

THE TRIANGLE

COMMUNITY NEWS

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QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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As the planet warms, local Climate Strike events grow in intensity

An all-ages event: climate strikers in Bermagui Photo: Hannah Angus



From Hannah Angus in Bermagui ...

Mikey and I don't identify as the activist type, although we like to support a good cause. But what is happening with the climate crisis is too big for us to ignore. We both have young children who will be in their 80s come 2100. The climate projections for their lifetime—if we don't take serious action—are something from a horror movie.

The student climate strike has three simple demands, which we wanted to show support for: 100% renewable energy by 2030, no approvals for new coal, oil or gas projects, and a support for fossil fuel workers to move into new industries.

We are thankful for the 150 people who turned out to show their support for these demands, and to the local businesses who showed their support. For a small town, we're certainly punching above our weight!

The CEFE crowd was in Bega in force Photo credit: John James



From Stuart Absalom in Tilba ...

The Schools Strike on 20 September in front of the Eurobodalla Shire Council buildings in Moruya was well attended by school students and their families and a wide cross-section of the community. This was a particularly relevant location for the rally as the Council recently voted down a motion to declare a Climate Emergency.

All the speakers, including the students, demanded urgent action. Some older speakers apologised to the students for the continuing inaction and disregard for their future. South Coast Health and Sustainability Alliance (SHASA) presented a list of requests to Eurobodalla Shire Council which outlined ways to improve energy conservation and the capacity of Moruya to withstand increases in the number of high temperature days.



A sea of signs at the action in Moruya Photo credit: Stuart Absalom

Last month saw the biggest Climate Strike events so far, here and globally, led by the people who have the least power but the most to lose—the schoolkids. Local actions were held in Bega, Bermagui and Moruya. Pictures - Front page

The other oft-mentioned and probably related event was the bush fire—close, so close, to Cobargo village. We don't seem to have a fire season anymore.

And throughout this issue are stories of people doing their bit to save us and

our environment, in whatever way they can. Bermi preschool kids are learning to save food miles and waste by growing and preparing their own food—and they take a lesson in business practice too! Similarly in Cobargo, people are building a community garden. The guys at Bermi Men's Shed are making wooden toys and saving on the scourge of plastics in landfills. Activists create botanical utopias in this month's community doco in Cobargo. There's a Renewable Energy

Expo coming up in Narooma, and Bega Council keeps improving on the landfill-saving, garden-compost-producing FOGO rubbish collections. Even our recipes this month are geared to reduce carbon emissions!

And *The Triangle's* first ever 'coupon' features on The Cobargo Hotel ad. Cut it out, take it to the Cobargo Hotel and get two pizzas for the price of one! One coupon per customer only, valid the whole month of October. Could this be just the start?

Letters to the editors

Bermagui Sporting Clays

I am writing once again to your newspaper as I would presume that I am one of the three letter writers who didn't get their letters published in the August and September issues.

It was certainly not my intent to denigrate anybody, just to point out that letters published in the June and July editions were full of personal, hate-fuelled venom and untruths towards our club.

Clay target shooting is one of the most highly regulated and disciplined sports in Australia, and Bermagui Sporting Clays is trying to establish a Safety & Training Day once a month, to give kids and novice shooters somewhere safe and friendly with fully qualified instructors to come and try out this great pastime.

As a family-orientated, not-for-profit organisation, we find it increasingly frustrating that publications like yours feel obliged to print negative letters from the general public, without doing any research into the content of these letters, but when someone from our club responds to their concerns, we are denied reply on the basis that we are seen to be denigrating another community member.

To the man in the street, it seems, there is one set of rules for them and a totally different set of rules for us. At best, this could be seen as pretty ordinary journalism.

Perhaps if one of your reporters would like to come out to our range and 'have a go', they might see for themselves what a truly great family sport this is, and an even better bunch of people we really are.

*Nev Brady
Bermagui*

Dear Nev,

Looking back at the original letter you refer to, we see no evidence of venom, hate-fuelled or otherwise. The writer aimed her concerns squarely at the shooting range and its effects on local residents, whereas your (first) letter had the writer herself in its sights.

Your current letter is denigrating too, but only of The Triangle and its committee. So we have used our discretion and let it through.

The Editorial Committee

The day after: 8 September

Thanks for thinking of us in Cobargo. The helicopter has been tirelessly ferrying water to some stubborn sites still on fire. Electricity was restored at noon today but my mobile network is still down.

Yesterday was chaotic ... cars, caravans and horse floats all going in different directions. I had no clear direction as to where to go. I wasn't told to leave by the RFS or police so decided to stay but packed what I thought was essential in my car in readiness.

It was a horribly windy, blustery day but it was buoyed by the almost parade-like spectacle of neighbours, fire trucks, police cars going up and down Bermagui Road. Neighbours, friends and lots of people I didn't know talking and sharing updates, either face-to-face or from friends outside the area with coverage. Later that night, dinner by candlelight with Ros Hewett and a walk around town marvelling at the terrible and beautiful sight of the large swathe of fires ringing the slopes and the flashing red and blue lights of the fire trucks attending to them. Heroes one and all! May blessings rain down upon them.

*Linda Sang
Cobargo*

CTBA Christmas plans

The Cobargo Tourist & Business Association drew the fairylight raffle on 13 August and the winner was Kylie Cole of Bermagui Road, Cobargo.

Thank you to all the businesses who donated and to the community who greatly supported us.

We will be running competitions in December for 'Best Decorated Business' and 'Best Residential Christmas Decoration'. Each prize is \$100.

The Christmas Giving Tree will be operating again this year at Hayden House from December. Your generosity is very much appreciated. Presents will be distributed at 'Santa in the Park' on Christmas Eve.

We look forward to a bright and wet Christmas.

*Janet Doolin
Cobargo*

The Triangle Inc Annual General Meeting

will be held on Monday, 11

November 2019

at at 5:30pm,

Well Thumbed Books,
Cobargo.

The AGM will be followed
by our regular committee
meeting.

Linda Sang, President



Thumbs UP

Thumbs up to Garry, Kayla, Denise and Freiya at the Cobargo Pharmacy for their excellent service, helpfulness and good humour. They are great medicine when we most need it!

To Lori Hammerton, who volunteers her time teaching Tai Chi classes every Thursday and to the Bermagui and Cobargo CWA ladies who give the use of their rooms. The generosity of Lori and the CWA groups means that locals have access to a wonderful program of gentle, beneficial exercise for a donation of \$2 towards Can Assist. Lori has raised thousands of dollars over the years that she has run these classes.

To the students striking for climate action—again. Don't the fossil fuel company executives have grandchildren?

To Murrah Hall for hosting talent of the type witnessed last month, the captivating, mesmerising Eliane Morel. And to the local couple who spawned her—bravo!

Thumbs DOWN



To the lowlife weasel who stole my new portable generator from our property in Yowrie.

To dog owners who drive to off-leash areas, open the car door to release their dogs then retreat into the car with phone/coffee etc, oblivious to what their dogs are getting up to. Get out of your car, supervise your dogs and poop scoop when required. What goes around comes around!

To the people who let their dogs off lead on the Cobargo main road. It's illegal and dangerous as unexpected things could happen.

To the people who let off fire crackers at 1.30 am on Saturday 21 September at Wallaga Lake - hope THEY slept well ...

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Please don't leave it to us!

6. Deadline is midday on the **22nd of the month**.

Any questions at all, please email contributions@thetriangle.org.au

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Who does the work

The Editorial Committee

Linda Sang (President)
Carolyn Banados (Secretary)
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Rosemary Beaumont
Ann Maree Menager
Kathy Wilson
Debbie Worgan

Advertising

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Layout & Design

Linda Sang, Bhagya & Debbie Worgan

Accounts

Email: treasurer@thetriangle.org.au
Post accounts to:
PO Box 293, Bermagui NSW 2546
Phone: 6493 8369

Area Contacts

Bermagui: Carolyn Banados, Ann Maree Menager bermagui@thetriangle.org.au
Cobargo: Rebecca Blunden cobargo@thetriangle.org.au
Quaama: Bhagya quaama@thetriangle.org.au
Tilba: Stuart Absalom tilba@thetriangle.org.au
Printing: Excell Printing Pambula
Accounting Services: Fredrick Tambyrajan
Distribution Service: Linda Sang

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Narooma: Information Centre, Library, BP station
Quaama: General Store
Tilba Tilba: Tilba Nursery
Wallaga Lake: Merrimans Land Council, Montreal Store

Deadlines

Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

All communications should be forwarded to:
Email: contributions@thetriangle.org.au

Postal address:

The Editors, The Triangle
PO Box 293, Bermagui. NSW 2546

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

FOGO Update

Bega Valley Shire Council's FOGO compost might not be available until summer due to the introduction of curing into the composting process. And families from across the Bega Valley are part of a trial to test if compostable nappies and incontinence products can be added to the FOGO bin collection service.

Council's organics team has introduced a curing period before releasing the popular product for sale after reports that fluctuating pH levels were creating problems for some home gardeners.

Waste management coordinator Joley Vidau said, 'We were trying to meet the large demand for FOGO compost so let a few "young" batches out to the public. All the compost we sell meets the necessary testing requirements, but recent "young" batches of compost have put gardens under stress.

'We're sorry for the delay, but your gardens and all the public reserves and parks where we use the compost will be even better off if we take the time now to get this right,' she said.

And fifty families across the Bega Valley are part of a trial to test if compostable nappies and incontinence products can be added to FOGO bins. Council's waste team is leading the trial with Tasmanian-based compostable nappy manufacturer Eenee.

Joley Vidau said the trial is in response to concerns families with young children raised when the red (landfill) bin collection service changed from weekly to fortnightly. 'When we introduced FOGO to households last October one of the key

concerns from our community related to odour and storage of nappies,' Joley said.

'We put a call out on our *Waste...The Facts* Facebook page inviting people to be part of this trial and got an overwhelming response.'

The Environment Protection Authority is supporting the project in recognition that the trial has potential to address a major landfill issue facing councils Australia-wide.

'The South Australian government's Zero Waste SA estimates about 800 million disposable nappies end up in Australian landfills every year—it's a huge problem for landfills everywhere.'

Joley said it's an exciting project for the Bega Valley. 'But people need to keep using their red bins for nappies and incontinence products for now. This is just a small, carefully managed trial and we all need to be patient to see if it works.'



Mayor Kristy McBain picks up a load of compost from the Merimbula organics processing facility for her garden.

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James Weston

How fire-proof is your plan?

Most people have a plan for what they will do during a bush fire. Unfortunately, not every plan will withstand the test of a bush fire.

The NSW Rural Fire Service has been asking the community 'How fire-proof is your plan?' It only takes five minutes to find out at www.myfireplan.com.au.

There are four simple steps to preparing you, your family and your home for bush fire.

Step 1: Discuss. Discuss what to do if a bush fire threatens your home.

Leaving early is your safest option—or Staying and Defending your home *if you are well-prepared*.

Step 2: Prepare. There are some simple things you can do around your home to prepare it for a bush fire. You need to prepare *well beforehand* as leaving it to the

last minute is too late. Here are five simple things you can do before and during the bush fire season.

Trim: Trim overhanging trees and shrubs. This can stop the fire spreading to your home.

Mow: Mow grass and remove the cuttings. Have a cleared area around your home.

Remove: Remove material that can burn around your home (eg door mats, wood piles, mulch, leaves, paint, outdoor furniture).

Clear: Clear and remove all the debris and leaves from the gutters surrounding your home. Burning embers can set your home on fire.

Prepare: Prepare a sturdy hose or hoses that will reach all around your home. Make sure you've got a reliable source of

water.

Step 3: Know. Know the bush fire alert levels. When there is a fire in your area you will find the alert levels on the NSW RFS website or the 'Fires Near Me' app. Keep up to date on the alert levels so you know what to do.

Step 4: Keep. Keep the key information handy. In a bush fire, it's important that you stay up to date on conditions in your area. The NSW Rural Fire Service strongly advises saving certain numbers, links and apps now—see the graphic.

If you would like further information, please do not hesitate to contact Far South Coast Rural Fire Service Office on 6494 7400 (Bega Office) or 4474 2855 (Moruya Office) or refer to the RFS website: www.rfs.nsw.gov.au.



In an emergency call Triple Zero (000)
For information on bush fire, call the Bush Fire information Line
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rfs.nsw.gov.au
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Carved panels find a home at last

The project was a five year ‘labour of love’ for Cobargo carpenter Jason Campbell and artist/wood carver Rob Fitzclarence ... but it then took almost another 15 years for their masterpieces to find a permanent home.

These 14 large ‘Murunna Point Panels’, which now hang in the long, ground floor passageway of the Bega Valley Commemorative Centre, have two major themes: a history of the local Murunna Point/Wallaga Lake area, and reconciliation of the Aboriginal/non-Aboriginal divide.

To really understand the details in each panel, it’s necessary to have them explained—and the October-November issue of the South Coast’s free history magazine, *Recollections*, attempts to do that in its lead article. So, pick up a copy of *Recollections* (or download it from bit.ly/Recollections16) and take it with you when you visit the Commemorative Centre to have a look at these fabulous installations.

The carved panels have so many interesting dimensions to them: their history is interesting (they were originally intended to be part of a viewing platform on Murunna Point, but that viewing platform was never built);

the history of Murunna Point/Wallaga Lake that they portray is interesting; they are artistically interesting; the relationship between the two men who designed and created them and their intentions for these panels are interesting stories in themselves; and what this project (even though it remained largely unseen, in storage, for almost 15 years) has inspired is interesting.

And, incidentally, Murunna Point itself is worth visiting: there are some spectacular coastal views along the short walk south from the carpark at the end of Wallaga Street, Wallaga Lake Heights.

Peter Lacey



The ‘storyboard’ panel outlines the vision for the Murunna Point Panels project and previews the scenes depicted on the remaining panels.

When a community cares

Seemingly mundane objects, held in collections of local museums, are often extremely interesting or historically significant. Take a woven cane bassinet in the Cobargo District Museum, recently selected for inclusion in Bega Shire’s Hidden Heritage Collection that highlights 101 objects of local historic or heritage importance.

