

Bonza, mozzarella! Buffalo cheese to be the latest local specialty

David and Sally Shannon are setting up the South Coast's first buffalo dairy, near Quaama.

It was July 2016 when I first visited Menagerie Park, home of Bonzabuffalo, at Verona ... the day the buffalo-sized dairy arrived in a container from Lithuania. A month later the manufacturer and his son came to erect the dairy and get it operational.

Over the past year David and Sally have been fine-tuning their dairy to turn it into only the third operational water buffalo dairy herd in New South Wales and the first on the south coast.

During that time, Menagerie Park has also welcomed quite a lot of Italian Riverine bufala (female buffalo) with a view to selling their healthy, lean meat and milk locally and elsewhere for cheese-making and other culinary ventures.

On a recent visit to Menagerie Park, members of the Bemboka Secret Cheese Society, the Quaama Possums and Verona Chevre Group sampled some Buffalo Brie cheese and played happily with the poddy calves.

Tina, the oldest bufala poddy, followed us around all day. Kassie, a new resident of Quaama, wanted to take her home immediately!

Many of the cheese makers are keen to try their hand at making mozzarella, the cheese for which these buffalo are famous.

Being pure white, not yellow, the milk is also perfect for Italian gelato, yoghurt and many styles of ice cream and cheese.

The quantities of milk each buffalo produces at the once-daily



For such large animals they are incredibly gentle and friendly. This couple greeted us on our way into the farm at the Open Day in August.



Sally and David at their beautiful farm

milking are much smaller (6-8 litres) than a milking cow (30 litres).

A comparison of water buffalo milk with that from cows, sheep and goats reveals that water buffalo milk contains the highest butterfat and easily the highest calcium content, but with the lowest cholesterol!

What's more, people who can't tolerate cows' milk can usually tolerate buffalo milk. It's the most beneficial for allergy sufferers and its energy constituent makes it similarly beneficial for health enthusiasts.

Carolyn Bate

Right from the word ‘go’, *The Triangle’s* October issue will have you smiling as you read about the people and what they are doing in the local community. I feel everyone, including the cook, the gardener, the poet, the book reviewer, yes everyone deserves a big round of applause and a bouquet of wild spring flowers.

At Verona, David and Sally Shannon from Menagerie Park are establishing a water buffalo dairy herd, one of very few in New South Wales. The pure white milk is perfect for Italian gelato, mozzarella, ice cream and yogurt. Imagine being able to

buy fresh buffalo mozzarella locally!

The Cobargo School of Arts celebrated 130 years, which is a tribute to the management and maintenance of a great community asset. The well-attended party was an outstanding success.

I was so inspired by the ‘My Triangle’ couple, Hilary and John James from Brogo, whose lives have been nothing short of brilliant. Thanks to Bhagya for contributing such a great article.

At Tilba, there is gratitude for neighbourly kindness and good reports from the produce markets.

The Bermagui Community Forum is moving forward at an exemplary pace, having formed three working groups to target key areas: infrastructure, affordable housing and access to community facilities. Passion for the community is the driving force for this group with a big agenda.

Just a thought ... wouldn’t it be good to get ‘The Block’ interested in a socially responsible project such as ‘affordable housing’ in the Triangle area, which has so much to offer? Now there’s a worthwhile challenge!

Letters to the editors

What a party!

As a newcomer I was wondering, how is it that such a small population can throw such a fabulous party? The beautiful, historic School of Arts Hall was pulsing with life at the 130-year birthday party in Cobargo. Artistically decorated with a cornice of palm leaves, the hall looked beautifully splendid and as the people gathered to watch the old movies and listen to the tales of adventures and misadventures of days gone by, the party warmed up—helped by the newly acquired heating system and a magic, crackling oil drum bonfire.

But then the food, wow, wow, wow! A totally superb feast of tasty curries and a massively huge selection of delicious cakes with everybody eating together at packed tables in the supper room, smiling and chatting. I was gobsmacked at how perfectly organised it was with everyone in the kitchen so cool, calm and collected. Then a fabulous, generous raffle and next the MUSIC! Out of this world! Awesome bands that got the whole place dancing ... The hall was rocking! Cobargo may be small in population but it is totally massive in generosity and community spirit. What a night!! What a village!!!

*Sarah Breakey
Cobargo*

Thanks, Cobargo!

On behalf of the Cobargo School of Arts committee, I would just like to thank

all our donors and helpers. Our 130th birthday party on 16 September was a great night and raised over \$2000, which will replenish the bank account for continued work on the Hall. It’s a credit to our community that these events can be held and thoroughly enjoyed. Go community, a thumbs up to you all.

*Louise Brown
Wandella*

Unsupported by the Mayor

On behalf of The Platform, Clem Clarke and I had a meeting with Mayor Kristy McBain to ask for Council support for a pilot project—to convert local vehicles from petrol to electric. Australia has lost its refineries and has only a few days of fuel in storage. In this unsettled world disputes with Iran and Korea could escalate so fast that our petrol supplies would be cut off.

Where would we in the South Coast be without fuel? No food, no way to get to doctors, impossible to meet together. This community would collapse. Would we not become refugees in our own country?

We put it to the Mayor that we needed electric vehicles as a strategic reserve, a “just-in-case” like ambulances and fire brigades. Reduce petrol supplies and we could not continue living here. But we were told that we needed to develop support for this initiative in the community before Council would act.

OK, and probably we should have

done that in the first place. We are putting out that we want, by hook or by crook, to get solar-driven electric vehicles into each community in the South.

Let’s discuss this. Ring me on 0431 616 227 or Clem 0401 054 155 and let’s see what we can do together.

*John James
Brogo*

Not satisfied

Thumbs down to the editors who—in their FINITE wisdom—thumbs down their readers! Talk about biting the hand that feeds you! There are many and varied reasons why people choose not to formally recognise their views. This does not remove their right to ‘enthusiastically’ voice their opinions. Particularly when a local community publication turns into a political platform for some contributors to further themselves in the organisation they promote and a dating site for others—there’s nothing ‘classy’ about it. The point of editing is to edit so maybe cut out the ‘crap’ before you have a go at the very people paying to read it.

*Name withheld to avoid further
narrow-minded harassment*

Over \$2000 raised at Trivia Night

A big thank you to all the business and individuals that donated items for the Quaama School Trivia Night. With your help and all the people who came on the night the school raised over \$2000.

Fantastic effort everyone, this is community at its best! And we hope the winning table have enjoyed their well-deserved prizes.

*Rebecca Norman
Quaama*

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The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer’s full name and address if they are to be considered for publication.

Thumbs Up

To BVSC for prevailing over a small but vocal Bermagui group to complete the much anticipated pedestrian refuge island near the bridge on Lamont Street. Great for kids, cyclists, mums, prams and the mobility-challenged.



To whoever is keeping the Quaama bus shelter clean. You're doing a great job!

To the Bermagui paramedics who treated a small dog after he had been hit by a car recently. They monitored his progress throughout the night and returned him to his grateful owner the next day after ensuring he was OK. Well done, guys and gals!

To Cobargo Hotel for organising a weekly Trivia Night – Tuesday, 7.30 pm. Dave supplies prizes and entry is free. It keeps us off the streets!

Thumbs Down

To the comment overheard about the beautiful Tilba halls being 'a bottomless pit' in terms of fundraising. Well yes, heritage buildings cost money to run! I guess we could just let them fall down so no one has anywhere to hold any functions/markets/weddings/classes ...? Grrrr



To those who have no respect for the Bermagui State Forest, near the Black Lagoon. The amount of litter about is so disappointing. On my walking route I have come across a number of littered nappies, baked bean cans and fish remains at a no fishing sanctuary zone by the Black Lagoon waters' edge where people had camped. I have also come across young trees cut down for firewood by people camping within the forest. Trees were cut half way, very similar to the people who were camping behind the Cobargo sports oval near the cemetery. I have since decided not to go back walking these areas due to the safety concern of individuals illegally camping just off these walking tracks.

Spring symphony

We wait through weary, wintry days, and gather kindling to warm our bodies chilled by icy breezes and crisp clear cloudless skies.

A time for ugg boots, woolly scarves and overcoats, homemade soups, roasted, toasted fare and custard-covered golden peaches.

Oh, will winter ever end?

September bears new sights and scents, and gifts of earth and natural and beautiful events.

Heralding a joyful fanfare—the gold and green—our country's emblematic wattle; and lime green haze on birch and box join the season's wakening call.

Snowdrops' tiny bells; as if green-tipped by flitting, fairy artists tinkering in our garden's quiet places.

Daffodils trumpet, cerise azaleas join the swell of musky lavender, with magnolias, diosma, and violets; cadences of delicately fragrant rosy tendrils; intoxicating Asiatic lilies; and deep-throated indigo irises. Thorny barren rose stalks belie final flourishes of brilliant floral cadenzas.

Pastel blossoms burst as bubbly popcorn prompting childhood memories; of gentler times, of mother's hugs and loving, precious and endearing, of innocence and promise.

Garlands of mauve mysterious wisteria fall generously to greet bare feet of those who pass beneath their twisted fronds. And now the giant grey-green gnarly-trunked angophoras burst snow-capped with splendid creamy fluffy blooms.

We wonder who conducts this majesty and who orchestrates how each event enters on cue and plays in time and rhyme year in year out.

And yet, as patrons lined behind the ticket box of winter, we know that this wearying time was a test of patience; and spring a symphony worth waiting for.

Bronte Somerset

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Tilba Tilba: Pam's Store,
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The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area - the area bounded by the three mountains (Gulaga, Mumbulla and Peak Alone). The committee comprises volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self-sufficient through advertising income. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800, boosted to 2000 in December so there's enough for visitors.

Tilba is such a great community and its residents, I think, highlight so often what neighbourliness is all about.

I have reflected on this recently with other city-based friends who are definitely envious of our community and I can also personally attest to what a great place this is to live, having just returned from a six week stint in the UK visiting ailing elderly parents. In my absence people looked after pets, kept an eye on animals, fed out silage, took over responsibilities and generally looked out for things.

I know I'm not unique and that people generally look out for each other in these parts, but it should be celebrated. People unflinchingly offer to help out when others are unwell or are otherwise having a rough trot, their generosity of spirit seemingly endless. It's greatly appreciated and does the heart and soul good to know that such goodwill is all around us when so much other stuff is going on in the world that is far less positive.

So a huge thank you to all those friends and neighbours (you know who you are). How blessed we are to be able to keep faith in human nature!

Halls working bee

Work on the halls continues and the Halls Committee would like to formally thank the Tilba Easter Festival for their kind donation of \$3000 which will go a long way to assisting with materials required for the current renovations.

A couple of working bees were held last month, the first of which happened during that cold snap. But despite the freezing south westerly coming off the snow, a crew of eight turned out to strip and de-nail weatherboards from the small hall and give a first coat of paint to a whole lot of new ones.

Thanks to Hannah Pryor, visiting briefly from uni, for getting on her painting



What a turnout at last month's Food Share!

gear to help out, to Phil Shorten from Tiverton for allowing himself to be dobbed in to help, and to our foreman Smilie McGill for organising us all!

Tilba Food Share Sunday 8 October

Usually the Tilba Food Share is the first Sunday of the month but this time it's different. The date for the next Tilba Food Share is Sunday 8 October. The venue is 18 Tebbs Road, Narooma. Take first left off Lilyvale Road and follow the signs. The time is 10 am to 12 noon, daylight savings time.

