

THE TRIANGLE

COMMUNITY NEWS

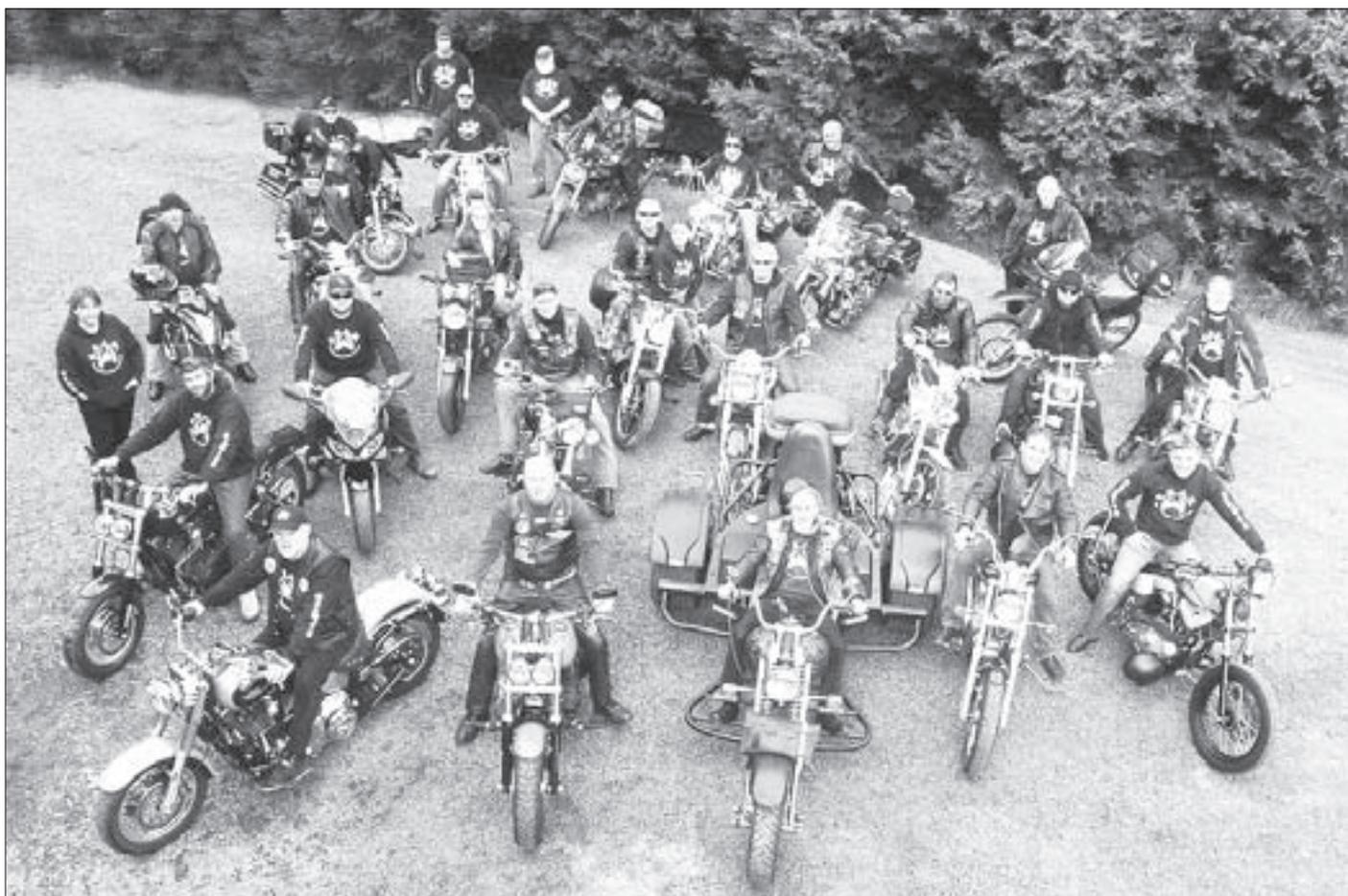
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BROGO QUAAMA COBARGO BERMAGUI TILBA & LOCALITIES

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CRABS and their BIKES



CRABs invite you to come along and find out what they do for the community at their Community Bike Show at Bermagui on Saturday 28 March

With their annual Bike Show just around the corner, the Cancer Research Advocate Bikers (CRABs) are inviting people to come along and find out more about why they do what they do!

Started in 2004 in Queensland by Bermagui local Rob Grimstone, the South Coast 'Kingies' chapter has been running for over five years, with chapters in Melbourne, Brisbane, Adelaide and even Switzerland.

The club is run to fundraise for cancer research and has raised over \$200 000 in the past five years for Cancer Council NSW with donations also being made to the local branch of Can Assist.

But where does the money go that the community raises?

"The CRABs are part of our Community Fundraisers," Community Relations coordinator

for Cancer Council NSW, Sarah Flynn, says. "Community Fundraising groups are vital in our fight against cancer. They allow us to fund exceptional research and we are making great strides."

Cancer Council NSW invested \$14.8m into research in 2014. Thanks to groups such as CRABs, they were able to fund 93 incredibly important research projects, including research into preventing cancer cell growth; new techniques to observe cancer in bone marrow; developing new therapies for breast cancer and how to stop liver cancer resisting current therapies to name just a few.

One of the new research projects they are most excited about is headed up by Professor Jacqui Matthews and is looking at breast cancer treatment with minimal side effects. With breast cancer being the most common cancer

diagnosed in women, and nearly 2800 women dying from the disease each year, Professor Matthews and her team are developing new drugs to fight sporadic breast cancers; which make up about 80% of all breast cancers diagnosed.

CRABs have helped fund this project, and many others. Help them continue their amazing work by getting along to their family-friendly Community Bike Show in March, with all proceeds going to further cancer research and ensuring a better quality of life for those diagnosed with cancer in our community.

The show is held in Bermagui, at the foreshore reserve on Saturday 28 March from 10am to 5pm.

Sarah Flynn

The summer has been kind to us here on the Far South Coast. We have had enough rain to keep the countryside green but not so much that we were washed away, and in spite of 2014 being recognized by NASA as the world's hottest year ever recorded, we have not been plagued by a prolonged heat wave or wildfire (fingers crossed and touching wood of course). The local towns have seemed pretty busy so hopefully we had a good tourist season and local businesses are well set for the rest of the year. My own vegetable garden has been producing remarkably well from springtime broccoli through peas and beans to a bumper tomato harvest. All in all a very satisfactory

summer so far.

By the time the February edition of the paper is out Australia Day will be over, most of the visitors will have left and the children will be back at school but there will still be plenty of things happening. February will see the Cobargo Show early in the month and later the Folk Festival followed early in March by the Seaside Fair and Sculpture on the Edge at Bermagui. The U3A are as active as ever with some interesting courses on their calendar including such diverse subjects as 'The Australian Economy and the impact of the GFC' with Frances Perkins; Cidi Scott's 'Walking the Boards - Creating Theatre' and an 'Introduction

to Beekeeping' with Ross and Marion Riddett and Carmen and Reita Ciphery.

There are many other subjects on the U3A calendar and one major Rug Hooking Community Arts Project. This project, which is partly financed by a grant from the Mumbulla Foundation, will create a mural to hang in the Bermagui Surf Club. Designed by local Artist Rona Walker it will depict a panoramic view of Horseshoe Bay with Gulaga in the background. Lin Potter is tutoring the group and it is not too late to join the rug hookers if you would like to take part. The course coordinator, Dawn Hollins can tell you all about it and she can be contacted by email at courses@bermagui.u3anet.org.au

Letters to the editors

Gun Proliferation

Ordinary Australians from all walks of life expressed horror and concern over the Sydney siege and increase of guns in our society.

In opposing any relaxation of gun laws Walter Mikac, whose wife and child died in the Port Marthur massacre said, "We don't want to be living in a society ruled by fear, like the U.S."

At almost the same time Eurobodalla Shire Council, against the expressed wishes its residents, gave permission for sale of guns to be added to the annual Huntfest being held in the main street of the peaceful holiday town of Narooma!

More than 'just a gun shop', the American styled celebration of hunting already includes demonstrations of deer butchery, 'tasteful' photos of dead or targeted animals, a mobile shooting range, and a booth inviting membership of Senator Borsak's Shooters and Fishers party.

Free entry is given to children under 12, who are encouraged to believe that shooting and killing can be fun (and to purchase a gun as soon as they're old enough).

Council argues that because such a decision was approved by a majority of councillors with the backing of a powerful gun lobby, it is a lawful decision that cannot be rescinded in spite of two years of community protest, including a long overdue call for consultation in which 80% of the 200 resident submissions submitted to council at its own request, expressed a strong objection to the Sports and Recreation Centre being used as a retail outlet for guns.

Petitions, meetings, rallies, letters to councillors, presentations to council and 940 signatures on a petition presented to the NSW Legislative Assembly opposing Huntfest in its entirety, have all been dismissed as the opinions of a noisy minority, in spite of evidence to the contrary.

Politicians and government organizations who should be able to exert some influence or control over council deliberations are reluctant to interfere or take part in the debate, with the exception of Greens Senator, David Shoebridge.

Why should the Greens be the only ones credited with any moral sense? Sale and glamorization of guns in a council building should be an issue on which all parties and all levels of government are prepared to make a firm stand now, before it is too late.

Locals and visitors to this beautiful seaside shire should let their views be known to their local state politicians, who, since the Sydney siege have been unanimous in their opposition to gun proliferation. (Keep Australia beautiful..... and SAFE).

More information from facebook.com/safefarsouthcoast

Susan Cruttenden
Dalmeny

Till the cows come home

Dear Triangle,

In March last year one of Cobargo's cows and three calves were stolen. Other calves on the vacant block in town were vandalised. The stolen cow, Bessie, lived outside South Coast Leather and her owner was heartbroken. And angry.

Cobargo's policeman, Robert Dunlop, told us that some animals matching the description of Bessie and her friends had been found at a residence in Bega and that soon they would be returned.

The cow and calves were used as evidence and the thief has gone to gaol.

We will now give Bessie a bath (she needs it) and return her to Cobargo town.

Thanks Mr Policeman,

Cows-R-Us
Wandella



Thumbs Up



to the two ladies who found my wallet in Lamont St Bermagui on 31 December. They quickly tracked me to Bermi van park, Sarah phoned and wallet returned.

Ladies refused reward, one was from Melbourne, with family living in area. If anyone knows them please thank them again.

to Quaama village and all involved for another fantastic New Year's Eve Party

Thumbs Down

to Cobargo's proprietors who park their cars in the main street when main street parking is so limited for our elderly and less mobile community members.

Please consider making a change.



DISCLAIMER

The opinions expressed by contributors to the newspaper are their own, to a greater or lesser degree, and do not necessarily reflect those of the editorial team. Whilst striving to accurately report the news and views of the readers, this newspaper accepts no responsibility or liability for statements made or opinions expressed. All letters to the editor must be signed and include the writer's full name and address if they are to be considered for publication.

John Xuereb - Do what you do do well



In the summertime, when the weather is (usually) fine, you'll see John Xuereb, a 6 foot, 3 inch gentle giant, at his roadside stall, looking oh-so-relaxed. He is selling the abundant fruits of his labour, the culmination of reaping what he has sowed over the previous twelve months. TOMATOES GARLIC ONIONS LEMONS POTATOES, says the sign at his tin shed he built alongside the main road to Bermagui.

Inside, the polystyrene boxes neatly display his quality produce and more descriptive information is provided, 'Pomodoro Marmande, Mariposa Plums, Roma Tomatoes and Honey Murcott Mandarins'. The figs and some of the plums are not yet ripened due to unseasonably low summer temperatures, with some days being as low as 22 degrees. So after eight months of concentrated and almost loving preparation, John is 'front of shop' for 4 months, Wednesday, Friday, Saturday and Sunday, 11am to 4.30pm from early January, when the fruit is ripe. And he has been doing this religiously for the last eight years.

I tell John that I always have trouble pronouncing his surname, and he says "try it backwards! Bereux was my ancestral name until a French nobleman changed his name to avoid identification when the French were being pushed out of Malta in early 19th Century". "Ahhh, that makes sense," I say.

This leads us into discussing Malta's rich and interesting history. In 1942, the George Cross was awarded by King George VI to all the people of Malta in appreciation of their heroism and devotion to their country during the great siege it underwent in the early part of WW11. German planes were attacking the Island to neutralise the British bases in Malta. On 15 August 1942 (feast of Santa Maria) a convoy of Royal and Merchant Navy ships made port at Valletta's Grand Harbour, after completing one of the most heroic maritime episodes in recent history. To date, this event remains commemorated in Malta in remembrance of that gift from heaven, the Convoy of Santa Maria, and all the men who attempted to bring supplies to Malta. Malta was part of the British Empire for over 150 years.

