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'More than outstanding ...' Bermagui springs into action for fire evacuees

It is usually in this edition that I write how perfect the weather is here on the Sapphire Coast at this time of year, with glorious clear autumn days. Then Sunday 18 March happened.

Never before has Bermagui seen such horrendous conditions. While windy conditions are no stranger to us, with the refreshing nor'easters we are used to, those hot, strong winds on that Sunday seemed like the demon winds from Hades!

'This is bushfire weather,' someone said. Then the inevitable happened: a major fire alert for the Tarraganda area. By late afternoon, with everyone on tenterhooks waiting for news, the chaos and crisis developing in Tathra became known.

Bermagui became the secondary evacuation point for people evacuating Tathra from the Mogareeka side. Bermi locals were somewhat caught by surprise, as suddenly Bunga Street became jammed with vehicles and people wandering around looking for the evacuation centre. But, as soon as the situation was known, Bermagui sprang into action. The Surf Club was quickly opened for evacuees and an army of local people soon became mobilised to help those who had escaped, many in just the clothes (some still in swimming bathers) they left Tathra in.

Social media became the main form of communication. As soon as a call went out for something, such as children's clothes, blankets, towels, toiletries etc, a carload of things would arrive. People were turning up offering accommodation to evacuees. Local businesses opened their premises and soon food and drinks were arriving for the tired, frightened and confused evacuees.

Over 300 people escaped to Bermagui on Sunday 18 March. Those people were welcomed with open arms by our community. People were offered beds for the night in homes, were given clean, dry clothing, were given food and drink, showers, but most of all, people were offered the love and kindness of our wonderful community.

What happened in Bermagui on the evening of Sunday 18 March can only be described as truly outstanding ... more than outstanding. I am so, so proud of this little community, its people who showed compassion, empathy, generosity, kindness and selflessness. It was a case of 'Think of anything you need ... and Bermagui said "here it is".'

This is a tribute and an enormous *THANK YOU* to everyone in Bermagui who assisted in some way that evening. I would love to list every business, every organisation, every individual, but the list would be almost endless. *You know who you are!* So here is just a collective 'Thank you' To our supermarket who kept a constant supply of food and drink coming into the Surf Club. To all the cafés and restaurants who brought food, not only on the evening, but offered food the next day as well. To the accommodation services who offered rooms to people, to the residents who offered a bed for the night, to the people of Bermagui who brought in clothing and other goods, to the busy bees on Social Media sending constant requests for assistance, to the people who just spent time in the evacuation centre, comforting and talking to people. The list just goes on ... Bermagui may be just a small town, but it certainly has a big heart.

Carolyne Barnados (continued on page 12)

Issue No 173 April 2018



AKT 2017 prize winner Rose Thompson with her new microscope. For her sweet story go to page 8

Intense emotion, care and clarity break through with the devastating fires striking our wider community. Waves of shock, concern and alarm ripple through. Anxiety about loved ones, about all others, shatter through usual routines, focusing attention to the deepest heart. Thankfully all are safe. Yet the loss is immense.

Letters to the editors

From a survivor

When we felt the heat with extreme winds after a whole week of hot weather, we talked about fire weather in the morning. When we had a power failure, saw dark smoke at lunch time, we started instantly packing passports, water, camping gear, food, clothes ... There were internet fire alerts, the RFS webpage updated regularly. We heard and saw the fire engines everywhere. We had a man knocking on our door, asking if we are getting prepared to leave and one hour later a fire lady telling us to leave now. We received two SMSs before the reception dropped and a police woman telling us last chance to leave town now, before the road is going to be closed. Full praise for such a service. The ferocity of the fire storm clearly was not a normal bushfire. Not even the widest fire breaks could have saved Tathra. Immediate action against Climate Change is the only thing that can prevent other towns from experiencing such a devastating impact.

Blaming Climate Change for the Tathra fire storm is reasonable, as scientists have warned us for years about the warming of the oceans, the prolonged bush fire season and the weather extremes to expect. Blaming the Greens for not enough hazard reduction burn offs is 'politicising'. We had lots of hazard reduction burn offs around Tathra, whenever weather permitted and enough helpers were available, but 40°C heat in autumn, such extreme winds and the steep terrain were the problem. The wind direction and gullies determined which houses were most effected, not the preparedness for bush fires or closeness to native forests.

Eternal thanks for all the offers of help and accommodation and the well-organised evacuation centres in Bega and elsewhere, with so many smiling volunteers keeping us fed, informed and uplifted!

Dörte Planert, Tathra

The community response has been an outpouring of actions as people ask, 'What can I do, how can I help?' Donations of money, material goods and professional services, and fundraising activities and many helping hands are balanced with sensitivity to enable nurture and space to integrate what has happened.

After the Forest campaign

It's tricky interacting with governments.

I wrote to the DPI, then filled out the DPI questionnaire—the only way I could let them know what I think about logging. Big mistake!

I didn't tick any of the boxes but chose 'other' for my comment. I wrote: 'Sustainability for future generations means getting rid of the old-fashioned approach to forestry—the RFAs—and restricting it to acquiring farmlands where wood can be farmed.'

I thought I was being clear. Instead, they saw the word 'sustainability' and interpreted it their way, to mean I supported them continuing the practice of harvesting large trees (often old-growth) in the areas they condone attacking.

It may have been lack of funds to properly look at and understand the replies. It may have been deception that they think is cleverness, or their inability to realise they can offer current forestry workers the option of wood farming or the supported retraining of their choice so they can slot into other work in a few years' time. Whatever.

The governments, State and Federal, need to think further than the next year's budget figures and their upcoming election. They have been entrusted with planning for the future. It is NOT about putting a little money in taxpayers' pockets now to win votes, but about ensuring our children and grandchildren survive in this dry continent. Forests produce oxygen and bring clouds lower, increasing the chance of rain. They allow our native species to endure.

When our ancestors arrived 200 years ago they decided to get rid of the forests, as England and most of Europe have done. We can use more foresight. Australia needs the proposed Great Southern Forest, managed as intelligently as the area had been for And we are ever reminded of the fragility of our lives among the apparent solidity and comfort of assumed certainties. Yes, we know that life is unpredictable but the swiftness of such events crystallises the core of what is really important: our love, our care, our connections, generosity and practical wisdom.

more than 65,000 years.

Maggie Camfield, Bermagui

Bin it, but bin it right!

Offal waste bins are for offal waste. They are not free disposal space for domestic or commercial waste. So, please don't blame the fishos for the fish offal dumped beside the offal waste bins at Bermagui Boat Ramp.

As part of BVSC community services, bins are provided for anglers to use at the boat ramps. But how can anglers use them if they are filled with domestic rubbish? It was not a nice sight to see fish offal on the ground, however, it is not the fishos' fault if offal was bagged and left on the ground next to the bins for removal—they were doing the best they could as they have no alternative disposal area.

For many years, a skip bin was provided, but it had to be removed when it began to be regularly filled with heavy construction waste. It took a lot of negotiating to get the four bins that were provided and after the publicising of the waste left on the ground, BVSC delivered five extra red lid bins—let's hope that the disrespectful users will not dispose of even more domestic waste and that anglers and the rest of the Bermagui community will get to benefit from them.

How can we hope to gain support for a more environmentally friendly waste disposal service if some inconsiderate members of our own community cannot show respect and correctly use what is already provided?

Yours sincerely,

Betty De La Mare Secretary, Bermagui Big Game Anglers' Club

DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

Thumbs Up

То The Triangle's Carolyne Banados for the interesting story about 'Same Wave' kids. This



supports my favourite saying, 'Live and love life in beautiful Bermagui, nature's playground'. I have lived here for nearly 35 years and we surely have a wonderful community.

To Bermagui library for inviting the author Jeremy Scott to take us around the world on his bicycle, as he described the motivation for his book, 'The Journey to Mend a Broken Heart'. He inspired us with his determination while cycling through bitterly cold ice and snow, desert sand storms, to the top of huge mountains and escaping from gun-toting drug barons set on getting his passport.

To all the people who contribute to the Cobargo Food Swap. It's a great way for newcomers to meet locals. There's an amazing array of produce and a yummy morning tea.

To the kind soul at the Bermagui Seaside Fair who handed in my wallet. I heard my name come over the speakers. Many thanks-I had no idea I'd lost it!

To the Seaside Fair and all the anglers who worked together to make sure everyone had an enjoyable day.

Thumbs Down



To those event organisers who think bigger is always better. How about the people and wildlife who like the area the

way it is?

To the irresponsible people who fish on the shores of Wallaga Lake and leave behind fishing line, hooks, Tweed Bait bags, rotting fish, cigarette ends, beer bottles, underpants(!) and socks. My dog Milly, aged 14, nearly died as a result of line caught up in her gut and a hook embedded in her paw. The vet bill for 24 hours of sedation, fluids, x-rays, ultrasound, anaesthetic, stitches and antibiotics was \$3700.

To BVSC, a signatory to the 'Pick Up 3' Campaign yet the Environment Education Officer position has been left unfilled for several months. There is no 'Pick Up 3' action plan, promotion or signage. Why? Even the remote and cash-strapped Orkney Islands have promotional signage on their bins.



... at The Triangle ...

if you like dealing with numbers, have good basic competence in MS Excel, and are keen to fill a vital role in a fun, dynamic team.

You'll need:

- a spare 25 hours a month, give or take, most of them between the 23rd and the end of the month

- to attend a meeting on the second Monday of every month, and another on the 23rd. About 60-90 minutes each, always 5pm, always at Well Thumbed Books in Cobargo (of course, there may be times you just can't be there, we all have lives)

- a reliable internet connection. Call Bhagya on 6493 8369 if you want to know more.

New Service Times for the Anglican Parish of Cobargo, Bermagui and Quaama

STARTING SUNDAY 8 APRIL

Christ Church, Hoyer St, Cobargo: 10.00 am 1st Sunday - HC; 2nd - MP; 3rd - MP

All Saints, Wallaga St, Bermagui: 10.00 am 1st Sunday - MP; 2nd - HC; 3rd MP; 4th - 5.00 pm HC

St Saviours, Cobargo St, Quaama: 10.00 am 4th Sunday - HC

5th Sundays are rotated through the parish.

HC = Holy Communion, MP =Morning Prayer. Enquiries: Rev. Tim Narraway, 6493 4416

Advice for Seniors

Come to a seminar on planning ahead (including a basic introduction to wills, power of attorney, guardianship and advance care directives), elder abuse and cyber safety.