Until the mid-twentieth century it wasn’t easy to travel to Bega or other major towns. So mothers gave birth locally, at home or in local birthing hospitals, attended by a midwife. Cobargo had at least two midwives—Mrs Merrion, whose husband ran the Cobargo Post Office in the 1930s, and Nurse Hadgett, who ran a small birthing hospital in Hoyer Street. Nurse Hadgett delivered over 100 babies over 30 years, prior to her retirement in 1946.



This bassinet graced the CWA float in a street parade in 1953—a source of great CWA pride (image courtesy of and © Cobargo District Museum, all rights reserved)

Nurse Hadgett’s impending retirement led to the formation of a Baby Health Centre Auxillary. It aimed to open a Cobargo Baby Health Centre that would continue to provide post-natal and infant care to local mothers. This, in turn, led to the establishment of the Cobargo CWA Branch that resolved to see the Baby Health Centre become a reality. The first clinics were held in 1948 in the building now occupied by Well Thumbed Books.

All furnishings and equipment—including this Reedtex basinet—had to be provided by the local community and approved by the State Health Department. So Cobargo CWA undertook the necessary fundraising.

Seeing the words ‘Cobargo Clinic’ embroidered on to the corner of the Centre’s tiny cotton pillow covers must have provided great satisfaction to those dedicated CWA ladies ... and what was chosen to illustrate the achievements of the Cobargo CWA on its float in a 1953 street parade? This Cobargo Baby Health Centre bassinet, of course!

The Cobargo Baby Health Centre continued to operate from the CWA Cottage until the 1980s. Cobargo CWA is still very much alive and well, now equally dedicated to other worthwhile community causes.

Peter Lacey

3 Great Ways to Discover 101 Fascinating Objects in the Bega Shire

You can track down the 101 intriguing objects in the Bega Shire Hidden Heritage collection by:

- ✓ Downloading our fabulous BRAND NEW App. Simply search ‘Hidden Heritage’ in the App Store or on Google Play, or access the App directly from www.hiddenheritage.com.au
- ✓ This Hidden Heritage App is FREE.
- ✓ Visiting www.hiddenheritage.com.au
- ✓ By collecting a copy of our 44-page ‘Bega Shire’s Hidden Heritage’ booklet that illustrates and briefly describes all of the 101 objects. It’s FREE. Ask for a copy at outlets in the Bega Shire that normally distribute ‘Recollections’ (including all Bega Shire Libraries). (If you live outside Bega Shire and would like a paper copy of ‘Bega Shire’s Hidden Heritage’ mailed to you, email your address to southcoasthistory@yahoo.com.)



Well Thumbed Poets shine

Last month we gathered, a good crowd, on a mild spring morning at Well Thumbed Books to hear a recital by the resident poets' group, a fundraiser for our native wildlife—more specifically, to aid our fellow humans who care for those that suffer injuries on our roads, and check the pouches of those beyond help, so that the rest of us can drive past the distended mounds of grey fur marked with lurid Xs, knowing that someone cared enough to stop.

The recital started (and ended) with compound poems, composed from lines chosen from the poets' contributions, but strangely, aptly, each a poem in itself. Then we were treated to image after image that lodged in our minds. Here's a selection.

Observations:

As they writhe and dive
In a legless dance of decomposition
(*At home in my worm farm*, Kate Taylor)

Dawnlight gathered at the edges of the morning.
The lagoon, the fog, the bird, were still,
I held my breath. (*Flight of the heron*, Linda Albertson)

In the doorway comes ocean air scented with ti-tree,
leaf-mould, desultory barking,
the rush of cars on the road to the surf beach.
(*Cape Woolamai vignette*, Kai Jensen)

I have been this sleeping dog,
Faithful at the feet of my own life (*Natural*, Virginia York)

On our conflicted relationship with the land:

I walk the mountain
not true
the mountain walks me (untitled, Sandra Taylor)

Country mourns
remembering a time when
softer footprints roamed this land (*Footprints*, Rachel Colombo)

On the state of our environment:

At the fire face startled creatures scurry in smoky chaos
entrapped, enfolded, as the cloak of flame is drawn one upon
the other. (*Full Circle of Fire*, Leigh Crowe)

The ghost gum prays for rain its fingers reach ...
miming its silent, urgent prayer. (*Drought*, Jennifer Hawkins)

And on the current state of play:

Change is upon us
denial is fruitless,
humans play catch up
but the train has left the station
(*but the train has left the station*, Sandra Taylor)

Like lemmings,
the human race races
(*Would you shed a tear for a lemming?* Sarah Gardiner)

From Judith Wright's *The Cicadas* (1950):
While in our sleep we learned the song the world sings.

If only.

Jen Severn



Illustration by Naomi Lewis

See all the poems - go to www.thetriangle.org.au
and click on 'Off the page' in the menu.

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Triangle community's winter poem

This is the first of four seasonal communal poems: *Triangle* readers contributed individual lines about their experience of living on the Far South Coast in winter. The Well Thumbed Poets then arranged the lines into a poem. They sent *The Triangle* three versions, and below you can read the one chosen for publication.

Take the plunge into poetry! Write a line for our spring poem before 30 November, and email it to kaijensen@gmail.com.

Winter

Blue misted mountains, glassy green sea

Sleet slashed across bare skin

Gums cloaked in woolly bark-rug warmth
Empty beaches in the winter wind
Snuggles by the fire, glass of red wine in hand
The weather's become political.

Corellas rise into the pale sky
The lemons hang like Christmas-in-July baubles
In the roof, the patter of tiny feet
A sunny corner coffee and a crossword
Living vicariously through others' travels
The warm cat, stretching languidly, yawns
What happened to the gloom?

(By Linda Albertson, Rachel Colombo, Leigh Crowe, Jenny Hawkins, Dawn Hollins, Kai Jensen, Chris Jesson, Phyllis Mockunas, Kaz Stradwick, Liz Tapp, Kate Taylor, Kathy Troup, Wendy Tucker)

Timorese choir

Inspired by the recent visit and tour of Timor Leste by the Belun Malu choir from Australia, the Koru Lian Timor choir continues the cultural music exchange of friendship between Timor Leste and Australia.

Belun Malu Choir: 12 Days and Nights in Timor Leste. The film, the songs, the stories. Friday 11 October, 6.30 pm, Mumbulla School Hall. \$25 pp, curry and cake included. www.trybooking.com/BFOQQ



Timorese choir

Kai Jensen



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Council's draft Community Engagement Strategy

Bega Valley Shire Council has prepared a draft Community Engagement Strategy, which sets out their commitment and engagement principles.

'People will be able to have their say in a variety of ways, be confident their voice has been heard, and get feedback on how their input has been reflected in Council decisions and actions,' said Anne Cleverley, Manager Community Connections.

Through effective engagement, Council is better able to understand varied points of view, make informed decisions, and provide services that respond to community needs and aspirations.

A draft Community Participation Plan, which forms a subsection of the draft Community Engagement Strategy, clearly explains how local people can engage with planning matters.

Council is currently seeking feedback on the draft Community Engagement Strategy. Go to www.begavalley.nsw.gov.au and click on 'Have Your Say' under the Council logo.

Submissions close on Monday 21 October at 5.00 pm.



Have Your Say on the draft Community Engagement Strategy.

Bega Council's 'commercial land strategy' in progress

A series of community workshops completed the first phase of Bega Valley Shire Council's public consultation on the Shire-wide *Commercial Land Strategy*.

The new strategy is part of Council's ongoing review of zones and planning controls. When finalised it will update the existing *Commercial Centres Strategy* adopted by Council in 2006 and inform the Local Strategic Planning Statement to be completed in 2020.

Director Community, Environment and Planning, Dr Alice Howe, said the role of town centres has changed significantly in recent years with new technology influencing how we shop and interact with service providers and retailers.

'We want to make sure that our land use policies maximise opportunities for activating our town centres and will stimulate employment. I'd like to thank everyone who came to the workshops and shared their ideas with us,' said Dr Howe.

Workshop participants, including land and business owners, innovators and interested community members, identified place-specific issues and opportunities. Their feedback will be incorporated into the strategy, which will also explore opportunities to protect and enhance the character of our commercial areas.

The *Commercial Land Strategy* does not address changes to streetscapes and infrastructure in towns, but aims to devise a flexible framework for commercial land use throughout our Shire. The framework will consider different types of development including location and design characteristics, such as bulk and scale, that impact on our urban centres.

The second phase of community consultation will involve meetings with Chambers of Commerce before the draft *Commercial Land Strategy* is developed. The draft is expected to be on public exhibition in December and January.

For more information, please contact Council's Strategic Planning Coordinator, Sophie Thomson, on 6499 2246.

emailemailemailemailemailemailemailemailemailemail
The Triangle's email address is
contributions@thetriangle.org.au

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Term 4 at U3A



So, the *U* in U3A Bermagui and District stands for Unequivocally interesting courses, Uplifting experiences and User-friendly, Upbeat organisation ... right? Well, not exactly. However the courses on offer in Term 4 are undoubtedly designed to increase your understanding of such things as the *Kokoda Track* (unquestionably challenging), *Fermentation* (uncommonly healthy), *Travelling through Japan and Kashmir* (unique destinations), the *History of the Timber Industry in Cobargo* (undisputedly local), *Understanding Your Health*

Care (enough said), *Culture and History of Israel* (ancient land unlocked), *The Rise and Fall of Dinosaurs* (unparalleled uber-beasts), *When Birds Ate Horses* (with an unflappable presenter), or *Pet Care* (always useful). And if that's not enough to tempt you, then how about *Five Books that Changed the Western World?* Only five? That's unbelievable!

The *U* actually stands for *University* (of the Third Age) but we're not in the least bit uppity. We look forward to seeing you on Wednesday 16 October at the Term 4 Registration Day. Underline the date in your diary, come along to the Bermagui Country Club from 10 am, sign up and be Uplifted. I'll see you there.

Elizabeth Johnson



U3A Bermagui & District Inc

U3A offers classes taught by local members for members. Membership is available to the whole community.

TERM 4 INFORMATION & REGISTRATION DAY

FOR CLASS ENROLMENT

WEDNESDAY 16 OCT 2019

10AM – 12NOON

BERMAGUI COUNTRY CLUB AUDITORIUM

**Course enquiries: www.bermagui.u3anet.org.au
or phone Jan Rivers on 0409 901 672**

An overview of courses and activities for this term so far ...

Tai Chi for Arthritis, Linguistics, Boules, Book Clubs Bermagui, Lawn Bowls, Life Writing are a few of our old favourites.

New Classes/Courses/Excursions: Fermenting for Fun, The Enigma of Dark Age Britain, Australian Literature, 5 Books that changed the World, Israel - Culture and Natural History, Kokoda Campaign - a pictorial account, Kashmir and many more...

All details will be available in our Term 4 Newsletter and at Information & Registration Day.



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Expo aims to reduce your power costs

Anyone wanting to save on power bills and be more environmentally sustainable should come to Narooma Renewable Energy Expo on Saturday 2 November.

‘Let’s face it, that includes just about everyone,’ said Renewable Energy Expo coordinator Frank Eden. ‘There’s just so much happening in renewable energy and battery development at the moment and our Expo is a great opportunity to catch up with the latest.’

‘It’s a chance to source information directly from local experts and installers.’

The Expo is the fourth hosted by Rotary, and the third by Narooma Rotary Club in Narooma Sport & Leisure Centre.

Organisers are delighted with the response from exhibitors to date with 15 to 20 exhibitors expected on the day.

Past Expos have been very successful with exhibitors and visitors coming from across south-eastern NSW and Canberra and many follow-up inquiries resulting.

The Expo is on Saturday 2 November, 10 am to 4 pm. More information at expo.naroomarotary.org.au.



Getting ready for the Narooma Renewable Energy Expo on 2 November are Rotary coordinator Frank Eden, Iris Domeier, Rolf Gimmel and Ange Ulrichsen.

The Cobargo School of Arts Hall committee will be holding their **AGM** on Wednesday 30 October at 5.30 pm in the supper room of the Hall. All invited.



SCULPTURE BERMAGUI is only possible with the invaluable input of many other individual volunteers before, during and after the exhibition.

Join us for the SCULPTURE BERMAGUI voluntary Management Committee!

We are looking for dedicated volunteers who want to contribute time and effort to this unique art experience in the heart of Bermi.

You do not have to be an artist - we seek various talents and skills. Just be engaged and bring your inspiration to the team.

Volunteers are required to attend regular meetings, take responsibility for tasks and simply make things happen.

Please Contact: Paul Payten on 0466 013 153 or president@sculpturebermagui.org.au

Spring is well and truly upon us, but winter still let us know it was not ready to give up, with those cold, icy winds from the south during September. The meagre drop of rain we got was really appreciated by the gardeners amongst us, but for our farmers there was little relief.

Our Rural Fire Services statewide are already on high alert, with fires raging in the north of our state, and in our own area near Cobargo ... a little too close to home to ignore. Luckily our fantastic RFS crews were quickly onto it and managed the situation brilliantly, with just one property, sadly, being lost. An evacuation centre was set up at the Bermagui Surf Lifesaving Club in case Cobargo residents needed to leave the area, but fortunately it was not needed.

Again, we must wholeheartedly thank all those fantastic emergency service volunteers, who give so much to keep our communities safe.

With the Reedy Creek (Tathra) fires and Yankees Gap Road fire just last spring, it seems that there is a heightened awareness of the possibility that Bermagui—a town surrounded by forest—could be the next town to experience bush fire. Have you got your fire plan in place? There are some great resources and information available online at the NSW Rural Fire Service (www.rfs.nsw.gov.au) or maybe just ask one of our local RFS volunteers for a Fire Plan Kit. As a community, we need to be aware and ready for an emergency that may or may not ever come. Know your community. Know the resources in your area, know your neighbours and be ready to assist where possible. We can't be too complacent that fire will never come to Bermagui, especially our fringe communities at Wallaga Lake, Beauty Point, Fairhaven, Barragga Bay and Cuttagee.

We are so lucky to have emergency service volunteers in our community who are willing to risk their own lives for the safety of others.