For such a small island, Gozo has 46

churches, a high concentration for a population of 37 000 people. The churches vary enormously, from seventeenth century baroque to twentieth century neoclassical, from small and intimate to one of the largest domes in the world. Also, legend tells of the 'Giant Temple' being built by giants.

John's position in his family is the fifth born of 17 children. His father was a policeman and the family was comfortable but the working conditions were hard as stone and concrete structures were made by hand, not by machine.

The family lived in a village on the Island of Gozo, just off the coast of Italy, and as John describes it; Gozo is to Malta what Tasmania is to Australia. So when John was looking for a better future outside of Malta, his father suggested Australia because of Malta's connection to Britain. Having a reputation of being hard and skilled workers, Maltese were welcomed in Australia.

At 18 years of age, John set sail from Malta to Australia and on the ship he met Lucy, his future wife, a fellow Gozitan, from a neighboring village. Lucy was in Malta on holidays, and was returning to Australia where she has lived since four years of age. All of John's family is now in Australia, including his mother Rita who is 93 and lives in Sydney. His three sons and seven grandchildren live in NSW.

In Australia John spent 25 years in Sydney with James Hardy and later as a welder for Rheem where he produced his best works: Parramatta Stadium lights - 40 metres high; sign for Kimberley Homes - 40 metres high and a flagpole at Rydalmere - 78 metres high.

Over the next 25 years, in Cobargo, John has been working on the infrastructure of his farm, putting in a dam and fencing for their meaty South African Boar goats and chickens and setting up bee hives. John says he eats the food of the season and he and Lucy are still influenced by the Italian and Maltese dishes of stewed rabbit and baked rice, goat and ricotta cheese. John's favorite meal is stuffed marrow with pork mince and bacon, a recipe that has cultural significance for the Christians in Malta.

A notable inclusion in John's daily activities is caring for his songbirds. The finches and canaries are his "crazy hobby". The birds are meticulously cared for, and it shows that the two distinct areas that John has chosen to focus on, his fruit and his birds, are well within his expertise and are managed at the highest standard with an inexhaustible passion that cannot be extinguished.

The simple philosophy, sounded out in Ned Miller's song, of 1965, "...give your love and honour your heart, and do what you do do well. A mighty big man with a mighty big heart and a mighty few words to say," kinda reminds you of John Xuereb, don't you think!

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Advertising: 12pm, 19th of each month
Editorial: 12pm, 22nd of each month
Advertisers please note that an extra fee may be charged for initial ad layout.

Letters to the editor

Letters should be no more than 150 words. All letters must be accompanied by the writer's full name and give both business and home phone numbers so letters can be verified. Name and address may be withheld if the writer prefers.

All communications should be forwarded to:

The Editors,
The Triangle
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Email: contributions@thetriangle.org.au

ABN: 75 182 655 270

The Triangle is a community newspaper. Its aim is to provide information and news to the people in the Triangle area. The committee is made up of volunteers who donate their time and expertise for the benefit of our readers. *The Triangle* is financially self sufficient through income generated through our advertisers. This is a tight budget and prompt payment of accounts is appreciated. *The Triangle* is published every month except January and has a circulation of 1800.

NYE rocks in Quaama again.

The crowd started trickling in just before 7 pm, and by 7.30 the Quaama Hall lawn was packed. Everyone wore jackets and jumpers, some even beanies. We'd had a run of damp, warm, thundery evenings up to New Year's Eve, but the night was cold. At least it was dry.

They came from all over. A couple of travellers from Batemans Bay (they got a billet for the night). Some from Narooma, from Beauty Point, from Tathra. Even a guy from London – did we even put up a poster there?



Dave Hooper played in All Fluff No Substance – and pulled the whole show together

All credit to Dave Hooper, who pulled together a great line-up of local musicians on the verandah to warm us up for the main act (he put together the main act too). The gravelly tones and gritty attitude of singer/songwriter/guitarist Kara Imagen (how this girl doesn't have a recording contract is beyond me), the softer, sweeter songs of singer/guitarist Zoe Carroll, all-time-fave covers from guitarist John Atkins, classical reveries from flautist Rebecca Platts, and a few hits from the Quaama Can't Sing Choir, arranged and accompanied on guitar by (again!) Dave Hooper.

At 9.30 pm All Fluff No Substance struck the first chord and a flurry of drumbeats, and the crowd surged into the Hall. The band was Steve Clarke and Dave Hooper on guitar, Glen Cooper on bass, Russell Cook on drums, Dave Knaap and Peter Honer on keyboards, and Ann Fagan and Cora Zwiep on vocals. A well-honed selection of classic 70s and 80s rock kept the dance floor packed and hopping until well after midnight. The band looked like they were having a great time. I know the crowd did.

The Quaama Progress Association New

Year's Eve Party Sub-Committee (whew!) was Carolyn Bate, Catherine McEwan and Bhagya. Carolyn also served up tapas from the kitchen, delicious morsels to complement our picnics, and very popular. Carolyn was grateful in the extreme for the help of Linda and Fiona, who noticed how busy she was getting and fronted right up.

Thanks also to the excellent crowd, who came early, stayed late and made their appreciation clear. It was great to see such a spread of ages, from three years to maybe 73, all on the dance floor – even if those at either end didn't necessarily make it to midnight.

Another fabulous New Year's Eve in Quaama. It's starting to feel like a tradition...

In January, ecstatic dancers flocked to the Hall on Friday 16th for a special guest DJ – Madhuma Thompson, who kick-started the movement locally in Bermagui many years ago, before moving to Melbourne where, I've heard, she draws city-size crowds for her freestyle dance events. About 60 dancers moved to Madhuma's mix on a muggy, sweaty night, and there were a few sore muscles the next day. This month, Ecstatic Dance is at the Hall on 13 and 27 February, from 6pm.

Welcome to some new arrivals in Quaama. Kevin and Tina have bought the Pink House in Bermagui St. They've moved here from Newcastle to enjoy retirement on the Far South Coast. Tina's brother lives in Bermagui and they've been visiting the area for years.

And a big welcome too to Seville Belle Taylor, born 28 November to Jay and Kym, also of Bermagui St. Both mum and bub are healthy and thriving. And Seville's grandparents, Peter and Vicki Taylor, will be moving from South Australia to Quaama this month too; they have bought Mina van Horssen's house. Farewell to



Seville Belle Taylor, youngest Quaama resident

Mina, who's moving to Tasmania.

And Happy 84th Birthday last month to Geoffrey Jamieson! Good to see you enjoying the sun again, Geoffrey.

Please send me your news and pictures to quaama@thetriangle.org.au

Send separate articles and pictures to contributions@thetriangle.org.au



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COWS-R-US

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Happy New Year Cobargo!

And what a great summer it's been so far. Regular rain, brimming tanks and dams, rich pastures, fat cattle, mild temperatures and a whole 'new look' for our little village. The village's transformations are many... our community Op shop has closed and just last week, Sweet Home Cobargo, with their fresh new look, made the shift up the hill to occupy the vacated shop in Haydon House.

Ken and Irene moved the Newsagency down the hill to the middle shop in the historical Benny's Building.

Quite a few puzzled 'newspaper searchers' have recently been rescued by passers-by and suitably directed in order to make their purchases.

Also opening soon, in the shop recently vacated by Sweet Home Cobargo, is a Dog Wash & Grooming shop.

If you're wondering how we've managed to enjoy the recent 9c per litre petrol drop, you can thank Virginia White, who was wholly responsible for the drop at our local United Service Station on 15 January.

Frustrated by the high prices there, she contacted United, by email, and told them that she was never going to buy their petrol again, as they had stayed well above even other local petrol stations and she was going to mount a petition to get the rest of the town to boycott the station.

Within three hours they had dropped the price by 9c per litre! Go people power!

Have you noticed that the Cobargo Supermarket, much to my delight and the delight of many others, has expanded their range of groceries to appeal to the broader community. Now available are many more healthy food options including an ever expanding and affordable organic range and gluten free range. From the refrigerator to the grocery shelves, fresh local veggies and confectionary, the store is transforming and we are presented with even more reasons to shop locally.

Coming up on Sunday, 15 February, is the next monthly Community Documentary Screening in the Cobargo CWA.

This month's documentary is 'Growing Change - A Journey inside Venezuela's Food Revolution', by Simon Cunich.

The film tells the story of what happens when the community take control of food production. All for a donation of \$5!

Also for a donation of \$5, you can join the local 'No Lights/No Lycra' group. Meeting every Thursday evening at 8pm and Friday morning at 9am, they gather in Cobargo's CWA rooms to dance. Be it for fitness, for fun or for the sheer pleasure of dancing in the dark, it's a great night. The group is growing in numbers and popularity. All are welcome.

Hopefully Cobargo is busy baking, preserving, polishing, growing, creating,

grooming and practising for the upcoming Annual Cobargo Show, this year to be held on Saturday 14 and Sunday 15 February. The program is up on their website now: www.cobargoshow.org.au

Also on this month is our Annual Folk Festival, and the 20th show is now less than four weeks away. Planning is moving into the final, and most hectic stage! The program is one of the best yet with some amazing talent drawn from local, national and international artists.

Now we just have to keep getting those advanced ticket sales coming in. Early Bird tickets are still available so don't miss out on the discounted price.

The youth program at The Crossing tent will be a good one this year and will include a Juke Joint from DJ Tom Noonan AKA 'The Sheikh Of The Shake' playing folk-rock, vintage soul, r'n'b, jump blues and early rock'n'roll.

Last but not least, I have found that there seems to be some confusion about our new Email addresses. If you have news or pictures about local happenings in Cobargo to be included in this feature article, please Email me at cobargo@thetriangle.org.au

For all other separate articles and pictures Email contributions@thetriangle.org.au

What's happening? VisitCobargo.com

Now you can keep up with the news around Cobargo, in between monthly issues of *The Triangle*.

The town's website - VisitCobargo.com - now has a daily update from all the local business Facebook pages, all in one place. Check it out at www.visitcobargo.com/facebook (or from the 'Facebook News' menu at the top of the site).

This means that there is a single place to look for the very latest news, happenings and events around Cobargo - a boon for both tourists, businesses and locals.

And here is what Sapphire Coast Tourism recently said about Visit Cobargo, "Great site, well done". But wait, there's even more - our community Facebook page facebook.com/visitcobargo has over 500 followers as well. For more information Email: info@visitcobargo.com

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Cobargo Creators celebrate birthday at Cobargo Hotel

Cobargo Creators, your local, not for profit community and creative organisation, is 3 years old. So we are having a birthday bash! Join us from 6.30pm on Thursday 12 February at the Cobargo Hotel for a trivia night fundraiser. You can book a table of eight and enter a team - a prize is on offer for the best team name! Or bring yourself, yourself and a few friends and join a table on the night to make some new friends, meet some like minds and become fellow triviaters for life. You are welcome to bring nibbles and make sure you bring some extra cash as bribing the quiz master for answers is not only allowed, it's encouraged. Cost is \$10, payable on the night, or you can book and pre-pay in The Cobargo Creators Centre at 60 Princes Highway Cobargo. Email cobargocreators@gmail.com for more info or drop into the centre.

Over the last three years, the members of Cobargo Creators have 'created' over \$100 000 for the local economy, contributed countless volunteer hours, hosted workshops, supported young creators and initiated some wonderful ventures, but we want to do still more for the community. To help us pursue our even bigger ideas we need some extra funds, so our birthday bash is also the launch of our online crowdfunding campaign. Full details about the campaign will be in the March issue of *The Triangle* with a sneak peak available for those attending the trivia night.

Cobargo Creators thank the community for embracing us and supporting our mission to develop a more creative community. Creative communities are much better at identifying their needs and finding their own solutions. Creative communities embrace diverse perspectives and enjoy variety and difference and creative communities are simply beautiful places to live.

*Veronica Abbott
President Cobargo Creators*

Growing Change: Venezuela's Food Revolution

Sunday 15 February will be the next monthly community documentary screening in the Cobargo CWA at 4.30pm.

Against the backdrop of the global food crisis the filmmaker, Simon Cunich, begins a journey to find out how the world will feed itself in the future. The journey takes him into his family's past, sees him working on an organic farm but eventually ends him in an unlikely place: the oil-rich South American nation of Venezuela.

After decades of urbanisation, government neglect for agriculture, and dependence on food imports, Venezuela faced a food crisis of its own. In many ways the country was a microcosm of the challenges facing much of the world today.

The documentary takes us through a new food system as it's being constructed almost from scratch. It's all part of a country-wide process towards 'food sovereignty', driven by communities and the government. At the core of the process are principles of social justice and sustainability.

On small fishing boats in the Caribbean;

with machete-wielding cocoa harvesters in the depths of the jungle and in urban gardens on traffic islands in the overpopulated capital, we go inside Venezuela's so-called 'food revolution'.

This is an inspirational story full of lively characters, thought provoking insights, stunning scenery and ideas to transform the food system.