> 9.30 am - 12.30 pm Thursday 5 April Bermagui Library

Presented by Shoalcoast Community Legal Centre, in collaboration with the Bega Valley Shire Council, as part of seniors week 2018,

Who does the work

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Jen Severn (Acting President) Linda Sang (Secretary) Bhagya (Acting Treasurer) Carolyne Banados Rosemary Beaumont Nichola Hutteman Nerida Patterson Linda Sano

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Book advertising space with Nerida Patterson 6493 7222 (9am-6pm only)

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Deadlines

Advertising: 12pm, 19th of each month Editorial: 12pm, 22nd of each month Advertisers please note that an extra fee may be charged for initial ad layout. Letters to the editor

All communications should be forwarded to: Email: contributions@thetriangle.org.au Postal address: The Editors.

The Triangle

PO Box 293, Bermagui. NSW 2546 ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. The Triangle is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. The Triangle is published every month except January and has a circulation of 1800, boosted during holiday seasons so there's enough for visitors.

Cobargo Conversations

Dear sweet autumnal Cobargo, here we are, fretting for firewood one minute and wilting in the sun the next. March has been all sweaty brows and cold feet, a dance of off cardigan, on again cardigan. Daylight savings has just left us, sleeping in, or getting up too early or just generally confused, again, and we are on the big dipper headed for the darkest day at breakneck speed. The last of the summer vegetables lie exhausted and broken after their long labour, cringing at the thought of the first frost. Pumpkins bulge and swell and appear out of clumps of un-mown kikuyu like magic. Leaves are crisping, breathing out, and dreaming of letting go. Leaf blowers are thus at the ready, revving in anticipation of their absurdist task.

And of course that telltale sign ... the rats have moved back in. Following the rats, like a dragon of old, a brown snake, on a late summer binge.

Whispering fear chills that shiver through the un-mown backyards of the village. Lawnmowers are whirled into action in an attempt to run it out of town. On the plus side however the rat numbers do go down, it's just ecology I guess, the web of life, a brown snake just levels the playing field.

And then just when you thought the heat was over, slam, 35 degrees hits the valley and the whole place goes up. Sirens scream through town as fire trucks fly south to join the fray on Tathra beach. The sweet coastal town of Tathra is left blackened and shell shocked, its people camping out, sheltered to the north, west and south. You can feel the shock reverberate even here, way beyond the reach of the smoke. It's like everything just ... stopped ... for a moment, shuddered and breathed and looked around itself. Somehow such events are life-affirming, when people forget petty differences and come together. Reminding us of what's real, and what's not, and how



Volunteers painting murals for the Folk Festival

truly illusory our stability is, perched on the shifting crust of this hurtling globe as we are. It's a bit like the brown snake, more like the dragon. It's a reminder for us to be thankful and not take it all for granted. And that community does exist, when it is needed.

And so it's Easter. I trust you are all enjoying your holidays. I must admit the modern incarnation of Easter makes about as much sense to me as a steaming Christmas pudding on a 40 degree summer day. Whatever meaning it had, has certainly been transformed into yet another absurdist capitalist holiday in an upside-down country. Oh Easter ... based on a religious holiday, which is in turn based on a pagan one. Traditionally a celebration of spring, yes spring! So in case you're confused, it is autumn, we should be carving jacko-lanterns in our overgrown zucchinis, but we are instead gorging on chocolate eggs delivered by oversized rabbits that have developed a magical resistance to myxomatosis. Ridiculous! But it's fun, and the kids love the brightly wrapped treasures that continue to be found around the yard for months, and we all love any excuse for a holiday.

This year we waved off daylight savings and had a whopping blue moon on the same weekend, not to mention Passover! I mean take your pick and if cultural appropriation is not your thing, you still have the moon to howl at.

You may have noticed the sunny smile of the Cobargo Main Street is getting a bit gappier of late and it's bound to stay that way through the winter months. We have all grown used to the hulk of the RSL hall rotting away at the top of town, we may have even adjusted to having no supermarket, after having two just 20 years ago. But what of this next round of up-and-coming closures? The newsagent is on the way out, and Happy Go Lucky is to get even more so ... (keep an eye out for Georgia and her glorious garb, it's bound to be popping up). Three Wise Mums was gone before I could say Fletchers and then what happened to Fletchers? Was it just another funny Cobargo rumour?

Change is certainly in the air, the wind is blowing strong and high rents make it so hard to hang on. Just another sign of the times, and yet ... Cobargo has been here before and will be again. It's the ebb and flow and shrink and grow of life here on our little patch of road. Baited lines in the swirling water, nets at the ready, eking out a living-fishing the elusive tourist tide. So now more than ever as we swing into the wintery months, it's time to shop local and support our little town to climb this next wave. Who needs a supermarket when you have a main street like ours? Meat down there and veg here and over there and milk, sweets, and eggs everywhere. Bread's up there and gifts are everywhere else! You may even get fit in the process.



VINEYARD CONCERT SUN 8 APRIL

Fundraiser for the Tathra Bushfire Victims

Acclaimed Duo *Beautifully Mad* @ Rusty Fig vineyard - Coolagolite

Details: *rustyfigwines.com.au* or Gary 0418 720 908



Cobargo Conversations

The Cobargo Folk Festival -- From home to here

They travelled to the Cobargo Folk Festival from everywhere-the musos, groupies and vollies. Out of a random 20 people, we took the distance travelled by eight and it was an astounding 45,367 kilometres-to get to Cobargo to be with and entertain us folk.

Visual artist (now Cobargo resident) Martin Gash opened an exhibition of his paintings at the Lazy Lizard and, at the conclusion of his successful opening on 3 March, made a beeline for the festival. Martin says, 'I've travelled a lot and now realise that I've been on my way to Cobargo all my life. And this Festival is just the cherry on the cake.'

A huge, big, enormous thanks to the



organisers and vollies who put together an excellent, vibrant festival. Ya did good! Ros Hewitt

(Photos: Ben Marden)



Cobargo CWA scoops the prize pool in Group Land Cookery

So much to report about Cobargo CWA! Let's begin with our amazing success in the Group Land Cookery competition held in Bermagui last month. Cobargo topped the winners with no less than nine first places! They were: Sally Halupka with First for her Sultana Cake and for her Rainbow Cake, plus first in Orange Marmalade Fine Cut; Debbie Fisher First with her Monte Carlos and her Gluten Free Lamington Fingers; Joan O'Halloran's Coffee Cake gained a first, as did her Boiled Fruit Cake.

Cobargo also scored with the Junior entries with Stephany Salter achieving first with her Chocolate Hazelnut Friands in the Under 18 section and Faith Matthews. also of Cobargo, gaining first place for her Giant Anzac Chewy Biscuits in the 12 and Under Section.

To top it off, Debbie Fisher won the

Champion Exhibit with her Monte Carlospronounced 'perfect' by the judge! So next time you eat something cooked by Cobargo CWA remember this is the cooking of champions!

Congratulations must also go to Debbie Fisher for her superb organisation of this event - her first in her position as Group Cookery Officer. Well done, Debbie.

In the Handicrafts our own Patron, Joan O'Halloran, won first place with her baby blanket. All of these cakes, etc. will be entered in the State competition in Armidale in April.

We would also like to announce the OFFICIAL OPENING OF THE KITCHEN, by Councillor Tony Allen, on Saturday 14 April, at the cottage on the Bermagui-Cobargo Road at 10.30 am. We invite the community of Cobargo to enjoy sandwiches and scones, made in the new kitchen, of course, with a cup of tea or coffee. A warm welcome is extended to all to come along and enjoy!

On a couple of Saturdays, we had a stall at the Cobargo markets with the aim of collecting for the Tathra Disaster fund. Thank you to everyone who contributed to this essential fund. We are also catering for the BVSC Council for their meeting in Cobargo on 4 April. A busy time for everyone.

If you would like to join us in our efforts, please come to our meeting held on 10 April, 10 for 10.30 am, where you will be made very welcome with a cuppa and an award-winning slice of cake! Meetings are held at the Cottage on the Bermagui-Cobargo Road, next to the playground in Cobargo.

> Mary Williams Publicity Officer

Our firies on the frontline

An otherwise quiet month for the Brigade was dramatically interrupted with the outbreak of the devastating Tathra fires under extreme fire danger weather conditions only a few weeks ago.

Our Brigade was joined by neighbouring Bermagui and Quaama brigades in tasking around two dozen volunteer firefighters, and their vehicles, to assist on the frontline at the peak of the fires on the Sunday and Monday, and over the following days to undertake blacking out and mopping up operations.

This effort was bolstered by our three Group North officers and Retired Group North Officer, as well as several brigade members assisting at Bega Fire Control headquarters in operational support roles including radio communications, incident logging and other general duties. Having witnessed firsthand the devasting impact this event has had on Tathra and its community, the Brigade passes on its best wishes to everyone affected as the recovery and rebuilding processes now begin.

In other news, we are pleased to welcome our four new recruits currently undergoing their basic Bush Firefighter training and trust they will enjoy their involvement with the Brigade.

The Brigade invites interest from anyone considering joining the Brigade and experiencing the rewards of volunteering, and to assist to protect and serve our wonderful Cobargo community.

For more information please contact Secretary/Treasurer Lisa Ayliffe on 0429 936 476, or simply come to one of our fortnightly training nights at the Cobargo Fire Station – you will be most welcome.

Brigade training nights this month are Thursday 5 and 19 April, commencing at 7.00 pm at the Fire Station, Wandella Road, Cobargo.

Property owners are advised that from 1 April, Fire Permits are no longer required to conduct pile burns and other burning off activities on agricultural lands, however a reminder that no burns may be conducted without prior notice to Bega Fire Control on 6494 7400 during business hours, as well as to all neighbouring property owners, at least 24 hours before lighting up.

For assistance with information regarding permitted fire activities in the Cobargo area please contact Cobargo Brigade Captain Mark Ayliffe on 0427 936 476, or Bega Fire Control.

John Walters

Crazywise: Psychological crisis or positive transformative experience?

The next monthly community documentary screening in the Old Cobargo Butter Factory will be at 3.30pm on Sunday 15 April. Melinda and Ally will present the documentary *Crazywise*, a film by Phil Borges, and lead a discussion on the subject after the screening.

What can we learn from those who have turned their psychological crisis into a positive transformative experience? During a quarter century documenting indigenous cultures, human rights photographer and filmmaker Phil Borges often saw these cultures identify 'psychotic' symptoms as an indicator of shamanic potential. He was intrigued by how differently psychosis is defined and treated in the West.

Crazywise follows two young

Americans diagnosed with 'mental illness'. Adam, 27, suffers devastating side effects from medications before embracing meditation in hopes of recovery. Ekhaya, 32, survives childhood molestation and several suicide attempts, before spiritual training to become a traditional South African healer gives her suffering meaning and brings a deeper purpose to her life.

Trailer: https://vimeo.

com/ondemand/crazywise. Coffee and tea provided - bring your own mug. To cover the costs a \$5 donation is much



Adam suffered devastating side effects from medications before embracing meditation in hopes of recovery.

appreciated. Please come in big numbers to keep more documentary screenings possible! See you there,

Lena

The Cobargo School Car Boot Sale advertised last month for Saturday 7 April has been cancelled due to lack of interest.



