking across vegetated dunes. This minimises damage to plants and disturbance to animal habitat. Stable dunes are more resistant to erosion. Native vegetation is protected.

3. Please do not light fires on beaches or in dunes. Fires produce embers that remain very hot even when buried in the sand which can cause serious burns to unsuspecting people or animals, and also creates the risk of wildfire. Irreplaceable habitat is lost when firewood is gathered from beach areas.

4. Remember all Bermagui beaches are vehicle free, to protect people and habitat.

5. Dogs must be on leashes at all times unless the beach is signposted as a 'leash free area', such as Beares and sections of Haywards Beaches. Dogs are banned from some beaches and coast walk sections for health reasons and/or to protect wildlife habitat, so please check with Bega

Valley Shire Council. No dogs are allowed on national park beaches. Always remove animal waste out of consideration for other beach users.

6. Properties adjacent to beach reserves should be carefully maintained to prevent garden plants escaping into the dunes. Dumping of garden refuse is prohibited. This helps stop weeds growing on the dunes at the expense of native plants and avoids costly weed controls.

The beaches in and around Bermagui and their dunes are among our most important natural assets. Please ensure they are cared for properly.

Karen Joynes

Co-ordinator Bermagui Dune Care

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Bermagui Banter

Bermagui Historical Society News

Christmas is creeping upon us fast, and we are happy to announce that our 2020 calendar is ready to be your stocking filler. This is the 10th year running that this interesting and informative wall-hanging has been produced. A couple of the subjects are shown here and as usual, featured photographs are all donated or lent to the Society by you, the residents, with all proceeds going to help run the Museum.

The 2020 calendar features the Surf Club in February whilst October looks at the 1950's Bermagui fire truck. There is a big gap in our knowledge about both the surf club and the volunteer fire brigade. For example we were surprised to learn recently that the Surf Club was first founded in 1909. It was a great pleasure to visit the club and learn more last Sunday, 17 November.

We do know that the fire truck was a V12 'La France' left hand drive, built in the USA, belonged to the Forestry Commission and that the 1952 crew included Joe Mead, Clyde Blacka, Cyril Riches, Abe Jagers, Vic Gilkes, Peter Parbery, Les Jones and Jack Wesh. We are reminded of the terrible fires of 1952.

Get your stocking fillers from the Museum Friday and Saturday, 10.00 am to 2.00 pm, or at the Visitor Information Centre. The Bermagui 777 is again selling the calendars this season.

Any information the Society receives is shared with the Surf Club and the Firies, so dig deep into the shoe boxes and see what is hiding away.

The Christmas raffle is on again this year. One prize is a nicely framed A3 archival print of the steamer wharf crew in the 1890s. The museum is open 10.00 am - 2.00 pm Fridays and Saturdays, so why not pop in and say hi and get some stocking fillers too!

Dave Cotton, Digital Archivist at BHS & Museum.



Janita and Eileen Mead with the Bermagui fire truck at Lakeside c1959

Bowls NSW comes of age

In a surprise move recently, Bowls NSW, the controlling body in this state, announced an Open Gender Policy for affiliated clubs. A move not only bringing us into line with neighbouring states but dispelling the belief of some that the controlling body still exists in the Dark Ages.

The Policy now adopted, will benefit smaller clubs such as our club in Bermagui. It will ensure our viability, moving confidently into the 2020s fielding a full composite team to contest the upcoming Pennant Season.

All players or would be players are welcome, with expert tuition and encouragement provided.

The January Car Boot Sale, now in its tenth year, invites stall holders to book spaces with The Bermagui Country Club as soon as possible.

Seasons Greeting to all from Bermagui Bowling,

Tony Millard

Montreal Goldfield Kids' Days

Montreal Goldfield is a community project which opened as an historic site in 2005. Since, then volunteer guides have taken thousands of visitors on tours of the 140 year old diggings on Wallaga Lake Road. Over 100 shafts still exist in the area, although originally the goldfield extended along the beach from Camel Rock to Bermagui and was home to 2000 people. Montreal was a bigger town than Bermagui is today and remains the only place in Australia where gold has been found on a beach.

In recent years, Montreal has expanded its program for families with special Kids' Days during the holiday period. Children can see what it was like to live on the goldfield. They can dress up, pan for gold, play with and make toys from the gold rush era, listen to stories and enjoy many other hands-on activities designed to appeal to children of all ages.

New activities are introduced every year for our return visitors. This holiday season Kids' Days are on Thursdays, 2 and 9 January from 10.00 am to 12.00 pm. Great value for family fun at \$5 per person over 5 years!

The Goldfield volunteers enjoy sharing an important part of our colonial history at any time of the year, but especially look forward to entertaining our young visitors in the holidays.

Kerri Binstock



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Moodji celebrates birthday with Costa

Last month, Bermagui Pre School's Moodji Community Garden Project celebrated its first birthday with a very special guest. Costa Georgiadis, well known host of the ABC's *Gardening Australia*, returned to see how the project was going one year on.

A packed weekend was planned starting with a workshop on growing tomatoes with local commercial grower, Fraser Bayley. Costa made an appearance at the workshop, getting stuck into some digging and weeding. Maybe some of us were a bit starstruck, surprised that Costa was pretty down to earth.

The rest of the weekend was filled with various workshops including biodiversity in the garden to attract pollinators, permaculture design, seed saving, soil fertility and Hugelkultur garden bed constructions.

Costa is a great favourite with the kids who are really attracted to him. Maybe it is his small stature, maybe it is all that hair, maybe it's his passion for what he does, but the kids just love him. I was told that he visited the Pre School a few days before and was seen playing in mud puddles with the kids! His 'Kids Corner' workshop during the weekend was a big hit, as he taught them how to make wicking beds

for herbs by using a range of salvaged and repurposed materials.

The Moodji Garden Project can be visited in Young Street, Bermagui just beside the Bermagui Pre School. The project has big plans for the future and community members are welcome to participate in activities. For more information or to get involved in the Moodji Project, call Dan Bakker of Eat Dirt Permaculture on 0427 746 980.

Carolyn Banados



Costa Georgiadis with Fraser Bayley, during workshops at the Moodji Garden, Bermagui

Saltwater proposed demolition

The Department of Planning, Industry and Environment is proposing to lodge a development application to Bega Valley Council to demolish the old Saltwater Café building and remediate the site. The building has been assessed as structurally unsound.

Although quite a lot of people are agreeing that the old building needs to come down, questions are raised as to what will replace it. Another seafood restaurant and take away would surely be welcomed.

However, there appears to be a complicated arrangement with several organisations involved on this Crown Land site and the likelihood of another restaurant is probably quite remote.