Our own Marine Rescue service is just one of the many emergency services run completely by volunteers, who give up their time—night and day—to save lives. So, how about supporting Marine Rescue and visiting their Open Day on Sunday 6 October to meet the men and women of the service, check out their big rescue boat and their base, which has recently been upgraded

to use digital radio, enabling a much wider coverage. Give them a huge pat on the back while you are there and say thank you.

Bermagui Surf Life Saving Club has also come under some attention, with a big congratulations to Cheryl McCarthy, presented with the President's Medal at the recent SLS New South Wales Award presentation. An outstanding achievement, and an outstanding contribution and commitment to Bermagui Surf Life Saving Club and the people it protects.

Keeping things within the Bermagui Harbour, and the work being carried out on the jetty ... the NSW Government Coastal Infrastructure Program has allocated \$3million to replace the existing jetty and mooring system. The jetty, built in 1981, will be replaced with a new pontoon-style mooring facility. The new jetty will be 100m long with an 18m secured gangway.

While this new jetty will be welcomed by those who want to moor their boats in a secure location, the general public will no longer be able to wander down the jetty, which will be locked off by a gate. Walking around the harbour and along the jetties, looking at the boats, sitting with the kids while they drop a line—popular summer pastimes for visitors and locals alike. With the new, secure, locked pontoon this will no longer be possible on



Fairhaven's Kryisia St Clair finds something to please all Elvis fans at the Sustainable Fashion Market.

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Facebook page: Curry Bunga

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Bermagui Banter

one of the jetties. Looks like our harbour is changing ... for the better? Not sure about that!

Bermagui's first Sustainable Fashion Market was held last month with many locals and visitors, some who travelled from Bairnsdale, attending. Stall holders displayed some wonderful recycled, upcycled and ethically made fashion, all at bargain prices. A DJ had the participants rocking and rolling around the Community Centre hall and bargains were quickly snapped up. The next Sustainable Fashion Market will be held on Sunday 20 October. The purpose of this market is to minimise the waste created by discarded clothing, and to present clever ideas on how to remake and repurpose used clothing, making them into great new fashions and accessories. Check out the next Market.

A couple of changes amongst local businesses: the Bermagui Surf Shop is moving into new premises at the old IGA building with a much bigger store, a larger range of products and some new surprises. Cream Patisserie also has new owners: Jo, Maddy and Aiden. See this month's 'My Triangle' for Maddy's story.

A *Picnic for the Planet* in support of the Global Climate Strike was attended by over 100 people of all ages on Friday 20 September. Organisers expressed their concerns for future generations and hoped that their peaceful protest on a blustery headland will bring continued awareness in our small community. Well done, guys. From small things, big things grow.

And lastly, despite the disruption to traffic, it is great to finally see some solution to the drainage problems in Lamont Street near the Fisherman's Wharf, with roadworks powering ahead, hopefully alleviating the problems. Nice to see our rates at work! And nice to get a friendly wave from the workmen on site.

Huge Long Weekend for Bermagui ReBoot Bermagui Saturday 5 and Sunday 6 October

Reactivate and re-energise your body and soul for summer! There are fun runs, ocean swims, team tug-o-war, stand up paddle and surf lessons. Or join in yoga, tai chi, pilates, boot camp, golf, barefoot bowls and more. For kids there is a fun run, Skate Scoot and BMX competitions. Cash and voucher prizes to be won. Register online now and check out the program at www.rebootinbermagui.com.au and follow the event on Facebook and Instagram.

Ukulele Hootenanny Saturday 5 October

Hosted by Big 4 Wallaga Lake Holiday Park and Camel Rock Brewery & Café, Wallaga Lake Road, Wallaga Lake. Fundraiser for Bega Valley Can Assist, with lots of prizes to be won, including accommodation vouchers. Visiting ukulele groups as well as Bermagui's own 'Ukalips'. Two big shows, 1.00 pm to 3.30 pm and 6.30 pm until late.

Car Boot Sale at Bermagui Country Club Sunday 6 October

As they say, one man's trash is another's treasure! Bermagui Country Club car park, from 8 am to 1 pm.

Bermagui Marine Rescue Base Open Day Sunday 6 October

Fisherman's Wharf, Bermagui. Base tour, rescue vessel tour,

Jet Ski demo, BBQ, kids' activities. Come see the Marine Rescue team in action from 11 am to 3 pm.

Fairhaven Combined Garage Sales Sunday 6 October

8 am till 2 pm, Fairhaven Point Way, Wallaga Lake (just 6km north of Bermagui, off Wallaga Lake Road). Twenty or more individual garage sales. Always popular and always something for everyone. Includes kids' activities and sausage sizzle with funds raised going to local charities.

CRAB Bermagui Great Duck Race Sunday 6 October

Don't miss the Bermagui Cancer Research Advocate Bikers' Great Duck Race. Wonderful family day out. BBQ, jumping castle and the duck race from around 12.30 pm. Buy a duck from Bermagui Horizon Bank in Wallaga Street and at shops in Tilba and Cobargo. Cash prizes for 1st, 2nd and last. Bermagui River boat ramp, opposite Bermagui Bait & Tackle.

Four Winds Singing for Your Soul Monday 7th October

A day of singing and exploring your voice with Corinne Gibbons. A day of singing workshops with familiar songs and nourishing lyrics, explore harmony and technical aspects at being one with your voice. Tickets \$60 BYO lunch or \$75 with lunch - Windsong Pavilion, Four Winds Road, Barragga Bay. Phone 6493 3366 or email: contact@fourwinds.com.au.



A poignant reminder that it is the very young who will be affected by Climate Change.



Entrepreneurship 101 at Bermagui Pre-school

Our Pre-schoolers had a firsthand experience in small business last month. After planting, nurturing, harvesting and using our radishes to make kimchi, we still had plenty left over. We thought that Kelly Eastwood at one of our local businesses, the fabulous Eastwood's Deli and Cooking School, might be interested in them.

'How much would you like for them?' Kelly asked.

'Twenty dollars,' said Zachary.

'A hundred dollars!' said Jesse, starting a bidding frenzy, before a deal was mutually agreed.

The children were so excited to receive their first payment for their hard work in the Moodji Garden. Back at Preschool, we discussed what we should do with the money. 'Buy lollies,' suggested Spartacus. 'Buy plants!' added Kiori. After discussing the pros and cons of the different choices, the children voted. Buying more plants won, eight votes to six.

There was tremendous value for the children being involved in this entrepreneurial activity. Here are a few benefits they could garner from the experience.

- A better work ethic. Young children develop a better work ethic when they're surrounded by entrepreneurship. First, they experience business operations firsthand. Whether helping in the garden, tidying up their room or helping with household chores for pocket money or a reward, they quickly understand the value

of hard work. Second, there's something powerful about seeing hard work and working towards goals over a period of time as a normal state of affairs.

- Stronger appreciation for money. One of the biggest benefits is that you're able to give children a stronger respect for money. Children who are exposed to business operations learn self-reliance, creativity, and how to manage and save money.
- Creative thinking. Starting and expanding a business isn't easy. Problems inevitably arise and need to be analysed and resolved. Instead of hiding challenges and even setbacks from children, you should expose them directly to what's happening. Not only will their unique input help, but you'll show them what it looks like to think creatively.
- Improved people skills. In a small business you interact with others on a daily basis. This will significantly foster a child's people skills and, in most cases, support them to become a better communicator, negotiator and problem solver in the future.
- Better goal setting. Children involved in entrepreneurial activities, where goals are clear and courses of action are constantly being developed and pursued in order to reach those goals, are likely to develop perseverance, determination and concentration



High-level negotiations at Eastwood's last month

skills.

A big thank you to Kelly Eastwood for supporting Bermagui Preschool.

Narelle Myers



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Bermagui Community Forum October Meeting

The Bermagui Community Forum is a volunteer group which aims to help the community to represent the consensus views of residents and community groups to Council, other levels of government or non-government bodies. We also provide residents with information about upcoming events and consultation processes relevant to Bermagui and surrounds.

We are holding our next community meeting on Monday 14 October at 5.30 pm at the Bermagui Community Centre (adjacent to the Information Centre).

The meeting will include discussion on the Council's emerging swimming pool strategy, the current consultation process and proposed rate increase. The design process for the new All Inclusive Playground is underway and an update will be presented. The meeting will also cover the shared pathway from Wallaga Lake Heights to Barragga Bay, Council's climate emergency resolution and Bruce Steer Pool redevelopment.

Any local resident or visitor is welcome to participate in this friendly and respectful forum. There is no need to book in advance.

The Bermagui Community Forum would like to know your thoughts about any issue impacting the broader community. There will be opportunity to raise these at the meeting or alternatively we can be contacted at bermaguiforum@gmail.com or via Facebook.

Activities on the Goldfield

We did our best but we weren't able to solve the Bermagui Mystery last month.

Forty-three people had a great time following the story of the five men who vanished from Bermagui and the Montreal Goldfield on 10 October 1880. This event was a combined effort by the Narooma and Bermagui historical societies and the Montreal Goldfield Management Committee. Each time we hold this event new information has come to hand and the story goes on.

Roger Lamont Young, a descendent of the government's Geological Surveyor Lamont Young (who disappeared) came from Ballarat in central Victoria with his wife Rose, and other members of his family travelled from Dubbo for the day.

Lee-Anne Eddie (née Poole) is from the Poole family that owned the property on Corunna Lake where the party's abandoned boat is said to have been discovered.

This 139-year-old murder is one of Australia's greatest unsolved crimes. A reward of £300 was offered in 1880 for information as to the fate of the five men—still unclaimed ...

But now to the next event.

On 12 October 2019 we are holding our annual Heritage Day. The gate opens at 9.30 am and the last tour leaves at 2.00 pm. Visitors will be treated to some terrific live performances, billy tea and damper, tours all day, kids' activities, a bullock team and teamster, gold panning, stalls and more at the Goldfield on Wallaga Lake Rd (next to the Camel Rock Brewery).

See you there!

Judi Hearn



Roger Lamont Young, a descendant of the missing Geological Surveyor Lamont Young, and Lee-Anne Eddie (née Poole), with a rolling pin believed to be made from an oar on the wrecked boat



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Moodji Garden is spreading the word

Behind Bermagui Pre-school, in Young St, is the thriving Moodji Garden, an indigenous and urban agriculture project managed by Dan Bakker. It aims to support the Bermagui community through the concepts of sustainable urban farming and agriculture education.

The Bermagui Pre-schoolers are heavily involved in the day-to-day running of the garden, planting, caring for, harvesting and processing the produce. A veggie garden creates lots of wonderful, rich learning opportunities. It provides hands-on activities that set children up with firsthand experiences and knowledge as well as the motivation to set goals and work to make them happen.

However, on 25 September a different group, comprised of 44 enthusiastic local gardeners, gathered at the Moodji Garden to learn about small scale market gardening and general garden health. The key presenter on the day was regenerative-growing expert Fraser Bayley from Old

Mill Road BioFarm, ably assisted by Dan Bakker. The topics for the day included soil management, planting techniques, irrigation systems and seasonal planning.

The participants also had a lot of their own knowledge to share, as well as inspiring stories about chook tractors, bees, compost, duck-keeping, weed suppressants, mulch, water retention, the best tools for the job and the market garden lifestyle.

We are so fortunate to have people in our community with a wealth of knowledge and experience, willing to share it with beginner and well-established gardeners or those looking for answers to improve their soil, crops or productivity. There is no better place to learn than with your hands in the soil.

Watch Facebook (eatdirtpermaculture) for any future events or workshops held at the Moodji Garden.

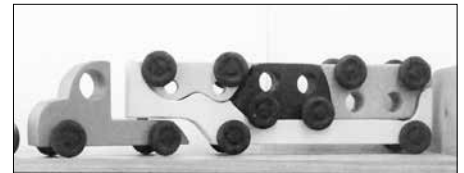
Debbie Worgan



Fraser Bayley shares his knowledge at the Moodji gardens.

Choose timber ... not plastic!

To all those doting parents and grandparents out there who are looking to buy their special child a gift, look no further than the Bermagui Visitor Information Centre for inspiration.



Brightly coloured, handcrafted toys now on sale at the Bermagui Visitors Centre.

A new range of handcrafted wooden toys are now available, all produced by the blokes at the Bermagui Men's Shed. The various toys on offer are hard-wearing and will last for a long time. Then, when their use is over, they can be recycled or reused or biodegraded, making these toys a much better choice than plastic—which will probably end up in landfill one day.

Your purchase will assist the Bermagui Men's Shed in raising funds to build their new shed in Bermagui. The blokes will also be out in force on Saturday 5 October at Woolworths, cooking up their famous 'sausage sangers'. For those who can resist the smell of BBQ onions and sausages, a donation tin is available so you can still help the blokes build their new Men's Shed in Bunga Street.

Carolyn Banados

Bermagui and District CWA

The Bermagui ladies held a 'Bake for Babies' stall at the Red Cross Sunday Markets in Bermagui in September. The morning was also an opportunity to provide information about the CWA to the public. The ladies were able to answer questions and literature was available.

The next meeting for Bermagui and District CWA will be on Friday 11 October at 11 am, followed by the Annual General Meeting at 1 pm. There will be a sandwich luncheon between the two meetings. All welcome.

*Chris Richard-Preston,
Publicity Officer, Bermagui
and District CWA*

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This year local environmental company and long-time, generous Triangle supporter AKT is sponsoring our My Triangle page. Readers tell us they love My Triangle so we're preparing a list of interesting local personalities to profile. You might be on it!

The return of Maddison Barry

There's much discussion about the problems facing rural communities as young people move away in search of work or different lifestyles. Much less is written about those who choose to return. Maddison Barry is one of the latter.

Maddy was born to Jo and Anthony O'Connor in Bermagui in 1992, followed two years later by her brother, Sam. Both went to local Bermagui childcare centres and to the Bermagui Primary School, where they benefitted from great teachers like Jillian Taylor.

In Grade 6, Maddy was elected Prime Minister of the school parliament, and at the end of the year won a special award for leadership and community service.

Sport was always a big part of O'Connor family life. Soccer in Cobargo came early, but was soon overtaken by AFL for both Sam and Maddy while at primary school. Both were members of AusKick when it first started in Bermagui.

Maddy was the first girl to play mixed footy—until at the age of 14 she was forced to retire, but she was to return!