In this documentary Simon Cunich shows how in Venezuela, from fishing villages to cacao plantations, to urban gardens, a growing social movement is showing what's possible when communities, not corporations, start to take control of food. *Growing Change* takes us through a new food system as it's being constructed almost from scratch meeting farmers who are gaining access to land for the first time and working in cooperatives to break the country's reliance on imports.

To cover the costs a \$5 donation is much appreciated. Coffee and tea will be provided but bring your own mug.

See you there.

Lena

Congratulations to Citizen of the Year for 2015

By the time you read this, Australia Day will be well and truly over and the Cobargo Community Citizen of the Year will be recovering from the shock, as will the Junior ones. As I write this, I am keeping my fingers crossed that the weather will not be too hot or too wet on the day. Hope you all enjoyed the Sausage Sizzle. It is our way of thanking the community for the support you give us during the year.

Also we will have had the Water Testing Day at the cottage, which should have been interesting - yet another CWA initiative.

We are now getting ready for another busy year. We will be making up more Mother and Baby Packs to send to PNG and raising funds to support the Emergency Fund of the CWA

as well as funding medical research and other charities such as the Flying Doctors.

The cottage is getting plenty of use, which is great as we use the revenue to pay the bills for maintenance of the cottage, such as council rates, electricity etc. We keep the rates we charge as low as possible to give as many people as possible access to the rooms.

We, from the Cobargo CWA wish all the inhabitants of *The Triangle* a Happy New Year and hope that it will be a peaceful 2015. Remember if you would like to find out more about us or even join us, please come along on the second Tuesday of the month at 10.30 am and enjoy a cuppa with us.

*Mary Williams
President CWA of NSW, Cobargo Branch*

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Christmas Eve in Cobargo with CTBA

Many little children were gathered in anticipation when Santa arrived at Apex Park on the Cobargo fire truck with sacks of lollies. For 65 years the Ayliffe family have generously donated and distributed sweet treats and balloons to children for Christmas.

The Rural Fire service was in force as usual running their ever popular chocolate wheel creating a fun filled evening for children and families. The Cobargo Community spirit was alive with thanks going to Brian Ayliffe who did a wonderful job commentating. It was lovely to see everyone getting involved in the celebrations.

The Cobargo Op shop generously donated gift-wrapped presents for the children, which

brought many smiling faces. More generous donations came from the Cobargo Op shop and Cobargo Tourist and Business Association.

The prize for the best decorated home went to Peter Bailey, on Bermagui Road with a spectacular display of lights. Peter was excited with his prize of \$100 and plans to put the money towards more decoration in 2015.

The decision was made not to award any Cobargo Business the \$100 prize due to no 'wow factor' being evident, however the ever promising and delightful light display by Dave Rugendyke and family on North Cobargo Hill was graciously given the award for 2014. This display is truly incredible and there is something for everyone to enjoy.

The award for outstanding gnome display went to Andrew Hayden with a very unique collection of well-travelled gnomes, now resting at 'Gnome Alley' in centre of Cobargo. The gnomes have slowly increased in numbers over the past twelve months and are very popular with the tourists who admire and photograph the various characters throughout the village.

We hope you all enjoyed the festive season and we wish everyone a bright and prosperous 2015 with many exciting things happening for our community.

Janet Doolin

Let Sleeping Dogs Lie with Janice Simpson

Well Thumbed Books is kicking off 2015 with a reading from Janice Simpson on Friday, 20 February at 5.00pm.

Janice will be reading from *Let Sleeping Dogs Lie*, a travel memoir of her first long distance bicycle ride from Paris to Istanbul. After nervously arriving in Paris, knowing no-one, she rolled out on day one along the Champs Elysees and tried to imagine herself as Cadel Evans.

The dream was soon shattered - no media hype, massage teams or carefully prescribed meals, just camping in farmers' fields, negotiating busy roads and wolfing into curried carrots.

Thankfully she recovered sufficiently from the experience to continue riding, unable to give up the seduction of slow tourism and fast friendships.

Janice now writes crime fiction and hopes that at least one of her novels will be published soon! In the meantime, she is working on a PhD in creative nonfiction at RMIT University and continuing her work as a board member of Bicycle Network.

Let Sleeping Dogs Lie, is a great read and Janice is an inspiration. Since her first ride from Paris to Istanbul she has attempted the ride from Shanghai to Singapore. Unfortunately she had an accident on day one and had to join the group in Bangkok.

Looking forward to seeing you at Well Thumbed Books.

Louise Brown

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New spicy challenge for the Show



This is advanced notice of an exciting new category in the 'Jams, Jellies and Preserves' section of the Schedule for the Cobargo Show. It is called the 'Cobargo Spicy Challenge'. The idea is to provide an outlet for those of us who enjoy making products which are somewhat spicier than the traditional preserves.

Your entry must include two jars of contrasting preserves from different cultures such as Indian, African, Thai, Cajun, Mexican, Australian etc. Each entry should identify the type of preserve and the nationality e.g. Indian

Kasundi or Thai Sweet Chilli Sauce or Mexican Salsa and should include a 'heat' scale: 1 being 'spicy' and 3 being 'very hot'. Entries will be judged on flavour, appearance and fragrance not on how hot they are. First prize is \$10. Second prize is \$5. There will also be a perpetual trophy for the winner.

Also, since this year is the 100th anniversary of Fowlers Vacola, there will be two extra categories in the Schedule: the best exhibit from any Section J class that is presented in a Fowlers Vacola jar; and the 'Fun Fabulous Fowlers' which is absolutely anything presented in a Fowlers Vacola jar, not necessarily edible or preserved, and judged on originality, design and appearance only.

Please help us spread the word by forwarding this notice to all your 'preserving' friends, whether or not you are intending to enter.

Happy preserving and please support our fabulous local AP&HS Show in February.

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Art is the new black: left to right are Doris Hoyne, Jan Ward, Ron Clapham, Laureen Phillips and Jenni Yamuna Bruce

And so it is 2015...

Our lovely village experienced its usual Christmas seasonal bulge, with visitors from all over dropping in. Beaches are peopled, eateries are challenged by crowds of eager patrons, shops have queues and parking is at a premium. All part of our cycle of life and how many survive. New Year was celebrated by no less than five fireworks displays, if we count the wonderful sequence of bright lights from north of Camel Rock. Several intermittent bursts as well as several more determined, colourful and certainly noisy shows occurred from within our town too. One last gasp, or accurately timed display, occurred at 1.00 am DST/12 Midnight EST, which was a surprise when all seemed done and dusted for another year. Let's trust not too many pets were covering under the bed for too long.

Art is the new black, thank heavens Shop 7 Artspace hosted a colourful group of artists, Brogo Reverie, with their diverse 'Captured Beauty' exhibition late November. It continued the high standard of sharing local art that is so much part of our wonderful Triangle community. Brogo Reverie group of artists have been exhibiting together for the past ten

years. Their name derives from their regular Upper Brogo gatherings to relax and share art, food and wine while exploring and expanding their individual creativity. Visit the Off the Page tab on www.thetriangle.org.au for statements by the artists.

New studio and more

Mr Jones has expanded... our iconic street café now boasts gallery space to showcase art and seat customers out of the weather. The grand opening was well attended by a glam crowd from far and wide, spilling across the footpath as usual. Some devotees dressed for the occasion adding colour and pizzaz. Sunset brought the DJ's tunes, spicy rolls, breads, cheeses and punch to sustain fellow artists, musos and admirers into the night. This new 'cool zone' is ready for another bumper season. For some, no more milk crates and less traffic noise; for others a chance to appreciate, on a larger scale, Matt's and others' unique and delightfully accessible works. Congrats to the Gentleman in the Hat and his team!

What a bright idea

Solar power is decried and praised, depending on who you talk to. Recently, several businesses in town have opted for the latter and gone solar in a serious manner. From a 30 kW system using 120 panels in one case, to a lesser system with 36 panels, and why? Power bills are greatly reduced and fewer tonnes of CO₂ gas are produced. This assists their customers too, as the energy cost savings can be passed on. Ask your preferred retailer if they have solar power yet. It is not just about industry or homes adopting it.

Burgers with a view are back

After four years, the burger bar with the best view in Bermi, known as Bermi's Beachside Takeaway, has been reopened by a family from the Central Coast. Helen, Dean and Caleb offer great coffee and a good range of beachside fare for our town and its visitors. Check them for yourself. The shop can be found between the pub and the caravan park. Eat on their deck or take it across the road to picnic on the grass. New energy refreshing our village, living and working locally. Here's to them.

Growers' Market a real success

Would that all community projects were as welcome and well patronised as the very first



Mr Jones' studio opening

Fishermen's Wharf Growers' Market next to the Co-op. Though the weather threatened before opening time, our community responded warmly and many stalls sold out early. Fresh, local food and produce, helpful information and much more were accompanied by the award

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Bermagui Banter

Paul Payten

winning Kelly Callaghan busking, making up a little for those who missed out on the goodies by coming late. Over the holidays since then, with blue skies and fair breezes, the FWGM has wowed the locals and holidaymakers alike, as a new and valuable asset for the summer season.



The quiet presence of Kelly C

Not all by road

Not new, nor unusual, yet yachts and other craft drop in to our safe and accessible harbour every so often on their way to elsewhere. One such visitor was the Kanggandi (meaning

support for your journey) from Middle Harbour in Sydney. Steve Jeffress and Scott Keogh on a two weeks cruising break out of the big smoke on this beautiful and comfortable Beneteau design Sense 55 (feet) class craft. Arriving in town in time to have the Grower's Market for provisions, they headed to one of our eateries at night, stayed a day or so and headed south to Eden. Nice one. Arriving later the same day was a smaller yacht heading for the imminent Wooden Boat Regatta in Hobart. Berths were scarce, due to the time of year, though they managed to raft up and partook of our hospitality for a little while.

Life on the ocean waves

Living by the sea demands particular protocols and this engages special people who care about others and who enjoy being out in the elements. These men and women offer a valuable community service as lives can depend on their skills, dedication and courage. In high seas, their small craft and its crew are vulnerable yet they risk their own safety to bring those in danger home. Our intrepid team on board the BG30 Sea Rescue boat, welcome new recruits to ensure our local waters are safe. Visit the office at the Fishermen's Coop to find out how to join them.



All at sea for the best reason: left to right are Denise Page, Steve Angelo, Alec Percival (Unit Commander), Ray McLeod, Caron Parfitt, Peter Taylor and Mark Donnelly on our own BG30

Local talent makes the grade

Our own singer/songwriter, Kelly Callaghan, has just been acknowledged by her peers who voted her Third in the Australian 2014 Singer/Songwriter competition. Kelly brings a calm and beauty to her surroundings, performing locally for our pleasure and certainly has a promising future on the bigger stage too. Bermagui is now outperforming most Aussie towns with at least three local artists being recognised nationally in their field: Kelly Callaghan, Tony King and Chris Ralph of Beautifully Mad fame. It seems art and music is in our village's DNA, or is it the water? Long may it be so.

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Award for Stuart Cameron and the Weeds Project

At the 23rd NSW Coastal Conference, in Ulladulla, Stuart Cameron and the Weeds Project received the Community Involvement Award.

Stuart was nominated by Karen Joynes, on behalf of Bermagui Dune Care.

Karen, co-ordinator for the group, said the Weeds Project has had far reaching effects, and not just on the spread and extent of weeds on the Far South Coast.

Stuart was the instigator for the Weeds Project, which has now been running for eight years under a steering committee with financial support from NSW Environmental Trust, Local Land Services (previously Far South Coast Catchment Management Authority) and Bega Valley Shire Council, with Far South Coast Landcare Association, National Parks and Wildlife Service and Crown Lands providing administrative support.

Twice a year, Stuart and members of the three local Aboriginal Land Councils (Bega, Eden and Merrimans), walk every beach in the Bega Valley Shire removing weeds and litter. This covers about 1000 hectares, focusing on sea spurge and beach daisy, and resulting in greatly reduced infestations.



Stuart Cameron received the Community Involvement Award for his work with the Weeds Project

our energies on weed removal, we can now improve coastal biodiversity by planting in areas such as Cuttagee Point.”

Other benefits of the project include some members of the work crews gaining full time employment in natural resource management.

The Koori work crews also work on sites around coastal settlements focusing on bitou, lantana, polygala and many other weeds, many of them ‘garden escapees’.

The public has been educated about the role everyone can play, by not allowing ‘garden escapees’ and using native plants suitable for seaside gardens, through signage and open days.

Stuart also guides an abseiler, funded by NSW Crown Lands, to undertake weed control on cliffs, too dangerous for others to tackle.

Karen said that Stuart and the Weed Project were very deserving of the Annual Coastal Management Award for Community Involvement, as Stuart has brought together a variety of government agencies, coast care and local groups and Aboriginal communities to prioritise and protect vital coastal assets.

“Ongoing funding is crucial to the long term success

“Bermagui Dune Care, and other coast

care groups, have benefited from this,” explained Karen, “as where once we used all

of this vital project,” concluded Karen.