To many residents of Bermagui, Saltwater holds a special place in this community. Many special events were held there, and maybe some will remember those wonderful Greek nights when we ate moussaka and danced to Zorba!

You can provide your written comments on the proposal by writing to PO Box 2185 Dangar NSW 2309 or email cl.enquiries@crowland.nsw.gov by 5.00 pm, 13 December 2019.

Carolyn Banados

Bermagui Runners ride on Honorbread



Sponsors, Tim and Honor Northam, proudly model new cycling tops

A contingent of local road cyclists belonging to Bermagui Runners Triathlon Club has once again set their sights on one of Australia's toughest events. November 30 will see Australian and international cyclists gather at Jindabyne for this year's Australian L'Etape.

Most of the team will be participating in the 108 km leg of the event. Last year's participants agreed that the extra 70 km return loop to Perisher Ski Resort "turned an enjoyable four-hour ride into seven hours of hell". The 35 km climb from Jindabyne to Perisher had cyclists literally crawling their way to the top after completing the initial leg-sapping 108 km circuit of the surrounding district.

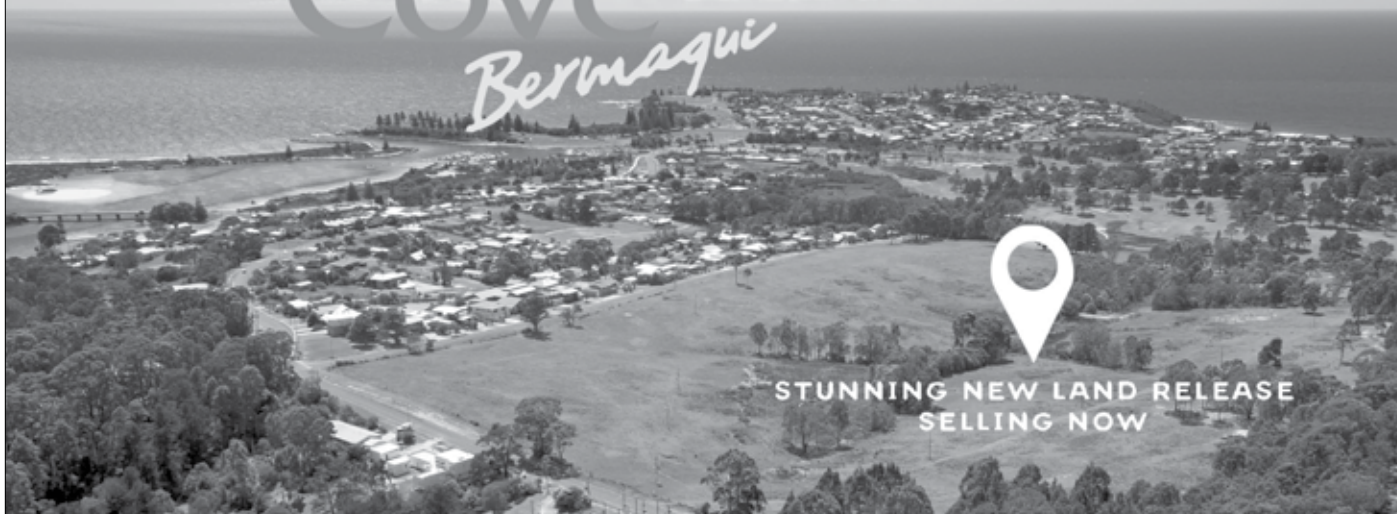
'Bermagui Runners ride on Honorbread' printed across the back of the new sponsored cycling tops is recognition of the respect Honorbread has for the enormous effort and dedication the cyclists have given to their training and preparation for this event.

Over the past month, Honorbread bakery has been the early morning ride meeting point and fortunately, the post-ride refuelling stop for the team. As the kilometres ridden have increased for the cyclists, so too has their post-ride appetites. Coffee, bread and the occasional pastry help to replace the many calories burnt in the long training sessions.

Honorbread owners, Honor and Tim, will also ride in the event. They offered to help fund the new cycling tops to demonstrate their appreciation of the contributions made to the Bermagui community by triathlon club members.

John McMahon

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Cheryl Davison, Yuin Walbunga/Ngarigo woman, made a conscious decision to return to country when she was pregnant with her daughter, Tamsin. Born in Bega, she lived the first seven years of her life at Wallaga Lake in a large family. Her maternal grandfather was a significant presence in her early life and supported Cheryl's mother with her large family of nine children. Even after moving to Nowra following her grandfather's death, the family maintained strong connections to the area, returning during school holidays to camp at Mystery Bay, 1080 Beach and Tilba Lake.

Nowadays, Cheryl is a recognised artist and cultural leader who has exhibited nationally and internationally. However, the journey of finding a voice as an artist has had many twists and turns with many influences and experiences. Cheryl reckons her interest in art began at the small preschool that Aunty Ann Thomas started at Wallaga Lake in the old hall, where she excelled at finger painting. And later, at Bermagui Public, where she was encouraged to draw, helped by her friend Linno. During her school years she was always drawing and although she never got the camera she wanted, there were always pencils and paper for birthday and Christmas presents.

Perhaps growing up in a culture where storytelling is such a strong part of 'who you are' provided the foundation. Cheryl feels privileged to have known many of the old people from the Wallaga family. While Cheryl believes that everyone's story has cultural value, it is the ancient stories that connect people to country and



Cheryl Davison, Yuin Walbunga/Ngarigo woman

give cultural meaning. She sees this as a way of keeping these stories alive so they will live on forever and give all people the opportunity to experience culture in a way they may not have before. As a gifted storyteller herself, Cheryl not only tells these ancient stories when explaining her art, but also engages with her listeners about more contemporary history – fishing with her grandfather, growing up with family at Wallaga Lake, the lives of her parents.

As a sixteen-year-old, Cheryl's first

job was Trainee Community Artist at Chippendale Neighbourhood Centre in Sydney, where she learned screen printing techniques at Ultimo TAFE. It may be that this early experience helped to shape her later art teaching work and advocacy for other Aboriginal artists. She has certainly been instrumental in helping other artists get exposure through art exhibition curation. She instigated the first Aboriginal Art Exhibition at the annual Eden Whale Festival which launched many artists' work; later, she was involved in the establishment of the Kari Yalla Art Collective which focused on arts development and collaboration and was subsequently dissolved when Cheryl left the area to take on a paid job with Aboriginal Arts Cooperative Boolang Nangamia in Gerringong. This work continues today through her employment as the Aboriginal Cultural Producer for Four Winds. This position gives her the opportunity to use her many skills as a fabric, fibre and visual artist as well as an inspired cultural leader.