Maddy moved on to Narooma High School and was frequently seen working in the family fruit shop in Bermagui, a preview of things to come. Her last two years of secondary education were at Bega High, and it was here she was awarded an overseas student exchange, sponsored by local Lions clubs. So it was off to America for six weeks, a long way from sunny Bermagui.

By the time she finished Year 12, Maddy had already met her future husband, Aidan Barry, another Narooma High student. They both headed to Melbourne for work and further study. She enrolled at the William Angliss Institute, studying for a Bachelor of Tourism and Hospitality Management. This required one year's work placement, which she decided was best done in Cairns. So they packed their belongings and headed north, where her first job was with Hartley's Crocodile Adventures, followed by further experience in café management.

By the time she and Aidan made the decision to come back to Bermagui, they had their first baby, Willow, and Maddy had clocked up years of experience in the hospitality industry in Melbourne, Cairns, Cobargo, Narooma, Tilba and Bermagui. She credits her family for giving her a strong work ethic and an appreciation of the challenges facing business in small

communities. Settled back in Bermagui, Maddy was determined to pursue her interest in hospitality and her dream of managing a local business. Both Maddy and Aidan quickly found work in the hospitality and food industry in town, and by 2018 a second baby, Eli, completed the young family.

Footy returned to Maddy's life, and even when pregnant she was active in the Bermi Breakers Club as a volunteer, responsible for marketing and fund-raising. This year she returned to the field, and finished the season as the leading goal kicker for Bermi and for the region, awarded for her work as a volunteer and for her coaching of the AusKick juniors. She regards her involvement with the footy club as a major way in which she re-integrated back into the community after being absent for five and half years.

Just recently, with the support of other young people in business in the region, Maddy, Aidan and Maddy's mum Jo O'Connor formed a partnership and took over the management of Crème Patisserie. Now a young wife, mother of two children under four, footy champion and volunteer extraordinaire, Maddy emerges as a professional business woman in the industry she loves, in the town she loves. She speaks passionately about the future of the town, and of the under-35-year-olds now managing a range of enterprises, confident in shaping a different economy and community for themselves and their children, and

achieving a proper life/work balance.

Leaving the town, first for her stint in America, then for Melbourne and northern Queensland, have all been positive decisions and have cemented her ideas of what she wants to achieve for herself and her family. The town to which she has returned is much different to the one she left—especially, she says, the strong support that young business people are giving to each other. It has become common for businesses to co-operate with each other, referring tourists on to ensure everyone gets the most out of their visits. One of the things that has remained constant is the belief that it takes a village to raise a child; just as Maddy and Sam were watched over by friends and community members, now Willow and Eli are known to all and sundry and their safety and happiness are monitored by many local residents.

So don't let's get upset when young people leave—let's celebrate and support them when they come home.



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Quintessentially Quaama

Bhagya

It's been a stressful time. The drought has given us an animal's unease as we look to the sky and smell the wind. The Cobargo fire was a wakeup call that we too could easily come into the line of fire if one starts up and the wind blows it our way.

So, how to be prepared for this coming summer, when BOM is predicting above-average temperatures and below-average rainfall? Be organised. Have your fire plan in place, your property prepared, your 'go bag' ready, your neighbours in the know.

There are folks discussing how we might set up a 'telephone tree' in town. What's that? It's a communication structure spreading information throughout the village so everyone knows the current situation and what authorities are recommending.

There would be the primary contact(s), who would get a call from the RFS, SES or police. They would call folks on each street that have signed on. Those people would then call their neighbours or knock on doors if there is no answer. A single phone call with official info would therefore be spread right through the village. In setting it up, we would be encouraged to communicate with our neighbours, know who's planning to stay and fight and who is going to leave, identify who might need assistance and who is willing to help. We'd be a fire-ready town, well-informed and looking after each other. That sounds like a good plan to me. Keep your eyes and ears open for more on this idea as it takes shape and consider being a branch in the 'tree'.

The firies also need our help directly. Many in the Quaama brigade are older and, while they have invaluable experience

fighting fires, they really need some fresh blood in their ranks. Even if you're a full time worker, please consider joining the RFS. We need you. We need some youth and muscle, people with stamina. I bet there are a lot of you who have thought about it and just haven't managed to get down there yet. Please do it. This month their Saturday meetings are on 12 and 26 October from 1 pm at the Quaama Fire Shed near the rest area. And there are plenty of jobs that need to be done that wouldn't involve actually fighting a fire. There are administrative, communications and catering roles too. Something for everyone! Get involved, support our town and be a hero!

There is a wonderful and fresh initiative happening around the Quaama Memorial Park. A group of residents would like the park reinvigorated and improved and are seeking input from residents about what they'd like to see happen there. They have put up a survey online and hope everyone will find the three minutes it takes to answer their questions. Do you use the park? Would you use it if it had a pizza oven? Did that get your attention? Go to www.surveylegend.com/s/1orv and have your say (that's the number '1' then 'orv' at the end).

Have you heard about the Quaama Community Market? The Friends of the Quaama Hall are putting on regular 'mini' markets, aka 'Secondhand Sundays' on the last Sunday of each month from 10 am to 2 pm at the Quaama Hall. It's been established to enliven Quaama, raise funds to continue the repair of Quaama School of Arts and to contribute to the re-awakening of our wonderful old Hall as the centre of

Quaama life.

The aim of the market is not to join the list of regular, commercial weekend markets in the Bega Valley, but to provide members of the communities of Quaama and surrounds an outlet for their unwanted goods, excess produce, handmade goods or to promote their locally based businesses. A key element of the market is the 'Secondhand Sunday' space where unwanted goods can be left for others to collect. The focus of the market is on sharing resources, keeping items out of landfill and supporting a well-connected community.

Spring clean your shed and turn your trash into another's treasure. Contact Glendda on 0408 411 956 or glenddah@hotmail.com to book your table – only \$5!

In support of the Quaama Public School orchard and chook enterprise, Jasmine Ventura is again organising delicious 'Kensington Pride' mangoes from North Queensland that will arrive in time for the holidays. The seven kilo trays are just \$26 each or two for \$50. That's less than \$3.75 a kilo! You'll get mangos for a great price while supporting our school. Get your order in before 29 October by contacting Jasmine on 0431 868 078 or jasbowie@gmail.com.

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Spring is the time of renewal where we supposedly emerge from winter hibernation. In our Triangle communities this may translate into a whole range of community activities which we can add to our already busy lives. With longer days and warmer weather there is more of an inclination to get out and about. These activities sustain us in lots of ways, help us manage and deal with bigger issues and keep us connected to community. While we have much to be grateful for, there are many urgent challenges that require us to seek better ways for the future, even while we deal with such daily impacts as the climate emergency and the ever-present threat of wild fires.

Panel of Oomph

The second local Festival of Open Minds, held in Bega on 13 and 14 September, had the theme 'People with Oomph'. Presented by Ian Campbell and About Regional, it is a local/regional version of TED X and aims to inspire, celebrate and strengthen local/regional communities on their home ground. As well as keynote speakers, there was a Panel of Oomph, made up of local people:

- Louise Brand, whose husband David was fatally injured in a road rage

incident while he was riding his bike in June 2018. Louise is vocal about our need to become more patient and tolerant to all who use our roads.

- Erica Dibden is passionate about food provenance, sustainability and nutrition. Along with her husband Nic, she manages a large family, a herd of Jersey cows, and the burgeoning Tilba Real Dairy.
- Hannah Doole. 'Civil disobedience is where things change,' says 19-year-old Hannah. Since finishing school in Bega, Hannah has been on the frontline of climate action in Queensland.
- Warren Foster Jr, a young Djiringanj performer and creator, is a member of the Gulaga Dance Group, runs the Cypher Friday Hip Hop event at the Grand Hotel in Bega, and is a mentor for music development organisation Grow the Music.
- Darren Jones is an ex-police officer and Event Director for the upcoming Band Together Music Festival, which brings the Sapphire Coast and visitors together to support disaster relief in the Bega Valley.
- Kate Toyer, who said she wanted to be two things when she grew up: a veterinarian, and a girl. As a

veterinarian, married with children, in 2011 she told her wife she wasn't a 'normal' guy. In 2015, Kate started her gender transformation journey.

Through the panel discussion, which was led by Ian Campbell, each of these people with 'oomph' spoke of the challenges they face in walking the talk. It was clear that each, in their own lives, is asking and in some cases demanding that we all think about how we want our future to be—facing up to the climate emergency, issues of food security, nutrition and sustainability, the potential and opportunities for Indigenous youth, tolerance and compassion, gender diversity, supporting communities through disaster relief—and doing something about it. This was a panel with big ideas about how we can start to look at the issues that we must to secure a sustainable future—with big hearts, tolerance, compassion and the connectedness of community. And it is great that the Tilba area has people of oomph such as Erica and Warren who are committed to seeking a better future. Tilba Real Dairy is a regional food sponsor of the Festival of Open Minds.

The podcast of the Panel of Oomph is available at www.aboutregional.com.au. Search for 'oomph'.



The Panel of Oomph at the Festival of Open Minds: Hannah Doole, Kate Toyer, Darren Jones, Warren Foster Jr, Erica Dibden, Louise Brand (photo: David Rogers Photography)

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Koori Community Choir

Cheryl Davison, well-known Tilba artist, has recently been appointed as the Aboriginal Creative Producer at Four Winds, which she describes as her dream job. A major part of this new role is to further develop the creative partnership between the local Aboriginal community and Four Winds. The Koori Community Choir is part of this and aims to get women and men of all ages together to sing songs in both English and language. With Richard Cooke, well-known Tilba producer/engineer, musician and singer/songwriter as choir leader, this new community choir is already learning songs in the Yorta Yorta language. There are plans to include songs in the local Dhurga and to even compose new songs in language. Cheryl says that all are welcome and there is community transport available from Moruya southwards. The choir meets on Tuesday mornings at the Four Winds Festival site at Barragga Bay. The choir will perform at the 2020 Four Winds Easter Festival. For more information Cheryl can be contacted at Four Winds on 6493 3366.

And here's a heads-up for an upcoming Possum Skin Cloak workshop in November with renowned Gunditjmarra artist Vicki Couzens. More details next month.

Café culture

It's not so long ago that there was a café crisis in Central Tilba. The Tilba Teapot had closed, as had the café at the town entrance. The bakery, pub and Pam's Store were all going through some sort of transition and there was concern about how to cater for visitors. Then all that started to change when Harvey and Rebecca arrived to revive the Tilba Teapot. There are now excellent choices.

The Tilba Teapot continues a long-running innings as a popular food stop. After a brief break, it is now well established under the good guidance of Harvey and Rebecca. It's the best place for a hearty breakfast and boasts a tasty lunch menu. Harvey is a master at pies, which you can also take away, and the cakes and sweet things are always hard to resist. To add to an already busy life, this enterprising couple now have a new arm to their business.

Tell 'em you found 'em in
The Triangle!

Ellen's Pantry the café at the entrance to the village, is where Rebecca hangs out these days. With its focus on morning and afternoon tea and light lunch dishes, it is rapidly becoming a favourite since opening in early August. There's a warm, friendly feel about this place—it reflects the warm and friendly welcome from Rebecca and her staff which immediately makes you feel at home. And of course, having the Teapot and its sister is great for locals but even more important for visitors as they explore the shops and treasures of the village.

Eumun-tea has been there throughout all the changes in Central Tilba. As well as an amazing range of some 250 different teas, including chais and the ever-popular scones with jam and cream, there are different flavoured scones and, over winter, hearty soup. As the weather warms up there are plans to expand the range of scones, introduce iced teas and iced soups as well as Japanese Matcha drinks and cold-brewed coffee. Jo also has an eclectic array of teaware with frequent new arrivals.

There are, of course, other options particularly if coffee is the order of the day. Several places serve coffee and the Dromedary Pub also has an excellent lunch menu.

Down the road at Tilba Tilba, **La Galette** is enticing people from far and wide. Its red-checked tablecloths set just the right scene to enjoy the distinctly French choice of galettes, croques madame and cakes with tea or coffee. While this café reflects its origins in the long-running and popular Pam's Store, Patricia and her husband Fred have created a warm and

welcoming space which is enjoyed by many locals and visitors to the area. It's also a good spot to stop after a visit to Keith and Desiree's must-see Tilba Nursery or an exhilarating hike up Gulaga.

Tilba Halls Trivia Night

Here's your chance to show your knowledge of music at the Music Trivia Night fundraiser for the Tilba Halls. Held in the Big Hall with its new acoustics and hosted by Central Tilba School of Arts, come along on Saturday, 26 October at 6.30 for a 7 pm start. Make up a table of eight with family and friends or just take potluck on the night.


The \$15 per head entry includes tea/coffee and cake. Bring your own nibbles, glasses and drinks. There will be trivia prizes on the night.

Phone Janine on 0400 992 246 to book a table—or just come along.

Reminders

School holidays have begun. A reminder that Sing – Laugh – Respect, a family community event for families with young children, is on at Central Tilba School on Tuesday, 1 October. There will be three sessions at 10.30 am, 1 pm and 2.30 pm with refreshments provided by the P&C. These sessions are free and brought to the community by local services working together to end violence. RSVP Anita, 0407 959 602.

On Sunday 6 October, in the Big Hall at Central Tilba, the general public are invited to the Bate Family exhibition which celebrates 150 years of the family since settlement in 1869. The exhibition is open from 11 am to 4 pm, gold coin donation.



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Thank you, Tilba

The story of Glen Atkinson's last months has been completed and published. Have a look: www.michaelweinhardtphotography.com.

The story is called, 'The Long Goodbye'. The title and the overarching narrative reflect the Tilba community or, as Glen and Merryn called you, 'our Tilba family'.

From one perspective, Glen's passing was the result of a long-dead policy of assimilation that exacted the most heartbreaking of tolls. From another, there was light, shining from the love and friendship that surrounded him. From Merryn and Karen. From friends and family. And from you all.

They say you can tell the measure of a man by his friends. There is no doubt Glen was a good bloke. Anyone would know that just by spending time with him, and they'd also know that from the depth and breadth of friends he had.