Tea and coffee will be provided, please bring a small plate of morning tea and your excess spring produce, or edible garden related items. All are most welcome.

Get on your dancing shoes!

The Tilba District Community Ball will be held at 6.30 pm on Saturday 14 October in the Big Hall and it's promising to be another gala event for the Tilba District Community, with a fabulous evening of fun, dancing to fantastic swing, jazz and funk band Kitty Kat and the Band of Thieves and socialising with your neighbours and friends.

Don't let the word 'ball' put you off - 'dance' covers



Kay Williams, stall holder and Tilba Market organiser

it just as well. Whatever you want to call it, it will be loads of fun.

Tickets cost \$50 per head and a tasty supper will be served during the night.

It's an opportunity to put on your glad rags and dress up to the nines. Fellas, here's your chance to 'suit up'. Prizes for Belle and Beau of the ball. Everyone welcome, hosting a table of eight or ten is encouraged!

For more information or to book a table or buy tickets please get in touch with Sally Pryor on 0428 256 082 or Robyn Hoyer 0438 757 459, or email tilbahalls@gmail.com.

All proceeds go towards the current stage of the Small Halls renovations, including the floor polishing upgrade and much needed replacement and repainting of weatherboards.



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Lots of comings and goings ...

Lots to love at Tilba Market

There's lots to love at Tilba's weekly home-grown, handmade market. A recent visitor described the Tilba Market as 'a lovely, bustling indoor market, full of great people and community spirit, fresh produce and unique handmade items'

Held every Saturday morning from 8 am to 12 noon in Central Tilba's Big Hall, the market includes wholesome goods from local growers and makers: seasonal fruit and vegetables, fresh flowers, healthy juice, soap, plants and seedlings, honey, bread, free range eggs, jams and other preserves, cakes, handmade treasures and artistry.

There's a good variety of chemical-free seasonal vegetables or you can buy organically grown spring seedlings to grow your own. The goats' milk soap is locally made with natural ingredients and essential oils. There are lovely handmade rope baskets. Lots of hand-knitted goods including tea cosies, and, for your baby, rugs, booties, beanies and cardigans. Baked goods include French crepes and lots of cakes. There's beautiful handmade cards for special occasions. There's a big variety of delicious preserves including

jams, marmalades, sauces, pickles, relishes and cordials.

The Tilba Market runs in association with SCPA-South East Producers every Saturday morning.

If you're a local and you "Make It, Bake It, Sew It or Grow It", contact Kay Williams, phone 4473 7231 or mobile 0400 443 032, to discuss selling your local goods at the Tilba Market.

Fresh vegetables sell early at Tilba Market and Kay says, 'We need more growers!'

attendees enjoyed experiencing hands-on the variety of creative options available. Various types of weaving, indigo dying, wool carding and spinning and paper basket weaving were all demonstrated and people had the opportunity to try them all. Indigo dyeing was a hot favourite and whole new wardrobes were created as old items of clothing were given new leases on life. Even Sue Croft, recovering from recent wrist surgery, went home with an indigo-dyed sling ...

Thanks Mog for your generosity and time organising this event and allowing people the opportunity to re-ignite their creative spirits.

Tilba CWA news

Tilba CWA continues to raise funds successfully through monthly cafés, raffle sales, citrus fruit sales, and local catering events. Hats off to Janine Halasz, who, with Val, recently catered for Chester Boulton's wake in Tilba.

Tilba CWA would like to thank the Tilba Easter Festival committee for their recent \$1000 donation. This donation will be passed on to the Tilba Halls committee as a contribution for floor sanding in the Small Hall. They would also like to thank Narooma Carpets who recently donated a rug for children to play on during CWA meetings.

The next Tilba CWA meeting is Friday 13 October in the Tilba Small Hall for the AGM. Following the AGM, members will have lunch at the Nepalese restaurant in Narooma. Please contact Tilba CWA President Janine Halasz if you would like to attend. New members always welcome.

Weaving magic

A wonderful day of craft was held on 7 September, hosted by the talented Mog Bremner. More than twenty enthusiastic

Tilba RFS report: No new fire permits

We have entered the fire permit period when any fire lighting of piles requires a permit. However, in light of the very dry conditions being experienced in the region, residents should note that the Rural Fire Service has resolved that no new fire permits will be issued in Eurobodalla or Bega Valley Shires for the foreseeable future.

Cooking fires are the only fires now allowed in the area. This decision has been made after the escape of several private burns. For example, we at Tilba were called to an escaped pile burn in Corunna where we were assisted by Narooma Brigade.

In the past month, there were also two fires which had been lit in the NPWS area near Corunna. Very little rain is forecast until at least November, so all residents are advised to be particularly careful about risk of fire at the moment.

Once again, Tilba Fire Brigade invites you to contribute to the safety of the local community by joining the Tilba Brigade. Come along and have a look one Tuesday evening at 7 pm, or call Harry Bate on 0409 737 259.

Harry Bate

Nardy House is seeking a Registered Nurse

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Congratulations to the enthusiastic and brilliant team who planned, arranged and pulled together the fantastic School of Arts 130th birthday celebrations. The films, raffle, food and the music was so well-executed and the stories that bubbled to the surface about the hall history were amazing. It seems the hall has had everything from wedding receptions, deb balls, mini debts, trivia nights, to judo, exercise classes, show balls, Australia Day celebrations and school classes being taught there, family reunions and much more besides. It really was a great evening that will be remembered in the next historical birthday celebrations that are held in the future.

Lorraine James and Beth Dogan were still grinning from ear to ear as they relayed the fantastic trip they went on together all the way to Texas. I gather the girls will be planning another holiday together,



Kevin Allen, awarded Life Membership of the Cobargo Show Society

just not sure where to next. Brenda and Dennis Whiffen and Will and Roslyn Mead have been scouring the country with their caravans in tow and enjoyed many rodeos as they followed the circuit up through Queensland.

Helen Salway and her lovely daughter Angela are currently holidaying in Vietnam. Apparently getting across the streets with no pedestrian crossings has been a fair challenge.

The Cobargo Show Society has had its Annual General Meeting and their new committee is as follows: President Graham Parr, Senior Vice President Daniel Allen, Junior Vice Presidents Christy Holland and June Tarlinton, Treasurer Dave Rugendyke and Assistant Treasurer is Christy Holland. The executive committee is Greg Holland, Warren Salway and Ron Cole. The secretary position was previously held by Roslyn Mead who has decided to retire and the new secretary is her lovely sister Naomi Rolfe. A big thank you to Ros who has done an amazing job in her years as secretary.

The committee also awarded Kevin Allen life membership. Kevin's passion for the show movement has been constant and never ending throughout the years.

The committee is planning a showgirl/supper dance for the end of November to be held in, you guessed it, the School of Arts Hall. The committee has also been working hard together with the Cobargo Horse and Trail Riding Club who have combined to host the Cobargo Spring Show and Gear Sale on Saturday 28 October.

A trivia night was organised by Dave Allen, Ange Kane and Carmel Dufty to



Jessica Rixon, right, granddaughter of Vin and June Motbey and Ross Rixon, represented Rockhampton zone in the Showgirl competition in her now home state of Queensland.

raise funds for Emma Walters, who has been selected to play for Australia in Canada on our Rugby League team and as this community always does it pulled together and Emma now has enough funds to make the journey.

On 9 September at Eden the 13-16s Bega Minor Rugby League tag team played in the Grand final. The girls from the Triangle area, namely Marnie Arentz, Madison Boyle, Jacinta Maree Carr, Ashley Rixon Gosch, Aleesha Dummet, Alana Dummet, Ashley Evans and Caitlin Reid, all took to the field to represent their team colours on a day of extreme weather conditions.

A well-played game by both sides resulted in a Narooma win. The girls were delighted with their effort.

Local grandparents Vin and June Motbey and Ross Rixon are still beaming after their granddaughter Jessica Rixon from Biloela in Queensland entered the Callide Valley Showgirl competition and won, then proceeded onto zone level at Rockhampton and was selected there to represent the zone at the Brisbane Ekka.

Twelve girls competed to win the

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Cobargo Conversations

title of the Brisbane Royal showgirl and had the most fantastic time attending official events. Jessica was not chosen as the winner but represented her area with a great deal of poise. She was the youngest entrant and enjoyed every minute of the experience.

It is with deepest sadness we learn of the passing of Robert Cox. Robert died very suddenly on 28 August and leaves behind wife Debra and daughter Judith. They had lived in the Wandella area for many years and had recently moved closer to town, residing in the area known as Wilgo.

We also mourn the passing of longtime Yowrie resident Judith Clarke. She was an extremely capable woman and enjoyed farming in the Yowrie area. Judith always had a lovely, warm smile upon greeting.

We wish Bill Carr a big get well cheerio and anyone else who has been doing poorly in what has been a tough cold season. When the rain comes it will freshen all before it and things will only improve.



Keep an eye out for Joan and Noel O'Halloran, the delighted winners of one of the raffles from the Cobargo School of Arts Hall Raffle. These mountain bikes were donated by Jean and Colin Stinson.

Women's barbershop chorus for Cobargo

Do you like to sing but have been told that you can't? Do you have trouble hitting the high notes but are very comfortable down low? Do you have a nice high voice but are always drowned out by the loud soprano in the front row? Do you tune up in the shower ... while following the vacuum cleaner around the lounge ... in the car with the radio up loud?

If you answer yes to any of these questions, then you could well enjoy barbershop singing. We are intending to start one such chorus in the Cobargo area.

Barbershop singers do not stand still whilst singing, in fact for performance we often include choreography and focus on a connection with the audience rather than just singing to them. The emphasis in a barbershop chorus is on sociability, community, having fun and making lovely harmonies.

The harmonies are created by four voice parts—tenor, lead, baritone and bass—and the arrangements we use are specifically for women. We are not looking



for great soloists here, in fact the emphasis is on a blended sound. If you can hold a tune, or are not sure, come and have a go in a supportive, friendly, environment.

By the time this goes to print we will have had a workshop at Moruya. A rehearsal day, time and venue will be decided by members. So if you would like to know more, please contact me on 0423 910 707.

Sue Diamond

The Yuin Folk Club 2017 Annual General Meeting

Saturday 7 October 10 am
CWA Cottage, Cobargo
All Welcome

Cobargo SoA Hall AGM

The AGM for the Cobargo School of Arts Hall will be held at 5.30 pm on Wednesday 11 October in the Hall. Positions of President, Treasurer and Secretary will be made vacant at that time. All persons interested are invited to attend.

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Cobargo Conversations

Cobargo RFS: Success for 'Get Ready' Event

The Cobargo Co-op carpark was the scene of much activity on Saturday 16 September when members of Cobargo and Quaama Rural Fire Brigades conducted this year's fire season Get Ready event.

Brigade members handled many general inquiries from property owners, as well as providing specific advice on bushfire mitigation measures. Fire Survival planning kits were also handed out, along with advice on the pros and cons of "Stay and Defend" versus "Leave Early" strategies that should be considered depending on individual circumstances.

There was also much excitement for the children attending, with many exploring the fire trucks or having a go with the fire hose, as well as collecting giveaways, balloons and fire safety information to take home with them.

The fires' special sausage sizzle was a huge success as well, with a sell-out on the day.

Getting ready for the bushfire season can be easier than you think - little things you do now can make a big difference during a bush fire.