Cheryl would like to see us as one community, less 'us and them.' Her hopes for the future are that Australia's oldest living culture be celebrated by all Australians, that there is an urgent need for truth-telling about our past and a treaty to guide the future.

Cheryl now lives at Tilba in the shadow of her beloved Gulaga. When I asked what is special about living in the Triangle area, Cheryl replied without hesitation - "I'm back home – this is where I'm from and I'm really proud to be from here."

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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It's the end of another year here in Quaama town. Despite the terrible drought conditions, we carry on with our lives and still enjoy living in this beautiful area. Wow, we've made it to 2020! It sounds like an aspirational bumper sticker!

Verona resident Rose Roberts, the author of *'Another Adventure with Duck & Goose'*, has won 1st place in the children's category in the Toolangi CJ Dennis poetry competition! Her poem, *'Rainy Day'* (on page 30) was judged to be the best by a panel that included kids. When you read it, you'll know why. Her poem *'My Hens'* also received a commendation in the adult category. She said that it's all true, her hens are exactly as described. Congratulations to you Rose. Your writing is such good fun.

I'm sure many of you have been aware of the orchard project at Quaama School. This covered garden will provide lessons of all kinds as well as delicious food for the kids to enjoy. It's been planned and executed by the school, kids and parents who have tirelessly fundraised over the last few years to make it happen. And just like when you plant a seed and tend it well, the day comes when you have something to show for it. That day is here! You are invited to attend the opening of the school orchard on Tuesday 17 December at 9:30 am. The kids will be cooking your bbq breakfast themselves. Come see what has been done at our little school with the first lesson being what sustained determination can achieve.

Many of us carry on about 'community'. We support a network



of neighbours and friends that share what we have in abundance through food swaps and seed gathering and we come together around neighbours in need. The Community Markets on the last Sunday of every month is a great example. You can rock along to the Quaama park and sell or give away what you don't need to those who do. If you haven't been, it's worth checking out. You can clear out your shed or bring gear home. Saves taking it to the tip and it sure is nice to pick up something cheaply or free from someone ready to let it go.

The Quaama Progress Association continues to put together events to lighten our lives. On 1 December, there will be an event to decorate a Christmas tree in the Quaama Memorial Park from 6.00 pm. Come along with decorations to put on the tree. Santa will be there, so bring those letters addressed to him too along with a plate and some drinks to share and enjoy.

And on 14 December, come back to the Quaama Memorial Park for the Quaama Christmas Evening Fair from 6.00 to 9.00 pm. There will be a Sausage Sizzle, a CWA gift wrapping service and Santa and his sleigh will return. There will be various stalls selling Christmas presents, Quaint Candles Quaama, a toffee apple store, rocky road, cakes from the Quaama P & C, a coffee van and more. Come check it out!

And once again, the QPA has organised a Quaama New Year's Eve Party from 6.30 pm onwards at the Quaama Hall. You are encouraged to bring a picnic dinner to the Hall grounds to share in the community spirit on the lawn free of charge ahead of dancing in the new year. The Quaama Men's Shed will be running a Sausage Sizzle and there will be live music outdoors. At 9.00 pm The Hoops return to rock 'n roll us into the New Year, finishing at 12.30 am. Tickets at the door are \$15. QPA members and concession just \$10 and kids under 15 are free. Come celebrate the New Year 2020!



Happy Christmas everyone and let's hope that 2020 brings us rain and prosperity after such a challenging 2019.

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9:30 am	Student run BBQ Breakfast (proceeds towards Yr 6 peer support camp) Bacon & Egg Rolls \$5, Sausage sandwich \$2.50 Tea & Coffee \$1 (byo cup)
10.30 am	Official Opening of Orchard
10.45 am	Student Fair (proceeds towards Yr 6 farewell present to school)

Quaama Public School and the P&C
would like to thank everyone who
has contributed to this amazing project

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Quintessentially Quaama

Costa visits the Quaama Public School

Quaama public School was most fortunate to host Costa Georgiadis and his mate Dan Bakker on Tuesday 5 November to help plant fruit trees, berries, grapes, vegetables and establish our worm farm in our newly constructed orchard area.

The P&C over the last 3 years has fundraised and sought grants to enable the construction of an enclosed orchard area measuring approximately 22m x 11m and 4m high. This has been a huge undertaking and quite a visionary project.

Future generations of students will have the wonderful opportunity of producing fruit, vegetables, berries and produce.

The learning opportunities cross many curriculum areas in a highly motivational manner and will propel the school's vision of a 'School Sustainable Future'.

Our students had delightful interactions with Costa whose message of positive engagement with all people, following an interest with passion and leaving a legacy in life was embraced by all in attendance. Students in their buddy pairings researched the fruit tree they were to plant on the day and produced a PowerPoint presentation which was shown to Costa.

The school community came out in force to help our students with the plantings and we are most grateful for the support and extend an invitation to our community to remain involved in future



Costa and principal, Mr Sull were both pleased with the day!



Costa brought his TV Week trophy along to share with us.

years to help the students develop and maintain the orchard.

Without the vision of Jasmine Ventura, the donations from local businesses and the support of families and friends of Quaama Public School through fundraising, working bees, donated time to plan and oversee the project, donated materials such as soil and manure, this ambitious venture would have remained just a great idea.

Mark Sullivan,
Relieving Principal

Summer Joy and Yang

As we move into December and summer we are in the most Yang and active of the seasons, controlled by the fire element which is reflected by the heart and small intestine in Traditional Oriental Medical Theory.

This ancient way of studying the human body sees the nature of how we work as a reflection of how the environment works.

The heart and small intestine houses the Shen, which is an aspect of our spirit. When the fire element is balanced, the Shen is anchored in our blood, allowing us to sleep. Insomnia is often an indication that the fire element is not nourished or there is too much fire in the body.

The emotion governed by the fire element is joy. When there is excess fire in the body and mind, anxiety and manic behaviour may result.

Thus like the bush or your garden, we need to keep well hydrated and cool. When fire is in excess it will consume the whole forest. When it is balanced, it helps to regenerate the earth. It is very easy to expel too much energy in summer as yang energy is abundant so leaving a bit of time to stretch and meditate will help to preserve the Yin in our bodies.

Adding a little bit of lemon and peppermint to water helps to cool the body. Try not to have icy cold water too much as this actually creates more heat.

Other cooling foods include cucumber, salads, seafood, seaweed and watermelon. Allow your Shen (spirit) to shine and your joy to be contagious.