Community fundraiser for Tathra

On Friday 13 April the Cobargo community will open the Cobargo School of Arts Hall to an evening of music, food and raffles to raise money for our neighbours in Tathra and to confirm the resilience of communities.

Doors will open at 6.00 pm, entry is \$5.00 per adult at the door. Bring a plate to share and enjoy an evening with neighbours and great music provided by our many local musicians. There will be raffles so bring some extra money to spend!

Also, if anyone has anything they can donate for the raffles, either drop it into Well Thumbed Books or contact Dave Rugendyke 6493 6936 or therugendykes@hotmail.com or Louise Brown 0416 039 895 or louise@wombelano.com.

For those who can't make it on the night, there are door donation boxes at the Post Office and at Well Thumbed.

Looking forward to seeing you all.

Louise Brown

Did someone say coffee?

Twig & Feather in Cobargo is turning three, and to celebrate, owner and candle maker Monique is launching a limitededition natural palm wax candle that – you guessed it – smells just like a fresh cup of coffee!

In true Twig & Feather style, and to thank everyone for their support and encouragement, Monique is celebrating this milestone on Friday 27 April from 10am to 6:30pm—and coffee is the catchword for the day.

Enjoy a free glass of freshly-made iced coffee (or iced tea if you prefer) and a 'Baking Buddies' biscuit while you enjoy the unique collection of homewares and gifts to suit everyone's style, from modern country and classic styles, to retro,

Aurelia Monfort, the Cobargo Village Artist for 2018, is an actor, writer, filmmaker and director. Aurelia has organised with a little group of people an evening at Well Thumbed Books in Cobargo around the French theatre play *Croisades (crossfire)*. Aurelia says, 'This very beautiful and relevant play considers the question of wars (war for religion, war for money, war for ideas) by following different characters in different places, at different periods, some of them young, some of them dead.

Aurelia says, 'Ismail, Bella, Krim and Yonathon are teenagers. They quarrel, have sex, smoke joints, love, hate, kill and die in Bierut, Hiroshima, Ireland, Iraq, Bosnia ...' Written by the French playwright Michel Azama and translated by the British playwright Nigel Gearin, *Croisades* is a 'heart stopping play about tumbling through the checkpoint of life and death warzones everywhere and at all times.'

'The idea of the evening is to read some parts of the text in French and in English, to screen the short movie I've done in Paris at the end of March 2016 (just after the bomb attacks in Brussels), and to contemporary and industrial.

Twig & Feather will also be launching the 'larder', a delicious selection of locally made 'Baking Buddies' jams, chutneys, sauces and biscuits, local olive oils, local honey, tea blends – and of course coffee! Twig & Feather will be stocking the aromatic coffee from Wild Rye in Pambula, so you can make your own delicious coffee at home.

As an extra treat, receive a free coffee-scented votive candle

for every purchase over \$20 on the day, and go into the running to win one of three prize packs worth over \$50.



Monique Lohse invites everyone to celebrate Twig & Feather's third birthday this month

For further information call 6493 6552 or check out www.twigandfeather.com.au.

Cobargo Village Artist 2018 events

open a discussion around the problem of identities and conflicts.'

We hope you can join Aurelia and friends at Well Thumbed Books on Friday 6 April at 7 pm for what should be a stimulating and thought-provoking evening. For further information contact aurelia.monfort@gmail.com or mob 0498 177 674.

For the past couple of months, a quiet adventure has been taking place in Cobargo and surrounds. The adventure has involved the unexpected, the commonplace and lots of inspiration, and now everyone is invited to come and enjoy some of the creations that have resulted from the adventure that is known as the Cobargo Village Artist Project.

We would like to thank everyone who has welcomed our Village Artist and supported the project. We have learnt that many people are afraid of the word theatre, but most people love a colourful painting. We know everyone has a story to tell but that we all tell our story in different ways. We know that everyone in Cobargo will find something that gives them joy or pleasure if they attend the celebration of the Cobargo Village Artist Project at 7 pm on Friday 20 April at the Cobargo School of Arts Hall.

From 6 pm there will be Frenchinspired food available from the hall kitchen. Cobargo—and anyone else who is curious—come and enjoy Cobargo's many 'identities'. There will be beautiful photos taken at the Cobargo Show, giant canvas murals painted at the Cobargo Folk Festival and the screening of a delightful short film made about how they were painted.

There will also be a theatre piece created and performed by our Village Artist, Aurelia Monfort, along with other intriguing things still to be created at the time of writing this. We hope it will be an evening to remember and inspiration for future Cobargo Village Artists.

If you would like to help with the evening's preparations (in particular we are looking for some musicians who could volunteer their talents for an hour) please email suzymc@ozemail.com.au or call 0487 813 490.

Suzy McKinnon



Come and Visit **The OK Shed** All Saints Anglican Church, Wallaga St, Bermagui Pre-loved treasures/clothes/bargains to be found **Opening hours: Thursdays 11am-4.00pm** School holidays – extended opening hours (Tea and coffee available) Contacts: Nancy 6493 3136 Kath: 6493 5887

Quintessentially Quaama

bhagya

You may notice that the Quaama pages this month are missing the regular contribution from Graeme Spicer, Communications Officer at Quaama RFS. I'd not heard a peep out of Graeme as I always do at Triangle deadline time. Well, it's not hard to understand why. He was still fighting the Tathra fire. He eventually rang between helicopters (he was assisting the water bombing effort) to apologise. What a gent! He'd been up all night. All our local firies will have been at the scene, doing what they train to do to keep our communities safe.

But sometimes, when a fire is coming fast on a hot wind in perfect conditions, there is nothing anyone can do. It makes you stop and think, doesn't it? If you feel that you're protected from bushfires by living in town, think again. If we're in the path of a raging firestorm with the wind at its back, just like Tathra, Quaama could burn no matter how hard or well our volunteers work on the day.

So, in Graeme's absence, he's happy for me to remind you to make a fire plan if you don't have one and review your plan if you do. Let's all of us take the threat of fire seriously by educating and preparing ourselves and our properties, looking out

The social golf club The Bandits who call the Bermagui Beach Hotel home have donated \$1500 to Nardy House. The donation was accepted by Nardy House CEO Denise Redmond and Betsy Hilton, the donor of the land on which the Nardy House facilities sit.

At a meeting of the Bandits, Denise

for our neighbours and supporting our local RFS.

On a more positive note, the community response has been amazing. So many volunteered their time, offered up spare rooms, prepared food and donated whatever was needed at the evacuation centres in Bega, they had to say STOP! We're inundated!

What a wonderful community we live in. It's heartwarming to see what kind of folks we are when the chips are down.

Now, continued from the photo on the front page... Last year in The Triangle, there was a competition on the page sponsored by an environmental company called AKT for creative work by primary school kids, with prizes of \$150 in three age divisions. Rose Thompson from Quaama Primary School won the Kindy/Year 1 division for her illustrated poem, 'Sparkling Bugs'. Reading about this in The Triangle, a local man who wishes to remain anonymous made a most heartwarming gesture. We'll let Melissa Gabelle, Rose's mum, tell the story

'I would like to say a huge thank you to the man who gave my daughter, Rose Thompson, a beautiful old microscope after her picture appeared in the February

Triangle for winning the Eco-Edge competition. Jen from The Triangle asked her what she would spend the money on and Rose replied, "I think I will save up for a microscope, so I can see blood cells."

'He brought the microscope to Quaama School and showed Rose and her classmates how to set it up. They tested it out in the classroom with some blood, donated by fellow student Ruby. He then gave the microscope to my daughter Rose.

'With the money she won from the competition Rose bought a box of 50 premade animal slides, there are things from a house fly's foot to intestines! She also bought a box of blank slides for her own investigations. How wonderful that this man saw an opportunity to encourage and foster an interest in nature and science in a young mind. Thank you again, we really appreciate your wonderful gift, and Rose loves her microscope.'

Thanks Melissa for sharing the story with us. And they say that STEM subjects (science, technology, engineering, maths) are in decline in our country! Rose has a bright future in science. What a lovely gesture from our anonymous gentleman. And hats off to AKT, for sponsoring a space for this human story to happen.

Bandits support Nardy House

outlined the present dilemmas associated with transitioning to NDIS (the National Disability Insurance Scheme) and the problems faced by Nardy House. The unique service provision model and the fact that Nardy House caters for people with profound physical disabilities aged 0-65 (therefore including children) has

complicated the

transition process.

Dr Mike Kelly,

Member for Eden

Nardy House to the attention of the government and NDIS and the result has been a funding breakthrough. Funding for accommodation for children remains with the State (FACS) and is still a funding issue but is being followed closely at that level.

Nardy House is raising money for Stage 3 of its project: a therapy room and hydrotherapy pool. Nardy House sends a big thank you to all supporters and a particular thanks to the Bandits.

Denise Redmond



www.thetriangle.org.au

Quintessentially Quaama

Galaxias and Gudgeons – not a fishing story

There's a bit of excitement down at Dry River this year, for a few reasons. But first, a brief history to put you in the picture.

Dry River Landcare came together in 1993 with a focus on protecting the riparian zones within the catchment; that's the creeks and gullies.

Just about all landholders along Dry River and Katchencarry Creek have undertaken projects aimed at supporting and enhancing

the natural processes on their farm, like managing stock movement around waterways and keeping good grass buffers or filters near creeks to retain sediment and nutrient on-farm.

Over 25 years, the results of this work can be seen at Dry River Landcare's urban project site at the river reserve at Quaama. With nutrient loads being retained in the paddock rather than flowing down in to the creeks the amount of aquatic life in the river is improving. Equally as important, as the vegetation connectivity improves along these riparian zones we see the improved movement of native animals between the Wadbilliga National Park in the west and the Biamanga National Park in the east.

We have had two working bees this year, mostly maintenance in terms of



Water dragons are returning to Dry River

weeding around existing plantings.

The excitement comes from seeing the fantastic success rate of our plants. In the area adjacent to the highway, drivers will notice the trees reaching above the weeds, and establishing riverbank stabilisation. This was the first area that we cleared and planted, and there have been three successive planting sessions there to increase grasses, shrubs and trees that can withstand flooding. We have also had to remove small amounts of honeysuckle trying to get a hold again.

Our other planting sites, further along the walking path, have been extended greatly by numbers of working bees, as well as the work of Jens Birchall, who has very generously done a great deal outside of our scheduled Sundays, as has Chris Post, Local Landcare Coordinator, Far South Coast Landcare Association.

Other exciting news about our project is that, with the efforts of farmers upstream along Katchencarry Creek and Dry River, we now have fish, water dragons and even eels returning to the waterways.

But don't rush to get out your fishing rods. The fish are tiny. They are most likely Galaxias or Flatheaded gudgeons, both of which grow to about five centimetres in

length. You'd need a lot for a meal.