I came too late to get to know the Glen you all knew. Instead, the lion's share of what I learned about Glen comes from the dozens of stories you told about him which gave great insight about who he was and what he meant to you. I also learned about the mark he made through observing how many of you came to say goodbye, in so many ways over such a long time. Hence the title of the story, 'The Long Goodbye'; perhaps you can also tell the measure of a

many by how long it takes to say goodbye to him by how many?

I don't know if photojournalists are supposed to thank the communities they photograph within but Tilba is the type of place where it seems like the right thing to do.

Thank you all for being the light in this story.

Michael Weinhardt



Rainbow and Glen

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Tilba family returns from kelp study tour

Jo Lane, her husband Warren, and two children Layla and Riley have recently returned from the ‘trip of a lifetime’ to study seaweed and kelp farming globally.

After receiving a Churchill Fellowship, Jo and the family travelled to Korea, Ireland, Scotland, Faroe Islands, Norway, USA and Canada to investigate different kelp farming technologies.

‘Starting in Korea at the International Seaweed Symposium was wonderful. We got to see seaweed farming at an incredible scale, and to meet people in the industry, who then invited us to visit their facilities around the world.’

Jo made some great international contacts and is inspired by the support she received along the way. ‘We met with scientists,

business owners, kelp farmers and hatchery technicians. Everyone was so generous with their time and information. They really supported the idea of developing kelp farming in Australia.’

Seaweed aquaculture is an emerging industry for Australia. There are a few land-based operations for various seaweeds, but not many ocean-based kelp farms.

Jo has a marine science degree and has received support from University of Technology Sydney C3 (Climate Change Cluster), who have provided mentorship and equipment to assist with kelp breeding and setting up a ‘hatchery’. Jo and Warren have learnt a lot about different breeding techniques with northern hemisphere kelp species, which they can adapt to local species.

Kelp farming has many environmental benefits—kelp requires no freshwater, no land, and no fertiliser to grow! It absorbs carbon dioxide and can reduce ocean acidification. The end product is extremely versatile and can be used for food, cosmetics, agricultural feed and fertiliser.

‘I have known for a long time about all the health benefits of kelp, and learning more about the environmental benefits has ignited a responsibility to do something which can help with our climate emergency.’

Jo wants to conduct trials on the south coast to determine the most suitable sites for growth. ‘One of the challenges will be engineering the right gear to withstand Australian conditions.’

In the meantime, the family are happy to be home and will soon begin harvesting kelp again from our beautiful south coast beaches for their business Sea Health Products.

Their trip was made possible by the generous support of the Yulgibar Foundation and the Churchill Trust.

Jo Lane



Layla, Jo, Warren and Riley on a fjord in Norway. People in the kelp industry invited them to visit their facilities around the world.

Tilba CWA News

AGM and Rural Fire Presentation

We will hold our AGM at our upcoming monthly meeting from 9.30 am on Friday 11 October in the Tilba Small Hall. Helen Galton from Bega, the President of the CWA Far South Coast Group, will chair this meeting.

Following our AGM, from 11.30 am Tilba CWA will host Deano Zucco to present ‘How to prepare your Bushfire Survival Plan’. Deano has volunteered with Tilba Rural Fire Service for 25 years and has been a full time RFS employee for nine years. Deano will outline the AIDER (Assist Infirm, Disabled and Elderly Residents) program. The AIDER program is a free, one-off service which supports some of our most at-risk community members whose property is on bushfire-prone land. AIDER services can include clearing gutters, thinning vegetation and trimming branches around the home, removing leaf and tree debris, mowing or slashing long grass. All Tilba community members are welcome to attend this presentation, and yes—there will be morning tea.

Fundraising for our community

Over the past year, Tilba CWA members have been fundraising through our special events, pop-up café, I (love) Tilba stickers, raffles and recycling. Members would like to thank all the Tilba businesses who donate resources to assist with our fundraising events. This month we would like to thank Warren and Wendy of the Dromedary Hotel for giving Tilba CWA the pub’s recyclable drink containers. Returning the empty beer bottles and cans is giving Tilba CWA a good dollar earn that we give back to our community.

In September Tilba CWA continued our local financial support with donations to Moruya Hospital Maternity Unit, Community Carers Accommodation at the South East Regional Hospital in Bega and Tilba Rural Fire Brigade. With the drought in NSW continuing, we also decided to make another donation to the CWA’s NSW Drought Appeal that directly supports farmers.

Annette Kennewell



Tilba CWA members Gretel Bodiam, Jenny Burnett and Cas Mayfield at Mountain View Farm, September meeting

Snap, crackle, pop. Wake up, this is not your bowl of rice bubbles ... a thin finger of flame licks up the curl of a gum leaf. Hop, skip, jump, it takes flight in the wind and leaps from tendril to twig. A happy game of leapfrog, hopscotch.

The ambient oils fizz like sparklers in the fist of a wayward child. Crispy lengths of fallen bark and branch catch and dance in the building smoke. Hot gusts gather and push up up up and over the hill. Cobargo town lays sprawled below. You can smell the anxiety through the smoke. Cars are being packed, roofs watered. People panic as they wonder what to do with horses, dogs, chickens.

Children are fed happy half-truths of adventures to Narooma and ice creams. Neighbours check in with each other, and still the smoke billows and the wind bellows. You can hear the sirens now and the traffic builds as some people decide it's time to go.

It was September in Cobargo and the place was on fire. But we're ready this year, after the hard lessons learned through our friends in Tathra last year. We're ready and as quickly as it started the fire was quelled, slapped back by the hard splash of water dropped from above and the quick and brave step of local women and men from below. Thank you, thank you to all that risked and sweated to stop the flames in their tracks.

Of course the fire emergency filled but one of our September afternoons, and many other wonderful things have been happening. It's spring, and for those growing things that have survived the frost and the 'drier than average' winter, it's go time. And our thimble-full of rain, however minuscule, was such a blessing, we all started breathing a bit deeper, our minds on the dream of a more optimistic summer. Maybe the sky hasn't forgotten how to rain—maybe. Maybe the rain

dances really do work, maybe if we bang our drums and shake our bums even harder we could get 30mm.

I think that all those tiny hula-hooping bodies must have helped call in the clouds, that happy Sunday as the last of the flames were beaten back, just across the gully. The School of Arts Hall filled by the shrieks and belly laughs of children, gyrating multi-coloured rings around and around, balls and scarves flying, as Heidi Hoops hollered and heckled in her spangles and red sparkles. Thanks SOAPI for the fun times, we certainly needed it.

And the first sods have been turned in the heart of town, as people gathered to initiate the town's community garden. A busy Saturday to finish the month, with food to share and friends aplenty. An optimistic step forward into this increasingly uncertain future. Won't you join us next time?

And so, with that, another month has swung by, September in Cobargo, tick. Bathed in the heavy gusts of strangely warm westerlies, with the spring rains still missing in action, perhaps marking the start of our new fire season? I wonder when we will stop saying 'warmer than average' and 'drier than average'. When this will just be 'the average'.

I worry at these new trends, and I don't think I'm alone, but knowing that does not make the worry less. I wonder when 13.5 millimetres became our springtime norm and where the weeks of wet sodden weather I remember from a child have gone. Will my children see the healthy swell of the creeks, as whole trees are swept up and hurled coastward? Or will they only know the semi-dry, algae-crusting Narira of today.

Of course droughts are not new to this country. We know dry, we've known hard times, we have travelled that way before. But we keep breaking records, the

driest, the hottest, day, month, year. And I wonder what else we will start to break if these trends continue. The children are screaming at us, they have joined 99% of scientists and they are screaming from the streets in their millions all over the world. And still life mumbles on. Let's just hope that as we drag our heels we don't strike sparks and set the place alight, again.

South Coast Knife Show and Rare Artisans Expo this long weekend

The annual South Coast Knife Show has grown this year to include rare artisans from around the area. With such a huge resurgence into all things handmade, we thought it was a good opportunity to establish an event in the Triangle region.

Throughout the day there will be demonstrations in blacksmithing, knife making, leatherworking, pottery and ceramics, saori loom weaving and millinery. There will also be exhibits in instrument making, glass blowing and artistry, handmade kitchen knives, hunting knives, axes, blacksmithing and more.

There will be a knife sharpener there all day so bring in your blunt knives! There will also be knife making, blacksmithing and leatherworking materials and tools for sale.

Food and refreshments will be for sale. The gold coin entry is a donation to 1st Cobargo Scouts.

So come along on Sunday 6 October from 10 am til 4 pm at the School of Arts Hall in Cobargo. See you there!

*Sarah,
Mother Mountain Forge*

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A very local wedding for Cobargo couple

On Saturday 24 August Bill Allen, a diesel mechanic from Yowrie, and Mia Glenfield, one of the Country K9 Parlour groomers, tied the knot on the Cobargo Showgrounds. Former groomer Lisa Harrington delivered Mia and her bridesmaid Sharleen on her horse and carriage to the ceremony. As you'd expect, Bill and Mia's three dogs were in their bridal party—Ari was a flower girl, Flounder and Bailey were ring bearers. They all had their own matching outfits for the day as well. Rory from Bennys Butchery did the meat for the reception, the local celebrant Deb Summer officiated and Jennifer Main was the photographer. The Cobargo Showground and Pavilion have never looked so good! A lovely local event.



Of course the canines had outfits too! Mia and Bill's wedding party. Photo Credit: Jennifer Main

Olympic medallist James Magnussen to visit Cobargo Pool

Super-fast freestylers James Magnussen and Kurt Herzog have joined forces to share their knowledge and skills with NSW clubs and swimmers in a unique clinic format.

Cobargo Amateur Swimming Club is proud to announce that on Saturday 16

November they will be hosting Olympic silver medallist James Magnussen and his team at Cobargo Pool to run a 'How to swim faster freestyle' workshop for our lucky kids.

James and Kurt will teach our swimmers how to swim faster freestyle through the introduction of higher-level skills and drills learnt at the elite level. As well as learning how to maximise speed and power on their dives, turns and underwater, the clinic will include live demonstrations of each skill, drill, dive and fast freestyle. The clinic will run for three hours, starting at 9 am sharp on the day. The recommended age for the clinic is 9 years and over.

We only have 40 spots available and current Cobargo Swim Club members will get first priority. Cobargo Swimming Club is subsidising the majority of the cost of this event to help make it affordable for local swimmers.

Cost: \$30 per Cobargo club member,

\$50 per non-member. Taking bookings now—places are filling up fast.

There are raffle prizes to be won on the day, and Cobargo Swimming Club will be running a BBQ at the conclusion of the clinic.

For more information, please contact me on 0429 306 761 or cobargoasc@gmail.com.

*Beck Grenfell
President CASC*



James Magnussen at Vichy
Photo credit: Stephanie Kempinaire

Cobargo District Museum is looking for information on water wells within the Cobargo township or surrounds. We have been given information on locations of some wells but are keen to locate more, add them to our growing list and take photos. We are trying to keep our history recorded.

Please contact Vicky on 0422 377 278 or cobargodm@outlook.com.

CARERS "LOOK AFTER YOURSELF" (LAY) REMINDER

NDIS Plans are due for renewal in the Bega Valley.

Carers need to include planned and crisis respite in NDIS Plan Reviews.

Contact your preferred service provider for respite types and costs so that your LAY costs are covered in NDIS Plans.

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Well Thumbed celebrates with two author talks

On Saturday 5 October you are invited to come to Well Thumbed Books in Cobargo to celebrate our ninth birthday! To thank all for supporting us over the years, we will host, after two very special book launches, one of our now-famous morning teas.

Hilary James and John James will discuss their latest books: Hilary's third adventure story, *Leopards and Witch Doctors: Adventures in Colonial Africa in 1955*, is about the couple's experiences in British West Africa before independence.

It was December, and England was cold and wet. One evening a Canadian friend turned up who had been selling advertising in the African colonies. He suggested we take the job with him. Agreeing to anything that would get us out of the cold, we took off ...

And seldom does an architect have the opportunity to explain the evolution of the design of a heritage building, how it came to be designed and the history of its construction.

John does in his latest book: *The Reader's Digest in Surry Hills: the design and construction of a heritage building – an architect's story*.

So please join us to celebrate nine years of proving that the physical book is not yet dead and hopefully never will be.

Put the date—10.30 am on Saturday 5 October—in your diary.

Louise Brown

Our pools—between a rock and a hard place

At the Cobargo Hall on Monday evening, 16 September, Council held the first of six public meetings to discuss the Shire's swimming pool strategy.

Council was represented by the Mayor, Kristy McBain, Councillors Tony Allen and Sharon Tapscott, General Manager Leanne Barnes and several heads of department relevant to the issue. Council's presentation was very detailed and it is clear that there is an issue about the ongoing maintenance and replacement of the Shire pools.

There was strong representation from the public, with the suspicion that Council wanted to close of some of the pools. However, Council was very firm in their resolve: 'to have a fit-for-purpose six-pool Swimming Pool Strategy that maximises opportunities for the community and visitors to participate and enjoy facilities that meet legislative and compliance requirements and have pools that are operating at modern standards.'

There is no doubt that there is a strong feeling of ownership and protection for Cobargo Pool. One of the more concerned was May Blacka, the instigator of the original, amazing fundraising effort back in 1968: £5000 was raised from the local community and then local men hand-dug the hole!

To fund the six-pool Swimming Pool Strategy, Council is considering a Special Rate Variation (SRV) to provide long term security of swimming pools in the community.

The six pools in the Shire are in Bega, Cobargo, Candelo, Bemboka, Pambula and Eden. The bottom line is that the pools are

costing Council roughly \$1.3 million each year in maintenance and running costs and that doesn't take into account any pool's replacement. A pool has a 60-year life before it needs replacing. Bega comes up in 2022 and Cobargo in 2029—and of course they will have to be upgraded to today's standards of compliance.

Council is suggesting a Special Rate Variation of 11% to cover the costs of the pools, (I can already hear the gnashing of teeth). This SRV would allow Council to increase general income above the rate peg increase, and to raise the revenue from all rate payers to help keep our pools operating. This would ensure that the six pools meet all legislative and compliance requirements and are operating to modern standards. It also allows for entry fees to be kept at a level which is affordable to everyone.

Without this SRV, Council will need to allocate more funding from the general budget, which in turn reduces funding for other assets and services. Pool fees would also increase excessively which could reduce attendance—and income. It would also mean that once a pool has reached the end of its useful life it would close, as the funding to renew and upgrade the facility would not be available.