Raven



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Photo - Louisa Monohan

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Quintessentially Quaama

Quaama RFS

To all those who are affected by the horrendous fires, may you find strength, endurance and safety. As of the time of writing this, the Bega Valley has managed to not have any devastating fires. Thanks to the community for their vigilance and care and thanks to the RFS crews that have acted quickly to extinguish the fires we have had.

How to comprehend what the community up north is going through, with so much lost, overextended and exhausted. There have been 421 houses destroyed, 27 facilities destroyed, 840 outbuildings destroyed and six lives lost.

With the number of RFS volunteers down state-wide, the lengthening of the fire season, the crazy weather, the extended drought and people making a tree change, small brigades such as Quaama have a large and ever increasing job to try and help protect our community. You would only hope that some would see the necessity to contribute to that protection. We need more members. Not all volunteers need to be fire fighters. There are so many jobs to do, especially when the 'shit hits the fan', like up north. The team-ship, education and some understanding of fire behaviour helps out in many fields of our lives, all of which helps with life in a rural area.

I'm attempting to build our Facebook page, Quaama Volunteer Bushfire Brigade, with some informative fire education materials. Please have a look, like us, share and we'll know then that people care and are supporting our efforts.

Training happens every second Saturday at 1:30 pm at the Quaama station. In December that's 7 and 21 and in January, 4 and 18 if you're interested. We hope you are.

Graeme Spicer 0400 738 978

Rainy Day

Wombat and Emu walked down the lane,
Upon them fell a gentle rain.
Grey clouds gathered overhead,
Emu look upwards, frowned and said,
'I think a storm is very near,
Let's find a pub and have a beer.'
'Oh Emu', said Wombat, 'How ironic,
I was thinking of a gin and tonic.'
So, the friends ran off at quite some speed
A refreshment really much in need
But thunder boomed and shook the air
'Oh bother,' Wombat said, in despair.
'I think, dear Emu, we should make haste
And hurry home, no time to waste.'
'Yes, Wombat dear, I do agree
We will settle for
some scones and tea.'

Rose Roberts

Winner,
Children's category,
Toolangi CJ Dennis
Poetry Competition,
2019

Illustration by
Naomi Lewis



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[^]Canstar is an independent third party comparison site.

TREE CHANGE?

SEA CHANGE?



Iconic Triangle catering business seeking new owner
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SUMMER 2019-2020

Friday	December 27	5pm - 8pm	Island View Narooma
Saturday	December 28	5pm - 8pm	Narooma Easts
Sunday	December 29	5pm - 8pm	Regatta Point
Monday	December 30	5pm - 8pm	Wallaga Lake Park
Tuesday	December 31	5pm - 8pm	Mystery Bay
Wednesday	January 1	5pm - 8pm	Bermagui Holiday Park
Thursday	January 2	5pm - 8pm	Ocean Lake Park
Friday	January 3	5pm - 8pm	Island View Narooma
Saturday	January 4	5pm - 8pm	Narooma Easts
Sunday	January 5	5pm - 8pm	Regatta Point
Monday	January 6	5pm - 8pm	Wallaga Lake Park
Tuesday	January 7	5pm - 8pm	Mystery Bay
Wednesday	January 8	5pm - 8pm	Bermagui Holiday Park
Thursday	January 9	5pm - 8pm	Ocean Lake Park
Friday	January 10	5pm - 8pm	Island View Narooma
Saturday	January 11	5pm - 8pm	Narooma Easts
Friday	February 28	6pm - 12am	Cobargo Folk Festival
Saturday	February 29	12pm - 12am	Cobargo Folk Festival
Sunday	March 1	12pm - 8pm	Cobargo Folk Festival
Saturday	March 7	11am - 8pm	Bermagui Sea Side Fair
Sunday	April 12	11am - 8pm	Tilba Easter Festival

Final Farewell to Narek Galleries - 1969 to 2019

After 50 years of operation, Narek Galleries will be closing its doors in Bermagui, where it has happily settled for the past few years. Following an internal renovation and fit out, the gallery is a crisp, light filled art space, just ready for the next generation to take over.

As Narek moves into an 'occasional' mode due to family commitments, it would be wonderful if there was someone who is inspired to give Bermagui a contemporary art space and join the increasing vibrant small business community in Bermagui.

As the Gallery closes its doors, owner, Karen O'Clery reflected on 50 years of operation. Karen and her mother Betty Beaver started Narek Galleries in 1969, the first to specialise in craft based works, using two rented rooms in a house in Manuka Canberra. Over the ensuing years, Karen moved a few more times, including 20 years at the helm of the Cuppacumbalong Art and Craft Centre in Tharwa ACT, an old grazing property on the banks of the Murrumbidgee River which dated back to 1832. From 1994 until 2006, Narek promoted the work of Australia's leading craftspeople in America, taking exhibitions to SOFA (Sculpture, Objects and Functional Art) in Chicago. Next move was to the dilapidated old Tanja Church which received a major refurbishment and opened in November 2004.

Aware of the developing dynamic small business situation in Bermagui, Karen made the final move for Narek Galleries in 2017, opening the new space in Wapengo Street. Now, with a generation ahead and another two following, as well as forty acres of burnt forest still to rehabilitate, Karen has decided that the time for the commitment needed to run a consistent, regular program of compelling exhibitions seems to have evaporated. The website for Narek Galleries will remain live and will contain details of occasional pop-up projects or exhibitions as they occur.

For anyone whose heartbeat rises at the thought of running a contemporary art space in the previous Narek Gallery in Bermagui, give Karen a call. Karen will miss the engagement, the wonder of the work and the joy of curating exhibitions, and sends huge thanks to the Triangle community, the brilliant makers and the wonderful appreciators as it could not have happened without them all.


Karen O'Clery



Ever present past – Narek, Tanja



Narek looking out – Bermagui



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Jennifer Taylor 'Undoolya 12'

Jennifer Taylor and Cheryl Davison

The upcoming December/January exhibition at Gallery Bodalla features the outstanding paintings of Jennifer Taylor – 'Breath of the Mountain' and Cheryl Davison – 'Recent works on paper'. The show runs from Thursday 5 December to Sunday 5 January. All are welcome to join us for opening drinks Saturday 7 December at 3.00 pm to meet the artists and for a short artist talk, with introduction by Helen Maxwell and music by guitarist Geoffrey Potter.

Jennifer Taylor's warm and serene land-based en plein air paintings connect with Yuin Country, Arremte Country and Aotearoa/NZ. Working in oils, she paints with a deep respect and warmth for country, expressed with excellent tonality. The result are beautiful, strong paintings that capture the changing light the caring connection she feels with the land.