Thanks to all the farmers upstream who have contributed to this important protection work, and thank you to all those who come to help make our project more fun.

Our group always welcomes new members. Come along and help us plant and reclaim our riverbank. For more information contact Chris Post: 0411 594 092.

Put these dates on your calendar, and give it a go: Sundays, 9.30–11.30 am, 6 May, 3 June, 1 July, 5 August.

Rose Chaffey, and Chris Post, Local Landcare Coordinator Far South Coast Landcare Association

Quaama School takes a stand for clean streets and no bullies!

On 2 March students from Quaama School went in search of rubbish in the Quaama community as part of Clean-Up Australia Day. Students from K-2 picked up rubbish within the school grounds whilst the older students covered a bit of ground from the park and down to the rest area on the highway. Students were disappointed that there was not a lot of rubbish to pick up and had to be convinced



Facebook.com/bermisbeachsidetakeaway

that this was a good thing!

Students were also involved in creating flags with their buddies as part of the National Day of Action Against Bullying. Senior students are paired

with younger students and participate in activities throughout the year. This welcomes our new Kinders into the Quaama School community and gives the older students leadership opportunities. 'Stand together against bullying' was the theme of the day.

Jody Macrae



Ruby and Years 2/3/4 look for rubbish on the street. They were disappointed not to find much!

As I sit down to write this, I am aware that people in the Tathra Tarragandah area, close to the Triangle area, have recently suffered from the fires. At this time our thoughts are with all those who have been affected and we are thankful that no lives have been lost. Many people and organisations in all the surrounding areas have been involved in providing support and this is a real measure of the strengths of our local communities.

Tilba and District Chamber of Commerce

Peter Lonergan, President of the Chamber, has good news – all the hard work that the Chamber has done to get new public toilet facilities at Central Tilba has paid off.

Peter has been working hard with Council to get funding for this project and recently heard that a grant application to the State Government has successfully, awarding the project \$100,000. This funding will be matched by Council. Council will undertake community consultation prior to the commencement of work. Well done Peter and the Chamber.

In other Chamber news, the final sealing of the new car parking area below the ABC Cheese Factory will happen in April/May and will be followed by an official opening.

There is also a upgrade planned for the uneven and sloping footpath in Bate Street along in front of Mockingbird Lane Antiques. And finally, there is more work planned on the new picnic tables in front of the Cheese Factory, with roofs over the tables.

Tilba RFS report

I write this just three days after the devastating fire in Tathra. It really brings it home to us all how vulnerable we can be to extraordinary events of nature.

As it transpired, the Tilba RFS truck and crew did not go to the Tathra event. Within an hour or two of finishing a callout to Akolele we received a further call to a fire at Bermagui. We were the only brigade available because all others were engaged at Tathra.

On Monday afternoon two of our members were able to supplement a composite crew from Narooma and elsewhere to go to Tathra until the early hours of Tuesday. Sunday 18 March 2018 on the far south coast is a day we would rather never see repeated.

Best wishes to all.

Harry Bate

Tilba's Wisdom Tree Community Library

Inspired by Lachlan Reilly, this little library is beneath the big forest redgum in the new carpark area at Central Tilba.

The idea is that if you want to read a book you can take it and leave a book of your own for someone else to take.

Many books have been donated and Lachlan reports that it was well used over summer. Further donations are always welcome or just drop in if you want a new read – you never know what you might find!

Tilba Market SCPA Stall

At the beginning of December last year, local Tilba area residents Annie, Linda, Philip and Stuart recommenced the Tilba Market SCPA Stall, which had been run successfully for quite a few years by Geoffrey Grigg.

Sapphire Coast Producers Association (SCPA)-South East Producers is a member based organisation which began in 1994. SCPA members share the belief that agriculture must be sustainable, and champion the local, small-scale agriculture scene through many activities which includes the Tilba Market SCPA Stall.

The Tilba SCPA Stall has focused on developing a fresh produce network very locally, tapping into what is available on a week by week basis.

There are now a number of regular local suppliers, which ensures that the market stall is well stocked. And there have been special treats from time to time – oyster mushrooms, fresh figs, luscious persimmons as well as staples like potatoes, eggs and salad mix.

So if you do have surplus produce and want to make some pocket money do drop into the market on a Saturday morning and talk to Annie, Linda, Philip or Stuart.

Tilba Nursery

Keith's new nursery at Tilba Tilba, behind Pam's Store, has been welcomed by many local gardeners. Keith wishes to thank everyone for their support since he reopened.

He has plenty of seedlings in stock for autumn and winter vegetable plantings and is also stocking a new range of bush tucker plants.

Tilba Real Milk and Cheese

In the last *Triangle*, it was reported that Tilba Real Milk and Cheese had considerable success at the Sydney Royal Easter Show, winning prizes for several of their products. Nic Dibden says that since the awards they are working hard to keep up with orders.

An aspect of the milk bottling process that will help to meet demand is their new state-of-the-art rotary milk-filling machine (below).

As well as the installation of the new machinery, significant work has been undertaken at the rear of the factory under a Eurobodalla Shire Council Development Application. This work includes retaining walls, loading area and effluent and storm water management.

As a result all loading and unloading work will occur at the rear of the factory as per Council requirements.



Nic Dibden of Tilba Real Milk and Cheese says the new rotary filler will make the factory operation more efficient.

The 'Healthy Hemp Hub' opens in Tilba

The region's first legal outlet for hemp foods has opened in Central Tilba and is offering hemp smoothies and treats, hulled hemp seeds, protein powder, oil and more. After almost 80 years



Eden Ramana, Tim Snell and Tenzin Butt will staff the Healthy Hemp Hub.

of prohibition, the Australian government lifted the ban on selling hemp seeds as a food last November. Most countries, including the USA, never banned the seed and have been enjoying the evolution of a wide range of hemp seed products in recent years. Now it's our turn ...

Hemp seeds have been described as a 'superfood' as they contain over 30% easily digestible 'edestin' protein; over 45% polyunsaturated fatty acids, like omega 3, omega 6, GLA and CLA; and are high in essential minerals and vitamins.

The Healthy Hemp Hub is opening behind Gulaga Gallery & Bookstore and will be headed up by Shanti and Sol's 'long lost' Tilba kids Tenzin Butt and Eden Ramana with their fiancés Emily King and Tim Snell - returned to live and work in the Triangle area after many years away. The top floor back room of the building at 7 Bate St will be returning to its traditional use as a food business. Built in 1897, it has housed, variously, a butcher shop, general store, three restaurants and, since the early 90s, the living room where Eden and Tenzin grew up. They're looking forward to welcoming you there!

Sol Ramana

Tiny Homes Tilba has arrived!

Local tradies Rick Cuthbert and Rick Coyle have put their heads and skills together and have embarked on a new project building tiny homes.

Rick Cuthbert has more than 40 years building experience in the Southern Highlands and Macarthur areas, building in excess of 500 homes under his builder's Gold Licence. Rick is also a qualified carpenter and joiner.

Rick Coyle is a highly skilled and experienced plumber who has travelled extensively across Australia, taking on the challenges of working in remote areas, thus gleaning vast knowledge in all areas of his trade.

Rick is qualified in areas of roofing and cladding, all plumbing and draining aspects including gas fitting, sewer and storm water drainage, grey water installation, composting waste systems as well as onsite waste disposal systems.

Both Ricks and their partners are committed to sustainable living, the reduction of the human footprint and to supporting local suppliers and manufacturers.



An outstanding feature in the Tiny Homes Tilba design is the attached deck and veranda roof, giving occupants additional living space for easy entertaining or just a perfect spot for the barby.

The Tiny Homes Tilba team are committed to providing tiny homes where quality is not compromised by size.

For any inquiries please call the team on 0414 499 458 or e-mail tinyhomestilba@hotmail.com.

Sally Pryor



Rick Cuthbert, Kerry Stroud, Jodee Coyle and Rick Coyle have now turned their skills to tiny homes.



monday and wednesday 7 - 8 am Ki yoga 6 - 7.30 pm yin yoga beginners monday 8.30 - 9.30 am Tilba little hall - bring your own mat \$17 class / 5 class pass \$75 10 class pass \$130 indian vegetarian cooking class sunday april 15

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(continued from front page)

In the days following, and as the full devastation in Tathra became known, we learnt of the loss of many houses (but luckily no lives), and the human stories of courage, determination, of loss and grief. Residents of Bermagui started talking to each other about what had happened and how tragic it all is. But, of course the huge elephant in the room that no one wanted to talk about was ... that could have been us!

Many newer residents in Bermagui chose to come here from highly urban environments. We came here for the sea and the forest. Our spotted gum forests are a big drawcard. But, with only city experience, are we naive and somewhat complacent about the real threat of bushfire? How many people have a real Fire Plan in place? How many of us have given thought to what would happen if the

The Bermagui Historical Society Museum has been moved to its new location, but not very far. The museum will now operate from the rooms that were previously tenanted by the CTC in the Bermagui Community Centre. Curator Marianne Hunter has been busy with Seaside Fair work during March, but will soon be back to the enormous task of downsizing and re-inventing the displays to get the Museum open to the public again very soon.

Meanwhile, Historical Society chairman Allan Douch and Secretary Wendy Douch kept the flag flying by decorating a float for the Seaside Fair Parade.

Also, news from Brian Byrne of the Bega and District Historical Machinery Club tells us that the historical restoration of the Bermagui saw mill 'Crossley' engine is progressing well.

Dave Cotton



hell fires that descended on Tathra did the same here? We are surrounded by forest!

Those cluster communities of Barragga Bay, Fairhaven, Beauty Point, Wallaga Lake, Akolele and the village are all potentially vulnerable and isolated, with no escape (except by the lake) should fire cut them off.

Time we start to think about What If? Maybe smaller cluster communities need to get organised to work out a collective fire strategy. Maybe residents in town should look at the things they need to do to protect their property. Maybe more able bodied men and women should join and train with our local RFS groups. Worth thinking about, because it is too late when fire is lapping at your doorstep.

The NSW Rural Fire Service has a great website with information on making a Bush Fire Survival Plan. Go to www.rfs.

Museum on the move

nsw.gov.au to check it out, or talk to your local emergency service workers.

Bermagui seniors' concert

The Bermagui branch of Senior Citizens NSW will be celebrating the start of Seniors Week 2018 by holding an afternoon of musical entertainment at the Bermagui Country Club on Sunday 8 April, from 1.00 pm till 4.00 pm.

Entertainers from interstate, out of town and nearby, including Shanna Provost, the LP's and Jesso and Steve, plus many more, will keep the auditorium rocking right through the afternoon. Afternoon tea will be provided and lucky door prizes awarded, all for a gold coin donation on entry. Don't miss this event! Everyone welcome.