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February events

Sunday Live Music: 1st and 15th February from 1pm

Social Bridge: Wednesday 4th February from 2.00 p.m.

On the Lawn: Sunday 22nd February@ 3.30pm George Washingmachine and Feel the Manouche (Gypsy Jazz)

Date for the Diary: Mettaphor Sunday 1st March 1pm, free

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Umbrellas, Pirates and Chainsaws

There's a jam packed program at the 18th Bermagui Seaside Fair on Saturday 14 March.

The theme this year is 'Pirate Pageant' and the street parade participants will be dressed in all manner of pirate stuff hoping to win great prizes in five different categories.

Twenty local businesses have sponsored a large shade umbrella for the second year of Umbrellas of Bermagui. The magnificent umbrellas, hand decorated by well-known artists, will captivate you. The auction takes place at 12.45pm with funds raised donated to Bermagui preschools.

Timber master Charlie McVeity presents a chainsaw demonstration at 2pm. Watch the chips fly and wood dust pile up as experts display their chainsaw skills.

Headlining on the main stage, exceptionally talented and well-recognised Sarah Cowan and her band Sacred Cow will engage you with clever, thought provoking original songs. Tony Jagers will also entertain you with his great rock, blues and classic music.

The cultural program includes the Art in Place themed art show at the Fishermen's Wharf, Photographic and Arts and Crafts exhibitions at the Surf Club and the Model Expo at the Bermagui Country Club.

Questacon returns "making science fun". The Combined Anglican Schools Band will wow you, as will Tilba Tappers, the Ukelele Group, Bermagui Public School gymnasts and drummers and Oops! the Clown. There's the Bermagui Blessing, free kids novelty events, Poets Breakfast, pet pageant, Zumba, sandcastle competition, golf hole in one beach bash, over 100 market stalls and a fireworks spectacular in the evening.

How much more fun could you ask for! For more information and entry forms see the website: www.bermaguiseasidefair.com

Another Informative Dinner at Bermagui from the Australia Institute



Dr Richard Denniss will be speaking about climate change and the economy at Bermagui Hotel on 19 February

Where: Bermagui Hotel
When: Thursday, 19 February 2015 at 6 pm for 7 pm

Guest Speaker: Dr Richard Denniss
Richard is the Executive Director of The Australia Institute. He is a prominent Australian economist, author, columnist and public policy commentator.

Topic: Does Tackling Climate Change Really Mean Harming The Economy?

Bookings: Pre-paid and direct with Bermagui Hotel (6493 4206) - \$24 per person.

There is a limit of 50 people so please book early and specify vegetarian or non-vegetarian food when booking.

A fundraiser for the Australia Institute will be conducted on the night.

New Seniors Social Club May Soon Close

Bega Valley Meals on Wheels Plus was asked for several years by the Bermagui community to reinstate the Bermagui Senior Social Club that was formerly operated by Narooma Community Health.

After much lobbying, funds were granted by the Department of Social Services. The Social Club has been operating since May last year from the CWA cottage on a Tuesday from 10am until 2pm. People over 65 are eligible to attend.

The program for the day starts with morning tea and discussions, then 'brain games', lunch, a lucky door prize, craft and alternate activities. The contribution is \$12 per day. Transport can be arranged if required for a cost of \$5.

On the first Tuesday of the month, club members have an outing, such as trips to Bodalla, Tathra, Dalmeny or Narooma as well as attending functions at the Bermagui Country Club.

Unfortunately the number of people who have been attending the Social Club is below the level that we can sustain. This means that Bega Valley Meals on Wheels Plus may be required to move the Social Club to another area in the Bega Valley if numbers do not increase.

A free Open Day is planned for Tuesday 17 February if you would like to come along and see if it is for you. Please phone Helen Stafford on 0458 424 661 or the Bega office on 6492 4146 if you would like to attend.

Helen Stafford

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Hello all and welcome to 2015! What a wonderful Christmas and New Year Tilba has enjoyed. Lots of visitors, lots of families and friends all enjoying what this beautiful area has to offer. And boy have we turned it on, with beautiful weather, green surrounds and a village offering its many delights.

"If only we had a car park," I hear way too often. Maybe the new National Parks initiative with the Gulaga walks will bring that.

The Easter Festival organising is well under way for Easter Saturday 2015. As always we need plenty of volunteers to help on the day. If you would like to help please contact Sally Pryor at sallypryor@aapt.net.au.

A Qigong Retreat lead by Master Simon Blow will be held from 25 February to 1 March at Namgyal Gar Retreat Centre, Princes H'wy Tilba Tilba. This is a four day residential retreat teaching ancient healing and dynamic Qigong exercises combined with the 'Qi of Food', meals that are delicious yet medicinal. Also on offer during this retreat is a Qigong Day Workshop 9am-5pm on Saturday 1 March. For further information and bookings contact Glenda by email: glenda.energysarts@gmail.com or ph: 6493 4417. For more information about Qigong, see www.simonblowqigong.com

I received a fantastic Email from a local resident who had taken the time to pen her feelings about living in Tilba – feelings I am sure are echoed by many, if not all, who live here. I have included the words verbatim for all to enjoy:

"From a resident of over twenty years!

We love our life in the village, Central Tilba and Tilba Tilba, the gems of the far South Coast. My favoured day of the week has to be Saturday when the Market is on. This historic lifestyle village has so much to offer for the soul. I will start with the market, they can only sell



Qigong - there will be a qigong retreat and a one day workshop held at Namgyal Gar Retreat Centre, Tilba Tilba

locally made and grown products. You will find there a great variety of jams, cakes, pickled, knitted and sawn things. The bread is still warm from the oven and smelling divine in the morning. Lots of local untreated raw honey, yummy! Flowers for the Missus, locally grown fruits, berries and vegetables. The vegetables are grown in real dirt and open air. They might be sunburnt, hail damaged and grub damaged, but they taste definitely better than what is mass produced. Not to forget, if it is good for the grub to eat, then it will be good for us to eat. Vegetables and fruit are only the ones in season, since they have to be from this area. The eggs you get there are produced by happy chooks having a life besides laying. Tomatoes you buy from that market, cannot be used instead of a lost tennis ball. They are just not as tough as the new varieties. Sue and Ray did delight us for over a month with locally grown custard apples. Now the seeds we collected are growing happily in our garden and by the time we could be having our own, we will probably push up daisies. Never mind, we like to see things grow. The micro climate here lets us even grow pineapples and bananas in Tilba.

The best thing of the market is the atmosphere. Meeting all the folks of the village. Even the dog will enjoy meeting up with other dogs. Of course they love all the attention from people passing by when the dog is well behaved. I love to see the children running around barefoot feeling the earth and whatever under their feet. Of course the odd toe may get damaged, so what? It is better for our children to learn early in their lives to watch out for themselves. It gives them also the opportunity to experience the wonder of the healing process. Right next to the Hall is the playground, so the children can have some fun and socialise. The playground and the community Halls are lovingly looked after by Phil Elton,

a treasure for the Tilba village community, we can't say that often enough. Once this is done we can hang out in a coffee shop and dad may find some time to have a beer with mates in the pub, while mum and kids enjoy browsing in the novelty shops. What a lifestyle! The newly done flower display around the pub is looking great. Is there perhaps a hidden agenda, that dad may stay longer instead of doing his own garden? Just kidding, the flowers are really beautiful. I like to believe that anyone visiting this village is green with envy that we have this kind of life. Yep, come and visit, join in for a while, like everyone else we like visitors. For the lucky ones living here, see you at the market. If I still need some milk and cheese, I know I will find it in the cheese factory at the other end of the village. I love it, yes we feel lucky living here. The writer of this story is the luckiest resident of this village, Mrs K Kruger."

As always, please send me your local news and pictures to be included in this article to tilba@thetriangle.org.au

Send your other submissions to contributions@thetriangle.org.au

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The Great War: Tales from the Far South Coast

Bega Valley Historical Society will commemorate the centenary of World War I (The Great War) by mounting an exhibition at the Bega Pioneers' Museum. The exhibition 'The Great War: Tales from the Far South Coast' will open in March 2015 and run until the end of 2018 thus commemorating the four years of Australia's involvement in the Great War.

"The exhibition will share the stories of our forebears with the community and reconnect us with our history," George Morrow, President of the Society said. "The story of the Great War is not only about great courage on the battlefield; there are also other, local stories that are worth telling. It was a trying time and nobody was spared. Everybody was affected in one way or another."

The Great War was a catastrophic event unlike anything ever before experienced. Ten million military personnel and seven million civilians were killed in the war and another 20 million were injured. Over 60 000 Australians were killed and over 150 000 gassed, wounded or taken prisoner. Of the 1100 men in our region who enlisted, 200 did not return home. The war was followed immediately by a global influenza pandemic which infected 500 million people and killed at least 50 million, including 10 000 Australians.

The exhibition will convey the impact of these global events on our region by telling stories and displaying objects and images grouped around the following themes:

- Recruiting, including a focus on the Recruiting Marches;
- Supporting the war effort;
- Keeping in touch with those at the front;
- Local heroes;
- Welcoming the troops home

During its four years the exhibition will mark the centenary of important events such as the outbreak of war, significant battles and the armistice.

The exhibition has been made possible by funding from Department of Veterans' Affairs (DVA) through the Centenary of Anzac Local Grants Program and from Bega Valley Shire Council through its Community Support Program. The Historical Society will provide supplementary funding and the exhibition will be curated, managed and staffed by Historical Society volunteers and volunteers from other community groups such as the Bega RSL Sub-branch. Strong support by Dr Peter Hendy MP, Member for Eden-Monaro, was instrumental in obtaining the DVA grant.

"The Anzac Centenary Local Grants Program enables our local community to support commemorations at the local level. It provides funding for projects to preserve the stories of local servicemen and women for generations to come," Dr Hendy said.

Council support for the project was unanimous.

"The impact of those long ago events on our then small and isolated rural community

is almost impossible for us to imagine today," Mayor Michael Britten said. "We can be proud of how our forebears coped with the pressures they found themselves under. This community showed itself to be generous in its support of the boys who were fighting - they donated their time and money when both were in short supply. They carried on producing essential meat, crops and dairy products when there were far fewer hands to help. Two hundred of our local boys - sons, fathers, brothers - never returned and many of those who did were damaged physically and psychologically. So the impacts of the War resonated for many years afterwards."

"This exhibition salutes the strength, resilience and commitment to a cause shown by our community a hundred years ago." Mr Morrow said "We are grateful for financial support from both Federal Government and the Bega Valley Shire Council and we are particularly grateful for the efforts of our volunteers, without whom this exhibition could not happen"

Media enquiries should be directed to George Morrow at george_morrow@bigpond.com or on 0414 231 701

*Linda Albertson
Bega Valley Historical Society
Marketing and Promotion Team*

Become a YESS volunteer

"The more that you read, the more things you will know. The more you learn, the more places you'll go." — Dr. Seuss

The debate about teaching reading rages no longer in our schools, research has shown that almost every child has the ability to read.

Some children begin later than others and some may take a little longer, but the exciting thing is that almost every child can learn to read.

The goal of the MultiLit (Making Up Lost Time in Literacy) Tutor Program, developed at Macquarie University and recommended by the NSW Department of Education, is to equip

every child with the skills required to decode the written word.

At present this very effective program is being delivered by teachers and volunteers at Narooma, Tilba, Cobargo, Bermagui, Quaama and Bega. Volunteers form an important resource for schools because the program requires each child to have a 35 minute one-on-one session with a tutor four times a week. In most schools a volunteer donates 1½ hours per week. While many worthy projects need volunteers, I can think of no more rewarding experience than teaching a child to read,

enjoying the progress from week to week and celebrating the enormous satisfaction of success.

If you would like to participate in this exciting program in any of the schools where YESS operates or just get more information contact Frances Perkins (Bega, Cobargo, Tilba, Quaama): 0423 780 498; Angela Marshall for Narooma: 0428 396 869 or Kerri Binstock for Bermagui: 0438 274 527.

Read more about the YESS group and the reading program on our website: www.yess.org.au.

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Thumbs Up to the WIRES Rescue App – and Alex

It started out as a regular Thumbs Down. The young woman on the phone, Alex, was clearly distressed. “My friend and I found an injured young wallaby on Ridge Rd, out of Central Tilba,” she said. “We took it to the vet but it had a broken leg and had to be put to sleep. The vet said it might have been out there for days, in the rain.”

“Of course,” I said. “We’ll say, ‘Thumbs Down to the driver who hit a wallaby and left it to die on Ridge Rd.’”

But discussing this with a fellow Triangle committee member the next day, I realised it wasn’t so clear-cut.

“Hang on,” said Sharon, “an injured wallaby can be difficult to pick up and put in a car, and restrain. What if the driver was on their own? What if they had children in the car?”

Good point, I thought. So I went to the WIRES website to see what they recommend when you hit an animal on the road, and discovered the WIRES Wildlife Rescue App.