Working in acrylic and gouache, Cheryl Davison's paintings and prints are distinctly Aboriginal with a strong modern influence. She draws on stories told to her by family about the lands of her ancestors, the Wulbunja and Ngarigo Peoples. A strong part of the magic in each work is the genuine affection she imparts for each little bird, animal and part of Country.

Situated in the Post Office, 66a Princes Highway, Bodalla, Gallery Bodalla is open Thursday to Sunday, 10.30 am – 4.00 pm and by appointment. For more information:

Valerie Faber, Gallery Bodalla, 0421 238 174,
galleriesbodalla@gmail.com, www.gallerybodalla.com.au.

Valerie Faber

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U3A BERMAGUI & DISTRICT INC

Term 1 - Information & Registration Day

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Bermagui Country Club 10:00 am – 12 pm
<https://bermagui.u3anet.org.au/>
<https://www.facebook.com/u3abermagui/>

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The Lizards celebrate '*Unfinished Business*'!

2019 has been a busy and eventful year for the Lazy Lizard Gallery, with lots of changes but plenty of appreciative compliments from our enthusiastic visitors. We had to say a regretful goodbye to Luch, our woodworker, who had to leave because of family responsibilities, but then we have gained two new talented members, Ron Webb, who takes inspiring photographs of our local area, especially our wonderful wildlife, and Hansa (John van Horsen) with his beautiful kiln-fired glasswork.

Also, in 2019 we were able to host exhibitions by a number of amazingly talented and interesting artists in the Side Room Gallery. To wind up the year, the Lizard members and a few of their friends, will be taking over the Side Room Gallery in December for themselves, with an exhibition of their own, entitled '*Unfinished Business*'.

At this stage, I am unable to give you any idea of what will be appearing on the show. All I know is that the Lizards are all frantically trying to finish off various projects that they started earlier in the year, but have been waiting for that elusive article, 'around tuit' to turn up. However, I

can guarantee that it will be quirky, quality and lots of fun!

In that spirit, we will be having an opening on the 'Light up Cobargo' evening, Friday 6 December, from 6.00 pm. There will be wine, nibbles and music. We would like to thank all of you who have supported us this year, so please come and join us and celebrate Lizidarity!

Then in January 2020, we have '*Water Works*', an exhibition by our very own favourite volunteer and talented watercolourist, Carol Taylor. Her work is so sensitive and beautiful and always popular with visitors. What a wonderful way to start the New Year!

Naomi Lewis



Intricate wire tree sculptures by gallery member Alan Holley

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Facebook: Sandy's Safaris | Website: sandyssafaris.com

Artists Bloom at Ivy Hill

An exuberance of flowers from three local artists - Veronica O'Leary, Judith Thomson and Jane Aliendi, is exhibited at Ivy Hill Gallery from 5 December to 12 January 2020.

All capable artists, they celebrate the joy of beautifully painted lush or delicate combinations of exotic and native plants with an emphasis on their flowers.

Veronica O'Leary initially trained at the Victorian College of the Arts, Melbourne and later completed a Masters in Visual Arts at Charles Sturt University. She works professionally at her own practice now after a teaching career. She has been a finalist several times in the Waterhouse Natural History Art Prize and the Mosman Art Prize. In 2015 the National Museum of Australia purchased her suite of 180 drawings executed for the ABC during the Lindy Chamberlain trial.

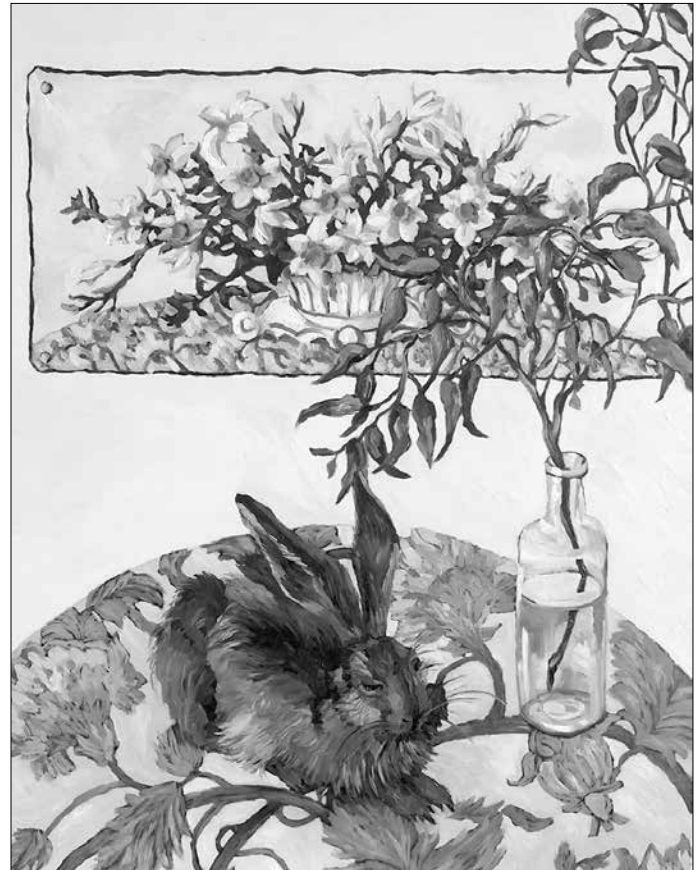
Judith Thomson is based on the far south coast of NSW and has been creating art full time since 2017. She received a Certificate IV in Visual arts and Contemporary Craft in 2010 and subsequently has continued to develop her art practice to include more traditional oil painting techniques.

Jane Aliendi runs Inkwell Art, a successful art supply store in Bega. Her art classes and workshops have an enthusiastic following. Jane's own work is wonderfully quirky, often with an animal lurking in the greenery.

"To look at a thing is very different to seeing a thing, one does not see anything until one sees its beauty", Oscar Wilde.

You will find Ivy Hill Gallery on the coast road between Bermagui and Tathra, open from 10 to 5, Thursday to Sunday. Meet the artists for drinks Saturday 7 December from 6.00 pm. More information, including catalogues at www.ivyhill.com.au.

Carolyn Killen



'Still Life with Hare' (after Durer) by Jane Aliendi



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Essentially Summer

As we head into summer, these months are a critical time in our gardens to get them through the hot and drier months.

Summer brings the usual tasks we all associate with it. And although these tasks can seem tiresome, they are most essential in the overall upkeep of our gardens.

As I write this column we have had no worthwhile rain and I fully understand that a lot of us are struggling with the decision to water or not to water. Long lived plants like our shade trees and hedges etc should take priority with watering and if it comes to not watering something, ease off on lawns, annual flowers and perennials that can be cut back and will generally recover. Larger plants could have a water basin constructed around them and then filled with mulch. This is a good way of retaining water without runoff. Any grey water from the house can be directed into these basins.