Simply by trimming overhanging trees and shrubs, keeping your grass mowed, removing flammable material, clearing up fallen debris and leaves and preparing hoses to reach around your home you can help prevent burning embers from destroying your home.

Fire Permits on hold

Although we are now officially in the Fire Permit season, as of going to press the issuing of Fire Permits has been suspended under advice from the Rural Fire Service's Bega office.

We have seen several days of Very High Fire Danger already this season and there is no sign of conditions improving in the foreseeable future. The forecast at this stage shows that we can expect this trend to continue.

For assistance regarding Fire Permits in the Cobargo area please contact Cobargo Brigade Captain Mark Ayliffe on 0427 936 476.

Thanks to Bower Bird, Cobargo Fire Brigade is now up and running with its new 'super-doooper' A3/A4 colour laser printer, to be used in the Brigade's Community Engagement activities.

A big thank you from the Brigade to the Bower Bird Op Shop for providing a grant of \$1000 to assist in the purchase of the printer—very much appreciated.

John Walters

Night Parrot film-maker to attend doco Q&A this month



Film-maker Robert Nugent will answer questions after his film at the Old Butter Factory

Sunday, 15 October at 3.30 pm will be the next monthly community documentary screening in the Old Cobargo Butter Factory—Night Parrot Stories, a film by Robert Nugent—who will be present for a Q&A after the screening.

'... there are strange hells in the mind the desert makes.'

In the remote deserts of Australia lives an elusive nocturnal bird called the Night Parrot. Virtually nothing is known of its ecology. It disappeared at the end of the 19th century. Searching for evidence of its existence became a preoccupation.

Night Parrot Stories was filmed in all the locations where Night Parrots once lived, during a time when stories of extinction were everywhere.

'The geography of the Night Parrot's story I came to think of as a trick of time,' said Robert Nugent. 'There is a journey to and from the desert, and to and from places where knowledge is created, maintained, or lost, in so many different ways.'

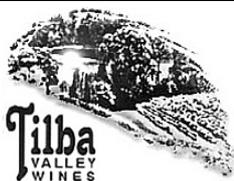
Watch the trailer: www.vimeo.com/151710273

Coffee and tea provided - bring your own mug. To cover the costs a \$5 donation is much appreciated. Please come in big numbers to keep more documentary screenings possible! See you there,

Lena



Cobargo Fire Brigade's Lisa Ayliffe and Dave Rugendyke present Ros Hewett and Linda Emerton from Bower Bird Op Shop with a Certificate of Appreciation from the Brigade.



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Social Bridge: Wednesday 4th from 2.00 pm

Date for the Diary:

Melbourne Cup Lunch: Tuesday 7th November from noon

**Signposted off the Princes Highway,
4 km north of Central Tilba. Tel: 4473 7308**

Cobargo Conversations

A weekend of horse heaven in Cobargo

It's time again for the Cobargo AP&H Spring Show, Saturday 28 October at Cobargo Showground. We are combining with the ever-popular horse gear sale on Saturday and are lucky to have show jumping and dressage events being held on the Sunday by Bega Jump Club and Far South Coast Dressage Association. What a big weekend!

Saturday will see the Cobargo Horse and Trail Riders' Club conduct their Annual Horse Gear Sale up in the main show pavilion.

Down on the arena we will have two rings of show jumping, three rings of hacking, sporting and novelty events.

A steer-riding instructional school will once again be offered to follow with team sorting, ladies' heifer ride and open steer



Team sorting with locals Ben Cowdroy and Colt Croser.

ride!

Contact Dan Allen for the steer-riding school on 0410 724 065. Team sorting entries close 21 October—contact Warren on 0407 105 767.

The Sunday show jumping and dressage program is available via FSC Dressage Club and Bega Show Jumping Club websites.

Both days will have full catering by our dedicated Show Society members. Our full program can be found on our website www.cobargoshow.org.au or find us on facebook 'Cobargo Show and Rodeo'.

Rebecca Miller

CWA News

We hope to have the new kitchen in the CWA cottage completed by the end of this year! This is really great news for the members as well as the people who rent the cottage. The renovations have been funded by grants and by fundraising over a few years. Thanks are due to Cobargo Hotel for allowing us the opportunity to run the meat raffles for four weeks, which has helped swell the funds. This is a really great resource offered by Cobargo Hotel.

We had a stall in Cobargo on Saturday 16 September to mark CWA Awareness Week when we showcased the involvement of CWA in so many aspects of life. Extra emphasis was placed on the agricultural and environment activities of CWA throughout the state.

A new member was welcomed to the branch at our last meeting and plans are under way for our Branch Cookery competition. This month we also have our Annual General Meeting to elect the officers for the coming year. We also sent away three big cartons of Mother and

Baby Packs to CWA State Office where they will be sent on to the Highlands of Papua New Guinea. Many thanks to the community of Cobargo who help with this in so many ways, by donating baby clothes, nappies etc and money. They do go directly to the mothers, so your help is making a difference. We also welcome donations of old spectacles which are recycled and distributed to those in need and we also collect foreign coins that you cannot change at the bank. CWA of NSW collects them and uses the money to further the work of Associated Country Women of the World. If you have any foreign coins or old glasses, give me a ring to arrange collection, on 6493 6167.

We are now looking for nominations for the Cobargo Citizen of the Year for 2018. If you know of someone who is worthy of recognition for their voluntary work within the community of Cobargo, please jot down your reasons and send to me at PO Box 5114, Cobargo or ring me on 6493 6167 if you need more information.

Remember the nominations are from the community of Cobargo, not the CWA!

Once more we extend a warm welcome to our next meeting, on 10 October at 10.00 for 10.30 am at the CWA Cottage on the Bermagui Road, next to the playground. Join us for a cuppa and a slice!

Mary Williams,

Publicity Officer, CWA Cobargo Branch



Cobargo CWA Awareness Week promotional stand in Cobargo attended by Sally Halupka, Cassie Cole and Lynne Jones



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Facebook page: **Curry Bunga**

Cobargo Horse and Trail Riders – ‘Keeping our Heritage on Track’

Horse Gear Sale

Yes, it's that time again. Our Gear Sale will take place in conjunction with the Cobargo Spring Horse Show on Saturday 28 October. Gear will be accepted in the pavilion on Friday afternoon and Saturday morning before the sale opens. Clean, functioning horse gear and farm maintenance items quickly fill the display space and the sale is a much anticipated community event, now in its 23rd year!

Raffle tickets will be available at the entrance gate or up in the pavilion – over 20 useful prizes donated by local businesses and individual club supporters.

There will be plenty going on throughout the day down on the Showground, the canteen will be selling snacks and lunches, and the pavilion doors will open at midday for the sale. Membership enquiries are always welcome—we try to hold rides every 4-6 weeks generally in the local forests. We belong to ATHRA (Australian Trail Horse Riding Association) and follow their safety guidelines. All rides are at walking pace only.



Lunch break on the trail

Coolagolite ride Saturday 26 August

On a beautiful sunny August morning ten keen riders made their way to a club member's Coolagolite property for our first ride in the Coolagolite hills. The ride started with a lovely stroll down picturesque country lanes until we turned towards the rolling paddocks of some neighbouring farms.

The going was easy with grassy fence

lines, shallow creek crossings, farm tracks and stock trails eventually leading us to forest trails in the more densely wooded hills of the South East Forests National Park.

We were greeted at the lunch stop by the ride back-up crew who had come bearing the makings of a welcome cup of tea or coffee and some bonus biscuits to complete lunch.

Our afternoon route took us along some hilly country to the south of Cobargo, eventually granting us expansive views over the town and off to the familiar

outlines of Gulaga in the north and Peak Alone to the west.

We retraced our steps on the return journey with some small deviations giving us different views across the hills and paddocks.

Back at the home farm we were treated to a lovely afternoon tea. Our host had put together a map of the route which can be used again to determine other rides in the local area. Many thanks to the land owners who allowed us to pass through their farms. It's much appreciated.

Julie Moore

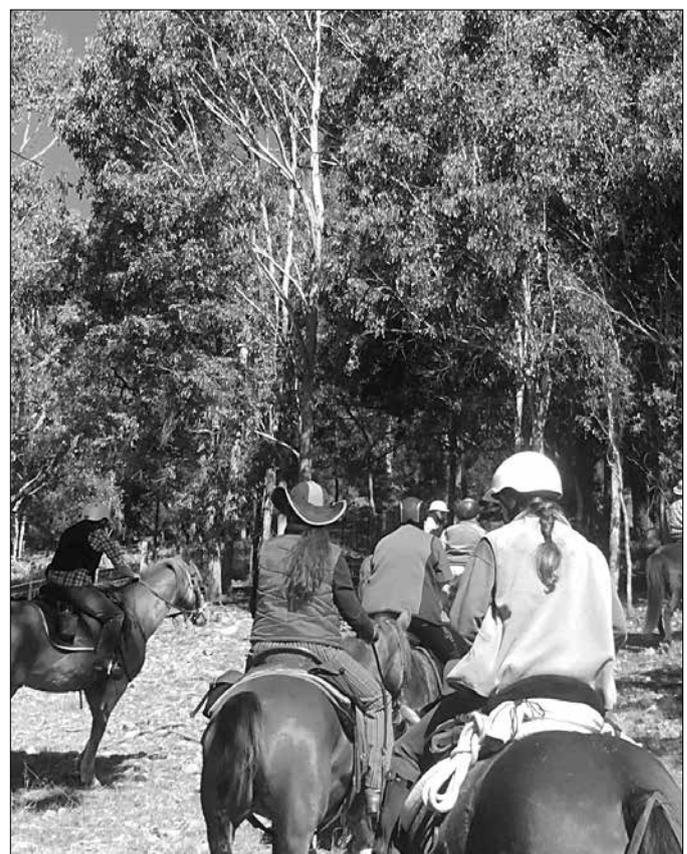
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On the trail

Passionate lives - John and Hilary James

To say that Hilary and John James have lived lives full of travel and adventure would certainly be true, but it's not the whole truth. While tales of their destinations and activities are enough to fill many books (and they've written quite a few!) it has been their inner, personal journeys that have been their focus for the last five or more decades.

John and Hilary met and married when they were in their early twenties, and other than a three year break, have been together ever since. Now both well into their eighties, their lives are so compatible and intertwined I've taken the unusual step of interviewing them for this page as a couple.

Not that there is any lack of things to say about them individually. In fact, these two are so accomplished in so many fields, this article can only give you a hint about their questioning and passionate lives.

Both studied extensively. John read architecture and mathematics and is a medievalist. Hilary reveled in English, history, psychology and anthropology.

John practised as an architect in Sydney in the 1950s and 60s and became part of the famous 'Sydney School' designing the awarded Reader's Digest Building in Surry Hills which was decades ahead of its time. It was energy efficient and consciously created to enhance our human wellbeing in an age of brutal concrete boxes. But after practising for

13 years, he became disillusioned and left architecture and Australia, taking the family with him.

They spent five summers in Chartres, France and winters in the beautiful Italian town of Positano, while living simply off the rent of their house and occasional lectures. John 'deconstructed' the cathedral



in Chartres, stone by stone and, through his enquiry into the techniques and materials required to rebuild it, revolutionised the way Europeans see their own medieval monuments. Hilary delved into the human story through her perspective as an anthropologist and her camera lens as photographer.