A healthy Red-Necked Wallaby

Download the free app from the Apple Store or Google Play. It makes it simple to request a rescue (by phone or email – you can even attach a photo) and/or get wildlife rescue advice and assistance, 365 days a year. It will also help you find and contact the nearest vet.

If the driver who hit that wallaby on Ridge Rd had this app on their phone, whatever their circumstances, they could have let WIRES know where it was.

If you don’t have a smartphone, you can still call WIRES to request a rescue on 1300 0 WIRES or 1300 094 737.

As for Alex, she and her friend did get a few kicks, she said. They were shattered when the vet said that the wallaby would have to be euthanased. Hearing that its body was going to be put in the freezer then taken to the tip, they took it home instead and buried it at their place.

Thumbs Up to Alex and her friend.

Jen Severn

Do you feel left behind? Do you need computer training?

Women’s Resource Centre has had a great response to the free basic computers training through the Australian Governments Broadband for Seniors program. Broadband for Seniors is funded by the Australian Government to provide senior Australians, aged 50 years and over, with free access to computers, Internet and basic training to help build their confidence in using new technology. Broadband for Seniors has assisted over 650 000 seniors since its establishment in 2008. There are currently nearly 1600 Broadband for Seniors kiosks in organisations across Australia.

Broadband for Seniors aims to provide senior Australians with access to computers and the Internet via free Internet kiosks. This should address the issue of senior Australians feeling isolated and ‘left behind’ in a technological age

and build community participation and social inclusion among senior Australians.

The program hopes to support senior Australians in gaining confidence and building skills in using new technology, enabling them to fully participate in the digital economy.

On-line training modules available include:

- introduction to computers
- using a computer
- introduction to word processing
- formatting a word processing document
- introduction to the Internet
- search the Internet
- gmail screen
- send and receive Emails
- Email etiquette

Other topics are available by appointment.

The Womens Resource Centre offers seniors free one on one tutoring for women who feel threatened by new technology and the Internet.

It will enable seniors to learn how to use a computer, access the Internet and communicate with friends and family via email.

Kiosks are located in community centres like the Womens Resource Centre, retirement villages and clubs interested in participating in the Broadband for Seniors initiative.

If you would like to use the computers or gain some computer training drop in at the Womew’s Resource Centre at 14 Peden St Bega, Wednesday to Friday 9.30am - 4pm or ring Gabrielle on 6492 1367.

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'The Monet Mob' watercolours at Lazy Lizard

A group of local watercolour artists (affectionately dubbed 'The Monet Mob') are holding an exhibition in the Side Room of Lazy Lizard Gallery for the month of February in 2015.

Works are by Carol Taylor, Gill Morgan, Heather Percival, Michele Quah, Pam Wilson, Sally Rospin and Shirleyanne Myers. The collection covers a range of subjects including local rural scenes and villages, French villages, flora and fauna, and pen and ink washes.

Their love of watercolours is reflected by the popularity of their paintings with locals and international visitors alike. They have been painting together for over 10 years and enjoy pushing the boundaries of this exciting medium. This is the second group exhibition for the Monet Mob at the Lazy Lizard Gallery and they invite you to drop in and see their works.

The Lazy Lizard is enjoying a really good summer season. We've had plenty of visitors and many compliments on the quality and originality of our gallery display.



Central Tilba, watercolour painting by Shirleyanne Myers

'The Heat's On!' exhibition of gallery members' work in the Side Room during December and January, has also been a great success. Craig Noble's exquisite photography has been constantly commented on by visitors, and other favourites have been Alan Holley's twisted wire trees and Livo's wood carvings. Also, compliments have been backed up by good sales for most members, including Shirleyanne

Myer's lovely watercolours, Michelle Marley's under sea paintings and Daniel Lafferty's wood fired bowls. Steve Stafford's wood turning, Patto's jewellery and drypoint prints by Naomi Lewis were all popular for Christmas presents and, as always, John Gosch's recycled metal sculptures were much admired and discussed by our visitors.

The Side Room at the gallery provides a space for exhibitions that change monthly and can be rented by local artists and craftworkers. It provides an exclusive and intimate display space that is very suitable for the staging of a small exhibition and is an attractive and inexpensive option for a single artist or a small group to use as an opportunity to display their work.

The rent is only \$100 for the month and the gallery takes no commission on sales. We get booked up months ahead...so anyone who is interested should call in at the gallery for further information.

Shirleyanne Myers

Four Winds: Four Writers - with music

Four Winds invites you to attend Four Winds: Four Writers, on Saturday 7 February, a national literary event featuring four outstanding Australian writers, in conversation with Margaret Throsby. The event will be held in the glorious indoor Windsong Pavilion at Four Winds, south of Bermagui, and you will be in the company of Nicholas Jose, Rodney Hall, and playwright Hannie Rayson.

As well, Neilma Sidney, better known as local identity Neilma Gantner, the founder of Four Winds, will be present as the fourth writer, already with seven novels and three books of short stories to her name. Her son Carrillo Gantner will read extracts from the book and throughout the day, Robert Boughen will play classic jazz interludes on piano.

Nicholas Jose will launch Neilma's latest book *My Travelling Life*, a collection of pieces and extracts from her personal journals that

invites us to travel with her, navigating the seas and skyways through ports and cities and meeting a cast of intriguing characters along the way. Now in her nineties, Neilma Sidney's book is a "rare, late-life gift" to the reading public, Nicholas Jose comments.

In discussion with Margaret Throsby, these Australian writers will also present extracts from their latest works. Nicholas Jose, author of seven highly regarded novels and Professor of Creative Writing at Adelaide University, presents *Bapo*, his new collection of short stories, many set in China. Rodney Hall, former Four Winds Artistic Director and well known for his evocative writing, much of which is based around the people and places of the NSW South Coast, will present *Popeye Never Told You: Childhood Memories of the War*. Hannie Rayson will perform a piece from *Hello, Beautiful! Scenes from a Life*, a memoir.

Don't miss this unique opportunity to be part of literary history in the making and experience the beauty of the Four Winds site in southern NSW. At the same time, purchase an autographed copy of *My Travelling Life* and enjoy a chat with all the writers over a glass of wine.

Tickets to this event are \$65/Concession \$55 plus booking fee (includes a delicious lunch, tea and coffee) and are limited to just 160 patrons, so book online now! www.fourwinds.com.au The curtain will rise at 10.30am on Saturday 7 February in the indoor Windsong Pavilion located on Four Winds Road, 10kms south of Bermagui, NSW on the Bermagui-Tathra Road. For further information call the Four Winds office on 02 6493 3414. Parking available on site. Cash bar. Books on sale.

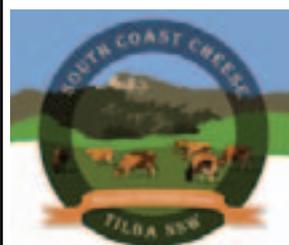
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Irish music: Heartstrings Quartet at the Festival

A boon for Cobargo is the late addition Heartstrings Quartet to the program of the Cobargo Folk Festival. Also at the Festival this year, headline acts include Ami Williamson, Fiona Boyes, former Steeleye Span guitarist Ken Nichol, the region's own Daniel Champagne, Duo Ramirez Satorre from Argentina and many, many more.

Martin Wyndham-Read from the UK is making a welcome return to the Festival. While Martin is well known for his popularisation of Aussie songs, he will also be presenting the music of the British Isles. He will be joined by guitarist and singer/songwriter Ken Nicol, formerly of the Albion Band and Steeleye Span.

Canadians also feature prominently in



the program with three singer/songwriters: Ann Vriend, Scott Cook and Geordie Tentrees (from the Yukon), together with humorous reciter and storyteller Jonathan Bob Lynn who enthralled audiences at last year's festival.

We have a huge dance program: Latin, Scottish, Morris, Balkan, trad bush and a special Blues Tap workshop are in the planning. The festival runs from 27 February to 1 March in one of the most beautiful parts of Australia. For early bird tickets and more information on the Festival see

www.cobargofolkfestival.com
Come and help us celebrate!

Coral Vorbach

Creative Tendrils

Phyllida Cameron is having a solo exhibition, *Creative Tendrils*, at Shop 7 Artspace, Fishermen's Wharf. The show opens 5 February at 6pm, and runs till the 18th.

The exhibition of her fine paintings, sculpture and pottery represents her life journey in art.

Phyllida was the first artist to have a solo exhibition at the Bega Regional Gallery in February 1995. Since then she has had three solo exhibitions in Sydney.

John Fries Award

Call for entries now open.

The \$10 000 John Fries Award is now open to emerging and early career artists in Australia and New Zealand. Entries close 12 noon, 19 February 2015.

Aboriginal, Torres Strait Islander and Maori visual artists are encouraged to apply.

For enquiries or assistance call 1800 066 844

Sculpture on the Edge of Bermagui

Bermagui's very popular *Sculpture on the Edge* will run from 28 February to 9 March this year. This is the ninth year of the exhibition. The opening will be on Saturday 28 February at 6pm at the Bermagui Community Centre.

There will be the usual exhibitions featuring local, regional and other visiting artists.

A great favourite, Richard Moffatt will be making a very welcome return, as will Senden Blackwood from Canberra and Ben Eyles from Jindabyne - remember his white rhino in 2014? Jimmy Rix, an exhibitor at *Sculpture by the Sea*, will be bringing some of his wonderful work and Michael Purdy has a quirky take on Ned Kelly.

Children's workshops are planned, with Joy Georgeson leading one at Little Yuin Preschool. Otherwise, there will be a variation on the annual Symposium, with an indigenous



Jen Mallinson's steel sculpture *Metalicus*

presence and different format.

The Community Picnic and Fire Festival will take place on Sunday 8 March and there are some surprises in store, as well.

Jan Ireland,
Event Manager.

emailmail

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From the Director: 20th Cobargo Folk Festival

Hi. It's Dave Crowden here, the Director of the Cobargo Folk Festival.

In my job as a music teacher at Magpie Music in Bega, I've taught many hundreds of Bega Valley residents, kids and adults alike, how to play guitar. I sometimes ask them this question: "How many of you have been to a small community music festival?" By small, I'm talking about the likes of Fleurieu in South Australia, Cygnet in Tasmania, Maldon in Victoria, Gulgong in NSW, or the one in Cobargo every year?

Why do I ask? Well, they are family-friendly, great fun, full of surprises and create special memories that stay with you forever. And you can hear music that will knock your socks off.

The Cobargo Folk Festival is in its 20th year. See www.cobargofolkfestival.com

For the price you pay, the program is outstanding, musically diverse (the word 'folk' covers a broad range of music these days), challenging at times, international in flavour and inclusive.

That last word 'inclusive' is the key to the success of the smaller festivals. Unlike some of the larger events, smaller festivals are about participation - the crazy uncles who play the banjo, daft grannies who play the one row button box, and the multi-talented young performers who are far better musicians than were around when I was their age.

At Cobargo this year you can meet the cream of Irish musicians, like Arty McGlynn and Nollaig Casey, part of the Heartstrings Quartet. Arty started off playing covers in showbands and spent many years as Van Morrison's lead guitarist.

Nollaig is an outstanding fiddler. The other band members include her sister Maire NiChathasaigh, a world class harpist, and if you haven't seen Chris Newman flat pick a guitar, you're missing one of life's big treats. Cobargo will be their first festival in Eastern Australia,



Guitarama at the 2014 Cobargo Folk Festival

but you will never get as close to them as you will at this festival.

That's the thing about small festivals; international and top level local performers love them, not because they pay well (they don't) but because it gives them a chance to warm up before the big gigs, to perfect new material, and to see parts of the country they wouldn't normally see.

Small festivals are also places for new or relatively inexperienced soloist or performers to get noticed. There is a formal and an informal network on the folk scene of promoters, staff and organisers from the big and small festivals and 'wise heads' who spread reputations by word of mouth.

That's how young performers like Daniel Champagne and Heath Cullen and bands like the Waifs and the Lurkers got noticed and built a name.

I'm very pleased to announce that this year the Cobargo Folk Festival will present a heap of new music, alongside the more traditional program. There will be a record four CD launches, as well as the presentation of new material by Martyn Wyndham-Read, Ken Nicol and Michael Menager.

First off, Fiona Boyes will launch her new album *Box & Dice*. The album takes its name from the guitar featured on the cover: a six string cigar box guitar with dice volume and tone knobs. The recording is a stripped back collection of new songs featuring slide guitar, inspired largely by new instruments that Fiona has picked up over the past year or so. Malumba will also be launching their new

album *Step Beyond* at this Festival. Featuring soulful melodies and intricate harmonies, with hints of Celtic, reggae, Klezmer and gypsy jazz flavours, Malumba's fifth album is their best yet. For your listening and dancing pleasure, Allezgatorz will present a selection of new originals and some old time favourite, featuring the raw sounds of the Cajun One Row Accordion ala 'Boozoo Chavis' and 'Rosie Ledet' right up to the forefront of Modern Zydeco.