Garden beds require a good soaking at least every 7-10 days using a sprinkler and not a hand held spray. Watering with a hand held spray is basically just a waste of this valuable resource. Invariably the surface just gets a wetting and water does not reach the feeder roots of the plants thus encouraging a shallow root system. In periods of extreme dry conditions, plants with shallow roots dry out very quickly and places the plant under stress,

often leading to death.

If lawns are to be watered, it is best to deep water a couple of times per week to encourage deep rooting of the grass. This again will assist in preventing the grass drying out. Lift the mower up a couple of notches as more leaf will help the plant through hot days.

Another maintenance task in the garden during these warm months is keeping an eye out for aphid infestation on roses and new growth on other plants, as the aphids like the warmer weather and can do some serious damage to plants. Use a complete insecticide and fungicidal spray to control any pest on the roses including black spot and powdery mildew.

Practices like watering roses in the early morning and placing the sprinkler in such a position so overhead watering doesn't take place will also assist in the prevention of fungal diseases.

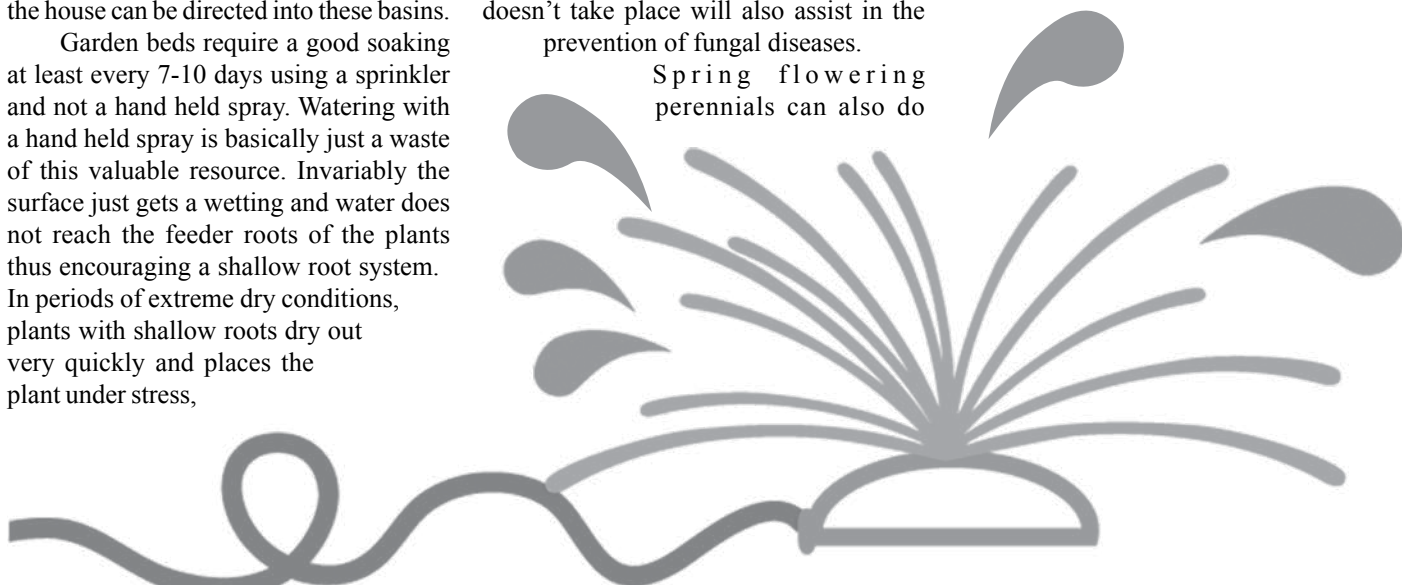
Spring flowering perennials can also do

with a tidy up during this month removing spent flower heads and any unsightly foliage that might have died. This will encourage another flush of flowers and will carry them through until Autumn.

A repeat planting of summer salad vegetables can take place, ensuring you of a continual supply of delicious food. Remember to water your tomatoes at root level and not overhead. This also will prevent disease activity. Using a fertiliser high in potassium will enhance flowering, therefore creating more fruit.


Finally, remember to mulch, mulch, mulch. This very easy practice will help to save your beautiful garden.





Keith Mundy
Tilba Tilba



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Persian Food in Summer

I have just finished producing my latest book *'Pardiz, a Persian food journey'*. I spent the first 9 years of my life living in a house set in a paradise garden in Tehran, surrounded by high walls and filled with flowering plants, fruit trees, brimming water tanks and a collection of pet animals. This garden was my paradise, my dream world. Persian food has been famous for centuries. With its shared plates, subtle flavours and emphasis on fresh, healthy ingredients, it is extremely well suited to the way we live today.

Yogurt and Broad beans

I am a tremendous fan of broad beans, so this is one of my very favourite dips. Fresh beans are best, but frozen ones are fine - and you do not have to peel them twice!

- 4 cloves of garlic, crushed
- 400 gm peeled broad beans (tough outer skin as well)
- 1 teaspoon turmeric
- 2 teaspoons dried fenugreek
- 2 tablespoons fresh lime juice
- ½ a bunch of fresh dill, chopped
- ½ bunch Italian parsley, chopped
- 1/3 bunch fresh mint, chopped
- 700 gm mast-e chekideh

Gently fry the garlic (do not let it burn) and turmeric.

Add the broad beans.

Add 1/3 cup water.

Salt and pepper

Cook gently for 5 minutes, with the lid on.

Let it cool.

Add the lime juice.

Mix the mast and dill through the beans.

Refrigerate before serving.



Rice with Lentils and Onions

What I love about this polow is the combination of rice and lentils and the crunchiness of the fried onions.

Serves 6 people

- 200 gm Iranian or basmati rice
- 250 gm green lentils
- 3 large Spanish onions, sliced
- 1/3 cup plain flour
- 200 ml sunflower oil
- 1 1/2 teaspoons ground turmeric
- 1 1/2 teaspoons ground cinnamon
- 2 teaspoons sumac
- 1 teaspoon ground coriander
- 2 teaspoons ground cumin
- 1 teaspoon black mustard seeds

In plenty of salted water boil the lentils until just tender, drain and set aside.

Wash the rice 3-4 times until water runs clear.

Then boil the rice in plenty of salt water.

Add 1 tablespoon olive oil.

When rice is still a little 'al dente' drain and set aside.

With your hands, mix the sliced onions and flour.

In a fry pan heat the sunflower oil.

Fry the onions in batches until golden, do not burn them.