Lori Hammerton



History on the move! Bermagui Museum float with Norm and Wendy Wilton and Wendy and Allan Douch, ready for the Seaside Fair Parade.







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Montreal Goldfield and Bermagui Public School launch children's book

The Lost Joey was launched on Friday at Bermagui Public School, the result of a project that involved the Montreal Goldfield and the Bermagui Public School Daarlawan Year 3/4 class of 2017.

After visits to the goldfield the students, under the guidance of their teacher, Mrs Pearson, wrote stories that reflected life on the goldfield in the 1880s. The project was funded by the Bega Valley Shire and Mumbulla Foundation.

The first story to be published is based on an original idea by Year 3 student, Zach Munckton, and developed by other class members. The illustrations are a collage of artwork from the all the children, directed by local graphic artist Caitlin Brown.

Books are on sale at Montreal Goldfield and the Bermagui Visitors' Centre.

The Runaway, a second book resulting from this project, will be launched soon.

Kerri Binstock



Mumbulla Foundation Chairman Gary Potts and Liz Seckold, BVSC Deputy Mayor, pictured at the book launch with Mrs Pearson, her Year 3/4 class and Montreal Goldfield volunteers.

Bermagui North Lagoon seasonal update

The Bermagui North Lagoon provides a unique entrance to our town. As a town wetland, however, it is subject to a nutrient-rich load from town run-off. This run-off, combined with warmer and drier conditions this past 12 months, has set conditions for the non-native Parrot's Feather to thrive, competing with native reeds.

The Trust has decided to trial hand weeding with a group of volunteers, with a Trust member who will be onsite. The relevant legal and insurance requirements will be organised. If you can spare some time on a Sunday or Monday, please express your interest to help by emailing secretary. bffrt@hotmail.com or by contacting Marianne Hunter (local volunteer) on 0419 173 607 or Ann France (Trust member) on 0437 568 077.

Photographic excellence!

The Annual Seaside Fair Photographic Exhibition and Art Show was another stunning success this year. Held in the Bermagui Surf Club, over 700 people viewed this year's selection of photographs, alongside the arts and crafts.

Winners of this year's awards were: Junior section Finnley McKechnie with his *Pelican Sunset*. Highly Commended Junior was Damon Boffa who had travelled all the way from Tantawangalo. Also commended was local entrant Billy Millar. People's Choice winner in the adult section was Michael Blyde from Beauty Point with his image *Tessellation – Eagle Hawks Nest*. Michael just pipped Krysia St Clair at the post, her highly commended and stunning gum tree image coming second in the voting.

Dave Cotton



Ann France

Dennis Olmstead and John Mills opening the photo exhibition, with Suzy McKinnon and Cobargo Artist-in-Residence Aurelia Montfort



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Bermagui and District CWA have a ball

March was a busy month for the Bermi ladies. A small group took part in the Seaside Fair Parade. Popular member Nieves Cridland looked fantastic in a neck-to-knee swimsuit and, together with the rest of the ladies, carried beach balls and sang, 'Oh, I do love to be beside the seaside', as they paraded down the main street on a picture-perfect day. The colourful group was popular with the crowd and had a ball!

The Far South Coast CWA Group Cookery and Handicraft Day was held on 13 March at the Bermagui Country Club. Bermagui was placed second overall in the group category of the handicraft competition with the work of three members being selected to represent the Group at the State Conference in Armidale later this month. Congratulations to Michelle Craig, Michelle Dedlefs and Cath Renwick for the high standard of their articles. Congratulations also to Gail Whelan who will be exhibiting her Rhubarb and Ginger Jam at Armidale after it received Bermagui's only first place in this year's cookery section.

The next meeting will be held on Friday 6 April at 1 pm in the CWA rooms, Corunna Street, Bermagui. All welcome.

Chris Richard-Preston Publicity Officer, Bermagui and District CWA



Bermagui CWA ladies 'having a ball' at the Seaside Fair

Community says no AGAIN to BWS Bermagui

At a public meeting in Bermagui called by the Independent Liquor & Gaming Authority (ILGA) on 21 March, the Bermagui community delivered a clear, unanimous view that it did not want a packaged liquor licence transferred from Tilba Tilba to BWS Bermagui. Bermagui already has three packaged liquor licences in the town.

The meeting was attended by approximately 200 local residents. There were 27 speakers against BWS Bermagui, ranging from local indigenous leaders, two packaged liquor outlets, small businesses, a young student, retirees, a local pre-school teacher, a retired local primary school headmaster and two BVSC councillors.

Three ILGA board members attended, together with three other support staff.

Woolworths was also represented at the meeting.

It was noted that ILGA had received 90 written submissions, with 89 opposed to the transfer of the packaged liquor licence. The BVSC also opposed the transfer of the licence.

Public meetings of this nature are not usually convened in these matters, but obviously the strong views of the community were recognised by the ILGA.

This current proposal to transfer a packaged liquor licence follows a previous rejection of an application for a new packaged liquor licence by BWS Bermagui in January 2016.

Many speakers made the point that nothing had changed in Bermagui in the previous two years to provide any justification for this transfer of licence.

Other key points made included the responsible sale of alcohol by existing licensees versus the one stop shop and easy availability of discount alcohol in a BWS outlet attached to a Woolworths supermarket, the lack of police presence in the town, and its low socio-economic profile.

The ILGA representatives will report back to their next full board meeting and will make a final decision in the next month or two.

It should be noted that there is no legal barrier to Woolworths continuing to make future applications for a packaged liquor licence in Bermagui.

Geoff Steel

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BUMS in Bermagui!

For the past few weeks, local musician Ange Clements has been teaching over 20 enthusiastic students how to play that wonderful—and much maligned instrument ... the ukulele.

The course was organised through Bermagui U3A and has been so successful that Ange will be forming a new group of ukulele enthusiasts to be called BUMS – Bermagui Ukulele Music Society.

The group will commence on Wednesday 11 April from 7.30 pm until 9.30 pm at the Bermagui Country Club. Along with Lori Hammerton and Meg Dodson, Ange is looking forward to the beginning of a great music- and fun-loving group where people can get together and enjoy learning to play. The cost will be \$4.00 per person per night to pay for the use of the room and to cover photocopying of music sheets. The group will be held in the downstairs auditorium of the club, in the 'tennis room'. For security purposes, the club requests that people enter through the main entrance of the club and proceed downstairs.

For more information you can phone Ange 0434 893 572, Lori 0459 027 308 or Meg 0427 925 684.

Lori Hammerton

U3A—scene seen beside the sea at the Seaside Fair



the upbeat group from U3A after the Seaside Fair parade

The fabulous team from U3A Bermagui & District Inc was certainly in fine form as they danced and drove down Lamont Street as part of the parade in the annual Bermagui Seaside Fair. This year the theme was—so very appropriately— 'Down by the Seaside'.

A creative team drawn from the U3A membership put their heads together in February and came up with some iconic seaside imagery ... beach huts, summery colours, ice cream cones, huge sunnies, shady hats and music to party by. Some cutting, gluing, painting, assembling, sticking, stapling and much camaraderie ensued. Put it all together and what do you get? A vibrant and joyous bunch of

people, celebrating life in 'The Triangle' and the terrific contribution made by U3A's presence in our local community.

The Beach Boys, Surfaris, Martha and the Muffins, and Katrina and the Waves ensured we really were *Walking On Sunshine* beside *Echo Beach*.

As the sign on the float suggested, 'Broaden your palate as well as your mind!' If you're not already a member, we'd love to have you join our inspirational community organisation (check out U3A's website: www.bermagui.u3anet.org.au). Who knows? You too could be truly involved in the fun of the (2019) fair.

Elizabeth Johnson



Can you 'Take 3'?

'Take 3 For The Sea' is the campaign that urges us all to pick up three pieces of rubbish and take them with us when we leave the beach, a lake, creek or park. This campaign has a Facebook page and website.

Plastic pollution is devastating our oceans and killing innocent wildlife. It can destroy our once pristine beaches and lakes and affect tourism. Dogs get fishing line caught in their gut. Dogs and children have to have surgery to remove fish hooks.

Scotland has recently banned plastic cotton buds, after campaigners lobbied and photographed the thousands washed up on beaches where penguins nest.

Towns across the UK are running the 'Last Straw' campaign, aimed at banning straws.

In Victoria, the Great Ocean Road towns promote the 'Take 3' campaign and are also focusing on collecting nurdles. These are beads of multi-coloured plastic, lining the shores of this popular tourist destination.

Any chance that Bermagui and its neighbours could become motivated to:

- pick up three pieces of rubbish wherever they see it?
- role-model this behaviour to others, particularly fishermen and their families who dump bait bags, fishing line, bottles and food wrappers along our foreshores?
- lobby for part of the funds from the \$4.2 billion sale of the



The 'Take 3 For The Sea' campaign urges us to pick up three pieces of rubbish from beaches and parks and dispose of them properly.

Snowy Mountain Scheme to develop a practical plan to implement 'Take 3 For The Sea' in the Bega Valley? Deborah Taylor

Bermagui celebrates International Women's Day

Did you notice that IWD had a high profile this year? ABC Classic FM played female composers and had female presenters all day. Libraries displayed the authors shortlisted for The Stella Prize. The stunning IWD poster of a young Aboriginal woman was also prominently displayed in a local library.

In Bermagui women gathered for a dinner at Curry Bunga, where we were hosted by Nandini, Martin and Ocean. We celebrated the achievements of women and the contributions they have made to the lives we now enjoy. The dishes served were superb, each with its own spicy highlights.

Thirteen businesses sponsored the lucky dip. These businesses highlighted the role philanthropy plays in supporting the community. Sincere thanks to Curry Bunga, River Rock Cafe, Tilba Nursery, Honorbread, Well Thumbed Books, Little Brittany Cakes, UrbanKulture, Jeremy Scott, Mitre 10, Bermagui Cellars, Four Winds, Rusty Fig Wines, Julie Baker from Lorraine Lea Linen and the Visitors Information Centre.

Women dug deep and donations were collected for Kerrie Flanders and Jaye Cartwright, who were recently featured on ABC TV. Kerrie, an Indigenous woman in her forties, has had a stroke resulting in loss of speech and balance. Kerrie and Jaye are to marry soon and hope to honeymoon here in Bermagui.

Deborah Taylor





02 6493 4682



Four Winds Youth Partnerships

There is a huge amount of music happening in Bermagui over the Easter Weekend as part of the Four Winds 2018 Easter Festival, including a free concert for the whole community on the Dickinson Oval at 7 pm on Good Friday evening. Artistic Director James Crabb promises that the concert will end with a large Festival jam when he will collaborate with other Festival musicians in a feel-good Brazilian popular folk music genre called Choro, bringing a joyous and uplifting end to the evening.