Last but not least, Den Hanrahan and the Rum Runners will launch a new set of original country rock tunes. We also anticipate new material from many other performers, from Archie Roach to Kate Burke and Ruth Hazelton who have just, or will soon, be releasing new CDs. So expect lots of new music to fill the air at Cobargo with a plethora of music and stories. Sounds pretty inspiring to me.

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The Triangle's Eco Edge Competition

Local environmental company AKT has this year sponsored a page in the *Triangle* every month. Our brief was pretty broad: the page was to be on environmental themes. So we thought we'd devote part of the page to local environmental news, and open the rest to you, the readership, in a competition.

Every month we will publish the best creative, environmental contribution – story, essay, poem, painting, drawing or photograph

we receive. So look around and start writing, drawing and photographing. There's a wealth of inspiration around us. The winner receives \$400.

This month rather than a competition entry we have an article about how climate change will affect the local environment from the National Parks and Wildlife Service

One stop climate portal provides regional projections for South Eastern NSW

For the first time communities, businesses and councils in South Eastern NSW will have access to climate change information down to the nearest 10km, allowing them to build resilience to extreme events and plan for the future.

The new data is available through the NARCLiM research partnership between the NSW and ACT governments and Climate modellers at the University of NSW.

In Southern Eastern NSW the projections vary across the region – from coastal Eden up to the Alps and through towns on the Monaro such as Cooma.

Changes in temperature will mean more hot days and fewer cold nights. Changes in annual rainfall are

small and within the current year-to-year variability. There will be seasonal changes in rainfall with less spring and winter rainfall and more rain in autumn. There will begin to be reductions in spring rainfall by 2030.

The largest changes are along the Snowy Mountains where there is expected to be about 15 fewer cold nights each year by 2030 and almost 50 fewer cold nights by 2070. Winter and spring rainfall is also expected to decrease in the Snowy Mountains by 2030 and larger decreases by 2070.

The projections cover changes in temperature, rainfall, wind, fire weather, humidity, evaporation, and over 100 other climate variables to 2070.

- the south-east is expected to experience an increase in average, maximum and minimum temperatures of around 0.7 degrees for the near future (2030) and 2 degrees in the far future (2070);
- summer will see the largest change, with maximum temperatures increasing by up to 2.9 degrees by 2070;
- around Bega we will start to see more hot days each year and by 2070 there will be twice as many days above 35 degrees than now;
- along the Snowy Mountains there will be far fewer cold nights, potentially impacting on natural ecosystems and snow tourism;

These projections provide the clearest picture so far of the expected impacts of climate change in all areas of NSW.

They are available through Government's new climate information portal AdaptNSW, which provides

clear easy-to-read snap shot for South Eastern NSW and the Tablelands and allows people to access information by entering a location.

Adapt NSW is at www.climatechange.environment.nsw.gov.au

AKT, a company of some 32 years' standing, currently is engaging regional skills, talents and attitudes to build machines for a very competitive export market in recycling.

As a corporate entity AKT understands well that, over and above book balances, whenever possible companies need to shoulder the additional burdens and special social demands of their own local community. This year AKT donated \$1000 to South Coast Field Days.

But AKT is also active internationally. Because we are about more than just making money, this year AKT International donated £6000 to ABCs and Rice, a charity in Cambodia, to purchase buses as a safe and reliable mode of transportation to and from government school for children living in poverty.



Wood U Feel It! 'Tidelines' at exhibition at Narek

Cobargo couple Helen and Steve Stafford have taken on a challenge!

From Friday 6 February till Wednesday 4 March they will be exhibiting their recent works in Gallery 1 at Spiral Gallery Bega.

Helen and Steve have joined forces in creating this tactile experience with fibres and wood.

Helen explores felting with different fibres and then in combination with fabric to create nuno felt.

Steve has gone through his wood pile and perceived the birth of new work from weathered and grey pieces of wood, discovering the beauty beneath.

You are invited to the exhibition opening at 5pm Friday 6 February. Helen and Steve will be available to discuss their current work.

Shannon Garson's contemporary Australian porcelain exhibition till Monday 16 February 2015

While researching the whaling voyages of the 18th century and building a concept around human interaction with the oceans, Shannon Garson came across an old book of sailor's knots. Drawn to this imagery with it's associations of mariner's lore, craft and handiwork, the knots seemed to be a graphic representation of Garsons studio practice – a metaphor to tie disparate things together, lash them down and make them safe. Using the knot imagery, she has then juxtaposed the abstract renderings of the tideline, drawing attention to how we are all tied together, humans, whales, sea anemones, families, rocks and waves.

Rockpools are revealed by the retreating waves and display their intricate patterns of anemones, coral, barnacles and crevices. Their gold, orange, green-blue colours are made more intense when viewed through a lens of water, in the same way that pigment is intensified under a glaze. Garson wants to capture the experience of 'rockpooling', being immersed in this detailed environment, while simultaneously being pulled by the wide expanse of the sea and the



Shannon Garson's bird plate

horizon. The annual migration of humpbacked whales became part of the expanse. The patterns found in the tidal zone mimic the patterns found on the bodies of the whales. The circles, dots, and striations of coastal geology are found in the corporeal geography of the whale's body. The marks of passage, scrapes, bumps and barnacles have been used by Garson as a starting point for the graphic exploration contained in this body of work.



Felted nightlight pods by Helen Stafford

emailemailemailemail

For all articles and pictures

The TRIANGLE'S new address is:

contributions@thetriangle.org.au

To be included in the regular local features articles email area contacts, see *Who does the Work* on page 3

Bermagui Beach Hotel

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Friday

Feel the Manouche and Neil Murray at Murrah



Feel The Manouche with George Washingmachine will be appearing at the Murrah Hall on Saturday 21 February and at Tilba Valley Winery on Sunday 22 February

'Manouche' is a term derived from the Romany gypsies of Europe, what we in Australia, call 'gypsy jazz'. This fine band has been put together by its individual members as an exercise in small group swing. Feel The Manouche has a 'world music' feel. Through its use of double bass, guitar, accordion and fiddle, the band achieves a strong melodic groove that can take on gypsy waltzes, swing jazz, choro and many other flavours of music.

We invite you to sit back in the Murrah's cabaret-theatre setting and Feel the Manouche, on Saturday 21 February, from 8pm.

The band features George Washingmachine on violin, ukelele and vocals; Arthur Washington and Jerry Washington on guitar; Clare O'Meara on accordion, violin and vocals and Stan Valacos plays double bass.

Last year Feel The Manouche appeared at The Thredbo Jazz Festival, The Bellingen Jazz Festival, The Noosa Jazz Festival, The Wangaratta Jazz Festival and The OzManouche Festival in Brisbane.

The group has earmarked The Fairbridge Folk Festival in Western Australia, The Devonport Jazz Festival in Tasmania and The Norfolk Island Jazz Festival for 2015 with this year's highlight being an appearance at the Havana International Jazz Festival in Cuba.

Another great act appearing at the Murrah is one of the country's finest and enduring song men, Neil Murray, a founding member of the Warumpi Band. He will perform an intimate solo concert at Murrah Hall on Saturday 7 March in support of his latest album *Bring Thunder and Rain*.

Due to the decline in CD sales, his label

ABC music only released *Bring Thunder and Rain* digitally, however Neil will have CDs available at the gig. They are also available to buy through his website.

"Thankfully my audience still buys CDs, for the returns from downloading and streaming wouldn't keep a goldfish alive," says Neil.

Neil Murray has been going for more than three decades.

Recently Missy Higgins covered two of his songs on her latest album.

"I was thrilled to bits," Neil said. "Especially with her version of 'Calm and Crystal Clear' - I never would have predicted anyone covering that. I never pitched it to her. She found it herself which is such a gift for both of us. For me, it remains the only validation you can trust - when someone else wants to sing your song, or when someone tells you how much your music means to them."

The Murrah Hall concert promises to be an engaging and fascinating evening with one of the country's most influential songwriters.

The Murrah Hall can be found at 2989 Tathra-Bermagui Rd. Doors open 7.00 pm with an entry fee of \$20 (kids free). On offer are famous Murrah curries, tea, coffee and snacks. For bookings and enquires Email: murrah.hall@gmail.com or phone us on 6493 4974.

Howard Stanley



Bermagui Country Club

www.bermaguicountryclub.com.au

Club - Ph: 64934340

the Terrace Restaurant Ph: 64934177

NPL Poker

Saturdays

7th, 14th, 21st, 28th February

5pm Rego 6pm Start

Call Club for details

We have it all ...

- Golf
- Tennis
- Bowls
- Indoor Bowls
- Darts
- Fishing
- Arts & Craft
- & Croquet

Wednesday

NEW Members Badge Draw

5.45pm, 6.45pm, 7.45pm

Raffles 7.00pm Trivia 8.00pm

Sunday 22nd Feb, Monster Raffle

Tickets on sale from 1.00pm

Drawn at 3.00pm

Friday

Raffles—over 30 prizes

First Draw 7.30pm

‘The Bus that Rocks’

Live show 20th Feb

\$25 members — \$35 non members

Bingo

Monday:

10.30am

Pool Comps

Wednesday &

Friday: 7.30pm

NPL Poker

Thursday:

Registration 6pm

Lunch Menu 7 days from 12-2pm - Restaurant open 7 days from 6-9 pm

Entertainment for February:

6th ‘Darryl Lamb’, 7th ‘The White Horizons’, 13th ‘Struth’

20th ‘The Bus that Rocks’, 27th ‘Emily Lynch.’

Kids Disco

21st Feb - 6pm

Fundraiser for

‘Tabitha Foundation’

IWD Exhibition Make It Happen in 2015

Calling for entries!

Southern Women's Group - Women's Resource Centre (WRC) is inviting creative women to get involved in the 2015 International Women's Day exhibition to be held at Spiral Gallery, Church St Bega, 6 to 25 March 2015.

The International Women's Day exhibition 2015 is celebrating *Make It Happen* by showcasing the local creative talent of women of all ages. We want to encourage women to get involved by making artworks to exhibit such as painting, drawing, printing, textiles, jewelry, sculpture, woodwork, collage, and photography.

Make It Happen is the 2015 theme encouraging effective action for advancing and recognising women. Women's equality has made positive gains but the world is still unequal. International Women's Day celebrates the social, political and economic achievements of women while focusing world attention on areas requiring further action.

Make It Happen encourages advocacy for women's advancement everywhere in every way. It calls for challenging the status quo for women's equality and vigilance inspiring positive change. The vast array of communication channels, supportive spokespeople, equality research, campaigns and corporate responsibility initiatives means everyone can be an advocate inspiring change for women's advancement.

Make It Happen by getting an entry form! For more information and entry forms Email wrcbega@bigpond.com or call Gabrielle Powell at the Women's Resource Centre on 6492 1367 or pop into Spiral Gallery, Bega to pick up an entry form.

Steel and Oil at Ivy Hill

Sculpture by Jen Mallinson and paintings by Rick Andersen till 15 February

Rick Andersen was born in Rockhampton in 1951 and grew up in remote Far North Queensland, he now lives in a rural setting north west of Bega.

Rick studied at Central Technical College in Brisbane under Roy Churcher, Nev Matthews and Rosemary Johnson and at the Tasmanian College of Advanced Education in Hobart under Les Blakeborough.

Of his show Rick says: "This body of work was painted on the back of my last show at Ivy Hill dissolving the two intervening years. I have done lots of drawings in preparation for this show but it leans more heavily on painting processes than previous work as the paint itself draws me away from drawing processes."

"There are more boats and an ordination of two different landscapes. Some of the landscapes are of where I grew up on the Evelyn Tableland in North Queensland. It is a very romantic moody landscape and always reminds me of the great English landscape painter, Constable, mainly because of the wattle trees and clumping growth of remnant rainforest. And of course there is some local imagery from our paddock dripping with summer and haunted by history."

Jen Mallinson is a professional artist residing in Pambula who for the past five years has been specialising in steel sculpture. Her many years in graphic design have influenced aspects of her approach to this medium. Jen's chosen materials are black steel, stainless steel and *Corten*.

Four of her sculptures are part of the Cox Permanent Collection in the sculpture garden of architect Philip Cox.



Jen Mallinson's sensuous steel sculptures and one of Rick Andersen's evocative oil paintings

"Through my intervention, I enjoy making these hard industrial materials appear fluid and organic," Jen says.

From 19 February to 22 March, Ivy Hill will host an exhibition of works by Cheryl Davison, Lee Cruse and Don Atkinson. All three are artists drawing on aspects of Aboriginal life near the sea, particularly the far south coast.

Cheryl Davison's life has been busy since last exhibiting in 2012. In the limited time she had available she has painted these works.

Lee Cruse's grandmother, Beryl Cruse, was well known for her beautiful shell work. Since her death, he has looked for ways to pay homage to her and has produced some collages using shells for this exhibition. His exceptionally fine brushstrokes are evident in the geometric canvasses on which he has worked over many months.