Drain the onions on some kitchen paper.

Discard the oil and wipe the fry pan.

Pour 3 tablespoons of olive oil into the pan.

Add all the spices, except the sumac and gently heat them.

Mix the rice through the spices until all is well amalgamated.

Now add the drained lentils and half the fried onions.

Sprinkle the sumac over the rice and lentils and mix well, using a fork.

Gently re-heat it on the stove.

Pile the rice on a plate and add the rest of the onions on top.



Buttermilk and Cardamom Ice cream

This is a beautiful delicate flavoured ice cream. I love the tanginess of the buttermilk and lemon mixed with cardamom and bay leaf. It gives it an unusual, magical taste.

- 250 ml water
- 190 gm caster sugar
- seeds of 6 cardamom pods, crushed
- peel of 1 organic lemon
- 2 fresh bay leaves
- 500 ml buttermilk
- 200 gm unsweetened Greek yoghurt
- juice of 2 lemons

Combine first five ingredients and gently boil for about 10 minutes

Then mix the buttermilk and yoghurt together.

Pour the lemon juice into the cold sugar syrup.

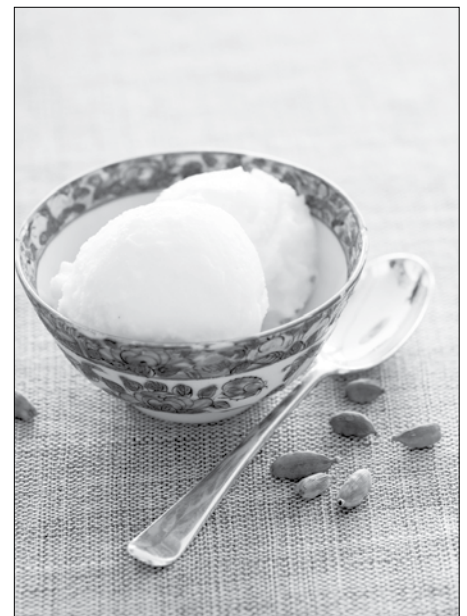
Now strain it and add the liquid to the buttermilk mixture.

If you have an ice cream maker, churn the mixture until set.

Otherwise put the bowl into the freezer.

With a fork whisk the mixture from time to time until set.

Set aside to cool

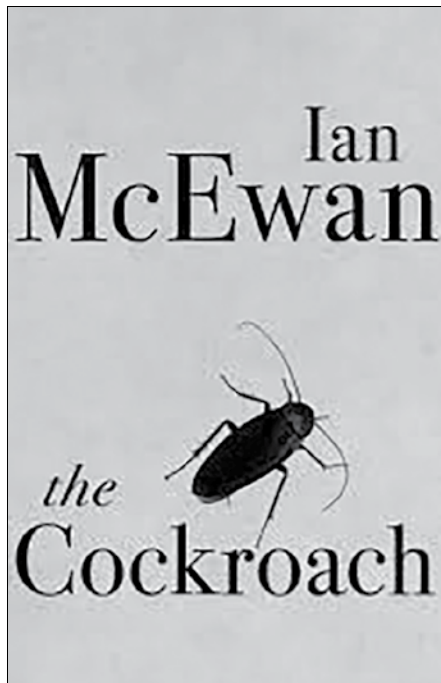


Ian McEwan, *The Cockroach*, \$16.99

A novella of only 100 pages, this book manages to pack in all the fury, despair, disgust and frustration of the writer as he views the disaster that is present-day UK. Referencing Kafka's "Metamorphosis", the opening lines describe how the Prime Minister is transformed into a cockroach, which does nothing to stop him implementing policies which are obviously flawed, not to mention, ridiculous. Does Brexit come to mind? The President of the US is backing him with an equal measure of ignorance and dismissal of proper process and legal constraints. It is truly a wonder to his readers the way McEwan can write exactly what so many of us are thinking and despairing over in so few words.

As this is the last for the year, my thoughts on the books of 2019. The most important, "No friend but the Mountains" exposing the plight of the refugees on Manus; the most enjoyable, "Too Much Lip" by Indigenous writer, Melissa Lucashenko (which also won the Queensland Premiers Literary Prize last week). Books by the bed for the holiday period by Christos Tsiolkas and Julian

Barnes, resolution for the new year, read only Indigenous writers for one week out of every four, and only buy Australian books as presents for friends. Enjoy your own holiday reading!



Pet of the Month

Misty is a beautiful, quiet and very affectionate 9-year-old Cornish Rex. She has a wonderfully soft coat you just love to pat - which is totally OK as that's what she loves too. She is very agile and capable of opening doors by leaping up and grabbing handles! Misty would thrive in a house where she has the monopoly on attention and is ideal for a quieter home. She is available through AWL Far South Coast Branch. Please phone 0400 372 609. Animal Welfare League NSW Rehoming Organisation Number R251000222

All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed, flea and tick treated. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to have secure dog-proof fencing and be suited to the needs of the animal.

You can view available animals on our Facebook page (Animal Welfare League Far South Coast Branch) but you will need to call the Branch on 0400 372 609 to enquire about any of the many

cats, kittens, dogs and pups available for adoption.

De-sexing vouchers are available at all vet clinics in our branch area — Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden—for local residents who hold a Centrelink Pension Card. AWL Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

The AWL NSW Far South Coast Branch 'Calendar of Second Chances' makes a great Christmas gift at only \$20. It is available at all Bega Valley vets as well as Coastal Grooming Pet Spa, Merimbula, and The Country K9 Parlour, Cobargo. If you need copies posted to you please call 0400 372 609.

Please note: We will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

WANTED TO RENT

Mature, quiet, non smoking lady is looking for a 2-3 br house on acreage with a garage or carport. Please call Janet on 0438 430 109

Workshop/studio/shed required for Ceramic Artist who lives locally. If you have a space which may be suitable call Catherine 0499236929

FREE!

2 mattresses, double bed, inner spring, very good condition. Call Brian 0408661533

FOR SALE

Generator Promax 3500/2700. 6 HP motor Briggs & Stratton, 3 x 240v outlets on wheels. Very little used \$1250. Call Brian 0408661533

8 Fibro Sheets, new, good condition, stucco finish, 240cms x 120cms. \$80.00. Call Brian 0408661533

Toro Ride On Mower, 1 metre deck. Good running order. 16HP Briggs & Stratton motor. Always serviced \$750 ONO. Call Brian 0408661533

Louvre window 1 set 1680 H X 1380 W with 2 panels of safety glass louvres, mill finish in perfect condition, never installed \$950. Call Brian 0408661533



Deb Cox



Misty the Cornish Rex is quiet and affectionate - but very agile!