Swimming pools are a very valuable asset to our Shire, especially in the small villages, but they cost money. A rock and a hard place come to mind.

I suggest everyone 'Have Your Say', which can be found on the Council website.

Louise Brown



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CWA News

A very BIG thank you to the locals who turned up to help us move furniture and return it into place for the laying of the carpet in our Cottage. Without mentioning names (and embarrassing them!) it was the usual people who always turn up to events that need a hand. We are fortunate to have some amazing people in our community. Thank you one and all.

We were thrilled that so many people turned up to our 'Sconversation' last month. The Cottage was full of lively conversations as everyone enjoyed the fresh scones and tea and coffee.

We also welcome a new member, Cassie Cole. Great to have a much younger face in our group!

It is that time of the year again when we are calling for nominations for the Cobargo Citizen of the Year, both Senior and Junior. Please think about someone who goes above and beyond to help others. Please ring Mary Williams on 6493 6167 or email: maryw42@bigpond.com.

At our meeting last month we had a visiting speaker, Jenni Kew from the Elder Support and Mediation Service for the Far South Coast, called 'Let's Talk'. It's a new service to the Eurobodalla and

Bega Valley with the aim of supporting and assisting older people and families to prevent or resolve family conflict, or to have difficult conversations, to discuss end-of-life planning, or help older people to make decisions that protect their interests, rights and safety.

This service can be accessed by individuals, with partners or carers, as a family, or children can come by themselves. Meetings can be in the offices at Bega or Moruya or in your own home. It's funded by NSW Family and Community Services. Jenni can assist by talking through issues such as Elder Abuse, Grandparents' Rights, Moving in with the Family, Adult Children Living at Home and more. Jenni can be contacted on 4474 2972 or 6122 7100.

Finally, congratulations to Delma Thompson, the winner of the quilt raffle.

Mary Williams

Santa Paws is on again!

Animal Welfare League Far South Coast will be holding their annual Santa Paws this year at the Country K9 Parlour. It will cost \$20 and be held on Sunday 3 November, starting at 9 am.

To book your pets in to have their photo taken with Santa, phone Mia and Sharleen on 6493 6897 or pop into the parlour and see them. All money made on the day will go to AWL.

Jennifer from Jennifer Main Photography has kindly donated her time and resources to do the photography for AWL on the day. Pete Anderson has donated his time to be Santa and the event will be run by the lovely AWL volunteers. All pets are welcome! Don't forget to book your time to see Santa!

Calling all musicians in the area.

We are looking for volunteers to be part of the group to play at the community Christmas Eve carols in Cobargo at 8 pm on 24 December. Please contact Fiona Kotvojs for more information on 0448 453 422.

ORIENTATION DAYS FOR PRE-KINDERGARTEN, KINDERGARTEN AND YEAR 7

Sapphire Coast Anglican College will be hosting Orientation Day, dates listed below

Come and see why we are known for our exceptional pastoral care, quality teaching and learning and the best agricultural program in the Bega Valley. We have a range of academic and vocational programs on offer as well as the award winning young scientist program and the International Duke of Edinburgh Award, to name but a few.

We pride ourselves in helping our students with individualised and academic pursuits that enable them to leave school with a broad range of opportunities.

Pre Kindergarten orientation Monday 18th November 11:30 - 12:30pm

Make sure to book your child into our 3 week consecutive Kindergarten Orientation days in Term 4.

Session 1 - Wednesday 23rd October 11:20am - 12:20pm

Session 2 - Wednesday 30th October 11:20am - 1pm

Session 3 - Wednesday 6th November 11:20am - 1:20pm

Year 7 Orientation Day Wednesday 27th,

Thursday 28th November

Ask about our fee assistance.



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To find out more please contact Aimee Hay on 6494 7777 or email aimee.hay@scac.nsw.edu.au



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email admin@scac.nsw.edu.au | scac.nsw.edu.au



Double your docos this month

This month we have two doco screenings: Doco in the Wandella Bush, and the regular monthly screening in the Old Cobargo Butter Factory.

Wild Plants:

The revolution starts from the ground up

Cobargo Docos invites you, on Saturday 5 October at 1620 Wandella Rd, Wandella, to an outdoor screening in the bush of *Wild Plants*, a feature documentary by Nicolas Humbert. We'll start the screening at dusk. Get together from 5 pm, bring a plate and drink to share and a blanket to sit on or keep warm!

The term 'wild plants' is a reference to vegetation that seeds itself in fallow and abandoned land and creates new habitats. This documentary is a dreamlike portrayal of the people who make something similar happen—activists and idealists who are creating their own botanical utopias. The key word, the driving force behind their micro revolution (with macro consequences) is the Earth, seen as a fundamental resource and universal food for the body and above all the spirit. Trailer: www.vimeo.com/181769427

Freedom for the wolf

The next monthly community documentary screening, *Freedom for the Wolf*, by Rupert Russell, will be at 3.30 pm on Sunday 20 October in the Old Cobargo Butter Factory.

'Freedom for the wolves has often meant death to the sheep.' Isaiah Berlin

Democracy is in crisis. A new generation of elected leaders are dismantling freedom and democracy as we know it.

Filmed over three years in five countries, *Freedom for the Wolf* is an epic investigation into this new regime of illiberal democracy. From the young students of Hong Kong, to a rapper in post-Arab Spring Tunisia and the viral comedians of Bollywood, we discover how people from every corner of the globe are fighting the same struggle. They are fighting against elected leaders who trample on human rights, minorities, and their political opponents.

A ground-breaking original statement on the status quo of global politics, *Freedom for the Wolf* is the first film that provides the global context for understanding the

Trump phenomenon. Trailer: www.vimeo.com/302808852

Coffee and tea provided—bring your own mug. To cover the costs a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible! Visit our website for more information: www.cobargodocos.wordpress.com.

Lena



Freedom for the Wolf provides the global context for understanding the Trump phenomenon.



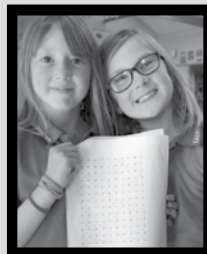
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TERM 4 TRANSITION DAYS

Mon 4 November (9:30-11:30am)	Mon 25 November (9:30-12)
Mon 11 November (9:30-11:30am)	Tues 3 December (9:30-12)
Wed 20 November Cobargo Preschool Visit (9:30-12:15)	This will include a parent information session at 9:30am.

The Small School with a Big Heart is offering:

- ◆ Library facilities
- ◆ Gifted & Talented program
- ◆ Canteen
- ◆ Targeted individual Learning Support
- ◆ Multi-Lit Reading Tutoring Program
- ◆ Sporting Schools program
- ◆ Lunchtime activities program
- ◆ Language lessons (Japanese)
- ◆ Music & Dance programs
- ◆ Strong community connections
- ◆ Small Schools combined camps
- ◆ School Performance/Music camps
- ◆ Diverse environmental program
- ◆ STEM programs
- ◆ Better Buddies program

'Glass is his Canvas, Re-visited' at the Lazy Lizard Gallery

One of our most popular exhibitions last year was the gorgeous glazed glass-work by John van Horssen. Visitors were entranced by the vibrant, glowing colours and patterns that he created on the glass, so we are happy to announce that, for the month of October, John and his beautiful vases are back in the Side Room.

John works with pre-formed glass vases. On these he weaves, tilts and sprays layers of molten coloured ceramic glaze, and then kiln-fires the pieces to 600 degrees centigrade many times over. The results are stunning. This time round, John has been experimenting with some new shapes, and has added square plates and 600mm

towers to his collection. His colours are luminous and iridescent ...but words are inadequate ... you need to come and see them for yourself.

John, who lives in Quaama, regularly exhibits his work at craft markets in Candelo and Merimbula, and for many years had a weekly stall at the Bus Depot Markets in Canberra. But this month you have the chance to just drop by the gallery in Cobargo to see his work. Even better, if you want to meet John (aka Hansa) himself, you are invited to join us for a cuppa at the opening on Saturday 5 October, between 10 am and 12 noon.

Naomi Lewis

Ivy Hill Spring Exhibition



From the Sympatico series by Keith Bender

Rick Andersen has returned to Ivy Hill to open this season with more of his drawing-based work, taken directly from the landscape surrounding his new studio. This show will duplicate that format from a dozen years ago, although it is canvas which Rick is using but treating like paper. To that end he is using base paints with clay or plaster fillers to create a surface that allows feathers or pencils to glide across.

New to Ivy Hill are Bungendore artists and partners, Kate and Keith Bender. Kate is an oil painter whose fascination with colour, form, light and space is the foundation for her exploration of abstract sculptural forms. Her work occupies the liminal space between abstraction and realism; the paintings are a depiction of curvaceous abstract sculptural forms and the space in which they reside, and relish the interplay between space and form.

Keith Bender's Sympatico series combines curved forms with raw elements to convey a metaphor for the tenuous balance between humankind and nature. The artist's hope is that people the world over will strive for a harmonious as



Beautiful glaze-on-glass work by John van Horssen

opposed to hostile relationship with their environment. In 2017, Bender received the Canberra Arts Patrons Organisation B2B Magazine Emerging Artist Award. Last year he received the Cooks River Rescue Public Art Prize and installed his sculpture *Confluence* in the Gift of Life Garden at Canberra's National Arboretum.

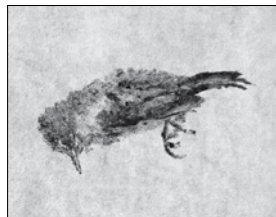
This exhibition runs until Sunday 27 October. You will find Ivy Hill Gallery on the coast road between Bermagui and Tathra, open from Thursday to Sunday, 10 am to 5 pm. More: www.ivyhill.com.au.

 **Narek**
Gallery

5/3 Wapengo Street, Bermagui
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MARIANNE HUHN
Porcelain



SURYA BAJRACHARYA
Monotypes

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9th birthday at 10.30 am
Saturday 5 October

Porcelain and Monotypes at Narek Gallery this month

Porcelain and Monotypes, an exhibition of new works by Marianne Huhn and Surya Bajracharya, opens with the artists present on Saturday 5 October at 5 pm.

Marianne Huhn has been working with porcelain for 21 years. Her work is held in collections throughout Australia and internationally. Huhn's studies began at RMIT, culminating in a PhD in 2016 which was exhibited as 'Porcelain & Politics' at Narek Gallery in late 2016. In this current exhibition, Marianne continues a conversation between functional forms and the drawn line, where surface narratives explore the idea of containment. The surface images on Marianne's pots metaphorically mirror stories both of the functional form and ourselves, exploring our edges and boundaries, insides and outsides and the apposition between the two.

'...a narrative can bring together disparate elements and be open to interpretation. Ceramic forms that use visual narratives extend their functional role as vessels and tell us about the world we live in.'

Surya Bajracharya - monotypes

Since graduating with first class honours from the Canberra School of Art in 2004, Surya Bajracharya has created eight solo exhibitions and participated in group shows in Sydney, Canberra, Braidwood and Thailand. He has been a finalist in numerous Art Prizes including the Hutchins Works on Paper, Hobart; M16 Drawing Prize, Canberra; and Megalo International Print Prize, Canberra. In 2018 he was awarded the Lerida Estate Acquisitive Prize. He has worked as Technical Officer in Printmedia & Drawing at the ANU School of Art

as well as Tutor in Lithography, and currently works in the Conservation section of the National Gallery of Australia in Canberra. Bajracharya's monotypes are inky and atmospheric in nature and feeling, encompassing water, wind, sea, clouds, nightscapes and seascapes.

As it is a long weekend, the gallery will be open Sunday 6 and Monday 7 October as well as the regular hours Wednesday to Saturday. The exhibition continues to 2 November.



Lightbulb bowl, Marianne Huhn



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Art in the Triangle

November brings 'Spring' to Four Winds and the next generation of musicians

The 'Create and Inspire' program at Four Winds is providing opportunities for our young people to experience amazing quality live performances, to respond creatively and develop a lifelong commitment to music. This year, following the success of the program in 2018, every child in five local primary schools is being taught percussion/ rhythm by artist-in-residence David Hewitt and singing by Jaqui Howarth and Geoffrey Badger.

Four Winds focuses its work in schools on singing and rhythm. Studies have consistently shown that exposure to inspiring professional musicians and adults who participate in, perform and write music is one of the most motivating factors for young people starting and maintaining their interest in musical activities.

'Spring' brings participants from the Four Winds 'Create and Inspire' program together over three days to perform together and for each other. The performances are open to the public and are, in the words of the NSW Minister for the Arts, 'truly inspiring'.

Over the three days you can attend 'The Splendid Schools Day' on Friday 1 November, which brings together over 800 young people in massed performances, accompanied by the Western Sydney Youth Orchestra.

Saturday 2 November is a special day for young South Coast musicians—Academy Day. These dedicated musicians

have tuition with Four Winds Artistic Director James Crabb and other visiting professional musicians. They rehearse and receive coaching ready for their public performances at Four Winds the following day.

Sunday 3 November is the Spring 'Triple Bill' Festival Finale. Open to all, it is a festival day which presents an exciting triple bill:

Part 1: The Windsong Pavilion plays host to performances by exceptionally gifted young musicians, from classical soloists to singer-songwriters.

Part 2: Performance by Western Sydney Youth Orchestra. Local young players will join the orchestra

Part 3: Encounter South: a site-specific music and dance work created for the Four Winds site, an exploration into the everyday extraordinariness and power of young people living in south coast regional communities and Western Sydney. A major new work with dancers from FORM (Western Sydney), Fling (Bega), and musicians from Western Sydney Youth Orchestra.

For music and dance lovers alike, or if your children learn an instrument or go to dance class, this a day not to be missed. Relax on the grass and enjoy this musical smorgasbord!



Inspiring our kids at Four Winds. Photo credit: Ben Marden



Musical journeys start with rhythm and song. Photo credit Chris Sheedy

Books in a box, and Cr(e)ate It Up!