Four Winds and Sydney Youth Orchestras (SYO) have launched the South Coast Hub for young musicians on the Far South Coast of NSW. This new partnership is an exciting new hub for orchestral music. It is based in Bermagui and will see SYO visiting the region at least twice per year and working with young musicians from

> Tell 'em you found 'em in the Triangle!

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Sydney Youth Orchestras will be visiting the region at least twice per year and working with young musicians from this area.

this area.

'We are so excited to partner with the SYO in this initiative and welcome them to Nature's Concert Hall - an exquisite home of music, nature and shared creativity. Presenting opportunities like this for the young people in our region is a strong and real commitment by our organisation,' said Four Winds Artistic Director, James Crabb.

This partnership began with a workshop in Bega on 17 March when eight young string players from the region worked with Sergio Insuasti from The Sydney Youth Orchestra in a daylong workshop. The workshop was in preparation for a performance with SYO at Four Winds, the Sunday after the Easter Festival. SYO will be performing three works and will be joined for the Haydn *Horn Concerto no.* 2 by students from the region who will be part of the orchestra. For details of their performance please visit www.fourwinds.com.au.

The 2018 Easter Festival also features activities for young people. On Good Friday there is a great opportunity to explore 'Physicality, Percussion & Performance' with Sam Thomas – a highly skilled artist and performer with a background in music and circus. On Sunday, Holly Harrison will lead a workshop involving mobile technology, live musicians, film and mixing. The results will be published on the Four Winds website. Places are strictly limited so it is really essential to book a place.

For more information go to www. fourwinds.com.au or call 02 6493 3414.

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This year the Eco-Edge page will have a different flavour. The page's sponsor is calling it 'open page, open heart' which we're interpreting as meaning, 'express yourself and send it in!'. It might be a poem or short story, or a piece of creative prose,

(sponsored page) The Triangle's Eco Edge Page

or a profile of someone in our community. It might not even be writing! A drawing, painting or photo might be your mode of expression.

This is your page, no age limits, and each month we'll publish our favourite(s).

Send your stuff to contributions@ thetriangle.org.au. We're really looking forward to seeing what turns up.

This month we have a poem by Rachel Colombo of Wandella. It is written in Tanka form--a genre of classical Japanese poetry.

Wallaga Nights

night falls Gulaga³ gathers round her possum shawl I rug up while outside black ducks⁴ take flight

the moon rises her light shimmers on the lake I dream ... eons of discarded shells appear from vast middens

dangerous waves rip around Murunna Point a warning chant resounding through the rocky lips of Woman's Sacred Head⁵

ancient pathways drawing clans to corroborees for millennia their soft footprints serenading country

Rachel Colombo

Wallaga dreaming ... echoes from the past fade away as magpie matins begin the sun and I awake



Notes

1.

- Clinic later this month. See more in the Arts pages. Gulaga Mountain forms the central part of the Yuin people's creation story. Viewed from the southwest, Gulaga
- resembles a pregnant woman lying on the top of the mountain, pulling her possum skin coat about her.
 The black duck is the totem of the Yuin people at Wallaga Lake and is connected to Merrimans Island (Umbarra) which is in the shape of a black duck. In the legend of Umbarra a black duck warned King Merriman, an Aboriginal elder, of an impending attack from another clan. He escaped by swimming to the island where he turned into a black duck and flew away.
- 3. The Woman's Head rock formation is a large boulder resembling a woman's head with parted lips as if she is singing. It is found next to Camel Rock as part of Murunna Point. The Yuin people believe the 'woman' warns people to stay away from the water, which has a dangerous rip.



AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams. These technologies are at the forefront of the "war against waste" operating in some 40 countries ranging from Greenland to Patagonia. In conducting our business we take seriously and expend effort with issues of environmental protection, art, cultural advancement, intergenerational equality and social cohesion.

Love of childhood home inspires exhibition

Joel Tarling grew up in Bermagui and Barragga Bay. His family moved to Sydney in 1985 when he was ten years old. As an adult he has returned many times to visit family friends—'because it's one of the few places I've lived that feels like home.'

Joel still lives in Sydney. He's an artist and freelance graphic designer. He's also a stay-athome parent and draws 'while juggling parenting and everything else'. Since January he's been busy working on a new body of work inspired by his childhood home town. And now he's staging an exhibition in Bermagui. 'I drew all the artworks from memory,' he says, 'in an attempt to capture the feeling I get from Bermagui.'

Some of the new works depict 'The Murrah Hall', 'Walking the Dog with Clayton on Armand's Beach', 'Cuttagee Open', 'Building Stone Walls at Umbi Gumbi', 'Tea with Allan Broadhurst Talking about Everything', 'My sister running for help the night I fell off the verandah' and 'Gulaga'.

The exhibition will start on 21 April and continue until 21 May at the Gelati Clinic, Ground

Floor, Bermagui Fishermen's Wharf. It will feature 16 A3 digital prints, at \$15 each. The opening event will be at 3 pm - 4.30 pm



Murrah Hall by Joel Tarling, A3 Digital print

on Saturday 21 April. Says Joel, 'It's the most enjoyable show I have ever worked on. Please come along!'

Beautifully Mad to play again at Rusty Fig Wines



Nina Fox and Tony King will play again at Rusty Fig this month

Following a highly successful concert last year, talented musicians Nina and Tony from Beautifully Mad will again perform at the beautiful Rusty Fig vineyard at Coolagolite at 12 pm on Sunday 8 April.

Music lovers will have a chance to hear these consummate musicians performing many of their own compositions while they enjoy popular Rusty Fig wines, spectacular views over the vineyard towards Gulaga and relaxing in the afternoon sun.

More details available at www.rustyfigwines.com.au

Visit www.beautifullymad.com for online bookings at \$40 a ticket (or \$45 at the gate) including Rusty Fig wines throughout the afternoon, or call Gary on 0418 720 908.



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Cost: \$7.50 pp, \$5.00 children, \$25 family More info: 6493 3054 Entry is by guided tour only

19Twenty set to sell out for the third time at the Murrah Hall!

Bandleader Kane Dennelly says, 'It is becoming a bit of a tradition—autumn at the Murrah Hall and while festivals both here and overseas are whacked-out fun, we love doing our own, independent shows just as much. Country hall gigs, especially the Murrah, are becoming our favourite!'

These national and international festival players just love the Hall's immediacy and the dance-driven reception they get here.

19Twenty are Kane Dennelly (vox and guitars), Syd Green (award winning producer and percussionist – drums, dobro), and John Gwilliam (double bass and backing vocals).

Saturday 14 April. Tickets: \$20 online: southcoasttickets.com.au or \$25 at the door (kids free). Murrah curries from 6.30 pm. Music from 7.30 pm. More info: facebook.com/19twenty.

Then ... the Dirty Ragtimers!

This is Australian Heather Stewart's new Paris project with Montmartre local Lucas Montagnier. The Dirty Ragtimers play classic American music from the early 20th century. Bringing together the best finger-picking blues, hot swing and jazz, ragtime, country and gospel, they present their fresh take on the definitive roots of all modern music that has been thrilling audiences for 100 years.

After relocating to Paris in April 2016, Australian jazz and blues musician Heather Stewart formed collaborations and performed with musicians from around the world and with the new European Leigh Barker Band at legendary Paris venues such as Le Caveau de la Huchette (featured in 'La La Land'). Heather met and jammed with fingerpicking guitarist and bluesman Lucas Montagnier in a tiny Belleville bar, then the pair rehearsed for 12 months. building a formidable new repertoire. On their first busking session on a street corner in Montmartre, the owner of famous Montmartre bar 'Chez Camille' offered them a weekly residency and The Dirty Ragtimers were



Heather Stewart and Lucas Montagnie

born.



2pm, Sunday 8 April Four Winds Sound Shell, Barragga Bay, NSW The Sydney Youth Orchestra Alexander Briger AO, Conductor



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Previously playing the south coast for more than ten years and frequently holidaying here, Heather finally has a reason to visit the Murrah—what she's heard about the venue and its audiences. It'll be a great meeting for all.

'Heather Stewart's ability to stretch phrases subtly over the bar line gives her vocals a seductive, slightly world-weary quality, and her fiddle playing contains echoes of old-time country and folk styles.' Jessica Nicholas, The Age

Saturday 21 April. Gate entry \$20 & \$15 concession. Kids free. Murrah Curries from 6.30 pm. Music from 7.00 pm.

For more tour information and bookings: www.heatherstewart.com.au

To listen and look: search Facebook for 'thedirtyragtimers' or Youtube: heatherstewartmusic.



Drinking Sunshine, an exhibition by Nicole Grimm-Hewitt

This exhibition is inspired by our local environment, its beauty, its wildlife and everything that naturally brings joy to the heart. For some, these are fleeting moments. Others, like Nicole, have chosen to be fully immersed in them.

Nicole Grimm-Hewitt takes us emotionally into this joyous space, through her whimsical beach scenes, her stunning views of local swimming destinations, her engaging bird life or her sensitive representations of our most beautiful sea creatures.

'The pieces I created for this show are inspired by the natural beauty of life on the coast and are a product of my recent sea-change to Bermagui. *Drinking Sunshine* is about absorbing happiness by taking warmth and light into your everyday outlook. Happiness is contagious,' Nicole explains.

Drinking Sunshine will run until



Nicole Grimm-Hewitt in her studio

Sunday 22 April at Camp & Co, Lamont Street, Bermagui. For enquiries please contact Yolanda del Valle-Buetefuer on 0415 117 472 or info@campandco.com.au.

Winter's approaching ... knit a beanie!

There's much beanie fun coming up in April and May.

The short of it is you can join in and create just one or *up to ten beanies* that can be part of a River of Art beanie exhibition and then be sent out to be part of the 2018 Alice Springs Beanie Festival.

There'll be a Two-Day Beanie Circle, 9.30 am – 12.30 pm, Saturday 28 and Sunday 29 April, at Narooma School of Arts Studios (The Red Cottage). Come along and make your very own unique beanie, to keep your own head warm, give to a friend OR to enter in the world-famous annual Alice Springs Beanie Festival!

All South Coast Beanies made to send out to the 2018 Alice Springs Beanie Festival in June will be exhibited first in the 'Threads Together | South Coast Beanies Represented Exhibition' as part of the River of Art Festival at the Narooma School of Arts Cottage Studios from 17 – 19 May 2018 before being sent to the Beanie Festival in June for their onwards journey.

If you are a beginner ... please come along and learn to crochet or hand-weave your own beanie. Materials and lessons will be provided for \$30. Turn up at 10 am on either day. If you are an old-hand ... in crochet, knitting, felting, weaving, then please come along to join in the circle with the beanie project(s) you are working on. \$5 for one or both days.

For more details on sending beanies out to Alice Springs go to www.beaniefest. org and click on Get Involved. Otherwise, just come along to the Beanie Circle. I will have all the forms, barcodes and details there for you. Call me on 0400 442 945 or email marg hansen79@hotmail.com.