Their passions led them to many places including British West Africa when it was still British, Bali and around Europe. They home-schooled their three daughters. In 1973 they walked with their young family for 400 kilometres along Spain's famous road of pilgrimage, the 'Camino de Santiago'. Hilary's camera

documented their journeys and now rouses her memories that are taking shape in a number of books. She has published three so far and is currently working on a fourth.

The Blue Mountains was their home for 33 years where they worked as therapists, ran workshops and created a university-level post-graduate course on transpersonal therapy. In particular they used sand-play and Voice Dialogue with a lot of Processing to help clients through their blocks. This led to John receiving the Order of Australia Medal for his educational and cultural contributions. They survived two bushfires on their property, inspiring them to follow their daughter Emily to this area where they have jumped straight into our thriving community.

You'd think that they'd now be retired and happy to sit back and relax but nothing could be further from the truth. They are dedicated to our community and to its survival through what their study and experience shows is coming. They want to see us prepare for rising seas, heat, drought and the drama that would follow the collapse of supply chains.

Hilary and John would like us to join hands and stand up! They'd like us to plan and prepare for our future and come together in creating a sustainable community that can maintain a good life even as a hotter planet makes that increasingly difficult. If this inspires you as it does me, support their endeavour by emailing John on gothic@johnjames.com.au.

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Bermagui has been ReActivated, Rejuvenated and ReEnergised with a spectacular ReBoot in Bermagui event that has kicked off our tourist season with great gusto!

One month into spring, but those icy winds that persisted all through September made sure the winter woollies were still in use. But, despite the weather, there has been a bit more activity around town with quite a few visitors wandering about, browsing through our shops, eating at our restaurants and admiring our beautiful views across the bay. No doubt school holidays will bring a few more visitors, which means our tourist season is well and truly under way.

Bermagui's hidden gems

The Bermagui Garden Group recently visited a garden right in the middle of town that is truly one of the hidden gems of Bermagui.

Jack Walker, at the age of 93, is still a passionate gardener and opened his garden to some 40 members of the group.

His delightful garden is full of camellias, bromeliads, natives, ferns, citrus and a thriving vegie patch. A winding path through the garden leads under an amazing Red Ash tree, forming a secluded and peaceful grotto beneath its spreading branches.

Jack admitted that he is now 'a little too old to be climbing trees' and occasionally calls in some help when needed.

Bermagui Garden group meets once a month and provides a venue for like-minded people to get together to share information and knowledge whilst visiting a local garden.

The organisers are always on the lookout for new gardens to visit. They don't have to be professionally landscaped masterpieces ... in fact just the opposite



A spectacular day in Bermagui as the Bermagui Garden Group meet at a local garden.

as members want to see gardens that have evolved with love over the years. If you have a garden you would like to open to the group, please call Heather Sobey on 6493 5308. The group brings their own refreshments so all you need to do is allow some enthusiastic gardeners access to your place.

Refuge Island now in place

Most people by now will have noticed the new addition to our streetscape in Lamont Street with the completion of the Pedestrian Refuge Island, just south of the bridge. Love it or hate it, it has been built to allow safe access to pedestrians crossing the road. However, it seems to have left many locals scratching their heads in wonder as to why it is necessary. We hardly have the traffic congestion of the city, and it is rare to ever see more than a couple of cars pass this site at the same time. Bermi whispers reckon that there is a 'book' going in town to see how long it

takes before someone crashes their car into the island barriers!

What's happening at U3A?

Bermagui and Districts U3A has been its usual innovative self over winter and spring with a variety of classes and excursions.

Fitness and health enthusiasts can meet at Monday's Pliability classes or Tuesday's Tai Chi, or you can revise your mathematics, update your cooking skills, get answers to your MAC queries and pursue a host of other interests.

Carol Hellmers has taught a small group how to enhance their copperplate writing. And to tickle your intellect, there have been sessions on the archaeology of the Monaro, Indigenous traditions and culture, linguistics and an in-depth presentation on the early life of Hitler!

So much to learn in Bermagui. Term 4 Registration Day will be held on Wednesday 11 October from 9 am to 12 noon at the Bermagui Country Club. Come along to talk to presenters and maybe enrol for a class or two.



Cyclists from the Bicycle Division of the Bermagui Institute use the newly constructed pedestrian/cyclist refuge island across Lamont St Bermagui. A spokesman for the group thanked Bega Valley Shire Councillors, its staff and contractors for the works, which will ensure this busy road crossing is safer for vulnerable road users, particularly children, the elderly and less mobile pedestrians.

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Trees to stay

It looks like the trees that were earmarked for removal near the Surf Club have been given a reprieve. Council met with a group of concerned locals and has agreed to prune the trees to reduce risk to the community.

As well, Council will develop a plan for planting around the base of the trees and to restrict vehicle access around these trees. A good outcome, with Council listening to the concerns of local residents.

Spring Growers' Market

The Bermagui Growers' Market will kick off spring with a huge market on Thursday 5 October from 12 noon until 5.00 pm at the Fisherman's Wharf complex.

Along with all the wonderful local

produce on sale there will be a host of other activities to participate in, including non-stop cooking demonstrations presented by a number of different chefs such as Georgina Adamson, Paul West and Kelly Eastwood from River Cottage, and Erica Dibden from South Coast Cheese.

Plenty of kids' activities and crafts, hot food and one lucky shopper will win a hamper of local produce. Don't miss this!

VIC recruitment

With the tourist season about to begin, the Bermagui Visitor Information Centre is currently recruiting Volunteer Tourism Ambassadors.

The VIC is often the first port of call for visitors to Bermagui and our volunteers are the first locals they come across, so it is a vital role within our community to keep

the tourist dollars flowing.

For those who are looking for a rewarding activity, this may be just for you. No prior experience is needed, just a friendly and welcoming smile to greet visitors, and the ability to communicate with all sorts of people who come to the VIC. Volunteers usually work a three hour shift once or twice a week, but can choose to work as much or as little as they want. Full training and mentoring is given.

If this sounds like something you would like to be a part of, please give Christine Bimson a call on 6493 3054 or call into the Visitor Information Centre and talk to any of the volunteers on duty.

Note that the VIC is registered with Centrelink for those recipients who need to do voluntary work.

On the subject of wooden bridges and floods

I was much obliged to learn from Mal Dibden and Vicky Hoyer that the Dignams Creek Bridge fell victim to the great flood of January 1934, which made rebuilding necessary. An official photographer from the NSW government photographed the new structure in 1936.

As Mrs Barbara Pretty purchased a copy of the image when she was living at Dignams Creek, we are able to piece the history together (see July Triangle for photo.)

Russell Pretty was also a keen photographer and, as a break from school where he taught in Victoria, he and his new wife travelled to Bermagui for a holiday in their grand touring car. He stopped off at Cobargo on the way up in December 1933, where the family were



Russell Pretty's photo of Brogo Bridge, demolished by the flood in January 1934. Note flood debris entangled way up in the trees!

friends with F E Riley, manager of the Butter Factory.

On returning to Victoria in February, the devastation from floods was recorded by Russell's camera with Brogo Bridge demolished and Orbost Bridge also

collapsed.

The Princes Highway Bridge over Narira Creek in Cobargo seems to have survived, but with a huge kink in the centre and massive debris piled up.

Bermagui Historical Society and Cobargo District Museum are both keen to add historical photographs and information to their respective databases.

If you have anything of historical interest to share, call Dave Cotton for Bermagui on 6493 5014, or Vicky Hoyer for Cobargo on 0422 377 278.

Who knows, we might put a story to the picture (they are worth a thousand words after all!).

Dave Cotton



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Bermagui Banter

Fun among the gum trees!

Don't miss this Montreal Goldfield Heritage Day, a great day for kids on the last weekend of their holidays, taking part in old time crafts and games and puppet stories and gold panning and watching BIG bullocks and fun performances among the trees and eating billy tea and damper and music—and more! Sausage sizzle available. A guided tour sets off every 15 minutes.

When: Saturday 7 October, 9.30 am to 2.30 pm (last tour departs 2 pm)

Where: Montreal Goldfield, Wallaga Lake Road (beside the Wallaga Lake Holiday Park, seven kilometres north of Bermagui)

Cost: All included for \$7.50 per adult, \$5.00 per child or \$25.00 per family (two or more children)

Don't miss it!

Judi Hearn



What will she discover?

ReBoot wins the day

The fourth annual ReBoot in Bermagui event was another stunning success for the local organising team. This year there were record numbers of registrations for all events, which were completed over the weekend. Two hundred and fifteen runners completed the three Fun Runs in warm, but calm, conditions, and fifty swimmers completed the two events, having to endure choppy conditions on the bay.

Congratulations to all the winners: One kilometre run Owen White (male) and Lucy Whalan (female); 5.4 kilometre run Brad Patterson (male) and Eliza-Jane Norris (female); seven kilometre run Malcolm Roberts (male) and Emma Dunn (female).

Swimming races on Horseshoe Bay: Point to Point, Alex Norris (male) and Brenna Clayton (female); Swim/Run/Swim, Alex Norris (male) and Joann Rutherford (female).

Overall ReBoot winners: Alexander Norris from Cobargo who won both swim events, and Joann Rutherford.

Tug-O-War winners: Men's team – Goulburn Goal (from Canberra) and Women's team – Sorry Not Sorry 1 (local Bermagui girls). Sienna's team won the kids competition.

ReBoot is a great initiative to kick off our tourist season, bringing many visitors from far afield into Bermagui for the two day event. Save the date for 2018: 29 and 30 September.

Carolyne Banados

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Storytelling theatre at Murrah Hall

Bilarni is storytelling theatre from renowned storyteller musician Jan 'Yarn' Wositzky. In a beautiful and brutal land where everything and nothing is black and white, Jan tracks the greatest yarn-spinner of them all, the man who was called the 'expert' on Aborigines - WE (Bill) Harney (1895-1962).

Scripted from Harney's many books, radio broadcasts and personal papers, as well as Jan 'Yarn' Wositzky's research journeys, *Bilarni* tells of an 'uneducated' Northern Territory bushman who returned from World War One to live amongst Aborigines: as a lover, husband and father who lost it all—and that's only the beginning of a truly epic tale where Bill Harney became known around the world as the 'Custodian of the Rock' (Uluru).

At times shocking, full of joy and suffering, and mirthful, erudite, sharp and ironic in the telling, *Bilarni* puts black-white relationships at the heart of Australian identity, including dealing with allegations of Harney as murderer and bringing onto the stage Bill Harney's publically unacknowledged Wardaman son, Yidumduma Bill Harney.

Bilarni contains language that may offend. Not suitable for under 12s.

Well known as a founder of the legendary Bushwackers Band (1971-81), Jan 'Yarn' Wositzky then became a storyteller, exploring the back roads – both geographically and philosophically – in search of a deeper Australia. A strong theme of Jan's work over these last three decades has been black and white Australia.

'Jan Wositzky has a laconic genius for conjuring voices from our past, and his *Bilarni* is a masterpiece. We go bush with him, but it is much more than bush.' Barry Hill, author.

Murrah Hall, Saturday 28 October, 7.30 pm and Sunday 29 October, 3.00 pm. \$20. Book: www.trybooking.com/SGNK



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Bermagui Community Forum establishes working groups

The Management Committee of the newly formed Bermagui Community Forum met for the first time on 4 September to map out the Forum's forward work schedule, based on the priorities the community identified at the first meeting on 14 August. The full minutes of this meeting, including the members' background and community interests, can be found at the Bermagui Community Forum Facebook page.