Avril Makula is a book designer/book artist in love with making journals and notebooks using traditional bookbinding techniques. She will return for another bookish weekend in November. You may recall the previous, much-loved workshop—Fold Roll Twist & Bind. This time Avril will teach simple effective techniques to make journals, notebooks or artists' books.

Over the weekend you will make four books, learning a different technique for each one, as well as a sturdy slipcase to house them. This workshop is suitable for all levels and you will take home not only finished work but also skills, ideas and inspiration for future projects.

Cobargo Creators has a range of Avril's work in the gallery so come along and explore her world of letters, types, designs, cubes, folds, twists and notebooks, or take a peek at www.alphabetscitypress.com.

Books in a box: 16-17 November @ S.O.A. Hall, Cobargo, 10 am – 4 pm each day, \$190.

Contact: artsincobargo@gmail.com to book your place in

this workshop.

Moving on from books 'n' boxes, it's time for the Cobargo Creators Annual Exhibition, opening on November 23 at 11 am. The theme for 2019, conceived by Heimo Heino, the People's Choice Winner of 2018, is 'Cr(e)ate It Up'. This is about the world of three dimensional space and the criterion is: your work can take any form in any medium as long as it fits completely inside, and is delivered in, a milk crate!

Heimo envisions the milk crates, once arranged, will form a landscape upon which some of the works will be displayed. Like any vision it needs the input of the community to manifest, so dial up the muse, Cr(e)ate It Up and deliver to the gallery by 16 November, fill in an entry form and then return to enjoy the show.

This exhibition is open to members and non-members (who pay a \$5 entry fee).

For further information contact cobargocreators@gmail.com.

Sandra Taylor

The best of American bluegrass in Cobargo in October

Mike Merenda and Ruth Ungar, a Hudson Valley, USA, husband-and-wife duo, have set the Americana/folk/bluegrass scene ablaze, as a duo and with their five-piece band The Mammals. Singer/songwriters, social and environmental activists, poets and parents, they tour with their two children, embodying a down-home approach to Americana. Ruth is a tradition-bearer—the daughter of legendary fiddler/composer, Jay Ungar, known for his famous composition, ‘Ashokan Farewell’ used as the theme for Ken Burns’ landmark documentary, ‘The Civil War’.

Mike and Ruthy blend artistry and authenticity, fiery fiddle and banjo, with emotionally potent harmonies and dynamic stories. They ‘roam effortlessly through the whole span that is Americana, from alt-country to folk to bluegrass.’ (The Bluegrass Situation)

Not to be missed, one night only, Cobargo School of Arts Hall, Tuesday 22 October, 7.15 pm for 7.30 start. Presented by the Yuin Folk Club.

Tickets at door. YFC members \$20, non-members \$25.



Mike and Ruthy embody down-home Americana and have set the scene ablaze

Murrah gets rusty

The Murrah Hall is opening its doors to host the touring act Benji and the Saltwater Sound System on Saturday 12 October. The group will be coming to the Hall fresh from a two-month run of festival dates in Queensland, South Australia and Victoria.

Since their formation in summer 2016/17, Benji and the Saltwater Sound System have hit the shore running. The group’s original tunes have matured quickly after being exposed to audiences at a snowballing number of live shows and high profile festivals slots. A handful of these songs make up their first EP, titled Coming Up for Water, which was released in winter 2018.

Benji and the SSS fuse pacific flavours with the raw sounds of the Australian East Coast. Add to this beautifully poignant lyrics and skilfully blurred genres and you have a sonic snapshot of the current South Coast NSW lifestyle.

The artists in Benji and the Saltwater Sound System have had

the honour of playing at acclaimed festivals including Woodford, the National Folk Festival, Summer Sounds, the Dreaming Festival, Granite Town, Peak Festival, Palm Creek, Mitchell Creek Blues Festival, Nimbin Roots Festival, Sydney Blues Festival, and Illawarra Folk Festival, just to name a few.

Tickets \$15 pre-sale (go to www.southcoasttickets.com.au and search for Murrah Hall) or \$20 at the door. U16 free. Murrah Curries and supper available. BYOG. Doors open 6 pm, show 7.30 pm (Tall Shawn and Resolution Blues) then 8.45 pm for Benji and the Saltwater Sound System.

‘Benji and the Saltwater Sound System skilfully blur the lines between genre, sound and style. Their latest record bursts at the seams with a dynamic flavour, making for one damn fine debut.’ Liz Campbell, Happy Mag.



Benji and the SSS setting up at Berry School of Arts Hall Photo credit: Ali Lamond

Art in the Triangle

Sakura returns to Spiral Gallery

Spiral Gallery in Bega is having the sixth Japanese exhibition 'Sakura' from 11 to 30 October.

Eleven local artists have the following categories for sale: Textiles, Clothes, Kimono, Jewellery, Ukiyoe Wood Block Prints, Calligraphy, Paintings, Ceramics, Kusudama Balls, Small Furniture, Antiques and Collectables.

Sakura opens at 5 pm on Friday 11 October with Japanese food and live music—Shinobue bamboo flute and Taiko drumming. All welcome!

Spiral Gallery is open 10 am to 4 pm Monday to Friday, 10 am to 1 pm Saturday. Enquiries Reiko 0474 065 667.



The Japanese exhibition is on again at Spiral this month: textiles, clothes, jewellery, furniture and more.



Look who arrived unexpectedly in February ... Molly the Blue and Gold Macaw from South America!
Does anyone know any more?
Someone sent us this photo in February and it has just resurfaced, in the way things do sometimes ...
so is 'Molly' still around?
Does anyone know anything???

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A fruit for all seasons

Citrus in all its varieties is presently one of the most popular categories of fruit trees available in nurseries. This is mainly due to the work that has been done in recent times to provide dwarf growing forms that are more suitable to pot culture or for our ever-decreasing house block sizes.

In growing citrus a great deal of importance is placed on the location where you live as many are not suited, for instance, to heavy frosts or cold southerly winds.

Optimal temperatures for growing citrus are between 25 and 30 degrees Celsius. When temperatures get above 38 degrees, growth is inhibited although the plant will survive up to 50 degrees. Oranges and lemons are more suited to colder parts of our area although some frost protection is required in very cold locations. Limes and cumquats require a really warm, frost-protected site.

Satsuma mandarin, Meyer lemon and sour orange are more tolerant of cold and can be grown in a more exposed position. Locations along the coast like Narooma and Bermagui are suited to all citrus as long as they have protection from the cold south winds.

When selecting the site for your tree ensure that it has as much as six hours a day direct sun and a

well-drained, compost-enriched soil. The site should have as much wind protection as possible but particularly from the south.

Dig a wide hole, but not massively deep, and add a commercial planting compost to your soil. If you have made your own compost ensure that it has broken down sufficiently to mix with your soil. Don't completely change your soil when planting, but improve the soil you have.

Once you have placed the plant in the hole, check to make sure when you backfill the hole that soil does not come up above the graft—basically just enough soil to cover where the soil came up to in the pot.

If you don't have sufficient room in the garden and you still want a citrus then try one of the dwarf forms. Mandarins, oranges, lemons and limes come in the dwarf form with at least two varieties available for each.

Citrus do very well in pots, particularly the dwarf forms, but pot culture of citrus is a bit different to growing plants in the ground for several reasons. Planting in pots requires a reasonable size pot so sufficient potting mix can be added. The larger the pot the more soil, to provide a greater water- and nutrient-holding capability. The smaller the pot the quicker the plant dries out

and this leads to an unthrifty tree. Nutrient leaches out more quickly so it's important to feed potted plants more regularly.

From my experience fertilising of citrus should take place in spring and summer with the addition of chook manure and a side application of fertiliser in autumn.

Citrus are gross nitrogen feeders so a specially formulated citrus fertiliser is most desirable. Apply at the dripline of the plant and water in well.

When fertilising potted citrus use a water soluble form so root burn is alleviated. A side application of fish- or seaweed-based fertiliser on a regular basis outside the regular fertilising program will also benefit the plant.

Citrus trees have several pest problems including sap-sucking pests like shield bugs, leaf miner and scale, with several fungal problems including black spot, Septoria spot and citrus blast. Ask your local nursery person for control measures to combat these problems; there are both chemical and organic forms of control for all these pests.

Call in and ask your nursery person what is the go with these great plants and find out that now is the time to plant.



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Do you live outside the Triangle? Be sure to receive your copy every month by subscribing. 12 months' subscription (11 issues) is \$32.00*. Email treasurer@thetriangle.org.au or post your cheque and details to The Triangle, PO Box 293, Bermagui, NSW 2546.

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In solidarity with the Climate Strikers, knowing that we all need to reduce the amount of animal products we consume, this month's Soft Footprints recipes are all vegan. You might be surprised by how delicious and economical vegan dishes are while you're doing your bit for the planet.

French Lentil Soup

Hearty, savoury and yummy, this economical recipe won an award at the Quaama Fair's 'Feed 5 for \$5' competition.

3 cups dried green/brown lentils, rinsed, soaked overnight, rinsed and drained

1 cup extra-virgin olive oil

4 cups chopped onions

2 cups chopped celery stalks (save chopped celery leaves for garnish)

2 cups chopped carrots

6 garlic cloves, chopped

8 cups (or more) vegetable broth (water plus stock cubes is fine)

3 x 400g cans diced tomatoes

Heat oil in heavy large soup pot over medium-high heat. Add onions, celery, carrots, and garlic; sauté until vegetables begin to brown, about 15 minutes.

Add lentils, tomatoes and broth. Bring to a boil. Reduce heat to medium-low, cover, and simmer until lentils are tender.

Transfer half the soup to blender and puree until smooth. Return puree to pan.

Taste and season with salt, pepper, and a splash of balsamic if desired. Ladle soup into bowls. Garnish with celery leaves.

Coconut Black Rice Pudding

Ingredients:

1 cup (200g) Chinese black rice ('forbidden rice'), soaked for 4-8 hours**

2 cups water

pinch of salt

1 400ml can coconut milk

coconut sugar to taste

fresh mango slices for serving

Rinse and drain the soaked rice thoroughly and place in a large pot with the water and salt. Bring to the boil over high heat then reduce to a simmer and cook, covered, for 20 minutes.

After 20 minutes, remove the lid and add the coconut milk, reserving about a third of the can for serving. Turn up the heat to medium and simmer a further 10 minutes or so, until the rice is cooked through but still 'al dente' and retaining its shape.

Sweeten to taste with coconut sugar and serve, warm, topped with mango slices and an extra splash of the reserved coconut milk. Leftovers can be kept in the fridge up to three days and reheated or eaten cold.

Notes:

*The only other rice variety that can be used in this recipe is Thai Black Rice (also known as black sticky rice or black

glutinous rice), which is quite similar but results in a stickier pudding. The grains are a little longer than the forbidden black rice, and are of varying colour tones, not totally black.

**Soaking the raw rice before cooking it shortens the cooking time dramatically and helps the grains cook more evenly so they're easier to digest. It's worth nothing though that black rice may be sold 'pre-soaked' or 'pre-steamed' and dried



Cauliflower and chickpea tagine with preserved lemon



This hearty tagine is typical of the type of dish cooked in the wooded Middle Atlas region and the lush valleys leading up to the High Atlas. It's a tasty way of preparing cauliflower, broccoli or cabbage, and is often simply served with bread to mop up the sauce.

Serves 4-6

2 tbsp olive oil

1 onion, coarsely chopped

2 garlic cloves, coarsely chopped

2 tsp coriander seeds

1-2 tsp sugar

1 x 400g tin chickpeas, rinsed and drained

1 cauliflower, trimmed into small florets

1 x 400g tin chopped tomatoes

2-3 tsp harissa

A bunch of fresh coriander, roughly chopped

1 preserved lemon, finely chopped

Salt and black pepper

Heat the oil in the base of a tagine or in a heavy-based saucepan, add the onion and cook for 2-3 minutes to soften. Add the garlic, coriander seeds and sugar, then cook for a further 2-3 minutes, until the onion and garlic begin to colour, then toss in the chickpeas and cauliflower florets.

Add the chopped tomatoes, stir in the harissa and pour in just enough water to cover the cauliflower. Bring the liquid to the boil, reduce the heat, put on the lid, and cook the tagine gently for about 20 minutes, until the cauliflower has become tender.

Season the tagine well with salt and pepper, toss in half the coriander and half the preserved lemon, then cook for a further 5-10 minutes. Garnish with the remaining coriander and preserved lemon.

From 'Vegetarian Tagines and Couscous' by Ghillie Basan (Ryland, Peters and Small)

FOR SALE

Dining setting

Table (1.5m square x 78cm high, dark stained wood) plus 8 matching upholstered (blue/grey) chairs. All in excellent condition. Price negotiable. Call Diana on 0403 683 780

2008 Ford Falcon station wagon

White, reg til Dec. 303,000 mileage, regularly serviced, very roomy, runs beautifully. \$2,200 ONO 0416 039 895

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Two double bed inner spring mattresses very good condition, \$100 each. Call Brian 0408 661 533

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6 metre caravan with some damage. Needs a tilt truck for removal from Bega. Ring 0407 468 476

Please note:
We will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Melissa Lucashenko - a celebration

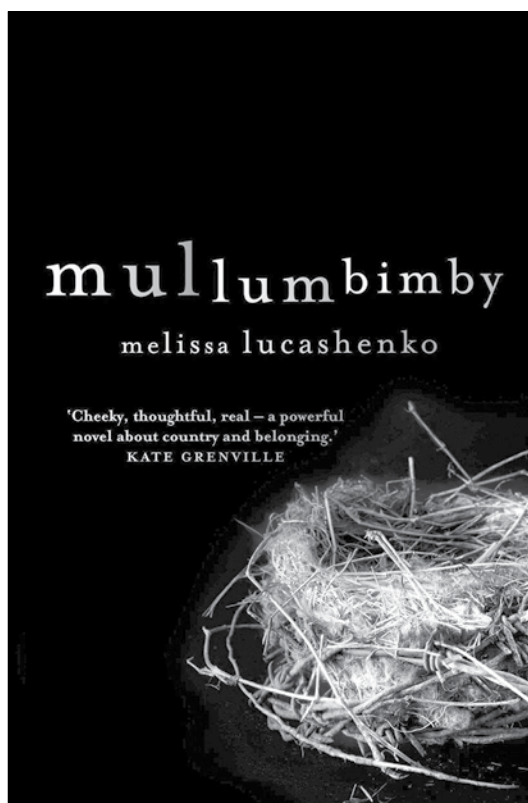
Something a bit different this month— not an individual book, but a tribute to the latest winner of the Miles Franklin Award: Melissa Lucashenko. The winning book was *Too Much Lip* (reviewed last year in *The Triangle* and now in the Bega Valley library.) It was my favourite book for 2018. I also loved her first novel, *Mullumbimby*, also reviewed earlier and in the library. She is one of many emerging Indigenous writers whose strength is her amazing ability to tell stories about families, about the importance of belonging and the critical

nature of place—obviously from her point of view as an Indigenous woman, but in such a way that anyone can recognise the complexities of family life.