There will be a Beanie Exhibition and Workshops on 17 - 20 May as part of the River of Art Festival at Narooma School of Arts Cottage Studios. More information next month.

Marg Hansen





Cobargo Creators' exhibition and workshop programs for 2018 open with nature-inspired offerings

"Out and about in Bega Valley" is Brogo artist Liz Waller's latest collection of water-based paintings, the result of plein air sketches of some of the many picturesque locations in the Bega Valley. For Liz, placing a figure or human element in the landscape is an integral part of the emotive story-telling. The paintings on exhibit were worked in the studio using her sketches, photos and memory. Opening on 31 March, the exhibition continues through Easter and the April school holidays in Black Wattle Gallery, showcase space for beautiful things in The Cobargo Creators



Brogo artist Liz Waller and assistant



Dream Fishing by Liz Waller

Centre, closing on Saturday 28 April.

A Drawing and Painting from Nature workshop led by tutor Lesley Wallington will be held on Saturday 14 and Sunday 15 April. Saturday's class focuses on beachcombing with instruction on basic watercolour techniques such as working into wet, transparent layering and the use of wax crayon resist for effect. On Sunday the focus will be on crested terns and understanding their nature and form and how to draw and paint them. Suitable for students of all levels, beginners to experienced, students can attend one or both days. For bookings please contact Glennda, 0408 411 956 or artsincobargo@gmail.com.

Veronica Abbott





5/3 Wapengo Street Bermagui www.narekgalleries.com Open: Wednesday to Saturday 10-1 + 2-5 t: 0487 679 422

Alluvium

Murrah Magic at Ivy Hill Gallery 29 March to 29 April, 1795 Tathra to Bermagui Road, Wapengo.

To celebrate the 15th anniversary of Ivy Hill Gallery, we're holding a blockbuster exhibition of painting and sculpture by seven leading contemporary artists: Senden Blackwood, Philip Cox, Jon and Tanya Crothers, Michael Johnson, his son Matthew, and Garry Shead. All have spent time on the Cox family property, Thubbul.

The name *Alluvium* refers to the particles of sand and shell which congregate at the Murrah river mouth, much like the artists who gather each summer.

Come to opening drinks with the artists on Thursday 29 March from 6 pm.

Due to the recent catastrophic events in our community, a percentage of sales will be donated to the Bega Council Mayor's Fund for the Tathra Bushfire.

You will find Ivy Hill Gallery on the coast road between Bermagui and Tathra. Gallery hours are Thursday to Sunday from 10 am to 5 pm.

Catalogues at www.ivyhill.com.au.



Garry Shead's Naiad

Lazy Lizard Gallery gets 'UPCYCLED'!

We have something really special and different in the Side Room this month, where local artist, Gabrielle Powell, will be exhibiting her latest upcycled works.

This exhibition showcases Gabrielle's unique talents, exploring the ancient craft of basketry, but incorporating industrial waste. Gabrielle has taken rejected and wasted materials, carelessly dumped by our excessive consumer society, and transformed them into objects that are not only practical, but are also beautiful.

The technique of weaving has been passed along generations, rediscovered, and expanded upon throughout the years. Basket-making is one of the oldest known crafts.

Gabrielle, formally trained in ceramics at Canberra School of Art in 1985, has been

making baskets since 2005. Gabrielle's works are quirky, colourful and sturdy.

This is an exhibition not to be missed! It runs for the whole of April, and you will be able to meet the artist at the morning tea opening on Saturday 7 April, between 10 am and 12 noon

Naomi Lewis



Gabrielle's basket from upcycled materials

Annie Franklin, Being Here at Narek Gallery

It is thrilling to present another solo exhibition by Annie Franklin in the new Narek Gallery exhibiting space in Bermagui. Living and working at Lake Wapengo for the past couple of decades, Annie's creativity is stirred by her surrounding natural world. Her paintings glow like illuminations and emanate a warmth of deep feeling for the flora and fauna, insects and reptiles and all living organisms of the natural world.

There is a precious intricacy in execution and the miniaturist manner reminds one of naïf art. Because of Annie's disregard for scale and her use of intense colours there is also a note of strangeness in the works.

'My paintings are a celebration of a moment in time, a moment of no particular consequence and yet rich with the beauty and intricacies of a daily rhythm that is punctuated by the changes in nature. Such moments so easily pass by unnoticed in this complex life of ours,' says Annie.

Being Here continues to 5 May. Narek Gallery is open Wednesday to Saturday 10 am-1 pm and 2-5 pm at 5/3 Wapengo Street, Bermagui.



Early Morning, Long Swamp Annie Franklin

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General News

Laptops to the top of the world!

Former Triangle resident Jayavinda is involved in a worthy project to provide refurbished laptops to poor schools in Nepal.

Over the last two years, fifty laptops and computers have been installed in three different schools. They are being used by

nine hundred students, after the training of thirty two teachers. Many nuns and monks are also using them at two of the schools.

Jayavinda is currently collecting and refurbishing more laptops to supply to five more schools who have requested his assistance.

If you have an old laptop you would like to donate to this project please drop it off at Gulaga Gallery in Central Tilba or call Sol at 0427 737 233.



Jayavinda has installed 50 computers in Nepalese schools over the last two years.

Let's question chronic pain

One in five Australians are suffering chronic pain. Equally surprising is that it was only in 1999 that the first pain specialists in Australia obtained qualifications.

These days pain, though it has always been with us and is the source of our biggest fear, is getting the thoughtful attention it deserves. Plus, technology now allows us to view what happens on the inside when pain is being experienced.

For low to moderate chronic pain sufferers there is a FREE course in Bermagui, beginning in May. The program is developed by Prof. Michael Nicholas PhD who has worked in the field of pain since 1980. He established (1994) the ADAPT program at the Royal North Shore Hospital, and this program is based on his and his team's work.

Here are some encouraging words offered by Prof. Michael J Cousins (Director of Pain Management & Research Centre, Royal North Shore Hospital) on this program.

"Quite unequivocally one of the biggest improvements in well-being has resulted from employing these methods"

This program, explaining those methods, is about what we can do when low to moderate pain is afoot. It is about acquiring knowledge and an understanding of our pain and building skills to manage it.

Unfortunately, this program is not available to Workcover recipients, those with high opioid use and those suffering cancer pain. For others, a referral from your GP is required.

There will be a talk on pain and the program at the Surf Club, Bermagui, Wednesday 18 April at 10 - 11.30 am. Everyone welcome.

For more information check with your GP or email 3resolvepain@gmail.com

Josephine Richardson, Specialist RN & Health Educator

Anzac Day events, 25 April

Bermagui: Dawn Service 6.00 am at the War Memorial followed by Gunfire Breakfast at the Club. The March will be in Lamont Street at 11.00 am followed by a service at the War Memorial.

Quaama: A shortened service will be held at the Memorial in Quaama at 9.30 am.

Cobargo: March starts at 10.30 am outside the Cobargo School of Arts in Bermagui Road. Led by the Seventh Light Horse Bemboka Troop, Cobargo Scout Group, and Cobargo and Quaama schools. Marchers are asked to wear full-sized medals as they may be entitled. People wearing a relative's medals should wear them on the right breast. Serving Defence Force personnel may march in uniform, as appropriate. The Service of Commemoration will commence as soon as the march reaches the Memorial on the corner of Princes Highway and Tarlinton Street.

Wandella: Service at the Wandella Hall at 2 pm. Light refreshments will be available following the march and service. Please bring a plate of food to share.



Gardening Gabble

Autumn—a time of change

With autumn well and truly with us there are plenty of things to do with new plantings of trees, shrubs, perennials, and vegetable and flower seedlings.

Autumn is the most desirable season for planting as the day temperatures are lower therefore lower transpiration rates but the soil is still warm enough to allow the roots to establish before the winter sets in. The plant will then rest through winter and when the

first warm days of spring arrive the plant has already settled in and new growth will commence immediately.

Being a perfect time to plant, you might consider adding some interesting new plants to your garden.

In the shrub department you cannot go past the *Camellia sasanqua* range. These beautiful autumn flowering plants come in several forms from tall shrubs to groundcovers. Their colours are usually soft pink and whites with some lovely crimson and red forms thrown in for good measure.

They have both single and double forms and the groundcovers 'Marge Miller' and 'Snow' can be planted either as a groundcover or do very well in a pot. Use a premium potting mix if potting and fertilise regularly with a liquid or slow release Camellia/Azalea fertiliser.

The taller varieties make an ideal screen planting or hedge and there are many new varieties especially developed for these purposes. They are generally pest and disease free apart form an occasional



infestation of aphid, which is easily controlled with a systemic insecticide or one of the many organic controls that are making their way into nurseries.

Another great addition to the garden for autumn flowering is the beautiful Japanese Windflower (*Anemone hupehensis*). This lovely perennial prefers a site that receives some protection from hot summer sun as any dry stress during summer will reduce the development of flowers. They come in colours of white, pink and dark pink and in single and double forms.

Autumn also brings with it the commencement of plantings for the winter vegetable garden and also the autumn through to spring flower garden.

The vegetables to plant now will be all the brassicas, peas, carrots, parsnips and turnips along with leafy greens like winter lettuce, spinach and so on. The list is endless.

In the flower garden, varieties including pansy, viola, primula, stocks, poppies and wallflowers can also be planted. Prepare the soils for both vegetable and flower seedlings with some animal manure well forked through and water in with a combination fish and seaweed fertiliser. This will get them started well as natural plant hormones in the fertiliser will reduce transplant shock.

Remember, as I mention in most articles, to mulch all your plantings with a good mulch like sugar cane or lucerne mulch.

This will keep the plants moist and the weed competition down.

And dead-heading perennials and roses will encourage them to have one last flower before winter.

Do an autumn feed of lawns with a complete lawn food to give them a boost and to tide them over for winter.

The things to do in the autumn months are endless so get out there and make a difference!

Happy gardening.



When It's Your Day

Maggie McKinney Givil Gelebrant

0416 039 539





Soft Footprint Recipes

Diana Holmes of Quaama has had a long history in the hospitality industry in England and Australia, running restaurants and cafés.

She still loves to cook for the CWA and Quaama Quiisine and these two recipes are favourites of hers—and crowdpleasers!

They are very easy and her family loved making them with her, with great success.

She hopes you will enjoy making these simple recipes for yourself and your family and friends.

Corn, cheese and bacon muffins

- 2 rashers bacon, rind removed
 - 2 cups plain flour
 - 5 tsp baking powder
 - 310g can creamed corn
 - 2 eggs
 - 1 cup milk
 - 2 cups grated tasty cheese

Chop bacon into small pieces.

Sift flour and baking powder into a bowl. Make a well in the centre.

Diana Holmes

In a different bowl, mix corn, eggs, bacon and milk together.

Pour corn mixture into dry ingredients and add half the cheese. Mix quickly until just combined.