The Management Committee includes local residents with a wide range of backgrounds, skills and interests. While one Management Committee member has lived in Bermagui for over 60 years, another moved here only in the last year. However, all members shared a common passion for our community.

The Management Committee agreed to form an executive to help its efficient operation, with Geoff Steel as Coordinator, on a six month rotation, Narelle Myers as Deputy Coordinator, Debra Cushion as Secretary, Geoff Steel as Treasurer and Yolanda del Valle-Buetefuer as Communications Manager.

The Management Committee then prioritised the key issues the Bermagui Community Meeting identified and established three working groups to progress these.

Infrastructure will enhance residents' and visitors' access, safety and amenity, including additional footpaths in Bermagui, Beauty Point and elsewhere, street lighting, safe road crossing points, a shared pathway from Wallaga Lake to Barragga Bay, attractive picnic areas and interesting playgrounds for children, upgrading and creating a section of the Great South Coast Walk from Wallaga Lake to the Murrumbidgee River for tourists and residents, implementing the Bermagui Masterplan and increasing vehicle safety on the Cobargo-Bermagui Road. Geoff Steel is coordinating this working group; please contact him at geoffsteell@bigpond.com to get involved.

Affordable Housing is in critically short supply in the area, including affordable rental accommodation and properties to buy, especially for young people, lower income families and single

older people, including older women. Council has an important role to play, as does the NSW Government and private suppliers. Yolanda del Valle-Buetefuer is coordinating this working group; please

the use of community meeting rooms at night and better communication on upcoming community consultations and events are issues. Management Committee member David Monro is coordinating this working group; please contact him at davidmonro@hotmail.com to get involved.

The Management Committee also agreed to set up at least two more working groups in the next few months, on clean energy for the Bermagui Community, led by Clean Energy for Eternity, and indigenous community employment, education and housing issues, led by Merrimans Land Council representatives.

The Management Committee then discussed its vision for Bermagui, drawing on views expressed at the first BCF meeting.

This includes making Bermagui a better place to live, fostering a sense of belonging and encouraging the sort of development that will

protect our special natural environment. The meeting agreed to develop this vision statement further at the next BCF and MC meetings. The Council has been advised of the Bermagui Community Forum's establishment.

Please register on our Facebook page to receive Bermagui Community Forum emails, or advise our Communications Manager at yolandabuetefuer@gmail.com.

*Geoff Steel, Coordinator,
Bermagui Community Forum*



Management Committee members (back) Fergus McWhirter, Debra Cushion, Geoff Steel, Frances Perkins, (front) Sarah Breakey, Yolanda del Valle-Buetefuer, Narelle Myers

contact her at yolandabuetefuer@gmail.com to get involved.

Access to Community Facilities, Social Services and Information—the Forum meeting was concerned that Council is reducing access to the Bermagui Community Centre and other Council- and government-owned facilities by steeply increasing fees. This resulted in the loss of Bermagui's Community Technology Centre and the space was then not made available to U3A. New rules preventing

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Frugal Fair Date Change

Pull out your calendars! The date for the Frugal Fair has been changed! It is now going to be amalgamated with the Open Gardens Day on 7 November.

If you would like to join us on the day by creating your favourite 'cheap eats' in the 'feed five for \$5' competition or lending us that fabulous thing that you created out of a St Vinnies bin donation for our recycled upscaled fashion parade, we'd love for you to come forward.

And if you enjoy gardening and would like to be part of our Quaama village garden tour, you'd be welcome onboard.

For more information contact Diana re the cooking comp on 6493 8450, Ruth re the fashion parade on 6493 8352 or for the garden tour, give Richard a call on 0414 787 710.

We've been Hoodwinked by the Quaama Public School!

The Quaama Public School had a

wonderful time putting on the Robin Hood themed play, Hoodwinked.

The matinee performance was well attended by the community as well as the Cobargo School and local preschools. The evening performance saw the Quaama Hall full to bursting.

All the classes from Kindy through year six participated.

Congratulations, kids and teachers!

Street Library

A Street Library in Quaama is now up and open, thanks to Caroline Long, and Two Sheds in Bega who made the 'building', and Emily Laszuk who painted it. It is now fixed to the Quaama Hall fence and awaiting your books!

Street libraries are popping up all over the world as a way for book lovers to share their books. You can take what you like without having to pay or replace. As you finish books you no longer need, we hope you'll put them in the 'library' for others to enjoy. There are two shelves, the upper

one for adult books and the lower for kids' books. What a great idea!



Emily and Stephen Laszuk with our new 'Library'!



Damsels and crusaders from 'Hoodwinked'

Honouring Mark

We have lost a neighbour and friend. Mark Burnell passed away late in August at the too young age of 55 years.

He and his companion, the well-known and very sociable Waldo (a Jack Russell terrier), lived on Bega Street. Waldo is now living with the Radfords next door. Mark was a lovely man and will be missed by all those who knew him.

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Quintessentially Quaama

Tennis Club family fun day

The Quaama Tennis Club put on a family fun day that was well attended by neighbours and friends, even those who don't play tennis!

The free sausage sizzle was great and the Round Robin tournaments looked like a lot of fun. Seems that being good at tennis is a genetic thing as Shelley Muirhead and Beck Grenfell won 1st and 2nd in the adults comp while their daughters Heather and Kya won 1st and 2nd in the kids!

The Tennis Club has signed 90 members since firing up just a few months back. The courts are being consistently used a few times every week. The club wants to build on that success and are keen to hold regular competitions and more of these social days, and would love to see weekly hit rounds starting up.

If you know your way around a ball and racket and are able to coach kids in this noble game, the club is looking for you to inspire and guide the next generation. Contact Beck Grenfell on 0429 306 761.



Winner mothers Beck Grenfell and Shelli McGregor



... and daughters Heather Muirhead and Kya Rixon

Getting Ready for fire season

The bush fire danger period began 1 September, so any person wishing to light a fire must obtain a fire permit.

The permit, a written sheet of requirements, must be issued by a permit officer. For the Quaama area contact Greg Chinnock on 0438 938 310 or Graeme Spicer on 0400 738 978 or Mike Weik. Then Bega Rural Fire Service Headquarters must be informed between Monday to Friday on 6494 7400, 24 hours before commencement of burning. Neighbours must also be informed 24 hours prior.

Even with a permit, weather conditions must be considered and check that there is no total fire ban in place. All care must be taken so please be vigilant as weather conditions could change quickly.

'Getting Ready Day' on 16 September was held at the Cobargo Co-op carpark (thanks to the Co-op for their support!). A cold and windy day was balanced by the enthusiastic Cobargo and Quaama brigades, warm support of the community and smiling children leaving with the RFS balloons. Information was shared, knowledge given and suggestions were all talked over.

A great idea for our properties is using the emergency services property numbers to enable easier and correct navigation. This number indicates how many kilometres the property is from the beginning of the road and on which side of the road it is. Even numbers are on the right hand side, odd on the left. Therefore,

1088 is 10.8 kilometres from the start of the road. The last number 8 being even, means that it is on the right hand side. This enables the fire brigade to identify and access the correct property, especially at night in unfamiliar and remote areas. These numbers are available from Bega Valley Shire Council.

You can catch us on Facebook 'Quaama Volunteer Bush Fire Brigade'. Please remember that not all volunteers need to go to the fire front and the brigade thrives on community support.

Until later, all the best, take care and be vigilant.

Graeme Spicer
Community Engagement Officer



Dave trains Sarah, a future volunteer.

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Pumped hydro: the solution to the energy storage problem

One hundred percent renewable energy to power Australia? It sounds like a pipedream—unless you were in the audience at the Bermagui Institute Dinner at Il Passagio on 21 September to hear Andrew Blakers, Professor of Engineering at the Australian National University, speak about pumped hydro energy storage.

When talk turns to renewable energy lately, the next question is always storage. There's no question that Australia can harvest massive amounts of wind and sunshine, but how to store excess energy for when the wind doesn't blow, the sun doesn't shine? Banks of Tesla lithium-ion batteries? Expensive, and with limited lifespans.

But anything that stores energy is a battery. And Blakers and his team have identified 22,000 potential sites in Australia for pumped hydro energy storage (PHES), all outside national parks and urban areas. There's an excellent site near Bombala. Fast track development of several Gigawatt-rated sites could be complete by 2022 in time to stabilise the grid as Liddell and other coal-fired power stations close.

Put simply, two reservoirs, sized between 10 and 100 hectares, are built at different altitudes—say at the top and bottom of an escarpment. They are connected by a pipe with a pump and turbine. When there's plentiful electricity (from solar or wind), water is pumped up

to the top reservoir. When power is needed, water is allowed to flow back down, turning the turbine.

Malcolm Turnbull's 'Snowy Hydro 2.0' is a pumped hydro energy storage system on a grand scale. The difference with Blaker's PHES is that the reservoirs will be 'off-river'—they can be built anywhere there's suitable 'head', the difference in altitude between reservoirs.

Annual water requirements of a pumped hydro energy storage supported 100% renewable electricity grid would be less than one-third that of the current fossil fuel system.

Of the 22,000 sites that Blakers has identified, only a few dozen will be needed to support a 100% renewable energy system for Australia. 'We found so many good potential sites that only the best 0.1 per cent will be needed,' said Blakers. 'We can afford to be choosy.'

The plan also requires strong interconnection of the electricity grid between states and territories, using high-voltage power lines spanning long distances, to take advantage of varying weather conditions across the country at any one time.

On the night, Blakers got a grilling from the floor. MC Doug Mein tried to close down question time three times but the audience kept firing them off. It sounded too good to be true. Lots of crossed arms around the room, studied

frowns. But he had an answer for every question. It stacks up.

I had a copy of a press release from Blakers in my inbox; he'd sent it out at 5.56 that morning. Apparently he'd done interviews all day, then driven down to the coast to keep his appointment with us at Il Passagio.

Obstacles? The coal lobby will run interference. 'I don't know how they look their children in the eye,' said Blakers.

See more at <http://re100.eng.anu.edu.au>.

Jen Severn



Professor Andrew Blakers has discovered 22,000 potential Australian sites for pumped hydro energy storage. 100% renewable energy is no longer a pipedream.

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General News

U3A on the Indigenous Heritage Signs trail

You may have noticed the beautiful Indigenous Heritage Signs that have been placed around the Wallaga Lake area and Bermagui township. There are six signs around the lake and three in the township. The Tourist Office has a trail map for people to follow as they visit each site.

U3A has organised excursions to visit each one and read the contents, none of which is repeated in others. 'It isn't until we visit each one consecutively that we can experience the full impact of the complex and ancient history of the Yuin people,' said Kerry Davies, who led the excursions. 'It's hard to grasp the significance of such a vast period of time, and to appreciate that Aboriginal people here were using the headland and fishing these waters well over 40,000 years ago.'

Members have said that their formal education filtered out the true circumstances of colonial times and that there was almost no understanding of how pre-contact life thrived in villages across Australia. 'At U3A we're belatedly studying Bruce Pascoe's book *Dark Emu* and presenting classes on its contents. It's a start. But we still have a long way to go,' said Kerry.

Jan Rivers



Kerry explains the signage to U3A members on the Headland.

Tell 'em
you found 'em
in the Triangle!