Don Atkinson uses local grasses to weave fine baskets for various uses.

Join the artists for drinks on Saturday 21 February from 6pm. Ivy Hill is located on the coast road between Bermagui and Tathra and is open from Thursday to Sunday. More information available at www.ivyhill.com.au

\$\$\$ to be won
in the AKT competition.



See page 20 for details

Laneway and Beyond Markets

are on every Saturday morning. A car boot sale is on the first Saturday of the month. We can accommodate more stall holders.

Contact Janet on 0409 033 828 or Beth on 0428 696 623

Bermagui SEASIDE fair

Entertainment from
the beach to the Wharf ...

Saturday
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Escape for the fun of it!

All the fun of the Fair ...

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Soft Footprint Recipes

Virginia White

This is not your average pavlova. Outside is a beautiful ivory colour, and inside is a rich, creamy mousse. It doesn't need a lot of decoration; just cream and grated chocolate finishes it well. Can be served with berries or seasonal fruit on the side. Enjoy! This recipe came via Chris Haynes and it is a favourite of ours.

Cappuccino Pavlova serves 8

250g caster sugar
4 tsp instant espresso powder (not instant coffee granules)
4 egg whites
pinch salt
2 tsp cornflour
1 tsp white wine vinegar
300 ml double cream
1 tsp good quality cocoa powder



Preheat oven to 180C and line a tray with baking paper and, if it helps use a 25 cm cake tin as a guide to draw a circle on it with a pencil.

In a smallish bowl mix the sugar with the espresso powder and set aside for a moment.

In a grease-free bowl, preferably metal (and wipe the inside with a piece of kitchen paper dipped in vinegar first if you want) whisk the egg whites with a pinch of salt until they are holding soft peaks and keep whisking while you gradually add the sugar and coffee mixture one tablespoon at a time.

When all the mixture is incorporated you have a firm, gleaming ecru coloured meringue. Using a metal spoon, fold in the cornflour and vinegar.

Dollop large spoonfuls of the meringue mixture inside the circle drawn on baking paper and smooth shape it with a spatula so it looks

like the crown of a straw boater: it must be flat on top.

Put this in the oven and immediately turn the oven down to 150C and cook for one hour. The meringue's outer shell should be crisp, but only just.

When it's ready turn off the oven and leave the pavlova base inside to cool.

Once the pavlova is cool, lift it carefully on its paper and place it top side down, on a large flat plate, then gently peel off the paper.

Whip the double cream until thickened and airy but still soft and spread this delicately over the top (which was previously the bottom) of the meringue. With a teaspoon push the cocoa powder through a fine sieve or tea strainer to decorate – cappuccino style – the top.

Book Review

Heather O'Connor

Mark Henshaw

The Snow Kimono
Text Publishing, \$29.99

It is 25 years since Australian author, Mark Henshaw, wrote his award-winning novel, *Out of the Line of Fire*.

With *The Snow Kimono* he has produced a psychological thriller located in Paris and Japan, and centred on the lives of three men: recently retired Inspector of Police, Auguste Jovert; former Professor of Law, Tadashi Omura and his one-time friend and writer, Katsuo Ikeda.

This is a book you need to devote time and attention to, as the stories of the three men unfold against a background of lies and

deception. I found I was going back over some pages as I became a bit lost in the plot.

My personal indulgence at the moment is to reread Judah Waten, first *Alien Son* and then *Distant Land*.

If you want evidence of the contribution of refugees and migrants, you can't do better than these books.

Even though the writing appears to be so simple, the impact of Waten's first-hand knowledge of the migrant experience is so strong that it continues to resonate fifty years after first publication.

Given the woeful state of debate about refugees in this country, both these books should be compulsory reading.



Cobargo Church at Wandella

Cobargo Community Church is a non-denominational Bible believing church that meets at Wandella Hall on the Wandella Rd, via Cobargo, on Sunday mornings at 10.00am. Please feel welcome. For enquires telephone Wayne O'Connor on 0428 414 418.

Find us at
www.cobargochurch.com.au

It's a cover up

Welcome to another year of great gardening ideas and information.

I am regularly asked to suggest a groundcover for a particular situation in a garden so what better subject to start off the year with than some ideas regarding ground cover plants.

Ground cover plants come in many forms and categories from conifers through Australian natives to perennials and non Australian plants.

Many are absolute ground huggers and others that can reach 50-70cm high but can be as wide as 3-4m.

There are categories that will tolerate first line coastal areas to varieties that can handle severe frosts and low water. Others are shade tolerant and many are edible, like herbs.

To elaborate on these we will start with first line coastal. Many of the plants that suit this particular situation are Australian natives and it should be well worth mentioning that a stroll along coastal gardens and natural areas will soon give an indication as to what species are handling this difficult growing area.

Species such as *Carpobrotus* (an Australian native succulent) are very good for dune stabilisation along with *Banksia* and *Westringea* that have groundcover varieties. *Myoporum* and *Hakea* both have groundcover varieties. A good non Australian plant is the Shore juniper (*Juniperus conferta*) that will mat well and stabilise sandy soils.

Moving away from direct coastal we then move into more protected locations with heavier soils and not so much wind.

For open sunny positions in these



Carpobrotus, an Australian native succulent with creamy yellow and hot pink flowers, makes a good ground cover

locations the list is endless. Australian natives include *Grevillea*, *Leptospermum*, *Callistemon* and *Banksia* with many others that are softer perennial types including *Scaevola* and *Brachyscome*.

Non Australian plants include groundcover *Camellia* (Marge Miller and Snow), carpet roses, *Cotoneaster dammeri*, *Convolvulus* and the list goes on.

Shaded gardens are always a bit of a problem but here also there are many plants that can be used in combinations with perennials including *Camellias*, Chinese star jasmine (often used as a climber) and the very beautiful *Gumpo* azaleas. Here also space does not allow me to mention the many others that are available.

Herbs are the most likely category of groundcover that do not get much of a mention

but there are many of great benefit.

These can be used to cover paths within the herb and vegetable garden or used to cover a retained area within the garden. Several varieties of thyme are suitable for walking on and prostrate rosemary also falls into this category.

The ground preparation for groundcover plants is the same as for all other plants with the inclusion of some compost mixed with the existing soil to give the plants a good start.

There is a common mistaken belief that ground cover plants will provide weed suppression.

There might be some weed suppression but generally weeds will still grow through the groundcovers and will be very hard to remove after the plants have established.

Ideally the best method is to lay down several layers of moist newspaper and cover with a moisture retentive mulch prior to planting and then pull paper and mulch aside sufficiently to make the planting hole. Plant the plants and then water in and pull paper and mulch back around the plant. Over the period the newspaper takes to decompose, the weeds would most likely have died. Some careful hand weeding and spot spraying after that will ensure the garden stays weed free.

Every garden has different requirements so it is important to seek qualified advice before making your choice. Your local nursery person will have many years of experience to help you make the right choice to complete this very rewarding project in your patch.

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1995 Mitsubishi TS Magna SE sedan, good cond. NSW rego. till June 2015, 2.6 litre 4 cylinder manual, 350 000 km, regularly serviced, runs beautifully, only selling because need more powerful vehicle to pull caravan, reduced to \$1000 for quick sale. Call John on 0418 151 532

wall oven, Chef Classic with built-in griller. Gas. Excellent condition, as new. \$300. Call John 6493 6691 or 0448 936 691.

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oven 54cm, upright stoves, 2 x Chef CFE532WA all electric, 4 burner, retail \$700, as new, best offer, phone Linda 6493 6084 or Louise 6493 7370

POSITION VACANT

Dry River Landcare Group is seeking a part time project manager for their Invasive Species Mapping Project. The position is for one day every 2 weeks. For further info contact The Secretary DRLC dryriverlandcare@gmail.com

WANTED

piano tuner, many local people in need, phone Nerida 6493 7222

FREE

small caravan about 4 x 2 metres, needs two wheels, pick up Cuttagee, call Ray 6493 3415

Please note: we will discontinue classifieds after one month unless advised by the advertiser

Guidelines for contributors

Thanks for your local stories and photos! We love them and they make the *Triangle* our very own.

Just a few tips for submitting stories and photos...

1. Stories should be 300 words maximum except by prior arrangement.

2. Photos should be sent as **separate JPG attachments – not embedded into your story**. Please send the original digital photo, uncompressed, so we have as large an image as possible to play with. Please include a caption for your photo at the bottom of the article it accompanies.

3. Please do not send posters or flyers! We cannot reproduce them. Instead write a few paragraphs about your event and include the date, time and venue in that. And attach a photo if you have one.

4. Have a think about a headline for your story. Believe us, we're usually quite braindead at the end of our editorial meeting and can only come up with lame puns and cliches. Don't leave it to us!

Any questions at all, please email us contributions@thetriangle.org.au

Pet of the Month



Rocky the 14 month old red cattle stumpy tail cross boxer has a very friendly nature.

Rocky the 14 month old red cattle stumpy tail cross boxer has a very friendly nature. He would make a great family pet as he is good with children and will fit into a household where there are dogs already. Rocky likes car rides, runs on the beach and food! He needs a kind and loving home with people who will spend time with him. The Far South Coast Branch of Animal Welfare League NSW has lots of companion animals in carers' homes throughout the Bega Valley Shire. A huge thank you to you all.

Amongst our dogs waiting for adoption are Marli the one year old female ridgeback x, Lachie and Mario the black and white 20 week old x breed pups, Bundy the 9 year old Golden Retriever and Honey the 10 year old female Pom x.

There are 22 kittens in care but for those of you hoping to have a more mature settled cat we have nine cats needing new homes including Rose the female seven year old tabby; Bella the young female DSH; Mandy the black DSH and young mum Christie who at eleven months has just had three kittens.

Please call our information line on 0400 372 609 if you are thinking of taking

a pet into your family. Look at the Animal Welfare League NSW Far South Coast Branch Facebook page www.facebook.com/AnimalWelfareLeagueFarSouthCoastBranch or call the adoption line on 0400 372 609. Please note that potential dog owners will need to have secure 'dog proof' fencing and suitability to the needs of the animal. Cat adoptees would need to be able to keep their cat in at night. Adoption fee includes desexing vaccination, micro chipping, worming, defleaing and vet check.

The fee for cats over one year is now \$120, kittens and cats to one year of age is \$200. Dogs over one year \$350 and pups and dogs under one year is \$375. Donations can be sent to AWLNSW FSC Branch PO Box 1210 Bega 2550. Become a member and help the unwanted companion animals in the Bega Valley Shire. New members are always welcome and there are lots of different ways you can help. Please call 0400 372 609 or you can join online at www.awlnsw.com.au

Many, many thanks to everyone who has helped out by providing food and other items to Coles Bega or Woolworths Merimbula 'food bins' or donated food at our stalls in Tura and Bega plazas.

emailemailemailemail

The Triangle's new email address is

contributions@thetriangle.org.au



AL-ANON

Bega, Tuesdays 5pm Catholic Church Hall, Gipps St Narooma, Saturdays 11am, Uniting Church Hall, Wagonga St. Ph Dean 0407 302 545

ALCOHOLICS ANONYMOUS

Bermagui Saturday 2pm, Anglican Church Hall
Ph Dave on 6493 5014

ANIMAL WELFARE LEAGUE

Far South Coast Branch Meetings for 2013 at Club Bega at 10am: 16th April, 18th June, AGM - July, 20th August, 15th October, 17th December, 2013. All enquiries phone 0400 372 609. All welcome.

ANGLICAN PARISH OF COBARGO

QUAAMA, St Saviour's: 3rd Sunday 10 am, Holy Communion (HC), 1st Wednesday at 10 am, morning service. COBARGO, Christ Church: 1st Sunday, 5pm Evening Prayer/Contemporary Service. 2nd, 4th Sundays 8 am, HC, 2nd, 3rd, 4th Wednesday 10am, HC. BERMAGUI, All Saints: 1st, 2nd, 4th Sundays, 10am, HC. 3rd Sunday, 5pm Evening Prayer/Contemporary Service. Thursdays, 10am HC. Contact. Rev. Joy Harris 6493 4416

BERMAGUI KNOW YOUR BIBLE

A non-denominational ladies Bible study group meets at the Union Church, West Street, at 9.45am every Tuesday. All ladies welcome. Ph Maree Selby 6493 3057 or Lyn Gammage 6493 4960

BERMAGUI BADMINTON CLUB

Bermagui Sports Stadium. Social Badminton - Tuesdays 2 to 4pm, Sundays 10am to 12noon. Contact Heather on 6493 6310. Competition Badminton - Wednesdays 7pm to 9pm

BERMAGUI BAPTIST CHURCH

West Street, Bermagui.
Family Service 11.00 a.m. All Welcome.