Three-quarters fill greased muffin tins with the mixture. Sprinkle with remaining cheese.

Bake at 190C for 20 minutes or until muffins spring back when pressed lightly. Makes 12.

Donna Latters Chocolate Cake

- 125g butter
- 1³/₄ cup SR flour
- $1\frac{1}{4}$ cup caster sugar
- ¹/₄ tsp bicarb soda
- 2 eggs
- 1 cup milk
- 1 tbsp cocoa

Place all ingredients in bowl and beat well until the mix changes colour and all ingredients are combined.



and lined 20cm tin.



Cook in a moderate oven about one hour, until cooked (if when pressed lightly in the middle the sides come away from the tin, the cake is ready).





COBARGO PRESCHOOL

Preschool Monday - Thursday 9am - 3pm

Preschool Education with qualified, creative staff working as a team providing a stimulating, happy environment based on respect, care and enthusiasm for learning.

Thursday Playgroup 9-10.30 P: 6493 6660 office@cobargopreschool.com.au



Come to life at the Vineyard!

Open Daily 10.00am- 5pm for wine tasting, cellar door sales, snacks and lunches.

April events:

Sunday live music: 1st and 15th from 12.30 pm Social Bridge: Wednesday 4th from 2pm

> Signposted off the Princes Highway, 4 km north of Central Tilba. Tel: 4473 7308 Web: tilba.com.au/item/tilba-valley-wines/



Classifieds

FREE

LOUNGE - 2 Seater & 2 chairs. Solid Pine frame. Separate cushions Tilba Area Ph : 44737503

Community car needs a home

It's time to clear out the old and bring in the new. We need to get rid of the old community car, a Mitsubishi Lancer, from the garage at Well Thumbed Books to make way for the 'new' community car. Surely there is someone out there that needs a paddock basher, spare parts or a runabout for the kids to use to get them to the end of the drive to catch the bus to school. If not taken by the beginning of the school holidays it's going to the tip. Such a waste of an old banger! Call 0416 039 895 or call into Well Thumbed Books, Cobargo.

HELP WANTED

Looking for one or two persons to do casual tourism cleaning work near Bermagui. As normal in this area, most work is from Spring-Autumn, and you must have good availability at peak times over Christmas and Easter. Peaceful environment and good conditions. Please email bermicleaningjob@gmail. com or Ph: 0447 118 923

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story.** Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

6. Deadline is **22nd of the month**. Any questions at all, please email us

contributions@thetriangle.org.au

Book Review

Richard Fidler and Kari Gislason

Saga Land: The island of stories at the edge of the world \$39.99

I chose this book for the *Triangle* review because I presume many readers are fans of Richard Fidler's interviews on ABC radio. I also recently read his book, *Ghost Empire*, relating the trip to Turkey he took with his son, and loved it. I was also interested in the book because I know virtually nothing about Iceland.

The structure of *Saga Land* is interesting: the two authors write alternate chapters, interspersed with the retelling of traditional sagas—the comings and goings of Nordic gods, heroes and villains, 'dangerous women' and long-standing blood feuds. Gislason was born in Iceland, so his take on the journey throughout the country brings a different perspective to that of Fidler. Together they succeed in

Pet of the Month

Our thoughts go out to the people and animals in Tathra and a huge thanks to all the wonderful people in our community. A timely reminder that we need to be prepared in an Emergency.

Always plan in advance where you and your pets could go if you have to evacuate. Have carry boxes, leads and an emergency supply kit readily accessible (it should contain a few days' supply of food and water, can opener, bowls, cat litter and

litter tray, medications and blankets). Make sure your pets wear their collar and tags at all times and have them microchipped. Provide a secondary contact number on the ID tag or microchip record. Also make sure that you have current photos of your pets in case they do get lost.

Indy, the Great Dane X Bull Mastiff X Bull Arab, gave birth to 12 healthy puppies in February. The father was a Bull Arab X so they will be large mixed breed dogs when mature. There are nine left available for rehoming and there are a range of colours, six males and three females. These puppies will require very responsible owners who will provide plenty of nourishment for their growth, plenty of time for their training



Indie had twelve pups and nine are still available.

Heather O'Connor



painting a fascinating picture of this unique country as they travel to places where the sagas unfolded thousands of years ago.

This is one of those books you probably need to dip in and out of—there is, if anything, too much information to take in at a few sessions. It has inspired me to learn more about Iceland—I might start by re-reading *Burial Rights* by Hannah Kent!

Deb Cox

and socialising and ensure their safe development as companion animals. They are not for hunting dogs and yard inspections will be compulsory ensuring a secure yard with appropriate shelter for all weather conditions. Adoption will take place after desexing, vaccinations, microchip, flea, tick and worm treatment and vet checking. Cost \$375.

Jigsaw a 4 year old black and tan Kelpie x, Chiko the 18 month old

brindle Staffy x, Kira the 9 year old cream coloured Lab x Kelpie, Penny the 6 year old female brown and cream Kelpie and Darcy the 16 week old Border Collie x Kelpie are waiting to be adopted through Animal Welfare League Far South Coast Branch. Please phone AWL-FSC on 0400 372 609 to enquire about adopting one of these lovely dogs. All are de-sexed, microchipped, immunised, wormed and treated for fleas, from FSC AWL \$350. Pups are \$375 due to second vaccination. Enquiries can be made by phoning 0400 372 609 or check our Facebook page (search Animal Welfare League Far South Coast Branch).



AL-ANON Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Meeting at Tathra Beach Bowling Club 11am, Sunday April 23rd , Sunday June 25th , Sunday August 27th. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays 10.00am 4th Sunday 5.00pm. Cobargo: Christ Church - 1st, 2nd,3rd Sundays 10.00am. Quaama: St Saviours- 4th Sunday 10.00 am. 5th Sunday - One service in parish at 10 am rotation. Contact Tim Narraway 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton -Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton – Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui. Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/ Quilting; Thurs:Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Ray Clements on 0477 017 443. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Hotel at 6.30 for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm. No experience necessary. For information ring Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon, venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT No. 1 Bermagui-Tathra Rd. Bermagui. Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Allan Douch 0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age) Lifelong Learning Opportunities For a full list of courses and timetable visit: www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities various times and sites. 'Grow to Eat and Eat to Grow'. Contact Paul on 0466 013 153 or visit www. facebook.com/BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights" Open Monday and Wednesday afternoons at the Bermagui Sports Stadium. Contact: John Preston - accredited coach Ph 02 6493 5887 mob 0429 179 184

> CATHOLIC CHURCH Weekend Mass times.

Bermagui- Sunday 7:30 am Cobargo -Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo Newsagency : researchers, old photos, information and new members welcome. Contact Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month – 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm – CWA Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring enviroment. Monday-Thursday. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good transition for children to become familiar with the surroundings & teachers. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE Hall bookings and inquiries: Linda 0407 047 404 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Monthly meetings 2nd Tuesdays at Well Thumbed Books, 6pm. Contact: David Wilson on 0401 398 141

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am. cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS For meeting dates or catering enquiries phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo – once a month on a Wednesday 1.30pm–2.30pm at CWA cottage, Bermagui – every 2nd Friday 10.30am – 12pm in the Ambulance Station. Quaama – Wed. by prior arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for – partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am – 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at

6pm, Cobargo Bermagui Rd. Minister Rev. D. Oliphant. Ring Col: 6493 6531 Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE Contact: Richard Nipperess 4473 7769. Meet: 9.30 -12.30 first Wednesday of the month at the swings.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2–4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am.

Inq: Rev Linda Chapman 0422 273 021.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermaguee Street, Quaama. All men are welcome. For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring Bill Johnston (president) on 6493 5447 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at www.cobargofolkfestival.com. For info ph. Secretary Carolyn Griffin 0400 391324, Treasurer Zena Armstrong 0402067615 or email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details change, please advise us at **contributions@thetriangle.org.au**

	For the f	Fridge Door	
APRIL	WHAT	WHERE	TIME
Sun 1	Live: Richo's Ragtimers, free	Tilba Wines	12.30 pm
	Live: John Atkins, free	Cobargo Hotel	5 pm
Thurs 5	Advice for seniors seminar	Bermagui Library	9.30 am - 12.30 pm
Fri 6	Croisades, French theatre play	Well Thumbed Books	7 pm
Sun 8	Beautifully Mad, \$45	Rusty Fig Winery	12 pm
	Seniors' Week concert	Bermagui Country Club	1 - 4 pm
	Galba Forge blacksmithing demo	345 Yowrie Rd, Wandella	1 - 5 pm
Mon 9	Community Forum meeting	Bermagui Country Club	5.30 pm
Fri 13	Community Tathra fundraiser	Cobargo SoA Hall	6 pm
Sat 14	19Twenty, \$25	Murrah Hall	From 6.30 pm
Sun 15	Crazywise, community doco	Old Butter Factory, Cobargo	3.30 pm
	Live: Humbug, free	Tilba Wines	12.30 pm
Wed 18	New pain management talk	Surf Club, Bermagui	10 - 11.30 am
Fri 20	Cobargo Village Artist Project	Cobargo SoA Hall	7 pm
	Open mic	Cobargo Hotel	7 pm
Sat 21	Dirty Ragtimers, \$20/15	Murrah Hall	From 6.30 pm
Wed 25	Anzac Day Events	See page 27 for listings	
Fri 27	3rd Birthday celebration	Twig & Feather, Cobargo	10 am - 6 pm
REGULARS	Sta bit mady celebration		
_	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10 am-3.30 pm
Mondays		Tilba Small Hall	· · ·
	Ki yoga		7 - 8 am
2. 1.44 . 1	Yin yoga	Tilba Small Hall	6 - 7.30 pm
2nd Monday	Tilba CWA meetings	Small Hall, Tilba	10 am
Tuesdays	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalashila Centre, Tilba	10 am - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - noon
Wednesdays	Pool comp	Bermagui Country Club	7.30 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednesday	Bermagui Historical Soc. meeting	Bermi Museum, Comm. Centre	2 pm
	Social bridge	Tilba Valley Winery	2 pm
3rd Wednesday	Bermagui Seniors' social lunch	Venues vary. Ph 6493 4006	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Cobargo	10 am-11 am
	Worldwide dance and aerobics	Bermi Community Centre	5.30 pm
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10 - 10.30 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
	Coding night	Bermagui Library	5 - 8 pm
Fridays	CRABs raffles	Bermagui Beach Hotel	from 5 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
1st Sunday	Riverbank Working Bee	Rob's corner, Quaama	9.30 - 11.30 am
	Tilba Food Share	Call Annie: 0409 443 064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Call Tam: 0409 882 944	10 am-12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am-12 noon
ART		1	1
Sat 7	Opening, Gabrielle Powell 'Upcycled'	Lazy Lizard Gallery	10 am
	,		