James Roberts and Karen Cseleda of Team Triangle model the new team T-shirts sponsored by, yes, *The Triangle*. Team Triangle now has seven riders for the MS Gong Ride from Engadine to Wollongong on Sunday 5 November. To donate, go to www.msgongride.org.au, click on 'DONATE' on the front page then enter 'Triangle' in the box so your contribution is added to our team's total. They've already exceeded their initial target, but don't let that put you off.

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Art in the Triangle

Barney McAll launches new album at Barragga Bay this month

Barney McAll will launch his new album, 'Hearing the Blood', at a Zephyrs Jazz concert at their partner Four Winds' Windsong Pavilion at 2 pm on Sunday 15 October.

Barney is a highly awarded, Grammy-nominated composer and pianist and is finally back in the country after 17 years in New York playing with some of that city's finest artists.

ASIO's other musicians are some of the country's best:

- Jonathan Swartz (double bass) and Hamish Stuart (drums) are two of our most respected and in-demand musicians;

- Carl Morgan (guitar) is a National Jazz Award-winning artist and rising star – and he grew up, and first picked up a guitar, in Central Tilba!; and

- Mike Rivett (sax) is the most recent winner of the National Jazz Award.

McAll's new album is eagerly awaited in the music world, particularly as its predecessor, Mooroolbark (2005), quickly won audience and critical acclaim and went on to win a swag of major honours.

These included ARIA, AIR, The Age, iTunes and Jazz Bell awards.

In the words of one of Zephyrs Jazz's subscribers, this will be 'one of those gigs you shouldn't miss. ... audience members will be able to say to their grandchildren, "I was there". Be there or seriously regret it!

Beautifully Mad in Tanja this month

Beautifully Mad are performing 7 pm for 7.30 pm, Saturday 21 October at the fabulous Tanja Hall, Barrabooka Road, Tanja. You will hear songs from their new Silhouette album plus some familiar favourites. If you can't make it, tell your friends!

There will be tickets at the door but to guarantee a seat they advise booking online at www.beautifullymad.com. \$20 per head, children under 15yrs free. Some seating is available but BYO chair if you can. Tea/coffee and supper available. Cosy environment, beautiful music! An intoxicating blend of jazz/folk/blues.

Tony King and Nina Vox produce music from the hauntingly beautiful, in the vein of Luka Bloom, to exotic tones reminiscent of Cassandra Wilson, to the wild Hendrix-spiked guitar and dirty New Orleans exhilaration of a band possessed.

Tony has a reputation for setting fire to a 12-string with his solos, while Kris melts hearts with her rich, mellifluous voice and nylon string guitar.

Tony was awarded Australian Songwriter of the Year in 2009.

"Beautifully Mad" were simply stunning. Excellent guitars and fabulous voices combined with lyrics that can only have come from people who have really lived, loved, lost and laughed through life. Their songs cut straight to the heart as they transported us. Thoroughly delightful entertainment! - Bill Arnett, Folkus Room, Canberra.

For more information go to www.beautifullymad.com.

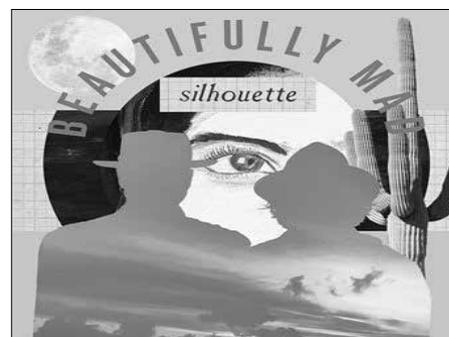
And ... explore the Art of Song at Four Winds

An amazing weekend exploring early and contemporary songs is coming to Four Winds in November.

Beautifully Mad is performing on Friday 17 November, 7.30 pm, in the Windsong Pavilion. Tony King and Nina Vox, two of Australia's finest singer/songwriters, will be joined for the first time in Bermagui by their incredible Sydney band for an evening of songs from their new album Silhouette.

The following morning, on Saturday 18 November, 10.30 am – 12.30 pm, Tony King of Beautifully Mad will run an Illustrated Masterclass, The Craft of Song Writing. A must for anyone interested in or already writing their own songs. Tony will talk about how Beautifully Mad go about writing their material, the craft and inspirations involved.

Bring a picnic for lunch then stay to hear Dame Emma Kirkby (British soprano) and Jakob Lindberg (lute player) who will present an Illustrated Masterclass on, The Art of Performing and Understanding Early Songs on Saturday 18 November, 1.00 pm – 3.00 pm.



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Carl Morgan, Jonathan Swartz, Hamish Stuart, Mike Rivett.

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Art in the Triangle

Four Winds offers new pensioner subscription tickets to locals

Four Winds is delighted to offer a special limited subscription ticket 'The Four Winds Access Pass' to holders of the following who live in Bega Valley Shire and Eurobodalla Shire regions.

- * Australian Pension Card
- * Full-time Student Card
- * DVA Gold Card.

We have created the Four Winds Access Pass because we want to ensure all our events are accessible, regardless of ticket price.

In order to buy your Four Winds Access Pass please call into the Four Winds office in Bermagui on either a Thursday or Friday between 9 am and 12 noon.

You may want to telephone in advance to let us know you are coming. Or email admin@fourwinds.com.au.

Find out more at:
fourwinds.com.au/about/accesspass

Short Black Opera moves mountains

The Short Black Opera residency at Four Winds came to an end in a free concert in the Windsong Pavilion.

The dedication and commitment displayed by the Indigenous children from Bermagui, Eden and Narooma primary schools was inspiring. Working with the very dedicated and tireless Short Black Opera company of Deborah Cheetham AO, Toni Lallich and Jessica Hitchcock, the children learnt seven songs in just three days.

There was not a dry eye in the room as Deborah explained the importance of

this young generation maintaining the traditions, language and stories of the world's oldest continuous culture.

Deborah also explained the value of the arts in education: 'It is a way of knowing, knowing yourself ... knowing everything ... can you imagine what these children could achieve with a vibrant arts curriculum.'

The final song, Mother Mountain, received a standing ovation and an encore. It was a song the children wrote together about their place, reflecting the aims of the Four Winds' Bermagui Project.



Short Black Opera engaged local Indigenous children, who learnt seven songs in just three days.

U3A Bermagui & District Inc

U3A offers classes taught by local members for members
Membership is available to the whole community

TERM 4 INFORMATION & REGISTRATION DAY

Wednesday 11th October 2017

10am – 12noon (no early birds please)

Bermagui Country Club Auditorium



Fishing for knowledge

Come and meet the presenters at Information & Registration Day and sign up for Term 4.

Old Favourites such as: Pliability, Classical Music, Watercolour Painting, Rug Hooking, Film and Lunch, Linguistics, Stitchers, Apple Technology, Lawn Bowls.

New Classes/Courses/Excursions: random weaving, travel tales from afar, Indigenous culture, Aboriginal art, Pathway to learning Guitar, United Nations and Brexit updates and many more exciting classes and excursions.

Course Descriptions: www.bermagui.u3anet.org.au

Course Enquiries: 6493 6300

The Triangle's Eco Edge Competition

The Eco Edge page is sponsored by AKT, a local company that manufactures advanced environmental equipment, and its theme is 'The Environment'. Every month we'll publish contributions from primary school aged readers, then at the end of the year there'll be three prizes, awarded as follows: K-2, Years 3/4, and

Years 5/6. Each winner will get \$150.

Photos, drawings, poetry or prose, fiction or non-fiction, the choice is yours, guys. So get out your pencils or your cameras, your pens or tablets, and go outside and have a look around for some inspiration. Email your entries to environment@thetriangle.org.au or mail

to PO Box 6009, Quaama, 2550.

This month's contribution is a puzzle from Connor Muirhead, aged eleven, from the Quaama Public School. Last month we featured a drawing by Amber Mathews, aged eleven, also from the Quaama School!

Who am I?

Your clues!

1. I make a mischievous pet.
2. I come in multiple colours.
3. I am environmentally friendly as I help control weeds on your farms without the use of chemicals that could end up in our waterways.
4. My fibre is the finest commercially grown on the planet.
5. I produce the most widely-eaten meat in the world.

The first letter of each answer, when read downward, will spell who I am ...

A swinging frame that lets me access a new paddock

--	--	--	--

A cereal grass that I love to eat

--	--	--	--

Among

--	--	--	--

My hindmost part that I wag when I'm happy!

--	--	--	--

Your answer!

--	--	--	--

Connor Muirhead, aged 11, Year 5, Quaama School

AKT proudly supports marriage equality. Vote YES!
AKT international is a Cobargo company dedicated to developing technologies for the most effective recovery of nutrients from waste streams.



Art in the Triangle

Habitat: an exhibition of works by Marilyn Banfield and Emily Laszuk

Cobargo Creators' next feature artist exhibition is a collection of works by Quaama artists Marilyn Banfield and Emily Laszuk.

Habitat: the natural home or environment of an animal, plant, or other organism. An exploration of our environment and what makes meaning for us. Nature motivates in art and life, awe-inspiring and deeply moving.

The theme is explored through Emily's lustre work and its earthy intense colours created by the use of the ancient technique of reduced Arabic lusterware, contrasted with works featuring the animals who share Emily's life—cats and dogs, roosters and hens.

Marilyn's textiles display her love of the local landscape and delight in observing the seasonal fluctuations, the comings and goings of animals and birds and the ever-changing colours and texture of the trees and the surrounding natural environment.



Leaf lidded treasure pot by Emily Laszuk



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Thursday Playgroup 9-10.30

P: 6493 6660

office@cobargopreschool.com.au

Join Marilyn and Emily from 11 am on Saturday 14 October for the opening. The exhibition continues in Black Wattle Gallery until Saturday 28 October.

For more information: email cobargocreators@gmail.com, www.facebook.com/CobargoCreators, Instagram @cobargocreators or call into The Cobargo Creators Centre, 60 Princes Highway, Cobargo.

Cobargo Pre-schoolers' talent on display once again

The Cobargo Creators Centre experienced an explosion of colour and joy with the opening of Joy and Abandon III in Back Wattle Gallery.

The third annual exhibition of works from the children of the Pre-school opened on 9 September with refreshments and face painting and extra special guest opener and ribbon cutter Shirley Benny.

All the works were available for sale and by the end of the exhibition over \$300 had been raised for the Pre-school funds from the sale of artworks and donations from the Centre's delighted visitors.

The members of Cobargo Creators are always thrilled to host our youngest artists



Shirley Benny opening the Cobargo Preschool exhibition

and to being surprised and enchanted by what is produced every year.

We are also thrilled to be working with Chris and the staff at the Pre-school who make it so easy to bring the exhibition together.

Veronica Abbott

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Art in the Triangle

The Lazy Lizard presents 'plein air' sketches: *Fledgling Colours of a Coastal Valley*

This October, in the Side Room, you will be seeing some lovely oil paintings of local landscapes by artist Justine Wardle. Justine lives in Quaama and is best known for her amazing sculptural chairs made from long willow branches. These have been on display and much admired in the Black Wattle Gallery. Using this same method, she created the beautiful sculpture, *Uncharted*, a finalist in Sculpture on the Edge, which now graces the foyer of the maternity wing in the new Bega Regional Hospital.

Sculpture, however, is not Justine's only talent. She is also an accomplished painter and her latest foray into 'plein air' landscape painting is an area she feels is a new beginning, something she really wants



Bega River, oil sketch by Justine Wardle

to explore ... hence the word 'fledgling'. She has been trying out her wings, enjoys the sensation, and wants to fly further.