BERMAGUI COUNTRY CLUB ARTS SOCIETY

Monday: Porcelain Art; Tuesday: Art, Needlework/Quilting; Thurs: Leadlighting/mosaics Fri: Pottery, mosaics. Visitors, new members welcome. 6493 4340

THE BERMAGUI MARKET

Last Sunday of the month. Coordinated by the Bermagui Red Cross. Gary Stevens, 6493 6581

BERMAGUI & DISTRICT LIONS CLUB

Needs new members. Those interested please phone Ray Clements on 6493 8472. Meet 1st Thurs. each month at Bermagui Hotel & 3rd Thurs. at Cobargo Hotel at 6.30pm for 7.00pm

BERMAGUI INDOOR BOWLS CLUB

Meets for social bowls in the lower auditorium Bermagui Country Club, Mondays 6.30pm. Ladies and men. Contact Nerida on 6493 4364

BERMAGUI GARDEN GROUP

1st Tuesday Morning every Month 10.00am until 12 noon. Venues vary. For info phone Heather Sobey on 6493 5308

BERMAGUI CROQUET CLUB

Bermagui Country Club, Thursday 1.30-3.30pm. New players always welcome, tuition and friendly games always available, equipment provided. Call Dave, 6493 5014.

BERMAGUI DUNE CARE

Meets on the third Sunday morning of each month
Contact: bermaguidunecare@skymesh.com.au

BERMAGUI SES UNIT

No. 1 Bermagui-Tathra Rd. Bermagui.
Meetings every Tuesday 6pm. Ph. 6493 4199

BERMAGUI TINY TEDDIES PLAYGROUP

Fridays 10-12 during school term. Newborn, toddlers, all welcome! CWA Hall, Corunna St, Bermagui. Gold coin donation. Lots of toys, other mums and bubs, great for meeting other mums in the area.

BERMAGUI HISTORICAL SOCIETY

Meeting First Wednesday of Month, 2.00pm at Museum in Community Centre, Bunga Street. Researchers & helpers welcome. Ph Errol Masterson 6493 4108 or Denise McGlashan 0488 597 967.

BERMAGUI U3A

(University of the Third Age)
Lifelong Learning Opportunities
For a full list of courses and timetable visit:
www.bermagui.u3anet.org.au

COBARGO DISTRICT MUSEUM

Meeting 7 pm 1st Wednesday of the month Cobargo School Library: researchers, old photos, information and new members welcome. Contact Vicky Hoyer 0422 377 278 or Ken Redman 6493 6406

COBARGO GARDENING & FRIENDSHIP CLUB

2nd Monday every month - 12 midday. Venues vary For info phone Robyn Herdegen 6493 8324 or Margaret Portbury 6493 6461.

COBARGO SHOW MEETING

2nd Wednesday every month, 8pm - CWA Rooms. Contact Lynn Parr 6493 6795.

COBARGO PRE-SCHOOL

Tuesday - Friday for 3yo and over. Caring for your child's early education. Chris McKnight, 6493 6660

COBARGO PRESCHOOL PLAYGROUP

Every Monday 10am-12pm (school terms)
\$4 per family. Bring a piece of fruit to share for morning tea. All Welcome. Phone 6493 6660 for info.

COBARGO SoA HALL COMMITTEE

Meets quarterly. Hall bookings and inquiries: Linda Sang 0407 047 404 email: cobargohall@gmail.com

1ST COBARGO SCOUT GROUP

Children 6 - 15yrs wanting to learn new skills, enjoy outdoor activities, have fun. Meetings 6.30pm to 8pm in school term Cobargo Showground dining hall. Contact Graham Parr on 6493 6795

COBARGO TOURIST & BUSINESS ASSN

Meetings 2nd Tuesday of every month at Cobargo Hotel, 6pm. Contact: Narelle Cooper on 6493 6655

COBARGO CWA

CWA Rooms, 2nd Tues of the month, 10.30am.
cwa.cobargo@gmail.com. Cottage Hire 6493 6428

COBARGO'S LANEWAY MARKETS

Every Saturday morning from 9am til 1pm.
An initiative of Cobargo Creators

COBARGO & DISTRICT RED CROSS

for meeting dates or catering enquiries
phone 0488 048 701, 6493 6948 or 6493 6435

MOBILE TOY LIBRARY

& Parenting Resource Service. All parents of chn 0-6 welcome to join. Cobargo - once a month on a Wednesday 1.30pm-2.30pm at CWA cottage, Bermagui - every 2nd Friday 10.30am - 12pm in the Ambulance station. Quaama - Wed. by prior arrangement. Enquiries: 0428 667 924

SCOTTISH COUNTRY DANCING

Mon 1.30 - 3.30pm, Thurs. 7.30 - 9.30pm: Cobargo School of Arts Supper Room. Information phone: 6493 6538. cobargohall@gmail.com.

TILBA MARKET

Home grown, Hand made, Grow it, Make it, Sew it, Bake it every Saturday 8am to 12, Central Tilba Hall
Stall booking essential, phone Kay on 4473 7231

TILBA VALLEY WINES BRIDGE CLUB

1st Wednesday every month from 2pm. All standards catered for - partners not necessary. Visitors to the area especially welcome. Further details: Peter 4473 7308

QUAAMA / COBARGO QUILTERS

Meets Mondays 10am - 3.30pm in the CWA Cottage, Bermagui Road, Cobargo, and welcomes anyone who does patchwork, quilting, or any other needlework. Lorraine James 6493 7175, Mary Cooke 6493 7320 or Cheryl Turney 0427 936 424.

QUAAMA INDEPENDENT RIDERS ASSOC.

Meet 1st Wed. of the month Quaama Rodeo grounds, 7.30pm. All welcome. Ph. Katrina 6492 7138.

QUAAMA PROGRESS ASSOCIATION

Meets 2nd Monday of the month, 7pm, at Quaama School of Arts Hall to plan Quaama community events and projects. Membership \$5pa. New members and non-members always welcome. Enquiries: Veronica Abbott 0437 263 128. See www.quaama.org.au

MT DROMEDARY UNITING CHURCH

Bermagui: Sundays 9am at the Union Church, West St. Bermagui, Cobargo: 1st, 2nd & 3rd Sundays at 11am; 4th Sausage sizzla at 7pm & praise night at 6pm, Cobargo Bermagui Rd.
Minister Rev. D. Oliphant. Ring Col: 6493 6531
Churches also at Narooma and Bodalla

MYSTERY BAY COAST CARE

Contact: Christina Potts 4473 7053 Meet: 9.30-12.30
3rd Sat Month @ swings. All Welcome.

LIFE DRAWING SESSIONS

Cobargo SoFA Hall every second Sunday. Set up, 1.45pm. Drawing, 2-4pm. Naomi 6493 7307.

DIGNAMS CREEK COMMUNITY GROUP

Meets randomly. For info phone Shannon Russack, Pres. 6493 6512 or Merryn Carey, Sec. 6493 6747.

OPEN SANCTUARY@TILBA

Gatherings at Holy Trinity Church Tilba Tilba on the 2nd and 4th Saturday evening of each month at 5pm. Music, meditation and shared reflections, supper afterwards so please bring a plate if able. Meditation group meets every Wed at 10 am.
Inq: Rev Linda Chapman 0422 273 021.

NAROOMA & DISTRICTS CAMERA CLUB

Meetings at Anglican Church Hall, Narooma, 7pm; 1st Tuesdays Technical Workshops, 3rd Tuesdays regular club nights. Whether beginner or pro, come and experience the joy of photography in a friendly atmosphere. Dave Cotton 6493 5014.

HEART TO HEART

2nd & 4th Saturday of month from 12:30 to 3.00pm at 2a Brighton Park Road, Beauty Point. Discuss the Ageless Wisdoms of Alice A. Bailey teachings. Phone: Christine on 4476 8732 or Lorraine on 6493 3061

NAROOMA BLUE WATER DRAGONS

A community focused Dragon Boat Club. Now paddling on the Wagonga Inlet, Narooma. Phone 0477 610 953 or email narooma.bwd@gmail.com

WALLAGA LAKE/BERMAGUI MEN'S SHED

Meets every Thursday from 10am at Umbarra Cultural Centre, Akolele. All men are welcome. For information ring John 'Robbo' Robinson on 6493 4357 or Fergus McWhirter on 6493 4360.

THE YUIN FOLK CLUB

Folk Night Evenings, visiting performers, usually first Friday in month (please check first.) For more info, ph Secretary, Coral Vorbach 6493 6758

Community Notices

are advertised in *The Triangle* for non-profit groups free of charge. If details of your group change, please advise us at
contributions@thetriangle.org.au

For the Fridge Door

Sun 1	Josh Rawi	Bermagui Beach Hotel	4pm-7pm
	The Somedays	Tilba Valley Winery	from 1pm
Wed 4	Full Moon Dance (bring a plate)	Quaama Hall	from 6pm
Sat 7	The White Horizons	Bermagui Country Club	from 8pm
	Four Winds: Four Writers	Widsong Pavillion, Baraga Bay	10am
Sun 8	Jonny Taylor Duo	Bermagui Beach Hotel	4pm-7pm
	blacksmithing demonstration	Galba Forge, 345 Yowrie Rd, Wandella	1pm-5pm
Thurs 12	Cobargo Creators birthday bash trivia night	Cobargo Hotel	6.30pm
Fri 13 & 27	ecstatic/freestyle dance	Quaama Hall	6pm-7.20pm
Sat 14	Band Vendetta	Bermagui Beach Hotel	from 8.30pm
Sun 15	John Atkins	Tilba Valley Winery	from 1pm
	Tony Jagers	Bermagui Beach Hotel	4pm-7pm
	Screening of documentary 'Growing Change'	Cobargo CWA cottage	4.30pm
Fri 20	live show: 'The Bus that Rocks'	Bermagui Country Club	
	reading from Janice Simpson	Well Thumbed Books	5pm
Sat 21	Feel the Manouche	Murrah Hall	8pm
Sun 22	Klaus	Bermagui Beach Hotel	4pm-7pm
	Cobargo AP&HS Show	Cobargo Showgrounds	
	Feel the Manouche with George Washingmachine	Tilba Valley Winery	3.30pm
Fri 27	Emily Lynch	Bermagui Country Club	from 8pm
Fri 27-Sun March 1	Cobargo Folk Festival	Cobargo Showgrounds	
Sat 28-Mon March 9	Sculpture on the Edge	Bermagui Foreshore	opening Sat, 6pm
MARCH			
Sat 1	Qigong one day workshop	Namgyal Gar Retreat Centre, Tilba	9am-5pm
	Mettaphor	Tilba Valley Winery	from 1pm
REGULARS			
Mondays	Quaama/Cobargo Quilters	CWA cottage, Cobargo	10am-3.30pm
	BINGO	Bermagui Country Club	10.30am
Tuesdays	Bermagui Seniors' Social Club	Bermagui CWA Hall	10am-2pm
1st Tuesday	Bermagui Garden Group	venues vary, phone Heather: 6493 5308	10am-12 noon
Wednesdays	pool comp	Bermagui Country Club	from 7.30pm
	Weightlifting Club (info 6493 5887)	Bermagui Sports Stadium, Bunga Street	4pm-6pm
1st Wednesday	Bermagui Historical Society meeting	Bermagui Museum in Community Centre	2pm
Thursdays	Mind Body Stillness Meditation	The Courtroom, 36 Princes Hwy Cobargo	10am-11am
Thurs 8pm & Fris 9am	No Lights/No Lycra group	Cobargo CWA cottage	
2nd Thursday	Seniors' Pick the Numbers	Cobargo Hotel	from 11am
Fridays	Tiny Teddies Play Group	CWA Hall, Bermagui	10am-12 noon
	meat raffles	Cobargo Hotel	from 5pm
	table tennis	Bermagui Sports Stadium, Bunga Street	3.30pm-5.30pm
Saturdays	under 16s art classes	behind Cobargo Supermarket	10am-11am
	live band or DJ	Bermagui Country Club	from 8pm
last Sunday	Bermagui Red Cross markets	Dickinsen Oval, Bermagui	9am-12 noon
ARTS			
Fri 6-Wed March 4	Wood U Feel It: Helen & Steve Stafford's work	Spiral Gallery, Bega	5pm
thru Feb	exhibition by The Monet Mob	Lazy Lizard Gallery, Prince's Hwy Cobargo	6pm
till Sun 15	exhibition of steel sculpture by Jan Mallinson's & oil paintings by Rick Andersen	Ivy Hill Gallery, on the coast road at Wapengo between Bermagui and Tathra	Thurs-Sun 10am-5pm
Thurs 19-Sun 22	Cheryl Davison, Lee Cruise & Don Atkinson	Ivy Hill: drinks with artists Sat 21 at 6pm	
till Mon 16	Tidelines: exhibition of Australian porcelains by Sharon Garson	Narek Gallery, Old Tanja Church, 1140 Tathra-Bermagui Rd, Tanja	Thurs-Sun 10.30am-5.30pm

Email your events with date, time and venue to contributions@thetriangle.org.au by the 22nd of the month