By being acknowledged through the Miles Franklin, she takes her rightful place as a leading Australian writer. She also acts a role model and mentor to other Indigenous writers and has earned her place at the centre of literary debate at a national level. The popularity of her books acts as an inspiration for publishers to be confident in backing Indigenous writers—many of whom are now occupying places amongst the best sellers: Bruce Pascoe, Tony Birch, Claire Coleman, Anita Heiss to name a few. In her own words, Lucashenko writes:

If we can just hold the line, wrest back some control over the stories told about us, and replace them with our own, then we can exert power too. We can shape the idea of what it means to be Aboriginal. [We need] to pay attention to what's going on, to talk straight about our lives, and remember to celebrate our beauty, our humour, our power, and most of all our land.

As non-Indigenous people struggle to find ways of supporting justice for Indigenous people, we could start easily by reading and discussing the wonderful literature which is readily available to us in our local library. Better still, buy her books and those of other Indigenous writers for Christmas presents!



Pet of the Month

Deb Cox

One-year-old Khaleesi has been a constant companion to her carer on their rural property, helping out with all the farm jobs, watching things from the fence post. She especially loves to go for long walks but always keeps close by and comes all the way back home with her carer. Khaleesi is a great companion cat for the right person or family.

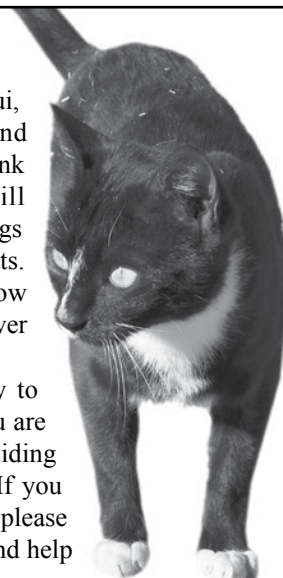
All animals available through AWLNSW are microchipped, de-sexed, vaccinated, wormed, flea and tick treated. Their adoption fee is subsidised in the hope that rescue pets will be people's first choice and that eventually we will be able to stop unwanted litters. Please note that potential dog owners will need to have secure dog-proof fencing and be suited to the needs of the animal.

You can view available animals on our Facebook page (Animal Welfare League Far South Coast Branch) but you will need to call the Branch on 0400 372 609 to enquire about any of the many cats, kittens,

dogs and pups available for adoption.

De-sexing vouchers are available at all vet clinics in our branch area—Bermagui, Cobargo, Bega, Merimbula, Pambula and Eden—for local residents who hold a Centrelink Pension Card. AWL Far South Coast will subsidise the de-sexing by \$125 for female dogs and cats and by \$100 for male dogs and cats. Simply make a booking with your vet, show your pension card and you only need to cover the balance of the de-sexing cost.

Carers Needed. Caring is a great way to be able to enjoy the company of a pet if you are between your travels or while you are deciding what type of pet you would like to adopt. If you would like to have a chat about being a carer please call our information line on 0400 372 609 and help save a life.



Khaleesi bonds very quickly and has been a constant companion to her carer.



ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm & Bermagui Monday 5pm
Both at Anglican Church Hall,
Ph Dave on 6493 5014

AL-ANON

Bega, Back Room 7th Day Adventist Church,
31 Upper St (opp showground/pool)
Tuesday 5-6 Thurs 1-2 Ph 6492 0314

ALICE BAILEY GROUP

Each Saturday from 12.00 to 3.00pm we gather to
learn the Ageless Wisdom teachings. All welcome.
Phone: Lorraine on 6493 3061

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd 4th Sundays 8.00am
Cobargo: Christ Church-1st, 2nd, 3rd Sundays 10.00am
Quaama: St Saviours- 4th Sunday 10.00 am.
5th Sunday - One service in parish at 10
am rotation. Contact Tim Narraway 6493 4416

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of
companion animals and responsible pet ownership.
Call 0400 372 609

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -
Tuesdays 2 to 4pm, Sundays 10am to 12noon.
Contact Heather on 6493 6310.
Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/
Quilting; Thurs: Leadlighting/mosaics Fri: Pottery,
mosaics. Visitors, new members welcome. 6493 4340

BERMAGUI CROQUET CLUB

Sunday Social Golf Croquet 9.45 until 12.00
Monday Association Croquet 1.30 until 4.00
Wednesday Golf Croquet 1.30 until 4.00
Thursday Association Croquet 1.30 until 4.00
Call Lynn Lawson 0411 432 533

BERMAGUI CWA

Meeting, first Friday of the Month at 1 pm.
CWA Rooms, 10 Corunna St, Bermagui.
Contact: Mrs Kathryn Preston, 6493 5887
kfpreston@bigpond.com

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10 am until 12 noon, venues
vary, phone Heather Sobey on 0418 406 068

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm CWA
rooms, Bermagui. Researchers & helpers welcome.
Ph Allan Douch 0428 427 873 or
Dave Cotton 6493 5014

BERMAGUI INDOOR BOWLS CLUB

Social games meets for Indoor Bowls at Bermagui
Country Club every Monday afternoon. Names to be
on list by 2:00pm, games start at 2.30pm.
No experience necessary. Bob Whackett: 6493 3136

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group
meets at the Union Church, West Street, at 9.45am
every Tuesday. All ladies welcome. Ph Maree Selby
6493 3057 or Lyn Gammage 6493 4960

BERMAGUI & DISTRICT LIONS CLUB

New members welcome. Meet 1st Thurs each month
at Cobargo Hotel & 3rd Thurs at Bermagui Country
Club at 6.30 for 7.00pm
Enquiries: Ray Clements on 0477 017 443.

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the
Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra
Cultural Centre, Akolele. All men welcome.
Contact Ian Bailey 0409 691 458 or
Phil Baldwin on 0421 114 882.

BERMAGUI PROBUS

Probus provides an opportunity to meet with fellow
retirees on a regular basis, listen to interesting guest
speakers and join in the company of new friends.
Meets on the second Monday of each month at the
Pavilion, Dickenson Oval. 10am-12. Contact Lorraine
Courtis email lcou6446@bigpond.net.au

BERMAGUI & DISTRICT SENIORS' SOCIAL CLUB

The 1st Wednesday of each month. General Meetings
held alternately at CWA rooms, Bermagui and
Bermagui Country Club, commencing 10.30 am. with
social luncheons to follow. New members are most
welcome. Enquiries contact President Hilda 0438864374

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers,
all welcome! CWA Hall, Corunna St, Bermagui.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS

(BUFF) community gardening and growing
activities - various times and sites. Contact Paul
on 0466 013 153 or visit www.facebook.com/
BermaguiUrbanFoodFarmers

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO CWA

Meeting 2nd Tuesday of the month at 10:30 am
CWA Cottage, 5 Cobargo-Bermagui Rd, Cobargo
Contact: Ms Sally Halupka 6493 7356
cwa.cobargo@gmail.com

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Thursday of the month at
the Cobargo Museum: researchers, old photos,
information and new members welcome. Contacts:
Vicky Hoyer 0422 377 278 / Bev Holland 0408 280 024

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5
year olds in a happy, creative & caring environment.
Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am.
All ages welcome. Bring along a piece of fruit
to share. A small donation would be greatly
appreciated. 6493 6660

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries

phone 0488 048 701, 6493 6948 or 6493 6435

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs. Meetings 6.30pm to 8pm in school
term Cobargo Showground dining hall. Contact
Graham Parr on 6493 6795

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA
Rooms. Contact Naomi Rolfe 0417 456 354

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed
Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com Cottage Hire 6493 6428

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack,
Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of children
0-6 welcome to join. Enquiries: 0428 667 924

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up,
1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West
St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays
at 11am; 4th Sausage sizzle at 7pm
& praise night at 6pm, Cobargo Bermagui Rd.
For information ring Robyn 64938324
Churches also at Narooma and Bodalla

OPEN SANCTUARY AT TILBA TILBA

Meets regularly on 2nd Saturday 4.30pm - 6pm,
and 4th Friday 10am to 2pm.
Plus, meditations, discussions, guest speakers
& special events.
website: opensanctuarytilba.org and facebook.
Inq: Linda Chapman 0422 273 021

TILBA CWA

Meeting 2nd Friday of the month at 10 am
Tilba small hall, Bate Street, Central Tilba
Contact: Ms Maureen Kleeman 0477 633 221
maureen.kleeman@gmail.com

CWA CAFE

2nd Saturday of the month 9 am to 12 pm.
Tilba small hall, Bate Street, Central Tilba

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it,
Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone 0490 130 478.

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed,
20 Bermagui Street, Quaama. All men are welcome.
For information contact John Preston (President) on
6493 5887 or Ron Higgins on 0408 788 528.

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage,
Bermagui Road, Cobargo, and welcomes anyone who
does patchwork, quilting, or any other needlework.
Lorraine James 6493 7175 or Mary Cooke 6493 7320.

SCHOOL OF ARTS PLAYERS INC (SOAPI)

Enquiries: Robyn Freedman 0410 525 968

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo
Folk Festival and hosts folk music concerts through-
out the year. Details at www.cobargofolkfestival.com.
For info ph. Secretary Carolyn Griffin 0400 391 324,
Treasurer Zena Armstrong 0402 067 615 or
email info@cobargofolkfestival.com

Community Notices are advertised in *The Triangle* for non-profit groups free of charge.
If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

OCTOBER	WHAT	WHERE	TIME
Tues 1	Sing - Laugh - Respect	Central Tilba School	10.30, 1, 2.30
Sat 5	9th Birthday celebration	Well Thumbed Books	10.30 am
	Ukulele Hootenanny	Wallaga Lake Holiday Park	1 and 6.30 pm
	Live music: Steve Benic	Tilba Valley Wines & Ales	12.30 pm
	Bush doco "Wild Plants"	1620 Wandella Rd, Wandella	5 pm
Sat 5/Sun 6	ReBoot Bermagui	All around Bermagui	All day
Sun 6	Bate Family exhibition	Tilba Big Hall	11 am - 4 pm
	South Coast Knife Show	Cobargo Hall	10 am - 4 pm
	CRAB Bermagui Great Duck Race	Bermagui River boat ramp	12.30 pm
	Fairhaven Combined Garage Sales	Fairhaven Point Way, Wallaga Lake	8 am - 2 pm
	Bermagui Marine Open Day	Fisherman's Wharf, Bermagui	11 am to 3 pm
	Car Boot Sale	Bermagui Country Club	8 am to 1 pm
	Live music: Robin Simpson	Tilba Valley Wines & Ales	12.30 pm
	Live music: Dust & Echoes	Cobargo Hotel	5 pm
Mon 7	Four Winds Singing for Your Soul	Windsong Pavilion, Barragga Bay, 6493 3366	
Fri 11	Belun Malu Choir: 12 Days and Nights in Timor Leste	Mumbulla School Hall, Bega	6.30 pm
	Live music and tapas on the deck	Tilba Valley Wines & Ales	5 pm
Sat 12	Heritage Day	Montreal Goldfield	from 9.30 am
	Benji and the Saltwater Sound System	Murrah Hall	7.30 pm
Sun 13	Live music: Fretz & Reedz	Tilba Valley Wines & Ales	12.30 pm
	Galba Forge blacksmithing demonstration	345 Yowrie Road, Wandella	1 - 5 pm
	Live music: Lillian McVeity	Cobargo Hotel	5 pm
Mon 14	Bermagui Community Forum Meeting	Bermagui Community Centre	5.30 am
	Full Moon Dance & Gathering	Quaama Hall	6 pm
Wed 16	U3A Registration Day	Bermagui Country Club	from 10 am
Fri 18	Live music and tapas on the deck	Tilba Valley Wines & Ales	5 pm
	Open Mic	Cobargo Hotel	8 pm
Sat 19	Live music: Wolf Stone	Tilba Valley Wines & Ales	12.30 pm
Sun 20	Live music TBA	Tilba Valley Wines & Ales	12.30 pm
	Community doco 'Freedom for the Wolf'	Old Butter Factory, Cobargo	3.30 pm
	Live music: Klaus Tietz	Cobargo Hotel	5 pm
Wed 22	Mike Merenda and Ruth Ungar, bluegrass	Cobargo Hall	7.30 pm
Fri 25	Live music and tapas on the deck	Tilba Valley Wines & Ales	5 pm
	Ecstatic freestyle dance	Quaama Hall	6.15 - 8 pm
Sat 26	Music Trivia Night	Tilba Big Hall	6.30 pm
Sun 27	Secondhand Sunday	Quaama Hall	10 am - 2 pm
	Live music: The Awesome	Tilba Valley Wines & Ales	12.30 pm
	Live music: Ricky Bloomfield	Cobargo Hotel	5 pm
REGULAR EVENTS			
Mondays	Iyengar yoga with Paula Casciola	Bermagui Community Hall	7 - 8.15 am
Tuesdays	Trivia	Cobargo Hotel	7.30 pm
	Weekly meditation	Kamalashila Centre, Tilba	10 - 11 am
Wednesdays	Appalachian Jam Session	Cobargo Hotel	7 pm
Thursdays	Mind Body Stillness Meditation	Phone Lenore 0412 793 174	10 - 11 am
Fridays	Community raffles	Cobargo Hotel	7 pm
ART			
Sat 5	Opening: 'Glass is his Canvas'	Lazy Lizard Gallery	10 am
	Opening: Porcelain & Monotypes	Narek Gallery	5 pm
Fri 11	Opening: 'Sakura'	Spiral Gallery	5 pm