'Plein air' is an expression first used by the Impressionists in the 1880s and simply means painting outside in the open air—directly from nature, and away from the strictures of the studio. This

was a revolutionary idea at the time, and is probably not a bad idea for today ... to turn away from screens and photography and look at the real world. Justine's oil sketches are fresh and spontaneous. She depicts not just the basic layout of the scene, but she has responded to the moment—the warmth, the wind, the changing light patterns ... the atmosphere of

that particular day.

Justine has brought the landscape to life and captured the essence of our beautiful area, so please come and enjoy these lovely paintings. Join us at the opening – Saturday 7 October, from 10 am to 12 noon.

Naomi Lewis

Eric Bogle to play at next year's Cobargo Folk Festival

The Yuin Folk Club has been busy this year with its annual concert series, several music education projects and preparations for the 2018 Cobargo Folk Festival.

The Club continues its Cobargo concert series of local, national and international artists with a special one-off concert featuring Kate Burke and Luke Plumb at the Cobargo Hotel Restaurant on Sunday 15 October at 2 pm. Concerts are open to all and tickets are available at the door.

Candelo-based Kate Burke is a multi-instrumentalist best known for her work with outstanding Celtic band Trouble in the Kitchen and in a duo, Kate and Ruth, with singer and banjo player Ruth Hazleton.

Luke Plumb's innovative mandolin

playing dominated the repertoire of Scottish megaband, Shooglenifty. Now back in Australia, he tours with Pete Daffy and has become a prominent record producer.

Planning for the 2018 Cobargo Folk Festival, 2-4 March 2018 at the Cobargo Showground, is well under way.

We're thrilled that Iconic Australian singer/songwriter Eric Bogle has agreed to perform. Bogle, famous around the world for such songs as *The Band Played Waltzing Matilda* and *The Green Fields of France*, last appeared at the Cobargo Festival over 20 years ago. With over 20 studio and live albums to his credit, the Scottish-born singer's work has been recorded by dozens of artists worldwide, including the Dubliners, the Pogues and Billy Bragg.

He will be joined by Peter Rowan's Bluegrass Band, an Irish traditional band, the Alan Kelly Gang, Manx singer Christine Collister with Australian guitar supremo, Michael Fix, and, returning after last years' huge success at Cobargo, the Northern Folk, from Albury.

Pete Rowan, from Boston, on discovering bluegrass in the mid-60s, moved to Nashville to become guitarist and lead vocalist with the founder of bluegrass, Bill Monroe and his Bluegrass Boys.

'These are just the first announcements in what I believe will be—artistically—our best festival yet,' Artistic Director Dave Crowden said. 'We were close to our capacity last year so the simple message is, get your tickets early for next year,' he said.



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Art in the Triangle

Masterworks 2017 at Shop7 Artspace until 11 October

For each of the last four years the ten members of Shop7 Artspace gallery have produced works to stage a special exhibition. Artworks have been made specifically for this show.

The past year has been a busy one for artists in the area and Shop7 management uses this show to welcome in spring and a new season for members of the gallery. This is a members-only event. Guest artists and regular selected artists will join the gallery again after this show is finished.

Creativity is given a boost in all facets of life and activity at spring time. A glimpse of what to expect at the gallery:

* Helen Morris has produced an etched, clear acrylic panel illustrating a bush lifecycle of animals and plants with a dominant python theme.

* Pauline Balos has produced a group of collaged images from magazine cuttings creating imaginary insects.

* Steve Stafford has produced an intriguing miniature exhibit of hand-

carved plant root balls and stems to make spoons.

* Jenny Mein has produced a range of new ceramic pots with a white theme, some subtly decorated and some plain.

* Malcolm Halliday has a group of three dramatic colour photographs including yellow robins, a portrait of a boy and pottery kiln fire. There are also four black and white pictures of wooden carts and drays.

* Doris Hoyne has just returned from the Venice Biennale and we expect that she has been inspired for more of her exquisite graphic works.

* Jenny Bruce has been actively working on new sculptures and paintings.

* Peter Storey will show a new range of carved timber bowl forms and a wall piece of acrylic ink, brush box, tuckeroo and blackwood.

* Lenore Thompson has made a new collection of miniature bead work bracelets and neck ware.

* Shelley Davis will display a new suspended felt wall piece.

The public was invited to an opening on Thursday 21 September. The exhibition continues to 11 October.

A collection of images by local Bermagui photographer Di Manning, encapsulating the 'afterglow' of her trip to Central Australia earlier this year, will be on exhibition at Shop7ArtSpace from 8 to 28 November.



The opening of Masterworks on 21 September

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w fourwinds.com.au
p 02 6493 3414



C'mon, spring into it!

Spring has arrived and with it the start of the gardening year. New growth appears on deciduous plants, perennials wake after their enforced winter hibernation and bulbs pop up everywhere. This month commences with many tasks in the garden including the preparation and planting of the spring vegetable garden, planting of flowering annuals and the completion of late winter and early spring chores before too much new growth on plants appears.

Pruning of deciduous fruit trees and roses should be well completed. Winter spraying must have been completed. Please remember that if your fruit trees have broken bud and are flowering, it is too late to use the stronger winter sprays as you risk blossom burn, which in turn leads to poor or no fruit development.

New growth on roses and fruit trees is a delicious target for aphids so keep an eye out for them. Spray with an organic insecticide or a synthetic pyrethroid like Confidor and this will halt their progress. These will not affect the blossom if you have some late blossom still on the plant.

The vegetable garden should be getting the finishing touches prior to planting. Initially the garden should be dug over to spade depth and a spreading of lime (500g per square metre) all over applied. After a week add some well-rotted cow or poultry manure and fork it well into the



soil. You can then get on with planting as the soils are now warm enough for new seedlings.

There are some plants that might need some protection from that sneaky late frost. Tomatoes, beans, capsicum, eggplant and zucchini are a few that have very little tolerance to colder temperatures, so a planting of these closer to the beginning of

to "the Cup" go out and plant your tomatoes. A good bit of advice.

When growing vegetables it is important to practice crop rotation. By this I mean don't plant the vegetable in the same position as you had it last season. This applies particularly to tomatoes and potatoes as these two groups of plants are in the same family and any pest or disease lying dormant in the soil could cause problems with the new crop this season.

One major factor is to only grow as many vegetables as your family requires. It's best to avoid growing crops where the bulk of the harvest comes all at once unless you can put the extras in the freezer for the out-of-season periods.

Another trick is to go for quick turnover vegetables that can be picked and replaced regularly like lettuce, Asian greens, beans and spring onions.

Plant taller vegetables like corn and tomatoes on the side of the garden that is less likely to shade the rest of the garden.

It's important to remember that there are three main categories of herbs. There are moisture lovers like mints and coriander, the dry garden herbs like parsley, sage, rosemary and the thymes, and the higher nutrient leafy forms like the perpetual lettuce, spinach and more of the leafy herbs.

Finally, remember the key ingredients for good vegetables are full sun, good drainage and good nutrients.

November is more advisable.

My old Dad used to say that you should dig the garden over on that special day in November. Once you have listened





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 contributions@thetriangle.org.au

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My lovely friend Janet, who we all lost a little time ago, cooked these three things with me often. We met on the street at the Cobargo Market and ended up cooking together, making jams and pickles, sharing our love of food and good times.

Ginger Ale Fruit Cake

Aahh, the fruit cake! How many people say, "NO, I don't eat fruit cake"? Well, that's because they have never eaten a good one. And lots of recipes make it sound difficult and expensive.

Trust me, this one will change many minds. Give it a chance. I actually like to cook this in a small baking dish which invites small thin slices alongside a sliver of blue cheese and a couple of chocolates, making a delightful dessert.

- 1kg mixed fruit
- 600ml dry ginger ale
- 2 cups SR Flour
- 1/4 cup fortified wine (port, sherry, etc)



1. Place fruit in a large bowl, stir in dry ginger ale and the port. Cover and leave overnight.
2. Line base and sides of pan with baking paper, extending 2cm above edges.
3. Add the flour, mixing well, spoon into prepared pan and smooth over.
4. Cook in slow oven (150C) for about

1 hour 40 minutes or until skewer inserted comes out clean.

5. Cover hot cake with a sheet of baking paper. Wrap pan and cake in a tea towel and leave overnight in the pan.

Prawn Cakes



- 2 cups fresh bread crumbs, white is best (1 bread roll)
- 3 tablespoons sweet chilli sauce
- 3 tablespoons rice flour
- 1 egg white, beaten
- 500g green prawn meat
- 8 finely shredded kaffir lime leaves (take out hard middle stem)

1. Process all, not too smooth.
2. Form the mixture into cakes. (I make the 'cakes' soup spoon size, and, very importantly, keep your hands wet—have a bowl of cold water beside you.)
3. Cook in hot oil for a minute or two.

Serve with a dipping sauce and salad. They are also perfect to freeze.

Rhubarb and Ginger Chutney

- 1kilo rhubarb, washed and cut into 2-3 cm pieces
- 350ml red wine vinegar

- 650 ml malt vinegar
 - 4 cloves garlic, peeled and finely chopped
 - 545 grams raisins
 - 455 grams chopped dates
 - 70 grams sugar
 - 2 tablespoons salt
 - 1.5 tablespoons Cayenne pepper (yes, tablespoons!)
 - 115 grams stem ginger in syrup, finely chopped
- (Janet and I used our own ginger marmalade. A good quality commercial one does the job but use double the amount!)

1. Put all of the ingredients into a very large saucepan, leaving at least 15cm between the vinegar and top.
2. Boil gently with the lid off until the rhubarb is soft.
3. The chutney is ready when you can drag a spoon through, parting it.
4. Cool slightly before bottling.

Try to be strong and leave it for a week or two before using, it is divine. Janet and I cooked this often. One of the amazing things is, you can use frozen rhubarb.



Mmmmm, sharp cheese, biscuits, or just slap it on a ham sandwich! We always laughed at that little phrase.

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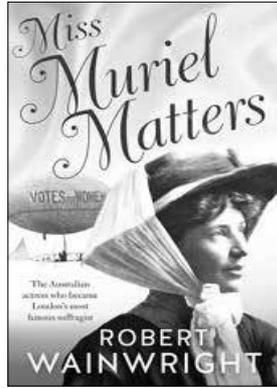
Book Review

Heather O'Connor

Robert Wainwright
Miss Muriel Matters
\$32.99

Here is yet another woman I had never heard of! Muriel Matters was born in Adelaide, spent time in Perth where she began her life as an actress before moving to London to further her career at the beginning of the 20th century. Before long, she was caught up in the struggles for women's right to vote. The book traces her commitment and her involvement up to and after the First World War.

She first gained notoriety by chaining herself to the grill that separated women from the MPs at Westminster, at which point she became the first woman in history to address the Parliament before she was hauled off, still attached to the hated grill, which had to be cut to enable her removal. She became a regular speaker at the huge crowds of people attracted to the meetings of the suffragettes. Physical and verbal abuse was the norm at these meetings, as they were when she took to travel in a caravan around Britain, recruiting women



(and few men) to the cause. She was jailed along with over a thousand of her sisters, enduring appalling conditions and abuse.

Dubbed "that daring Australian girl", her next adventure was to take to the skies in an air balloon, distributing Votes for Women pamphlets; this was declared as the first aerial protest.