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm & Bermagui Monday 5pm
Both at Anglican Church Hall,
Ph Dave on 6493 5014

AL-ANON

Bega, Back Room 7th Day Adventist Church,
31 Upper St (opp showground/pool)
Tuesday 5-6 Thurs 1-2 Ph 6492 0314

ALICE BAILEY GROUP

Each Saturday from 12.00 to 3.00pm we gather to
learn the Ageless Wisdom teachings. All welcome.
Phone: Lorraine on 6493 3061

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI CROQUET CLUB

Sunday Social Golf Croquet 9.45 until 12.00
Monday Association Croquet 1.30 until 4.00
Wednesday Golf Croquet 1.30 until 4.00
Thursday Association Croquet 1.30 until 4.00
Call Lynn Lawson 0411 432 533

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfpreston@bigpond.com

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 0418 406 068

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary. Bob Whackett: 6493 3136

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men welcome.
Contact Ian Bailey 0409 691 458 or
Phil Baldwin on 0421 114 882.

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickenson Oval. 10am-12.
Contact Lorraine Courts
email lcou6446@bigpond.net.au

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month, General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am.
with social luncheons to follow. New members are
most welcome. Enquiries contact President Hilda
0438864374

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities -
various times and sites.
Contact Paul on 0466 013 153 or visit
www.facebook.com/BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO CWA

Meeting 2nd Tuesday of the month at 10:30 am
CWA Cottage, 5 Cobargo-Bermagui Rd, Cobargo
Contact: Ms Sally Halupka 6493 7356
cwa.cobargo@gmail.com

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sunday Pray & Praise service starting at
5.00 pm with tea. Cobargo Bermagui Rd.
For information ring Wilma on 0406053225.

OPEN SANCTUARY AT TILBA TILBA

Meets regularly on 2nd Saturday 4.30pm - 6pm,
and 4th Friday 10am to 2pm.
Plus, meditations, discussions, guest speakers
& special events.
website: opensanctuarytilba.org and facebook.
Inq: Linda Chapman 0422 273 021

TILBA CWA

Meeting 2nd Friday of the month at 10 am
Tilba small hall, Bate Street, Central Tilba
Contact: Ms Maureen Kleeman 0477 633 221
maureen.kleeman@gmail.com

CWA CAFE

2nd Saturday of the month 9 am to 12 pm.
Tilba small hall, Bate Street, Central Tilba

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone 0490 130 478.

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

DECEMBER	WHAT	WHERE	TIME
Sun 1	Christmas Tree Decorating	Quaama Memorial Park	6 pm
	Live Music: Roddy Reason	Tilba Winery & Ale House	12.30 pm
	Live Music: Lillian McVeity	Cobargo Hotel	5 pm
Fri 6	Light up Cobargo	Cobargo Main Street	5 - 9 pm
Sat 7	Live Music: Hairy Concert	Small Hall, Tilba	6.00 pm
	Open Studio Pottery Sale	240 Tyrrells Rd, Cobargo	10 am - 4 pm
	Huge Christmas Raffle	Bermagui Country Club	4 pm
	Live Music: Wolf Stone	Riverrock Cafe, Bermagui	7.30 pm
	Live Music: Dust & Echos	Cobargo Hotel	7 pm
Sun 8	Seniors Christmas Concert	Bermagui Country Club	1 pm
	Live Music: Totem	Tilba Winery & Ale House	12.30 pm
	Live Music: Klaus Tietz	Cobargo Hotel	5 pm
Mon 9	Clean Energy Meeting	Cobargo Hall	5.30 to 7 pm
Fri 13	Community Christmas Carols	Bermagui Surf Club	5:45 pm
Sat 14	Christmas Evening Fair	Quaama Memorial Park	6 - 9 pm
Sun 15	Community Doco, 'In Our Hands'	Old Cobargo Butter Factory	3.30 pm
	Live Music: Benny Fowl	Tilba Winery & Ale House	12.30 pm
	Live Music: Jay McMahon	Cobargo Hotel	5 pm
Tues 17	Orchard Opening	Quaama Public School	9.30 am
Fri 20	Christmas Open Mic	Cobargo Hotel	8 pm
Sun 22	Live Music: Dust & Echos	Cobargo Hotel	5 pm
Tues 24	Christmas Carols	Apex Park, Cobargo	8 pm
Sun 29	Live Music: Robin Simpson	Tilba Winery & Ale House	12.30 pm
	Live Music: Wolf Stone & friends	Cobargo Hotel	5 pm
Tues 31	New Year's Picnic then The Hoops	Quaama Hall	from 6.30 pm
	New Year's Eve Family Fun	Bermagui Country Club	5 pm
	Live Music: Yeah Nah Yeah's	Cobargo Hotel	9 pm
JANUARY			
Fri 3	Live Music: Kim Churchill (ticketed)	Tilba Winery & Ale House	12.30 pm
Sat 4	Car Boot Sale	Bermagui Country Club	Early morning start
	Live Music: Jacqui Holmes & the Scaramouche	Riverrock Cafe, Bermagui	7:30 pm
	Live Music: Dust & Echos	Cobargo Hotel	7 pm
Sun 5	Live Music: Jesse Whitney	Tilba Winery & Ale House	12.30 pm
	Live Music: Jay McMahon	Cobargo Hotel	5 pm
Sat 11	Live Music: Thundergoose	Cobargo Hotel	8 pm
Sun 12	Live Music: Wolf Stone	Riverrock Cafe, Bermagui	7.30 pm
	Live Music: David Newman	Tilba Winery & Ale House	12.30 pm
	Live Music: Ricky Bloomfield	Cobargo Hotel	5 pm
Fri 17	Open Mic	Cobargo Hotel	8 pm
Sat 18	Live Music: Oscar Litchfield	Tilba Winery & Ale House	12.30 pm
Sun 19	Live Music: Chris McGrath	Tilba Winery & Ale House	12.30 pm
	Live Music: Wolfstone	Cobargo Hotel	5 pm
Sun 26	Marine Rescue Moving Part Swap Meet	Bermagui Country Club	8 am to 1 pm
	Live Music: Dust & Echos	Cobargo Hotel	5 pm
ART			
Fri 6 Dec	Opening, 'Unfinished Business'	Lazy Lizard Gallery, Cobargo	6 pm
Sat 7	Opening, Taylor & Davison	Gallery Bodalla	3 pm
	Opening, 'Bloom'	Ivy Hill Gallery, Wapengo	6 pm
Thurs 2 Jan	Art Exhibition, "In Harmony"	SoArt Gallery, Narooma	2 Jan - 7 Jan