The book explains the tensions between the different factions of the suffrage movement. Most of us know something of the Pankhurst women; few of us understand the conflict between those who wanted votes for all women and those who wanted the vote confined to women of property and education. There was also fiery dispute over tactics – should the women resort to violence? Should they confine their struggle to winning the vote or broaden the debate about improving the status of women through education, better health and housing?

Any woman who could stand up and say "...we are done with charity, we want justice" is my sort of heroine. Thanks are due to the author for rescuing her story.

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own. Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to work with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Send all **articles** as WORD or other TEXT documents.

4. Please do not send posters or flyers! We cannot reproduce or insert them. Instead, write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

5. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

6. Deadline is **22nd of the month**.

Any questions at all, please email us contributions@thetriangle.org.au

Pet of the Month

Deb Cox

Dali is a female 18 month old Staffie/Sharpei in urgent need of a new and loving home. Her owner can't have a dog in her new accommodation, sadly.

Dali is fairly timid and unsure at first but once she knows you she loves attention. She has been an outside dog (but would love to learn to be an inside dog!), is fine with other dogs and walking on a lead.



She's unsure about the cat but doesn't try to chase it. Dali loves her food but should lose a little weight. Walks and runs will help her return to her optimum weight.

If you can help Dali gain some confidence and trust please call 0400 372 609 (Animal Welfare League - Far South Coast). The adoption cost is \$350 which includes desexing, micro-chipping, vaccinations, worming, flea and tick treatment and vet check.

Check our Facebook page (Animal Welfare League Far South Coast Branch) for details of other animals available. Call Sapphire Coast Branch of RSPCA on 0419 267 799 if you are interested in adopting a cat or kitten available through the branch. Cats can be viewed on Sapphire Coast branch of RSPCA Facebook page.

Carers Needed. Caring is a great way to be able to enjoy the company of a pet if you are between your "travels" or while you are deciding what type of pet you would like to adopt. If you would like to have a chat about being a carer please call our information line on 0400 372 609 and help save a life.

Classifieds

FOR SALE

Kitchen dresser, 1920s, replaced leadlight glass panels, good condition. \$150. Ph 6493 8515

Mitsubishi Magna 2001 V6 Auto Rego till Feb 2018 \$2,200 ONO. Contact 0400 368 055

WANTED

Naturally shed Deer Antlers from the Triangle district. We need a pair (a matched set) approx 1 metre across for both, end to end. Willing to pay \$100. Any local help will be very much appreciated! Thank you! Paul Fletcher 6493 3123

WANTED URGENTLY

Knitters/crochet workers
Balls of leftover yarn, any ply, any type
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Make a difference in the world!
Knit or crochet 25cm squares to be sewn into large blankets and distributed to the needy
WORLDWIDE.
Contact Joan, area organiser for **WRAP WITH LOVE** inc.
a Sydney-based volunteer organisation
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6493 6888 or 0447 920 580

Please note: we will discontinue classifieds after one month unless advised by the advertiser. A small donation (in the tin) will be appreciated for classifieds.



AL-ANON

Bega, Tuesdays 5pm, rear 7th Day Adventist Church, Upper St (opposite pool). Ph 6492 0314

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch promotes the welfare of companion animals and responsible pet ownership. Meeting at Tathra Beach Bowling Club 11am, Sunday April 23rd, Sunday June 25th, Sunday August 27th. Call 0400 372 609

ANGLICAN PARISH OF COBARGO

Bermagui: All Saints- 1st, 2nd 3rd Sundays 10.00am 4th Sunday 5.00pm. Cobargo: Christ Church - 1st, 2nd, 3rd Sundays 5.00pm. Quaama: St Saviours- 4th Sunday 10.00 am. 5th Sunday - One service in parish at 10 am rotation. Contact Alan Burdon 0409 189 659

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies' Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
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BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Ray Clements on 0477 017 443. Meet 1st Thurs each month at Cobargo Hotel & 3rd Thurs at Bermagui Hotel at 6.30 for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Friendly, social group meets for Indoor Bowls at Bermagui Country Club every Monday afternoon. Names to be on list by 2:00pm, games start at 2.30pm. No experience necessary. For information ring Bob Whackett on 6493 3136

BERMAGUI GARDEN GROUP

1st Tuesday every Month 10.00am until 12 noon, venues vary, phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 2 - 4pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Allan Douch 0428 427 873 or Marianne Hunter 0419 173 607.

BERMAGUI U3A

(University of the Third Age)
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For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

BERMAGUI URBAN FOOD FARMERS (BUFF)

community gardening and growing activities - various times and sites. 'Grow to Eat and Eat to Grow'. Contact Paul on 0466 013 153 or visit www.facebook.com/BermaguiUrbanFoodFarmers

BERMAGUI WEIGHTLIFTING CLUB INC.

'Working with Weights'
Open Monday and Wednesday afternoons at the Bermagui Sports Stadium.
Contact: John Preston - accredited coach
Ph 02 6493 5887 mob 0429 179 184

CATHOLIC CHURCH

Weekend Mass times.
Bermagui- Sunday 7:30 pm Cobargo- Saturday 5pm

COBARGO DISTRICT MUSEUM

Meeting 5 pm 2nd Wednesday of the month Cobargo
Newsagency : researchers, old photos, information and new members welcome. Contact
Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 7.30 pm - CWA Rooms. Contact Ros Mead 6493 6948

COBARGO PRE-SCHOOL

Child centred, play based preschool education for 3-5 year olds in a happy, creative & caring environment. Monday-Thursdays. Ph 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Families welcome every Thursday 9-10.30am. A good transition for children to become familiar with the surroundings & teachers. All ages welcome. Bring along a piece of fruit to share. A small donation would be greatly appreciated. 6493 6660

COBARGO SoA HALL COMMITTEE

Hall bookings and inquiries: Linda 0407 047 404
email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSOC

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Pamela Keenan on 6493 6419

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO & DISTRICT RED CROSS

For meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo - once a month on a Wednesday 1.30pm- 2.30pm at CWA cottage, Bermagui - every 2nd Friday 10.30am - 12pm in the Ambulance Station. Quaama - Wed. by prior arrangement. Enquiries: 0428 667 924

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175 or Mary Cooke 6493 7320.

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Richard Nipperess 4473 7769. Meet: 9.30 - 12.30 first Wednesday of the month at the swings.

LIFE DRAWING SESSIONS

Cobargo SofA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

QUAAMA MEN'S SHED

Meets Wednesdays from 10am at the old fire shed, 20 Bermagui Street, Quaama. All men are welcome. For information contact John Preston (President) on 6493 5887 or Ron Higgins on 0408 788 528.

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets Tuesdays & Thursdays from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring Bill Johnston (president) on 6493 5447 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

The Yuin Folk Club organises the annual Cobargo Folk Festival and hosts folk music concerts throughout the year. Details at www.cobargofolkfestival.com. For info ph. Secretary Carolyn Griffin 0400 391324, Treasurer Zena Armstrong 0402067615 or email info@cobargofolkfestival.com

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details change, please advise us at contributions@thetriangle.org.au

For the Fridge Door

OCTOBER	WHAT	WHERE	TIME
Wed 4	Social bridge	Tilba Valley Wines	2 pm
Fri 6	Full Moon Dance	Quaama Hall	6 pm
Sat 7	Montreal Goldfield Heritage Day	Montreal Goldfield	9.30 - 2.30 pm
Sun 8	Blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	11 am - 5 pm
	Tilba Food Share	18 Tebbs Rd	10 am - 12 noon
Wed 11	USA Registration Day	Bermagui Country Club	9 am - 12 noon
Fri 13	Ecstatic Dance	Quaama Hall	6 pm
Sat 14	Tilba District Community Ball	Big Hall	6.30 pm
Sun 15	Live music - Damien Coen, free	Tilba Valley Wines	1 pm
	Night Parrot Stories, community doco	Old Cobargo Butter Factory	3.30 pm
	Barney McAll's 'ASIO' Quintet, \$45	Four Winds Windsong Pavilion	2 pm
Sat 28 - Sun 29	Cobargo Spring Horse Show and Gear Sale (Sat)	Cobargo Showground	All day
Fri 27	Ecstatic Dance	Quaama Hall	6 pm
Sat 28	Jan 'Yarn' Wositzky in Bilarni, \$20	Murrah Hall	7.30 pm
Sun 29	Jan 'Yarn' Wositzky in Bilarni, \$20	Murrah Hall	3 pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA Cottage Cobargo	10 am-3.30 pm
2nd Monday	Tilba CWA meetings	Small Hall, Tilba	10 am
Tuesdays	Bermagui garden group	Phone Heather 6493 5308	
	Weekly meditation	Kamalahila Centre, Tilba	10 am - 11 am
	'Zine' Machine	Bermagui Library	3.30 - 5.30 pm
	Storytime	Bermagui Library	10.30 - 11.30 am
	Yoga Classes with Sara	Bermagui Surf Club	10 - 11.15 am
Last Tuesday	Cobargo Seed Savers	18 Blackbutt Drive, Cobargo	10 am - noon
Wednesdays	Pool comp	Bermagui Country Club	7.30 pm
	Dru Yoga	Cobargo School of Arts	10.30 am
1st Wednesday	Bermagui Historical Society meeting	Bermagui Museum in Community Centre	2 pm
	Social bridge	Tilba Valley Winery	2 pm
	Bermagui Seniors' Social Club meeting	Bermagui CWA rooms/Country Club	10.30 am
3rd Wednesday	Bermagui Seniors' social lunch	Venues vary. Ph 6493 4006	
Thursdays	Mind Body Stillness Meditation	The Courtroom, Princes Hwy Cobargo	10 am-11 am
	Worldwide dance and aerobics	Bermi Community Centre	5.30 pm
	Bermagui Growers' Market	Fishermen's Wharf	2.30 - 5 pm
	Rhymetime	Bermagui Library	10 - 10.30 am
1st Thursday	Lions Club meeting	Cobargo Hotel	7 pm
3rd Thursday	Lions Club meeting	Bermagui Beach Hotel	7 pm
	Coding night	Bermagui Library	5 - 8 pm
Fridays	CRABs raffles	Bermagui Beach Hotel	from 5 pm
1st Friday	Bermagui CWA meetings	CWA Rooms	1 pm
Saturdays	Worldwide dance and aerobics	Bermagui Community Centre	10.30 am
2nd Saturday	CWA Cafe	Small Hall, Tilba	9 am - 12 pm
1st Sunday	Reclaim the Riverbank Working Bee	Rob's corner, Quaama	9.30 - 11.30 am
	Tilba Food Share	Venues vary, Contact Annie on 0409443064	10 am - 12 pm
3rd Sunday	Cobargo/Quaama food swap	Venues vary, phone Tam: 0409 882 944	10 am-12 noon
Last Sunday	Bermagui Red Cross Markets	Dickinson Oval	9 am-12 noon
ART			
Sat 7	Opening, Fledgling Colours of a Coastal Valley	Justine Wardle at the Lazy Lizard	10 am - 12 noon
Sat 14 to Sat 28	Opening: Habitat, Marilyn Banfield and Emily Laszuk	Black Wattle Gallery	11 am
To 11 October	Masterworks 2017	Shop7 Artspace	10 am - 4 pm
To 29 October	Cheryl Davison and Lee Cruse	Ivy Hill Gallery	10 - 5 Thur - Sun